

Sanford Herald

Serving Sanford, Lake Mary and Seminole County since 1908

87th Year, No. 77 - Sanford, Florida

NEWS DIGEST

INSIDE

Sports

Winter Springs man top skier

WINTER SPRINGS — Carl Roberge has been chosen the AWSA 1994 Male Athlete of the Year by the American Water Ski Association.

See Page 1B

People

How to transport food

Transporting holiday food can cause illness unless the food is properly handled, according to Barbara Gregg. In her Consumer Focus column today, Gregg gives readers safety hints on traveling with foods.

See Page 3B

Special this Sunday

Sanford commission race

A complete report on the two candidates seeking the Sanford City Commission District 3 seat in the Dec. 6 election will be profiled in this Sunday's edition of the *Sanford Herald*, along with the Herald's editorial endorsement.

BRIEFS

Drug arrests

FERN PARK — Three men were arrested by members of the City/County Investigative Bureau (CCIB) at trailer park on U.S. Highway 17-92 in Fern Park last night. Sheriff's deputies reportedly charged them with sale and delivery of a controlled substance. They said the suspects are accused of trying to sell three and a half pounds of marijuana to agents for \$1,025 per pound. Suspects arrested include Carlos Hadid, 25, 160 Dublin Drive, Lake Mary; Alejandro Lopez, 19, 716 W. Puebco Court, Lake Mary, and Matthew Younglase, 21, South Highway 17-92, Fern Park.

Deputies said a total of seven and a half pounds of marijuana was found in the trailer, and a 9mm handgun in a nearby pickup truck.

Lopez and Younglase were to make their initial court appearance this afternoon. Hadid was released after posting \$5,000 bond.

Escaped nabbed

ALTAMONTE SPRINGS — Sheriff's deputies say 28-year-old John Graham was to make his initial court appearance today. He has been charged with one count of escape.

Sheriff's investigators arrested Graham at approximately 5:30 yesterday afternoon in the Hidden Springs Apartments near Altamonte Springs.

Sheriff's spokesman Ed McDonough says Graham was reportedly serving a five year term for grand theft auto when he escaped from the Florida State Correctional Institution in Orange County.

He is also said to be a suspect in a series of burglaries and auto thefts in Orange and Seminole Counties since his escape.

WHAT'S HAPPENING

To-Do Weekend Guide

• Friday — Nov. 18 — A Spirit for Kids Toy Drive will be held at Cafe Jake's, 112 E. First Street in downtown Sanford. Live entertainment will be featured. Guests are asked to bring a toy as the price of admission. The event is scheduled to begin at 6 p.m.

• Saturday & Sunday — Nov. 19 & 20 — The 18th annual Longwood Arts and Crafts Festival will be held from 10 a.m. until 5 p.m. each day in Longwood's historic district near Church and Warren Avenues and Wilma Street.

The festival is sponsored by the Central

See Guide, Page 5A

Compiled from staff reports

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What a weekend for a festival!



Today: Becoming partly sunny. High in the mid to upper 70s. Northwest wind 10 to 15 mph.

For more weather, see Page 2A

Critical eye on TV

Schools, parents teach kids viewer discretion

By VICKI DESORMIER
Herald Staff Writer

SANFORD — Parents, teachers and the cable TV industry are joining in efforts to control the effects of television violence and commercials on young people.

In Seminole County, students are being taught to view television, the other media and all aspects of life with a critical eye.

"We are teaching critical thinking skills across the whole curriculum," said Dr. Marion Dailey, executive director of instructional services for the

district. "We are hoping students will take a critical view of all things."

The partnership's nationwide project seeks to provide families with practical ways to change how children watch the tube, how to understand the underlying reasons for different types of programs — and how to choose what kids watch.

"You have got to take a critical look at everything you see," Dailey said. "That's the message we have to get to the children."

Members of Parent Teacher Associations and executives of the National Cable Television Association and the Cable in the Classroom

organization will conduct training sessions for parents, teachers and local cable operators across the country.

"We have to expand the schools' definition of literacy to include not only reading, writing and computer tech, but also critical viewing and listening skills," said Barbara Tetherow from the Harvard Institute on Media.

Dailey said that is "absolutely true," but believes that enough is not being done to ensure youngsters are watching objectively.

"We need to continue what we're doing," she said. See View, Page 5A

Reading with parents, kids



Goldsboro Elementary School students portray characters during a reading event. Left to right, front row, Whitney Willingham, 9, Nichole Polache, 10, Karli Markovitz, 10, Sarah

Heaton, 11, and Amanda Norvell, 10. Back row, Cornelia Walker, 11, Jennifer Froman, 10, Jennifer VanGelder, 10, Donta Poyser, 11.

Herald Photo by April Kunkel

Goldsboro families view world through literature

By VICKI DESORMIER
Herald Staff Writer

SANFORD — Not rain nor wind nor dark of night could keep more than 300 Goldsboro Elementary School students and their families from reading together at Goldsboro Elementary School on Tuesday night.

Despite weather too wet for even ducks, youngsters made way for ducklings and other childhood classics as part of the "Reading is a

Family Affair" program at the school.

"We had a fantastic turnout," said principal Geraldine Wright. "We gave away goody bags and free books to the first hundred kids and those were gone in the first half an hour and we handed out 200 more bags without books. And I think there were some kids who didn't get bags."

The reading program is part of a collaboration between Goldsboro and the University of

See Reading, Page 5A

Lake Mary eyes future downtown

By NICK PFEIFER
Herald Staff Writer

LAKE MARY — Lake Mary commissioners learned what the city's downtown area could look like in years to come when planner and architect Bruce Andersen presented the first phase of his downtown Lake Mary development concept Thursday night.

He explained that the overall project would have two phases. "The first one, where I am at this point," he said, "is to identify the specific market. Secondly, if the area is identified, how then does it apply to the city and the people of that area?"

See Downtown, Page 5A

'Turn down the sound'

By NICK PFEIFER
Herald Staff Writer

SANFORD — Loud music coming from a neighbor's house can be a problem; the question is, what can be done to eliminate it?

The Sanford City Commission heard from one woman this week who told them most people are hesitant to make complaints. Thelma Thompson commented, "Older people are afraid to call the police to speak up," she said. "They're afraid of what might happen if they do."

"But I am not afraid to speak out. I want this noise stopped," she said.

Thompson lives on W. 14th Street, and told the commissioners that while the biggest problem was from loud radios in houses, the loud car radios were also disturbing the area.

She added, "Even if the police do come out to our area all they can do is tell them to turn down

See Noise, Page 5A

Wastewater treatment facility to expand

By J. MARK BARFIELD
Herald Senior Staff Writer

SANFORD — Seminole County commissioners are set to approve construction of the first expansion of the Yankee Lake wastewater treatment facility — in an effort to get the \$28 million facility operational.

The plan is to install irrigation piping from the treatment facility to 73 acres on the Yankee Lake premises to dispose of up to 365,000 gallons per day from the 2.5 mgd facility. Eventually, "reuse" lines will be extended throughout northwest Seminole County to dispose of treated wastewater.

Commissioners will consider a Public Works Department recommendation to award the construction bid to Prime Construction Co., Orlando, for \$559,000. Prime submitted a bid \$37,000 below the second highest amount. Work is expected to take six months to complete.

Yankee Lake was intended to dispose of highly-treated wastewater to a nearby wetlands system. The system was designed to "scrub" the drinkable wastewater.

See Treatment, Page 5A

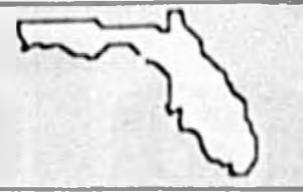
That sinking feeling



A sinkhole near the Sweetwater Club subdivision in southwest Seminole County appears to have stabilized, reports a Seminole County sheriff's deputy this morning. The hole, estimated at 80 feet wide and 55 feet deep by engineers from Ardaman and

Associates, is within 20 feet of homes and 20 feet of Hunt Club Road, closed since a storm washout Wednesday. No damage to the roadway or homes has been reported. There are no current plans to fill the hole.

FLORIDA BRIEFS



Inmate wins another stay

TALLAHASSEE — A death row inmate scheduled for execution this morning in the slaying of a Boca Raton florist has won another delay from the state Supreme Court.

The court had earlier delayed the execution of Paul William Scott, 38, from Wednesday to consider a request for a hearing on what his attorneys said was new evidence in the case.

A one-sentence order Thursday granted a new delay pending further orders of the court, and didn't indicate whether the justices would rule before Scott's death warrant expires at noon Tuesday.

If the court issues a decision after that, and denies Scott a new hearing, a new death warrant can be issued, said Mark Schlaikman, assistant general counsel for Gov. Lawton Chiles.

Scott's attorney, Martin McClain, asked the state Supreme Court to defer a hearing on evidence he said the prosecution failed to reveal to the defense. He said it showed that an accomplice, Richard Kondian, struck the blows that killed florist James Alessi.

Assistant Attorney General Celia Terenzio argued that similar claims had been considered before in unsuccessful appeals on Scott's behalf.

Scott was sentenced to death Dec. 14, 1979, in the slaying of Alessi, whose nude body was found at his home Dec. 4, 1978. Alessi had been severely beaten and died of a fractured skull.

Man gets life for killing toddler

JACKSONVILLE — A man convicted of killing a toddler by repeatedly smashing her head against a concrete patio faces a sentence of life behind bars.

Jurors deliberated only 20 minutes Wednesday before convicting Raymond Chapin IV, 33, of first-degree murder in the death of his girlfriend's daughter, 2-year-old Nina Marie Zalubski.

The beating occurred March 8 while Chapin was babysitting the girl and her 3-year-old sister.

Nina Marie died the next day of a severe skull fracture. Her sister, who was not injured, could not tell authorities what happened.

Testimony revealed Chapin and Nina Marie did not get along and that he blamed her for problems in his relationship with her mother. Witnesses also testified that the child had thrown up in his pickup shortly before she was killed.

Chapin, who did not take the stand on his own behalf, reportedly gave conflicting statements to police when questioned about the girl's injuries.

Chapin will receive a life sentence with no chance of release for 25 years. The death penalty was not an option because child abuse alone is not an aggravating factor that would qualify for capital punishment under state law.

Circuit Judge R. Hudson Olliff set sentencing for Nov. 30.

Orange test site for Army project

ORLANDO — The first venture of the Army's Project Powershares program will be to develop a high-tech emergency response system to train fire, police and medical workers.

The Army Simulation & Training Command will develop the \$1.5 million defense-conversion project to train civilians similar to how soldiers were prepared for the Persian Gulf War, officials said.

The computer system enables emergency workers to respond to simulated disasters and improve performance. Orange County is to become the first test site in August.

Brig. Gen. John F. Michitsch, commander of the Orlando-based Army Simulation Command, and Orange County Chairman Linda Chapin signed a cooperative agreement Wednesday.

"There is no limit to what it can do and where it will go," said Michitsch.

Mrs. Chapin said Orange County can be a showcase for advanced emergency management and the defense conversion technology.

The Army expects eventually to market the system commercially.

Greenpeace protests power plants

FORT LAUDERDALE — The environmental organization Greenpeace is calling on energy officials to declare a moratorium on construction of new fossil-fired power plants and to rely on renewable energy sources.

The request comes on the heels of a 50-state ranking of pollutants generated by new and proposed power plants. Florida ranks fourth in the amount of carbon dioxide emissions, a major cause of climate change, Greenpeace said.

"It is difficult for some people to visualize the impacts of global warming. Well, today all you have to do is think about Tropical Storm Gordon and multiply it many times over. Global warming means global disaster," said Jason Salzman of Greenpeace.

Florida also ranks sixth among emitters of sulfur, fifth among emitters of nitrogen and fifth among emitters of other particulates.

From Associated Press reports

LOTTERY

MIAMI — Here are the winning numbers selected Thursday in the Florida Lottery:

Fantasy 5
16-24-11-9-5



Cash 3
6-6-8

Play 4
4-2-8-9

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THE WEATHER

LOCAL FORECAST

Tonight: Fair. Low in the mid to upper 50s. Northwest wind 5 mph.

Saturday: Partly sunny. High around 80. Wind north 5 to 10 mph.

Sunday: Partly cloudy during the day and mostly fair at night. Lows in the lower 60s north to mid and upper 60s south. Highs in the lower to mid 80s. Monday: Partly cloudy with a slight chance of afternoon showers and thunderstorms. Lows in the mid to upper 60s. Highs in the lower to mid 80s. Tuesday: Partly cloudy and cooler north, a slight chance of showers or afternoon thunderstorms south.

FLORIDA TEMPS

City	Hi	Lo	Pct
Denton Beach	85	62	0%
Fort Myers	73	60	0%
Gainesville	66	62	1%
Jacksonville	64	59	0%
Key West	82	74	0%
Lakeland	70	64	0%
Miami	73	70	1%
Orlando	67	64	0%
Pensacola	78	54	0%
Sarasota	73	70	0%
Tallahassee	65	61	0%
Tampa	71	64	1%
Vero Beach	72	67	1%
W. Palm Beach	72	67	1%

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NEWS FROM THE REGION AND ACROSS THE STATE

'Thanksgiving dinner under water' Florida farmers assess damages after Gordon

By The Associated Press

MIAMI — High winds and torrential rains from Gordon's twisting path across Florida caused an estimated \$200 million in crop losses, and consumers can expect higher prices for winter produce.

"Right now much of America's Thanksgiving dinner is under water," Florida Agriculture Commissioner Bob Crawford said Thursday. "This is our prime winter production season, and we're going to need a swift federal response if we are going to salvage some of these crops."

Crawford has asked Gov. Lawton Chiles to seek a disaster declaration from the U.S. Department of Agriculture.

Besides ravaging crops, Tropical Storm Gordon spawned tornadoes and was blamed for six deaths in Florida before turning into the third hurricane of the Atlantic storm season Thursday and swirling up the East coast.

Hurricane warnings were posted this morning for the North Carolina coast from the Virginia border south to Hogue Inlet. Forecasters said they expected the storm to brush by the Outer Banks but even to turn northeast away from the coast.

Meanwhile, Florida farmers spent much of the day assessing damage in their swampy fields of mud and wilting crops.

Ed Hamilton, General Manager of A

Duda & Sons, said his company is still tallying the damage to the company's 23,000 acres near Belle Glade. Duda is the largest produce company in the southeast.

"It's going to be very costly," Hamilton said. "We know we haven't lost everything. But we've easily lost 30 percent in vegetables."

The majority of Duda's crop — 13,000 acres worth — is in sugar cane. The rest mirror other farms in the area planted with lettuce, celery, radishes, parsley and corn.

Consumers nationwide likely will feel the effects with an increase in prices. South Florida supplies about half of the country's winter produce.

Wholesale vegetables prices have already shot up, said Agriculture spokesman Bob Blankenship. He said a bushel of peppers that sold for \$10.95 last week was going for \$30 on Thursday.

The hardest hit area was south of Miami in Homestead, the same community devastated two years ago by Hurricane Andrew. Dade County had planted about 30 percent of its winter crop and probably will lose about 90 percent, said Blankenship.

Paul Di Mare, who has more than 5,000 acres of corn, squash, beans and other

produce in Dade County, said the damage was far worse than with Andrew.

"The farmers were not planted" when Andrew hit, said Di Mare, whose family has been farming in South Florida for more than 40 years. "We'll lose our crops."

Citrus growers escaped the storm relatively unscathed, said Ken Kennedy, owner and president of United Indian River Packing Inc. in Wabasso. He said delays in harvesting should not be long enough to cause the prices to go up.

Frank McCormick, owner of nearby Indian River Orchard, said a rainy season sometimes can help make for a sweeter fruit.

"It's good for the fruit as far as the quality and taste," he said. "But we don't need anymore. We're ready to start harvesting."

Farmers on the state's west coast also were affected.

Blankenship said many vegetable crops there were shredded and tomatoes, celery, radishes and sweet corn were total losses primarily due to flooding.

"It's to plant," he said. "That is the farmer's next step. He clears it off, plants it up and prays again."

Judge declares mistrial

By ADAM YEOMANS
Associated Press Writer

MONTICELLO — Prosecutors will decide whether a teenager accused of killing a British tourist at a highway rest stop in North Florida last year will get a new trial after a jury failed to reach a verdict.

John "Billy Joe" Crumite and three other teens were charged with first-degree murder and first-degree attempted murder in the botched robbery that killed Gary Colley and left his girlfriend wounded at an Interstate 10 rest stop near Monticello in September 1993.

Crumite's attorney, Mina Morgan, said her client was upset over the hung jury.

He was hoping it would be over today, Morgan said.

Crumite was sent back to the Leon County Jail where he has been in custody since his arrest more than a year ago.

The jury, which included a former classmate of Crumite's and one of his former teachers, deadlocked after deliberating about six hours. If he had been convicted of murder, Crumite faced life in prison.

Circuit Judge F.E. Steinmeyer left it up to prosecutors to decide whether to retry Crumite. He said it would probably be early next year before the 17-year-old gets a new trial if the state proceeds with the case.

Assistant State Attorney Mike Schneider had no comment after the mistrial was declared.

Another one of the suspected shooters is awaiting trial, and the other two youths have pleaded to lesser charges.

Colley, 34, was the ninth foreign visitor killed in Florida in a 12-month period.



Clean running

Louisatta and Bernard Trombley take a break from their travels to clean up their act from St. Johns, Quebec.

Citrus juice exports expected to rise

By The Associated Press

new plantings and generally good weather.

Sellers said the department's projection was based in part on declarations by individual brands that plan to participate in a department export promotion this season, when the state expects to harvest its second-highest crop on record.

Companies currently exporting juice to Europe include Citrus World, Lykes Pasco Inc., Dole, Berry Citrus, Winter Garden Citrus and Tropicana Products Inc.

"We expect orange juice and grapefruit juice exports to rise dramatically this year, with Germany emerging as a new, strong market," Sellers said.

As in the United States, non-concentrate juices are experiencing the strongest demand, he added.

Higher exports to Europe would mean the United States was making small inroads against a dominance on that continent by Brazil, the world's leading exporter of frozen orange juice concentrate.

"In 1994, we should see double-digit growth in Europe," said Terri Mc Norton, spokeswoman for Tropicana, which two weeks ago began processing fruit at its Bradenton plant for the 1994-95 season.

She said the sales growth is particularly strong in Britain, France and Germany.

MOON PHASES

FULL Nov. 18

LAST Nov. 26

NEW Dec. 2

FIRST Dec. 9

TIDES

SATURDAY SOLAR TABLE: Min. 5:20 a.m., 5:40 p.m.; Maj. 11:30 a.m., 11:45 p.m.

TIDES: Daytona Beach: highs, 8:17 a.m., 8:33 p.m.; lows, 1:56 a.m., 2:33 p.m.

New Smyrna Beach: highs, 8:22 a.m., 8:38 p.m.; lows, 1:01 a.m., 2:38 p.m.

Cocoa Beach: highs, 8:37 a.m., 8:53 p.m.; lows, 1:16 a.m., 2:53 p.m.

POLICE BRIEFS

Charges at church

A 42-year-old man was arrested on burglary and battery charges Wednesday morning after he reportedly forced his way into the parish house of Holy Cross Episcopal Church on Park Avenue. A witness reported a man later identified as Ernest Padgett, 42, knocked on the door shortly after 9 a.m. Wednesday. After the door was unlocked, Padgett forced his way in, although he was told the facility was closed, the witness reported. Police found Padgett sitting outside when they arrived. Padgett was also charged with resisting arrest when police report he walked away from them.

Shoplifting

• Anthony Antonio Smith, 33, 119 Lindsey Way, Sanford, was arrested on a shoplifting charge by Lake Mary police Wednesday afternoon. An employee of the Builder's Square on Flagg Lane reported Smith attempted to leave without paying for a \$43 switch and a \$33 circuit breaker.
 • Ruby Guerrero, 23, 3814 Michigan Ave., Sanford, was arrested on a shoplifting charge Wednesday afternoon. An employee of the K Mart on Tuskailla Road reported Guerrero attempted to leave without paying for merchandise.

Domestic violence

Shari Lynn Covey, 20, and Raymond Marshall Covey, 19, both of 320 E. Tullis Ave., Longwood, were arrested on domestic violence/battery charges Wednesday. Shari Covey reported her husband pushed her into a chair and she slapped him in response.

Only playing

Timothy Jay Turner, 21, and Mary Ann Roberts, 27, both of Lot 15, 3845 Elder Springs, Sanford, were arrested on domestic violence/battery charges Wednesday night. Roberts told a deputy they were sitting on a couch when Turner placed his legs in her lap. Roberts said she pushed Turner's legs away but he replaced them. Roberts said she scratched his back and he struck her. Although both said they were only playing, a deputy thought otherwise and arrested them.

Woman thrown to floor

Terrence Antonio Moore, 19, 30 William Clark Court, Sanford, was arrested on a domestic violence/battery charge by Sanford police early Wednesday morning. A woman reported Moore threw her to the floor and choked her.

Counterfeit cocaine

Troy Anthony Brown, 18, 1003 Mangoustine Ave., Sanford, was arrested on a charge of sale and delivery of counterfeit cocaine by Sanford police Wednesday. Police Special Investigations Unit agents report Brown sold an informant what he claimed was "crack" cocaine. Police found later the substance was not cocaine.

Warrant arrests made

The following wanted persons were taken into custody:
 • Curtis Little, 40, 900 E. Airport Blvd., Sanford, on a probation violation charge for cocaine purchase.
 • George Jason Stone, 41, 336 Lazy Acre Lane, Longwood, on a probation violation charge for attempted cocaine purchase.

Crimes reported to deputies

The following crimes were reported to Seminole County deputies:

Burglaries and thefts
 • Groco U-Haul, 4175 N. County Road 427, Longwood, 22-caliber handgun taken sometime Wednesday between 9:30 a.m. and 7 p.m.
 • 1800 block Marley Court and 800 block Norman Court, Chelsea Place subdivision, appliances valued at \$3,400 from two model homes sometime between 5:30 p.m. Tuesday and 8 a.m. Wednesday.
 • 500 S. Oak Ave., television and video tape recorder reported taken from boarding room sometime Wednesday between 5:45 p.m. and 9 p.m.



Tis the season

Both candidates for Sanford City Commission District 3 seat were spotted out in the community recently. The city election is scheduled for December 6. Left, Dist. 3 incumbent A.A. McClellan purchases a brick for \$50 from Helen Stairs, president of the Ritz Community Theatre Restoration Project. The bricks can be purchased by businesses or private citizens.



Herald Photos by Tommy Vincent

and will be used in the project containing the name of the donor. Right, Dist. 3 candidate Kerry Lyon explains his concept of a major bicycle route as part of his campaign plans to Jack Croach (left) and other members of the Greater Sanford Chamber of Commerce Economic Development Committee during a meeting this past week.

Ornament Society seeks gifts for needy

From Staff Reports

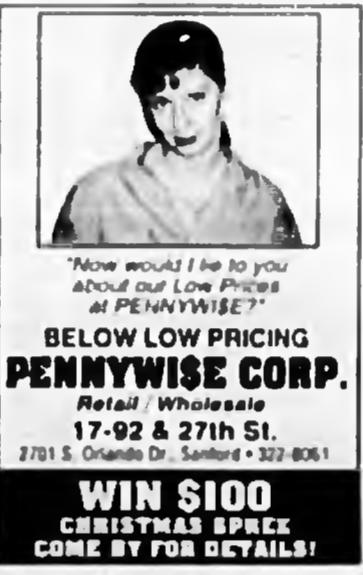
ALTIMONTE SPRINGS — The Seminole Ornament Society, a group of local business and community members who provide gifts for the needy during the holidays, has been inundated with gift requests from needy organizations this holiday season.

"We've received more requests from charitable organizations this year than any of the seven years we've been collecting gifts for the needy," said Bonnie Manjura, president of S.O.S. "Currently, we have more than 1,000 needy children, handicapped people and elderly shut-ins on our list and only 500 people volunteering to purchase gifts."

A Wish List Hot Line has been set up to take gift or monetary donations from any member of the community who would like to make the holidays brighter for the many disadvantaged people in our community who would otherwise receive nothing for Christmas. All gifts are limited to \$15. Gift suggestions are available from the S.O.S. Wish List Hot Line at 407-828-7858.

The lists of names and wish lists come from 13 charitable agencies and organizations from all over Central Florida including the Department of Health and Rehabilitative Services, Chapter I, Migrant Programs, Hospice, Good Samaritan Home for Seniors and the school board.

Since the group formed in 1988, more than 5,000 gifts have been donated to needy people in the Central Florida community. Each year, the gift drive culminates with a black tie Holiday Ball for Seminole Ornament Society members and



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EDITORIAL

Celebrating education

Although Tropical Storm Gordon prevented Seminole County students from going through a normal week, festivities were nevertheless held in keeping with American Education Week.

We are pleased that this isn't just another week on the national calendar which does little beyond the display of a poster or mention in a newsletter.

Most of our schools undertook a number of projects, many of which involved parents of their students. They did what we believe is one of the essentials in improving education, that is, expanding the responsibility to people beyond the doors of the classrooms.

As outstanding as most of them are, teachers simply can't do this alone. One person alone cannot succeed in educating a youngster. Without strong support from parents and others, it's most often a futile attempt.

Some schools observed the week by involving outside business and industry. This again, is a needed support in the educational process.

A few of the schools observed American Education Week by putting themselves on the back. We don't believe that was the true intent of this nationally recognized week. There are other observances during the year which this can (and should) be done. They include National Teacher Appreciation Day, Teacher Appreciation Week, Teacher Thank-you day, and Teacher's Day.

We can be proud of the school district and individual schools involved in expanding the responsibility of education through the various events and gatherings held during this week.

We also salute people working in other sectors who became involved in the school events. They are helping mold the citizens of the future.

We have so many weekly and monthly designations. As an example, this past week has been National Notary Public Week, National Chemistry Week, National Religious Book Week, and Radiologic Technology Week. We don't know if any special events were planned. But for American Education Week, kudos to everyone who observed it.

LETTER

Hats off

Hats off to Bobby Douglas for his astute and constructive appraisal of the need for business involvement in Sanford schools. Chamber members received an excellent report in June on a Hamilton Elementary school staff and chamber brainstorming breakfast where teachers emphasized the need for business volunteers and support at our school. Many of our students are socio-economically disadvantaged (71%). Most parents are unable to donate their time. Many of our students would benefit immensely from special time spent with a caring, responsible adult in small groups or one to one. There are numerous DIVIDEND programs in place. Volunteers are needed for everything from "art chats" to reading/math tutoring, to the MENTOR program. Even taking turns reading aloud with a child for 1/2 hour every week can have an amazing impact on a child's skills and self concept. We all know that a child with confidence and self esteem is far more likely to succeed, academic and social success leads to such confidence. Sanford need to cultivate successful productive children. The price of failure is too great a burden for all.

New schools in Seminole county are opened with computers in all classrooms, older schools languish behind. It is ironic that this oversight may contribute to why our students "cost more" than those at Heathrow or Redbug, but it may also be a reason that test scores are lower. Businesses in Sanford upgrading computer systems can make a difference by donating computers capable of running current software. People with computer skills can volunteer their time helping get computer "labs" in place. If it weren't for federally funded programs at Hamilton, most children would never get close to a computer.

I am very aware of the need for community support at our school. As a homeowner and parent, I believe we have two choices. Either we get involved in renovating our schools and making them a source of pride and attraction or we do nothing and end up with becoming "the poor relation" that we are already too often perceived as. I hope we all choose the former, the difference we can make either way is critical.

Susan Sessions
Sanford

LETTERS TO EDITOR

Letters to the editor are welcome. All letters must be signed, include the address of the writer and a daytime telephone number. Letters should be on a single subject and be as brief as possible. The letters are subject to editing.

DONNA BRITT

How could a mother kill her kids?

WASHINGTON - How could she do it?

For a few weeks, millions of Americans have imagined standing on a ramp on a deserted South Carolina lake they've never visited. Watching a 1990 burgundy Mazda slide into the dim waters, then submerge.

They've tried to fathom what Susan Smith could possibly have felt, watching the car—with her sons, ages 3 and 14 months, strapped inside—disappear.

Each time I try, I hit a wall. So do the friends who phoned me after Smith's confession. "How could she?" asked Avis, a devoted mom to 16-month-old Zachary who said she was "absolutely haunted" by the killing. "Did you see the video? Those children were so adorable.... How do you do that to your babies?"

For answers, some of us have gone to the ramp. Trying on Smith's reported problems like a set of clothes, we've gone as far as imagining will take us.

I go to the winter of my elder son's infancy, when he had a case of colic so intense that for months he cried, literally, for hours at a time. Finally, my then-husband and I walked, burped, fed, changed, rocked him and prayed. The doctor's "no big deal" didn't help. Exhausted, helpless and guilty, I had frightening fantasies of being rid of him. Later I learned such thoughts

unacted upon, are normal.

Many of us have had times when we could barely breathe, trying to figure out how we could pay our bills. Before remarrying, I, like other single moms, met good men who talked at an instant family.

From my place on the ramp, I can see Smith feeling trapped, broke, lonely. I see her enacting every parent's "going bye-bye" routine—strapping her babies into their car seats, kissing them, locking the door.

Then I look at the lake. Slamming into the wall, I ask, how could she do it?

And then blame a black man for it.

That part must have been easy, considering how well it worked; how even some report



For answers, some of us have gone to the ramp. Trying on Smith's reported problems like a set of clothes.

ers—who now say they should have known better—swallowed the story whole. Who, today, has trouble imagining a black man doing almost anything?

Former D.C. police chief Isaac Fulwood Jr. does. As soon as he heard Smith's story, he thought, "She killed those kids."

Fulwood, 53, says Smith's story never made sense, especially in the rural South, "with the whole world looking," and he adds, "I've seen too many black men accused of offenses they haven't done. It didn't smell right."

Avis, who's black, couldn't believe it. She surprised herself by realizing, "I wanted there to be a black carjacker," or anybody who "leave them alive."

Her nightmares about the case have less to do with race than with Zach with how his cheeks demand kissing, with how "he picks up a leaf and runs to show it to me."

The only good to be gleaned from Susan Smith's ultimately unimaginable crimes would be for the many who individually heard her story, and who then cried as one, to remain connected. For us to hold on tighter to our own beloved children, and, if we can imagine it, to each other.

And to know that, despite all of the agony Smith triggered that day on the ramp, her children are now at peace.

JACK ANDERSON

Is BIA auditor being shafted for honesty?

WASHINGTON — As an auditor at the Bureau of Indian Affairs, Jim Parris often posed a hypothetical question to superiors: If a private bank had mismanaged the \$2.1 billion Indian trust fund the way the BIA has, would there be criminal prosecutions?

In discussing his job with friends, Parris recently answered his own question this way: "I used to say that nobody could get away with this in the private sector. They (superiors) agreed but said this is the government. We're a federal bureaucracy."

Since 1985, Parris has confronted the government's attitude along with the mind-numbing neglect of more than 300,000 trust-fund accounts. Under BIA stewardship, millions of dollars in profits from grazing fees, oil and gas drilling, and other income remain unaccounted for. The money is supposed to be held in separate trust accounts for American Indians, but some account holders have not received a balance statement for more than 70 years.

One Treasury Department official, commenting on the fact that so many accounts have never been reconciled or audited, told a congressional investigator: "The Bureau of Indian Affairs is like a company that's gone bankrupt, and then had a life."

Now it appears that the BIA is also like a bankrupt company that shuns the messenger bearing bad news. BIA is trying to reassign — some would say fire — Parris, the director of the trust funds management division and one of the few white hats in this scandal. Parris and his wife, who are natives of the Southwest, are being asked to uproot themselves and their two high school-age children from Albuquerque, N.M., and relocate to Washington, D.C., where Parris would assume a vaguely defined position unrelated to trust fund management.

"This is not the way we are supposed to be reinventing government, by punishing the right people," said one congressional investigator who has worked closely with Parris. "The knives have been out at headquarters for Jim for two or three years. His biggest sin is that he has close working relationships with tribal account holders and they trust him to tell them what's going on."

Ironically, Parris got what amounts to his pink-slip on the very day last month that President Clinton quietly signed legislation taking the first step toward cleaning up the trust funds. The Interior Department, under which oversees the BIA, has papered over the problem for years — despite the fact that Rep. Mike Synar, D-Okl., has held live blistering oversight hearings since 1989. Incredibly, Interior officials had strongly opposed the reform bill co-authored by Synar, and even recommended that Clinton veto it.

In a scolding four-page letter to Ada Deer, Interior's assistant secretary for Indian affairs, Synar blasted Parris' transfer as a "slap at the tribes and those of us in Congress who have pushed for needed reforms," and charged it "constitutes indefensible treatment of a dedicated public servant."

Parris is at least going out in style. At a hearing last September before Synar's subcommittee on environment, energy and natural resources, Parris broke ranks with other officials by testifying that Indian tribes might decide someday to file a class action lawsuit against Interior. WHITE HOUSE WATCH — As the official responsible for refereeing disputes between bean-counters and environmentalists in the Clinton administration, National Economic Council Chairman Robert Rubin has often found himself up to his hip-boots in alligators.



Going back to Square One

You know there's an old song with a line in the chorus that goes something like "... And everything old is new again..." The title of the song escapes me at the moment, but the point of the lyrics has recently hit home with a surprising relevance to my current life status. As of November 1st, I became a member of a new old socio-economic life grouping: my second venue if you will, into that wonderful world of meat racks, pumped up pecks and silicon filled mammillary glands, laughingly referred to as the dating scene.

Yup, the divorce became finalized: I can officially and freely now look at shapely women walking by without fear of immediate yet never ending censure emanating from my wife's (ex) steely cold eyes. Heck, I can even talk to them! Boy, this is going to be the life! Now all I have to do is remind myself of the rules...

Unfortunately, as many of my co-divorce brothers and sisters may have already learned, the rules of the game have changed substantially over the intervening years since we were last on the prowl, and if anything, they've become a whole lot harder.

For instance, it used to be that a fellow could throw a compliment in the general direction of some suitable young thing, and if he was lucky enough, she would respond appropriately. In the worst case scenario however, she would find the gentleman not to her choosing, and would alternately suggest he might take a very long walk off a particularly short cliff. It was simple contract law. An offer of interest was tendered by the first party (*the male*), and it would be accepted, or not at the option of the second party (*the female*). Terms would be negotiated thereafter. Well, it's changed folks.

First, the originating party to the dating transaction may or may not be of the male gender, and should the second party to the proposition in fact be female, she is definitely not however some sweet young thing, sex object, or to be referred to in any way shape or form not specifically indicative of a person equal in stature and standing to the person making the initial offering.

Secondly, in evidencing any form of interest or attraction towards a member of the opposite sexual category, the potential for legal entanglements is a whole new wrinkle to be aware of and be on guard against by those returning to the wonderful world of singles. The specific term is called sexual harassment, and it is a strong and fearsome weapon currently in vogue for the wholesale slaughter (or at least emasculation) of the indigenous wolf population. While I've been led to believe that the art of flirting is still permissible in a diminished capacity at certain local watering holes, former expert practitioners of the craft should be strongly advised against it's incautious use anywhere else. One might end up in court for their trouble.

(Editor's note: Sorry folks, but Mr. Coe's editor began to go down hill from there. He'll be back next week however, after they release him from a short sanatorium for the incurably romantic.)



SEMINOLE OPINION

DAVID GEOFFREY COE

Now, as the thought of being hauled off to jail for the harmless pursuit of my natural albeit awkward interests reminds me somewhat of a slow death, perhaps I should digress for perhaps progress to a somewhat more personal subject: SEX. Those not hitherto familiar with my usual writing style will probably wonder what warped twist of my mental faculties has made a connection from one to the other, but the explanation is remarkably simple. When I was last in the so-called hormonal gratification market, while the possibility of contracting certain afflictions which were not generally discussed in polite society did exist, for the most part they were curable. Today my unenlightened children, we have AIDS: a surefire way to cure the overheated and boost the commodities index for latex sap. Yup, just one false and unprotected step, and whammo, you've got a one way ticket to the other side of the rainbow somewhere in the not too distant future.

Well gee wiz...talk about taking all the fun out of the whole thing...You can't converse about it, you certainly can't do it with the free abandonment you mistakenly thought marriage was going to allow you to finally get in: What's left? Heck, a body might just as well go and join up with the brothers of the holy salts of St. Peter or the sister's of the blessed sepulcher of celluloses. What's the point?

The truth of the matter my children is this: The game, truly the art of love still does, and hopefully will always exist, and grow. Each breaking dawn may bring about some new and different nuance to the way one might undertake their progression on its winding and sometimes rocky path, but in the end, the goal is still worth the risk of the pursuit. To me, it's kind of like cigarette smoking (*no, I haven't quit yet!*); or perhaps chocolate coating those pesky midges: someday, I'm going to do it right. And then all the grief and all the false starts are going to be found worth their enduring. I'm optimistic anyway...Oh and ladies: I'm also caring and adventuresome, fun to be with at part...

(Editor's note: Sorry folks, but Mr. Coe's editor began to go down hill from there. He'll be back next week however, after they release him from a short sanatorium for the incurably romantic.)

In discussing his job with friends, Parris recently answered his own question,

Trade deficit increases to \$10.13 billion in September

By MARTIN CRUTSINGER
AP Economics Writer

WASHINGTON — America's trade deficit swelled to \$10.13

billion in September as the country remained well on track to record its second-worst merchandise deficit in history this year.

The Commerce Department said the September deficit was 4.6 percent higher than a \$9.68 billion August imbalance as the deficit with China swelled to an

all-time high of \$3.49 billion. The July deficit had been \$11.19 billion.

The volume of foreign oil imports shot up to a record even though America's overall foreign oil bill declined, reflecting a drop in the price.

The country also saw imports of high-technology products

jump to an all-time high, a troubling development since this is the area where the United States hopes to make the greatest progress in narrowing the deficit by exploiting its traditional edge in advanced technology.

For the first nine months of this year, the United States is running an annual deficit in goods of \$148.8 billion, the second-worst showing on record. The all-time high was a \$152 billion goods deficit set in 1987.

The trade deterioration is coming despite the fact that President Clinton has made trade promotion a key part his foreign policy.

View

Continued from Page 1A

said. "I'm certainly not saying we don't need to do more."

Totherow conducted a training workshop at the Florida convention of the PTA on Thursday for implementing the venture.

Florida PTA President Kay Lutzier praised the initiative as a nuts-and-bolts effort to address serious concerns about TV viewing by children.

"I feel this is just what the doctor ordered," Lutzier said. "Teachers can use this information in class, and parents can apply the lesson at home."

"We aren't just worried about critical thinking with regards to the media," Dailey said. "We need to have these children doing this with everything they do at home and in school."

Dailey believes students will be less affected by the violence to which they are exposed if they are able to view it with a more critical eye.

In her training workshop — which will be repeated in hundreds of other settings — Totherow emphasizes to teachers that they have to include media awareness along with their teaching of reading and writing.

"I see the violence workshop

as a foot in the door to overall instruction of what the media is, how television and radio programs are constructed, what they are geared to," said Totherow, who is also a high school teacher of English.

"We need to get parents aware, get them to start talking about it to their children, to start asking questions, to get kids to start questioning what they see and hear — make everybody become more literate, intelligent viewers."

Elementary teachers and the PTA are seen as the keys for parent involvement in the project. Teachers in the lower grades have direct contact with many parents, even those who are not PTA members.

The younger the children, the more receptive they are to such direction, Totherow said. She pointed out that before starting school, the average child has watched 5,000 hours of television.

Using some of the workshop techniques, parents and teachers will seek to limit TV's influence by:

- Setting rules on how and when television is watched.
- "Resensitizing" the viewer by discussing the realities of

violence as a way to change perceptions.

- Teaching the reason behind the commercial messages that expose kids to everything from cereals to toys.
- Beginning new activities for children.

The television industry has a responsibility to its viewers to address some of the problems because it recognizes it has a huge impact on children and society, said Tortie Clarke, spokeswoman for the National Cable Television Association.

Information from the Associated Press is included in this report.

Reading

Continued from Page 1A

Central Florida's department of education called Project RESPECT (Regular Education, Student Service Personnel and Exceptionalities Collaborating Together).

"It's an exciting program," said Dr. David Meador, coordinator of the program. "We are able to work with the community of historic Goldsboro Elementary to provide them with the kinds of services they need."

The program, Meador said, is created by the teachers at Goldsboro and the students and faculty members at UCF. It centers around the students.

A main component of Project RESPECT is family involvement, including the family reading project and multicultural awareness pro-

grams.

"We have done a needs assessment and have tried to find programs that will meet the needs," Meador said.

Project RESPECT is teacher-driven, Meador said.

"This program is very flexible," he said. "The teachers are free to try innovative approaches, whatever will work for their students."

Wright said she is "very pleased" with the partnership between historic Goldsboro and UCF.

"It's a strong program that will benefit the students," she said. "The students are the reason we are doing this."

Meador agrees.

"The students are the focus of this project," he said. "They are the reason we are doing this."

A recent survey of parents at Goldsboro showed that the number one priority was to find ways for families to help children in school. Other priorities for parents include help with children's behavior, with child care techniques, with job training and job finding, with health care, with money management, with earning a high school diploma and with adult reading courses.

This summer, consultants recommended extending lines throughout the northwest area to allow treated wastewater to be used for irrigation of agriculture, residential yards and recreation facilities. The wastewater doesn't have to be as clean as that which is pumped to the wetlands.

The "Reading is a Family Affair" program was designed to help bring the joy of reading to families.

Information about different literacy programs was distributed at the event.

"I think there are a lot of people interested in improving their skills," said Wright.

Treatment

Continued from Page 1A

to an even higher degree before it flowed into the St. Johns River. However, the county could pump enough waste to the facility to make the system work properly, so the plant has been idled for two years.

This summer, consultants recommended extending lines throughout the northwest area to allow treated wastewater to be used for irrigation of agriculture, residential yards and recreation facilities. The wastewater doesn't have to be as clean as that which is pumped to the wetlands.

Noise

Continued from Page 1A

that no citations were issued in response to the calls.

Simmons had supplied the commissioners with a copy of the city codes dealing with loud and unnecessary noises, and an overview of the ordinance. "Since Code Enforcement is ineffective in this situation because to come into compliance all they have to do is stop the noise," he wrote, "we have referred these type of complaints to the police department as disturbing the peace."

Russell suggested that if the commission had no objection, he would instruct his officers to make a first call and issue a warning, but if there was a second call for the same address, a citation would be issued.

"Let's try it that way," said Mayor Bettye Smith, "and see what happens."

Smith agreed that such noise can be detrimental and urged that efforts be made to help control the problem.

James F. Gilfedder, Sr., 86, of Sanford, Florida, passed away on Tuesday, November 15, 1994.

He was born in New York City, a son of the late John Gilfedder and Greta Gilfedder, a mother he was devoted to. He attended various schools in New York City. He married Mary Katherine Ryan, a native of Williamstown, County Galway, Ireland, who passed away on March 11, 1956. He later married Mae Gray of Staten Island, who passed away in 1987.

He was employed with the New York Telephone Company for over 44 years, retiring in 1973. He worked as a supervising foreman, reporting to the staff of the President of the New York Telephone Company.

He enjoyed many happy times with his friends at the Pineridge Condos and at the Holiday Inn in Sanford. He also enjoyed many laughs with Harry Westhelle, who was a good friend, and with Keith. He was especially thankful to and fond of the ladies at Barnett Bank — Mary Ferguson, Susan Carter, Annette Brown and also Paul Mabry.

He was an active member in the Lions Club in Altamonte Springs, FL; was also an active member in the Kentucky Colonels, and a large supporter of Father Flannigan's Boys Town. He also was a member of the Irish Emerald Civic Society and served on many Civic organizations such as the United Way and the Red Cross.

He is survived by his son and daughter-in-law, Walter L. Gilfedder, Sr., and his wife, Linda A., of Whitesboro, NY, and his six grandchildren: James F. Gilfedder, III, and his wife, Lori, of Ocean Acres, NJ; Maureen Gilfedder and Kathy Gilfedder of Bergenfield, NJ; Frances Mary Terlop, and her husband, Joe, of Strongsville, OH; Walter L. Gilfedder, Jr., and his wife, Kim, of Ponce Inlet, FL, and Kevin J. Gilfedder, and his wife, Tracy, of Lake Mary, FL. He is also survived by six great grandchildren: Chris, Kyle and Kaitlin Terlop, Shaun, Lauren and Kyle Gilfedder. He is also survived by two sisters-in-law, Marion Gilfedder and Ann Gilfedder and daughter-in-law, Kitty Gilfedder.

He was predeceased by two brothers, John Gilfedder and Peter Gilfedder, and a son, James Francis Gilfedder, Jr.

A solemn requiem high mass will be held in All Souls Church, Sanford, FL, on Friday, November 18, 1994 at 1:30 pm. Internment will be in Oaklawn Park Cemetery, Lake Mary, FL. Funeral arrangements are by the Baldwin-Fairchild Funeral Home, Highway 46A and Rhinehart Rd., Lake Mary, FL.

God Bless the Irish, Gramps — Amen!

Downtown

Continued from Page 1A

Anderson has proposed that the area to be declared as downtown Lake Mary should be a four block area along Country Club road north of Lake Mary Boulevard, but should not include the land on which City Hall is located.

Anderson said in all of his planning and architectural work, he has determined that there are two classes for such development, Class A, which would be shopping centers, for which large volume roads and other improvements would be made.

"The second, class B, is for everyone else," he said. "the mom and pop stores, antique stores and small shops. That's what I project for Lake Mary's downtown area, and that's the way I'm aiming my planning."

He gave the commissioners a bright picture of the four block area containing two story buildings with shops on the lower floor and offices above. They would be approximately 65 feet apart, with landscaping, off-street parking, quaint walkways, shade trees, park benches, and many other amenities.

"How would something like this be built?" questioned Mayor Lowry Rockett. "Will the city have to try and attract some developer to do this?"

"This is the toughest part," Anderson replied. "The city alone can't take this on. Yet it will need to be done as inexpensively as possible."

"You have some buildings

DEATHS

JANIS S. CRUMRINE

Janis S. Crumrine, 84, Mahogany Drive, Casselberry, died Sunday, Nov. 13, 1994, at her residence. Born April 8, 1910 in Marysville, Ohio, she moved to Central Florida in 1972. She was a homemaker. She was Protos-tani.

Survivors include daughter, Janet K. Withrow, Casselberry; one grandson; two step-grandchildren; three step-great-grandchildren.

Baldwin-Fairchild Funeral Home, Altamonte Springs, in charge of arrangements.

GERARD A. DUBOIS

Gerard A. Dubois, 35, Tipton Road, Casselberry, died Tuesday, Nov. 15, 1994. Born June 23, 1959 in Lawrence, Mass., he moved to Central Florida in 1990. He was a printer. He was Catholic.

Survivors include mother, Marie Morang, Casselberry; son, Corey, Maine; brothers, Donald, Ron, both of Casselberry, George, Rochester, N.H.; Leo, Farmington, Maine.

All Faiths Cremation Service, Casselberry, in charge of arrangements.

JAMES FRANCIS GILFEDDER
James Francis Gilfedder, 86, Pine Ridge Circle, Sanford, died Tuesday, Nov. 15, 1994 at Lakewood Nursing Center, Sanford. Born Sept. 17, 1908 in New York, he moved to Central Florida in 1986. He was retired supervisor for New York Telephone Co. He was a member of All Souls Catholic Church, and

belonged to the Lions Club and Telephone Company Pioneers.

Survivors include son, Walter L., Whitesboro, N.Y.; six grandchildren; six great-grandchildren.

Baldwin-Fairchild Funeral Home, Oaklawn Park Chapel, Lake Mary, in charge of arrangements.

HUBERT JOHN EMIL MAIER

Hubert John Emil Maier, 67, Cheyenne Trail, Winter Springs, died Wednesday, Nov. 16, 1994 at South Seminole Community Hospital. Born July 29, 1927 in Germany, he moved to Central Florida in 1990. He was a truck driver.

Survivors include son, Eddie Maier, Winter Springs.

Baldwin-Fairchild Funeral Home, Altamonte Springs, in charge of arrangements.

PAUL A. BORG

Paul A. Borg, 99, Quail Court, Casselberry, died Wednesday, Nov. 16, 1994 at LifeCare Center, Altamonte Springs. Born Sept. 22, 1895 in New York City, he moved to Central Florida in the 1960s. He was a general secretary for the YMCA. He was Methodist. He was a Mason in the Joppa Lodge, New York, and an Army veteran of World War II.

Survivors include two grandsons; four great-grandchildren; one great-great-grandchild.

National Cremation Society, Winter Park, in charge of arrangements.

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Biology may influence sexual orientation

By MALCOLM RITTER
AP Science Writer

NEW YORK — A study of brains in gay and heterosexual men gives new evidence that biology may help determine a person's sexual orientation, researchers say.

Scientists found an anatomical difference between the two groups. In gay men, a communication conduit connecting two parts of the brain was thicker on average than in heterosexual men.

The parts of the brain connected by the conduit are used for understanding spoken language and perceiving objects.

The finding suggests that sexual orientation may be part of a larger package of brain characteristics, so that gay men as a group may have a different pattern of mental skills than heterosexual men, said researcher Sandra Witelson.

She stressed that her study of 21 men was small and must be confirmed by further work. She also said its results and implications apply only to groups and not individuals.

Witelson, a psychiatry professor at McMaster University in Hamilton, Ontario, discussed the work before presenting it Thursday in Miami Beach, Fla., at the annual meeting of the

Society for Neuroscience.

Studies in 1991 and 1992 reported size differences elsewhere in the brain that were related to sexual orientation.

"Witelson's study is an important addition to the growing body of evidence indicating a biological basis for homosexuality in some people," Peri Jude Radescu, executive director of the National Gay & Lesbian Task Force, said in a statement.

Roger Gorski, co-author of the 1992 study on brain differences between gay and heterosexual men, said the discovery of another difference is no surprise. "I'm sure we're going to find others," he said in a telephone

interview.

But it's not clear whether the brain differences found so far really influence sexual orientation, and they may even be results of it, he said. Nor is it clear whether the brain differences affect mental functioning, he said.

Gorski, a professor of anatomy and cell biology at the medical school at the University of California at Los Angeles, also said the size differences in Witelson's study might have been due simply to chance.

Scientists are debating what produces sexual orientation. Witelson said the idea that biology plays a role "clearly does

not mean that environment is irrelevant, but what it means is that environment is not the whole story."

Witelson and colleagues at her university and the University of Toronto's Sunnybrook Health Science Centre scanned brains in 11 gay men and 10 heterosexual men. The men were matched for age, and all said they were free of disease.

Researchers focused on a structure called the isthmus of

the corpus callosum. The isthmus runs between the right and left sides of the brain, lying roughly between the ears.

Brain scanning showed that, on average, the isthmus was 13 percent thicker in the gay men than the heterosexual men. But some of the gay men had a thinner isthmus than some of the heterosexual men, so an individual's isthmus size cannot reveal his sexual orientation, Witelson said.

Flower extract could wean smokers

By LAURAN NEERGAARD
Associated Press Writer

WASHINGTON — A chemical from a common blue flower or a popular antidepressant might one day help hard-core smokers kick the habit — without resorting to nicotine patches or gum.

"This is truly, truly exciting," said Dr. E.D. Glover of West Virginia University, who has tested anti-smoking drugs for 20 years. "This is the first time we've looked at non-nicotine products to help smokers."

Preliminary tests indicate the antidepressant Wellbutrin and the chemical lobeline, extracted from the lobelia flower, might help smokers toss their cigarettes away with milder withdrawal symptoms. One experiment even suggests Wellbutrin may be twice as effective as nicotine patches for some smokers.

Advanced clinical trials on hundreds of smokers begin this month across the country to see if the drugs live up to the promise.

"I'm hoping that by next summer we'll have some answers ... and maybe we can finally give some hope to people who can't quit smoking," said Dr. Linda Hyder Ferry of Loma Linda University, who stumbled onto Wellbutrin's potential.

"A non-nicotine, non-addictive product would have a very high degree of interest in the smoking and medical community," said Jay Wadekar, president of DynaGen Inc., which is developing lobeline under the name NicErase.

At least 70 percent of the nation's 45 million smokers claim they want to quit but can't. Other than counseling and support groups, nicotine gum or patches are the only aids available.

Yet prescription nicotine has only a 20 percent success rate at best. And doctors question prescribing the chemical blamed for addicting smokers in the first place and linked to heart disease

and other ailments.

Ferry hit upon Wellbutrin's anti-smoking potential when she noticed that smokers who can't quit are more likely to be depressed. In her spare time she studied 42 hard-core smokers at a Veterans Administration hospital.

A startling 50 percent who took Wellbutrin for six weeks quit smoking for at least two years, compared with none among those who were given a placebo.

Intrigued, Wellbutrin manufacturer Burroughs-Wellcome asked about smokers who are not depressed, so Ferry studied 190 of them. Forty percent of Wellbutrin takers quit in the first month, versus 24 percent for a placebo. But by the end of a year, those rates dropped to 29 percent and 22 percent, respectively.

Now Burroughs-Wellcome is studying 600 patients to clarify Ferry's results. It notified the Food and Drug Administration of Wellbutrin's potential, and plans to test it in combination with nicotine patches.

"I don't think there's such a thing as a magic bullet," cautioned company pharmacist Andy Johnston. "We hope it will work better than the patch, but we have not answered that question."

Lobeline isn't as far along. In fact, the FDA banned its over-the-counter sale last year because nobody had ever proved the weak, oral dose sold ever worked.

Now DynaGen is hunting that proof, and says stronger pills that dissolve under the tongue directly into the bloodstream appear effective. Of 160 smokers tested for six weeks last summer, 36 percent on lobeline abandoned cigarettes for at least a month, an FDA requirement for effectiveness. Only 21 percent who took a dummy pill quit.

It decreased withdrawal symptoms by giving a buzz

similar to nicotine, one patient said.

"The actual pill you take was very noxious. It's extremely bitter," said Ronald Benak of Fort Myers, Fla., a 20-year smoker who hasn't had a puff since taking his first lobeline pill in June. But, he said quickly, "my body was tingling. I felt really good."

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Nobody knows for sure how either drug works. But Wellbutrin is believed to stimulate dopamine, a brain chemical involved with addiction, by causing the feel-good response to such drugs as nicotine. Lobeline, which once was standard therapy for stimulating breathing in sick newborns, may block the brain's nicotine receptors.

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CENTRAL BAPTIST CHURCH
Proudly Presents
PASTOR JERRY SUTTON
Sunday, November 27th
At Our 6 PM Service



Dr. Sutton is minister to a church in Two Rivers, Tenn. He is seen each week on Nashville's WKRN, Channel 2, he explains his ministry. "My primary responsibility is to proclaim clearly the gospel of the Lord Jesus Christ. Second, I have been called to build this church based on the principles found in the Word of God. And third, I have been called to provide direction and oversight to the staff and lay leadership." Dr. Sutton's family includes his wife, Fern, and two daughters, Ashli and Hilary.

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Sports

IN BRIEF

LOCALLY

Junior Magic League signups

SANFORD — The Boys' and Girls' Club is now registering boys and girls between the ages of 8 and 15 for its Junior Magic Basketball League.

Registration is available through today, Nov. 18, at the Boys' and Girls' Club on Prestonwood and the Midway Boys' and Girls' Club on Hwyway. Players may register between 5 and 6 p.m. The registration fee is \$10 per player.

State and female coaches also are needed.

For information, call 330-2456 (Prestonwood Avenue) or 324-5681 (Hwyway).

Sanford Youth Basketball

SANFORD — The Sanford Recreation Department is offering youth basketball for boys and girls under 15 years of age.

Cost is \$10 and everyone makes a team.

Tryouts will be held Saturday, Nov. 19, at the Sanford Middle School Gym. The tryout schedule will be 9 a.m., boys 11 and under; 10:30 a.m., boys 12 and 13, noon, girls 15 and under; 1:30 p.m., boys 14 and 15.

League age cutoff date is August 31, 1994.

For more info, call 330-5697.

Altamonte Little League

ALTAMONTE SPRINGS — The Altamonte Springs Little League will be registering boys and girls for its spring program tomorrow, Nov. 19, between 9 a.m. and 2 p.m.

Players between the ages of 5 and 18 may register at Milner Middle School, 1725 County Road 427 in Longwood or at the Wal-Mart located near the intersection of State Roads 434 and 436 in Altamonte Springs.

The registration fee is \$30. All players should be accompanied by a parent or legal guardian and must bring their birth certificate and proof of residency.

For information call 672-6550.

WHAT'S HAPPENING

TODAY

JUCO Women's Basketball

■ Lady Raider Classic at Seminole CC: Brevard CC vs. Pensacola JC, 6 p.m.; Seminole CC vs. Tallahassee CC, 8 p.m.

Girls' Basketball

■ Lady 'Noles Classic at Seminole: Lake Brantley vs. Cocoa, 4:30 p.m.; Spruce Creek vs. Lake Howell, 6 p.m.

■ Lyman at DeLand JV, 5:15 p.m.; V, 7 p.m.

Boys' Basketball

■ Oviedo Tip-Off Classic: Seminole vs. Titusville, 6 p.m.; Oviedo vs. Titusville-Astronaut, 7:30 p.m.

■ Lake Mary at Leesburg Tip-Off Classic

■ Spruce Creek Tip-Off Classic: Lyman vs. Atlantic, 6 p.m.; Spruce Creek vs. Pine Ridge, 8 p.m.

■ Lake Howell and Lake Brantley at Bishop Moore Tip-Off Classic

Girls' Soccer

■ Lyman at Lake Mary, F, 4:30 p.m.; JV, 5:45 p.m.; V, 7:30 p.m.

SATURDAY

Women's Baseball League

■ Sanford Ice at Florida Tornadoes, 1 p.m.

JUCO Men's Basketball

■ Seminole CC at St. Petersburg CC, 7:30 p.m.

JUCO Women's Basketball

■ Lady Raider Classic at Seminole CC: Third-place game, 1 p.m.; Championship game, 3 p.m.

Girls' Basketball

■ Lady 'Noles Classic at Seminole: Deltona vs. Lake Brantley-Cocoa winner, 1 p.m.; Bishop Moore vs. Spruce Creek-Lake Howell loser, 2:30 p.m.; Seminole vs. Spruce Creek-Lake Howell winner, 4 p.m.

Boys' Basketball

■ Oviedo Tip-Off Classic: Seminole vs. Titusville-Astronaut, 6 p.m.; Oviedo vs. Titusville, 7:30 p.m.

■ Lake Mary at Leesburg Tip-Off Classic

■ Lyman at Spruce Creek Tip-Off Classic

■ Lake Howell and Lake Brantley at Bishop Moore Tip-Off Classic

■ Orangewood at Tampa-Bayshore, 6:30 p.m.

Girls' Soccer

■ Daytona Beach-Seabreeze at Lake Mary, JV, 5 p.m.; V, 7 p.m.

■ Lake Brantley at Bishop Moore, JV, 5 p.m.; V, 7 p.m.

BEST BETS ON TV

PRO BASKETBALL

■ 7:30 p.m. — SUN, New Jersey Nets at Orlando Magic, (L)

Complete listings on Page 2B

1994 Athlete of the Year

AWSA selects Winter Springs resident Roberge

Special to the Herald

WINTER HAVEN — Open division water ski competitor Carl Roberge of Winter Springs was selected as the American Water Ski Association's AWSA 1994 Male Athlete of the Year.

Kristi Overton from Greenville, N.C., also an open division competitor, was named the AWSA Female Athlete of the Year.

Roberge started his 1994 tournament season with a win in the men's slalom and a third-place finish in jumping at the Orlando meet, the Pro Tour's first stop of the season.

He continued his winning streak at Phoenix, placing first in the slalom and tying Sammy Davis, the Open men's jumping world record holder, for second place in jumping with an effort of 105 feet.

The highlight of Roberge's exceptional sum-

mer came when he soared 208 feet to win the cash prize for men's jumping at the prestigious Masters Tournament held in Pine Mountain, Ga.

At the Marine World (Vallejo, Calif.) tournament in June, Roberge again won the men's jumping competition. He also placed second in jumping at the Indianapolis tour stop and followed that up with a fourth in Hartford, Conn. (fifth at both Shreveport and St. Louis, and fourths in St. Paul and Portland, Ore.).

Roberge's performance on the 1994 pro tour elevated him to fourth overall in men's slalom and fifth in men's jumping in the tour's Grand Prix standings.

In July, Roberge was selected for the six-member team that will represent the United States at the Pan American Games in Mar Del Plata, Argentina. This is the first time water skiing has been included as a full medal sport in the Pan American Games.

Overton had an outstanding season, placing first in the slalom at both the Masters tournament and the Marine World tournament. She also won the 1994 Bud Pro Tour Grand Prix in women's slalom, placing first in all but two of the tour's 10 stops.

Each year since 1987, the AWSA has honored a male and a female water skier as the sport's Athlete of the Year. Their names are then submitted to the United States Olympic Committee for consideration as the USOC's Sportsman and Sportswoman of the Year awards.

The AWSA awards committee chooses the Athlete of the Year based on outstanding performance and sportsmanship. Roberge and Overton will be honored at a special awards ceremony during the 1995 AWSA mid-winter board meetings in Orlando in January.

Silver Hawks, Hawks in semis

By DEAN SMITH
Herald Sports Writer

SANFORD — Thursday's quarterfinals of the Lady 'Noles Invitational basketball tournament at Seminole High School's Bill Fleming Memorial Gymnasium were for the birds.

In the first game, Lake Howell got 21 points from Christine James and the defense held Cocoa to less than 10 points in three of the four quarters as the Silver Hawks crushed the Tigers 69-29.

The late game saw the Spruce Creek Hawks overcome a frigid start with an impressive all-around performance to dismantle the Lake Brantley Patriots 52-31.

Today at 4:30 p.m. Lake Brantley will play Cocoa in a consolation bracket game before Spruce Creek and Lake Howell battle at 6 p.m. for a spot in the final opposite Seminole.

The Tribe and Bishop Moore, which beat Deltona 59-29 Tuesday, were to play at 7:30 p.m. today, but Bishop Moore has a prior commitment and will forfeit the game to Seminole.

Saturday's schedule has Deltona playing the Lake Brantley-Cocoa winner in the consolation final at 1 p.m., Bishop Moore taking on the Spruce Creek-Lake Howell loser for third place at 2:30 p.m., and Seminole facing the Spruce Creek-Lake Howell winner at 4 p.m. in the championship game.

Nicole Read joined James in double figures for Lake Howell, netting 10 points. They got plenty of help from their teammates as all 10 players contributed points. Angela Goff chipped in with nine points and Kelly Kohn added eight.

Trailing Lake Brantley 6-1 after the opening stanza, the Hawks — led by Keisha Crews and Alisa Angill — turned up the defensive pressure in the second quarter, forcing numerous Lake Brantley turnovers. That got the Spruce Creek

Hawks (11-11-12, 26-32) backpedaling. Spruce Creek (17-12-12, Thompson 6-11-12, Junk 5-4-10, Butler 5-7-16-7, Adams 4-8-9-2, Carter 6-1-6-1, Hughes 7-7-4-8, Angill 6-10-12-13, Anderson 5-10-16-1, Total 19-67-11-11) fouled out — Lake Brantley Lyons (7-10-11-12, Thompson 6-11-12, Lake Brantley 5-11-12, Bishop Moore 5-11-12, Day 5-10-12, Aslett 5-11-12, Spruce Creek 6-11-12, Thompson 6-11-12, Lake Brantley 6-11-12, Carough 5-11-12, Sharts 5-11-12, Spruce Creek 16-11-12, Total 41-11-12-12).

Spruce Creek (11-10-12-12, 26-32) fouled out — Lake Brantley 6-11-12, Carough 5-11-12, Sharts 5-11-12, Spruce Creek 16-11-12, Total 41-10-14-12.

Three-point field goals — Spruce Creek (7-11-12, Thompson 6-11-12, Lake Brantley 6-11-12, Carough 5-11-12, Sharts 5-11-12, Spruce Creek 16-11-12, Total 41-10-14-12); Lake Brantley (5-11-12, Thompson 6-11-12, Carough 5-11-12, Sharts 5-11-12, Spruce Creek 16-11-12, Total 41-10-14-12).

Rebounds — Spruce Creek (11-10-12-12, 26-32), Lake Brantley (6-11-12, Carough 5-11-12, Sharts 5-11-12, Spruce Creek 16-11-12, Total 41-10-14-12); fouled out — Lake Brantley 6-11-12, Carough 5-11-12, Sharts 5-11-12, Spruce Creek 16-11-12, Total 41-10-14-12.

Assists — Spruce Creek (7-11-12, Thompson 6-11-12, Lake Brantley 6-11-12, Carough 5-11-12, Sharts 5-11-12, Spruce Creek 16-11-12, Total 41-10-14-12); fouled out — Lake Brantley 6-11-12, Carough 5-11-12, Sharts 5-11-12, Spruce Creek 16-11-12, Total 41-10-14-12.

Steals — Spruce Creek (7-11-12, Thompson 6-11-12, Lake Brantley 6-11-12, Carough 5-11-12, Sharts 5-11-12, Spruce Creek 16-11-12, Total 41-10-14-12); fouled out — Lake Brantley 6-11-12, Carough 5-11-12, Sharts 5-11-12, Spruce Creek 16-11-12, Total 41-10-14-12.

Blocks — Spruce Creek (7-11-12, Thompson 6-11-12, Lake Brantley 6-11-12, Carough 5-11-12, Sharts 5-11-12, Spruce Creek 16-11-12, Total 41-10-14-12); fouled out — Lake Brantley 6-11-12, Carough 5-11-12, Sharts 5-11-12, Spruce Creek 16-11-12, Total 41-10-14-12.

Turnovers — Spruce Creek (7-11-12, Thompson 6-11-12, Lake Brantley 6-11-12, Carough 5-11-12, Sharts 5-11-12, Spruce Creek 16-11-12, Total 41-10-14-12); fouled out — Lake Brantley 6-11-12, Carough 5-11-12, Sharts 5-11-12, Spruce Creek 16-11-12, Total 41-10-14-12.

Offense going as the Hawks took a 20-13 lead at intermission.

Angill led Spruce Creek (2-21) with 12 points and seven steals. Shante Thompson had 10 points, seven rebounds, four steals and four assists.

For Lake Brantley (1-3), Kate Carlough was the lone Patriot in double figures with 12 points. She also led in assists (three) and steals (two). Leah Reese added seven points and seven rebounds.

For Lake Brantley (1-3), Kate Carlough was the lone Patriot in double figures with 12 points. She also led in assists (three) and steals (two). Leah Reese added seven points and seven rebounds.

Dragway prepares for 'Night of Fire'

By AARON GREEN
Special to the Herald

BITTLO — Orlando Speedworld Dragway will present its ninth annual "Night of Fire" — the track's largest drag race of the year — this Saturday night, Nov. 19.

Featured will be 300-MPH Jet Dragsters and Jet Funny Cars; 2,000-HP Pro Modifieds; supercharged wheelstanders; Outlaw Quick 32 racing; and more.

The Pro Modifieds figure to be competitive with Charles Carpenter of Charlotte, N.C., and his "World's Fastest '95 Chevy" in the field.

He will face Carl Moyer of Ankeny, Iowa, currently the all-time quickest driver in Pro Modified history with two 6.57-second elapsed times to his credit.

Also expected to challenge for the Pro Mod win are Mel Eaves from Hudson in the "World's Fastest '57 Chevy" and Speedworld Dragway track record holder, Jeff Ensslin, from Lakeland.

The track gates open at 10 a.m., with qualifying and time trials set to begin at noon. Final eliminations in Outlaw Quick 32 are scheduled for 7 p.m., with feature cars running at 8 p.m. and 10 p.m.

Admission is \$20. Children under 12, parking, and pit passes free.

The dragway hosted another big event — the Dixie Bracket championship — last Friday (Nov. 11).

Former NHRA world champ Dave Rampy of Greenwood, Ind., brought his dragster to Central Florida and came away with the \$5,000 to win prize as the Top Eliminator champion. Rob Vollmar (Holiday) was the runner-up in his 1967 Pontiac Firebird. Jerry Baillie (Nixa, Mo.) was a semifinalist.

In the Second Chance Race (which paid \$1,000 to win), Jason Cannon from Middleburg was victorious over Tampa's Patsy Stathas. Eric Dunlap from Ocoee was third in his 1977 Chevy Vega.

In the Second Chance Race (which paid \$1,000 to win), Jason Cannon from Middleburg was victorious over Tampa's Patsy Stathas. Eric Dunlap from Ocoee was third in his 1977 Chevy Vega.

Patriots hit the road

Three months ago, Dee Brown (No. 7) and his Lake Brantley teammates were a bunch of new faces trying to fill the shoes

STATS & STANDINGS

DOGS

at SANFORD ORLANDO					
Thursday night					
1 Free Tempest	19.60	0	31.39		
3 John Bosco	19.60	0	31.39		
7 DJ Lefty	19.60	0	31.39		
Q (1) 11.36.00 P (1) 21.36.00 T (1) 21.37.00					
4 Triple L Pomeroy	19.60	0	31.39		
5 Miss Honey Bear	19.60	0	31.39		
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6 M/M, DD (1) 31.127.30 S (1) 4.7.51.30.00					
Third race - 1/16, D, 31.39					
1 Currie Sandy	1.60	0	31.39		
3 DJ's Archreaper	1.60	0	31.39		
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Fourth race - 1/16, C, 31.39					
1 Go One More	19.60	0	31.39		
2 MT's Bandits	19.60	0	31.39		
3 Taek Tappin' Tim	19.60	0	31.39		
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5 Fifth race - 1/16, D, 31.39					
1 Andrea's Song	1.60	0	31.39		
2 Blackened Sun	1.60	0	31.39		
3 L/L Bradley	1.60	0	31.39		
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9 Sam Tyrone	1.60	0	31.39		
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77 Eddie's Boon	1.60				

People

IN BRIEF

SCC Faculty art exhibit

The Seminole Community College Faculty Art Exhibit started Tuesday in the college's Fine Arts Gallery and will run through Dec. 11.

The exhibit features the work of faculty members Jose Betancourt, Chris Bolton, John Caputo, Joyce Caputo, Marianne Hamilton Ross, Terry Sisalemak and Jay Spalding.

The opening reception was held Tuesday when each artist presented a talk.

The event is free and open to the public.

The hours for the gallery are 10 a.m. to 1 p.m., Monday through Friday, and on the evenings of music and theatrical performances.

For more information, call 328-2039.

Festival of arts planned

DELAND — The DeLand Fall Festival of the Arts will take place there on Nov. 19 and 20.

Joseph Lustman of Carroll's Corn Crib will be the concessionaire. The concessions will be available, with a food court, on Indiana Avenue.

The Artist Award party is being sponsored by the law firm of James Zimmerman and Paul.

The day's activities will include hands-on crafts projects for children, art exhibits and food.

New York Avenue in DeLand will be closed from 7 a.m. until 8 p.m. each day of the event.

For more information, call the DeLand Museum of Art at 904-734-4371.

CALENDAR

COMA announces meetings

The Concerned Organization of Men in Action (COMA) meets the first and third Friday, at 6 p.m., in the church annex at St. James AME Church, Ninth Street and Cypress Avenue, Sanford.

Blood Bank seeks donors

Central Florida Blood Bank is asking donors of all types of blood — especially O-type donors — to donate at its Sanford branch, 1302 E. Second St. For information, call 322-0822.

Aerobics offered

Sanford Recreation Department offers Step Aerobics at the youth center in Sanford City Hall, Mondays and Wednesdays, from 9 to 10 a.m. and 5:30 to 6:30 p.m. Instructor is Lisa Hines. Cost is \$3 per class. For information, call 330-5697.

Sanford Rotarians to meet

Rotary Club of Sanford meets every Monday at noon, at the Sanford Chamber of Commerce building.

Activities for seniors

Lake Mary Seniors invite anyone 55 years or older to join them in two weekly activities on Monday: Woodcarvers, from 9:30 to 11:30 a.m.; Games, from 1 to 3 p.m., at the Frank Evans Center, 158 N. Country Club Road.

Employment opportunities for seniors

An employment program sponsored by AARP Senior Community Service is held at the Sanford Armory Monday, Wednesday and Friday, from 8 a.m. to noon. Bill Downey and Nick Callahan are available to help seniors find employment.

IN THE SERVICE

MONTZ D. BOWERS

HOBBINS AIR FORCE BASE, Marietta, Ga. — Montz D. Bowers has been promoted in the U.S. Air Force Reserve to the rank of lieutenant colonel.

Kolar is the son of Joan P. Kolar of 1597 Landsfield Ave., Deltona.

He is a 1993 graduate of Deltona High School.

GERMAN E. HOYOS

Navy Lt. Cmdr. German E. Hoyos, son of Leonor Dillonberg of 2730 Decotes St., Sanford, recently reported for duty with Commander, Naval Base, Pearl Harbor, Hawaii.

The 1972 graduate of Clifford J. Scott High School of East Orange, N.J., joined the Navy in July 1973.



Herald Photo by Herman Schroeder

Optimist gets pinned

John Cullum presents Audrey Ogden with a special pin for bringing in a new member to the Sanford Optimist Club. The presentation took place at the regularly scheduled meeting with routine reports given on projects. President Peggy Hardin reported on the "I'm a Winner" program at Midway Elementary School.

Traveling with holiday food

Make sure to follow safe handling rules

Many consumers ask if it is safe to travel with holiday foods. Yes, it's alright — if some safe handling rules are followed to avoid foodborne illness.

Here are some of the frequently asked questions from callers concerning safe transportation of the holiday turkey.

Q. Can the turkey be cooked a day ahead of time and then taken to someone's house the next day?

A. You, but for safety's sake, you won't be able to travel with the whole bird intact. Be sure to cook the turkey in an oven set no lower than 325 degrees F. Check to be sure the turkey has cooked completely to an internal temperature of 160 degrees F as measured in several places with a meat thermometer. Then let the turkey stand 20 minutes.

If stuffed, remove the stuffing and let cool in small, shallow dishes. Carve all the meat from the turkey, leaving legs, thighs and wings intact if desired. Divide the carved turkey meat and the turkey parts into small, shallow containers or packages. This ensures rapid, even cooling and quick reheating after getting to Grandmother's house.

Refrigerate the turkey and stuffing within two hours of cooking. Or freeze the foods if you don't plan to eat them within three to four days.

When preparing to travel, pack the turkey and other perishable foods in an insulated cooler with a cold source such as ice or frozen gel packs. At your destination, transfer the foods to a refrigerator and reheat in a 325 degree F oven or in a



CONSUMER FOCUS

BARBARA HUGHES/GREGG

microwave oven until the foods reach an internal temperature of 165 degrees F, or are steaming hot.

Q. How long will a raw or cooked turkey keep unrefrigerated for transporting to someone's house?

A. No longer than two hours. For either a raw or cooked turkey, it's still a good idea to use an insulated cooler as a carrier (use two coolers if carrying both types). To transport a raw turkey, take it out of the refrigerator and place it in the cooler immediately before leaving. Stow it where it will be coldest in the car. Upon arrival, immediately refrigerate the raw turkey.

To transport an unstuffed turkey, take it out of the oven, immediately wrap it in foil and put it directly into the cooler before putting it into the warmest spot in the car. Don't try to transport a stuffed turkey.

A hot turkey must be put directly into a warm oven (set at 200 degrees F or higher) until serving time. Set the oven high enough to maintain the internal temperature of the turkey at 140 degrees F or higher.

Q. Can I slow-cook the turkey at 200F

overnight so it's ready to go in the morning?

A. Not. It's not safe to cook a turkey (or any other meat, for that matter) in an oven set lower than 325 degrees F. That's because it takes too long for the turkey to reach a temperature high enough to kill foodborne bacteria.

Q. Can turkey be partially cooked ahead of time and then finished later?

A. No again! Partial cooking of meat or poultry is very unsafe. Cooking must be done in one continuous operation to assure the destruction of bacteria that cause foodborne illness. It is safe, however, to partially cook turkey in a microwave or other oven immediately before transferring the turkey to a heated grill or to a preheated conventional oven for finishing.

Other advice? Keep hot foods hot and cold foods cold at all times. And sometimes it's just safer to give up on the idea of taking your feast somewhere else. The risks may outweigh the benefits.

When cooking in advance, divide foods into small, shallow containers and cool quickly. This includes the carved turkey.

Do not attempt to partially cook meat and poultry ahead of time and then finish cooking at the destination.

Transport cold or frozen foods in an insulated cooler with a cold source.

Hot foods should be kept hot, and should not be held at room temperature over two hours. Wrap well to insulate.

Keep hot foods HOT and cold foods COLD.

Sometimes it's safer just to give up on the idea of taking your feast across the country. Look for new traditions when you get there.



Herald Photo by Tammy Vincent

A new photograph for Sanford Museum

Mrs. Ralph Smith (left) presents a photograph of her late friend, Dr. Herberta Leonardy (who died in 1981), to Alicia Clarke, curator of the Sanford Museum. The presentation took place at the November meeting of the Sallie Harrison Chapter, Daughters of the American Revolution. Dr. Leonardy, a former regent of Sanford's DAR chapter, went on to become state regent of the DAR. She received her juris doctorate from Stetson University and was organizing president of the Florida State Association of Parliamentarian. She was also an author and conducted seminars throughout Florida.

Girl 'doing wrong' is attempting to insure friendship



FAMILY COUNSELOR

MARY BALK

Our daughter is in sixth grade. She's always been an excellent student, but she definitely is still in the "ugly duckling" stage. Partly because of that she hasn't had many friends at school this year. That's why we were so happy when a very cute and popular gal in the neighborhood befriended her.

Now we've learned that the popular girl is getting our daughter to do her homework for her and asking her to copy work in the classes they have together.

We've talked to our daughter and she knows what she's being asked to do is wrong, but she's afraid (correctly, I think) that the other girl will snub her if she refuses to do it. We want her to have friends, but it's obvious that she's being used. Should we forbid our daughter from seeing the other girl? It would be terribly hard on her, as well as almost impossible to enforce.

PARENTS WHO WANT TO

H E L P

DEAR PARENTS,

Unfortunately, preteens who are still in the "awkward stage" when many of their age mates have turned into attractive young teens are very vulnerable to coercion by the popular students. Your daughter certainly knows what she's doing is

wrong, but is trying to insure the "friendship" at any cost. You can also bet that she understands that this "friend" doesn't really care about her.

However, if you attempt to forbid your daughter from seeing the other girl, it most likely will just make her resentful and defiant.

What really needs to happen is that you need to provide the support and help for your daughter to improve her self-image enough that she will not allow other people to take advantage of her — period.

Perhaps you can help her find opportunities to make friends who share her interests and skills, rather than her trying to fit into the "in" crowd. Expand her horizons with some activities that she may enjoy — volunteering, church group, lessons or classes that interest her. Let her know that you are supporting her efforts and encouraging her.

I am not terribly fond of my

Writing notes helps melt away widow's grief



ADVICE

ABIGAIL VAN BUREN

co-workers and prefer to keep my social life separate from the workplace. However, some individuals have no social life outside the office, so they assume everyone who works there is a "friend."

I would appreciate a quick response while I stall everyone at work.

PRIVATE LIFE

DEAR PRIVATE: Since the departed employee "only tolerated" her co-workers while she worked with them, she shouldn't object to your telling them that she requested that her new address not be given out.

And since you — by your own admission — are not terribly fond of your co-workers, you have little to lose by being candid with them.

DEAR ABBY: Unzipped zippers on men, other than being tacky-looking, don't usually reveal much. Women's dresses are another thing.

Try this one: I walked into the lower level of a bank looking for the accounting department. I passed a "picture window" to an office where a young woman was typing. Apparently, when she sat down, her skirt had caught on the back of the chair.

There she was — with her entire lower right extremity exposed up above her hip. I looked long and carefully to make sure of what I saw before I tapped on the window to alert her.

R.H.B., CINCINNATI

REGAL CINEMAS	
LITCHFIELD CINEMA 10 3800 N Hwy 17-92 • 324-0116	
THE SANTA CLAUSE 2:30 4:30 7:10 9:10	(PG)
SWAN PRINCESS 2:15 4:15 7:15 9:15	(G)
MIRACLE ON 34TH STREET 2:15 4:15 7:20 9:20	(PG)
THE WAR 7:30 10:00	(PG-13)
MARY SHELLEY'S FRANKENSTEIN 2:30 4:30 7:30 9:30	(R)
THE LION KING 2:15 4:15 7:15 9:15	(G)
STAR GATE 2:00 4:00 7:10 9:40	(PG-13)
INTERVIEW WITH VAMPIRE 2:30 4:30 7:30 9:30	(R)
THE PROFESSIONAL 2:45 4:45 7:00 10:00	(R)
INTERVIEW WITH VAMPIRE 2:30 4:30 7:30 9:30	(R)
STAR TREK GENERATIONS 2:10 4:10 7:20 9:40	(PG)
SNEAK PREVIEW JUNIOR - FRI & SAT 7:30 PM (FOLLOWED BY THE WAR)	
BONUS HOURS 4 TO 6 PM	

Religion

IN BRIEF

Mayor's souper supper to be held

SANFORD — The Mayor's Souper Supper will be held on Wednesday, November 23 from 5 to 7 p.m. at the Sanford Civic Center. The cost is \$5 for a hearty bowl of soup, fresh baked bread, fruit and a soft drink. At 7:30 p.m. a community Thanksgiving service will take place in the main auditorium of the Civic Center.

Proceeds will be divided equally between the Sanford Christian Sharing Center Inc. and Rescue Outreach Mission. Thanksgiving turkey will taste sweeter for having helped someone less fortunate.

Celebrant singers to appear

LAKE MARY — Jon Stenkski's Celebrant Singers, an internationally known Christian music ministry, will present a community wide concert on Thursday, December 1 at 7:30 p.m. at St. Peter's Episcopal Church, 700 Rhinehart Rd. The concert is free of charge and a free-will offering will be taken.

Guest pastor to speak

SANFORD — Pastor Barbara Gately, of Glorious United Pentecostal Church in Osteen, will be the guest speaker at Hickory Ave. Church of God, Sunday, for a special service. The theme will be One Hundred Women in White.

The community is invited.

St. John M.B. Church presents program

SANFORD — St. John M.B. Church's Dual Day Committee will present a special uplifting program Sunday at 11 a.m. To enhance the theme "Christians Picking Up the Slack Together," the members have divided the program into three categories.

First, Sunday school will begin at 9:30 a.m. Second, the women's day service kicks off at 11 a.m. and the men's service at 4 p.m. The Rev. LaTonya Floyd and Mr. Tim Raines will be the guest speakers.

Craft auction planned

SANFORD — The ladies of Palmetto Baptist Church, 2626 Palmetto Ave., have planned their annual craft auction for Saturday, December 3 at 7 p.m. Various crafts will be auctioned to the highest bidder in a fun spirited activity. All proceeds from the sale will go to the missionary wives.

Ninth anniversary celebrated

SANFORD — The Westview Baptist Church, 4100 Paola Rd., will observe its ninth anniversary with a covered dish dinner following the morning service at 10 a.m., Sunday. A special music program will take place after dinner featuring the group "Remembrance."

For further information call Dorothy Clio at 321-0371 or 322-8700.

Program scheduled

ORLANDO — The First United Methodist Church, 142 E. Jackson St., will present "A Walk Through Bethlehem" on Sunday, December 4 at 5:30 p.m. In its tenth year, this production features a tour through the village where Jesus was born. A cast of 100 or more children and adults in costume will be performing.

The event is free and all are welcome.

Concert presented

ORLANDO — The University of South Carolina Concert Choir, under the direction of Dr. Larry Wyatt, will present a choir at the First United Methodist Church, 142 E. Jackson St., Sunday at 7:30 p.m. in the sanctuary at Magnolia and Jackson Streets.

The free concert is open to the community.

Women's Aglow to meet

ORLANDO — Orlando and Apopka Women's Aglow chapters invite the public to its meeting Saturday at 9:30 a.m. at the Women's Residential Counseling Center, 107 E. Hillcrest St., Lake Mary, producer and host of radio and television program, "Insight," will deliver a powerful message for today's woman. Hardin's TV program focuses on single adults, the needy and Israel. Personal ministry will be available for all who desire, following the meeting.

For further details call Rita Curtis at 339-6488.

Gospel Sing benefits firefighters



SANFORD — The City of Sanford Fire Department Firemen's Benefit Fund will feature its Annual Gospel Sing on Friday, November 25 at the Sanford Civic Center from 7 p.m. until midnight. "This is the 39th year of the Gospel Sing," said Herb Rodgers, Chairman of ticket sales. "We put this on to help the firefighters."

The proceeds from this event are used to help pay for hospital and doctor bills not covered by insurance for the members of the fund. Firefighters are always present sacrificing their lives for the citizens of Sanford. What a wonderful way to say thank you for the effort they put forth as well as an enjoyable evening of Christian fellowship and song.

Rodgers further elaborated concerning the use of the proceeds. "For years this has been a way to help the firefighters with their medical expenses. Things like chiropractors, eyeglasses and dental work aren't covered. Most of our ticket sales are to businesses. We really need the commitment of Sanford to support this work. Last year after all our expenses we only made \$2500. That amount of money doesn't go very far."

He also discussed plans for the fund if dollar amounts were in excess of their goals. "We'd really like to be able to give to a charity if we make enough money," said Rodgers. "We've talked about giving to the



Paramedic, Chris Murphy and Firefighter and E.M.T. Richard Lazar

Shriners' Burn Center or something firefighter related. We'd love to do that if we could just make enough money on the Gospel Sing."

Tickets are \$6 in advance, and \$7 at the door and may be purchased at the fire stations or from the ticket sales chairman, Herb Rodgers. Refreshments will be on sale and door prizes will be given away. Entertainment will be provided by The Florida Boys, Dixie Echoes and Marshall Henson.

Further information can be obtained by calling Herb Rodgers at 323-6019 or 322-7134.

1994 BIBLE WEEK THEME If you've lost your direction in life, turn here.

**NATIONAL BIBLE WEEK,
NOVEMBER 20-27, 1994**

**Laymen's National
Bible Association, Inc.**

**1865 Broadway, New York, NY
10023-7503 • (212) 408-1390**

**Holy
Bible**



Church helps nursing home

SANFORD — Ladies from the Sanford Congregational Christian Church recently presented residents of the Good Samaritan Home in Sanford with 24 lap robes. Those available for the presentation of the colorful, crocheted treasures were Mary Simpson, Edith Tkachuk, Clarissa Moore and Marguerite Daub, residents of the home. Ethel Lorrett, Helen Schucht, President of the group. The women are part of a craft club with the church and plan each year to furnish an organization with craft items. They will be in contact regularly with the Good Samaritan Home for future deliveries of additional lap robes.

Herald Photo by Tommy Vincent

SEMINOLE COUNTY AREA CHURCH DIRECTORY

ALLIANCE CHURCH

Community Alliance Church, 4815 East Lake Dr., Winter Springs

Neighborhood Alliance Church, 301 Matham Woods Rd., Longwood

Sanford Alliance Church, 1601 Park Ave., Sanford

Assembly of God, 310 Commercial St., Sanford

Faith Word Assembly of God, 1794 W. Airport Blvd., Sanford

First Spanish Assembly of God, 900 Matham Woods Ave., Sanford

Freedom Assembly of God, 2960 Orlando Dr., Sanford

Grace Assembly of God, 1675 Dixon Rd., Longwood

BAPTIST

Antioch Baptist Church, Orlando

Calvary Baptist Church, Crystal Lake Ave. & 3rd St., Lake Mary

Cassellberry Baptist Church, 170 Seminole Blvd.

Central Baptist Church, 3101 W. 1st St.

Church of First Baptist

Character Missionary Baptist Church, Southeast Rd.

Countrywide Baptist Church, County Club Rd., Lake Mary

First Baptist Church, 519 Park Ave.

First Baptist Church of Altamonte Springs, Rte. 408, Altamonte Springs

First Baptist Church of Winter Park, 161 W. 13th St.

Fountain Head Baptist Church, Orlando

Hope Baptist Church, Forest City Community Center, Forest City

Independence Baptist Miss., Clerc League Blvd., Longwood

Jordan Missionary Baptist Church, 920 U.S. 41A

Lighthouse Baptist Church, 1055 Longwood - Lake Mary

Leavenworth Baptist Church, 120 Leavenworth Ave., Lake Mary

McDonald's Christian Center, 1000 N. Orange Ave., Orlando

Missionary Baptist Church, Quality Inn, North Longwood

Morning Glory Baptist Church, Seminole

Mt. Moriah Primitive Baptist Church, 1901 East Ave., Sanford

Mt. Olive Missionary Baptist Church, Seminole Springs Rd., Longwood

Mt. Zion Missionary Baptist Church, 1800 Jerry Ave.

Mt. Zion Missionary Baptist Church, 500 S. Seminole

New Life Christian Center, 120 W. 1st St., Sanford

Peaceful Zion Christian Church, 120 W. 1st St., Sanford

Princess Baptist Church, 801 E. Airport Blvd.

Praise Lake Baptist Church, Ridge Rd., Fern Park

Progress Missionary Baptist Church, Midway

Providence Missionary Baptist Church, 4561 Douglas Ave., Blacktown

Second Welsh Missionary Baptist Church, West Sanford

Smyrna Baptist Church, 1000 Matham Woods Ave., Casselberry

Starlight Baptist Church, 180 Banana Ave.

St. John's Missionary Baptist Church, 5015 Osteen

St. John's Missionary Baptist Church, 309 Longwood Ave., Altamonte Springs

St. Luke Missionary Baptist Church of Cameron City, Inc.

CATHOLIC

St. Paul Catholic Church, 813 Pine Ave.

St. Matthew's Catholic Church, Caron Hall

St. John's Missionary Catholic Church, 820 Cypress St.

Springfield Missionary Baptist Church, 12th & Cedar Ave.

Parish of the Immaculate Conception, 2626 Park Ave.

Father Barret Catholic Church, 1000 Park Ave., Altamonte Springs

Father Tony Baptist Church, Old Orlando Rd., at Meyer Ave.

Westgate Baptist Church, 4100 Paola Rd., Orlando

William Chapel Missionary Baptist Church, Mark & William St., Altamonte Springs

Zion Hope Baptist Church, 712 Orange Ave.

Our Lady of the Rosary Catholic Church, 1310 Maximilian, Deltona

St. Ann's Catholic Church, Dogwood Trail, Seffner

St. Augustine Catholic Church, Sunbelt Dr., near Button Rd., Casselberry

St. Clare Catholic Community meets at Osteen Civic Center

St. Mary Magdalen Catholic Church, Martindale Ave., Altamonte Springs

St. Peter Claver Catholic Church, 1000 Park Ave., Apopka

CHURCHES

First Christian Church, 1807 Banford Ave.

First Christian Church of Longwood, 1800 E. Williamson Rd., Longwood

Celebration Church, 120 W. Lakeside Ave., Lake Mary

Oasis Christian Church, 1000 Park Ave., Orlando

Grace Christian Church, 1000 Park Ave., Orlando

Legal Notices

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA
CASE NO. 94-CA-16-A CITY OF WINTER SPRINGS POLICE DEPARTMENT, Plaintiff,

vs. LAURIE BRENNAN, Defendant.

NOTICE OF FORECLOSURE PROCEEDINGS
TO: LAURIE BRENNAN
105 MCGEEBRAWAY
ORLANDO, FL 32821

and all others who claim an interest in the below described property.

Chief Charles Seaton, City of Winter Springs Police Department, Seminole County, Florida, through his officers, Investigators, agents and/or the subject Property, is advised that the subject

Property is FOR SALE.

VIA U.S. MAIL.

AND TO: U.S. CURRENCY

on September 2, 1994 at or near

Seminole County, Florida, and is

presently holding said property

for the purpose of foreclosure

pursuant to Sections 727.01-07.

Florida Statutes, has RE-

QUESTED that an Honorable

Judge of the Circuit Court

Eighteenth Judicial Circuit

Seminole County, Florida issue

a Finding of Probable Cause

why the above property should

not be foreclosed by the above

agency. You will be sent a copy

of the finding of Probable

Cause once it is signed by the

Judge and it will advise you how

and where to respond to the

request for foreclosure.

I HEREBY CERTIFY that a

true and correct copy of the

foregoing has been furnished to the above named addressees by U.S. registered mail, return receipt requested, this 20th day

of October, 1994.

NORMAN B. WOLFGINGER,
STATE ATTORNEY

BY: Anne E.

Richards - Buttinger

Assistant State Attorney

Orlando Bar 2081

101 East First Street

Orlando, FL 32801

407-323-7534

Published October 20 and

November 11 & 18, 1994

DEK 24

LEGAL ADVERTISEMENT

NOTICE is hereby given that the

City of Casselberry Police De-

partment pursuant to F.S. 761

intends on displaying of

lost/found property held in City

custody by the provisions of the

above statute, including but not

limited to conversion of the

property to the City or other go-

vernmental entity or to a charita-

ble organization from which petitions have

been received, or declining the prop-

erty as junk and removing it by

notifying the appropriate refuse

service. The City of Casselberry

Police Department reserves the

right to determine the proper

and most effective means of

disposal.

The type of property to be

displayed includes but is not

limited to fixtures and parts,

tools, cash, office equipment,

clothes and other miscellaneous

items of appreciable value. A

more detailed list of the proper-

ty to be disposed of can be

obtained by contacting Sgt.

Stewart of the Casselberry

Police Department at 263-3040.

Monday Friday, 8AM to 4:30

PM.

All interested persons making

claims against said property

must show proof of ownership or

must be able to identify any

markings prior to any examine-

tion of property. Claims must be

filed with Sgt. Stewart on or

before 5 PM, November 25, 1994.

All inspections must be made by

appointment.

All properties disposed of

as in and neither the City nor

its agents assume any liability

for the use or misuse of pro-

perties disposed of pursuant to

the above said statute.

City of Casselberry

Police Department

Police Property Custodian

95 Lake Triple Drive

Casselberry, FL 32707

Published November 11 & 18, 1994

DEK 22

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipherograms are created from quotations by famous people past and present. Each word in the code stands for another. Today's clue: Aquiles D.

'SOGM RF LIDGB FI

GTFRMU. ZIW LTM

BIDGFRDGB OGVVC

ZIWEBGV DIED YZ

OGVCRMU ZIWEBGV

VGBB. — ERLOTEN

TEDIWE.

PREVIOUS SOLUTION Hollywood is lacking in

representing us. Latinos are truly invisible in Hollywood.

— Ricardo Montalban

OFF THE LEASH® by W.B. Park

Dracula watches his first late night horror show

Legal Notices

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA
CASE NO. 94-CA-16-A

MIDLAND BANKcorp, INC., a Michigan corporation, d/b/a Midland Mortgage Corporation, Plaintiff,

vs. FRANK E. HAIR, SR. and ANITA E. HAIR, his wife, JAMES PETER MICHAEL and GERALMICHAEL Hair, Defendants

1515 PROOF OF GREATER ORLANDO, INC., and UNITED STATES.

Dishonesty.

AMENDED NOTICE OF SALE

NOTICE is hereby given that pursuant to the Amended Summons, Final Judgment and Assessment of Barren Seminole Attorney's Fees entered in the cause pending in the Circuit Court of the Eighteenth Judicial Circuit, in and for Seminole County, Florida, Case No. 94-CA-16-A, the undersigned Clerk will sell the undivided interest in the property situated in said County, as described as follows:

LOT 123, STILL WATER PHASE I, according to the plat thereof, as recorded in Plat Book 33, Pages 45-46, Public Records of Seminole County, Florida.

At public sale, to the highest and best bidder for cash at 10 AM on the 15th day of December, 1994 at 101 N. Park Avenue, at the west front steps of the Seminole County courthouse, Sanford, Seminole County, Florida.

Administrative Order No. 93-37.

Persons with a disability who need a special accommodation to participate in the proceeding should contact ADA Coordinator at 301 N. Park Avenue, Suite K, Sanford, Seminole County, Florida, 32771, at least five days prior to the proceeding. Telephone: (407) 232-4222, Ext. 4227; (1-800) 955-0771 (TDD); or 1-800-955-0770 (V).

Florida Rules of Practice.

PUBLICATION: Once a week for four weeks.

ADJUSTMENTS AND CREDITS: In the event of an error in an ad, the Sanford Herald will be responsible for the first insertion only and only to the extent of the cost of that insertion. Please check your ad for accuracy the first day it is published.

TERMS: Sunday 12 noon Friday • Monday 5:30 PM Friday

DRIVERS: Good Drivers we need you to work for us.

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• Avg. Trip 2-3 Days

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• Credit Union Available

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• Unlimited Pay

• Late Model Vehicles

• Vacation

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FAX: 321-277-0000

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BARTENDERS

Cookout Waitress

Appt. or 813-222-1000

MARINA HOTEL

130 N. Palmetto Ave. Sanford, FL

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1-800-874-7000

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Needed. Full or part time.

Please call 321-277-0000

EMPLOYMENT

323-5176

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AVON II MAIS STARTS NOW!

CALL 321-4227 or 322-1766

ACRYLIC TRAINERS \$11 HR.

Training required. Reliable transportation needed.

Lester 321-9771-0778

ACT NOW! AVON is down to

our PT. SELL 100% 321-1103 or

1-800-874-7000 Rep. Rep.

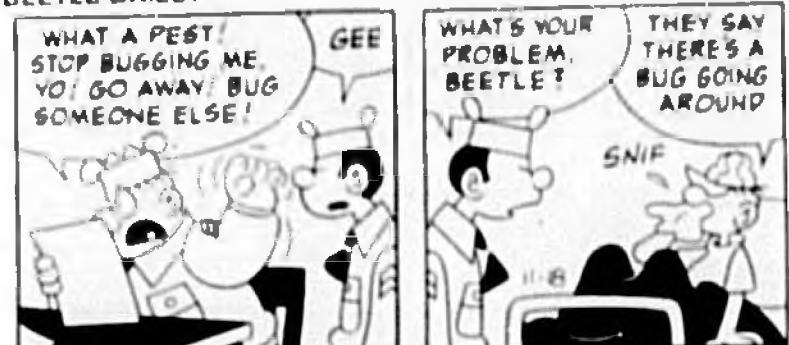
MAILED

BLONDIE



by Chic Young

BEETLE BAILEY



by Mort Walker

THE BORN LOSER



by Art Sansom

PEANUTS



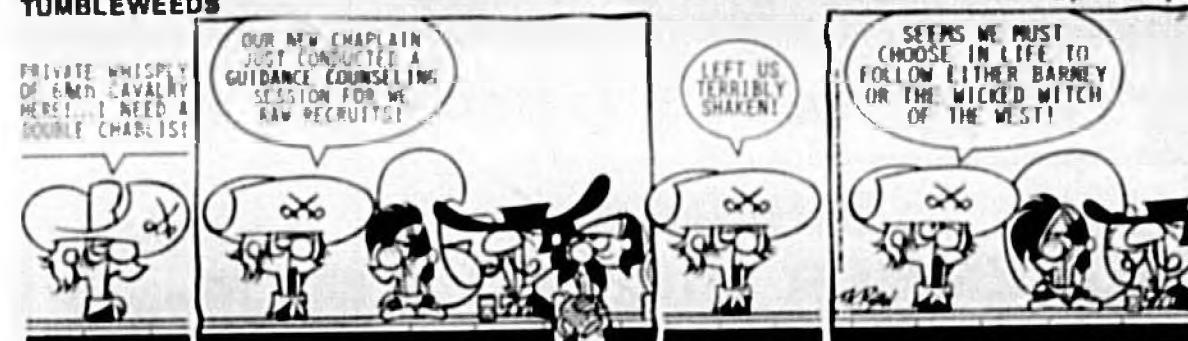
by Charles M. Schulz

EEK & MEEK



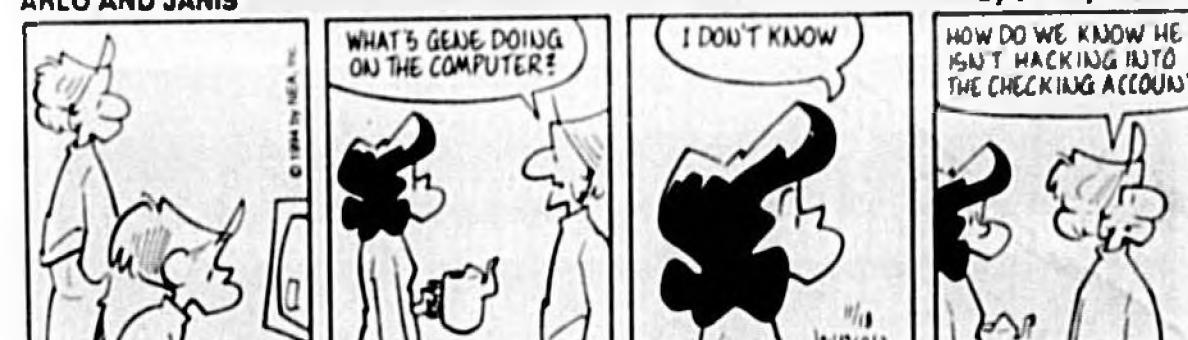
by Howie Schneider

TUMBLEWEEDS



by T.K. Ryan

ARLO AND JANIS



by Jimmy Johnson

FRANK AND ERNEST



by Bob Thaves

GARFIELD



by Jim Davis

ROBOTMAN*



by Jim Meddick

Get the answers from your doctor

DEAR DR. GOTTL What can you tell me about Paxil? Can it be given safely for all ages? What side effects are there for prolonged use? We've tried to ask our doctor these questions but he has become very belligerent with us, as if we are questioning his capabilities.

DEAR READER I'm sorry to learn that your doctor takes offense at your questions about medication. In my view, this information is a vital component of a good doctor-patient relation.

Speaking personally, I don't ask my patients to take any drugs - even aspirin - without first discussing the side effects with them. I have found that they are grateful for this consideration and the opportunity to ask questions.

Paxil (paroxetine) is an anti-depressant medication that is not recommended for children, pregnant women or nursing mothers. Although it is an effective drug, it has the potential for many side effects, including weakness, sweating, nausea, constipation, diarrhea, loss of appetite, sedation, dizziness, insomnia, impotence, and many others.

Paxil may interfere with motor performance (coordination, judgment and physical skills). It can interact with a variety of other drugs, including over-the-counter preparations, Coumadin (an anticoagulant), Tagamet (for ulcers), Dilantin (for seizures), and other anti-depressants. For these reasons, Paxil should be administered by a psychiatrist, who should also monitor the effects of the drug. You can obtain further information from your pharmacist.

If your doctor is unwilling to discuss Paxil with you, fire him.

DEAR DR. GOTTL

I'm basically a healthy person, 47 years old. My problem is that I am always hungry. I feel that I need appetite suppressants and wonder what you would recommend that is safe. I don't eat red meat, just a

little chicken and fish and quantities of vegetables. One hundred sixty pounds is too much for my height, but I'm so darned hungry all the time.

DEAR READER First, you should be examined by your family physician to determine whether you have a physical basis, such as diabetes or a glandular disorder, that is causing your excessive hunger.

ACROSS

- 1 Energy
- 4 Praise
- 9 Computer
- 12 Freshwater fish
- 13 Earred seal
- 14 Wedding vow
- 15 Recent
- 16 More unusual
- 17 TV co.
- 18 Follow
- 20 Mental images
- 22 Picture
- 26 Tree trunk
- 29 Writer —
- 30 Ark builder
- 34 No man —
- 35 Wool-washing residue
- 36 Scott
- 37 In present condition (2 wds.)
- 38 Before
- 39 Lamb's pen name
- 40 Hindoo garment
- 41 Espionage org.
- 42 Court hearing
- 43 Church of Rome
- 44 Pavilion
- 49 Short sword
- 52 L.A. Lakers org.
- 54 Ranted
- 58 Mountain on Crete
- 59 Spike of corn
- 60 Martini garnish
- 61 Ship-shaped clock
- 62 Meditation syllables
- 63 Dressed to the hilt
- 64 Opp. of NW

DOWN

- 1 Type of wood
- 2 Paradise
- 3 Church



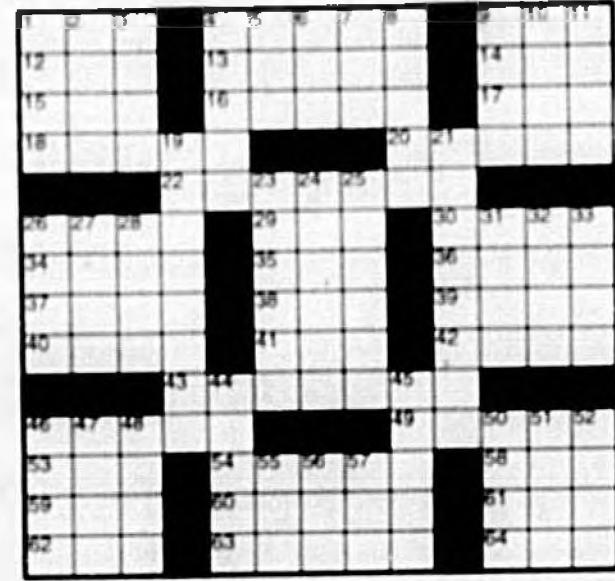
MEDICINE

PETER GOTTL, M.D.

Second, you may wish to analyze your life pattern to see if stress may be playing a role. When people are under a lot of emotional pressure, they may eat excessively to reduce tension.

Answer to Previous Puzzle

CAPS	RAF	WISP
OPAL	ESE	ARTE
METE	RIB	ROUT
OSSEOUS	MINDS	VAN RAE
OLDER	PATRIOT	SHYLOCK OPART
RAD	EARLS RYE	OOH RAH
ETA	SARA MEX	OLENT PETRIFY
SUNG	RAP ALEA	SIDE USA SILK
ASOR	BOY EATS	7 Native metal
		8 Middle Eastern nation
		9 Pleasant
		10 Miss Ferber
		11 Puts on
		12 Implications
		21 Underground prisons
		22 Diminutive parts
		23 Actress
		Piper =
		25 Made beloved
		26 Prejudice
		27 Great peak
		28 Daff
		31 Unctuous
		32 He had an Irish Rose
		33 Listen to
		44 Ohio city
		45 Yellow fever mosquito
		46 Joint
		47 Construction beam (2 wds.)
		48 Rowing tools
		50 Cars
		51 Poems
		52 Nightclub
		53 Actress MacGraw
		56 Liquor
		57 Night before



not benefit from his error?

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NORTH	11-18 94		
▲ K 7 2			
▼ Q 6 5			
▲ A K Q 10			
▲ 10 5 2			
WEST			
▲ Q J B 6	▲ A 10 9 5 4		
▼ K 3	▼ 7 6		
▲ T 6 3	● 8 4 2		
▲ A Q 2 4	▲ J 8 5		
EAST			
● A 10 9 5 4			
▼ 7 6			
● 8 4 2			
▲ J 8 5			
SOUTH			
▲ 3			
▼ A J 10 9 8 2			
● J 9 5			
▲ K 9 3			
Vulnerable: East-West Dealer: West			
South	West	North	East
1	▲	1	▲
2	▼	2	▼
3	Pass	Pass	Pass
Opening lead: ▲ Q			

WIN AT BRIDGE

By Phillip Alder

West led the spade queen, two, 10, three. West continued with the spade jack. South ruffed, cashed the heart ace and continued with a second heart. West won with the king while East followed suit. What now?

With those formidable diamonds in the dummy, there was a natural inclination for West to switch to clubs, playing partner for the king. But luckily West stopped to count declarer's tricks. South had at most five heart winners and four diamond winners. So West simply exited with another spade (a diamond would have been as good) and waited for two club tricks to defeat the game.

Yes. South can and probably should make the contract by cashing three diamond tricks and ruffing dummy's last spade before exiting in hearts, but why

HOROSCOPE

By Bernice Bede Oobol

YOUR BIRTHDAY

Nov. 19, 1994

If you've been contemplating a change in occupation, it may be done successfully in the year ahead. Make sure you have a detailed plan, though. Your luck will be good, but don't leave everything up to chance.

SCORPIO (Oct. 24-Nov. 22) Today, be mindful of developments that could provide an additional source of income. If you're alert, you will be rewarded. Know where to look for romance and you'll find it. The Astro-Graph Matchmaker instantly reveals which signs are romantically perfect for you. Mail \$2 to Matchmaker, c/o this newspaper, P.O. Box 4465, New York, NY 10163.

SAGITTARIUS (Nov. 23-Dec. 21) Your financial conditions appear to be steady today. Be content with nominal gains because small numbers have a way of adding up.

CAPRICORN (Dec. 22-Jan.

19) The key to productivity today is to take pride in your work. Make certain you'd be proud to sign your name to even your smallest projects.

AQUARIUS (Jan. 20-Feb. 19) Social activities offering friendly competition may be enjoyable today. Just remember not to take winning or losing too seriously.

PISCES (Feb. 20-March 20) A complicated matter you've been putting off can be concluded today. However, you must make it your top priority if you want it to end satisfactorily.

ARIES (March 21-April 19) Today you are better equipped to handle mental tasks than physical ones. Keep this in mind when you are tempted to do something strenuous.

T A U R U S (April 20-May 20) Your financial conditions appear to be steady today. Be content with nominal gains because small numbers have a way of adding up.

GEMINI (May 21-June 20) Even though there may be no

shortage of prospective partners today, you'll be better off working alone. You are most successful when doing your own thing.

CANCER (June 21-July 22) Do not ignore your intuition today. Use it as a backup to your logical evaluations.

LEO (July 23-Aug. 22) If there is a new clique you'd like to join, this is a good day to introduce yourself. You have more in common with them than you suspect, so don't be bashful.

VIRGO (Aug. 23-Sept. 22) Don't look for trouble today, but situations that have competitive elements either. A moderate challenge would be good for you.

L I B R A (Sept. 23-Oct. 22) Be philosophical today; it could make winning more fun and losing less painful. The way you manage your affairs may win you admirers.

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by Leonard Starr

