

NATION

IN BRIEF

Ford Announces It

Will Cut New Car Prices

DEARBORN, Mich. (UPI) — Ford Motor Co. announced it will follow the lead of General Motors and cut prices on nearly half its 1983 model cars before they reach the showroom and will raise prices on the rest by an average of only \$39 in hopes sales will rebound. Ford Chairman Philip Caldwell also said Tuesday the No. 2 automaker may purchase Volkswagen of America's Sterling Heights plant to replace its aging Dearborn Assembly Plant, one of the oldest factories still producing cars.

General Motors Corp. in late August announced it was cutting or freezing prices on over half its 1983 models. Overall price increases were 1.9 percent or \$212. An announcement from Chrysler Corp. was expected today.

The average price of a Ford car now is \$10,300.

Teacher Strikes Spread

United Press International
With the school year nearly a month old, spreading teacher walkouts plagued four northern industrial states today and strike leaders in New Jersey faced possible jail terms for defying a back-to-work order. About 285,000 youngsters were affected by the strikes. The key issues were pay, staff reductions and job security in strikes in Pennsylvania, Illinois, New Jersey and Michigan — where Detroit's giant strike entered its 10th day under a news blackout.

Dozens of other school districts across the country were still bargaining for contracts, some of them with strike deadlines.

Liberals Vs. New Right

WASHINGTON (UPI) — Senate liberals, blocking a pro-school prayer amendment and having buried an anti-abortion measure, say they have broken the New Right's social agenda.

For the third time today, the Senate was to vote on whether to halt a filibuster blocking action on the prayer amendment. Some conservatives begrudgingly conceded they may again fail to muster enough support to crack it. Tuesday's vote to invoke cloture was 53-47 — seven short of the required 60.

Sen. Jesse Helms, R-N.C., leading spokesman for the New Right and sponsor of the amendment to prohibit the Supreme Court from interfering with voluntary prayer in public schools, did not make himself available for comment.

Cable Cars Get Overhaul

SAN FRANCISCO (UPI) — The city's trademark cable car system, badly in need of revamping, gave way to municipal buses today and when the cars return in June 1984 they will not make the familiar clanging sound.

San Franciscans and tourists gave the 109-year-old system a festive send-off Monday with a Mardi Gras-style parade of 34 gaily decorated cable cars on each of the two lines. The cars with jazz bands and souvenir-tossing riders in turn-of-the-century costume trundled past a reviewing stand where the lines intersect on Nob Hill.

WEATHER

AREA READINGS @ 9 a.m.: temperature: 72; overnight low: 70; Tuesday high: 86; barometric pressure: 30.03; relative humidity: 97 percent; winds S at 3 mph; rain: 1.54; sunrise 7:14 a.m., sunset, 7:22 p.m.

THURSDAY TIDES: DAYTONA BEACH: highs, 12:43 a.m., 1:12 p.m.; lows, 7:36 a.m., 7:29 p.m.; PORT CANAVERAL: highs, 12:35 a.m., 1:04 p.m.; lows, 7:27 a.m., 7:20 p.m.; BAYPORT: highs, 4:43 a.m., 8:31 p.m.; lows, 12:00 a.m., 11:38 p.m.

BOATING FORECAST: St. Augustine to Jupiter Inlet, Out 50 Miles: Variable mostly southwest winds around 10 knots becoming northeast 10 knots tonight and easterly 10 to 15 knots Thursday. Seas 3 feet or less increasing to 2 to 4 feet tonight. Winds and seas higher near scattered thunderstorms.

AREA FORECAST: Mostly cloudy today with a 60 percent chance of showers or a thunderstorm. Highs in the mid 90s. Light variable wind except gusty vicinity thunderstorms. Tonight partly cloudy with a 20 percent chance of showers or a thunderstorm. Lows in the mid to upper 60s. Light northeast wind. Thursday partly cloudy with a 30 percent chance of showers or a thunderstorm. Highs in the mid 80s.

EXTENDED FORECAST Partly cloudy with scattered mainly afternoon and evening showers and thunderstorms more numerous southern half through Saturday and over the southern half and northwest portions Sunday. Lows mostly in the 60s north to 70s elsewhere. Highs in low to mid 80s north to upper 80s and low 90s central and south.

HOSPITAL NOTES

Central Florida Regional Hospital Tuesday ADMISSIONS

Sanford
Marie Crockett
Dianne Dennard
Sidney A. Frisbey
Robert F. Taylor
Ronald L. Russell, Altamonte
Evelyn E. Beck, DeBary
Arthur J. Boone, DeBary
Gloria Caban, Deltona
Edwin W. Miller, Deltona
Eunice L. Mangham, Lake Mary

Whitten, a baby boy, Orange City DISCHARGES

Sanford
Anthony J. Chesna
Terry J. Day
Leroy R. Hyland Jr.
William B. Kirby
Jessie L. Wright
Phyllis A. Carpenter, DeBary
Thomasine F. Elam, Deltona
Baby Boy Elam, Deltona
Pearl E. Haught, Deltona
Elaine J. Sprague, Deltona
Muriel L. Rochon, Deltona
Frank N. Santangelo, Orange City
Estrom Ison, Winter Garden

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Lake Mary Family Helps Immigrants

Couple Makes Difference For Laotians

By DONNA ESTES
Herald Staff Writer

Pat and Ernie Southward of Lake Mary have proved that one or rather two persons can make a difference, can help those who, in the words of the late Dr. Thomas Dooley, American doctor to the Indo-Chinese, "ain't got it so good."

Two years ago, the Southwards were involved in a tough political battle. Pat, after serving two years on the Lake Mary City Council, had decided to run for the state Legislature. She wanted to make a difference in Florida and her husband, Ernie, as ever wanted to help her attain her dream.

Earlier she had seen a television special about the plight of the Southeast Asians — particularly those in Laos who had been pushed from their homes by advancing and occupying armies of first one neighboring country and then another and by the French and finally the Americans.

Pat watched the near destruction of Laos and its people with gas and napalm, saw tanks rolling down the streets of that tiny country and the people fleeing for survival.

But the living conditions in refugee camps to where those people were sent were almost as bad as they had been at home.

Pat contacted Catholic Social Services — that agency and the Lutheran Church seemed to be doing the most for the Laotians and other displaced Southeast Asians — because she wanted to help.

In an interview with a representative of Catholic Social Services, she was told horror stories of how some of these Southeast Asian families were brought to the area, only to be put into slavery — that awful state of being where they were forced to work and given only shelter and enough food to survive.

She never intended to take a family as her entire responsibility. An item was placed in a Lake Mary church bulletin seeking a group to help a Southeast Asian family. A sponsor was not expected to provide financial aid to the family. The sponsor's main responsibility was to deal with public agencies on the family's behalf and to mediate in the cultural shock of a family that had lived under 19th Century conditions and had been transported rapidly into the 20th Century with its technology and ultra-modern lifestyle.

No takers stepped forward from the item in the church bulletin. And the Southwards set aside the desire to help, becoming deeply enmeshed in the political campaign which was destined to fail.

Three or four days after the campaign ended, a weary Pat, looking forward to at least a month of rest to restore her fatigued body and heart-sick soul, received a call from Catholic Social Services that a family — husband, wife, and three children — was on its way and would arrive that very night.

Catholic Social Services allotted \$200 per family member and with that \$1,000 she was to find an apartment, completely furnish it with all the necessities and find clothing for the family.

The Saysavanh family — husband, Couchanh, 32, and wife, Somchay, 26, and their daughter, Lamphay, 8, and sons, Lamphone, 5, and Lamphone, 2½ — arrived with only the clothes on their backs. They could speak only one word in English, "ok."

Practicing the old American military concept that it takes only a little longer to accomplish the impossible, furnished living quarters — off State Road 46, near Sanford — with electricity on, food and clothing and the other necessities in place were ready that night when the family arrived.

She and Ernie found the Saysavans were identical to most Southeast Asian families — plagued with dental and health problems, including internal parasites. These problems had to be taken care of first.

Second was gaining welfare assistance. "The whole notion of public assistance was strange and generous to them," she said, "and the Saysavans kept thinking a mistake had been



Just like other American children, Lamphay and Lamphone Saysavanh enjoy back yard swings with a little help from Pat Southward. Somchay

Saysavanh holds Lamphone who is getting ready for a ride down the slide and Couchanh Saysavanh shows one of the peppers from his garden.

Herald Photos by Tom Vincent

made somewhere."

The public assistance which began in November 1980 was no longer needed by February 1981. The man in the family was involved in first one and then another federally sponsored Comprehensive Employment Training Act (CETA) program.

First was the necessity of learning English. Then Couchanh Saysavanh had to improve his skills in carpentry. An excellent craftsman, in Pat's opinion, he had to learn how to use modern machinery.

Mrs. Saysavanh also was involved in the classes to learn English, sponsored by CETA, and conducted at Seminole Community College. And the Southwards gave her a job in their ornamental nursery. She learned fast, Pat said.

Although the Southwards wanted to help as much as possible, they knew that their major responsibility was to push the family toward self sufficiency.

"These people were cultured and civilized, not barbarians, not technologically oriented. They had lived in a 19th Century environment, with no roads and no communication and the



Pat Southward looks over the hot pepper plants proudly shown by Couchanh Saysavanh in the 25-square-foot patch of land behind the family's apartment home. Somchay Saysavanh and her

2½-year-old son, Lamphone, also admire the peppers which will be shared with other Lao families in the area.

Florida Banks Not Worried About Loans

By United Press International

With payments on Mexico's \$80 billion dollars in foreign debt delayed for 90 days, Florida banks have lent money to the financially ailing Latin American government are worried about their investments.

But not in Florida.

Florida banks have loaned money to Mexico, but the conservative policies of the state's institutions have kept those loans at a minimum. Most of the large banks in the state have extended loans that officials say represent small percentages of the companies' international portfolios.

"I don't believe (Florida banks) have that much (in Mexico)," says John Milstead, executive vice president of the Florida

Bankers Association. "I haven't heard the alarmed conversations."

Most Florida banks will not make public the amount of their Mexican loans, but industry officials say the numbers are minuscule in comparison to loans held by other U.S. banks — like Manufacturers Hanover, which had \$1.7 billion in Mexican loans at mid-year, and Citicorp, with an estimated \$2.3 billion in outstanding loans to Mexico.

Florida's Flagship Banks, for example, has \$15 million worth of loans out to the Mexican government. That represents about 10 percent of the bank's international loans, and officials say they aren't worried.

"We're not particularly concerned about the situation," said Flagship spokesman Dick

Goodman. "We don't anticipate any problems (with repayment)."

Barnett Banks has \$12 million in short-term loans outstanding with the Mexican government, representing about half of the bank's international loans. But bank spokesman Russ Hoadley said officials aren't concerned because the money represents only .3 percent of Barnett's loan portfolio.

Florida bankers say they have been conservative in extending loans to Mexico for several reasons, including disturbing economic trends that made them wary.

Chief among those trends was economic planning based on high levels of oil revenues. Because those revenues shrank dramatically

with the world oil glut, the Mexican government has had to take drastic steps to combat the worst economic crisis in memory.

The government recently nationalized the country's banks, the peso was devalued from 28 to the dollar to 70 to the dollar and Mexican officials requested a 90-day postponement of principal payments on Mexico's gigantic foreign debt.

Fortunately, Mexico is not a major trading partner with Florida.

In 1980, the last year figures are available for, trade between Florida and Mexico totaled \$264 million. That is a small amount compared to Florida's \$1.93 billion trade with Venezuela — the state's largest trading partner — the same year.

FLORIDA IN BRIEF

Cities Join To Oppose Florida Power Rate Hike

CLEARWATER (UPI) — The city of Clearwater is being joined by a number of cities, as well as Pinellas County, in intervening in a Florida Power Corp. rate increase request.

Among the issues the governing bodies are challenging, is a proposal to eliminate a special discount rate for cities and counties.

Floyd Carter, an administrator for Clearwater, said the municipalities acknowledge the special rate is unfair and are not opposed to its abolishment. But he said they want some kind of break on rates, otherwise their electric costs will soar 35 percent or more.

Cities joining in the intervention are Winter Park, Windermere, Apopka, Eustis, Clermont, St. Petersburg, Lake Placid, Jasper, Seminole, Safety Harbor, Dunedin and South Pasadena.

A company spokesman said the 18.7 percent rate increase requested by the utility would generate an additional \$169.2 million a year, with about \$100 million of that needed for the new coal-fired plant scheduled to begin operation by the end of this year at Crystal River.

'Get Permission First'

TALLAHASSEE (UPI) — Gov. Bob Graham and the Cabinet have sent a sharp message to would-be developers along Florida's rivers and coasts that they had best have permission before beginning construction.

In a unanimous vote Tuesday, Graham and the Cabinet denied granting a lease to a Jacksonville man who hoped to build a restaurant that extends about 10 feet over the St. Johns River — despite the fact that he had already begun construction.

Insurance Commissioner Bill Gunter and Attorney General Jim Smith said it appeared that by beginning construction, Leon Jackson, of Jacksonville Crawdaddy Corp., was trying to force the state to approve the project.

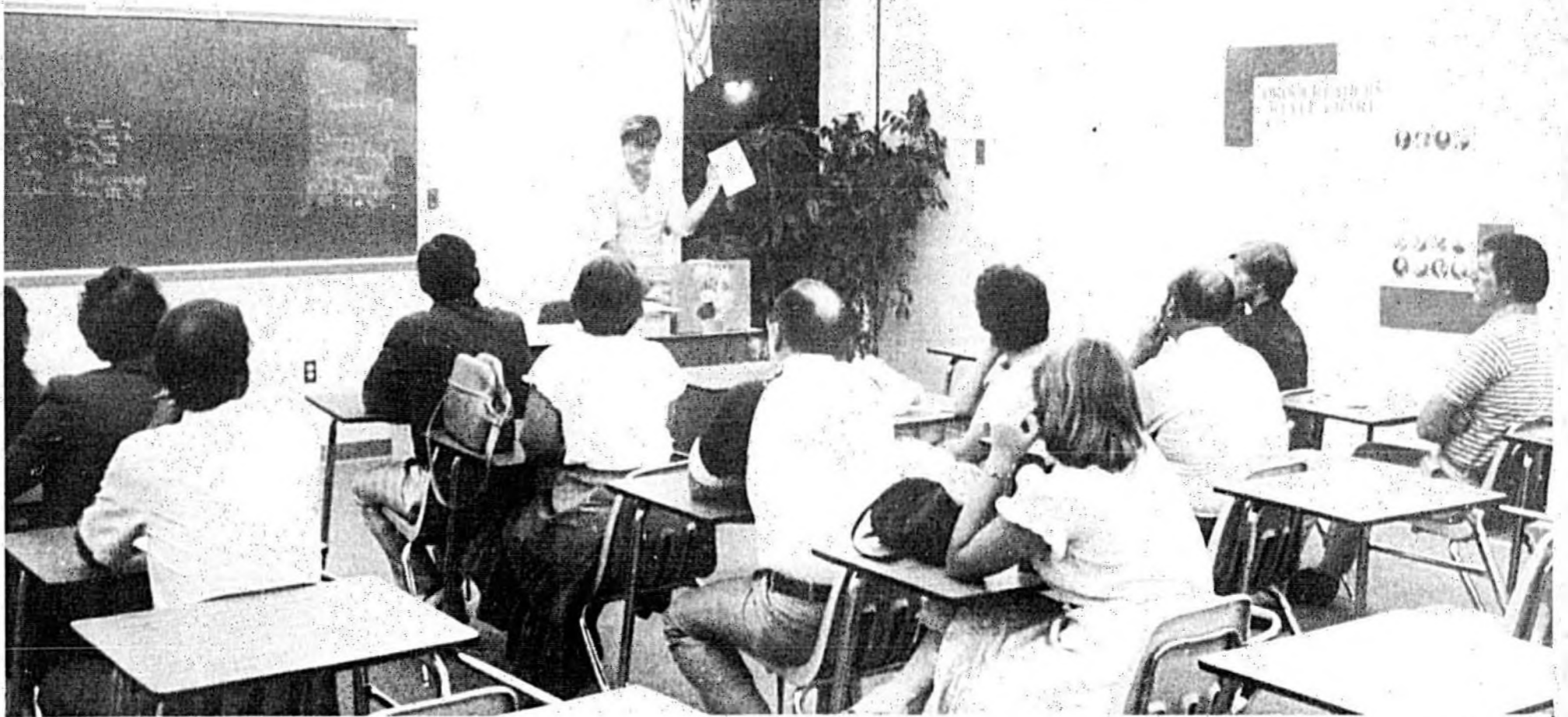
Gator Hunt Nears End

GAINESVILLE (UPI) — More than 400 alligators yielding about 2,700 square feet of leather are expected to be killed in a three-week hunt ending Friday in northern Florida, state wildlife officials say.

Increases in the number of alligators in three Gainesville-area lakes seem to be hindering the growth rate of the animals, biologist Chuck McKelvy of the Florida Game and Fresh Water Fish Commission said.

"This is an experimental hunt to see how the alligator population would respond to a harvest," he said.

"We thought a harvest might thin the population somewhat and increase the growth," McKelvy said.



Moms, Dads Head Back To School

Parents of students at Lake Mary teacher, discusses the class with High School were taken to class Arriane Zeidweg and her daughter, Monday night at an open house. The Ellen. Parents throughout Seminole County were treated to per- County recently have accompanied formances by the school's band and their children or soon will for an open choruses and then they met the house and the first meeting of the school's teachers. Joe Monserrat, at new school year of the school's left in photo at right, a French parents-teachers' organization.

Herald Photos by Tom Vincent



Casselberry OK For Paramedic Program Likely

By JANE CASSELLBERRY
Herald Staff Writer

An Advanced Life Saving Emergency Ordinance, informally approved by the Casselberry City Council at a workshop, will be on the agenda of next Monday's 7:30 p.m. meeting in City Hall at 95 Lake Triplet Drive for final approval.

The ordinance calls for a referendum to be held at the Dec. 7 municipal election on a proposed paramedic program to be financed with a special tax levy of \$1.25 per \$1,000 assessed property valuation for two years.

If approved by the voters, the tax will be effective next year. The council had two options Monday night for financing the ALS paramedic program, Casselberry Mayor Owen Sheppard said, the special tax or from the general budget. If the council had decided to take the money from the general budget, it could have become effective immediately, he added.

The council agreed the results of the referendum will be binding. Voters approved the paramedic program in a referendum at last year's election, but it was not implemented. The council had planned to finance the service with a special tax of \$1 per \$1,000 assessed property valuation. However, the one mill tax rate was dropped in July when the county tax appraiser's office told the city the proposed tax rate of \$2.08 per \$1,000 assessed valuation (which included the special paramedic tax) had to be cut to \$1.12 per \$1,000.

The city had mistakenly assumed the money collected in taxes for the paramedic program was exempt from the state-ordered 40 percent property tax rollback tied to the 1 cent hike in the state sales tax.

Several Casselberry residents at the Sept. 13 public hearing on the city's 1982-83 budget spoke in favor of the proposed paramedic program to be operated by the fire department. Petitions with 1,089 signatures asking that it be funded by cutting some other budgeted items were presented at the hearing.

The \$3,586,207 tentative general fund budget and the \$6,834,474 utility fund budget were approved on first reading at Monday night's meeting. Final approval of the budget is scheduled for next Monday night.

Two trucks retired by the Utility Department were sold to the high bidders, Rutliff & Sons of Sanford, with a bid of \$437 and to Bill Cole with a bid of \$258.

Fourteen Smith & Wesson .38 calibre revolvers being retired by the police department were sold for an average of \$87.50 each with the Shooter's Den, 798 N. Semoran Boulevard in Winter Park, snapping up most of them.

In other business, the city's water meter contract with Kent Meter was renewed.

During the work session it was found that a building, which Dr. John Zacco proposes to move to Seminole Boulevard and Winter Park Drive does not meet minimum size requirements for the residential zoning. Zacco said he would add onto the building to bring it up to required size, but wants permission to rent it out in the meantime.

A proposed addition to the Certified Slings building was given informal approval.

Reading Council To Meet Thursday

The first meeting of the 1982-83 Seminole County Reading Council will be Thursday at Longwood Elementary School from 7 to 8:30 p.m.

The program will be Ms. Leigh Moore of the Addison Wesley Co. who will provide a Make and Take Workshop covering three levels of comprehension, following directions, sequencing, and categorizing. The three levels will cover materials appropriate for elementary, middle and high school.

The group was organized in August at Altamonte Elementary School with representatives from each elementary, middle and high school in Seminole County.

Membership in the Reading Council is open to anyone. Representatives are available at each school. More information may be obtained by contacting Mrs. Patti Kimbel, president, at Wekiva Elementary School.

WORLD IN BRIEF

U.S. Marines Set Sail For Embattled Beirut

NAPLES, Italy (UPI) — Five ships of the U.S. 6th Fleet carrying 1,800 Marines sailed for Lebanon today to spearhead the tri-national peace-keeping force returning to Beirut because of the massacre of Palestinian civilians.

Fleet officials said the voyage to Beirut was expected to take "less than 72 hours."

As when the tri-national force first set up in Beirut a month ago, only 800 Marines were to go ashore in Lebanon, fleet officials said. The remaining 1,000 will stay aboard the ships unless the situation requires them to land.

Britain Hit By Strikes

LONDON (UPI) — British unions, angered by record unemployment, defied Prime Minister Margaret Thatcher today and shut down newspapers, schools, power plants, health services and other areas of the economy to support striking nurses.

The 24-hour nationwide series of walkouts was called by the 11.5 million-member Trades Union Congress to back a four-month campaign by employees of the state-run National Health Service.

It was not clear what kind of emergency medical treatment would be available at the hospitals where nurses and non-medical staff are campaigning for a 12 percent pay increase.

Thatcher, who has offered 7.5 percent to the nurses and 6 percent to the non-medical workers, remained defiant and called the stoppage "futile."

CALENDAR

WEDNESDAY, SEPTEMBER 22

Patchwork Cottage Quilt Show, 9:30 a.m. to 5:30 p.m., 222 E. First St., Sanford.

Wednesday Step, 8 p.m. (closed) Penguin Building, Mental Health Center, Crane's Roost, Altamonte Springs.

Starlight Promenaders, 8 p.m., DeBary Community Center, Shell Road.

THURSDAY, SEPTEMBER 23

Altamonte-Maitland Christian Women's Club Highlands Brunch, 9:30 a.m., Maitland Civic Center. Speaker Valerie Dixon of Sarasota. For reservations call Ruth at 862-7816.

Seminole County Reading Council, 7 p.m., Longwood Elementary School. Make and Take Workshop conducted by Leigh Moore of Addison Wesley Co.

Casselberry AA, 8 p.m. Ascension Lutheran Church, Overbrook Drive (closed open speaker second and last Wednesday.)

Sanford-Seminole Jaycees, 7:30 p.m., Jaycee building, Fifth and French, Sanford.

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Comfort top knee hi 10 pc. pkg.
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Your choice **3⁵⁹** pkg.

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Orig. 5.50-58

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Junior Novelty Slacks

Band bottom with buckle trim. Red & white only.

Orig. \$22

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25% off

Entire stock of yarn and stitchery kits

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Selected men's and women's sets. Orig. to 149.99

Now **30% off**

Assorted Putters Orig. 10.99

Now **6⁹⁹**

Golf Bags Orig. 39.99

Now **29⁹⁹**

Men's Fox Shirts

Selected lot numbers

Reg. \$18-520

Now **10⁹⁹**

Junior Fall Coordinates

Orig. \$32 - \$46

Now **24⁹⁹**

Orig. \$25 - \$32

Now **18⁹⁹**

Orig. \$18 - \$24

Now **14⁹⁹**

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Entire stock of window shades

Cloth Lined Baskets

Reg. 14.99

Sale **10⁰⁴**

Men's 3 pc. Suits

Poly Wool Blends

Reg. \$140

Now **89⁹⁹**

Misses' Fall Coordinates

Orig. \$28 - \$35

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Orig. \$21 - \$27

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Size S - XL

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27" Petti-Skirt

9⁹⁹

Camisole

7⁹⁹

Teddy

12⁹⁹

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Boys' Shirts and Slacks

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Summer colors
100 Pct. Polyester

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Budget OK'd By County

Continued From Page 1A

Neiswender and Ms. Clayton said the county could not be expected to provide matching funds when it remains uncertain what the other allocations will be.

Neiswender said when the final figures are received and the county's other contributions are figured, the county's maximum exposure will be \$59,000.

The budget includes a \$4.44 per \$1,000 valuation tax rate for all property in the county and an additional \$2.21 per \$1,000 valuation for property owners in unincorporated areas.

The tax rate in 1981-82 was \$5.24 per \$1,000 countywide with an additional \$2.91 per \$1,000 for unincorporated areas.

The budget was approved by a 4-1 margin with Commissioner Robert G. "Bud" Feather dissenting.

Feather's opposition was based upon a change in the budget last week by county staff agencies to provide \$1.5 million from a trust fund to finance a shortfall in carryover funds from this year's budget.

Budget director Eleanor Anderson said the shortfall is not a deficit but is less of a carryover than was expected.

Feather said the county should have eliminated \$2.2 million in new programs rather than take the money from the trust fund.

"I have to vote in opposition," he said. "When the shortfall became known, we should have cut program changes, not borrow from the trust fund."

He said the 42 new positions created by the county this year should have been reduced, eliminating all but 19 new jobs in the sheriff's department and the purchase of some emergency equipment.

Commissioner Barbara Christensen said she agreed with Feather that the program changes should be re-examined but voted in favor of the budget anyway.

County Eyes Courthouse Wings

By MICHAEL BEHA
Herald Staff Writer

A proposal to construct two additions to the Seminole County Courthouse was the favorite of county commissioners at a Tuesday work session on the county's space problems.

The plan, which calls for renovation of the old jail, construction of a three-story building south of the courthouse and a five-story building east of the courthouse, received the most support in an informal survey of commissioners.

But a decision on any proposal was blocked by the question which continues to plague commissioners: What to do with the old hospital?

The old Seminole Memorial Hospital building has been put

up for bids a second time and county officials hope a decision can be made within 45 days on the building. The bid opening is set for Oct. 27.

Commissioners have set a \$15 minimum price for the purchase of the building. If no bids are received at that price, the commissioners plan to use the facility as a new home for the county health department and for other county offices.

The proposal favored by commissioners Tuesday is projected at a \$9.5 million cost by consultant Walter E. Sobel & Associates of Chicago.

Sobel also drew up several other options including construction of a six-story office building on the municipal parking lot east of the courthouse and construction of a bridge across Hood Street and construction of a smaller annex on the parking

lot. Each plan also includes retention of surface parking by placing the buildings on pillars.

Progress was reported in the county's search to find available property for construction of new county facilities. County Attorney Nikki Clayton said an appraisal of a 15.85-acre parcel of land adjacent to the county's Five Points complex had been received from the county tax appraiser's office.

She said the property was valued at \$452,170 or \$28,528 an acre.

An independent appraisal by an outside agency put the value of the property at \$370,000. Commissioners were offered the property at a \$565,000 price and made a counter-offer of \$396,000.

The owners of the property, represented by Dave Farr, have made a second offer of \$515,000.

She told commissioners the tax appraiser's estimate of valuation can only be appealed by the property owner and would probably force the county to pay a higher price for the property.

Ms. Clayton also reported on another parcel of land in Sanford as a possible new site for the county health department.

The property, almost 16 acres, is located behind the Zayre Plaza in Sanford and has a price of about \$20,000 an acre, she said.

...Pay Increase Approved For Department Heads

Continued From Page 1A

or shows that more responsibilities have been added to the job, he should remain at that salary, she said.

Mrs. Glenn suggested a restructuring of the policy may be in order. She said the merit increases along with cost of living raises are too much for the county to pay.

Only Sturm supported Neiswender's recommendations right down the line. He claimed the county must continue to increase salaries to keep top-quality personnel in management posts.

Neiswender said Tuesday night he was pleased the raises had been approved and added that any pay program is acceptable as long as it is included in the personnel policy and strictly adhered to.

"There are a lot of programs you can look at," he said. "But

the key thing I'm concerned about is paying people enough to keep them."

The raises will increase the payroll for the 33 employees by about \$35,000. The 1982-83 payroll for the department heads is \$414,989, up from \$393,196 this year. The payroll for division heads is \$523,135 for the coming year. They were paid \$506,086 in 1981-82.

The highest paid department head is Dr. Jorge Deju, whose salary is paid by the state. Deju, director of health and human services, earned \$62,584 this year. The state has yet to set Dr. Deju's 1983 salary.

The pay raises will put County Attorney Nikki Clayton's salary at \$51,348 and Public Works Director Jack Schuder will be paid \$40,178 this year. — MICHAEL BEHA.

New Cake Decorating Store Open House Set

Create A Cake located at 687 Lake St. in Longwood recently opened for business. The store is owned and operated by Wini Pomeroy, formerly an instructor at the Kitchen Place at Altamonte.

The store specializes in cake decorating supplies, pan rentals and classes.

Classes are starting in both basic and intermediate cake decorating with morning, afternoon and evening classes available. An open house will be held Saturday 10 a.m. to 2 p.m.

Apopka Man Fined \$45,000

A Casselberry businessman who resides in Apopka was recently sentenced in U.S. District Court in Jacksonville on two counts of failure to file IRS Form 941, "Employer's Quarterly Federal Tax Return."

Briane Dale Cline was sentenced to one year in prison on each of the two counts with the sentences to run consecutively. U.S. Magistrate Harvey Schlesinger suspended both sentences and placed Cline on five years probation.

Under the terms of the probation, Cline must file all tax returns due within six months and before the end of the probation pay all taxes, penalties and interest which, according to Cline's representative, will be about \$45,000.

Cline, 31, lives at Route 2, in Apopka and operates Universal Computing Services, Inc., at 100 N. Lake Howell Road in Casselberry.

In April the government had charged Cline with failing to file six employer's quarterly federal tax returns covering all of 1976 and the first two quarters of 1977. The returns are required to be filed in order to report federal income taxes withheld from wages and Federal Insurance Contributions Act taxes. On June 24, Cline pled guilty to the counts involving the 1977 period.

In addition to the criminal sentence imposed, persons convicted of criminal tax offenses are required to pay the tax determined to be due, along with all interest and civil penalties that may be assessed.

AREA DEATHS

MRS. PAMELA R. HALEY

Mrs. Pamela Haley, 30, of 2752 Lake Howell Lane, Maitland, died Tuesday at Winter Park Memorial Hospital.

Born Jan. 24, 1952, in Copperstown, N.D., she moved to the Maitland area from Sumter, S.C., in 1966. She was the owner of Tabrena's, a flower boutique, and was a Lutheran. She was a member of the Winter Park Chamber of Commerce and Florida Florist Association.

Survivors include a daughter, Rachel Haye, Altamonte Springs; parents, Mr. and Mrs. John Berkley, Orlando; two sisters, Roxanne Rose, and Rebecca Joe Megahee, both of Orlando; grandparents, Mr. and Mrs. John D. Berkley, of Jacksonville; a niece, Tracy Roxanne Rose, of Orlando; and a nephew, Travis Jonathan Megahee, of Orlando.

Baldwin-Fairchild Funeral Home, Altamonte Springs, is in charge of arrangements.

FRANK CARR JR.

Frank Carr Jr., 52, of Monroe, N.Y., died Sept. 16 in that city. Born April 11, 1930.

Hunt Monument Co.
Display Yard
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Ph. 339-6988
Gene Hunt, Owner
Bronze, Marble & Granite.

he is a former Sanford resident.

Survivors include his wife, Daisy Mae; his father, Frank Carr Sr.; a son, Frank Carr III; five daughters, Brenda Alexander, Frankie L. Sanders, Vera Carr, Deloria Carr, and Carolyn Carr; two sisters, Mary Henderson and Rosetta Burke; seven grandchildren.

Brown's Paradise Memorial Chapel, Sanford, is in charge of arrangements.

ANNA L. VELEZ

Anna L. Velez, 60, of 105 E. Airport Blvd., Sanford, was killed Tuesday at 6:45 a.m. on Sanford Avenue in a traffic accident.

She was born in Puerto Rico and moved here six years ago from New York City. She was a practical nurse, a housewife and a Protestant.

She is survived by her husband, Ramon Velez Sr., of Sanford; two sons Ramon Jr., of Durham, N.C., and Sigfrido of Daytona Beach; two grandchildren; and numerous brothers and sisters in New York City and Puerto Rico. Gramkow Funeral Home is

in charge of arrangements.

Instead of flowers, the family suggests contributions to the United Way. Visitation will be Thursday 2-4 p.m. and 7-9 p.m. with the 7:30 p.m. funeral service at the funeral home. The Rev. Mislav Baloun of New York City will officiate.

Burial will be in Puerto Rico, where the Gonzalez Funeral Home in Arcebo will be in charge of arrangements.

ROGER L. HALLIBURTON

Roger Lee Halliburton, 29, of 1188 Osceola Road, Route 1, Oviedo, died Monday at Freeport, the Bahamas. Born Jan. 1, 1952 in Frankfort, Ind., he came to Oviedo in 1974 from Tipton, Ind. He was an auto paint and body man.

Survivors include his wife, Linda; a son, Roger; a daughter, Julie; one sister, Glenda Halliburton of Lake Mary; a half-brother, Forrest

Halliburton, of Indianapolis, Ind. his parents, Mr. and Mrs. Forrest Halliburton, Indianapolis; and grandparents, Mr. and Mrs. James Gibbs, Oviedo.

Gramkow Funeral Home, Sanford, is in charge of arrangements.

Funeral Notices

HALLIBURTON, MR. ROGER LEE — Funeral services for Mr. Roger Lee Halliburton, 29, of 1188 Osceola Road, Route 1, Oviedo, who died Monday will be at 10 a.m. Friday in Gramkow Funeral Home chapel with the Rev. Donald Crabtree officiating. The family will receive visitors Thursday 2-4 and 7-9 p.m. Burial in Oaklawn Memorial Park, Gramkow Funeral Home in charge.

CARR, MR. FRANK JR. — Funeral services for Mr. Frank Carr Jr., 52, of Monroe, N.Y., who died Sept. 16, will be at 4 p.m. today at Clearwater Missionary Baptist Church. Burial in Lakeview Cemetery, Sanford. Brown's Paradise Memorial Chapel in charge.

Legal Notice

NOTICE OF PUBLIC HEARING NOTICE IS HEREBY GIVEN BY THE CITY OF LONGWOOD, FLORIDA, that the City Commission will hold a public hearing on September 27, 1982 to consider a CONDITIONAL USE REQUEST submitted by Steven T. Dehinger of 269 W. Citrus Street, Altamonte Springs, FL 32701, for a Retail Boat Sales Business Operation, to be located on the following legally described property:

All of Lot 23 and 5 100 ft of Lot 28 less road, PB 1, PS 16, Rands Addition to Longwood (Vacant land on the Northeast corner of SR 434 and Wilma Street)

The Public Hearing will be held on Monday, September 27, 1982 at 7:30 PM in the City Hall, 175 West Warren Avenue, Longwood, Florida, or as soon thereafter as possible. At this meeting all interested parties may appear and be heard with respect to Conditional Use Request. This hearing may be continued from time to time until final action is taken by the City Commission. A copy of the Conditional Use Request is on file with the City Clerk and may be inspected by the public.

A taped record of this meeting is made by the City of Longwood for its convenience. This record may not constitute an adequate record for purposes of appeal from a decision made by the Commission with respect to the foregoing matter. Any person wishing to ensure that an adequate record of the proceedings is maintained for appellate purposes is advised to make the necessary arrangements at their own expense.

Dated this 9th day of September, 1982. CITY OF LONGWOOD, FLO

RIDA
D.L. Terry
City Clerk
Published: September 12, 22, 1982
DEZ 42

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We offer complete information on pre-arrangements and pre-financing, available without cost or obligation of any kind. Feel free to contact us at your convenience.

BRISSON FUNERAL HOME P.A.
322-2131 905 Laurel Ave., Sanford Robert Brisson, Director

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PEOPLE

Evening Herald, Sanford, Fl. Wednesday, Sept. 27, 1982—1B

Cook Of The Week

Fixing Family Meals Chef's Dilemma, Too

By LOU CHILDERS
Herald Correspondent

Linda Garrison's day starts out at 4 a.m. when she leaves her Casselberry home with her husband, John, for their business in Sanford, the H & M Restaurant on French Avenue.

She then spends the next nine hours cooking for a living and is still faced with the same dilemma of every other working woman — cooking for her family when she gets home.

Linda says it is the "microwave to the rescue" for her. She says, "People always want to know how in the world I cook all day and then go home and cook for my family — I don't!" "I try to cook our evening meal while I am at the restaurant, so it's not so hard on me — we just carry home some of our favorites that I've cooked in the microwave, like Chicken Cacciatore."

Linda claims she likes most of the recipes that are in the cookbook that came with her microwave, "Adventures in Microwave Cooking", but adds, "Since I've always been a 'pinch of this, a pinch of that cook', sometimes I vary the seasonings."

The Garrisons moved to the area two years ago from Taylor, Mich., with their sons, Lane, 14, and Stacey, 10. "We owned and operated an ice cream parlor in Michigan," Linda says, "and we plunged into the restaurant business again when we came down here."

Linda also says that her previous "restaurant experience" was quite different from the cooking she is doing now. "On my first job, I worked for a Greek man who trained me to do short order cooking."

When the Garrisons bought their restaurant in Sanford, Linda says, "The owner was to have spent one month in training me, but that never happened." "If it wasn't for the Lord and His help," she continues, "I don't know how we would have made the transition."

The other recipes Linda shares are all hardy main course types — Easy Beef Stew, Chili Con Carne, and Macaroni and Cheese.

Two of these recipes contain "critical ingredients" — ingredients that are hard to cook in the microwave. The chili's critical ingredient is kidney beans. Be sure you keep your cooking dish covered after the kidney beans are added to avoid splattering if the beans explode (a few will). The other critical ingredient is the macaroni — it must be stirred several times while cooking to avoid lumping.

CHICKEN CACCIATORE

- 1 broiler-fryer chicken, 2½-3 pounds
 - 1 can (15 oz.) tomato sauce
 - 1 can (16 oz.) tomato paste
 - ½ cup finely chopped onion
 - ½ teaspoon garlic powder
 - 1 teaspoon salt
 - ½ teaspoon pepper
 - ½ teaspoon powdered thyme
 - ½ cups water
 - ½ cup red wine
 - 1 can (4 oz.) sliced mushrooms, drained
1. Cut large pieces of chicken in half for uniform size. Set aside.
 2. Combine remaining ingredients except mushrooms in a 3-quart glass casserole.
 3. Add chicken and coat with sauce. Cover dish and cook in microwave for 10 minutes at normal setting.
 4. Turn and rearrange chicken pieces. Continue cooking chicken covered for 10 minutes at normal setting.
 5. Add mushrooms and continue to cook uncovered 5 to 10 minutes at normal setting until chicken is tender, stirring occasionally.
- Yield: 4 servings.

CHILICON CARNE

- 1 tablespoon butter
 - 1 pound ground beef
 - ½ cup chopped onion
 - ½ tablespoons flour
 - ½ teaspoon chili powder
 - ½ teaspoons salt
 - ¼ teaspoon black pepper
 - ½ teaspoon garlic salt
 - 1 can (16 oz.) kidney beans
 - ½ cups tomato puree
 - 1 cup water
1. Melt butter in a 2-quart glass baking dish in microwave.
 2. Add beef and onion to melted butter. Separate meat into pieces. Cover with waxed paper and cook in microwave 5 minutes on normal setting or until meat is no longer pink. Stir several times while cooking.
 3. Remove excess fat from dish. Stir flour and seasonings into meat mixture, then remaining ingredients. Cook covered 16 to 18 minutes on normal setting. Stir while cooking.

MACARONI AND CHEESE

- 3 cups cooked elbow macaroni
- 3 tablespoons butter
- 3 tablespoons flour
- ½ teaspoon salt
- dash pepper
- 2 cups milk
- 2 cups shredded pasteurized process sharp cheddar cheese
- 1/2 cup paprika



Herald Photo By Lou Childers

Linda Garrison resorts to microwave cooking.

1. Prepare macaroni by combining water and salt in a 3-quart glass casserole. (1 quart hot water, 1 teaspoon salt.) Heat to boiling on high setting. Add macaroni and cook covered on normal setting in microwave for 6 to 8 minutes, stirring frequently.

2. Melt butter in a 2-quart glass casserole in microwave. Blend in flour, salt and pepper. Add milk gradually, stirring constantly. Cook 8 minutes at normal setting.

3. Add cheese to sauce; stir. Cook 1 minute at normal setting.

4. Add cooked macaroni to cheese sauce, mixing well. Cook 8½ to 10 minutes on bake setting, stirring 2 or 3 times.

5. Sprinkle with paprika if desired.

EASY BEEF STEW

- 2 tablespoons beef drippings
- 1 medium onion, finely chopped

- 1 bay leaf
- 1 cup cooked carrots
- 1 cup diced potatoes
- ½ teaspoon salt
- ½ teaspoon celery seed
- 2 cups beef gravy
- 2 cups cubed cooked beef
- 1/2 cup paprika

1. Peat drippings in a 2-quart baking dish in microwave oven 20 to 30 seconds at normal setting.

2. Add onion to drippings. Cook 3 minutes at normal setting.

3. Add remaining ingredients, except paprika, mixing well. Cover with waxed paper and cook in microwave 8 minutes at normal setting.

4. Sprinkle with paprika before serving.

Art Show Deadline

The Sanford-Seminole Art Association has announced an extension of its deadline for applicants to the "Fall For Art" Show to be held in Sanford's downtown business on Oct. 9 and 10.

The extended deadline is Oct. 1 and applications are available by writing to Jeanette Policastro, 1190 Adams St., Longwood, 32750, or contacting any member of the art association for information.

Reader Defends P&G Smear

DEAR ABBY: When I read in your column that someone who described herself as "a good Christian" had labeled Procter & Gamble "a tool of the devil," I was horrified. I know from personal experience that if ever a company had a heart, it is Procter & Gamble.

About two years ago, Today, the local Cocoa, Fla. newspaper, ran a story about Michael, a 9-year-old boy who from the time of his birth had been covered with blisters due to a rare, incurable skin disease known as "epidermolysis bullosa." Michael was sent to Sunland Medical Center in Gainesville, Fla., to die. To ease the pain, Michael was covered with Crisco daily and wrapped in gauze. He good-humoredly named himself "The Crisco Kid." Because of the newspaper publicity, well-wishers sent money to help pay the enormous hospital bills. My husband and I sent him a small check and received a beautiful thank-you letter in return.

Then it occurred to me that



Dear Abby

since Crisco was a Procter & Gamble product, the company might be willing to help the boy, and at the same time publicize the proven purity of its product, so I wrote to P & G suggesting it.

The company responded with a courteous letter saying it could not recommend the product for anything other than the purpose for which P & G's own laboratory had tested it. Then the company sent a handsome donation for

an electric wheelchair and special equipment needed to make the boy more comfortable.

The Crisco Kid fought courageously for his life, but eventually his little heart gave out. I will never forget that a big company like Procter & Gamble cared enough to make the last days of an ailing child happier.

That this fine company should be the victim of an organized smear campaign to link it with Satan and the devil is an outrageous injustice.

I live in Cocoa Beach, and you may use my name.

BESSIE WATTS
DEAR ABBY: May I suggest that all the newspapers that publish your column print your address at

least once a week? I saved a column of yours from several months ago or I would not have had your address now. Thank you.

JANET IN OREGON
DEAR JANET: I'm glad you wrote. My address is: DEAR ABBY, P.O. Box 38923, Hollywood, Calif. 90038.

For a personal, unpublished reply, please enclose a stamped, self-addressed envelope.

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Garden Circle

Hibiscus Circle of the Sanford Garden Club held the September meeting at the home of Mrs. John Slankiewicz with Mrs. Leroy MacTavish as joint hostess.

A covered dish luncheon was served to 12 members and 2 guests, Mrs. Grace Theobald and Mrs. Joseph A. Walebob, the new president of the Sanford Garden Club.

New projects for the coming year were discussed including: a bake sale, a plant sale, aluminum collecting and second image clothing sale.

Mrs. Gordon Brisson, circle president, presided over the business meeting. Members were told that the first event of special interest on the calendar is a Table Show, Nov. 19. Hibiscus Circle will carry out the November theme at the show.

GETTING MARRIED

Engagement and wedding forms are available at the Herald offices, to announce these events. The forms may be accompanied by professional black and white photographs if a picture is desired with the announcement. Wedding forms and pictures must be submitted within two weeks of the wedding.

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Herald Autumn With Apple Pie

Fall For Eggs

What's fall? It's one occasion after another. And, most often those occasions are accompanied by hearty appetites. What's the easiest way to get through this hectic season? Let eggs enhance your fall occasions.

First of all, consider the morning rush. If there's no time for the usual fried, poached or scrambled family breakfast, just pop an egg per person into the blender along with a cup of milk or your family's favorite juice. Add a dash of honey, if you like, and quick as a wink, you've got breakfast on the run!

Eggs can help, too, when the morning rush leaves no time to make lunches. For a quickly assembled, but nutritious, brown-bag lunch, tuck in two hard-cooked eggs accompanied by a small envelope of a favorite herb or seasoned salt.

Right after dinner the night before is a good time to put together make-ahead lunches. Why not toss together an egg salad? It will travel well packed in thermal containers. So will a deviled egg mixture. Add a plastic fork to the bag so the luncheon can fill the egg whites with the yolk mixture on the spot.

Eggs make quick and easy snacks, too. For morning, after school, midnight or whenever the hungries strike, spread a small cheese slice with mayonnaise and sandwich it between halves of a hard-cooked egg. For added nutrition, add an egg to your favorite blender shake. As the weather gets cooler, make a cup of hot cocoa more hearty by stirring it into a well-beaten egg. Top with a sprinkle of cinnamon.

The fall season seems to involve get-togethers galore: from homework sessions, the sock-hop committee, weekly meetings of Scouts or Indian Guides, to pajama parties, after-the-game parties and you-name-it. The age groups may run the gamut, but eggs know no age barriers.

For dieting teens, add some hard-cooked eggs to the usual dip and serve it with sliced raw veggies. Suit younger kids by stirring a dollop of peanut butter into their egg salad.

Moppets through middle-agers (and beyond) enjoy pizza. For a nutritious, quick-fix version, spread split English muffins with canned pizza sauce, add sliced hard-cooked eggs, top with shredded cheese and pop under the broiler. With such good goodies, you may find your house the most popular meeting place in town.

Then there's the last outing of the year. Whether it's a good-bye-to-summer patio party or a final campfire fling, eggs can see you through. Made into salads or sandwiches or deviled, eggs can stay home or travel, as you please.

For a pot luck party, a piping hot egg casserole or strata will hit the spot if you carry it well-insulated. A campfire scramble, fragrant with bits of bacon or salami, onion or green pepper, will make a memorable ending to the season.

Trick-or-treat time is definitely not the time to plan a top-of-range meal unless you have help in answering the door for ghosts and goblins. Instead, serve a nice strata, casserole or quiche that can take care of itself in the oven while you hand out goodies.

If pumpkin pie is a tradition at your Thanksgiving table, try a new variety this year.

Instead of the usual version, baked in its shell, make it chiffon-style in individual store-bought tart shells, freeing the oven for his honor, the bird.

Although apple pie is a year-round favorite, fall heralds the use of freshly picked apples from local orchards for apple dishes.

FRESH APPLE STREUSEL PIE

- 1 graham cracker ready crust
- 1 egg yolk, slightly beaten
- 6 cups sliced firm tart apples
- 1 1/2 teaspoons lemon juice
- 1/2 cup granulated sugar

- 1/2 cup all-purpose flour
 - 1/2 teaspoon ground cinnamon
 - 1/4 teaspoon ground nutmeg
 - 3 tablespoons packed light brown sugar
 - 3 tablespoons butter or margarine, at room temperature
 - 1/4 cup chopped walnuts, if desired
- Preheat oven to 375 degrees. Brush bottom and sides of crust evenly with egg yolk; bake until light brown, about 5 minutes. Remove crust from oven. Sprinkle apples with lemon juice.

Combine granulated sugar, 3 tablespoons of the flour, the cinnamon and nutmeg; add to apples. Toss lightly until completely coated; pile apples into crust. Bake 25 minutes. Meanwhile, mix remaining flour, brown sugar and butter with fork until combined; stir in walnuts. Sprinkle streusel mixture evenly over partially baked pie. Continue baking until streusel is golden and apples are done, 35 to 40 minutes longer. Cool on wire rack before cutting. This kitchen-tested recipe makes 1 pie.



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LARGE BUNCH

FRESH GREEN CUKES

BONUS BUY **8/\$1** SAVE 24*

CALIFORNIA SEEDLESS GRAPES

BONUS BUY **59¢** SAVE 20* PER LB

PER POUND

WESTERN EATING BARTLETT PEARS

BONUS BUY **39¢** SAVE 20* PER LB

PER POUND

NEW CROP YELLOW ONIONS BONUS BUY

3 LB BAG 49¢ SAVE 30*

CELLO CRISP CARROTS BONUS BUY

2 LB BAG 35¢ SAVE 14*

COMPARE GROCERY EVERYDAY LOW PRICE SAVE

CLASSIC Kosher Dills . . . **\$1.29** 50*

ASSORTED VARIETIES Faygo (DIET DRINKS) BTL **3/89¢** 10*

REAL PINE Pine Oil **49¢** 38*

HAMBURGER OR HOT DOG Vlastic Relish **59¢** 10*

CONTADINA Sauce (TOMATO) **2/89¢** 21*

COMPARE GROCERY EVERYDAY LOW PRICE SAVE

PANTRY PRIDE Black Pepper . . . **79¢** 30*

PANTRY PRIDE Pear Halves **2/\$1** 20*

MAHATMA Yellow Rice . . . **29¢** 10*

MUELLER'S ELBOW Macaroni **69¢** 10*

PANTRY PRIDE SECTIONS Grapefruit **59¢** 10*

U.S. NO. 1 RUSSET Baking Potatoes **10 LB BAG \$1.19** 30*

CRISP Red Eating Apples **3 LB BAG 79¢** 20*

LARGE California Cauliflower . . . HEAD **99¢** 10*

GEORGIA RED Sweet Potatoes **3 LBS FOR 49¢** 18*

FRESH Green Cabbage PER POUND **15¢** 8*

FRESH Mushrooms **1 LB TRAY \$1.69** 30*

LIBBY PEAS 18oz CAN

EVERYDAY LOW PRICE **2/89¢** SAVE 9*

PANTRY PRIDE MAYONNAISE

EVERYDAY LOW PRICE **89¢** SAVE 20*

32oz JAR

JUNE BOY DILLS

EVERYDAY LOW PRICE **\$1.49** SAVE 30*

HALF GALLON JAR

STROHS BEER REGULAR OR LIGHT

BONUS BUY **\$2.15**

6 PACK 12oz N.R. BOTTLE

GENERIC PEAR HALVES NATIONAL BRAND PRICE 99¢

75¢

29oz CAN

GENERIC SCALLOPED OR AU GRATIN POTATOES NATIONAL BRAND PRICE 81¢

69¢

5.5oz BOX

FUNNY FACE DRINK MIX SAVE 28*

39¢

2 QUART PUNCH, LEMONADE OR CHERRY

DINTY MOORE BEEF STEW SAVE 18*

\$1.49

24oz

SAUERS PURE MUSTARD SAVE 8*

59¢

32oz

FAB LAUNDRY DETERGENT 49oz

\$2.01

20% OFF LABEL

RIUNITE WINES SAVE 60*

\$2.59

750 ML LAMBRUSCO, BIANCO OR ROSATO

PETRI WINES SAVE 50*

\$4.99

3 LITER CHARLES HEISE OR FINE

COMPARE GROCERY EVERYDAY LOW PRICE NATIONAL BRAND PRICE

GENERIC HEAVY DUTY LAUNDRY Detergent **\$1.69** 33*

GENERIC DRY Bleach **89¢** 11*

GENERIC Vegetable Oil **97¢** 11*

GENERIC Black Pepper **69¢** 11*

PALMOLIVE LIQUID DETERGENT 22oz

\$1.21

25% OFF LABEL

FRESH START CONCENTRATED DETERGENT 35% OFF LABEL

\$3.33

34.5oz

DYNAMO LIQUID LAUNDRY DETERGENT 64oz

\$3.43

50% OFF LABEL

IRISH SPRING BATH SOAP GREEN 4 PACK

\$1.74

COMPARE GROCERY EVERYDAY LOW PRICE SAVE

FREEZE DRIED Maxim Coffee **\$5.03** 2*

JIM DANDY Quick Grits **2/\$1** 50*

MARTHA WHITE CORN Muffin Mix **2/49¢** 13*

DETERGENT Punch **\$2.19** 3*

SOLO PLASTIC CUPS

EVERYDAY LOW PRICE **79¢** SAVE 20*

18oz 20 CT.

J.R. **SAVE 40¢ CASH** thru 9/28

PEPSI, DIET PEPSI, PEPSI LIGHT OR MOUNTAIN DEW 8 PAK - 16oz BTL. PLUS DEPOSIT

YOU PAY \$1.19 WITH THIS COUPON GOOD THRU WED. SEPT. 29, 1982.

J.R. **10¢ OFF** thru 9/28

NABISCO 13oz TRISCUIT, 16oz WHEAT THINS, 15oz CHOCOLATE OR VANILLA I SCREAMS

WITH THIS COUPON GOOD THRU WED., SEPT. 29, 1982.

J.R. **20¢ OFF** thru 9/28

FOLGER'S FLAKED COFFEE 13oz BAG

WITH THIS COUPON GOOD THRU WED., SEPT. 29, 1982.

J.R. **40¢ OFF** thru 9/28

SAVARIN COFFEE 1 LB CAN

WITH THIS COUPON GOOD THRU WED., SEPT. 29, 1982.

Soup A Tasty Dish Any Time

Many restaurants offer a soup, salad and sandwich lunch or merely a soup and salad special. This fits into the lighter eating trends throughout the country that both men and women follow.

Barley split pea soup has as its base the traditional ham hock for special flavor. Serve with your favorite bread, a vegetable or fruit salad. Freeze leftovers in portions for two.

BARLEY SPLIT PEA SOUP
1 pound dry split green peas

- 2 quarts water
- 1 smoked ham hock
- 1 cup celery slices
- 1 cup carrot slices
- 1 cup chopped onion
- 1/2 cup chopped fresh parsley or
- 1/4 cup dried parsley flakes
- 1 teaspoon pepper
- 1 bay leaf
- 1/2 cup regular barley

Evening Herald-Sanford, Fl. Wednesday, Sept. 22, 1982—B8

Rinse peas in cold water; drain. In 4 1/2 to 6-quart saucepan, combine all ingredients except barley. Bring to a boil, stirring frequently. Cover, reduce heat. Simmer 30 minutes, stirring occasionally. Stir in barley. Continue simmering, covered, about 1 hour or until barley is tender, stirring occasionally. Remove ham hock, cut meat from bone. Return meat to soup; reheat. This kitchen-tested recipe makes about 2 1/2 quarts of soup.

5 WAYS TO SAVE!

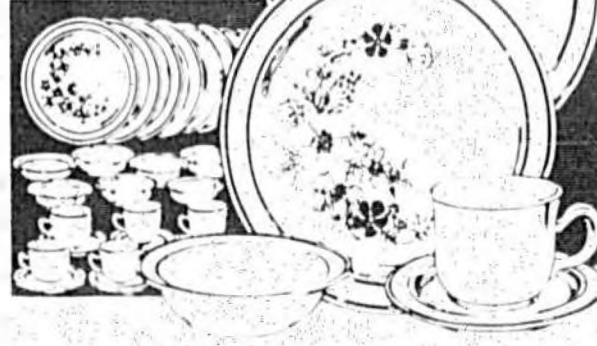


Get one Cash Saver Coupon with each \$5 purchase. Collect 10 coupons to complete your Cash Saver Card. Redeem your filled Cash Saver Cards for your 4 piece place setting.

1. 1 Filled Card plus \$200 in purchases **49¢**
2. 1 Filled Card plus Cash \$100 in purchases **\$2.74**
3. 1 Filled Card plus Cash \$100 in purchases **\$4.99**
4. 1 Filled Card plus Cash \$50 in purchases **\$7.24**
5. Price without cards **\$9.49**

SAVE 72¢ A 32 Pc Service for 8

\$3.92



Pantry Pride

Dinner In Half An Hour

Quick and easy chicken dishes solve the dilemma of conscientious cooks who don't want to miss out on fun but who insist on providing their families tasty, nutritious meals.

The National Broiler Council developed two recipes below especially suited to light, wholesome, hurry-up cookery. Both can be on the table and ready to enjoy in little more than half an hour.

"Squash and Chicken Medley" is a healthful combination of chicken with summer vegetables. It's tastily seasoned with herbs and spices and served with rice—a complete meal in one economical dish.

"Stir Fry Chicken and Vegetables" utilizes the quick-cooking technique perfected by the Chinese to produce a jiffy dish that's low in calories but high in taste appeal. Cooking time is brief but preparations take a little longer and should be completed ahead. Once you start to cook there's no time to stop and find, cut or chop ingredients.

SQUASH AND CHICKEN MEDLEY

- 1 broiler-fryer chicken, cut in parts
- 2 tablespoons margarine
- 3 yellow summer squash, sliced
- 3 zucchini squash, sliced
- 1 large onion, sliced and separated into rings

- 1 tomato, chopped
- 1 teaspoon salt
- 1/2 teaspoon basil
- 1/4 teaspoon marjoram
- 1/4 teaspoon dried chives
- 1/4 teaspoon ground black pepper
- 1/4 teaspoon paprika

In large frypan, place margarine and melt over medium high heat. Add chicken and cook, turning, about 10 minutes or until brown on all sides. Remove chicken from pan and keep warm. Place yellow and zucchini squash and onion in frypan and stir fry about 5 minutes or until tender. Return chicken to frypan. Add tomato; then sprinkle with salt, basil, marjoram, chives and pepper. Reduce heat to medium low; cover and cook for about 20 minutes or until fork can be inserted in chicken with ease. Sprinkle with paprika and serve hot with chicken-flavored rice mix or rice cooked in chicken broth. Makes 4 servings.

STIR FRY CHICKEN AND VEGETABLES

- 8 broiler-fryer chicken thighs, skinned and boned
- 2 tablespoons cooking oil
- 2 carrots, thinly sliced
- 2 ribs celery, diagonally sliced
- 1 medium onion, chopped
- 1/2 teaspoon salt
- 1/4 teaspoon ground black pepper
- 1 tablespoon brown gravy sauce
- 2 tablespoons soy sauce
- 1/4 cup chicken broth
- 1 can (16 ounces) bean sprouts, drained
- 1 cup cooked rice

Freeze chicken thighs slightly to make cutting easier. Cut chicken into bite-size pieces. In large frypan, place oil and heat to medium high temperature. Add chicken and stir fry about 3 minutes or until chicken loses pink color. Add carrots; then celery and onions, continuing to stir throughout entire cooking process, about 5 minutes. Sprinkle with salt and pepper; add brown gravy sauce and soy sauce. Pour chicken broth over contents in frypan. When liquid begins to boil, add bean sprouts and rice. Heat about 2 minutes or until thoroughly heated (vegetables should remain crisp; be careful not to overcook). Makes 4 servings.

To bone chicken thighs, place thigh on cutting board, skin-side down, and cut along thin side, joint to joint. Holding one end of bone, but meat from one joint; then pull or scrape meat from bone. Cut meat from opposite joint.

PRICES EFFECTIVE WED., SEPT. 22 THRU TUES., SEPT. 28, 1982.

U.S.D.A. GRADE A **WHOLE BAG FRYERS**
BONUS BUY 2 PER BAG **48¢** LB
LIMIT-2 BAGS WITH OTHER PURCHASE 1

BEEF BLADE **CHUCK ROAST**
BONUS BUY **\$1.38** LB
SAVE 60¢ PER LB

GREAT GROUND BEEF PATTIE MIX
BONUS BUY OVER 5 LBS **98¢** LB
SAVE 30¢ PER LB

SUCED **QUARTER PORK LOIN**
BONUS BUY **\$1.68** LB
SAVE 30¢ PER LB

COTTAGE BRAND **SMOKED SAUSAGE**
BONUS BUY 5 LB BAG **98¢** LB
SAVE 40¢ PER LB

U.S.D.A. CHOICE BEEF **BONELESS BOTTOM ROUND ROAST**
BONUS BUY **\$1.68** LB
SAVE \$1.30 PER LB

PRODUCT OF FLORIDA SUNSHINE TREE **PANTRY PRIDE CHILLED ORANGE JUICE**
HALF GAL. CTN. **98¢** BONUS BUY
SAVE 40

BONELESS ROUND STEAK
BONUS BUY **\$1.98** LB TWIN PACK
SAVE \$1.00 PER LB

U.S.D.A. CHOICE TWIN PACK BLADE CUT **Chuck Steak** LB **\$1.58** 60

U.S.D.A. CHOICE **Bnls. Eye Round Roast** LB **\$2.78** 80

SMOKED **Turkey Ham** LB **\$1.68** 60

MARKET STYLE **Sliced Bacon** OVER 3 LBS LB **\$1.58** 40

DELICIOUS **Steak Umms** 14oz PKG. **\$2.68** 30

U.S.D.A. CHOICE **Cubed Steak** OVER 3 LBS LB **\$2.68** 60

COMPARE DAIRY CHECK THESE PRICES SAVE

FYNE SPRED **Margarine Qtrs. 3** (1/2 GAL) **\$1** 50

PANTRY PRIDE CREAMED **Cottage Cheese** (24oz CTN) **\$1.28** 30

PANTRY PRIDE **Sour Cream** (8oz CUP) **88¢** 20

LAND O LAKES COUNTRY **Morning Blend** (1/2 GAL) **\$1.38** 20

SUCED AMERICAN SINGLES **Cheese Pride** (1 LB 1/2 ING) **\$4.98** 11

COMPARE DELI CHECK THESE PRICES SAVE

GWALTNEY 5 EKG EIGHT **Franks (SKINLESS)** (1 LB ING) **\$1.78** 20

MOARELL POLSKA BEEF OR MEAT **Sausage (SMOKED)** (1 LB ING) **\$2.48** 50

MRS KINSERS **Sicilian Pizza** (16 ING) **\$1.68** 80

SWIFTS **Sizzlean** (1/2 GAL) **\$1.58** 20

OSCAR MAYER MEAT OR BEEF **Sliced Bologna** (1/2 GAL) **\$1.59** 20

PANTRY PRIDE **VEGETABLE JUICE**
EVERYDAY LOW PRICE 46oz **89¢**
SAVE 9¢

SWEET N' LOW SUGAR SUBSTITUTE
EVERYDAY LOW PRICE 250 COUNT **\$2.29**
SAVE 50¢

SANWA RAMEN PRIDE NOODLES
PORK, SHRIMP, CHICKEN, BEEF OR MUSHROOM
EVERYDAY LOW PRICE 3oz PKG. **5/\$1**
SAVE 5¢

SPICED LUNCHEON MEAT
IN THE DELI-BAKERY STORES ONLY
BONUS BUY HALF POUND **99¢**
SAVE 40¢

SAVE 10¢ 300 COUNT **FYNE NAPKINS** **\$1.29**

SAVE 9¢ 20oz LOAVES **PANTRY PRIDE KING SIZE BREAD** **3/\$1.45**

SAVE 5¢ PACK OF 3 **LUX BATH SOAP** **99¢**

SAVE 10¢ 6oz CANS **PANTRY PRIDE LEMONADE** REGULAR OR PINK **4/\$1**

SAVE 9¢ 16oz CANS **PANTRY PRIDE PORK & BEANS** **3/\$1**

SAVE \$1.50 60's **Z-BEC VITAMINS** **\$4.49**

SAVE \$1.00 IN THE DELI-BAKERY STORES ONLY **CREAMY SPICY CARROT CAKE** 2 LAYER 8 INCH **\$3.79**

SAVE \$1.00 IN THE DELI-BAKERY STORES ONLY **COUNTRY PRIDE SOUTHERN FRIED CHICKEN** 8 PIECE SACHEL **\$2.99**

COMPARE BAKERY EVERYDAY LOW PRICE SAVE

PANTRY PRIDE BAKED OFF **Rolls (DINNER)** (12 PAK) **2/89¢** 10

PANTRY PRIDE PARTYFLAKE OR CLOVERLEAF **Rolls** (12 PAK) **2/98¢** 10

AUNT HANNAH **Angel Food** RING (20oz) **\$1.59** 10

PANTRY PRIDE STICK-16oz LOAF **French Bread** **2/\$1.19** 10

COMPARE FROZEN EVERYDAY LOW PRICE SAVE

PANTRY PRIDE **Waffles** (8oz FROZEN) **39¢** 10

PANTRY PRIDE COFFEE **Lightener** (16oz FROZEN) **3/\$1** 18

PANTRY PRIDE WHIPPED **Topping** (16oz FROZEN) **99¢** 20

PANTRY PRIDE CRINKLE CUT **French Fries** (32oz) **89¢** 30

COMPARE HEALTH & BEAUTY AIDS EVERYDAY LOW PRICE SAVE

CREAM **Cortizone-5** (1oz) **\$1.99** 50

SECURITY TAMPONS **Kotex** (1 PKG OF 6) **3/\$1** 47

AUTO-MATIC CARTRIDGES **Personna** (1/2 GAL) **\$1.29** 40

COLD RELIEF TAB **Comtrex** (1/2 GAL) **\$2.29** 80

COMPARE PREPARED FOODS EVERYDAY LOW PRICE SAVE

FRESH BAKED HOMESTYLE **White Bread** (16oz LOAF) **69¢** 20

FRESH BAKED BLUEBERRY **Muffins** (1/2 GAL) **6/\$1.39** 30

SOLID WHITE **Turkey Breast** (HALF LB) **\$1.89** 50

SERVED WITH 2 VEGETABLES & A ROLL CHICKEN **Nugget Dinner** (1/2 GAL) **\$1.99** 50

10¢ OFF JR 431 631 **REYNOLDS OVEN COOKING BAGS** 5 COUNT-LARGE SIZE
WITH THIS COUPON GOOD THRU WED., SEPT. 29, 1982.

20¢ OFF JR 432 632 **TASTER'S CHOICE INSTANT COFFEE** 8oz JAR
WITH THIS COUPON GOOD THRU WED., SEPT. 29, 1982.

FREE JR 438 638 **WITH PURCHASE OF NESCAFE INSTANT COFFEE** 10oz JAR **\$4.39**
WITH THIS COUPON GOOD THRU WED., SEPT. 29, 1982.

BUY ONE GET ONE FREE! **COCA COLA, TAB, SPRITE, SUGAR FREE SPRITE OR MELLO YELLO** 2 LITER

by Chic Young



BEETLE BAILEY

by Mort Walker



THE BORN LOSER

by Art Sansom



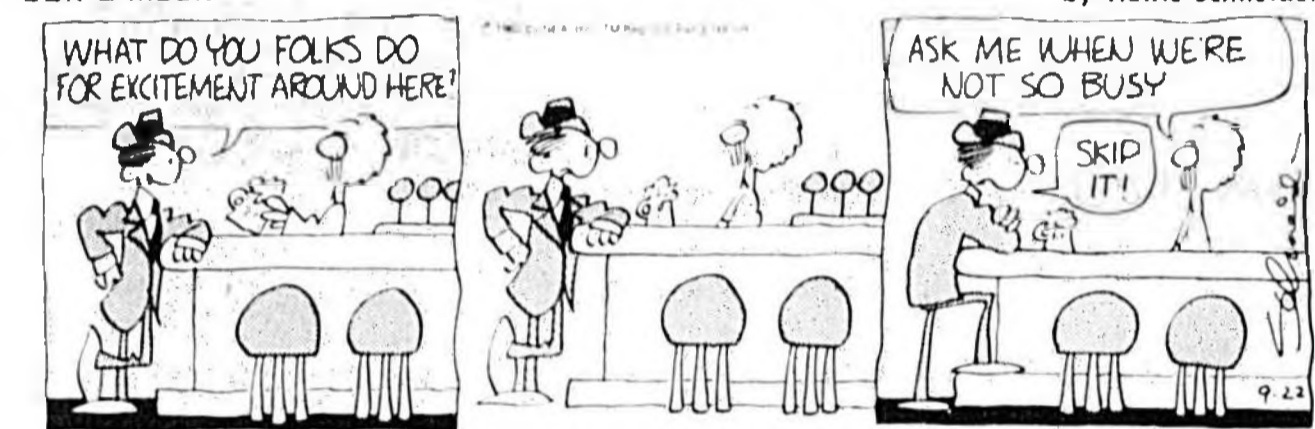
ARCHIE

by Bob Montana



EEK & MEEK

by Howie Schneider



PRISCILLA'S POP

by Ed Sullivan



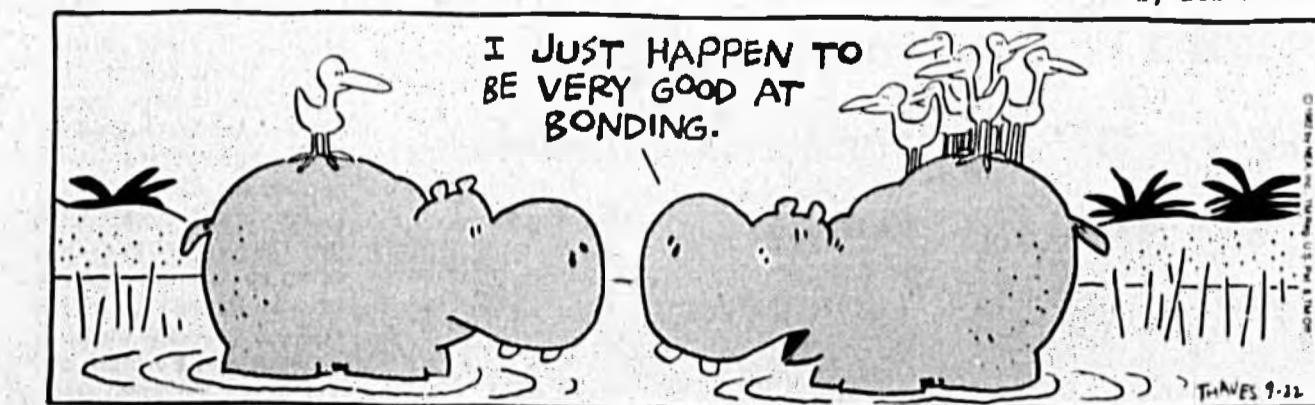
BUGS BUNNY

by Stoffel & Heidmahl



FRANK AND ERNEST

by Bob Thaves



TUMBLEWEEDS

by T. K. Ryan



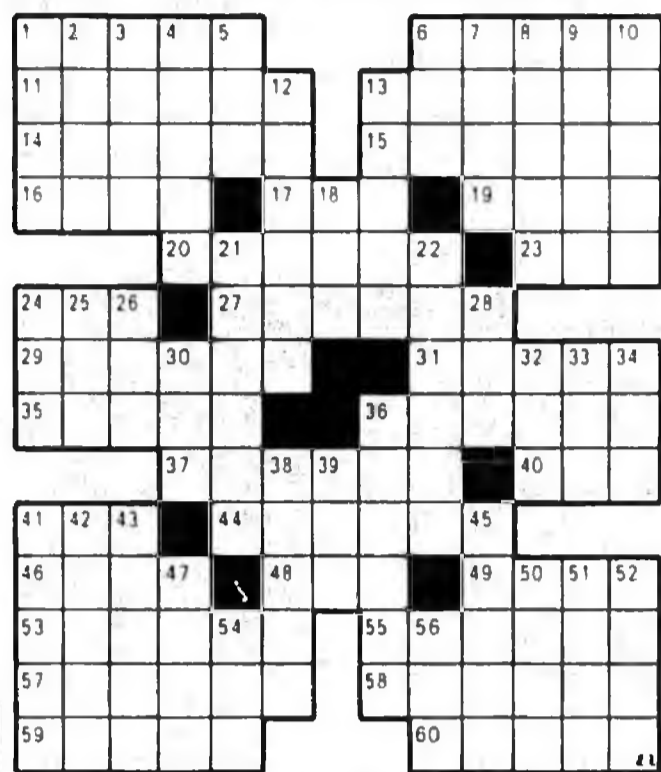
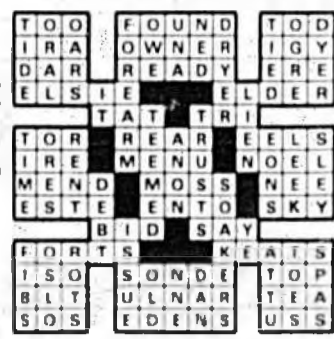
ACROSS

- 1 Venus son
- 6 Leave off
- 11 Heretofore (2 wds)
- 13 Trill
- 14 Shed (comp wd)
- 15 Din
- 16 Fabliau
- 17 Sign of the zodiac
- 19 Location
- 20 Goodbye Au
- 23 Defense department (abbr)
- 24 Mao
- 27 Yearned (st)
- 29 Spots
- 31 Pander
- 35 In any way (2 wds)
- 36 Spookily
- 37 Translucent
- 40 Be equal
- 41 Decimal unit
- 44 Spaced
- 46 Elliptical

DOWN

- 1 Breton
- 2 Animal waste
- 3 Bell sound
- 4 Interior
- 5 Saurer's mate
- 7 Organs of hearing
- 8 Eschew
- 9 Former S.E. Asian alliance
- 10 Went astray
- 12 Predatory
- 13 Building corner
- 18 Long time
- 21 Eye covering
- 22 Draw back
- 24 Pekoe for example
- 25 Fast aircraft (abbr)
- 26 Environment agency (abbr)
- 28 Women's patriotic society (abbr)
- 30 Not well
- 32 Small bird
- 33 Samuel's
- 34 Cereal grass
- 36 One of the other
- 38 Folkways
- 39 School organization (abbr)
- 41 Italian opera
- 42 Turn outward
- 43 Of the nose
- 45 Sweet (lit)
- 47 Melted rock
- 50 Abel's brother
- 51 Deer
- 52 Wild party
- 54 Intermediate teacher
- 56 Croak

Answer to Previous Puzzle



HOROSCOPE

By BERNICE BEDE OSOL

For Thursday, September 23, 1982

YOUR BIRTHDAY
September 23, 1982

There are persons waiting in the wings to be of assistance to you this coming year. However, if you wish to benefit from their full support, you must show a willingness to help them as well.

LIBRA (Sept. 23-Oct. 23) Where your self-interests are concerned, be logical and sensible at all times today. Let your heart rule your head, and you could run into problems. Find out more of what lies ahead for you in the season following your birthday by sending for your copy of Astro-Graph, Box 489, Radio City Station, N.Y. 10019. Be sure to specify birth date.

SCORPIO (Oct. 24-Nov. 22) This should be a successful financial day for you, yet instead of salting away the surplus you may actually spend more than you take in.

SAGITTARIUS (Nov. 23-Dec. 21) Be careful when dealing with friends today. Things not upsetting or offensive to you may be considered to be in poor taste by them.

CAPRICORN (Dec. 22-Jan. 19) Keep your mind upon your objectives at all times today if you hope to be an achiever. Letting lazy thoughts intrude will diminish your incentive.

AQUARIUS (Jan. 20-Feb. 19) Don't misinterpret a friendly gesture from a member of the opposite sex today as being romantic rather than what it was meant to be: Cordial.

PISCES (Feb. 20-March 20) Keep your priorities in order today so that you do not get pleasure before business. Reversing the procedure will create a pile-up of responsibilities.

ARIES (March 21-April 19) You'll take plenty of time today to calculate your moves and make well-thought-out decisions, but they'll be meaningless unless you carry them out.

TAURUS (April 20-May 20) Normally, once you make up your mind to do something, nothing stops you from seeing it through. Today, however, you can be easily side-tracked by a frivolous interest.

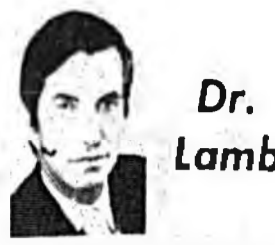
GEMINI (May 21-June 20) Everybody, both young and old, needs to be dealt with tenderly and not just logically. Don't forget this today when making your points.

CANCER (June 21-July 22) You may have a tendency today to overdo finishing touches to your handiwork. Don't let your creative impulses exceed your good taste.

LEO (July 23-Aug. 22) You'll possess the perception today to know exactly what you should be doing at all times, yet in spite of this you may weaken and allow your extravagant whims to take over.

VIRGO (Aug. 23-Sept. 22) Don't despair if you think only little crumbs are being thrown your way today. You'll feel ashamed of being sorry for yourself when later you discover they added up to the whole loaf.

Angio Edema And Allergic Reaction



Dr. Lamb

DEAR DR. LAMB—Would you explain angio neurotic edema? I have had this condition for 25 years and six different doctors all say it is caused by nerves. For no apparent reason my tongue will swell and get thick or my cheeks swell or both lips swell. When all of these happen I look like a stuffed hog.

At other times one or both wrists or my instep will swell. There is no pain involved, only a slight itching sensation. Recently I had oral surgery and the doctor gave me erythromycin and I swelled up like a balloon. I'm allergic to penicillin, Mindocin, erythromycin and tetracycline. Any advice you can give would be appreciated.

DEAR READER—We just call it angio edema these days because we know you don't have to be neurotic to have it. The swelling is nothing more than a deep hive and it is a manifestation of allergy, not nerves.

Now, it is true that you are more susceptible to allergies when you are nervous. Stress seems to be an associated factor.

Most people who have angio edema have a food allergy. The trick is finding out what it is. You should start a food and beverage diary and record everything and the time you consume it. Also record when you have symptoms. That way you may find an association between certain foods and when you have an attack.

Of course you could have some other allergy, it doesn't have to be food. In that case you look for inhalents or things you come in contact with. It doesn't matter whether the offending agent is swallowed, breathed or rubbed against. It still can cause a reaction.

Why not see an allergist for some help since you seem to be stuck with the idea that it is caused by nerves. An allergist may be able to sort it out for you.

your doctors. And if it is a food you can avoid it.

You should read The Health Letter 19-12, Food Allergies, which I am sending you. Others can send 75 cents with a long, stamped, self-addressed envelope for it to me, in care of this newspaper, P.O. Box 1551, Radio City Station, New York, NY 10019.

DEAR DR. LAMB—A month ago I developed penile warts. They don't look like any warts I've seen before. They are a whitish color and shaped like wierd little pine trees.

The doctor put me under a general anesthesia and burned them off. Three weeks later I had some more. The doctor didn't know how I got them, but said it might be my immune system. Other doctors have suggested different cures. Some say acid, others say freeze them. Now I don't know what to believe.

DEAR READER—Your doctor knows that warts are caused by a virus. They are slightly contagious. Why a virus attacks one person and not another is not always known. And there has been recent work on manipulating the immune system to cause the body to reject them.

Because of the location yours are a little different. They are called anogenital warts. In this location many doctors do not cut or burn them off but use podophyllin. It can be painful. But if used at regular intervals in time it will cure most of them. Because they are viral they tend to recur after surgery or burning off. And a new crop may already be forming when one set is being removed.

WIN AT BRIDGE

Four spades is not an outstanding contract, but it is going to make if trumps break 3-3. It will also make against certain 4-2 trump breaks.

South wins the club lead with his king and there is no reason not to play his ace of trumps at trick two.

He should note the fall of the eight before playing the next trump. Then it is up to him to get mileage out of his 9-7-6-5 by leading the queen next. It works this time because the queen picks up with the loss of just two trump tricks. If he leads the nine instead of queen he would lose to the jack, king and 10.

Wouldn't the queen play be a loser if East had been dealt K-8 instead of J-8? Yes, but the queen plays against either the actual J-8 or the possible 10-8. Two chances instead of one.

Now suppose that the three and four had appeared on the ace. In this case the nine play picking up the king would be South's only chance. If the queen were led it could pick up the jack or 10, but the other defender would be left with the eight spot as a third winner.

(NEWSPAPER ENTERPRISE ASSN.)

NORTH 9-22-42		EAST	
♠ 8 6 5 4 3	♥ A K 9 4	♠ J 8	♥ J 8 10 2
♦ A 7 6 5	♣ A 7 6 5	♦ Q J 10	♣ Q 8 7
WEST		SOUTH	
♠ K 10 4 3	♥ Q 9 7	♠ A Q 10 7 5 3	♥ A
♦ 10 3 2	♣ J 10	♦ 6 5	♣ K 4 3
Vulnerable: Both		Dealer: South	
West	North	East	South
Pass	2♥	Pass	1♦
Pass	3♠	Pass	2♣
Pass	Pass	Pass	4♠
Opening lead ♠Q			

By Oswald Jacoby and Alan Sontag

The really expert bridge player must learn all the correct single suit plays. This isn't too easy. In today's hand South made the correct series of trump plays and his knowledge paid off.

GARFIELD



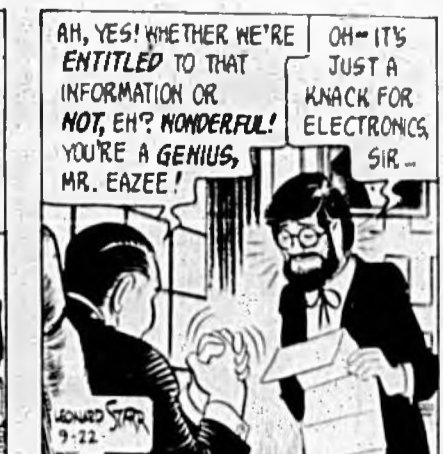
by Jim Davis

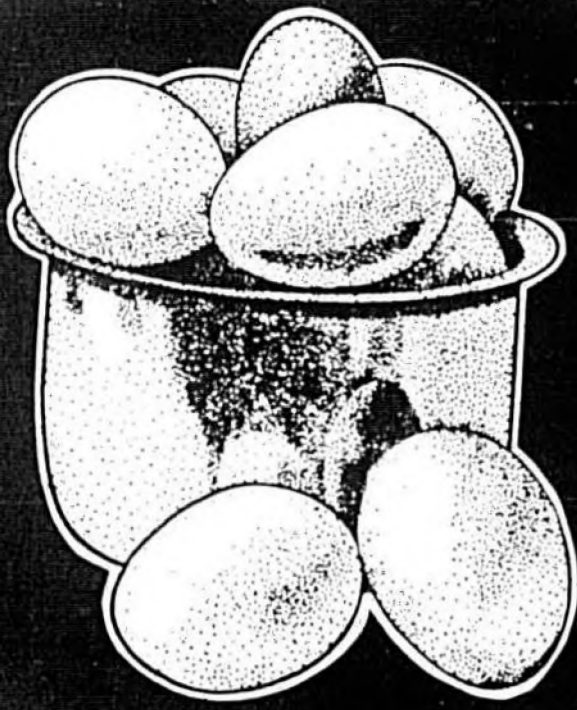


ANNIE



by Leonard Starr





LARGE EGGS

FLORIDA GRADE 'A'

19¢
DOZEN

LIMIT ONE WITH COUPON BELOW AND \$3 ADDITIONAL PURCHASE

SUNNYLAND BREAKFAST ROLL SAUSAGE . . . LB. **\$1.49**
HYDE PARK CHILLED FLORIDA ORANGE JUICE 64 OZ. CRT. **\$1.19**



8 PACK COKE

SPRITE, MELLO YELLO, TAB, MR. PIBB

69¢
YOUR CHOICE PLUS DEPOSIT

LIMIT ONE WITH COUPON BELOW AND \$3 ADDITIONAL PURCHASE

SUNNYLAND BOLOGNA, SPICED LUNCHEON, SALAMI LUNCHEON MEATS 6 OZ. PKG. **89¢**
HYDE PARK MAYONNAISE 32 OZ. **99¢**



GROUND BEEF

FRESH GROUND DAILY

\$1.19
LB.

3 LBS. OR MORE FAMILY PACK

VLASIC KOSHER FRESH PACK DILL PICKLES 32 OZ. **\$1.09**
HYDE PARK SLICED SINGLES AMER. CHEESE 16 OZ. **\$1.69**

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ICONOPACK
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LB. **49¢**

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Microwave Magic

Different Concepts For Brown Baggers

Most offices and industrial plants have microwaves in the employees lunch room. That really helps those of us who are away from home at lunch time.

We can use those leftovers from dinner by reheating in the microwave. We can also prepare nutritious, interesting and low calorie recipes.

If you're accustomed to have a sandwich for lunch, these recipes give you the type of food you like in a low calorie form.

The preparation can be done at home, refrigerated and microwaved quickly at lunch time. Use paper plates as cooking platters. Prepare the sandwich fillings, but do not place on the bread until ready to heat.

OPEN-FACED PIZZA SANDWICH

- 2 med. tomatoes, chopped
- 1/2 cup chopped onions
- 1 tablespoon chopped green pepper
- 1/4 teaspoon garlic powder
- 1/4 teaspoon ground cumin



Fresh vegetables give a different dimension to popular pizza.

Garlic Adds Pizzaz To Pizza Sauce

Garlic has many uses — in salads, dressings, sauces and main dishes.

If you are not accustomed to using garlic in your everyday cooking, but think you might like to, keep a supply on hand by storing it in a cool, dry place in an open container. Do not refrigerate. You may peel the cloves and put them in olive oil or vegetable oil to keep for several weeks. You'll then have garlic-flavored oil for cooking or salad making.

A touch of garlic is a good addition to homemade pizza, especially if it is made with a fresh vegetable topping.

FRESH VEGETABLE PIZZA

- 1 envelope active dry yeast
- 1 teaspoon sugar
- 1/2 cup warm water
- 3 large cloves fresh garlic
- 1 1/4 cups sifted all-purpose flour
- 1 tablespoon oil
- 1 teaspoon salt
- 3 small firm-ripe tomatoes
- 1 cup thinly sliced zucchini
- 1 cup sliced fresh mushrooms
- 1/4 cup sliced green onion
- 1 1/2 cups shredded Jack cheese
- 1/2 teaspoon basil, crumbled
- 1/2 teaspoon Italian herbs
- 2 tablespoons grated Parmesan cheese

Sprinkle yeast and sugar over warm water, let stand 5 minutes to soften. Peel and press through garlic press 1 clove garlic and add to yeast, along with 1/4 cup flour. Beat smooth. Stir in 1 tablespoon oil and 1/2 teaspoon salt. Gradually stir in remaining flour to make a moderately stiff dough. Turn out onto floured board and knead about 2 minutes until smooth. Place in greased 10-inch pan and press out to cover pan. Let dough stand while preparing remaining ingredients.

Scald tomatoes by dropping into boiling water to cover. Let stand 10 seconds. Lift out and strip off skins. Remove cores and cut tomatoes in slices about 3/8-inch thick to measure about 2 cups. Drop zucchini slices into the boiling water and cook 1 minute. Drain well in wire strainer. Combine with mushrooms and onion. Press, squeezing juice, remaining 2 cloves peeled garlic over vegetables; mix well. Sprinkle 1 cup Jack cheese over dough. Spoon half the vegetable mixture over cheese-covered pizza. Arrange tomato slices on top, overlapping if necessary. Top with remaining vegetables. Sprinkle with herbs, remaining 1/2 cup Jack cheese and the Parmesan. Let stand about 15 minutes until edges of dough feel light to touch. Bake below center of 375-degree oven about 40 minutes, or until edges of crust are nicely browned. Serve warm. This kitchen-tested recipe makes 1 (10-inch) pizza, about 6 servings.

Kiwifruit Is Refreshing In Salads

Kiwifruit, with its brown, slightly fuzzy outer wrap, and a lovely green inner flesh is becoming more familiar on tables throughout the country.

Once called the Chinese gooseberry, the fruit is available in the American market from New Zealand beginning in May through late September.

Kiwifruit is eaten alone or in a refreshing salad or as a topping for pie, added after cooking so the fruit does not lose color or flavor.

KIWI GRAINS AND GREENS

- 2 cups boiling water
 - 1 cup cracked wheat (bulgur)
 - 1/4 cup lemon juice
 - 1/4 cup oil
 - 1/4 cup sliced green onion
 - 1 tablespoon chopped fresh mint
 - Salt and pepper to taste
 - 2 kiwifruit, peeled and cut in wedges
 - 1 cup halved cherry tomatoes
- Pour water over bulgur; let stand 1 hour; drain. Combine lemon juice, oil, onion, mint, salt and pepper. Pour over bulgur; add kiwifruit and tomato, tossing gently to mix. Serve chilled or at room temperature. This kitchen-tested recipe makes 6 servings.
- Note: Substitute 1 teaspoon dried mint for fresh mint.)

KIWI CUP SALAD

- 3 egg yolks
 - 1/2 cup sugar
 - 2 tablespoons orange-flavored liqueur
 - 1 cup whipping cream, whipped
 - 4 oranges, peeled and sliced
 - 1 pint basket strawberries, halved and stemmed
 - 4 large kiwifruit, peeled and sliced
- In top of double boiler combine yolks and sugar. Cook over simmering water, whisking constantly, until sugar dissolves and mixture thickens, 3 to 5 minutes. Remove from heat; stir in liqueur. Cool; fold in whipped cream. Store in covered container in refrigerator. Arrange orange slices, berries and kiwifruit on individual serving plates. Pass dressing to spoon over fruits. This kitchen-tested recipe makes about 8 servings.

Midge Mycoff

Home Economist
Seminole Community College



minutes or until cheese melts.

This serves 2 (invite a friend to lunch). Calories for each serving is 134.

VEGETABLE POCKET SANDWICH

- 1 cup shredded zucchini
- 1/2 cup sliced fresh mushrooms
- 1 cup chopped tomato
- 1/2 teaspoon basil
- 1/4 teaspoon garlic powder
- 2 tablespoons Parmesan Cheese
- 4 small loaves pocket bread

At home: Microwave 100 percent power 2-3 minutes the zucchini, mushrooms, tomatoes, seasonings, and cheese. At lunch time: Reheat vegetables and place in split pocket bread. Serves 4 — 114 calories each.

Use your imagination and see how many lunch time entrees you can microwave at work or at home.



KICK OFF THE SEASON RIGHT WITH PUBLIX THROW A TAILGATE PARTY.

For a winning season, make the Publix Deli a part of your game plan. There are many delicious options, too, for an unbeatable combination. So before the big game, stop by the Publix Deli for a meal that will have everyone cheering!



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THURSDAY, SEPT. 23
THRU WEDNESDAY
SEPT. 29, 1982 ...
CLOSED SUNDAY ...**

19¢

BREAKFAST CLUB
GRADE A FLORIDA
Large Eggs
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Hot from the Deli! Green Pepper Steak	per lb. \$3.69
Potatoes Au Gratin	per lb. \$1.89
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per lb. **\$1.99**

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Raisin 'N Honey or Raisin 'N Wheat Lender's Bagels	2 10-oz. pkgs. \$1
Weaver's Dutch Frye Chicken Breasts	22-oz. pkg. \$3.29
Ore Ida Crinkle Cut Potatoes	16-oz. bag 69¢
Ore Ida Tater Tots	16-oz. bag 69¢
Ore Ida French Fries	16-oz. bag 69¢
Sea Pak Onion O's	16-oz. bag 99¢
Birds Eye Little Ears Cob Corn	8-bar pkg. \$1.39
Good Humor Chocolate Chip Ice Cream Sandwich	16-oz. pkg. \$2.49
Gorton (w/ Shrimp Stuffing) Fish Portions	12-oz. pkg. \$1.99
Singleton Breaded Butterfly Shrimp	10-oz. pkg. \$2.99

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Stuffed Butterball Turkey

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The Greatest Stories From the Old and New Testaments, Illustrated in Full Color When Especially for Children

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Candy Publix Candy

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Have extra color prints made from your Favorite Slides or Instant Prints. Regular price 65¢. Now for just **49¢** each

Offer expires October 30, 1982.



Chocolate gives oatmeal bars an extra energy boost.

Nutritious Oatmeal Bars Offer Wholesome Snacks

Snacking has become a permanent part of American eating patterns. And that's not bad, nutritionists say.

Young children, who often cannot eat large quantities of food at one sitting, may be better nourished if meals are spread over four or five serving times. And there is a lot to be said for allowing adolescents to eat according to their appetites rather than by schedule.

Because of their high energy needs, filled largely by carbohydrate foods, and their tendency to skip meals or eat on the run, teenagers actually need snacks to meet their total daily requirement of nutrients. Indeed, many teenagers eat as often as six times a day.

The challenge is to provide youngsters with snacks that make a nutritional contribution but don't become a source of irritation between parent and child. In short, if children don't like the snack foods offered, they are simply not going to eat them.

Chocolate is one snack that most youngsters won't fuss about. Nor will parents who understand how chocolate

measures up nutritionally against other snack foods. A 1 1/2-ounce bar of milk chocolate contributes 6 percent of the recommended daily allowance (RDA) for protein, 4 percent of the RDA for riboflavin and calcium, and also contains iron and vitamin A, plus a good supply of energy-giving carbohydrate. Nutritionally, milk chocolate compares favorably with such snack foods as bananas, apples and raisins.

Tucking a chocolate bar into a teenager's pocket as he or she races out the door will mean one more snack that's both healthful and sure to be eaten — without argument.

Likewise, home-baked chocolate items, such as Chocolate-Oatmeal Energy Bars, are lunchbox or brown-bag additions that may be eaten either as dessert at lunch time or saved for wholesome snacking on the school bus trip home.

CHOCOLATE-OATMEAL ENERGY BARS

- 1 cup all-purpose flour
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt
- 1/2 cup uncooked regular oats
- 2/3rd cup butter or margarine
- 1/2 cup milk
- 1 cup sugar
- 12 ounces plain milk chocolate, broken in pieces
- 2 teaspoons vanilla
- 1 egg
- 1/2 cup dates, cut in pieces, dusted with flour
- 1/2 cup chopped nuts

Sift together flour, baking soda and salt; stir in oatmeal. In medium saucepan, melt butter, add milk, sugar, chocolate and vanilla. Stir until mixture is smooth. Transfer to large bowl of electric mixer. Add eggs, one at a time, beating well after each. Blend in dry ingredients, fold in dates and nuts. Spread mixture into a greased and floured 11 1/2 x 9 x 2-inch baking pan. Bake in a 325 degree F oven 30 minutes. Cool in pan on wire rack. Cut into pieces and serve, or wrap each bar in aluminum foil for portability or freezing. YIELD: About 24 bars.

39¢ PILLSBURY CRESCENT Dinner Rolls 8-ct can With One Publix Stamp Price Saver Certificate	9¢ PUBLIX Fruit Punch 46-oz can With One Publix Stamp Price Saver Certificate	9¢ HEINZ Tomato Ketchup 1-oz bot With One Publix Stamp Price Saver Certificate	29¢ DESIGNER, DECORATED OR ASSORTED Viva Towels large roll With One Publix Stamp Price Saver Certificate	9¢ PUBLIX Drinking Water gallon size With One Publix Stamp Price Saver Certificate	69¢ ASSORTED Seven Seas Dressing 16-oz bot With One Publix Stamp Price Saver Certificate
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- Thompson White Seedless Grapes **69¢**
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 - Publix Brand Chilled Orange Juice **\$2.49**
 - Tasty Northwest Prune Plums **39¢**
 - All Purpose Red Potatoes **5** **79¢**
 - Zesty Yellow Cooking Onions **3** **49¢**
 - Mountain Grown, Ripely Juicy Green (150 Size) Bartlett Pears **10** **\$1.29**
 - Good Baked or Candied "New Crop" Sweet Potatoes (Medium Size) Tasty Tomatoes Florida (Large Size) Avocados Florida Seedless Limes **6** **89¢**
 - "Sun World" Brand Green Onions **59¢**
 - (Regular Price \$2.09), (16-oz. Jar) Naturally Fresh Dressing **FREE**
 - Bleu Cheese **FREE**
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RIPE, JUICY, FRESH

Strawberries

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SPECIAL RECIPE BUTTER SESAME

Publix Bread

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- Quaker State Stems & Pieces Mushrooms **2** **\$1**
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- Electric Dishwasher Detergent Cascade **\$3.09**
- 25¢ Off Label, Fabric Softener Sheets **\$1.88**

Chips Ahoy!

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- Sun-Maid Seedless Raisins **89¢**
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- Mazola Corn Oil **\$1.79**
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SAVE ON Chef Boyardee

THIS AD EFFECTIVE: THURSDAY, SEPT. 23 THRU WEDNESDAY SEPT. 29, 1982 ... CLOSED SUNDAY ...

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4 (Effective Sept. 23, 1982)

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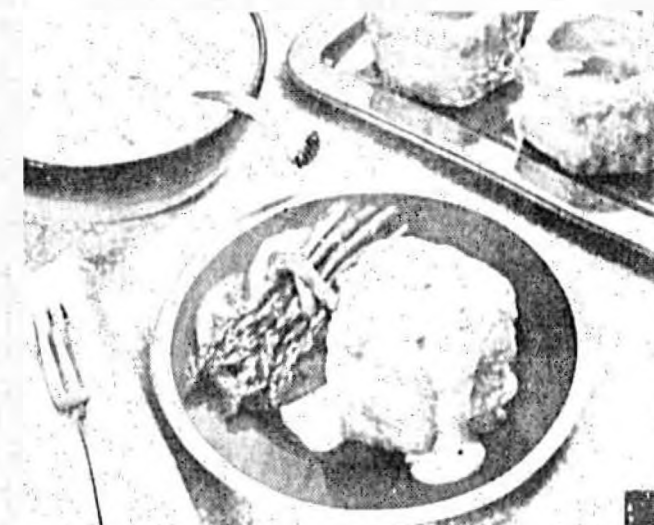
11-oz. pkg., Kellogg's **Frosted Assorted Pop-Tarts**

6 (Effective Sept. 23, 1982)

50 GreenStamps

16-oz. box, Arm & Hammer **Baking Soda**

7 (Effective Sept. 23, 1982)



Eggs take on a continental flair

Brunch Idea Adventure In Cooking

Creating a brunch is an adventure in cooking. The rule is anything goes. It can be as simple or as elaborate as you care to make it.

Foods served at a typical buffet brunch may not seem meant for each other but for some reason — that it's brunch, of course — everything seems to taste great with everything else.

A combination of lunch and breakfast, brunch blends the best of both meals. There can be the traditional breakfast foods of eggs, sausage, ham, cream cheese and bagels, biscuits, jam, coffee cakes, or waffles. These may be served alongside luncheon treats featuring fish, meats, gelatin salads, crepes, tossed salad, or assorted cheeses.

The brunch idea originated in 1900 and is borrowed from the English hunt breakfast. However, it has since been declared an American invention because the brunch's greatest popularity was established by America's grandiose hotels in the 1940s.

Today's American brunch is usually served at midday on Sunday. It becomes the large meal served earlier in the day, and leaves plenty of time for other activities such as Sunday afternoon shopping, tennis, movies or strolls in the parks.

The Kraft Kitchens offer its Continental Brunch Eggs as a start for your next brunch. Also featured below are some tips to keep handy as you prepare a variety of brunch foods.

Hard Cooked Egg Dish: How do you prevent the green discoloration around the yolk of hard cooked eggs?

Answer — Avoid overcooking and run cold water over them immediately.

Fish: How do you know how long to cook fish?

Answer — Measure fresh or thawed fish at its thickest part then cook 10 to 12 minutes per inch thickness.

Gelatin Mold: How do you get added ingredients (like fruits, miniature marshmallows, vegetables, or nuts) to stay where you want them?

Answer — Allow the gelatin to partially set (about as thick as unbeaten egg whites) and then place the added ingredients in the mold.

Crepes: How can you vary your basic crepe batter?

Answer — Add seasoning to basic batter such as crushed oregano, basil for main dish crepes and orange and lemon rind for dessert crepes.

Yeast Breads and Coffee Cakes: How can you help assure your breads and cakes will rise?

Answer — First, check the date on yeast packages to make certain it is fresh. Second, cover rising dough with a damp cloth, waxed paper or an inverted bowl. The dough is proofed when it is double in bulk. When dough is pressed with the fingertip, a depression will remain.

CONTINENTAL BRUNCH EGGS

- 1/2 cup mayonnaise
- 1/4 cup flour
- 1/2 teaspoon salt
- Dash of pepper
- 2 1/2 cups milk
- 1 cup (4 ozs.) shredded sharp natural Cheddar cheese
- 3 hard-cooked eggs, sliced
- 1 4-oz. can mushrooms, drained
- 1/4 cup green onion slices
- 2 tablespoons chopped pimiento
- 8 patty shells

Combine mayonnaise, flour and seasonings. Gradually add milk; cook over low heat, stirring constantly until thickened. Add cheese; stir until melted. Add eggs, mushrooms, onion and pimiento; heat thoroughly. Serve over patty shells, 8 servings.

SANFORD PLAZA, SANFORD

LONGWOOD VILLAGE CTR. LONGWOOD

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- 2 You get 1 Super Bonus Stamp for every \$1 you spend. Paste 36 Super Bonus Stamps on each certificate
- 3 When you check out, present one filled Super Bonus Certificate for each Super Bonus Special you select!

 <p>SUPER BONUS SPECIAL</p> <p>SUPERBRAND LARGE EGGS DOZ. 19¢</p> <p>1 WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD SEPT. 23-25, 1982</p>	 <p>SUPER BONUS SPECIAL</p> <p>ASTOR SUPERBLEND COFFEE 13-oz. BAG \$1.19</p> <p>2 WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD SEPT. 23-25, 1982</p>	 <p>SUPER BONUS SPECIAL</p> <p>CRISCO 3-LB. SIZE \$1.59</p> <p>3 WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD SEPT. 23-25, 1982</p>	 <p>SUPER BONUS SPECIAL</p> <p>TAB, SPRITE, MELLO YELLO OR COCA-COLA 2 LTR. BTL. 89¢</p> <p>4 WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD SEPT. 23-25, 1982</p>
 <p>SUPER BONUS SPECIAL</p> <p>GOLD MEDAL FLOUR 5-LB. BAG 29¢</p> <p>5 WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD SEPT. 23-26, 1982</p>	 <p>SUPER BONUS SPECIAL</p> <p>IVORY LIQUID DETERGENT 22-oz. BTL. 79¢</p> <p>6 WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD SEPT. 23-25, 1982</p>	 <p>SUPER BONUS SPECIAL</p> <p>LAND O' SUNSHINE BUTTER 1-LB. SIZE \$1.29</p> <p>7 WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD SEPT. 23-25, 1982</p>	 <p>SUPER BONUS SPECIAL</p> <p>W-D GROUND HANDI PAK GROUND BEEF 1-LB. SIZE 89¢</p> <p>8 WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD SEPT. 23-25, 1982</p>

PRICES IN THIS AD ARE GOOD IN THE FOLLOWING FLORIDA COUNTIES ONLY: ORANGE, SEMINOLE, OSCEOLA, BREVARD, VOLUSIA, LAKE, CITRUS, SUMTER, MARION, INDIAN RIVER & ST. LUCIE FOR ALL OTHER COUNTIES PLEASE SEE YOUR LOCAL NEWSPAPER.

PRICES GOOD SEPT. 23-25, 1982

QUANTITY RIGHTS, RESERVED WINN-DIXIE STORES, INC. COPYRIGHT — 1982

SUPER BONUS SPECIAL

WISE TWIN PACK POTATO CHIPS
8-oz. PKG. **69¢**

17 WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD SEPT. 23-25, 1982

Heirloom Quality European 24% Lead Crystal

Disney's WONDERFUL WORLD OF KNOWLEDGE

THIS WEEK'S FEATURE

24% Lead Crystal Cordial only **\$1.99**

Vol. 1 **99¢** VOLUME 6 **\$2.99**

<p>SAVE 90¢ LB.</p> <p>W-D BRAND USDA CHOICE BEEF RIB E-Z CARVE RIB ROAST \$2.79</p> <p>SAVE 10' LB. — USDA GRADE 'A' FRESH FAMILY PAK Fryer Wings . . . lb. 74¢</p>	<p>SAVE 30¢ LB.</p> <p>W-D BRAND 100% PURE (10-LB. HANDI PAK) GROUND BEEF \$1.29</p> <p>SAVE 10' LB. — FAMILY PAK FRYER Thighs lb. \$1.04</p>	<p>SAVE 60¢ LB.</p> <p>USDA CHOICE UNTRIMMED WHOLE BONELESS (14/16 LB. AVG.) N.Y. STRIP \$3.79</p> <p>SAVE 30' LB. — FRESH PORK LOIN SPLIT FOR COUNTRY STYLE Spareribs lb. \$1.99</p>	<p>SAVE 40¢ LB.</p> <p>FRESH AND SMOKED ECONOMY PORK CHOPS \$1.59</p> <p>SAVE 30' LB. — HICKORY SWEET BONELESS SMOKED (FULLY COOKED) 2/8 LB. AVG. Buffet Ham . . . lb. \$2.29</p>	<p>SAVE 70¢ LB.</p> <p>USDA CHOICE WHOLE UNTRIMMED RIB EYES OR DELMONICO'S FOR (110/12 LB. AVG.) STEAKS & ROAST \$3.99</p> <p>W-D BRAND (ALL VARIETIES) Franks 16-oz. \$1.49</p>
<p>SAVE 50¢ ON 3</p> <p>GREEN GIANT (CREAM STYLE OR WHOLE KERNEL) CORN or Sweet Peas \$1.00</p> <p>17-oz. CANS</p> <p>THRIFTY MAID TOMATO Soup 5 10 1/2-oz. CANS \$1.00</p>	<p>SAVE 25¢ ON 5</p> <p>GERBERS REGULAR STRAINED BABY FOOD \$1.00</p> <p>4 1/2-oz. JARS</p> <p>DIXIE DARLING LARGE SANDWICH Bread 2 24-oz. LVS. \$1.00</p>	<p>SAVE 50¢</p> <p>NO RETURN BOTTLES (REGULAR OR LIGHT) STROH'S BEER \$1.99</p> <p>Limit two 6-paks w/\$5.00 or more purchase excl. sig.</p> <p>6 PAK 12-oz. NRBS.</p> <p>GALLO PREMIUM Wines 1.5 LTR. \$3.99</p>	<p>SAVE 19¢ ON 2</p> <p>ASTOR FRUIT COCKTAIL \$1.00</p> <p>16-oz. CANS</p> <p>(WHITE OR YELLOW) SUNBELT Towels 2 JUMBO ROLLS \$1.09</p>	<p>SAVE 32¢ ON 4</p> <p>ALL FLAVORS ROYAL GELATIN \$1.00</p> <p>3-oz. PKGS.</p> <p>DEEP SOUTH (SMOOTH OR CRUNCHY) P'nut Butter 28-oz. JAR \$1.79</p>
<p>SAVE 50¢</p> <p>MINUTE MAID ORANGE JUICE \$1.29</p> <p>HALF GAL.</p> <p>SAVE 30' — HARVEST FRESH U.S. No. 1 White Potatoes 10-LB. BAG \$1.39</p>	<p>SAVE 30¢ LB.</p> <p>HARVEST FRESH WHITE SEEDLESS GRAPES 69¢</p> <p>LB.</p> <p>HARVEST FRESH Tomatoes lb. 59¢</p>	<p>SAVE 20¢</p> <p>SUPERBRAND ASSORTED FLAVORS SHERBET or ICE CREAM \$1.19</p> <p>HALF GAL.</p> <p>SUPERBRAND FUDGE BARS OR Twin Pops 12 PAK \$1.19</p>	<p>SAVE 50¢</p> <p>MORTON TURKEY, SALISBURY STEAK, MEAT LOAF, BEEF PATTIES, MACARONI & CHEESE FAMILY MEALS \$1.39</p> <p>2-LB. PKG.</p> <p>MORTON FRIED Chicken 2-LB. PKG. \$2.79</p>	<p>SAVE 59¢ ON 4</p> <p>SUPERBRAND ASSORTED FLAVORS SWISS STYLE YOGURT \$1.00</p> <p>4 8-oz. CUPS</p> <p>SUPERBRAND (STA FIT OR REGULAR) COTTAGE Cheese 2-LB. CUP \$1.59</p>

TONIGHT'S TV

WEDNESDAY

7:00
 1 THE MUPPETS
 2 M MAGAZINE
 3 JOKER'S WILD
 4 THE JEFFERSONS
 5 MACNEIL LEHRER REPORT
 6 GOMER PYLE
 7 ENTERTAINMENT TONIGHT
 8 FIG TAC DOUGH
 9 FAMILY FEUD
 10 BARNEY MILLER
 11 DICK CAVETT
 12 BOB NEUHART

8:00
 1 NBC NEWS
 2 CBS NEWS
 3 ABC NEWS
 4 FOCUS ON SOCIETY

6:05
 11 CAROL BURNETT AND FRIENDS

6:30
 1 NBC NEWS
 2 CBS NEWS
 3 ABC NEWS
 4 FOCUS ON SOCIETY

6:35
 11 BOB NEUHART

Cable Ch

7 9 ABC Orlando
 5 6 CBS Orlando
 4 2 NBC Daytona Beach Orlando

Cable Ch

11 (35)
 12 (17)
 (10) 24

Independent Orlando
 Independent Atlanta, Ga
 Orlando Public Broadcasting System

In addition to the channels listed, cablevision subscribers may tune in to independent channel 44, St. Petersburg, by tuning to channel 11, which carries sports and the Christian Broadcasting Network (CBN).

THURSDAY

MORNING
 4:55
 1 HOLLYWOOD AND THE STARS (MON)
 5:05
 12 WORLD AT LARGE (MON)
 5:25
 7 CELEBRITY REVUE
 12 RAT PATROL (FRI)
 5:30
 3 WEATHER
 5 SUMMER SEMESTER
 12 RAT PATROL (THU)
 5:35
 12 IT'S YOUR BUSINESS (MON)
 5:40
 12 WORLD AT LARGE (WED)
 5:45
 12 WORLD AT LARGE (TUE)
 6:00
 3 EARLY TODAY
 5 12 17 NEWS
 11 SUNRISE
 11 JIM BAKER
 6:30
 3 TODAY IN FLORIDA
 5 ABC NEWS THIS MORNING
 6:45
 7 NEWS
 12 A.M. WEATHER
 7:00
 3 TODAY
 5 MORNING NEWS
 7 GOOD MORNING AMERICA
 11 WOODY WOODPECKER
 11 TO LIFE!

7:05
 12 FUNTIME
 3:30
 11 BUGS BUNNY AND FRIENDS
 12 ELECTRIC COMPANY (R)
 3:35
 12 THE FLINTSTONES
 4:00
 3 LITTLE HOUSE ON THE PRAIRIE
 5 HOUR MAGAZINE
 6 GERVY GRIFFIN (MON, TUE, THU, FRI)
 7 ON THE GO (WED)
 11 TOM AND JERRY
 12 SESAME STREET (R)
 4:05
 12 THE MUNSTERS
 4:30
 1 AFTERSCHOOL SPECIAL (WED)
 12 SCOOBY DOO
 4:35
 12 LEAVE IT TO BEAVER
 5:00
 2 LAVERNE & SHIRLEY & COMPANY
 3 MORGAN'S HERMES
 4 ALL IN THE FAMILY (MON, TUE, THU, FRI)
 5 EIGHT IS ENOUGH
 6 MISTER ROGERS (R)
 5:05
 12 THE BRADY BUNCH
 5:30
 3 PEOPLE'S COURT
 5 M*A*S*H
 5 NEWS
 12 POSTSCRIPTS
 5:35
 12 BEVERLY HILLSBILLIES

5:40
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 5:45
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 5 12 17 NEWS
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FOX FIRE RESTAURANT

New Owners
 Andy and Judy Giannopoulos

OPEN
 THURS. SEPT. 23

SERVING
 BREAKFAST - LUNCH
 DINNER

OPEN 6 a.m. til 9 p.m.

GRAND OPENING SPECIAL
 20% off
 ENTIRE MENU

Phone 321-4294
 3221 Orlando Dr. (Hwy. 17-92), Sanford

WEDNESDAY SPECIAL

\$2.09 Eat In or Carry Out

it's honey dipped



FAMOUS RECIPE'S CHICKEN DINNER
 3 pieces of golden brown Famous Recipe Fried Chicken
 Mashed potatoes and green Creamy cole slaw and two fresh hot biscuits

GOOD ALL DAY WEDNESDAY
 OPEN 10:30 a.m. - 10:00 p.m. EXCEPT SAT & SUN CLOSING 10:30 p.m.

1825 S. French Ave. (Hwy. 17-92) SANFORD 323 3450
 41 N. Hwy. 17-92 CASSELBERRY 831 9150

• Beverage Not Included. Substitutions At Extra Charge

THE WAY WE MAKE IT IS MAKING US FAMOUS.



DOLLY MADISON Bakery Thrift Shop

Where you Save up to 50% on Top Quality Bread & Cakes

BREAD - OUR BREAD IS FRESH BREAD!

- ★ Giant Sandwich White (1 1/2 lbs.)..... 3 for \$1.39
- ★ Olympic Meal Sandwich.... (1 1/2 lbs.)..... 2 for \$1.49
- ★ Dinner Rolls..... 2 for \$1.15

OUR PRICES ARE RIGHT FOR SCHOOL LUNCHES

ASSORTED SNACK CAKES 5 FOR 89¢	ZINGERS Delicious 10 for a Box 2 BOXES \$1.35	MULTI PACK KOO-KOO CAKES 2 \$1.09 FOR	SNACK PIES assorted flavors 5 \$1
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Tuesday is 2 for 1 Day
 (selected cake items only)

WEEKEND SPECIAL
 SEPT. 24 & 25
 6 Pack Sweet Rolls 4 for \$1
 12 Pack Donuts 4 for \$1

400 N. HWY. 17-92 (approx. 2 blks. N. of 434, Next to Sobiks) LONGWOOD, FLA

OPEN
 MON - SAT 9-6
 339-6995

Fish Skin Fashionable

MIAMI (UPI) — Fish skins, usually tossed into the garbage pail, are being used for fashion by a group of Miami-based investors promoting a new process that converts the skins into inexpensive "fish leather."

Aquaris International Industries has developed a new technique that toughens the skins of fish into fine leather which can be used for everything from wallets to luggage.

Three Chileans, one Argentine and another Chilean-turned-American investor are behind the new method to transform millions of pounds of fish skins that until now have been consigned to cat food manufacturers or thrown away.

"Everything that exotic leathers are used for, fish skin can be used for — for less," says Eduardo Millas, one of the five investors who are marketing the tanned fish skin to the world of high fashion.

The method is an inexpensive way to "rearrange" collagen, the protein that holds together the skin of fish.

3rd Anniversary SALE

Grade A Fryers **49¢** lb.

COOKIN' GOOD CHICKEN
 Wings 69¢ Backs 5 lb \$1.00

Chitterlings 10 lbs \$6.99
 U.S.D.A. Choice Meaty Ox Tail \$1.19 lb
 Grade "A" Beef Liver 69¢ lb
 Lykes Smoked Shoulder 99¢ lb
 Pork Pigs 58¢ Neck 68¢ Bones 68¢ Maws 48¢

Grade A Assorted Pork Chops \$1.49 lb

BEEF
 U.S.D.A. Choice Chuck Roast \$1.69 lb
 Del. Monica Steaks \$3.99 lb
 Chuck \$1.79 lb
 Steaks U.S.D.A. \$1.49 lb
 Hamburger \$1.49 lb

DAIRY
 Dutch Holland ICE CREAM 1/2 gal. \$1.59
 Heritage Eggs 2 1/2 doz. \$1.99

R.C. COLA
 8 PAK 16 OZ. BOTTLES **99¢** plus deposit

TIP-TOP SUPERMARKET

1100 West 13th St. Sanford Quality! Service! Savings! FOOD STAMPS WELCOME

We Reserve The Right To Limit Quantities
 PRICES GOOD THRU 9-29-82

PRODUCE

- Red Ripe Tomatoes lb. **49¢**
- Delicious Bananas 3 lbs. **\$1.00**
- Sweet Potatoes 3 lbs. **\$1.00**
- White Potatoes 5 lbs. **99¢**
- Green Fresh Cabbage lb. **19¢**
- Fresh On The Cob Corn 5 ears **99¢**

Heritage Cut Green Beans ... 3 for \$1.00
 Heritage Pork & Beans ... 3 for \$1.00
 Heritage Mixed Vegetables ... 3 for \$1.00
 Heritage Creamed Corn ... 3 for \$1.00
 Heritage Whole Kernel Corn .. 3 for \$1.00
 Georgia Red Tomatoes 2 303 Cans \$1.00
 Heritage Paper Towels jumbo roll 59¢
 Heritage Bathroom Tissue 4 pak 89¢

PLAZA TWIN
 May 17-22 1982
 ALL SEATS 99¢

PLAZA I 17-30 ONLY
PLAZA II 17-30 ONLY

INGHON PG
PLAZA II 17-30 ONLY

E.T. PG
 THE EXTRA-TERRESTRIAL

MOVIELAND
 May 17-22 1982
 1:00 STAR TREK II
 10:30 COAST TO COAST PG

Bahamit Joe's
 1208 French Ave.
 (Hwy. 17-92) Sanford

RITZ THEATRE
 1000 COMMONWEALTH AVE.
 SANFORD, FLA. 32305

STREET FIGHTERS LAST REVENGE AND BLACK STREET FIGHTERS
 SHOWTIME 7:30 P.M.
 COME SEE OUR GAME ROOM.
 ADULT \$15.00 UNDER \$11.00

Pathways to the Future

TACOS **ONION-RINGS**

NEW GUY'S Famous Fried Chicken
 2400 S. French Ave. Sanford

Orestes A. Cobb Supervisor

For chicken at its best, for less \$ Put New Guy's to the test!

NEW GUY'S	NEW GUY'S	NEW GUY'S	NEW GUY'S
FREE Buy 4 Piece Chicken Dinner For Only \$2.49 And Get A Free Regular Drink And A Chicken Taco	1 Piece Spicy or Mild Chicken Dirty Rice Or Fries, Slaw, Popper and Roll \$1.95 With Coupon	10 Piece Spicy or Mild Chicken 10 Fries 5 Rolls and Small Onion Rings \$5.99 With Coupon	18 Piece Spicy or Mild Chicken 10 Fries 10 Barbecue Beans 1 Hot Cole Slaw 4 Rolls and Large Onion Rings \$10.00 With Coupon

Something for Everyone! Call 321-5752

PIZZA VIDEO GAMES PUDDINGS

18-Help Wanted
HOUSEPARENTS NEEDED
25-Loans
HOME EQUITY LOANS
28-Apts. & Houses To Share
HIDDEN LAKE room and bath
29-Rooms
FURNISHED or vacant room with
30-Apartments Unfurnished
MELDONVILLE TRACE
APARTMENTS
SANDLEWOOD VILLAS
BAMBOO COVE APTS
LUXURY APARTMENTS
ENJOY Country living
1, 2 AND 3 BDRM
PARK AVE
PARK AVE
SANFORD 3 BDRM
2 BDRM
2 BDRM
SANFORD 3 BDRM
2 BDRM
SANFORD 3 BDRM
SANFORD 3 BDRM

31A-Duplexes
UNITS at 2026 Lake Ave
HIDDEN LAKE room and bath
29-Rooms
FURNISHED or vacant room with
30-Apartments Unfurnished
MELDONVILLE TRACE
APARTMENTS
SANDLEWOOD VILLAS
BAMBOO COVE APTS
LUXURY APARTMENTS
ENJOY Country living
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PARK AVE
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SANFORD 3 BDRM
2 BDRM
2 BDRM
SANFORD 3 BDRM
2 BDRM
SANFORD 3 BDRM
SANFORD 3 BDRM

41-Houses
ROBBIE'S REALTY
24 HOUR 322-9283
STEMPER AGENCY
FISHERMAN'S DELIGHT
BRING YOUR HORSES
SACRE PARCELS and Building
ASSOCIATES NEEDED
REACTOR 322 4991 Day or Night
SANFORD REALTY
2 GRAND ROOM 2 CAR GARAGE
NO CLOSING COST
321 0759 Eve 322 7643
CallBart REAL ESTATE
ALL FLORIDA REALTY OF SANFORD
Keyes Be Wise Call Keyes
FOR ALL YOUR REAL ESTATE NEEDS 323-3200
AFFORDABLE AND ASSUMABLE
TERRIFIC 3 BDRM
DISTRESS SALE
THE FOREST!
BATEMAN REALTY
31-Mobile Homes
37A-Storage Rental
37B-Rental Offices
41-Houses

OUR BOARDING HOUSE with Major Hoople
TEACHER SAYS TO ASK WHO WERE THE MOST IMPORTANT INFLUENCES ON YOUR CAREER... IF ANY AND WE HAVE TO FIND OUT WHAT YOUR FAVORITE BOOKS TAUGHT YOU...
THE CANNING LOBBY MUST HAVE KILLED IT!

41-Houses
HAL COLBERT REALTY
THE WALL ST. COMPANY REALTORS
FHA ASSUMPTION
BUILD YOUR DREAM HOME
SPARKLING POOL HOME
BANANA LAKE RD
LARGE CORNER LOT
WENEED LISTINGS 323-5774

41-Houses
KISH REAL ESTATE
EAVING TOAM 1 BDRM
SEE SKYLINE SNE WEST
1981 SKYLINE Mobile Home
BDRM 1 BATH
43-Lots Acreage
ONE ACRE LOTS
ST JOHN'S
65 ACRES
47-Real Estate Wanted
WE BUY EQUITY IN HOUSES
MORTGAGES BOUGHT & SOLD
50-Miscellaneous for Sale
10 FT ABOVE ground
MEN'S 3 speed bicycle
ONE VINYL carport
DUFFIE BAGS & FOOT LOCKERS
ARMY NAVY SURPLUS
HOME COMPUTER
WILSON MAIEN FURNITURE

52-Appliances
WASHERS DRYERS REFRIG
WASHERS
MOONEY APPLIANCES
53-TV Radio Stereo
Good Used TV's
WILSON MAIEN FURNITURE
WILSON MAIEN FURNITURE
WILSON MAIEN FURNITURE
WILSON MAIEN FURNITURE
WILSON MAIEN FURNITURE

71-Antiques
WILSON MAIEN FURNITURE
75-Recreational Vehicles
WILSON MAIEN FURNITURE
75A-Vans
WILSON MAIEN FURNITURE
76-Auto Parts
WILSON MAIEN FURNITURE
77-Junk Cars Removed
WILSON MAIEN FURNITURE
80-Autos for Sale
WILSON MAIEN FURNITURE

31-Mobile Homes
1 BDRM 2 Bath with Double carport
SANFORD 1 BDRM
SANFORD 1 BDRM
AVAILABLE OCT.
1 BDRM 1 Bath with car
1 BDRM fenced yard
DIETZ 3 BDRM
RAMBLEWOOD 32
WANT ADS?
31-Mobile Homes
2 BDRM with air
37A-Storage Rental
SPACE for storage
COMMERCIAL OFFICES
COMMERCIAL 807 French Ave
37B-Rental Offices
OFFICE SPACE FOR LEASE
BOB M. BALL JR., PA REALTOR
LOVELY 1 BDRM
2 BDRM
2 BDRM

31-Mobile Homes
1 BDRM 2 Bath with Double carport
SANFORD 1 BDRM
SANFORD 1 BDRM
AVAILABLE OCT.
1 BDRM 1 Bath with car
1 BDRM fenced yard
DIETZ 3 BDRM
RAMBLEWOOD 32
WANT ADS?
31-Mobile Homes
2 BDRM with air
37A-Storage Rental
SPACE for storage
COMMERCIAL OFFICES
COMMERCIAL 807 French Ave
37B-Rental Offices
OFFICE SPACE FOR LEASE
BOB M. BALL JR., PA REALTOR
LOVELY 1 BDRM
2 BDRM
2 BDRM

41-Houses
SANFORD REALTY
2 GRAND ROOM 2 CAR GARAGE
NO CLOSING COST
321 0759 Eve 322 7643
CallBart REAL ESTATE
ALL FLORIDA REALTY OF SANFORD
Keyes Be Wise Call Keyes
FOR ALL YOUR REAL ESTATE NEEDS 323-3200
AFFORDABLE AND ASSUMABLE
TERRIFIC 3 BDRM
DISTRESS SALE
THE FOREST!
BATEMAN REALTY
31-Mobile Homes
37A-Storage Rental
37B-Rental Offices
41-Houses

41-Houses
HAL COLBERT REALTY
THE WALL ST. COMPANY REALTORS
FHA ASSUMPTION
BUILD YOUR DREAM HOME
SPARKLING POOL HOME
BANANA LAKE RD
LARGE CORNER LOT
WENEED LISTINGS 323-5774
JUNE PORZIG REALTY
NEW LISTING
LAKE MARY
3 BDRM
3 BDRM
3 BDRM
SUPER 3 BDRM
A GREAT BUY
MAY FAIR VILLAS

41-Houses
KISH REAL ESTATE
EAVING TOAM 1 BDRM
SEE SKYLINE SNE WEST
1981 SKYLINE Mobile Home
BDRM 1 BATH
43-Lots Acreage
ONE ACRE LOTS
ST JOHN'S
65 ACRES
47-Real Estate Wanted
WE BUY EQUITY IN HOUSES
MORTGAGES BOUGHT & SOLD
50-Miscellaneous for Sale
10 FT ABOVE ground
MEN'S 3 speed bicycle
ONE VINYL carport
DUFFIE BAGS & FOOT LOCKERS
ARMY NAVY SURPLUS
HOME COMPUTER
WILSON MAIEN FURNITURE

52-Appliances
WASHERS DRYERS REFRIG
WASHERS
MOONEY APPLIANCES
53-TV Radio Stereo
Good Used TV's
WILSON MAIEN FURNITURE
WILSON MAIEN FURNITURE
WILSON MAIEN FURNITURE
WILSON MAIEN FURNITURE
WILSON MAIEN FURNITURE

71-Antiques
WILSON MAIEN FURNITURE
75-Recreational Vehicles
WILSON MAIEN FURNITURE
75A-Vans
WILSON MAIEN FURNITURE
76-Auto Parts
WILSON MAIEN FURNITURE
77-Junk Cars Removed
WILSON MAIEN FURNITURE
80-Autos for Sale
WILSON MAIEN FURNITURE

71-Antiques
WILSON MAIEN FURNITURE
75-Recreational Vehicles
WILSON MAIEN FURNITURE
75A-Vans
WILSON MAIEN FURNITURE
76-Auto Parts
WILSON MAIEN FURNITURE
77-Junk Cars Removed
WILSON MAIEN FURNITURE
80-Autos for Sale
WILSON MAIEN FURNITURE

31-Apartments Furnished
Furnished apartments for Senior Citizens
LOVELY 1 BDRM
2 BDRM
2 BDRM

31-Mobile Homes
1 BDRM 2 Bath with Double carport
SANFORD 1 BDRM
SANFORD 1 BDRM
AVAILABLE OCT.
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77-Junk Cars Removed
WILSON MAIEN FURNITURE
80-Autos for Sale
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Debbie Russell, in a 1975 photo when she was a company dancer with Ballet Guild of Sanford, returns to her home base Sunday to adjudicate BGS auditions.

Ballet Guild Auditions

According to Jean Chontz, president of Ballet Guild of Sanford-Seminole, and Valerie Weld and Miriam Wright, the guild's artistic directors and choreographers, auditions for the 1982-83 company dancers will be held Sunday at the School of Dance Arts, 2560 Elm Ave., Sanford.

The time is 1 p.m. for first time tryouts and dancers 10 years old or older who have had a minimum of two years ballet training in a certified dancing school.

All other dancers, including present company, will audition at 2:30 p.m.

Attire for girl dancers is black leotards and pink tights with hair in a bun. Bring pointe and ballet shoes. Boys auditioning are asked to wear black tights, white T-shirts and ballet shoes.

The auditions will be conducted by Debbie Russell, formerly of Geneva and a former company dancer with Ballet Guild for several years. Now a professional dancer, Miss Russell "knows what to look for and what we want," the artistic directors said.

For information and advance registration, call 323-1900, or Gail Stewart, 323-6690. However, advance registration is not necessary.



Herald Photo by Tom Vincent

GARDEN OF THE MONTH

The home and grounds of Mr. and Mrs. Van D. Allen, 200 W. 17th St., Sanford, has been selected by Mimosa Circle of the Garden Club of Sanford for the September Garden of The Month Award. According to circle member Daisy Williams, "The grounds are beautifully manicured with attractive landscaping." Low border sculpted hedges and a variety of trees and shrubs enhance the overall picture of this beautiful old Sanford home.

Red Cross Courses

The Central Florida Chapter of the American Red Cross announces registration is now available for a Red Cross Home Nursing Instructor's course and a Red Cross Babysitting Instructor's course to be held simultaneously from 8:30 a.m. - 4 p.m. Tuesday, Wednesday and Thursday, Oct. 12, 13 and 14.

You must be a registered nurse, a licensed practical nurse or an emergency medical technician to qualify for the home nursing instructor portion of the course, and you must be at least 18 years of age to become a Red Cross babysitting instructor.

The Home Nursing section has been approved for 18 contact hours in continuing education and you will need to teach one or two classes each year to maintain your certification. There will be a book and materials fee, and registration will be limited to 25 qualified persons.

For information, contact the Health Services Department at the Central Florida Chapter of the American Red Cross at 894-4141.

BEEF

HOURS: MON. thru SAT. 9 A.M. to 6 P.M.

FEATURING WESTERN BEEF AT LOW PRICES!

PRICES GOOD THRU SAT., SEPT. 25, 1982

COOKIN' GOOD DRUMSTICKS THIGHS OR WHOLE LEGS	59¢ lb.
100% PURE FRESH GROUND BEEF 5 LB. PKG.	\$1.09 lb.
CHUCK STEAK or ROAST	\$1.39 lb.
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With multi-position comfort. Assorted colors.
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24 oz. PLANTERS PEANUTS
Cocktail mix. Crisp crunch and fresh salted just right.
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HERSHEY'S CANDY SNACK SIZE
Milk Chocolate Almonds Kit Kat or Reese's 12 to 13.8 oz. packs
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PLANTERS 12 oz. DELUXE NUTS
No peanuts! Fill with cashews, almonds & more.
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Delicious chocolate candy choice! 7.5 oz.
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12 oz. Bags
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Adhesive holds dentures securely for longer. 3 1/2 oz.
Easy to use
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Temporary relief of sore throat pain.
Pack of 10
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EFFERDENT TABS with COOKBOOK
Puffy Crocker \$2.50 value included Free!
Box of 60
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