

Sanford Herald

Serving Sanford, Lake Mary and Seminole County since 1908

87th Year, No. 277 - Sanford, Florida

NEWS DIGEST

INSIDE

Sports

Oviedo teams head west

EAST BAY — A four-team contingent from Oviedo is in East Bay (Tampa) this weekend for Little League Section 3 Tournaments. See Page 1B.

BRIEFS

Softball leagues forming

LONGWOOD — The City of Longwood Parks and Recreation Department softball league will be starting on Sept. 11. Games will be played Monday through Friday nights. There will be Mens C, two size ball coed and one small ball coed softball. Registration will be Aug. 8 at Candyland Park.

Any team interested in joining the league should call Sandy Lomax, 260-3447 or Lincoln 331-6974. Prices per team range from \$220 coed to \$290 mens for 10 weeks one night a week played at Candyland Park.

Election is ready

LAKE MARY — The Lake Mary City Commission took all the necessary steps Thursday night to prepare for the August 1 election. The commission approved establishing a canvassing board and determining compensation for the election board.

The election, only for Lake Mary citizens, will cover three separate bonding proposals which the city may enter to undertake major community improvement projects. The projects include paving and drainage, police department facility improvements, and community center work.

Net vets man

The U.S. Department of Veterans Affairs (VA) regional office in St. Petersburg has established a Minority Veterans Program Coordinator position. Jim Brown, a regional office employee since January 1991 has been named to fill the position.

Among other things he will be charged with maintaining contact with minority veterans organizations in the area, educating minority veterans and their families concerning benefits, and meeting with various organizations representing minority veterans for the purpose of providing information.

Brown may be contacted at the regular office by phoning 1-800-827-100.

Locally, the Veterans Service Office is located at 400 W. Airport Blvd. Veterans Service officers to contact are Bill Scally, or George Tingle, at 322-2724.

Christmas ideas now

SANFORD — If the weather outside is too frightfully hot to think about doing something out-of-doors, join the people who will be taking part in a special Christmas in July event tomorrow.

The Seminole County Extension Service and Seminole Community College will be offering a series of seminars designed to make your Christmas holidays happier, safer, more fun and less expensive.

The seminars, which will take place in the air conditioned auditorium at the Seminole County Extension offices, will include topics such as holiday decorations using natural Florida materials, family traditions, gifts from the kitchen, and healthy holiday cooking.

The event will take place from 8:30 a.m. until noon.

The cost is \$5 per person or \$20 per family. For more information, call 323-2500, ext. 5559.

Compiled from staff reports

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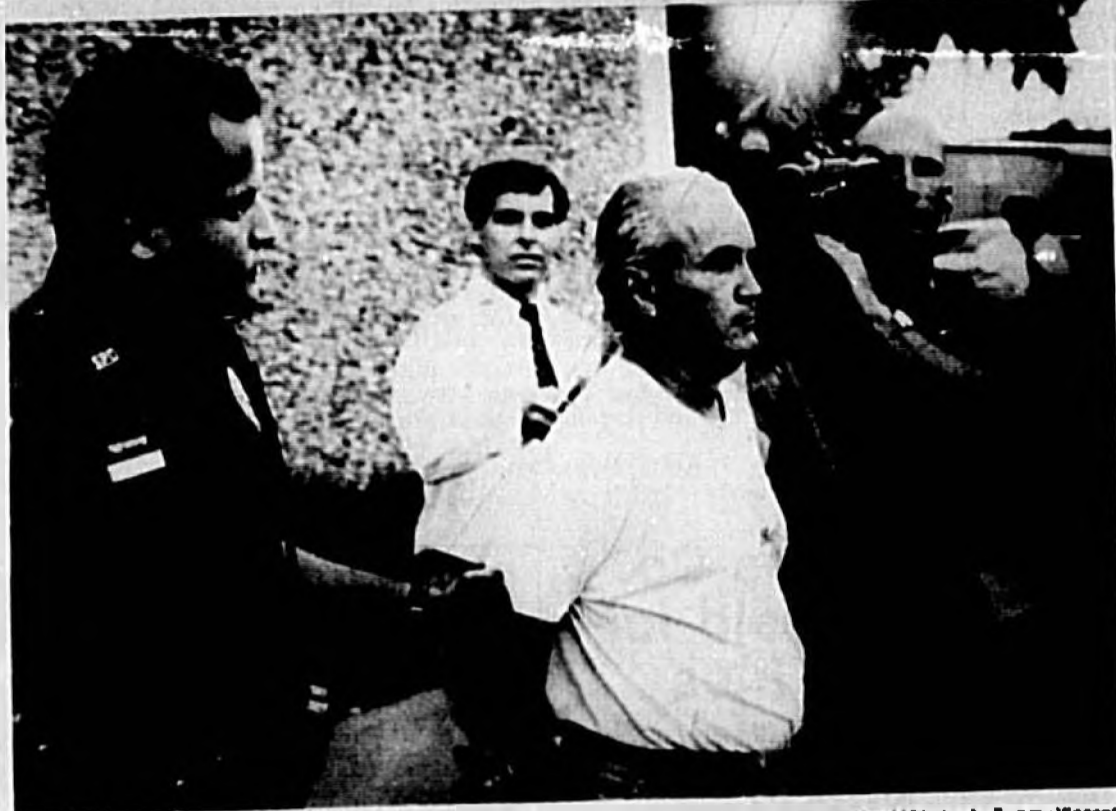
Some men are alive simply because it is against the law to kill them. —Ed Howe



Today: Patchy morning fog then partly cloudy with scattered showers and thunderstorms. High in the lower to mid 90s. Wind southwest 10 mph. Chance of rain 30 percent.

For more weather, see Page 2A

Watery death leads to murder arrest



Herald Photos by Tommy Vincent

Jan Lee Chastain heads for jail with Sanford Police Department patrol escort Ken Kaiser.

Argument, death, murder charge

By SANDRA ELLIOTT
Herald Staff Writer

SANFORD — The estranged boyfriend of a woman found floating in Lake Minnie was arrested for first degree murder Thursday night after telling Sanford Police she died in his bed over the weekend.

Jan Lee Chastain, 45, 315 E. 20th Street was arrested in the death of Barbara McGinnis Shakar, 40, 85 Country Lake Apartments. Shakar's decomposing body was discovered Wednesday half-submerged in the lake near U.S. Highway 17-92. A 10-12 foot, heavy tow

See Murder, Page 3A



Sanford Police Sgt. Darrell Prasley diving for more evidence in Lake Minnie, where Barbara Shakar's body was recovered.

Just a phone call away

Lake Mary will update city phone system

By NICK PFEIFAU
Herald Staff Writer

LAKE MARY — A new telephone system is in the offing for Lake Mary. Telephone equipment in both City Hall and at the police station are to be upgraded.

The change is the result of a Total Quality Management (TQM) study. City Commissioner Gary Brender, who served as facilitator, helped guide the citizens committee. He explained, "We interviewed just about everyone we could find who deals with the telephones we have at City Hall and the police station, to

find out what the phones were used for, how many calls were made during the day, and what problems people had with them. Then we made this recommendation for a change."

Thursday night, the city's Finance Director Jackie Sovo, through City Manager John Litton, requested approval and received a unanimous vote for up to \$15,000 in expenses, to have the system upgraded. She said the State of Florida Essex System would be used, and through the state contract pricing, the eventual cost of the system and its operation would save

the city over \$5,800 per year in monthly service charges.

"This new system would have multi-line telephones, voice mail, and many other features," Sovo said. "This will prevent problems when someone calls City Hall and the person can't use a second line to get information which may be needed or ask someone else for assistance."

She explained that City Hall and the police department have been served by two different systems, which prevented each of the operations from calling the other through an extension number, and required normal outside calling.

All of these problems would be eliminated with the new system, Sovo explained.

The TQM team study has been conducted during the past two years. At the start, Randy Knight was on the committee as the city's finance director. He has since resigned to accept another position, and Sovo was hired to replace him.

Other members of the team included citizens Jeanne Appel, Kim Vandergriff, Mary Campbell, Nancy Fabiazak, and Debbie Hull.

There was no indication regarding when the new telephone system could be in place and operating.

Day, night full of gospel music

By MARVA HAWKINS
Herald Columnist

SANFORD — Saturday is going to be a day and night full of gospel music in Sanford. After groups from throughout Florida and Georgia perform all day at MusicFest '95 in Fort Mellon Park, at least one of them will remain in town for a concert Saturday night at First Shiloh Missionary Baptist Church, 700 Elm Ave.

The Rev. Kennedy Jacobs and True Spirit Ensemble, Daytona Beach's newest and most exciting recording artist, will present a concert of praise and worship beginning at 7 p.m. True Spirit recently returned from the Bobby Jones Show in Washington, D.C., making its second appearance in as many years.

True Spirit is a music ministry, making weekly engagements at prisons, nursing homes and street services.

The group is scheduled to appear at 2:30 p.m.

See Music, Page 5A



Herald Photo by Marva Hawkins

Sanford Workshop Choir will perform at 3 p.m. under the direction of Vernon 'Papa' Jones. They are national recording artists, part of MusicFest '95 in Fort Mellon Park Saturday.

Schools want more of your tax dollars

By VICKI DeBORNIER
Herald Senior Staff Writer

SANFORD — School board members want to be sure they have enough money to run the district in the way the community expects, they said yesterday.

In a unanimous vote, the board agreed to advertise a property tax increase for the 1995-96 fiscal year budget.

In the budget proposal presented to school board members at a special meeting Thursday, administrators suggested an increase in the property taxes of Seminole County residents of about 24 cents per \$1,000 per taxable property value.

See Taxes, Page 5A

Kids nabbed for 'huffing' Freon gas

By VICKI DeBORNIER
Herald Senior Staff Writer

SANFORD — It's not just that they stole school board property. It's not just that they were getting high.

It's that what they are doing could be deadly and that they're not the only ones.

Two of three teens have been arrested in connection with the burglary at Winter Springs Elementary School of more than 90 pounds of refrigerant from school air conditioning systems.

Surveillance cameras mounted near an air conditioning unit at the school recorded a young man and two young ladies in action as they extracted Freon gas from the unit and ingested ("huffed") it for a very brief high.

See Freon, Page 3A

FLORIDA BRIEFS



Man admits biting off ear

NICEVILLE, Fla. — A man has admitted biting off a restaurant customer's left ear lobe but was vague about why he did it, police said.

Thaddeus A. Byrd remained free on an \$8,000 bond after turning himself in Monday to the Sheriff's Department in neighboring Walton County, where he lives.

Byrd, 32, of Bruce, a rural hamlet in the Florida Panhandle, is charged with aggravated assault and scheduled to appear Aug. 8 in Okaloosa County Circuit Court at Crestview.

Investigator David Bruckelmeyer said Thursday Byrd admitted over the phone to another police officer that he bit off the left ear lobe of Niceville resident Robert Lindelof, 43, at the Coffee Shop here July 2.

But Byrd has made no formal statement and the only explanation he gave was the same comment the attacker made to a witness: "Because he was messing with me," Bruckelmeyer said.

UFOs into cyberspace

PENSACOLA — A University of West Florida researcher wants to send UFOs into cyberspace and the Pensacola school is offering a one-time class on the controversy over whether they are real.

The Florida Panhandle has been a hotbed of interest in unidentified flying objects since 1987 when a suburban Gulf Breeze newspaper published UFO photos taken by a local man.

Accusations the photos were fakes have not shaken the faith of UFO believers who still gather to watch the Gulf Breeze skies.

Sian Kulikowski II, an assistant research scholar at West Florida, says he wants to use the Internet to present an unbiased chronicle of UFO sightings.

"We tend to get a sensational view or a skeptical view," Kulikowski said. "There's nothing in-between. As a scholar, I prefer to have something in the middle."

But Pensacola UFO buff Vicki Lyons predicted the data will help persuade people "UFOs are real and there's definitely a government cover-up."

Sold vote lands juror in jail

MIAMI — A federal juror cast a holdout vote for a promised \$10,000 to produce a mistrial in a Miami-Detroit cocaine-running case, prosecutors charged.

A total of \$2,000 changed hands but, by that time, FBI agents were listening in on surveillance equipment, leading to the arrests of the juror, the drug defendant and the intermediary.

All three were indicted Wednesday on charges of obstruction of justice and conspiracy.

Juror Rolando Hernandez offered his vote and connected through Rene Lastra with defendant Carlos Rodriguez, who was facing a possible life prison term in the cocaine racketeering case, prosecutors said.

"The initial contact came from the juror's side," Wilfredo Fernandez, spokesman for the U.S. attorney's office, said Thursday. "Lastra knew both people. He knew the juror, and he knew the defendant."

Rodriguez offered \$10,000 "to ensure that no verdict would be reached at the trial," said George Clow, FBI agent in charge of the Miami office.

Fisherman guilty of killing pelican

WEST PALM BEACH — A commercial fisherman has been ordered to work 300 hours with an environmental group for killing a pelican with a firecracker that blew a 3-inch hole in its neck.

Michael Yule admitted stuffing a lighted explosive used to chase away California seals into the mouth of a bluefish while fishing in the Intracoastal Waterway near Singer Island.

The fish was thrown overboard and caught by the swooping pelican just before exploding. The pelican died at a wildlife center in February a week after it was rescued.

Yule, 21, of Jupiter, was charged with violating the Migratory Bird Treaty Act protecting pelicans. He pleaded guilty in May and was sentenced Thursday by U.S. Magistrate Ann Vitunac to community service with the Ocean Impact Foundation and three years probation.

Medicare fraud

ORLANDO — The Florida Hospital Association is leading an effort to support member hospitals that may be named in a federal investigation of Medicare overcharges.

The U.S. Justice Department is investigating double-billing of Medicare by 4,800 of the nation's 5,300 hospitals. Florida hospitals are next on the hit list, officials say.

The government is threatening hospitals with civil prosecution under the False Claims Act, saying there has been "reckless disregard" or "deliberate ignorance" of federal rules, said Larry Selkowitz, an assistant U.S. Attorney in Harrisburg, Pa.

From Associated Press reports

NEWS FROM THE REGION AND ACROSS THE STATE

Florida has the most hungry kids

The Associated Press

MIAMI — Lugodrain Griffin sits on a fence railing and devours his bologna-and-cheese sandwich and fruit salad.

"I look forward to lunch," says the 7-year-old, who along with his friends, makes a daily pilgrimage to the Gwen Cherry Park from the James E. Scott housing projects just across the train tracks.

Lugodrain and his friends are among more than 200,000 children fed throughout the state in such summer feeding programs.

In Seminole County, 52 children are fed at two sites.

But despite the programs, Florida still ranks second in the nation — behind Washington, D.C. — in the number of kids younger than 12 who have to deal with hunger sometime during the year, according to a study released Wednesday by the Food Research and Action Center.

The study by FRAC showed 254,000 children in Florida go

hungry and an additional 848,000 are at risk. That means roughly 40 percent of the children under 12 have to deal with hunger.

The 300 lunches delivered daily to Gwen Cherry Park are usually gone in the first 20 minutes, Adrian Williams, supervisor of the park's program, said Thursday.

"This summer lunch program is very vital to their lives," said Williams, who as a child ate here. "For some, this might be the only thing they eat all day."

Ironically, officials say, it's not a lack of food, but a misuse of available resources and societal changes, that causes children to go hungry.

"The old notion of hunger is not what we're confronting in this country right now," said Anita Bock, the district director for the state Department of Health and Rehabilitative Services.

"You have an exploding population of birth to teen mothers, and mothers ill-equipped to deal with their children's nutrition. Add to that

mix drugs and domestic violence."

She and others fear that proposals under debate in Congress would severely slash the money available for such programs. The plans would instead provide money in the form of block grants to states.

"It would be a total tragedy if they were to cut the lunch program," said Gwen Cherry Park's Williams. "These kids are already used to a pattern of having their lunches and snacks provided for them. A lot of their parents are not in the position to provide lunch for the kids."

Last year, the state Department of Education spread the \$18 million USDA grant allotted annually for child nutrition among 2,007 school breakfast, lunch and summer food sites statewide.

"Right now, the only state that serves more children than us is New York," said Ellen Farrell, a program specialist with the DOE's Food and Nutrition Management section. "But there are lots of hungry kids out there that

The problem skyrockets during the summer months, when getting food is no longer a matter of simply going to school, Farrell said.

She cited a 1994 FRAC study that compared summer food attendance to school lunch attendance. According to the study, schools fed 773,453 children during the school year. But just 26 percent of those — 200,871 — took advantage of summer feeding programs.

Nationwide, the situation is even more grim, with only 16 percent seeking meals during the summer, the study shows.

At the Gwen Cherry Park site — one of Dade's busiest — most of the children who come for the balanced meals live at the Scott projects. It is home to more than 700 families.

Countless other children who live in the area make do with whatever is in the house.

"Some of them are just ashamed," said Annie Ingram, a Scott resident and feeding program volunteer.

Pinellas Co. fruit held for three flies

PINELLAS PARK, Fla. — Starting today, Pinellas County residents are forbidden to remove fruit and vegetables from their yards; a mandatory quarantine was imposed after the discovery of a third oriental fruit fly.

State officials intend to isolate and eliminate the agricultural threat before they spread.

"We don't want this to get loose in the state," said Phyllis Habeck, spokeswoman for the Division of Plant Industry. "We don't want them giving fresh mangoes to Aunt Suzie across the county."

The third fly was found Thursday afternoon in a trap in Pinellas Park.

State agriculture officials now assume that there is some infestation in an area between Belleair and St. Petersburg. Agriculture officials didn't know the extent of the infestation on Thursday, but were making plans to begin eradication on Monday, Habeck said.

The fruit fly larvae, which would feed on citrus, tomatoes, peppers and other Florida crops, could frighten the state's global trading partners and devastate the agriculture industry.

The indefinite countywide quarantine is intended to confine the fruit flies to Pinellas, where they can be killed.

Violators face a fine of up to \$5,000. Commercial growers aren't affected. State officials notified growers associations of the third find, Habeck said.

Residents shouldn't be fooled by healthy-looking fruit, she said. Female oriental fruit flies bore tiny invisible holes in which to lay their eggs.

Citrus growers are confident agriculture officials would move quickly to get rid of the pests, said Bobby McKown, executive vice president of Florida Citrus Mutual, a Lakeland-based statewide trade association.



Corn-ered
Perched high above the yard in a Loch Arbor neighborhood, this bright-eyed and bushy-tailed fellow enjoyed a healthy snack. The corn and the skybox picnic table were provided by the homeowner so they could watch one another from a safe distance.

Universities' prospects bleak for more money from lawmakers

By BILL BERGSTROM
Associated Press Writer

TALLAHASSEE — State universities aren't likely to get \$135 million in enhancements and improvements they want from lawmakers for the next school year, says Chancellor Charles Reed.

Instead, lawmakers will be pressing the state university system to slash its current \$1.8 billion budget, Reed told university regents Thursday.

The state Board of Regents begins planning budget strategy at its meeting Friday and is slated to arrive at a budget proposal by Sept. 1.

Reed told the board's finance committee possible ways to cope with the crunch include turning away some of the 5,000 additional students a year who enter the system, charging them more, or educating more students with less money.

Universities can request more money, said Reed, "but that is not reality. I do not believe

anyone is going to have a tax increase next year." But prisons are taking a growing share of Florida taxpayers' money, and universities will be lucky to get even a \$70 million increase they would need to continue current services, he said.

If the regents hit a brick wall in the Legislature there are only two ways to improve services, Reed said.

One would be to increase the state university system's tuitions and fees, which average \$1,750 a semester compared to a national average of \$3,000 for public universities.

"Over the years the policy has essentially been to provide a scholarship to every Floridian whether they needed it or not, and we are way below the national average," he said.

Another would be to try to educate more students at lower cost without sacrificing educational standards.

"That's going to take a lot of leadership, but I think we can do that," said Reed.

LOTTERY

MIAMI — Here are the winning numbers selected Thursday in the Florida Lottery:

Fantasy 5
25-16-7-2-19

Cash 3
0-6-3

Play 4
9-3-2-4

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THE WEATHER

LOCAL FORECAST

Today: Patchy morning fog then partly cloudy with scattered showers and thunderstorms. High in the lower to mid 90s. Wind southwest 10 mph. Chance of rain 30 percent. Tonight: Partly cloudy with widely scattered evening showers and thunderstorms. Patchy fog forming late. Low in the mid to upper 70s. Light southwest wind. Chance of rain 20 percent. Saturday: Patchy morning fog then partly cloudy with scattered afternoon showers and thunderstorms. High in the lower to mid 90s. Chance of rain 30 percent.

EXTENDED OUTLOOK

FRIDAY Pty cldy 93-73	SATURDAY Pty cldy 94-72	SUNDAY Pty cldy 92-72	MONDAY Pty cldy 92-75	TUESDAY Pty cldy 92-75

MOON PHASES

NEW July 27	FIRST Aug. 3
FULL Aug. 10	LAST Aug. 17

TIDES

FRIDAY:
SOLAR TABLE: Min. 1:30 p.m.; Maj. 7:20 a.m., 7:40 p.m.
TIDES: Daytona Beach: highs, 3:37 a.m., 4:18 p.m.; lows, 9:57 a.m., 10:44 p.m.; New Smyrna Beach: highs, 3:42 a.m., 4:23 p.m.; lows, 10:02 a.m., 10:49 p.m.; Cocoa Beach: highs, 3:57 a.m., 4:38 p.m.; lows, 10:17 a.m., 11:04 p.m.

STATISTICS

The high temperature in Sanford Thursday was 94 degrees and the overnight low was 73 as reported by the University of Florida Agricultural Research and Education Center, Celery Avenue.

Recorded rainfall for the period, ending at 9 a.m. Friday, totaled .00 inches.

☀ **Sunrise**.....8:23 p.m.
☀ **Sunrise**.....6:40 a.m.

BEACH CONDITIONS

Daytona Beach: Waves are 3 to 4 feet and choppy. Current is running slightly to the north with a water temperature of 84 degrees.

New Smyrna Beach: Waves are 2 to 3 feet and choppy. Current is running slightly to the north with a water temperature of 84 degrees.

BOATING

St Augustine to Jupiter Inlet — Friday: Wind west to southwest 10 knots except an onshore sea breeze developing near the coast in the afternoon. Seas 2 to 3 feet. Bay and inland waters a light chop. Widely scattered afternoon thunderstorms south part. Friday night: Wind south to southwest 10 knots. Seas 2 to 3 feet. Bay and inland waters smooth.

NATIONAL TEMPS

City	Hi	Lo	Prc	Oth
Amarillo	88	67	cdy	
Anchorage	67	58	rn	
Atlanta	99	78	cdy	
Atlantic City	88	60	cdy	
Austin	97	77	cdy	
Baltimore	93	68	cdy	
Boston	81	66	cdy	
Brownsville	95	73	cdy	
Buffalo	80	63	cdy	
Burlington, Vt.	80	66	cdy	
Casper	84	58	cdy	
Charleston, S.C.	99	80	cdy	
Charleston, W.Va.	90	64	cdy	
Charlotte, N.C.	99	73	cdy	
Cheyenne	79	50	cdy	
Chicago	79	69	cdy	
Cincinnati	90	62	cdy	
Cleveland	84	68	cdy	
Columbus, Ohio	88	56	cdy	
Dallas-Ft. Worth	96	71	cdy	
Denver	83	50	cdy	
Des Moines	83	64	cdy	
Detroit	74	68	cdy	
Honolulu	91	78	cdy	
Houston	90	69	cdy	
Indianapolis	86	63	cdy	
Juneau	68	53	cdy	
Kansas City	83	67	cdy	
Las Vegas	102	78	cdy	
Little Rock	91	73	cdy	
Los Angeles	87	62	cdy	
Memphis	97	73	cdy	
Minneapolis	73	65	cdy	
Missoula	81	60	cdy	
Nashville	92	64	cdy	
New Orleans	97	71	cdy	
New York City	86	72	cdy	
Oklahoma City	91	73	cdy	
Omaha	85	67	cdy	
Philadelphia	90	70	cdy	
Phoenix	106	83	cdy	
Pittsburgh	86	62	cdy	
Portland, Maine	84	56	cdy	
Sacramento	84	59	cdy	
St. Louis	88	69	cdy	
Salt Lake City	92	66	cdy	
San Antonio	97	76	cdy	
Shreveport	94	72	cdy	

POLICE BRIEFS

Burglary suspect arrested

A man who gave three different names and different birthdates to police was booked as a "John Doe" by sheriff's deputies Wednesday.

The man listed his local address as 1210 W. 11th Street and date of birth as April 12, 1959.

He was arrested for burglary and petit theft for allegedly entering a residence in the 400 block of Lake Boulevard, Sanford and removing a VCR and Walkman. Police had the area under surveillance due to a number of recent burglaries. The suspect allegedly sped away traveling 55 in a 25 mph zone and was stopped at W. Crystal Drive and Country Club Road.

The suspect identified himself to investigators as Jerry Smith, Jerry Jones and Jerry Junior Jones. When none of the names and birthdates showed up during a computer check, the man was booked for resisting without violence and no driver license as well.

Warrant arrests

Krystal Evette Conklin, 20, 500 W. Airport Blvd. was arrested on a capias for failure to appear on charges of driving with a suspended license, no insurance, violation of right-of-way and failure to carry registration.

Kimmie Pierce Matter, 31, 2550 D. Hartwell Ave., Sanford, failure to appear/failure to pay.

James Allen Barty, 35, 631 E. Bay Ave., Longwood, writ of attachment/purge amount \$2,473. He was arrested at 1352 Bennett Drive.

Reginald George, 29, 87 Castle Brewer Court, Sanford, four counts of failure to appear on theft charges.

Derek Vincent Drake, 22, 602 Northlake Drive, Sanford, Orange County capias for grand theft, (third degree more than \$300).

Richard Lewis Bell, no age listed, 285 Dixon Lake Road, Osteen, North Carolina warrant from New Hanover County for felony false pretense.

Jeffery D. Conant, 35, 700 E. Airport Blvd. Sanford, writ of attachment/purge amount \$1,875.

Incidents reported to Sheriff

A salesman taking inventory in the cookie aisle of a supermarket in the 3700 block of Lake Emma Road reported someone took a \$2,500 computer terminal. The equipment had Nabisco printed on the side.

A resident in the 400 block of Myrtle Street reported someone took a riding lawn mower, shrimp lights and extension cords from an open storage shed.

An Orlando man reported someone took a locked tool box containing a cellular phone and camera from his vehicle in the parking lot of a club in the 6800 block of U.S. Highway 17-92 between 12:30 and 2 a.m. Tuesday.

Incidents reported to Sanford police

The director of a non-profit center for teens in the 3700 block of South Sanford Avenue reported between \$700 and \$800 was missing from a fund-raiser and petty cash. Two students had left the facility without notifying counselors as required.

One of the students delivered a bag of money from a fund-raising event to the safe July 14. After learning the teens had left, the director checked the money bag the following day and discovered it was over \$800-\$850 short, containing only coins. In addition, \$100-\$150 in petty cash was also missing.

A resident in the 500 block of W. Airport Boulevard reported between July 10-19 she discovered several items missing from her jewelry box. An individual which police did not identify in their report allegedly told the victim the items had been sold at a local pawn shop.

Freon

Continued from Page 1A

"But that stuff'll kill you," Supt. Paul Hagerty said in a press conference Thursday afternoon.

Glenn Tollison of the Winter Springs Police Department said two of the three young people, ages 12 to 18, who were identified on the videotape have been arrested for burglary and for inhaling a dangerous substance. The third youngster is expected to be taken in today.

The investigation is continuing and more arrests are expected.

The Freon gas causes oxygen displacement in the brain, Scott Stegall, director of facilities services for the school district explained.

"It doesn't cause a chemical high," he said. "It displaces oxygen and causes a dizziness like high altitude weakness."

Inhaling Freon can also alter consciousness and produce irregular heart rhythms that can lead to sudden death.

The brief euphoria literally lasts only seconds.

School security personnel were alerted to the fact that there might be a problem when Winter Springs principal Fran Duval noticed an unusually large amount of Freon consumption by her air conditioning units. Maintenance workers found no leaks in the units.

Suspecting theft, security per-

sonnel installed the cameras to watch the units.

"It took 32 days, but we got them on tape," Wolfgang Halbig, the district's coordinator of security explained.

The videotape shows a young man enter the fenced area around the unit. With practiced motions he releases some of the gas and inhales it directly from the air conditioner before filling a bottle that a pair of female companions share.

Halbig said school guidance counselors helped him identify one of the teens. Armed with the tape, Halbig said he visited one young lady at home. He showed her parents the evidence.

"They were shocked," he said. "They had never heard of such a thing."

The young woman identified her two companions on the tape and each identified others who got high in a similar fashion. Hagerty said about a dozen young people have been identified.

He noted that the community needs to be made aware of the dangers posed by "huffing." Many of the units at the schools are similar to residential units.

"This could be occurring at home," he said. "This is not an isolated incident. A lot of kids are doing it."

Halbig emphasized the gravity of the situation. "We don't want to come to school one morning and find a kid dead out there because he was doing this," he noted.

Stegall said the district is working on ways to secure the valves through which the youngsters are releasing the gas and to make them accessible

only to maintenance personnel with keys.

They have also contacted the air conditioning manufacturers to make them aware of the

problem. They have been told that efforts will be made in the future to ensure the valve is enclosed inside the casing of the machine.

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Permanent birth control

By The Associated Press

JACKSONVILLE — Duval County leads Florida in the number of government funded sterilizations with almost twice as many as any other county in the state.

The most likely reason for the high number in Duval is the cooperation between the local health department and University Medical Center, which provides more obstetrical-gynecological services to low-income women than any other area hospital, local officials said.

Between Oct. 1, 1993 and March 30, 1995, there were 978 government-funded sterilizations in Duval County, compared to 159 for the period in Dade County, which has about three times Duval's population.

But Duval County's number is hard to explain since Dade, Broward and Hillsborough counties all have more low-income people eligible for government-funded sterilizations, according to the Florida Department of Health and Rehabilitative Services.

In 1993, the Duval County Public Health Unit began stationing family planning workers at the medical center to talk to pregnant low-income women about available publicly funded methods of birth control, including tubal ligations.

"We try to eliminate all the reasons" that would prevent a low-income woman or man from getting a sterilization, said Sheryll Fletcher, a family planning worker stationed at University.

Funding for vasectomies and tubal ligations is provided for people who are uninsured and underinsured through Medicaid, the state-federal program for the poor, and Title X, the federal act which provides money to states to subsidize family planning services.

The sterilizations are voluntary and open to people 21 and older who are not mentally retarded. An applicant's income, insurance status, and number of dependents are considered by HRS officials.

A tubal ligation costs about \$2,800, not counting doctor's fees, while a vasectomy can cost about \$2,000 without doctor's fees.

"We feel like this is a very important service we provide for people who want (sterilizations), but otherwise would not be able to get them," said Andrew Kaunitz, director of family planning for the obstetrics and gynecology department at University.

In the past year, about 40 percent of the women getting tubal ligations have been 25 or younger.

Only about 7 percent of the 3,773 publicly funded sterilizations done in Florida from October 1993 to September 1994 were vasectomies.

"Trying to get men to take advantage of this is a challenge in itself," said Cheryl Robbins, HRS family planning director in Tallahassee.

Kathleen Bagg-Morgan, a spokeswoman for the Catholic Diocese of St. Augustine, expressed concern about the number of sterilizations.

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Murder

Continued from Page 1a

chain was wrapped around her ankles. Blunt trauma to the head was listed as the cause of death. The autopsy showed the victim was dead when she went into the water. Police estimated the body had been in the water four or five days, making identification difficult.

Sanford Police Cmdr. Dennis Whitmire said Chastain, a day laborer working at the Seminole Towne Center, called police saying he wanted to turn himself in concerning the woman's body found in the lake. After making his statement, Chastain was charged with Shakar's murder.

Chastain is being held at the John E. Polk Correctional Facility on no bond and is scheduled to make his first court appearance this afternoon.

Shakar was last seen leaving Quivers Bar, 2617 S. Orlando Drive, with Chastain July 17 after a contentious evening.

Witnesses said Shakar, a regular customer at the bar, arrived about 4:30 or 5 p.m. Saturday afternoon and about one half hour later her ex-boyfriend, known only as Lee came to the bar.

"The two began to argue and Lee was asked to leave the bar," Whitmire said patrons recalled. The bar manager said she saw the handle of a handgun in Chastain's jeans waistband, partially hidden by a baseball cap. The man exited the bar but did not leave, returning several minutes later. Shakar then ran into the ladies restroom and Lee ran after her.

"Witnesses confronted Lee and asked him to leave. Both Lee and Shakar left the bar," Whitmire continued. Shakar told a friend she was going to leave with Lee and "she was going to end their

relationship that night." Lee told police after leaving the bar, he stopped to buy beer and cigarettes then took Shakar to his 20th Street home. They argued outside his residence.

"He slapped Shakar in the face and she fell unconscious," Whitmire said Chastain told investigators. "He dragged Shakar up the stairs into his residence and put her in his bed. He went to bed sometime during the night. He woke up and she was snoring," Whitmire said Chastain told police. "He rolled her over. When he later woke up, she wasn't snoring and her body was cold and she didn't have a heartbeat."

He placed the body in a sleeping bag and took it to the lake where the couple had once planned to marry. The suspect said he weighted the body with the chain to prevent it from floating and carried it into chest deep water submerging the corpse.

The suspect told police where he had hidden the sleeping bag and Shakar's other personal belongings which were recovered for evidence.

"The reason we have him charged with first degree murder," Whitmire said, "is the result of the autopsy and the blunt trauma, we feel his version of how she died is not consistent with the injury."

While police were conducting the initial investigation at Lake Minnie, Whitmire said, a Sunniland employee expressed concern about a female co-worker who had not been at work since last week. The absent employee's name was Barbara Shakar. The tip aided in the identification of the body.

Shakar has a 23-year old son in Orlando.

Special Sections For Special Readers

Many Special Sections found in the Sanford Herald throughout the year feature informative articles and top-rated advertisements. Such features have included: car care, back-to-school hints, vacation planning programs, home improvement, tax time tips, health and fitness guides and many more. Each section features informative articles and top-rated advertisements. These pull-out sections are designed to be kept and used as helpful reference guides.

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EDITORIAL

What's seen on the screen

Let's paraphrase "You are what you eat." Rather, let's consider, "You are what you watch."

We were pleased to see the newest Emmy nominations for television programming, especially in the area of sit-coms. Although not true-to-life, situation comedies are generally a look at life, complete with its comedy as well as its pitfalls. Such is the case with the new list of nominees.

What pleases us mostly is to see no votes for certain programs. In particular, those which depict family life as nothing but constant shouting, arguing and the downgrading of one spouse or another.

Either the husband is a dimwit who cannot do anything without his wife's shouting or threatening, or the wife is played down as not capable of doing anything of value for the family.

We can only wonder about the home life of people who appear to be enamored by this type of program. Are these programs emulating their own lives? Do their children, who watch along with the parents, eventually believe that there is only one parent capable of doing anything, or that yelling between parents is the only way to resolve anything?

It has been a proven fact that people who watch programs such as Jeopardy, and try to answer questions faster than contestants, are those who either have good educations, or like the challenges offered by this brain-scanning quiz.

People who are truly concerned about world or national affairs are known to be avid viewers of news programs and the type of discussion programs generally carried on public television.

Can we not assume, therefore, that people who watch the sit-coms where yelling, screaming or constant sexual matters are the norm, place themselves in this same position?

We want our schools to teach the best values to our children. We want parents to be the guiding force in a youngster's development. We want our churches to lead us in spiritual matters.

Yet we have been content to allow the "tube" to override all of this training with a weekly half-hour of the direct opposite of what we should want our children to hear about and subsequently learn.

Regarding television viewing, there is no doubt, it is an excellent form of entertainment, education, and information.

But when it comes to certain programs, consider whether or not members of your family should emulate what is seen on the screen.

LETTER

Ban exotic animal acts

The recent elephant rampage in Queens, N.Y., in which 12 people were hurt, tells us that it's time for communities across America to ban exotic animal acts.

People for the Ethical Treatment of Animals (PETA) has a model ban legislation pack. It contains compelling video documentation and is available free to any city official, civic group, or concerned person who requests it.

Quincy, Mass., Hollywood, Fla., Takoma Park, Md., Vancouver, B.C., India, and parts of Great Britain have already banned exotic animal acts. Honolulu, Hawaii is presently preparing an ordinance to ban them.

Suffering, sensitive animals are rubber bands waiting to snap. PETA has thick circus files documenting everything from tigers attacking tots to elephants crushing bystanders. The animals are not treated well, as circus hype would have you believe. They are broken and controlled through severe punishment.

For example, to break young elephants, keepers stretch them out with chains and beat them over their heads. They also discipline grown elephants regularly this way, and reportedly sometimes also soak chained elephants with water and then shock them with electricity. Daniel Laughlin, former circus veterinarian, stated that trainers would "use a come-along to stretch an elephant out and beat them with a sledge hammer."

People are in danger and animals are suffering greatly. Please do the civilized, sane, humane thing: enact a ban against exotic animal acts in your town. Contact PETA for the free legislation pack. Simply call (301) 770-7444 or write PETA, P.O. Box 42516, Washington, D.C., 20016. Do it now.

Carla Bennett
Senior Writer
PETA
Washington, D.C.

BEN WATTENBERG

Affirmative action: Clinton vs. Steele

I wonder whether President Clinton in his stance on affirmative action, will be able to meet two goals -- political and substantive -- that are deeply intertwined.

Clinton's political dilemma is clear. Americans don't like quotas or racial preferences, and affirmative action has, for good reason, come to be associated with both. In three recent rulings the Supreme Court has diminished the scope of affirmative action in voting districts, in schools, and in contractor "set-asides." In each case the Supreme divided 5-4, and the two justices Clinton has appointed (Ruth Bader Ginsburg and Stephen Breyer) voted with the minority.

During the 1992 election, Democrats maintained that if George Bush was re-elected, and appointed one more pro-life member of the court, then the Roe vs. Wade decision would be overturned. A vote for Bush was said to be a vote for illegalizing abortion.

Turnabout time. Republicans will say that if Clinton is re-elected and appoints one more pro-preference justice (to the current majority of five anti-preference justices), then future preference/quotas decisions will come out supporting preferences and quotas. This is not idle speculation: All of the court's new

decisions will be tested many times within the judicial system before they are fully resolved.

Unless Clinton can do something dramatic, Republicans will go after him as President Quota. It will be a tough rap to beat because Clinton's record on this matter during his first two years has clearly been pro-preference. He picked his personnel by a demographic slot system with jobs earmarked by race, ethnicity and gender. He saluted quota voting districts.

He appointed an all-star team of quocrats to staff his civil rights positions. His administration backed quotas in broadcasting, special below-market home loans for minorities and a health

care plan that gave preference to minority doctors.

All this for what? Nothing good, says Professor Shelby Steele of San Jose State University and the Hoover Institution, author of "The Content of Their Character." Steele, who is black, was recently interviewed for a forthcoming television program I am working on. Here are some excerpts:

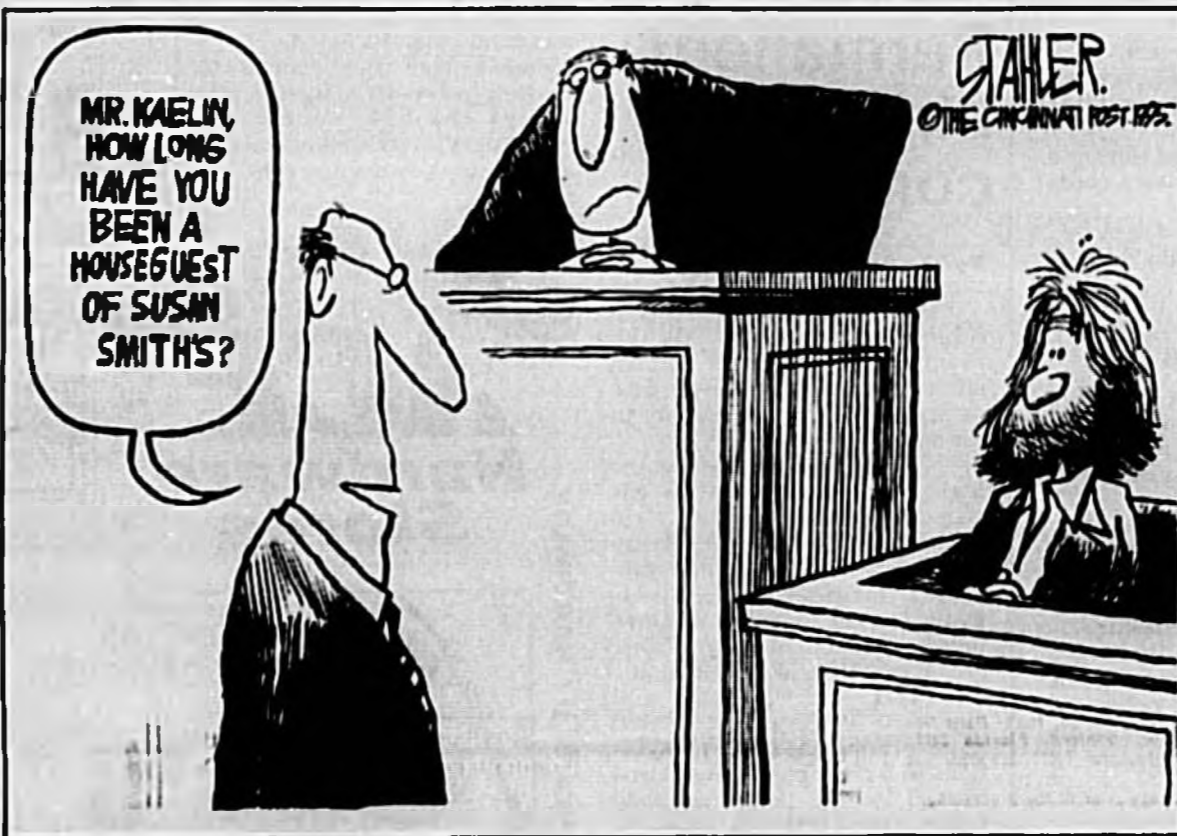
"Affirmative action... has a corruption at the core.... It communicates one of the most tragic ideas in American history, which is that race is merit, gender is merit, and that these are actually resume items... It undermines the competitive impulse... It gives white Americans this illusion that they have conducted social reform.

"After 30 years of it... tensions between the races are as high as I've ever seen them in my lifetime, maybe higher... I wish our own black leadership would understand that removing affirmative action is the way to something more real, to ideas and values that will sustain us in the long run, that will enable us to develop...

That's Clinton's difficult challenge: to gently but firmly put us on a course to end preference, or to rebut Shelby Steele, or to pay the political price.



Affirmative action... has a corruption at the core.... It communicates one of the most tragic ideas in American history.



MR. KAEIN, HOW LONG HAVE YOU BEEN A HOUSEGUEST OF SUSAN SMITH'S?

ELLEN GOODMAN

Stranger-danger and our kids

CASCO BAY, Maine — I pass the children every day now as they walk and bike down the island roads by themselves. They are off on their own errands or adventures.

The parents who come here from the mainland have finally shed their anxieties like three-piece suits. Sometimes, it takes days for city folks to let us 4-year-olds out of their grasp and an 8-year-old out of their sight. It takes days for parents to feel safe and for children to be set free.

Gradually the summer adults ratchet down the level of warnings they routinely deliver to their children. They go from "beware of strangers" to "watch out for poison ivy." Gradually the children, unleashed, grow sturdy with independence. And trust.

Just this morning, a small girl I don't know stopped me on my walk to point out an injured swallowtail. We talked for a minute about the fragility of a butterfly's wings and then went our separate ways.

It was a passing event but one that might never have happened on a city street. In cities, suburbs, even small towns, children are now carefully taught to be afraid of people they don't know. Their wariness is worn like a shield. A stranger becomes reluctant to penetrate that defense.

Far south of here, in Union, S.C., Susan Smith has gone on trial for drowning her two small children. As the cameras return to that little town, I remember how this saga began. Not as a horror story of two children buckled into their death seats by their mother. But as a classic, mythic tale of the stranger.

Susan Smith came to national fame as a distraught mother, a self-described victim of carjacking and kidnapping. When it all unraveled, and she was taken to court for arraignment, many people lined the streets shouting epithets at her. One woman said it all: "We believed you!" It was strikingly easy to play upon the fear of the stranger.

Far west of here, in Petaluma, Calif., another murder trial has begun this week. This defendant is indeed the stranger, a man named Richard Allen Davis, who confessed to abducting 12-year-old Polly Klaas at knifepoint from a slumber party while her sister and mother slept nearby.

Nearly two years later, another Petaluma mother of kids 11 and 13 says, "I'm still very leery when my kids go out, I won't let them go out by themselves. I say, 'Remember Polly Klaas'."

In vastly different ways, these two horrifying trials are evidence of what has become a national obsession with the fear of strangers. As fact and fantasy, they are evidence of our terror about the abduction of our children.

It was only a decade ago that missing children became as common on milk cartons

as nutritional labels. It wasn't until then that we began to fingerprint and toothprint children. But by 1991 a study in Clinical Pediatrics showed that parents had more frequent worries about abduction than about anything else, even car accidents. That was before Polly Klaas' death.

In fact, there are 200 to 300 kidnappings a year by non-family members out of 83 million American children. The missing children on the milk cartons have most likely been taken by a non-custodial parent.

However bone-chilling the idea of stranger-danger, more children are murdered by parents than kidnapped by strangers. Susan Smith is more the norm than Richard Allen Davis.

Yet every magazine has had its cover stories on stranger-danger. Every television show its scare segments. Every school its lessons. In every home, parents wrestle with their terrors and with how to warn their children away from the unfamiliar.

I'm not surprised that we have become so protective of children. It isn't just the broadcasting of such tales. We live in a time when neighborhoods and families are less stable. As our children spend more time out of their care, we worry more. As we know fewer people in our communities, there are, by definition, more outsiders.

But at some point in time, we must also begin to acknowledge the risks of protectiveness. Risks that come when children are taught to be afraid. Risks that come to a diverse society when kids grow up suspicious of "others."

Without even knowing it and with the best of intentions, we can stunt our children with our deep longing to keep them safe.

Somewhere along the torturous way, somewhere between the reality of Richard Allen Davis and fantasy of Susan Smith, the freedom to ride a bicycle and the independence to walk up the road by yourself is becoming a sometime, summertime thing. These days, even the ease of talking with a grown-up about butterflies can, and maybe has, become as rare as a July day on an island road.



Gradually the summer adults ratchet down the level of warnings they routinely deliver to their children.

MORTON KONDRACKE

Clinton sets stage for later collisions

Even as President Clinton delivers conciliatory sermons, the Republican Congress is providing him with material for later explosions of righteous indignation during a possible shutdown of the federal government this fall and a rip-roaring 1996 campaign.

As Clinton spoke about finding "common ground," two House appropriations subcommittees recently approved measures canceling key Clinton initiatives -- the national service corps and the Goals 2000 education reform -- and cut school-to-work apprenticeship programs by 22 percent.

The Labor-HHS Education panel also eliminated summer youth employment programs, reduced dislocated worker assistance by 31 percent, and cut Head Start by 4 percent.

The VA-HUD subcommittee cut the Environmental Protection Agency budget by 33 percent below last year's level, and a third subcommittee even voted to terminate the White House's Council of Economic Advisers.

While Republicans provocatively stuck it to Clinton's pet programs, Clinton was delivering four extended homilies outlining the philosophical differences between himself and the GOP and calling for "more conversation and less combat."

He sounded more conciliatory than he needed to be toward the Republicans, perhaps demonstrating forbearance as the GOP piles up ammunition he can fire back.

At last, in two of the speeches, Clinton figured out how to make news in a broad policy speech so that what he was saying landed on the front page instead of being buried.

In Nashville, he endorsed the "v-chip" in TV sets to allow parents to screen out sex and violence and, in rural Virginia, he announced that the Education Department would distribute documents making it clear that private prayer is not excluded from public schools.

The two speeches were part of what White House press secretary Mike McCurry calls Clinton's "acting and yanking" strategy -- taking executive action to dramatize his philosophical ruminations.

The White House says that "acting and yanking" is a necessary substitute for proposing legislation, since the Republican Congress is likely to ignore anything he sends up.

Another example of "a and y" will come when Clinton unveils new guidelines for affirmative action and appeals for the country to rededicate itself to racial harmony.

All the speeches are designed to position Clinton as a centrist, part of the "triangulation" strategy of his key political adviser, Dick Morris.

Aides say that "triangulation" is misunderstood as an attempt to put Clinton at equal distance from the GOP and the Democrats in Congress. Actually, they say, it's designed to clear middle ground between the GOP's "no government" approach and the big-government "old Democrat" philosophy.

Clinton so far characterizes GOP ideas as no worse than "different" from his own and portrays Republicans gently, as "a group that believes our problems are primarily personal and cultural... and that if everybody would just straighten up and fly right, things would be hunky-dory." By contrast, Clinton says that he believes in "individual responsibility and common action."

The stage is set for all-out political warfare: vetoes of appropriations bills and even a veto of the budget reconciliation bill or debt ceiling extension bill this fall, which would shut down the government.



The Republican Congress is providing him with material for later explosions of righteous indignation.

Taxes

Continued from Page 1A

In other words, a person living in a typical \$100,000 home with a \$25,000 homestead tax exemption would expect to pay slightly more than \$18 more in taxes than they did last year if the board approves the full advertised increase and if their property appraisal remains the same.

The board has the option of approving the full amount of the advertised increase or of approving a lower amount. Last year, the board approved a lower tax rate than they had originally advertised.

They lowered the tax rate from the maximum \$2 per \$1,000 of taxable property value to \$1.75 per \$1,000.

After creating a tentative five-year comprehensive construction and renovation plan for the district, the district staff proposed increasing the taxes to the old rate. The plan calls for the increase which will raise an estimated \$10

million over the next half-decade.

Diane Kramer, the district's director of facilities planning, said the school district would have to scale back or delay many plans for the schools, including several in Sanford. If the tax increase is not approved.

Renovations could not be done at Sanford Middle School in Sanford and Jackson Heights Middle School in Oviedo. Current renovation plans at Lake Brantley High School in Altamonte Springs would have to be scaled back. In addition, plans to remodel the two remaining "pod" schools in the district (Idylwild Elementary in Sanford and Forest City Elementary in Altamonte Springs) would have to be abandoned.

Plans to purchase more land for the expansion of Lake Howell High School in Winter Park would also have to be put aside, Kramer said, because of a lack of financial resources.

"Construction costs are rising," Kramer told the board as the reason for the increased need for money.

More money still would be needed to build additional schools if the board abandons the multi-track year round schedule that has raised the ire of teachers and parents alike. To build the schools that would be needed to meet the enrollment numbers, Kramer said, the district will need an additional \$16.5 million beyond the tax increase they have proposed.

The public will have the opportunity to speak to the board about the proposed tax increase on Tuesday, Aug. 1 at 7 p.m. and Thursday, Sept. 7 at 7 p.m. Both public hearings will be at the district school board office, 1211 S. Mellonville Ave., Sanford.

Legal Notices

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA
CASE NO. 95-944-CA-14-A
AVCO FINANCIAL SERVICES, Plaintiff,
vs.
ROGER MCLEOD and MYRA MCLEOD, JOHN DOE and/or JANE DOE, together with all unknown tenants located at 157 Haverhill Place, Longwood, Florida 32779. Defendants.

NOTICE OF ACTION
TO ROGER MCLEOD AND MYRA MCLEOD:
YOU ARE HEREBY NOTIFIED that an action has been filed against you in the Circuit Court of Seminole County, Florida to foreclose the following described property:

Lot 2, Welive Club Estates, Section Four, according to the plat thereof as recorded in Plat Book 21, Page 29, of the Public Records of Seminole County, Florida and that you are required to file your written defenses, if any, with the Clerk of the above styled Court and to serve a copy thereof on Peter L. Pollock, Jr., the Plaintiff's attorney, whose address is: Aberdeen, Section 015 & Edison, P.A., P.O. Box 231, Orlando, Florida 32802 within 30 days after the first publication of the Notice.

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA
CASE NO. 95-373-CA-14-K
CITIBANK FEDERAL SAVINGS BANK, Plaintiff,
vs.
JONATHAN L. WOLF and NANCY B. WOLF, His wife, et al. Defendants.

NOTICE OF SALE
NOTICE is hereby given that pursuant to the Final Summary Judgment of Foreclosure entered in the cause pending in the Circuit Court of the Eighteenth Judicial Circuit, in and for Seminole County, Florida, CASE NO. 95-373-CA-14-K, the undersigned clerk will sell the property situated in said County, described as follows:

LOT 4 ALAQUA PHASE II, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 38, PAGE 37 OF THE PUBLIC RECORDS OF SEMINOLE COUNTY, FLORIDA.

TOGETHER WITH all the improvements now or hereafter erected on the property, and all easements, rights, appurtenances, rents, royalties, mineral, oil and gas rights and profits, water rights and stock and all fixtures now or hereafter a part of the property. All replacements and additions shall also be covered by this security instrument.

NOTICE OF PUBLIC HEARING
The Seminole County Board of County Commissioners will hold a public hearing in Room 1028 of the County Services Building, Sanford, Florida on August 8, 1995 at 7:00 P.M., or as soon thereafter as possible, to consider the following:

BOARD OF COUNTY COMMISSIONERS
SEMINOLE COUNTY, FLORIDA
BY: JOHN DWYER, MANAGER
CURRENT PLANNING
Publish: July 21, 1995 DEF-177

Legal Notices

IN THE CIRCUIT COURT FOR SEMINOLE COUNTY, FLORIDA
CIVIL DIVISION
Case No. 95-216-CA-11
Division: B
BML INVESTMENTS, a Florida General Partnership, Plaintiff,
vs.
A.B. PETERSON, III, SARAH PETERSON WHITE, DONALD J. SALES and AMERICAN EXPRESS COMPANY, a New York Corporation Defendants.

NOTICE OF ACTION
PURSUANT TO CHAPTER 9 OF THIS STATUTE, YOU ARE HEREBY GIVEN NOTICE that a Final Judgment of Mortgage Foreclosure dated July 13, 1995 and entered in Case No. 95-216-CA-11 of the Circuit Court of the 18th Judicial Circuit in and for Seminole County, Florida, wherein BML INVESTMENTS, a Florida general partnership, is Plaintiff and A.B. PETERSON, III, SARAH PETERSON WHITE, DONALD J. SALES and AMERICAN EXPRESS COMPANY, a New York Corporation, are Defendants.

NOTICE OF SALE
NOTICE IS HEREBY GIVEN that pursuant to a Final Judgment of Foreclosure entered in the above-captioned matter, I will sell the property situated in Seminole County, Florida, described as:

LOT 156, STOCKBRIDGE, UNIT THREE, according to the Plat thereof as recorded in Plat Book 31, Page 96 and 97, Public Records of Seminole County, Florida.

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA
CASE NO. 95-113-CA-14B
VILLAS OF STOCKBRIDGE HOMEOWNERS ASSOCIATION, INC., a Florida not-for-profit corporation, Plaintiff,
vs.
GORDON M. WILLIAMSON, an individual, Defendant.

NOTICE OF SALE
NOTICE IS HEREBY GIVEN that pursuant to a Final Judgment of Foreclosure entered in the above-captioned matter, I will sell the property situated in Seminole County, Florida, described as:

LOT 156, STOCKBRIDGE, UNIT THREE, according to the Plat thereof as recorded in Plat Book 31, Page 96 and 97, Public Records of Seminole County, Florida.

LEGAL NOTICES
IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT OF FLORIDA, IN AND FOR SEMINOLE COUNTY, GENERAL JURISDICTION DIVISION
CASE NO. 95-202-CA-14-B
CHEMICAL MORTGAGE COMPANY, Plaintiff,
vs.
CARL KENDRICK HEWETT, et al., Defendants.

Legal Notices

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA
CASE NO. 95-113-CA-14B
VILLAS OF STOCKBRIDGE HOMEOWNERS ASSOCIATION, INC., a Florida not-for-profit corporation, Plaintiff,
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CASE NO. 95-202-CA-14-B
CHEMICAL MORTGAGE COMPANY, Plaintiff,
vs.
CARL KENDRICK HEWETT, et al., Defendants.

Music

Continued from Page 1A

Saturday at the festival.

More than 20 groups, choirs and ensembles have signed up for the area's first gospel music festival, scheduled from 9 a.m. to 4 p.m. in Fort Mellon Park.

Special guest is the "Step Posse," an eight-member women Christian drill team from Atlanta, Ga., who perform a sorority-style "step show." Also featured are sign language, dramatic interpretations, puppet show, plus games for children.

Sponsored by the Sanford/Central Florida Interdenominational Musicians Guild, the festival is labeled "Unity in the Community."

"We're trying to present a positive, uplifting event to bring together people of all persuasions," said Charles D. Jackson, president of the guild. "Saturday is going to be a day of breakthrough like you've never seen before. You're going to see blacks, whites, Hispanics, rich, poor, middle-class and no-class praising God and worshipping him as one unit. There will be no division, no schisms — just people sharing the love of Christ."

FREE RIDES TO MUSICFEST '95

(Children under 10 must be accompanied by an adult) Pick-Up Schedule

10:35 a.m. — Lake Monroe Terrace and Area, corner of Olive Avenue and Fifth Street.
10:45 a.m. — Castle Brewer Courts office, corner 10th St. at Oleander
10:55 a.m. — Masonic Temple, 13th St. at Mangoustine Ave.
11:05 a.m. — Arrive at park downtown Sanford
Afternoon
12:10 p.m. — Lake Monroe

5 p.m. — Last bus leaves park, returning residents to pickup sites.
Victory in Jesus Ministry of Winter Park will provide lunches to all bus riders. Pick up information when boarding bus.
Festival is free but there is a charge for games and other items.
For more information, call Faye Henderson at 323-9048.

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FUNERAL

JOHNSON, Johnnie Will Sr.
Funeral services for Johnnie Will Johnson, Sr., 74, of Altamonte Springs, who died Thursday, July 13, will be held Saturday, July 22, at 1 p.m., at New Bethel AME Church, Altamonte Springs, with Rev. David Washington officiating. Interment will follow in Fern Park Altamonte Community Cemetery, Altamonte Springs. Viewing will be all day Friday until 9 p.m. at Marvin C. Zanders Chapel, Apopka, and at the church Saturday morning from 10 a.m. until funeral time. Marvin C. Zanders Funeral Home, Apopka, "The People's Choice" in charge of arrangements.

University ends race-based admissions

By MICHELLE LOCKE
Associated Press Writer

SAN FRANCISCO — Against a backdrop of political sniping and '60s-style protest, University of California leaders voted to eliminate race as a factor in admissions and hiring.

The choices were made Thursday by the Board of Regents, which sets policy for the nine-campus system of 162,000 students. The decisions came amid an emotional and sometimes tumultuous 13-hour debate, during which protesters led by the Rev. Jesse Jackson forced

the panel from its meeting room. About 500 demonstrators marched and chanted outside as police in riot gear ringed the building and barricaded streets around the university's Laurel Heights campus.

"This is a historic moment. The country is saying we want to try to ride this bike without the training wheels," said Regent Ward Connerly, who proposed the contentious policy.

One day after President Clinton pledged his support for affirmative action programs, the regents voted 14-10 to drop race-based admissions and

15-10 to halt affirmative action in hiring, including contracting.

It was a major victory for forces working to roll back affirmative action programs around the nation. California's Republican governor, Pete Wilson, has made repealing such programs a key theme of his 1996 presidential campaign. Affirmative action opponents said favoring minorities is using one injustice to rectify another.

"It means the beginning of the end of racial preferences," Wilson said of the university's decision. "We believe that stu-

dents at the University of California should achieve distinction and will achieve distinction without the use of the kind of preferences that have been in place."

But affirmative action supporters said that while a color-blind system sounds fair, it doesn't account for the realities of being a minority in a racially fractured society.

Jackson urged regents not to scrap the old policy. "The consequence of going backwards is the loss of hope, the furthering of despair, the hardening of cynicism we can ill afford," he said.



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Lead is a risk to all

By CONNIE GASS
Associated Press Writer

WASHINGTON — It was a fixer-upper, but Jon and Margaret Sauser saw promise in the old Kalamazoo, Mich., house with its five-tier chandelier, hardwood floors, a fireplace and French doors.

What they didn't see was lead hidden in the paint.

The Sausers moved in and began stripping paint, patching plaster and knocking down walls. They were creating the home of their dreams. They also were kicking up lead dust. It poisoned and sickened their two young sons.

"We let a monster out of the walls," Mrs. Sauser says.

The Sausers learned an awful lesson that hasn't reached many parents: About half of all U.S. homes have some lead paint in them. And 9 percent of the nation's children under age 6 have elevated levels of lead in their blood.

"It's an old wives' tale that if your children aren't actually eating paint chips, they won't get poisoned," Mrs. Sauser said. "Or people think it's only on 'the bad side' of town."

It's true that children living in dilapidated tenements in inner cities are at the greatest risk. But lead also lurks on the walls of pre-1978 suburban tract houses and country cottages. And it contaminates the soil of some neighborhoods.

The Centers for Disease Control and Prevention recommends testing virtually all U.S. children under 6.

A child's nervous system, still developing, is more susceptible to lead than an adult's. And children often swallow lead-contaminated dust or dirt when they put their fingers or toys in their mouths. Even a tiny amount is harmful.

At extremely high levels, lead can cause coma and death, but this is rare today. More commonly, it causes subtle damage that no one recognizes until the child is struggling in school — and it's too late for treatment. Lead can rob children of a few IQ points or cause serious learning disabilities and hyperactivity.

"Just because the child appears normal doesn't mean they're not lead poisoned," said Dr. J. Routh Reigart, chairman of the CDC advisory committee on lead poisoning. "That's hard to get across to doctors as well."

Not all homes with lead paint are hazardous. If a home is well-maintained, the risk may be minimal. The problem comes from peeling or disintegrating paint, often around windows. And sanding or scraping can be especially dangerous.

The Sausers knew none of that when they bought the three-bedroom 1920s home five years ago. Six months later, when 2-year-old Jonathan became hyperactive, they couldn't explain it. Neither could the child's doctor.

Then their baby son, born after they moved into the house, stopped growing and became lethargic. Again the doctor was puzzled. The revelation came when Margaret Sauser's sister asked, "Have you had them tested for lead?"

Tests showed both children had dangerously high levels in their blood. And the levels kept rising. The Sausers, a postman and a homemaker, couldn't obtain the tens of thousands of dollars in loans they needed to get rid of the lead dust.

To save their children, they abandoned their dream home. They couldn't sell it, and wound up filing for bankruptcy.

No one can say whether the children will suffer long-term effects.

There are two federal lead safety hotlines: Call 1-800-LEAD-FYI to receive an information package through the mail, or 1-800-424-LEAD, to ask questions about lead.

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Sports

B

IN BRIEF

LOCALLY

No-Tap at Bowl America

SANFORD — Bowl America-Sanford will conduct its weekly No-Tap Tournament this evening beginning at 9:30 p.m.

Strikes are awarded when a bowler knocks down nine or 10 pins. Competition will be divided into men's and women's divisions.

The entry fee is \$15.

Three strikepots also will be awarded during the course of the evening.

For more information, call 322-7542.

Tribe schedules fall physicals

SANFORD — Physicals will be available between 7 a.m. and noon on Tuesday, July 25, at Central Florida Regional Hospital's emergency room for athletes who expect to compete in fall sports for Seminole High School.

The physicals are free of charge. Students should bring their physical/parents permission form with them to the physicals. The forms are available at the school.

All athletes must undergo a physical before being allowed to practice.

YMCA basketball signups

LAKE MARY — Sign-ups for the 1995 YMCA Youth Sports Junior Magic Basketball season is underway at the Seminole Family YMCA.

Leagues are open to boys and girls ages 5-14 and will run from July 31 through Oct. 15.

Space is limited, so sign up early.

Parents are encouraged to volunteer as coaches, officials, committee members, and other positions within the league.

For details, contact Todd Couture, Program Coordinator, at the Seminole Family YMCA, 665 Longwood-Lake Mary Road, or call 321-8944.

AROUND THE STATE

Dodgers top Marlins in 10th

MIAMI — Eric Karros' one-out single in the 10th inning broke the tie Thursday night, and the Los Angeles Dodgers went on to a 4-2 victory over the Florida Marlins.

Jose Offerman and Raul Mondesi led off the 10th with singles off Terry Mathews (3-2). One out later, Karros hit a hard grounder between shortstop and third base to score Offerman.

Mondesi later scored on a sacrifice fly by Roberto Kelly.

The loss snapped Florida's four-game winning streak and spoiled Jeff Conine Day in Broward County. Conine, the All-Star game MVP, was honored before the game but went 0-for-5, with three strikeouts.

Dolphins, Bucs to scrimmage

MIAMI — The Miami Dolphins will host the Tampa Bay Buccaneers on July 29 in a 96-play scrimmage at their old stomping ground: the Orange Bowl.

The Dolphins have not played a game in the Orange Bowl in downtown Miami since 1986, when they moved to Joe Robbie Stadium.

The only remaining player on the Dolphins roster who played in the Orange Bowl is quarterback Dan Marino.

Admission to the game, slated for 4 p.m. and expected to last about 90 minutes, is free.

ELSEWHERE

Boselli faces surgery

STEVEN'S POINT, Wis. — The Jacksonville Jaguars' Tony Boselli, the No. 2 overall pick in the NFL draft, suffered a more serious knee injury than originally thought and will undergo arthroscopic surgery Friday.

Dr. Stephen Lucie, the team's physician, found a small cartilage chip floating in the injured knee and scheduled surgery to remove it. Boselli was originally expected to be out between 10 days and two weeks but it will now be longer.

Brazil upends U.S.

MALDONADO, Uruguay — The United States' remarkable run through the America Cup ended Thursday night with a 1-0 loss to Brazil in the semifinals of the South American tournament.

The four-time World Cup champions scored in the 13th minute on a header by Aldair to advance to Sunday's finals against Uruguay.

The Brazilians extended their unbeaten streak to 25 games, their last loss coming to Germany in 1993. They limited the U.S. to two good scoring chances, both by defender Alexi Lalas.

The Americans, eliminated by Brazil 1-0 in the second round of last summer's World Cup, were playing in the semifinals of a major international tournament for the first time since the 1930 World Cup.

The United States will play Colombia for third place on Saturday in Maldonado.



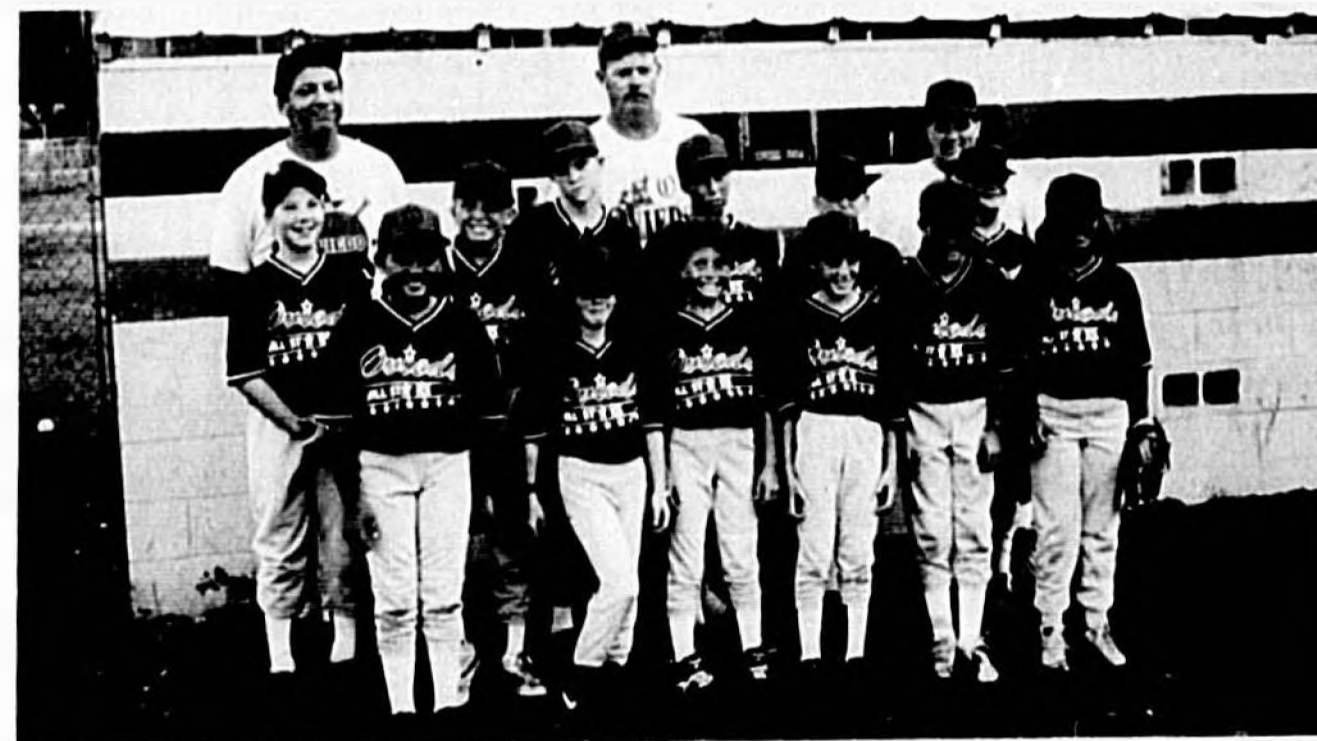
BASEBALL
 7:30 p.m. — WRBW 65, Los Angeles Dodgers at Florida Marlins. (L)

Complete listings on Page 2B

Head west to East Bay



Oviedo Major American Baseball All-Stars



Oviedo Minor Softball All-Stars



Oviedo Major Softball All-Stars

Dolphins ragged in first workout in full pads

By KAREN TESTA
 Associated Press Writer

DAVIE — The Miami Dolphins broke out their pads for the first time in the offseason, and it was a rough transition.

But safety Michael Stewart says the team is where it should be.

"You don't want to come out and look like you're in Super Bowl form with so much time left," Stewart said. "It's something you want to be able to build on."

Coach Don Shula described the morning workout Thursday as "ragged," but by afternoon, his outlook had improved.

"Everything seemed to fall into place much better," he said.

The morning workout was the first time any of the Dolphins had dressed in full pads since their 22-21 loss in the playoffs to San Diego last year. It was also a first for the rookies.

There was trouble with the exchange between first-year starting center Tim Ruddy and quarterback Dan Marino. There was trouble on

the exchange between Marino and the backfield. There was trouble with assignments among the new players.

The ball was on the ground too often.

"Until you put the pads on and get the full-speed timing, you really don't know how far along you are," Shula said. "It was a really ragged practice, especially offensively."

Later in the day, the team played in shoulder pads and shorts and the timing was much better, Shula said.

He also was impressed with kicker John Kidd, who soundly hit his 10 attempts. The Dolphins struggled with a lack of hang time last year.

"I thought Kidd did an excellent job on punting, hang time and distance," Shula said.

The Dolphins added two names Thursday to the list of injured: rookie wide receiver Kirby Dar Dar pulled a groin muscle and ex-Chicago Bears defensive end Trace Armstrong aggravated an old hamstring strain and did not dress for workouts. The 6-4, 260-pound end, going into his seventh NFL season, felt a pull Wednesday while rushing the passer.

"There's nothing worse for me than to stand

Oviedo has four teams in Sectional

From Staff Reports

OVIDEO — For the next week or so, the attention of many Oviedo residents will be focused on the Little League Baseball Florida Section III All-Star Tournaments being played at Gibsonton's East Bay Little League.

Oviedo Little League had four teams — the Major (11-12) Baseball, Minor (9-10) Softball, Major Softball, and Senior (13-15) Softball — win championships in their respective District 14 tournaments and earn the right to play for the sectional crown.

That group of four was very nearly a gang of six, as the Oviedo Minor and Junior (13) Baseball All-Stars made it to their respective district tournament championship game before bowing out.

The Section III champions advance to the state championship tournaments.

All four Oviedo teams will play their first-round games Saturday. Both the Major Girls and Senior Girls play at 10 a.m. against District 6 (Metro Tampa) while the Minor Girls face District 3 (Metro Orlando) at 3 p.m. The Major Boys take on District 3 at 12:30 p.m.

Weather permitting, the tournaments are scheduled to wrap up next Wednesday, July 26, or Thursday, should the "if necessary" games be required to determine the outcome of the double-elimination draw.

East Bay Little League is located near Interstate 75 approximately 10 miles south of Interstate 4 in southeastern Hillsborough County.

Members of the 9-10 Softball All-Stars are Amanda Brewster, Christina Culver, Michelle Grinage, Brittany Lambeth, Nellie Liljenquist, Brittany McElroy, Kelly Raw, Carrie Riddle, Kathryn Swindle, Erica Vravias, Kati Wice, and Whitney Winchester. Ron Grinage is the manager. Scott Riddle and Bill Dickson are the coaches.

The Major Softball All-Stars are Danielle Abernathy, Alicia Adriatico, Chelsey Bell, Jamie Dalton, Carly Duclos, Katie Field, Cathy Gunnis, Stephanie Mathieux, Christa Matthews, Kathleen McNamara, Almee Nettles, Jennifer Taylor, Amy Tillwick, and Abigail Villanueva. The manager is Gayle Field. Steve Field is the coach.

Making up the Senior Softball All-Star squad are Kim Babroski, Stephanie Bourne, Catie Carpenter, Nicole Cooper, Christina Doege, Nicole Elston-Mott, Lisa Field, Lena Gore, Heather Kinnaird, Ashley Long, Wendy Moore, Amber Slayton, Sarah Sumrall, and Nicki Tusa. Manager Tom Mott is assisted by coach Tony Kinnaird.

The Major Baseball All-Star squad consists of Ryan Adams, Doug Bailey, Barry Dunemann, John-Michael Howell, Colin Irvine, Jeff Knapp, Bobby Kopperud, Brian Lorenzetti, Andy Mayfield, Luke Moore, Jason Praither, Sean Przychocki, Andy Valentin, and Eric Weissner. Guiding the team are manager Chris Knapp, coach Danny Daniels, and assistants Scott Weissner and Joe Howell.

there and have to watch practice," Armstrong said. "It's agonizing. You just feel left out."

Running back Terry Kirby, who hopes to return by the Sept. 3 opener, dressed in pads but did not make contact. He injured his right knee early last season and had not dressed since October.

Others who sat out were fullback Keith Byars (knee), linebacker Chris Singleton (ankle), safety Louis Oliver (foot), defensive tackle Norman Hand (chest) and guard Bert Weidner (ankle).

At the start of camp this week, much of the locker room talk centered on the Dolphins' chances to make the Super Bowl. That talk all but stopped Thursday as reality set in.

"That's old news," Kirby said. "We got to stop talking. On paper, everything looks good. But right now, on the field, we still got a long ways to go."

The Dolphins signed Michael Davis, a 5-11, 230-pound fullback out of Mississippi State. The team also waived fullback Tarrant Lynch, a rookie free agent, who had not practiced all week due to an ankle injury.

People

CALENDAR

Substance abuse discussed

SAFE, Substance Abuse Family Education, is conducting a "Families in Crisis" outreach program. Interested organizations wanting to contact the Life Savers Club of SAFE may call Libby Kuharske at 291-4357.

COMA announces meetings

The Concerned Organization of Men in Action (COMA) meets the first and third Friday, at 8 p.m., in the church annex at St. James AME Church, Ninth Street and Cypress Avenue, Sanford.

Art association meets Saturday

Sanford-Seminole Art Association meets on the fourth Saturday of each month, at 1 p.m., at Shoney's in Sanford. Those interested in art are welcome to attend.

Trekkers meet Saturday

The USS Genesis, a chapter of the Federation (A Star Trek Fan Club) meets every other Saturday, at 4:00 p.m. at Bowl America on Airport Boulevard. Those interested in a program that helps people are invited.

Al-Anon meets Sunday, Monday

Al-Anon meets every Sunday at 8 p.m. at the west side of South Seminole Hospital on SR 434, and Monday at 7 p.m. at Northland Community Church, corner of Dog Track Road and US 17-92. For information, call 322-8678.

Overeaters Anonymous meets Tuesday

SANFORD - Overeaters Anonymous meets every Tuesday, at 10 a.m. in Parish Hall Whitner Lounge of Holy Cross Episcopal Church in Sanford. The meetings last about an hour. There are no dues nor fees. The only requirement to attend is the desire to stop eating compulsively.

Sewing club gathers

Every Tuesday from 9:30 a.m. to noon, the WOOPIE Sewing Club gathers at the Lake Mary Senior Center, 158 N. Country Club Road, to make baby clothes, and items for nursing homes as well as items for the Christmas Store. The items made by the club are donated to preemie babies, nursing home residents and gifts for the annual Christmas store.

Activities for seniors

Lake Mary Seniors invite anyone 55 years or older to join them in a weekly activity on Tuesday: Art, from 9 a.m. to noon, at the Frank Evans Center, 158 N. Country Club Road.

Weekly Lions Club meeting

The Sanford Lions Club meets every Tuesday at noon at the Colonial Room in downtown Sanford. For information, call Andrea Krazelac at 330-6116.

Bridge club to meet, play

Sanford Duplicate Bridge Club meets at noon each Tuesday at the Greater Sanford Chamber of Commerce, 400 E. First St., Sanford.

Kiwanis Club of Casselberry meets

Kiwanis Club of Casselberry meets every Tuesday at 7:30 a.m., at Village of the Casselberry Senior Center. For information, call 831-8545.

Over-50 Club meets Tuesday

The Over-50 Club meets the second and fourth Tuesday, at 10:30 a.m., at the Sanford Senior Center. Seniors are welcome.

Overeaters to gather

A regular meeting of Overeaters Anonymous is conducted on Tuesdays at 7:30 p.m. at First United Methodist Church, corner of Park and 5th, Sanford. For more information, call Carol at 322-0657.

Nar-Anon to offer help

Nar-Anon, a self-help group for relatives and friends of addicts, will meet Tuesday at 8 p.m. at Orlando General Hospital. For more information, call 869-8364.

Clogging classes formed

The Old Hickory Stompers offer free beginner clogging classes. Intermediate and advanced lessons also available. Meetings are at the Deltona Civic Association on Tuesdays from 8 to 9 p.m. Call 349-9829 for more information.

Take off pounds sensibly

Members of Take Off Pounds Sensibly, TOPS, invite the public to join them on Tuesday evenings from 7 to 8 p.m. at the First Christian Church, 1807 Sanford Ave., Sanford.

The group now has a private room to weigh people between 6:15 and 6:45 p.m.

Each week a different program on weight loss will be conducted. For more information about the club, call 323-1768 or 323-1684.

Toastmasters meet

Seminole Community College (SCC) Toastmasters Club #6581 will meet every Tuesday of the month, at 7:30 p.m., at the old Lake Mary City Hall on Country Club Road. Contact Rosella Bonham at 323-8284 for more information.

Aerobics offered

Sanford Recreation Department offers Step Aerobics at the youth center in Sanford City Hall, Mondays and Wednesdays, from 9 to 10 a.m. and 5:30 to 6:30 p.m. Instructor is Lisa Hines. Cost is \$3 per class. For information, call 330-5897.

TOPS meets Monday morning

SANFORD - TOPS (Take off Pounds Sensibly) Chapter #821 meets every Monday, from 10 a.m. to noon, at the First Christian Church, 1807 Sanford Ave., Sanford. All interested in losing weight are welcome. For information, call 322-3130.

Sanford Rotarians to meet

SANFORD - Rotary Club of Sanford meets every Monday at noon, at the Sanford Chamber of Commerce building.

Activities for seniors

Lake Mary Seniors invite anyone 55 years or older to join them in two weekly activities on Monday: Woodcarvers, from 9:30 to 11:30 a.m.; Games, from 1 to 3 p.m., at the Frank Evans Center, 158 N. Country Club Road.

Employment opportunities for seniors

An employment program sponsored by AARP Senior Community Service is held at the Sanford Armory Monday, Wednesday and Friday, from 8 a.m. to noon. Bill Downey and Nick Callahan are available to help seniors find employment.

Think about family vacation

Have you thought about a family vacation? A vacation isn't just a chance to get away and explore a new area. Vacations are much more important than that. Vacations give families a chance to get reacquainted and to strengthen family unity.

Many people don't take vacations because they think they are too expensive, or they don't have the time, but there are some alternatives to the long trips that can make your vacation an enjoyable family time. Vacation time should be time to reconnect with each other, time to build memories for your children, time to help you revive from the everyday stresses and



CONSUMER FOCUS

BARBARA HUGHES/GREGG

tenation of work and return more productive and happier.

Here are some ideas to help you enjoy a vacation without spending extra money.

• Take short trips. One-day trips let you stretch vacation money to see and do more

things. They save money on motel costs and children sleep better in their own beds.

• Develop a "vacation" day schedule with a definite date and destination. Don't fill a day trip with too many miles to drive or too many things to do.

• Turn your home into a vacation spot. Primary rule — no one works. Eat out, picnic breakfasts are a treat for your children and a trip to a park or playground is fun. Don't plan to do any household chores, pretend you are in a hotel.

• Divide the vacation. Plan three days with the children, doing what they enjoy and want to do, then let children stay with

friends or relatives and do something just for you for three days. You may want to return the favor for a friend and keep their children for a few days also.

There are many opportunities in Florida for low cost vacations. County fairs, state parks, museums, and camping sites are just a few suggestions. Does your area have a historical site or a cultural event? Prepare a list of special events your community has to offer. Use this list to plan vacation time. We often overlook events in our own area because they are close. Take a day or two and rediscover Florida.



Friends of youth

Sanford Optimist Club at a recent meeting welcomed Lynette Lowe, president of the Lake Brantley High School band. Lowe was presented with a \$500 scholarship check from the club. She was chosen for the honor by bandmasters of Seminole County. Lowe, who plays the flute, will attend Florida State University as a Music Education major. From left: Audrey Ogden, Optimist Club secretary-treasurer; Ernie Butler, program chairman; Lowe and Peggy Hardin, club president.

Herald Photo by Herman Schroeder

Nobody's perfect

DEAR MARY: I am my own worst enemy — I have to do everything perfectly or I beat myself up really badly. The biggest problem about it is I don't want to start anything new because I'm afraid I won't do it well enough. Actually, people tell me I'm really smart and good at a lot of things, but I never see what I do well, only how I could have done better. I know I got passed over for a promotion a few months ago because my productivity is low, even though what I do produce is excellent. If I make one little mistake in a presentation at work, I feel like a failure even if everyone else says I did a great job. When I write a memo, it's often late getting out because I just keep going over it and polishing it.

This situation is keeping me from getting ahead, but it's also keeping my self-concept low and I want to change it. How do I start?

ENEMY!
DEAR ENEMY! A perfectionist is guaranteed to feel like a loser no matter what you do because everything can be improved upon if looked at closely and critically enough. Try this exercise: make a list of the things you do during the day. Then rate these activities first on how perfectly you completed them and second



FAMILY COUNSELOR

MARY BALK

on how much satisfaction you gained from them. Perfectionists often believe that they can't be happy unless they do everything as perfectly as possible. As you can imagine, you will probably find that you can actually be satisfied when you do things without expecting them to turn out perfectly.

Sit down and write yourself a letter about why the fear of making a mistake is irrational. Tell yourself that a mistake won't spoil a whole project, and may even provide valuable learning opportunities.

Focus on your accomplishments rather than your shortfalls. Review all the things you did well on a daily basis. Once you lower your standards a bit you will probably find that your satisfaction and level of production increase dramatically while your anxiety decreases.

(Mary Balk is a Certified Addiction Prevention Professional and a counselor at Pine Crest Elementary School. Contact her at the Sanford Herald, or call 322-1711.)

Hospital stay puts man's marriage in critical condition

DEAR ABBY: I often wondered about my husband's late-night meetings and frequent weekend business trips. When I questioned him and let him know that I suspected there was another woman in his life, he called me foolish and paranoid.

Recently he had an operation, and of course was sedated. After a mixup with the hospital room, I finally found his room. As I approached his room, a floor nurse said, "Thank goodness you're here. You must be Rita" — his wife. He's been calling your name for hours.

Well, my name is Peggy, and I don't even know a Rita, but he must. So, Dear Abby, who is Rita? I'd like to give him some truth serum and find out.

MY NAME IS PEGGY
DEAR PEGGY: You don't have to be a Scotland Yard detective to figure out who Rita is. When a married person becomes aware of the fact that his/her mate is involved with someone else, it's time for a confrontation.

Lose no time in letting your husband know that you know there is Rita in his life, and insist that he see a counselor with you.

Marriages have been saved through counseling with psychologists, psychiatrists, marriage counselors, clinical social workers, ministers, priests and rabbis.

DEAR ABBY: Yesterday, when my husband and I were shopping at the mall, he said his ex-wife asked him to pick up some shampoo for her, and take it out of the child support.

Abby, this infuriated me! I cannot describe the pain I experience when he tells me something involving his ex-wife. He and his ex are still friends. Yes, I knew when I married him that he had been married before and had a child with this woman, but it just kills me to know that they are still that close.

His willingness to do such favors for her bothers me as much as her having the nerve to ask him.



ADVICE

ABIGAIL VAN BUREN

He says staying on her good side helps him, but it's painful for me to have to share his love.

TICKED OFF IN TEXAS
DEAR TICKED OFF: Who said anything about sharing his love? If you could read my mail, you would realize how miserable a marriage can be when there is an angry ex-wife in the picture.

DEAR ABBY: Our daughter "Kate" is being married in three months. She has two sisters, "Annie" and "Gail." Kate has decided not to include Gail in the wedding because she has a learning disability that only shows up physically in a slightly awkward gait. All three girls are college graduates.

We do not agree with Kate's decision. We feel Gail should be included.

MOM AND DAD
DEAR MOM AND DAD: I would not only express my feelings about Kate's not including Gail in her wedding — I'd express my outrage at her cruelty toward her sister!

IN THE SERVICE

SEAN P. RANDALL
LACKLAND AIR FORCE BASE, San Antonio — Air Force Airman 1st Class Sean P. Randall has graduated from Air Force basic training here.

During the six weeks of training the airman studied the Air Force mission, organization and customs and received special training in human relations.

In addition, airmen who complete basic training earn credits toward an associate degree through the Community College of the Air Force.

Randall is the son of Rodney M. and Rosellen P. Randall of 110 Colonial Lane, Longwood.

He is a 1991 graduate of Lake Mary High School, Lake Mary.



Sean Randall

REGAL CINEMAS
LITCHFIELD CINEMA 10

FREE WILLY II	(PG)
1:30 3:30 5:30 7:30 9:30	
FIRST KISS II	(PG-13)
1:15 4:00 7:15 9:45	
POCAHONTAS	(G)
1:00 3:00 5:00 7:00 9:00	
NINE MONTHS	(PG-13)
1:20 3:20 5:20 7:20 9:20	
INDIAN IN THE CUPBOARD	(PG)
1:10 3:15 5:15 7:15 9:15	
APOLLO 13	(PG)
1:00 4:00 7:00 9:50	
CLUELESS	(PG-13)
1:00 3:00 5:00 7:00 9:00	
BATMAN: FOREVER	(PG-13)
2:30 5:00 7:30 10:00	
MIGHTY MORPHIN POWER	(PG)
1:10 3:10 5:15	
SPECIES	(R)
7:40 10:00	
UNDER SIEGE: DARK TERROR	(R)
11:30 2:30 5:30 7:30 9:30	

Religion

IN BRIEF

McDuffie to speak

SANFORD — Evangelist Emma McDuffie of Clermont will be at the House of Refuge August 2 to 4. McDuffie has appeared on Channel 55 numerous times and ministered in many churches in Florida.

Her testimony of deliverance from drugs is astounding. Services are 7:30 p.m. nightly at 1101 Celery Ave. where Elijah Richardson is pastor.

For more information contact Diane Harrell 324-4711.

Barley awarded divinity degree

MILL VALLEY, CALIF — Tim Barley of Sanford, was awarded the master of divinity degree from Golden Gate Baptist Theological Seminary on May 19. Barley received the degree after the completion of three years of study on the Mill Valley, California campus.

At the spring ceremony, Barley, who was president of his graduating class, also received the President's Excellence in Leadership Award from the seminary's president, Dr. William O. Crews.

Before attending Golden Gate Seminary, Barley was Director of Youth Ministries at Central Baptist Church in Sanford, from 1990 to 1992.

Marriage seminar sponsored

SANFORD — The Sanford Meadows Seventh-Day Adventist Church will sponsor and host a Marriage Enrichment Seminar for the community August 4 and 5. Conference Speakers Ken and Helen Bryant will lead the sessions which will begin Friday evening at 7 p.m. and last all day Saturday and close about 8 p.m.

The seminar will be held in the church school facility at 5615 N. County Rd. 427 (one-half mile East of 17-92). There is a registration fee of \$25 per couple for food (lunch and supper provided) and materials. Pre-registration is required. Seating is limited.

Call Ken Bryant at 644-5000 ext. 123 or 869-8106.

Church schedules concert and speaker

SANFORD — Freedom Assembly of God, 2960 Orlando Dr., will host a concert Sunday at 4 p.m. with Grammy winner Sherman Andrus. Andrus was formerly a member of the Imperials and Andre Crouch and The Disciples. He has been nominated for five Grammy awards, winning once, and nominated nine times for the prestigious Dove Award, winning twice.

Florida Teen Challenge Ministries will be present at the 11 a.m. service. The group will share their testimony of deliverance from drug and alcohol problems.

For more information call 323-8999.

Pastor resigns

SANFORD — The Rev. S. Edward Johnson, pastor of the First Christian Church (Disciples of Christ), 1807 Sanford Ave., for the past 15 years, has submitted his resignation effective the first week in August. The Rev. Johnson has been active in the Sanford community for the duration of his ministry.

He has served as president of the Sanford Ministerial Association and president of the Sanford Christian Sharing Center. He is an active member of the Sanford Kiwanis Club.

Sharing Center Thrift Store to open

LONGWOOD — The South Seminole Christian Sharing Center announces the grand opening of the "Values Reborn Thrift Store," today at 10 a.m. The store is located at 600 N. Hwy. 17-92.

The South Seminole Christian Sharing Center helps those who need rent, utility, medical, clothing and food assistance. For more information call the store at 332-0925.

West African minister to speak



RELIGION
SUSAN
WENNER

SANFORD — Dr. Moses Iloh will speak at Shower Down of Blessings, 201 Elm Ave., 7 p.m. nightly from July 26 to 28. Iloh is said by many to have an anointed teaching, healing and deliverance ministry from West Africa.

Born 65 years ago in a mining town on the plateau in Nigeria, Iloh had early contact with American and Canadian missionaries.

Iloh was saved at the age of 10 in Jos, Nigeria and was actively involved in soul winning at market places, mining camps and pagan villages. By 1941, he had won 100 souls and was presented with a book "The Tower that Reached Heaven" by the American Missionaries.

By 1982 Iloh said, "The Lord told me that elites were being ostracized inadvertently under the wrong impression that they were content because of financial affluence. The Lord sent me principally to evangelize the elites, but not to be limited to the elites. The genesis of the Soul Winning Ministries is evangelizing the elites. This started in 1982 and I have undertaken successful evangelism endeavours to Switzerland and the Philippines. I have found myself thriving on revelation knowledge. I had a valuable exposure with the Haggai Institute for Advanced Christian Leadership in Singapore."

He continued by saying, "I am president of the Soul Winning Ministries Inc. and pastor of a church, The Soul Winning Chapel, which is one of the fastest growing churches in Nigeria and one identified with Christian Militancy."

Iloh is also known throughout Nigeria for his television appearances. He is active in the country in many Christian organizations and groups to curb crime.



Dr. Moses Iloh

Children enjoy VBS



Children from First United Methodist and surrounding neighborhoods enjoyed a week of fun filled activities and learning God's word. The theme "SonTown" kept the group of youngsters busy. Photo left; Kaleigh Gaugh, Sarah Pegram, Adam Gee, April



Howell, Amy Brown, Kallyn Baker and Kristina Rumbey. Photo right; Other children enjoy a game of parachute ball in the courtyard of the church.

Episcopallians assist sharing center



Harold Photo by Susan Wenner

SANFORD — Members of St. Peter's Episcopal Church in Lake Mary assist staff monthly at the Sanford Christian Sharing Center. Sitting, Sally Green; standing from left to right; Ada O'Neil, Dee Morrissey, Eleanor Hart, Jim Grant and Norm Hart.

MARRIAGE ENRICHMENT SEMINAR

Conference Speakers Ken & Helen Bryant will present an Enriching Weekend for Couples with a Growing Love Relationship - Motivational, Inspirational and above all - Non-threatening... A Weekend You'll Always Remember...



Sanford Meadows Church School
(1/2 mile east of 17-92 on SR127)

AUG. 4, 7-9 PM & AUG. 5, 9 AM - 8 PM
Pre-registration Required

Total Cost: \$25.00
(Lunch & Banquet included)
Information/registration:

(407) 644-5000 ext. 123 • (407) 869-8106

*The Bryant's next seminar in the area will be at the Daytona Hilton, May 3-5, 1996; Total Cost: \$285.00

Show more the hand that moves the world



MUSICFEST 95

Saturday, July 22, 1995 • 9am to 4pm
Downtown Sanford • In The Park



Gospel Jazz, Gospel Rappers, Praise Dancers, Eustis Summer Choir, Victory in Jesus, Sanford Workshop Choir and Much, Much More!!!!

PLUS Games For Children • Vendors • Food • Tapes • T-Shirts
Arts & Crafts • Drawing for A Weekend Vacation
Silent Auction For A 1995 GEO Prizm

Presented by Sanford/Central Florida Musicians' Guild
Sponsored By:

STRANG

Seminole Penny Saver

LUZ JAZZ



Central Florida Regional Hospital
Part of Columbia Park Healthcare System

Sanford Herald

Oscar Redden of Ken Rummel Chevrolet, Seminole Printing and First Shiloh Church

Legal Notices

IN THE COUNTY COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA

NOTICE OF SALE PURSUANT TO CHAPTER 45 NOTICE IS GIVEN THAT PURSUANT TO ORDER OF FINAL JUDGMENT IN FORECLOSURE DATED JULY 19, 1995, IN CASE NO. 95-309-CC-30-Q OF THE COUNTY COURT IN AND FOR SEMINOLE COUNTY, FLORIDA, IN WHICH HIGHLANDS HOMEOWNERS' ASSOCIATION, INC. IS THE PLAINTIFF AND TERIRICCI, DANIELA, DEFENDANT.

NOTICE TO CREDITORS IN RE: FLORENCE M. KOUSMER - died February 2, 1994. Amended and Restated Florence M. Kousmer Revocable Trust dated January 21, 1994. Trustees: Eugene C. Mulhern, Michele J. Kousmer Kelley and Harold Andres, Co-Trustees Post Office Box 921698

DEF-131

Legal Notices

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA

NOTICE OF ADMINISTRATION The administration of the Estate of ADELAIDE B. FAIGLE, deceased. File Number PR 95-309-CP is pending in the Circuit Court for Seminole County, Florida, Probate Division, the address of which is Seminole County Courthouse, 301 North Park Avenue, N402, Sanford, Florida, 32771. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

NOTICE OF PUBLIC HEARING TO CONSIDER A DIMENSIONAL VARIANCE Notice is hereby given that a Public Hearing will be held by the Planning & Zoning Commission in the City Commission Chambers, City Hall, Sanford, Florida, at 7:00 p.m. on Thursday, August 3, 1995, to consider a request for a Dimensional Variance in a G.C.2. General Commercial Zoning District.

DEF-132

Legal Notices

NOTICE OF ACTION TO John McDonald and Pam McDonald: YOU ARE NOTIFIED that an action to reassess right of title to abandoned property in Seminole County, Florida, A 1971 King Mobile Home, VIN# K504 has been filed against you and you are required to serve your written defenses, if any, to Superior Mobile Homes, Inc. 1319 Cherry Ave., Sanford, FL 32771 on or before July 24, 1995, otherwise you will surrender all rights to title or possession of the aforementioned property.

NOTICE OF PUBLIC HEARING TO CONSIDER A DIMENSIONAL VARIANCE Notice is hereby given that a Public Hearing will be held by the Planning & Zoning Commission in the City Commission Chambers, City Hall, Sanford, Florida, at 7:00 p.m. on Thursday, August 3, 1995, to consider a request for a Dimensional Variance in a G.C.2. General Commercial Zoning District.

NOTICE OF PUBLIC HEARING TO CONSIDER A CONDITIONAL USE Notice is hereby given that a Public Hearing will be held by the Planning & Zoning Commission in the City Commission Chambers, City Hall, Sanford, Florida, at 7:00 p.m. on Thursday, August 3, 1995, to consider a request for a Conditional Use in an R-2, Single Family Residential Zoning District.

DEF-133

CLASSIFIED ADS Seminole Orlando - Winter Park 407/322-2611 407/831-9993 CLASSIFIED DEPT. HOURS: 8:00 A.M. - 5:30 P.M. MONDAY thru FRIDAY

12 - Elderly Care TLC HOME COMPANIONS. Live in or help Low low rates Locally owned 372 1092

21 - Personals ADOPTIONS Free medical care, transportation, counseling, private doctor plus expenses. Bar 47215 Clearwater Attorney John Fricker 1-800-927-8440

23 - Lost & Found FOUND SMALL DOG Near Maitlandville & 1st Call to identify 323 1296

Legal Notices NOTICE OF FICTITIOUS NAME Notice is hereby given that I am an owner in business at 101 Wymore Road, Suite 211, Altamonte Springs, FL 32714, Seminole County, Florida, under the Fictitious Name of: AAA CONFIDENTIAL INVESTIGATORS, and that I intend to register said name with the Division of Corporations, Tallahassee, Florida, in accordance with the provisions of the Fictitious Name Statutes.

71 - Help Wanted Airline Trainees to 150 Hr. Mechanics, ticket agents, baggage, refuelers, cleaners 834 2500 Hiring Agency.

CLASSIFIED ADS SCHEDULED TO INCLUDE: Bargain Hunter at the cost of an additional day Cancel when you get results. Pay only for days your ad runs at rate earned. Use full details for fastest results. Copy must follow acceptable typographical form. Commercial frequency rates are available.

12 - Elderly Care TLC HOME COMPANIONS. Live in or help Low low rates Locally owned 372 1092

21 - Personals ADOPTIONS Free medical care, transportation, counseling, private doctor plus expenses. Bar 47215 Clearwater Attorney John Fricker 1-800-927-8440

71 - Help Wanted APPLIERS \$11 HR. We Train Local work. 813 921 8770

BOB EVANS NOW HIRING! GRILL COOKS HOSTS/HOSTESSES Apply in person 3860 Flagg Ave., Lake Mary, Corner of 1 & Lake Mary Blvd.

CERTIFIED NURSING AIDE APPLY IN PERSON LAKEVIEW NURSING HOME 916 3rd St. Sanford

25 - Special Notices HUNDREDS OF CHILDREN are in need of loving foster homes. Give a piece of your heart. Call Foster Parent Recruitment at 407-423-6441

27 - Nursery & Child Care ABC SMALL DAY CARE, LLC. babies, toddlers, free wk. 1. 3ec. references 323 6118

71 - Help Wanted AAA EMPLOYMENT Act. Office Mgmt., Labor 798 W. 29th St. 323-5176

71 - Help Wanted Easy - Part Time Phone Rep Like to Talk On the Phone? Get a "Way" with People?

THIS WEEK'S GARAGE SALES BIG HOME SALE Sat. 7:22. Plus more. TV's sat. more! 3796 SANFORD AVE. Call Fri. 323 5169 or 637 9210 for directions.

71 - Help Wanted MERRY MAIDS 331-5266 ELECTRICIANS Exp. Only for commercial work. Drug free environment. 322-1542

71 - Help Wanted CABINETS Exp. or apprentice for commercial shop. Drivers lic. req. Call: 8 11am. 322 7934

EARN \$6-8 HR. No nights or weekends. WE PROVIDE weekly paychecks, paid training & mileage, drug free workplace, uniform, nice place to work. YOU PROVIDE car & auto insurance. Call

FRONT DESK CLERK 3pm to 11pm SHIFT EXP. PREFERRED BUT WILL TRAIN Apply at: DAYS INN 4546 WEST SR 46, SANFORD

GRINDERS Immediate Start! Call Jeni at N.S.I. (407) 649 1798

INSURANCE CUSTOMER SERVICE REPRESENTATIVE AGENCY seeking experienced individual. 406 lic. preferred. but not req. Please call: 407-231-7750

LANDSCAPING Exp. Helpful. 329 2695

LANE MAINTENANCE Commercial exp. req. 330 1461

INSURANCE CUSTOMER SERVICE REPRESENTATIVE AGENCY seeking experienced individual. 406 lic. preferred. but not req. Please call: 407-231-7750

LANDSCAPING Exp. Helpful. 329 2695

71 - Help Wanted IRRIGATION INSTALLER Drivers lic & exp. required 407 322 8133

1st, 2nd & 3rd SHIFTS Need 8 people for light industrial work in Sorrento area. START TODAY!

ABLEST SERVICE CORP. 896-1913 NEVER FEE! LONG HAUL TRUCK DRIVERS Must have 3 yrs. exp. and good driving record. Good pay & benefits! 1 800 327 4600. Lee

MECHANICAL WELDER. Install truck bodies & hoods. Must have tools. TRANS STATE EQUIP. & Orlando 837 2645

PRECAST CONCRETE WORKERS & EQUIPMENT OPERATORS Experience req. 9am-3pm. SEMINOLE PRECAST INC. Part of Sanford, 1-41 Est 53

ROOFING Must have reliable daily transportation. Roofers exp. only. Laborers no exp. need salary. Call for appl. 322 9417

ST. CROIX APARTMENTS \$499 Are We Out of Our Minds? \$499 Moves You Into A Brand New Large 1 Bedroom 321-7303

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ST. CROIX APARTMENTS \$499 Are We Out of Our Minds? \$499 Moves You Into A Brand New Large 1 Bedroom 321-7303

CELEBRITY CIPHER by Luis Campos. CIPHER CIPHER cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another. Today's clue: 1 square P

OFF THE LEASH By W.B. Park. "I was always the life of the party until I attended my first AA meeting."

SANFORD COURT APARTMENTS ROAD CONSTRUCTION SPECIAL \$150 Security Deposit

ST. CROIX APARTMENTS \$499 Are We Out of Our Minds? \$499 Moves You Into A Brand New Large 1 Bedroom 321-7303

ST. CROIX APARTMENTS \$499 Are We Out of Our Minds? \$499 Moves You Into A Brand New Large 1 Bedroom 321-7303

71-Help Wanted
SILKSCREEN OPERATORS
Great Opportunity!
TELEMARKETERS
WELDERS
MIG-TIG SPOT

71-Help Wanted
SECURITY OFFICER JOB
TELEMARKETERS
WATSON REALTY, Lake Mary
PRIVATE RM., w/ kitchen

93-Rooms for Rent
AIR CONDITIONED. Clean, quiet, strictly managed.
CLEAN ROOMS, single starting \$77 wk.
CONVENIENT LOCATION. priv. entrance, fridge, micro, color TV.

KIT 'N' CARLYLE by Larry Wright
You CAN'T Fool Me! I KNOW WHAT HAPPENED TO THAT BAG OF MARSHMALLOWS!
Illustration of a woman holding a marshmallow bag and a small cat.

141-Homes for Sale
SANFORD 3 BDRM. Corner lot, new CHA, roof, carpet, kitchen, bath, paint.

181-Appliances / Furniture
FUTON FACTORY SALE
YOU GET EVERYTHING!
Frame + Fabric + Cover

215-Boats and Accessories
14 FT. FIBERGLASS. With motor & trailer, good condition.
1978 CRESTLINER. 24' Cuddy Cabin, new lower unit.

We make renting a Breeze
FREE RENT*
On 1, 2 & 3 Bedroom Apartment Homes!
Geneva Gardens
1505 W. 25th Street • Sanford 322-2090

99-Apartments Unfurnished / Rent
A VERY UNIQUE Garage apt. of historic home. Cathedral ceilings, AC, 3300 sq. ft.

103-Houses Unfurnished / Rent
SANFORD NEWER. 3 Bdrm. 2 bath home, CHA, garage, large wooded yard.

141-Homes for Sale
FORECLOSURES
Large selection of 2/2 1/2 bedroom homes in all areas with E-Z qualifying.

185-Computers
DIGITAL PENTIUM 100. Brand new, 16MB, Quad CD Rom, 1 GB Hard Drive.

222-Musical Instruments
CLARINET for sale. Normandy, looks like brand new.
222-Miscellaneous

TWO GREAT APARTMENTS! ONE GREAT OFFER!!
12 Month FREE RENT*
You Choose the Location...
330-5204

99-Apartments Unfurnished / Rent
A VERY UNIQUE Garage apt. of historic home. Cathedral ceilings, AC, 3300 sq. ft.

103-Houses Unfurnished / Rent
SANFORD NEWER. 3 Bdrm. 2 bath home, CHA, garage, large wooded yard.

141-Homes for Sale
FORECLOSURES
Large selection of 2/2 1/2 bedroom homes in all areas with E-Z qualifying.

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DIGITAL PENTIUM 100. Brand new, 16MB, Quad CD Rom, 1 GB Hard Drive.

222-Musical Instruments
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Available on Lake Monroe Great 1 & 2 Bedroom Apts. With Super Views
Call Now 322-1051

103-Houses Unfurnished / Rent
HISTORIC DIST. 3/1. Big corner lot w/ street Avail. E/1795.

141-Homes for Sale
AFFORDABLE HOMES VENTURE 1 PROPERTIES
1791 47th St. - 321-2476

141-Homes for Sale
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1791 47th St. - 321-2476

181-Appliances / Furniture
FUTON FACTORY SALE
YOU GET EVERYTHING!

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14 FT. FIBERGLASS. With motor & trailer, good condition.

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Available on Lake Monroe Great 1 & 2 Bedroom Apts. With Super Views
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FUTON FACTORY SALE
YOU GET EVERYTHING!

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14 FT. FIBERGLASS. With motor & trailer, good condition.

Quench Your Thirst For Savings
ONE MONTH FREE RENT*
When You Move In By Aug. 1
324-4334

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HISTORIC DIST. 3/1. Big corner lot w/ street Avail. E/1795.

141-Homes for Sale
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1791 47th St. - 321-2476

141-Homes for Sale
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Advertise Your Business Every Day For As Low As \$41 Per Month. Call Classified, 322-2611

BLONDIE

by Chic Young



BEEBLE BAILEY

by Mort Walker



THE BORN LOSER

by Art Sansom



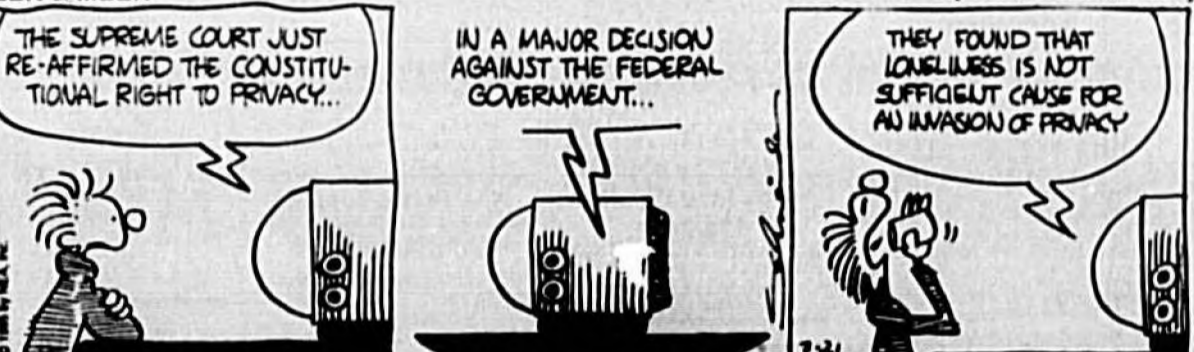
PEANUTS

by Charles M. Schulz



EK & MEK

by Howie Schneider



TUMBLEWEEDS

by T.K. Ryan



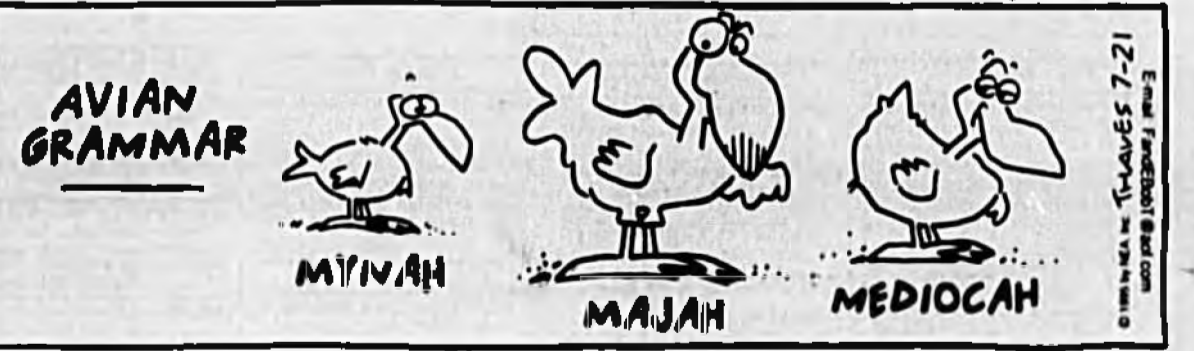
ARLO AND JANIS

by Jimmy Johnson



FRANK AND ERNEST

by Bob Thaves



GARFIELD

by Jim Davis

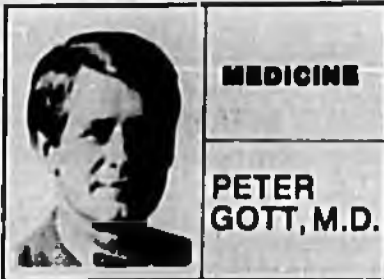


ROBOTMAN

by Jim Meddick



Lightheadedness has many causes



MEDICINE

PETER GOTT, M.D.

DEAR DR. GOTT: I'm a 59-year-old female with a constant symptom of lightheadedness since 1994. I'm a manic-depressive, controlled by medication. I've seen an ENT specialist, had an MRI and routine blood work. I recently read an article about a man with a similar condition. He was diagnosed with a small piece of calcium that broke loose and may be floating in the inner ear. Could this be my problem?

used decolorized iodine the minute I feel even the slightest twinge of a problem. Is there something better for control, or am I on the right track?

DEAR READER: You are if it works. If not, I don't know. Recurring mouth ulcers have several causes. While most are not caused by infections, some are. In such instances, a viral culture may enable your doctor

to identify the source and prescribe anti-viral medication, such as acyclovir. If you've exhausted your medical resources, turn to your dentist for further advice.

Copyright 1995 NEWSPAPER ENTERPRISE ASSN.

DEAR READER: Lightheadedness (in contrast to vertigo which is a sensation of spinning or revolving) has many causes, ranging from low blood pressure and poor circulation to anxiety and the effects of many, many medicines.

By testing you - with blood pressure readings and other examinations - your family doctor should be able to determine the cause of your lightheadedness, or at least reassure you that nothing's wrong. For example, since you have been prescribed drugs for your manic-depression and such medication may cause dizziness, you may have to put up with this rather inconsequential symptom in order to gain the more important benefits of your treatment. Your physician can advise you.

Calcium deposits in the inner ear often occur with age. They can cause vertigo, a different sensation than what you experience. Such vertigo can be quite disabling and usually requires medicine for control - or surgery to relieve the symptom.

To give you more information, I am sending you a free copy of my Health Report "Ear Infections and Disorders." Other readers who would like a copy should send \$2 plus a long, self-addressed, stamped envelope to P.O. Box 2433, New York, NY 10163. Be sure to mention the title.

DEAR DR. GOTT: I've tried everything, including silver nitrate, for the control of mouth ulcers. For the past 10 years I've

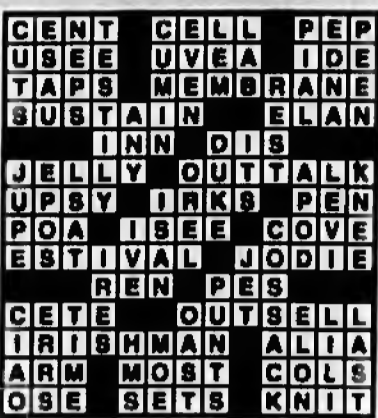
ACROSS

- 1 Status -
- 4 Taunts
- 9 Sine - non
- 12 Eskimo knife
- 13 Concerning
- 14 - and downs
- 15 Mediate
- 17 Actress Lupino
- 18 Macaroni, e.g.
- 19 Pretend (2 wds.)
- 21 Moslem commander
- 23 Over (post.)
- 24 Pin
- 28 High plateau
- 32 Single thing
- 33 Type of terrier
- 34 Army acronym
- 35 Catches
- 37 Falls behind
- 38 Sooner than
- 40 Photocopy
- 41 Abrasive

DOWN

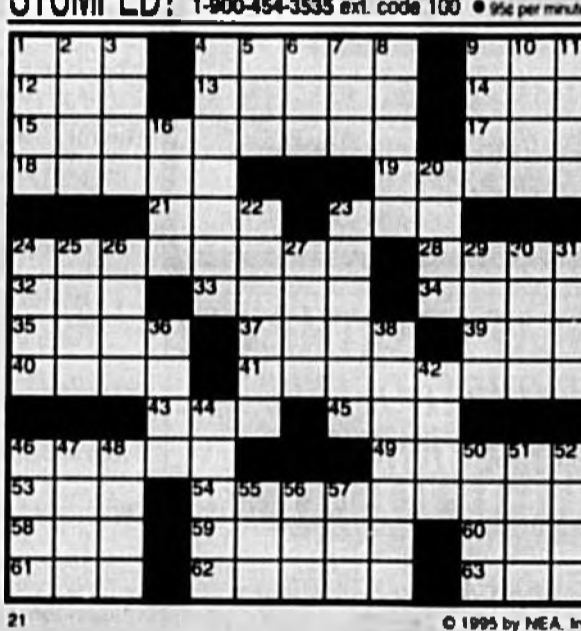
- 1 Jeal
- 2 Skeleton part
- 3 Ins and -
- 4 Car shelters
- 5 Bus. abbr.
- 6 Insect
- 7 Conclusion
- 8 Stone monument

Answer to Previous Puzzle



STUMPED?

Call for Answers • Touch-tone or Rotary Phones • 1-900-454-3535 ext. code 100 • 95¢ per minute



- 9 Resign
- 10 Hair style
- 11 Straight -
- 16 Coup d' -
- 20 Columbian Bombeck
- 22 Sock
- 23 Portland's state
- 24 Mists
- 25 Dill seed
- 26 Coarse hair
- 27 Young hawk
- 29 Pitcher
- 30 Spore cases
- 31 Actor Baldwin
- 36 Baseballer
- 38 Actor James -
- 42 And others (2 wds.)
- 44 Rome, -
- 48 Blunder
- 47 Actress Chase
- 48 Call it -
- 50 Mask
- 51 Sioux Indian
- 52 - and terminator
- 55 A Stoooge
- 56 - - Clear Day
- 57 Thing in law

WIN AT BRIDGE

By Phillip Alder

William Browne, the English pastoral poet, wrote:

There is no season such delight can bring. As summer, autumn, winter, and the spring.

That is like bridge: it provides never-ending variety. I particularly like deals in which the "normal" play isn't right and either the declarer or the defense should work out the winning variation on the theme.

In today's deal, look only at the spade suit. How do you play it for three tricks, assuming you cannot afford to lose a trick?

After North supported clubs, a few cue-bids led to the optimistic contract of six clubs.

West cashed a top diamond before switching to a heart. Declarer won in hand, drew trumps and cashed his heart winners, discarding a spade

from the dummy.

Now the spade suit had to be played without loss. Normally, South would play a spade toward his jack, hoping East had the king-singleton or -doubleton. But could that work here? West was known to have started with three hearts, one club and, presumably, seven diamonds. East couldn't have only two spades. So, declarer entered dummy with a trump and called for the spade queen. After taking East's king with his ace, South cashed the spade jack. When West contributed the 10, South claimed his slam.

True, that was lucky, but good players who count make their own luck.

Phillip Alder's new book, "Get Smarter at Bridge," is available, autographed upon request, for \$14.95 from P.O. Box 169,

Roslyn Hts., NY 11577-0169.

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NORTH 7-21-95
 ♠ Q 9 4 3
 ♥ A 7 4
 ♦ 8 5
 ♣ K 10 6 5 3

EAST
 ♠ K 8 7 6
 ♥ 10 8 5
 ♦ Q J 4 2
 ♣ 9 7

SOUTH
 ♠ A J 2
 ♥ K Q J 3
 ♦ 6
 ♣ A Q J 4 2

Vulnerable: Both
 Dealer: South

South West North East
 1 ♠ 3 ♣ 4 ♠ Pass
 4 ♠ Pass 4 ♥ Pass
 4 ♥ Pass 5 ♠ Dbl.
 6 ♠ Pass Pass Pass

Opening lead: ♠ K

HOROSCOPE

By Bernice Bede Osol

YOUR BIRTHDAY

July 21, 1995

Try to build upon your present financial base in the year ahead instead of looking for new channels of earnings. You will be luckier expanding upon what you already have.

CANCER (June 21-July 22) If you hope to be an achiever today, depend more upon yourself and less upon others. The type of helpers you envision might not exist. Trying to patch up a broken romance? The Astro-Graph Matchmaker can help you understand what to do to make the relationship work. Mail \$2.75 to Matchmaker, c/o this newspaper, P.O. Box 4465, New York, NY 10163.

LEO (July 23-Aug. 22) Humility is a virtue, but today you might confuse it with condescension. You won't come across very well playing this role.

VIRGO (Aug. 23-Sept. 22) The ranks following your banner will

be rather thin today, so don't get lured into situations calling for strong reserves to back you up.

LIBRA (Sept. 23-Oct. 23) Be extremely careful about how you state important issues today. What you say could be misinterpreted and cause you embarrassment.

SCORPIO (Oct. 24-Nov. 22) Beware of situations today that require an investment on your behalf. The ante going in may seem only nominal, but it's just a beginning.

SAGITTARIUS (Nov. 23-Dec. 21) Be fair, but also strive to protect your interests today in a partnership arrangement today. You could end up the giver while your cohort's the taker.

CAPRICORN (Dec. 22-Jan. 19) Quickly correct any small mistakes you make at work today. If you sweep them under the rug, they could be magnified into something quite serious.

AQUARIUS (Jan. 20-Feb. 19) Although you are usually rea-

sonable, today you could be out of step with the will of the majority. This might lead others to gang up against you.

PISCES (Feb. 20-March 20) If you permit it, relatives and outsiders could have a greater influence over your family matters than they should today. Let your clan resolve its own issues.

ARIES (March 21-April 19) Do not take everything you hear literally. You usually aren't unduly gullible, but today you might give too much credence to what you're told.

TAURUS (April 20-May 20) Try not to let extravagant urges overpower you today. Beware of buying things you don't need and can't afford.

GEMINI (May 21-June 20) Poor judgment could put you in situations today that directly oppose others. It will be more important to look for allies than antagonists.

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by Leonard Starr

