

Up and Down crossword puzzle grid and clues

Crossword puzzle grid and clues

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HOROSCOPE by Bernice Bedesol. For Saturday, June 19, 1976. ARIES (March 21-April 19) Enjoy yourself today, but don't spend more than you should physically, mentally or financially.

TAURUS (April 20-May 20) Normally you have no trouble keeping a confidence. Today, you're apt to let slip something another asked you to keep to yourself.

GEMINI (May 21-June 30) Where your day-to-day affairs are concerned you may have frustrations. Brush them aside. Don't let them interfere with pleasurable pursuits.

CANCER (June 21-July 22) Your efforts are likely to be only partially successful today. If you lack boldness, don't be rash, but don't be wish-washy.

LEO (July 23-Aug. 22) Steer clear of situations today where you know others will make unreasonable demands, even if it means changing plans of long standing.

VIRGO (Aug. 23-Sept. 22) You may be too anxious today to please others causing you to either give away something you shouldn't or make a foolish commitment.

LIBRA (Sept. 23-Oct. 23) Don't make more out of a job you have to do today than it really is. Magnifying its size

WIN AT BRIDGE by Oswald and James Jacoby. North and South play the spades declarer will make 11 tricks.

Cheese Bothers Some People by Lawrence E. Lamb, M.D. The dairy industry could use Lact-Aid to form lactic acid milk and market cheese, yogurt and products from this milk.

SUNDAY EDITION Evening Herald Sanford, Florida 32711-Price 20 Cents

93-Year-Old Faces Lottery Aid Charges

By KRIS NASH Herald Staff Writer A 93-year-old Sanford man accused of aiding a lottery and three prisoners charged with attempted escape will face charges in circuit court.

Ending An Era: The New Osteen Bridge

By DONNA ESTES Herald Staff Writer The days of the rickety old Osteen Bridge — believed to be the last wooden bridge on a state road in Florida — are numbered.

Side Glances by Gill Fox



BALANCING ACT Nine-year-old Michele Ozik of Sanford has an unusual way to amuse herself and neighborhood friends these carefree summer days — she balances a ball on her nose.

Ford-Reagan Battle Still Rages

By The Associated Press The battle between President Ford and Ronald Reagan for the Republican presidential nomination raged for the second straight weekend in caucus rooms across the country, with Ford edging Reagan in partial delegate results from Iowa's state convention.

Washington (AP) — Democratic leaders are pressing for quick House action on payroll and allowance reforms on the heels of Wayne Hays' resignation of the House Administration Committee.

Today Cookin' Good The words sound strange, but Chinese cooking is easy, fun, delicious and nutritious, too.

WASHINGTON (AP) — The Public Service Commission will be asked Monday to double pay telephone charges to 20 cents and to impose charges for calls to directory assistance.

The 20 Phone Call Is Coming

TALLAHASSEE (AP) — The Public Service Commission will be asked Monday to double pay telephone charges to 20 cents and to impose charges for calls to directory assistance.



**WE ACCEPT USDA FOOD STAMP COUPONS**

W-D BRAND U.S. CHOICE FEDERALLY GRADED HEAVY WESTERN Aged Beef

**PRICES GOOD JUNE 20-23**

**USDA GRADE 'A' FRESH FROZEN WHOLE FRYERS**

LB. **49¢**

Fryer Neck and Fryer Backs . . . 19¢

**FARMLAND BONELESS CANNED HAM**

3 LB. CAN **\$4.99**

Hickory Sweet Sliced Bacon 2 lb. . . \$2.55  
Hickory Sweet Sliced Bacon . . . 1 lb. \$1.29

**PORK PORK NECK, BARS, & MEATY PORK NECK BONES**

LB. **39¢**

Superbrand Sour Cream . . . 59¢  
Full 1/2 Pork loin Sliced into Pork Chops . . . 59¢

**SUPERBRAND ALL FRUIT FLAVORS YOGURT**

5 8-oz. CUPS **\$1.00**

Superbrand Regular or No Fat Cottage Cheese 2 1/2 qt. . . 65¢  
Superbrand Regular or No Fat Low Fat Cottage Cheese . . . 2 1/2 qt. \$1.19

**W-D BRAND USDA CHOICE BEEF BOTTOM ROUND STEAK**

15 LB. PKG. **\$19.50**

W-D BRAND USDA CHOICE BEEF HEART OF CHUCK 20 1/2 LB. AVG.

**WHOLE CHUCK ROLLS**

300 TO 350 LB. AVERAGE LB. **89¢**

HINDQUARTER AND FOREQUARTER SIDE OF BEEF CUT & WRAPPED FREE

**DAIRY SPECIALS**

LAND O' SUNSHINE BUTTER 1-LB. PKG. (QTRS.) **99¢**

SUPERBRAND Soft Bowl MARGARINE 1-LB. PKGS. **2 \$1**

Chiffon Whip Bowl Margarine . . . 59¢

**THRIFTY MAID CUT GREEN BEANS**

16-oz. CANS **5 \$1**

Thrifty Maid Sliced Carrots . . . 5 1-lb. CANS \$1.00

**THRIFTY MAID Cream Style or Whole Kernel CORN**

16-oz. CANS **5 \$1**

Thrifty Maid Tomato Sauce . . . 5 1-lb. CANS 88¢

**THRIFTY MAID CUT BEETS**

16-oz. CANS **5 \$1**

Thrifty Maid Catsup . . . 5 1-lb. CANS 59¢

**W-D BRAND USDA CHOICE BEEF ALL CHUCK INCLUDING 7 BONE CENTER CUT**

LB. **89¢**

Boneless Beef Stew Meat . . . \$1.09

**W-D BRAND USDA CHOICE BONELESS BEEF BOTTOM ROUND STEAK**

LB. **\$1.29**

Boneless Beef Chuck California Roast . . . \$1.19

**W-D BRAND USDA CHOICE BONELESS BEEF CHUCK ROAST**

LB. **89¢**

Boneless Beef Cube Steaks . . . \$1.99

**USDA GRADE 'A' FRESH FRYER THIGHS**

LB. **79¢**

(10-Ct.) Texas Style Biscuits . . . 2 1/2 qt. CANS 69¢

**W-D BRAND USDA CHOICE BONELESS BEEF TOP ROUND STEAK**

LB. **\$1.59**

Boneless Beef Chuck California Steak . . . \$1.29

**W-D BRAND PURE HANDI-PAK GROUND BEEF**

1 & 10 LB. PKG. **69¢**

Tennessee Pride Sausage . . . 1 lb. BAG \$1.49

Sliced, Skinned & Deboned Beef Liver . . . 1 lb. 89¢

Pork & Cabbage Fish Fillet . . . 1 lb. \$1.29

Turbot Fish Fillet . . . 1 lb. 99¢

W-D Brand Regular or All Beef Franks . . . 12-oz. PKG. 89¢

W-D Brand Regular or Thick Sliced Bologna . . . 12-oz. PKG. 89¢

W-D Brand Sausage or Spiced Luncheon . . . 1-lb. PKG. \$1.49

Swift Premium Sizzlean . . . 12-oz. PKG. \$1.59

Capehart Hot or Mild, Bag Sausage . . . 1-lb. PKG. 99¢

Swift Premium Brown & Serve, All Varieties Sausage . . . 8-oz. PKG. 99¢

Sunnyland Smoked Sausage . . . 20-oz. PKG. \$1.99

Oscar Mayer Sliced, Thick or Regular Bacon . . . 1-lb. PKG. \$1.99

Oscar Mayer Regular or All Beef Bologna . . . 8-oz. PKG. 85¢

Palmetto Farms Pimento Cheese Spread . . . 8-oz. CUP 49¢

Palmetto Farms Pimento Cheese Spread . . . 1-lb. CUP 89¢

Kraft Clinker Barrel Sharp Sticks . . . 10-oz. PKG. \$1.49

**LEMON-LIME OR ORANGE GATORADE**

32-oz. BTL. **3 \$1**

Cookin' Good Old Fashioned Cookies . . . 3 1/2 qt. PKG. 98¢

**NORTHERN BATH TISSUE**

4 ROLL PKG. **69¢**

Arrow Foil . . . 3 2 1/2 qt. PKG. \$1.00

**THRIFTY MAID ELBOW MACARONI**

16-oz. PKGS. **3 \$1**

Blue Bay Tuna Fish . . . 2 4 1/2 oz. PKG. 89¢

MISS BRECK NON AEROSOL, LASTING HOLD HAIR SPRAY 8-oz. CAN **99¢**

BARTHOLOMEW BABY SHAMPOO 16-oz. BTL. **\$1.79**

WOODEN SALAD BOWLS 4 FOR **\$1.00**

SCOPE 24-oz. **\$1.39**

CURAD SOHUS PLASTIC TRANSPARENT BANDAGES 80-CT. PKG. **\$1.19**

ARM & HAMMER SCENTED OR UNSCENTED DEODORANT 7-oz. SIZE **\$1.39**

CURAD SOHUS PLASTIC TRANSPARENT BANDAGES 80-CT. PKG. **\$1.19**

ALKA-SELTZER TABLETS 25-CT. PKG. **59¢**

VANQUISH 60-CT. BTL. **\$1.29**

WILKINSON BLADES 5-CT. PKG. **\$1.09**

**THRIFTY MAID CUT GREEN BEANS**

16-oz. CANS **5 \$1**

Thrifty Maid Sliced Carrots . . . 5 1-lb. CANS \$1.00

**THRIFTY MAID Cream Style or Whole Kernel CORN**

16-oz. CANS **5 \$1**

Thrifty Maid Tomato Sauce . . . 5 1-lb. CANS 88¢

**THRIFTY MAID CUT BEETS**

16-oz. CANS **5 \$1**

Thrifty Maid Catsup . . . 5 1-lb. CANS 59¢

**JUMBO BOUNTY TOWELS**

Limit 3 w/\$5.00 or more purchase excl. tigs.

3 ROLLS **\$1**

Orange, Seminole, Osceola, Lake, Citrus, Brevard, Collier, and Volusia Plates . . . 100 CT. PKG. 79¢

**ASTOR FRUIT COCKTAIL**

Limit 3 w/\$5.00 or more purchase excl. tigs.

3 16-oz. CANS **\$1**

Royal Gelatin . . . 5 1/2 qt. PKG. \$1.00

**THRIFTY MAID SUGAR**

Limit 1 w/\$5.00 or more purchase excl. tigs.

5 89¢

Astor Instant Tea . . . 2 1/2 qt. PKG. \$1.39

**U. S. NO. 1 WHITE POTATOES**

10 LB. BAG **99¢**

Red Bliss Potatoes . . . 10 lb. 99¢

**SUPERBRAND SHERBET or ICE CREAM**

HALF GAL. **69¢**

Thrifty Maid Ice Milk . . . 1 1/2 qt. 69¢

**SUPERBRAND ICE CREAM BARS or SANDWICHES**

12-PK. PKG. **99¢**

LIBBY REGULAR OR PINK LEMONADE 6 8-oz. CANS **99¢**

MORTON ALL VARIETIES CREAM PIES 16-oz. PIE **69¢**

FRONT SHOESTRING POTATOES 4 1/2-LB. BAG **\$1.39**

**ASTOR FROZEN GRAPEFRUIT OR ORANGE JUICE**

6 12-oz. CANS **\$1.29**

ASTOR LEAF OR CHOPPED SPINACH 4 10-oz. PKGS. **89¢**

PAN RED BREADED SHRIMP 1-LB. PKG. **\$2.39**

MORTON FRIED CHICKEN 2 LB. BOX **\$2.39**

**DEEP SOUTH MAYONNAISE**

32-oz. JAR **59¢**

North 1000 Island Dressing . . . 2 1/2 qt. 89¢

**DIXIE HOME TEA BAGS**

100-CT. PKG. **99¢**

Realman Lemon Juice . . . 12-oz. BTL. 79¢

**DIXIE DARLING LARGE FAMILY BREAD**

20-oz. LOAVES **4 \$1**

Dixie Darling Raisin Bread 2 1/2 qt. 99¢  
Dixie Darling Dinner Rolls . . . 3 1/2 qt. 88¢

Liquid Sani Flush . . . 16-oz. SIZE 55¢

Black Flag Ant & Roach Bomb 3 1/2-oz. 89¢

Gulf Cholesterol (Ch. 75c 1/2 Gal. \$1.39) 49¢

Meat Tenderizer Pk. 99¢

Glaxo Food Storage Bags . . . 75 CT. PKG. \$1.15

**IVORY SOAP**

4 BAR PKG. **46¢**

Glaxo Large Kitchen Bags 15-CT. PKG. **99¢**

Wizard Lemon, Bathroom, Spring Bouquet, American Beauty Bag Aerosol Air Fresheners . . . 5-oz. SIZE 67¢

Supher Chip-A-Roos 14 1/2-oz. PKG. **99¢**

**THRIFTY MAID APPLE SAUCE**

16-oz. CANS **5 \$1**

Matts Apple Juice . . . 2 1/2 qt. \$1.00

**THRIFTY MAID MIXED VEGETABLES**

16-oz. CANS **5 \$1**

Deep South Hamburger Dill Chips . . . 2 1/2 qt. \$1.00

**THRIFTY MAID PORK & BEANS**

16-oz. CANS **5 \$1**

Van Camp Vienna Sausage . . . 3 1/2 qt. \$1.00

**THRIFTY MAID APPLE SAUCE**

16-oz. CANS **5 \$1**

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**NEW STORE HOURS**

MONDAY - SATURDAY **9 a.m. - 9 p.m.**

SUNDAY **9 a.m. - 7 p.m.**

THE FOLLOWING STORES NOW CLOSED SUNDAY  
419 E. FIRST ST. - SANFORD 1410 E. WINTER ST. - DELAWARE  
2861 DELANEY ST. - ORLANDO GOLDEN TRIANGLE SHOPPING CENTER  
117 SOUTH ROSLIND - ORLANDO MT. DORA

**HARVEST FRESH PRODUCE**

HARVEST FRESH WHITE SEEDLESS GRAPES LB. **59¢**

HARVEST FRESH RED BEAUTY PLUMS LB. **59¢**

HARVEST FRESH NECTARINES LB. **59¢**

HARVEST FRESH PEACHES 4 LBS. **\$1**

WASHINGTON STATE EXTRA FANCY RED DELICIOUS APPLES 16 FOR **\$1.99**

HARVEST FRESH LETTUCE ROMAINE LB. **39¢**

HARVEST FRESH ZELLWOOD YELLOW CORN 10 EARS **99¢**

HARVEST FRESH CABBAGE LB. **10¢**

HARVEST FRESH IDAHO POTATOES 10 LB. BAG **\$1.59**

HARVEST FRESH YELLOW ONIONS 3 LB. BAG **59¢**

**THE BEEF PEOPLE!**

We've put fine foods on America's tables for over 50 years.

**WINN DIXIE** Celebrates America!

FRENCH AVE. & 25th ST. SANFORD 419 E. FIRST ST.

**HISTORICAL FLAG COLLECTION**

COMPLETE SET OF 48 FLAGS WITH CAROUSEL **\$12.99**

4" x 6" FABRIC MINIATURE FLAGS **3 FOR \$1.00**

**WINN DIXIE** Celebrates America!





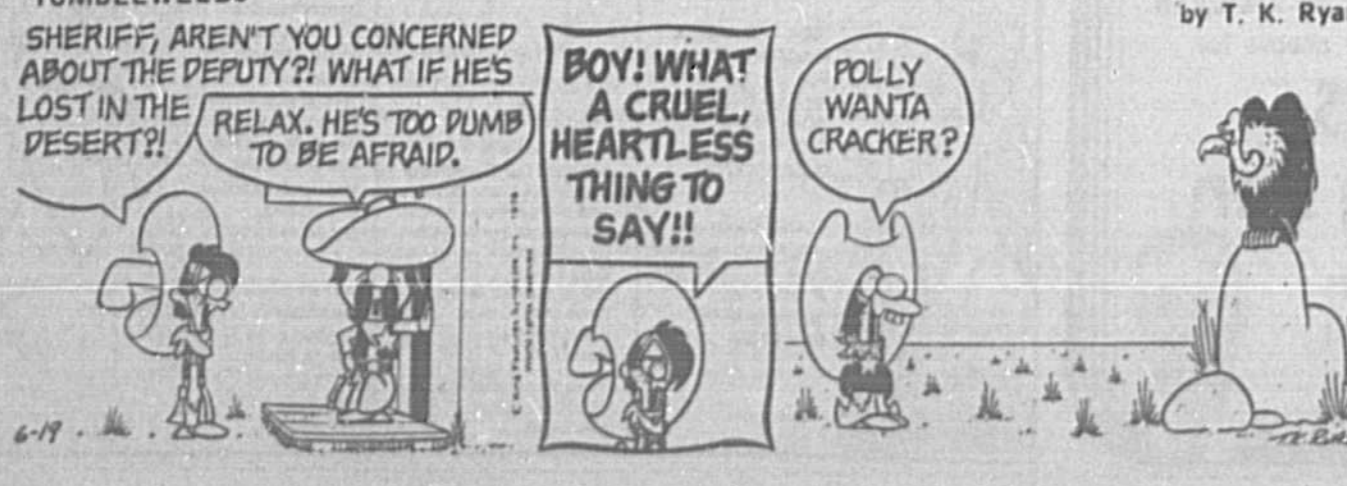
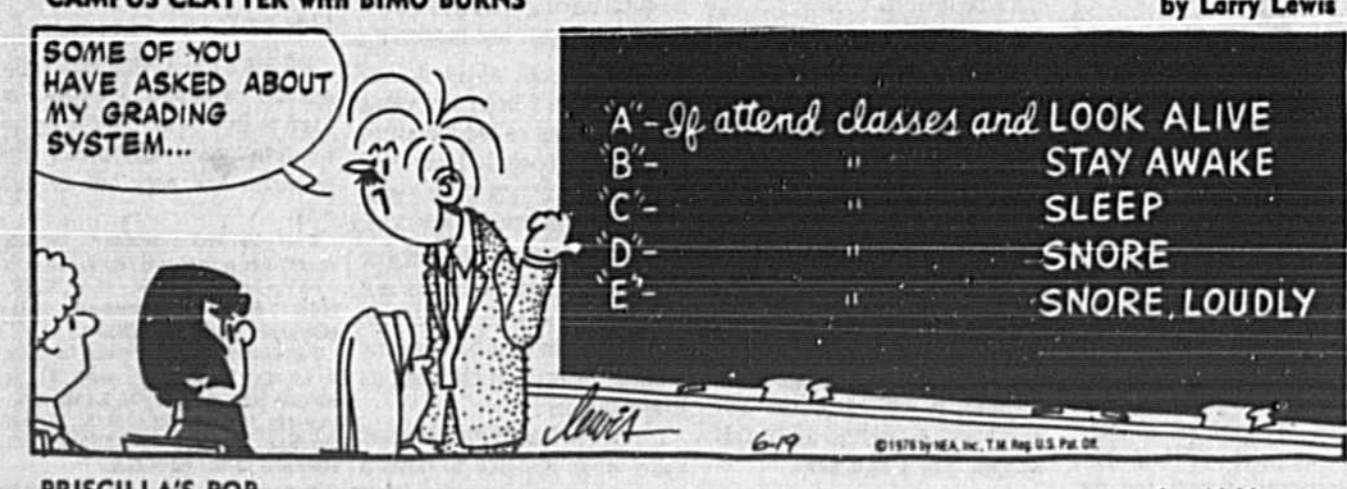
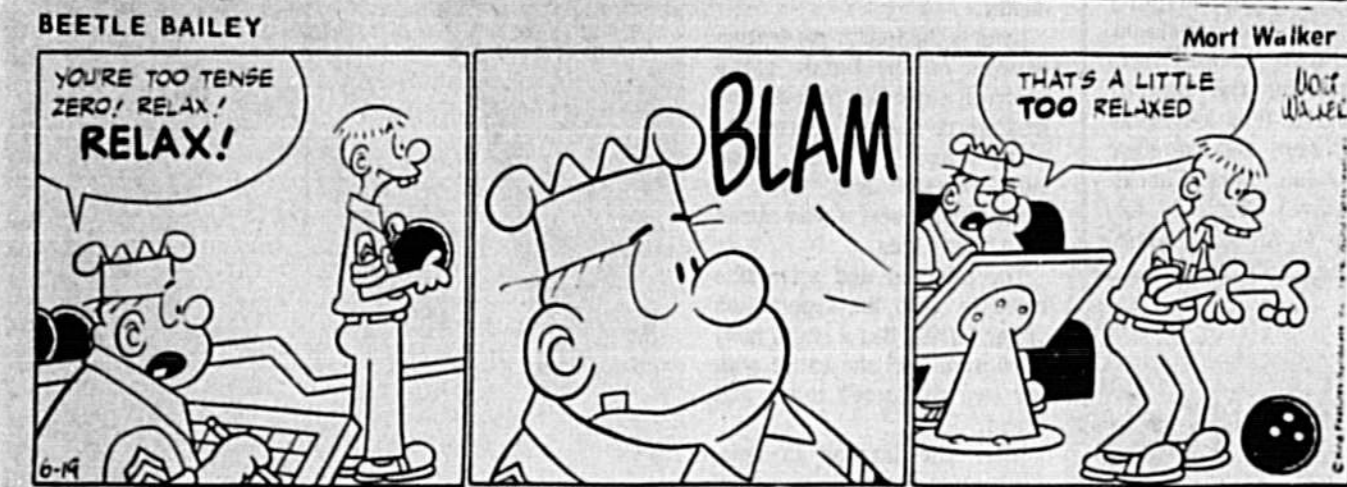






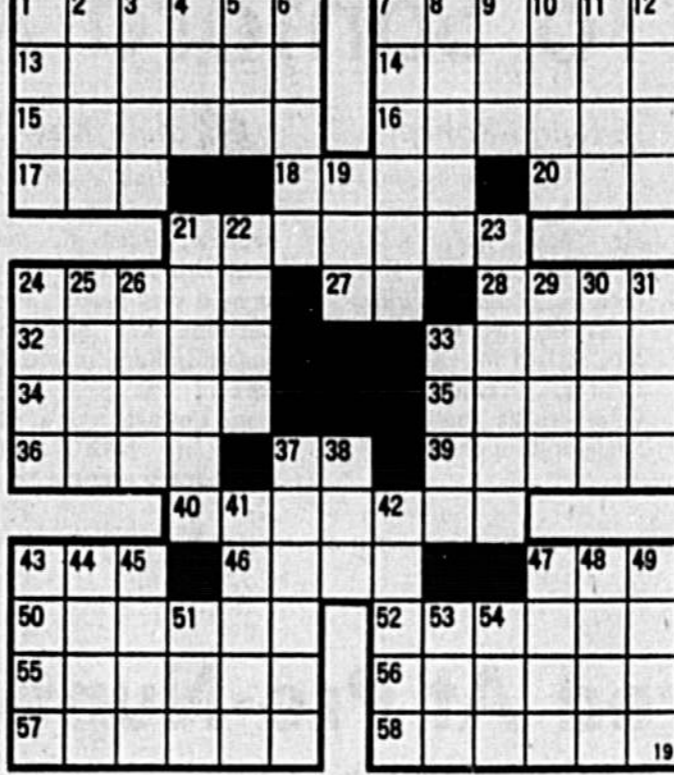






Canines

ACROSS 40 Water for one... 41 bull... 42 Natural fat... 43 Gopher's spouse...



WIN AT BRIDGE

By OSWALD and JAMES JACOBY. NORTH: ♠ 976, ♥ 9854, ♦ A, ♣ AK. SOUTH (D): ♠ AK7, ♥ J1043, ♦ QJ2, ♣ KQ.

HOROSCOPE

By BERNICE BEDE OSOL. For Sunday, June 20, 1976. ARIES (March 21-April 19) Close companions may do things today that will displease and aggravate you.

For Monday, June 21, 1976

ARIES (March 21-April 19) Don't let your domestic duties get ahead of you today. Being industrious now will give you more free time to enjoy later.



The latest fad 'diet': it's delicious and nutritious, too. Page 4D

Daily Television Programming. Includes sections for Saturday Morning, Saturday Afternoon, and Saturday Evening with various TV show listings.

SEEK & FIND

HODGE PODEG "P". DMREUATHINONEHTRAP... PUPACERPERGOLADFINH... APERNJEGAEGLCTIRAPIT...

SIDE GLANCES



DOONESBURY



by Garry Trudeau







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I DONT ARGUE ANY MORE! YOU'RE BEING SENSIBLE-- TI!

AH! NOW YOU'RE HELPING! SHUT UP, NINETY BLUES!

IT'S NOW GONE UP TO NINETY BLUES SHORTLY!

ROBBER! \$72.50 THEN!

© 1976 WALT DISNEY PUBLICATIONS, INC.

I'LL GIVE YOU FIFTY AND NOT A PENNY MORE!

SCREECH! TOO MUCH!

I'LL RUN YOU ABOUT EIGHTY FIVE BLUES TO FIX--

I PHONED MR. WRENCH THE MOST EXPENSIVE PLUMBER IN TOWN!

HUBERT

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DER CAPTAIN HAS VOIKRODT! I BETER GET A BETTER GET! A NEW WANK!

DER CAPTAIN HAS VOIKRODT! I BETER GET A BETTER GET! A NEW WANK!

WANK! SHRIMP! TAKE DOT SHIRPER! GATSO--BOY! BOH! MY NOSE BAM!

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DER BEAR OR I'LL KNOCK DAN AN ICEBOIG!

DER BEAR OR I'LL KNOCK DAN AN ICEBOIG!

DER BEAR OR I'LL KNOCK DAN AN ICEBOIG!

by Joe Musial

the small society

© 1976 WALT DISNEY PUBLICATIONS, INC.

SNOOF

SNOOF

SNOOF

ALLEY OOP

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ALLEY OOP

ALLEY OOP

ALLEY OOP

OUT OUR WAY

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OUT OUR WAY

OUT OUR WAY

OUT OUR WAY

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FRAZY WENZEL

FRAZY WENZEL

FRAZY WENZEL

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THE BORN LOSER

THE BORN LOSER

THE BORN LOSER

by Art Sansom

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THEY DO IT EVERY TIME

THEY DO IT EVERY TIME

THEY DO IT EVERY TIME

by Tom K. Ryan

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TUMBLEWEEDS

TUMBLEWEEDS

TUMBLEWEEDS

by Morrie Turner

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WEE PALS - kid power

WEE PALS - kid power

WEE PALS - kid power

