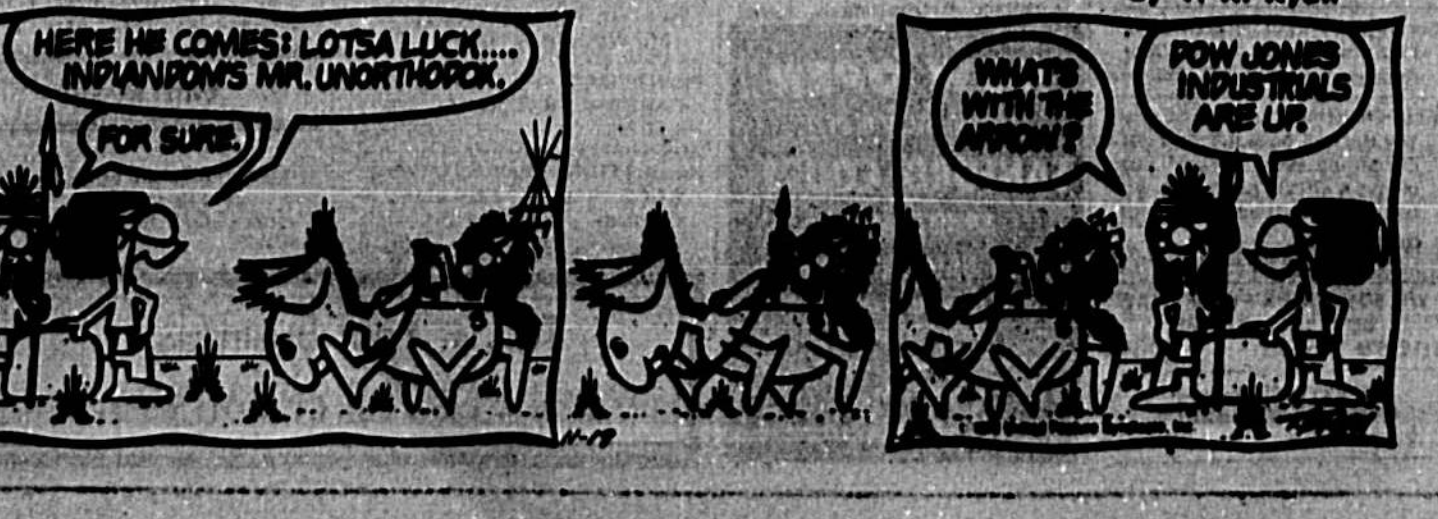
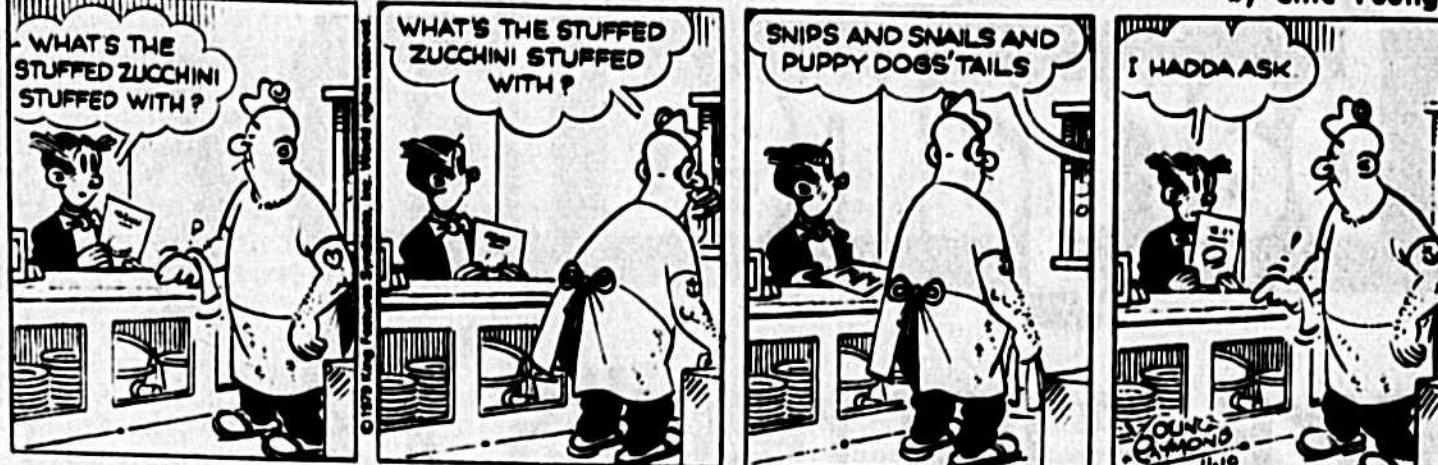
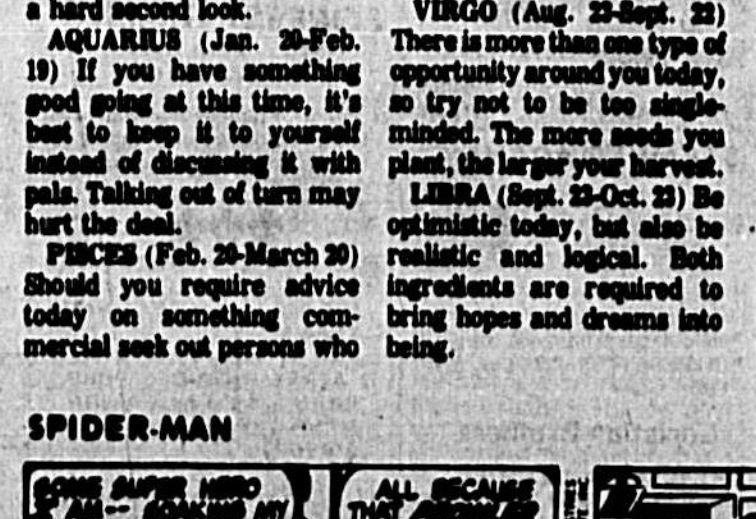
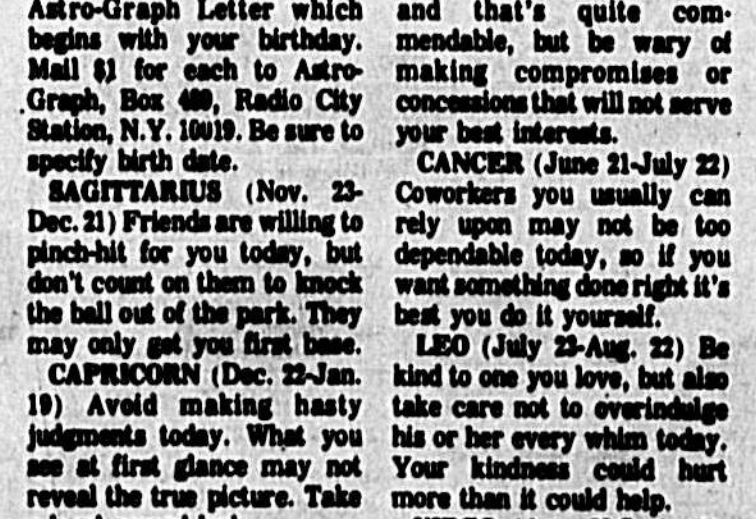
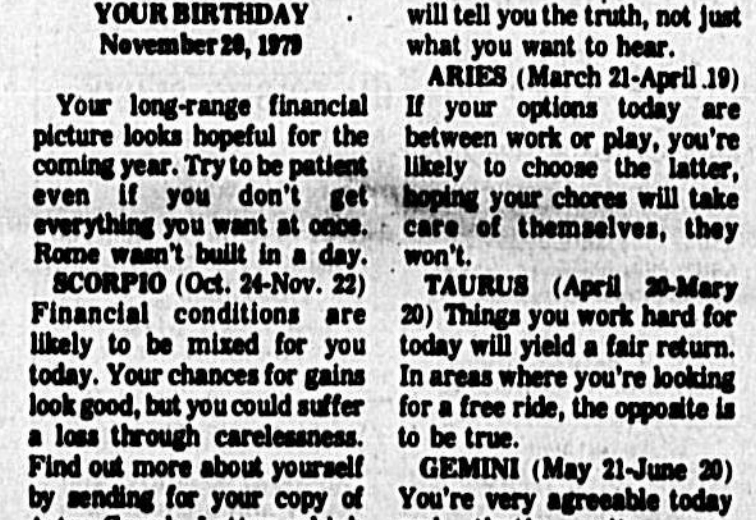
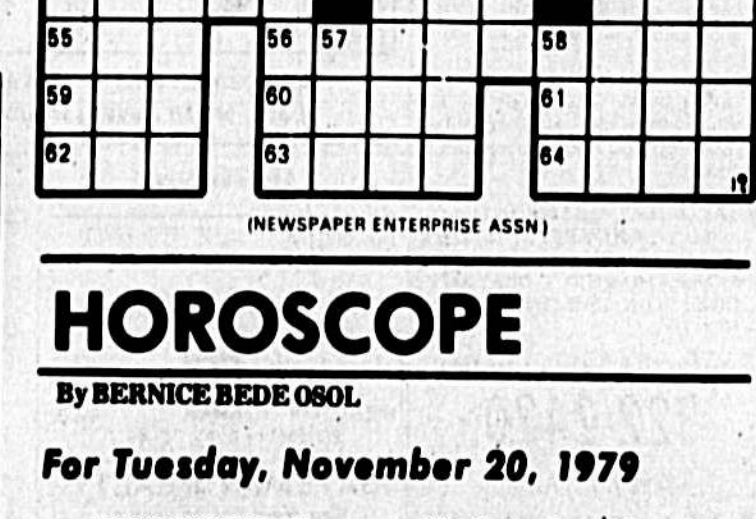
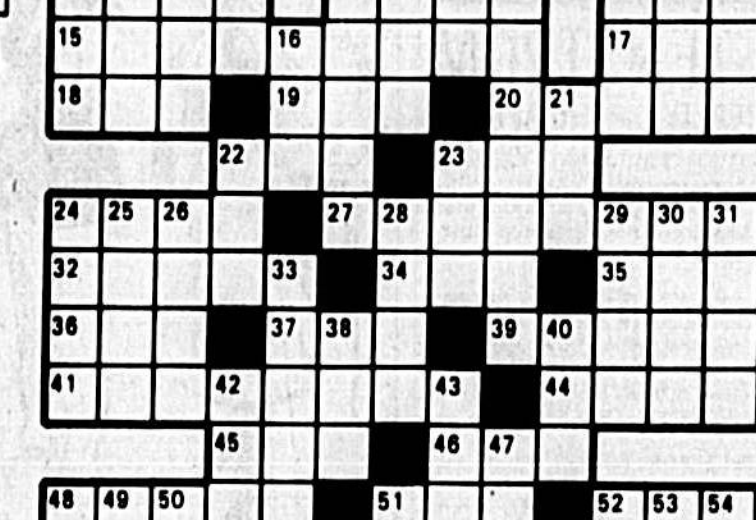
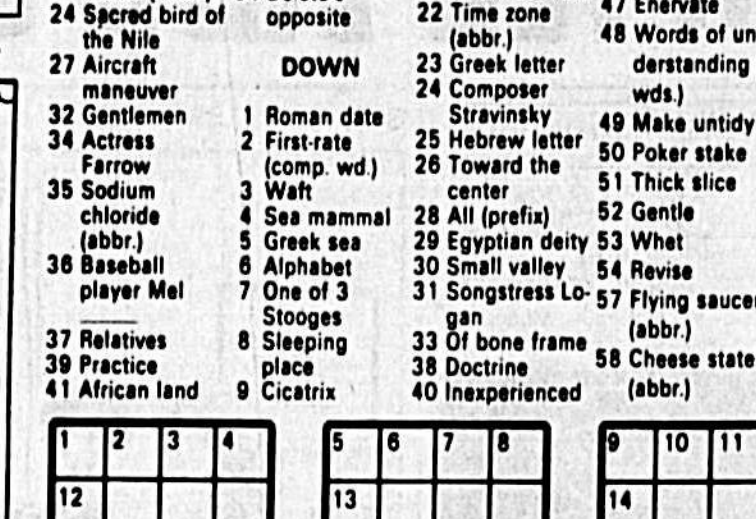


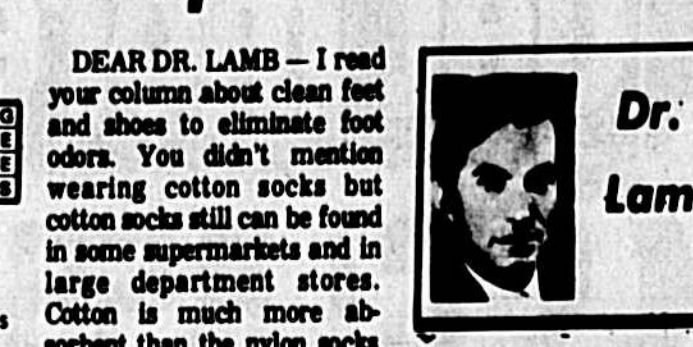
BLONDIE — Evening Herald, Sanford, Fl. Monday, Nov. 19, 1979 by Chic Young



ACROSS 44 Sailing 45 Timber tree 46 Compass point 47 Metric foot 48 160 49 Fashionable resort 50 Haggard novel 51 Sol 52 Yellow poplar 53 Superlative suffix 54 At a distance 55 Former pleasure colony 56 CIA 57 School organist 58 Ear part 59 Deline 60 Sceptic bird of the Nile 61 21 Small cushion 62 22 Time zone 63 23 Greek letter 64 24 Composer 65 25 Hebrew letter 66 26 Toward the center 67 28 All (prefix) 68 29 Egyptian deity 69 30 Small valve 70 31 Songstress 71 32 Flying saucer 72 33 Of bone frame 73 34 Doctrine 74 35 40 Inexpensive



Cotton, Wool Socks Keep Odors Out



DEAR DR. LAMB — I read your column about clean feet and shoes to eliminate foot odors. You didn't mention wearing cotton socks but cotton socks will can be found in some super-markets in large department stores. Cotton is much more absorbent than the nylon socks that are so common nowadays. We've had great success by switching to cotton for my husband's smelly feet. I wear my husband's cotton hose with socks and my athlete's foot problem has been eliminated.

DEAR READER — It wasn't possible to discuss everything in a short column. However, you are absolutely right and I do discuss this problem in The Health Letter, number 10-4, Your Feet And How To Care For Them. I am sending a copy for you. Other readers who want this issue can send 75 cents with a long, stamped, self-addressed envelope for it. Send your request in care of this newspaper, P.O. Box 1861, Radio City Station, New York, NY 10101.

As I mentioned in the Health Letter I'm sending you, wool socks are also useful, particularly in winter. A frequent change of either wool or cotton socks, at least twice a day if you have a real problem, also helps.

Nylon and our synthetic clothes not only fail to absorb but, if they're not synthetic, act to trap moisture which creates body odors. Since most of these fabrics depend on oil as a source of the synthetic perhaps we'll begin to see less of them and there will be a return to natural cotton and wool clothing which may have some benefits.

DEAR DR. LAMB — My 14-year-old grandson has complained of pain that he thought might be a rupture. Will tell you the truth, not just what you want to hear.

ARIES (March 21-April 19) If your options today are between work or play, you're likely to choose the latter, hoping your chest will take care of themselves, they won't.

Taurus (April 20-May 20) Things you work hard in areas where you're looking for a free ride, the opposite is to be true.

GEMINI (May 21-June 20) You're very agreeable today and that's quite commendable, but be wary of making compromises or concessions that will not serve your best interests.

10 Hostages Safe In West Germany



TEHRAN, Iran (UPI) — Ten more American hostages released by Muslim militants flew to freedom in West Germany today where they face a battery of tests and questions about their 17-day ordeal before they could head home for a planned Thanksgiving rendezvous with their families.

The three Americans released from their embassy confinement Monday also were staying at the hospital. No reporters were allowed near either group of hostages "for humanitarian reasons."

In Washington, State Department officials said today the latest group of released hostages "seem to be in good shape." They had been fed adequately.

"We're happy to have 12 of the hostages out, but we will not be satisfied until we have all of them out," one State Department official said. "Our No. 1 goal is still to get all of them out."

The release of the 10 reduces to 49 the number of Americans still held with some 40 non-Americans for the 17th day by Muslim students demanding the return of the deposed shah to Iran, a demand they reiterated today.

The three Americans released from their embassy confinement Monday also were staying at the hospital. No reporters were allowed near either group of hostages "for humanitarian reasons."

Seminole Schools Used Lie Detector Only Twice

Seminole County principals say students have taken the detector tests only twice in the past three years.

The controversy over the use of polygraphs, commonly referred to as lie detectors, on students began Wednesday when the parents of an Oviedo ninth grader complained to the school board that their son was told only a polygraph test would prove to school officials he was telling the truth.

At the board meeting, Superintendent William Leyer said the machines had been used "in one or two instances."

Although he added that there was nothing "unusual" about either the procedure of telling a student to get the test was an option during the suspension hearing, his estimate of the number of students who had taken the test appears to be accurate.

High school principals said they know of only two students to face a polygraph test in the past three years ago, and one at Oviedo Principal Charles Webb said a student proved he was not guilty of marijuana possession about two years ago after his father demanded the polygraph test.

Marijuana had been found in the student's bowling ball, during a band trip, Webb said. His father demanded the test, similar to those used by his company to prove his son innocent, Webb said.

The machine did indeed indicate the student was telling the truth when he said the bag belonged to someone else, and the suspension was dropped, Webb said.

Beyond that, lie detectors were given serious consideration on only one other occasion at Oviedo, but while a parent demanded the test, the student repeatedly denied the charge. "I asked him if he would be willing to take the test" during the hearing, Lusher said. But if the student, later suspended for five days, had agreed to the polygraph, he would have been sent back to class, proved innocent in Lusher's opinion, the dean explained.

But Miss Walsh, an embassy political officer, said Monday the students also were holding two women and a black who did not appear at the press conference with her.

CHRISTMAS IS COMING

Thanksgiving is just two days away and that can only mean one thing to Denver Johnson (above), a maintenance worker with the city of Sanford: It's time to install the traditional Christmas trees in First Street. The bright, red trees should give Santa the proper guidance next month when he makes his midnight approach to Sanford.

Hospital County's Top Priority

Seminole County department heads and staff now have an official master plan to tell them which projects the county must handle first. Evaluation of hospital alternatives top the list.

County Administrator Roger Neiswender's 13-page county and departmental priority list was approved by county commissioners with slight changes Monday afternoon.

The first page of the document lists 17 overall county priorities in their order of importance. The following pages contain priority lists for each county department, with the understanding that the overall priorities come first.

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Crash Kills Sanford Woman

A Sanford woman was killed Monday night in a head-on auto accident.

Martha Anne Schatt, 38, of Forest Avenue, Sanford, died while driving west on Route 44, about a half mile west of Oregon Avenue, when a car traveling east on the highway crossed over into the opposite lane, a Florida Highway Patrol spokesman said.

Jones Seen As New Longwood Attorney

Merriam of Jones, Merriam and Schalkoff, Akumetee Springs each received one.

Final selection is scheduled to be made at a special session at 7:30 p.m. today. Commissioner Ray Lashamberger said he would not be able to attend the Tuesday meeting as he would be working late and asked that the vote be taken at Monday night's meeting, but the other commissioners preferred to wait.



JOHN JONES

Today

Around The Clock	A-A
Bridge	A-B
Comics	A-B
Crossword	A-B
Editorial	A-A
Dear Abby	A-B
Dr. Lamb	A-B
Horoscope	A-B
Hospital	A-A
Obituary	A-A
OURSELVES	A-B
Sports	A-A
Television	A-B
Weather	A-A

WORLD IN BRIEF

Arab Nations May Deploy Oil Weapon On Israelis

TUNIS, Tunisia (UPI) — Leaders from 21 of the 22 Arab nations today opened a summit meeting designed to review strategy against Israel and possibly discuss the use of the "oil weapon" to back their demands. President Habib Bourguiba of Tunisia opened the 10th Arab League summit amid indications the three-day session will be faced with bitter internal quarrels over various policy issues.

U.N. Team Sees Refugees

BANGKOK, Thailand (UPI) — A three-man U.N. observer team inspected the border with Cambodia where Thai marines clashed with foreign troops and international relief agencies worked to relocate 30,000 refugees, U.N. officials said today.

Zambia, Rhodesia At War

LUSAKA, Zambia (UPI) — Zambian president Kenneth Kaunda Tuesday mobilized his forces, called up reserves and cancelled all military leaves because of what amounted to a "full-scale war" with Zimbabwe Rhodesia.

Europe: Dollar Rebounds

LONDON (UPI) — The dollar rebounded on most European money markets today and gold held its own in Zurich and Frankfurt.

Spy: Political Consciousness

LONDON (UPI) — Anthony Blunt, the royal art adviser unmasked as a former Russian spy, said today he chose "political consciousness" over loyalty to his country.

75 Mexico Plane Deaths

MEXICO CITY (UPI) — The death toll from last month's crash of a Western Airlines DC-10 has risen to 75, authorities said.

AREA DEATH

MISS MARTHA SCHATT
Miss Martha Anne Schatt, 14, of Rte. 1 Box 1743, Sanford, died Monday night in Mrs. Carolyn McClanahan's bathroom. A native of Baltimore, she had lived in Sanford for the past five years.

Funeral Notice

SCHATT, MISS MARTHA ANNE
Funeral services for the late Martha Anne Schatt, 14, will be held at 11 a.m. Wednesday at Greenwood Funeral Home, 1010 S. M. Ave., Sanford.

Evening Herald

Wednesday, November 21, 1979—Vol. 72, No. 59
Published daily and Sunday, except Saturday by The Evening Herald, Inc., 501 S. M. Ave., Sanford, Florida 32771.
Phone: 336-3311. Circulation: 10,000 copies per week.

Exercise Helps Ward Off Disease

Heart Park



First in a series by doctors at Seminole Memorial Hospital, answering questions about the new Heart Park.

Commission Funds Midway Center

The final roadblock toward the construction of the Midway Community Center was removed Monday when the county commissioners "found" the \$7,000 needed to complete funding for the project.

GOOD HEALTH STARTS HERE

Registered Nurse Rae Galley (left) gives a blood pressure test to Lois Eckhart during the Health Fair, which was held Saturday at the Sanford Chamber of Commerce.

Burned-out Block Reopened To Traffic

First Street between Sanford and Palmato avenues was reopened to traffic this morning for the first time in over a week.

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Physical activity. With shorter working hours and more leisure time, many people are choosing activities that occupy them but give very little exercise simply because it is easier to do.

Among many who do exercise, the activity is sporadic, not sustained, and done haphazardly. Unfortunately, many of our most popular and enjoyable sports are not taxing enough to be of real benefit.

Modern television, with all its benefits acknowledged, certainly is contributing unintentionally to this problem. With the ease of seeing sports right in the home, more and more of us are becoming spectators rather than participants. Personally, I share the guilt because I love a good bargain on television as much as anyone.

And finally, I believe the medical profession shares some of the responsibility for the "creeping obesity" of our society. Our patients depend on us for their health and we haven't stressed good exercise and health habits in the past as well as we should have.



Registered Nurse Rae Galley (left) gives a blood pressure test to Lois Eckhart during the Health Fair, which was held Saturday at the Sanford Chamber of Commerce.

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Action Reports

- ★ Fires
- ★ Courts
- ★ Police Beat

Home Construction Plummets

WASHINGTON (UPI) — Barging interest rates caused by the Federal Reserve Board's credit pinch caused a sharp downturn in home construction in October and analysts say the situation will get worse in coming months.

NATION IN BRIEF

Chrysler Workers Vote In Favor Of Contract

(UPI) — Standing solidly behind their union leadership, Chrysler Corp. workers voted nearly 4-to-1 in favor of a contract that will give them less pay temporarily than their "Big Three" peers.

Kennedy: Controls Needed

WASHINGTON (UPI) — Sen. Edward Kennedy, D-Mass., strongly criticized President Carter for lifting price controls on domestic crude oil, which would double the Senate Finance Committee's \$13 billion windfall profits tax.

Pat Nixon Leaves Hospital

SAN CLEMENTE, Calif. (UPI) — Former first lady Pat Nixon, who underwent seven days of treatment for bronchial pneumonia, left San Clemente General Hospital Monday in "extremely good spirits."

Zanuck In Grave Condition

PALM SPRINGS, Calif. (UPI) — Darryl Zanuck, one of the last of the old-time flamboyant movie moguls, has suffered a stroke and friends report he is in grave condition at Desert Hospital.

Florida Parole Head Out

TALLAHASSEE, Fla. (UPI) — The governor and Cabinet today ousted veteran Parole and Probation Commissioner Roy W. Russell, replacing him with a career employee.

Coptic Leaders Arrested

MIAMI (UPI) — Police raided the Star Island headquarters of the Ethiopian Zion Coptic Church today, arresting leaders of the marijuana-smoking religious group and charging them with running an interstate pot-smuggling ring.

WEATHER

Readings at 9 a.m.: temperature, 65; overnight low, 57; yesterday's high, 80; barometric pressure, 30.29; relative humidity, 64; wind, west-southwest, 4 to 6 mph.

HOSPITAL NOTES

SEMINOLE MEMORIAL HOSPITAL, NOV. 19 AMBULANCES
SIMPSON: Warren Brown, 50, of 1501 S. M. Ave., Sanford, admitted for heart ailment. Dr. J. L. Davis and Dr. W. L. Hester.

Mental Patient Ends Knoxville Siege

KNOXVILLE, Tenn. (UPI) — A mental patient returned to the business college where he had asked students to witness his threatened suicide in September, and restaged the scene before surrendering to police after 11 hours.



A car (above) sits limp against the side of the Pennington Church on U.S. Highway 17-92. The vehicle, driven by Willie Williams, of 412 E. Sixth St., Sanford, went out of control Saturday and knocked down the lamp post (left) at the corner of 11th Street and 17-92. According to police, Mr. Williams was the only person injured in the crash and was in Seminole Memorial Hospital suffering from bruises to her chest and a broken rib.

CRASH SCENE

ORLANDO, Fla. (UPI) — An attorney for James Dupree has appealed to the state Supreme Court today or Wednesday the refusal by a circuit judge to set aside the condemned man's death sentence.

Condemned Man's Attorney To Appeal Sentence

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Tax Reform On Graham's Mind

TALLAHASSEE, Fla. (UPI) — Gov. Bob Graham discloses today the tax reform issues he feels are critical enough to require an expensive special session.

Close to Home!

Now, with 9 convenient Central Florida locations, our homes are closer than ever to yours. We planned it that way. You work hard, and your time is valuable. And, when it's time to save or to borrow we want to help you save both time and money in the bargain. That's why we're in your neighborhood... on your way, not out of it.

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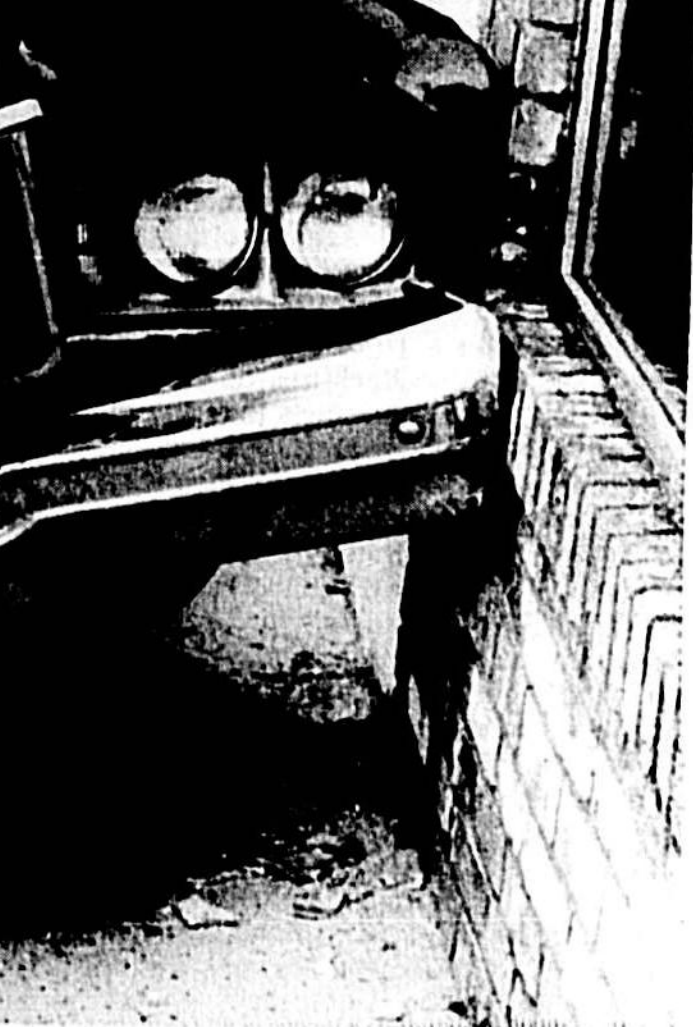
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Sanford/Winter Park/Longwood/Orange City/South Orlando/DeBary/Oviedo/Apopka/Forest City

SPORTS IN BRIEF

Mets Announce Club Will Have New Ownership

NEW YORK (UPI) — The New York Mets will have new ownership by the start of next season, the club's board of directors and shareholders announced Monday.

Women Want To Join Aggies

WASHINGTON (UPI) — The government asked a federal judge Monday to force Texas A&M University to allow coeds to join the all-male bastions of its nationally known Texas Aggie marching band and three other elite groups at the school.

Laurel Wants Sunday Race

LAUREL, Md. (UPI) — Officials at Laurel Race Course asked the Maryland Racing Commission Monday to allow it to continue Sunday racing the rest of the year.

Forgotten Ferragamo Leads Rams Over Falcons 20-14 With Two TD Passes

LOS ANGELES (UPI) — With one quarterback making his first NFL start and a real estate salesman as his backup, the Los Angeles Rams staggered to a share of the NFC West lead and appear headed for their seventh consecutive playoff appearance.

left Los Angeles tied with New Orleans with a 6-4 record. The Rams and Saints meet Dec. 16 in the final game of the season. Ferragamo started in place of Pat Haden who broke a finger two weeks ago. Veteran Bob Lee, a real estate salesman in Florida earlier this season, was lured out of retirement and in the Rams' No. 1 backup quarterback.

The Rams made it 20-7 early in the final period on an 11-yard touchdown run by Bryant. Frank Corral's extra point attempt went wide. Jones fired a 33-yard touchdown pass to Francis with 4:11 left in the game to close out the scoring. The drive covered 80 yards with Jones completing 4-of-6 passes for 77 yards.

Landry 'Fires' Hollywood Henderson, Sunday Television Incident Last Straw

DALLAS (UPI) — Colluding with one of the most critical periods in the history of the franchise, Dallas Cowboys' Coach Tom Landry made one of his most difficult decisions Monday.

He fired Thomas Henderson, the controversial, talkative Henderson he had run out of chances to prove what he consistently said he was — the best linebacker in the National Football League. Rather than being placed on waivers, Henderson said he would rather quit and promptly announced he was doing just that.

But what was the final blow that caused Landry to take such a drastic step just at a time when his team was struggling to make the playoffs? Coaches and players alike pointed to a noticeable lack of effort on Henderson's part in Dallas' 34-20 loss to Washington last Sunday, combined with his untimely appearance in front of a television camera during the game.

Tina Paul Bride Of Charles R. Oglesby

Tina Marie Paul and Charles Ray Oglesby were married Nov. 3, at 6 p.m. at the Sanford home of the bride's father, Mr. and Mrs. Horace E. Paul. Rev. Omby H. Franks performed the 6 p.m. ceremony.



MR. AND MRS. CHARLES RAY OGLESBY

Photo Threat Stops Abuse For Beloved

DEAR ABBY: My husband is a successful, prominent professional man who frequently works under severe pressure. One or twice a year he would erupt into a violent rage and it seemed therapeutic (for him) to "punch me out."

For years I suffered in silence, biting and making excuses for not appearing in public until my "cups and braids" headed. I was too ashamed to let anyone know the truth, so I kept quiet. I felt that I must have done something terribly wrong to deserve this kind of treatment. Meanwhile, by my silence I was protecting my husband, whom I continued to love in spite of his occasional animal behavior.

I began to ask myself why I took so much abuse and let him get away with it. Then, suddenly, a solution came to mind!



Dear Abby

OURSELVES

Evening Herald, Sanford, Fl. Tuesday, Nov. 20, 1979-1B

TONIGHT'S TV

WEDNESDAY
EVENING
(17) CAROL BURNETT AND FRIENDS

Cable Ch. (7) ABC Orlando (9) CBS Orlando (11) NBC Daytona Beach Orlando

Cable Ch. (11) (17) (35) HBO Independent Orlando

(17) CAROL BURNETT AND FRIENDS: Guests: Ruth Buzzi, Jack Offord. (17) CAROL BURNETT AND FRIENDS: Guests: Ruth Buzzi, Jack Offord. (17) CAROL BURNETT AND FRIENDS: Guests: Ruth Buzzi, Jack Offord.

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Fireplace Smokes? Call 'The Dust Collector' PH. 869-6578

PUBLIC WHOLESALE OUTLET Discount-TV's, Car Stereo, CB's, Radios, Watches, Gifts, etc.

Shear Delight BEAUTY SALON 319 Peach Ave., Sanford

PAINT & PAINT SUPPLIES A COMPLETE LINE Benjamin Moore Paints

GRAND OPENING LACKEY'S GUITAR CENTER & MUSIC

SENIOR CITIZENS HOME OWNERS INSURANCE PACKAGE

Business Review Call 322-2611 NOW! Evening Herald Advertiser

Get Ready For Christmas Art-Teriors at the Camphor Tree

La Phillips will custom design centerpieces and decorations for your holiday parties and decor.

Beautiful Mooring Plants PETUNIA (Coo-Coo) HANGING BASKETS \$5.25

Kut'n Kurl Shampoos in bulk and order to serve you better

TIMEX Repairs Carbon Jewels

HAIR NOW STYLING Carol is offering to her new customers

"ONE FREE DAY" HAPPY ACRES Child Care Center and Kindergarten

COMPLETE MECHANICAL SERVICE (BRAKES-OVERHAUL-TUNE-UP) VINYL TOPS DYED OR REPLACED \$35 UP

BUDGET OPTICAL PRE ESTIMATES \$25-\$75

Kut'n Kurl HOLIDAY SPECIAL SHAMPOO & SET \$9.99

ART-TERIOS at the Camphor Tree FOR SPECIAL CHRISTMAS OFFERS

WEDNESDAY BARBECUE SPECIAL ALL YOU CAN EAT \$3.95

WEDNESDAY BARBECUE SPECIAL ALL YOU CAN EAT \$3.95

WEDNESDAY BARBECUE SPECIAL ALL YOU CAN EAT \$3.95

WEDNESDAY BARBECUE SPECIAL ALL YOU CAN EAT \$3.95

WEDNESDAY AND FRIDAY SPECIAL OYSTERS ON THE HALF SHELL

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TONIGHT'S TV (17) CAROL BURNETT AND FRIENDS (17) CAROL BURNETT AND FRIENDS

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WEDNESDAY IS CHICKEN DAY FAMOUS RECIPE

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STUDENTS AID NEEDY FAMILIES

Frank Warner's third period class at Lake Howell High School (above) is shown with 3,485 cans of food they collected to date for distribution to Seminole County needy families on the lists of school social workers during the holiday season...

Colonial Week



LEARNING FROM THE MASTERS

The eighth grade students at Lakeview Middle School took a step back in history last week by creating a special Colonial American Craft Day. Mary Latham (above) discovers a pelican carved from wood by Adam Wysocki (right), a local artist...

CLASSIFIED ADS Orlando-Winter Park 322-2611 831-9993

4-Personals Why Be Lonely? Write "Get A Mate" Dating Service. APPLICANTS: Write "Get A Mate" Dating Service...

LEGAL NOTICE APPIANT UNDER FICTITIOUS NAME STATE OF FLORIDA COUNTY OF INDIAN RIVER

NOTICE DISABLED AMERICAN VETERANS

18-Help Wanted Need Sitter in My Home, Days 322-4412

COOKS & CASHIERS Experience desired. Good pay. insurance, vacation, credit union & profit sharing...

HOUSEWIVES Earn extra money for the holidays while you stay at home. Become your own boss...

NOTICE STATE OF WISCONSIN BACINE COUNTY CIRCUIT COURT

Get more than you bargained for CLASSIFIED ADS sure to get results

30-Apartments Unfurnished Spacious mod. 2 BR., CHA. car. DW. disc. near home & your horse lot...

41-Houses VA-FHA-235-Con. Homes Low Down Payment Cash for your lot!

41-Houses 2 acres country living in Lakeland. 4 BR., 2 1/2 bath. pool, large lawn...

41-Houses VA-FHA-235-Con. Homes Low Down Payment Cash for your lot!

41-Houses New 3 bedroom, 2 bath, home with acreage, large lot, paved street...

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72-Auction PUBLIC AUCTION MON., NOV. 19, 7 PM ANTIQUES & MODERN DR. SUIES, BR suitcases, chests, dressers, coffee & end chairs...

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72-Auction PUBLIC AUCTION MON., NOV. 19, 7 PM ANTIQUES & MODERN DR. SUIES, BR suitcases, chests, dressers, coffee & end chairs...

80-Autos for Sale We Buy Wrecked Cars 322-4611 170 Monte Carlo, exc. running cond. AC, PS, AM, FM, cassette, mag. Call after 5 PM, 331.714. \$150. Will talk!

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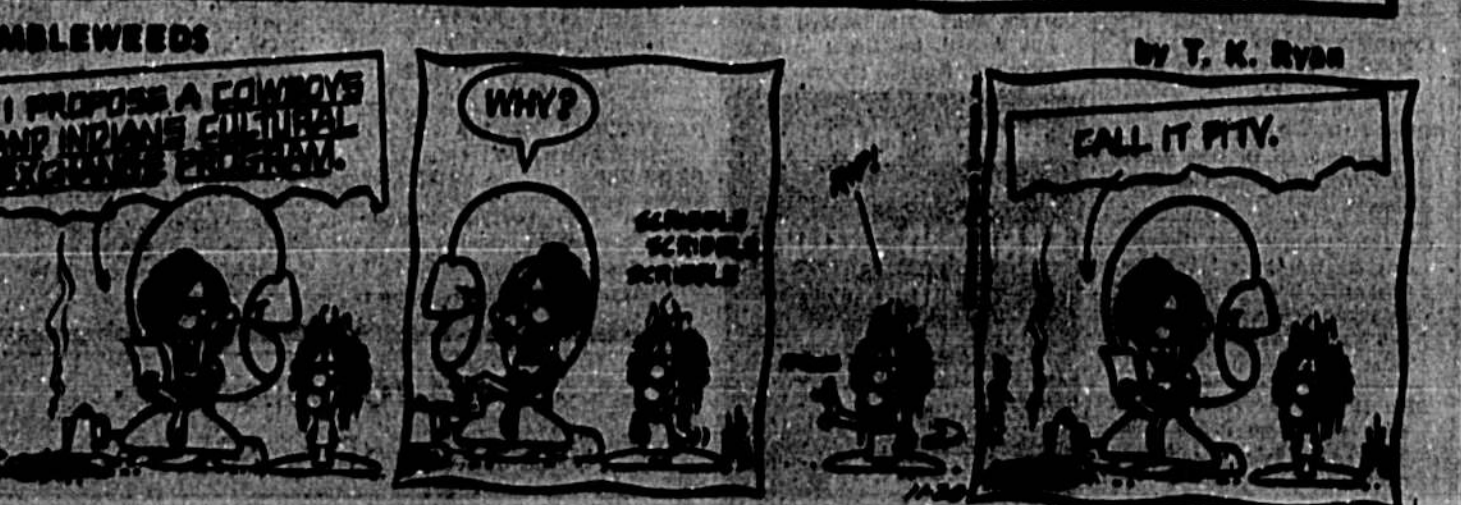
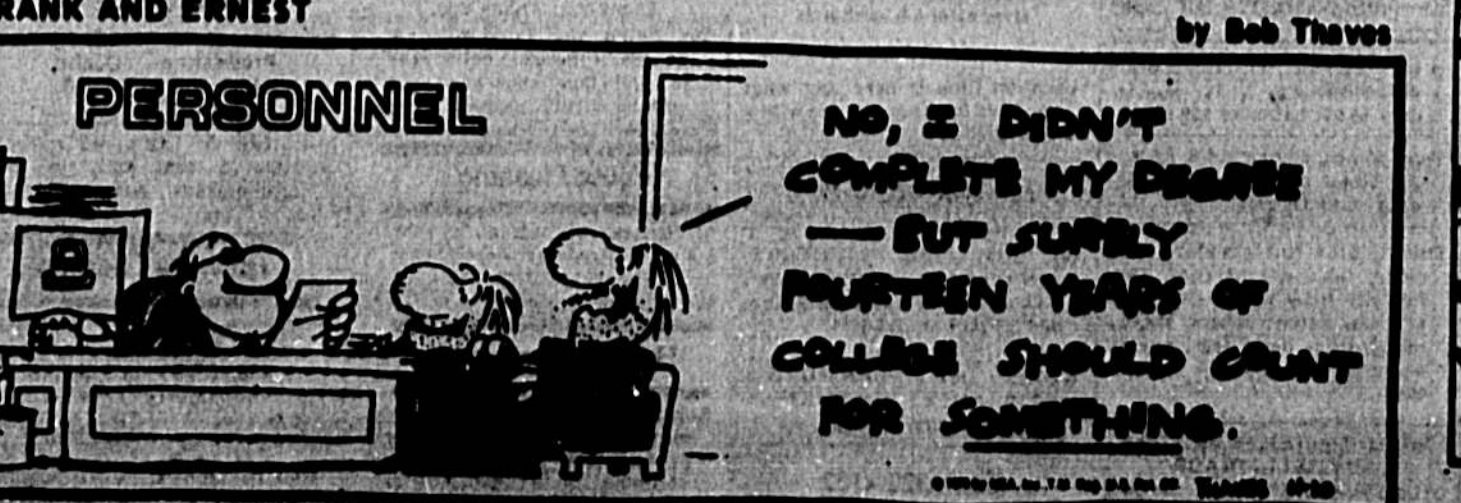
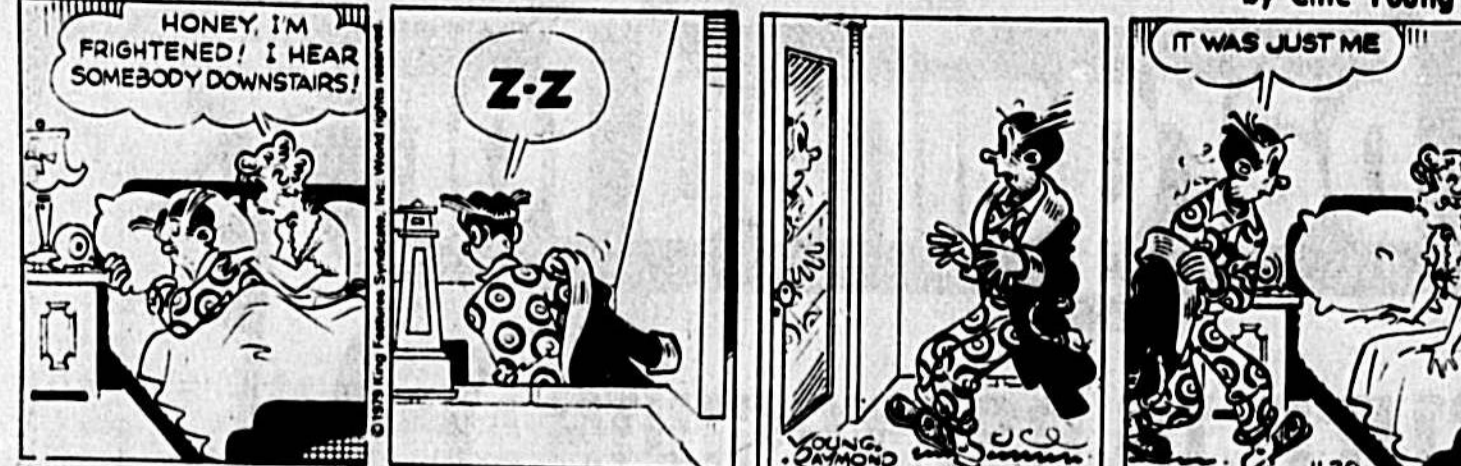
CONSULT OUR BUSINESS SERVICE LISTING AND LET AN EXPERT DO THE JOB Air Conditioning, Beauty Care, Carpet Cleaning, etc.

Evening Herald

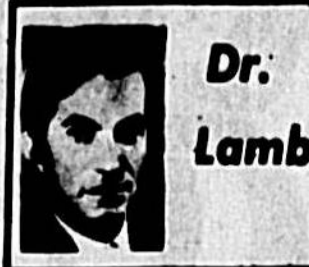
Evening Herald, (USPS 481-280)—Price 15 Cents

2nd Year, No. 79—Wednesday, November 21, 1979—Sanford, Florida 32771

BLONDIE 48—Evening Herald, Sanford, FL, Tuesday, Nov. 20, 1979



Honey Not A Cure For Your Cataracts



DEAR DR. LAMB—Will a drop of honey in each eye every night for three weeks clear a cataract? I have heard over the radio that honey will cure arthritis and it is good for cataracts. I had cataract surgery on both eyes but my sister has to have cataract surgery in the near future.

DEAR READER—No, honey will not cure or prevent cataracts. A cataract involves changes of the lens inside the eye. If you look at the eye closely and note the pupil, the lens is situated some distance behind the pupil itself. It's a globular, jelly-like structure that in your youth is very flexible. It has a circle of muscles around it which contract and relax, thus focusing the light as needed or allowing it to expand. This change in the jelly-like lens is how it's focused automatically as you look near or far.

When the lens is clear, it transmits clear light rays and you should be able to see clearly and distinctly if all of the rest of the eye is normal, too. That, by the way, is important because you can have other problems besides cataracts that can cause poor vision. When the lens gets cloudy and has trouble transmitting light, then the things you look at begin to look blurred. This is what a cataract really is.

I'm sending you The Health Letter number 13-6, Your Cataracts Are Coming. Other readers who want this issue can send 75 cents with a long, stamped, self-addressed envelope for it. Send your request to me, in care of this newspaper, P.O. Box 1061, Radio City Station, New York, NY 10101.

As the Health Letter I'm sending you explains, the lens of the eye has certain tissue similarities to that of your skin. It constantly forms new cells. In the case of your skin, the old cells are simply shed

from the surface. There isn't any place for old cells to go in the lens of your eye. The new cells form at the outside and the old cells are pushed to the interior part of the lens itself. These are damaged cells and cause the cloudy changes in the lens. That's why age is the most common cause of cataracts.

There are a number of other things that can contribute to the early development of cataracts but age still is the most important factor.

Not everyone who has cataracts needs surgery. Many people have these opacities in the lens of the eye and can still see rather well, particularly with the aid of glasses. If that's the case, it's too early to do surgery. For small areas of opacification in the lens are sometimes referred to as immature cataracts.

Still other patients have additional disease in the eye that affects the vision to the point that doing cataract surgery won't help a great deal. That's why the decision as to whether or not to be operated on should not be based on a careful eye examination by your ophthalmologist.

As you will see from The Health Letter I'm sending you, there are a lot of important considerations about cataracts, including what kind of glasses or contact lenses you might have after surgery. In general, if the cataract is the only significant eye pathology, you can usually get by with contact lenses after surgery provides very suitable vision.

HOROSCOPE

By BERNICE BEDE OSOL

For Wednesday, November 21, 1979

YOUR BIRTHDAY November 21, 1979

Through careful and clever planning this coming year you will be able to make a great deal out of spare beginnings. Your fine hand will give the way for a large reward.

SCORPIO (Oct. 24-Nov. 22) You could turn a fun meeting with old pals into a sad affair for you if you begin to judge your worth by their successes. Your turn will come. Find out more of what lies ahead for you in the year following your birthday by sending for your copy of Astro-Graph Letter.

TAURUS (April 20-May 20) Silence is adding fuel to a disturbing issue involving someone important to you. Have a meeting of the minds today and discuss things openly.

GEMINI (May 21-June 20) A change in habit restores or restores for you and your mate may be a good idea today. Make plans to do something different - it'll do you both a world of good.

LEO (July 23-Aug. 23) You can avoid some small expenses around the house today if you're more careful in managing things. Try to stretch what you have farther.

VIRGO (Aug. 23-Sept. 23) No quarreling about responsibility you're going to be asked to take on. You are going to wind up accepting the job anyway.

LIBRA (Sept. 23-Oct. 23) Formulate a game plan and stick to it all the way today, no matter how tough things start to look. You'll truly have a mess if you allow yourself to be side tracked.

WIN AT BRIDGE

with egg all over his chin. South explained to us that he was the most unlucky bridge player in the world and that only the single jack of hearts in the East hand could have led to his defeat.

South had been unlucky, but he had overlooked a perfect safety play that would have guaranteed his contract against any and all combinations of adverse cards. That safety play would have been to cash dummy's ace of hearts instead of leading the ace for a finesse. If neither honor dropped South would return to his hand, lead the king of clubs and let it ride.

The defenders would only have two hearts left. Two of dummy's hearts could be ruffed and eventually the fifth heart would set up.

Meanwhile, Spier expressed his concern not only about the loss of parking space and vehicular traffic on Magnolia but also about plans for planters to extend into

SPIDER-MAN

By Stan Lee and John Romita

SPIDER-MAN: "WHY? I'M TRACING MY GORILLA NOW TO GIVE ARTIFICIAL RESPIRATION."

GORILLA: "NOW WHAT ARE YOU DOING, RINGO?"

RINGO: "I'M SHOWING HIM HOW TO WRAP BUCKLE RIBS!"

SOONIES

By Craig Logan

SOONIES: "WHAT IN THE WORLD ARE YOU DOING, RINGO?"

RINGO: "I'M SHOWING HIM HOW TO WRAP BUCKLE RIBS!"

U.S. Under The Gun

Iran Threatens To Kill Hostages, Blow Up Embassy

TEHRAN, Iran (UPI)—Students holding the U.S. Embassy today threatened to kill all 49 remaining American hostages and blow up the embassy building if the United States tries any military solution to the 18-day embassy stalemate.

In a communique broadcast on Iranian state radio, the students also warned the lives of all Americans in Iran would be in danger if the United States makes any military move to rescue the hostages.

The White House had no immediate comment on the warnings.

In an urgent appeal from Washington earlier, President Carter called on world leaders to provide increased security for U.S. embassies in their countries. He also repeated his vow that Iran's Moslem leadership runs the risk of U.S. military action if it pushes America too far.

In a speech Tuesday, Ayatollah Ruhollah Khomeini taunted the president as helpless and said, "Carter tries to

Merchants Dispute Revitalization Plan

By DONNA ESTES
Herald Staff Writer

Greater Sanford Chamber of Commerce president Vic Arnett has scheduled an 8 a.m. meeting for Dec. 5 at city hall in an attempt to resolve differences over downtown revitalization plans.

Differences between the Sanford Development Corp., which has spearheaded the move for downtown revitalization, and some downtown merchants surfaced during a Tuesday meeting with City Manager Warren Knowles.

Knowles called the meeting to present engineering construction drawings city personnel had worked on for the past 2 1/2 months. The engineering plans, Knowles said, preserve the present integrity of the downtown drainage and call for streets at narrowest points to be no less than 24 feet wide curb to curb.

Opposition to the downtown revitalization which includes the placing of planters, redesign of some intersections and the closing of Magnolia Avenue for two blocks and turning it into a pedestrian mall was not totally unexpected.

Albany's J. Alphonse Spier, one of the most vocal merchants who stated his opposition several times, told the gathering of business people Tuesday that other merchants join him in the opposition including Dick Barnett, owner of Book Mark, a Magnolia Avenue business.

Barnett, who is also president of the Sanford Business Association, said today his opposition is "moderate" and does not reflect the view of the association. "The association has approved the revitalization plans in basic concept and supports the plan," he said.

"As an individual merchant, see the Magnolia Avenue closing as the single biggest objection in the plan," Barnett said. He pointed specifically to the loss of both parking spaces and the proposed ban on vehicular traffic.

"People are accustomed in large shopping centers and malls to parking and walking some distance to shop, but in downtown areas they still expect to park within a reasonable distance of the stores where they wish to shop," Barnett said.

Meanwhile, Spier expressed his concern not only about the loss of parking space and vehicular traffic on Magnolia but also about plans for planters to extend into

Moslems Mob Embassy

ISLAMABAD, Pakistan (UPI)—A mob of screaming Moslems stormed the U.S. Embassy today, killing one Marine, but Pakistani troops rescued about 100 Americans trapped briefly in a third-floor vault.

Other mobs of anti-American Moslem militants, enraged by reports of the seizure of the Grand Mosque in Mecca, burned two U.S. buildings in nearby Rawalpindi, attacked the U.S. Consulate in Karachi and ran riot through the city of Lahore.

A State Department spokesman in Washington said the attacking mob set fires inside the U.S. Embassy compound and the Americans inside retreated to a vault, led by the aircraft carrier Kitty Hawk, to the Indian Ocean reinforcing State Department officials said Carter will consider using military force if Iran's revolutionary regime orders trials for the remaining Americans.

Saudis Regain Shrine

RIYADH, Saudi Arabia (UPI)—Saudi troops today wrested control of Islam's holiest shrine—the Sacred Mosque of Mecca—from unidentified Moslem gunmen who attacked the mosque and took many hostages on the 1,400th birthday of the Islamic religion.

Many people were killed in the takeover, including the religious head of the mosque, the agency said, but this report could not be confirmed.

The Kuwaiti newspaper Al-Qabas said Saudi Crown Prince Faisal, in "Yusuf" last today.



Florida Power and Light Co. proposes to modify the 400-mw plant (shown at right) to burn a unique coal-oil mix.

FPL: Lower Air Standards For 'Coil' Test In Sanford

By DIANE PETRYK
Herald Staff Writer

Expecting a 40 percent increase in smog stack emissions, Florida Power & Light Co. (FPL) officials said Tuesday they will ask for a relaxation of air quality standards for one year to test using a mixture of coal and oil as boiler fuel at the company's Sanford plant.

Known as "coil," the mixture is a potential "oil conversation breakthrough" in the opinion of Buzz Barrows, FPL assistant manager for environmental affairs.

Barrows and Michael Cook, FPL vice president for fuel resources, told government and business leaders from the Florida Department of Environmental Regulation a public hearing on the request is scheduled for 10 a.m. Nov. 28 at the Greater Sanford Chamber of Commerce.

FPL officials are asking for the variances for 150 test days to be spread out over a year to allow for greater fuel testing. The first test runs to Feb. 1.

The first test of its kind in the nation, the coil experiment is expected to have additional implications for oil conservation nationwide.

If successful, coil use nationwide could reduce U.S. oil consumption by 5.5 billion barrels a year.

"If the whole country took on a program such as this we could very well

become oil independent," he said.

"Once the coil-oil mix technology is developed, plants using it could install electrostatic precipitators to control the resulting pollution. For the test, however, the cost of such devices is prohibitive, the officials said.

The Florida Public Service Commission will allow FPL to pass on the cost of the test to its customers. The test will cost \$15 million to \$17 million, but it will cost an added 20 to 30 cents per month per customer for the year-long test.

Cook said the power company hopes to successfully burn a mixture of 90 percent oil and 10 percent coal, but a 30 percent coal - 70 percent oil mixture might also prove financially successful.

To be financially worthwhile, the capital costs of the new equipment must be offset by the savings on oil, FPL reported.

No disaffection with the idea of the experiment has been expressed in the area so far, according to District Engineer Tom Hunsicker, of the Department of Environmental Regulation, Orlando.

Sanford was chosen by FPL officials for the test site due to its location near an existing rail line that will be utilized to bring in the coal. The Sanford Unit No. 4 plant site also has enough room to accommodate a railroad spur, a working coal pile and a coal-oil mix preparation system.

Today

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