

# Sanford Herald

Serving Sanford, Lake Mary and Seminole County since 1908  
86th Year, No. 22 - Sanford, Florida

## NEWS DIGEST

### INSIDE

#### Sports

##### Softball off and swinging

SANFORD — After having all but one game rained out last week, the Tuesday men's and women's softball league got started last night. See Page 1B

### BRIEFS

##### The army is coming

SANFORD — The Army Ground Forces Band of Fort McPherson, Ga., will present a free concert Saturday, Sept. 18, at Seminole High School Auditorium.

The nationally recognized band was organized in 1845 as the Fourth Infantry Regiment Band. The history of this unique musical group began with the Mexican War, when its members fought heroically, becoming the only Army band to receive a combat designation from a president of the United States.

The band's history also includes service in the Civil War, War with Spain, Philippine Insurrection, and both of the World Wars.

The band is really several bands within the larger band. Band members perform in separate groups playing jazz, dixieland, rock, chamber winds, brass and woodwind quintets, marching bands and heralding trumpets. Several of these groups will perform during the concert of military, light classical and popular musical selections.

The 55 member band will perform in full dress uniform and perform selections designed to please every musical ear.

The concert is being jointly sponsored by the Greater Sanford Chamber of Commerce, and the Sanford Herald. For further information, phone the chamber at 322-2212.

##### TCl Cable plans disconnection

LAKE MARY — Cable TV subscribers served by TCl, formerly Storer Cable, in Lake Mary will have no cable service from midnight tonight until about 5 a.m. Thursday. Lake Mary Public Works Director Bill Timby said the company must disconnect the service for four or five hours while they install a fiber optic cable under Lake Mary Boulevard at 5th Street. "They have to disconnect the cable to do that," Timby said, "so people will have no TV."

##### Historical Society meeting

SANFORD — The Sanford Historical Society will meet at 5 p.m. Thursday, Sept. 16, at the Greater Sanford Chamber of Commerce, 400 E. First Street in downtown Sanford. Subject of the meeting will be "The Sanford-Exploring Expedition," presented by Alicia Clarke, curator of the Sanford Museum.

##### Foreign food stamps nixed

WASHINGTON — It looks like foreign companies won't get a chance to print food stamps after all.

In a letter last week to members of Congress, Agriculture Secretary Mike Espy said the department will require that food stamp coupons be printed within the United States.

Espy noted concerns raised by the Secret Service about its ability to guard against counterfeiting and theft of food stamps.

The government spends \$50 million a year to print about \$20 billion worth of food stamps. For the first time July 30, the department offered to let foreign firms bid on the printing of the coupons.

But that drew protests from several lawmakers, including Sen. Patrick Leahy, D-Vt., chairman of the Senate Agriculture Committee, and Rep. Marjorie Margolis-Mezvinsky, D-Pa.

Leahy argued that printing food stamps abroad would be the same as printing money abroad. Margolis-Mezvinsky's district includes Horsham, where more than 300 people work for the American Bank Note Co. printing food stamps.

From staff and wire reports

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##### High humidity, temps



Partly cloudy with scattered afternoon thunderstorms. Highs in the lower 90s. Wind southeast about 10 mph. Chance of rain 30 percent.

For more weather, see Page 2A

# County leader dead

## Bob Sturm, 68, active until end

By J. MARK BARFIELD  
Herald Senior Staff Writer

SANFORD — Veteran Seminole County commissioner Bob Sturm died Tuesday evening at Florida Hospital-Altamonte following a rapid decline in health.

Sturm, 68, was in increasingly poor health during the past several weeks due to complications from emphysema. Although he maintained regular office hours since his retirement from the insurance industry in 1984, Sturm was frequently seen about the County Services Building in recent weeks in See Sturm, Page 5A



Bob Sturm

## Sturm's successor: Who will it be?

By J. MARK BARFIELD  
Herald Senior Staff Writer

SANFORD — Former Longwood mayor Adrienne Perry may be a top candidate to replace Seminole County commissioner Bob Sturm who died yesterday following an illness.

Democrats Perry, Sanford commissioner Bob Thomas, former county commission candidate Fred Harden, and Nikki Clayton, former county attorney, are considered among the potential candidates for the position vacated by Republican Sturm's death.

Gov. Lawton Chiles will fill the vacancy once formally notified of Sturm's death by letter and ob-

ituary. County Manager Ron Rabun said the notification was prepared about a week ago as Sturm's health declined. He said the notice would be mailed today.

Mollie Payne, spokesman for Chiles, said no applications have been received seeking appointment to the position. She said once Chiles declares a vacancy, applications will be accepted, typically for several weeks, before the governor makes a selection.

With the likely appointment of a Democrat to the county commission to join Larry Furlong, the GOP commission dominance may be eroded for the first time in more than a decade.

See Successor, Page 5A

# Students gather for prayer during national event

By VICKI DeSORMIER  
Herald Staff Writer

SANFORD — A group of a little more than a dozen teens grew to nearly 50 as Seminole High School students lowered their heads in solemn prayer and lifted their voices in praise.

The students were meeting around the planter in the school's quadrangle to pray a half an hour before classes began.

"We are here to pray to the Lord for his help," said Tony Holland, who had helped organize the students. "We want to get people in the prayer attitude."

The students, many wearing t-shirts proclaiming their Christian faith, were taking part in the national celebration of "See You at the Pole," an event that brought more than a million students together across the country to pray last year. They hope to bring at least that many together this year.

According to Holland, the program is planned and coordinated by the students with input only from adults who are asked.

Sidney Brock, minister of youth at the First Baptist Church of Sanford, was asked to write a suggested prayer format for the students to follow.

"They can use it if they want," Brock said, "but this is something the kids are doing on their own."

Angie Danleman, one of the student coordinators, said she and other students meet every morning at the school to pray before classes begin.

"We do this every day," she said, "but this is the national celebration."

Not all of those who arrived at school early were enamored with the idea of having their peers joining hands and praying.

"They ain't supposed to pray at school," said one young man who did not want to give his name. "That's against the law."

He said the students "really offended" him "with their hand holding and talking about God and stuff."

One young man asked loudly to be admitted to the circle, but See Prayer, Page 5A



A group of about 50 students lifted their prayers to God in a celebration of their Christian faith outside Seminole High School this morning. Herald Photo by Tommy Vincent

# Sanford airs three plans for land use

By NICK PFEIFAU  
Herald Staff Writer

SANFORD — Sanford will choose between three plans proposed for use of land across from Sanford Middle School, presented Monday by director of Planning and Development Jay Marder.

The property, approximately 10 acres, was

purchased by the city for \$470,000 on Jan. 29 of this year.

Originally, Tidewater Enterprises of Clearwater had attempted to purchase the land from the Seminole County School Board for use as a strip mall.

After an outpouring of objections to a strip mall from residents of the residential area to the east of the property, the city denied the rezoning

request. In exchange, it chose to purchase the property itself, with no specific purpose determined for the land at that time.

Since then, several discussions have been made at city commission meetings regarding the possible use of the land. Originally, it was conceived as a possible recreational park.

After several months of study and investigation, See Land, Page 2A



James Carlin extends the arm allegedly bitten by the robbery suspect. He will learn if the woman has AIDS. File Photo

# Will bite lead to AIDS for man? Manager will learn if robbery suspect is ill

By SANDRA ELLIOTT  
Herald Staff Writer

SANFORD — A discount store manager allegedly bitten by a robbery suspect said Tuesday he is pleased he will soon learn whether or not the woman has AIDS or is HIV positive.

James Carlin said following a hearing to compel the robbery suspect to take an AIDS test that although the wheels of justice sometimes move slowly, "the wheels were turning today."

Assistant public defender James Figgatt, who represents the suspect, said his client will submit the results of a previous HIV antibodies test she took to the court. No new test was ordered.

Following the court hearing, the 27-year old Midway woman told reporters she does not have AIDS. She plans to sue a Sanford Police officer, and a hospital nurse who stated she told them she had the disease. The woman said publicity surrounding the incident has damaged her life.

When asked by an emergency room nurse if she had AIDS, the woman said she replied, "If I do, then he (Carlin) do too."

See Bite, Page 5A

# County to support zoo as long as it's active

By J. MARK BARFIELD  
Herald Senior Staff Writer

SANFORD — Seminole County commissioners pledged continued support for the Central Florida Zoological Society as long as their plans include an active zoo in Seminole County.

Commissioner Larry Furlong raised the vocal concern over the society's desire to develop a major zoological program in Orange and Osceola Counties, saying more county control is needed over the spending of its annual \$180,000 tourist tax grants to the zoo.

"We need the ability to review the use of the money," said Furlong. "I think we should have some recoupment of the grant in case we're left with only a bug and snake exhibit."

Last month, society president Kathleen Palmer announced plans to develop a "Wild Way" wildlife See Zoo, Page 2A



## POLICE BRIEFS

### Multiple warrants

Seminole County sheriff's deputies arrested Dexter Laverne Williams, 25, of 1122 Orange Avenue, Sanford, at the Seminole County Jail Monday. Deputies said Williams turned himself in, for failing to appear in court on a charge of resisting arrest with violence. After he was placed in jail, a computer check revealed he was also wanted on two warrants for obtaining property with a worthless check, and one each for driving with a suspended/revoked license, attached tag not assigned, failing to appear on a charge of sale or delivery of cocaine, and possession of cocaine. He is being held without bond.

### Traffic stop drug charge

Sheriff's deputies conducted a traffic stop at the intersection of Seminole Boulevard and French Avenue Monday. They stopped a pickup truck because the boat trailer it was pulling reportedly had no lights. During a check, the deputy reported finding a marijuana cigarette in the vehicle. Randall Alan Boston, 27, 4250 School Road, Lake Monroe, was arrested on charges of possession of marijuana under 20 grams, and possession of drug paraphernalia.

### Community patrol

Members of the Sanford Community Police Team made a drug arrest Monday. Arrested was Ray Little, 28, 1819 Summerlin Avenue, Sanford. He was charged with possession of a controlled substance, (crack cocaine) and possession of drug paraphernalia.

### Jail fight

Anthony Bernard Boykins, 16, an inmate at the John E. Polk Correctional Facility, has been charged with battery on a correctional officer. According to the arrest report, the officer was delivering breakfast to inmates and opened Boykins' cell door. He said Boykins came out and refused to return, which caused a confrontation and Boykins reportedly struck the officer with his hands before being subdued.

### Longwood robbery

Longwood police arrested Marcus Raymond, 32, 900 Wildmere Avenue, Longwood, on Monday. The arrest report said police were summoned to a store in the 200 block of U.S. Highway 17-92 regarding a petty theft. When police arrived they reported finding Raymond in a confrontation with store employees who reported Raymond had threatened them with a gun three times, but they had not seen a weapon. The report said the officer found Raymond "banging his head on the ground and attempting to blame the employees for hurting him." He was placed under arrest and charged with armed robbery. The item reportedly taken from the store was a 12-pack of beer.

### Domestic violence arrests

• Karen M. Medders, 33, and Franklin W. Medders, 36, both of 685-A Georgia Avenue, Longwood, were arrested by Longwood police Monday following a confrontation at their residence. Each was charged with battery, domestic violence.

• Willard Thomas Wolgamott, 37, 150-C Longwood-Lake Mary Road, was arrested by Lake Mary police Monday following a family disturbance at his residence. He was charged with battery, domestic violence.

• Mark Alan Roemer, 36, of DeBary, was arrested by Sanford police at 2018 Cedar Avenue Monday. Arrested at Central Florida Regional Hospital, was Robert Kent Daring, 40, of 2018 Cedar. Police said Roemer was in a dispute with Daring in a family matter. Each was charged with aggravated battery.

• Russell Allen Moul, 31, 100 Clyde Avenue, Longwood, was arrested by sheriff's deputies at his residence Monday following a dispute with his wife. He was charged with battery, domestic violence.

### Warrant arrests made

• Ronald V. Barker, 46, of Winter Springs, was arrested by Longwood Police Monday. He was wanted on a warrant for contempt of court. After his arrest, police discovered he was also wanted for assignment to commit prostitution and battery.

• William Milton, 17, 141 Coach Light Court, Sanford, was arrested at the jail early Tuesday. He was wanted on a warrant for failing to appear on a charge of possession of cocaine.

### Incidents reported to authorities

• Two motel rooms on W. S.R. 46 were reportedly burglarized Monday. Sheriff's deputies said two TV sets and other equipment valued at \$500 were missing.

• A Roberto Clemente baseball card, valued at \$2,000 was reportedly stolen from a locked display case at a business on Lake Emma Road in Lake Mary Monday.

• Sanford police located a vehicle reported stolen from an Orlando man, in a lot in the 1300 block of Shepherd Avenue. Police said the vehicle was sitting on blocks with the tires and rims missing and stereo removed.

• A camcorder and other items valued at \$1,132 were reported stolen Monday from a pickup truck parked in the 100 block of Sanford Avenue.

• A telephone was reportedly taken Monday from the Seminole Mental Health Residential Center on Bay Avenue.

# Drinking water threatened?

## County: Saltwater infiltration not as great as declared

By J. MARK BARFIELD  
Herald Staff Writer

SANFORD — The saltwater threat to Seminole County's drinking water supply is not as great as declared by a \$313,500 county study, but is still a threat, water experts from the St. Johns River Water Management District said Monday.

District officials told county commissioners Monday there may be a greater threat from declining wellwater levels which could cause wetlands to dry up and drinking water wells to run dry. The fullest extent of the risk won't be known until later this year.

In 1991, the county released the conclusions of five-year study by Camp, Dresser and McKee Inc. of Maitland, which declared that between 1985 and 1990, a tide of saltwater had

swept in under the county from the coast and by 2005, would begin to threaten public water supplies in Sanford and elsewhere in the county.

The study declared a countywide water use of 28 million gallons per day would prevent the saline contamination of public wells but in 1991, the county was already consuming 52 mgd and by 2005, the county would use 85.4 mgd based on growth trends.

CDM recommended the county begin an "inverted" water rate system to discourage large-scale water consumption with higher rates and other conservation measures. Last year, commissioners adopted a slightly higher rate for residents who use more than 15,000 gallons per month of water.

But Monday, Barbara Vergara, director of the water district's

groundwater and technical data programs, said that much of the data in the CDM study was flawed. Vergara said CDM's sensitive electromagnetic tests which measured saltwater levels were polluted by underground pipes and overhead powerlines. Vergara said CDM had not reviewed district data which showed saltwater levels were not as high as CDM suggested.

"We had no data to document the movement of the saltwater interface suggested in the study," Vergara said.

"I'm concerned we didn't get much for our half a million bucks," said commissioner Larry Furlong.

"It raised a red flag," said Doug Munch, groundwater division director.

Vergara said when the water district sought to confirm the

findings, 63 of 143 tests performed for the county study had to be discarded. The results of the water district tests will be completed by the end of this year, Vergara said.

Vergara said district models show water consumption would increase to nearly 81 mgd by 2010 and nearly 345 mgd throughout Seminole, Orange and Volusia Counties. She said district models suggest wellwater levels could drop 25 to 30 feet along the northern Interstate 4 corridor and portions of south Seminole County and by 5 to 10 feet throughout much of the remainder of the county.

Vergara said the drop in wells could force the district to block new public water supplies and could have an impact on wetlands.

## Lake Mary cop charged with burglary is fired

By NICK PFEIFAUF  
Herald Staff Writer

LAKE MARY — Officer Rulon R. Romanowski has been terminated from the Lake Mary police force. Romanowski stands accused of armed burglary, connected with an incident on Aug. 24 at Home Depot in Lake Mary.

According to Police Chief Richard Beary, an administrative internal investigation determined that Romanowski violated two sections of the city of Lake Mary's personnel policy manual.

The specific sections are: Willful or gross neglect in the performance of assigned duties; and, Immoral, unlawful, or improper conduct or indecency, either on or off the job, which would tend to affect the employee's relationship with his/her job, his/her fellow workers, his/her reputation or goodwill in the community.

Beary said that due to the serious nature of the violations, he recommended the termination.

Yesterday, Beary said Romanowski failed to appear at a pre-termination hearing in front of City Manager John Litton. "Upon review of the administrative internal investigation," he said, "the city manager concurred with the immediate termination of Romanowski's employment."

On the night of Aug. 24, a deputy sheriff reportedly found Romanowski, in uniform, with a Lake Mary police vehicle, parked behind the Home Depot building.

According to Beary, "When the deputy went behind the store, he saw the trunk lid of the patrol car standing open, and saw a man, identified as Romanowski, coming out of the store carrying a box of computer paper and several other items."

According to the arrest report made at that time, items obtained as evidence include a case of assorted screws and bolts, various cartons of computer paper products and labels.

Romanowski has been a police officer in Lake Mary since April, 1989.

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Photography enlarged to show detail. All diamond weights are approximate. Quantities limited—quantity rights reserved.

## More county computer equipment is stolen

By NICK PFEIFAUF  
Herald Staff Writer

SANFORD — For the fourth time in a number of months, a computer related theft has been reported at Seminole County facilities. Sometime during this past weekend, an estimated \$16,872 in equipment was reported stolen from the County Services building on E. First Street.

According to Sanford police reports, items taken between 5:15 p.m. Friday, Sept. 10 and 7:50 a.m. Monday Sept. 13 include three computers, two keyboards, two printers, one monitor, and other computer related equipment and software.

Police reported no forced entry could be determined at room 3187 of the Graphic Arts Division department.

Seminole County Director of Central Services, Cindy Wright, said the earlier theft took place at the County Services facility during the July 4th weekend.

At that time, police reported two PC computers and two monitors, valued at approximately \$12,000, were stolen from a room in the Seminole County Property Appraiser's office. Those items have not been

recovered.

Also earlier this year, several more items were reportedly stolen from the main courthouse on North Park Avenue. Wright said computer diskettes were stolen, and three computer boxes were broken open with memory chips removed.

The Services Building has a full time contract with a security company which provides guards on a 24 hour basis. "But it's not an easy job to cover an entire 100,000 square-foot building all the time," Wright commented.

She reported the equipment stolen during this past weekend was used in the graphic department to support the Planning and Development requirements by creating such visuals as land use maps and other displays.

"We have this equipment covered under our insurance," Wright said, "but it may be several weeks before we get equipment to replace what was stolen."

Sanford police are conducting an investigation into the burglaries. "We have some ideas on this case," Police Commander Dennis Whitmore said, "but right now we are still working on it and can't release any information."

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# Clinton plan: universal communications link

By DIANE DUSTON  
Associated Press Writer

WASHINGTON — Imagine living at the beach and rarely visiting your big city job because the nation has been wired with a communications system that makes working from home as good as being in your office.

Telephone, television and computer companies have the vision and are working on the technology. A Clinton administration task force is being assigned to make sure all Americans share the experience as soon as possible.

The administration also sees development of a more advanced communications system as key to economic growth in the United States and essential in improving health care and education.

Vice President Al Gore and Commerce Secretary Ron Brown were releasing more details today.

An advance copy of their National Information Infrastructure Agenda for Action describes plans for a web of communications networks, computers, databases and consumer electronics that "will change forever the way people live, work and interact with each other."

People would be able to live almost anywhere they want and "telecommute" via the "electronic highways" of high-capacity cables hooked to computers and two-way television. They'd use wireless phones and computers to bounce messages off satellites from even the remotest mountain top to business clients.

In this grand scheme, students would use

similar devices to reach the best teachers and libraries. The latest information about health care and other crucial services would be available to patients from professionals at the press of a button.

President Clinton has established an "information infrastructure task force" of federal officials, headed by the commerce secretary, that will work with Congress and industry to build the network.

One of their jobs will be to assure that government operations and regulations are not hindering speedy private development of new communications systems and to direct government research and development that complements industry but has such long-term returns that businesses can't afford to do it.

The task force will be advised by a panel of 25

members from the private sector.

The task force's work is expected to lead to an overhaul of the Communications Act of 1934. It has been changed over the years by legislation addressing new technologies, but has its roots in the days when there was one telephone company and broadcasting was young.

The law's guiding principle has been "universal service" so all Americans, no matter how low their incomes, would have access to the information technology provided.

Broadcast news and entertainment was free. Telephone lines were installed in neighborhoods the phone company knew never would support the cost of service. But the law did not envision cable TV, computer databases, wireless telephones or videoconferencing.

## Ad campaign shelved after latest killing

By CATHERINE WILSON  
AP Business Writer

MIAMI — Florida tourism officials decided not to tempt fate.

About \$2 million in promotional advertising was pulled Tuesday hours after a British tourist was shot to death at a rest stop east of Tallahassee. Gary Colley was the second foreign visitor to be killed in Florida in a week and the ninth in a year.

"There's no point hunting if the ducks ain't flying. Why run ads when people aren't going to be coming?" said Bruce Turkel, whose agency has been chosen for Miami's next tourism promotion.

Greg Farmer, normally an irreplaceable booster for the Sunshine State as state commerce secretary, momentarily lost his positive outlook.

"I'm Florida's promotional marketer, and I always want to say the most positive thing possible," he said. "There's just nothing I can say."

He conceded a potential double-digit impact from the killings, noting one travel agent reported a 30 percent to 35 percent drop-off immediately after the killing of a German tourist in Miami in April.

"It's going to be just catastrophic," said Farmer, estimating the potential loss in Florida's \$31-billion-a-year tourist industry. "It could be in billions."

The impact so far is only anecdotal but noticeable. Three British women switched their itinerary to spend a week in Key West instead of Miami, and two Britons in Orlando are skipping the Miami leg of their visit, said Bryn Roden of American Connections, a Briton in Miami Beach who books Florida tours by Europeans.

But with 1.3 million tourists in Florida on any given day, little changes here and there add up.

"It's going to hit us like crazy. What can I say to those people, people who are frightened?" Roden asked. "They're going to go on vacation in Europe where they might get nugged or they might get robbed, but they're

### Toll-free information

TALLAHASSEE — The state Department of Commerce has set up a 24-hour, toll-free hotline with information for people planning to visit the Sunshine State.

By dialing 1-800-785-4453, callers from anywhere in the continental United States may ask for such information as where to visit, how to get there and where to stay, said operator Wesley Hall.

The operator also will provide some travel safety information over the phone and mail a complete brochure of travel tips if requested by callers, he said.

The line was established to provide information; it is not a rumor control line, he added.

not going to look down the barrel of a gun."

A news conference with Gov. Lawton Chiles and Farmer hours after the highway rest stop killing had a telephone connection with reporters in England, Germany and Canada — the big three foreign draws for Florida.

"I have a credibility problem internationally because of the headlines that appear there," Farmer said. "It's Murphy's law," alluding to the premise, "Anything that can go wrong will go wrong."

But Ady Milman, director of the Institute for Tourism Studies at the University of Central Florida in Orlando, doubts crime will have a long-term impact on Florida tourism.

Exchange rates, vacation value, climate and the psychological impact of getting away from it all play roles in vacation decisions.

"If you think about the human psyche, there are a lot of variables. Crime is one of them," he said. "Each individual is doing his or her cost-and-benefit analysis."

The latest killings came as Florida was recovering from a two-year recession downturn.

Overseas travel has been booming, with visitation up 21 percent in the first quarter. One thing working in Florida's favor is the traditional end of the European travel season in October. The state's high-season is winter, but the crowds are dominated by sun-starved U.S. and Canadian visitors.

## Survey says sharp racial disparity in infant deaths

By CASSANDRA BURRELL  
Associated Press Writer

WASHINGTON — Infant mortality hit an all-time low last year, but the rate among black infants was still double that of whites, the government said today in its annual survey of the nation's health.

Americans also are cutting back on smoking and cholesterol and reducing chronic diseases and premature deaths, the Department of Health and Human Services reported in the survey, "Health, United States, 1992."

But no progress is being made in reducing homicide rates, increasing prenatal care for many women and preventing low birth weight, especially among black infants.

The 390-page survey included a separate report, "Healthy People 2000," the first evaluation of the national effort to meet 300 health goals by the year 2000. Those goals include increasing the healthy life span, reducing disparities in health care among racial and ethnic groups and making preventive care available to all Americans by the end of the century.

The mixed findings underscore the pressing need for health care reform. Health and Human Services Secretary Donna Shalala said in a statement accompanying the survey.

"Many Americans can't afford or can't obtain the care they need to prevent illness and maintain good health," she said. "It's unfair to our citizens, and unwise as a nation, to fail to deliver basic services because of an individual's ability to pay or a family's health insurance coverage."

Among the survey's most positive findings was that the overall infant mortality rate fell to a record low of 8.5 per 1,000 live births in 1992. Preliminary statistics show the rate declined 4 percent from 1991's rate — 8.9 deaths per 1,000 live births.

The 1992 number also represents a dramatic decline since 1970, when there were 20 deaths per 1,000 live births, the department said.

But a striking disparity persists between blacks and whites.

In 1990 — the latest year for which comparative figures were available — the infant mortality rate for whites was 7.7 per 1,000 live births. For blacks, it was 17 per 1,000 live births. The overall rate was 9.1.

Noting that low birth weight is the most significant factor in infant mortality, the survey said there was an 18 percent rise in very low birth weight among black infants, compared with a 6 percent rise for white infants, between 1980 and 1990.

"The rise in very low birth weight infants parallels the increase in preterm births (less than 37 weeks gestation) over the past decade as well as the continued rise in births to unmarried mothers and the recent jump in teen births," the health department said.

In another report underscoring racial disparities, the Census Bureau reported today that even though the proportion of black Americans getting college degrees increased during the 1980s, blacks still receive lower pay than white graduates for doing essentially the same jobs.



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# Anderson cuts through fog, field for 11th Late Model victory

By **FRANK MARZOLLA**  
Special to the Herald

NEW SMYRNA BEACH — The fog was Wayne Anderson's only adversary in the Late Model feature Saturday at New Smyrna Speedway.

Anderson, who started the race from the 11th position, took the lead on lap six and never looked back as he cruised to his 11th win of the season.

"The fog was heavy at times and you lost some visibility," said Anderson, the current Florida Association of Stock Car Automobile Racing (FASCAR) Late Model points leader. "But the more green laps we raced, the fog started to lift.

"Since we started near the back of the pack, I decided to just ride the race out and see what happened. Things really went out way, though. We ran on used tires and could run the outside groove. The car was excellent and the rest is history."

Trailing Anderson across the finish line were John Kennedy, Ricky Woods, Chuck Abell, and Russ Whitaker.

"We probably had the winning car tonight," said Kennedy. "We were running out front until I got spun out. On the restart, I gunned the motor and broke a rocker arm. So I'm happy to finish second with only seven cylinders working."

Mike Fitch dominated action in the Modified division to pick up his second consecutive victory. A defending FASCAR Modified champion, Fitch led Gary Salvatore, Danny Keinitz, Joe Middleton, and Ted Head to victory lane.

In a hard-fought battle for the lead, Dale Howard edged Barbara Pierce by less than a car length to win the Sportman main event. Following the lead duo were Pat McClain, Art Chapman, and Jim Sharp.

Bobby Sears led every circuit to win the Mini Stock feature. Ted Vulpius was second with Jerry Symons, Conrad Grenier, and J.D. Duncan rounding out the top five.

Jacob Warren held off a hard-charging Michael Williams as he notched his 25th Limited Late Model feature victory of the season. The rest of the top five was filled by Keith Baiga, Danny Bancroft, and Doug Pilla.

Wally Semrow continued his winning ways in Bomber action, handily winning his 23rd feature of the season. Gary Frosh took second in front of Mike Trocki, Glen Cordell, and Bobby Stevens.

Chuck Viola finished first in the Run-About-Classic, Danny Smith won the Four-Cylinder Enduro, and Robert Whitley took the checkers in the Demolition Derby.

## Chase

**Continued from 1B**

Pest Control, the Orphans and Florida Manor are all 0-1.

Next week, Gager Pest Control takes on Monroe Harbour at 6:30 p.m.; Discount Propane faces the Orphans at 7:30 p.m.; and Ken Rummel Chevrolet plays Florida Manor at 8:30 p.m. Whelchel & Howard has the week off.

Pacing Discount Propane were Shawn Grimes (double, single, run, two RBI), Paul Ingamella (two singles, run, RBI), Chris Grissom and Rodney Stogsdill (two singles and one run each), Richie McCormick (single, run, RBI), Boggs (single, two RBI), Roger Kinnaird (single, RBI), Broderick and Steve Manke (one single and one run each) and Manny Silvia and Bill Marino (one single each).

Doing the hitting for Gager Pest Control were Donnie McCoy (two singles) and Wayne Walker, Rich Heminger, Ron Cardell and John Kremer (one single each).

Contributing to the Ken Rummel attack were Woodley (double, two singles, two runs, two RBI), Jeff Bergman (two singles, two RBI), Cary Keefer (two singles, run), Brian Curtis

(double, run, RBI), Mark Aten (single, run, two RBI), Joe Irvin (single, run, RBI), Terrell Ervin (single, two runs), David Goldstick (single, run) and Scott Murphy (single, RBI).

Providing the offense for the Orphans were Bill Zaladonis (two singles, run), Chuck Corretto, Don Baldwin and Ruben Garcia (one single and one run each), Todd Pagel and Buddy Lennon (one single and one RBI each), Dave Coas and J.J. Jiles (one single each) and Duke Ferrato (RBI).

Doing the damage for Monroe Harbour were Danny McGinty (two singles, four RBI), Joel Lipscomb (two singles), Pete Harrison (triple, two runs, RBI), Robert Stevens (double, two runs), Dale Peters (single, run, RBI), Mike Merthie (single, RBI), Sonny Eubanks (single), Ned Raines (two runs) and Sam Raines (run).

Whelchel & Howard was led by Denny Clayton (two singles, run, RBI), James Thompson and Chris Wargo (one single and one RBI each), Jim Davis, Craig Tossai and Duane Lee (one single each) and Vincent Howard and Brian Sprinkle (one run each).

## Rams

**Continued from 1B**

expected to win and we come walking in a little too relaxed. If the kids relax just enough, they lose the edge. That's the difference between winning and losing."

Seminole was ready and willing to take advantage of any miscue by the Rams, breaking away from a 5-4 lead to go up 12-5 and 13-7 in the first game. A three-point service run by Joyia Capo helped the Rams close to 13-11 before a block by Jasewic got the serve back for the Tribe.

Aubrey Nelson found the floor with a dink to give Seminole a 14-11 edge. But with Jasewic serving for the game point, Jennifer Grelasing came up with a kill to get the ball back for the Rams. Grelasing then served five consecutive points to pull out the win for Lake Mary.

## Orlando

**Continued from 1B**

were hurt. Sheet metal was just flying everywhere."

Before Friday's accident, three classes were able to complete their feature events.

In the Late Model main event, Scott Bramlett took advantage of a tangle between leaders Jim Crowe and Wayne Anderson to earn his second victory of the year. Crowe and Anderson blasted back through the field to finish second and third, respectively, over Don Fenn and Ricky Wood.

The 30-lap "Red Tag" race for Bombers was a runaway for Mike Hughes, who notched his eighth win of the points season. Completing the top five were, in order of finish, Wally Semrow, Bob Pilliger, John Mitchell Jr., and Bobby Stevens.

Bobby Sears again outclassed the Mini Stock field as he posted his ninth straight win and 21st of the season.

## Earnhardt maintains hold on points lead

**Associated Press**

DAYTONA BEACH — Dale Earnhardt lost 20 points this weekend but remains far out in front in the chase for the \$1.5 million NASCAR Winston Cup stock car racing national championship.

Earnhardt finished fourth to winner Rusty Wallace in Saturday night's Miller 400 at Richmond, Va. Still, Wallace trails Earnhardt by 284 points, 3,544-3,260.

By finishing seventh or better in each of the remaining seven races of the \$28.5 million season, the Kannapolis, N.C., native would capture his sixth national title, regardless of what anyone else can do.

"There's a difference between 'comfortable' and 'locked up.' Right now, I'd just call it 'comfortable,'" said Earnhardt, who ranks second only to Richard Petty's seven national championships.

"We're going to keep doing what we've been doing and trying to win races. You win races and the points take care of themselves," Earnhardt said.

Mark Martin ranks third in the cup standings with 3,227 points. Daytona 500 winner Dale Jarrett is fourth with 3,108, followed by Morgan Shepherd, 3,011; Kyle Petty, 2,870; Ken Schrader, 2,851; Bill Elliott, 2,780; rookie leader Jeff Gordon, 2,762; and Ernie Ivan, 2,752.

The series next heads to Dover Downs International Speedway in Delaware.

## Pinehurst

**Continued from 1B**

attack were Lori Poe and Barb Martin (two singles and one run each), Hornack (two singles, two RBI), Pinck (double, run) and Ann Lanza, Carol Cranick and Chris Tipton (one single each).

Doing the hitting for Hopkins were Shelly Waters and Terri Hirt (two singles each), Nora Lisay (double) and Jamie Hart, Cindy Perry, Katy Barbour, Renee Lanza and Joy Weaver (one single each).

Lake Monroe Inn scored four runs in the top of the fourth inning to take a 5-4 lead, but Hungry Howies/Crazy Wings came right back with six runs in the bottom of the fourth inning to reassume the lead for good.

Doing the damage for Hungry Howies/Crazy Wings were Tina Lemar (triple, two singles, run, three RBI), Carol Dick (three singles, three runs), Paula Songer (double, single, two runs, RBI), Lori Towns (two singles, two runs, two RBI), Jennifer Forston and Sue Mangham (two singles and one run each), Karen Louwama (single, run, RBI), Belinda Anderson (single, run) and Joany Luisaer (RBI).

Providing the offense for Lake Monroe Inn were Jamie Jones (three singles, RBI), Poe (double, single, run, RBI), Hornack (two singles, two runs, two RBI), Martin (two singles, run, RBI), Cranick (two singles, run), Julie Albertson (two singles, RBI), Sue Bagley and Dino Wilson (one single, one run and one RBI each), Tipton (single, run) and Pinck (RBI).

Myers had its way in the final game, exploding for eight runs in the second inning and six more in the third to end the game early.

Contributing to the Myers offense were Lynn Pell (three singles, run), Cindy Campbell (triple, single, two runs, RBI), Debbie Riley (two doubles, two runs, three RBI), Mary Wilson (double, single, run, three RBI), Linda Kenny (two singles, two runs, two RBI) and Alex Balogh (two singles, two RBI).

Also contributing were Robin Baggett and Dolores Gallo (one double and two runs each), Lisa Clark (single, two runs, RBI) and Jane White (single, run).

Julie Knecht had the only hit, a single, for Investex.

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165R15 - \$43	205/80R15-968	215/90R15-877	225/60R15-879	225/70R15-874	225/70R15-899
175/70R13-\$43	215/90R15-873	225/60R15-878	225/70R15-874	225/70R15-897	225/70R15-898
185/70R13-\$44	225/60R15-878	225/70R15-874	225/70R15-897	225/70R15-898	225/70R15-899
185/70R14-\$46	225/60R15-879	225/70R15-874	225/70R15-897	225/70R15-898	225/70R15-899
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# People

## IN BRIEF

### Bromeliad show set

**SANFORD** — The Seminole Bromeliad Society is presenting its first bromeliad show Sept. 18-19 at the Seminole County Agricultural Center Auditorium, Hwy 17-92, across from Flea World. Show hours are 9 a.m. to 6 p.m. both days. Admission is free. The public is invited to enter bromeliads, either blooming or non-blooming, and/or artistic arrangements using this interesting family of plants, in the competitive show. For information call 333-0445.

### AARP to meet Monday

**WINTER SPRINGS** — The AARP Winter Springs Chapter will meet Monday, Sept. 20, at 12:30 at the Winter Springs Civic Center, 400 N. Edgemon Ave. A Fall Season Kick-Off Pot Luck lunch will be held. Guests and potential members are welcome. Participants are asked to bring a salad, hot dish or dessert to serve four people. Details about the new chapter may be obtained from Marian Dolin at 327-7334 or Ernie Battee, president, at 686-1182.

### Weight Watchers meet on Thursdays

A local chapter of Weight Watchers meets at the Lake Mary Community Building every Thursday from 4:45 to 6:45 p.m.

### Omni Toastmasters gather

The Omni Toastmasters Club will gather at 5:30 p.m. every Thursday at the Old Lake Mary City Hall, 158 Country Club Road, Lake Mary. Call Sam Ryan at 671-2856 for more information.

### Hollywood East clogging classes

Hollywood East Dancers conduct clogging classes every Thursday. Beginners from 6:30 to 7:30 p.m. and intermediate from 7:30 to 8:30, at Melodee Skating Rink, W. 25th Street near Airport Boulevard in Sanford.

The cost is \$3 per class, ages 5 and up. Parents free with paying child. For information, call Marty at 323-5761 or Dawn, 904-735-0270.

### East-West Kiwanis Club meets Thursday

East-West Kiwanis Club of Sanford meets every Thursday at 7 p.m., at the Friendship & Union Lodge building, corner of Locust Avenue and Seventh Street. Visiting Kiwanians are welcome. For information, call Robert Whittaker, president, 899-8042.

### Help for child support enforcement

Association for Children for Enforcement of Support, ACES, will meet the third Thursday each month, 7 p.m. at the Seminole County Library, Casselberry branch, S.R. 436 and Oxford Road. Meetings are free. Call 886-1720 or 324-8855 for more information.

### Camera club sets meetings

The **Seminole Lake Mary Camera Club** holds the second Wednesday every month in Old Lake Mary City Hall, 158 N. Country Club Rd., at 7:30 p.m. For more information, call Grace at 321-4723 or Sel at 323-8991.

### Nar-Anon to meet

Nar-Anon meets every Wednesday at 8 p.m. at West Lake Hospital, 599 West State Road 434, Longwood. Nar-Anon is a support group open to families and friends of addicts. Daily living with an addict is more turmoil than you can handle by yourself. Join for support in coping with your addict; gain serenity to make decisions and put your life back in focus. Call 260-1900 for more information.

## Cook of the Week

Percy White is 'chief cook and bottle washer' in the house



**COOK OF THE WEEK**

**RENEE KEITH**



Herald photo by Renee Keith

Percy White mixes up a special surprise for his wife.

A legend in his own time is how best describes Cook of the Week Percy White. His ambition and accomplishments to most would be mind-boggling. However, to White, his life experiences have been a learning pleasure. And at 89 years young, he has many to share.

White spent the first 23 years of his life on the family farm in Massachusetts. He continued farming for the next 13 years with his wife, Marion. "He did the farming," says Marion. "I took care of the house and the children," she continued. White got away from farming and went to work for Sears learning a trade in floor covering. "They put me through school and everything," said White. He worked for Sears for seven years and decided to go into business for himself and remained self-employed until his retirement.

With his strong civic allegiance White decided to apply himself to the political arena. He was the mayor of Longwood in 1967; chairman of the commission in 1968 and 1969; and the president of the Tourist Club in 1981 and 1982. This list names only a few of the committees and clubs of which White was a member.

All-in-all, Percy White has seen and accomplished much in his life. But the greatest joy and by today's standards, greatest accomplishment, is his 68-year marriage to Marion. As White said, "I'm the chief cook and bottle washer around here." But he's not complaining. White enjoys cooking. That's not to say that Marion doesn't, however, a recent fall has rendered her with a broken shoulder. So, during her convalescence, their efforts in the kitchen are nothing short of teamwork.

The Whites have one daughter, Joyce Sammet, who lives with her husband, Charles, in Lake Mary. They also have two grandchildren and two great-grandchildren. To simply say they're proud of their family would be too mild a term especially when one sees how they both light up just talking about their family.

White's cooking comes with years of experience and that little bit of "extra" touch he adds to enhance the flavor of his recipes. New England Boiled Dinner is worth the cooking time that's required for this meal. And when it's done, as White puts it, "It is really good." His Baked Beans have been a longstanding request. Having

people over, going on a picnic, or wanting to prepare something that tastes great to take to a function, White knows without a doubt his recipe for baked beans will always be a winner.

### BEAN RICE SOUP

1-1/2 lbs. of pea beans  
1/2 cup rice, uncooked  
1 cup elbow macaroni, uncooked  
1/2 lb. pork, sliced, but only half way through

Soak beans overnight. Cook beans, rice and macaroni in large pot covered with water. Lay pork across the top of soup. Cook until rice and macaroni are done.

### NEW ENGLAND BOILED DINNER

(Approx. cooking time — 4-4 1/2 hours)

4 lbs. corned beef brisket  
1 rutabaga  
10 carrots  
1 small head of cabbage, quartered  
1 can beets  
6-8 potatoes, pared  
2 medium onions, quartered  
Boil brisket on slow heat for 2 hours. Add rutabaga and cook another hour. Add carrots and cook additional 1/2 hour. Then add onions and potatoes and cook another 1/2 hour. Lay cab-

bage on top and continue cooking until cabbage is tender.

### BAKED BEANS

2 lbs. yellow eye beans  
1/2 cup brown sugar, packed  
1/2 cup molasses  
1 tsp. dry mustard  
1 small onion  
1/2 lb. pork, cut up  
Soak beans overnight. In large casserole dish put all ingredients together and mix well. Cover with water and place pork pieces in center. Bake for four hours at 350° F. Continue to add water as needed to keep beans moist.

### MOLASSES COOKIES

1/2 cup butter or margarine  
1 1/2 cups flour

1/4 cup molasses  
1/4 cup sugar  
1/2 tsp. salt  
1 egg  
1/2 tsp. baking soda  
Blend butter and sugar. Add eggs and molasses. Blend dry ingredients and gradually mix thoroughly. Drop from teaspoon onto greased cookie sheet. (Optional: sprinkle with sugar if desired.) Bake at 350° F. for 8 to 10 minutes.

(Renee Keith is a Sanford Herald correspondent and Cook of the Week columnist. Please submit nominations for the weekly feature to 321-8748.)

## Micro-cooking sweets for a quick, easy snack

Bar-type cookies are a microwaving specialty. Most recipes can be micro-baked in less time than it takes to preheat a conventional oven. For lunch boxes, cut bars in generous pieces. Cut smaller pieces for gift giving or an assorted cookies tray.

Tip: If using an 8x8-inch square glass or microwave baking dish, shield the corners with foil during the first half of microwaving if the cookies tend to overbake in your oven.

A good cookie for the lunch box without the frosting.

### BLONDE BROWNIES

1/2 cup butter or margarine  
1/4 cup packed brown sugar  
2 eggs  
1/2 cup all-purpose flour  
1/2 tsp. baking powder  
1/2 tsp. vanilla  
1/2 tsp. salt  
1/4 cup chopped nuts  
1/2 cup chocolate chips, divided

Microwave butter in mixing bowl on 100 percent power 45 seconds or until melted. Stir in sugar thoroughly. Stir in remaining ingredients except chips. Spread in 8x8- or 10x8-inch baking dish. Sprinkle with 1/4 cup chocolate chips (shield corners of dish with triangle of foil).

Place dish on inverted saucer in microwave oven. Microwave on 100 percent power 4 minutes. Sprinkle with 1/4 chips. Microwave (100 percent) 1-3 minutes. Cool directly on countertop 30 minutes. When cool, sprinkle with confectioners sugar or frost with Browned Butter Frosting.



**MICROWAVE MAGIC**

**MIDGE MYCOFF**

smooth. Pour batter into oiled 8x8-inch baking dish. Place on inverted saucer in microwave oven. Microwave on 100 percent power 8-9 minutes. Allow to stand on countertop to cool.

### Frosting:

1/4 cup butter or margarine  
1 (3 oz.) package cream cheese  
1 1/2 cups confectioner's sugar  
1 tsp. vanilla  
Cream butter and cream cheese in food processor. Add confectioner's sugar and vanilla. Combine until smooth. Spread on cooled carrot cake and cut into 12 bars.

### Frosting:

3 Tbsp. butter  
2 cups confectioner's sugar  
1-2 Tbsp. cream or milk  
1/2 tsp. vanilla

Frosts tops of 2 layers, 12x8-inch cake, 24 cupcakes or 3 dozen cookies.

Microwave butter in mixing bowl on 100 percent power 3-5 minutes or until browned watching closely after 3 minutes. Stir in sugar. Blend in cream and vanilla. Beat until smooth and of spreading consistency, adding a few drops of cream if needed.

If you like carrot cake you'll want to try this bar recipe.

### CARROT BARS

1 cup sugar  
1 cup flour  
1 tsp. baking powder  
1/2 tsp. soda  
2 tsp. cinnamon  
1/4 tsp. ground ginger  
1/2 cup oil  
2 eggs, beaten  
1 (7 1/2 oz.) jar baby food carrots  
1 tsp. vanilla

Mix all dry ingredients together. Combine other ingredients. Add liquid ingredients to dry ingredients. Stir until

This recipe is a favorite of mine to prepare when I need something quick for a cookie tray assortment.

### RASPBERRY BARS

1/4 cup butter  
1 cup light brown sugar  
1 1/2 cups flour  
1 tsp. salt  
1/2 tsp. soda  
1 1/2 cups quick cooking oats, uncooked  
1 (12 oz.) jar red raspberry jam (seedless)

Confectioner's sugar, to garnish

Cream butter and sugar until light and fluffy. Add combined dry ingredients. Mix well. Press 1/2 of mixture into greased 8x11-inch baking dish. Place dish on inverted saucer in micro-oven. Microwave on 100 percent power 2 minutes. Spread jam on crust. Sprinkle with remaining crumb mixture. Microwave 5-6 minutes on 100 percent. Cool. Cut into bars. Garnish with confectioner's sugar. Makes 24 bars.

Channel	Time	Program	Channel	Time	Program	Channel	Time	Program	Channel	Time	Program
2	7:00	News	2	7:30	News	2	8:00	News	2	8:30	News
2	9:00	100th Anniversary	2	9:30	100th Anniversary	2	10:00	100th Anniversary	2	10:30	100th Anniversary
2	11:00	100th Anniversary	2	11:30	100th Anniversary	2	12:00	100th Anniversary	2	12:30	100th Anniversary
2	1:00	100th Anniversary	2	1:30	100th Anniversary	2	2:00	100th Anniversary	2	2:30	100th Anniversary
2	3:00	100th Anniversary	2	3:30	100th Anniversary	2	4:00	100th Anniversary	2	4:30	100th Anniversary
2	5:00	100th Anniversary	2	5:30	100th Anniversary	2	6:00	100th Anniversary	2	6:30	100th Anniversary
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Photo by Paul O. Boisvert for New England Culinary Institute

Shrimp Kabobs will show the cook's really on the stick.

## Out of the pan and over the fire

By MARIALISA CALTA

About the only bad thing I can say about Vermont is that it has no seacoast. Sure, we have Lake Champlain -- and it IS beautiful -- but, having spent a good deal of time on or near the ocean (the Jersey shore, Rhode Island, the Pacific Northwest) the lack of salt water is a severe disappointment. And culinarily speaking, this translates into a disappointing lack of great seafood. Sure, we catch bass and perch in the local ponds but, let's face it, it's not the same as a hunk of swordfish or a basket of mussels.

In fact, my fish consumption since moving here has decreased dramatically, and I'm making efforts to turn that around. Fortunately, there are several good seafood outlets in the area; my only problem is getting my kids to eat fish. Grilling fish is one way to get them interested: Maybe it's because kids are just fascinated by cooking over fire, or maybe it's because nearly everything tastes better when it's cooked outdoors.

And at this time of year, I like grilling because it helps me feel like I'm prolonging summer. Whatever the reason, here are some recipes that have helped put a taste of the sea back in my life.

### SHRIMP KABOBS

**Marinade:**  
 1 cup oil (2/3 cup vegetable oil plus 1/3 cup olive oil)  
 1/3 cup white wine vinegar  
 5 black peppercorns, crushed  
 1 bay leaf  
 4 sprigs fresh tarragon, or 1 1/2 teaspoons dried  
 1 1/2 teaspoons salt  
 1 lime  
 1 lemon  
**Kabobs:**  
 8 large domestic mushrooms  
 16 medium shrimp  
 1/2 pineapple cut into 16 chunks  
 2 green peppers, cut into 16 pieces  
 8 small red potatoes  
 2 red onions, each cut into eighths

**Make marinade:** In a large, nonaluminum pan large enough to hold all the kabob ingredients, mix together the oil, vinegar, peppercorns, bay leaf, tarragon and salt. Squeeze the lemon and lime and add both juice and skins to the marinade. Place kabob ingredients in pan and cover with plastic wrap and refrigerate 3-4 hours or overnight. Turn occasionally to make sure all sides are well-coated. At the same time, put 8 bamboo skewers in water to soak.

Preheat grill.  
 Assemble kabobs: On each skewer place 1 mushroom, 2 shrimp, 2 chunks pineapple, 2 pieces green pepper, 1 potato and 2 pieces onion.

Place kabobs on grill and cook until done to taste.

You can serve these kabobs with "Fiesta Rice": rice cooked in pineapple juice, flavored with shallots and garlic, and garnished with diced red pepper and zucchini.

Yield: 4 servings (2 skewers per serving).

Recipe developed by Kevin Sweet, student, New England Culinary Institute, Essex, Vt.

### GRILLED COHO SALMON WITH BASIL BEURRE BLANC

4 pan-dressed coho salmon, about 12 ounces each  
 olive oil for coating  
 1/4 cup dry white wine  
 2 shallots, minced  
 1/4 cup packed fresh basil leaves, plus a few more leaves

for garnish

1/4 cup plain yogurt  
 4 tablespoons chilled butter, cut into small pieces  
 lemon wedges, for garnish  
 Light a charcoal fire in an open grill. While the coals are heating, place the fish in a shallow, nonaluminum pan and coat all over with olive oil. Let fish sit at room temperature until the coals are hot, about 30 minutes.

About 15 minutes before grilling the fish, make the beurre blanc: Place wine and shallots in a small, nonaluminum pot. Cook and stir the mixture over medium-low heat until the liquid has almost completely evaporated; watch carefully to make sure it does not scorch. Remove the mixture from the heat and let it cool for about 3 minutes.

Meanwhile, place the basil and yogurt in a blender and puree until very smooth. Transfer the puree to a small bowl.

Using a small whisk, beat the butter 1 or 2 pieces at a time into the reduced wine-and-shallot mixture, to make a thick sauce. Whisk in the basil-yogurt puree. Set bowl in a larger pan of barely hot water to keep everything slightly warm.

When the coals are hot, scrub the hot cooking rack with a grill brush and spray it with oil. Place the salmon on the grill and cook for 3-4 minutes on each side, or until done to taste. (Flesh should be opaque throughout.) Transfer from the grill to a plate. Divide the sauce evenly among 4 heated plates. Place one piece salmon on each pool of sauce. Garnish with basil leaves and lemon wedges and serve at once.

Yield: 4 servings.  
 Recipe from "Seafood on the Grill," by David Barich and Thomas Ingalls (HarperPerennial, 1993).

### SWORDFISH WITH CAPERS, PARSLEY AND OREGANO

2 pounds swordfish, cut into steaks  
 1/4 cup extra-virgin olive oil  
 juice of 2 lemons  
 3 tablespoons chopped fresh oregano  
 3 tablespoons chopped fresh Italian parsley

1 tablespoon capers  
 Heat a charcoal or gas grill until hot. Place the swordfish in a nonaluminum pan large enough to hold it in one layer. Pour the oil and lemon juice over the fish, and sprinkle with chopped herbs and capers. Set the fish aside for 5-10 minutes to absorb the flavors.

Place the fish on the grill or under the broiler and cook, turning once, until done to taste, approximately 10 minutes per inch of thickness. Serve immediately.

Yield: 4 servings.  
 Recipe from "Cucina del Mare," by Evan Kleiman (William Morrow, 1993).

### GRILLED MUSSELS

2 pounds fresh mussels  
 1/4 cup melted butter  
 lemon wedges

Preheat grill.  
 Check all mussels to make sure they are closed or stay closed after their shells are tapped. Those that remain open are dead -- discard them.

Just before cooking, clean all mussels under running cold water. Use a clean kitchen towel to help pull off the byssal threads or "beard."

Place on grill. Cook until mussels open; 4-5 minutes should do the trick.

Serve at once with melted butter and lemon wedges.

Yield: 2 servings as main dish or 4 as appetizer.

This is the way I was taught to cook mussels on the beach.

## Woman ready for next move up

**DEAR ABBY:** Carl and I met five years ago. I moved in after a year and a half. He felt that I was too fat because I was 10 pounds overweight. I disappointed him because I never got my weight down from 128 to 118. (I'm 5 foot 6.) So I moved out (my choice). After a couple of days of living alone, he begged me to come back and I moved back in.

About nine months later I moved out. Again, it was my choice. He did not want to marry me and I wanted to begin to plan my future. I stayed away about a month during which he was pleading with me to come back and promising he would change. When I went to pick up my furniture, he cried and told me he couldn't live without me -- he wanted to get married. I moved back in and we became engaged. He wanted to get married immediately, but I insisted that we wait. Which brings us to today:

We went out with another couple last Saturday night and wound up getting into an argument. He felt I wasn't paying enough attention to him. (I was laughing a lot with my girlfriend.) When we got home, he wouldn't speak to me for two days.

The wedding is a week away, and now he is saying that the



ADVICE

ABIGAIL VAN BUREN

wedding is off because I don't love him enough!

I am 27, never married, have a college degree and a steady job, and am considered attractive. He is 31, married once at 21, no kids. Am I crazy for still wanting to marry him? He can be generous, sweet and loving.

**CRAZY IN LOVE**  
**DEAR CRAZY:** Rejoice, my dear, and move along (your choice), because now you know for certain that this man does not want to marry you. Find a man who is generous, sweet, loving, less critical -- and marriage-minded.

**DEAR ABBY:** I am 28 years old and am engaged to marry a wonderful man. When making out our guest list, I have run into a dilemma that I'm hoping you (or perhaps a reader who has solved this problem) can help me with.

I grew up in a home with an abusive mother and an absent father. At the age of 16, I began to have suicidal thoughts and was placed under the care of a psychiatrist. Through countless hours of therapy (years, actually) my doctor gave me his listening ear and caring heart. He has helped me deal with the turmoil of my upbringing and gave me the "tools" with which I was able to forgive my mother before her recent death.

In short, my psychiatrist turned a severely depressed and confused young girl into a confident and happy woman.

My question: Would it be appropriate to invite him and his wife to my wedding? I am planning a large informal wedding, and requesting that no one bring gifts. My doctor knows some of the other guests socially, so he and his wife would be comfortable.

A close friend told me that it would be inappropriate to invite my doctor. What do you think?  
**HAPPY BRIDE-TO-BE**

**DEAR HAPPY:** I think you should invite your doctor and his wife to join the celebration of this important milestone in your life. It is fitting that after sharing your grief and your sorrow, he should be invited to share in the

happiness that he has helped to bring you. But don't be hurt or offended if he declines. Not all psychiatrists accept social invitations from former patients.

**DEAR ABBY:** I have a good friend whose husband was a multi-millionaire, but due to recent business reversals, he has fallen on hard times.

My friend has offered to sell me some of her jewelry. I won some very fine jewelry, and I don't really need any more, but she said she desperately needs the cash right now, and I can well afford it.

I'm torn. I wonder how I would feel wearing a diamond bracelet or an emerald ring knowing it must have pained my friend to part with it.

Perhaps someone who has been in my position will write with some helpful advice because I am stumped. Please do not indicate the city from which this came.

**FRANKLY STUMPED**

**DEAR STUMPED:** You are to be commended for your sensitivity. If wearing your friend's jewelry would make you feel uncomfortable (or sad) because you came by it due to her misfortune, perhaps you could buy it as an investment and not wear it.

## We've Been Sprucing Up!



At Food Lion, we've been working extra hard to spruce up our stores. We've been polishing every fixture, shelf, rack, and floor in every one of our stores, including the one near you. We've even changed our uniforms so we look our best. And behind all the sparkle is the Food Lion guarantee -- the quality you can trust, and the Extra Low Prices you deserve. The members of the Food Lion family hope you'll come by for a visit.

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Ground Beef

99¢

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79¢ Ea.

2 Liter Coke All Flavors

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Sanford Herald

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CADILLAC, extended Fleetwood, 1971, 1 owner, 47K, garaged. Minit 12, \$200, 222-8600

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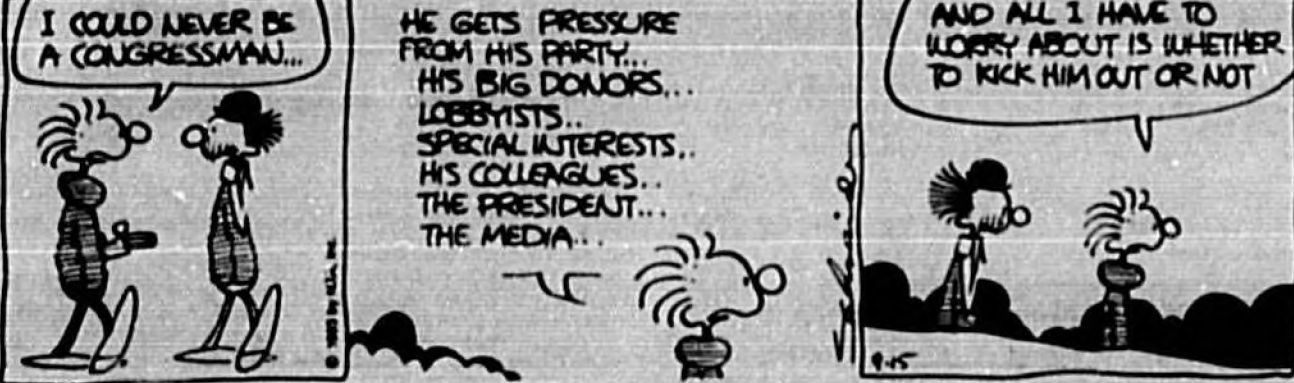
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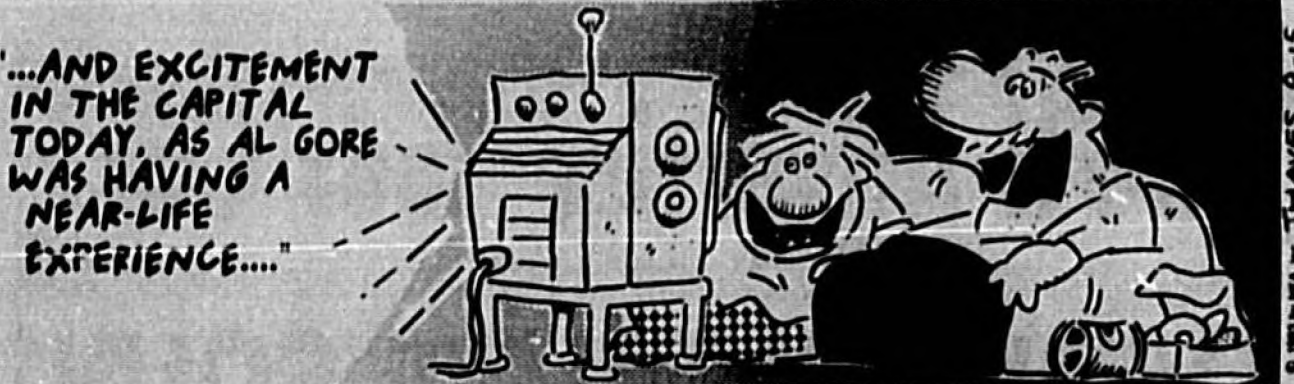
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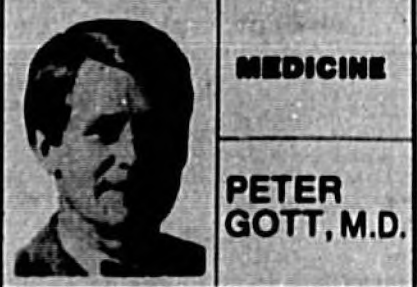
by Jim Davis

**ROBOTMAN**



by Jim Meddick

# Yeast infection: choosing medication



**MEDICINE**  
**PETER GOTT, M.D.**

**DEAR DR. GOTT:** I'm constantly hearing about yeast infections and the medications that are available to treat them. Just what is a yeast infection?

**\$1.25 plus a long, self-addressed, stamped envelope to P.O. Box 2433, New York, NY 10163. Be sure to mention the title.**

**DEAR READER:** As well as having harmless bacteria in and on our bodies, we also harbor yeasts. Common locations for both types of microorganism are the intestine, the mouth, the vagina and the skin.

Ordinarily, the yeasts and bacteria live in symbiosis, meaning that they don't bother each other -- they exist in a balance -- and we hardly know they're there.

On occasion, however, this balance may be upset -- by antibiotics, fever, stress and a host of other factors. Then either the yeasts or the bacteria multiply excessively to cause symptoms -- diarrhea, ulcerations, infection, vaginal discharge, or rash, depending on the location in (or on) the body. You're constantly hearing a lot about vaginal yeast infections because they are common in sexually active women and in females with diabetes and other ailments. In the past, anti-yeast drugs were available by prescription only.

Now, however, these products (such as Monistat and Gyne-Lotrimin) are available over the counter. Because the profits are substantial, the pharmaceutical companies are advertising heavily. The products are about equally effective in treating the discharge, burning, itching and swelling that characterize yeast vaginitis.

To give you more information, I am sending you a free copy of my Health Report "Vaginal Infections." Other readers who would like a copy should send

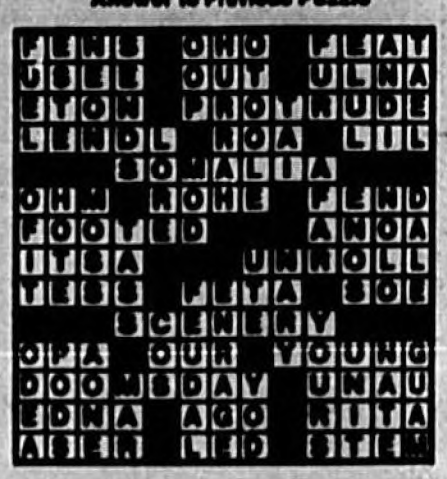
**ACROSS**

- 1 Nearrighted person
- 2 Ignite
- 6 Guardian
- 13 Spotted wildcat
- 14 Valuable fur
- 15 Humorous
- 16 Fold
- 17 Debris
- 18 Temporary shelter
- 19 Noah's boat
- 20 Alloy of gold and silver
- 24 Actress — Thompson
- 26 Arrow poison
- 27 Male
- 30 Al Capp character
- 32 Shamel
- 33 Eisenhower's nickname
- 34 Roman garments
- 35 Kind of curve

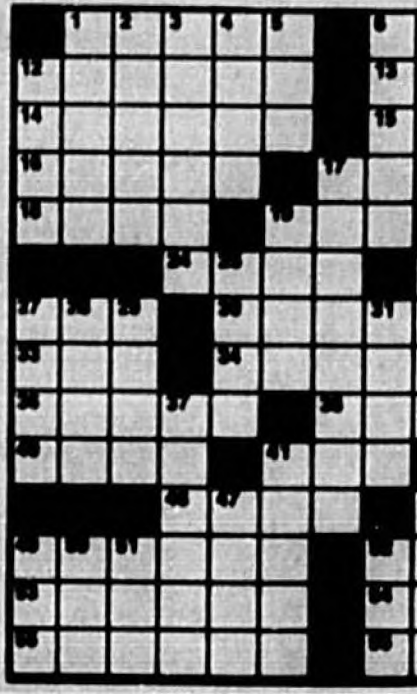
**DOWN**

- 36 Romulus' brother
- 38 Future attys.' exam
- 40 Aroma
- 41 Fixed charge
- 42 Floating device
- 46 Clothed
- 48 Actress — Thomas
- 49 Correct (sl.)
- 52 Show submissive respect
- 53 Actress — May
- 54 Partners
- 55 Yearned (sl.)
- 56 Positive words

**Answer to Previous Puzzle**



- 4 Enclosed
- 5 Before
- 6 Series starring Telly Savalas
- 7 Sacred image
- 8 Delicious beverage
- 9 Unclaimed mail dep.
- 10 — Alamo, N.M.
- 11 Summer (Fr.)
- 12 Retained
- 17 Tussled
- 19 Pulpit
- 21 Secure
- 22 Goddess of discord
- 23 Architect — van der Rohe
- 25 Floor covers
- 26 — Major
- 27 Spanish artist
- 28 Made do with
- 29 Verbs here
- 31 Make less difficult
- 37 Mischievous boy
- 39 Fishes with not
- 41 Got along
- 43 Band leader — Shaw
- 44 Chunks of ice
- 48 Havin
- 47 Unappreciated
- 48 Burrowing animal
- 49 Lock opener
- 50 Building cry
- 51 — Francis
- 52 Actress — Francie



## WIN AT BRIDGE

**By Phillip Alder**  
Promising young bridge players usually have egos that don't admit to the possibility of error. But courage at the table doesn't always match words away from it. To be successful at the game, you must have the courage of your convictions. If you think the cards lie in a particular way, go for it.

woefully short of dummy entries.  
Sementa started by calling for the spade 10. When East produced the king, declarer felt sure this was a singleton. Otherwise, why would East cover? So Sementa led a second spade and finessed dummy's eight.  
When that worked, declarer ruffed a low heart in hand, played a spade to dummy's queen and cashed the A-K of hearts. When West discarded, it was easy to ruff out the heart queen, cash the club ace, ruff a club to get back to dummy, and cash the two heart winners sitting there.  
Sementa's 12 tricks were five spades, four hearts, two clubs and a club ruff. He didn't need the lucky diamond position.  
The key point is that if South starts with dummy's spade queen instead of the 10, he cannot be so confident that East's king is a singleton.

**NORTH 9-15-93**  
♠ Q 10 8 6  
♥ A K J 10 8 4  
♦ 9 8  
♣ K

**WEST**  
♠ 9 4 3  
♥ 5 2  
♦ 5 2  
♣ Q 10 9 8 6 2

**EAST**  
♠ K  
♥ Q 9 7 6 3  
♦ A Q 10 8 4  
♣ 4 3

**SOUTH**  
♠ A J 7 5 3  
♥ ---  
♦ K J 7 3  
♣ A J 7 5

Vulnerable: Neither  
Dealer: West

South	West	North	East
1 ♠	Pass	1 ♥	Pass
4 ♣	Pass	3 ♠	Pass
6 ♣	Pass	4 ♥	Pass
		Pass	Pass

Opening lead: ♠ 10

## HOROSCOPE

**By Bernice Bede Osof YOUR BIRTHDAY Sept. 16, 1993**  
Because you've learned well some hard lessons from personal experience in the past, you'll know now how to avoid problems of this ilk in the year ahead.  
**LIBRA** (Sept. 23-Oct. 23) If you're too focused on your own self-interests today, it could cause you to be less considerate of others than usual. In your case, this type of behavior will be extremely evident to others.  
**SCORPIO** (Oct. 24-Nov. 22) You're rather good at keeping secrets, but today you might

knowingly discuss a confidential matter you realize you shouldn't reveal.  
**SAGITTARIUS** (Nov. 23-Dec. 21) It may not serve your best interests to request favors of others today, because persons who comply might expect a higher return for their good deeds.  
**CAPRICORN** (Dec. 22-Jan. 19) Today if you have to deal with persons you want to impress, be on your very best behavior at all times. Everything you do will be put under a microscope and viewed by critical eyes.  
**AQUARIUS** (Jan. 20-Feb. 19) Obstacles or problems with which you have to contend today are apt to be of your own making. Conditions are rough enough without you sawing off your own limb.  
**PISCES** (Feb. 20-March 20) Try not to introduce topics that are controversial in your discussions with friends today. The issues you personally pick could lead to a heated argument.  
**ARIES** (March 21-April 19) In a critical partnership arrange-

ment today, the objectives must be clearly defined and understood by both parties. Misunderstandings might not be able to be corrected in time.  
**TAURUS** (April 20-May 20) Even though you might feel extremely industrious today, you'd be wise not to take on an excessive workload. Focus on a quality performance, not quantity.  
**GEMINI** (May 21-June 20) Subdue inclinations today to gamble on people or things about which you know little. If you back the wrong horses, it could be very costly.  
**CANCER** (June 21-July 22) Try to avoid domestic disagreements today, because even a small squabble could produce a chain reaction that might draw in outsiders and innocent bystanders.  
**LEO** (July 23-Aug. 22) If you don't know how to do something yourself today, wait until expert help is available. There's a chance you could create complications even through a simple task.  
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by Leonard Starr

