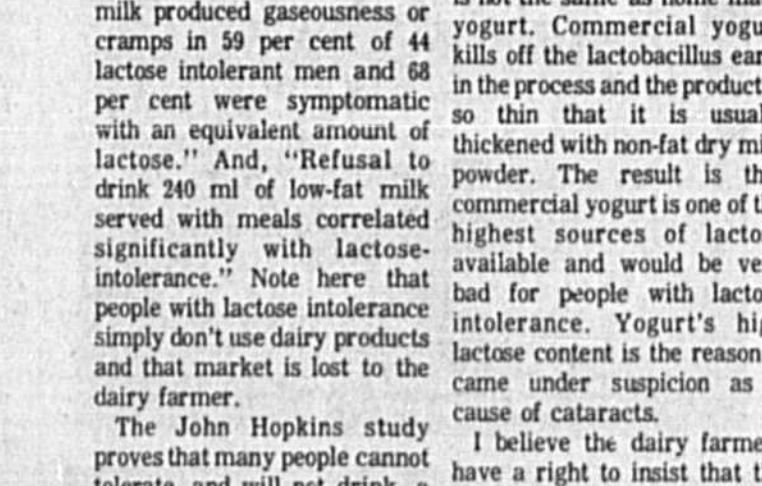
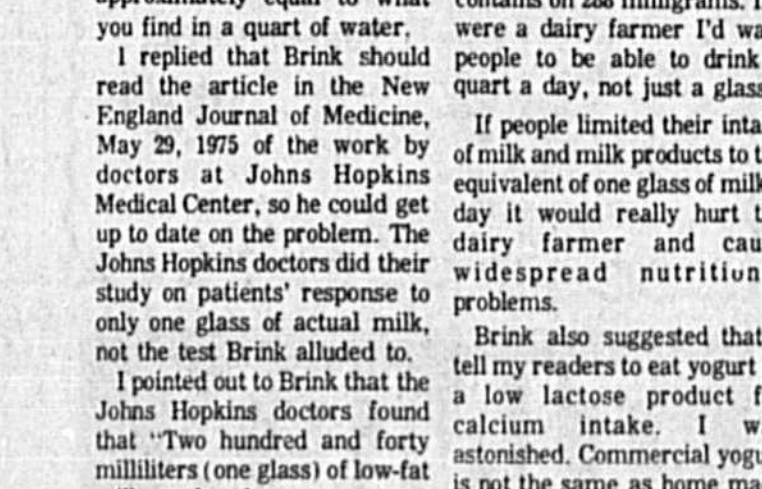
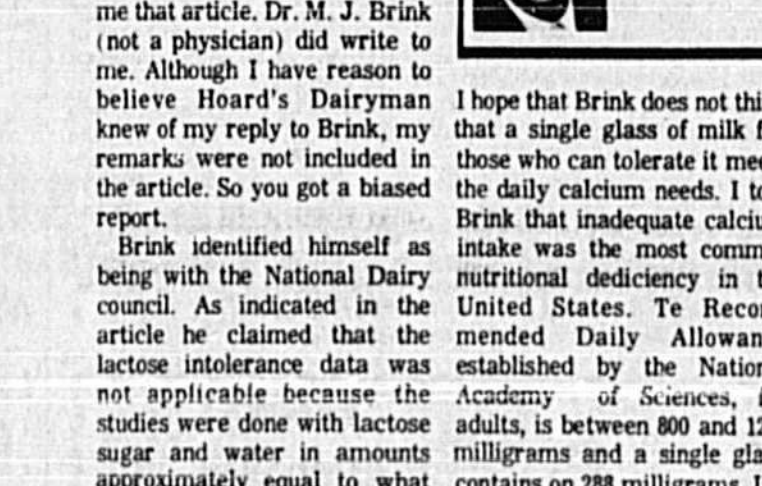
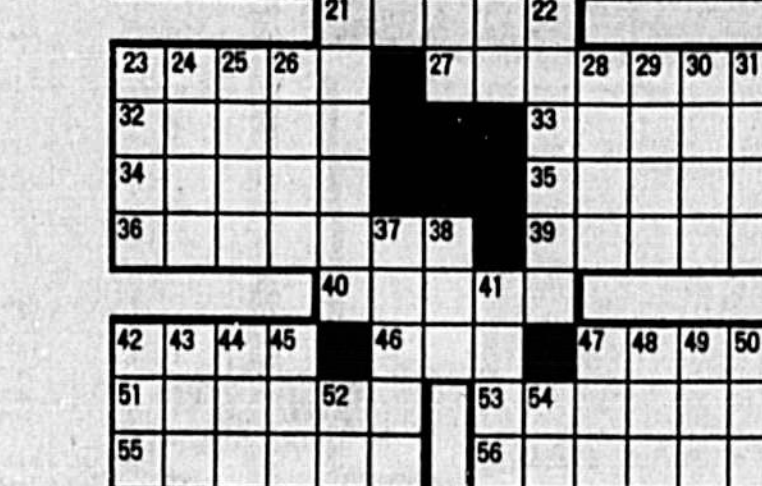


BLONDE



Chic Young



Jumble

ACROSS: 1 U.S. currency, 7 Cut, as a...

DOWN: 1 Meme out, 2 'gerian seaport, 3 Malignous...

ANSWER TO PREVIOUS PUZZLE: ACROSS: 1. DOLLAR...

ACROSS: 1. DOLLAR, 2. GERMAN SEAPORT, 3. MALIGNANT...

DOWN: 1. MEME OUT, 2. GERMAN SEAPORT, 3. MALIGNANT...

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ANSWER TO PREVIOUS PUZZLE: ACROSS: 1. DOLLAR...

HOROSCOPE

By BERNICE BEDEOSOL

For Wednesday, June 30, 1978

ARIES (March 21-April 19) Speculative situations are not your long suit today.

TAURUS (April 20-May 20) If you're buying a high-priced home, take time to get exactly what you want.

GEMINI (May 21-June 20) Don't flaunt your knowledge in conversation with one who may not be as bright as you.

CANCER (June 21-July 21) You're still not the master of your budget today.

LEO (July 22-Aug. 22) Today you could easily be taken in by someone with great form but little substance.

VIRGO (Aug. 23-Sept. 22) Utilize your common sense in business dealings today.

LIBRA (Sept. 23-Oct. 22) You may act hastily to accomplish something, without making

Celebrate The Bicentennial With Food! Ideas, Recipes In Section C

Evening Herald



After turning deaf ears to the pleas of about 40 Lake Monroe area residents and businessmen for \$7,000 to launch a campaign against blind mosquitoes, the Seminole County Commission scheduled an Aug. 3 public hearing to consider creating a special taxing district in the infested area.

But Vihlen opposed the taxing district. The motion to hold the public hearing was made by Commissioner John Kimbrough and seconded by Commissioner Harry Kwiatkowski, both of whom opposed spending general fund money to combat a problem confined to only one area of Seminole.

Commissioner Chairman Mike Hattaway directed Exec. Asst. Roger Nelwander to seek state and federal aid. Hattaway said he feared granting Meadors' request for \$7,000 might get Seminole officials into a countywide mosquito control program — which he estimated would cost about \$200,000 a year.

Meadors said businessmen can afford to pay land taxes, but he said if merchants can't make money because of the mosquito problem they would be better off to move out of the city.

Commissioner Richard Williams agreed the mosquito problem is a city-county concern, but he favored the special taxing district. He agreed funds could be provided to start some

of clubs. Fourth best of a long suit was and always will be a standard lead against no trump.

South put his ace of clubs on East's 10 and led the 10 of diamonds. Hal ducked but had to win the next diamond.

Then he thought for a moment and planned down his ace of spades. East signalled with the nine. Hal led his last spade and declarer was down two.

As Hal pointed out later his spade lead might have cost a trick, but the only chance to defeat the contract would be to find East, with those good spades.

He felt that any time you broke a new suit you were likely to be giving a trick away.

Not that Hal was too stubborn to violate his own rule. He sat West and made his normal opening lead of the

West North East South Pass 3 NT. Pass Pass Pass Opening lead — 4 ♣

By Oswald & James Jacoby

One principle of defensive play that we stress is to avoid scatter-gun plays. In other words, if you started one suit you should tend to keep on with it.

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NATION IN BRIEF

Tax-Cut Extension Bill Awaits Ford Signature

WASHINGTON (AP) — President Ford's signature on legislation rushed through Congress would prevent payroll tax retroactive rates from increasing at midnight tonight.

White House Press Secretary Ron Nessen said Ford will decide today whether to sign the bill, but there was no indication the president would allow withholding rates to increase.

Ford's signature would protect workers from a \$3-46 increase in weekly withholding from their paychecks. The freeze would remain in effect through Sept. 1, giving Congress more time to complete action on a long-range, catchall tax revision measure.

Without Ford's signature, withholding rates would increase when tax cuts enacted last year expire at midnight tonight. The Senate passed the stopgap freeze on withholding rates Monday and the House followed suit with unanimous approval on Tuesday.

Ballooner Still Missing

NEW YORK (AP) — Before he lifted off to try to become the first person to cross the Atlantic Ocean in a balloon, Karl Thomas quietly confided to a small circle of friends, "I may not make it, but I'm not going to die."

That was on Friday, and today marked the third day that he has not signaled from his 90-foot-tall, helium-filled balloon that he is alive and well or downed and drifting somewhere in the North Atlantic.

"We don't know where he is and we've stopped estimating. He might sight Europe tomorrow. He might be becalmed, but we're sure he's out there somewhere," said Nick Grande, a spokesman for the flight's communications crew. Since the weekend, the crew has been holed up in an East Side Manhattan apartment.

Access To Reports Blocked

WASHINGTON (AP) — The Justice Department has blocked FBI Director Clarence M. Kelley from receiving investigative reports on a probe of FBI burglaries, according to a knowledgeable source.

The department officials in charge of the investigation has handpicked a team of 15 FBI agents to do much of the legwork in the case, this source and others familiar with the developments said Tuesday.

The agents' reports may have been sent to Kelley and one of his top assistants, James Adams, early in the investigation, the sources said. But that was changed on orders from department officials and agents no longer are allowed to report their findings to Kelley or Adams, the source said.

Fund Ruling Impact Weighed

WASHINGTON (AP) — The loss of tax-exempt status for the Teamsters union's biggest pension fund could have a devastating impact on the fund itself, the employers who finance it and the pensioners who benefit from it, says a key tracking industry official.

"The ramifications are really far-reaching," said William C. McIntyre, president of Trucking Employers, Inc., the industry's bargaining arm.

McIntyre said the disclosure Tuesday that the Internal Revenue Service has revoked the tax-exempt status of the \$1.4-billion Teamsters' Central States Pension Fund for alleged mismanagement and imprudent loans came as a surprise.

Girl With New Face Returns

LA GRANDE, Ore. (AP) — Ida Hays' plane was an hour and a half late, but 200 people still were waiting when she arrived in her hometown wearing a tired smile on her new face.

The 15-year-old girl, whose badly deformed features were repaired by 10 hours of complicated surgery last month in New York, seemed to not quite believe the greeting she received in this town of some 10,000 people Tuesday.

A police car met her at the city limits and, lights flashing, escorted her to the middle of town. Families stood on the sidewalks and cheered "Hello."

Former P.O.W. To Visit U.S.

HAWTHORNE, Calif. (AP) — Mrs. George Veneris never lost faith that her son, James, a prisoner of war who chose to remain with his Communist captors after the Korean War, would someday return to see her.

"It's the biggest thrill in 25 years," she said after learning Tuesday that her son would be allowed to visit his native country.

Veneris, who now lives in China, was one of 23 American prisoners of war who stayed with the Communists after the war.

Small Farms Exempted

WASHINGTON (AP) — A compromise exempting the smallest farms from provisions of the Occupational Safety and Health Act has removed the last obstacle to completing Senate action on a \$65-billion appropriation bill.

An agreement to vote on the OSHA compromise was reached Tuesday and ended the threat of a filibuster.

The compromise would exempt farms with an average of five or fewer employees and no more than 12 on any single day from OSHA regulations designed to protect the health and safety of workers.

Schools May Close

TRENTON, N.J. (AP) — Every available federal judge in the state has been ordered to take part in a hearing today to determine whether New Jersey's schools must shut down Thursday.

As the judges convene, the state legislature will be waiting at the State House, ready to try one last time to beat the deadline.

Party Honors Tall Ships

NEWPORT, R.I. (AP) — In the imitation palace where "The Great Gatsby" was filmed, Newport society threw a black tie bash to honor the tall sailing ships in its harbor.

It was one splashy anachronism saluting another.

And with 1,200 attending — political figures and sailing officers as well as blue-bloods — it ranked as one of the biggest parties here in years.



The Sanford Rotary Club Monday installed its officers for 1976-77. Above outgoing president J.S. Cleveland, with gavel, congratulates new president Anthony Russi. Other officers are, from left, Jim Grant, secretary and treasurer; Tom Hunt, sergeant at arms; and Herbert A. "Speed" Moreland. At right, Cleveland presents Hunt with plaque naming him Rotarian of the Year. (Herald Photos by Bill Vincent Jr.)

Three Jailed In Theft Of Coats

By BOB LLOYD
Herald Staff Writer

Altamonte Springs police have jailed three Orlando men on grand larceny charges in connection with the theft of sports coats valued at \$475 from Montgomery Ward at Interstate Mall.

Held in lieu of \$5,000 bond each in Seminole County Jail were Roy Lee King, 20; Gregory Miles, 24, and Jessie Bellamy, 20, all of Orlando.

Police Chief Justus East said the three suspects were apprehended at the SR-308-4 intersection following the Tuesday night incident.

Sheriff's deputies today were investigating the burglary and vandalism of three airplanes at Forest City Airport in southwest Seminole.

Deputy John Thorpe said planes owned by William M. Bower Jr., of W. Lake Brantley Road, Ewell D. Wyatt, of Marty Bloom, all of the Forest City area, were forcibly entered, interiors vandalized and fuel stolen from wing tip tanks. In

addition to smashing of instruments and damaging of controls, deputies said compasses valued at \$125 each were missing from the aircraft.

Also listed as missing from Bloom's plane were radio speaker, landing light and a first-aid kit.

Earlier, sheriff's deputies reported that thieves made off with a \$8,000 engine and propeller that were removed from another airplane owned by Wyatt.

Sanford police today were investigating a shooting incident Tuesday night in which Willie McCuller, 55, of 1303 W. 12th St., Sanford, was wounded in the left arm and mid-chest.

McCuller was listed in good condition today at Seminole Memorial Hospital.

Sheldon Silver, of 113 Hickory Tree, Longwood, reported that burglars took a \$240 citizens band radio and antenna from his parked auto, according to sheriff's reports today.

Bobby Ray Love, 19, of Orlando, was booked at county jail in lieu of \$5,000 bond after he allegedly kicked at the Sanford sheriff's office on a circuit court warrant charging grand larceny and burglary.

Lake Mary police patrolman William C. Rupp arrested David Anderson, 26, of 466 Orange Ave., Longwood, on charges of destruction of government and private property, assault by a dangerous weapon and assault on a police officer following an incident in which a window was allegedly broken out at the Lake Mary Post Office. Bond for Hamilton was set at \$1,200, according to jail records.

Deputy Injured A sheriff's detective participating in a scuba diving operation searching for stolen property was injured Monday afternoon.

Detective Stuart Walters received a 2 1/2-inch gash on the top of his foot, deputies said, when he was climbing back into a sheriff's boat on Lake Howell at Casselberry.

inservice training for educators in the exceptional child field. Also to be funded is the Early Child Home Outreach program which seeks to identify children up to the age of three years who are either high risk or already have definable exceptionalities.

Another program takes physical therapists into Cradle Care or the homes of young children who have multiple handicaps in an effort to prepare them for school entry.

The school board is also required to sign a document in which the prospective candidates for the exceptional child program, said Mrs. Mary Winkler, consultant-coordinator for exceptional child programs.

Another grant funds the Florida Learning Resource System, part of a national network which provides

Plans and grants for exceptional child education in Seminole County will be approved tonight when the school board meets at 7:30 p.m. at the Altamonte Springs City Hall.

Several grants funding programs in the tri-county area — Seminole, Orange and Osceola counties — will be continued in the coming school year. Grants go to pay for a psychologist, social worker and coordinator who hold clinics in the three counties in an effort to identify and evaluate exceptional children.

Other agenda items include bid openings for dumpster service; physical education supplies; paper supplies; school supplies and petroleum products.

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School Board To Okay Grants

By JEAN PATTESON
Herald Staff Writer

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FLORIDA IN BRIEF

Carswell Recovering From Nervous Condition

TALLAHASSEE (AP) — G. Harold Carswell is recovering from a nervous condition but his doctors "are still very concerned about him," says one of his attorneys.

Murray Wadsworth, who is representing Carswell on a battery charge involving a male vice squad officer, said Tuesday that the former judge will probably remain in a hospital for another week.

Carswell was hospitalized shortly after his arrest last Thursday. Wadsworth said Carswell was treated for nervous exhaustion and depression.

Wadsworth would not comment on reports by State Atty. Harry Morrison that Carswell threatened suicide at the time of his arrest.

Warehouses Restricted

MOULTREE, Ga. (AP) — A proposal that new tobacco warehouses be located within three miles of a town designated as an auction place would have little effect in the Florida-Georgia market, says a leading tobacco warehouse operator.

The U.S. Department of Agriculture says improved roads and less costly land beyond city limits are causing many warehouse operators to move farther from designated market centers.

"There must be some criteria established to justify the opening of a new market," said Frank Pidcock, who operates a warehouse at Moultrie.

Hearing On FSU Building Set

TALLAHASSEE (AP) — Property owners, who fear more flooding if Florida State University builds a \$2.7-million maintenance complex, will get a chance to air their objections at a public hearing.

The Cabinet agreed Tuesday to send the controversy to a hearing and instructed the Department of General Services to call off a bid opening scheduled for July 8.

Atty. Gen. Robert Shevin said bids should not be opened until the Cabinet acts on the hearing officer's report, probably at its July 20 meeting.

Teacher Reinstated

TALLAHASSEE (AP) — A teacher, who was fired for marching in an Equal Rights Amendment parade after being denied the day off, says a Cabinet vote ordering her reinstatement is a "hollow victory."

The Cabinet voted unanimously Tuesday to reinstate Nadine Steele, 43, with full back pay, about \$12,000.

But the first-grade teacher at Bethune Elementary School in Immokalee said she was appalled at the amount of money the Collier County School Board has spent to keep her from regaining her job.

UF Honor Code Replaced

GAINESVILLE (AP) — The University of Florida student honor code, established more than a half century ago, has been replaced by a "commitment of academic honesty" as a result of a cheating scandal.

UF President Robert Q. Marston announced the honor code on the recommendation of the school's five-member Faculty Advisory Committee.

"The honor code can no longer be realistically expected to constitute a strong deterrent to academic dishonesty," said the committee's report, issued last week.

Both Parties In House Battle For Credit Reforms Under Way In Congress

WASHINGTON (AP) — House Democrats and Republicans are battling over whether party will get credit for responding to the Capitol Hill payroll-sex scandal and allegations of misuse of House travel money.

Democrats devised a series of payroll and expense accounting revisions and implemented them through regulations of the House Administration Committee. Party leaders hoped to get the House Rules Committee today to block consideration of the changes by the full House.

The 148-member House Republican Conference voted Tuesday to try to force amendments to the Democratic revisions if they come before the full House. Some GOP members criticized the Democrats' revisions as a boondoggle and as laying the groundwork for slash funds.

Rep. Robert Bauman, R-Md., objected to a request by Administration Committee Chairman Frank Thompson Jr., D-N.J., to print the changes in the Congressional Record.

Rep. Charles B. Wiggins, R-Calif., told his GOP colleagues, "I suggest the first thing Republicans should do is pin the problem. This is not our scandal. It is theirs."

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The dispute over implementation of the Democratic revisions sparked a rare parliamentary confrontation on the House floor Tuesday.

Rep. Robert Bauman, R-Md., objected to a request by Administration Committee Chairman Frank Thompson Jr., D-N.J., to print the changes in the Congressional Record.

Bauman said that according to past practice the revisions could not go into effect until they were published in the record. Democratic Speaker Carl Albert ruled that the revisions already are in effect regardless of whether they are printed.

The Democratic revisions require all House members to certify monthly each employee's job, salary and relationship to his or her boss. They also require congressmen's ability to draw up to \$10,750 in cash a year for travel and stationery.

In addition, they remove the authority of members to save left-over stationery money for their retirements and abolish the \$1.19 annual postage allowance.

One change that is a target of GOP criticism consolidates 13 various allowances for congressmen into four accounts. Rep. William Dickinson, R-Ala., said the consolidation would boost his own allowances from \$44,946 a year to \$78,500. Dickinson's calculations were called "grossly erroneous" by Rep. Lloyd Meeds, D-Wash., who helped draft the revisions. Meeds said Dickinson really gets \$60,423 now and the figure would cut to \$46,444 under the new system.

British Ex-Con Sought In \$4.1-Million Airport Heist

LONDON (AP) — The British employe of an American armored car company wanted for the theft of \$4.1 million from Heathrow Airport last weekend was known in the underworld as "the Professor" and had a record of 15 convictions, British newspapers reported today.

Scotland Yard kept up its hunt for Stephen Patrick Raymond, 30, and another man wanted for the theft last Saturday of five strongboxes filled with American, British, Lebanese, French, Italian and Norwegian currency. But the Yard believed they had escaped from the country with their haul.

Raymond is known in the underworld as the Professor because he speaks well, is well educated and dresses well, the papers reported. His appearance apparently helped him get a job as a shipping clerk in the London office of Parulator Services Ltd., an American freight-handling company.

The job gave him access to information on the movement of valuable shipments and the forms needed to steal them.

Two men uniformed as Parulator couriers picked up the strongboxes from British Airways at Heathrow last Saturday night, Scotland Yard said.

The Sun reported that Parulator lawyers arrived from America to find out how Raymond "presented apparently impeccable references to get the job."

After Scotland Yard named Raymond as the main suspect, the newspapers discovered from their files that he was tried in 1970 for the murder of a man whose body was found in a trunk in a forest.

Evidence at the trial showed Raymond's criminal career began when he was a teen-ager. In one of his 14 previous convictions, he got six years for the armed robbery of the home of a Justice Department.

The judge in the 1970 trial directed a verdict of acquittal on the murder charge, but Raymond was sentenced to three years for committing an act to impede arrest.

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Memories Harsh Of IRS Treatment

The kindly visage put forth this year by the Internal Revenue Service in its collection efforts gains much of its brightness only in comparison to the harsh memory of recent and lengthy power abuse.

More flexible procedures have been adopted, according to Thomas L. Davis, director of the collection division, because "public acceptance of and confidence in the IRS are the keys to maintaining and fostering our voluntary compliance tax system."

But it is entirely possible that the new consideration for the delinquent taxpayer is also an agency response to mounting and more widespread criticism of agency tactics. Congress, the news media and consumer tax groups have led the barrage of complaints.

Changes have been initiated following a two-year reappraisal of IRS collection methods. One of the first recognizes that there is a difference in taxpayers. New programs for collection take into account the attitude of the laggard taxpayer.

If he is cooperative, a minimum of red tape is required and the agency exercises restraint in applying the pressures available.

In addition, a management review is required before the salary of a delinquent taxpayer is attached. In some cases, a notice of intent is issued to save the taxpayer embarrassment.

The agency, Davis says, would not object even to legislation exempting a portion of a collection target's salary from an IRS levy, leaving him with at least "subsistence income."

Management review — even "high management review" — has also been ordered before property can be seized to satisfy IRS demands, as the agency admits that it may have been "overzealous" in the past.

Agents have been cautioned not to lecture or to prejudice suspected evaders.

And just to be sure that the taxpayer understands that the IRS has been reformed, delinquents are urged to read a booklet, "The Collection Process," that spells out their new rights.

Enthusiasm for the altered IRS image may be restrained, simply because the changes are not only overdue, but because the need has long been obvious. Even so, the painful shift to reasonableness is welcome.

We're On Target

The evacuation of Americans from Lebanon at the order of President Ford is ample testimony to the extent of the tragedy in that war-torn country.

The flight also confirms the declaration by Secretary of State Henry Kissinger that "The United States will not be driven off course by violence." Reduction of the embassy force in Beirut to the minimum number essential to operation lessens the chances of further incidents designed to provoke U.S. intervention in the civil strife.

American diplomats believe the murder of U.S. Ambassador Francis E. Meloy Jr. and an aide, Robert O. Waring, was ordered in an effort to draw the United States into the conflict.

Kissinger's determination to restrict the American role to that of peace broker acknowledges the potential for further strain on Syrian-Israeli relations due to Syria's participation in the Lebanese war and probable explosion of the Middle East tinderbox.

The discreet reduction of the American presence in Lebanon is the best immediate response to a situation that defies all appeals to reason and calm judgment.

BERRY'S WORLD



The campaign hasn't been tough enough — now THIS!

Around



The Clock

By Ed Prickett

Exercise can be fun. The problem with exercise is that it's one of those things that you know without a doubt is good for you. But you're often times too lazy to go that extra mile and do it.

After a good wind sprint or a few miles of jogging, the old juices start flowing again and you may easily find yourself going back, in memory at least, to those high school and college days when you ran the track for fun.

A conversation with the county's executive assistant on Monday started me thinking about running. Roger Neiswender was competing in track events long before he entered the administrator's arena to win Seminole County's top position.

Neiswender and I reminisced about the old days of running. And we both agreed if you've ever been a runner or a member of a competitive track team, it stays in your blood. On one fine day or another you're bound to wake up and decide it's time to run again, to smash your system almost to the point of a return just to feel that feeling which has no

replacement — the feeling of running. Neiswender recently felt like he just wasn't his old self and began running again.

It developed into a 30-minute program each morning. Depending on your physical condition, there's nothing like a good early-morning run to stimulate your system and make you feel like a high schooler again.

Many doctors recommend running as a way to stay physically fit so your body can more easily ward off disease. On the other hand it's not recommended for everyone. Anyone in doubt can find out by a quick check with the family doctor.

At any rate, talking to Neiswender reminded me about how good it feels to relax after a long run. Of course I didn't plan on thinking about it long enough to try it. Just thinking about it seemed enough.

Then I got home and saw a group of youngsters practicing running nearby a church. Still thinking

about the conversation with Neiswender, I sauntered over to check out the runners.

"You ever run?" one youth suspiciously asked. "What do you think?" I answered.

"Well, you might have — one day," he sneered. "Well, I see. We'll see," I muttered as we lined up for a quick 200 yard dash. We blasted off, and I was pleased to see the old form was there. Not the old speed, but the old form. You can't beat youth in a test of stamina and I didn't really try to. And I didn't.

After the race ended, however, I realized my folly. In my haste I had passed in street shoes with no socks. And both heels were a veritable mass of blisters. Hobbling around the courthouse wearing sandals Tuesday I saw Neiswender, bright and cheerful as ever.

"Hey, are you becoming a Hippie? Wearing sandals!" he grinned and asked. At first I glared, then I grinned. "Yeah, Roger, running sure is fun."

RAY CROMLEY Let's Plug Election Law Leaks

WASHINGTON — The national election law is not being enforced.

With the publicity given its writing, the Supreme Court's enunciation and the subsequent revision after long debate, there was hope we'd have a workable arrangement.

The law's key feature is a provision calling for the name, address, business and employment of each donor of \$100 or more. This to enable voters to know where a candidate's money comes from and to whom he may be beholden.

A detailed list of a presidential candidate's donors can give clues as to what he is. As distinct from what he claims to be a close aide.

A careful run through of reports turned in by leading presidential candidates, Democratic and Republican, reveals that fewer than half the major donors are identified by occupation and/or employment.

Worse yet, even those identifying their occupation for the most part do so in the most general way — businessman or business executive, attorney, self-employed, farmer, consultant. These terms tell us next to nothing.

When several hundred management employees of a major company and their wives give \$100,000 each, so that donations from that company add up to \$20,000 or \$60,000 or more, we need to know this and why.

This discussion does not imply that such giving is necessarily wrong. But that information would certainly be a clue as to backing the candidate in question. And a careful search of the methods used to induce this concentrated giving could uncover any improprieties.

It should be pointed out that this irregularity in reporting — this absence of vital information required by law — shows up heavily in the reports turned in by all three of today's leading presidential candidates — Jimmy Carter, Ronald Reagan and Gerald Ford.

The Federal Election Commission, set up with such care to monitor campaign practices, reviews the reports, perfunctorily marks what amount to innocuous form letters asking for additional information.

That is, the follow-up is minimal and ineffective.

There is but one way to make the law work for presidential candidates. No donation should count toward counterpart government funds unless the full name, address, occupation, business address and company, partnership, union or association name is listed. It is as simple as that.

To go back now and require this information for every donation at the \$100 level already reported would probably be impossible this late in the game.

JACK ANDERSON

CIA: Mexico Has Huge Oil Reserves

WASHINGTON — A top-secret CIA report claims that impoverished Mexico is sitting on an astounding 75-billion-barrel oil reserve. This would boost Mexico to second place among the world oil powers.

Numerous government and industry sources have told us the huge figure is possible but improbable. The highest estimate we could get general agreement on is 60 billion barrels. But one cabinet member told us that he believes the CIA's startling, confidential discovery is true.

This would give Mexico a reserve seven times larger than what lies under Alaska's north slope. In terms of sheer world power, it would offer Mexico the opportunity to hit the big time. Saudi Arabia has the world's largest oil reserve, which is close to 170 billion barrels. Kuwait ranks second with 71 billion. Iran is third with 64 billion, the United States and Russia fourth with 40 billion.

The incredible CIA report cites the rich oil reservoir Mexico struck in 1974. The preliminary drillings uncovered three vast oil fields in the Mexican states of Tabasco and Chiapas. Industry sources say this has now been expanded to an area 300 miles long and five miles wide.

The Mexicans, however, are playing it easy. The country already produces all the oil it needs, and Mexican officials claim this is their only concern. One embassy official told us the CIA

DON OAKLEY Bankers Challenge Records

A recent survey by the American Bankers Association (ABA) of just 21 large banks found that they received some 12,000 summonses for customers' records from the Internal Revenue Service in a single year.

Under present law, not only federal but state and local governments are permitted to require a bank to show them records of private individual's banking transactions — without the knowledge of the individual. Summonses can range from information about a specific transaction all the way to a request for records of unnamed persons, the so-called "John Doe Summonses."

Because it believes this situation is "totally opposed" to a tradition in American banking in which an individual's private financial records are handled with the utmost confidentiality, the association has launched the banking industry's first issue-oriented advertising campaign.

"The potential for abuse is obvious," reads the ABA's message. "At the same time we recognize the government's need to curb crime."

It points out, however, that searching through your banking records "is like leafing through your personal diary. It can reveal who you know, where you go, what you like, your doctors, your political leanings, what your religious and fraternal affiliations are."

The ABA calls for public support of the Tax Reform Act, now under review by the Senate after passage by the House, and the Right to Privacy Act of 1974. Legislation embodied in these acts would, among other things:

Assure that bank customers are notified by all government agencies requesting their records.

Give bank customers the right to challenge a court the government's attempt to obtain their records.

Require that administrative summonses be specific enough to protect the rights of individuals not under investigation — that is, put an end to the practice of "John Doe Summonses."

While nobody is counting on windmills ever to become a major generator of electricity for the United States, the vast, untapped potential of a wind power is one of the "alternate" energy sources seriously being investigated.

A 100-kilowatt windmill — technically, a wind turbine generator — has been built by the National Aeronautics and Space Administration near Sandusky, Ohio, using two blades resembling airplane wings mounted atop a 100-foot tower. The blades have a total diameter of 125 feet. This prototype is expected to lead to even larger generators in the 1980s.

If it does, and if the countryside becomes dotted with giant windmills, the result could be a multitude of latter-day Don Quixotes attacking them figuratively, if not actually. A large number of windmills could cause significant interference with television signals, says Thomas B. A. Senior, professor of electrical engineering at the University of Michigan and director of a research project.

Hijackers Release 40

The Palestinian hijackers holding more than 250 people and a French airliner at Uganda's international airport have freed 40 of their hostages today, the French Foreign Ministry announced. But the Israeli government gave no indication whether it would release 40 prisoners to ransom the rest of the captives and the plane.

The hijackers freed elderly and ailing persons and children in response to an appeal from Uganda President Idi Amin.

Meanwhile, a decision was awaited from Jerusalem on the hijackers' ransom demands.

Islands To Seek Independence

NEW YORK (AP) — A delegation from the Marshall Islands, a U.S.-administered trust territory in the western Pacific, planned to ask the United Nations today for help in obtaining independence.

Anton A. DeBrum, leader of a five-man delegation, said he would tell the U.N. Trusteeship Council that present U.S. plans for the Marshalls are just a ploy "to make the islands a U.S. colony."

DeBrum said Tuesday he would ask immediate separation of the Marshalls from the Trust Territory of the Pacific Islands, a "phased approach to independence" from the United States.

About 25,000 persons live on the 25 atolls and four islands of the 800-mile Marshall chain, 2,500 miles southwest of Hawaii.

The Marshalls have been administered since 1947 by the United States under the United Nations trusteeship system. By 1981 they are to be lumped with the Caroline Islands, about a thousand miles to the west, into a political unit called the Federated States of Micronesia.

DeBrum said, explaining that the Marshalls also believe they would fare better economically if they could achieve independence.

"For one thing, independence would put the islands on a par with the other island groups and the United States to handle foreign affairs and retain its military bases," DeBrum said.

"That proposal would make the islands nothing more than a U.S. colony," DeBrum said. "It's calculated and it's part of the United States policy in the Pacific to maintain its interests and keep others out."

Bank Schedules Cake Bake Contest

Cash prizes will be awarded to the winners of the Bicentennial Cake Bake sponsored by the Flagship Bank of Sanford. First prize is \$50, second \$30 and third \$10. The cake bake is a part of a month-long celebration and entry blanks are available now from the bank, or by calling 222-1611. Non-professionals only are eligible for this contest. Any Seminole County resident may enter.

Decorated cakes must be brought to the bank at 200 West First Street no later than 4 p.m. July 15. Judging will be Jack Horner, executive manager of the bank.

Greater Sanford Chamber of Commerce, Mrs. Cindy Brown, Lippincott's Ink Spot in Lake Mary, and Helen Malley, who has many years of experience in cake decorating. Prizes will be awarded July 16.

Local nursing homes will be the recipients of the entries, all of which will be judged on the best portrayal of the Bicentennial theme.

Contest rules include limitations as to size: cake may be no larger than a three-layer cake with bottom layer no larger than 15". Cake must be easily transported. Contestants will also be required to provide a brief resume of their education or instruction and experience in cake decorating as well as stating their recipe for the cake and frosting. Complete contest rules are provided on the back of the entry blank.

Help without Hassle

TEEN HOTLINE 644-2027

WORLD IN BRIEF

U.S. Vetoes Proposal For Palestinian State

UNITED NATIONS, N.Y. (AP) — Hinging up another in a quickening succession of American vetoes in the United Nations Security Council, the United States has blocked approval of what it called a misguided blueprint for setting up a Palestinian state.

The veto cast Tuesday by deputy U.S. representative Albert W. Sherer Jr. ended a council debate held sporadically since June 9 on a report by the special U.N. Palestinian Commissioner.

The report called for Israel to withdraw from occupied Arab lands, the phased construction of a Palestinian "entity" in the West Bank and Gaza Strip, and "further arrangements for the full implementation of the inalienable rights of the Palestinian people."

The Palestine Liberation Organization (PLO) was trying to get the Security Council at least to "take note" of the report. The report itself will go to the General Assembly when it meets in September. It is guaranteed overwhelming approval there by the Third World and Communist majority.

Hijackers Release 40

The Palestinian hijackers holding more than 250 people and a French airliner at Uganda's international airport have freed 40 of their hostages today, the French Foreign Ministry announced. But the Israeli government gave no indication whether it would release 40 prisoners to ransom the rest of the captives and the plane.

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Meanwhile, a decision was awaited from Jerusalem on the hijackers' ransom demands.

Karen Anne Quinlan Still Living

MORRIS PLAINS, N.J. (AP) — Karen Anne Quinlan couldn't survive without a respirator, said the physicians who testified last fall in her "death with dignity" trial, but five weeks after the machine was disconnected she was still holding her own.

"She remains stable," Stephen Hansbury, assistant administrator of the Morris View Nursing Home, said Tuesday. "There has been no change in her condition."

The comatose Miss Quinlan was transferred to the county-operated facility June 9 from St. Clare's Hospital in nearby Devils, where she was admitted April 15, 1975, suffering from the effects of tranquilizers and liquor.

Doctors put her on the respirator almost immediately after her breathing began to fail.

Miss Quinlan's appearance has been variously described during the past year.

At the week-long trial last October, physicians described her as comatose, emaciated and in a chronic and vegetative state. One neurologist said she was "too grotesque to be described."

But people who have seen her recently say she looks much like a normal 22-year-old woman except for tubes running into her nose and throat for feeding and removing wastes.

Medical aid picked up most of that bill, and officials at St. Clare's Hospital said they absorbed the rest. Miss Quinlan's "treating physicians" never submitted a bill.

Doctors have said recently that although she may be stronger physically, her prognosis remains unchanged. The front of her brain, which controls "cognitive functions" such as thinking, will never recover, they say.

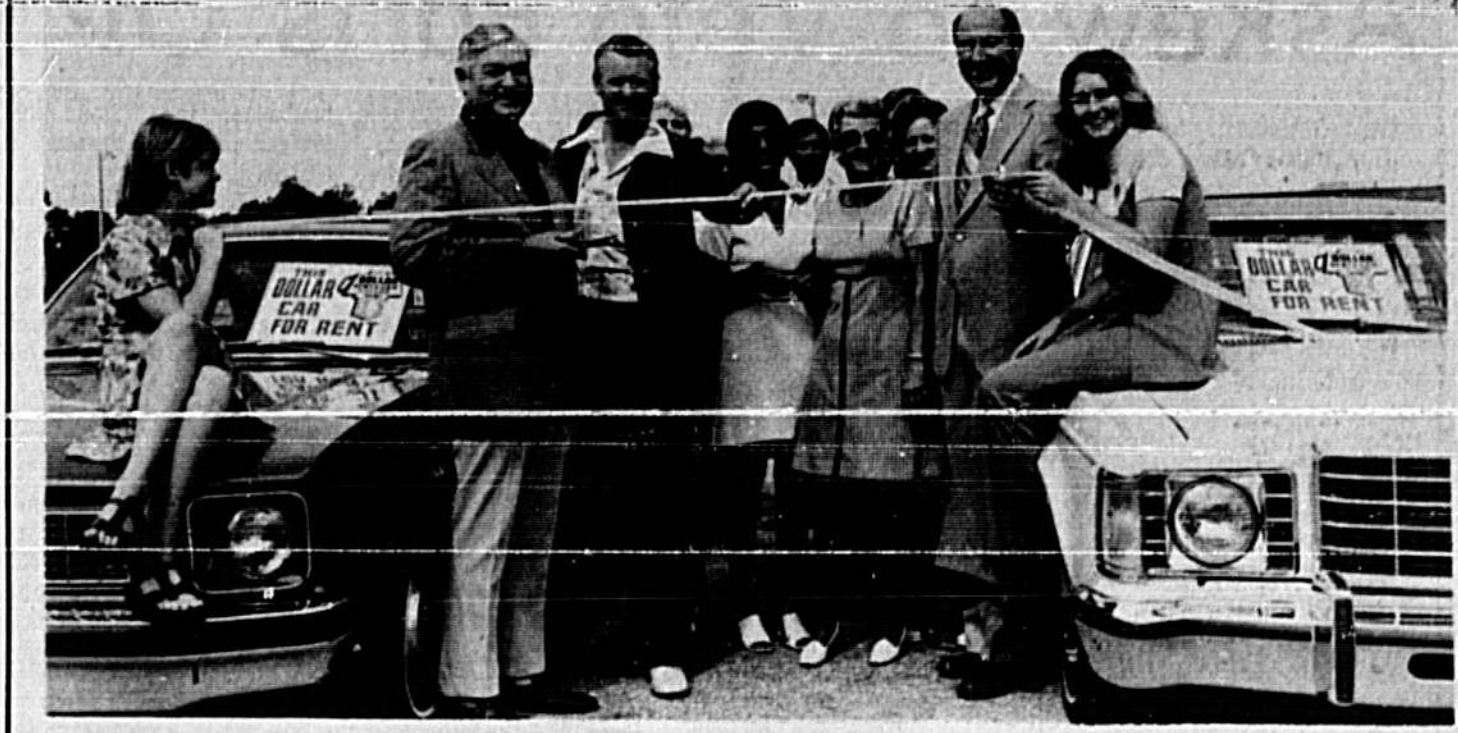
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If you like the Flea Market you'll like us!



A new car rental agency opened recently in Sanford. Mayor Lee P. Moore performed the official ribbon-cutting ceremony at Dollar Rent A Car, located at the Moore Harbour Marina. From left, Melaine Rathmell, rental agent Jack Rathmell, owner Richard Fowler and rental agent Pam Fowler lend a hand. (Herald Photo by Tom Vincent)

Coast Guard Braces For Holiday

FORT LAUDERDALE (AP) — While most of the nation will be enjoying the high light of the U.S. Bicentennial celebration this weekend, the Coast Guard expects to be at its busiest, helping novice tars trying to fly the dangerous passage from Florida to the Bahamas.

"If the islands were less attractive, or if it weren't so dangerous a crossing, it would make our work a lot easier," said Coast Guard Lt. Howard Tawney. "I had one fellow call in trouble. He said he was in a 45-foot sailboat and was out of gas."

"What is that in the center of your boat," I said (referring to the mast). "Why don't you run up the sail!"

"He said, 'I don't know how,'" said Tawney. "I've gone over the hump when we were as high as 35 feet."

"Capital punishment should be applied to defendants convicted of murders that are deliberate, cruel and wanton," he said in position paper published entitled "Capital Punishment is Necessary."

DuVal has published two previous position papers, the first calling for a speedup of trials involving attorneys charged with wrongdoing by their clients, and the second demanding that Supreme Court justices work harder.

Her parents, Joseph and Julia Quinlan, first asked doctors to disconnect the respirator last July 31 and, when they refused, asked a judge of the Superior Court to order it turned off.

Physicians said at the trial that Miss Quinlan would be unable to breathe for more than a few minutes without the machine, but doctors also agreed that she was not dead by any accepted medical criteria.

Judge Robert Muir denied the family's request, saying, "There is no constitutional right to die that can be asserted by a parent for his incompetent child."

The New Jersey Supreme Court on March 31 disagreed with the ruling, as did the state's highest court, as his daughter's guardian, to discontinue medical treatment.

CB Jamboree Scheduled

For the first time, all local citizen band radio clubs in District 5 are banding together to hold a C.B. Jamboree and picnic for August 22nd meeting Thursday, 7:30 p.m., at the Chamber of Commerce in Sanford. The Lady Cougar, Honey Hen, and Newspaper are committee women in charge of the event, and any interested party can give them a shout on Channel 23 for further information.

HOSPITAL NOTES

ADMISSIONS: Louis Egner, Deltona; Aqueida Hernandez, Deltona; Henry Hentschler, Lake Mary; Katherine C. Nicholls, Longwood.

DISCHARGES: Fay J. Williams, Altamonte Springs; Margaret S. Bleiler, DeBary; James W. Snyder, Deltona; Kenneth Hickson, Lake Mary; Andre L. Jackson, Lake Moore.

DEATHS: Samuel Chabholm, Albert Dawson; Thelma Rentsch; Chinita Shuler; Anna E. Tashly; Diana Williams; Zena M. Williams; Margaret Allen, Deltona.

WEATHER

Tuesday's high 90, today's low 71. Rainfall: 12 inch. Partly cloudy through Thursday with thundershowers likely. Highs mostly in upper 80s, lows in the 70s. Mostly south and southwest winds at 10 m.p.h. Rain probability is 60 percent.

EXTENDED FORECAST: Partly cloudy with scattered mainly afternoon thundershowers. Lows in 70s and highs mostly in upper 80s.

Thursday's Daytona Beach tides: High 11:27 a.m., 11:43 p.m.; low 5:02 a.m., 5:15 p.m. Part Canaveral high 11:55 a.m., 11:23 p.m.; low 4:48 a.m., 5:05 p.m.

Cabinet Slashes Canal Spending

TALLAHASSEE (AP) — The more Cross — Florida Barge Canal Authority officials fight for their controversial waterway, the deeper the Cabinet cuts into their budget.

Each of the past three years, the Cabinet has cut \$5,000 in so-called information and education funds. Tuesday, the Cabinet also slashed dues the authority can pay to organizations, complaining that such groups push for completion of the canal.

Gov. Reubin Askew said the authority was trying to do indirectly what the Cabinet would not let it do directly.

Comptroller Gerald Lewis said he found publications of some of the groups included propaganda resuming work on the waterway, which was one-third completed when halted by former President Richard M. Nixon in 1971.

The Cabinet sliced the dues portion of the budget from \$2,380 to \$1,500, then voted 6-1, with Atty. Gen. Robert Shriver dissenting, to approve a \$200,653 operating budget for the authority.

The Cabinet deadlocked 3-3. Eliminated were payments of \$500 to the Cross Florida Canal Counties Association, \$150 to the Jacksonville Chamber of Commerce, \$100 to the Jacksonville Committee of 100, \$50 to the Propeller Club of U.S., \$250 to the Gulf Intracoastal Canal Association and \$150 to the National Environmental Development Association.

Treasurer Philip Ashler asked Giles Evans, canal authority manager, why the authority paid so much to the Water Resources Congress when other agencies paid only \$250 to \$300.

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SEMINOLE SENIORS

By Lyle Saffield

JULY 6
SANFORD SENIOR CITIZENS CLUB — meet at noon at the Sanford Civic Center. Bring a bag lunch, and play bingo.

JULY 8
CENTRAL SENIOR CITIZEN — meet at noon at the Church of Nativity. Meal is pot luck. The theme of this pot luck is the Bicentennial Birthdays of America.

Clubs, Addresses

Altamonte Springs Friendship Club — Altamonte Springs Civic Center — Magnolia Avenue, Altamonte Springs — meet 1st and 3rd Thursday of the Month — 10:30 a.m.

Bram Towers — Sanford — meet 1st Wednesday of the Month — 10:00 a.m.

BKYZ Club — meet 1st Baptist Church — Activities Building — Longwood — last Tuesday of the month — 12:30 p.m.

Casselberry Sunshine Senior Club — meet 805 Mark David Blvd. — Casselberry — 1st Friday of the Month — 10:00 a.m. — new club — all welcome.

Central Senior Citizens Club — Church of the Nativity — Lake Mary — meet the 2nd and 4th Thursday of the Month at 10:00 a.m.

Chulusta Senior Citizens Club — Community Fire Hall — 7th Street — Chulusta — meet 3rd Thursday of the Month at 6 p.m.

Fifty Plus Club — 7th Day Adventist Church — Forest City — meet mostly on the 1st Monday of the Month — 6:30 p.m.

Golden Years Fellowship — meet at the Community United Methodist Church — Casselberry at noon on the last Wednesday of the Month — luncheon — Reservations necessary.

Greater Oviedo Senior Citizens Club — meet at Grant Chapel A.M.E. Church — Franklin Street and Geneva Hwy. — Oviedo — 3rd Monday of the Month at 4 p.m.

Lively Socials Club — meet at Highlands Club House — 675 Shepard Road — Winter Springs — 4th Friday of the Month at 10:30 a.m.

Over Fifty Club — All Souls Catholic Church — noon meeting at Hedding Gardens Rec. Room — every other Tuesday of the Month — 10:00 a.m.

Sanford Senior Citizens Club — meet at Sanford Civic Center — 1st and 3rd Tuesdays at 12 noon.

South Seminole Senior Citizens Club — meet 1st Thursday of the Month at 1st Federal Savings & Loan Bldg. — 230 W. Semoran Blvd. — Altamonte Springs — meet 3rd Thursday of the Month at Women's Club & Overbrook Drive — Casselberry — at 1:00 p.m.

Thirty-Niners Club — meet Sts. Peter and Paul — Goldenrod — 1st Friday of the month 7:30 p.m.

Village Club — St. John's Village — Fern Park — meet 1st and 3rd Thursday of the Month — 7:30 p.m.

Young at Heart Club — St. Andrews Presbyterian Church — 9213 Beech Lake Road — Forest City — 2nd Thursday of the Month — 1:00 p.m.

CORRESPONDENCE ADDRESS TO THIS COLUMN — P.O. Box 2541 — Sanford, Florida 32771.

Mayors Honor Gibson, Carter

MILWAUKEE (AP) — They gathered here to celebrate a North and South, black and white. It was Ken Gibson's and Jimmy Carter's day at the mayors' conference.

Gibson, the Newark, N.J., mayor honored as the first black president of the 44-year-old U.S. Conference of Mayors, stood Tuesday night with Tom Bradley from Los Angeles, Detroit's Coleman Young, and Mayor Jackson of Atlanta.

The four officials represent the nucleus of a growing group of elected black officials who are gaining influence in Democratic party politics. In 1975, the number of black mayors in the United States was 135, up from 108 in 1974 and 83 in 1973.

Askew To Veto Parts Of Spending Bill

TALLAHASSEE, Fla. (AP) — Gov. Reubin Askew said he will veto a few items in the \$1.56-billion appropriations bill before tonight's midnight deadline but nothing he considered major.

The budget was one of the few bills from the 1976 legislature still awaiting Askew's action. He has until midnight Thursday to act on some of the others.

"I don't anticipate there will be any major vetoes of the appropriations bill, but there will be item vetoes," Askew said Tuesday.

He said he was looking particularly at some 70 provisions put in the bill by the legislature to restrict ways of spending the money. He specifically mentioned a requirement that endangered land bond funds be used to pay bonds for park purchases.

On Tuesday, Askew vetoed two bills — hiking his total to 27 this year — and served notice that he would sign a proposed constitutional amendment which goes to the voters in November without having to go before him for a signature.

He rejected a bill designed to implement the constitutional amendment, which would allow

the legislative Administrative Procedures Committee to send executive agency rules which it finds go beyond the law.

The amendment and bill "seriously erode our traditional system of checks and balances which results from the separation of the branches of government," Askew said in his veto message.

He said that Florida already has a model system for legislative supervision to insure that rules do not exceed the law.

Askew also vetoed a bill designed to repeal a 1974 law setting up a program to help Ca-

pan doctors, lawyers and other professionals get licenses in Florida.

The bill is so confusing that licensing boards would not know what to do, he said.

Askew signed six bills, including one to allocate \$161 million in school construction funds.

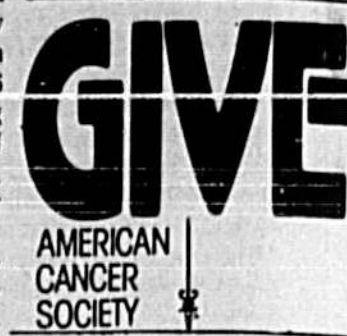
The bill allocates school districts \$81.1 million, including \$3 million to multidistrict facilities for exceptional students; \$27.6 million to community colleges; \$23 million to universities including \$2.5 million for an educational research and development

center at the University of West Florida; and \$14.4 million to vocational-technical schools.

It also allocates \$760,000 to the School for the Deaf and Blind; \$2.7 million for educational facilities at community colleges — earmarked as \$2 million to Broward Community College and \$697,000 to South Florida Junior College; and \$4.6 million to public broadcasting such as \$2.25 million to WEDU in Tampa, and WJCT, Jacksonville, and \$100,000 for facilities in the new Capitol.

Also signed was a bill to give \$13,500 to help cover attorney fees of three Beverage Depart-

ment employees who were fired by former Director Winston Wynne and then reinstated by the division in the midst of an appeal to the Career Service Commission.



A Great Deal Slips Through Customs

Cocaine Imports On The Increase

MIAMI (AP) — In a Bogota, Colombia hotel room, a Cincinnati woman dismantled her portable hairdryer and replaced its electric motor with three pounds of carefully packed cocaine.

Then she caught a plane for Miami. The woman, arrested by U.S. Customs Service inspectors at Fort Lauderdale International Airport, was what authorities call a mule — the amateur or professional who carries drugs into this country via commercial transportation to help supply a \$3 billion-a-year U.S. market for illegal drugs.

Miami is the nation's cocaine import capital, where the most seizures and arrests of mules are made. Of the 725 pounds of coke seized in the United States last year, 198 pounds or 27 per cent

of it was taken at Miami's airport. It's anybody's guess how much coke slips through undetected here and elsewhere.

Just two weeks ago 170 pounds of cocaine were confiscated by Customs agents in Tampa who were watching a banana boat which had arrived from Colombia. Agents said the cache was worth \$200,000.

"Drug imports, mostly cocaine, are on the increase," said Howard Ford, director of Customs airport operations in Miami. "We have no estimate on how much is getting by, but we could make more seizures if we had more personnel."

In the first five months of this year, Customs inspectors at Miami International confiscated 166 pounds of coke.

"Every conceivable way to smuggle drugs has been tried," said Bill Norsworthy, an airport supervisor for the federal Drug Enforcement Administration, whose agents take over investigations after the initial arrest.

Mules have carried drugs inside fishing rods, aerosol cans, book covers, tennis racquets, false-bottomed suitcases, diving tanks and children's toys. They have carried liquified cocaine in seemingly unopened liquor bottles.

More dangerously, mules have tried to avoid detection by swallowing packets of cocaine or inserting them into body cavities.

In the last two months, four mules have died when their body acids destroyed the packets and released the drug into their system, Customs spokesman Jim Dingfelder said.

But the lure of great profit attracts many willing to take the risks.

Most of the coke smuggled into the United States comes from Colombia and Peru. Persons agreeing to serve as mules can earn \$5,000 a month from an expense-paid trip for several days to South America.

Those who hire the mules are paying for bigger stakes. A \$10,000 investment for 97 per cent pure cocaine can be multiplied 32 times — returning \$320,000 — after it has been transported and its purity reduced to about 12 per cent for street sales, a drug official said.

Coke users who snuff or "snort" are known as "vacuum cleaners." Others cook a small portion of the drug in a small spoon and inject it into their bloodstream.

PEOPLE

DeBaKey Predicts Progress In Treating Heart Disease

DALLAS (AP) — Dr. Michael DeBaKey says research is closing in on cures for many heart diseases. And he says an artificial heart could be available by the turn of the century.

At the convention of the American Medical Association Tuesday, DeBaKey said, "The time will come when we find the cause of heart attacks and then we will find the ways to prevent them. We can find ways to cure or relieve 85 to 90 per cent of those with heart disease."

DeBaKey, a pioneer in cardiovascular research and surgery, said he had stopped heart transplants because "our data shows they are not worthwhile."

Susan To Study Photography

TOPEKA, Kan. (AP) — Susan Ford plans to take another turn behind the camera next winter, this time in a classroom.

The Topeka State Journal reported Tuesday that Miss Ford, daughter of President Ford, plans to enroll in the photojournalism curriculum at the William Allen White School of Journalism at the University of Kansas for the second semester of the 1976-77 academic year.

Rich Clarkson, photo chief of the Topeka Capital-Journal, said Miss Ford will also work part-time as a photographer for the two Topeka daily newspapers while attending the university. She worked as a photo intern for the newspapers in the summer of 1975.

Ex-Swimmer Now A Broker

DEL MAR, Calif. (AP) — Florence Chadwick, who swam the English Channel four times in the 1950s, now watches her mother in competition.

"It's still swimming, but it's in the sea of finance now," she says.

Miss Chadwick, now a stockbroker, spoke at the Southern California Exposition. During the day, her 84-year-old mother was winning seven first places and 11 second places in race judging at the flower show Monday. The two women live together in nearby San Diego.

Ky Regrets Past Honesty

INDIANAPOLIS (AP) — Former South Vietnamese vice president Nguyen Can Ky has admitted that his government was corrupt, but says he had always maintained an honest position — and now regrets his honesty.

"I was not corrupt," he said Tuesday. "Perhaps that's the only thing I regret. I realized after 14 months in this country the value of money, whether it's clean or dirty."

He said it was this corruption that allowed the Communists to unify Vietnam.

Ky, who was here to address the Indianapolis Business and Professional Men's Club, told a news conference earlier that the 150,000 Vietnamese refugees in America are homeless.

Pair Go Through Customs

LONDON (AP) — King Carl Gustav and his new queen, Silvia, caught airport officials by surprise and went through customs inspection with their flight passengers.

"We knew absolutely nothing about the king and queen, and there was no request for VIP facilities," said a spokesman for Heathrow airport. The couple arrived Tuesday on a scheduled British Airways flight from Los Angeles. They had been honeymooning in Hawaii.

Airport sources said Carl and Silvia will fly to Kenya soon to continue their honeymoon with a safari.

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Check Those Fishing Licenses, Speed Limits

New State Laws Go Into Effect On Thursday

By JERE MOORE JR.
Associated Press Writer
TALLAHASSEE, Fla. (AP) — Floridians planning to go fishing during the Fourth of July weekend ought to check the big stack of state laws that go into effect Thursday.

Laws with a July 1 effective date will affect the auto trip to whatever activity you might have planned in the state's Bicentennial celebration and some of your actions after getting there.

The 55-mile-an-hour speed limit will be part of the law and not just a rule imposed by Gov. Reubin Askew in December 1973 when the gasoline shortage hit.

The Florida Highway Patrol has continued to enforce the 55 mph limit almost everywhere, although the rule has been questioned by judges in a couple of counties, Patrol Maj. Roger Collier said. Some judges have refused to adjudicate citations for speeding until the law takes effect.

Fishermen who stay in their home counties and use three poles or less will not need a fishing license thanks to the repeal of the "canoe law."

Disable persons will not need a fishing license anywhere if they get a permit from their tax collector saying they are permanently and totally disabled.

Water lovers going to John Pennekamp State Park in the Keys should be careful because they will be forbidden to take out any amount of coral or sea fans. Also, nets and seines will be banned in the Biscayne Bay aquatic preserve.

Persons who hit the bottle too heavily can be kept in jail for 72 hours instead of 12 and even treated to rehabilitate alcoholics instead of treating them like criminals.

Tighter restrictions will be placed on trespassing, even to get to a fishing hole, and convictions will be easier.

Bicycles with helper motors of less than 1/4 horsepower will not have to be registered as motorcycles, auto dealers will have to put inspection stickers on cars under threat of six months in jail, and

police departments can hire traffic control specialists who can't wear sidearms or make arrests.

For persons who stay home, charities again will be able to telephone for donations if they get permission from Secretary of State Bruce Smithey.

Mobile home tenants will be able to go to a single source, Chapter 68-1, Florida statutes, to learn all their rights and win powers. While mainly bringing existing laws together, the new law makes some changes such as requiring six months notice instead of 90 days before eviction.

Some other laws will have more profound impact, although such impact will not be apparent immediately.

For instance, the functional literacy law is effective Wednesday. It requires pupils to be able to read and write before graduating from high school and requires regular testing of pupils to be sure they are progressing toward that goal.

Another law will require school boards to write codes of conduct that pupils must follow and procedures that teachers must follow to discipline violators. It lists pupils' responsibilities and rights.

Students going on to college will be helped by an increase in the state loan fund from \$40 million to \$53 million.

The university system must start a five-month study to determine which women teachers are being paid less than men who are doing the same work and bring salaries up to par for those who are being paid less.

The Health and Rehabilitative Services Department (HRS) must start helping women who have spent years in their homes and suddenly find themselves in need of work because of death of their husbands or divorce.

The completely new program will take some time to set up after the services to be provided are determined, HRS spokesman Rex Newman said.

HRS also must begin a study to determine the best ways to care

for the elderly in their home communities without consigning them to nursing homes.

Centers to treat premature babies and diabetics also will be established around the state.

The existing law on an HRS fee system to pay for care provided by state institutions — a system not yet implemented — will be revised to require spouses to pay when they can and limit the responsibility of parents to their minor children.

Persons who have items in jewelry stores or radio and television repair shops for more than six months can expect to find them sold, but persons robbed by thieves can sue for damages from the middlemen or fences who sell the goods.

Killing someone with a bomb will bring an automatic death sentence and even trying to set a bomb will carry a long prison term.

Criminals sent to mental hospitals will have to be kept in "separate and secure" facilities, an attempt to end escapes at South Florida State Hospital in Pembroke Pines.

A state fund also must be set up with payments from real estate dealers and brokers. It will be used to repay persons losing money because their real estate agent went out of business.

A tax break will be forthcoming for multistate corporations headquartered in Florida such as the Jim Walter Corp. Such firms will no longer have to pay the one per cent intangibles tax on accounts receivable in other states. The aim is to attract more corporate headquarters to the Sunshine State.

Another business-luring law will allow establishment of foreign trade zones where goods can be stored and trans-shipped without going through customs.

Sen. George Firestone, D-Miami and the bill's sponsor, said he expected a zone to be set up in Broward or Dade county, possibly both, within a year.

Under new laws:

—County officials will no longer get the automatic cost-of-living pay raises which have given some officials 20 per cent boosts during each of the last two years.

—Insurance companies cannot refuse to insure a person solely because he is handicapped.

—Most of the state's 100,000 employees will get annual salary increases ranging from \$50 to \$1,468, a \$72 million total.

—Pensions for widow and widowers of school teachers will go up \$60 a month.

—Contractors on state jobs must have at least one apprentice for every five journeyman workers.

—Retired doctors will be able to get licenses to practice more easily in areas of critical need such as slums and rural areas.

Gov. Reubin Askew still has not made decisions on some bills with July 1 effective dates:

—Judges would get an eight per cent increase in take-home pay under a bill which would authorize the state to pay judges' contributions to the elected officials retirement fund.

—Two prison bills are pending. One allows for conditional paroles in which a prisoner would agree to do certain things in return for a guarantee of parole. Another sets up a prison industry system and requires all inmates to work.

A state fund also must be set up with payments from real estate dealers and brokers. It will be used to repay persons losing money because their real estate agent went out of business.

Another bill would raise from \$300 to \$500 the ceiling for loan companies to charge 30 per cent interest and from \$600 to \$1,000 the ceiling for 24 per cent interest.

—Interest for businessmen who are late in submitting their tax collections to the state would be boosted from six per cent to 12 per cent under a bill which Askew supported.

Also pending is a bill to let you know more about how much your state government costs by requiring agencies and the legislature to determine the economic impact of all they do.

Adults Only Communities On Increase

DEERFIELD BEACH (AP) — When Henry Peck retired in 1974, he and his wife moved to Deerfield Beach to spend their days lolling in the sun, enjoying the company of their friends in an adult-only community.

They visited a half-dozen retirement communities and chose Century Village East, a condominium development with 8,000 residents, 150 organized activities, lavish facilities — and no children.

"I personally prefer it with out children because I want some peace and quiet," said Peck, a 65-year-old retiree from a Veterans Administration job in Washington. "My son is grown, and I want to be with people with whom I have a common interest, my own age group."

Sitting in the living room of their apartment in this development 3 1/2 miles from the Atlantic, the Pecks agreed their move from Silver Springs, Md., with four other couples turned out well.

"The developers have given us everything they promised," Peck said.

Like the Pecks and their friends, thousands of older Americans are choosing to spend their latter days in developments that exclude children, and sometimes offer facilities and organized activities designed especially for retirees.

Government officials and spokesmen for senior citizens groups say no one has kept track of how many adult-only

communities have been built, where they are concentrated or how fast the trend has developed in recent years.

"It's one of those significant figures that no one has ever compiled that I know of," said a spokesman for the American Association of Retired Persons in Washington.

But other Americans find the developments anyway, from the 35,000-resident Sun City in Arizona to the Terrace Trailer Park in Albuquerque, N.M.

Many such developments are in the burgeoning Sunbelt so attractive to those who want to escape from the cold climate and urban decay of the North.

George Bergmann, president of Century Village East Inc., which developed and now manages the 75-acre Deerfield Beach complex, said one selling point of his development is the ban on youngsters.

Henry Paparazzo, president of Heritage Village, a 2,500-unit adult-only community in Southbury, Conn., traced the no-children policy in part to developers' marketing strategies.

Paparazzo said the reason Heritage Village is successful — there are only six vacancies — is that "more specialized housing developments are gaining themselves to particular markets."

"There are swinger apartments and family complexes, and in others residents prefer not to have children outside their windows," Paparazzo said.

In the summer, more than the temperature goes up. Here's something you can do about it.

You've probably noticed that the temperature isn't the only thing that rises in the summertime. There's also your electric bill.

The cold hard fact as to why, is your air conditioner. Your air conditioning costs could very well account for half of your summer bill. For example, last year the average electric bill in April came to about \$24.75. That average bill increased to \$41.23 in July.

In short, your summer bill increases primarily because you use more electricity to keep cool.

But there are some things you can do to help keep your bill down while the temperature goes up.

First and most importantly don't over-

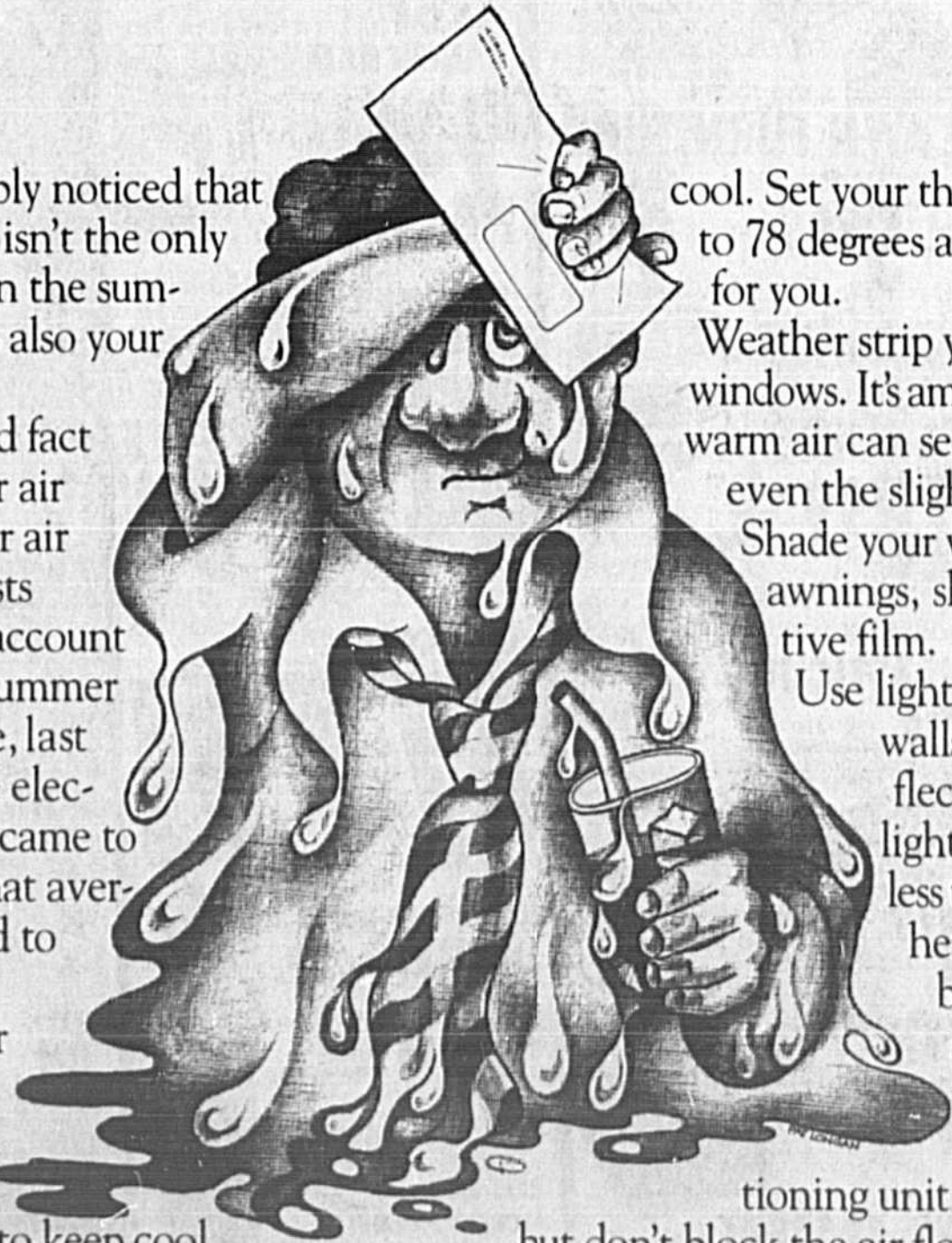
cool. Set your thermostat as close to 78 degrees as is comfortable for you.

Weather strip your doors and windows. It's amazing how much warm air can seep in through even the slightest crack.

Shade your windows with awnings, shutters or reflective film.

Use light colors on your walls and roof to reflect the sun. The lighter the color the less the heat. The less heat the less your bill during the summer months.

Shade your air conditioning unit with shrubbery, but don't block the air flow. That way it'll operate more efficiently. At FPL we'd like you to know what can happen to your bill during the summer, because we'd also like you to know what you can do about it.



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Wednesday Evening

6:00 (1) (2) (3) (4) (5) NEWS
6:30 FAMILY AFFAIR
7:00 WOMAN
7:30 MY FAVORITE MARTIAN
8:00 (1) (2) (3) (4) (5) NEWS
8:30 I DREAM OF JEANNE
9:00 ABC NEWS
9:30 20/20
10:00 RIN TIN TIN
10:30 (1) (2) (3) (4) (5) NEWS
11:00 HOGAN'S HEROES
11:30 UNTAMED WORLD
12:00 INTERCOM 24
12:30 STAR TREK
1:00 (1) (2) (3) (4) (5) NEWS
1:30 PRICE IS RIGHT
2:00 DON ADAMS SCREEN TEST
2:30 HOGAN'S HEROES
3:00 \$25,000 PYRAMID
3:30 (1) (2) (3) (4) (5) NEWS
4:00 LITTLE HOUSE ON THE PRAIRIE: M. Edwards (Victor French) makes the mistake of trying to turn his bookish adopted son (Madame Pera) into a hunter. (R)
4:30 (1) (2) (3) (4) (5) NEWS
5:00 ALAN BURKE SHOW
5:30 (1) (2) (3) (4) (5) NEWS
6:00 (1) (2) (3) (4) (5) NEWS
6:30 (1) (2) (3) (4) (5) NEWS
7:00 (1) (2) (3) (4) (5) NEWS
7:30 (1) (2) (3) (4) (5) NEWS
8:00 (1) (2) (3) (4) (5) NEWS
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10:00 (1) (2) (3) (4) (5) NEWS
10:30 (1) (2) (3) (4) (5) NEWS
11:00 (1) (2) (3) (4) (5) NEWS
11:30 (1) (2) (3) (4) (5) NEWS
12:00 (1) (2) (3) (4) (5) NEWS

Thursday Morning

6:00 (1) (2) (3) (4) (5) NEWS
6:30 (1) (2) (3) (4) (5) NEWS
7:00 (1) (2) (3) (4) (5) NEWS
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11:30 (1) (2) (3) (4) (5) NEWS
12:00 (1) (2) (3) (4) (5) NEWS

SEEK & FIND

RELIAEONLEDEGBRNDMR
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NBRGHTONORIRALANR
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IOWARREEDDNEPHLYE
GXSTRTEHTRLLRLLCESTA
HEMLITTEBRADRCHEEOL
TEMREOENRREARHRRLL
ORARELANRREAGCEGEG
MRAASORVANEHTRERCG
RROCTOVRTANECTARTU
WNEYBRIGHTANNHETERI
BRIGHNDROCHAMPIONCR
CHAMPIONTRDHAVENT

Instructions: Hidden words below appear forward, backward, up, down or diagonally. Find each and box it in.

Brighton Garnet Beauty Redhaven
Champion Glohaven Red Rose
Cresthaven Latershe Reliance
Eatons Raritan Rose Triogen

Tomorrow Highest Birth Rate Countries

WUW'S Star-Studded

2911 Orlando Dr. SANFORD

GET ACQUAINTED SPECIAL

FRIDAY JULY 2 ONLY
10:30 A.M. 'TIL 12 MIDNIGHT

WUW'S Famous Quarter-Pound WUW BURGER

REG. 69¢ **25¢** SAVE 44¢

French fries 19¢
Half-Pound Double WUW BURGER 1.29
Junior Special WUW BURGER 39¢
Tossed SALAD 29¢
CHILI 69¢

Onion RINGS 39¢
STEAK WUWBITES \$1.59
FISH WUWBITES \$1.19
WUW DRINKS Wuv Juice, Coke, Sprite, Iced Tea, Coffee or Milk.

2911 Orlando Dr. Next to ABC Liquors Sanford 321-0436

remember our FAST drive-up window !!

you'll WUW IT

Mr. Moose Invites You To Skate At The Melodee

SUMMER SESSIONS

CLOSED- Sunday, Monday And Tuesday for Private Parties

WEDNESDAY	SKATE. ALL DAY	Admission	Rental
	10:00 - 4:00	1.50	.50
	7:30 - 10:30	1.00	.50
	7:30 - 10:30	1.00	.50
FRIDAY	1:00 - 4:00	1.00	.25
	7:30 - 10:30	1.25	.50
	10:30 - 12:00	1.00	.25
	Or skate the DOUBLE WHEEL DEAL		
	7:30 - 12:00	2.00	.75
SATURDAY	11:00 - 2:00	1.00	.25
	2:00 - 5:00	1.00	.25
	Or skate ALL DAY		
	11:00 - 5:00	1.50	.50
	7:30 - 10:30	1.25	.50
	10:30 - 12:00	1.00	.25
	Or skate the DOUBLE WHEEL DEAL		
	7:30 - 12:00	2.00	.75

(Schedule subject to change.)

LESSONS

THURSDAY 9:15 Ladies Slim and Trim
10:00 Tiny Tots (Four and under)
11:00 Little Folks (Five and six)

5:00 Basic Dance
5:45 Fundamentals
6:30 Beginners

(Other classes and private lessons available. Contact one of our instructors for further information.)

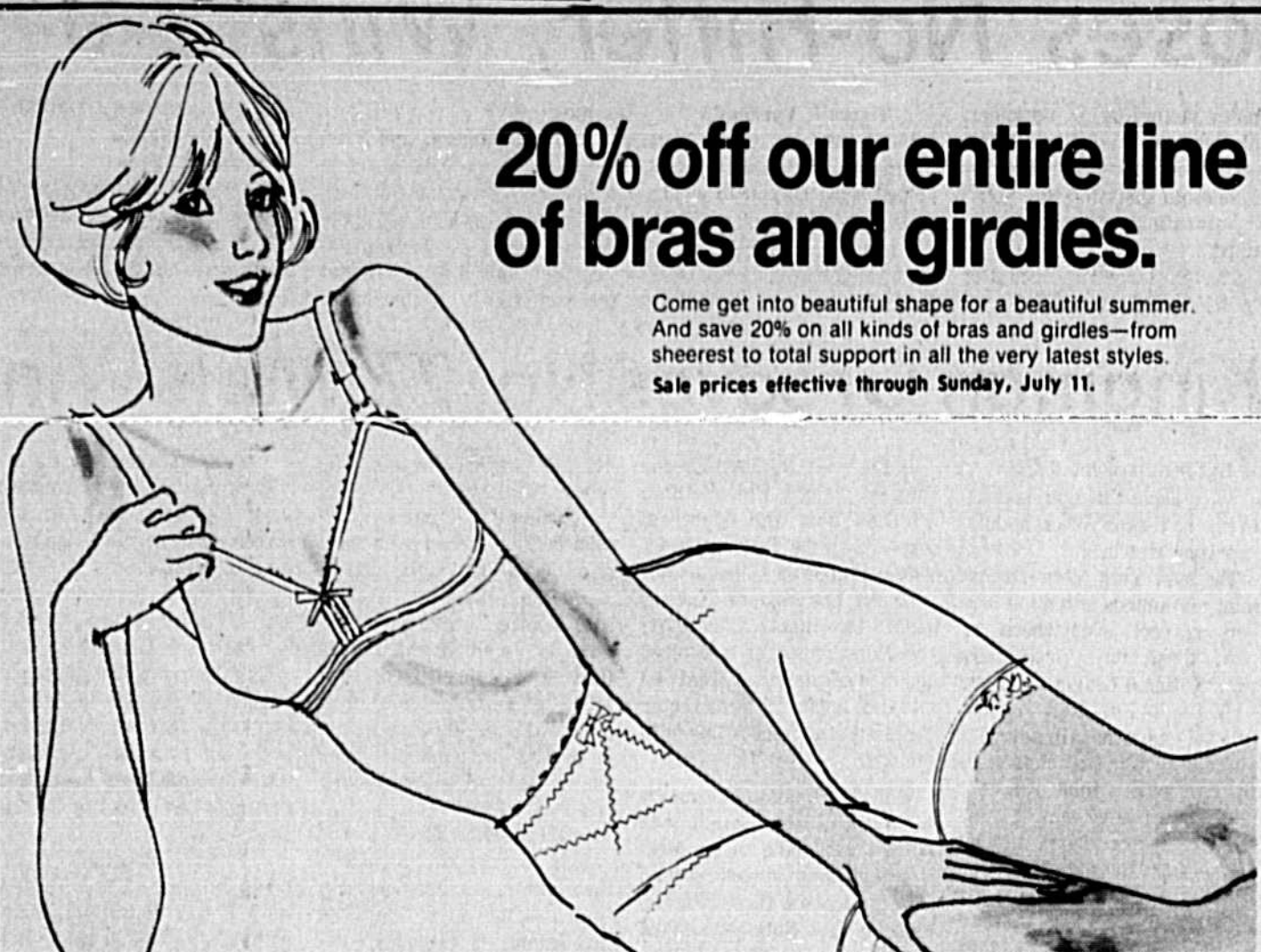
Melodee SKATING RINK
Ph. 322-9353
2700 W. 25th (SR 46A) Sanford

Wednesday's FAMILY SPECIAL

PLAZA ROCKING CHAIR
HAWMPS \$1.00
MOVIE LAND
FREE SWAP SHOP
EVERY SUNDAY 11 A.M. - 1 P.M. CALL 322-2121

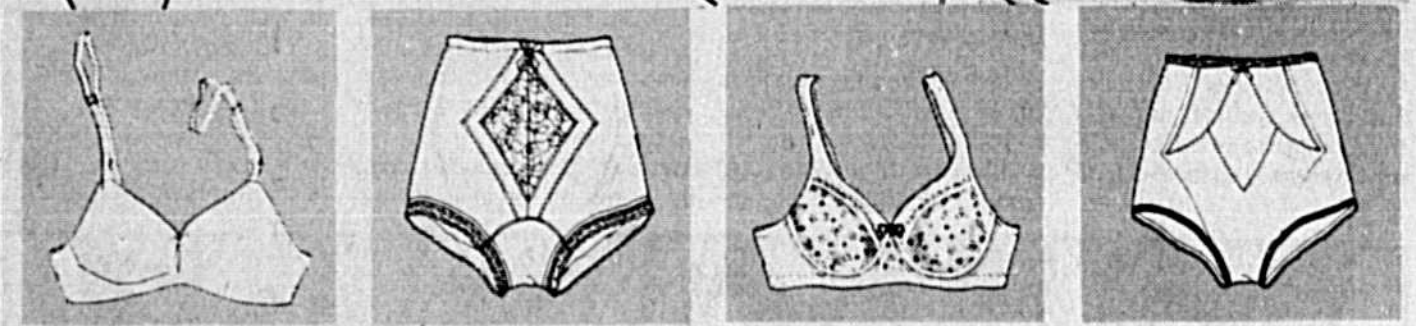
BLACK ANGELS

VACATION SPECIAL



20% off our entire line of bras and girdles.

Come get into beautiful shape for a beautiful summer. And save 20% on all kinds of bras and girdles—from sheers to total support in all the very latest styles. Sale prices effective through Sunday, July 11.

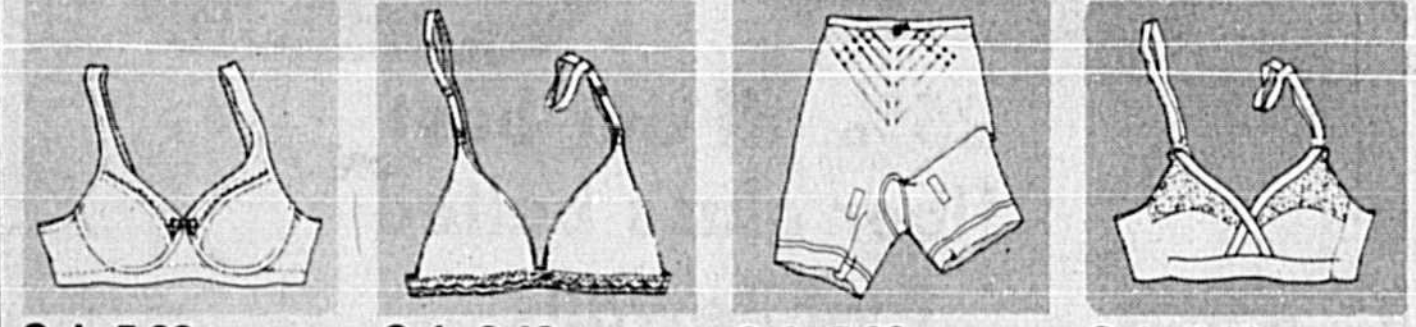


Sale 3.20 Reg. \$4. JCPenney seamless bra. Nylon tricot; spandex. 32-36A, 32-36B/C. Contour. Reg. 4.50. **Sale 3.60**

Sale 5.75 Reg. 4.60. Garterless brief of nylon/Lycra® spandex. Lace underlay front. S-M-L-XL.

Sale 2.20 Reg. 2.75. Crossover bra with nylon acetate cups. 32-36A, 32-40B/C.

Sale 3.40 Reg. 4.25. Tummy Control Brief of nylon/spandex with firm-control panel. S-M-L-XL.

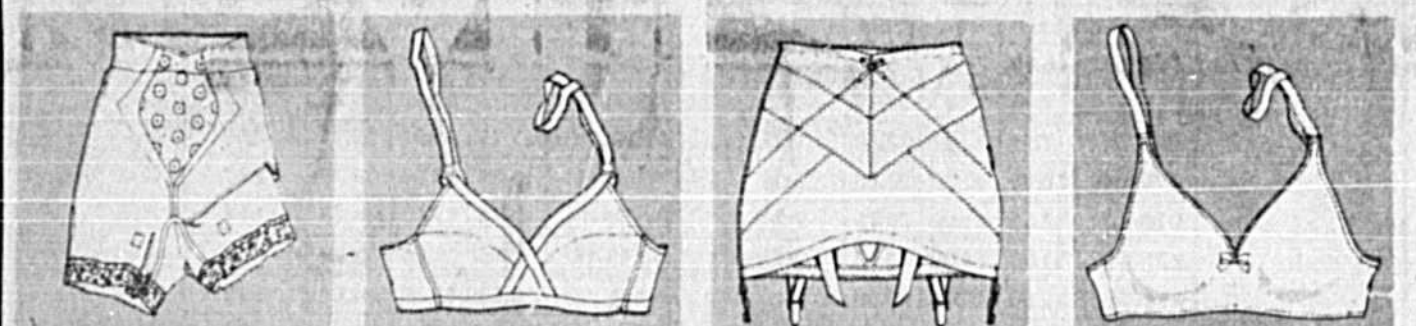


Sale 5.60 Reg. \$7. Our Ultra Bra® with seamless underwire nylon tricot cups, nylon/spandex. 34-40B.

Sale 3.40 Reg. 4.25. Seamless Poly-Fit Jr. bra with stretch polyester cups. White and pastels. 34-36A, 32-36B/C.

Sale 5.80 Reg. 7.25. Front-Control girdle in long leg styling. Nylon/spandex, V-band. S-M-L-XL.

Sale 5.60 Reg. \$7. Our Ultra Bra® with seamless underwire lace cups; nylon/spandex sides and back. 34-40B/C.

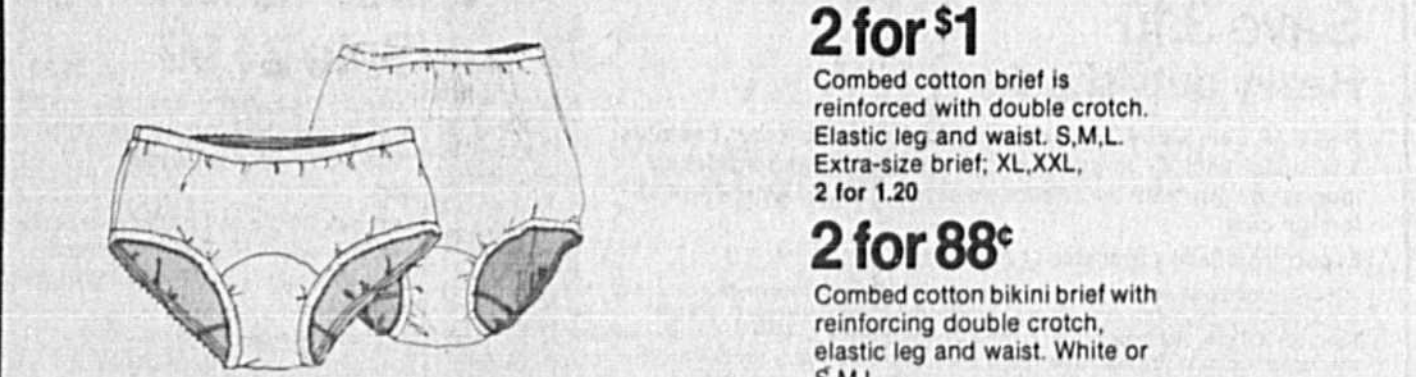


Sale 6.40 Reg. \$8. Cut-Top girdle of nylon/Lycra® spandex. Lace panel. S-M-L-XL-XXL-XXXL.

Sale 2.80 Reg. 3.50. Natural cup bra of nylon spandex. 32-36A/B/C, 38-40B/C.

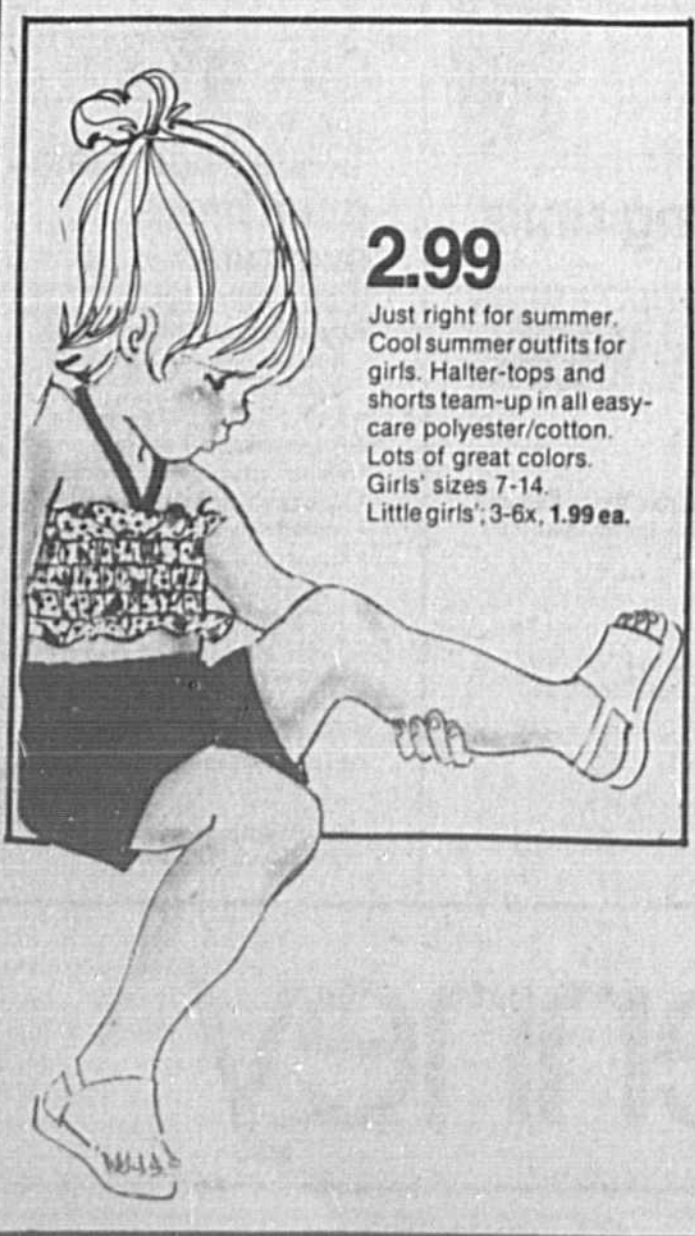
Sale 6.80 Reg. 8.50. Waist Line Girdle of nylon/acetate/spandex. S-M-L-XL-XXL.

Sale 3.80 Reg. 4.75. Seamless bra of molded polyester/nylon. Sizes 34-36A, 32-38B/C.



2 for \$1
Combed cotton brief is reinforced with double crotch. Elastic leg and waist. S,M,L. Extra-size brief, XL, XXL. 2 for 1.20

2 for 88¢
Combed cotton bikini brief with reinforcing double crotch, elastic leg and waist. White or S.M.L.



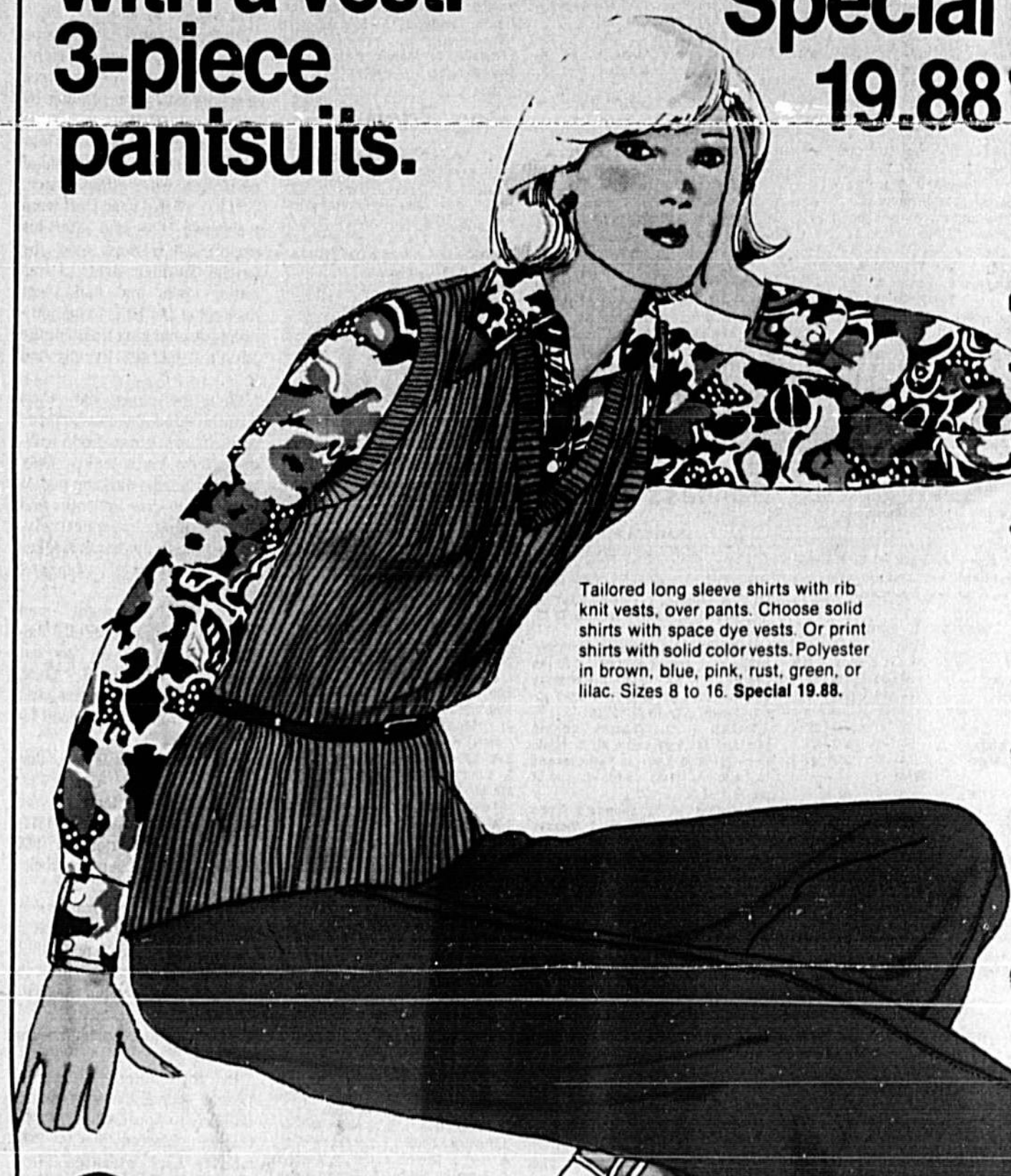
2.99
Just right for summer. Cool summer outfits for girls. Halter-tops and shorts team-up in all easy-care polyester/cotton. Lots of great colors. Girls' Sizes 7-14. Little girls', 3-6x, 1.99 ea.



Sale 4 for \$3
Flextra® pantihose. High-cut pantihose with Invisiguard™ toe. Flextra® nylon in fashion shades. Short, average, long. Queen size control top. Reg. 1.29. Sale 4 pr. for \$4

Sale prices effective thru Monday, July 5.

Dressed with a vest. Special 3-piece pantsuits. 19.88*



Tailored long sleeve shirts with rib knit vests, over pants. Choose solid shirts with space dye vests. Or print shirts with solid color vests. Polyester in brown, blue, pink, rust, green, or lilac. Sizes 8 to 16. Special 19.88.



Bag-a-tote. Special 8.88
Soft, shoulder totes in styles, sizes, and colors for every taste and need. All have shoulder straps, zip top closures, inner pocket. All in easy-care polyurethane.

Women's thong sandal 1.99
Assorted Color Size 5M-10M

Infants' furniture.

Sale \$96
Reg. \$120. Pine-finished hardwood, country-style chest has brass-tone metal trim, 4 drawers. Measures 32" x 18" x 44".

Sale 90.40
Reg. \$113. Country-style crib in pine-finished hardwood trimmed with brass-tone metal. Double dropside with stabilizer bars. 54" x 30" x 46".

Sale 29.60
Reg. \$37. Deluxe playpen has padded top rail and legs, easy-roll casters. High draft guard legs, center support leg. Measures 40" square.

Sale prices effective thru Monday, July 5.

JCPenney

Pre-July 4th Savings

SANFORD PLAZA
Open 10 a.m. to 9 p.m. Monday thru Saturday
Open Sunday 10 to 8 p.m.
Catalog Center Ph. 322-1020 Store Ph. 322-1210

WINTER PARK MALL
Open 10 a.m. to 9 p.m. Monday thru Saturday
Open Sunday 10 to 8 p.m.
Catalog Center Ph. 644-8844 Store Ph. 647-4222

ORLANDO DOWNTOWN
Open 10 a.m. to 9 p.m. Tues., Wed., Thurs. and Sat.
Open 9:30 a.m. to 8:30 p.m. Monday and Friday.
Store Ph. 841-4110



Sue O'Hara dips into her delicious spaghetti sauce. (Herald Photo by Elda Nichols)

Cook Of The Week

Sue O'Hara Thinks Big In Kitchen WOMEN

By ELDA NICHOLS
Herald Correspondent

Sue O'Hara, Forest City, likes to cook, but enjoys it more when she's not rushed and when there's nothing else to do.

"Most of my recipes have been given to me by my friends and family," she said. "My mother-in-law, who lives in New Orleans, is a gourmet cook and she has passed a lot of her know-how on to me." As an example, Sue pointed out the Seafood Gumbo recipe, saying, "This made in two-gallon lots, and doesn't last very long. It's really delicious, but you end up with cracked and bent knuckles! The blue crabs taste much better fresh than canned, so you have to clean them yourself. Another interesting thought, you only eat the claws, as parts of the body are poisonous." She also said that she had had trouble buying file locally, but thinks most gourmet food stores probably carry it.

Sue's recipes are in larger-than-usual quantities, as they have lots of company. "Also, I like to freeze a portion for later use," she said. Sue teaches at Teague Middle School, and said, "I hate coming home and then starting another day's work cooking. So I take things out of the freezer, and in a few minutes, we're ready to eat!"

SEAFOOD GUMBO (2 gallons)

12 boiled, cleaned blue crabs (break in half and crack claws)
5 lbs. shrimp (boil shrimp in water seasoned with crab boil onions, 1/2 sliced lemon, salt to taste)
Strain shrimp broth and save to make gumbo. Peel shrimp and refrigerate with cleaned crabs until the gumbo base is made.
Base:
1/2 cup bacon grease
2 fresh tomatoes or one cup canned tomatoes
2 large onions, chopped
2 cloves garlic, chopped fine
2 cups diced celery
3 tablespoons gumbo file
1 cup dried ham or 4 slices crisp bacon crumbled
1/2 lb. okra
2-3 cups flour to thicken
2 bay leaves
Place bacon grease in iron

THE FILE HAS BEEN ADDED.

Let simmer one hour. Add shrimp and crabs. Simmer 10 minutes. Add gumbo file. DO NOT BOIL. GUMBO AFTER THE FILE HAS BEEN ADDED. Serve over cooked long grain rice.

BLACK BEANS

Soak 1 lb. black (turtle) beans overnight with 1 large onion, quartered, one large green pepper, and two chopped cloves of garlic. Cook beans in same water. Use pressure cooker and cook for about 45 minutes. If you use regular pot, cook for about 3 1/2 to 4 hours on low heat. Then in another pot mix:
1/2 cup olive oil
1 green pepper, minced
1 onion chopped
2 cloves garlic, minced
4 tsp. Cummin seed
1/4 tsp. oregano
2 bay leaves
salt and pepper.

Brown these until tender. Then put into blender to puree. Stir into cooked beans. Use one cup of beans in blender to puree, too. Cook at low heat 30 to 40 minutes. Stir often. Just before serving, add 1/2 cup vinegar or dry wine.

hour (until mushy) taste, add seasoning if needed. Form into large ball. Roll in chopped pecans and put in refrigerator until firm. Serve with choice of crackers or chips.

FUDGE PIE
serves 6
4 tablespoons butter (melted)
1 1/2 cups sugar
1 tsp. flour
1 tsp. flour
1 tsp. corn meal
4 tablespoons cocoa (rounded)
1/2 tsp. salt
3 whole eggs
Let "mess" sit for about 1

(Continued on Page 4-B)

McCall Couple Marks 50th Anniversary

Mr. and Mrs. Henry Bunn McCall were honored Sunday with a reception at the Congregational Christian Church, Sanford, on the occasion of their 50th wedding anniversary.

Hosting the affair were the couple's children, including Mr. and Mrs. Bunn McCall, Belle Glade; Mr. and Mrs. Glenn McCall, Sanford; Mr. and Mrs. Emmett McCall, Winston Salem, N.C.; and Mr. and Mrs. Dan McCall, Greensboro, N.C. The couple has eight grandchildren.

Married in Varnville, S.C., on June 27, 1926, Mr. and Mrs. McCall have made their home at 2317 Mellenville Ave., Sanford.

Greeting guests at the door during the reception were Mr. and Mrs. Glenn McCall. In the receiving line were the honorees and their three other sons and their wives.

Serving were Mrs. Edward McCall, Jr., Miss Sharon McGowan, Miss Susan McCall, Mrs. Ed. McCarty and Miss Teresa Gray.

Planting hostesses included Mrs. W.B. Kirby, Mrs. Jimmy McGowan and Mrs. Jeannette Alexandra. The couple's granddaughters Shannon and Sylvia McCall, and great niece Stephanie McCall served as junior hostesses.

Playing the piano during the reception were Mrs. Jack Gordy, Mrs. Burke Steele and Mrs. Don Knight. Mrs. Edward McCall Sr. kept the guest book.



Mr. and Mrs. Henry Bunn McCall

Dissolutions Of Marriage

Frances L. Lucas & Joseph Roger Lucas
Eleanor Sue Livson & Gerald James
Thurlene Faye Ennis & Bobby Grey

Patrick Lee Joiner & Delores Tindall
Linda Dianne Byrd & Jerry Edsol Byrd
Ernie Marie Leigh & Benjamin H.
James D. McGough & Vicki Eliz. J. Bombard & Richard J.
Monica Lou McWhorter & Geo. M.
Carmine Pugliese & Pina Thomas Frank Stuckey & Judy Ann
Ted I. Wooten & June

CLEARANCE SALE

SANDALS AND DRESS SHOES

BUY NOW AND SAVE **50% AND MORE** CURRENT STYLES

SAVE UP TO **\$1.97 TO \$6.97**

DRESS & THINGS CANVAS & WROPE TRIM WOOD WEDGES MANY STYLES & ASSORTED COLORS

Step Into Our Casual World of Shoes!

Pay-Less Family SHOES

2434 S. FRENCH AVE. (HWY. 17-92) SANFORD
(Corner French & 23th Next to Super)
OPEN DAILY 9-9 SUN. 1-6

New Taste In Fresh Corn

By CECILY BROWNSTONE
Associated Press Food Editor
FAMILY DINNER
Grilled Fish Potatoes Tomato Corn Green Salad Peach Cobbler Beverage

TOMATO CORN
Delicious way to use a few cobs of fresh corn.
16-ounce can stewed tomatoes
2 ears, corn, any size
Salt, pepper and sugar to taste
Heat tomatoes. Cut kernels from corn; with back of knife scrape cobs to release pulp; add to tomatoes; boil gently, covered, until corn is cooked—about 3 minutes. Stir in salt, pepper and sugar. Serve in sauce dishes. Makes 4-6 servings.



Playwear to Keep Them Cool!

Donnie Bauerle, a 4-month old son of Mr. & Mrs. Donald Bauerle, will be spending a star-spangled 4th of July in a cool seer-sucker 2-piece outfit by Nannette. Celebrate any occasion in this permanent press playwear with applique for only \$7.95 from The Little Wardrobe.

Quality Children's Wear at Moderate Prices.

the little wardrobe
210 E. First St., Sanford, Florida 322-8020

Entire Stock Reduced

Socks, Panties 10% OFF
Undergarments, Infant Item

Sunsuits & Shorts 15% OFF
Short Sets

Jeans & Jean Tops 20% OFF

Bathing Suits 25% OFF
Summer Pajamas

Leisure Suits & Party Dresses 40% OFF
Long Dresses

Toddler to 14 July 1-10
We Will Be Closed Monday, July 5

JULY FASHION Clearance

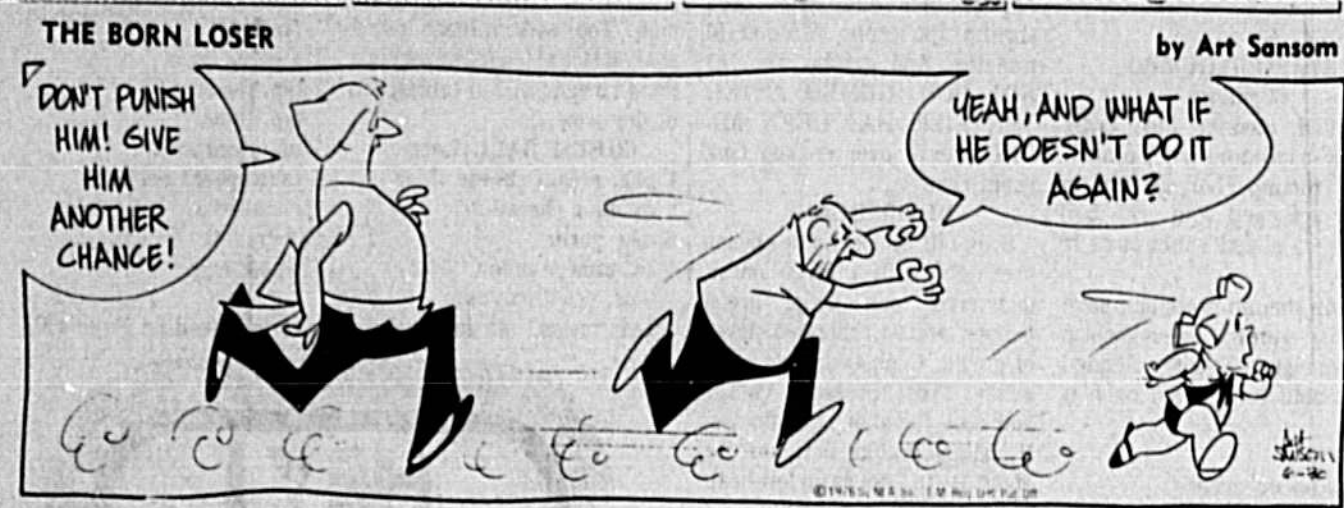
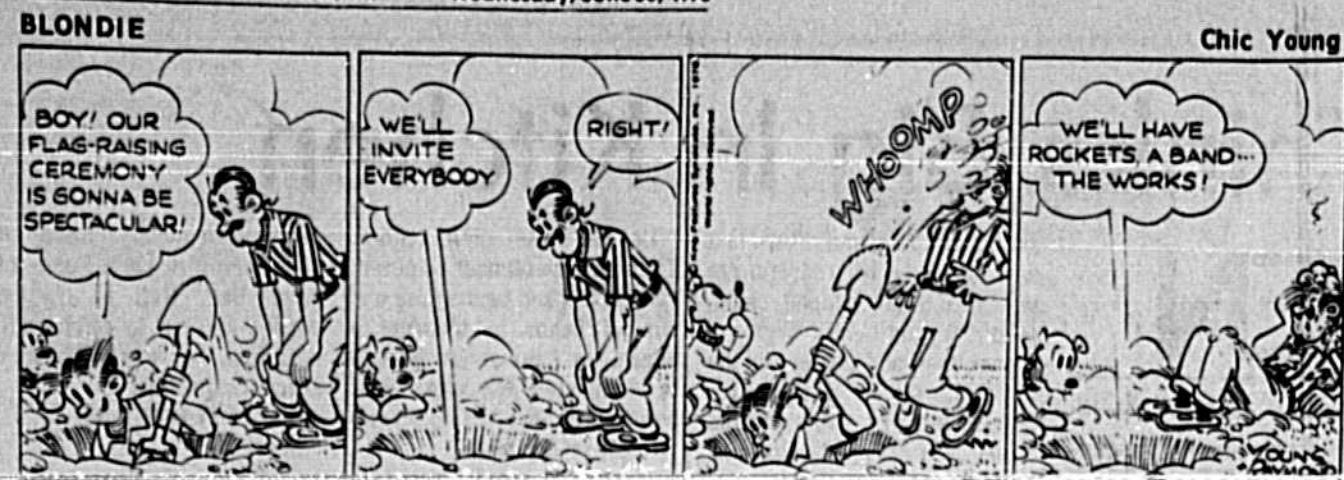
Dresses... Shoes

Sensational daytime dresses at delightful savings. A practical way to stock up on fashion's latest looks... and spice up your Summer Wardrobe.

Sure-footed footwear. Summer footwear from our great shoe selection.

LoJay

218-220 E. FIRST ST. DOWNTOWN SANFORD PH. 322-3254



Election. A grid for tracking election results with columns for candidates and rows for various states and positions.

Horoscope. Daily horoscopes for various zodiac signs including Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, Pisces, and Gemini.

Win at Bridge. A bridge hand analysis by Oswald and James Jacoby, showing a deal and the reasoning behind the play.

Alcohol Bad For Diabetics. An article by Dr. Lamb discussing the dangers of alcohol for people with diabetes and how it affects blood sugar levels.

Side Glances. A cartoon by Gill Fox showing a man and a woman at a table, with the man looking at the woman and vice versa.

Doonesbury. A cartoon by Garry Trudeau showing a man in a suit talking to a woman, with a speech bubble about 'Well, back to the ole sugar mines, eh, Fletcher?'

HOROSCOPE

By BERNICE BEDEOSL. For Thursday, July 1, 1974. ARIES (March 21-April 19) Keep your mind on your work today and an eye on your assistants. Guard against using tools or equipment carelessly.

WIN AT BRIDGE. By OSWALD and JAMES JACOBY. Hal ruffed and promptly cashed all his trumps, discarding a diamond from dummy. West had to make two discards and was smart enough to chuck two hearts.

Alcohol Bad For Diabetics. DEAR DR. LAMB - Should diabetics drink alcoholic beverages? DEAR READER - I don't think so. Diabetes may cause liver damage anyway because the liver can't use glucose normally and tends to become a fat liver. Also, alcohol can cause low blood sugar by literally using all the enzyme in the liver that would normally be used to convert proteins to glucose.

Side Glances. DEAR DR. LAMB - Will you please tell me what can be done for a person who falls asleep as soon as she sits down. This person is in her late 50s. This makes no difference how many people are sitting around visiting, in no time she is asleep. Is this called narcolepsy? Will it get worse as she gets older? Can anything be done for it and is it serious? She can work all day and appears well. One time she just passed out and fell. We are very worried about this. She has been this way for several years now. One doctor prescribed pep pills but her eyes looked

Doonesbury. A cartoon by Garry Trudeau showing a man in a suit talking to a woman, with a speech bubble about 'Well, back to the ole sugar mines, eh, Fletcher?'

Pauline-Clark Married

Shannon Lynne Pauline and Paul Frederick Clark were married April 3, at 2 p.m. at the First Assembly of God Church in Jacksonville Beach, with Rev. Larry Carson performing the double ring ceremony.



MARLENE BAGWELL. Engagement Announced. Hubert O. Bagwell and Mrs. June Green, both of Sanford, announce the engagement of their daughter, Marlene Denise Bagwell, to Octavio Gallego Jr., son of Mr. and Mrs. Octavio Gallego of Columbia, South America.

Sanford Flower Shop. 209 E. COMMERCIAL. DIAL 322-1822. FOR PARTIES-WEDDINGS ALL SPECIAL OCCASIONS. CORSAGES • DISH GARDENS • POTTED PLANTS • ARTIFICIAL ARRANGEMENTS.

Bicentennial Celebration SALE. On Under Fashions. SLIPS 1/2 PRICE. SWIM SUITS UP TO 25% OFF. BEACH COVER UPS 20% OFF. PRINT GOWNS, ROBES, PANTIES, SLIPPERS UP TO 40% OFF. BIKINIS, PANTIES-BUY ONE PAIR REGULAR PRICE-2nd PAIR 1/2 PRICE. ORIENTAL STYLED GOWNS & ROBES UP TO 1/2 OFF.

July Sale Summer Clearance 25%-60% OFF. Reg. \$7.98 TO \$14.98 NOW \$5.00. Other Specials Too!!

Sanford Shoe Center. 224 E. FIRST ST. 322-3701. With ea. purchase of 2 gals. or more Limit 1 per customer. Senkarik Glass & Paint, Inc. Ph. 322-4622 Sanford, Fla.

Research Continues

House Plants Still Popular. Do you like house plants? A goal of researchers is to produce small and medium-sized potted plants that consumers may buy at attractive prices for indoor use of the home and office.



Mrs. Paul Frederick Clark. teaching in Columbia, South America. Her fiancé, born in Cali, Colombia, is a 1968 graduate of Bernhams High School. He graduated in 1974 from Florida Technological University with a B.S. degree in business administration. He is employed as general manager of the Commercial-Tourist Center, Columbia.

Include Tropical Fruits In July Fourth Menu Plans. AVOCADOS - 1 cup sugar; continue to beat until mixture holds peaks. WHIP cream continuously until the cream holds its shape.

July Sale Fresh As A Daisy A FRESH COAT OF PAINT ON ANY WALL TO GIVE IT A NEW LOOK FOR THE SUMMER. 20% OFF PAINT SALE Cash & Carry. Benjamin Moore PAINTS. FREE 9x12 Drop Cloth. With ea. purchase of 2 gals. or more Limit 1 per customer. Senkarik Glass & Paint, Inc. Ph. 322-4622 Sanford, Fla.

July Sale One Rack Ladies' Pant Suits 1/2 Price One Rack Ladies' Blouses. Values To \$16.00 Now \$10.00. CLEARANCE. Also Large Group Ladies' Knit Slacks. Values To \$16. Now \$10.00. Manuel Jacobson DEPARTMENT STORE. 213 E. First St. Ph. 322-4712

July Sale SHOW YOUR CLASS AND SPIRIT. With a beautifully crafted, 12K gold filled star, and 15-inch chain with cut-away date by Chandelle. The perfect gift for: graduations, anniversaries, birthdays or other events occurring in 1976. Only \$8.00. And for only \$2.00 more, complete your set with a pair of matching 12K gold filled star earrings with 14K posts. Value \$6.50. Kader Jewelers. Downtown Sanford. 112 S. Park Ave. Ph. 322-2363

The Latest Trend In Styling. "The Wedge Way" Shampoo Conditioner Cut and Blow Dry \$8.50. OPEN TIL 9 P.M. EVERY THURSDAY. Betty Anne's FAMILY HAIR CARE. 316 Commercial Lakeview Plaza. PH. 322-4713 Downtown Sanford.



SAM'S PORTIONS MEATS. 118 PALMETTO AVE., DOWNTOWN SANFORD. BIG SAVINGS. 16 Cheese Steaks 52¢. 26 Pure Ground Beef Patties 52¢. 5 Lbs. Pure Ground Beef With Free Fryer \$23.50. (SALE PRICES JUNE 30-JULY 6) SPECIAL SPARE RIBS PORK \$1.49 LB. 20 Pure Ground Beef Patties \$4.75 OZS.

Sam's Portions MEATS. 118 PALMETTO AVE., DOWNTOWN SANFORD. BIG SAVINGS. 16 Cheese Steaks 52¢. 26 Pure Ground Beef Patties 52¢. 5 Lbs. Pure Ground Beef With Free Fryer \$23.50. (SALE PRICES JUNE 30-JULY 6) SPECIAL SPARE RIBS PORK \$1.49 LB. 20 Pure Ground Beef Patties \$4.75 OZS.

Sam's Portions BEEF-LAMB-POULTRY OVER 75 MEAT ITEMS IN STOCK IF WE DON'T HAVE WHAT YOU WANT WE'LL ORDER IT. PHONE 322-2374 HOURS: MON.-SAT. 9 To 6

July Sale SHOW YOUR CLASS AND SPIRIT. With a beautifully crafted, 12K gold filled star, and 15-inch chain with cut-away date by Chandelle. The perfect gift for: graduations, anniversaries, birthdays or other events occurring in 1976. Only \$8.00. And for only \$2.00 more, complete your set with a pair of matching 12K gold filled star earrings with 14K posts. Value \$6.50. Kader Jewelers. Downtown Sanford. 112 S. Park Ave. Ph. 322-2363

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Cook Of Week O'Hara Thinks Big In Kitchen

(Continued from Page 1-B)

1 cup milk
1/2 tsp. salt
1/2 tsp. pepper
1/2 tsp. onion powder
1/2 tsp. garlic powder
1/2 tsp. paprika
1/2 tsp. oregano
1/2 tsp. basil
1/2 tsp. thyme
1/2 tsp. rosemary
1/2 tsp. sage
1/2 tsp. bay leaves

1 cup beef stock
1/2 cup tomato sauce
1/2 cup mushrooms
1/2 cup onions
1/2 cup carrots
1/2 cup celery
1/2 cup bell peppers
1/2 cup mushrooms
1/2 cup onions
1/2 cup carrots
1/2 cup celery
1/2 cup bell peppers

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Thinking Can Save Energy

NEW YORK (AP) — Cost, competence, convenience, conservation — the Four Cs — should be key factors in the selection of appliances by today's energy-conscious consumers, says a man who helps to develop appliances for a national retailer.

"Informed buying and careful use can turn energy eaters into energy savers," declares Bob Leonard, appliance merchandise manager for J.C. Penney Co., who offers suggestions for reducing energy consumption in the home.

"Cooking coffee in an electric coffeepot uses less energy than top-of-the-stove brewing."

Heating water for shaving with a conventional razor uses more energy than shaving with an electric razor.

"You'll save by sleeping under an electric blanket, rather than heating the entire room."

When buying a dishwasher, look for a model with both Power Dry and Overheat Dry settings. With older models, after the dishes are washed, you must turn on a separate switch to dry them.

When buying a gas oven, look for one with an electronic ignition, not a standing pilot light. This will produce a gas saving of up to 30 percent.

With a conventional oven, you must preheat the oven for 15 to 20 minutes before cooking. With an electronic oven, you can preheat the oven as you cook. This will save energy and reduce the risk of fire.

When buying a microwave oven, look for one with a turntable. This will cook food more evenly and reduce the risk of fire.

When buying a refrigerator, look for one with a defrost-free system. This will save energy and reduce the risk of fire.

When buying a washing machine, look for one with a water-saving system. This will save energy and reduce the risk of fire.

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NOTICE IS HEREBY GIVEN THAT THE CITY OF CASSELLBERRY BOARD OF ADJUSTMENT will hold a public hearing on the application of Richard L. Walker, Jr. for a rezoning of a portion of the City of Casselberry, Florida, from R-1 to R-2. The hearing will be held on Thursday, July 13, 1978 at 7:30 P.M. in the City Hall, 151 Lake Tripoli Drive, or as soon thereafter as possible.

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Seminole Orlando-Winter Park
322-2611 831-9993

CLASSIFIED DEPT.
HOURS
8:00 A.M. — 5:30 P.M.
MONDAY thru FRIDAY
SATURDAY 9:00 A.M. — 12:00 P.M.

DEADLINES
Non the Day Before Publication
Sunday - Noon Friday

4-Personals
IS ALCOHOL A PROBLEM IN YOUR FAMILY?
For families or friends of problem drinkers.
For further information call 423-4847 or write
San Antonio Family Club, 2277
P.O. Box 553, San Antonio, TX 78271.

18-Help Wanted
Chinese Specialty Cook wanted, \$200 per week, room and board. Call Fred T. 423-4844.

18-Help Wanted
Need extra money? Can you work on your own terms in the evening? Call 322-6544.

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Plants and Craft Shop For Sale, very reasonable. Phone 322-6544.

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Taxi Cab Business and related Franchises. Owner must sell. Will accept cash offer. Call 904-741-2628.

5-Lots & Found
Lost: Part German Shepherd pup. 3 weeks old. Brown and black. Found on Park Ave. Reward: \$25. Call 441-4441.

29-Rooms
Working ladies need to share home and expenses with a friend. Phone 322-6544 at 6 p.m.

30-Apartments Unfurnished
Ridgewood Arms
Spec. 1, 2 & 3 BR. Apts. Terms: 12 month lease. \$180.00. Call 322-6544.

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Large 3 Bedroom
2 Pkchs. 1500 Month. Phone 322-6544.

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Foreign TV News 'Stars' Are Different

NEW YORK (AP) — We're all familiar with America's top evening news anchor — CBS's Walter Cronkite, NBC's John Chancellor and David Brinkley and ABC's Harry Reasoner, who'll be joined soon by Barbara Walters.

We know they're usually serious folks on the job and are considered news superstars by the viewing public.

But what about their counterparts on foreign evening news shows? How do they go about their business. How well are they known? We asked those questions of AP staffers in seven countries — England, France, Germany, Japan, Russia, Egypt and Israel.

The findings were that (a) the newscasters aren't the "happy talk" tribe; (b) their shows range from stiffly formal to relaxed and conversational, but are essentially serious about the news; (c) the best known newscasters are in Japan and

England, and (d) to no one's surprise, no foreign newscaster earns anywhere near as much as Yank anchorpersons.

The highest-paid newscasters, according to the AP survey, were Tamasu Furuya and Tokuro Irie, former newspaper columnists now co-anchoring on the Tokyo Broadcasting Service's evening "Newspics."

TBS, a commercial network, says they respectively earn \$35,000 and \$45,000 annually. Still, the higher figure would only be 10 per cent of the salary America's Cronkite reportedly earns.

Russia's anchorwoman and writer aren't household names, indeed, Soviet TV's big 30-minute newscast at 9 p.m., a program known as "Vremya," or "The Time," the Soviet view of the news, not the personalities reading it, is what matters there.

TV in the Soviet Union, like radio and newspapers, is a direct extension of the government and party propaganda apparatus.

The party doesn't believe this compromises the newscaster's independence, Soviet propagandists intended to help the country move forward, not just to be a "depot of ideas."

Newscasting with the personal touch can really be found in Japan, where TV newscasters were among the least attractive offerings until the arrival of handsome Hideo Den, a former news agency reporter, 14 years ago on TBS's 30-minute "Newspics" program.

The 6:30 p.m. show was the first Western-style news program in Japan. Den was a hit from the start, his fans considering him progressive, outspoken and gentle. He also was controversial.

His activist stance on the

air, for example, led him to present reports on the Vietnam war that shocked some viewers. When he was ordered to leave his job six years ago, he and his supporters claimed it was government pressure that forced him out.

He took his popularity into politics and now is a Socialist member of Parliament.

In England, where the TV networks are the state-run British Broadcasting Corp. (BBC) and the commercial Independent Television (ITV), the liveliest evening news show is the latter's 30-minute "News at Ten" at 10 p.m.

ITV's coverage is supplied by Independent Television News (ITN), which may sound confusing but that's the way it do it there.

"News at Ten" launched in 1967, introduced American-style Huntley-Brinkley newscasting for Britons used to the BBC's more staid, formal and solemn format. It quickly caught on among viewers.

The show's co-anchor stars are a pair of strapping six-footers, head newscaster Andrew Gardner, and Reginald Bosanquet, a burly topee-topped charmer.

Both now are nationally known personalities and get "thousands of fan letters" a week, ITN says. As senior newscasters, they're allowed considerable freedom with scripts — a privilege many other newscasters on either network are not permitted.

In West Germany, where there are two main TV networks, newscasters are called "news speakers," which underscores that they usually have no reporting experience and are simply announcers reading scripts. An American can only admire their candor.

There are no "personalities" — speakers rotate and their names are flashed on TV screens at the start of evening news programs.

See What You Can Do With Macrame!
Also - Visit Misty Illusions for the latest in elegance for home design.



BULLETIN! See the newest in home decor elegance right now at Misty Illusions. Macrame lamps, woodcraft lamps made of quality burlwood and topped with imported Deep Bowl and Mushroom coral from the Philippines. Made into distinctive lamps in various sizes, and found nowhere else in Florida.

ATTENTION MOMS! Keep those young hands and minds busy this summer. Enroll your children in day ceramic classes. ALSO HIGH SCHOOL STUDENTS—Get some free time on your hands? Put them to use doing macrame. Day time macrame classes at Misty Illusions.

FOR INFORMATION, PH 839-1440

MISTY ILLUSIONS
180 HWY. 434 (NEXT DOOR TO HATTAWAY) LONGWOOD

Each 'Dog' Contains 5-7 Grams Of Protein

Franks Take On Added Appeal In Summer Months
By GAYNOR MADDOX

Hot dogs, wieners or just plain franks are always big with Americans of all ages. With summer ahead they take on added appeal all over the country, ending into the hamlet of the woods!

First let's take a look at the frankfurter's nutritional value. These figures were supplied by the National Hot Dog and Sausage Council of Chicago:

"Each average (1.6 ounce) hot dog link contains 5-7 grams of protein, just about the same as in an egg, but with only approximately one-tenth as much cholesterol."

"Just two hot dogs supply one-third of a child's daily requirement of protein and one-fourth of the

adult daily requirement.

"An average hot dog contains approximately the same number of calories as one-half a Florida avocado, two and one-half ounces of pot roast, three ounces of lean hamburger, three ounces of corned beef, one piece of pound cake, one ounce of milk chocolate, one half fried chicken breast, one cup of corn, two boiled eggs, one cup of gelatin dessert, three ounces of haddock, one slice (one-eighth quart) of ice cream, one cup of whole milk, one piece of pizza, 10 French fried potatoes, one cup of rice, one hard roll, three ounces of tuna fish, three ounces of turkey or three ounces of veal."

Here's news for hot dog lovers. Three more fast-food services are introducing the hot dog to their menus.

Montgomery Ward has christened theirs the "Prairie Dog Howl." Served on a toasted bun with tomato slices, it is part of a new western theme menu. Food service is offered at 310 of Ward's 433 stores. For children there's the "Little Cow Poke," a commination of hot dog, fries and beverage.

Also in what could become a trend, Burger King franchisees Raymond and Jerome Zavidov have added hot dogs to the menu at their two New York City outlets. A first for the chain, hot dogs are what Burger King terms an "approved menu item," meaning that none of the company-owned restaurants may serve them, but any franchisee may. One reason why the Zavidovs chose hot dogs was a higher profit margin on both jumbo and regular size franks over hamburgers.

Chicago-based Yankee Doodle Dandy is "very pleased" with customer response to the addition of a hot dog to their menu in February. An introductory promotion offered a free order of fries with a 59-cent hot dog. Yankee Doodle uses a beef wieners in a poppy seed bun, garnished with tomato wedges, mustard, relish and onions.

July has been designated Hot Dog Month. The Council has created a new sandwich to celebrate. It is called Hot Dog Sandwich Supreme. It consists of four layers spread with egg salad, boiled ham, American cheese and plump sliced hot dogs — all garnished with lettuce and pimiento-stuffed olives.

Estimates are that 216 million hot dogs were consumed during the Memorial Day weekend.

So things look good for hot dogs in July.

Can't 'Replace' Child With A New One

Dear Abby
My husband and I were so looking forward to having our first child. He was born a perfect little boy, but he died mysteriously when he was 16 days old. They said it was a "crib death."

We are heartbroken and want to have another as soon as possible. We hope it will be another boy, and if it is, we want to call him "Robert Roy" because our first son was named Robert Roy.

Please tell us what you think of this idea.

STILL GRIEVING
DEAR STILL: I know how desperately you want to "replace" the child you recently lost in death, but please don't give him the same name. The new baby shouldn't be thought of as a "replacement." He is another child in his own right, and he should be treated as one.

DEAR ABBY: Last week I got the shock of my life. My husband of 24 years announced that he doesn't want to be married anymore.

He is 51 and I am 49. We built a wonderful business together, and we're still in it. We have children and grandchildren.

He insists there is no other woman, and I believe it because he is hardly man enough for me. (I never complained. Why start trouble?)

He says he wants his own apartment, but he doesn't want a divorce; he just wants to be "free." He says if we get divorced, it will cost us a fortune dividing up the assets, so we should stay married, remain business partners, but live apart.

I am still in shock. I don't want to stay married to a man who doesn't want to live with me, but what have I to gain by that kind of arrangement? I'd be married in name only, but not really free to look around. Help me.

IN SHOCK IN ORLANDO
DEAR IN: Tell your husband that you don't want an "in-

Knights' Shoe Store
THE AMERICAN GREAT SHOE SALE
1776-1976



STARTS PROMPTLY AT 8 A.M. THURSDAY, JULY 1

SAVE UP TO 76% ON MEN'S, WOMEN'S AND CHILDREN'S SHOES

MEN'S SHOES
VALUES TO \$44.99-FREEMAN, RAND, DEXTER, NUNN BUSH
Men's Dress Shoes NOW \$9.76 to \$25.76
VALUES TO \$24.99-FREEMAN, RAND, KEDS
Dress & Casual Shoes, NOW \$5.76 to \$15.76
WOMEN'S SHOES
VALUES TO \$31.99-FLORESHEIM, NATURALIZER, JACQUELINE
Dress & Casual Shoes, NOW \$9.76 to \$19.76
VALUES TO \$25.99-CALIFORNIA COBBLERS, CONNIE
Dress & Casual Shoes, NOW \$5.76 to \$15.76
SAMPLE SHOES, SIZES 4B, 4 1/2 B, 6B
Dress & Casual Shoes, NOW \$3.76 to \$11.76
CHILDREN'S SHOES
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SPECIAL VALUES
Grasshopper, Keds & House Shoes
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DOORS OPEN PROMPTLY AT 8:00 A.M. THURSDAY

LADIE'S HANDBAGS
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FOR YOUR CONVENIENCE OPEN FRIDAY NIGHTS 'TIL 7:30

Knights'
208 E. FIRST ST. SANFORD PH. 322-0204

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GIGANTIC STORE-WIDE CLEARANCE
Many Shoes Are On Racks And Tables For Easy Selection And Fast Service
SHOES FOR THE ENTIRE FAMILY
Your Opportunity To Buy Many Quality Shoes At A Fraction Of Their Original Cost

Marriage Applications

- Donald W. Whitaker, 23, Orlando, and Barbara J. Comber, 17, Casselberry
- John P. Kuntzelmann, 45, Longwood, and Carolyn M. O'Brien, 46, Winter Park
- Joseph P. Shouvin, 28, Longwood, and Carole J. Kurtz, 28, Orlando
- William L. Whitaker, 23, Forest City, and Bonita S. Wantland, 20, Apopka
- Samuel B. Hollingsworth, 20, Orlando, and Janet K. Antle, 17, Orlando
- Joseph W. Behrens, 33, Deland, and Eunice A. Langworthy, 19, Deland
- L. A. Riley, 20, Sanford, and Mary L. Shaw, 23, Sanford
- William J. Hein, 84, Maitland, and Lida H. Sines, 89, Orlando
- Mark A. Taylor, 18, Orlando, and Mary Lou Martin, 20, Orlando
- Raymond E. O'g, 20, Sanford, and Rebecca C. Boyles, 18, Sanford
- Roy G. Abrams, 35, Sanford, and Sheila J. E. Heurn, 38, Sanford
- Evan M. Dykes, 38, Casselberry, and Irene A. Yausnitz, 23, Casselberry
- Guy William Vance, 19, Sanford, and Cecilia A. Monti, 18, Sanford
- James E. Brewer, 18, Orlando, and Janet L. Questioni, 16, Longwood
- Terry T. Baker, 23, Altamonte Springs, and Lorenda J. Fuller, 19, Longwood
- Ralph P. Wilkinson, 21, Mahomet, Ill., and Beverly A. Galalida, 18, Winter Springs
- Lawrence M. Ford Jr., 26, Longwood, and Kathleen L. Sapp, 30, Altamonte Springs
- Robert H. Cavanaugh, 47, Longwood, and Magdalena Ocasio, 47, Longwood
- Jerry William Lord Sr., 51, Sanford, and June M. Litzelman, 44, Sanford
- William A. Pfeieger, 25, Sanford, and Frieda L. Evans, 30, Sanford
- Robert H. Tromblay, 24, Casselberry, and Janet A. Eisey, 23, Longwood
- James C. Lellis, 19, Osteen, and Jody I. Kates, 19, Osteen
- John B. Ariz, 27, Fern Park, and Valerie I. Schmidt, 24, Fern Park
- David S. Knapp, 31, Sanford, and Gabrielle R. Willette, 30, Sanford
- Edward William Davis, 26, Winter Springs, and Beverly I. Yutry, 29, Winter Springs

Sweet Solution To Diet Doldrums

By AILEEN CLAIRE Herald Services

It is difficult for most persons to diet. And those whose doctors have given them a diet earmarked to help lower their cholesterol will be happy to note that they can eat well and enjoyably. Recipes using skim milk, corn or peanut oil, low cholesterol margarines and egg substitutes or egg whites only keep up one's morale because these fit into a changed eating pattern. You can still have desserts, for example, such as a pound cake torte or an apple tart or a white cake with frosting using these approved ingredients.

ORANGE POUND CAKE TORTE
1 and one-third cups unsifted flour
1/2 teaspoon baking powder
1/2 teaspoon salt
1/2 cup (1 stick) corn oil
1/2 cup sugar
1/2 cup sugar
1 teaspoon grated orange peel
1/2 cup cholesterol-free egg substitute (at room temperature)
1 teaspoon vanilla extract
1/2 cup skim milk (at room temperature)
5 tablespoons strawberry preserves
Orange Glaze
Combine flour, baking powder and salt; set aside.
Cream margarine, sugar and orange peel together until light. Add cholesterol-free egg substitute and vanilla; beat just until smooth. Add dry ingredients to creamed mixture and mix with rotary beater or on medium speed of electric mixer until blended, about 1 minute, scraping bowl occasionally. Gradually add skim milk, then mix on medium speed for about 1 minute, scraping bowl occasionally.

ORANGE GLAZE
In small bowl combine one-half cup confectioner's sugar and 1 teaspoon grated orange peel. Gradually add 2 to 3 teaspoons orange juice, stirring with fork until well blended.

WHITE MOUNTAIN FROSTING
In medium saucepan mix sugar, water and cream of tartar. Place over low heat, cover and cook 3 minutes, remove cover and boil until syrup reaches 240-degree on candy thermometer. Remove from heat. In medium bowl beat egg whites until stiff, then gradually pour syrup into egg whites, beating constantly. Beat until thick enough to form peaks; beat in vanilla.

Why Not Try Lime Souffle?

2 envelopes unflavored gelatin
1/2 cup cold water
8 egg yolks

MONDAY MENU by aileen
Spring stuffed mushrooms
Mixed green salad
*Filets d'orange
Green beans with almonds

TUESDAY MENU by aileen
Bran muffins
Avocado-grapefruit salad
iced tea

WEDNESDAY MENU by aileen
Braised tomatoes
Braised flank steak
Baked potatoes
*Orange pound cake

THURSDAY MENU by aileen
Garden salad
Sliced steak heros
French fried zucchini
Pineapple custard

FRIDAY MENU by aileen
Homemade sourdough bread
*Walnut salmon salad
Mekas composite
Limeade

Whip cream continuously until the cream holds its shape. On top of lime and gelatin mixture, pile stiffly beaten egg whites and whipped cream; gently fold mixture together. Pour into 6-cup souffle dish; refrigerate 3 hours or until firm but spongy. Makes 12 to 14 servings. Souffles can be prepared just as easily in custard cups, pyrex dishes, etc.

Announcing the big WKIS/Top Value Stamps

Great Good Neighborly Giveaway!

One Million Top Value Stamps to be given away during July & August!

Here is how it works: Entrants complete entry forms and deposit them in entry boxes at each Fairway Market or at the Top Value Gift Center.

The manager of each Fairway Market, plus the Top Value Gift Center, conducts their own drawing every other day at a specified time. Drawing times will be posted on the entry boxes.

Each Fairway Market, plus the Top Value Gift Center, will have three participants a week. Each participant's name, address and telephone number will be relayed to WKIS.

Each day, Monday through Friday, every hour from 10 am to 3 pm, the announcer will telephone an entrant.

The announcer will ask a question related to the Top Value Stamps Gift Catalog. If the respondent answers correctly, 3000 Top Value Stamps, (two full books) will be awarded.

If there is no answer, or if there is an incorrect answer, that amount of Top Value Stamps will be added for the next phone call. Respondent who answers incorrectly will receive a consolation prize of 300 Top Value Stamps.

Each Saturday, there will be a jackpot drawing of 25,000 Top Value Stamps. One call is made each Saturday sometime between the hours of 10 am and 3 pm to give the jackpot of stamps away. If there is no winner, the jackpot will build for the following Saturday.

Periodically, special WKIS remote broadcasts will be held at Fairway stores for a special bonus 50,000 Top Value Stamps jackpot award. Times and locations will be announced on WKIS and will appear on the Fairway advertisements.

Fairway Markets—the Good Neighborly place to shop—and to save-Top Value Stamps.

wkis 740 on your am dial.

Give to the MARCH of DIMS

WKIS/TOP VALUE STAMPS GREAT GOOD NEIGHBORLY GIVEAWAY!

WKIS/TOP VALUE STAMPS CONTEST HEADQUARTERS P O BOX 19598 ORLANDO, FLORIDA 32814

NAME _____
ADDRESS _____
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PHONE _____

NO PURCHASE REQUIRED

Fairway Markets

Dee Wang Teaches The Ancient Art

Authentic Chinese Cooking Can Be A Real Treat

By CECILY BROWNSTONE
Associated Press Food Editor

A talented and dedicated teacher of Chinese cuisine is determined to preserve a part of Chinese culinary culture hitherto unknown to the Western world. Her name is Dee Wang and for several years she has been translating her recipes in an adult education program in New Jersey; this year she taught at the China Institute in New York City.

Some time ago someone in Hong Kong sent Mrs. Wang nine cookbooks, now out of print, published in mainland China almost 20 years ago. This collection of recipes came from chefs of the finest restaurants (large and small) then in existence in all China's provinces because Mrs. Wang is eager to have the chefs' art live on, she has been translating their recipes in an adult education program in New Jersey; this year she taught at the China Institute in New York City.

A deft cook herself, with a ready knowledge of three major Chinese dialects, her ability and experience enable her to test the recipes and pass along this part of her heritage in practical fashion. She also has another asset: she has been familiar with Continental and American cooking since she was a young woman living in China. When I asked her how this happened, she said:

"I learned about Continental cooking from our widely traveled 'butler.' About American cooking through my uncle, who was Formosan minister to Brazil. He subscribed to dozens of American magazines, some of which had food sections with color photographs and recipes. I studied these and made many of the dishes, especially the desserts, over and over again."

Here is a fascinating hors d'oeuvre worked out by Mrs. Wang from one of the Chinese cookbooks. (Tried in my test kitchen, it was most successful.) She chose it from a group of recipes from Fong San, a Peking restaurant. Mrs. Wang says, "Fong San's fame came from specializing in cuisine from the court of the Ch'ing Dynasty."

BUDDHA'S HAND
1/2 cup ground pork
1/2 cup chicken stock
1 1/2 tablespoons cornstarch
2 tablespoons minced scallions
1 tablespoon minced fresh ginger
1 teaspoon soy sauce
2 eggs
1 teaspoon cornstarch blended with 1 tablespoon water
Corn oil
1 tablespoon flour blended

leaving a margin at sides. Turn sides and bottom up over filling, sealing with flour paste; roll over to form an oblong envelope. Repeat with remaining pancakes and filling. Cut each stuffed pancake crosswise into 4 pieces. In each of the 8 pieces, on a "closed" side, make 4 cuts 1/4 of the way to the top, so each resembles a hand with 5 fingers. Deep-fry in corn oil heated to 300 degrees until golden — pork filling will be cooked through by this time. Serve at once with pepper-salt. Makes 8 "hands."

Long-Living Persons Eat Moderately

Here's How To Eat And Live To Be 100 Years Old

By CECILY BROWNSTONE
Associated Press Food Editor

From 1970 to 1975 an American anthropologist, Dr. Sula Benet, made frequent trips — some lasting as long as four months — to do field work in the Soviet Caucasus. This region of the world, a bridge between Asia and Europe, is known for the longevity of many of its people. As Dr. Benet notes, in 1974 she had the pleasure of meeting and knowing a delightful Caucasian woman 99 years old — probably the oldest woman then alive.

In a new book, "How To Live To Be 100," Dr. Benet discusses the factors that make for the longevity. She writes that this group's "rhythmic regularity of life" and their concerned family relationships seem important. In her studies she found that, "Order in daily routines and in the entire arc of life from cradle to grave contributes to the security of the individual and the group. Continuity and regularity in diet, work, sex life and leisure appear to lessen the strain on the body by avoiding sudden discontinuities and changes ..."

Dr. Benet does not promise that people in our less relaxed and less family-oriented society, adopting the diet of the long-living people of the Caucasus, will also live to be over 100. But as a delightful bonus, she concludes her book with a chapter of recipes she gathered during her field work. An experienced cook might very well enjoy trying some of them. At our house, our adaptation of the Raisin and Honey Chicken recipe was much enjoyed.

RAISIN AND HONEY CHICKEN
1/2 cup extra long-grain rice
3 to 3 1/2-pound broiler-fryer chicken
Salt
Wedge of lemon, if desired
1/2 cup raisins
1/2 cup butter or margarine

Cook rice according to package directions until it is tender; set aside. Wash the chicken in salted water and dry; rub inside and outside with the lemon wedge, if used. Boil the raisins in just enough water to cover them, for 5 minutes; drain. Transfer the raisins to a small frying pan; add the butter and honey; stir over low heat until hot; add to cooked rice and toss. Stuff into body cavity of chicken; loosely close cavity with small skewers.

Place breast-side up in a small, buttered, shallow baking pan; till tender and browned — 1 1/2 hours. Makes 4 to 5 servings. Adapted from "How To Live To Be 100" by Sula Benet (Dial Press).

CALENDAR

THURSDAY, JULY 1
Sanford AA, open, 8 p.m., 1201 W. First St.
Lake Mary Rotary Club, 8 a.m., Mayfair Country Club.
Sertoma Club of Sanford, 12:15 p.m., Mayfair Country Club.
Gold Star Mothers, 1:30 p.m., Legion Home, Lake Ivanhoe, Orlando.
Casselberry Lions Club, 6:30 p.m., Land of Lakes Country Club.
Sanford Optimist Club, noon, Trophy Lounge, Bowl America.

FRIDAY, JULY 2
Longwood AA, closed, 8 p.m., Rolling Hills Moravian Church, SR 434.
Seminole South Rotary, 7:50 a.m., Lord Chumley's, Altamonte Springs.
Seminole Sunrise Kiwanis, 7 a.m., Buck's.
Tanglewood AA (closed), 8 p.m., St. Richard's Episcopal Church.
Seminole County Young Republican Club meeting, 8 p.m., Quality Inn, I-4 and SR 434, Longwood. Speaker: Father R. D. Finzer, Republican candidate for Florida Senate.

Countywide School Advisory Committee, noon, First Federal of Seminole, Sanford.
Free Senior Citizen Dance, 2 p.m., Altamonte Civic Center.
Children's films, 10:30 a.m., Sanford Library.
Seventh-day Adventist Community Services, free blood pressure, 2-4 p.m., 7th and Elm.
Sanford Lions Club, noon, Holiday Inn.
Winter Springs Jaycees, 7 p.m., VFW building, 17-92.
Overcasters Anonymous, 7:30 p.m., Florida Power and Light.
Sanford Optimist Club, noon, Trophy Lounge, Bowl America.

Parents Anonymous (for troubled parents), 7:30 p.m., Community United Methodist Church, Casselberry.
Longwood Area Sertoma Club, noon, Quality Inn, I-4 and SR 434.
SATURDAY, JULY 3
Sanford AA Women's Group, 2 p.m., 1201 W. First St., Casselberry AA (closed) 8 p.m., Ascension Lutheran Church, Casselberry.
Bicentennial Parade, 9 a.m., Maitland Avenue, Maitland. Food, booths and entertainment at Civic Center; water ski show at 7 p.m. and fire works at 9 p.m., Lake Lucerne.
John Young Museum and Planetarium Garage Sale and Auction, 10 a.m. to 6 p.m.

MONDAY, JULY 5
Sanford AA, closed, 1201 W. First St.
TUESDAY, JULY 6
Sanford Lions Club, noon, Holiday Inn.
Winter Springs Jaycees, 7 p.m., VFW building, 17-92 Longwood.
Overcasters Anonymous, 7:30 p.m., Florida Power and Light, Sanford.
South Seminole Optimist Club, 7:30 a.m., Ramada Inn, Altamonte Springs.
Sanford Civitan Club, 7:30 p.m., Spencer's Restaurant.
OES Seminars Chapter 2, 8 p.m., Sanford Masonic Temple.
Seminole Lions Club, 7 p.m., Quality Inn, I-4 and SR 434.
Casselberry Jaycees, 7:30 p.m., The Barony.
Sanford Seminole Jayceettes, 7:30 p.m., Jaycee building.
Longwood Area Sertoma, noon, Quality Inn, I-4 and SR 434.
Parents Anonymous (for troubled parents) Community United Methodist Church, Casselberry.

WEDNESDAY, JULY 7
Sanford Kiwanis, noon, Civic Center.
Casselberry Rotary Club, 7:30 a.m., The Caboose.
Sanford Sertomas Senior Citizens Dance, 2:30 p.m., Sanford Civic Center.
Cracker Barrel Tales for children, 10:30 a.m., Seminole South Library, Seminole Plaza, Casselberry.

THURSDAY, JULY 8
Sanford AA, 8 p.m., 1201 W. First St.
Lake Mary Rotary Club, 8 a.m., Mayfair Country Club.
Sertoma Club of Sanford, 12:15 p.m., Mayfair Country Club.
South Seminole Optimist Club, 7:30 a.m., Ramada Inn, Altamonte Springs.
Sanford Civitan Club, 7:30 p.m., Spencer's.
Sanford-Seminole Jaycees, 7:30 p.m., Jaycee Building.

FRIDAY, JULY 9
Seminole South Rotary Club, 7:50 a.m., Lord Chumley's, Altamonte Springs.
Seminole Sunrise, Kiwanis, 7 a.m., Buck's.
Foresters Square Dance Club, The Forest, 7:30 p.m. closed, 8 p.m., Rolling Hills, Moravian Church, SR 434, Longwood.
Tanglewood AA, closed, 8 p.m., St. Richard's Episcopal Church.
Democratic congressional candidates Sidney I. Vihlen Jr. and Don Reynolds, speakers, 8 p.m., Meeting of Aware Citizens and Taxpayers Inc. (ACT), Lynn High School auditorium.

SATURDAY, JULY 10
AA, Sanford Women's Group, 2 p.m., 1201 W. First St.
Casselberry AA, closed, 8 p.m., Ascension Lutheran Church.
MONDAY, JULY 12
Sanford AA, closed, 8 p.m., 1201 W. First St.
TOPS Chapter 79, 7 p.m. over Baptist Church, Crystal Lake and Country Club, Lake Mary.
Altamonte-South Seminole Jaycees, board meeting, 7:30 p.m., clubhouse, Spring Oaks and SR-138.



Salmon and toasted walnuts make base for high protein salad.

Walnut Salmon Salad A Treat

By ALLEEN CLAIRE
Herald Services

Those who want to cut down on their intake of meat can still eat healthily. An appetizing luncheon salad with high protein salmon and walnuts added to crisp salad greens can fill the bill. Toasted walnuts give a crunchy texture to the salad; a dash of dill pickle and a curry seasoned dressing add flavor. Toss salad gently and remove skin and bones and separate fish into large chunks. Gently combine chopped walnuts, salmon, celery, pickle, pimientos and parsley. Arrange salad on bed of crisp greens. Garnish with walnut halves and lemon wedges. Combine mayonnaise with curry and onion powders, salt and lemon juice. Serve with salad. Makes 4 servings. (Note: Salad may be dressed gently with the dressing, if desired, instead of being served separately.)

Fuel Facts And Fallacies

People once believed that the gods had hidden fire in trees and that was why one had to rub wood to produce fire.

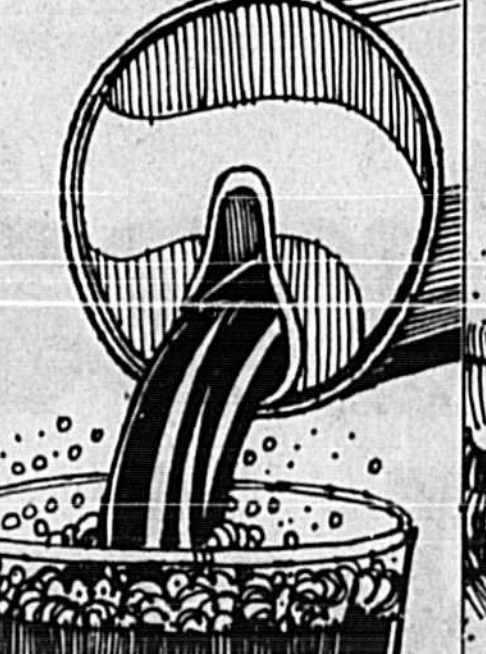
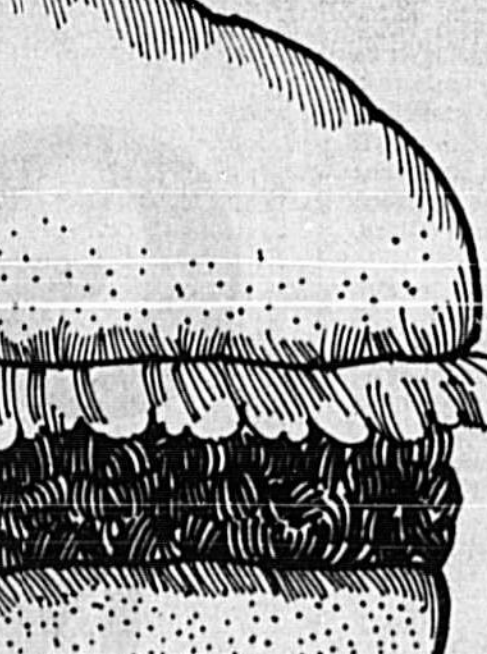
If construction and operation of nuclear power plants were restricted by unwarranted safety fears nationwide, it could mean families would be paying as much as \$230 a year extra for electric power.

The world's most powerful engine fuel is a combination of lithium fluoride and hydrogen and is used in rockets.



Hi Neighbor!

How about these savings?

SHASTA 10¢ REG. & DIET 12 OZ. CAN LIMIT 1 CASE		BUNS 29¢ FAIRWAY FARMS 8 PACK HAMBURGER & HOT DOG	
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WISE CHIPS 59¢ TWIN PACK		KRAFT MAYONNAISE 89¢ QT.	
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PARKAY MARGARINE \$.45 LB. VELVEETA CHEESE 1.89 2 LB. LOAF REYNOLDS FOIL .59 18 x 25 CAMPBELLS PORK & BEANS 16 OZ. .33 E-Z-DAY PLATES .99 9" - 50 COUNT DIXIE DIXIE CUPS 100 COUNT .99 NABISCO SNACK CRACKERS (ASST. FLAVORS) .69	PRODUCE WATERMELONS EA. 99¢ MANGOES 4/99¢ CARROTS POUND PKG. 2/49¢ FLORIDA TOMATOES POUND 39¢ MUSHROOMS POUND \$1.19 5 LBS. RUSSET POTATOES 79¢
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FOLGERS COFFEE \$1.49
ONE POUND CAN
FAIRWAY MARKET EXPIRE 7/7/76
WITH THIS COUPON

HORMEL 3# CANNED HAM \$5.99
500 EXTRA TOP VALUE STAMPS

200 EXTRA TOP VALUE STAMPS COCA-COLA
8-16 OZ. PLUS DEP

FAIRWAY MARKETS

3301 Edgewater Rd. • 5730 Lake Underhill Rd. • 2590 S. Orlando Ave., Sanford
4205 Curry Ford Rd. • 170 W. Fairbanks Ave. W.P. • 1801 N. Bermuda, Kissimmee
925 S. Orange Ave. • 114 S. Semoran Blvd. W.P. • 5471 S. Orange Ave., Pine Castle
5300 Silver Star Rd. • Hwy. 17-92, Maitland • STATE RD. 491 SEVERLY HILLS

Get up to **1200 EXTRA Top Value Stamps** in this ad.

500 EXTRA TOP VALUE STAMPS
WITH ANY \$10.00 PURCHASE OR MORE
(COUPON GOOD JULY 1 THROUGH JULY 7)

FAIRWAY MARKETS

GROUND BEEF 78¢ 3 LBS. OR MORE 75% LEAN	SIRLOIN STEAK \$1.68 ARMOUR • TESTENDER CENTER CUT	VERIBEST SPARERIBS \$1.38 ARMOUR • 3 LBS. & DOWN
--	---	---

TURKEYS ARMOUR GOLDEN STAR 68¢ ROTISSERIE SIZE 5-9 LBS.	COPELAND WEINERS 68¢ 12 OZ. PKG.	SMOKED HAMS 88¢ SHANK HALF LB. BUTT HALF OR WHOLE 98¢ LB.
---	--	--

MEAT VALUES CUBE STEAKS 3 LBS. OR MORE \$1.48 LB. STEW BEEF 3 LBS. OR MORE 1.28 LB. GROUND CHUCK 3 LBS. OR MORE .98 LB. CARDINAL BACON 1.28 LB. HILLSHIRE SAUSAGE (ALL VARIETIES) 1.38 LB. PORK ROAST BOSTON BUTT 1.18 LB. LYKES BOLOGNA (ALL VARIETIES) .98 LB. LYKES GRILL FRANKS 2 LB. PKG. 1.79 LYKES COOKED SALAMI .98 LB. BUY ONE — GET ONE FREE!! RATH LINK SAUSAGE 8 OZ. PKG. .98	COOKIN' GOOD FRYERS WHOLE FRYERS 48¢ LB. ECONO PAK FRYERS 43¢ LB. FAMILY PACK FRYER PARTS 88¢ LB. CUT UP OR SPLIT FRYERS 58¢ LB.	TESTENDER BEEF T-BONE STEAK \$1.98 LB. TOP ROUND STEAK BONELESS 1.88 LB. LONDON BROIL BONELESS 1.98 LB. CHUCK STEAK BLADE CUT .88 LB. CALIFORNIA ROAST UNDER BLOOD 1.28 LB. ROUND BONE SHOULDER ROAST 1.38 LB. BONELESS RUMP ROAST 1.48 LB.
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ENTER THE wkis 1,000,000 TOP VALUE STAMP GIVEAWAY

DELI ITEMS
POTATO SALAD .49 PT.
FRIED CHICKEN 8 PIECES BOXES — NOT TO GO \$1.99

TOP VALUE STAMPS

PRICES IN THIS AD EFFECTIVE THURS., JULY 1 THRU WED., JULY 7, 1976
ALL STORES* OPEN SUNDAY, JULY 4th, CLOSED MON., JULY 5 (*EXCEPT BEVERLY HILLS)

Good neighborly place to shop and save with Top Value Stamps!

Mushrooms Add Spice To Menu

Tempt Your Guests With Tapas

By AILEEN CLAIRE
Herald Services

Those who travel in Spain always return to comment on the mixed up dining hours they encounter. Even as the Spanish become more urbanized and take less time at noon for lunches at home followed by a siesta, the sophisticated hour for dinner is rarely before 10 p.m. More normally in Spain you'll find guests gathering for their aperitifs of sherry and tapas (hors d'oeuvres) at that hour and dining at midnight.

2 tablespoons butter or margarine
2 shallots, chopped
1 package (13 ounces) cream cheese
1 package (8 ounces) imported cream cheese with herbs and garlic
One-third cup dry bread crumbs
1 cup coarsely chopped pecans
2 tablespoons Fiano Sherry
Salt
Additional pecan halves

Season to taste with salt. Use mixture to stuff mushrooms. Decorate with pecan halves. These mushrooms can be eaten cold or then can be heated in a 400-degree oven for 10 to 15 minutes until golden brown. They also can be baked for 5 minutes or until cheese is melted. If broiled, garnish with pecan halves after broiling. Makes 18 stuffed mushrooms.

FILLETS A L'ORANGE
One-third cup olive oil
1 large onion, chopped
1 cup finely chopped celery
2 ripe tomatoes, cored and chopped
1 cup dry bread crumbs
1/2 cup Fiano Sherry
1 1/2 cups orange juice
1/4 cup flour mixed with remaining oil
6 fillet steaks

Remove stems from mushrooms. Wash caps and dry thoroughly. In a small skillet, heat butter and saute shallots until golden. Cook cream cheese in a bowl until fluffy. Stir in sauteed onions and their drippings. Stir in cream cheese with herbs and garlic, bread crumbs, pecans and sherry.

SPICY STUFFED MUSHROOMS
18 medium size mushrooms

Have A 'Pop And Go' Time In Summer, 1976

Summer is a comin' in. And Americans are more than willing to go out and meet it half way.

This year the sound of the traveler is heard in the land: "We're going to go someplace, anyplace. Vacation, weekend, just-for-the-day-jant or get-out-of-the-house evening. We're going."

The economy however, will meet us there. Whatever its state—deflated, deflated, leveling or lurching, there just doesn't seem to be the same kind of dollars for travel and entertainment.

We must, at all costs, avoid those little extras that eat sizable holes in the travel budget. It's the coffee-break that can absorb half the budget for her, pie-alamode for him, a milkshake for this one, and one-of-each on the menu for the teen person that can absorb plans and dent our budgets.

It's the out-for-the-evening entertainment where the concessions cost "just a little" admission. It's the day at the beach where you can get burned by more than the sun. It's the accumulated costs of ice cream goodies purchased from the ice cream truck salesman that can see to it we never leave our back yards.

It's vacation time and vacation land and they can literally get you coming, going and staying.

But happily some of this can be by-passed, if we go prepared. Toward this end we can get more than a little help from a faithful and favorite friend from the home and hearth.

Pop corn! That popular and practical at-home snack can and should prove a jolly travel companion.

In fact, the producers of Jolly Time Pop Corn suggest you make this a Pop and Go 'Pop Luck' Recipes Exchange.

You are invited to a "pop luck" recipe exchange party! Noting the increased interest in the use of pop corn in a variety of recipes and serving suggestions, Wrote Smith of Jolly Time Pop Corn would like to hear more about the ways in which pop corn is served.

"We would like to hear about favorite ways of making pop corn, favorite ingredients mixed with it, and special serving ideas," says Smith. In exchange for this information Jolly Time will reciprocate with its collection of "Recipes for Pop Corn Lovers."

Summer. Just pop it, pack it and when travel hunger pangs hit, snack it.

In order to do more sight-seeing and less restaurant stopping, a good idea is to plan a nutrition break at points of interest along your travel route.

Along with the pop corn, pack fresh fruit, cheeses and fruit juices for munching while moments or occasions arise. The same combination is right for any road side picnic or for packing up for a day out with the Scott pack or Little League.

For traveling or toting to local games and theater, you can pop pop corn plain or combine it with any number of flavorings, seasonings and nutritional combinations of other munchables: nuts, dried fruits, cereals, seeds, cheeses.

Try the recipes in our Pop Furri column or you may want to simply add melted butter at home or pour it in a thermos to be drizzled over—the home

concessions "cut" your diet admission. It's the day at the beach where you can get burned by more than the sun. It's the accumulated costs of ice cream goodies purchased from the ice cream truck salesman that can see to it we never leave our back yards.

It's vacation time and vacation land and they can literally get you coming, going and staying.

But happily some of this can be by-passed, if we go prepared. Toward this end we can get more than a little help from a faithful and favorite friend from the home and hearth.

Pop corn! That popular and practical at-home snack can and should prove a jolly travel companion.

In fact, the producers of Jolly Time Pop Corn suggest you make this a Pop and Go 'Pop Luck' Recipes Exchange.

You are invited to a "pop luck" recipe exchange party! Noting the increased interest in the use of pop corn in a variety of recipes and serving suggestions, Wrote Smith of Jolly Time Pop Corn would like to hear more about the ways in which pop corn is served.

popcorn pop corn on the road or at the drive-in.

Extra convenient for these occasions is Jolly Time's instant buttery pop corn seasoning now available.

You can add a bit of spice to your beach or boating activities by making a buttery sauce laced with fresh or dried spices or herbs or the convenience of a packaged dry sauce mix.

Traditional caramelized pop corn recipes can be updated by substituting any number of bottled fruit or liqueur flavorings now available in the spice section of local supermarkets.

To keep children interested you can pack individual pop corn snacks in bags marked by times or destinations where they can be eaten. Include wrapped prizes for good behavior.

To obtain more free pop corn recipes write Jolly Time Pop Corn, Sioux City, Iowa 51102. Include name of this paper.

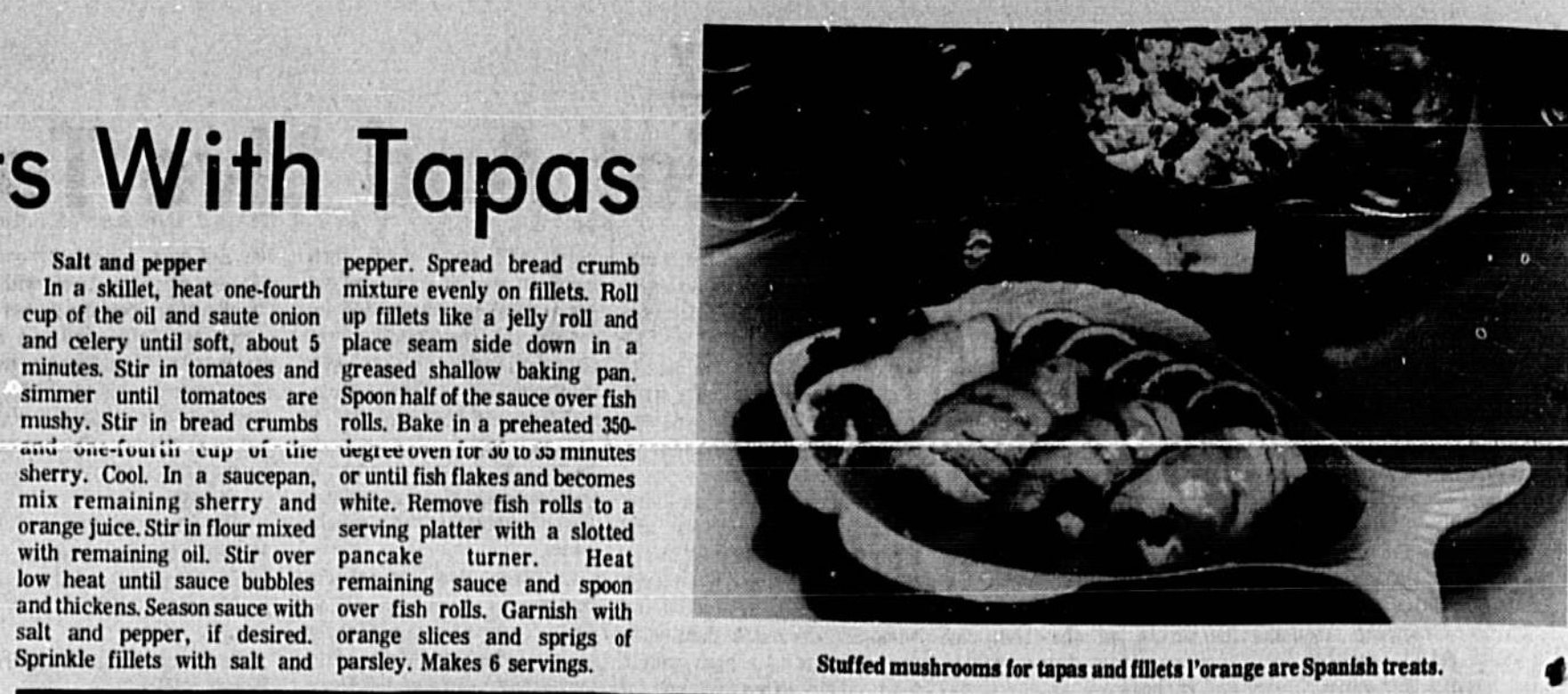
10% OFF ALL PURCHASES YOU ARE INVITED TO SUPER DOLLAR SANFORD

FAMILY DAY CUSTOMER APPRECIATION SALE SATURDAY, JULY 3RD ALL DAY LONG

Come see our complete selections of new Spring and Summer lines. Visit all departments while selections are still complete. See our smart clothing, shoes, socks, toilet goods, and household items. Shop the entire store.

Bring the family—Shop at leisure ALL DAY SATURDAY, JULY 3RD

Sanford's newest residential neighborhood New 2-3 & 4 Bedroom Homes FROM \$25,000



Stuffed mushrooms for tapas and fillets 'orange' are Spanish treats.

SUPER X

drug stores

SATISFACTION GUARANTEED OPEN JULY 4th!

SALE ENDS SAT., JULY 3

DID YOU SEE OUR... 8-PAGE SUPPLEMENT IN YOUR SUNDAY PAPER?

SAVING GOOD THRU SAT., JULY 3, 1976

SAFEGUARD YOUR HEALTH & BUDGET WITH... SUPERX DISCOUNT PRESCRIPTION PRICES!

VIVA PAPER NAPKINS

2 FOR **76¢**

LIMIT 2

CHARCOAL BRIQUETS

10 LB. BAG

99¢

QUAKERSTATE MOTOR OIL HD30

2 FOR **88¢**

LIMIT 6

ICE CREAM BORDEN ROUND HALF GALLON

99¢

LIMIT 2

17¢ 76¢ SUPER SALE GET READY FOR THE 4TH OF JULY

<p>WYLER'S DRINK MIXES</p> <p>3-oz. each</p> <p>17¢</p> <p>Reg. 25¢ ea.</p>	<p>MR. COFFEE FILTERS</p> <p>BOX OF 100</p> <p>76¢</p>	<p>DIAL SOAP</p> <p>LIMIT 4</p> <p>17¢</p>	<p>24" FOLDING PICNIC GRILL</p> <p>Reg. 9.98</p> <p>77¢</p>
<p>GLEEM II TOOTHPASTE</p> <p>7-oz.</p> <p>76¢</p> <p>LIMIT 1</p>	<p>KEEBLER ANIMAL CRACKERS</p> <p>2-oz.</p> <p>17¢</p> <p>Reg. 25¢</p>	<p>PLANTERS DRY ROASTED PEANUTS</p> <p>12-oz.</p> <p>76¢</p> <p>LIMIT 1, Reg. 99¢</p>	<p>5-POSITION LOUNGER</p> <p>Steel tubing in 3 color combos.</p> <p>999</p> <p>Reg. 12.98</p>
<p>SCOTCH CELLOPHANE TAPE</p> <p>1/2" x 800"</p> <p>17¢</p> <p>Reg. 47¢</p>	<p>VACUUM CLEANER BAGS</p> <p>2-oz.</p> <p>76¢</p> <p>Reg. 74¢ ea.</p>	<p>9-VOLT TRANSISTOR BATTERY</p> <p>17¢</p> <p>Reg. 37¢</p>	<p>BRENTWOOD 20" BREEZE BOX FAN</p> <p>3-speeds for cool comfort!</p> <p>1476</p> <p>Reg. 17.99</p>
<p>PLAYTEX DISPOSABLE BOTTLES</p> <p>Box of 50</p> <p>76¢</p> <p>Reg. 1.19</p>	<p>BRACH'S BAGGED CANDIES</p> <p>17¢</p> <p>Reg. 25¢</p>	<p>BIC DISPOSABLE BUTANE LIGHTER</p> <p>76¢</p> <p>Reg. 1.43</p>	<p>30-QT. FOAM FUN COOLER</p> <p>Keeps food hot or cold for picnics!</p> <p>199</p> <p>Reg. 1.57</p>
<p>SHEER KNEE HI'S</p> <p>One size fits all.</p> <p>17¢</p> <p>LIMIT 1</p>	<p>PISTOL GRIP HOSE NOZZLE</p> <p>Locks in any spray position.</p> <p>76¢</p> <p>Reg. 90¢</p>	<p>UNBREAKABLE COMBS</p> <p>Family pack of 5.</p> <p>17¢</p> <p>Reg. 33¢</p>	<p>RUBBER ZORI SANDALS</p> <p>Adult and children's sizes.</p> <p>39¢</p> <p>Reg. 49¢ to 69¢ pr.</p>

WET ONES

MOIST TOWELETTES

88¢

Pop up Dispenser of 79

NICE'N EASY

CLAIROL

148

LIMIT 1

BUFFERIN

100 TABLETS

88¢

HERBAL ESSENCE

SHAMPOO

97¢

12 oz.

DI-GEL

LIQUID

139

1.5 OZ.

SURE

ROLL-ON DEODORANT

76¢

PLANTERS POTATO CHIPS

TWIN PACK

76¢

KODACOLOR II

COLOR FILM

158

118 or 134 20 Exposures

DRY ROAST PEANUTS

14 OZ. BAG

99¢

SUPER X ALCOHOL

70 PCT. ISOPROPYL

19¢

LIMIT 1

PRICES GOOD IN THESE COUNTIES ONLY... ORANGE, SEMINOLE, OSCEOLA, LAKE, CITRUS, BREVARD, COLLIER, AND VOLUSIA

USDA GRADE 'A' FRESH FROZEN **FRYER QUARTERS**

59¢

W-D Brand USDA Choice Beef Boneless Delmonico Steaks \$2.29

USDA GRADE 'A' FRESH FROZEN **GROUND BEEF**

69¢

3 & 10 LB. PKG.

Borden's Individually Wrapped Sliced Singles \$1.99

W-D BRAND USDA CHOICE BEEF **SIRLOIN STEAK**

\$1.89

Beef Loin T-Bone Steak . . . \$1.99

W-D BRAND USDA CHOICE BEEF **FOREQUARTER**

79¢

160 - 180-LB. AVG.

CUSTOM CUT INTO: Delmonico steaks, rib steaks, chuck steaks, rib roast, chuck roast, short ribs, stew meat, plate stew, brisket, ground chuck, bones and fat. Cut and wrapped free.

W-D BRAND U.S. CHOICE FEDERALLY INSPECTED HEAVY WESTERN AGED BEEF

FOR BARBECUE **BEEF SPARERIBS**

69¢

W-D Brand Choice Beef Western Corn Fed Pork Loin Split for Country Style Spareribs \$1.29

USDA GRADE 'A' FRESH FROZEN **WHOLE FRYERS**

49¢

From Delmonico, Thickset Breasts w/Ribs . . . 99¢

W-D BRAND USDA CHOICE BONELESS ROUND **SIRLOIN TIP STEAK**

\$1.29

Beef Loin, Bone-In, New York Strip Steak \$2.29

MONARK BONELESS **CANNED HAM**

3

1 LB. CAN

\$4.99

Turkey Wings . . . 39¢

U.S. CHOICE FRESH WHOLE OR BONE-IN **LEG OF LAMB**

\$2.39

1 LB.

U.S. Choice Lamb Shoulder . . . \$1.79 U.S. Choice Lamb Shanks 99¢

W-D Brand **Grill Franks** . . . 2-lb. PKG. **\$1.99**

W-D Brand Cooked Picnic or Cooked Ham . . . 12-oz. PKG. **\$1.99**

W-D Brand Cooked Picnic or Cooked Ham . . . 1-lb. PKG. **\$2.59**

W-D Brand All Beef, Reg. or Thick Sliced Bologna 1-lb. PKG. **99¢**

W-D Brand Reg. All-Beef or Dinner Franks 1-lb. PKG. **99¢**

Clear Mayer Regular or All Beef **Variety Pack** . . . 12-oz. PKG. **\$1.69**

Boh's Breakfast BUY ONE AND GET ONE FREE **Link Sausage** . . . 8-oz. PKG. **\$1.19**

Boh's BUY ONE AND GET ONE FREE **Br'nshweiger** . . . 8-oz. ROLL **89¢**

Tolmie's Farm Chicken Franks or Chicken Sausage AND GET ONE FREE **Bologna** 12-oz. PKG. **89¢**

Flumoxe **Boiled Ham** . . . 4-oz. PKG. **\$1.09**

W-D Brand Reg. or All Beef **Franks** 12-oz. PKG. **79¢**

Clear Mayer Regular or All Beef **Franks** 8-oz. PKG. **\$1.49**

W-D Brand Reg. All-Beef Bologna or Sliced **Souse** 12-oz. PKG. **79¢**

W-D Brand **Chopped Ham** . . . 1-lb. PKG. **\$1.99**

W-D Brand Spiced Luncheon or **Salami** 1-lb. PKG. **\$1.59**

W-D BRAND USDA CHOICE BEEF **CHUCK ROAST**

99¢

1 LB.

Cube Steak \$1.99

W-D BRAND USDA CHOICE BONELESS **CHUCK ROAST**

89¢

1 LB.

Boneless Beef Stew Meat . . . \$1.99

WESTERN CORN FED FULL 1/4 LOIN SPORED INTO **PORK CHOPS**

\$1.39

1 LB.

W-D Brand Corned Beef Brisket \$1.49

W-D BRAND USDA CHOICE BEEF **FAMILY PACK BONELESS CHUCK ROAST**

15 \$1.76

1 LB. PKG.

Includes One Hindquarter and One Forequarter, 200 to 250 lb. Average (Cut & Wrapped Free)

Side of Beef 89¢

Mario De Luxe **Pep'rioni Pizza** . . . 20-oz. PKG. **\$1.69**

Berry Ann's Potato Salad, Macaroni Salad, or **Cole Slaw** 59¢

Hilshing Farms Smoked Sausage or Polish **Sausage** \$1.69

Capehart **Franks** 12-oz. PKG. **79¢**

Sunnyland Fresh Breakfast **Link Sausage** . . . 20-oz. PKG. **\$1.89**

Sliced Sweet **Sliced Bacon** . . . 1-lb. PKG. **\$1.39**

Hickory Smoked **Sliced Bacon** . . . 2-lb. PKG. **\$2.75**

Turkey **Fish Fillet** . . . 99¢

Superbrand Reg. or Sp. Fat Low Fat **Cottage Cheese** . . . 1-lb. CUP. **65¢**

Superbrand Reg. or Sp. Fat Low Fat **Cottage Cheese** . . . 2-lb. CUP. **\$1.19**

(8-oz. Can) Crackin' Good Sweetmilk or Buttermilk **Biscuits** . . . 6 10 CT. CANS **79¢**

8 Steaks, 8-oz. Each, Bone In Loin, New York **Strip Steaks** . . . PKG. **\$9.49**

8 Steaks, 8-oz. Each, Boneless Beef Steaks **Delmonicos** . . . PKG. **\$9.49**

Skinner's Dressed and Sliced **Calf Liver** \$1.39

Barnhart Quick Frozen **Duck** 1 LB. **89¢**

W-D BRAND USDA CHOICE BEEF **FAMILY PACK BONELESS BOTTOM ROUND**

15 \$1.96

1 LB. PKG.

5-LB. BONELESS BEEF BOTTOM ROUND STEAK
5-LB. BONELESS BEEF BOTTOM ROUND STEAK CURED
5-LB. BONELESS BEEF BOTTOM ROUND ROAST

PALMETTO FARMS **CHEESE SPREAD**

89¢

1-LB. CUP

Hornell Boneless **Cure 81 Hams** . . . \$2.89

SUPERBRAND ALL FLAVORS **FRUIT YOGURT**

5 \$1

8-oz. CUPS

Breakstone French Onion or Cake and **Onion Dip** 1/2 CUP **59¢**

SUPERBRAND **SOUR CREAM**

59¢

PINT CUP

Rillsbury (4.5-oz. Con) **Biscuits** 2 6 CT. CANS **29¢**

W-D BRAND USDA CHOICE BEEF **HINDQUARTER**

99¢

1 LB. PKG.

CUSTOM CUT INTO: Round steak or roast, top and bottom sirloin tip steak or roast, rump roast or steak, cube steaks, boneless stew meat, ground beef, pot roast, brisket, short ribs, New York Strip, tenderloin steak, bones and fat. Cut and wrapped free.

Beef Loin, Bone-In, Whole & in Cryovac, 20 - 22 lb. Avg. **NEW YORK STRIP** \$1.79

Beef Loin, Boneless, Whole & in Cryovac, 16 - 22 lb. Avg. **NEW YORK STRIP** \$2.69

Boneless Beef Loin, Whole & in Cryovac, 5 - 7 lb. Avg. **TENDERLOIN** \$2.39

Boneless Beef Round, Whole & in Cryovac, 18 - 22 lb. Avg. **BOTTOM ROUND** \$1.19

Boneless Beef, Whole or Half, 20 - 22 lb. Avg. **HEART OF THE CHUCK** 89¢

Boneless Beef, Whole or Half in Cryovac, 10 - 12 lb. Avg. **DELMONICOS** \$2.39

From THE BEEF PEOPLE

WINN DIXIE



OLD MILWAUKEE BEER
Limit two 6-pk. w/\$5.00 or more purchase excl. cig.
6 99c
12-oz. CANS

CRACKIN' GOOD POTATO CHIPS
REGULAR OR WAVE
2 \$1
8-oz. PKGS.

CHEK DRINKS
ALL FLAVORS
Limit 1 case of 24 w/\$5.00 or more purchase excluding cig.
CASE OF 24
\$2 39
12-oz. CANS

CRACKIN' GOOD GEORGIA CRACKERS
10 \$1
12-oz. CANS

PRICES GOOD JULY 1-3

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WE ACCEPT FOOD STAMP COUPONS

THRIFTY MAID SUPERBRAND SHERBET OR ICE CREAM
HALF GAL.
79c
Ice Milk 79c

THRIFTY MAID SUPERBRAND ICE CREAM BARS OR SANDWICHES
12-PK. PKG.
99c

ASTOR FROZEN GRAPEFRUIT OR ORANGE JUICE
6 PACK 6-oz. CANS
\$1 29
(THREE 12-oz. CANS \$1.29)

LIBBY'S REGULAR OR PINK LEMONADE
6 PACK 6-oz. CANS
99c

MORTON ALL VARIETIES CREAM PIES
16-oz. PIE
69c

FROZEN FRENCH FRY POTATOES
5 LB. BAG
\$1 49

THRIFTY MAID SUPERBRAND WHIPPED TOPPING
9-oz. CUPS
\$1 00

ASTOR BROCCOLI SPEARS OR CAULIFLOWER
3 10-oz. PKGS.
\$1 00

ALL VARIETIES EXCEPT HAM MORTON DINNERS
11-oz. PKGS.
99c

THRIFTY MAID ARROW PAPER NAPKINS
180-CT. PKGS.
2 \$1
Mustard 33c

KRAFT BARBECUE SAUCE
18-oz. BTL.
2 \$1

DEL MONTE CATSUP
38-oz. BTL.
89c
Deep South Hamburger Dills 99c

BEECHNUT GUM
10-CT. PKG.
79c
Sunwest Prune Juice 85c
Nescafe 269

50% OFF LABEL HEAVY DUTY LIQUID ERA DETERGENT
128-oz. BTL.
\$4 33

PLANTERS DRY ROASTED PEANUTS
12-oz. JAR 99c
Planters Cocktail Peanuts 99c
General Mills Bugles 67c
Regular Sugar Hawaiian Punch 57c
Crisco Oil 969

LILOC LIQUID DETERGENT
32-oz. BTL.
2 \$1
Detergent 129

DEEP SOUTH SMOOTH OR CRUNCHY PEANUT BUTTER
28-oz. JAR
\$1 19
Tropical Apple Jelly 99c

THRIFTY MAID ELBOW MACARONI
16-oz. BOXES
3 \$1
Royal Italian Cooking Sauce 99c

CRISCO OIL
GAL. JUG
\$4 39
Funny Face 159
Funny Face 39c
Van Camp's Vienna Sausage 3 50c
Beards Potato Potato Salad 59c

BOUNCE FABRIC SOFTENER
20-CT. PKG.
89c

NESTLE INSTANT TEA
3-oz. JAR
\$1 49

THRIFTY MAID SLICED OR WHOLE WHITE POTATOES
16-oz. CANS
4 \$1
Thriftly Maid Sliced Carrots 5 99c

CAMPBELL'S PORK & BEANS
16-oz. CANS
4 \$1
Van Camp's Vienna Sausage 3 50c

THRIFTY MAID MIXED VEGETABLES
16-oz. CANS
4 \$1
Thriftly Maid Blackeye Peas 4 99c

PRICES GOOD IN THESE COUNTIES ONLY... ORANGE, SEMINOLE, OSCEOLA, LAKE, CITRUS, BREVARD, COLLIER, AND VOLUSIA

ASTOR SHORTENING
Limit 1 with \$5.00 or more purchase excluding cig.
3 89c
1-LB. CAN
Jilly Corn Muffin Mix 88c

SPARKY CHARCOAL
Limit 1 with \$5.00 or more purchase excluding cig.
20 99c
1-LB. BAG
Croskin' Good Saltines 2 99c

ALL GRINDS ASTOR COFFEE
Limit 1 with \$5.00 or more purchase excluding cig.
\$1 29
1-LB. CAN

KRAFT MAYONNAISE
QUART JAR
79c
Deep South Sweet Relish 79c

DIXIE HOME TEA BAGS
100-CT. PKG.
99c
Reelmon Lemon Juice 79c

THRIFTY MAID SLICED PEACHES
29-oz. CANS
2 \$1

YOUR CHOICE MILKY WAY, M. & M.S., MARATHON, SNIK SNAK or 3-MUSKETEERS
6-PK. PKG.
59c

10% OFF LABEL SPIC AND SPAN
54-oz. BOX
\$1 45

YOUR CHOICE ALMOND JOY, MOUNDS, BABY RUTH or BUTTERFINGERS
6-PK. PKG.
59c

DIXIE DARLING LARGE LOAF FAMILY BREAD
20-oz. LVS.
4 \$1
Croskin' Good Bag Cookies 79c

DIXIE DARLING HAMBURGER OR WIENER BUNS
11-oz. PKGS.
3 88c
Croskin' Good Old Fashioned Cookies 88c

QUARTERS SUPERBRAND MARGARINE
1-LB. PKGS.
4 \$1
Kraft Grapefruit or Orange Juice 99c

Baked Beans 69c
Glad Wrap 79c
Glad (25-Ct. Food Storage Bags) or Sandwich Sandwich Bags 53c
Hampers Daytime Diapers 235
Snyder's Cremora 165

BAGGIES SANDWICH BAGS
80-CT. PKG.
53c

Eagle Brand Milk 73c
Carnation Apple Pie Filling 69c
Libby's Corned Beef 99c
Carnation Lemon Pie Filling 67c
Supper Chip A Roos 99c

STOKELY CUT GREEN BEANS OR SHELLIE BEANS
16-oz. CANS
4 \$1
Stokely French Style Green Beans 4 99c

DEL MONTE Cream Style CORN
16-oz. CANS
4 \$1
Thriftly Maid Pinto Beans 4 99c

THRIFTY MAID GARDEN PEAS
16-oz. CANS
4 \$1
Deep South Grape Jelly or Grape Jam 59c

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NEW STORE HOURS
MONDAY - SATURDAY
9 a.m. - 9 p.m.
SUNDAY
9 a.m. - 7 p.m.

THE FOLLOWING STORES NOW CLOSED SUNDAY
419 E. FIRST ST. - SANFORD 1810 EDGEWATER DR. - ORLANDO
3991 DELANEY ST. - ORLANDO GOLDEN TRIANGLE SHOPPING CENTER
111 SOUTH ROSLINDALE - ORLANDO MT. DORA

HARVEST FRESH PRODUCE

U. S. No. 1 WHITE POTATOES
10 LB. BAG
99c

HARVEST FRESH WHITE SEEDLESS GRAPES
LB.
69c

HARVEST FRESH PEACHES
4 LBS.
\$1

HARVEST FRESH SANTA ROSA PLUMS
LB.
59c

HARVEST FRESH NECTARINES
LB.
59c

U. S. No. 1 YELLOW ONIONS
3 LB. BAG
59c

HARVEST FRESH STRAWBERRIES
3 PINTS
\$1 59

HARVEST FRESH LETTUCE ROMAINE
LB.
29c

HARVEST FRESH ZELLWOOD YELLOW CORN
10 EARS
99c

HARVEST FRESH CABBAGE
LB.
10c

HARVEST FRESH IDAHO POTATOES
10 LB. BAG
\$1 59

THE BEEF PEOPLE!
We've put fine foods on America's tables for over 50 years.

WINN-DIXIE Celebrates America!

FRENCH AVE. & 25th ST. SANFORD 419 E. FIRST ST.

HISTORICAL FLAG COLLECTION
YOUR HERITAGE IS WORTH KNOWING ABOUT... AND TELLING YOUR CHILDREN ABOUT...

Get the Spirit of '76... The Spirit of '76 comes alive at all Winn-Dixie stores. For the first time Winn-Dixie is presenting an original collection of miniature flags from our American Heritage. Flags with such great historical significance as the Green Mountain Boys, the Betsy Ross, the Star Spangled Banner, the Union, the Bennington Flag, and many more. Each has its own story of how it represents a part of our history.

48 FLAGS ON SALE HERE THRU JULY 4th.

HANDSOME PLASTIC CAROUSEL FLAG STAND ONLY \$2 99

4"x6" FABRIC MINIATURE FLAGS 3 FOR \$1 00

WINN-DIXIE Celebrates America!

GET UP TO A MAXIMUM OF

OUR BONUS TO YOU 600 EXTRA Green Stamps

WHEN YOU CLIP AND REDEEM THESE BONUS COUPONS

COUPON 1

Publix **100 EXTRA GREEN STAMPS**

on purchases totaling \$5.00 to \$9.99 excluding all tobacco products

This coupon may also be used in combination with other S & H Green Stamp Coupons in this ad with larger purchases

(Expires Wed., July 7, 1976)

COUPON 2

Publix **200 EXTRA GREEN STAMPS**

on purchases totaling \$10.00 to \$14.99 excluding all tobacco products

This coupon may also be used in combination with other S & H Green Stamp Coupons in this ad with larger purchases

(Expires Wed., July 7, 1976)

COUPON 3

Publix **300 EXTRA GREEN STAMPS**

on purchases totaling \$15.00 to \$19.99 excluding all tobacco products

This coupon may also be used in combination with other S & H Green Stamp Coupons in this ad with larger purchases

(Expires Wed., July 7, 1976)

COUPONS 1 & 2 ARE WORTH
300 STAMPS ON A PURCHASE
OF \$15 THROUGH \$19.99

COUPONS 1 & 3 ARE WORTH
400 STAMPS ON A PURCHASE
OF \$20 THROUGH \$24.99

COUPONS 2 & 3 ARE WORTH
500 STAMPS ON A PURCHASE
OF \$25 THROUGH \$29.99

COUPONS 1, 2 & 3 ARE WORTH
600 STAMPS ON A PURCHASE
OF \$30 OR MORE

PLUS AN ADDITIONAL 2350 STAMPS WITH COUPONS BELOW.....

WHEN YOU CLIP AND REDEEM THESE COUPONS

<p>100 EXTRA Green Stamps</p> <p>Country Time Lemonade 33-oz. size (Expires Wed., July 7, 1976)</p>	<p>100 EXTRA Green Stamps</p> <p>Borden's Cremora 22-oz. jar (Expires Wed., July 7, 1976)</p>	<p>100 EXTRA Green Stamps</p> <p>Baggies Plastic Bags 75-ct. pkg. (Expires Wed., July 7, 1976)</p>
<p>100 EXTRA Green Stamps</p> <p>Stayfree Maxi Pads 30-ct. pkg. (Expires Wed., July 7, 1976)</p>	<p>100 EXTRA Green Stamps</p> <p>Kraft Marshmallow Creme 7-oz. pkg. (Expires Wed., July 7, 1976)</p>	<p>100 EXTRA Green Stamps</p> <p>Blue Flush T-Bowl Cleaner each (Expires Wed., July 7, 1976)</p>
<p>50 EXTRA Green Stamps</p> <p>Real Kill Florida Formula 15-oz. size (Expires Wed., July 7, 1976)</p>	<p>50 EXTRA Green Stamps</p> <p>TNT Roach & Ant Bomb 18-oz. can (Expires Wed., July 7, 1976)</p>	<p>50 EXTRA Green Stamps</p> <p>Assorted Scents Renzuli Solid Super reg. size (Expires Wed., July 7, 1976)</p>
<p>50 EXTRA Green Stamps</p> <p>Mr. Muscle Oven Cleaner 8-oz. size (Expires Wed., July 7, 1976)</p>	<p>50 EXTRA Green Stamps</p> <p>Saran Wrap 50-ft. roll (Expires Wed., July 7, 1976)</p>	<p>50 EXTRA Green Stamps</p> <p>Modess Super 12-ct. pkg. (Expires Wed., July 7, 1976)</p>
<p>50 EXTRA Green Stamps</p> <p>Easy Day 10 1/2-Inch Plates 25-ct. pkg. (Expires Wed., July 7, 1976)</p>	<p>50 EXTRA Green Stamps</p> <p>Country Time Lemonade 13-oz. size (Expires Wed., July 7, 1976)</p>	<p>50 EXTRA Green Stamps</p> <p>Charcoal Plus 6-lb. bag (Expires Wed., July 7, 1976)</p>
<p>50 EXTRA Green Stamps</p> <p>Morton's Frozen Honey Buns 9-oz. pkg. (Expires Wed., July 7, 1976)</p>	<p>50 EXTRA Green Stamps</p> <p>Morton's Frozen Macaroni & Cheese 20-oz. pkg. (Expires Wed., July 7, 1976)</p>	<p>100 EXTRA Green Stamps</p> <p>Stouffer's Frozen Green Pepper Steak with Rice 10 1/2-oz. pkg. (Expires Wed., July 7, 1976)</p>
<p>100 EXTRA Green Stamps</p> <p>Bridgford Frozen Bread Dough pkg. of 3 (Expires Wed., July 7, 1976)</p>	<p>100 EXTRA Green Stamps</p> <p>30c Off Label Right Guard Deodorant 13-oz. can (Expires Wed., July 7, 1976)</p>	<p>50 EXTRA Green Stamps</p> <p>Gillette Trac II pkg. of 5 (Expires Wed., July 7, 1976)</p>
<p>50 EXTRA Green Stamps</p> <p>Kraft's Miracle Whip Margarine 1-lb. bowl (Expires Wed., July 7, 1976)</p>	<p>50 EXTRA Green Stamps</p> <p>Weight Watchers Twin-Pack Diet Margarina 1-lb. bowl (Expires Wed., July 7, 1976)</p>	<p>50 EXTRA Green Stamps</p> <p>Sunny Delight Florida Citrus Punch half gallon (Expires Wed., July 7, 1976)</p>
<p>50 EXTRA Green Stamps</p> <p>Tip Top Concord Grape Punch 6/8-oz. cans (Expires Wed., July 7, 1976)</p>	<p>Publix where shopping is a pleasure</p>	

<p>MRS. SMITH'S DELICIOUS FROZEN Apple Pie 26-oz. pkg. 76¢ SAVE 23c</p>	<p>SEALTEST ICE MILK Light 'N Lively half gal. 99¢ SAVE 30c</p>	<p>FROZEN DEVIL'S FUDGE YELLOW OR SPICE Stouffer's Cup Cakes reg. pkg. 76¢ SAVE 23c</p>	<p>MAKE A SANDWICH OR CASSEOLE DEL MONTE Chunk Style Tuna 6-oz. can 39¢ LIMIT 6 PLEASE</p>	<p>SAVE 10¢ WITH COUPON BELOW Folger's Coffee 1-lb. can \$1.39 1.49 WITHOUT COUPON SAVE 10c</p>
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The Biggest Birthday Party of the Century.

MAKE IT A PUBLIX PATIO PARTY.

SHOP FOR THE 4TH OF JULY WEEKEND. PUBLIX WILL BE CLOSED SUN., JULY 4 AND MON., JULY 5, 1976

Coke-Sprite 8 99¢

Tab-Mr. Pibb 1/2 gal. \$3.99

Wine 1/2 gal. \$3.99

Perfect Picnic Pickups

Make a Chip Dip with Onion Soup Mix, Lay's Tuna-Potato Chips, Regular Price 73c. Nabisco Assorted Snack Crackers, Regular Price 67c. Keebler Zesta Saltines, Keebler Cheese Flavored Chedo's Crackers, SAVE 16c Assorted Flavors, Hi-C Fruit Drink

Little Rotisserie Turkey 59¢

ARMOUR GOLDEN STAR BUILT AND BASTED GOV. T. INSPECTED SHIPPED QUICK-FROZEN EVISC USDA GRADE A (5 TO 9-LB. AVG.)

Publix The Place for Beef

SWIFT'S PREMIUM PROTEIN GOVERNMENT INSPECTED HEAVY WESTERN BEEF SALE THE BEEF THAT NEEDS LESS COOKING TIME

Swift's Premium Pro-Ten Beef Loin Sirloin Steak \$1.19

Swift's Premium Pro-Ten Beef Round Top Round Steak \$1.19

Swift's Premium Pro-Ten Small End Key Club Steak \$1.19

Swift's Premium Pro-Ten Beef Chuck Blade Steak \$1.19

Swift's Premium Pro-Ten Beef Chuck Blade Roast \$1.19

Swift's Premium Pro-Ten Beef Imperial Oven Roast \$1.19

Swift's Premium Pro-Ten Beef Chuck Shoulder Roast \$1.19

Swift's Premium Pro-Ten Beef Short Ribs \$1.19

With Hydrated Vegetable Protein Ground Beef with H.V.P. \$1.19

Charcoal Briquets \$1.59

20-lb. size

Pix Soft Drinks 10¢

12-oz. can

Hellmann's Mayonnaise 79¢

quart jar

Cantaloupes 2 for \$2.89

RIPE SWEET WESTERN LARGE 36 SIZE

Sparky's Charcoal Briquets \$1.59

20-lb. size

Publix the place for produce.

Flavorful and Juicy, California Nectarine \$1.39

Tropical Taste Treat Golden Bananas 2 for 35¢

It's Bacon-Lettuce-Tomato Time! Made with Crisp Large 24 size Iceberg Lettuce 3 large \$1

For Sandwiches or Salads Tasty Tomatoes \$1.35

Perfect for Potato Salad, U.S. #1 Red Potatoes 5 lbs. 49¢

Delicately Different, Tasty Fresh Zucchini Squash \$1.25

Fresh Tender Crisp Green Beans \$1.35

Publix the place for produce.

Flavorful and Juicy, California Nectarine \$1.39

Tropical Taste Treat Golden Bananas 2 for 35¢

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Perfect for Potato Salad, U.S. #1 Red Potatoes 5 lbs. 49¢

Delicately Different, Tasty Fresh Zucchini Squash \$1.25

Fresh Tender Crisp Green Beans \$1.35

Crisco Shortening 99¢

3-lb. can

Publix

THIS AD GOOD AT THESE LOCATIONS ONLY.

SANFORD PLAZA—SANFORD
LONGWOOD VILLAGE CTR.—LONGWOOD
SEMINOLE PLAZA—CASSELBERRY

Canned Hams \$4.99

3-lb. can

English Muffins 3 for \$1

12-oz. pkg.

Scope Mouthwash 99¢

18-oz. bottle

Paper Towels 39¢

large roll

Large Eggs 69¢

doz.

Santa Rosa Plums 20 for \$1

1/2 doz.

- Swift's Premium or Lazy Maple Sliced Bacon \$1.19
- Regular or Beef Style (Steam in Sauce) 15¢
- Copeland Franks \$1.65
- Swift's Premium Patties, Boneless Ham in The Round \$1.19
- Regular or Beef Oscar Mayer Sliced Variety Pak \$1.19
- Regular, Beef or Dinner Style Swift's Franks \$1.19
- Swift's Premium Sliced (Pepperoni, Hard Salami or Romano Sliced) \$1.19
- Cold Cuts \$1.19
- Swift's Premium Sliced Bologna (Great for Sandwiches) or Salami \$1.19
- "Selected Baby Beef" ... Inflation Fighter
- A Great Tasty Beef Loin Sirloin Steak \$1.19
- Lean, Meaty Beef Full-Cut Round Steak \$1.19
- Tasty Beef Loin or Rib Steak \$1.19
- Flavorful Lean Meaty Beef Blade Chuck Roast \$1.19
- Swift's Premium Tender-Grown, Gov't-Inspected, Shipped, D.B.D., Fresh, USDA Grade A Whole Fryers \$1.49
- Cut-up Fryers \$1.59
- Fryer Breasts \$1.19
- Fryer Drumsticks \$1.19
- Fryer Thighs \$1.19
- Fryer Wings \$1.19
- Fryer Backs & Necks \$1.19

Hamburger Rolls 4 for \$1

pkg. of 8

Publix Presents Recipe Card Collection

THIS WEEKS FEATURE SET NO. 4 SATURDAY NIGHT PARTIES

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THIS WEEKS FEATURE SET NO. 4 SATURDAY NIGHT PARTIES

PARK AND SHOP

WE... WELCOME FOOD STAMPS

US NO. 1 FANCY WHITE POTATOES 10 LB. BAG **79¢** WITH COUPON BELOW

USDA CHOICE BEEF SIRLOIN STEAK LB. **\$1.57**

DELMONICO STEAK LB. **\$1.97**

T-BONE STEAK LB. **\$1.87**

FAME PURE CREAMERY BUTTER QUARTERS POUND **88¢** WITH COUPON BELOW

GOOD TIME FRANKS 12 OZ. PACK **67¢**

COLA R-C 8 PK. 16 OZ. BTL. **88¢** PLUS DEPOSIT

COUPON: GOLD MEDAL Flour 5 LB. BAG **59¢** WITH THIS COUPON AND 7.50 ORDER EXCL. CIGS. EXPIRES 7-7-76

BORDEN'S LITELINE Milk 1/2 GAL. **59¢** WITH THIS COUPON AND 7.50 ORDER EXCL. CIGS. EXPIRES 7-7-76

FIRE CRACKER FOOD SAVINGS!

OPEN ALL DAY JULY 4 FOR YOUR SHOPPING CONVENIENCE

OLD MILWAUKEE BEER 6 PACK 12 OZ. CANS **97¢** WITH COUPON BELOW

BABY BEEF ROUND, CLUB, SIRLOIN STEAK LB. **97¢**

CHUCK STEAK LB. **77¢**

SIDES CUT AND WRAPPED FOR FREEZER FREE **67¢**

WHOLE GOOD FRYERS LB. **43¢**

FLA. GRADE A JUMBO EGGS DOZ. **63¢**

SUGAR ROSE TOMATOES CAMPBELL'S PORK AND BEANS TABLE TREAT PEAS CORN CREAM STYLED OR WHOLE KERNEL SLICED OR WHOLE POTATOES 4 FOR **\$1** (15 1/2 OZ. CANS)

GOLD MEDAL PLAIN OR S.R. FLOUR 5 LB. BAG **59¢** WITH COUPON BELOW

FAME EXTRA RICH MILK PLASTIC GALLON **\$1.38**

COUPON: OLD MILWAUKEE Beer 6 Pack 12-OZ. POP TOP CANS **97¢** WITH THIS COUPON AND 7.50 ORDER EXCL. CIGS. EXPIRES 7-7-76

COUPON: FAME PURE CREAMERY Quarters Butter LB. **88¢** WITH THIS COUPON AND 7.50 ORDER EXCL. CIGS. EXPIRES 7-7-76

COUPON: DETERGENT - GIANT Tide 1 LB. **\$1.27** WITH THIS COUPON AND 7.50 ORDER EXCL. CIGS. EXPIRES 7-7-76

COUPON: GALLON BLEACH Clorox **69¢** WITH THIS COUPON AND 7.50 ORDER EXCL. CIGS. EXPIRES 7-7-76

COUPON: U.S. NO. 1 FANCY WHITE Potatoes 10 LB. BAG **79¢** WITH THIS COUPON AND 7.50 ORDER EXCL. CIGS. EXPIRES 7-7-76

STORE HOURS 4th & SANFORD AVE. Mon., Tues., Wed. 8 a.m. to 7 p.m. Thurs., Fri. and Sat. 8 a.m. to 9 p.m. Sunday 8 a.m. to 1 p.m. PARK AVE. and 25th ST. 8 a.m. to 9 p.m. 7 Days a Week

PARK AND SHOP

THE MEAT PEOPLE

PARK AND SHOP

WE... WELCOME FOOD STAMPS

STORE HOURS 4th & SANFORD AVE. Mon., Tues., Wed. 8 a.m. to 7 p.m. Thurs., Fri. and Sat. 8 a.m. to 9 p.m. Sunday 8 a.m. to 1 p.m. PARK AVE. and 25th ST. 8 a.m. to 9 p.m. 7 Days a Week

PRICES EFFECTIVE JULY 1 THRU JULY 7

WE ARE PLEASED TO ACCEPT U.S.D.A. FOOD STAMP COUPONS

USDA CHOICE HEAVY WESTERN LAZY AGED BEEF-BONELESS DELMONICO STEAK LB. **\$1.97**

SUNNILAND Breakfast Links 30 OZ. **\$1.97**

USDA CHOICE HEAVY WESTERN LAZY AGED BEEF FINE FOR GRILLING Patio Steak LB. **\$1.67**

USDA CHOICE HEAVY WESTERN LAZY AGED BEEF Beef Cube Steak LB. **\$1.67**

USDA CHOICE HEAVY WESTERN LAZY AGED BEEF CUT AND WRAPPED FOR YOUR FREEZER FREE Hind Quarter LB. **97¢**

USDA CHOICE HEAVY WESTERN LAZY AGED BEEF CHUCK STEAK LB. **87¢**

FAME Napkins 180 CT. **39¢**

LAY'S Potato Chips TWIN PACK **69¢**

Jello ASSORTED FLAVORS **19¢**

GRILL TIME CHARCOAL 10 LBS. **79¢**

FAME White Plates 100 CT. **75¢**

DEL MONTE TRIBE SIZE Catsup 26 OZ. **69¢**

FAME VEGETABLE MARGARINE 16 OZ. QUARTERS **4/\$1**

Fresh Dairy Products

ASSORTED FLAVORS Borden's Yogurt 4 OZ. **5/\$1**

BORDEN'S Cottage Cheese 14 OZ. **69¢**

KRAFT AMERICAN Cheese Singles 8 OZ. **78¢**

HOMESTYLE or BUTTERMILK Merico Biscuits 8 OZ. **3/39¢**

Fresh Fruits & Vegetables

CRISP ICEBERG Head Lettuce **3/\$1**

CAROLINA Peaches 4 LBS. **\$1**

OPEN ALL DAY JULY 4th

FRESH 100% PURE GROUND BEEF 5 LBS. OR MORE **67¢** LB.

FINE FOR COOK-OUT FRESH LEAN WESTERN SPARE RIBS **1.17** LB.

FLA. or GA. PREMIUM FRYER QUARTERS LEGS AND BREASTS LB. **47¢**

FRESH 100 PCT. PURE Ground Chuck 3 LBS. OR MORE **97¢** LB.

HEAVY WESTERN BEEF Boneless Stew 3 LBS. OR MORE **\$1.17** LB.

USDA CHOICE HEAVY WESTERN LAZY AGED BEEF Sirloin Steak **\$1.57** LB.

USDA CHOICE HEAVY WESTERN LAZY AGED BEEF Round Steak **\$1.47** LB.

PREMIUM FAMILY PACK 20 PIECES OF CHICKEN FRYERS **\$2.97** 5 LBS. OR MORE

BABY BEEF Chuck Steak LB. **77¢**

BABY BEEF Sirloin, Round, Club Steaks LB. **97¢**

BABY BEEF FRONT AND HIND—AVG. 140 LBS. Whole Side CUT AND WRAPPED FOR YOUR FREEZER FREE LB. **87¢**

FRESH MEATY Neck Bones or Pig Feet LB. **37¢**

ASSORTED FLAVORS SHASTA DRINKS 10 FOR **99¢**

ULTRA Bathroom Tissue 4 PACK **69¢**

Purex Bleach GALLON **69¢**

FAME Salad Dressing QUART **69¢**

HEAVY DUTY Purex Detergent 42 OZ. **77¢**

BRYAN Luncheon Meat 12 OZ. **79¢**

BRYAN Vienna Sausage 5 OZ. **3/\$1**

GREER Apple Sauce 303 CAN **4/\$1**

TABLE TREAT Cut Green Beans 15 1/2 OZ. **5/\$1**

KRAFT Barbecue Sauce 18 OZ. **59¢**

BIG CHIEF Long Grain Rice 40 OZ. **55¢**

FAME Elbow Macaroni 16 OZ. **39¢**

TABLE TREAT Grated Tuna 6 OZ. **39¢**

Bag Ice Cubes **49¢**

JUMBO ROLL BOUNTY TOWELS **49¢**

NUMBER ONE GOLDEN Sweet Corn 6 EARS **59¢**

SEEDLESS WHITE OR BLACK Grapes LB. **69¢**

USDA CHOICE HEAVY WESTERN LAZY AGED BEEF CHUCK ROAST BLADE CUT LB. **67¢**

YOUNG TENDER Beef Liver LB. **47¢**

LYKES Grill Franks 2 LBS. **\$1.87**

Bar-C Bologna LB. **87¢**

Budget Bacon LB. **77¢**

SUNNILAND GOOD TIME FRANKS 12 OZ. **67¢**

SUPER ROSE TOMATOES 4 303 CANS TABLE TREAT CREAM STYLE OR WHOLE KERNEL CORN **\$1.00**

TABLE TREAT PEAS 100

TABLE KING SLICED OR WHOLE POTATOES

CAMPBELL'S PORK AND BEANS 16 OZ. **4/\$1**

HAMBURGER, HOT DOG, OR PICALILLI Heinz Relishes 9 1/2 OZ. **3/\$1**

THOROFED Dog Food 15 1/2 OZ. **5/\$1**

OLD MILWAUKEE BEER 6 PACK 12 OZ. FULL TOP CANS **\$1.19** LIMIT 2 WITH 7.50 PURCHASE EXCL. CIGS.

Frozen Food Department

BORDEN'S WALT DISNEY WORLD Rounds HALF GALLON **\$1.19**

FAMED SLICED Strawberries 10 OZ. **39¢**

FAME CRINKLE French Fries 5 LBS. **\$1.39**

FAME Lemonade 6 OZ. **17¢**

COUPON: EVERCANE SUGAR 5 LB. BAG **79¢** LIMIT 1 WITH THIS COUPON AND 7.50 ORDER EXCL. CIGS.—EXPIRES 7-7-76

PARK AND SHOP

THE MEAT PEOPLE

Do's, Don'ts Are Provided Here

There Are Many Different Ways To Sell A House

By VIVIAN BROWN
AP Newsfeatures
It should be an easier task to sell a house in summer. Nature seems to cooperate in making our homes more saleable. The environment can provide irresistible inducements.

But some houses might not sell for reasons that ought to be reviewed by a family wanting to sell. One woman who managed to sell a house within a few days after the family reconsidered its offering and got a new perspective on the house suggests:

Give your house personality: Put flowers or plants in every room. If there are flowers to be had from your garden or your neighbor's, put fresh ones in the bowls each day. Otherwise use flowering plants. It is worth the investment.

Scents leave pleasant impressions: Spray cologne in each room every day.

Keep it cool: If it is hot outdoors, cool the rooms. Do not open the windows, and keep shades drawn on the sunny side until just before the arrival of the prospective buyer. Use air conditioning if you have it.

Set a beautiful mood: Soft, romantic music can set the stage. Avoid making it look like a prep school if it is a stereo or a record player.

Don't clutter rooms: It will make rooms look smaller than they are. If there are too many pieces of furniture in rooms, pile them in the corner of an unused bedroom or sewing room or den, explaining the things are to be sold or whatever. Better to have too little furniture making the room look bigger, even if you must sacrifice your decorating scheme.

Keep the outdoors trim: Keep the lawn mowed, trim overgrown bushes. If you haven't enough color in the garden, buy some plants and sink them into the ground.

Light is important: If some rooms are dark, put on some lamplight. If a staircase to a family room or basement is dark, make sure you find some way to light it before the house is shown. Inexpensive outdoor carpet in a bright color can make a flight of dreary stairs seem more pleasant.

Be available, but not pushy: If you happen to be in the house when it is being shown, take the visitors in stride. Bake a pie or loaf of bread or whatever without messing up the kitchen and provide a homey atmosphere that may have buyer appeal.

Know your real estate people: Sometimes they unwittingly lose sales. This owner found a real estate broker agreeing wholeheartedly when a potential buyer remarked the dining room was small. On another occasion a broker killed a sale by agreeing the house might be too near a contemplated highway (which might never be built and is still in a controversial stage.)

Lastly, provide a proper at-

mosphere: A young couple with children will not mind seeing your jeans-clad daughter or your scruffy-bearded son running about or a child's tricycle in the hall. An older couple

might be more impressed with an air of tranquility, a patch quilt over a sofa or an easy chair prominently displayed. Find a happy solution that could please both lookers.

If there is a lot of competition in your community, selling a house might be a drama that the entire family is involved in. Each should be primed for his role.

In fact it is the hardest role for a family to play. You can't leave a crumb on the dinner table, you've got to take fast showers, and get up before dawn to have the house in read-

iness, and sometimes you've got to dress in several sections," said the house seller. "When they telephone to show the house they usually are only about five minutes away, so you

break your back keeping your house clean, and trying to avoid indignation has become a game. The most important thing though is not to keep the house too squeaky clean — they want

to look at it as a good place to live." She suggests putting a newspaper over a chair and a newspaper on the floor to add a little hominess.

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Ample stocks have been ordered, but if a sell-out occurs, see our Cashier for a RAIN-CHECK on any refundable item.

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Choice of Types

Sale! ADORN Hair Spray

by Toni 1.37
13-oz.

White Dinner Size

100 Paper PLATES

Reg. 99¢
Sale! 69¢ Limit One

Sale! CLOSE-UP

Super Whitening Toothpaste & Mouthwash in One Mint or regular flavor. Family 6.4-oz. size

79¢ Limit One

40 Moist Towelettes

Sale! 79¢

Reg. \$1.07 Perfection face-hands refreshers.

Pack of 51 StyroCups

Sale! 49¢

Reg. 69¢ hot/cold 6 3/4-oz. insulated caps.

Stowaway Folding Grill

Roomy 10x16" cooking area and so handy to tote along anywhere.

Reg. \$1.97
Sale! 1.57

Dramamine Tablets

Sale! 79¢

Reg. \$1.07 pack of 12 for nausea, dizziness.

Insulated 6-Pack Bag

Sale! 2.29

Reg. \$2.99 zipper top. Assorted brand labels.

6-Pack Cooler

Rugged, Durable LIFOAM 14-Quart

Sale! 9.99

Exercise Sandals

Sale! 9.99

Reg. \$11.88. Feel so great! Padded strap.

Sale! Kraft Marshmallows

Fresh & Fluffy.

Reg. 47¢ 10-oz.
37¢

2-Speed 12" Fan

Powerful, Portable

Helps Keep You Cool! Poly safety grille.

Lakewood #51224
Sale! 12.88

Chrome Plated

STEEL TENNIS RACKET

Our everyday LOW PRICE.

6.99

Finest quality temper steel; nylon string; leather grip.

by IDEAL

Ronson Ronii Butane Lighter

DISPOSABLE w/extra-large fuel capacity.

99¢ Sale!

6x9-inch U.S. Flag

July 1 thru 4, 1976. Limit 3.

19¢ Regularly 27¢ each

Kodak Tele-Instamatic Camera Kit

Normal or telephoto lens at flick of finger. With C110-20 film, 113/115/117.

Sale! 29.97

REG. \$34.95 #A4088

Keeps mosquitoes away from you

OFF Spray Insect Repellent

6-oz. Reg. \$1.37
1.09

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BARTON'S CANADIAN BLEND
FLEISCHMANN'S GIN

YOUR CHOICE! **4.47** OT.

RELSKA 80 Proof **3.97** OT.
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OLD MILWAUKEE 6 PK. 12 Oz. Cans **1.29**

Walgreens worth COUPON!

Kodacolor 20 exp. Film

C126 or C110 July 1-4, 76 Limit two.

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Without coupon, 1.49
LIMIT ONE COUPON PER CUSTOMER

Walgreens worth COUPON!

KODACOLOR,
Walgreen or Fuji Color Print Film
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Bring coupon with film, thru 7/7/76 Walgreen processing.

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NO LIMIT 20-EXP. 126-110-135...3.79

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Made from Panax Ginseng Herb Part grown in Korea

Nature's Finest ASIAN GINSENG CAPSULES

250-mg. Bottle of 50
3.98

Reg. \$4.99

ICE CREAM
1/2 Gal. **89¢ Sale!**

Super Whitening Toothpaste & Mouthwash in One Mint or regular flavor. Family 6.4-oz. size

CHARCOAL
10 Lb. BAG **89¢ Sale!**

Walgreens worth COUPON!

Hershey's Syrup

Choc. flavor

5 1/2-oz. can. July 1-4, 76 Limit 2.

Regularly 25¢
19¢

LIMIT ONE COUPON PER CUSTOMER

Walgreens worth COUPON!

Pringles Twin-Pak

9-oz. in all July 1-4, 76 Limit 1 pack.

Regularly 99¢
79¢

LIMIT ONE COUPON PER CUSTOMER

Walgreens worth COUPON!

Balm Barr Cocoa Butter

Handy 1-oz. tube July 1 thru 4, 76. Limit two.

Regularly 29¢
21¢

LIMIT ONE COUPON PER CUSTOMER

Walgreens worth COUPON!

Glycerin Suppositories

Jar of 12 ADULT

Worthmore! July 1-4, 76 Limit two.

Regularly 57¢
29¢

LIMIT ONE COUPON PER CUSTOMER

Walgreens worth COUPON!

Ivory Soap 4-Pack

Reg. Size

July 1-4, 1976. Limit 1 pack.

Regularly 57¢ 4-pack
39¢

LIMIT ONE COUPON PER CUSTOMER

Walgreens worth COUPON!

Charcoal Lighter, Qt.

Mark's brand July 1-4, 76 Limit one.

Regularly 59¢
49¢

LIMIT ONE COUPON PER CUSTOMER

JUNE 30, 1976