

Sanford Herald

Serving Sanford, Lake Mary and Seminole County since 1908
83rd Year, No. 244 - Sanford, Florida

NEWS DIGEST

INSIDE

Sports

Red Sox win American title

SANFORD — The K & D Trailer Sales Red Sox clinched the American League pennant of the Sanford Recreation Department Little Major Baseball League to earn a spot in the city championships. See Page 1B

People

Good things to eat

For all the food news that's fit to eat, meet the Cook of the Week, check out Microwave Magic and try some of the other recipes offered today. See Page 4B.

Florida

Woman loses custody battle

FREEHOLD, N.J. — A woman who went to jail rather than turn her children over to their father has lost her custody battle. See Page 2A

BRIEFS

Boating speed limit hearing set

SANFORD — A hearing will be held in Daytona Beach tonight for the public to comment on a proposal for a permanent speed limit on the St. Johns, Halifax and Indian Rivers to protect manatees.

Florida Department of Natural Resources officials say speeds need to be limited to 30 mph or lower throughout much of the St. Johns River downstream from Lake Monroe to protect the manatee, the state's official freshwater mammal. About 1,400 manatees are believed to remain in the wild.

The hearing will be held at 7 p.m. in the Daytona Beach Community College Building 16 conference room, 1200 Volusia Ave., Daytona Beach. Directions are available by calling 904-255-8131.

Man leaves \$277,700 in restaurant

SAN FRANCISCO — An elderly man who recently dined at a Third Street restaurant didn't claim to be a big tipper. He simply forgot his bag containing \$277,700 and left it under a chair.

A busboy found the bag Tuesday morning, and restaurant owners called police after discovering the small red ditty bag was jammed with greenbacks.

By that time, the 82-year-old unidentified man realized his oversight and returned to fetch his bag, but restaurant owners refused to give it back until police arrived.

After determining the money wasn't stolen, police took the money into safekeeping for its owner, a recent arrival from Nevada who said he didn't trust banks.

The man was asked to return to the station Wednesday so police could help him find a bank he could trust, an officer said.

5-year-old displays early calling

DETROIT — Like most fathers, Anthony Estes hoped his son would be an athlete. But when it turned out "Little Tony" had other ideas, Estes didn't argue.

At 5, Tony is a little minister. "If children use drugs they can get in trouble," Tony told his 4-year-old sister, Niki, in a practice sermon. "And you never get out of jail in a whole lot of years."

Pastor Jesse T. Stacks of the Shalom Temple Pentacostal church introduces Tony as his assistant pastor from time to time.

"Naturally, I thought I would raise him up playing sports ... but I could see from an early age it wasn't going to be that way," Estes said. "I said I'd better just back off and let nature — or God — take its course."

From staff and wire reports

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Warm and wet



Mostly cloudy with a 70 percent chance of showers and thunderstorms. High near 90. Wind southwest 10 to 15 mph.

For more weather, see Page 2A

Victory parade 'big'

By **NOEL PFEIFFER**
Herald Staff Writer

SANFORD — Desert Storm Support Group Chairperson Judy Osborn and other members of the parade and picnic committees are working almost day and night as the big event draws near. The parade will begin at 10 a.m., Saturday, June 15.

"At the present time," Osborn said, "we have 70 entrants in the parade, and it looks as though it will take the full 2 hours of time we have set for it."

Osborn said that with several days remaining, she is unable to determine how big it will finally be. When the parade was first planned by the Sanford Desert Storm group several months ago, Osborn said, "Let's make it the biggest parade the City of Sanford has ever seen."

The entire event is designed to pay tribute to the estimated 180 men and women from the Sanford area who served in the Persian Gulf area during Operation Desert Shield and Desert Storm. As many of the returning veterans as possible are expected to be in the actual parade as well as at

Rival cities dueling in best parade 'brouhaha'

By **LARRY BUCHANAN**
Associated Press Writer

NEW YORK — Long before war broke out in the Persian Gulf, the two rivals regarded each other with contempt, suspicion and jealousy. Now that the war is over, New York and Washington are openly fighting over who's best at celebrating the peace.

New York's June 10 Desert Storm parade is three hours longer, but Washington's is two days earlier. Washington has a stealth

the picnic. The Grand Marshal of the parade is U.S. Army Brigadier General Alfonso E. Lenhardt, deputy commanding general for the east, United States Army Recruiting Command. See Parade, Page 5A

Victory picnic to follow parade

SANFORD — A huge picnic has been planned for Saturday, June 15, following the Desert Storm Victory Support Group's giant parade.

The picnic, to begin at noon, will be held at American Legion Post 53, 2874 Sanford Avenue.

Committee members for the Sanford Desert Storm Support Group have announced that in addition to the barbeque, a variety of entertainment has been planned for the event, including both country and western, and rock & roll bands, the Dixie Cloggers, the Old Hickory Stompers, and a number of other entertainers.

Tickets for the barbeque picnic are \$2 each, with no charge for children 12 and under. For further information on the event or tickets, phone 321-2838.

Butterflies fly free at Wilson

Students turn schoolyard into fluttery haven

By **LACY DOMEN**
Herald People Editor

SANFORD — There's a special garden behind Wilson Elementary School where about 730 generations of butterflies have flown free.

The butterfly sanctuary, in existence since 1989, has been a source of food and rest for caterpillars and butterflies, whose average life span is seven to 10 days, according to Judy Wimblish, parent-coordinator of the garden with fifth grade Wilson Enrichment Students (WEC) teacher Vicki Merriweather.

"With such an interest in ecology and preservation and because there are less butterflies every year as progress invades their natural environment, we thought it would be nice to incorporate this with the new school when it was built," Wimblish said.

Wimblish's daughter, Melinda, added, "Butterflies are also being threatened by the use of pesticides and herbicides." These are not used in the sanctuary at Wilson.

Student did research, planned and planted the garden in 1989 as a true sanctuary for butterflies. A butterfly can have all its larvae



Steven Graham and Andy Cohen study Rambo ants and butterflies.

(caterpillars) and nectar needs met, and could actually live out its life in the little garden, eating, drinking and resting on flat leaves.

Andy Cohen and Scott Leitner said they both like the way butterflies drink.

"It's kinda neat the way they drink. They get moisture out of the

sand," Cohen said. "It's called puddling," Leitner added.

Other students enjoyed different aspects of the short-lived plant pollinator.

"They can only fly when their wings are warm from the sun," Steven Barnett said.

"They sit on rocks to stretch their wings and they rest on flat leaves. I especially like seeing them come to our garden," Steven Graham said.

Ashley Voltoline remembered the sanctuary when it was overgrown and nothing special.

"Now it is. I liked planting the plants and watching them grow," she said.

"There was a lot to do to get the garden ready. It took lots of work," Lori Wilson said.

Different plants supply food for the caterpillars and for the adult butterflies. Shade and sun are evident in the garden. Moist sand is available for puddling because butterflies cannot drink from open water.

"And they really don't live long," Cindy Nassor explained. After they lay their eggs they die. I guess if they don't lay any, they might get hit by a car or something, but they don't live long."

Niki Snell elaborated. "They live seven to 10 days in the wild. Some species live up to 10 months, but not many."

"And you should never touch their wings," Snell said.

Butterflies have a soft whitish powderlike film on their wings that allows them to fly, Wimblish said.

"We never trap or touch the

See Butterflies, Page 5A



Judy Wimblish and Vicki Merriweather tend the Butterfly Garden.

Brochure informs voters about sales tax increase

By **J. MARK BARFIELD**
Herald Staff Writer

SANFORD — More than 81,000 brochures were mailed Saturday by Seminole County to inform registered voters about the July 9 referendum to raise the sales tax by a penny.

The brochures, which cost a total of about \$15,700 to print and mail, were sent to every household in the county with a registered voter, said

county capital planner Pam Hastings.

County commissioners will ask voters to consider the sales tax increase to pay for \$300 million in road improvements throughout the county during the next 10 years. The county plans an additional \$150 million in road work during the same period, to be paid with gasoline taxes and construction impact fees.

Much of the road projects in the program are needed to comply with

state "concurrency" requirements, which prohibit most new construction until roads, sewers and other services are available for them. The tax will also be used to pay for roadway safety improvements and projects on county roads in cities.

The tax, which is on purchases under \$5,000, will end after 10 years. Without the tax, the brochure states the county will need to increase the property tax by \$2.33 per \$1,000 of taxable property to pay for the road work. Hastings said

the property tax increase would only pay for needed road improvements. A higher property tax increase would be needed for the safety and city road projects.

The tax will cost the average family \$72 per year, the brochure declares, compared to \$175 in extra property taxes the owner of a \$100,000 home would pay.

The brochure states a sales tax increase will be shared by people visiting Seminole County to shop. A property tax is paid by residents.

See Shuttle, Page 5A

FLORIDA BRIEFS



Trade school has been getting aid

WEST PALM BEACH — A private trade school that offers vocational programs at nine Florida prisons has been getting federal aid to cover living expenses for student inmates. U.S. Education Department officials said.

Brnell College has been receiving the maximum federal aid of \$2,300 for each inmate taking its six-month course by claiming \$1,700 in living expenses, federal officials said.

The federal agency has told the Nashville, Tenn.-based school that the practice must stop and all excess money received since July 1989 must be repaid. The amount would be determined later.

Although reviews of trade schools are routine, the Education Department is cracking down on possible abuses. A yearlong Senate investigation recently concluded the federal student loan program is "plagued with fraud and abuse at every level."

Beggars target of panhandling measures

GAINESVILLE — Beggars seeking some spare change, and especially those who do so aggressively, are the targets of a series of anti-panhandling measures that have received initial approval from the Gainesville City Commission.

The anti-panhandling measures strike at what many claim has become a vexing problem in downtown Gainesville and around the University of Florida — aggressive panhandlers seeking spare change from pedestrians, motorists and even diners at outdoor cafes.

The three ordinances, which received preliminary unanimous approval Monday night, outlaw begging on city streets, sidewalks, near bus stops and in private and public buildings.

The proposed laws also make it a crime to "aggressively panhandle" — that is, to ask for money in a manner that makes people fear for their safety or forces them to take evasive action.

License revoked at day care center

FORT WALTON BEACH — State officials have revoked the license of a day care center, citing the arrest of the operator's husband on a charge of sexually abusing a 4-year-old girl and substandard care.

The Department of Rehabilitative Services on Monday hand-delivered a letter of revocation to Debra Acosta, who had voluntarily closed the Kare Free Day Care Center at least a week earlier in this Florida Panhandle city, said HRS spokesman Joel Gaston.

The closure followed the May 17 arrest of Joe Acosta on a sexual battery charge after a girl complained of genital pain and told her mother she had been molested a few days earlier in a restroom at the center.

Acosta, 36, an airman 1st class in the Air Force at nearby Hurlburt Field, is scheduled for arraignment June 10. He is being held at the Okaloosa County Jail in Crestview after allegedly violating a bail agreement that required him to stay away from children, authorities said.

Pregnant women sue hospital, university

TAMPA — Pregnant women were often groggy from pain killers when researchers asked them to participate in a controversial study of fetal development, an attorney contended.

In depositions filed Monday as part of a lawsuit against the University of South Florida and Tampa General Hospital, two women said frequent doses of pain drugs left them incoherent and unable to remember all of what happened.

"Human beings shouldn't be asked to participate in human research when they're under the influence of any drug or sedative that in any way impairs their judgment," said Stephen Hanlon, an attorney for subjects in the studies.

But Frank Pierce, attorney for the researchers, said each person's response to medication is unique, and the drugs may not have impaired the women's decisions to take part in the research.

Rep. Bennett never misses

JACKSONVILLE — U.S. Rep. Charles Bennett reached his 40th year without missing a legislative vote — a record unmatched in the history of the U.S. House of Representatives.

Bennett, 80, has made every roll call vote on the passage, defeat or amendment of legislation before the House since June 5, 1951, casting 17,397 votes in his career, his office said Tuesday.

Bennett set the goal of never having to miss a vote after he had to skip some votes early in his career because of complications from contracting polio in World War II, while a guerrilla leader in the Philippines.

"When I broke by leg in 1949, my first year here, I missed several votes. It was then I became determined not to miss another vote. Then on June 4, 1951, I was given the okay to leave town. I did, of course, and a vote dealing with the District of Columbia unexpectedly came up.

From Associated Press reports

NEWS FROM THE REGION AND ACROSS THE STATE

More lawmakers named in probe

By GARY ANDERSON
Associated Press Writer

TALLAHASSEE — Seventeen current or former Florida politicians now stand charged with violating the law by failing to disclose trips they took at the expense of lobbyists.

State Attorney Willie Meggs filed the second-degree misdemeanor charges against seven more people Tuesday, including Agriculture Commissioner Bob Crawford and House Appropriations Committee Chairman Ron Saunders, D-Key West.

Meggs said more charges would be filed against as many as 20 more current and former legislators who failed to disclose the trips.

"We're working as hard as we can to conclude this investigation. I'm not real good at saying when we'll accomplish something," Meggs said.

Crawford, who served 14 years in the Legislature and was Senate president from 1988-90, was charged for failing to report a 1987 trip to Wyoming and 1988 hunting trips to Mexico and Georgia. Crawford, a Democrat, was elected agriculture commissioner in 1990.

Crawford, like many others involved in the probe, said he had been told while in the Legislature that he didn't have to report free trips because they were not technically considered gifts at the time.

"That was an error. I will pay a fine of \$500," he said.

Each of the two counts is punishable by a maximum fine of \$500 and up to 60 days in jail. Meggs has offered to allow those charged to plead no contest and pay fines based on the number of trips taken and not reported each year.

Depending on the year, it was a second-degree misdemeanor not to report "contributions" made by lobbyists and others worth more than \$25 or \$100. Meggs has defined trips as fitting the contribution definition.

Also charged Tuesday was Sen. Jim Scott, R-Fort Lauderdale.

The other two current public officials charged Tuesday were Sen. George Kirkpatrick, D-Gainesville, and Rep. Dennis L. Jones, R-Treasure Island.

Mom claims child abuse, loses custody

Associated Press

FREEHOLD, N.J. — A Monmouth County woman who went to jail rather than turn her children over to their father has lost her custody battle.

Superior Court Judge Paul F. Chalet ruled Tuesday that he saw no reason to interfere with a 1990 Florida court order granting Gary Daniels custody of his two sons, Gary Daniels II, 6, and Cody, 3, Daniels' attorney, Michael R. Rubino Jr. said.

The children's mother, Kathy McCann, 38, had placed the children in hiding in April, when her husband came to New Jersey. Florida court order in hand, to get his sons.

Miss McCann claimed Daniels, 36, had sexually and physically abused the boys. Chalet sent Miss McCann to the Monmouth County Jail, ruling she would stay there until she told the court where the children were, or the police found the children.

Four days later, Miss McCann agreed to tell the court where her children were, pending a review of her allegations.

Chalet said Tuesday that he could find no evidence that Daniels had abused the boys, Rubino said.

The state Division of Youth and Family Services has been caring for the children for the past six days.

Miss McCann said she wasn't even allowed to see her children Tuesday before Daniels left with the boys for his home in Delray Beach, Fla., the Asbury Park Press reported.



Essay winner honored

Rebecca Bolton, 18, Sanford, accepts a certificate of appreciation and a scholarship from David Brown, past district deputy grand master of the 15th Masonic District for winning the Sanford Lodge No. 62 of Free and Accepted Masons essay contest entitled "What America Means to Me" and for winning the statewide essay contest.

Herold Photo by Tommy Vincent

Palm Beach 4th in buying power

Associated Press

GAINESVILLE — Florida's most elite area, Palm Beach County, ranks fourth in average buying power, behind residents of Sarasota, Martin and Collier counties, a University of Florida study shows.

Palm Beach County is still the highest in per capita income among the state's 67 counties, but when adjusted for cost of

living, it drops to fourth, according to the latest report on income and buying power by the Bureau of Economic and Business Research at the University of Florida.

The report combines findings by the U.S. Department of Commerce on 1989 annual per capita income for counties, and from the Florida Price Level Index prepared each year by the

Governor's Office of Planning and Budgeting, used to equitably distribute state funds to local school districts.

Janet Galvez, a UF associate in business research who prepared the bureau's report, said this is the first year these statistics have been combined, resulting in a more authentic picture of income and buying power in the state.

VA dentist tests positive for AIDS virus

Associated Press

OAKLAND PARK, Fla. — Federal officials are reviewing thousands of records so they can send letters to patients of a dentist at a Veterans Administration outpatient clinic who has tested positive for the AIDS virus.

"He came to us and told us," said James Priddles, assistant director of the Department of Veteran's Affairs' Miami Medical Center, which oversees the Oakland Park Outpatient Clinic.

Priddles said the dentist admitted Tuesday he had tested

positive for AIDS.

Federal officials refused to reveal the name of the practitioner, the third dentist in South Florida known to have tested positive for HIV.

Citing privacy laws, the officials also refused to say when he did his last "invasive procedure" in which skin is cut, such as a tooth extraction.

Officials also declined to say how many patients he has treated or how long he has worked at the clinic.

However, one veteran, who did not want his name used, told the Sun-Sentinel in Fort Lauderdale

for today's editions that he was told by a clinic staff member that the staff is reviewing "between 3,000 and 5,000 records."

Priddles told the Sun-Sentinel the dentist would continue working at the clinic, although he wouldn't be allowed to provide direct patient care. Instead, he will do paperwork and review X-rays.

Under Florida law, doctors and dentists infected with HIV cannot be prohibited from practicing.

The VA said it would provide free HIV tests for the patients and counseling for them and

their families.

The dentist's patients should not panic, according to Phil Weintraub, a spokesman for the American Dental Association in Chicago.

"As long as a dentist follows infection-control procedures and uses universal precautions such as gloves and eyewear, the risk of transmission is infinitesimal," said Weintraub.

The federal Centers for Disease Control in Atlanta said a patient's risk of catching the virus from a health-care worker ranges from 1 in 263,158 to 1 in 2.6 million.

LOTTERY

MIAMI — Here are the winning numbers selected Tuesday in the Florida Lottery Cash 3: 2-6-8



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THE WEATHER

LOCAL

Today: Mostly cloudy with a 70 percent chance of showers and thunderstorms. Some thunderstorms with strong wind and heavy rain. High near 80. Wind southwest 10 to 15 mph.

Tonight: Partly cloudy with a chance of showers and thunderstorms. Low in the lower to mid 70s. Wind becoming northeast 10 mph. Rain chance 40 percent.

Thursday: Mostly cloudy with a 50 percent chance of thunderstorms. High in the mid to upper 80s. Wind Northeast 15-20 mph.

FLORIDA TIDES

Not available

STATISTICS

WEDNESDAY
Maly Cldy 88-88

THURSDAY
Maly Cldy 88-88

FRIDAY
Cloudy 87-87

SATURDAY
Cloudy 88-88

SUNDAY
Maly Cldy 88-88

THURSDAY:
SOLUNAR TABLE: Min. 12:35 a.m., 12:50 p.m.; Maj. 6:40 a.m., 7:00 p.m. TIDES: Daytona Beach: highs, 1:29 a.m., 2:13 p.m.; lows, 7:57 a.m., 8:34 p.m.; New Smyrna Beach: highs, 1:34 a.m., 2:18 p.m.; lows, 8:02 a.m., 8:39 p.m.; Cocoa Beach: highs, 1:49 a.m., 2:33 p.m.; lows, 8:17 a.m., 8:54 p.m.

BEACH CONDITIONS

Daytona Beach: Waves are 1/2 foot and glassy. Current is slightly to the south with a water temperature of 81 degrees.

New Smyrna Beach: Waves are 1/2 foot and glassy. Current is slightly to the south, with a water temperature of 81 degrees.

STATISTICS

The high temperature in Sanford Tuesday was 92 degrees and the overnight low was 69 as reported by the University of Florida Agricultural Research and Education Center, Celery Avenue.

Recorded rainfall for the period, ending at 9 a.m. Wednesday, totalled .37 of an inch.

The temperature at 9 a.m. today was 77 degrees and Wednesday's overnight low was 71, as recorded by the National Weather Service at the Orlando International Airport.

Other Weather Service data:
Tuesday's high.....91
Barometric pressure.....29.84
Relative Humidity.....85 pct
Winds.....Southwest 7 mph
Rainfall......22 of an in.
Today's sunset.....8:20 p.m.
Tomorrow's sunrise.....8:27

BOATING

St. Augustine to Jupiter Inlet Small craft exercise caution.

Tonight: Wind northeast 15 to 20 knots. Seas 4 to 6 feet. Bay and inland waters choppy. Scattered showers and thunderstorms.

Thursday: Wind northeast to east 15 to 20 knots except 25 knots north of Cape Canaveral. Seas 5 to 7 feet except 6 to 9 feet north of Cape Canaveral.

TEMPERATURES

Temperatures indicate previous day's high and overnight low to 8 p.m. EDT.

City	High	Low	Pre	Obs
Anchorage	54	46		cdy
Ashville	83	64	84	clr
Atlanta	72	72	65	clr
Atlantic City	82	68	71	clr
Baltimore	79	67		clr
Billings	72	53		clr
Birmingham	91	68	85	clr
Bismarck	74	58	56	cdy
Boise	62	47		clr
Boston	58	51	34	cdy
Burlington, Vt.	66	51		cdy
Charleston, S.C.	94	79		clr
Charleston, W. Va.	77	62	81	clr
Charlotte, N.C.	88	71	70	clr
Chicago	70	58	59	clr
Cleveland	68	58		clr
Concord, N.H.	68	54	85	cdy
Dallas Ft Worth	91	63		cdy
Denver	68	49		cdy
Des Moines	71	61	22	clr
Detroit	71	53		clr
Honolulu	88	71	83	clr
Indianapolis	75	61		clr
Jackson, Miss.	94	72		cdy
Kansas City	88	66		cdy
Las Vegas	96	71		clr
Little Rock	91	73		cdy
Los Angeles	74	57		cdy
Louisville	84	71		clr
Memphis	94	72		clr
Minneapolis	68	52		clr
Mpls St Paul	70	59		clr
Nashville	92	75	80	clr
New Orleans	92	75	85	cdy
New York City	76	59	100	cdy
Oklahoma City	88	61		cdy
Omaha	82	68		cdy
Philadelphia	77	64	25	cdy
Phoenix	103	75		cdy
Pittsburgh	72	58		cdy
Portland, Ore.	66	43	81	clr
St Louis	88	73	81	clr
Salt Lake City	82	67		cdy
Seattle	63	42		cdy
Washington, D.C.	79	69		clr

BRIEFS

Tip brings arrest of pair

SANFORD — Two Sanford men were arrested Monday following a tip. Sanford police report receiving a tip that two men in a blue and white car parking in the parking lot of Winn-Dixie on French Avenue may have cocaine. Police report finding marijuana in the car. Following a search of the clothing of one man, they found five packets of cocaine, according to police.

Arrested were Willie Melton Jarrel, 19, 1023 W. 12th St., and Virgil Eugene DeBose, 26, of the same address. Jarrel was charged with possession of cocaine and possession with intent to distribute cocaine. Both were taken to the Seminole County jail on \$5,000 bond.

Midway man identified as suspect

MIDWAY — An Oviedo woman reported she was choked and robbed on Sipes Avenue early Tuesday morning.

The woman said she was driving on the road at midnight when a suspect and several other men approached her car and offered to sell her drugs. When she refused, the woman said the suspect, a Midway man, grabbed her throat and choked her. The woman said when he removed his hands, the suspect pulled a necklace and charm from her neck.

An investigation was continuing.

Police say man tried to elude arrest

SANFORD — A Sanford man was arrested Monday afternoon after a Sanford policeman reported he tried to elude arrest.

Mark Patrick McAdams, 21, 300 Sorada Rd., was arrested after a police officer reported seeing him speeding on 25th Street and failed to stop.

DUI charged

LAKE MARY — Bernard Carl Greene, 41, 2106 Summerlin Ave., Sanford, was arrested for drunken driving Monday after a Lake Mary policeman reported seeing him speeding and crossing over the centerline of Rinehart Road.

Warrant arrests

The following people have been arrested for outstanding warrants:

• Karla Marsh Daniels, 25, 714 S. Sanford Ave., Sanford, was arrested on Seventh Street by Sanford police for violation of probation for a cocaine purchase conviction.

• Joseph Miller Jr., 28, 2525 Greenway St., Sanford, was taken into custody when he arrived at a court hearing at the John E. Polk Correctional Facility. Miller was wanted for violation of probation for a 1990 conviction for sale of a controlled substance.

• Daryl Craig Tate, 32, 1313 W. 13th St., Sanford, was arrested Monday following a disturbance at a William Clark Court apartment. Sanford police found he was wanted for failure to appear at a court hearing this year.

Tourism symposium deadline

Ticket sales for Friday event end

Today is the final day in which to purchase tickets for the Tourism Symposium sponsored by the Greater Sanford Chamber of Commerce.

The event will begin at 11:30 a.m. this Friday at the Sanford Civic Center.

The featured guest speaker will be State Representative Alzo Reddick, chairman of the Florida House Tourism Committee. Other guest speakers include Seminole County Tourist Development Council Director, Jack Wert; Grand Romance President Nancy Yuronis; Central Florida Regional Airport Director Steve Cook; and Auto Train Manager John Lombardi.

Tickets for the symposium are available at the Chamber for \$10 per person and includes a lunch buffet beginning at 11:30. Deadline for the tickets is the close of business this afternoon. Chamber members as well as non-members are invited to attend.



Rotarians honor teacher

Jeanne Guppy, Seminole County's Teacher of the Year, is honored by Sanford Rotarians at their breakfast meeting this morning. Rotary

president Les Owen, right, presents a plaque to Guppy (center). Terry Rabun (right) is Guppy's principal at Wilson Elementary, Sanford.

Harold Photo by Tommy Vincent

Study shows evidence of human nerve regeneration

By CATHERINE WILSON
Associated Press Writer

MIAMI — Researchers seeking a cure for paralysis presented evidence today that with help, damaged human nerve fibers from the central nervous system can regenerate.

Scientists at The Miami Project to Cure Paralysis said they were able to regenerate injured fibers from the eye's retinal ganglion cells in a special culture.

"Finding that it is possible to positively influence regeneration of adult human nerve cells is critical to the development of treatment strategies aimed at repairing the damaged spinal cord," said Dr. Richard Bunge, Bunge, scientific director of

the Miami paralysis research group, worked on the study with Dr. James Hopkins of the National Eye Institute and a project fellow.

Their findings were published today in the June issue of the journal *Experimental Neurology*.

European researchers presented similar findings earlier this year in a competing research project. Previous studies have had success with laboratory animals, but failed to duplicate the results with human tissue.

Until these studies, people with spinal cord injuries were given no hope for recovery. But experts say the new findings could lead to applications to repair spinal cord injuries and neuro-degenerative disorders such as Alzheimer's disease.

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Timacuan County Club plans major expansion

By NICK PFEIFAU
Herald Staff Writer

LAKE MARY — Another step in Timacuan Country Club expansion plans will be considered Thursday night. The Lake Mary City Commission is to discuss a site plan request for improvements in the clubhouse area.

The present plans consist of two projects, an addition to be made to the existing clubhouse, and the creation of a pool, cabana and tennis courts in an area across the street from the clubhouse. Additional parking areas near the tennis courts are also to be constructed. The land for the pool and courts has previously been designated as a recreational tract.

Timacuan General Manager M.G. Orender said that if the measure is approved, construction will actually be in two phases. "The first will be the addition of a bar and grill area in the downstairs area of the existing clubhouse, primarily for use by golfers." He explained that often the regular restaurant area is in use for private meetings. "Also in the first step we'll add parking spaces on the opposite side of the street, four tennis courts and the cabana which will have rest rooms and

other facilities. We will spend approximately \$400,000 on this first project," he added.

After the initial courts are built, the remainder of the project will be held up until a sufficient amount of financing becomes available through an increase in membership. Once the additional money is available, two additional tennis courts, a spa, and a junior olympic size swimming pool will be added. Orender said that would not begin until sometime in the future.

Since its initial opening in 1987, it has grown to a present membership of 270. Of that number, 214 are considered as full lifetime members. The latter will automatically become members of the tennis social club or any other addition made by the club in the future.

Approval of the expansion is being recommended by the city staff. Lake Mary's Planning and Zoning Board voted unanimously in favor of the project at its May 14 meeting, with two conditions. Additional sewer capacity must be obtained prior to issuance of a building permit, and a 5 foot sidewalk will have to be constructed in the immediate area near the pool and tennis courts, on the east side of Timacuan Boulevard.

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EDITORIALS

Competition

The Baby Bells — regional phone companies created by the break-up of American Telephone & Telegraph — face the prospect of serious competition for the first time following a Federal Communications Commission ruling. The federal agency declared the Baby Bells must permit rival telephone companies to plug directly into their local networks.

The ruling has the potential of transforming local phone service throughout the country.

At the moment, a handful of companies dominates the nascent local telecommunications industry. Ultimately, these firms hope to gain an advantage over the Baby Bells by offering users state-of-the-art wire transmission over high-speed fiber optic lines.

Already, upstart phone companies have begun wiring many of the major cities around the country. New York-based Teleport Communications Group Inc., for instance, has laid fiber in sections of at least a half-dozen major cities, including Los Angeles and San Francisco. And Metropolitan Fiber Systems of Oak Brook Terrace, Ill., has wired nearly a dozen cities since 1988, including New York and Chicago.

The benefits to consumers of increased competition in local phone service are apparent from results thus far when the regional phone monopolies have been challenged. When Metropolitan Fiber enters a new city, it typically offers customers rates that are 10 percent to 20 percent lower than those charged by the local phone company for similar service.

When Teleport signs on new commercial and corporate customers, it offers them substantial savings by providing a fiber-optic link to their long distance carrier without the expensive access charges assessed by local companies.

The point of the FCC ruling was not to bash the Baby Bells. But the fact is that the regional phone companies are able to charge customers above-market prices for phone service because they enjoy local monopolies. The FCC simply is trying to open local phone service to competition. If that occurs, consumers would benefit from higher quality service and lower monthly bills.

LETTERS

May Day Ball coverage fine

We cannot thank you enough for all your help in the success of our recent MAY DAY BALL. Especially that of Doris Dietrich's informing of the public of the upcoming event with all the details of what they could anticipate that evening. And for the coverage and attendance of your Lacy Domen at the event. Her glowing account would cause people to regret their non-attendance, and those who did, recall the evening.

Without your news coverage the charities and worthwhile projects in town could not function. We are very aware of that fact because the money we find is necessary to even come close to our goal is staggering, and you ease our burden greatly.

We sincerely appreciate the help of the Herald in fighting the #1 killer of the people.

Emy Gates Bill, Chairman,
 MAY DAY BALL
 American Cancer Society
 Sanford

Seniors coverage prominent

Thank you so very much for sending Sandy Elliott and Tommy to cover our Senior Prom Dinner and Dance on May 4. We enjoyed having them.

On behalf of the RSVP Board of Directors, RSVP Advisory Council, RSVP volunteers and the RSVP staff, we extend our appreciation to you for your constant support of RSVP.

Larlyn Swanson
 Director
 Retired Senior Volunteer Program
 Sanford

Berry's World



"You'll have to excuse me now. I want to make some 1-800 phone sex calls."

BEN WATTENBERG

Un-disuniting of the United States

As Congress debates the 1991-civil-rights-bill, a 4-4-a-quotas bill we should ask a potentially ominous question: Is America splitting apart?

Arthur Schlesinger Jr.'s "The Disuniting of America" (White) expresses the fear in muscular language. He says that "unscrupulous hucksters whose claim to speak for minorities is thoughtlessly accepted by the media..." could push America into a "quarantined splinter of cohesiveness, divisions and tribes" that exist "cultural and linguistic apartheid."

Schlesinger's concerns are shared by many others. Liberals and conservatives. There are indeed enough signs to cause apprehension:

- The congressional debate has revealed the ugly practice of "race-norming," where test scores for hiring are managed to yield quotas;
- Some Latinos preach bilinguism;
- Cynical Republicans, allegedly anti-quotas, are joining minorities to encourage congressional redistricting to codify the idea that only blacks and Hispanics will win certain seats — with whites most likely to capture the rest.

- Campus life smacks of pungent separatism. Dincah D'Souza's "Illiberal Education" (The Free Press) cogently documents the struggles about proportional admissions, curriculum changes, trashing Western culture and the glorification of self-segregation — all serving a "politically

correct" ideology that boasts of Americans not as individuals, but as centrifugal groups.

The argument is terse, and useful, but only if understood for what it is: a highlighting of a potential threat to long-term American well-being. "Potential" — no more than that.

For powerful forces are pulling Americans together.

Blacks, by the millions, are moving to suburbs, joining the American mainstream. Although blacks are still less likely to live there than whites, the 1970-90 black suburban growth rate went up three times faster than the white rate. Not unrelated, blacks have moved into better jobs, where they now work alongside whites.



Powerful forces are pulling Americans together.

What about black "self-segregation" campus? Little noted, in the last generation, black high school dropout rates went down by almost half, while the rate of blacks going to college went up by half.

One reason there was little ethnic or racial tension on American campuses in earlier times was that there were so few minorities around. There weren't many Hispanics or Asians in America, let alone in college. Of the few blacks in college, many of those were in all-black schools, separated.

Now Americans of every background are on the same campuses. And we are told it isn't working perfectly.

Perhaps not. But while those "unscrupulous hucksters" are saying "separate," large numbers of young Americans are doing something different: marrying each other. European-descended Catholics, Protestants and Jews now routinely intermarry — not the case a few decades ago. Inter-marriage rates of Asian-Americans and Hispanics have doubled (to about one in three). The black rate is very low, but climbing rapidly.

Self-appointed Chicano spokespersons preach bilinguism, but recent data show Latinos assimilating English more rapidly than earlier immigrants.

JACK ANDERSON

Poland struggles with church, state

WARSAW — The founding fathers of Poland's revolution are in the throes of replaying one of the epic events in the American Revolution — the drafting of a constitution — and are finding the passions as hot now as they were in Philadelphia 200 years ago.

The dispute centers on an age-old American constitutional question: separation of church and state. Somewhere between his peasant proverbs and humorous homilies, Polish President Lech Walesa told us he favored separation of the two institutions but will oppose codifying it in the constitution expected to be completed this fall.

Already, political leaders are drawing battle lines: Leftist parties are objecting to Catholic intrusion into Polish political life. The scheduled visit of Pope John Paul II, a native Pole, is expected to fuel the controversy.

Critics, such as the eloquent Jacek Kuron, a longtime Walesa adviser and former minister of labor, believe that the church should not be imposed on the people. As in the United States, abortion looms as a litmus test issue; Kuron and others have been appalled that the Walesa government was ready to make it illegal without first holding a national referendum. Poland's vice minister of health, who wanted all birth control methods including condoms made illegal, represented that country's pro-life movement. Poles identify themselves as Roman Catholic overwhelmingly. During the Communist years, the church embodied both nationalism and anti-communism.

Walesa carries the balancing scales of church and state on his shoulders, and unconvincingly argues that the conflict exists outside Poland only. Pressed on the question, Walesa finally took this approach — that it wasn't necessary to include religion in law. He explained:

"Legislation will not resolve matters of conscience. You would get just the opposite effect. Our church will not do anything which would be imposed, and which would lose them support."

For his own personal life, he leaves little room for question. Walesa was quick to note that he remains a devout Catholic as president, even more so now as he reaches out for spiritual aid. "I've got a priest here in Belvedere (Palace) and I feel very good about it. How many foolish things would I have done if he had not been here," he said. "Because I am reminded: 'Oh, Jesus, God looks at me.' And even when I do it under the table, I know that God sees it. And, therefore, I don't do it."

Walesa's deeds provide more detail to his hazy pronouncements. When he chose the first non-Communist prime minister of Poland in 1989 there were three finalists. One was Kuron, and one was Bronislaw Geremek, who is described as the "James Madison" of the Polish constitutional process. But Polish sources believe it was the "Catholicness" of the third candidate, Tadeusz Mazowiecki, that won him the slot. Geremek is a non-practicing Jew and Kuron, falsely rumored to be Jewish, was simply deemed "not Catholic enough" for Walesa's and the church's support at the time.

Poles are intimately familiar with what happened the last time the Catholic Church enjoyed supremacy during pre-World War II days. Church leaders were irresponsible, reactionary and openly anti-Semitic in their nationalistic zeal. The Polish Primate at the time charged in one pastoral letter that Jews were "godless... subversives (who) are embezzlers and usurers and who engage in the white slave trade."



As in the United States, abortion looms as a litmus test issue.

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WHICH WOULD KEEP ME FROM GETTING A FOOTBALL SCHOLARSHIP

WHICH WOULD KEEP ME FROM GOING TO COLLEGE

WHICH WOULD KEEP ME FROM BEING A ROCKET SCIENTIST

THAT WOULD BE A TRAGEDY

ELLEN GOODMAN

Death and truth in advertising

BOSTON — The story began, like a typical American breakfast, with a bracing dose of orange juice. Back in April, the Food and Drug Administration seized a batch of o.j. saying that it carried a false label. Citrus Hill Fresh Choice wasn't "fresh," dear Breakfast Clubs and Wordsmiths, it was concentrated.

Having gotten the business folk to swallow that, the regulators went after cooking oil next. In May they told three manufacturers they couldn't put those cute little hearts and no-cholesterol signs on bottles of high-fat vegetable oil. The labels weren't exactly false, but they were misleading. They suggested that you could fry a path to good health.

These two moves sent a message that the regulators are back in the business of regulating. And that it isn't only linguists who are interested in the labels. Soon, we may be unraveling the mysteries of Low-fat, Low-salt, and Lite confusion that reign in the marketplace.

But there is still a missing entree in the regulatory menu. Every day 80 million Americans put something into their mouths that is exempt from the safety, health or truth-in-labeling laws that affect virtually every other product: Tobacco.

Tobacco remains the glaring renegade. It is the absolute outlaw on the American market. Consider, for example, NEXT cigarettes which are brazenly promoted for their "de-nicotined" tobacco. De-Nic has that nice de-caf ring about its name. It also has a mystery recipe of additives to give it that "rich flavor." But the maker doesn't say what they are or if they're bad for you.

In short, the makers of low-tar and low-nicotine cigarettes do precisely what the vegetable-oil folk did. They make an implied health claim in their ads. But they get away with it.

This has not escaped the anti-smoking coalition which has now petitioned both the FDA and the Federal Trade Commission to treat tobacco messages the way they treat orange juice or vegetable oil. Nobody dies after all from concentrated o.j.

"The FDA is in the process of defining low fat and low salt," says Scott Ballin of the American Heart Association. "At the same time we have cigarette companies making claims that their products are de-nicotine and low tar and nobody is setting standards."

The complaint about De-Nic and Lo-Tar is

just the filter-tip of the issue of course. Tobacco, the love child of politics, has been exempt from every federal health and safety act since the Surgeon General's first report on the dangers of smoking.

Today, as anti-smoking activist Greg Connolly says, we regulate cigarette lighters but not the cigarettes they light. We regulate the toxic agents in every household product except the one dangling from someone's lips.

By now, we just assume everyone knows what the tobacco companies deny: that smoking is addictive and lethal. There is an almost casually judgmental attitude toward people who are dumb or dependent enough to keep smoking. On the other side, those who want to regulate cigarettes and cigarette advertising are often regarded as closet prohibitionists.

But you don't have to be in favor of the futility — a tobacco ban — to believe that smokers should know what it is they're lighting up. What happens to the hundreds of additives and chemicals in tobacco products when they burn? How do they interact with each other? What are their health implications?

The tobacco people always defend their product by saying that it's legal. But if that's true it should be treated like every other legal product. It should be regulated.

If the government can define what's Lite, they can define what's Ultra-Lite. If ads for cholesterol-free oil make false safety claims, what about the ads for Merit Free? And how about the ads that associate Virginia with slimmness, and Camels with cartoons aimed at kids?

At the moment, there is one cigarette manufacturer who tells it like it is in smoking country. From California, we have a brand bearing its dire message in a neat black pack with a skull and crossbones. It's called "Death."

Now that's truth in advertising.



The labels weren't exactly false, but they were misleading.

Space to be explored without U.S.

By **Steve Haskins**
Associated Press Writer

WASHINGTON — European and Japanese space officials say they will go ahead with space exploration projects even if Congress scraps the multi-billion-dollar space station.

Executives of the European and Japanese space agencies told Congress on Tuesday that they were dismayed that the House Appropriations Commi-

tee slashed all of the proposed \$6 billion for Space Station Freedom from the 1993 fiscal budget.

The officials joined Bush administration witnesses in pleading for the station before the House Science, Space and Technology Committee. The 12-nation, \$40 billion program would put a manned space station in orbit by the end of the century.

National Aeronautics and

Space Administration Administrator Richard Truly warned the committee that halting the space station would jeopardize the agency's entire manned space effort.

"Our civil space program is the best in the world, and this issue is about turning away from that," he said.

The space station has strong bipartisan support on the space committee, but the appropriations panel on Monday voted to transfer the money to housing, veterans care and other domestic programs.

The space station project could be revived by the full House in a vote set for Thursday or later when the Senate takes up the appropriations measure. President Bush is expected to try to rescue it with his veto if necessary.

Space station supporters said they would seek to persuade the House to restore \$1.9 billion to the program and make up the rest when the Senate takes it up. The money would come from reducing other NASA programs in the new House bill by \$1.6 billion and by cutting proposed public housing subsidies by \$250 million.

Shuttle

Continued from Page 1A

Spanish, a pressurized laboratory module in Columbia's cargo bay that is reached by a tunnel.

O'Connor, pilot Sidney Gutierrez and Tamara Jernigan will take part in less rigorous tests.

The last in-depth medical testing of Americans in space occurred during the Skylab flights of 1973 and 1974. The exams conducted during Columbia's journey will be more comprehensive and sophisticated, scientists said.

NASA wants to know more about bodily changes in space so it can plan longer missions. A trip to Mars, for example, probably would last several years.

The jellyfish and rats will be

studied to learn more about the effects of weightlessness.

The four medical specialists have been training for the mission since 1984. The flight has slipped from the mid-1980s to 1990, then to May and now June. The 1986 Challenger disaster caused the delay to 1990, and last year's shuttle fuel leaks pushed the mission into May.

NASA halted the first countdown May 21, a day before scheduled liftoff, because of faulty computer components and fuel temperature sensors. A bad navigational unit ended the second countdown less than an hour before Saturday's planned launch.

The faulty components were replaced.



Mayor Bettye Smith hosted two proclamations Tuesday. The first declaring June 1991 as All Volunteer Army Reserve and Army National Guard Day, and the second proclaiming June as All Volunteer Army Month. Receiving the pro-

clamations were, (left to right) Sgt. Jorge Rivera, Army recruiter in Sanford, Sgt. 1st Class Robert Varney, station commander of Sanford's recruiting office, and Capt. Michael Lovitt, Commander of Orlando's recruiting office.

Parade

Continued from Page 1A

The general will also be the featured speaker following the picnic, to be held at the American Legion Post 55.

During his military career, Lenhardt has earned many service medals and citations including the Legion of Merit, the Bronze Star Medal, Meritorious Service Medal with 2 Oak Leaf

Clusters, the Purple Heart and the Vietnamese Cross of Gallantry.

The parade will begin at 10 a.m. Saturday June 15, at the Sanford Plaza (J.C. Penny) just north of Airport Boulevard, then head east on Airport Boulevard to Sanford Avenue. It will then go north, past the American

Legion building to 27th Street, and west on 27th to the Pinecrest School. Parking will be available at the Zayre Plaza, Sanford Plaza and Pinecrest School. Shuttle buses will be running from the parade area to the parking lots as well as to the American Legion Hall, before as well as after the parade.

Butterflies

Continued from Page 1A

butterflies. We only watch them in the sanctuary," Wimblich said.

Wimblich said a new fact the students learned is to vary the diet of the different species to ensure they live a healthy 10 days.

"Put apples, raisins and beer in a blender, blend it and spread it on a tree branch. Butterflies are attracted to smell," she said.

"We can use Miller Lite for less calories," Snell jokingly said.

Leafing through a nature magazine, Carrie Kefauver, said, although she is most intrigued with nature's mistakes, such as the two-headed snake pictured in her magazine, there are many things about the fitting butterfly she enjoys learning.

"I like the colors and the scales on the wings. Most of all, they fly. I have always wanted to jump off a rock and just fly like a butterfly," she said.

Rival

Continued from Page 1A

bomber, but New York has 6,000 tons of confetti. They both have Gen. H. Norman Schwarzkopf, but he isn't exactly scarce these days.

Even though the two parades will figuratively cover much of the same ground, each city insists its gala will be THE gala.

Hostilities flared after Harry N. Walters, president of the foundation behind the D.C. bash, denigrated the New York event as "a community parade" instead of a parade dedicated to soldiers, and suggested cynical New Yorkers would stay away in bunches.

The animosity spread to the families Grucci and Zambelli, who will do fireworks shows in New York and Washington, respectively. Behaving like the Hatfields and the McCoy's, the short-fused pyrotechnicians blasted one another over the quality of their shows.

The "mine's better" brouhaha

was capped when the Washington folks brazenly ran a full-page ad in The New York Times inviting folks from these parts to come south for "a day to remember."

New York parade spokesman Eric Andrus noted that the ad, by the Hotel Association of Washington, sounded eerily like — make that exactly the same as — the slogan of the parade up north: "A day to remember that will never be forgotten."

"We can say we're flattered if the imitation was meant as a sincere form of their feelings toward our public service campaign," said Andrus. "But no one does a t-shirt-tape parade like New York, no one else has the colorful flurry of confetti like New York."

"This is our unique tribute and welcome home."

New York's skycrapers prevent fly-overs and its streets are potholed enough without tanks rumbling down them.

EDUARDO ANGARITA

Eduardo Angarita, 36, 115 Channel Circle, Lake Mary, died Sunday at his residence. Born Aug. 3, 1954, in Bogota, Colombia, he moved to Lake Mary from there in 1979. He was a residential real estate salesman and a Catholic.

Survivors include parents, Jorge and Angela, Bogota; brothers, Jorge, Alfredo, Carlos, all of Bogota.

Gaines Funeral Home, Longwood, in charge of arrangements.

JEAN DETOMMASO

Jean Detommaso, 62, Beverly Avenue, Altamonte Springs, died Sunday at her residence. Born Jan. 11, 1929, in Brooklyn, N.Y., she moved to Altamonte Springs from New York in 1989. She was a homemaker and Jewish.

Survivors include sons, Leonard, Queens, N.Y., Frank, Altamonte Springs; brother, Jack Kassover, Brooklyn; five grandchildren.

Baldwin-Fairchild Funeral Home, Altamonte Springs, in charge of arrangements.

DONALD GROSSMAN

Donald Grossman, 64, 110 Huntwood Court, Longwood, died Tuesday at his residence. Born in Rochester, N.Y., he moved to Longwood from there in 1978. He was a telecommunications engineer and Jewish. He was an Army veteran and a member of the Elks Lodge.

Survivors include wife, Joan; sons, Robert, Bedford, Texas, Douglas, Casselberry; daughter, Sharon Prescott; Longwood; sister, Helene Shikrot, Minneapolis; four grandchildren.

Beth Shalom Memorial Chapel, Orlando, in charge of arrangements.

DEBRA LYNETTE MARSHALL

Debra Lynette Marshall, 35, 360 E. Fifth St., Chuluota, died Monday at South Seminole Community Hospital, Longwood. Born Dec. 21, 1955, in Warsaw, Ind., she moved to Chuluota from Greenbelt, Md., in 1987. She was a homemaker and a Protestant.

Survivors include husband, Arthur; sons, David Boswell, Jeremy, both of Chuluota; brothers, Michael Kinzie, Laurel,

Place, Sanford, died Monday at Central Florida Regional Hospital, Sanford. Born Feb. 7, 1907, in Sanford, he was a lifelong resident. He was a retired professor emeritus of horticulture at the University of Florida Central Florida Experiment Station, Sanford, and lifelong communicant of Holy Cross Episcopal Church, Sanford, and a deacon. He was a former county agricultural agent and a wholesale florist and grower. He was a member of Phi Kappa Phi Honorary Fraternity and the Kappa Alpha Fraternity. He was an Army veteran of World War I.

Survivors include daughter, Jane Grange, Tampa, Dorothy Beckes, Waukegan, Ill.; sister, Elizabeth Gallant, Sanford; seven grandchildren; five great-grandchildren.

Gaines Funeral Home, Longwood, in charge of arrangements.

MARY ESTELLA PAULDO

Mary Estella Pauldo, 75, 585 Doctor Drive, Oviedo, died Sunday at his residence. Born May 1, 1916, in Jeffersonville, Ga., she moved to Oviedo in 1952 from Sanford. She was a homemaker and a member of Kingdom of Jehovah's Witnesses.

Survivors include sons, Willie James, Walter Leroy, both of Oviedo, Freddie Louis, Saak, Canada; daughters, Bessie Louise Daniels, Oviedo; brothers, Shep Lindsey, James Lindsey, Macon, Ga.; sisters, Marie Fudge, Oviedo, Martha Thomas, Lois Blash, Eva Anderson, Bessie Jones, Mammie Hall, all of Macon, Ga.; Phoebe Fuller, Cincinnati, Ohio; 27 grandchildren; 13 great-grandchildren.

Wilson-Eichelberger Mortuary, Inc., Sanford, in charge of arrangements.

JOSEPH ROSS

Joseph Ross, 43, 641 Newton St., Oviedo, died Monday at his residence. Born Oct. 14, 1947, in Sanford, he moved to Oviedo from there in 1985. He was a swimming pool construction worker and a Baptist.

Survivors include wife, Shirley; sons, Joseph L., Bryant B., both of Orlando; daughter, Tabitha Denise Fluker, Orlando; mother, Jeretha, Oviedo; brother, John H. Jr., Oviedo; five grandchildren.

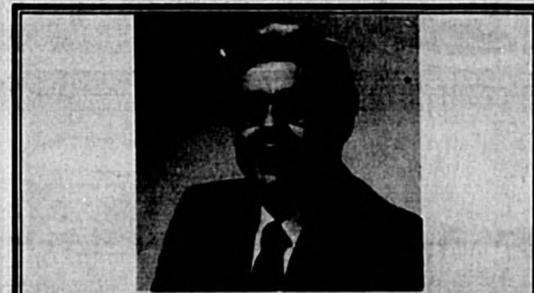
Mitchell's Funeral Home, Orlando, in charge of arrangements.

REV. BENJAMIN F. WHITNER

Rev. Benjamin F. Whitner, 94, 200 W. Airport Blvd., Howell

Whitner, age 94, of 200 W. Airport Blvd., Sanford, who died Monday, will be held at 11 a.m. Friday at the Holy Cross Episcopal Church with Father Jack Hesterfield officiating. Private interment will follow in Evergreen Cemetery.

Gaines Funeral Home, 128 Dag Track Rd., Longwood, in charge of arrangements.



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Community support

Rotary Club of Sanford President Dr. James Quinn, top right, recently dispensed checks to worthy causes chosen by the club. Scott Wyse, top left, accepts \$100 in behalf of the Rachel Pace Therapeutic Riding Academy as Ann Freeman accepts \$200 for the Home School Reading Connection from Idyllwild Elementary School. Left: Ned Julian, co-chairman of Project Graduation at Seminole High School, accepts \$250 toward the event. Right: Dee Dee Shaffner, director of Seminole County Dividend Volunteers, accepts a \$150 check.



Herald Photos by Tommy Vincent

Feds say it's safe to eat, but no one wants irradiated food

By **SHANE BUSTON**
Associated Press Writer

WASHINGTON — Sam Whitney is betting \$10 million that consumers are worried more about salmonella on raw chicken and bugs on fruit than they are gamma rays.

In August, Whitney plans to open the first U.S. company devoted solely to irradiating food, a process that uses gamma rays beamed from radioactive isotopes to kill bugs and bacteria.

It's a method the federal government says is effective and perfectly safe, but is used virtually nowhere in the United States, mostly because opponents threaten to boycott any company selling irradiated food.

"The general public still equates radiation and irradiation. They think they are going to glow in the dark," said Michael Hunt, production manager for J.R. Brooks and Son, Inc. of Homestead, Fla., the nation's largest mango grower, who doesn't irradiate his fruit, but is interested in the technology because it kills fruit flies.

He's right: Irradiation does not make food radioactive.

Here's how it works. Food moves on a conveyor belt through a sealed chamber where it is bombarded by rays produced by cobalt-60 or cesium-137. Quick exposure to what amounts to a superstrong X-ray breaks chemical bonds that lead to decay and sustain tiny parasites.

The cobalt-60 comes from a Canadian firm and the cesium-137 is a waste product of the nuclear weapons industry for which the Department of Energy has been trying to find new uses.

Another method of producing the rays is with a linear accelerator, which doesn't need radioactive materials and, if found effective, would likely eliminate opposition to irradiation based strictly on concern about handling of the isotopes.

The process is used to sterilize medical supplies, which is where the 20 or so independent irradiation companies in the United States get most of their business. The federal government allows spices, pork, grains, fruit and vegetables to be ir-

The general public still equates radiation and irradiation. They think they are going to glow in the dark.

-Michael Hunt

physician who founded Food and Water, Inc., five years ago to fight food irradiation, said more research is needed about its effects on humans.

"We've stopped them all, except for Vindicator, and we'll get Vindicator, too," said Bernstein. "The food industry would sell anything if it sells, but this is not going to sell."

Whitney disagrees, saying consumers will welcome the chance to buy produce free of bugs and poultry without salmonella or other food poisoning bacteria.

Federal law said irradiated food must be stamped with a special label.

"We want it stamped big," said Whitney. "Why would we go to all this trouble to make it safe and not put a label on it? Why would we spend \$10 million?"

radiated and is finalizing rules specifying how it should be used for poultry.

Of those, spices are virtually the only food irradiated in this country.

Whitney, president of Vindicator Inc. in Plant City, Fla., calls the people who oppose food irradiation "a bunch of kooks" and counters their concerns by saying "fear is the easiest thing in the world to spread."

But Dr. Walter Bernstein, a

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PUBLIC NOTICE OF VOTING ASSISTANCE for Elderly and Handicapped SEMINOLE COUNTY, FLORIDA

VOTING AIDS AVAILABLE

In an effort to accommodate the elderly and handicapped voters in Seminole County, the following aids are available for their use:

LARGE PRINT INSTRUCTIONS FOR VOTING AT THE POLLS
(Space for Telecommunication Device if your County has Purchased one)

VOTING ASSISTANCE AVAILABLE

97.061, FLORIDA STATUTES, reads:

Any person who is otherwise eligible to register but who is unable to read or write or who, because of some disability likely to continue for a prolonged period of time, needs assistance in voting shall...be registered..... and shall be entitled to receive assistance at the polls....

101.051, FLORIDA STATUTES, reads:

Any elector applying to vote in any election who requires assistance to vote by reason of blindness, disability or inability to read or write may request the assistance of two election officials or some other person of his own choice, other than his employer, an agent of his employer, or an officer or agent of his union, to assist him in casting his vote. SECTION 208 of the VOTING RIGHTS ACT OF 1965 (42 U.S.C. 1973aa-6) read in its entirety:

Any voter who requires assistance to vote by reason of blindness, disability, or inability, to read or write may be given assistance by a person of the voter's choice, other than the voter's employer or agent of that employer or officer or agent of the voter's union.

ABSENTEE BALLOTS AVAILABLE

Any registered voter who is unable to attend the polling place without another's assistance may vote by requesting an absentee ballot from the Supervisor of Elections' office. This request may be made in person, in writing, or by telephone.

Name: Sandra S. Goard
Supervisor of Elections
Address: 1101 E. 1st Street
Sanford, FL 32771
Telephone: 321-1130, Ext. 7709

THIS PUBLIC NOTICE IS BEING PUBLISHED PURSUANT TO THE VOTING ACCESSIBILITY FOR THE ELDERLY AND HANDICAPPED ACT OF 1984 (PUBLIC LAW 98-435)

Name: Sandra S. Goard
SUPERVISOR OF ELECTIONS

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9.97 Ea.

Floating cartridge stabilizers. Long-lasting chlorine protection. 4 lb. *Net wt.

Available at all stores in the Metro Orlando area.

Summertime environmental fun

By **ROSE POMPANO**
Herald Staff Writer

The Seminole County Environmental Studies Center will be holding summer environmental education programs this year. They are being offered to students having completed grades three through eight.

The program is financed through a grant from the Florida Advisory Council on Environmental Education, and is sponsored by the Seminole County School Board. The headquarters for the activities will be the Environmental Studies Center on C.R. 419, Ocoy Trail.

The programs will be separated into two age groups. For students having finished third, fourth or fifth grades, it is the "Summer Celebration", a study of the environment. The classes will consist of field trips and experiences, and hands-on activities that include animals, plants, habitats, water, air, solar energy, recycling

and environmental arts. Enrollment in this group is limited to 30 per session.

For those completing the sixth through eighth grades the program is called "Environmental Investigation." This includes investigations and studies during field trips, and the use of computers to compile and analyze the data to be used for science fair projects. Enrollment is limited to 20 per session.

There are three sessions scheduled, the first beginning June 17, the second on July 1 with no sessions on the 4th, and the final one set to begin July 15. They will be conducted Monday through Thursday from 8 a.m. until 1:15 p.m.

The field trips, consisting of travel by school bus to Rock Lake Middle School Computer Lab, the Seminole County Landfill, and other sites, will be paid for through the grant money. All other transportation to and from the center must be provided by parents.

Orientation for the middle school Summer

Environment program will be June 12, and for the elementary school Summer Celebration on June 13 from 6 to 7 p.m. at the Seminole County Environmental Studies Center.

Most students have already been advised of the program through their schools, and have had an opportunity to enroll. For others, applications may be obtained from the assistant principal at the elementary and middle school office, and must be returned to Mindy Alexander at the school board office as soon as possible. The original deadline for applicants was this afternoon, but it has been extended for a short period. Students must be recommended by their teacher and/or principal. Applicants being accepted will be notified by the selection committee. Any student having completed the third through eighth grade in Seminole County schools may apply.

For further details, contact Mindy Alexander at the Seminole County School Board office, 323-1252, ext. 303.

Mental gymnastics exercised at camp

By **VICKI BOYER**
Herald Staff Writer

SANFORD — Summer is the time for youngsters to do a lot of running and jumping and swimming. But what about exercising their minds?

Students in fourth through ninth grade will have the opportunity to perform mental gymnastics at the Seminole County school district's Math Camp beginning July 1.

The camp, which will be held at Longwood Elementary School, 840 Orange Ave. in Longwood, will run through July 18 from 8 a.m. through 1 p.m.

In addition to teaching basic mathematical skills, the camp will focus on using the computer to solve problems of a mathematical nature as well as to teach thinking skills.

According to Clem Boyer, coordinator of mathematics, the student involved in the camp will be learning how to think critically and to solve problems based on those skills.

The theme of the camp will be relating math and thinking skills to the environment.

Students will have the opportunity to study local environmental issues, based on actual data collected in Seminole County, and devise solutions based on the data or manipulations of that data.

Organizers hope to show how math can be used in "real life" situations.

The daily schedule for the camp will include large group instruction, calculator and computer instruction and individual and hands-on experiences.

To qualify for the camp, students have to have an "A" or a "B" average in all subject areas.

With the application, which are available at all Seminole County schools and at the district offices, students are required to submit a short paragraph which details why they want to attend the camp.

The deadline for the Math Camp is rapidly approaching. Students must turn in the application by Monday, June 10.

"It promises to be fun," Boyer said. "The students will learn a lot, though they might not realize they're learning."

Democratic bill headed for passage

By **STEVEN KORNAROW**
Associated Press Writer

WASHINGTON — A Democratic civil rights bill is headed for House passage despite a veto threat from President Bush, following a biting debate that centered on the politics of race as much as on the measure itself.

"This is a shame and a disgrace that in 1991 we're still debating whether we should protect our fellow American citizens from discrimination," said Rep. John Lewis, D-Ga., an organizer of sit-ins and freedom rides in the civil rights movement of the 1960s.

But Rep. Henry Hyde, R-Ill., led the Republican contention that the Democrats' legislation would force employers to use hiring quotas to avoid lawsuits. "This bill codifies racial preferences ... a quantum leap back from Martin Luther King's dream," he said.

After a Bush alternative and a liberal plan were defeated Tuesday, the Democratic proposal was cleared for House passage today. Both sides watched for how close it would get to 288 votes, the two-thirds majority that would be needed to override a veto.

The Senate has not acted on its version of the legislation. If a House-Senate compromise eventually emerges — and congressional leaders expect it will this year — the veto showdown would not come until that final version cleared both houses and was sent to the White House.

The House bill is designed primarily to overcome a series of 1989 Supreme Court rulings that have made it more difficult for minorities to win job discrimination suits.

It also would change job discrimination laws to expand the rights of women, religious minorities and the disabled to collect monetary damages if they are victims.

Although the Democratic bill specifically prohibits the use of quotas, Bush and his aides say the sum total of the bill's provisions would lead to de facto quotas being used by employers as a defense against potentially costly law suits.

"This is presidential politics 1992, the opening salvo by the White House to exploit those ... issues like Willie Horton," the black rapist featured in Bush campaign ads in 1988, said Rep. Bill Richardson, D-N.M. "Even if this was the Quota Abolition Act, the White House would still call it a quota bill."

But Republicans said they and the president were looking at the practical effect of the bill, that besides encouraging the use of at least tacit quotas it would promote racial court confrontation instead of racial conciliation.

"Long, drawn-out court battles ... (are) not a good solution," said Rep. Susan Molinari, R-N.Y.

House Republicans were overwhelmingly with Bush. But

his alternative, which civil rights advocates said was too limited a response to the court decisions, was beaten, 288-182.

The House also rejected, 277-182, the most sweeping of three proposals before the House. It was backed by the Congressional Black Caucus and by women's groups, in part

because it would allow unlimited damage awards in discrimination cases.

Even before the final House vote, some in the Senate were seeking to avoid continuing the rancor. A group of moderate Republicans announced their plan to offer a compromise.

"It's important to extricate the

racial question from partisan politics," said Sen. John Danforth, R-Mo., the chief sponsor.

While his party deputies pushed hard to reach the veto-override threshold, House Speaker Thomas S. Foley, D-Wash., cautioned against reading too much into today's vote.

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Clos Du Bois	750 ML.	7.49
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Mon Elean	750 ML.	4.99
Beringer	750 ML.	13.99

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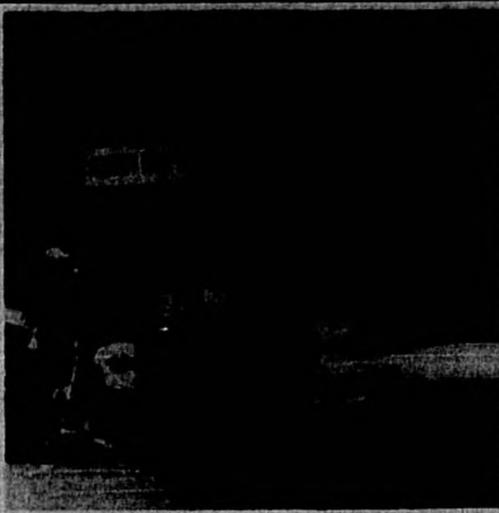
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CORRECTION

Seminole County School Board Auction ad appearing in the Sanford Herald on May 31 and the Herald Advertiser on June 6 contained an error. The Radio Tower listed is NOT for auction. We regret any inconvenience this may have caused.



Shifting scenes

Herald Photo by Tommy Vincent

The scene shifted yesterday to the S. Magnolia Avenue area of downtown Sanford, where film crews continued production of the motion picture 'Bad to the Bone.' The filming of the motorcycling adventure movie takes place in the vicinity of Palmetto and First Street today and tomorrow. Filming is to continue locally for several more weeks.

Sheriff's candidate details his platform

By J. MARK BANFIELD
Herald Staff Writer

SANFORD — Sheriff's candidate Harvey Morse announced his campaign platform for the 1992 election this week, saying he didn't want to get beat on his ideas.

Morse proposes to use retiree volunteers to help with routine office tasks, hire more handicapped to perform non-emergency tasks and establish a south Seminole County substation for the public using donated shopping center space. He also proposes to establish the DARE drug-awareness program in elementary schools and begin a citizens complaint van to circulate through the county.

"When you become vocal about your platform, someone may pick it up and say it was their idea," said Morse.

Morse, 46, is one of two Republicans seeking the office held by Sheriff Dan Kallinger. Kallinger was appointed to replace former sheriff John Polk who retired in poor health last year. Morse is president of Morse Security Group Inc., a private investigations firm.

Also seeking the Republican nomination for sheriff is former Seminole County Deputy Larry Conniff. Conniff lost the nomination to Polk in 1988.

Considering a Democratic bid for the office is David Locker, an investigator for the Orange County State Attorney's Office.

Morse suggests hiring more handicapped people to answer telephones, dispatch deputies and take complaints from the public.

"There are many functions a

handicapped person can perform based on their ability," Morse said. "I think we can do more to give them jobs."

Morse also suggests using more senior volunteers to help with filing and telephone work. Such volunteers may be used to replace a paid staff person if a vacancy arises, Morse said, saving tax dollars.

"It will be good for the county and good for them," Morse said. "It will give them something to do and look forward to."

Morse also proposes to establish the DARE drug program for children in Seminole County schools. Last year, Seminole County commissioners refused to grant money for the program, but urged school resources officers to provide more drug awareness training in schools.

Morse said he is speaking with several individuals seeking possible locations for a south Seminole County sheriff's substation.

"Now, someone in south Seminole County has to drive up 17-92, find Airport Boulevard and then try to find the sheriff's administration building," Morse said. "We could have an office in a high-profile location on 436, 434 or 17-92 where people could come to make complaints without driving up there."

Morse said the office could eventually be used for a substation for deputies assigned to south Seminole County areas.

Morse also suggests equipping a mobile complaint and information van to circulate through the county to give the public local complaint filing and information services.

CBS reruns win losing war

By DEBORAH HASTINGS
AP Television Writer

LOS ANGELES — CBS won the latest ratings battle, but networks continued to lose viewers during the summer re-run season.

For the second consecutive week, ratings released by the A.C. Nielsen Co. were in the single digits. According to figures released Tuesday, CBS finished first with a 9.6 average. Each ratings point represents

931,000 homes.

ABC was second with 9.4, NBC, hampered by lackluster ratings for its broadcasts of two National Basketball Association Conference finals games, was third with a 9 average. It failed to place any shows in the top 10.

The back-to-back CBS Monday night comedies "Murphy Brown" and "Designing Women" tied for fifth. ABC's "20-20" newsmagazine was seventh. CBS' reality drama "Rescue 911" was eighth.

Postmaster enters wage fracas

By RALPH BARR
AP Labor Writer

WASHINGTON — Postmaster General Anthony Frank said Tuesday that the postal system, already reeling from a \$400 million shortfall caused by the recession and higher postal rates, can't afford to pass steep wage increases demanded by unions on to its customers.

But a union leader charged that Frank's last-minute appearance before a special arbitration panel was meant to "intimidate" the board and generate "media hype."

Postal officials and union leaders representing some 500,000 postal clerks and letter carriers made final appeals to a binding arbitration panel established last fall after the two sides failed to negotiate a new contract on their own.

The panel is expected to settle wage and work rule disputes within the next few weeks.

Wages are a key issue. The Postal Service had offered workers cash bonuses of \$650 over the next two years, but no general wage increases. There would be additional performance-based bonuses of up to \$1,100

a year if certain customer satisfaction and budget goals were met.

Unions, seeking a three-year contract, had asked for 8 percent pay increases the first year and 7 percent raises the next two years. Letter carriers and clerks now make between \$24,000 and \$31,500 a year, plus an additional \$8,500 in benefits.

At Tuesday's hearing, Frank told the five-member panel that unions have been demanding pay increases that would threaten the survival of the postal service by forcing the price of stamps up to as high as 50 cents.

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5.99
Super K-Gro lawn and garden feeder with 1-lb. FREE plant food. A must for every gardener! net weight

Pkg. 8.97
Scotts Turf Builder W/S greens grass quickly and safely. Covers up to 5000 sq. ft. Savings! Rotary Spreader (70987) EN-2, 24.88

Your Choice 8.88
Ortho insecticides for soil and turf. Choose Diazinon or Dursban in 10-lb.-net-wt. package. Value!

3 Pkgs. \$10
Wild bird seed with 5% sunflower seed. A tasty treat for feathered friends. Colorful 20-lb.-net-wt. pkg.

1.29 Your Choice
Hyponex, Topsoil or Compost Plus peat mix. 40-lb.-net-wt. bag.

6.99
Milorganite organic lawn fertilizer. 40-lb. Diazinon* 12.99 net weight bag * 1 gallon

2 Pkgs. \$7
Kmart fertilizer 8-8-8. Greens fast. Excellent for shrubs, trees, garden. 40-lb. net weight bag

2 Pkgs. \$10
Vigoro plant food. Formulas for flowers or general use. 20-lb. net weight package

3 Pkgs. \$10
Vigoro plant food. Vegetable, palm, citrus/avocado. 20-lb. net weight package

3.33 Pkg.
Super K-Gro fire ant killer. Fast, effective formula. 4-lb. package. Fire Ant Killer* 6.67 net weight

17.99 Bag
Lawn Restore turns problem lawns into lush turf. 25-lb. bag. net weight

4.99
Compost maker for grass clippings. Handy! (630) (net weight bag) *10 lb. net weight bag

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Sports

INSIDE:
People, Page 4B
Classified, Page 6B
Comics, Page 5B

B

IN BRIEF

Dodgers win again

ORLANDO — Brad Rigby, Eric Birtle and Matt Fair scattered eight hits as the Altamonte Springs Dodgers defeated the Matland Braves 6-1 in a Central Florida Baseball League game at the Orlando Sports Complex.

Rigby started and allowed two hits and no runs before being replaced by Birtle in the fifth. Birtle got the win allowing three hits and no runs in his four innings. Fair worked the ninth giving up one run on three hits.

The Dodgers improved to 3-4 with the win and will play the Texaco Stars Friday. The Stars are a team made up of former Lyman players.

Doing the offensive damage for the Dodgers were Aaron Istarola (3-5, triple, two runs, RBI), Tom Fleener (2-3, RBI), Mike Schmidt (2-4, triple, run, two RBIs), Bo Bowen (1-2, two RBIs), Rob Reich (1-2, run), Bobby Mauro (1-1), Craig Corbett (1-4, RBI) and Shane Stuffed (two runs).

Ex-Lyman and SCC star Dale Stevens was 2-4 for the Braves while ex-Seminole high player James Joyce threw out three runners attempting to steal.

MLB EXPANSION

Recommendations next week

NEW YORK — The National League expansion committee will reveal its recommendation to other owners next Wednesday, just before the major leagues vote on the two new teams, Philadelphia Phillies president Bill Giles said.

Giles, one of the expansion committee's four members, said Tuesday the recommendation would be made to the major league ownership committee at a meeting in Santa Monica, Calif., approximately six hours before the leagues meet to debate and vote on expansion.

Commissioner Fay Vincent said Monday he expected major league owners would accept the expansion committee's recommendation. Nine of 12 votes are needed in the NL and eight of 14 votes are needed in the American League.

PRO BASEBALL

Mitchell top vote getter

NEW YORK — Outfielders Kevin Mitchell of San Francisco and Darryl Strawberry of Los Angeles, both nursing injuries, were separated by just 3,750 votes in early balloting for the National League All-Star team.

Mitchell, expected to be out four weeks after arthroscopic knee surgery, had 279,411 votes in the first count. Strawberry, who underwent an MRI on his tender left shoulder this week, has received 275,661.

The other position leaders are San Diego catcher Benito Santiago (335,409), San Francisco first baseman Will Clark (335,611), Chicago second baseman Ryne Sandberg (457,163), St. Louis shortstop Ozzie Smith (209,696) and Cincinnati third baseman Chris Sabo (230,064).

The 62nd All-Star Game will be played Tuesday, July 9, in Toronto.

COLLEGE BASEBALL

Gators alive in CWS

OMAHA, Neb. — John Burke won the battle of All-American pitchers on Tuesday as his Florida Gators provided just enough help in a 2-1 victory over Fresno State and Bobby Jones in an elimination game at the College World Series.

The loss sent No. 8 Fresno State home with a 42-23 record. Florida (51-20) meets No. 4 Louisiana State (53-18) in one of Wednesday's semifinals.

Burke (9-5) allowed seven hits over six innings. The right-hander struck out seven and walked one.

Rob Bonanno pitched two innings before John Pricer collected his 12th save with a scoreless ninth.

The Gators, who averaged fewer than three runs for Burke in his last 15 starts, scored twice in the top of the sixth when Brent Kilen's double followed singles by Ted Rich and Dave Majecki.

Jones (16-2), Collegiate Baseball's player of the year, went the distance for the 18th time in 20 starts.

PRO FOOTBALL

Dolphins' No. 1 pick hurt

MIAMI — The Dolphins' No. 1 draft pick, wide receiver Randal Hill, pulled a hamstring during a 40-yard sprint Tuesday and will sit out for the rest of the week, the team announced.

Hill and the Dolphins will know more Wednesday, after team doctor Dan Kanell and University of Miami team doctor John Uribe examine him.

Compiled from wire and staff reports.

BEST BETS ON TV

BASKETBALL
9 p.m. — WESH 2, NBA Finals, Game 2, Los Angeles Lakers at Chicago Bulls, (L)

Complete listing on Page 2B

Hawks soar to Division I

25 Lake Howell athletes agree to college grants



Marquette Smith

By BOBBIE STOKK
Herald Correspondent

CABELBERRY — For the garnet and gold, their lucky colors were silver and blue.

In one of the most intense recruiting battles ever seen for a Seminole County athlete, the Florida State Seminoles signed All-American and Gatorade National Player of the Year, Marquette Smith. Smith, who finished second on the state's all-time rushing list, chose FSU over several other schools, including Clemson and the University of Florida.

But Smith isn't the only athlete from Lake Howell to receive an athletic scholarship. In fact, a total of 25 former Silver Hawks will suit up next season for a college, including a school-record nine football players who could possibly see action at the Division I level.

From Lake Howell's dominant defense the past two seasons, linebacker Thomas Dempa, hard-hitting cornerback Frank Sales, and defensive lineman Ken Spearman all received Division I scholarships. Dempa will travel to the PAC-10 and play for the University of Arizona while Sales heads to Austin Peay and Spearman for West Point,

where he will see action for Army.

Offensively, quarterback Ryan Thomas will pack his bags for Louisiana, where he'll try to power the Green Wave offense of Tulane University. And one of the primary reasons for the success of Thomas and Smith has been the play of offensive lineman Adam Toth, who hopes to help running backs grind out more yardage for Kentucky Wesleyan next year.

Also receiving football scholarships was Joe Smith (Eastern Kentucky), Kolby Brown (The Citadel), Scott Mackintosh (Central Missouri), and Chris Hennie-Roed (North Carolina State). Three Lake Howell players, Jeff Davis, Scott Golden, and Greg Rigby, will all suit up for Lambuth College in Tennessee next fall.

"It just was an exceptional year to start out with for football," said Lake Howell Athletic Director Harry Drivas. "The numbers (of scholarships) may not be much different, but the numbers are by far the most for a Division I level."

From the girl's basketball squad, four players received scholarships, including Elizabeth Mills, who will attend Flagler University. Quia Hawkins and Cathdra Winston will

See Silverhawks, Page 2B

Leaders win blowouts, Kinco claims wild one

From Staff Reports

SANFORD — The Sanford Recreation Department Tuesday Men's Softball League at Chase Park saw a couple of blowouts and one wild and crazy game.

State Market Restaurant (8-0) remained undefeated by cruising to a 9-0 victory over the Regulators (3-3).

Leading the way for State Market Restaurant were Mike Laubert (triple, single, two runs), Bill Gracey, Tolly Franks and Nic Brady (two singles and one run each), Chris Davin (double, two runs), Tom Gracey, Jim Smith and Mark Dowell (one single and one run each) and Dan Gracey and Don Anderson (one single each).

Contributing for the Regulators were Bob Keefe (two singles) and Jeff Futrell, Frank Randolph and Jeff Kruger (one single each).

Beer :30 (5-1) broke open a 5-2 game with four runs in the top of the sixth inning and three more in the seventh to win going away 12-2 over Kokomo Recyclers (1-5) to

Beer:30	104	001	3	-	12	10		
Kokomo Recyclers	101	000	0	-	2	7		
Regulators	000	000	0	-	0	5		
State Market Restaurant	220	110	2	-	1	14		
Kinco	24100	011	5	-	20	50		
Monroe Harbour Marina	0	1	2	116	7	-	10	17

remain only one game out of first place.

Beer :30 was led by Dave Kraf (double, three singles, two runs), Jack Hearne (three singles), Robert Kerr and Will Bland (one triple, one single and two runs each), Tom Bledsoe (double, single, run), Steve Gray (single, two runs), Jeff Joyce and Alton Coleman (one single and one run each) and Chuck Rice (run).

Contributing for Kokomo Recyclers were Allen Peterson (triple, single, run), Erik Wae (two singles), Julio Galarza (triple, run) and Milton Smith and Jerry Herman (one single each).

Kinco (2-4) outlasted Monroe Harbour Marina (2-4) in a 20-18 slugfest in which both teams combined for 41 hits.



Howell Photo by Tommy Vincent

Steve Gray singled and scored two runs as Beer:30 crushed the Kokomo Recyclers 12-2 in Sanford Recreation Department Tuesday Night Spring/Summer Slowpitch Softball League action at Chase Park.

After Kinco took a 13-0 lead in the top of the second with a 10-run bombing, Monroe Harbour Marina tried to come back and scored 13 runs in the last two innings but fell

See Chase, Page 2B

Fred's Lawn Service rallies, takes over league top spot

From Staff Reports

SANFORD — Tuesday's Sanford Recreation Department Women's Softball League entertained the crowd at Pinchurst Park with three exciting and competitive games.

Fred's Lawn Service (5-2) took over sole possession of first place by rallying from a 8-0 deficit with a nine-run explosion in the bottom of the fifth inning and three runs in the bottom of the seventh en route to a 12-11 victory over Greenleaf Landscaping (4-3).

Fred's Lawn Service 19-hit attack was led by Rose Wynn (four singles, run), Edith Chester (three singles, two runs), Joe Sanders (two singles, two runs), Marie Bryant and Pat Brown (two singles and one run each), Niccy Wheeler (two singles), Teresa Dees, Tammy Bailey, Wanda Davis and Candice Grooms (one single and one run each) and Lisa Thompson (run).

Contributing to the Greenleaf 19-hit attack were Sue Mangham (four singles, two runs), Shelly Harley (triple, double, single, three runs), Cherie Peterson (triple, two singles, two runs), Paula Songer and Gwen Killingsworth (two singles each), Annette Brown (home run), Lannie Monhollen, Antonia Burns and Jill Kovack (one single and one run each) and Michelle Cooke (single).

Intergalactic (4-3) broke open a 4-4 game in the bottom of the fifth inning

Beer:30	020	000	3	-	9	10
Bikini Beach	121	000	2	-	11	20
Harcar	110	110	2	-	4	12
Intergalactic	000	201	2	-	9	11
Greenleaf Landscaping	000	220	3	-	11	10
Fred's Lawn Service	020	000	3	-	12	10

See Women, Page 2B

Red Sox clinch American title, earn spot in LML City Playoffs

From Staff Reports

SANFORD — Britt Counts and Antonio White each belted a home run to lead the K & D Trailer Sales Red Sox to a 10-3 victory over the Rinker Materials Dodgers Tuesday evening in the Sanford Recreation Department Little Major League action at Roy Holler Field.

With that victory, the Red Sox (9-2) clinch the American League Pennant advance to the city championship playoffs while the Dodgers drop to 3-8.

Leading the way for the Red Sox were Britt Counts (home run, two singles, two runs), Antonio White (home run, two singles), Bart Counts (two singles, run), Donald White (double, run), Terrance Perkins (single, run), and Trelis Smith.

Rinker Materials Dodgers	003	000	3	-	4	
K & D Trailer Sales Red Sox	020	200	2	-	10	
First Union A's	012	000	0	-	6	5
Sunland Pirates	220	000	1	-	7	8

Contributing for the Dodgers were Chad Sheffield and Gerald Bishop (one double, one single and one run each), J. J. Bryant and Alfred Harris (one single each) and Lorenzo Robinson (run).

Larnell Fayson hit a game-winning home run in the bottom of the seventh inning to lift the Sunland Pirates (6-6) to a 7-6 victory over the First Union A's (6-6).

Leading the Way for the Pirates were

See Majors, Page 2B

GLOBAL RADIAL

SIZE	SALE PRICE
P1800R13	\$22.00
P1800R15	\$24.00
P1800R17	\$26.00
P1800R19	\$28.00
P1800R21	\$30.00
P1800R23	\$32.00
P1800R25	\$34.00
P1800R27	\$36.00
P1800R29	\$38.00
P1800R31	\$40.00

LEMAN'S STEEL RADIALS

SIZE	SALE PRICE
1800R13	\$27.00
1800R15	\$29.00
1800R17	\$31.00
1800R19	\$33.00
1800R21	\$35.00
1800R23	\$37.00
1800R25	\$39.00
1800R27	\$41.00
1800R29	\$43.00
1800R31	\$45.00

A/C RECHARGE \$14.95
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EXHAUST \$149.95
Catalytic Converter Installed

FRONT END ALIGNMENT \$16.95
SHOCKS

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MUFFLERS \$32.95
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Includes oil, pads & washers
4 Cyl. 8 Cyl. 8 Cyl.
\$34.95 \$44.95 \$54.95

People

IN BRIEF

GED tests to be given

The GED Tests, leading to a Florida high school diploma, will be offered at Seminole Community College on June 24, 25, 26. Eligibility for taking the tests must be completed by June 13. GED Test Orientation will be held on June 19, 11 a.m., and June 20, 4 p.m. and 5 p.m. Students qualified to take the tests are encouraged to attend this class on "How to Take and Pass the GED Tests."

For more information on the free GED study program, call Seminole Community College at 333-1480 and ask for the GED office.

Help work some magic

Items are needed for a benefit yard sale to be held at LaFite's Bar, June 8, 9 a.m. until the last customer goes home. Entertainment includes K9's Ron Byson and Big Red. Proceeds will go toward a heart transplant for Sanford resident Nancy Dukes.

Summer art classes to begin

Creative School of Art, a not-for-profit art organization, announces registration for summer art classes beginning the week of June 17.

An Open House is scheduled for Friday, June 7, from 6 to 7:30 p.m. at 600 St. Andrews Blvd. (off Aloma) in Winter Park.

Creative has classes in painting, drawing, photography, ceramics, sculpture, jewelry making and others.

Besides Creative's summer ArtCamp for children age 5 through 13, a new teen program has been added offering age appropriate classes in the major studio classes.

For further information on any of the above, call Creative Monday through Friday, 9 a.m. to 5 p.m. at 671-1886.

SHAR formed for cancer patients

Support, Hope, and Recovery (SHAR), a self-support group for cancer patients, meets every Wednesday at 5:00 p.m., at 1621 W. First St., Sanford. For information, call Mary Lynne Gray, 323-8374 or 323-7785.

Al-Anon to gather

Peace of Mind, an Al-Anon group for friends and family of substance abusers, will meet each Wednesday, 8-9 p.m. at the Good Shepherd Lutheran Church, 2017 Orlando Ave., Sanford, between J.C. Penneys and Bryan Honda on 17-82. Call Sue at 321-7424 for more information.

Seniors step out

If you are over 50, you are invited to attend the Over 50 Dance Club dance held every Wednesday, 2:30 - 4:30 p.m. at the Sanford Civic Center. Live music by the DeTonians 11-piece band. Donation \$1.50.

Chemical dependence talks free

Quest Counseling Centre/Young Recovery sponsors chemical dependence lectures free to the public each Wednesday from 7-8:30 p.m. at 771-B South St., Suite 200, Altamonte Springs. For more information, call 331-7188.

He's living his dream: to cook

By JIMMY BIRD
Herald Correspondent

Christopher Lawless, our Cook of the Week, is a young man (29) with vision and a dream.

His dream started when he was just 12 years old and worked in his father's pizza business. His dad owned three Tom's Pizzeria and Lawless helped prepare and cook there. His vision formed as he worked and he knew that one day he would own his own restaurant.

"My father was a great cook. He could do anything with an omelette. He makes the greatest omelette I've ever eaten. I learned the basics of cooking from my mother who is a fantastic cook and my older sisters who are also excellent cooks. I think it runs in the family," he said as he chuckled. "I love it."

When Lawless was 19, he had the opportunity to work and learn the fine art of French cuisine by French chefs near Cannes, south of France on the Riviera. The opportunity came from a family friend who owned two restaurants there.

"There are seasons on the French Riviera where in season it's business and then everyone leaves and there is no business or very little going on. Our friend closed one restaurant and concentrated on the other one where I worked and learned."

Lawless said the job lasted about five months and then he took some time to tour Europe before he returned to the states. For the next five years Lawless learned the stock investing business while he secretly refined recipes as he knew that one day he would be in the food service business. While earning a living in the stock market and putting money aside for the day that he would own his own restaurant, his recipe collection and his creative innovations grew, and his dream lived on.

Today, Lawless has realized his dream at age 28.

"When you get into the restaurant business you have to enjoy what you are doing, I'm having a blast," he said with a shy grin.



Chris Lawless traded the stock market for the grocery market.

Herald Photo by Joan King

Lawless is the new and proud owner of Mac's Pub on First Street in Sanford.

CHRIS'S DOLPHIN (Simple Way)

1/4 cup garlic, minced
1/4 cup lemon juice
1/4 cup butter
1/4 cup white wine (any Chablis)

Parley
Bring to boil above ingredients, remove from heat and cool in refrigerator.
Dolphin filets (as many as you need)

Spoon or brush sauce on filets. Broil or cook on barbecue or pan fry for 10 minutes per inch of thickness, cook fast.

ROAST BEEF (Mac's style)

15-19 lb. raw roast of beef
Worcestershire sauce
Black pepper
Garlic salt

Douse beef with Worcestershire sauce and cover.

with black pepper and garlic salt. Let sit at room temperature for three hours. Douse again and roast for 35 minutes in hot oven at 450° to seal in juices.

Remove from oven, douse again with Worcestershire sauce, reduce oven temperature to 325°. Return roast to oven uncovered for 3 1/2 hours.

Cut center of roast to check readiness.

"Some people like it well done and others like it rare and some even like it still kicking. This way should insure a pink center, well done ends and please the entire family," Lawless said.

CHICKEN CHEESE SUB

1 lb. chicken, diced
1 tsp. garlic

1 tsp. salt
1 tsp. parley
1 tsp. black pepper
1 tsp. butter
1 med. onion, diced
1 green pepper, diced
Mozzarella cheese
Lemon juice for pizzazz

Pan fry chicken and spices in butter until half done. Add veggies, continue cooking until done. Mix cheese into all and melt. Split and toast sub rolls and fill with mixture.

(Joan King is a Sanford Herald correspondent whose Cook of the Week features appear every Wednesday, 323-4717.)

Fresh fruit makes great ices, sorbets

By ALLEN CLARK
NEA Food Editor

Hot, humid days of summer are just around the corner.

Traditionally, as the temperature rises we all search for foods that offer refreshing relief. Especially palatable for a mid-day break or evening treat are icy, fresh-fruit sorbets.

Homemade ices or sorbets can be light and satisfying and a good way to take advantage of favorite fruits at their peak of ripeness.

Homemade versions are a way to control the calories, too. Sylvia Rowe, vice president of the Sugar Association, enjoys making fruit ices and sorbets, which she refers to as ideal low-fat summer desserts or snacks.

"They are refreshing and skinny in calories and are easy to make," says Rowe. "The secret to these frozen desserts is adding small amounts of sugar to stabilize fresh-fruit flavors and add body or the 'mouthfeel' of fat."

A cantaloupe sorbet and a watermelon ice are both light and thirst-quenching while a raspberry frozen yogurt is creamy and smooth. Serve these mouth-watering creations individually or use them to top a fruit plate. Freeze in an ice-cream maker or in a freezer container.

WATERMELON ICE

2 1/4 cups watermelon, seeded
3 tablespoons orange juice
2 tablespoons sugar

In a food processor or blender, thoroughly process all ingredients. Pour into the freezer can of an ice-cream maker. Freeze according to manufacturer's instructions.

Or to prepare without ice-cream maker, pour mixture into an 8-by-4 inch rectangular freezer container. Cover and freeze for 4 hours or until firm. For an even smoother texture, remove container from the freezer two or three times during freezing and blend mixture in a food processor or blender and return.

Before serving, let soften in refrigerator for 20 to 30 minutes. This kitchen-tested recipe makes 4 1/2-cup servings at 57 calories per serving, less than one gram fat.

CANTALOUPE SORBET

2 1/4 cups cantaloupe chunks
1/4 cup sugar
1 tablespoon lemon juice
1 cup 2-percent low-fat milk

In food processor or blender, combine first three ingredients. Process thoroughly until smooth. With processor running, gradually add milk. Pour into freezer can of an ice-cream maker. Freeze according to manufacturer's instructions.

Or to prepare without ice-cream maker, pour mixture into an 8-by-4 inch rectangular freezer container. Cover and freeze for 4 hours or until firm. For an even smoother texture, remove container from the freezer two or three times during freezing and blend mixture in a food processor or blender before returning to freezer.

Before serving, let soften in refrigerator for 20 to 30 minutes. This kitchen-tested recipe makes 6 1/2-cup servings at 79 calories per serving, one gram fat.

RASPBERRY FROZEN YOGURT

1 cup individual, frozen raspberries
1/2 cup peach non-fat yogurt
2 tablespoons sugar



WATERMELON, cantaloupe and raspberries make ideal summer ices and sorbets.

2 tablespoons pineapple juice
In a food processor or blender, blend frozen raspberries, yogurt, sugar, and juice until smooth. For a quick dessert serve immediately.

For a more frozen texture, place in an 8-by-4 inch rectangular freezer container and freeze for 4 hours or until frozen. This kitchen-tested recipe makes 4 1/2-cup servings at 118 calories per serving, less than one gram fat.

99c **Floyd Theatre**
FLORA TWIN
MAY 17-19 1991
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CLASS ACTION
FLORA TWIN
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1. Impaired judgment
2. Loss of coordination
3. Slowed reaction time
4. Decreased alertness
5. Reduced ability to hear and see
6. Loss of bladder control
7. Vomiting
8. Blackouts
9. Drowning

Sauces enhance the flavor, presentation of many foods

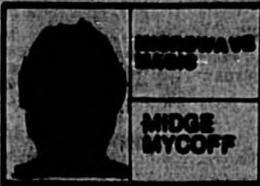
Sauces are incredibly easy to make in the microwave oven. Sauces that usually need to be constantly stirred and never left unattended on top of the stove are prepared with little effort in the microwave.

Sauces can enhance the flavor and the presentation of many foods. Vegetable sauces lend contrast and color without adding extra calories. Standard sauces are "musts" in everyone's recipe file. A dessert sauce can make simple desserts very special. A freshly cooked sauce can make the simplest dish special. Use ripe tomatoes when they can be found. This recipe goes well with pasta or as a pizza topping.

CHUNKY TOMATO SAUCE

3 Tbsp. olive oil
1 med. onion, coarsely chopped

3 garlic cloves, minced
3 pounds ripe tomatoes, chopped or 4 C. canned whole tomatoes, chopped
2 Tbsp. (fresh) chopped oregano or 2 tsp. dried oregano
3 Tbsp. chopped parsley
2 Tbsp. (fresh) chopped basil or 1 Tbsp. dried basil
1 Tbsp. (fresh) chopped thyme or 1/2 tsp. dried thyme
1/4 tsp. freshly ground black pepper
Salt to taste
In a 3-quart casserole, combine the oil, onion and garlic.



MIDGE MYCOFF

Microwave on 100% power for 3 to 4 minutes or until onion is tender. Stir in the tomatoes. Microwave on 100% power for 6 minutes or just until boiling. Add parsley, sugar, oregano, basil, thyme, and pepper, stirring well to combine. Microwave on 100% power, 5 to 10 minutes, or until sauce is thickened slightly. Let stand 5 minutes before serving. Adjust servings. Makes 6 cups.

Keep this dry mix handy. You'll never be without a white sauce when you need it. Curry powder, tarragon or dry mustard can be added for taste.
LOCAL WHITE SAUCE
MIX: 3 C. nonfat dry milk
1 C. unbleached white flour
Water
Salt to taste
In a small bowl, stir the dry milk and flour together until thoroughly combined. Store in an airtight container in a cool, dry place. In a 2-cup measure, whisk 1 cup water and 1/2 cup of

the sauce mix, together until smooth. Microwave on 100% power for 1 minute, for until sauce is thickened, stirring every 30 seconds. Add salt to taste. Makes 1 cup of sauce. Makes 3 cups of mix.

Serve this dessert sauce over fresh fruit, Stewed Date Pudding, or Pound Cake.

VANILLA SAUCE

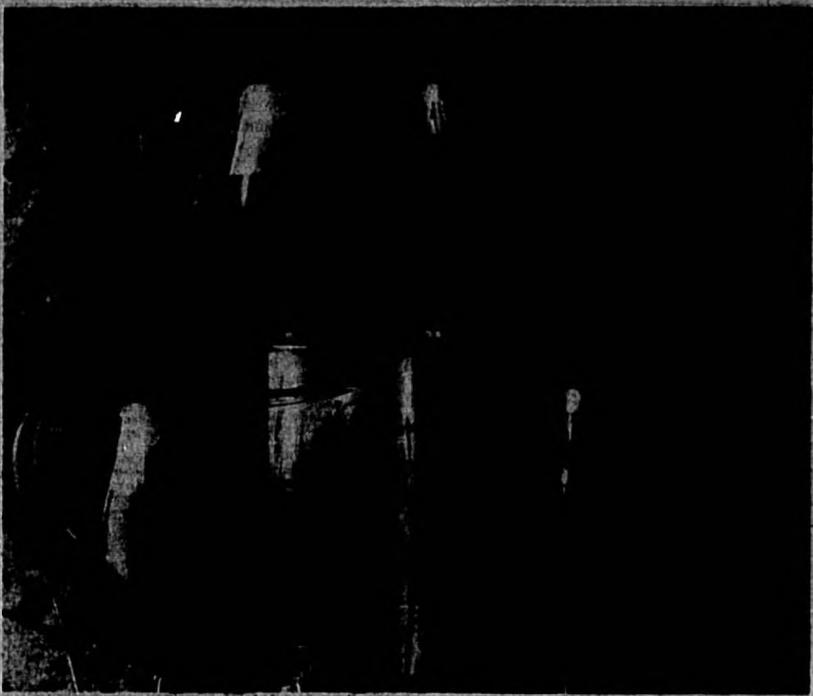
1 C. Half-and-Half or milk
3 egg yolks
1/4 C. sugar
1 tsp. vanilla
Pour the milk in a 4-cup glass measure. Microwave on 100% power for 1 1/2 to 2 minutes, or until heated through.

In a small bowl, whisk the egg yolks and sugar until blended. Gradually whisk in about 1/4 cup of the heated half-and-half to the egg yolk mixture, then return the yolk mixture to the remaining heated milk. Microwave on 50% power for 4 to 5 minutes, or until the mixture coats the back of a spoon, stirring 2 to 3 times. Stir in vanilla. Cool slightly. Serve warm or cover and refrigerate.

Old-fashioned Bread Pudding served with this lemon sauce is a favorite dessert at our house. It's good on gingerbread, too.

LEMON SAUCE

1/4 C. sugar
1/4 Tbsp. cornstarch
1 C. water



Vanilla Sauce, top, Chunky Tomato Sauce and Lemon Sauce make simple dishes special.

2 Tbsp. butter or margarine
2 Tbsp. lemon juice
1/2 tsp. grated lemon rind
Dash of salt
Combine sugar and cornstarch in a 4-cup glass measure. Stir in

water. Microwave on 100% power for 2 minutes, stirring twice. Blend in butter, grated lemon rind, lemon juice and salt. Microwave (100%) for 1 minute more to blend ingredients.

(Midge Mycoff is a certified home economist and coordinator of the Single Parent Displaced Homemakers Program at Sanford Community College. Phone: 337-1498, ext. 308.)

Modeling career beyond reach of teen

DEAR ABBY: My daughter, "Amy," is having a terrible time because although she is a beautiful girl, she's short. At 17, she's only 5 foot 1 inch, and she feels as though she is being left out of the modeling world because the agencies will not hire girls her size. She feels less than beautiful, and it is hurting her self-esteem.

Do you know of any modeling agency that will take a girl of Amy's petite size?

AMY'S CONCERNED MOTHER

DEAR MOTHER: Your daughter needs to know that beauty comes in all sizes, and there are careers other than modeling.

I spoke to Nina Blanchard, owner of one of the top modeling agencies in the country, and she agrees with Amy; there is no market in modeling for a girl who is 5 foot 1 inch. (Even "petite" models are 5 foot 4 to 5 foot 6.)

Blanchard said: "Tell Amy to dry her tears and learn to act because there is no height requirement in acting or commercials. And the rewards are just as good and sometimes better."

DEAR ABBY: Two years ago, my boyfriend beat me up. He said he was sorry, so I gave him another chance. The second time it happened, I made him move out. A week later, he came after me.

Fearing for my life, I ran outside, thinking I was safe with so many neighbors around. (I lived in a mobile home park.) I was wrong. Nobody helped me. He started beating on me.



ABIGAIL VAN BUREN

and I ran from trailer to trailer with him chasing me as I screamed at the top of my lungs. "Somebody, please call the police!" He caught me, knocked me to the ground and beat me unconscious. It was a summer day and everyone had the windows open. I was screaming so loud, I could have been heard a block away.

Abby, I wasn't asking people to risk their lives. I just wanted someone to pick up a phone and call the police. One neighbor even closed his door because my screams disturbed him! When I confronted him later, he said, "I didn't want to get involved."

I still have nightmares about that terrible experience — not the beating, but pleading for help while everyone looked the other way.

To make a long story short, I pressed charges against the man. He was put away for two years and ordered not to return to this community.

ILLUINOIS VICTIM

DEAR VICTIM: I would like to believe that people are basically good, but there is too much evidence to the contrary to accept that theory. What a sad commentary on the nature of mankind.

"Man's inhumanity to man makes countless thousands mourn!"

— Robert Burns, 1759-1796

DEAR ABBY: Our family has a problem that most families will eventually have to face. At what point do you sell the property, house and car of an elderly relative who is in a nursing home and will probably never get out?

My father-in-law had a stroke a year ago and has been in a nursing home ever since. Meanwhile, his house sits vacant and his car sits idle. None of his children live close enough to maintain the house and care for his car and they think both should be sold.

My husband, acting as power of attorney, has been paying all the bills and says his father's small life savings is being depleted. When his father was asked if his property, house and car should be sold, the answer was an emphatic, "No, let them sit!" My husband does not want his father to give up all hope for recovery and feels that if the assets are sold, his father will give up.

We need an outside opinion. Please rush your answer, Abby, as this is causing serious dissension among family members.

A DAUGHTER-IN-LAW

DEAR DAUGHTER-IN-LAW: Unless your father-in-law has been diagnosed as mentally incompetent, all decisions concerning the disposition of his property should be made by him. He specifically stated that the house and car should not be sold, so (to use his words), "Let them sit!"

Regard sandwich as canvas

By ALLEN CLAWNE
NEA Food Editor

The making of sandwiches has become an art form wherein the slightest bit of creativity can turn an ordinary lunch into a masterpiece — often as appealing to the eye as it is to the taste.

Contributing to this is the variety of breads, muffins and tortillas that are now available. Also, the wide range of spicy dressings and condiments out there — plus pickles, relishes, pickled peppers and saunas — make the sandwich much more than leftovers slapped together between slices of bland bread.

The sandwich, which has grown in popularity ever since it was introduced as a way for the Earl of Sandwich to avoid leaving the gaming table for meals, is an area ripe for experimentation. Overstuffed versions with unusual combinations of ingredients have become culinary classics, thanks to the inspiration of Blondie's comic-strip husband, Dagwood. Today, the sandwich offers a way to indulge in food fantasies. It's not uncommon to find folks who fancy onion, radish or tomato sandwiches with mayonnaise, mustard or butter.

Forever a favorite is the egg-salad sandwich. A spiced-up version including sour pickle, minced garlic, paprika and cayenne makes this sandwich far from being a ho-hum luncheon treat. Enjoy it with a favorite soup or a fruit salad topped with yogurt.



SEASONINGS and pickles add zest to an old-time favorite, the egg-salad sandwich.

CREOLE EGG-SALAD SANDWICH

8 slices bread 4 large eggs
1/2 cup mayonnaise
4 tablespoons celery, finely diced
2 tablespoons red onion, minced
1/4 cup sour pickle, finely chopped
1 clove garlic, minced
2 teaspoons paprika
1/2 teaspoon cayenne
1 1/2 teaspoons white wine vinegar
1 teaspoon lime or lemon juice
salt
bunch watercress
Place eggs in medium-sized saucepan. Cover with cold water and bring eggs to a boil. Turn off heat immediately and cover pan.

Let eggs sit in hot water 6 1/2 minutes (set timer). Pour off cooking water and run cold water over eggs until they have cooled.

In a medium-sized bowl, stir together mayonnaise, celery, onion, pickles and seasonings. Peel and chop eggs, add to mayonnaise mixture and season with salt to taste.

Break off smaller branches of watercress from thick stems and rinse. Dry thoroughly with paper towel. To assemble sandwiches, spread some egg-salad mixture on each slice of bread, add sprigs of watercress and put together. Cut in half to serve. This kitchen-tested recipe makes 4 sandwiches.

WEDNESDAY'S PRIME TIME

Channel	Time	Program	Channel	Time	Program	Channel	Time	Program
ABC	7:00	News	ABC	7:00	News	ABC	7:00	News
ABC	7:30	20/20	ABC	7:30	20/20	ABC	7:30	20/20
ABC	8:00	60 Minutes	ABC	8:00	60 Minutes	ABC	8:00	60 Minutes
ABC	8:30	News	ABC	8:30	News	ABC	8:30	News
ABC	9:00	World News	ABC	9:00	World News	ABC	9:00	World News
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BLONDIE



BETTY BAILEY



THE BORN LOSER



PEANUTS



EEK & MEEK



TUMBLEWEEDS



ARLO AND JANIS



FRANK AND ERNEST



GARFIELD



ROBOTMAN



Anxiety and stress can cause irritable bowel

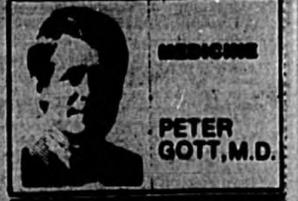
DEAR DR. GOTT: Please discuss irritable bowel, and advise if there is an information group available to the public.

DEAR READER: Irritable bowel is a harassing, annoying intestinal disturbance caused by anxiety and stress. Most patients experience diarrhea, bloating, gas, erratic evacuation, nausea, headache and fatigue. On occasion, patients may suffer from constipation and a sensation of incomplete evacuation.

Although the precise mechanism that triggers bowel symptoms is unknown, experts believe that periods of emotional upset stimulate intestinal contractions. This increased peristalsis moves food too rapidly through the gut, less water is absorbed and diarrhea results. In some instances, "spastic constipation" appears, when portions of the over-stimulated bowel seem to become partially paralyzed and fecal matter is trapped in the colon.

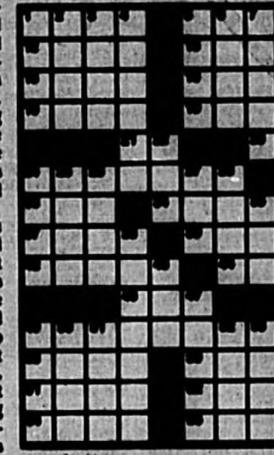
Before reassuring patients with irritable bowel that their symptoms are merely stress-related and will disappear, doctors have to make sure the altered bowel pattern is not caused by a disease, such as colitis or infection. Thus, physicians will often order a stool analysis and culture, a blood count and blood-chemistry analysis and a barium enema (special intestinal X-ray). Also, flexible sigmoidoscopy, during which the doctor examines the lower colon with a fiberoptic tube, is used to discover growths or areas of infection that could cause symptoms.

Once the patient has been judged free of any physical disease, the doctor can suggest treatment. This includes educating the patient about the benign nature of irritable bowel syndrome, altering the diet to avoid food such as spices that may aggravate the situation, suggesting a stool-bulking agent (such as Metamucil), considering stress counseling, and prescribing medicine (such as



Free copy of my Health Report "Irritable Bowel Syndrome."

- Answers to Previous Puzzles**
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By Phillip Alder
If you are playing in a suit contract and you hold a side-suit that needs establishing, it is often right to attack that suit immediately.

With that big hint, you might like to test yourself on today's deal. Cover the East-West cards with anything close to hand and decide upon your line of play in four spades. West having led the diamond king.

At the table, East wanted to bid over four spades, but the vulnerability was unfavorable. He decided that caution was the better part of bravery. The declarer thought it was an easy contract. He won the opening lead with the diamond ace, discarded dummy's diamond loser on the heart ace, and led a club. West played low, judging that declarer would play the suit differently if he held the club

in the dummy to run the club suit.

NORTH ♠-4-0
 ♠A992
 ♥...
 ♦...
 ♣J10642

WEST
 ♠J84
 ♥J982
 ♦KQ10
 ♣K5

EAST
 ♠...
 ♥KQ553
 ♦J7652
 ♣A7

SOUTH
 ♠K763
 ♥A764
 ♦A4
 ♣53

Vulnerable: East-West
 Dealer: South

South West North East
 10 4 4 10

Opening lead: ♠K

By Bernice Bode Cool
YOUR BIRTHDAY
June 7, 1991

You could be extremely lucky in dealing with groups, clubs or large corporations in the year ahead. Both social and material benefits are indicated.

GEMINI (May 21-June 20)
Don't look for gratification in material things today. The fulfillment you're seeking can be found either in warm camaraderie with friends or in other values that can't be measured. Get a jump on life by understanding the influences which are governing you in the year ahead. Send for Gemini's Astro-Graph predictions today by mailing \$1.25 plus a long, self-addressed, stamped envelope to Astro-Graph, c/o this newspaper, P.O. Box 91428, Cleveland, OH 44101-3428. Be sure to state your zodiac sign.

CANCER (June 21-July 22)
Your mate's ideas may not be as astute as yours in financial matters today. Be careful how you handle things, though: you want your partner's endorsement, not enmity.

LEO (July 23-Aug. 22)
If there is a special type of service you need performed at this time, see who your friends recommend for the job. Then check the references of this firm or individual.

VERGO (Aug. 23-Sept. 22)
If you have to make any changes that affect others as well as yourself today, be sure to alert everyone involved of your intentions. Surprises could backfire.

LIBRA (Sept. 23-Oct. 23)
Someone close to you may make a promise today that you know cannot possibly be kept. It's best not to make an issue of it; just be ready to forgive when this person falls.

SCORPIO (Oct. 24-Nov. 22)
Don't fritter away time and effort on things that can't contribute to your status or material well-being. You're in a cycle where opportunities are precious.

SAGITTARIUS (Nov. 23-Dec. 21)
Overall conditions look favorable today, with the exception of situations that are speculative. Be careful when operating in these areas.

CAPRICORN (Dec. 22-Jan. 19)
If your expectations are not

within reasonable bounds today, disappointment is possible. Be logical and realistic when making assessments.

AQUARIUS (Jan. 20-Feb. 19)
You're on the right track and things should work out as you envision, but your plans need time to mature and develop. Don't treat things that are still in the formative stage as finalized.

PISCES (Feb. 20-March 20)
You're still in a lucky trend where your finances and commercial interests are concerned. Be alert for opportunities and capitalize on them as they arise.

ARIES (March 21-April 19)
Success is likely today, provided you don't switch your objectives on impulse. Stick to your original game plan, even if things get a trifle uncertain.

TAURUS (April 20-May 20)
Your initial inclination today may be to get others to champion positions you espouse. However, you'll get much better results by doing what needs to be done on your own.

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by Leonard Starr

