

Inside today: It's the people that make up the personality of a community. Read about them in *Our Town Lake Mary*.

# Sanford Herald

Serving Sanford, Lake Mary and Seminole County since 1908  
88th Year, No. 225 - Sanford, Florida

## Michaelangelo would be amazed at Exoscope's unique art



Herald Photos by Doris Bloodworth

Holiday decorations of foam were crafted by partners Allieri and Freeland in Sanford.

## Sanford design team fills orders from around world

By DORIS BLOODSWORTH  
Herald Staff Writer

SANFORD — From bar mitzvahs to Batman's boat, no job is too unusual for the talented design team at Exoscope, located in the historic waterfront district.

Louis Allieri, 24, and Scott Freeland, 27, the talented partners who started the design and fabrication company out of their Tampa garage four years ago, moved their business to Sanford in February 1995. Since then, they routinely put in 50-100 hour work weeks filling orders

from around the world. Allieri said he and Freeland became friends while attending the Ringling School of Art and Design in Sarasota, Fla. Allieri graduated with a degree in illustration. Freeland graduated with a degree in sculpture.

But, they say their skills now overlap as they both work on projects from the drawing board to putting the finishing touches on their many bigger than life designs.

"It's a fun industry," Freeland said. "You are never bored. One day you are making a big See Exoscope, Page 5A



This sculpture looks like marble but is actually made from foam.

## Candidates line up for commission

### 4 seek District 1 seat



Lon Howell

By NICK PFEIFAU  
Herald Staff Writer

SANFORD — With city election primaries not scheduled for over five months yet, four persons have already indicated they will seek the position of City Commissioner for District 1.

Qualifying time is not officially underway yet, but four persons have either filed a notice of designation of a treasurer, and appointed depositors for their campaign fund, or publicly announced their intention to seek the office.

Those who are presently identified as seeking the commission seat are incumbent Lon Howell, Ricky Shearer, Walt Padgett and Alfred DeLattre.

Lon Howell — Howell says for a time, he questioned seeking re-election, but has felt a great many steps toward progress have still not been made, and he says he wants to continue working on these matters. In the 1992 election, Howell won over three opponents in the primary, and defeating opponent Jordan



Ricky Shearer

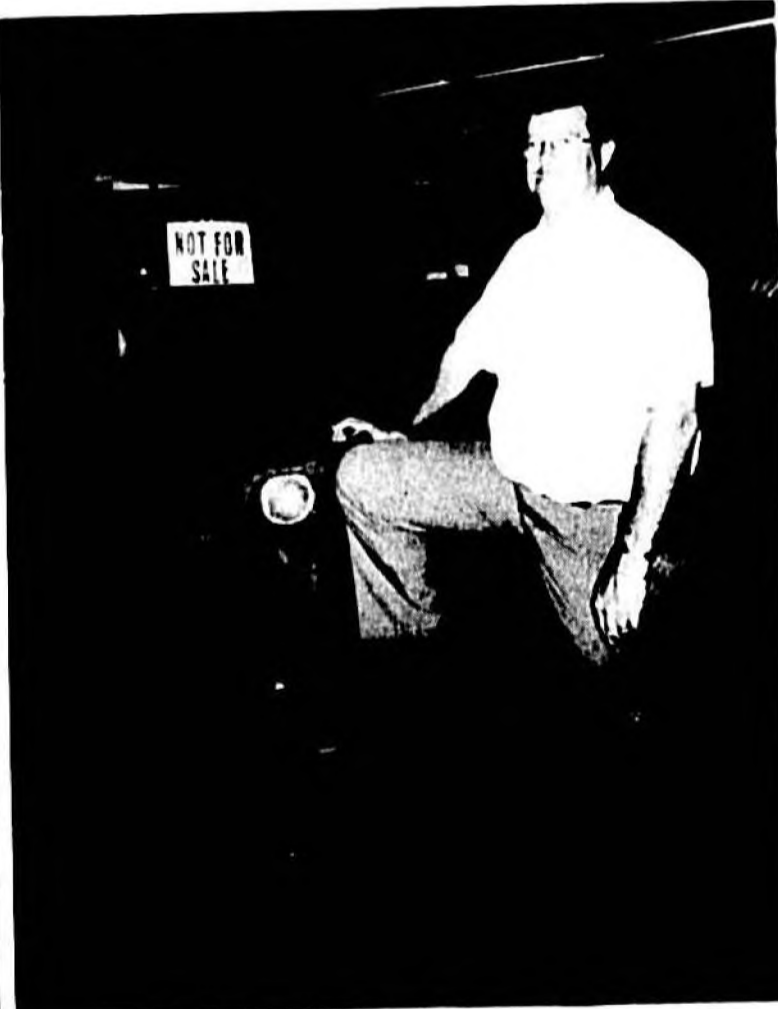


Walt Padgett



A. DeLattre

See Candidates, Page 6A



Herald Photo by Russ White

Jeff Bales by 1942 jeep.

## Sorry, This jeep is NOT for sale

By RUSS WHITE  
Herald Staff Writer

The showroom is loaded with sporty, smart-looking, powerful, capable, colorful, four-wheel drive utility vehicles. All For Sale.

On its own is a very special "jeep." Not For Sale.

A jeep that is 54 years old, a World War II Army veteran. Drab olive, 11-foot-long, no doors, spartan, cramped and unstintingly functional.

"She's a treasure. Isn't she?" says Jeffrey Bales, vice president of the Sanford Motor Company. "Someone's always trying to buy or lease her. But she's definitely not for sale or lease."

The jeep, Bales explains, belongs to a customer who collects vintage vehicles. Today, it sits proudly among a

See Jeep, Page 6A



Herald Photo by Tommy Vincent

Participating at the dedication ceremony naming George Touhy Park Friday morning are (left to right) are: Sanford Mayor Bettye Smith,

daughter-in-law Nancy Touhy, widow Louise Touhy and son James Touhy. Other Sanford officials attended the event.

## City park renamed Sanford honors George Touhy

By NICK PFEIFAU  
Herald Staff Writer

SANFORD — One of Sanford's city parks has a new name. The change became official Friday when a sign designating George Touhy Park was dedicated by city officials.

James Touhy as well as his wife, Nancy, of Dalton, Georgia, were both on hand for the observance, as was his widow Louise Touhy and a number of city officials led by Mayor Bettye Smith.

Actually, the name change was approved last October by the Sanford City Commission, who responded to a suggestion by James Touhy that a park be named in honor of his late father.

During the festivities, Mayor Smith presented a special tribute to Touhy.

The park is located in the 600 block of Elm

Avenue, immediately adjacent to the old Sanford Grammar School. It had previously been known as Elm Avenue Park and is part of the city's Parks and Recreation Department facilities.

George Touhy passed away in 1992. He had been extremely active in the banking and savings and loan business in Sanford and held many high level positions.

Among his civic activities, Touhy had been honored for achieving 45 years of continuous service to Rotary Club of Sanford and was named Rotarian of the Year in 1986/87. The Greater Sanford Chamber of Commerce awarded him with its coveted Topper Award in 1980, and the second annual Luis Perez Humanitarian Award in 1990.

He was also active on the board of directors for the Salvation Army Boy Scouts, Florida See Park, Page 6A



Partly Cloudy

Today: Partly cloudy with a chance of afternoon thunderstorms. Highs in the lower 90s. Chance of rain 40 percent.

For more weather, see Page 2A

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Even if you are on the right track, you will get run over if you just sit there. —Arthur Godfrey

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# Editorials/Opinions

## Sanford Herald

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## EDITORIAL

### TV stations: try to be sensitive

Depending on the way they wish to approach news, newspapers, radio stations and television stations have a right to present information they see fit. If their readership or viewership drops, they often change their style, and the process goes on and on.

But we are presently at a situation where we don't believe waiting until the next rating period before making a change, and we are speaking directly at our local television newscasts.

It isn't proper for one media to complain about another, after all, no one is perfect. But in this case, we believe TV is going overboard.

For heaven sake, stop bothering the family members and neighbors of those Florida service personnel killed in the bombing disaster in Dhahran.

Stop poking those microphones into the faces of wives and relatives of those who lost their lives, asking, "how do you feel?" What do you expect them to say in response?

Watching local news programs possibly gives one the feeling that the more tears and sobbing they can present on a newscast, the better their news quality is. If that is truly the way news presentations operate, we have reached the absolute bottom of the ladder.

Most newspaper writers and most broadcasters go to great lengths to present news based on fact or opinions. They knock themselves out to be as factual as possible. Certainly, no one is perfect all the time. We're all human.

But this present situation appears to be an effort to increase viewership through taking advantage of a tragedy.

It's no different than jamming a microphone into the face of someone being hauled off to jail and asking, "why did you do it?" Or at a person who's home has just gone up in flames asking, "how does it feel?"

We don't need to know how people feel after a tragic occurrence. We want to know if anyone has been hurt, if there is information regarding the cause, what is being done to help ease the situation, and above all, what we, as individuals might be able to do to help, if this is possible.

People call the newspapers when they have objections. Television stations however, generally receive very few calls, possibly because people think they are bigger and more powerful and cannot be changed.

But this continuing and blatant disregard by television field reporters to poke into the personal feelings of private individuals has got to stop.

Let's show some compassion for those who are suffering because of this tragedy.

## LETTER

### Praise for Disney

When Walt Disney Corporation extended the health benefits to spouses and children of gay and lesbian employees, it instilled belief that we all have the basic right to love who we want, live the way we want and raise our children to be non-prejudiced of others and who they love and how they live.

Walt Disney has always been ahead of their time, and has taken a firm stance that all people have the right to medical benefits. It is not a so-called fringe benefit as Mr. Fann stated in his letter to the editor. It is their right.

I believe that no one is trying to undermine traditional/licensed marriages, but to give basic rights where they are due. It is not a low blow to society, but merely a reality check. Open your eyes! Gay and lesbian individuals are citizens of the United States of America and also someone's daughter or son, aunt or uncle, sister or brother or maybe even a father or mother.

The small-minded few who have not opened their eyes, their hearts and realized that there are many gay/lesbian couples in the work place and in your neighborhood, in your family, in your church and in our government. They need to understand that their sexual preference does not constitute who they are any more than a heterosexual relationship constitutes who or what a person is.

In the Webster's Dictionary it states: family - all the people living in the same house, a group consisting of two parents and their children (it does not say whether the parents are a traditional male/female role). If there is love, caring and respect in a household, who should judge?

It is my belief that true Christians "love thy neighbor" and HATE IS NOT A FAMILY VALUE.

Martha Wells  
Sanford

## MORTON KONDRACKE

### Is Democratic shift to center a ploy?

At long last, Democratic congressional leaders have figured out that the party has to move to the center to win elections. But will they stay there if they succeed in recapturing control of Congress this November?

Speaking privately, many Democratic activists think the party needs at least two more years out of power to get the point that traditional big-government, interest-group liberalism is a loser, and that a new formula is required for Democratic success.

House Minority Leader Richard Gephardt, D-Mo., and Senate Minority Leader Tom Daschle, D-S.D., unveiled a "Familia First Agenda" recently that Gephardt accurately described as "modest and moderate," but it dodged many difficult issues and demonstrated limited creativity. It's not at all clear the agenda will be followed in a Democratic 105th Congress.

One former Democratic congressional leader said he worries that the collegiality-minded Gephardt lacks the forcefulness to impose "Familia First" principles on Democratic committee chairmen who will be predominantly liberal and who got used to having their way in previous, Democratic-run Congresses.

Gephardt's response is that if Democrats do recapture the House in November, their vote margin is likely to be so narrow that only a

moderate agenda stands a chance of passage. New polls indicate that Democrats may well

regain control in November, and Republicans seem to be improving the Democrats' chances by showing little inclination to moderate their own agenda.

The latest Pew Research Center poll gave Democrats a 9-point lead on the "generic" congressional preference question, 50 percent to 44 percent, their largest advantage yet in that survey. A recent Gallup poll showed Democrats up by 7 points, 50 percent to 43 percent.

The new Pew poll also shows that when voters were asked about the "policies and proposals" of GOP leaders in Congress, 50

percent disapproved and just 36 percent approved.

Speaker Newt Gingrich, R-Ga., and other Republican leaders maintain that the decline in GOP poll ratings is largely the result of massive negative advertising by Democrats and not a lack of public support for the GOP agenda of less government and lower taxes.

Asked whether Republicans will come back with a different agenda in 1997, House Majority Whip Tom DeLay, R-Texas, told me, "We wouldn't change a thing," including the plan to reduce Medicare growth by \$270 billion over six years.

Only a few Republicans, like Sen. John McCain of Arizona, understand the need to demonstrate that GOP policies are designed to improve lives, not satisfy ideological urges. And even fewer see a need for new policy ideas to accomplish the task.

The latter category includes Sen. Dan Coats, R-Ind., and former Education Secretary Bill Bennett, now joined by House Budget Committee Chairman John Kasich, R-Ohio, in sponsoring a "Project for American Renewal" that includes a \$500 per person tax credit for contributions to poverty-fighting local charities.



It's not at all clear the agenda will be followed in a Democratic 105th Congress.



## WILLIAM RASPBERRY

### I'll know it when I see it...

I shall not today attempt further to define the kind of material I understand to be embraced within that shorthand definition (of hard-core pornography) and perhaps I could never succeed in intelligibly doing so. But I know it when I see it...

The late Justice Potter Stewart, who wrote those words in a concurring opinion in a 1964 pornography case, might have felt right at home in the current court.

This court, in its latest visit to congressional redistricting, declined to embrace any definition of an unconstitutionally odd-shaped district. Nor did it suggest what degree of race consciousness on the part of the drafters is too much, or even tell us why it is all right for people who map districts to pay serious attention to party affiliation or incumbency protection, but not to race.

The justices, at least a plurality of them, could have expressed their views regarding what Justice Sandra Day O'Connor described as excessively "bizarre" districts by borrowing Potter Stewart's words: I know it when I see it...

I know it too. I get a queasy feeling just looking at some of the districts the court examined in its latest decisions (and some it didn't examine as well). Nor is it merely the bizarre shapes of the districts that bother me. I'm bothered as well by the very notion that it's in the interest of black Americans to create a black majority district by stripping surrounding districts of their black voters.

But I'm bothered more by the court's bumbling inability to settle the districting debate in any way that candidates, voters or legislator-drafters can rely on. As with the pornography case, the court virtually guaranteed the controversy will be kept alive. And as with Justice Stewart, the reason is the instant search for the non-existent, in the re-districting cases, the search for a solution that is constitutional, rational, politically acceptable and fair, without rewriting existing law.

The drafters of the district maps, state legislatures, are in an impossible situation. The Voting Rights Act forbids them to dilute minority voting strength, and the Supreme Court forbids them to draw shapes that are too weird. The only guarantee is that somebody will sue, and the court will have to do the whole dance again.

But the rules under which the legislators must work imply standards that are non-existent. A dilution of minority voting strength from what? From what it was before the new district boundaries were drawn? From the best possible shot for minorities to elect the greatest possible number of members? The bizarreness disqualification suggests a previously existing paragon of compactness and neatness.

But there never were any electoral checkerboards. Districting maps have always been political documents, and the court says they may go on being political documents. They still may, without any requirement for compactness, be drawn to protect incumbency. They can be drawn to retain disproportionate party strength. They can be drawn (as in Arizona) to make sure that the Hopi and the Navajo have different representatives. Only race is an illegitimate motive, the court says.

And its majority will be aghast when the result is to reduce by half or more the number of black members of Congress.

The court has made, and keeps making, two fundamental errors. First (as has been said in a different context) it has made the perfect the enemy of the good. In a perfect America, race would be of no electoral significance. In the actual America, race matters, no matter how fervently the court majority wishes it didn't.

The second error is its refusal to distinguish between "gerrymanders" created to preserve an unfair distribution of political power and "bizarre" boundaries created to move us closer to fairness. It's like refusing to distinguish between the doctor's slap on a newborn's rump and a stranger's child abuse; like charging a paramedic with battery for pounding on your chest to get your heart beating again.

Justice Stevens, in a dissent joined by Justices Ginsburg and Breyer, stressed the distinction the majority keeps missing:

"The court-imposed barriers limiting the shape of the district will interfere more directly with the ability of minority voters to participate in the political process than did the oddly-shaped districts that the court has struck down in recent cases," he wrote.

Then: "Rather than attach blameworthiness to a decision by the majority to share political power with the victims of past discriminatory practices," the court ought to concern itself with the palpable and admitted partisan abuse of power.



I get a queasy feeling just looking at some of the districts the court examined in its latest decisions...

## WRITER'S BLOCK



Russ White

Staff Writer

### Listen to voices of summers past

Listen to the sounds of summer 1924 in Sanford. A boy named Merrill Roberts has invited his pal, Walter Lanier Barber, to his house to hear a marvelous radio receiving set he had just put together.

Merrill Roberts, a quiet kid who wore glasses, didn't say much and was always indoors instead of outside playing ball with the other kids.

Merrill Roberts forever fooling with his new-fangled radio set.

Walter Lanier Barber, who would become the great baseball broadcaster, Red Barber, never forgot hearing radio for the first time at Merrill Roberts' house. What a sweet summer it was in 1924.

Barber had few if any equals in baseball broadcasting. Mel Allen, who passed away Sunday, was one of them.

Allen was born on Valentine's Day 1913, five years after Barber. He, too, was a Southern boy, the oldest of three children of Julius and Anna Israel, who owned a clothing store in Johns, Ala.

Allen said he would come inside the house and have his mom or dad read what was underneath the pictures and this way he knew how to read before he went to kindergarten. "You see, I had a head start," he said.

Eventually, Barber and Allen wound up in New York. Barber became the voice of the Brooklyn Dodgers and Allen the voice of the New York Yankees.

In 1954, after Barber's contract ran out in Brooklyn, he joined the Yankees' broadcast team. Just imagine Barber and Allen together.

Obviously, only one could handle the microphone at a time.

Professionals, they established a certain give-and-go.

Barber was first and foremost a reporter, who kept at his side a stanza written by Rudyard Kipling from "The Elephant Child." It read:

"I keep six honest serving-men (They taught me all I knew) Their Names are What and Why and When And How and Where and Who."

Although no slouch at reporting, Allen was more known for his gusto and a simple but very famous -- "How about that!"

Talk show host Larry King said he remembers listening to Barber as he went to bed each night of summer. "Hearing him," King said, "was a daily lesson on the use of language. It didn't matter if the score was 11-2, in the fifth inning, Red had something to offer, something to keep you tuned in."

Allen's sheer enthusiasm did the same for listeners. The Yankees won all the time and he won with them. And long after the Yankees thanked him by firing him, Allen was around another 30 years, a terrific hit with a new generation on the This Week in Baseball telecasts.

I knew both men. Knew and respected them for their talent. Knew and respected them as gentlemen.

As a young baseball writer in Washington, I would see them before and after ballgames. See them and chat about the game we loved. Both men treasured good baseball stories. They told good ones, and listened for ones they might not have heard.

I can still hear Mel Allen's reaction to a fine story. His robust "How About That!"

**Exoscope offers infinite possibilities for both individual and commercial needs.**

## Exoscope

Continued from Page 1A

shoe and the next day you are making a car."

If Michaelangelo walked into the 20,000 square foot facility, located on Elm Avenue, he would be amazed at the 8 foot blocks of foam being transformed into various works of art. Statues, giant-sized Christmas ornaments and boulders stand side-by-side in various stages of completion.

The requests for these wonders of art and technology come from such elite customers as Walt Disney World, Universal Studios, Six Flags Over Texas and Orlando International Airport.

But Exoscope also has an international reputation working with companies from as far away as Peru, Germany and Hong Kong.

Alfieri and Freeland are literally on the cutting edge when it comes to materials, Alfieri said.

"Most people think of ice chests when they think of foam," Alfieri said. Both partners said people are amazed at how durable the hard as steel, urethane-coated sculptures are.

Along the way, the young artists have had to learn about engineering and codes. For projects going to Japan, they have had to make sure the products even met earthquake codes.

And these artists turned entrepreneurs pride themselves on being environmentalists. The

olivers of foam which are chipped from the sculptures are turned into packing material.

From designing to caring about the environment, the partners have many pans in the fire. And although other artists are brought in to assist with special projects, Alfieri and Freeland said their families and friends often have to come to the Exoscope facility for visits.

But a recent project exceeded anything the two had ever experienced. Six Flags Over Texas commissioned Exoscope to build a Bat Boat, styled after the movie *Batman Forever*.

In 12 days, working around the clock, they took a raw 35 foot boat and turned it into a sleek, winged stunt boat. The bat boat, which withstood a rigorous test on local lakes before heading to the Texas attraction, will be used for the next five years.

Alfieri said this kind of creative marathon is possible for several reasons. He said he and Freeland have a brother-like relationship, which helps in the decision making. Also, they both strive for an environment where artists will feel free to create in their own unique style.

According to Alfieri, the building and even the city in-

fluence the creative process. He said neither he nor Freeland had ever visited Sanford before looking for a warehouse.

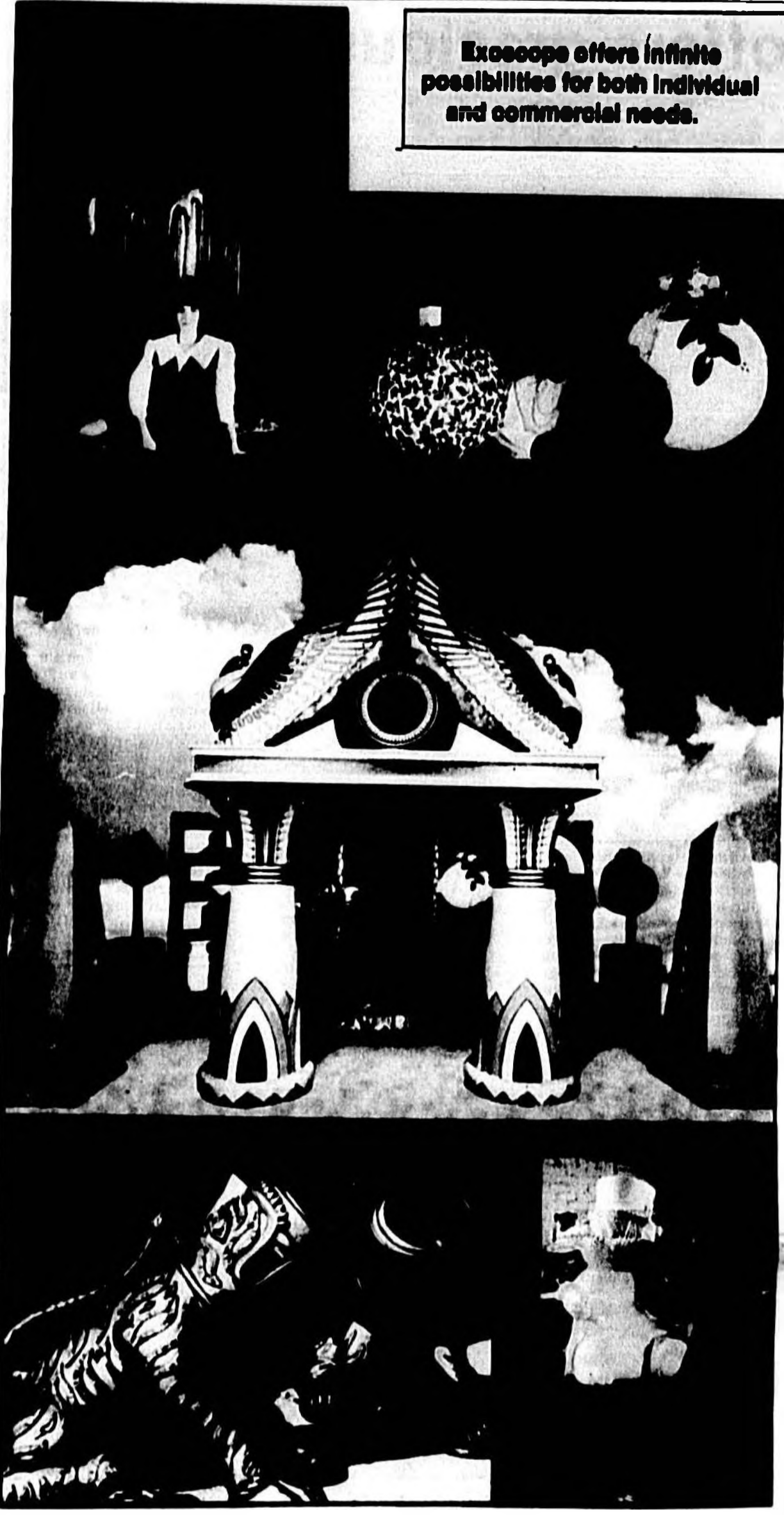
"We didn't know one person from Sanford," he said. But in their search for a large space for their expanding business, they fell in love with the character of the historic building their business now calls home.

"We like Sanford a lot," Alfieri said, adding the charm and pace of the city work for the artists. And they have turned their talents toward helping the city on a number of occasions. They designed posters for many of the city's special events. Also in the planning stages is the possibility that their Christmas designs may adorn First Street during the holidays.

Asked how they came up with the name Exoscope, Freeland said they wanted a name that would take them into the 21st century.

"Exo means outward and scope means view," he said. "We felt it would show we are looking to the future."

Looking around the workroom, which looks more like the soundstage of a science fiction movie, it would seem the two friends have brought the future to Sanford today.



## Agenda

Continued from Page 8A

• Month-to-month lease for building 401 to Alamo Rent-A-Car, Inc.

• Month-to-month lease for land and ramp with Bulldog Airlines, Inc.

• Organizational structure of Sanford Aviation Noise Abatement Committee.

• Pre-qualified joint participation agreement with Fuel Farm expansion.

• Pre-qualified joint participation agreement with Electrical Feed Loop System for the terminal.

• Pre-qualified joint participation agreement for northside taxiway.

• Bids for Air Carrier Avenue and Cargo Area improvements.

• Strategic plan update.

• Review of terminal parking expansion concepts.

• GOAA report

• Fiscal year 1996/97 budget discussion

• Liaison reports

• Staff reports

The Sanford Airport Authority meeting, at 8:30 a.m., Tuesday July 2, will be held in the conference room, level II, of the A. Kay Shoemaker International Terminal, at One Red Cleveland Boulevard.

## Park

Continued from Page 1A

Children's Home Society, St. John's Presbytery, and Synod of Florida.

He was a longtime member of First Presbyterian Church in Sanford where he served as El-

der and Deacon for a number of active terms. His former Pastor, Grover Sewell, now retired but the former minister of First Presbyterian Church in Sanford presented the invocation at yesterday's observance.

## Singles seminar

SANFORD — First Shiloh will sponsor its First Annual Singles Seminar and preaching service Sunday through Wednesday, July 3. The times are Sunday night 6 p.m. and Monday through Wednesday night 7 p.m.

The guest preacher for the week is the nationally known Evangelist Manuel Scott, Jr. of Los Angeles, California.

Members would like everyone to participate, couples also, for there is a word from the Lord for the public as well. For more information call the church office at 322-5489.

## DEATHS

**EVANGELINE L. CARNES**  
Evangeline L. Carnes, 73, Lemon Bluff Road, Osteen, died Thursday, June 27, 1996 at her residence. Born July 9, 1922 in Hilo, Hawaii, she moved to Sanford from Oklahoma City in 1970. She was a homemaker. She belonged to First Baptist Church of Osteen, and American Legion Post 83.

Survivors include son, Charles Andrews, Osteen; brothers, Joseph Leialoha, California, Chris Leialoha, Papaikau, Hawaii; sisters, Pauline Freeman, West Virginia, Yvonne Leialoha, Hilo; Cathy Leialoha Seay, California; several other brothers and sisters in Hawaii and the continental United States; six grandchildren; two great-grandchildren.

Brisson Funeral Home, Sanford, in charge of arrangements.

**ADA M. FABANELLI**  
Ada M. Fabanelli, 77, of Mellonville Avenue, Sanford, died Wednesday, June 25, 1996, at Hillhaven Health Care Center. Born in Akron, Ohio, she came to Central Florida in 1980.

Survivors include his son, Charles Shaffer of Sutton, W.Va.; two daughters, Betsy Burton of Lake Monroe, and Sandra Hames of Sanford; three grandchildren; and three great-grandchildren.

Beacon's National Cremation Society, Winter Park, is in charge of arrangements.

**DAVID M. RUGGLES**  
David M. Ruggles, 90, Landover Place, Longwood, died Wednesday, June 26, 1996. A retired electrician, he moved to Central Florida in 1964.

He was a member of the Institute of Radio Engineers, Amateur Radio Association, and Telephone Pioneers of America. Survivors include sons, David of Sarasota and John of Corpus Christi, Texas; daughter, Karen Nelson of Longwood; step-sons, George Sanford of New Jersey, and Alden and Randy Sanford, both of California; 18 grandchildren; and 22 great-grandchildren.

Baggett and Summers Funeral Home, Daytona Beach, is in charge of arrangements.

**HERMAN B. WALDEN SR.**  
Herman B. Walden Sr., 67, of Mangoustine Avenue, Sanford, died Thursday, June 27, 1996.

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Mr. Walden was a chauffeur for a taxi company. He was a member of St. Paul M.B. Church of Sanford.

Survivors include his sons, Herman Jr. of San Diego, Calif.,

and Shelton of New York; and daughter, Michelle Love of Port St. Joe.

Wilson-Elchelberger Mortuary, Sanford, is in charge of arrangements.



Bobby Brisson

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# Business

## IN BRIEF

### Top sales folks

Coldwell Banker Residential Real Estate of West Central Florida has announced its top sales producers and top listing associates for the month of May. Locally in this area, Susan Barton of the Longwood office and Bob Ford of the Oviedo office were selected as top sales producers.

Top listing associates for May include Rich Hall of Longwood, and Patsy Banaty of Oviedo.

### Tusawilla sales

Prudential Florida Realty's Builder Services Division announced posting \$3.6 million in sales at Arrowhead in Tusawilla, since taking over in January. Holly Rabbits, vice president and director of the division said seven custom homes and home sites were sold in the exclusive gated community located next to Tusawilla Country Club on Winter Springs rd. in Seminole County.

### Housing surge

SANFORD — A strong housing surge in April easily pushed the Gulf Atlantic Division of Lawyers Title Insurance Corporation over the \$60 million mark in recorded residential errandy deed dollar volume in Seminole and Orange counties for the first four months of the year.

Gulf Atlantic has six offices serving the two-county market including a search department in downtown Sanford.

### New PR

DELTONA — Barrington Homes of Sterling Park Estates, a custom home community in Deltona has named Larry Verabel communications of Maitland and Volusia County as its public relations agency of record. Sterling Park Estates, located off Mason Blvd. in Deltona, will ultimately have some 200 homesites available.

### Expanded PR

The 11 year old Public Relations Firm Todd Persons Communications, Inc., is being renamed by its partners, Todd Persons and Carol Brinati, to become Persons & Brinati Communications, Inc. "The name change has been evolving for the past seven years, since Carol lends so much leadership to the firm," said Persons. "Carol and I are the best of friends and partners and we hope to continue to grow our organization for the next eleven years."

Persons & Brinati Communications is located in the Citrus Bank Building in downtown Orlando.

### New personnel

WINTER SPRINGS — ERA Professional Group International, BR-434 in Winter Springs has named Anthony Fascenda as director of Relocation.

Additionally, Ada Boyd, Bob Conrad, Patricia Coyle, Cher Fusco, Irma Gardner, Peter Hansenm, Patricia Johnson, Jim Kitchen, Richard Kovacsik, and Edna Matipano have joined ERA Professional Group as sales associates.

## Don Pablo's adds spice to dining

By Bob Ford  
Herald Staff Writer

SANFORD — Don Pablo's Mexican Kitchen restaurant is considering today as its official grand opening. The event was tentatively scheduled for this past Thursday.

Members of the Greater Sanford Chamber of Commerce and Ambassadors conducted an official ribbon cutting on Friday, and everything is now set to be off and running.

Don Pablo's is owned by DPAR Restaurants, and the Sanford location is the second in Florida. The Bedford, Texas based company, a wholly-owned subsidiary of Apple South, Inc., operates 66 Don Pablo's in Florida and ten other states.

The restaurant will be open every day beginning at 11 a.m. It will stay open until 10 p.m. Sundays through Thursdays, and until 11 p.m. on Friday and Saturday.

The Sanford Don Pablo's is a



World Photo by Stuart Lynch 1988

Members of the Greater Sanford Chamber of Commerce Ambassadors conducted a ribbon cutting Friday noon at Don Pablo's. Left to right, chamber members Sharon Goodchild, Beth

Beldin, Kathy Galusha, Patty Whitley, restaurant manager Bill Tinsley, chamber members Dave Farr, Bob Douglas, Gail Hinton, Frances Douglas and Barbara Frank.

one story building with approximately 7,700 square feet, and will employ approximately 80 persons. The main dining

area is modeled after a Mexican village plaza, with high ceilings, skylights and an indoor fountain.

The interior is decorated by stucco, brick, tile, plants and colorful wall murals.

## Ready for all that Jazzercise

From staff reports

SANFORD — Jazzercise, one of the most popular dance-fitness programs in the world, is now in full swing in Sanford. Located in the West End Galleria, next to Big Lots on U.S. Highway 17-92 and Airport Blvd., the center is now offering 12 classes each week.

A grand opening was held this past Saturday for the new establishment.

Instructor Nancy Walsh explained, "Jazzercise has grown so popular in Sanford that we found it necessary to open our own facility. Now we can offer our students the best workout accommodations and the most convenient class times."

The 60 to 65 minute high-energy Jazzercise

classes include a warm up, aerobic segment, muscle-toning, strength-training, and flexibility exercises, followed by a cool-down period. Instructors are available to give demonstrations and give assistance to each class and participant at all age levels.

Jazzercise classes are distinguished by their combination of effective exercise with jazz dance-based choreography and popular music.

The new Jazzercise Fitness Center of Sanford offers classes Monday through Friday at 9:30 a.m. and 6:45 p.m., and on Saturday mornings at 8 a.m. and 9:15. Babysitting is available during classes.

For more information, phone the Jazzercise Fitness Center of Sanford at 330-0862.



### Atkinson honored

Doug Atkinson, of Sanford, center, was recently awarded the title of Credit Manager of the Year, District 5, for 1988, at the Farmers Furniture Company's annual credit managers awards banquet in Georgia. Sanford is represented by Atkinson and C.

doing for Farmers Furniture at our Sanford store, and look forward to even greater accomplishments by him in the years to come." The Sanford Farmers Furniture is located at 2440 S. French Avenue.

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# Health/Fitness

## Does your child hear correctly?

### The Associated Press

ST. LOUIS — If your child has undetected hearing loss, he may have trouble developing speech and language, interacting socially and have emotional problems, says an audiologist at Saint Louis University School of Medicine.

Parental awareness is key to early detection and intervention, says Douglas L. Beck, assistant professor and director of audiology in the school's department of otolaryngology-head and neck

surgery. "Research has shown that when the mother suspects a hearing loss, she is usually right."

Beck says the child doesn't have to be old enough to respond in conventional audiologic tests; hearing loss can be detected even in a newborn with special tests.

Some of the risk factors cited by Beck include history of hearing loss in the family; a baby with very low birth weight; a child who doesn't respond consistently to sounds (at 12 months, he should respond to

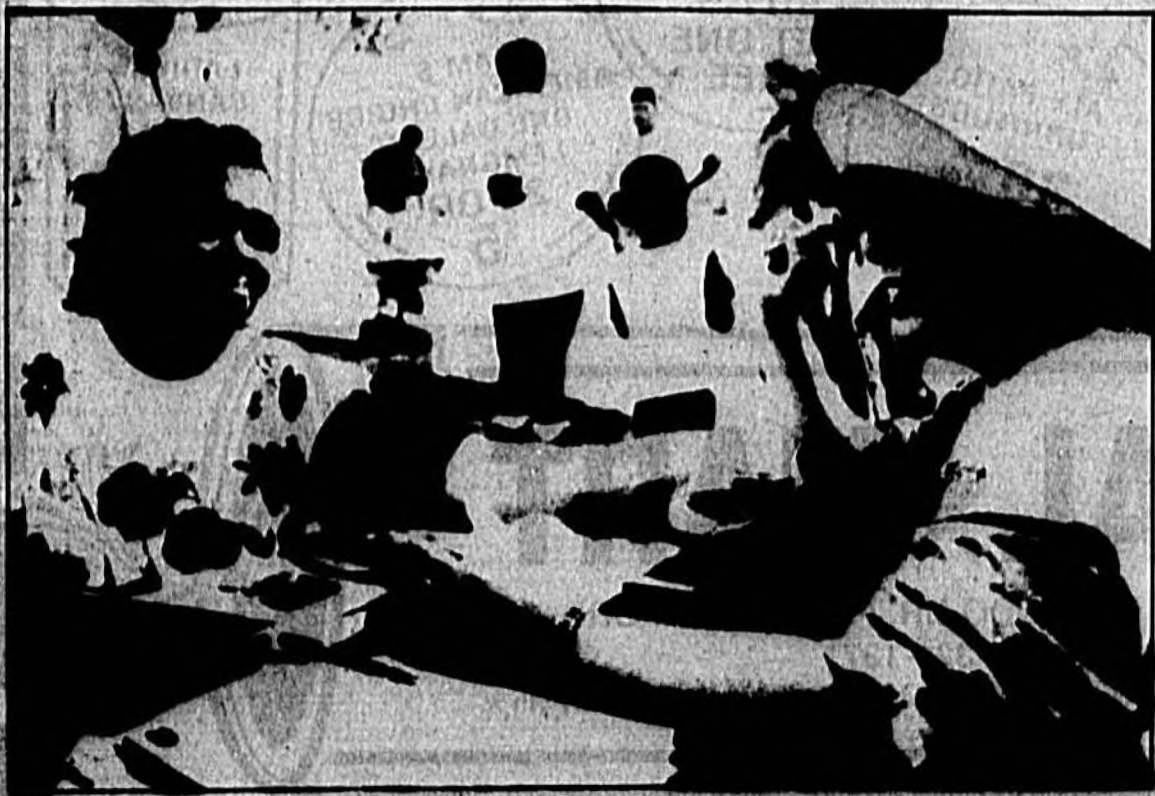
his name, telephones ringing, dogs barking, vacuum cleaners and the sounds of familiar voices); a child who doesn't pronounce words in an age-appropriate manner; a child who uses his voice too loudly or too softly.

Actual diagnosis should be made by a professional, Beck says. The licensed audiologist can test and diagnose the degree and type of hearing loss; the otologist and otolaryngologist, doctors specializing in ear, nose and throat disorders, can determine medical diagnosis

and treatment.

Hearing aids, even for infants, are likely to be recommended. Children with hearing impairment in both ears will need two aids. Medical or surgical management also may be recommended.

One child in a thousand is born with profound deafness, and two in a thousand develop deafness in early childhood. Beck points out. Children with no measurable hearing may be candidates for cochlear implants, surgically implanted electronic devices that send signals to the inner ear.



### Making health fun

Those, like Shirley Law (left) who attended the Red Cross Health Fair and Barbecue in Ft. Mellon Park last week had fun and learned a little about their health and how to feel better. Law had her blood pressure checked by Martha Rodriguez and had a number of other tests done between having some good food to eat.

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Herald Photo By Jeff Hunt

The Pilot club's Angie White (left) and Ruth Gaines (right) present Annie Hollie with a certificate of appreciation for her work at the Good Samaritan Home.

## Pilot Club honors Good Samaritan caregivers

Special to the Herald

Vergie Walker.

**SANFORD** — The Pilot Club of Sanford honored Good Samaritan Home caregivers last Saturday, presenting each with a card, gift and certificate.

Honored during the celebration were Netha Barr, Ruby Blake, Armajean Bradley, Alberta Daniels, Sandra Davis, Alvin Hicks, Linda Hill, Annie Hollie, Vannie Johnson, Chinada Mauer, Thomas Mike, Faye Perkins, Betty Redden, and

Good Samaritan Home residents with June birthdays were also recognized with cards and a rendition of "Happy Birthday."

Refreshments were served with a special cake recognizing the caregivers and displaying the Pilot logo.

Hostesses assisting with the celebration were Angie White and Sara Patterson, as were Pilot members Mae Pawson, Mary Jo Cochran, Marian Rethwill and Ruth Gaines.

## State audits county

By VIVIAN BODENBOM  
Herald Senior Staff Writer

**SANFORD** — Seminole County was one of a handful of counties targeted for an audit by the State of Florida office of the auditor general regarding its procurement methods.

The review examined the purchasing and warehousing practices of 10 school districts. Seminole County fared no worse than other districts which were scrutinized, though the auditors found some problems.

During the 1994-95 fiscal year, the Seminole County school district spent about \$15 million for materials, supplies and equipment (textbooks and cars were not included in that figure.)

Though the district uses a centralized purchasing system and budgets were established and used at each departmental level, the auditors found the district did not always get the best price for their purchases.

The auditors found that though the school district used a

competitive bid method for finding the lowest price and they most often accepted the lowest bid, they did not always get the lowest price available or the lowest price paid for comparable items by other districts.

For example, the district paid \$7.34 per yard for carpet while another district paid \$6.90 for a yard of similar carpeting. The auditors noted the district could have saved \$21,900 on their purchases if they had found the lower price.

In a written statement, the Seminole County school district disputes the amount spent on items such as the paper towels and other items in the auditor's report, saying consideration was not given to mitigating circumstances such as comparing white multifold towels versus brown hand towels or roll towels.

In their statement, they implied a fair comparison was not done, but district representatives would not comment for the record on the audit.

## BRAVO FOR THE WINNER COUNTY JUDGE ELLIS 4

We, the following Attorneys and Clerks who practice in Seminole County, collectively support and endorse Candidate E. Ellis for Seminole County Court Judge, District 4. We invite you to join us in our endorsement by contacting the Committee to Elect E. Ellis at (407) 776-7125 or through E-mail [eeellis@comcast.com](mailto:eeellis@comcast.com). For further information or to volunteer, see web site <http://www.electeeellis.com>

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# Sports

# B

## IN BRIEF

### LOCALLY

#### Women's open gym

SANFORD — Open Gym is held for both high school and college women on Sunday evenings at Seminole Community College and on Monday and Wednesday at Lake Howell High School. The gyms open at 7:15 p.m.

For more information, call Ken Patrick at (407) 328-2092 or 328-2090.

#### Coaches/players baseball

SANFORD — Coaches and employees of the Sanford Recreation Department will be playing the Babe Ruth Baseball 14-15 year old All-Star team that won the district tournament last week in an exhibition game at Sanford Memorial Stadium on Tuesday at 5 p.m.

The game will help the All-Stars get ready for next week's Area Tournament in Longwood.

There will also be a Bar-B-Que offered with proceeds going to help defray the cost for the All-Stars to go to the different tournaments.

Also, anyone interested in helping the team out financially can call the Sanford Recreation Department at 330-5697 for information.

#### Turn in your uniforms

SANFORD — The Sanford Recreation Department is asking that players and coaches from the Little Major and Babe Ruth baseball league's please get your uniforms returned to the Downtown Recreation Center.

Call 330-5697 for more information.

#### Women's hoop tournament

SANFORD — Seminole Community College will be the site of a major women's summer basketball tournament as it will host the World Basketball Shootout from July 6 through July 9. Teams from Europe will be competing and the cost is \$250 per team.

For more information, call Patrick at home 333-2070 or at SCC 328-2092 or 328-2090.

#### SCC Fastpitch Pitching Camp

SANFORD — Terri McClure, owner of Strike Force Pitching School in Tulsa, Oklahoma, will be the guest instructor at the Seminole Community College Fastpitch Pitching Camp on Friday, July 12 through Sunday, July 14.

Cost for the camp, for ages 8-and-up, is \$100, which includes instruction and camp T-shirt, and is limited to the first 36 players.

For more information, call SCC softball coach Courtney Miller at (407) 328-2332 or 328-2090.

#### Merthle Basketball Camp

SANFORD — The final session of the Bernard Merthle Summer Basketball Camp for boys and girls ages 7 to 14 will be held July 15 through the 18.

Merthle, the men's basketball coach at Seminole Community College, will hold the four-day camp from 9 a.m. to 4 p.m. each day at a cost of \$120. Half-day sessions are also available from either 9 a.m. to noon or 1 p.m. to 4 p.m. at a cost of \$60. All classes will be held in the air-conditioned Seminole Community College Health and Physical Education Center.

For information call 328-2091 or 328-2090.

#### European basketball trips

SANFORD — Seminole Community College women's basketball coach Ken Patrick is putting together a pair of foreign basketball tours.

From July 20 through July 25, a group of players, both men and women, will travel to Luxembourg for international "free agent" tryouts. Cost is \$850 per player (includes airfare, two meals a day and hotel).

From July 20 through July 25, a group of players, both men and women, will travel to Luxembourg for international "free agent" tryouts. Cost is \$850 per player (includes airfare, two meals a day and hotel).

From July 25 through August 14, a team of high school age girls will go on a European Basketball Tour.

For more information, call Patrick at home 333-2070 or at SCC 328-2092 or 328-2090.

## BEST BETS ON TV

#### AUTO RACING

□ noon — WCPX 6, NASCAR Grand Nationals, Lysol 200, (L)

□ 2:30 p.m. — WCPX 6, NASCAR Trucks, DeWitt Superfinish 200, (L)

□ 3 p.m. — WFTV 9, IndyCar, Grand Prix of Cleveland, (L)

□ 5 p.m. — WFTV 9, International Race of Champions

#### BASKETBALL

□ 2 p.m. — WGN, Cubs at Reds, (L)

□ 4:30 p.m. — TBS, SUN, Braves at Marlins, (L)

□ 8 p.m. — ESPN, Indians at White Sox, (L)

#### GOLF

□ 4 p.m. — WCPX 6, Greater Hartford Open, (L)

□ 5:30 p.m. — ESPN, Kroger Senior Classic, (L)

#### GYMNASIICS

□ 2 p.m., 7 p.m. — WESH 2, United States Olympic Gymnastics Trials, (L)

#### SOCCER

□ 7 p.m. — SC, Tampa Bay at San Jose, (L)

# Wishes do come true

## Patrick named women's hoop coach at SCC

By GARY COATMAN  
Herald Staff Writer

SANFORD — Ken Patrick has wanted to coach the Seminole Community College women's basketball team since 1980. His wish came true last month when he was promoted from interim to permanent head coach of the Raiders women's basketball program.

"I'm very excited," Patrick said. "SCC is a great school, and this is a job I have always wanted. I have lived in Seminole County for 30 years, and I don't have to move my family."

Patrick took over as interim head coach when Gallagher took a leave of absence before the start of last season. Patrick led Raiders to a 16-12 regular season record, and the team went on to

win the Mid-Florida Conference tournament to earn a berth in the regional tournament.

"Records are misleading," Patrick said. "Seven of our 12 losses came against three teams that were ranked in the top 10. We like to play a tough schedule. The thing that I treasure most about last year's team is that they had a collective 3.25 GPA, and all of our sophomores are moving on to four year schools."

Character will be an important aspect for players try to catch Patrick's eye. He is committed to finding players that will play hard, have fun and represent SCC well.

"It's also important to me that the girls have a crowd to play in front of for our home games," Patrick added. "I want college to be an experience that they can look back on and cherish."

One of Patrick's goals at SCC is to get his players involved as role models in the community. Part of that plan includes putting on camps and clinics for area youth.

"I'm very big on getting our players involved in the community," Patrick said. "Wherever we see a need in the community that we can fill, we will do our best to fill it. I really enjoy steering young people toward broader things and showing them what life is about."

Patrick got his start in the early 1970's coaching his son Daryl on a team at the Seminole County Family YMCA. He then moved to Lake Brantley High School as an assistant coach in the 1975 because his daughter Jill was a student athlete at the school.

□ See Patrick, Page 3B

# Pros put on hold, college life first

By JEFF BERLINICKE  
Herald Staff Writer

SANFORD — Sometimes the money can wait. Every year, hundreds of high school kids head off to chase a career in professional baseball, despite the long odds of ever achieving it.

For instant cash, college scholarships are turned away and the players are mixed with hundreds of players chasing the same dreams.

Two Seminole High grads from the Lake Mary area decided the money can wait.

Catcher Chris Yeomans and infielder Mike Meadows, best friends since sixth grade, may be following the Houston Astros and New York Mets, the two teams that drafted them two weeks ago, a little more closely these days, but for now they are concerned about their college degree.

□ See Baseball, Page 2B



Seminole High School baseball stars Mike Meadows (left) and Chris Yeomans turned down professional



baseball contracts to pursue their college degrees at Tallahassee and Polk community college's, respectively.



The Oviedo High School guard tandem of Josh Greer (left) and Seth Fowler (right) helped the Oviedo



Express win the AAU 19-and-Under State Championship and earn a spot in the AAU National Championships.

# Express headed to AAU National tourney

By DEAN SMITH  
Herald Sports Editor

OVIDEO — For the second year in a row the ICBA (Inter-County Basketball Association) Oviedo Express won the State Championship at the Florida State Amateur Athletic Union Basketball Cham-

□ See Hoops, Page 2B

# Ormond Beach Americans in FLML District IV finals

From Staff Reports

SANFORD — Joey Adana, Chris Christianson and Josh Ridenour combined to scatter eight hits as the Ormond Beach Americans doubled the score on Leesburg 8-4 Friday night at Roy Hollar Field to become the last unbeaten team in the Florida Little Major League District IV Playoffs.

Ormond Beach led 5-1 when the rains came in the bottom of the fourth inning Thursday night and forced the game to be continued on Friday.

Leesburg scored three runs after the game resumed to cut the margin to 5-4, but the Americans came back to score a single run in the fifth inning and two runs in the top of the sixth inning to make the score 8-4.

Leesburg tried to rally with two out

and no one on base in the bottom of the sixth inning, loading the bases, but Ridenour came on to get a strike out and end the threat and the game.

Leesburg then came back to face New

□ See Majors, Page 3B

AMERICANS, LEESBURG	
Ormond Beach Americans	320 315 — 9 10 9
Leesburg	061 200 — 4 9 1
Adana, Chris, Christianson (4), Ridenour (7) and Schaler, Cunningham, Deloit (3) and Williams, WP — Adana, LP — Cunningham, Save — Ridenour, 2B — Leesburg, Davis, Justice, Shrader, 3B — none, HR — Americans, Brooks, Ryan, Records — Americans 29.	

NEW SMYRNA BEACH 3, LEESBURG	
Leesburg	000 000 — 0 2 2
New Smyrna Beach	001 024 — 3 4 0
Justice and Williams, Reeder and Caputo, WP — Reeder, LP — Justice, Save — none, 2B — New Smyrna Beach, Deaver, Knight, 3B — New Smyrna Beach, Hallman, HR — none, Records — Leesburg 22, New Smyrna Beach 21.	

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# STATS & STANDINGS

## WHAT'S HAPPENING

### TODAY

#### Senior Baseball League

Games at Sanford Memorial Stadium and Zinn Park Field, 1 p.m.

#### Orange State Baseball League

Plant City at Sanford News, doubleheader, 1 p.m.

### MONDAY

#### Southern League Baseball

Jacksonville Suns at Orlando Cubs, 7 p.m.

#### Recreation Softball

Co-ed at Pinhurst Park, games at 7 and 8 p.m.

#### Sanford Recreation Volleyball

Recreational League at Sanford Middle School, 6:30 p.m.

Team	W	L	T
Sanford	10	5	1
Plant City	8	7	1
Orlando	6	9	1
Jacksonville	5	10	1
Daytona	4	11	1
Titusville	3	12	1
Deltona	2	13	1
Winter Springs	1	14	1
Winter Park	0	15	1

Team	W	L	T
Sanford	10	5	1
Plant City	8	7	1
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Jacksonville	5	10	1
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Winter Springs	1	14	1
Winter Park	0	15	1

## Baseball 'Hey, getcha scorecard'

**By NAL BOON**  
AP Sports Writer

Author Paul Dickson begins his tribute to baseball scorekeeping by observing a simple fact of life.

"The world is divided into two kinds of baseball fans," Dickson writes. "Those who keep score at the ballpark ... and those who have never made the trip."

The former understands how the short-hand invented in 1845 by baseball writer Henry Chadwick adds to the enjoyment of the game. The latter might as well be watching ping pong.

The beautiful thing about this uniquely American activity of scorekeeping is that it has no rules. It is an individual art, developed by each fan to fit his or her own needs.

Scorekeeping is part of baseball's charm, an activity that is special to the sport, sort of like not worrying about a game clock and dressing the manager in team uniform. Other sports don't have it, relying instead on running accounts of play-by-play. Baseball uses symbols, some of them mysterious, to summarize the action.

A symbol, for example is designated by a K, for no particular reason, which, in its own way, adds to the charm of it. Chadwick is credited with inventing the symbol and his explanation, quoted by Dickson in his book, "The Joy of Keeping Score," is as good as any.

"I changed the 'out' to 'K' as it was the prominent letter of the word strike, so far as remembering the word was concerned,"

Chadwick said.

It worked for him and it has worked for 150 years since. Less successful, however, were some of Chadwick's other symbols. He used L for foul, which followed the K logic but did not catch on quite as well.

Now, if K is a strikeout, is it called third strike or a swinging third strike? There are all kinds of methods to differentiate between the two. Some people attach a little tail to the back of the K for a swinging third strike. Some people put a line through it. Some people, less obscure in their lexicon, simply let down a miniature s or c next to the K. It's somewhat mundane, but it works.

Newsiness does not count when you keep score. If you can read the scorecard and translate its symbols, that's all that matters. Dickson proudly offers some important examples, including baseball's longest game, a 38-inning epic between Pawtucket and Rochester in 1981. The game required two days — separated by more than nine weeks — to complete and included in its lineup future major league stars like Wade Boggs and Cal Ripken Jr. Keeping score for that marathon was an invitation to writer's cramp.

Bradcaster Russ Hodges' scorecard from the 1951 playoff game between the New York Giants and Brooklyn Dodgers is in the Hall of Fame and is incomplete. Hodges, whose call of Bobby Thomson's pennant-winning home run is considered a radio classic, was so shaken by the event that he neglected to note the homer on the scorecard. He did, however, remember to

sign it.

Scorekeeping isn't needed in the other sports where a basket is a basket, a goal is a goal and a touchdown is a touchdown, with no debates about them. In baseball, though, there often is the question of whether a ball is a hit or an error, a decision left to the official scorer.

Scorers can go weeks, months, even seasons without controversy. But let a pitcher flirt with a no-hitter and the pressure is on in case of a close play.

Johnny Vander Meer, who in 1938 became the only man to pitch consecutive no-hitters, thought he had a third a couple of years later against Pittsburgh. In those days, scoreboards didn't display hits and Vander Meer left the mound convinced he had done it again. Only later did he learn that a play he thought was an error had been scored a hit.

The classic scorecard story belongs to Hall of Famer Phil Rizzuto, who moved from shortstop to a half-century in the broadcast booth for the New York Yankees. Rizzuto's broadcast style is stream of consciousness, often littered with restaurant reviews, and birthday, anniversary or get-well wishes in between hits, runs and errors. As a result, his scorecard occasionally suffers.

Once, in a box next to one batter on his scorecard, he had scribbled "ww" obviously a personal code. What's ww? he was asked.

"Wasn't watching," Rizzuto explained.

"I'll finish school," Yeomans said. "I am getting my degree. Mike and I talk about going pro a lot but we both thought a year in college would make us better."

Believe it or not, the two weren't just sitting there, nodding in agreement with each other. Meadows was on vacation in West Virginia but it's obvious the friends have the same ideas.

Meadows hammered three homers with 27 RBI and a .370 batting average for the Seminoles this spring and Yeomans hit .300 with 20 RBI but Yeomans had the last laugh.

"When he hit his third homer to tie me, I said 'I was about to hit one to pass him,'" Yeomans said. It wasn't long before he smacked his fourth, then fifth homers of the season to win the rivalry.

Draft day came and both Yeomans and Meadows had a summer league baseball game before finding out where their future destination would be.

Yeomans was coming home from the game when he heard on his telephone answering machine that Houston took him in the 30th round. He called Meadows to give him the news and found out that Meadows was going to the Mets, also in the 30th round.

"I got the message on the recorder," Meadows said. "I was happy just to get drafted. I'm also happy Chris got drafted. That's what we've always dreamed about and we're really happy for each other."

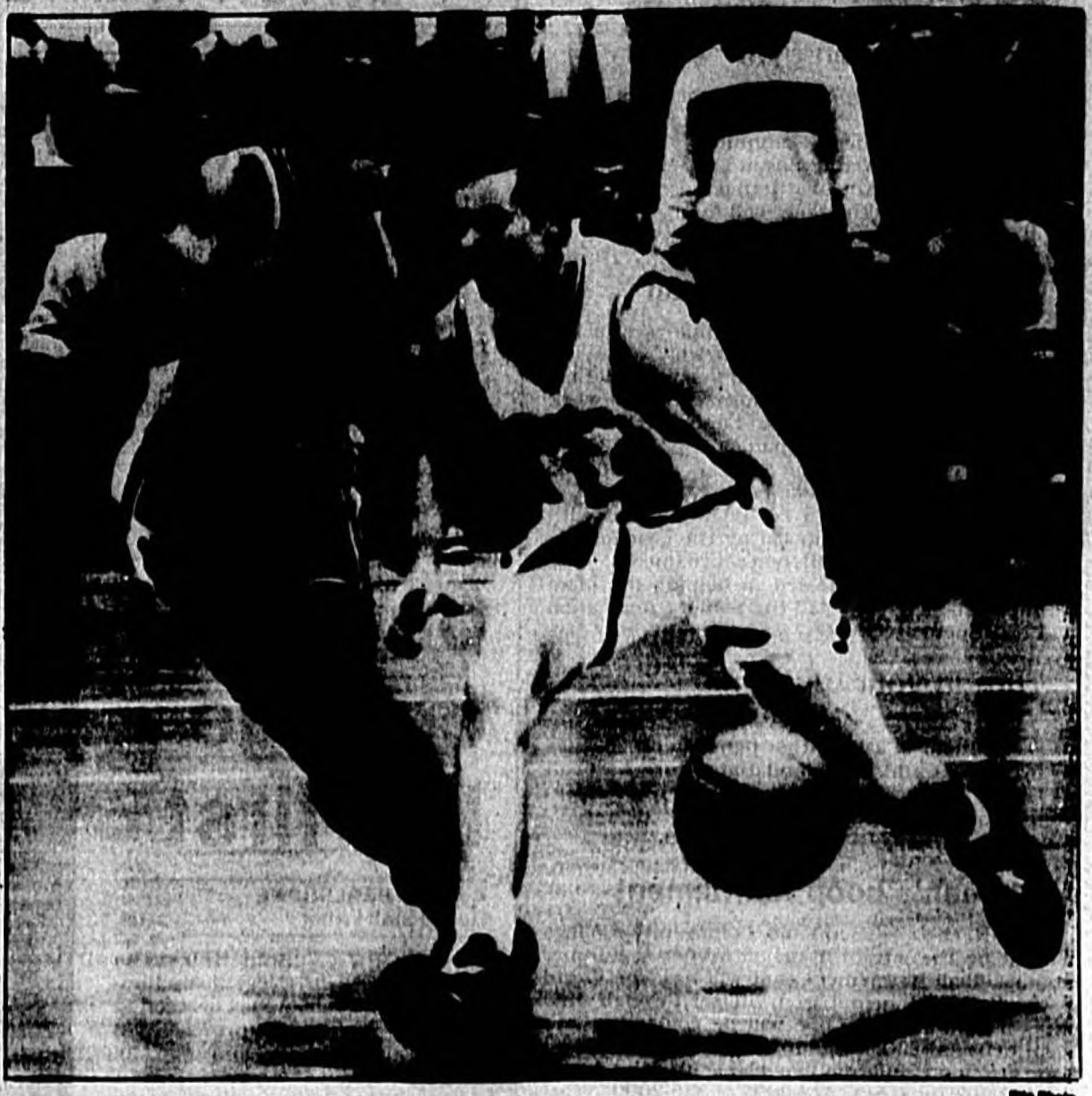
Mike has a great chance of making the majors," Yeomans said. "He makes plays nobody else makes. I think he'll make it

and they told me out of an entire draft, only 100 will ever play in the majors but I know I'll play in the (Astrodome) some day."

For now, the two friends are going their separate ways. Yeomans is heading for Folk Community College and Meadows will attend Tallahassee Community College, both on baseball scholarships. New York and Houston retain their professional rights until a week before the draft next summer. Either can play college this season, then sign with Houston or New York, or they can wait until the draft and take their chances again.

Neither one seems to be concerned. They both said they are keeping an eye on the Astros and Mets and Yeomans said he is a big fan of Astro stars Craig Biggio and Jeff Bagwell. Meadows said he checks the Mets' box scores in the newspaper each day but for now they seem more interested in discussing the Folk-Tallahassee baseball games next season, when they meet on the field for the first time.

The next time they meet could be in Houston or New York.



While they were opponents during the high school season, they are teammates now. Lake Mary's Chip Richardson (left) and Oviedo's Darren Rogers are members of the Oviedo Express team that will travel to New Orleans, Louisiana in August for the AAU National Championships.

## Hoops

**Continued from Page 1B**

High School in Orlando. The 6-foot-11 center originally from Nigeria has already signed to play at the University of Florida this fall.

Joining Oboira on the 'All-Tournament team from the Express was Jason Junker from Lake Mary High School.

Other members of the Express are Junker's high school teammate Chip Richardson; Phillip Graves, Ben Knapp, John Harper, Chris Sanders, Aaron Thomas, Seth Fowler, Darren Rogers Duane Cross and Kyle Becker, James Adamczyk and Tom Pollock from Lake Brantley High School.

The team is coached by Phil Graves and Simon Harper.

The Express is seeking financial support to cover the cost of competing in the AAU National Tournament. For further information please contact head coach Phil Graves at (407) 349-9165, or you can mail your TAX DEDUCTIBLE contribution to ICBA, P.O. Box 1907, Geneva, Florida 32759. THE ICBA is a Non-Profit organization.

## Baseball

**Continued from Page 1B**

"I'll get my degree no matter what," Meadows said. "Even if I sign a contract before I get my degree I plan to finish college no matter what."

Yeomans said, "I am getting my degree. Mike and I talk about going pro a lot but we both thought a year in college would make us better."

Believe it or not, the two weren't just sitting there, nodding in agreement with each other. Meadows was on vacation in West Virginia but it's obvious the friends have the same ideas.

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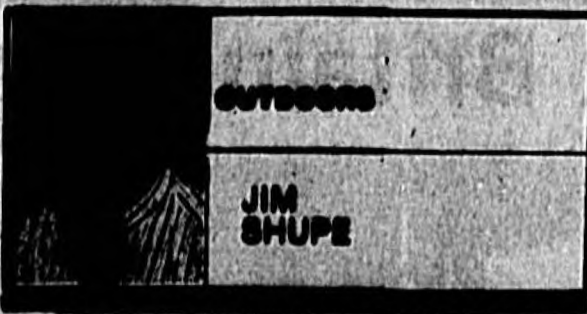
# Don't get beat by the summer heat

Summer is upon us with a vengeance, and anglers would be wise to adjust their fishing strategies accordingly. In freshwater, concentrate your efforts early and late in the day and at night. Fish are much more active at these times, and in the heat of the day they seek the sanctuary of deep holes or bury up in heavy vegetation.

Summer bass become very nocturnal in order to escape the intense heat, and will readily strike top water lures and plastic worms. I felt foolish the first time that I fished plastic worms at night, but I soon overcame those feelings once I began to get jarring takes on a regular basis.

Saltwater fish are much harder, and withstand higher temperatures and remain much more active than their freshwater counterparts. Trout and bass roam the flats all summer, while sheephead and flounder bite all day long in all ocean scenarios.

Clean fishing really heats up in the summer as king mackerel and other game fish move in closer



OUTDOORS  
JIM SHUPE

to shore with clearer water. In Cape Canaveral, Flagler Beach and other areas, kings can be caught at times barely beyond the breakers. In fact, big smoker kings actually come inside Port Canaveral during late July and August. The area in front of the Trident basin can really be productive on days where there is little boat traffic.

Further offshore, king mackerel, dolphin, cobia and a few wahoo can be found on reefs such as

8-A and Pelican Flats. On rare occasions, some fish that are typically found far offshore will venture in surprisingly close when the water is super clean. A few years ago, I caught a sailfish just two and a half miles off of Port Canaveral when I was slow trolling live mullet for king mackerel.

Don't let the heat get you down. Just fish smarter, and concentrate your efforts where you will find the greatest opportunities for success.

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**FISHING FORECAST**  
Florida Lake still has some decent bass action, but fishing is tapering off rapidly as summer progresses. Fish in areas of moving water for the best action, as these are holding spots for fish. Bream and catfish are

active in deep river bends. Snook (season closed), redfish, flounder, and lady fish are biting at Sebastian Inlet. Jetty anglers are doing well with a bare leadhead tipped with a large live shrimp. Experts cast out and let the lure/bait combination drift slowly with the currents for the best results.

Captain Jack at Port Canaveral reports that dolphin are still present in good numbers from 90-200 feet of water and will hit just about anything. Cobia and wahoo are more scattered, and it is hard to pattern them. King mackerel are scattered from 6-A Head and Pelican Flats to just off the beach. Inside the Port, expect good action from sheephead and flounder in the 1-4 pound range.

Sheephead, drum, redfish, small bluefish, ladyfish and jack crevilles round out the action at Ponce Inlet. Live or dead shrimp is the top bait. Trout and redfish are rated as good in Mosquito Lagoons.

## Study: exercise may improve heart-protecting chemicals

By **MAE SHAWYPORE**  
Associated Press Writer

Older men and women who exercise improve their ability to create natural drugs that fight heart attack, a study finds.

And the levels of these body chemicals are higher when they are most needed — in the morning, when the risk of a heart attack is highest, the study said.

The research looked at tissue plasminogen activator, known as TPA, an enzyme that dissolves clots. A clot that narrows or blocks a coronary artery can cut off blood flow to the heart muscle, leading to a heart attack.

Researchers in Seattle also measured levels of plasminogen activator inhibitor, PAI-1, which dissolves TPA, acting as a balance against too much of the anti-clotting enzyme.

Sixteen men and nine women with an average age of 65 were studied in the six-month research project. The study participants stayed overnight at a clinic, and blood samples were drawn while they slept. Then they began a program of walking, jogging or bike riding three times a week.

The exercisers started with 30- to 45-minute workouts at about half of their

projected maximums, based on a heart test, and worked up to a vigorous 45 minutes at 85 percent of their maximums. At the end of the study, they stayed again at the clinic for more overnight blood samples.

In the men, PAI-1 levels dropped 37 percent while TPA was unchanged, said the report in the American College of Sports Medicine's journal, *Medicine and Science in Sports and Exercise*. The drop in PAI-1 means the clot-busting TPA in the blood could do more good, said researcher Wayne L. Chandler of the University of Washington.

In the women, TPA levels were up 20 percent, but PAI-1 levels were unchanged, the study said. So women also had more clot-busting protection, Chandler said.

Chandler could not explain why men had more PAI-1 but women had more TPA. But the bottom line in terms of protection against blood clots was apparently the same, regardless of the apparent mechanism, he said.

The findings fit the idea that exercise increases TPA levels and may in part account for endurance exercise's well-established protection against heart disease, Chandler said.

"That's what's kind of fun," Chandler said. "Everybody tells you (exercise) is good

for you, and all of a sudden, we are finding real biochemistry for it."

The TPA levels that resulted from exercise were far below those given as drugs to heart attack victims, Chandler said. A drug dosage might be 1,000 to 10,000 times the body's normal levels, he said.

Clear people who want to boost their exercise as a way to boost their body chemicals should first be sure they are up to the strain, Chandler said.

Leaping into intense exercise can trigger previously hidden health conditions — possibly leading to a heart attack.

However, other studies have shown that moderate exercise reduces the risk of death from many causes including heart disease. And Chandler suspected that lower amounts of exercise might improve TPA or PAI-1 levels.

The study raises some interesting points, but does not prove that the changes actually reduce heart attacks, said another researcher, Dr. Joseph P. Broderick of the University of Cincinnati Medical Center.

The differences in TPA and PAI-1 levels may be real, but there were too few study participants to be sure, Broderick said.

And the differences in the way men and women reacted to exercise need explanation, Broderick said.

## Fitness CD-ROM aims at computer 'heavys'

By **MAE SHAWYPORE**  
Associated Press Writer

Cory Everson will do abdominal crunches for you, plan your diet and demonstrate low-impact aerobics.

All you have to do is point your mouse and click.

In an unusual marriage of the gym rat and the computer work, the TV fitness personality has teamed with CD-ROM developers to create what Everson sees as an interactive alternative to a personal trainer.

"The No. 1 goal is to educate yourself so you can take the information and program out your workout," Everson said. "Most people cannot afford a personal trainer; it costs 30 to 65 bucks an hour."

"Cory Everson: Body, Mind and Soul" is slated to retail at about \$40 — a do-it-yourself-price for those ready to take on the job of being their own trainer.

The CD-ROM's data-dense format gives the user the facts found in books, the demonstra-

tions found on videos and the personal planning potential of workbooks, Everson believes.

For instance, the text in the section on step aerobics tells the reader how to stand ("tall, with your shoulders in line with your hips, your abdominals contracted and your tailbone pointed down"). For those who'd rather see it, an animation loop has three dancers to demonstrate. And for those who'd like some encouragement from Everson, an audio clip has her advising, "There is no better

way to burn fat and build a high-powered cardiovascular system."

The CD-ROM also functions as a diet book, with nutritional data from the U.S. Agriculture Department. Plug in your food and your serving size, and the computer spits out your calories.

And it will keep track of your physical conditioning, provided you feed it data on everything from the size of your biceps to your body fat percentage.

For those whose spirits may be flagging, the program even has

computerized encouragement. In the "Encouragement" summary section, the text advises, "Even on days when you can't get to the gym, you can find ways to put exercise into your daily habits." And Everson's voice offers encouragement to keep trying.

"People have trouble getting motivated," Everson said in a recent interview. "If you can create results, you can keep them motivated. But to create results, you have to give them the right thing to do."

## Patrick

Continued from Page 1B

"I coached Jeff Turner at the YMCA when he was in the eighth grade," Patrick said. "My wife Donna then encouraged me to start coaching my daughters when they got into high school."

Patrick was an assistant coach under Joanne Nickman under for his first three years at Lake Brantley, and remained an assistant when Wes Salley took over the program in 1978. Patrick was the Patriots coach for the 1979-80 season, and began coaching Amateur Athletic Union girls teams in 1981.

In 1982, Patrick got involved with the United States AAU International All-Star girls basketball team that had daughter Mindy, who played at Seminole Community College, on its roster. That was the first step in a process that has allowed Patrick to build a large international recruiting network.

"I've been building up recruiting contacts for 15 years," Patrick said. "Rev. Ed Vlesher asked me to help put the 1983 All-Star team together, and the kids raised all the money. I fell in love with Europe on the trip, and that motivated me to go back there and recruit players. I love recruiting."

"I have no trouble evaluating talent," Patrick added. "The biggest challenge is trying to figure out what is in a kid's heart, and getting the individual personalities on a team

to blend. There is some luck involved in that whole process."

Patrick was the head women's basketball coach at Florida Community College in Jacksonville between 1984 and 1986. He accepted a job women's assistant basketball coaching job under Linn Dunn at the University of Miami in Coral Gables in 1986, and he took over as the program's head coach when Dunn departed for Purdue University in 1987.

FCC finished in the top four in one of Patrick's three seasons at the school, and Miami managed a top 10 finish in the final NCAA women's basketball poll.

Patrick operated a sports management firm between 1988 and 1990. The biggest event the firm landed was the National AAU Junior Olympic Games, which drew over 6,000 athletes for 16 events.

Patrick got out of sports completely in 1990, and he retained that status until Gallagher approached him about joining her staff as an assistant coach in 1993. Patrick accepted the offer from his long-time friend, and Gallagher began grooming him to be her eventual successor.

Athletic success has become common place in the Patrick household. Patrick's daughter Tracy went on the play basketball at Valdosta State in Georgia, and son Kevin played basketball at Seminole High School.

Adana, Chris Tolland, Tyler Smith and Scott Blanford (one run scored each).

Providing the offense for Leeburg were Justin Justice (double, two singles, RBI), Cory Davis (double, single), Cason Shrode (double, run, RBI), Ryan Smith (single, run, RBI), Dale Deloit (single), Aaron Williams (RBI) and Adam Fats and Joey Noletts (one run scored each).

New Smyrna Beach was led by Pat Hoffman (triple, single, RBI), Chad Knight (double, single), Terry Dever (double, run), Travis Reeder (single, RBI) and David Meakovits and Travis Shadrich (one run scored each).

Mark Adrian and Dustin Leonard had one single each for Leeburg.

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## NASCAR attracting more female fans

By **PETER A. HARRIS**  
Associated Press Writer

CONCORD, N.C. — First-time NASCAR race-goer Ruby Nelson is screaming at the top of her lungs, but she can't be heard. Drowning out her cries is the explosive noise of 40 stock cars racing by at speeds approaching 180 mph.

"I love the speed," she screamed into a reporter's ear above the din, struggling to keep her eyes on the start of NASCAR's Coca-Cola 600 at the Charlotte Motor Speedway near Concord. "Anything can happen."

In the world of NASCAR, what's happening is a gender shift in the sport's fan base. As NASCAR's popularity grows to an annual race attendance of 5.5 million, more and more of its fans are female, up from 25 percent 15 years ago to 40 percent today, according to NASCAR spokesman Kevin Triplett.

And as the fan base grows, so, too, has the range of corporate sponsors.

Once the domain of beer, gun and tobacco companies, today NASCAR corporate sponsors include Tide, the Family Channel, SPAM and QVC, the home shopping cable television station.

QVC is jumping into NASCAR promotion for the first time this year to the tune of more than \$5 million.

"The growth is unbelievable," said Linda DeBolis, motor sports marketing manager for QVC, a company with 5.3 million female customers of 4.5 million total. "We're hoping to capitalize on the fans' brand loyalty."

So what's the draw for NASCAR's female fans?

For Sherry Hedrick, a nurse trainee from Lexington who met her husband at a race, it's about "the speed, the power and the strategy."

"It's a sophisticated sport," said Hedrick, who started attending races as a college student and now volunteers in the pit crew at a local amateur track to learn more about racing.

For 6-year-old Amanda Bacon of Mount Holly, perched atop her dad's shoulders in a checkered-flag patterned outfit at the Charlotte Motor Speedway, it's an early introduction to a sport her father loves.

"For us, races are family time," Ruby Nelson said.

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**Majors**  
Continued from Page 1B

Smyrna Beach in the regularly scheduled elimination game and could not mount any offense against Travis Reeder, who hurled a two-hit shutout to eliminate Leeburg 3-0 and give New Smyrna Beach a three game winning streak.

Reeder was only three batters away from a perfect game as he only allowed two hits, both singles, struck out six and walked only one.

Justin Justice suffered the loss despite only giving up six hits, struck out six and walked none. He was hurt by a pair of errors that accounted for New Smyrna Beach's run in the third inning.

New Smyrna Beach added its other two runs in the fifth inning on a double by Terry Dever, an RBI single by Reeder and an RBI triple by Pat Hoffman.

New Smyrna Beach and the Deltona Beach Americans were to have played the finals on Monday, a follow up on those games will appear in Tuesday's Sanford Herald.

During the damage for the Deltona Beach Americans were Josh Brooks (home run, two singles, run, RBI), Chris Christensen (two singles, two RBIs), Jody Pruitt (two singles, run), Justin Ryan (home run, run, RBI), B.J. Scheer (single, two RBIs), Joey Durrance (single, run), Josh Hearn (RBI) and Joey

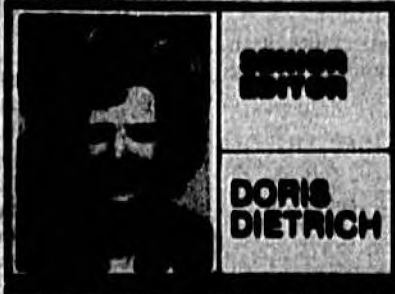
# People

## They're home from Great Britain, Mavis retires

A luxury cruise to the United Kingdom for Ruth and Fred Gaines was "perfectly fascinating and delightful" they say. Ruth claims it was like taking three vacations. The five days aboard ship going over, 11 days in Great Britain and five days more coming home.

Fred was amazed that the 31-day dream trip was so perfect and went off without a single "glitch."

The Gaineses home for 10 days was aboard the luxury liner, Queen Elizabeth 2 which was the 27th anniversary of the ship's exciting maiden voyage. Immediately after boarding the QE 2 in New York Harbor, Ruth said Fred knew this trip was



**DORIS DIETRICH**

going to be the experience of a lifetime. Although, both had seen the Statue of Liberty before, this was the first time they passed by the poised, elegant lady as their vessel slowly sailed on the Hudson River past the famous, historic landmark. Ruth said a ship hostess gave a most

interesting commentary on the history of the surroundings.

In the days when casual has become a way of life, Ruth said formality still prevails aboard the QE 2. There were three formal nights and two casual nights, Ruth said. But even on casual evenings, she said the men were required to wear a suit. Ruth complimented the traditional captain's cocktail party and couldn't say enough about the ship's amenities. Entertainment nightly featured singing, dancing, musicians, comedians and casino gambling for those inclined. During the days, guests swam, sunned themselves, saw movies and heard lectures.

Ruth said the food was "delicious" and that it took from one to two hours to complete lunch and dinner.

Upon docking at Southampton, the Gaineses rented a car and drove 1,000 miles before settling down in London for five days. During their travels they saw the queen and went to see "Phantom of the Opera" at Her Majesty Theatre where the award-winning musical premiered 13 years ago and is still going strong. "It was out of this world," Ruth said. Also, a "really fun evening" was recored at a dinner at Hatfield Palace where the days of King Henry III were relived to the delight of the guests.

Among the other sites that Ruth and Fred explored were: Trafalgar Square, British Museum, Westminster Abbey, Picadilly Circus, Tower of London, Windsor Castle, Leeds Castle, White Cliffs of Dover, Bath, Stratford Upon Avon (Shakespeare's home), York, Cardiff Wales and a brief glimpse of Scotland, Ruth said. "The countryside and gardens were simply beautiful." As they dug into the history of the enchanting land, Ruth and Fred were overwhelmed at the influence the Romans had on English culture.

She said they explored the



Ruth and Fred Gaines aboard the Queen Elizabeth 2.



This photo of Ruth Gaines at the London Bridge was snapped by Fred from the Tower of London.

underground area and saw lots of ruins at Fort Chester in northern England.

During the trip back home, Ruth said the QE 2 celebrated 100 years of cinema. Many celebrities were aboard ship to celebrate including actor Jerry Orbach. She said they viewed interesting films of all kinds. "We met a lot of nice people on the fantastic trip back," Ruth said.

A short time after her arrival back home, Ruth was installed as the new president of the Woman's Club of Sanford Inc. Shortly afterward, she departed for Nashville, Tenn., where she attended the General Federation of Women's Clubs annual convention at Opryland.

She is excited over the theme

□ See Dietrich, Page 68



Fred Gaines at Dover Castle



Participants in scholarship program are (from left): Lillian McGill-Jordan, Angela Wiggins, Tamara Coachman, Tammy Robinson and Shirley K. Baker.

## Delta Sigma Theta leads annual scholarship program

By STANLEY R. BAKER  
Herald Correspondent

Delta Sigma Theta Sorority, Inc., Sanford Alumnae Chapter, recently presented its second annual Scholarship Award Program at historic St. James A.M.E. Church, where Preston Adams is the pastor.

This year's program was financially rewarding for the honorees as well as entertaining, informative, and inspirational for all in attendance.

Entertaining and inspiring the audience with their soulful rendition of popular songs were Latreana Hays and Melody Hillman. Melody, a former Miss Jamborweek and D.S.T. Sanford Chapter scholarship recipient, is a 1966 graduate of the University of South Florida with a degree in elementary education. She also gave the occasion. Soror Fannie Miller touched the minds and souls of those present with her inspirational invocation.

Introduced by her mother-in-law, Soror Lenora Mobley, Soror Jackie Mobley, the speaker, informed the audience of her college experiences and specifically shared some

words of wisdom with the three attentive college-bound young ladies.

Kim Jones, a recent D.S.T. Sanford Chapter debutante and SCC student, presided. Sorors Sylvia Stallworth and Evelyn Clark provided music at the piano and organ.

The three honorees Tamara Coachman, Tammy Robinson, and Angela Wiggins are 1968 high school graduates. Tammy, a graduate of Lyman High School will begin her undergraduate studies at Florida A&M University in July. Tamara, a graduate of Seminole High School will enter SCC, this fall. Both were actively involved in extra curricular activities at their schools and members of Del-Teen, an organization sponsored by D.S.T. Sanford Chapter. Their mothers, Sharon Higgins and Ella Robinson, are members of the local sorority.

This year's recipient of the D.S.T. Sanford Chapter's scholarship award is Angela Wiggins, the daughter of Joe Caldwell and Joyce Smith.

Angela, whose credentials are lengthy and very impressive, will begin her undergraduate

□ See Scholarship, Page 68

## Musicians Guild to present awards

The Sanford/Central Florida Interdenominational Musicians' Guild presents the Second Annual Central Florida Gospel Music Lifetime Achievement Awards honoring outstanding musicians. A formal banquet will be held on Saturday, July 20, at 8 p.m. at the Sanford Civic Center, 401 Seminole Boulevard. Donation: \$25. For information and tickets, call 407-333-8754 or 904-433-2395.

Three of this year's honorees are musician/directors: Edna Sampson Hargrett, Leslie Brayboy Weaver and Ludie Pearl Lee, all of Orlando.

Proceeds will be given in a scholarship to a deserving student to attend college, major in music and return to this area to share their talents with local choirs. Charles D. Jackson is president.

Edna Sampson Hargrett was born in Quitman, Georgia to Fred and Emily Sampson. She was reared in Orlando and began taking piano lessons at the age of six. She studied under Mrs. Mavis Mazy and Mrs. Lenora B. Weaver.

She demonstrated a remarkable talent for the piano at an early age and began playing for the church. She played for Bethel Baptist Church Sunday



**MARVA HAWKINS**

School, St. Mark A.M.E. youth choir, where she was a member, and Allen Christian Endeavor League.

She attended Orange County schools and was part of the first band to be formed at Jones High School, under the direction of Mr. James W. Wilson. She graduated from Jones High with honors. With Mr. Wilson's recommendation and guidance, and an Alpha Kappa Alpha and music scholarship for band, she attended Florida A&M University where she received her Bachelor's degree in music.

At Florida A&M she was a member of the marching band, concert band and the concert choir. She received her Master's degree from Florida Technological University, now the University of Central Florida. She further her studies at Columbia University, New York; the Uni-

versity of Miami; and the University of Florida.

Her aspiration in college was to become a concert pianist; however, teaching a supposedly temporary step, became a part of her. She has taught music at all levels, from first grade through adult education. She has been choral teacher/director of the renowned Jones High School concert choir for 20 years. Under her guidance, the choir has consistently scored superior ratings established by former music teachers, Leslie B. Weaver, Frederick Williams and Roberta Maxwell Brown. Each year the choir serves "concert plus" ratings at district and state levels for singing and sight reading. Each year in December the choir presents Handel's Messiah and, since 1971, Mrs. Hargrett has taken the choir on tour during spring break.

In May of 1968 a new building on the Jones High School campus was named the Edna S. Hargrett Music Suite. Mrs. Hargrett calls it "sugarbump" country, a name she affectionately calls her students, and they affectionately call her "mama" sugarbump. Because of her guidance, numerous students have pursued music careers. Several of her former

students are recognized nationally for their musical excellence.

Being active in church has always been part of Mrs. Hargrett's life. She met and married Reverend Joseph F. Hargrett. She began serving the church as a musician at an early age and she continues in that capacity. She is minister of music and musician/director of the cathedral choir at Mt. Pleasant M.E. Church, where her husband pastored for 25 years. She organized the church band and the Mt. Pleasant Ensemble.

She has conducted several convention choirs here in Orlando. At the 1966 National Baptist Convention, Mrs. Hargrett demonstrated a strength which showed her conviction, dedication and commitment to God and to music. During a musical at the convention, her husband was called home to rest. Mrs. Hargrett, though grief stricken, continued to conduct the choir through the end of the convention.

She serves on many civic, educational, professional and religious organizations; she has been a contributing member of the Orlando Open Guild, Board of Florida Symphony Orchestra;



Rev. Carolyn Mobley with 1968 classmates

local state and national Ministers' Wives. She is a contributing member of the Florida Vocal Association; Music Educators National Conference, Mt. Pleasant Missionary Society, Flower Guild and Deaconess Board, and the Alpha Kappa Alpha Sorority, Inc. In 1968 she was named Teacher of the Year at Northside High School in Havana, Florida.

□ See Hawkins, Page 68

## Dietrich

Continued from Page 48  
for the next two years, "Celebrate Women." One of the convention speakers whom Ruth found interesting was Lis Carpenter, former press

secretary to Lady Byrd Johnson. Ruth mixed business and pleasure and visited with her daughter, Elizabeth and Emily, both Knoxville.



Mavis Smith opens her retirement clock gift while her husband, David, looks on.

### Mavis retires after 32 years in medical office

Although Mavis Smith loved her job dearly, she is happy to have reached that long-anticipated milestone - retirement. Just ask Mavis what she is doing these days and you might hear, "Exactly nothing."  
Mavis, a charming, red-haired, Australian-born lady, began working 32 1/2 years ago for Sanford Pediatrics. Back in 1956, the office was located in the 300 block of East Second Street with Dr. Gordon Stanley, Dr. Vann Parler and Dr. Kenneth Pierce as the physicians. About six months after Mavis started her career, the office moved to 200 San Carlos Ave. where it has remained.  
On May 31, Mavis was honored at a buffet at the Home of

Dr. and Mrs. (Laura) Parler. Her bosses, Dr. Parler and Dr. John Terwilliger, and her co-workers presented her with a basketful of individually-wrapped gifts depicting what a retiree would do daily from the hours of 8 a.m. to 11 p.m. The doctors then presented Mavis with an engraved clock plaque.  
Others attending were the honoree's husband, David; Dr. Terwilliger's wife, Susan; Peggy Brown, Emily Griffith, Linda Helminaki, Peggy Lawrence, Lynn and Mike Watson and Betty Williams. Unable to attend but contributing to the festivity was LaRue Schmeisler.  
Although she will be sorely missed at her post, Mavis is wished a happy retirement.

# Bears, giraffes amuse onlookers

By GEMMA GARDNER  
Novelty Staff Writer

Ferocious bears and tall, lanky giraffes captivate onlookers in the easy-looking home of Samantha "Sam" Hallman with no restraints, permits or restrictions. Before she jumps to conclusions, this collection of cuddly teddy bears and ceramic giraffes quietly sit on shelves and the entertainment center doing just that - entertaining and amusing onlookers.

Hallman began her journey into the jungle with a small bear affectionately named, "Molly B." She acquired the bear as a child at the tender age of five and "never went anywhere without her" in tow.

In fact, Hallman has every intention of giving "Molly B." a place of honor beyond her present separation of the Mass of the other average bears. "Molly B." will soon reside in a curio at her own with other mementoes from the past.

Another special boy in the past was cited as "Fruiteep Bear" because of a little story behind the identity. "I got Fruiteep Bear as a gift from a grocery store," said Hallman. "When I walked into the store a lady was giving out coupons for the bear. I bought two boxes of Fruiteep cereal. I did. So, we named him Fruiteep Bear after the cereal."

A Victorian bear graces the humble presence of the other furry residents. Dressed in a Victorian gown and a frilly parasol the bear stands prominently on a shelf above the crowd.

Although sentimental and favored, a set of ceramic bride and groom teddy bears topped Hallman's wedding cake some seven years ago. She has discovered that the same theme has followed her decorating scheme and even her wardrobe.

Bears from one inch or two inch precious stone to a two foot bridegroom bear and a three foot



Samantha Hallman cuddles two of the adorable teddy bears in her collection.

latchhook fill the recesses of her house. Pewter, porcelain, ceramic, wooden and glass images mold the silhouette of one of her favorite of God's creatures.

Earrings, shirts, cloths, soap, mugs, necklaces, pictures, planters, figurines and even Kisenen sing the praises of Hallman's love of the teddy bear. Many are admittedly found at yard sales according to Hallman but some gifts come from family and friends.

Presently her bathroom gives the illusion of a den of baby cubs begging for a little squeeze. Every bar of soap, nook and cranny possesses the charming babies.

Next on her list of redecorating endeavors is the kitchen. "My whole kitchen is going to be teddy bears," she said. "I have plates, silverware and every-

thing on order to turn it into a teddy bear theme."

Christmas plates cheer the holidays with the brown beauties, while a few collectibles such as Briar Patch and the Vandellaw Collection add registered members to the unnamed few. Over 100 complete the group with a recent find of a music box.

Hallman mentioned that she discovered a picture of a teddy bear at a yard sale and a friend framed it at no charge. The item is now worth over \$500.

Not to forget the tall, spotted giraffes among the fur but this collection numbers only over 15 and a bit out-dressed by the bears. Only, as Hallman said, "because they are so hard to find."

With barely two years invested in her giraffe collection, Hallman now has approximately 15 figurines, a latchhook rug, a

medals, even mitt and pictures. A brown giraffe was cited as one of the most valuable.

Also, ranging from about one inch to three feet the giraffes require more height to fit narrow shelves. A hand-carved giraffe was the first to begin the new hobby.

Although Hallman would admit to quite a see around there at times, she continues to search yard sales. Quite true is the saying, "One man's trash is another man's treasure." She has found many a treasure in her travels and takes every Friday to scout out more bargains and gems.

Hallman was born and raised in Sanford. She and her husband, Clay, have two children, Amber and Joshua. They recently began attending First United Methodist Church in Sanford.



Chanda Robinson (center) is shown with her mother, Cindy Robinson (right) and Paulette Wilburn, mother of the bridegroom, at a bridal shower honoring Chanda.

### Chanda honored at bridal shower

Chanda Robinson, bride-elect of Steve Wilbur, was the guest of honor at a recent bridal shower at the Loch Arbor home of Barbara Ray. The event was hosted by Mary Jane Barbour with 25 guests attending.  
Guests enjoyed games, refreshments and watching while the honoree opened her lovely gifts.  
Each guest brought a recipe for the bride-to-be. Some of the recipes were for food and some were recipes for a happy marriage. Some were very serious while others reflected a delightful sense of humor.

Among the guests were: Cindy Robinson, mother of the bride; Paulette Wilbur, mother of the bridegroom; Shell Wilbur, sister of the bridegroom; and a number of friends.  
Chanda and Steve will exchange vows Aug. 10 at All Souls Catholic Church. Steve received a degree in mechanical engineering on June 8 when he graduated summa cum laude from Georgia Tech. Chanda attends Nova University and is employed by Publix.

The newlyweds will make their home in Palm Beach Gardens where the bridegroom will be employed by Frait and Whitney.

### Just call new graduate Dr. Brooks

Elizabeth Annette Brooks received her doctoral degree in mathematics from Duke University, Durham, N.C., on May 18. She is the daughter of Wendell and Joan Brooks of Lake Mary and the granddaughter of Isabel Grant and Elsie Brooks, both of Sanford.  
Dr. Brooks was recognized in 1984 with the Duke University Mathematics Department Monetary Award for Teaching. The following year, she received the L.P. and Barbara Smith Teaching Award given to the outstanding graduate-student teacher.



Dr. Elizabeth Brooks  
She has accepted a faculty position in the mathematics department at Southwestern University, Georgetown, Texas.

# YMCA announces grand opening

The wait has been long, but it has been worth it. After many months of construction, the Seminole Family YMCA has announced the date for the grand opening of its new building on Saturday, Aug. 5. The ribbon-cutting will begin at 10:30 a.m., followed by a family style barbecue at 11:30 a.m. There will also be games for the entire family.

The new facilities include a 3000 square foot state-of-the-art wellness center and a new multi-purpose room. For families, the really helpful additions are the small ones. There will be a new childcare area and a baby changing station.

Those people tired of parking on Longwood-Lake Mary Road will be delighted to hear that 38 new parking spaces are being added. Construction is expected to be complete by the end of July in plenty of time for the grand opening. New equipment will be arriving at the YMCA by July 15, including a full line of free weights. Some of the new equipment has already arrived. Three new treadmills are getting their workout. The treadmills are the latest models of the Star Trac treadmills. Although some people are still having trouble figuring out how to take their heart rate with this latest bit of technology, the treadmills were a very welcome addition.

The interior of the old part of the YMCA is not being ignored. Sometime before the grand opening, it will be given a facelift and made more user friendly. A new sound system is also set to be installed. It will pipe in all music, no voices, to the current multi-purpose room and to the pool area.

### YMCA Fun-A-Rama

The YMCA is looking for a few good men. And just as many

good women. Check out the people in your company. Are there people there with skill, stamina and speed? Do they have a really good sense of humor? If you answered yes to either of these questions, or if you just answered maybe, your company should put together its own team for the Seminole Family YMCA's 6th Annual Corporate Fun-A-Rama scheduled for Saturday, Aug. 24, from 9 a.m. to 1 p.m. at the YMCA in Lake Mary.

The Fun-A-Rama is a fun team building that will pit the skills of your team against those from other companies. The goals of the Fun-A-Rama are to promote community wide commitment to health and fitness and to raise money to help send underprivileged children to summer camps and after school care. In 1986, over \$4,000 was raised to help families who would otherwise have been left with little or no child care provisions.

Company teams consist of three men and three women. The teams will get to compete in events such as the Silly Sid Shuffle, the Sling Shot Shoot, and the Rubber Raft Relay. Company team placement is only \$300. And for those of you who need a little monetary incentive, it's 100% tax deductible.

For more information or to place your team, call Tom Brock at the Seminole Family YMCA at 321-6844.

## Scholarship

Continued from Page 48  
studied at Harvard University this fall.

After presentation of a beautiful bouquet of red roses to Shirley K. Baker, chairman of the Scholarship Committee, Sister Lillian McGill-Jordan, president of the Sanford Chapter, expressed her appreciation to the audience for their attendance, program participants, and alumni who contributed to the success of the pro-



gram. She offered a special congratulatory to the graduates and their parents.



Tom Brock looks on as Elsie Kueher measures doorway at new YMCA classroom.

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BLONDIE

by Chis Young



BETTY BAILEY

by Mort Walker



THE BORN LOSER

by Art Scahm



PEANUTS

by Charles M. Schulz



BEK & BEEK

by Neville Schneider



ARLO AND JANIS

by Jimmy Johnson



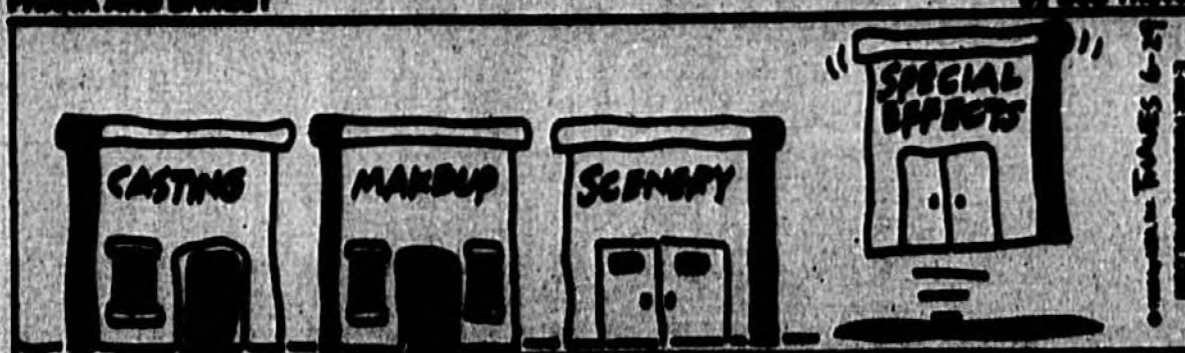
FRANK AND ERNEST

by Bob Thross



GARFIELD

by Jim Davis



ANNIE

by Leonard Starr



ANNIE

by Leonard Starr



Sunday, June 26, 1966

In the year ahead, try to involve yourself in progressive, creative pursuits. You may have the energy to turn a hobby into a profitable venture.

CAUTION (June 27-July 26) Do not use force to get others to comply with your wishes today. Even if they agree to do your bidding, they will not accomplish the tasks well. Cancer, treat yourself to a birthday gift. Bond for your Astro-Graph predictions for the year ahead by mailing \$2 and \$48 to Astro-Graph, c/o this newspaper, P.O. Box 1788, Murray Hill Station, New York, NY 10158. Make sure to state your zodiac sign.

LIBRA (July 26-Aug. 23) This will be one of those days when you could be all thumbs if you have to work under pressure. Do not let important tasks pile up on your desk.

VIRGO (Aug. 23-Sept. 22) Someone in your circle of friends might try to manipulate you to his or her advantage today. You should prepare to take action.

LEO (Sept. 23-Oct. 22) Planning too tight a ship at home today could create headaches for everyone. Discipline has its place, provided it is tempered with compassion.

SCORPIO (Oct. 23-Nov. 21) Try not to engage in a political discussion today with a person whose opinions conflict with yours. The debate could turn into a fight.

SAGITTARIUS (Nov. 22-Dec. 21) Funds you have saved to pay off an old obligation should not be squandered on something new today. First clear up your old debt.

CAPRICORN (Dec. 22-Jan. 19) Try not to let others make decisions for you today. The surrogate you choose might not be up to snuff.

AQUARIUS (Jan. 20-Feb. 18) Today, instead of beginning a new diet or exercise program, you will find a new reason to delay it. The time is now.

PISCES (Feb. 19-March 20) Guard against the inclination to take chances today if you know the odds are against you. Do not fall prey to bad information.

ARIES (March 21-April 19) Make sure today that the objective you are striving to achieve is worthy of the effort it will take

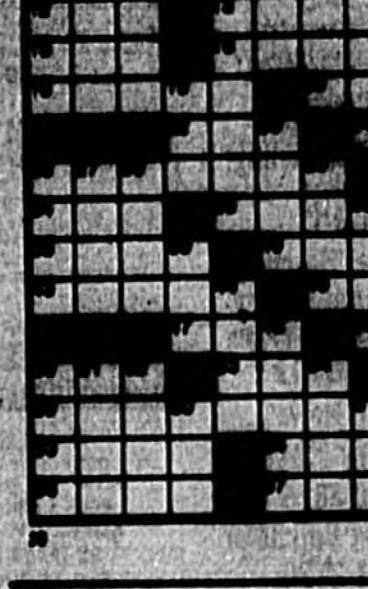
ASTRO-GRAPH

Table with astrological predictions for various zodiac signs.

Answers to Previous Puzzles

Grid with answers to previous puzzles.

STUMPED?

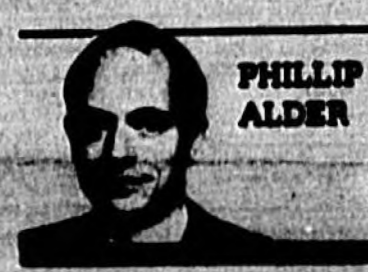


Answers to crossword puzzle clues.

TAURUS (April 20-May 20) Speaking out in anger today could lead to regret later because you may target a person who does not easily forgive or forget.

From last to first

By Phillip Alder



Bridge hand diagram showing cards for North, South, West, and East.

You will probably remember a deal I gave five weeks ago when the declarer won the last four tricks with the four aces. This deal is the antithesis of that one, when the first four tricks are taken by the declarer with the four aces.

South was Margie Gwosdzinsky, partnering Susan Wexler. The two women, who live in New York City, were reviving a partnership from their college days that had dissolved when Wexler gave up bridge to pursue a business career and to raise a family.

Wexler's four-club rebid was a splinter, showing at least game values in hearts with at most one club. Perhaps Wexler should have continued with five hearts, asking for good trumps, but if she had, the final contract would still have been six hearts. Her actual four no-trump was Roman Key Card Blackwood, the response showing two key cards: either two aces or one ace and the trump king.

Gwosdzinsky won the first trick with dummy's spade ace, played a heart to her ace, unblocked dummy's club ace and cashed the diamond ace.

Freak out of ace, declarer led a trump toward her hand, planning to take the finesse. But when East discarded a spade, Gwosdzinsky won with her king and led winning clubs, leaving West with no answer. If he ruffed with the heart queen, declarer would ruff the return, draw West's last trump with the heart 10 and finish the club. And when West ruffed the third club low, declarer overruffed in the dummy, ruffed a spade back to hand and continued clubs.

This board helped Gwosdzinsky and Wexler win the Open Pairs at the

Long Island Regional last March.

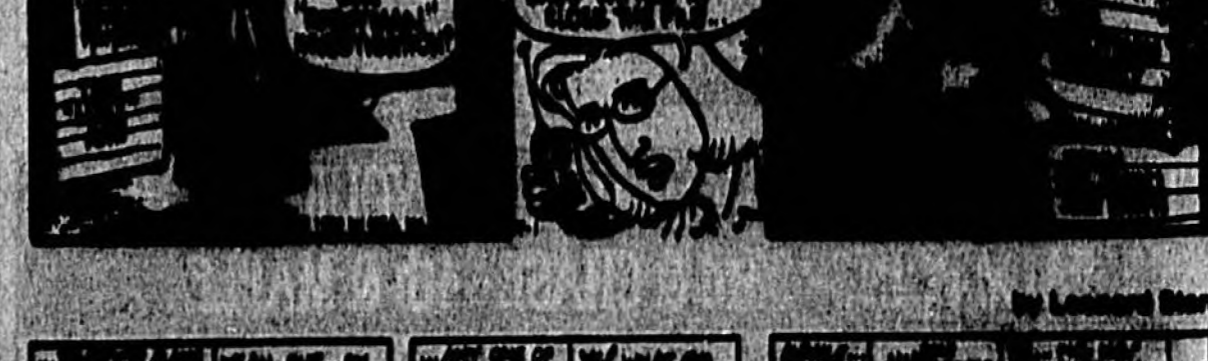
ROBOTMAN

by Jim Meddick



ANNIE

by Leonard Starr



ANNIE

by Leonard Starr



# OUR TOWN LAKE MARY

A Special Advertising Supplement to the Sanford Herald, Sunday, June 30, 1996 and Bargain Hunter, Thursday, July 4, 1996

## Fighting fires of the soul



Herald Photo by Tommy Vincent

The Rev. Don Hicks, at Seminole County Fire Station No. 35, is ready with his Bible and helmet, in case of emergency.

### County appoints first fire chaplain

By BOB BLOSSWORTH  
Herald Staff Writer

Wherever Don Hicks goes, he always takes his Bible and his fire helmet. Hicks, the pastor of First Baptist Church of Lake Mary, is also Seminole County Fire Department's first chaplain.

About a year and a half ago, Hicks and his family arrived in Lake Mary and started a new church. As he drove by a fire station one day, he decided to stop and tell them he would make himself available as a chaplain, if needed.

One of the firefighters, Lt. Todd Gaddy, thought there was a need. He took the idea to Deputy Chief Terry Schenk who asked Gaddy to head a committee to research the idea.

The idea received a favorable response among the firefighters and emergency personnel. A number of local ministers were interviewed, including Hicks. And Hicks, who has had some experience prior to his ministry in law enforcement and emergency medical services, was chosen to be the first chaplain.

Since taking on the volunteer position, Hicks has become a regular fixture at the county's 13 fire stations.

In addition to making himself available for support and counseling, Hicks has taken a sincere interest in becoming part of the team. He has ridden fire trucks to fire and medical emergencies. And, he has gone into a burning building, where temperatures get as high as 800 degrees, during a training exercise.

"I was apprehensive at first,"

□ See Chaplain, Page 8

Man invents Superhut  
Page 2

The language of flowers  
Page 4

First female to pitch in the pros  
Page 6

A spell-binding story  
Page 8

Coming to you live from KNN  
Page 10

Surf the net in Lake Mary  
Page 11



Herald Photo by Sherri Lynn Hill

### Hey baby, wanna race?

Target of Lake Mary held its annual diaper derby recently. Babies from around the area were entered in the competition. Entry number 175, Jenna Romer, sports a T-shirt that every participant received for racing in the derby. The winners in each category won diapers, of course.



Herald Photo by Tommy Vincent

R.H. Goble relaxes under one of his Superhuts.

## Inventor, shelter team up for 'win-win' combination

By **BOB BLOODSWORTH**  
Herald Staff Writer

For R. H. Goble, a 47-year resident of Lake Mary, retirement merely meant the end of one career and the beginning of another.

"I have always had

ideas for inventions, but I was never in a position to do anything until I was retired," Goble said. He now holds eight patents.

After his retirement from BellSouth in 1983, Goble worked toward making his idea of a multi-use shelter a reality. He credits his wife for getting him started.

"She wanted something to hang plants on and I wanted a swing," Goble said. The end result was Superhut—a wooden structure which can be used as a children's swing, a covered porch, a picnic table or a porch

swing.

Larry R. Strickler, regional manager for BellSouth, said he became interested in Goble's invention because of two issues which both involve the underdog—the frustration of inventors to market their products and the need for shelter workshops to become more self-sufficient.

Strickler talked to Goble about involving the Seminole Work Opportunity Program with the production of Superhut. Bill Poe, executive director of SWOP, said his organization has made prototypes of Superhut

and is looking into the possibility of mass production.

Poe said in 1980, SWOP had six employees in a 500 square foot facility in Sanford. Now there are 117 developmentally disabled citizens who work in a 32,000 square foot facility in Casselberry.

As funding for programs like SWOP are cut, Strickler said it is more important for shelter workshops to seek new sources of revenue. And, if inventors have problems marketing their products, a joint partnership with SWOP creates a "win-win" situation.

"It is the only business (SWOP) I know where all the employees report to work with a smile on their face," Strickler said.

Eventually, Goble said he would like to have Superhut kits available through building supply stores. In the meantime, people interested in finding out more about Superhut can contact SWOP at 699-4419.

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Herald Photo by Tommy Watson

Don Hicks has become a fixture at Seminole County fire stations. At Station 35, Hicks meets with Lt. Mick Caines (from left), paramedic Brad Hawver, firefighter John Scott and firefighter Tim Corn.

## Chaplain

Continued from Page 1

Hicks said about the burn training, "but they (the firefighters) said, 'Trust us. We'll take care of you.'"

Hicks said he spends about ten hours a week with the units "so instead of sympathy, I will have more empathy."

The chaplain's respect for firefighters goes back to his childhood in California. His home was near a fire station. He said he remembers from the time he was 7 years old spending his free time at the station. The firefighters befriended him and even taught him how to play basketball.

The firefighters and Hicks said the key to making the chaplain program successful is tolerance.

"He has a way about him that is accepting," Tim Nicholson, a 7-year veteran firefighter and paramedic, said. Hicks emphasized that he respects all of the firefighters' faiths. His main role is that of a support system.

Nicholson said firefighters work 24 hours at a time. "It's not a 9 to 5 job," he said.

"We spend one-third of our life together," Nicholson said. "When something happens to someone, it happens to everyone."

As another firefighter put it, "We're both in the same business-rescuing people."

Nicholson and other firefighters agreed the special stresses associated with their jobs made having a chaplain a big plus. A few months ago, a baby died during a fire in a Lake Mary home.

"It was important to have someone to talk to," he said.

Hicks said his roles as pastor and chaplain some-time overlap. In fact, when he took the idea of being a fire department chaplain to the members of his church, one of the most enthusiastic supporters was a retired Cleveland firefighter who told him to "go for it."

There have been other times when Hicks went along with the fire and emergency personnel and the person making the call was a member of Hicks' congregation.

And then there was the time that the person dialing 911 was Hicks himself. Hicks had a painful kidney stone attack and he came to appreciate the emergency personnel in a personal way.

"The dedication and loyalty of the firefighters is incredible," Hicks said. "It is one of the finest departments I have ever known."

The feeling of respect seems to be mutual. Lt. Damon Creel, an 8-year-member of the department, said although Hicks' main responsibility is to support the fire and emergency personnel, he has helped in other ways, as well.

"We had an auto accident," Creel said, "where a man had hit a woman with his car. Don talked to the man and calmed him down while I helped the rescue helicopter land."

Creel and the station's fire chief returned to the idea that firefighting is a stressful job. According to one of the firefighters, a test was conducted in Los Angeles measuring firefighters' vital signs. The average resting pulse rate was 80 beats a minute. Shortly after the alarm sounded for a fire in progress, the pulse rate went to 130 beats per minute and stayed there for more than 40 minutes.

In the fall, Hicks will have the opportunity to compare notes with other fire department chaplains when the national convention is held in Orlando. Until then, Hicks plans to keep his fire helmet and Bible handy.

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# Speaking the language of flowers



Ashley and Shelly Wrogeman hold a Love Bouquet of irises, red roses, dahlias and cornflowers.

By SHERRY WROGEMAN  
Herald Staff Writer

## April showers bring May flowers...

But what do they mean? If your love gives you a dahlia, would you know that he or she is pledging to be "forever thine?"

Red roses, everyone knows, symbolize love and passion. But, for Mother's Day, a red flower in a corsage is worn by a woman whose mother is living. A white corsage is worn if the loved one has passed away. On the other hand, a white lily means purity.

Shelly Wrogeman, Country Club Flower Shop, has researched the "language of flowers" so she can tell her customers what message they are sending when they send a floral bouquet. "People come in all the time and ask 'what do your roses mean,'" Wrogeman said.

Virtually every flower has a meaning, Wrogeman learned, but meanings have changed over the years to fit more modern themes. A yellow flower now means friendship, but once symbolized falsehood.

One of the best books Wrogeman said she found was "The Language of Flowers, A History," by Beverly Seaton. Seaton includes an appendix in her book, showing the meanings of flowers as presented by five authors. Wrogeman

used this list, taking the most common definition for each flower, and put together a list of her own.

The concept that flowers had unspoken meaning began in Napoleonic France. Because flowers played such an important part in Victorian society, it is commonly but incorrectly believed that flowers had a "socially agreed-upon symbolic language which men and women actually used to communicate with one another concerning matters of love and romance." Seaton said in the introduction to her book. Actually, Seaton goes on to explain, "the language of flowers was a vocabulary list, matching flowers with meanings, differing from book to book."

"Flowers played a role in nineteenth-century social life as they do in today's society, but to a greater extent," Seaton says. "Flowers were worn on many more occasions than they are today, and the gift of flowers in a romantic context was much more complicated."

Wrogeman said she thinks people should have fun with flowers, as well. For example, if you are not particularly happy with someone, send them a bouquet that includes lettuce leaves, mushrooms, yellow carnations and nettle. This will send a message of coldheartedness,

suspicion, disdain and cruelty.

Wrogeman and her husband Michael opened their flower shop in November of 1986, just in time for the Christmas season. Holiday poinsettias filled the shop as it flowed out the front door of the historic building in downtown Lake Mary. Prior to the opening of the flower shop, the building housed a produce market and sports card shop. Originally built in the 1920s, as a gasoline station owned by Mr. Pugh, the building has also housed a barbecue restaurant. The Pughs also ran a repair shop, where Stenstrom Florists now, and their home was located in the parking lot between the two buildings.

Wrogeman worked for a friend in her first shop just prior to opening her own shop in Lake Mary. Michael is a retired professional water skier, who has also worked in construction. The Wrogemans have an 8-year-old daughter, Ashley. They currently live in Altamonte Springs, but are "diligently" looking for a home buy in Lake Mary.

Country Club Flower Shop located on the northwest corner Country Club Road and Crystal Lake Avenue, across from the Frank Evans Center, in downtown Lake Mary.

For more flowers and the meanings, see Page 9.

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Pam Davis became the first female to play for a men's professional baseball team when she pitched one shutout inning for the Jacksonville Suns last week.

# Rams grad makes baseball history

## Pam Davis fires shutout inning in Jacksonville

By JEFF GARDNER  
Herald Staff Writer

The whole experience was awesome.

Lake Mary's Pam Davis last week became the first woman in professional baseball history to participate in a game when she pitched one shutout inning for the Jacksonville Suns AA team last week.

First there was the fan reaction when she took the mound.

"They were awesome," she said. "I had to remember I had a game to pitch."

Then there was the appearance on the Tonight Show with Jay Leno last week.

She followed Bill Maher of the television show Politically Incorrect and had to overcome a bout with the nerves.

"Jay Leno came in two or three times to see if I was ready," Davis said. "He just told me to have

some fun. It was awesome."

Then came appearances on Good Morning America, CNN, ESPN and writeups in just about every major newspaper in the country.

"The whole thing has just been really awesome," she said.

So was her one inning performance in Jacksonville. She stepped to the mound to face the Australian National Team in an exhibition game. After surrendering a leadoff double, Davis bore down and retired the next three batters. She struck out the final batter before being pulled after she came off the field to a thunderous ovation.

"It was very well accepted," Davis said. "The fans went crazy and when I struck out the last batter they went bonkers. All the players gave me a high five when I came into the dugout."

She wasn't alone on the mound. Four of her Silver Bullet teammates travelled all night to Jacksonville to root her on.

Jacksonville manager Bill Plummer put an end to the outing, yanking her after one inning but, by then, Davis had already fulfilled a dream.

The dream actually started

when she joined the Colorado Silver Bullets three years ago. Invited to be the first woman's professional baseball team since the 1940s, Davis tried out for the team which faced minor leaguers and semi-pro teams that first year and won only once. Davis, however, became the ace of the staff with her 80 miles per hour fastball.

By joining the Silver Bullets, Davis was transformed from a Lake Mary High softball player to a role model for girls everywhere.

"I knew when I joined the Bullets we were going to be role models," Davis said. "We just wanted to show people we can compete."

The team still struggles. In their third season, they have posted three wins so far and Davis has two to go with an impressive 1.88 ERA. In over 28 innings, she has struck out 23.

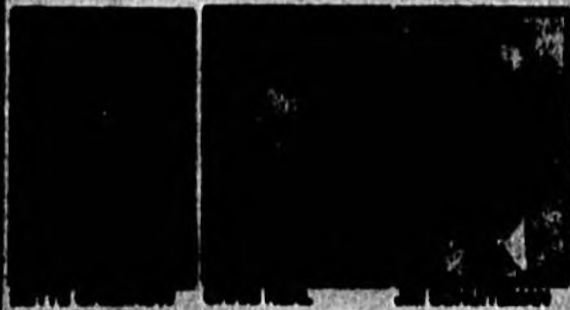
With numbers like that, it was little wonder Davis was selected to make the historical appearance in Jacksonville. The Southern League, which includes the Suns, agreed with the Silver Bullets to allow one of its players to join the

See Photos, Page 9

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Bob Brenner consults with a potential patient at her office.

## Hypnosis might make Shaq a better player

By Bob Brenner  
Herald Staff Writer

"I could get Shaquille O'Neal to make 90 percent of his free throws," hypnotist and Lake Mary resident Robert (Bob) Brenner said.

Brenner is convinced O'Neal shares a problem many athletes, dancers, singers and public speakers have...they think too much.

According to Brenner, the reason O'Neal makes his hook shots effortlessly and then stalls at the foul line is he has too much time to think

about the foul shots.

"As soon as he thinks about it, then his subconscious backs off and his conscious mind takes over. Now he has to think about each aspect of making the basket, when his mind and body already know how to do it," Brenner said.

Most of the clients who come to Brenner do so to lose weight or to stop smoking. He can help them, he says, if they really want to do what they say. But, he said

under hypnosis, some people discover they do not want to lose weight or stop smoking. What they want is to convince family and friends they have tried everything to change their habits.

Although Brenner says he has been interested in hypnosis for most of his life, he decided to become a hypnotist after a family member used hypnosis as a way of coping with terminal cancer.

"It not only helped him cope with the pain, it was exciting to see him enjoy each day," Brenner said.

After a 50-hour training course taught by the National Guild of Hypnotists, Brenner has seen clients with a variety of needs. In addition to helping people stop smoking and lose weight, Brenner said he also helps with pain control, self-confidence, memory enhancement, sales training, sports improvement and stress relief.

Brenner said he teaches golfers to play golf with their eyes

□ See Hypnotist, Page 9



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**Moving on**

Special Photo by Tommy Vincent

Lake Mary Elementary School III. Rasheed Move, sporting T-shirts that th-graders enjoyed pizza and a dance party to celebrate the end of their elementary school years. From left, obviously happy at the onset of John Kramer, Timmy Thomas and state the year they anticipate graduating from high school.

**Hypnotist**

Continued from Page 8 closed.

"Once they line up their shot, I have them close their eyes," he said. "Their mind and body know how to make it." Brenner said his golf partners are amazed when he putts with his eyes closed.

Hypnosis is often misunderstood, Brenner said. The biggest myth people hold is that subjects are asleep. He said people who daydream while driving on the interstate and miss their exit are actually in a hypnotic state.

According to Brenner, anyone who has normal or higher intelligence and can concentrate can be hypnotized—if they want to be. "People make the choice," Brenner said.

In Seminole County, hypnotists must get a doctor's referral in order to obtain an occupational license, according to Brenner. He suggested

people interested in going to a hypnotist should check professional affiliations and the training the person received.

One of Brenner's newest ventures is a 22-minute cassette tape titled, "Mind over Meats." He warns people not to play the tape while driving. He said they could become so relaxed, it would be unsafe for them to drive.

**Pitcher—**

Continued from Page 8 the team for a game as part of the "Give the Girl a Chance" program.

Now that Davis has made her appearance, she is hoping to set an example for other girls looking for a chance and an inspiration.

"I've gotten letters from all over the country," Davis said. "They said I was their idol since I got there first. They told me it was a dream come true."

While joining a professional mens' team may still be far off, Davis will return to the University of South Florida where she plays for the softball team and studies biology in hopes of achieving a career as a doctor.

Medical school may have to wait for now as Pam Davis continues to go where no woman has ever gone.



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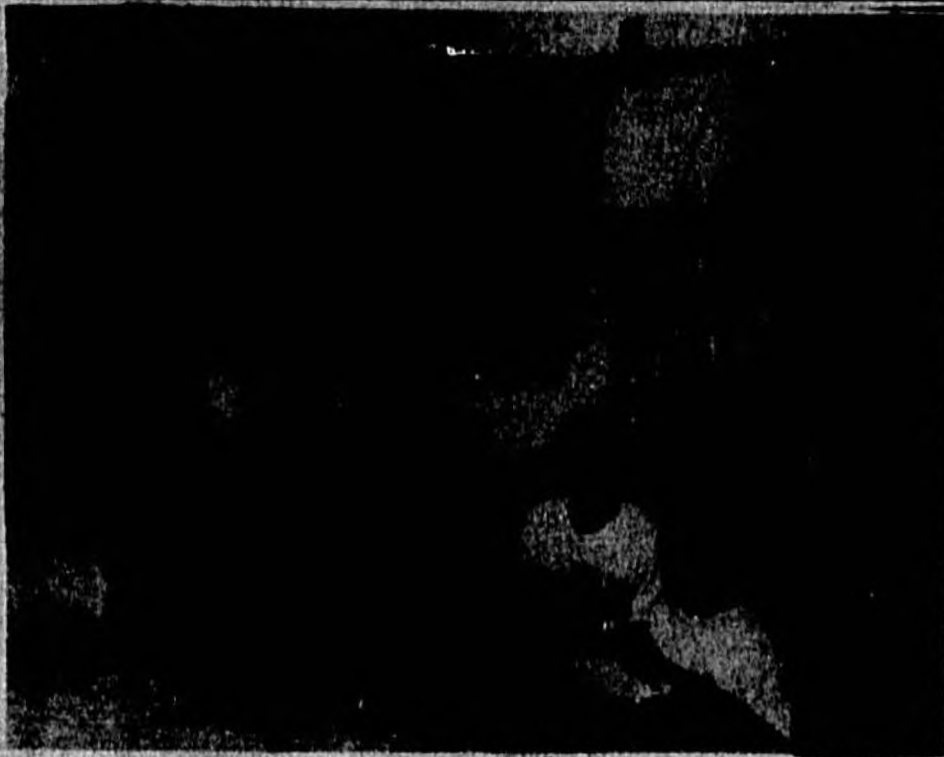
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Anchoring the daily announcements on Alan Milton (from left), Steven Matts, Ervin Pomeroy and Jack Hemmingsway.

# Coming to you live: Heathrow's KNN

**By [Name]**

The studio is dark and the camera lens has moved all. The sound level is an intense volume.

On June 23, 1968, is the closed-circuit television station that has been set up in a room without the multi-purpose room at Heathrow Elementary School. With the help of media specialist Rev. Schulte and Student Teacher Enrichment Program teacher Vicki Innes, 450 students get the chance to "anchor" the morning announcements "live" at 9:01 a.m.

Most of the county's elementary schools now have television in their rooms and are wired for closed-circuit broadcast. When Schulte came to Heathrow from Winter Springs Elementary, the system at Heathrow was already being used for a weekly news program, usually 30 minutes in length. Schulte saw a way to simplify the program and to "put more ownership" in a student-produced program.

Schulte trained a crew of 15 STEP (Student Teacher Enrichment Program) students to be technicians, to be responsible for

arranging the video equipment, to coordinate announcements and to take the experimental program to each morning broadcast.

The 5th grade STEP staff were the general focus of the news program. They provided a blueprint for the students who participated. Each third, fourth and fifth grade class was required to participate one or two weeks during the year, but each class at each grade level got the opportunity to go "on air."

The daily announcements included the Pledge of Allegiance and a patriotic piece of music. The latest news, any events in history pertinent to the particular day and any events going on in the school that day. There were four anchor positions each day, an off-camera crew and for the eyes of three or four students. One student ran the camera while others handled the lights and the music.

Being on the KNN staff was hard work for students, Schulte said. They had to be dedicated and responsible for being at the station each morning at 7:30 a.m. That was when the crew met with the camera to go over the format. □ See KNN, Page 11

<p><b>WAX</b></p> <p>1 qt. \$1.00</p> <p>2 qt. \$1.50</p> <p>5 qt. \$3.50</p> <p>1 gal. \$4.00</p>	<p><b>WAX</b></p> <p>1 qt. \$1.00</p> <p>2 qt. \$1.50</p> <p>5 qt. \$3.50</p> <p>1 gal. \$4.00</p>	<p><b>WAX</b></p> <p>1 qt. \$1.00</p> <p>2 qt. \$1.50</p> <p>5 qt. \$3.50</p> <p>1 gal. \$4.00</p>
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<p><b>Dayton, Thornbrok® Steel</b></p> <p><b>2400 lbs. Guaranteed</b></p> <ul style="list-style-type: none"> <li>• Low oil, smooth running and easy to start</li> <li>• Low oil and stable life</li> <li>• Full film with maximum</li> </ul>	<p><b>Dayton, Thornbrok® Steel</b></p> <p><b>2400 lbs. Guaranteed</b></p> <ul style="list-style-type: none"> <li>• Low oil, smooth running and easy to start</li> <li>• Low oil and stable life</li> <li>• Full film with maximum</li> </ul>	<p><b>WAX</b></p> <p>1 qt. \$1.00</p> <p>2 qt. \$1.50</p> <p>5 qt. \$3.50</p> <p>1 gal. \$4.00</p>

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## Now Is The Time To Plan For Tomorrow

While an one likes to think about life or for one morning, the fact is, one day your loved ones may be at a loss to deal with all the final details.

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# KNN

Continued from Page 10

for the day. For the fifth-grade crew, who have now graduated to middle school, the experience with the television station meant a lot of different things. Schulte reported that the technicians "developed leadership skills." Derek Reed had a slightly different reaction: "Everybody knows me now." Reed was an anchor. The other crew members occasionally included Andrew Roy, Alex Atwal and Andrew Grellman. The regular KNN crew was made up by Alex Millan, Andrew Wright, Katherine Sprysenaki, Julie Gambie and Rachel Soares.

The last broadcast for these hard-working students was no doubt bitter-sweet. "It's going to be hard leaving," said Sprysenaki.

KNN will be back on the air when the school year starts Aug. 1. Schulte will have a new crew and new opportunities. Who knows, she may be training future Dan Rather's and Tom Brokaw's!

## Surf the net: Lake Mary on-line

By Jeff ...  
Herald Staff Writer

Lake Mary introduced itself to the rest of the world recently.

The city started a home page that can be accessed on the internet to give information to anyone thinking about relocating to the area.

Most of the news is no news to current residents. Susan Seines, Senior Planner for Lake Mary, described the page as "geared towards people interested in relocating to Lake Mary."

The page consists of information such as location, economic development prospects, recreational opportunities and school information.

Phil McMahon designed the page as after doing a similar one for Altamonte Springs.

Seines said the page would be constantly updated and additional information as well as maps would soon be added.

The home page address on the worldwide web is <http://www.globenet.net>.



Home	Location	Demographics	Government
Business	Market Statistics	Labor Outlook	Housing
Education	Public Services	Fire Protection	Taxation
Healthcare	Police	City Directory	

### CITY OVERVIEW

The City of Lake Mary offers a high quality of life in its strong sense of community and its commitment to high standards of quality living. There's just one place Lake Mary is one of the fastest growing areas in Central Florida. The City offers well planned residential communities, excellent schools, prominent businesses, and a variety of shopping. It's a friendly place to live and work and few places are more beautiful. The crime rate is one of the lowest in Florida thanks to our pro-active, community based police department. Our fire department is trained in rapid response and emergency rescue. Our parks and recreational facilities are beautifully maintained. Plus, Lake Mary has all the conveniences of Orlando but without the traffic!

Join the City of Lake Mary on our "homepage" and explore the possibilities!

This is the first page you would see if you accessed Lake Mary's home page.

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# Seminole County's Healing Force Is Now Operating Under A New Name

Patients at Central Florida Regional Hospital may be surprised to find the 226-bed facility operating under a new name, but what shouldn't surprise anyone is that the hospital is continuing in its commitment to excellence in service.

## **Columbia Medical Center - Sanford.**

It's a new name for an established hospital recognized for quality and patient satisfaction. And while this new name reflects the hospital's pride in being part of Columbia - the nation's largest publicly held healthcare provider - those in Seminole County can be assured that our physicians, staff and volunteers will continue to provide the healing touch of those who care. What else can be assured? Backed by the resources of Columbia, Seminole County's most advanced hospital will continue to offer the latest and most advanced technology and services available.

Just a few of the services now available from Columbia Medical Center - Sanford include:

- The Heart Center, open heart surgery • Comprehensive Pediatric Services • Oncology
- Chest Pain Center • Full line of non-invasive cardiology testing
- The Baby Place, Comprehensive Maternity Services
- 24-Hour Emergency Department and Fast Track • Outpatient Surgery
- Lithotripsy, Laser Surgery, Laparoscopic Surgery • Educational Classes and Support Groups • Physician Referral Service

*And So Much More*

## **COLUMBIA<sup>™</sup> Medical Center** **Sanford**

*Formerly Central Florida Regional Hospital*  
**It's A New Name For Seminole County's Healing Force.**

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CORPORATION

# End of Roll

**CERTIFICATE OF AUTHENTICITY**

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starting with MAY 1996  
and ending with JUNE 1996.

are accurate and complete reproductions of the records of  
SANFORD HERALD

as delivered in the regular course of business for microfilming to Dataplex.  
It is further certified the entire microphotographic processes used in produc-  
ing this film were carried out in a manner and on film which meets all  
current requirements of the American National Standards Institute and the  
Internal Revenue Service for permanent/archival micrographic copy.

Date Produced 9 - 19 - 96.  
Mo. Day Yr.

Dataplex Camera Operator L.

Place OKL. OK.  
City State

# End of Roll

# QUALITY CONTROL DENSITY TARGET

DRAPER P.O. BOX 14878, JACKSON, MISSISSIPPI 39238 (601) 877-4000

GROUP NAME	<i>Sanford Herald</i>		MADE BY	<i>Draper</i>
REF. DATE, 20				

APPROVAL	ROLL NO.	1	CHECKED BY	
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CAMERA TYPE AND SERIAL NUMBER	FILM SERIAL NO.	FILM BRAND	EXPOSURE NUMBER
<i>35mm</i>		<i>Kodak</i>	

VOLTS	VOLTS LEFT ON	DATE
		<i>9/17/96</i>

Internal Revenue Procedure 81-48, Section 8.01.1 through .11, provides guidelines for filming of paper documents. This procedure requires that the standards set forth by the American National Standards Institute, National Micrographics Association, and National Bureau of Standards be met. When determining background density requirements, refer to NAA MS 23.1983, Sections 4.1.4 and 4.2.4.

STEP TEST	SETTING	VOLTS
1		
2		
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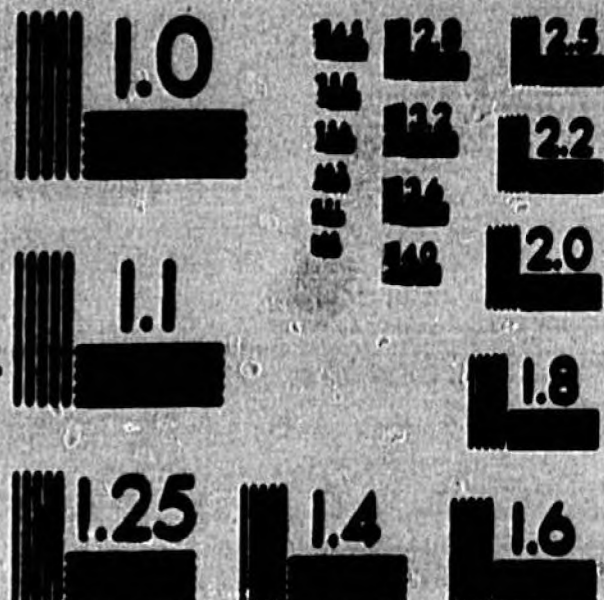
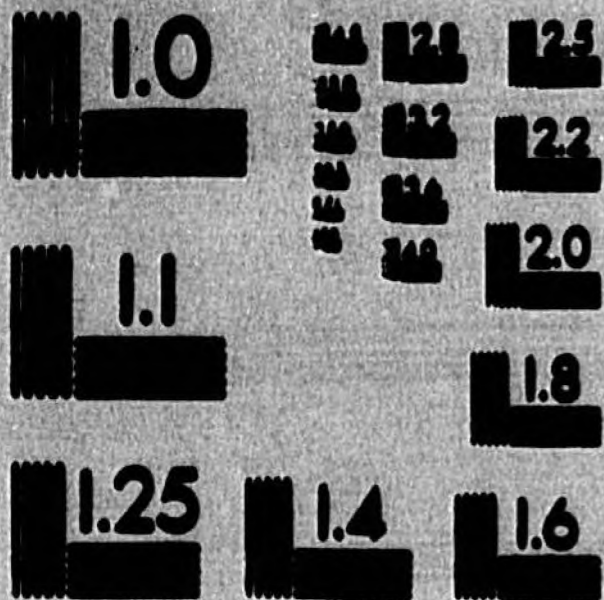
DO NOT WRITE BELOW THIS LINE. TO BE USED FOR DENSITOMETER READINGS.



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INDEX AND RETRIEVAL SYSTEM  
START OF ROLL/Q.C. TARGET

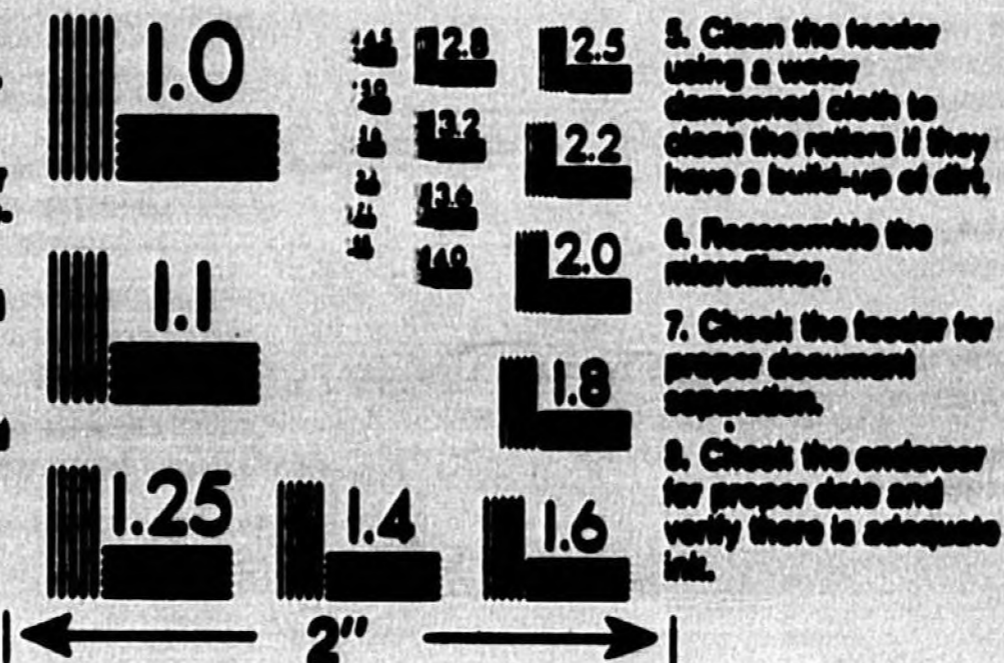


# START

# START

### OPERATOR CHECKLIST

1. Prepare microfilm for cleaning by removing all accessories.
2. Dust the lamps and check for proper positioning.
3. Remove, clean, and reinstall glass guides.
4. Dust off all mirrors.



5. Clean the feeder using a water dampened cloth to clean the rollers if they have a build-up of dirt.
6. Reassemble the microfilm.
7. Check the feeder for proper document operation.
8. Check the encoder for proper date and verify there is adequate ink.

