

Sanford Herald

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89th Year, No. 59 - Sanford, Florida



Today: Sunny with the highs in the upper 60s to near 70. Wind north 15 mph.

For more weather, see Page 2A

TODAY

BRIEFS

Pollitics

Some candidates for public office announce early. But the ballot counting had hardly ended this past week, when Congressman Bill McCollum (R-Fla.) announced he has opened his campaign account to seek a U.S. Senate seat in 1998.

McCollum was re-elected with 68 percent of the votes last Tuesday, to serve his ninth term in the U.S. House, for the Eighth District of Florida, comprised of Orlando, most of Orange County, and the Kissimmee portion of Osceola County.

In an election victory speech, McCollum told his followers he was already making plans for two years from now.

Prior to entering the political arena, McCollum was chairman of the Seminole County Republican Executive Committee.

Candidate forum

The Greater Sanford Chamber of Commerce will present a candidate forum this evening from 5:30 to 7:30 p.m.

The event will take place at the chamber of commerce building on First Street and will feature candidates from the races for city commission District 1 and District 2 and for mayor.

Each candidate will have three minutes in which to present his or her platform and then questions will be allowed from the audience.

If you have any questions, call 322-2212.

Bazaar day

SANFORD — The Salvation Army, 700 W. 24th Street in Sanford, is holding a fall craft bazaar this Saturday, Nov. 16, from 9 a.m. until 4 p.m.

Items scheduled to be available include hand-crafted Christmas gifts and decorations. All proceeds from this bazaar are to go to World Services Funds. All crafters are welcome to participate. For additional information, contact the Salvation Army, at 322-2642.

Order of the Feather

SANFORD — The Order of the Feather will meet on Thursday, Nov. 14, 1996 at the tepee of Sally Winona Jackson. The tepee is erected on her property so if you would like to attend, call her at 323-6268 for specific directions.

A pot luck dinner will take place at 6:30 p.m. Indian attire is optional.

The meeting will teach all about the ways of the early native Americans and there will be information about living in a tepee.

The group meets once a month, usually in the Odd Fellows Hall in Sanford, near the clock in Magnolia Mall. The monthly meeting is scheduled for the second Thursday of the month at 6:30 p.m., but should be confirmed by calling Ong Pa Tonga (Bob Morris) at 323-5775 or White Feather (Wain Cummings) at 322-7680.

Neighborhood Watch meeting

SANFORD — The downtown Sanford historic district Neighborhood Watch group will meet this evening at 7 p.m. at the First Presbyterian Church of Sanford at the corner of 4th Street and Park Ave.

They will also gather on Tuesday, Nov. 26 at 7 p.m. for a forum with the candidates for the District 1 and District 2 race for City Commission and for the mayoral race.

The public is invited to attend.

INDEX

- Bridge.....2A
- Classified.....4-5B
- Comics.....2B
- Crossword.....2B
- Dear Abby.....2A
- Deaths.....1B,2B
- Dr. Gott.....2B
- Editorial.....4A
- Florida.....2A
- Horoscope.....2B
- Nation.....2A
- People.....2A
- Police.....2A
- Sports.....1B,2B
- Television.....2A
- Weather.....2A

You've got to have something to eat and a little love in your life before you can hold still for any damn body's sermon on how to behave.

-Billie Holiday

1996 Veterans' Day remembered



The American Legion Campbell Lossing Post 53 color guard led the way Monday morning as the annual Veterans' Day parade wound its way through Sanford to Memorial Park on the lakefront. Residents young and old gathered along the route in honor of all those who served their country. Below, Dru Moore and members of the Fleet Reserve Association Duke Woody Branch 147 and Auxiliary show what the observance is all about: pride in nation, pride in flag, and pride in service to the nation.

Herald Photos by Tommy Vincent



More campaign signs reported stolen

By VICKI DESORMIER
Herald Senior Staff Writer

Some Sanford mayoral candidates' signs, those bright calls for votes in the upcoming election, are disappearing almost as fast as they're being put up.

Of the eight people who are seeking to become mayor of the city of Sanford, three have filed reports with the Sanford police about missing signs.

The election is scheduled for Dec. 3.

The three reports were filed by mayoral candidates Lynda Donato, Larry Dale and Larry Blair.

Blair made his report Monday morning.

"They weren't in the right of way," Blair said, "all of mine that were taken were on property where I had obtained permission to have them placed."

Donato told police her signs were discovered missing between Nov. 5 and 8. She said she is

aware of 13 signs being taken from various locations in the city.

"I put one sign up on Friday and a few hours later we drove by there and it was gone," Donato explained. "It's awful when you're trying to run a campaign with limited funding and someone keeps taking your signs down. Those signs are not cheap."

Donato said four of her large signs and nine of her yard signs had disappeared in the weekend.

See Signs, Page 3A

Lake Mary bumps into recurring speeding problem

By NICK PPRIPAUF
Herald Staff Writer

LAKE MARY — The first meeting with the newly elected mayor of Lake Mary has brought back into the limelight a problem which has reportedly been going on for almost four years.

Although it was not scheduled for discussion during the city commission meeting Thursday night, a number of citizens appeared to voice concern over safety and speeding vehicles on Main Road.

The road is often used as a cut-through onto the Seminole Community College campus from Country Club Road, but most of the Main Road residents admitted it was local people who were speeding.

James Nipper, a Main Road resident, said while the speed limit was 25, many people are traveling at 40 miles per hour or more. He gave the commissioners a brief history of the problem. "About four years ago, we

See Bumps, Page 3A

People show they do care



Herald Photo by Tommy Vincent

An unidentified man was reportedly struck by a vehicle at about noon Monday, at U.S. Highway 17-92 and State Street. Passersby immediately gathered to help the man and protect him from passing traffic

until EMS personnel arrived (right). The man reportedly suffered injuries to his legs, and was transported to Orlando Regional Medical Center for treatment.

Safety in numbers Sanford will try to enact 2-clerk ordinance for all late-night stores

By NICK PPRIPAUF
Herald Staff Writer

SANFORD — Sanford may try to enact a requirement that all stores, not just convenience stores, have more than one clerk when operating all night. The move comes following a citizen request to the Sanford City Commission on Oct. 28.

Ann Marie Paladino had asked the city to expand the two-clerk ordinance regarding convenience stores, to include other late night stores, especially franchise operations such as fast food restaurants.

At that time, the commission told Paladino they would take the matter under advisement, and ask the city attorney to investigate the possibility of expanding the city ordinance.

Monday afternoon, during the commission work session, Attorney Clay Simmons explained that it might be attempted, but he could not guarantee it would work.

A number of years ago, Sanford became the second city in the state to require that at least two clerks be on hand at convenience stores which operated at night, primarily between the hours of 11 p.m. and 5 a.m. Simmons said the convenience store is that which sells gasoline as well as grocery items.

Since that time, the state of Florida has enacted a similar law, and it was questionable if the city could not add to its original ordinance, which has now fallen into the state's hands.

"The Legislature has now set the rules on convenience stores," Simmons said, but their rules exclude restaurants, which is basically what the local request dealt with. So I would doubt if the city could expand what the state

See Clerks, Page 3A

POLICE BRIEFS

Sanford police reports

• An estimated \$2,525 in items including a ladies ring, were reported stolen Saturday from a residence in the 100 block of Sun Vista in Sanford.

• A group of people reportedly entered a store Sunday in the 2400 block of Sanford Avenue. The clerk told police after the group left without purchasing anything, he discovered approximately \$6,000 in cash and \$1,000 in food stamps were missing from the store.

Armed robbery

A 22-year old Sanford man told police he was accosted Sunday by a man, while he was talking on a pay phone at a convenience store in the 2700 block of W. 25th Street. He said the man approached him from the rear armed with a handgun. The robber reportedly took \$650 in jewelry and other items from the victim before running from the area.



War dead remembered

Herald Photo by Yusef Vincent

A solemn moment in Monday's Veterans Day Ceremony at Memorial Park in Sanford was the playing of tape, a moment of reflection for fallen companions in all wars. Dave Ogden of American Legion Post 83 wielded the bugle.

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Study: 100 million Americans suffer chronic health problems

By PAUL HUBBARD
 AP Science Writer

WASHINGTON — An estimated 100 million Americans are suffering from chronic health conditions, and the nation spends about \$485 billion a year to treat these ailments, a study shows.

The study, to be published Wednesday in the Journal of the American Medical Association, found that the vast majority of people classified as having chronic health conditions are not disabled, but are living with the threat of relapses that could suddenly result in lost work days and higher health costs.

People with chronic health conditions spend an estimated \$485 billion for treatment and medication, and there is another \$234 billion in indirect costs from such things as lost days of work, the study estimated.

The number of Americans with chronic conditions will increase to 148 million by 2030 and the direct costs, in 1990

dollars, will rise to about \$798 billion, the study estimated.

Chronic conditions are defined in the study as impairments or diseases that require medication or medical attention and create persistent and recurring health consequences lasting for years.

Estimating the number of people with chronic health conditions is important, the researchers found, because these patients account for about 80 percent of all hospital stays and 69 percent of hospital admissions. The average annual health care cost for people with chronic conditions was \$3,074, compared to \$617 for people with acute, or limited, ailments, the study found.

The researchers said health care providers and policy-makers "must deal with how to transform our health care delivery system so that it better meets the needs of those living with chronic conditions."

Although an elderly person is more apt to have a chronic

condition, the study found that adults from ages 18 to 64 years accounted for 60 percent of the people with chronic conditions who were not in nursing homes or hospitals.

Researchers at the University of California, San Francisco, based their conclusions on a 1987 survey of 34,459 people not living in institutions.

The people were interviewed to determine if they suffered from a chronic condition. Examples of such conditions are diabetes, heart disease, cancer and arthritis.

The 1987 survey found that about 90 million Americans, about 45 percent of the noninstitutionalized population, suffered from one or more chronic conditions.

Using these data and 1990 U.S. Census Bureau figures, the researchers estimated the current total number with chronic conditions along with the current cost of care.

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Clerks

Continued from Page 1A
 has now taken over."

"But that doesn't mean we can't try it," he continued. "The city might come up with a separate ordinance to deal with late-night restaurants."

Commissioner Whiskey Eckstein suggested the city send a message to Tallahassee requesting the restaurant issue be considered, but Commissioner Lon Howell said he preferred the city take it upon itself to enact a new ordinance, and not wait for the state to handle the matter.

"Well, we need to do something," Eckstein commented.

Simmons said if the com-

mission so instructed, he would draft an ordinance similar to the one dealing with convenience stores, to cover restaurants, and bring it back for further consideration.

While Howell suggested the ordinance might also consider late-night gas stations as well, the commission gave its consensus that Simmons draw up a proposed ordinance. It is expected to be prepared in time for the next commission meeting on Nov. 25.

Last month, when the issue was first brought up, several female employees of franchise stores which operate all night, were on hand at the commission meeting. Paladino represented the women, telling of several incidents when clerks' lives were in danger during armed robberies and other crimes in the middle of the night.

"We should not have to worry about going to work and wondering whether or not we're going to make it home," she said.

Signs

Continued from Page 1A

raids. She put the value of the thefts at well over \$200.

Blair said between 20 and 30 of his signs, with a possible value of over \$250, were taken last week.

Dale said nine of his signs, valued at approximately \$640 were missing.

On several of the occasions, witnesses reportedly were able to identify possibly two vehicles used in the thefts.

In Lake Mary, commission candidate Laura Myrles-Morris is offering a \$100 reward for information leading to the arrest of the person or persons who have been taking her campaign signs from both private property and public land.

No other candidates have reported any signs missing.

9 out of 10 mice prefer the Consumer Information Catalog online. Catch it at www.pueblo.gsa.gov.

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Editorials/Opinions

Sanford Herald

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EDITORIAL

Kudos to all who made senior games a big success

By now, a large percentage of participants in last week's Golden Age Games in Sanford have left to return to their respective home cities. A surprising number came from up north (where it has started to snow), and as far west as California (can't go much farther west).

We hope, before they left, that they took the time to show appreciation to the many people who helped bring these games to fruition. It wasn't easy, it never is. There are always last-minute changes to be made, problems to be solved, and people to deal with.

Primary appreciation must go to the women and men who work with the Sanford Recreation Department. They knocked themselves out to make these games the best they could, to help make them memorable for everyone who took part.

There were no major flaws. Even the weather held up well.

Yes, there were a few cases when certain events didn't start exactly at the time they were scheduled, but they shouldn't be blamed. After all, most of the time it was because participants were lax in showing up ahead of time to take care of signing-in or pre-event instructions.

In addition to the Recreation Department staff, there were the people who sponsored the events and helped man tables, benches, scoring tables. Included in this group, no one could overlook the members of the Over 50 Club, who provided a free breakfast for participants every morning.

Some mornings they were jam-packed with takers, and other mornings were slower, but Over 50 Club members kept everyone's spirits bright, and whether there was only one or a dozen people, they gave a cheerful "good morning" to one and all.

Mentioning the Over 50 club should not be taken as the only organization or business deserving thanks, but the programs listed each and every one of them, and without exception, the games went off without a hitch, thanks greatly to their participation and support.

This was the 22nd time Sanford has held these games. It's one of the longest running of its type for persons 55 and older, in the entire southeastern United States.

What is always refreshing is to find a few people who have never been here before. One couple, from Palm Coast, accidentally found out about the games as they returned from a vacation to the Orlando area attractions.

They had never heard of the games before, but ended up not only participating, but taking home a few medals as well. They told the *Sanford Herald* they thought this was the greatest thing they had ever encountered, and promised next year that they would spend their vacation in Sanford rather than hitting the attractions as they had done in previous years.

The Golden Age Games were not only good for the seniors, but good for the entire city.

We hope these feelings will be generated over and over again: Thanks, everyone, for giving us these games. You did an outstanding job, and you helped make Sanford a bright spot on the map.



WRITER'S BLOCK

Splitting hairs over Citadel cuts

Have you heard about what happened to three female cadets at The Citadel after they daringly shaved one another's heads last week to try to make their hair as short as the men's?

It's an ugly and gruesome story - worse than war itself.

Cadets at the Charleston, South Carolina military college, we found out in a hurry, are prohibited from cutting their own hair.

"Haircutting is like brain surgery; it is not a job for amateurs," explained The Citadel's spit-and-shine spokesman, Col. Terry E. Leedom.

"Whoever did this haircutting was apparently not well-experienced or skillful, and the product reflected that," said "Hairbrain" Leedom.

As a result, The Citadel punished the women by: a., having their hair cut even shorter by qualified military barbers; b., confinement to barracks; c., no Oprah.

So what the heck gives at The Citadel?

Seems to us the good old soldiers who fought like the ditches helping women out as long as they could are still mighty miffed about being ordered otherwise in June by the United States Supreme Court.

The haircut episode was more than they could



Russ White

STAFF WRITER

chew. According to Leedom (God forbid he ever gets a more serious military position), women cadets are supposed to have neat, short hair off their collars. Their military haircut, he said, must be a reminder that they are "knobs" (a freshman cadet's head should look like a doorknob) without trying to humiliate anyone.

That the women should think they could get away a devious plot to be "more like men" rankled everyone on campus and probably caused Gen. Mark Clark to roll over in his grave. "They're women," Leedom said. "Obviously women."

And there's no telling what will happen next in this the winter of The Citadel's distress.

You can imagine how fighting mad the three women cadets must be.

It's enough to make them throw away their Nair or burn their axtvives.

Obviously, The Citadel has a major crisis on its hands.

Leedom, to be sure, may be losing sleep (and hair) over the school's image.

"We definitely don't want it to appear that we're in a hostile environment toward them (the women)," he said, adding, "this is the kind of thing that could cause some people to think that."

No? Other than what Leedom is saying to media sources, we are left pretty much in the dark.

An Associated Press photographer resisted friendly fire when he snapped a picture of Cadet Petra Lovetinaka's new haircut (after repairs) when she stood guard at the barracks last week.

Lovetinaka and her buddies were not allowed to do any interviews.

"Knobs don't give interviews," Leedom snipped and snapped.



WRITER'S BLOCK

Teachers deserve utmost praise

If anyone thinks the teachers across American don't deserve more money, recognition, volunteer help and support, I'll be the first to tell you...think again.

I did homeschool my children for several years, not because I didn't feel the individual teachers weren't doing a good job, but because my husband and I felt led by God to pursue this avenue. Yet, my son has now been back in the public school system for two years, and my daughter for half a year. They have adjusted nicely, interact well socially and bring home great grades. I'm proud of them. Yet, yes, I owe a lot to the teachers they have received throughout their time in school.

Both of my children's teachers this year are polite and respectful to the children they instruct while still being firm and establishing authority. They have instilled a love of learning in their students and carried this out through creative teaching techniques and encouraging participation in various school activities and programs to assist in their development into well-rounded students.

Now before someone gets the wrong idea and accuses me of only recognizing my children's educators, let me say that numerous teachers over the nation are doing a great job in their career choice. I know first hand "it's a tough job, but somebody has got to do it." And...before you think you can do a better job than those teachers...try it for yourself.

Admittedly, I've always loved children. I adore the sweet smell of a freshly-powdered baby, the gentle skin, the soft touch of a youngster and the butterfly kisses and firm hugs of little arms. But...my recent experience with substitute teaching has been challenging, to say the least. Don't get me wrong. I do enjoy it and will continue, but during moments of children that I have never met having temper tantrums, back-talk, and a total lack of respect, I must say the questions come to mind...How do these teachers do this day in and day out for 40-plus years? or "there must be a certain knack to this madness."

Yes, I realize that times have changed. I discussed this with my mother who paid a visit to my classroom. We commented about how things are different since my elementary school days some 25 years ago. We would have never tried to get by with what children act out now.

I have a few "cut-ups" in each class I've taught that try to push all my buttons, and other that I'd like to clone and thank their parents for a job well done.



Staff Writer

SUSAN WENNER

One of my group of students seemed more fascinated with my beaded braid, my pager, my husband, my newspaper job and my children than what I could offer in the form of education. My recent class, although young, has already discovered the fine art of "tripping up the sub." Another group had a couple of sweethearts that developed a crush on me and spent most of the day competing for my attention by asking me if I loved them.

By the end of my days I felt mentally and physically exhausted and a failure. I kept asking myself...Did they learn anything today? Will they tell their friends I was the "mean old sub"? Or will they feel smarter, respected and more valued like I'd like them to?

As I originally chicken-scratched this on an ancient piece of ditto paper from my mother's days of teaching, I have a smile on my face as I remember my day in the shoes of a teacher.

My eyes swelled a bit with tears as I watched them say the Pledge of Allegiance and sing their school song. It was so precious and caused me to reflect on my earlier days of education.

I heard the desperate cries of attention through misbehavior, complaints of sickness (earaches, tummy aches and sore throats) and even after sending them for a trip to the clinic for them to return in good health. The various pleads of "hey you," "hey teacher," "hey," "Mrs. Wenner" to "watch me," "hug me" and "I need you."

Yes, they all do need you. And yes, if you can read this...thank a teacher, but the highlight of my day that confirmed why I'm there was after my class walked back from a special class I had taken them to earlier.

One little boy returned with a big hug for me and enthusiastically exclaimed, "It's great to be home, Mrs. Wenner," while still embracing me.

That one event was worth all the frustration, busy day and hectic schedule. All summed up and "out of the mouths of babes."

JACK ANDERSON

Clinton considers Cabinet choices

WASHINGTON -- In the summer of 1996, Washington was gearing up for a budget showdown between the Republican Congress and a resurgent President Clinton. But Rep. Bill Richardson, D-N.M., would occasionally sneak off for some more delicate negotiations. A series of breakfast meetings in New York City between Richardson and Iraq's ambassador to the United Nations, Nizar Hamdon, eventually helped produce the diplomatic coup of the summer. Richardson was able to win the release of two American citizens who had been jailed by Saddam Hussein after they accidentally strayed into Iraqi territory.

Richardson's mission in New York was kept a strict secret until the two Americans were released, which led to some delicate situations when he would run into some of his House colleagues en route between Washington and New York.

The strangest moment may have come when Richardson ran into American U.N. ambassador Madeleine K. Albright, who didn't know about the mission. When Albright pressed Richardson about his destination, he finally told her he was delivering a speech.

Sixteen months later, Richardson and Albright are two of the dark-horse candidates to be the next secretary of state, a job that became vacant when Warren Christopher did the expected and resigned following Clinton's re-election.

But a senior Democratic strategist, who spoke on the condition of anonymity, says Albright likely won't become the first woman to break through the State Department's glass ceiling. "Albright won't get it," this official predicted, in part because she has violated an unwritten rule of Cabinet protocol by lobbying for the post.

As we reported last month, Albright has told associates that if she is not chosen as Christopher's successor, she will leave the U.N. post. She has also made her ambitions known in a published interview. Some White House officials were less than pleased by her behind-the-scenes ultimatum.

Another senior White House official who spoke to the president about Albright, however, told us Clinton "didn't indicate any concern" about Albright's public posturing and that he "has a great deal of confidence in her."

The same senior White House official also added that he "would not be at all surprised" if Richardson became the surprise choice for the post. "He has done an enormous amount of things (for the administration) that require delicate diplomacy," said this adviser.

If Richardson were to get the job (he's also been mentioned as a candidate for Secretary of Energy, among other posts), it would represent a sharp departure from the striped-pants, Ivy League-types that traditionally occupy the State Department. He would become the first American of Hispanic heritage to gain such a senior slot in an administration.

Yet it would come as little surprise to the world leaders who have come to know Richardson during his diplomatic forays on the administration's behalf. Besides Iraq, Richardson has helped resolve diplomatic stalemates in North Korea, Haiti and Bosnia, among other places. He declined to comment for this article.

Sources say Richardson is among a small group of contenders who've been contacted by the White House -- a group that also includes former Georgia Sen. Sam Nunn, former Senate Majority Leader George Mitchell and Sen. Richard Lugar of Indiana.



Richardson was able to win the release of two American citizens who had been jailed by Saddam Hussein.

Duplicate Bridge

- North-South Winners**
 1. Jean Williams
 Jackie McCracken
 2. Jim Baker
 Helen Ernest
 3. Lillian Kin
 Robert Kufmann

- East-West Winners**
 1. Cora Moore
 Jerry Moore
 2. Mary Hecht
 Helen Baker
 3. Gigi Thiede
 Mary Furtis

- Contract Bridge Ladies**
 1. Lorene Rogers
 2. Martha Ashby
 3. Emy Sokol

- Men**
 1. Arthur Mayle
 2. Tilden Rogers
 3. Sam Greene

TRACK AND FIELD

- Men's Long Jump**
 Ages 60-64
 1. Herman Niederhelman
 2. Evan Christiansen

- Ages 65-69**
 1. James Stookey
 2. Rudy Lester

- Ages 70-74**
 1. Robert Horsley
 2. Carl Mays

- Ages 75-79**
 1. Tom H. Kennell
 2. Seymore Duncan
 3. Edward Matthews

- Qualified:**
 Nathaniel Heard
 Ages 60-64
 1. Francisco Colon

- Women's Shot Put**
 Ages 60-64
 1. Eloine S. Moores

- Ages 70-74**
 1. Harriett Boyd
 2. Jimmie Reid
 3. Bernie Kleinschmidt

- Ages 75-79**
 1. Katherine Gradick
 2. Pauline L. Stone

- Men's Shot Put**
 Ages 65-69
 1. Harold Tessier
 2. James P. Pasella
 3. Ross Robert

- Ages 60-64**
 1. Paul J. Moores
 Ages 65-69
 1. Leonard T. Olson
 2. William Bergen

- Ages 70-74**
 1. Don Reid
 2. Brian Power-Waters
 3. Jack Rooney

- Ages 75-79**
 1. Nathaniel Heard
 2. Edward Matthews
 3. Vernon Mattson

- Ages 60-64**
 1. Francisco Colon
 2. Donald Ritenour

- Women's High Jump**
 Ages 65-69
 1. Ann Edgington
 Ages 70-74
 1. Harriett Boyd

- Men's High Jump**
 Ages 55-59
 1. Duane Warner
 Ages 60-64
 1. Evan Christiansen

- Ages 65-69**
 1. James Stookey
 2. Lester Rudy
 3. Dennis Edgington

- Ages 70-74**
 1. Carl Mays
 Ages 75-79
 1. Seymore Duckman
 2. Tom H. Kennell
 3. Nathaniel Heard

- Women's Discus**
 Ages 70-74
 1. Harriett Boyd
 2. Jimmie Reid
 3. Bernie Kleinschmidt

- Qualified: Anita A. Zetta**
 Ages 75-79
 1. Katherine Gradick

- Men's Discus**
 Ages 55-59
 1. Harold Tessier
 2. Ross Robert

- Ages 60-64**
 1. Paul J. Moores
 Ages 65-69
 1. Leonard T. Olson
 2. Lester Rudy
 3. Ahmet E. Ardaman

Qualified: William Bergen

- Ages 70-74**
 1. Don Reid
 2. Robert Horsley
 3. Raymond Armstrong

- Qualified: Harold Pinther**
 Jack Rooney
 Ages 75-79
 1. Nathaniel Heard
 2. Vernon Mattson

- Ages 60-64**
 1. Francisco Colon
 Ages 60+

- Women's Javelin**
 Ages 70-74
 1. Jimmie Reid
 2. Harriett Boyd
 3. Bernie Kleinschmidt

- Qualified: Anita A. Zetta**
 Ages 75-79
 1. Katherine Gradick
 2. Pauline L. Stone

- Men's Javelin**
 Ages 55-59
 1. Harold Tessier
 2. Duane Warner
 3. Ross Robert

- Ages 60-64**
 1. Frank J. Skvarek
 2. Paul J. Moores

- Ages 65-69**
 1. Leonard T. Olson
 2. Lester Rudy
 3. Ahmet E. Ardaman

- Ages 70-74**
 1. Jack Rooney
 2. Don Reid
 3. Harold Pither

- Ages 75-79**
 1. Seymore Duckman
 2. Tom H. Kennell

- Ages 60-64**
 1. Francisco Colon
 Ages 60+

- Women's Long Jump**
 Ages 60-64
 1. Ria Terhaar

- Men's**
 Ages 55-59
 1. Duane Warner
 2. Miro Mitulina

- Men's 200 Meter Dash**
 Ages 55-59
 1. David Dreifuerst
 2. Hugh Wilson

- Ages 60-64**
 1. Dick Elmlab
 Ages 65-69
 1. James Stookey
 2. William Bergen
 3. David Long

- Ages 70-74**
 1. Robert Horsley
 2. Carl Mays

- Ages 75-79**
 1. Edward P. Matthews
 2. Tom H. Kennell
 3. Seymore Duckman

- Qualified:**
 Nathaniel Heard
 Ozzie Whitmon

- Women's 200 Meter Dash**
 Ages 60-64
 1. Ria Terhaar
 Ages 65-69
 1. Ann Edgington

- Men's 100 Meter Dash**
 Ages 55-59
 1. David Dreifuerst
 2. Joseph Deluca
 3. Duane Warner

Ages 60-64

1. Dick Elmlab
 2. Herman Niederhelman
 3. Joe Shanahan

- Ages 65-69**
 1. James Stookey
 2. David Slocum
 3. Lester Rudy

- Ages 70-74**
 1. Raymond Armstrong
 2. Robert Horsley
 3. Carl Mays

- Ages 75-79**
 1. Edward P. Matthews
 2. Tom H. Kennell
 3. Seymore Duckman

- Qualified: Nathaniel Heard**
 Ages 60-64
 1. Francisco Colon
 Ages 60+

- Women's 100 Meter Dash**
 Ages 60-64
 1. Eloine S. Moores
 2. Ria Terhaar

- Ages 65-69**
 1. Ann Edgington
 Ages 70-74
 1. Pauline L. Stone

- Men's 400 Meter Dash**
 Ages 55-59
 1. Hugh Wilson
 2. Miro Mitulina

- Ages 60-64**
 1. David Long
 2. William Bergen

- Ages 65-69**
 1. Carl Mays
 Ages 70-74
 1. Carl Mays

- Ages 75-79**
 1. Seymore Duckman
 2. Ozzie Whitmon

- Women's 400 Meter Dash**
 Ages 60-64
 1. Ria Terhaar

- Women's 800 Meter Run**
 Ages 60-64
 1. Ria Terhaar

- Men's 800 Meter Run**
 Ages 55-59
 1. Hugh Wilson
 2. Miro Mitulina

- Ages 60-64**
 1. David Long
 Ages 70-74
 1. Bart Ross
 2. Ernie MacDonald
 3. Newlie Hewson

- Ages 65-69**
 1. Ozzie Whitmon
 Ages 70-74
 1. Susan Tasciotti

- Men's 1500 Meter Dash**
 Ages 55-59
 1. Hugh Wilson
 2. Miro Mitulina

- Ages 60-64**
 1. George Wolf
 Ages 65-69
 1. David Long

- Ages 70-74**
 1. Bart Ross
 2. Newlie Hewson

- Ages 75-79**
 1. Ozzie Whitmon



Spirit of the games

Golden Age Games competitor Katherine Gradick throws the javelin, left, while Evan Christiansen from DeLand, attempts this high jump at 41 inches. Christiansen didn't make it, but he did clear the jump at 39 inches, enough to win him a gold medal this past week.

The awards for three age groups in the Golden Age shuffleboard competition, were incorrectly listed. The proper listing of gold medal (1st), silver medal (2nd), and bronze medal (3rd) winners are as follows:

- Age group 70-74**
 1 - Robert Conklin and Lois Reynolds
 2 - John Luebbert and Arnold Gray
 3 - Susanne Laverdiere and Trudie



World Photos by Steve Ganes

He continued, "We have brought this to you before, and all we got were postponements and studies. Now we want some action."

City Manager John Litton said he would meet with members of the city staff on the proposal, check into minutes of the meetings at which this matter was approached several years ago, and would list the item on the agenda, probably for the Dec. 19 commission meeting.

- Age group 75-79**
 1 - William Manganello and Elizabeth Manganello
 2 - Peter Walker and Tim Pritchard

Chief Beary explained that expanded law enforcement on Main Road has not been able to accomplish much in reducing speeders. "When we go out there," he said, "everyone drives the speed limit. But the minute we leave, they go back to their old ways, and we simply cannot have someone out there 24 hours a day."

Bumps

Continued from Page 1A came to you with this same problem, and gave you a petition," he said. "At that time we asked for the city to consider putting in three speed bumps."

"But you put it off until you could have a study done," he continued, "then, you came back and said the road actually needed seven or eight speed bumps, and that with that many, it would be a budgetary matter, which may be difficult to arrange."

Lake Mary Police Chief Richard Beary explained that the study was done by Seminole County, which recommended the additional speed bumps. He said the problem has now probably increased because

additional homes which have been constructed in the area. Susan McDowell, who appeared before the commission carrying her young child, said she was speaking out on behalf of the children in the neighborhood, who deserve a right to have safer streets, with an elimination of reckless driving and speeding.

McDowell gave the commissioners another petition with 39 signatures from 23 separate residences on Main Road, all asking that something be done.

Other residents also spoke to the members of the commission on the problem.

"There are several things I am getting sick and tired of hearing," Nipper said. "One of them is that it should be postponed. Another is that a study should be made."

BARBARA JEAN BURKS
 Barbara Jean Burks, 40, W. 25th Street, Sanford, died Wednesday, Nov. 6, 1986 at Volusia Medical Center, Hwy. Dec. 24, 1965 in Sanford, she was a lifelong resident. She was a homemaker and a member of St. Matthews Missionary Baptist Church.

Survivors include father, Albert Bryant, Deltona; son, Willie, Sanford; brothers, George Smith and Herman Herring, both of Osteen, Tim Herring, Deltona; sister, Carolyn Herring, Sanford; one grandchild.

Wilson-Eichelberger Mortuary, Inc., Sanford, in charge of arrangements.

BARNY TERREL DOBBS
 Barney Terrel Dobbs, 74, South Winter Park Drive, Caseberry, died Sunday, Nov. 10, 1986 at South Seminole Hospital, Longwood. Born April 7, 1922 in Cottage Hill, Ala., he moved to Central Florida in 1960. He was a retired aviation machinist mate with the U.S. Navy, and was a veteran of

World War II. Survivors include sons, David, and Barney T. Jr., both of Orlando; daughter, Susanna Caseberry, Canada; both of Caseberry; two brothers, five sisters; seven grandchildren; five great-grandchildren.

Galles Carey Hand Garden Chapel Funeral Home, Longwood, in charge of arrangements.

ESSIE CLOY SMITH
 Essie Cloy Smith, 90 E. Semoran Blvd., Apopka, died Sunday, Nov. 10, 1986 at Florida Living Nursing Center, Apopka. Born Dec. 14, 1905 in Franklin County, Miss., she moved to Central Florida three years ago. She was a homemaker and a retired gift shop owner. She was a member of First Baptist Church of Natchez, Miss.

Survivors include son, P.E. Nelson, Flint, Tex.; daughter, Betty Felts, Natchez; sisters, Gertrude Feyronnin and Corinne Simmons, both of Franklin,

Tenn.; five grandchildren; eight great-grandchildren.

Sanford Funeral Home, Winter Springs, in charge of arrangements.

SAMUEL "RONNIE" TINDAL SR.
 Samuel "Ronnie" Tindal Sr., 48, Orange Blvd., Lake Monroe, died Friday, Nov. 8, 1986 at Orlando Regional Medical Center. Born May 29, 1948 in Sanford, he was a lifelong resident. He was employed by Deep South, in Georgia.

Survivors include paternal grandmother, Lorena M. Tindal Sanford; parents, Arnold and Margaret, Lake Monroe; sons, Samuel R. Jr., Sanford, Robert "Buddy", Christmas; daughters, Jeanette Register and Cynthia, both of Christmas; brother, Michael A., Longwood, Michelle E., Deltona; sisters, Susan Johnson, Orange City, Robin Beal, Oviedo; four grandchildren.

Brisson Funeral Home, Sanford, in charge of arrangements.

Talent show

SANFORD - As was the case in past years, the Golden Age Talent Show presented on the stage of the Sanford Civic Center Thursday evening, drew a large crowd of spectators, and an excellent range of talents.

In the talent competition, entrants were not divided according to age groups, but were judged based on their skills.

Winners in the various categories receiving medals; gold (1st), silver (2nd), and bronze (3rd), are as follows:

- Musical Instruments**
 1 - John Locke
Singing
 1 - Philip Capana
 2 - Bob Ashton
Comedy
 1 - Bob Ashton
 2 - Gigi Thede
Dance
 1 - Miranda Hurst
Recitation
 1 - Dr. Stanley Potter
 2 - Paul Meyer
 3 - Lyle Euler
Instrumental Band
 1 - The Harvatic Band
Others
 1 - Jean Williams
 2 - Jackie McCracken

LEGAL NOTICE

These machines are heavy-duty machines with a 10-year warranty. They were designed to meet all of the requirements of the schools, making it possible to sew on all fabrics with some adjustment including silk, tulle, chiffon, single and double knit, sweatshirt, canvas, denim and even leather. The stitches are built-in so you can use all of the features of the machine by setting the dial, including: normal sewing, built-in buttonhole, multi-needle stitch, flat-topped sewing, monograms, sewing on buttons, invisible blind-hem, special sweatshirt applique. The machines come with accessories, foot control and instruction manual. Your checks are welcome and Lay-A-Way is available.

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 9am - 6pm

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1600 State St.
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People

IN BRIEF

Civitan installs Howland

BIRMINGHAM-- Kemp Howland, a resident of Longwood, was recently installed as Sunshine Civitan District Governor for the 1988-89 fiscal year. Howland is one of 30 governors who will be serving in similar leadership positions throughout Europe and North America.

Howland has participated in numerous club and district activities benefiting the Longwood community.

Civitan is a worldwide organization of community service clubs. Its major emphasis is toward helping people with mental retardation and other developmental disabilities (MR/DD). Civitan funds the Civitan Research center, a research and treatment facility for MR/DD located at the University of Alabama in Birmingham.

Secretaries meet

The Winter Park Chapter Professional Secretaries International will hold its dinner meeting on Tuesday, Nov. 12 at 8 p.m. at the Langford Hotel in Winter Park.

Cost of the dinner is \$14.50. Meeting begins at 7. For more information contact Donna Gibbs at (407) 683-3870.

CALENDAR

Optimist Club meets weekly

The Sanford Optimist Club meets every Wednesday at noon at the Colonial Room in downtown Sanford. Visitors are welcome. Call 323-2194 or 322-0296.

Kiwanis Club meets Wednesday

The Kiwanis Club of Sanford holds its noon luncheon meetings every Wednesday at the Sanford Civic Center, North Sanford Avenue at the lakefront. Visiting Kiwanians are welcome. For information call Walt Smith, 323-5088.

Welcome Wagon newcomers' coffee

Seminole Spokes Welcome Wagon Club of Seminole County holds a coffee for newcomers the second Wednesday of every month from 10 a.m. until noon. For information on address, call Betty, 688-0144, or Lucy, 322-7877.

Widowed Persons meet

All widowed persons are invited to meet at 1:30 p.m. the second and fourth Wednesday of every month at the Casselberry Senior Center, 200 Lake Triplet Drive, Casselberry.

Recovery Inc. meets in Sanford

Recovery Inc., a self-help mental health organization for people who suffer from panic attacks, depression, fears and general nervous symptoms, meets every Wednesday, at 7:30 p.m., at Sanford Meadows Seventh-Day Adventist Church, 5815 N. County Road 427, Sanford. Meetings are invited to attend. For information, call 689-8666.

TOPS meets in Longwood, Apopka

A local chapter of TOPS (Take off Pounds Sensibly) meets every Wednesday at 6:30 p.m., in the auditorium of West Lake Hospital, 585 W. S.R. 434, Longwood. Weighing begins at 5:30 p.m. The first meeting is free. For information, call 869-8465 or 1-800-832-8677.

A morning meeting is held every Wednesday, at 9:30, at Lakeview Christian Church, 1400 Bear Lake Road, Apopka. For information, call 283-5048.

Al-anon gathers

If you know, or live with an alcoholic, there is help. Al-anon is an anonymous, non-profit organization, open to anyone who is a relative or friend of an alcoholic.

Serenity Won Al-anon meets each Monday, Tuesday and Thursday, (Thursday non-smoking) evening at 8 p.m. Meetings are held in the back room of the Sahara Club, 2587 South Sanford Ave., Sanford.

For additional meeting times and locations in the Central Florida area, or for more information, call 321-8122.

Nar-Anon to meet

Nar-Anon meets every Wednesday at 8 p.m. at West Lake Hospital, 585 West State Road 434, Longwood. Nar-Anon is a support group open to families and friends of addicts. Daily living with an addict is more turmoil than you can handle by yourself. Join for support in coping with your addict; gain serenity to make decisions and put your life back in focus. Call 280-1900 for more information.

Volunteer of the Week

PAY program pays off by helping youth

By SUSAN WISDOM
Herald Staff Writer

LONGWOOD -- From teaching to general assistance to others to working with juvenile delinquents, Abe Henner has given his time in numerous volunteer efforts throughout the years to give back to his community some of the blessings he has been afforded.

Henner is active with his synagogue, Congregation Beth Am in the capacity of "general construction and everything else that needs to be done." He was formerly on the executive board but now serves as a lay member.

He laughed as he said that if he lived to be 400 years old there would still be work that needed to be done. Admitting yet, that he loves every minute of his volunteer efforts.

This lively gentleman is even instrumental in repairing the many bicycles of neighborhood youth. "I work for

anybody, anytime or any place," he said. "I am retired from the stainless steel business but I work harder now than I ever did then."

A former teacher of the English language, "as a second language," Henner added that he taught for three years "some time ago" at Apopka Junior High School educating foreigners the English language in evening classes. "It was basically a survival English course," he said. "I taught them the basics like hello, how are you and simple responses."

Yet, through all his volunteer endeavors Henner spoke with a touch more enthusiasm when he shared of his work with a division of the State Attorney's Office called P.A.Y. (Prosecution Alternatives for Youth). He works from a few hours each week to well over 10 hours in this effort.

"I actually wear four hats with this work," he said. "I serve as the hearing officer but



Abe Henner enjoys working with youth.

I can be the judge, jury, attorney and defender too. We have 60 hearing officers in the program."

Henner added, "These youth are there for the purpose of sanctioning. They range in age from 11 or 12 to up to 18. Most cases involve petty theft or store theft."

His involvement in this program stemmed from a friend. "I was referred to this program by a friend of mine that's an attorney, who started this program. I took courses at Seminole Community College to prepare for this role."

A typical week for Henner when he is involved in a case consists of a Monday and Tuesday routine of studying the case and preparing for the hearing. Hearings take place

on Wednesday evening beginning at 7 p.m. and last from one to one and a half hours per hearing with two hearings scheduled. Thursday after the hearing Henner is intent and busy writing a report of action.

And after 11 years of service in this role Henner couldn't be happier. "In itself it's a very interesting way to spend your time," he said. "I just couldn't see myself sitting in front of the TV all the time. It's (the TV) a useless endeavor to do that. With this program I feel like I'm accomplishing something that's helpful to someone."

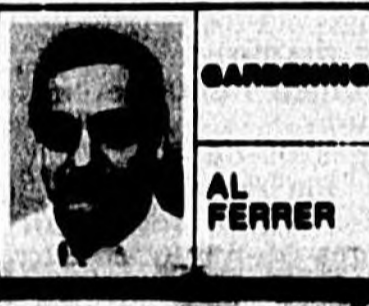
Henner has lived in the Longwood area for 18 years. He has two children, Carolyn and Warren and four grandchildren.

Ryegrass keeps winter lawns green

In Central Florida, lawn grasses such as bahiagrass, bermuda grass, and St. Augustinegrass, go dormant in the late fall and winter. During this period, these grasses grow very slowly, lose color and turn completely brown with the first frost. In order to get an attractive green lawn during the winter, a temporary grass is seeded into the permanent lawn. This practice is called "overseeding."

Winter grasses: Several cool season grasses can be used for overseeding, but by far the most common temporary grass used in Florida is ryegrass. There are three types of ryegrass: annual, intermediate and improved (perennial). Ryegrass has a fast seed germination, a good initial growth rate, has wide adaptability and is relatively low in cost. It can grow well in either sun or shade, and tolerates close and frequent mowing. If seeded heavily and mowed closely, ryegrass can provide a very dense and beautiful lawn throughout the winter. By the time the ryegrass dies, the permanent lawngrass should be actively growing again, and will provide color and cover the rest of the growing season. Ryegrass needs to be overseeded every year.

Timing: Seeding time for Central Florida is from mid-November to early December.



AL FERRER

It is recommended that seeding should be done when daytime temperatures are in the low-to-mid 70-degree Fahrenheit range. If seeding occurs during the warmer periods, water stress and diseases will reduce the stand.

Soilbed preparation: To prepare the lawn for overseeding, the grass should first be raked to remove all debris. Then, mow the lawn closely, catching or removing by raking the grass after mowing. If the lawn has excessive thatch, it should be detached with the proper equipment, to produce a uniform bed. Remove any additional material from your lawn before overseeding.

Overseeding: A seedling rate of 10 lbs/1000 sq. ft. is used for annual or common and intermediate types of ryegrass. A seeding rate of 10-20 lbs/1000

sq. ft. is used for perennial or improved ryegrass. Use a mechanical seeder and sow half the seed as you walk in one direction, and the remaining by walking at right angles to the first. After seeding, rake the ground with a stiff broom to ensure the seed gets through the grass and is in contact with the soil.

Watering: Water should be applied lightly and carefully to the seeded lawn once or twice a day until the seeds have germinated. Watering should continue until seedlings are well established. Water only as needed once plants are well established.

Maintenance: Winter lawns will require the same maintenance practices as the permanent lawn, such as mowing, watering, fertilizing, and pest control. Mowing can be done after plants are 1-2 inches high. Under normal conditions mowing should be done weekly. Mower blades should be sharp to avoid damaging the seedlings. Water only to keep the grass from wilting. Use a complete fertilizer such as 6-6-6, at a rate of 1/2 pounds nitrogen per 1000 sq. ft. initially, then monthly applications of a nitrogen fertilizer such as

ammonium nitrate, at a rate of 1/2 pounds of nitrogen per 1000 sq. ft.

Diseases: Ryegrass is very susceptible to the fungus *Pythium* which can cause damping off or a disease called cottony blight. Overwatering and overfertilizing promotes the development of the disease. This disease is more severe during warm, humid conditions. If cottony blight is present, a fungicide should be applied immediately because this disease can kill the entire winter lawn in 24 to 48 hours. Plant only fungicide-treated seeds to prevent seedling infections.

Reestablishing permanent grass: Ryegrass will normally die out in late spring, but if the weather is cool, and the lawn watered frequently, it can remain for a longer period of time. As warmer weather sets in, discontinue fertilization and water as infrequently as possible to weaken the winter grass.

(Al Ferrer is Seminole County Urban Horticulturist. Inquiries may be directed to him at the Cooperative Extension Service, 288 W. County Home Road, Sanford, Fl 32779 or phone 385-2888, Ext. 6888.

Kids need sex education both at home and school

DEAR ABBY: For some time now, I have been reading about parents who can't decide who should inform kids about sex. Some argue that the teachers should do it. Others respond that it's the parents' job. Is it me, or does this seem juvenile? Shouldn't both teachers and parents explain the facts of life to the kids? I thought the idea was to protect and educate the next generation.

Teen-agers complain that their teachers can't get past the biology of it all. They dwell so much on hormones that by the end of class nearly half the kids have their heads on their desks and they're snoring. Teachers don't like to talk about the touchy-feely stuff. (At least they didn't when I was in high school two years ago.) If kids want a discussion of foreplay, oral sex, masturbation or homosexuality, they usually have to rely on their friends, movies, magazines, etc.

The parents are usually no better than the teachers. They shouldn't wait for their children — especially their teen-agers — to start asking questions. Sex isn't something that you shut in a closet, then bring out and dust off when a kid comes of age. Sex education starts when a parent tells a child where it's OK and not OK to touch someone.

If a 16- or 17-year-old comes home and suddenly asks his or her parent's opinion about sex, it's probably already too late. But if that happens to be the case, treating the teen as if he or she has committed a mortal sin will only make the situa-



ABIGAIL VAN BUREN

even though studies show that informed teen-agers are less likely to become sexually active than those who are ignorant. Parents must recognize that if their children don't learn about sex from their teachers or their parents, they will learn it elsewhere, and what they learn can be incorrect, confusing or contrary to the parents' beliefs. Frank communication is an important means of influencing a child's behavior before a problem occurs.

The American Social Health Association (ASHA) offers a helpful booklet titled "Talking With Your Child About Sexuality," which can be ordered by sending \$8 (to cover printing postage and handling) to ASHA, Dept. DASH, P.O. Box 19997, Research Triangle Park, N.C. 27709.

JENNIFER IN NORFOLK, VA.

DEAR JENNIFER: Until parents agree on the quality of sex education their children should receive, and elect school boards who will ensure that their wishes are enforced, sex education in the schools is not likely to improve. The problem is many parents fear that talking about sex or sexuality will encourage sex,

Time	Channel	Program	Notes
7:00	3	News	
7:30	5	News	
8:00	1	News	
8:30	3	News	
9:00	5	News	
9:30	1	News	
10:00	3	News	
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9:00	5	News	
9:30	1		

Sports

B

IN BRIEF

LOCALLY

Sweep gives PDS title

WINTER SPRINGS — The PDS Hackers came from behind in both games to knock previously undefeated CTX out of title contention as the Hackers clinched the championship of the Winter Springs Monday Night Women's Fall Slowpitch Softball League.

PDS (8-0) ends the season against Soap Box Monday at 7:30 p.m. at Central Winds Park. Tiffany Potter singled in two runs in the fifth inning that erased a 5-4 deficit and the Hackers went on to win the first game 12-6.

PDS found itself down 6-2 in the fifth in the second game, but Debbie Pegel's three-run double keyed a six-run inning as the Hackers won 12-9. Jaudon Marlette had the big game, making two diving catches in left center and going four-for-four with two runs scored.

Hitting in the first game were Teresa Walburger (3-for-4, run), Kristy Kesinger (2-for-4, home run, two runs, RBI), Marlette (2-for-4, triple, three runs, two RBI), Estelle Norvell (2-for-4, two runs), Phyllis Baynes (2-for-4, two doubles, two runs, three RBI), Pegel (2-for-4, run), Jackie Janowiak (2-for-3), Tiffany Potter (single) and Terri Mann (single, run, RBI).

Contributing in game two were Mann (3-for-4, double, two runs, four RBI), Walburger (3-for-4, double, three runs), Baynes (2-for-4, run, two RBI), Connie Thomas (2-for-4, two runs), Janowiak (2-for-4, run), Pegel (2-for-3, double, run, three RBI), Kesinger (single, run) and Juanita Johnson (single, run, winning pitcher in both games, no walks).

Toucan Willies blanks foe

OVIEDO — Toucan Willies run its record to 8-1 with an 18-0 shutout of American Air behind the combined pitching of Greg Register and Harold Hitt in Oviedo Men's Wednesday Night Fall Slowpitch Softball League action.

Toucan Willies ends the year with Jokers at 8 p.m. Wednesday at the Oviedo Sports Complex.

Providing the offense for the winner's were Troy Kesinger (3-for-3, triple, two runs, two RBI), Ryan Alkire (3-for-4, double, three runs, two RBI), Ronnie Gardner (3-for-3, three runs, RBI), Kenny Tuttle (3-for-4, two runs, RBI), Chris Tullip (3-for-3, double, run, RBI), Tony Kasal (home run, two runs, four RBI), Hitt (double, run, RBI), Register (single, run, RBI) and Dan Chadmer (single, run).

AROUND THE STATE

Gators win exhibition

GAINESVILLE — Greg Williams scored a game-high 22 points, including six-of-10 3-pointers, as Florida gave new head coach Billy Donovan an 81-68 exhibition victory against High Five America Monday night.

The Gators never trailed in the game, leading by as many as 18 points early in the first half. Greg Stolt and Eddie Shannon each scored 13 points for Florida, which made 12-of-30 3-point tries. Johnny Murdock led High Five with 20 points and Preston McGriff added 15.

ELSEWHERE

Sabres 3, Panthers 2, OT

BUFFALO, N.Y. — Donald Audette scored two goals, including the game-winner with 58.7 seconds left in overtime, to give the Buffalo Sabres a 3-2 win over the Florida Panthers.

The winning goal came after Florida goaltender Mark Fitzpatrick fell on his stomach saving a Brian Holstinger shot. Audette skated in and slid it past Fitzpatrick while he was down.

Randy Burridge also scored for the Sabres (7-8-1), who snapped a two-game losing streak.

Radek Dvorak and Ed Jovanovski both scored for the Panthers, who remained atop the Atlantic Division with a 10-2-4 record after having a two-game winning streak snapped.

Smoltz wins NL Cy Young

NEW YORK — John Smoltz ended Greg Maddux's Cy Young streak at four, collecting the NL award and giving the Atlanta Braves four straight winners.

Smoltz received 28 first-place votes and two seconds for 136 points in balloting by the Baseball Writers Association of America. Florida's Kevin Brown was second with two firsts, 26 seconds and 88 points. St. Louis' Andy Benes finished third with nine third-place votes.

Hideo Nomo of the Dodgers was fourth and there was a three-way tie for fifth with Maddux, Trevor Hoffman of the Padres and Todd Worrell of the Dodgers.

Smoltz, a 29-year-old right-hander, was 24-8 with a 2.94 ERA, winning 14 consecutive decisions from April 9-June 19. He led the majors in wins and his total was the Braves' highest since 1965, when Tony Cloninger went 24-11. Smoltz also led the majors with 278 strikeouts and 253 2-3 innings.

BEST BETS ON TV

NATIONAL BASKETBALL ASSOCIATION
8 p.m. — TNT, Lakers at Rockets, (L)

Nazarene on top

Home runs vault Nazarene into Church lead

By DEAN SMITH
Herald Sports Editor

SANFORD — Frank Turner and Grady Legette combined to drive in seven runs and Wayne Gager scattered 14 hits as Sanford First Church of the Nazarene took over first place in the Sanford Recreation Department Church Fall Slowpitch Softball League at Chase Park by ending Deltona Trinity Assembly of God-Majesty's three-game winning streak, 15-7.

Turner capped a six-run second inning with a three-run, inside-the-park home run and Legette capped a four-run fourth inning with another three-run, inside-the-park home run as Nazarene improved to 4-2 on the season. Trinity-Majesty fell to 3-3.

In the other game, Sanford Central Baptist played one of its best games of the season and moved into a tie for second place with a 12-2 victory over Sanford Buen Samaritano (2-4).

Winning pitcher Jay Crutchfield was the star

Central Baptist	202	045	8	-	15	17
Buen Samaritano	181	000	0	-	3	4
First Church of the Nazarene	160	411	2	-	15	20
Trinity Assembly of God Majesty	110	201	2	-	7	14

for Central Baptist, totaling a six-hitter and driving in three runs with a pair of singles and a ground out. Richard Walker and Tracey Saxon also drove in three runs for the winners.

This Saturday at Chase Park, Nazarene faces Buen Samaritano at 9 a.m. and Trinity-Majesty battles Central Baptist for second place at 10 a.m.

Contributing for Nazarene were Donnie McCoy (four singles, two runs, RBI), Frank Turner (home run, two singles, two runs, four RBI), Mark Bolton (three singles, run), Phillip Sutherland (triple, single, three runs, RBI), Scott King (two singles, two runs, two RBI), Wayne Gager (two singles, run, RBI), Grady Legette (home run, run, three RBI), Carey Gager (single, two runs), Doug

Lotz (single, run) and Mike Holloday (single, RBI).

Providing the offense for Trinity-Majesty were Toody Roosa (home run, two singles, run, RBI), John Lavere and Larry Hartman (three singles and one run each), Rob Mullet (two singles, two runs, RBI), Carlos Rios (single, two RBI), Joe Roosa (single, RBI), Ike Mendoza (single, run) and Ruben Quinones (run).

Doing the damage for Richard Walker (double, two singles, four runs, three RBI), Mike McCoy (double, single, two runs), Mike Hartman (two singles, run, RBI), Jay Crutchfield (two singles, three RBI), Ken Perry (two singles, run), Rob Thacker (single, run, two RBI), Tracey Saxon (single, three RBI), Mike Schwarz (single, two runs), Eddie Coggon (single, run) and John Doyle and Kevin Whittington (one single each).

Doing the hitting for Buen Samaritano were Damian Steward (two singles, run), Miguel Diaz (single, run), Luis Rivera (single, RBI) and Bert Solomon and Mike Bellafano (one single each).

RAMS PLAY WEDNESDAY AT 2:30 P.M.



Coach Cindy Henry and her Class 8A-North Region I champion Lake Mary Rams will play the opening game of the Florida High School Activities Association Volleyball State Championships this Wednesday afternoon at 2:30 p.m. at George Jenkins High School in Lakeland. The Rams (18-13) will take on Palm Bay (27-1), followed by Edgewater (25-3) against Spanish River (33-0) at 4 p.m. The winner's of Wednesday's game will meet in the state finals at

7:30 p.m. on Thursday. To get to George Jenkins High School off Interstate 4: take exit 20 (Sr. 33) and go south (left) approximately one mile and turn left onto CR 666. Go 7-8 miles until you reach U.S. 98 (you will cross U.S. 92 first). Turn left and go another mile or so to Polk County Parkway and turn right. Go to dead end (Lakeland Highlands Road) and turn left, school is two-miles on left.

Kiwanis Club is Girls' champ

From Staff Reports

SANFORD — Jennifer Sellers and Billie Cotton both hit home runs as the Sanford Kiwanis Club clinched the championship of the Sanford Recreation Department Girls' Fall Slowpitch Softball League at Lakeside Field on Saturday.

Sellers also had a triple and drove in four runs and Cotton drove in two and scored three as the Kiwanis Club bested McDonald's 10-3.

Kiwanis got help from the Sanford Rotary Breakfast Club in the next game to clinch the title as Rotary Breakfast scored seven runs in the top of the seventh inning to post a come-from-behind 16-11 upset of Sanford Optimist Club.

Rotary Breakfast had scored three runs in the bottom of the sixth inning to take a 10-9 lead, but Jessie Scmitz drove in two runs with a triple and Niki Hoack later drove in another run with a triple to key the winners' big inning.

The Sanford Kiwanis Club is now 4-1, while McDonald's, Sanford Rotary Breakfast Club and Sanford Optimist Club are all 2-3.

The season is scheduled to end this Saturday with Sanford Optimist Club playing McDonald's at 9 a.m. and Sanford Rotary Breakfast Club battling Sanford Kiwanis Club at 10 a.m.

The Sanford Kiwanis Club was led by Andrea Southward (four singles, run), Jennifer Sellers (home run, triple, run, four RBI), Billie Cotton (home run, single, three runs, two RBI), Jennifer Walligursky (two singles, run), Anne Gilmartin (double), Stephanie Parra (single, two runs), Brittany Hardy (single), and Amanda Walligursky (two runs).

Hitting for McDonald's were Kristen Weaver (three singles, RBI), Becky Lambert (double, single),

See Softball, Page 2B

McDonald's	000	100	-	3	3	
Kiwanis Club	010	200	-	10	13	
Rotary Breakfast Club	000	000	7	-	16	24
Sanford Optimist Club	000	010	1	-	11	13

Jaguars break last-minute jinx to edge Ravens

By JEFF BERLINICK
Herald Staff Writer

JACKSONVILLE — The situation was nothing new to the Jacksonville Jaguars.

For the fifth time this season, the Jags had the ball with under a minute left on the clock and a deficit on the scoreboard.

Four previous times resulted in four losses including three recent ones to league dogs New Orleans, St. Louis and Cincinnati, all on the road.

This time, Baltimore came to the Cat House where Jacksonville had lost only once all season. This time, Team Turnmoll overcame a deficit with 3:50 left in regulation to pull out an improbable 30-27 win that

gave new life to a team that was down to its last breath.

Two weeks of bickering and negative comments about coach Tom Coughlin's strict regiment were forgotten when quarterback Mark Brunell found James Stewart for an eight-yard touchdown pass to cut the gap to 27-22. After a missed two-point conversion, Jacksonville stopped the Ravens on three plays to set up the winning drive.

Brunell capped off the comeback with a one-yard touchdown run on a bootleg with only 41 seconds remaining to give Jacksonville its only lead of the game.

"We were as sharp as we've ever been," Brunell said. "It says something about us that we were able to come back and finally win

one." "We've been on the other side so many times," Coughlin said. "We just found a way to win. I'm so proud of my players. These are the kinds of games in which a team gains momentum."

At first it looked like the only momentum Jacksonville had was off its two-game losing streak. Baltimore jumped out to a 17-3 halftime lead. Vinnie Testaverde, who after eight years in the league somehow woke up one day to discover he's an NFL quarterback, started the scoring with a five-yard pass to the Thriller, Michael Jackson on the Ravens' first drive of the game. Mike Hollis put the Jaguars on the board with a chip shot field goal to cut it to 7-3, then

Baltimore found the Jaguars' biggest weakness.

Reeling from the loss of Dana Hall and Mike Thomas, the Jaguars came into the game undermanned already. Testaverde found Bam Morris 10 yards downfield and Morris, breaking tackles most of the way downfield, rambled 53 yards into the end zone to make it 14-3.

Brunell was racking up the yardage and played a solid game, tossing only one interception, but went into overdrive after halftime.

"That first interception was a shame because it looked like we were finally off to the races, but he started to get sharper and kept battling," Coughlin said. "He kept

See Jaguars, Page 2B

STATS & STANDINGS

Table with columns for team names and statistics. Includes sections for 'Men's Junior College Basketball' and 'Recreation Women's Softball'.

Legal Notices

Legal notices for various courts including the County Court and Circuit Court, listing dates and case details.

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Additional legal notices for the County Court and Circuit Court.

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BLONDIE by Chis Young

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BUT BOSS, THESE HUNT THAT MUCH WORK TO GO AROUND.

THESE WILL BE, WHEN EVERY OTHER PERSON IS GONE!

BEETLE BAILEY by Mort Walker

I THINK I'VE BECOME A FRIENDLY FATHER FIGURE TO THE MEN!

ARE WE THERE YET, DADDY?

THE BORN LOSER by Art Sanson

WHO CAN GIVE ME AN EXAMPLE OF A PARADOX?

HATTIE O'HARA?

A PEDIATRICIAN AND A DENTIST.

PEANUTS by Charles M. Schulz

WHY IS YOUR DOG STANDING IN LINE?

DOGS CAN'T GO TO SCHOOL...

THEY'LL NEVER LET HIM IN THE DOOR...

SO WHY IS HE STANDING IN LINE?

THE DRIVER PROMISED I COULD SIT IN HER LAP AND STEER...

EEK & MEAK by Howie Schneider

I HAD A DREAM LAST NIGHT THAT A PLASTIC SURGEON MADE ME LOOK LIKE ELIZABETH TAYLOR.

REALLY?

HOW EXCITING... THEN WHAT HAPPENED?

I GOT DIVORCED.

TUMBLEWEEDS by T.K. Ryan

OUR NUMBERS ARE DYING... WE WILL BE EXTINCT!

YOU GOTTA BE KIDDING!

WELL, IT'S THE POSITION WE'RE IN.

BUT I FEEL SO FINX!

ARLO AND JANIS by Jimmy Johnson

MY SUIT WAS HOLED UP ON THE OUTSKIRTS OF ST. LOUIS, FRANCE.

IN THE STREET, THIS GUY PEELED OUT.

HE DIDN'T SEE US, AND HE WAS LEADING HIS BUDDY'S RIGHT AT US.

INSTINCTIVELY, I JUMPED UP... AND FELL ON MY BUTT.

FRANK AND ERNEST by Bob Thaves

CAPRICINO FRAPACINO CARPACCINO LATTE MACCHIA.

LOGGING APPOCALYPTICA FROTHERING.

THERE'S TOO MANY FANCY COFFEE DRINKS THESE DAYS, ERNIE! I JUST GOT CONFUSED AND ORDERED AN "AL PACINO".

GARFIELD by Jim Davis

HEY, YOU! SCRAM!

THIS IS MY TREE!

ROBOTMAN by Jim Meddick

WE SHOW OUR COSTUMED EMPLOYEES FILM CLIPS TO HELP THEM MASTER THE ESSENCE OF THEIR CHARACTERS.

YOUR CHARACTER, GARFIELD, ONLY APPEARS ONLY ONCE IN A FRESH, ELASTIC FILM CLIP.

IT STREETS OUT WITH YOU BEING A FINE, FINE, FINE!

THEN YOU GET BLANDED BY A STRAINROLLER.

OK... SO QUICK PLOT SUMMARY! GARFIELD THEN I DIE.

THE BOSS IS GOING TO MAKE US PLAY!

Is herbal remedy OK for menopause?

DEAR DR. GOTT: I'm 61 and interested in taking an herbal remedy from outside the United States to help ease menopausal problems. I've done some research and know this herb contains plant steroids that have estrogen-like effects. Is there an increased danger of health problems when taking this remedy? Are there side effects?

DEAR READER: Many studies have shown that herbal remedies manufactured in foreign countries (where quality control may be deficient) often contain contaminants and additives (such as steroids) that are not listed on the label and can be very dangerous. Moreover, the amount of estrogen in these compounds is not enough to reverse the symptoms of menopause or provide any significant health benefits.

Although anecdotal evidence suggests such remedies occasionally can relieve some symptoms, I advise you to avoid such products, which have been reported to cause various side effects, such as immune deficiency, and — in rare instances — death. Your gynecologist should be able to give you appropriate advice about how to cope with menopause and its complications (heart disease, osteoporosis and others), by using prescription hormones.

DEAR DR. GOTT: My husband has cataplexy. He has attacks when he cannot move. Is there medication that might help him?

DEAR READER: Narcolepsy is a rare neurological affliction, of unknown cause, marked by sudden and unpredictable attacks of sleep that occur at odd times during the day and interrupt normal activities.

Cataplexy is related to this condition. It consists of periodic and unexpected momentary paralysis, without sleep attacks or unconsciousness, that stem from vigorous emotional reactions, such as anger, fear, or joy. Unlike narcolepsy, cataplexy seems to be related to the element of surprise.

When thus affected, patients temporarily lose muscle tone and may unavoidably drop an object or may actually fall to the ground. The cause is unknown. The diagnosis of both conditions rests with the pattern of inappropriate sleep/brief paralysis.

Stimulant drugs, such as amphetamines, are used to treat both disorders; the prescription anti-depressant imipramine is the drug of choice for cataplexy.

In my opinion, your husband should be under the care of a neurologist, who can prescribe the necessary antidote and adjust the dosage so that your husband's cataplectic attacks are minimized.

DEAR DR. GOTT: You recently wrote about NutraSweet. I disagree that there are no side effects from this sugar substitute. I'm a tour director



and most of my job entails relating facts and commentary, relying on memory. Well, when drinking diet soda with this ingredient, I find my mind suddenly goes blank. It definitely appears to affect my memory. When speaking with others, they agree that it happens to them, also. Once I stop the diet soda, all is well. Your com-

ments?

DEAR READER: I am unaware of any scientific studies showing that NutraSweet, when used in moderation by the average person, causes cognitive disability or memory defects.

I urge you to bring your experience to your doctor's attention. You should have further testing to see if you have an unusual and idiosyncratic reaction to this sugar substitute that millions of people use without hazard.

If you are truly having such a reaction, it should be reported by your doctor to the Food and Drug Administration as an example of an adverse reaction. Let me know what happens. You may have discovered something that should be widely published.

ACROSS

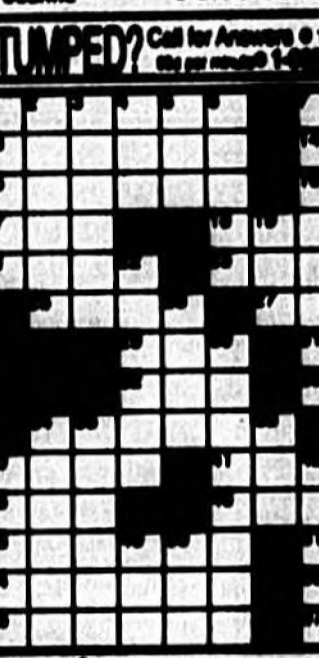
- 1 Full of crevices
- 7 Dark
- 13 Beach place
- 14 A road
- 15 Most unusual
- 16 Move to
- 17 Everything
- 18 (Slang) card
- 20 Marriage
- 21 A person
- 24 How sweet
- 26 Shade of blue
- 27 Part what you see
- 28 I think, therefore
- 29 Zero
- 30 A woman
- 31 A man

DOWN

- 2 Part of RFD
- 3 State of type
- 4 TV's Scott
- 5 (Slang) (noun)
- 6 One's relative
- 8 Have dinner at
- 9 (Slang) (verb)
- 10 Location
- 11 Public lib.

STUMPED?

Call for Answers 8 Trunk-top or Flip-Phone 800-288-3888 ext. code 100



Answer to Previous Puzzle



WIN AT BRIDGE

It makes you want to expectorate

By Phillip Alder

It is traditional to lead fourth-highest from a suit headed by at least one honor. Against suit contracts, though, many pairs now lead the third-highest from a three- or four-card suit and lowest from a five-carder. These leads, known as thirds and fifths, usually count out the suit quicker. And one isn't misled when the lead is low from honor-third, which often happens in the middle of the play. However, this style isn't recommended against a no-trump contract, because you frequently cannot afford to "waste" the third-highest card.

Defending against an aggressively bid three no-trump, West led his fourth-highest spade, the two. East knew the rules, playing third-hand

high with his jack. After winning with the king, declarer cashed the club ace and played a club to dummy's 10. Suddenly — for South — the sun burst through the clouds. Not only did East win with the king, but also the spades were blocked.

For East-West this was exasperating. If only West had led his third-highest (or second-highest or highest) spade, the suit wouldn't have become blocked and the contract would have been defeated.

"Sorry, partner," added East. "If I had played the three or seven at trick one, letting South win the first trick with his eight, the contract would have gone down."

"It's not so simple," pointed out South. "If you start like that, I might well play a heart to dummy's queen and call for the club queen. As the cards lie, I keep you (East) off the lead and get home."

This didn't make East or West feel better.

North 11-12-94

6 5
K Q 10 2
A 9 7 4 2
Q 10 6

West East

A Q 8 2 J 7 5 4 3
J 8 4 7 6 3
10 6 5 K Q 3
J 9 8 A K 5

South

K 10 8
A 9 5
J 8
A 7 4 3 2

Vulnerable: Both
Dealer: South

South West North East
1 NT Pass 1 NT Pass
1 NT 3 NT All pass

Opening lead: A 2

Your Birthday

Wednesday, Nov. 13, 1988

Try to remain alert in the year ahead so that you can distinguish between real opportunities and pipe dreams. If you make sound choices, the results could be very satisfying.

SCORPIO (Oct. 24-Nov. 22) People who work for you today might not comply with your wishes unless you watch them and check what is being done. Astro-Graph predictions for the year ahead make wonderful Christmas stocking stuffers for all signs of the zodiac. Mail \$2 for each and \$26 to Astro-Graph, c/o this newspaper, P.O. Box 1788, Murray Hill Station, New York, NY 10158. Make sure you state desired zodiac sign.

SAGITTARIUS (Nov. 23-Dec. 21) Try to avoid extravagance today, and watch out for friends who might try to involve you in an expensive adventure.

CAPRICORN (Dec. 22-Jan. 19) It will be better to do one thing and do it properly today instead of attempting several things at once. Try to prioritize your tasks.

AQUARIUS (Jan. 20-Feb. 18) You will not have much success if you try to persuade others to do something for you which you can easily take care of yourself.

PISCES (Feb. 19-March 20) Involvements that have strong elements of risk should be avoided today, because your fear of losing might take precedence over your will to win.

ARIES (March 21-April 19) If you sense resistance, you might slow down instead of pushing the pedal to the metal. To achieve your goals today, you must be tenacious.

TAURUS (April 20-May 20) Take care not to create unnecessary problems for yourself today. Think before you act. You should be your biggest advocate, not your worst enemy.

GEMINI (May 21-June 20) Assess your finances realistically today and set your budget accordingly. You should not be extravagant or borrow from others. Make do with what you have.

CANCER (June 21-July 22) Keep important objectives in clear focus today, or else you may drift off on a tangent and something that could have been acquired will not be attained.

LEO (July 23-Aug. 22) It will prove wise today to try to temper your grandiose ideas with a healthy sprinkling of reality. For best results, maintain a balanced perspective.

VIRGO (Aug. 23-Sept. 22) A proposal presented to you today by someone you do not know too well could have strings attached. Examine the package carefully.

LIBRA (Sept. 23-Oct. 22) You and your mate might argue about your collective resources today. Strive to reach an agreement as soon as possible.

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by Leonard Starr

ANNIE

...SO HAPPY WHEN PEEBLES' PARTY COMES FROM! WHAT A FLOOR TO PLAN!

AN DON'T GREAT IT DOO...

...IT'S ALMOST LIKE SHE'S CHECKING HER MATHS WITH A CHECK UP 'IN' SHE'S...

WHAT ARE YOU SAYING?

GARR...