

Sanford Herald

79th Year, No. 201

Sanford, Florida — Wednesday, April 15, 1987

Price 25 Cents

Expressway Opposition Gets Applause



Whitey Eckstein

**By Brian Sullivan
Herald Staff Writer**
A standing room only crowd gathered at the Sanford City Commission meeting Monday to hear commissioner Whitey Eckstein's proposal of opposition to the Seminole County Expressway entering Sanford. He suggested alternative termination points at either County Road 427 and U.S. Highway 17-92, or the extension of Lake Mary Boulevard.

The letter, which City Commissioner Eckstein read to loud applause from the audience, stated that the commission should, as a body, take a strong position and resist efforts to re-route the expressway through Sanford.

"We strongly resist the expressway entering Sanford on the grounds that it would be too disruptive to the community ... and we further suggest it follow a more easterly route ... perhaps into Volusia County."

The general feeling on the commission is that the traffic and congestion caused in Or-

lando by having I-4 cut straight through the city, would be undesirable in Sanford.

The City Attorney, William Colbert, has drafted a resolution based on the text of the Eckstein proposal. At next Monday's City Commission Workshop meeting he will present it to the commission where revisions will be made if needed. If not, the commission will sign it and forward copies to the legislative delegation which is made up of:

See APPLAUSE, page 2A

Napkin Ring Bandit Strikes Home Again

**By Susan Loden
Herald Staff Writer**
A "napkin ring burglar" has apparently hit a Winter Springs home for the second time in two weeks. The reported Tuesday break-in at the home of Eileen Horrell Rieg, 43, of 745 Kissimmee Place, was the second time an intruder has reportedly entered that home and stolen a wooden napkin

ring valued at \$1. According to reports Rieg filed with Seminole County sheriff's deputies, two napkin rings, both taken from cloth napkins on her dining room table were the only things missing following two burglaries, the latest occurring between 5 and 9:45 p.m. Tuesday and the first occurring at about

See NAPKIN, page 10A

Crossings' Residents Get Delay

**By Kathy Tyrity
Herald Staff Writer**
Six hundred and fifty angry residents of the Crossings in Lake Mary got a reprieve Tuesday when the Seminole County Commission refused to allow the developer to divide the recreational club into two parcels for resale and redevelopment before a site plan is submitted.

The residents signed a petition against the closing and sale of The Club at the Crossings and they packed the commission public hearing room when the applicant, O.H. Robinson, petitioned for a waiver to subdivision platting requirements.

The residents spoke in protest of the demise of their club, saying it would decrease their home values and that a shopping center at that site was not needed. Some who bought

were told it was a "greenbelt" area and no more concrete or asphalt could be laid at that area. But the county staff told them they were misinformed; it had never been a greenbelt area.

Asking that they be given a chance to meet with the developer and sign up more people to the club, for which there is a membership charge, the residents promised to support the club and keep it viable. But Robinson said that was not possible.

"We are going to eliminate the swimming pool and tennis courts, and there will be no more club. The reason is we can't afford it anymore," Robinson said. He said there were only 179 members, not enough to keep the club going. When the residents promised to patronize the club, Robinson would not be swayed.

"Under no circumstances will the club open again," he said.

The residents argued that the subdivision wasn't complete yet, and the new residents might want to join the club. They suggested making the eating area a four-star restaurant, keeping the pool and making an

See DELAY, page 10A

Police Pride



Herald Photo by Tommy Vincent

Casselberry police dog Sampson, nuzzles up to his handler, Brady Myers, K-9 officer for the Casselberry Police Department, who is holding trophy won by the 4-year-old male German shepherd at the Regional U.S. Police K-9 Association Trials held at Eglin Air Force Base April 4-12. Sampson

came in fifth in obedience and 15th overall out of a field of 110 dogs and is eligible to enter the national competition at Lakeland in October. He is trained to sniff out drugs as well as other phases of police work. Myers has been with Casselberry police force for five years and has worked with Sampson for 2 1/2.

Airport Panel, Commissioners Seek Pact

**By Brian Sullivan
Herald Staff Writer**
The Sanford Airport Authority and the city commission are trying to iron out differences in a proposed effluent spraying system tentatively planned to be installed at the airport. But any agreement between the two bodies may be vetoed by the Federal Aviation Administration.

The Authority tentatively agreed Tuesday with the idea of irrigating 600 acres of land with 3 million gallons a day of treated sewage water. The crux of the problem lies in the uncertainty of whether or not the FAA will allow the controversial system.

Jim Sheppard, the FAA's man in charge of Florida and northern Caribbean airports said a potential problem exists, but he is aware of no instances where other airports have gone through with similar proposals.

"It's not the first time this idea has come up," said Sheppard, manager of the FAA's airport district office. "I can't be certain without researching, but to my knowledge no one has yet gone through with it."

"At this point we don't know what the FAA will say..." said Bill Simmons, director of engineering and planning. "...and we won't until we get your (the city commission's) O.K. Then we can at least go to them, present our plan, and see what happens."

The problem concerns the Department of Environmental Regulation's demand that Sanford stop dumping effluent into Lake Monroe. The city wants to have the

airport system done by 1989 when the lake dumping must stop.

Kay Shoemaker, chairman of the Airport Authority, said at Monday's workshop meeting that when Sanford first got the airport, the authority didn't know what to do with it.

"We tried to get commercial traffic but we ran into stone walls with the airlines because we didn't have enough growth. Now we're getting the growth and we need to consider what the ramifications of this system will be when we start expanding."

As the workshop carried on, the main points of controversy became evident. The most glaring was that many authority members felt that the sprinklers were located too close to the runways, and that the extra water would consequently attract insects and thus many birds. The alternatives to irrigating the runway were:

1) Having resident subscribers tap into the main effluent lines and irrigate their lawns with the treated water, an alternative that has been successful in Cocoa Beach and St. Petersburg.

2) To spray the water on a 2,200 acre site located on private property near Lake Jesup.

While the negotiations for the Lake Jesup land are in progress Frank Faison, Sanford City manager, has said that the city ought to proceed with the airport plan as the only option the city has to meet its 4-million-gallons-a-day treatment problems.

See AIRPORT, page 10A

Commission Mulls Charter Study Panel Appointment

**By Kathy Tyrity
Herald Staff Writer**
Seminole County Commissioners agreed at a workshop session Tuesday that if charter government is to be studied, an independent study commission should be appointed to see whether to put it on the ballot in November of '88, or even sooner.

The commission or advisory board would be made up of 11-15 people appointed for no more than 18 months to recommend the best form of government for Seminole County.

Charter government would make the county its own sovereignty so state rules would not apply in many cases. It would mean among other things that

constitutional officers such as sheriff, property appraiser, supervisor of elections, clerk of circuit court and tax collector could be appointed rather than elected.

It would also mean streamlining of county government and consolidation of certain city and county services that could save the taxpayer money, county

Administrator Ken Hooper said. Hooper has said in the past he is in favor of a charter commission to study the possibilities.

The full commission is scheduled to take a vote on setting up a charter study commission April 28.

David Berrien, clerk of courts, told the commissioners he did not believe a charter study

commission was needed.

A former judicial officer from Orange County, which recently set up charter government, said long, hard study was needed before undertaking such action. The retired judicial officer, Robert N. Webster, said a change in government should be advised, "only if the administration can't

See CHARTER, page 10A

P.O. Aid For Late Filers

Income tax returns to the Internal Revenue Service that are mailed prior to the midnight deadline today at the Sanford Post Office will receive an April 15 cancellation as a crew will be working late to accommodate late mailers, a postal spokesman said.

Facilities remaining open

until midnight to accept mail from procrastinators who have waited until the last minute to file will include the Altamonte Springs Post Office on Longwood Avenue (County Road 427), the main Winter Park Post Office, the downtown Orlando station and the International Airport postal facility.

Longwood Holds Public Workshop

The Longwood Land Planning Agency is urging the public to participate in a workshop on the city's Comprehensive Plan at 7 p.m. Wednesday in the city commission chambers at 175 W. Warren Ave., Longwood.

The purpose of this workshop is to discuss the draft of the Comprehensive Plan update, including the transportation el-

ement. There will be a slide presentation outlining some of the major land use issues.

A volunteer citizen group will be organized to provide continued input into the revisions of the plan.

City Planner Chris Nagle said he has a list of about 50 persons who have expressed interest in providing input. "If the turnout is large enough, we may break

up into two groups to discuss different parts of the plan," he said. "It is very important that the public become involved in decisions on how coming growth will be accommodated, because resulting policies can relate back to their everyday lives. If we don't get public participation it is easy to overlook something more important to residents."

Nagle said the background

study has been done on the transportation element of the proposed update and information will be given those attending on the characteristics of the city's roads and projected traffic volume, which they will be able to take home and study.

For more information call the Longwood Planning Department at 260-3440.

Clayton Finalist For State Post

Nikki Clayton, Seminole County's attorney, has been picked as one of 14 finalists for the position of director of Florida's Department of Natural Resources.

She reportedly has the backing of state Republican party power broker Tommy Thomas, who convinced her to put her name in the ring for the position. At age 43, Clayton would be earning up to \$96,000 a year for the DNR position. As Seminole's chief legal counsel, she is earning \$76,244. She has held that position since 1978.

A registered republican, Clayton is the only woman in the running for the DNR chief's job, which is held by Elton

Glascendanner until his term expires July 1.

There were more than 250 applicants for the job, and the final 14 will be interviewed later this month by a seven member screening committee appointed by the governor and Cabinet. After the interviews, the list is expected to be narrowed to four or five names.

Those names will be submitted to Gov. Bob Martinez and the six Cabinet members who will select the new director.

Other candidates include Democrat Frank Mann of Fort Myers, who campaigned for lieutenant governor in

Steve Pajcic's gubernatorial bid against Martinez; former Rep. George Sheldon, lobbyist for McDonald's Corp. and Proctor & Gamble; Ken Woodburn, an environmental adviser to former Florida governors (who was let go by Martinez); Tom Gardner, deputy to secretary of state George Firestone; Fred Brunner who heads the natural resources agency in Missouri; Richard Anderson, commissioner of the Board of Conservation in Maine; Joe Browder, a legislative consultant in Washington; James Carr, a dredge and fill supervisor; Bob Eisenbud, a worker for the federal

See CLAYTON, page 10A

TODAY

Bridge.....4B	People.....1B-3B
Classifieds.....6B,7B	Police.....2A
Comics.....4B	Sports.....6A-9A
Coming Events.....5A	Television.....5B
Crossword.....4B	Weather.....2A
Dear Abby.....1B	World.....3A
Deaths.....10A	School Menu
Dr. Gott.....4B	Thursday: Salisbury
Editorial.....4A	steak with gravy,
Financial.....10A	mashed potatoes,
Florida.....8B	garden green peas,
Horoscope.....4B	pineapple chunks,
Hospital.....10A	fresh-baked roll,
Nation.....3A	lowfat milk.



Nikki Clayton
...County Attorney

WORLD

IN BRIEF

Gorbachev Offers Short-Range Missiles Removal In Arms Deal

MOSCOW (UPI) — Soviet leader Mikhail Gorbachev told Secretary of State George Shultz he is willing to eliminate shorter-range nuclear missiles — including battlefield missiles — as part of an agreement to remove medium-range nuclear missiles in Europe.

Shultz, who met with Gorbachev for 4 1/2 hours Tuesday, was to fly to Brussels, Belgium, today to brief the NATO allies on his three days of talks with Soviet officials.

The Tass news agency said Gorbachev, during his meeting with Shultz, expressed "readiness to record in an agreement on medium-range missiles the Soviet Union's obligation to eliminate its shorter-range missiles in Europe within a relatively short and clearly defined time frame."

Nakasone Faces Budget Threat

TOKYO (UPI) — Minor scuffling erupted in parliament today as Japan's ruling party, risking a major political showdown, ignored opposition protests and steamrolled committee approval of the stalled national budget.

The rowdy session came after Prime Minister Yasuhiro Nakasone's Liberal Democratic Party, which needs the budget to defuse trade pressure from the United States, refused to withdraw a controversial sales tax proposal over which opposition parties had boycotted budget deliberations.

The LDP, which holds an overwhelming majority in the Diet, or parliament, called an afternoon meeting of the budget committee in the powerful lower house and passed the fiscal 1987 budget alone on a show of hands.

Israelis Overfly Beirut

BEIRUT, Lebanon (UPI) — Israeli warplanes today flew reconnaissance flights over Lebanon, a day after Syrian troops stretched their positions into the south and closer to the border with Israel.

Security sources said two Israeli warplanes flew several reconnaissance missions over Beirut, plus the mountains and southern Lebanon, to inspect recent positions taken by some 120 Syrian troops along the 16-mile-long strategic coastal road south of Beirut.

Congressman On Jury Duty

COLORADO SPRINGS, Colo. (UPI) — Rep. Joel Hefley, R-Colo., saw his duty and did it.

Hefley, a freshman member of Colorado's congressional delegation, is spending his Easter recess on jury duty in El Paso County District Court. He was selected to the jury to hear a driving-under-the-influence case despite having sponsored numerous pieces of such legislation while serving in the Colorado Legislature.

Judge D. Richard Toth, who is presiding in the case, said Hefley easily passed jury screening. Toth said he was particularly impressed with Hefley's comment that, although he helped write the state's drunken-driving laws, "that didn't make the defendant guilty."

Hefley said he was summoned to jury duty in March, but called to see if he could serve during Congress's Easter recess.

"Some people have said, 'Are you crazy? Pull some strings and get out of it.'" Hefley said.

"But if we believe in this system, it's our responsibility to take the time. It's just a few days, and it's not that burdensome."



Herald Photo by Tommy Vincent

Fun On The Playground

Dr. Michael Kahn, right, principal of the Hopper Exceptional Education Center, accepts a check for \$2,000 from The Links, Inc. to purchase physical education equipment for the school. Presenting the check are, from left, Sandra Brown, carnival coordinator; Doreatha Orr, presi-

dent; Adrienne Perry, vice president; Edith Williams, historian; and Lorraine R. Offer, treasurer. The money was raised by a carnival at Sanford Plaza. The Links is a non-profit women's organization dedicated to assisting civic and educational endeavors.

Police Restrict Choke Hold

ORLANDO (UPI) — Influenced by police experience in Tampa, Orlando Police Chief Fred Walsh has placed the same restrictions on his officers' use of a potentially deadly "choke hold" as limit their firing guns at suspects.

In the carotid restraint technique, the arm is wrapped around and pressure applied to the side of a suspect's neck, cutting blood flow to the brain. It is intended to weaken, not kill, a suspect.

Tampa police suspended the hold after Melvin Hair, 23, a black man, died of asphyxiation in February when a white officer subdued him using the hold. The incident triggered two nights of disturbances in mainly black areas of the city and evoked outcry from community leaders.

Walsh said he wants control of the grip because of its potential to kill, and he said the Tampa incident helped motivate his decision.

"I think this is causing them to be afraid," he said. "If I can't learn from their experience, then I'm not doing the job I should be. I don't want to give the impression that we won't ever use it, because sometimes

(the only way to control somebody is to choke them out.")

Orlando police previously had no written policy on using the hold. As of this week, officers may use it only if they think their lives or the lives of other citizens are in immediate danger.

Mike Lorden, who teaches the hold at the Central Florida Police Academy said cadets are taught to use the technique only on very violent suspects.

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NATION

IN BRIEF

President Waits Until 'Last Minute' To File, Gets Refund

SANTA BARBARA, Calif. (UPI) — Like millions of Americans, President Reagan waited until the end to file his tax return, even though he and his wife are entitled to a refund of \$81,057.

He mailed them Monday to the IRS center in Fresno, Calif., and the documents were released Tuesday with a presidential statement hailing tax reform, which he said will make next April 15th "a lot easier to take."

Reagan used the occasion of his own tax filing to accuse the Democrats of planning to repeal tax reform, delay next year's rate reductions and increase taxes among "other mischievous schemes. ... Let me put this in plain English: No way."

Soviet Arms Deal Said Bad

SANTA BARBARA, Calif. (UPI) — Soviet leader Mikhail Gorbachev is throwing a new, if not wholly unexpected, wrench into the negotiating process that has inched toward what the White House hoped would be the first arms control agreement in years.

With President Reagan secluded at his mountain-top ranch, attention was focused today on Moscow, where Gorbachev offered Tuesday to remove short-range nuclear missiles targeted at Western Europe, eliminating the key stumbling block to a major arms control agreement to rid Europe of medium-range missiles.

In private, U.S. officials painted the Gorbachev plan — however tempting on the surface to some — as unacceptable to NATO because of its failure to resolve the conventional force imbalance regarded by the administration as a fundamental concern in any change in the nuclear balance in Europe.

Supernova Mystery Heats Up

Astronomers may have identified the star that exploded 163,000 years ago in a rare supernova but the origin of the explosion remains in doubt and the suspect star may be simply hidden by the debris of the cosmic blast.

"It's one or the other. The bottom line is whatever scenario you like, it's phenomenal," NASA scientist Ed Weller said Tuesday.

The supernova, discovered in February, is the closest such stellar catastrophe in nearly 400 years and the brightest since 1885. Although the explosion occurred some 163,000 years ago, radiation from the expanding shell of gas and debris only now is reaching Earth.

The star that may have blown up is known as Sanduleak 202-69, a blue supergiant in the large Magellanic Cloud, a satellite galaxy to the sun's Milky Way. The numbers refer to the star's position in the sky as viewed from Earth.

Sanduleak was located almost precisely where the supernova was observed in February and George Sonneborn, a staff astronomer at NASA's Goddard Space Flight Center in Greenbelt, Md., said astronomers originally thought Sanduleak was the star that exploded.

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COMING EVENTS

Secretaries Talk Business At Communication Seminar

Professional Secretaries International in conjunction with Dr. K. Phillip Taylor, professor of Communication at University of Central Florida, will present a seminar, "Let's Talk Business: Effective Communication on the Job," on Thursday, April 16 at the Peabody Orlando Plaza International Hotel, 9801 International Drive, 8 a.m. to 4 p.m. Keynote speaker Miss Florida Molly Pesce. For information call 849-2251.

Support For Mental Patients

COPE support group for families of mental health patients meets Wednesday at 7:30 p.m., Crane's Roost Office Park, S-377, Altamonte Springs.

Take Off Pounds

TOPS Chapter FL-491 (weight loss) will meet from 6:30 to 8 p.m., Wednesday, at the Salvation Army, 700 W. 24th St., Sanford. Open to the public.

Semoran Optimist Club To Meet

Optimist Club of Semoran will meet at 6 p.m., Wednesday at Quincy's Steakhouse, Live Oaks Center, Highway 17-92, Casselberry.

Bible Study Held

A non-denominational Bible study and prayer is held at noon Thursdays at the Cavalier Inn Restaurant, Highway 17-92, Sanford.

East-West Sanford Club Meets

East-West Sanford Kiwanis Club meets Thursday at 6 p.m. at Friendship Lodge, Seventh and Locust.

Democratic Committee To Meet

Seminole County Democratic Executive Committee meeting will be held 7:30 p.m. April 16 at former Max's Seafood Restaurant, one block north of State Road 434 on Highway 17-92, Longwood. Speaker Don Boyett.

Phil Woods In Jazz Lab Concert

Three-time Grammy winner Phil Woods, renowned for his artistry on alto sax and clarinet, will headline the University of Central Florida Jazz Lab Spring Concert, Friday, April 17 at 8 p.m. at the UCF Student Center. UCF students free, others admitted for \$5 donation.

Shriners To Keep Burn Institute In Galveston

TAMPA (UPI) — Shrine officials ended speculation Tuesday that a burns institute would be moved from Galveston, Texas, to Houston, deciding instead to build a new facility adjacent to the existing hospital.

The joint boards of directors and trustees for Shriners Hospitals for Crippled Children had been discussing in recent weeks the possible closing of the institute in Galveston and opening a new facility in Houston where

the Shriners operate one of their 19 orthopaedic hospitals.

In giving tentative approval to construction of a new burns institute at Galveston, the joint

boards accepted the recommendation of the Shrine's Burns Advisory Board to build a replacement facility on a site close to the existing hospital, providing mutually agreeable terms and provisions are worked out.

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Graham Outlines Agenda

ORLANDO (UPI) — Protecting the state's growth potential and developing more rounded relationships among the most important issues facing Florida's congressional delegation, Sen. Bob Graham said Tuesday.

In a speech to business leaders, the former two-term Democratic governor in his first year as senator discussed the importance to Florida of national legislation on growth issues and regulations restricting commerce and America's historic personal mobility.

"As a state that is going through significant growth, we have an interest in policy encouraging mobility, or at least that doesn't erect barriers to that mobility," Graham said.

He said transportation — highway and air — systems must be maintained, and he cited as harming Florida regulations making it more difficult to relocate business and industry.

He also chided limits on applications for federal money to expand infrastructure, such as sewer systems, when needs are based on anticipated growth.

In addition to problems Florida suffers from action in South and Central America, such as the dumping of Brazilian citrus in the United States and massive migration of Hispanics to Florida, "We also have tremendous opportunity in Latin America," Graham said.

He said U.S. Latin American policy currently is perceived primarily as providing assistance to warring nations south of our borders, but stronger diplomatic, legal and trade ties also need to be formed.

"There is no state in this country that will be as affected by that (Latin American) policy as will the state of Florida," Graham said.

Graham said since huge portions of state budgets are aimed at education, social and criminal justice programs for the young, it falls to the federal government to care for the elderly.

"Especially to maintain a high level of economic and personal well-being" for our senior citizens, Graham said. He added elderly issues are particularly important to Florida, because about 22 percent of the state's population will be 65 or older by the year 2000.

While admitting there are many other matters of concern to Florida at the national level, Graham said the issues discussed were "the beginning of a strategic agenda to which our delegation needs to give attention."

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SCOREBOARD

TV/RADIO: Tonight's Lineup. TELEVISION: 7:30 p.m. — ESPN, NASCAR Valuedale 500. 8 p.m. — WGN, Pittsburgh Pirates at Chicago Cubs (L.I.).

RADIO: 7:30 p.m. — WUCF-FM (99.1), College. 8 p.m. — WWSF-AM (1130), Atlanta Braves vs. Cincinnati Reds.

DOGS: DOG RACING: At Sanford Orlando. Daylight Results: 1 Ahood Caylla 20.40 7.00 3.00.

BASKETBALL: 13:00 p.m. — WWSF-AM (1130), Atlanta Braves vs. Cincinnati Reds. 7:00 p.m. — WWSF-AM (1130), Atlanta Braves vs. Cincinnati Reds.

BASKETBALL: W L Pct. GB. y Boston 34 25 709 —. y Philadelphia 34 25 557 12. y Washington 24 25 304 16.

Washington's HR Keys BML

By Chris Pieter Herald Sports Writer

Baseball

There have been very few balls hit out of Chase Park the past few years, but Ball Motor Line's Eric Washington staged a two-run shot over the fence in the first inning of opening day Monday.

tom of the first brought Ball Motor Line within 3-2 and ball came back with three runs in the second to take the lead for good.

The Woodmen had taken a 3-0 lead in the top of the first on RBI doubles by Ray Williams and Calvin Davis and a run-scoring single by Keith Myers.

After Washington the homer in the first, Washington came on in relief of David Dunn in the second and allowed only two runs on five hits the rest of the game.

...SAC

shot at 39 or possibly get 40, that will be a big plus for us. For Lake Mary, Tonya Lyman is defending champion in the long jump and Lake Howell's Lisa Samockki won last year in the mile and two mile.



Lisa Samockki was all smiles last week after signing a scholarship to run track at Florida State University. From left, mother Marie, Lake Howell Principal Dick Evans, coach Tom Hammontree and father Larry take in the event.

While Seminole is the dominant team in the girls side, coach Ken Brauman's Seminole boys team is also looking to repeat as SAC champions.

Brauman is still looking for the right combinations in the mile and 400 relay for this year's team.

While the Tribe is still looking for the right relay combination, Brauman said his team still feels it is important to win the conference title.

Two other young performers who are coming on strong are freshman triple jumper Robert Moore and sophomore long jumper Kenny Batton.

Leading scorer, Edwin Edwards

KORG Pounds Lumps On Police, 30-0

KORG USA pitched out 32 hits and scored five runs in every inning on route to a 30-0 rout of Lake Mary Police Department in Seminole Pony Baseball Pinto League action.

Clay Lytle, Michael Evans and Justin Marks drove in four runs each for KORG while Danny Porscht had four hits and three RBIs and Steve Bussard had an inside-the-park homer among his three hits.

In a similar Pinto League game, Frank's Frozen Yogurt scored five times in every inning in a 30-7 thrashing of Dr. Gittess.

Shawn St. Dennis slammed two home runs to lead the way while Matthew Candler added two singles and two doubles.

Lake Howell improved to 13-6 overall and won its sixth conference game in a row for a 7-2 record heading into Thursday's finale at home against Lake Mary.

"If we win Thursday we've got it (conference) wrapped up," Lake Howell coach Jo Luciano said.

Lake Howell improved to 13-6 overall and won its sixth conference game in a row for a 7-2 record heading into Thursday's finale at home against Lake Mary.

Baseball

Also in construction over two games, 12-6 over Teer Lab and 13-12 over Central Florida Underground.

Against Teer Lab, David Marsh and C.J. Meert had three hits each while, against Underground, Mike Turrey had three hits and scored three runs and Brandon Steinbrook saved the game with a game-ending double play.

Midland Construction kept its lock on first place with a pair of victories, 15-3 over Benchmark and 11-5 over Eric Nelson.

Lyman, which fell to 0-19 overall and 0-9 in the SAC, got its only run in the bottom of the third when Nikki Jarrett singled and later scored by two Lake Howell errors.

The Lady Hawks tacked on four more runs in the third on RBI singles by Stormi Littrell and Val Monica along with two Lyman errors.

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...Softball

Continued from 6A

still think that we have a good chance to win the district. HOWELL ROUTS LYMAN

Julie Barton led a 21-hit offensive outburst with two doubles, a homer and five RBIs Tuesday as Lake Howell's Lady Silver Hawks maintained their lead in the Seminole Athletic Conference with a 14-1, five-inning rout of Lyman High.

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"If we win Thursday we've got it (conference) wrapped up," Lake Howell coach Jo Luciano said.

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Cook Of The Week

Native Daughter Uses No-Nonsense Approach To Basics Of Life

By Dorothy Greene
Herald Correspondent

For a no-nonsense approach to life's basics, our Cook of the Week wins, hands down. Sophia Shoemaker relates that when she was selected as our weekly cook, her children roared with laughter and jokingly suggested that an award for "child abuse" may have been a better choice.

However, the results of her role as wife, mother and homemaker are evident in three fine, productive and well-adjusted offspring. What makes Mrs. Shoemaker a very special person is her candid attitude coupled with an orderliness that is enviable.

A native of Sanford and a registered nurse by profession, she is also an only child "and if you had good manners, it was because they had time to spend with you to make you have good manners," she says, "and if you didn't, then you were a spoiled rotten only child."

Mrs. Shoemaker's mother was also a nurse, and, as the county public health nurse for 23 years, she worked many long hours. "My mother worked sometimes from seven in the morning 'til seven, eight or ten o'clock at night," she recalls, "and worked, back in the early 30s for 35 dollars a month. My grandmother was totally blind and she was responsible for me and I was responsible for her. I was to see that the doors weren't left ajar, knives weren't left out where they shouldn't be — I was her eyes."

Mrs. Shoemaker and her mother and grandmother lived out in the "country" part of Sanford. "We lived on a farm and I still itch from picking okra out of the garden," she laughs. "It's taken me years to get over it. I don't know how it came about, but we always had a garden, and the people in that area always interchanged vegetables and whatever there was on the farm. I don't remember as a young person growing up that we had a lot of red meat."

"Grandmother went out and caught a chicken and we'd have it for Sunday dinner. She'd save the feathers for pillows. We had geese and she'd save the goose down for pillows, and I still have one." When anybody stopped by at mealtime, Mrs. Shoemaker says, "hospitality was just putting the chairs closer together. If more than one person stopped in at mealtime, well, you just prolonged dinner a little and went out and killed another chicken."

Kitchen duties were shared, explains our cook. "We had a kerosene stove and my grandmother could feel the wick and tell how high the fire should be, she would start the simple things, like peel the potatoes, slice them and cover them with water. She would wash the rice, then drain to check it to make sure the specks were out. My grandmother always canned, with my mother's help. We always had tomatoes, figs, beans and anything that was available to can. We had a huge pantry full of glass jars of fresh vegetables.



Herald Photo by Tommy Vincent

Sophia Shoemaker slices Banana Nut Bread

In those days, you had to make out with what was available."

"As far as cooking is concerned," Mrs. Shoemaker continues, "I didn't actually participate in any cooking around the house. My grandmother took care of the basics, and my mother came in and put the finishing touches on. A 'gourmet' dinner was chicken and rice, or stewed tomatoes and rice and okra, or fish, and you never questioned it. There wasn't a lot of variety in foods back then in the early thirties and forties that there is now. I never heard of pizza as a kid!"

"I don't think you have to study cooking a lot — that's my feeling," she adds. "My family enjoys

my cooking, but I don't think it's because I work at it. I think anybody who can read a recipe and follow directions can cook, and I try to fix things that are easy."

Married in 1951 to Kay Shoemaker, president of Shoemaker Construction Co., and also a Sanford native, Mrs. Shoemaker recalls that they dated in high school, "but when he went to the University of Florida and I went into nurse's training in Jacksonville, we parted company. He was busy doing his thing, and I was busy doing mine." When she returned to Sanford to work at the former Fernald-Lawton Memorial Hospital, they began dating again. During her nursing days, she saw the hospital through three moves,

from the navy base to Oak Avenue to First Street, when it was renamed Seminole Memorial Hospital. "I did not participate in the move from First Street to where the hospital is now," she says.

Mrs. Shoemaker's nursing skills have been on "hold" since her first daughter, Beth (Mrs. John) Corso, was born. Beth is a physical education teacher at Seminole High School and joins her mother and the rest of the family for lunch every day. Tammy, the Shoemakers' second daughter, is a member of the office staff at Shoemaker Construction Co. Beth and Tammy are both graduates of the University of Central Florida. Son Dean is a senior at the University of Florida at Gainesville and an honor student. His studies are in the field of business construction engineering.

Table manners were taken seriously in the Shoemaker household, says our cook, "none of this laying on the table with their elbows and chewing with their mouths open and that sort of thing. And they did not come in without washing their faces and hands and putting on a shirt. My husband and I always went out to dinner on Saturday nights, and, as the children got older, we took them and introduced them to different foods and different restaurants. My husband was instrumental in teaching them restaurant manner, as to what they should do in a restaurant and how they should deal with the Maitre d' and so that's helped our son a lot."

Mrs. Shoemaker mentions that her daughter, Beth, is "an excellent cook, but I don't think she really spent any time in this kitchen fixing a meal other than making Toll House cookies or something like that. And Tammy is a very good cook. She takes over when I'm at the beach in the summertime."

Dean, who shares a home in Gainesville with several roommates including Kevin Huaman, a Sanford chum, is also a great cook, says Mrs. Shoemaker. "He often calls home for a recipe," she says. "He left home with a file box full of recipes. He and Kevin keep a real good house at Gainesville and we have always been welcome there on football weekends, and they've always had plenty of food to fix for us."

Meals are important to Mrs. Shoemaker, as she explains, "I think it's a time when the family gets together, whether they're happy with one another at that moment or not, and through having a meal together some of the things that have happened during the day, or some of their feelings toward each other come out, and it makes you closer." She adds that her husband is "great to cook for," and always expresses his appreciation for a special meal.

A very dear friend of 26 years taught Mrs. Shoemaker how to needlepoint about four years ago, "and I picked that up and haven't put it down since. I've gained 25 pounds needle-

See COOK, 2B

Garden Club Elects Officers

The following officers have been elected to serve the Altamonte Springs Garden Club for the coming year: Joan Zoltek, president; George Nill, vice president; Eleanor Pearson, treasurer; Kathleen Ebberts, recording secretary; and Peggy

Gromak, corresponding secretary.

Speaker at the meeting was Bill Wilson, staff geologist with the University of Central Florida Sink Hole Institute. He spoke on the formation and effects of sink holes in Florida.

Food for Thought



by Bill Painter

Down in New Orleans, baked Alaska comes out as Mile-High pie, a crisp shell layered with ice cream and topped with a crown of meringue before browning. Serve with chocolate sauce to appease.

Americans are eating more pasta than ever — almost 3.7-billion pounds last year, up from 3.32-billion in 1984.

You can turn hot dogs and sauerkraut into earthy French choucroute by cooking slowly (drain the fat) with sliced onion and carrot. Savor with bay leaf, white wine, gin (or juniper berries) and a little broth.

Easter-egg warning: remember that cooked eggs spoil more quickly than raw ones. If dyed eggs are unrefrigerated for more than a day or two, don't eat them.

Ordinary turkey sandwich is extraordinarily wonderful with spicy guacamole replacing mayonnaise. (We tried it because we ran out of mayonnaise — but what a great idea!)

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Briefly

Easter Egg Hunt Planned For Lake Mary Children

Lake Mary Woman's Club plans an Easter Egg Hunt for Lake Mary Children, Saturday, April 18, at 9 a.m., at the Community Improvement Association building. The event is co-sponsored by the CIA and Lake Mary Chamber of Commerce.

All Lake Mary children are welcome. Susan Davis is chairman and Arnell Connell is co-chairman.

Jordan Places 1st In Contest

Deane Jordan, a staff writer for The Sanford Herald, won first place for his entry in the 1986 Short, Short Story Contest at Seminole Community College, according to Bruce Aufhammer, chairman, English Department.

Jordan's winning entry was a 300-word story entitled "Daniel."

Acting Auditions Called

The Seminole Community College Fine Arts Theatre will hold auditions for Ayn Rand's Night of January 16th in the Fine Arts Theatre on April 28 at 7 p.m. and April 29 at 7 p.m.

The production offers roles for 11 men and 4 women as well as court "extras."

Information and/or scripts contact Jackie Starren at the Seminole Community College Fine Arts Theatre, 323-1450 or 843-7001, extension 398.

Dooryard Citrus Seminar Set

The Seminole County Cooperative Extension Service will sponsor a dooryard citrus seminar titled, "How to Plant and Care For Your New Citrus Trees" on April 21. The program will be held at the Seminole County Agricultural Center Auditorium, 250 W. County Home Road at Five Points, south of Sanford, beginning at 7:30 p.m.

Featured speaker will be A. Brooks Humphreys, Extension Citrus Specialist from Brevard County. Topics to be covered include tree selection, planting, watering, pruning, fertilization, general maintenance and cold protection.

Free Classes Offered For Diabetics, Families

How to live a positive diabetic lifestyle is the purpose of the free classes for diabetics and their families beginning April 15 and 16 at Central Florida Regional Hospital.

"Diabetes Series: Update" will be held both in the evenings and in the afternoons. The six-session course, set for 7-8:30 p.m. Wednesdays, will start April 15 and continue through May 20. The afternoon classes are set for 2:30-4 p.m. starting April 16 and will be held every Thursday through May 21.

"Balancing the right amount of food, exercise, body weight and, if necessary, medication, is the key to good control," says Betsy Fitts, CFRH instructor. "Careful treatment and control

of your disease may prevent long-term complications. Our classes are designed to help diabetics live a lifestyle to prevent them from reaching the dangerous situations associated with the disease."

The same topics are explored in each course. They are: What is your blood sugar; What is diabetes?; Food exchanges; Menu planning; Medication and diabetic lifestyle.

Informal, the sessions are open to questions and there are opportunities to meet and discuss topics among the attendees.

To register, call Central Florida Regional Hospital at 321-4500 or 888-4441, extension 607.

Program Helps Parents To Teach Their Children

As a part of the Adopt a School program, Seminole Community College and Lake Mary Elementary School have become "Partners in Excellence." There is a cooperative recruitment effort to enroll parents of elementary age children in adult education programs.

These programs are E.S.O.L. (English for Speakers of Other Languages), G.E.D. (General Equivalency Diploma), and Learn to Read, an adult literacy program. The E.S.O.L. program is designed to teach English to speakers of other languages, the G.E.D. classes teach skills needed for a high school diploma and Learn to Read teaches adults to read better. Adults may

enroll as students in Adult Education Programs at any time.

Titled "Bear Hugs," its theme is "Little Bears Need Moms or Dads Who Can Help Them Learn." The more skills the parents have, the more they can effectively help their children with their studies.

A flyer will be sent home with the children to Lake Mary Elementary School parents explaining the available programs. If there are any questions, contact Seminole Community College at 323-1450 and ask for the Developmental Education Department.

Parents who take advantage of the program can better help children with their education.

NEW ARRIVAL

Mr. and Mrs. Jack Jeffrey (Deborah Ann) Lenzen of Deltona, announce the birth of their son, Brent Alan, on April 9, at Central Florida Regional Hospital, Sanford. He weighed in at 9 lbs., 9ozs.

Maternal grandparents are

Roger and Carole Lutz, Sanford. Paternal grandparents are John and Alexandra Lenzen, Casselberry.

Great grandparents are Robert and Elizabeth Lutz, DeBary, and A.B. and Betrice Johnson, also of DeBary.

Search Is On For Outstanding Mom

Mother's Day is May 10. Again this year, we at The Herald are searching for our Outstanding Mom. But we need the help of our readers to find this special woman who will be selected by a panel of judges.

Write us a letter and let us know in your own words who your nomination for outstanding mom is and why she is so special. We are asking for local, living women. Nominees need not be famous - just moms.

Please follow these instructions: Write the mom's full name, street address, city

and day phone number where she can be reached at the top of the page. Then, write her qualifications. Sign your name, address and telephone number at the end of the letter. Mail to the PEOPLE Editor, The Sanford Herald, P.O. Box 1657, Sanford 32771, or deliver to 300 N. French Ave. Deadline for submitting entries is noon, Thursday, April 23.

The three top winners will be featured in The Herald on Mother's Day. All letters remain the property of The Herald.

Microwave Magic

Try Tempting Side Dishes With Easter Entree



Midge Mycoff
Home Economist
Seminole Community College

Whatever meat or poultry you are planning to serve for Easter dinner you are probably thinking about the accompaniments (or side dishes) that would complement it. With that thought in mind I've researched my files for some recipes that are good with meat or poultry and that are not time consuming.

If ham is to be your choice this souffle will be delicious to serve with it.

PINEAPPLE SOUFFLE

3 eggs
2 1/2 cups crushed pineapple
1/2 cup sugar
3 tablespoons flour
2 tablespoons butter
1 tablespoon lemon juice
1/4 teaspoon salt
1/4 teaspoon nutmeg

Beat eggs until light and lemony in color. Melt butter (45 seconds on 100% power). Stir butter into eggs, add remaining ingredients. Microwave on 100% power for 5 minutes or until mixture begins to thicken. Pour into a 1-quart souffle dish or a shallow baking dish. Microwave on 80 percent power for 5-8 minutes or until souffle mixture appears almost set, allow to stand for a few minutes before serving.

This recipe is for a really quick and easy garnish for the entree platter. Peaches or pears can be used. When I use pears I use mint jelly and this is especially nice to serve with lamb.

PINK PEACHES OR MINT PEARS

1 can (large) peach halves
4 tablespoons lemon juice
1/2 teaspoon grated lemon peel
1/2 cup currant jelly

Drain peach halves and reserve 1/2 cup of

syrup. In a 4-cup glass measure place syrup, jelly and lemon juice. Microwave on 100% power 6-8 minutes until mixture begins to thicken. Pour jelly syrup over peaches and arrange on serving platter or place in a glass bowl and serve a side dish.

A favorite with ham or pork is an apple side dish.

APPLE SLICES IN CINNAMON SAUCE

6 medium apples, peeled and sliced (about 6 cups)
1/2 cup sugar
1 tablespoon flour
1/2 teaspoon cinnamon
1/2 cup raisins
1 tablespoon rum, if desired

Combine apples, sugar, flour and cinnamon in 2-quart glass casserole. Cover with casserole lid.

Microwave (high) 12 to 15 minutes (25 to 28) or until apples are tender, stirring once or twice. Stir in raisins and rum. Serve warm or cold. About 4 cup (5 servings).

Fruit as a side dish is a taste complement to any meat or poultry entree. Curry adds aroma, color and flavor.

HOT CURRIED FRUIT

1/2 cup butter

1/2 teaspoon curry powder
1 1/2 cups fresh pineapple tidbits or 1 17-ounce can pineapple tidbits
1 17-ounce can apricots, drained
1 cup brown sugar
1 1/2 cups of fresh peaches, quartered OR canned peaches
1 1/2 cups fresh pears, quartered OR canned pears

In a 2-quart microwave proof casserole dish, combine butter, brown sugar and curry powder. Microwave uncovered for about 1 minute, or until butter is melted. Mix well and add fruit. Microwave covered for about 8 minutes on 100% or until heated through. Serve immediately. Makes about 4 servings.

A potato dish that can be prepared "ahead" and just heated before dinner will make the meal preparation easier on the cook.

GOURMET POTATOES

6 medium potatoes
8 ounces shredded Cheddar cheese
1/2 cup butter
1 cup sour cream
1/2 cup chopped green onions
1 teaspoon salt
1/2 teaspoon pepper
Paprika

Microwave unpeeled potatoes 18-20 minutes on 100% power with 1/2 cup water. Cool slightly, peel and slice.

Melt 1/2 cup butter on 100% power 45-60 seconds; add cheese, stirring to blend. Stir in sour cream, salt, pepper and green onions. Pour sauce over potatoes mix and place in an 8x12 glass baking dish. Sprinkle with paprika. Microwave on 100% 6-8 minutes or until heated well. Serves 6-8.

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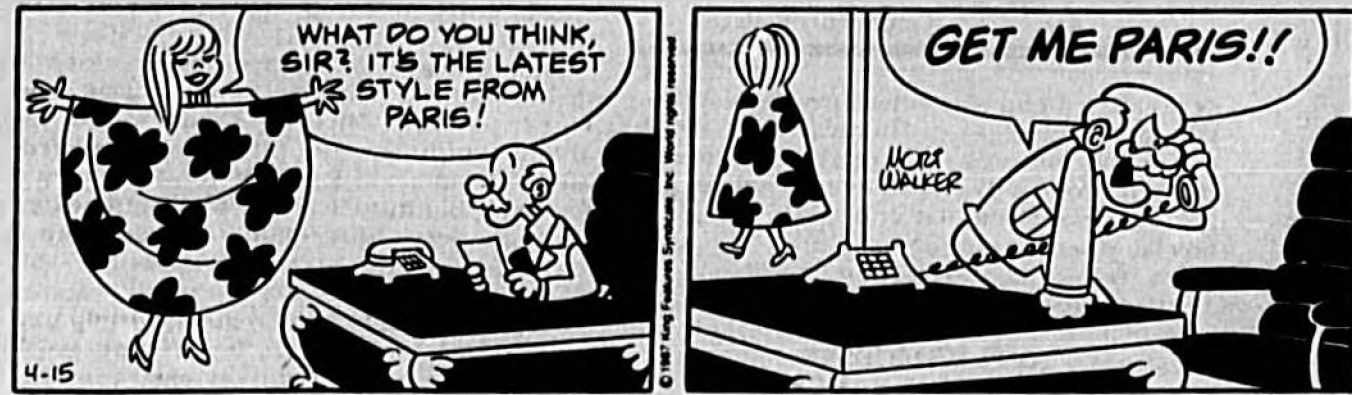
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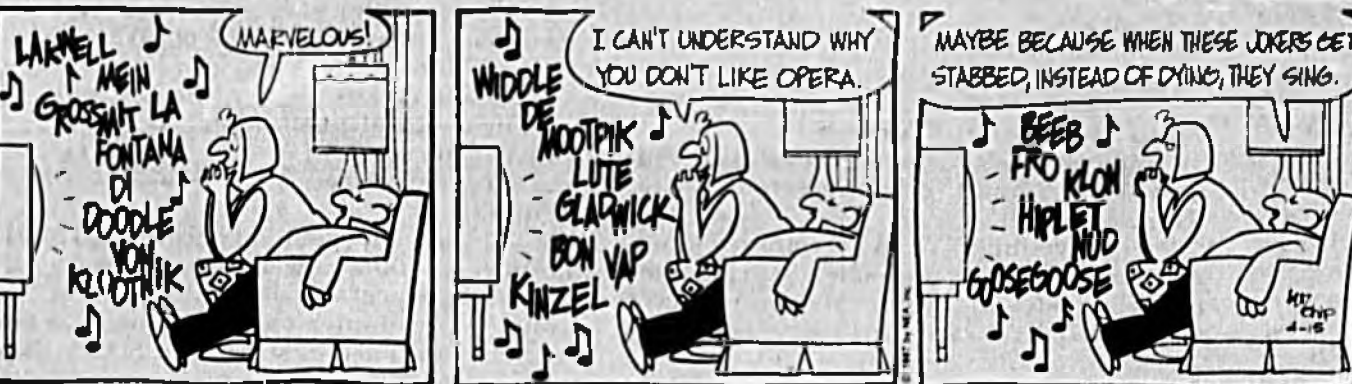
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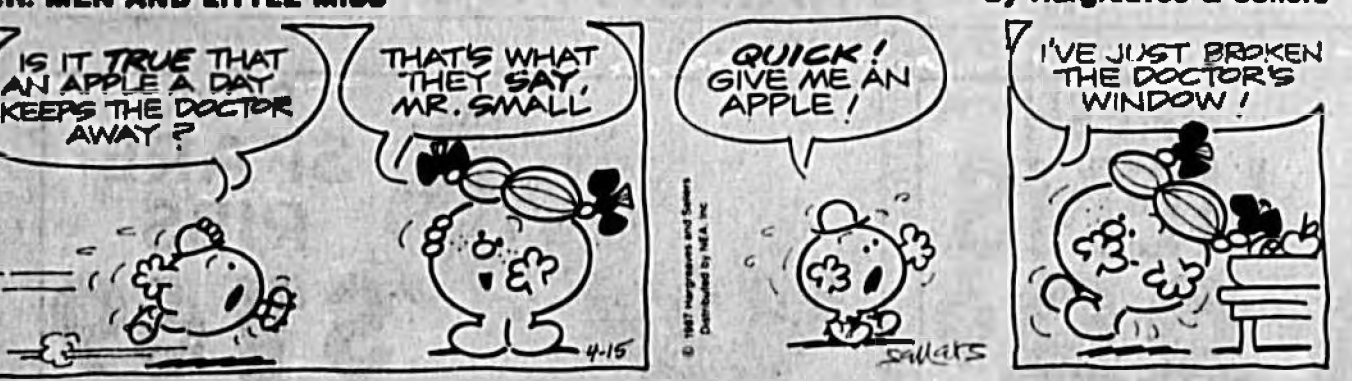
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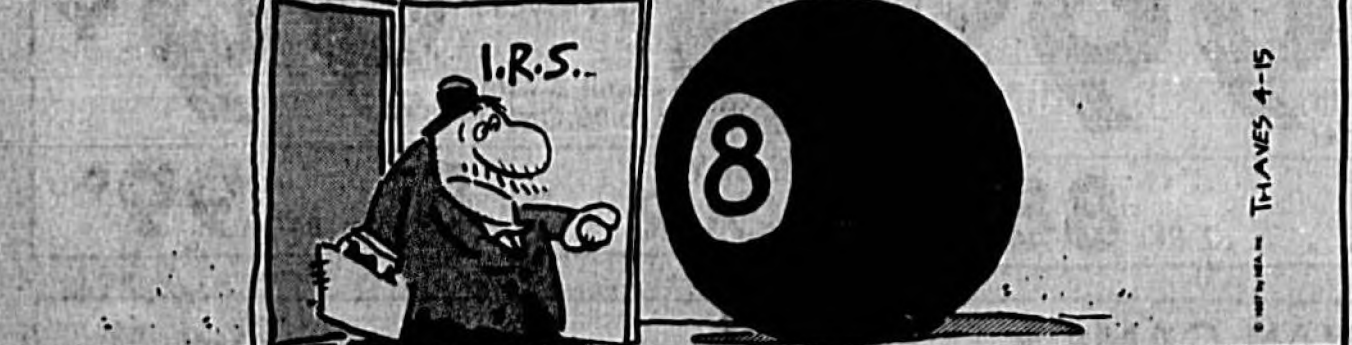
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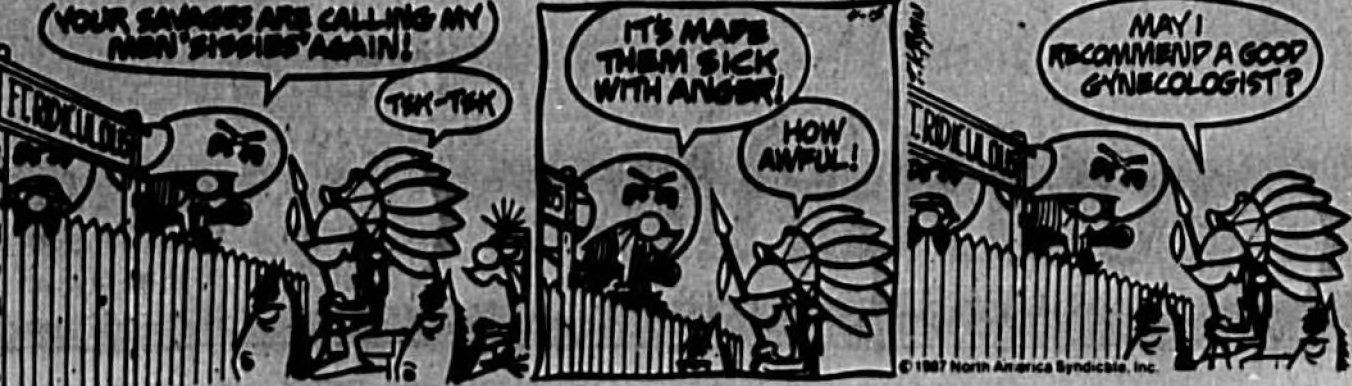
FRANK AND ERNEST by Bob Thaves



GARFIELD by Jim Davis



TUMBLEWEEDS by T. K. Ryan



Football Can Be A Very Risky Sport



DEAR DR. GOTT — Can playing football be dangerous for a teenager?

DEAR READER — There are many physical dangers inherent in contact sports, regardless of a person's age.

To begin with, there are risks in simple warmups and practice. Pulled muscles, cramps and strained tendons are part of any strenuous activity. Heatstroke and fatal cardiac irregularities have been reported among football players.

The contact part of football means that almost any part of the body can be injured. The usual broken bones, hematomas (bruises), twists and sprains come with the territory.

However, in my experience, there are three common and serious consequences of contact sports in general, and of football in particular. The first is a ruptured spleen. The spleen is a relatively unprotected organ in the left upper abdomen. It is spongy and filled with blood, and can burst if given a smart enough blow. Football pads do not do a good job of protecting the spleen, and when it is forcefully struck — during tackling or blocking — uncontrolled hemorrhage can result, making emergency surgery necessary.

Second, kidney bruising is a common consequence of football playing. Several studies have shown that professional players usually pass small amounts of blood in their urine after a game. This comes from blows to the kidneys during tackling, violent blocking and pileups. Although mild kidney bruising is probably inconsequential in healthy adolescents, an occasional football player may pass more obviously bloody urine after a game; this causes doctors to worry that more severe damage may have taken place.

Third, head and neck injuries are, in my opinion, the most serious danger in football. Minor concussions occur regularly. I can't remember being on duty at a football game in which at least one youngster did not become dazed or have his "bell rung."

This phenomenon is universal among professional players. On occasion, more serious concussions can result, with loss of consciousness.

Although the manufacturers of football helmets are continually upgrading their products and making them safer, no helmet is perfect. Head and neck injuries are a common consequence of football; I worry so much about them that I have not encouraged

my own children to engage in tackle football.

Despite the improvements in equipment and technique, football remains a dangerous sport for people of any age. Parents and players must remember this and work closely with coaches, trainers and referees to minimize risks.

- ACROSS**
- Poverty-war agency (abbr.)
 - Story points
 - Daily (sl.)
 - Over (post.)
 - Sooner State (abbr.)
 - Saga
 - Before (pref.)
 - Troublesome plant
 - Columbian
 - Bombek
 - Nymph
 - Take the sun
 - Comparative suffix
 - Scatter mown hay
 - Math subject
 - Actor Dirk
 - Pains
 - Yoko
 - Wyatt
 - And others (2 wds.)
 - Unclothed
 - Ivy League member
 - Roman
 - Colorado city
 - Bread of dog
 - Solo
 - Clumsy boat
 - Belonging to us
 - King
 - Metric unit
 - Songbird
 - Actress Gam
 - Unit
 - Novelist Ferber
 - Mine opening
 - Quaint
 - Task
 - Bronze heroine
 - Jane
 - Mao
 - tung

- DOWN**
- Fumbler's exclamation
 - Ghastly
 - Russian city
 - In no place
 - Hawaiian instrument
 - Fruit decay
 - Egypt's Anwar
 - Born
 - Exactly
 - Duration
 - Battle memento
 - School organization (abbr.)
 - Firearm owners' gp.
 - Normandy invasion day (comp. wd.)
 - Cold cubes
 - ... fide
 - Burden
 - Relative, of a kind
 - Ages
 - Roof edge
 - Silpiped
 - Make a map of
 - Eternally (abbr.)
 - Imitate
 - Insect egg
 - Oriental saah
 - Malos
 - Was indebted to
 - Pakistan language
 - Neat
 - Binge
 - Companion of odds
 - Advise
 - Negative answer
 - French shooting contest

WIN AT BRIDGE

By James Jacoby

Three no-trump is a good contract, and South judged well to bid it. He might have exercised a bit more science by cue-bidding three hearts to give North a chance to show biddable spades, but he feared that North would not be able to bid no-trump. Having leaped to three no-trump, South had plenty of work to do. Two aces had to be forced out before he could take nine tricks, and it was imperative to keep East off lead at the crucial moment.

When East put up the heart queen at trick one, declarer casually played low. That was curtains for the defense. A heart was returned, won by dummy's jack. South was now able to go about his business without a worry. East would hardly have opened with a weak two-bid in hearts with two outside aces, so it really didn't matter who won the first ace. If it happened to be East, then he could not also hold the other ace, and that card could be forced out in due course with no danger. The only problem that could possibly arise with this defense would be if East had boldly bid his hearts with only five cards. (It's not recommended, but we've seen it happen.)

East did miss a chance in the defense. At the first trick he is better advised to simply play his heart nine on the eight. Declarer will now be compelled to capture that trick with the 10. If South first attacks diamonds, West will take the ace and continue hearts, setting up that suit in the East hand before the club ace has been dislodged.

1	2	3	4	5	6	7	8	9	10	11
12			13					14		
15			16					17		
18		19			20		21		22	
			23					24		
27	28	29				30		31		32
34				35			36		37	
38		39				40		41		42
43				44				45		46
			47					48		
50	51			52				53		54
										56
58				59				60		61
63										65
66										68

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HOROSCOPE

What The Day Will Bring...

YOUR BIRTHDAY
APRIL 16, 1987

Your greatest advantages in the year ahead are likely to develop from links you'd least expect. Drift in the direction that events take you, instead of trying to swim against the tide.

ARIES (March 21-April 19) Discussions with friends today shouldn't serve as a forum of the United Nations. Neither your views nor theirs will resolve international issues. Trying to patch up a broken romance? The Matchmaker set can help you understand what it might take to make the relationship work. Mail \$2 to Matchmaker, c/o this newspaper, P.O. Box 91428, Cleveland, OH 44101-3428.

TAURUS (April 20-May 20) It's a prudent policy to protect what we feel is ours, but be careful today that you're not unreasonably concerned about others taking advantage of you.

GEMINI (May 21-June 20) Everything is negotiable, and this is especially true for you today. If you don't take an unyielding position, those you're involved with won't either.

CANCER (June 21-July 22) Usually you're not hesitant about being of service to others if you can. But today you could really resent being imposed upon.

LEO (July 23-Aug. 22) Don't force friends who have divergent points of views to mix today. If you do, you might end up playing referee to a couple of hotheads.

VIRGO (Aug. 23-Sept. 22) Be careful how you respond today if someone who likes to call the shots starts issuing you directives on how to run your household.

LIBRA (Sept. 23-Oct. 23) Be selective about who you tell your latest ideas today. Don't pick a listener who lacks your vision.

His objectives could anger you.

SCORPIO (Oct. 24-Nov. 22) You could get a little miffed today if someone indebted to you starts buying things he can't afford instead of paying back the obligation.

SAGITTARIUS (Nov. 23-Dec. 21) If you hope to further your self-interests today, you'd better make sure there is also something in it for the others with whom you're involved.

CAPRICORN (Dec. 22-Jan. 19) You won't feel free to relax and enjoy yourself today if you've neglected a responsibility that you know requires attention.

AQUARIUS (Jan. 20-Feb. 19) If you're participating in some form of strenuous sport today, be careful not to exert yourself beyond your endurance. Why face aches and pains tomorrow?

PISCES (Feb. 20-March 20) Today, don't give credence to the critical comments of an associate who is envious of your accomplishments.

NORTH			
♦ A 7 5			
♦ J 4			
♦ K Q 9 6 4			
♦ Q 6 4			
EAST			
♦ J 4			
♦ K Q 9 7 5 3			
♦ 8 7			
♦ A 7 2			
SOUTH			
♦ K 10 3 2			
♦ A 10 6			
♦ J 10 3			
♦ K J 5			

Vulnerable: North-South
Dealer: East

West	North	East	South
Pass	Dbl.	Pass	Pass
Pass	Pass	Pass	3 NT

Opening lead: ♥ 8

ANNIE

Hi, Abby! AM I EARLY?

NO—MS. SLATE HAD TO SPEND SOME EXTRA TIME WITH DERMOT, ANNIE...

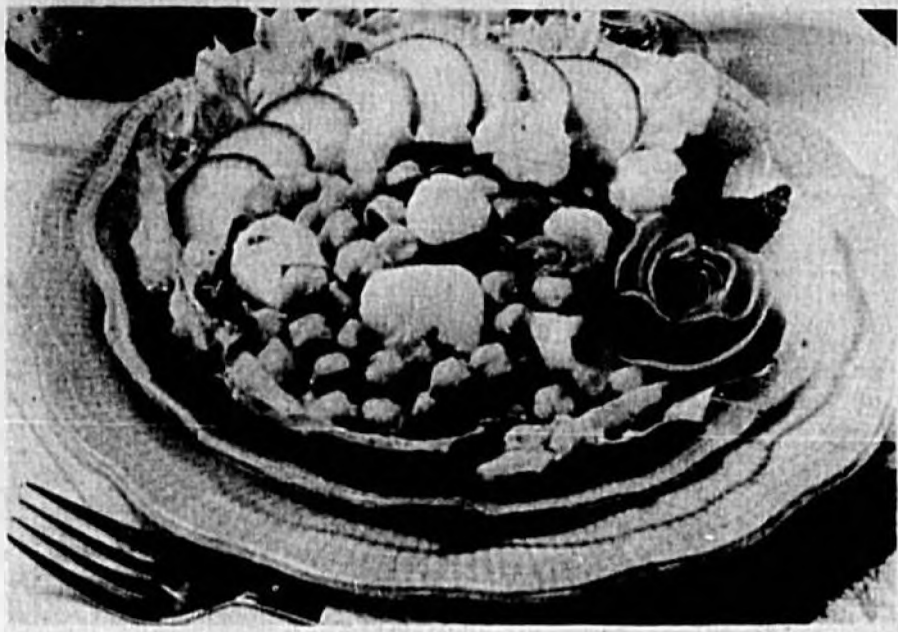
THERE'S SOME MORE PAPER IF YOU WANT TO PAINT A PICTURE WHILE YOU WAIT...

WELL, I'VE NEVER BEEN TOO GOOD AT ART WORK...

BUT WOW! THAT'S BEAUTIFUL, ABBY!

IS IT? DO YOU REALLY THINK SO, ANNIE?...

by Leonard Starr



Seasonings wake up tastebuds when you eat salads made with gingered scallops or a rice mix from the French Quarter.

Potpourri

Springtime Is Salad Time

By Aileen Claire
NEA Food Editor

Crisp, light salads make perfect main courses for the beginning of spring and add extra dash to Lenten dinners. Mix together familiar and exotic ingredients to create a well-seasoned gingered scallop salad or a rice salad with a crunchy surprise of pecans and a sharp dressing.

GINGERED SCALLOP SALAD

1 pound sea scallops, cooked, sliced in halves
1 cup canned garbanzo beans, drained
1/2 large red pepper, julienned (about 3/4 cup)
1 small zucchini, sliced (about 1 cup)
1 cup vegetable oil
1/2 cup lemon juice
1 tablespoon finely chopped fresh ginger or 1 teaspoon ground ginger
2 teaspoons finely chopped fresh mint or 3/4 teaspoons dried mint
1 clove garlic, minced
1/4 teaspoon Tabasco pepper sauce
1/2 teaspoon salt
In large bowl combine scallops, beans, red pepper and zucchini. In small jar or bowl combine oil, lemon juice, ginger, mint, garlic, salt and pepper sauce; shake or mix well. Pour dressing over salad. Serve in lettuce cups. This kitchen-tested recipe makes 4 servings.

FRENCH QUARTER RICE SALAD

1 package (6 ounces) long grain and wild rice mix
2 cups cooked, diced chicken or turkey
1 large carrot, shredded (1 cup)
1/2 cup raisins
1/3 cup chopped scallion
2/3 cup vegetable oil
1/3 cup white wine vinegar
1 tablespoon Dijon-style mustard
1 clove garlic, minced
1/2 teaspoon Tabasco pepper sauce
1/2 cup toasted pecans
Cook rice according to package directions. Cool slightly. In large bowl combine rice, chicken, carrot, raisins and scallion. In small jar or bowl combine oil, vinegar, mustard, garlic and Tabasco sauce; shake or mix well. Pour dressing over rice mixture. Cover. Refrigerate 2 to 3 hours to blend flavors. Just before serving, stir in pecans. This kitchen-tested recipe makes 4 servings.

BRAISED FISH WITH FENNEL

3 tablespoons unsalted margarine, divided
2 cups thinly sliced fennel or celery
1/4 cup diced onion
2 medium cloves garlic, minced
4 fish steaks: halibut, salmon or swordfish (6 ounces each)
3/4 cup dry white wine
1 cup low-sodium chicken broth
1/4 teaspoon Tabasco pepper sauce
1 red bell pepper, cut in julienne strips
2 teaspoons chopped fresh fennel or celery leaves
1/2 teaspoon celery seed
In large skillet, melt 2 tablespoons margarine; saute fennel or celery, onion and garlic until tender, about 5 minutes. Remove vegetables and set aside. In same skillet, melt remaining 1 tablespoon margarine; brown fish steaks on both sides. Reduce

heat, add reserved vegetables, wine, broth and pepper sauce. Cover. Simmer 10 to 15 minutes or until fish flakes easily when tested with a fork. Remove fish to serving platter; keep warm. Add red pepper, fennel leaves and celery seed. Simmer 5 minutes, or until liquid is reduced by half and vegetable are tender. Serve vegetable and sauce over fish. This kitchen-tested recipe makes 4 servings.

FISH FILLETS SUPERB

1 tablespoon unsalted margarine
1 tablespoon flour
1 cup skim milk
1 tablespoon Dijon-style mustard
1/4 teaspoon Tabasco pepper sauce
1/2 cup shredded Jarlsberg cheese (2 ounces)
4 fish fillets: flounder or sole (approximately 6 ounces each)
2 medium-size tomatoes, sliced
In medium saucepan and over medium heat, melt margarine; stir in flour; cook 1 minute. Remove from heat; stir in milk, mustard, and Tabasco sauce. Return to heat; stir until mixture boils and thickens. Remove from heat, stir in cheese until melted. Fold fish fillets in thirds; arrange in shallow baking dish. Spread tomato slices over fish. Pour cheese sauce over all. Bake in a preheated 350-degree oven 30 minutes, or until fish flakes easily when tested with a fork. Place baking dish under broiler; broil until cheese sauce is golden brown, if desired. This kitchen-tested recipe makes 4 servings.

CHINESE-STYLE FISH ROLLS

1 pound cod, pollock or rockfish, thawed if necessary
Salt and pepper
Melted butter or margarine
1 cup finely shredded cabbage
1 package (6 oz.) frozen pea pods, thawed and coarsely chopped
1/4 cup thinly sliced celery
2 tablespoons minced onion
2 teaspoons soy sauce
1 teaspoon grated ginger root or 1/4 teaspoon ground ginger
1/4 cup water
1 tablespoon rice vinegar or white wine vinegar
Lemon wedges
Microwave method: Cut fish horizontally into serving-size pieces. Season with salt and pepper. Brush with melted butter. Combine cabbage, pea pods, celery, onion, soy sauce and ginger root. Spoon over fish. Loosely roll fish in jelly roll fashion. Place filled rolls in microwave-proof dish. Cover with plastic wrap. Microwave at High for 4 to 6 minutes, or until fish flakes when tested with fork. Half-way through cooking time, rotate dish one-quarter turn. For half-recipe, microwave at High for 2 1/4 to 3 1/2 minutes. This kitchen-tested recipe makes 4 to 5 servings.
Conventional method: Roll filled fish loosely in jelly roll fashion; fasten with wooden picks if necessary. Place in shallow baking dish. Pour water into bottom of dish; sprinkle vinegar over fish. Cover with foil; bake at 450-degrees, allowing about 10 minutes cooking time per inch thickness of rolled fish, or until fish flakes when tested with fork; baste with melted butter halfway through cooking time. Serve with lemon wedges. Makes 4 or 5 servings. Recipe can be halved.

It's Easter

Center Meal Around Maple-Orange Baked Ham

Have a light, but delicious Easter this year. Weight Watchers International suggests the following foods to celebrate the season.

GOLDEN DAFFODIL CAKE (Makes 8 servings)

1 1/2 cups cake flour
1/4 teaspoon baking soda
2 eggs, separated
1/4 cup vegetable oil
1/2 cup granulated sugar
2 tablespoons lemon juice
1 tablespoon grated lemon peel, divided
3/4 cup buttermilk
1/8 teaspoon cream of tartar
2 cups canned pineapple tidbits (no sugar added), divided
2 tablespoons cornstarch
1 1/4 cups thawed frozen dairy whipped topping
Garnish: 1 lemon, thinly sliced and each slice cut into quarters, divided
Preheat oven to 350°F. In small bowl combine flour and baking soda; set aside. Using electric mixer at medium speed, in large mixing bowl beat together egg yolks and oil; add sugar, lemon juice, and 2 teaspoons lemon peel and beat until light and fluffy. Reduce speed to low and, alternating ingredients, gradually beat in flour mixture and buttermilk; continue beating until mixture is thoroughly combined, 1 to 2 minutes.

Using clean beaters, in small mixing bowl beat egg whites until foamy; add cream of tartar and continue beating until stiff peaks form. Fold beaten whites into batter. Spray 8-inch round cake pan with nonstick cooking spray and pour batter into pan. Set pan in middle of center oven rack and bake for 25 to 30 minutes (until a cake tester, inserted in center, comes out clean). Using a spatula, loosen cake from pan; invert cake onto wire rack and let cool.

In work bowl of food processor or in blender container, using on-off motion, process 1 1/4 cups pineapple until crushed (*do not puree*). Transfer pineapple to 1-quart saucepan; add cornstarch and remaining teaspoon lemon peel, stirring to dissolve cornstarch. Cook over medium heat, stirring frequently, until mixture thickens, 8 to 10 minutes; transfer to bowl and let cool.

Using sharp knife, cut cake in half horizontally, making 2 equal layers. Place bottom layer on cake plate, cut-side up, and spread cut side with pineapple mixture; set top layer over pineapple mixture. Spread whipped topping over top and sides of cake. Decoratively arrange 4 lemon slice quarters in center of top of cake, then arrange remaining 1/4 cup pineapple tidbits in a circle around lemon. Arrange remaining lemon pieces around edge of cake plate.

Each serving provides: 1 Bread Exchange; 1 1/2 Fat Exchanges; 1/2 Fruit Exchange; 130 calories Optional Exchange
Time-saving tip: While cake is baking, prepare pineapple mixture. Cake and filling can then be cooling at the same time.

MAPLE-ORANGE BAKED HAM

(Makes 12 servings)
3-pound "fully cooked" boneless smoked ham
1 cup water
1/2 cup reduced-calorie orange marmalade (16 calories per 2 teaspoons)
3 tablespoons maple syrup
1 teaspoon Dijon-style mustard
1 ounce shelled pecan halves
2 small oranges, each cut into 6 thin slices
Preheat oven to 325°F. Remove and discard casing from ham. Using a sharp, pointed knife, score top of ham in a diamond pattern (cut long diagonal slashes, about 1 1/2 inches



Serve a menu of baked ham, stuffed squash, potato salad and cake

apart, in one direction, then cut across these slashes in other direction). Transfer ham to rack in roasting pan; insert meat thermometer into center of ham. Pour water into pan; bake for 45 minutes.

In small saucepan combine marmalade, syrup, and mustard and cook over medium heat, stirring frequently, until mixture comes to a boil. Set sieve over small bowl. Force mixture through sieve into bowl; discard solids remaining in sieve.

Brush 1/2 of marmalade mixture over ham; bake for 25 minutes, basting with remaining marmalade mixture at 10-minute intervals. Arrange pecan halves on surface of ham, insert meat thermometer, and bake 10 minutes longer (thermometer should register 145° to 150°F.). Slice ham; transfer to serving platter and garnish with orange slices.

Each serving provides: 4 Protein Exchanges; 55 calories Optional Exchange
Variation: Omit pecan halves. Reduce Optional Exchange to 40 calories.

Note: Wrap leftovers well in moisture- and vapor-resistant wrap and refrigerate to use later in the week.

STUFFED YELLOW SQUASH (Makes 4 servings)

5 medium yellow straightneck squash (about 5 ounces each)
2 teaspoons margarine
1/2 cup chopped scallions (green onions)
2 garlic cloves, minced
1 medium tomato, seeded and diced
1/4 cup golden raisins
1 tablespoon minced fresh parsley
1/2 teaspoon salt

Dash pepper
1 teaspoon each plain dried bread crumbs and grated Parmesan cheese

Garnish: celery leaves and Italian (flat-leaf) parsley
In 4-quart saucepan bring 3 quarts water to a boil; add 4 squash and cook over high heat until fork-tender, 8 to 10 minutes. Drain; rinse squash with cold water until cool enough to handle. Using a sharp knife, cut an oval 4 inches long and 2 inches wide into each cooked squash, coming to within 1 inch of end of wide part of each. Scoop out pulp from each oval to within 1/4 inch of bottom of each shell; reserve shells. Dice pulp and the remaining whole squash.

Preheat oven to 450°F. In 10-inch skillet heat margarine until bubbly and hot; add squash pulp, diced squash, scallions, and garlic and saute over medium-high heat, stirring occasionally, until squash are tender crisp, 3 to 4 minutes. Add tomato and cook 1 to 2 minutes longer. Remove pan from heat; add raisins, parsley, salt, and pepper and mix well. Spoon 1/4 of squash mixture into each reserved shell and transfer filled shells to 13x9x2-inch baking dish. In small cup combine bread crumbs and cheese; sprinkle 1/4 of mixture over each stuffed squash and bake until squash is tender and topping is lightly browned, 15 to 20 minutes. Transfer to serving platter and garnish with celery leaves and parsley.

Each serving provides: 3 1/2 Vegetable Exchanges; 1/2 Fat Exchange; 1/2 Fruit Exchange; 5 calories Optional Exchange

COUNTRY-STYLE POTATO SALAD (Make 4 servings)

12 ounces cooked red new potatoes, sliced
1/2 cup diagonally sliced celery
1/4 cup each sliced radishes, sliced scallions (green onions) and buttermilk
2 tablespoons sour cream
2 teaspoons each chopped fresh dill and chopped fresh parsley
1 teaspoon granulated sugar
1/2 teaspoon salt
Dash white pepper
8 Boston lettuce leaves
2 slices crisp bacon, finely chopped

In medium mixing bowl, combine potatoes, celery, radishes, and scallions. In 1-cup glass measure combine buttermilk, sour cream, dill, parsley, sugar, salt, and pepper, mixing well; pour over salad and toss to coat thoroughly. Line serving bowl with lettuce leaves and top with potato mixture; sprinkle with bacon. Cover salad with plastic wrap and refrigerate until chilled, at least 30 minutes.

Each serving provides: 1 Bread Exchange; 3/4 Vegetable Exchange; 50 calories Optional Exchange
Variation: Omit bacon. Reduce Optional Exchange to 30 calories.

RASPBERRY-LEMONADE (Makes 4 servings)

1 tub (eight 8-fluid-ounce servings) low-calorie lemonade-flavored drink mix (4 calories per serving)
2 quarts cold water
16 ice cubes
1 cup fresh or thawed frozen raspberries (set aside 4 berries for garnish)

Red Snapper A Favorite At Old World Eatery

TAMPA, Fla. (UPI) — There are few places in all Florida as special as Ybor City, that section of Tampa built on the labors of Cuban cigar workers — and there's no place in Ybor City as special as the Columbia Restaurant.

Since 1905, this landmark has been delighting visitors from around the world with its elegant Old World atmosphere and its Spanish-Cuban cuisine.

The man responsible for making it all happen each day is Chef Richard Gonzmart, part of an operation currently moving

from its third into its fourth generation.

Here he shares his recipe for Red Snapper Alicante, one of the Columbia's more popular dishes. Woven in as garnish is a formula for the restaurant's wonderful Shrimp Supreme.

RED SNAPPER ALICANTE
1 pound red snapper fillets
1 onion, cut in round slices
1/4 cup olive oil
1/2 tsp salt
Pinch of white pepper
1/2 cup brown gravy or chicken gravy
2 green bell peppers, cut in rings

1/2 cup white wine
12 almonds
4 Shrimp Supreme (optional garnish)
4 slices breaded eggplant (optional garnish)

Preheat oven to 350 degrees. In a casserole, preferably of clay, layer the red snapper fillets on top of the sliced onions. Add the olive oil, salt, white pepper and gravy. Top with green pepper rings. Bake uncovered in oven for 25 minutes.

Remove casserole from the oven. Sprinkle with white wine and almonds. Serve the fillets on

a plate garnished with Shrimp Supreme and fried eggplant.

To prepare Shrimp Supreme, marinate 4 large shelled shrimp in lemon juice, salt and pepper. Cut 2 strips of bacon in half, wrap 1 slice around each shrimp and secure with a toothpick.

Dip shrimp in a batter made of 1 egg and 1/4 cup milk, then roll in flour and fry in deep fat.

To prepare eggplant, flour sliced eggplant and dip in 1 beaten egg, then coat with dried breadcrumbs. Fry in a small amount of oil until browned. Makes 2 to 4 servings.



An Easter Feast from Publix Deli and Danish Bakery.



7-inch, Beautifully Decorated
Easter Basket Cake each for **\$4.98**
 Festively Decorated
Large Single Egg each for **\$4.25**

Our Most Beautiful Easter Item,
 2-Layer Cake
Large Double Egg each for **\$12.95**

Marshmallow or Buttercream Icing,
Easter Bunny Cake 8-inch size **\$4.50**

Chocolate, Yellow or Pink Iced, 1-Layer Cake, Small
Easter Egg each for **69¢**

Your Children Will Love These
Small Oval Basket each for **\$1.29**

Sliced or Unsliced
Rye Bread 1-lb. loaf **79¢**

Easter Bread 20-oz. loaf **\$1.89**

Serve With Easter Dinner
Dinner Rolls 12-ct. pkg. **89¢**

Items above available at Publix stores with in-store bakeries only.

Items below available at all Publix Stores & Danish Bakeries.

Traditional Easter Treat
Hot Cross Buns 6-ct. pkg. **\$1.69**

Decorated Especially For This Special Day
Easter Cup Cakes 6-ct. pkg. **\$1.99**

THIS AD EFFECTIVE: THUR., APRIL 16 THRU WED., APRIL 22, 1987.

PUBLIX RESERVES THE RIGHT TO LIMIT QUANTITIES SOLD.

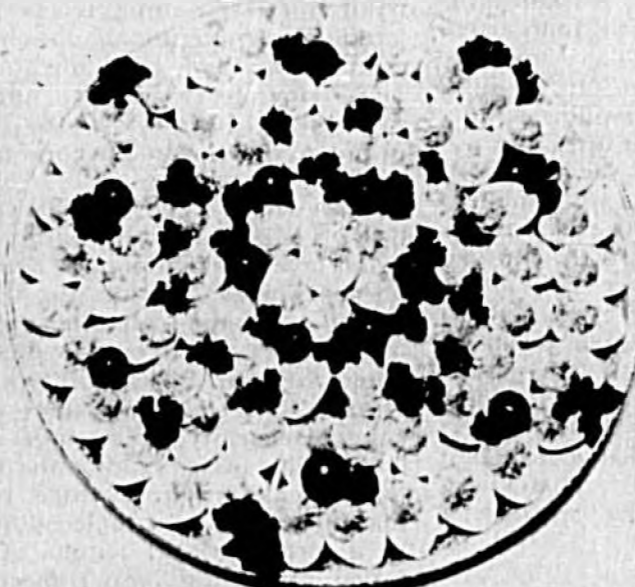


Where shopping is a pleasure.

Easter Turkey Dinner

- 9 to 10-lb. House of Raeford Cooked Turkey
 - 4-lbs. of Delicious Dressing
 - 1 qt. of Giblet Gravy
 - 1-lb. Cranberry-Orange Relish
- (Serves 12-15 People)

\$21.95 each



Deviled Egg Tray

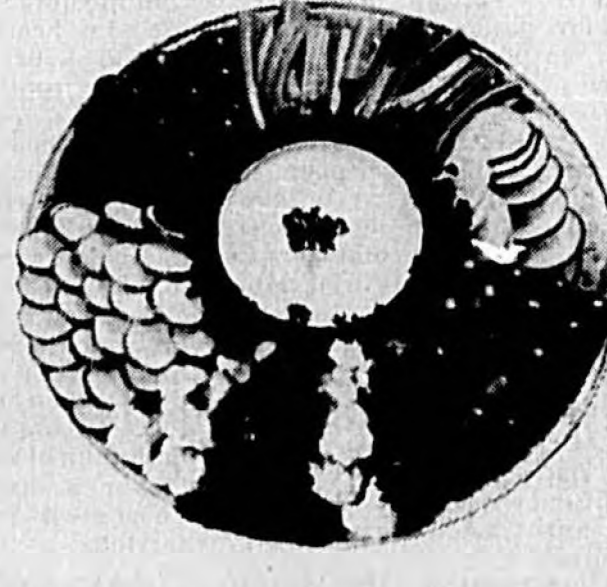
- Small (Serves 8 to 12) \$10.00
- Medium (Serves 16 to 20) \$15.00
- Large (Serves 26 to 30) \$20.00

A devilishly delicious addition to any buffet. Deviled eggs can be prepared in a variety of flavors and garnishes. Sliced ripe or green olives with chives or bacon bits are favorites.

Easter Ham Dinner

- 3-lb. Boneless Fruited and Glazed Ham
 - 2-lb. of Yams and Apples
 - 2-lb. of Green Beans (Seasoned)
- (Serves 6-8 People)

\$21.95 each



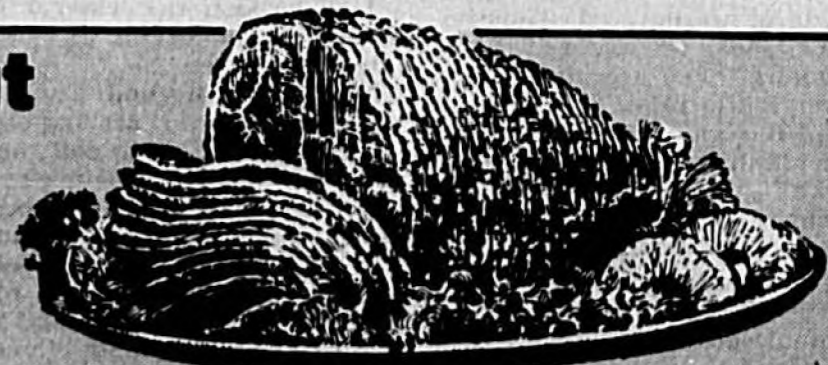
Garden Fresh Vegetable Tray

- Small (Serves 8 to 12) \$12.00
- Medium (Serves 16 to 20) \$19.00
- Large (Serves 26 to 30) \$28.00

Crisp carrot and celery sticks, tasty cauliflower, broccoli, cucumber, zucchini, tomatoes and your choice of dip.

Honey Kut Spiral Sliced Hams

It's Publix' Highest Quality Graded Ham. Completely Prepared & Ready to be Enjoyed Immediately, Spiral Sliced for Easy Serving.



Half or Whole Ham (Free Ham Holder with Purchase of Whole Ham Only)

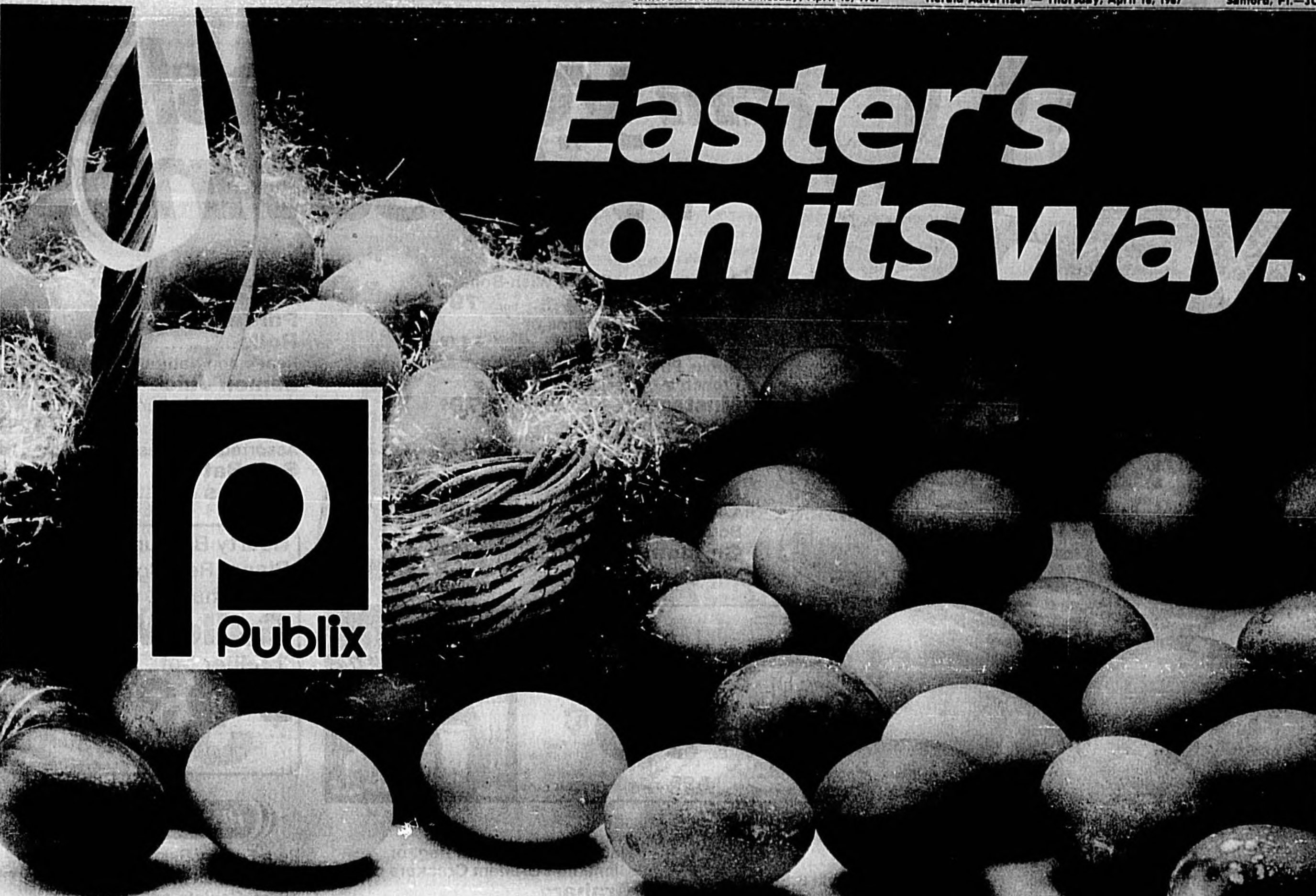
\$3.99 lb.

DELI

- Deli-Baked Mince Pie or Pumpkin Pie each for **\$1.00**
- Delicious Deli Dinner Rolls 12-pk. pkg. **89¢**

- Great Tasting Neptune Salad qtr. lb. **\$1.19**
- Old Canadian Sharp Cheese qtr. lb. **69¢**
- Beautiful Multi-Colored Boiled Easter Eggs 6 for **\$1.29**

Easter's on its way.



Publix Will Be Closed Easter Sunday

Delicious (Either End or Whole)
Smoked Ham
 per lb. **\$1.09**

Excellent Baked or Candied, North Carolina
Sweet Potatoes
 per lb. **39¢**

- Publix Special Recipe White or Wheat **Buttercrust Bread** 20-oz. loaf **69¢**
- Breakfast Club **Brown 'n Serve Rolls** 2 12-ct. pkgs. **\$1.19**
- Dole Tidbits in Juice or Sliced, Crushed or Chunks in Heavy Syrup or Unsweetened Pineapple Juice **Pineapple** 20-oz. can **69¢**

THIS AD EFFECTIVE: THUR., APRIL 16 THRU WED., APRIL 22, 1987 . . .

PUBLIX RESERVES THE RIGHT TO LIMIT QUANTITIES SOLD

Swift Brookfield
Butter Quarters
 1-lb. flat ctn. **\$1.59**



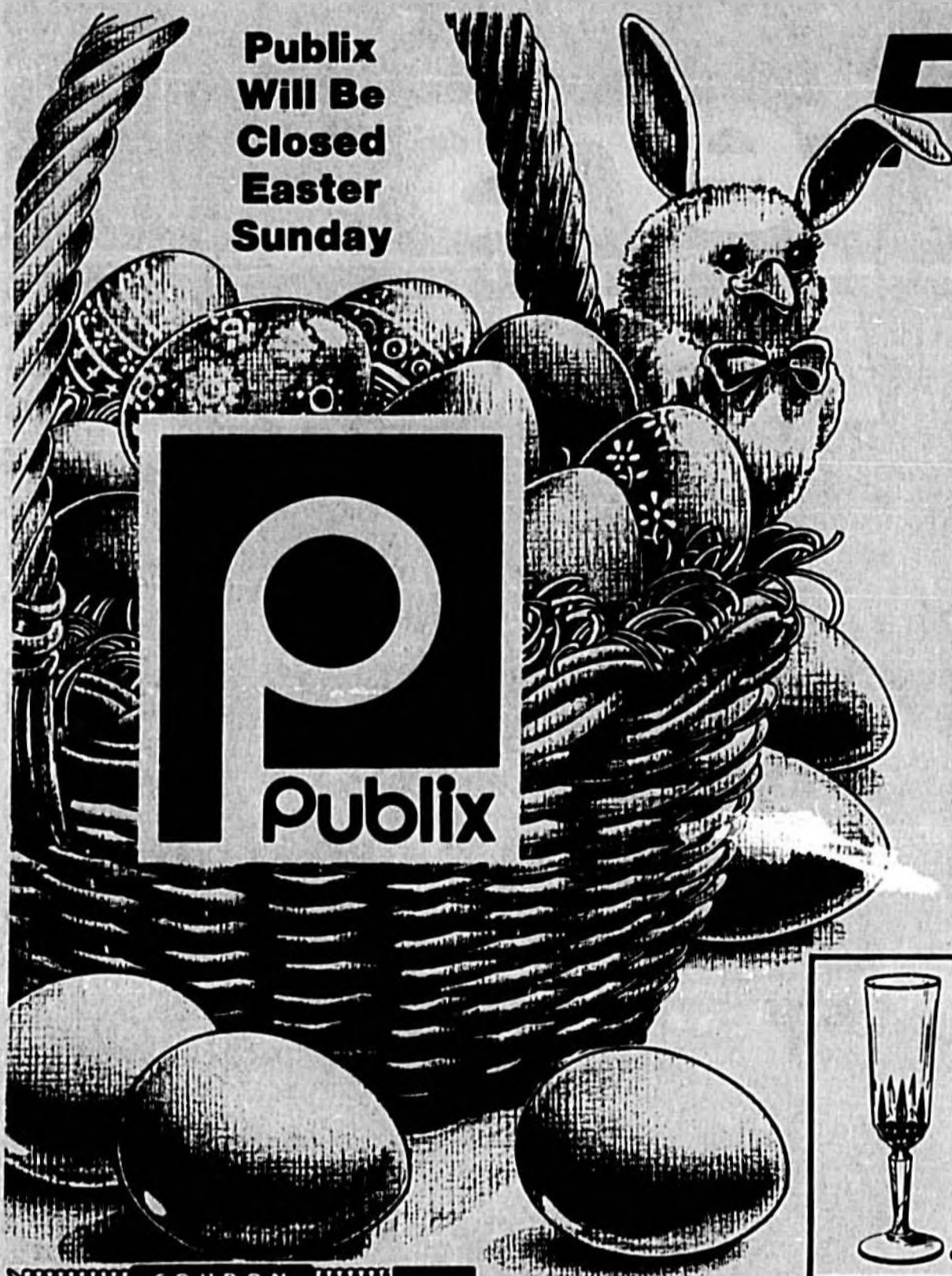
Breakfast Club Grade A Florida White Large Eggs
each dozen **19¢**

Serve With Hollandaise Sauce. Tender, Fresh
Asparagus
 per lb. **99¢**

- Trappey's Sugary Sam **Cut Yams** 40-oz. can **99¢**
- Kleenex **Dinner Napkins** 50-ct. pkg. **79¢**
- 12-Inch Wide Aluminum Foil **Reynolds Wrap** 200-sq. ft. roll **\$3.89**
- Sweet Gherkins or Sweet Pickles **Vlasic Pickles** 16-oz. jar **\$1.19**

Where shopping is a pleasure.





Publix Will Be Closed Easter Sunday

Fill your basket with savings.

- Assorted Varieties of Wish-Bone Salad Dressing 8-oz. bot. **79¢**
- Vlasic Sweet Gherkins or Sweet Pickles..... 16-oz. jar **\$1.19**
- Bonus Pack, French's--America's Favorite Mustard 28-oz. jar **79¢**
- Bakers Angel Flake Coconut..... 14-oz. pkg. **\$1.44**
- Kraft Marshmallow Creme 7-oz. jar **69¢**
- Borden Eagle Brand Sweetened Condensed Milk... 14-oz. can **\$1.49**



- Pepperidge Farm Finger Rolls, Party Rolls, or Parker House Rolls..... 7.5-oz. pkg. **\$1.14**
- RealLemon Natural Strength Lemon Juice 32-oz. bot. **\$1.49**
- Welch's 100% Pure, All Natural Grape Juice..... 64-oz. bot. **\$2.59**
- Assorted Varieties of Keebler Soft Batch Cookies 12-oz. size **\$1.29**

Hearty Burgundy, Chablis Blanc, Red Rose', Rhine, Pink Chablis, or Vin Rose Gallo Wine
1.5-liter bot.
\$3.39

Collect a beautiful set of 24% full lead crystal stemware
This Week's Feature Item
Champagne Flute
99¢
Ea. With Each \$10 Purchase
ca. \$1.99 no additional purchase req'd.

COUPON
50¢ OFF
Limit 1 Per Coupon
Maxwell House Vacuum-Packed Reg., ADC, or Electric Perk Master Blend Coffee
13-oz. bag
(Limit 1 Per Family Please, With Other Purchases of \$7.50 or More, Excluding All Tobacco Items)
(Effective April 16-22, 1987) (C)

- Tom's Country Style 6.5-oz. Spicy Cajun, Au Gratin, Mesquite Barbecue, or 7-oz. Rippled Potato Chips each size **99¢**
- Cajun Hot or Honey Roasted Sesame Lawry Sticks 6.75-oz. pkg. **\$1.69**

- Nabisco Honey Maid Reg. or Cinnamon Graham Crackers or Graham Crackers 16-oz. size **\$1.69**
- Sunshine Chip-A-Roo's 17.5-oz. pkg. **\$1.99**
- 4-C Imported Parmesan or Romano Cheese 4-oz. size **\$1.79**

HEALTH & BEAUTY

- Reg. For Dry Skin or Silky Smooth Keri Lotion 6.5-oz. bot. **\$2.99**
- 16-ct. Caplets or 24-ct. Tablets, Multi-Symptom Allergy-Sinus Formula Comtrex each pkg. **\$2.99**
- Extra-Strength Tablets Tylenol 100-ct. pkg. **\$4.99**
- Tube, Aqua-Fresh Fluoride Toothpaste..... 4.6-oz. pkg. **\$1.19**

Real or Light Reduced Calorie Kraft Mayonnaise
32-oz. jar
\$1.39
(Limit 1 Please, With Other Purchases of \$7.50 or More, Excluding All Tobacco Items)

For Breakfast, Snacks or Dessert, Delicious Golden Bananas
per lb.
23¢

THIS AD EFFECTIVE:
THUR., APRIL 16
THRU WED., APRIL 22, 1987 ...

PRODUCE

- For Snacks or Salads, Thompson Seedless Grapes.. per lb. **89¢**
- Florida Sweet, Juicy Valencia Oranges 5 lb. bag **\$1.49**
- Florida Grown, Flavorful Fresh Mushrooms 16-oz. pkg. **\$1.79**
- For Slicing or Salads, Florida Large Size Tasty Tomatoes.. per lb. **49¢**

Blackwelder's 100% Pure All Florida Chilled, Fresh Squeezed Orange or Grapefruit Juice
half gal.
\$1.89

Polk, Highlands, Orange, Lake, Seminole, Osceola Co. Assorted Flavors of Coca Cola 2-liter bottle **99¢**

COUPON
30¢ OFF
With This Coupon Tab or Reg. or Diet: Sprite, Minute Maid Orange or Lemon-Lime, A&W Root Beer or Assorted Flavors of Coca Cola
2-1/2 liter bottle **69¢**
(Effective April 16-22, 1987)
Polk, Highlands, Orange, Lake, Seminole, Osceola Co.

Miller Lite, Miller Genuine Draft or Miller Beer
12-pk. 12-oz. cans **\$4.85**
Limit 2, Please

Reg. or Light Blue Ribbon Pabst Beer
12-pk. 12-oz. cans **\$3.33**
Limit 2, Please

In Heavy Syrup or Unsweetened Pineapple Juice, Chunks, Crushed, or Sliced Dole Pineapple 20-oz. can **69¢**

- Assorted Colors, Style #5893, #6936, or #6881, Acclaim Women's Fashion Socks per pair **\$1.39**
- Scotch #104 Half-Inch or #105 Three-Quarter Inch Wide Magic Tape 2 pkgs. for **\$1**

Publix Jellied or Whole Berry Cranberry Sauce
16-oz. cans **\$1.29**

Delicious Topping for Ham, Chicken or Cornish Hens! Dole Tidbits in Juice or Sliced, Crushed or Chunks in Unsweetened Pineapple Juice
Pineapple
20-oz. can **69¢**

Golden Light Brown or Old Fashioned Dark Brown Sugar or XXXX or Ten-X Confectioners Powdered Sugar
Dixie Crystals Sugar
1-lb. boxes **\$1.29**

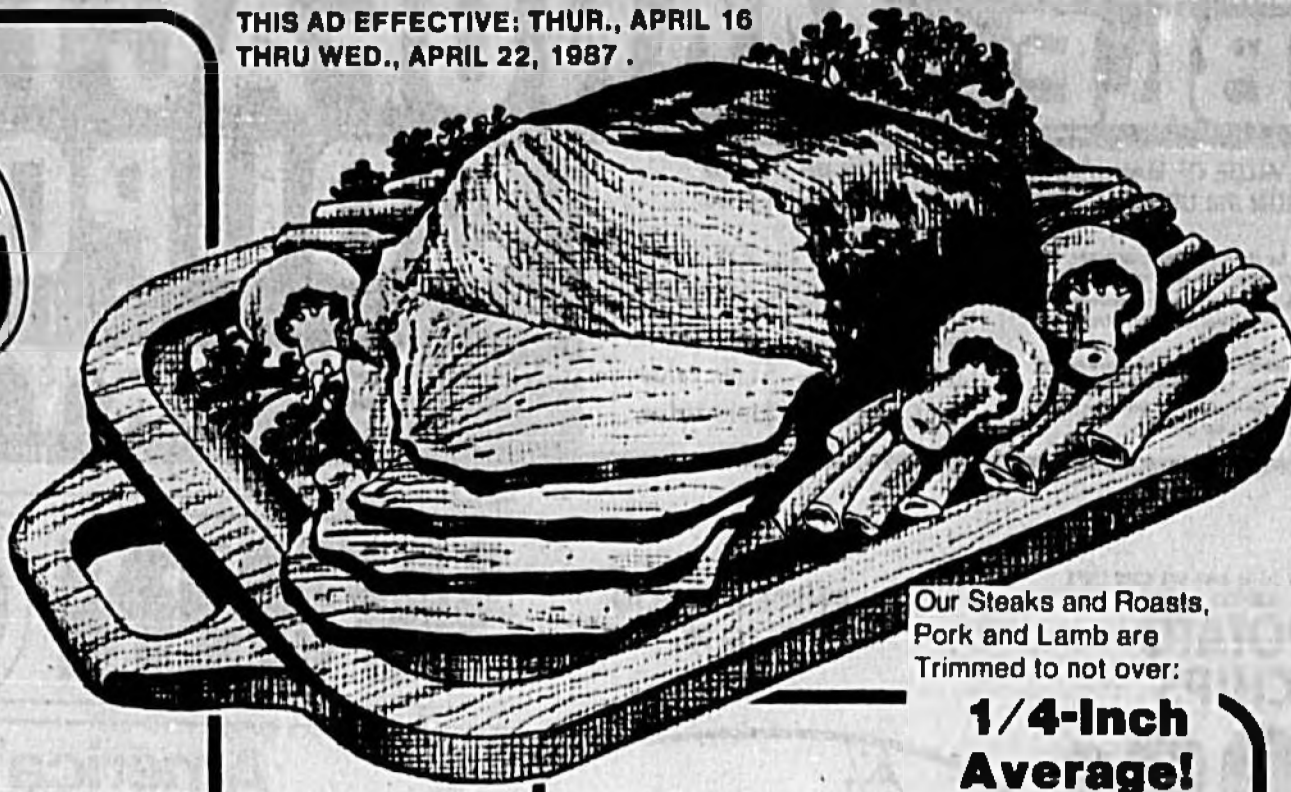


PUBLIX RESERVES THE RIGHT TO LIMIT QUANTITIES SOLD

Publix Beef, Gov't.-
Inspected, Boneless
**Bottom
Round
Roast**
per lb.



\$1.57



THIS AD EFFECTIVE: THUR., APRIL 16
THRU WED., APRIL 22, 1987.

Our Steaks and Roasts,
Pork and Lamb are
Trimmed to not over:

**1/4-inch
Average!**

Look for "NUTRI-
FACTS" brochures and
displays in your Publix
Meat Department.

Publix Beef, Gov't.-Inspected
**Standing Rib
Roast**
per lb.

\$2.57

(((FROZEN SEAFOOD)))

- Fresh Frozen, Cod Fillet..... per lb. **\$3.69**
- Hilton Oysters 1-lb. can **\$4.29**
- Gulf Maid Frozen Turbot Fillet..... per lb. **\$4.39**

ESKIMO PIE

6 Pack Ice Cream Bars

ESKIMO PIE **99¢**
each

(((ICE CREAM)))

Peach or Strawberry Dole
Fruit 'n Cream
Bars 6-pk. **\$2.39**

(((CHEESE)))

- Kraft Individually-Wrapped Cheese Food
- Sliced American ... 1-lb. pkg. **\$2.55**
- Wisconsin Cheese Bar Cheddar or Mozzarella
- Shredded Cheese 12-oz. pkg. **\$1.59**
- Polly-O Whole or Skim Milk Ricotta Cheese ... 15-oz. cup **\$1.75**
- Dairy-Fresh Small or Large Curd, Schmierkase, or Lowfat Cottage Cheese .. 1-lb. cup **95¢**
- Assorted Varieties, Cold Pack Cheese Food Kaukauna 8-oz. cup **\$1.45**
- Kraft Individually-Wrapped Sliced Natural Mozzarella or Muenster Cheese 8-oz. pkg. **\$1.59**

Young 'n Tender, Gov't.-
Inspected, Shipped D&D, Fresh
Not Frozen, Premium Grade Fresh
Cornish Hens per lb. **\$1.09**

(((DELI)))

- The Deli Lets You Eat Out At Home ..**
- Hot From The Deli!! Beef Stroganoff ... per lb. **\$4.49**
 - Hot From The Deli!! Veal Parmigiana ... per lb. **\$3.79**
 - Hot From The Deli!! Clam Chowder per lb. **\$1.99**
 - Great For Sandwiches, Corn Beef or Pastrami qtr. lb. **\$1.19**
 - Hebrew National Bologna or Salami qtr. lb. **\$1.09**
 - Butterball Oven-Roasted or Smoked Turkey Breast qtr. lb. **\$1.09**
 - Great-Tasting Honey-Cured Ham qtr. lb. **89¢**

Publix Beef, Gov't.-Inspected
**Eye Round
Roast** per lb. **\$2.57**

- Shoulder Blade Lamb Chops per lb. **\$1.99**
- Hormel Curemaster or Cure 81 Boneless Ham per lb. **\$2.89**
- (10 - 24-lb.), Swift Premium Deep Basted, Gov't.-Inspected, Shipped Quick Frozen, Evisc., U.S.D.A. Grade A
- Butterball Turkeys per lb. **99¢**
- Publix Gov't.-Inspected, Fresh Smoked Turkey... per lb. **\$1.69**

Dinner Bell
Semi-Boneless
Either End or Whole
**Dinner Style
Ham**

per lb. **\$1.49**

Dairy-Fresh
**Sour
Cream**
16-oz. cup
79¢

(((DAIRY)))

- Quarters, Breakfast Club Reg. Margarine 4 1-lb. ctns. **\$1**
- Assorted Varieties of Philadelphia Brand Soft Cream Cheese 8-oz. size **\$1.09**
- Carton of Lightly Salted or Sweet Unsalted Quarters or Bowl of Soft Lightly Salted Land O Lakes Country Morning Blend 1-lb. size **\$1.35**
- Dairy-Fresh Half & Half qtr. ctn. **\$1.09**
- Dairy-Fresh Reg. or Soft Cream Cheese 8-oz. size **79¢**



THIS AD GOOD AT THESE LOCATIONS ONLY

**SEMINOLE CENTRE
3609 ORLANDO DRIVE
SANFORD
LONGWOOD
VILLAGE CTR.,
LONGWOOD**

where shopping is a pleasure.



Fresh Homogenized
Publix Milk
gallon **\$2.09**
size
(2% Low Fat, 1% Low Fat or Skim, Gallon Size Available with One S&H Stamp Price Saver Certificate)



Publix Mild or Hot
**Pork
Sausage**
1-lb. **\$1.09**
pkg.



Assorted
Gala Towels
large roll **9¢**



Tetley
Tea Bags
100-ct. **\$1.89**
box



Mott's Reg. or Natural
Apple Juice
64-oz. **\$1.09**
bot.



Assorted Aurora
**Bathroom
Tissue**
4-roll **59¢**
pkg.



**Dixie Crystals
Sugar**
5-lb. **99¢**
bag
(Limit 1 Per Family Please, With Other Purchases of \$7.50 or More, Excluding All Tobacco Items)

PUBLIX
RESERVES
THE RIGHT
TO LIMIT
QUANTITIES
SOLD



COUPON

\$1.00 OFF

Limit 1 Per Coupon
Singleton Breaded, Frozen
**Butterfly
Shrimp**
1-lb. pkg.
(Effective April 16-22, 1987)



DOUBLE MANUFACTURER'S COUPONS EVERYDAY

WE WILL DOUBLE THE FACE VALUE OF MANUFACTURERS COUPONS UP TO AND INCLUDING 50c. COUPONS FROM 51c UP TO \$1.00 WILL BE REDEEMED FOR \$1.00.

1. Limit one coupon per item.
 2. A limit of three coupons for like items will be doubled per customer. All other coupons of that like item will be redeemed for face value only.
 3. If the value of the coupon, or the double value of the coupon, exceeds the retail price of the item, the customer is entitled only to the retail value of the item. (No cash back).
 4. Customers must adhere to all manufacturers purchase requirements stipulated on the face of the coupon. Expired coupons will not be honored.
 5. This offer excludes free coupons, Winn-Dixie coupons, other retailer coupons, refund certificates and items excluded by law.

EXAMPLE OF REDEMPTION VALUES
 25c Coupon — 50c Value
 50c Coupon — \$1.00 Value
 75c Coupon — \$1.00 Value

WE RESERVE THE RIGHT TO LIMIT QUANTITIES

WINN DIXIE

America's Supermarket.



GOLDEN FLAKE 7 1/2-oz. KING SIZE CORN CHIPS
6 1/2-oz. BARBECUE or REGULAR
POTATO CHIPS
99¢
PKG.

PRICES GOOD
APRIL 16-18, 1987



W-D BRAND NATURAL (10 LBS. & UP)
BROAD BREASTED TURKEYS
77¢
LB.
W-D BRAND SELECT LEAN WHOLE
Fresh Ham . . . \$1.39



WD BRAND USDA CHOICE BONELESS
BOTTOM ROUND ROASTS
\$1.67
LB.
W-D BRAND USDA CHOICE
Rump Roast . . . \$1.89



BUSCH & Natural Light
\$3.78
12 PAK 12-oz. CANS
Limit two 12-paks with \$5.00 or more purchase excl. cigs.



MILD CURED WHOLE HICKORY
SMOKED HAM
87¢
LB.
ALL HAMS TRIMMED AND CRYOVAC



MILD CURED SHANK OR BUTT HICKORY
SMOKED HAM
97¢
LB.
ALL HAMS TRIMMED AND CRYOVAC



HARVEST FRESH
WESTERN ASPARAGUS
79¢
LB.
W-D BRAND SELECT LEAN WHOLE
Easter Lillies . . . \$4.99



CUT GREEN BEANS, WHOLE KERNEL CORN, MIXED VEGETABLES or MEDIUM PEAS
DIXIANA VEGETABLES
89¢
16-oz. POLY BAG
BANQUET ALL VARIETIES
Cream Pies . . . 99¢



WHOLE KERNEL or CREAM STYLE CORN, LARGE SWEET PEAS, MEDIUM PEAS, GREEN BEANS
THRIFTY MAID VEGETABLES
3 \$1.00
16-oz. CANS

DELI-BAKERY



HERRLICH VIRGINIA
BAKED HAM
\$2.99
LB.
BLUEBERRY, ORANGE or CARROT
Muffins 99¢
AVAILABLE ONLY IN STORE WITH DELIS



LEMON
CREAM PIE
14-oz. size 99¢



SUPERBRAND COTTAGE CHEESE . . . 1-LB. SIZE 99¢
SUPERBRAND COTTAGE CHEESE 3-LB. SIZE \$1.99

SUPER BONUS SPECIALS

1 Pick up blank Super Bonus Certificates at our checkout counters
 2 You get a Super Bonus Stamp for every \$1 you spend. Paste 36 Super Bonus Stamps on each certificate
 3 When you check out present one filled Super Bonus Certificate for each Super Bonus Special you select

SUPER BONUS SPECIAL

SUPERBRAND GRADE 'A' **LARGE EGGS**
9¢
DOZ.
WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD APRIL 16-18, 1987

SUPER BONUS SPECIAL

DIXIE CRYSTAL **SUGAR**
99¢
5-LB. BAG
WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD APRIL 16-18, 1987

SUPER BONUS SPECIAL

DIET PEPSI, PEPSI FREE, SUGAR FREE PEPSI FREE, MT. DEW, REGULAR & DIET DR. PEPPER
PEPSI COLA
\$1.18
6 PAK 12-oz. CANS
WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD APRIL 16-18, 1987

SUPER BONUS SPECIAL

REG. or BUTTER **CRISCO**
\$1.58
3-LB. SIZE
WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD APRIL 16-18, 1987

SUPER BONUS SPECIAL

CHOCK FULL O' NUTS ALL GRINDS **ULTRA BLEND COFFEE**
\$1.48
12-oz. BAG
WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD APRIL 16-18, 1987

SUPER BONUS SPECIAL

UNBLEACHED, PLAIN or SELF-RISING **PILLSBURY FLOUR**
38¢
5-LB. BAG
WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD APRIL 16-18, 1987

SUPER BONUS SPECIAL

ALL NATURAL ALL FLAVORS **PRESTIGE ICE CREAM**
\$2.49
HALF GAL.
WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD APRIL 16-18, 1987

SUPER BONUS SPECIAL

SUPERBRAND **SPREAD CROCK**
79¢
3-LB. SIZE
WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD APRIL 16-18, 1987

SUPER BONUS SPECIAL

SUPERBRAND MILD, MILD COLBY **STICK CHEESE**
69¢
8-oz. SIZE
WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD APRIL 16-18, 1987

SUPER BONUS SPECIAL

BANQUET BREAK TENDER, SOUTHERN FRIED BREAK TENDER, CHEDDAR NUGGETS, PATTIES, NUGGETS, HOT & SPICY NUGGETS or MOZZARELLA NUGGETS
BONELESS CHICKEN
\$1.49
10 TO 12-oz. SIZE
WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD APRIL 16-18, 1987

SUPER BONUS SPECIAL

SUPERBRAND **WHIP TOPPING**
39¢
12-oz. SIZE
WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD APRIL 16-18, 1987

SUPER BONUS SPECIAL

12 beef patties
WD BRAND BEEF PATTIES
\$2.99
3-LB. BOX
WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD APRIL 16-18, 1987

SUPER BONUS SPECIAL

BROWN & SERVE PATTIES, LINKS, MAPLE SAUSAGE LINKS, COUNTRY LINKS or MICROWAVE **SWIFT SAUSAGE**
89¢
8-oz. PKG.
WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD APRIL 16-18, 1987

SUPER BONUS SPECIAL

KOSHER STYLE WHOLE OR HALF **CLAUSSEN PICKLES**
\$1.19
32-oz. JAR
WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD APRIL 16-18, 1987

SUPER BONUS SPECIAL

DIXIE DARLING DELUXE **PRESTIGE BREAD**
1¢
20-oz. LOAF
WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD APRIL 16-18, 1987