

AMERICANS MUST DRIVE THE GERMAN SPIES OUT BEFORE WAR PROCEEDS

ACTIVITY OF SPIES IN AMERICA ALARMS THE OFFICIALS

Washington, D. C., July 5.—Officials who for obvious reasons cannot be quoted declared today that if government activities against German spies in the United States could be published the news would startle the world.

While not admitting that they are convinced that the spy system was entirely responsible for the recent submarine attack on the transport of Gen. Pershing's expedition, it was said combined forces of the state, war, navy and justice departments are working in cohesion and systematically unearthing information of an amazing character and of great value to the government.

It was pointed out, that even with the strictest censorship of mails, cables and press, the European allies have not been able to meet the situation to their complete satisfaction. The problem is of far greater magnitude in this country, with thousands of aliens, its immense border and countless possible means of outside communication.

Secret service operations, necessarily carried on under cover are given little or no publicity and this fact, officials say, give rise to a surprise that little has been accomplished.

It was pointed out today that although the allies have never maintained spy systems as far reaching or effective as Germany, even that country, despite her registration of individuals, her comparatively small border line and her net work of secret police has not been able to prevent information from reaching the outside world.

Germany's realization of that is shown in her absolute suppression of all mail and cable communication for a considerable period preceding an important military movement.

Washington, D. C., July 5.—Secretary Baker today issued a statement explaining the war department censorship over cable dispatches from France, dealing with the American troops, saying the present arrangements are temporary and will soon be supplemented by a method that will not delay delivery.

"Pending the complete organization of Gen. Pershing's headquarters in France," the statement said, "with the arrival there of correspondents accredited to American newspapers the temporary arrangements by which cablegrams from France dealing with American troops movements are transmitted to the war department here for distribution will be discontinued.

"It is in the interest alike of the army and the newspapers to afford a certain alliance as to the propriety of the publication of messages from France. The arrangement is temporary and will be replaced speedily by a more direct method of dealing with this news. In the meantime an adequate force to deal promptly with the dispatches will be on hand 24 hours a day and will deliver the dispatches received in the order in which they come so no disadvantage will result in anything beyond the brief delay in sending the dispatch to Washington and back to the center of distribution."

Chuluota Celebrates the Fourth

Chuluota celebrated the Fourth with one of the most delightful picnics ever held in that vicinity, and all those from a distance who joined with these good people in this patriotic celebration counted the day well spent. Soon after the crowd assembled in the morning, a very pleasing program, fitting to the occasion was given under the direction of Mr. and Mrs. J. Tilden Jacobs, in which a large number of the men, women and children took part. Mr. Jacobs made an ideal Uncle Sam and followed by Miss Bentley as the Goddess of Liberty headed a procession of soldiers and Red Cross nurses, that marched around the picnic grounds and assembled under the oak for a patriotic program. Mrs. Jacobs presided at the organ

and the songs and recitations were given as if true patriotism and love of country prevailed. The picnic tables were spread under the oaks, and when dinner was announced they presented a sight that would do your heart good, and once more the good people of Chuluota demonstrated that they know how to spread a real picnic dinner, for which they are known far and wide. The refreshment pavilion was a busy place all day, where cold drinks and ice cream were sold and the proceeds for same were very generously given to the Red Cross work. The festivities of the day concluded with a dance in the evening at Chuluota Inn, which was the crowning feature of the day, a most enjoyable event.

SANFORD GREAT SECTION

Traveling Man Thinks Our Corn Has World Beaten

Mr. H. B. Jones, Bradstreet's Tampa manager, after traveling over Seminole county in his car took occasion to call at the Board of Trade office to express his opinion of the progressiveness and thrift apparent. To use Mr. Jones' own language:

"I have traveled over the entire west coast section of Florida as far south as Fort Myers, and am greatly impressed with Sanford's future possibilities. Yesterday I covered Seminole county in a car and without doubt I saw the finest corn, the finest general crops and the best soil I have seen anywhere in the state. Talking to many persons who have recently been Florida visitors, I heard more of Sanford's growth than ever before and all speak of the valuable advertising that Seminole county is now getting. In talking with several Sanford business men their expressions have convinced me that business is now above the average and projects are bright. I appreciate Sanford's advertising campaign and I am going to help you as I go around over the state."

SANFORD BOY IN TRENCHES

His Thrilling Story Will Appear in The Herald This Month

Everyone wants to know the experiences of the boys in actual warfare and the first one to come back from that hell is Alexander McClintock, a former resident of this city who joined the Canadian troops at the beginning of the war and was sent to the fighting front in Belgium. Wounded and decorated by the king and queen of England for bravery Mac came home to Lexington, Kentucky on a furlough and his story was so interesting that it was syndicated and put into plate matter and The Herald has contracted for the six stories that will appear in this paper during the month. You should get them for they are the story of the boy well known here and one who went through the terrible experiences of trench warfare. Mac tells it in the style known of his many friends in this city and they will recognize him all the way through the narratives.

Watch for the story "Over There" soon to appear in this paper for it is one of the great gripping tales of the terrible war in Europe.

Alexander McClintock was a resident of Sanford several years ago, making his home with his sister, Mrs. Ed. Hayes on Magnolia avenue and was the clerk at the Sanford House for some time. He left here for New York and while there became interested in the war in Europe and going across the border joined the Canadian army and was sent to France.

Board of Trade Meeting

Regular monthly meeting Sanford Board of Trade will be held in the court house Tuesday, July 10th at 8 p. m. Some important matters will be up for attention.

D. C. Marlowe, Secy.

Notice Rebekahs

Every member of Seminole Rebekah Lodge No. 43 is urged to be present at our next meeting Tuesday evening, July 10th.

FINANCIERS WILL HANDLE OUR MONEY

RED CROSS FUNDS WILL BE IN GOOD HANDS

The American Red Cross in France is ready to spend that \$114,000,000 which American generosity has just contributed—and spend it as efficiently as a big corporation would.

For more than two weeks now the American Red Cross commission has been planning the vast work ahead of it. Under the direction of Major G. M. P. Murphy, vice president of the Guaranty Trust Company of New York, a former army officer and graduate of West Point, they have been thoroughly over the ground. T. H. Kenny of the Commission, vice president of the Federal Accounting Company of New York city has studied the accounts of the huge sums which the Red Cross will handle. C. L. Osborne of Chicago, an expert on Transportation has made his part of the work ready. So has Ernest McCullough of Boston, a noted engineer and authority on sanitation systems; so has Ernest R. Dieckel, whose former experience in rebuilding shattered earthquake cities will go for the work of rebuilding shattered France.

The Red Cross is here to organize and cooperate, not to dictate and bully the splendid organizations which have been doing such great work in France before America entered the war. Major Murphy explained today: "Our three principal plained today: "Our three principal aims are:

"First: To work in conjunction with the army medical corps in caring for American troops behind the lines. The army itself will pick up its wounded on the fighting lines and take them to army operated base hospitals. Here is where Red Cross work and vigor will commence.

"Second: Aid in continuing and extending plus work is already under way in France. This means with our experts and our money and experience we will give help to all organizations now engaged in this work, not absorbing, but cooperating with them.

"Third: Give effective assistance to civilian relief work in France, cooperating with the French government and following its suggestions to the limit of our means and ability.

"Our spirit in entering this work is that we owe so much to France that we can only hope to pay back a very small part of the debt."

Major Murphy explained that experts not only in Red Cross work, but in business methods had already carefully mapped out handling of funds and of personnel so far that the American public may be certain every cent contributed will be utilized to the very best advantage.

"Second in command of the headquarters in Paris is James H. Perkins, vice president of the National bank of New York. A number of other men high in business and financial worlds are aiding also.

A. C. L. Officials Change

T. W. Hansell, former superintendent of the division of the A. C. L. has been promoted to take charge of the movement of troops and supplies during the war, being the official government representative for the southeastern railroads and will have headquarters at Black point.

T. L. Dumas, former trainmaster will take the place of Mr. Hansell as superintendent and has already become a resident of Sanford.

F. B. Langley, who has been acting as despatcher here has been promoted to the office of trainmaster, taking the place of Mr. Dumas.

To Establish College Here

William M. Heine, supervisor, scholastic education, New York city writes the Board of Trade in regard to establishing a college or university close in to Sanford. Mr. Heine states that the general plan would be to secure 100 or more acres of land close in, on which to erect suitable buildings, etc., for general college work. In his letter Mr. Heine goes into the proposition thoroughly and expresses a desire to locate in Sanford.

BIG MEETING IN SANFORD WEDNESDAY

VARIOUS BOARDS OF TRADE WILL SEND DELEGATES HERE

The various Boards of Trade throughout this section of Florida will meet here next Wednesday to discuss ways and means of preventing the increase in freight rates in the state of Florida. Having recently been instrumental in preventing such an increase for Interstate shipments mainly through the efforts of Secretary Marlowe of the Sanford Board of Trade the other cities are waking up to the advantages of concentration of effort of all the trade bodies of central Florida not only in the matter of freight rates but upon other matters of importance.

The people of central Florida should get together on many matters of common interest and they should do like the present and no place like Sanford as a meeting place, being centrally located and easy of access from all points east and west and north and south.

"The Sanford Board of Trade and the citizens generally expect to let the visitors know that they have been to some extent already preparing to have delegates to the order of the day and the Sanford Board of Trade is desirous that the visitors remain over after the day session and partake of the Sanford hospitality and it is certain that some stunts will be pulled off for the entertainment of those here who always represent the real progress of the state at all these meetings.

The following from the Orlando Reporter Star demonstrates that Orlando at least will send a strong delegation.

For the purpose of planning a campaign to secure a denial from the state railroad commission of the petition of the railroad operating in Florida for a 10 per cent increase in freight rates, the Orlando Board of Trade and the Sanford Board of Trade have called a meeting of the commercial organizations of this city to be held in Sanford, Wednesday, July 11th at 2 p. m. The meeting will be held in Sanford in conformity to the Board of Trade of this city, which has taken a leading part in the rate fight. Secretary D. C. Marlowe was in the city yesterday to confer with Secretary Allen regarding the making of a fight against the petition of the transportation companies. The call for the meeting went out today.

The railroads will fight the harder for the increase as a result of their losing the interstate case in Washington and it is going to be necessary to present a strong array of evidence in order to gain a denial of the petition. The Sanford Board of Trade, the Orlando Board of Trade, the Tampa Board of Trade, the DeLand-Commercial Club, the Leesburg Board of Trade, the Apopka Board of Trade and the Winter Park Board of Trade were joint protestants in the interstate case, which has just been decided against the railroads.

The proposed interstate increase will impose a great burden upon the people of Florida it is stated as it will be passed directly on to the retailer and then the consumer.

Prompt and active work will have to be done and for this reason the meeting has been called.—Reporter-Star.

POSTOFFICE ANNOUNCEMENT

Instructions on How to Send Money to Troops in France Insured

Postmaster General Burleson has issued the following:

In accordance with order No. 413, establishing a United States mail agency in France, postmasters are informed that money orders may be issued at domestic rates payable at such agency. Payment will be made promptly at headquarters of the agency or at any of the branches assigned to the military unit to which the payee belongs.

In drawing orders the office of payment should be designated as "U. S. Army Postal Service," and in the coupon the name of the payee

GERMANS TAKING NOTICE WORRYING ABOUT ALLIES AEROPLANES FAIL TO SEE

should be followed on the next line by the regiment and company, or other organization to which the payee belongs. Money orders will be issued by the agency under office No. X-9000, and the name of the office as U. S. Army Postal Service, followed by the number which designates headquarters of the branch, for example, the name of the issuing office of an order drawn at headquarters will appear at the top of both order and coupon, and in the impression of the money order branch stamp as "U. S. Army Postal Service No. 1."

The postmarking stamp of mail matter forwarded from the agency will bear a similar designation.

There is no provision at present for parcel post service, and postmasters should refuse to accept for registration letters containing money or other valuables. Important papers which can be duplicated may be accepted for registration, but letters should be informed that indemnity will not be paid for lost registered mail. The public should be warned that it is not safe to include currency in letters under any circumstances, and that money orders should be used for the purpose of sending money to friends and relatives.

Death of Mrs. Anno

The many friends of Mrs. W. R. Anno were shocked to learn of her death which occurred at the residence of her daughter, Mrs. Julian Carpenter in Jacksonville, Tuesday afternoon at 11:30 several weeks her daughter, Mrs. Forrest Lake was also with her at the time of her death and all that loving care and medical science could accomplish to stay the end came to naught and she was called to the realm above after a life well spent that covered the three score and ten.

The funeral occurred at Orlando yesterday at four o'clock and many of the friends of the family from this city attended. The following from the Orlando Reporter Star gives an account of the funeral:

The funeral of Mrs. W. R. Anno took place this afternoon upon arrival of the 2:30 train from Jacksonville where she died at 10:10 Tuesday evening at the home of her daughter, Mrs. Julian A. Carpenter, Rev. A. S. Peck of the Sanford Episcopal church conducting the services.

Mrs. Anno was born in Kentucky, and as Miss Sarah L. Nutt became the wife of Mr. Anno. They moved to Jacksonville in 1878, and to Orlando in 1879. In 1896 they moved to Bartow and to Miami in 1900, where Mr. Anno died in 1904. Mrs. Anno was in her 71st year when she died.

Mr. Anno was a lawyer by profession but he took an active interest in the industrial progress of this section and was one of the promoters of the T. O. & A. railroad, which is now the Wildwood branch of the Seaboard Air Line. Mrs. Anno was prominent in church and social work and was one of the charter members of the Rosalind Club, the members of which met the train this afternoon and attended the funeral in a body.

Mrs. Anno is survived by two daughters, Mrs. Carpenter, above referred to, and Mrs. Forrest Lake of Sanford. Much of her time was spent in Sanford, and four of the pullbearers, B. F. Whitner, G. F. Smith, A. P. Connelly and W. J. Thigpen were from Sanford, the others being from Orlando, namely, J. N. Bradshaw, Seth Woodruff, Gus Hart and B. M. Robinson.

Order of Eastern Star Notice

At the meeting on July 3rd it was unanimously decided that the next meeting, July 17th be a patriotic one in every way and this notice is a call for each member of the order to be in attendance in response to this call. Patriotism and Fraternity go hand in hand.

The last meeting was a very enjoyable one and all present had the pleasure of wishing our Worthy Patron, Mr. Claud Couch and family a pleasant and happy vacation. Alice E. Robbins, Secy. Refreshments will be served.

RUSSIAN DRIVE WITH NEW OFFENSIVE WEST SCARES GERMANS

With Russia proving that her army, now rehabilitated can strike telling blows, the entente forces apparently are preparing to resume the forward movement on the western front. Notable activity is developing in Belgium. Germany senses the trend of things there and extraordinary efforts by her airmen to find out what is going on behind the British lines are reflected in official statements.

They are having poor success. London's report last night for instance showed nine German airplanes put out of action to one lost by the British.

That the British blow will fall north of Arras is the German expectation according to Gen. Von Stein, Prussian minister of war. He told a German Reichstag committee yesterday Gen. Haig apparently was preparing for an offensive on a large scale in this sector. In this connection it is to be noted that the British in a local operation last night, pushed their lines slightly forward on a front of about 10 miles southwest of Valenciennes in Belgium.

Gen. Foch on the French front is bending his efforts toward retaining intact all the commanding positions his troops now occupy. The latest German attempt to wrest control of an important sector on the Aisne from him not only came to naught with exceptionally heavy German losses, but the French took a salient near Compiègne from the Germans.

Paris dispatches report the American contingent which paraded in Paris yesterday as proceeding to the permanent American training camp and announce that the balance of the army now at a French port will leave there shortly for camp instruction. The entire expedition is expected to be embarked by July 15 under command of Major Gen. Sibert.

In Galicia Austria-German forces are evidently in an uncomfortable position in some points as a result of the Russian advance this week. This manifested especially at Berezany where they have been hemmed in on three sides and an attack was launched on them yesterday. Attacks near Lipnicadolina east of the Narayuska also were reported.

Signs of a Russian awakening appear in today's German official statement. It reports little movement in Galicia but an increase in activities along the lines in western Molavia. In Mesopotamia the Russians after having driven the Turks out of Panjwin are attacking them in the positions to which they retired south and west of the town and are offering a tenacious resistance.

A Worthy Fourth!

Gainesville, July 4.—The Glorious Fourth was safely, sanely and fervently spent in this city. From 7 until 8 a. m. the doors of all the churches were open for a solemn season of communion with God. This prayer service was in answer to a request from the local Red Cross Society for prayers for the nation, the high officials and the soldier boys who are already at the front, those in training camps and the large number who will soon be drafted into the service. This service was beautiful and most appropriate, for while the world is at war and every man's hand seems turned against every other man, and the age of reason seems to have given place to hatred, lust and bloodshed, it should not be forgotten that the "God who ruled over Israel is the God who is reigning yet." The services in the various churches were all well attended.

"Gainesville's magnificent pageant that followed was the best perhaps that was ever witnessed in the University city. The parade was headed by a drummer boy of '76, followed by Uncle Sam, Miss Columbia and Miss Florida and many fine floats." But first they went to church in answer to a request from the local Red Cross Society.

Gainesville set us an example of piety and patriotism, worthy of emulation.

Among The Theatres

She Was A Care-Free Girl
The conventions of society never bothered her one whit. She was a sweet, simple little girl, who trusted everyone, even care-free married men!

Unrestrained youth grew into indiscreet womanhood. Thrown into a tragic compromise with a married man, with whom she plays coquette, she reaches a point in her childish ignorance where the burning light of experience pierces through her indiscretion.

Woven by the deft hand of a master writer, played in the chic, winsome way of dimpled Lillian Walker, this feature has a deliciously delicate appeal of a story which touches the experiences of all people. You can't help but like it. Lyric Thursday.

At Lyric Tonight

Miss Ethel Clayton, who plays the role of Joan Merrifield in "The Stolen Paradise," wears some exceedingly attractive gowns in this production. Needless to say Miss Clayton appears to charming advantage in each of them. Lyric Tonight.

New Yorkers and visitors to New York who have patronized one of the most noted of the unique little book stores in the city will recognize the book shop in which some of the early scenes in "The Stolen Paradise" were filmed. These scenes were taken in the shop itself and some of the 10,000 volumes in the store are seen in the picture.

"I adore books!" exclaimed Miss Clayton, while these first scenes were



LYRIC TONIGHT
LYRIC THEATRE
GO WHERE THE CROWD GOES

TUESDAY
Wm. A. Brady Presents
ETHEL CLAYTON
in
"The Stolen Paradise"
Also Pathe News.

WEDNESDAY
Pathe Presents
The Pretty Gladys Hulette in
"Pots and Pans Peggy"
A Good Comedy
14th Episode of the
"Purple Mask"

THURSDAY
Vitagraph Presents
Lillian Walker in
"INDISCRETION"
Also a
Christie Comedy

FRIDAY
Wm. A. Brady Presents
ONE OF HIS BEST PICTURES
Pathe News

SATURDAY
"Purple Mask"
Featuring Grace Cunard and Francis Ford
"A 44 Caliber Mystery"
"The Onion Hero" Comedy

COMING
MOLLIE KING IN
Mystery of Double Cross
Roscoe Arbuckle in
"ROUGH HOUSE"

THE HOME OF GOOD MUSIC AND FINE PICTURES

being filmed. "If I was not playing in pictures I should like to hold just such a position as Joan Merrifield holds in 'The Stolen Paradise' in such a store as this." Lyric Tonight.

The baby seen in "The Stolen Paradise" was the best behaved infant ever filmed at the studio. She did not cry at all during the time she was at the studio, which is a record.

"It is a different sort of a play and I like it," said Miss Clayton, when she first read the manuscript of "The Stolen Paradise." Lyric Tonight.

"Pots and Pans Peggy"
Pathe Gold Rooster Play starring Gladys Hulette at the Lyric Theatre Wednesday.

Cast:
Peggy McGraw.....Gladys Hulette
Taxi Barney.....Wayne Aray
Rah-Rah Arthur.....George Marlo
Drawing Room Man.....Kathryn Adams
Society Mrs. Stuyvesant.....Grace Henderson
Million Dollar Deane.....Arthur Bauer
Eighteen Per Week Jack.....Lord McCaskill

"Gladys Hulette gets better with each picture," said manager, E. F. Lane of the Lyric Theatre recently. He is playing "Pots and Pans Peggy" in which she is starred and having seen it we agree with him. "Pots and Pans Peggy" is Gladys Hulette's best picture to date. Charming, clean, full of human interest, pathos, humor, quaint whimsical touches and thrills.

Like "The Shine Girl," "Prudence the Pirate," and "Her New York," it is written by Agnes C. Johnston. All of these Gladys Hulette pictures can be shown to any audience any day. They are wholesome and are the best argument against screen censorship that could be had.

"Pots and Pans Peggy" is a wonderful human interest story about a little Irish girl who had to support her brothers and sisters by "working out." By her big heart, shrewd common sense and native decency she brings order into a disordered household, reforms the erring son, aids the daughter to win the man she loves, foils a villainous millionaire, recovers the government papers stolen by him and wins for herself a husband of her own kind.

The bare synopsis cannot tell the story. It has laughs, tears and thrills and the splendid cast supporting Gladys Hulette includes Wayne Aray as her chauffeur lover, George Marlo and Kathryn Adams. The press and the public of the entire country agree with the local verdict that the Pathe Pictures in "Pots and Pans Peggy" has been seen are the kind we want produced on our screens.

The Pathe Company's policy of clean entertainment from its famous Pictures to its serials and features is receiving the support of a growing majority of the public and all such progressive theatre owners as manager. Lyric Wednesday.

Speed of Carrier Pigeons.
It is estimated that in calm weather a carrier pigeon can fly at the rate of 1,200 yards a minute; with the help of a moderate wind it will attain a speed of 1,540 yards, and before a strong wind, 2,000 yards.

Too Much.
"I thought you were going to sell that man an encyclopedia. He seemed interested." "He was too much interested. I couldn't spare the time to complete the sale." "How's that?" "He wanted me to tell him what was in it."

Plain of Damascus.
The fertile plain in which Damascus is situated is about 39 miles in diameter and is due to the river Barada, which is probably the Abana of Scripture. Two other streams, the Wady Helbon, on the north, and the Awaj on the south, increase this fertility, and these two contend for the honor of representing the Pharpar, the other Scriptural stream.



ROSCOE 'FATTY' ARBUCKLE
COMING LYRIC

BIGGEST DREADNAUGHT IS LAUNCHED

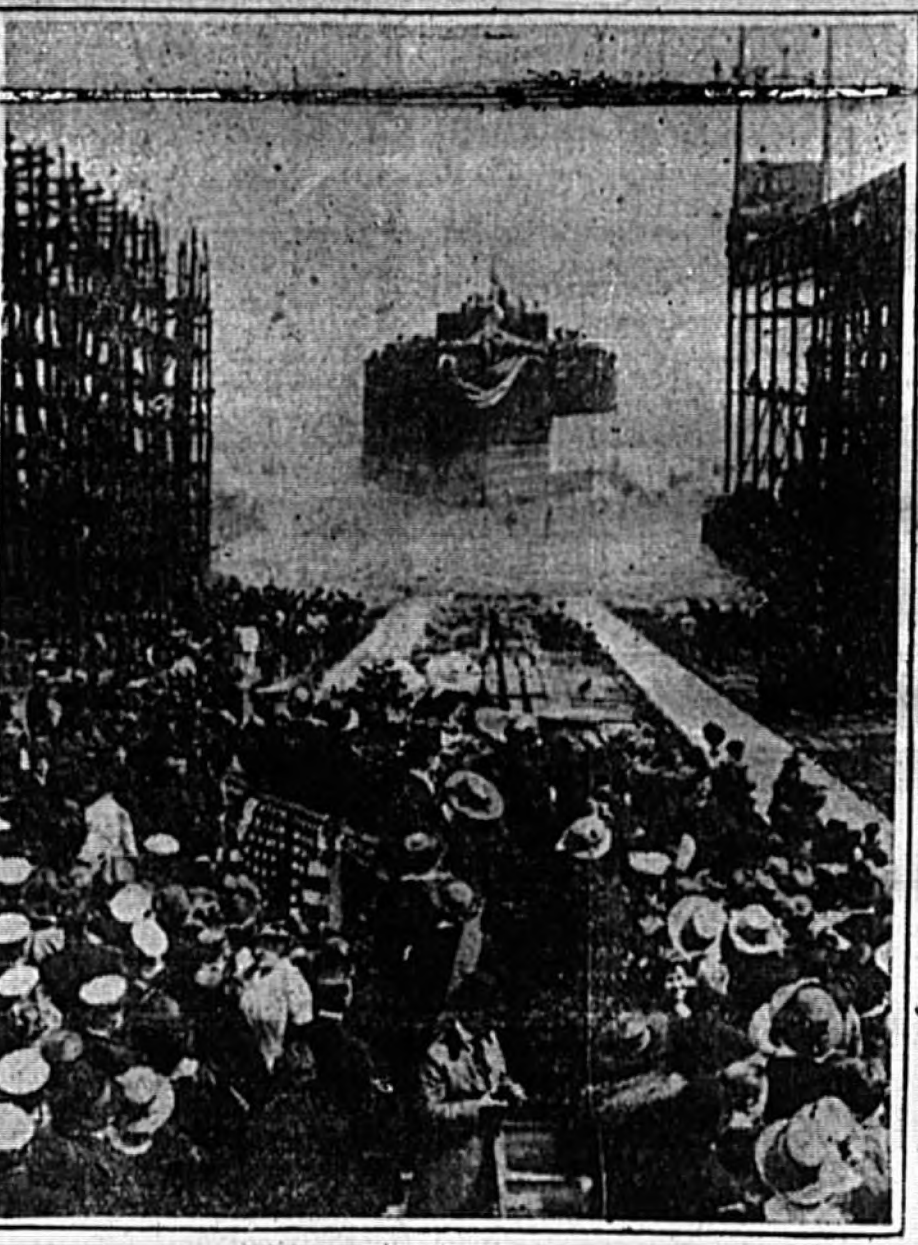


Photo by American Press Association.
Day and night forces will work to complete the dreadnaught New Mexico which was just launched at the Brooklyn navy yard.

A Warning

By ESTHER VANDEVEER

There are people who sneer at the efforts of societies for psychical research. I don't. There are persons who are always having either dreams that contain revelations or see apparitions or are conscious of something about to happen that does happen. I have no confidence in these people. If I believed in them it would argue that in their makeup there is something especially amenable to some hidden law. But my own experience disproves this. I have had a manifestation—I know of no better name for it—of more consequence than any of these of which I have heard, yet I have had but one in all my life.

And this experience of mine, having come but once to me, in addition to indicating that my being is not unusually susceptible to such influences, points to the fact that others, either living or dead, do interfere at times in the current of our lives. But it is not my intention to deliver a lecture. I propose to tell a story. I am a bachelor. I live at a club, associate almost entirely with men and have no thought of marriage, and I may state here that I never expect to be married. I do expect, however, in another existence to be psychically united with one who will be to me my other self.

I was traveling and had been traveling for several days with but few and rather short stops. The season was summer, the time of day evening. My conveyance was a railroad train. I was sitting by an open window, looking out upon the fields flying by to the music of the car wheels dropping from the end of one rail and jumping on to another. A favorite occupation of mine on a train has always been to imagine some one swimming along beside the train through the fields of grain that often line the track. On this occasion we were passing numerous such fields, and my image of fancy was swimming along lustily. But as the twilight faded and objects were lost to view I dropped asleep, lulled by the rattle of the train.

When I awakened a train was beside the one I was on, moving in the same direction and going at the same rate of speed. Indeed, so exactly alike was the velocity of the two trains that I could see no gain or loss whatever to the train beside me. The window sashes of both trains were raised, and I could see the people of the other train, some reading, some lounging, some talking together.

But my attention was fixed on a lady who sat at the window opposite me. Her sash was up as well as mine, so that there was no obstacle, either transparent or opaque, between us. The distance between her and me I suppose was about three feet. She was looking at me with an expression on her face, especially in her eyes, that I never saw in any one before and have never seen since, but I can't describe it. While I looked she spoke to me.

"Leave the train at the next station and follow me," she said. She put out her hand, but before I could grasp it the two trains separated, and in another moment the one in which the lady sat seemed to enter a tunnel, while mine went on in the open.

So vividly impressed was I that when a few minutes later we slowed up I took my grip and when the train stopped at a station I stepped out. After a moment's delay it went on and left

me standing on the platform in a very singular mental condition.

"Will another train be along soon?" I asked of a station man.
"From the west?"
"No; from the east."
"No train from the east for four hours."

I was puzzled. I had been coming westward.
"Is this track double beyond the station?" I asked presently.
"No double track on this line."
"What?"
"Single track from here both ways all the way to the terminals."

An uncanny feeling came over me. I had seen a train on a track beside me, talked with a woman on that train and had obeyed her instructions. As soon as I could recover myself I walked in a half dazed condition into the station and sat down. I remember nothing but a clicking of a telegraph instrument. How long I sat there I don't know, but when I came to my usual consciousness it was at hearing the telegraph operator cry out to a man outside:

"Great heavens! No. 23 has been wrecked on the bridge above. Bridge let the whole train down, with a terrible loss of life!"

Here was more to intensify that feeling of awe that had taken possession of me. A phantom woman on a phantom train had warned me of a real railroad accident in which I should probably have been killed.

From that day to this I have treasured an image in my heart—the woman real, spiritual or creation of my own brain. I have a theory of who she is or was. When I was a child I played with a little girl who died. Did I discern anything in the features of the woman to remind me of the child? No. A grown woman bears little resemblance to a child. But would the spiritual child grow after death? Not bodily, yet, appearing to me, I might expect that she would show herself as she would have been had she lived.

Seizing the Opportunity.
Crabshaw—If you insist on this new gown I'll have to get it on credit. Mrs. Crabshaw—As long as it's going to be charged, dear! I may as well get a more expensive one.—Life

Some Shock.
Bill—That man is a live wire.
Gil—How do you know?
"I touched him a little while ago."—St. Louis Post-Dispatch.

How the World is Fed.
A study of how the world is fed reveals many interesting facts. Australia, the smallest continent, for instance, is the largest meat center of them all. Asia, largest continent, on the other hand, is the smallest meat center among them. Africa and South America lean toward vegetarianism, while Europe and North America are large consumers of meat and other animal products. Taking the world's supply of cattle, hogs and sheep, writes Harold J. Shepstone in the Millgate Monthly, it appears that mankind at large uses in the neighborhood of 20,000,000 tons of meat a year. This would be an average of about thirty-nine pounds per capita throughout the world. In butcher's meat we find the Australian consumes 192 pounds, the American 172 pounds, the Englishman 119 pounds, the German 113 pounds, the Frenchman and Belgian eighty pounds, the Russian fifty pounds.—Manchester Guardian.

Activity of the Tongue.
Nobody's tongue is still for a moment—at all events, in waking hours. The tongue is the most incessantly active of all the body's members.

We think of the tongue as an organ of speech, but it is also an organ of feeling. When one eats it is constantly feeling about in the mouth and deciding out of its own "mind" what particles

of food are small enough or too big to swallow.

Yes, indeed, the tongue has a mind of its own—a ganglion or minor brain—that is busy at meal-times in regulating the supply of food to the stomach. But for its unceasing guardianship we should suffer much oftener than we do from the distresses of indigestion.

We think of the finger ends as our most sensitive organs of feeling. They are not such at all. The end of the tongue is incomparably more delicate and discriminating.—Philadelphia Ledger.

Inviolable Envelopes.

The ordinary muclage with which the flaps of envelopes are gummed is composed of gum arabic or dextrine and is only too amenable to the persuasiveness of moisture or "steaming" in the hands of the unscrupulous. Persons who wish to guard their inclosures, whether emotional or financial, against such pilfering can seal their letters by a method referred to in the Annales des Telegraphes. This consists in applying white of egg to the flap of an ungummed envelope, then before it has time to dry of itself sealing it by passing a hot iron over it. If the temperature of the latter is from 90 degrees to 100 degrees C. the albumen will be coagulated and the two surfaces of the paper will be solidly united and water tight.

Watch For Your Chances.

"Every young man has chances coming his way constantly; it is not a question of having chances, but of recognizing chances when they come," says President Bedford of the Standard Oil Company of New Jersey. "You sometimes hear a fellow say, 'I had a chance once, but didn't take it.' Never mind the chance that is past; watch out for the next one and qualify to be able to seize it.

"Success that is worth while is, after all, very largely a matter of plain, everyday morality combined with tremendous industry and a deserved reputation for integrity and for fairness toward the other fellow."—B. C. Forbes in Leslie's.

Japan's New Naval Base.

Japan's purchase from Portugal of the little island of Macao, at the mouth of the Canton river, near Hongkong, has given Japan a strong naval base, such as Gibraltar gives to Great Britain and Helgoland gives to Germany. It can be used to menace any European power that tries to thwart the ambitions of Japan in China.

Mint.

Mint occurs only in Matthew xxii, 20, and Luke xi, 42, as one of those herbs the title of which the Jews were scrupulously exact in paying. The horse mint is common in Syria.

Not Identical.

"Time is money," remarked the proverbialist.
"And yet the man with millions is the one who seldom seems to have five minutes to spare."—Washington Star.

PRACTICAL HEALTH HINT.

Worry in Sickness.
When an animal is sick it does not worry about it nor about the outcome. Its mental attitude does not hinder nature's healing processes. It goes into the sunshine, takes the rest cure and stops eating and recovers. But if we have rheumatism in one joint we expect other joints to become affected. We worry about it. It is, of course, well established that the right mental attitude assists in cure, and it is equally important to understand that the wrong mental attitude hinders health restoration. Reason, imagination and will power are big factors in the restoration and maintenance of health. Every one should know the laws of suggestion and apply them in relation to health. Discover what habits of living—exercise, breathing, diet, mental habits especially—are conducive to health, live hygienically and expect health, happiness and success. The right mental attitude is vitally important.

Strange Indeed.

Strange that when a man labels his religion there are so many voluntary inspectors.

The Bottle Tree.
The trunk of the "bottle tree" forms a uniform cylindrical column, from whose summit the branches issue as from the neck of a bottle.

Snails as Barometers.

Snails are excellent barometers. If there is rain in the air snails will seek shelter under leaves, in the bark of a tree or any other handy place.

In the Circuit Court Seventh Judicial Circuit—Seminole County, Florida. In Louis Fisher, Complainant

vs.
A. H. Carr and the unknown heirs, devisees, grantees or other claimants, under the said A. H. Carr, A. H. Crippen, A. H. Crippen, Er and Mattie J. Crippen, Defendants.

To A. H. Carr and A. H. Crippen and to all parties claiming an interest either as heirs, devisees or grantees under the said A. H. Carr or A. H. Crippen, or otherwise in and to the following described real estate situated, lying and being in the county of Seminole, State of Florida, more particularly described as follows:

Beginning at a stake on the south side of Third street road 21.86 chains, west of the point of intersection of the south side of said Third street road with the east line of Section 27, Township 19, south of Range 10 east, run thence west 10.52 chains; thence south 9.50 chains; thence east 10.52 chains; thence north 5.50 chains to point of beginning, containing 10 acres of land more or less.

It appearing from the sworn bill of complaint filed in the above stated cause, sworn to by George A. DeCottes, solicitor for complainant, and the residence of the defendants A. H. Carr and A. H. Crippen are unknown, and there is no person in the state of Florida, the residence of the defendants upon whom would bind the defendants or either of them; that it is the belief of affiant that the said defendants are both over the age of twenty-one years.

And it further appearing from said bill that there are other parties claiming an interest under the said A. H. Carr and A. H. Crippen, either as heirs, devisees, grantees or other claimants, whose names are unknown in and to the property involved in this suit as hereinabove described.

Therefore, your A. H. Carr and A. H. Crippen, and the unknown heirs, devisees and grantees of the said A. H. Carr and A. H. Crippen, if the said A. H. Carr and A. H. Crippen be dead, or otherwise claimants under the said A. H. Carr and A. H. Crippen, and all parties claiming an interest in and to the land hereinabove described are hereby ordered to appear at the bill of complaint filed in this cause on Monday the 1st day of October, A. D. 1917, the same being the rule day of this court.

And it is further ordered that this notice be published for twelve consecutive weeks in the Sanford Herald, a newspaper published in Seminole county, Florida.

Witness my hand and the seal of the Circuit Court of the Seventh Judicial Circuit of the State of Florida, in and for Seminole county on this, the 2nd day of July, A. D. 1917.

(seal)
E. A. DOUGLASS,
Clerk of the Circuit Court of the Seventh Judicial Circuit in and for Seminole county, Florida.
Geo. A. DeCottes,
Solicitor and Counsel for Complainant
91-T-19-157c

No. 210
Report of the Condition of the Seminole County Bank at Sanford, in the State of Fla., at the Close of Business, June 20, 1917

RESOURCES.	
Loans on Real Estate	\$ 30,836.22
Loans on Collateral Security Other than Real Estate	5,500.00
All Other Loans and Discounts	220,000.00
Overdrafts	1,550.81
State, County and Municipal Bonds	14,410.00
County and City Warrants	3,411.50
Stocks of Corporations	3,500.00
Banking House, Furniture and Fixtures	42,500.00
Use from incorporated banks	17,412.81
Cash on hand and exchange for	
Clearing	12,158.41
Other Cash Items	2,905.22
Cash on Hand	26,404.16
Revenue Stamps	116.23
Cash Reserve	89,066.61
Total	460,763.81

LIABILITIES.	
Capital Stock Paid In	\$ 50,000.00
Surplus Fund	3,909.90
Undivided Profits (Less Expenses and Taxes Paid)	10,126.81
Dividends Unpaid	8.00
Individual Deposits Subject to Check	239,046.60
Demand Certificates of Deposit	6,102.51
Time Certificates of deposit	6,500.00
Certified Checks	3,444.18
Cashier's Checks Outstanding	4,113.83
Due to Incorporated Banks	17,412.81
Savings Deposits	72,671.17
Total Deposits	388,628.70
Bond Account	9,900.00
Total	\$460,763.81

State of Florida,
County of Seminole: I, L. A. R. Key, Cashier of the above-named Bank, do solemnly swear that the above statement is true to the best of my knowledge and belief.
Correct attest:
L. A. R. KEY
Cashier
Forrest Lake
A. T. Rossetter
Joe Cameron
Directors
Subscribed and sworn to before me this 29th day of June 1917
C. L. Britt
Notary Public
My commission expires Oct. 9, 1918

EMANUEL COMMISSION CO.
BRUNSWICK, GEORGIA
Solicit Shipments of Fruits and Vegetables
Reference—Brunswick Bank and Trust Co.

DR. HARPER

OSTEOPATHIC PHYSICIAN

Specialist in all Chronic Troubles such as

Stomach, Liver, Kidney, Bladder, Anemic and Poor Circulation, Asthma, Hay Fever, Sciatic, Acute and Articular Rheumatism, Lumbago, Obesity, Stiff Joints and others too numerous to mention.

14 years Practice—4 years Hospital Experience enables me to effect cures where all others fail. Thorough and Careful Examination. Professional advice on your case Free of charge. No extra charge for house calls. PERMANENTLY Located in Sanford.

Phone 91 Hotel Carnes

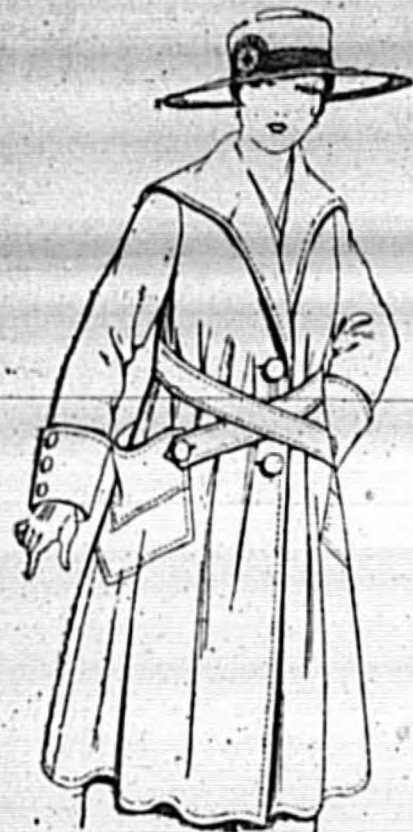
Easy & Practical Home Dress Making Lessons

Prepared Specially for This Newspaper

By Pictorial Review



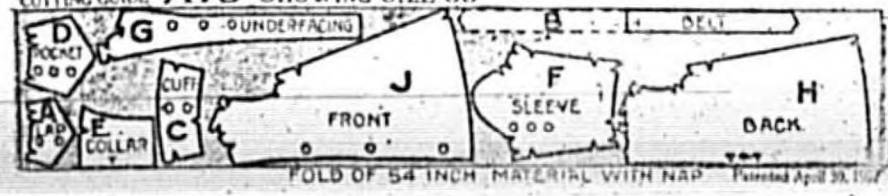
An Ideal Coat for Spring.



Modish coat for tweil or serge, with box plait on each side of center-back and front rolled to form revers.

Its simplicity and its charm make this coat ideal for spring and summer wear. Nothing is smarter for its

CUTTING GUIDE 7178 SHOWING BIZE 36



OUR WAR STRENGTH

English Military Correspondent Thinks Well of Us.

REGULARS HIGHLY TRAINED.

Colonel Repington Declares That Capable General Staff Exists to Point Way and That West Point Training and Discipline Will Assert Themselves Over Volunteer Army.

London.—Colonel Repington, the military correspondent of the Times, writes as follows in the course of an article on the United States army:

"The United States army is a gallant army, composed of fine men, led by officers of high attainments, but it is not an army in the modern sense. Von Hindenburg probably has influenced the German general staff's view of American military power as of no account and probably will remain of no account during the duration of the war."

After describing the American army and militia organization and stating that the census of 1910 showed 20,000,000 men of military age in the country Colonel Repington proceeds as follows:

"The general staff of the United States army and the many prominent American statesmen who have been secretaries of war or otherwise connected with the army must have worked out long ago the plans to be followed in the event of such a crisis as has now arisen."

"Direct military intervention of the United States in the war in Europe is not practicable, even were America to desire it. The obvious course is to use the highly trained regulars, particularly the officers, as the nucleus for a volunteer army which should not form at any one time a force larger than can be properly trained."

"We cannot doubt in the light of past experience in American military practice that in a popular cause recruits would flock to the colors by the hundreds of thousands, but an army so formed would be a hindrance rather than a help except in case of invasion, to which the United States would hardly be exposed."

"The United States has one great advantage. She is self contained and not exposed to serious attack. She is populous and wealthy. Potential internal difficulties may vanish if the country be united."

"A capable general staff exists to point out the way. West Point training and discipline will assert themselves over a volunteer army grouped around regulars and cadets. The war industries which have been expanded and created for the service of the belligerents will be at America's disposal."

"If she elects to aid the cause it will prove for her that the old fire is not extinct. If the aid of America will be more useful immediately in finance and on the seas the eventual employment of her army in support of her policy must be foreseen."

GOLD NUGGETS IN KANSAS.

Years Ago a Man Threw a Pouch of Them Away.

Onida, Kan.—As a further episode in the proposed development of Onida's "gold field," it is now recalled

How They Became Acquainted

By DONALD CHAMBERLIN

Ralph Emerson took up the telephone book, ran his eye down the E's to Emerson and paused at the name Frank. He was desirous of calling up his brother. When he came to the name he was looking for he took the receiver off the hook and gave the number to the girl in the central office. It was not long before a feminine voice replied:

"Well?" was the reply in a melodious voice.

"I would like to speak with Frank."

"I am Frank."

There was a brief pause, at the end of which Ralph said:

"I mean Frank Emerson."

"I am Frank Emerson."

Another pause.

"If you are Frank Emerson he must have been metamorphosed into a woman—a woman with a sweet voice."

There was a bit of a laugh.

"Well, Frank," continued Ralph, "I have called you up to say that I have two tickets to the theater for this evening. Can you use one of them?"

There was quite a long pause after this, at the end of which Frank said:

"I think you must have got hold of the wrong number. My father is down in the telephone book as Francis Emerson. I am named for him, but I am Francis, not Francis."

"I see."

"I think that you will find your brother's name just below papa's."

"I don't doubt it."

"Well, can I do anything more for you?"

"You can, but I fear you won't."

"What is it?"

"I wonder if you know any one I know."

"It is possible."

"Do you know the Meriwethers?"

"No; I don't know any one by that name."

"How about the Ostranders?"

"I don't know them either."

Ralph tried several others and finally asked if she knew the Bushys.

"Dr. Charles Busby's family?"

"Yes."

"Helen Busby is an intimate friend of mine."

"Good. I know her very well. Now I shall say goodbye to you for the present. I am sorry to have troubled you. Will you be at home this afternoon between 2 and 4?"

"I expect to be at home all the afternoon."

"Goodbye."

"Goodbye. I dare say you will find your brother's number."

"Quite likely."

Half an hour later Miss Emerson received a telephone call, this time from a woman.

"Is that you, Frank?"

"Yes."

"I'm Helen Busby. A friend of mine, Ralph Emerson, desires to know you. I have arranged to bring him around to call upon you this afternoon."

"Ha, ha! Isn't that funny?"

"Why?"

"Never mind now, your friend will tell you."

"Your friend?"

"I tried to beg off till tomorrow, but he insisted on today."

There was no reply to this, and after a few more commonplace remarks the receivers were hung up.

At 3 o'clock the same afternoon Mr. Emerson and Miss Busby rang the door bell at Miss Emerson's. They were admitted, and Ralph looked upon the face and figure of the girl whom he had fallen in love with through her voice. He was not disappointed in her. Indeed, the face and figure were as attractive as the voice.

After a brief interchange of civilities Ralph said that he had exchanged the two seats he had held at the theater for three seats, and he invited both girls to use them with him.

He had paved the way so well that notwithstanding the briefness of Miss Emerson's acquaintance with him there was not the slightest reason why she should not accept the invitation.

At 8 o'clock the same evening Ralph Emerson and Helen Busby drove up to Miss Emerson's, and they all proceeded to the theater. After the theater came a supper, and by this time Mr. Emerson felt as well acquainted with Miss Emerson as he was with their mutual friend.

The next day Miss Emerson was called up again by her new found admirer "Just to listen for a few moments to that melodious voice of yours," he told her. Naturally she was pleased at the repetition of the compliment, and before the telephone interview was finished she had made another engagement with Mr. Emerson. Then came boxes of flowers and other indications of a lover's intentions and after a very brief season a wedding.

"I should have shut you off," said Mrs. Emerson in speaking of their first meeting, "as soon as I discovered that you had called the wrong number."

"Just so," replied her husband, "Why didn't you?"

"Why didn't you do it yourself?"

"Suppose I had. Where would have been our present happiness? I think I managed it very well. I didn't presume on our brief telephone interview as an introduction. I arranged everything according to the most stringent rule of etiquette."

However, the manner in which Mr. Emerson made his wife's acquaintance is well known to their friends and is considered quite a romantic episode.

OFFICE SUPPLIES

We Can Equip Your Office With Anything You May Need

Everyday Someone Says

"I Didn't Know You Sold It"

The chances are that if its for the Office we do Sell it.

Call or Phone us about your Requirements and we will do the rest.

FOR YOUR OFFICE

- Ink
- Ink Wells
- Pencils
- Pencil Holders
- Pencil Sharpners
- Erasers
- Rubber Bands
- Rubber Stamps
- Daters

- Thumb Tacks
- Stamp Pads
- Second Sheets
- Stationery
- Carbon Paper
- Letter Files
- Mucilage
- Pens
- Price Tags
- Waste Baskets
- Letter Trays
- Penholders
- Letter Clips
- Account Books
- Steno. Note Books
- Clip Boards
- Paste

- Record Cards
- Loose Leaf Books
- Time Books
- Receipt Books
- Hook Files
- Stapling Machines
- Typewriter Ribbons
- Eye Shades
- Loose Leaf Memo Books and Fillers
- Clipless Paper Fastners
- Supplies for Vertical Filing Cabinets
- Adding Machine Paper
- Blank Deeds, Etc.



Stop Using Cheap, Unreliable Carbon Paper

Don't take a chance with inferior carbon paper. It means faded, illegible copies, untidy files, waste of time and poor work. Put a stop to this! Use

TRADE MARK MultiKopy Carbon Paper

Lasting legibility—neatness—uniformity—and economy make MultiKopy the standard carbon paper. In black or blue, MultiKopy never fades. MultiKopy gives non-smudging, non-rubbing copies which often rival the original in clearness and legibility. MultiKopy gives surprisingly long service and is unequalled for manifold.

Write for FREE Sample Sheet

Modern Telephone Tablet

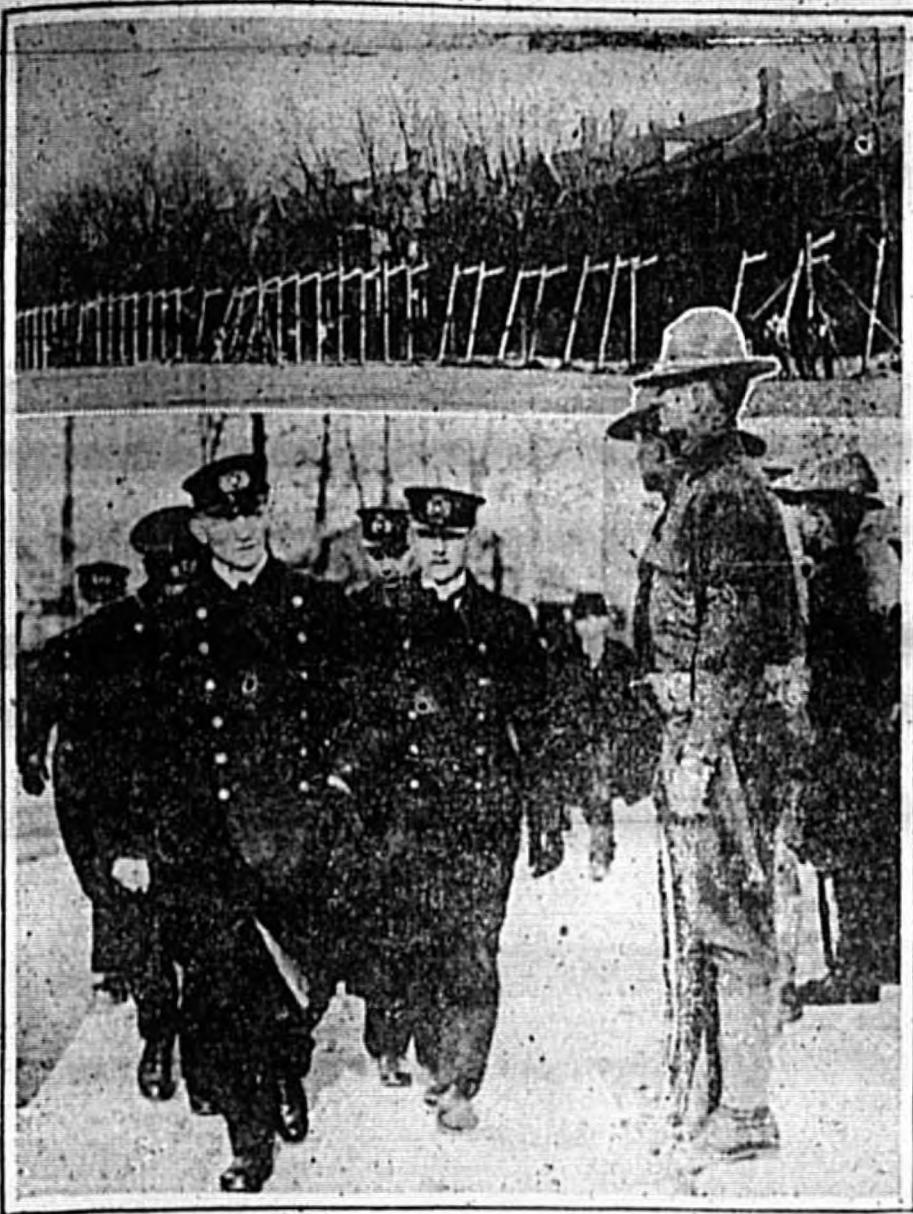
Let us Equip your Telephone with one of these Tablets for a Ten Days Free Trial. If it don't prove to be Convenient and Satisfactory we will remove it without any cost to you whatever

Price \$2.50 Delivered

The Herald Printing Company

Office Supply Department Phone No. 148

INTERNED GERMANS TAKE EXERCISE



Photos by American Press Association.

At Fort McPherson, Ga., the interned men of the seized German ships are permitted to exercise, but under the watchful eye of our soldiers. The top photo is of a barbed wire stockade being erected at the camp.

The Way of It. "A waitress, like a poet, is born to her work." "Show me you make that out?" "Because she is one maid to order."

Ought to Be Enough. According to a lately issued edition of a dictionary there are now 450,000 words in the English language.

CLASSIFIED ADVERTISING

All Local Advertisements Under This Heading THREE CENTS a Line For Each Insertion. Minimum Charge 25 Cents.

In answering an advertisement where no name is mentioned in the ad, please do not ask The Herald for information as to the identity of the advertiser. Usually we do not know who the advertiser is and if we do we are not allowed to give out this information. Simply write a letter and address it as per instructions in the ad.

FOR SALE

For Sale—About 25 head of cattle, some good milkers and mostly part Jerseys. Very reasonable. For the bunch. Address or see E. A. Rush, Lake Co., Wekiwa, Fla. 90-3tp

For Sale—One good baby carriage and baby pen. Box 1073. 89-1f

For Sale—Two thoroughbred bulls Harry Wolf, West Side. 89-2p

For Sale—Ford touring car, good condition, \$225.00. Wanted quick sale. Address E. L. Murray, Box 93, Orlando, Fla. 89-2tp

For Sale—Piano, 210 Park. 89-1f

For Exchange—Yacht, Ellyrae, 36 ft by 8 ft beam. Will exchange for a good 1916 or 17 five passenger automobile. Address W. F. Ayres, Daytona Beach, Fla. 86-1f

To reduce my large stock of pigeons will sell some Carneaux and Homer Squab breeders. Mated and working pairs guaranteed. Also youngsters. Leonard Viblen, R. D. A., Sanford, Fla. 85-1f

For Sale—Registered Duroc Jersey pigs. Mrs. H. E. Curlett, Geneva. 85-1f

For Sale—Stock in the Geo. H. Fernald Hdw. Co. Apply Box N, Sanford. 70-1f

FOR RENT

For Rent—Rooms for light house-keeping or bedrooms. 210 Park. 80-1f

For Rent—With family of two, nicely furnished screened apartment, sleeping porch and all conveniences in kitchen. 618 Oak Ave. 87-1f

For Rent—Two furnished rooms, 807 Magnolia. 87-1f

For Rent—Ten room house, electric lights. Corner Oak avenue and Fourth street, opposite city park. Apply to W. W. Long. 88-2tp

For Rent or Sale—"The Oaks" Fourth street and Magnolia avenue, fifteen rooms, furnished. Immediate possession. B. W. Herndon. 80-1f

For Rent—One room, 703 Palmietto avenue. 73-1f

Furnished Rooms by Day, Week or Month—Park avenue flat, 105 North Park avenue, over L. R. Phillips & Co. drug store. Mrs. James Patton, manager. 30-1f

WANTED

Wanted—Lady stenographer would like employment, either permanent or substitute. Understand book work, filing and general office work. Local references. Address Mrs. Powell, 210 Pine Ave., Sanford, Fla. 90-3tp

Bricklayer and plasterer wants work by the day or job. Apply to R. No. 1, J. W. and S. Grocery. 90-4tp

Want to sell my store and a very small stock for cash. Right in the celery belt. Good location. Apply to J. H. Snipes, R. No. 1, Sanford. 90-2tp

Wanted—A good cook. Apply 601 Park avenue. 89-3tp

Wanted at Once—Several young ladies to learn the millinery trade. Apply at the French Millinery Shop. 89-2tc

Wanted—A good trucker for 5 acres of high cultivated muck land in Orlando, conveniently located, within 15 minutes walking distance from center of city. New 5 room house and bath, etc., city water over the place, also easy to lake water.

Can be rented or bought. A rare chance for the right man. Write or see O. V. Zapp, 106 Court St., Orlando, Fla. 88-3tc

Lost—Black spaniel, long ears short tail. Finder return to Dean Turner, care of Turner's grocery and receive liberal reward. 83-1f

Lost—Gold locket with initials "W. E. W." engraved on it. Finder return to Herald office and receive reward. 86-1f

Lost—Gold signet ring with initials R. L. P. engraved on it. Lost at Crystal Lake. Return to Mrs. R. L. Peck, 305 Ninth St. and receive reward. 89-2tp

Found—Gold cuff button. Owner call at Pico Restaurant and describe same. 90-2tc

LEGAL ADVERTISING

In Court of County Judge, Seminole County, State of Florida

In re Estate of W. H. Underwood. Notice is hereby given, to all whom it may concern, that on the 8th day of December, A. D. 1917, I shall apply to the Honorable E. F. Householder, Judge of said Court, as Judge of Probate, for my final discharge as Administrator of the estate of W. H. Underwood, deceased; and that said Judge of Probate will present my final accounts as Administrator of said estate, and ask for their approval. Dated June 8th, A. D. 1917. E. J. UNDERWOOD, Administrator.

In the Court of the County Judge, Seminole County, State of Florida

In re Estate of James C. Higgins. Final Settlement. Notice is hereby given to all whom it may concern that, on the 15th day of October, A. D. 1917, we shall present to the County Judge of Seminole County, Florida, sitting as a Judge of Probate, our final accounts as executors of the said estate and ask for their approval. Dated April 2nd, A. D. 1917. J. B. B. Stricker, Mary E. Higgins, Executors.

In Court of the County Judge, Seminole County, State of Florida

In re Estate of Forrest B. Stone and Alford J. Stone. Notice is hereby given, to all whom it may concern, that I, as guardian of Forrest B. Stone and Alford J. Stone, Minors, will on the 15th day of December, A. D. 1917, six months from the date hereof apply to the Honorable E. F. Householder, Judge of said Court, for my final discharge as such guardian, and shall also present my final accounts for approval. Dated June 1st, A. D. 1917. MELVILLE A. STONE, Guardian.

In Court of the County Judge, Seminole County, State of Florida

In re Estate of L. S. Meville. Notice is hereby given, to all whom it may concern, that on the 15th day of December, A. D. 1917, I shall apply to the Honorable E. F. Householder, Judge of said Court, as Judge of Probate, for my final discharge as Administrator of the estate of L. S. Meville, deceased; and that said Judge of Probate will present my final accounts as Administrator of said estate and ask for their approval. Dated June 1st, A. D. 1917. MELVILLE A. STONE, Administrator.

In Court of the County Judge, Seminole County, State of Florida

In re Estate of L. S. Meville. Notice is hereby given, to all whom it may concern, that on the 15th day of December, A. D. 1917, I shall apply to the Honorable E. F. Householder, Judge of said Court, as Judge of Probate, for my final discharge as Administrator of the estate of L. S. Meville, deceased; and that said Judge of Probate will present my final accounts as Administrator of said estate and ask for their approval. Dated June 1st, A. D. 1917. MELVILLE A. STONE, Administrator.

NOTICE OF SALE. Notice is hereby given, pursuant to the order of the County Judge of Seminole County, Florida, in the above entitled cause, that the undersigned, as Special Master, will sell at public outcry, in front of the court house door in Sanford, Florida, during the legal hours of sale, on the 15th day of August, 1917, being the 61st day of said month, the following described land:

Lot 106, in Block or Section 2 of Black Hammock tract, being a subdivision of Sec. 20, T. 21, R. 31 East, Seminole county, Florida.

For Rent—Rooms for light house-keeping or bedrooms. 210 Park. 80-1f

For Rent—With family of two, nicely furnished screened apartment, sleeping porch and all conveniences in kitchen. 618 Oak Ave. 87-1f

For Rent—Two furnished rooms, 807 Magnolia. 87-1f

For Rent—Ten room house, electric lights. Corner Oak avenue and Fourth street, opposite city park. Apply to W. W. Long. 88-2tp

For Rent or Sale—"The Oaks" Fourth street and Magnolia avenue, fifteen rooms, furnished. Immediate possession. B. W. Herndon. 80-1f

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Furnished Rooms by Day, Week or Month—Park avenue flat, 105 North Park avenue, over L. R. Phillips & Co. drug store. Mrs. James Patton, manager. 30-1f

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Bricklayer and plasterer wants work by the day or job. Apply to R. No. 1, J. W. and S. Grocery. 90-4tp

Want to sell my store and a very small stock for cash. Right in the celery belt. Good location. Apply to J. H. Snipes, R. No. 1, Sanford. 90-2tp

Wanted at Once—Several young ladies to learn the millinery trade. Apply at the French Millinery Shop. 89-2tc

Wanted—A good trucker for 5 acres of high cultivated muck land in Orlando, conveniently located, within 15 minutes walking distance from center of city. New 5 room house and bath, etc., city water over the place, also easy to lake water.

It is further ordered that this order be published in Sanford Herald once a week for six consecutive weeks.

Notice of Application for Tax Deed Under Section 5 of Chapter 4888, Laws of Florida. Notice is hereby given that J. F. Hickson, purchaser of Tax Certificate No. 799, dated the 2nd day of January, A. D. 1913, has filed said certificate in my office, and has made application for tax deed to issue in accordance with law. Said certificate embraces the following described property situated in Seminole county, Florida, to-wit: Beg. NE cor Lot 2, run S 1.60 chs, W 6.30 chs, N 1.60 chs, E. 6.30 chs Sec. 31, T. 19 S. R. 32 east, 1 acre.

The said land being assessed at the date of the issuance of such certificate in the name of J. P. McLaughlin et al. Unless said certificate shall be redeemed according to the provisions of law, it shall issue thereon on the 26th day of July, A. D. 1917. E. A. DOUGLASS, Clerk-Circuit Court Seminole Co., Fla. 89-Tues-5tc

Notice of Application for Tax Deed Under Chapter 4888, Laws of Florida. Notice is hereby given that W. H. Hasty, purchaser of Tax Certificate No. 453, dated the 6th day of June, A. D. 1910, has filed said certificate in my office, and has made application for tax deed to issue in accordance with law. Said certificate embraces the following described property situated in Seminole county, Florida, to-wit: SW 1/4 of SW 1/4 of SW 1/4 (less beg. 95 yds, N. of SW cor run E 40 yds, N 30 yds, W 20 yds, S 1/4 for cemetery) Sec. 4, T. 20, S. R. 31 East, 9 1/2 acres.

The said land being assessed at the date of the issuance of such certificate in the name of J. P. McLaughlin et al. Unless said certificate shall be redeemed according to the provisions of law, it shall issue thereon on the 26th day of July, A. D. 1917. E. A. DOUGLASS, Clerk-Circuit Court Seminole Co., Fla. 89-Tues-5tc

Notice of Application for Tax Deed Under Chapter 4888, Laws of Florida. Notice is hereby given that James S. Foster, purchaser of Tax Certificate No. 216, dated the 6th day of June, A. D. 1910, has filed said certificate in my office, and has made application for tax deed to issue in accordance with law. Said certificate embraces the following described property situated in Seminole county, Florida, to-wit: NE 1/4 of NE 1/4 of SW 1/4 of SW 1/4 of SW 1/4 (less beg. 29 feet) Sec. 22, T. 21, Range 29 East.

The said land being assessed at the date of the issuance of such certificate in the name of W. L. Cook. Unless said certificate shall be redeemed according to the provisions of law, it shall issue thereon on the 26th day of July, A. D. 1917. E. A. DOUGLASS, Clerk-Circuit Court Seminole Co., Fla. 89-Tues-5tc

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Phoenix Lodge No 5, K. of P. Meets second and fourth Tuesdays. Nisling lodge No 10, K. of P. H. McLaughlin O. J. Miller K. R. and S. C. C.

Sanford Lodge No. 27, I. O. O. F. Meets every Monday evening at 7:30 in M. W. A. Hall, Pico Block. All visiting brothers cordially invited. Jas. F. McClellan J. W. O. Singletary N. G. R. Sec.

Gate City Camp No. 6, W. O. W. Meets second and fourth Wednesday nights in each month. F. L. Miller J. F. Hoolahan Clerk Council Commander

B. P. O. E. Sanford Lodge 1241 Meets first and third Wednesday night at Elks Home, North Park Ave. F. S. Frank O. L. Taylor Secretary Exalted Ruler

The Lake Breeze Council No. 31 Junior Order United American Mechanics Meets every Wednesday at 7:30 P. M. in the City Hall. Visiting brothers are welcome. C. H. Smith, Rec. Sec.

Celery City Aerle No. 1853 Meeting every 2nd and 4th Tuesday night at 8 o'clock, Eagle Home, Oak Ave. Visiting Brothers Welcome E. E. Hogan C. C. Woodruff Worthy President

United Brotherhood of Carpenters and Joiners of America Sanford Local Union No. 1751 meets first and third Thursday night at 7 o'clock in the M. W. A. Hall, Pico Bldg. J. W. O. Singletary W. W. Van Ness Sec. Treas.

Modern Woodmen of America Meets 2-4, Thursday evenings, 7:30, in M. W. A. Hall, Pico Building. C. E. McDonald C. D. Coneb Clerk Consul

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WILLARD READY TO SHOULDER A MUSKET Jess Willard declared that while he was the world's champion heavy weight pugilist, he had no desire to annex another title as America's champion feather-weight patriot. Willard is willing to shoulder a musket in the ranks, but if he has the choice of warfare he would ask for the well known code of the late and lamented Marquis of Queensberry. "If they bring on the German army, one at a time," he said, "I'll end the war myself. "If any man says that I'm afraid to enlist and fight for my country tell him for me that he is a liar."

YOUNG PITCHERS MAY BE STARS IN MAJORS

Cut Big Figure In Early Part of Season. Young pitchers promise to cut a big figure in the two major league cham-

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Office in Herald Building Telephone No. 148



The Juvenile Protective Association is working now and this band of men and women are working without pay in the interest of the juvenile law breakers in the endeavor to lead them in the straight and narrow way.

Secretary Marlowe edited a fine paper last Friday just as we knew he could do and we are now thinking of going on a summer vacation of several months and let him get in harness right. To all of which he replies, "Nay, Nay, Pauline. One dose is enough."

"Bob" Holly of the Sanford Herald has been appointed probation officer for Seminole county without salary. He will give fatherly advice to juvenile offenders and use mental steering gear to start 'em in the right path. Being bald headed, Bob has the fatherly look all right, and should make good on the job. Palatka News.

Those who were kicking some time ago about the drought will soon be kicking about the bottom of the clouds dropping out and the earth being flooded. The rainy season is here and we can look for some dampness for the next two months. The rains are sent to us to cool the days and nights as well as to help us grow some of these staple crops for the big army in the field and at home.

Kissimmee Gazette says the city will rigidly enforce the ordinance respecting dogs running at large during the summer months. Too bad Sanford cannot enforce the same ordinance. Just why a thousand worthless curs are allowed to roam at will over our streets is something that causes comment from every stranger to the city. Worthless dogs are eating up good food, worthless dogs are scattering fleas over the public places and theatres and churches, worthless dogs are menacing the lives of children and worthless dogs are scattering diseases of all kinds. And yet they roam and roam with no dissenting voice to insist that they either be tied up, muzzled and made to pay a tax.

THEY ARE LEDGER TRANSFERS.



But they're so practical and durable that you can keep nearly all your records in them. There's a type to meet every purpose, and the ledger forms that fit them are so carefully designed that you are able to use many of them without the slightest change. Bound in Red Cowhide Back and Corners, Corduroy Sides, Steel Hinges, Top Locking. Let us demonstrate how you can save time, labor and money by using the ledger Post Binder. HERALD PRINTING CO. Phone 148 Sanford, Florida

GROW MORE CHICKENS The necessity of raising more poultry cannot be over emphasized, says the University of Florida extension division. There should be at least a few hundred hens on every farm. necessary feed can be grown at home in profusion and there is no necessity for anyone buying poultry feed if he manages his work carefully. Popcorn, sorghum of all varieties, some of our millets, and, for fall planting, buckwheat, make excellent chicken feed. Emphasis should also be placed on the necessity of saving all the puller fryers. Do not sell a single fowl that will prove useful later on for egg production, as there is a possibility of eggs going to a dollar a dozen by Christmas.

PRESS GANG OFFICERS The Florida Press Association has acted wisely in the selection of officers for the following year. Wayne Thomas of the Plant City Courier as president will bring the association up to the high mark and keep it there. Being a young man of most progressive ideas and anxious to work Wayne will be on the firing line at all times and the Florida Press should not suffer under his able management. R. W. Storrs of the DeFuniak Breeze is one of the "old guard" but he is a young man yet and is one of the live wires of the state. Having a position with the state bureau of live stock he will be able to travel over Florida and mingle with the people and whatever mess he may have acquired in DeFuniak during the past 100 years will be rubbed off his back over the state press meets in Chris. Codrington's town next year. Tom Appleyard as secretary was first appointed by Methusalem himself and has held the job down by sheer weight during all these years and while he does not live in Florida at the present time (being in Tallahassee) he will look after the secretary's job and issue the annual report not later than twelve months after date. Gilbert Leach of the Leachburg Commercial is one of the live wires also and though married manages to attend the meetings of the press association for three days without wiring home. He is well and favorably known over the state of Florida and Tampa and being corresponding secretary corresponds with the Tribune stenographer and others.

Mrs. C. V. S. Wilson of the Sarasota Times is the real sister of the Florida press and all the boys love her just like a sister, for she is one of the most faithful members and has been known to travel across the entire state to attend the meetings. Mrs. Wilson is the treasurer and loans a dollar each to members to get them back home after one of the meetings. But seriously they are a fine bunch of executives and the Florida Press Gang that will meet in DeLand, New Smyrna and Daytona for three days next year will have one of the best times in the history of the organization and under these capable officers should accomplish much for the benefit of the members during these troublesome war times.

Bless every one of them and every member of that grand old organization, the Florida Press Association. The meetings may be joy rides but they are joy rides that each and every member would not miss for the world and just to meet and grasp each member by the hand is worth the expense of a trip across the state. To know the boys and girls gives us a feeling of kinship to all of them and we can work for a better state and work for every county in the state knowing that John or Bill or Jim is one of the boys and doing his part in the great task of bettering mankind. There is no such organization in the world as the Florida Press Association and we are proud to be one of them and during the next twelve months we can scare up many a laugh over the last meeting and anticipate many a good one to come at the next meeting and look forward with a lighter heart to that meeting that means so much in good fellowship among the best people in the world.

Demonstration Agent McKinley is making investigation with the view of having a factory established at Miami for the purpose of manufacturing meal out of velvet beans. Velvet bean meal is being manufactured at a factory at Spartanburg, S. C., and it has met with success. It is stated that the feed made from the beans is one of the best that can be produced.

Pensacola is to have a large shipbuilding plant, the Journal of that city reports, with a thousand men on the pay roll and contracts of twelve vessels for the government already assured. Florida is the legitimate state for big shipbuilding in dustries but Florida must remember that the ruthless destruction of her forests have deprived her of the lumber needed for the ships.

BRYAN CLUB LAW CLAMPS ON THE LID

Father of Law and Attorney General Declare Legal

During the past week the papers over the state have had much to say about the validity of the Bryan Locker Club Act, it being alleged that the penalty provision was defective, rendering the bill null and void.

Asked as to his opinion in the matter, Hon. N. C. Bryan, author of the bill, stated that while the penalty provision of the act referred to might be defective, there are other sections in the bill which make it absolutely safe. Mr. Bryan stated as his opinion that the error occurred in the enrolling room, where all bills are copied in long hand and where the insertion or omission of a word by an irresponsible clerk will sometimes destroy the intent and purpose of the most well intended legislation.

The saving clauses in the act referred to by Mr. Bryan are sections 7, 11 and 12, which provide as follows:

Sec. 7. That if any person shall sell or suffer any other person, persons, firms or corporations to use any premises which he owns or controls for the illegal sale, keeping for sale, manufacture, or other unlawful dispositions of the liquors and beverages mentioned in Section 1 of this act, or any of them, he shall be guilty of a misdemeanor and shall be fined not more than One Hundred (\$100.00), or be imprisoned not more than Three Months (3) months, or shall be both fined and imprisoned.

Sec. 11. That the following are hereby declared to be common nuisances, and may be abated as such, upon complaint of the Attorney General, or the State's Attorney of the circuit or the prosecuting attorney or any citizen or citizens of the county:

First: Any rooms or structures used for the unlawful manufacture, sale, keeping for sale or other unlawful disposition of the liquors and beverages mentioned in Section 1 of this act, or any of them.

Second: All places of resort where persons are permitted to resort for the purpose of drinking such liquors or beverages or any of them, mentioned in Section 1 of this act, on or about the premises.

Third: Any public eating house where the said liquors and beverages or any of them mentioned in Section 1 of this act are sold or served for beverage purposes.

Section 12. That it shall be unlawful for any person, firm, or association, or corporation in any county or election precinct in this state that has or shall hereafter vote against the sale of liquors, to receive or storage, distribution, or on consignment for another, the said liquors and beverages mentioned in Section 1 of this act, or any of them, or to have and maintain any warehouse or other place for receiving, storing or disposing of said liquors for another, and any person violating this section shall be guilty of a misdemeanor and shall be fined not more than Five Hundred (\$500.00) Dollars or shall be imprisoned not more than one (1) year, or shall be both fined and imprisoned.

Attorney General West Says Defect Probably Cured by Act of 1911

In several newspaper stories the assertion is made that certain material provisions of house bill No. 30, commonly referred to as the Bryan Dry County Bill is of no effect, and that its purpose and object are defeated because of a mistake in the penalty provision in Section 3 of the act, where Section 1 is referred to, when Section 2 was intended to be referred to.

It is true that the mistake occurred and it probably renders the penalty provision of this act nugatory, but this does, I think, not necessarily destroy the statute.

In 1911 the legislature passed an act which seems to meet this defect by supplying a penalty in cases where the penalty provision of a statute fails.

This statute is Chapter 8222, Acts of 1911 and reads as follows:

"Section 1. The punishment for commission of crimes, other than felonies in this state, when not otherwise provided by statute, or when the penalty provided by such statute is ineffectual because of constitutional provisions, or because the same is otherwise illegal or void, shall be a fine not exceeding two hundred dollars (\$200.00) or imprisonment not exceeding ninety days or both at the discretion of the court." In the cases of Stinson vs. State, 63 Fla., 42, 58 So. 722, and Douglas

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Smith, 66 Fla., 460, 63 So. 844, this statute was considered and applied by the supreme court. Since this matter came to my attention I have had little time to investigate it, but it seems to me that the statute may be upheld by looking to the 1911 act for the penalty, and I am writing this letter in order that you may consider this suggestion in the event in question should be presented to you for consideration. Yours very truly, T. F. West, Attorney General.

FOOD CONTROL PROHIBITION AND REVENUE Continued From Page 1

Among the changes in the food control features of the bill proposed by Mr. Hoover were application of the legislation to farmers' and gardeners' cooperative associations and modification of the committee amendment prohibiting government employees or agents from selling their own products to the government.

Mr. Hoover also suggested that the exemption given cooperative farmers' and gardeners' associations be stricken out. The committee agreed to remove exemption of grain elevators of farmers' organizations used for public purposes but retained the exemption clause as to associations not organized or operating for profit.

General debate will be resumed in the senate tomorrow. The senate finance committee plans a final vote on its revision of the house war tax bill tomorrow, probably after rejecting Senator LaFollette's substitute which would levy all war taxes on incomes, excess profits, liquors and tobacco.

Further hearings will be held this week on the bill appropriating \$600,000,000 for the aircraft program.

The Administration bill regulating "trading with the enemy" will be taken up when the house reconvenes next week.

Presbyterian Sunday School The Presbyterian Sunday school had some very interesting exercises "Patriotic Day." Besides the patriotic singing Lee Peek gave a talk on the Flag which indicated that Boy Scouts had been taught many things which fit them to make the best citizens.

Prof. J. C. Hutchinson made an address on "The Meaning of Patriotism." It was a gem. The Sunday school auditorium was decorated with flags, and everything helped to add an air of earnest patriotism to the meeting.

Next Sunday will be "World's Sunday School Day." In this program children will represent many countries in which the Sunday school is at work, each one wearing the native dress of the country. This ought to give a vivid picture of the army of Sunday school pupils throughout the world.

Tuesday, August 7th, is the day fixed on which the voters residing in the proposed new county of Okeechobee shall express at the polls their will for or against its creation. Those familiar with conditions say there is no doubt that the voters will approve the movement. The new county will be composed of the portions of St. Lucie, Palm Beach, DeSoto and Ocala counties, and its county seat will be located at Okeechobee City.

Says the Cocoa Tribune: "Orlando is to have a marmalade factory that will have a payroll of about \$500 a week. That sounds good. Florida eats the cheaply prepared compounds of the north, misnamed marmalade and jelly, while she can produce a much finer and purer product and in quantities sufficient to supply the world. Every section of Florida should have its canning and preserving factory."

Farmers and Fruit Growers Items of Interest for the Man Behind the Plow

Dry Vegetables at Home The drying of vegetables may seem strange to the present generation, but to our grandmothers it was no novelty. Even though the drying of fruits and vegetables as practiced a few decades ago on many farms has become practically a "lost art," the present food situation doubtless will cause a marked stimulation of drying as a means of conserving the food supply, says the U. S. Department of Agriculture in Farmers' Bulletin 841.

This bulletin, "Drying Fruits and Vegetables in the Home" is recommended by Miss Agnes Ellen Harris of the University of Florida extension division as being very valuable to Florida housewives. Copies may be had free by addressing the Department, Washington, D. C.

"This country is producing large quantities of perishable foods this year, which should be saved for storage, canned or properly dried," continues the bulletin. "Drying is not a panacea for the entire waste evil, nor should it take the place of storing or canning to any considerable extent where proper storage facilities are available or tin or glass jars can be obtained readily and at a low cost."

Drying vegetables has some advantages over the canning of them. Many homes are not supplied with root cellars or places in which to store vegetables. The dried product usually requires fewer jars, cans, or other containers, than does the canned product, and it can be stored in containers not suitable for canning. Also, the dried vegetables can be compacted into a small space and be stored in paper bags or cartons.

"With simple and inexpensive facilities, all housewives can save quantities of food which are too small conveniently to can," says the bulletin. "A few sweet potatoes or peas, or even a single turnip can be dried and saved. Even when very small quantities are dried at a time, a quantity sufficient for a meal will soon be secured."

The bulletin gives specific instructions for drying all of the common fruits and vegetables that may be conserved by this method.

Cheap Protein in Hay An acre of cowpea hay has one and a half times as much protein as a ton of bran and nearly three times as much as a ton of cornmeal. That is the relative value of under average yields, as computed by the U. S. Department of Agriculture.

The figures show that the proper place to get protein is to raise it, says the University of Florida experiment station. This is particularly true for dairy farmers, who must have an abundant portion of protein in the ration to keep up the milk flow. If not cowpea hay, velvet bean ranks next in protein value, figured according to acre yields.

Here are the amounts of digestible protein that may be had from the following crops, based on the average yield per acre: Cowpea hay, 393 pounds; velvet beans, 360 pounds; soy bean hay, 292 pounds; oat and pea hay, 297 pounds; corn silage, 176 pounds; peanut vines nuts removed, 132 pounds. While in a ton of bran there are 250 pounds of digestible protein, and in a ton of cornmeal there are 198 pounds.

Take Care of the Dipping Vat A concrete dipping vat, rightly made, requires little or no care, but the dipping solution must have attention if it is to be kept at the proper strength. During the summer season evaporation is excessive,

which means that the dip left in the vat will become more concentrated or stronger as the water evaporates, says John M. Scott of the University of Florida experiment station. By such means the solution may reach a strength far beyond that recommended, causing the death of some of the animals dipped.

It is also important to keep the vat covered during the rainy season, says Mr. Scott, as an excess of water in the vat will weaken the solution to such an extent that it will not kill the ticks when used. A little care is needed to keep the vat working at greatest efficiency.

To Can Without Sugar Those who wish to can blueberries but have been deterred by the high price of sugar will find the following information from the U. S. Department of Agriculture of value. C. M. Berry, County Agent, Sanford, Fla.

Fruit for use in pies or salads or as stewed fruit can be put up or canned without the use of any sugar at all, according to the canning specialists of the department. They therefore advise those who, because of the high price of sugar have been thinking of reducing the amount of fruit put up to can as much of their surplus as possible by the use of boiling water when sugar syrup is beyond their means. Any fruit, they say, may be successfully sterilized and retained in the pack by simply adding boiling water instead of the hot syrup. The use of sugar, of course, is desirable in the canning of all kinds of fruits and makes a better and ready sweetened product. Moreover, most of the fruits, when canned in water alone, do not retain their natural flavor, texture and color as well as fruit put up in syrup. Fruit canned without sugar, to be used for sauces or desserts, must be sweetened.

Canning Fruits Without Syrup Can the product the same day it is picked. Cull, stem, or seed, and clean the fruit by placing it in a strainer and pouring water over it until it is clean. Pass the product thoroughly in glass jars or tin cans until they are full; use the handle of a tablespoon, wooden ladle or table knife for packing purposes. Pour over the fruit boiling water from a kettle, place rubbers and caps in position, partially seal if using glass jars seal completely if using tin cans. Place the containers in a sterilizing vat, such as a wash boiler with false bottom, or other receptacle improvised for the purpose. If using a hot water bath outfit, process for 30 minutes; count time after the water has reached the boiling point; the water must cover the highest jar in container. After sterilizing remove packs, and seal glass jars, wrap in paper to prevent bleaching, and store in a dry, cool place.

If you are canning in tin cans it will improve the product to plunge the cans quickly into cold water immediately after sterilization. When using a steam pressure canner instead of the hot water bath, sterilize for 10 minutes with 5 pounds of steam pressure. Never allow the pressure to go over 10 pounds.

The Seaboard Air Line railway on the 18th inaugurated a gas electric train service between Jacksonville and Savannah, thus eliminating the steam locomotives. They are capable of traveling 75 miles an hour, and are the first of the kind in the south.

IN AND ABOUT THE CITY

Little Happenings—Mention of Matters in Brief—Personal Items of Interest

Summary of the Floating Small Talks Succinctly Arranged for Hurried Herald Readers

A. T. Liptford and family left yesterday for an extended trip through the west and intend to go as far as Salt Lake City, visiting at several places en route. They will be away several weeks.

Until further notice Musson's pool will be open every afternoon at 2 o'clock except Tuesdays and Fridays.

Hon. L. A. Brumley, chairman of the board of county commissioners returned Saturday night from Hunterville, N. C., where he and his family are spending the summer with friends and relatives. Mr. Brumley came down to be present at the meeting of the commissioners yesterday.

No. 666 will cure Chills and Gever. It is the most speedy remedy we know.

Woodland Park is the only place with amusements and taken proper care of. Open Sundays only. Leased privately on week days. Large clean pool, hot water jets, shower, toboggans. Picnic conveniences.

J. R. Hayden has returned from a business trip to Missouri where he has investments in cattle and timber lands.

Now is the time to buy "Naturesown Bone Pebble Phosphate. Guaranteed 32 per cent phosphoric acid. Hundreds of satisfied users in this county. \$10.00 per ton in car lots. See or write E. L. Winn, Sanford.

Ayers' New Daytona Beach Hotel—Daytona Beach, Fla.—Special summer rates now in effect. Week end parties solicited. Dance every Saturday night. W. F. & E. R. Ayres, managers and owners.

R. J. Holly and W. M. Haynes of The Herald have returned from Jacksonville where they spent several days attending the Florida Press Association.

Woodland Park open July 4th.

George McLaughlin left on Saturday night for Ft. Scriven where he has been accepted by the quartermaster's department and where he will make an ideal soldier for Uncle Sam. Our good ones are leaving one by one.

No. 666 will cure Malaria or Bilious Fever. It kills the germs.

L. F. Roper left today for Woodbury, Ga., where he will spend several weeks.

Rub-My-Tism—Antiseptic. Anodyne—Kills pain, stops putrefaction.

DISTINCTION TO BE DRAFTED

Man Chosen to Defend His Country Should Feel Proud

Service under the draft law recently enacted by Congress will be a distinction rather than a stigma. Let no man think that because he is drafted he is in a sense a "marked man," for such is not the case. Many have registered but only a few will be chosen. The chosen man will be one of distinction. This point was distinctly and ably set forth by Senator Fletcher on the floor of the senate while the draft bill was under consideration, when the senator so eloquently said:

"I do not believe any odium could attach to the drafted man under this bill. It would be more nearly accurate to call him the selected man. He enters the service because he is chosen among thousands. Chosen because he comes up to the standard fixed by the law. Selected because his country needs him and finds him to be fit to meet the supreme test of the citizen. He should feel honored by that choice. He should take pride in the fact that he was selected to defend his country on the battlefield with his skill, his manhood, his life. What greater privilege, what higher honor could come to him than to be selected from among all his countrymen to carry his country's flag in the face of his country's enemy? The drafted man will be the selected, the honored man under this bill."

What Senator Fletcher has said should be printed upon the back of every certificate given every man who is selected.—Washington Post, June 21, 1917.

IMPRESS THE FRENCH

American Troops Are Fine Body of Men

The French press and public have extended an enthusiastic greeting to the French troops, the announce-

ment of whose landing was permitted for the first time. All the newspapers give a place of honor to descriptions of the impressive sight as the long lines of transports entered a French port and debarked the American forces.

The Temps dwells upon the youth, vigor and military aspect of the Americans, and the completeness of their equipment.

The Journal des Bats in an editorial says:

"The grand democracy of the New World does nothing by halves. It entered this vast conflict in full consciousness of the ends to be obtained and with full resolution to neglect nothing in attaining those ends. What we witness today in the arrival of the Americans on French soil is magnificent proof of this fact."

"Two months and a half after the Americans entered the war their hardy troops arrive in solid lines upon the European front and it is not a modest advance guard, as the most hardy dared to expect. On the contrary, the forces which have just landed on our shore surpass anything which could reasonably be expected within so short a time."

When we recall the time it took England to recall her forces to South Africa and similarly the length of time it took us to move our troops to Saloniki, this remarkable accomplishment by the Americans is seen in its full significance. The material they bring is on the same abundant scale as their troops.

"Those who have been doubtful whether the American conscience would come in time have failed to estimate at its just value the tremendous moral and material American power that German brutality has mobilized against itself. And what we see today is only the commencement. Each day hereafter will increase the weight of that formidable sword thrown into the balance by the sister republic of America."

"Who can, even in Germany, be blind to the inevitable consequences of the events we now are witnessing?"

FOR SALE

Used Cars

1 Maxwell nearly new, \$175—Model 16

1 Maxwell, in good condition, \$395—Model 16

1 Overland, in good shape, \$300—Model 14

Seminole County Garage.

8-14

Removes Paint Shop

E. W. Temperton has removed his paint shop and head quarters from the location on Sixth street to 108 Palmetto avenue.

To My Patrons

Having removed my paint and paper hanging shop to 108 Palmetto avenue I am now prepared to handle all orders in painting and decorating and paper hanging. Now is the time to have this work done. Estimates cheerfully given.

Join the Army Now

June 30, 1917.

To The Press:

"A great many people are under the impression that recruiting for the regular army will be discontinued after July 1st. This is not the case—men are needed and are more earnestly urged to enlist now than ever before."

Enlistments may be made in the infantry, field artillery or medical department, and it is well worth the time of any young man of military age to personally investigate the unusual opportunities now being offered in the above branches. Join the REGULARS today and be the first to see active service in France. All vacancies for commissions after September 1st will be filled from the Ranks.

Don't be a "Slacker"—be a soldier by choice rather than necessity—be a "went, not a sent." If you are a true, patriotic, red-blooded American you will respond to Uncle Sam's call and help to win the world's greatest struggle for Democracy. The greater the number of enlistments from a town or county the fewer the number to be drafted. Florida is leading all southern states in enlistments according to population. Do your duty, young man, and she will continue to lead. Enlist TODAY.

Postmasters will continue to receive their usual bonus for all recruits procured by them.

Joseph T. Clement, 1st. Lieut. Infantry, R. O. Recruiting Station United States Army, 53-57 West Bay Street, Jacksonville, Fla.

The Chamber of Commerce, St. Johns county established a community cannery. It has been well patronized by women from both the city and the country, who find it easier to can there than in their homes.

ABOUT PEOPLE AND EVENTS...

A RESUME OF SANFORD HAPPENINGS UP-TO-DATE

Address all Communications for this Column to "Society Editor," or Phone Mrs. R. A. Terhoun, Phone No. 203

About That Knitting Harriet Culver in the Detroit Free Press:

"But maybe I'll get over feeling so foolish and can board a street car carrying this contraption without having my face get red as a beet every time I catch anyone looking at me," parried the Impatient Woman, catching my questioning glance as she laid down her knitting bag with a sigh of relief.

"And when that time comes maybe I can get a step further and draw out my knitting nonchalantly, as it were and take a few more stitches now and then," she continued. "But for the life of me I don't believe I can ever reach the stage when I do it inadvertently, as they say in the story books. I was reading the other day about a girl who stood a street corner knitting until the car came along, kept right on knitting while she stepped aboard, dropped a nickel between her teeth into a fare box and took her seat without ever dropping a stitch or losing a second of precious time."

"But I just know I'll always feel a bit queer carrying a knitting bag, even, for if there's anything I do hate it is to appear courting the limelight in any way. Goodness knows there are enough women already trying to qualify for the 'Any-way-I-Thought-of-It-First' first prize without my standing in at this late date."

Besides I am already a charter member of the strap hangers union and I couldn't be expected to be able to hang to a strap and still stick to my knitting, could I? At that, I don't know as it would be any more difficult than it must be to sit in the tannery of even one of our highest powered limousines and knit unconcernedly and unintermittently."

So far as looks are concerned I'm free to acknowledge that knitting in high places and public places particularly is effective. But when it comes to efficiency, I'm a little doubtful, but of course I'm only a beginner and shouldn't attempt to speak authoritatively.

I have one quarrel with some of the depositors on the subject, however, upon which I am confident to speak from experience.

"All along I've been hearing what a fine little nerve stealer, and sleep-inducing soporific knitting has been to countless thousands of restless women all over the land. But good gracious, it doesn't affect me that way at all. I decide to take a few stitches before my early bed time, and I make a bargain with myself that I'll knit just five rows and then stop for the night. And by the time I've finished the five rows I commune with my other self and decide to knit just five rows more, and then the next thing I know my second hand clock would be chiming out the midnight hour if there was not something the matter with the chimer which has made it necessary for me to stop winding that part of the mechanism lately.

"No, knitting with me, I fear, will always be a painful performance, rather more a penance than a pastime because I know I can't keep on forever knitted with pursed lips and squinting eyes and knotted forehead without paying a forfeit some time to the beauty parlor's skillful attendant, but I've got to finish up, the wool I've purchased before I sign one of Mr. Hoover's little pledges to stop waste, haven't I? And besides I do like it in a way especially when I'm invited to spuer and want to impress my hostess with my superabundant energy, as well as provide myself with a perfectly valid excuse for not offering to help wash the dishes afterwards," she concluded, maliciously.

All the ladies who want to sign the food administration cards promising their support to the food conservation can get them at the store of J. W. Dickens or at the Red Cross meeting at the Woman's Club on Thursday afternoon. This movement is one of importance and every lady is expected to do her part by signing up and living up to the contract.

Red Cross Nurse

When questioned about the war, Bishop Cameron Mann of the Southern Diocese of Florida, Episcopal church, who spent yesterday in Miami said: "The war is an obsession. There is really nothing to say along that line. All of my family who can are fighting in the war with the Allies, and I am greatly interested in the work of the Red Cross."

The bishop's daughter who expected to leave soon with a Red Cross unit for France, has been teaching in the Red Cross training School in Washington, D. C., and

the bishop hopes to make the trip east to see her before she sails. The Germans seem to have a particular fondness for attacking hospital ships," the bishop said yesterday. "so I am particularly anxious about her safety."

About the inspection of church schools, recently provided for by the Florida legislature the bishop said: "I am not yet sure that it is a law. The laws have not yet been printed and I have recently learned that the mere fact that the report is published that a certain law has been passed does not make it true. I do not know exactly what the law is, but suppose that it will affect the Cathedral school at Orlando as well as any other church institution in the state."

Bishop Mann yesterday conducted private confirmation services for a class of three in Trinity Episcopal church. Two of those confirmed were young soldiers.

Following his work in this section which include visits to Hallandale and Fort Lauderdale, the bishop will return to Orlando and shortly after that leave for his trip east.—Orlando Sentinel.

Morried in Dakota

Alvin R. Martin and Miss Bertha Jensen were united in the holy bonds of matrimony Tuesday evening, June 26. Reverend Bowersox acted as the officiating clergyman at the Protestantian Manor. The marriage came slightly as a surprise to the many well wishing friends of the principals, but was hastened somewhat by the reason of Mr. Martin having this early spring enlisted with the North Dakota National Guard, First Infantry Band. Mr. Martin expects to be called to join the colors any time.

It gives the Promoter great pleasure to record this event not only for the reason that the parties are among our most highly respected and estimable young people and leaders in the business and social circles of the community, but that Mr. Martin has patriotically and unselfishly offered his services to his country. He was one of the one or two of our young men who voluntarily did this and for this generous act he will be distinguished in Stanley for a considerable time to come.

The happy bride is the daughter of Mr. and Mrs. Tobias Jensen, and has for some time been employed as deputy superintendent of schools of this county, and has been one of the leaders of the younger set of our little city. The groom is at present employed as pharmacist of the Dakota Drug Co. They will do night housekeeping until Mr. Martin is called to join his regiment. Not only this paper but the entire community extends to Mr. and Mrs. Martin their earnest congratulations upon the taking of this important step.—Stanley (N. D.) Promoter.

Mr. Martin is a brother of Mrs. J. B. Calder of this city.

C. O. D.

A very pleasant affair was the entertainment rendered the C. O. D. on Friday, the 22nd, Miss Katharine Aycock as hostess proved herself a valuable member of the club. After various discussions of books and topics in brief light refreshments were served and every one adjourned much delighted with the past success of the C. O. D. and looking forward with interest to the meeting with Miss Ruth Kanner on last Friday evening. A general good time was the feature of the occasion. The club was honored with the presence of Misses Reta Leonardy, Cella Solomon and Anna Miller as guests of honor. Refreshments being served the party was taken for a ride by Mr. Israel Kanner and at a late hour departed for "home," voting Miss Kanner as a delightful hostess and her brother as a very generous chauffeur.

Miss Mamie Kate Williams left last Friday for Americus and other points in Georgia where she will spend the next few months among relatives.

Mrs. Warren Tyler is the guest of Mr. Tyler's parents in Jacksonville. Mr. and Mrs. C. D. Couch are leaving on Wednesday's boat for Jacksonville enroute to Jackson, Michigan.

Making Newspapers the Goat No thinking man can question the loyalty or patriotism of the press of America. We speak in general terms.

Much less can he question the willingness of the smaller papers to aid the government's plans to prosecute the war to a successful conclusion.

The newspapers were called upon for publicity to sell the \$2,000,

000,000 Liberty Loan bonds

loan was oversubscribed by more than 50 per cent. The newspapers were profusely thanked for their part in the publicity which caused the successful campaign. They gave liberally of their space and of the time and talent of their writers.

The great Red Cross war fund is now in progress and again the newspapers are giving the publicity which will make the campaign a success.

For all this the newspapers ask nothing. They do it as their loyal and patriotic duty. But more than this, their owners, publishers, editors and employees do their part in contributing to the financial side of the campaign.—St. Petersburg News.

Special Series of Sermons

For the month of July began at the Temple last Sunday night, with the opening sermon by Dr. Hyman, pastor of the Baptist church. The Doctor, as announced in The Herald used as his subject for the evening's discourse, "Insurance and Assurance." In the beginning of this sermon the pastor took occasion to say that it would be a good thing when performing marriage ceremonies for young folks, to make the man promise not only to love, honor, cherish and—, but also to promise to keep his life insured for the sake of his little wife, should he, in the near future, and before he had gotten over his seeming carelessness of squandering his financial earnings on his wedding tour be stricken with a terrible malady and die. Then Dr. Hyman took up the theoretical part of insurance and surely delighted the audience with the theoretical application of the subject. After this the pastor asked who would be assured of an everlasting life and peace with the great insurer of all mankind, and then painted a word picture of the real assurance when earthly insurance would fail. A striking line used by Dr. Hyman in this delivery was, "When you die, it's a fine thing to be insured for the sake of your loved ones, but a better thing if you are assured of that everlasting peace at the Throne of God."

These series of sermons will continue throughout the month of July, and will be augmented somewhat by midweek services on Wednesday night, at which certain of the laymen of the church will have charge of the services.

What is the answer? The Arcadia News says: "There is one thing we positively refuse to understand. If the daily cost of the French army is \$10,000,000 how can a loan of \$100,000,000 be of any use? To say the least, it would pay the cost three and one-third days. We talk of lending France \$100,000,000 as if we had settled her financial straits for awhile, when in reality it appears we have only relieved the situation a little more than three days."

Restaurants and hotels in New York have stopped serving butter at dinner, as a contribution to the food-saving campaign, but nothing is reported as to their reducing the cost of the dinner to their patrons in consequence. This food saving business should be done on a square basis.

Enigmatical.

"Bluffly certainly speeded some in his new automobile before the cops got him. The machine attracted lots of attention."

"Yes, I noticed a great many persons were struck by it."—Baltimore American.

Almost Unforgivable.

"I asked Arthur how old he thought I was, and he guessed right the very first time."

"Have you made up yet?"—London Stray Stories.

Reduced to Nothing.

Boy—What is "slag," papa? Dad—The residuum of a man's iron will after going through the matrimonial furnace.—Town Topics.

Look Ahead.

"Be a speedway," said Brother Dickery, "but understand well how ter slow up. Reason so many folks gets pitched over de fence into de briar patch er life is kaze dey dunno dat do fence is dar ont de hit it. So watch out whar you is an' how is you!"—Atlanta Constitution.

Household Calliothetics.

The Terre Haute woman rounds out her arms by dusting chairs, moving rugs and brushing down the stairs and sweeping the floors. She gives herself a buor carriage and a steadder gait by carrying wood and coal to the domestic hearth.—Terre Haute Tribune.

Inconsistent.

"And you won't buy that jantiquo chair I got from you ten years ago?" "No; it would be of little use to me in its present condition."

"What do you mean? Why, it's more antique than ever now."—Louisville Courier-Journal.

The Sign.

"I'm afraid Maud's second marriage is a failure."

"Did she say so?" "No, but she's beginning to speak well of her first husband."

Makes and Fills Bags.

An inventor has used the sausage machine as his model in devising a machine which makes and fills bags at the same time.

A "Good Time" Necessary.

Do not refuse your growing boy or girl legitimate pleasures. Young folks who are "kept down" do not stay there long. Encourage your boy or girl to have a good time in the right way, and know who his or her chums are. Invite these chums to your home, and let the young folks sing and play and have a good time together. Boys and girls between fifteen and twenty need looking after, and a good mother means more to young folks between those years than all the rest of the world combined.

Report of the Condition of The

FIRST NATIONAL BANK

At Sanford, in the State of Florida, at the close of business June 30, 1917.

Table with columns: Resources, Liabilities. Includes items like Loans and Discounts, Overdrafts, U.S. Bonds, Liberty Loan Bonds, Bonds other than U.S. Bonds, Total Assets, Capital Stock, Surplus Fund, Individual Profits, etc.

State of Florida, County of Seminole. I, B. F. Whittier, Cashier of the above named bank do solemnly swear that the above statement is true to the best of my knowledge and belief.

CLASSIFIED ADVERTISEMENTS

(Too Late to Classify)

For Sale—100 acres of land near Osteen, \$5 an acre for pay; also house and two lots at Waycross. Ten years time, little down. 91-1tp

Wanted—Batteries to repair. We repair all makes. Electric work on autos a specialty. Sanford Battery Service Co., E. A. Renaud, proprietor. 91-2tc

Lost—Ladies' brooch, flower design, set in center. Reward. Return to Geo. D. Watson. 91-3tc

Good Boy Wants Work on Farm—Will work for board and clothing as long as suits employer. Inquire at Herald Office. 91-2tp

Advertisement for Peter's Shoes. Includes text: 'THEY MAKE OLD FEET FEEL YOUNG AND YOUNG FEET FEEL HAPPY!', 'SATISFACTION SHOES', 'PETERS SAYS: "A Man Is As Old As His Feet Feel—A Woman Is As Young As Her Shoes Look"', 'E. H. PETERS Boots, Shoes and Slippers 301 EAST FIRST STREET'.

CURBSTONE GLEANINGS

BUDGET OF OPINION "JUST BETWEEN YOU AND ME."

EVEN THE GATE POST NOT IN IT

A CHIEF IS AMONG YE TAKING NOTES AND FAITH, 'HE'LL PRENT 'EM'---SO SAYS SAUNTERER.

Der Kaiser Und Der Crown Prince
Der Kaiser called der Crown Prince in Und say to him: "Mein son, I tink ve go lek der worldt, Dot giffs us lots of fun."

Der Crown Prince says: "Perhaps ye can't."
Der Kaiser slapp der table, Unt says: "If I vold lek der worldt, By Gott, nein son, I'm able."

Der Frenchman, vot is dem to me? I erdash dem wil my d'umb; In yoost vone week, in Paris streets, You hear mein Dutthers drum.

In spite of dreaties I will show Der Belgians who I am. I'm yoost like Teddy Roosevelt, kid, Mine vord aint wort a tamm.

I come right back from Paris quick, And tackle him, der Czar, I bet he says tammit suddenly, 'Vot fighting men you are.'

Und little George of England, too, I turn him on mein knees, Und spank him so he cries out loud: 'Aeh! Kaiser pardon me!'

I take from him his fighting ships, Und turn dem into Yunk; I make him dip his flag to mein, Ven all his ships is sunk.

Und if der Yankees give me aas, I go right over dare Und tear der Gott-tammt country up.

I vill --- by Gott --- I schwear.
Der yellow Japs vot talks so big, I give dose fellows hell; I make dem tink der planet Mars On top dem has fell.

Why, you don't know me yet, mein boy,
You never seen me fight; But dat's the Gottalightiest ding In vich I take delight.

I am in favor of the city commission plan of government and firmly believe that nothing less than commission plan will ever lower our taxes and get proper results. The Dixie Highway Magazine tells about one instance as follows:

Henry M. Waite, city manager of Dayton, Ohio, is running the municipality just like he would run any big business concern. Every time he can save a dollar he goes and does it, and he doesn't have to ask anybody's permission.



Long Distance Always Gets Quick Attention

"I always answer Long Distance Telephone calls promptly. Usually it means profitable business or an opportunity to settle a problem quickly and satisfactorily.

"When I talk to a man over the Long Distance Telephone it is like being face to face with him. I can inject my personality into the matter and win his confidence without loss of time.

"The telephone, both Local and Long Distance, plays an important part in our business. We have a Bell Telephone on every desk and the time and traveling expenses we save make the cost of our service one of the most profitable investments."

Every Bell Telephone is a Long Distance Station.

SOUTHERN BELL TELEPHONE AND TELEGRAPH COMPANY



was \$163,000 less than in 1913. In spite of this handicap, Manager Waite went straight ahead, and not only forced the city to cooperate within its income, but paid off more than half of the inherited indebtedness, and came out at the end of 1916 with a cash balance of \$12,000.

One of his first activities was to perfect an efficient organization in the department of public welfare. This has to do with charities, corrections, employment, free legal aid, health and sanitation. First returns were noted in the saving of human life, because the death rate has been reduced from 15.7 per one thousand of population to 12.09. The baby death rate is only 88, whereas the average for the whole United States is 124 per one thousand. A corps of visiting nurses, maintained by the city, instructs expectant mothers in feeding, dressing and caring for infants. Sanitary inspections are constant, and bacteriological tests of water, milk and foodstuffs keep a laboratory force busy.

He completely motorized the fire department, adding twenty-five men to the rolls, increased wages and shortened working time. The police force was augmented by a score of men, salaries boosted and annual vacation periods granted. Fire losses were reduced through constant inspection, instruction and efficiency in the department. Crime was lessened, gambling prohibited and the habits of the demi-monde closed.

Streets have been paved or repaved, and repair work costs 100 per cent less than formerly. The city used to lay out approximately \$63,000 annually for the collection and disposal of garbage. Waite built a municipal reduction plant for \$39,000, and its first year of operation yielded a profit of \$47,000. Capabilities of the municipal water works system have been increased 63 per cent. Last year it returned a profit of \$72,000.

Three years ago Dayton had one acre of park and recreational space for each 5,948 residents; today it has one acre for each 333 persons. The city maintains twenty-two supervised playgrounds for youngsters, and as a result juvenile delinquency has been reduced to the minimum. He started a municipal baseball league with a dozen teams. Park attendance has increased 70 per cent, while playground attendance has increased 37 per cent. The average cost to residents for parks and playgrounds for 191 was only 40 cents.

Waite abandoned the city workhouse, abolished contract labor and bought a correction farm. Prisoners are employed in agricultural pursuits, treated humanely and turned out more nearly fitted to again take their places in society. Besides, the farm products go a long way toward paying the expenses of the institution.

Waite established a division of purchasing. Dayton bought motor-driven fire apparatus for \$1,000 less per piece than some other cities. He took advantage of rapidly rising markets and bought steel and cement for bridges, water pipe and sewer pipe. Thus he saved the city nearly a half million dollars. Dayton has been paying 9 cents per gallon for the gasoline for its 86 automobiles.

Under Manager Waite and the commission residents have more of service, more of recreation and opportunity than in any city of the United States. Petty contractors who used to thrive off the favoritism about the city hall, as well as some of the old line of plum-plumbing politicians, call Waite an "efficiency bug." He may be a "bug," yet he has surrounded himself with other efficient "bugs," and all are crazy to see how, nearly they can give one hundred cents worth of service for each dollar expended.

Waite is efficient and demands efficiency. In carrying out this demand he'll "go to the mat" with anybody who doesn't play cards above the table. It's a game of fifty fifty with the manager. He thinks as much of and will work as hard for the modest wage earner as for the rich manufacturer—and he's working for all of Dayton. He's interested, and being so, he has interested all citizens. Good government always follows citizen interest. Just like a well managed corporation, Dayton pays dividends to its stockholders—the taxpayers.

James Duncan, the athlete, offers these tips to boys who want to be strong. "Any boy," he says, "can put himself in excellent physical trim and banish illness from his life if he wants to do it," and then mentions several ways in which this can be done.

"The first necessity for a boy who wants to make himself physically perfect," he continues, "is sleep. I make it a point to get nine hours sleep every night. Plenty of sleep is absolutely necessary to keep the body in good shape. I have done this all my life since I was a little chap.

"Next, I would advise a boy to keep away from cigarettes. I have

never smoked in my life. It is bad for the mind. No athlete can afford to smoke, and no young man who wants to keep in physical trim can indulge in tobacco. Alcohol is just as bad.

"And food is most important. Plain cooked food and not to excess, at regular hours, is my program. I eat a good breakfast and dinner, but a very light luncheon—only a little fruit.

"Then comes cleanliness. The body has to be kept free from impurities and the pores of the skin allowed to do their normal work of casting off body impurities if the young man is to keep physically fit.

"The boy who wants to get into physical trim ought to start walking, keep on walking and never give it up. I am a great walker—it is the finest exercise I know. I've got six prizes for walking and am as proud of them as any I ever won.

"Anything and everything in the line of athletic sport is good. I have played football, baseball, and have been a swimmer all my life. Swimming, too, is one of the very best things for a boy. Every boy ought to learn how to swim when he is young and keep it up."

Another Sweet Pepper Recipe (To Can the Pimiento in Glass)

The very thick meat sweet pepper we have in this region is, when mature, so nearly like the variety used for commercial canning that Seminole county housekeepers may safely try this recipe given by the Bureau of Plant Industry.

Canning Peppers

The fruits of the mild flavored varieties of Spanish peppers (used in canned pimientos) differ from the ordinary sweet bell pepper in that they have a much thicker meat, a very tough skin, and are smooth in contour, being comparatively free from ridges. These peppers upon being heated develop a juice which when mixed with water makes an unpleasant slimy mixture. For this reason no water is used in their preparation for salads or in canning.

The peppers should be picked in the early morning and handled carefully to prevent bruising. This can be done by placing them in shallow trays from which they can be easily sorted. The medium sized, uniformly sound peppers should be canned whole. The irregular, broken ones may be cut into strips and canned or used in relishes, sauces or soup mixtures.

Select sound, uniform peppers of medium size. To remove seeds, cut around the stem of each with a slender paring knife and remove the inside partitions. To peel, place the peppers in a hot oven from 6 to 10 minutes until the skin blisters and cracks, being careful not to allow them to burn. Then remove the skin with a slender paring knife. Flatten the peppers and pack in horizontal layers. For the 4-11 brand package use a 10-ounce tumbler shaped glass jar with hermetic cap. This jar should contain, packed in flattened horizontal layers, six whole peppers. The jar should be well filled and in some cases seven peppers may be necessary for a full pack. Cap, clamp and process for 20 minutes. Do not remove the clamp until the jar is thoroughly cold.

The strips and cubes cut from irregular and broken peppers may be packed in pints and quarts for home use. Process pint jars for 20 minutes and quart jars for 30 minutes. The best way to chop the vegetable ingredients uniformly is to put them through a food chopper.

EGGPLANT RECIPES

Pickles, Preserves, Marmalade, Candied Eggplant

It is not generally known that eggplant may be preserved in any form save the simple canned form, but the Japanese have long pickled eggplant and some of the housekeepers farther south in this state each year put up eggplant preserves. In my own experience I found that candied eggplant was but a step from the preserved form and eggplant, properly treated makes a delicious confection. I also found that marmalade, catsup and Chile Sauce might be made from this vegetable. Having no Japanese recipe this was evolved by experiment.

Eggplant Sweet Chopped Pickle. Peel and chop the eggplant, using chopped onion with it in proportion of one-third part. When prepared, drop the eggplant and onion into boiling water in which a teaspoonful of salt has been added for each pint of water. Boil fast five minutes; drain; pour cold water over and drain again. Meantime prepare a sugar, using two and one-half pints sugar to one half pint of water and three fourths pint of vinegar. Add spices preferred (whole and tied in a tiny bag) and bring syrup to a boil. Then add the drained vegetable mixture and let simmer until the syrup is thick and the vegetable tender and rich; when remove the spice; fill heated, sterilized jars and seal.

Eggplant Catsup. All eggplant or part eggplant and part tomato pulp may be used, thus making a catsup. The tomatoes are scarce and eggplant is plentiful.

Peel; slice and boil the eggplant in slightly salted water till tender; drain mash, and again drain very dry. Then use as tomato pulp is used, adapting it to any favorite catsup recipe. (A government recipe for tomato catsup was given in the Herald for June 1st.

Chile Sauce. Prepare as in forging recipe and use with chopped peppers, onions and tomatoes according to any preferred recipe for white Sauce. (See Sanford Herald of June 1st.)

Eggplant Marmalade. Peel; run the eggplant through a food chopper (coarse knife and drop into boiling water, adding with the eggplant one-fourth teaspoonful of soda for each quart of water. This helps the color. Let boil five minutes; and drain. Meantime make a syrup of one pint of sugar and half pint of water; add the drained eggplant and cook down till of the consistency desired. Add a salt-spoonful of salt for each pint cooked and flavor with lemon or ginger or with pineapple. Part pineapple may be used with the eggplant but, whether used with or without pineapple, eggplant makes a successful marmalade.

Eggplant Preserve. Peel the eggplant and slice in thickness desired, then let stand over night or for at least six hours in brine made with a tablespoonful of salt to each quart of water used. Parboil three minutes and then drain. Meantime make a thin syrup with sugar in proportion of one part of sugar to one part of water, boiling together two minutes only. Then add the eggplant and simmer till just tender; no more. (Too long will make it mushy). Drain. Add to the syrup! lemon juice alone or lemon and some other fruit juice in proportion as preferred for flavor, and cook down until very thick; replace the eggplant in it, simmer ten minutes, then drain out the eggplant into heated sterilized jars; fill up with the boiling syrup and seal.

Candied Eggplant. Prepare as for Eggplant Preserve until ready for placing in jars. The sun or in a cool oven, turning occasionally. If dried in the sun it may require several days to become sufficiently dry to pack away. When ready place in layers in glass or in small tin boxes, sprinkling sugar between the layers. Ginger may be mixed with the sugar if a ginger infection is liked.

Riley M. Fletcher Berry.
The Florida Syrup Company is being organized at Tampa. It is the purpose of the company to produce in the fall of 1918 approximately 50,000 cases of syrup and increase the production until the average is about 200,000 cases annually. The company owns 2700 acres of land in Manatee county, and which will be cleared and planWed to suga cane.

Vertigo. As the Washington Post says, love makes the world go round, only we wish it wouldn't make it go round so fast that some of us get dizzy.—Buffalo Times.

Following Precedent. "Where is that cuff I had on yesterday?" asked the hungry-looking poet. "I sent it to the laundry," said his wife. "Gracious, woman, I had a poem written on it!" "Oh, it will come back. You know your poems always do."—Yonkers Statesman.

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SAVED SEMINOLE COUNTY BY THE SANFORD BOARD OF TRADE

Defeating the Proposed Fifteen Per Cent Interstate Freight Rate Advance Case Saves

\$1,400,000.00

To Florida Vegetable And Fruit Growers Alone

Everyone in attendance at the Washington hearings before the Interstate Commerce Commission, performed excellent service but the initial work was done by SEMINOLE COUNTY. Not only was the Sanford Board of Trade granted special time before the commission but by having their representative as one of the committee of seven, elected at the Shippers Convention in Chattanooga, Tenn., April 20th, to represent Florida in Southeastern Shippers Association, in Washington, they were given access to legal representation before the commission at the hands of such able Traffic Attorneys as: **William A. Wimbish, of Atlanta, Ga., and Challen B. Ellis, of Washington, D. C.**

The following resolution also indicates when and where the work started and brings out the fact that this organization took the initiative in securing a full hearing for the producers and shippers before the commission and in addition, prevented the carriers from putting into effect on July 1st, their 15 per cent Freight Rate Increase.

RESOLUTIONS ADOPTED APRIL 20, AT CHATTANOOGA CONVENTION, COMPOSED OF SOUTHEASTERN SHIPPERS AND RECEIVERS OF FREIGHT IN THE MATTER OF FLAT ADVANCE OF 15% ON INTERSTATE TRAFFIC:

"Whereas, railroad companies of the Southern states have filed an application with the Interstate Commerce Commission for authority to increase their present rate 15 per cent., except on coal, coke and ore, on which special advances have been requested, and

"Whereas, within the past year the railroads in said territory have received a marked advance in rates in many instances; therefore, be it

"Resolved, by the Shippers' Organizations of the Southeastern territory, that the Southern Railroads shall be called upon to justify their proposed increase, and that a committee of seven shall be appointed to have the interest of the shippers of the Southeastern territory thoroughly represented in the hearings before the Interstate Commerce Commission on said proposed increase, and that said committee shall have full power to act in the matter of securing representatives and to call upon the various shippers' organizations and shippers of the South for contributions to defray the expense of such representation; the members pledging themselves to raise sufficient funds to permit the committee to engage an attorney if necessary, to appear before the Interstate Commission in the matter of the suspension of the rate."

COMMITTEE:

MORGAN RICHARDS, Secretary, Chamber of Commerce, Selma, Ala.

T. M. HENDERSON, Commissioner, Traffic Bureau of Nashville, Tenn.

D. C. MARLOWE, Secretary, Board of Trade, Sanford, Florida

(ONLY MAN FROM FLORIDA ON COMMITTEE)

S. A. SPIVEY, Secretary, Chamber of Commerce, Columbus, Ga.

HARRY T. MOORE, Traffic Manager, Atlanta Freight Bureau, Atlanta, Ga.

W. S. CREIGHTON, Traffic Manager, Shippers' and Manufacturers' Association, Charlotte, N. C.

JOHN S. FLETCHER, General Counsel, Chattanooga Mfg. Association, Chattanooga, Tenn.

This decision saves an Increase in Freight of \$26 per car on Vegetables and \$30 per car on Citrus Fruits.

It cost **The Sanford Board of Trade \$300** to prepare for and defend this case.

A similar case is now pending in Tallahassee, Intrastate asking for an increase of 15 per cent on such articles as **Fertilizer, Crate Material, Feed Stuffs, Groceries, Etc.** To successfully oppose this case, the Moral and Financial support of every Citizen of Seminole County is required.

THE SANFORD BOARD OF TRADE