

2-17

ACROSS

1 18, Roman numeral

4 Suppress

9 Bent to one side

12 Dress style (sl)

13 Bears

14 Written approval of a debt

15 Each and every

16 Beginning

17 Clothes

18 Scribers

20 Swelling

23 Belonging to the thing

24 Three (prefix)

25 An

28 Hostility

30 Young lady (Fr. abbr)

34 12, Roman numeral

35 Enlarge (Fr. abbr)

37 Egypt (abbr)

38 Country hotel

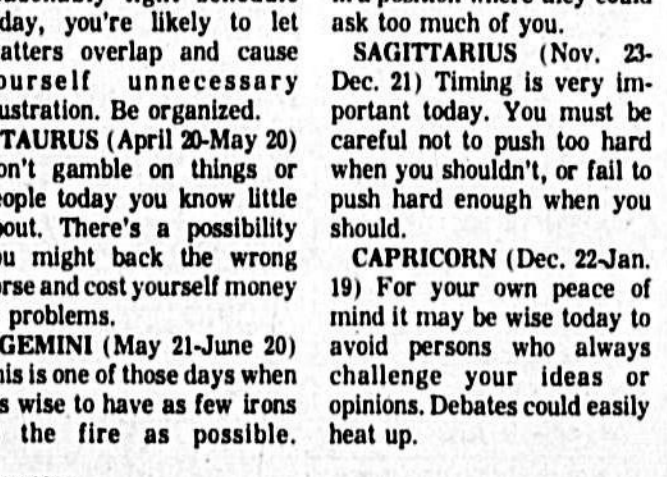
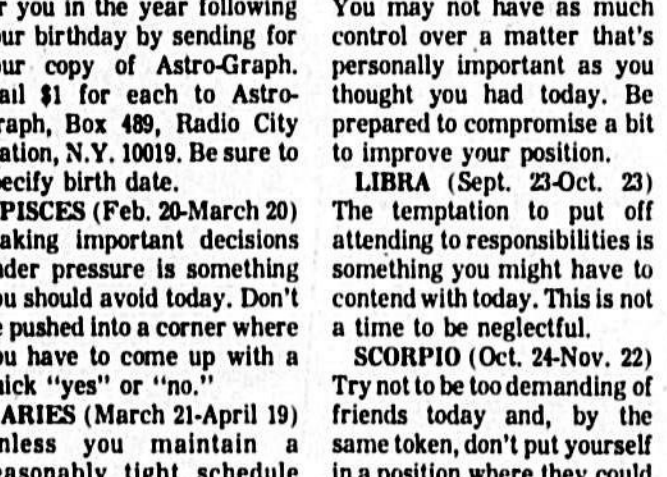
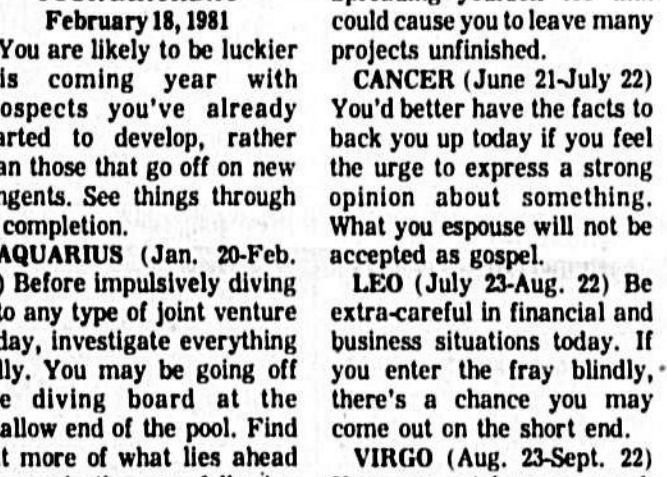
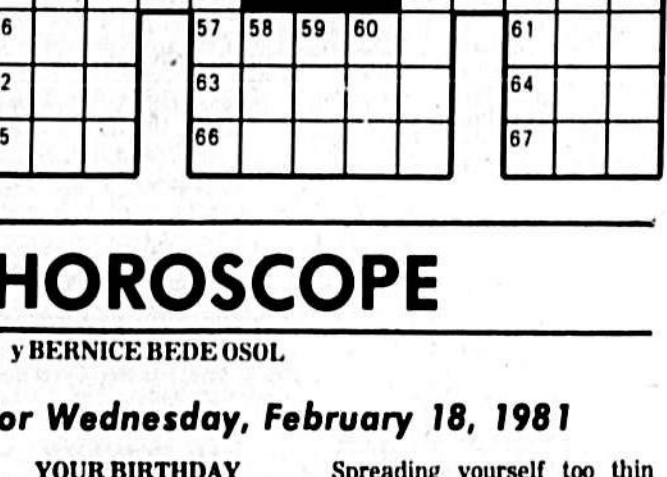
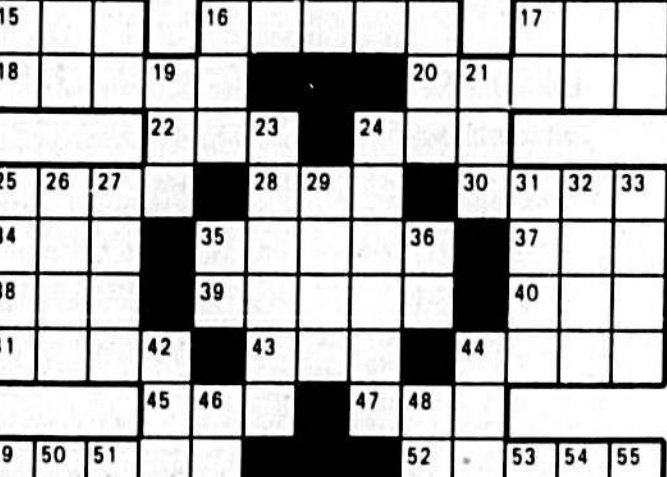
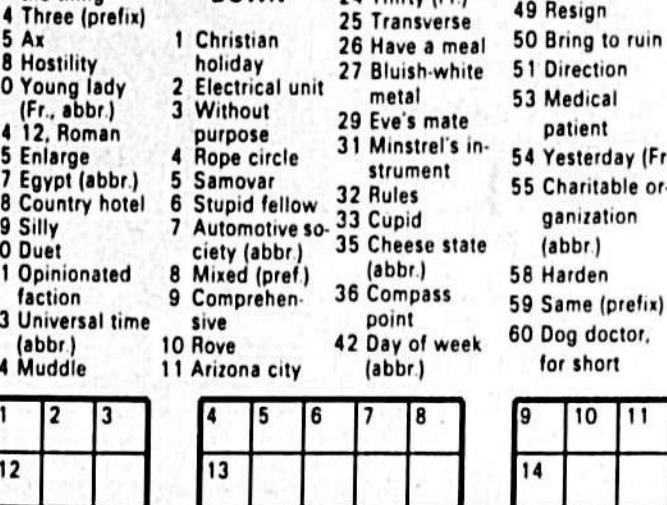
39 Silly

40 Dab

41 Opinionated faction

42 Business point (abbr)

44 Middle



2-17

Dilantin Good In Seizure Control

Dr. Lamb

DEAR DR. LAMB — I was recently put on Dilantin for what the doctors diagnosed as epilepsy. I am a 22-year-old female and had no problems before now. My doctor says I must have a blood test every three months and a test that has something to do with my liver. My doctor is foreign-born and I find it hard to understand him. Could you please tell me what the side effects of Dilantin are and what I have to look forward to?

DEAR READER — Dilantin is one of the most effective medicines used to control epileptic seizures. It has been used for a long time. There are other medicines that can also be used. If your seizures are not controlled at first, you should understand that it sometimes takes awhile to find the right combination and the right amount for your system. It is often a trial and error procedure.

There are many side effects of Dilantin that can occur. Fortunately, they don't occur very often. One of the side effects is to cause liver damage, which is why you will be getting a liver test. Your doctor may want to know what level of Dilantin you have in your blood to be sure the right amount is being absorbed in your system. Occasionally, Dilantin affects the production of white blood cells and the small platelets that are related to blood clotting.

You need to know that Dilantin often causes an increased growth of the gingiva (gums) around the teeth. You'll need to make a greater effort and enlist the aid of your dentist to help you avoid dental hygiene problems. It is important that you never stop your medicine abruptly. Sudden withdrawal can cause severe repeated seizures. If your dosage needs to be decreased or stopped, it should be done gradually, under your doctor's supervision.

Since you are having a problem understanding your physician, you may par-

HOROSCOPE

by BERNICE BEDE OSOL

For Wednesday, February 18, 1981

YOUR BIRTHDAY February 18, 1981

You are likely to be luckier this coming year with prospects you've already started to develop, rather than those that go off on new tangents. See things through to completion.

WIN AT BRIDGE

enough for Slavenberg to bid the slam which was not a very good one, although some unscrupulous clubs are breaking 3-3 and other suits behaving fairly well.

Kreyns won the diamond lead with dummy's ace and played ace and deuce of spades. West played the queen to lose, but King A diamond came back and was ruffed. Then came two rounds of trumps ending in the South hand, a diamond ruff in dummy and a spade ruff in his hand, followed by the play of the last trump.

Contest Entries Tempt Palate

LOS ANGELES (UPI) — There's a mouth-watering recipe featuring a "Presidential Flavor" ice cream containing jellybeans, and another taste-tempting concoction of cascading ice cream and streaming toppings called "Mount St. Helens."

Community Colleges Protest UCF Enrollment Cap

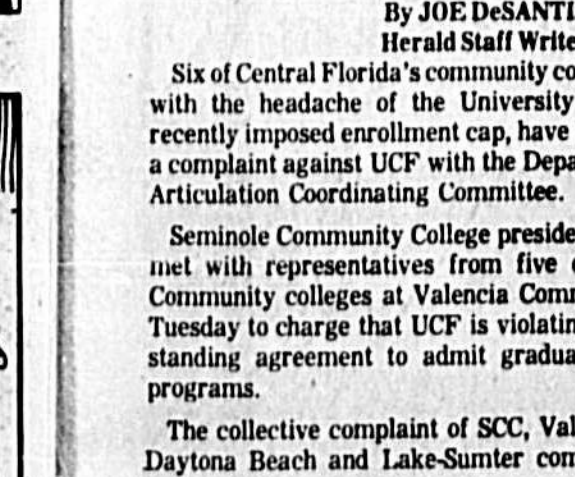
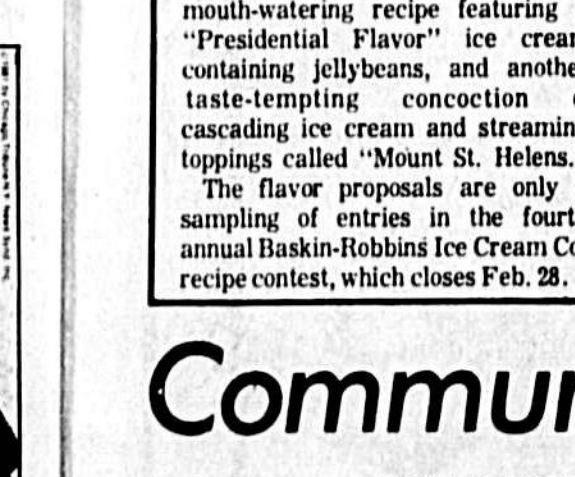
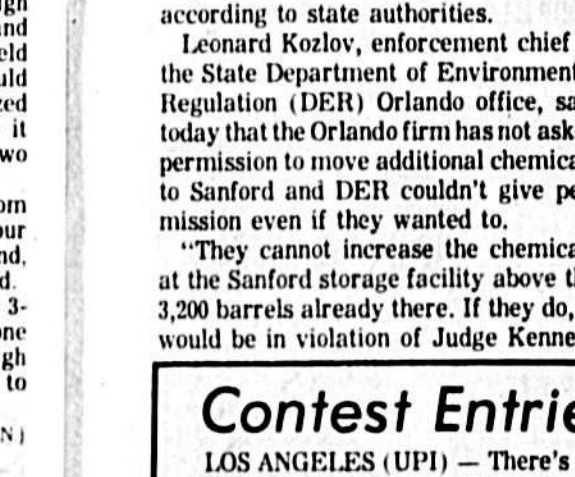
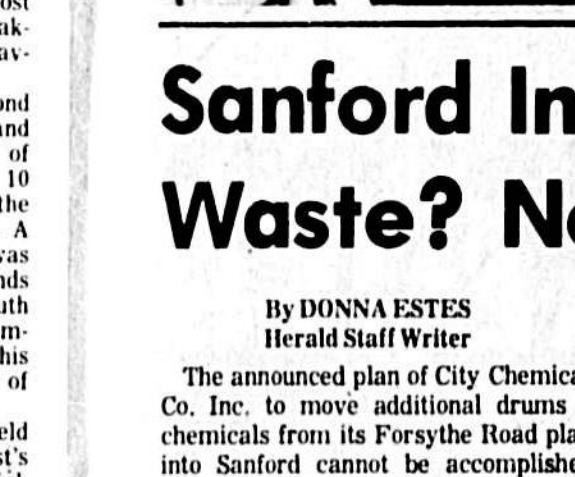
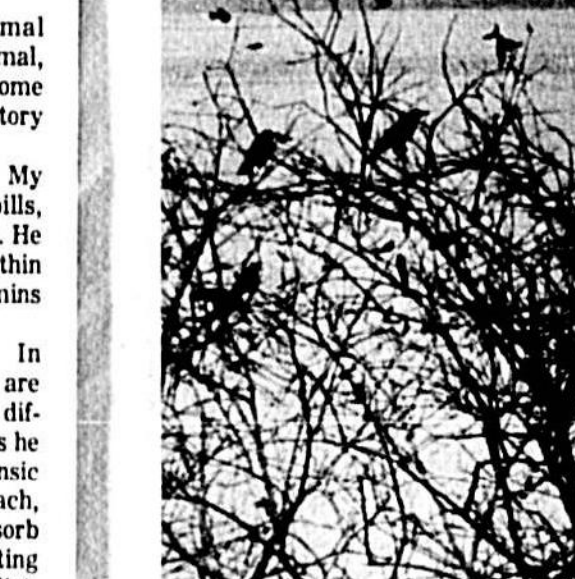
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'Ship Of State Out Of Control'

Reagan Asks Huge Spending, Tax Cuts

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2-17



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Sanford In For More Chemical Waste? No, Says DER Official

By DONNA ESTES
Herald Staff Writer

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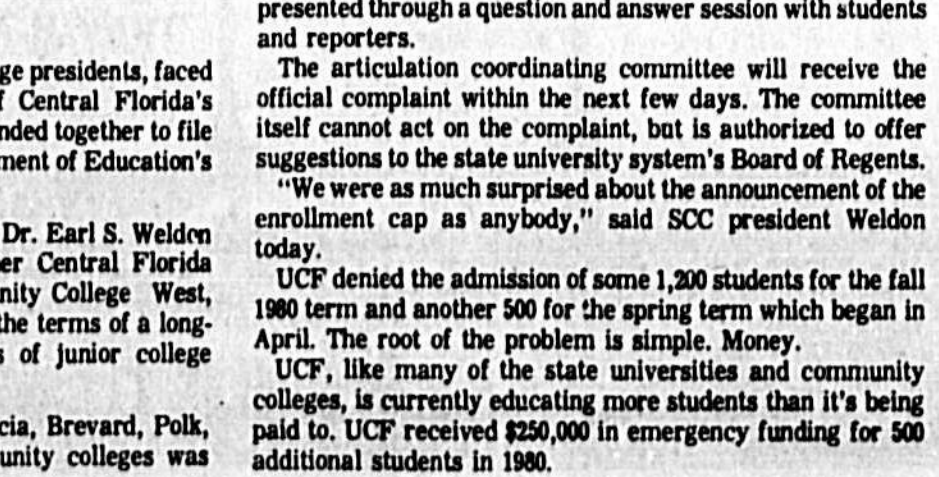
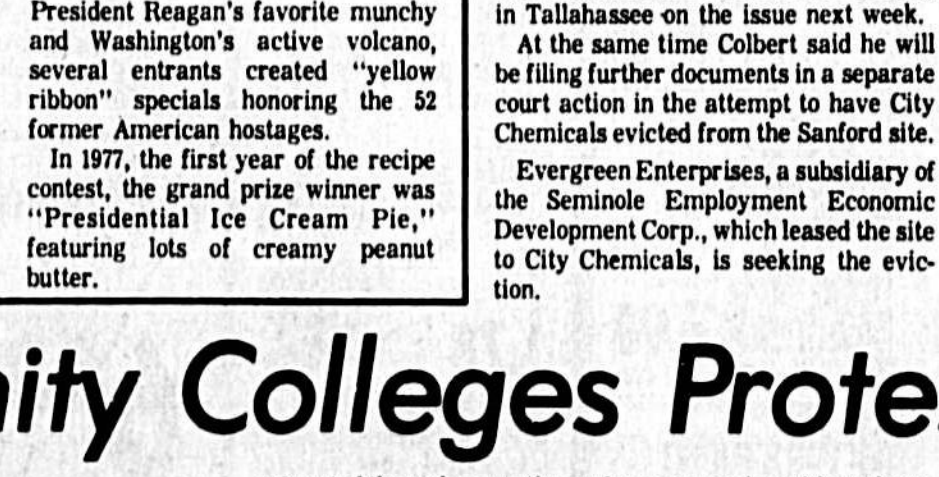
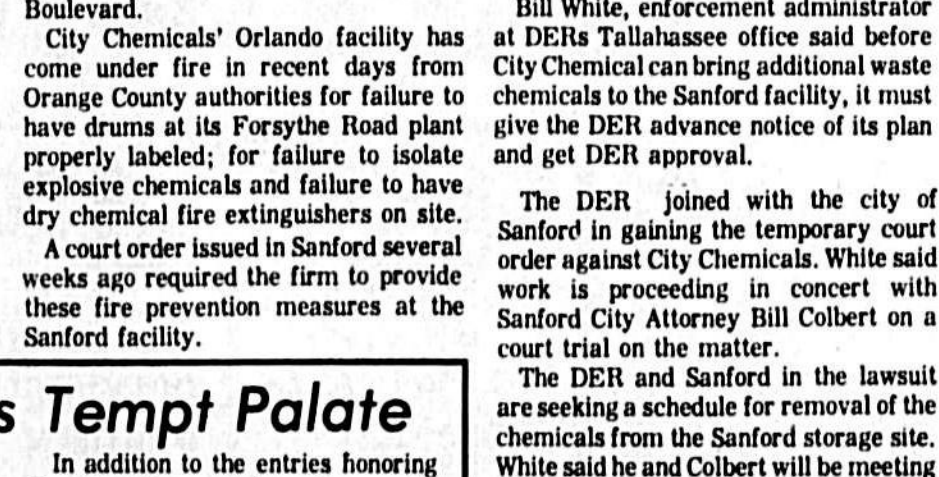
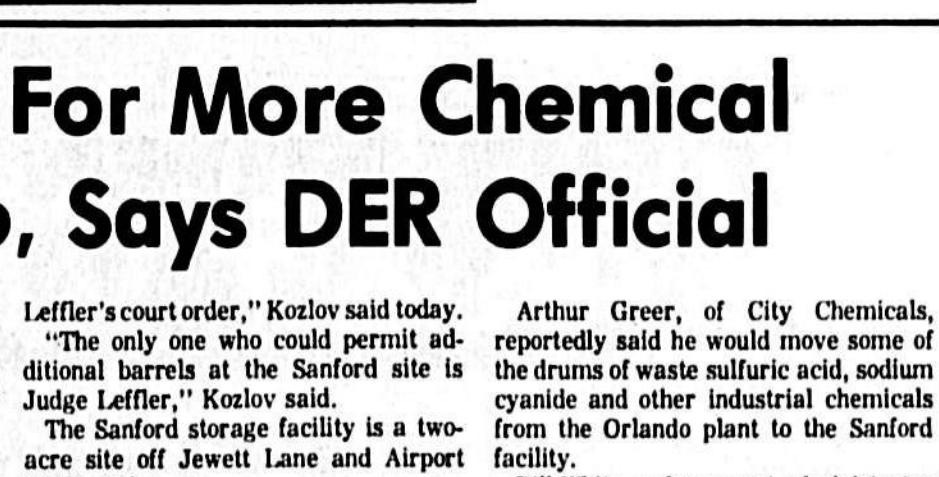
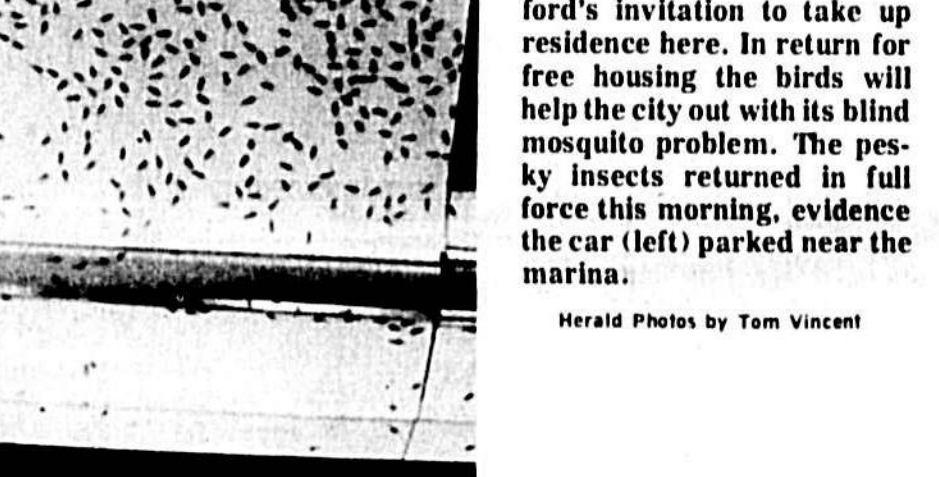
Leonard Kozlov, enforcement chief of the State Department of Environmental Regulation (DER) Orlando office, said today that the Orlando firm has not asked permission to move additional chemicals to Sanford and DER couldn't give permission even if they wanted to.

"They cannot increase the chemicals at the Sanford storage facility above the 3,200 barrels already there. If they do, it would be in violation of Judge Kenneth Leffer's court order," Kozlov said today. "The only one who could permit additional barrels at the Sanford site is Judge Leffer," Kozlov said.

The Sanford storage facility is a two-acre site off Jewett Lane and Airport Boulevard.

City Chemicals' Orlando facility has come under fire in recent days from Orange County authorities for failure to have drums at its Forsythe Road plant properly labeled; for failure to isolate explosive chemicals and failure to have dry chemical fire extinguishers on site.

A court order issued in Sanford several weeks ago required the firm to provide these fire prevention measures at the would-be in violation of Judge Kenneth Leffer's court order," Kozlov said today.



2-17

Meet Set On Fire Jurisdiction Flap

Seminole County and Sanford fire department chiefs will meet 4 p.m. Thursday to thrash out differences over who will fight fires at county buildings in the city.

Sanford Fire Chief William C. Gailey and Public Safety Director Gary Kaiser will discuss the matter.

County Commissioner Robert G. Feather last week suggested that the county fire department be given the responsibility for fire protection of county-owned buildings in the city. And Kaiser said he and his colleagues authorized David Hotary, county administrative services director, to install an alarm system from all county-owned buildings to the nearest county fire department unit.

Kaiser said the meeting is being held for "pre-fire planning" developed for the courthouse by the county fire department and to formulate a coordinated effort for responding to fires at county buildings. "We want to put together procedures so both departments can work together," Kaiser said.

Kaiser said the Sanford Fire Department has been providing fire protection for numerous times combating large fires in the city.

Feather said earlier that the question of which department would be the one to fight the fire should occur in the courthouse must be resolved. Feather said during some false alarms at the courthouse the Sanford Fire Department arrived, not fully prepared, believing it was a false alarm.

Assistant Sanford City Manager Steve Harriet said due to the number of false alarms at the courthouse, a procedure was worked out with Kaiser's department where city fire personnel would check with the courthouse by telephone to determine if alarms were false. The telephone call would be followed by an inspection by city fire department personnel, Harriet said.

Kaiser said today he could not recall an arrangement like that. -DONNA ESTES

Three Time Loser TODAY

DES MOINES, Iowa (UPI) — Elton Adams just wanted to take his vacation in Hawaii.

Instead, he spent Tuesday looking over police mug shots, trying to find the people who robbed him, and robbed him, and robbed him.

Adams, 65, told police a woman jumped into his car while he was stopped at an intersection Monday night. He said she wrestled away his keys containing \$150 and fled.

In an attempt to learn her identity, he stopped in a nearby pool hall — only to be robbed again by a man who took \$300 in travelers' checks the woman robber had left behind.

Adams returned home to find his house had been burglarized. His losses included a 400-pound safe with no money but "some very important papers," he said.

Adams looked over police mug shots Tuesday — the day he planned to take his cash and travelers' checks and leave for Hawaii.

These immediate problems are being compounded by the shrinking ratio of the number of workers paying into the system and the now of retirees drawing from it.

Possible solutions include cutting benefits, restricting eligibility; raising taxes, delaying the retirement age or administering it financial aid from disability and Medicare funds.

But lawmakers made it clear in questioning the program, they headed a congressionally mandated study, that they oppose increasing taxes or having the government borrow from outside sources.

Gwiztan's panel recommended Medicare be funded by income tax money — with the freed-up funds from the payroll tax going to the retirement system. It also would impose a 2.5 percent income tax surcharge to make up the shortage.

"I think the committee can find some way to do it (fix Social Security) without raising taxes," said Chairman J.J. Pickle, D-Texas.

Action Reports

Around The Clock	2A
Calendar	4A
Classified Ads	11A-12A
Comics	11B
Dear Abby	1B
Deaths	2A
Editorial	4A
Nation	3A
Ourselves	1B
People	5B
Sports	8A-10A
Television	6B
Weather	6B
World	2A

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Seminole Community College president Dr. Earl S. Weldon met with representatives from five other Central Florida Community Colleges at Valencia Community College West, Tuesday to charge that UCF is violating the terms of a long-standing agreement to admit graduates of junior college programs.

The collective complaint of SCC, Valencia, Brevard, Polk, Daytona Beach and Lake-Sumter community colleges was presented through a question and answer session with students and reporters.

The articulation coordinating committee will receive the official complaint within the next few days. The committee itself cannot act on the complaint, but is authorized to offer suggestions to the state university system's Board of Regents.

"We were as much surprised about the announcement of the enrollment cap as anybody," said SCC president Weldon today.

UCF denied the admission of some 1,200 students for the fall 1980 term and another 500 for the spring term which began in April. The root of the problem is simple. Money.

UCF, like many of the state universities and community colleges, is currently educating more students than it's being paid to. UCF received \$250,000 in emergency funding for 500 additional students in 1980.

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WASHINGTON (UPI) — President Reagan will contend "the ship of state is out of control" and recommend 80 specific federal spending cuts totaling \$49.4 billion in his address to Congress tonight. The cuts will include some subsidies paid to traditionally protected constituencies.

The Reagan program will call for massive tax cuts beginning July 1 for individuals, and retroactive to Jan. 1 for businesses. Published reports placed the tax cuts at \$53.9 billion for next year, with \$44.2 billion for individuals and \$9.7 billion for businesses.

Reagan will unveil the highlights of his economic recovery program in a nationally televised address before a joint session of Congress at 9 p.m. EST.

White House press secretary Jim Brady said Reagan will propose "eliminating (business) subsidies for those who can afford to do without them... for those who can't justify them under any needs test."

Highly placed sources told United Press International Reagan will propose \$4.1 billion in budget cuts for fiscal year 1982, which starts Oct. 1, along with \$8 billion for the current year.

ABC News reported Reagan will estimate the deficit for fiscal 1982 at \$17.5 billion, the lowest since 1974.

"The president is expected to say the ship of state is out of control," said Brady. "He will say it is within our power to change the situation... that there's nothing wrong with the system."

The military will be the one area where federal spending will increase, he said. A 30 percent across-the-board individual income tax cut spread over three years will be included in the Reagan message, along with an accelerated depreciation tax break for business "to stress the creation of new jobs and increased productivity."

House Speaker Thomas O'Neill cautioned that Congress will not give Reagan everything he wants, nor will it move quickly to approve the bill.

"Legislation made in haste makes for an awful lot of waste along the line," said O'Neill.

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White and colors.

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1.37 Ea. Roll
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Self-adhesive vinyl.

2.47
4-pc. Painting Kit
9" quality roller set.

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White and colors.

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WEST ORLANDO 3135 WEST COLONIAL NEAR TEXAS AVE.	S.E. ORLANDO 1901 SOUTH SEMORAN AT CURRY FORD	EAST COLONIAL HERNDON PLAZA ACROSS FROM FASHION SQUARE	S. ORLANDO 7323 S. ORANGE BLVD. TRAIL AT SAND LAKE RD.	CASSELBERRY U.S. HWY. 17/42 NEXT TO JAI-ALAI FRONTON	ALTAMONTE SPRINGS 911 W. HWY. 434 AT FOREST CITY RD.	WINTER PARK HWY. 17/92 AT LEE RD. 191 SOUTH ORLANDO AVE.

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O'Shaughnessy, Brightman Bury Lyman

Spruce Creek Whips 'Crabs To Move Into 5 Star Top Spot

Lake Howell's Tim O'Shaughnessy and Bruce Brightman don't show much resemblance to morticians. They don't wear grey suits or lipote quietly around funeral parlors. Tuesday night at Lake Howell, however, the sticky-fingered dynamic duo buried Lyman 81-69. The loss damaged the Greyhounds' Five Star hopes as they dropped to 11-4. Overall, the 'Hounds are 19-8, Lake Howell is 8-7 and 13-12. Lyman fell one game behind Spruce Creek, who whipped Seabreeze 60-50 on 20 points from Mack Home. The Greyhounds must win at Port Grand Friday to throw the Five Star into a tie. O'Shaughnessy, a 6-foot-0 guard, entombed the Greyhounds in the first half with a tremendous 6-of-7 shooting performance as Howell built a 42-27 bulge. After Lake Howell survived nine first-quarter points by Antoine "Pop" Lemon, he bolted early in the second session. Holding an 18-13 edge, Brightman stole the ball and scored. O'Shaughnessy, then did the same and tallied on a dazzling spin move down the middle. Senior Fred McKnight followed with a basket and when forward Mark Layton dropped in three straight from close range the Hawks lead was up to 32-19. "I'd take my first dribble, they'd come up and then I'd go by them," said Layton about his close-range accuracy. Two of Layton's baskets came on pre-like assists from Brightman, who in turn had received the ball following an O'Shaughnessy theft. "We've played together so long, we know each other's moves," informed O'Shaughnessy. "Offensively, I started driving the middle more and it opened things up." Layton boosted his margin to 40-21 with one minute to play when O'Shaughnessy blocked an Eric French shot and fed a speeding Brightman for the layup.

We felt we had four people who could really play. Fred (McKnight) is turning out to be the fifth. —Howell Coach Greg Robinson

"I was releasing early," said Brightman about the numerous breakouts in quarter two. "We would rotate. One time Tim would go for the steal and the next time I would. In the Hawks' torrid second quarter, they connected on 11-of-15 shots. Lyman, meanwhile, hit a decent 7-of-13, but coupled with a 6-of-16 first quarter, was only 13-of-29 for the half. Howell hit 7-of-11 in quarter one for an outstanding 18-of-26.

Layton, a cousin to former Southern Cal All-American Dennis "Mo" Layton, followed O'Shaughnessy with 11 of his own. Layton tossed in 13 for the 'Hounds. "They hit and we missed," was how a flu-stricken Tom Lawrence summed up the evening. "Once we got down, it was tough to come back." But come back they did, within 45-35, until Brightman drove the baseline for one basket, tallied again on a great pass from O'Shaughnessy, then maneuvered his body to hold off Lemon on another successful layup. Brightman's ennobling act blew up the lead to 52-35 with four minutes to play in the third quarter. Lyman made another charge just into the fourth quarter. After Brightman landed on Lemon in a loose ball scramble and "Pop" went to the sidelines, forward Kevin Hillman caught fire. "The high-handed senior hit two jumpers to pull Lyman within 58-51 and the 'Hounds looked ready to rise from the grave. A high-arching bank shot by McKnight, though, ended any resurrection thoughts by Lyman. Brightman then hit two free

throws. Layton scored on a goal tend by French and O'Shaughnessy added two more tosses to put the game out of reach 66-53 with over five minutes left. Layton proceeded to notch 11 straight free throws until Chuck Scott missed his second chance with 2:07 to play and the Hawks up 77-62. With 1:22 to play, Coach Greg Robinson cleared his bench on the "Senior and Parent Appreciation Night" as the starters left a standing ovation. "O'Shaughnessy was fantastic," crowed Robinson after the win. "He's the hardest working kid I've got. When it hits 2:30 p.m. (practice time), he's ready to go." The smooth senior finished with 17 points, seven assists and four steals. Brightman contributed 19 points, 10 assists and three steals. Layton tallied 19 also, while McKnight threw in 15. Scott added nine. "We felt we had four people who could really play," observed Robinson. "Fred is turning out to be the fifth. He did a great job." Lemon paced Lyman with 26 points. French with 13, senior Neal Gillis with 10 and Hillman with 10 completed the 'Hounds' double figure. In the junior varsity game, Alexis Cleveland tossed in 24 points while Vince Presley and Willis Perry each collected 10 as Lyman bombed Howell 72-50. The JV 'Hounds are 17-4. Hillman (69); Gillis 10, Scott 6, French 13, Lemon 26, Hillman 10, Evans 0, Stribling 0, Rogers 0, Thomas 4, Gillman 0. Totals 31 6-11 69. Lake Howell (81); Brightman 19, O'Shaughnessy 17, Layton 19, French 13, McKnight 15, Sebag 0, Studley 0, Harris 0, Owens 0. Totals 32 17-25 81. Team fouls: Lyman 18, Lake Howell 13. Fouled out: French. Technical fouls: none. 18 24 16 23-81 13 12 22 22-69 Lyman



Lake Howell's Mark Layton beats Lyman's Eric French to the hoop for two of his 19 points. Howell beat the 'Hounds 81-69.



Excuse me!

Tampa Bay's Isaac Hagins (top) eases past a surprised Bobby Lundquist in the Bucs-Faculty basketball game last night at Seminole. It was the Tribe faculty that did the easing later as they whipped Tampa Bay 96-74 behind 33 points from Alex Holcomb. Lamar Ricardson tossed in 19 while Doug Williams had 22 for the Bucs and Jimmie Giles added 21.

Raiders Can Clinch Title Tonight At Ocala

Joe Sterling's Seminole Community College Raiders venture to Ocala tonight to take on Central Florida Community College at 7:30. A victory tonight will wrap up the division and an automatic state playoff spot for the Raiders who are 26-2 overall and 11-1 in the division. Florida Junior College (Jacksonville) paved the way for a SCC championship by knocking off highly favored Sante Fe 73-67 in the Jacksonville Coliseum Tuesday night. The loss drops Sante Fe to 10-3 with just one game (Daytona Beach) remaining Thursday. "I don't know what happened," declared a still-stunned Kenny Drost about the upset. "It was a 5 p.m. game, there was nobody there, we just weren't emotionally ready. The Raiders are assured of a tie and one victory tonight or Saturday at home against Daytona gives them the title. The Raiders defeated Central Florida 93-68 on Jan. 28 at home. The Patriots had the misfortune of losing five of their better players to academic difficulties around Christmas. "They're pretty well down," said Sterling about the CFCC seven-man roster. "But they do pretty well with what they have."

Seminole County Sweeps Soccer

Seniors John Jane and Darrell Knight booted goals and goalie Phil Ren turned in a shutout as Seminole blanked Apopka 2-0 in the opening round of Tuesday's District 4A-9 soccer tournament. Seminole will meet Lake Brantley Thursday at 8 p.m. on the Patriots home turf. Brantley skunked Mainland by an identical 2-0 score. Mike Harris and John Lundberg tallied the Lake Brantley goals. In other district matchups, Lake Howell whipped Spruce Creek 2-1 and Lyman plastered DeLand 5-0 to give Seminole County a sweep of soccer victories. "Seminole's super scorer John Jane heads for 'net in the Tribe's 2-0 blanking of Apopka Tuesday.



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Briefly

Girls District Basketball Pits Tribe Against Lyman District 4A-9 girls basketball opens in DeLand tonight with Mainland taking on Lake Howell at 8:15 and Seminole opposing Lyman at 8. The Sanford-Lyman matchup should be an interesting battle. Coach Cheryl Klein's girls wallopped the 'Hounds early in the year, but Bobby Locke's squad returned the favor last Tuesday. The Tribe held a lead going into the last quarter, but Vikki McMurrer and Sudie Ferritto paced an 18-2 Lyman tear which did in Seminole. In Thursday's action, 21-4 Apopka meets Spruce Creek at 8:15 p.m., while 15-7 DeLand battles Lake Brantley at 8 p.m. Apopka is seeded first. Mainland second and DeLand third in the four-day affair which wraps up with semi-finals Friday and finals Saturday. Drivas Drives Hawks To Win First sacker Jay Drivas drove in six runs Tuesday to lift Lake Howell past West Orange 12-0 in the opening round of the Early Bird Tournament at Evans. The left-handed hitting senior went 2-for-3 at the plate and right hander Steve Stripp blanked Orange on four hits.

JCPenney Auto Center We won't steer you wrong.

Advertisement for JCPenney Auto Center featuring a 'Sale 2 for \$70' on tires. Includes a list of tire models and prices, such as P155/80R13 for \$44 and P185/75R13 for \$55.

Advertisement for JCPenney Auto Center featuring a 'Sale 4 for \$128' on tires. Includes a list of tire models and prices, such as P155/80R13 for \$44 and P185/75R13 for \$55.

Advertisement for JCPenney Shock Installation, Special 99¢ ea. Includes information about electronic wheel balance and wheel alignment services.

SCOREBOARD

Table with columns for 'Dog Racing' and 'Pro Basketball'. Dog racing includes tracks like All-Sanford and All-Orlando with race results. Pro basketball includes NBA Standings and results from various leagues.

Table with columns for 'Track', 'Liquor', and 'Wine'. Track includes Sanford and other local tracks with race results. Liquor and wine sections list various brands and prices.

Patriots Drop 11th

The two worst teams in the Five Star Conference did battle Tuesday night with cellar-dwelling Apopka outlasting Lake Brantley 6-3 at Apopka. The loss was the 11th in succession for Brantley boss B-B Peterson. The Big Blue are 5-21 for the year. They are a 3-2 ball club in conference. The Blue Darters improved to 2-13 in the Five Star and 8-15 overall. Five throw inaccuracy once again plagued the Patriots. "We made just 15-of-28 of which four were missed front ends of one and ones," said Peterson. With just a minute to go in period three, Brantley had struggled to within 45-41 of Apopka, but could get no closer as some more free throw misfires helped the Blue Darters go up by 10. "We played well enough to win," Peterson lamented. "If we could just stick that free throw in the hole." Center Tommy Motus paced Brantley with 15 points and 16 rebounds. Senior Andy Luce added 12 and Jay Poag and Tim Heath 10 apiece. Lake Brantley (57) Luce 12, Poag 10, Satterfield 2, Hobbs 2, Knight 6, Motus 15, Heath 10, Totals 21 15-28 57. Apopka (68) Bridges 12, Butler 10, Webb 7, Davis 2, Everett 10, Tarver 11, Swift 10, Pitts 6, Totals 29 9-16 67. 15 15 13 14-57 Apopka 21 16 12 18-67

Large advertisement for ABC Lower Prices. Features a grid of liquor and wine products with prices, including Andre's Champagne, Popov Vodka, Sebastiani Mountain Rose, and Johnny Walker Red Scotch. Includes a '6 Day Sale' and 'Happy Hour' sections.

41—Houses
HAL COBERT REALTY INC
MULTIPLE LISTING REALTOR
10 ACRES WOODED, Farmington, arid 62,000. Terms.

41—Houses
ROBBIE'S REALTY
REALTOR, M.L.S.
2191 S. Franch
Suite 4
Sanford

41—Houses
St. Johns Realty Company
The Time Tested Firm
Reg. Real Estate Broker
120 N. Park Ave. 322-6123

41—Houses
RIGGS REALTY
12,500 sq. m. Quality 100 Acres
Osteen Forest, 130.000

41—Houses
PRIME LAKE MARY FRONT
3 1/2 acres, 100 ft. deep, 100 ft. wide

42—Mobile Homes
Champion Manufacture 2 Bdrm.
Mobile Home, Carriage Cove

42—Mobile Homes
Mobile Home, Carriage Cove
Sanford Family Section

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Evening Herald
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Longwood Lincoln Mercury
Central Florida's #1 Volume Lincoln Mercury Dealer
BUY AMERICAN AND SAVE

OURSELVES
Evening Herald, Sanford, Fl. Wednesday, Feb. 18, 1981-1B

Coeur De Coeur Heart Group Gets Support From Women

Coeur De Coeur Heart Group, a new women's group, is dedicated to the support of the American Heart Association through one or more large fund raising events each year.

Chapter Honors Valentine Girl

The Gamma Lambda Chapter of Beta Sigma Phi held its semi-annual meeting at the home of honorary member and sponsor Katie Corley.

Florida Poets Asked To Enter 1981 Contest

Poets of all ages who are state residents are reminded that this year's Florida Poetry Contest is underway, with entries due no later than April 8.

Club Sets Mardi Gras

The annual contest, sponsored jointly by the University of Central Florida and the Florida Fine Arts Council, is once again under the direction of Susan Hartman, assistant professor of English at UCF.

Unwed Mom Feels 'Right' In Decision

DEAR READERS: In my mail this morning was a picture of a beautiful newborn baby boy. I'm sorry, I can't share it with you, but I can share the letter that accompanied it.

DEAR ABBY: I'm 18 years old and want to tell you about a place that is so many a godsend. It's Booth Memorial Residence, a home for unwed mothers-to-be.

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We Use Only Quality American Made Teeth. Maintain a youthful appearance for your natural teeth or cosmetic dentures.

IOWA MEATS
We Sell Only U.S.D.A. Choice Naturally Aged Western Beef
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1 Week Only 20% Off
Maternity Pantsuits & Uniform Dresses (White)

HOME APPLIANCE
Gibson Heavy Duty-Large Capacity Washer/Dryer Combination
Special Purchase! \$595 While They Last!

TONIGHT'S TV

- WEDNESDAY**
- EVENING**
- 6:00
 (10) IT'S EVERYBODY'S BUSINESS
 (17) CAROL BURNETT AND FRIENDS
- 6:30
 (1) NBC NEWS
 (3) CBS NEWS
 (7) ABC NEWS
 (15) SANFORD AND SON
- 7:00
 (1) NEWS
 (2) P.M. MAGAZINE A visit to the magical shrine at Lourdes, the Winter Nationals, one of the top events on the miniature car racing circuit. Chief Tom makes German sauerkraut. Beverly Sassoon on periodic feasts. Cathy Mann looks at Hollywood car stunts.
 (7) JOKER'S WILD
- 7:30
 (1) ALL THE FAMILY
 (4) TIC TAC DOUGH
 (10) \$50,000 PYRAMID
 (11) FAMILY FEUD
 (13) RHODA
 (15) DICK CAVETT Guest: Alec McCowen
- 8:00
 (1) REAL PEOPLE Featured a kissing contest, motorized roller skates, a TV station with a novel approach to the news, an Olympic mudbowl.
- 8:30
 (1) ENOS Enos and Turk become fugitives from the Secret Service in an attempt to save Lt. Broggs from counterfeiter.
 (2) SOMETIMES ENOUGH Tom Sawyer and Beverly Sassoon on periodic feasts. Cathy Mann looks at Hollywood car stunts.
 (7) JOKER'S WILD

- 8:00
 (1) TODAY IN FLORIDA
 (2) THE LAW AND YOU (MON)
 (3) SPECTRUM (TUE)
 (4) BLACK AWARENESS (WED)
 (5) THIRTY MINUTES (THU)
 (6) HEALTH FIELD (FRI)
 (7) SUMMIT (SAT)
 (17) WORLD AT LARGE (MON, WED, THU)
- 8:30
 (1) ED ALLEN
 (2) 177 WORLD AT LARGE
 (10) A.M. WEATHER
 (11) WHAT IN THE WORLD?
- 8:45
 (1) GOOD MORNING FLORIDA
 (2) TODAY WITH CHARLES KURALT
 (3) GOOD MORNING AMERICA
 (10) GOOD MORNING AMERICA
 (11) BUSS BUNNY
 (12) JIM BAKER
 (17) FUNTIME
- 9:00
 (1) STATE OF THE UNION ADDRESS The annual presidential State of the Union address will be telecast live from Washington, D.C.
 (2) COLLEGE BASKETBALL Alabama vs Georgia
- 9:40
 (1) MOVIE "First Love" (1977) Susan Dey, Wilmer Valli. A young couple have difficulty establishing a real relationship in the face of modern moral codes.
- 9:45
 (17) NEWS
- 10:00
 (1) QUINCY Quincy is stymied when, as a juror, he is unable to use his expertise to prove the innocence of an accused murderer.
 (2) VEGAS
 (3) BUT THEN SHE'S BETTY CARTER Jazz singer Betty Carter is profiled through interviews and performances.
- 10:45
 (17) LOVE, AMERICAN STYLE
- 11:00
 (1) NEWS
 (11) INDEPENDENT NETWORK NEWS
 (10) POSTSCRIPTS The impact of East Central Florida's Hispanic community on the economy is examined.
 (17) NIGHT GALLERY
- 11:30
 (1) TONIGHT Host: Johnny Carson. Guests: William Demarest, Anne-Marie, Pete Fountain.
 (3) NBC NEWS
 (15) JIM BAKER
 (17) MOVIE "The Lusty Men" (1952) Susan Hayward, Robert Mitchum. A cowboy does everything to become a rodeo star.
- 12:30
 (1) TOMORROW

- 11:45
 (10) MATH PATROL (MON, WED)
 (10) MATHEMATICAL RELATIONSHIPS (TUE, THU)
 (10) LETTER PEOPLE (FRI, SUN)
- AFTERNOON**
- 12:00
 (1) CARD SHARPS
 (2) INSIDE / OUT (MON)
 (10) ALL ABOUT YOU (TUE)
 (10) MATHEMATICAL RELATIONSHIPS (WED, FRI)
 (10) BOOKBIRD (THU)
 (17) FREEMAN REPORTS
- 12:15
 (10) ALL ABOUT YOU (MON)
 (10) MATHEMATICAL RELATIONSHIPS (TUE, FRI)
 (10) LETTER PEOPLE (WED)
 (10) MATH PATROL (THU)
- 12:30
 (1) NEWS
 (2) SEARCH FOR TOMORROW
 (7) RYAN'S HOME
 (10) ELEANOR
 (10) ELECTRIC COMPANY (FRI)
- 1:00
 (1) DAYS OF OUR LIVES
 (3) THE YOUNG AND THE RESTLESS
 (7) ALL MY CHILDREN
 (10) LETTER PEOPLE (MON, TUE)
 (10) ALL ABOUT YOU (WED)
 (10) MATH PATROL (THU)
 (10) COVER TO COVER (FRI)
 (17) MOVIE
- 1:15
 (10) LETTER PEOPLE (MON)
 (10) BOOKBIRD (TUE)
 (10) MATHEMATICAL RELATIONSHIPS (FRI)
 (10) STORY BOUND (THU)
- 1:30
 (1) VIDAL SASSOON'S YOUR NEW DAY
 (10) MATHEMATICAL RELATIONSHIPS (MON)
 (10) COVER TO COVER (TUE)
 (10) MATH PATROL (WED)
 (10) INSIDE / OUT (THU)

WEDNESDAY IS CHICKEN DAY

FAMOUS RECIPE

FAMOUS RECIPE'S REGULAR DINNER

3 pieces honey-dipped fried chicken, mash potatoes and gravy, cole slaw and 2 hot buttered biscuits. Honey upon request.

ALL FOR ONLY \$1.99

VALUE \$2.39

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- THURSDAY**
- MORNING**
- 4:55
 (17) MAKEOVER (FRI)
- 5:00
 (7) MARGUS WELBY, M.D. (TUE-FRI)
 (17) WORLD AT LARGE (TUE)
- 5:30
 (3) SUNSHINE SEMESTER
 (1) PAT PATROL (MON, THU)
 (17) OPEN UP (TUE)
- 5:55
 (1) DAILY DEVOTIONAL
 (7) DAILY WORD
 (17) WORLD AT LARGE (FRI)
- 6:00
 (10) STORY BOUND (MON)
 (10) LETTER PEOPLE (TUE, THU)
 (10) MATH PATROL (FRI)
- 6:30
 (1) BLOCKBUSTERS
 (1) ALICE (FRI)
 (15) DICK VAN DYKE
 (10) ELECTRIC COMPANY (FRI)
- 7:00
 (1) WHEEL OF FORTUNE
 (2) THE PRICE IS RIGHT
 (7) LOVE BOAT (FRI)
 (15) MIKE DOUGLAS
 (10) 3-2-1 CONTACT (FRI)
 (1) PASSWORD PLUS
 (10) MATH PATROL (MON)
 (10) INSIDE / OUT (TUE, FRI)
 (10) COVER TO COVER (WED, THU)
- TV Play Theaters**
- PLAZA TWIN**
 MAT. 11:15 8:15
 WED. ALL SEATS 99¢
- PLAZA I** 7:45 ONLY
Walt Disney's Song & South
- PLAZA II** 7:45 ONLY
 DOLLY PARTON
 HANE FONDA
- MOVIELAND**
 May 17-23 322-1214
 7:15 SCANNERS
 8:15 CIRCLE OF IRON

IN THE SERVICE

BRADLEY PAUL WILKE
 Army Private Bradley Paul Wilke, son of Julie Keller of 90 Sharon Springs Drive, Worthington, Ohio, and Wall Wilke of 126 Hamilton T. Lane, Altamonte Springs, recently completed advanced individual training as an armor reconnaissance specialist at the Army Armor Center, Fort Knox, Ky.

Students received instruction in the use of various kinds of weapons, maintenance of armor vehicles, map reading, communications, artillery adjustments, and mines and demotions.

MARIE L. WILDER
 Private Marie L. Wilder, son of Levi J. Wilder of 206 N. Seventh, Altamonte Springs, recently completed One Station Unit Training (OSUT) at the U.S. Army Infantry School, Fort Benning, Ga.

OSUT is a 12-week period which combines basic combat training and advanced individual training. The training included weapons qualifications, squad tactics, patrolling, landmine warfare, field communications and combat operations. This qualifies the soldier as a light-weapon infantryman and as an indirect fire crewman.

Soldiers were taught to perform any of the duties in a rifle or mortar squad.

LEO S. GRIMES
 Leo S. Grimes, son of Mr. and Mrs. Daniel G. Grimes of 500 Sweetwater Cove, Longwood, has been promoted in the U.S. Air Force to the rank of staff sergeant.

Grimes is a training controller at Minot Air Force Base, N.D.

PAUL ALBINI
 Paul Albin, son of Mr. and Mrs. Pasquale Albin of 284 Central St., Sanford, has been promoted in the U.S. Air Force to the rank of staff sergeant.

Albin is an aircraft armament systems specialist at Clark Air Base, Philippines.

DEBORAH A. SANDERS
 Airman Deborah A. Sanders, daughter of Timothy J. Sanders of Geneva, has been assigned to Lowry Air Force Base, Colo., after completing Air Force basic training.

During the six weeks at Lackland Air Force Base, Texas, she studied the Air Force mission, organization and customs and received special training in human relations.

In addition, airmen who complete basic training earn credits toward an associate degree in applied science through the Community College of the Air Force.

The airman will now receive specialized instruction in the civil engineering field.

VICTOR D. ZACCARDO
 Airman 1st Class Victor D. Zaccardo, son of Mr. and Mrs. Andrew Zaccardo of 505 W. Main Way, Casselberry, has arrived for duty at Clark Air Base, Philippines.

Zaccardo, a weapons mechanic, was previously assigned at Kadena Air Base, Okinawa, Japan.

Contemporary Gardens

GARDENER'S DREAM SALE

VAPAM
 Fumigate Your Garden And Save Many Headaches Later. Reg. 12.40. \$7.44

6-6-6
 Reg. 6.99 NO LIMIT \$4.27

COLD HARDY LANDSCAPE PLANTS
 • Variegated Pittosporum
 • Blue Yucca Juniper
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CALENDAR

WEDNESDAY, FEBRUARY 18

Sanford Rotaract, 7:30 p.m., Florida Power & Light, 301 N. Myrtle Ave., Sanford.
 Sanford-Seminole Jayceettes, 7:30 p.m., Jaycee Building, French Avenue.
 Overeaters Anonymous, 7:30 p.m., Altamonte Mall South.
 Starlight Promenaders, 8 p.m., DeBary Community Center, Shell Road.
 Air Force Sergeants Association Auxiliary, 8 p.m., McCoy Family Club.
 Sanford AA Beginners, 8:30 p.m., 1201 W. First St.

THURSDAY, FEBRUARY 19

South Seminole Optimist Club, 7:30 a.m., Holiday Inn, Wynmore Road, Altamonte Springs.
 Lake Mary Rotary, 8 a.m., Mayfair Country Club.
 Weight Watchers, 7 p.m., Quality Inn, Longwood; 7 p.m., Good Shepherd Lutheran Church, 2917 Highway 17-92, Sanford.
 Friendship Club, 10 a.m., Altamonte Springs Civic Center.
 South Seminole AA, noon, Mental Health Center, Robin Road, Altamonte Springs.
 Senior Citizens Dance, 2 p.m., Altamonte Springs Civic Center.
 Lions Club of Casselberry, 7 p.m., Gigli's, Regency Square.
 Overeaters Anonymous, 7:30 p.m., Community United Methodist Church, Casselberry.
 Sanford AA, 8 p.m., 1201 W. First St.
 At-Ann, 8 p.m., Halfway House, Lake Minnie Drive, Sanford.
 Overeaters Anonymous, 7:30 p.m., Community United Methodist Church, Casselberry.
 Sanford AA, 8 p.m., 1201 W. First St., Sanford.
 At-Ann, 8 p.m., Halfway House, Lake Minnie Drive, Sanford.
 Citrus Freeze update, 10 a.m., Seminole County Agricultural Center, Five Points.
 Senior Citizens overnight trip to Stuart for a Jupiter Island boat ride and Belle Glade for tour of farm. Leave Leeds 6:45 a.m., Casselberry; pick up at Sanford Civic Center, 7 a.m.

Seminole County Board of Realtors breakfast meeting, 7:30 a.m., Longwood Village Inn. Speaker, Bob Kunze, Fla. Assn. of Realtors administrator.

All-American Concert by Florida Symphony Orchestra, 8:30 p.m., Bob Carr Auditorium, Orlando.

Central Florida Chapter of National Spinal Cord Injury Foundation, 7 p.m., dinner, 8 p.m. special program with State Senator Tom Jennings as speaker. For reservations call 862-7703 or 295-1657.

FRIDAY, FEBRUARY 20

Lincoln Day Dinner sponsored by Republican Party of Seminole County, 8 p.m., Lord Chumbley's Altamonte Springs. U.S. Congressman Bill McCollum, speaker.

Seminole Sunrise Kiwanis, 7 a.m., Sanford Airport Restaurant.

Seminole South Rotary, 7:59 a.m., Lord Chumbley's, Altamonte Springs.
 South Valusia Sertoma, 7:30 a.m., Deltona Inn.
 Weight Watchers, 10 a.m., Sears Altamonte Mall.

SATURDAY, FEBRUARY 21

Florida Phi Mu State Day for collegians and alumnae, 9 a.m. to 1 p.m., Royal Plaza Hotel, Buena Vista. Guest speaker State Rep. Fran Carlton. For further information call 293-0665.

German American Society of Central Florida Mardi Gras ball, 7 p.m., clubhouse at 381 Orange Lane, Casselberry. Costume prizes.

SUNDAY, FEBRUARY 22

Humane Society of Seminole County, 3 p.m., Longwood Village Inn. Call Eunice at 862-4561.

PENNY SAVER

SPECIALS

PRICES GOOD THRU TUES., FEB. 23, 1981
 FOOD STAMPS WELCOME

ASSORTED Pork Chops 5-lb. or more **99¢** lb.

BEEF CHUCK BONE-IN Chuck Roast USDA CHOICE **\$1.79** lb.

LYKES SMOKED Picnic Shoulder 6-8 lb. avg. **89¢** lb.

GOLD Fryers **59¢** lb.

Snowdrift Shortening 3 LB. CAN **\$1.69** with 10.00 or more purchase

Dutch Holland Ice Cream 1/2 gal. **\$1.29**

Eggs Doz. **79¢**

U.S. No. 1 White Potatoes 5 lb. **\$1.19**

Schiltz 4 Pak Beer 12 oz. cans **\$1.99**

Heritage Vegetables 3 cans **\$1.00**

Quality Service! Savings!

1100 West 13th St., Sanford

TIP-TOP SUPERMARKET



STOP!

IF YOU SHOPPED SOMEWHERE ELSE LAST WEEK YOU PROBABLY PAID TOO MUCH!

IT'S YOUR TOTAL FOOD BILL THAT COUNTS

YOU DON'T HAVE TO DRIVE AROUND LOOKING FOR WEEKLY SPECIALS. WE'LL GIVE YOU THOUSANDS OF EVERYDAY LOW PENNY PINCHER PRICES ANY DAY OF THE WEEK, EVERYDAY.

GUARANTEED!

WE'LL SAVE YOU MORE THAN ANY OTHER SUPERMARKET OR PAY YOU DOUBLE THE DIFFERENCE IN CASH.

SMOKED HAMS 68¢ LB. SAVE 30¢ PER LB.

STAR-KIST TUNA 79¢ 6.5oz CAN. SAVE 12¢.

ALL PURPOSE EATING OR COOKING APPLES 3 68¢ LB BAG. SAVE 11¢.

LOTS OF CHICKEN 58¢ LB. OVER 5 LBS. SAVE 20¢ PER LB.

CAMPBELL'S TOMATO SOUP 4/\$1 10.75oz CAN. SAVE 16¢.

FRESH FLORIDA TEMPLE ORANGES 10/89¢ SAVE 20¢.

MARKET STYLE SLICED BACON 98¢ LB. OVER 2 LBS. SAVE 40¢ PER LB.

LIBBY'S CORN 39¢ 16oz CAN. SAVE 10¢.

GREAT GROUND BEEF PATTIE MIX 98¢ LB. OVER 3 LBS. SAVE 30¢ PER LB.

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Pantry Pride ...SAVE

PRICES EFFECTIVE WED., FEB. 18 THRU THUR., FEB. 24, 1981. DUE TO OUR LOW PRICES WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NONE SOLD TO DEALERS. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.

BEANS AND RICE SUPPER SOUP
 3/4 pound (1 1/2 cups) dry great northern or navy beans
 2 quarts water
 2 teaspoons salt
 1 smoked ham hock about 1 1/2 pounds
 1 cup chopped onions
 1 cup chopped celery
 1/2 cup diced carrot
 1/2 teaspoon each garlic powder and pepper
 1 bay leaf
 3 to 3 1/2 cups cooked rice
 Rinse beans. Soak overnight or by the quick-soak method; drain and rinse. Combine beans, water, salt, ham hock, vegetables and seasonings. Bring to boil; cover and simmer about 2 1/2 to 3 hours or until meat is tender. Remove ham hock; cool. Cut ham off bone; dice. Add to soup and heat thoroughly. Ladle soup into bowls and top each serving with 1/2 cup rice. Garnish with parsley, if desired. Makes 6 to 7 servings.

If using fully cooked ham pieces (or ham bone with bits of meat) reduce water to 1 1/2 quarts and cook 1 1/2 to 2 hours or until beans are tender.



Tonya Monfort, a former professional model, frequently uses a wok in food preparation. "I don't like eating so much, but I do like to fix it," our Cook Of The Week said.

Cook Of The Week Auto-Train Hostess Opts For Dining With Class

By TOM NETSEL
Herald Staff Writer
"It's like eating out but without the cost." That is the way Tonya Monfort describes dinner at her house.
She and her husband Tom and their 26-month-old son, Shaun, live in Sandalwood Villas in Sanford. Mrs. Monfort said she likes to have the family sit down at the dinner table that has been set with a table cloth, cloth napkins, water glasses, good silverware and flowers. The television is turned off and the family dines — in refinement and class.
"We only go to sit down together at dinner time," she said, "and it should be pleasant." As a hostess on Auto-Train, Mrs. Monfort may have more time at home than many working mothers and wives, but on other days, she is somewhere between Sanford and Washington, D.C. and may be on the go for several days at a time.
She has been with the firm for over eight years and that is where she met her husband. In fact, he was her boss. Transferring to Sanford from Virginia, the Monforts have been here for four and one-half years.
Mrs. Monfort was a professional model for five years before taking the job with Auto-Train. Her husband has since left the company to go into business for himself.
Even at his young age, Shaun helps with the household chores, Mrs. Monfort said. "He helps vacuum and set the table. I'm training him to be a good husband."
The Monforts used to split the cooking chores. He would cook and she would clean up afterward. After a while she noticed that he was leaving bigger messes than she was. She would cook and clean as she went but her husband left the kitchen a disaster. Now Mrs. Monfort handles the kitchen.
"I like to cook," she said. "I'd like to go to Europe and study at the Coridon Bleu School. I don't like eating so much, but I do like to fix it."
Oriental cooking, stir-frying and cooking in a wok are popular around the Monfort home. The following are some of her favorite recipes:

- SZECHWAN BEEF AND TOMATOES**
3 tablespoons vegetable oil
1 pound round steak sliced very thin
1 cup diced celery
1 medium onion, or green onions cut into 2-inch pieces
1 cup green pepper strips
1 cup chicken broth
- Prepare marinade:**
1 cup chicken broth
4 cup soy sauce
1 or 2 cloves garlic, crushed
2 tablespoons cider vinegar
2 tablespoons Worcestershire sauce
1 tablespoon sugar
1/2 teaspoon crushed red pepper
1/4 teaspoon ground ginger

- 3 tablespoons cornstarch**
Add meat to marinade and let sit for at least one hour. Add vegetables and stir until thickens. Return ingredients to wok and add:
1 1/2 cups tomato wedges
1 can sliced water chestnuts
1 can bean sprouts
Heat and serve over rice.
- EGG DROP SOUP**
3 cups chicken broth
1 teaspoon salt
1 tablespoon cornstarch mixed with 2 teaspoons water
1 egg slightly beaten
1 scallion, minced
Bring stock to a boil and add salt. Give the cornstarch a stir and add to stock. Stir until slightly thickened and becomes clear. Pour egg in slowly, stirring all the time. Garnish with scallions and serve.
- FRENCH POACHED FISH**
large snapper or flounder
1 1/2 cups white wine
2 cups water
1 teaspoon basil
juice of one lemon
2 sticks butter
2 onions, sliced
sliced mushrooms

- CHICKEN BREAST TERIYAKI WITH CURRIED PEACHES**
Combine three parts teriyaki sauce with one and one-half parts water for a marinade. Remove chicken breasts from bone and flatten. Roll and secure with a toothpick. Place in a shallow pan, skin side down, and add marinade. Cover with foil and let stand four to six hours.
Bake chicken covered with foil in hot oven (425 degrees) for 20 minutes. Remove foil and continue baking 10 minutes, or until chicken is tender and brown. Serve with Curried Peaches.
- CURRIED PEACHES**
1 can drained peaches
1 cup peach syrup
2 tablespoons honey
1 tablespoon vinegar
1 teaspoon soy sauce
dash of curry
garlic
Combine honey, vinegar, soy sauce, curry and garlic. Bring all to a boil and simmer for five minutes. Add peaches and simmer several minutes. Cool and let stand for several hours before serving with chicken.

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CUTEX ENAMEL 59¢
CUTEX REMOVER 59¢
DAISY SHAVERS 3/\$1
FEMININE HYGIENE New Freedom \$2.49
KOTEX TAMPONS 19¢
GENERIC Mouthwash 99¢, Conditioner 99¢, Remover 39¢, Cotton Swabs 49¢, Baby Shampoo 99¢
COLGATE TOOTHPASTE 89¢
DEXATRIM CAPSULES \$2.49
TEK TOOTHBRUSHES 5/\$100
Guarantee Double the Difference in Cash!

BLONDIE

by Chic Young
1 Playful child
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BEETLE BAILEY

by Mort Walker
DO YOU THINK BLACKS HAVE MADE MUCH PROGRESS?
A FEW HAVE
BUT A GREAT MANY BLACKS ARE WORSE OFF THAN EVER
WHAT CAN WE DO ABOUT IT?
STOP DOING WHATEVER YOU'RE DOING

THE BORN LOSER

by Art Sansom
A WEALTH OF KNOWLEDGE IN THE WALL STREET JOURNAL.
YOU BET, I READ IT EVERY DAY!
ARE YOU THROUGH WITH THE SPORTS PAGE YET?

ARCHIE

by Bob Montana
OH, NO, NOT AT ALL! I'M WORKING THE MIND IS TAKEN, THE JUST INTO STUDYING!
COME, I'LL SHOW YOU MY COLLECTION!
WHENEVER I TRAVEL, I ALWAYS SAVE SOME OF THE PACKAGES OF SUGAR FROM EACH RESTAURANT!
OH, I SEE—YOU COLLECT SUGAR PACKAGES FROM EACH STATE!
NO—DIFFERENT SPECIES OF ANTS FROM EACH STATE!

EEK & MEEK

by Howie Schneider
IT SAYS HERE SOME GOR OF SOCIETY PRACTICES MOLDAMMY
I WOULD TOO...
IF I HAD SOMEONE TO PRACTICE IT ON

PRISCILLA'S POP

by Ed Sullivan
WELL, I SEE ALL MY BADGERING FINALLY PAID OFF...
YOU BOUGHT YOURSELF AN EXERCISE BIKE!
BERNARD, I DON'T THINK THERE'S ANY SUCH THING AS AN EXERCISE TOBoggAN

BUGS BUNNY

by Stoffel & Heimdahl
SHADDUP! YEOOWWW!
MODERN TECHNOLOGY HAS MADE MY JOB MUCH EASIER.

FRANK AND ERNEST

by Bob Thaves
LOAN DEPT.
I'VE TOLD YOU WHY I WANT IT, NOW YOU TELL ME WHY YOU WANT TO LEND IT TO ME.

TUMBLEWEEDS

by T. K. Ryan
YOU'LL NEVER GUESS WHO I AM!
REMEMBER HOW I'M THE FAIRLY ECCENTRIC WHO PLANTED APPLE SEEDS EVERYWHERE HE WANDERED?
YEAH.
WELL, FORGET HIM, I'M PERRY PEACHPIT!

Migraine Misery May End With Birth

Dr. Lamb
DEAR DR. LAMB — I started to have what I call spells when I was about 15. I am now 26. I get spots and jagged bright lights that tingle in front of my eyes. When that goes away I have a migraine.
At 19 I had a glucose tolerance test and was told I was hypoglycemic. I stayed on a high protein, low carbohydrate diet for the next seven years, but keeping having the migraines. They got worse and worse so I had another glucose test and it was normal. I also had an EEG which was normal. My doctor said I was having migraine headaches and gave me Inderal to prevent them but it didn't help. He was going to increase the dose when I found out I was pregnant and I quit taking them altogether.
Now I have spells at least once a week. I've tried no-sugar diets, a little sugar, but nothing seems to help. If you can offer any advice to stop this misery it would be a miracle.
DEAR READER — By now the miracle probably has already occurred. In most women migraine headaches stop in the third month of pregnancy and do not return until after the pregnancy is over. I hope that is true in your case. In many other migraine victims, the attacks stop after the menopause. Unfortunately, in a few instances they begin then. And they are sometimes made worse by taking birth control pills.
Other people have a mechanical leakage at the opening of the stomach and the acid burns the lining. The acid production can be caused by many things. Milk intolerance can be a factor for some people. But in other cases milk helps to neutralize the acid produced by the stomach and relieves the burning. The acid production could be from stress and the relief from milk.
DEAR DR. LAMB — Tell that woman who said her son has a constant problem with heartburn that he should stop drinking milk. He drinks two glasses of milk at each meal as well as in between meals. I found that milk was causing my digestive upsets. I've been off it completely for two years.
DEAR READER — Thank you for wanting to help. Burning in the pit of the stomach can be caused by many things. Milk intolerance can be a factor for some people. But in other cases milk helps to neutralize the acid produced by the stomach and relieves the burning. The acid production could be from stress and the relief from milk.
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ACROSS

1 Playful child
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HOROSCOPE

By BERNICE BEDE OSOL
For Thursday, February 19, 1981
YOUR BIRTHDAY
February 19, 1981
This coming year a friend could come to you with a rather unique proposal, and although it may appear too far-out at first glance, it will behoove you to take a closer look. It could be profitable.
AQUARIUS (Jan. 20-Feb. 19) — If your budget has been both tight and shape lately, it's time to seek ways to trim the fat. Unfortunately, you may do just the opposite today. Romance, travel, luck, resources, possible pitfalls and career for the coming months are all discussed in your Astro-Graph which begins with your birthday.
LIBRA (Sept. 23-Oct. 23) — Chores left till the last minute aren't likely to be performed to your best abilities today. Keep everything on schedule, to avoid frustrations.
SCORPIO (Oct. 24-Nov. 22) — Your friends will resent it today if you take it upon yourself to run the show. Let everyone put in his or her two cents' worth and there'll be no hard feelings.
SAGITTARIUS (Nov. 23-Dec. 21) — To fulfill your ambitions today you may be tempted to use methods which others might find offensive. Behave like the good guy you are.
CAPRICORN (Dec. 22-Jan. 19) — Don't use your knowledge today to embarrass or put others down. Instead, of appearing superior, use what you know to be helpful and constructive.

WIN AT BRIDGE

By Oswald Jacoby and Alan Sontag
Here we see a lucky hand for Fisher and Jacoby in the 1966 Olympiad. Their luck was helped by a good play on the part of Dr. John Fisher, who was careful to play his king of hearts on Jim's queen...
NORTH 2100
♦ 33
♥ 63
♠ K53
♣ AK52
WEST 4954
♦ QJ1097
♥ 4
♠ Q106
♣ 74
EAST 10862
♦ K2
♥ 109654
♠ KQ7
♣ A83
♠ J982
SOUTH 109654
♦ KQ7
♥ A83
♠ J982
♣ J982
Vulnerable: North-South
Dealer: South
West North East South
♠ 20 Pass 2NT Pass
♥ 3NT Pass Pass
Opening lead ♠Q

ANNE

by Leonard Starr
MAYBE YOU'D LIKE TO HELP ME IN MY PRIVATE PRACTICE DOWNTOWN AFTER YOUR SCHOOLWORK, ANNE?
SURE, BUT—YOU'RE A DOCTOR—HOW COULD I HELP YOU?
WELL, MOST OF MY PATIENTS ARE ELDERLY—YOU COULD HELP THEM GET ABOUT BRINGS THEIR RECIPIENTS, THAT KIND OF THING—
DR. COORS?
YES? WE'RE FROM THE OFFICE OF INVESTIGATION OF THE DEPT. OF HEALTH AND HUMAN SERVICES—COULD YOU ANSWER SOME QUESTIONS?
DR. COORS?—

FLETCHER'S LANDING

by Douglas Coffin
LET ME MAKE A NOTE OF THAT, MORRIS. I HAVE AN AWFUL MEMORY. YOU DO?
TERRIBLE. IF I DON'T WRITE IT DOWN AND PIN IT TO MY BULLETIN BOARD, I'LL FORGET IT. IS THAT YOUR LIST?
NO, IT'S THE MAP TO MY BULLETIN BOARD.

