

POLICE BLOTTER

Sanford
Paul Henry Kafka, 24, 115 Goodhart St., Lake Mary is in Seminole County Jail, \$5,000 bond, charges, petit larceny, assault and battery and resisting arrest with violence.

County
Felton Carter, 45, 725 Logan Dr., Longwood is in Seminole County Jail, \$5,000 bond, charge, alligator poisoning.

John E. Donovan, 101 Ranch Jr., Lake Ann Estates reported car transmission valued at \$300 was stolen, Tuesday, from a storage area at his home.



City and county officials, Mrs. Lormann and Kimbrough, sign clinic site lease.

Longwood Clinic Lease Is Signed

By DONNA ESTES Herald Staff Writer

LONGWOOD — The few remaining old-timers who spearheaded the drive to build a city medical clinic in the mid-1950's, some with tears clouding their eyes, applauded Tuesday as a major step in constructing a new facility was taken by a joint city-county committee.

County Health Department personnel used the building for a free clinic for 15 years before its ouster a year ago on orders from Mayor Eugene Jaques and the city council in office at that time.

City Seeks Place To Stow Bargain

WINTER SPRINGS — Franchise money to repay the bargain hunter Councilman Donald Browning announced to City Council at this week's meeting the results of a shopping spree on the city's behalf.

Police Searching For Stolen Dogs

By SEAN CODE Herald Staff Writer

No progress has been reported by Sanford police in their effort to locate two dogs stolen from the Seminole County Animal Control facility Sunday night.

The missing dogs identified as pit bull dogs by Charles Fillingier, animal control director, and a third, a stray boxer, were taken two days before the 10-day rabies observation period would have ended.

Sanford Seeking Zoning Opinion

By BOB LLOYD City Editor

Sanford city commissioners have authorized City Atty. Vernon Mize to seek, if necessary, a State Atty. General's opinion on whether city zoning ordinances and other regulations are applicable to county government owned facilities inside the city.

Kidnaping Suspect Eason Free On Bond

ORLANDO, Fla. (AP) — One of two men charged in the October 10 extortion-kidnaping of an Orlando bank president's wife has been freed from jail after posting a \$25,000 bond.

Hawkins Will Vote On Fuel Charge

TALLAHASSEE, Fla. (AP) Public Service Commission Chairman Paul Hawkins today withdrew his disqualification and said he would vote on the issue of whether fuel adjustment charges are illegal and should be halted.

Fire Department Created

By JANE CASSELLBERRY Herald Staff Writer

WINTER SPRINGS — City Council Monday night passed an ordinance officially creating a city fire department and giving the fire chief administrative authority.

The motion carried 3-2 with Hunter, Police Commissioner John Booth casting "no" votes. Booth had reported that Holzman, who has been using his personal car without reimbursement, will no longer continue to do so.

Police Searching For Stolen Dogs

attacked his sister, charged a friend of his who was riding his motorcycle down the street. No injuries were reported at that time.

Sanford Seeking Zoning Opinion

Sanford city commissioners have authorized City Atty. Vernon Mize to seek, if necessary, a State Atty. General's opinion on whether city zoning ordinances and other regulations are applicable to county government owned facilities inside the city.



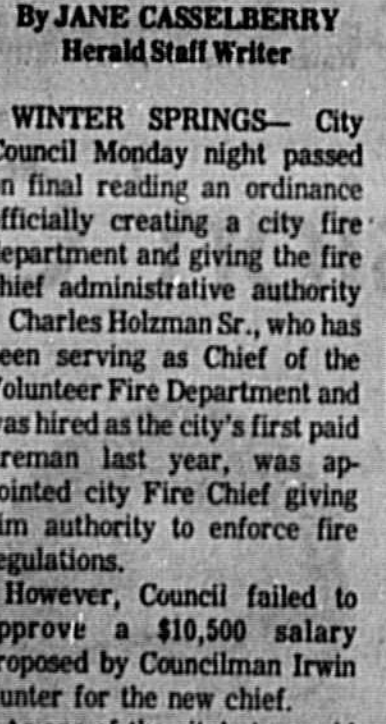
CANDIDATE
Delbert J. Egan, of 201 E. 19th Street, has qualified to oppose incumbent Sanford city commissioner John Morris in his bid for reelection in the Dec. 3 city election.

HOSPITAL NOTES

OCT. 23, 1974
ADMISSIONS:
Sanford:
Willie F. Stevens
A. Jane F. Guina
June B. Markovitz
Keith Westfall
Terry G. Gussow
Allie Kellie
Glady E. Elder
Charlie B. Burchett, DeBarry

WEATHER

Yesterday's high 77, low 58. Partly cloudy to cloudy through Thursday. Mild with high 70s and 75s and a 10 to 15 mph wind.



CHARLES HOLZMAN

The motion carried 3-2 with Hunter, Police Commissioner John Booth casting "no" votes. Booth had reported that Holzman, who has been using his personal car without reimbursement, will no longer continue to do so.

Council approved purchase of reflective shield decals for police and fire department vehicles as well as painting reflective markings on the front and rear of each vehicle.

Police Searching For Stolen Dogs

attacked his sister, charged a friend of his who was riding his motorcycle down the street. No injuries were reported at that time.

Sanford Seeking Zoning Opinion

Sanford city commissioners have authorized City Atty. Vernon Mize to seek, if necessary, a State Atty. General's opinion on whether city zoning ordinances and other regulations are applicable to county government owned facilities inside the city.



CANDIDATE
Delbert J. Egan, of 201 E. 19th Street, has qualified to oppose incumbent Sanford city commissioner John Morris in his bid for reelection in the Dec. 3 city election.

Police Searching For Stolen Dogs

attacked his sister, charged a friend of his who was riding his motorcycle down the street. No injuries were reported at that time.

Sanford Seeking Zoning Opinion

Sanford city commissioners have authorized City Atty. Vernon Mize to seek, if necessary, a State Atty. General's opinion on whether city zoning ordinances and other regulations are applicable to county government owned facilities inside the city.

Police Searching For Stolen Dogs

attacked his sister, charged a friend of his who was riding his motorcycle down the street. No injuries were reported at that time.

Sanford Seeking Zoning Opinion

Sanford city commissioners have authorized City Atty. Vernon Mize to seek, if necessary, a State Atty. General's opinion on whether city zoning ordinances and other regulations are applicable to county government owned facilities inside the city.

NATION IN BRIEF

Students Visit School

CHARLOTTE, N.C. (AP) — "The only similarity between our school and your school is the blackboard," said one of four Boston high school students here to take a look at Charlotte's integrated school system.

FBI Hunts Truck Burglars

CHICAGO (AP) — A nationwide alert has been issued for two men and a green van in connection with the \$1.8-million burglary of an armored truck company, the FBI reported today.

White Collar Crime

WASHINGTON (AP) — Federal prosecutors say they're digging into more white-collar crimes than ever in support of a Justice Department crackdown on corruption in corporate boardrooms and public offices.

Chrysler Losses Revealed

DETROIT (AP) — Chrysler Corp. has reported a third-quarter profit of \$11.2 million in U.S. and Canadian operations and increased sales revenue worldwide.

Dean Questioned

WASHINGTON (AP) — Defense lawyers in the Watergate cover-up trial are going to press their efforts to erode the credibility of John W. Dean III with questions about his personal use of a secret political fund.

Congress Threat To Peace

WASHINGTON (AP) — Stepping up his personal campaign for Republican candidacy, President Ford is arguing that a big Democratic election victory could threaten the peace of the world.

U.S. Checking Building

WASHINGTON (AP) — The United States is asking Russia about some puzzling construction and radar developments to make sure they do not violate the nuclear arms limitation agreement, administration sources say.

WORLD IN BRIEF

Britons Bombed Again

LONDON (AP) — The second bomb explosion in two weeks in London's fashionable St. James district hit a private club Tuesday night as Conservative party leader Edward Heath was having dinner across the street.

Papadopoulos Arrested

ATHENS, Greece (AP) — Former dictator George Papadopoulos and his four closest associates have been arrested and jailed, the government announced today.

Kissinger In USSR

MOSCOW (AP) — Secretary of State Henry A. Kissinger arrives in Moscow today for another attempt to move the Soviet and U.S. governments toward an agreement to curtail the nuclear arms race.

Lower Prices To WIN--Muskie

WASHINGTON (AP) — President meet regularly with business and labor leaders in all major sectors of the economy to help out guidelines for action and agreements for restraint," Muskie said.

WASHINGTON (AP) — President meet regularly with business and labor leaders in all major sectors of the economy to help out guidelines for action and agreements for restraint," Muskie said.

WASHINGTON (AP) — President meet regularly with business and labor leaders in all major sectors of the economy to help out guidelines for action and agreements for restraint," Muskie said.

Family Farmers - Organize Or Fold

NASHVILLE, Ill. (AP) — Like his father, Casimir Kozuszek worked all his life to leave something for his sons: the family dairy farm. But his sons won't have it. Inflation milked it dry.

NASHVILLE, Ill. (AP) — Like his father, Casimir Kozuszek worked all his life to leave something for his sons: the family dairy farm. But his sons won't have it. Inflation milked it dry.

NASHVILLE, Ill. (AP) — Like his father, Casimir Kozuszek worked all his life to leave something for his sons: the family dairy farm. But his sons won't have it. Inflation milked it dry.

ECKERD'S HALLOWEEN SPECIALS advertisement featuring various products like Brach Candy Corn, Anacin Tablets, Digel, Kodak Pocket To Outfit, Polaroid Color Film, and others with prices and promotional offers.

GRAMKOW FUNERAL HOME advertisement with contact information and services offered.

Evening Herald Sunday Herald advertisement with subscription information.

Evening Herald

300 N. FRENCH AVE., SANFORD, FLA. 32711
Area Code 305-321-8111 or 831-9993
WAYNE D. DOYLE, Publisher
TOM AIKENS, Editor
ROBERT C. MARKEY, Advertising Director

Legal Profession Takes A Bum Rap

There are few members of our society in less need of a public defender than members of the legal profession. The nature of their profession demands that they be articulate — and most are sometimes, to a fault.

Still, we would be walking away from our obligations as a newspaper if we didn't comment at least briefly on the position of Altamonte Springs Police Chief Justus East as outlined in Monday's Evening Herald.

East, in an interview with Staff Writer Donna Estes for her series on the Florida Bar Association's recommendation that the municipal court system be retained, charged that members of the legal profession are not interested in reducing crime but rather "foster its increase so they can make more money."

Now that is either the most irresponsible statement we've heard in years or Chief East is woefully ignorant of the function of the legal profession. It is absurd and libelous to charge any group with being interested in fostering crime and it is ridiculous to say that lawyers would do so if they can make more money.

In the first place the legal profession came into being because not everyone — despite what Chief East may think — who is arrested is necessarily guilty; in fact, most are not, and it is the responsibility of each member of the bar to see that every defendant, regardless of the charge or the man's station in life, receives the best and most complete defense possible under the law. That is their only reason for being, just as a doctor's only reason for being is to see that each of his patients receive the best possible medical treatment. In both instances, they are dealing with the lives and futures of fellow human beings.

And as for the charge that members of the bar foster crime so they can make more money, well again Chief East reveals a distressing ignorance of what goes on in real life. There are very few lawyers who, given the opportunity, wouldn't prefer to practice civil as opposed to criminal law if their primary goal was to make money. In fact, one of the distressing things about the state of the bar today is the relatively few attorneys practicing criminal law.

All we know about the Baileys and the Bellis and the Foremans and the Williams' but these are men who have reached the pinnacle of their profession and their services are available to very few of us. On the other hand, go to any large city and start inquiring around for a good defense attorney and you'll find they are few in number. And those who are acknowledged as "professionals" in their field are usually up to their necks in clients, few of whom will ever be able to pay more than a token fee.

We're all human, lawyers and police chiefs alike. We all make mistakes, lawyers, police chiefs and editorial writers. But when we're speaking to the public on controversial issues, we should exercise some sense of responsibility and restraint. Regrettably, Chief East did neither.

BERRY'S WORLD



What this means is that South Vietnam may be able to struggle through for the foreseeable future despite its own considerable political and economic problems and despite the Senate and House slash in President Ford's assistance proposals.

What the South needs more than anything else these days is expert technical advice, mainly in practical economics and particularly in small-scale farm and business operations. For Hanoi's soldiers will most certainly destroy major factories and large-scale land development programs — through continued disruption and discouragement of major foreign investment, except, perhaps in offshore oil.

THOUGHTS

"As for yourself, you shall go to your fathers in peace; you shall be buried in a good old age." — Genesis 15:15.
"I shall grow old, but never lose life's zest, because the road's last turn will be the best." — Henry Van Dyke, American clergyman.

JACK ANDERSON

State Department Denies White Tilt

WASHINGTON — The State Dept. has solemnly denied our story that Henry Kissinger's first tilt was toward the white supremacist nations of Southern Africa.

Although we had requested comment four days earlier, the State Dept. waited for our story to appear. It "takes a little straining," said a spokesman, "to say we have tilted toward the white regimes of Africa."

This is precisely the comment our African policy documents called for. Kissinger personally selected as U.S. policy the second option in the secret National Security Memorandum 39.

The United States "would maintain public opposition to racial repression but relax political isolation and economic restrictions on the white states."

Kissinger changed American policy from "basic opposition" to "public opposition" toward racial repression in the white-ruled African countries. He changed the existing policy of "correct relations" to a "quiet" policy of more relaxed relations.

Previously, the United States had enforced a strict arms embargo against the white supremacists and kept official contacts to a minimum.

But after Kissinger changed the policy, the United States approved the sale of aircraft to South Africa; sold Portugal some Boeing 707s that were used to ferry troops to her white colonies; allowed Union Carbide to import chrome from Rhodesia; attempted to retain a consulate in Salisbury, Rhodesia; and vetoed more stringent sanctions against Rhodesia in the United Nations.

The State Dept., in all fairness, resisted the changes which were forced upon them by Kissinger's deputies in the basement of the White House. Kissinger was so disturbed at the State Dept., in fact, that he didn't trust them to communicate the new policy to South Africa.

Instead, he took the extraordinary step of sending the message through an individual column in "Out of the Blue," the Star's Washington correspondent Ken Owen now reveals, "I was summoned to the Executive Office Building beside the White House and asked if I would use my regular column of comment on American affairs in the Star to convey a message directly to Pretoria (the South African capital)."

Owen told my associate Joe Spear that he spoke to a Kissinger aide who gave him a full briefing on the new policy. He was asked "to emphasize the necessity for Pretoria to respond in a manner which would protect President Nixon's flank from Black Africa, from Negro groups and from the professional anti-apartheid lobby."

Owen claimed that the State Dept.'s professionals regained the ascendancy over African policy after Kissinger became absorbed by Middle East and Watergate.

The tilt toward the white regimes, he said, "still remains technically the American policy, but it has become a posture instead of a process."

FOOTNOTE: We have checked out Ken Owen's story; with our own high-level sources who confirm its accuracy.

INSIDE THE WHITE HOUSE: President Ford's barber, Milton Pitts, has sold him on a more modern look. Pitts sketched a proposed new hairline on a picture of the President in the Washington Post and showed it to Ford. The barber wanted to eliminate the shaved gap around the President's ears which went out of style a decade ago.

Consumer representative Carol Foreman started President Ford at the secret White House session which spanned his new "Whip Inflation Now" program. "Mr. President," she confronted him, "you've asked us to reduce waste by five per cent, reduce driving by five per cent and increase taxes by five per cent. Could we ask the big oil companies to reduce their profits by five per cent in order to lower the cost of heating oil this winter so people won't freeze?" Ford latched the suggestion to the ad hoc advisory group which rejected it.

RAY CROMLEY

Vietnamese Economy In Bad Shape

WASHINGTON — (NEA) — North Vietnam is falling in its attempt to bring recovery to its war-torn economy while continuing a military buildup and aggressive skirmishes in the South.

The three-year economic plan has been scrapped. The State Planning Commission, the Central Agricultural Commission, and the Ministry of Engineering and Metallurgy (key to heavy industrial development) have been reshuffled; their chiefs and primary deputies have been fired. Deputy premiers, one from the Politburo, have taken their jobs.

North Vietnam's political leaders have blamed the poor management of the ousted men for the North's bitter economic problems. What is obvious, however, is that the strain of Hanoi's military activities in South Vietnam, combined with the North's reconstruction problems, are more than can be handled by the inherently inefficient and unskilled bureaucracy of the North, compounded by domestic Politburo political objectives inimical to economic growth.

Tens of thousands of young people are being transferred from the heavily-populated delta to the mountain and foothill regions of the North in a desperate attempt to boost output. For in spite of the reclamation programs of the past decade, the total land under cultivation in North Vietnam has declined by 5 to 7 per cent.

Though large investments and a great deal of forced labor have been poured into state farms, the current belief is that workers on these projects are cultivating only a fifth of the land allotted. Productivity is currently deteriorating.

A bare third of the 30,000 middle school graduates in agricultural science are serving in agriculture — at least on the farms. Most have little impact. According to reports from Hong Kong, few of these young men and women have been assigned to jobs for which they were trained. News from the field indicates most are distrusted by farm managers. The newcomers, these men say, don't have the right attitude.

There are frequent press reports of a lack of socialist spirit.

There are also repeated reports of farmers encroaching with their private plots on collective rice fields and of men finding ways to spend less than the required hours on communal land. One dispatch states that 110th of the cooperative land in some districts is under private cultivation.

Transportation is said to be in a state of "chronic disease."

Though the Soviet Union and China pour increasing amounts of economic assistance into North Vietnam, this aid does not seem to be turning the tide. According to Europeans in close touch with the situation, the Politburo planners do not know how to efficiently use these resources and much is being wasted.

What this means is that South Vietnam may be able to struggle through for the foreseeable future despite its own considerable political and economic problems and despite the Senate and House slash in President Ford's assistance proposals.

What the South needs more than anything else these days is expert technical advice, mainly in practical economics and particularly in small-scale farm and business operations. For Hanoi's soldiers will most certainly destroy major factories and large-scale land development programs — through continued disruption and discouragement of major foreign investment, except, perhaps in offshore oil.

THOUGHTS
"As for yourself, you shall go to your fathers in peace; you shall be buried in a good old age." — Genesis 15:15.
"I shall grow old, but never lose life's zest, because the road's last turn will be the best." — Henry Van Dyke, American clergyman.

It would be interesting to "dig a little deeper" concerning a certain legal firm's contribution to a certain local candidate. That \$1945 contribution includes all of the Agriculture Department has not yet revealed the amount of the increase. Bottlers say dairy co-ops in southern Florida are charging 11 cents per half-gallon over federal minimums, which one government economist said was the highest extra charge ever recorded.

TOM TIEDE

New Faces Needed In Washington

WASHINGTON — (NEA) — British critic Malcolm Muggeridge says that he has cast only one political vote in his life — for a candidate who, having recently been released from a mental institution, had a documented sitting in his sanity. This November, American voters will likely have no such luck judging the suitability of office seekers, but there will be at least one kind of documentation to consider: each candidate will be classified as incumbent or no and perhaps this should weigh in a voter's decision.

A Washington group called The New American Revolution believes that except in rare cases, voters should reject incumbents this year, specifically those who've held their offices for two terms or more. Hugo Buchering, Revolution coordinator, says election day should be rejection day for officials who've grown old in their jobs.

The idea, Buchering adds, is not just to throw the old rascals out, but to return public office to that which it was originally intended to be, an ever-changing repository for fresh ideas and activity unencumbered by political self interest.

The thought is not new, as witness the 22nd Amendment, but, understandably, it is rarely discussed in this town. Sen. Mark Hatfield (R-Ore.) had the audacity to suggest the possibility in the Senate a few years ago. He felt no member of Congress should serve more than 18 years. Not surprising, his support was zero. Term limitation is dirty language among politicians.

"All members of Congress have a primary interest in being reelected," as ex-Representative Frank E. Smith once put it, "some members have no other interest."

And, to be sure, there are some serious flaws in the limitation thesis. On those wonderful occasions, as for example, "w," a truly decent man are elected to public trust it would seem a shame not to take advantage of their excellence for as long a time as possible. If Abe Lincoln were mayor, and George Wallace challenging, the question of having a fresh face with fresh ideas becomes moot.

On the other hand, limiting the term of the President has had no noticeable effect on the democracy, nor has the same curb on governors resulted in disaster for the states that so rule.

The fact is, public office is not as accommodating to change as it once was. The founding fathers intended that the doors to elected responsibility should swing easily both ways so that a fickle electorate could regularly yank people out to put people in. Over the decades, however, elected office has tended to become a career rather than a fling. In 1870, according to Hugo Buchering, there was a 30 per cent turnover in Congress each election, in 1900 this turnover fell to 30 per cent, and now it is about 12. During the last election 73 per cent of incumbent senators and 96 per cent of incumbent representatives won reappointment.

On balance it is probably not a good idea to be against a candidate merely because he has won before. But there are, no doubt, some ways to make up one's mind on Election day.

The Sanford City Commission races are only starting to heat up.

I've been told there are two women waiting until exactly the "right time" to make their announcements officially.

And the latest "gent" to be considering the plunge is a well-known sports enthusiast and supporter who has already picked up his qualifying papers.

A woman caller buzzed me and wanted to know "how come Senator Kennedy isn't to be heard from regarding the school racial problems they're having in Boston?"

"It's O.K. for him to come down South, and he even went over to England to try and tell them how to solve their problems. But, when it's right under his nose, ... not a word!"

FLORIDA IN BRIEF

Disclosure Violation Charged

TALLAHASSEE, Fla. (AP) — Rep. Jerry Melvin, D-Fort Walton Beach, has been accused by a defeated election rival of violating financial disclosure and conflict-of-interest laws.

The House Standards and Conduct Committee scheduled a hearing today on the charges, which Melvin termed "ridiculous."

The allegations were filed before the Ethics Committee by Kenneth E. Bales of Fort Walton Beach, defeated by Melvin in the Democratic primary.

The alleged violations involved the leasing of office space in a Melvin-owned Fort Walton Beach building to the Florida Department of Criminal Law Enforcement.

High Winds Buffet Beaches

MIAMI (AP) — Winds of up to 45 miles an hour were buffeting the East Coast from the Carolinas to Florida today. Forecasters said beach erosion and minor flooding would last until the end of the week.

Glenn Schwartz of the National Hurricane Center in Miami said Tuesday that the winds "will blow hard for several days with no significant decrease until at least Thursday and it will take even longer for the seas to calm down."

"That wave action is just about all along the East Coast all the way to Jacksonville and the Carolinas," Schwartz said. "But Florida's getting the worst of it."

Seas as high as 15 feet were reported offshore but a spokesman for the Coast Guard in Miami said there was no increase in emergency calls.

Ranchers, Solons To Meet

TALLAHASSEE, Fla. (AP) — Florida ranchers and congressmen will meet Friday to talk over problems affecting the beef industry.

Agriculture Commissioner Doyle Conner said Tuesday that a forum would be held Friday in Gainesville. Rep. Bob Aiken and Sen. Lawton Chiles are among those expected to attend.

O'Malley was indicted last week on two counts of accepting \$50,000 in unauthorized compensation and one count of perjury.

O'Malley was charged by the Leon County grand jury with taking \$40,000 from law partners to send insurance cases their way and \$10,000 from a banker seeking state treasury deposits.

But O'Malley has strongly resisted calls for his resignation. Campaigning in Tampa on Tuesday, he reiterated his intention of remaining in the race and said that Florida law requires "Democratic" commitment to support him.

Latham also can be expected to stay in the contest. "It looks like nothing will be done," Thomas said of the Latham candidacy. "No action will be taken and Latham will be our candidate."

FLORIDA IN BRIEF

Disclosure Violation Charged

TALLAHASSEE, Fla. (AP) — Rep. Jerry Melvin, D-Fort Walton Beach, has been accused by a defeated election rival of violating financial disclosure and conflict-of-interest laws.

The House Standards and Conduct Committee scheduled a hearing today on the charges, which Melvin termed "ridiculous."

The allegations were filed before the Ethics Committee by Kenneth E. Bales of Fort Walton Beach, defeated by Melvin in the Democratic primary.

The alleged violations involved the leasing of office space in a Melvin-owned Fort Walton Beach building to the Florida Department of Criminal Law Enforcement.

High Winds Buffet Beaches

MIAMI (AP) — Winds of up to 45 miles an hour were buffeting the East Coast from the Carolinas to Florida today. Forecasters said beach erosion and minor flooding would last until the end of the week.

Glenn Schwartz of the National Hurricane Center in Miami said Tuesday that the winds "will blow hard for several days with no significant decrease until at least Thursday and it will take even longer for the seas to calm down."

"That wave action is just about all along the East Coast all the way to Jacksonville and the Carolinas," Schwartz said. "But Florida's getting the worst of it."

Seas as high as 15 feet were reported offshore but a spokesman for the Coast Guard in Miami said there was no increase in emergency calls.

Ranchers, Solons To Meet

TALLAHASSEE, Fla. (AP) — Florida ranchers and congressmen will meet Friday to talk over problems affecting the beef industry.

Agriculture Commissioner Doyle Conner said Tuesday that a forum would be held Friday in Gainesville. Rep. Bob Aiken and Sen. Lawton Chiles are among those expected to attend.

O'Malley was indicted last week on two counts of accepting \$50,000 in unauthorized compensation and one count of perjury.

O'Malley was charged by the Leon County grand jury with taking \$40,000 from law partners to send insurance cases their way and \$10,000 from a banker seeking state treasury deposits.

But O'Malley has strongly resisted calls for his resignation. Campaigning in Tampa on Tuesday, he reiterated his intention of remaining in the race and said that Florida law requires "Democratic" commitment to support him.

Latham also can be expected to stay in the contest. "It looks like nothing will be done," Thomas said of the Latham candidacy. "No action will be taken and Latham will be our candidate."

NAACP Plans Reapportionment Suit

TALLAHASSEE, Fla. (AP) — In an attempt to make it easier for blacks to get elected to the Florida Legislature, the state NAACP says it plans to sue for reapportionment into single-member legislative districts.

The Rev. R.N. Gooden of Tallahassee, the group's field director, said Tuesday that reapportionment of the 120-member Florida House and 49-member Senate was the only way to get more blacks as lawmakers.

Only three blacks were in the 1974 Legislature, all in the house.

The suit, approved at the state NAACP convention last week in Gainesville, probably will be filed in January in Tallahassee, Gooden said.

The Florida chapters of the civil rights organization also voted to:

—Ask Education Commissioner Ralph Turlington to recommend that the Board of Regents stop using scores on the 12th-grade placement test as criteria for entrance to Florida universities.

—Demand that Turlington make 15 per cent of his professional staff black.

—Ask Gov. Reubin Askew and the state Cabinet to pardon Wilbert Lee and Freddie Pitts, two black men imprisoned for the murder of two white service station attendants 11 years ago in Port St. Joe.

Askew has said his office is reviewing the Pitts-Lee case.

Asked why more blacks didn't run for the Legislature this year, Gooden replied: "They probably didn't think they had a chance."

Alabama blacks gained 25 seats in its Legislature after reapportionment, Gooden added.

The present multi-member legislative districts, which include Florida's most populous counties, discriminate against blacks and minority groups, Gooden said.

The appointment, developed through use of a computer in 1972, has been upheld by the Florida Supreme Court.

Gooden said the NAACP chapters wanted suspension of use of the 12th-grade test because it discriminates against blacks who have been steered into nonacademic courses by white counselors.

FLORIDA IN BRIEF

Disclosure Violation Charged

TALLAHASSEE, Fla. (AP) — In an attempt to make it easier for blacks to get elected to the Florida Legislature, the state NAACP says it plans to sue for reapportionment into single-member legislative districts.

The Rev. R.N. Gooden of Tallahassee, the group's field director, said Tuesday that reapportionment of the 120-member Florida House and 49-member Senate was the only way to get more blacks as lawmakers.

Only three blacks were in the 1974 Legislature, all in the house.

The suit, approved at the state NAACP convention last week in Gainesville, probably will be filed in January in Tallahassee, Gooden said.

The Florida chapters of the civil rights organization also voted to:

—Ask Education Commissioner Ralph Turlington to recommend that the Board of Regents stop using scores on the 12th-grade placement test as criteria for entrance to Florida universities.

—Demand that Turlington make 15 per cent of his professional staff black.

—Ask Gov. Reubin Askew and the state Cabinet to pardon Wilbert Lee and Freddie Pitts, two black men imprisoned for the murder of two white service station attendants 11 years ago in Port St. Joe.

Askew has said his office is reviewing the Pitts-Lee case.

Asked why more blacks didn't run for the Legislature this year, Gooden replied: "They probably didn't think they had a chance."

Alabama blacks gained 25 seats in its Legislature after reapportionment, Gooden added.

The present multi-member legislative districts, which include Florida's most populous counties, discriminate against blacks and minority groups, Gooden said.

The appointment, developed through use of a computer in 1972, has been upheld by the Florida Supreme Court.

Gooden said the NAACP chapters wanted suspension of use of the 12th-grade test because it discriminates against blacks who have been steered into nonacademic courses by white counselors.

FLORIDA IN BRIEF

Disclosure Violation Charged

TALLAHASSEE, Fla. (AP) — In an attempt to make it easier for blacks to get elected to the Florida Legislature, the state NAACP says it plans to sue for reapportionment into single-member legislative districts.

The Rev. R.N. Gooden of Tallahassee, the group's field director, said Tuesday that reapportionment of the 120-member Florida House and 49-member Senate was the only way to get more blacks as lawmakers.

Only three blacks were in the 1974 Legislature, all in the house.

The suit, approved at the state NAACP convention last week in Gainesville, probably will be filed in January in Tallahassee, Gooden said.

The Florida chapters of the civil rights organization also voted to:

—Ask Education Commissioner Ralph Turlington to recommend that the Board of Regents stop using scores on the 12th-grade placement test as criteria for entrance to Florida universities.

—Demand that Turlington make 15 per cent of his professional staff black.

—Ask Gov. Reubin Askew and the state Cabinet to pardon Wilbert Lee and Freddie Pitts, two black men imprisoned for the murder of two white service station attendants 11 years ago in Port St. Joe.

Askew has said his office is reviewing the Pitts-Lee case.

Asked why more blacks didn't run for the Legislature this year, Gooden replied: "They probably didn't think they had a chance."

Alabama blacks gained 25 seats in its Legislature after reapportionment, Gooden added.

The present multi-member legislative districts, which include Florida's most populous counties, discriminate against blacks and minority groups, Gooden said.

The appointment, developed through use of a computer in 1972, has been upheld by the Florida Supreme Court.

Gooden said the NAACP chapters wanted suspension of use of the 12th-grade test because it discriminates against blacks who have been steered into nonacademic courses by white counselors.



Brooks Jackson Milk Co-ops Using Law To 'Rip Off' Customers

WASHINGTON (AP) — Milk prices in most parts of the country are being held above federal minimums through the bargaining power of big dairy cooperatives, according to governmental and private statistics.

The government calculated that extra charges levied by coops amounted to an average of 1.3 cents per half-gallon nationwide last June, the most recent month for which an official average is available.

The average has risen since then, but the Agriculture Department has not yet revealed the amount of the increase. Bottlers say dairy co-ops in southern Florida are charging 11 cents per half-gallon over federal minimums, which one government economist said was the highest extra charge ever recorded.

Co-ops are able to charge prices above federal minimums because of their size and partial immunity from antitrust laws.

Under present law, bottlers must pay at least what the government sets as the minimum price for fluid milk in 61 federally regulated markets, which account for about 80 per cent of the nation's fluid milk. But coops are free to demand more, and also are free to join in price-fixing associations among themselves.

On balance it is probably not a good idea to be against a candidate merely because he has won before. But there are, no doubt, some ways to make up one's mind on Election day.

FLORIDA IN BRIEF

Disclosure Violation Charged

TALLAHASSEE, Fla. (AP) — In an attempt to make it easier for blacks to get elected to the Florida Legislature, the state NAACP says it plans to sue for reapportionment into single-member legislative districts.

The Rev. R.N. Gooden of Tallahassee, the group's field director, said Tuesday that reapportionment of the 120-member Florida House and 49-member Senate was the only way to get more blacks as lawmakers.

Only three blacks were in the 1974 Legislature, all in the house.

The suit, approved at the state NAACP convention last week in Gainesville, probably will be filed in January in Tallahassee, Gooden said.

The Florida chapters of the civil rights organization also voted to:

—Ask Education Commissioner Ralph Turlington to recommend that the Board of Regents stop using scores on the 12th-grade placement test as criteria for entrance to Florida universities.

—Demand that Turlington make 15 per cent of his professional staff black.

—Ask Gov. Reubin Askew and the state Cabinet to pardon Wilbert Lee and Freddie Pitts, two black men imprisoned for the murder of two white service station attendants 11 years ago in Port St. Joe.

Askew has said his office is reviewing the Pitts-Lee case.

Asked why more blacks didn't run for the Legislature this year, Gooden replied: "They probably didn't think they had a chance."

Alabama blacks gained 25 seats in its Legislature after reapportionment, Gooden added.

FLORIDA IN BRIEF

Disclosure Violation Charged

TALLAHASSEE, Fla. (AP) — In an attempt to make it easier for blacks to get elected to the Florida Legislature, the state NAACP says it plans to sue for reapportionment into single-member legislative districts.

The Rev. R.N. Gooden of Tallahassee, the group's field director, said Tuesday that reapportionment of the 120-member Florida House and 49-member Senate was the only way to get more blacks as lawmakers.

Only three blacks were in the 1974 Legislature, all in the house.

The suit, approved at the state NAACP convention last week in Gainesville, probably will be filed in January in Tallahassee, Gooden said.

The Florida chapters of the civil rights organization also voted to:

—Ask Education Commissioner Ralph Turlington to recommend that the Board of Regents stop using scores on the 12th-grade placement test as criteria for entrance to Florida universities.

—Demand that Turlington make 15 per cent of his professional

Devil Made Me Do It

CHICAGO (AP) — These days witches are in the news generally only around Halloween. But while witches, goblins and ghosts may not be taken too seriously in the present so-called age, to our forefathers they were real.

In fact, some people were even afraid to yawn because of them.

In the Middle Ages people believed evil spirits made them yawn and then jumped down their victims' throats while their mouths were open.

Throughout history, the mystique of magic, evil spirits and witchcraft led to the persecution of thousands of innocent people, mostly women. Some historians estimate the Christian Church put about 300,000 women to death for witchcraft between 1400 and the late 1700s. Many suffered terrible torture until they confessed to being witches to avoid further torment.

There were many tests to determine whether a woman was a witch. Examiners sometimes searched for "devil's marks." These were moles, scars or other bodily marks that could be stuck with a pin without causing pain. These marks were an indication of guilt.

In another test, the suspect's arms and legs were tied together and she was thrown into deep water. If she floated, she was considered guilty of being a witch. If she drowned, she was innocent.

During the 1600s and 1700s a deep fear of witchcraft gripped most of Europe. Thousands suspected of being witches were tried and executed. Courts allowed gossip and rumor as evidence. In many cases, according to World Book researchers, children testified against their own parents.

American colonists brought the belief with them from England. Suspected witches suffered persecution in Connecticut, Massachusetts and Virginia. In Massachusetts during 1692, the colonists executed 20 persons as witches and imprisoned 150 others.



Come, Ride in the Christmas Parade with Santa Claus!

Help me pick a theme for this year's parade. Enter the theme contest now! The deadline is Friday.

RULES:

- Former Themes May Not Be Used.
- Only One Entry Per Student.
- Deadline Date For Entries, October 25, 1974.
- Contest Limited To Children In Grades One Through Five.
- All Entries Become The Property Of The Christmas Parade Committee.
- Entries Will Be Judged By A Committee Of Three Judges Selected By The Downtown Business Association.
- The Winning Entry Will Be Used As The Theme Of The Parade. The Winner Will Receive A Savings Bond, And Will Be Invited To Ride On Santa's Float In The Christmas Parade.

FORMER THEMES:
"Christmas Bells Ring Love", "Wonders Of Christmas", "Christmas Thoughts", "Christmas Through Children's Eyes", "Keeping Christmas Through Christ", "Christmas Fantasy", "Parade Of Christmas Dreams."

1974 CHRISTMAS PARADE THEME CONTEST

NAME _____ AGE _____ PHONE _____

ADDRESS _____ CITY _____

PARENTS NAMES _____ GRADE _____ PRINCIPAL _____

SCHOOL _____

THEME NAME _____

REASON FOR THEME _____

MAIL ENTRY TO: DOWNTOWN BUSINESS ASSN.
P.O. BOX 442, SANFORD, FLA. 32771, OR BRING
TO B.E. PURCELL CO., DOWNTOWN

SEEK & FIND

Vine Plants

BR ABEL B I G O N I A E R D M R
P H I L O D E N D R A N X H P E B P G
S W X A L I M I S M I E O B B H T H O G
P I S M I V I B M P B K P V I L A X
E S T X M I L A I E T S I W L G I B
L T A A S N A T L L I G I O O B S E E
I X C M E X B A I B S D C D C M B T
C R C R E E P E R C T E R I E L I M S
S I T P N I E P E N O U L A R E
N A E B B A C R O B P O E D A X P
R A H R M E N A W I S T G P R G A O E
C L E A T T H N S I W H N G L G E
C E R N G S E P N A I N O N G I B R
L B P E L I P E L I C A N G P O M B C
S T S C L W I S T E B E T E H T S I W

Instructions: The hidden names listed below appear forward, backward, up, down, or diagonally in the puzzle. Find each hidden name and box it as shown:

RETEL BIGNONIA
BRAMBLE CLEMATIS
COWPEA CREEPER
GOURD HOP
PELICAN PHILODENDRON
SMILAX WESTERLIA

Tomorrow: Weights and Measures

Cather's Works

Answer to Previous Puzzle

ACROSS
1 "A—L" 38 "— Bridge"
5 "— of our own"
11 "Death" 43 "Faded lands"
12 "Mourning moisture" 44 "Town (Carnish prefix)"
13 "Operated" 45 "Constitution"
14 "Greek goddess of peace" 46 "Slip shifter"
15 "Mother of mankind" 47 "Saw easton"
16 "Sue" 48 "Constitution"
17 "Hourglass feature" 49 "Rem"
18 "Constellation" 50 "Rise at horizon date"
19 "Certain" 51 "Angle/Saxon"
20 "Consumes food" 52 "Anglo-Saxon"
21 "Heretics of D. Planners" 53 "Down"
22 "Curt, brittle" 54 "Girl's name"
23 "Cassidians" 55 "Dispatchers"
24 "Carnish part" 56 "European"
25 "Cervical abrasion" 57 "River"
26 "Greek letter" 58 "Man from Reno"
27 "Ecclesiastical" 59 "Reno"

DOWN
7 "Brythonic sea god"
8 "Barter"
9 "Roman lower word"
10 "Biblical patriarch"
11 "On this side (comb. form)"
12 "Rise at horizon" 13 "Elects ones (comb. form)"
14 "Curt parts" 15 "Precipitations"
16 "Military" 17 "Destroy"
18 "Two words of abbreviation"
19 "Win over by pleading"
20 "Pter-Oryx" 21 "African worm"
22 "Pomona (Scott)"

Mirro 4- Quart Corn Popper

Makes delicious popcorn without shaking or stirring.

Model #PPR-1258

- Slide rule tuning
- Telescopic antenna
- Battery included

Juliette AM/FM Portable Radio

Model #FPR-1258

- Slide rule tuning
- Telescopic antenna
- Battery included

Juliette Walkie Talkie

- WT-146
- Solid state transceiver
- Two controls
- Telescoping antenna
- 8-Volt batteries included

Juliette AM Clock Radio

Model #ACR-708

- Wake to music
- 2 1/2" dynamic speaker
- General time movement

Your Choice 1088

Trivets or Mats 49¢ EACH

Household Corn Broom 99¢

12" Jumbo Dial Indoor/Outdoor Thermometer 388

Bold numerals for easy reading.

Westclox Alarm Clock 299

Choice of 4 colors Reg. 3.89

Hankscraft Cool-Vapor Vaporizer 1188

Model #240

1.5 gal. capacity

Will operate up to 20 hours!

Polaroid SX-70 Camera 12999

Compact, light weight, completely automatic. Finishes in just seconds!

Walnut Grained Drop Leaf Peg Table 888

Completely assembled. Chalkboard lid reveals pegboard tray. Pegs, mallet, eraser, magnetic letters, and crayons included.

17" Rub-A-Dub Dolly Doll 999

Rub-A-Dub-Dolly is "lots of fun" because two in the tub is more fun than one! Completely watertight with moveable arms and legs, rounded hair, diaper and wrap-around Terry cloth robe.

IF WE ARE EVER OUT OF AN ADVERTISED SPECIAL... Ask the manager for a Raincheck. It entitles you to the item at the ad price when it comes in again.

Bic Disposable Lighter 88¢

Candy Bars 21¢

Borden's Ice-Milk & Fudge Bars 36¢

6-oz. Foam Cups 39¢

5"x7" Color Enlargement 129

Complete with a beautiful plastic wood-grained frame

COUPON MUST ACCOMPANY ORDER. PRICE WITHOUT COUPON \$2.29

WE RESERVE THE RIGHT TO LIMIT QUANTITIES

SUPER DRUG STORES

2438 FRENCH AVE. NEXT TO WINN-DIXIE PHONE 322-8270

PRICES GOOD THRU SAT. OCT. 26, 1974

COPYRIGHT 1974 SUPERX DRUGS

DIAL DEODORANT SOAP 29¢
PERS. SIZE 2
LIMIT 2
DISCOUNT PRICE 4 DAYS ONLY

KLEENEX FACIAL TISSUES 29¢
200 2-PLY SHEETS
LIMIT 1
DISCOUNT PRICE 4 DAYS ONLY

BORDEN'S GLACIER CLUB ICE CREAM 73¢
HALF GALLON
LIMIT 1
DISCOUNT PRICE 4 DAYS ONLY

BUFFERIN TABLETS 107¢
BOTTLE OF 100
LIMIT 1
DISCOUNT PRICE 4 DAYS ONLY

DISTILLED WATER 43¢
ONE GALLON
LIMIT 1
DISCOUNT PRICE 4 DAYS ONLY

JUST WONDERFUL HAIR SPRAY 47¢
13-OZ.
LIMIT 1
DISCOUNT PRICE 4 DAYS ONLY

Bewitching Buys!

Children's Flame Retarded Halloween Costumes 144

Complete with masks with Self-T-C eyeholes! Colorful characters. Individually boxed. From tiny-tot to large sizes.

Children's Halloween Costumes 88¢

Flame-Saf vinyl fabric. Self-T-C eyeholes in masks. Small, Medium and Large sizes.

Mars Fun Size Bars 99¢

CHOICE OF FAVORITE CANDIES. 16-oz. Bag

Fleer Dubble Bubble Gum 59¢

90 individually wrapped treats for little beggars!

Peanut Butter Kisses 39¢

Pixy Stix Candy 69¢

Sweet Tarts 69¢

Hershey Jr. Bars 79¢

Brach's Candy Corn 39¢

16-OZ.

Robitussin Cough Formula 89¢

4-oz.

SuperX Cough Syrup 79¢

4-oz.

Q-Tips Cotton Swabs 79¢

Box of 170

SuperX Cotton Swabs 69¢

Box of 180

Bayer SuperX Children's Aspirin 29¢

Bottle of 36

SuperX Fluoride Toothpaste 79¢

7-oz.

SuperX Dry Skin Bath Oil 249¢

8-oz.

SuperX Ni-Time Cold Formula 107¢

6-oz.

Nyquil 139¢

6-oz.

SuperX Green Oral Mouthwash 64¢

16-oz.

Scope Mouthwash 119¢

16-oz.

SuperX Super Grip 77¢

14-oz.

Poli-Grip 97¢

14-oz.

Alpha Keri Bath Oil 249¢

8-oz.

SuperX Dry Skin Bath Oil 198¢

16-oz.

Nyquil 139¢

6-oz.

SuperX Ni-Time Cold Formula 107¢

6-oz.

Scope Mouthwash 119¢

16-oz.

SuperX Green Oral Mouthwash 64¢

16-oz.

SuperX Super Grip 77¢

14-oz.

Poli-Grip 97¢

14-oz.

5"x7" Color Enlargement 129

Complete with a beautiful plastic wood-grained frame

COUPON MUST ACCOMPANY ORDER. PRICE WITHOUT COUPON \$2.29

WE RESERVE THE RIGHT TO LIMIT QUANTITIES

Golden Flye 10% DISCOUNT PRESCRIPTION PLAN

Age 60 or better makes you a VIP at SuperRx with 10% discount off our already low, low prescription prices. Free membership card. No dues or fees.

Applications available at SuperRx stores.

Before you decide... consider the fact that our SuperRx Brands are made especially for us. All are packed to our rigid specifications and carefully checked for quality. Because we ship them direct from the maker to our stores, there are no middleman expenses and lower distribution costs. As a result, we can pass the real savings on to you through the lower prices of the SuperRx Brand!

YOU BE THE JUDGE

NATIONAL BRANDS SUPERX BRANDS

Robitussin Cough Formula 89¢

4-oz.

SuperX Cough Syrup 79¢

4-oz.

Q-Tips Cotton Swabs 79¢

Box of 170

SuperX Cotton Swabs 69¢

Box of 180

Bayer SuperX Children's Aspirin 29¢

Bottle of 36

SuperX Fluoride Toothpaste 79¢

7-oz.

SuperX Dry Skin Bath Oil 249¢

8-oz.

SuperX Ni-Time Cold Formula 107¢

6-oz.

Nyquil 139¢

6-oz.

SuperX Green Oral Mouthwash 64¢

16-oz.

Scope Mouthwash 119¢

16-oz.

SuperX Super Grip 77¢

14-oz.

Poli-Grip 97¢

14-oz.

Compare!

Robitussin Cough Formula 89¢

4-oz.

SuperX Cough Syrup 79¢

4-oz.

Q-Tips Cotton Swabs 79¢

Box of 170

SuperX Cotton Swabs 69¢

Box of 180

Bayer SuperX Children's Aspirin 29¢

Bottle of 36

SuperX Fluoride Toothpaste 79¢

7-oz.

SuperX Dry Skin Bath Oil 249¢

8-oz.

SuperX Ni-Time Cold Formula 107¢

6-oz.

Nyquil 139¢

6-oz.

SuperX Green Oral Mouthwash 64¢

16-oz.

Scope Mouthwash 119¢

16-oz.

SuperX Super Grip 77¢

14-oz.

Poli-Grip 97¢

14-oz.

Alpha Keri Bath Oil 249¢

8-oz.

SuperX Dry Skin Bath Oil 198¢

16-oz.

Nyquil 139¢

6-oz.

SuperX Ni-Time Cold Formula 107¢

6-oz.

Scope Mouthwash 119¢

16-oz.

SuperX Green Oral Mouthwash 64¢

16-oz.

SuperX Super Grip 77¢

14-oz.

Poli-Grip 97¢

14-oz.

Alpha Keri Bath Oil 249¢

8-oz.

SuperX Dry Skin Bath Oil 198¢

16-oz.

Nyquil 139¢

6-oz.

SuperX Ni-Time Cold Formula 107¢

6-oz.

Scope Mouthwash 119¢

16-oz.

SuperX Green Oral Mouthwash 64¢

16-oz.

SuperX Super Grip 77¢

14-oz.

Poli-Grip 97¢

14-oz.

Alpha Keri Bath Oil 249¢

8-oz.

SuperX Dry Skin Bath Oil 198¢

16-oz.

Nyquil 139¢

6-oz.

SuperX Ni-Time Cold Formula 107¢

6-oz.

Scope Mouthwash 119¢

16-oz.

SuperX Green Oral Mouthwash 64¢

16-oz.

SuperX Super Grip 77¢

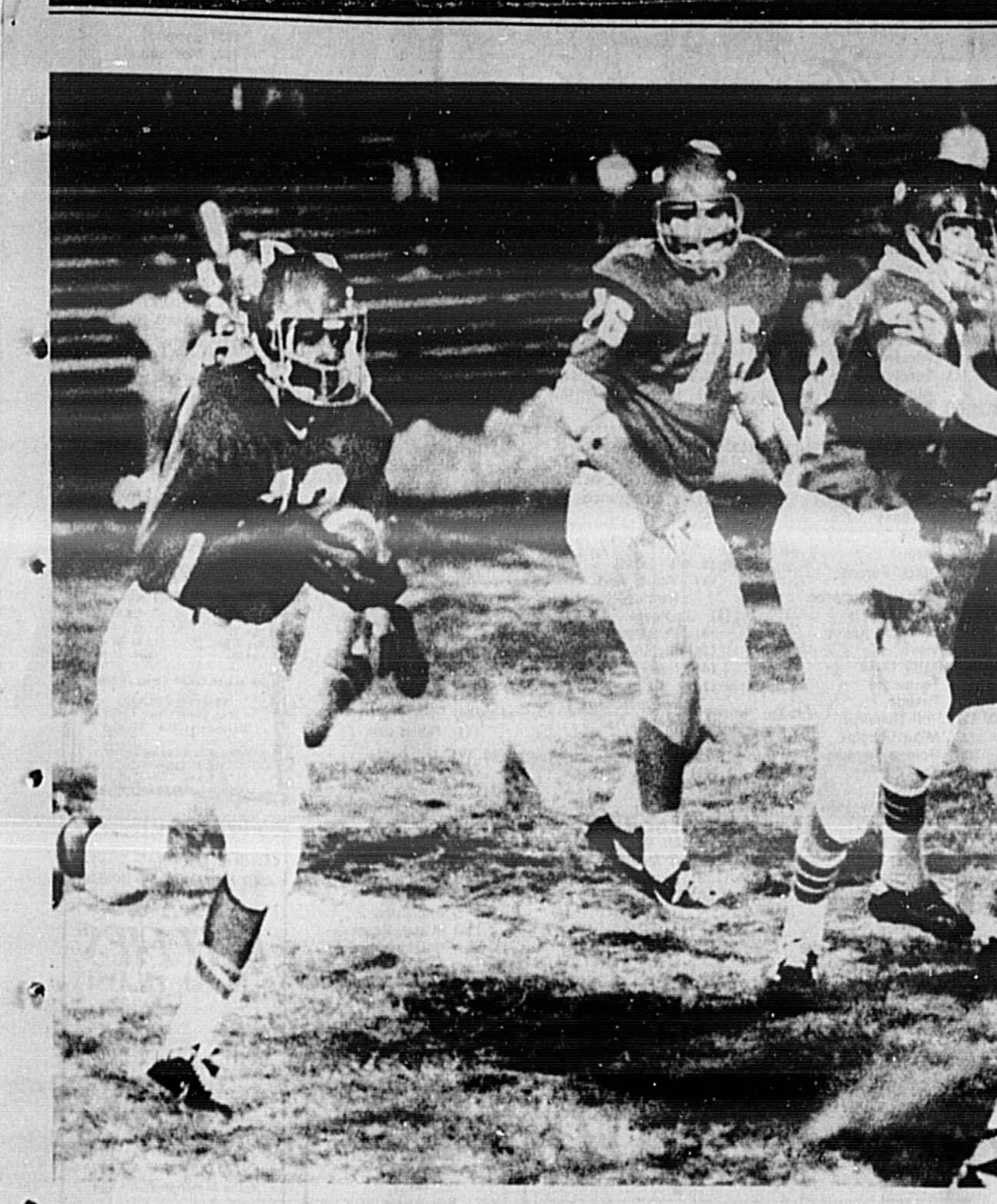
14-oz.

Poli-Grip 97¢

14-oz.

SPORTS

Evening Herald, Sanford, Fl. Wednesday, Oct. 23, 1974—7A



Crooms running back Jeff Jones picks up yardage, but Panthers were shut out by Howell 14-0, for first loss

Crooms Drops First Game

SANFORD — The final game statistics were very similar but the final score was not as the Silver Hawks of Lake Howell defeated Crooms 14-0, Tuesday, at Seminole Stadium.

In dropping its first game, Coach Barry Wenholt's team accumulated 100 yards rushing and 13 in the air for 113 yards, compared to Howell's 106 rushing and 14 passing for 120 total yards.

Crooms played without some of its regulars but with 32 seconds remaining in the game, they led the game with a one yard run.

The defense was led by tackle Marcus Kendrick with six tackles and linebacker Roger Herring, who Wenholt felt was on almost every play.

Howell scored in the second period on a safety. They scored again in the third quarter on an 18 yard run, then with 32 seconds remaining in the game, they led the game with a one yard run.

Crooms had two interceptions and fumbled three times but recovered one.

Wenholt felt that Howell came to play and his Panthers didn't, along with mistakes and penalties, which cost them 55 yards.

Crooms' next game is Nov. 5th hosting Lyman.

Play was interrupted during the third quarter due to a power failure. Fans and players alike sat in total darkness for 25 minutes before the game resumed.

Crooms Turnover, It's Accepted

By PETER ROGERS

Turnover is a word signifying a change in personnel, either small or on a wholesale level. If a business organization or an athletic team experiences wholesale changes unappreciated is usually the mood of the organizations.

But there is an athletic organization in Seminole County which has a 100 per cent turnover every year where unappreciated is not the reason.

Crooms High School in Sanford, which happens to experience a wholesale turnover on its football team every year, is an exception. The school has only a ninth grade and all the students move on to Seminole High School for the tenth grade.

Second year coach Barry Wenholt, who came to Crooms from Winter Park High School, along with Seminole head man Claude Woodruff feels the system is unique and it does have its pros and cons.

Wenholt likes the aspect of being selective even at that level, as 60 boys turn out for the team and he keeps only 40.

He also has the opportunity to work with all the players at an even level as the majority have never been exposed to organized football before.

"We try to teach them the basic fundamentals and hopefully if they stick together with the JV team, Greg Pringle has emerged from that group to perform a sometimes starting role for Claude Woodruff's varsity.

The cons to the program, according to Wenholt is that with only a six game schedule, the program barely breaks even financially, and the other athletic programs at the school are in the red.

The Florida Athletic Association ruled that Crooms cannot play a 10 game schedule, which hampers the financial situation.

Wenholt has two assistants, but feels the program survives with a minimum of equipment.

He also admits that some of his good football players from last year have not gone out for the team at Seminole. He feels some of good athletes are being pressured to specialize in one sport and sometimes that sport isn't football.

Bonds, Murcer Swapped

NEW YORK (AP) — Gabe Paul is at it again.

The president of the New York Yankees looks like every body's grandfather, smiling and always affable. He is also always ready to make a trade.

Paul has remodeled the ball club with a series of major trades, the latest one Tuesday when he swapped Bobby Murcer to the Cincinnati Reds for left-handed pitcher Pat Osburn.

Bonds and Murcer both are 28 years old, both earn more than \$100,000 and both arrived in the major leagues at about the same time.

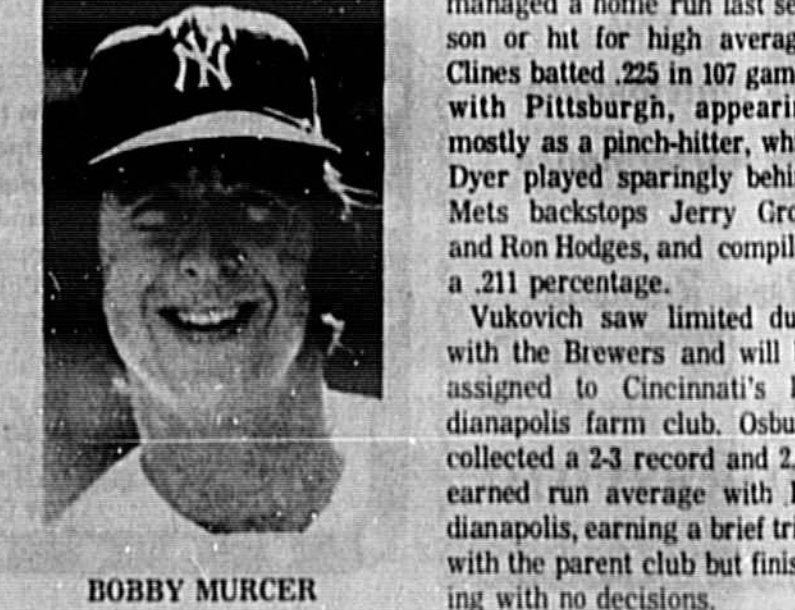
Bonds was called up to the Giants midway through the 1968 season and hit a grand slam home run in his first major league game. He set a major league record by opening 11 games in 1969, followed by 1972. Murcer came up for keeps in 1969 and his 140 career homers placed him 17th on the Yankees' all-time list. Bonds hit 186 for San Francisco, No. 6 on the Giants' list.

Bonds' best year for average was 1970, when he batted .302.

Murcer's top season was 1971 when he hit .311 with 25 homers and 94 RBIs.

Conversely, the Mets-Pirates deal was not for long-ball hitters. Neither Clines nor Dyer managed a home run last season or hit for high average. Clines batted .225 in 107 games with Pittsburgh, appearing mostly as a pinch-hitter, while Dyer played sparingly behind Mets backups Jerry Grote and Ron Hodges, and compiled a .211 percentage.

Vukovich saw limited duty with the Brewers and will be assigned to Cincinnati's Indianapolis farm club. Osburn collected a 2-3 record and 2.82 earned run average with Indianapolis, earning a brief trial with the parent club but finishing with no decisions.



BOBBY MURCER

Hadl, Morton Traded

By BEN THOMAS
AP Sports Writer

The National Football League played musical chairs — with quarterbacks.

By the time the game was over, four clubs had new quarterbacks.

The Los Angeles Rams had the biggest surprise Tuesday, final day for interclub trading — and got the biggest reward — five draft choices from the Green Bay Packers for John Hadl.

That's right, the Rams traded away John Hadl, the quarterback who made all pro after leading them to a 12-2 record last year. Hadl couldn't get the Los Angeles offense to move this year.

It meant that James Harris' promotion to starter is permanent. The 27-year-old backerback threw three touch-down passes last Sunday and got the Los Angeles offense cracking for the first time in 1974.

In the other deals involving quarterbacks, Craig Morton, the disenchanted Dallas Cowboy backup man, was sent to the New York Giants, who dealt journeyman veteran Norm Snead to the San Francisco 49ers, who then traded Joe Reed to the Detroit Lions.

Archie Manning, however, stayed with the New Orleans Saints, who apparently couldn't make the right deal to start Jack Connaman on Sunday when the Packers play the Lions.

To get Hadl, the Packers agreed to give up their No. 1 and No. 2 draft picks for 1975 and 1976, plus a No. 3 pick for 1975.

In the day's other exchanges, the Cowboys swapped Morton to the Giants for a No. 1 draft pick in 1975, provided Morton doesn't jump to the World Football League, and Snead was sent from New York to the 49ers for two high draft picks, one in 1975 and the second in 1976.

Morton could play against the Cowboys on Sunday when the Giants entertain Dallas at New Haven, Conn.

Morton, as well as three of the other players involved in Tuesday's trading, has signed with the NFL.

Morton, however, says his contract with the NFL for the 1975 season is void because he had a no-trade clause in his deal with the Houston Texans, who have now shifted to Shreveport, La.

The other NFL signees are Matsuzak, Clup and Drougas.

Female Picker 9-6

The Oviedo Lions and the New York Jets proved to be the unanimous stumblers of the week for the Herald's panel of predictors.

Although Lee Geiger fell into the above category, with the Oviedo and Jets losses, it was his only setback as the boxing "expert" finished in first place with an excellent 13-2 week.

Geiger achieved his excellent week with conservative picks except for his picks of the Bills over the Patriots and Miami over West Virginia. His Bills pick proved to be a good one.

The man from Winter Springs is still four picks behind leader Pete Rogers, who finished second for the first time with a week of 11-1, very consistent picks.

Bringing up the rear this week for the second time is "Yankee" Sean Coe with another under 500 week, at 7-8.

Although his wrong picks of the Eagles, S.W. Louisiana and Florida State naturally went against his overall record, the picks proved not to be far fetched as all three teams just barely lost.

Jai Alai Results

TUESDAY'S RESULTS		PERFECTA 5:31-12:10	
Sancti-Javi	15.60 5.00 4.20 7	Sancti-Javi	15.60 5.00 4.20 7
Larry-Perez	12.60 12.80 8.00 1	Alcane-Aquiro	11.40 4.40 4.40 3
Menchi-Lenz	8.40 7.20 2	Menchi-Lenz	8.40 7.20 2
Echaz-Yari	8.40 7.20 2	Echaz-Yari	8.40 7.20 2
Quilina (1) 5:31-12:10		PERFECTA (7) 1:10-7:10	
SEMI-DOUBLE	5:31-12:10	SEMI-DOUBLE	5:31-12:10
Eddy-Zarre	15.00 4.40 4.40 4	Rene-Larrea	4.00 5.60 7
Santi-Sanchez	5.00 2.80 7	Santi-Sanchez	5.00 2.80 7
Alcane-Lenz	14.60 3.00 5.20 2	Rene-Larrea	4.00 5.60 7
Quilina (2) 5:31-12:10		PERFECTA (7) 1:10-7:10	
PERFECTA (7) 1:10-7:10		PERFECTA (7) 1:10-7:10	
Big Q (1) with 4:31-5:14-20		Big Q (1) with 4:31-5:14-20	
THIRD - DOUBLE, SPEC 7		THIRD - DOUBLE, SPEC 7	
Echaz-Yari	15.20 5.80 7	Echaz-Yari	15.20 5.80 7
Eddy-Barria	9.40 4.20 3.80 4	Eddy-Barria	9.40 4.20 3.80 4
Quilina (4) 5:31-12:10		Quilina (4) 5:31-12:10	
PERFECTA (7) 1:10-7:10		PERFECTA (7) 1:10-7:10	
Sancti-Javi	11.80 6.20 4.40 7	Sancti-Javi	11.80 6.20 4.40 7
Menchi-Lenz	6.80 4.00 1	Menchi-Lenz	6.80 4.00 1
Alcane-Lenz	6.80 4.00 1	Alcane-Lenz	6.80 4.00 1
Quilina (5) 5:31-12:10		Quilina (5) 5:31-12:10	
PERFECTA (7) 1:10-7:10		PERFECTA (7) 1:10-7:10	
Sancti-Javi	11.80 6.20 4.40 7	Sancti-Javi	11.80 6.20 4.40 7
Menchi-Lenz	6.80 4.00 1	Menchi-Lenz	6.80 4.00 1
Alcane-Lenz	6.80 4.00 1	Alcane-Lenz	6.80 4.00 1
Quilina (6) 5:31-12:10		Quilina (6) 5:31-12:10	
PERFECTA (7) 1:10-7:10		PERFECTA (7) 1:10-7:10	
Sancti-Javi	11.80 6.20 4.40 7	Sancti-Javi	11.80 6.20 4.40 7
Menchi-Lenz	6.80 4.00 1	Menchi-Lenz	6.80 4.00 1
Alcane-Lenz	6.80 4.00 1	Alcane-Lenz	6.80 4.00 1
Quilina (7) 5:31-12:10		Quilina (7) 5:31-12:10	
PERFECTA (7) 1:10-7:10		PERFECTA (7) 1:10-7:10	
Sancti-Javi	11.80 6.20 4.40 7	Sancti-Javi	11.80 6.20 4.40 7
Menchi-Lenz	6.80 4.00 1	Menchi-Lenz	6.80 4.00 1
Alcane-Lenz	6.80 4.00 1	Alcane-Lenz	6.80 4.00 1
Quilina (8) 5:31-12:10		Quilina (8) 5:31-12:10	
PERFECTA (7) 1:10-7:10		PERFECTA (7) 1:10-7:10	
Sancti-Javi	11.80 6.20 4.40 7	Sancti-Javi	11.80 6.20 4.40 7
Menchi-Lenz	6.80 4.00 1	Menchi-Lenz	6.80 4.00 1
Alcane-Lenz	6.80 4.00 1	Alcane-Lenz	6.80 4.00 1
Quilina (9) 5:31-12:10		Quilina (9) 5:31-12:10	
PERFECTA (7) 1:10-7:10		PERFECTA (7) 1:10-7:10	
Sancti-Javi	11.80 6.20 4.40 7	Sancti-Javi	11.80 6.20 4.40 7
Menchi-Lenz	6.80 4.00 1	Menchi-Lenz	6.80 4.00 1
Alcane-Lenz	6.80 4.00 1	Alcane-Lenz	6.80 4.00 1
Quilina (10) 5:31-12:10		Quilina (10) 5:31-12:10	
PERFECTA (7) 1:10-7:10		PERFECTA (7) 1:10-7:10	
Sancti-Javi	11.80 6.20 4.40 7	Sancti-Javi	11.80 6.20 4.40 7
Menchi-Lenz	6.80 4.00 1	Menchi-Lenz	6.80 4.00 1
Alcane-Lenz	6.80 4.00 1	Alcane-Lenz	6.80 4.00 1
Quilina (11) 5:31-12:10		Quilina (11) 5:31-12:10	
PERFECTA (7) 1:10-7:10		PERFECTA (7) 1:10-7:10	
Sancti-Javi	11.80 6.20 4.40 7	Sancti-Javi	11.80 6.20 4.40 7
Menchi-Lenz	6.80 4.00 1	Menchi-Lenz	6.80 4.00 1
Alcane-Lenz	6.80 4.00 1	Alcane-Lenz	6.80 4.00 1
Quilina (12) 5:31-12:10		Quilina (12) 5:31-12:10	
PERFECTA (7) 1:10-7:10		PERFECTA (7) 1:10-7:10	
Sancti-Javi	11.80 6.20 4.40 7	Sancti-Javi	11.80 6.20 4.40 7
Menchi-Lenz	6.80 4.00 1	Menchi-Lenz	6.80 4.00 1
Alcane-Lenz	6.80 4.00 1	Alcane-Lenz	6.80 4.00 1
Quilina (13) 5:31-12:10		Quilina (13) 5:31-12:10	
PERFECTA (7) 1:10-7:10		PERFECTA (7) 1:10-7:10	
Sancti-Javi	11.80 6.20 4.40 7	Sancti-Javi	11.80 6.20 4.40 7
Menchi-Lenz	6.80 4.00 1	Menchi-Lenz	6.80 4.00 1
Alcane-Lenz	6.80 4.00 1	Alcane-Lenz	6.80 4.00 1
Quilina (14) 5:31-12:10		Quilina (14) 5:31-12:10	
PERFECTA (7) 1			



DEAR ABBY With Ted 'T' Means Trouble

By ABIGAIL VAN BUREN

DEAR ABBY: I am getting married next month and was very happy about it until last night, when Ted and I had a long talk. He told me not to expect him to stay faithful to me all our married life because all married men go out on their wives sooner or later and he doesn't think he is going to be any different.

Abby, I love Ted very much, and I don't think I could stand it if I knew he cheated on me. What should I do?

IN LOVE: Tell Ted that in this age of the liberated woman, all married women go out on their husbands sooner or later; and since you feel a part of the new sisterhood, the arrangement he proposes is at least negotiable. (In any event, the "T" in Ted stands for trouble.)

DEAR ABBY: I was told that years ago, if a man didn't want to be drafted in the U.S. Army, he could PAY someone to substitute for him. I know it sounds like a dumb question, but I can't find the answer anywhere. Can you help me?

INQUISITIVE: DEAR INK: It is not a "dumb" question. And it WAS true, but no longer is.

By the terms of the Conscription Act of 1862, a man eligible for the draft could avoid service by providing a substitute, or paying a commutation of \$300.

One-time President Grover Cleveland paid a substitute \$150 to serve for him in the Civil War. (Cleveland had two brothers in the U.S. Army and a mother and two sisters to support at the time.)

DEAR ABBY: My father-in-law died six months ago and since his death, my mother-in-law has practically lived with us. She comes over every night for supper and sits all evening. It's not that she stays so long, but I work and frankly, I would like to be able to come home and just relax.

She has always been very critical of anyone who doesn't keep a spotless house, and although I'm a fairly good housekeeper, I feel she will criticize me. It's gotten to the point where I hate to go home after work because I know what will be there. She's a nice person, and I get along with her, but I need time to be alone.

She spends every weekend here, and I can't accomplish anything because she is always looking over my shoulder. She's well enough to go every where we go. She went on our vacation with us, and if she wants to go next year, I'd just as soon stay home.

I hate to be a stinker, and I wouldn't want to shut her out completely, but this is too much. My husband is unfortunately her only "child" and she doesn't get along with the other relatives. Help!

SUFFOCATING IN VA: DEAR STUFF: Your problem is not your mother-in-law, it's the lack of communication with your husband. Your objections seem reasonable enough to me.

Have a heart-to-heart talk with hubby, and let him know how you feel.

Problems? You'll find better if you get it all off your chest. For a personal reply, write to ABBY, Box No. 4700, L.A., Calif. 90049. Enclose stamped, self-addressed envelope, please.

For Abby's book, "How to Have a Lovey Wedding," send \$1 to Abigail Van Buren, 122 Lasky Dr., Beverly Hills, Cal. 90212.

DR. L. E. LAMB Questions Diet To Treat Ulcer

DEAR DR. LAMB — The doctor told me I had ulcers and to follow a bland diet. Would you explain this diet, please? A friend told me she read where fresh fruits and vegetables were a no-no. I love tossed salad and also a half grapefruit for breakfast and will miss doing without them, also oysters and whole wheat bread. Why are oysters harmful? I don't care for white bread so have always bought wheat, rye or rye-wheat. I have such pains some days in my stomach, I could scream, lasts all day, too. Also affects my bowels, more like mucus colitis.

DEAR READER — If your colon is at fault, these severe pains you complain about lasting all day, may be from that source rather than your ulcer. Pain from ulcers is usually limited to the pit of the stomach, just at the bottom tip of the breastbone, or over the upper abdomen just below the ribs, usually on the left side or in the center. Characteristically, the pain occurs when the stomach is empty and is relieved by eating, rather than lasting all day.

You can have a spasm of the muscular area at the outlet of the stomach called a pylorospasm. This can be very painful, as can a spasm of the colon or esophagus.

The term "bland diet" is a general and often misleading term. You can't be specific about it because it means different things to different doctors. In general a bland diet means avoiding spices, roughage, coffee, tea, cold alcohol and foods containing citric acid as occurs in citrus fruits and tomatoes. However, there is considerable disagreement about the need for such a bland diet in the treatment of ulcers.

The purpose of treatment in ulcer problems is to neutralize the formation of acid digestive juice formed by the stomach.

Childbirth At Home Carries Risk

SAN FRANCISCO (AP) — The midwife carried her satchel into the rough-hewn cabin in the northern California hills. A woman in labor lay on a bed. Her husband heaved water in the kitchen.

As the labor progressed, the midwife started to belly dance while her assistant beat a drum.

The husband came to soothe his wife, helping her breathing and contractions fall into rhythm with the dancing midwife. Slowly the child was born, without the help of drugs or forceps or any trappings of modern technology. They named him Bamli.

This experience, described by a midwife who was present, is part of a growing home birth revival. Those involved attribute the renewed popularity of home birth to the back-to-nature movement and to a desire for a birth experience free of the routine and sterility of hospitals.

Mothers are delivering their babies to the accompaniment of belly dancers as women reportedly did in ancient Egypt; some

home birth movement with lay midwives in attendance. Sixteen other states permit midwifery under colonial or early 19th Century laws never removed from the books. But in most of these states — among them New York, Oklahoma, Texas and Washington — few lay midwives are found.

"Having a baby at home fits in with our whole life-style," Robinson said. "There's no reason to depend on the capitalistic system if you can do something outside it and can do it in a more relaxed and friendly, open way."

On a couch near Robinson in the wood-beamed living room used as a waiting room, Annie and Bill Holmes waited to see the pediatrician for their newborn's first checkup.

"We wanted the baby right after he was born," said Mrs. Holmes, 21, as she nursed 12-day-old Jason. "A hospital would've put the baby in a warming bed at least four hours before I could hold him. And we wanted midwives; they're more personal."

The Berkeley Birth Group says the delivery was one of about 25 they have assisted at since January and all were successful. Forty pregnant women currently attend their natural childbirth clinics and prenatal care sessions.

The clinics and prenatal care sessions are legal; only the actual practice of midwifery is subject to prosecution in Humboldt County, one of the few involved in such services, said he assisted a young couple this spring during the successful home birth of their second child.

They told him their first attempt had been unassisted and unsuccessful. The baby was buried without ceremony near

their makeshift home in the ruggedly beautiful mountains of the county near the Oregon border.

"These people are understanding when that happens and if it happens again they'll bury it in the woods again," the midwife said in an interview. "They're adamant against having a baby in a hospital."

The problem, as the midwife perceives it, is that there are not enough people with his skills. So the young man, trained originally as a physician's assistant, has set up a school to train lay midwives.

Wedding Plans For Miss Telford

Wedding plans have been announced in New Orleans by Miss Lucienne Marie Telford,

daughter of the late Mr. and Mrs. Lucien Marie Telford, and John Randolph Raymond, son of Mr. and Mrs. Lawton J. Raymond, Plaquemine, La.

The bride-to-be is the niece of Mrs. W. E. Whelan and Mrs. Earl Dossey, both of Sanford.

The wedding will be an event of Nov. 30 at St. Andrew the Apostle Catholic Church, New Orleans.

Miss Telford is a graduate of River Oaks Academy in Belle Chasse and attended Nicholls State University in Thibodaux, La.

The future bridegroom, a graduate of Plaquemine High School and the University of Southwestern Louisiana at Lafayette, is an assistant football coach at Nicholls.

Bankers' Objective: Money For Women

NEW HAVEN, Conn. (AP) — Using words like "nigg" and "agast" to describe women and their finances, feminist Susan Osborne has set out to lend women money and teach them how to use it, rather than to be intimidated by it.

She and Karen Wynn, both from New Haven, are co-managers of the Connecticut Feminist Federal Credit Union, a cooperative effort.

"Our loan policies are dictated by feminist priorities," Ms. Osborne said in an interview.

"Women do not have the same accessibility to money, to credit in the state and the nation," as do men, she said. She agreed that it has never been documented extensively but "it's such a well-known fact among women."

For example, she explained, there was the 54-year-old woman who — with 15 years of employment behind her and an annual gross of about \$6,500 — was denied an automobile loan unless her father signed for it. He was 84 years old.

When she and her coworkers first considered the idea for the project, which she said is the first feminist credit union in the Northeast and the fourth in the country, they surveyed 150 New Haven women.

"Half of them have been turned down for loans or had problems getting loans. Just over 50 said they believed it was because of sex or marital status discrimination," Ms. Osborne said.

"We were agast. It's kind of



STUDENTS HEAR TOP MODEL TALK
Personal grooming and careers in modeling was the subject of a talk given by Lyman High School junior and senior girls in home economics, business and fashion merchandising classes recently by Gayle Carson, president of the Modeling Association of America. Ms. Carson (right) answers questions from students Marilyn Blalock (left) and Susan Patterson.

Nice House of Music

featuring LOWREY ORGANS

is coming to the Altamonte Mall

Get a preview of what's to come at our MUSICAL COACHEE Market Square 414 Casselberry, Oct. 24-25

Sears of Sanford Sale!

Never Such Low Prices Washer and Dryer

Washer \$189.99
3 cycle - 2 speed
Hvy. Duty Water Level

Dryer \$99.00
1 speed - 14 pound
Temp. control

\$248 pair

Washer \$209.95
5 cycle - 2 speed
Filler - 14 pound

Dryer \$164.95
5 cycle
Wrinkle Guard Fabric Selector

\$374.90 pair

Use Sears Easy Payment Plan

SHOP AT SEARS AND SAVE
Satisfaction Guaranteed or Your Money Back

Sears
PINECREST CENTER
HWY. 17-92 AT 27th ST.
SANFORD
PH. 322-1771



Arabs Raising 'Cane' In Market

By Gaynor Maddox

Many predict the price of a five-pound bag of sugar will reach \$2.25 shortly.

"That does not mean that Americans are eating more sugar. It means that there is not enough sugar in the world to satisfy all the new customers — the suddenly rich Arabs or the citizens in countries with gradually improving economies. In the United States, we have a population with more people 35 years or younger. They are a heavy drain on the soft drink and candy market," says Jack O'Connell, director of the Sugar Association, Washington, D.C., which represents the industry.

"This shortage of sugar has been building over a number of years. It is a supply problem. Not a result of Americans suddenly discovering sugar. The Chinese, Japanese, Russians are all bidding for sugar. The United States consumes about 100 pounds a year per person (including sugar used at home and in purchased bread, cakes, pies, soft drinks, candy). We are only about the sixth in total consumption. England and Scandinavia are way ahead of us. And now, with all the new consumers, the market is being crowded. We consume around 11.8 per cent of the world's supply but produce only about half as much as we use. So we have to bid for the other half in the world market. And that is tight today. That is why prices are skyrocketing," he adds.

The oil crisis was due to the Arab countries. Now we tend to blame them also for upping the price of sugar. Many say that rich countries of the Mideast went in for sugar speculation, buying up futures on sugar. Many people believe this theory — but not all.

Certain sugar economists say that is not true. They believe it has been overplayed in the press.

Daniel Dyer, partner of the prestigious firm of sugar economists and brokers, B.W. Dyer & Co., New York, says, "The Arabs' buying of sugar is only one of many causes for the rise in sugar prices. Don't overlook the fact that everybody is buying it."

WE ACCEPT USDA FOOD STAMPS

11th ANNIVERSARY CELEBRATION

WHERE ECONOMY ORIGINATES

LAUNDRY DETERGENT

COLD POWER

5 lb. 4 oz. KING SIZE BOX

\$1.39 SAVE 32¢

25¢ OFF LABEL WITH COUPON BELOW

"SUPER-RIGHT" CORN FED

PORK CHOPS

1/4 lb. PORK LOIN SLICED

98¢ SAVE 21¢/lb.

PTO 11 CHOPS PER PKG. CONTAINS CENTERS & ENDS

ROUND STEAK

FULL CUT

\$1.38 SAVE 51¢/lb.

PLAIN OR SELF-RISING

GOLD MEDAL FLOUR

5 lb. BAG

69¢ SAVE 28¢

WITH COUPON BELOW

"SUPER-RIGHT" HEAVY WESTERN BEEF

BEEF LOIN

CUT UP AT NO. 45 TO 55 ADDITIONAL 1/2 LB. AVG. COST

\$1.29

GRADE "A" FRESH FLA. OR GA.

FRYER QUARTERS

LEG OR BREAST

59¢ SAVE 16¢/lb.

"SUPER-RIGHT" HEAVY WESTERN BEEF

SKINLESS FRANKS

12 oz. PKG.

59¢

"SUPER-RIGHT" SLICED

BOLOGNA

1 lb. PKG.

89¢

CAPIN JOHN'S QUICK FROZEN

BAG SAUSAGE

16 oz. PKG.

69¢

"SUPER-RIGHT" PURE PORK

FISH & CHIPS

1 lb. BAG

89¢

BOUNTY

TOWELS

JUMBO ROLL

2/89¢

PINEAPPLE / G. FRUIT, PINEAPPLE / ORANGE, PINK P. APPLE / G. FRUIT

DEL MONTE

JUICE 46 oz. CAN

49¢

PILLSBURY HUNGRY JACK

INSTANT POTATOES

32 oz. BOX

\$1.39

SILVERBROOK

Butter

1-LB. CARTON

79¢

MOTT'S

APPLE CIDER

40 oz. BTL.

73¢

KRAFT

MARSHMALLOWS

10 oz. PKG.

3/1.49

JANE PARKER 'FRESHLY BAKED BROWN N' SERVE

FLAKY ROLLS

12 oz. PKG.

49¢

Valuable Coupon
Sears 32¢ Toward Purchase of
COLD POWER

Valuable Coupon
Sears 28¢ Toward Purchase of
GOLD MEDAL FLOUR

Valuable Coupon
Sears 37¢ Toward Purchase of
CAMPBELL'S

Valuable Coupon
Sears 20¢ Toward Purchase of
PAMPER'S

Valuable Coupon
Sears 30¢ Toward Purchase of
SANKA

Valuable Coupon
Sears 50¢ Toward Purchase of
INSTANT COFFEE

CUSTOMERS WILL BE LIMITED TO REASONABLE QUANTITIES OF ANY ITEM. PRICES ARE NOT AVAILABLE NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.

BEACH BOYS

FRIDAY

All Day October 25

WTRR 14



COOKING IS FUN

PEARS
Pears are plentiful at this time and are easy to put up for preserves and jams that go well with homemade breads and biscuits during the coming winter months.

- CHERRY PEAR CONSERVE**
- 6 ripe pears
 - 2 1/2 cups sugar
 - 2 navel oranges
 - 2 jars (8 ounces each) red maraschino cherries drained and halved
 - 1/4 cup dark seedless raisins
 - 1/4 cup lemon juice

Pare the pears and cut into small pieces. Add the sugar and allow to stand overnight. Wash oranges; remove orange peel in thin strips with vegetable peeler or sharp knife. Chop orange peel until fine. Juice the oranges. Add orange peel and juice and remaining ingredients to pear mixture. Cook in large saucepan about 25 to 30 minutes or until thickened. Pour into hot sterilized jars and seal. Makes about four 8-ounce jars.

- CHERRY PINEAPPLE PEAR JAM**
- 8 ripe pears
 - 1 can (20 ounces) crushed pineapple in heavy syrup, undrained
 - 2 cups sugar
 - 1 teaspoon grated lemon peel
 - 1/4 cup lemon juice
 - 1/4 teaspoon ground nutmeg
 - 1/4 teaspoon salt
 - 2 jars (8 ounces each) red maraschino cherries, drained and halved

Wash, pare, core and dice the pears. Place pears and all other ingredients in large pot. Bring mixture to a boil over medium heat. Reduce heat and cook about 25 minutes or until thickened, stirring occasionally. Pour into hot sterilized jars and seal. Makes about 4-and-a-half cups.

TOMATOES
Tomatoes are one of America's favorite vegetables and welcome all year round as canned treats. Now is the time to fill shelves with homemade tomato juice (how many have tasted this?), whole or halved tomatoes, and homemade chili sauce. For canned tomatoes, allow about three pounds for a quart jar, about one bushel for 18 quarts. Tomatoes need little seasoning, merely add salt and pepper sauce.

- CHILI SAUCE**
- 8 pounds (4 quarts) skinned ripe tomatoes, cut in pieces
 - 6 medium onions, chopped
 - 6 green peppers, chopped
 - 1 cup sugar
 - 2 tablespoons salt
 - 2 cups cider vinegar
 - 4 teaspoons whole cloves
 - 3 tablespoons whole allspice
 - 1 tablespoon Tabasco

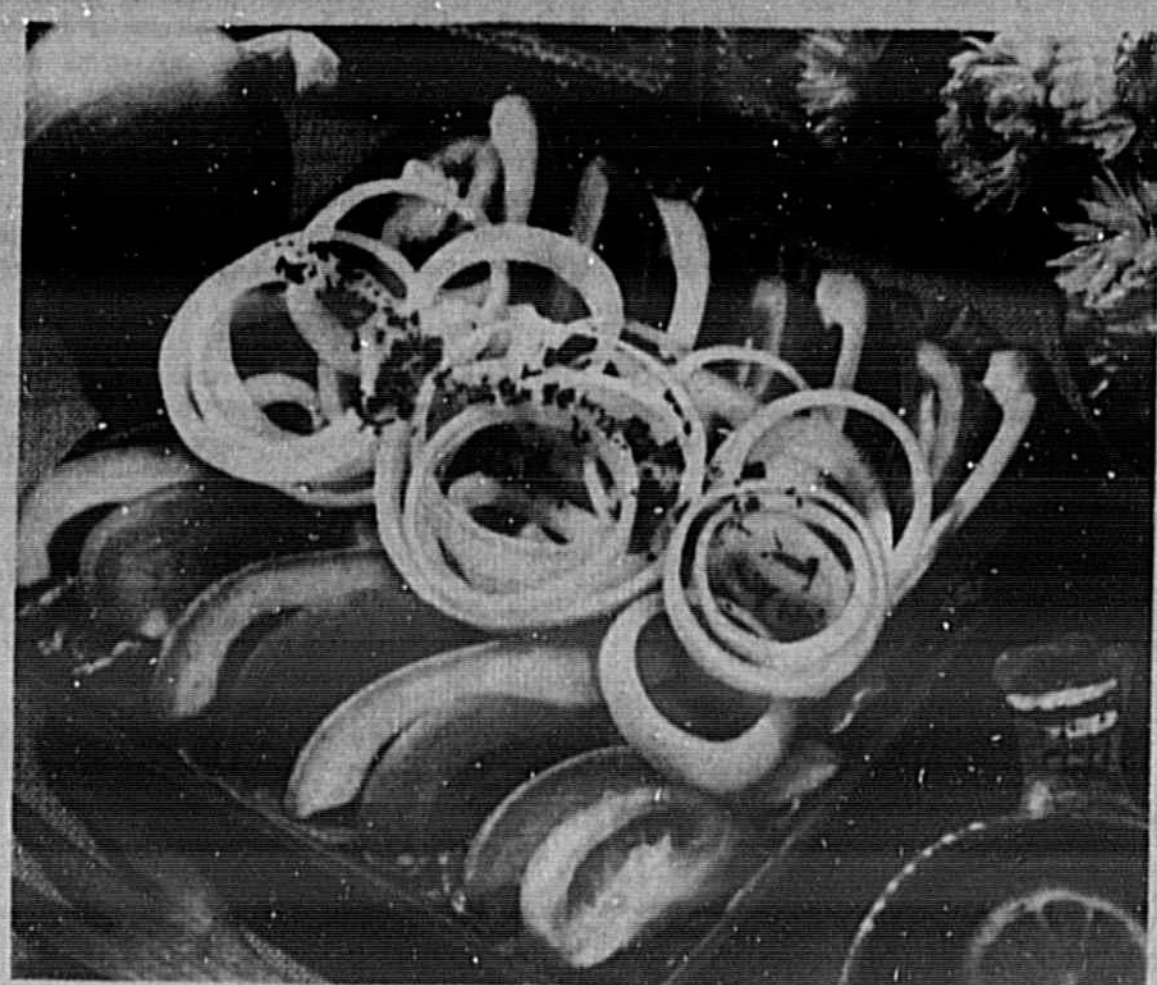
Combine all ingredients. Chill at least 1 hour before serving. Store covered in clean 1-pint jar. This relish may be kept in refrigerator about 2 weeks. Makes about 1 pint (6-8 servings).

- TOMATO CONSERVE**
- 5 pounds tomatoes, red or yellow
 - 2 pounds sugar
 - 1/2 teaspoon salt
 - 1 orange, thinly sliced
 - 1 lemon, thinly sliced
 - 1 stick (3 inch) cinnamon
 - 1 piece whole ginger
 - 1 cup seedless raisins
 - 1 cup lemon juice
 - 1/2 teaspoon Tabasco

Peel tomatoes and chop. Combine with sugar, salt, sliced orange and sliced lemon. Stir over heat until sugar dissolves. Add cinnamon and ginger, bring to a boil; cook over low heat until thick, about 1 hour, stirring occasionally. Remove cinnamon and ginger. Add raisins and lemon juice and bring again to a boil. Stir in Tabasco, pour into hot pint or half-pint jars, and seal at once. Makes 3-and-a-half pints.

- Combine tomatoes, onion, green pepper, sugar, salt and vinegar in deep kettle. Tie spices in cheese cloth bag; add to ingredients in kettle. Cook, uncovered, 3-and-a-half to 3 hours over low heat, stirring often. Remove spice bag; stir in Tabasco. Pour sauce at once into clean, hot sterilized jars; seal. Makes 4 to 5 pints.

Good News, Onion Lovers



Chill dressing sets off Sweet Spanish onions, avocado and tomatoes

By AILEEN CLAIRE
The Herald Services

Onion lovers and those who enjoy more snap to their salads will be happy to learn that the Sweet Spanish onion crop will be a good one this year. These snowy-white onions with their subtle sweet flavor go well in a colorful salad of avocado slices and tomato wedges. Top with a pungent Chili Dressing, an oil and vinegar combination with lime juice, chili powder and oregano. Great with hamburgers or an expensive steak.

- 1 tablespoon chopped parsley
- Chili Dressing

CHILI DRESSING

- 1/3 cup salad oil
- 2 tablespoons vinegar
- 2 teaspoons lime juice
- 1 teaspoon salt
- Dash pepper
- 2 teaspoons sugar
- 1 teaspoon chili powder
- 1/4 teaspoon oregano

Combine all ingredients in small jar. Cover and shake until well blended. Makes about two-third cup dressing.

MEXICAN-STYLE ONION SALAD

- 1 large Idaho-Oregon Sweet Spanish onion
- Crisp salad greens
- 1 large tomato, cut wedges
- 1 fully ripe avocado, sliced

KRAFT FOODS HARVEST SALE!

Health and Beauty Buys

SAVE 20' HEAD & SHOULDERS SHAMPOO 7 oz. \$1.19

SAVE 23' ANACIN 100's \$1.29

SAVE 22' JERGENS LOTION 10 oz. 99¢

SAVE 12' KRAFT French Dressing 8 oz. 39¢

SAVE 24' HEINZ 57 Sauce 15 oz. 79¢

SAVE 10' KOOGLE FLAVOR Peanut Butter 12 oz. 63¢

CAMPBELL V-8 Cocktail 46 oz. 65¢

CHILI SAUCE 8 pounds (4 quarts) skinned ripe tomatoes, cut in pieces 6 medium onions, chopped 6 green peppers, chopped 1 cup sugar 2 tablespoons salt 2 cups cider vinegar 4 teaspoons whole cloves 3 tablespoons whole allspice 1 tablespoon Tabasco

Combine all ingredients. Chill at least 1 hour before serving. Store covered in clean 1-pint jar. This relish may be kept in refrigerator about 2 weeks. Makes about 1 pint (6-8 servings).

TOMATO CONSERVE 5 pounds tomatoes, red or yellow 2 pounds sugar 1/2 teaspoon salt 1 orange, thinly sliced 1 lemon, thinly sliced 1 stick (3 inch) cinnamon 1 piece whole ginger 1 cup seedless raisins 1 cup lemon juice 1/2 teaspoon Tabasco

Peel tomatoes and chop. Combine with sugar, salt, sliced orange and sliced lemon. Stir over heat until sugar dissolves. Add cinnamon and ginger, bring to a boil; cook over low heat until thick, about 1 hour, stirring occasionally. Remove cinnamon and ginger. Add raisins and lemon juice and bring again to a boil. Stir in Tabasco, pour into hot pint or half-pint jars, and seal at once. Makes 3-and-a-half pints.

Combine tomatoes, onion, green pepper, sugar, salt and vinegar in deep kettle. Tie spices in cheese cloth bag; add to ingredients in kettle. Cook, uncovered, 3-and-a-half to 3 hours over low heat, stirring often. Remove spice bag; stir in Tabasco. Pour sauce at once into clean, hot sterilized jars; seal. Makes 4 to 5 pints.

SAVE 20' KRAFT QUART **Mayonnaise** 7 oz. **99¢**

LIMIT ONE WITH \$7.50 OR MORE ORDER

SAVE 12' KRAFT B-B-Q Sauces 18 oz. 39¢

SAVE 10' KRAFT Cheese Whiz 8 oz. 69¢

SAVE 10' KRAFT SINGLE American Slices 12 oz. 97¢

SAVE 8' KRAFT Whipped Topping 8 oz. 69¢

SAVE 8' KRAFT Sliced Mozzarella 6 oz. 59¢

SAVE 10' CRACKER BARREL Sharp Six Cheese 10 oz. \$1.09

SAVE 12' KRAFT B-B-Q Sauces 18 oz. 39¢

SAVE 10' KRAFT Cheese Whiz 8 oz. 69¢

SAVE 10' KRAFT SINGLE American Slices 12 oz. 97¢

SAVE 8' KRAFT Whipped Topping 8 oz. 69¢

SAVE 8' KRAFT Sliced Mozzarella 6 oz. 59¢

SAVE 10' CRACKER BARREL Sharp Six Cheese 10 oz. \$1.09

SAVE 18' LIME OR ORANGE GATORADE 3 Qts. \$1.

SAVE 20' KRAFT MACARONI DINNER 4 7 1/4 \$1

SAVE 12' KRAFT SOFT PARKAY 2.8 oz. Cups 69¢

SAVE 40' BREAKSTONE SWISS PARFAIT YOGURT 4 8 oz. \$1.

SAVE 24' GREEN GIANT Niblet Corn 4 12 oz. Cans \$1.

SAVE 18' GREEN GIANT Sweet Peas 3 303 Cans \$1.

NABISCO Chips Ahoy 14 1/2 oz. 89¢

QUANTITY RIGHTS RESERVED

SAVE 20' Lux Liquid 32 oz. 89¢

GIANT SAVE **Drive** 79¢

LIMIT ONE WITH \$7.50 OR MORE ORDER

SAVE 12' KRAFT B-B-Q Sauces 18 oz. 39¢

SAVE 10' KRAFT Cheese Whiz 8 oz. 69¢

SAVE 10' KRAFT SINGLE American Slices 12 oz. 97¢

SAVE 8' KRAFT Whipped Topping 8 oz. 69¢

SAVE 8' KRAFT Sliced Mozzarella 6 oz. 59¢

SAVE 10' CRACKER BARREL Sharp Six Cheese 10 oz. \$1.09

SAVE 18' LIME OR ORANGE GATORADE 3 Qts. \$1.

SAVE 20' KRAFT MACARONI DINNER 4 7 1/4 \$1

SAVE 12' KRAFT SOFT PARKAY 2.8 oz. Cups 69¢

SAVE 40' BREAKSTONE SWISS PARFAIT YOGURT 4 8 oz. \$1.

SAVE 24' GREEN GIANT Niblet Corn 4 12 oz. Cans \$1.

SAVE 18' GREEN GIANT Sweet Peas 3 303 Cans \$1.

NABISCO Chips Ahoy 14 1/2 oz. 89¢

QUANTITY RIGHTS RESERVED

MARTHA WHITE **Flour** 5 lb. Bag **79¢**

LIMIT ONE WITH \$7.50 OR MORE ORDER

SAVE 25' REGULAR & DIET Shasta Drinks 10 12 oz. Cans \$1.19

SAVE 36' GREEN GIANT Cut Green Beans 4 303 Cans \$1.

KEEBLER TOWN HOUSE Crackers lb. 75¢

U.S. NO. 1 ALL PURPOSE **Potatoes** 20 lb. Bag **\$1.19**

LARGE SNO-WHITE **Cauliflower** Head 39¢

PINK OR WHITE Grapefruit 3 FOR 29¢

MICHIGAN Carrots 2 1-lb. Pkg. 29¢

MACINTOSH Apples 3 lb. bag 59¢

FLORIDA YELLOW Sweet Corn 5 ear 49¢

SAVE 20' **Carling Black Label Beer** 6-12 oz. Cans **\$1.09**

LIMIT 4 6-Paks

SAVE 20' **Coke** NEW - 8 Pak 12 oz. Cans **\$1.37**

SAVE 34'

SAVE 30' WITH THIS COUPON **max-pax** 12 PAK FAIRWAY MARKETS EXPIRES 10-30-74

SAVE 30' WITH THIS COUPON **Sanka** 3% CAFFEIN FREE COFFEE AT FAIRWAY MARKETS EXPIRES 10-30-74

SAVE 20' **Drive** 79¢

SAVE 12' KRAFT B-B-Q Sauces 18 oz. 39¢

SAVE 10' KRAFT Cheese Whiz 8 oz. 69¢

SAVE 10' KRAFT SINGLE American Slices 12 oz. 97¢

SAVE 8' KRAFT Whipped Topping 8 oz. 69¢

SAVE 8' KRAFT Sliced Mozzarella 6 oz. 59¢

SAVE 10' CRACKER BARREL Sharp Six Cheese 10 oz. \$1.09

SAVE 18' LIME OR ORANGE GATORADE 3 Qts. \$1.

SAVE 20' KRAFT MACARONI DINNER 4 7 1/4 \$1

SAVE 12' KRAFT SOFT PARKAY 2.8 oz. Cups 69¢

SAVE 40' BREAKSTONE SWISS PARFAIT YOGURT 4 8 oz. \$1.

SAVE 24' GREEN GIANT Niblet Corn 4 12 oz. Cans \$1.

SAVE 18' GREEN GIANT Sweet Peas 3 303 Cans \$1.

NABISCO Chips Ahoy 14 1/2 oz. 89¢

QUANTITY RIGHTS RESERVED

Ahoy, Home Sweet Home On The Bounding Main

By AILEEN CLAIRE
The Herald Services
NEW YORK — (NEA)—Year-round living aboard a boat conjures up all kinds of wishful thinking among the fireside set during chill wintry days.

For most of us, it is an idyllic dream, but some actually do make the dramatic shift from shore to ship. Bud and Lois Altman, for example, cut their apartment ties in Queens 10 years ago, after eight years of metropolitan life, and look back with no regrets on their decision.

Actually, Mrs. Altman revealed their current home aboard the 45-foot "LoBud" was all due to a honeymoon experience 18 years ago.

"We were having lunch at a dock side restaurant in Cape Cod. We saw a couple dining on the fantail of their boat at anchor and thought, 'What a lovely way to live.' We decided then to go into boating."

They've never regretted it. This is their sixth boat.

While still in an apartment, the Altmans built their first — a 23-foot cabin cruiser. "We went to Power Squadron school and took a cruise to Lake Champlain. It was marvelous," she said.

"It finally reached a point where we were spending so much time — winter and summer — on a boat that we decided to live aboard all year."

For several years their floating home was docked at the World's Fair Marina in Flushing Bay, just a baseball fan's throw from Shea Stadium. There were 28 "live ins" and this meant a great deal of open house living with many parties during Christmas and New Year's, Mrs. Altman said.

However, for the last three years they have moored in a private marina in Westchester where they have access to a yacht club. There are only three



All-electric galley has comforts of home

"live ins," which makes for less entertaining.

The Altmans have air conditioning and keep cozy in winter with a hot-air heating system. Since Mrs. Altman is sales-floor manager for Simmons Co. in Manhattan, she had a special hand in decorating the yacht and turned to crisp greens and white rather than nautical red, white and blue. A long shag rug was installed throughout the boat and fabric in a leaf design picks up her color scheme throughout. The boat sleeps six with a hide-a-bed sofa providing extra seating and sleeping room in the salon which merges into the all-electric galley. With a three-burner range, pressure oven with rotisserie, refrigerator and small freezer she can whip up meals for eight at a sit-down dinner. However, Mrs. Altman prefers to serve buffet style with simple dishes such as beef fondue, lasagne or chicken breast parmigiana.

"We love to eat and I love to cook and entertain," she said. Since both work in Manhattan — he is a video engineer with Ogilvy & Mather, Inc., an advertising agency — they generally eat breakfast in the city and simple beef steak, chops or pot roasts when alone.

She plans her food shopping around meat buys, for example, and can get up to 13 steaks in her freezer. "I don't buy large economy-size cans, although we do have a fairly large pantry. We just don't use many canned items when docked but we do use frozen vegetables and mostly fresh fruits and vegetables."

During August the couple cruises the East Coast, going to Nantucket and Martha's Vineyard. When on anchor they barbecue a lot and cook fish and seafood. But they must be careful not to stock too many foods, such as fresh milk, that will spoil because the generator will run on a two-hour-on, two-off

cycle. She makes salads such as a kidney bean, chick pea and corn salad and lots of clam dishes, since clamming is quick and easy for them.

They hope soon to make their first inland voyage to West Palm Beach, where they plan to retire — on their yacht. "This is going to be a one way trip to Florida," she said.

After 18 years of marriage and boating she gave this advice to other women whose husbands are boating enthusiasts: "Try it. It's a great sport, peaceful. It's great to anchor in until pie bubbles, about 15 minutes. Cut into wedges.

- HOT CRAB MEAT HORS D'OEUVRES**
- 1 7 1/2-ounce can crab meat
 - 1 large package cream cheese
 - 1/2 onion, sauteed
 - 1 teaspoon horseradish
 - 1 teaspoon dry sherry or white wine
- Mash ingredients together and press into 9-inch pie plate. Sprinkle with silvered almonds and bake in 350-degree oven until pie bubbles, about 15 minutes. Cut into wedges.
- QUICK CLAM CHOWDER**
- 2 cans vegetable soup
 - 2 cans water
 - 3 slices bacon cut into quarter pieces
 - 1 teaspoon leaf thyme
 - 1 small bottle clam juice
 - 1 dozen fresh clams chopped or 2 cans whole baby clams
 - 6 large ginger snap cookies
- In a large skillet combine first 6 ingredients, bring to boil and then simmer gently 15 minutes. Crumble ginger snaps and add. Simmer another 10 minutes. Serve hot in bowls. Makes six servings.

FAIRWAY FARMS CORN FED U.S.D.A. INSPECTED WESTERN BEEF

Bought Right! Cut Right! Priced Right! Tastes Great!

FAIRWAY 100% PURE GROUND **Beef** 3 lb. Pkg. or More **78¢**

NEW! INTRODUCTORY OFFER **GWALTNEY LUNCH MEATS** 6 and 8 oz. Pkgs. All Varieties **10¢ OFF** REGULAR PRICE

RATH **All Meat Wieners** 12 oz. Pkg. **58¢**

Breakfast Links 8 oz. Pkg. **58¢**

LYKES "RED PIG" OLD FASHIONED **Smoked Sausage** lb. **98¢**

FAIRWAY FARMS **Ice Milk** 1/2 Gal. **59¢**

LIMIT ONE WITH \$7.50 OR MORE ORDER

SAVE 20' WITH THIS COUPON **max-pax** 12 PAK FAIRWAY MARKETS EXPIRES 10-30-74

SAVE 30' WITH THIS COUPON **Sanka** 3% CAFFEIN FREE COFFEE AT FAIRWAY MARKETS EXPIRES 10-30-74

FAIRWAY FARMS "OLD FASHIONED" **WHOLE BRISKET OF Corned Beef** lb. **88¢**

FAIRWAY FARMS U.S.D.A. INSPECTED BEEF **CHUCK Roast** lb. **78¢**

FAIRWAY FARMS **Money Saver Family Paks CUBE STEAK - STEW BEEF FRESH ROUND** IN 3 LB. PACKAGES **\$1.28**

EXTRA LEAN FRESH CHOPPED **Sirloin Patties** 5 1/2 oz. **48¢**

FRESH GA. GRADE A, WHOLE **Fryers** lb. **38¢**

CUT-UP FRYERS 45'

COOKING SUGGESTIONS FOR CORNED BEEF BRISKET: Place large brisket in pan with cold water to cover. Cover pan & bring to boil, drain, cover meat with cold water. Bring to boil & reduce heat to a simmer, 1/2 pkg. of pickling spice may be added if desired. Simmer until tender with fork test, about 6 hours. Vegetables, such as cabbage, onions, carrots, & potatoes, may be cooked in juice or separately after removing meat.

OSCAR MAYER **Braunschweiger Sandwich Spread** 8 oz. **48¢**

BAKERY: DATE & NUT LOAF 98¢

DELICATESSEN: JOHN MORRELL BOLOGNA 1/2 lb. 49¢

Loaf Cake 98¢

Cinnamon Rolls 6/69¢

They're Great Contour Rolls 8/69¢

VOLLENDAM Boiled Ham 1/4 lb. 65¢

FEATURED AT ALL FAIRWAYS: Hot & Cold Foods, Assortment of Meats, Cheeses & Salads, Potato, Carrot & 3 Bean Salads

SEAFOOD: ROCK SHRIMP TAILS 1 1/2 lb. bag \$2.98

Alaska King Crab Legs 2.98

Stuffed Clams 1.29

Roe Mullet 39¢

SAVE 25' REGULAR & DIET Shasta Drinks 10 12 oz. Cans \$1.19

SAVE 36' GREEN GIANT Cut Green Beans 4 303 Cans \$1.

KEEBLER TOWN HOUSE Crackers lb. 75¢

U.S. NO. 1 ALL PURPOSE Potatoes 20 lb. Bag \$1.19

LARGE SNO-WHITE Cauliflower Head 39¢

PINK OR WHITE Grapefruit 3 FOR 29¢

MICHIGAN Carrots 2 1-lb. Pkg. 29¢

MACINTOSH Apples 3 lb. bag 59¢

FLORIDA YELLOW Sweet Corn 5 ear 49¢

SAVE 20' **Carling Black Label Beer** 6-12 oz. Cans **\$1.09**

LIMIT 4 6-Paks

SAVE 20' **Coke** NEW - 8 Pak 12 oz. Cans **\$1.37**

SAVE 34'

SAVE 30' WITH THIS COUPON **max-pax** 12 PAK FAIRWAY MARKETS EXPIRES 10-30-74

SAVE 30' WITH THIS COUPON **Sanka** 3% CAFFEIN FREE COFFEE AT FAIRWAY MARKETS EXPIRES 10-30-74

SAVE 20' **Drive** 79¢

SAVE 12' KRAFT B-B-Q Sauces 18 oz. 39¢

SAVE 10' KRAFT Cheese Whiz 8 oz. 69¢

SAVE 10' KRAFT SINGLE American Slices 12 oz. 97¢

SAVE 8' KRAFT Whipped Topping 8 oz. 69¢

SAVE 8' KRAFT Sliced Mozzarella 6 oz. 59¢

SAVE 10' CRACKER BARREL Sharp Six Cheese 10 oz. \$1.09

SAVE 18' LIME OR ORANGE GATORADE 3 Qts. \$1.

SAVE 20' KRAFT MACARONI DINNER 4 7 1/4 \$1

SAVE 12' KRAFT SOFT PARKAY 2.8 oz. Cups 69¢

SAVE 40' BREAKSTONE SWISS PARFAIT YOGURT 4 8 oz. \$1.

SAVE 24' GREEN GIANT Niblet Corn 4 12 oz. Cans \$1.

SAVE 18' GREEN GIANT Sweet Peas 3 303 Cans \$1.

NABISCO Chips Ahoy 14 1/2 oz. 89¢

QUANTITY RIGHTS RESERVED

Quick, Easy Soup

By CECILY BROWNSTONE
Associated Press Food Editor
FAMILY DINNER

Fish Burgers Green Salad Apple Cranberry Sauce

PHYLLIS BISQUE
Delightful combination of vegetables make a fine soup. 2 tablespoons butter or margarine 1/2 cup chopped onion 1/2 cup chopped carrot 1 cup chopped white turnip 1 cup sliced scallion, including green tops 1/2 cup chopped parsley, slightly packed 3/4 cups clear fat-free chicken broth 15-ounce can butter beans (cooked dried lima), undrained 1/2 teaspoon dried thyme Salt and pepper to taste In a 3-quart saucepot melt the butter over low heat; add onion, carrot, turnip, scallion and parsley and cook, stirring often, about 10 minutes. Add 2 cups of the broth and bring to a boil; simmer, covered, until vegetables are soft; add the butter beans and the thyme. Puree in the electric blender. Return to saucepot and stir in remaining 1/2 cups chicken broth and the salt and pepper; reheat. Makes about 1 1/4 quarts.

DINNER FOR FOUR
Chicken Breasts With Stuffing Green Peas Potatoes Lemon Tarts Beverage

CHICKEN BREASTS WITH STUFFING
A fine dish for company. 1/4 cup butter or margarine 1/4 cup minced onion 1/4 cup minced celery 2 cups toasted croutons from a 7-ounce package 1/2 cup water 1/4 cup currants, rinsed in hot water 1/2 cup coarsely chopped walnuts 4 large chicken-breast halves, about 7 1/2 pounds In a 10-inch skillet in the hot butter gently cook onion and celery, stirring often, until wilted. Add croutons; sprinkle with water and mix well. Stir in currants and walnuts. In a 13 by 9 by 2 inch greased baking pan, mound the stuffing well apart in 4 portions; place a chicken-breast half over each portion. Cover tightly with heavyweight foil. Bake in a preheated 350-degree oven for 40 minutes; remove foil and bake until tender — 20 minutes. Place under broiler, fairly close to high heat, just until skin is crisp and golden. Makes 4 servings.

Time Saving Salad Tight Budget Pasta Plate

By AILEEN CLAIRE
The Herald Services

A melange of tastes in a modulated salad makes a refreshing complement to meat or poultry dishes. A Grape Ambrosia combines grapes, mandarin oranges and marshmallows in a strawberry-flavored gelatin. This is a make-ahead dish and is ideal for parties or for weekend meals when no one really wants to spend much time in the kitchen.

- GRAPE AMBROSIA**
1 package (3 ounces) strawberry-flavor gelatin
2 cups boiling water
1 cup sour cream
1 cup miniature marshmallows
1 can (11 ounces) mandarin oranges, drained
2 cups California grapes, stemmed, halved and seeded
1/4 cup coarsely chopped walnuts
1 can (3 1/2 ounces) toasted coconut

In mixing bowl, dissolve gelatin in boiling water. Pour into 8-inch cake pan. Chill until firm. Meanwhile, mix together remaining ingredients, except coconut. Cut chilled gelatin into cubes. Fold into mixture. Store in refrigerator until serving time. Garnish with toasted coconut. Makes 6 servings.
(1/4) May substitute whipped topping mix for sour cream. Follow package directions.)

Alternate Method: When jelly is syrupy, beat with electric mixer until frothy. Fold in sour cream or substitute and proceed as directed above. Chill until set.

Mexican Sweet Rolls

By CECILY BROWNSTONE
Associated Press Food Editor
Although sweet rolls and buns are abundant in Mexico, strangely enough there are few recipes for them in the cookbooks devoted to Mexican food. Here is a recipe for absolutely delicious Mexican buns to help rectify this lack.
The old-time recipe for this sweet bread calls for 12 eggs. But an authority on Mexican food told us that today a Mexican cook would never use this number. Frankly, these buns are so ravishingly good made with only three eggs that we didn't miss the ones we left out. However, to obtain the proper texture, we did up the butter.

- SWEET ANISE BUNS**
1/2 cup warm water, 105 to 115 degrees
2 packages active dry yeast
1/2 cup sugar
1/2 teaspoon salt
1 tablespoon anise seed
1/4 cup butter or margarine, melted
3 eggs, at room temperature
3/4 to 4/5 cups flour
1 egg yolk
2 tablespoons light corn syrup

In a large warm bowl sprinkle the yeast over the water and stir until dissolved. Add sugar, salt, anise seed, butter, the whole eggs and 1/2 cups of the flour. Beat until smooth. Stir in enough additional flour to make a soft dough. Turn out onto a lightly floured surface; knead until smooth and elastic — 8 to 10 minutes. Place in greased bowl; turn to warm draft-free place; let rise in warm draft-free place until doubled in bulk — about 1 hour.

Punch down dough. On a floured heavy cloth, with a floured, sheet-pan covered rolling pin roll out to a 12-inch square. Cut into four 6-inch squares. Place, well apart, on greased cookie sheets. Cover; let rise in warm draft-free place until doubled in bulk — about 1 hour.

Beat together egg yolk and corn syrup until blended; generously brush over triangles. Bake in a preheated 350-degree oven for 15 to 20 minutes. Serve warm (or reheated) with butter. Makes 15.



Eggplant, sour cream keep spaghetti company

By AILEEN CLAIRE
The Herald Services

A pasta casserole may be an answer to serving more kind-to-the-budget meals during a week. These are nourishing and flavorful. One combination includes spaghetti with sautéed eggplant baked with a blend of Cheddar cheese soup and sour cream. Serve with a crisp green salad and a pineapple gelatin salad topped with banana slices.

SPAGHETTI AND EGGPLANT CASSEROLE
1 medium eggplant (about 1 1/2 pounds)
Salad oil

8 ounces spaghetti
Salt

3 quarts boiling water
1 can (11 ounces) condensed Cheddar cheese soup, undiluted
1/2 cup sour cream
1/2 cup milk
1/2 cup finely chopped celery
1/2 cup finely chopped parsley
1 cup (2 ounces) grated or shredded Cheddar cheese
Pre-eggplant, if desired. Cut cross-wise into quarter-inch thick slices. In a large skillet, fry eggplant, a few slices at a time, in quarter cup hot oil, until lightly browned. Add more salad oil, if necessary. Drain on

paper towels. Gradually add spaghetti and 1 tablespoon salt to rapidly boiling water so that water continues to boil. Cook uncovered, stirring occasionally, until tender. Drain in colander. In a large bowl, combine cooked spaghetti, half teaspoon salt and remaining ingredients, except eggplant and cheese. Place half of the spaghetti mixture in 12 x 8-inch baking dish. Top with a layer of eggplant. Repeat layers; sprinkle top with cheese. Bake, covered, in 400-degree oven 20 to 25 minutes or until heated through. Makes 4 servings.

PARK SHOP

DISCOUNT PRICES 7 DAYS A WEEK
THESE ITEMS & PRICES GOOD...
★ THURS., OCT. 24 ★ WED., OCT. 30
WE GLADLY ACCEPT U.S.D.A. FOOD STAMP COUPONS

DAIRY FOODS
FLORIDA GRADE "A" SMALL EGGS
2 DOZ. FOR 89¢

MARGARINE... 2 1-LB. PKGS. 98¢
BISCUITS... 2 8-OZ. PKGS. 19¢
CHEEZ-WHIZ... 5 LB. BAG 76¢
CHLBECK QUICK GRITS... 3 QT. 77¢
CARNATION INSTANT MILK

VALUABLE COUPON
GOOD ONLY AT SANFORD PARK & SHOPS
COUPON EXPIRES: WED., OCTOBER 30
LIMIT: ONE COUPON PER FAMILY PLEASE

CHIPOS POTATO CHIPS
12 OZ. BOX 68¢

Shur Fine CARNIVAL of... SHURFINE SAVINGS-STOCK UP NOW!

YOUR CHOICE (All-Grinds) COFFEE
FOLGER'S OR...
87¢ LB. CAN
77¢ LB. CAN
LIMIT: ONE OF YOUR CHOICE, WITH OTHER PURCHASES OF \$1.39 OR MORE EXCLUDING CIGARETTES

TUNA
CHUNK STYLE LIGHT
2 7 OZ. CANS 78¢
LIMIT: 3 PLEASE WITH OTHER PURCHASES OF \$1.39 OR MORE EXCLUDING CIGARETTES

FRUIT COCKTAIL 3 NO. 303 CANS \$1.00
SLICED (or) HALVES PEACHES 2 NO. 2 1/2 CANS 89¢

WHITE RING SELF RISING FLOUR 5 LB. BAG 67¢
SALAD DRESSING QT. JAR 68¢
LIMIT: ONE WITH \$7.99 OR MORE PURCHASES EXCL. CIGARETTES

SOLID PAK TOMATOES 3 NO. 300 CANS 89¢
GRAPE FRUIT JUICE NATURAL 2 4 OZ. CANS 78¢

EARLY HARVEST SWEET PEAS 3 NO. 303 CANS 89¢
EVAPORATED MILK 4 TALL CANS \$1.00

FROZEN MINUTE MAID ORANGE JUICE
100% PURE FLA.
2 12 OZ. CANS 97¢

WHOLE KERNEL CREAM STYLE CORN
REG. (or) FRENCH CUT NO. 303 CANS
WHOLE KERNEL CORN 12 OZ. VAC-PAK CAN
3 YOUR CHOICE FOR 79¢

MRS. PAUL'S FISHSTICKS 9 OZ. PKG. 58¢
BYRON BAR-B-QUE PORK 8 OZ. PKG. 98¢

ASSORTED BOUNTY TOWELS 2 JUMBO ROLLS 89¢
LA CHOY SOY SAUCE 3 5 OZ. BTL. 87¢

HEALTH & BEAUTY AIDS - NAME BRANDS all at...

SKINNY DIP SPRAY COLOGNE 2 OZ. \$1.86	LISTERINE ANTISEPTIC MOUTHWASH 7 OZ. MED. BTL. 69¢	DETECT PLAQUE TABLETS 20 COUNT 88¢	NO MORE TANGLES SHAMPOO & CONDITIONER 7 OZ. TUBE \$1.53
ALLEREST ALLERGY TABLETS 24 COUNT \$1.34	POLIDENT DENTURE CREME TABLETS 40 CT. \$1.14	BLISTEX LIP SALVE EACH 44¢	L-OREAL HERBAL SHAMPOO 8 OZ. BTL. \$1.25
LADIES FLICKER SHAVER 5's \$1.34	BRYLCREEM GROOMS & CONDITIONS HAIR NATURALLY 3 OZ. TUBE \$1.25	BUFFERIN TABLETS 36 COUNT Twice As Fast As Aspirin 78¢	HADACOL VITAMIN SUPPLEMENT 8 OZ. BTL. \$1.79
DIAL ANTIPERSPIRANT 6 OZ. UNSCENTED \$1.22	SINE OFF SINUS HEADACHE TABLETS 24 COUNT 85¢	GILLETTE FOOT GUARD CLEAR SPRAY 6 OZ. CAN \$1.39	4-WAY NASAL SPRAY 1/2 OZ. 98¢
PEPSODENT TOOTHPASTE 3 OZ. TUBE 56¢	SUPER 2 TWIN BLADE CARTRIDGE 5's \$1.14	INFA FEEDER 2 OZ. SIZE \$2.49	BRECK CREAM RINSE 7 OZ. BTL. \$1.06

Colorful Garden Goodness Is Easily Worth Preserving

By AILEEN CLAIRE
The Herald Services

There is a way to enjoy out-of-season garden goodness throughout the year without worrying about fluctuating market prices. Can or freeze fresh items now. In the long run this saves money and there is a psychological bonus. The colorful array of relishes and jams on pantry shelves and the

savoring of their contents throughout the long winter months are satisfactions well worth the few busy kitchen hours required.

For beginners, a secret to less stress in preparing jars, cans and all necessary equipment before the actual work with fruits or vegetables begin. Try a cooperative venture when putting up foods. It is fun to

have some one to work with and talk to while following step-by-step directions.

STRAWBERRIES
A bumper crop of strawberries is reported and prices should be more economical during September. This is a good time to can and freeze, but remember — strawberries tend to fade and lose flavor when canned. Use firm, red-ripe

berries, without white or hollow centers. Hull, wash, drain and measure berries. Use half to three-quarter cup sugar to each quart berries. Gently mix sugar with berries. Let stand 5 to 6 hours in a cool place. Heat slowly until sugar dissolves and berries are hot. Pack hot, into hot jars, leaving half-inch head space. Adjust caps. Process pints 10 minutes, quarts 15

minutes, in boiling-water bath.

STRAWBERRY-RHUBARB JAM
2 cups prepared fruit (about 1 pint fully ripe strawberries and 1 pound rhubarb)
4 cups (1 1/2 pounds) sugar cup water
1 box (1 1/2 ounces) powdered fruit pectin

Prepare containers. Use only containers 1 pint or less in size that have tight-fitting lids. Wash, scald and drain containers and lids; or use automatic dishwasher with really hot (150 degrees or higher) rinse water. To prepare the fruit, stem and thoroughly crush, one layer at a time, about 1 pint strawberries. Measure 1 cup into large bowl

or pan. Grind very fine (do not peel) about 1 pound rhubarb. Measure 1 cup. Add to the strawberries. Thoroughly mix sugar into fruit; let stand 10 minutes. Mix water and fruit pectin in a small saucepan. Bring to a boil and boil 1 minute, stirring constantly. Stir into fruit. Continue stirring about 3 minutes. (A few sugar crystals will remain.) Ladle

quickly into containers. Cover at once with tight lids. Let stand at room temperature until set (may take up to 24 hours); then store in freezer. If jam will be used within 2 or 3 weeks, it may be stored in the refrigerator. Makes 5 cups or about 5 (8 fluid ounce) containers.

FREEZER FRUIT CUP JAM
1/4 cup prepared strawberries
1/4 cup prepared pineapple (1/4 fully ripe medium pineapple)
1/4 cup prepared oranges (2 medium oranges)
1/2 cup prepared pears (about 1/2 pound fully ripe pears)
4 1/2 cups (2 pounds) sugar
1/2 cup water
1 box fruit pectin

Prepare containers. Use glass or plastic containers (one pint or less) with tightfitting lids. Wash, scald and drain. Thoroughly crush about 1 pint fully ripe strawberries; measure three-quarter cup into a large bowl. Peel, core and grind a fourth of a fully ripe medium pineapple; measure three-quarter cup into the bowl. Peel, core, and grind about half pound fully ripe pears; measure half cup into the bowl. Mix sugar into fruits; let stand 10 minutes. Mix water and sure-jell fruit pectin in a small pan. Bring to a boil and boil 1 minute, stirring constantly. Stir into fruits. Continue stirring for 3 minutes. (A few sugar crystals may remain.) Ladle quickly into containers; cover at once with tight lids. Let stand until set (this may take up to 24 hours); then store in freezer. If jam will be used within 2 or 3 weeks, it may be stored in refrigerator. Makes about 5-and-a-quarter cups.

FREEZER STRAWBERRY-ORANGE JAM
1 1/4 cups prepared fruit (about 1 1/2 pints fully ripe strawberries)
1 medium orange
4 cups (1 1/2 pounds) sugar
2 tablespoons lemon juice (1 lemon)
1/2 bottle fruit pectin

Prepare containers as directed. Crush about 1 pint fully ripe strawberries; measure 1 cup into a large bowl or pan. Grate rind from 1 medium orange; add half teaspoon to "straw" and chop orange, removing membrane and seeds; measure three-quarter cup into the bowl. Mix sugar into the fruits; let stand 10 minutes. Mix lemon juice and fruit pectin; stir into fruit mixture. Continue stirring about 3 minutes. (A few sugar crystals may remain.) Ladle into containers. Cover at once with tight lids. When jam is set (may take up to 24 hours), store in freezer. If jam will be used within 2 or 3 weeks, store in refrigerator. Makes 5 cups.

RELISHES
Take advantage of fresh vegetables available at summer's end and put up a variety of relishes to go with franks, hamburgers, chicken or fish during the coming months. Favorite vegetables for relishes are corn, cucumbers, green and red peppers, tomatoes, zucchini, onions and eggplant. These make good family eating and also are thoughtful gifts.

ITALIAN SWEET
1 medium eggplant
4 cups (8 pounds) chopped tomatoes
1 1/2 cups chopped onion
1 1/2 cups chopped green pepper
1-2rd cup raisins
1 cup sugar
1 cup vinegar
3/4 cup water
1 teaspoon Tabasco

Do not peel eggplant; chop into cubes (about 4 cups chopped). Place all ingredients in medium size pot. Bring to boil, stirring occasionally, do not boil. Simmer 10 minutes. Seal in hot sterilized jars. Makes about 3 pints.

RELISH AMERICANA
1 1/2 cups cooked corn, drained
1 cucumber, chopped
1 medium green or red pepper, diced
3/4 cup vinegar
1/4 cup prepared mustard
3/4 cup sugar
1 1/2 teaspoon salt



PLUS... FANTASTIC MEAT BUYS!

FLA. GRADE 'A' WHOLE FRYERS LB. 33¢

BONELESS SWISS or FULL CUT ROUND STEAK LB. \$1.38

FRESH GROUND BEEF 5 LBS OR MORE LB. 78¢

CHUCK ROAST LB. \$1.18
CLUB STEAK LB. \$1.48

SUNNYLAND BREAKFAST LINKS 24 OZ. PKG. \$1.88
FLAVORFUL CHUCK ROAST LB. 78¢
CHUCK STEAK LB. 88¢

WESTERN PORK ROAST LB. 68¢
SUNNYLAND GOODTIME FRANKS 12 OZ. 58¢

BONELESS ENGLISH ROAST LB. \$1.28
SIZZLIN' SIRLOIN STEAK LB. \$1.48

LYKES Sliced BOLOGNA 1-LB. 78¢
TEMPTING T-BONE STEAK LB. \$1.58

LYKES BUDGET SLICED BACON LB 58¢
Farm Fresh PRODUCE U.S. No. 1 GA. SWEET POTATOES 4 LBS. 58¢

RIB ROAST... LB. \$1.38
CENTER CUT POT ROAST... LB. 98¢
BONELESS SIRLOIN TIP ROAST... LB. \$1.48

LEAN MEATY BEEF SHORT RIBS... LB. 68¢
LEAN-N-TENDER ALL MEAT STEW... LB. \$1.18
BONELESS RUMP ROAST... LB. \$1.58

FRESH FLORIDA YELLOW SWEET CORN... 10 LARGE EARS 88¢
FANCY WASH STATE BARTLETT PEARS... LB. 28¢
U.S. "NO. 1" IDAHO - BAKING POTATOES... 5 LBS. CELLO-BAG 68¢
"INDIAN SUMMER" APPLE CIDER... 1/2 GAL. 98¢

"BABY BEEF SALE" HEAVY CORN FED WESTERN BEEF CUT FOR YOUR FREEZER FREE!

CHUCK STEAKS... LB. 68¢
SIRLOIN STEAK... LB. \$1.18
ROUND STEAK... LB. \$1.18
CLUB STEAK... LB. \$1.18
T-BONE STEAK... LB. \$1.28
RIB ROAST... LB. \$1.18
LONDON BROIL... LB. \$1.28
WHOLE SIDES... LB. 79¢
HINDQUARTERS... LB. 89¢

BEEF HINDQUARTER 150 LB. AVG. \$1.08
CONSISTS OF PORTERHOUSE, T-BONE, ROUND, BONELESS SIRLOIN STEAK, RUMP, SIRLOIN TIP ROAST, CUBE STEAKS AND GROUND BEEF.
BEEF FRONT QUARTER 98¢
CONSISTS OF CHUCK STEAK, POT ROAST, CHUCK ROAST, SHOULDER ROAST, ENGLISH ROAST, RIB ROAST, CLUB STEAK, ALL MEAT STEW, 150 LB. AVG.
BEEF RIB \$1.28
(1/2 IN ROASTS: 1/2 IN STEAKS)
BEEF ROUND... \$1.08
(CUT TO YOUR ORDER)
BEEF LOIN (TRIMMED)... \$1.38
(CUT TO YOUR ORDER)
FRESH WHOLE PORK LOIN CUT INTO CHOPS \$1.18

PARK SHOP

OPEN 7 DAYS A WEEK!
SANFORD
★ 329 SANFORD AVE. STORE
MON-THURS 8:00 A.M.-7:00 P.M.
FRI & SAT 8:00 A.M.-9:00 P.M.
SUNDAY 8:00 A.M.-1:00 P.M.
★ 25TH & PARK AVE. STORE
MON-SAT 8:00 A.M.-9: P.M.
SUNDAY 9 A.M. - 6:00 P.M.

THE FAMILY LAWYER

In their back yard, the Martins kept a pet coyote on a chain. Although they considered him harmless, they warned youngsters in the neighborhood to keep their distance. But one day a boy ventured too close and got bitten.

Sued afterward for damages, the Martins insisted in court that the coyote had never bitten anyone before. Nevertheless, the court held them liable. The court said the law is less interested in the characteristics of the individual animal than in the characteristics of the species.

Most courts agree that the keeper of a wild animal, even if it is seemingly tame, carries a heavy responsibility in case of an injury. Of course, there may also be a local ordinance forbidding such pets altogether.)

Where is the dividing line between "wild" and "tame"? Generally considered wild are such animals as lions, tigers, bears, and wolves. Generally considered tame are such animals as cattle, sheep, horses, dogs and cats.

Then there are assorted animals near the borderline, like deer, mules and monkeys. To some degree, the law's classification depends on the customs of the community. The elephant, held tame in Burma, was held wild in Ohio. The camel, held tame in Australia, was wild in California.

Even if the animal is classified as wild, the keeper will usually not be blamed for an injury to someone who was guilty of deliberate provocation or recklessness. In one case a youth disregarded both a barrier and warning signs to approach a leopard in a cage. Slashed by the leopard, he later demanded damages from the animal's owner.

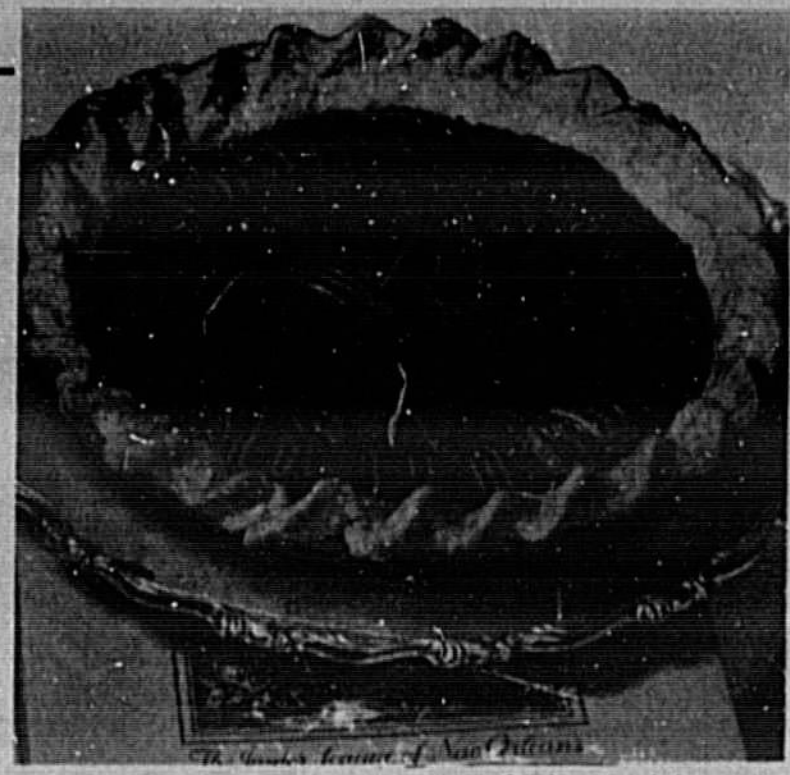
Brown Rice Salad
Brown rice has come on the cooking scene with a bang as part of the continued interest in natural foods. It goes well in traditional dishes such as a Moussaka adding its own special texture and flavor and makes an excellent Nutty Brown Rice Salad. Rice served as a side dish with your favorite fish or poultry recipe.

Cook rice according to package directions. Place cooked rice in a bowl; cover and refrigerate. Add mayonnaise, mix well. Chill one hour. Stir in remaining ingredients; chill again before serving. Makes about 6 cups.

Cook rice according to package directions. Meanwhile, cut eggplant into half inch slices crosswise. Sprinkle eggplant slices with half teaspoon salt and let stand about 30 minutes. Rinse and pat slices dry. Heat eggplant slices in oil in 12-inch skillet, turning once, about 5 minutes. Add more oil as needed. Remove eggplant slices. In the same skillet, brown meat until crumbly. Add onion and garlic. Cook, stirring frequently, until onion is tender, but not brown. Add tomato sauce, 2 teaspoons salt, oregano and pepper; heat to simmering. Arrange half the cooked rice, meat mixture and eggplant in layers in a shallow 2-quart baking dish (12 x 8 x 2 inch). Repeat layers of rice, meat, and eggplant.

Melt butter in small saucepan. Stir in flour and salt. Add half and half. Cook, stirring constantly, until thickened. Stir in cheese. Spoon over the layered ingredients. Cover. Bake at 325 degrees for 30 minutes. Uncover. Return to oven and continue baking until mixture is bubbling and top is lightly browned, about 15 minutes. Let stand 10-15 minutes before serving. Makes 6 servings.

History, Recipes Are A Good Mix



Plantation pecan pie as it's made in Louisiana

By CECILY BROWNSTONE
Associated Press Food Editor
When the women who belong to the Junior League of New Orleans decided on a new fundraising effort to aid them in supporting some community betterment projects, they chose to assemble a cookbook — one that would appeal to travelers and history buffs as well as cooks.

Other league members worked at gathering recipes that preserve Louisiana's culinary achievements and they tried them on their families and guests. Because each recipe serves eight, there were lots of dinner parties during this preparation period and frank comments on the worth of each recipe were invited; only those that testers were enthusiastic about were chosen for inclusion in the book. For the most part, the recipes rely on foods available in Louisiana in antebellum days.

We were attracted to The Plantation Cookbook's Pecan Pie because it is less sweet than most recipes for this very American dessert, and because it suggests an interesting chocolate embellishment. Here's our adaptation of the recipe.

PLANTATION PECAN PIE
2 eggs
1/2 cup sugar
1/2 cup dark corn syrup
2 tablespoons butter, soft
1 teaspoon vanilla
1 cup coarsely chopped pecans

Unbaked 8-inch pie shell (about 28) pecan halves
Garnish of 1 cup heavy cream (whipped) or 1 ounce semi-sweet chocolate (melted), if desired

Beat eggs slightly; add sugar, corn syrup, butter and vanilla and beat gently until combined; stir in chopped pecans. Turn into pie shell. Place 4 pecans in the center, petal fashion; place remaining pecan halves around edge. Bake in a preheated 375-degree oven until set — 30 to 35 minutes. If garnish is used, serve pie hot or cold with the whipped cream or drizzle chocolate over the cooled pie in a zigzag design between center pecans and those around edge and let chocolate set.

Gourmets Enjoy Halloween Apples



By CECILY BROWNSTONE
Associated Press Food Editor
Each year we make candy apples for Halloween and, following tradition, we've used medium or large-size fruit. Youngsters love them, but I've always noticed that most of the time there's too much apple and usually half of it gets thrown away.

This year, spurred on by inflation, we did something different. We used small McIntosh apples (the bag was marked No. 1 — 2 1/2 inch minimum) and coated them with chocolate. Success. Our young visitors ate every bit. Our grownup guests with epicurean tastes did the same. So, if you're giving a Halloween supper party, these Chocolate Apples will make a fun dessert. Our discriminating adult friends enjoyed this stick apples so much because the coating was made with real chocolate rather than the ersatz-product. Advice: read the label when you're buying semi-sweet chocolate pieces.

The cost? At New York City prices, and they're higher in those in some other parts of the country, our batch of Chocolate Apples cost about 90c. These days a treat such as this for 10c a portion is a bargain. If the apples you use come from your own tree or you've bagged them from a neighbor's, you can of course make this Halloween offering for much less.

CHOCOLATE APPLES
9 small apples, about 1 1/2 pounds
Wooden craft sticks
1-3rd cup (about) finely chopped walnuts or peanuts
6-ounce package (1 cup) semi-sweet real chocolate pieces
2 tablespoons light or dark syrup
2 tablespoons butter or margarine
1 1/2 teaspoons water

Wash and dry apples. Remove stems: hold the stem in one hand and rotate apple with the other and stem should come out easily. Insert a craft stick in the stem end of each apple. Spread the nuts fairly thickly on a small cookie sheet or similar utensil in 9 rounds, each the diameter of the apple.

In the top of a double boiler placed over hot (not boiling) water stir together the chocolate, corn syrup, butter and water until chocolate melts completely. Remove from heat and water, but keep water at hand. Work quickly; lip double-boiler top and swirl apple in the chocolate mixture; remove quickly and holding apple stick down over pan, let chocolate spread so apple is coated; place apple stick side up on a round of the nuts. As chocolate gets lower in pan, use a spoon to help coat the apples with the chocolate. If chocolate gets too thick to spread easily, place it over the hot water to warm it. When all apples are coated, refrigerate uncovered until chocolate has set. If you want to add more nuts to the apples, remove coated apples from refrigerator when chocolate has set but is not entirely firm (about 15 minutes) and roll the bottom sides of each apple in extra finely chopped nuts, then return to refrigerator uncovered until chocolate sets completely. The apples may be refrigerated overnight but you may want to let them stand at room temperature about 1 hour before serving.

If you haven't a double-boiler you can improvise by using a small or medium metal or heatproof-glass mixing bowl set over a saucepan or in a skillet of water that is very hot but not boiling.

WINN-DIXIE
THE BEEF PEOPLE
WE PLEDGE TO FIGHT INFLATION AND CONSERVE ENERGY

AUSTRIA-EMAIL COOKWARE
THIS COUPON WORTH \$2.00 OFF
LIMIT 1 PER \$15 COUPON
THE PRICE OF AUSTRIA-EMAIL
5 QT. COV. DEEP STEW POT
\$19.99 PRICE
YOU SAVE \$2.00 COUPON VALUE
FRESH WITH COUPON
VALID THRU DEC. 4

W-D BRAND U.S. CHOICE WESTERN CHUCK
PRICES GOOD THURS. OCT. 24, THRU WED. OCT. 30

COFFEE 88¢
1-LB. CAN
SAVE 31¢

TEA BAGS 99¢
100-CT. PKG.
SAVE 30¢

BREAD 3 \$1
20-oz. LOAVES
DIXIE DARLING FAMILY

TOMATO SOUP 74¢
10 1/2-oz. CANS
SAVE 40¢

CHICKEN 99¢
57-oz. CAN
DOUGLAS WHOLE

BEER 6 \$1.15
9-PACK 12-oz. NRBs
FISCHER'S

Frostings 75¢
15 1/2-oz. CAN
PILLSBURY RICH-N-DELICIOUS OR CHOCOLATE

Rice 83¢
2 1/2-LB. PKG.
MAHATMA

Inst. Coffee 51¢
6-oz. JAR
NESCAFÉ

APPLE SAUCE 3 88¢
16-oz. CANS
THRIFTY MAID

BUTTER 69¢
1-LB. PKG. (QTRS.)
THRIFTY MAID

LARGE EGGS 69¢
DOZEN
THRIFTY MAID

SAVE 15¢
WITH THIS COUPON AND THE PURCHASE OF 5-LB. BAG GOLD MEDAL FLOUR
69¢ WITH COUPON 84¢ WITHOUT COUPON

HALLOWEEN CANDY HEADQUARTERS
BRACH'S PEANUT-BUTTER KISSES 10-oz. PKG. 55¢
M & M'S 16-oz. PKG. \$1.29
POPS 8-oz. PKG. 69¢
CANDY 16-oz. PKG. 99¢

SAVE 15¢
WITH THIS COUPON AND THE PURCHASE OF 8-oz. BOTTLE CLAIROL HERBAL ESSENCE SHAMPOO
99¢ WITH COUPON \$1.14 WITHOUT COUPON

Potato Chips 55¢
5-oz. CAN
OLD ENGLISH LEMON

Aerosol 89¢
9-oz. CAN
SUNSHINE KRISPY

Crackers 61¢
16-oz. PKG.
THRIFTY MAID

100 EXTRA TOP VALUE STAMPS
10-oz. CAN CHEK DRINKS
GOOD THRU OCT. 30

100 EXTRA TOP VALUE STAMPS
18-oz. BTL. SURE MAGIC TILE BRITE
GOOD THRU OCT. 30

100 EXTRA TOP VALUE STAMPS
TWO 12-CT. PKGS. \$1.99
MAXI PADS
GOOD THRU OCT. 30

GRAIN FED ROLLED BONELESS ROAST \$1.08
LB.
SAVE 51¢

CHUCK ROAST 88¢
3-LB. PKG.
W-D BRAND USDA CHOICE BEEF

SHLDR. ROAST 1.28
4-LB. PKG.
W-D BRAND USDA CHOICE BEEF

T-BONE STEAK 1.89
12-oz. STEAK
W-D BRAND USDA CHOICE PORTERHOUSE OR ROUND STEAK

ROUND STEAK 1.89
12-oz. STEAK
W-D BRAND USDA CHOICE SIRLOIN OR TOP

GROUND BEEF 5 3.99
5-LB. PKG.
USDA INSP. W-D BRAND PURE (NO ADDITIVES)

PICNICS 59¢
1-LB. PKG.
W-D BRAND SMOKED PORK SHOULDER

Beef Patties 3 88¢
3-LB. PKG.
W-D BRAND USDA CHOICE BEEF

Beef Liver 99¢
1-LB. PKG.
W-D BRAND USDA CHOICE BEEF

Cheddar Loaf 59¢
6-oz. PKG.
SWISS PREMIUM BROWN & SERVE PATTIES OR SAUSAGE LINKS

ORANGE JUICE 3 89¢
9 1/2-oz. CTNS.
HOOD

POT PIES 4 89¢
8-oz. PIES
TYSON CHICKEN, BEEF OR TURKEY

APPLES 4 89¢
4-LB. BAG
VINE RIPE TOMATOES 39¢

ICE MILK 69¢
HALF GALLON
THRIFTY MAID

DINNERS 2 88¢
11-oz. PKGS.
TYSON CHICKEN, SALISBURY OR TURKEY

GRAPES 3 \$1
3-LB. BAG
CALIFORNIA RED TOKAY

Cubed Steaks 5 99¢
5-LB. PKG.
W-D BRAND USDA CHOICE BEEF TENDER

Sliced Cheese 89¢
12-oz. PKG.
SUPERBAND AMERICAN SINGLE WRAPPED

Pound Cake 79¢
12 1/2-oz. CAKE
STOFFER'S CHOCOLATE CHIP, LEMON, OR ALMOND

100 EXTRA TOP VALUE STAMPS
2-LB. CUP SLICED BACON
GOOD THRU OCT. 30

100 EXTRA TOP VALUE STAMPS
18-oz. PKG. ASTOR INSTANT POTATOES
GOOD THRU OCT. 30

100 EXTRA TOP VALUE STAMPS
11 1/2-oz. STOFFER'S TUNA NOODLE CASSEROLE OR MACARONI & BEEF
GOOD THRU OCT. 30

Gulf Coast Oranges

By TOM HOGUE
AP Newsfeatures Writer
When I was a boy, we used to munch oranges at the movies and toss the peels at the bad guys on the screen. Which is no more odd than the custom in some Caribbean countries where housewives split an orange and scrub the floor with a half in each hand.

Fresh oranges have become somewhat of a trend in America, where the enormous popularity of frozen juice has driven the per capita consumption of the fresh fruit down by 75 per cent in the past two decades. But, however they consume them, Americans grow about 25 billion oranges a year, much of which, of course, goes for export. This is a sizable sum compared to the six billion oranges grown in Spain and four billion in Italy.

For years, an amiable feud has been going on between the growers of California oranges with their thick golden skins and rich meat and those of Florida which have a thin covering and are bursting with juice. In fact, the Florida variety has so much juice that a Californian will tell you acidly that to eat one you should wear a bathing suit. Maybe so, but Floridians retort that if a car runs over a California orange it won't even wet the pavement.

To confuse things still more, I'm told that most Florida oranges grow on lemon trees while most California lemons grow on orange roots.

I used to see Florida blood oranges on fruit stands in New York, but I guess the red juice turned housewives who, because I haven't spotted one in years.

Oranges give a fillip to a lot of dishes, especially desserts. Here is one for Pennsylvania Dutch Orange Cake:

1 cup butter
2 cups sugar
2 tablespoons grated orange rind
5 eggs
3 cups sifted cake flour
3 tablespoons baking powder
1/2 teaspoon salt
3/4 cup orange juice
Bourbon Glaze (see below)
Cream butter with sugar till fluffy. Add orange rind and mix. Add eggs, one at a time, beating well after each addition. Sift flour, baking powder and salt together. Add flour mix and orange juice alternately to butter mix, beating well after each addition. Turn into greased, floured 10-inch tube pan and bake in 350-degree oven one hour or till cake tests done. Pour Bourbon Glaze over cake and remove from pan when cake is well-cooled.

BOURBON GLAZE
1/2 cup butter
1/2 cup orange juice
3/4 cup cup sugar
4 oz. Bourbon
Combine all ingredients and heat till sugar is melted.

FRENCH AVE. & 25th ST.

SANFORD

419 E. FIRST ST.

FRENCH AVE. & 25th ST.

SANFORD

419 E. FIRST ST.

Bounty Towels 39¢	English Muffins 3 \$1	Hawaiian Punch 49¢	Borden's Sherbets 59¢	Hills Bros. Coffee 89¢	Pepperoni Pizza 89¢	Golden Bananas 12¢
-----------------------------	---------------------------------	------------------------------	---------------------------------	----------------------------------	-------------------------------	------------------------------

Who has the sweetest treats of all?

PUBLIX OF COURSE!

Swift's Premium Tender **Fully Cooked Hams 79¢**

Swift's Premium Tender **Cut-Up Fryers 59¢**

Swift's Premium Tender **Sliced Bacon 79¢**

Swift's Premium Tender **Canned Hams 59¢**

Swift's Premium Tender **Beef Brisket 59¢**

Swift's Premium Tender **Turkey Roast 59¢**

Swift's Premium Tender **Beef Liver 99¢**

Swift's Premium Tender **Swift's Franks 99¢**

Swift's Premium Tender **Bologna 49¢**

Swift's Premium Tender **Beef, Ham, Turkey 49¢**

Swift's Premium Tender **Grill Franks 59¢**

Swift's Premium Tender **Braunschweiger 79¢**

Swift's Premium Tender **Smoke Links 99¢**

Swift's Premium Tender **Sliced Bologna 59¢**

Swift's Premium Tender **Ham Sandwich Spread 55¢**

Swift's Premium Tender **Trout Fillets 99¢**

Swift's Premium Tender **Whole Flounder 99¢**

Whole Fryers 49¢

Dairi-Fresh Yogurt 4 \$1

Golden Corn 387¢

Blue Plate Mayonnaise 89¢

Shasta Diet Drink 689¢

Large Eggs 69¢

Selected Baby Beef

Inflation Fighter

Sirloin Steak 1.25

Round Steak 1.25

Rib Steak 1.25

Chuck Roast 89¢

Pot Roast 1.19

Tip Roast 1.25

Short Ribs 69¢

Beef for Stew 99¢

Health & Beauty Aids Specials

V05 Hair Spray 89¢

Mouthwash 69¢

Down Produce Lane

Apple Cider 59¢

White Potatoes 10 89¢

Seedless Grapefruit 5 69¢

Sweet Corn 10 99¢

Tasty Tomatoes 35¢

Cooking Onions 3 39¢

Fresh Broccoli 49¢

Publix markets

where shopping is a pleasure

Sanford Plaza
Hwy. 17-92 and Airport Blvd., Sanford

Seminole Plaza
Hwy. 17-92, Casselberry

WE ACCEPT U.S.D.A. FOOD STAMPS!

GLAD SANDWICH BAGS 49¢

BETTY CROCKER BROWNIE SUPREME 99¢

GLAD SANDWICH BAGS 58¢

From Our Frozen Food Dept.

Waffles 59¢

Meat Lasagna 89¢

Cabbage with Beef 1.19

Potato Patties 69¢

Mixed Vegetables 39¢

Vegetables Orient 79¢

Cut Green Beans 1.19

Sole Fillets 1.19

Fish Sticks 1.19

100 GreenStamps

5¢ or more of any Halloween Candy

100 GreenStamps

Real Kill Roach & Ant Bomb 1.19

100 GreenStamps

Modess Regular or Super 24-ct. pgs. 1.19

100 GreenStamps

Holly Tall Kitchen Bags 13-ct. pgs. 1.19

100 GreenStamps

Schick Paper 8 Blades 1.19

100 GreenStamps

Kraft's Cracker Barrel Extra Cheddar 10-oz. stick 1.19

100 GreenStamps

Wags Handy Shelf Paper 12 or 18 inch 18 or 24 in. roll 1.19

100 GreenStamps

Any HR-2 Bug Shampoo 4-oz. pgs. 1.19

100 GreenStamps

Any HR-2 Vacuum Cleaner Bags 1.19

100 GreenStamps

100 GreenStamps

100 GreenStamps

100 GreenStamps

50 GreenStamps

50 GreenStamps

50 GreenStamps

50 GreenStamps

50 GreenStamps

50 GreenStamps

50 GreenStamps

50 GreenStamps

50 GreenStamps

R-C Cola 8 1.09

Beer 6 1.19

Wine 12 2.49

Red Delicious Apples 13 \$3.29

50 GreenStamps

50 GreenStamps

50 GreenStamps

50 GreenStamps

50 GreenStamps

50 GreenStamps

50 GreenStamps

50 GreenStamps

50 GreenStamps

50 GreenStamps

50 GreenStamps

Evening Herald

67th Year, No. 24—Thursday, October 24, 1974 Sanford, Florida 32711—Price 10 Cents



CANDIDATES MEET ASKEW
Democratic candidates for Seminole County school board Pat Telson (left) and E. C. Harper Jr., meet Gov. Reubin Askew (right) at a \$100 plate dinner attended by approximately 50 persons Wednesday at the Holiday Inn in Sanford. Askew acknowledged plans for replacement of the Osteen bridge are on schedule, but denied public reports which say he committed himself to at the time of his election to replace the bridge.

Housewife Fighting Water Fluoridation

ALTAMONTE SPRINGS — Oviedo voters in September said "yes" to a straw ballot question of whether that city's water supply should be fluoridated.

Cassellberry voters are being asked on the December city election ballot whether they approve fluoridation of their city water.

The city of Sanford has fluoridated its water supply for nearly nine years.

But the question of whether Altamonte Springs' water supply should be fluoridated will not receive an affirmative vote without at least a fight, Mrs. Janice Berendzen of 833 Ellsworth St., let city council know this week.

Contending fluoride is a prescription drug with side effects, Mrs. Berendzen added that while 1.5 parts of fluoride per million parts of water is the usual safe level, it is impossible to determine how much anyone is exposed to since it will depend on the amount of water he drinks. She said persons are already receiving fluoride through some canned foods processed with treated water.

Mayor Norman Floyd answered that the city has made no decision on whether to treat the city's water with the chemical, but that the treatment has received the wholehearted endorsement and is promoted by the Orange County Dental Society.

He also said that 80,000 pounds of fluoride would have to be added per million gallons of water before the dosage level would be lethal.

The Inflation Fighter

Food prices won't go down just because we don't like them. So concentrate instead on checking labels to get the most value for your money.

Unit pricing can be a big help: In addition to the cost of the item, supermarket shelf labels should tell you the price per ounce, pound or quart.

Then look at the item's label. Some manufacturers list the percentage of principal ingredients in the product. So if there's a more sugar than wheat in the cereal you're buying, you will know it.

To defrost or not to defrost. If you're thinking of buying a large freezer to help out with the food budget, consider the pros and cons of the frost-free model before you do. Admittedly more convenient, this model uses about 50 per cent more power than the type you have to defrost yourself.

If you choose the latter model, remember to defrost it before the ice gets too thick — 1/4 inch. Ice lessens the cooling power of the coils. Defrosting more frequently will also lessen the chance of spoiled food from long defrosting periods.

Have you a clever way to save energy on your initial start-up of your new refrigerator? Save your best ideas to be used in future columns. Sorry, but we won't be able to acknowledge receipt!

School Board Orders Mid-Year Pupil Switch

BY SEAN CODE
Herald Staff Writer

Wishing a tornado strike Woodlands school was the only way one parent saw any relief from the decision of the Seminole County School Board Wednesday night to transfer students now in the Longwood Elementary School to the Woodlands building by Jan. 22.

"I hope a tornado strikes the Woodlands School," said Jim Lewis, representing parents

from the Longwood Hills, Longwood Groves and Sandalwood areas, after the board announced its decision.

The parents approached the board last week requesting the 60 students, previously scheduled to attend Woodlands and now studying at Longwood, be permitted to finish the school year at the Longwood building. Citing the ill effects of such a transfer at mid-year, the group was told a recommendation would be forthcoming. The staff

recommending against the move came last night.

Because Woodlands School relocation and renovation was not completed on schedule for the opening of school in September, the students scheduled to attend there were placed in other schools. Most of the students were grouped together, with a teacher who will accompany them to Woodlands when the transfer is made. There have been no parental objections to this plan.

Schools Support Projects

Outgoing Seminole County Commissioner Greg Drummond received the support of the Seminole County School Board Wednesday evening in his effort to construct a "living memorial" to military veterans.

He sought the board's support because the children suffer a need "to instill the value of patriotism, and recognize their heritage, and better appreciate their country" besides the fact the school children will financially support the project.

Drummond explained there is no war memorial in a central part of the county, and none including those men who served during the Vietnam war.

He reminded the board of a project in which the school children saved the U.S. Constitution another landmark of America's heritage by donating pennies. He explained the children's share of the project would finance the actual memorial with donations not to exceed 20 cents.

The memorial will not be the slab of granite or marble usually erected for this purpose. Instead, Drummond said, the monument, not to war, but to the men who sacrificed to save our heritage, would be a contemporary concrete design, a "living memorial." It would serve as a playground for children, being located in a county park and next to a little League baseball field on SR-419.

Court Continues Electricity

Sanford's 'Our' Name

By JOHN A. SPOLSKI
Associate Editor

So, when we had the opportunity of chatting with Eugene K. Garfield, president of Auto-Train while he attended the Governor Reubin Askew dinner in Sanford Wednesday, the question was asked, "So what's wrong with the name of Sanford?"

"Garfield's face turned red," I don't know what you're talking about," (He had not yet seen the TV spots).

The situation was explained. "Let me assure you, we have the strongest ties and admiration for Sanford," said Garfield. "As a matter of fact, come on with me and listen as I call our national advertising agency and tell them to remove the reference as being north of Orlando and have them insert the name of Sanford."

"A rose by any other name" might still have the same fragrance. However, Auto-Train without Sanford just isn't the same as "a spot just north of Orlando."

Thanks, Mr. Garfield. (And welcome to the mutual admiration society.)

Further arguments in the case will be heard Nov. 4. Last week, Mason through his attorney, and law partner, Cheek, obtained a temporary restraining order from Seminole Circuit Court Judge Richard Muldrew concerning his personal bill for his Altamonte Springs home.

Mason said the next Seminole County hearing is scheduled for Oct. 31.

Police Phase Out Follows Court?

By DONNA ESTES
Herald Staff Writer

The natural follow-up to the elimination of the municipal court system is the elimination of the city police departments, consolidating all law enforcement under the wings of the Seminole Sheriff's department locally.

This is Longwood attorney Gerald Korman's prediction of what is in store in the future throughout Florida.

An Altamonte Springs police captain sees the consolidation of law enforcement as a future happening, but not under the local sheriff.

Gunter said today that law enforcement officers are well aware that the question of police consolidation will be in the forefront in the near future.

He charged that consolidation of all police departments under the umbrella of the sheriff's department, however, is only the first step to creating a "police state."

The Florida Highway Patrol power already has been expanded to permit arrests on "things, Gunter said, and they

"When the people have to suffer the inconvenience of going to county court in Sanford for law violations in the South and cities, they will be up in arms," Gunter said.

"Someone is going to have to be courageous enough and willing to work hard enough to get Article 5 repealed," Gunter said.

Law enforcement budgets in Seminole County take a large part of the tax dollar. The people this year are paying \$1.3 million up from last year's \$1.35 million by city police departments and the sheriff's department.

Law enforcement of the \$1.3 million goes to the sheriff's department. Police budgets approved and increases from last year's approved budgets are: Sanford \$282,975, up 17 per cent; Casselberry \$507,502, up 27 per cent; Altamonte Springs \$189,727, up 32 per cent; Longwood \$206, up 18 per cent; Winter Springs, \$135,000, up 12 per cent; and Oviedo \$104,668, up 38 per cent.

The seven police departments and the sheriff's department will have a total of 306 full time employees, including 208 sworn personnel, authorized to make arrests.

The reason that will be broached for consolidation of police departments however, apparently will not be one claiming economy.

The argument will be, Korman said, that since the county judicial system will be formed, that every police officer in each county will be responsible for the same things. He noted that currently officers in the various cities have different training, different facilities, different requirements and different pay scales.

"Whether this will be for the better or worse," Korman couldn't say.

Gunter, refuting Korman's contention about police training, said that currently all police officers in Florida must have 300 hours college training by law.

He added that when law enforcement is taken over completely by the state, the sheriff's department will be turned into a "paper service."



DAVID GUNTER BEN BUTLER

Weather Details Page 1A

Index

Around The Clock 12A
Bridge 12B
Calendar 12B
Comics 12A
Crossword Puzzle 8B
Dear Abby 14A
Dr. Crane 14A
Dr. Lamb 14A
Horoscope 9B
Hospital 3A
Obituaries 3A
Television 8B