

Editorial Comment

Lake Monroe Park And Its Bright Promise

Creation of Lake Monroe Park is a MUST if the full advantages of the growth years are realized in our city. This is not just a plan, a dream or a vision. It has all the ingredients of careful thinking, practical analysis and what is even more important—responsible determination of the reasons for its existence.

These are young and courageous enough to stand up and be counted, as firmly behind the plan which would create an asset to attract tourists and help our economy, have met and elected officers for the ensuing (non-political) campaign.

The details of the plan have been explained in the news columns of this newspaper and will be publicized again as the campaign to secure the park for the good of the city takes shape and is firmly pushed.

One more our city is caught in the time squeeze. For the very purpose of such a park—to meet, satisfy and profit from the inevitable flood of autos from the north when Disney World, Tazmanland and other tourist attractions directly in our area are completed—is almost at hand.

A TV Version

Social scientists and political philosophers of the future may well find themselves confronted with a very nice distinction when attempting to pass judgment on the permanence of mass media channels during tumultuous 1968.

Caught mid-stream in the torrent of criticism—pro and con—which flowed from the national political conventions in Miami and Chicago with television in the public opinion spotlight was, too, find even now a nice distinction to be made.

On the record, television—especially color television—with its ability to focus cameras and stick microphones into the very spot where the action is seems to be the issue.

Already Congressional inquiry is expected to probe the role played by the networks at the Democratic convention which was, in fact, the fuse that set off the current explosion.

Quite unexpectedly the TV spokesmen have not been silent. Vincent T. Washlewski, president of the National Association of Broadcasters, told the Federal Bar Association in Washington that television must "tell it like it is."

But the inherent difficulty of carrying out this assignment by means of the TV camera was illustrated to at least one viewer during a golf match when "Arnie" Palmer's shot on the final 18th hole landed in a sand trap and rolled to an overlying lip of the fairway—at least that is what we saw.

It seemed unplayable without the loss of several shots. Yet the next time the TV camera focused, there the ball was in a playable lie and Palmer exploded onto the green to win the match.

Now it is explained that Palmer was allowed a free drop as the ball had been hindered by an onlooker. But the TV camera had missed that incident. It was focused elsewhere.

Isn't this an incident where it was impossible for the TV medium to "tell it like it is?" And, we are confident there certainly have been others.

The Sanford Herald

WALTER A. GIELOW, EDITOR AND PUBLISHER
FRANK VOLZMINE, Circulation - General Manager
FRED VAN DYKE, Managing Editor
JOHN WELLS, Deputy Editor
JOHN WELLS, Editor
JOHN WELLS, Sports Editor
DORIS WILLIAMS, Society Editor
MARTIN WINTER, Staff Photographer

—And if You Happen to Throw a Beanball, I'll Happen to Look the Other Way!



Domestic Comment

What "Forgotten Americans"?

By DON OAKLEY
Richard Nixon is out to win the hearts and minds and votes of the "forgotten Americans," the great middle class. Hubert Humphrey is aiming at the same group, though he calls them by a different name—the "silent" or "moderate majority." And George Wallace is seriously not pining his hopes to any racial or economic minorities.

H. L. Hunt Says:

Rhodes Grandchildren - ADA

Those with the ability to acquire fortune in a few years deserve little credit for their accomplishment of amazing prosperity; they may have only been born with a gift to make money.

Political Notebook: How LBJ Faces A Crisis

By KAY CROWLEY
NEW WASHINGTON Correspondent
WASHINGTON (NWA) — The other day one of President Johnson's advisers unbundled himself of his personal thoughts about his White House job.

BERRY'S WORLD



Crane's Worry Clinic:

Encourage Child To Talk

By - GEORGE W. CRANE, PH. D., M. D.
CASE G-881: Martin F. aged 2 is an only child. "Dr. Crane," his worried mother laments, "Martin still doesn't talk, at least more than a few unintelligible sounds."



NEW PERSONNEL at Midway School: Miss Lucy Fort, teacher aide; Mrs. Nancy Mortimer, second grade teacher, and Mrs. Shirley G. Williams, teacher aide.

Tax Code Study Slated

WASHINGTON (AP) — No matter who is president or which party controls the House, the complicated and much amended tax code is due for a searching study and possible revision next year.

Arbor Day Scheduled

By JANE CASSELBERY
Maitland - South Seminole Chamber of Commerce is planning an Arbor Day for Sept. 28.

Relaxing

MIDDLETOWN, Ohio (AP) — Carl Grack, the local dog catcher, finds his job most relaxing.

T.G. & Y. advertisement listing various products and prices: POLAROID MODEL 20 SWINGER CAMERA \$8.88, WIRE BOUND COMPOSITION BOOK 27c, 2 ROLL PKG. BATHROOM TISSUE 17c, WIL-HOLD BOBBY PINS 12c, METAL PATIO CHAIR \$2.88, LIGHT BULBS 4-57c, RUBBER BOOK STRAP 7c, PLASTIC FRAME PICTURES 9c, WALL MIRRORS 1/3 OFF.

Collins, Gurney Differ On War

GAINESVILLE, Fla. (AP) — Democrat LeRoy Collins and Republican Ed Gurney tangled in sharp debate Tuesday night, turning the Vietnam war, and drew Claude Kirk into major issues in their campaign for the U. S. Senate seat being vacated by Sen. George Smathers who is retiring.

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Handy Food Store

There's a HANDY FOOD STORE near you! Open 7 a.m. - 11 p.m. 7 DAYS A WEEK. Courtesy Service - Low Prices!

Large advertisement for Dodge cars: THE GOOD GUYS ARE TURNING UP THE fever NOW. Features 1969 Dodge Polara, Dodge Charger, Dodge Coronet, and Dodge Dart. Includes the slogan 'NO WONDER DODGE BOYS' SALES ARE AT A FEVER PITCH.' and 'THE DODGE BOYS' logo.

Personalities And Activities In Seminole County



BEN EARL JONES, former English teacher at Tallahassee Junior College, has joined Florida Education Association as student program specialist. He will co-ordinate activities of state chapters of Student Florida Education Association and Future Teachers of America, serving as liaison between the student groups and the parent association.

MRS. WILLIAM YOUNG, who expects to be a new den mother for Altamonte Springs Cub Pack 231 this year, observes some of the activities enjoyed by the boys. In the group, shown with Mrs. Gene Fourakre, Den 4 den mother, are (front, from left) Michael Jones, Doug Walter, Jim McOwen, Jerry O'Rannon, Robert Powers, Greg Richard and Martin Young; (back) Bryan Fourakre, David Parham and Lonnie O'Steen.



PAT BUIE, Democratic nominee for the contested School Board seat, held his campaign kick-off at his Rollings Hills home recently. One of the first guests to be welcomed to the Buié home was John Angel, Democratic candidate for superintendent of public instruction. Shown (left to right) are Angel, Buié and Mrs. Buié. (Herald Photo)



DAVID MOORE (right) was installed as Master Councilor of the Seminole chapter, DeMolay at a dinner-meeting at Masonic Temple. Andrew Thomas (left) and Henry Bowlin were installed as junior and senior councilor, respectively. Joseph Pauline (dark coat), outgoing master councilor hands the gavel over to Moore. (Herald Photo)



K-9 CORPS from Orlando Police Department was guest of the Maitland-South Seminole Chamber of Commerce at a luncheon at the Civic Center. Thor, who responded eagerly to order to attack Lt. Justus East of Maitland Police (bottom) demonstrated more gentle side of his personality as he permitted women at the luncheon to pet him while his handler, Patrolman Hoke Dorrough, stood by. (Herald Photo)



50-PLUS CLUB of Forest Lake Seventh-Day Adventist Church enjoyed covered dish dinner and evening of entertainment. Mrs. Roy Thompson and Mrs. L. J. Stubb (top) were hostesses for the event. Sampling punch are J. B. Anderson and Jess Jones. Mrs. Garrye Dummuck, an accomplished pianist and organist, played for singing. Seated with her is Miss B. Tevellaugh, a newcomer to the club. Quartet included Mrs. Sadie Rye, Mrs. Joseph Wheeler, Delmar Saunders and John Scott. (Herald Photo)



TERM at church-supported kindergartens in Longwood opened with the school year. Class of five year olds at First Baptist Church (top) enjoys refreshment break as Mrs. Barbara Akins, new aide, pours milk for Pamela Hauser, John Burgess (with cookies) and William Hasty. Mrs. Diane Marquis is teacher. Children at Christ Episcopal Church, in conjunction with math readiness, used circles to make "Thing Monsters." In the group are Jay Priest, Terri Largent, Don Riley and Maralee Thompson.



SHIRLEY KEPHART was guest artist for the opening meeting of the season for the Sanford-Seminole Art Association at the Cultural Art Center, Fifth Street and Oak Avenue, Sanford. She is shown with an abstract painting done specifically for the group of members and friends present.



Career Corner

All About The Botany World

By F. J. LAIN
 Miss Lain awards a new Mercury portable, courtesy of the Royal Typewriter Co. to Allen Raring, Illion, N. Y., for his question:
 "As a high school student, I've been considering a career as a botanist. Are there different fields in botany as there are in engineering?"
 A — You bet your favorite blindfolded there are. A botanist studies plants, profession and is classified as a biological scientist. While in general, botanists teach, conduct research or perform administrative duties, the extent of their interests is a galaxy of scientific inquiries ranging from the chemistry of the DNA molecule in the nucleus of a man to the use of plant materials in modern medicine. Botany is important because the whole of life depends on plants. The earth's great green carpet of plant life not only gives us oxygen to breathe, but directly or indirectly is the source of all food.
 The Botanical Society of America has just published a delightful, tastefully presented booklet, "Botany as a Profession," which may be obtained free, in single copies from the Department of Botany, Indiana University, Bloomington, Ind. 47401.
 From microorganisms to towering plants, explaining professional divisions, the Botanical Society says:
 "The limits of the field of botany are interpreted in different ways. For example, government agencies and many other institutions classify the applied plant sciences as separate from botany. Thus bacteriology (the study of bacteria and other microorganisms), agronomy (the study of field and pasture crops), horticulture (the study of orchard and vegetable crops), forestry (the study of forests and their management), and plant pathology (the study of plant diseases) are not considered part of botany.
 "This separation is, of course, artificial and it is often impossible to determine whether an individual who is studying the structure or activities of a plant is a botanist or a horticulturist or an agronomist . . .
 "Some botanists specialize in the study of certain groups of plants. Thus, algologists or phycologists study algae, bryologists are concerned with mosses and liverworts, pteridologists investigate ferns and other seedless vascular plants, and mycologists study various aspects of the fungi.
 "Other botanists specialize in a particular type of study. Morphologists and anatomists study the structure, development and reproduction of plants; cytologists investigate the structure and ultrastructure of plant cells; plant physiologists and biochemists are concerned with nutrition, metabolism, coordination and other activities of plants; geneticists study heredity in plants; taxonomists and

Proposed Budget Presented

By MARYANN MILLES
 A proposed budget for the amount of \$400 for the Altamonte Springs Parent-Teacher Association was presented at the group's opening meeting of the year.

Officers introduced included Mrs. Barbara Jones, president; Mrs. May Ann Kinoy, vice president; Principal F. E. Marston, general vice president; Mrs. Donna Parham, secretary and Mrs. Gretchen Topp, treasurer.
 Room representatives will be Mrs. Gloria Allen and Mrs. Patsy Hamlin, 1,3; Mrs. Wardelle Smith and Mrs. Dol Moore, 4,6.
 Chairmen are Mrs. Jean Neff and Mrs. Betty Brighetti, membership; Mrs. Katy Bledsoe, hospitality; Mrs. Pat O'Steen, library; Mrs. Nan Oakley, luncheon; Mrs. Fay Wagner, devotional; Mrs. Peggy Hattaway, publicity; Mrs. Grace Burks, Mrs. Grace Barhart and Mrs. Joan Nixon, dining; Mrs. Sue Denmark and Mrs. Dot Young, ways and means; Mrs. Patsy Wagner, participation; and Mrs. Mildred Belle Scofield, committee representative.

Committees Are Named

The Auxiliary of the Rotary Volunteer Firemen's Association has named committee chairmen for the Touring Firey Card Party scheduled for 7 p.m., Oct. 16, in the Firemen's Recreation Hall.
 Mrs. William Burtche, general chairman, will be assisted by Mrs. Frank Pietropluto, They, and Mrs. Charles Ulrich, auxiliary president, will be in charge of tickets.
 Others serving will be Miss Kay Ryan, prizes; Mrs. Ulrich, Mr. and Mrs. Otto Hartwig, Mr. and Mrs. Oscar Hovik, Miss Beatrice Tyson, Mrs. John Vetter and Mrs. George Crosby, game; Mrs. Harry Freeman and Mrs. Thomas Morrissey, refreshments.
 The game committee will meet at 10 a.m. Friday, Oct. 11, in the Hall, to check the game.
 The public is invited to attend the party.

Nixon Leads

By THE ASSOCIATED PRESS
 Four national surveys and a California state poll show Republican candidate Richard M. Nixon decisively leading Democratic Vice President Hubert H. Humphrey in the presidential race.

Everybody's Making Tracks For A Wide-Track

PONTIAC that is
 The 69's are coming, the 68's must go. SAVINGS on a Wide-Track Pontiac are Great Right Now!

HEMPHILL
 1501 W. FIRST ST. SANFORD
 SANFORD-WINTER PARK
 322-0211
 OPLAND 425-2363



Casselberry Eyes Judgment

By DONNA ESTER
 There is currently a judgment in the amount of \$500 against the City of Casselberry for a "stop and frisk" ordinance adopted and placed on the books last year. The ordinance was delayed until the two matters can be decided in court.
 "I consider this a good ordinance," Councilman Donald Wilson said, noting that the council refused to accept the ordinance.
 Council cited "personal reasons" for opposing and Wilson noted that the ordinance was not adopted until the ordinance was placed on the books last year.
 The second judgment, which Woodruff referred to from the threatened suit of John M. Gwalt represented by Edward R. Kirkland, Orlando attorney, Kirkland is a letter to the Council and Gwalt was promised a job on the police force if he would give voluntary service on the police auxiliary and give 200 hours police training. In addition, giving of his time. Gwalt attended the Orlando Police Academy on the strength of the promise, according to Kirkland's letter. The job was later refused, Gwalt, the letter stated.
 Police Chief James McCall denied the information in the letter.
 In other police business, the resignation of Roy Rivett from the department effective

Little League Banquet Set

By JANE CASSELLERRY
 Senator Bill Genter will be guest speaker at the Seminole Little League Annual All-Star Banquet at 7:30 p.m. Thursday at Mid-Florida Country Club.
 The all-star players of both the major and minor leagues will be honored. The boys will enjoy a swimming party following the banquet.

Grippe U.

NEW YORK (AP) — A campaign by student revolutionaries and activists to cripple Columbia University again begins Tuesday with two planned demonstrations at the 23-year-old Ivy League school.
 The project committee, consisting of Wayne Smith, Bill West and Mrs. C. Alexander, will report at the Nov. 5 meeting, it was announced.

TV SERVICE

FREE PICK-UP & DELIVERY
 ALL WORK GUARANTEED
 REFRIGERATORS \$125 cash
 BLACK'S FURNITURE
 422 Sanford Ave. 322-4399

Great Elgin Watch Values from Zales!

Expansion Band Green Watch \$49.95
 Automatic 17-jewel \$59.95
 14K Case 17-jewel \$49.95
 Two Diamonds 17-jewel Only \$39.95
 Calendar 17-jewel \$29.95
 Charge straight to Zales... and say charge!!!
 17-jewel Diamond \$24.95
 ZALES NATIONAL WATCH GUARANTEE:
 If for any reason your watch fails to perform satisfactorily, return it within one year of purchase date to any of the more than 2,000 stores across the country. It will be repaired free of charge (other than replacement of parts).
ZALES JEWELERS
 SANFORD PLAZA OPEN THURSDAY & FRIDAY TILL 9:00 322-1000

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Clinic Mothers Have Coffee

By JANE CASSELLERRY
 A clinic mothers coffee was held in the cafeteria of South Seminole Elementary School recently with a splendid Mrs. Clara Buehler, county nurse, was present to discuss clinic procedure and oral and ear testing and dental cleaning.
 Mrs. Lawrence Whitman is clinic chairman and Mrs. George Ronck is co-chairman. These mothers are needed to serve as substitutes, the regular clinic mothers are doing for larger children. Face shots and ear waxing machine will be getting a lot of use Monday.
 The clinic mothers will meet in the school cafeteria on the last school day of each month at 9:15 a.m.

NARCE Has Program On Food

By JANE CASSELLERRY
 Mrs. Marge Williams of the Home Economics Department of Orange County was guest speaker at the September meeting of NARCE (National Association of Retired Civil Employees) held at the 5 & 6 Club in Winter Park for the month of September. Mrs. Williams was giving a 1 1/2 hour "Your Food Dollar".
 President Carl Seale of Casselberry assumed the spot of guest speaker at the meeting. Mrs. Williams is program chairman.

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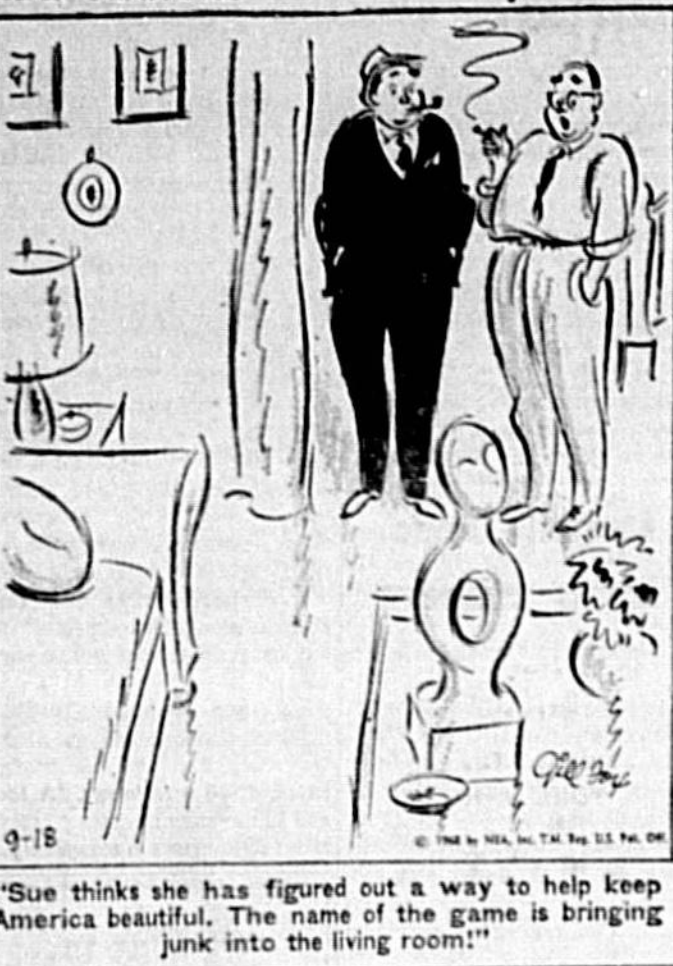
ECKERD DRUGS
 AMERICA'S FAMILY DRUG STORES

ECKERD DRUGS ADDS 3 VERY IMPORTANT THINGS TO EVERY PRESCRIPTION

- QUALITY**
 The finest, freshest, and the highest quality drugs from the nation's leading pharmaceutical companies are used by your Eckerd Drug Stores.
- SKILL**
 Your Eckerd Pharmacists are highly trained experts. We consider the pharmaceutical department to be the most important of our many services. Therefore, our pharmacists are staffed with the most dependable and qualified personnel available.
- ECONOMY**
 Eckerd's offers you the lowest possible price always. More people have their prescriptions filled at Eckerd Drugs than at any other drug stores in Florida. This statement proves our customers love our low, low prices.

AND MOST IMPORTANT Eckerd Proves It...
 CUT OUT AND BRING IN THIS AD AND WE WILL TAKE ONE DOLLAR OFF ANY \$2.00 TO \$5.00 PRESCRIPTION . . . OR TAKE TWO DOLLARS OFF OF ANY \$5.00 OR OVER PRESCRIPTION.
ECKERD DRUGS OF SANFORD

SIDE GLANCES



By Galbraith

Your "Don't Want" Could Be Someone's "Do Want"

WANT AD INFORMATION

Direct Phone Lines To Want Ads SEMINOLE 322-2611 ORLANDO 425-5938

CALL UNTIL 5 P.M. TO START YOUR AD NEXT DAY SAT. NOON FOR MONDAY

Cartoon titled 'Eek & Meeek' featuring characters Eek and Meeek with dialogue about government funds.

2. Personal SUICIDE Prevention. Call WE CARE, Orlando 241-3229.

Legal Notice CONTRACTOR WILLIAMS, J. D. FOR construction of 1980 first unit...

CLASSIFICATIONS 1-Lost & Found 2-Persons 3-Beauty Care...

Legal Notice NOTICE UNDER FICTITIOUS NAME STATUS TO WHOM IT MAY CONCERN...

Colorful Answer to Previous Puzzle ACROSS 1-Light brown 2-Greek...

An Ad A Day Won't Make Hay... But Will Bring Money Your Way

Cartoon titled 'BORN LOSER' showing a man losing a bet and another man winning.

51. Articles For Rent RENT AN ELECTRIC ADDING machine from George...

51. Articles For Rent RENT A BED Railways, Hospital, Baby Bed...

Advertisement for Buick Electra 225 featuring a photo of the car and promotional text.



Come With Us to Our Special Islands it's Luau



- Mabisco Brown Sugar Cinnamon Toastettes 10 oz. pkg. 45¢
- Aunt Nellie's Tasty Sliced Carrots 16 oz. jar 19¢
- Sc-off don't Stealy's Waffle Syrup 24 oz. bot. 39¢

CANADA DRY ASSORTED FLAVORS
DRINKS
 28-OZ. 10¢ PLUS DEPOSIT
 (SANFORD STORE ONLY)
 PRICES ARE EFFECTIVE THURS., FRI., SAT., SEPT. 19-20-21, 1968

- Softest Assorted Flavors (Limit 2 Please) Ice Cream half gallon 79¢
- Swift's Premium Ice Cream Cake Rolls . . . 3 4 inch size \$1.
- Luau Treat! Pineapple Grapefruit, Pineapple-Pink Grapefruit Dole Drinks . . . 4 46 oz. cans 99¢
- Dole Sliced, Crushed, Chunks, or Tidbits Pineapple . . . 4 #1 1/2 cans 99¢
- Dole Low-Cal Luau Favorite! Fruit Cocktail 4 #303 cans 99¢
- Green Giant Whole Kernel or Cream Style Golden Corn . . . 5 #303 cans 99¢
- Bumble Bee Light Meat Chunk Tuna . . . 3 6 1/2 oz. cans 89¢
- Betty Crocker Assorted Cake Mixes . . . 3 reg. pkg. 89¢
- Reg. \$1.45, Save 56¢! Limit 1 please! Detergent Cheer king size 89¢

TANGY DOLE HAWAIIAN Pineapple Juice 4 46-oz. cans 99¢

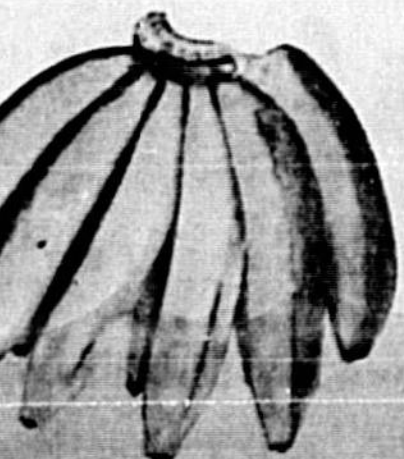
- DAIRY
- Borden's Biscuits . . . 4 #33¢
 - Postum's Soft Margarine 1 lb. 47¢
 - Pillsbury's Delicious Cinnamon Rolls 100 #33¢
 - Wisconsin Cheese Bar Shred American Cheese 12 oz. pkg. 63¢
 - Swift's Cracker Barrel Sharp Cheddar 16 oz. pkg. 75¢
 - Armour's Mild Wisconsin Medium Aged Cheddar Cheese 16 oz. pkg. 65¢

16-OZ. R-C Cola or Diet-Rite Cola 6 PACK 39¢ PLUS DEPOSIT (SANFORD STORE ONLY)

FRESH COFFEE ALL GRINDS Maxwell House 1-lb. can 49¢
 LIMIT 1 PLEASE WITH OTHER PURCHASES OF \$5.00 OR MORE (EXCLUDING CIGARETTES)

- Keebler Cookie Treat! Honey Grahams 16 oz. pkg. 39¢
- For Your Luau, Curries Marshmallows 10 oz. bag 23¢
- For Big Luau's Curries Marshmallows 1 lb. bag 29¢
- Sc-off don't! Pillsbury Pancake Mix! Hungry Jack 2 lb. pkg. 49¢
- Red Heart Bacon, Beef, or Liver Dog Food 8 15 1/2 oz. cans \$1
- Green Giant Luau Treat! Sweet Potatoes 3 23 oz. cans 99¢
- Green Giant Sweet Tender Green Peas 5 #303 cans 99¢
- Luau Taste Treat! Green Giant Peas & Onions #303 can 29¢
- Mum's Thicker, Richer (Limit 3 Please) Tomato Catsup 14 oz. bot. 19¢
- Luau Shortening Special! Swift'ning 5 lb. can 49¢

- health & beauty aids •
- List Price 79¢, Save 30¢! Peppermint Tooth Paste king size 49¢
- List Price \$1, Save 41¢! Mennen Push Button Spray Deod'nt 4 oz. can 59¢
- List Price \$1.59, Save 60¢! Excedrin 100 count 99¢
- List Price 15¢, Save 6¢! Plastic Bottles of Alcohol pint bot. 9¢
- List Price 79¢, Save 30¢! Capri! Bath Oil 32 oz. bot. 49¢



- down produce lane •
- Imported Sweet Fresh Pineapples 3 for \$1.
- Tasty Golden Ripe Bananas lb. 10¢
- Detectable Red-Ripe Tomatoes basket of ten 49¢
- Delicious Red Flame Tokay Grapes lb. 19¢

sunshine rinsing detergent 79¢	fluffy all detergent 87¢	regular all detergent 81 oz. 79¢	surf detergent (15¢ off) 72¢	cold water liquid all (10¢ off) 73¢	lux liquid detergent 63¢	wisk liquid detergent 51 1/2 55¢	liquid dove for dishes (110¢ off) 22 oz. 53¢
100 EXTRA Green Stamps	100 EXTRA Green Stamps	100 EXTRA Green Stamps	50 EXTRA Green Stamps	50 EXTRA Green Stamps	50 EXTRA Green Stamps	50 EXTRA Green Stamps	50 EXTRA Green Stamps
your choice of the Therm-O Ware Beverage Server, the Therm-O Ice & Food Server, or the Master Server Bowl.	Any Swift's Premium Beef Roast 3-lb. or Over	Swift's Premium Boneless Canned Ham	Howard's Famous Orange Band Wieners 1 lb. pkg.	Howard Johnson's Coconut, Orange, or Fudge Cake 17 oz. pkg.			

Time at Publix

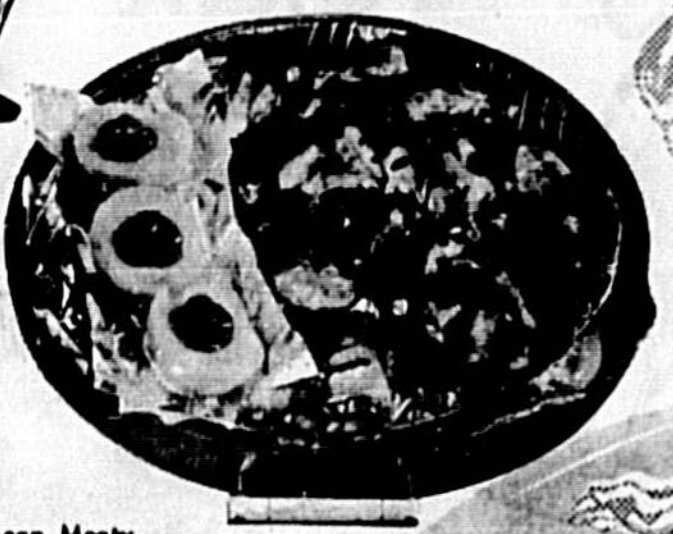
"Publix Goes Hawaiian"

- Swift's Premium Brown 'N Serve Sausage 8 oz. pkg. 63¢
- Swift's Premium Tasty Sliced Bologna 6 oz. 33¢ 12 oz. 59¢
- Swift's Premium Boneless Smoked Daisies lb. 79¢
- Swift's Premium Brown Sugar Cured Sliced Bacon 1 lb. pkg. 65¢
- Luau Treat! Tarragon Cooked or Baked Sliced Ham 5 oz. pkg. 65¢
- Armour's Star Magic Slice All White Meat Turkey Roast 2 lb.-6 oz. pkg. \$3.99
- Armour's Star Magic Slice Light & Dark Meat Turkey Roast 2 lb.-6 oz. pkg. \$2.99
- Meat For Your Luau, 51-60 Count Medium Shrimp lb. 99¢
- Seafood Treat! Ready-To-Eat Smoked Mullet lb. 69¢

PLANT GRADE A SWIFT'S PREMIUM TENDER GROWN GOVERNMENT INSPECTED, SHIPPED, FRESH NOT FROZEN, EVISCERATED
Swift's Fryers
 per pound
29¢
 CUT UP OR WHOLE

SWIFT'S PREMIUM PROTEN GOV'T. INSPECTED HEAVY WESTERN BEEF SALE
 the BEEF that NEEDS LESS COOKING TIME!

- Luau Treat! Swift's Premium Bone-In Pot Roast lb. 59¢
- Swift's Premium Boneless Imperial Roast lb. 89¢
- Swift's Premium Boneless English Cut Beef Roast lb. 99¢



ARMOUR ALL MEAT FRANKS LB. PKG. 59¢ (SANFORD STORE ONLY)

EVERCANE PURE FLORIDA Cane Sugar 5-lb. bag 29¢ (SANFORD STORE ONLY)
 LIMIT 1 PLEASE WITH OTHER PURCHASES OF \$5.00 OR MORE (EXCLUDING CIGARETTES)

- delicatessen treats
- Fresh Or Smoked, Delicious Liverwurst per lb. 99¢
 - Tasty Kitchen-Fresh Potato Salad per lb. 39¢
 - For Luau Feasting, Deluxe Bar-B-Q Beef Ribs per lb. \$1.19

- FROZEN FOODS
- Swift's Fresh Creamed Potatoes & Peas 10 oz. pkg. 49¢
 - Swift's Non-Dairy Cool Whip quart 49¢
 - Swift's Non-Dairy Coffee Rich pint 29¢
 - Microsweet Frozen Mixed Vegetables 1 1/2 lb. bag 49¢
 - Swift's Eye French Cut Green Beans 2 lb. pkg. 49¢
 - Swift's Eye French Green Peas 6 lb. 51¢
 - Beach's Skinless Sole Fillets 1 lb. pkg. 59¢
 - Starbuck's Ball-in-Bag Shrimp Creole 6 oz. 39¢
 - Starbuck's French Breaded Shrimp 18 oz. 69¢

Customer Bonus value! COLLECT YOURS!
 JAMAICAN AVOCADO OR AZTEC GOLD
 Double wall Construction. KEEPS BRINES CRISP LONGER.
 GUARANTEED: Unbreakable / Stainproof / Dishwasher safe.
 only 29¢ each
 Note the 100 S&H Green Stamp Coupon on Therm-O-Ware in this ad. CURRENT FEATURED ITEM

- Swift's Premium Fresh Boston Butt Pork Roast lb. 49¢
- Swift's Premium Sliced Fresh Pork Steaks lb. 59¢
- Copeland's Secret Seasoned Pork Sausage 1 lb. pkg. 59¢
- Swift's Premium Boneless Canned Hostess Hams 4 lb. can \$4.99

- dishwasher all detergent 79¢ 45¢
- lux toilet soap 3/35¢
- lifebuoy white toilet soap 2/31¢
- 50 EXTRA Green Stamps
- 50 EXTRA Green Stamps
- Lipton's Onion Soup Mix 2 pack pkg.
- Assorted Flavors Funny Face Five reg. pkgs.

Enjoy the Happy Difference... Where Shopping is a Pleasure

SANFORD PLAZA Hwy. 17-92 and Onora Rd. Sanford	SEMINOLE PLAZA Casselberry
HOURS: Mon., Tues., Wed., Sat. 8:30-7:00 THURS., FRI. 8:30-9:00	HOURS: MON. THRU SAT. 9 A.M. - 9 P.M.
CLOSED SUNDAY	CLOSED SUNDAY



Brazilian Squash Is For Guests
 By CECILY BROWNSTONE
 AP Food Editor
 When you prepare squash this way, it's good enough for guests!
 Braised Steak French Fried
 Brazilian Squash Tossed Salad
 Meringue Torte with Strawberries
 BRAZILIAN SQUASH
 Braised squash, about 1 1/2 pounds
 1 cup orange juice
 1/4 teaspoon salt
 1 to 2 tablespoons butter
 2 tablespoons (or more) orange liqueur
 Cut squash in half lengthwise; scoop out seeds and scrape pith. Peel squash and cut into about one-inch cubes; there should be five to six cups. In medium saucepan, boil squash with orange juice and salt, covered, until very tender—about 15 minutes. If orange juice has not evaporated, cook uncovered until it has; mash squash with butter. Off heat stir in orange liqueur. Makes six servings.

THE BRIDE COOKS SUPPER
 You may treat a fish supper other than swordfish this way.
 Swordfish Steak Potatoes
 Green Peas Salad Bowl
 Lemon Torte Beverage
 SWORDFISH STEAK
 1 pound swordfish steak, preferably about 1 inch thick
 1 teaspoon flour
 1/4 teaspoon salt
 1/4 teaspoon white pepper
 1/2 teaspoon paprika
 1 to 2 tablespoons butter
 With a damp cloth, wipe steak. On wax paper thoroughly mix together flour, salt, pepper and paprika. Place fish in mixture and, with the help of a small spatula, if necessary, coat both sides of fish. Heat butter in a skillet and add fish. Fry over moderate heat, turning once or twice with wide spatula, until fish is browned on both sides and fork flakes easily. Drain on paper towels. Makes four servings.

SUNDAY SUPPER
 Surprise your family with this desert treat.
 Peach Cheesecake Tossed Salad
 Mocha-Nut Waffle Dessert
 Beverage
 MOCHA-NUT WAFFLE DESSERT
 1 cup pancake mix
 2 tablespoons sugar
 2 tablespoons unswetened cocoa
 1 tablespoon instant coffee
 1 cup milk
 2 tablespoons solid oil
 1/4 cup chopped walnuts
 Ice Cream
 Waffle Sauce: See Recipe Below
 Stir together pancake mix, sugar, cocoa and instant coffee. Add milk, egg and oil. Beat with rotary beater until batter is fairly smooth. Stir in walnuts. Bake in hot waffle iron. Top each waffle section with a scoop of ice cream and warm waffle sauce.

Parliamentary Meeting Set
 By VERGIE PECK
 The Central Florida Unit of Parliamentarians will meet at 7:30 p.m. Thursday in the Committee Room of Winter Park Memorial Hospital with Mrs. Leonard T. O'Connell, president, in charge.
 Discussion will center on learning the difference between laying a question on the table and postponing consideration of the question to a definite time, including the proper way to present either.
 Other questions discussed will include the proper opening and closing of bills and how to correctly withdraw a motion. During the evening, some 80 questions on parliamentary procedure will be answered by members of the unit who come from Alamosa Springs, Tangiwood, Winter Park and Orlando. It is reported.
 Anyone wishing further information may call Mrs. Everett Porter of 5129 Lake Howell Road, a registered parliamentarian.

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Saucy Macaroni & Cheese
 By CECILY BROWNSTONE
 AP Food Editor
 FAMILY SUPPER
 If your family likes a moist baked macaroni, here's your recipe.
 Saucy Macaroni and Cheese
 Bacon Soap Beans Salad Beef
 Fresh Fruit Cocktail
 SAUCY MACARONI AND CHEESE
 1 package (8 ounces) cut macaroni
 4 tablespoons water or margarine
 1/2 cup milk
 1/4 teaspoon salt
 1/4 teaspoon white pepper
 1/4 teaspoon dry mustard
 1/4 teaspoon Worcestershire sauce
 1/2 cup cheddar cheese, grated medium fine
 Cook macaroni according to package directions. Drain. Make a white sauce of the butter, flour, seasonings and milk. The hot sauce. Mix with macaroni. Turn into buttered, round 1 1/4 quart glass casserole—about 7 1/2 inches across and 3 1/2 inches deep. Sprinkle with remaining cheese. Bake in a preheated 375-degree oven 25 minutes. Remove from oven and let stand five minutes before serving. Makes six servings.

FAMILY LUNCH
 A handy small can of tuna works up fast enough for a quick lunch.
 Tuna-stuffed Eggs with Lettuce Tomato and Cucumber Crutty Rolls
 Chocolate Cake Beverage
 TUNA-STUFFED EGGS WITH LETTUCE
 4 hard cooked eggs, shelled
 2 tablespoons mayonnaise
 1/4 teaspoon Worcestershire sauce
 Salt and white pepper to taste
 1 can (7 1/2 ounces) solid light tuna, undrained
 Cut eggs in half lengthwise; remove yolks in a bowl and mash with mayonnaise, Worcestershire sauce, salt and pepper. Add tuna, including all the oil, and mix enough to have tuna in flakes. Fill with mixture; bake into egg white cavities. Serve with lettuce, sliced tomatoes and cucumber and pans extra mayonnaise. Makes four servings—three egg halves per portion.

FAMILY DINNER
 Try this wonderfully easy way to oven cook beef with a sauce.
 Oven Pot Roast
 with Tomato Sauce
 Broccoli French Bread
 Tapioca Pudding with Fruit
 OVEN POT ROAST WITH TOMATO SAUCE
 3 pound boneless lean chuck pot roast
 1 teaspoon salt
 1/4 teaspoon pepper
 1/4 teaspoon ginger
 1/4 teaspoon garlic powder
 1 medium or large onion, cut in thin rounds
 2 large celery ribs without leaves, sliced thin
 1 can (8 ounces) tomato sauce
 1/2 cup water
 The roast should be several inches thick and tied without extra fat around the sides. Rub it with a mixture of salt, pepper, ginger, and garlic powder. Place in a Dutch oven or similar saucepot.
 Put onion, carrot and celery around beef. Pour tomato sauce and water over vegetables. Cover tightly. Bake in a preheated 350 degree oven until meat is tender—two to two and a half hours.
 Skim fat from sauce; serve sauce with beef. Or remove beef, then remove vegetables with a slotted spoon; refrigerate, covered together. Pour clear sauce into a bowl and chill; remove hardened fat. Before serving, in a large skillet, heat sauce, vegetables and sliced beef. Makes six to eight servings.

White House Wedding Out
 LANCASTER, Pa. (AP) — Julie Nixon, daughter of Republican presidential candidate Richard M. Nixon says even if her father wins the election she and David Eisenhower won't be married in the White House.
 "A White House wedding, if my father is elected, would turn into a state affair," said Miss Nixon, "and neither of us want that. So we definitely decided to get married in a church."
 Miss Nixon, here Wednesday with her future mother-in-law, Mrs. John Eisenhower, to open a GOP campaign headquarters, said she and David will announce the wedding date after the November election.

Fruit Sherbet Heavenly

By Cecily Brownstone

Associated Press Food Editor
 Heavenly Sherbet is a hand-cranked or electric freezer, tastes heavenly. But the preparation of ice for the freezer and the water draining from the freezer can make quite a mess. When a friend sent us her recipe for Plum Sherbet, she also sent us her method for preventing the mess. Her recipe follows, but first—in her own words—her method:
 "I have never been the person in our family to ready the ice-cream freezer—until I made Plum Sherbet. In the past it was always the job of the kids and their father. They concocted some delicious ice creams and sherbets (from the mixtures I prepared) but they made a terrible mess, dripping and spilling water all over the place.
 "When we made ice cream or sherbet in the backyard, the mess didn't matter. But when we moved the ice-cream freezer into the kitchen, there was more spilled water than I cared to cope with.
 "So I worked out a system we could all use when we make ice cream or sherbet in the kitchen. First I found a pan big enough to hold the freezer and put the pan on the counter next to the sink. Then I sat the freezer in the pan so the water could drain from the freezer right into it.
 "Next I put a board in the bottom of the sink and put an old turkish towel on the board. I emptied ice cubes onto the towel, a portion at a time, and we cracked the cubes with an ice pick. (We never use crushed ice in the ice-cream freezer because it melts so fast.) Some people may prefer to crack the ice in a bag with a mallet, but I find that this sink arrangement works beautifully.
 "I usually use ice cubes from my freezer and supplement them by buying a bag of cubes. I also use the salted ice left over from previous ice-cream makings, which I store in ½-gallon milk containers in my freezer."
PLUM SHERBET
 1 pound fresh purple (Italian) plums, about 12 large or 24 small
 ¾ cup water
 ½ cup sugar
 1 cup light corn syrup
 2 cups milk
 Juice of 1 lemon
 Cracked ice
 Rock Salt
 Wash plums, halve and remove pits. Place plum halves in a saucepan. Add water, cover and cook over low heat until plums are soft—about 10 minutes.
 Pur plums, including their liquid, through a food mill. Measure 1 cup of the plum puree. (Any remaining puree may be sweetened and served as an ice-cream sauce or as a sauce for cake or vanilla pudding.)
 Thoroughly mix the 1 cup plum puree with sugar, corn syrup, milk and lemon juice.
 Freeze in a 2-quart freezer according to manufacturer's directions; or use general directions below for electric or hand-cranked freezer.
 Makes about 1½ quarts. Double ingredients for a 4-quart freezer, but cook plums in same amount (¾ cup) of water.
Electric Freezer Method:
 Put dasher into can. Pour plum sherbet mixture into can. Set in tub. Lock on top. Pack tub full with alternate layers of cracked ice and rock salt using 2 parts ice to 1 part salt (8 cups ice and 4 cups salt). To start, use a 1-inch layer of ice in the bottom, then alternate ice and salt. Occasionally drain melted ice through hole in side of freezer—check hole frequently to make sure it's plugged up. If freezer has multiple speeds, turn on low speed at beginning, increasing power as mixture freezes. In about 20 minutes, wipe top of can, remove cover and check to see if mixture is thick but still soft. If so, remove dasher. Wipe top carefully, pack down sherbet and cover. Plug hole. Fill to top with ice and salt using 4 parts ice to 1 part salt (16 cups ice to 4 cups salt). Cover with a large folded heavy cloth or towel. Let ripen two to three hours until firm.
Hand-cranked Freezer Method:
 Use directions for electric freezer, except turn by hand using a slow action in the beginning and increasing speed as the mixture thickens. Turn until crumb no longer turns easily. Ripening notes: Instead of ripening sherbet in ice-cream freezer, pack in suitable containers and place in hose freezer or until firm.



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What's New In Meat Loaf?

By Cecily Brownstone

Associated Press Food Editor
 What's new in meat loaf? It's not a question that interests most mothers who cook for a family.

We have the answer: Meat Loaf in the Round, an exceptionally good beef mixture packed into a ring mold, turned out on a shallow pan and given a crisp top glaze during the baking. Because the meat mixture is baked "in the round," it needs only 45 minutes in the oven. Then, just to make the loaf extra interesting, slices of mozzarella cheese are arranged over the top and melted into the meat until the cheese melts.

With the tomato-flavor glaze and the mozzarella, this loaf has pizza flavor.
 Something else is different about this meat loaf: an average of 45 minutes cooking time. We like this addition because it gives excellent flavor and saves chopping or grating mozzarella cheese. And, if you're a fan of beef loaf slices, well, this loaf will give you a half cup of meat loaf per slice.

One note about the loaf: bread crumbs called for in the recipe. Remove the crust from soft slices of bread before drying very fine to make crumbs. If you use bread from a loaf, sliced loaf four to six slices will make the one and a half cup crumbs called for. Add one cup of bread crumbs to the meat mixture. **REFEE LOAF IN THE ROUND**
 1 egg
 1 envelope (1 1/2 ounces) onion soup mix
 1/2 cup milk
 1/2 cup soft bread crumbs
 1/4 cup milk
 1 1/2 pounds ground lean beef
 1/4 cup ketchup
 1 tablespoon prepared mustard
 Mozzarella cheese, sliced

In a medium mixing bowl, beat the egg just enough to combine yolk and white. Add onion soup mix, bread crumbs and milk. Mix thoroughly; let stand about five minutes. With a fork, mix in the beef.
 Oil a ring mold four to six cup size; pack beef mixture into it; turn out onto an oiled shallow baking pan. Bake in preheated 400-degree oven for 45 minutes, brushing once or twice with ketchup mixed with mustard.
 Remove loaf from oven; arrange mozzarella over the sides, using four to six slices. Return to the 400-degree oven. Bake until cheese is melted, about five minutes, depending on thickness of cheese.
 Slide loaf onto serving plate. Center of loaf may be filled with cooked noodles.
 Makes six servings.

Scouting Program Slated

The Central Florida Council of Boy Scouts of America will have the annual "Show-And-Tell" program Saturday, Oct. 5, at Camp Howard near Longwood.
 "Show-And-Tell" is a training program for boy scout unit leaders, committee members, executives at large, and patrol leaders. It is designed to assist the adults in developing scouting skills and to teach the scouts useful and enjoyable indoor and outdoor crafts and activities.

All seven districts in the Central Florida Council will be represented—St. John, Halifax, Lake, South Brevard, Casselberry, Tobacco and Wekiva. Adult volunteers in each district will present a fast-moving schedule of events of real scouting accomplishments and unit-control competitions.
 The program will begin with registration from 8:30 until 10 a.m. at the camp.
 Only registered leaders are permitted to participate in competitive events. However, visitors will be welcome to come and see scouting in action and to help the community men who are dedicated to helping a boy become a knowledgeable citizen through scouting.
 Those wishing further information are advised to contact the Scout Service Center in Orlando.

Much controversy has arisen over the origin of the game of baseball. Many authorities claim it came from the English game of rounders but Americans say it was invented by Abner Doubleday, an American.

