

Democrat Has Vision Of Restored America

Udall Wants To Help Troubled Nation

EDITOR'S NOTE: Candidates for the presidential nomination of their parties, and other political leaders, were invited to contribute articles concerning presidential character. What sort of person should be elected president on Nov. 2, 1976, and why? Following is one of these contributions.

By MORRIS UDALL

Fifteen years ago, Adlai Stevenson speculated wryly that the Democratic presidential nomination might well go to the "last survivor." That year there were 18 primaries; as we move into 1976, we are at 30 and still counting.

So I have been asked, "What drives a man to sit through those dreadful chicken dinners, get no sleep, work 20 hours a day in the hope of being president of the United States?"

The two easy and obvious

'76 the campaign and the candidates

can win and that you believe you are gifted with the physical and mental stamina to tolerate and demanding process. But why would you want such a man-killing job in the first place?

No one starts down this obstacle course from a single motive; as with most human decisions, the reason are composite — concern about national problems and a belief that you have some answers, ambition, desire to serve in a challenging position, and the excitement of being a major actor in large public events.

It takes a degree of arrogance and ambition to believe that

are in the adman's immortal (turn of a phrase) The One. We have a sort of myth that the one president should be the single American who doesn't want it, who reluctantly leaves the farm to heed the call of his countrymen. As John Kennedy put it, "Every mother wants her son to be president, but not to become a politician in the process."

Certainly, I am human enough to recognize and aspire to the psychic gratifications that go with the presidency. The idea of going as far as talent and luck will carry you is hardly novel — it takes journalists to Pulitzer Prizes, athletes to the Olympics, scholars to Nobel Prizes.

Richard Nixon spent 25 years making "ambition" a dirty word, but I think my ambition is different from a raw desire for glory or power over the lives of millions. It is rather the kind of ambition instilled by my background. It drove my father

to study hard, to become an outstanding jurist, and the response of hundreds of Americans when I began to explore the possibility of becoming a candidate. It is a willingness to answer, if not a call, at least a whisper.

So I decided to test this belief. I told myself, as most candidates do, that I have a perspective that none of the other prospective contenders shares or can communicate.



Rep. Morris King Udall was born to a political family in a small Mormon settlement in Arizona June 15, 1922. After serving in the Army Air Force 1942-46, he attended the University of Arizona, became student body president, and received an LL.B. in 1949. Udall became chief deputy county attorney for Pima County (Tucson) 1950-52 and county attorney 1953-54. As a private trial lawyer thereafter, he fought for Arizona court reform. Udall helped found the Bank of Tucson. In 1961 he won a special election to succeed his brother Stewart in the U.S. House of Representatives. He has been reelected by large margins ever since as an activist liberal from a conservative state. He has focused on election and congressional reform and on the environment. Udall is a member of the House Interior and Post Office and Civil Service Committees. He has written three books on law and on congressional reform. He is married and has six children.

it drove my mother to dream of, and work for, a better life for the Hopi Indians.

There is a much greater factor: the desire to help a troubled nation. A year ago, Dave Obey and Henry Reuss and some other congressmen I deeply respect agreed that the country had been trapped by reflex into considering the

product of those discussions

and the response of hundreds of Americans when I began to explore the possibility of becoming a candidate. It is a willingness to answer, if not a call, at least a whisper. So I decided to test this belief. I told myself, as most candidates do, that I have a perspective that none of the other prospective contenders shares or can communicate.

FLORIDA IN BRIEF

Area Police Chiefs Balk, Drug Force Chief Ousted

ORLANDO (AP) — Faced with an open mutiny by local law enforcement officials, the Federal Drug Enforcement Administration has removed the chief of its Central Florida Task Force.

The ouster of John LePore as head of the task force of federal and local narcotics agents was announced Tuesday following a stormy, secret meeting between DEA and the heads of nine Central Florida police agencies.

The meeting was called in the wake of the withdrawal of three local agencies from the task force and the threatened pull-out of others due to allegations of brutality by federal agents and a lack of cooperation by LePore.

"I had to transfer him because of disharmony on the task force and because the concept of the task force in Central Florida is primary," said John Lund, DEA regional director, after the meeting.

Air Pattern Chills Florida

A massive, snake-like pattern of air suspended high above the United States is the main cause for Florida's abnormally cold winter and the recurring storms along the East Coast, forecasters say.

The trough, or valley, of the system is over the Atlantic coastline stretching from Miami to Hudson Bay in Canada. And except for an occasional wriggle, it hasn't moved since mid-November.

Cold Canadian air and storm fronts have followed the stream southwestward into the eastern United States for the past 2 1/2 months, with winds normally reaching 100 m.p.h. at between 20,000 and 30,000 feet, they explain.

Slain Girl's Family Sues

BARTOW (AP) — The family of a 15-year-old girl which claims she was killed last year by a deputy sheriff who allegedly shot her without warning is suing Polk County Sheriff Monroe Brannen.

The civil suit filed Tuesday also names Appalachian Insurance Co., the sheriff's carrier, as a defendant in the action.

Mike Martin of Lakeland filed suit on behalf of Curtis and Sonja Letchworth in the death of their daughter, Charlotte Lynn, who was killed last year by a shot from a .357 magnum pistol.

Mother Sentenced: 25 Years

TAMPA (AP) — A 25-year-old mother who pleaded guilty in the beating-dehydration death of her 4-year-old son has been sentenced to 25 years in prison.

Hillsborough Circuit Judge Herbert Ryder imposed the sentence Tuesday on Brenda Eaye Hill. She pleaded guilty last year to second-degree murder in the death of her son, Steven Ray.

Ryder sentenced another woman co-defendant, Ruby Jewell Shaffer, 28, to 15 years probation in the case. She pleaded guilty to manslaughter.

Youth Faces Trial As Adult

BARTOW (AP) — A judge has ordered a 16-year-old youth, linked to four other persons accused of being a slinked band of terrorists in Central Florida, to stand trial as an adult.

Juvenile Court Judge Robert Stokes ordered Tuesday that Coyle Martin, the youngest of five arrested in the case, to stand trial on charges of buying, receiving and concealing property.

USF Students Suspended

TAMPA (AP) — Eight University of South Florida students have been suspended after about 60 students staged a sit-in at the school library, a USF spokesman says.

The sit-in was to protest early closing hours forced by budget retrenchment.

Joe Howell, a vice president for student affairs, said Tuesday that he and a colleague talked with the protestors from midnight until 3 a.m., but the students declined offer to continue the discussion later or to move talks to the university center so the library could be closed.

The protestors occupied the first and second floors of the 88-million building, and were warned at least four times they risked suspension, he said.

IN BRIEF

Lawyers Prepare Arguments In Patty Hearst Trial

SAN FRANCISCO (AP) — Opposing lawyers prepared to begin arguments today on whether Patricia Hearst, dragged screaming from her apartment two years ago by the day, took part in a bank holdup as a frightened kidnap victim or as a convert to terrorism.

An exhaustive search for a jury for Miss Hearst's trial neared an end Tuesday, and only the routine formality of trimming the panel of 36 prospects approved by the judge remained for today.

It was a cold and rainy night two years ago when the newspaper heiress was abducted from her Berkeley apartment by a small group of Symbionese Liberation Army members. The kidnaping plunged her into a bizarre odyssey through the terrorist underground that ended with her arrest last Sept. 18.

The jury that will judge her on bank robbery charges was to be chosen from a pool of 18 men and 18 women, mostly middle-aged. The youngest is 23, the eldest 70.

Police Training May End

WASHINGTON (AP) — Thousands of police officers President Ford succeeds in abolishing a \$40-million law enforcement education program.

If Congress approves Ford's plan, hundreds of police departments could suffer a setback in efforts to get better educated, better-trained officers. And scores of colleges and universities would be forced to curtail or eliminate courses in the criminal justice field.

Police officials, colleges and universities plan an intensive campaign to get Congress to continue the program. Congress defeated Ford's plan once, and some sources say it probably will again.

Imports Hurt Shrimpers

SAVANNAH, Ga. (AP) — The South Carolina shrimp industry nearly collapsed in 1974 because of imports, a Buford, S.C., shrimper has testified.

H. H. Von Harten, representing the South Carolina Shrimpers Association, said at a public hearing Tuesday that because of high costs and low prices, most of the boats at his dock did not operate regularly, and those that did operated at a loss.

The hearing by the U.S. International Trade Commission is one of five taking place around the nation to determine whether controls are needed on shrimp imports as the industry has contended.

Askew Holds Meetings

WASHINGTON (AP) — Gov. Reubin Askew took top aides to Washington today for meetings with federal officials after criticizing presidential candidates who have been attacking "his government."

Askew and nine state agency chiefs also were scheduled to meet with members of the Florida congressional delegation.

Decision Due On Concorde

WASHINGTON (AP) — Transportation Secretary William T. Coleman's decision on whether to allow the fast but noisy Concorde supersonic passenger plane to land at two United States airports could have major economic, environmental and diplomatic consequences.

His decision, due today, also could play a large part in shaping the future development of air transportation.

Blind Woman To Teach

MARION, Ind. (AP) — Linda Garshwiler said all she wanted was a chance to prove a blind person can be a good school teacher. Now she has that chance.

"I'm just really excited that I have the chance to be in the classroom and prove to everyone that I can do the job," she said Tuesday.

As soon as she's married in Miss Garshwiler, 23, will go to work at Justice Junior High School here, teaching English literature and grammar to seventh and eighth graders.

Three Jailed In Plant Theft

(Continued From Page 1-A) "like a human fly" to smuggle backhacks and tools to inmates including the women's husbands, Roy Brown Clanton Jr., 28, and Lawrence Shazer, 22.

Shazer pleaded guilty and received a five year prison sentence. His wife received a five year probationary sentence.

Circuit Court Judge A. J. Hosemann Jr. dismissed charges against Clanton and two other inmates in the alleged jailbreak attempt. State Atty. Abbott Herring appealed the court's ruling and the case is pending in the Fourth District Court of Appeals, West Palm Beach.

Clanton is currently serving a prison sentence for a robbery conviction. He was arrested in a jailbreak attempt by county jail inmates. He had been accused of being a lookout for Mrs. Mary Jane Shazer who scaled a jail wall.

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Cadillacs Are Burglarized, Vandalized In Fern Park

By BOB LLOYD

Herald Staff Writer

Sheriff's deputies today were investigating \$2,000 in vandalism damage to an Orlando man's auto while it was parked at a South Seminoles nightspot.

Roskie Smith, 22, reported early this morning that someone had kicked out tail lights and kicked in fenders and the rear window of his 1976 Cadillac sedan while it was parked at the rear of Circus-A-Go-Go, U.S. 17-92, Fern Park.

Deputy C. H. Braecklein reported that a container of garbage and beer cans was also dumped on the top and hood of the vehicle.

In other sheriff's reports, Michael D. McGuire of Lakeland, told deputies that his 1973 Cadillac was burglarized while it was parked at Freddie's Steak House, U.S. 17-92, Fern Park, and a 1965 citizens band radio taken.

Office Stripped
Everett L. Ackley of Sanford reported thieves stripped an

action reports
★ Fires
★ Courts
★ Police Beat

DOT Officials Deny Charges

TALLAHASSEE (AP) — State Transportation Department officials have denied allegations that the agency misled the legislature in obtaining \$214 million in funds to speed up construction of the interstate system.

The officials assured members of the Senate Ways and Means Committee late Tuesday that a House report contained errors of fact and that they had done nothing wrong in the program.

The scrutiny of the Transportation budget came as the Senate committee began three days of hearings into budgets of

the larger state agencies, such as DOT and the Department of Health and Rehabilitative Services, which make up 80 per cent of all state expenditures.

All levels of education were scheduled for a full day of hearings today.

The report of the House Transportation Committee charged that projects not included in the plans presented to the legislature included commitments in excess of \$20 million and that none of the \$24 million obtained in 1974 was committed for the projects presented to the legislature that year.

through the Seminole County school system, and administered by the Drug Action Committee of Seminole County.

Bobo will present a 6-month progress report to the board. Grove School is an off-campus program administered through the Sanford Middle School and provides an alternative for disruptive students.

Two items on the board's proposed agenda for tonight's meeting will be to discuss the proposed courtesy busing policy and the proposed hiring of a risk manager to administer the board's insurance contracts.

Mrs. Carmen Hall, who last week gave the board her ad hoc committee's recommendations on the proposed school board courtesy policy, has requested additional time to test her proposed variations on the policy against actual traffic conditions to determine if certain buses now being con-

tinued under the new policy.

Roger Harris, assistant superintendent for business and finance, will not give an interim insurance report regarding the hiring of a risk manager. The committee Harris heads has not been able to meet due to the illness of Supt. William Laver, who is on the committee.

Board members had instructed Harris to report to the board this week, following last week's lively debate concerning the advisability of hiring a risk manager.

The board is also expected to approve the state-approved final plans for a pedestrian bridge across a ditch near Spring Lake Elementary school in Altamonte Springs.

Vice-chairman Pat Telson is expected to request the board to meet earlier than the present 7:30 time, so that meetings will adjourn earlier in the evening.

Last week's meeting lasted past midnight.

Informers Found Guilty

A 22-year-old former Orlando police informant was found guilty of two counts of burglary Tuesday by a circuit court jury at Sanford.

Andre Lemar Ware, 22, of Sanford, was arrested Oct. 2 by police near two burglarized residences at Spanish Trace Apartments, Wymore Road, Altamonte Springs.

Sheriff's deputies found a stolen television and camera equipment from the apartments in the car Ware was driving. Officers said rings taken in the burglaries were later found in an ashtray in the rear of a patrol car in which Ware was transported.

Ware testified that he went to the apartment complex with two men named Don and Lee who he met at a party on Church St., Orlando. He told the jury he thought the men were going to get drugs but they brought the stolen items to the car and that he was taking the items to Orlando police when he was apprehended.

Orlando vice squad agents testified that Ware had been undercover informant for about a year in narcotics and burglary cases but that he hadn't been authorized to work in Seminole County.

Circuit Court Judge A. J. Hosemann Jr. ordered Ware held in county jail pending completion of a pre-sentence investigation.

Man Arrested
Sanford police arrested Richard Lewis Jones, 29, of 1302 Williams Ave., Sanford, on a charge of buying, receiving and concealing stolen property in

Chas. Taken
Deputy Ann Henggar reported a set of golf clubs valued at \$844 were taken in a burglary at Seminole Golf Course, Markham Woods Road.

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True Value BARGAIN of the MONTH

STANLEY now 3.99 While Quantities Last



Blade is full 1/2" wide
Blade locks in place - positively no creeping
Locking knob on side for easy operation

NOTICE OF PUBLIC SALE

PURSUANT TO CHAPTER 194.042, FLORIDA STATUTES 1974
DATE: FEBRUARY 9, 1976 - TIME: 11:00 O'CLOCK A.M.

WEST ENTRANCE OF SEMINOLE COUNTY COURTS HOUSE
SANFORD, FLORIDA

PROPERTY TO BE SOLD
E 150 ft. of W 1/4 of the E 1/2 of the SW 1/4 of NW 1/4 lying North of State Road 436, Section 15, Township 21 South, Range 29 East, Seminole County Florida

AND
W 1/2 of the E 3/4 of the SW 1/4 of the NW 1/4 lying North of State Road 436, Section 15, Township 21 South, Range 29 East, Seminole County, Florida

The two property descriptions above are contiguous and will be sold as one parcel to the highest bidder with the lowest acceptable bid of \$180,000.00.

The property has approximately 321 feet fronting on State Road 436 and contains approximately 8.2 acres. The 1975 Assessed Value of this property in the amount of \$214,070.00 was sustained by the 1975 Seminole County Board of Tax Adjustment.

Terry Goemmel
County Property Appraiser
Seminole County, Florida
Sanford, Florida

FOR MORE INFORMATION
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Altamonte Mother Grieves Over Arrest

Son's Fate In Hands Of 'Law And God'

By DONNA ESTES

Herald Staff Writer

ALTAMONTE SPRINGS — "It is in the hands of the law and the Hands of God," said a sobbing, heartbroken mother today of her son jailed in Charlotte, N.C., charged with a film-film drug scheme.

Mrs. Anthony Kouis of 861 Davis Drive said, "All we can do is expect the worst and hope for the best," adding that she and her husband are in no position financially to either hire an attorney or put up the \$50,000 bond required to get their son, Peter Andrew Kouis, 22, out of the Mecklenburg County jail where he has been confined since Friday.

Charged with Kouis and also held under \$50,000 bail is Stephen Scott Boyd, 19, of Mailand.

The North Carolina community said that the men tried to sell them a worthless substance purported to be cocaine and that they were arrested on larceny charges.

Police said the men allegedly operated in seven states and at least two foreign countries.

Mrs. Kouis said her son was in the military, stationed in Germany for a period of time, but has been out of the service for three years.

"They were supposed to be on a fishing trip, but you know — a mother's intuition, I suppose — I just felt something was wrong," Mrs. Kouis said, explaining that her son called her Saturday to say he was in jail.

"I think Pete, perhaps, needs psychiatric counseling. I don't know whether they will give it to him or not."

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The meeting was called in the wake of the withdrawal of three local agencies from the task force and the threatened pull-out of others due to allegations of brutality by federal agents and a lack of cooperation by LePore.

"I had to transfer him because of disharmony on the task force and because the concept of the task force in Central Florida is primary," said John Lund, DEA regional director, after the meeting.

Air Pattern Chills Florida

Home Delivery: Week, 35 cents; Month, \$2.40; 6 Months, \$14.20; Year, \$28.40. In Florida same as home delivery. All other mail: Month, \$2.70; 6 Months, \$16.20; 12 Months, \$32.40.

Communist Party Sets High Standard

In a joint statement last November Enrico Berlinguer, head of the Italian Communists, and Georges Marchais, secretary general of the French Communists pledged their commitment to "the liberty of thought and expression, of the press, of meeting and association, the right to demonstrate the free movement of persons... the inviolability of persons... the inviolability of private life, of religious liberties, and of every philosophical, cultural, artistic opinion."

The thought of a Communist embracing democracy as the West understands it is staggering enough, but the two leading Western European Communists did not stop there.

The French and Italian Communists favor the plurality of political parties, the right of opposition parties to exist and to act, the free formation of majorities and minorities and the possibility of their alternating democratically the lay character of the state... and the independence of justice," they added.

Mr. Berlinguer and Mr. Marchais know exactly what they are doing. Western Europe has spent nearly 30 years piling up against the external threat of communism. Its leaders will not use their healthy fear of Soviet-style totalitarianism easily.

If West European Communists are to achieve their goals of internal takeover, they first must show a human face to calm fears.

Additionally, there is little doubt that Western Communists have a genuine desire to shuck the burden of Soviet control as Yugoslavia has done and as Romania is trying to do.

Viewing all of this, the U.S. State Department has taken a clear-eyed, realistic stand, insisting to our allies that if Western Communists are given a share in governments, American troops will be withdrawn from Europe and the North Atlantic Treaty organization will collapse.

But the Berlinguers have been persuasive. European leaders are comparing Secretary of State Henry Kissinger to John Foster Dulles who fought vigorously to contain communism. They are asking us bluntly why it is not to the advantage of the West to encourage a bloc of Western Communists to discomfit Moscow.

Spanish communist leader Ugo LaMalfa dangles an additional carrot by concluding that such a Western Communist bloc would fracture the solidity of the East European Communists and eventually create a schism that could "dwarf" the breakup of Yugoslavia and China from the Soviet monolith.

Sir Christopher Soames, speaking for the Common Market, perhaps had the same thought in mind recently when he challenged the Communist Common trading group in East Europe to make deals unilaterally or jointly with the Common Market, which the Soviet Union does not recognize.

Undoubtedly the changing European perceptions of communism are a by-product of the mentality of détente, but there is a credibility difference. The central purpose of détente is to permit hostile nations to live apart in the same world without destroying it.

However, the Communists in Western Europe want to actually take power from a majority. By definition and by application since the modern version was introduced in the 1840s, communism is a totalitarian, fascistic form of government that is dedicated to eradicating capitalism and the establishment of a stateless and selfless society.

Their Loretai statements notwithstanding, the Western Communist leaders have not said that their approach philosophy has changed. The danger that they pose to Western liberties is as great as it ever was.

Around



The Clock

DON OAKLEY Supporters Are Backing Gov. Reagan

The most cogent arguments in favor of Ronald Reagan's plan to shift certain responsibilities from the federal government to the states are being made not by Mr. Reagan but by his supporters, as well as by others who would not ordinarily place in his camp.

Even the New York Times, which is not exactly known as a champion of the conservative philosophy, has praised Reagan for initiating a national dialogue on an issue that very much needs discussion.

The presidential candidate himself, however, continues to show a propensity for sticking his foot in his mouth at every opportunity.

Asked in New Hampshire what would happen if a state did not assume the social programs now so heavily underwritten by Washington, he replied that anyone unhappy with the way his state is managed can "vote with your feet... you can pack up and can move."

Sen. Hubert Humphrey of Minnesota, the most likely possible future Democratic presidential nominee, has jumped on this remark, calling it "the most callous, brutal political statement I've heard in the 20th century."

One shot from the hip deserves another, perhaps, but certainly Reagan does himself no good by dropping ill-considered quips in response to questions that really demand thoughtful answers.

Indeed, this question goes to the heart of his proposal. What would happen if a state decided not to, or was unable to, assume the obligations transferred to it by the federal government?

It is true, of course, that what we call the "federal dollar" is only money that the federal government takes from the taxpayers of the several states; that there is a certain amount of waste involved in shipping this money to Washington and back again, and that the richer states receive less in federal grants than they pay out in taxes.

But it is also true that the poorer states, and some not so poor, have benefited greatly from this arrangement. New Hampshire, for example, which was probably the worst place Reagan could have troached his plan in, has one of the lightest state tax burdens.

New Hampshireites would not have to "callous" to shrink from imposing state sales and income taxes on themselves, which they are now happily without, notwithstanding the fact that their federal taxes presumably would be reduced commensurately.

As for "voting with your feet," this is already a source of the ill-plaguing many of our cities. A large part of the financial plight of New York City is attributed to its liberal welfare system, which has been a magnet drawing tens of thousands of people from other states.

It is also debatable whether state governments are notably more efficient than the federal government, or more attuned to its responsiveness to the needs of their citizens.

In many states there has long been a sort of undeclared war between the cities and rural-dominated legislatures. New York City, and the state it's in, is again a prime example.

JACK ANDERSON

Pressure From Ullman Halts IRS Audit

WASHINGTON — The powerful chairman of the tax-writing House Ways and Means Committee, Rep. Al Ullman, D-Ore., was marked for a full tax audit last spring until he called Internal Revenue Commissioner Donald Alexander.

Once he spoke to Alexander about it, the audit was botched and Ullman's name was pronounced satisfactory. No additional tax was levied. The handling of Ullman varied dramatically from the thorough going-over most taxpayers get during an audit.

Ullman's returns were flagged by the computer under a formula which is supposed to spot unusual changes in income or deductions. Agents routinely notified him that he would be audited, which is usually a long, painful process.

Charles H. Kindred Jr., former Sanford resident, has been named executive vice president of the Barnett Bank of Auburndale.

Kindred, a graduate of Seminole High School, Seminole Community College and Florida Technological University (FTU), joined the Auburndale facility in November, 1974, as vice president.

He served three years in the 82nd Airborne Military Police and has also completed the American Institute of Banking (AIB) course, earning his basic certificate. He has also served as an instructor of AIB courses for the Polk County AIB chapter.

Kindred has been accepted for the prestigious School of Banking at Louisiana State University, a three-year course.

Prior to joining the Auburndale bank, Kindred was associated with the Barnett Bank of Winter Park in its consumer loan department under the Barnett Banks of Florida Inc., Management Training Program.

He currently resides at 104 Lakeview Drive in Auburndale.

Hang onto your hats, folks, 'cause the circus is coming to town.

We're referring, of course, to the Florida State University Flying Circus, which consists of a group of highly skilled college students — amateurs, if you will — who perform on the high wire, the flying trapeze and any number of other sundry gadgets.

They're not good — they're great!

And they'll be performing at Bishop Moore High School on Feb. 21 for the benefit of that school's athletic association.

This group of talented individuals has performed in Europe, the Dominican Republic and other far-off places as well as having been featured on ABC-TV's "Wide World of Sports."

There will be two shows at Bishop Moore on the aforementioned date, and another at 8 p.m. Each show will be about two hours long and consists of 16-18 acts.

Ticket prices range from \$3 for adults to \$2 for students and all youngsters under the age of five are admitted free of charge.

The tickets are available at all Streezy's Ticket Agencies, Colonial Plaza and Altamonte Mall Ticket Agencies.

And, if you miss this one, you haven't lived!

Get involved in the Spirit of '76! Join in with thousands of others and walk for the life of a child! The March of Dimes will hold their "Super '76" Bicentennial Pledge Walk on March 20, beginning at the Florida National Bank in Orlando.

"This dynamic group will be walking for money pledged by a sponsor for every mile of the 21 mile hike," says Campaign Chairman, L. Linton Decker Jr. "Money raised will go to the support of the Intensive Care Center for newborns located at Orange Memorial Hospital in Orlando, and also Centers located in Tampa, Gainesville, and Miami," he added.

Sponsor sheets and further information can be obtained at all area schools or at the March of Dimes Office (849-4790). If you can't participate in walking on March 20th, join in the "Spirit" and sponsor a walker. Remember, Birth Defects are forever unless we help.

— Bill Currie



"He says he likes my style and offered me a job."

JOHN CUNIFF

The Economic Tradeoff

WASHINGTON (AP) — Years and years of political debate apparently have produced little more than contrasting positions on the all-important relationship of jobs and prices, the tradeoff, as it is sometimes called.

Moderation of the business cycle is probably the only real answer, but prospects for that are grim. If we didn't permit inflation, it is argued, then we wouldn't have to deal with its consequence, recession. One leads to the other.

Moderation, however, is as elusive in national economies as it is in personal lives. We used to talk enthusiastically about it during the 1960s, when we really thought we had a grip on the cycle. We really didn't.

The truth is that today no economy of any consequence has the ability to control its destiny. Isolation is impossible. This is a world of international trade, of interdependence.

Americans learned this in many ways recently. Involvement in Vietnam was inflationary. We learned that an imbalance in trade was eroding the power of our dollar. We realized painfully our dependence on foreign oil.

We are left then with the problem we thought we might have licked, the extremes of the economic cycle. We are left also with the aged-old argument of the planned recession, and unemployment, as an antidote for inflation.

And we are left also with the same extremes of proposed solutions. At one end is the argument that the best policy is for government to get out of the economy. On the other, that only government intervention provides an answer.

At that point, you couldn't have kept me from an audit at gunpoint," he said.

At Ullman's convenience, Alexander personally arranged for two agents to drop by the Congressman's Capitol Hill office. According to Ullman, "they dragged out all the books and receipts. They went through them carefully. All was in order."

He said the agents made two, possibly three visits to look at his papers. Ordinarily, an audit involves many more visits, exhaustive questions and harrowing inspections.

In my own case, my books were also in order; nevertheless, agents spent a full year investigating my returns. Of course, this treatment may have been a little extreme, since I was high on then-President Richard Nixon's enemies list and was also subjected to 11 separate Pentagon investigations, illegal CIA surveillance, FBI sniping, poison plots and other Nixon routines.

Both Ullman and Alexander professed to be scandalized at the very thought that Ullman might have received special treatment merely because he writes the tax legislation which Alexander administers.

But apparently, Alexander was equally solicitous toward Sen. Joseph Montoya, D-N.M., chairman of the Senate subcommittee which oversees Internal Revenue. Alexander reportedly blocked at least five efforts to audit Montoya's returns.

RAY CROMLEY Missile Balance Is Tipping

WASHINGTON — The signs are now clear. Leonid Brezhnev and associates in the Kremlin believe time is on their side in the strategic missile race.

They're happy with the present treaty, expiring late next year, which gives the USSR virtually a free hand to develop and build strategic missiles to the limits of its scientific and economic ability. And binds the United States against unilateral "understanding" announced by Secretary of State Henry Kissinger, to very strict limits on what nuclear expansion this country can undertake.

With Soviet military-strategic research, now roughly double that of the U.S., the Russians could overtake and surpass us in critical areas within the next two decades.

Kissinger's failure in his Moscow mission to break the impasse in the strategic arms limitation talks is rooted in two major U.S. mistakes these past several years.

First, there was President Nixon's deep emotional desire for achieving a strategic arms limitation treaty in his time. This resulted in his ordering Kissinger to get Soviet agreement at virtually any cost. Kissinger obeyed. And Brezhnev's men got what they wanted. Terms of U.S. could be openly agreed to were left so vague they could be interpreted in any manner Moscow chose.

Second, in the past half dozen or so years Congress has chipped heavily at research and development — frequently aided by administration — with Vietnam war costs, inflation and other financial problems. This, at a time the Russians were increasing strategic military research as rapidly as they could expand scientific and technical staffs and research and testing facilities.

The Soviet tactic in each negotiation is to bind this country's development in areas where we are ahead and running away, but to hold the doors open where Soviet scientists see clear signs they can catch up or surpass this country's efforts.

Take anti-ballistic missile development. Where American researchers were moving ahead with remarkable speed and the Russians apparently bogged down in interminable problems. The Soviet negotiators succeeding in pushing through an agreement tying us to a partially-developed system both they and we know would be ineffective, worthless only as an intermediate experimental project, but worthless if continued to then-current technology.

Take the current attempt to halt U.S. development of intermediate and long-range cruise missiles. Here the Russians may be somewhat ahead. But American technology is improving so rapidly the Soviet advantage is bound to disappear in short order.

In this cruise business, there's a military pig in the poke. Short-range cruise missiles — with longer ranges barred — give the Soviet Union a major advantage. Longer-range cruise missiles would bring back a balance.

WORLD IN BRIEF

Defense Official Reveals Pentagon's Stake In Angola

WASHINGTON (AP) — The Pentagon wants pro-Western factions to win the civil war in Angola so U.S. military planes and ships will have access to Angolan airfields and ports.

This Pentagon stake in Angola was stated for the first time Tuesday by Deputy Defense Secretary Robert Ellsworth.

But Ellsworth told a Senate Foreign Relations subcommittee on Africa that at this point it would take "more than money" to assure that Angolan factions friendly to the United States could achieve even a stalemate in their war with Soviet-backed forces.

"We hope that the government that finally emerges in Angola will grant us overflight and landing rights, if requested, for our aircraft and the port facilities will be made available for occasional naval ship visits," Ellsworth said.

Moynihan Reflects On Role

UNYAT NATIONS, N.Y. (AP) — He has been likened to a World War II hero for his role in the assembly, but Daniel Patrick Moynihan, the outgoing U.S. Ambassador to the United Nations, says that he had been shooting his targets from the shoulder, not the hip, and that America has benefited.

"We can say with confidence now that any foreign nation understands that if it takes on the United States in some singularly vituperative way, then they will find themselves in a fight," Moynihan said in an interview Tuesday.

The main target of the 48-year-old chief American delegate in his seven controversial months at the U.N. was President Idi Amin of Uganda who, Moynihan recalled, "launched an incredibly vicious attack in the assembly on American blacks and Jews, and there was just too much applause from the floor. You just don't talk to the American people that way."

Fire Hits Arsenal

ST. PAUL L'HERMITE, Que (AP) — Workers rushed explosives out of ammunition assembly sheds at Canadian Arsenal Ltd. plant here shortly after a fire broke out in an adjacent warehouse Tuesday.

Arthur Emond, a company official, said the explosives were removed and an explosion was avoided.

Emond said 18 sheds were destroyed in the fire but none of the 400 workers on the site was injured.

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187 Doctors Sued

TALLAHASSEE, Fla. (AP) — A state medical official and a legislator disagree on whether the filing of 187 medical malpractice suits in the last six months of 1975 is good or bad news.

"I think that's bad for six months," said Dr. George Palmer, director of the Board of Medical Examiners. The board released the figures Tuesday as required by a 1975 law.

But Rep. Paul Steinberg, D-Miami, an author of malpractice insurance laws passed by the 1975 legislature, said he felt the number of malpractice suits was low.

He said the figure was probably inflated by a number of suits filed toward the end of 1975 to get around the stricter malpractice-suit laws and would probably drop significantly in the first six months of this year.

Palmer reported that two of the suits have been settled, two were dismissed and the other 183 are still pending. He said Dade County has nearly one-fourth of all the malpractice suits.

Other leading counties were: Hillsborough, 27; Broward, 19; Palm Beach and Duval, 15 each; Orange and Pinellas, nine each; and Broward, eight.

Palmer reported that his board suspended or revoked the medical licenses of eight physicians in the last half of 1975. He said another eight were placed on probation.

But Steinberg said more information is required to tell whether the board's disciplinary actions were routine under old laws or were based on expanded powers granted by the malpractice legislation to weed out incompetent doctors.

President Ford became the latest presidential candidate to address the issue, saying in a recorded CBS television interview Tuesday that he wants the abortion question thrown back to the states. By contrast, Ronald Reagan, his opponent for the GOP presidential nomination, wants a constitutional amendment to establish a national ban on abortion.

Ford indicated he was sympathetic to a constitutional amendment, without calling for one.

Archbishop Joseph I. Bernardin, president of the National Conference of Catholic Bishops, called Ford's views "inconsistent and disappointing" but said it would be "unfair to be any more critical of Mr. Ford than of some other prominent political leaders, whose views on the abortion issue appear to be equally confused."

The Supreme Court ruled three years ago that states may not prohibit abortion in the first three months of pregnancy although they retain some regulatory authority thereafter.

Pro-and anti-abortion groups since then have been lobbying, demonstrating and pressuring presidential candidates. Most authorities concede, however, that the only avenue to change is a constitutional amendment, which is the province of Congress and the states.

HOSPITAL NOTES

FEBRUARY 3, 1976

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WEATHER

Tuesday's high 73, today's low 26.

Fair and warmer through Thursday. Highs today mostly mid 70s and Thursday mid to upper 70s. Lows tonight upper 60s to lower 60s. South to southeast winds around 10 m.p.h. or less.

EXTENDED FORECAST

Partly cloudy and mild with afternoon highs mainly in the 70s. Lows mostly in the 50s north and central and 60s extreme south.

Thursday's Daytona Beach tides: high 11:00 a.m., 11:26 p.m., low 4:37 a.m., 4:51 p.m. Port Canaveral: high 10:38 a.m., 11:13 p.m., low 4:30 a.m., 4:54 p.m.

Utility Request Stirs Debate

By JANE CASSELLBERY Herald Staff Writer

WINTER SPRINGS — City Council learned Monday night that the North Orlando Water and Sewer Corp. has applied to the Florida Public Service Commission for a rate increase.

Mayor Troy Piland objected that the utilities firm, which supplies services to much of the city, was informed by the PSC that it is now under its jurisdiction instead of the city's.

It was suggested they "slap PSC's hands for usurping our powers while at the same time giving it to them." Massey advised the alternative might be a long and costly court suit as such cases inevitably end up in the supreme court.

The mayor and council also took the opportunity to get in some jobs at the Sunshine Law and State's Attorney Abbott Herring. When Councilman Donald Browning said he would like something in the file which would clarify which elected officials come under the Sunshine Law, Daniels suggested they take up the state attorney's offer to brief council.

Piland, former chairman of the County Democratic Executive Committee and a member of the committee seeking to have Herring investigated after he brought Sunshine violation charges against several county officials recently, quickly responded "I do not feel Mr. Herring's office is exempt to tell us what a Sunshine Law violation."

Massey said, "They think because the city had no ordinance governing the utility rates, the county had been setting rates and could turn over the authority," but added, "the statute does say it does not cover within a city."

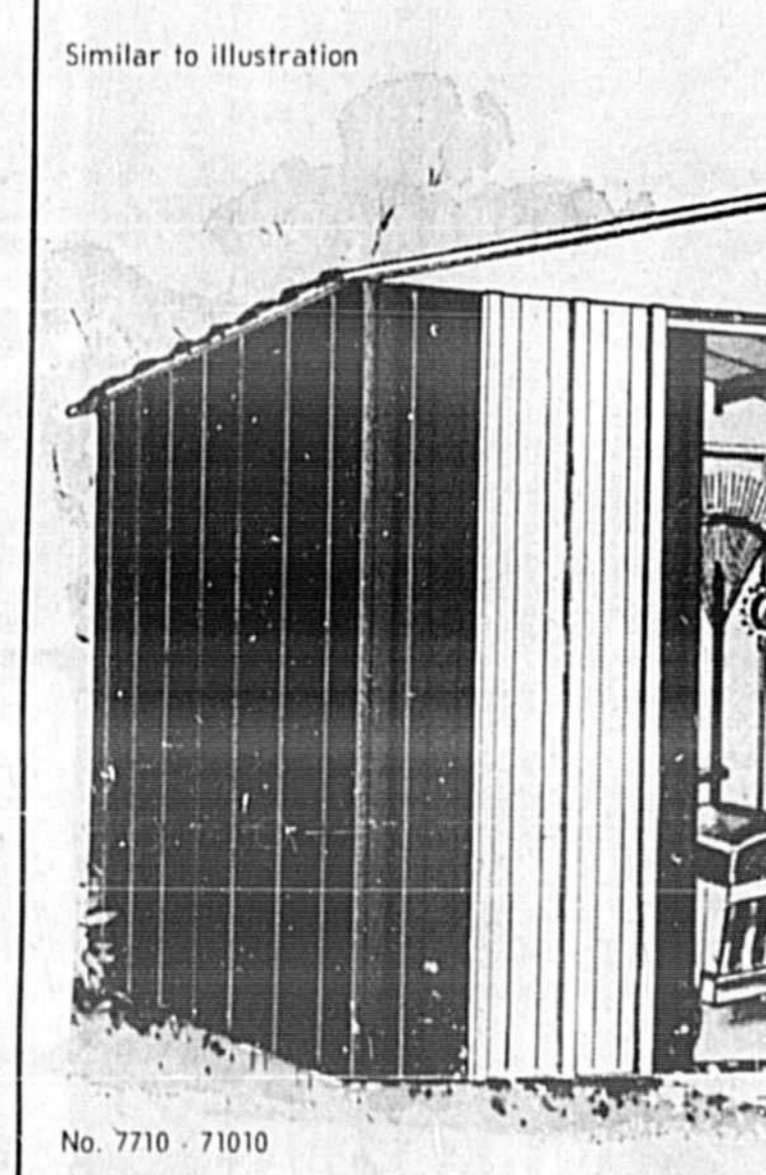
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The Supreme Court ruled three years ago that states may not prohibit abortion in the first three months of pregnancy although they retain some regulatory authority thereafter.

Pro-and anti-abortion groups since then have been lobbying, demonstrating and pressuring presidential candidates. Most authorities concede, however, that the only avenue to change is a constitutional amendment, which is the province of Congress and the states.

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'Centennial' Storage sheds.

Similar to illustration

Candidates Praise Moynihan

By The Associated Press

Two presidential contenders campaigning for Florida's March 9 primary have heaped the resignation of Ambassador Daniel Patrick Moynihan, the feisty and outspoken U.S. envoy to the United Nations.

Mr. Moynihan has said clearly and forcefully that what he needs to be said for a long time, "Republican aspirant Ronald Reagan told a throng of 1,200 supporters in Fort Lauderdale late Tuesday.

Pennsylvania Gov. Milton Shapp, stamping for Democratic votes in Cape Canaveral, said he was "very sorry" Moynihan resigned Monday to return to his Harvard University professorship.

Also campaigning in Florida, former Georgia Gov. Jimmy Carter, said he felt a college audience by saying he opposes abortions and favors capital punishment.

And Alabama Gov. George Wallace declared that he and wage-earning, tax-paying citizens — "the king and queen of American politics in 1976" — would regain control of the Democratic Party from liberal elements.

Reagan said Moynihan "made it refreshingly clear that the United States would be nobody's punching bag in that international forum."

Shapp said the former ambassador's controversial speeches decrying such U.N. moves as the equation of Zionism with racism gave credibility to the Ford administration.

Reagan, former California governor and the lone major challenger to President Ford on the GOP ballot, also called for a more rigid U.S. attitude toward détente with the Soviet Union through an American military buildup.

"There cannot be a peaceful world as a guarantee of our continued existence as a free people unless we start to build whatever is necessary to insure that we will never be second to anyone in the ability to defend ourselves," he said.

He lambasted the administration for allowing "vague definitions" in the Strategic Arms Limitation Agreement (SALT) which he said the Soviet Union has exploited. He also decried a U.S. agreement with the Soviets to reduce the U.S. anti-ballistic missile system.

Shapp, a businessman-turned politician, called for a "federal commitment" to solar energy research after a tour of the federally operated Florida Solar Energy Center in Cape Canaveral.

"I think that anyone who sees this center will agree with me that the potential of solar energy must be realized through a federal commitment to research and development as soon as possible," he said.

Noting that federal monies are being spent for research, Shapp said he favored establishing solar energy centers in every region of the nation — "New England, the middle west, the northwest and the southwest."

Shapp also blamed "the bigger-than-life corporations" for forcing up retail prices to gouge consumers and said the national interest requires a strong, free Israel "as a bulwark against Communism in the Middle East."

Marijuana Laws Costly To State

TALLAHASSEE (AP) — Florida's marijuana law cost the state \$300,000 a year that could be saved if the state adopted the liberalized law in use in California, Sen. Kenneth Myers says.

Myers, D-Miami, has introduced a bill to wipe out the felony charge for possession of up to an ounce of the weed, making it a misdemeanor punishable by up to a \$100 fine.

Myers said 76 persons are now in Florida jails after being convicted of possessing the small amounts of grass covered by his bill.

He said their upkeep will cost taxpayers \$340,000 this year. Over the next five years, he said, the upkeep for the inmates plus additional people projected to be arrested will cost \$3.4 million.

"I think this is a great year to propose such legislation when our prisons are in such dire need of additional funds to take care of the burgeoning prison population," Myers said Tuesday.

Florida law now makes possession of five grams or less punishable by up to a year in jail and a \$1,000 fine. Possession of more than five grams is punishable by a five-year term and a \$5,000 fine. There are 29 grams in an ounce.

Myers' bill would also provide that arrest records be destroyed if there has been no conviction in the two years preceding the arrest. And it would prevent a misdemeanor conviction from depriving anyone of any kind of professional license.

"A look at statistics is doing nothing to hold down the use of marijuana," Myers said. "Every survey shows that use of marijuana is growing rapidly."

Myers said that despite failures last season to lessen penalties for possession, he felt his measure had a good chance of success.

"A prudent legislator has got to make a cost-benefit analysis," he said. "Is the cost worth the benefit of putting people in prison for this type of offense? The answer has to be no."

Rep. George Shelton, D-Tampa, who has pushed for

Coping With Your Return

'75 Tax Forms More Complex Than Ever

EDITOR'S NOTE: Following is the first in a series of five articles entitled "Coping With Your Income Tax." They were written to help taxpayers prepare their 1975 tax returns.

By R. GREGORY NOKES, Associated Press Writer

WASHINGTON (AP) — The tax form package that taxpayers will use in computing their 1975 taxes begins with the following apology from Donald C. Alexander, the commissioner of Internal Revenue: "I am sorry to say that the 1975 form is more complex than last year's and this package is larger than last year's."

But that's putting the bad news first. The good news is that the tax rate for most taxpayers will be lower.

For example, a family of four with \$15,000 income would pay about \$1,612 in income taxes for 1975, a savings of \$208 from 1974, if the standard deductions are claimed.

The complicated tax forms result from the tax reductions voted by the Congress, and approved by the President in March. Most of the tax savings already have been paid to taxpayers through lower withholding rates that went into effect in May.

As usual, the deadline for filing 1975 tax returns is April 15. Tax form packages were in the mail to most taxpayers in early January, and employees should have had their W-2 forms from their employers by Jan. 31.

Persons who fail to receive tax forms, and need them, may obtain them from most banks and from any local IRS office.

Because the forms are complex, the IRS says taxpayers will benefit more than ever by setting an early start in preparing them.

Here is a brief summary — to be explained in greater detail in this series — of some major changes in the 1975 tax law:

—Taxpayers are entitled to an extra \$30 credit for each personal exemption claimed on the tax return. This is in addition to the regular \$750 exemption for each dependent.

—Persons with earned income below \$3,000 may qualify for a so-called earned income credit. The maximum credit of \$400 would be paid to a husband and wife with joint earned income of \$4,000.

—Taxpayers who have contributed to an individual retirement savings program may be able to deduct up to \$1,500 in savings.

—Buyers of new homes during 1975 may be eligible for a tax credit equal to 5 per cent of the purchase price of the home, up to a maximum of \$2,000.

—Both the minimum standard deductions and maximum standard deductions have been increased.

The maximum standard deduction for 1975 is 15 per cent of income to a maximum \$2,000 for a joint return, \$2,250 for a single return, and \$1,300 for a married person filing separately.

The minimum deduction, also called the low income allowance, is \$1,900 for married persons and \$1,600 for singles. The effect of this allowance, which is built into the tax tables, is to reduce or eliminate the tax liability for many low-income persons.

There are both the short and long 1940 forms again this year. Taxpayers who don't itemize and whose interest and dividend income does not exceed \$400 may use the short form.

Investors Question Ascension

Stock Market Hits Rocket-Like Pinnacle

By JOHN CUNNIFF, AP Business Analyst

NEW YORK (AP) — Boosted by falling interest rates, the stock market is now at a rarefied height where so many rocket-like surges of the past 10 years have run out of fuel and fallen back to earth.

There are now suggestions that the decline of interest rates may be slowing. The lowest prime rate by a major bank is 6.5 per cent, by First National City Bank, but that was posted reluctantly.

As the week began, First City's leadership had drawn few followers, a contrast to the manner in which banks fell into line when the declining prime rate was still around 7.5 or 8 per cent.

There is also a detectable firming of some short-term interest rates that bears watching as perhaps the first signal that a general stabilization of rates is being achieved.

That is, as interest rates fell from their record-high levels, their attraction as investments fell too. Billion of dollars that had gone into the debt

markets now became potential fuel for the stock market.

The rise and fall of the prime interest rate is a mirror image of the fall and rise of the stock market. The two fit, tongue and groove.

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CALENDAR

WEDNESDAY, FEBRUARY 4

Seminole Juvenile Detention Center, 17-82, second anniversary open house and awards program, 7:30-9 p.m. Open to public.

THURSDAY, FEBRUARY 5

Rotary Club of Lake Mary, 8 a.m., Mayfair Country Club.

Sanford Sertoma Club, noon, Sheraton Inn, I-4 and SR 46.

Alcoholics Anonymous, 8 p.m., 1201 W. First St., Sanford.

Order of Eastern Star Masonic Temple, 8 p.m. Seminoles Chapter 2.

Altamonte Springs Garden Club executive board meeting, Altamonte Springs Civic Center, 7:30 p.m.

The Sanford Sertomas, Senior Citizens music and dining, 2 p.m., Sanford Civic Center.

Seminole County Young Republicans, 8 p.m., Quality Inn I-4 and SR 436.

FRIDAY, FEBRUARY 6

Hummage Sale, sponsored by Christian Women's Fellowship, 9 a.m. to 5 p.m., Deltona Christian Church, 960 E. Normandy Blvd.

Rotary Club of Seminole, South, 7:50 a.m., Lord Chumbley's, Altamonte Springs.

Seminole Sunrise Kiwanis, 7 a.m., Buck's Restaurant, 13th and Sanford Avenues.

Order of the Amaranth, Cathedral Court 38, Masonic Temple 8 p.m. Meeting and election.

Advanced Creative Aggression weekend seminar, fee \$10, Seminole Community College South Seminole Center at SR 436 and I-4. Call SCC Community Services for reservation.

SATURDAY, FEBRUARY 7

Central Florida Council Boy Scouts, Recognition meeting, 2:30 p.m., Lake County Fairgrounds, SR 44, West of Eustis. Barbecue, entertainment and awards.

Action, Deltona United Church of Christ, Providence Boulevard, 10 a.m.; noon luncheon.

Organ concert by Mildred Alexander, 8 p.m., Deltona Woman's Club, Normandy Boulevard. Tickets at door.

SUNDAY, FEBRUARY 8

Sanford-Seminole Art Assn. 17th Annual Art Show and Tea, Sanford Civic Center, noon-3 p.m. Public is invited.

Organist Workshop, by Mildred Alexander, 1:30 p.m., Deltona Woman's Club, Normandy Boulevard.

MONDAY, FEBRUARY 9

Local School Advisory Committee, 7:30 p.m., Idylwild Elementary School.

Longwood Tourist Club trip to Tampa for Gasparilla Day. Leave Seminole Plaza by bus 8 a.m.

Seminole High School Band Parents special meeting 7:30 p.m., band room.

Alcoholics Anonymous, 8 p.m., 1201 W. First St., Sanford.

Sanford Rotary Club, noon, Civic Center.

Orange Audubon Society, 7:30 p.m., Central Christian Church, 250 W. Ivanhoe Blvd., Orlando. Talk on animals by Bob Smith.

TUESDAY, FEBRUARY 10

Sanford Optimist Club, noon, Sue Ann's Cafeteria.

Suburban Republican Women's Club, 10 a.m., Oak Harbour Club, Altamonte Springs. Speaker August Johansen, former congressman from Michigan.

Longwood Sertoma Club, noon Quality Inn, I-4 and SR 436.

Winter Springs Jaycees, 7 p.m., VFW post, 17-92, Longwood.

Overeaters Anonymous, 7:30 p.m., Florida Power and Light building, Sanford.

Sanford Lions Club, noon, Holiday Inn.

"Starting and Managing a Small Business," SCC's South Seminole Center, I-4 and SR 436. Morning class, 9: evening, 7.

Free Blood Pressure tests, 2-4 p.m., Adventist Church, 7th and Elm, Sanford.

WEDNESDAY, FEBRUARY 11

Sanford Kiwanis Club, noon, civic center.

Cassberry Rotary Club, 7:30 a.m., The Caboose.

Central Florida Retired Teachers legislative luncheon meeting, Morrison's Cafeteria, East Colonial.

Banquet for Headstart Volunteers, 7:30 p.m., St. Mary Magdalene Church, Altamonte Springs.

THURSDAY, FEBRUARY 12

Alcoholics Anonymous, 8 p.m., 1201 W. First St., Sanford.

Lake Mary Rotary Club, 8 a.m., Mayfair Country Club.

Sertoma Club of Sanford, noon, Sheraton Inn, I-4 and SR 46.

Altamonte Springs Garden Club covered dish supper and meeting, First Federal of Orlando, SR 436 and Palm Springs Drive, Altamonte Springs, 6:30 p.m.

"Human Behavior for Employees," SCC's South Seminole Center, I-4 and SR 436.

Bicentennial Reception sponsored by Suburban Republican Women's Club, 7:30 p.m., Oak Harbour Club, Altamonte Springs. Awarding of Bicentennial quilt.

FRIDAY, FEBRUARY 13

Seminole South Rotary Club, 7:30 a.m., Lord Chumbley's, Altamonte Springs.

NARFE Chapter 1227, 1 p.m., First Federal of Seminole, Sanford.

Valentine Dance, 8 p.m., Fr. Lyons K of C Hall, 2504 Oak Ave., Sanford. Music by Norm Hight.

SATURDAY, FEBRUARY 14

Sanford Optimist Club Flea Market, benefit Seminole Youth Ranch, 9 a.m. to 4 p.m., Sanford Plaza. To donate contact contact Dale Coppock, Howe Ind. Area.

Senior Citizens Tour to St. Augustine. Leave Cassberry (old Ward's store) 8:30 a.m. with pick up at Sanford Civic Center, 9 a.m. Return 8 p.m.

Audubon Wildlife Films, 3 and 8 p.m., Bush Auditorium, Rollins College, Winter Park. Bush National Wildlife Refuge in Oregon.

America's Family Drug Stores

ECKERD DRUGS

7 OZ. IPANA PLUS 3 TOOTH PASTE LIMIT ONE **54¢**

ADORN HAIR SPRAY (LIMIT ONE) **1.19**

4 OZ. BRONZE CAN RIGHT GUARD DEODORANT (LIMIT ONE) **59¢**

5 CT. TWIN BLADES ON 2 SIDES PERSONNA DOUBLE II (LIMIT ONE) **59¢**

KODAK POCKET INSTAMATIC 20 CAMERA REG. 28.99 **24.88**

KODAK CHROME FILM SALE

KODAK COLOR SLIDE FILM 135-36 COLOR SLIDE FILM REG. 2.75 **2.29**

KODAK SAFETY FILM KODAK SAFETY FILM REG. 3.35 **2.69**

GLADE AIR FRESHENER YOUR CHOICE OF LIME-BERRY LEAF, EARLY SPRING-HERBAL, ROSE GARDEN... 7 OZ. **49¢**

WESTCLOX CONSTANT ALARM CLOCK 4 HOUR KEY WIND REG. 3.49 **2.19**

RIVIERA KP747 RADIO & PHONO SLIDE RULE VERNIER TUNING, 100% POWERFUL DYNAMIC SPEAKER REG. 27.95 **21.88**

BOXED AFGHAN KIT SIX SKINS OF FIVE BLENDING COLORS REG. 7.99 **5.88**

POLLENEX HAND MASSAGER MODEL 8180 HAND MASSAGER WITH DIRECTLY OR WITH FINGER TIP ACTION REG. 12.99 **10.88**

22" SELF PROPELLED LAWN MOWER 3.5 HP BRIGGS & STRATTON CYCLE MOTOR, EASY TO MOW, ADJUSTS TO 1 1/2" TO 3" FOR CUTTING REG. 11.98 **9.98**

REDWOOD & ALUMINUM FURNITURE DOUBLE TUBULAR CURVED ALUMINUM ARMS, NON-TILT CHAIR REG. 11.88 **9.88**

CAST ALUMINUM CHAR-KETTLE GRILL FAST HEAT, WHITE DRAFT SLIDES REG. 32.88 **27.88**

ELECTRIC FLEX-LINE TRIMMER-EDGER LARGE LINE GUARD, OVERALL LENGTH 56" REG. 69.99 **64.88**

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DR. CHATELIER'S CONCENTRATED PLANT FOOD MADE IN FLORIDA FOR 36 YEARS, 1 LB. BOX REG. 1.88 **1.28**

GARDEN TOOL SALE! BOW RAKE, HOE OR SHOVEL YOUR CHOICE REG. 3.69 **2.88**

19 1/2 INCH HEDGE SHEARS WITH WOODEN HANDLES REG. 4.49 **3.66**

50 QUART ICE CHEST REG. 3.99 **2.99**

5/8" REINFORCED GARDEN HOSE RUBBER VINYL REG. 8.99 **6.88**

OSCILLATING SPRINKLER #61 WATERES LAWSNS UP TO 34 FT. X 65 FT. REG. 4.49 **3.88**

METAL LEAF RAKE LONG HANDLE, RAKE IS STURDY METAL CONSTRUCTION REG. 1.99 **1.44**

FOLDING FENCE 18" HIGH X 10 FT. LONG REG. 1.99 **1.66**

ORTHO PEST-B-GONE Insecticide/rodenticide for spiders, ants, roaches, etc. REG. 1.99 **1.29**

38 FT. REWEBBING #11 WATERES LAWSNS UP TO 34 FT. X 65 FT. REG. 1.59 **1.09**

MR. COFFEE COFFEE MAKER 10 CUP DRY MADE COFFEE NEVER BITTER REG. 36.99 **29.88**

FAMOUS BRANDS 17 & 21 JEWEL WATCHES MEN'S & LADIES STYLES REG. 26.88 **22.88**

GENERAL ELECTRIC STEAM & DRY IRON EASY POUR SPOUT REG. 9.99 **9.88**

PARSON TABLE 16 X 18 1/2" HAND PLASTIC, CHOICE OF WHITE OR YELLOW REG. 4.99 **3.66**

5 GALLON GAS CAN HEAVY GAUGE STEEL REG. 4.99 **3.98**

12 INCH NEEDLEPOINT PILLOW KIT ASSORTED DESIGNS, KIT CONTAINS NEEDLES & AMPLE YARN TO FINISH DESIGN REG. 3.99 **2.88**

LADIES SCARFETTES OR SCARF HATS (REG. 1.59) BANDANA PRINT SCARFETTES, PRINT AND SOLID COLOR SCARF HATS, YOUR CHOICE REG. 1.99 **1.19**

LADIES ASSORTED CANVAS CASUALS LATEST LOOK! REG. 3.99 **2.88**

"SUPER KNIFE" 6" FILLET KNIFE FOR CLEANING AND FILETING FISH, STAINLESS STEEL BLADE-ROSEWOOD HANDLE REG. 2.49 **1.88**

16 OZ. PLASTIC TUMBLERS ASSORTED COLORS REG. 49¢ EACH **3 FOR 1.00**

MEN'S NYLON SOCKS ASSORTED COLORS REG. 89¢ **59¢**

BENLEY FLORIDA FLY FISHING LINE 1/4 LB. SPOOL ALL TESTS 6 TO 8 LB. MONO. REG. 2.39 **1.88**

PKG. OF 12 SPONGES ASSORTED COLORS REG. 29¢ **29¢**

7X4X3/4" RECTANGULAR PLANTER W/TRAY REG. 79¢ **58¢**

ZIPPO 10 OZ. LIGHTER FUEL REG. 59¢ **37¢**

PROCTOR ELECTRIC JUICER JUICE IN ELECTRICITY, NO PEELING WORK REG. 13.99 **10.88**

VITAMIN "E" 200 I.U. BOTTLE OF 100 REG. 1.99 **1.99**

GENERAL ELECTRIC 24 HOUR TIMER PROTECT YOUR HOME WHILE YOU'RE AWAY, TURNING LIGHTS ON/OFF REG. 9.99 **7.88**

5 FT. ALUMINUM STEP LADDER WILL NOT RUST OR ROT REG. 14.29 **11.88**

BERKLEY 420 REEL AND E-730 2 P.C. ROD FACTORY SPOOLED WITH TRILINE LINE REG. 15.98 **12.88**

IRONING BOARD ALL METAL, PERFORATED TOP, ADJUSTABLE REG. 7.99 **5.99**

16 OZ. PLASTIC TUMBLERS ASSORTED COLORS REG. 29¢ **29¢**

ZIPPO 10 OZ. LIGHTER FUEL REG. 59¢ **37¢**

BRECK SHAMPOO 15 OZ. REG. 1.48 SALE PRICE REFLECTS 40% OFF LABEL LIMIT 1 **1.09**

CONVAC COLD CAPSULES PAK OF 10, LIMIT ONE **93¢**

WELLA BALSAM INSTANT HAIR CONDITIONER, 4 OZ. REG. 1.29 **1.29**

OUR STORE IN CASSELLBERRY IN SEMINOLE PLAZA IS NOW OPEN 24 HOURS.

ECKERD DRUGS

PEOPLE TRUST ECKERD'S FOR QUALITY PRESCRIPTIONS AT LOW, LOW PRICES

New in the neighborhood? It's not all bad.

The Welcome Wagon hostess will help!

Call today:

SHIRLEY MILLETT 834-9212 Casselberry, Winter Springs Sanford Altamonte Springs

RUTH TUECH 834-9212 Altamonte Springs-Longwood

SHIRLEY ANN LETT 834-9212 Forest City Altamonte Springs

HILDA RICHMOND 374-3167 Deltona

Griffin, Park Win Mayfair Pro-Am



MIKE WATKINS

A Sanford doctor and an aspiring young professional carved up Mayfair Country Club's golf course to the tune of a 60 Tuesday to walk off with top honors in the Mayfair Open pro-am.

Dr. Charles Park teamed up with George Griffin for a one-stroke victory over three other twosomes. "It seemed that when I didn't have a good hole, George was there with a birdie," said Park Tuesday night. The winners played the first nine holes just four-under par, then birdied seven of the next eight holes.

SPORTS

By LOUIS SASPIS
Herald Correspondent
ORLANDO — Sanford

Haynes' Hunches

By JIM HAYNES

Price Of Fame Blows Champ For Pro-Am Amateur Champ

There were some behind-the-scenes plays to Tuesday's pro-am portion of the Mayfair Open which had the winning team squirming in the clubhouse. No, it wasn't a twosome still out on the course, or worry about an incorrect scoreboard. Seems amateur winner Dr. Charles Park was trying to figure out a way of staying in the background. "Look, I broke too many appointments today to play in this thing," the Sanford surgeon said both modestly and seriously.

Loser: 'I Was Robbed' Perez Decisions Vincent In 10

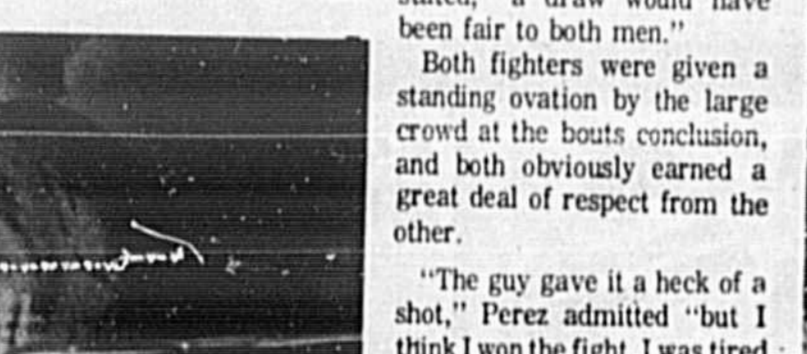
judges. But I really felt they would have given me no worse than a draw after the fight was over. Vincent's claim of a hometown decision was not accepted by the majority of the fans, most of them solid Perez boosters. Taco entered the ring to the chant of "Perez, Perez, Perez," while his cocky opponent was greeted by both boo's and cheers.

spent the first three rounds feeling each other out and looking for openings. Vincent's claim of a hometown decision was not accepted by the majority of the fans, most of them solid Perez boosters. Taco entered the ring to the chant of "Perez, Perez, Perez," while his cocky opponent was greeted by both boo's and cheers.

swamp the last three rounds for him. To see Vincent in control of the late rounds of the bout was another surprise for the power punching fighter had never been past six rounds before. Most figured he would be in by the time round eighth rolled around.



Hazard of trade, Perez get cut over eye sliced



What can loser Vincent say, except "I was robbed!"

A quick check around ringside had Vincent winning the fight on six cards, five going to Perez and two simply stated, "a draw would have been fair to both men."

Both fighters were given a standing ovation by the large crowd at the bouts conclusion, and both obviously earned a great deal of respect from the other.

NBA-ABA Loop Path Cleared

PHILADELPHIA (AP) — Now that the National Basketball Association has settled its differences with its own players, can the league now make friends with its biggest rival — the American Basketball Association?

A far-reaching out-of-court settlement Tuesday of the Oscar Robertson antitrust case between the players association and the NBA has apparently cleared the way for merger or some form of consolidation between the 18-team NBA and the seven-team ABA.

Tom Winrow did indeed open some eyes in that pre-tournament exhibition. He drove close to 340 yards, which put him up near the trap on the first hole.

Later, in the clubhouse, Winrow disclosed his longest drive was 410 yards some time ago in Chicago and later in Tucson.

"I'm afraid that's the way it goes, generally," admitted the native of Chicago. "Now some days I put it all together. But usually I just drive well." On one of these exceptional days, Winrow is capable of most anything, evidenced by his course record at his home course in Ocala (Silver Springs Shores) with a 62.

McTeer Facing NCAA Concerning Gifts, Funds

PENSACOLA (AP) — The NCAA is looking into whether high school track sensation and 1976 Olympic hopeful Houston McTeer has received gifts that would affect his amateur status, the Pensacola Journal says.

The main event saved a show that had been postponed for the preliminaries. Both Barry Vasser and Georgia Boy Nixon quit in the second round of their scheduled six-rounders.

"I'm delighted to get this affair off my hands," said Dave DeBusschere, commissioner of the ABA. "It leaves one group in opposition and if its public posture is accurate, it will be a tough outfit to badge."

Deltona Sponsors Hit Tees

DELTONA — Pairings were announced today for the Gold Spurs tournament Saturday, kicking off action toward the Feb. 13-15 Deltona Open at Deltona Country Club.

Silver Spurs Rodeo Brings Beauties, Beasts Feb. 20

KISSIMMEE — Miss America and Miss Florida — along with rodeo action, parades, a beauty contest, livestock show, fair, carnival, electric scoreboard, square dance on horseback, country western music, will be featured attractions during rodeo week Feb. 18-22.

Former Congressman Clem McSpoden of Oklahoma will be the announcer. This will be the 37th Silver Spurs Rodeo, since the wartime first in a local cow pasture on July 4, 1944. Winter shows were added in 1952.

George Doak, nationally recognized clown, will be the "bullfighter," assisted by Tommy Lucia of Weatherford, Texas. The two are charged with protection of bull riders by diverting the bull's attention.

Olympics Committee Launches '76 Plans

The Golden Olympics Committee kicked off its series of year-long monthly meetings this morning at the Greater Sanford Chamber of Commerce building in preparation for the Olympics to be held Nov. 8-13.

Losers: Lyman, Brantley, Howell, Navy

Win some, lose some. That's the story for high school basketball in Seminole County.

Tuesday night, it was Seminole and Oviedo doing the winning, with Lake Brantley, Lake Howell, Lyman and Sanford Naval Academy on the wrong end of scores.

Seminole jumped on Lake Brantley for an 81-26 score which was one of the most lopsided games in recent years at the Seminole High gym.

Griffin, Park Win

For frustrated Lyman, the loss dropped the season's record to 10-9 — six of those defeats against top-ten rated clubs.

Bing Keys East Win

PHILADELPHIA (AP) — Five years ago Dave Bing, his eyes covered with patches following an operation for a detached retina, was lying in a hospital bed when told he would never again be able to play basketball.

McTeer Facing NCAA

PHILADELPHIA (AP) — Now that the National Basketball Association has settled its differences with its own players, can the league now make friends with its biggest rival — the American Basketball Association?

Haynes' Hunches

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Seminole, Oviedo Triumph

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Lake Howell's Stan Adams points, to no avail

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Twelve was the magic number for Seminole, with Tim Raines, Tom Hollingsworth and David Wiggins each hitting that figure in the scoring column.

For frustrated Lyman, the loss dropped the season's record to 10-9 — six of those defeats against top-ten rated clubs.

Evans mentor Fred Pennington apparently enjoyed the game as much as any of the other partisans in the less-than-overwhelming "Snake Pit."

Tim Raines on Seminole defense



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WHILE THEY LAST!

RADIAL BLEMS!

Bloms meet the high standards associated with the JCPenney tire. They are tires with slight appearance variations. This does not affect their quality.

JCPenney Survivor Steel Radial. Features 2 polyester cord radial plies, 4 rayon belts, one steel belt. In the wide 70 series profile. Whitealls. No trade-in required.

Tire size	Price	+ fed. tax
AR70-13	24.88	1.98
BR70-13	27.88	2.26
ER70-14	29.88	2.74
FR70-14	31.88	2.93

Tire size	Price	+ fed. tax
GR70-14	34.88	3.08
HR70-15	37.88	3.13
IR70-15	39.88	3.35

Save \$7 on Survivor 48 battery.

Sale \$30.95 with trade in Reg. 37.95. Survivor 48 battery. Corrosion resistant polypropylene case. Available in group sizes: 24, 27, 27F, 22F, 24F, 72, and 74 to fit most American cars.

Without trade-in, add \$3. Installation at no extra charge. Drive in today. Let our mechanics check your battery charging system (no extra charge, no purchase necessary). Sale prices effective thru Monday, Feb. 9.

129.95 No. 8212A

JCPenney Citizens' Band transceiver. Covers all 23 channels. Modulation indicator, noise limiter, PA output. Operates on 12V DC negative ground.

Something Delicious Is At BUCK'S RESTAURANT

ON HUNTERS COUNTRY MISS THURS. PAPER!

Wheel alignment 4.88* Reg. 12.88

Here's what you get:

- Suspension inspection
- Set caster and camber
- Adjust toe-in
- Road test

*Most U.S. and many foreign cars. Add \$2 each for cars equipped with either air conditioning or torsion bars.

1 3/8" Super Heavy Duty Shock Absorber. Only 9.99 each

*1 1/2" diameter piston (over 1/3 more working area) for more resistance to rebound, lower internal working pressures than our regular heavy duty shocks

- 60% more fluid than our regular heavy duty shocks
- Specially engineered valving and super large piston area help provide comfort and stability
- 36% larger piston area for rebound control
- "O" ring design helps prevent fluid "blow by" and helps provide more consistent control

*than our regular heavy duty shocks. Expert installation available at extra cost.

JCPenney

"CHARGE IT" at Sanford Plaza Penneys. Auto center open Monday thru Saturday 8 a.m. to 9 p.m. Sunday 10:00-5:00 p.m.

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903 W. 3rd ST. SANFORD 322-7898

STOREWIDE SALE

NUTONE SMOKE DETECTORS \$31.73 REG. 69.95

WEISER DEAD BOLT AS LOW AS \$4.60

HINGE GUARD SECURITY PLATES \$1.13 REG. \$1.89

PLUS HUNDREDS OF UNADVERTISED BARGAINS!!!

ENTIRE STOCK AT SUPER DISCOUNTS

CLEARANCE

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W. 3rd FRENCH AVE

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HE'S BACKING THE TOURNAMENT... Mrs. Don Reagan has honor of first entrant in the Semole High Boosters Club mixed doubles tennis tournament as she uses the back of booster presbytery...

SCOREBOARD

Table with columns for Pro Basketball, Dog-Racing, College Basketball, and Pro Hockey. It lists various teams and their scores.

Connors Breezes

BOCA RATON (AP) — The second and fourth-seeded players in the \$60,000 Independent Players Association tournament...

Ex-Champs Lead Bacardi Race

MIAMI (AP) — Former champions William Buchan and James Schoonmaker have the early lead in the battle for the 1974 Bacardi cup...

Star Tryouts On Top Today

Tryouts for the Sanford All-Stars, a semi-pro baseball team, will be held today at 5 p.m. at the Crooms High field.

Enter the Evening Herald Sanford Shad Derby

Feb. 14 thru March 14. On the St. Johns River from Lake Monroe to Lake Harney. 30 days of fishing, including 5 weekends. No entry fee. Win a Boat, Motor & Trailer. Over \$2,500 in Prizes. Fresh water fishing outfits awarded weekly to angler over and under 16 who catches largest shad during the week.

Merthie, Robinson Key Old Timers' 60-54 Win

Thundering down the old wooden floor of the Sanford Middle School auditorium Monday night, the Old Timers and People's Choice battled for first place supremacy in the Sanford Recreation Department Men's Basketball League. Despite a balky clock that skipped seconds with maddening regularity, the Old Timers managed to find enough new time to trounce People's Choice crew by a decisive 60-54 margin.

Mocs Lose By 74-72

LAKELAND (AP) — The University of Southern Florida has secured a 74-72 basketball victory over Florida Southern on a buzzer-beating, desperation shot by guard Doug Adkins.

Teacher to Students: 'In The Herald Last Night...'

For the winning Old Timers, Ronald Merthie, a former South West Texas standout, dropped a total 21 points to lead his teammates. Left forward Cliff Robinson followed with 15 tallies, while Barnett Washington, once drafted by the Boston Celtics, hit eight points. Oscar Merthie added five points, and with four points came Charles Steele and Bubba Hawkins.

Doctor to Patient: 'Last Night's Herald Said...'

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA. NOTICE OF PUBLIC HEARING...

Lady at the Bridge Club: 'I read in last night's Herald...'

South Florida led 32-22 with two minutes to go in the half but held only a 36-22 halftime lead. The Brahmins immediately regained an eight-point margin in the second half and held it until a cold, a shouting spell ended Florida Southern's lead.

Businessman on Phone: 'Hello, Hank, last night's Herald said the meeting was...'

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA. NOTICE OF PUBLIC HEARING...

Now Dog Racing

NIGHTLY 8:00 P.M. MATINEES Monday Wed. & Sat. 1:45 3 TRIFECTA RACES BIG PERFECTA THURSDAY LADIES' NITE

What About You? Call Today for Regular Home Delivery 322-2611

Evening Herald

Sanford-Orlando Kennel Club

Sanford Police Benevolent Assoc. Bldg., on the lakefront. Enjoy a complete chicken dinner for only \$2.00 per person.

Entry forms available at fish camps, and local businesses. Look for the Shad Derby Poster.

TELEVISION LISTINGS AND HIGHLIGHTS

Table with columns for Wednesday, Thursday, and Friday. It lists various TV programs and their start times.

Legal Notice

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Wounds: Too Often A Ticket Home

EDITOR'S NOTE — The American Medical Association has fought before doctors knew the causes of diseases or had the tools to perform surgery without inflicting terrible pain.

Satellites To Play Dual Role

WASHINGTON (AP) — Contract General says its Marsat satellite is to be positioned over the Atlantic and Pacific Oceans after launching from Cape Canaveral.

Novelty 'Jessie's Girls Playmates'

Language cannot describe the scenes of misery and distress the soldiers endure, he writes. At one camp, scarcely a tent did not contain "one or more in distress and continual groaning, calling for relief, but in vain." Requests of this nature are as little regarded as the singing of crickets in a summer's evening.

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Advertisement for 'WEDNESDAY'S FAMILY SPECIAL' featuring 'LUCKY LADY' and 'SEMINOLE CALIBRETT'.

Advertisement for 'BARGAIN MATS EVERY DAY'.

Advertisement for 'George of the Jungle'.

Advertisement for 'ALTMAN'S MALE CENTRAL'.

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Advertisement for 'Mahogany'.

Advertisement for 'WEDNESDAY'S FAMILY SPECIAL'.

Advertisement for 'LUCKY LADY'.

Terrorism Of Longwood Family Goes On...And On...

(Continued From Page 1-A) continued auto traffic late into the night at the neighbor's and young people screaming and laughing into the hours of the morning.

"We couldn't sleep at night for all the noise and we were afraid, but the police didn't seem to care," she said.

On Nov. 3, last year, an Evening Herald reporter was called by a person who didn't identify herself asking that the reporter visit Mrs. King at a neighbor's home after dark.

Mrs. King was seeking advice on where she could go — what law enforcement agency to turn to for help. She and her husband were afraid they would be killed and she would know what had happened.

The reporter suggested the Seminole County Sheriff's Department be called and Longwood Councilman Gerard Connell was asked for assistance.

Connell was called and visited with the family and offered his personal protection, assuring he would stay with the couple at night to see that they were safe.

Another friend of the family and a long-time city resident, Woodrow Prescott, went in search of a patrolling deputy sheriff.

A deputy did arrive at the scene and filed a report. A reporter agreed to hold the story until it was determined the couple was safe from harm.

A week later, however, the King's returned from work in the early evening hours to find that their home had been firebombed and a bullet was lodged in a bedroom wall.

"Molotov cocktails" made with a soda pop bottle filled partially with an inflammable liquid and with a paper wick, had been thrown through a bedroom window.

The firebomb had miraculously caught between the windows and screen upright. Although the wick flared out, rather than exploding, the house was filled with smoke, fiberglass droplets were smoked black and the window was blackened with soot.

The Longwood police, Mrs. King said, recovered the bullet which appeared to be from a .45 caliber revolver, intact from the wall.

An assistant fire marshal told the Evening Herald that fingerprints were successfully lifted from the bottle.

"It was quiet for a while and then it all started happening again," Mrs. King said.

Last week another .45 slug was fired into the King's home at about 9:30 p.m. A neighbor heard the shot and posted herself on the front porch with a shotgun to protect the family.

"There was no use calling the police. They wouldn't do anything," Mrs. King said.

Again, Mrs. King called Councilman Connell and reported the incident to him. This time he suggested the sheriff's department be called.

King and a neighbor waited until the next day, however, and searched the attic of the frame home for the slug. They were hesitant about calling in Longwood police because it appeared the first recovered slug had been lost or was now shattered, King said.

King and his neighbor — the same woman who had posted herself with her shotgun on the front porch the night before to guard the family — did find the slug in the attic.

And they called the sheriff's department, they said.

Before a deputy arrived, however, Mrs. King said, Longwood police were on the scene and demanded the slug. The neighbor, however, had placed the bullet in an envelope and would give it only to a deputy.

Tuesday night, King said he heard a Volkswagen that "kept flying around the block."

"I told Julia there's going to be trouble tonight and then the first bullet hit the house, and then there was a second shot and the car left, skidding around the corner," King said.

Mrs. King said she called Councilman Connell first and then the police.

"When will it end?" Mrs. King said this morning. "The only official who has tried to help us is Jerry (Councilman Connell). He has been so good. The police assured us that they would arrest these people and do something about this. But, the only one they seemed interested in arresting tonight was Jerry and he was here because I called him."

"I'm not after personal publicity," was Connell's response today to questions about the incidents. "I just do not like to see people like the Kings intimidated and abused."

A report was filed with the Seminole County Sheriff's Department by Lt. Jay Leman late last night, detailing a complaint by Longwood Police Detective Frank Taylor that Connell had refused to heed his instructions to stay away from the c. line scene.

Leman's report said Connell and Longwood Mayor James R. Lorman were arguing in the street. Connell had been warned, Leman's report states that he could be arrested for "resisting an officer in the performance of his duties."

The report also says that Connell was walking through the yard of the King home with a flashlight.

"I didn't even talk to Mayor Lorman," Connell said. "The mayor was talking with Councilman (Lawrence) Goldberg. Goldberg had a flashlight, I didn't."

"When I got to the King home as Mrs. King requested, the police threatened to arrest me. I went to sit on a stoop in the front yard. The sheriff's lieutenant told me to move into the house."

"I went into the King home when I arrived to call the Sheriff's Department and then stayed on the stoop outside until the Longwood police said I could go inside again," Connell said.

The Kings spent the night with friends. Neither went to work this morning. Mrs. King is a long-time employee of Deep South in Altamonte Springs. King has been employed by the City of Altamonte Springs for 10 years as a driver in the sanitation department.

These present times of inflation can be compared with the period during World War II when we all used ration coupons.

Items such as meat, sugar and butter were rationed. These same foods are available today, but due to limited incomes and soaring food prices, we simply cannot afford much of them.

Homemakers with small children during those hard war years showed an amazing ability to not only make do, but to create tasty dishes with the little supply that was available.

They made meatless main courses, recipes low in fat and sugar, hearty soups and chowders, and above all, meals that took little time to prepare.

During those years, for the first time, women entered the work force in substantial numbers. Working fulltime jobs to relieve men for the armed forces was a patriotic gesture, but left the women little time for food preparation.

Most women today work for another reason: the average household cannot exist on one salary only.

Taking a page from history, we find that the dishes created by the gallant women of the war years can be helpful today.

A simple soup calls for four cups of boiling water, poured over four bouillon cubes; stir until cubes are dissolved. Add four tablespoons tomato ketchup, one teaspoon sugar, salt and pepper to taste and a pinch of basil. Serve in cups garnished with lemon slices and parsley flakes.

For a salad, use four tomatoes, scooping out the pulp, draining and chilling the shells. Mix together mayonnaise and ingredients of tuna, celery, cucumber and mayonnaise and

refill shells.

A vegetable, dish that is different and delicious is 10-minute cabbage. Cook five cups of finely shredded cabbage in boiling salted water 10 minutes, uncovered. Drain. Season with one tablespoon butter or oil.

Put into a small saucepan one tablespoon of butter and one tablespoon of flour. Mix well and add one cup milk. Stir and blend; cook for five minutes. Season with salt and pepper and add cabbage.

A dish rich in protein, but without meat, is a rice and peanut butter dish.

Put into a small saucepan one cup of rice, one cup of water, one cup of peanut butter and one cup of cream. Sprinkle with one teaspoon salt.

Combine ingredients. Bake in greased loaf pan 30 minutes at 375 degree oven. Serve with tomato sauce. A can of unadulterated thick tomato soup may be used instead of sauce.

Finally, for dessert, try a "War Cake."

Two-thirds cup of shortening, one cup of honey, two cups sifted flour, two teaspoons of baking powder, one teaspoon salt, one egg, one-third cup of a time, beating well after each addition. Sift flour, baking powder, and salt together, adding it to the dry mixture; then beat. Add well-beaten eggs to mixture, rest of dry ingredients and vanilla. Bake 1 hour in fat pan in 325 degree oven. Frost.

DISCOUNT DAYS **DISCOUNT DAYS**

Get your Walgreens worth!

WALGREEN COUPON
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FOR DIABETICS ONLY

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In U-40 U-90 U-100

Buy 30 get 7 FREE
Buy 120 get 28 FREE

February 4, 7, 1976

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Limited-time Sale Prices are indicated by "Sale".
Any others are our low everyday Walgreen prices.
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<p>WALGREEN COUPON Limit 1 coupon per customer</p> <p>FOAMY Shave Gillette, Choice-4</p> <p>February 4, 7, 1976. Limit 2.</p> <p>11-OZ. SIZE 79¢</p> <p>without coupon 89¢</p>	<p>WALGREEN COUPON Limit 1 coupon per customer</p> <p>PECANS WALNUTS CASHEWS BAG NUTS YOUR CHOICE</p> <p>7 oz. 10 oz. 12 oz.</p> <p>77¢</p> <p>without coupon 99¢</p>	<p>WALGREEN COUPON Limit 1 coupon per customer</p> <p>WRIGLEY CHEWING GUM</p> <p>Feb. 4, 7, 1976. Limit 2 boxes.</p> <p>6 5-stick packs 39¢</p> <p>without coupon 47¢</p>	<p>WALGREEN PHOTO COUPON</p> <p>CASCADE DISHWASHING DETERGENT</p> <p>50 OZ. (includes 20¢ off label)</p> <p>Feb. 4, 7, 1976. Limit 1</p> <p>without coupon 1.26</p>

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SAVE \$1

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A solution to pore pollution.

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CHOCOLATES

BRACH'S "To My Valentine" Heart Box

Delicious assortment of centers.

REG. \$1.99

1.79 Sale!

BEST LIQUOR BUYS

<p>CALVERT GIN</p> <p>3.99 QT.</p>	<p>CANADA HOUSE BLEND</p> <p>3.99 QT.</p>	<p>BOURBON SUPREME</p> <p>4.77 QT.</p>
<p>SCOTCH House of Stuart</p> <p>4.69 QT.</p>	<p>BUSCH BEER</p> <p>12 oz. 6-pk. non-ref. 1.29</p>	

Cook Of The Week War Year Recipes Are Helpful Now

By NANCY BLOTH Herald Correspondent

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A Touch Of Austria Contest Entrants Sought

The recipes of Austria could almost be a means of reconstructing history. Mix a little German, Hungarian and Italian, add the light touch which is uniquely Austrian, and you produce dishes that are known the world over.

When Austrians make soup, they don't just "make soup". There is always that extra touch that creates a masterpiece.

Austrian Butter Drops add glamour to any soup and they are easy to make. For the Butter Drops simply stir one egg, 2 1/2 tablespoons milk and salt to taste, into 2 oz. of flour till you have a thick batter. Let batter drip through a coarse strainer into hot fat and fry until golden brown. Drain and use as a garnish in soup.

CHICKEN PAPRIKA

1 young chicken
1 oz. of butter
1 oz. of lard
2 onions, chopped
2 tsp. paprika
1 pt. vegetable or light stock or water
1 tsp. flour
1 pt. sour cream

Cut the chicken into joints and sprinkle it with salt. Melt butter and lard in a heavy pan, add chopped onions and simmer until browned. Add paprika and stock. Bring these ingredients to a boil and then add chicken. Cover the pan and simmer chicken until it is tender (about 1 1/2 hours). Stir the flour into the sour cream and pour it slowly into the pan. Cook, with out boiling, for a further 5 minutes.

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Cigars with plastic tip by ROBT. BURNS

Reg. 27¢ 2 5 pkts. **49¢ Sale!**

We handle a full line of quality meats, fruits, vegetables, juices, etc.

Attention Senior Citizens — 50 and over! Beginning Feb. 5, and every Thursday thereafter, a dance and music fest has been designed just for you, at Sanford Civic Center, from 2-4:30 p.m. No charges are involved.



Sanford-Seminole Art Association members exhibiting at the annual Art Show and Tea, Sunday, in-lude (from left) Judy Malone, Elizabeth Berga and Miriam Van Duyn.

Art Group Show And Tea Sunday

Sanford-Seminole Art Association's 17th Annual Art Show and Tea will be held Sunday, from noon — 5 p.m. at the Sanford Civic Center.

This popular event will feature paintings in oils, acrylics and water colors, as well as crafts created by the viewers with their own hands. A special Bi-centennial award will be presented by Senkarik's Paint and Glass Co. Inc.

Juniors will also exhibit and receive awards, and non-members will show their work in a special photography section.

The public is invited to the annual cultural event and will have the opportunity to select the most popular entries by voting for favorite paintings or crafts.

Hogger Elementary School Chorus, under the direction of Marie Stumpf will sing music with a Bi-centennial flavor at 3 p.m. Jack Rossman will stroll among the viewers with his accordion, singing nostalgic songs. A drawing will be held at 3:30 p.m. for lucky ticket holders who have a chance to win art works by artists John Yeackle, E.B. Stowe, Judy Malone, Helen Hickey, Faye Siler, Phyllis Senkarik, Mildred Rabcock and Marie Richter.

Past presidents of the Association will serve as hosts and hostesses during the afternoon.

In And Around Sanford Contest Entrants Sought

Calling all girls between the ages of four and 11!

You are eligible to enter the Little Miss Valentine Contest, under the chairmanship of Mrs. Russell (Anita) Williamson, of Tri-County Roadrunners C.B. Radio Club Inc.

Little Miss Valentine will be crowned in ceremonies at the Greater Sanford Chamber of Commerce, on Feb. 14, at 7:30 p.m. Proceeds from the event will go toward air conditioning the chamber building's auditorium.

The winner will be judged by popular vote, refreshments will be served and a door-prize awarded. Dress is semi-formal.

Another big event scheduled for Feb. 14 is Beta Sigma Phi's Annual Valentine Charity Ball. The deadline for reservations, which are almost filled, is scheduled for Feb. 7.

Beginning at 9 p.m., at Sanford Civic Center ball revellers will dance to the music of the "Checkmates". The formal event will feature Eddie Rose as master of ceremonies.

For reservations and tickets, phone Evelyn Serrano, Sue Ceynowa or Jan Myers.

The children of Mrs. Lillian Vickers will honor their mother at an open house on her 90th birthday. All friends and relatives are invited to the celebration, on Feb. 8, from 3 to 5 p.m., at Sanford Women's Club. The family makes a special request — no gifts, please.

Inquiries are pouring in regarding the closed premiere performance of Ballet Guild's River Gold, on Feb. 21, at Sanford Civic Center dedicated to Mrs. Reubin Askew, who will attend the ballet, honoring supporters, and following reception. For further information, call Doris Dietrich. Incidentally, this social, cultural and Bi-centennial endeavor has attracted the interests of several television stations who have requested interviews and films of a segment of the dance drama for public service releases, preceding the performance.

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FREEZER SPECIAL

24 Pepper Steaks

5 lb. Center Cut Pork Chops

32 Pure Ground Beef Patties ^{3oz.} EACH

5 lb. Chicken Drumsticks

PLUS

Free Fryer \$23.50

Sam's Portions

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OVER 75 MEAT ITEMS IN STOCK

If We Don't Have What You Want We'll Order It

PHONE 322-2374

NEW HOURS: MON-SAT. 9 to 6

WOMEN

Evening Herald, Sanford, FL. Wednesday, Feb. 4, 1976—1B

A Working Wife Is No Disgrace

DEAR ABBY: My husband and I have been married for 16 years. He's a wonderful husband and devoted father to our two children, ages 12 and 14, but he's terribly stubborn about one thing — and that is my problem.

Three months ago he was laid off from his job (machinist at an aircraft plant), so he took a job at a local department store as a salesman. His take-home pay is about one-fourth of what it was previously.

When I suggested that I also get a job to help make ends meet, he became furious. "No wife of mine is going to work," I've heard.

I know he means well, but every time I try to discuss it with him, he becomes upset. Please help.

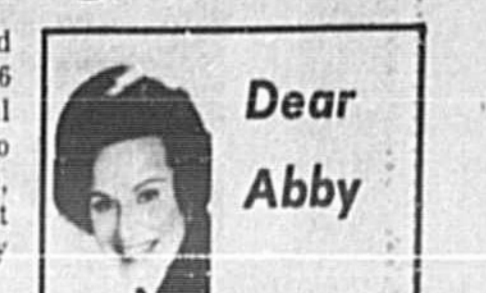
Glenda in Glendale

DEAR GLENDA: If I can help by saying that it's no reflection on a man's masculinity if his wife works — I've helped.

DEAR ABBY: My father has had a drinking problem for as long as I can remember. My poor mother is about to have a nervous breakdown because she just can't handle it any longer.

My sister and I are married and living away from home. We've both tried to talk to Dad rationally and calmly about his problem, but he won't even admit he has one.

He refuses to listen to anyone from Alcoholics Anonymous, and he says if we ask the minister to come and talk to him, he will throw him out.



Dear Abby

Please don't suggest a psychiatrist. My father would never go to one.

Abby, my sister and I are at the end of our rope. How can you help a person who won't help himself? Heaven knows we have done our share of hoping and praying.

HOPING AND PRAYING

DEAR H AND P: There is no way to help someone who refuses to help himself. One day he might admit that he needs help, and he'll call Alcoholics Anonymous. I hope so because A.A. has brought sobriety to more alcoholics than religion and psychiatry combined have.

Everyone has a problem. What's yours? For a personal reply, write to Abby, c/o The Hearst Corp., California, Enclose stamped, self-addressed envelope, please.

Write to my letters! Send \$1 to Abigail Van Buren, 322 Lasky Dr., Beverly Hills, Calif. 90212. For Abby's books: "How to Write Letters for All Occasions." Please enclose a long, self-addressed, stamped 10-cent envelope.

SAM'S PORTIONS

MEATS

118 PALMETTO AVE., DOWNTOWN SANFORD

WIN A FREE SMOKED DRY CURED VALLEY DALE HAM

JUST REGISTER FOR DRAWING AT THE STORE

Drawing To Be Held Saturday At 5:00 P.M. Winner Need Not Be Present To Win. The Winner's Name Will Also Appear In Next Weeks Ad

No Obligation To Register

CALL ...

WALL PLUMBING & HEATING, INC.

100 S. Sanford 321-4442

Special JACK SPRAT

Shoulder

Picnic Ham

3 lbs. **\$4.50**

Special Save on Chitterlings

10 lbs. **\$6.50**

Special

24 Pepper Steaks

5 lb. Center Cut Pork Chops

32 Pure Ground Beef Patties ^{3oz.} EACH

5 lb. Chicken Drumsticks

PLUS

Free Fryer \$23.50

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BEEF-LAMB-PORK-POULTRY

OVER 75 MEAT ITEMS IN STOCK

If We Don't Have What You Want We'll Order It

PHONE 322-2374

NEW HOURS: MON-SAT. 9 to 6

Publix

TASTE AND PRICE ALWAYS EASY TO SWALLOW.

A BEAUTIFUL PLACE TO VISIT... BUT THERE'S NO PLACE TO SIT DOWN!

THERE'S ALWAYS SOMETHING GOOD TO EAT!

JOLLY GREEN GIANT—WHERE ARE YOU WHEN I NEED YOU.

I ALWAYS SAY IF YOU CAN'T JOIN 'EM, LICK 'EM!

What's in the BAG from PUBLIX?

OUR BONUS TO YOU 600 EXTRA Green Stamps PLUS 950

MORE S & H GREEN STAMPS WHEN YOU CLIP & REDEEM ALL THE COUPONS ON THIS PAGE



COUPON 1

100 EXTRA Green Stamps

on purchases totaling \$5.00 to \$9.99 excluding all tobacco products

This coupon may also be used in combination with other S & H Green Stamp Coupons in this ad with larger purchases.

(Expires Wed. Feb. 11, 1976)

COUPONS 1 & 2 ARE WORTH 300 STAMPS ON A PURCHASE OF \$15 THROUGH \$19.99

COUPONS 1 & 3 ARE WORTH 400 STAMPS ON A PURCHASE OF \$20 THROUGH \$24.99

COUPONS 2 & 3 ARE WORTH 500 STAMPS ON A PURCHASE OF \$25 THROUGH \$29.99

COUPONS 1, 2 & 3 ARE WORTH 600 STAMPS ON A PURCHASE OF \$30 OR MORE

COUPON 2

200 EXTRA Green Stamps

on purchases totaling \$10.00 to \$14.99 excluding all tobacco products

This coupon may also be used in combination with other S & H Green Stamp Coupons in this ad with larger purchases.

(Expires Wed. Feb. 11, 1976)

SAVE 50c

Miracle Whip

quart jar

69¢

Limit 1 Please. With Other Purchases of \$5 or More Excluding All Tobacco Products

SWIFT'S PREMIUM PROTEIN GOVERNMENT INSPECTED, HEAVY WESTERN BEEF SALE

Steaks

\$1.89 lb.

COUPON 3

300 EXTRA Green Stamps

on purchases totaling \$15.00 to \$19.99 excluding all tobacco products

This coupon may also be used in combination with other S & H Green Stamp Coupons in this ad with larger purchases.

(Expires Wed. Feb. 11, 1976)

100 Green Stamps	100 Green Stamps	50 Green Stamps	100 Green Stamps	50 Green Stamps	50 Green Stamps
Stouffer's Frozen Lasagna 10 1/2-oz. pkg. (Expires Wed. Feb. 11, 1976)	Gillette Trac II Blades 9-ct. pkg. (Expires Wed. Feb. 11, 1976)	Morton's Frozen Sugar & Spice Donuts 10-oz. bag (Expires Wed. Feb. 11, 1976)	Alka-Seltzer (Foil Pack) 72-ct. pkg. (Expires Wed. Feb. 11, 1976)	Log Cabin Syrup 24-oz. bot. (Expires Wed. Feb. 11, 1976)	With Meat, Kraft's Spaghetti Dinner 19 1/2-oz. pkg. (Expires Wed. Feb. 11, 1976)
5. Folger's Instant Coffee 6-oz. jar (Expires Wed. Feb. 11, 1976)	6. Tuna Egg or Liver Chicken Nine Lives Dry Cat Food 22-oz. pkg. (Expires Wed. Feb. 11, 1976)	7. Kraft's Italian Spaghetti Dinner two 8-oz. pkgs. (Expires Wed. Feb. 11, 1976)	8. Kraft's Grated Parmesan Cheese 8-oz. can (Expires Wed. Feb. 11, 1976)	9. Kraft's Processed Cheese Food Sliced American 12-oz. pkg. (Expires Wed. Feb. 11, 1976)	10. Breakstone or Pollio Ricotta Cheese reg. size (Expires Wed. Feb. 11, 1976)
11. Swift's Premium Pro-Ten Beef Chuck Blade Steak 1 1/2-oz. lb. (Expires Wed. Feb. 11, 1976)	12. Swift's Premium Pro-Ten Beef Chuck Blade Steak 1 1/2-oz. lb. (Expires Wed. Feb. 11, 1976)	13. Swift's Premium Pro-Ten Beef Chuck Blade Steak 1 1/2-oz. lb. (Expires Wed. Feb. 11, 1976)	14. Swift's Premium Pro-Ten Beef Chuck Blade Steak 1 1/2-oz. lb. (Expires Wed. Feb. 11, 1976)	15. Swift's Premium Pro-Ten Beef Chuck Blade Steak 1 1/2-oz. lb. (Expires Wed. Feb. 11, 1976)	16. Swift's Premium Pro-Ten Beef Chuck Blade Steak 1 1/2-oz. lb. (Expires Wed. Feb. 11, 1976)

Dinner Entrees \$1.39	Fabric Softener \$1.99	Borden's Ice Milk 69¢	Golden Corn 29¢	Fruit Juice Baby Food 8 \$1	Joy Liquid 99¢	Pillsbury Biscuits 4 59¢	Weiner Wraps 4 \$1
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Summer Sun Collection STONWARE

This Week's Feature Feb. 5-11

Cup only 59¢

REG. PRICE 89¢

9" Vegetable Dish \$4.49

REG. PRICE \$5.49

Publix

WHEN IN PUBLIX, DO AS THE ROMANS DO.

CELEBRATE OUR ITALIAN FOOD FESTIVAL

Nothing is such an international favorite as Italian cooking. Plates of spaghetti heaping with sauce. Pizza. Lasagna. Zesty antipasto. When you visit Publix this week, you just may think you're in Rome.

Miracle Whip 69¢

1 quart jar

Limit 1 Please. With Other Purchases of \$5 or More Excluding All Tobacco Products

Iceberg Lettuce 29¢

large head

REG. PRICE 39¢

Chase & Sanborn Coffee 99¢

12-oz. can

REG. PRICE 1.19

Spaghetti Sauce 59¢

16-oz. jar

REG. PRICE 79¢

Cold Power Detergent \$1.49

1-gal. jug

REG. PRICE 1.99

White Bread 3 \$1

20-oz. loaf

REG. PRICE 3.99

Steaks \$1.89 lb.

Swift's Premium Protein Government Inspected, Heavy Western Beef Sale

Pork Loin Roast 99¢

3-1/2 to 4-lb. roast

REG. PRICE 1.49

Publix The Place for Beef

SWIFT'S PREMIUM PROTEIN GOVERNMENT INSPECTED, HEAVY WESTERN BEEF SALE

Chuck Blade Steak \$1.19

Chuck Blade Roast \$1.19

Imperial Oven Roast \$1.19

Chuck Shoulder Roast \$1.19

Short Ribs \$1.19

Ground Beef With H.V.P. \$1.19

Stokely Peaches 49¢

12-oz. can

REG. PRICE 59¢

Whole Fryers 49¢

12-oz. pkg.

REG. PRICE 79¢

Large Eggs 79¢

per dozen

REG. PRICE 99¢

Juicy Oranges 549¢

12-oz. can

REG. PRICE 79¢

Health & Beauty Aids Specials

SAVE 40c. Cleans Your Breath, Oral Antiseptic Listerine Mouthwash 79¢

for the good times

Roast Beef 69¢

Pimento Loaf 89¢

Pepper Loaf 79¢

Macaroni Salad 59¢

Always A Favorite, Kitchen-Fresh Beef or Pork Bar-B-Q Sandwiches 89¢

Fried Chicken 1.29

Italian Bread 49¢

Peach Pie 99¢

Swift's Orange Juice 4 \$1

12-oz. can

REG. PRICE 4.99

Sure Anti-Perspirant 59¢

3-oz. can

REG. PRICE 79¢

200 Year Heritage of Great American Foods

When we think of Italian cooking, we think of pasta. But did you know that the first pasta was made in Sicily in 1732? The first spaghetti was made in Rome in 1861. The first spaghetti was made in Rome in 1861. The first spaghetti was made in Rome in 1861.

Publix

THIS AD GOOD AT THESE LOCATIONS ONLY:

SANFORD PLAZA—SANFORD

LONGWOOD VILLAGE CTR.—LONGWOOD

SEMINOLE PLAZA—CASSELBERRY

BEETLE BAILEY by Mort Walker

2-4

THE BORN LOSER by Art Selson

2-4

CAMPUS CLATTER with BIMO BURNS by Larry Lewis

2-4

BUGS BUNNY by Stouffer & Heindahl

2-4

BLONDIE by Chic Young

2-4

PRISCILLA'S POP by Al Vermeer

2-4

ARCHIE by Bob Montana

2-4

FRANK AND ERNEST by Bob Thores

2-4

TUMBLEWEEDS by T. K. Ryan

2-4

In Mountains Answer to Previous Puzzle

ACROSS: 1. Large plant; 2. Mountain tree; 3. Covers some peaks; 4. Blind; 5. Derivative sound; 6. Used by some climbers; 7. Easy (Fr.); 8. U.S. mountain; 9. Negatives; 10. Indentured servants; 11. Crevice; 12. Cook food; 13. Gap between peaks; 14. Sew loosely; 15. Mountain ridge; 16. Framework; 17. Fish eggs; 18. Equip; 19. Depot (ab.); 20. Pringle; 21. Matriarch; 22. Sew loosely; 23. Mountain ridge; 24. Fish eggs; 25. Equip; 26. Depot (ab.); 27. Pringle; 28. Matriarch; 29. Sew loosely; 30. Mountain ridge; 31. Framework; 32. Fish eggs; 33. Equip; 34. Depot (ab.); 35. Pringle; 36. Matriarch; 37. Sew loosely; 38. Mountain ridge; 39. Framework; 40. Fish eggs; 41. Equip; 42. Depot (ab.); 43. Pringle; 44. Matriarch; 45. Sew loosely; 46. Mountain ridge; 47. Framework; 48. Fish eggs; 49. Equip; 50. Depot (ab.); 51. Pringle; 52. Matriarch; 53. Sew loosely; 54. Mountain ridge; 55. Framework; 56. Fish eggs; 57. Equip; 58. Depot (ab.); 59. Pringle; 60. Matriarch; 61. Sew loosely; 62. Mountain ridge; 63. Framework; 64. Fish eggs; 65. Equip; 66. Depot (ab.); 67. Pringle; 68. Matriarch; 69. Sew loosely; 70. Mountain ridge; 71. Framework; 72. Fish eggs; 73. Equip; 74. Depot (ab.); 75. Pringle; 76. Matriarch; 77. Sew loosely; 78. Mountain ridge; 79. Framework; 80. Fish eggs; 81. Equip; 82. Depot (ab.); 83. Pringle; 84. Matriarch; 85. Sew loosely; 86. Mountain ridge; 87. Framework; 88. Fish eggs; 89. Equip; 90. Depot (ab.); 91. Pringle; 92. Matriarch; 93. Sew loosely; 94. Mountain ridge; 95. Framework; 96. Fish eggs; 97. Equip; 98. Depot (ab.); 99. Pringle; 100. Matriarch.

HOROSCOPE by BERNICE BEDEOSL

For Thursday, February 5, 1976

ARIES (March 21-April 19) Leadership, judgment and initiative are your dominant qualities today. Don't let the size of a project frighten you. You should be moving behind the scenes today that you're not aware of. When they surface, they could bolster your career or finances.

TAURUS (April 20-May 20) Things may be moving behind the scenes today that you're not aware of. When they surface, they could bolster your career or finances.

GEMINI (May 21-June 20) Your enthusiasm is contagious today. It won't take much for you to arouse people. They'll jump on your bandwagon once you blow the whistle.

CANCER (June 21-July 21) A positive attitude is important for you today. If you go into a situation knowing you can win, you will.

LEO (July 22-Aug. 22) You're very persuasive today. One sure way to succeed is isolating the key person in a situation and making him your ally.

VIRGO (Aug. 23-Sept. 22) Interests which you share are very rewarding today. The aspects are excellent in projects where you contribute your talent or time.

LIBRA (Sept. 23-Oct. 23) Partnership situations look very promising today. Do what

WIN AT BRIDGE by OSWALD and JAMES JACOBY

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DEALER: WEST

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Hormones Used Against Arthritis by LAWRENCE E. LAMB, M.D.

Dr. Lamb

DEAR DR. LAMB—Will you please tell me the difference between cortisone and ACTH? I have taken both for arthritis and cortisone acts quicker but ACTH lasts longer. How safe is it to take both?

DEAR READER—ACTH is an abbreviation for adrenocorticotropic hormone, the hormone from the pituitary gland under the brain that stimulates the adrenal cortex. The hormone from the adrenal cortex is cortisone. So ACTH stimulates your adrenal gland to produce cortisone. The end result is about the same as long as you have a healthy adrenal cortex that can respond to ACTH stimulation.

These hormones are useful in selected cases of arthritis but they are not indicated in many other cases. They help relieve some of the problems from arthritis but do not cure it. Many people who take these medicines and feel great are misled because the disease may still be progressing in spite of how they feel.

Those who want information on rheumatoid arthritis can send 50 cents for The Health Letter, Number 111. Enclose a long, stamped, self-addressed envelope for mailing. Address your letter to me in care of this newspaper, P.O. Box 1551, Radio City Station, New York, N.Y. 10019.

DEAR DR. LAMB—Did you know that you can remove a tick with Vaseline? I know because that is how I remove them from our dogs. One of my friend's daughters got one on her head and they could only get half of it out with tweezers so they took her to the doctor and he just put Vaseline on it and removed the rest. I have used it to remove both black and white ticks without any trouble.

DEAR READER—It has been several months since I wrote a column on Rocky Mountain Spotted Fever and mentioned ticks. Since then I have received several letters suggesting ways of removing ticks.

As you recall, I pointed out that the preferred method was to grasp the tick by the head and chest with a pair of tweezers and gently pull on the tick until it relaxed its jaws and was easily removed.

I also received a page from a hunting and fishing column recommending the time honored method of using a lit cigarette or gasoline. Although this is widely believed, most medical authorities think this is unwise because of the possibility the tick may expel its infected contents into the bite while it is still in the agonal throes of death, thereby infecting the person. To the reader who sent me this column I can only say I base my recommendations on up-to-date available medical texts and not what I read in the fishing and hunting columns by non-medical writers. Good hunters and fishermen or those who write columns on these subjects are not necessarily health authorities. If you want health information, read the medical column. For hunting and fishing information, read that column.

Also a lady wrote to me about the treatment her folks used in Transylvania. They put a drop of oil on the tick head and he relaxed and was easily removed. Sounds like your treatment. I see no reason why you couldn't use this method if it works and if it causes the tick to relax his hold so he can be removed, it wouldn't be associated with the dangers of burning the tick.

DOONESBURY by Garry Trudeau

2-4

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Trumps: ♠

Lead: ♠ 3

Play: ♠ 3, ♠ 4, ♠ 5, ♠ 6, ♠ 7, ♠ 8, ♠ 9, ♠ 10, ♠ 11, ♠ 12, ♠ 13, ♠ 14, ♠ 15, ♠ 16, ♠ 17, ♠ 18, ♠ 19, ♠ 20, ♠ 21, ♠ 22, ♠ 23, ♠ 24, ♠ 25, ♠ 26, ♠ 27, ♠ 28, ♠ 29, ♠ 30, ♠ 31, ♠ 32, ♠ 33, ♠ 34, ♠ 35, ♠ 36, ♠ 37, ♠ 38, ♠ 39, ♠ 40, ♠ 41, ♠ 42, ♠ 43, ♠ 44, ♠ 45, ♠ 46, ♠ 47, ♠ 48, ♠ 49, ♠ 50, ♠ 51, ♠ 52, ♠ 53, ♠ 54, ♠ 55, ♠ 56, ♠ 57, ♠ 58, ♠ 59, ♠ 60, ♠ 61, ♠ 62, ♠ 63, ♠ 64, ♠ 65, ♠ 66, ♠ 67, ♠ 68, ♠ 69, ♠ 70, ♠ 71, ♠ 72, ♠ 73, ♠ 74, ♠ 75, ♠ 76, ♠ 77, ♠ 78, ♠ 79, ♠ 80, ♠ 81, ♠ 82, ♠ 83, ♠ 84, ♠ 85, ♠ 86, ♠ 87, ♠ 88, ♠ 89, ♠ 90, ♠ 91, ♠ 92, ♠ 93, ♠ 94, ♠ 95, ♠ 96, ♠ 97, ♠ 98, ♠ 99, ♠ 100.

Do-It-Yourself Mixes Were Popular A Generation Ago

Get Back To Basics With Homemade Pancake Mix

By CECILY BROWNSTONE
Associated Press Food Editor

About 25 years ago, along with other "do-it-yourself" and "togetherness" projects, putting together food mixes at home was popular. Now, in the wake of the present-day craze for the ready-made, the explosion, the idea may appeal to the current crop of young families.

If you would like to concoct a batch of Homemade Pancake Mix, you may want to try the following recipe. Tested at our house, we found it produces deliciously tender griddle cakes that are a lovely golden color.

One of the joys of our own kitchen is an electric griddle on which one can bake pancakes, usually six at a time, with the greatest of ease. There's no fuss, no bother about controlling the heat and the pancakes never stick. If you are dissatisfied with the usual use for baking griddle cakes, we strongly recommend that you consider acquiring this worthwhile piece of equipment.

HOME PANCAKE MIX
9 cups sifted flour
1/2 cup baking powder
1/2 teaspoon salt
1 cup sugar

Into a large mixing bowl sift together the flour, baking powder, salt and sugar. (Do this in two or more batches, depending on the size of your sifter.) Gently scoop mix into a storage container; cover tightly and store in a cool, dry place. Stir the mix each time before using. Makes enough for 10 batches of pancakes using the following recipe: HOME-MIX PANCAKES

CAKES
1 egg
1 cup milk
1 1/2 tablespoons corn oil
1 cup Home Pancake Mix, see above

In a medium mixing bowl, with a fork, beat egg just until yolk and white are combined. Add milk and stir to blend. Add oil and Pancake Mix and stir until dry ingredients are moistened; disregard lumps—they will disappear during cooking. Pour a scant 1/4 cup of the batter onto a lightly oiled hot griddle—300 degrees if an electric ultral is used. Bake until bubbles break on top and the bottom sides are browned. Turn and brown other sides. Serve with pancake syrup. Makes 10 four-inch medium-thick pancakes.

DINNER FOR SIX
Seafood Cocktail
Teriyaki Casserole
Orange Compote
TERIYAKI CASSEROLE
1 Boneless sirloin or top round steak (about 1 1/2 pounds)
3 tablespoons peanut or vegetable oil
1 clove garlic, halved
1 large onion, sliced and separated into rings
1 large green pepper, halved, seeded and sliced
1 large red pepper, halved, seeded and sliced
1 large zucchini, tipped and sliced
1 large yellow squash, tipped and sliced
1/2 pound mushrooms, sliced
1 large carrot, pared and cut into thin sticks
1/2 cup soy sauce
1 cup sake or dry sherry
1 package (1 pound) fine noodles, cooked and drained

Cut very cold steak into very thin slices with a sharp knife. Heat oil with garlic until very hot in a large skillet; remove garlic; brown beef quickly, a few pieces at a time; remove. Add onion rings; saute 2 minutes; add pepper slices, zucchini, yellow squash, mushrooms and carrots; saute, stirring constantly, until vegetables glisten and have bright color; add soy sauce and sake or sherry; cover. Cook 5 minutes, or until vegetables are crisp-tender; remove from heat; stir in reserved steak. Arrange cooked noodles in an 8-cup shallow casserole; add meat and vegetables and mix with noodles. Bake in a moderate oven (350 degrees) 15 minutes or until bubbly-hot. Makes 6 servings. (This is one of the favorite recipes of Marie Walsh who edited Family Circle's "301 Splendid Casseroles," available in supermarkets until the end of February.)

SATURDAY REFRESHER
Poppseed Cake Coffee
SUE GELLMAN'S
POPPSEED CAKE
3 cups sifted flour
1 1/2 teaspoons baking soda
1 teaspoon salt
4 eggs
2 cups sugar

1 and 1/2 cups corn oil
1 teaspoon vanilla
1 1/4-ounce can evaporated milk, undiluted
12-ounce can poppyseed filling
1 cup finely chopped walnuts

oven until a cake tester inserted in center comes out clean—70 minutes. (If cake browns too much toward end of baking, place a sheet of foil on top.) Let stand on wire rack for 10 minutes. Loosen edges and turn into a greased and floured 10-inch angelfood cake pan and bake in a preheated 350-degree oven until a cake tester inserted in center comes out clean—70 minutes. (If cake browns too much toward end of baking, place a sheet of foil on top.) Let stand on wire rack for 10 minutes. Loosen edges and turn into a greased and floured 10-inch angelfood cake pan and bake in a preheated 350-degree oven until a cake tester inserted in center comes out clean—70 minutes. (If cake browns too much toward end of baking, place a sheet of foil on top.) Let stand on wire rack for 10 minutes. Loosen edges and turn into a greased and floured 10-inch angelfood cake pan and bake in a preheated 350-degree oven until a cake tester inserted in center comes out clean—70 minutes. 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Public Works Bill May Provide Windfall

Federal Funds May Aid Downtown Sanford

By AUDIE MURPHY
Herald Staff Writer

The Sanford City Commission held a special meeting today to discuss a public works bill in Congress that may provide the city with a multi-million-dollar windfall.

Commissioners unanimously passed a motion directing City Manager W. E. Knowles to work with Seminole County officials to get the county designated an economically distressed area under the criteria of the Economic Development Administration; and a motion that formally calls for the city to proceed with plans to build a new city hall.

A site for the new city hall was not designated in the motion.

In discussing projects that may be subjects of grant applications, commissioners suggested the new city hall, a municipal drainage project, and Downtown redevelopment, although differences of opinion arose on which projects should have top priority.

According to Knowles, other projects that could be funded under the public works bill include regional detention facilities, sewer treatment facilities, low-cost housing, regional sewer treatment facilities and street paving.

Mayor Lee P. Moore said Wednesday, the grants will be distributed on a "first-come-first-served basis," and the purpose of today's meeting was "to get our house in order so we can get in line for our share."

The bill, HR 5247, which has been passed by both houses of Congress, provides up to \$6 billion for public works projects, according to Jeno Paulucci, a prominent Sanford property owner.

Contacted in Duluth, Minn., today, Paulucci said, "I believe that if Sanford puts together a plan and we can set up a liaison with Washington, we might well influence the Department of Commerce to set aside funds for Sanford."

According to Paulucci, the bill is expected to be voted by President Ford, but an override of veto also is expected.

Paulucci said projects that could be funded under the bill's provisions include a new city hall and parking facilities, as well as other public facilities.

"The bill provides the funds for areas where unemployment is at least ten per cent, but I understand unemployment in the Sanford area is considerably higher than that."

Paulucci said, in applying for the funds, city and county officials could use the redevelopment plan drawn up by the Downtown Development Council.

The DDC plan, drawn up by Sara Jacobson and Mrs. Shirley Moak, calls for restoring Sanford's Downtown buildings to their original Victorian design, as well as recruiting programs to draw new businesses to the Central Business District, and training programs for businessmen.

"In December, I was urging the (Seminole county) commissioners to apply for Economic Development Administration grants," Paulucci said. "But those were 50 per cent grants. Now, with this new bill, I'd rather they go for the 100 per cent grants."

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Terrorist Arrest Expected

By DONNA ESTER
Herald Staff Writer

LONGWOOD — An arrest of the person responsible for firing gunshots into the home of Mr. and Mrs. Linton King Tuesday night is imminent, Police Sgt. Greg Manning said today.

Manning said the shots fired into the 310 E. Church St. home of the King couple was the latest in a series of harassment of the family that included other incidents of guns being fired at the frame house and a firebombing.

Processing of evidence in the case at the state crime laboratory in Sanford was to be completed today.

Linton and Julia King, Tuesday night, told the story of the terror in which they have lived for the past five months since they reported to police in September about 30 carloads of young people nightly visited and left a neighboring home in the early morning hours in a noisy manner.

Their home was hit by chunks of concrete, BB's, a "Molotov cocktail" and two separate incidents of gunshots fired into the house from outside.

The Kings said they have feared for their lives.

Meanwhile, Charles Edward Jones, 22, of 374 E. Warren, Longwood, who faces trial next week on an arson charge stemming from a Nov. 10 firebombing at the King residence, was in county jail today in lieu of \$10,000 bond on forgery charges.



JDC AWARDS PRESENTATION

Pictured above, from left, Bureau of Detention Superintendent Tom Fay presents Outstanding Youth Service awards to Sanford Optimist Club President Dale Coppock, V.F.W. Auxiliary President Josephine Lee, and Lois Martin, Man Power Planning at an open house held Wednesday night at the Juvenile Detention Center. In the photo at the left, Ed Health, youth services intake counselor (left), presents outstanding service award to special guest Judge Virgil R. Conkling, chief judge of 18th Circuit and judge of 18th circuit juvenile division for Seminole County. Also receiving awards at the ceremony were Detention Center staff workers Steve Sweet, Rick Galloway and Mike Galloway; and members of the Detention Center Auxiliary Board. (Herald Photos by Bill Vincent Jr.)

She Gets Probation - If She Moves Out

By BOB LLOYD
Herald Staff Writer

Circuit Court Judge A. J. Hosemann Jr. said today he hopes he's put an end to a five-year-old neighborhood "feud" broken at her home, she pleaded guilty to a lesser and included offense from a woman on trial for aggravated assault in connection with an Oct. 23 incident in which she allegedly threatened to shoot a neighbor with a shotgun.

Mrs. Alan C. Lee, 43, of 522 Foothill Way East, pleaded guilty to attempted aggravated assault after Assistant State Atty. Claude Van Hook rested the state's case in Mrs. Lee's two-day jury trial.

Judge Hosemann discharged the six-member jury after accepting Mrs. Lee's plea and waiver of continuing the trial.

Van Hook said the prosecution negotiated the plea with the understanding that Mrs. Lee gets probation on the misdemeanor plea she will move away from the Casselberry neighborhood as soon as possible.

In entering the guilty plea, Mrs. Lee agreed with Judge Hosemann that there have been "serious problems" between herself and neighbors.

She claimed she'd been continually harassed by neighbors since she moved into the neighborhood in August 1971. "I've tried to be friendly but I haven't been accepted," she told the court.

Today, while entering her plea, Mrs. Lee denied that she has a gun. She claimed her husband, who is on a Mediterranean cruise with the U.S. Navy, had a gun but sold it to a hunter "about a year ago."

There was testimony in the trial that Mrs. Lee had displayed a butcher knife in her front yard.

Mrs. Lee, who has no children, said today that she does have a trained K-9 dog at her home.

Judge Hosemann told her he intends to put her on probation with the condition that she and her husband sell or rent their house and move from the neighborhood.

The court withheld adjudication of guilt on the attempted aggravated assault plea and ordered probation and parole authorities to make a pre-sentence investigation.

Judge Hosemann told Mrs. Lee she is now on temporary probation with the conditions that she must not own or possess any knife, gun or deadly weapon; must not be outside her house with any butcher knives; and must have no contact by telephone, mail or in person with her neighbors.

"I'm trying to get peace in the neighborhood until we can get the situation corrected," Hosemann said. He asked that Mrs. Lee's neighbors also refrain from any contact with her.

Defense attorney J. Thomas Bowden gave the court documents showing Mrs. Lee is on the waiting list for on-base housing at the Mayport Naval Air Station at Jacksonville.

Mrs. Lee said she wants to sell the house as soon as her husband returns from the cruise in August. "I can't take any more in that neighborhood," she said.

Today

- Around The Clock 4-A
 - Bridge 3-B
 - Calendar 2-A
 - Comics 3-B
 - Crossword 3-B
 - Editorial 4-A
 - Dear Abby 7-A
 - Dr. Lamb 3-B
 - Horoscope 3-B
 - Hospital 5-A
 - Sports 3-B
 - Television 4-B
 - Women 6-8-A
- WEATHER**
Wednesday's high 73, today's low 45.
Details and tides on Page 5-A.



JDC AWARDS PRESENTATION

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Party Delegates Sought

Affidavits for those wishing to become delegates to the 5th district caucus will be at Palatka Junior College in Palatka while the 9th district caucus will be at Palatka Comprehensive High School in Dade City. Four delegates will be elected from each of these districts, Mrs. Reynolds said.

Mrs. Reynolds also noted that the party is conducting a training school for precinct workers at 8 p.m. next Wednesday in Courtroom A at the Seminole County courthouse, Greg Farmer, administrative aide to Ann Cramer, chairman of the state Democratic committee, will teach organization of precincts at the training school.

Mrs. Reynolds said anyone interested in becoming involved in Democratic party affairs is invited to attend.

with the chairman of the congressional district coordinating committee by 5 p.m., Feb. 17.

Affidavits may be obtained by contacting Mrs. Reynolds at 906 French Ave. or Cable at 339-4963.

Mrs. Reynolds said, in the party's continuing effort to open participation in the national convention to rank and file Democrats, anyone desiring to become a delegate has an opportunity to do so.

Those interested should fill out an affidavit of support for the presidential candidate of his or her preference and file the affidavit with Rod Cable of 27 Longwood, chairman of the local Democratic committee, or

The 4th and 5th congressional districts will be having district caucuses to select delegates to the national convention beginning at 12 noon on March 27.

The caucus for the 4th district will be held at Palatka Junior

Until Sidewalks Can Be Built Seminole School Busing Continued At Sterling Park

By SCOTT ABRAHAM
Herald Staff Writer

Following a detailed explanation of future construction scheduled for Sterling Park subdivision, Seminole County school board members approved Wednesday night a motion to continue courtesy busing for students living within two miles of Sterling Park Elementary School.

Parents requested the busing be continued because sidewalks — referred to also as bicycle paths during the discussion — had not yet been built.

The busing will be continued for the entire year, or until such time as the board takes further county-wide action on the proposed courtesy busing policy the board is currently studying.

Sterling Park Elementary has undeveloped area surrounding it at the moment, but temporary sidewalks from the east end of Eagle Circle to the school should be in place within "four or five months," according to the developer.

Heavy construction equipment in the area in the coming months will also make courtesy busing advisable, sidewalks or no sidewalks, the board was told.

With no capital outlay projects to approve and no risk manager discussion, the board members zipped through the agenda in record time.

The light agenda included presentations by Don Bobo on the progress of studies in the Grove School in a Harmonie Springs, and a presentation by Robert Carlton, director of the county's autistic child program.

Bobo reported a survey revealed that 81 per cent of the students completing the program at the Grove School were presently "copying in the drug-free manner."

The Grove School provides an alternative school environment for Seminole County students who find themselves in drug-related difficulties. It is funded in part by the school system and the federal government, with most of the money being supplied by the federal program.

After his report, Bobo requested that the board give future consideration to continue funding a teaching position at the school through the 1976-77 school year. He said continued federal funding is expected to keep the school open.

Carlton was joined in his presentation to the board by two parents of autistic children, who

stated they felt the program had helped their children immensely and who stated their gratitude to the board for its support of the Grove School.

Autistic children are not retarded, Carlton explained, but if they exhibit the normal range of intelligence expected in any population sample. Extreme behavior difficulties mask the intelligence, he said.

The Seminole County program is one of only three in the state. Orange County and Duval County also have the program.

Six students are currently enrolled in the program, Carlton said. The school center is located at Woodlands Elementary School in Longwood.

The students in the program, aged 5-13, have made significant progress this year in the areas of feeding themselves, toilet skills, controlling temper tantrums, individual academic skills and social interaction skills, Carlton said.

In other action, the board directed purchasing agent Don Coleman to bid a purchase order for gym lockers at Sanford Middle School to include built-in lockers.

Coleman had wanted the board to approve a low bid that included external padlocks instead of the built-in variety. The bid rejected by the board would have required additional negotiations to include the built-in lockers.

Assistant superintendent for business and finance Roger Harris reported that a committee meeting had been scheduled for Monday at 4:00 p.m. to discuss recommendations to be made to the board regarding the hiring of a risk manager to administer the county's insurance contracts.