

Local School Guidance Counselors Say:

Report Doesn't Apply In Seminole

From Staff and Wire Reports

A College Board report charges the nation's poor children are shortchanged by overworked school guidance counselors, but two Seminole County school district counselors said the School Board employs qualified professionals who make every effort to see that all students are made aware of financial aid information and college entrance requirements.

They admit that they do carry a heavy workload, however.

Lyman High School Director of Guidance Beverly Freeman says no matter what students' family financial backgrounds are, they receive information regarding what classes they need to take in high school to prepare for college, and what financial aids are available. "We do it equally for all," Ms. Freeman said.

Mary Miller, the senior class counselor at Oviedo High School, said she talks with each senior to determine what future plans they may have.

"If a student says 'I'd love to go to college, but I can't afford it,' we tell them of all the grants, loans, and even have a financial aids workshop," Ms. Miller said.

The College Board report relates shoddy guidance services with the fact that there are many overworked counselors and too few well-prepared ones.

The result is youths from poor families — said to need complete guidance services the most — who are not learning how to get into college or good careers, the report said. Many are doomed to lifetimes of second-class citizenship, the report, titled "Keeping the Options Open," said.

"There is considerable waste of human talent in the way our schools are operated today," said Howard Howe II, chairman of the College Board's Commission on Precollege Guidance and Counseling, which issued the report.

"Youngsters who would make good college candidates are dropping out of school. Children are failing to learn not because they lack ability but because they lack encouragement and support. These are preventable

tragedies in thousands of young lives."

The report refers to a two-tiered system of education. One leads to opportunity through advanced education and interesting careers. The other — for "second-level citizens" — imposes limits, operates on reduced expectations, and manages to discourage and fail more children than it serves well.

The Commission warned that efforts to improve the quality of the nation's schools may perpetuate disadvantage if they do not tackle deficiencies in guidance and counseling.

Ms. Freeman responded by saying, "Counselors here will walk the extra mile for a student who shows promise (as a college student), but a lack of funds." She said those students are told of the various financial aids available.

The report said precollege guidance and counseling cannot be left until students are juniors and seniors in high school and should not be limited to those who say they expect to go to college.

"Beginning no later than the junior high school years, students need assistance in selecting courses that will help them keep their options open and in achieving success in those courses."

Ms. Freeman said at Lyman students are told what classes they need to take and what financial aids are available starting in the eighth grade.

The report said students from low-income groups especially may not be getting enough information about the full range of post-secondary school options, and said they need early information about colleges and financial aid.

The Commission gathered information from students, counselors, teachers, principals, directors of college admission and financial aid, community representatives, parents and others in selected schools in California, New Mexico, Kansas, Massachusetts, Illinois, North Carolina, Florida, and

Washington, D.C.

National Center for Education Statistics data for 1979 show the average student-counselor ratio in secondary schools ranged from a low of 147:1 in one state to a high of 478:1 in another. Oviedo's ratio for senior student counselors is 350:1 according to Ms. Miller, and at Lyman, the ratio is 450:1 in grades 1-11, and 250:1 for seniors, according to Ms. Freeman.

A National Vocational Guidance Association report says in the 7,000 rural and isolated schools less than 10 percent of elementary school children and less than 40 to 50 percent of junior and senior high pupils have access to guidance programs.

Counselors, the Commission found, schedule classes, assign students to courses, monitor attendance, administer and interpret tests, participate in and manage procedures for special education placements, assist students in the college application and financial aid process, providing career guidance, work with and sometimes discipline

students.

The report said few students saw their counselors as people with the time or responsibility to help them with their academic planning.

Ms. Miller responded by saying "I take a great deal of pride in keeping up with all the latest

data on what students need to prepare for college."

She continued, "You never know what's going to happen, and we're not just here (in the school office) from 7 a.m. to 3 p.m. She said she, like other counselors, are available to students at all times, not just

during regular school hours.

Ms. Freeman concluded, "We probably have one of the best (guidance services departments) you'll find anywhere. We are overworked, but we have the highest caliber of professionals working in education here, and they are second to no one."

Cancer Survival Claim Too High

NEW YORK (UPI) — The chances of surviving some types of cancer are not as high as the public believes and actually have changed little from the 1950s, according to a report issued Wednesday by a non-profit health organization.

The report, prepared for the American Council on Science and Health, said survival statistics for the most widespread and serious cancers — those of the lung, colon-rectum, prostate and breast — are not as optimistic as cancer research foundations have led the public to believe.

"I believe specialists who work

with cancer are aware this is true," Wendy Worth, co-author of the report, said Wednesday.

People are deemed to have survived cancer if they have lived five years after being diagnosed, according to the report. But early detection of some forms of cancers means an earlier diagnosis, said Worth.

"The result is you get your clock turned back and patients appear to live longer now than they would have before," said Worth.

Many cancer statistics include patients who technically have "cancer" but of a type that will

never threaten their lives, and better diagnostic equipment now allows doctors to discover those cancers.

Worth said there have been major advances in the treatment of some types of cancer, such as Hodgkins Disease and childhood leukemia.

According to the National Cancer Institute, the official survival rate for lung cancer is 12 percent today compared to 6 percent in the 1950s. Colon cancer survival is 54 percent, up from 48 percent; prostate cancer is 70 percent, up from 48 percent; and breast cancer is 75 percent, up from 62 percent.

CALENDAR

THURSDAY, JAN. 30

Free community education program by Dr. Ronald S. Hoffman on *Promoting a Healthy You*, 7 to 8:30 p.m., in the South Seminole Community Hospital Cafeteria, 555 W. Sanlando Springs Drive, Longwood. To register call 767-5892.

Oviedo AA, 8 p.m., closed. First United Methodist Church.

Overeaters Anonymous, open, 7:30 p.m., Community United Methodist Church, Highway 17-92, Casselberry. Newcomers meeting, 7 p.m. Call Jean at 830-0995. Also, 7:30 p.m., in the annex conference room behind Florida Hospital-Altamonte, State Road 436, Altamonte Springs.

Sweet Adelines, 7:30 p.m., Casselberry Senior Center, 200 N. Lake Triplet Drive, Casselberry.

REBOS AA, noon and 5:30 (closed), Rebo Club, 130 Normandy Lane, Casselberry.

Sanford AA, 1201 W. First St., 5:30 p.m., closed discussion, and 8 p.m., open.

FRIDAY, JAN. 31

Central Florida Kiwanis Club, 7:30 a.m., Florida Federal Savings and Loan, State Road 436 at 434, Altamonte Springs.

Seminole Sunrise Kiwanis Club, 7 a.m., Airport Restaurant, Sanford.

Optimist Club of South Seminole, 7:30 a.m., Holiday Inn, Wymore Road, Altamonte Springs.

Central Florida Blood Bank Florida Hospital-Altamonte Branch, 801 E. Altamonte Ave., 9 a.m. to 5 p.m.

REBOS AA, noon, 5:30 and 8 p.m. (closed), Rebo Club, 130 Normandy Lane, Casselberry.

Maitland-South Seminole annual meeting, Altamonte Springs Hilton, 350 S. North Lake Blvd., Altamonte Springs. Cocktails, 7 p.m.; dinner, 8 p.m. Reservations by Jan. 27.

Wekiva AA (no smoking), 8 p.m., Wekiva Presbyterian Church, SR 434, at Wekiva Springs Road, Closed.

Longwood AA, 8 p.m., Rolling Hills Moravian Church, SR 434, Longwood. Alanon, same time and place.

Tanglewood AA, 8 p.m., St. Richard's Episcopal Church, Lake Howell Road, Alanon, same time and place.

Sanford AA Step, 8 p.m., 1201 W. First St., Sanford.

24-Hour Crossroads AA, 8 p.m. (open discussion), 4th Street and Bay St., Sanford.

SATURDAY, FEB. 1

Estate planning seminar, 10 a.m. to 3 p.m., Azalea Lane Recreation Center, 2045 Azalea Lane, Winter Park. For reservations call 629-6075.

Chill Cook-off, 9 a.m. to 5 p.m., Central Florida Zoo, Highway 17-92, Lake Monroe. Contests, Country-Western music and dancing.

Red Cross Multimedia First Aid class, 8:30 a.m. to 4:30 p.m., Seminole Service Center, 705 W. Highway 434, Suite C., Longwood.

"Project Lifesaver" CPR training class, 10 a.m. to 9 p.m., Altamonte Mall, \$5 per person. Call 843-4CPR to register.

Rebos AA, noon, Rebo Club, 130 Normandy Road, Casselberry (closed). Clean Air AA for non-smokers, first floor, same room, same place and time.

Sanford AA, open discussion, noon and 8 p.m., 1201 W. First St.

Sanford Grace AA 11th Step (closed) 8 p.m., Grace United Methodist Church, W. Airport Boulevard, Sanford.

Sanford Womens AA, 1201 W. First St., 2 p.m., closed.

Casselberry AA Step, 8 p.m., Ascension Lutheran Church, Overbrook Drive.

SUNDAY, FEB. 2

Sanford Big Book AA, 7 p.m., open discussion, Florida Power and Light building, N. Myrtle Avenue, Sanford.

Alanon meeting, 8 p.m., 1201 W. First St., Sanford.

Under New Management AA, 6:30 p.m. (open), corner Howell Branch & Dodd Road, Goldenrod.

REBOS AA, 5:30 (closed) and 8 p.m. (open), Rebo Club, 130 Normandy Lane, Casselberry.

MONDAY, FEB. 3

PEP Personal Exercise Program, 9 a.m., Westmonte Center, 500 Spring Oaks Blvd., Altamonte Springs. Indoor light exercise program for those with arthritis and other disabling ailments.

Altamonte Springs Lions Club, 6:30 p.m., Duff's Restaurant, Wekiva Square, Altamonte Springs.

Rebo Club AA, noon and 5:30 p.m., closed, 8 p.m., step, 130 Normandy Road, Casselberry. Clean Air Rebo at noon, closed.

CPR and Basic Life Support Class, 6:30-9:30 p.m., Red Cross Seminole Service Center, 705 W. State Road 434, Suite C., Longwood. Also Feb. 5 and 10.

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WORLD

IN BRIEF

Peres: Jews Don't Hate Germans Because Of Nazi Crimes

BERLIN (UPI) — Israeli Prime Minister Shimon Peres told German high school students he was "mystified how a crazy man like Hitler became head of a people" but that Jews do not hate Germans because of Nazi crimes.

Peres, visiting West Berlin Wednesday on the last day of a four-day trip to Germany, told the students Jews remember the Nazi Holocaust but bear no animosity toward German youth.

"The Bible tells us not to charge children with the sins of the fathers," he said. "They should not be accused because they did not do it and they would not have wanted it to happen."

Peres met the students in the rebuilt Reichstag, the old German Parliament building on the East-West city border.

21 Dead In Plane Crash

LOS MOCHIS, Mexico (UPI) — A DC-3 airliner crashed attempting a landing at a tiny, cloud-shrouded airfield just a few miles from a larger airport that told the pilot it was too cloudy to land. All 21 people aboard were killed.

An official at Los Mochis airport, 775 miles northwest of Mexico City blamed Wednesday's crash on the pilot's "lack of skill and planning."

"There are no survivors. We recovered 21 bodies, some of them badly burned," a government spokesman said. All 21 victims — three crewmen and 18 passengers — were Mexican.

It was the worst commercial aviation accident in Mexico since 1979, when a Western Airlines jet crashed at Mexico City International Airport, killing some 90 people.

The flight — operated by Aerocalifornia, a Mexican commuter line based in Baja California — was en route from Villa Constitución to Los Mochis, a 200-mile flight over the Sea of Cortez separating Baja from the main part of Mexico.

But when the plane arrived at the Los Mochis airport, the control tower told pilot Modesto Copado Hernan to divert to another airport because of heavy cloud cover.

Hindus Protest Papal Visit

GUWAHATI, India (UPI) — Hindu fundamentalists urged Pope John Paul II not to try to make converts during a 10-day visit that begins this Saturday, warning that papal proselytizing could fuel separatist movements in northeastern India.

A. Bhattacharjee, organizing secretary of the Hindu fundamentalist Vishwa Parishad group, Wednesday labeled the papal visit a bid to "annihilate Hindu religion from the region." Roman Catholic leaders rejected the contention.

Bhattacharjee urged the pope to confine his speeches to secular issues.

"The pope is visiting India as the head of a state ... his program should be limited to only political subjects," he said.

Fundamentalists have vowed to stage demonstrations to protest the papal visit. Hindus constitute 80 percent of the population in India, a nation of 750 million.

A large-scale conversion to Christianity among the tribal population has created problems in India's strategic northeastern states bordering China, Bhattacharjee said.

Lake Mary Sets Land Use Meeting

An informational meeting for East Lake Mary Boulevard property owners for discussion of the city's proposed Transportation Plan will be held tonight. The meeting will be held at Lake Mary's City Hall at 7 p.m.

The meeting was scheduled by Lake Mary's City Commission, although no commissioners will attend, and no official action will be taken.

City Manager Kathy Rice said the purpose of the meeting is to inform property owners along East Lake Mary Boulevard of the potential uses of their land, if the proposed

Transportation Plan is adopted. Mrs. Rice will then report on the meeting to the commissioners. She and city official Stan Welling will represent the city at the session.

The plan will enable some properties in that corridor to be rezoned from residential to professional office use.

Other properties not meeting the size and set-back requirements for rezoning could potentially see a decrease in value, if neighboring properties are developed as offices. The commissioners have expressed their concern that citizens be made aware of

that possibility, and scheduled the session for that purpose.

The Transportation Plan will become part of the Comprehensive Land Use Plan, developed by the city to manage its growth. Both plans will be explained. Also on the agenda are discussions of proposed zoning regulations, land uses, and special conditions for Lake front property.

Mrs. Rice said that notices of the meeting were sent to 56 property owners in East Lake Mary Boulevard area.

A question and answer session for land-owners is also slated. — Paul Schaefer

Welcome Signs Lead Way to Sanford City Lauds Various Citizens, Long-Term Employees

At least two roads lead to Sanford and thanks to the Lions Club, especially members Johnny Green and Charles Flemming, the routes are clearly represented as such.

The tall welcome signs that greet visitors and remind residents they're almost home stand east and west of the city on State Road 46, and north and south on U.S. Highway 17-92.

Green and Flemming spent the last six months spearheading an effort to install and revitalize these chain link beacons and their voluntary efforts received the Sanford City Commission's formal appreciation via a resolution that was adopted Monday night.

The Lions Club members are just two of the many residents the commission has recognized in recent weeks.

The Seminole High School football team and its coach, Dave Mosure, were applauded for voluntarily assisting the city's efforts to obtain a \$650,000 community development grant.

Approximately 25 of the players went door to door last month to compile an economic profile for the grant application.

On Monday night, commissioners bestowed a resolution on Rosa Rotondo, on the eve of her retirement after more than 36 years with the city's finance department.

They also recognized public works director Bob Kelly for 30 years of service and utility plant operator Bill Flowers for 25.

An avenue of civic responsibility is recognized by commission-

ers when addressing appointments to their many advisory boards. Those whose terms have expired and do not wish reappointment are applauded for the efforts they have willingly provided. Those who request to be reinstated receive dual thanks, for their past and future efforts.

Two citizens who received the commission's renewed gratitude on Monday night are Tom Whigham and J. Clayton Hartsoe, both of whom volunteered for another four years on the city's Board of Adjustment and Appeals.

Two new appointees were also welcomed by commissioners Monday night. Al Bessenes and Danny Floyd were chosen from a field of six volunteers to bring the Sanford Scenic Improvement Board up to full membership.

When bestowing their commendations, commissioners highlight specific instances of civic pride which, when taken collectively, demonstrate a willingness on the part of residents to do their part to improve the city. Next month, every citizen in Sanford will have an opportunity to follow suit when the city embarks on a month-long cleanup effort.

Residents were formally asked on Monday night to assist in the undertaking's success by demonstrating additional cognizance to the city's appearance throughout February.

Commissioners will kick off the aesthetic effort on Saturday at 9 a.m. when they meet at city

hall and walk throughout downtown Sanford, leaving a cleaner city in their wake.

They are also asking local clubs and service organizations, as well as businesses, to do their part to ensure the effort is a success.

Through collective and comprehensive involvement, commissioners hope the undertaking's end result will remain in the eyes of the beholder long after the program's completion.

City Manager Frank Faison

has also pointed out that February's clean sweep "is meant to highlight, not eliminate, the year round efforts we hope our citizens are taking."

The success of the aesthetic undertaking "depends on community response," he said. "The more people that pitch in, the better."

Commissioners invited residents to join them at city hall on Saturday, when they kick off the community effort.

— Karen Talley

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This Year's Sampler Has MORE BARGAINS THAN EVER

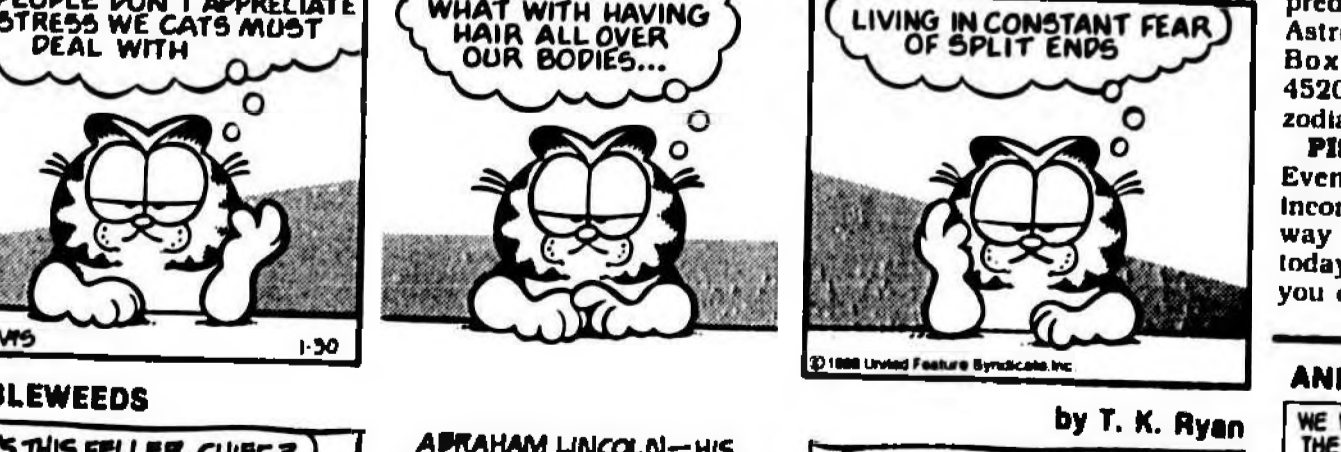
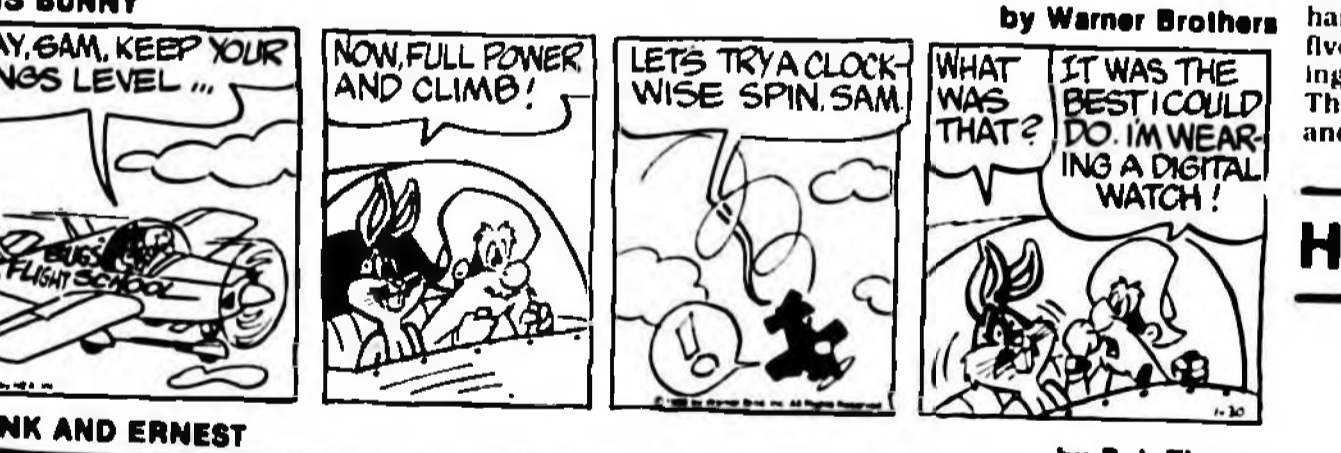
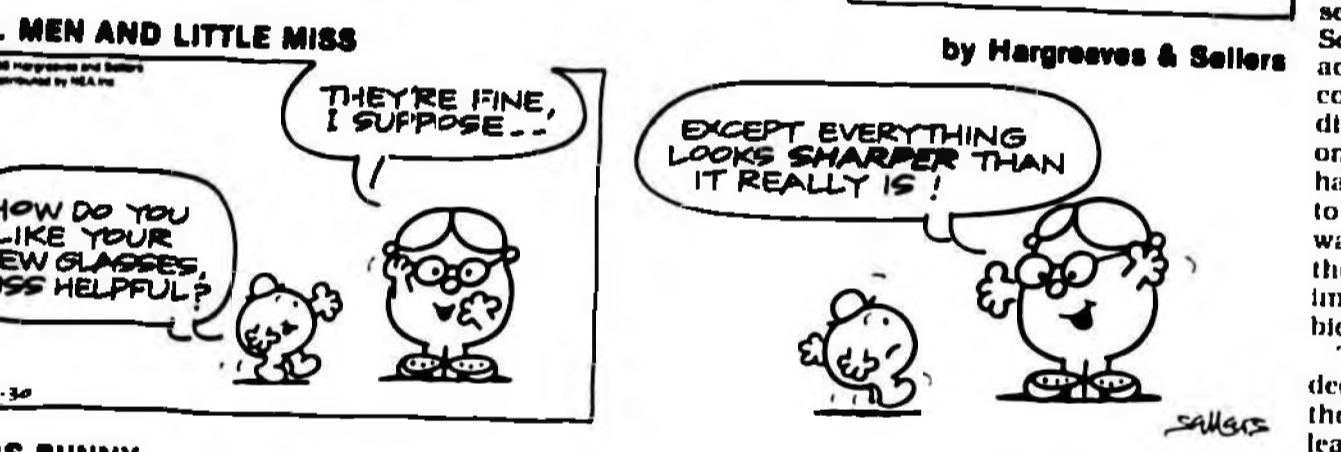
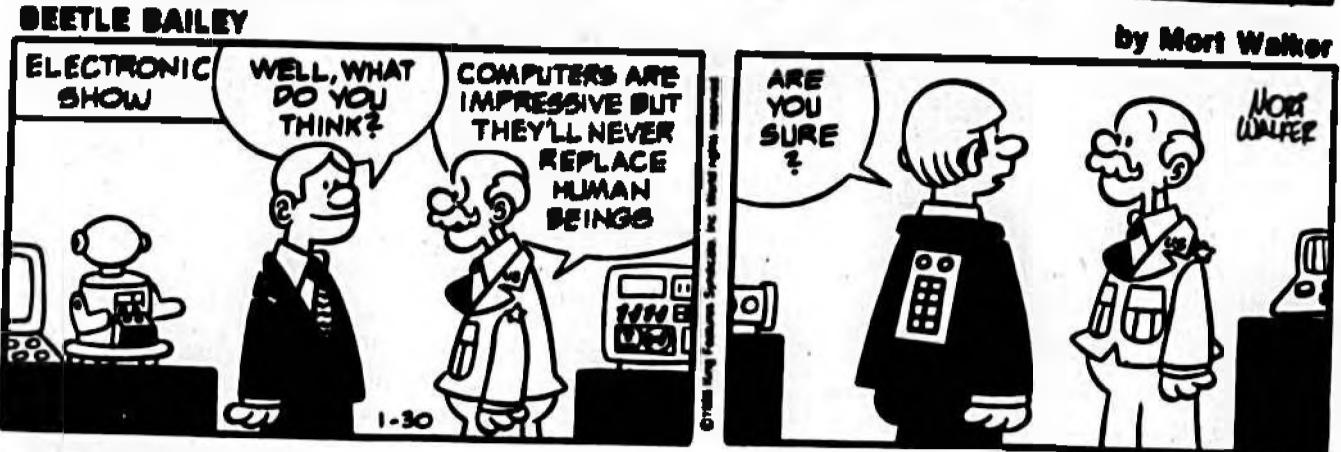
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Excessive Eye Watering Not Caused By Aging



DEAR DR. GOTT — A couple of years ago I was diagnosed as having mitral valve prolapse. Because of paroxysmal atrial tachycardia (PAT), I was prescribed 20 mg. of Inderal daily. In addition, I have hypoglycemia. What's the relationship?

to have a particularly severe form of a common disorder called aphthous ulcers. These are recurring viral infections that are contagious and may be very painful. The ulcers may break out periodically, at inconvenient times, when people are under stress or eat certain foods. A new type of anti-virus medication is now available in

DEAR READER — No medical reports have indicated a consistent relation between mitral valve prolapse and abnormal sugar metabolism. Both disorders are common, so, on a statistical basis, one would expect them to occur frequently together. However, I am unaware of any cause-and-effect mechanism.

DEAR DR. GOTT — My one eye started to water about two years ago, when I was 63. The eye doctor gave me some drops to use for a short time. It helped some, but the eye continues to water. Could a splash of hair color start this or is this a nonreversible disease that comes with age?

DEAR READER — Excessive watering of the eye can come from irritation of the sensitive covering of the eyeball or from disorders of the tear glands. I do not believe that a splash of chemical could cause continued watering unless, at the time of the mishap, the hair-color solution injured your cornea. You may be suffering from some other chronic irritation, such as an allergy. Ask your doctor to refer you to an ophthalmologist for an opinion, or see a second ophthalmologist for an additional opinion. Your condition is not typical of the aging process.

DEAR DR. GOTT — I've been getting small ulcers on my tongue for about two years. They last about one and a half weeks, go away for two weeks, and then return. My doctor says they are caused by an over-acid mouth and told me to rinse with milk of magnesia. This doesn't help. My skin doctor gave me some cream to put on them. This helps the pain, but the cream melts away. Are these sores contagious? What causes them?

DEAR READER — You seem

to have a particularly severe form of a common disorder called aphthous ulcers. These are recurring viral infections that are contagious and may be very painful. The ulcers may break out periodically, at inconvenient times, when people are under stress or eat certain foods. A new type of anti-virus medication is now available in

ACROSS

- Relative
- _____ Park, London
- Secured song
- Genetic material
- Month (Fr.)
- Depend
- Trojan mountain
- Food fish
- She (Fr.)
- Grave
- _____ Guevara
- Allow
- Chance
- City in Brazil
- Move
- _____ apeanodically
- Room to move
- Wager
- Knockout
- Vex
- Region
- Well-being
- Mediterranean
- Shows snow
- Tie
- In the past
- Sea term
- Equipment
- Scouting organization (abbr.)
- Songstress Lee
- Sour
- River in Greece
- Kind of bread
- Australian me-hogany
- Barometric pressure unit
- Doctors' group
- Sicilian resort
- Novelist
- Bagnoid
- First copies (abbr.)

DOWN

- Actor
- Of India (comb. form)
- River in West Germany
- Hall tree
- Person
- Stupid fellow
- Base in Greenland
- Charlemagne's domain (abbr.)
- Gold-colored
- Young lady (Fr. abbr.)
- Soviet refusal
- Salamander
- Before
- Melts
- Noun suffix
- Construction beam (comp. wd.)
- No longer are
- Repetition
- Reluctant
- Toward shelter
- Period of time
- Old English pronoun
- Eighth month (abbr.)
- Spotted feline
- Head
- Nautical rope
- Moses' brother
- Hopburn, for short
- Holy image
- Satiata
- Metric unit
- Athletic buildings
- Affirmations
- Genetic material (abbr.)
- Three (pref.)

Answer to Previous Puzzle

K	V	I	C	I	D
A	N	L	O	O	R
I	N	Q	U	E	T
I	N	Q	U	E	T
U	A	W	T	R	A
N	E	I	R	C	E
O	A	R	J	U	D
S	T	E	V	I	T
E	S	S	E	N	J
S	N	A	R	E	S
H	E	A	T	C	I
M	P	H	C	E	L
S	I	V	E	K	E
G	A	I	N	E	N
D	I	T	D	L	O

WIN AT BRIDGE

By James Jacoby
When North, a passed hand, supported hearts, South had serious slam interest. Notice that South correctly did not ask for aces. Since he had all first-round controls, he was interested in discovering an important second-round control in the North hand. Although North was able to cue-bid the diamond ace, it was his five-club bid, showing the club king, that provided the impetus to South to confidently bid the small slam.

The bidding was fine, but declarer failed to pass muster in the play. He won the opening lead with the ace of clubs in his hand and immediately ran off five rounds of trumps, discarding two spades from dummy. Then he led a club to the king and cashed dummy's ace of diamonds, shedding his other club. Now it was time to test the spades. He played A-K and another. Unfortunately East had heard South make the natural bid of two spades. He therefore held on to his J-9-8-5 to the bitter end and was rewarded by taking two tricks and setting the slam contract.

Declarer has a happier result if he draws only two rounds of hearts, retaining the king in dummy. He then should play the A-K of spades and another spade. East will win the third spade, but there is no way to prevent declarer from ruffing his losing spade with dummy's preserved heart king. Although this line of play is not risk-free, it provides a much better chance than the play actually taken by declarer.

NORTH 2-4-88

- ♠ A 4 3
- ♥ K 5 3
- ♦ A J 8 3
- ♣ K 8 7

WEST

- ♠ Q 10
- ♥ 8 7 3
- ♦ Q 10 9
- ♣ J 10 5 3

EAST

- ♠ J 9 8 5
- ♥ 9
- ♦ K 8 7 5 4 2
- ♣ 6 2

SOUTH

- ♠ A K 7 2
- ♥ A Q J 10 4 2
- ♦ - - -
- ♣ A 9 4

Vulnerable: East-West
Dealer: West

West	North	East	South
Pass	Pass	Pass	1♥
Pass	2♠	Pass	2♥
Pass	3♥	Pass	4♠
Pass	4♠	Pass	4♠
Pass	5♠	Pass	6♥
Pass	Pass	Pass	Pass

Opening lead: ♠Q

HOROSCOPE

What The Day Will Bring...

YOUR BIRTHDAY
JANUARY 31, 1988

What you cannot do on your own in the year ahead, you will be able to accomplish through helpful pals. Friends in the right places are going to better your lot in life.

AQUARIUS (Jan. 20-Feb. 19)
The smaller fragments of your plans will fall into place today once the broader outline is perceived. Begin with the big picture. Major changes are ahead for Aquarians in the coming year. Send for your Astro-Graph predictions today. Mail \$1 to Astro-Graph, c/o this newspaper, Box 1846, Cincinnati, OH 45201. Be sure to state your zodiac sign.

PISCES (Feb. 20-March 20)
Even if it causes you a degree of inconvenience, go out of your way to be helpful to others today. Through a unique twist, you could end up being the one

who is aided.

ARIES (March 21-April 19)
Your judgment where important issues are concerned is especially keen today. Don't let friends who may not be thinking as clearly as you alter your decisions.

TAURUS (April 20-May 20)
Conditions relating to your career are still on a favorable trend. Move forward toward meaningful goals while opportunities exist.

GEMINI (May 21-June 20)
Today there could be something much larger and advantageous behind what will appear to be a moderate gesture of good will from one you know socially.

CANCER (June 21-July 22)
Do not be resistant to changes today, especially domestic ones. These shifts will produce benefits for you and loved ones.

LEO (July 23-Aug. 22)
Your larger and bolder ideas have greater chances of success today than your smaller ones. Think big and have faith in your

conceptions.

VIRGO (Aug. 23-Sept. 22)
You're still in a good position to add to your finances and holdings. But to reap gains, you must use your resourcefulness.

LIBRA (Sept. 23-Oct. 23)
Lady Luck tends to favor you today in enterprises that you originate or personally direct. Don't be afraid to take a chance on what you've created.

SCORPIO (Oct. 24-Nov. 22)
Those reliable little flashes of intuition upon which you've learned to depend will be on target today, especially in your commercial involvements.

SAGITTARIUS (Nov. 23-Dec. 21)
Variety and change will help refurbish your mental outlook today. Plan to do something different with a fresh set of friends.

CAPRICORN (Dec. 22-Jan. 19)
Your possibilities for profit are excellent today. If you think you have a bright idea that could make you money, follow it through.

