

# Sanford Herald

Serving Sanford, Lake Mary and Seminole County since 1908

89th Year, No. 209 - Sanford, Florida



Today: Scattered Thunderstorms, Highs in the upper 80s.

For more weather see page 2A

## TODAY

### BRIEFS

#### Trust fund

A trust fund has been set up for Brittany Austin, who was the only survivor in an automobile accident Monday which claimed the lives of her parents, Brady and Tammy, and her four-year-old brother, Ryan. The 8-year-old girl suffered a fractured pelvis. She will live with her maternal grandmother.

Those wishing to contribute to the trust fund may do so at any Barnett Bank.

#### Celebrity skate

Local celebrities will play roller hockey against each other in two, 12-minute periods prior to the Orlando Jackal's game Saturday at the Orlando Arena. The skate will begin at 5:45 p.m. and a portion of the proceeds will benefit the Arnold Palmer Hospital for Women and Children.

For information, call 843-4554 or 841-8099, ext. 102.

#### Health coalition

Seminole County Healthy Start Coalition will hold its board meeting June 30 at 8:30 a.m. in the auditorium of the county's health department, 400 West Airport Blvd., Sanford. The coalition's teen pregnancy committee will meet Tuesday at 9 a.m.

For information, call 671-2005.

#### AARP to meet

AARP Lake Mary Chapter 4878 will meet June 17 at 1 p.m. at the Frank Evans Center in Lake Mary. Guest speaker Christine Stickney from the Florida Zoological Society will discuss membership and the Safari Sr. Club. Some animals will be brought in by the educational department.

For information, call 323-9249.

#### Wekiva River adventure

There will be a midnight canoe trip on the Wekiva River June 20 at Katie's Landing starting at 6 p.m. with dinner at Wekiva Marina's Alexander's Restaurant followed by a four-hour, nine mile canoe ride. The cost is \$17.50 plus the cost of dinner.

For information and to reserve, call 322-4470.

#### Sanford party

There will be a Sanford Main Street fund raising dinner and dance Saturday from 6:30 to 11:30 p.m. at the Sanford Civic Center, 401 Seminole Blvd. Red Lobster of Sanford, a sponsor of the event will provide the dinner. The theme will be "Here's Looking at You" and the band First Class will play music from the 1940s and 1950s. There will also be an auction, cash prize drawings, antiques and more.

Tickets cost \$75 per couple. For tickets and information, call 322-5600.

#### Government auction

A government auction of surplus vehicles and equipment will be held Saturday at 9 a.m. at Seminole Greyhound Park, 2000 Seminole Blvd. The following municipalities will participate: Casselberry, Altamonte Springs, DeLand, Longwood, Maitland, Oviedo, Sanford, Winter Park, Winter Springs and Seminole County.

For information, call 263-3909.

#### From Staff Reports

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He who seizes the right moment is the right man. — Goethe



Herald Photo by Tommy Vincent

Seminole County Better Living for Seniors' HOME program has initiated "Senior Independence Week," which began Monday and runs through Friday. Volunteers from Seminole County RSVP, such as Dave Blackwell, shown here scraping the eaves of the house on Hickory Avenue, in preparation for painting on Friday, will be providing the labor needed to accomplish a variety of home maintenance repairs for our seniors, such as: a small

wheelchair ramp, screen door, ceiling fans, exterior hand rails and exterior painting. "Volunteers are the backbone of the organization," says Kathy Phillips of BLS, and through their efforts we are able to carry out our mission statement to: "provide services which enable the elderly of the county to remain in their homes for as long as possible."

## Lake Mary residents on the road, again

By SHARI BRODIE  
Herald Staff Writer

The thunder rolled just as the Lake Mary City Commission began meeting this past week. "I hope we get a cloud burst out there right now," said Third Street homeowner Bill Bellew. The deluge would prove his point, intimated the man who had come to the meeting in support of a petition that was to be presented to

the city commissioners during Citizen Participation.

The residents of Third Street, which runs parallel to Country Club Road, south of Lake Mary Boulevard, have organized for a second time this year, to bring their concerns about the condition of the road they live on to the city's elected officials.

"There are a lot of things that need to be addressed," said Bobbi Conerly, prior to the

## Mayor at work

### State funds give wings to Dale's war on midges

By RUSS WHITE  
Herald Staff Writer

Every day he's been in office, Sanford Mayor Larry Dale has waged a war against the maddening midges of Lake Monroe that he says "pose a significant threat to the economic and physical prosperity of the city and the region."

If Dale succeeds, no midge will ever see the light of day hereabouts.

On Monday, the Sanford City Commission passed and adopted a resolution (No. 1754) to acknowledge the invaluable support of the Seminole County Legislative Delegation in securing funding for the Lake Monroe Midge Control Project.

The delegation responded to a Seminole County request to provide funding for full scale testing of midge control alternatives and to direct the participation and support of appropriate state regulatory agencies relative to such testing.

See Midge, Page 6A

## He's been to England to visit the scene

By VICKI DeSORMIER  
Herald Staff Writer

The Lord Mayor took a trip to London, but not to visit the queen.

Mayor Larry Dale, at the invitation of TBI, went across the Atlantic to take a look at how that company operates at airports in the United Kingdom.

TBI recently took over operation of Sanford's Orlando Sanford Airport.

"I was very impressed," Dale said.

The mayor visited airports in England and Wales and met with officials in those cities to discuss the agreements they had with the company and how the relationship was between TBI and the local governments.

Dale said he heard no complaints and feels the company will be an asset to the Sanford community through the airport.

Dale said he heard nothing but rave reviews about the company and looked forward to the budding relationship here at home.

See Airport, Page 7A

## Hopper cleanup puts finishing touch on renewal

By VICKI DeSORMIER  
Herald Staff Writer

It's been a long time coming, but it's almost here.

Five years ago, the old Hopper Academy building on Pine Avenue in Sanford's old Georgetown community was literally falling apart.

This weekend, the past will be swept out the door and a new era will be ushered in for the facility.

The community is being asked to come out and help spruce things up at a Saturday morning cleanup event.

Several years ago gaping holes in the floor at Hopper were not uncommon. The holes in the walls provided a natural, though unwelcome air conditioning system. And graffiti on the walls offered an unpleasant reflection of the state of the art world in our community.

"It was horrible," said Charles Rowe, director of Community Development for the City of Sanford, who has been spearheading a renovation of the historically black school for half a decade.

Rowe said he used to padlock the doors to protect people from the dangers inside rather than to protect the contents of the building.

See Hopper, Page 5A

## Exploring the person in the mirror



Herald Photo by Tommy Vincent

Goldsboro Elementary School STAR students perform at many community functions. Fifth grader Temeka Davis joins other young

musicians in a rendition of 'I Believe I Can Fly' during the school's recent historical reunion week. Story Page 2A.



### POLICE BRIEFS

#### Cops find crack cocaine

Larry Evans, 37, of unknown residence arrested Monday by Seminole County deputies for possession of a controlled substance and possession of drug paraphernalia on Grandview Ave. Report said that Evans had two empty packs of crack cocaine.

#### Dad calls police

James Luce, 31, of 221 Grandview Ave. called Sanford Police Monday for a person on his property on Grandview Ave. Report said that Luce was in danger when he was arrested.

#### Burglary to a structure charged

Roberto Ramirez, 41, of 121 Grandview Ave. arrested Monday by Sanford Police for burglary to a structure, possession of burglary tools and possession of a firearm. Report said that Ramirez was charged with taking a screen door from a house.

#### Fights lead to arrests

Jung Schatz, 42, of 1201 Grandview Ave. arrested Monday by Sanford Police for domestic violence and assault. Report said that he got into a fight with his wife.

Lola Campbell, 42, of 1201 Grandview Ave. arrested Monday by Sanford Police with battery domestic violence. Report said that she got into a fight with a man who lived in the same house.

#### Incidents

Four tires worth \$1000 stolen from a car on Jewett Ln. at a bus stop.

A 1994 blue Chevy truck stolen from the parking lot of a house.

Mowers worth \$1400 stolen from a block of W. 1st St.

#### DUI charged

Robert Nicks, 41, of 1128 Grandview Ave. arrested Tuesday by Sanford Police charged with DUI and possession of a firearm. Report said that police found a gun in his car.

#### Drug possession charged

Danny Smith, 42, of 1201 Grandview Ave. arrested Tuesday by Sanford Police with possession of crack cocaine and a firearm on Cypress Ave. Report said that police found a crack pipe in his car.

#### Cannabis found

Arbenda Smith, 41, of 1201 Grandview Ave. arrested Tuesday by Sanford Police with possession of marijuana on a block of Grandview Ave. Report said that police observed a large amount of marijuana.

#### Man hiding in bush arrested

Alphonse Glover, 38, of 1201 Grandview Ave. arrested Tuesday by Sanford Police with possession of cocaine on a block of Grandview Ave. Report said that Glover was hiding in a bush.

#### Shoplifting arrests

Robert Ramos, 52, of 1201 Grandview Ave. arrested Tuesday by Sanford Police for theft and possession of a firearm on a block of Grandview Ave. Report said that Ramos was caught with a gun.

Johnny Jackson, 41, of 1201 Grandview Ave. arrested Tuesday by Sanford Police with retail theft and possession of a firearm on a block of Grandview Ave. Report said that Jackson had batteries.

#### Incidents

A PC color TV, a portable CD player, a cordless phone and a camera stolen at a residence on W. 1st St. and Lullupine Ln.

A cell phone worth \$150 stolen from a house on a block of Towne Center Ln.

A red '97 Ford F-150 300 gal. tank stolen Tuesday from the parking lot of a house.

A wet van worth \$2000 stolen from E. 1st St.

Jewelry worth \$2000 stolen from Sand Cove Dr.

Two 18 packs of beer worth \$41.98 in the parking lot of a house.

Clothes and flip flops worth \$100 stolen from a house on a block of Oak Ave.

A Toshiba VCR was stolen from Grove Dr. It was worth \$300.

## Orange juice sales up 3 months in row

By Staff Reports

Sanford, Florida — Orange juice sales in Sanford reported for the first three months of the year are up for the third time in a row when compared to the same time period last year, according to the Florida Department of Citrus (FDOC).

"Awareness of the health benefits of orange juice in helping to lower the risk of heart disease, certain cancers and birth defects, when part of a high fiber, low-fat diet rich in fruits and vegetables, also has increased significantly," said Daniel E. Santangelo, executive director of the Florida Department of Citrus (FDOC). "Since we began our public education partnership with the American Cancer Society last fall, awareness of the relationship between orange juice and lower cancer risk has nearly doubled. Our partnership with the March of Dimes has seen knowledge of the important role of the folic acid in orange juice in lowering the risk of neural tube defects more than double."

Santangelo continued, "Both of these campaigns perform an important public service by educating all Americans about the critical role of diet in disease prevention. The increase in orange juice consumption, at a time when thousands of unhealthy beverages are flooding the marketplace, speaks to the public's appreciation for truly healthy foods that taste great."

The FDOC is an executive branch of Florida state government charged with the marketing, research and regulation of the Florida citrus industry. All activities are funded by the Florida citrus growers. The industry employs more than 100,000 people and provides an \$8 billion annual economic impact to the state, ranking it directly in size after tourism.

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## Medfly combats citrus canker

By Staff Reports

Sanford, Florida — A small droplet form the treatment is not a fog or a mist and cannot be easily inhaled.

Numerous studies have confirmed that when used correctly, Malathion does not pose any significant public health hazard. Malathion has been used for many years to control mosquito populations in Florida and elsewhere. The application rate for mosquito control is slightly higher than the rate used for Medfly control.

Even though considered to be safe to avoid exposure to the bait treatment, the following measures are suggested:

- Residents are advised to stay indoors when the treatments are being applied in their area.
- For food/water dishes that are outside should be covered.
- Small fishponds and bird baths should be covered.
- Because the bait droplets may cause paint damage to automobile finishes, residents are advised to cover or immediately and thoroughly rinse off vehicles that may be exposed to treatments.
- The Brandon spray zone covers approximately 47 square miles and the Seminole Heights spray zone covers about 25 square miles. With the expanded range this week, a total of 110 square miles will have been sprayed.

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# All are welcome to the Dome for cultural and arts festival

By DAVID FRAZIER  
Herald Staff Writer

A former organizer of the Lake Mary Heathrow Festival of the Arts has turned his talents toward another arts festival.

Coming up June 14 and 15 is The First Cultural and Arts Festival at The Dome, 2468 North Ocean Shore Blvd., Flagler Beach. Organizer Larry Lucas said response has been good and he hopes the festival will become an annual event.

The hours for the event will be 10 a.m. till 6 p.m. The Dome is a planetary center for celestial harmony and peace that belongs to Life Forces Research Foundation, Inc. The festival will be held on the beautiful ocean setting of the Dome grounds which is situated on four acres of land across from the Atlantic Ocean in Flagler Beach.

The festival is designed to inspire an appreciation for Life Forces culture and associated art forms. The festival is underwritten and supported by sponsors, Frank and Sylvia Shore and the Dome's advisory board.

There will be 50 exhibitors with original art, crafts, pottery, glass, sculpture, jewelry, mixed media, angel art, demonstrations, books and Dome tours. This inaugural event will also have Dome posters and T-shirts to celebrate the event.

There are gift certificates for restaurants and services from the Dome. There will also be a silent auction featuring art objects and merchandise. Parking will be available and it is free admission. The Dome can be contacted by calling (904) 439-3552.

"The site is only an hour away. Join the celebration of arts and culture at the Dome," Lucas encouraged all.



### Judge to speak

Dr. W.R. Scott, pastor at the First Church of the Nazarene of Longwood, announces that Judge Charles Davis will speak on the subject of "Family Values and Parental Responsibilities" during the 10:45 a.m. service on Father's Day, June 15. Judge Davis is Chief Judge of the Tenth Judicial Circuit, which includes Polk, Hardee and Highland counties. Judge Davis resides in Winter Haven with his wife, Yvonne Marie (Roger) and their three children, Chad, Deanna, and Richie. Judge Davis is a graduate of Trevecca Nazarene University, where he served as chairman of the Board of Trustees. He did his master's work at University of Florida, with Honors in 1975. Judge Davis is a sought after speaker regarding juvenile and family related problems. All are invited to attend this service, located at 200 N. Wayman St., Longwood and to share in a Fellowship Dinner following the service. For more info call 831 8558.

### Lifting hearts in song



The Floridians is a featured gospel group at Westview Baptist June 28.

## You're invited to a Southern Gospel Celebration concert

### From Staff Reports

A Southern Gospel Celebration with the Sunshine Quartet of Sanford and the Floridians of Kissimmee will be featured in a concert at Westview Baptist Church, 4100 Paola Rd. (45A), on Sat., June 28 at 7 p.m.

The Sunshine Quartet is a Southern Gospel Male Quartet with a rich blend of four-part

harmony. The smooth harmony of Sunshine will lift your souls to higher plains as the gospel message of Jesus Christ comes forth from these dedicated men of God. Sunshine's whole desire is to lift up the name of Jesus, win the lost and to encourage the church.

The Floridians are one of Florida's best known Southern gospel groups. They have ministered throughout Florida

since 1974 and have also toured extensively throughout the eastern states. This group will surely bless your hearts as they minister the gospel of Jesus Christ through song. They were recognized as Florida's 1993 Top Mixed Group of the Year as voted by the Florida Gospel Music Association.

A free-will offering will be taken at the concert. For more information call 323 0523.



Members of The Sunshine Quartet will inspire guests at Westview Baptist.

## How many 'Trinity' films exist?

Q. How many movies did they make of "Trinity" with Terrence Hill? Will you please name the movies, and can I get them on video? — D.L.S., Vermillion, Kan.

A. There were two "Trinity's" although, with one of them having a change in title, it sounds like three. "They Call Me Trinity" was the first, followed by "Trinity Is Still My Name." The latter's name was changed to "All the Way Trinity."

Q. Who played Father Guido Sarducci on "Saturday Night Live"? I have watched the credits and see no mention of who performed that role. — R.R.W., Clarks Mills, Pa.

A. The good Father was played by his good son, Don Novello.

Q. Any relationship between all these Allens — Fred (radio and early TV comedian), Elizabeth ("Donovan's Reef"), Nancy ("1941," "RoboCop"), and Karen ("Animal House," "Raiders of the Lost Ark")? — C.G.M., Huntsville, Ala.

A. No Allen is a pretty common surname.

Q. I have been trying to find the movie that starred Debbie Reynolds

### ASK DICK KLEINER



DICK KLEINER

and Tony Curtis. It was about a womanizer who drowned but came back as a woman (Debbie Reynolds). I think the name was "Goodbye, Charlie," but I'm not sure. Can you tell me if that was the right name, and is it out on a video? — L.H., Mesa, Ariz.

A. Yes, you have the name right but, no, there is no video.

COMMENT: One of our cable channels has the "Three Stooges" on it. I think those films should never be seen by anyone, let alone children. I never watched them when they were on the first time. I don't want my great-grandchildren to see them. — I.M.B., Saginaw,

Mich.

Q. Back in the '50s, there was a jungle movie with Donna Reed and Cornel Wilde. She played the daughter of a missionary. The picture was titled "Beyond Something." Do you know the complete title, and is it available on video? — P.B., Berryville, Va.

A. That was "Beyond Mombasa," which is a little east of Something. It

Cornel Wilde Tim Allen came out in '57, and there is no video available.

Q. On the re-runs of "Home Improvement," is the blue hot rod that Tim Allen is building really his? I just had to know. — B.R., Terre Haute, Ind.

A. And I just had to tell you that, no, it isn't. It belongs to the studio and is a gaudy prop.

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(Send your questions to Ask Dick Kleiner, c/o Newspaper Enterprise Association, 200 Madison Ave., New York, N.Y. 10016. Due to the volume of mail, personal replies cannot be provided.)

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**Methodists host corn boil**

Summer is renowned for sweet fruits and crunchy vegetables, including succulent yellow and white corn, in season for another month. Members of Grace United Methodist Church in

Lake Mary, recently took advantage of the good eating and held a corn boil. Left to right, John Joynt, Edgar Barnett and Alicia Joynt were on hand to serve those who attended the event.

**Airport**

Continued from Page 1A

TBI officials have initiated bus service for tourists who arrive from Great Britain between the airport and Sanford landmarks.

They are also talking about possibly constructing a hotel near the airport.

"They are a world class operation," Dale said. Dale said his four days across the pond were mostly work, but he enjoyed viewing government in action in another country.

He was most impressed he said, with the thick gold chains with large gold medallions that mayors in that country wore as part of their ceremonial uniform.

As he told his story during the recent Sanford City Commission meeting, Commissioner Whitney Eckstein removed, with her permission, a thick gold chain from around Commissioner Velma Williams' neck. With much pomp and circumstance, he placed it around the mayor's neck.

"Where's the medallion?" Dale asked, lingering

the chain. "And this isn't thick enough." He didn't keep the chain and was ignored when he asked to be called "Lord Mayor" as his counterparts in England are called.

Still, Dale said, he looks forward to working with TBI to enhance the airport facilities in Sanford.

He noted that the company is very aggressive and has a great many plans for what they will do to enhance the airport and Sanford's image in Europe.

"I think Sanford is going to become a popular destination," Dale said.

Following his return to Sanford last week, Dale said TBI has sent representatives from Great Britain to Sanford. The mayor has taken one of them fishing.

"When I got there to pick him up, he was wearing a dress shirt and \$100 shoes," Dale said. "These are very proper, business-like people."

Dale said he thinks Sanford will prosper with promoters like that across the sea.

**Price of junk silver depends on market**

DEAR BRUCE: I have a friend who has saved \$500 worth of silver half dollars since 1968, and she would now like to sell the coins. How could she go about this? E. G. Lowell, Mass.

DEAR E.G.: I am assuming that your friend's half dollars were minted before 1965. Up until that time the coins were made out of real silver before President Johnson debased them.

What your friend has is called "junk silver." Any large coin dealer can arrange for the sale. The price will change daily as the value of silver fluctuates on the commodities market.

DEAR BRUCE: I am a 67-year-old widow, and because I do not wish to be a burden to my children, I am considering moving to a retirement village

that provides continuous care.

There are several places in our vicinity. What should I be looking for in such a place? What pitfalls should I be aware of? What is the best way to ensure my security? What costs should I inquire about? M.B. West, Chester, Pa.

DEAR M.B.: A company, which I own, sells a book called "Safeguard Your Hard Earned Savings." There is a chapter devoted to retirement communities. Go to your library and read this book or alternatively, if you wish, you can order it by calling (800) 994-6733.

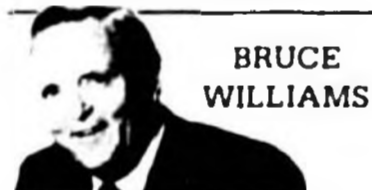
The chapter on retirement communities gives you the questions to ask and the answers to look for. Space limitations preclude a detailed answer here. Interested in buying or selling a

house? Let Bruce Williams' "Smart Money" be your guide. Price \$14.95 plus shipping and handling. Call (800) 994-6733.

Send your questions to Smart Money, P.O. Box 581, Elfers, FL 16660. E-mail to [bwilliams@net](mailto:bwilliams@net). Questions of general interest will be answered in future columns. Owing to the volume of mail, personal replies cannot be provided.

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**SMART MONEY**



BRUCE WILLIAMS

**Legal Notices**

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA. GENERAL JURISDICTION DIVISION. CASE NO. 97-0302-CA-14-L. GE CAPITAL MORTGAGE SERVICES INC. PLAINTIFF

VS. ROBERT L. SWEAT JR. UNKNOWN ADDRESSEE OF ROBERT L. SWEAT JR. A DUDA & BONS INC. UNITED STATES OF AMERICA. JOHN DOE AND JANE DOE AS UNKNOWN TENANTS IN POSSESSION. DEFENDANT(S).

**NOTICE OF FORECLOSURE SALE**

NOTICE IS HEREBY GIVEN pursuant to a Summary Final Judgment of foreclosure dated June 2nd, 1997 entered in Civil Case No. 97-0302-CA-14-L of the Circuit Court of the 18th Judicial Circuit in and for SEMINOLE County, Florida. I will sell to the highest and best bidder for cash at the WEST FRONT DOOR OF THE SEMINOLE County Courthouse located at 301 N PARK AVENUE in SANFORD, Florida at 11:00 a.m. on the 28th day of JULY, 1997 the following described property as set forth in said Summary Final Judgment, to-wit:

LOTS 6, 7 AND 8 IN BLOCK E OF SANLANDO SPRINGS TRACT NO 26, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 3, AT PAGE 17, OF THE PUBLIC RECORDS OF SEMINOLE COUNTY, FLORIDA.

Dated this 3rd day of June, 1997. (CIRCUIT COURT SEAL) MARYANNE MORSE, Clerk of the Circuit Court. By Jane E. Jasewic, Deputy Clerk.

THE LAW OFFICES OF DAVID J. STERN, P.A. ATTORNEY FOR PLAINTIFF. 4600 SHERIDAN STREET, STE 400, HOLLYWOOD, FL 33021. (954) 983-0400. (97-09915)(GNW). IN ACCORDANCE WITH THE AMERICANS WITH DISABILITIES ACT, persons with disabilities needing a special accommodation should contact COURT ADMINISTRATION, at the SEMINOLE County Courthouse at (407) 323-4330, 1-800-935-8771 (TDD) or 1-800-935-8770, via Florida Relay Service. Publish June 12, 19, 1997. DEF-110.

**Legal Notices**

IN THE COUNTY COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA.

CASE NO. 97-714-CO-28-C. ALTAMONTE HEIGHTS CONDOMINIUM ASSOCIATION INC. a Florida not-for-profit corporation. Plaintiff.

VS. RUBY MAY ANDERSON a/k/a MAY CHIAVICHIEN KASEM RICK CHIAVICHIEN, her husband and UNKNOWN TENANTS. Defendants.

**NOTICE OF SALE**

NOTICE IS HEREBY GIVEN that pursuant to the Final Judgment in Foreclosure entered on the 30th day of May, 1997, in Civil Action No. 97-714-CO-28-C of the County Court of the Eighteenth Judicial Circuit, in and for Seminole County, Florida, in which RUBY MAY ANDERSON is the Defendant and ALTAMONTE HEIGHTS CONDOMINIUM ASSOCIATION, INC. is the Plaintiff, I will sell to the highest and best bidder for cash at the west front door of the Seminole County Courthouse, Sanford, Florida at 11:00 A.M. on the 3rd day of July, 1997, the following described real property set forth in the Final Judgment:

Unit 207, ALTAMONTE HEIGHTS, according to the plat thereof, as recorded in Plat Book 22, Pages 55-62 of the Public Records of Seminole County, Florida. DATED this 2nd day of June, 1997. MARYANNE MORSE, Clerk of the Court. By Dorothy W. Dalton, Deputy Clerk. Plaintiff's Attorney: EMIL A. CASPERONI, JR. ESQ. 505 Welive Springs Road Longwood, Florida 32779. (407) 774-1233.

**NOTICE AMERICANS WITH DISABILITIES ACT OF 1990**

Administrative Order No. 83-37. Persons with a disability who need a special accommodation to participate in this proceeding should contact ADA Coordinator at 301 N Park Avenue, Suite North 301, Sanford, Florida 32771, at least five (5) days prior to the proceeding. Telephone: (407) 323-4330, extension 4227; 1-800-935-8771 (TDD); or 1-800-935-8770 (V), via Florida Relay Service. Publish June 12, 19, 1997. DEF-123.

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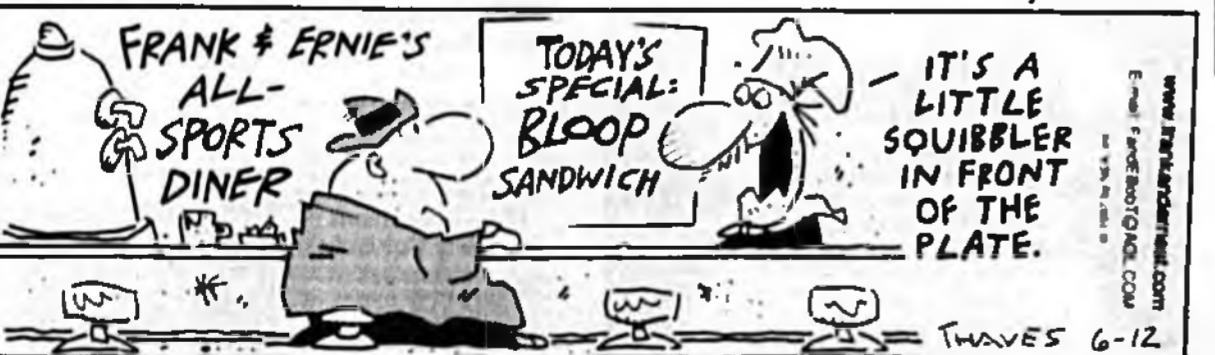
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Does excess iron cause heart disease?

DEAR DR. GOTT: I have read that excessive iron stored in the body can lead to heart disease and that women after menopause suffer more heart attacks because they are not losing iron in menstrual blood. Why is iron added to so many products if it is inherently dangerous?

DEAR READER: I'm afraid that you are confusing two separate issues. While it's true that iron overload can cause heart disease, this is primarily a problem in patients who lack the genetic ability to excrete excess iron. For most of us, the dietary iron we don't need is excreted in the stool.

Postmenopausal women do show a marked upswing in the rate of heart attacks, but this is believed due to hormonal factors, not iron. In other words, estrogen appears to protect women from heart disease. When it is deficient (after menopause), the risk of heart attack approximates that of men.

Iron is added to processed foods because children — and menstruating females — often need more iron than they obtain from natural food. Anybody with iron overload should avoid supplemental iron. (This diagnosis is made by a blood test.)

However, for the vast majority of adults, some additional iron in the diet is not harmful.

Whether a person should — or should not — avoid iron supplements is an issue that should be addressed with his or her family physician.

To give you more information, I am sending you a copy of my Health Report "Fads I: Vitamins and Minerals."



MEDICINE  
PETER GOTT, M.D.

rounded by fields upon which several hundred head of cattle graze. Your forebears all lived to ripe old ages, everyone in your present family is in perfect health.

(On a whim, you have the well water tested. It contains 3 mg of nitrates. Do you dig a new well or do you do nothing and assume that harmless animal waste runoff has entered the deep ground water and, thence, your well?

I'd choose the second option, graze my cattle further from the well, and monitor the situation.

In the second example, you are debating about whether to buy a house near a large, commercial agricultural farm. Because you are a prudent purchaser, you have the well water tested. It contains 8 mg of nitrates. Do you buy the house?

I wouldn't, because these nitrates have probably come from pesticides and organic chemicals that have permanently contaminated the soil and ground water, and could represent a hazard.

My point is that nitrogen/nitrates are simply a marker for substances that may (pesticides) or may not (animal waste) be harmful in small quantities. In such instances, further analysis by a state health department or commercial laboratory is appropriate.

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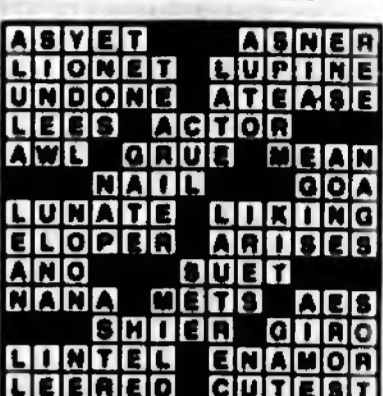
ACROSS

- 1 First-rate (2 wds.)
- 5 Breadth
- 8 Band leader
- 12 — for All Seasons
- 13 Actress Hagen
- 14 Vast period of time
- 15 Said again
- 17 Against
- 18 Bullfight cheer
- 19 Religious poem
- 21 Highlander's cap
- 22 Guts
- 24 Breakfast meat
- 26 Nautical rope
- 27 Store lodger
- 28 Dissenting vote
- 31 — Moines
- 32 Yale student

DOWN

- 33 JFK sight
- 34 Staggered
- 37 Superlative suffix
- 40 Feverish
- 41 Dress casually
- 43 Clerical vestment
- 44 Borders
- 46 Regret
- 47 Favoritism
- 48 Escorbair
- 51 Pre-Easter period
- 52 After-dictions poem
- 53 Footless
- 54 Swirl
- 55 Gosh!
- 56 Disavow

Answer to Previous Puzzle



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WIN AT BRIDGE

The postman rings twice

By Phillip Alder

There are certain plays that an expert makes almost "in sleep," but that the less capable player always seems to miss. Today's deal features one. It was declared by the Italian superstar Pietro Forquet in the 1968 World Team Olympiad.

Against four hearts, the defenders cash three spade tricks before switching to a club. Over to you.

Pre-empt is meant to make life difficult for the opponents. In the second position, though, you have already got past one opponent, and it is likely partner has a good hand. So, I think you should have a respectable suit. South's heart holding is a minimum (not that the Young Turks will agree). It isn't apparent to me why East dou-

bled four hearts.

After winning trick four with dummy's club ace, Forquet made the critical play. He ruffed a club in hand. There followed a heart to dummy's ace, the heart nine, another club ruff, a diamond to dummy's queen, a third club ruff, and a diamond to the ace. It was trick 12 with the lead in the dummy. Forquet had the K-J of hearts and East the Q-8. Leading either of dummy's cards allowed Forquet to win the last two tricks.

Yes, if East switches to a diamond at trick four, things are trickier. Forquet would have to ruff dummy's last spade (with the heart seven), playing for the likely 4-0 heart break (or West's having the singleton three or six).

To pull off the trump coup, Forquet had to reduce his trump length to the same as East's. When you may have to do this, start ruffing as quickly as possible. Here, no trick-five ruff, no 10th trick.

Bridge hand diagram showing North, South, East, and West cards and tricks.

HOROSCOPE



Friday, June 13, 1997

Benefits to which you're entitled that have thus far been denied you could come your way in the year ahead. Lady Luck has some aces up her sleeves that might help you.

LEO (July 23-Aug. 22) Trends that reflect upon your earning capacity look promising today. Additional gains might be made through your usual channels or a second source.

CAPRICORN (Dec. 22-Jan. 19) When considering significant matters today, take the long range view. Your benefits will be greater if you plan ahead for your tomorrow.

ANNIE

