

Sanford Herald

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89th Year, No. 25 - Sanford, Florida



Today: Mostly sunny. High in the upper 80s. Wind northeast 10 mph.

For more weather, see Page 2A

TODAY

BRIEFS

Young Republicans to meet

ALFAMONTE SPRINGS — The October monthly meeting of the Seminole County Young Republicans will take place on Thursday, Oct. 5 at the Seminole County Republican Headquarters in the Ethan Allen Plaza on State Road 436, a quarter mile east of Interstate 4.

The social will begin at 7 p.m., and the meeting will follow at 7:30 p.m. The guest speaker will be a representative for Citizens to Save Jobs and Stop Unfair Taxes.

Art auction

SANFORD — The GFWC Junior Woman's Club of Sanford is presenting an art auction fund-raiser this Saturday at First Street Gallery, 207 Magnolia Avenue. Preview begins at 7 p.m., with the auction at 8 p.m. Admission is \$10 per person or \$15 per couple.

Items available at the auction include original paintings, lithographs, silkscreens, etchings, sports collectibles and animation art, all from a wide range of well-known artists.

For more information, contact Valerie Clarke at 366-1849.

Society meeting

SANFORD — The Sanford Historical Society will meet on Thursday, Sept. 26 at the Sanford Museum.

The event will begin at 5 p.m. The society will celebrate Sanford's 149th anniversary. Allie Clarke, the curator of the museum will present a program on Sanford's founders and the history of the city.

For more information, call the museum at 330-5698.

Custody battle

SANFORD — Michael Garner is being held in Volusia County jail on charges of murdering his wife, Angelea, in Deltona. The future of the couple's two-year old son Justin, however, remains to be determined.

A custody hearing has been called in a Seminole County Court, at a yet-to-be-determined date, to decide whether Angelea Garner's mother, or Michael Garner's parents will be allowed to keep the boy.

Angelea's body was found last month under a concrete slab at her husband's home in Deltona. She was nine months pregnant. Angelea was originally from Sanford.

Michael Garner has been charged with first degree murder in connection with the death of his wife, and manslaughter in the death of her unborn child.

Expressway meeting

SANFORD — The Seminole County Expressway Authority (SCEA) will meet this afternoon (Wednesday) beginning at 1:30 p.m. at the Seminole County Services building, 1101 E. First Street.

Among items scheduled for the meeting are several agreements for additional professional services, engineering services and consultant services relating to the Missing Link section of the GreenWay.

The meeting is open to the general public.

Correction

Due to a keystroke error, the telephone number for the administrator of the International Cultural Exchange Services (ICES) was incorrect in Tuesday's Sanford Herald. The correct phone number is 332-8559. If you are interested in becoming a host family to a Russian exchange student in need of a home while in America, call Ann Ruedell at this number.

The Herald regrets the error.

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We are minor in everything but our passions.

-Elizabeth Bowen

Attorney general rejects school official's legal case

By VICKI DeBORNIER
Herald Senior Staff Writer

SANFORD — The ball is back in school board member Nancy Warren's court.

The decision to move forward with a legal case against newly elected school board member Bob Goff over the question of his residency is hers.

Warren, who served on the board for 16 years, applied to Attorney General Bob Butterworth for a "Quo Warranto" ruling in hopes he would take on a lawsuit against Goff that was begun by a trio of her supporters before the Sept. 3 election.

Butterworth rejected the request for assistance in the matter, so Warren must decide if she can

See Case, Page 5A



Bob Goff



Nancy Warren

History's patchwork



Herald Photo by Tommy Vincent

(L to R), Seminole County Historical Society President Gertrude Lukas, Secretary Elisabeth Boyd, and Vice President and Project Chairman Karen Jacobs, display items which may be considered for

inclusion in the preparation of a quilt (similar to the one shown) which is to be raffled as a fund-raiser next spring. Items for the quilt are being sought.

Quilt to be raffled will tell the story of Seminole County

From staff reports

SANFORD — A handmade quilt depicting the history of Seminole County is to be raffled off next spring as part of a major fund-raising project by the Seminole County Historical Society.

Society President Gertrude Lukas says each historical society as well as members of the public are

invited to submit entries.

Needed are photographs of historical buildings and sites, logos and symbols and other items connected with the local history. Also needed are names of some of the founding families.

No actual photographs will be used on the quilts, rather, they will be used as guidelines for the quilt.

See Quilt, Page 5A

Drug summit slated for Lake Mary

By NICK PFEIPAUP
Herald Staff Writer

LAKE MARY — Lake Mary city hall will be the site for a major anti-drug hearing on October 14. The day-long meeting was requested by U.S. Congressman John Mica.

Mica had requested the meeting on Sept. 16, asking that it be considered for somewhere in Central Florida.

On Sept. 21, it was reported that Diana Hunter, 19, of Lake Mary had become the sixth Central Florida victim of heroin in recent times, and reportedly died of an overdose. The concept of the meeting being held in Lake Mary was then brought into consideration.

Lake Mary Police Chief Richard Beary doesn't believe Lake Mary was specifically selected for the meeting because of any unusual concentration of heroin or drug abuse. "You pick anywhere where there are as few as 10 people," he said, "and you'll find some kind of drug problem in today's society."

Beary is pleased that the meeting will be held, and hopes it will produce some answers to the drug problems. "All the signals of a



Mica

See Summit, Page 5A

City undertakes lakefront work to save regatta

By NICK PFEIPAUP
Herald Staff Writer

SANFORD — No decision has yet been made to cancel or keep the Sailfest regatta in Sanford later this year. There are still problems along the lakefront area which would be used for boat launching and holding areas.

The situation was discussed Monday by the Sanford City Commission for the second consecutive week.

At the Sept. 16 meeting, the item had not been listed on the regular meeting agenda, but a number of persons took the occasion to speak on the situation, including Sailfest Executive Director Bob Roth, Jack Wert, Seminole County Tourist Development director, Seminole County Commissioner Win Adams, and others.

Following workshop discussion that day, Mayor Bettye Smith summarized the consensus of the commission by saying, "We will do whatever we can this year, and express a commitment to doing more work next year."

At the Sept. 16 regular commission meeting however, Roth stated openly that if improvements were not made on the lakefront prior to the races this year, he would cancel the event.

This week the matter was again scheduled for workshop discussion. This time, a number of documents were presented to the commission pertaining to the economic boost the sailing event brings to the city and area, and an overview of the type of people who are involved in the races.

See Regatta, Page 5A

Better than ever



Herald Photo by Tommy Vincent

Lake Jesup Park, at the extreme southern end of Sanford Avenue on the shores of Lake Jesup, has reopened bigger and better than ever. The park has been spruced up and cleaned. Lighting was added and an expanded,

paved parking area was installed. The natural beauty of the park has still been emphasized, but there are more amenities than ever for those who visit the park.

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POLICE BRIEFS

Traffic stops

Jeremiah R. Dickerson, 18, of 2206 1/3 Park Avenue, Sanford, was stopped near U.S. Highway 17-92 and Lake Mary Blvd by Lake Mary Police Monday. He was charged with driving with a suspended license and possession of a concealed weapon (knife). Police also found he was wanted on several outstanding warrants for failing to appear on charges of driving with a suspended/revoked license, attached tag not assigned and careless driving.

Frank P. Hill III, of 984 Helmsley Court, Lake Mary, was stopped by Florida Highway Patrol troopers early Tuesday on Interstate-4 near SR-434. He was charged with driving under the influence.

Battery

Ronald C. Weaver, 39, of 200 Matthew Drive, Sanford, was arrested by Sanford police at his residence Monday following a reported altercation. He was charged with battery, domestic violence.

Home burglary

Sanford police are investigating a residential burglary Monday at a home in the 100 block of Hidden Arbor Court. A witness reportedly told officers three or four persons had been seen jumping a fence, and smashing open a door to gain entry. Items taken included a cordless telephone and a boom box, with a total value of \$185. Two of the persons reportedly were seen leaving the area on bikes.

Police conducted an extensive search in the neighborhood, and uncovered what they said were numerous items, including a sock which had reportedly been worn by one of the burglars. Although two juveniles were questioned, none of the items stolen were recovered.

Stolen/recovered vehicles

A 1975 Porsche, reported stolen in Seminole County, was located Monday in a restaurant parking lot near the Seminole Towne Center.

A man reported to police that he left his motor running Monday when he went to make a call at a pay phone near W. First Street and Poplar Avenue. He said while he was on the phone he saw several persons jump into his silver 1987 Saturn and drive off. The vehicle has been entered in the stolen vehicle list.

Ring robbery

Two women's rings, with a total value of \$400 were reported stolen Monday from a residence in the 1400 block of S. Elm Avenue in Sanford.

Campaign adviser files ethics complaint

By VICKI BOGGS
Herald Senior Staff Writer

SANFORD — Days before the Sept. 5 election between Seminole County property appraiser Bill Suber and challenger Ben Tucker, Republican women began receiving a letter in the mail from Suber's ex-wife, Joyce.

That letter, which accused Suber of spousal abuse during their marriage, has become the center of a complaint filed by the Florida Elections Commission.

Oviedo realtor David Knickerbocker, a close friend of Tucker's, is accused of paying

for the mailing which went out to about 3,800 voters, according to the complaint which was filed by Andrea Dennison, who served as a campaign adviser to the incumbent.

Tucker lost in his bid to take over as property appraiser, despite the mailing.

The one-page letter, which arrived at its destinations the Friday and Saturday before Election Day, accused Suber of beating and choking his wife. Though no police reports were ever filed and no medical treatment was ever given, Joyce Suber has two signed affidavits from people who say they were witnesses to the incidents.

The complaint, filed against both Knickerbocker and Joyce Suber, claims the timing of the letter was politically motivated.

According to the complaint the mailing was paid for with a check from Oviedo Referral, a company owned by Knickerbocker's wife.

Neither Knickerbocker nor his wife were available for comment this morning.

The complaint states that state law was violated because of the cost of producing and mailing the letter.

If the cost of mailing the letter exceeded \$600 it would be above the limit for "in-kind" con-

tributions to a single political campaign. Also if it is, as the complaint contends, a political advertisement by an independent group which cost more than \$1,000 to produce and mail, the opponent would have to be notified of it ahead of time. Suber was not notified of the mailing before it went out.

Suber was not available for comment this morning.

In addition, the letter was not marked as a "paid political notice," the complaint maintains.

Tucker also was not available for comment on the matter.

Former Lake Mary resident guilty of mail, wire frauds

From staff reports

ORLANDO — A former Lake Mary resident has been found guilty of mail fraud, wire fraud and conspiracy to commit mail and wire fraud. John Charles Allen, 33, was convicted after an eight day trial in Orlando.

Charles R. Wilson, U.S. Attorney for the Middle District, said Allen, along with R. Mark Hunter, conspired to collect advance fees totalling approximately \$300,000 from prospective borrowers seeking financing ranging from \$500,000 to \$40 million, for the financing of an airline, purchase of golf courses, purchase of hotels, and other commercial projects in Central and North Florida as well as four other states.

Wilson said that during 1991

to 1993, Hunter and Allen promised to provide letters of credit and certificates of deposit from foreign financial institutions and corporations in the Netherlands Antilles and elsewhere, and promised to hold the advance fee in escrow until the letters of credit and certificates of deposit were funded and furnished to the lending bank.

Evidence revealed during the trial said the two did not fund any of the transactions, and converted the advance fees to their own use.

Allen, most recently a resident

of Pompano Beach, faces a maximum sentence of 35 years in prison, a \$1.750 million fine and three years supervised release.

Hunter is currently under arrest in Zurich, Switzerland and is awaiting extradition in connection with this case.



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State high court clears 'Save Our Everglades' for the ballot

By JACQUE HALLIFAX
Associated Press Writer

TALLAHASSEE — Floridians should brace themselves for six weeks of an emotional campaign over a proposed sugar tax for Everglades cleanup after the state Supreme Court cleared the question for the Nov. 5 ballot.

"It's a great day for Florida and an even better day for the Everglades," Mary Barley, leader of the sugar tax petition drive, said Tuesday after the decision was released.

But a sugar executive called it a grim, depressing day for sugar farmers, who say the proposal will cost jobs and wipe out the industry if approved by voters.

"Everyone feels their jobs, their homes, their children's futures — it's slipping away," said Bob Baker, vice president of U.S. Sugar Corp. in Clewiston.

Save Our Everglades, the citizens' initiative group behind the proposal, collected hundreds of thousands of signatures to make the ballot. Court review was the last hurdle before the ballot.

Both sides say they hope to spend millions to state their cases in television ads.

Environmentalists say fertilizer-tainted runoff from sugar cane fields and other farms has polluted the Everglades. A penny tax on every pound of raw sugar harvested in the Everglades farming areas would raise about \$900 million over 25 years.

But the sugar industry argues it already pays for its fair share of cleanup under a 1984 state law that required it to pay \$300 million over 20 years to clean up the water running off its land.

America's largest wetlands, the Everglades are a shallow, 50-mile wide system of marshes flowing 75 miles from Lake Okechobee to the southern tip of Florida. Though damaged by decades of draining, farming, pollution and development, the Everglades are home to 600 animal species, more than 250 bird species and 900 kinds of plants.

Save Our Everglades was founded three years ago by Orlando developer George Barley and is led now by his widow. Barley was killed in a plane accident last year.

At a glance

By The Associated Press

Ballot titles and summaries of the three Save Our Everglades sugar tax amendments voters will face Election Day:

Title: Fee On Everglades Sugar Production

Summary: Provides that the South Florida Water Management District shall levy an Everglades Sugar Fee of 1 cent per pound on raw sugar grown in the Everglades Agricultural Area to raise funds to be used, consistent with statutory law, for purposes of conservation and protection of natural resources and abatement of water pollution in the Everglades. The fee is imposed for 25 years.

Title: Responsibility For Paying Costs of

Water Pollution Abatement in the Everglades

Summary: The Constitution currently provides the authority for the abatement of water pollution. This proposal adds a provision to provide that those in the Everglades Agricultural Area who cause water pollution within the Everglades Protection Area of the Everglades Agricultural Area shall be primarily responsible for paying the costs of the abatement of that pollution.

Title: Everglades Trust Fund

Summary: Establishes an Everglades Trust Fund to be administered by the South Florida Water Management District for purposes of conservation and protection of natural resources and abatement of water pollution in the Everglades. The Everglades Trust Fund may be funded through any source, including gifts and state or federal funds.

Two years ago, the high court kept an earlier version of the sugar tax proposal off the ballot, ruling it was misleading and too sweeping.

But Save Our Everglades rewrote the proposal and this year collected the 439,428 signatures needed to get each of its three proposals on the ballot.

The court didn't speak on the merit of the sugar tax proposal but reviewed it for compliance with two standards all citizens' initiatives must meet and concluded it passed on both points.

First, the measure deals with just one subject. Second, the ballot title and language clearly explain the full amendment.

The 6-0 decision was written by Justice Leander Shaw. Justice Stephen Grimes recused himself from the decision because of a past association with a law firm involved in the case.

The court dismissed arguments by the sugar industry that the amendment was misleading because it calls the tax a fee.

The justices also cleared two related amendments. One sets up a trust fund for the money and the other directs that polluters in the area pay for cleanup.

Another legal issue is still unsettled.

The only other citizens initiative on the ballot this year makes it harder to add taxes to the constitution by requiring that voters approve them by a two-thirds majority.

Save Our Everglades argues the super-majority doesn't apply

to its measures. The sugar industry, which paid for the campaign to get the super-majority proposal on the ballot, thinks it does apply to the sugar tax amendments.

Mrs. Barley said she would try to raise between \$3 million and \$6 million to run statewide TV ads promoting the tax plan.

A sugar-backed opposition group named Citizens to Save Jobs and Stop Unfair Taxes has already raised \$2 million and started running TV ads statewide three weeks ago.

A spokesman for sugar giant Fio-Sun Sugar Inc. in West Palm Beach said the industry was prepared to mount its opposition campaign and predicted Save Our Everglades would be surprised by the results.

"We're ready to go," said Jorge Dominick.

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EDITORIAL

Working with city hall

We've all heard the old saying, "You can't fight city hall." Yet many of us know instances where it has proven not to be true all the time.

We often hear of a person who won out by having a government decision overturned or when the tide of decision was turned when a logical, understandable and honest presentation was made during a government body meeting.

Therefore, we find, you CAN fight city hall, and win. But be careful.

The problem is, some people believe they can fight city hall by threatening commissioners or officials. Getting commissioners irked by veiled threats is probably the easiest way we could imagine to have them vote against whatever you may want to achieve.

"You do what I propose, or I will....." is getting more and more common in our government meetings these days, at the county as well as most of our city levels. Sometimes, the threat comes quietly, and commissioners or officials often give it a second thought before realizing what it was.

Other times, it is a clear, unmistakable threat, and there is no question what a person or company is trying to accomplish.

One such threat is in requests for Economic Development assistance. Companies apply to Seminole County or a city for economic assistance to help increase the size of their operation and hire more people. This is fine, and if it will be of benefit to the city and/or county, we wish them luck.

But some say, "give us money or we'll move out," (or words to that effect). When some of our commissioners hear such threats, who could blame them for responding negatively to the request. Who is to say that they wouldn't move out anyway in the near future.

We now wait to see what will happen to Salfest. The organizer, in a public commission meeting indicated that if the city did not make major repairs to the lakefront area where the race would be held, he would cancel the event.

There is no question the lakefront is in extremely poor condition for such a race which would use a great portion of the shoreline. But the city sees it as a very expensive project, \$60,000 to \$80,000, if all recommended work is accomplished.

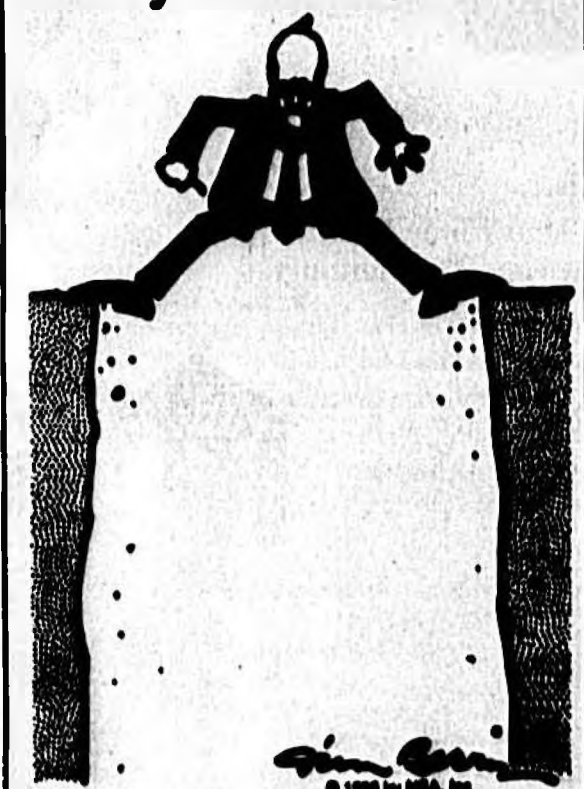
The matter is presently unresolved. It appears to be a question of whether the organizer will accept the work being done by the city to improve some of the lakefront area without spending thousands of dollars, or whether he will indeed cancel the race.

But the point is not to single out Salfest or Economic Development Incentives. It is to call attention to the fact that it's often not what is said to the city and county commission. Rather it is the way in which it is said and the words which are used.

We are seeing more and more of this lately, and we believe it is not an example of working with government.

Fight city hall. You may win. But threaten city hall, and don't count on a favorable response.

Berry's World



"The gap is going to be narrowing any time now."

WILLIAM A. RUSHER

Two big Senate races looking good

Republicans discouraged by the poll results in the presidential race ought not to forget that the debates are still ahead -- two between Clinton and Dole, and one between Kemp and Gore. No doubt Clinton's famous glibness makes him the favorite, but these debates are notoriously tricky things. Just one blunder by the Boy Wonder and it could suddenly become a brand-new ballgame.

Meanwhile, Republicans are entitled to take very considerable encouragement from developments in two crucial Senate races.

The Democrats' hopes of taking control of the U.S. Senate aren't realistically very high, but such as they are they depend on ousting vulnerable Republicans who must run for re-election this year, while holding on to the seats that are now held by Democrats.

In particular, they have hoped that Republican veteran Jesse Helms of North Carolina could be toppled by Harvey Gantt, a popular black politician who ran against him unsuccessfully six years ago and won this year's primary in a second bid. Liberals, especially media liberals, tend to make the mistake of assuming that just because they detest some particular conservative intensely, the public at large can't possibly like him very much. Senator Helms has headed the liberals' senatorial Hate List for decades, and was therefore assumed to be a pushover whose

defeat would narrow the gap between the parties in the Senate.

But the good people of North Carolina have a different view. They know that their senior senator is one of the powerhouses of the U.S. Senate, and by conservative standards practically a national treasure. They have elected him to four six-year terms, and recent polls indicate that they are about to elect him to a fifth. There could be no better news.

Meanwhile, down in Louisiana, longtime Democratic Senator Bennett Johnston is retiring. Much, therefore (from a Democratic standpoint), depends on holding onto that seat. Also, their prospects have just gotten substantially dimmer.



Just one blunder by the Boy Wonder and it could suddenly become a brand-new ballgame.

Louisiana has a peculiar primary system, in which everybody -- Republicans, Democrats, even David Duke -- run against each other, and the general election in November becomes in effect a run-off between the two candidates who emerge from the primary with the most votes.

This year just two Democrats, but seven Republicans, were in the primary. The betting was that the Republicans would split their vote seven ways from Sunday, leaving the two Democrats -- former State Treasurer Mary Landrieu and Attorney General Richard Ioyoub -- to face each other on Nov. 5, thereby guaranteeing that a Democrat would hold the seat.

The polls confirmed this, showing the two Democrats comfortably ahead of the Republican pack.

But lo and behold, on primary day (Sept. 21), one of the Republican candidates -- State Representative Woody Jenkins -- outpolled both Democrats, winning 28 percent of the total vote to 21 for Landrieu and 20 for Ioyoub, with the rest of the Republican field bringing up the rear.

So it will be Jenkins vs. Landrieu on Nov. 5, and Republican chances of capturing the seat from the Democrats have suddenly improved hugely.



MORTON KONDRACKE

Dems hand GOP issue to exploit

In admitting they regard their party's centrist election agenda as mere window-dressing, would-be House Democratic committee chairmen have bestowed a rich gift on Republicans that the GOP plans to exploit "shamelessly."

The gift came in the form of interviews with the Washington Post's David Broder, in which Democratic Reps. David Obey (Wis.) and Charles Rangel (N.Y.) indicated they did not agree with the pledge of President Clinton and Democratic congressional leaders to balance the federal budget by 2003.

They and Rep. George Miller (Calif.) confirmed what skeptics suspected: that liberal House committee chairs would seek to go far beyond the party's modest "Families First Agenda" if Democrats retake Congress.

Rangel, heir presumptive to the House Ways and Means Committee, was quoted as saying that "voters may find a priority that is more important than eliminating the deficit in six years," although he said that the deficit should decline as a percentage of the GDP.

The Post's article on activist would-be committee chairmen was twinned with an interview with prospective Speaker Richard Gephardt (Mo.) embarrassingly reiterating his argument that "Families First" demonstrated that Democrats had "learned our lesson" and that "we're all New Democrats now." Clearly, they all aren't.

Immediately, the Republican National Committee and the National Republican Campaign Committee began unleashing fax attacks citing the Broder story and referring to prospective Democratic committee chairs as "the radical roster."

NRCC Chairman Bill Faxon (N.Y.) said his panel will issue a daily blast at would-be Democratic chairmen to counter the Democratic charge that Republicans are "extremist."

"We'll exploit the Broder piece shamelessly," he said. So will the business consortium allied with the GOP efforts to keep the House. The group, known as The Coalition and organized to counter labor union campaign spending for Democrats, issued a new fundraising appeal comparing the liberal ratings of would-be Democratic chairmen with those of the Republicans they'd replace.

In the Senate, for instance, Majority Leader Trent Lott, R-Miss., has a combined Chamber of Commerce-American Conservative Union rating of 88 percent on business and conservative issues and a zero combined rating from the liberal Americans for Democratic Action and the AFL-CIO's Committee on Political Education.

Senate Minority Leader Tom Daschle, D-S.D., has a 21 percent conservative rating and

a 79 percent liberal rating. House Speaker Newt Gingrich, R-Ga., gets 100 percent from the conservative groups and 7 percent from the liberals, while House Minority Leader Gephardt gets 21 percent and 87 percent, respectively.

The same contrast is true for Senate committee leaders. Consider: Senate Budget Chairman Pete Domenici, R-N.M., has an 89 percent conservative rating, 9 percent liberal,

while ranking member Frank Lautenberg, D-N.J., is at 8 percent vs. 94 percent. On Appropriations, prospective Chairman Ted Stevens, R-Alaska, is at 84-24, and ranking Democrat Robert Byrd, W.Va., gets 26-80.

In the House, Majority Leader Dick Armey, R-Texas, gets a 96 percent rating from conservatives and zero from the liberal groups, while Minority Whip David Bonior, D-Mich., gets 13 percent conservative, 86 percent liberal.

Ratings for House committee chairmen are: Budget Chairman John Kasich (Ohio), 94-6, and ranking Democrat Martin Olav Sabo (Minn.), 11-89; Appropriations Chairman Bob Livingston, R-La., 88-12, and ranking Democrat Obey, 17-83; Ways and Means Chairman Bill Archer (Texas), 88-0, and prospective chairman Rangel (11-89).

A Sept. 16 fund-raising letter from Coalition organizers -- headed by the National Association of Manufacturers, U.S. Chamber of Commerce, National Restaurant Association, National Federation of Independent Business, and National Association of Wholesale Distributors -- indicates that business has fallen far short of matching the AFL-CIO's \$35 million announced outlays for the election.

While labor is targeting 75 races to defeat Republicans -- at an average cost of \$467,000 per district -- the Coalition letter says it has money on hand to spend \$128,000 in each of 29 districts, for a total so far of only \$3.6 million.

RNC Chairman Haley Barbour is openly contemptuous of the future of big business to support its economic interests by contributing to the GOP and matching organized labor's outlays.



Would-be House Democratic committee chairmen have bestowed a rich gift on Republicans that the GOP plans to exploit shamelessly.

JACK ANDERSON

Hagelin, Perot in the debates

WASHINGTON -- It has come down to this: Six years after the dissolution of the Soviet Union, the democratic process in Russia gives citizens more choices than what is available here at home.

Just weeks before the historic presidential election in Russia last June, Alexander Lebed was a political unknown. Then came a nationally televised debate, which gave millions of Russians a first-hand look at the candidates. Lebed's performance on television led to a surge in his poll numbers. So popular was the former general that President Boris Yeltsin named him national security adviser in an effort to court his voters.

John Hagelin often reminds people of what happened in Russia. It bolsters his immediate goal, which is to be included in the upcoming presidential debates, which are set for Oct. 8 and Oct. 16. A lawsuit being heard next week in U.S. District Court in Washington will decide whether Hagelin or Reform Party candidate Ross Perot can participate.

Hagelin is the presidential candidate of the Natural Law Party. His name is on the ballot in 45 states and the District of Columbia. He's cultivated enough support that American taxpayers are funding his campaign to the tune of \$600,000 in federal matching funds. Perot, meanwhile, is receiving \$29 million in matching funds. Yet neither candidate has been deemed worthy of sharing the podium with Bill Clinton and Bob Dole when the two meet in Hartford, Conn., and in San Diego.

The courts are expected to jump both cases together for convenience purposes. This has Hagelin elated, as he hopes to capitalize on the publicity that follows Perot. Reform Party officials are somewhat less excited at the prospect.

The decision to limit the debate to Clinton and Dole was made by the Commission on Presidential Debates, an organization made up of equal parts Republicans and Democrats. Perot and Hagelin both say they have met the four "objective criteria" set by the commission. To be allowed in the debates, candidates must be born in the United States, meet the constitutional age requirement, be qualified on enough ballots to have a mathematical chance to win, and be qualified for federal matching funds. But that wasn't enough.

In excluding Perot and Hagelin, the debate commission instead relied on a far more subjective criteria: Who has a "realistic" chance to become president. As some have dryly noted, this formula could have been used to keep Michael Dukakis and Walter Mondale out of America's living rooms in 1988 and 1984, respectively.

Instead, it's being used to deprive voters a close-up look at the candidates whom their dollars are helping to fund. It also stifles the voices of millions who signed petitions to put Perot and Hagelin on the ballots of most states.

All of this has Hagelin feeling understandably frustrated. "When you become involved in third-party politics, you quickly learn that it is not fairness. It's not ethics. It's not democracy -- fair and open democracy. And it's not even legality that determines the outcome of such decisions," Hagelin told our associate Aaron Karp. "It's politics. And the only recourse that a candidate or a citizen of the country has against powers as large as the Republican and Democratic establishment is the legal recourse."



The democratic process in Russia gives citizens more choices than what is available here at home.

Fed shows it's willing to take a risk Case

By MARTIN GRIFFITH
AP Economics Writer

WASHINGTON — Even though the U.S. economy has been speeding along at what some economists view as a dangerously rapid clip, the Federal Reserve has decided to gamble that it doesn't need to slam on the brakes just yet.

The Fed's rate-setting Federal Open Market Committee decided after nearly five hours of

closed-door discussions Tuesday that it would leave interest rates unchanged.

That decision surprised many economists, who had been expecting at least a tiny increase in the short-term rates controlled by the Fed, especially after a news leak that eight of the Fed's 12 regional banks were pushing for a tighter monetary policy as a pre-emptive strike against inflation.

The Fed's decision brought

smiles at the White House and spurred a rally in the bond market, where interest rates had been edging up in anticipation of a Fed increase.

"It shows we have a strong economy with no inflation. I am glad about that," said a campaigning President Clinton, who has staked much of his re-election strategy on a claim that his policies have produced some of the best economic statistics in decades.

Tuesday's decision means short-term rates will remain unchanged through the Nov. 5 election. The next FOMC meeting will not occur until Nov. 15.

That scenario usually means that the Fed has to raise interest rates higher and higher until it slows growth so much that it brings on a recession.

"This is a gamble," economist Lynn Reaser of Barnett Bank in Jacksonville, Fla., said of the Fed's decision to delay a rate hike. "Their failure to move this summer and early fall may mean that larger steps will be required by later this year or early 1987."

However, other economists voiced support for the Fed's action.

Bruce Steinberg of Merrill Lynch in New York said he believed the economy would slow in the second half of this year to growth rates of around 3 percent, far below the torrid 4.8 percent pace turned in during the spring.

"I believe that growth is slowing and inflation will remain low," he said. "But the key will be what unemployment does in the next two months."

It was a surprisingly big drop in the jobless rate to 5.1 percent in August that spurred renewed speculation that the central bank would raise rates at this week's meeting.

Those arguing against a rate hike have cited a variety of factors — from increased global competition to fears about corporate layoffs — as reasons unemployment can fall to lower levels than in the past without raising inflationary pressures.

"In making this decision, the Fed listened to Main Street; namely that higher economic growth, employment and wages are possible without accelerating inflation," said Jerry Jasinowski, president of the National Association of Manufacturers. "There is no evidence that growth is out of control or inflation is accelerating."

Continued from Page 1A

afford to continue the battle on her own. While she believes it is an important matter, she does not know if she has the financial wherewithal to take the case to court.

"It's a matter of doing what's right," Warren said. "The voters have spoken and he won and that's that, but Mr. Goff did not comply with the election laws and it's setting a dangerous precedent."

Warren said she is looking for some financial assistance in taking the case to court. But as a public official, she said, her options are limited. She could not, for example, accept assistance from Seminole UniServe, the school employees' union which supported her during the election.

School board members, unlike most other elected county officials, must be residents of the district they represent at the time they qualify for office. According to State Statute 230.04, a school board member "shall be a qualified elector of the district in which she or he serves, shall be a resident of the school board member district residence area from which she or he is elected, and shall maintain said residency throughout her or his term of office."

State statutes do not, however, define "residency."

"There is a lot of case law in Florida on the concept of residence or domicile," said Bruce Blackwell, the attorney who originally brought the case to court on behalf of Warren's supporters. "There is a lot of objective evidence to show that Mr. Goff did not live at the Altamonte address. But it is subjective."

According to the lawsuit, Goff's residence was not within the boundaries of District 3 at the time he qualified for office on July 17.

while he ran for office and shopped for a permanent residence in the district.

He changed his address on his voter registration card (thus making him a "qualified elector" in that district). The Fern Park address remained on his driver's license, automobile registration and on many of his legal documents.

"It's perfectly legal to use your business address on your driver's license and car registration," said Goff, who maintains the Fern Park office as the office for his property management business as well as the home for his daughters, a 19-year-old who has custody of his 15-year-old.

Blackwell said he does not know what would happen if Warren goes on with the suit and is found to be in the right.

"I don't know if she would automatically get the seat because she was the only one qualified at the time of the election or if there would have to be a special election," he said. "That would have to be decided in court."

Warren will make a decision within the next few weeks on whether or not she will pursue the case. Though she said "it would be a shame not to be able to pursue this for those who come after (her) and must face people from outside their districts in other elections" she may not be able to afford to take it further.

"We'll just have to wait and see," she said.

If she does not continue the suit, Goff and District 4's Larry Furlong will be sworn in as new members of the board on Tuesday, Nov. 19.

Regatta

Continued from Page 1A

Roth, in a written document, again specified the work he believes is needed along the lakefront area of Monroe Harbor lake, in order to provide a safer environment for the boaters.

City Manager Bill Simmons said work is being done, including the installation of filter fabric.

Commissioner Lon Howell, who was not on hand for the Sept. 18 meeting asked, "We do something every year just before this Ballfest, why the big complaints now?"

Simmons responded, "The material we put in last year was heavier than in the past and appears as though it's rougher than usual, but the filter fabric should provide better protection, and give us a more stable lakefront in the future."

Public Works Director Jerry Herman said his crews have located some of the stones and leveled some of them. "But with this past weekend's storm," he said, "some of the work we did may need redoing."

Herman said he plans to continue work east from the starting point (behind the Marina Hotel) toward the ramp area.

He added that his crews will continue installing more fabric areas, and expects to be working on the project for possibly two more weeks.

Simmons said, "If we find we are happy with the work under way now, we may consider doing an even larger area."

Herman commented that one of the problems is within the water of the lake itself. "But if we do anything in the actual water," he said, "we would need all kinds of special permits."

Herman suggested, for the future, that the city wait until the water level goes down, then undertake some of the work which would no longer be in the actual lake, and could be accomplished without the permits.

The question of whether or not the Ballfest will be held as scheduled meanwhile, remains unanswered. Roth and Jack Wert had explained that the regatta, scheduled for early December, could be expected to bring in over 3,000 people and possibly as many as 700 sail boats.

Regarding the local income which could possibly be obtained through the races, Roth estimates in excess of \$300,000.

What happens then will depend on the economic indicators over the next seven weeks, analysts said.

If there is not a pronounced indication that the economy is slowing, Fed policy-makers will very likely begin raising rates to dampen economic activity and keep inflation from getting out of hand.

"We think it is wishful thinking on the part of the Fed to think that inflation is not going to begin to rise," said Paul Getman of Regional Financial Associates in West Chester, Pa. "Labor markets are definitely getting tight and there are already shortages in some parts of the country."

Some economists are worried that the central bank has already waited too long and will now be forced to raise interest rates much higher and a faster clip to put the inflation genie back in its bottle.

"The risk to the Fed is that inflation will start to accelerate and once inflation starts getting built into the system, it is hard to get it out," said David Wynn, an economist at DRU-McGraw Hill Inc.

Continued from Page 1A

problem have been there," he said, "but no one was willing to admit that it was a problem. I hope this meeting will bring it more into focus."

He continued, "Remember back in the 60's? Then we had an all out crackdown on drug use, and we were putting people away right and left. Then, in the 70's, everyone began to feel sorry for drug users, and they went soft on what could be done and the punishment which could be given for violations of the law."

Beary said the way the drug problem is these days, not just in Central Florida but across the nation, "We stand a chance to lose an entire generation."

"People have a tendency not to listen when law enforcement and officials say there is a problem," Beary added. "With this meeting, I hope it may be a wakeup call for everyone."

Following Mica's request for the meeting, Congressman Bill Zelliff, (R), from New Hampshire, chairman of the subcommittee on National Security, International Affairs and Criminal Justice, agreed to hold it, and approved the Lake Mary location Tuesday.

Mica commented, "I requested this hearing so that we can learn how federal, state and local governments, and the private sector can work together to address this alarming trend. We must highlight the drug problem, and through this hearing not only create awareness but find concrete solutions to address teen-age drug abuse."

Mica is a member of the House Government & Reform & Oversight Committee which has been conducting national hearings on the dangerous trend in increased use of illicit drugs by teen-agers.

"I hope this hearing will bring together parents, law enforcement officials, educators and

Continued from Page 1A

drug treatment leaders to evaluate how our community can effectively reinstate the war on drugs," Mica said.

The meeting, to be held at the Lake Mary City Hall, Monday, Oct. 14, is tentatively scheduled to begin at 9 a.m.

Persons interested in testifying before the congressional committee at that meeting are asked to phone Congressman Zelliff's office at 607-8026.

Continued from Page 1A

planning.

Lukas says the deadline for submission of the items is October 1. They should be mailed to Karen Jacobs, chairman of the project, at 1880 Lockwood Road, Oviedo, 32765.

Final selection of items to be considered will be made by the committee based on the difficulty of placing the items on the quilt and also the appropriateness and limited number of entries for each subject and geographic areas.

According to Kay Bartholomew, in discussion of the quilt, it was noted the logo for the Museum of Seminole County History, which features a train, steamboat on the St. Johns, an Indian and a farmer, could be used in the center of the quilt as that symbol portrays several important elements in the county's history.

Bartholomew said numerous buildings and homes have been mentioned, as well as family names such as Spear, French, Sanford, Kilbee, Soston, Aulin,

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Summit

Continued from Page 1A

Continued from Page 1A

Continued from Page 1A

Quilt

Continued from Page 1A

Continued from Page 1A

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Continued from Page 1A

Pain may be eliminated for millions

(SPECIAL) — A drug that is exciting researchers in the treatment of pain has been formulated into a new product known as "Arthur Itis," and is being called a "Medical Miracle" by some. In the treatment of debilitating conditions such as arthritis, bursitis, rheumatism, painful muscle aches, joint aches, simple backache, bruises, and more. Although the mechanism of action is unclear, experiments indicate that Arthur Itis, relieves pain by first selectively attracting, and then destroying the messenger chemical which carries pain sensations to the brain, thus eliminating pain in the affected area. Arthur Itis, is an odorless, greaseless, non-staining cream and is available immediately without a prescription and is guaranteed to work.

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KATHLYN G. JACKSON
Kathlyn G. Jackson, 78, Main Avenue, Longwood, died Monday, Sept. 16, 1986 at Columbia Park Medical Center, Orlando. Born Jan. 18, 1918 in Laverne, Ala., she moved to Central Florida in 1966. She was a school teacher for the Seminole County School District, was an honorary Kentucky Colonel, and a volunteer with the Florida Eye Clinic.

Survivors include son, Glyndon W., Longwood; two grandchildren.

Brisson Funeral Home, Sanford, in charge of arrangements.

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| <p>2-Piece Super Snack \$2.99 Plus Tax</p> <ul style="list-style-type: none"> 2 pieces of chicken, mixed 1 side dish of your choice 1/2 pint mashed potatoes 1/2 pint corn <p>Not valid with any other offer or discount. Good for a limited time.</p> | <p>2-Piece Combo Meal \$2.99 Plus Tax</p> <ul style="list-style-type: none"> 2 side items 1/2 pint buttermilk biscuits 20 oz. drink <p>Not valid with any other offer or discount. Good for a limited time.</p> |

Sports

B

IN BRIEF

LOCALLY

Tribe fresh edge Rams

LAKE MARY — Randy Casey ran for 170 yards on 10 carries and scored two touchdowns as Seminole High School edged Lake Mary High School 15-14 in freshman football action at Don T. Reynolds Stadium Tuesday night.

Tribe quarterback Garrett Goldsmith added a two-point conversion run and also kicked an extra point to complete the Seminole scoring.

Seminole is now 3-1 on the season and will host Lyman at Thomas E. Whigham Stadium next Tuesday starting at 8 p.m.

Co-Ed softball players needed

SANFORD — The Sanford Recreation Department is looking for players, or a complete team, for its 10-week Fall Co-Ed Slowpitch Softball League that plays on Monday nights.

Call 330-5897 for information.

Girls softball players needed

SANFORD — The Sanford Recreation Department is looking for girls' softball players to fill teams in the 14-Under slowpitch division.

Call 330-5897 for information.

Inner City Games baseball

SANFORD — The Sanford Recreation Department will host the Seminole County Baseball Championships for the Inner City Games at Sanford Memorial Stadium.

The Sanford Recreation Department is taking registrations for teams wishing to play in the tournament, which will be held on the weekend of October 5-6. Divisions are for players ages 9-10, 11-12, 13-15 and 16-18. There is no entry fee. Call 330-5897 for more information.

AROUND THE STATE

Marlins 12, Braves 1

MIAMI — The Florida Marlins tied a team record with seven consecutive hits Tuesday, knocking out Steve Avery in the first inning and beating the Atlanta Braves 12-1.

Cuban defector Livan Hernandez and Josh Booty, the Marlins' top draft pick in 1994, made successful major-league debuts for Florida.

Hernandez, 21, pitched three scoreless innings, singled in his lone at-bat and scored on Jerry Brooks' single in the seventh. Booty, also 21, singled as a pinch hitter and later scored.

Avery (7-9), making his third start following a two-month stint on the disabled list, gave up seven hits — including six in a row — and six runs in two-thirds of an inning.

Atlanta manager Bobby Cox, whose team clinched the NL East title Sunday, held four regulars out of the starting lineup. The Marlins won their fourth game in a row and broke Atlanta's four-game winning streak.

Florida had 21 hits against five pitchers. Pat Rapp (8-16) earned the victory, allowing seven hits and one run in five innings.

Marino out 3-4 weeks

DAVIE — Not even Dan Marino can throw the ball with a crutch under his right arm.

The most prolific passer in NFL history required surgery Tuesday to repair a slight fracture in his right ankle, and he is expected to be sidelined three to four weeks.

Marino suffered the injury during the Miami Dolphins' first series Monday night in a 10-6 loss at Indianapolis. Bernie Kosar replaced Marino and played the rest of the game.

An MRI test Tuesday determined the extent of the injury. Because the Dolphins have a bye this week, Marino might miss only two more games — at home against Seattle and at Buffalo.

A source confirmed that Marino underwent surgery, but no details were available.

Kosar or Craig Erickson will replace Marino against the Seahawks.

Kosar and Erickson will get equal time in practice this week, and punter John Kidd will be the third quarterback. Johnson may be leaning toward starting the younger Erickson, who was released by Indianapolis just before the season began and signed with the Dolphins on Sept. 2.

Knee injury sidelines Schwartz

JACKSONVILLE — The Jacksonville Jaguars suffered a serious blow Tuesday when they placed middle linebacker Bryan Schwartz on injured reserve with a torn anterior cruciate ligament in his left knee.

Schwartz, the team's leading tackler, was injured in the second quarter in the Jaguars' 28-25 overtime loss at New England on Sunday.

The Jaguars also signed linebackers Brant Boyer and Jeff Copp and waived Ryan Christopherson who had been resigned last week to help with special teams.

Alone at the top

Seminole girls take SAC volleyball leadership

From Staff Reports

OVIDO — The Seminole High School girls volleyball team finds itself in an unaccustomed position today...leading the Seminole Athletic Conference.

The Tribe survived another slow start to knock off the defending SAC champion Oviedo Lions in three games 4-15, 15-9, 15-13 at Oviedo Tuesday evening.

"I was worried about coming out too tight and we were to lax," said Seminole head coach Beth Corso. "We had to kick it in gear in the second and third game and everyone pulled together and got it done. They showed a lot of composure and strength and did not get down on each other. We showed a lot of maturity tonight."

Seminole is now 11-2 on the season and 5-0 in the conference, while the Lions fell to 10-3 overall and 4-1 in the SAC. The Tribe will start the second half of the conference schedule on Thursday at Lake Brantley. The varsity match is set for a 6:30 p.m. start.

"We didn't play well at all in the first game tonight and we just did it to ourselves," said Corso. "We were too lax and tried to force things. Oviedo has really improved since the Lake Mary tournament. They dug a lot of balls up and made us hit the ball. It's tough to go on the road and have all these games in a row. You have to refocus in a hurry and luckily we did it before we left that gym."

One of the biggest plays for Seminole came in the third game as 5-foot-3 Harmony Roster got her



Dawn Trains (No. 12) and sophomore Amanda Cook (No. 44) both contributed mightily to Seminole's comeback three game victory over Oviedo Athletic Conference action Tuesday night.



Carmen Ramos doubled and drove in four runs to help On The Ball defeat the Renegades 11-5 at Pinehurst Tuesday night.

Women play close games at Pinehurst

From Staff Reports

SANFORD — The Sanford Recreation Department Women's Pinehurst Park Fall Slowpitch Softball League got off in a very competitive start Tuesday night.

Joy Weaver singled in two runs in bottom of the seventh inning as Ritchey's overcame an early 8-0 deficit to defeat the Jaguars 8-6 in the opening game and On The Ball made a four-run top of the first inning stand up as it held off the Renegades 11-5 in the nightcap. On The Ball led just 7-5 going into the bottom of the fourth inning, but pulled away with a run in the fourth and three in the sixth.

Next week, the Jaguars take on the Renegades at 7 p.m. and Ritchey's battles On The Ball at 8 p.m.

Providing the offense were: Ritchey's four hits — Rosa Williams (double, two runs, RBI); three hits — Paula Ritchey (triple, two runs), Joy Weaver (run, three RBI); two hits — Lisa Hartman (run); one hit — Theresa Knowlton (two runs), Denise Knudsen (RBI), Leola Wynn.

| | | | | | | |
|-------------|-----|-----|---|---|----|----|
| Jaguars | 120 | 800 | 9 | - | 0 | 11 |
| Ritchey's | 621 | 800 | 2 | - | 0 | 11 |
| Renegades | 613 | 100 | 6 | - | 0 | 6 |
| On The Ball | 602 | 102 | 8 | - | 11 | 9 |

Jaguars: two hits — Lisa Griffin (double, run, RBI); one hit — Jennifer McLane (double). Keshia Richardson (two RBI), Darby Edge, Donna Strunk (one RBI each), Melissa Bishop, Debbie Rieckecker, Mary Seacrest, Lisa Fountain (one run each), Robin McCray, Jill Banks; one run — Marie Mann.

On The Ball: three hits — Bonnie Chaplin (two runs, RBI); two hits — Lynn Webb (two runs); one hit — Carmen Ramos (double, four RBI), Gina Green (two runs, two RBI), Stacy Brandonberg (three RBI), Anne Garnett (two runs); three runs — Joan Rider; one RBI — Debbie Berning.

Renegades: three hits — Robin Hetzel (double, run, RBI); one hit — Angela Whitney (run, RBI). Debbie Cole, Carina Williams; two RBI — Colleen Dague; one run — Michelle Berning, Kerrie Ortiz, Connie Roszell.

Runs, hits galore at Chase

From Staff Reports

SANFORD — Big innings, team work and 107 hits was the story of the evening in Sanford Recreation Department Women's Chase Park Fall Slowpitch Softball League action Tuesday night.

Every player from the winning teams contributed either a hit, a run or an RBI as Three Webbs & Son used a six-run fifth inning to break open a close game in a 14-10 defeat of Mother's Kitchen; Jacobsen Enterprises plated 15 runs in the first inning and crushed the Sharks 23-3; and Doggie D'Tailing scored 14 runs in the first inning in a 20-7 trouncing of the She-Devils.

Next week, Doggie D'Tailing battles Jacobsen Enterprises at 6:30 p.m.; Three Webbs & Son takes on the Sharks at 7:30 p.m.; and the She-Devils play Mother's Kitchen at 8:30 p.m.

Providing the offense were:

| | | | | | | |
|----------------------|---------|-----|----|----|----|----|
| Mother's Kitchen | 831 | 122 | 8 | - | 10 | 21 |
| Three Webbs & Son | 154 | 146 | 8 | - | 14 | 19 |
| Sharks | 8 | 16 | 3 | - | 3 | 3 |
| Jacobsen Enterprises | (12)102 | 1 | - | 22 | 23 | |
| She-Devils | 1 | 96 | 18 | - | 7 | 16 |
| Doggie D'Tailing | (14)122 | 14 | - | 20 | 22 | |

Three Webbs & Son: three hits — Michelle Allman (triple, double, two runs, three RBI), Vicki Miller (double, run, RBI), Terri Hirt (run, three RBI); two hits — Robin Brown (double, two runs, RBI), Tina Hill (run, RBI), Lorretta McDaniel (run); one hit — Shannon Hill (triple, run, two RBI), Gina DeLong (double, two runs), Chantele Schwartz (two runs), Julie Menegay; one run, two RBI — Chris Clark.

Mother's Kitchen: three hits — Marie Byrd (two

See Chase, Page 2B

Five still unbeaten in Flag Football

From Staff Reports

SANFORD — Five teams remain undefeated and two teams still have not allowed a point this season after two weeks of play in the Sanford Recreation Department Youth Flag Football League Saturday at Sanford Middle School.

In the Minors, the Bengals and Rattlers are both 2-0 after beating the Bulldogs 19-12 and Golden Knights 27-7, respectively.

In the Majors, the Raiders tossed their second straight shutout with a 12-0 blanking of the Cardinals and

the 49ers are also unbeaten after an 18-7 victory over the Steelers. In the other games, the Cowboys beat the Jaguars 12-6 and the Dolphins topped the Falcons 13-7.

In the Seniors, the Cowboys are still unscathed upon after a 7-0 whitewashing of the Giants and the Bears got their first win with a 20-6 triumph over the Hurricanes.

This week's schedule has: in the Minors: 9 a.m. — Rattlers (2-0) vs. Bengals (2-0), 10 a.m. — Bulldogs (0-2) vs. Golden Knights (0-2); Majors: 11 a.m. — Cardinals (0-2) vs. Dolphins (1-1), noon — Steelers (1-1)

vs. Falcons (1-1), 1 p.m. — 49ers (2-0) vs. Jaguars (0-2), 2 p.m. — Cowboys (1-1) vs. Raiders (2-0); Seniors: 3 p.m. — Giants (0-2) vs. Bears (2-0), 4 p.m. — Hurricanes (1-1) vs. Cowboys (2-0).

MINORS

Bengals 19, Bulldogs 12
Ashuwa Richardson's second touchdown run of the game, a 50-yarder, on fourth down with a minute left in the game iced the Bengals win. Richardson also had a 39-yard TD gallop and added an

See Flag, Page 2B

SAC tops Lk. Mary Classic

From Staff Reports

LAKE MARY — Edgewater edged Lyman in the boys' race, but Seminole County schools swept the top three places and four of the top five in the girls' race and dominated the individual results over a large field of cross country runners in the 16th Lake Mary Classic at Lake Mary High School Saturday morning.

Edgewater scored 32 points to 37 for Lyman, with Seminole fourth with 143 points and Lake Mary sixth with 180 points in the boys' race won by Lyman's Tyler Sutterby with a time of 15:27.83. All told eight SAC runners were in the top 20 that was separated by less than minute-and-a-half.

In the girls' race, Lake Howell had 64 points, Lake Brantley 70 points and Oviedo 102 to finish 1-2-3, while Lyman was fifth with 121

See Running, Page 2B

BEST BETS ON TV

BASEBALL
 7 p.m. — SUN, TBS, Braves at Marlins, (L)
 7:30 p.m. — ESPN, Orioles at Red Sox, (L)
 10:30 p.m. — ESPN, Giants at Dodgers, (L)

STATS & STANDINGS

WHAT'S HAPPENING

Prep Bowling

□ Seminole Athletic Conference League of Alameda Lane, Poolton Round, 3:30 p.m.

Recreation Men's Softball

□ At Chase Park, Sanford, 8:30 p.m. - Stogie's vs. Beer30; 7:30 p.m. - Haley's Lane Ducks vs. Little Quinn D.D.S., P.A. vs. Wells Contracting
□ At Lake Mary Sports Complex, 8:30 p.m. - Flames vs. Service Elite; 7:30 p.m. - Brier Construction vs. Service Elite; 8:30 p.m. - Seminole Ford vs. U.S. Postal Service

Prep Boys' Volleyball

□ Lake Mary at Lyman. Junior varsity, 6 p.m.; varsity, 7 p.m.
□ Seminole at Lake Brantley. Junior varsity, 6 p.m.; varsity, 7 p.m.

Prep Swimming

□ Seminole/Deland vs. Lake Mary at Longwood Aquatics Club, 3:30 p.m.

| Team | W | L | PK | OT |
|-----------------|----|----|----|----|
| Sanford | 10 | 2 | 0 | 0 |
| Lyman | 8 | 4 | 0 | 0 |
| Lake Mary | 7 | 5 | 0 | 0 |
| Seaside | 6 | 6 | 0 | 0 |
| Deland | 5 | 7 | 0 | 0 |
| Winter Park | 4 | 8 | 0 | 0 |
| Orange | 3 | 9 | 0 | 0 |
| Altamonte | 2 | 10 | 0 | 0 |
| Winter Springs | 1 | 11 | 0 | 0 |
| Deerfield Beach | 0 | 12 | 0 | 0 |

| Team | W | L | PK | OT |
|-----------------|----|----|----|----|
| Sanford | 10 | 2 | 0 | 0 |
| Lyman | 8 | 4 | 0 | 0 |
| Lake Mary | 7 | 5 | 0 | 0 |
| Seaside | 6 | 6 | 0 | 0 |
| Deland | 5 | 7 | 0 | 0 |
| Winter Park | 4 | 8 | 0 | 0 |
| Orange | 3 | 9 | 0 | 0 |
| Altamonte | 2 | 10 | 0 | 0 |
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Flag

Continued from Page 1B

run. The Bengals other touchdown came on a 30-yard end around by Daniel Sherman. John Salco scored both Bulldogs touchdowns on a 45-yard kickoff return and a center sneak.

Raiders 27, G. Knights 7
Kelvin Riggins scored three touchdowns and had an extra point run to lead the Raiders. Riggins score came on a 15-yard run, a 30-yard pass from Maurice Thomas and a 50-yard kickoff return. D.J. Hayes also added a TD run and Jonathan Magnus and Matt Carl had extra point runs.

MAJORS
Dolphins 18, Falcons 7
Keith Wright ran 60-yards to set up a Charles (Poley) Hayes 10-yard touchdown run and later added a 70-yard touchdown run and an extra point to pace the Dolphins to victory.

Richard Ravenna scored the Falcons'

touchdown on a pass from Kyle Barrier and Barrier also tumbled an extra point pass to Ryley Williams.

Raiders 18, Cardinals 0
Byron Scott was a one-man show for the Raiders scoring touchdowns on runs of 25- and 60-yards and intercepting two passes to keep the Cardinals at bay.

49ers 18, Steelers 7
Jeremy McCray had a 50-yard touchdown run and had an interception that set-up a five-yard TD run by Crystal Bradley for the 49ers. Cy Wynn also scored a touchdown on a 30-yard run.

For the Steelers, Jardon DeSlaughter caught a 70-yard touchdown pass from Jeremy Brown and Alexis Lucca added an extra point run.

Cowboys 18, Jaguars 0
Reggie Grant came up with an interception with only two seconds remaining in the game and Frank Hicks hit Ryan Quinn with a 25-yard touchdown pass, the second 25-yard scoring pass of the day for Hicks, as time expired to give the Cowboys the win.

The Jaguars touchdown came on a three-yard pass from Demetrico Smith to

Matt Franks.

Cowboys 7, Giants 0
The Cowboys defense never allowed the Giants to cross the 50 yard line the entire game and Leonard Brit came up with a game sealing interception with less than two minutes to play as the Cowboys improved to 2-0. The lone score in the game came on a Jason Wheeler 50-yard pass to Brian Richmond and a Wheeler extra point run.

Luke Hardy had two interceptions for the Giants.

Bears 20, Hurricanes 0
Antonio (Head) White did a little bit of everything to lead the Bears. White had an 18-yard interception return for a touchdown, one of his four interceptions for the game, threw a 55-yard TD pass to Brian Dougherty, caught a 57-yard scoring toss from Brian Wade, caught an extra point pass from Wade and had an extra point run to account for the Bears' attack.

Ben Weigert threw an eight-yard touchdown pass to John Bryan and had an interception for the Hurricanes.

STATS

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People

IN BRIEF

Hike the Florida Trail

The following Florida Trail Association events are open to the public:
Type of Activity: Work Hike
Location: Seminole State Forest
Date and Time: Saturday, Oct. 18, 8:30 a.m.
Description: Help spruce up the Seminole State Forest Trail for the hiking season. Bring lunch, lots of water, bug spray and sunscreen.
Meeting Point: In front of forest entrance, six miles west of Interstate-4 on State Road 46, for car pooling.
Difficulty of Trip: Moderate
Hike Leader: Wiley Dykes, Sr., (407) 671-8866

Type of Activity: Day Hike

Location: Seminole State Forest
Date and Time: Saturday, Oct. 18, 8:30 a.m.
Description: We will hike the white blaze trail to Blackwater Creek and return by the orange blaze. A ten-mile hike. Bring lunch, lots of water, sunscreen, bug spray and a hat.
Meeting Point: In front of forest entrance, six miles west of Interstate-4 on State Road 46.
Difficulty of Trip: Moderate
Hike Leader: Rich Evans, (407) 332-9197

Type of Activity: Day Hike

Location: Seminole State Forest
Date and Time: Saturday, Nov. 16, 7:30 a.m.
Description: We will hike the trails not done in October. A ten-mile hike. Bring lunch, lots of water, sunscreen, bug spray and a hat.
Meeting Point: In front of forest entrance, six miles west of Interstate-4 on State Road 46, for carpooling to north entrance on Highway 44.
Difficulty of Trip: Moderate
Hike Leader: Rich Evans, (407) 332-9197
 For more information on the above hikes, contact the hike leader.

Rotary meets early

Rotary Club of Lake Mary meets Thursday mornings, 7:30-8:30 a.m., at the Marriott Courtyard, off West Lake Mary Boulevard. Contact Brian Lee, president, at 323-6128.

Weight Watchers meet on Thursdays

A local chapter of Weight Watchers meets at the Lake Mary Community Building every Thursday from 4:45 to 6:45 p.m.

Omni Toastmasters meet at Heathrow

The Omni Toastmasters Club #881 will meet at 5:30 p.m. every Thursday at the AAA building, 1000 AAA Drive, Heathrow. Guests and prospective members are welcome. Call Bertram Glick, 323-6089, for more information.

Sanford Historic Trust meets Thursday

The Sanford Historic Trust meets the first Thursday of the month, at 7 p.m., at the First Street Gallery, 207 Magnolia Ave.

Amateur Radio Society meets monthly

The Lake Mary Amateur Radio Society meets every first Thursday, at 7:30 p.m., at the Senior Center, Lake Triplet Drive, Casselberry. For information, call Karl Lambert, 686-8784, or Al Kirk, 323-4487.

University women meet

ALTAMONTE SPRINGS — American Association of University Women meets the first Thursday of each month at 7:30 p.m. at Capistrano Condominium Clubhouse, 200 Matland Ave., Altamonte Springs. Call Kathleen Kimball Ibrg, 831-8932, for information.

Depressive/Manic Support Group

Depressive/Manic Support Group meets at 7:30 p.m., the first and third Thursdays, Lakeside Alternatives, 454 W. Kennedy Blvd., Eatonville; and 10:30 a.m., the second Saturday, at the downtown Orlando Public Library, 101 E. Central Blvd. For information, call 381-8070 or 648-4875.

Sunrise Kiwanis meets Friday

The Seminole Sunrise Kiwanis Club meets every Friday, at 7 a.m., at Shoney's, US 17-98, south of Airport Boulevard. Visiting Kiwanians are welcome. For information, call Ridge Moreland, 323-3818.

Slow cookers come out of the closet

By MANAMA CALVA
 NIA Food Writer

Maybe you got one as a wedding gift. Or you bought it at a yard sale. Or your mom gave you hers. Or you recently acquired a new one.

I'm talking slow-cookers, those simple little appliances that were supposed to revolutionize our lives by allowing us to cook our beef stroganoff while putting in a full day at the office.

Which was all well and good back in 1971, when the slow-cooker was first manufactured (by the Rival Company, which trade-marked the name "Crock-Pot"). It was a time when many Americans ate meat two or three times a day and dinner was supposed to have a big hunk of red meat — stew or chili or pot roast — as its centerpiece. A slow-cooker cookbook published in 1975 (I found it at a second-hand store recently) is full of recipes for dishes like Ham 'n Cola, Bologna-Baga Bake (a combination of bologna and rutabaga), Veal Steak in Sour Cream and Chicken Delicous (chicken with cream of mushroom soup, cream of celery soup and cheese). My arteries hardened just reading them.

As our health concerns grew, many families began limiting their consumption of red meat, and turning to meat-free meals and lighter, quicker cooking methods — steaming, stir-frying and broiling, for example. The slow-cooker gathered dust in the basement.

But what hasn't changed is the fact that Mom and Dad still have to put in a full day at work (and the fact that even MORE moms are at work outside the home now than in 1971). Couple that with the fact that the slow-cooker can help the budget-conscious use less-expensive, less-tender cuts of meats and inexpensive grains and legumes, and you'll find that it is every bit as useful for feeding a family in the '90s as it was in the 1970s.

Fortunately for the harried and hungry among us, a new crop of slow-cooker recipes have been developed in the last few years, recipes with vegetables, grains, beans or lean meats as their central focus. These new uses of the fabulous selection of herbs and spices offered in almost every supermarket. Two recent cookbooks — "Mable Hoffman's All-New Crockery Favorites" and Natalie Haughton's "The Best Slow Cooker Cookbook Ever" — contain recipes with a decidedly '90s flair: Vegetables Agro Dolce,

Mango Chutney, Gingered Tomato Soup and Thai Chicken Salad among them. For those of you who still crave (as I do) an old-fashioned pot roast or chili, there's plenty of recipes for those dishes as well.

The recipes below were chosen from these two cookbooks as representative of the lighter, tastier and more interesting kinds of dishes that can be made with your slow-cooker. But first, of course, you have to find it. Race you to the basement.

TASTE-OF-THAI CHICKEN SALAD

1 chicken (2-1/2 to 3 pounds), cut into pieces or 3 pounds of chicken thighs
 1 cup chicken broth
 1/2 teaspoon dry red pepper flakes
 1/2 teaspoon seasoned salt
 1 tablespoon chopped fresh chives
 1 cup snow peas
 1 8-ounce can sliced water chestnuts, drained
 1 red bell pepper, seeded and coarsely and thinly sliced
 1/4 cup vegetable oil
 1 tablespoon Asian sesame oil (made with toasted sesame seeds)
 1 tablespoon lime juice
 2 tablespoons white wine vinegar
 1 tablespoon soy sauce
 2 teaspoons finely chopped fresh ginger
 Tabasco sauce or other Louisiana-style hot sauce
 1 garlic clove, peeled and crushed
 1 orange, peeled and sliced
 1/4 cup salted peanuts, chopped

Put chicken in slow-cooker. In a small bowl, combine broth, red-pepper flakes, seasoned salt and chives. Pour over chicken. Cover and cook on low 4 to 5 hours or until chicken is done. Cool, then remove meat from bones. Cut meat into bite-sized pieces. Discard bones, and use broth for soup or stew.

Bring a pot of water to a boil and blanch snow peas. Plunge them into the water for about 1 or 2 minutes, remove, drain, and run immediately under cold running water.

In a large bowl, combine the chicken, blanched snow peas, water chestnuts and bell pepper.

In a small bowl, combine oil, lime juice, vinegar, soy sauce, ginger, 2 or 4 dashes of hot sauce and garlic. Add to chicken mixture and toss. Top with orange slices and sprinkled with chopped peanuts. Serve.



Photo by Paul G. Bowert for New England Culinary Institute. TASTE-OF-Thai Chicken Salad demonstrates how tasty slow-cooker cooking can be.

Yield: 6 to 8 servings.
 — Recipe from "Mable Hoffman's All-New Crockery Favorites" (Bantam Books, 1993).

MEDITERRANEAN RATATOUILLE

1 large eggplant, peeled and cubed
 2 tomatoes, peeled, seeded and cubed
 3 zucchini, cubed
 1 small onion, peeled and chopped
 1 yellow bell pepper, seeded and chopped
 1/4 cup vegetable or olive oil
 1 garlic clove, peeled and crushed
 1/4 cup chopped fresh cilantro leaves
 2 tablespoons chopped fresh basil
 1/2 teaspoon salt
 1/4 teaspoon pepper

Combine eggplant, tomatoes, zucchini, onion and bell pepper in slow cooker. In a small bowl, combine oil, garlic, cilantro, basil, salt and pepper. Add to vegetables in pot. Cover and cook on LOW setting 7 to 8 hours or until vegetables are tender. Adjust seasoning and serve as a dip with pita wedges, as an appetizer or as a main dish served with rice, couscous or pasta.

Yield: 6 to 8 servings as a main dish.
 — Recipe from "Mable Hoffman's All-New Crockery Favorites" (Bantam Books, 1993)

CARIBBEAN CHICKEN SOUP WITH BANANAS

For spice mix:
 1 tablespoon paprika

1 tablespoon chili powder
 1 tablespoon ground cumin
 1-1/2 tablespoons dried thyme leaves
 1 teaspoon garlic salt
 1/2 teaspoon garlic powder
 1/4 teaspoon Madras curry powder
 1/4 teaspoon turmeric
 1/4 teaspoon dried oregano, crumbled
 Pinch of cayenne

For soup:
 1 medium onion, peeled and chopped
 3 large carrots, peeled and thinly sliced
 1 green bell pepper, seeded and cut into thin strips
 1 red bell pepper, seeded and cut into thin strips
 2 medium zucchini, halved lengthwise, then sliced
 4 plum tomatoes, chopped
 6 cups homemade or canned chicken broth
 1 15-1/2 ounce can whole-kernel corn, drained
 3/4 cup converted white rice
 2 cups cooked chicken or turkey breast strips (about 1/2 pound)
 3 bananas, thinly sliced

In a small bowl, mix together all spice mix ingredients and set aside.

In a 6-quart electric slow cooker, combine the onion, carrots, green and red peppers, zucchini, tomatoes, broth, corn, rice and chicken. Stir to blend.

Cover and cook on LOW setting 6 to 7 hours, or until rice is tender. Stir in chicken or turkey. To serve, add 1/2 banana to each soup bowl. Ladle soup over the bananas, and serve at once.

Yield: 6 to 8 servings.
 — Recipe from "The Best Slow Cooker Cookbook Ever" by Natalie Haughton (Harper-Collins, 1995).

Good manners no excuse for teen sex

DEAR READERS: Over the past three weeks, I have devoted each Wednesday's column entirely to the intelligent and heartfelt responses I've received since I asked readers to tell me how they just said "no" to sex. Today's is the last in this series.

DEAR ABBY: How about a girl diplomatically say "no"? She can say, "Take me home and we'll see if it's OK with my parents." Or, "Let's

ADVISE

ABIGAIL VAN BUREN

wait until I get my blood test back." Both suggestions should cool the young man's ardor.

But if the situation has progressed so far that sex is the next step, the girl has already gone far beyond the point where she should have said no, and there's no longer a way to be diplomatic or pleasant. I offer some suggestions on what to say then, and the young lady should speak loud and clear: "Take me home. What's the matter with you? My daddy will make you a soprano!" "When were you last checked for a sexually transmitted disease?" "Did you know my father likes to come out here and see who's making out?"

I hope these suggestions prove helpful. Hang in there, Abby. You make the world a better place. I'm an avid fan, but please don't print my name. I'm

A (MALE) DENTIST IN MISSOURI

DEAR ABBY: Our daughter has given "promise rings" to her three daughters. Each ring was presented on an evening when one of the boyfriends was present. When each girl accepted it, she made a promise to her parents, to us (her grandparents) and to God that she would not have sex before marriage. They never take the ring off.

Perhaps this is simplistic, but a girl can display her ring and repeat the promise she made, should the need arise.

GISEL WALTHAM, GRAND MEADOW, MINN.

DEAR ABBY: I'm 34 years old. I've been pregnant and have also had an STD. I know firsthand how difficult it is to say "no." It's not a matter of being rude. It's a fear of not being loved if you don't have sex, and the fear of getting pregnant or

having someone to make you feel "loved." Abby, it's scary to say no, especially if you have low self-esteem. But I've finally learned to do it.

Sometimes I still feel self-conscious — and scared, too. But that's natural. What's not natural is being 16 or 17 or 18 and being alone and pregnant or having AIDS.

It's OK to be rude if you have to be, and it's also OK to say "no." If you feel like you can't say "no," that's when you have to muster up your self-confidence and say, "Who cares if this person doesn't like me? I like myself and care enough about myself to refuse!"

SAY YES TO YOURSELF IN MINNESOTA

DEAR ABBY: My advice to women and girls who want to avoid unwanted sexual encounters: Tell them up front that you're not ready for sex. Avoid sexual situations. Stay out of bedrooms, back seats and dark corners. Use your head and stick with the group. Don't use alcohol or drugs, or the drug will be making the decision — not you. Be as rude as you have to be and don't worry about it! Your long-range plan for yourself are important — and they're better served if you are tagged "rude" rather than "naughty."

Listen to me: I made every mistake in the book, and my children and I paid a terrible price for it. You young women are our future. You are beautiful. You are important. Your lives are worthwhile. Take care of your lives and the children you will someday have. Please!

LEARNED THE HARD WAY

DEAR ABBY: I'm only 13, and I said no before the guy even asked me. I told him, "I'm too young and I'm not planning on having sex until I'm married." With AIDS out there, that's a good plan to me, and I encourage other teens-agree to wait.

15-YEAR-OLD IN MILWAUKEE

DEAR ABBY: My ex-boyfriend asked me for sex on many occasions, and every time I had the same answer: "No." How did I do it?

By sticking up for myself and what I believe in; by knowing I didn't have to if I didn't want to; by realizing I was not prepared for such an intimate relationship; and by asking myself, "Do I really want this?"

Some advice for other teens like me: If you're doing it for him, because he supposedly wants to show his love for you, don't even think about it. Don't sacrifice yourself for his satisfaction. It's not worth it.

Now some advice for parents: Please, talk to your daughters about sex. Tell them they don't need to do it with a guy to prove their love. We need your assurance more than anything. You may use my name.

DAISY YOKLEY

DEAR READERS: Thank you for your eloquent and caring letters. I was touched by how many of you wrote to share your experiences in the hope that they might help someone else. I regret that some insensitive reviewers prevented me from printing them all.

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| 81 | 7:00 | NEWS | 82</ | | |

Legal Notices

PROPOSED CONSTITUTIONAL AMENDMENTS AND RESOLUTIONS TO BE VOTED ON NOVEMBER 5, 1988

ARTICLE I. SHORT TITLE. The purpose of this amendment is to amend Article I, Section 1 of the Florida Constitution to read as follows: 'The Legislature shall have the power to enact laws for the state of Florida, subject to the approval of the Governor...'

ARTICLE II. SHORT TITLE. The purpose of this amendment is to amend Article II, Section 1 of the Florida Constitution to read as follows: 'The Governor shall have the power to execute the laws of the state of Florida, subject to the approval of the Legislature...'

ARTICLE III. SHORT TITLE. The purpose of this amendment is to amend Article III, Section 1 of the Florida Constitution to read as follows: 'The Florida Supreme Court shall have the power to interpret the laws of the state of Florida, subject to the approval of the Legislature...'

ARTICLE IV. SHORT TITLE. The purpose of this amendment is to amend Article IV, Section 1 of the Florida Constitution to read as follows: 'The Florida State Board of Education shall have the power to regulate the state's public schools, subject to the approval of the Legislature...'

ARTICLE V. SHORT TITLE. The purpose of this amendment is to amend Article V, Section 1 of the Florida Constitution to read as follows: 'The Florida State Board of Public Safety shall have the power to regulate the state's law enforcement agencies, subject to the approval of the Legislature...'

ARTICLE VI. SHORT TITLE. The purpose of this amendment is to amend Article VI, Section 1 of the Florida Constitution to read as follows: 'The Florida State Board of Health shall have the power to regulate the state's health care services, subject to the approval of the Legislature...'

Legal Notices

NOTICE OF PENDING BANKRUPTCY. Notice is hereby given that I am engaged in business as a sole proprietor at 1000 S. Orange Ave., Orlando, Florida, under the name of...

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CLASSIFIED ADS

Sanford - Winter Park 407/323-8811. Orlando - Winter Park 407/631-9888. CLASSIFIED DEPT. 407/323-8811. FRANKIE PARTY RATES...

NOW ACCEPTING. Scheduling may include English Master at the cost of an additional day. Tuesday thru Friday 10:00 AM thru 5:00 PM.

1- Elderly Care. 2- Social Services. 3- Family Care. 4- Financial Services. 5- Business Opportunities.

Legal Notices. NOTICE OF PUBLIC AUCTION. Notice is hereby given that the Sanford Herald will sell at Public Auction for Salvage for Cash...

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2- Law & Family

GLADYS PERSONAL CO. 1000 S. Orange Ave., Orlando, Florida. 407/323-8811. PEARL POUND. 1000 S. Orange Ave., Orlando, Florida.

2- Family & Child Care. 3- Elderly Care. 4- Social Services. 5- Family Care. 6- Financial Services. 7- Business Opportunities.

4- Legal Services. AFFORDABLE FOREIGN INC. Adoption, divorce, wills, trusts, etc.

5- Business Opportunities. CATALINA SALES. Born 1950-1955. Cash for cars, trucks, boats.

6- Financial Services. LAMARLY SERVICE. Bankruptcy, tax prep, insurance, etc.

7- Home Services. A/S SERVICE TECH. Home repairs, painting, etc.

8- Miscellaneous. A BETTER JOB FOR YOU! Call! Call! Never a Fool!

CELEBRITY CIPHER by Luis Campos. Celebrity Cipher answers are provided from celebrities by famous people. WXX SLXTWXPW YBLJ BY BLTGPX GP WXX PRCOH BY UBOPXULTWXH YXW RXXBGGG BCW WXX ISBW TCM NXIMXPP. - AGIR BLXNTJ.

NOTICE UNDER PENDING BANKRUPTCY. Notice is hereby given that I am engaged in business as a sole proprietor at 1000 S. Orange Ave., Orlando, Florida, under the name of...

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BLONDE by Chic Young

Panel 1: "ON NO! I READ MY BOOK STRAIGHT THROUGH TO DAWN!"
 Panel 2: "DARN! FOR HEAVEN'S SAKE! WHY ARE YOU THRESHING AROUND LIKE THAT?!"
 Panel 3: "I'VE ONLY GOT 2 HOURS TO GET 8 HOURS SLEEP!"

BETLE BAILEY by Mort Walker

Panel 1: "COSMO IS RUNNING A LOTTERY. THE WINNER GETS A DATE WITH MISS SUELEY."
 Panel 2: "LOOKS LIKE EVERYONE KNOWS ABOUT IT."
 Panel 3: "EVERYONE BUT MISS SUELEY!"

THE BORN LOSER by Art Sansom

Panel 1: "THAT WAS THE WORST MEAL I EVER HAD! I WANT A REFUND!"
 Panel 2: "NO DICE!"
 Panel 3: "BUT YOUR MENU SAYS 'YOUR MONEY WILL BE REFUNDED IF NOT SATISFACTORY'."
 Panel 4: "THAT'S RIGHT... BUT I FIND YOUR MONEY TO BE SATISFACTORY, SO NO REFUND!"

PEANUTS by Charles M. Schulz

Panel 1: Charlie Brown looks at a ball.
 Panel 2: Charlie Brown looks at a ball.
 Panel 3: "BANG!"

BEK & MEK by Howie Schneider

Panel 1: "MONIQUE'S MEALS."
 Panel 2: "GOOD OLD HOME COOKING."
 Panel 3: "BEEH THERE... ATE THAT."

TUMBLEWEEDS by T.K. Ryan

Panel 1: "DON'T EVEN ABOUT IT!"
 Panel 2: "YOU'D BETTER NOT MESS WITH ME!"
 Panel 3: "AND YOU BETTER NOT MESS WITH ME!"

ARLO AND JANE by Jimmy Johnson

Panel 1: "THAT WAS A GOOD STATUE!"
 Panel 2: "YES."
 Panel 3: "I WONDER WHY SHE DIDN'T HAVE ARMS!"
 Panel 4: "SHE DIDN'T HAVE ARMS!"

FRANK AND ERNEST by Bob Thaves

Panel 1: "MEGACORP PERSONNEL."
 Panel 2: "WHAT ARE YOU LOOKING FOR IN BENEFITS?"
 Panel 3: "GOOD SEVERANCE PAY!"

GARFIELD by Jim Davis

Panel 1: "A CAT'S KEEN SENSE OF HEARING CAN HELP HIM IDENTIFY HIS PREY."
 Panel 2: "CRUNCH!"
 Panel 3: "TOAST"

ROBOTMAN by Jim Meddick

Panel 1: "I LANDED A KISS IN A MUSIC VIDEO AND THE GUY SAID 'I'M HAVING TO GO TO THE STORE'."
 Panel 2: "DANG DONG!"
 Panel 3: "I'M FROM THE UP-BEATING INSTITUTIONS AROUND THE STREET, AND WE WERE WORSHIPPED IF YOU WERE USING YOUR PURCHASES..."

Skip supplement for healthy diet

DEAR DR. GOTT: I'm a 17-year-old athlete on a low-fat diet. I don't smoke or drink and have started taking chromium picolinate as a dietary supplement in order to build muscle and increase my energy level. Some friends are wary of this mineral, and I wonder what the risks and advantages are.

DEAR READER: This dietary supplement is probably unnecessary for your health and performance. Chromium is a vital trace mineral that is required for proper metabolism. The Recommended Daily Allowance is 50 micrograms a day, an amount easily supplied by a balanced diet containing meat, eggs, grains, and vegetables.

On the other hand, a chromium supplement will not harm you. There are no reports of chromium toxicity from dietary sources or supplements. Rather, this affliction results from chronic exposure to industrial sources (such as chromium plating), which can cause liver and kidney damage.

As a general rule, I am skeptical of health claims made by nutrition "experts" who have a product to sell. Therefore, I side with your friends. You'll probably build more muscle and increase your energy level by eating a balanced diet with, perhaps, more fat (a good source of energy) and protein.

To give you more information, I am sending you a copy of my Health Report "Fats 1: Vitamins and Minerals." Other readers who would like a copy should send \$2 plus a long, self-addressed, stamped envelope to P.O. Box 2017, Murray Hill Station, New York, NY 10158. Be sure to mention the title.

DEAR DR. GOTT: My son suffers from multiple lipomas on his arms, legs, and torso. The doctors he has seen indicated that the lumps are benign and only need to be removed if there is a cosmetic issue. Is this correct or should he see a specialist?

DEAR READER: No one knows why some people develop lipomas, benign fatty tumors under the skin. Lipomas don't have to be removed unless they cause symptoms — for example, irritation under a belt-line — or are socially unacceptable.

Therefore, your son's doctors are correct. In the event that some of these harmless tumors require excision, a qualified general surgeon can easily perform the procedure.

DEAR DR. GOTT: For years I've been reading that raw eggs can cause salmonella poisoning. Well, restaurants serve eggs over easy and those eggs are not fully cooked, especially the yolks. Am I taking a risk by ordering them?

DEAR READER: Salmonella are dangerous bacteria that can enter the



PETER GOTT, M.D.

cause a violent form of intestinal infection, marked by diarrhea, dehydration and — sometimes — death. Short of performing bacterial cultures on eggs, there is no sure-fire way of determining which ones are infected.

Consequently, because salmonella are readily killed by heating, most authorities urge consumers to avoid eating raw eggs. The procedure of cooking eggs — even minimally — appears to deactivate the bacteria. Therefore, I doubt that you are risking salmonella poisoning by eating commercially prepared eggs, even those that are served "over-easy," once the egg whites have coagulated from heat, there is little danger. The primary form to watch out for is egg.

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developing egg before the shell has been fully formed. Once in the egg, the bacteria remain dormant until the uncooked product is eaten by an unwary consumer.

Then the salmonella reproduce to

ACROSS

- 1 Pretzels
- 4 Old map abbr.
- 6 Salt Lake City's state
- 12 Hens (Fr.)
- 13 Verso side
- 14 After-bath wear
- 15 Attorney's sig.
- 16 Short article
- 17 Tunes to court
- 18 Inventor's cooking
- 20 Turbulence
- 21 Ladies sign
- 22 Musical picture
- 23 Pl. for food
- 24 — Turbulence
- 25 — — —
- 26 — — —
- 27 Certain

DOWN

- 1 Address — St. John
- 2 W. Coast coll.
- 3 Creamy
- 4 S.Y. for eye
- 5 Process
- 6 Sea present
- 7 Computer

Answer to Previous Puzzle

28 South of the coast (N. holiday town) (10 wds.)
 29 Yarn (10 wds.)
 30 Address
 31 American
 32 American
 33 American
 34 American
 35 American
 36 American
 37 American
 38 American
 39 American
 40 American
 41 American
 42 American
 43 American
 44 American
 45 American
 46 American
 47 American
 48 American
 49 American
 50 American
 51 American

STUMPED? Call for Answers @ 1-800-854-8888 ext. 100

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The echo again, again

By Phillip Alder

My grandmother used to claim things went in threes. I'm more inclined to think they go in pairs. Soon after seeing yesterday's deal, I came upon this one, which was reported by the declarer, Knut Kjarnarod from Norway.

North's two-club opening was natural, showing at most 15 high-card points and at least five clubs. Then some aggressive bidding pushed South into four hearts.

West led the diamond jack: nine, king, two. East switched to a trump. West winning with the ace and returning the suit. The declarer called for dummy's king and played a club to his queen. West, Pal Haga from Oslo, ducked smoothly!

South was duly fooled into thinking that East had the club ace to go with the two top diamond honors, marking West with the spade queen. South ruffed a diamond in the dummy, played a spade to his king, drew the last trump and led a spade to dummy's 10. Disaster! East produced the queen he "couldn't" have and cashed the diamond ace for one down.

Note that if West wins trick four with his club ace, the contract cruises home, the declarer needing only one club ruff to establish dummy's suit.

And again, like yesterday, perhaps South should have seen through the smokescreen, as East had passed as dealer.

Much as he might have wanted to, I doubt East blessed West after this deal, for a reason pointed out by Oliver Wendell Holmes: "The sound of a lie is not so loud as that of a cannon, but its echo lasts a great deal longer."

North 20-25-05
 ♠ A J 10 5
 ♥ K 9 4
 ♦ 9
 ♣ K 10 7 5 4

West 6-4-3-2
 ♠ A 2
 ♥ J 10 8
 ♦ A 9 8 3

East 8-9-8
 ♠ Q 8 5
 ♥ A K 7 6 4
 ♦ J 6 2

South
 ♠ K 8 7
 ♥ Q J 10 7 3
 ♦ Q 5 3 2
 ♣ Q

Vulnerable: Neither
Dealer: East

| South | West | North | East |
|-------|------|-------|------|
| Pass | Pass | 2♠ | 2♠ |
| 2♥ | 3♥ | Pass | Pass |
| 4♥ | Pass | Pass | Pass |

Opening lead: ♠ J



Thursday, Sept. 28, 1988

In the year ahead, you might form a special relationship with a new friend. This alliance can offer many mutual benefits. Do not take it for granted.

LIBRA (Sept. 29-Oct. 28) Today, an old, neglected duty might suddenly present itself just when everything is running smoothly. Try not to grumble — just do it. Know where to look for romance and you'll find it. The Astro-Graph Matchmaker instantly reveals which signs are romantically perfect for you. Mail \$2.75 to Matchmaker, c/o this newspaper, P.O. Box 1788, Murray Hill Station, New York, NY 10158.

SCORPIO (Oct. 29-Nov. 28) Some days, no matter how hard you try, you can't please certain people. If you encounter

these circumstances today, bite the bullet. **SAGITTARIUS** (Nov. 29-Dec. 21) As a general rule, it's wise to keep outsiders out of family affairs. Today you will understand the benefit of keeping some things to yourself.

CAPRICORN (Dec. 22-Jan. 19) Today you might become closely involved with a disagreeable individual. It will be better to walk away than to respond in anger.

AQUARIUS (Jan. 20-Feb. 18) Today and tomorrow, it might seem as if everyone is asking you for money. You will want to help, but you can't support everyone who asks you for assistance.

PISCES (Feb. 19-March 20) Even though you may try to do everything in your power to resolve a domestic situation today, someone will still be uncooperative.

ARIES (March 21-April 19) Not everyone is as responsible and dedicated as you are. Unfortunately, today you might have to clean up someone else's mess.

TAURUS (April 20-May 20) Do not get

bent out of shape today if a sensitive friend gets hot under the collar over an imagined slight. Point out the error of her reasoning.

GEMINI (May 21-June 20) Even though it's true that you worked hard and contributed significantly in a joint endeavor, don't attempt to take full credit for its success.

CANCER (June 21-July 22) A quiet, philosophical discussion could turn into an argument today if you ignore the fact that others are entitled to their own opinions. Try to be open-minded.

LEO (July 23-Aug. 22) Something you've wanted for your immediate future may be on sale today at a reduced price. Make sure to check your bank account before you make a purchase.

VIRGO (Aug. 23-Sept. 22) Today, many people will sign up for a project, but not everyone will be a good team player. To avoid frustration, don't work with anyone who is not dedicated.

ANNIE

Panel 1: "UNLIKE BETTY, THIS KID CAN CONNECT WITH ANNE'S ZEPHERUS!"
 Panel 2: "HAPPY YOU SOUND LIKE HIS UNCLE!"

ANNIE

Panel 3: "STILL—I'VE KNOWN UP TO ANNE'S ZEPHERUS FOR TOO LONG TO COFF."
 Panel 4: "I'M GOING UP TO ANNE'S ZEPHERUS TO COFF."

ANNIE

Panel 5: "NAME THIS COFFER... I'VE BEEN AFTER HIM FOR YEARS!"
 Panel 6: "HOW THAT COFFER GOT INTO ANNE'S ZEPHERUS... I'VE BEEN AFTER HIM FOR YEARS!"

by Leonard Maltin