



Seminole Herald

THURSDAY
March 2, 2000
92nd Year, No. 136
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Sanford, FL
Price 35¢

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Lake Mary, Longwood,
Oviedo, Winter Springs
and Seminole County
Since 1908



Weather
Good day for
the beach!
Sunny
High: 83
Low: 62
2A



**Bears, Patriots,
Rams win
SAC Baseball
Openers**
1B



**Inclusion Day
activities help
raise awareness**
4A

Briefly

'Macbeth' makes return to stage

Macbeth's show returns
Shakespearean Theater has
returned to Casselberry —
Club Juana style.
Nude women performed
portions of Macbeth
Wednesday night at Club Juana
in a revised version of Femmes
Fatale, a theatrical performance
which enables the adult club to
skirt Seminole County ban on
nudity.

Seminole County voters
approved the ban in November
1998. As a result, dancers are
required to wear pasties and
panties.

Wednesday's production
included the "witches scene"
from Macbeth as well as several
other skits, each including
nudity.

Officers with Seminole's vice
squad were at the club video-
taping the performance, but no
arrests were made. Club owner
Mike Pinter has said the show
would be staged four nights
per week, Wednesday through
Saturday, as long as it drew a
crowd.

Prosecutors and agents
today will discuss whether any
charges will be filed.

Following the club's first
production of Femmes Fatale
in May 1999, three women and
Pinter pleaded no contest to
violating a Casselberry ordinance
that bans nudity in busi-
nesses that sell alcohol. The
performers were fined \$100,
and Pinter \$500.

However, Circuit Judge O.H.
Eaton has ruled in a related
civil case that the production
was legitimate theater and that
it was legal.

Plans delayed for homeless hospital

By Bill Kerna
Staff Writer

SANFORD — Plans for a homeless
hospital on Highway 17/92 in Sanford
have been dropped.

The Health Care Center for the
Homeless, Inc. has withdrawn its applica-
tion to use the old Helig-Meyers build-
ing at 1100 French Avenue to house up to
47 homeless people who are ill.

"We're investigating other sites," said
Sally Pickering, a nursing case manager
who would be a co-administrator of the
proposed center. "The site in Sanford is

Orlando organization still looking for other sites, including in Sanford

not conducive to our program at this
time."
Pickering said that nine other sites in
the Central Florida area, including with-
in Seminole County, are being considered
as possible locations of a convalescent
center for the homeless. She declined to
say which cities are being considered as

possible locations, or when construction
would begin.

"We're just looking for the best place
for us to provide a program in which we
can help people," Pickering said. "We're
not in a rush to build at all."

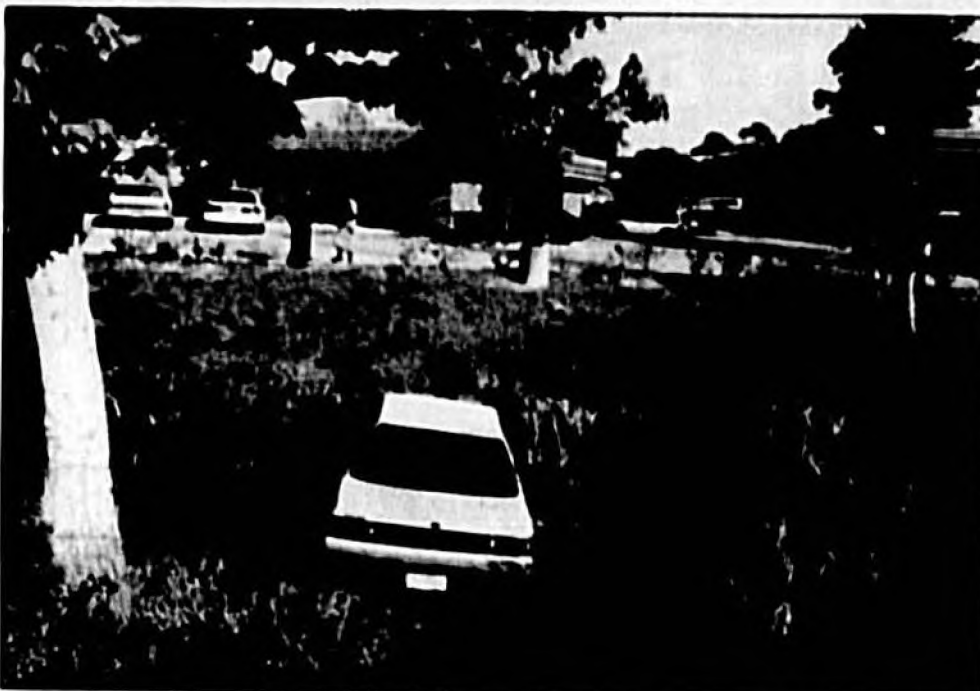
Linda Kubly, a resident of the historic
district and executive director of Sanford

Main Street, said that Sanford can not
continue to support the bulk of Seminole
County's social service type of facilities.
"Sanford cannot continue to be the city
that supports these entities," Kubly said.
"Other cities need to share the load."

According to a city survey provided
by the Department of Engineering and
Planning, out of 20 social service type of
programs such as the Salvation Army in
Seminole County, 14 are located in
Sanford. The majority of the programs
are clustered in Goldsboro and the city's
historic district.

See Hospital, Page 7A

In the ditch



A Lake Mary police officer talks with Ramel Shawn Steele of Orange City after Steele drove her car into a ditch at the 7-11 store at the corner of Lake Mary Boulevard and Rinehart Road. Steele told officers she accidentally put the vehicle in reverse and drove into the retention pond. There were no injuries in the incident, and officers did not file any charges.

Politicians must appeal to new voters — kids

**Kids Voting USA
offers Seminole
County students
chance to vote for
president**

By Michelle Jorin
Managing Editor

SANFORD — Voting isn't
just for adults anymore.
Through the Kids Voting
USA program, Seminole County
children will have the opportu-
nity to go to the polls with their
parents and vote during
November. In fact, organizers
hope the program will encour-
age more adults to vote during
the upcoming election.

"Looking at recent voter turn-
out rates, we know we need to
do something about it,"
Seminole County educator Jane
Palmer said. "If kids come

home and say 'Mommy, I can
vote,' they may drag their par-
ents to the precinct rather than
the other way around."

Palmer, who works with K-12
social studies curriculum and
instruction, is spearheading the
Kids Voting USA program in
Seminole County. Along with
numerous volunteers, she will
make sure every child in the
county will have the opportu-
nity to fill out a ballot in
November.

The concept for Kids Voting
USA began in 1987 when three
Arizona businessmen went to
Costa Rica on a fishing trip and
discovered the country's voting
rate was about 80 percent. For
more than 40 years, children in
the Central American country
have discussed election issues
in the classroom and voted
alongside their parents on elec-
tion day.

Back in the United States, the
businessmen created a similar
See Voting, Page 7A

Today is ...

Thursday, March 2, 2000
Today is the 62nd day of 2000
and the 72nd day of winter.

TODAY'S HISTORY: On this
day in 1836, Texas declared
itself to be an independent
republic.

On this day in 1964, the filming
of "A Hard Day's Night," star-
ring the Beatles, began.

On this day in 1963, Sony,
Philips and Polygram intro-
duced the compact disc.

TODAY'S BIRTHDAYS: Sam
Houston (1793-1863), Texas
statesman; Shalom Aleichem
(1859-1916), writer; Kurt Weill
(1900-1950), composer; Moe
Berg (1902-1972), baseball
player-intelligence operative;
Theodore Geisel (Dr. Seuss,
1904-1991), author; Tom Wolfe
(1931-), writer; is 69, Mikhail
Gorbachev (1931-), Russian
statesman; is 69, John Irving
(1942-), novelist; is 58, Lou
Reed (1943-), songwriter; is
57.

TODAY'S SPORTS: On this
day in 1927, Babe Ruth signed
a \$70,000 contract with the
New York Yankees.

TODAY'S QUOTE: "I'm not
confused. I'm just well mixed."
Robert Frost

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Seminole students rank second in college enrollment

Students also among the most prepared for college work

By Bill Kerna
Staff Writer

SANFORD — Seminole
County public schools have the
second highest percentage of
high school graduates who are
enrolled in college, according to
a report released by the state.

In addition, Seminole County

public schools ranked seventh
out of 75 school districts in the
state with 68.6 percent of gradu-
ates passing all three areas of a
state test to determine readiness
for postsecondary education.

Students who enter public
colleges or universities must
pass entry-level college place-
ment tests in reading, writing and
math.

The Readiness for
Postsecondary Education 1998-
99 Report, released by Florida
Education Commissioner Tom
Gallagher shows a statewide
increase in the proportion of
high school graduates who
passed entry-level college place-

ment tests.

In the 1998-99 school year,
61.5 percent of prior year public
high school graduates who
entered a public university or
community college were consid-
ered "ready" for college in all
three subject areas, a 4.6 percent
increase in the proportion of
students ready the previous
school year.

"There's good news for
everyone in this report,"
Gallagher said. "But, the best
news is the improvement in
passing rates among minority
students."

The proportion of white stu-
See Students, Page 7A

Beware: 'Long arm of the claw' invades area seafood restaurants

By Nick Pfeiffaut
Staff writer

SANFORD — This Friday
and Saturday, March 3 and 4,
and again on a weekend later
this month, local law enforce-
ment officers, Sheriff's deputies
and police officers, will be
involved in a project called
Cops & Lobsters at Red Lobster
restaurants.

The project got underway at
600 locations statewide at the
beginning of this week and lasts
through April 30. Locally, these
two weekends have been specifi-
cally marked out for involve-
ment at the Red Lobster
Restaurant, 20 Towne Center

Bld. in Sanford.

Ben Hartner with the
Seminole County sheriff's
department is coordinating the
law enforcement participation
in the event. Specific names of
the officers were not immedi-
ately available.

Cops & Lobsters is a fund
raiser for Special Olympics.
Police and deputies around the
state, who have taken an oath to
"serve" and protect, will be
assisting Red Lobster servers
during lunch and the dinner
hour. Donations, in the form of
tips will go to the Special
Olympics and the Law
Enforcement Torch Run, which
is also part of the fundraising

campaign for the Olympics.

Last year, thousands of offi-
cers participated in the event
and raised a record-breaking
\$1.1 million. Florida raised the
most money of any state in the
nation for the fifth year in a row
by obtaining over \$117,000 dur-
ing 1999.

Red Lobster's relationship
with Special Olympics began in
1987 when the company was a
premier sponsor of the
International Special Olympic
Games in South Bend, Indiana.
In addition, the Red Lobster's
support of people with mental
retardation includes a hiring ini-
tiative providing hundreds of
See Restaurants, Page 7A

Preparing Opening Day

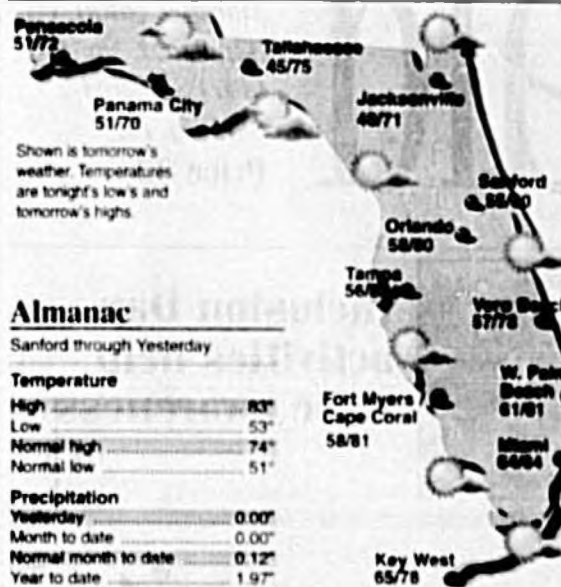


Sanford Parks and Recreation employee Billy Reines hoses the first base area at the Sanford Memorial Stadium in preparation for this weekend's opening ceremonies for Little League Baseball.

ACCU WEATHER[®] FORECAST FOR SEMINOLE COUNTY

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Florida Weather



Almanac

Sanford through Yesterday

Temperature
 High 83°
 Low 53°
 Normal high 74°
 Normal low 51°

Precipitation
 Yesterday 0.00"
 Month to date 0.00"
 Normal month to date 0.12"
 Year to date 1.97"
 Last year to date 3.93"
 Normal year to date 6.28"

Five-Day Forecast for Sanford

Tonight	Friday	Saturday	Sunday	Monday
Mainly clear early with some fog late.	A mix of clouds and sun.	Partly sunny with a stray shower possible.	Turning out mostly sunny.	Sunshine and patchy clouds.
55	80 / 55	80 / 57	80 / 59	80 / 58

UV Index Tomorrow



Regional Cities

City	Hi	Lo	W	Hi	Lo	W
Albany, GA	70	50	pc	70	50	sh
Atlanta, GA	64	46	r	67	50	sh
Bartow, FL	73	49	pc	77	51	sh
Daytona Beach, FL	81	64	s	83	66	s
Fort Myers, FL	72	49	pc	76	50	sh
Key West, FL	81	58	s	84	63	s
Orlando, FL	74	50	s	81	56	sh
Tampa, FL	78	55	s	82	72	s
West Palm Beach, FL	81	58	s	83	58	s
W. Palm Beach, FL	82	57	s	82	58	s
Melbourne, FL	78	57	s	79	55	s
Norfolk, VA	82	58	s	85	63	s
Orlando, FL	80	58	s	82	59	s
Panama City, FL	72	55	pc	74	56	pc
Sarasota, FL	80	57	s	81	61	s
St. Augustine, FL	73	50	s	80	53	sh
St. Petersburg, FL	81	56	s	81	60	s
Tallahassee, FL	75	48	pc	80	51	sh
Tampa, FL	82	58	s	81	60	sh
Tombulville, FL	73	49	s	79	50	sh
Wesley Chapel, FL	78	44	s	80	47	s
W. Palm Beach, FL	81	61	s	82	64	s

Regional Weather

Florida: Look for clear skies early tonight with fog forming inland late. Sunshine will mix with a few clouds tomorrow.

Georgia: Clear skies are in the forecast tonight, except for a little fog along the coast. Sunshine will give way to clouds tomorrow afternoon.

Mississippi: Clear skies are in the forecast tonight, except for a little fog along the coast. Sunshine will give way to clouds tomorrow.

Alabama: Clear skies are in the forecast tonight, except for a little fog along the coast. Sunshine will give way to clouds tomorrow.

South Carolina: Skies will be mainly clear tonight. Sunshine will return tomorrow morning, but will give way to increasing clouds later in the day.

Louisiana: Expect mostly cloudy skies tonight with patchy showers or drizzle. Showers and thunderstorms are in the forecast for tomorrow.

Sun and Moon

Sunset tonight 6:26 p.m.
Sunrise Friday 6:48 a.m.
Moonrise today 4:31 a.m.
Moonset today 3:21 p.m.

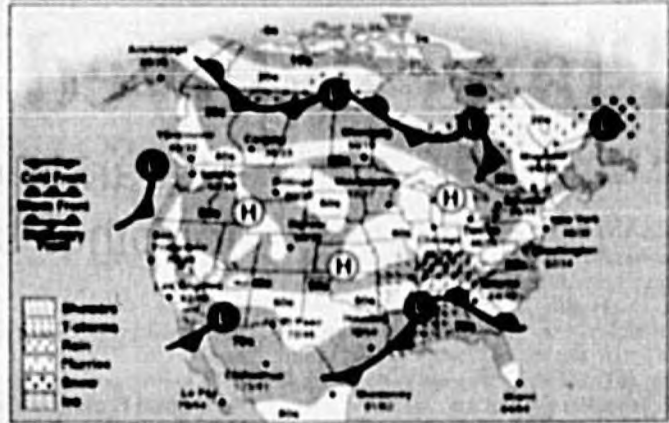
Mar 6 **Mar 13** **Mar 19** **Mar 27**

Tides

Tides for Daytona Beach Shores, Sunlight Pier

Tomorrow
 First Low 12:16 p.m. 0.3 ft.
 First High 6:04 a.m. 4.0 ft.
 Second Low 6:13 p.m. 3.8 ft.
Saturday
 First Low 12:21 a.m. 0.2 ft.
 First High 6:48 a.m. 4.2 ft.
 Second Low 12:58 p.m. 0.1 ft.
 Second High 6:58 p.m. 4.0 ft.

Tomorrow's National Weather



Shown are noon positions of weather systems and precipitation. Temperature bands are highs for the day. Forecast high/low temperatures are given for selected cities. Yesterday's National High/Low: (for the 48 contiguous states) High 88° in McAllen, TX; Low 4° in Fraser, CO.

World Cities

City	Hi	Lo	W	Hi	Lo	W
Adana	58	43	pc	60	49	s
Bahia	83	51	s	88	56	s
Bahia	45	32	r	34	18	s
Buenos Aires	80	51	pc	81	63	sh
Calcutta	79	48	s	89	48	s
Hong Kong	82	58	s	83	67	s
Jerusalem	57	38	s	53	30	s
London	49	31	pc	37	30	pc
Moscow	64	24	r	69	27	pc
Mexico City	78	48	pc	71	48	pc
Mumbai	34	28	pc	35	29	pc
Paris	47	36	s	50	33	pc
Rome	58	42	s	61	49	pc
Sao Paulo	55	43	pc	53	37	pc
Sydney	80	72	s	80	67	pc
Tokyo	57	45	s	62	54	s
Winnipeg	38	37	pc	40	18	pc
Zurich	44	41	sh	43	17	pc

National Cities

City	Hi	Lo	W	Hi	Lo	W
Atlanta	64	46	r	67	50	sh
Baltimore	52	30	s	50	34	s
Bilings	60	38	s	51	32	sh
Birmingham	68	48	r	69	49	pc
Boston	58	34	s	58	31	c
Boston	42	30	c	46	32	c
Charleston, SC	63	43	s	72	50	sh
Charleston, WV	49	30	s	58	41	s
Chicago	46	28	s	52	36	s
Cleveland	42	25	s	47	32	pc
Daytona Beach	75	51	s	79	54	sh
Dallas	50	32	pc	61	32	r
Des Moines	47	34	pc	53	38	pc
Detroit	46	26	s	50	33	s
El Paso	72	45	s	68	44	c
Fairfax	30	8	s	30	3	c
Grand Rapids	48	27	s	52	30	s
Helena	53	27	s	49	26	sh
Honolulu	79	65	pc	83	69	pc
Houston	78	54	pc	72	58	c
Indianapolis	47	28	s	53	28	s
Jacksonville	71	48	s	78	51	sh
Kansas City	43	32	sh	58	40	pc
Las Vegas	65	45	sh	67	45	c
Little Rock	60	39	sh	63	48	pc
Louisville	49	30	sh	60	45	s
Memphis	60	39	sh	66	49	pc
Miami	84	64	s	83	68	s
Minneapolis	47	33	s	50	35	s
Mississippi	52	37	pc	50	37	pc
Nashville	54	34	r	64	45	s
New Orleans	77	59	sh	72	62	c
New York City	48	30	pc	48	38	pc
Oklahoma City	56	34	c	60	45	c
Omaha	49	33	pc	54	38	pc
Philadelphia	50	30	pc	52	34	pc
Phoenix	79	54	pc	69	51	sh
Portland, OR	52	39	sh	51	38	sh
Providence	47	27	c	47	30	c
Raleigh/Durham	56	31	s	63	39	sh
Rapid City	61	30	pc	57	30	sh
Reno	53	31	pc	54	30	c
St. Louis	44	35	sh	59	43	s
Salt Lake City	56	36	s	55	33	c
Santa Fe	53	28	s	56	33	c
St. St. Marie	39	22	s	42	25	pc
Seattle	50	39	sh	50	38	sh
Tempe	46	30	c	60	40	sh
Tucson	78	47	pc	69	44	sh
Washington, DC	52	34	s	60	38	s

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Chartering a new course in Seminole

Apparently, the 15 members of the county's charter review commission have run out of wondrous schemes. On Monday, they'll accept input from the simple folk.

Chairman Doug Elam tells me the charter team will "sit and listen."

Elam's an imposing yet friendly man. I figure he'll give everyone a chance to speak yet tell them when they've talked too long.

"We haven't made any decisions yet," Elam said Wednesday. "We've made a list of issues we want to discuss formally. There's seven of them. These are concepts, only."

Are their factions on the board?

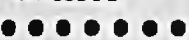
"Yes," Elam said. "But there has been no factions on the votes we have taken or will take. I've come to the table prepared to listen to all the other opinions. No matter how much I have researched and studied each issue, I will vote for what's right."

Having attended each of the advertised charter review meetings, I have these suggestions for the commission:

1. No hidden agendas.
2. No euphemisms.
3. No posturing.



Russ White



4. Study Robert's Rules.

5. Obey the Sunshine Law.

6. Teleview the meetings.

7. Reduce group from 15 to 5.

There, if there's agreement here, the charter review process could be completed by May instead of December.

An attorney has told the charter review team that some of the initial suggestions it was considering were not applicable. In fact, they were illegal. Still, the board kept them on the agenda for further review. Retaining the attorney was a grand move.

Elam said Wednesday that headlines seem to indicate that review group was going to attempt to reduce the salaries of the county commissioners. "Not so," he said. "We're going to have formal discussions. We've made no such decision."

Another item that has miffed some observers and board members is a proposal to select a Sheriff's Office Review Commission.

"I have news, there already is one," said Charter Review member Bill Fox. "Sheriff Eslinger asked eight years for there to be one."

In eight years there have been one — maybe two — incidents of excessive force by law enforcement officers in Seminole County. A judge ruled officers were guilty of roughing up a Sanford man who was suspected of a drug violation. Charges against the man were dropped. This isolated case involved several law enforcement agencies.

It has been six years since the last Charter Review Board sessions. It may be 10 before the next one. We the people can help by attending Monday's public input hearing. Remember, the voters get the final word to whatever the review board approves.

I expect a good number of people will attend the 7 p.m. Monday hearing. Bob West, who is running for the District 5 Commission seat, has told friends and supporters that he will be there with some keen observations.

The hearing, some say, may launch West's campaign. Who knows it may turn into a Wild Bob West Show.

Russ White's column appears daily in the Seminole Herald.

Briefs

Fair opens

This Friday, March 3, through Sunday, March 12, the Seminole County Fair will be in full swing at the Seminole Towne Center in Sanford. Featuring Stripes Shows, the event will have 45 rides, 80

Monday through Friday the gates will open at 5 p.m., with the exception of Friday, March 10 when the gates open at noon. Saturday and Sunday the gates open at noon.

Admission and parking is free.

Book sale

The Friends of the Library of Seminole County will hold a giant book sale, Friday, Saturday and Sunday, March 3, 4, and 5, at the Central Branch Library, 215 N. Oxford Road, Casselberry. Text books, religion, romance, history, travel, children's, non-fiction, best sellers, mystery, adventure and all other types of books and magazines will be on sale at highly reduced prices. Doors open at 9 a.m. on Friday and Saturday, and 1 p.m. on Sunday.

The book sale is open to everyone.

Volunteers needed

Special Olympics of Seminole County (SOC) is in need of volunteers to coach aquatic and softball. For additional information, phone the SOC Hotline at 407-263-8043.

World Day of Prayer

Friday, March 3, has been designated as World Day of Prayer. A

number of observances will be held locally as well as nation and world wide. In Winter Springs, residents of Village Oaks at Tusawilla by Marriott, an assisted living community for seniors, will join in the event in a special observance at 11:30 a.m. This is a non-denominational event designed to reinforce the bonds between people of the world as they join in a global circle of prayer.

Village Oaks at Tusawilla is located at 1016 Wills Springs Drive. For additional information, phone Dixie Thomas at 407-699-5999.

Appreciation Breakfast

The Salvation Army will host its annual Civic Appreciation Breakfast 8 a.m., Saturday, March 4 at Markham Woods Presbyterian Church, 5210 Markham Woods Road in Lake Mary. Volunteers will be honored at the breakfast and several guest speakers will be featured.

Victim services available to senior

The Seminole County Sheriff's Office periodically conducts seminars for senior citizens concerning available compensation if they are the victims of crime.

The next seminar for seniors takes place March 3 at the Lake Mary Senior Center at 4561 Douglas Avenue in Sanford. State law provides that a victim over 60 years old or a victim who is disabled can be compensated for crimes, which affect their quality of life. Reimbursement for property loss can be as much as

\$500. The program also provides reimbursement for medical bills and replacement of such items as glasses, if they are lost or damaged in a crime.

The job of the sheriff's Victim Services Representative is to help victims overcome obstacles such as necessary forms to fill out, and to help seniors apply for compensation.

For more information and times, contact Victim Advocate Sherry McGrew at 407-665-6922. The program is being coordinated through Better Living for Seniors at 407-333-8977.

Obituaries

OLAV TORIASEN VATNE

Olav Tobiasen Vatne, 67, Fox Sparrow Court, Oviedo, died Tuesday, Feb. 29, 2000. Born Oct. 14, 1912 in Eikern, Norway, he moved to Central Florida from Fort Pierce in 1991. He was a flooring installer. He belonged to St. Luke's Lutheran Church and Sons of Norway.

Survivors include wife, Alice; daughters, Susan Mitchell, Fort Mill, S.C., Jenny Reilly, New Rochelle, N.Y., son, Eric, Croton-On-Hudson, N.Y.; brother, Albert Haaberg, Norway, sister, Olga Hegglund, Norway; four grandchildren. Baldwin-Fairchild Funeral Home, Oviedo, in charge of arrangements.

SCC's Threepenny Opera continues performances

The Fine Arts Theatre of Seminole Community College will present Bertolt Brecht/Kurt Weill's "The Threepenny Opera" 8 p.m. March 3 and March 4. Matinee will be 2 p.m. March 5.

Directed by SCC Theatre faculty member Roder Bell, the SCC production of "The Threepenny Opera" features a new translation by Robert David MacDonald and Jeremy Sarno that has only recently become available in the United States.

Set in the London of the not-too-distant future, this gritty version of a world where villains are heroes restores the savage satire of the original production, which rocked the world when it premiered in 1928. The murderous

Mark the Knife, his gang of thugs, his army of prostitutes, and the police are all part of a conspiratorial game where the only losers are the poor. This play contains both adult situations and language.

Tickets for "The Threepenny Opera" are \$6 for the general pub-

lic, \$5 senior citizens and students, and free for SCC students, faculty and staff. For reservations and information, call the Fine Arts Theatre Box Office at 407-328-2060. Box Office hours are noon to 4 p.m., Mondays through Fridays.



L to R: Bill Wolbern, Bobby Brisson, Mark Reisher, Beverly Smith.

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To all my patients, medical staff and physicians,

I will be retiring from the practice of Radiation Oncology and Medicine on March 31, 2000. I thank you for allowing me to participate in your medical and cancer care for all of these years. All medical records are owned and maintained by Central Florida Regional Hospital at 1401 W. Seminole Blvd., Sanford, FL 32771 (407) 321-4500, if you or your physician need them.

Thank you again and may you remain healthy and well.
Don R. Dickerson, MD.

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Inclusion Day 2000

An awareness of special gifts and special people

Inclusion Day: A splendid time to be aware and to care

By Russ White
Staff Writer

The boy doesn't know who his real mother is. "I want to meet her," he says. "I want her to see what she did to me."

His was a fetal alcohol syndrome birth, lovingly adopted a few months later.

His IQ is 60.

When he was 26 years old, he won a gold medal for swimming in the Special Olympics. Proudly, he wore the medal

for the next three weeks.

He's a kind and loving young man. Many of his neighbors call out to him when he rides by on his bicycle. Out of the neighborhood, he experiences pain. People have thrown rocks at him, knocking him off his bike.

Doctors say that a pregnant woman would have to consume enormous quantities of alcohol to produce a child like this. Sadly, there are many such births.

Education is needed — and that's

why you might want to attend the Inclusion Day activities Saturday, March 4 from 10 a.m. to 2 p.m. on the Wal-Mart parking lot at Seminole Centre in Sanford.

The purpose of Inclusion Day is to enable everyone to be more aware of the gifts and talents of those in the disabled community and also realizing their wants and needs.

Inclusion Day has been organized by the Seminole County Disability Advisory Council and by county staff.

Activities include Special Olympics demonstrations and a wheelchair basketball game. There will be coloring competitions and prizes. Clowns and balloons.

The Disability Council was formed a year and a half ago and serves as an advisory board to the county commissioners. Tony Tiziao, a longtime activist for the disabled, helped form the council and was its first chairman. Tiziao was born with cerebral palsy. Disabled persons give security more

than they receive from it. Disabled workers have proven to be extremely loyal employees. It is difficult, of course, for them to not only be hired but to find transportation to and from their work.

The Daytona Beach transport story this week is an example of the transportation problems of disabled persons. At present, the beach buses have room for only one disabled person in a wheelchair.

"This is good for a start," a spokesman for the disabled said.

"Hopefully, in time there will be two wheelchair places. Frequently, disabled persons travel together."

A number of area merchants have agreed to participate in the Inclusion Day activities. Some like Wal-Mart, Publix, Pet Supply, Fantastic Sams, Office Depot, Ebersole and Radio Shack have donated prizes.

Members of the Disability Advisory Council will be there to greet visitors and answer questions. Come by and say hello. Be included.

Everyday is Inclusion Day for those at SWOP

By Russ White
Staff Writer

CASSELBERRY — The letters SWOP have great meaning. For 20 years several hundred developmentally disabled adults have participated in the Seminole Work Opportunity Program.

Located on Belle Avenue in Casselberry, the SWOP Activities Building is a vocational and educational training center where staff members stimulate and provide employment opportunities for those who would not otherwise be able to be employed.

Dick Kerndrick, 37, has been a SWOP supervisor for 15 years. He's been the production manager the last two years, a step up from his previous position as a supervisor.

The clients — as the SWOP work force is known — call Kerndrick "Daddy Dick." He regards them as his own family, lovingly instructing and encouraging each man and woman.

Workshop worker Mark Grosse, 54, has been with SWOP 15

years.

"Mark is extremely good at woodworking," Daddy Dick Kerndrick said. "Westwood is remarkable. It's a better name for it. There is a miracle moment every day. Someone always does something they couldn't do the day before."

All the more satisfying, Kerndrick said, is the attitude of each SWOP team member. "No one complains, no one whines. These who don't have disabilities should work this hard for it." Daddy Dick is definitely pleased.

Many of the current 100 SWOP team members are looking forward to the Inclusion Day event Saturday in Sanford. It begins at 10 a.m. on Wal-Mart parking lot at Seminole Centre.

"I will be there," Bill Chevrolet said.

Michelle Karen Rogers said, "Susan Miller, the support work coordinator at SWOP, is a student at the University of Central Florida, will be the

agency's representative at Inclusion Day, which is sponsored by the Seminole County Disability Advisory Council.

Miller, a cross-stitch artist and avidly an impressed SWOP's Bill Kerndrick, has been with SWOP for three years. She is working for an Exceptional Education degree.

"The minute I came here I realized I wanted to be part of SWOP," said Miller, who is from New Jersey. "I can't imagine a program accomplishing what this one does."

Through SWOP quality contract services are provided to more than 800 businesses in the Central Florida area. A work force of the developmentally disabled provide inkjet printing, mail packaging, heat sealing, shrink wrapping, shipping rate assembly, concrete monuments and a number of unique specialty projects.

As a private, non-profit organization — initially based in

Sanford — SWOP will come very close this year to be self-sufficient. SWOP contracts with the State of Florida Department of Children & Families to provide daily training and activities for those who may be mentally retarded, have cerebral palsy, autism and other disabilities.

Some of those who have worked with SWOP are able to secure employment on their own. One of these graduates is Chris Drummond, who has served as Vice Chairman of the Seminole County Disability Advisory Council.

Drummond now works at Sam's Office & Stationery in Altamonte Springs. He went to Washington last year to receive a presidential citation for his contribution to those who are developmentally disabled.

Drummond, 33, was born with cerebral palsy.

Others are you will see him Saturday at the Inclusion Day. Chris will be wearing his favorite blue hat. You'll notice that along with his smile.



John Overstreet, a participant in SWOP, comes a mail box.



Cheryl Carter, a participant in SWOP, meters mail.



Pictured left, Jim Moore works with a drill press as part of the Seminole Work Opportunity Program (SWOP). Located on Belle Avenue in Casselberry, the SWOP Activities Building is a vocational and educational training center where staff members stimulate and provide employment opportunities for those who would not otherwise be employed. The program has been in Seminole County for 20 years.

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Woman's eyes open to her own abusive behavior

DEAR ABBY: When I read your list of "15 Reasons to Leave Your Lover, Warning Signs of an Abusive Personality," my jaw dropped. My heart began to race and my stomach did flip flops. My boyfriend isn't the one who fits so many of the characteristics on the list — I am!



Dear Abby

My boyfriend and I have been dating for nine months. The first three or four months I was an angel. Then slowly I began to change. It started with me becoming every five weeks, then once a week, and now it happens almost every day.

I interrogate my man about where he has been, who was there, and how long the company was out. When things don't go the way I think they should, I blame him and call him mean and hateful. I criticize him for things over which he has no control and curse at him. I have actually kicked him while he was asleep so he'd wake up, and I could finish giving him a verbal beating. I have threatened to kill him — and that's not right. One minute I'm sweet and loving, then he says something that sets me off and I'm on a track to cry, hit and yell.

Sometimes, when we aren't fighting, I look into his eyes and see the pain I've caused over the last few months and I feel awful.

So, Abby, I want to thank you. I am going to get help immediately. The next time you print that list, remember that women aren't always on the receiving end. My boyfriend has been nothing but good to me, and he's deserving the treatment I have given him. That article opened my eyes. Thanks, Abby.

A NEW LEAF IN GEORGIA

DEAR NEW LEAF: I'm pleased that the "15 Reasons" provided a mirror in which you saw yourself. I'm even more pleased that the column gave you the push you needed to seek professional help. With guidance and a sincere desire to deal with your anger, insecurity and need to control, you will conquer the problem and ensure a safer environment for the people you love and who love you.

DEAR ABBY: I have a sensitive problem. I don't know how to handle it. I have a sister-in-law I would do anything for. I love her as I would a sister. She is my best friend, but her husband is a total jerk. He has been making advances toward me and saying things like "I wish you were mine," and "A lot of women think I'm great and would be happy to leave me."

My sister-in-law invites me to their house frequently, and I'm constantly turning her down because of the jerk she's married to. Instead, I suggest that we meet somewhere and have dinner or coffee because I don't want to hurt her in any way. I want to tell her what a cheat her husband is, but I'm afraid of hurting her and our relationship. There's no telling how many women he has made advances to, or how many may have taken him up on it.

What can I do? I love her and don't want to cause her pain, but she needs to know what her husband is up to.

FRUSTRATED IN TEXAS

DEAR FRUSTRATED: The next time your sister-in-law's husband makes advances, tell him in no uncertain terms that you are not interested in anything he has to offer, and if it happens again you will tell his wife. If that doesn't stop him, tell her everything and don't mince words.

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Hospital

Continued from Page 1A

Hillside district residents filed a lawsuit in City Hall Thursday, Feb. 17, to oppose the proposed rezoning of the site for the homeless that is said to have been located less than 100 blocks from a mental hospital and by a residential neighborhood.

The rezoning is proposed by the Hillside Planning Commission, which is a joint venture of the Hillside and Zoning Commissions. The planning board's next meeting is set for Feb. 21 at 7 p.m. in the City Hall.

The rezoning is being challenged by the Hillside Planning Commission, which is a joint venture of the Hillside and Zoning Commissions. The planning board's next meeting is set for Feb. 21 at 7 p.m. in the City Hall.

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Students

Continued from Page 1A

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Voting

Continued from Page 1A

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Restaurants

Continued from Page 1A

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Sanford planning board to consider 184-home development

By Bill Kerns
Staff Writer

SANFORD — The upcoming area of West 1st Street and Ipsala Road continues to be a source of growth for Sanford.

The City Planning and Zoning Commission will consider plans for a 184-home development on West 1st Street. The meeting will be held in the Commission Chambers at City Hall.

The development is owned by a local developer and is being developed by a local contractor. The development is being developed on a 10-acre site.

The rezoning is being challenged by the Hillside Planning Commission, which is a joint venture of the Hillside and Zoning Commissions. The planning board's next meeting is set for Feb. 21 at 7 p.m. in the City Hall.

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Lap Lap

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Gordon, Loomis get acquainted

ROCKINGHAM, N.C.

Riddie Loomis knew it wouldn't be easy when he became Jeff Gordon's crew chief, and he was right. But Loomis and Gordon had their moments on Sunday, and Loomis continues to learn about his most amazing driver.

"Man, what a day," Loomis said as rain pelted him on the track moments after the (Auto) Lakeshore 400. "We had that trouble, a loose wheel on the right rear. We knew we were leaking this deal, so we're counting our blessings because we could have come out of here with just didn't get the high light."

That forced Gordon to make an unscheduled pit stop and fall two laps down. He not only recovered, but also made it back to the lead, eventually finishing 10th.

"I knew if it went green, we had a good enough car that we'd be OK," Loomis said. "There at the end we just lost the handle, but our grip off the corner. We've got some stuff to work on, but I believe we'll be OK."

Like other Chevy crew chiefs, Loomis says that not only does Pontiac have a considerable edge, but Ford does also, as NASCAR officials should review its aerodynamic rules.

NASCAR officials spent Monday at Rockingham's wind tunnel testing Bobby Labonte's Pontiac, which won here Sunday. Dale Earnhardt's Chevrolet and Dale Jarrett's Ford, NASCAR's Mike Helton says he could make a rule change this week for Las Vegas, but adds he'll be very cautious in what he decides.

Earnhardt was changing last on Labonte at the finish, and Gordon didn't look bad, leading for the first time this season. What should that tell NASCAR?

"This is a racetrack where downforce works," Earnhardt concluded. "But if you have a car that's handling, you can overcome some of that."

And Labonte said he worried that Earnhardt would catch him down the stretch.

"Yes, I thought he could," Labonte said. "He had done it before [on long runs]. I know his philosophy is to take care of his tires and be better in the long run. Here, you take the corner, and you go as fast as you can, and I'll catch you in a little bit. And that's what happened. So that last time I thought he was going to catch me again."

Jeremy (Makar, Labonte's crew chief) said, "You've got 5% seconds on him. And it wasn't 10 laps later and it was down to 3%. It wasn't 10 more laps and it was 2%."

"The either I had something left, or time ran out," Makar said. "We'd talked about how strong Earnhardt was these previous two races. We know he had a very, very fast race car at the end of it, and both times he would just get to us at the end of a run. So we knew going into that last segment that we were going to have to get a lead and make him run in back down. And we wanted a lead that was going to be enough where he didn't have enough time to run us down before the end of the race."

"There was one segment in the race when we were leading and all of a sudden Earnhardt came up to second. He was like a tenth-and-a-half a lap faster than us, and I had no idea where he had come from. Then somebody noticed he was running the top line, and that he'd changed his line. He found a good place on the track. That was not the stage. We knew he had found something for late in the run, and we were going to have to counter with something of our own."

So tires, GM men said, meant more than downforce Sunday.

"This is a racetrack that's tire management, and that's why they're taking the cars to the wind tunnel to look at them," Loomis said. "You can't know anything about the bodies from looking at them at a racetrack like this. You have to do a lot of things with the chassis. This is a tire-management track, so you can't say much about aero here. Plus, those teams [Labonte's and Ward Burton's] are real good at tracks like this."

"A racetrack like this is hard to get a good read on. I think we'll be able to tell you a lot more after the Las Vegas race."

Mike Mulhern has covered NASCAR for 26 years for the Winston-Salem Journal.

Pit Falls

Crew members navigate through of pit road

By Rea McLeroy

Lap Lap



Crew workers for Dale Earnhardt keep their focus despite the dangers on pit road.

He never considered he might get hit. Not until it happened. Now, Michael Ehret has the thought in the back of his mind. Although the jack man remains focused when working on Mark Martin's car, things are different these days.

"Everything is an routine, and it just goes along and goes along," he said. "You're just doing a pit stop, and it's something you do. Then you get hit, and it's something you do, and you can get run over. Now I'm more aware of things around me."

It's surprising how many crew members know how he feels. Since rear-tire changer Michael Rich, who worked for Bill Elliott, died after being hit by Ricky Rudd while changing a tire on Elliott's car on pit road at Atlanta in November 1990, no crew member has been killed in a pit-road accident, but several have been hit. They try to put it out of their minds.

They avoid images of the accidents, focusing on the basics.

"You think about five lug nuts off, five lug nuts on," said Shane Parson, a tire changer for Ken Schrader. "That's all you do, that's all you look at."

Still, he can't escape thinking what else is happening on pit road. That never leaves the thoughts of a man who has been hit.

During the Daytona races, two crew members were hit during pit stops. Last weekend, another suffered burns on his face during a fire in his pit. He was treated at the track, then sent home to meet with his personal physician. Perhaps it's a sign of the times that many crew members take the potential of being hit in stride — some even have developed ways to make the chance of being injured when hit less likely.

As pit times drop to the 15-second range, teams are struggling with safety issues. NASCAR officials encourage safety measures, but they don't require pit crews to wear helmets and fire suits. With the recent rash of injuries, teams are wondering if NASCAR should make changes. The issues are mounting.

Should the right rear tire be left in the pit box during a stop? How does the driver handle when to brake for the pit stall in the split-second world of competitive racing?

As they cruise down pit road, drivers must decide when to hit the brakes and slam into their stalls. The speeds vary, as do the stalls. NASCAR officials say they recommend a 25-foot-by-17-foot box.

But at what point do safety concerns start costing drivers track position?

It's all a learning process.

Mark Martin was devastated when he hit Ehret during the Bud Shootout on Feb. 14. The driver retired from the race immediately and went to sit with Ehret in the infield care center.

Ehret was the calmer of the two. But then, he didn't have to sit helplessly while his 3,400-pound stock car rolled into a moving human.

Ehret ran in front of the car, heading to the right

side with his jack in anticipation of Martin's stop. Martin clipped him, and Ehret rolled across the hood.

"I was pretty sure I was going to make it," the jackman said. "I knew it was going to be close, but I didn't think I was going to get hit. Then I look at the pictures, and it wasn't even close. In my mind, I felt like I had the car cleared."

That was two weeks ago. He suffered only minor injuries to his right leg and has returned to work. But his perspective has changed.

"You're more aware of your surroundings," he said. "You get in the zone."

If he's like others, he'll never just be in the zone. Parson has been hit countless times — "you don't keep track of that stuff" — but continues to change tires. In his nine years of pit crew work, he's developed a system for absorbing a hit.

"I've ended up on a couple of leaders, but that's it," he said. "The perfect example is Mark Martin's guy. Whenever I see something close coming, I always jump. Just get off your feet. That's the important thing."

And pay attention, even though sometimes that's not enough. Parson was changing Jerry Nadeau's tire last year when he saw Dale Earnhardt hit a tire on pit road. Parson tumbled into a ball, then felt the impact of the tire. He slammed into the tool box on the other side of the wall.

"I don't even remember doing the stop," he said. "That's what I fear the most. That's why I think that rear tire shouldn't be out there. I was sore for a week and a half. Aw, that hurt."

The right rear tire has become a hot topic in the garage. Currently, teams have the option of leaving it in the box during a stop. Tony Stewart's front tire changer, Michael Lingerfelt, suffered a broken femur when he tried to pick up a rear tire that had rolled in front of Stewart's car during the Daytona 500. He's out for the season.

Some crew chiefs and team owners say it's ridiculous to allow that tire to continue laying on pit road.

"Some people leave it out there to stop you," Robin Pemberton, Rusty Wallace's crew chief, said. "It's a gentleman's agreement to bring the tire back. Some people just don't abide by that."

Winston Cup Series Director Gary Nelson says that NASCAR is careful to "never make a rule we can't enforce." He feels the tire rule would be difficult to enforce because there would be issues concerning how and when the tire was removed. So it's back into the team's hands.

In the ever-changing world of Winston Cup racing, crew members have little time to dwell on one subject. Soon, their thoughts will turn to other issues. After all, working among speeding cars is just part of a crew member's everyday life.

Rea McLeroy covers NASCAR for the Richmond Times-Dispatch.

PIT STOP

This driver came from the seventh position to win the inaugural Winston Cup race at Las Vegas. Can you name him?

See answer below

Just the Stats

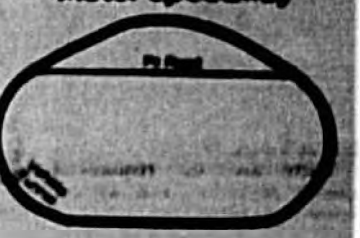
LAST WEEK'S POINTS LEADERS

1. Dale Earnhardt	340	1. Matt Kenseth	318
2. Bobby Labonte	315	2. Kenny Wallace	300
3. Ward Burton	292	3. Jason Keller	282
4. Mark Martin	287	4. Jay Sauter	281
5. Rusty Wallace	275	5. Steve Wallace	276
6. Jeremy Mayfield	276	6. Mike Dillon	250
7. Dale Earnhardt Jr.	275	7. Ron Hornaday Jr.	249
8. Ricky Rudd	273	8. Hermie Sadler	254
9. Tony Stewart	270	9. Mark Porter Jr.	229
10. Ken Schrader	262	10. Phil Parsons	219
11. Bill Elliott	254	11. Jeff Green	219
12. Terry Labonte	254	12. Jason Leffler	209
13. Jerry Brown	253	13. Ricky Brundage	203
14. Jeff Burton	249	14. Mike McLaughlin	203
15. Dale Earnhardt Jr.	230	15. Elliott Saveroy	200
16. Jeff Green	224	16. Mark Green	194
17. Mike Soren	220	17. Tony Stewart	195
18. Kenny Brack	218	18. David Green	190
19. Sterling Marlin	214	19. Robbie Hamilton Jr.	179
20. Steve Lett	203	20. Jim Hahn	170

RACING THIS WEEK

- Cardirect.com 400
- Where: Las Vegas Motor Speedway (Las Vegas)
- When: March 5, 9:30 p.m.
- On the air: ABC
- Qualifying: March 3, 5:10 p.m.
- Distance: 267 laps, 428.5 miles
- Track qualifying rounds: Dale Jarrett, 1:08.294 mph, Feb. 27, 1998
- Track race records: Mark Martin, 1:46.530, March 1, 1998
- 1999 champion: Jeff Burton

Las Vegas Motor Speedway



- Track: 1.5-mile oval
- Banking: 19 degrees banking in turns

Busch Grand Nat'l

- Where: Sam's Town 300 (Las Vegas Motor Speedway)
- When: March 4, 4 p.m.
- On the air: ESPN2

Who's Hot: Bobby Labonte. Labonte won last weekend's race after finishing sixth in the season opener. It's early, but this Pontiac driver is already second in points.

Who's Not: Mike Bliss. This rookie crashed in practice for the Daytona 500, then finished 33rd. At Rockingham, he was one of four drivers who didn't qualify.

On the Record
"My hat's off to Pontiac and Chevrolet. They pulled a pretty good scheme on everybody, didn't they?"
— Jeremy Mayfield

Pit Stop answer: Mark Martin

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Legal Notices

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY FLORIDA

Legal Notices

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY FLORIDA

Baseball

Continued from Page 1B

his batting average to .429, and his on-base percentage to .640.

After helping the team to an early lead in the first inning, Grayson played a considerable role in producing it.

In the bottom of the second inning, he caught a double by Steve White. Three runners in first and second, then in the third when Seminoles had runners on first and second with one out.

Grayson played a considerable role in producing it. In the bottom of the second inning, he caught a double by Steve White.

The 10th inning saw Grayson make a run deep into left center field to turn in a long fly ball.

Although Grayson registered the final out of the game, catching an easy fly ball proved the sexiest.

Kirk's catcher Jason Wolf continued his hot hitting, collecting two doubles in three at-bats to drive in three runs. After only two at-bats in the season, Wolf is 3 for 6 with three homers in the last two games.

Legal Notices

County Court, Seminole County, Florida Case # 99-1386-C-201

Legal Notices

County Court, Seminole County, Florida Case # 99-1386-C-201

NOTICE OF PUBLIC HEARING

Notice is hereby given that a Public Hearing will be held at 12:00 p.m. on Monday, March 13, 2000, at the Seminole County Courthouse, 1000 N. Pine Street, Sanford, Florida 32757.

NOTICE OF A PUBLIC HEARING TO CONSIDER AN APPEAL OF THE DENIAL OF A DIMENSIONAL VARIANCE

Notice is hereby given that a Public Hearing will be held at the Commission Room in the City Hall of the City of Sanford, Florida at 7:00 p.m. on March 13, 2000 to consider an appeal of the denial by the Board of Adjustment on January 11, 2000 of a dimensional variance request for the purpose of working a

THUNDERBOLT... The 10th inning saw Grayson make a run deep into left center field to turn in a long fly ball.

BEARS DOUBLE SCORE ON GREYHOUNDS

WALTER... The 10th inning saw Grayson make a run deep into left center field to turn in a long fly ball.

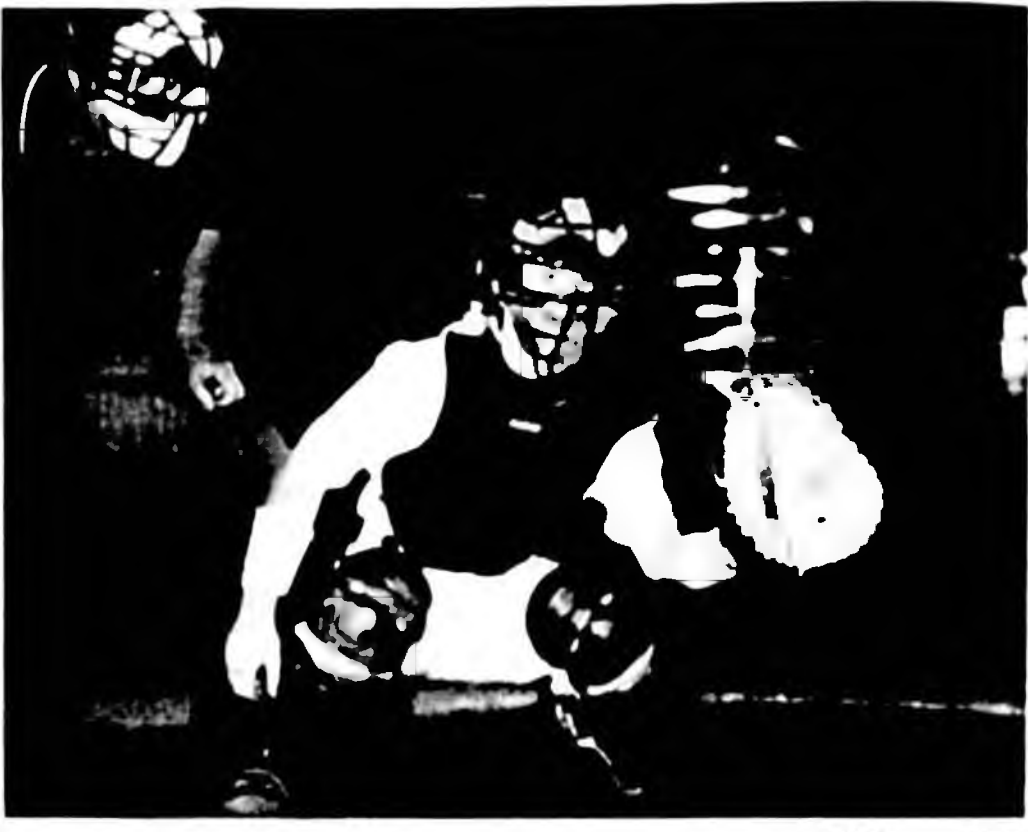


Photo by Bob...

Spring... The 10th inning saw Grayson make a run deep into left center field to turn in a long fly ball.

LIONS & FIGHTING SEMINOLES

... The 10th inning saw Grayson make a run deep into left center field to turn in a long fly ball.

BEARS & GREYHOUNDS

... The 10th inning saw Grayson make a run deep into left center field to turn in a long fly ball.

Classifieds GET THE JOB DONE!

Call 322-2611 Seminole Herald Classified Dept To Place Your Ad

A large classified advertising section containing various notices, job openings, and service advertisements. It includes sections for '21. Pets', '22. Financial', '23. Home & Office', '24. Home Services', '25. Special Needs', '26. Open Search', '27. Nursery & Child Care', '28. Ward', '29. Business Opportunities', and '30. Investigate Beach'. It also features a 'Customer Service Representative' advertisement and a 'Celebrity Cipher' puzzle.

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Seminole Herald

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DEADLINES:

For Tuesday's edition, the deadline is Monday at noon
For Wednesday's edition, the deadline is Tuesday at noon
For Thursday's edition, the deadline is Wednesday at noon
For Friday's edition, the deadline is Thursday at noon
For the weekend edition, the deadline is Friday at noon

- 11 Home Health Care
- 12 Elderly Care
- 13 Health & Beauty
- 14 For Sale
- 15 Cemetery Lots
- 16 Reminder Services
- 18 Luxury Items
- 19 Computer/TV
- 21 Personals
- 22 Health Care
- 23 Lost & Found
- 25 Special Notices
- 27 Nursery & Child Care
- 33 Weight Management
- 35 Hypnosis
- 36 Health Insurance
- 43 Legal Services

FINANCIAL

- 45 Debt Consolidation
- 55 Business Opportunities
- 57 Opportunities
- 59 Financial Services
- 61 Money to Lend
- 63 Mortgages

EMPLOYMENT

- 67 Career Consultants
- 69 Resumes
- 70 Education & Training
- 71 Help Wanted
- 73 Employment Wanted

RENTALS

- 91 Apartments/Homes To Share
- 93 Rooms For Rent
- 95 Roommate Wanted
- 96 Retirement Homes
- 97 Apartments - Furnished
- 99 Apartments - Unfurnished
- 100 Condominium Rentals
- 101 Houses Furnished
- 103 Houses Unfurnished
- 105 Duplex/Triples
- 107 Mobile Homes For Rent
- 111 Resort Vacations
- 114 Warehouse/Rental Space
- 115 Industrial Rentals

- 117 Commercial Rentals
- 118 Office Space For Rent
- 119 Pasture For Rent
- 123 Wanted To Rent
- 125 Lease To Own
- 127 Storage/Office For Rent

REAL ESTATE

- 141 Homes For Sale
- 143 Out of State Property For Sale
- 145 Resort Property For Sale
- 147 Industrial Property For Sale
- 148 Mobile Home Lots For Sale
- 149 Commercial Property For Sale
- 151 Investment Property For Sale
- 153 Acreage Lot For Sale
- 154 Open House
- 155 Condominiums For Sale
- 157 Mobile Homes For Sale
- 158 Real Estate Wanted
- 160 Business For Sale
- 163 Warehouse Property For Sale
- 165 Duplex For Sale

MERCHANDISE

- 181 Appliances & Furniture For Sale
- 183 Television & Stereo/Video
- 185 Computers For Sale
- 187 Sporting Goods
- 189 Office Supplies
- 191 Building Materials
- 193 Lawn & Garden
- 195 Machine Work
- 197 Restaurant Equipment

MISCELLANEOUS

- 199 Pets & Supplies
- 200 Livestock/Farm Supplies
- 201 Horses
- 205 Heavy Machinery
- 207 Jewelry
- 208 Wearing Apparel
- 211 Antiques/Collections
- 215 Boats & Accessories
- 217 Garage Bases
- 219 Wanted to Buy

- 221 Good Things to Eat
- 222 Musical Instruments
- 223 Miscellaneous
- 229 Auctions

AUTOMOTIVE

- 231 Cars For Sale
- 234 Automotive Accessories
- 235 Truck/Bus/Van For Sale
- 236 Car Rentals
- 238 Vehicles Wanted
- 239 Motorcycle/Vehicles For Sale
- 240 Boat Rentals
- 241 Rec. Vehicles/Comps For Sale
- 243 Trailers For Sale
- 245 Farm Equipment

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- 252 Accounting
- 253 Artistic & Remodeling
- 254 Air Conditioning

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We gladly accept Mastercard or Visa. We also will take cash or a personal check. Advertisers who wish to be billed can make arrangements at the time their ad is placed. Please keep in mind that ads in the Personals (class 21), Business Opportunities (class 55) & Garage Sales (217) require payment in advance.

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If you need to change your ad while it is running, please give us a call and we will make the change for the next available edition. Please check your ad on the first day of publication. If you find an error, please call us immediately and we will correct the error for the next publication. We are responsible for the first insertion only and only for the cost of the first insertion.

- 255 Alterations
- 256 Appliance Repair
- 257 Auto Elect. Repair
- 258 Automotive
- 260 Bush Hogging
- 261 Computer Consulting
- 262 Cabinets
- 263 Carpentry
- 264 Carpet & Installations
- 265 Carpet Cleaning
- 266 Ceiling Repair
- 267 Ceramic Tile
- 268 Child Care Centers
- 269 Cleaning Services
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- 272 Delivery Services
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- 276 Electrical
- 277 Fence
- 278 Handy Men
- 279 Hauling
- 280 Home Improvements
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- 284 Lakefront Cleaning
- 285 Landscaping
- 286 Laundry Services
- 287 Lawn Services
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- 289 Locksmith
- 290 Masonry
- 291 Mortgages
- 292 Moving & Storage
- 293 Oil, Lube & Filter
- 294 Painting
- 295 Paper Hanging
- 297 Pest Control
- 298 Piano/Organ Tuning
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- 302 Screen & Glass Work
- 303 Secretarial & Typing
- 304 Siding
- 305 Small Business
- 308 Stained Glass
- 307 Swimming Pool Services
- 308 Termite Repair
- 309 Transportation
- 311 Travel
- 312 Tree Service
- 313 TV Radio
- 314 Upholstery
- 316 Welding & Sheet Metal
- 318 Wet Drilling
- 319 Window Washing & Tinting

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217—GARAGE SALES

Carport Sale 804 E. Airport Blvd. Sanford, Mar 3-4, 8-4pm. Cash only. Household items.

Table Sale 404 W. Crystal, Lutz Area. Sanford, Mar 3-4, 8am-7pm. Furniture, household goods, etc.

Garage Sale/Antiques & More: Antiques: china cabinet, lamps, glass, cabinets, plates, dishes, miscellaneous. More: Sheet music, Zolan and Anders miniature collector plates, books, My Book House, Christmas, carnival, miscellaneous. Sat. March 4, 9-1pm. 2401 Oak Avenue. No early bird!

Moving North! Everything Goes! Furniture, kitchen ware, dining, antiques, rugs, accessories, guitar. 428 Flatwood Dr. Titus, 10am-6pm. 407-369-9856

Warehouse Sale: Dressers, Tables, Chairs, Household items, & Antiques. Freeplace Market, Chas. Cabral, 3333 Red Wood Buggy Wheel, etc. Fr. Sat. Sun., 9-5pm, behind fire station, downtown Ovada.

The Family Garage Sale 2081 W. Airport Blvd. Sanford 7am, Fri/Sat

217—GARAGE SALES

WANT TO GET RID OF ALL THAT STUFF? A YARD SALE is the perfect way to do it! Sell and the Seminole Herald can bring people to your door. Advertise your sale in the Seminole Herald for only \$11.98 and watch the items move while the money comes in. Call by noon on Tuesday and your 6-line ad can run for three days in the Herald for ONLY \$7.98! All we ask is that you prepare the ad. Call us and we can help! (407) 322-2611

Sanford Hillside District, Mar 3-4, Mar 5, 118 Myrtle Ave. (corner of 129 & Myrtle Ave.). Take 12:00 north to 129, turn rt. So many items, impossible to mention them all. Antiques, architectural, collectibles, trunks, cedar chest, crystal, glass, etc. 40s/50s kitchen items, old clocks, brass, lace, pottery, buffets, to wedding, quilts, stained glass, huggaree, wicker, bedroom set, wrought iron.

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407-322-6128

COMICS

Seminole Herald, Sanford, Florida - Thursday, March 2, 2000-7B

FRANK AND ERNEST

by Bob Thaves



CRANKSHAFT

by Batiuk & Ayers



BLONDE

by Chick Young



PEANUTS

by Charles M. Schulz

Peanuts Classics



FOXTROT

By Bill Amend



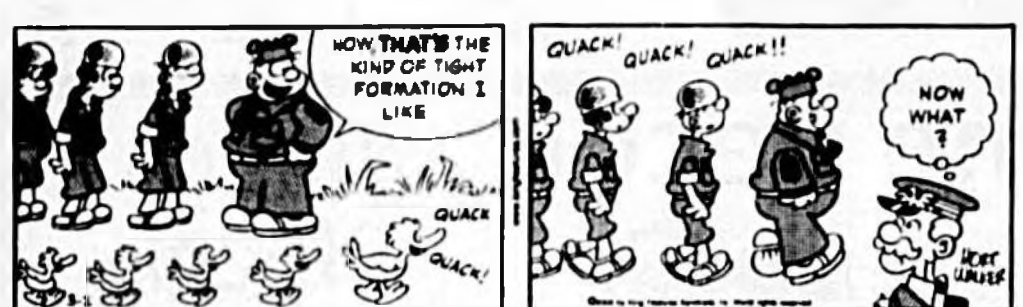
THE BORN LOSER

by Art Sansom



BEETLE BAILEY

by Mort Walker



ARLO & JANIS

by Jimmy Johnson



GARFIELD

by Jim Davis



ROBOT MAN

by Jim Meddick



BOONDOCKS

by Aaron McCreuder



HOROSCOPES

Your Birthday
Friday, March 1, 2000
 Seeking new experiences or acquiring knowledge from various sources will serve you well in the year ahead. It will be extremely likely you'll find new avenues for these expressive urges.

PICES (Feb. 30-March 30) The judgments you make will be dependent on your deductive reasoning powers and your intuitive perceptions, allowing you to evaluate situations quite accurately today. Get a jump on life by understanding the influences that'll govern you in the year ahead. Read for your Astro Graph predictions by mailing \$2 to Astro Graph, c/o this newspaper, P.O. Box 1754, Murray Hill Station, New York, NY 10156. Be sure to state your Zodiac sign.

ARIES (March 21-April 19) This is an excellent day for meeting new people or contacts who could end up being very important to you, so it behooves you to go to places other than familiar haunts.

TALIES (April 20-May 20) Chances are you're going to be glad you didn't give up on your diet. However, you could take a new path in your love life.

GEMINI (May 21-June 20) Some executive information may cross your path today that could be in reality with plans you've already formulated. It'll make the going far easier for you.

CANCER (June 21-July 21) Something advantageous may develop for you today that will be worthy of further investigation on your part. It may come about through a person with whom you're rather friendly.

LEO (July 22-Aug. 22) An individual who has been rather cool and unresponsive to you've been engaging might be swayed into your corner today. This change of heart will help you triumph.

VIRGO (Aug. 23-Sept. 22) Any ingenious ideas you can develop today will help you chalk up points with authority figures at work. Put on your thinking cap and allow an impressive concept to emerge.

LIBRA (Sept. 23-Oct. 23) Unstructured mental happenings that aren't prearranged may turn out to be the most fun today. Keep your options flexible.

SCORPIO (Oct. 24-Nov. 22) This is an excellent day for planning something enjoyable or different for your family or friends to do at your house today. Cook up a great new recipe and invite in a few pals.

SAGITTARIUS (Nov. 23-Dec. 21) As a Sagittarius, you're a rather fast thinker, but try to put your thoughts to more productive use. Something quite good will come of them.

CAPRICORN (Dec. 22-Jan. 19) What you might gain today through a profitable endeavor could be brought about by a strange chain of events. Keep your options open and let come what may.

AQUARIUS (Jan. 20-Feb. 18) Your peers will advise that you taking at the head of the pack today and could encourage you to take the initiative. Don't be timid about accepting the post.

Win at Bridge

The poor instruction of the past

By Philip Alder
 Several of my students have come back to bridge after 20 or 30 years in the business world. They remember all the old rubrics, such as "cover an honor with an honor," not knowing that they were poorly taught back then. The right rule is "cover the least of touching honors, and only then if it might gain your side a trick." To highlight this, imagine J-10-a in the dummy opposite A-a in hand, with East and West having honor-fourth and honor-fourth. If declarer calls for the jack and East covers with the queen or king, declarer will win with the ace, then lead back toward dummy's 10, collecting two tricks. But if East plays low under the jack, declarer will be restricted to one trick, unless he can later engineer an endplay. What is the key to cover-or-not-to-cover trick in this deal?

Many norms would total three no-trump, armed about the singleton trump. However, that shortage makes it harder to establish partner's suit, which is a minus for no-trump should fail. Against four hearts, West led the club queen. As East was marked with the ace, declarer didn't cover with dummy's king. West switched to the spade jack. After winning with dummy's queen, declarer ran the heart nine to West's king. Back came the spade five, but South drew trumps and claimed, losing one heart, one diamond and one club. East missed his chance. Although a nine isn't an honor, if East had covered this card with his heart jack, West would have won two trump tricks, and the contract would have failed.



Philip Alder
 Bridge

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North		03 02 00	
♠	Q 7 6		
♥	9		
♦	A 6 4 3		
♣	K 8 7 5 2		
West		East	
♠	J 5	♠	10 9 8 4 3
♥	K 8 7 4	♥	J 2
♦	10 8 5	♦	J 9
♣	Q J 10	♣	A 6 4 3
		South	
		♠	A K 2
		♥	A Q 10 6 5 3
		♦	K 7 2
		♣	9
Vulnerable: North-South Dealer: South			
South	West	North	East
1♥	Pass	1NT	Pass
3♣	Pass	4♥	All pass
Opening lead: ♠ Q			

Doctor Gott

Tick paralysis is scary and serious

DEAR DR. GOTT: My 8-year-old daughter was recently hospitalized for a frightening disease. She first experienced a tingling of her extremities. This was followed by an inability to walk. Forty-eight hours later she was paralyzed from the neck down. We were frantic. Medical tests were inconclusive. Then, thanks to an alert nurse who discovered an engorged tick on my daughter's scalp, we found an answer. The tick was removed and within 24 hours, the child was normal. Have you ever heard of this? DEAR READER: Indeed I have. Called "tick paralysis," this uncommon disease is fascinating. The disorder typically affects children, who develop a rapidly progressive paralysis that can lead to coma and death unless the offending tick is removed. Experts believe that ticks occasionally inject a neurotoxin, which drastically disrupts nerve function, resulting in an alarming array of symptoms that can resemble those caused by polio and Guillain-Barre syndrome. The

disease usually begins five to seven days after a female tick attaches to the skin; if such a tick mates with a male, the production of neurotoxin increases and serious symptoms of nerve malfunction develop. Once the offending tick is removed, these symptoms rapidly regress. Thus, authorities urge, any person with a rapidly progressing paralysis should be meticulously checked — sometimes using a fine-tooth comb — for a tick. This task can be time-consuming, but is well worth the effort, because the ticks can be unheeded in the scalp and genital areas, locations that are not normally fastidiously examined by physicians. As luck would have it, your question arrived the same week as a copy of the New England Journal of Medicine (Jan. 13) in which an identical case was described in a child living in Georgia. Tick paralysis, although rare, is a serious disease and doctors should automatically consider it (and perform the necessary examination) in any patient, regardless of age, who presents with a rapidly evolving neurologi-

cal syndrome of progressive paralysis, speech difficulties and a host of other related neurological abnormalities. Thank you for writing to remind us all of this bizarre but curable condition. DEAR DR. GOTT: My daughter, age 12, began menstruating three months ago. Recently, she has begun spotting every five days. How long should we let this go on before putting her on hormones? DEAR READER: Menarche (the beginning of menstruation) is often marked by pronounced irregularity. Many young girls bleed frequently; others may experience marked lapses of up to a year. Although your daughter may be exhibiting a normal pattern, I believe that she should be checked by a gynecologist to make sure that no abnormality is present. The physician will probably adopt a wait-and-see approach for several months, but I think you need confirmation that your daughter's spotting is merely a normal physiological variant. Although the child may require iron supplements (to counteract the anemia that can result from excessive menstrual bleeding), hormone therapy is rarely necessary in this situation.



Doctor Gott

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Life Style

Beat the winter blahs with sun-dried tomatoes

One of the things that food-lovers (or "foodies," as we call ourselves) love to complain about are the insipid, pinkish, cottony-tasting tomatoes available in supermarkets in winter. But here's the rub: No one has to eat these pale imitations. First, you can float a second mortgage and buy gorgeous, red, vine-ripened tomatoes.....



Marialisa Calta

Sun-dried tomatoes originated in southern Italy, where they were preserved in olive oil and spices. Until relatively recently, most of the sun-dried tomatoes sold in the United States were imported from that region and sold at astronomical prices in specialty food stores. Now, however, American tomato producers have learned the knack of drying the tomatoes, and they are available in supermarkets at affordable prices.

Despite their name, they are not dried in the sun, but in dehydrators, and they are packed in oil or in cellophane bags. The ones packed in cellophane bags are much less expensive and can be eaten plain (they make a sweet, chewy snack) or softened. To soften them, pour boiling water over them and let them soak for a minimum of 5 minutes. They make an excellent topping for pizza, and can be added to sandwiches and salads. A small handful of dried tomatoes thrown into a stew will add an amazing amount of flavor.

Here are some recipes that call for dried tomatoes. The first is from Bo Satterwhite, a student at the New England Culinary Institute in Montpelier, Vt. The other two are from an excellent cookbook, "The Sonoma Dried

Tomato Cookbook," published by Timber Crest Farms, producers of dried tomatoes. It is available for \$12.95 (includes postage) from Timber Crest Farms, 4791 Dry Creek Road, Healdsburg, CA 95448, phone: (707) 433-8251; fax: (707) 433-8255.

LAMB STUFFED WITH GOAT CHEESE AND SUN-DRIED TOMATOES

6 dried tomatoes
6 cloves garlic, peeled and minced
2 to 3 tablespoons fresh chopped parsley or rosemary, or a combination of both
1/4 cup grated Asiago or Parmesan cheese
1 cup fresh or cured goat cheese, or Neufchatel or low-fat cream cheese
1 egg
salt and pepper, to taste
1 5-pound leg of lamb, trimmed of excess fat and boned (ask your butcher to do this)

2 tablespoons olive oil
1 large shallot, peeled and minced
1/4 to 1/2 cup red wine
1 to 2 tablespoons butter (optional)

Position a rack in the bottom of the oven. Preheat oven to 450 degrees.

In a small bowl, cover the tomatoes with boiling water. Let sit for at least 30 minutes. Drain, reserving the soaking liquid.

Chop the tomatoes and combine them in a bowl with the cheeses, herb(s), garlic, egg, salt and pepper.

Lay the lamb flat on a work surface, with the outside surface of the meat down. Season with salt and pepper. Spread the tomato-cheese mixture over the lamb. Roll up the lamb, following its original contours, so that it roughly resembles its original shape. Using kitchen string, tie the meat as you would a package.

Heat the oil in an ovenproof skillet over a medium-high flame and quickly sear the outside of the meat, turning as you cook, about 10 minutes.

Put the skillet on the lowest rack of the oven and roast for 30

minutes. Turn over and reduce heat to 325 degrees. Continue to roast until an instant-read thermometer inserted into the thickest portion of the lamb reads 125 degrees for extra-rare, or 130 for medium rare, or to taste. Transfer the meat to a cutting board, cover with aluminum foil, and let rest for 10 minutes.

While the meat is resting, put the skillet back on the stove over medium heat. Add the reserved tomato-soaking liquid, the shallot, and 1/4 cup of the red wine, and cook, scraping the bottom of the pan, to make a "gravy." Strain into a small saucepan and taste, adding more wine or salt and pepper, if needed. Cook over high heat until it is the consistency you want. Add butter, if using, stir to melt, and pour into a gravy boat. Serve with the carved lamb. Yield: 6 to 8 servings.

— Recipe from Bo Satterwhite, a student at the New England Culinary Institute, Montpelier, Vt.

OLD-FASHIONED POT ROAST

3 tablespoons olive oil, or more, if needed
1 large onion, peeled and chopped
5 cloves garlic, peeled and minced
1/4 cup chopped fresh parsley

1/2 cup chopped fresh basil leaves, or 2 tablespoons dried
2 tablespoon chopped fresh thyme leaves, or 2 teaspoons dried
3 pounds boneless beef roast (beef eye or round is good)
1 cup beef broth
1 cup red wine
1/4 cup red wine vinegar
10 dried tomatoes, coarsely chopped

4 medium new potatoes, quartered
6 carrots, cut diagonally into 2-inch pieces
salt and pepper, to taste

Preheat oven to 350. Heat the oil in a Dutch oven. Add onion, garlic and herbs. Sauté for 10 minutes. Remove with a slotted spoon and set aside.

Place the beef in the Dutch oven and brown on all sides, adding more oil, if needed. Return the sautéed onion, garlic and herbs in the Dutch oven and add the broth and wine. Cover and bake for 1-1/2 hours. Add the vinegar, dried tomatoes, potatoes and carrots. Cover and continue to cook for 1 hour longer.

Remove the meat, potatoes and carrots from the Dutch oven and keep warm. Put the Dutch oven on the stove top and cook the liquid over high heat until it is thickened. Add salt and pepper to taste. Cut meat into thin slices and place on a serving dish. Surround with carrots and potatoes. Spoon a little sauce over the top and place remainder in a gravy boat. Yield: 6 to 8 servings.

— Recipe from "Sonoma Dried Tomato Cookbook," by Ron, Ruth and Linda Waltenspiel (Timber Crest Farms, 1992)

ROASTED GARLIC AND DRIED TOMATO SOUP

1/2 cup whole garlic cloves, peeled
1 medium onion, peeled and diced into 1/2-inch cubes
1 tablespoon olive oil
1 cup chicken stock, or more, if needed
1/2 cup dried tomatoes, diced

1 cup cream
salt and pepper to taste

Preheat oven to 325 degrees. Put the garlic, onion and oil in a pan and roast for 40 minutes, until tender. Stir a few times as they bake.

Place mixture in a saucepan, add the stock and tomatoes. Bring to a simmer and cook, uncovered, until reduced by half. Add the cream and bring to a simmer. Cool slightly and



Paul G. Belmont for the New England Culinary Institute. Roast lamb stuffed with goat cheese and sun-dried tomatoes, from a recipe by Bo Satterwhite, a student at the New England Culinary Institute.

purée in a blender. Return to pan. For thicker soup, cook, uncovered, 5 to 10 minutes longer. For a thinner soup, add more chicken stock. Season with salt and pepper to taste. Yield: 4 servings.

— Recipe from "Sonoma Dried Tomato Cookbook," by Ron, Ruth and Linda Waltenspiel (Timber Crest Farms, 1992)

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Briefs

Relay for Life

One of Seminole Community College's Relay for Life teams, the "Unlikely Superhero's" is sponsoring a Poker Run, barbecue and auction, Sunday, March 19, at Uncle Nicks, 2605 Park Dr., Sanford. Registration will be from 9 to 11 a.m. Proceeds are to benefit the American Cancer Society. Relay for Life is a team event to fight cancer. For

additional information, phone Teresa at 407-322-2807.

Kiwanis Pancake Day

For the 36th consecutive year, the Sanford Kiwanis will hold the annual Pancake Day at Sanford Civic Center. The event will be Saturday, March 25, with serving from 8 a.m. to 2 p.m. Cost is \$3 per person, for a large pancake meal.

In addition, there will be a merchandise mart, silent auction, bake sale, fresh produce, entertainment, music, door prizes and free balloons for the children.



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