

# Evening Herald

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Herald Photo by Diane Patryk

Colorado Sen. Gary Hart, victorious in the Florida primary Tuesday, calls on reporters during his pre-primary campaigning in Orlando.

## Hart Wins Seminole

By Donna Estes  
Herald Staff Writer

Colorado Sen. Gary Hart won the beauty contest portion of the Democratic presidential primary in both Seminole, Orange and Lake counties Tuesday by substantial margins, but received only one sure delegate to the San Francisco convention in July.

Meanwhile, Sen. Ronald Reagan, the incumbent, received the overwhelming endorsement of GOP voters in Seminole County.

Despite advertisements in an Orange County newspaper and flyers circulated to voters in the 5th congressional district — all of Seminole and portions of Lake and Orange — telling Democrats for Hart to vote for Askew delegates, the Hart supporters persisted in voting for the only Hart delegate on the ballot, Fred Donnelly of Casselberry.

The Democrats had the choice of voting for three delegates and one alternate on the ballot.

Of the 22 delegates listed, Donnelly, a political unknown, garnered the highest number of votes in all three counties of the congressional district.

Named to a second delegate slot was State Rep. Fran Carlton, who is pledged to former Gov. Reubin Askew. Seminole School Board member Roland Williams, also pledged to Askew, was elected alternate delegate.

For the third delegate post, Betty Ann Bazemore, an Orange County school teacher pledged to Askew, won both Seminole and Lake, but didn't carry Orange, according to election officials in Orlando. Carrying Orange was Ken Cooper, pledged to former Vice President Walter Mondale, by 147 votes.

Orange County officials said more than 900 absentee ballots are to be counted there today to decide this cliff-hanger.

Askew withdrew from the presidential contest two weeks ago after the Vermont primary, releasing his delegates to support

whomever they chose. Askew endorsed none of his former opponents for the Democratic nomination.

But despite commitments from some other Askew delegates around the state to Hart, Mrs. Carlton and Williams said late last week they were uncommitted and Williams said he was studying the positions of all the Democratic presidential candidates before making a choice.

On learning of his victory Tuesday night, Williams said he is still uncommitted, but is looking closely at Hart and the Rev. Jesse Jackson.

Jackson came in fourth in the presidential preference vote in Seminole Tuesday.

"But I'm leaning heavily towards Hart primarily because of his broad base of support nationally and because of one outstanding fact — he has a high probability of victory in November," Williams said.

See HART, page 12A

### 511 Delegates Picked

## 'Super Tuesday' Split Keeps Battle Open

By Laurence McGullian  
UPI Political Reporter

The Democratic presidential race has turned into a donnybrook, with Gary Hart's momentum and Walter Mondale's resurrection creating a "Super Tuesday" split decision that opened up the battle for delegates.

Neither of the two leading contenders for the party's nomination was able to knock the other from the race in Tuesday's showdown — although the candidacies of the other three Democratic hopefuls took it on the chin.

George McGovern, the party's 1972 standardbearer, told supporters his second trek on the campaign trail was over, and Sen. John Glenn of Ohio, who has been keeping his candidacy alive with large loans and pinned his hopes on the conservative South, was evaluating his situation.

Jesse Jackson, running for the first time in states with large black constituencies, ran better in his native South than he has elsewhere and assured himself of continued matching funds from the government.

Hart used his "new ideas" theme to produce wins in the Florida, Massachusetts and Rhode Island primaries, while Mondale parlayed his links to Jimmy Carter and organized labor to pull out primary victories in Georgia and Alabama.

Tuesday's 11 primaries and caucuses

picked 511 delegates to the Democratic National Convention — a fourth of those needed for the nomination — in the biggest night of the 1984 campaign.

In the race for the 511 delegates at stake in Tuesday's primaries and caucuses, Hart led 154 to Mondale's 139. Another 38 were uncommitted, Jackson had 25, McGovern 20 and Glenn 13.

The overall delegate total compiled by UPI shows 297 for Mondale, 198 for Hart, 147 uncommitted, 35 for Jackson, Glenn 30 and McGovern 20.

In the Western caucuses, Hart won in Nevada, with 557 of the 738 precincts counted. Hart led 1,662 to 1,122 over Mondale. In Oklahoma, Hart and Mondale were tied at 41 percent each, with nearly 85 percent of the votes counted. Officials stopped compiling results until later today.

In Washington, with only 370 precincts of the state's 6,000 precincts reporting, Hart held 54 percent of delegates and Mondale 34 percent.

Hawaii Democrats voted in caucuses by more than a 2-1 ratio to send most of their 27 delegates to the Democratic National Convention uncommitted to any candidate. Party officials said 14 delegates would attend the convention this summer uncommitted while five delegates would join Mondale's camp.

Democrats in American Samoa picked 3 pledged delegates for Mondale in a

See SPLIT, page 12A

## Jail Fire

### Inmate Charged With Arson

By Susan Loden  
Herald Staff Writer

A fire set by an inmate forced the evacuation of 12 prisoners from their cells in the medical center of the Seminole County jail around noon Tuesday.

A 23-year-old inmate housed in a single-man cell allegedly set a small amount of paper afire in his cell. The minor blaze, which was brought under control by jail personnel, filled a section of that facility with smoke, exposing some inmates to the threat of smoke inhalation, sheriff's spokesman John Spolski said. No injuries were reported.

Steven Luke Pack of 730 Forest Ave., Apopka, who has been jailed since Feb. 3 on a grand theft charge for allegedly stealing a \$150 stereo from Jefferson Ward, Altamonte Springs, on Jan. 6, was charged with arson in connection with the incident. His bond was set at \$10,000.

The fire is under investigation and

Spolski said it has not been determined how Pack gained possession of matches, because he had been "specifically prohibited from having either matches or cigarettes." Investigators are trying to determine if a trusty prisoner ignored the sign posted outside Pack's cell, which stated that he could not have combustible materials, Spolski said.

"This is a felony, because the lives of all inmates were jeopardized, although the new modern jail with sprinklers and alarms reduced the probability of a tragedy recurring as it did nine years ago in the old jail," Spolski said, referring to a blaze set by a 16-year-old prisoner that killed 11 persons. "By the same token," he said, "the sprinkler in Pack's cell, which is about 14 feet off the floor, was tampered with. There was no way water could have come through that sprinkler."

Thursday's fire was extinguished before units from the Sanford fire department arrived on the scene.

### St. Patrick's Day Parade Set

## Irish To March In Sanford

Calling all Irishmen, it's time to grab your favorite colleen and paint the town green. The third annual St. Patrick's Day Parade will be held at 4 p.m. Saturday in downtown Sanford in conjunction with special sales promotion by local merchants.

Sponsored by the Greater Sanford Chamber of Commerce, the parade will begin at the chamber building at First Street and Sanford Avenue and go west on First Street to Oak Avenue; north on Oak to Commercial and east on Commercial to the chamber parking lot. There will be plenty of green beer for thirty participants in the parking lot after the parade, according to Chamber President Jack Horner.

Chairman of the parade is Winnie Scott of Sanford and grand marshal again this year is John Kader, Sanford jeweler, who originally conceived the

idea of a St. Patrick's Day Parade here.

The parade will include clown and moped Shrine units, the Elks Club float, a trolley from the Sanford Trolley Works, the Elks Club motorcycle unit, and Irish marchers. All those of Irish extraction are invited to wear something green and either march or ride on the float or trolley.

Horner said he is also trying to round up a bagpiper to lead the parade.

Just in case your roots weren't in the Emerald Isle and you want to enter into the spirit of the day anyway, not to worry. A true son of the old sod, Ed McInnis has promised to be on hand with his trusty shillelagh to dub you Irish for a Day.

Anyone wishing to enter the parade should call the chamber office at 322-2212.

—Jane Casselberry



Herald Photo by Tommy Vincent

### Official Look

County Commission Chairman Sandra Glenn and County Judge Harold Johnson, members of the county's official canvassing board, glance over early returns from Tuesday's election.

Sanford is expected to have a population of 39,000 by 2000 while Lake Mary expects a population of 39,000 by 2010 and all these people will need water.

"I'm not giving anything away," Moore said. "I'm trying to protect Sanford."

He urged his colleagues not to be "short-sighted." He said he is interested in making sure Sanford has a stake in a future water pool that will most likely be in Lake Mary.

"I'm not suggesting anything be changed until both cities are willing to put their names to an agreement," Moore said. "If they or we can't agree, then a deal can't be struck."

Knowles said Lake Mary's plans to drill wells and place a water plant in the Rinehart Road-Lake Mary Boulevard area would fit in well with Sanford's water plants in the Country Club Road and U.S. Highway 17-92-Airport Boulevard areas.

"It's good engineering taking into account Sanford's system," Knowles said of the Lake Mary plan. "I find no fault with what Lake Mary is doing."

Commissioner David Farr earlier fought Moore's

## Voter Turnout Below Predicted

### Democrats Out-Vote GOP

For the first time in 18 years Tuesday, since the Republican Party has been organized and winning elections in Seminole County, a higher percentage of Democrats voted than members of the GOP.

But the voters of neither party went to the polls in as great a number as expected by Seminole Elections Supervisor Sandy Goard.

With 73,177 registered Republicans and Democrats eligible to cast ballots in the presidential preference primary, only 22,230 chose to do so for a 30.3 percent overall turnout.

### Election details, page 12A

Mrs. Goard predicted a 42 percent — 30,734 — overall turnout.

Meanwhile of the 39,529 Democrats, 14,841 cast ballots for a 37.5 percent turnout. Of the 33,648 registered Republicans, 7,389 voted for a 21.9 percent turnout.

Republican Party officials reminded Tuesday night, however, that President Reagan was running unopposed and the only other contests on the countywide ballot involved elections for state committeeman and committeewoman.

A total of 606 absentee ballots were counted in the election.

Mrs. Goard's office had no problems with tabulating the election results.

First returns, the count of the absentee ballots, were available at 7:05, five minutes after the polls closed.

Final results of all 72 precincts in the county were available at 8:34.

—Donna Estes

## Penny Ante

### Auto Parts Store Unhinged In Theft

The Sanford police are — to coin a phrase — looking for a thief with a lot of spare change.

Sometime between 4 p.m. Friday and 7:35 a.m. Monday, someone decided to take over \$100 worth of pennies, nickels, dimes and quarters from Sanford Auto Parts, 115 W. 1st St., according to a police report.

Scott D. Larson, 29, of 1501 Forest Drive, vice president of the company, told police that someone during the weekend unscrewed hinge bolts on the

bottom and middle double doors of the store and took \$45 in rolled coins and \$59.32 in loose change from the company cash drawers.

Evidently the unconventional numismatist took only the coin, left the way he entered and politely closed the doors behind him.

Police are trying to make head and tails out of the evidence, realizing they may be looking for someone with a taste for mint and penny ante.

—Deane Jordan

### TODAY

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# Sanford Reaching For Water Deal With Lake Mary

By Donna Estes  
Herald Staff Writer

If Lake Mary accepts the invitation, city commissioners from Sanford and Lake Mary will meet Tuesday to devise a plan for providing adequate water supplies for both communities.

At Sanford Mayor Lee P. Moore's urging, Sanford commissioners agreed Monday night to hold discussions with Lake Mary as long as necessary to see how close they can come to achieving the planning goal.

City officials in Lake Mary appeared amenable to the joint meeting today, according to City Manager Kathy Rice. She said she talked to three of the commissioners who agreed to the get-together, but the invitation has yet to be discussed at the commission's regular meeting Thursday.

Both cities are already prepared to keep the interconnect between the Sanford water supply and the Lake Mary distribution system in place even after Lake Mary has its own water supply, said Sanford City Manager W.E. "Pete" Knowles.

Moore, for the second city commission meeting in a

row, urged cooperation with Lake Mary, saying "You can put only so many straws in a soda pop bottle before it is sucked dry."

Moore said several citizens since his last plea for cooperation between the two cities have asked him why he wants to give Sanford's water away.

Moore explained again that Sanford has no place else to go to expand its water supply but to the Lake Mary area. He noted that good water is not available near Lake Monroe and that salt water has already intruded into a well at the city's well field at U.S. Highway 17-92 and Airport Boulevard.

The only available water is somewhere between 17-92 and the Wekiva River for the entire north end of the county from as far south as General Hutchinson Parkway, Moore said.

He said this means future Sanford well fields must be drilled somewhere in the Lake Mary area.

The only way to provide an adequate water supply for Sanford and Lake Mary is through the cooperation of the two communities, working together, Moore said. Pointing to the anticipated growth in the area, Moore said

Sanford is expected to have a population of 39,000 by 2000 while Lake Mary expects a population of 39,000 by 2010 and all these people will need water.

"I'm not giving anything away," Moore said. "I'm trying to protect Sanford."

He urged his colleagues not to be "short-sighted." He said he is interested in making sure Sanford has a stake in a future water pool that will most likely be in Lake Mary.

"I'm not suggesting anything be changed until both cities are willing to put their names to an agreement," Moore said. "If they or we can't agree, then a deal can't be struck."

Knowles said Lake Mary's plans to drill wells and place a water plant in the Rinehart Road-Lake Mary Boulevard area would fit in well with Sanford's water plants in the Country Club Road and U.S. Highway 17-92-Airport Boulevard areas.

"It's good engineering taking into account Sanford's system," Knowles said of the Lake Mary plan. "I find no fault with what Lake Mary is doing."

Commissioner David Farr earlier fought Moore's

suggestion that the two cities move jointly to solve the problem of an adequate water supply.

Farr had said that he didn't see Sanford gaining anything while Lake Mary would gain water from Sanford for the next two years or so until its own water supply "is on stream."

But Monday night after listening to Moore again, he said, "Let's sit down with Lake Mary and go with discussions as far as they will go."

Commissioners Ned Yancey and Milton Smith agreed with Moore.

Moore suggested and his colleagues agreed that a luncheon meeting be held at Sanford City Hall with the Sanford commissioners as hosts.

In other action, Moore reminded Knowles to submit an application to the city of Lake Mary for a special exception to Lake Mary's zoning laws to permit the drilling of new wells on a 24 acre site within the city. Sanford has an option to purchase the site from Patricia Stenstrom for slightly less than \$300,000 for a new well field.

# NATION IN BRIEF

## Meese Agrees To More Questioning

WASHINGTON (UPI) — White House counsel Edwin Meese will return to Capitol Hill for an unusual second round of questioning on his nomination for attorney general that will focus on 1980 Carter campaign memos found in his files.

Meese was asked to return after Democrats on the Senate Judiciary Committee clamored Tuesday for a chance to question him further about discrepancies in his statements on Carter campaign memos and other topics.

Sen. Strom Thurmond, R-S.C., chair of the committee, which is considering Meese's fitness to serve as attorney general, asked for reopening Meese's confirmation hearing was not immediately set.

The Washington Post, meanwhile, reported in today's editions that a friend of Meese said he gave Meese's wife Ursula an interest-free loan of "maybe over \$15,000" in December 1980, but Meese did not disclose the loan as required by law.

## Mayor Will Fight Recall

ATLANTIC CITY, N.J. (UPI) — A bitter two-year power struggle and a recall vote have left Mayor Michael Matthews without a job, but he says the battle is not over.

Atlantic City voters decided Tuesday to recall Matthews and elect James Usry to the post, making him the first black mayor of the casino resort.

But Matthews, whose 20 months in office have been tainted by political turmoil and allegations of corruption, immediately vowed a court challenge to the election results. Matthews, 50, the target of a continuing federal grand jury probe into allegations he accepted payoffs from an FBI undercover agent posing as a land developer, told a group of supporters the recall petition lacked the required number of signatures.

## Gasoline Prices On Rise

NEW YORK (UPI) — Texaco Inc., the nation's sixth largest gasoline marketer, Tuesday raised its wholesale gasoline prices by a penny a gallon around the country in a move that could signal the end of falling pump prices.

Marathon Oil Co., Mobil Corp., and Shell Oil Co. also increased their wholesale prices by as much as a penny a gallon this week in selected U.S. gasoline markets, industry sources said.

The Los Angeles-based Lundberg Survey reported Sunday that the average U.S. retail gasoline price had risen a fraction of a cent over the past two weeks after declining steadily since July 1983.

## WEATHER

**NATIONAL REPORT:** A late-winter storm that failed to dissipate as predicted smothered the Northeast with up to 15 inches of snow today and locked suburban New York City in a sheath of ice after cutting voter turnout in Tuesday's Massachusetts primary. At least 14 deaths since Sunday were blamed on snow and ice from the storm that swept out of the Plains. Victims included four in Missouri, three in Indiana, two each in Nebraska and New York, and one each in South Dakota, Maine and New Hampshire. The storm originally forecast to end by Tuesday night was going full tilt early today. Forecasters said up to 1 1/2 feet of snow was possible before it ends. Albany, N.Y., had 15 inches by midnight and much of Massachusetts reported 8 inches, while Syracuse, N.Y., reported only 2 inches. An ice storm all Tuesday evening made travel hazardous in suburban New York City and northern New Jersey. Heavy ice buildups snapped power lines and caused scattered power failures. Frigid temperatures were on tap for Montana, North Dakota, Upper Michigan and Maine.

**BOATING FORECAST:** St. Augustine to Jupiter Inlet out 50 miles — Northerly wind 10 to 15 knots becoming northeasterly 15 knots tonight and easterly 15 knots Thursday. Seas 2 to 4 feet increasing to 3 to 5 feet tonight.

**AREA FORECAST:** Today variable cloudiness and mild. Highs upper 70s to low 80s. North to northeast wind 10 mph. Tonight fair and cooler. Lows low to mid 50s. Northeast wind 5 to 10 mph. Thursday mostly sunny and continued mild. Highs near 80.

**EXTENDED FORECAST:** Partly cloudy and warm becoming occasionally cloudy and cooler north Sunday with a chance of showers or thunderstorms. Lows averaging lower 60s north to lower 70s south. Highs mostly in low 80s north to mid 80s south except mid to upper 70s north Sunday.

**AREA READINGS (9 a.m.):** temperature: 69; overnight low: 63; Tuesday's high: 83; barometric pressure: 30.26; relative humidity: 87 percent; winds: northeast at 11 mph; rain: none; sunrise: 6:37 a.m., sunset 6:33 p.m.

**THURSDAY TIDES:** Daytona Beach: highs, 6:18 a.m., 6:37 p.m.; lows, 11:32 a.m., 12:14 p.m.; Port Canaveral: highs, 6:10 a.m., 6:29 p.m.; lows, 11:25 a.m., 12:05 p.m.; Baysport: highs, 11:11 a.m., 12:58 p.m.; lows, 6:27 a.m., 6:34 p.m.

## STOCKS

These quotations provided by members of the National Association of Securities Dealers are representative inter-dealer prices as of approximately noon today. Inter-dealer markets change throughout the day. Prices do not include retail markup/markdown.

Bid	Ask
Atlantic Bank	24 1/2
Barnell Bank	37 1/2
unchanged	

Florida Power & Light	36 1/2	unchanged
Flg. Progress	19 1/2	19 1/2
Freedom Savings	13 1/2	13 1/2
HCA	38	38 1/2
Hughes Supply	18 1/2	19 1/2
Morrison's	12 1/2	13 1/2
NCR Corp.	109 3/4	110 1/2
Pleasant	33 1/2	no trades
Scotty's	14 1/2	14 1/2
Southeast Bank	22 1/2	22 1/2
Sun Banks	24 1/2	unchanged

## Ewing Herald (USPS 461-380)

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# Taxi Driver Reports Someone Fired Shot At Cab

A Sanford taxi driver told police someone shot at his car while he was transporting a customer.

Carl W. Arnold, 20, of 1117 W. Olive St., reported to police that Tuesday night at 9:18 while he was transporting a passenger, one of two suspects, possibly juveniles, pointed a gun at his taxi and fired. Arnold said he was at 9th St. and Coastline Park when the shooting occurred.

While neither Arnold nor the passenger Smith were injured, according to the officer's report, there was damage to the rear right fender of the 1972 Ford four-door that could have been caused by a bullet.

## MANSLAUGHTER SENTENCE

An Orlando man has been sentenced to five years in prison for the hit and run death of a pedestrian on Interstate 4.

Richard Shawn Taylor, 27, of Orlando, was sentenced to five years by Circuit Judge Dominick J. Salfi for the Sept. 18 driving under the influence manslaughter of Jimmy Ray Davis, 22, of Salisbury, N.C.

For the no contest plea of DUI manslaughter offered Dec. 16, the state agreed not to prosecute three other charges of vehicular homicide involving the scene of an accident involving a child with an unexplained blood stain on his head.

According to police report and eyewitness accounts, Taylor was traveling eastbound on Interstate 4 just south of state Road 436 in a 1969 Oldsmobile at 11:30 p.m. when he struck Davis who had just stepped out of the emergency lane. One motorist who witnessed the accident stopped to aid the victim while a second motorist followed Taylor — who was traveling 65 to 70 mph — and by flashing his lights stopped him about a mile from the accident scene.

According to the motorist who stopped to give aid, the impact of the accident decapitated Davis.

Taylor, who was born in England, was not sentenced under the guidelines and must attend the Avon Park Alcohol Program.

Salfi said he would consider — within 60 days — a sentencing program of 20 months with community control and probation if such a program is offered.

The prosecutor was Steven Plotnick.

## ROADSTER STOLEN

A 1934 roadster worth \$35,000 has been stolen from its storage place at a Sanford business.

Car owner William D. Sternberg, 48, of 1803-G Landing Drive, Sanford, told police the two-door black Ford roadster was taken from a bay at the Sanford Seminole Company, 433 N. Palmetto.

### Action Reports

★ Fires

★ Courts

★ Police

The antique car with tan interior and canvas top is worth \$35,000.

Sternberg said the car was taken between 5 p.m. March 6 and Monday at 3:24 p.m.

According to the police report, whoever took the car pried the bay door open to get the classic vehicle.

## BEER AND CIGARETTES

Someone with a possible taste for a variety of beer and cigarettes smashed the front door of a Sanford grocery store and took \$200 worth of the items plus some meat.

Early today at 3:40 a.m. a thief or thieves shattered the plate glass front door of Wade's Grocery, 509 East 7th St. and took \$80 worth of assorted cigarettes, several cases of beer worth \$150 and \$26.03 worth of meat, according to a Sanford police officer's report.

Sang Lee, 46, of 7117 Greenneedle Drive, Winter Park, owner of the store, said the plate glass window would cost about \$100 to replace.

## COW BUTCHERED

An 850-pound black Angus cow and a 150-pound calf were slaughtered in a field at the Deese Ranch, state Road 46 east of the Lake Jessup Bridge, Osteen.

Owner Robert L. Deese reported that the animals were butchered between 6 p.m. Friday and 11:15 a.m. Saturday.

A Seminole County sheriff's deputy using a tracking dog found a quarter of the \$800 cow covered with palmetto branches on the property. The dog continued to follow a trail for a short distance, but stopped when it approached an area where there were several houses, a sheriff's report said.

Deputies hid in the woods and watched the area where the cow carcass was hidden, but no one came to claim it, the report said. The slaughtered calf was valued at \$200.

## POT & BATTERY

A Longwood man who was arrested for possession of a controlled substance after he was allegedly found passed out behind the steering wheel of his vehicle with the engine running and parked on a pedestrian walkway at

the Sanford Amtrak station also faces a charge of battery to a police officer.

Herndon ambulance paramedics and a sheriff's deputy who tried to remove the man from his vehicle at 7:11 p.m. Sunday reported that he became abusive, fought with them and bit the deputy on the hand, a sheriff's report said.

When the suspect stepped out of his vehicle a bag of marijuana reportedly fell from between his legs, the report said.

Scott Robert Jones of P.O. Box 1453, Longwood, is being held in lieu of \$5,000 bond.

## FEEDTHEFT

A Sanford man charged with taking hay and soy beans from a neighbor's shed, reportedly said that he had taken feed on several occasions for his animals.

Mike Taylor advised a sheriff's deputy that feed had been stolen from his shed at the end of Michigan Avenue, Sanford, Saturday around 10 a.m. The deputy reportedly followed tracks from the shed to a neighbor's shed at 714 Michigan Ave. When the deputy asked the suspect to open the shed for inspection, the man initially refused. He couldn't unlock the door, later reportedly apologized for taking the feed and said his animals needed it.

Randy Scott Mead was charged with burglary to a structure, trespassing on cultivated land and petty theft. He was released from the Seminole County Jail and is scheduled to appear in court March 30.

## SPOUSE ABUSE

A 66-year-old Sanford man, arrested for beating his 62-year-old wife with a shoe, posted \$500 bond and was released from the Seminole County Jail.

The man was charged at 10 p.m. Saturday by a sheriff's deputy who responded to a disturbance call and reported seeing bruises and blood on the arms, stomach and head of Annie L. Harris, Route 3, Box 753 Miller Road, a sheriff's report said.

Mrs. Harris alleged that her husband had beaten her with a shoe and Delvin Franklin Harris was charged at his home with spouse abuse.

Mrs. Harris was treated by the Seminole County rescue squad and was transported to Central Florida Regional Hospital, Sanford. She reportedly told the deputy that she feared for her life.

Harris is scheduled to appear in court March 23.

# Convicted Killer Autry Executed By Injection

HUNTSVILLE, Texas (UPI) — Convicted killer James David "Cowboy" Autry was executed by lethal injection early today, telling a housewife who befriended him "I love you" before he closed his eyes and died on a gurney.

Autry, 29, a native of Amarillo, Texas, was pronounced dead at 12:40 a.m. CST, 15 minutes after a lethal injection of drugs began flowing into his veins.

The soft-spoken man who other convicts called "Cowboy" had hours earlier accepted a priest's forgiveness for killing a convenience store clerk, Shirley Drouet, 43, in a dispute over a

\$2.70 six-pack of beer April 20, 1980. A bystander also was killed.

He was the second man to be executed in Texas by injection and the 14th man to be executed in the United States since the Supreme Court ended its moratorium on capital punishment in 1977.

Autry received his choice of a last meal of a hamburger, french fries and a Dr. Pepper.

"After the solution started flowing, he gazed steadily at Mrs. Tadlock," a witness said.

Witnesses said Autry showed no apparent reaction for five to seven minutes after the solution started.

Mrs. Tadlock, who was cry-

ing, said to him: "You've got the prettiest brown eyes. I'm so lucky to have gotten to know you."

There was no response, but finally, looking at Mrs. Tadlock, Autry said, "I love you," and his body went out of control. His legs straightened, his body tensed. Then he lay still.

## AREA DEATHS

### JESSIE C. BRADLEY

Mr. Jessie Cleveland Bradley, 79, of 2055 Airport Blvd., Sanford, died Sunday at the Longwood Health Care Center, Longwood, born Feb. 7, 1905, in Danburg, Ga. he was a resident of Sanford for more than 40 years. He was a retired telephone cable installer and a World War II veteran of the U.S. Army. He was a member of New Bethel Missionary Baptist Church, Mount Olive Masonic Lodge 79, Rose of Sharon 134, Order of the Eastern Star, Heroines of Jericho, Pallbearers Society 5, and Friendship and Union Society.

Survivors include a sister, Fannie Lou Coleman, Sanford; two brothers, Gordon Bradley and Jerry Bradley, Sanford.

Wilson-Eichelberger Mortuary is in charge of arrangements.

**GEORGE J. CUBBISON**  
Mr. George J. Cubbison, 59, of 105 Club Road, Sanford, died Monday at Central Florida Regional Hospital, born April 6, 1924, in Butler Pa., he moved to Sanford from Norfolk, Va., in 1960. He was retired from the U.S. Navy and was a retired manager of a convenience store. He was a Presbyterian. He was a veteran of World War II and a member of the Fleet Reserve B. Duke Woody Branch 147, Sanford.

Survivors include his wife, Joanne R.; daughter, Janice C. Richards, Longwood; sister, Mrs. Louis Smith, Cleveland; two brothers, Donald, Berkeley, Mich., and Philip, Alexandria, Va.; one granddaughter, Jodi Michele, Longwood.

Gramkow Funeral Home, Sanford, is in charge of arrangements.

**EVA J. BELANGER**  
Mrs. Eva J. Belanger, 84, of 228 Spring Hammock Drive, Longwood, died Monday at Longwood Health Care Center, born June 17, 1899, in Canada, she moved to Longwood from Massachusetts in 1965. She was a retired licensed practical nurse and was a member of the Catholic Church of the Nativity.

She is survived by a niece, Mrs. Barbara Midgley, Danvers, Mass. Baldwin-Fairchild

Funeral Home, Altamonte Springs, is in charge of arrangements.

### GLENA MONROE

Mrs. Glenna Monroe, 43, of Lake Mills Road, Chuluota, died Monday at Winter Park Memorial Hospital, born Feb. 20, 1941, in Jackson, Mich., she moved to Chuluota from Orlando in 1972. She was a homemaker and member of Faith Assembly of God. She served as a volunteer parent with the state.

Survivors include her husband, Terry; four sons, Kenneth Allen, Germany, Paul Allen, Jacksonville, N.C., Mark Monroe, Troy Monroe, both of Chuluota; daughter, Glemma Angella, Chuluota; two brothers, Ernie Sprunger, Tim Sprunger, both of Jacksonville; sister, Nancy Herr, Jackson; mother, Helen Taylor, Jackson; stepfather, Roy Taylor, Jackson; one grandchild.

Baldwin-Fairchild Funeral Home, Goldenrod, is in charge of arrangements.

### IRENE J. SHEARIN

Mrs. Irene Julia Shearin, 82, of 120 Penelope Drive, Longwood, died Monday at

Florida Hospital-Altamonte, born Nov. 12, 1901, in St. Louis, she moved to Longwood from Oceanside, Calif., in 1980. She was a homemaker and a Catholic. She was a member of Casselberry Senior Citizens, American Legion, Fern Park.

Survivors include four sons, Jim, of Michigan, Jack and Dennis, both of Las Vegas, Nev., Jerry, of Henderson, Nev.; three daughters, Bille Mullen, Henderson, Shella Lanza, Spring, Texas, Bridget McKee, Longwood; sister, Frances Austin, Lexington, Ky.; 29 grandchildren; 15 great-grandchildren.

Baldwin-Fairchild Funeral Home, Altamonte Springs, is in charge of arrangements.

**RUTH E. ROSSSELL**  
Mrs. Ruth E. Rossell, 67, of 656 Park Lane, Altamonte Springs, died Tuesday at her home, born March 2, 1917, in Manitowoc, Wis., she moved to Altamonte Springs from San Juan, Puerto Rico, in 1971. She was a homemaker and a Protestant. She was a member of PEO and a U.S. Navy veteran of World War II.

Survivors include her husband, W.T.; three sons,

Charles P. of Sorrento, Kenneth E. of Fort Myers, and David K. of Orlando; daughter, Stephanie Van Twuyver, Altamonte Springs; seven grandchildren.

Baldwin-Fairchild Funeral Home, Altamonte Springs, is in charge of arrangements.

**EDITH MICHEL**  
Mrs. Edith Michel, 81, of 517 Seminole Ave., Longwood, died March 7 at Longwood Health Care Center, born Jan. 20, 1903, in Greensboro, N.C., she moved to Longwood from Arizona in 1974. She was a retired nurse and was a Protestant.

She is survived by a nephew, Douglas Cartland, New York City.

Baldwin-Fairchild Funeral Home, Forest City, is in charge of arrangements.

**RALPH M. HEALEY**  
Mr. Ralph Milton Healey, 67, of 525 Little Wekiva Road, Altamonte Springs, died Monday at Florida Hospital-Orlando, born June 8, 1916, in Hagerstown, Md., he moved to Altamonte Springs from there in 1976. He was a retired owner of a business forms company and was a member of St. John Lu-

theran Church. He was a member of Bahia Shrine, Orlando, Masonic Blue Lodge Friendship 84, Ithel R.A. Chapter 27, St. Bernard Commandery 9, Knights Templar, Elks 378, American Legion 42, Hagerstown.

Survivors include his wife, Virginia; son, Phillip C. Metz, Hagerstown; two daughters, Sandra Forbes, Mercersburg, Pa., Suzanne Thoms, La Porte, Ind.; two brothers, Albertus B., Hagerstown, Charles Brooks, Perry Point, Md.; sister, Jane H. Pethers, Inverness; six grandchildren.

Cox-Parker Funeral Home, Winter Park, is in charge of arrangements.

**SAMUEL A. ALTER SR.**  
Mr. Samuel Ashe Alter Sr., 80, of 504 W. Plantation Blvd., Lake Mary, died Monday at his home, born April 25, 1903, in Pennsylvania, he moved to Lake Mary from Winter Park in 1978. He was a former Lend Lease executive and was an Episcopalian. He was a Mason, Shriner, Elk and member of Sons of the American Revolution.

Survivors include his wife, Elinor; son, Samuel Ashe Jr., Pensacola; sister,

Mrs. Richard Parker Miami; brother, Foster Everett, Sebring; four grandchildren.

A memorial service will be held later in Pennsylvania. All Father Memorial Park, Casselberry, is in charge of arrangements.

## Funeral Notices

**BRADLEY, MR. JESSIE C.**  
— Funeral services for Mr. Jessie Cleveland Bradley, 79, of 2055 Airport Blvd., Sanford, who died Sunday, will be at 1 p.m. Saturday at New Bethel Missionary Baptist Church, 612 E. 10th St., Sanford, with the Rev. Robert Doctor officiating. Burial to follow in Friendship and Union Cemetery, Sanford. Calling hours for friends will be from noon until 9 p.m. Friday at the chapel, Wilson-Eichelberger Mortuary in charge.

**CUBBISON, MR. GEORGE J.**  
— Funeral services for Mr. George J. Cubbison, 59, of 105 Club Road, Sanford, who died Monday, will be at 10 a.m. Thursday at Gramkow Funeral Home Chapel with the Rev. Douglas Caulder officiating followed by a Fleet Reserve service. Visitation Wednesday 2-4 and 7-9 p.m. Burial with full military honors in Oaklawn Memorial Park, Gramkow Funeral Home in charge.

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# Accountants Borrow From Barnett. It Figures.

LENDER

Barnett's bankers lend more money to more people in Florida than any other banking organization in the state. Isn't it time you talked to Barnett?

# Fascinating Facts

## Where Do A Lot Of America's Rich Folks Live?

WASHINGTON (UPI) — The Census Bureau is offering a new book of factual nuggets on cities and counties that tells where to find the rich, the well-educated, the poor, the crowds and the wide-open spaces.

In announcing the publication — and promoting it for sale at \$24 — the bureau gave a sampling to whet appetites.

Some of the information raises more questions than it answers.

Why, for instance, did Geary County, Kan. have a birth rate of 42.6 per 1,000 women in 1980 while the national rate was a paltry 15.9?

Other statistics could be helpful to manufacturers, advertisers and fortune hunters.

Calif., and Highland Park, Ill., the bureau says.

Of 952 cities with 25,000 people or more, those three had the highest per person income in 1979. Beverly Hills had "by far the highest" with \$24,387 for each man, woman and child within its borders. Newport Beach

was second with \$18,082 and Highland Park third with \$17,475.

Looking at wealth another way — median household income — Alaska leads. In 1979, Bristol Bay Borough was first with \$33,516, followed closely by North Slope Borough, Sitka Borough and Juneau Borough.

Washington's suburbs came in next. Fairfax County, Va. was fifth with a median \$30,011 and Montgomery County, Md. sixth with \$28,987.

On the opposite side of the spectrum, Tunica, Miss. had the highest percentage of persons living below the poverty level in 1979, 52.9 percent.

Los Angeles had the largest population of people per square mile.

For a quieter place, there's Loving County in Texas, which had only 91 residents. And for wide-open spaces, you cannot beat Alaska, which has only one person per square mile.

If you love old houses — or if you're selling

remodeling materials — Kansas, Nebraska and South Dakota are the places to be. They have 19 of the top 25 counties with the highest percentage of housing built before 1940.

Looking for a town of blue-collar workers? Go South. Of counties with more than half the work force in manufacturing all but one — Elk Grove, Pa. — are in the South. Murray County, Ga. leads with 62 percent, followed by Union County and Lancaster County in South Carolina with 58 percent each.

Looking for a special ethnic or age group? Charlotte, Fla. leads in places with elderly populations — 34 percent of its residents are over 65. Starr, Texas, has the highest percentage of Hispanics, 97 percent, and Macon, Ala. leads in black communities — 64 percent.

Fresno County, Calif. had the largest farm population in 1980 — 25,082, followed by Lancaster County, Pa. with 24,556.

Have a lot of money to spend on a house? You'll need it in Pitkin, Colo. where the median value of owner-occupied units in 1980 was a cool \$200,000.

## Why Should Cops Know What Alaskan Fur Seals Eat?

MALAGA, Spain (UPI) — For aspiring candidates to the Malaga police force, knowing proper law enforcement procedure simply is not enough these days. The diet of Alaskan fur seals has become required knowledge.

A new written test being given to applicants also asks such questions as "what is the official

currency of Madagascar?" and "in what year did the Visigoth King Recusinto die?"

Yet only one of the questions referred to Malaga — "How many councilmen does the city have?"

About 3,000 people took the exam to apply for 47 police cadet positions — and about 2,000 failed. Those who did not pass

will not be given another chance.

Local unions are loudly protesting the test and even Mayor Pedro Aparicio has criticized it as "surreal."

But Police Commissioner Jacinto Mera says the answers are available in high school textbooks. And, he said, a city

police committee unanimously approved the 50 questions.

One union leader called some of the questions "downright stupid" for a police exam, such as, "In what year was Julio Acosta president of Costa Rica?" and "In what year was the Battle of Mohacs fought?"



### What A Character!

Storybook characters stepping out of the pages at Wilson Elementary School media center to parade recently were pupils' favorites such as Annie, above left, portrayed by Shannon Riordan, 6, and, above right in photo on right, by Haley Cavallaro, 6. She's joined by Strawberry Shortcake, portrayed by Stephanie Pratt, 5. Below, Billy Melcalf, 6 is Pinocchio. All are in kindergarten class.

Herald Photos by Tammy Vincent

## Drug TPA Offers New Hope For Heart Attack Victims

BOSTON (UPI) — A new drug derived from human tumors may soon be used to unclog the heart vessels of heart attack victims without causing severe bleeding.

Scientists said preliminary studies on the substance — called tissue-type plasminogen activator, or TPA — found it quickly dissolved blood clots that cause heart attacks, while not interfering with the body's normal ability to stop bleeding.

A variety of drugs currently used to break up clots and restore normal blood flow to heart tissue run the risk of causing bleeding in the brain and other life-threatening areas.

The study, conducted at Washington University in St. Louis and published in the *New England Journal of Medicine*, indicates the new substance causes little or no bleeding in moderate doses.

If TPA can be proven effective without causing excessive bleeding, it may be possible to use it in the ambulance or even as an injection the patient could give himself during a heart attack, when the drug would do the most good, said Dr. Burton E. Sobel, a professor of medicine at Washington University.

TPA previously could only be obtained by isolating the substance from human tumors — a slow and expensive process. But now a number of companies have begun manufacturing the substance through new genetic engineering techniques. Genentech of San Francisco has begun testing its products on humans.

Heart attacks, which kill between 400,000 and 500,000 Americans each year, do their most damage during the first few hours after a clot has lodged in one of the vessels that carry blood to the heart muscle.

To restore blood flow to the heart, doctors inject clot dissolving drugs into the blood stream. Recent studies indicate the sooner the drugs can be administered the less damage the heart will sustain.

But because the drugs cause bleeding, doctors are often reluctant to administer them, especially if the patient is likely to have to undergo surgery, where an inability to clot can be fatal.

Sobel said the study confirmed the drug's ability to dissolve clots while not causing bleeding.

# Teachers Who Do Their Homework Borrow From Barnett.

# Barnett Bank



LENDER

Barnett's bankers lend more money to more people in Florida than any other banking organization in the state. Isn't it time you talked to Barnett?

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Revised booklet of Veterans benefits recently published by the Veterans Administration now available to honorary discharged Veterans at no cost.

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# Evening Herald

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## It's Time For Assessment

The lowering of the U.S. flag and the departure of the last of the 1,500 Marines from Lebanon will on Feb. 26 end a muddled American intervention of 17 months in the Middle Eastern cauldron.

We're reminded of the humiliating U.S. pullout during the final hours before Saigon fell to the communists. The circumstances were vastly different, of course, but there's a similar discouragement. This anguish has been heightened, ironically, by the president whose earlier rhetoric in defense of the peace-keeping mission was in terms of "stay or surrender" and preservation of "vital American interests."

This is a time to assess the damage and to seek out some lessons.

The first reality to be acknowledged is that the militant Syrians, clients of the Soviet Union, won. The U.S. State Department has abandoned its efforts to negotiate a settlement in Lebanon. The Beirut government of President Amin Gemayel, such as it is, lingers on at the mercy of Syria's President Hafez Assad, who has lost no time in dictating Lebanon's abrogation of its peace accord with Israel.

The consequences of this could be more far-reaching than is now apparent. The Israelis are likely to be more reluctant than ever to negotiate a settlement with the Palestinians on the West Bank; any treaty with the Arabs would be more suspect in Jerusalem now. And, moreover, U.S. conduct in Lebanon has raised new questions about U.S. reliability as an ally among the so-called Arab moderates — Egypt, Jordan and Saudi Arabia.

In retrospect, the chief lesson to be learned from our sad Lebanese experience is to recognize the folly of *ad hoc* policy making — day-to-day reaction to unexpected events in a dangerously volatile place like the Middle East. There was no deliberate decision in Washington to send the Marines into Beirut to keep the peace; they wound up there almost as an afterthought to their original mission, which, astonishingly, was to provide safe escort for PLO forces trapped in Beirut following Israel's spectacular sweep through Lebanon during the late summer and early autumn of 1982.

Another *ad hoc* decision was the little-remembered and tragic turning point the United States precipitated on Sept. 19, 1983, when U.S. warships bombarded Lebanese Druse rebels to prevent them from breaking through Lebanese government troops and overrunning Beirut.

This heavy intervention was enormously significant because it meant from that day on, the United States had abandoned its peacekeeping role and had become an active antagonist. The naval bombardment undertook a mission impossible — the sustaining of a government that represented a minority of the Lebanese population, which was engaged in a fratricidal religious struggle.

But the Marines had neither the strength nor the authority to intervene as antagonists. As though the situation had not been radically altered, they remained passive peacekeepers at the Beirut Airport. Actually, they became targets of opportunity for Moslem terrorists. Thus it was that on Oct. 23 last year a truck loaded with high explosives penetrated the Marines' lightly defended compound and blew up their barracks building with a loss of 239 lives.

The final lesson to be remembered is the crippling role played by liberals in this country. These people managed first to get the United States to restrain Israel from following through with its liberation of Lebanon and subsequently hamstringing the administration's effort to relocate Israel in what proved to be the futile search for a peaceful settlement. Such domestic interference brings into question the ability of the United States to follow through on any foreign policy commitment.

The issue now before the American people is how to translate the lesson of Lebanon to good effect in our other hot spot, Central America. The consequences of our defeat and departure from our own back door would be far more disastrous than what happened in Lebanon. The United States and the cause of freedom must prevail against the communists in Central America at all costs. That's the real lesson of Lebanon.

## BERRY'S WORLD



"Do you know Michael Jackson? Maybe he'd help us out with this deficit situation."



By Donna Estes

Larry Churchill, chief legislative analyst for the Republicans in the Florida House of Representatives, says while Gov. Bob Graham may not plan to raise taxes during the upcoming session of the legislature, he does plan to increase fees by \$30.5 million. "These are just a few of the fee increases contained in the Graham budget," Churchill says:

- \$10 million from an increase in tuition fees.
- \$7.5 million from an increase in drivers' license fees from \$9.50 to \$15 for people with prior traffic convictions.
- \$1.4 million from a \$10 penalty or late renewal fee for drivers' licenses.
- \$4.5 million from an increased charge to reinstate licenses after suspension for DUI from \$25 to \$125.
- \$1.5 million from a \$5 surcharge on all moving traffic violations.
- \$1.7 million from increasing probation supervision.

Churchill says the increase in Graham's

1984-85 budget recommendation over this year's adjusted appropriations is \$936 million, a 7.8 percent increase. He added the state's reserve (rainy day) fund would be increased to \$115 million.

He said the state's school districts' required local effort (the amount of property tax it must levy) will be maintained at \$4.40 per \$1,000 assessed valuation of real property. But because of higher property values, that rate will bring in about \$107 million more next year.

Despite rumors floating around, Stromberg-Carlson is not moving people or departments out of its Lake Mary facility.

David Wunderling, Stromberg's public relations director, said engineers in its rented facility east of U.S. Highway 17-92 in Longwood are being transferred back to the Lake Mary plant.

At the same time, the Stromberg people in marketing and administration are being moved to the new headquarters in the quarters in front of the Stromberg plant. Wunderling said Stromberg is still

maintaining its training facility in Winter Park and everything else is consolidated at Lake Mary.

U.S. Sen. Paula Hawkins, R-Winter Park, has been appointed chairman of the Senate's subcommittee on alcoholism and drug abuse.

Sen. Orrin Hatch, R-Utah, in announcing the appointment, said Mrs. Hawkins has been a leader in the U.S. Congress in working to stamp out illicit drug traffic and focusing national attention on the drug abuse problem.

She also organized the Senate Drug Enforcement Caucus and is its chairman. Forty-seven senators are members of the caucus which has held hearings focusing on the international narcotics trade and the need for improved law enforcement techniques and better trained personnel to combat the drug menace. Hearings have been held in Washington, D.C., Florida, Arizona, Alabama, New York and Mississippi.

## WASHINGTON WORLD

### Foreign Aid Bill Doomed?

By Robert Shepard

WASHINGTON (UPI) — The chairmen of the Senate Foreign Relations Committee and the House Foreign Affairs Committee are determined to get a foreign aid bill through Congress this year. But despite their good intentions, the goal may be a long shot.

Congress has not enacted a full-fledged foreign aid bill since 1981, and there was a gap of some years before that.

The committees did their best, holding hearings to take testimony from administration and other witnesses and then marking up their bills and sending them on to the House and Senate for action.

But time often runs out and Congress quits for the year before all the parties can agree on a final version of the foreign aid bill. As a result, a truncated version of the bill and the appropriation to finance various foreign aid programs are lumped into a catch-all continuing resolution.

It is difficult to authorize new programs in such resolutions and the money levels usually are the lowest of the two figures recommended by either the House or Senate or their committees.

Rep. Dante Fascell, D-Fla., the new chairman of the House Foreign Affairs Committee, would like to get his tenure off to a good start by passing a foreign aid bill this year. He pushed the subcommittee for prompt reports on their areas and now is trying to get the bill through the full committee.

Chairman Charles Percy, R-Ill., of the Senate Foreign Relations Committee said Feb. 22 he is "determined to enact a foreign aid authorization this year."

He said it was "just unacceptable" for the committee to put in long hours on hearings and markups and then see them not pass.

Sen. Claiborne Pell, D-R.I., seconded Percy's comments, but also noted the difficulties.

"There is probably no program in government that is more unpopular and difficult to sell" than the foreign aid bill, Pell said.

To many voters, the foreign aid program is seen as a give-away of billions of U.S. dollars to foreign governments, many of whom say "thank you" by voting against the United States at the United Nations or otherwise not cooperating with U.S. interests.

Members of Congress know that when they vote for foreign aid they will have to go home and explain themselves to skeptical constituents.

Those votes could be even more difficult this election.

## JACK ANDERSON

# Author Wages War On Pollutants

WASHINGTON — Edward J. Bergin is a senior Labor Department official who has chosen a unique way to challenge his superiors in the federal government. He has written a book exhorting several agencies, and the Reagan administration in general, for failing to protect the American public from pollutants in the environment.

Until they read this column, Bergin's bosses won't know about his book, *How to Survive in Your Toxic Environment*. It's being published in June by Avon Books.

"I'm expecting trouble, and I know I'll be subjected to tremendous pressure," he told my associate Indy Badhwar. "But I'm sick and tired of our government agencies continuing to act as if chemicals have more rights than people."

Bergin, 42, is currently a senior policy adviser in the Occupational Safety and Health Administration, earning about \$58,600 a year. He could continue his career and retire comfortably, but he has decided to fight to revive programs, which were canceled by the Reagan administration but which he believes are essential for the public's safety.

In 1980, Bergin participated in an exhaustive study of workers disabled by harmful chemicals. The 138-page report to Congress estimated that at any given time nearly 2 million Americans are



## JULIAN BOND

### What's Next For Jesse?

Has the Rev. Jesse Jackson put together a strong enough base among blacks and attracted enough crossover white votes to make his "rainbow coalition" viable?

This is the key to whether Jackson can remain in the Democratic presidential race, or whether he can be an important factor if he does.

Until "Super Tuesday," the contest for black votes previously had been a battle between Jackson and Mondale alone.

Despite endorsements from some prominent blacks, Glenn was never in the competition; and Hart's appeal had yet to reach into black precincts.

At the start of the year, when Mondale seemed a sure winner, his forces had agreed to concede half the nation's black votes to Jackson. The popular preacher's total could have been even higher by now, observers agree, if his organizational ability had matched his rhetorical skills.

Now Jackson must watch as some of the small number of whites he had attracted — roughly 2 percent in most opinion polls — abandons him following his "Hymie" statements. He must hope that the recent demonstration of Mondale's vulnerability will cause some of the former vice president's black supporters to join the Jackson crusade.

Jackson expected to do well in Alabama, particularly among rural blacks. But Alabama's leading black political organization — the Alabama Democratic Conference — endorsed Mondale in December.

Jackson's hopes of winning delegates in Florida were less impressive: No Florida congressional district had the necessary 20 percent registered black voting population he needed to meet the party's cutoff requirements.

It's important to remember that none of the other states voting on Super Tuesday — Hawaii, Massachusetts, Nevada, Oklahoma, Rhode Island or Washington — had congressional districts with any sizable black populations.

The caucuses that follow on March 17 present the same problems.

Arkansas has only one district with a greater than 20 percent black voting population, and Kentucky and North Carolina have no districts in either category.

Mississippi's 2nd Congressional District, with its 53 percent black population and slightly lower registration, and the 1st, 3rd and 4th districts offer numerical opportunities for Jackson. Also, Mississippi lowered its threshold rules to 10 percent, giving him a boost.

Six of South Carolina's districts have black voting age populations lower than 20 percent, but actual registration figures are considerably lower, making a Jackson victory less likely in his home state.

So try to read below the headlines in March.

There's more to these contests than the shifting fortunes of Mondale, Glenn and Hart. Jesse Jackson's future could be decided as well.

## DICK WEST

### Shortage: Abdominal Distress

WASHINGTON (UPI) — The way I interpret recent news dispatches from Egypt, the next threat to world peace could come from a shortage of bellydancers.

The supply of practitioners of this particular art form apparently has not kept pace with the rising demand. In consequence, there have been declines in both the quality of performances and in the percentage of fulfilled bookings.

As one who has been through two gasoline shortages caused by Middle East oil embargoes, I am acutely distressed by reports that there aren't enough foreign bellydancers to go around.

America, as we know, depends on imported bellydancers to meet the needs of nightclubs, hotels, cabarets and other outlets for gyrating terpsichore.

This country should take steps now to achieve self-sufficiency in bellydancing. Otherwise, it will be too late.

The choreography calls for the formation of an international cartel, perhaps known as the Organization of Bellydancing Exporting Countries (OBEC). Its members will meet periodically to jack up the price of bellydancing acts. I don't need to tell you what an adverse impact that will have on inflationary pressures in this country.

Egypt's star bellydancers are said to collect up to \$100 for an evening of abdominal pulsations. If OBEC raised that figure to \$120, the resulting climb of the retail price index would be awesome to behold.

And until you've seen a bellydancer with an inflated figure, you've never really experienced economic fluctuation.

I also can anticipate long waiting lines of bellydancing fans. Getting a table near the dance floor will be next to impossible. In fact, consumers will be lucky if the SRO sign doesn't go up before they are admitted to the hall.

Programs to develop new domestic bellydancers probably should be assigned to the Energy Department. I have been told that tremendous amounts of energy are required to keep stomach muscles twitching.

Bellydancing substitutes such as aerobic dancing, breakdancing or jitterbugging won't get the job done. None comes close to the performance capabilities of the real thing.

Not even the current revival of tap dancing helps. The loss of audience appeal efficiency is such that it takes an entire Broadway chorus line to match the entertainment value of two top-rated bellydancers.

totally disabled by work-related chemicals, gases and dust.

"The amazing thing we found," Bergin said, "is that only one out of 20 people suffering from occupational diseases received anything from the state workers' compensation system which is supposed to take care of work-related injuries and diseases. When we looked closely at the compensation system, we found that while it may pay for a broken leg on the job, it is designed not to pay for occupational diseases."

Yet most state laws preclude workers from suing their employers for diseases contracted on the job. "The only thing they can get is workers' compensation, but the laws are rigged to prevent them from collecting," Bergin said. He was appalled at the widespread ignorance about the compensation program, not only among workers but among physicians and lawyers who had little or no training in toxic chemical cases.

With the Labor Department's blessing, Bergin and his colleagues designed several programs at New York's Montefiore Hospital to train physicians in recognizing and treating chemical-induced diseases. In addition, Bergin was put in charge of a new program to teach workers in seven selected states about toxic substances and workers' legal rights.

The Reagan administration killed

these programs, abolished Bergin's job and transferred him to OSHA.

"My experience convinced me that the American people were genuinely concerned about birth defects, chemicals in drinking water, toxic waste dumps and food additives," Bergin said. "I had also seen enough in my 12 years in Washington to convince me that the government was not doing its job in protecting people or the environment. I wrote my book to give people who have problems with chemicals the information they need to help themselves until the government gets its act together."

The book is a veritable training manual for workers, telling them how to make the government respond to their requests and how to find helpful information buried in government files.

Footnote: A detailed treatment of Bergin's story will appear in the April issue of *Family Circle* magazine, due on the newsstands March 27.

CITIZENS WATCH: I have a message that should interest candidates of both political parties this year: Many Americans resent cuts in programs for the needy to pay for the Pentagon's huge spending increases. Here's a sampling of many letters my Citizens Watch has received:

"Why can billions be spent on arms ... and the cuts have to be on the old and poor?" asks Ann Buck of Canton, N.Y.

"Now they suggest cutting Social Security — along with reducing Medicare. ... We have cold, hungry and very ill senior citizens all around us, and Washington is saying, 'Cut more.' ... Well, I want them to know: All of them, president included, who are voting to cut back on senior citizens, they haven't a chance of getting our votes. ... We're in the millions and we'll vote."

Leslie Krieg of Puyallup, Wash., wishes he could take back his vote for Ronald Reagan in 1980. "I always believed I was a middle-class citizen," he writes. "I don't any more. Everything he has done is for the rich. He has done away with programs that I worked and paid into all my life. ... I believe in a strong America, but not at the expense of the working class."

Irene Curran of San Francisco sent me a check for Joann Jones, the destitute Arkansas woman who took in four cold and homeless strangers. "If only the leaders of governments would realize they could in a greater and more powerful way follow Joann Jones' constructive action, coming to the aid of small and disadvantaged countries instead of invading, bombarding and adding to the havoc already there. The billions spent on armaments ... could be used for rehabilitation of the unfortunate. ..."

## Probation Violator Faces 15 Years

An Altamonte Springs man — who violated probation once by attempting to commit burglary in the nude — has pleaded no contest to a second charge of violating his probation.

John Steven Crenshaw, 20, of 524 Greenbriar Blvd., allegedly tried to burglarize a home again, but this time he was wearing clothes.

Crenshaw was arrested Nov. 20 for burglary to a dwelling, his second violation of probation for a Jan. 22, 1982 burglary conviction, according to a spokesman for the Probation Division.

Crenshaw is scheduled to be sentenced Wednesday by Circuit Judge C. Vernon Mize Jr. and could receive up to 15 years in prison, although new sentencing guidelines recommend 12 to 30 months confinement.

When arrested for the Nov. 20 burglary of a home owned by John T. Meinecke, 634 Wheeling Ave., Altamonte Springs, Crenshaw was held at a halfway house for probationers. He was sentenced to 12 months in jail at the house Sept. 14 for his first probation violation after being arrested in the nude for attempting to burglarize a neighbor's home.

The 3:55 a.m. arrest June 14 came after Bill and Iris Pennant, 526 Greenbriar Blvd., heard banging noises in the area of their garage.

An officer arriving at the scene saw the nude Crenshaw trying to exit the fenced

back yard. When ordered to halt, Crenshaw walked behind the open garage door and attempted to conceal himself.

A check of the premises revealed the back door of an enclosed porch door ripped and the door latch pulled loose.

By the porch, police discovered what appeared to be Crenshaw's clothing.

Crenshaw was taken into custody wearing only socks.


In other court action, a Longwood woman pleading guilty to the sale of cocaine is scheduled to be sentenced May 18.

Rebecca Susan DiMarino, 25, of 631 Burns Ave., pleaded guilty before Circuit Judge Dominick J. Salfi to one count of selling cocaine. For the guilty plea, the state attorney's office agreed to drop a second charge of soliciting the purchase of alcoholic beverages.

The mother of two was arrested during a September investigation by sheriff's agents at the Club Juana on U.S. Highway 17-92. Six other dancers were arrested on identical charges stemming from the same investigation and are in various stages of litigation.

Ms. DiMarino could be sentenced to a year in jail, although the other dancers sentenced thus far have received five years probation with the stipulation they continue their education and not go in, work or dance in bars.

# Why Don't You Borrow From Barnett? Everyone Else Does.



Barnett's bankers lend more money to more people in Florida than any other banking organization in the state. Isn't it time you talked to Barnett?

## Calendar

- WEDNESDAY, MARCH 14**
- Central Florida Chapter of ALS (Lou Gehrig's disease), 7:30 p.m., Medical Library, 2nd floor, Winter Park Memorial Hospital.
  - St. Patrick's Day Parade down Park Avenue, Winter Park, 7 p.m., followed by entertainment on stage in Central Park.
  - Illiniters Club, 7:30 p.m., Casselberry Senior Center, 200 N. Lake Triplet Drive, Casselberry.
  - Welcome Wagon Bridge, 7:30 p.m., Casselberry Senior Center, 200 N. Lake Triplet Drive, Casselberry.
  - Rebos and Live Oak Rebos Club, noon and 8 p.m., closed, 130 Normandy Road, Casselberry.
  - Downtown Business Association meeting, 4 p.m., Flagship Bank, West First Street, Sanford.
  - Altamonte Springs AA, 8 p.m., closed, Altamonte Springs Community Church, State Road 436 and Hermit's Trail, Altamonte meets same time and place.
  - Casselberry AA, 8 p.m., closed, Ascension Lutheran, Ascension Drive, Casselberry.
  - Born to Win AA, 8 p.m., open discussion, 1201 W. First St., Sanford.
- THURSDAY, MARCH 15**
- Free income tax assistance for senior citizens, 9 a.m. to 1 p.m., Hacienda Village (east clubhouse), 500 Longwood-Oviedo Road, Winter Springs; 12:30-3:30 p.m., Casselberry Senior Center, 200 N. Lake Triplet Drive; Coral Gables Federal, upper level, Altamonte Mall.
  - Sanford Jaycees CPR training course, 6:30 p.m., Sunshine Room Florida Power & Light, 301 N. Myrtle Ave., Sanford. To register call 322-8585.
  - Lake Mary Rotary Club, 8 a.m., Lake Mary High School.
  - South Seminole Senior Citizens 17th anniversary luncheon at Casselberry Woman's Club, Overbrook Drive, 12:30 p.m. For reservations call Helen Pierce, 695-1163. Election and installation of officers.
  - Candlelighters (support group for parents of children with cancer), 7 p.m., Kane Furniture Store, East Colonial Drive, Orlando.
  - Overeaters Anonymous, open, 7:30 p.m. Community United Methodist Church, Highway 17-92, Casselberry.
  - Cancer Victims & Friends Central Florida Chapter, 7:30 p.m., basement of First Presbyterian Church, 106 E. Church St., Orlando. Frances Ollen will speak on Herbalism Nutrition and Preventative Health Care Program.
  - Sanford AA, 8 p.m., 1201 W. First St. Open speaker.
  - Alanon, 8 p.m., Crossroads Halfway House, Lake Minnie Road, Sanford.
  - Oviedo AA, 8 p.m., closed, First United Methodist Church, Oviedo.
- FRIDAY, MARCH 16**
- Free income tax assistance for senior citizens, 9 a.m. to 1 p.m., Greater Sanford Chamber of Commerce, 400 E. First St., Sanford, and Community United Methodist Church, 285 U.S. Highway 17-92, Casselberry; 12:30-3:30 p.m., Freedom Savings, Highway 17-92, Casselberry and Casselberry Senior Center, 200 N. Lake Triplet Drive.
  - Optimist Club of South Seminole, 7:30 a.m., Holiday Inn, Wymore Road, Altamonte Springs.
  - 17-92 Group AA, 8 p.m., Messiah Lutheran Church, Highway 17-92, south of Dog Track Road, Casselberry.
  - Wekiva AA (no smoking), 8 p.m., Wekiva Presbyterian Church, SR 434, at Wekiva Springs Road, closed.
  - Longwood AA, 8 p.m., Rolling Hills Moravian Church, SR 434, Longwood. Alanon, same time and place.

**Mr. Goodbar** **HERSHEY'S** **Krackel**

**2/79¢** SALE priced reg. 39¢ ea.  
**Hershey's Big Block**  
Thick 2.2 oz. bars. Milk or dark chocolate. Almond, Krackel or Mr. Goodbar.

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**Walgreens** The Shopper's Center

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Sale thru Sunday, March 18th

**HUGGABLE CHARMER**  
**2-FOOT TALL BABY DOLL**

**SAVE 7.00**

**12.99**

All soft and cuddly, our huggable charmer is over two feet tall! Comes with her own ice cream cone toy... So fetching in her lace-trimmed dress and matching cap.

**1.00** SALE priced  
**Bic 2-Pack Lighter Special**  
Disposable butane.  
Buy 2 and get \$1.00 back from Bic or a FREE lighter.

**7.99** SALE priced reg. \$9.99 ea.  
**Solar Calculators**  
Light powered; need no batteries. LCD 8-digit. Credit card or pocket size.

**1.49** SALE priced 30¢ off label  
**Revlon Flex Hair Care**  
Shampoo or conditioner in formulas for all types of hair. 15 oz. each. Limit 2.

**2/5.00** Sale reg. \$2.99-\$3.39  
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Sheer Elegance reg. or control top in reg. or queen sizes.

**19.99** SALE reg. \$24.99  
**Director's Chair**  
Sturdy, natural-finish wood frame with durable canvas seat and back.

**8.99** SALE reg. \$11.99  
**Sun Lounge**  
Adjustable; upright or stretch-out ease.

**6.99** SALE reg. \$8.99  
**Lawn Chair**  
Sturdy fabric and rugged steel frame. Folds flat to store in just a snap!

**1.99** SALE reg. \$2.49  
**Vitamin C 500 mg. Tabs**  
Nature's Finest with rose hips. 100's.

**3.29** SALE reg. \$4.99  
**1000 mg. Vitamin C**  
with rose hips. 100's.

**79¢** SALE reg. 99¢  
**Twin Pack Douche**  
Walgreens disposable 6 oz. herbal or vinegar and water.

**3.69** SALE reg. \$5.49  
**Vitamin E 400 I.U.**  
Nature's finest caps. No starch, sugar, 60's.

**5.99** SALE 50¢ reg. \$4.99  
**Nature's Finest 1000 I.U. Vitamin E**

**2.00** SALE reg. \$2.99  
**Maxi Pads Box of 30**  
Walgreens feminine bellless napkins; 2 adhesive strips. Regular or super.

**2.19** your choice  
**Cascade or Bounce**  
Cascade for dishwasher. 50 oz. Inet. 30¢ off. Bounce fabric softener for dryer. 40 sheets.

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**KLEENEX TISSUES** **99¢**  
4 x 4 1/2  
Limit 4 thru March 18, 1984.

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**REYNOLDS FOIL WRAP** **99¢**  
Heavy-duty 37 1/2 sq. ft.  
Limit 2 thru March 18, 1984.

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**COLGATE TWIN PACK** **1.89**  
7 oz. reg. or 4.4 oz. gel  
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**MYLANTA ANTACID** **1.99**  
12 oz. liquid  
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**KODACOLOR II 24-exp. 110** **2.49**  
ASA 100 for color prints  
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**WalgreensCoupon**

**COLOR FILM DEVELOPED & PRINTED** **1.99**  
also 118 or 135  
1" 1.99 3" 2.99 5" 3.99  
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**Studio PHOTO SERVICE** **2.99**  
35mm COLOR PRINT FILM DEVELOPED & PRINTED  
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Get a SECOND SET OF PRINTS at these low prices!

**Only 99¢**

13 exposure prints

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YOUR CHOICE 1.75 Liter

**11.99** 6oz

**HARVEYS BRISTOL CREAM**

750 ml

**6.99** 6oz

**BLACK LABEL RIUNITE WINES**

REGULAR OR LIGHT SUITCASE 24 - 12 oz.

750 ml

**5.79** 6oz

**ANCIENT SCORESBY AGE 86° OR SCOTCH 86°**

YOUR CHOICE Liter Bottle

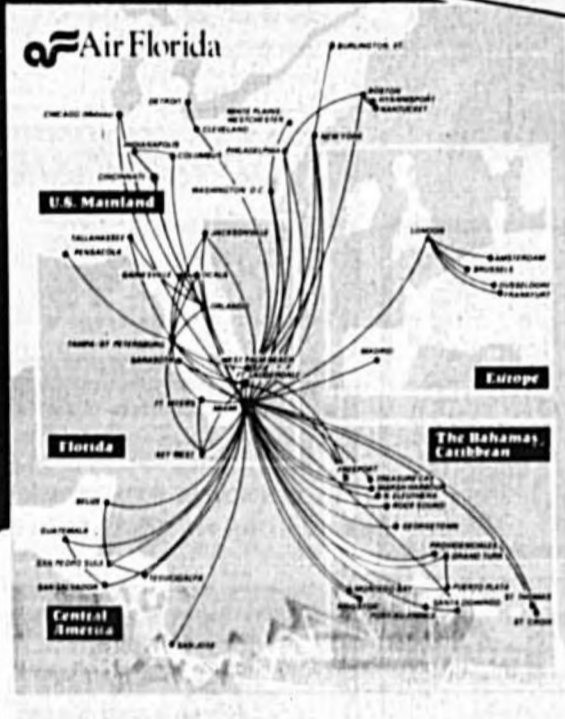
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Buy 1 ticket  
Get 1 **FREE!**  
on Air Florida  
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Applies to unrestricted fares. Does not apply to discounted fares.

### It's Easy Everybody Wins!

Here's how you qualify:

- 1 When you shop at Scotty's during March 1984, save your receipts in your handy "passport". The cashier will note your purchase amounts and dates on the chart on the inside front of the "passport".
- 2 When your purchases have added up to \$100 or more, present your "passport" to your local Scotty's store manager no later than April 14, 1984.
- 3 Your store manager will give you a certificate that will entitle you to one free ticket on any Air Florida flight when you buy a "Q. Y. P. or J Class" fare priced ticket (where applicable) on the same flight. You will also receive a certificate from Alamo Car Rental good for one day free rental—all you pay is tax, insurance and gas.

- 4 Purchases in multiples of \$100 continue to earn two-for-one tickets throughout March. For example, if your purchases add up to \$250, you have the option of turning in your purchase verification and buying two tickets and getting two free... or you may continue to accumulate purchases until you have \$300, at which time you can buy three tickets and get three free. There is no limit to the number of tickets for which you may qualify.
- 5 Tickets for this two-for-one program must be purchased from an Air Florida ticket counter or city ticket office. All travel must originate in the U.S. All tickets are good for travel on Air Florida only.
- 6 You will need to purchase your tickets and complete your trip by December 31, 1984.
- 7 Two-For-One tickets are not available for certain holidays; the exact restricted dates are listed on the certificate you will receive from your store manager.

**FREE** use of a car for one day from



Alamo also features the GM cars such as the Chevrolet Camaro

8 Your free ticket must be issued at the same time as the original paid ticket is purchased, and must bear the passenger's name.

9 The purchased ticket may be refunded only at an Air Florida office or ticket counter and must be submitted together with the free ticket for the identical segment being claimed for refund.

**HOW TO OBTAIN YOUR TICKETS:** When you get your certificate from your Scotty's store manager, call Air Florida at the number indicated on the certificate and make the desired booking. The tickets must be issued at the Air Florida ticket counter at the point of departure; be sure to take your certificate with you. Also, be sure to allow enough time for your ticket to be written.

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CLIP AND USE THIS "BIG SAVER" COUPON

**TRASH BAGS TUFFIES**  
Choose from six, 33 gal. LARGE TRASH BAGS; ten, 26 gal. TRASH BAGS; or twelve, 13 gal. TALL KITCHEN BAGS.

Your Choice:  
Reg. 99c  
Limit 4 boxes, please  
Expires March 21



**69¢**  
doz  
With Coupon

CLIP AND USE THIS "BIG SAVER" COUPON

**Synthetic Turf DOOR MATS**  
18" x 23"  
in various colors.

Reg. 1.57  
Limit 2, please  
Expires March 21



**99¢**  
Each  
With Coupon

CLIP AND USE THIS "BIG SAVER" COUPON

**CYPRESS MULCH**  
25 lb. bag.

Reg. 1.57  
Limit 10 bags, please  
Expires March 21



**1.19**  
Bag  
With  
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**Kenco RID-A-BUG ROACH AND ANT SPRAY**  
Premixed, with sprayer. No. 912.

**6.49**  
Gallon  
Reg. 7.47



**36" Bellaire CEILING FAN**  
Three metal blades in white or brown.  
Three year limited warranty.

**29.95**

**FORECAST VINYL SHEET FLOORING**  
In 12' widths. In white/gold, bronzetone, fruitwood, gold, beige, rust or almond brick.

**2.99**  
Reg. 3.99  
SAVE 1.00 ON EACH ROLL

**Congoleum Green SYNTHETIC TURF CARPET**  
6' and 12' widths.

**2.59**  
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ITS SCIENCE BUT IT WORKS LIKE MAGIC.  
**ARMOR ALL PROTECTANT**  
16 oz. No. 10160.

**3.88**  
Reg. 4.77

BEAUTIFIES AND PROTECTS  
• PLASTIC • VINYL • RUBBER  
AGAINST FADING, CRACKING AND PEELING



Georgia-Pacific  
**Aqua Chem STABILIZER/CONDITIONER**  
100% cyanuric acid. 3 lb.

**\$3 REBATE**  
SCOTTY'S REG. LOW PRICE **9.79**  
SCOTTY'S SALE PRICE **7.29**  
LESS MFG'S MAIL-IN REBATE **-3.00**  
YOUR FINAL COST **4.29**



PRICES GOOD THRU MARCH 21

Organic COW MANURE  
Organic PEAT or TOP SOIL **Scotty's**  
25 lb. bag



**SPRAY ENAMEL**  
12 oz. net weight. **Scotty's**  
**APPLIANCE WHITE  
AND BRIGHT COLORS**

**89¢**

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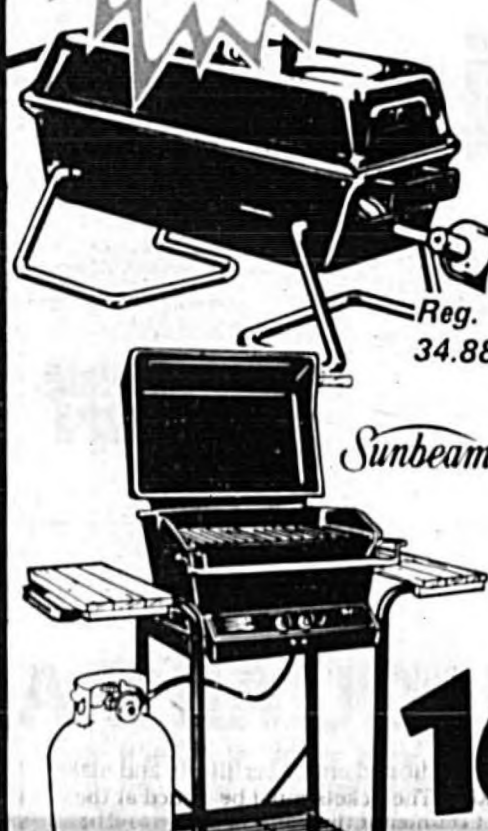


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Your Choice

**WE BUY IN VOLUME SO WE CAN SELL FOR LESS!**

PRICE CUT 23%

BARBECUE ON YOUR NEXT PICNIC!



**PORTABLE GAS GRILL**

185 sq. inch table-top grill. Single burner rated 11,000 BTUs, fold over wire legs. 1 year limited warranty on steel burner and gas control valve. Uses a propane fuel cylinder (not included). No. L505

**26.88**

Reg. 34.88

**GAS GRILL PLUS PATIO CART**

361 sq. in. dual burner 30,000 BTUs, includes "Lite-a-matic" ignitor. Two red-wood side tables and bottom storage shelf. Model 3173-Z.

**169.95**

Sunbeam

**FIRE EXTINGUISHER**

UL rated 10BC. Effective on gasoline, oil, kerosene, grease, and other flammable liquids. Coast Guard approved. No. FA10BC.

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Kidde

PRICE CUT 21%

**CONCRETE MIX**  
40 lb. bag. **Scotty's**

**1.65**



**Coventry Interior LATEX PAINT**  
White and colors.

**8.99**

Gallon Was 10.79

PRICE CUT \$1.80

**SEVIN DUST**  
4 lb.

**1.97**



ORTHO

SEVIN 5 Dust

STOPS GARDEN INSECTS!

**Vegetable Garden INSECT SPRAY**

Controls aphids, leafhoppers, whitefly, cabbage worms and other insects. No. AO195.

**Rose and Flower INSECT SPRAY**

For use on ornamentals and flowering plants. Kills aphids, spidermites, whiteflies, mealybugs and other insects. No. AO180.

**WEED AND GRASS KILLER**

Kills weeds and grasses in driveways, tree wells, around shrubs and flower beds. No. AO440.

**SPOT WEEDEE**

Use for controlling chickweed, dandelion, henbit and other broadleaf weeds and grasses in lawn. No. AO445.



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PRICE CUT 22%

**42" NEPTUNE CEILING FAN**

- Antique brass housing
- 4 cane blades



**69.95**

**52" Naples CEILING FAN**

- Antique Brass finish
- Four Wood blades
- School House Light Kit
- 5 year limited warranty



**79.00**

Reg. 89.00

**REED FENCING**  
6' x 15' roll.

**9.99**

Reg. 14.99



**6-6-6 FERTILIZER**  
50 lb. bag.



**2.57**

Was 3.57

PRICE CUT \$1.00

PRICES GOOD THRU MARCH 21



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**LOW, LOW PRICES!**

# Fern Park Man Walks Away From 3 Drunk Driving-Related Charges

Of 10 alcohol-related driving cases before County Judge Alan Dickey last week, only one defendant walked out of the courtroom totally unscathed, having had all charges against him not prosecuted.

Scott C. Hamilton, 21, of 200 Fern Park Blvd., Fern Park, arrested Dec. 19 by the Florida Highway Patrol, had three driving charges against him dropped. He had been charged with DUI, having an unlawful blood alcohol level while driving and driving with a suspended or revoked license.

The arresting officer was unavailable for a court appearance and there wasn't enough evidence to pursue the case, a spokesman for the state attorney's office said.

The following persons have either pleaded guilty or have been judged guilty of driving under the influence or having an unlawful blood alcohol level while driving, according to clerk of court records. As first-time

offenders, they have had their driver's license suspended for six months, fined \$250, and ordered to complete 50 hours of community service:

—Janet K. Dubay, 58, of 2500 Howell Branch Road, Winter Park, was arrested Dec. 19 by Casselberry police. An unlawful blood alcohol level was not prosecuted and a failure to maintain a single lane charge dismissed.

—Robert L. Misback, 26, of 200 Maitland Ave., Altamonte Springs, arrested Nov. 30 by Altamonte Springs police. An unlawful blood alcohol level charge was not prosecuted and a charge of careless driving dismissed.

—William Posey, 52, of 809 E. Votaw Road, Apopka, arrested Nov. 26 by Casselberry police. A charge of careless driving from the same arrest was dismissed and a careless driving charge issued by the Casselberry police Nov. 25 was also dismissed.

—Richard S. Sandkulla, 21, of 3807 Cypress Ave., Sanford, arrested Jan. 7 by a sheriff's deputy. A charge of possessing less than 20 grams of marijuana was not prosecuted and a charge of making an improper turn dismissed.

—Duane D. Watkins, 24, of 101 North Devon Ave., Winter Springs, arrested Jan. 9 by a sheriff's deputy. Not prosecuted were charges of having an unlawful blood alcohol level and driving with a suspended or revoked license. A charge of failure to maintain a single lane was dismissed. Watkins was also found guilty of possession of less than 20 grams of marijuana. Dickey withheld adjudication and placed Watkins on probation for one year.

The following person have had a charge of driving under the influence amended to a lesser charge:

—Robert R. Fletcher, 30, of 216 Melissa Court, Sanford,

arrested Nov. 30 by Oviedo police, to willful and wanton reckless driving. He was fined \$250 and ordered to complete 50 hours of community service. For refusing to take a sobriety test, his license was suspended for six months. A charge of failing to maintain a single lane was dismissed.

—Donald N. Love, 38, of 870 Winter Park Drive, Casselberry, arrested Jan. 7 by Winter Springs police, to willful and wanton reckless driving. He was fined \$250 and ordered to complete 50 hours of community service. For refusing to take a sobriety test, his license was suspended for six months.

—Arthur E. Willette Jr., 55, of Jacksonville, arrested Jan. 9 by Sanford police, to willful and wanton reckless driving. He was fined \$250 and for refusing to take a sobriety test had his license suspended for six months. A charge of improper lane change was dismissed as was a charge of driving without headlights.

# Students Seeking Sun And Fun On Florida's Beaches

DAVINGTON, ALA. (UPI)—A group of college students armed with suntan oil, a pair of jeans and a six-pack of beer will be heading south in the next few weeks on their annual spring pilgrimage to Florida.

Some have already arrived.

Merchants and law enforcement agencies are bracing for record student crowds at Florida's seaside resorts — most notably Daytona Beach and Fort Lauderdale — through the end of April. Tourist officials estimate close to 1 million students will jam Florida's

beaches, and pump up to \$400 million into the state's economy.

While some residents might shudder at the thought of wall-to-wall students holding a giant party in their neighborhood, most merchants smile and say, "Thank you."

"Between March 1 and May 1, we should do 75 percent of our business for the year," said Bob Montgomery, who operates a souvenir shop with his wife on famed Highway A1A in Daytona Beach. "This is the time of year that's going to make you or break you."

Spring trips to Florida have been an annual ritual for college students since the 1950s when the movie *Where the Boys Are*, set in Fort Lauderdale, launched the phenomenon.

Nowadays, the students sport punk hairdos and carry giant "boom boxes" blasting guitar licks of Eddie Van Halen. But they set their sights on the same things as their 1950s counterparts — sun, fun and sex.

"They haven't changed much," said Jim, a 45-year-old Daytona Beach bartender. "They're just here to have fun."

Most of the students who vacation in Florida come from the South, Northeast and Midwest. Their No. 1 destination is Daytona Beach, where tourism officials expect 400,000 students to fry themselves on the "World's Most Famous Beach" and frolic in the Atlantic surf.

Four hours farther south is Fort Lauderdale, the former spring-break capital, which will draw close to 300,000 students.

America's first life insurance company was incorporated in Philadelphia in 1812.

Others will congregate on the Gulf of Mexico in Pensacola, Panama City, St. Petersburg and Fort Myers. A few will plant themselves between a cooler and a suitcase in the backseat of their cars and travel to Key West — the farthest point south in the continental United States and a 28-hour drive from New York City.

But Daytona Beach is the prime spot — because it is the closest Florida resort to the north and because its people welcome the students.

"The Daytona Beach city officials understand and appreciate the importance of the college market," said Dwight Selby, director of tourism for the Daytona Beach Chamber of Commerce. "I think Daytona Beach really goes out of its way to cater to the students' needs and make their stay as enjoyable as possible."

The chamber sets up free outdoor concerts, air shows and encourages a myriad of manufacturers to market their wares in special exhibits during spring break.

Even the Daytona Beach police say they give the students some slack and let them blow off some pent-up steam from a winter of snow and books.

"When you get a bunch of kids together, they're going to get on the hotel balconies and throw their frisbees. We just try to keep it in check," said Sgt. R.E. Beck, who estimated that the police triple their manpower during spring break.

"We try to do it with a minimum number of arrests. It's a big inconvenience to send a kid to jail just because he was a little rowdy."

## We congratulate



Suzanne Savage Adair

Member of the Thomas Jefferson Club



Membership in the Thomas Jefferson Club is awarded to representatives of Jefferson Standard Life Insurance Co who have distinguished themselves by their outstanding records of life insurance sales during the preceding calendar year.

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Family Dentist

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Today, dentists treat the patient as a total personality. The psychology of the individual is important and a mouth that is merely healthy without being attractive, may be unsuited to the patient's urgent psychological need.

An attractive, comfortable, properly-functioning, healthy mouth is required if one is to enjoy a thoroughly happy and productive life.

Every face to face contact one has in business, social and home life, is affected to the benefit or detriment of the individual by the appearance of the teeth.

Frequently, beautiful effects can be obtained without the loss of healthy teeth. Proper preventive and reparative dental care is worth many times the investment required.

Call or stop by for Free Brochure on Family Dentistry and Our Office.

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NEW PATIENTS AND  
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DR. PATRICK L. DELFIORE  
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# FAMILY DOLLAR

## Sneaker Week!

**\$6** Action Joggers  
Compare At 8.99! Men's, ladies' & children's nylon joggers with suede-look trim. 8.88

**\$5** Pair Athletics And Leisure Shoes  
Compare At 8.99! Men's, boys' and youths' hi or low basketball shoes in blue or gray. Ladies' and girls' canvas casuals in basic and spring colors. 5.00

**8.88** Top Grade Athletics  
Compare At 16.99! Special group of men's, boys' and ladies' athletic shoes. 5.00

**REGISTER TO WIN!**  
1-Sony 50" Wide Screen TV Suggested Retail \$2680.00  
7-Panasonic Stereo Systems Suggested Retail \$499.95  
7-G.E. 19" Remote Control TV Sets Suggested Retail \$499.00  
7-Litton Generation II Microwaves Suggested Retail \$389.95

**84¢** Super Blend Oil  
Regularly 1.09! 1 Gallon Offer Quaker State 10W/30 Oil. Limit 5.

**3 \$1** For 4.75 Oz. Lifebuoy  
Regularly 3 1/2 Bar Bath size deodorant soap. Limit 3.

**\$1** Box Arm & Hammer  
Regularly 1.39! 65 ounce box of laundry detergent. Limit 2.

**2 \$1** Crown Candy  
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MANAGER



# Lake Mary High School Honors Its Best And Brightest Students

**EDITOR'S NOTE:** Following is the honor roll for the 10th grade at Lake Mary High School. The honor roll for the 11th and 12th grades will be published in future editions of the Herald.

## Lake Mary High School Honor Roll Grade 10 "A" Honor Roll

William Bach  
Meloni Barrington  
Howard Bender, III  
Holmes Bennett  
Wanda Berry  
Janet Bridges  
Kevin Brown  
Debra Browning  
Jarrod Buenzle  
Wendy Buteau  
Maria Carbia  
Maria Cassella  
Thomas C. ernetsky  
Diana Chin  
Craig Clark  
Marilyn Dates  
Jennifer Denton  
Laura Edwards  
Shawn Epperson  
Yvette Escano  
Marc Esklin

Kerri Exely  
Joann Fambro  
Richard Fletcher  
Charise Forte  
Suzanne Freitag  
Melvina Gano  
Kendal Haynes  
Laurel Hays  
Beth Heikkila  
Lily Ho  
Kathleen Hodak  
Cynthia Lee Hovey  
Christopher Jones  
David Jones  
Mark Kapelka  
Gina Kilbride  
Michel Krallinger  
Steven Lane  
Elizabeth Moscoco  
Melissa Newby  
Kevin Noonan  
Jill Oberdas  
Michelle Okonski  
Elizabeth Perry  
Shannon Porter  
Matthew Pregmon  
Mohan Ramaswamy  
Deborah Ratliff  
Lori Rukstad  
Joel Schwabbe  
Diane Simons  
Marjan Stonerock  
Shannon Thomas  
Jeffrey Tomlin  
Adriana Ura

Lyda Wasula  
Jill White

**"B" Honor Roll**

Lisa Accomando  
Lisa Adams  
David Austin  
Roger Baker  
Robert Bieber  
Angela Blackburn  
Michael Bloom  
Kimberly Boden  
Todd Bohrmann  
Peter Bourbau  
Scott Bowers  
Tosha Brackney  
Kelli Brady  
Thomas Burr  
Alice Bush  
Chris Caldwell  
Lataisha Carter  
Constance Clowney  
Catherine Collesier  
Tambra Colvin  
Carl Crews  
Georgia Cusumano  
Virginia Davis  
Bethann Degrow  
Sabrina Dickenson  
Deano Dipisa  
John Donovan  
Michelle Doyle  
Misty Duncan  
James Dupree

Michael Lee Ewing  
James Fitzgerald  
Michael Flatow  
Felicia Flores  
Stephen Fortna  
Tina Foskey  
Scott Frost  
Tonya Fuquay  
Tammy Furrer  
Mike Gallmeyer  
Charles Geltner  
Sandra Glatting  
Gregory Griffing  
Phillip Hagan  
Douglas Hair  
Jeffrey Hale  
Christopher Halpern  
William Ham  
Jennifer Hamilton  
Matthew Hanson  
Brian Harris  
Phillip Hartwell  
Matthew Hoag  
Steven Hoelt  
Brittany Ryerson  
Camellia Holden  
Deborah Howell  
Helen Hyden  
Steven Isaacs  
Willie Jacobs  
Jacquelin Jeffers  
Cindy Jennings  
Andrea Johnson  
Donald Johnson  
Darren Jonas

Jennifer Jones  
Vinay Jotwani  
Matt Kaderly  
Avi Kantor  
Susan Kelly  
Colin Kemp  
Matthew Keranen  
Serena Kichler  
Kelly Kinner  
Michael Knight  
Kathryn Knowles  
Wendi Kuyper  
Donald Ladez, Jr.  
Laura Larson  
Heather Leckie  
Carl Letter  
Michael Lewis  
Ken Lichtenberger  
Luci Linberger  
Lynn Lloyd  
Kent Lupino  
John Lyell Jr.  
Shirley Mack  
Dorene Maloney  
Brittany Marley  
David Martin  
Steve Mather  
Katherine McKee  
Kelly McKeel  
Tisha Medley  
David Merkle  
Gerald Meyers  
Rebecca Michaels  
Jacqueline Miller  
Bretti Molle  
Trendese Moore  
Pat John Murphy

Sheri Murrach  
Mark Napoli  
Robert Nelson  
Tammy Norris  
Dineen Occhipinti  
Michelle Orrange  
Paul Owen  
Sonja Poland  
Bethany Poll  
William Porthouse  
Kirk Pritchard  
Michel Quarterman  
Joel Quinones  
Jennifer Randall  
Melanie Raskin  
Thomas Ratesi  
Todd Rayburn  
Alan Reid  
Dale Riesenhuber  
James Roman  
Louis Rosen  
Kristin Rucker  
Mona Rundle  
Torrey Ryerson  
Lisa Saunders  
Monica Saunders  
Edward Schuckman  
Raynard Scott  
Brenda Scrooby  
Charles Seibold  
Mona Shah  
Jan Shelton  
Pamela Slotnick  
Gabriele Solomon

David Songer  
Sharon Speed  
Katrina Stephens  
Richard Stutts  
Suzanne Sutera  
Susan Sykora  
Mark Tebault  
Ellis Teer  
Kathy Tinker  
Jennifer Tone  
Kenne Tramantozzi  
Teresa Ulrey  
April Vedner  
Timothy Vitt  
Gino Vogt  
Kimberly Wager

Amous Walker  
Jennifer Warren  
Byron Washington  
Beth Watkins  
Frank Watkins  
Holly Weeks  
heather Weiner  
Margaret Wells  
Thomas Wettlaufer  
Anquetette Whack  
Debra White  
Jimmy Williams  
Kenneth Williams  
Robble Williams  
Kimberly Willis  
Wendy Zuyus

## REALTY TRANSFERS

Billy C. William & Marilyn to Larry E. Mills, Lot 20, Bk C, Bear Lake Hts., \$11,700.  
Joyce Bailey to Edward G. Thompson & wf Janice, E 35' of Lot 7 & W 45' of B, Lakewood Shores, 2nd Addn, \$17,500.  
Alice P. Williams to John G. Ariko & wf Loraine C., Lot 364, Lake of the Woods Townhouse Sec. 8, \$76,500.  
Kenneth C. Klose & wf Susan to Julian J. Rosenthal & Eleanor & Albert L. Klumb & wf Harriet, Lot 9, Aldean Gardens, \$42,500.  
Thomas Kolstad & wf Cynthia to Alberto Del Panta, sgl., Lot 712, Sausalito Sec. Four, \$76,900.  
Environmental Home Bldrs. Inc. to Thomas M. Brown & wf Elaine, Lot 15, Sabal Glen at Sabal Point, \$189,500.  
John T. Davidson & Janet to Richard L. Kendall & June & Freddie W. Hall & Genevieve & Donald F. Kendall & Lorraine, Lot 12, Bk 12, Weatherfield 1st Addn, \$40,700.

Mevin Goldstein & Gilbert Schwartzman to 108 Commerce Street Realty, W 182' of S 210' of E 1/2 of Lot 2 etc. Bk A, W. Bruffs Addn LW, \$11,000.  
Orlando Land co. to Vick Melancon & wf May Bx 3090 Apopka, Lot 16, Bear Lake Forest, \$18,000.  
RCA to John M. Wilson & wf Colleen W., Lot 40, Hidden Lk Ph. III, Un. I, \$44,900.  
RCA to Richard Telson & wf Janet M., Lot 72 Hidden Lake, Ph. III, Un. II, \$48,700.  
Thomas Kolstad & wf Cynthia to Alberto Del Panta, sgl., Lot 712, Sausalito Sec. Four, \$76,900.  
Environmental Home Bldrs. Inc. to Thomas M. Brown & wf Elaine, Lot 15, Sabal Glen at Sabal Point, \$189,500.  
John T. Davidson & Janet to Richard L. Kendall & June & Freddie W. Hall & Genevieve & Donald F. Kendall & Lorraine, Lot 12, Bk 12, Weatherfield 1st Addn, \$40,700.

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The Babcock Co. to Robert E. Fields & wf Janis, Lot 48 Montgomery Sq., \$54,900.  
The Babcock Co. to Kimberly A. Fields & Robert E. Fields, Lot 53, Montgomery Sq., \$54,900.  
Clare S. B. McCallister & Diana to Jeffrey S. Williams & Gerald Williams & wf Selma, N 41' of Lot 20 & S 42' of 21, bk 88, Sanlando The Suburb Beaut., Alt. Sec., \$59,900.  
P. H. Davis & Gwendolyn to Dona M. Tooker & Gary J. Westerveld, Lot 8 & W 18' of 10, bk 47 Sanlando The Suburb Beaut., Palm Springs, \$50,000.  
Lewis Tryon & wf Jessie to Frank Curatella & wf Anne, Lot 48 Winter Springs Un. 2, \$110,000.  
Gordon Ramsdell & Beatrice to Adelle Caruso, Lot 64, Lake Harriet Ests., \$45,000.  
Joseph J. Turse Jr., to Ruth G. Turse, Lot 407 Spring Oaks, Un. III, \$100.  
The Ryland Group Inc. to Peter A. Weisberg & wf Karen, Lot 10, Deer Run, Un. 9A, \$88,500.  
William L. Durrenberger & wf Frances L. to William Lewis Durrenberger, Bg pl 131.25' S of NW cor. Lot 14, H.D. Durnt Addn Lk. Mary, \$100.  
FRC, Inc. to Keith D. Jones, Bg pl 144, Westlake Manor Un., \$81,700.  
Budde D. Ruter & wf Barbara to Larry G. Fortna & wf Loran, Lot 62, Sendaewood, \$72,500.  
Charles V. Reilly to Charles V. Reilly & wf Angela L., Lot 31, Bk C, North Orl., Terr., \$100.  
William T. Behrens & wf Kathie to Lucille V. Behrens, Bx 23 Lk Monroe, S 300' of Lot 1, Bk 9, Sanford Farms, \$100.  
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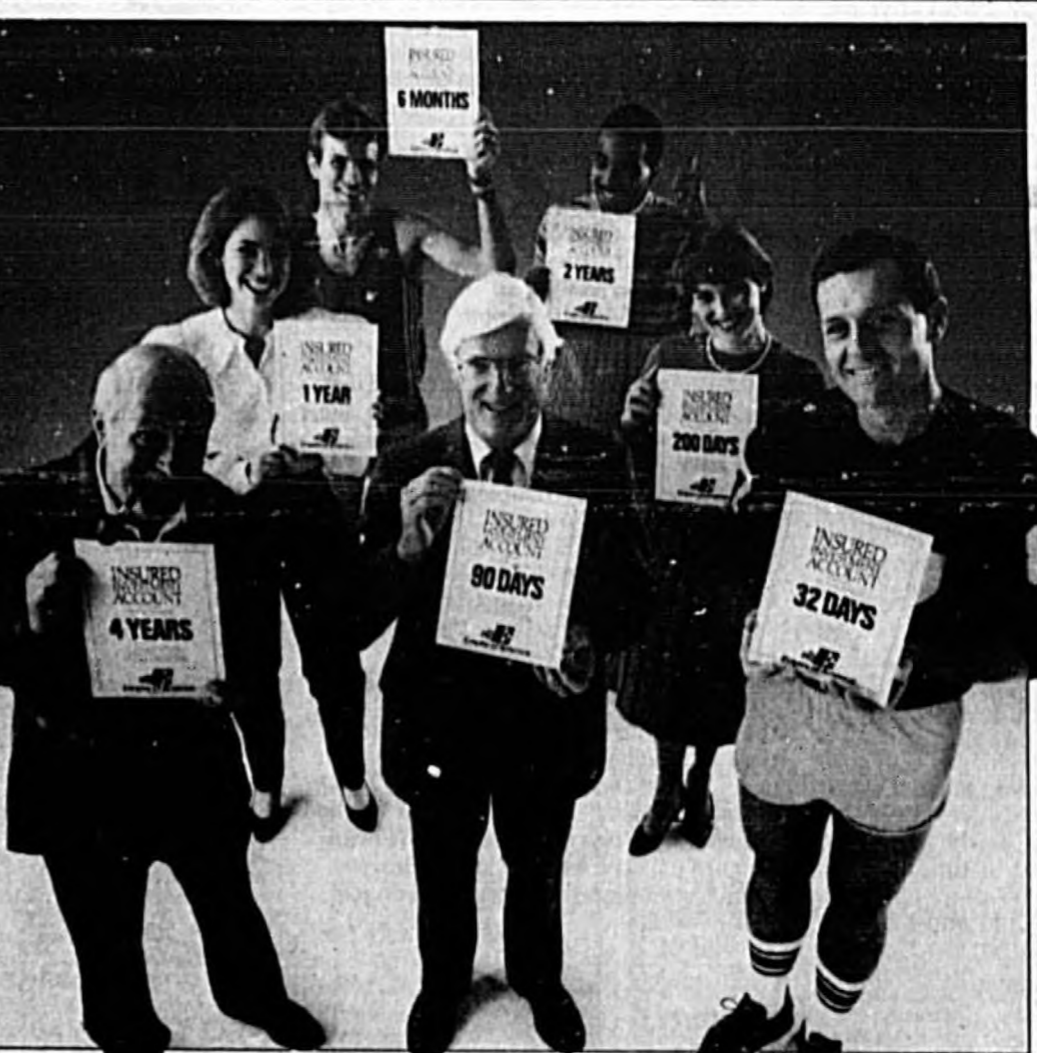
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## Experts Double Fault — Tennis Is Alive And Well In Sanford

I recently read an article in one of the tennis magazines that experts were fearful that tennis, as a leisure time activity, was losing a lot of its popularity.

They said that the masses were no longer playing the game and that tennis, which had only a few years ago been number one on the list of participation sports, was now no better than fourth and even fifth.

Such participation activities as jogging, racketball, Nautilus, and fishing had taken many of the tennis players. Well, this may be true, but you really could not prove it by the amount of tennis that is being played in the Sanford area. In fact there seems to be more people playing here than ever before.

At Seminole Community College, there are 12 credit classes going every semester. These classes are for players of all levels,

beginners, intermediates, and advanced. There are also non-credit classes offered on Saturday mornings in beginning and intermediate tennis.

In May SCC plans to offer a non-credit class in mixed-doubles, and a class for advanced players. Both of these classes will be on Saturday afternoons. That's a total of 16 tennis classes with an average of 20 in each class. SCC also offers a large intramural program for students and faculty. Already this year over 200 have played in one of the tournaments or leagues.

On the average weekday, SCC's courts are busy from 8:30 a.m. until 9 p.m. That's a lot of tennis on six courts. By the way, SCC has probably the best kept and first group of hardcourts of any school in the state. Biased? Of course I am, but most people



Larry Castle  
SCC Tennis Instructor

Bayhead Racquet Club on Lake Mary Boulevard is and has been for several years a showpiece of a tennis club, with eight Har-Tru (clay) courts and very nice clubhouse. Bayhead has maintained a steady membership of over 100 for some time now. Calvin Mieke is the head pro and guides this beehive of tennis activity.

Incidentally one of the most important tennis tournaments in the state comes up in April. The Bayhead Classic for Jr. Vets and Veterans Players. This tournament is considered one of the very best of its kind.

Emma Spencer's Dreamworld Tennis Club gets a lot of play and attracts many who like to play on the hardcourts and like the quietness and smallness of the club. Of course, Ms. Emma started tennis in this area when she was 14 in Sanford. Her first love of tennis. She is assisted on occasions by Lake Mary High coach Doug Malficowski.

Other courts in the area that seem to always get a lot of play are the Lake Mary High courts (4), The Crossings, the courts at the base just off Airport Blvd. All of the city courts. Especially the courts at the lakefront and the courts at McKibben Park just off

25th Street West. By the way, the City of Sanford has done a good job in trying to supply courts for public use and are to be congratulated for their efforts.

All in all, the Sanford-Lake Mary area has over 50 public and private courts. We need many more particularly of the public variety, but it is a vast improvement over seven or eight years ago.

Tennis may be on the down side in some areas, but around this neck of the woods it's very healthy indeed.

Bayhead Racquet Club has just added three new members. This writer, wife Leslie and daughter, Kelly. The club membership was presented to the Castle clan by club president Gerald Jones on behalf of the club. We are most appreciative and wish to thank everyone connected with Bayhead.

## Sanford Girls Rely On Relays For Win

By Chris Flister  
Herald Sports Editor

Sanford's Lady Seminoles dominated the sprints and relays to claim an 11-point victory over Lyman's Lady Greyhounds in prep track action Tuesday at Seminole High. Seminole finished with 70 points compared to 59 for Lyman and DeLand's Lady Bulldogs were a distant third with 28 points.

The three teams lined up for Friday's Lyman Invitational which gets underway with field events and running preliminaries at 4 p.m.

Dieidre Hillery got the Lady Tribe off to a good start in the field events as she won the shot put with a throw of 37-1/4. Seminole's Lou Williams was third in the shot at 34-5/8.

Lyman took two of the top three places in the discus, but the Lady Tribe went 1-2-3 in the long jump. Charita Medlock won the long jump with a leap of 16-6 3/4. Crystal Caldwell was second at 15-8 3/4 and Catherine Anderson was third at 15-8 1/4.

Lyman stayed close after the field events as Lori Carroll won the high jump as she cleared 5-2 and Kim Forsyth was second at 5-0.

Schowanda Williams, Lyman's talented all-around performer, then came up with the first of her three first places Tuesday as she won the 110 high hurdles with a time of 15.3. Williams also won the 330 hurdles at 45.0.

Williams' third first place came in the 220 dash in one of the best races of the day. Williams outlasted Seminole's Katrina Walker with a time of 25.5, compared to 25.7 for Walker. Williams' 25.5 is the top time in the country this season in the 220 while Walker's time now ranks third in the country.

Seminole's Jackie Johnson was third in the 100 hurdles at 15.7 and third in the 330 hurdles with a season's best time of 47.3.

The Lady Seminoles started their dominance of the sprints as they swept the first three places in the 100 yard dash. Walker won with a time of 11.5, her best time of the season. Caldwell, who usually runs the 220 and 440, ran

### Prep Track

the 100 for the first time this season and she blazed to a second place finish with a time of 11.6. Sharon Jenkins was third at 12.0.

Seminole went 1-2 in the 440 yard dash as Jenkins cruised to her best time of the season at 59.6. Anderson was second at 62.0. The Lady Tribe's strongest event is the open quarter as at least six different runners can run a 62.0 or better.

While the sprinters were sizzling Tuesday, the distance runners also had a fine meet, particularly Lyman's Cindy Gaskell and Julie Greenberg. Gaskell ran the county's best time of the season in the 880 run as she sailed to an impressive time of 2:23.0. Greenberg won the mile at 5:45.0 and Gaskell was second at 5:49.0. Greenberg placed third in the two mile at 13:39.0.

Seminole picked up 30 of its 70 points by winning all three relays. The Lady Tribe won the 440 relay with a time of 50.6, then ran a season's best 4:26.0 to win the mile medley. Seminole breezed to a 25-second victory in the mile relay with a time of 4:11.0 compared to 4:36.0 for Lyman.

In other track and field action Tuesday, coach Tom Hammon's Lake Howell girls won every event while burying Winter Park, 110 1/2-12 1/4. Christy Scott was a double winner in the shot and discus while Michelle Spearman had a leg in all three relay victories. Lake Howell's boys dropped an 88-53 dual meet win despite Ken Cheeseman's triple win in the mile, two mile and 880.

Oviedo's Stephanie Nelson captured the long jump and the high jump to lift the Lady Lions to a 52-33 dual meet win over Jones. Oviedo's boys lost a 74-67 decision. Marty Phillips was a triple winner (mile, two mile, 880) and Howard Lingard took the 440 and long jump. [Track summaries in Scoreboard on page 11A.]

SEMINOLE 70.		
LYMAN 59.	3. Johnson, Seminole	15.7
DELAND 28	100 dash	
118 hurdles	1. Walker, Seminole	11.5
1. Williams, Lyman	2. Caldwell, Seminole	11.6
2. Thomas, DeLand	3. Jenkins, Seminole	12.0
	440 relay	
	1. Seminole	50.6
	2. Lyman	52.1
	Mile	
	1. Greenberg, Lyman	5:45.0
	2. Gaskell, Lyman	5:49.0
	3. Picone, DeLand	5:54.0
	880 run	
	1. Gaskell, Lyman	2:23.0
	2. Williams, DeLand	2:31.0
	3. Hilgus, Lyman	2:38.0
	Mile medley relay	
	1. Seminole	4:26.0
	2. Lyman	4:36.0
	3. Lyman	4:49.0
	Shot	
	1. Hillary, Seminole	37-1/4
	2. Patrick, DeLand	34-5/8
	3. Williams, Seminole	34-1/4
	Discus	
	1. Robbins, Lyman	102-2/4
	2. Pringle, Seminole	97-11/16
	3. Gaudin, Lyman	96-3
	Long jump	
	1. Medlock, Seminole	16-6 3/4
	2. Caldwell, Seminole	15-8 3/4
	3. Anderson, Seminole	15-8 1/4
	High jump	
	1. Carroll, Lyman	5-2
	2. Forsyth, Lyman	5-0
	3. Williams, DeLand	4-10



Lyman's Colette Johnson, front, waits for the baton while Seminole's Traci Brown shifts into high gear.

3. DeLand	57.4	2. Lyman	4:28.0	1. Hillary, Seminole	37-1/4
448 dash		3. DeLand	DQ	2. Patrick, DeLand	34-5/8
1. Jenkins, Seminole	59.6	328 dash		3. Williams, Seminole	34-1/4
2. Anderson, Seminole	62.0	1. Williams, Lyman	25.5		
3. Ross, DeLand	62.9	1. Walker, Seminole	25.7	1. Robbins, Lyman	102-2/4
328 hurdles		2. Crawford, Seminole	27.5	2. Pringle, Seminole	97-11/16
1. Williams, Lyman	43.0	Two mile		3. Gaudin, Lyman	96-3
2. Thomas, DeLand	46.8	1. Sullo, DeLand	13:39.0		
3. Johnson, Seminole	47.3	2. Picone, DeLand	13:25.0		
880 run		3. Greenberg, Lyman	13:39.0		
1. Gaskell, Lyman	2:23.0	Mile relay			
2. Williams, DeLand	2:31.0	1. Seminole	4:11.0		
3. Hilgus, Lyman	2:38.0	2. Lyman	4:36.0		
Mile medley relay		3. DeLand	4:49.0		
1. Seminole	4:26.0	Shot			
2. Lyman	4:36.0				
3. Lyman	4:49.0				

## Altamonte LL Is Welcome At Lake Mary

By Sam Cook  
Herald Sports Editor

When the subject of Little League Baseball is brought up around high school coaches, they usually head for the showers quicker than a relief pitcher who has walked home the winning run.

Little Leagues and prep coaches have not always been compatible. This is not the case, however, with Lake Mary coach Allen Tuttle and the Altamonte Little League. The first-year Lake Mary coach has put out the welcome mat to anybody who has progressed through what may be the top Little League program anywhere. Year in and year out, the Altamonte program has reservations for the state tournament, sometimes on several levels. Last year, its 13-year olds were the top team in the United States and second in the World.

A quick look at the Rams' roster shows three recent graduates of the Altamonte program — pitcher Mike Schmit, rightfielder Ryan Lisle and second baseman Shane Letterio — who have made notable contributions to Lake Mary's quick 9-3 start and 4-0 Five Star Conference record.

"They definitely have one of the top programs I've ever seen," says Tuttle. "They come in here with so much all-star experience it can't hurt. They've played in so many big games already, they know exactly what they're doing on the field."

And, all three are just kids. Schmit, a sophomore, well documented. The 6-2 rightfielder has been a top pitcher and hitter for veteran Altamonte coach Gene Letterio since he first pulled on the number 20 of his namesake Mike Schmidt of the Philadelphia Phillies. Letterio's son, Shane, and Lisle, are just freshmen. Both joined Schmit at Altamonte 12- and 13-year-old teams which finished second in the state to Tampa Belmont Heights twice in summer all-star competition. The Belmont 13-year-old team then breezed to a World Series title.

While Schmit established himself last year as the best freshman in the county, Tuttle was surprised that Lisle and Letterio would be able to play varsity ball as freshmen. "I had them on the junior varsity until one week before the season," remembers Tuttle. "But they were looking so good, I just had to bring them up and give them a chance."

Lisle has overcome a slow start to become Lake Mary's hottest hitter of late. The red-haired outfielder has become a team which has lifted his batting average to .395. He also has 11 runs batted in and a game-winning later.

Letterio, who comes in a small package, is just about the best fundamental player you'll ever see. He is an excellent fielder, superb bunter and, over the past two weeks, has swung a good stick. Four hits against Seabreeze on Monday raised his average to .320.

Speaking of young talent, you don't have to look any further than the top of the batting leaders chart (Page 11A) to find one of the best swatters in this county.

Lake Brantley sophomore Mike Beams has taken over. See Altamonte LL, Page 11A.

## 15 Errors Doom Tribe; Gregory's Triple Trims Apopka; Hawks Win 5th

By Chris Flister  
Herald Sports Writer

If to err is human, Seminole softball coach Beth Corso would have liked to have beamed down a few aliens Tuesday. The Lady Seminoles and fielding were contradictory terms Tuesday as they committed 15 errors, 14 infield errors, and wound up dropping a 8-1 decision to Daytona Beach Mainland's Lady Bucs in Five Star Conference action at Mainland High.

"Fielding has not been a problem for us, until today," Corso said. "I think the girls felt a little under pressure because it was the first conference game."

The loss dropped Seminole to 2-2 overall and 0-1 in the conference. The Lady Tribe is back in action Thursday as it hosts Lake Howell at 4 p.m. at Fort Mellon field.

"We have to play heads up on defense Thursday," Corso said. "If we make that many errors against Lake Howell, they'll score 45 runs."

Mainland took a 3-0 lead after three innings and then pulled away with two runs in both the fourth and fifth innings. The Lady Seminoles made nine errors in the two innings.

Seminole, which outhit Mainland, 6-5, scored its lone run in the top of the seventh to avoid being shutout. Alycia Dixon, Katy Barbour, Shelley Harley, Bert Detreville, Beth Nelson and Janet Hauck had one hit apiece for Seminole.

Although the infield committed 14 errors Tuesday, the outfielders did a good job, not letting any balls get by them. The Seminole outfield Tuesday consisted of Hauck, Harley, Detreville and Cassandra Frederick. Seminole's luck got a little better after the

game, the team bus ran out of gas on the way home, but the Port Orange Volunteer Fire Department came to the rescue and helped the Lady Seminoles get home.

**Lake Mary.....3**  
**Apopka.....2**  
Lisa Gregory smacked a triple in the bottom of the seventh inning to drive home the winning run as Lake Mary's Lady Rams trimmed Apopka, 3-2. In Five Star Conference action at Seminole Community College.

Lake Mary improved to 2-2 overall and 1-0 in the conference with the victory. Lake Mary hosts Lake Brantley on Thursday at 4 and Lake Howell on Friday at 4 (both games at SCC).

Beth Watkins had an outstanding game for the Lady Rams Tuesday as she went the distance on the mound, allowing six hits and walking none. Watkins hasn't walked a batter in her last two outings. She also went 3 for 3 with an RBI at the plate and scored the winning run Tuesday.

Apopka erupted for two runs in the top of the first inning, but Lake Mary tied it at 2-2 in the bottom of the first thanks to some good baserunning by Karen DeShetler and Kim Averill. DeShetler and Averill both singled to lead off the inning and DeShetler scored on an RBI single by Watkins and Averill came across on a single by Lisa Simkins.

Neither team could push across the ubreaking run as five full innings went by without anyone scoring. Watkins then led off the bottom of the seventh with a single and scored on Gregory's game-winning triple.

### Prep Softball

"Every one of our games has been decided by one run." Lake Mary coach Cindy Henry said. "I guess we play pretty well under pressure and I hope it helps us in the big conference games."

**DeLand.....12**  
**Lyman.....2**  
DeLand erupted for five runs in the first inning en route to a 12-2 Five Star Conference softball victory over Lyman at Lyman High School Tuesday.

Lyman, 0-3 and 0-1, hosts Seabreeze Thursday at 4 p.m.  
The Lady Greyhounds didn't get on the scoreboard until the fifth inning when Lisa Wright singled home Chris Giglico who had singled. Lyman added its final run in the sixth when Denise Stevens reached on a two-base error and Kristie Kaiser drilled a base hit.

Giglico had two singles while Wright, Kaiser, Riane Richardson, Lori Helms and Reagan Stump had one each.

**Lake Howell.....11**  
**Spruce Creek.....1**  
Lake Howell's Lady Hawks collected 13 hits and Barbara Heim and Christy Tibbitts combined on a one-hitter as the Lady Hawks rolled to their fifth straight victory.

Lake Howell, 5-0 overall and 1-0 in the conference, exploded for five runs in the first and fourth innings to put the victory on ice early. Spruce Creek was held hitless until Sheila Bennett doubled in the top of

the seventh.  
In the bottom of the first, Tami Hankins and Heim ripped back-to-back singles and both scored as Mary Johnson reached on a two-base error. Sandy Gillies then stroked a single to drive in Johnson and Eileen Thiebauth drew a walk. Grace Ley followed with an RBI single and Beth Saunders drove in the fifth run of the frame with a sacrifice fly.

The Lady Hawks added one run in the third as Thiebauth singled and scored on a sacrifice fly by Mary Meier.

Lake Howell made it a rout with five more runs in the fourth. Cherie Green led off with a single and Hankins drew a walk. Two outs later, Gillies delivered a single to drive home Green and Thiebauth then unloaded a three-run homer to right center. Jaudon Jonas then singled and went to third on a Spruce Creek error and scored on a single off the bat of Meier.

Hankins, Heim, Gillies and Thiebauth led the Lake Howell hit parade with two hits each while Johnson, Ley, Meier and Tibbitts had one hit each. Heim picked up the pitching victory to improve her record to 5-0.

**Seabreeze.....5**  
**Lake Brantley.....1**  
Lake Brantley's Lady Patriots managed only four hits and dropped a 5-1 decision to Daytona Beach Seabreeze Tuesday at Daytona Beach. The Lady Patriots fell to 0-5 overall and 0-1 in the conference with the loss.  
"We're not as bad as our record indicates," Lake Brantley coach Renny Betris

said. "The last three games we lost because we made errors in pressure situations."

Sherry Asplen went 2 for 3 to lead the Patriots at the plate while Michelle Tolver had three of Seabreeze's 11 hits on the day.

**Oviedo.....10**  
**Osceola.....4**  
Oviedo's Lady Lions continued to sizzle at the plate Tuesday as they rapped 15 hits in a 10-8 victory over Osceola Kissimmee in Orange Belt Conference action at Red Bug Park.

The Lady Lions improved to 7-5 overall and 2-0 in the conference and will be back in action today at 3:30 against Orlando Lake Highland at Red Bug Park.

Oviedo erupted for eight runs over the first three innings, but Osceola pulled to within one, 8-7, by the top of the sixth.  
The Lady Lions scored the two eventful winning runs in the bottom of the sixth. Mikki Eby, who reached on a fielder's choice, scored the first run on a booming triple off the bat of Kim Boston and Boston scored the second run on a single by Caroline Chavis.

Chavis was 3 for 3 on the day to lead Oviedo at the plate while Boston was 3 for 4 with a home run and a triple. Boston now has four homers, five triples and 20 RBI on the season. Candy Williams was 2 for 4 with a homer for the Lady Lions while Sheila Hill and Fran Foster had two hits each and Karen Boehmer, Dee Dee Beasley, Terri Case and Eby had one hit each. Hill also went the distance on the mound to pick up the pitching victory for coach Jackie Miller's Lady Lions.



# WORLD IN BRIEF

## Uneasy Peace Holds In Beirut; Marine Shot

BEIRUT, Lebanon (UPI) — An uneasy peace held today in Beirut following a day of heavy artillery and small arms clashes that ended when Lebanon's warring factions obeyed a cease-fire negotiated 2,000 miles away in Switzerland.

Radio stations operated by rival factions ranging from the right-wing Christian Phalange to the rebel Druze militia appealed to their fighters Tuesday to observe the truce.

A U.S. military spokesman said an off-duty Marine officer was shot in the back on the outskirts of Beirut Tuesday. The officer, who was not identified, was later evacuated to the USS Guam, which is stationed off the Lebanese coast. His condition was listed as stable.

## Arab Summit Convening

BAGHDAD, Iraq (UPI) — Iraq sought a strong vote of support from an emergency 16-nation Arab summit convening today to discuss Baghdad's 3 1/2-year Persian Gulf war against Iran.

On the southern battlefield, Iran said Tuesday its forces inflicted heavy casualties in defeating an Iraqi attack involving intense artillery barrages.

Western observers in Baghdad said President Saddam Hussein was hoping for a political win at today's summit with a showing of Arab solidarity behind Iraq in its war of attrition with neighboring Iran. Sources at the Arab conference said 15 countries, in addition to Iraq and a representative for the Palestine Liberation Organization, were to attend.

## Rebels Warn The U.S.

By United Press International

The Salvadoran rebel command warned America it "will pay a quota of blood" if the Reagan administration orders a U.S. Army attack on Salvadoran guerrilla strongholds from Honduras.

A Salvadoran Foreign Ministry official said his country does not need U.S. troops to control leftist rebels during upcoming elections but does need more military aid. Nicaraguan officials charged rebels attacked the main border crossing to Costa Rica with automatic weapons, mortars and rocket-propelled grenades in the third such frontier raid in as many days.

# FLORIDA IN BRIEF

## Wells Fargo Heist Foiled; Suspect Wounded

MIAMI (UPI) — A gunfight erupted as three would-be robbers grabbed a bag of money from a Wells Fargo guard as another guard opened fire, officials say.

Police said one of the gunmen apparently was wounded and all three escaped empty-handed Tuesday outside the Sun Bank of Miami's West Dade branch.

The guard who picked up the money was identified as Fernando Aris, 34. He was accosted when one of the men stuck a gun in his back and said, "Don't move. Gimme your money."

He grabbed the bag, began backing away and fired three shots at Aris, who hit the ground. As the man approached the getaway car with two persons inside the other guard, Ibrain Quintia, 50, opened fire, police said.

## Deputy Dies From Wounds

PENSACOLA (UPI) — An Escambia County Sheriff's investigator died from gunshot wounds he received in a Sunday night shooting, sparking sheriff's deputies to step up the search for a suspect in the shooting.

Investigator Eric Streeter, 37, died Monday at Baptist Hospital in Pensacola at 3:05 p.m. CST of gunshot wounds to the abdomen, chest and hip, said Bobby Tilman, Baptist Hospital public relations officer.

William Edward Bradshaw, 22, of Ensley, accompanied by a relative, surrendered Monday afternoon at the Escambia County Sheriff's Department.

Authorities obtained a warrant Monday for the second suspect, identified as William Clarence Jordan, 22, an escapee and convicted burglar facing 20 years in prison.

## Illness May Delay Trial

MIAMI (UPI) — The prosecution, charging Cuban-born policeman Luis Alvarez "panicked under the circumstances and pulled the trigger" in the killing of a black man, rested its case Tuesday in the manslaughter trial of the suspended officer.

The racially sensitive eight-week-old case had been scheduled to go to the jury Wednesday following closing arguments. But Circuit Judge David Gersten said late Tuesday the trial might be postponed a day because lead prosecutor Abraham Laeser was ill. Gersten denied the defense's motion for a directed verdict of acquittal and spent the remainder of the day working out with both sides his charge to the all-white jury.

# HOSPITAL NOTES

Central Florida Regional Hospital Tuesday ADMISSIONS	Gustav C. Hagbom, Deltona William M.H. Harford, Deltona Arthur D. Stewart, Deltona DISCHARGES
Sanford: Patricia W. Austin Charles O. Baker James W. Silva Frederick V. Cline, DeBary Joseph E. Cornwell, DeBary Mary E. Hargrave, DeBary	Sanford: Russell P. Crumpton Henry T. Herndon Robert A. Sinclair, DeBary Elizabeth Supple, Deltona Alfred J. Gutwell, Lake Mary John W. Boardman, Lake Monroe



Herald Photo by Tammy Vincent

## Ballot Boxes

Seminole County Supervisor of Elections Sandra Goard prepares to unlock boxes containing ballots from precincts 32, 58 and 41 for the computer count shortly before 8 p.m. Tuesday.

# ...Hart Wins County

Continued from page 1A

"As an elected official and an individual I tend to vote according to my constituency and represent them the best way possible," Williams said.

Meanwhile, Donnelly of Casselberry, who led the pack of delegate candidates in all three counties, was elated about his win.

Donnelly was Hart's only official supporter for weeks before the Colorado senator's campaign gained momentum.

Only last Friday, however, former Askew supporters in Orange County, trying to consolidate a campaign for Hart in Central Florida, asked Donnelly not to pursue his own candidacy for delegate but rather to allow a push for the election of Askew delegates so the voters wouldn't be confused.

And Donnelly said that he was convinced this was what Hart wanted and he would step aside.

"The important thing is for Hart to win and if it helps for me to step aside, I will," Donnelly said at the time.

Hart's victory in the popularity contest was no surprise to Donnelly who had said earlier he expected Hart to take Florida.

"Hart is popular and has a number of victories. He just seems to be sweeping the county," Donnelly said.

Final results in Seminole showed Hart with 5,920 votes; Mondale 3,746; John Glenn, 2,468; Jackson, 1,603; Askew 368; George McGovern 281; Ernest Hollings, 41; Alan Cranston 19; Stephen

Koczak 15 and Richard B. Kay 11.

Delegate votes cast were: Donnelly, 4,589; Mrs. Carlton 3,981; Mrs. Bazemore, 3,358; Cooper, 3,243 pledged to Mondale; Blondie P. Jordan 3,015; Mondale: Earlene Watkins 2,972; Mondale: Sheila J. Morgan 2,489; Glenn: Judith Mucci 2,275; Glenn: Victor Suarez 2,163; Glenn: Alzo S. Reddick 2,152; Askew: Jackie L. Johnson, Jackson: Samuel L. Hoard 1,253; Jackson: Marie B. Palmer 1,251; Jackson: Rita M. Bragg 828; Boe Barrett 765 and Irving B. Gussow 553, all uncommitted; Sarah Bilderbeck 396; Douglas E. Wilson 360 and M. Frances Geddes 346, all McGovern; Patricia L. Moseley 328, William H. Wack, 231 and Elaine Wack 212, all Cranston.

On the Republican side of the ballot, President Ronald Reagan received 6,990 votes.

Reagan delegates from the 5th congressional district will be selected at a district caucus to be held March 24 at 10 a.m. at the Quality Inn, State Road 434 near I-4 in Longwood.

Chosen at the caucus will be four delegates and three alternates. The delegates include a bonus one because the district elected a Republican — Bill McCollum — to Congress.

Traditionally, the bonus delegate post would go to McCollum himself.

Participating in the caucus will be the local party chairmen and state committeeman and committeewoman from Seminole, Lake and Orange counties.

# ...Split Keeps Battle Open

Continued from page 1A

"I feel very good about developments," said a relieved Mondale, whose strong organization and hefty endorsements did little to keep him from being overwhelmed by successive defeats to Hart in New Hampshire, Maine, Vermont and Wyoming.

"What started out as a hundred-yard dash for my campaign then became a hundred-yard dash for the Hart campaign," he said. "What's happened is it's become a marathon."

Hart, too, viewed the results in triumph: "I think this is a major boost for our campaign nationally." He told a network interviewer he was "especially proud" to have "stood off" Mondale in Georgia, where Carter appealed for support for the man who served as his vice president.

Earlier, Mondale told members of his campaign organization, "Before this race is over we will have a majority of delegates going into the San Francisco convention. We will go on to San Francisco and on to the White House."

In the popular vote in primary

contests, with nearly complete returns, Hart had 978,664, Mondale 901,884, Jackson 397,793, Glenn 378,960, and McGovern 149,385.

—In Georgia, with 99 percent of the vote counted, Mondale had 30 percent and Hart 27 percent. Jackson had 21 percent and Glenn 18 percent.

—In Alabama, with 99 percent, Mondale had 34 percent to 21 percent for both Glenn and Hart. Jackson had 19 percent.

—In Florida, with all votes counted, Hart had 39 percent, Mondale 33 percent, Jackson had 12 percent and Glenn 11 percent.

—In Massachusetts, with 96 percent, Hart had 39 percent and Mondale 26 percent. McGovern had 21 percent.

—In Rhode Island, with 100 percent of the vote in, Hart had 45 percent to Mondale's 35 percent.

Although Democrats caucus tonight in Delaware and Thursday in Alaska, the major focus now shifts to Saturday's caucuses in five states, including delegate-rich Michigan. Next Tuesday, the battleground becomes the Illinois primary.

Dixie Democrats, labor voters,

senior citizens and a significant number of blacks formed the kind of coalition behind Mondale that he had hoped to put together across the nation to win the nomination easily.

In the three states Hart won, labor was cooler toward Mondale, blacks went more for Jackson and Hart lined up his new coalition — the young, the affluent, women and independents.

Exit polls of voters by ABC showed that Hart's campaign themes of independence from special interest and his promises of "new ideas" won him votes. Mondale's strong suit was his experience.

In Atlanta, Glenn told his disappointed supporters he would return to Washington today "to map out the future of the campaign."

He told several hundred backers "the contest for the Democratic presidential nomination remains very much alive" and that "our party still has a horse race."

The former astronauts' prospects, however, were dealt a serious blow by Tuesday's outcome. Glenn had counted on the more conservative South to boost his campaign.

## Morse, Stelling Win GOP Committee Nod

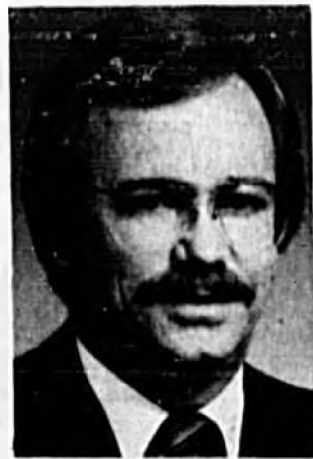
Seminole County Republicans gave a vote of confidence to its GOP state committeewoman Maryanne Morse Tuesday and chose party activist James Stelling as its state committeeman.

Stelling will replace Fred Streetman, who declined to seek re-election to the party office because he is an announced candidate for the county commission seat held by Robert G. "Bud" Feather, up for re-election this year. Streetman had announced his support of both Stelling and Mrs. Morse.

Both Mrs. Morse and Stelling, opposed by political newcomers, won by nearly 3-to-1 margins.

Both were in Orlando after election results were announced Tuesday night celebrating with Jeanie Austin, who won re-election to the state committee from Orange County.

Mrs. Austin, vice chairman of the state committee, is in line for the chairmanship of the state party when it reorganizes in the next few months.



James Stelling



Maryanne Morse

Mrs. Morse is already secretary of the state party organization.

In final results, Mrs. Morse received 4,971 votes to 1,809 for her opponent, Lee Gormley. Stelling polled 4,776 votes to 1,904 for his opponent, Joe Folsom.

—Donna Estes

# Executive Committee Members Selected In 18 Races

Voters of the Democratic and Republican parties chose members of respective party executive committees in 18 races in various precincts Tuesday.

Many others were elected unopposed.

Elected to the local Democratic Committee were: James H. Green with 81 votes over Gregory S. Alford with 56 votes in precinct 7; Lois W. Smerilson with 78 votes over Mary Jo Rollo with 56

in precinct 33; Judy Sledge 84 over Kit Pepper 67 in precinct 45; Vernon A. Pitt 138 over Victor M. Suarez 70 in precinct 50; Gerald Korman, 106 over Ken Bevan 73 and David O. Wipper 22, precinct 60; Dr. Julius Ringling 72 over Theobie Wells Jr. 38 in precinct 62; and Jeffrey D. Horn 75 over Charles W. Dils 39, precinct 64.

Elected to the Seminole County Re-

publican Committee were: James T. Moore 34 over Donald C. Myers 22, precinct 11; Frank Joyce 65 over Timothy Shultz 40, precinct 13; Linda Stone 53 over Jeanne Smith Doyle 28, precinct 25; Maureen A. Gilmont 81 over Pamela Ohab 56, precinct 34; George F. Anderson 86 over Larry L. Popp 54, precinct 36; Ron Safford 100 over John F. Wheeler 56, precinct 40;

Anne B. Sidle 84 over Nancy Field 52, precinct 48; John C. Farley 98 over Greg Pingston 70, precinct 56; Edward C. Anderson 29 over Earl W. Eberly 18 and D.J. Mitro 10, precinct 58; and Stephen J. Cavallero 22 over C.P. Steinmetz 16, precinct 69.

The new committeemen and committeewomen of both parties will assume their new offices in April.

# Here's UPI List Of Delegates Left After Super Tuesday

WASHINGTON (UPI) — Following is a calendar of primary events that follow Super Tuesday and the number of delegates at stake in each state.

- March 14: Delaware — caucuses; 14 delegates.
- March 14-17: North Dakota — caucuses; 14 delegates.
- March 15: Alaska — caucuses; 11 delegates.
- March 17: Arkansas — caucuses; 35 delegates.
- Kentucky — caucuses; 53 delegates. (Caucuses continue through March 31, when most delegates will be chosen).
- Latin America — caucuses; 3 delegates.
- Michigan — caucuses; 136 delegates.
- Mississippi — caucuses; 36 delegates.
- South Carolina — caucuses; 41 delegates.
- March 18: Puerto Rico: primary; 48 delegates.
- March 20: Illinois — primary; 171 delegates.
- Minnesota — caucuses; 75 delegates.
- March 24: Kansas — caucuses; 37 delegates.
- March 24 or 26: Virginia — caucuses; 68 delegates.

- March 25: Montana — caucuses; 19 delegates.
- March 27: Connecticut — primary; 52 delegates.
- March 31: Virgin Islands — caucuses; 3 delegates.
- April 3: New York — primary; 252 delegates.
- Wisconsin — caucuses; 78 delegates.
- April 10: Pennsylvania — primary; 172 delegates.
- April 14: Arizona — caucuses; 33 delegates.
- Louisiana — (date subject to change) Caucuses; 57 delegates.
- April 16: Utah — caucuses; 22 delegates.
- April 18: Missouri — caucuses; 75 delegates.
- April 24: Vermont — caucuses; 13 delegates.
- April 28: Guam — caucuses; 3 delegates.
- May 1: District of Columbia — primary; 15 delegates.
- Tennessee — primary; 65 delegates.
- May: Texas — caucuses; 189 delegates.
- May 7: Colorado — caucuses; 43 delegates.
- May 8: Indiana — primary; 77 delegates.
- Maryland — primary; 62 delegates.

- North Carolina — primary; 75 delegates.
  - Ohio — primary; 154 delegates.
  - May 15: Nebraska — primary; 24 delegates.
  - Oregon — primary; 43 delegates.
  - May 24: Idaho — caucuses; 18 delegates.
  - June 5: California — primary; 306 delegates.
  - New Jersey — primary; 107 delegates.
  - New Mexico — primary; 23 delegates.
  - South Dakota — primary; 15 delegates.
  - West Virginia — primary; 35 delegates.
- Note: UPI counts only the pledged delegates at stake in the primary elections. The pledged delegates are all those whose loyalty can be determined by the outcome of the vote. That includes the delegates elected directly at the district level, and also the at-large delegates and automatic 10 percent add-on for part elected officials — since the vote determines how they will eventually be pledged. It does not include the remainder of the state delegation — the so called super delegates — that are unpledged.

## Berrien Seeks Court Clerk Post



Dave Berrien

Dave Berrien, R-Sanford, has filed as a Republican candidate for the office of Clerk of the Circuit Court. Frances Marone, vice chairman of the Seminole County Republican Executive Committee has been named to manage the Berrien campaign.

Berrien, a mortgage loan officer, ran for the Clerk's office in 1980 and missed being elected by less than one per cent of the votes cast.

"This time," said Berrien, "we are starting early with a complete and qualified campaign organization. Last election, I barely missed winning even though it was my first attempt at public office. I learned a great deal about campaigning and I start now with an

advantage I previously lacked." Arthur H. Beckwith Jr., Democrat and incumbent Clerk, announced his candidacy for re-election three weeks ago.

## Mondale Relied On Change; Hart Relied On The Young

WASHINGTON (UPI) — Walter Mondale's experience attracted the voters he needed to keep his presidential drive going, but Gary Hart continued to draw the same young, upwardly mobile constituency that set his campaign afire two weeks ago.

Mondale's key backers, organized labor, failed to deliver for him in two key Northern states Tuesday night, but proved to be the difference in the critical Southern state of Alabama.

Those appeared to be the major lessons from exit polls conducted by television networks during the 41 primaries and caucuses that have become known as Super Tuesday.

There were few surprises in the exit poll results. Mondale did well, according to ABC exit polls, among those who value experience, while Hart did well among those looking for independence and change.

Jesse Jackson ran well among blacks in both the North and the South. John Glenn got a lot of conservative votes in the South and George McGovern captured the Massachusetts voters who worry about nuclear war.

## Briefly

### Club Program On 911 Open To The Public

The Junior Woman's Club of Sanford, a member of the Florida Federation of Women's Clubs, will have at its next monthly meeting a speaker on the 911 emergency telephone system.

Deborah Carawell, a representative of the Seminole County League of Women Voters, will discuss what the system is, what it means to Seminole County, and how residents can help to implement it.

The program will be presented on Thursday, March 15, from 7:30 to 9:00 p.m. preceding the club's general meeting at the Woman's Club of Sanford Inc., 309 S. Oak Ave. The public is invited to hear Ms. Carawell. For further information call 323-9214.

### Library Needs Books

Friends of the Library, Seminole County needs books for the annual book sale. All subjects, hard or soft cover, including tapes and records and better magazines may be dropped off at Sanford or Casselberry branch libraries. Donations are tax deductible.

If unable to deliver quantities of books, a pickup can be arranged by calling 699-0082 during the day. Funds will be used for supplies or services not funded by county funds.

### Sanford Artist Honored

Joan Zimmerman of Sanford was winner of one of the \$100 awards of Merit at Images — A Festival of the Arts held the weekend of Feb. 25 and 26 in Riverfront Park in downtown New Smyrna Beach.

Judges for the two-day festival were Claire List, assistant curator of contemporary art at Washington, D.C.'s Corcoran Gallery, and Jack Cowart, curator of modern art at the National Gallery of Art, also in Washington.

Zimmerman's award was for fiber collage. The festival was judged without regard to category.

### Newspaper Workshop

A summer newspaper workshop for high school students will be conducted at Florida A&M University June 17 through June 30, according to Dr. James E. Hawkins, director, Division of Journalism, School of Journalism, Media and Graphic Arts, announced today.

Purpose of the workshop is to interest minority high school students in journalism careers. Minorities comprise only 5.5 percent of the workers in the nation's newsrooms, according to a study by the American Society of Newspaper Editors.

Interested students should apply by April 12. "Early applications are encouraged because only 15 students will be accepted," according to Prof. J. William Snoggrass, workshop director. Application forms can be obtained from high school counselors or by writing: Prof. J. William Snoggrass, Division of Journalism, Florida A&M University, Tallahassee, FL 32307. The only cost to students will be transportation to Tallahassee and routine expense money. Food, housing and supplies will be provided.

### Lionesses Southern Ball

Time will stand still on March 17 when The Lioness Clubs from Volusia, Lake, Marion, Orange, Seminole and Flagler counties meet at the Community House in Eustis for a formal Southern Ball.

The year 1800 will be the theme. The Barber Shop Quartet from the Winter Park Lions Club will entertain during a typical Southern supper. After the supper, an orchestra will play. A prize will be given for the most beautiful Southern Belle ball gown.

Lioness Arvada Kindstrom and her committee from all the clubs have made all the programs and table decorations representing this period.

The guest of honor will be the president, Lioness Ruth Hurd and her husband, Lion Harvey. District Governor Joseph Rembaum and his wife, Irene, plus other Lion dignitaries will be present.

The cost is \$10 per person and reservations may be made by calling 904-672-3072 or 305-425-7657 by March 14.

## Cook Of The Week

# A Venture In Amish Cooking

By Karen Warner  
Herald Correspondent

In a small community like Lake Mary, running into familiar faces is almost a certainty.

Whether it is a social function, civic fund raiser, grand opening, or city meeting, there is one glowing face that always seems to stand out in the crowd. That is the face of this week's Cook of the Week, Delores Lash.

Delores, well known in the community, is a former Lake Mary police and fire commissioner, former Woman's Club president, and formally on the Lake Mary planning and zoning commission.

She admits she is trying to slow her fast pace down a bit. But Delores is presently serving as vice-president of the Lake Mary Woman's Club, program chairman for the chamber of commerce, editor of the chamber newsletter, active member of the Lake Mary Community Improvement Association (CIA) and a member of the Sanford Woman's Club.

Although Delores is a public figure, her first love is her family and home. Balancing her time between her civic duties, home and family, there is still time to help her husband, Jim Lash, with two of the family businesses. Jim and Delores own Jim Lash Auto Sales in Orlando, and the local Blue Book used car lot on U.S. Highway 17-92 in Sanford.

"Jim and I learned long ago that a family that does things together stays together," she said. "We've worked and played together, raised four children together, and are now even grandparents (three times) together."

Delores was born and raised in Huntington, PA, the heart of Pennsylvania Dutch country. Although Delores is not Amish, she grew up with many Amish neighbors. "They didn't wear any makeup, or jewelry, always wore long dresses, and traveled by horse and buggy," she said.

"I used to get some funny looks from them, because I wore makeup, but they were my friends, even though there were many differences between us. We drove a car, had electricity and bathrooms in the house," she mused.

One of the greatest things Delores said she learned from the Amish, was the natural way they cooked. No store bought ingredients were ever used. Everything came from either their farm or garden. Delores said that she still cooks the way they do up in Pennsylvania Dutch country — simple, natural and good. One of her most prized possessions is an Amish cook book given to her on her last trip to Pennsylvania, along with jars of homemade canned pickles and beets. "Amish cooking differs from the way most people cook" she added. "Most cooking is taught as you watch, they don't follow recipes. Even in their cookbooks, they don't really tell you how long to cook things, or how hot to set the ovens, sometimes they don't even give you the measured amounts. You learn as you go along."

In the recipes Delores submitted for "Cook of the Week," some have come from the Amish Cook Book, others are recipes stored in her memory. So measured amounts may vary slightly.

In keeping with true Amish/Pennsylvania Dutch cooking, you'll learn as you go along, she says.

#### SPINACH BACON DRESSING

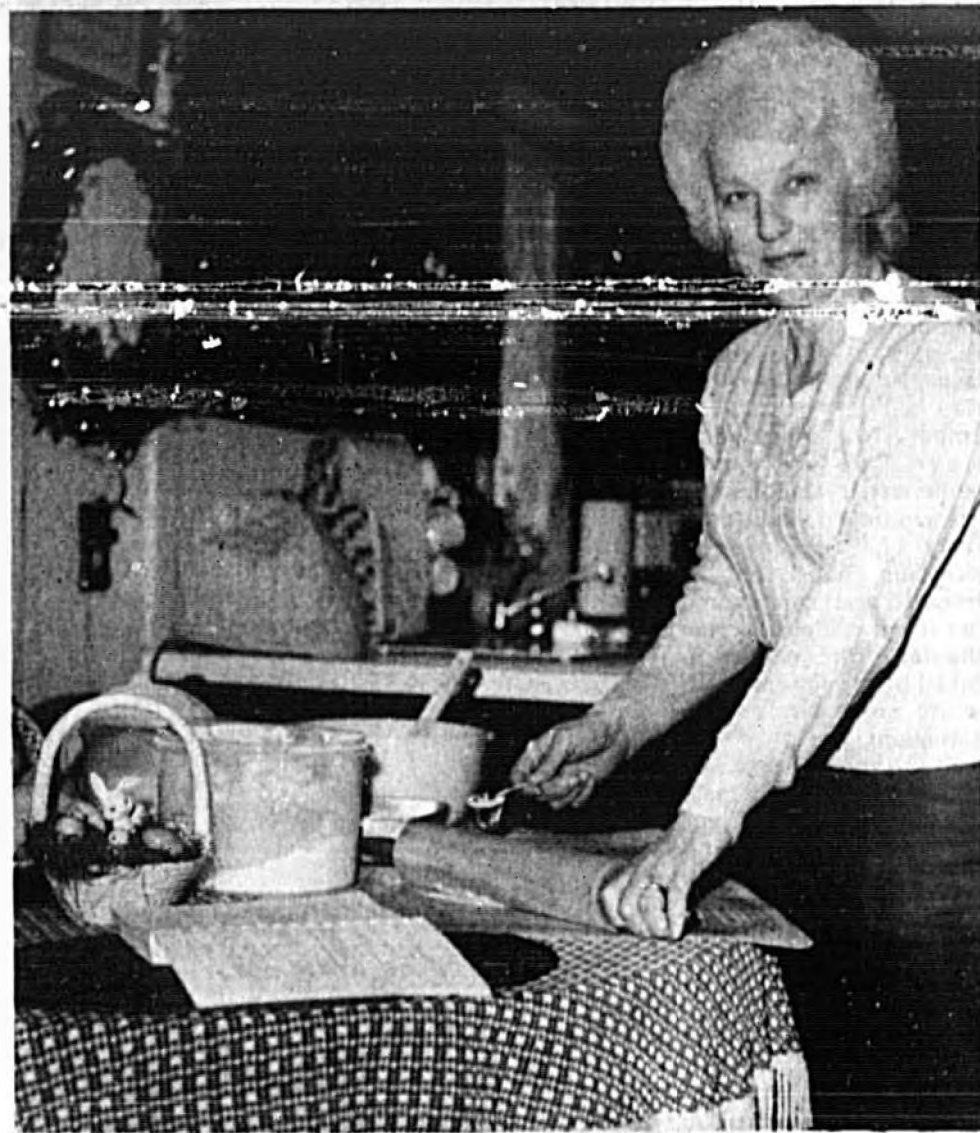
1 box frozen spinach — chopped  
6 bacon strips — chopped  
1 egg  
1 tablespoon sugar  
2 tablespoons white vinegar  
Salt and pepper  
Cook spinach according to package instructions. Keep warm. In skillet, fry bacon strips. Remove bacon, saving grease in pan. Let grease cool down.  
In bowl mix one egg (well beaten), sugar, white vinegar, salt and pepper to taste.  
Slowly add mixture to bacon grease, heat and stir.  
Place spinach in serving dish, then pour mixture over, sprinkle with bacon bits, serve.

#### BEAN SOUP (a Pennsylvania Dutch favorite)

1-24 ounce bag great northern beans — soaked overnight in enough water to cover beans.  
3 pounds ham  
8 cups water  
1 large onion — chopped  
5 celery stalks with leaves — diced  
1 large carrot — diced  
1 ripe tomato — skinned  
In large kettle, add eight cups water, ham, onion,

Delores Lash of Lake Mary, was born and raised in Huntington, PA, the heart of the Pennsylvania Dutch Country. She grew up with Amish neighbors and learned to cook simple, natural and good. She treasures an Amish Cookbook in her collection although it is not too explanatory. 'You learn as you go along,' she says.

Herald Photo by Karen Warner



celery, carrot, and tomato. Cover and simmer two hours, until meat is tender. Remove meat from water and cut up.

To water add presoaked beans and cut-up ham, simmer uncovered two hours, or until beans are tender.

#### CORN FRITTERS

6 ears fresh corn on the cob — cooked  
2 eggs  
1/2 teaspoon salt  
Pepper  
1 cup flour  
1 cup milk  
Shortening  
With salad cutter, remove corn kernels from cob. In bowl, mix well, eggs, salt, pepper to taste, flour and milk. Add corn, mix well.  
In skillet, melt shortening to cover bottom of pan. By tablespoons drop fritter mix into heated shortening, fry until light brown on each side.

Goes great as side dish with pork roast or chops.

#### OLD FASHIONED CHICKEN POT PIES

1 chicken (leftover turkey, ham, or beef made be used)  
4 cups water  
Pinch of salt and pepper  
1 small onion — diced  
4 celery stalks — diced  
1 carrot — diced  
3 cups flour  
1 egg  
2 tablespoons parsley leaves  
Milk

In large kettle, boil chicken in four cups lightly salted water until tender.

Remove chicken and debone. Save the broth water. Add to broth, diced onion, celery with leaves, carrot, and parsley. Simmer until vegetables are soft. Meanwhile, in bowl mix the flour, salt, egg, adding just enough milk to make flour mixture dough consistency.

On floured board, roll out dough, then with knife cut into 1/4 inch squares. Drop dough squares into simmering broth, one at a time, then allow them all to simmer in the covered kettle 15 minutes. Add meat, and serve.

#### STUFFED PORK CHOPS

Pork chops, cut on side to create pockets  
Cubed bread  
1 onion — diced

Celery with leaves — diced  
1 teaspoon parsley — chopped  
Salt and pepper to taste  
Poultry seasoning  
Shortening  
1 egg

Mix bread, onion, celery, parsley, salt, pepper and poultry seasoning, egg with enough milk to moisten. Add stuffing mixture into chop pockets.

In skillet, brown chops in small amount of shortening on each side. Remove and place in dutch oven, or covered baking pan. Bake 350° oven for 1 1/4 hours.

#### ONE-EGG SUGAR CAKE

(great for after school snacks, or with coffee)  
Grease and flour one 8x8x2 square cake pan. Preheat oven to 350°

1/2 cup butter  
1 1/2 cup sugar  
1 egg  
1 cup milk  
2 cups flour  
2 1/2 teaspoons baking powder  
1/2 teaspoon salt  
1 tablespoon vanilla  
Mix well shortening, sugar and egg in bowl. Add milk, flour, baking powder, salt and vanilla. Mix well. Pour mixture into prepared pan. Bake 30 minutes.  
This cake makes its own sugar topping when baked, so icing is not needed. Serve cake warm, or try topping it with fresh cut strawberries.

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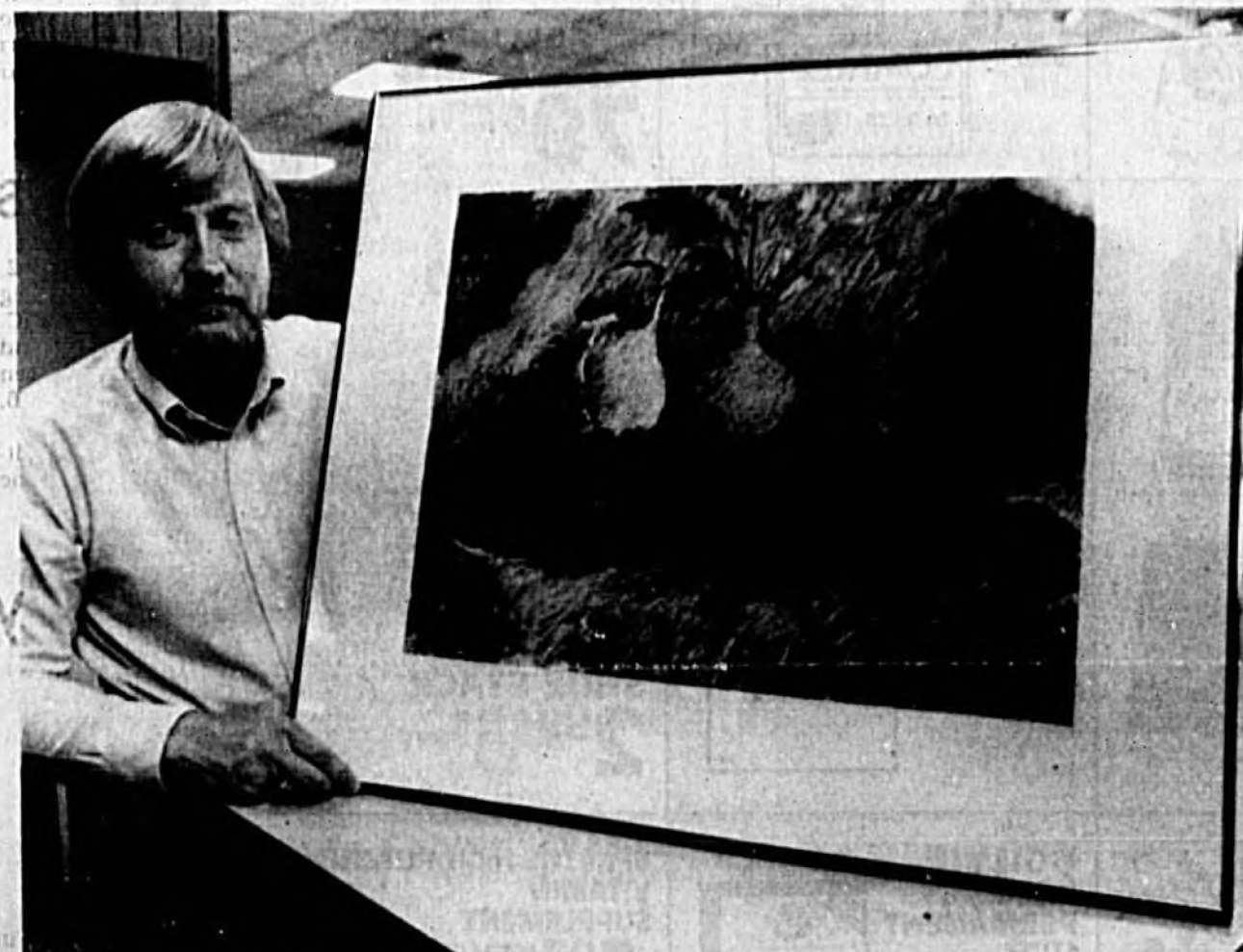
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## Israel Ballet Set

The International Israel Ballet performs "Serenade," an untitled number dedicated to Raoul Wallenberg, and "Opus 35" on March 21, at 8 p.m.

at Bob Carr Performing Arts Centre. This is the first time Southern Ballet Theatre has presented an International ballet company to Central Florida.

Southern Ballet Theatre Guild is also presenting a fundraising cocktail reception and dinner with the dancers of Israel Ballet which is open to the public. Call 628-0133 for tickets and further information.



Herald Photo by Tommy Vincent

### Artist Wins \$600

Sanford artist Fred Taylor shows a still life painting that won him \$600 and a first place in mixed media and another first place in the pastels category at an art festival in Leesburg. Taylor's works of art have captured him several first place ribbons in various shows he has entered. He teaches art through the Leisure Time Program at Seminole Community College

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# Miss Ross Weds Craig Hillsman

Rosalyn Elaine Ross and Craig J. Hillsman were married Feb. 18, at 3:30 p.m. at West Sanford Free Will Holiness Church. Elder Hezekiah Ross, the father of the bride, performed the wedding ceremony.

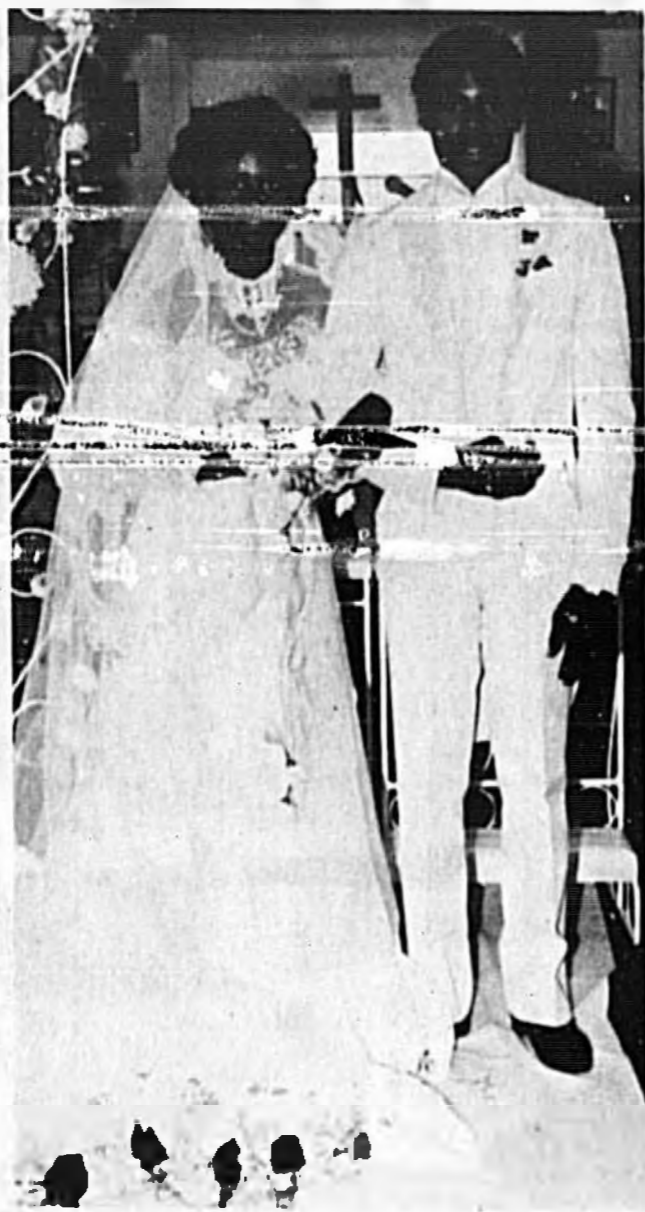
The bridegroom is the son of Mr. Ernest Hillsman of Rochester, N.Y. and Mrs. Vernell Hillsman of Vero Beach.

Given in honor of her parents, Elder and Mrs. Ross, the bride chose for her vows a formal candlelight lace gown, fashioned along the Victorian silhouette, lavishly embellished with pearl designs and re-embroidered lace motifs. The controlled skirt gracefully cascaded into a sweeping chapel train. A lace and pearl cap secured her tiered veil of imported illusion. She carried a bridal Bible showered with white roses and white carnations.

Stephanie Baker attended the bride as maid of honor. She wore a Crepe De Chine cherry and mauve lace gown and carried a nosegay of white testament and mauve roses.

Bridesmaids were Tammy Williams, Showanda Byrd, Kim Jones and Minnie Williams. Their gowns and flowers were identical to the honor attendant's.

Darrin Hillsman served his brother as best man. Groomsmen were Ulyses Cassey, Kevin Henderson, Doyal Manley and David Humphrey. The bride-



Mr. and Mrs. Craig J. Hillsman

groom wore a white tuxedo with a white carnation boutonniere. Flower girls were Belyne Hallelal and Tasha Smith, friends of the bride, and ring bearer was Zachery Grant, cousin of the bridegroom.

The reception followed the ceremony. The colors of cherry and mauve were carried out in the decor.

The newlyweds are making their home in Sanford.

## GARDEN CIRCLE

By Central Circle Sanford Garden Club

It's time to feed-feed-feed. House plants need to be fertilized every two weeks.

Should they be pot bound, repot and prune for fuller plants.

Trees and shrubs need fertilizer and spikes are suggested for trees. Be sure to put them away from trunk and foliage.

# Carrier Appointed To Oberlin Provost

Oberlin College president S. Frederick Starr has announced his decision to recommend to Oberlin's Board of Trustees the appointment of Sam C. Carrier as the College's new provost.

Associate professor of psychology and director of planning and research at the College, Carrier has been acting vice president and provost at Oberlin since the fall of 1981, when then-vice president and provost James Powell assumed the acting presidency of the College owing to the indisposition and subsequent death of Oberlin president Emil C. Danenberg.

In accordance with guidelines passed by the College's trustees in November 1983, Oberlin's provost is responsible for planning, budget, and institutional research for the

entire College; he also has responsibility for the College's libraries, admissions office, financial aid office, computing center, Allen Memorial Art Museum, and registrar's office.

Sam C. Carrier earned the A.B. degree with High Honors in Psychology from Wesleyan University in 1966, winning the Walkley Prize for research in psychology, a National Institutes of Health (NIH) Undergraduate Training Grant, and a Davenport Scholarship. He earned the Ph.D. from the University of California at Berkeley in 1970, receiving a National Institute of Mental Health (NIMH) Predoctoral fellowship, and serving as president of both the Graduate Council of Students of Psychology and the Graduate Council of the University of California at Berkeley.

He joined the Oberlin psychology faculty in 1970, served as associate dean of Oberlin's College of Arts and Sciences from 1975-81, as acting dean from July 1-Dec. 31, 1980, and as director of planning and research since 1976.

A specialist in sensory psychology and psychophysics, he has done research on sound localization. With Rogri Trio violinist and former Oberlin faculty member Richard Young he developed a method of teaching absolute pitch. And as an Oberlin faculty member he has taught courses in cognition, perception, psychophysics, sensory processes, human brain processes and behavior, and signal detection theory in behavioral research, among others.

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# 'First Line Of Defense'

## Stenstrom, Native Son, Addresses Daughters

The March meeting of Sallie Harrison Chapter of the Daughters of the American Revolution (DAR) was held at the Lake Mary Presbyterian Church with Mrs. R.E. True, Mrs. R.G. Fox and Mrs. W.E. Baker as hostesses.

Regent Mrs. W.S. Brumley Sr. opened the meeting with a warm welcome to members and guests. The ritual was led by Mrs. F.M. Walton and Mrs. W.B. Little read the message from president general Mrs. Sarah M. King in which "the progress of restoration of DAR buildings in Washington was noted."

Mrs. Paul Mickler brought some thoughts on national defense as set forth in an article

"High Frontiers" by Phyllis Schafley.

It was announced that the paper, glass and aluminum drive is progressing. Committee reports were given and business meeting concluded.

Mrs. Lourine Messenger introduced the speaker, Attorney Douglas Stenstrom, a native of Sanford who has served as county judge and state senator. His topic, "First Line of Defense" began with the concept held by the founding fathers, "Providing for the common defense." The price of liberty is still eternal vigilance and people must be willing to accept responsibility, stay informed, have respect for law and order and practice

restraint to remain a strong nation, Stenstrom said.

He concluded by saying that he was an optimist and expected the principles of the founding fathers to persevere.

Mrs. R.E. True introduced Mrs. Joan Hyatt who gave a demonstration on the sign language. Members were given cards with the symbols and tried to keep up with her nimble fingers. Her assistance is valuable to hospitals and police in interpreting for the deaf as well as in working teaching.

The hostesses served refreshments to 25 members and guests.



Herald Photo by Karen Warner

Seminole County Commissioner Sandra Glenn, from left around table, Shirley Schilke, Janice Springfield and Betty Reagan conduct leadership workshops during the all-day session of Discovery '84.

# Over 100 Attend Discovery '84 Led By Pankhurst Inc.

By Karen Warner  
Herald Correspondent

Discovery '84, a leadership conference for young women was held at Lake Mary High School Saturday by Pankhurst, a Seminole County Women's Service Organization.

Pankhurst, formed in 1980, was established to bring women together through development, service, education, and leadership. Pankhurst provides a forum for growth and the sharing of ideas for today's woman.

According to Joan Madison, over 100 high school girls and Pankhurst members attended the conference this year. Topics shared during the day included building relationships, ca-

reer selection, image development, juggling career, home, and extra-curricular activities, make-up/ skin care/ wardrobe and exercise, and how to say no, just to name a few.

Pankhurst, patterned after men's service clubs like Rotary, Kiwanis, etc., caters to women 18 years or older, with present membership over 75. According to Joan Madison, the young women's conference is just one of the many projects that Pankhurst is involved with.

Pankhurst meets the second Thursday of each month, 12 noon, at Aggie's Restaurant in Sanford. For more information on Pankhurst, contact Mrs. Madison at 834-6550.

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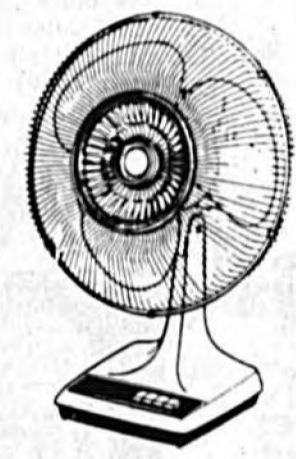
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# Free Health Fair

The public is invited to participate in a Health Fair, sponsored by South Seminole Medical Center and Seminole County Mental Health Center, March 27 from 1 to 7 p.m. and March 28 from 9 a.m. to 1 p.m. in the West Lake Hospital Gymnasium.

The event is sponsored in conjunction with Health Fair '84, an intensive, area-wide health promotion campaign organized through local health fair sites. The Central Florida campaign is sponsored by Hospital Corporation of America, WFTV Channel 9, the American Red Cross and the National Health Screening Council for Volunteer Organizations.

The Longwood Fair will provide free screenings for height and weight, blood pressure, anemia, visual acuity and hearing. Optional Blood Chemistry Tests will also be available at a nominal fee.

The Health Fair project is designed to promote health awareness and motivate people to translate health knowledge into action. The Medical Center site, located at 589 State Road 434 in Longwood, will provide a variety of health education displays and referral and follow-up services in conjunction with the health screenings.

# BARBS

Phil Pastoret

Consider how much more depressed the airlines industry would be if it weren't for all the candidates flying from one primary area to another.

The worst thing about being sober at a cocktail party is that you can recall all the jokes they think they're telling for the first time.

# Pope Approves Of Living Will



Susan Field receives \$1,000 check from Emory Gleason

## Seminole County 4-Her Receives National Award

A former Seminole County 4-Her, Susan Field received a \$1,000 check from branch manager of the Custom Service Center, Orlando, Emory Gleason, of Weyerhaeuser Company.

Susan was presented the award for her outstanding accomplishments in the 1981 National 4-H Wood Science Program by Weyerhaeuser Company Foundation. She won the award in her junior year of high school. In order to receive the check, she had to complete one semester in college and have proof that she had registered for another semester as this award is specifically allotted for college monies.

When Susan won at the national level, she was the only female to receive this woodworking scholarship. Five males from the national level also received \$1,000 college scholarships.

In order for Susan to achieve this national honor, she had to turn in a 4-H woodworking recordbook. The recordbook had to show her time and energies spent in leadership project work, and equal strengths in other categories. Among some of the woodworking projects that Susan

completed were: wooden toy turtles made and donated to be used for the behavioral program at Rosenwald School. She gave demonstrations on how to make bird houses so that young 4-H'ers could make them by themselves. She made bird houses for State 4-H campgrounds. She made gifts of wooden Florida sunshine pins to give out to friends she met from other states while at the 4-H National Convention, and she is most proud of a drafting table and a Scandinavian designed chair to go with the drafting table. She had help with the design from an uncle who is an architect living in Washington state.

Susan says she feels that 4-H has helped her to learn how to work with other people. She gained new confidence and learned that it was gratifying to work with other people especially children, and to have them appreciate the knowledge that she shared with them.

Susan is hoping to get accepted into the nursing program at Valencia Community College.

**DEAR ABBY:** I sent for the Living Will from the Society for the Right to Die, because if I should ever get to the point in my life where I am terminally ill and there is positively no hope for my recovery, I do not want to be hooked to any machines that will keep my old heart beating for another miserable six months or so. What is the Catholic Church's position on this?



Dear Abby

**DEVOUT IN WINONA, WIS. DEAR DEVOUT:** "When inevitable death is imminent in spite of the means used, it is permitted in conscience to make the decision to refuse treatment that would only secure a precarious and burdensome prolongation of life, so long as the normal care due to the sick person in similar cases is not interrupted. In such circumstances the doctor has no reason to reproach himself with failing to help the person in danger."

"Life is a gift of God, and on the other hand death is unavoidable; it is necessary, therefore, that we, without in any way

hastening the hour of death, should be able to accept it with full responsibility and dignity. "It is true that death marks the end of our earthly existence, but at the same time, it opens the door to immortal life."

Pope John Paul II approved this declaration in Rome on May 5, 1980.

Those who are interested in obtaining a Living Will should write to: The Society for the Right to Die, 250 W. 57th St., New York, N.Y. 10019. It is a non-profit organization, so please send a donation to cover the cost of the document and mailing. I sent \$10 for five Living Wills. (It is deductible.) And it's the best \$10 I ever spent. I've given one to my physician, clergyman, lawyer and members of my family.

**DEAR ABBY:** What if a man (over 21) has sexual

intercourse with a girl who is legally underage? (She is 15, but could pass for 20 easily.) OK, let us say that the man was no stranger to the girl, they had gone on several dates and she willingly agreed to have sex with him. He didn't ask her how old she was because he thought she was of legal age, and remember, he didn't have to talk her into having sex with him.

Is the man guilty of statutory rape?

**NO NAMES DEAR NO NAMES:** Whether or not the girl cooperated willingly makes no difference. Neither does whether or not she knew the girl's age. A man who has sexual intercourse with a girl who is not of legal age is guilty of statutory rape.

**CONFIDENTIAL TO WHOM IT MAY CONCERN:** What if tomorrow, as the prayer says, you should die before you wake? Will people near and dear to you find something in your drawer (at the office, perhaps) that will shatter their illusions: fill their hearts with sorrow; tarnish their memo-

ries? Make a bonfire of the past. Toss in those letters and pictures, and be done with it. What was, was. Give your survivors a break.

**DEAR ABBY:** I just read the letter from "Older Than I Look in Tucson" and want to add my experience.

I am a woman in my mid-30s but could easily pass for 18 or 19. My husband is 40 years older. We are constantly mistaken for father and daughter. At first we were embarrassed and even annoyed when strangers made this mistake, but we have learned to handle it with humor.

For example, if we are in a restaurant and the waiter turns to me and asks, "And what would your father like to drink?" I reply with a sly wink, "He's not my father — but please don't tell my husband."

And if someone asks my husband, "What will your daughter have?" he replies, "That's not my daughter, that's my son, and frankly I'm worried about him."

Tucson" will probably have to deal with that problem the rest of her life, so I suggest she have some stock answers ready.

**BEEN THERE IN MILWAUKEE DEAR BEEN:** Good advice. Humor often lubricates the stickiest of situations.

**DEAR ABBY:** I believe you erred in approving the use of the title "Mrs." in wedding invitations. The use of such titles is appropriate only in a professional context.

Using professional titles in a social context, such as thank-you notes or in wedding invitations, implies a haughty attitude, since there is no other reason to convey information about one's education. I hope you will reconsider.

I happen to be a physician, but since this has nothing to do with my profession, I will sign myself...

**VIVIAN WHITE DEAR VIVIAN WHITE:** I agree with you. But neither Amy Vanderbilt nor Emily Post agrees with us.

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Friday March 16  
Saturday March 17

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Short sleeve cotton knit tops in assorted styles. S-M-L.

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Cotton denim jeans with embroidered pockets. 5-15.

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Cotton terry towels in assorted prints.

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Adjustable pulsating sprayer held with spikes.

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5 pack socks in assorted stripes. One size.

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<p>JIFFY BRAND CORN 8 1/2 OZ. Pkg. 4/\$1</p>	<p>HERITAGE PORK &amp; BEANS 16 OZ. CAN 3/\$1</p>	<p><b>PRODUCT</b></p> <p>1 LB. 1 WHITE POTATOES 1 LB. 99¢</p> <p>SALAD BEANS LETTUCE... 2 HEADS \$1</p> <p>GREEN CABBAGE 3 LB. 99¢</p> <p>CRISP CARROTS 2 LB. 59¢</p> <p>ALL PURPOSE YELLOW ONIONS 3 LB. 89¢</p> <p>GOLDEN RICE BANANAS 4 LB. \$1</p> <p>RED DELICIOUS APPLES 3 LB. 99¢</p> <p>FRESH SWEET POTATOES 4 LB. \$1</p>	
<p>COUNTRY PATTIES MARGARINE 1/2 LB. PATTIES 4/\$1</p>	<p>LITTLE MILLIE-12 OZ. MOPS... \$2</p>	<p>HERITAGE BATH TISSUE 4 BOTTLES \$1</p>	<p>HERITAGE CATSUP 32 OZ. BOTTLE 69¢</p>

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# Bake Eggs For A Change



Deviled eggs come to the table en casserole

Some people think of deviled eggs as snacks to serve at a picnic. Did you know they can be sauced and baked in a casserole to come to breakfast or brunch, lunch or supper? Yes, deviled eggs are that versatile.

This suggestion may come as a nice surprise for those who are observing meatless days for religious, economic or dietary reasons. It also may come as pleasant news to mothers faced with loads of decorated hard-cooked eggs after the Big Easter Egg Hunt.

The casserole uses both Cheddar cheese and hard-cooked eggs as protein sources. Hard-cooked eggs can also be served as egg salad, scooped on lettuce or spread in sandwiches. In both recipes sour cream gives special tang and creaminess with fewer calories than mayonnaise (30 calories per tablespoon of sour cream and 67 to 90 for mayonnaise).

### BAKED DEVILED EGGS

- 6 hard-cooked eggs
- 3 tablespoons dairy sour cream
- 2 teaspoons prepared mustard
- ¼ teaspoon salt

- ½ cup chopped green pepper
- ½ cup chopped onion
- 2 tablespoons butter
- ¼ cup chopped pimiento
- 1 can (10¾ oz.) condensed cream of mushroom soup

1 cup dairy sour cream  
 ½ cup (2 oz.) shredded Cheddar cheese  
 Cut eggs in half lengthwise. Remove yolks; mash. Combine yolks, sour cream, mustard and salt; mix well. Refill egg whites. Preheat oven to 350°R. Sauté green pepper and onion in butter 5 minutes. Stir in pimiento, soup and sour cream. Pour sour cream mixture into 2-quart rectangular baking dish. Place deviled eggs on top. Sprinkle with cheese. Bake 20 to 25 minutes or until hot and bubbly. Yield: 6 servings.

Calories per serving: 294  
 Protein 11 g, fat 24 g, carbohydrate 8 g  
 Calcium 161 mg, phosphorus 198 mg

### EGG SALAD SPREAD

6 hard-cooked eggs  
 ¼ cup EACH: dairy sour cream, finely chopped green pepper  
 2 teaspoons finely chopped onion  
 ¼ teaspoon pepper  
 ¼ teaspoon salt  
 1 teaspoon prepared mustard  
 Combine ingredients; mix well. Chill. Serve on toast triangles, crackers, lettuce or use in sandwiches. Yield: Approximately two cups  
 Calories per serving: 74  
 Protein 5 g, fat 5 g, carbohydrate 1 g  
 Calcium 30 mg, phosphorus 75 mg

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## Cheesecake A Dazzling Diet-Wise Dessert

Calorie counters can't have cheesecake...Right? Tain't necessarily so! Thanks to dieter-friendly eggs teamed with low-fat cottage cheese, waist Watcher's Cheesecake weighs in at less than 120 calories per serving. It's a worry-free way to indulge your sweet tooth without losing your shape!

There's little doubt that desserts leave us with a satisfied feeling at the end of a meal. There's also an old axiom about the grass always being greener on the other side of the fence meaning we most want what we can't have. On a diet which entirely excludes sweets, dessert may quickly acquire the enticement of forbidden fruit.

That's where eggs can fit into a dieter's dessert menu. With eggs you can have the pleasure of sweets without a ruinous number of calories. Delicious diet-wise desserts with lots of really good nutrition are possible with egg-based custards, mousses and puddings. A Large egg contains only 80 calories and is very rich in protein, vitamins and minerals. See for yourself. Try Waist Watcher's Cheesecake to top off a dieter's meal in a dazzlingly delicious, and nutritious, way!

### WAIST WATCHER'S CHEESECAKE

- 4 eggs, separated
- 1½ cups orange juice
- 2 envelopes unflavored gelatin
- Low-calorie sweetener to equal ½ cup sugar
- 2 tablespoons lemon juice
- 1 teaspoon vanilla
- ½ teaspoon almond extract
- 2 cups (16 oz.) low-fat (1%) cottage cheese
- ½ teaspoon cream of tartar
- Vegetable cooking spray
- Fresh strawberries, optional

In medium saucepan, beat together egg yolks and orange juice until blended. Sprinkle with gelatin. Let stand 1 minute. Cook over medium heat, stirring constantly, until gelatin is dissolved, about 5 minutes. Remove from heat. Stir in sweetener, lemon juice and flavorings. Pour into blender container. Add cottage cheese. Cover and blend at high speed until smooth, about 30 seconds. Chill, stirring occasionally, until mixture mounds slightly when dropped from a spoon, about 45 minutes.

In large mixing bowl, beat egg whites with cream of tartar at high speed until stiff but not dry. Just until whites no longer slip when bowl is tilted. Gently, but thoroughly, fold chilled gelatin mixture into whites. Pour into 8- or 9-inch springform pan or 10-inch pie plate lightly coated with cooking spray. Chill until set, several hours or overnight. Garnish with fresh strawberries, if desired.

ENJOY  
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**FLORIDA CALABAZA** LB. 39¢

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**FLORIDA ROMAINE LETTUCE** LB. 39¢

**FLORIDA ENDIVE OR ESCAROLE** LB. 39¢

**CHICKEN OF-THE-SEA TUNA**  
IN LIGHT OIL OR WATER 6½ OZ. CAN 69¢

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SLICED...LB. 79¢

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# Retail Sales

## Cash Registers Off Key In February

WASHINGTON (UPI) — Retail sales slipped 0.2 percent in February after surging 3.3 percent in January for the best monthly gain in nearly nine years, the government said Tuesday.

The slight setback in February -- resulting from lower auto, department store and grocery store sales -- took only a little of the glow away from January's record performance.

January, already known to be a strong month, benefited in the latest report by an additional \$1.74 billion in sales found in later data to hit an all-time high of \$106.2 billion. It was the biggest monthly increase since 4 percent in May 1975.

February retail sales were \$200 million less than January after seasonal adjustment, the department said.

If March sales stay around the \$106 billion

level, the first quarter will be quite a bit stronger in terms of the gross national product than last year's fourth quarter, analysts said.

But the economy is not overheating, Commerce Secretary Malcolm Baldrige told reporters.

"The first quarter will be higher than we expected," Baldrige said, but that should not force the Federal Reserve to tighten credit.

"I think the Federal Reserve or anybody else ... would have to assume there's some forces at work in the first quarter that won't be at work in the second and you should look at the first half as a whole," Baldrige said.

"Retail sales are staying at a remarkably high level," White House spokesman Larry Speakes said.

A leading private economist agreed. "The small decline should be interpreted as a

bounceback from what were extraordinarily strong increases in January," economist Sandra Shaber said, speaking for Chase Econometrics.

Department store sales fell 1 percent after going up 4.4 percent in January.

Grocery store sales also turned down sharply -- 1 percent -- after a 3.6 percent advance the previous month.

Automobile sales climbed 0.1 percent for the month, a significant slowdown from the 2.9 percent acceleration in January.

Building materials increased 2.8 percent after the previous month's 2.6 percent gain.

Furniture store sales rose 0.4 percent, near the 0.6 percent rise in January.

Durable goods sales jumped 1 percent in February, while sales of non-durable goods dropped 0.8 percent.

# Committee OKs Jobless Benefits Hike

TALLAHASSEE (UPI) — The Florida House will consider a \$25 increase in maximum unemployment compensation benefits -- from \$150 to \$175 a week -- when it convenes its 1984 session next month.

The bill (HB 45) by Rep. Ed Healey, D-West Palm Beach, was approved in an 8-5 vote by the House Commerce Committee Tuesday. Business lobbyists, fighting the increase, warned that a renewed recession might wipe out the current \$40 million surplus in the state's unemployment compensation trust fund.

Dick Davis, representing Associated Industries of Florida, said passage of Healey's bill would mean a 90.5 percent increase in jobless benefits from

1979 through this year. He noted that the cap went up 20 percent -- from \$125 to \$150 a week -- just last year.

"Even with the increase, Florida will still rank 34th in the nation in benefits paid," said Healey. "This will raise the maximum benefit to \$9,100 if a man's unemployed all year. For a family of four, that will still put them at the poverty level or below."

Healey emphasized that the maximum payment is 50 percent of a laid off worker's salary, up to the legal limit. His bill would mean workers earning \$350 a week, or more, would get the maximum \$175 payment when laid off.

Healey said Florida's unemployment compensation trust fund now has \$870 million on

hand, a projected surplus of \$40 million. He said his bill would cost only \$20 million a year, if projected unemployment rates continue.

Wayne Blanton, representing the Florida School Boards Association, said increasing layoff benefits for teachers could lead to higher taxes -- and voters might respond by passing the revenue-reducing Amendment 1 on next November's ballot. If the "Citizen's Choice" amendment is imposed, with its \$2.4 billion impact on current state revenues, Blanton said legislators might need all the surplus funds they can find next year.

"Having that \$20 million in the surplus, considering some of the things on the ballot, might be very nice next year," he said.

The Commerce Department last week said Florida's jobless rate fell 1 percent in February, to 6 percent -- its lowest level since April of 1981.

Davis said, however, that another recession could quickly turn the unemployment trust fund's surplus into a deficit. He said numerous states have had to borrow from the federal government to pay unemployment benefits.

Davis said a common measure for state unemployment trust funds is "one and a half times your peak year payout." Therefore, he said figures from 1975 -- the low point of the past recession -- indicated that "the ideal balance to assure solvency in the trust fund should be \$920 million."

# Bail Bond Reform Passes Committee

TALLAHASSEE (UPI) — The commercial bailbonding business, threatened with legal extinction for the past two years, would be given a four-year "lease on life" under a bill approved by the House Commerce Committee Tuesday.

The bill (HB 536) by Rep. Dexter W. Lehtinen, D-Perrine, would establish a seven-member board to regulate the business -- assuring that bond forfeitures were paid and that bail bondsmen operated legally. The purpose of the board would be a shift in emphasis, making bond a law enforcement function assuring court appearances by defendants rather than an insurance matter extending freedom to suspects.

The Commerce Committee approved the bill Tuesday.

The committee also approved a Lehtinen bill (HB 505) to combat cash "laundering" by requiring foreign corporations to maintain registered agents in Florida. Attorney General Jim Smith requested the measure so he would have someone to accept a subpoena in investigations of organized crime.

If a registered agent did not produce a list of corporate stockholders or real estate owners within 30 days of receiving a subpoena, the state could go to court to confiscate assets of a business suspected of "fronting" for drug smugglers, gamblers or other mob operations.

"We're not abolishing the bailbond business, but we're only giving it a four-year lease on life," said Lehtinen.

Lehtinen said his bill would allow only two bondsmen to serve on the regulatory board. One law member would be appointed by Insurance Commissioner Bill Gunter, along with four police and prosecution members.

"Criminal justice operatives will now regulate the bailbond industry," said Lehtinen. "The way we've been doing it, it's been handled like insurance. The trouble with that is, the purpose of bond should be to assure the defendant's appearance in court -- not to make a payment if he doesn't show up."

The Legislature in 1982 voted to enact "public bail" in two years -- effectively

abolishing the commercial bonding business -- unless the existing business was given an extension this year. Lehtinen's bill, if enacted in the 1984 legislative session, would give the commercial bondsmen a four-year extension under state regulation.

If the new board does not work, he said, the "public bail" provision will automatically go into effect in four years. Under a "public bail" system, Lehtinen said, a defendant pays the court 10 percent of an established bond rather than paying 10 percent to a bond underwriter as a fee for freedom.

The 10 percent fee is refunded, except for a small service charge, when the defendant shows up for trial under the "public bail" system, Lehtinen said. Under the commercial system, the 10 percent bondsmen's fee is a permanent payment.

If the defendant fails to show up for trial, the full bond is owed when he or she is subsequently caught -- regardless of ultimate disposition of the original criminal charge.

# Sanford Fire Department Fire Calls

The Sanford Fire Department has responded to the following calls:

**Saturday**

- 8:19 a.m., 1108 Cypress Ave., rescue. A 64-year-old man was having a possible heart attack. He was transported to Central Florida Regional Hospital.
- 10:20 a.m., 2007 Cordova Drive, rescue. A 93-year-old woman complained of pain in her legs. She was transported to the hospital by ambulance.
- 10:47 a.m., Airport Blvd., and Jewett Lane, fire. A fire in two vacant lots was extinguished.
- 2:39 p.m., 1117 Olive Ave., rescue. A two-year-old girl with medical problem. She was transported to the hospital by ambulance.
- 3:13 p.m., 3rd St. and Sanford Ave., rescue. Kevin McKinney, 20, of 1413 Mara Court, Sanford, complained of pain in his left ribs. He was transported to the hospital by ambulance.
- 4:01 p.m., 1704 W. 9th St., rescue. A 66-year-old woman was ill. An ambulance transported her to the hospital.

**Sunday**

- 7:35 a.m., Master's Cove Apartments, 2714 Ridgewood Ave., fire. A fire behind the apartment complex was extinguished.
- 2:52 p.m., Seminole Community College, rescue. A 19-year-old man playing ball had pain in his lower back.
- 2:57 p.m., Airport Blvd., and U.S. Hwy. 17-92, rescue. An auto accident with no injuries.
- 4:57 p.m., 2200 W. 13th St., fire. A fire in a ditch across from 2200 W. 13th St. was extinguished.
- 9:57 p.m., 1345 28th St., fire. A generator was reportedly smoking. No smoke or fire was located.

**Monday**

- 4:22 a.m., 2436 Mohawk Ave., rescue. A 39-year-old man complained of back pain. He was transported to the hospital by ambulance.
- 1:36 p.m., 2619 French Ave., fire. A fuel line on a 1972 Fiat Sport 850 broke. There was fire damage to the car.
- 2:24 p.m., 1402 Seminole Blvd., fire. A machine malfunctioned. Fire out on arrival. No loss to fire.
- 8:53 p.m., #40 Higgins Terrace, false alarm.

# Legal Notice

**FICTITIOUS NAME**  
Notice is hereby given that I am engaged in business at 301 East Crystal Dr., Sanford, Fla. 32771. Seminole County, Florida, in accordance with the provisions of the Fictitious Name Statutes, to-wit: Section 865.09 Florida Statutes 1957.  
/s/ Lawrence Kevin Kirkpatrick  
Publish March 7, 14, 21, 28, 1984.  
DER 53

**FICTITIOUS NAME**  
Notice is hereby given that I am engaged in business at P.O. Box 2138, Casselberry, FL 32707-2138, Seminole County, Florida, in accordance with the provisions of the Fictitious Name Statutes, to-wit: Section 865.09 Florida Statutes 1957.  
/s/ Oliver J. Drumheller  
Publish March 7, 14, 21, 28, 1984.  
DER 54

**IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA**  
CASE NO. 83-3740-CA-E  
SUN BANK, N.A., a national association, Plaintiff,  
vs  
ABDULLAH AB BANIAN and LANDING HOMEOWNERS ASSOCIATION, INC., Defendants.

**NOTICE OF SALE**  
NOTICE IS HEREBY GIVEN that pursuant to a Final Judgment rendered on March 8, 1984, in that certain cause pending in the Circuit Court and in Seminole County, Florida, wherein Sun Bank, N.A., is Plaintiff and Abdullah Ab Banian and Landing Homeowners Association, Inc., are Defendants, Civil Action Cause No. 83-3740-CA-E, I, Arthur H. Beckwith, Jr., Clerk of the aforesaid Court, will at 11:00 a.m. on the 4th day of April, 1984, offer for sale and sell to the highest bidder for cash at the West front door of the Courthouse in Seminole County, Florida, in Sanford, Florida, the following described property, situate and being in Seminole County, Florida, to-wit:

Lot 33, the Landings, recorded in Plat Book 23, Pages 2 and 6 in the Public Records of Seminole County, Florida.

Said Sale will be made pursuant to and in order to satisfy the terms of said Final Judgment.

Arthur H. Beckwith, Jr.,  
By: Susan E. Tabor  
Deputy Clerk  
Publish March 14, 21, 1984  
DER 100

# New Shop Opening

With scissors poised to cut the ribbon at the opening of their new business "Wall-Fashions" are Roger and Ellen Schlrmer. Participating in the shop opening at Driftwood Village were several members of Lake Mary Chamber of Commerce. Attending the ceremony were, front row left to right, the Schlrmers, Carol Hoffman, chamber president, Delores Lash, and Linda Teeter. In the back row are, left to right, Karen Beal, Buzz Petros, Lillian Megonegal, Pearl and Chuck Valerius and Wayne Hoffman.



Herald Photo By Karen Warner

# Legal Notice

**IN THE CIRCUIT COURT IN AND FOR SEMINOLE COUNTY, FLORIDA**  
CASE NO. 84-0707-CA-9-G  
CITY OF ALTAMONTE SPRINGS, Plaintiff,  
vs.  
FINIS E. and ROZELLA L. SELOCK, FREEDOM FEDERAL SAVINGS AND LOAN ASSN., JAMES R. ELLIS, CARL A. BUECHNER and WILLIAM A. BUECHNER; J.W. HICKMAN and HENRY E. BANKS; M.D. ESTRIN and BRANDY ENTERPRISES, INC.; and ROBERT R. RINGGOLD, Defendants.

**NOTICE OF ACTION IN EMINENT DOMAIN AND NOTICE OF HEARING**

All Defendants named in Schedule A, attached, to all parties claiming interests by, through, under or against the property described in Schedule A, and to all parties having or claiming to have any right, title or interest in the property described in Schedule A.

**SCHEDULE "A"**

Parcel No. 1:  
The East 10 feet of Lot 24, Block 3, SANLANDO, THE SUBURB BEAUTIFUL, ALTAMONTE SECTION, as per plat thereof recorded in Plat Book 3, Pages 44 & 47, Public Records of Seminole County, Florida.

Recorded title is vested in: Finis E. and Rozella L. Selock. ADDRESS UNKNOWN.

Mortgage executed by Finis E. Selock and Rozella L. Selock, his wife, in favor of Freedom Federal Savings and Loan Association, dated May 31, 1977, at 10:15 a.m. in O.R. 1127-320 in amount of \$27,100.00 and a 20' easement reserved in O.R. 1127-319.

Obtain and record easement from Finis E. Selock and Rozella L. Selock, his wife, with Joinder and Consent of Freedom Federal Savings and Loan Association, to City of Altamonte Springs, Florida.

County taxes for the year 1984.

Parcel No. 2:  
The East 1/2 of Lot 11, Block 5, together with the East 50 feet of the Northwest 1/4 of Lot 11, Block 5, SANLANDO, THE SUBURB BEAUTIFUL, ALTAMONTE SECTION, as per plat thereof recorded in Plat Book 3, Pages 44 & 47, Public Records of Seminole County, Florida.

Subject to a 100 foot wide drainage easement being a portion of Block 5, SANLANDO, THE SUBURB BEAUTIFUL, ALTAMONTE SECTION, as per plat thereof recorded in Plat Book 3, Pages 44 & 47, Public Records of Seminole County, Florida; and being more particularly described as: Commencing at the Southwest corner of Lot 11, thence north along the West line of Lot 11, a distance of 199.47 feet, to the Point of Beginning of a 100' wide drainage easement, lying 50 feet on each side of the following described centerline: thence South 81° East, a distance of 91.36 feet, to the P.C. of a curve concave Northerly and having as its elements, a central angle of 22° 00' 00"; a radius of 550 feet; thence along the arc of a curve, a distance of 211.18 feet, to the P.T.; thence run North 77° 00' 00" East, a distance of 203 feet, more or less, to the East line of the abovementioned parcel; thence termination of the easement described herein.

Subject to:  
Mortgage executed by James R. Ellis in favor of Carl A. Buechner and William A. Buechner, dated 3/17/81 in O.R. 1228-1471 and 1981, 1982, 1983 and 1984 county taxes.

Obtain and record easement from James R. Ellis with non-homestead certification and Joinder and Consent of Carl A. Buechner and William A. Buechner, Mortgagees, to the City of Altamonte Springs, Florida.

Record title is vested in: Ellis, James R.  
7014 Nicholson Drive  
Orlando, Florida 32707

Parcel No. 3:  
A portion of Lot 1, Block 3, SANLANDO, THE SUBURB BEAUTIFUL, ALTAMONTE SECTION, as per plat thereof recorded in Plat Book 3, Pages 44 & 47, Public Records of Seminole County, Florida; said easement more particularly described as follows: Begin at the Southeast corner of the aforesaid Lot 1, thence run North along the East line of Lot 1 and along the West right of way line of Newburyport Avenue, a distance of 146 feet, thence North along the North line of Lot 1, a distance of 35 feet; thence run Southeasterly to the South line of Lot 1, thence run East along the South line of Lot 1, a distance of 10 feet to the Point of Beginning.

Subject to County taxes for the year 1984.

Payment or proof of payment of 1983 County taxes. Obtain and record Quitclaim deed from Henry E. Banks, with non-homestead certification, to J.W. Hickman (to bring in the interest which Henry E. Banks acquired under Quitclaim Deed from State of Florida in O.R. 1089-473 and O.R. 1089-474) per plat and record easement from J.W. Hickman with non-homestead certification, to City of Altamonte Springs, Florida.

Record title is vested in: Hickman, J.W.  
PO Box 2138  
Winter Park, Florida 32790

Parcel No. 4:  
The Northwest 1/4 of Lot 1, Block 5 (less the East 50 feet and the West 50 feet) together with the Southwest 1/4 of Lot 11, Block 5, SANLANDO, THE SUBURB BEAUTIFUL, ALTAMONTE SECTION, as per plat thereof recorded in Plat Book 3, Pages 44 & 47, Public Records of Seminole County, Florida; and being more particularly described as: Commencing at the Southwest corner of Lot 11, thence North along the West line of Lot 11, a distance of 199.47 feet to the Point of Beginning of a 100 foot wide drainage easement, lying 50 feet on each side of the following described centerline: thence South 81° East, a distance of 91.36 feet, to the P.C. of a curve concave Northerly and having as its elements, a central angle of 22° 00' 00"; a radius of 550 feet; thence along the arc of a curve, a distance of 211.18 feet, to the P.T.; thence run North 77° 00' 00" East, a distance of 203 feet, more or less, to the East line of the aforesaid Lot 11 and to the point of termination of the easement described herein.

Also subject to: a mortgage executed by M.D. Estrin, in favor of Dawn Developers, Inc., dated August 23, 1978, filed August 21, 1978, at 4:10 p.m. in O.R. 1185-1775, in amount of \$25,000.00 assigned to Brandy Enterprises, Inc. by assignment in O.R. 1443-124.

Also subject to taxes for the year 1979 and 1983 taxes. Obtain and record easement from M.D. Estrin, with non-homestead certification, and Joinder and Consent by Brandy Enterprises, Inc., to City of Altamonte Springs, Florida.

Recorded title is vested in: Estrin, M.D.  
328 Henkel Circle  
Winter Park, Florida 32789

Parcel No. 5:  
The Northwest 1/4 of Lot 11, Block 5 (less the East 50 feet and the West 50 feet) together with the Southwest 1/4 of Lot 11, Block 5, SANLANDO, THE SUBURB BEAUTIFUL, ALTAMONTE SECTION, as per plat thereof as recorded in Plat Book 3, Pages 44 and 47, Public Records of Seminole County, Florida.

Subject to a construction easement being more particularly described as beginning at the Southwest corner of the aforesaid Lot 11, thence run North along the West line of said Lot 11, a distance of 148.85 feet; thence South 81° East, a distance of 91.36 feet, to the Point of Beginning.

Also subject to a mortgage executed by M.D. Estrin in favor of Dawn Developers, Inc., dated August 23, 1978, filed August 21, 1978, at 4:10 p.m. in O.R. 1185-1775, in amount of \$25,000.00, assigned to Brandy Enterprises, Inc. by Assignment in O.R. 1443-124.

Also subject to 1979, 1982 and 1983 county taxes.

Payment or proof of payment of 1979 and 1983 taxes. Obtain and record easement from M.D. Estrin, with non-homestead certification, and Joinder and Consent by Brandy Enterprises, Inc., to City of Altamonte Springs, Florida.

Recorded title is vested in: M.D. Estrin  
328 Henkel Circle  
Winter Park, Florida 32789

Parcel No. 6:  
The West 50 feet of the Northwest 1/4 of Lot 11, Block 5, SANLANDO, THE SUBURB BEAUTIFUL, ALTAMONTE SECTION, as per plat thereof recorded in Plat Book 3, Pages 44 and 47, Public Records of Seminole County, Florida.

Subject to a construction easement being more particularly described as beginning at the Northwest corner of the aforesaid parcel; thence run South along the West line of Lot 11, to a point being 250.09 feet North of the Southwest corner of said Lot 11, thence South 81° 00' 00" East, 23.31 feet, thence northerly to the Point of Beginning.

Also subject to county taxes for the year 1984.

Record title is vested in: Robert G. Ringgold  
19125 Court  
Ocala, FL 32470

A Petition in Eminent Domain proceedings has been filed to acquire certain property interests in Seminole County, Florida.

Each Defendant is required to serve written defenses to the Petition on Petitioner's attorney, whose name and address is shown below, on or before March 19, 1984 and to file the original of the defenses with the clerk of this court either before service on Petitioner's attorney or immediately thereafter, showing why the title, interest or lien of Defendant has in or to the property described in the Petition and to show cause why that property should be taken for the uses and purposes set forth in the Petition. If any Defendant fails to do so, a default judgment shall be entered against the Defendant for the relief demanded in the Petition.

PLEASE TAKE NOTICE that a declaration of taking has been filed in this cause and that Petitioner will seek an order of taking and any other relief as requested in the Petition at a hearing before the Honorable C. Vernon Mize, Jr., one of the Judges of this court on April 12, 1984 at 1:30 p.m. in Chambers at the Seminole County Courthouse at Sanford, Florida. All parties to the action and all parties interested may appear and be heard at that hearing.

WITNESS my hand and the seal of this court on February 17, 1984.

(SEAL)  
Arthur H. Beckwith, Jr.  
As Clerk

By: Eve Crabtree  
As Deputy Clerk  
Thomas C. Feeny, III, Esq.  
Fowler, Williams & Airth, P.A.  
P.O. Box 1215  
Orlando, Florida 32802  
305-825-3848  
Attorneys for Petitioner  
Publish February 22 & March 7, 14, 1984.  
DEQ-134

**NOTICE OF SALE**  
NOTICE IS HEREBY GIVEN that by virtue of that certain Writ of Execution issued out of and under the seal of the Circuit Court of Orange County, Florida, upon a final judgment rendered in the aforesaid court on the 27th day of August, A.D. 1976, in that certain case entitled, E. J. Berns, Trustee, et al., Plaintiff, vs. John B. Brooks, et al., Defendant, which aforesaid Writ of Execution was delivered to me as Sheriff of Seminole County, Florida, and I have levied upon the following described property owned by Ronald Darbo, said property being located in Seminole County, Florida, more particularly described as follows: Lots 5 and 6, KING PAGE SUBDIVISION, according to the plat thereof as recorded in Plat Book 4, Page 7 of the Public Records of Seminole County, Florida, and the undersigned as Sheriff of Seminole County, Florida, will at 11:00 A.M. on the 15th day of March, A.D. 1984, offer for sale and sell to the highest bidder, for cash, subject to any and all existing liens, at the Front (West) Door at the steps of the Seminole County Courthouse in Sanford, Florida, the above described REAL property.

That said sale is being made to satisfy the terms of said Writ of Execution.

John E. Potts, Sheriff  
Seminole County, Florida  
To be advertised February 22, 29, March 7, 14, with the sale on March 15, 1984.  
DEQ-133

**NOTICE OF SALE**  
NOTICE IS HEREBY GIVEN that pursuant to Florida Statute 83.806, the following personal property shall be sold at public sale at 10:00 o'clock a.m., Friday, March 23, 1984, at the Mini Storage Warehouse located at 2529 South Magnolia Avenue, Sanford, Florida 32771, to satisfy a lien by the owners thereof:

1 Sundesign clock radio, 1 painting, 1 box liners, 1 sat perbil cages, 1 toy sail, 1 pr Pony shoes, 1 box sat dishes, 1 box stuffed toy animals, 1 rag dolls and 1 scarf, 1 box records, photo album & misc., 1 box books and manuals, 1 box containing travel iron, lamp & misc., 1 box tapes & sat tapes, 1 box baseball bats & misc., 1 old Kirby vacuum cleaner, 3 blankets, 1 sheet and 1 spread.

The name of the tenant is Teresa L. Allen  
Barlow B. Pletcher,  
Owner  
George M. Willis,  
Owner  
Publish March 7, 14, 1984  
DER-52





# Mexican Food Is... ...Earthy Food, Happy Food, Fiesta Food

Mexican food is earthy food — happy food — it's fiesta food! What better time to sample it than during one of Mexico's favorite holidays, Cinco de Mayo.

Mexicans love to celebrate, and the 5th of May is one of their favorite holidays, for it celebrates Mexico's victory over France in 1862. As with other Mexican holidays like Flag Day, and Independence Day, it's celebrated with folk dancing, singing, cheering mariachi bands and parades.

But don't wait for Cinco de Mayo, or any holiday, for that matter, to celebrate with Mexican fare.

Food is a central part of any fiesta. And Mexican-style meals can be as elaborate as an eight-course *comida* or as simple as a light snack of *antojitos*. However it's served, a Mexican meal can't be beat for economy, versatility and the flavorful use of nutritious foods like beef and beans.

Mexican cooks prepare beef in many creative ways. Shredding beef is one popular way to serve it. Less tender cuts of beef from the chuck or round are taken on top of the fat of a slow oven to tenderize the meat until it can be easily shredded with a fork.

However beef is prepared, it's a basic ingredient in the Mexican diet. It supplies complete protein, significant amounts of the B-vitamins, niacin, riboflavin, thiamin, B-6 and B-12 and the minerals iron and zinc.

Another valuable staple in the Mexican cuisine is dry beans. Many different varieties are available in either dry or the convenient canned form. When combined with small amounts of meat, cheese or eggs, or with a complementary vegetable protein source such as rice, beans provide a balanced protein to the diet. They also provide the minerals iron, zinc and phosphorus.

The highlight of this Mexican fiesta menu is Chili Burrito Cups. The unique deep fried Tortilla Cups are filled with a spicy shredded beef and bean mixture flavored with tomatoes, green chilies and chili powder. The chili filling can also be wrapped in warm, soft flour tortillas. Serve either version with your favorite salsa.

Another buffet dish which could be served as a salad or a main dish is Marinated Beef and Bean salad. This great do-ahead dish utilizes leftover thin strips of cooked beef and cooked or canned white beans. It's given a unique flavor by seasoning with lime juice and cilantro, the parsley-like leaves of the Mexican herb coriander. Garnish this salad with a typical Mexican decoration, little radish roses.

You may also want to include Guacamole and Refried Beans in your Mexican Fiesta Buffet. The Guacamole makes a great *antojito* served with raw vegetables or chips. Or you can also place a dollop on the Chili Burrito Cups. Mild, yet flavorful refried beans are a staple in Mexican homes. Serve as a side dish, or to fill burritos, tostados or enchiladas.

A Mexican meal would not be complete without something sweet for dessert. Serve crisp Mexican Cookies with clusters of grapes, sliced apples and kiwifruit.

### CHILI BURRITO CUPS

- 1 large onion, chopped
- 1 tablespoon oil
- 3 1/2 cups drained, cooked or canned pinto, kidney or pink beans
- 2 1/2 to 3 cups Shredded Beef\*
- 1 can (14 1/2 to 16 ounces) tomatoes
- 1 can (6 ounces) tomato paste
- 1 can (4 ounces) diced green chilies
- 1 cup reserved beef juices
- 1 1/2 tablespoons chili powder
- 8 Tortilla Cups\*\*

Salsa  
Saute onion in oil until tender. Add beans, Shredded Beef, tomatoes, tomato paste, chilies, beef juices, chili powder and salt. Bring to boil; reduce heat and simmer 1 hour or until thickened. Spoon about 1 cup chili mixture into each Tortilla Cup. Serve with salsa. Makes 8 servings. Recipes can be doubled.

\*Shredded Beef: Place 1 1/2 to 2-pound boneless beef chuck pot roast in Dutch oven with heavy lid. Season with salt, pepper and 1 sliced onion. Add 1/2 inch water to pan; cover tightly and cook slowly on top of range or in slow oven (300°F.) 2 to 2 1/2 hours or until beef is tender. Let cool slightly in juices; pour off and reserve 1 cup juices. Skim off fat. Shred beef with two forks. Makes 2 1/2 to 3 cups.

\*\*Tortilla Cups: Deep-fry (7 to 8-inch) flour tortillas at 375°F., gently depressing centers with wooden spoon until tortillas form a cup. Gently turn and fry each until golden brown on both sides. Makes 8 servings.

Variation: Chili filling can be served in heated, flour tortillas. Wrap 16 tortillas in foil; heat in moderate oven (350°F.) 5 minutes. Place about 1/2 cup chili mixture on each tortilla; fold opposite sides into center, then roll up. Makes 16 burritos.

Note: One can (about 16 ounces) contains about 1 1/4 cups drained beans.

### MARINATED BEEF AND BEAN SALAD

- 1/2 cup olive oil
- 1/4 cup white wine vinegar
- 1 tablespoon fresh lime juice
- 1 clove garlic, minced
- 2 tablespoons minced fresh cilantro
- 1 teaspoon dried oregano leaves
- 1 teaspoon salt
- 1/4 teaspoon freshly ground pepper
- 1 1/4 pounds cooked beef, cut into thin strips
- 1 1/2 cups drained, cooked or canned small white or great northern beans

1 medium tomato, seeded and chopped  
Romaine leaves  
6 radish roses  
Thoroughly combine olive oil, vinegar, lime juice, garlic, cilantro, oregano, sugar, salt and pepper. Place beef strips, beans and tomatoes in large bowl; add marinade, stirring to coat. Cover and refrigerate 2 to 3 hours. Line platter with romaine leaves; place beef salad on top. Garnish with radish roses. Makes 6 servings.  
Note: One can (about 16 ounces) contains about 1 1/4 cups drained beans.

### MEXICAN COOKIES

- 1/4 cup butter or margarine, softened
  - 12 (7 to 8-inch) corn or flour tortillas
  - 1/2 cup sugar
  - 2 teaspoons ground cinnamon
  - 1 teaspoon grated lemon peel
  - 1 square (1 ounce) semi-sweet chocolate, grated
  - Chilled grape clusters, sliced apples and kiwifruit
- Butter tortillas: place on ungreased baking sheets. Mix sugar, cinnamon and lemon peel; sprinkle on tortillas. Bake in slow oven (325°F.) 15 minutes. Remove from oven; sprinkle with grated chocolate. Cool slightly on baking rack (tortillas should be crisp.) Serve with grapes, apples and kiwifruit. Makes 12 servings. Recipe can be halved.

Tip: Tortillas can be cut into quarters before baking for easier handling.

### REFRIED BEANS

- 1/4 cup shortening or bacon drippings, divided
- 5 cups drained, cooked or canned red, pink or pinto beans
- 3/4 to 1 cup water
- 1 clove garlic, minced
- 1/4 teaspoon chili powder
- Salt

Heat shortening or drippings in heavy skillet. Mash 1 cup beans into drippings. Add a second cup beans and about 3 tablespoons water; mash beans as they are added. Repeat until all beans are used. Add garlic, chili powder and salt to taste. Heat, uncovered, until beans are thickened; stir occasionally. Serve as a side dish. Makes about 5 cups.

Note: One can (about 16 ounces) contains about 1 1/4 cups drained beans.

### GUACAMOLE

- 1 medium avocado, peeled and seeded
- 1/4 cup dry sour cream (optional)
- 2 tablespoons chopped tomato
- 2 tablespoons diced green chilies
- 2 teaspoons lime juice
- 1/2 teaspoon garlic salt
- Raw vegetables and/or tortilla chips

Mash avocado with fork. Add sour cream, tomato, chilies, lime juice and garlic salt; blend well. Serve with raw vegetables and/or chips. Makes about 1 1/2 cups dip.



Chili Burrito Cups highlight of Mexican fiesta menu

## Special Values for Special Meals Flavorful meats from Publix

THIS AD EFFECTIVE: THURS., MAR. 15  
THRU WED., MAR. 21, 1984...

U.S.D.A.  
CHOICE BEEF  
**Bottom  
Round Roast**  
per lb.  
**\$1.99**

U.S.D.A. CHOICE  
BONELESS BEEF  
**Top Sirloin  
Steak**  
per lb.  
**\$3.29**

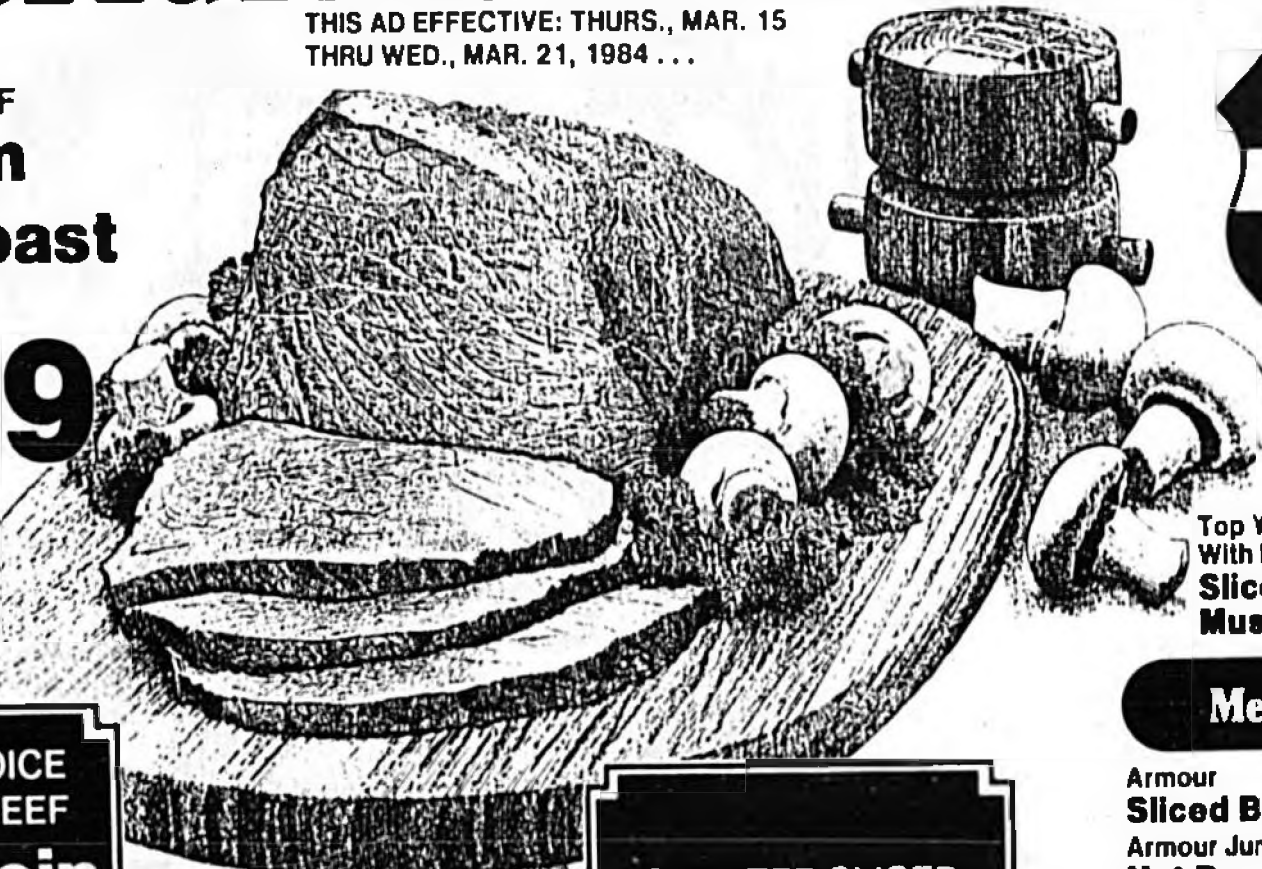
U.S.D.A.  
CHOICE BEEF  
**Eye  
Round  
Roast**  
per lb.  
**\$2.79**

U.S.D.A. CHOICE  
BEEF  
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per lb.  
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Beef  
**Cube Steak** ..... per lb. \$2.79  
U.S.D.A. Choice Beef  
**Short Ribs** ..... per lb. \$1.99

### Seafood Seafood

**Seafood Treat! Fresh  
Bay Scallops** ..... per lb. \$3.99  
**Seafood Treat! Fresh  
Perch Fillets** ..... per lb. \$3.99  
**Fresh Frozen  
Flounder Fillets** ... per lb. \$2.79  
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Medium Shrimp** ... per lb. \$5.99



Top Your Roast or Steaks  
With Florida Grown  
**Sliced  
Mushrooms** ... 8-oz. pkg. \$1.19

### Meat Meat

- Armour **Sliced Bacon** ..... 1-lb. pkg. \$1.59
- Armour **Jumbo Meat or Beef  
Hot Dogs** ..... per lb. \$1.59
- Swift Premium Mild or Garlic  
**Corned Beef** ..... per lb. \$2.29
- Hormel Cure #1  
**Boneless Ham** ..... per lb. \$3.29
- Mr. Turkey Sliced Oven  
Roasted or Smoked  
**Turkey Breast** ..... 6-oz. pkg. \$1.39
- Swift Premium  
**Smoked Daisy** ..... per lb. \$2.19
- Swift Premium Cooked Salami or  
Sliced Meat, Beef or Garlic  
**Bologna** ..... per lb. \$1.99
- Oscar Mayer Meat or Beef Sliced  
**Bologna** ... 6-oz. pkg. 89¢ 12-oz. pkg. \$1.29
- Oscar Mayer Meat or Beef  
Thick Sliced  
**Bologna** ..... 12-oz. pkg. \$1.29
- Lykes Chunk  
**Braunschweiger** .. per lb. 69¢

### Deli Deli

### DRUMMETTE PLATTER

- Small ..... (Serves 8 to 12) ..... \$7.50
- Medium ..... (Serves 16 to 20) ..... \$12.50
- Large ..... (Serves 26 to 30) ..... \$18.00

- Tasty Hickory Hill Beef Thuringer,  
Summer Sausage or  
**Salami For Beer** ... quarter lb. 69¢
- Zesty Flavored  
**Potato Salad** ..... per lb. 89¢
- Flavorful Irish Blarney  
**Cheese** ..... quarter lb. \$1.15
- Fresh Tasting  
**Onion  
Rye Bread** ..... per loaf 85¢
- Hot From The Deli  
**Beef Stroganoff** ... per lb. \$3.99
- Macaroni &  
Cheese** ..... per lb. \$1.99

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QUARTER SLICED  
**Pork Loin**  
per lb.  
**\$1.59**

FRESH  
**Pork  
Spareribs**  
per lb.  
**\$1.79**

KNEIP  
**Corned  
Beef Brisket**  
per lb.  
**\$1.89**  
Florida New Crop  
Red Potatoes ... 5 lb. bag \$1.29

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with Hot Bakeries Only.

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per loaf  
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Irish  
**Soda Bread** ..... per loaf 99¢  
Delicious  
**Key Lime Tarts** ... each for 69¢  
Individual  
**Danish** ..... 2 for 79¢  
Extra Special Snacks  
**Elephant Ears** ... 2 for 79¢  
Delicious & Chewy  
**Oatmeal  
Cookies** ..... per dozen \$1.19



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ST. PATRICKS

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# Mediterranean Mood With A Greek Accent

From the shores of the Mediterranean comes one of the world's great cuisines: Greek cookery. This richly varied cuisine is an intriguing blend of mellow flavors and textures.

Set the stage for a traditional Greek party with Athenian Rosemary Lamb. Tender and juicy leg of lamb is basted with seasonings and slowly roasted for this entree. Fresh, tender artichokes rubbed with tangy lemon juice are enhanced with olive oil and aromatic herbs in Artichoke Saute. To finish, serve a marvelously rich pastry — Pistachio Baklava — a traditional sweet from the classic world.

## GREEK-STYLE PARTY MENU

- Athenian Rosemary Lamb
- Artichoke Saute
- Pita Bread
- Spinach and Feta Cheese Salad
- Pistachio Baklava

## ATHENIAN ROSEMARY LAMB

4 to 6-pound bonelless lamb leg  
 1/2 teaspoon lemon juice  
 1 tablespoon olive oil  
 1 teaspoon minced garlic  
 1/2 teaspoon crushed rosemary leaves, divided  
 1/2 teaspoon salt, divided  
 freshly ground pepper  
 Remove string from roast. Place lamb, boned side up, on flat surface. Combine lemon juice, olive oil, garlic, 1 teaspoon rosemary, 1 teaspoon salt and 1/4 teaspoon pepper. Spread lemon juice mixture over boned-out surface of leg. Roll and tie securely. Place leg, fat side up, on rack in open roasting pan. Do not add water. Do not cover. Insert roast meat thermometer so bulb is centered in the thickest part, but not in fat. Roast in a slow oven (325°F) until meat thermometer registers 140°F., allowing 25 to 30 minutes per pound. Remove from oven and let stand 10 minutes. Remove fell from lamb leg. Combine 1/2 teaspoon rosemary, 1/2 teaspoon salt and 1/4 teaspoon pepper; sprinkle over surface of roast. Replace roast in oven and continue roasting until meat thermometer registers 155°F. Allow roast to "stand" in a warm place 15 to 20 minutes after removal from oven. Since roasts continue to cook during this time, they usually rise approximately 5° in internal temperature, reaching 160°F. for medium.

## ARTICHOKE SAUTE

2 medium California artichokes  
 1/2 lemon or lime  
 1/4 cup olive oil, divided  
 1/4 cup water  
 1 cup sliced green onion  
 1/2 cup chopped parsley  
 1 teaspoon crushed oregano  
 Dash each salt and hot pepper sauce  
 Bend back outer petals of artichokes until they snap off easily near base. Edible portion of petal should remain on artichoke hearts. Continue to snap off and discard thick petals until central core of pale green petals is reached. Cut off top 2 inches of artichokes; discard. Cut off stems; reserve. Trim off outer dark green layer from artichoke bottoms and stems; rub all surfaces with cut lemon to prevent discoloration. Quarter artichokes lengthwise. Remove small prickly tipped petals and fuzzy choke; rub again with lemon. Cut artichokes and stems into very thin lengthwise slices; saute in 2 tablespoons oil 1 minute. Add water; cook, covered, over medium heat about 5 minutes. Remove cover and cook until water has evaporated and artichokes are tender. Add remaining 2 tablespoons oil; increase heat. Add green onion, parsley, oregano, salt and hot pepper sauce; cook and stir 1 or 2 minutes or until green onion is thoroughly heated. Squeeze remaining juice from cut lemon over artichoke mixture. Makes 4 servings.

## PISTACHIO BAKLAVA

2 cups finely chopped shelled natural Pistachios from California  
 1/2 cup sugar  
 1/2 teaspoon ground cinnamon  
 1 cup clarified butter\*  
 1/4 cup oil  
 1 package (16 oz.) phyllo pastry sheets, at room temperature  
 Honey Syrup  
 Combine pistachios, sugar and cinnamon. Combine butter and oil; keep warm. Brush bottom of 13x9x2-inch baking pan with butter mixture. Cut phyllo sheets to fit pan. Cover with waxed paper and damp tea towel to keep from drying out. Line pan with 10 sheets phyllo, brushing each with butter mixture. Sprinkle with 1/2 cup pistachio mixture. Place 2 sheets phyllo on top of nuts, brushing each with butter mixture. Sprinkle with 1/2 cup nut mixture. Repeat, layering 2 sheets phyllo, brushing each with butter mixture and sprinkling with 1/2 cup pistachio mixture until all nut mixture is used. Top with remaining phyllo sheets, brushing each with butter. With sharp knife, carefully cut through all layers into small diamond-shaped pieces. Bake at 325°F. 45 minutes; reduce heat to 275°F. and bake 20 minutes longer. Remove from oven; while still hot, carefully spoon cool Honey Syrup over baklava. Makes about 40 pieces.

**Honey syrup:** Combine 1 1/4 cups water, 3/4 cup honey, 1/2 teaspoon each grated lime or lemon peel and orange peel, 4 whole cloves and 1/2 stick (about 2 in.) cinnamon. Bring to boil; simmer 20 minutes. Add 1 tablespoon each lime or lemon juice and orange juice; simmer 5 minutes longer. Remove from heat and cool. Makes about 1 cup.

## GREEK-STYLE MENU FOR TWO

- Skewered Rose Lamb
- Tomato Pistachio Pilaf
- Artichokes with Garlic Butter
- Tossed Green Salad
- Baked Custard

## SKEWERED ROSE LAMB

1 lamb leg center slice (steak), cut 1 inch thick (approximately 3/4 pound)  
 2 tablespoons rose wine  
 1 tablespoon olive oil  
 1 clove garlic, minced  
 1/4 teaspoon salt  
 Dash freshly ground pepper  
 Trim outer fat from lamb; remove bone. Cut lamb into 1/2-inch wide strips. Combine wine, oil, garlic, salt and pepper. Place lamb strips in small bowl or plastic bag; add marinade, turning to coat. Cover bowl or tie bag securely. Marinate in refrigerator 4 to 6 hours, turning once. Remove lamb from marinade. Thread lamb onto four 8-inch skewers, weaving back and forth. Place on rack in broiler pan so surface of meat is 3 to 4 inches from heat. Broil 5 to 7 minutes, turning once. Makes 2 servings.

## TOMATO PISTACHIO PILAF

1/4 cup chopped onion  
 1 tablespoon olive oil  
 1 beef bouillon cube  
 3/4 cup boiling water  
 1/2 cup rice

1 1/2 teaspoons lemon or lime juice  
 1/2 cup coarsely chopped tomato  
 1/4 cup chopped shelled natural Pistachios from California

1 tablespoon minced parsley  
 Saute onion in oil until tender. Dissolve bouillon cube in water. Add to onion mixture with rice and lemon juice. Cover and simmer 30 minutes or until rice is tender. Stir in tomato, pistachios and parsley. Makes 2 or 3 servings.

## ARTICHOQUES WITH GARLIC BUTTER

1/4 cup butter or margarine  
 1/4 teaspoon minced garlic  
 1 1/2 teaspoons lime or lemon juice  
 2 medium California artichokes\*  
 Melt butter with garlic over low heat or in microwave according to manufacturer's directions. Add lime juice; mix well. Serve warm with hot cooked artichokes. Makes 2 servings.



Skewered lamb, pistachio pilaf and artichokes combine for an elegant Greek dinner designed for two

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**Microwave Magic**

**Shell Fish Suggested For Lent**

The season of Lent is now upon us. During this time, many people include more fish and seafood in their menus.

Even if you are not fond of fish, you may enjoy shrimp, clams, or scallops. These shell fish recipes serve 4-6 with a pound of shrimp, 1-2 pounds of scallops, and 12 ounces of clams, making the cost per serving most reasonable.

Each recipe when accompanied by a green or vegetable salad, crusty bread, and a light dessert would provide a more than adequate meal.

Following the suggested timings for the preparation of the recipe will result in a tender yet well cooked seafood. A New Orleans favorite is Shrimp Creole.

**SHRIMP CREOLE**

- 4-6 servings of rice
  - 1/2 cup chopped celery
  - 1/2 cup chopped green pepper
  - 1/2 cup chopped onion
  - 1 clove garlic, minced
  - 1 tablespoon oil
  - 2 can stewed tomatoes (16 oz.)
  - 1/2 cup flour
  - 1 teaspoon lemon juice
  - 1/4 teaspoon cayenne pepper
  - 1 pound ravo shrimp, peeled and deveined
- Combine celery, green pepper, onion, garlic, and

**Midge Mycoff**

Home Economist  
Seminole Community College



oil in a 2-quart casserole. Cover. Microwave at 100% power for 3-5 minutes or until vegetables are tender. Drain 1/2 cup liquid from tomatoes into a 1-cup measure.

Blend in flour until smooth. Add tomatoes with remaining juice, flour mixture, lemon juice, and cayenne pepper to vegetables. Cover. Microwave at 100% power for 7-8 minutes or until thickened.

Stir shrimp into sauce. Cover. Reduce power to 50%. Microwave for 10-15 minutes or until shrimp are opaque. Stir several times during the cooking.

Serving over hot rice.  
Canned minced clams on the kitchen shelf are the basis for this tasty chowder.

**MICROWAVE CLAM CHOWDER**

- 4 slices bacon, cut into small pieces
- 3 cups potatoes, peeled and cut into 1/4-inch cubes

1 medium onion, chopped  
2 cans of minced clams (6 1/2 oz.) drain and reserve liquid  
1/2 cup flour  
2 cups milk — divided  
1 1/2 teaspoons salt  
1/2 teaspoon pepper  
3/4 cup light cream  
Place bacon in a 3-quart casserole. Cover. Microwave at 100% power for 3 minutes. Add potatoes and onions. Pour reserved liquid into casserole. Cover. Microwave 7-10 minutes at 100% power or until potatoes are fork tender. Combine flour and 1/2 cup milk. Add flour mixture, remaining milk, salt and pepper to casserole.

Microwave at 100% power for 8-10 minutes or until thickened, stirring several times. Stir in clams and light cream. Microwave at 100% power for 2-4 minutes or until heated through.

The small calico scallops are available this time of year and are reasonable in price (about \$3.69 per pound).

**COUQUILLE ST. JACQUES**

- 1 1/2-2 pounds of scallops (cut into bite size pieces)
- 1 cup chicken broth
- 1/2 cup butter
- 1/4 pound mushrooms (sliced) 1 tablespoon lemon juice

1 large onion, finely chopped  
6 tablespoons flour  
1/2 cup whipping cream  
1/2 teaspoon nutmeg  
1 1/2 cups Swiss cheese (shredded)  
1/4 cup lightly packed parsley, minced  
1/4 teaspoon salt

In a 2-quart casserole add chicken broth and cook at 100% power until boiling. Add scallops and cook at 85% power for 5 minutes or until opaque. Let scallops and liquid cool together. Measure liquid. Discard all but 1 1/2 cups. Refrigerate.

In a 1 1/2-quart casserole add butter and onion. Cook at 100% power for 3-4 minutes. Add mushrooms and lemon juice and microwave for 3 more minutes at 100% power. Stir in flour. Gradually add scallop liquid. Cook at 100% power for 5 minutes or until thickened. Add cream, 1/2 cup cheese, and nutmeg. Stir until well blended. Refrigerate.

Stir scallops into cold liquid. Add parsley and salt. Divide into 4-6 ramekins. Sprinkle remaining cheese over top. May be refrigerated, covered up to 24 hours. Uncover and cook at 85% power for 5 minutes.

Next Week: More Lent Microwave Recipes

**Mold Tasty Grapefruit Breakfast**

Everyone knows that eating a good breakfast gives your day a head start. But knowing it and doing it are often two different things.

Studies show that when children (teenagers and adults, too) skip breakfast, work output is less, mental reactions are slower and muscular fatigue increases. The point of this breakfast food story is that it is one meal that really should be planned and presented with care. If breakfast becomes boring, people just sleep the extra 15 minutes, fly out the door and possibly suffer in performance.

Vitamin C, one of the most important nutrients in the family's diet, is by tradition assigned to the morning meal in the form of citrus juice or a half grapefruit. But, most Americans don't consume vitamin C in the amount recommended by the newest government studies relating to diet and health.

Tiny juice glasses don't hold enough. A larger six-ounce glass of grapefruit juice, for instance, does a much better job of providing more of the vitamin C you and your children need. And frozen Florida grapefruit juice concentrate is not only a good source of vitamin C but can be used as a versatile breakfast ingredient as well.

For example, these cereal molds, made with farina, milk, eggs, sugar and grapefruit, are great if the children complain that breakfast is always the same. They're so different, moist and delicious that even the fussiest child may ask for seconds.

Blend the wholesome ingredients, pour into a casserole or individual baking cups and refrigerate overnight. At breakfast, Barbara's Breakfast Molds are baked briefly and a warm sauce of undiluted, zippy Florida grapefruit juice concentrate and maple syrup is spooned over. The balance of the undiluted concentrate is easily reconstituted with three equal parts water for your morning juice.

Breakfast could become the most popular meal in your house, starting from the first time you serve Barbara's Breakfast molds.

**BARBARA'S BREAKFAST MOLDS**

- 2 1/2 cups milk
- 1/4 teaspoon salt
- 1/2 cup farina
- 2 tablespoons sugar
- 2 large eggs, well beaten
- 1/2 cup diced Canadian bacon (about 2 1/2 ounces)
- 1 can (16 ounces) Florida grapefruit sections, drained
- 3 tablespoons maple syrup

In a large saucepan combine milk and salt; bring to a boil. Stir in farina and sugar; boil 1 minute longer or until thickened. Cool lightly. Stir in eggs, and Canadian bacon. Spoon into four 6-ounce buttered custard cups. Cool. Cover. Refrigerate overnight. Bake in a 375°F. oven 30 to 35 minutes or until golden. Meanwhile, in a small saucepan combine grapefruit sections and maple syrup; cook just until heated through. Cool molds 5 minutes, loosen sides and unmold. Serve molds with grapefruit sauce. Yield: 4 servings.

**GRAPEFRUIT UPSIDE-DOWN BREAKFAST**

- 1/4 cup plus 1 teaspoon brown sugar, divided
  - 1 1/2 cups Florida grapefruit sections
  - 2 1/2 cups milk
  - 1/2 teaspoon salt
  - 1/2 cup farina
  - 2 large eggs, well beaten
  - 1/4 teaspoon grated grapefruit peel
- Butter five 6-ounce custard cups; sprinkle each with 2 teaspoons brown sugar and top with 2 to 3 grapefruit sections. In a large saucepan bring milk and salt to a boil. Stir in farina and remaining 1 tablespoon brown sugar. Boil 1 minute or until thickened; cool slightly. Stir in eggs and grapefruit peel. Spoon into prepared custard cups. Cool. Cover. Refrigerate overnight. Bake in a 375°F. oven 30 to 35 minutes or until golden. Cool 5 minutes. Loosen sides with a small spatula and unmold onto serving plate. Serve with remaining grapefruit sections. Yield: 5 servings.

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Pork Roast . . . \$1.29

W-D BRAND 100% PURE (3, 5 & 10 LB. BULKY PACK) **GROUND BEEF** \$1.29  
1-LB.  
Market Fresh Ground Beef . . . \$1.29

HICKORY SWEET **SLICED BACON** \$1.39  
1-LB. PKG.  
W-D BRAND PRESTIGE SLICED Bacon . . . \$1.89

W-D BRAND USDA CHOICE BEEF ROUND BONELESS **SIRLOIN TIP ROAST** \$2.39  
1-LB.  
W-D BRAND USDA CHOICE BEEF ROUND BONELESS Sirloin Tip Steak . . . \$2.49

PINKY PIG FRESH WHOLE OR FULL RIB HALF ROAST **PORK LOIN** \$1.39  
1-LB.  
Pork Loin . . . \$1.79

REGULAR OR LIGHT **OLD MILWAUKEE or PABST** 6 \$1.69  
12-oz. CANS  
All varieties Chek Drinks . . . 10 \$1.99

**Lipton TEA BAGS** \$1.99  
100-CT. PKG.  
Crackin' Good Big 80's All Varieties Cookies . . . 89¢

THRIFTY MAID **CORNED BEEF** 99¢  
12-oz. CAN  
Blue Bay Pink Salmon . . . 15 1/2 oz. CAN \$1.69

PRICE BREAKER MIXED CUT **GREEN BEANS** 4 \$1.09  
16-oz. CANS  
Cereal . . . 15-oz. BOX \$1.39

SUPERBRAND **ORANGE JUICE** \$1.39  
HALF GAL.  
Superbrand Apple Juice . . . HALF GAL 99¢

HARVEST FRESH U.S. No. 1 **WHITE POTATOES** 5 99¢  
5-LB. BAG  
Harvest Fresh Bulk Mushrooms . . . \$1.69

CHEF SALLITO PEPPERONI or **PARTY PIZZA** \$2.99  
31-IN. SIZE  
One 10A Golden Fries or Golden Crinkles . . . 1-LB. BAG \$1.49

MADISON HOUSE TURKEY, CHICKEN or MACARONI & CHEESE **POT PIES** 4 \$1.19  
8-IN. SIZE  
Assorted Varieties Freezer Queen Suppers . . . 7-LB. BAG \$1.59

SUPERBRAND ASSORTED FLAVORS **Swiss Style YOGURT** 4 \$1.00  
6-oz. CUPS  
Base 20% Superbrand Soft-Fit or Regular Cottage Cheese . . . 5-LB. BAG \$1.59

**DELI** CATALINA SLICED TO ORDER **BOILED HAM** \$1.99  
1-LB.  
Domestic Swiss Cheese . . . 1/2 LB. \$2.39



# TONIGHT'S TV

## WEDNESDAY

### EVENING

- 6:00
  - (4) (3) (7) (2) NEWS
  - (1) (35) BJ / LOBO
  - (1) (10) MACEIL / LEHRER NEWS HOUR
  - (8) ONE DAY AT A TIME
  - 6:05
  - (2) ANDY GRIFFITH
  - 6:30
  - (4) NBC NEWS
  - (3) CBS NEWS
  - (7) ABC NEWS
  - (1) (35) ABC NEWS
  - (8) GOOD TIMES
  - 6:35
  - (2) CAROL BURNETT AND FRIENDS
  - 7:00
  - (7) (2) SCOTLAND COURT
  - (3) (2) P.M. MAGAZINE A visit with Peanuts cartoonist Charles Schulz, a man who chatters with celebrities vacationing in Orissa.
  - (7) (2) JOKER'S WILD
  - (1) (35) THE JEFFERSONS
  - (8) (10) FOLLOWING THE TUNDRA WOLF. This week's episode of this film which traces a 500-mile journey of the tundra wolf through Canada's northwest Mackenzie Territory.
  - (8) (10) POLICE WOMAN
  - 7:05
  - (2) HOGAN'S HEROES
  - 7:30
  - (2) ENTERTAINMENT TONIGHT A visit with former Fleetwood Mac member Christine McVie.
  - (3) (2) WHEEL OF FORTUNE
  - (7) (2) FAMILY FEUD
  - (1) (35) BARNEY MILLER
  - 7:35
  - (2) SANFORD AND SON
  - 8:00
  - (4) (2) DEAN MARTIN CELEBRITY ROAST Mr. T is roasted by a panel which includes Red Buttons, Howard Cosell, Larry Holmes, Gavin MacLeod and Billy Martin.
  - (3) (2) ONE DAY AT A TIME Francine's engagement to a handsome advertising executive threatens to destroy her business relationship with Ann.
  - (7) (2) THE FALL GUY Cori, Howie and Jody head for a dude ranch where they confront the leader of a radical paramilitary organization.
  - (1) (35) HAWAII FIVE-O
  - (8) (10) SMITHSONIAN WORLD "Speaking Without Words" Unusual communication patterns are explored, including 19th-century typography, contemporary art, the mathematical language of the Foucault pendulum, roadside architecture and the prospect of humans talking to other species.
  - (8) (10) MOVIE "The Dark" (1979) William Devane, Cathy Lee Crosby. A creature from outer space commits a series of gruesome nighttime murders.
  - 8:05
  - (2) MOVIE "Stage 17" (1953) William Holden, Otto Preminger. U.S. soldiers beat a tough sergeant suspected of being a spy.
  - 8:30
  - (3) (2) MAMA MAALONE Mama is thrilled when Dino brings his girl friend to meet her—but the thrill is gone when she learns what the woman does for a living.
  - 9:00
  - (4) (2) THE FACTS OF LIFE The woman organizing a charity banquet asks Blair to help her but becomes disgruntled when the young woman wants to assume total control of the affair.
  - (3) (2) MOVIE "Chu Chu And The Philly Flash" (1981) Alan Arkin, Carol Burnett. An alcoholic former baseball player and a kooky street entertainer become partners in a scheme to make money by returning a lost suitcase.

- (7) (2) DYNASTY Claudia learns the devastating truth about the disappearance of Mathews and Lindsay, and Mark's interest in Alexis draws suspicion from Dex.
- (1) (35) QUINCY
- (8) (10) PLEDGE BREAK Regularly scheduled programming may be delayed due to pledge breaks.
- 9:10
- (8) (10) A WALK THROUGH THE 20TH CENTURY WITH BILL MOYERS "The Democrat And The Dictator" Franklin D. Roosevelt and Adolf Hitler are compared and contrasted, the childhood of each is traced, as well as their early careers and their rise to power and worldwide influence.
- 9:30
- (2) (4) NIGHT COURT A non-English-speaking Russian immigrant threatens to blow up the courtroom when he panics at the thought of being jailed.
- 10:00
- (4) (2) ST. ELSEWHERE Westphal is curious when he learns White will be allowed to continue his residency, and Chandler concludes that his intense work habits have made him a dull person.
- (7) (2) HOTEL An actress returns to the stage after a 20-year absence, and the female half of a father-daughter burglary team has designs on Peter.
- (1) (35) INDEPENDENT NETWORK NEWS
- (8) (10) KOJAK
- 10:20
- (8) (10) THE HINDENBURG: SHIP OF DOOM Dramatic re-enactments and actual historic footage chronicle the events that led to the airship disaster of May 6, 1937 in Lakehurst, New Jersey.
- 10:30
- (1) (35) BOB NEWMART
- 10:40
- (2) NEWS
- 11:00
- (4) (2) (3) (7) (2) NEWS
- (1) (35) BENNY HILL
- (8) (10) ALFRED HITCHCOCK PRESENTS
- (8) (10) TWILIGHT ZONE
- 11:30
- (2) (4) TONIGHT Host: Johnny Carson.
- (3) (2) WKRP IN CINCINNATI
- (1) (35) ABC NEWS NIGHTLINE
- (8) (10) MOVIE "The Monster That Challenged The World" (1957) Tim Holt, Audrey Dalton.
- (2) (4) THICK OF THE NIGHT Scheduled: Lois Bromfield, Patrick Carlin, Keith Carradine.
- 11:35
- (2) THE CATLINS
- 12:00
- (3) (2) POLICE STORY Two detectives and a beautiful co-worker are assigned to vice squad duty to capture a gangster.
- (8) (10) MOVIE "The Saint" (1942) Elvis Presley, Gig Young.
- 1:10
- (3) (2) MOVIE "See China And Die" (1980) Esther Rolle, Kene Holliday.
- 2:30
- (2) CBS NEWS NIGHTWATCH
- 2:35
- (2) MOVIE "Beat The Devil" (1954) Humphrey Bogart, Jennifer Jones.
- 2:40
- (7) (2) MOVIE "Black Fury" (1935) Paul Muni, Akim Tamiroff.

Cable Ch	(7) (2) (ABC) Orlando	(11) (35)	Independent Orlando
	(5) (6) (CRS) Orlando	(8) (4)	Independent Melbourne
	(4) (2) (NBC) Daytona Beach Orlando	(10) (2)	Orlando Public Broadcasting System

In addition to the channels listed, cablevision subscribers may tune in to independent channel 44, St. Petersburg, by tuning to channel 13, which carries sports and the Christian Broadcasting Network (CBN).



- ### THURSDAY
- 4:30
  - (2) RAT PATROL
  - 5:00
  - (2) IT'S YOUR BUSINESS (MON)
  - (1) (35) DAILY MASS (TUE)
  - (2) AGRICULTURE U.S.A. (THU)
  - 5:20
  - (2) WORLD AT LARGE (WED)
  - 5:30
  - (4) (2) ENTERTAINMENT THIS WEEK (MON)
  - (7) (2) 28 COUNTRY (TUE-FRI)
  - (2) JIMMY SWAGART
  - 6:00
  - (2) ENTERTAINMENT TONIGHT (TUE-FRI)
  - (3) (2) CBS EARLY MORNING NEWS
  - (7) (2) EYEWITNESS DAYBREAK
  - (1) (35) 20 MINUTE WORKOUT
  - (2) NEWS
  - (8) (10) MDTV (MON)
  - (8) (10) NEW ZOO REVUE (TUE-FRI)
  - 6:30
  - (4) (2) NBC NEWS AT SUNRISE
  - (3) (2) CBS EARLY MORNING NEWS
  - (7) (2) ABC NEWS THIS MORNING
  - (1) (35) GREAT SPACE COASTER
  - (8) (10) MORNING STRETCH
  - 6:45
  - (2) EYEWITNESS DAYBREAK
  - (10) A.M. WEATHER
  - 7:00
  - (4) TODAY
  - (3) (2) CBS MORNING NEWS
  - (7) (2) GOOD MORNING AMERICA
  - (1) (35) TOM AND JERRY
  - (8) (10) TO LIFE!
  - (2) FUNTIME
  - (8) (10) BIZNET NEWS
  - 7:15
  - (10) A.M. WEATHER
  - 7:30
  - (1) (35) WOODY WOODPECKER
  - (8) (10) SEBASTIAN STREET
  - 7:35
  - (2) DREAM OF JEANNIE
  - 8:00
  - (1) (35) BUGS BUNNY AND FRIENDS
  - (8) (10) JIM BAKKER
  - 8:05
  - (2) BEWITCHED
  - 8:30
  - (1) (35) INSPECTOR GADGET
  - (8) (10) MISTER ROGERS (R)
  - 8:35
  - (2) LOVE LUCY
  - 9:00
  - (4) (2) DIFFERENT STROKES (R) (MON)
  - (4) (2) THE FACTS OF LIFE (R) (TUE-FRI)
  - (3) (2) DONAHUE
  - (1) (35) THE WALTONS
  - (8) (10) SEBASTIAN STREET
  - (8) (10) WOMAN TO WOMAN
  - 9:05
  - (2) MOVIE
  - 9:30
  - (2) MORK AND MINDY
  - (8) (10) BODY BUDDIES
  - 10:00
  - (4) (2) LOVE CONNECTION
  - (3) (2) HOUR MAGAZINE
  - (7) (2) FAMILY
  - (10) (2) ELECTRIC COMPANY (R)
  - (8) (10) HEALTH FIELD
  - 10:30
  - (2) BALE OF THE CENTURY
  - (10) (2) 3-2-1 CONTACT (R) (Q)
  - (8) (10) ODD COUPLE
  - 11:00
  - (4) (2) WHEEL OF FORTUNE
  - (3) (2) THE PRICE IS RIGHT
  - (7) (2) BENSON
  - (1) (35) GOOD DAY
  - (10) (2) MAGIC OF DECORATIVE PAINTING
  - (8) (10) ROWAN & MARTIN'S LAUGH-IN
  - 11:05
  - (8) (10) BIZNET NEWS
  - (2) THE CATLINS
  - 11:30
  - (4) (2) DREAM HOUSE
  - (7) (2) LOVING
  - (1) (35) INDEPENDENT NETWORK NEWS
  - (8) (10) POSTSCRIPTS
  - (8) (10) TIC TAC DOUGH
  - 11:35
  - (2) TEXAS

### VIDEO MOVIE RENTALS

DEPT. A VHS  
LAKE MARY BLVD. & HWY. 17-92  
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SANFORD, FL.  
321-1601

940 LEE RD.  
ORLANDO, FL.  
628-8768

### VIDEO REVIEW

## WEDNESDAY FAMILY SPECIAL

### 3 PIECE DINNER

# \$2.29

3 pieces of golden brown Famous Recipe Fried Chicken, mashed potatoes and gravy, creamy cole slaw and two fresh, hot biscuits.

SANFORD 1905 French Ave. (Hwy. 17-92)  
CASSELBERRY 41 N. Hwy. 17-92

- (MON)
- (8) (10) THE EVERLY BROTHERS' ROCK 'N' ROLL OYSTER (WED)
- (8) (10) A WALK THROUGH THE 20TH CENTURY WITH BILL MOYERS (THU)
- (8) (10) FLORIDA HOME GROWN (FRI)
- (8) (10) HIGH CHAPARRAL
- 1:05
- (2) MOVIE
- 1:30
- (3) (2) AS THE WORLD TURNS
- (1) (35) LOVE LUCY
- (8) (10) ALL NEW THIS OLD HOUSE (FRI)
- 2:00
- (4) (2) ANOTHER WORLD
- (7) (2) ONE LIFE TO LIVE
- (1) (35) GOMER PYLE
- (10) (2) WILD AMERICA (TUE)
- (8) (10) FOLLOWING THE TUNDRA WOLF (THU)
- (8) (10) MAGIC OF DECORATIVE PAINTING (FRI)
- (8) (10) BONANZA
- 2:30
- (3) (2) CAPITOL
- (1) (35) DREAM OF JEANNIE
- (8) (10) SUPERHERO JAMES HALL (MON)
- (8) (10) HEALTH MATTERS (TUE)
- (1) (35) JOY OF PAINTING (TUE)
- 3:00
- (4) (2) MATCH GAME / HOLLYWOOD SQUARES HOUR
- (3) (2) GUIDING LIGHT
- (7) (2) GENERAL HOSPITAL
- (1) (35) THE FLINTSTONES
- (8) (10) POSTSCRIPTS
- (8) (10) IRONSIDE
- 3:05
- (2) THE FLINTSTONES
- 3:30
- (1) (35) SCOOBY DOO
- (8) (10) MISTER ROGERS (R)
- 3:35
- (2) BATTLE OF THE PLANETS
- 4:00
- (4) (2) FANTASY ISLAND
- (3) (2) STAR TREK (MON-THU)
- (3) (2) SOLID GOLD (FRI)
- (7) (2) MERV GRUFFIN
- (1) (35) SUPERFRIENDS
- (8) (10) BESAME STREET (Q)
- (8) (10) MOVIE
- 4:05
- (2) THE MUNSTERS
- 4:30
- (1) (35) HE-MAN AND MASTERS OF THE UNIVERSE
- 4:35
- (2) LEAVE IT TO BEAVER
- 5:00
- (4) (2) LOVE BOAT
- (1) (35) THREE B COMPANY
- (7) (2) NEWSCOPE
- (1) (35) CHIPS
- (8) (10) OCEANUS (MON)
- (8) (10) UNDERSTANDING HUMAN BEHAVIOR (TUE)
- (8) (10) YOU AND THE LAW (WED)
- (8) (10) THE MONEY PUZZLE (THU)
- (8) (10) ART OF BEING HUMAN (FRI)

## Bonus Easter Bunny

Bunny Approx. 18" H.

with a 95c deposit on your portrait collection.

2-8x10s  
3-5x7s  
15 wallets

ONLY \$12.95

Capture your child's precious look with 20 professional portraits all for just \$12.95 and also get a plush Bonus Easter Bunny. So hop to it. Mom. Another great portrait value awaits you. 95c deposit per collection. Minors must be accompanied by a parent. \$1 sitting fee for each additional subject in same portrait. One Easter Bunny per subject. Not valid with any other offer.

### THESE DAYS ONLY

MARCH: WED. THUR. FRI. SAT. SUN.  
14 15 16 17 18

DAILY: 10 a.m.-8 p.m.; SUNDAY: 12 Noon-5 p.m.

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THE PORTRAIT PLACE  
Satisfaction always or your money refunded

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\$ SAVE \$

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COME AND ENJOY ONE OF THE FEW REMAINING DOWN TO EARTH FLEA MARKETS

\$ SAVE \$

DEALERS YOU CAN BUY WHOLESALE HERE

<b>WONDER HOUSES OF FLORIDA IMPORTERS</b> <b>Makita</b> Wholesale - Retail Bldg. A, Sunset Strip • Stalls 1, 2, 3, 4, 5 & 6 1305/322-7241	<b>TOM &amp; JO'S SALES</b> MEN'S AND BOYS' CLOTHING • MEN'S PARTS • BOYS' PARTS • BOYS' HAT SHIRTS • LADIES' HATS WHOLESALE IN LOTS Bldg. B, Sunset Strip • Stalls 1, 2, 3 & 4	<b>KINGS</b> OLD COINS - GOLD - SILVER ANTIQUE CLOCK & WATCH REPAIR INDIAN JEWELRY - IVORY WHOLESALE - RETAIL Building E, Sunset Strip • Stalls 1 & 4	<b>THE SOCK CITY</b> SOCKS FOR THE ENTIRE FAMILY Building E, Sunset Strip • Stalls 5 & 6 (Across from Meat & Fish Dept.) WHOLESALE RETAIL
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**CUSTOM CUT FRESH MEAT**

MEAT DEPARTMENT OPEN EVERY DAY EXCEPT MONDAY 8 A.M. - 5 P.M. REAR OF MARKET

PRICES GOOD WED., MARCH 14 THRU TUES., MARCH 20

**MEAT PRODUCERS OUTLET**

U.S.D.A. CHOICE - WESTERN BEEF & PORK GUARANTEED NATURALLY TENDER

1500 FRENCH AVENUE IN SANFORD, FLA.  
BEEF 321-2398 PORK

**DELI CHEESE SEAFOOD**

CLAMS \$1.80 DOZ. (OYSTERS \$12.95 BUSHEL) FRESH MULLET 59¢ LB.

HOME MADE - HOT OR MILD <b>ITALIAN SAUSAGE</b> \$1.59 LB. HOME MADE <b>BREAKFAST SAUSAGE</b> \$1.39 LB. G'WALTHEY ALL MEAT <b>FRANKS</b> \$1.19 LB. <b>SMOKED HAM HOCKS</b> 99¢ LB.	THICK SLICED <b>BACON</b> \$1.39 LB. LEAN <b>BOILED HAM</b> \$1.59 LB. SLICED TO ORDER CHUMK <b>LIVERWURST</b> \$1.19 LB. SWIFT PREMIUM <b>SPICED LUNCH MEAT</b> \$1.29 LB. SLICED TO ORDER	<b>CHEESE</b> IMPORTED <b>BIG EYE SWISS</b> \$2.79 LB. <b>MOZZARELLA</b> \$2.29 LB. <b>PROVOLONE</b> \$2.29 LB. <b>BLUE CHEESE</b> \$2.79 LB.	U.S.D.A. CHOICE WESTERN BEEF <b>STEAK</b> <b>T-BONE</b> \$3.69 LB. <b>PORTERHOUSE</b> \$3.69 LB. <b>SIRLOIN</b> \$2.99 LB. <b>CUBE STEAK</b> \$2.99 LB. <b>DELMONICO</b> \$3.99 LB.
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BREADED OYSTERS    BAY SCALLOPS    BREADED FISH    BREADED SHRIMP    STONE CRAB CLAWS    CRAB STICKS    ROCK SHRIMP    SHREDDED CRAB MEAT    STUFFED SHRIMP    KING CRAB LEGS    COCKTAIL SHRIMP

# Live Longer

## Can A Change In Eating Habits Help You Live Longer?

**By Lelord Kordel**  
**Number One of a Series**  
*Is wrong eating a factor in the physical and mental illness of modern man? Lelord Kordel believes so. For years he has studied the effect on body and mind of varying foods, and is convinced that we can add many years to our lives by revising some of our eating habits.*

Here then, is the Lelord Kordel plan for enjoyable eating. It consists of the next 12 installments. They will help you to a livelier, healthier existence.

"Do people die because they don't eat the right stuff?" I recall asking that question of my mother when I was about nine years old.

"I suppose they do, thousands of them every day, only it is called by some fancy medical name," was her sage reply.

Perhaps that was the day when I resolved to find out what people should eat to grow to maturity in good health and to maintain themselves in vigorous, energetic usefulness throughout middle age and toward the century milestone.

What I learned is not new, for there is really nothing entirely new under the sun. A few wise men in each generation have felt for centuries that mankind was growing less and less vigorous.

In the days of the Roman Empire, the philosopher Seneca realized this sad truth. As tutor and friend of the gluttonous emperor Nero, no doubt Seneca had occasion to make many an observation which finally led him to declare:

"Man does not die. He kills himself."

We are an ultracivilized nation, composed of persons whose mental powers and accomplishments are adjudged above the average.

Then, why in the name of all that is sensible, don't we heed the warnings which our own public health statistics flash before us every time there is a census; every time we conscript large numbers of our young men for military service?

We are a nation of aches and pains, fatigue and nerves. Thousands upon thousands of our citizens die every day, prematurely. Many of our older men and women are incapacitated in the one or another for years before their death by one or more serious illnesses.

We are far from being a strong, healthy people.

By now, you are probably waiting for me to tell you to invest in a carrot patch and live off the harvest the rest of your life.

You might live a long time by munching carrots throughout the years. But we want to live a long time if life is going to be as monotonous as a carrot diet?

However, as a first step toward re-educating you for maximum health and well-being, I shall outline briefly what to me is a prime natural law governing the human body.

Whether you have but a smattering of knowledge about the human frame, or whether you have read every medical book in the library, a good understanding of natural law is absolutely necessary. Then you will treat your body with the respect and consideration it merits.

Every form of living, growing thing on this globe — algae scum on a pond, redwood trees, whales, mankind — is made up of cells. Each one of these cells is so small that it would take 8,000 of them lined up side by side to reach across one edge of a box one cubic inch in size. To fill that same little cube box would require over 100 million of these cells.

And in the entire human body there are hundreds of billions of cells. That is a lot of anything! To make the matter more complicated, each one of those

cells is a separate living unit.

The next time you look in a full-length mirror, try to visualize yourself as the billions of separate lives you actually are instead of as the one life registered on the birth records.

Therefore, the prime natural law is to nourish

the cells of your body. What do they require? Among others, three very important nutrients: Minerals, Vitamins and Protein.

Why, you are probably asking, should I be bothered with such things? An animal does not. It eats what it wants

with no thought of maintaining any kind of balance. Or does it?

An animal does maintain a balance in nutrition! Except that it does so by instinct, whereas man, blessed with the "superior" faculty of intelligence, can choose and select his food, what is the result?

The average man today can expect to live to be 68; but some doctors think he should live to 150. The lower animals do much better than man.

According to Dr. Edward L. Bortz: a dog is fullgrown at two years, lives to an average twelve; a cat is full-grown at 1 1/2, lives to

ten; a horse, full grown at four, reaches 25.

Reasoned Dr. Bortz: "If a man is physically mature at 25, then he should have an average normal life span of 150 years."

Why does not man live proportionately as long as the dog, the horse, or other animals?

For the simple reason that, given the power to think, he seems to have lost most of his instinctive powers.

When man traded instinct for intellect he made a bad bargain as far as his health was concerned. Instinct would never lead him to over-refined foods,

starches, artificial sweets and fried victuals dripping with grease.

Yet his "intellect" does! Thus it seems that in the matter of nourishing his body and attaining a ripe old age, man fares much worse with his "brain" than an animal does with its instinctive powers.



PRICES EFFECTIVE WED., MAR. 14 THRU TUES., MAR. 20, 1984.

**BONUS BUY**

**GOLD MEDAL FLOUR**

PLAIN OR SELF RISING  
5 LB BAG

**69¢**

LIMIT-1 WITH A \$7.50 OR MORE FOOD ORDER.

**KRAFT BAR-B-QUE SAUCE**

REG., HICKORY SMOKED OR HOT

**BONUS BUY**

18oz BTL.

**69¢**

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**SAVE 60¢ CASH**

PEPSI, DIET PEPSI, PEPSI LIGHT, PEPSI FREE (REG. OR SUGAR FREE), OR MOUNTAIN DEW

8 PACK, 16oz BTL

YOU PAY **99¢**

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LIMIT-1 COUPON PER ITEM. GOOD THRU WED., MAR. 21, 1984.

**SAVE 30¢ CASH**

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2 LITER

YOU PAY **89¢**

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**Children's BIBLE** by Funk & Wagnalls

The Greatest Stories Ever Told Come To Life!

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For Children of All Ages... Illustrated in Full Color... Told in Easy-to-Understand Language.

**25¢ OFF**

MINUTE MAID ORANGE JUICE

84oz

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PLAY PANTRY PRIDE'S BRAND NEW GAME!

Fun to play! Easy to win!

**Bingo Bonanza**

A TOTAL OF **\$650,000**

Win **\$15,000**

IN CASH PRIZES!

FIRST PRIZE IN OUR GRAND SWEEPSTAKES DRAWING!

**ODDS CHART**

ODDS EFFECTIVE FEB. 25, 1984.

Prize	Number of Prizes	Odds with Ticket	Odds with 13 Tickets	Odds with 26 Tickets
\$2000	39	1:423,205	1:32,554	1:16,277
\$1000	117	1:141,068	1:10,851	1:5,426
\$100	975	1:16,908	1:1,302	1:651
\$10	7133	1:2,314	1:178	1:89
\$5 instant	13,529	1:1,220	1:94	1:47
\$1 instant	131,169	1:126	1:97	1:48
Total	152,962	1:108	1:83	1:42

Total Sweepstakes Prizes: \$9,550K; Cash Prizes: \$1,615,000; Grand Prize: \$200,000.

Total Sweepstakes Entries: 1 out of every 5 tickets contains a sweepstakes entry marker. Odds of winning a sweepstakes prize depend on the number of entries submitted.

Bingo Bonanza is available at 95 Pantry Pride Stores located in Florida, 4 stores in Southern Georgia and 19 stores in Eastern Virginia. Game is scheduled to begin February 1, 1984 and end May 1, 1984. However, it officially ends upon distribution of all bingo tickets. When the total number of approved winners of any of the game prizes as set forth in the odds chart is achieved then that specific prize category will be terminated without further notice. All prizes must be claimed within 90 days after termination as announced in our advertisement as they will be forfeited. This promotion may be repeated.

ODDS EFFECTIVE February 25, 1984

**NORTHERN BATHROOM TISSUE**

ASSORTED

EVERYDAY LOW PRICE

4 ROLL

**99¢**

SAVE 25%

**GREEN GIANT GREEN BEANS**

16oz FRENCH OR REGULAR CUT

**2/89¢**

SAVE 25%

**COMPARE GROCERY**

CHICKEN, BEEF, MUSHROOM OR ONION FLAVOR

Noodles **6/51**

PANTRY PRIDE WHITE OR ASSD Paper Towels **2/99¢**

CRACKERS: SALTED OR UNSALTED

Sunshine Krispy **79¢**

40oz Bisquick BAKING MIX **1/49**

FRENCH Idaho Spuds **3/79**

**SUNKIST NAVAL EXTRA LARGE ORANGES**

**5/\$1**

SAVE 40%

**SNO WHITE MUSHROOMS**

(SELECT YOUR OWN)

**1/49**

LB

SAVE 40% PER LB

**COMPARE PRODUCE**

JUICY Sunkist Lemons **12/99¢**

JUICY Fla. Grapefruit **5/51**

CANADIAN Rutabagas **25¢**

FRESH Green Cabbage **49¢**

PACKED FRESH DAILY CELLO Asstd. Greens **20oz 99¢**

**U.S. NO. 1 BAKING POTATOES**

**10 LB BAG \$1.79**

SAVE 40%

**EXTRA FANCY VIRGINIA RED DELICIOUS APPLES**

**3 99¢**

LB BAG

SAVE 30%

**COMPARE PRODUCE**

CELLO Fresh Radishes **1/4¢**

BUTTERNUT OR Acorn Squash **49¢**

NORTHWESTERN Eating Pears **49¢**

FRESH Brussel Sprouts **79¢**

PICK YOUR OWN Loose Garlic **1/99¢**

**SNICKERS, TWIX, MARS BAR, MILKY WAY OR 3 MUSKETEERS CANDY BARS**

EVERYDAY LOW PRICE

YOUR CHOICE

**4/\$1**

**WELCH'S GRAPE JUICE**

EVERYDAY LOW PRICE

64oz

**\$1.99**

**MILLER BEER**

**BONUS BUY**

6 PACK 12oz N.R. BOTTLE

**\$2.29**

**HORMEL CHILI**

15oz CAN

WITH BEANS REG. OR HOT

**79¢**

**LIBBY'S CORN**

16oz CREAM STYLE OR 17oz WHOLE KERNEL

YOUR CHOICE

**2/89¢**

**JOHNSON LEMON PLEDGE**

7oz FURNITURE POLISH

**\$1.29**

SAVE 70%

46oz JAR

**\$1.29**

VLASIC FRESH KOSHER DILLS

**FRANZIA WINES**

3 LITER

CHARLES BLANC, REIFENRUE, VIN ROUGE OR GOLDEN CHARLES

**\$4.99**

**GOLDEN CHAPEL**

750 ML LIEBFRAUMLICH

**\$1.99**

**COMPARE GROCERY**

LIBBY'S Corned Beef **12oz 1/29**

PANTRY PRIDE 2 Liter Sodas **2/1/49**

POLKA DOT Long Grain Rice **10 LB \$2.59**

PURINA Mainstay DOG FOOD **20 LB \$4.99**

**COMPARE GROCERY**

JOAN OF ARC Pinto Beans **15oz 3/89¢**

FYNE TASTE Pear Halves **29oz 89¢**

ORANGE, LEMON, APPLE, FRUIT PUNCH OR GRAPE Capri Sun **10 1/2oz \$2.49**

INSTANT Maxim Coffee **4oz \$2.85**

**20¢ OFF**

MINUTE MAID ORANGE JUICE

84oz

LIMIT-1 COUPON PER ITEM. GOOD THRU WED., MAR. 21, 1984.

**20¢ OFF**

NESTLE CHOCOLATE QUIK

2 LBS

LIMIT-1 COUPON PER ITEM. GOOD THRU WED., MAR. 21, 1984.

**15¢ OFF**

DUNCAN HINES FUDGE BROWNIE MIX

23oz

LIMIT-1 COUPON PER ITEM. GOOD THRU WED., MAR. 21, 1984.

**20¢ OFF**

KEEKLER CRACKERS

2 1/2 8oz TOASTED BUTTER CRISP, 8oz TOASTED SESAME OR 2 1/2 8oz BONUS PACK CLUB

LIMIT-1 COUPON PER ITEM. GOOD THRU WED., MAR. 21, 1984.

# Beard Honored With Book On Reminiscences - And Beef

By JEANNELESEM  
UPI Family Editor

NEW YORK (UPI) — It was billed as a black-tie dinner to honor the dean of American gastronomy.

For a while it seemed more like "This Is Your Life, James Beard."

Instead of an emcee trotting out friends and relatives of the 80-year-old honoree, there were two executives of the Beef Industry Council and the president of the New York Academy of Medicine. They lauded the food expert and author for his contributions to the development of American cuisine.

In addition, council chairman J. Richard Pringle announced the publication of a special paperback book, "Dear James Beard," containing 20 recipes and reminiscences from that number of Beard's friends and admirers. Not coincidentally, all the recipes feature beef.

Pringle also presented a \$10,000 check to the

academy to help preserve its humanities collection, including a valuable collection of cookbooks, pamphlets and menus dating from 900 A.D. to 1920.

Beard is donating a collection of his own cookbooks to the academy.

He currently is working on his 21st, "Menus and Memories," which he said "is not going to be a big book. I think the days of books the size of Webster's (dictionary) are over."

"I'm really thrilled (about the beef council book) and I adore it — but I don't think I'm worth it," Beard said in response to the tributes.

Choosing only 20 contributors from Beard's hundreds of friends and colleagues was no easy task, a spokeswoman for the council's public relations agency said.

She said the selection as much as anything was made to show the diversity of the people whose lives and

careers he influenced as a cooking teacher, author and food consultant.

They include author and television personality Julia Child and 11 Californians, four of them restaurateurs — Jeremiah Tower, Alice Waters and Narsal David, plus Josef "Seppi" Renggli, executive chef of New York's Four Seasons restaurant. The others are book editor Judith Jones, a vice president of A.A. Knopf, Inc., of New York; Mary Lyons, director of public relations for the New York-based food and promotion center for French food and wines; Family Circle food and equipment editor Jean D. Hewitt; and Chuck Williams, founder and chairman of Williams-Sonoma, a San Francisco-based cookware business that was among the first in the United States to offer professional quality merchandise to home cooks.

The beef council book is \$6.95 (check or money order)

from "Dear James Beard," Beef Industry Council, 444 N. Michigan Ave., Chicago, Ill. 60611.

## Who's Cooking?

The Herald welcomes suggestions for cooks of the week. Do you know someone you would like to see featured in this spot. The Cook of the Week column is published every Wednesday.

Novice cooks and ethnic cooks, as well as experienced cooks and master chefs add a different dimension to dining. Who is your choice? Maybe it's your mother, father, brother, sister or friend.

Submit your suggestions to The Herald PEOPLE editor, 322-2611.

# More Winners!

You've got to play in order to win!



Charles Stray  
WON \$2000

Kevin Osterhout  
WON \$1000

Stella Torrence  
WON \$100

W.F. Muller  
WON \$100

Sandra Lee Cook  
WON \$100

Virginia Williams  
WON \$100

Kenneth C. Martin  
WON \$100



PRICES EFFECTIVE WED., MAR. 14 THRU TUES., MAR. 20, 1984.

ST. PATRICKS DAY TREAT  
KNEIPS OVEN ROAST  
**CORNEBEEF BRISKET**  
BONUS BUY  
**\$1.79**  
PER POUND  
SAVE 50¢ PER LB

MARKET STYLE  
**SLICED BACON**  
BONUS BUY  
**\$1.39**  
FAMILY SIZE PKG. LB

CENTER CUT  
**CHUCK ROAST**  
BONE-IN  
BONUS BUY  
**\$1.39**  
U.S.D.A. CHOICE LB  
SAVE 80¢ PER LB

BONUS BUY  
U.S.D.A. GRADE A  
**WHOLE FRYER LEGS**  
WITH BACKS  
**5 LB AVG. PACKAGE**  
**49¢** LB  
LIMIT-2 PKGS. PLEASE

CALIFORNIA  
UNDERBLADE  
**ROAST**  
BONE-IN  
BONUS BUY  
**\$1.99**  
U.S.D.A. CHOICE LB  
SAVE 70¢ PER LB

**CUBED BEEF CHUCK STEAK**  
FAMILY SIZE PACKAGE  
BONUS BUY  
**\$2.69**  
U.S.D.A. CHOICE LB

BLADE CUT  
**CHUCK STEAK**  
TWIN PACK  
BONUS BUY  
**\$1.69**  
U.S.D.A. CHOICE LB  
SAVE 50¢ PER LB

COMPARE MEAT CHECK THESE PRICES  
SPECIAL TRIM FULLY COOKED BUTT OR SHANK PORTION  
**Smoked Hams . . . . \$9.9¢**  
EXCELLENT FOR SOUPS OR STEWS  
**Beef Neck Bones . . . \$1.39**  
CUMBERLAND GAP SMOKED OR  
**Polish Sausage . . . \$1.79**  
LEAN FRESHLY  
**Ground Chuck . . . \$1.89**  
U.S.D.A. CHOICE FAMILY SIZE PKG.  
**Bnls. Stewing Beef . . \$1.99**

COMPARE MEAT CHECK THESE PRICES  
MR. FRITTER READY TO COOK ASSORTED VARIETY  
**Breaded Patties . . . \$9.9¢**  
EAT ALL REG. OR FLORENTINE  
**Stuffed Flounder . . \$1.39**  
CELLO WRAPPED FROZEN HADDOCK, FLOUNDER OR RED SNAPPER  
**Fish Fillets . . . . \$1.69**  
MR. GLOUCESTER BREADED  
**Fish Cakes OR STICKS . \$1.99**  
PIER 12 PEELED & DEVEINED  
**Shrimp (ALL PURPOSE) . \$2.69**

COMPARE DELI CHECK THESE PRICES  
KINSERS POTATO SALAD OR  
**Cole Slaw . . . . \$1.19**  
QWALTNEY SUCED  
**Turkey Ham . . . \$1.39**  
SUNNYLAND MEAT, BEEF OR CHEESE  
**Jumbo Franks . . . \$1.59**  
LYKES POWER PACK  
**Chicken Franks . . . \$1.79**  
JIMMY DEAN ASSORTED  
**Roll Sausage . . . \$1.99**

COMPARE DAIRY CHECK THESE PRICES  
PLAIN WHOLE MILK OR VANILLA  
**Axelrod's Yogurt . . \$9.9¢**  
TROPICANA GOLD N' PURE  
**Orange Juice . . . \$1.19**  
SHEDOS  
**Vegetable Spread . \$1.79**  
SUCED SINGLES  
**Kraft Velveeta . . . \$1.79**  
GRATED  
**Kraft Parmesan . . \$2.39**

PANTRY PRIDE  
**KING SIZE BREAD**  
20oz LOAF  
**3/\$1.49**

**PUNCH LAUNDRY DETERGENT**  
72oz BOX  
**\$1.99**

**ULTRA BRITE TOOTHPASTE**  
4.3oz TUBE  
**79¢**

LEAN DELI  
**CORNEBEEF**  
BONUS BUY  
**\$1.99**  
HALF POUND  
IN THE SERVICE DELI BAKERY STORES ONLY.

KAISER OR ONION ROLLS EACH  
**99¢**  
PARTY FLAKE OR CLOVERLEAF BROWN & SERVE ROLLS 12 PACK  
**69¢**

CLASSIC LITE 11oz FROZEN  
**\$2.39**  
CLASSIC LITE 11oz FROZEN  
**\$1.99**  
ORIENTAL CHICKEN OR TURKEY PARM

SUAVE SHAMPOO & CONDITIONER 16oz  
**\$1.19**  
ALLSET HAIR SPRAY 7oz  
**79¢**  
EXTRA FIRM

FRIED CHICKEN DINNER IN THE SERVICE DELI BAKERY STORES ONLY  
**\$1.79**  
WITH MASHED POTATOES, GRAVY, GREEN BEANS & ROLL  
8 INCH KEY LIME PIE IN THE SERVICE DELI BAKERY STORES ONLY  
**\$2.29**

COMPARE GROCERY EVERYDAY LOW PRICES  
PANTRY PRIDE  
**Tomato Paste . . . 3/\$1.99**  
PANTRY PRIDE  
**Tomato Sauce . . . 5/\$1.2**  
VAN CAMPS  
**Beanee Weenee . . 2/\$1**  
DISH DETERGENT  
**Joy Liquid . . . . \$5.9¢**

COMPARE FROZEN EVERYDAY LOW PRICES  
PANTRY PRIDE  
**Broccoli Spears . . . 59¢**  
PANTRY PRIDE CRINKLE CUT  
**French Fries . . . 89¢**  
FLORIDA GOLD  
**Orange Juice . . . 99¢**  
12oz FROZEN-LIGHT & NATURAL  
**Mrs. Pauls Flounder \$2.99**

COMPARE HEALTH & MAINTY AIDS EVERYDAY LOW PRICES  
SOLID ANTI-PERSPIRANT  
**Lady Speedstick . . \$1.49**  
DEODORANT REG. OR SPICE- 2.5oz  
**Mennen Speedstick . \$1.49**  
EXTRA STRENGTH  
**Tylenol Tablets . . . \$2.99**  
20 COUNT  
**Acutrim DIET TABLETS . \$2.79**

COMPARE SERVICE DELI BAKERY STORES ONLY EVERYDAY LOW PRICES  
SANDWICH SLICED SMOKED  
**Country Ham . . . \$1.59**  
KITCHEN FRESH  
**Potato Salad . . . 79¢**  
FRESH BAKED  
**Torpedo Rolls . . . 6/89¢**  
SPICY  
**Carrot Cake . . . \$2.99**

BEEBO  
**RASPBERRY OR CHOCOLATE BINGLE**  
**\$1.19**  
EACH

20¢ OFF J.R. 664 7/8oz 7/8oz  
**NABISCO OREO'S 20oz or HONEY MAIDS 16oz**  
LIMIT-1 COUPON PER ITEM. GOOD THRU WED., MAR. 21, 1984.

20¢ OFF J.R. 666 7/8oz 7/8oz  
**WISE CHEEZ DOODLES 8oz CRUNCHY OR PUFFED**  
LIMIT-1 COUPON PER ITEM. GOOD THRU WED., MAR. 21, 1984.

30¢ OFF J.R. 665 7/8oz 7/8oz  
**RICH & CREAMY ICE CREAM HALF GALLON**  
LIMIT-1 COUPON PER ITEM. GOOD THRU WED., MAR. 21, 1984.

## Dear James Beard

NEW YORK (UPI) — Swiss-born chef Josef "Seppi" Rengli, of New York's Four Seasons restaurant, contributed his recipe for stuffed Monterey Jack to the book, "Dear James Beard."

### STUFFED MONTEREY JACK

- 1 cup coarsely chopped onions
- 1 clove garlic, finely chopped
- 1 tablespoon olive oil
- 1 1/4 pounds lean ground beef
- 1/2 cup white wine
- 1 cup chicken stock
- Salt
- Crushed red pepper
- Ground cummin
- 1/2 cup diced red pepper
- 1/2 cup diced green pepper
- 1/2 cup seedless raisins
- 1/2 cup sliced almonds
- 1 cup cooked rice
- 1 tablespoon cornstarch
- 2 tablespoons water
- 1 1/2 pounds sliced Monterey Jack cheese
- 2 tablespoons bread crumbs

In a heavy skillet simmer onions and garlic in hot oil until transparent.

Add beef, brown over hot fire. Pour off excess fat.

Deglace pan with wine; add chicken stock and seasonings to taste. Cover; simmer 30 minutes. Stir in peppers, raisins and rice. Cook and stir 5 minutes or until almost all liquid has evaporated.

Blend cornstarch with the 2 tablespoons water; pour over beef mixture. Stir in quickly with a wooden spatula; cool to almost room temperature. Line 3-quart souffle dish with cheese, overlapping slices by 1/4 inch. Chop and reserve trimmings. Pour in beef mixture; press lightly.

Combine cheese trimmings with bread crumbs; sprinkle on top. Bake in 350-degree F oven in waterbath 45 minutes.

Remove from oven; let stand at least 15 to 20 minutes. Unmold carefully onto preheated serving platter. Serve with boiled potatoes. Makes 6 servings.

## Soup's On

### PEANUT VEGETABLE SOUP

- 1/2 cup butter
- 1/2 cup julienne carrots
- 1/2 cup julienne zucchini
- 1/2 cup julienne red or green pepper
- 1/2 cup shredded red cabbage
- 1/2 cup chopped onion
- 3 tablespoons flour
- 5 cups chicken broth
- 1 cup creamy peanut butter
- 1 cup light cream or milk
- 1/2 teaspoon salt
- 1/4 teaspoon pepper

Chopped salted peanuts

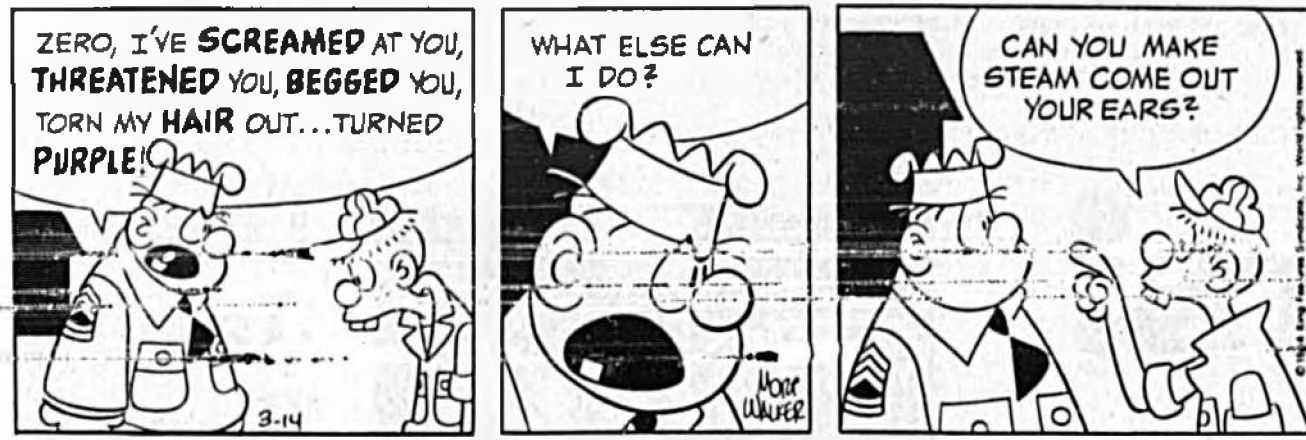
In a large saucepan or dutch oven, melt butter.

Add carrots, zucchini, red pepper, cabbage and onion; saute 3 minutes. Add flour and stir until smooth. Gradually stir in chicken broth; bring to a boil. Stir in peanut butter, reduce heat and simmer 15 minutes. Remove from heat. Stir in cream, salt and pepper. Garnish with chopped peanuts. Makes 8-10 servings.



BEETLE BAILEY

by Mort Walker



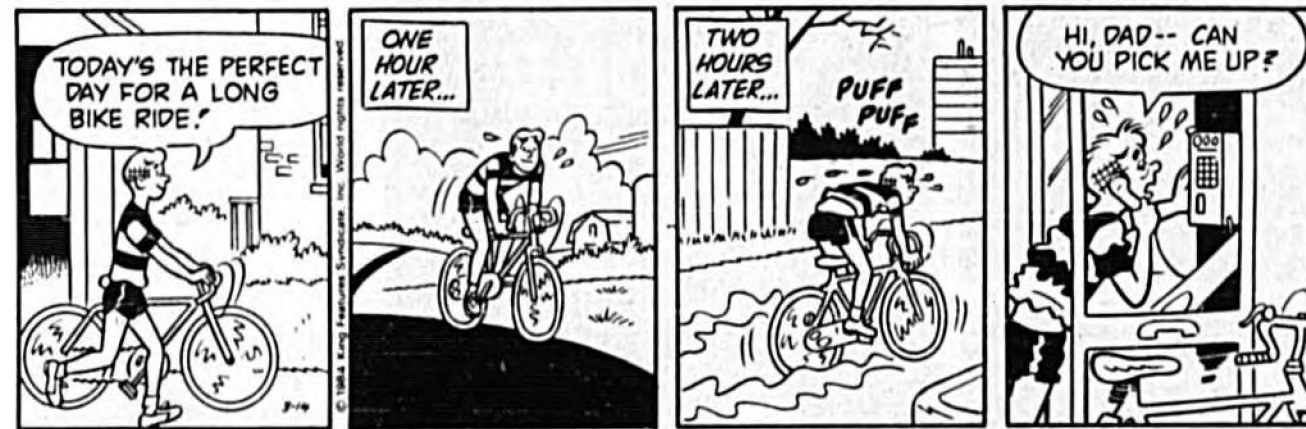
THE BORN LOSER

by Art Sanson



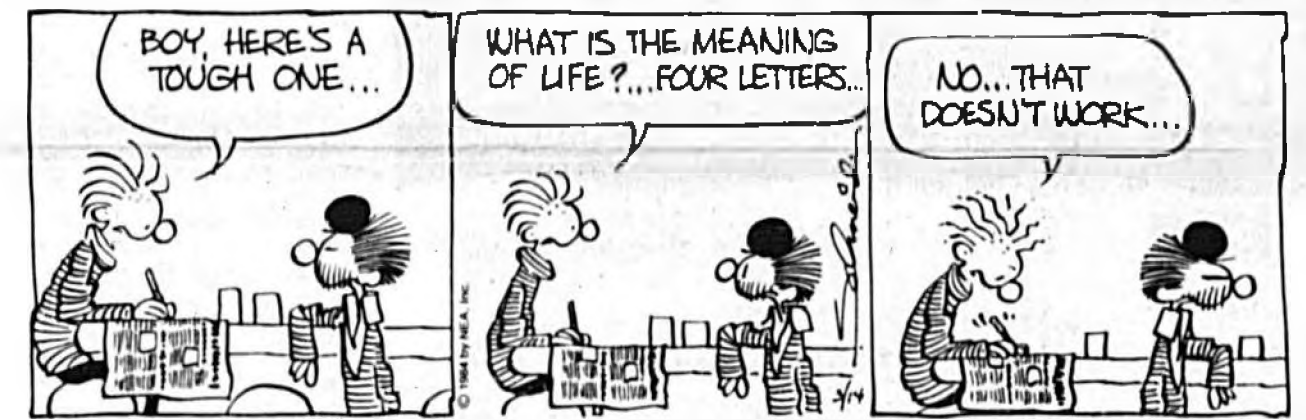
ARCHIE

by Bob Montana



EEK & MEEK

by Howie Schneider



MR. MEN AND LITTLE MISS

by Hargreaves & Sellers



BUGS BUNNY

by Stoffel & Heidahl



FRANK AND ERNEST

by Bob Thaves



TUMBLEWEEDS

by T. K. Ryan



ACROSS

- 1 Small intestine
- 6 Endowed
- 12 Bird
- 13 Journey for another
- 14 Gambling moves
- 15 In the middle of
- 16 Resentment
- 17 Ages
- 18 Adolescent
- 19 Those in office
- 20 Burmese currency
- 24 Mideast seaport
- 26 Contemporary painter
- 27 Perched
- 30 Spicy
- 32 Sticky stuff
- 33 Espire
- 34 Wayside hotel
- 35 Wildebeest
- 36 Book of maps
- 38 Small island
- 40 Mouths (sl)
- 41 Wager
- 42 Identical

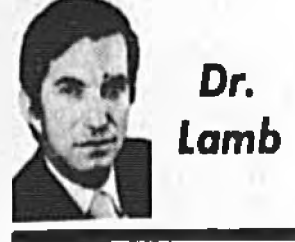
DOWN

- 1 Greek goddess of peace
- 2 Hunter's shelter
- 3 City in Oregon
- 4 Customer
- 5 Intermediate (prefix)
- 6 Cogwheels
- 7 La Douce
- 8 Cottish
- 9 Small boy
- 10 Graduate of Annapolis (abbr)
- 11 Insecticide
- 12 Identical
- 17 Wholes
- 19 Shakespearean villain
- 21 Safecracker
- 22 Egyptian deity
- 23 Biblical pronoun
- 25 Runs from law (sl)
- 26 Water hole
- 27 Normandy invasion day
- 28 Actress Hayworth
- 29 Canning cry
- 31 Far fear that
- 37 Ait
- 38 Gaseous hydrocarbon
- 41 Attack
- 43 Los Angeles area
- 44 Ait
- 45 Negatives
- 47 Therefore
- 48 Regan's father
- 49 300, Roman
- 50 Cry of surprise
- 51 Cooking vessel
- 52 Compass

Answer to Previous Puzzle



Choline May Not Cure Memory Loss



DEAR DR. LAMB — I'm a 56-year-old woman in perfect health. I maintain a well-organized home and a position as head book-keeper in a busy office. I'm by no means inactive mentally.

However, I've been noticing my memory is beginning to fail me in the most routine matters. Recently I heard about choline and its benefits for memory loss. Please comment on how it works.

DEAR READER — Don't jump to conclusions. The reason many people start having problems in remembering routine things is because they're not able to concentrate. A person's concentration may decrease because of too many distractions or preoccupations.

A person's memory often will improve remarkably if he starts practicing concentration. Get a good book on "memory" from a book store. It will have a number of exercises to train your memory and concentration to lock your thoughts into your mind rather than rushing through things.

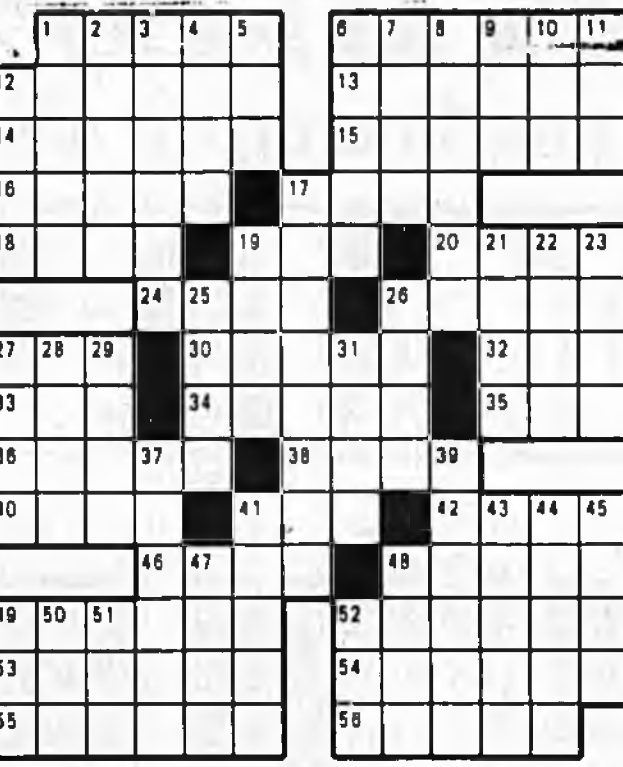
Now, about choline. It's present in your food. Meat is a good source. So are soybeans and soybean products. Your brain uses acetyl choline in the chemical process of memory. But — here's the catch — the choline you swallow may not get through the blood-brain barrier to enter your brain. Unless it gets into the brain it won't help you, even if your memory is deficient because of inadequate amounts of acetyl choline in the brain. Therefore, studies of choline for memory improvement have been disappointing. Scientists now are working on ways to increase acetyl choline within the brain itself. This includes pioneering efforts to transplant tissue such as the adrenal gland into the brain — but I don't think

you're quite ready for that. DEAR DR. LAMB — Several friends of mine are taking selenium capsules in addition to vitamins and minerals.

The dictionary says selenium is the byproduct of copper and is used mainly in solar cells and semi-conductors. What do you think of selenium?

DEAR READER — Selenium appears to be essential to many animals and probably to human beings, too. But its exact role hasn't yet been defined. It apparently has some of the same actions as vitamin E. They may be able to substitute for each other in some of the chemical reactions that occur in processing food and in other body chemical actions.

According to some studies, adult humans should take no more than 200 micrograms (mcg) a day if they wished to avoid overexposure. The mixed diet in this country ought to provide a completely adequate amount of selenium. Seafoods, kidney and liver followed by meat are all good sources.



HOROSCOPE

What The Day Will Bring...

YOUR BIRTHDAY MARCH 15, 1984

Partnership situations should work out to be extremely fortunate for you this coming year, whether they be for business or social purposes.

**PISCES** (Feb. 20-March 20) In matters where you and your mate's aims are in harmony, outstanding benefits can be gained today. Be totally supportive of one another's efforts. The Matchmaker sets you your compatibility to all signs, as well as showing you to which signs you are best suited romantically. To get yours, mail \$2 to Astro-Graph, Box 489, Radio City Station, New York, N.Y. 10019. Send an additional \$1 plus your zodiac sign for your year-ahead predictions.

**ARIES** (March 21-April 19) This is a good day to begin to make corrections in your common-sense health habits. If your life has been too sedentary, start an exercise program.

**TAURUS** (April 20-May 20) Your charm and good humor will put you in good stead with others today, so just be yourself. Gifts or flattering gestures are superfluous.

**GEMINI** (May 21-June 20) Let compassion rule your actions today. Go ahead and do things out of the goodness of your heart, even if others think they are illogical.

**CANCER** (June 21-July 22) Although you will be well aware of the faults and shortcomings of others today, much to your credit you'll focus only on their finer qualities.

**LEO** (July 23-Aug. 22) Try not to let side issues distract you today if you have your sights set upon something that could add to your material well-being.

**VIRGO** (Aug. 23-Sept. 22) If you are trying to sell or promote something today, you can get the types of results you desire by using a soft presentation rather than a pushy one.

**LIBRA** (Sept. 23-Oct. 23) Others will want to do nice things for you today, but don't outline for them how to go about it. Let their actions come spontaneously.

**SCORPIO** (Oct. 24-Nov. 22) You carry more influence with your peers today than you may realize. A friend might try to upstage you, but will come off second-best.

**SAGITTARIUS** (Nov. 23-Dec. 21) You'll outstrip your competition today in areas where you are strongly motivated to win. Where your interest is lukewarm the results will reflect it.

**CAPRICORN** (Dec. 22-Jan. 19) Others will emulate your actions today when you lead by example. If you expect them to do what can't or won't be done, you'll be kidding yourself.

**AQUARIUS** (Jan. 20-Feb. 19) You can rise to the occasion today if you are motivated by unselfish desires to do something that you feel others can't do for themselves.

WIN AT BRIDGE

NORTH 3-10-84			
♠ 8			
♥ QJ73			
♦ J1064			
♣ A J 5 3			
WEST EAST			
♠ K 9 4	♠ Q J 10 7 6 3 2		
♥ K 10 9 5 4	♥ 5		
♦ K 9 7	♦ 5 3 2		
♣ 8 2	♣ 10 4		
SOUTH			
♠ A 5			
♥ A 8 2			
♦ A Q 8			
♣ K Q 9 7 6			
Vulnerable North-South			
Dealer: South			
West	North	East	South
1♥	2♠	3♠	3NT
Pass	Pass	Pass	
Opening lead: ♠4			

clubs and East jumps to three spades, which is alerted as pre-emptive.

Mike debates between three no-trump and some sort of bid that suggests a club slam, and finally settles for three no-trump. The four of spades is led and Mike lets East hold the first trick. Miracles happen on occasion, but not this time. East returns the spade queen. Mike has to play his ace and West drops the king.

Now starts Mike's real agony. He can try a diamond finesse to make four or even five no-trump, or he can cash out eight tricks and settle for down one. If the diamond finesse is on, the cowardly play will net a bottom score, but Mike decides that it surely will be a loser. Now what sort of score will minus 100 be? Mike figures it will be pretty good, since he doubts if any declarers in this field will be playing a club contract lower than six.

Mike cashes out, settles for down one and finds out at end of play that minus 100 was worth eight of 10 match points.

By Oswald Jacoby and James Jacoby

Today's Lawrence hand shows how an expert tortures himself with match point problems. South holds the sort of hand experts like to have. He has a good 19-point hand with a nice five-card club suit. He opens one club and trouble starts to rear its ugly head.

West overcalls with one heart. North bids two

GARFIELD



ANNIE

by Leonard Starr

