

Evening Herald

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Fire Truck Is Hot Issue In Lake Mary

By Donna Estes
Herald Staff Writer

Mayor Walter Sorenson will have bad news for the Lake Mary City Commission at a special 5:30 p.m. meeting he has called for today.

The issue still concerns the city's old brush fire truck and the necessity of purchasing a newer one.

At a special meeting Monday night, the commission decided to repair the 27-year-old brush truck, on loan to the city for more than 20 years by the Florida Forest Service, if practicable. While the truck's engine was being examined by the city's staff mechanic, the Volunteer Fire Department was to prepare specifications for a new or used truck to replace the old one.

The fire department had emphasized the need for a

mechanically workable truck in the city since some 50 woods, brush or forest fires are fought by the firefighters annually. And the truck is used by the county, under an agreement whereby the county allows the city to use specialized fire equipment at times in exchange.

Sorenson will tell the commission at today's meeting the truck repairs will cost \$1,100 at a minimum. He said the city mechanic, Ralph Locke, found extensive engine damage when he took the truck's motor apart.

Sorenson said the mechanic found that a valve had broken and knocked a hole in the piston. In addition, the engine's head was taken to a shop and magna-fluxed to determine whether it is cracked and it is.

"So, we would have to replace the piston and sleeve,

the connecting rod and the head at a minimum," he said. "In addition, it is absolutely mandatory that we take the pan off to assess the damage in the lower part of the engine where some of the piston pieces and the valve head may have dropped. The cost of all this is \$1,100, including labor and obviously the laborer is on the payroll already."

"I think it is a bad idea to fix this truck and I want to talk this over with the commission," the mayor said, noting this is the reason why he called the special meeting. "The damage is far more serious than Commissioner Ray Fox's assessment of potential damage."

Sorenson said he will recommend to the commission that the \$8,300 vehicle considered by the board last

week be bought as quickly as possible rather than throwing \$1,000 into that old truck. He noted the fire department has prepared specifications for a truck and the specs had been sent out for bids.

At last Thursday night's regular commission meeting, the board approved on a 4-1 vote with Fox casting the only negative vote, to buy a 20-year-old reconditioned truck from Southeastern Equipment for \$8,300. The commission also waived the city's bid procedures, calling the item an emergency.

At Monday's meeting, the commission rescinded the emergency designation and the bid procedures waiver. It was noted that the old truck was inoperable for 8 days prior to last week's meeting and thus could hardly be deemed an emergency by then.

Zoo Now Debt Free

Today was a milestone for the Central Florida Zoo.

Executive Director Al Rozon said he would present a check for \$29,993 to Sanford Atlantic National Bank today to pay off the balance of the \$100,000 loan, making the zoo debt free for the first time in 10 years.

The Atlantic National Bank was the lead bank of the three local financial institutions which loaned the money to the Central Florida Zoological Society

to relocate the zoo at its present location from downtown Sanford, Rozon noted. He said Atlantic Bank will pay off the two-thirds share owed to Flagship Bank. At the time the loan was made, the banks were U.S. Bank and Flagship. But they have since gone together as Flagship of Seminole.

Over the 10 years, the zoological society has not only had to raise the amount of the loan, but \$60,070.81 in interest as well, Rozon said. "It is a great tribute to the board of directors that we have been able to do this," he added. "It has taken a lot of hard work and arm twisting on their part in addition to their full-time jobs."

The final payment was from revenues made through promotions and zoo savings.

Man Hurt In Elephant Escape Bid

By Jane Casselberry
Herald Staff Writer

Maude, a four-ton Asian elephant, pulled an escape trick shortly before noon Wednesday while being loaded into a truck at the Central Florida Zoo by Clyde Beatty Circus employees. Shawn Quinn, 24, of Deland, was injured in the process.

The elephant, which has been on exhibit loan at the zoo, was being called back into service by the Deland-based circus.

Quinn was in the trailer as the elephant was being loaded and was pushed up against the side of the truck by the animal, according to Gary Kilmer, a member of the rescue squad at Seminole County Fire Department's Paola Station.

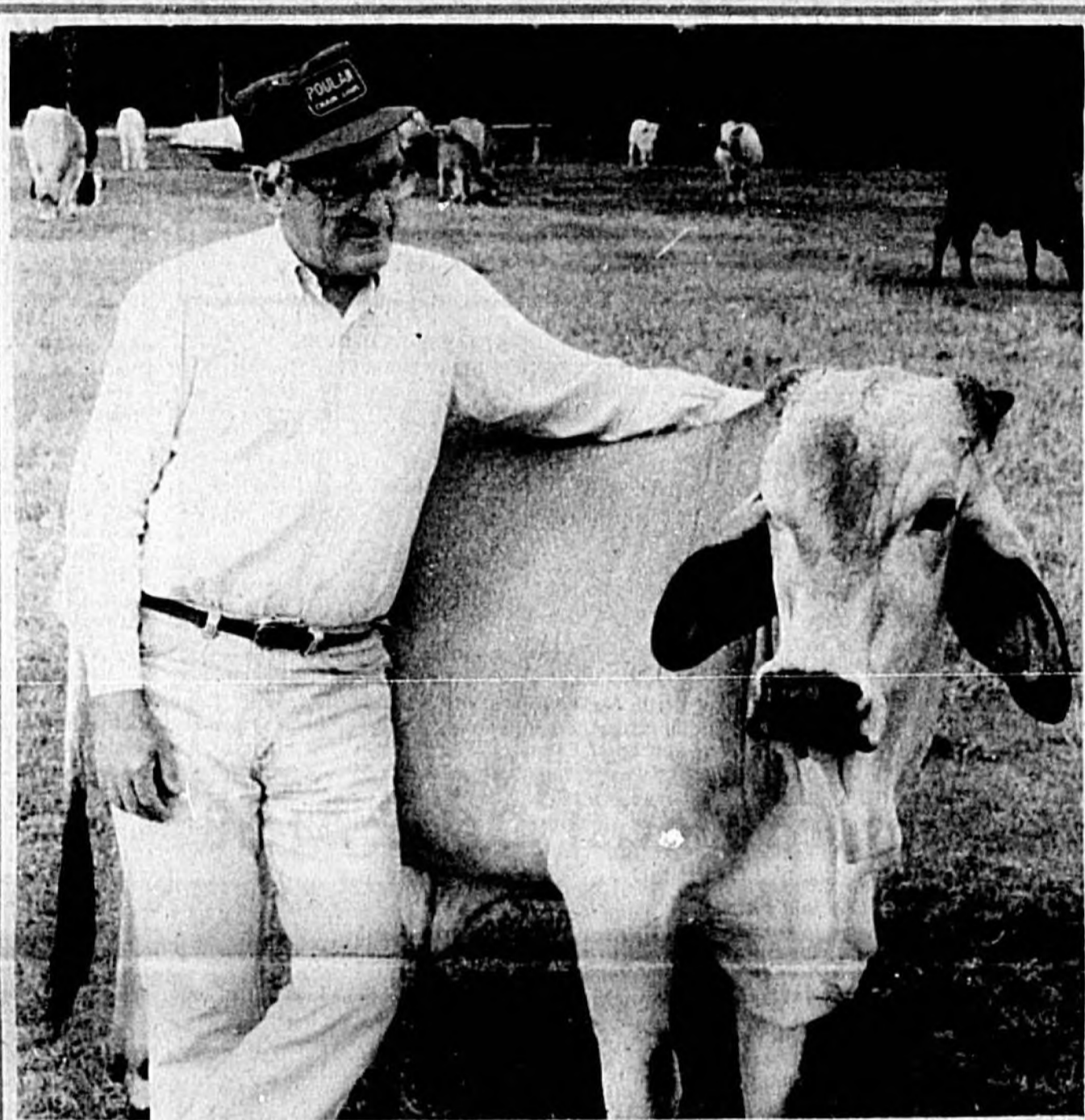
"We have received many different calls," Kilmer said, "but this is the first time we have been called to an incident involving an elephant." Kilmer said when he and Blake Hiers arrived at the zoo the elephant was out in the woods running around and it was captured while they were there.

Quinn was taken to Central Florida Regional Hospital in Sanford, where he was treated for bruises and abrasions to the face and released.

The episode provided some unscheduled excitement for visitors to the zoo. Dennis Ghezzi of Melbourne, who was at the zoo at the time, said he first was aware something was going on when "all the birds and animals began making a loud noise and all of the monkeys started jumping all over the place."

"We were in that section and they (zoo employees) told us we would have to leave," he said. "The elephant bolted and ran into the woods and they had to take the other adult elephant in to haul the escapee back in chains."

Maude was reported back with the Clyde Beatty Circus elephant herd this morning. Her departure leaves only a young elephant occupying the zoo's elephant facility, but zoo Executive Director Al Rozon said today that they are working on obtaining another adult female elephant, or possibly a male and female, on an exhibit loan basis.



Herald Photo by Tom Vincent

Sidney Kraftsow and the cow that walked 35 miles to return home

Cow That Walked 35 Miles Back Home Is America's 'Sweetheart'

By Donna Estes
Herald Staff Writer

Julleann may be America's new sweetheart cow. But she is not being allowed to stay home.

Despite the 35-mile trek of the 2-year-old pregnant cow to get back to her birthplace in Geneva after she was sold early this week, she will be returned to her new owner, Read Hayes of Christmas.

The Brahman cow, born and bred at Sidney Kraftsow's northeast Seminole County farm, was one of 60 in the Kraftsow herd. The 700-pound cow was "nooning, taking a rest and lying down with her buddies" in her old pasture today. But she will be traveling back to Christmas, this time by van, as soon as her new owner builds a pen strong enough to hold her, Kraftsow said.

"She doesn't belong to me. She was sold," said Kraftsow, admiring nonetheless Julleann's 20-hour incredible journey home Sunday after she was sold.

The cow apparently jumped a fence at the Hayes farm. "There's no telling how many developments she went through or how many fences she jumped to get home," he said, noting that she must have swum the Econlockhatchee River at least once.

"It was not unusual for Julleann to jump fences," Kraftsow said, and that is one reason why he got rid of her.

"She would jump a fence or could go under a

barbed wire fence just like a dog," he said. "Can you imagine this cow with the big hump on her back, crawling under a fence?"

He said she would crawl under the barbed wire fence to eat oranges and grapefruits in the grove and then would amble down the road to nibble on grass. "I had to sell her. She was a hazard to herself and to people. It was quite a reach to get rid of her and I didn't know she would be coming back."

Julleann lost at least 100 pounds during her Sunday evening-Monday jaunt to Geneva, Kraftsow estimates.

"She is very tame, gentle and sweet. Julleann was born here and grew up with the same herd," he said.

While Julleann will be returning to Christmas. It won't be until Hayes builds some strong fences. "This is hard on the cow," Kraftsow said. Although she has a few scratches from her trip, she is fine, he said, noting she has some months to go "before she has her baby."

"She's become America's sweetheart," Kraftsow said. "I have heard from radio stations across the country, wanting to know more about her. I got calls from USA Today and the Los Angeles Times and ABC's Good Morning America is sending a television crew in today for a report to be aired on the program Friday," he said.

Fired County Worker Wins Job, Back Pay

Three Seminole Circuit Court judges have ordered the county to reinstate an animal control officer fired nearly five years ago and ordered the county to give the man \$56,000 in back pay.

The ruling, handed down March 2, said the county did not give Bruce Clarke due process when he was fired in 1978 from his \$11,577-a-year job as animal welfare officer.

Judges Kenneth Leffler, C. Vernon Mize and Domenick Saffi said the county violated its own procedures in handling Clarke's dismissal and that the personnel board which recommended his firing was improperly constituted because Clarke's supervisor was one of five voting members of the board.

Clarke was fired on May 23, 1978, after a special meeting of the county's Personnel Board. Clarke appealed his firing on June 5, 1978, and an evidentiary hearing was held on Aug. 1, 1978. On Aug. 8 of that year the Personnel Board voted to uphold his firing and later the same day county commissioners voted to uphold the dismissal.

In his report to the personnel board, Troy Todd, who was then the county's public works director, said Clarke had consistently made misstatements to him about actions and operations in the animal control division.

The last incident concerned two dogs which were killed when they reportedly jumped out of a truck on the way to the county's animal shelter. Todd said that Clarke first told him the dogs jumped out of an

improperly secured door. But later he said that the dogs jumped or fell out of the back of an open truck.

Clarke had previously given misinformation about several other incidents, Todd said, including the killing of dogs at the Osceola Landfill near Oviedo.

The judges said the county should have held the evidentiary hearing within 30 days of Clarke's dismissal. The county also erred, the judges said, by holding the evidentiary hearing after Clarke's dismissal. The hearing should have been held and written notice filed prior to the firing.

The personnel board should not have allowed Todd to vote on the firing since Clark was under Todd's supervision. County Commissioners Bill Kirchhoff and Harry Kwiatkowski also served on the personnel board and voted again on the dismissal when it came before the commission, the judges said.

In a note at the end of the opinion the judges said, "We expect the county will appeal and sincerely hope that with the wisdom of the court of appeal the severe cost of reinstatement to the county will be allayed."

The judges also suggested corrective measures be taken to ensure that all employees are given due process before a fair and impartial personnel board.

County Attorney Nikki Clayton said she will make a recommendation within a week on what action the county should take. She said the county could comply with the order, appeal the order or request a rehearing of the case.

—Michael Beha.

Crawford Layoff Case Hearing Set

By Michael Beha
Herald Staff Writer

A grievance hearing will be held early next week for a Seminole County Community Action employee who was laid off Feb. 4, the agency's executive director said.

A hearing before the agency's board of directors is scheduled, according to the Rev. Amos Jones, to discuss Jones' decision to lay off Louise Crawford from her post as equal opportunity officer with the agency.

Mrs. Crawford, a 14½-year employee of the agency, said her layoff did not follow the agency's reduction-in-force policy, which would've allowed her to take the job of other agency employees with less seniority.

She said the layoff came about because the agency received a cutback in state funds. Rather than cut programs or administrative costs, Mrs. Crawford said, Jones decided to lay her off.

Jones said Mrs. Crawford's layoff "was an action of last resort."

But Jones said the action was perfectly allowable. "I'm not aware of any procedural irregularities."

Mrs. Crawford said Jones' action was improper because he took it without consulting the agency's board of directors.

Jones refused to answer any questions on the matter until after the grievance hearing. "It isn't my desire to get involved in a melee of charges and counter charges," he



Louise Crawford

said. "I don't believe that it is going to serve any good purpose."

Mrs. Crawford said she doesn't want her job back even though she will have to find a job with another agency if she wants to continue to work in the civil rights field.

As equal opportunity officer Mrs. Crawford filed suits against area business charged with race, sex or age discrimination. That experience, she believes, would make it impossible for her to land a job in private industry.

"Whatever endeavor she goes into I wish her the best of luck," Jones said.

Sanford Girl Wins Spelling Bee

TODAY



Elizabeth Brooks

How do you spell relief?

Elizabeth Brooks spells it Y-A-N-N-I-G-A-N.

Elizabeth, a 13-year-old student at Seminole Middle School, spelled the word, meaning a member of a "scrub" baseball team, after Jill Singer of Milwee Middle School missed it.

She then spelled -galore- to win the Seminole County Spelling Bee. Ironically, yannigan was the first word given after the competition was narrowed down to the two girls.

Both girls will participate in the district spelling bee in Orlando next month. A victory there means a trip to Washington, D.C., for the national spelling bee.

Elizabeth, the daughter of Wendell and Joan Brooks of Sanford, said she was full of butterflies before the spelling bee started but relaxed as the competition progressed. Thirty-three students from Seminole County public and private schools participated.

Miss Singer correctly spelled -ululate- a word the judges said may have been the hardest of the day two rounds before she tripped over yannigan.

Action Reports.....	2A
Around The Clock.....	4A
Bridge.....	4B
Calendar.....	3B
Classified Ads.....	2,3B
Comics.....	4B
Crossword.....	4B
Dear Abby.....	1B
Deaths.....	2A
Dr. Lamb.....	4B
Editorial.....	4A
Florida.....	3A
Horoscope.....	4B
Hospital.....	2A
Nation.....	2A
People.....	1B
Sports.....	5,6a
Television.....	1B
Weather.....	2A
World.....	3A

FLORIDA

IN BRIEF

Graham Hopes Taxes Don't Scare Lawmakers

TALLAHASSEE (UPI) — Gov. Bob Graham said the new taxes he is seeking to fund the state's public education system can become a reality if the Legislature doesn't focus on the "traumatic" part of the question.

In his budget proposals submitted to the Legislature two weeks ago, Graham asked for \$750 million in new taxes with at least \$350 million in new funding to go to education.

Speculation has surfaced that the Legislature may be unwilling to go along with more tax increases after approving a \$237-million package of transportation taxes last week.

Graham said Wednesday his proposals can be successful provided the Legislature "not be so traumatized by the tax side of the question that we retreat from the commitment to enhanced education."

Gun-Toting Kids Out

MIAMI (UPI) — Two third-grade students have been suspended from Miami Lakes Elementary School because a teacher found a fully loaded .45-caliber gun inside one of the student's desks, officials reported.

"It was a show-and-tell type thing," said Robert Staelens, school security investigator. "The gun is bigger than the kid is."

However, one school employee who asked not to be identified said the child wanted to use it against a classmate he had quarreled with over a pencil last week.

School officials would not release the names of the students, who were both suspended from school for 10 days.

Execution Stay Denied

MARIANNA (UPI) — A judge has refused to stop the electrocution of death row inmate Jimmy Lee Smith six days before his scheduled execution.

Jackson County Circuit Judge Robert McCrary Jr. denied a defense motion for a stay of execution Wednesday during an hour-long hearing.

Attorneys said they planned to file an appeal of the ruling with the state Supreme Court sometime today.

Smith is scheduled to die at 7 a.m. Tuesday in the state electric chair.

Smith was sentenced to death for the murder of Bonnie Ward and her daughter, Donna Strickland, 12, near Marianna in 1978. Police said Smith killed the two after the girl criticized a woman he was dating.

It's That Or Getting Barred From Class

College Students Get Measles Shots

BLOOMINGTON, Ind. (UPI) — Students at Indiana University, caught in a measles epidemic, say they are getting immunizations not to protect their health, but because they are worried about being barred from classes.

About 179 cases of measles have been reported at IU and state health officials are rushing to immunize students in an attempt to stop a nationwide spread of the disease when they return home for spring break late this week.

"More than 15,000 students and maybe as many as 16,000 students have been immunized by today, and that's at least half of the population of the student body," an IU News Bureau spokesman said. There are about 32,000 students on

the Bloomington campus.

Immunizations at a clinic set up at the Memorial Union will continue.

Indiana Health Commissioner Dr. Ronald G. Blankenbaker said he will require students to provide proof of their immunization when they return to school March 21. Spring break begins Friday.

"Action against students who have not protected themselves against the disease may be as drastic as exclusion from class," Blankenbaker said.

"I didn't want to be hassled about it when I got back from spring break," said Tim Rodgers, 25, moments after receiving a measles shot at the Memorial Union.

"I've had them," said Rodgers, who planned to spend his vacation at his home in Brownsburg, Ind. "It would have been difficult to prove. So rather than get a doctor from out of state out of retirement, I got the shot."

Robb Booker, 19, said he also stood in line for a shot even though he is certain he either had measles or has been immunized against it.

"It was just something to do."

Dr. Walter Orenstein of the Centers for Disease Control in Atlanta said "we want people to be on the alert throughout the country" because of the potential that the measles outbreak could spread nationwide.

A letter sent to all students Monday by

IU Vice President Kenneth Gros Louis advised them to return from spring break on March 21 with immunization records or a doctor's statement confirming they had had the disease or are immune.

The board of health had considered keeping students in Bloomington during the vacation, Blankenbaker said, but decided "quarantine is too radical at this particular time."

Measles, which also has affected 23 Bloomington residents, is characterized by red skin spots and fever and can lead to pneumonia, encephalitis, middle ear infections and other complications, Blankenbaker said. One case in 1,000 is fatal, he said.



Budding Botanist

Kevin Presley, third grader at Sanford's Pine Crest Elementary School was awarded first place in his school's science fair for a presentation on the Plant Life Cycle. Presenting Kevin's award

was Wanda Lindstrom, a Pine Crest science teacher. Also on hand was Bettie Palemer (left) science supervisor for the Seminole County School Board.

Herald Photo by Tom Vincent

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WORLD

IN BRIEF

Italians Gathering Info On Walesa Death Plot

ROME (UPI) — An Italian accused of spying for Bulgaria has provided valuable information about the Communist nation's espionage in Italy and an alleged plot to kill Polish Solidarity leader Lech Walesa, investigators say.

Investigators said Italian labor union official Luigi Scricciolo, arrested 13 months ago on spying charges, began giving the information in a detailed confession on Wednesday.

The information came as part of a probe into Bulgarian spying activities as well as the attempt to kill Pope John Paul II in May 1981 in the Vatican's St. Peter's Square.

Pope Prescribes Change

GUATEMALA CITY (UPI) — Pope John Paul II's Central American tour may have political and social repercussions beyond the trip's evangelical scope with his prescription of revolution without violence for the region's troubles.

On the final day of his visit Wednesday, the pope said he wanted to speak for those who "suffer in silence" and focus world attention on the injustice and misery endured by millions of people in the eight countries he visited.

Through sermons before audiences of up to 1 million people, John Paul made clear the Roman Catholic Church would be in the vanguard of political and social reform in Latin America.

Quickie Cardiac Operation Could Save Countless Lives

BAL HARBOUR, Fla. (UPI) — An experimental eight-minute heart bypass operation that requires only one doctor and one nurse could prevent as many as a third of the 600,000 annual heart attack deaths, a leading cardiologist says.

The new procedure pumps drugs and oxygen-rich blood past the blocked artery that caused the attack and straight into the dying heart, said Dr. Elliot Corday, a clinical professor at the University of California in Los Angeles.

"Within a couple of minutes, we see a heart which couldn't contract begin to pump vigorously," Corday told the Society of Contemporary Medicine, Surgery and Ophthalmology, which is meeting in Bal Harbour this week. "It's hard to believe."

In the operation, doctors insert a tube into a leg artery that carries oxygen-laden blood up into a narrower tube, called a catheter, which has been threaded through the patient's jugular vein. Normally, the jugular vein carries oxygen-depleted blood back to the heart.

Fresh blood is circulated "backwards" past the blockage into the heart muscle by an attached pump. Once the oxygen-enriched blood reaches the heart, it pumps almost normally, Corday said.

As many as 200,000 of the 600,000 people who die of heart attacks each year might be saved by the operation, and it

may revolutionize the way doctors treat heart attack patients, Corday said.

Five major medical centers across the country will soon test the experimental procedure on about 200 patients.

If the procedure proves successful, doctors would no longer administer drugs and "simply watch and wait" to see how the patient progresses, Corday said.

"We can now save the heart after the blood supply has been shut off," he said.

In other reports to the conference, a Miami physician said a drug used in cases of severe high blood pressure seems to also work well if used in smaller doses on patients with moderate cases.

Dr. Barry J. Materson of the Veterans Administration Medical Center in Miami said a study by seven VA centers showed that regulations limiting use of the drug, captopril, should be relaxed.

The federal Food and Drug Administration restricts use of captopril to cases of severe hypertension in which the patients have not responded to other forms of therapy. Doctors, however, are allowed to prescribe any drug according to their judgment.

The VA study involved 475 patients. Combining captopril with a diuretic, or "water pill," yielded still better results, he said, even in black patients whose response to captopril is usually less pronounced.

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CALENDAR

THURSDAY, MARCH 10
Greater Seminole Toastmistress Club, 7:30 p.m., Greater Seminole Chamber of Commerce, 291 Malland Ave., Altamonte Springs.

FRIDAY, MARCH 11
Free Income Tax Aid for the Elderly, 9 a.m. to 1 p.m., Sanford Chamber of Commerce, First Street and Sanford Avenue.
Sallie Harrison Chapter DAR, 2:30 p.m., 103 W. Crystal Drive, Loch Arbor. Speaker—Mrs. Rae Harper on "History of Quilting."
Seminole District Spring Camporee for Boy Scouts and Webelo Cub Scouts, beyond NCR, Lake Mary. Through Sunday.

SATURDAY, MARCH 12
"Up, Up and Away" fashion show luncheon to benefit Children's Home Society, social hour from 11 a.m. to noon; luncheon and fashion show, noon to 2 p.m., Harley Hotel, downtown Orlando. For tickets call 422-4441.

Evening Herald

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This Is The New Federalism

Governors meeting in Washington have been offering President Reagan some unsolicited advice about his budgets, including the split between defense and domestic spending and the need to keep his budget deficits from derailing economic recovery.

Mr. Reagan is said to be miffed, but he is too polite to tell the governors to mind their own business. What he would rather hear from them, of course, is a positive response to his New Federalism program. To be exact, his new New Federalism program.

For two years the president has been trying to fashion a new relationship between the federal government and the states that the governors would embrace with at least a modicum of enthusiasm.

The latest version unwrapped in the form of a legislative package is a major scaling down of the "single bold stroke" of reorganization which Mr. Reagan proposed a year ago.

The governors never warmed to the idea of taking responsibility for food stamps and Aid to Families With Dependent Children in exchange for the federal government assuming responsibility for medical care for the indigent, which exchange was the centerpiece of the 1982 New Federalism.

The 1983 model leaves food stamps, AFDC, and Medicaid as is, but a host of other federal programs would be exported from Washington to the states in the form of \$21 billion worth of "megablock" grants.

Some 22 health, education, and social programs would be melded into a single \$11 billion grant to the states. Revenue sharing and community development programs would be combined into a \$7 billion grant to the cities. The new 5-cent-a-gallon gas tax would go into a \$2 billion transportation grant to the states, while rural housing programs would be wrapped into an \$850 million grant.

The governors should find this enticing. These are not entitlement programs—like food stamps—which could saddle the states with budget-busting future demands. They are programs for community and family assistance, which would be more manageable and better targeted to areas of need if they were designed and administered at the state and local level. That is the point of Mr. Reagan's New Federalism—to transfer responsibility for such activities from Washington back to state capitols and city halls.

What may displease the governors is that the new plan does not provide for the megablock grants to get bigger every year. The \$21 billion in grants would be frozen at that level for the next five years. A commission meanwhile would study ways for the states to finance their programs after 1988 with revenue from new tax sources to be surrendered by the federal government.

With no provision for the grants to be increased for inflation or population growth, governors see this aspect of the New Federalism as a retreat from the expansionary traditions of the past.

If they choose to complain, however, they should stop trying to give advice to Mr. Reagan about managing the federal deficit. Surely the governors do not think deficits of the magnitude of \$200 billion can be overcome without some sacrifice in the growth of federally financed social services and community programs.

Governors who choked on the massive exchange of welfare responsibilities proposed last year, should find the four megablock grants to be more digestible. When the governors finish advising the president on the bigger issues of budget policy, they should turn to giving the new New Federalism the fair appraisal it deserves.

Please Write

Letters to the editor are welcome for publication. All letters must be signed and include a mailing address and telephone number, if possible. The Evening Herald reserves the right to edit any letter to avoid libel and to accommodate space requirements.

BERRY'S WORLD



"What do you mean 'we ought to work toward making our people feel more a part of things'? What are you, some kind of Sissy?"



By Michael Beha

EDWARD WALSH

The EPA On Trial

It was as inevitable as the rising of the sun each morning that some Washington insider would dub the zoo-like goings-on at the Environmental Protection Agency "Sewergate."

At this writing, a half dozen Congressional committees are investigating the EPA. Mrs. Ann (Gorsuch) Burford, EPA's administrator, is being threatened with jail for refusing, on White House orders, to surrender documents concerning the EPA "Superfund," which is supposed to pay for cleanup of hazardous waste sites when the specific chemical dumper can't be found.

Mrs. Burford's public relations problems have been multiplied by the revelations that several EPA executives were less than prudent, or less than honest, in their discharge of duties. She fired Rita Lavelle, assistant administrator for hazardous wastes, for her conspicuous appearance of being "too close" to the companies she was charged with regulating. In the eyes of the environmentalist fringe, for an EPA official to even speak to a businessman is a matter for impeachment.

And now, despite Mrs. Burford's resignation, congressional leaders say they will continue their investigation into the EPA's activity, hinting there may have been some criminal wrongdoing.

What is most conspicuous about the EPA circus is how a titillating whiff of wrongdoing by high-level officials: claims of executive privilege; document shredding; missing government funds; subordinates acting on their own — translates into a barrage of media slurs on Mrs. Burford's integrity. Less noticeable in the coverage is the deep-seated ideological bias against restoring a measure of prudence to protecting the environment, which is what President Reagan charged Mrs. Burford to do. She has been vilified in Congressional hearings, not for hiring Rita Lavelle, but for trying to cut back on EPA's perennially bloated budget. The Congressional and media attacks on her began not last month, but two years ago. Yet EPA's appropriation for the "Superfund" is jumping from \$210 million to \$310 million in fiscal 1984, an increase of 43 percent in one year.

Still, Mrs. Burford succeeded in cutting \$90 million from EPA's budget for regulation, enforcement, and research, which will come to about \$929 million next year. In recent years, EPA "research" has led to scientifically wrong declarations on chemical poisoning at Love Canal, N.Y., and the insecticide DDT. That environmentalist blunder caused a horde of insect pests to ravage the populace and crops of the eastern U.S. through the 1970s. Mrs. Burford's courage in pulling the reins on that sort of thing earns her the vengeance of the anti-business environmentalists and their allies in Congress.

To that crowd, "regulation" of business means persecution. For attempting to protect the environment without conducting a holy war against business as EPA has in the past, Mrs. Burford has found herself the victim of a Congressional and media lynching party. That's what happens when a conservative in government tries to do his (her) duty.

JACK ANDERSON

U.S. Roads Crumbling From Within

WASHINGTON — The trendy new word "infrastructure" is being bandied about on all sides in Washington these days. It's a fancy term for foundation — the highways, bridges, dams, waterways, airports and sewage systems that underlie the greatest public-works network since the Roman Empire.

Unfortunately, America's infrastructure is crumbling just like Rome's. It hasn't reached the stage of Italy's picturesque ruins by any means, but the signs of decay and disrepair are everywhere.

Fixing up or replacing the worn-out segments of the nation's infrastructure will cost a bundle — \$20 billion in fiscal 1982 alone, according to an estimate by the authoritative Congressional Budget Office. The federal government will handle the lion's share of the work, as it has done since World War II.

How did the country get into such bad shape? "The national concern with infrastructure is the current manifestation of a set of problems that have been

Seminole County School Board members will participate in a three-day computer literacy workshop beginning Friday and continuing March 18 and 25 in the district's data processing office at 1211 Mellonville Ave. in Sanford.

School Board member Jean Bryant helped plan the workshop which will explore the applications of computer technology for educational purposes in which she and Board members Pat Telson, Nancy Warren, William Kroll and Roland Williams will participate.

Speakers will include Randy Johns, director of data processing for the school district; Gary Becker, director of media services and Carolyn Graham, coordinator of data processing for student applications. Also speaking at the sessions will be Jim Claypool, Walter Terrell and John Adams.

The board members will discuss the use of computers for administration of the school system. That application should allow the county's biggest employer to streamline some functions.

The computer specialists will describe and demonstrate computer-assisted learning materials being used in classrooms throughout the county.

Board members have expressed a desire to develop a computer system which can exchange information with the county's IBM System 38 computer. Being able to exchange information would allow the school district and the county to exchange vital information on growth, development trends and projected school sites.

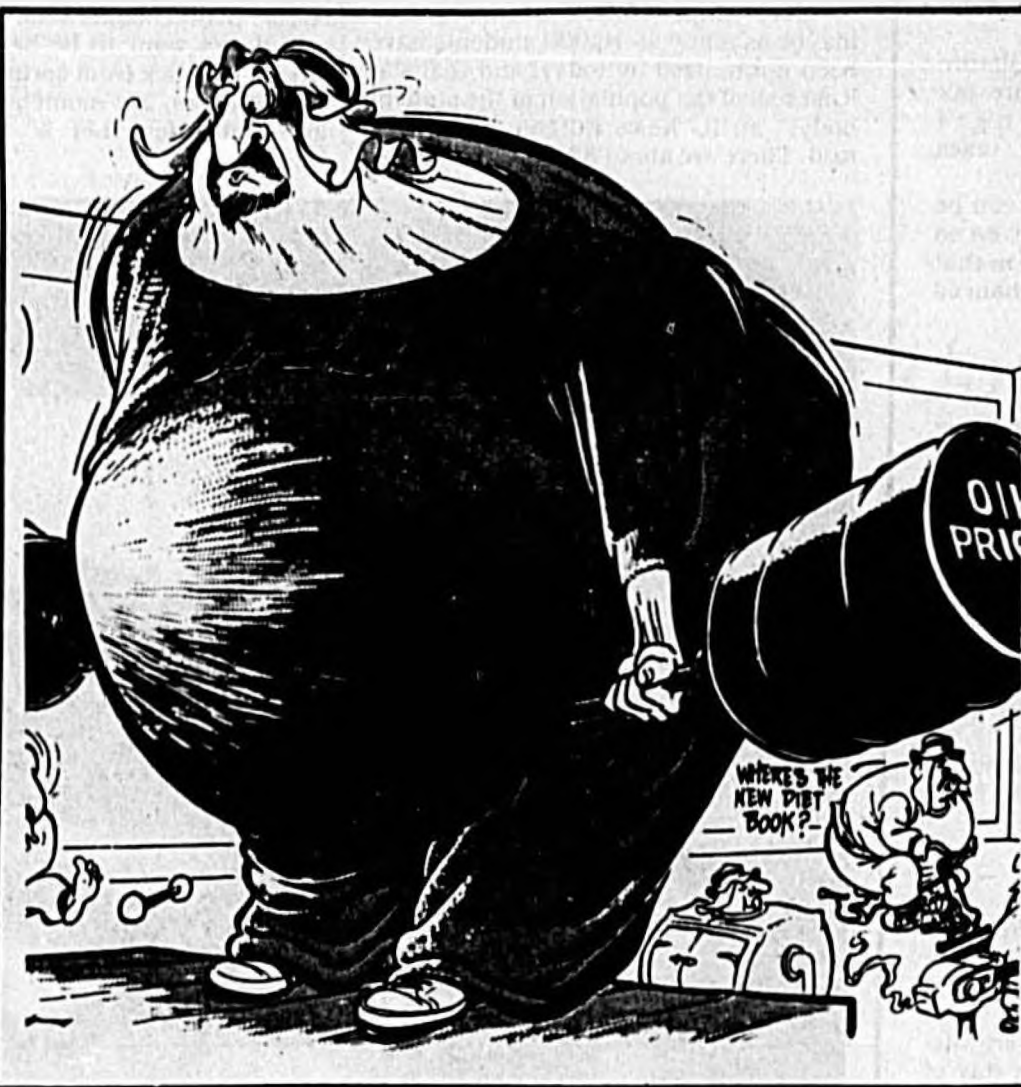
"We are very fortunate to have School Board members who are interested in attending educational workshops. We feel

that education faces the challenge of teaching computer literacy to all students. We are rapidly approaching the day when computer literacy will be a basic skill just like reading and mathematics," School Superintendent Robert Hughes said.

In my continuing search for examples of decay in the English language, I need only turn to a card I received recently from a Casselberry business.

"This card is for identification only," it read. "If it is lost or stolded please inform us immediately."

Also saw a bumper sticker on a truck not too long ago which is a takeoff on more popular themes. "When guns are outlawed I'll report mine stolen."



VIEWPOINT

Wheat Foods For Health

By Charles S. Taylor

ATLANTA (UPI) — Nutrition expert Dr. David Lineback says diet-conscious Americans can lose weight and still eat their favorite, fattening foods.

Lineback isn't pushing a new "miracle" diet. His message centers on the inclusion of wheat foods in a well-balanced diet and what he calls an "adjustment of life styles."

Wheat foods, he says, are low in fat, gaining less than three percent of their caloric value from fat. They are an excellent source of energy and should be included in any diet.

The diet need not be confined to just a few foods, with fattening favorites excluded. That's where life style adjustments come in.

"If you eat heartily, exercise more," he said. "If you enjoy fine wines, as I do, then forego rich desserts in order to allow yourself wine at dinner."

Lineback, the head of the North Carolina State University Department of Food Science, is also an advisor to the Wheat Industry Council and was in Atlanta recently to talk about the virtues of wheat foods in the diet.

"You can lose weight by eating the foods you like, but reduce the amount and exercise," Lineback advises.

Lineback said the steak dinner with wine and dessert is the epitome of a good meal to many people, but a meal like that provides twice the amount of calories a person needs for an entire day.

Lineback said dieters can still have that steak dinner and not ruin their diet by planning ahead.

"Eat less during the day if you're going to have steak for dinner."

Wheat foods, according to Lineback, are a source of complex carbohydrates, plant protein, dietary fiber, B-vitamins

and trace minerals and are an excellent source of inexpensive energy.

"One of the big misconceptions about wheat foods, such as cereals and breads, is that they are fattening," said Lineback. "From a nutritional standpoint, they are not fattening. The reason they've got this image is what we put on them — peanut butter, jam, jellies."

Lineback said eating breads, especially whole wheat bread, and bran cereals, "gives you a feeling of being full without so many calories and they give you the complex carbohydrates."

The complex carbohydrates, he said, are necessary for energy and stamina.

Lineback cited a study to support his claim concerning the non-fattening properties of wheat foods. He said 12 slices of bread per day were included in the diet of a group of athletes. Each athlete ended up losing 13-17 pounds over a period of 4-6 weeks.

"The inclusion of cereal foods in a diet is a very wise move," he said. "Cereals are our cheapest source of complex carbohydrates, proteins, minerals and B-vitamins."

"When people go on diets they say 'let's take the potatoes out, let's take the bread out,' but this is not necessary," he said.

Lineback, the co-author of more than 40 scientific articles on carbohydrates, food science and enzymes, is an avid jogger and has long been interested in sports nutrition. He said some long-distance athletes — marathoners and cross-country skiers — load up on carbohydrates three days before an event by including wheat foods in their diet. This diet generates glycogen, a form of complex carbohydrate, that is stored in the muscles of the body and increases stamina.

DICK WEST

Three Fluffs Amd Out

WASHINGTON (UPI) — Most people probably agree with the maxim, "If it's worth doing at all, it's worth doing right."

But how many would subscribe to the addendum, "If it's worth doing right, it's worth over-doing?"

The latter platitude is the motto of Dale Lowdermilk, head of one of this country's most panicky safety organizations. As was perhaps inevitable, he fears the campaign to curtail drunk driving in America doesn't go far enough.

Lowdermilk, in private life a Santa Barbara, Calif., air traffic controller, is especially dubious about efforts to make bars, taverns and other such establishments more chary about serving "the last drink" to patrons who obviously are in no condition to drive competently.

His most immediate cause for alarm is a measure introduced in the California legislature to require the posting of "scorecards" in drinking places.

The charts would set forth the state's legal definition of intoxication and list the number of drinks it takes to impair the average person's driving ability.

"The concept of a 'scorecard' can, in and of itself, encourage competitive drinking," Lowdermilk warns in his latest media communique.

To be on the safe side, he recommends that the government assign monitors "at every location where liquor is sold, consumed or retained, home refrigerators included," to discourage "inebriated rivalry."

By me, however, the most salient provision of his safety program would be the administering of "slur tests" to barflies. Under this section, "everyone who leaves a socially sanctioned intake facility" would be required to say: "The sixth sick sheik's sixth sheep is sick."

Failure to achieve vocal clarity and proper enunciation "shall constitute a felony offense and an immediate arrest shall be made," Lowdermilk insists.

I admire that recommendation, if for no other reason than its scientific authenticity. Researchers long have recognized there is a direct correlation between driving an automobile, particularly in rush hour traffic, and reciting tongue-twisters.

Both require steady nerves and a high degree of mental and muscular coordination, not to mention navigational skill, in order to reach a given destination.

As a general rule, a commuter whose consonants run together during the recitation of "Peter Piper picked a peck of pickled peppers" is the commuter most likely to run over the curb and hit a mailbox, or some unsuspecting pedestrian, on the way home.

By the same token, a driver who stumbles over "she sells seashells by the seashore" is a pretty good bet to run into a ditch, or fall to stop in time to open the garage door after turning into the driveway.

I salute Lowdermilk for his perspicacity, and caution, and offer but one amendment to his program. Rather than station government "monitors" in joints where competitive drinking is apt to break out, I would assign umpires or referees.

PEOPLE

Evening Herald, Sanford, Fl. Thursday, March 10, 1983—1B

Good Luck, Cami

Cami Bruce, center, who served as Seminole County supervisor of elections for 31 years, was honored by her children, Pat Nuckolls and her husband, Billy, and two sons, Rob and Dick Bruce, at a bon voyage cruise aboard the Bay Queen along the St. Johns River. The 165 guests observed a display of fireworks wishing the honoree, "Good Luck, Cami!"



Affair With 'Boy' Has Adult Ending

DEAR ABBY: Last summer when I just turned 18, I had a very short affair with a 14-year-old boy. (He looked older.) As if that wasn't bad enough, I became pregnant. I debated on whether to tell him, and I finally did. He was very upset, as was to be expected. I was preparing to go off to college and I knew there was no way I could have a baby, so I had an abortion. The boy agreed that it was the best thing to do and I promised to pay half the cost.

I had the abortion last September, and he hasn't



paid a dime toward it. I talked to him on the telephone a few times and he kept promising to send me the money, but he never did. I think I have waited long enough and don't know what to do now. I had to borrow the money for the abortion, and I have to pay it back. I've considered telling his parents about the whole thing, but most parents will take their child's side, so what good would it do? What do you think I should do?

NAMELESS, PLEASE DEAR NAMELESS: Because the "boy" was 14, you could possibly be in trouble for contributing to the delinquency of a minor, or possibly charged with statutory rape. Leave bad enough alone, and write off the loss as tuition in the school of experience.

DEAR ABBY: Eight years ago our mother passed away after a long illness. Six months later our father married a woman who is the complete opposite of our mother. She's bossy, argumentative and outspoken. In spite of all that, we are grateful that Dad seems content with her.

The problem: Not once since our father married this woman have we been able to have a private conversation with him.

During the eight years when I was governor of Kentucky and she was Kentucky's first lady, she was known to everybody as "Mama Chandler." Even the state police called her "Mama." They still do, and she loves it.

With every good wish, I am...
ALBERT B. CHANDLER, VERSAILLES, KY

DEAR MR. CHANDLER: ("Happy," right?) Thanks for the pro-Mama vote. Your letter was a real upper.

Every teen-ager should know the truth about drugs, sex and how to be happy. For Abby's booklet, send \$2 and a long, stamped (37 cents), self-addressed envelope to: Abby, Teen Booklet, P.O. Box 38923, Hollywood, Calif. 90038.



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Evening Herald
CIRCULATION DEPT.

Benefit Fashion Show

The Children's Home Society Auxiliary invites you to attend "Up, Up, and Away," a fashion show luncheon, on Saturday, March 12, at the Harley Hotel in downtown Orlando.

All proceeds will benefit the emergency medical expenses of children in the care of the Children's Home Society here in Central Florida.

Fashions will be presented by an Orlando Department store with entertainment provided by the Phyllis Dale Trio and The Singing Boys and Girls of Orlando. Join Carole Nelson, honorary chairman, and treat yourself to delicious food, fine entertainment and at the same time help some very special children.

Social hour will be from 11 a.m. until noon. Luncheon and fashion show from noon until 2 p.m. Tickets are \$17.50 per person. For ticket reservations, call the Children's Home Society at 422-4441.

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- COUPON QUILT PANEL**
"OUR BABY" BIRTH CHARACTERS. 2 1/2 yds. 1 to 3 yd. lengths. **\$3.66** WITH COUPON ONLY
- COUPON BONDING POLYESTER BATTING**
72-90 444 **\$5.66** 90-108 **\$6.66** WITH COUPON ONLY
- COUPON DECORATOR FABRICS**
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TONIGHTS TV

THURSDAY

6:00 (1) (3) (7) (8) NEWS
(1) (3) CHARLIE'S ANGELS
(7) (8) EARTH, SEA AND SKY

6:05 (17) CAROL BURNETT AND FRIENDS

6:30 (4) NBC NEWS
(5) CBS NEWS
(7) ABC NEWS
(10) EARTH, SEA AND SKY

6:35 (17) BOB NEWHART

7:00 (4) LIE DETECTOR
(5) P.M. MAGAZINE
(7) JOKER'S WILD
(1) (3) THE JEFFERSONS
(10) MAGNIFICENT SEVEN REPORT

7:05 (17) GOMER PYLE

7:30 (4) ENTERTAINMENT TONIGHT
Telly Savalas and Gene Hackman discuss the portrayal of police officers on the screen.
(7) (8) TAC DOUGH
(5) FAMILY FEUD
(1) (3) BARNEY MILLER
(10) UNTAMED WORLD

7:35 (17) ANDY GRIFFITH

8:00 (4) FAME The students suspect that a suicide note was written by a fellow classmate.
(5) MAGNUM, P.I. Magnum investigates the puzzling accidental drowning of a lifeguard.
(7) CONDO
(1) (3) STEVE AND EYDIE "Our Love is Here to Stay" Joining in a tribute to the musical genius of George Gershwin are pianist Gerard Robbins, the New World Philharmonic Orchestra and special guest Gene Kelly.
(10) MYSTERY "The Agatha Christie Stories: The Girl in the Train" Charming and feckless George Rowland leaves home looking for adventure on the Portsmouth train.

8:05 (17) MOVIE "The Sins Of Rachel Cade" (1961) Angie Dickinson, Peter Finch. A missionary loses the respect of the natives after she succumbs to temptation.

8:30 (1) AMANDA'S
(7) GIMME A BREAK
(3) SIMON & SIMON A.J. and Rick are hired to find a young woman who disappeared without a trace from a hotel room.
(7) TOO CLOSE FOR COMFORT Muriel's photo session with a crew of stevedores is disrupted when Henry shows up with a hungry and drunk dog.
(1) (3) BILLY GRAHAM CRUSADE
(10) THE GREAT WHODUNNIT William Conrad is joined by Tammy Grimes, Geraldine Fitzgerald, Gene Barry and Howard Duff for a series of mystery vignettes in which three famous detectives invite viewers to help them solve their most puzzling cases.

8:35 (7) CHEERS
(1) IT TAKES TWO

10:00 (4) HILL STREET BLUES A precinct captain accuses the Hill Street officers of corruption, and Bates and Coffey investigate an urban cattle rustler.
(1) KNOTS LANDING
(1) (3) INDEPENDENT NETWORK NEWS

10:30 (1) (3) LOVE LUCY
(10) ALFRED HITCHCOCK PRESENTS

10:35 (17) NEWS

11:00 (4) (5) (7) (8) NEWS
(1) (3) BOAP
(10) ALFRED HITCHCOCK PRESENTS

11:30 (4) THE BEST OF CARSON Host: Johnny Carson. Guests: Michael Landon, Jean-Pierre Rampall, Tanya Roberts. (R)
(7) MARY TYLER MOORE
(1) ABC NEWS NIGHTLINE
(1) (3) THE ROCKY HORROR FILES

11:35 (17) MOVIE "Ace High" (1977) Malcolm McDowell, Christopher Plummer.

12:00 (7) QUINCY
(1) THE LAST WORD

12:30 (4) LATE NIGHT WITH DAVID LETTERMAN Guests: cult figure Divine, filmmaker John Waters, TV producer Norman Lear, Robin Williams. (R)
(1) (3) NEWS
(7) MOVIE "Bandido" (1956) Robert Mitchum, Ursula Thiess.

1:00 (3) MCCLOUD A nightclub singer becomes involved in a scheme to frame McCLOUD's boss for a murder. (R)

1:30 (4) NBC NEWS OVERNIGHT

1:45 (17) MOVIE "Goliah At The Conquest Of Damascus" (1964) Rock Stevens, Heide Line.

2:30 (4) ENTERTAINMENT TONIGHT Telly Savalas and Gene Hackman discuss the portrayal of police officers on the screen.
(5) CBS NEWS NIGHTWATCH NEWS

FRIDAY

MORNING

5:00 (4) NBC NEWS OVERNIGHT

5:10 (17) NICE PEOPLE

5:40 (17) WORLD AT LARGE

6:00 (4) 2 1/2 COUNTRY
(5) CBS EARLY MORNING NEWS
(7) SUNRISE
(1) (3) JIM BAKKER
(10) NEWS

6:30 (7) EARLY TODAY
(3) CBS EARLY MORNING NEWS
(7) ABC NEWS THIS MORNING

6:45 (7) NEWS
(10) A.M. WEATHER

7:00 (4) TODAY
(5) MORNING NEWS
(7) GOOD MORNING AMERICA
(1) (3) NEWS
(10) TO LIFE!

7:05 (17) FUNTIME

7:15 (10) A.M. WEATHER

7:30 (1) (3) WOODY WOODPECKER
(10) SESAME STREET

7:35 (17) DREAM OF JEANIE

8:00 (1) (3) FRED FLINTSTONE AND FRIENDS
(17) MY THREE SONS

8:30 (1) (3) GREAT SPACE COASTER
(10) MISTER ROGERS (R)

8:35 (17) THAT GIRL

9:00 (4) RICHARD SIMMONS
(7) DONAHUE
(1) MOVIE
(1) (3) LEAVE IT TO BEAVER
(10) SESAME STREET

9:05 (17) MOVIE

9:30 (4) IN SEARCH OF...
(1) (3) FAMILY AFFAIR

10:00 (4) THE FACTS OF LIFE (R)
(5) MORE REAL PEOPLE
(1) (3) ANDY GRIFFITH
(10) ELECTRIC COMPANY (R)

10:30 (4) SALE OF THE CENTURY
(5) CHILD'S PLAY
(1) (3) DORIS DAY
(10) 3-2-1 CONTACT (R)

11:00 (4) WHEEL OF FORTUNE
(7) THE PRICE IS RIGHT
(1) (3) LOVE BOAT (R)
(1) (3) 35 LIVE
(10) OVER EASY

11:05 (17) PERRY MARION
11:30 (4) HIT MAN
(1) (3) INDEPENDENT NETWORK NEWS
(10) POSTSCRIPTS

AFTERNOON

12:00 (4) SOAP WORLD
(5) CAROLE NELSON AT NOON
(7) NEWS
(1) (3) BLD VALLEY
(10) NATIONAL GEOGRAPHIC SPECIAL

12:05 (17) PEOPLE NOW

12:30 (4) NEWS
(5) THE YOUNG AND THE RESTLESS
(7) RYAN'S HOPE

1:00 (4) DAYS OF OUR LIVES
(7) ALL MY CHILDREN
(1) (3) MOVIE
(10) FLORIDA HOME GROWN

1:05 (17) MOVIE

1:30 (4) AS THE WORLD TURNS
(7) THIS OLD HOUSE

2:00 (4) ANOTHER WORLD
(7) ONE LIFE TO LIVE
(10) MAGIC OF OIL PAINTING

2:30 (1) (3) CAPITOL
(10) MAGIC OF DECORATIVE PAINTING

3:00 (4) FANTASY
(5) GUIDING LIGHT
(7) GENERAL HOSPITAL
(1) (3) CABER
(10) THE LAWMAKERS

3:05 (17) FUNTIME

3:30 (1) (3) BUGS BUNNY AND FRIENDS
(10) ELECTRIC COMPANY (R)

3:35 (17) THE FLINTSTONES

4:00 (7) A LITTLE HOUSE ON THE PRAIRIE
(10) HOUR MAGAZINE
(1) (3) MERV GRUFFIN
(1) (3) TOM AND JERRY
(10) SESAME STREET

4:05 (17) THE MUNSTERS

4:30 (1) (3) THE WORLD OF STRAWBERRY SHORTCAKE

4:35 (17) LEAVE IT TO BEAVER

5:00 (1) (3) LAYNE & SHIRLEY & COMPANY
(7) THREE'S COMPANY
(10) ALL IN THE FAMILY
(1) (3) NIGHT IS THOUROUS
(10) MISTER ROGERS (R)

5:05 (17) THE BRADY BUNCH

5:30 (4) PEOPLE'S COURT
(5) M*A*S*H
(7) NEWS
(10) POSTSCRIPTS

5:35 (17) BEWITCHED

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MOVELAND
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PHIL LAMPOON'S CLASS REUNION



BEETLE BAILEY

by Mort Walker



THE BORN LOSER

by Art Sansom



ARCHIE

by Bob Montana



EEK & MEEK

by Howie Schneider



PRISCILLA'S POP

by Ed Sullivan



BUGS BUNNY

by Stoffel & Heimdahl



FRANK AND ERNEST

by Bob Thaves



TUMBLEWEEDS

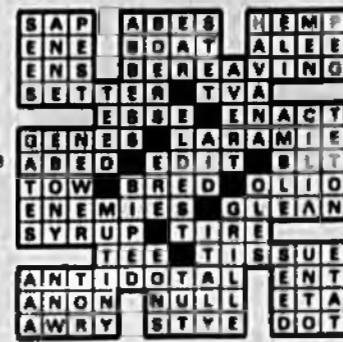
by T. K. Ryan



ACROSS

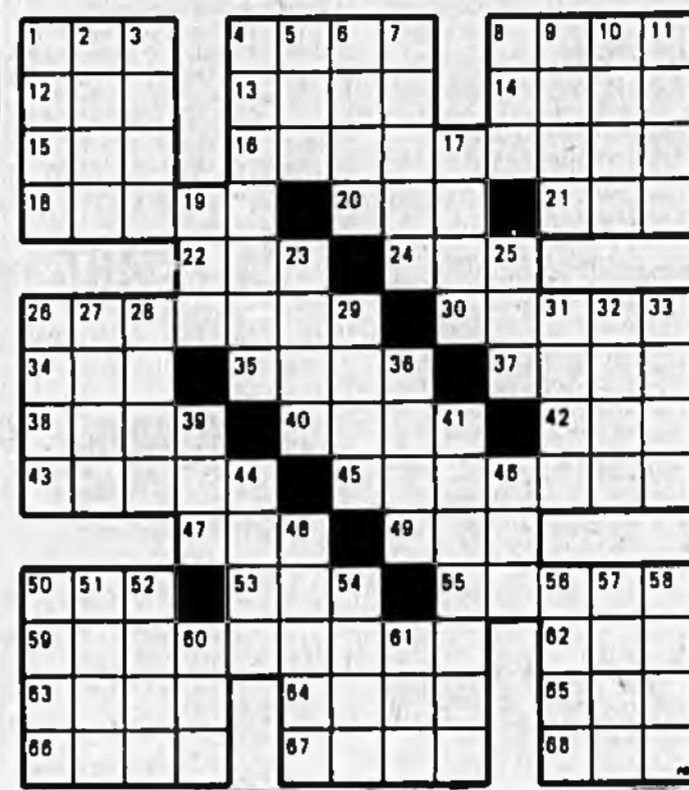
- 1 Call out
- 4 Spheres
- 8 College
- 12 Examination
- 13 Sand off
- 14 Corruption
- 15 Scotch beret
- 16 Inflammable
- 18 Legislate
- 20 CIA employee
- 21 Over (prefix)
- 22 Baseball player Mel
- 24 Watering place
- 26 Churl
- 30 Water holes
- 34 Same (prefix)
- 35 Ten (prefix)
- 37 River in Yorkshire
- 38 Miscellany
- 40 God
- 42 the Queen!
- 43 Negation
- 44 Former Soviet leader
- 45 Without purpose
- 47 Trim off branches

Answer to Previous Puzzle



DOWN

- 1 Quote as an authority
- 2 Strawberry-colored horse
- 3 Arizona city
- 4 Left out
- 5 Shrad
- 6 Vate
- 7 Falls
- 8 Eggs
- 9 Bones in chest
- 10 Legal aid group (abbr.)
- 11 Sly glance
- 17 Typing blunder
- 19 Mountain pass
- 23 Knots
- 25 Motoring association
- 28 Stringed instrument
- 27 Wrist cut
- 28 Mast cut
- 29 College
- 31 Trigonometric function
- 32 Greek deity
- 33 Places
- 36 Greedy
- 39 Fuel
- 41 Exited
- 44 Note (Lat.)
- 46 Recline
- 48 Idolater
- 50 Glazing lead
- 51 Author
- 52 Article of apparel
- 54 Fork prong
- 56 Clenched hand
- 57 Nigerian tribesmen
- 58 Lacquered metalware
- 60 Greek letter
- 61 Compass point



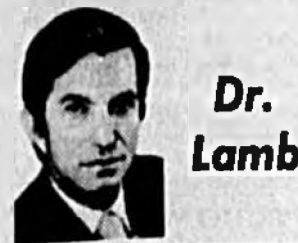
HOROSCOPE

By BERNICE BEDE OSOL

What The Day Will Bring...

YOUR BIRTHDAY
 March 11, 1983
 New channels can be developed this coming year to enhance your material security. Be alert for opportunities pertaining to products or services which offer something unique. **PISCES** (Feb. 20-March 20) In business or financial matters you'll be in a better bargaining position today than you may realize. See yourself as the one holding the ace. Order now: The NEW Astro-Graph Matchmaker wheel and booklet which reveals romantic combinations, compatibilities for all signs, tells how to get along with others, finds rising signs, hidden qualities, plus more. **ARIES** (March 21-April 19) One of your most admirable characteristics is your willingness to stand by friends when they're in need of your support. **TAURUS** (April 20-May 20) Benefits will come to you today not because you seek them, but because of your unselfish desire to boost persons you're fond of. **GEMINI** (May 21-June 20) Your warm, easy manner will endear you to any crowd today. However, you'll find more enjoyment being with your special someone. **CANCER** (June 21-July 22) If you are presently involved in an important project, lay the groundwork today as quickly as possible. Expose nothing until you're sure all the parts fit. **LEO** (July 23-Aug. 22) Harmony as well as pleasant memories should follow in your footsteps today. You'll know how to put at ease persons with whom you'll associate. **VIRGO** (Aug. 23-Sept. 22) There is material opportunity around you today, but you might have to rely more upon your instincts than the messages you get from visible surface factors. **LIBRA** (Sept. 23-Oct. 23) Seek activities today where you can utilize both your mental and physical capabilities. Your best bet may be an outdoor sport for two. **SCORPIO** (Oct. 24-Nov. 22) You're a good impressionist today, but you're not apt to be interested in promoting your own self-interests. Your kicks will come from helping those you love. **SAGITTARIUS** (Nov. 23-Dec. 21) Your expressions of sincere devotion will do much to make the day for the one you love. Tell how much you really care with gestures and gifts. **CAPRICORN** (Dec. 22-Jan. 19) You have what it takes to succeed in difficult situations today, especially if what you're trying to accomplish is for an unselfish purpose. **AQUARIUS** (Jan. 20-Feb. 19) Flattery can work wonders for you today, but only if it is honestly deserved. Go out of your way to pat on the back persons who truly merit it.

Travel Ailments Can Be Avoided



DEAR DR. LAMB — We are planning a trip to Mexico and Central America and wonder how we can avoid getting sick. Almost everyone seems to get diarrhea and sometimes other digestive problems when they travel south of the border. Is this from the food and water or something else? We don't want our vacation spoiled by being ill. What suggestions do you have?

DEAR READER — Yes, most of the problems are from organisms in food and water. In recent years it has been pretty well established that the most frequent offender is a strain of E. coli, the organism that lives in our colon and usually does not cause us any trouble. The strain associated with attacks of diarrhea is slightly different even though it looks the same under the microscope. This difference was not appreciated for years and that is why the real cause went unrecognized.

Talk to your doctor before you go. There is an antibiotic (doxycycline) which can be prescribed to prevent or treat E. coli diarrhea but it may increase your chances of getting a salmonella infection. Let your doctor advise you about this for your individual case.

In addition to E. coli infections and salmonella infections there are a host of other organisms that can cause intestinal infections, including ameba which can survive water that is treated with chlorine.

There is no rule that will totally protect you but drinking bottled water or beverages and avoiding salads and raw foods may help.

You can also get food poisoning right here in the good old USA and it seems to be increasingly com-

mon today. It is a far greater problem in our food than the question of chemicals that is discussed so heatedly. Ways to protect yourself from food poisoning in your own home are discussed in The Health Letter number 6-2, Food Poisoning of Infectious Origin, which I am sending you. Others who want this issue can send 75 cents with a long, stamped, self-addressed envelope for it to me, in care of this newspaper, P.O. Box 1551, Radio City Station, New York, NY 10019.

A large portion of poultry and other meats you buy are contaminated with bacteria. The only way you can really protect yourself is with proper cooking and care of doos in the kitchen.

DEAR DR. LAMB — Of course. Anyone can have a stroke and the chances are increased with high blood pressure. So I surely don't want to say she couldn't have a stroke.

Now, her risk (chance) of having a stroke depends upon how high her pressure really is, and if it is persistently high or just when she is excited.

Also, you or your friend may have misunderstood her doctor. Birth control pills sometimes cause high blood pressure and when it is high one of the first steps is to stop the pill. That often cures the problem. If not, then the high blood pressure is treated just as it is for a person who never took the pill.

WIN AT BRIDGE

NORTH 3-10-83		10-83	
♠ Q1083			
♥ A103			
♦ A			
♣ ♠7532			
WEST		EAST	
♠ 96	♠ J2		
♥ 64	♥ J985		
♦ K10982	♦ QJ7543		
♣ QJ64	♣ 10		
SOUTH		NORTH	
♠ K754	♠ 10		
♥ KQ72	♥ 4NT		
♦ 6	♦ 7		
♣ AK8	♣ 7		
Vulnerable: North-South		Dealer: South	
West	North	East	South
Pass	3♠	Pass	4NT
Pass	5♥	Pass	7♣
Pass	Pass	Pass	Pass
Opening lead: ♠6			

By Oswald Jacoby and James Jacoby

East was going along very well in the pair game. Hence, he really didn't mind when the bidding started out with one spade by South and a jump raise to three by North. South's Blackwood four

no-trump upset him a trifle. When North showed two aces and South bid the grand slam he was really unhappy. You are really unhappy when they bid a grand slam against you in rubber bridge. That is likely to cost you money. A match point grand slam only costs you match points when made because you know that it won't be bid at many tables.

West opened a trump and when East saw dummy his unhappiness was replaced by hope. Just maybe there would be a club loser and South would pay the penalty for an overbid.

The play took little time. South played the hand to the end, but his heart wasn't in it and eventually he gave up the club trick he always had to lose.

East and West had been the recipients of great good fortune. Twenty match points out of a possible 25 for just playing opposite the right pair.

GARFIELD



by Jim Davis

ANNIE



by Leonard Starr