

TWO MEN IN CANOE PREFER TO SURF WITHOUT BOARD

THESE INVENTIVE surfers found a unique way to beat the heat at New Smyrna Beach. They guided their canoe out past the breakers and then at the approach of a large wave pointed the bow to shore and let the water do the rest. The duo soon found out that surfing in a canoe is much like surfing on a board. In either case you are bound to wipe out sooner or later.

(Herald Photo by Mark Weintz)

For Congressional Review

Nixon's 'All-Alike' Insurance Plan Ready

WASHINGTON (AP) - President Nixon is ready to send Congress his new \$73-billion national health insurance plan that guarantees the same basic medical benefits for rich and poor alike. The President planned to introduce specific legislation within the next few days.

A dozen major health insurance bills already have been introduced in Congress by organizations representing big labor, doctors, hospitals, private insurance companies and the majority of the Senate Finance Committee. Many other bills reflect variations of the major proposals or tackle smaller parts of the problem of spiraling health care costs, which topped \$94 billion in fiscal year 1973.

Demo Beats GOP In Pennsylvania

JOINTSTOWN, Pa. (AP) - Democrat John P. Murtha Jr. has won a narrow victory in a special congressional election in which the Watergate scandal played a shadowy role. Murtha's unofficial, 220-vote winning margin over Republican Harry M. Fox on Tuesday snuffed a 25-year Republican hold on the state's 12th Congressional District.

Full Authority Of House Sought In Impeach Probe

WASHINGTON (AP) - The House will be asked to put its full authority behind the Judiciary Committee investigation to determine whether President Nixon should be impeached. A resolution authorizing the investigation and giving the committee broad power to subpoena witnesses and information is scheduled for action today.

Kidnaped Boy Found After Missing Year

MODESTO, Calif. (AP) - "I saw a lot of grown men cry," Chief Sheriff Deputy Lynn Wood said of a Modesto couple's emotional reunion with their little boy. The boy was discovered safe a year after he was kidnaped. A tip from a woman who read a newspaper story on the first anniversary of the kidnaping led sheriff's deputies Tuesday to the house five miles from his own home where Tommy Lauer had been kept since his abduction Jan. 20, 1973.

Pilgrimage To Punish Husband

SAN FRANCISCO (AP) - Angelina Alioto says she felt neglected by her candidate-husband, Mayor Joseph L. Alioto, so she took off alone on a 19-day religious pilgrimage to punish him. The committee was assigned responsibility for the inquiry last October by Speaker Carl Albert but formal direction from the House has not been sought until now.

Hearst Family Appeals To Daughter's Abductors

BERKELEY, Calif. (AP) - Police report some progress in the untidy case of a Hearst family member who was kidnaped by a newspaper heiress Patricia Hearst. Her father pleads for word from her abductors. "We want our daughter back unharmed," Randolph A. Hearst, president and editor of the San Francisco Examiner, said Tuesday.

Kissinger To Senate On Spying

WASHINGTON (AP) - Secretary of State Henry A. Kissinger is going before a Senate committee probing alleged Pentagon spying into its diplomatic activities amid demands the investigation be broadened and made public. The hearings will open in executive session today with testimony from Adm. Thomas H. Moorer, chairman of the Joint Chiefs of Staff. Moorer received unauthorized documents that had been copied from Kissinger's National Security Council in 1971.

Dean Fights Disbarment Possibility

ALEXANDRIA, Va. (AP) - John W. Dean III, President Nixon's official lawyer for three years and then his chief counsel, is going before a three-judge panel to fight against disbarment. The Virginia State Bar, charging Dean with violating a lawyer's ethics, asked the panel to strip Dean of his license to practice law. That could include a reprimand, suspension or losing the right to practice law.

Wage, Price Continuation Might Be Recommended

WASHINGTON (AP) - Director John T. Dunlop of the Cost of Living Council is expected to recommend to Congress that wage and price controls be continued in some areas. Dunlop, scheduled to testify today before a Senate Banking subcommittee, is expected to recommend that the controls be retained for the health and petroleum industries and possibly others.

NUCLEAR PIPE ORGAN. NUCLEAR FUEL rods frame a computer at G. E. plant in Wilmington, N.C. Includes a photograph of a computer system.

DARKLAW - MANUMENT CO. Includes a photograph of a person and text about a company or organization.

Sanford Okays \$88,636 For New Equipment

Sanford city commissioners Monday approved awarding of \$88,636 in low bids for new city equipment. More than half the sum is for two new one-man garbage packer units. Johnny Bolton Ford, Maitland, was low bidder to meet city specifications on the new-type packers with a bid of \$49,346 for Maxon Shupak packer units on Ford diesel chassis with custom stand-up cabs with right side driver controls.



THAT'S A LOTTA LEMONADE!

BEVERLY ADAMS, Sanford, has only to reach out in her backyard when she needs a lemon. This five-year-old Ponderosa lemon tree bears lemons ranging up to several pounds in weight.

By Commission Aluminum Wiring Banned

Use of aluminum wiring in homes was banned by Seminole County commissioners Tuesday night as they overruled the county board of electrical examiners and directed it to draw up regulations against the copper wire substitute. The latest reversal of a decision by the electrical board's assurance that aluminum wiring was safe when the issue first came up in 1972 and recently looked at some of the situations that have developed.

Salute Set For Beauty

Outstanding efforts at improving property are being recognized each day in The Sanford Herald beginning Thursday in a "CIP Salutes" column. Individuals, businesses and organizations will be recognized for their contributions to the community. The hearing on dismissal of their charges against former Seminole Sheriff S. J. Jony Wright was postponed this morning and set for 11 a.m. Friday before Circuit Court Judge David Stewart.

Park Superintendent Gets Top Priority

Hiring a city park superintendent was given top priority by the Ladies Civic and Community Affairs Committee of the Greater Sanford Chamber of Commerce in a list of five projects approved by the group this morning. The committee, headed by Janice Springfield noting that a superintendent is a major need in the community, agreed to urge city commissioners to employ a person to take charge of city parks.

Public Opinion Survey

How do you feel about garbage collection service in Seminole County? Let your voice be heard. Complete The Herald survey form. Results will be tallied and the Seminole County Commission will be notified. Includes a form with fields for Name, Address, and Remarks.

CITY OF ALTAMONTE SPRINGS, FL. NORTHSIDE SANITARY SEWER DISTRICT. WATER UTILITY GRANT PROGRAM. Includes a photograph of a person working on a utility site and text about a grant program.

County Franchise Talks Due Monday

Formal board action next week calling a public hearing on the proposed franchise areas. Franchises for Seminole County garbage and ambulance service, and a solution to Midway's drainage problems, will be discussed at work sessions next week, county commissioners directed Tuesday. The board set Monday work sessions on all three potentially controversial topics, noting the ambulance and garbage franchises will require public hearings and ordinance revisions.

Southern Gulf Facing Complaints On Water

Southern Gulf Utilities, fined \$80,000 last year by Seminole County Commissioners for violating anti-pollution regulations, now faces a March 5 public hearing on complaints filed by water customers east of Lake Mary. County utilities chief Bob Parmelee told the board the utility has been charged by Park Ridge residents, with providing low water pressure - a threat to fire-fighting capabilities - and with dumping too much chlorine into drinking water.

Noon Stocks

Table with columns for stock symbols (e.g., ALCOA, AMT, AMER), prices, and changes. Includes a note: NEW YORK (AP) - Monday Stocks.

RENT This NCR 10-Key ELECTRIC Adding Machine. \$10 a month and apply rental toward purchase price of \$159.50. Includes a photograph of the adding machine and contact information for George Stuart.

Eye On Castro

Most Latins Still Do Not Trust Cuba

Copley News Service

MIAMI—The United States is just one of 17 Western Hemisphere nations that do not have diplomatic relations with Communist Cuba.

That seems to be a point forgotten by many of those who advocate resumption of formal ties with Premier Fidel Castro's dictatorship.

Sen. Gale W. McGee, chairman of the subcommittee on Western Hemisphere affairs, for example, has been insisting for almost a year now that the lack of flexibility in U.S. policy toward Cuba could result in isolation of the United States from the inter-American system.

Yet, as things stand now, it is the other way around. The United States forms part of a unquestionable majority of the members of the Organization of American States.

The United States itself aligned with Bolivia, Brazil, Chile, Colombia, Costa Rica, Dominican Republic, Ecuador, El Salvador, Guatemala, Haiti, Honduras, Nicaragua, Panama, Paraguay, Uruguay and Venezuela on the Cuba question.

On the other side are Mexico, Peru and Argentina, and four English-speaking former British colonies: Barbados, Jamaica and Trinidad-Tobago, which are OAS members, and Guyana, which is not.

That is to say that the lineup is 17-7 against relations with Cuba.

True, of course, there are fence-straddlers among those still in the anti-Castro camp. Foremost, probably, is Panama, where the National Guard Gen. Omar Torrijos has been running things the last five years.

Nevertheless, as Panama is pressing the United States for a new treaty arrangement on the Panama Canal, the Torrijos dictatorship has hesitated in following its inclinations.

the canal zone and delegation of defense of the canal to Panama also mitigates against his entering the Cuban camp and arousing further suspicion about Panamanian reliability.

For a time, Venezuela was thinking seriously about defying the OAS majority and exchanging ambassadors with Cuba. But the presidential elections of last December went to the Democratic Action candidate, Carlos Andres Perez, the man who, as interior minister, headed the fight against Communist guerrillas in the 1960s.

The other South American countries — Bolivia, Brazil, Chile, Paraguay and Uruguay — are run by outspokenly anti-Communist regimes.

Ecuador, also a military dictatorship, and Colombia would seem to have nothing to gain

by switching sides. Nor, for that matter, would many, if any, of the five Central American republics.

That leaves Haiti and the Dominican Republic, which share the Caribbean island of Hispaniola, just to the east of Cuba. Haiti's current president-for-life, Jean-Claude Duvalier, would appear to have his hands full just running his little dictatorship, without inviting back home any of the Haitian exile troublemakers who found haven in Cuba.

Dominican Foreign Minister Victor Gomez Berges recently told a press conference that the Dominican Republic would consider the possibility of reestablishing relations with Havana if the majority of the other Latin governments did so. But he seemed to doubt that

Know Your Hemisphere Haiti Calmer Now For 'Baby Doc'

PORT-AU-PRINCE, Haiti—The way it looks now, Baby Doc is set for life. One diplomatic observer said, quite seriously, as he summed up the massive calm that seems to have settled on the traditionally hectic political life of Haiti.

For President for Life Jean-Claude Duvalier, 32, seems to have inherited much of the political savvy of his father, the late Francois Duvalier who first used the title of "president a vie." Never in recent decades has a Haitian head of state seemed more securely in the saddle than young Duvalier.

Since political upsets have erupted overnight in Haiti in the past, no one can say with any real assurance what the future holds for Baby Doc, as the young president is known. His father, who was a doctor of medicine, was universally called Papa Doc, whether in fear or in affection.

A giant pro-government demonstration Jan. 22 in front of the gleaming white presidential palace on the Champs de Mars in Port-au-Prince found many thousands of demonstrators turning out to shout their support for Baby Doc, and for a change when no one score or so of trucks were employed to bring in country dwellers. Papa Doc used to mount major transport operations, pressing private and government vehicles into service, to bring the country folk to town for civil, well-organized demonstrations.

Parading musical groups wearing the black and red Haitian flag and pro-Duvalier banners.

Conspicuous by their absence were the Ton Ton Macoutes, Papa Doc's universally feared paramilitary militia and the so-called Leopards organized by former strongman Lesclapart Cambonne, who fell into disgrace and was dismissed in November, 1972.

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On The Homefront Hot And Cold War Fighting Rages

By JOAN COLBY

William Simon, our national every-thing, would be crazy about his husband.

Because he's been lowering our thermostat for years—even back in those days of alliance when no one dreamed it would ever be a patriotic gesture.

Treasonable though it may now appear, I was always raising it right back to a comfortable 72 degrees.

Since we are both reasonably normal adults with identical body temperatures (98.6), it seems strange that he is so cozy in shirt-

sleeves in our frigid living room while I, wearing two sweaters, my bathrobe and an afghan, am still cold.

My husband is always expounding on how dry heat is terrible for the skin, respiratory system and the furniture. He is forever leading the Spanglish natives of Tierra del Fuego who run around in their birthday suits in the sleet, feeling no pain.

And I am downing hot toddies, turning on the oven burners and putting on my mittens and I'm still freezing. The very thought of these unclothed Tierra del Fuegoians makes me shiver harder.

I'm sure our home builder must have been of my husband's persuasion because he cleverly installed our four-hour thermostat in a location where the sun beams on it all afternoon.

possibly more backup support than customary. Malek makes what seems an incontestable point—that defense outlays for fiscal 1975 must go up at least \$5.5 billion simply to cover the mandated pay increases (and the linked boosts in military retired pay).

Jack Anderson Hughes-Nixon Scenario Told

WASHINGTON—Senate investigators have written, scarily for the eyes of the Watergate senators, a fascinating scenario of the Hughes-Nixon connection.

The strange saga, according to the investigators' account, reached its climax in 1970.

Early in the year, Attorney General John Mitchell brushed aside the objections of his underlings and cleared the legal obstacles for billionaire Howard Hughes to purchase the Dunes Hotel in Las Vegas.

Later the same year, Hughes aide Richard Danner delivered \$100,000 in two separate \$50,000 bundles to President Nixon's seaside estates at San Clemente, Calif., and Key Biscayne, Fla. The cash was accepted by the President's closest friend, Bebe Rebozo.

A former Hughes aide, Rebozo has testified that the second \$50,000 payment was connected with Hughes' attempt to acquire the casino hotel. This has been disputed by the other participants in the backdoor transaction.

JANUARY, 1970: Danner was dispatched to Washington to confer with Attorney General Mitchell about the Dunes acquisition. Previously, the Justice Department had refused to let Hughes buy the Stardust Hotel, because the billionaire's casino-hotel empire was too big. But Danner made a strong pitch for the Dunes.

FEBRUARY 26: Danner flew to Washington for another meeting with the attorney general. "Mitchell told Danner he would let the boy look it over," related the investigator.

EARLY MARCH: Mitchell called his antitrust chief, Richard McLaren, to advise him that Nevada's Gov. Paul Laxalt wanted the Justice Department to let Hughes purchase the Dunes. Mitchell quoted the governor as saying "that the Dunes was hoodlum owned and if Hughes could buy it, he could clean it up."

MARCH 12: McLaren relayed Mitchell's message to the Justice Department attorney who had been handling the Hughes cases. The attorney reminded McLaren of the Stardust turn-down. He added that the "job of controlling crime should be handled by the Nevada authorities, not by making exceptions to the antitrust policies." He put his objections in writing in a March 6, 1970, memorandum.

MARCH 12: McLaren reported back to Mitchell that "the Dunes purchase would clearly violate the merger guidelines and would make the Department look bad because of its prior position on the Stardust. He also suggested Nevada could act on its own against criminal figures running casinos by instituting license revoking proceedings."



RECENT CHILLY mornings haven't interrupted Sanford area fishermen who throng to Lake Monroe. Anglers above are taking advantage of low water that has exposed sand bar at the outfall to city sewage treatment plant. Visible across lake is Florida Power Corporation's Turner Plant at Enterprise. (Herald Photo by Bob Lloyd)

Florida News Briefs

Woman Opposes Adams Kidnaped Man Escapes

TALLAHASSEE, Fla. (AP) — Beverly F. Dotier resigned today as state cultural affairs director and announced her candidacy for secretary of state.

Marijuana Seized

GAINESVILLE, Fla. (AP) — A pre-dawn raid has resulted in nine arrests and the confiscation of an estimated \$1 million worth of marijuana, officials say.

Payne Gets Life Term

BRADENTON, Fla. (AP) — Vietnam veteran Henry Payne, 24, of Zephyrhills, has been sentenced to life in prison in the November slaying of Florida State Trooper Claude Baker.

Postman Sorts Mail Outdoors In Everglades For 20 Years

OGHOPEE, Fla. (AP) When loads of mail arrive at the Ochopee Post Office in the middle of the Everglades, carrier Geri Bates has to stay outside and sort it in the sunshine.

Although there's only room inside for one customer at a time, Mrs. Shealy says tourists who notice the building are intrigued and patiently wait their turn.

Freight Rate Hike Demanded Truckers Refuse To End Strike

WILDWOOD, Fla. (AP) — President Nixon's freeze on diesel prices won't release the brakes on the trucker strike, a spokesman for 150 protesting drivers parked in this tiny central Florida crossroads said early today.

The President's announcement isn't going to budge us. We're not backing up one inch," said Nelson Strickland, an independent produce hauler and organizer of the local shut-down, now in its seventh day.

Despite news reports that South Florida farmers are frustrated the nationwide truck strike but fear of violence and the fuel shortage are making their trips take longer, officials say.

Strickland said only mail trucks were allowed to fill at the stop. He said refrigerated units were given enough fuel to keep perishables from spoiling.

Shields Approved For Post

TALLAHASSEE, Fla. (AP) — At a nine-hour meeting, the Florida Cabinet has thrashed through several controversial issues that have been pending for months.

O'Malley Back At Work

TALLAHASSEE, Fla. (AP) — State Treasurer Thomas O'Malley has returned to work after an extended absence caused by a heart problem. But he says he could have picked a colder day on which to return.

Drug Linked To Crash

MIAMI (AP) — Investigators of a cargo plane crash that killed nine people last Dec. 15 say the flight engineer had taken a tranquilizer before the flight to quiet nervousness caused by alcoholism.

Public Invited To Camp Seminole

5 MI. W. OF I-4—SR 46 FOR CAMP MEETINGS 7:30 to 8:30, Feb. 6-7-8 Praise The Lord In Song... Hear Rev. W. H. McGinnis

was becoming "a very disorganized thing."

Company-owned rigs continued to roll and firms with their own fuel supply appeared to be carrying on normal business operations.

Ed Stephens, owner of Z Truck Stop in Jacksonville, said drivers promised not to block his pumps and he, in turn, said he would not sell to through trucks.

The drop was attributed to short supplies rather than the strike. But meanwhile, fresh fruit shipments out of Central Florida were cut back to practically at a standstill, with harvesting operations cut back for lack of transportation.

Max Goza, manager of the huge Pompano Beach Farmers' Market, said national news reports attributing early loading docks to the strike were misleading.

6 Counties Approve Gas Rationing

By THE ASSOCIATED PRESS Even odd license tag numbers with even and odd calendar dates and prohibits sales of more than 10 gallons.

ATLANTA (AP) — County Commissioners, meeting Tuesday afternoon, adopted a mandatory Oregon-type system and put it into immediate effect.

ATLANTA (AP) — The Cabinet has approved a controversial proposal to develop a tract of land near the Estero Bay Aquatic Preserve in Lee County though the developer says rejection will endanger the bay even more.

ATLANTA (AP) — Robbing Mr. and Mrs. J.K. Rolack was easy. They're both blind.

The Sanford Herald

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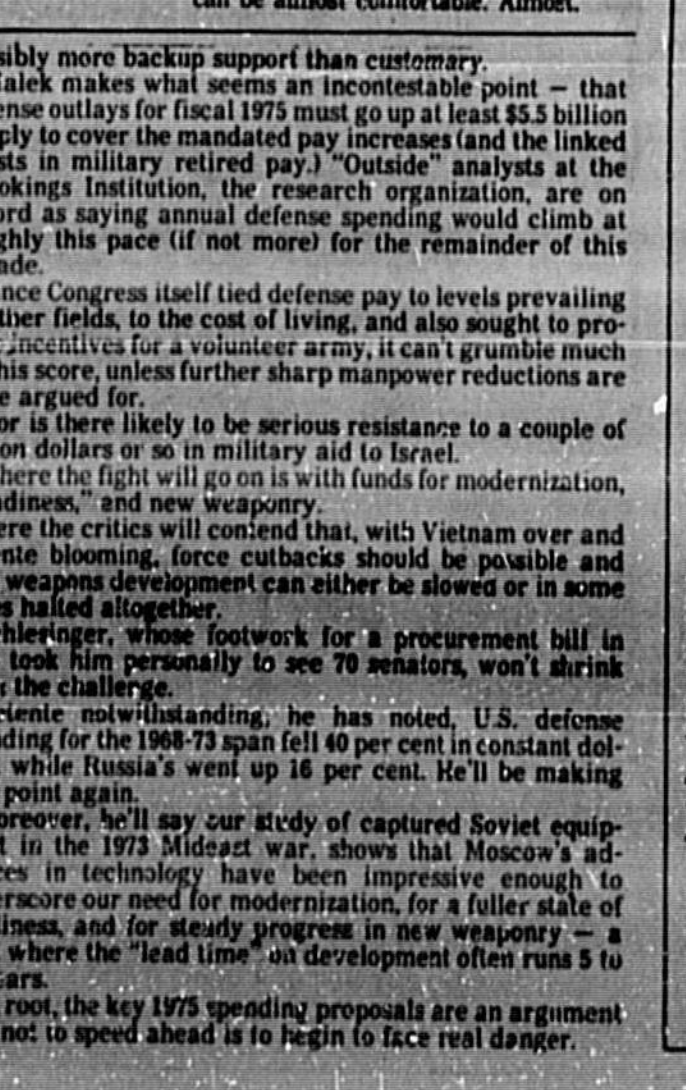
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BERRY'S WORLD

Now hear this! Now hear this! Please keep calm. There is no shortage of toilet tissue! Repeat — there is!



Freight Damaged Furniture

AT 1/2 OFF OR MORE ON ALL FURNITURE SALES

Freight Damaged Furniture At 1/2 Off Or More On All Furniture Sales. Casselberry, 17-92.

First Choice

for safety, earnings, and convenience.

First Choice for safety, earnings, and convenience. First Federal Savings and Loan Association of Orlando.

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Gift Shop To Benefit Home Fund

By MARVA HAWKINS
Herald Correspondent

Through the efforts of dedicated friends, The Good Samaritan Home now has a Hospitality Shop, where items donated for the purpose are sold to benefit the building fund. Over \$200 has been raised since the dedication of the shop less than two months ago.

The \$750 metal building was donated by Mr. and Mrs. Lee Backus of Eustis and son, Robert Nelson of California. The screen door was on the front installed by Charles J. Phillips. For many years, Mrs. Backus made hundreds of garments for distribution to poor families by Mother Ruby Wilson, director of the Home and made gift items to sell to benefit the Home. She and her husband were donors of the commercial washer and dryer so badly needed.

After authorities ordered the gift table taken out of the hall at the new Good Samaritan facility, Mrs. Backus conceived of the idea of having a separate building for the purpose. She had hoped to have a shop in the old building, which the city ordered torn down.

The idea of a benefit gift shop was originally suggested by the late Mrs. Helen Kershner, chairman of the welfare committee of the Deltona Woman's Club. Mrs. Maude Schaal, an octogenarian, who has lived at the home for five years, enjoys being in charge of the gifts. The shop is open most days 1-5 p.m. At Christmas season, Deacon Charbe Lyovos was assisted by some of the youth of Free Will Halliwell Church in operating it.

Before any more money is spent on furnishing the rooms at the Good Samaritan Home that are not yet finished, it is necessary to finish paying off the \$10,000 building loan at the bank. The hospitality shop is a seed-faith effort on the part of the residents and friends of the home to help raise the money and they are looking for another miracle such as those which have blessed their efforts in the past.

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Terrence Lannar Sheppard celebrated his first birthday with a party in his honor at the home of his grandparents Mr. and Mrs. A. J. Sheppard. Guests were Carolyn Smith, Barbara Smith, Andre Giverson, Victoria, Thelma and Amanda Sheppard, Vernie Jackson, Willie Evans, Linda Hughes, Rosemary Sheppard, Fannie Sheppard, Kimberly McGill and Alamin Sheppard.

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Celery City Lodge 542 and Evergreen Temple 321 Elks of the World will hold their dedicatory services, Sunday at the new Elks Home, 7th Street and Cypress Avenue. Speaker for the occasion will be State President of Elks W. O. Perry, of Miami. The entire Elks family invites the public to this service. Pictured are the officers of Celery City Lodge 542 and Officers of the Women's Department Evergreen Temple 321. Lockwood Brown, Exalted Ruler and Grace Haynes, Daughter Ruler.

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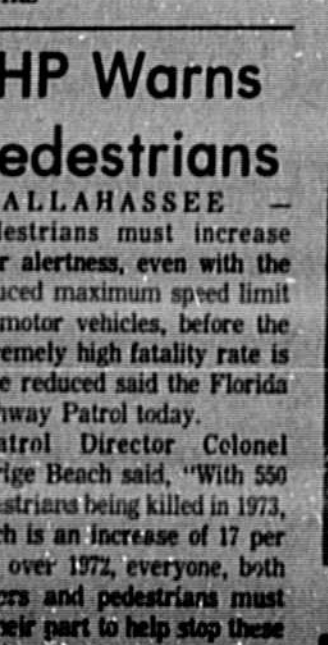
GOOD SAMARITAN HOME GIFT SHOP
...Charlie Lyons shows stuffed animal
(Herald Photos by Marva Hawkins)



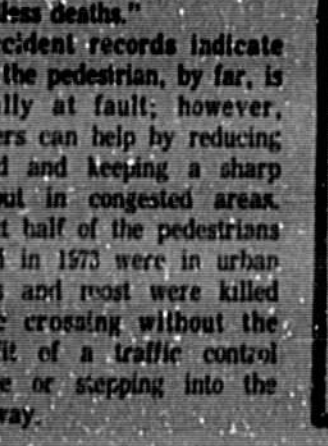
CELERY CITY LODGE 542 OFFICERS
...Elks hold dedication



ANDRE GUNN
...Fourth birthday



TERRENCE SHEPPARD



KENNETH JOHNSON

"Marigolds" Set For Stetson Run

DELAND—Stetson University's Stover Theatre production of "The Effect of Gamma Rays on Man-in-the-Moon Marigolds" opens Thursday, at 8 p.m., according to director Marjorie Gilbert, who indicated performances will run through Saturday, and again Feb. 21-22.

Paul Zindel's "Marigolds" won both the Pulitzer Prize and the New York Drama Critics' Circle Award in 1971 as the best American play in New York at the turn of the '70s. Zindel, a former high school science teacher, was hailed for this first play as one of the most brilliant young writers for the stage to appear in some time.

The title is both a straight statement regarding a science experiment with marigold seeds exposed to the radiation of cobalt-60, and a metaphor expressing the play's theme: "In people, as in botany, there are 'reys' that can produce strange mutants." Some are genetically blighted; some attain a super-splendor.

The play probes into the emotionally disordered existence of three lost and feeble persons—a tartly rancorous woman named Beatrice (Kristen Taylor), and her two adolescent daughters, Matilda (Debi Nemes) and Rith (Mickey Dolan), all tragically afflicted with each other. Beatrice, made viciously cruel to others by the continual defeats in her life, spews stinging sarcasms on everyone she comes in contact with, and especially upon her daughters whom she regards as millstones around her neck.

A clown in her house, she rarely leaves, out of fear of a jarring outside world. She self-pityingly releases the fate of her crabbed expectations.

"Everything I ever thought I'd be has exploded!" she mourns.

Her two daughters are inevitably warped personalities. Ruth, selfish, high-strung and teetering on the edge of epileptic seizures, seems as unsalvageable as her mother.

But Matilda, "Tillie," clunky, plain, covering with apprehension, takes joy in her science studies at school. When she wins a prize for the experiment, it causes a furor that nearly finishes off the beleaguered household.

Grim though this situation is, the play is often funny (Beatrice's wisecracks come wholesome and witty) and is hearteningly affirmative.

For Matilda, the mutant blooming with unusual richness, is indeed salvagable.

Mrs. Gilbert, the play's director, explained the play is not particularly suitable for young children as within the plot a pet rabbit is killed and emotions run high throughout the production.

She said this might distress some children. The sets for production were designed by B. Bruce Griffiths, chairman of the speech and theatre department and director of Stover Theatre.

His designs produce the untidy environment of Beatrice's home life.

Reservations may be made the week of performance, by calling 734-4121, Ext. 387, from 9 a.m. to noon weekdays or 734-1186 from 3:30 to 5 p.m. daily.

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King And Queen Coronation To Highlight Festivities

Beta Sigma Phi To Present Gala Valentine Charity Ball

By DORIS WILLIAMS
Society Editor

Pardon me, but your heart is showing! And this time it will be in come into full focus when you attend Beta Sigma Phi's annual Valentine Charity Ball to benefit Seminole County Association for Retarded Children.

The annual gala, which will be an event of Feb. 16, at 9 p.m., at Sanford Civic Center, a capacity crowd is always on hand for an evening of fun, festivity, hearts and sweethearts, with reservations sold out in advance.

The name of the game is to crown a queen selected by a panel of judges from the University, appeared to share in the festivities.

You are sure to have a literal ball dancing to the music of Bernet and Laughlin with their musical medleys from yesterday combined with today's popular tunes.

This is one of those BYOB nights when you bring your own bottle. If you don't need a bottle, just bring your own food and relax during this most enjoyable evening being planned for the sake of charity.

Reservations are a MUST and may be made through Ruth Brienick 322-6683, or Sue Ceynowa, 322-1706, after 5 p.m. Who will reign as the king?

It is according to which candidate's friends and supporters "pitch-in" for the charity endeavor.

The following are the king candidates and their sponsors: VICTOR LEFELS, Lake Mary Rotary Club; TOM BYERS, Florida State Bank; DANIEL BERRIEN, Florida Federal Savings of Altamonte; and ART HANSON, General Dynamics.

Also ALAN DICKEY, Sanford Junior Woman's Club; CARL VON HERBULIS, Knights of Columbus; DENNIS

CRAMPFORD, Chase and Company; and EARL SMITH, United State Bank of Seminole; Also DENNIS NOAH, Sanford Atlantic National Bank; JOSEPH FAIGIONE, Stromberg-Carlson; and TOM FITZGERALD, Sanford Plaza Merchants.

Judging the queen contestants at a pre-ball cocktail party, with Dr. and Mrs. Luis Peres serving as host and hostess, will be EDITH ROYAL, Royal School of Dance; LINK JACOBS, Orlando Shrine; KATHY CORNELIUS, Seminole Junior College; BOB KETTLES, Stone Island Realty; and another to be announced.

So for charity's sake, hurry and get those reservations in today!

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Paper Dolls Fashion Show

By ANN RILEY
Herald Correspondent

The Altamonte Springs Community Chapel recreation building was the setting for the annual "Fun For Fashion" show sponsored by the Paper Dolls of the Altamonte Springs Community Library.

Fashion was from the Thrift Shop and Faye Cockey was chairman of the event.

Profits from the fun and fund-raising event will be used to purchase books for the library.

Under the experienced guidance of Mrs. W. Kenneth David, general chairman, the following states will be attractively represented by the following members who will decorate their tables in their respective colors and nicknames; and arranged by date of state into the Union:

Pennsylvania, the Keystone State, by Mrs. John Falcone and Mrs. Wayne Fuller; New Jersey, the Garden State, by Mrs. Rayvill Hains and Mrs. LaVerne Pohl; and Connecticut, the Nutmeg State by Mrs. H. Moore and Mrs. Anthony LaVista.

Also Georgia, the Peach State by Mrs. George Stewart and Mrs. Edwards Thacker; New York, the Empire State by Mrs. Henry Langnecht and Mrs. J. Arthur Anderson; and Massachusetts, the Bay State by Mrs. Henry Alarsons and Mrs. Nathan Goodman; and Maryland, the Free State by Mrs. H. Beard and Mrs. K. Abernathy.

Also Virginia, the Old Dominion State, by Mrs. Francis Schulte and Mrs. Revs Austin, Vermont, the Green Mountain State by Mrs. H. Bliss, Ohio, the Buckeye State, by Mrs. Darrell Porter; and Illinois, the Inland Empire State, by Mrs. F. Von Niederhaus.

Also Missouri, the Show Me State, by Mrs. H. C. Roes and Mrs. Omar Robertson; Florida, the Sunshine State, by Mrs. W. Kenneth David; and Wisconsin, the Badger State, by Mrs. Dale Miller and Mrs. Bernard Kartman.

Also Arizona, the Grand Canyon State, by Mrs. Fred J. Weigand and Mrs. Anthony Brovaski; and Hawaii, the Aloha State, by Mrs. Brown Grievens and Mrs. J. C. Connell.

Space limitations will permit an attendance of only 100. Reservations should be made early. Members will be given preference. For reservations call Mrs. David at 374-2126.

Final plans were discussed for District 3 meeting at the Longwood Hotel of which the Norman de Vere Howard Chapter will be host Feb. 13. Registration beginning 9 a.m. and program and business 9:30. Luncheon, 12:30 p.m. Mrs. M. R. Strickland is general chairman for the host chapter.

The program was presented by Cdr. G. R. Strickland (ret.). In the beginning of his talk he announced his subject as "The War of Southern Independence," sometimes known as "The War Between the States."

He recalled important Navy and land battles, informing the group the South named the battles for some city, the North for a creek, valley or wilderness such as Battle of Manassas by the South and Bull Run by the North. The Battle of Gettysburg was the last big battle of the war. Cdr. Strickland named victories and defeats by both North and South and stated some attitudes, thinking and characteristics paralleled among personalities of both sides.

After four years of arduous service marked by unsurpassed courage and fortitude, as history tells us, General Robert E. Lee's Army of Northern Virginia was compelled to yield to overwhelming numbers and resources. By his lack of men, Lee was compelled to surrender at Appomattox Court House, Va., on April 10, 1865. The speaker, and authority on Civil War history called it a "War of Attrition."

Delightful refreshments were served by the hostesses to the following: Mrs. Martin Bram, Mrs. W. R. Dyon, Mrs. Fred Harris, Mrs. L. D. Hastings, Mrs. W. B. Kirby, Mrs. G. E. McCall, Mrs. Troy Ray, Mrs. F. E. Roumillat, Mrs. M. R. Strickland, Mrs. J. H. Trulock, Mrs. A. B. Wallace, Mrs. Z. G. Holland Jr. and Mrs. Glenn Wimbush.

Members enjoyed a delicious lunch at the Langford House in Winter Park. Mrs. Ervini Rosenow and Mrs. Sol Venuti served as hostesses.

Ten members and Mrs. Florence Sarasy, mother of Bunny Hall, attended.

One of the highlights was the members for the blind. In this garden, all plants were labeled in Braille.

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PLANNING HEART LUNCHEON
...Mrs. Robert Regan, (l), with Mrs. Taylor Brown Jr.
(Herald Photo by Eida Nichols)

Alpha Phi Alumnae Benefit Luncheon Set For Cardiac Aid

By ELDA NICHOLS
Herald Correspondent

Alpha Phi Alumnae of Orange and Seminole Counties will sponsor a benefit luncheon for cardiac aid, on Feb. 12, at the Citrus Club.

Shelbourne Wilkes, Executive Director of the Central Florida Heart Association, will be present to accept a gift from the group. J. O. Patain, M.D., will talk to the group about heart disease.

Cardiac Aid is Alpha Phi's national philanthropy. Over the years, they have given in excess of \$1.5 million, to the cause, and have been frequently honored by the American Heart Association.

Local efforts are directed toward volunteer work for the Central Florida Heart Association. Mrs. R. F. Regan, Sweetwater Oaks, is chairman for the luncheon.

All area alumnae end their guests are invited to make reservations by calling 862-7407.

Madeline Luttrell is over at Winter Park where she underwent some foot surgery. How about a card for this lovely lady?

Speaking of illnesses, Lola Cathey has just recently

recuperated from the mumps. Lola is that very personable young lady over in the installment loan department of the Citizens Bank.

Speaking of the Citizens Bank, have you taken a good look at the new building, it will not be too long now before the staff will be moved in and what a beautiful modern building it is!

In fact, when last I chatted with Mrs. Webb, she expressed her interest that it might be the latter part of February or not later than the first of March.

Mrs. Marie Bivins has been the recent houseguest of Mrs. H. W. Estes. While in the community she visited with Marion and Marvin Estes for a few days. Mrs. Marvin Estes has been in Florida Hospital for surgery but is doing very well.

According to Nita Harrison, great things are shaping up for talented persons in and around the Oviedo, Geneva, Sanford, Slavia areas, if you have any kind of creative talent and are interested in

Hussein Attempts To End Rebellion

BEIRUT, Lebanon (AP) — King Hussein postponed a visit to the United States and returned from London to Amman Tuesday night to quell a mutiny in the Jordanian army, travelers arriving in Beirut reported today.

The travelers said foreign newsmen in the Jordanian capital had been prohibited from sending reports about the mutiny.

The independent Beirut newspaper An Nahar carried a denial of the mutiny report. The denial was attributed to Premier Zaid Rifai of Jordan. But the travelers said the mutiny began on Sunday in the garrison town of Zerga, 15 miles northeast of Amman, and was led by units of the 40th Armored Brigade, Jordan's elite tank unit.

Hussein had been scheduled to arrive in Washington on Friday. Officials in the American capital said Monday that he was expected to postpone his trip for a week or two because Secretary of State Henry A. Kissinger was going to be busy this weekend preparing for the international energy conference President Nixon is holding Feb. 11.

The travelers attributed the mutiny to discontent resulting from soaring inflation and a living allowance that the troops consider inadequate.

The sources said junior officers, non-commissioned officers and privates of the 10th Brigade tried Sunday morning to enter Zerga from their camp north of the town. Military police halted them, and a confrontation developed.



MONSTROUS THREAT

FRENCH FOREIGN MINISTER Michel Jobert seems surprised as he confronts "octopus" of microphones during speech before cameras in Paris.

According To U.S. Sino Missile Readiness Slow

WASHINGTON (AP) — Communist Chinese development of an intercontinental ballistic missile capable of hitting the United States is moving at a slower pace than U.S. officials had estimated.

These officials now forecast that a big Chinese ICBM that could hurl a three-megaton warhead 6,000 miles may be combat-ready in 1976 or 1977. A megaton is the equivalent of a million tons of TNT.

Over the years, defense officials have repeatedly revised their predictions, and their most recent estimate had centered on next year as the time when Communist China would achieve its first operational ICBM.

After the first ICBM is operational, it will take about three additional years of testing and launch before construction before China could deploy between 10 and 25 nuclear armed missiles that could strike anywhere in the continental United States.

There is no indication that the slower-than-expected rate of development stems from any serious technological problems.

Adm. Thomas H. Moorer, chairman of the Joint Chiefs of Staff, told the Senate Armed Services Committee Tuesday that what he called "the deliberate, unhurried pace" of Communist China's missile programs reflects a comparatively small number of technically qualified specialists working on that effort, along with relatively limited resources.

However, Moorer indicated that other phases of China's missile development have reached the point where Russia may soon come under the threat of Chinese nuclear missiles.

The JCS chairman said a limited range ICBM this missile has a range of about 3,000 miles.

"Although capable of reaching deep into the Soviet Union," Moorer said, "this missile will not be able to reach the continental United States, except for the western part of Alaska."

Two other shorter-range missiles already have been deployed by the Chinese, Moorer confirmed.

World News Briefs

British Vote May Be Soon
LONDON (AP) — The order for a national coal strike starting Sunday revived talk today that Prime Minister Edward Heath will call a general election soon.

Sources in Heath's Conservative party said the miners' decision to strike in an attempt to break Heath's anti-inflation ceiling on wage raises left the prime minister no alternative but an appeal to the voters to demonstrate their support of him and his policies.

Members of Heath's Cabinet who recently had been damping down election speculation were doing nothing to discourage it today.

Feb. 28 or March were the dates most mentioned in political circles. If Heath chooses Feb. 28, he must make the announcement by Thursday to allow the three weeks of campaigning required by law.

Members of the House of Commons detected an election hint from Heath himself when he told them Tuesday: "It is in my infinite regret that the miners have not accepted the will of Parliament."

But, with recent public opinion polls indicating the country is evenly divided between the Conservative and Labor parties, it is an open question whether the "will of Parliament" would remain Conservative after an election.

Cardinal Removed
VATICAN CITY (AP) — The removal of Josef Cardinal Mindszenty from the Hungarian Catholic hierarchy in Hungary has swept aside a major obstacle to the

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Conversation Hearts 19¢
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One Of Our Minorities Is Still Missing

HOLLYWOOD — (NEA) — Television has been praised for the ways it has progressed in its use of blacks. But what about the medium's use of Jews?

"Something needs to be done," says Milton Senn, who is the western regional director of B'nai B'rith's Anti-Defamation League. "On today's TV, there isn't one real hero who is Jewish. Look at all the lawyer and doctor shows — not one is Jewish."

The facts bear him out. The heroes of the TV series bear Anglo-Saxon names like Cannon, Jones, Ironside, Dillon, Ramsey and Erskine, with a sprinkling of blacks and Poles and even a half-Japanese. Not a Jewish name around.

There have been a few situation comedies which included Jewish characters, even one (Needs and Pins), which is almost all-Jewish but that features, I feel, caricature Jews. There is not one heroic Jewish figure on TV even in the fields of law and medicine, which traditionally have many Jewish practitioners.

"The Jewish presence is invisible on TV," says producer David Dortort. Dortort used to make Bonanza which starred a Jewish actor (Lorne Greene) as Ben Cartwright. "Who do Jewish kids have to root for? TV gives them nobody."

That used to be the rallying cry of the blacks and with justification. Now they have their TV heroes — Shaft, Tenally — but still there are no Jewish star parts.

This is curious, because there are so many Jews in commanding positions with the networks and studios.

One of them, producer David Victor (Marcus Welby and Owen Marshall) thinks it's because they are playing it safe.

"They would like not to fragment the audience," Victor says. "There is a need for the widest possible audience and they don't want to offend anyone."

But, still, there are the Banaceks and Kojaks and Tommas and Columbos, all clearly ethnic types. And these seem to be proliferating.

While none of the networks would comment officially on this question, one network official did say, although he would not permit his name to be used, that they try to avoid using heroes of a specific nationality or religion.

"Out of the 900 shows that have been on TV," he said, "there may have been ten heroes with an identifiable ancestry. We've used a few Italians to offset the bad publicity we got for having so many Italian heavies. We try to keep all our heroes middle of the road."

Many Jewish actors are playing non-Jewish heroes. On Dortort's Bonanza, three of the original four Cartwrights were Jewish — Greene, Michael Landon and Pernell Roberts. Only the late Dan Blocker was not. Peter Falk plays an Italian. Arthur Hill plays the very Anglo-Saxon Owen Marshall.

Senn says that such signs of omission are the big problems with TV, not only in its relationship to Jews but to all minorities. And, he says, 40 per cent of the total American population consists of minorities.

"They are rarely portrayed as real people," he says, "and that applies to both movies and TV. Certainly the black exploitation pictures don't do it. You get an occasional exception like 'Soulard,' but that's very rare. With more and more ethnic heroes appearing, Senn feels it is time for at least one heroic Jewish character to parade across the TV screens. Maybe it will happen. "I never thought about it before," said Victor.



GEORGE PEPPARD ... As Banacek TELLY SAVALAS ... As Kojak PETER FALK ... As Columbo



NOBODY ... As nobody

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Breast with ribs, Thighs, Drum Sticks or Legs

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3 LBS & UNDER

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Carrots 29¢ LB BAG
FRESH CRISP

Potatoes 10¢ LB BAG \$1.29
U.S. #1 RED

Coca Cola 8 14 OZ. BTL. 69¢ PLUS DEP.

Eight O'Clock Coffee 84¢ 1 LB. BAG

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Ketchup 3 \$1.00 20 OZ BTL.

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Eight O'Clock Coffee 69¢

Fab Detergent 69¢

Cascade 87¢

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Vegetable Soup 6 10.1 OZ CANS \$1.00

Parkay Margarine 39¢

Cream Cheese 39¢

Orange Juice 3 89¢

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Orange Juice 49¢

Frozen Waffles 2 27¢

Lemon Pies 59¢

Cake Donuts \$1.00

VEGETABLE BOWL \$3.95

ENCYCLOPEDIA OF THE ANIMAL WORLD VOL. 4 \$1.99

Friends Face Election Fighting

TALLAHASSEE, Fla. (AP)—State Rep. Elvin Martinez and Guy Spicola, both Tampa Democrats, are best of friends. They even share a desk in the Florida House of Representatives chamber.

But unless one of them changes his mind in a hurry, they will be election opponents next fall. Each says he is committed to running for the Florida Senate seat that will be vacated by retiring Sen. Louis de la Parte, D-Tampa.

"It's a sad situation because Elvin's a good friend, but he's more of a good friend than I have," said Spicola.

"There's no way out for me," he added. "I bought a house outside my district which I plan to move to. It's either retire or run for the Senate."

Martinez said an election contest against Spicola "is going to be tough because I really love the guy."

Spicola and Martinez were first elected to the House in 1966. But Spicola quit during the 1970 session to run for the Senate seat vacated by the death of former Sen. Joseph McCain. Spicola lost that election to McCain's son, David, a

Tampa Republican.

That 1970 Senate defeat has to weigh on Spicola's mind as he ponders a race against Martinez, one of Tampa's most popular politicians.

A number of persons suggested that Martinez and Spicola settle their differences in a duel, but the Cuban-American and his Italian-American sidekick have so far managed to control their Latin passions.

Secretary of State Richard Stone has kept his promise to jump into the Miami River. And he appears none the worse after his dip in the once highly-

polluted waterway.

Stone, who promised a victory plunge when he launched a Miami River cleanup campaign three years ago, stripped to his bathing suit last weekend and dove in.

While Stone, who recently took another kind of plunge as a U.S. Senate candidate, said the river has not been restored to pristine purity, he marveled at a photo of his dip.

"You can see my toes," he said. "A year ago you couldn't have seen below my neck."

Rep. Eugene Tubbs, R-Merritt Island, said at a recent

committee meeting the state growth policy should call for the most efficient and least expensive method of moving people.

"Better shoes," said Rep. William Birchfield, D-Jacksonville.

Visitors to committee room 318 in the House Office Building are encouraged not to smoke—unless they can't resist.

A sign displayed prominently in the committee room says, "Due to the size of this room NO SMOKING would be appreciated."

Vickie Babcock's Applesauce Raisin Bread

1 1/2 cups flour
1 tsp. baking soda
1 cup apple sauce
1/2 cup raisins
1/2 cup firmly packed brown sugar
2 eggs
1/2 cup salad oil
1 cup applesauce
1 cup raisins

Combine dry ingredients. Add eggs, salad oil, and apple sauce and stir well combined. Stir in raisins and fill greased 9 x 5 x 3 loaf pan. Bake at 350° for one hour (note: a cracked top is normal). This recipe is from Vickie Babcock of Cedar Rapids, Iowa. She bakes with 3 minute Brand Raisins because "to add a lot of food value for the money."

Let's Reminiscence Box Socials Were Full Of Surprises

By HELEN M. PAGEL
Copy News Service

Let no one believe that the young man of 60 years ago was afraid to take chances. To be sure, there were no such hazardous contraptions as automobiles, airplanes or chauffeurs, a jet pilot or an astronaut compared to the risks run by any man attending an old-fashioned box social?

Fund raising had not yet become a leading national pastime, for people believed in simply helping each other in those days. It was quite an ordinary occurrence for someone to take a bowl of hot soup to a sick neighbor, or shovel the snow from some old person's walk, or even paint somebody's barn without expecting to get paid for it.

Still, there were times when it was necessary to raise money for some purpose and one of the most popular ways of doing it was to hold a box social. This was really mixing philanthropy with fun, and so removed the stigma of "charity" from whomever received the proceeds of the entertainment.

A box social was really a community supper, but one with a decidedly different twist to it. It might be held at someone's house, but was usually held at the neighborhood school because there was more room there and the socials were usually pretty well attended.

Instead of the women getting together and cooking a supper at the schoolhouse (what would they have cooked it on? There were no domestic science courses in those days—girls were supposed to learn cooking at home) each lady prepared a lunch for two and packed it in a box along with a slip of paper with her name written on it.

She wrapped the box in fancy white or colored crepe paper and decorated it with ribbons, bows, flowers, crepe paper ruffles or whatever else her fancy dictated. At the schoolhouse the boxes were placed on a long table and after everyone had arrived, they were auctioned off to the highest bidder.

Only the men were allowed to bid, and it was really a case of buying a pig in a poke, for there was absolutely nothing on the outside of the boxes to indicate who had brought them. (At least, there wasn't supposed to be.) The rule was that every man must eat supper and spend the evening with the lady whose box he bought, but he had no way of knowing who she was until he opened the box, and by that time his doom could well be upon him.

Imagine the agony of some young lady as she watched helplessly while a favorite swain, all unsuspecting, bid and won the box prepared by her most bitter rival.



SISTER ACT
LORNA LUFT (l) and Liza Minnelli, daughters of the late Judy Garland, got together to celebrate Broadway opening of Liza's one-woman show.

WINN-DIXIE THE BEEF PEOPLE

SAVE WITH WINN-DIXIE

TABLETS BAYER ASPIRIN SAVE 15¢ 78¢ 100-CT. PKG.

PEAK TOOTH-PASTE SAVE 5¢ 88¢ 6.3-oz. TUBE

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PALMOLIVE RAPID SHAVE SAVE 11¢ 88¢ 11-oz. CAN

APHRODISIA DEODORANT SAVE 78¢ 5-oz. SIZE

LOTION SHAMPOO SAVE \$1.28 7¢ 3.75-oz. SIZE

DEP NET HAIR SPRAY \$1.19 4-oz. CAN

JOHNSON BABY POWDER 88¢ 9-oz. SIZE

SAVE 21¢ MAXWELL HOUSE COFFEE 68¢ 1-LB. BAG

SAVE 21¢ DETEGENT GIANT TIDE 68¢ 3-9-oz. BOX

SAVE 7¢ THRIFTY MAID Lunch Meat 68¢ 12-oz. PKG.

SAVE 10¢ ARABIC Potted Meat 5¢ 3-oz. CANS

SAVE 25¢ DIXIE DARING Sandwich Bread 3¢ 26-oz. LOAF

SAVE 17¢ DIXIE DARING Flaky Rolls 3¢ 10-oz. PKG.

SAVE 9¢ DIXIE DARING Pecan Twirls 2¢ 2-oz. PKG.

SAVE 17¢ CRACKIN' GOOD Toaster Pastry 3¢ 10-oz. PKG.

SAVE 5¢ JUMBO BOUNTY TOWELS 38¢ 12-oz. BOX

SAVE 21¢ ALL VEGETABLE WESSON OIL \$1.18 48-oz. BOTTLE

SAVE 40¢ VEGETABLE SOUP 8¢ 10-oz. CANS

LIQUID DETEGENT DOVE 45¢ 13-oz. BOTTLE

SAVE 25¢ THRIFTY MAID MIXED VEGETABLES \$1.15 16-oz. CANS

SAVE 25¢ THRIFTY MAID APPLESAUCE \$1.15 16-oz. CANS

PINEBREEZE USDA INSP. GRADE 'A' FRESH FLORIDA ALL WHITE EX. LGE. EGGS 85¢ DOZEN

LAND O' SUNSHINE BUTTER 79¢ 1-LB. (QTR.)

SAVE 25¢ THRIFTY MAID MIXED VEGETABLES \$1.15 16-oz. CANS

SAVE 25¢ THRIFTY MAID APPLESAUCE \$1.15 16-oz. CANS

DEL MONTE ITALIAN Gr. Beans 35¢ 15-oz. CAN

DEL MONTE CREAM STYLE OR WHOLE BEAN CORN 4¢ 17-oz. CANS

DIET DELIGHT HALVES OR SLICED PEACHES 43¢ 16-oz. CAN

DIET DELIGHT FRUIT COCKTAIL 49¢ 16-oz. CAN

TASTERS CHOICE FRESH BEED 44¢ \$2.29 8-oz. JAR

COFFEE 27¢ 17-oz. CAN

LIBBY'S SAUERKRAUT 41¢ 27-oz. CAN

FRANCO-AMERICAN SPAGHETTIO'S 88¢ 15-oz. CANS

LIFTON CHICKEN Cup Soup 43¢ 4-PK. PKG.

SANI-FLESH SOUP BOWL CLEANER 98¢ 7-oz. CAN

ORVILLE POPCORN 69¢ 13-oz. PKG.

E TOPF LEMON OVEN CLEANER 83¢ 8-oz. SIZE

WIZARD AIR FRESHENERS 59¢ 9-oz. SIZE

DOVE LIQUID 45¢ 22-oz. BTL

DIFFERENT 16¢ OFF DRIVE 79¢ 4-oz. BTL

SCOTCH AIRPOOD LIQUID GOLD 98¢ 10-oz. CAN

HEARTS CONVERSION 39¢ 11-oz. PKG.

BRACH'S MILD CREAMS 39¢ 12-oz. PKG.

BRACH'S SWEETHEART CANDY 19¢ 16-oz. PKG.

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FRESH BOSTON BUTT Pork Roast 88¢ lb.

SAVE 10¢ W-D BRAND WHOLE HOLO ROLL MID OR HOT Pork Sausage 99¢ lb.

SAVE 10¢ W-D BRAND USDA CHOICE BEEF BONELESS Shoulder Roast 1.59 lb.

SAVE 10¢ W-D BRAND USDA CHOICE BEEF Chuck Steaks 1.29 lb.

SAVE 10¢ W-D BRAND USDA CHOICE BEEF BONELESS Delmonico Steaks 2.69 lb.

CHUCK ROAST \$1.39 lb. BONELESS

GROUND BEEF 3 \$2.99 lb. PKG. NO ADDITIVES

CANNED HAM 4 \$4.99 lb. CAN

SLICED BACON 99¢ lb. PKG.

LETTUCE 19¢ lb. CABBAGE 2 39¢

W-D BRAND SMOKED PORK SHOULDER PICNICS WHOLE 78¢ lb.

USDA GR. 'A' QUICK FROZEN W-D BRAND BAKING HENS 68¢ lb.

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FRUIT BASKETS IDEAL VALENTINE GIFT \$2.99 6-LB. SIZE \$3.99 8-LB. SIZE \$4.99 10-LB. SIZE

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TASTE O' SEA PERCH FILLET 1.00 10-oz. PKG.

ON COU DOUBLE ENTREE ASSORTED MEAT DINNERS 1.29 32-oz. PKG.

MORTON (ALL EXCEPT HAM) TV DINNERS 2 \$1.00 11-oz. PKG.

BUY ONE... GET ONE FOR 10¢

TYSINE IN A BASKET CHICKEN 2.99 32-oz. PKG.

SHOESTRING POTATOES 39¢ 20-oz. CAN

LANE BROS. CHEESE CAKE 1.09 17-oz. PKG.

TASTE O' SEA FISH DINNER 59¢ 8-oz. PKG.

JOHNWAY FRENCH TOAST 59¢ 11-oz. PKG.

GOLDEN GLOVE POTATO GERMAN STYLE PANCAKES 49¢ 12-oz. PKG.

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A Famous Salad Of Waldorf Hotel



FAMILY DINNER

Meat Potatoes
Snap Beans
Scalloped Tomatoes
Mandarin Grape Mold
MANDARIN GRAPE MOLD
The grape juice called for is a new product that has no sugar added.

1 envelope unflavored gelatin
2 cups white grape juice from a 24-ounce bottle
1/2 ounce can mandarin oranges in light syrup, well drained
In a 1-quart saucepan sprinkle the gelatin over 1/2 cup of the cold grape juice; allow to soften for about 5 minutes. Place over low heat and stir constantly with a rubber spatula, especially around sides of pan, until gelatin dissolves — 4 or 5 minutes. Off heat, stir in remaining 1 1/2 cups grape juice. Chill, stirring occasionally, until slightly thickened. Fold in oranges. Turn into a 5-cup mold. Chill until set before unmolding. Makes 6 servings.

INTERESTING DINNER

Chicken Adobo
Braised Celery Cabbage
Caramel Custard
Beverage
CHICKEN ADOBO
A great Philippine chicken dish with no fat added.
1 1/2-pound broiler-fryer, cut up
1/4 cup cider vinegar
1/4 cup soy sauce
1 large clove garlic, crushed
1 teaspoon pepper
In a 12-inch skillet arrange chicken in a single layer. Stir together the remaining ingredients; pour over chicken. Cover and let bubble gently, turning several times, until chicken is tender — about 40 minutes. Remove chicken and keep warm. If necessary — and it probably will be — boil liquid in skillet until dark brown in color and thickened — about 5 minutes; spoon over chicken. Makes 4 to 6 servings.

LUNCHBOX SPECIAL

Tuna Sandwiches
Carrot Sticks
Molasses Cookies
Red Apple
MOLASSES COOKIES
Grated raw yam is the surprise ingredient.

2 cups unbleached flour
1 teaspoon baking powder
1/2 teaspoon baking soda
1/4 teaspoon salt
1/4 teaspoon ginger
1/2 cup margarine
1/2 cup sugar
1 egg
1/4 cup molasses
1 cup finely grated pared raw yam, not packed down
1/4 cup buttermilk
Thoroughly stir together flour, baking powder, baking soda, salt and ginger. Cream margarine and sugar; beat in egg, add molasses and yam. Stir in flour mixture alternately with buttermilk until batter is smooth (except for strands of yam). Drop by heaping teaspoonfuls, a few inches apart, onto greased cookie sheets. Bake in a preheated 375-degree oven until browned about 8 minutes. Remove to wire racks to cool. Makes almost 3 1/2 dozen. This is a soft, cookie with strong molasses flavor.

SUNDAY BRUNCH

Grapefruit on the Half-shell
Warren Kinman's Shirred Eggs and Sausages
Toasted English Muffins
Apple Jelly
Beverage
WARREN KINMAN'S SHIRRED EGGS AND SAUSAGES
Great fare from the country house of a friend.
8 eggs

1/2 cup butter
1/2 cup heavy cream
1/2 cup milk
12 small pork sausage links, cooked and browned
Generously butter 4 shirred egg dishes. Break 4 eggs into each dish. Sprinkle with milk. Arrange sausage links around edge. Serve at once. Makes 4 servings.

By CECILY BROWNSTONE
Associated Press Food Editor
If you think one of America's most famous culinary offerings, Waldorf Salad, is made today as it was originally, you've got another guess coming! The recipe for it first appeared in "The Cook Book by Oscar" of The Waldorf, published in 1896.

Patron of New York City's Waldorf Hotel, which opened in 1893, acclaimed the salad and so the inventor of it, Oscar Tschirky, the hotel's famed maitre d'hotel and the "Oscar" of the cookbook, included it in his one and only recipe compilation. His directions: "Peel two raw apples and cut them into small pieces, say about half an inch square, also cut some celery the same way, and mix it with the apple. Be very careful not to let any seeds of the apples be mixed with it. The salad must be dressed with a good mayonnaise. Somewhere along the line walnuts were added to Oscar's formula, though I regret to say I've never tracked down the cookbook in which this addition first appeared. Here, then in modern terms is a recipe for both the original Waldorf Salad and the later version which superseded its forer in popularity."

WALDORF SALAD
2 cups diced (1/4-inch squares) unpeeled red eating apples
2 cups diced (1/4-inch squares) celery
1/2 cup real mayonnaise
Lettuce
Mix together the apple, celery and mayonnaise; cover and chill. Serve on lettuce. Makes six 1/2-cup servings.

Walnut Waldorf Salad: Just before serving add 1/2 cup broken walnuts to the chilled mixture given above; or arrange the mixture on lettuce and sprinkle with the walnuts.

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ITALIAN (or) MIRACLE FRENCH DRESSINGS

8 OZ. BTL. 39¢

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KRAFT SALAD STYLE MUSTARD

6 OZ. JAR 15¢

BONUS BUY!

MIRACLE WHIP SALAD DRESSING

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Del Monte FOOD PRODUCTS

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3 20 OZ. BTL. 97¢

Del Monte MIX OR MATCH

4 NO. 303 CANS YOUR CHOICE 99¢

Del Monte

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BLUE BONNET SOFT MARGARINE

3 ONE LB. PKGS. \$1.00

HEFTY KITCHEN BAGS

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LB. 99¢

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12 OZ. PKG. 79¢

FRESH HOMEMADE PORK SAUSAGE

LB. 69¢

LYONS SALICED BOLOGNA

LB. 89¢

FRESH FROZEN BEEF LIVER

LB. 69¢

FLAVOR-AGED CLUB STEAK

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FRESH GEORGIA STYLE PORK BACKBONE

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"TASTY" CALIFORNIA RED GRAPES

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3-LB. BAG 33¢

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PKG. OF 12 44¢

Pineapple

1 can pineapple chunks
1/2 cup vinegar
1 cup granulated sugar
6 whole cloves
14 inch piece stick cinnamon
Drain syrup from pineapple. To 1/2 cup syrup add other ingredients. Heat 10 minutes. Add pineapple, bring to a boil. Marinate in refrigerator. Serve with toothpicks.

Holiday

1/2 cup polynaturated oil
1 cup walnuts
1 cup ready-to-eat bite size shredded wheat
Sprinkle garlic powder
1 cup ready-to-eat doughnut-shaped oat cereal
1 cup thin pretzel sticks
1 teaspoon salt
Heat oven to 300 degrees. Heat oil, add nuts, cereal and pretzels in a shallow pan, pour oil over, then sprinkle with salt and garlic powder. Bake 30 minutes, stirring carefully every 10 minutes. Makes 4 1/2 cups. Store in a covered container.

The Sanford Herald Wednesday, Feb. 6, 1974—5B

who want to cut costs and improve nutritional health, at the same time:
Buy lean meats, fish, chicken, turkey and veal more often than beef, lamb, pork, and ham. Here are some meat-counter guidelines for those

point. Plan menus before you shop. This saves time and cuts down on impulse buying. Take advantage of special sales.
The leanest cuts of beef are round, rump, loin-end, sirloin and flank... all contain at least 70 per cent lean meat. The fattest cuts, on the other hand, are brisket, and such expensive cuts as porterhouse, club and rib. They contain less than 55 per cent lean meat.
"Prime" beef, the most expensive government grade, actually has more saturated fat and calories... and less protein... than "choice".
Loin and rib chops and leg are the leanest cuts of lamb. Don't be pennywise and pound foolish about hamburger. The protein in fat hamburger actually costs you more per pound than the protein in lean ground round.
When choosing hamburger, look for the medium-to-deep color that signifies a low fat content (a light pink color is a warning that excess fat has been ground in with the meat). Or buy ground round, which is usually very lean. Better yet, select a well-trimmed piece of round steak or stewing beef, a cut that is easier on the budget, and ask the butcher to grind it for you or grind it yourself at home.
Chicken breasts are fattening than chicken drumsticks. And chicken breasts have twice the protein and only half the waste.
Turkey is one of the least expensive "meats" you can buy. It's also among the lowest in calories and cholesterol. Almost all fish is lower in calories than meat, and the fat in fish is polyunsaturated. Frozen packaged fish is often 20 to 50 cents less per pound than the same species at the "fresh" fish counter.
Plain frozen fish is less expensive... and less fattening... than precooked breaded filets, fish sticks, fishcakes and other specialties. Frozen fishcakes have three times the calories and only half the protein of plain flounder.
Canned tuna is one of the few "conventional foods" that really is a good buy.
Supposedly "expensive" meats like hot dogs, bologna, sausage and luncheon meat are actually very costly forms of protein, and very fattening as well. Sausage usually contains more fat than meat.
CANTINESE BUDGET MEAL
This vegetable and left over meat combination can stretch the food dollar.
2 tablespoons polyunsaturated oil
1/4 pound mushrooms sliced
3 green onions, chopped
1 package (10 ounces) frozen peas
1 package (10 ounces) frozen green beans
1 cup celery, sliced thin
3 tablespoons water
1/2 pound fresh or 1 can bean sprouts
2 tablespoons soy sauce
1 cup sliced left over lean meat
Put oil in a large skillet or saucepan and bring to medium heat. Sauté the green onions and the mushrooms for 3 to 4 minutes, stirring frequently. Reduce heat. Add peas, green beans, and water. Cover and simmer until peas are almost tender. Place bean sprouts and celery over peas. Add meat and soy sauce. Cover again and steam for another 2 to 4 minutes. Stir everything together and toss into a large bowl for serving. Serve with rice. Serves 4.

PARK AND SHOP

Pineapple

1 can pineapple chunks
1/2 cup vinegar
1 cup granulated sugar
6 whole cloves
14 inch piece stick cinnamon
Drain syrup from pineapple. To 1/2 cup syrup add other ingredients. Heat 10 minutes. Add pineapple, bring to a boil. Marinate in refrigerator. Serve with toothpicks.

Holiday

1/2 cup polynaturated oil
1 cup walnuts
1 cup ready-to-eat bite size shredded wheat
Sprinkle garlic powder
1 cup ready-to-eat doughnut-shaped oat cereal
1 cup thin pretzel sticks
1 teaspoon salt
Heat oven to 300 degrees. Heat oil, add nuts, cereal and pretzels in a shallow pan, pour oil over, then sprinkle with salt and garlic powder. Bake 30 minutes, stirring carefully every 10 minutes. Makes 4 1/2 cups. Store in a covered container.

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Selling The Littlest Show On Earth: Spokane Expo '74

By Tom Tiede
SPOKANE, WASH. — Several years ago when people first began discussing the idea of holding a World's Fair in this out-of-the-way community, many critics thought the plan preposterous. Now, three months from opening, the critics have not yielded.

A national newsmagazine recently called Spokane's Expo '74 "the best kept secret of the decade. A network television program has asked the question: "Spokane, where's that?" And a state official adds privately that "Well, the whole thing's embarrassing."

Expo here, grumps a newsman, will be "the littlest show on earth." And no doubt, compared to recent fairs and expositions in more populous regions, Spokane's thing will be Lilliputian.

Last year's Osaka, Japan, Fair tried for one million visitors a day. Spokane hopes for five million over six months. Seattle's "Century 21" a decade ago featured a Space Needle that still lures a wed tourists; Spokane's largest deal is a 145-foot vinyl comet that looks like Clyde Beatty's big top. Montreal offered one of North America's most sophisticated cities at its 1967 shindig; Spokane has the on-site Spokane River waterfall, much cherished by residents but at 50-foot high not exactly a Niagara.

And not only has the local Expo had its credibility worries, it has been plagued from the start by tremors of a historic kind. King Cole, the community planner who suggested the show, said that the first public response was: "Who needs it?" Indeed, the history of World Fairs in the last decade has been fraught with grief. Century 21 made some money, but the New York Fair of 1964 lost \$220 million and Montreal lost \$250 million. Cole says that when he tried to hire an experienced World's Fair professional, "they all said they'd never do it again."

The fear of failure was enough to turn off significant numbers of Spokane citizens. When the Expo Committee tried to raise early operating money by bond issue, voters said no. "I thought, at the time," says Cole, "that was the end of it."

But the seed sprouted anyway. The city passed a business and occupation tax, the local wealth chipped in, and this town, which had never previously collected for such other than the United Fund, raised a hefty \$6 million and the show was on.

Today the Expo is 90 per cent complete. Construction crews have transformed an island in the middle of the Spokane River — once reputed for its rusty railroad tracks and nodding winos — into a kind of cowboy carnival. Some say it is the only state fair Russia will have a booth in this summer. Besides Russia, there are 20 other major exhibitors, half of them domestic.

Much of the main show will doubtless be attractive, even informative, but much of it will reflect neighborhood thought for thrown into the entertainment galaxy, along with the likes of Bob Hope and Ella Fitzgerald, a sizzling "Junior League Hummage Sale."

The undeniably interesting thing about the affair is its theme: ecology. Cole says each exhibition will focus on "celebrating tomorrow's fresh new environment." Accommodatingly, most of the buildings will be made out of prefabricated, recyclable materials, and will be torn down after the fair for sale and reconstruction elsewhere. Environmental seminars will be held. Fifty acres of air-purifying sod will be planted. Even the frequent fireworks displays will feature bombs that contain reduced particulate matter.

Nagging questions, however, remain concerning Expo '74. Can a rummage sale lure five million people? And, concerning the environment, is the Fair part of the solution or problem? Officials are optimistic about the former. "We don't expect people to look here from all over the world," says manager Peter Spurney. "We expect people to look here from all over the world." But the energy crisis looms like a storm in the forecast. Even without gas rationing, attendance is likely to be cut, with rationing, says Spurney, "things could be disastrous." Spurney says that if a winter storm comes, it will be a disaster to worse local business.

neamen may chip in to buy strategic filing stations for the exclusive use of fairgoers, but this could be a hypocrisy of the very conservation the Fair officials expect.



SPOKANE'S EXPO '74 HAWKS FUTURE Dwarf sized, but big selling job

Nonetheless, optimism is the word in Spokane these days. And there is good reason for cheer. Even if the Fair flops, Spokane profits. The Expo site has renovated the city's worst slum, the ugly railroad terminal has been moved and modernized and facilitating fever has resulted in a \$35 million expansion of the community's largest hospital and half a dozen new multimillion dollar buildings. Authorities feel Spokane will realize \$225 million in business and construction before the Fair closes in the fall. (May 4 to Nov. 3) and some believe the sum will be even higher.

So the critical libes do not hurt so much here. The people in this town of 180,000 are proud of their cheek and their Fair, and of the money their persistence has generated. "I bet the thing will be a huge success, too," says a storekeeper sharply. "I bet people will hear about us, and what we're trying to do, and come out here just to see what kind of damn fool we are."

what kind of damn fool we are."

Our new offer is perfectly clear.

Now there's new crystal-clear Diplomat glassware in Treasure Chest Oats. A 9 oz. tumbler, a 12 oz. tumbler, or a size right for juice in every package. Evenly assorted, so you can collect one or see it's something we think you deserve for sending your family off with a good hot breakfast each day.

Pendulum Swings: Engineer Shortage

By FRANK SURACI
 Copy News Service

More than four years ago the bottom fell out of the engineering job market and thousands fled their chosen profession in pursuit of more stable incomes. The recession triggered enrollment drops in engineering schools across the nation as disenchanted students spurned the profession. Coupled, these facts have created a void of qualified engineers which experts say could become critical between 1977-80.

Most employed engineers will move for money, Abbott said because of the dying concept of company loyalty. "Generally, these corporations are looking for young men with the right credentials and the right experience to fit their needs," he said. Fields in most urgent need of qualified engineers are sophisticated electronics, semiconductor, computer, logic de-

sign, software design and computer programming. "Until this shortage reaches a crisis level, not much concern will be shown," Abbott predicted. Solutions, he said, will come when this need generates as much attention as did the aerospace race in the early '60s. Abbott's firm will hold its next recruitment programs in Boston and Los Angeles. "As fast as some firms are filling engineering slots, new positions are being created to keep a constant shortage," he said. Abbott said it is not unusual for major firms to have between 50-60 jobs unfilled. Rockwell International's Space Division in Downey, Calif., estimates 75 positions will be open each month for the next few months. Currently, 40 per cent of its 8,500 employees are engineers.



PEOPLE TAKE ADVANTAGE OF BEAUTIFUL WEATHER CAR, BOATS, and water sports enthusiasts returned once again to Lake Monroe last weekend as perfect February weather graced Central Florida. As thousands of residents braved short gasoline supplies to flock to beaches, others less willing to run risk of running dry remained behind to frolic in Seminole's most gorgeous lake. (Herald Photo by John Spolski)

Conserve Gas, Money Too! One

PRICES EFFECTIVE FEB. 7-13, 1974

FAIRWAY IGA MARKETS
 1601 N. HERMAN BLVD. - 114 S. SEMANAN BLVD.

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SAVE 10' BAMA PRESERVES Strawberry 65¢
SAVE 12' PETER PAN Peanut Butter 67¢

PEPSI OR DIET-PEPSI 8-16 oz. Bottles 69¢

BEER \$1.09
 6-12 oz. Cans
 MILLER BEER

WISCONSIN CANISTER PAK Potato Chips 99¢

EGGS 79¢
 EXTRA LARGE OR LARGE
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MAXWELL HOUSE COFFEE 89¢
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 LIMIT ONE WITH \$7.50 OR MORE ORDER

IVORY LIQUID 89¢
 SAVE 34¢
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SPINACH 39¢
 1 lb.

ORANGES 49¢
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SNOW WHITE MUSHROOMS 79¢

SAVE 20¢
 WITH THIS COUPON PURCHASE OF 2 PKGS. BETY CROCKER HAMBURGER HELPER

SAVE 15¢
 WITH THIS COUPON GOLD MEDAL FLOUR

SAVE 7¢
 WITH THIS COUPON BLUE BONNET SOFT Margarine

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 MORTON Pot Pies 73¢
 PHILADELPHIA Cream Cheese 33¢
 LEE'S ICE CREAM Sandwiches 59¢

Sani-Flush TOILET BOWL CLEANER 85¢
 7 oz.

Playtex Feminine Towelettes 79¢
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SWISS STEAK 1.48
 10-8 oz. 5 lb. box

SLICED BACON 98¢
 SUNNYLAND CARDINAL

FRYERS 48¢
 10' OFF EACH PACKAGE LYKES 8 oz. Luncheon Meats
 Cut-Up Fryers Lb 55¢

SMOKED COUNTRY STYLE Ham Hocks 79¢
 FAIRWAY HOT OR SWEET Italian Sausage \$1.38
 KAHN'S HILLSHIRE FARMS Smoked Sausage pre-cooked \$1.39

STEAKS
 T-Bone \$1.79
 Porterhouse \$1.89
 K. C. Steaks \$1.79
 Family Steak \$1.28

CHOPPED SIRLOIN STEAK PATTIES \$5.69
 15 5 1/2 oz. 5 lb. box

U.S.D.A. CHOICE SIRLOIN STEAK \$15.99
 10-8 oz. 5 lb. box

U.S.D.A. CHOICE CHUCK STEAK 98¢
 lb.

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 CHOCOLATE BANANA Loaf Cake 89¢
 CHOCOLATE FUDGE Iced Brownies 2 for 35¢
 ASSORTED Danish Rolls 2 for 35¢
 RAISED Glazed Donuts 6 for 59¢

Delicatessen
 IMPORTED Boiled Ham 69¢
 TRUNK Liverwurst 55¢
 MORRELL Cooked Salami 55¢
 SPECIAL MORRELL Liver Cheese 75¢
 FAIRWAY'S OWN Potato Salad 59¢

Seafood
 EXTRA LARGE Rock Shrimp 1.49
 ALASKA KING Crab Legs 2.98
 FLORIDA Cooked Lobster 2.69
 FRESH WHOLE RED OR Yellowtail Snapper 1.59
 FRESH WHOLE Mullet 49¢

Stop With Us Will Save For You

PRICES EFFECTIVE FEB. 7-13, 1974

Ball Park Franks \$1.28
 CAGLE'S FRESH GRADE A Fryer Parts 58¢
 RATH HICKORY SMOKED Sliced Bacon \$1.19

LYKES SMOKED HAM 69¢
 SHANK HALF
 Whole or Butt Half lb. 79¢

LYKES SALE!
 Bologna 98¢
 Salami 12 oz. 98¢
 Boiled Ham 10 oz. \$1.69
 Grill Franks 2 lb. \$2.19

FRYERS 48¢
 10' OFF EACH PACKAGE LYKES 8 oz. Luncheon Meats
 Cut-Up Fryers Lb 55¢

GRADE A HOUSE OF RAEFORD TURKEY DRUMSTICKS 59¢
 lb.

FRESH FROZEN LAMB SHOULDER ROAST 59¢
 lb.

Lamb Sale!
 FRESH FROZEN Loin Chops \$1.29
 Round Bone Chops 98¢
 Shoulder Chops 88¢

U.S.D.A. CHOICE SIRLOIN STEAK \$15.99
 10-8 oz. 5 lb. box

SWISS STEAK 1.48
 10-8 oz. 5 lb. box

SLICED BACON 98¢
 SUNNYLAND CARDINAL

ONION CHUCK WAGON SALISBURY PEPPER STEAKS \$5.39
 20-4 oz. 5 lb. box

SPECIAL STEAKS \$9.99
 T-BONE, N.Y. STRIP, DELMONICO
 10-8 oz. 5 lb. box

Walnut Granola Cookies
 By Aileen Claire NEA Food Editor
 Some mothers insist that their children eat no sweets, such as candy bars, cakes or cookies. However, some dessert snacks such as Walnut Granola Cookies can be a healthful part of a child's daily diet.

Walnut Granola Cookies
 1/2 cup butter or margarine
 1 cup brown sugar, packed
 1 egg
 1 teaspoon grated orange peel
 1/2 cup sifted all-purpose flour
 1/2 teaspoon baking powder
 1/2 teaspoon salt
 1/2 cups crunchy granola
 1/2 cup coarsely chopped California Walnuts

Cream together butter, sugar, egg and orange peel mixture. Mix well. Sift flour with baking powder and salt. Add to creamed mixture; mix well. Stir in granola and walnuts. Drop by rounded tablespoons onto lightly greased cookie sheets. Bake 375 degrees for 12 to 15 minutes, until lightly browned. Cool on wire racks before storing in airtight containers. Makes 2 dozen cookies (about 3 inches in diameter).

Fried Chicken \$1.99	Folger's Coffee 79¢	Wesson Vegetable Oil \$3.69	Pillsbury Flour 69¢	Ice Cream 99¢	Sego Diet Drink 4 \$1	Cake Mixes 3 99¢	Hi-C Fruit Drinks 3 \$1	Mrs. Smith's Apple Pie 79¢
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Plenty of Food to Get Fired Up About at Publix

Smoked Picnics 59¢

Large Eggs 73¢

Pork Loin Roast 99¢

Buttermilk Biscuits 5¢

Chunk Style Tuna 39¢

Sour Cream 39¢

Golden Bananas 10¢

Miracle Whip 69¢

Emperor Grapes 33¢

From Our Delicatessen Dept.

Braunschweiger 89¢

Pepperoni 73¢

Carrot & Raisin Salad 49¢

Bar-B-Queed Fryers 89¢

From Our Meat Dept.

Sliced Bacon 1.19

Corned Beef Rounds 1.19

Ham Patties 1.19

Swift's Franks 1.19

Braunschweiger 1.19

Sliced Bacon 1.19

Sliced Bologna 1.19

Hot Dogs 1.19

Sausage Links 1.19

Beef, Ham, Turkey 49¢

Copeland Franks 89¢

Hallbut Steaks 1.19

Smoked Mullet 1.19

From Our Dairy Dept.

Regular Margarine 1.19

Corn Oil Margarine 1.19

Cream Cheese 3.39

Whipped Cream 1.19

Whipped Topping 1.19

Whipped Cream 1.19

Whipped Topping 1.19

Whipped Cream 1.19

Whipped Topping 1.19

From Our Frozen Food Dept.

Apple Juice 1.19

Zooper Dooper Pizza 1.19

Beef Enchilada Dinner 1.19

French Crumb Cake 1.19

Whole Kernel Corn 1.19

Cauliflower 1.19

Parch Fillets 1.19

Sole Fillets 1.19

Fish Cake Patties 1.19

Down Produce Lane

Delicious Apples 69¢

Pole Beans 33¢

Sweet Potatoes 23¢

Bone Peas 10¢

Corn 5¢

Cucumbers 2.25

Ball Peppers 2.25

Tasty Tomatoes 2.25

Roasted or Salted Peanuts 39¢

Publix where shopping is a pleasure

Emergency Fuel Plan Helps Save Endangered Firms

By CHRIS NELSON
Herald Staff Writer

An emergency fuel distribution system for private businesses facing a shutdown because of empty gas tanks has been set up by Seminole County Commissioner Sid Vihlen Jr., who today credited the system with two "saves" in the past two weeks.

Vihlen, chairman of the county's emergency energy resources committee, also said he has set a Monday morning meeting to discuss the possibility of a county-wide rationing system.

The emergency supply plan came to light Tuesday night when representatives from Sanlando Utilities pleaded with the commission for help in the form of empty 500-gallon gas tanks.

After the Sanlando representative said emergency and repair service, as well as actual pumping of water critical for fire protection, faced an immediate shut-down from lack of fuel, Vihlen said his committee had received pledges to take care of such situations.

Wednesday, Vihlen said, Sanlando received a 500 gallon sales allocation—one month's supply—from a Sanford firm on the committee.

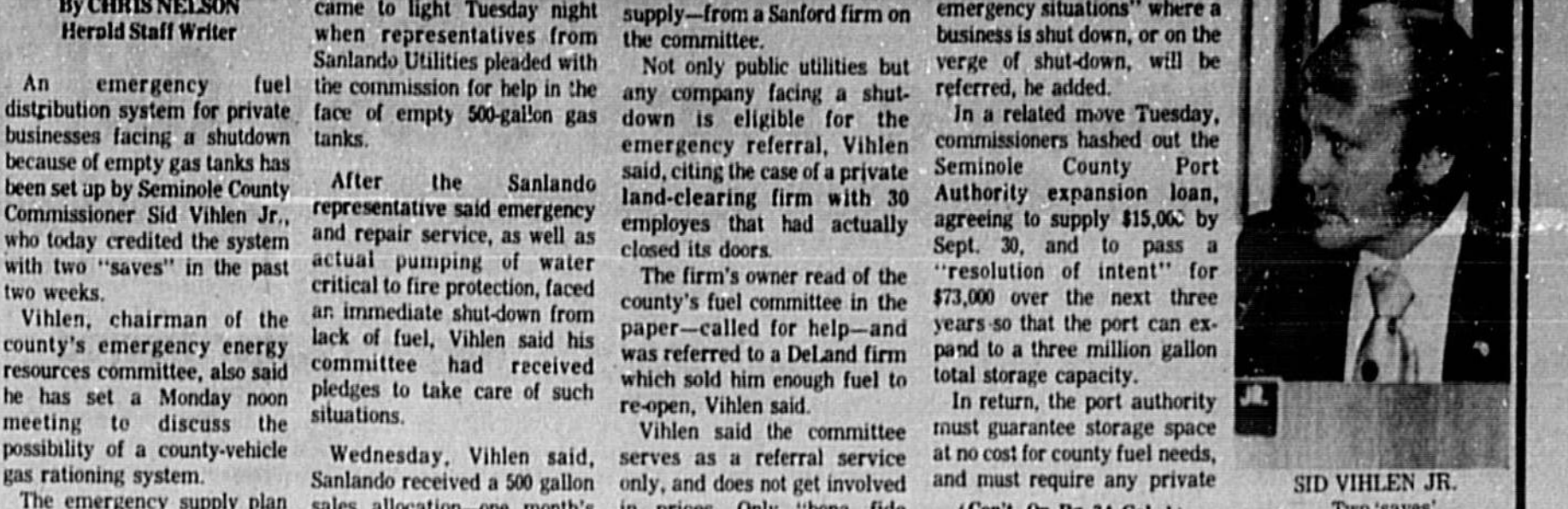
Not only public utilities but any company facing a shutdown is eligible for the emergency referral, Vihlen said, citing the case of a private land-clearing firm with 30 employees that had actually closed its doors.

The firm's owner read of the county's fuel committee in the paper—called for help—and was referred to a Deland firm which sold him enough fuel to re-open, Vihlen said.

Vihlen said the committee serves as a referral service only, and does not get involved in prices. Only "bona fide emergency situations" where a business is shut down, or on the verge of shut-down, will be referred, he added.

In a related move Tuesday, commissioners backed out the Seminole County Port Authority expansion loan, agreeing to supply \$15,000 by Sept. 30, and to pass a "resolution of intent" for \$75,000 over the next three years so that the port can expand to a three million gallon total storage capacity.

In return, the port authority must guarantee storage space at no cost for county fuel needs, and must require any private (Con't. On Pg. 2A Col. 1)



The Sanford Herald

Thursday, February 7, 1974—Sanford, Florida 32771
66th Year, No. 145 Price 10 Cents

Garbage Franchise Opposition Mounts

By JEAN PATTISON
Herald Staff Writer

Seminole County residents feel their freedom of choice and the whole free enterprise system is being jeopardized by the county commission's proposal to change the garbage collection service in the county.

The first replies to a public opinion survey being conducted by The Herald indicate almost unanimous support of the present method by which the household is free to select or change in any of the refuse companies that wish to serve his neighborhood.

The majority of commission members have proposed having a single refuse company designated by them to a district, and have everyone throughout that district accept that company's rates and service.

"The commission proposes this plan be carried out either throughout the unincorporated areas at cost, or throughout unincorporated areas and including any municipalities desiring to be included.

"Another step to discourage free enterprise and competition," commented Harry Pentecost, Altamonte Springs. "Regardless of the 'loopy' service available today most residents at least have a choice and select what they consider the best."

Most other comments ran along the same lines. "What happened to freedom of choice?" asked A.R. Smith, Sanford.

"The free enterprise system works far better than the government and we do not want the county commissioners taking us who will pick up our garbage," wrote Alex H. McKibbin, Sanford.

Forrest Greene, Altamonte Springs, concurred: "I believe government officials will do more harm than good. We need a free choice to choose our service."

Several persons echoed this concern to keep the commission out of refuse collection service, and reflected optimism as to the success of a scheme proposed by elected government officials.

"Keep the county commission out of the refuse collection business," wrote W.L. Durrenberger, Lake Mary. "My experience with this plan in Orange County was the county and refuse company simply pass the buck back and forth."

"Since the county commission spent considerable time a few years ago in a futile effort for a reciprocal garbage ordinance, in my opinion there is little reason to expect success in this venture," said Mrs. Marion Bethea, Sanford.

"I remember the last franchised garbage service—I do not want that again," declared Thomas B. Betts.

Donald and Sue Fann, Sanford, had a question: "Under proposed plan, if no one picks up my garbage, will Mr. Vihlen pick up for me? I doubt it. Under the present system I can get someone else."

The reply from Mrs. Jack B. Nichols, Matland, was pessimistic: "I wrote the county commission to let them know I felt we should have a choice, but their answer showed their minds are made up."

Other residents wrote they are well pleased with their present refuse service company—Seminole County Disposal, Inc. in all cases—and they felt there was no reason to change.

"So what if they do make a mistake some times—we all do," argued Mrs. Herbert L. Larson, Sanford. "Surely the county commission has more to do than tell me who I should have pick up my garbage!"

Government, Truckers OK End To 8-Day-Old Strike

WASHINGTON (AP) — Government negotiators reached tentative agreement with representatives of striking independent truckers on a proposal to give the truckers quick financial relief and get them back on the road.

(Related Stories Pages 2A and 5A)

The truckers said they would recommend acceptance but said it may take at least 48 hours or possibly longer before it can be ratified.

In the meantime, they urged the drivers to stay home and refrain from violence until they can explain the agreement and complete a ratification vote.

Details were not immediately spelled out, but government officials said the Interstate Commerce Commission would announce later today approval for a temporary surcharge that would allow the truckers to raise their rates. The amount of the added fee was not disclosed.

The government also gave full assurance that fuel stops would be supplied with all their fuel needs. In addition, the freeze on diesel fuel prices ordered by President Nixon Tuesday would remain in effect until Congress acted on legislation enabling the truckers to pass on the increase in fuel costs since last May.

The Department of Transportation and the Federal Energy Office were to announce later today additional measures that the negotiators said were intended to "let the trucks roll," the negotiators said.

Secretary of Labor Peter J. Brennan, appearing on a NBC news program, said details of the settlement involve the government's new willingness to impose the

surcharge on freight rates and to study some of the other problems pointed out by the truckers.

Brennan said there would be no rollback on fuel prices and that he did not expect the current freeze on diesel fuel costs at the pump to remain in effect longer than one month.

Two of the stumbling blocks mentioned by truckers earlier were no government assurances that the freeze would last long enough to allow the Interstate Commerce Commission to complete action on the passed through fuel costs provision, and the lack of a surcharge to cover increased costs other than fuel.

Brennan said both the Department of Transportation and the ICJ had agreed to study some of the other problems raised by the truckers. He said some of the problems were as much as 40 years old.

Ghost Appears Again

A "ghost" struck a Winter Springs home Wednesday night—fourth time in a month—leaving a guest slightly injured from a flying 35-pound terrarium and her hostess in a state of shock, the couple told police.

Susan Anastagrossa of Casselberry was injured, but she did not need the ambulance that was sent to take her to the hospital, police said.

"I don't know if she was knocked out by the impact or by sheer shock," Mrs. Patty Turner said.

Harry and Patty Turner said the ghost or poltergeist has been plaguing them for a month.

The Turner home on 411 Cedarwood Ct. has been hounded about and broken on the walls.

The Turners said they have called police on the poltergeist, and one time two police officers and John Govevark, Winter Springs police chief, saw the ghost in progress. Govevark was unavailable today for comment.

Lake Mary Might Sign Regional Sewer Study

By BOB LLOYD
City Editor

Lake Mary City Council will consider signing a regional sewer system study agreement with Sanford and Seminole County Monday night, according to Councilman John Norden.

Sanford has already signed the agreement and County Commission Chairman John Kimbrough has been authorized to sign it. Sanford and the county will split the \$15,000 study cost. Lake Mary is not required to participate in funding.

Kimbrough said the county is "very interested" in regional sewer systems and is also talking along this line with the City of Casselberry.

"We're ready to move on this study (north Seminole) and see no great problems that can't be worked out," Kimbrough said.

Cal Conklin, of Clark Dietz and Associates, said the study will be completed by March 6 and will provide information required to submit an application for the summer fall 75 per cent federal funding of a regional sewer system for north Seminole County.

"This study will be almost as important as land use plans in planning the county's growth," Conklin told representatives of the cities, county and state Department of Pollution Control Wednesday night. "It will be a part of land use plans and another tool to help governments in planning and zoning."

Conklin said the study will provide alternate locations of sewage treatment plants, configurations of collection systems and cost estimates.

The uncompleted study projects a conservative population figure of 80,000 for north Seminole by 1990, Conklin said, but the projection could be increased as design plans for a regional sewer system progress.

County Planner Roger Neiswander noted that a possible mass transit corridor along Interstate 4 "could change land use and density thinking" and affect a regional system.

Conklin said system planning can be modified as development becomes evident. Treatment plants could be designed to handle future hook-ups in new rural areas, he said, noting U. S. Public Health Department studies show installing sanitary sewers in areas with four or less people per acre is not economically feasible.

Mayor To Name City Judge

By DONNA ESTES
Herald Staff Writer

WINTER SPRINGS—Mayor Roy McClain said today he will submit the name of a new municipal judge to replace resigned Ned Woolfolk at Monday night's city council meeting.

According to the city charter, a one-year appointment to the post must be confirmed by the council majority present at the meeting.

"I have every reason to believe the council will confirm the appointment to forestall any lapse in the municipal court system," McClain said, adding that he has concurred the court's plea day scheduled for next week.

He declined to name his choice of a successor to Woolfolk, preferring to send the lawyer's resume to council members before the name is publicly released.

Woolfolk said he resigned in the wake of a Florida Bar Association ethics committee decision that it could be a conflict of interest for members of the same law firm to represent a governmental body in separate capacities.

Woolfolk is an associate in City Atty. Tom Freeman's Altamonte Springs law practice.

Board Orders Immediate Study Four-Day Week Proposed For Area Schools

By MARK WEINIZ
Herald Staff Writer

A man died of burns received when flames exploded while he was sipping gasoline from a cup into his car this past weekend in Miami.

Police said Alexandre Pribyl, 27, was burned over his one-cent water heater in his garage killed the gasoline fumes.

The Sanford Salvation Army is involved in a program of teaching young people to play musical instruments. Qualified instructors are ready to teach, but there are not enough usable instruments available.

If you have any old instruments lying around in your closets or attic, call the Salvation Army at 222-2612.

Seminole County School Board Wednesday when it called for an immediate study on putting some schools on a four-day week.

A report on the new plan for the Feb. 13, and if the four-day rotating schedule proves feasible the board may adopt it at the next meeting, Chairman Dave Sims said.

"The plan is so simple it scares us," Sims said. "If we determine the plan is educationally sound and if we can get permission from the state to adopt it then I would like to see the schools in the south end of the county put on the four-day week," Sims said.

The state will have to approve the longer school day and the reduced length of teacher contracts, Sims said.

The plan would be a pioneer project in the state if adopted, Sims said.

The plan was outlined to the board by Dan Daug director of secondary education who said the student body would be divided into three groups with only two groups in school at one time. Each group would begin school on a different day each week and the plan would increase school capacity by one third without retooling, construction or additions, Daug said.

The plan would extend the length of the school day but not the school year, Daug said.

"The plan could be implemented tomorrow if we were sure it was sound and that it would be approved by the state," Sims said, "therefore, it is not like we are jumping into some complex plan with only a crash study."

Board members Jean Bryant and Allan Keith asked that the report focus on how the plan would affect educational quality, state allocations and school zones.

A state consulting team in Seminole County helping the board consider increasing school capacity to 2,400 for high schools. If the board decides to continue with capacity increase plans that would mean a high school could house 3,600 students with the four-day plan, Sims said.

If the school capacity is increased middle schools would house 1,200 students and elementary schools would house 700 students according to current board plans.

Sims said the shortened week could also be used at elementary and middle schools.

Board Member R.G. Feather said he felt the four-day plan was an emergency and he would not be ready to accept it unless it was accompanied by a master plan.

School Supt. William P. Lauer said his original recommendation on zoning changes for the 1974-75 school year stands.

Lauer has presented a feeder system plan to the board, but the board was not willing to accept it because it "did not meet present needs."

Sims said the board should have made a decision on zoning Jan. 21. He warned that the delay is holding up the budget.

However, if the plan could be worked into the county it would be worth waiting an extra week to get, Sims added. Although the board seemed to favor the four-day plan there may be additional difficulties in implementing it.

Sims said he knew of only one other school in the country on the plan, and since it is near there could possibly be unseen problems.

School principals gave unanimous support to the plan, Sims said. One parent at the meeting labeled the plan a conservative alternative to the school retooling.

School principals also reported that a small sample of students were surveyed on the plan and they favored it.



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