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PEOPLE



Sanford Herald

80th Year, No. 82

Sanford, Florida — Wednesday, November 25, 1987

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Negotiations With Rioting Cuban Inmates At Stalemate

By David Meuld
United Press International

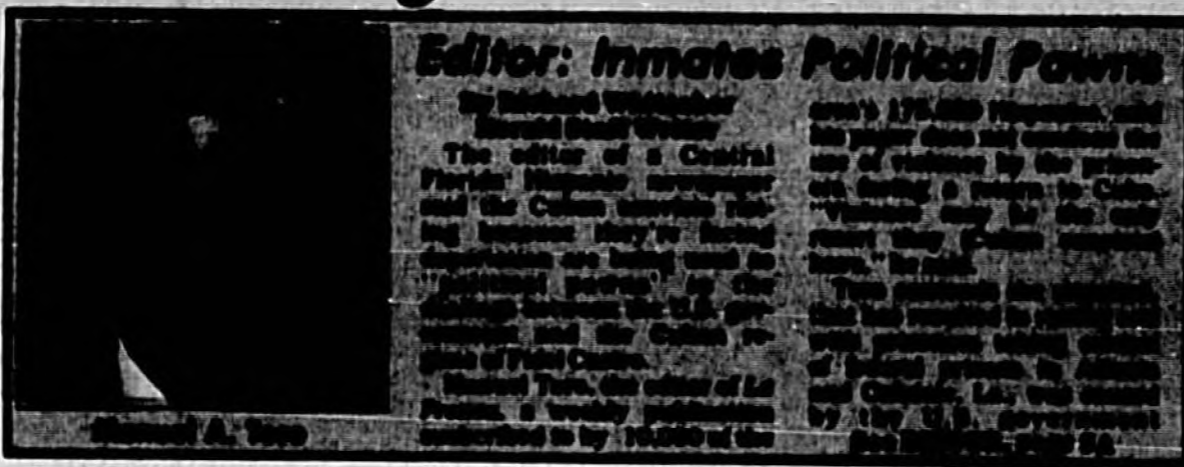
Rioting Cubans at the federal penitentiary in Atlanta took 25 more hostages today and told reporters they do not believe Attorney General Edwin Meese's vow not to deport them immediately to Cuba.

Negotiations to end the Atlanta standoff and at the Allen Detention Center in Oakdale, La., appeared to be at a stalemate.

The Cubans at the Atlanta prison met face to face with reporters today and emphasized their fears about returning to Cuba under the terms of a new Washington-Havana agreement.

"We want all the American people to consider our freedom because we are not going back to Cuba by any means," convict Hernandez Sanchez Garcia told Cable News Network reporter Graylan Young, one of three reporters led by the FBI to a meeting requested by the convicts.

The meeting came shortly after the detainees had grabbed 25 more hostages by taking over the



Editor: Inmates Political Pawns

By Richard W. ...
Herald Staff Writer

The editor of a Central Florida ...
The editor of a Central Florida ...
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over 175,000 ...
The editor of a Central Florida ...
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hospital at the Atlanta Federal Penitentiary. Negotiations to free some 122 hostages at the Atlanta prison and the Oakdale center where 1,000 Cubans virtually destroyed the prison and

are holding 28 hostages appeared to be in a stalemate. Young said Atlanta negotiators were frustrated by divided leadership among the Cubans. "They

are not speaking with one voice," he said. Young and two reporters from two Atlanta television stations met with about 50 Cubans and three hostages, speaking through a barred door. The reporters met separately with five hostages released earlier as a show of good faith.

One hostage, Frank Delgado, a physician's assistant, said the Cubans "have behaved real well." "We're all in good shape and are taking good care of the hostages everywhere they are being held," he said.

Another hostage, Tom Campbell, said in a message he asked to be delivered to his wife: "I'll be home when the time arrives so don't worry."

One of the released hostages, Bob Anderson, said "We were treated ... like we were their fathers. They never hurt us in any way."

One of the Cubans told Young the convicts want to continue negotiations. "We're not going to do anything rash," he said. See INMATES, page 5A



Herald Photo by Tommy Vincent

Spirit Of Thanksgiving

Charles R. Donaldson, right foreground, vice president of Sanford's Fraternal Order of Eagles-4184, presents a truck load of food to Dewey Day, Jr. for the Thanksgiving feast of the Day family. Day's parents are both ill and he has been working to support

the family in addition to volunteering as a Seminole Sheriff's Youth Deputy. Eagles in the background, George D. Otis, left, John K. Polk, Bill Gilbert, Bill Nelson and Bill Thorpe.

Area Opens Thanksgiving Larder

By Jane Casselberry
Herald Staff Writer

Thanksgiving is the time when folks grateful about being able to stuff themselves in comfortable surroundings begin to feel guilty about the hungry and homeless. A wave of compassion swept over Seminole County this week as people of all ages reached out to share their bounty with those less fortunate.

Manna Haven, an outreach ministry that provides free daily lunch for the hungry throughout the year, expects about 200 hungry persons a Thanksgiving turkey dinner to be served between 11 a.m. and 12:30 p.m. Thursday at 519 Palmetto Ave., Sanford. Eight turkeys have been donated for the special meal. As a holiday treat, musical entertainment will be provided during the dinner by a group of singers and musicians from New Life Assembly.

Manna Haven volunteers also packed boxes of food for distribution to 50 families whose names were provided by the Seminole County Schools' social workers. Each box included a turkey

donated by the Longwood Rotary Club and assorted canned goods collected by Seminole County school students. The groceries were given out to these previously qualified families Tuesday

See OPENS, page 6A

Thanksgiving Services Slated

A community Thanksgiving service will be sponsored by the Sanford Ministerial Association today at 7 p.m. at the New Life Assembly on Kennel Road off W. State Road 46, Sanford. The Rev. George A. Bule III, president of the association and pastor of First United Methodist Church II, will give the Thanksgiving sermon. Music will be provided by the mixed choir. See SERVICES, page 6A

County Denies Rezoning Plea

130 Protest Developer's Request

By Brad Church
Herald Staff Writer

The rezoning of an unincorporated 30-acre county enclave just north of Seminole Community College was denied by county commissioners Tuesday night, but the developer can refile his request when certain problems are solved.

The rejection pleased some 130 people who live north and northwest of the property and came to the hearing to oppose the rezoning.

The main problems with the proposed rezoning to allow development of an estimated 72 homes is that the development has no agreement for water service, and no agreement for access to a street.

The frozen-out former orange grove is surrounded by Lake Mary and Sanford, but is in neither city limits. Ed Vargara requested the property be rezoned from A-1 agricultural to R-1 A A to permit 1,300-square-foot homes to be constructed on 11,700-square-foot lots.

There are no roads abutting the property and developer Ed Vegara proposes access via Pine Tree Road to Evansdale Road in Lake Mary. The objectors to the rezoning were mostly residents who live on Evansdale Road, and two Lake Mary city commissioners.

Herb Hardin, manager of the county land management office, said the county still recom-

mended rejecting the zoning at this time, because no agreement has been reached with either Sanford or Lake Mary to provide water, and Lake Mary city officials have said they will not allow access to the proposed development via Pine Tree Road.

Mack Cleveland, attorney representing the developer, presented a letter from Paul Moore, Sanford utilities director, stating that a Sanford water main is not far away and could be extended to the property. He argues that the problem of obtaining water and access is a problem of the developer and had no relation to whether the property should be rezoned. "If the developer can't

See COUNTY, page 6A

Animal Control Officer Rehired

By Brad Church
Herald Staff Writer

Robert McIntosh, who was director of the Seminole County Animal Control Department for four years before resigning last year, began work at his old job Monday, and animal license fees have been raised to help pay for a new county animal shelter.

Dr. Jorge Deju, director of the county health and human services department, hired McIntosh. Deju said McIntosh has been working with a local development firm since leaving the animal control department.

McIntosh is being paid \$400 per week. He replaces Bob Young, who resigned Sept. 28 in the wake of an investigation by County Manager Ken Hooper into mismanagement and animal cruelty at the county's animal shelter.

Deju said McIntosh will begin interviewing applicants for two more vacancies in the animal control department beginning

Monday. McIntosh will make his recommendations to Deju on who he thinks best qualified for the jobs, and Deju will make the final decision.

Still to be hired is a chief animal control officer to replace David Murray, who was fired by Hooper after the investigation and is appealing his dismissal; and an animal shelter manager, a new position approved by

county commissioners.

Commissioners approved a new fee schedule Monday which was recommended by the animal control advisory board last month.

The county has \$485,000 reserved in this year's budget for a new shelter, but the estimated cost is \$1 million. Fee increases are to pay for the remaining cost.

TODAY
Classifieds.....4B,5B
Comics.....4C
Coming Events.....3A
Dear Abby.....2C
Deaths.....6A
Editorial.....4A
Financial.....6A
Florida.....6B
Nation.....5A
People.....1C,2C
Police.....2A
Sports.....1B-1B
Television.....2C
Weather.....2A
World.....6B
● U.S., Soviets reach missile accord, all ready for summit, 6B

First Woman Member

Sanford's Mayor Becomes A Lion



Mayor Bettye Smith

By Nancy Simmons
Herald Staff Writer

Sanford Mayor Bettye Smith is now the first woman to be a member of the Sanford Lion's Club. She was inducted into the service club Tuesday.

Membership in the organization is by invitation only, and Sanford Chapter President George Francis said that the mayor was selected "because of her determination and her willingness to work in service projects."

A federal ruling mandates that service groups such as the Lion's

Club may no longer offer membership to men exclusively, but that the clubs must be open to women. However, Francis said "We need women in the organization, not just to fill the ranks, but to help with the service projects."

The Lion's Club assists the blind and visually handicapped. The group may help needy persons to obtain eyeglasses, or it may help a blind person to obtain a guide dog, for example.

Francis also emphasized that as a member of the Lion's Club, the mayor will be known as a lion, and not a lioness.



Herald Photo by Tommy Vincent

A Wing And A Prayer

Bill West, director of Manna Haven of 519 Palmetto Ave., and Carolyn Hunter, head of the agency's kitchen, box food for distribution to families of needy Seminole County school children for Thanksgiving dinner. Fifty turkeys were donated for the project by the Rotary Club of Longwood and canned goods were collected by school children.

COMING EVENTS

Parents Without Partners Plans New Member Orientation

DeLand-Sanford Chapter 284 of Parents Without Partners will hold an orientation for new members at the Florida Power & Light building on N. Myrtle Avenue, Sanford, at 7:30 p.m. Friday, Nov. 27. For information call Mike at 322-4655.

PWP will hold a TGIF adult get-together dinner and music at Lake Monroe Inn, Sanford beginning at 9 p.m. Call Don at (904) 775-9442.

Santa To Skydive

Santa will skydive in to Plaza del Sol on State Road 434, Longwood, at noon Friday to open a two-day celebration, "An International Christmas." The free entertainment will include full stage productions featuring Chinese, German, Scottish and Spanish bands and performers in traditional costume plus a mime and Birchfield's magic act. Wayne Billingsley's Big Band will perform a special Christmas concert.

Groups To Perform

Christmas festivities at Lochmann's Plaza in Altamonte Springs will get underway Friday, Nov. 27 with a concert by the Valencia Community College Jazz Lab Band from 4:30 to 5:30 p.m. and a performance by the Academy of Dance at 5:30 p.m. The Lakeview Christian Singers will be caroling from 7:15-8:15 p.m. Santa and Mrs. Claus will be on hand with a gift for every child.

Shawn Muir, pianist and vocalist, will be featured Saturday 1-3 p.m. and harp, flute and violin ensembles on Sunday, 2-4 p.m.

Gamblers Anonymous Meet

Gamblers Anonymous and Gam-Anon for family and friends, meet separately Friday (non-smokers) at 7:30 p.m., Church of the Good Shepherd, 331 Lake Ave., Maitland. For information call 236-9206.

AA Groups Meeting

- Alcoholics Anonymous groups meeting Friday include:
- Sanford AA meets Friday at noon and 8:30 p.m. for open discussion and 8 p.m. for step meeting at 1201 W. First St. Alanon meets upstairs at 8 p.m.
 - 24-Hour AA Group meets for open discussion, 8 p.m., Fourth Street and Oak Avenue, Sanford.
- AA groups meeting on Saturday include:
- Sanford Women's AA, 1201 W. First St., 2 p.m., closed meeting.
 - Sanford AA, 1201 W. First St., noon and 8 p.m., open discussion; 8 p.m., upstairs, 90 & 90 Beginners.
 - Casselberry AA Step, 8 p.m., Ascension Lutheran Church, Ascension Drive (off Overbrook Drive), Casselberry.
 - 24-Hour AA Group (open), 5:30 p.m., Fourth Street at Oak Avenue, Sanford.

Narcotics Anonymous Meets

Narcotics Anonymous meets every Sunday at 5 p.m. at The Grove Counseling Center, 580 Old Sanford/Oviedo Road (off SR 419), Winter Springs, and at 8 p.m., Monday at 317 Oak Ave., Sanford.

Sanford City Commissioners Want Improvement Plan For City Park

By Nancy Simmons
Herald Staff Writer

Although All Soul's Catholic Church, 902 S. Oak Ave., apparently does not have the money to make improvements on a park it is currently leasing from the city, Sanford City Commissioners agreed Monday night that they still hope the church and the Scenic Improvement Board will be able to come up with an improvement plan for the park by the city commission's next regular meeting.

Martha Yancey, SIB chairman, said she will work with the church over the next two weeks and bring a set of conceptual landscaping plans to the next commission meeting.

If such a plan develops, the city will continue to lease to the church the city park at 8th St. and Park Avenue, for one dollar a year. If such a plan does not materialize, the church's lease will not be continued.

Whether the church will be able to work with the city in making improvements, due to financial commitments the church has already made, was the question asked by City Manager Frank Falsone and Commissioner Whitey Eckstein. SIB Chairman Martha Yancey and Mayor Bettye Smith told commissioners that if All Soul's lease is not continued next year, perhaps another group could be found to help improve the park, through the Pick-A-Park program.

In the Pick-A-Park program any civic group or even a family may adopt a park and contribute money to its improvement.

Fr. Edmund S. Czarniecki, pastor of the church has told Falsone that "Our Finance Board

and our parish council have indicated to me that they would like us to continue to lease the park, but we simply do not have the funds to make the necessary improvements at this time. Perhaps sometime in the future with the help of the city, we could make some improvements and negotiate a 10-year lease. But, if the SIB insists improvements be made now, we have no choice but to let our lease expire."

Falsone said he has met with Fr. Czarniecki and is acquainted now with projects the church is undertaking on its own property, such as building improvements. He said the church does want to use the park as a playground for the children of its school, although it is not possible to make a commitment right now for improvements to the park. Commissioner Eckstein pointed out that since the church is in the midst of improving its own property, and since the church does have other facilities for children, including basketball courts, he does not believe the park is on the church's top priority list right now.

Commissioner A.A. McClanahan said of the park: "It's a public facility. They (the church) don't have to pay to use it. They can use it just like everyone else...I'd like to see it open to everyone."

Attorney Ned Julian, representing the city attorney's office pointed out that the city's advantage in leasing the park to All Soul's church is that all liability for accidents and such, is transferred to the church when it are using the park.

Commissioners were unanimous in desiring the park to be

beautified and also developed into a play area. Mayor Smith stated, "The last thing we want to do is to make a pretty park no one could use."

Falsone reminded commissioners that any development plan for the park would have to include a water irrigation system.

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Governor Appoints Suber

Bill Suber, Seminole County property appraiser, and Glenn Robertson, director of the Governor's Office of Planning and Budgeting, have been appointed by Gov. Bob Martinez to the state advisory committee on intergovernmental relations.

Both terms expire in August, 1991. The committee's purpose is to improve coordination and cooperation among local, state

and federal governments.

Suber, 43, of Longwood, is a member of the International Association of Assessing Officers, the Property Appraisers' Association of Florida, and the Professional Appraisers' Association of Florida.

Robertson was originally appointed to the commission in 1985.

—Brad Church

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NATION

IN BRIEF

Reagan Assured Of INF Treaty, Settles Into Vacation Routine

SANTA BARBARA, Calif. (UPI) — President Reagan was settled into a vacation routine at his mountaintop ranch today, assured of a third summit with Soviet leader Mikhail Gorbachev and confident that its primary achievement can be sold to skeptics on Capitol Hill.

Leisure and light work were on tap for Reagan during the first full day of a Thanksgiving vacation offering a valued respite from the political travails and personal crises of the last two months.

With a skeleton White House staff on hand more than 20 miles away, Reagan and his wife, Nancy, are expected to savor the privacy of their 688-acre ranch until Sunday, when summit and other pressures demand a return to Washington.

FCC: Wait 'Til The Midnight Hour

WASHINGTON (UPI) — American broadcasters worry that the government's policy on obscenity is still too vague despite a "clarification" that allows radio and television stations to run "adult" programming after midnight.

"We will have to examine the document very carefully to determine whether legal action is in order," declared the National Association of Broadcasters after the Federal Communications Commission issued its latest ruling Tuesday.

The NAB, which represents virtually all the nation's commercial broadcasters, said the order provides some guidance on the issue but the policy on indecency still appears to warrant "grave concerns."

The FCC clarification was issued in response to a petition from the NAB and 15 other parties that complained an April policy statement by the commission was unconstitutionally vague. Among other things, the groups suggested the FCC return to permitting explicit programs after 10 p.m. local time.

Elliott Survives Mid-Air Hit

WADLEY, Ga. (UPI) — Champion stock car racer Bill Elliott survived a scare in the air — the military fighter jet he was riding on an orientation flight collided with an F-15, but no one was injured.

Elliott, who won NASCAR's Atlanta Journal 500 Sunday, said Tuesday's accident is a blur.

"You know, it happened so quick, it happened, like that old saying goes, 'Dead before you know it,'" he said.

Air National Guard spokesman Beryl Diamond said one of the planes, an F-15 fighter jet from Dobbins Air Force Base in Marietta, crashed in rural Jefferson County about 50 miles southwest of Augusta, but the pilot ejected to safety.

The pilot of the other plane, an F-16 fighter jet with Elliott aboard, managed to get his plane safely back to base.

Contra Atrocities Reported

WASHINGTON (UPI) — U.S.-backed Contra rebels slaughtered women, children and health care workers at a farm cooperative in Nicaragua last winter, alleges a former CIA agent who considers American support for the guerrillas a crime.

Retired Marine Col. Philip Roettinger leveled the charge at a news conference Tuesday while announcing the establishment of a group of former intelligence officials generally opposed to U.S. covert operations.

...Inmates

Continued from page 1A

"In a way, we are trying to prove we are not the hard criminals the president is talking about."

The Cubans said they were mistrustful of Meese's promise to give each of their cases a full and fair hearing.

"They believe authorities won't give them a fair break," Young said. "They all want to stay in this country. They don't think the reviewing process is going to be truly fair."

The 2,400 Cubans in the two prisons had expressed fears earlier the regime of Fidel Castro would kill or imprison them on their return to Cuba, but the Cuban government announced Tuesday night there would be no reprisals against returnees.

The Oakdale prison was taken over Saturday by inmates fearing they would be among about 2,500 undesirable refugees to be repatriated to Cuba under an agreement reached Friday between Havana and Washington. The Atlanta prison was seized on Monday.

"The negotiations quite frankly are at a relative standstill," Joseph Petrovsky, the Atlanta warden, said. "They made demands and we were able to meet those demands. But we found very quickly that as soon as you meet a set of demands, new leadership will take over and there are new demands."

...Editor

Continued from page 1A

allowing the refugees into the country and then trying to use them as leverage in an effort to get other Cubans out of Cuba. Many of the prisoners fear they will be executed if returned to Cuba.

Toro said there are still people in Cuba who the U.S. would like to get out and federal officials are using the prisoners as bait to do it.

In Atlanta, 1,392 prisoners are holding 122 hostages in response to news of a recent deal between the two governments that would result in some of the imprisoned Cubans being shipped back. It's been reported that at least one person has been killed in the takeover and possibly six.

Cuban prisoners at the Oakdale Federal Detention Facility have taken 28 people hostage. It's estimated that at least 300 of the 1,000 Cubans involved in the Oakdale incident were confined to the mental ward of the facility.

Thus far none of the Oakdale hostages are reported injured.

Toro said no Cuban should be returned to that country without having a full individual review of his case. "It isn't fair now to ship them (Cuban convicts) back as if they were a herd of cattle," Toro said.

Although Castro's government has promised that none of the

prisoners returned by the U.S. country is wrong. "That man would never be able to see his family again," he said.

Toro said the prisoners are still human beings and when the U.S. accepted them from Cuba, they acquired a status this country can't deny. "When those men were accepted by this country it gave them hope of one day regaining their liberty through our corrections system," Toro said. He added that the U.S. government is saying "Now we accept you, now we don't," to the prisoners.

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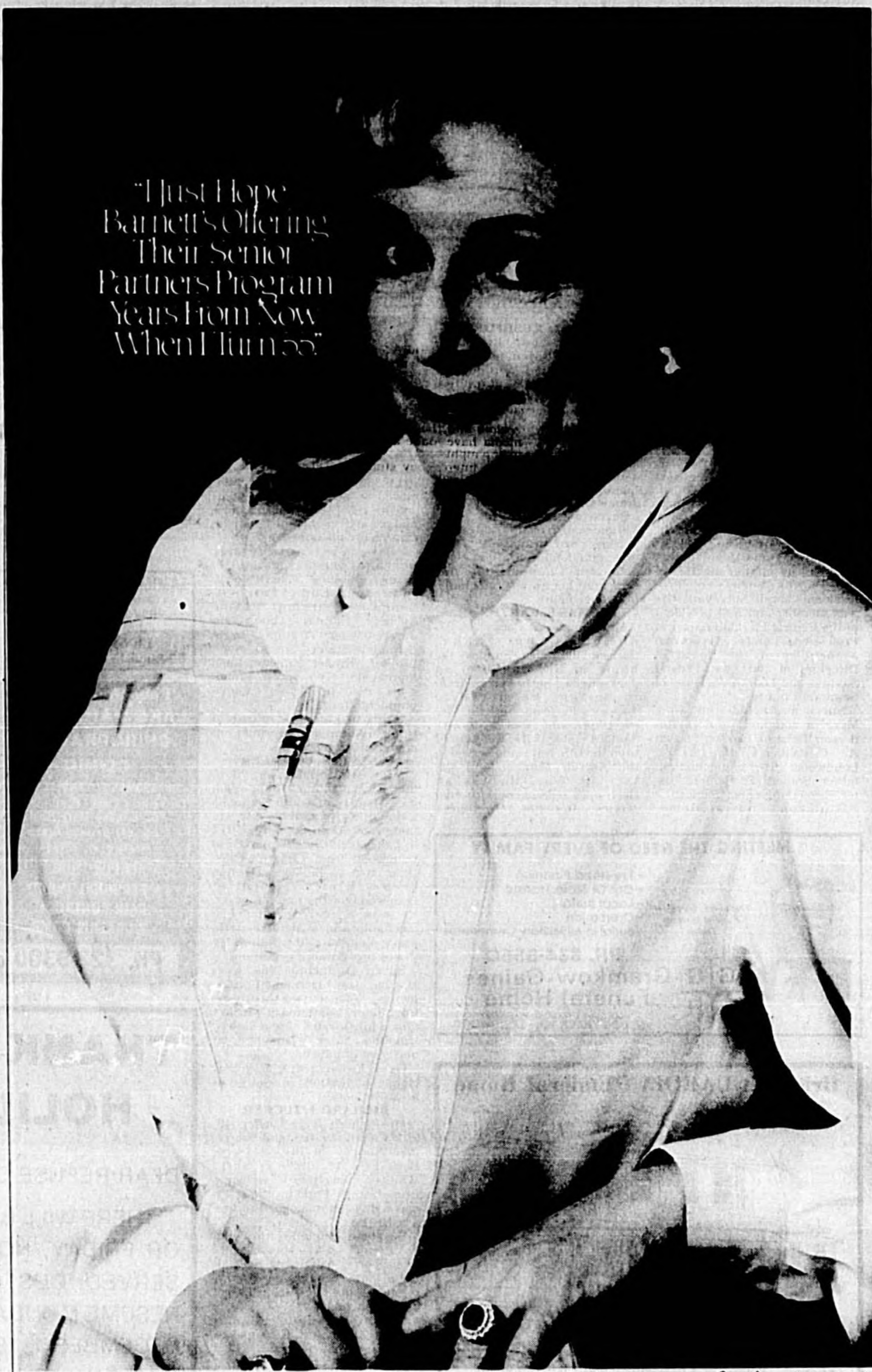
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PEOPLE

Sanford Herald, Sanford, Fl. Wednesday, Nov. 25, 1987-1C



Mr. and Mrs. Thomas M. Rowe

Miss Clemons, Thomas Rowe Repeat Vows

Mitchell Clemons and Thomas M. Rowe, both of Starke, were united in marriage at 7 p.m. on Saturday, Sept. 19. They chose an outdoor setting under huge oak trees fronting on Brookly Bay in Keystone Heights.

The bride is the daughter of Bud Clemons of Starke, and Mrs. Mary Norman of Eustis. The bridegroom is the son of Mr. and Mrs. James V. Rowe of Sanford. The bride's paternal grandparents are Mrs. Roy R. Clemons and the late Mr. Roy R. Clemons and Mrs. Earl Dobbs and the late Mr. Earl Dobbs. The bridegroom's paternal grandparents are Mr. and Mrs. Robert G. Green and his maternal grandparents were the late Mr. and Mrs. W. Hogan Smith.

The bridal path was marked with arrangements of pink mums connected by pink satin streamers and bows which led to the gazebo fronting on the lake. The gazebo was enhanced with sprenger fern and large flowing boston ferns. Large pedestal arrangements of gladjoll, mums, and chrysanthemums outside of the gazebo matched arrangements in the gazebo and at points of interest on the outside grounds and serving tables.

The bride, escorted to the altar by her father, and given in marriage by her father, mother, and brother, wore a gown of white satin overlaid with lace and enhanced with pearls and sequins. Rows of lace ruffles adorned the fitted bodice and short puffed sleeves. The full skirt, bordered in ruffles, cascaded into a sweeping chapel train. Pearl diamond earrings and a diamond pendant, gifts from the bridegroom were her adornments. The bride's bouquet was a cascade of pink sweetheart roses.

The Rev. Greg Douglas united the couple using the traditional Biblical wedding vows. In closure the Rev. Douglas sang the Lord's prayer.

Miss Donna Newmans, cousin of the bride, was the honor attendant. She was attired in a pink satin dress fashioned with an off-the-shoulder neckline and the back was accented with a bow bustle effect.

The bridegroom's daughter Lacey served as flower girl. She wore a pink ruffled dress featured along the lines of the bride's dress. Both atten-

dants carried parasols accented with floral arrangements of miniature roses.

Best man was the bridegroom's father. Serving as groomsmen was the brother of the bride, Jeffrey, who had originally introduced the bride couple.

Following the ceremony guests were served a traditional barbecue dinner.

The punch table was a focal point of the evening as it was enhanced by the groom's grandmother's silver punch bowl filled with fresh strawberry punch.

The bride's table was centered with a four-tiered wedding cake with additional single layers arranged outward from the tiered cake which was capped with a musical revolving bride and groom. Cutting the bride's cake was Miss Gayle Douglas, cousin of the groom. The groom's table held the traditional groom's chocolate cake, as well as a chocolate cake inscribed for the groom's daughter.

The groom's sister, Monica Jo Clements, of Sanford, was in charge of the children's activity table which had coloring pictures (replicas of the wedding party) for the young guests.

Assisting and serving guests were aunts of the bride and groom: Mrs. Treva Newmans; Mrs. Beth Reynolds; Mrs. Jo Ann Griffin; and Mrs. Marian Douglas.

Reception music for the evening was provided by Dean Blackwell.

The bride's book was kept by Mrs. Cheryl Griffin. Passing out rice filled miniature champagne glasses were nieces of the bride and groom, Summer Reynolds, Kristin and Lauren Clements.

Out-of-town guests included Mr. and Mrs. Eddie Reynolds of Perry, Mr. and Mrs. Robert Oneil, Mr. and Mrs. Don Reynolds, Ms. Carolyn Graham, Mr. and Mrs. Steve Whitley, Mr. and Mrs. Brian Robison, Mr. and Mrs. Joe Hunt and Art Brown, all of Sanford.

The bride is a graduate of Bradford High School and is employed by Dr. Pete Gianasi.

The bridegroom is a graduate of Seminole High School, Sanford, and the Fire Science Program of Seminole Community College, Sanford. He is employed by the City of Starke Fire Dept. and is owner/operator of Cypress R Farms.

Cook Of The Week

Thanksgiving At The Ruehl Home Will Be Steeped With Traditional Favorites

By Dorothy Greene
Herald Correspondent

Sit down to a Thanksgiving feast of juicy, golden brown turkey with old fashioned cracker stuffing, baked ham, mashed potatoes and gravy, deliciously prepared garden vegetables, cranberries laced with pineapple, and a festive gelatin mold. Top that off with homemade pumpkin pie or a slice of banana cream pie, and you will be a part of Mary Ruehl's circle of friends and loved ones on this special day.

At her lovely home in Longwood, our Cook of the Week will be serving some old standards that have become favorites over the years, and when you have a good thing going, don't change it, she believes.

There is always a warm welcome at the Ruehl home where our cook can be found preparing her favorite desserts and sharing a cup of coffee with a neighbor. There were no cookbooks in her mother's house when Mrs. Ruehl was a child. "I can't recall that my mother ever used a cook book," she says, "so I don't even have any of her famous recipes, but she was the greatest cook. We lived on a semi-farm outside of Chicago. The streetcars didn't even go that far! She had some chickens and ducks out there and she had her own little garden and used her own vegetables. And she'd make pies: strawberry, rhubarb — straight from the garden. Fred and I would go out to a movie and when we got home there would be a pie on the table waiting for us. And breads, oh, my gosh could she make breads." Mrs. Ruehl's mother cooked wholesome, hearty meals with a Lithuanian touch, "and she was quite a gal," says our cook.

"She'd keep the feathers from the ducks and make pillows. She'd sit there all day with a mask on stripping the down from the feathers. I still have some pillows that she made." Coming from a family of eight



Herald Photo by Tommy Vlasoff

Mary Ruehl starts Thanksgiving feast early.

children, a household of company does not ruffle her feathers and Mrs. Ruehl enjoys every minute of it. "Back then," she says, "almost every Sunday we'd have about 15 relatives visit us 'out in the country' and Mom did all the cooking, and every summer we'd have a big picnic at the forest reserve with about 100 relatives. We'd have a ball out there!"

Our cook does not recall any cooking disasters when she became a homemaker a few years later. "I never cooked at home," she says. "The other girls were all older than I was. I was the little one, so I was spoiled rotten. My oldest sister

was a gourmet cook — she was a terrific cook. I just picked it up. I guess, when I got married, I started collecting recipes and usually followed the directions pretty good."

Mrs. Ruehl met her husband, Fred, at a church sponsored carnival-street dance and they were married in 1939 after a 5-year courtship. "I don't know if people remember street dances," she says, "but they'd block off the whole street. He was home watching a football game, but his team was losing, so he walked over to the carnival and we just started talking. Then he followed me all the way home, and before you knew it he

was calling me." An out-of-town job in the construction field for several years meant that Mary and Fred dated sporadically for a long time until he settled into a job at the Link Belt Company which he held for 43 years. "He started out there as an office boy," says Mrs. Ruehl, "and worked his way up to engineer."

Now retired, the Ruehls have been Central Floridians since 1973. Their two sons, Russ and Bill, "still live up north in Illinois," says Mrs. Ruehl, "and the grandchildren have come to visit us every summer since we've been here." Deborah and

See COOK, 3C

Host A Tempting Sugar-Free, Guilt-Free Dessert Buffet



Apple Pie, Fruit Bread, Pecan Pie and Peppermint Fluff are sugar-free.

Holidays are full of dessert temptations that are diet no-no's! But this year, have your pies, fruit breads, parfaits and be guilt-free as well as sugar-free!

Replace empty sugar calories with SugarTwin, a low-calorie sugar substitute. Since it's the only spoon-for-spoon, cup-for-cup sugar replacement that can be used for baking, traditional favorites turn into modern low-calorie treats. For every cup of sugar replaced, 696 calories are saved.

Create a complete dessert buffet with baked goods using SugarTwin. No one will be able to say no to sinfully rich Pecan Pie at only 120 calories a slice. This deluxe pie will satisfy even the most discerning sweet tooth.

For guests who want a fruity tasting treat, serve all-American Apple Pie. Made with fresh apples, cinnamon, nutmeg and Brown SugarTwin this old favorite is updated with fewer calories. Garnish top with apple slices and serve on a festive Holiday plate.

For something different with tea or coffee, bake a loaf of Fruit Bread. The mouth watering aroma of spices will fill the house after the bread is out of the oven. This sugar-free delectable, at only 189 calories per serving, will leave guests begging for the recipe.

Peppermint Fluff ... an indulgent, yet sugar-free mint-flavored treat made with gelatin will satisfy anyone who truly is scrimping on calories. With only 47 calories per serving, there's something for everyone at this dessert buffet. Top with a fresh mint leaf and serve in parfait glasses to present a Holiday season sensation.

PEPPERMINT FLUFF

- 1 tablespoon unflavored gelatin
- 1/4 cup cold water
- 3 drops green or red food coloring
- 1/4 cup sugar substitute

See DESSERT, 3C

Getting Married

Engagement and wedding forms are available at The Sanford Herald, 300 N. French Ave. The completed forms may be accompanied by a professional black and white photograph if a picture is desired with the announcement. For information, call 322-2611.



BEETLE BAILEY



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TUMBLEWEEDS



Balloon Angioplasty Removes Blockages



Dr. Gott

DEAR DR. GOTT - Will you explain what happens during balloon angioplasty?

DEAR READER - Balloon angioplasty is an exciting new treatment to remove obstructions in arteries.

As we age, we develop progressive arteriosclerosis, the insidious buildup of material - composed of blood cells, calcium, protein and fat - within our arteries, the blood vessels that supply oxygen and nutrients to our organs.

When the stenosis (narrowing) becomes pronounced, organs become oxygen-depleted and symptoms result. For example, claudication (cramps on walking) or angina (heart cramps) are the consequences of narrowed blood vessels to the leg muscles and to the heart, respectively.

Until recently, the most satisfactory treatment was bypass grafting, in which an artery or vein was surgically grafted across the narrowed arterial segment. After surgery, the graft acted as a bridge to allow more bloodflow around the obstruction.

Now, by using a relatively simple and safe technique, skillful practitioners can help patients avoid bypass surgery. The doctor passes a small balloon-covered tube (catheter) into a diseased artery and advances it, under fluoroscopic control, to the point of obstruction. The balloon is then forcefully inflated. As it expands, the balloon stretches and cracks the obstruction.

Next, the balloon is deflated and the catheter removed. The debris is carried away in the bloodstream and the artery is thus freed of blockage. In a few weeks, the smooth arterial lining grows back and the blood vessel heals.

Of course, the aging process continues. Therefore, patients

who have had arterial bypass surgery or balloon angioplasty must alter their lifestyles and diets to reduce the risk of further, accelerated arteriosclerotic buildup inside the treated arteries. These patients must lose weight (if they

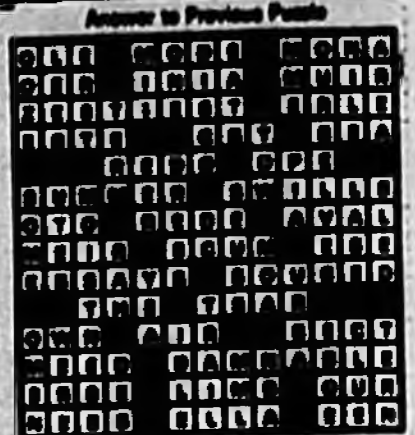
are obese), stop smoking (if they haven't already), obtain more exercise and reduce dietary fat. (C)1987, NEWSPAPER ENTERPRISE ASSN.

ACROSS

- 1 Cut
2 Factions
3 Compass point
4 Slimy fish
5 Actress Jeanne
6 Become more profound
7 Encourage
8 Worrying
9 Computer abbr.
10 Likely
11 Set of principles
12 Piece of
13 Release
14 Bay window
15 Yarn
16 Neighbor of the
17 Wine
18 Goals
19 Month (abbr.)
20 Push away
21 Kitchen appliance
22 A race
23 Roll of tobacco
24 More quickly
25 Type of hawk
26 Lashed through
27 661, Roman
28 Water-scarrying rod
29 Medieval glove
30 Medieval poem
31 Winter white stuff
32 Capital of Michigan
33 Bird (comb. form)
34 Alcohol beverage
35 Ready for action (2 wds.)
36 Pussycat
37 Pussycat
38 Number
39 Surf's riding
40 Stars event

DOWN

- 1 More dry



- 35 Running tools
36 Russian author
37 Shrivels
41 Organs of hearing
42 Of birth
43 Egg-shaped
44 Dry (rhyme)
45 Biscuits
46 Sticky substance
47 Lash of
48 Unit of light
49 Flamm. toward 'g'

WIN AT BRIDGE

By James Jacoby

Longtime readers of the Jacoby column may remember Hard Luck Joe and Generous George, whose exploits were recounted by my father for many years. Today's deal finds Hard Luck Joe in six hearts. Generous George (G.G.) was his right-hand opponent.

Joe trumped the opening lead and contemplated his chances. There would be no trouble if the club honors split, provided he could get to dummy twice to lead clubs. That would give him a 75 percent play for the contract. He has two entries in spades if he overtakes his spade king with dummy's ace, but that play gives up the chance to run the spade suit if the jack comes down on the third round of spades. Suddenly Joe saw an extra possibility. What if he drew

trumps and then played the spade nine, overtaking with dummy's 10? If that lost to the jack, he could next take the king with the ace and run the spades to shed three clubs and make 12 tricks. And that is exactly what Joe did.

So how did Hard Luck Joe go set? Easy. Remember who was sitting East? Generous George. G.G. had just enough sense to realize that Joe would hardly be presenting him with a chance to win the jack of spades unless taking it was going to solve declarer's problems. So George lived up to his name by letting dummy's 10 of spades win the trick.

Joe had hard luck for sure when both club honors were wrong, but that wouldn't have mattered if George had carelessly taken the jack of spades when Joe first played the suit.

Bridge hand diagram showing North-South and East-West cards and a vulnerable East-West dealer South. Opening lead: ♠ K.

HOROSCOPE

What The Day Will Bring...

By Berake Bode Ouel

YOUR BIRTHDAY NOVEMBER 26, 1987
In the year ahead you will be occupied with many new, exciting involvements. However, it will be the things on which you've been working for a long time that will provide you with the greatest gratification and largest rewards.
SAGITTARIUS (Nov. 23-Dec. 21) Even though you may feel you are caught in the middle of an awkward situation, sit tight and keep cool. It's going to work out to your advantage in a rather surprising way. Trying to patch up a broken romance? The Matchmaker set can help you understand what it might take to restore the relationship. Mail #2 to Matchmaker, c/o this newspaper, P.O. Box 91428, Cleveland, OH 44101-3428.
CAPRICORN (Dec. 22-Jan. 19) Matters should work out to your ultimate satisfaction re-

garding a commercial arrangement in which you are presently involved. Keep aiming upwards.

AQUARIUS (Jan. 20-Feb. 19) This should be a rather fortunate day for you, with friends playing key roles in your affairs. Indicators show that something lucky might happen socially.

PISCES (Feb. 20-March 20) Happy surprises may be in store today, especially in areas where you recently encountered resistance. You're on a roll, so make the most of it.

ARIES (March 21-April 19) You'll function effectively today in your dealings with clubs, groups or large organizations. These will be the primary areas where Lady Luck will smooth your path.

TAURUS (April 20-May 20) Set your minor goals aside today. Devote your full attention to objectives that offer major rewards.

GEMINI (May 21-June 20) You can gain substantial support today for an idea you have that cannot be fully developed on your own. Start talking to the right people as soon as possible.

CANCER (June 21-July 22) A business matter is taking a turn for the better, so don't rock the boat. Just be sure you fully develop any opportunities that are offered.

LEO (July 23-Aug. 22) What you do as part of a cooperative effort today should work out better than if you were to attempt the same thing unaided. Find competent allies.

VIRGO (Aug. 23-Sept. 22) Something lucky is presently brewing for you where your work or career is concerned. There is a good chance that you will become more aware of it today.

LIBRA (Sept. 23-Oct. 23) Pledges made to you today by two associates should not be treated lightly. These people are sincere, and they will try to do that which they promise.

SCORPIO (Oct. 24-Nov. 22) You stand to gain much more than you may realize from a situation you should now be able to bring to a conclusion. Be aware of all of its ramifications. (C)1987, NEWSPAPER ENTERPRISE ASSN.

ANNIE

by Leonard Starr

