

Sanford Herald

83rd Year, No. 177 — Sanford, Florida

NEWS DIGEST

INSIDE

☐ Sports

Softball playoff forced

SANFORD — Lambert Erectors and the Tim Raines Connection forced a playoff for the Sanford Recreation Department Monday Night Polar Bear Slowpitch Softball League at Chase Park.
See Page 1B

☐ Florida

Adoption denial unconstitutional

KEY WEST — Monroe County Circuit Judge M. Ignatius Lester declared unconstitutional a 14-year-old state law that prevented homosexuals from adopting children may have made it easier for gay and lesbian Floridians who want to adopt.
See Page 2A

BRIEFS

Brass quintet concert set

SANFORD — Seminole Community Concert Association will present the second concert in the 1990-91 series on March 22. Monumental Brass Quintet will appear at 8 p.m. at the Sanford Civic Center.
For those who do not have membership in the association, discount rates are offered for the two final concerts of the season. For information, contact Beate Gramkow, president of the SCCA.

Flu season 'Incredibly slow'

ATLANTA — The 1990-91 winter flu season has been one of the mildest in decades, the Centers for Disease Control says.
No outbreaks have been reported in weeks, and the number of deaths — though not immediately available Monday — appears low, the federal agency said.
"It's been an incredibly slow flu year," Dr. Joe Kent, an epidemiologist with the CDC's flu branch, said in a recent interview. "It's one of the lightest we've had in 20 years."
CDC researchers don't keep score of every flu case in the United States because most cases are never reported.
But the Atlanta-based agency does monitor trends in flu activity on a state-by-state basis. This winter 48 states reported confinement or suspected flu cases, but only one state has reported an outbreak since January.
The dominant flu strain to infect people this winter was Type B, which is one of the mildest, Kent said.

Nissan recalls 165,000 Sentras

DETROIT — Nissan Motor Co. Ltd. on Monday recalled about 165,000 Sentra cars because of a potential shoulder seat belt problem.
The company said the driver and passenger side shoulder belts on 1990 models could become frayed because of faulty operation of a belt guide.
Nissan said it was not aware of any injuries associated with the problem.
The Japanese automaker is notifying owners of affected vehicles by mail. Inspection and repair work will be done for free.

You're not seeing double

JERSEYVILLE, Ill. — Visitors to East Elementary School might think they are seeing double, or even triple.
The school has 12 pairs of twins and one set of triplets among its 480 students.
For teachers, the triplets — Allison, Audrey and April Platto — are particularly difficult to distinguish.
"The teachers all call them Miss Platto," said school secretary Sandy Kuehncl.
"The triplets themselves had a difficult time picking out which was which in their school photos," she said.
The Platto girls are in kindergarten. The sets of twins range from ages 3 to 12; the 3-year-olds are in a pre-kindergarten program at the school.

Compiled from staff and wire reports.

INDEX

Classifieds.....	4B, 5B	Noroscope.....	6B
Comics.....	6B	Movies.....	3B
Crossword.....	6B	People.....	3B
Dear Abby.....	3B	Police.....	3A
Deaths.....	5A	School Menu.....	3A
Dr. Gott.....	6B	Sports.....	1B, 2B
Editorial.....	4A	Television.....	3B
Florida.....	2A, 6A	Weather.....	2A

Clearing, hot and humid



Mostly sunny with a high in the mid to upper 70s. Wind northwest 10 mph.

For more weather, see Page 2A

Injured vet returns home

After surgery, Hurd will go back to gulf

By NICK PFREIFAU
Herald Staff Writer

The Sanford Desert Storm Support Group heard from its first returning veteran during this week's regular Monday night meeting.
Support group member Renee Barington of Sanford introduced her friend, Deon Hurd, a navy petty officer who lives in Alabama but is stationed at the Orlando Naval Center. Hurd, an Operations Technician with an elite Special Forces group had been returned to the United States for treatment of injuries. Hurd, who appeared with his right arm bandaged and in a brace, said the injury occurred as he was repelling himself down from a helicopter on a rope. He explained, "While I was going down, they started logging mortar shells at the helicopter, the only way I could save myself was to wrap the rope around my arm." The injury was severe enough for him to be sent back to Orlando, where he reported he had corrective surgery last week, and would eventually be returning to his 20 man unit in the Persian Gulf area.
Hurd answered many questions from anxious parents and spouses about military service in the war, but could not respond to some questions due to the nature of secrecy he was ordered to maintain concerning certain activities. Some of the questions centered on what the weather was like, how the food tasted, what the Saudi Arabians were like, and the little time service personnel had in which to answer letters.
☐ See Veteran, Page 5A



Petty Officer Deon Hurd and Renee Barington at support group meeting in Sanford.

Lake Mary airman heads home

By LAURA L. SULLIVAN
Herald Staff Writer

LAKE MARY — After eight months in Saudi Arabia, Sgt. Marty Harris has come home.
Harris, 24, son of Nora and Hank Harris of Lake Mary, returned last week to Eglin Air Force Base. His Air Force ammo division was deployed in Saudi Arabia Aug. 29.
His plans include a visit to Lake Mary Elementary School to meet the children who have been his loyal pen pals, Nora Harris said. The soldier's seven-year-old brother Tonua asked his class to write to Harris' unit.

she said.

Harris' return to Lake Mary has been briefly delayed for a special occasion, Nora Harris said. Her son's best friend in Mobile, Ala., had postponed his wedding from December to March 18 so Marty Harris could be his best man, she said.
Harris will return to Lake Mary this weekend.
The family will celebrate Christmas when their son returns, Nora Harris said. Marty Harris will also be welcomed with a belated celebration for his birthday, which was Sept. 22.
The young man has been eager to return home, Nora Harris said.
☐ See Airman, Page 5A

Convenience store security ruling a victory for widow

By LAGY DOWEN
Herald People Editor

SANFORD — The second year after Herbert Malcomb Allen was brutally murdered in the Sanford convenience store in which he worked has been the hardest for his widow, Ruby.
"I used to close my eyes and see him clearly. Now I close my eyes and it's hazy," she said.
Although his presence is fading; the smells, laughter and closeness she felt only a memory, Allen said she perseveres. She has had a cause since the cold November night "Mal" was found face down at the Circle K store, 1806 West First St., Sanford.
Yesterday, she said, was a big victory for her when a House subcommittee approved a bill to tighten security at late-night convenience stores.
The legislation (HB 1475) would require that stores open between 11 p.m. and 5 a.m. choose between having two clerks or a security guard on duty, installing bulletproof glass or closing during those hours. It would apply to convenience stores statewide.
"I was there. I love that ruling," Allen em-

phatically said this morning from her Deltona home.
The bill was endorsed Monday on an 8-4 vote by a House Commerce subcommittee after Butterworth and several other law enforcement officials spoke in its favor. It next goes to the full Commerce Committee.
"Two steps to go," Allen said. "This would have saved him. People ask me why I fight so hard for this now that he is gone. They ask if it hurts. It does. But it hurts more to think about another convenience store clerk being hurt and how the family suffers," she said.
Butterworth told the panel there were 70,000 criminal acts in convenience stores in 1989.
☐ See Widow, Page 5A

People ask me why I fight so hard for this now that he is gone. They ask if it hurts. It does. ☐

—Ruby Allen, widow of slain clerk

Heavy rains don't phase area drought

By J. MARK BARFIELD
Herald staff writer

SANFORD — The weekend's record-setting rains may prove to be nothing more than a thirst-quencher to the state's water supply, now parched for more than 15 years water officials say.
"It's taken us 15 years to get to this point," said Bill Osborne of the St. Johns River Water Management District. "If we made that up in one weekend, people would be screaming at us to get rid of all the water."
Osborne said the rainfall was a help, but did not resolve the drought that left Sanford with 16 inches below normal yearly rainfall by the end of February.
The rains did help March rainfall statistics. Since 1960, Sanford has seen an average of 3.56 inches fall during the month. So far, 7.44 inches have been recorded at Central Florida Regional Airport.
Seminole County and most of the other counties in the water district are under mandatory district water-use restrictions which limit lawn watering and car washing to three days each week. Residents at odd-numbered addresses can water Saturday, Monday and Wednesday.
Residents at even-numbered addresses can water on Sunday, Tuesday and Thursday.
Watering is limited to two four-hour periods during the watering days beginning at 4 a.m. and 4 p.m.
District officials will consider imposing a year-round ban to begin in July that would prohibit lawn watering and car washing between 9 a.m. and 5 p.m. every day even when the three-day restrictions are lifted.
Osborne said district officials will consider the restrictions that have been in effect almost continuously since Aug. 1989.
"If you're \$80 overdrawn at your bank and you put \$5 in, do you think the bank's going to let you start writing checks again?" Osborne said. "We'll have to see what it looks like at the end of the month before we consider any changes."

TDC to issue grants

By J. MARK BARFIELD
Herald staff writer

SANFORD — Seminole County is now accepting applications for grants for \$300,000 in tourist development tax revenues.
Applications for grants will be accepted until April 12, said county tourist development director Jack Wert. Wert said grants will be issued in four categories this year, a doubling of the two used for reviews last year.
This year \$10,000 grants will be issued to single events sponsored by non-profit organizations. National and international events may be eligible for \$20,000 grants. Civic projects that bring tourists and enhance the quality of life for residents could be eligible for
☐ See Grants, Page 6A

St. Johns bridge due in the fall of 1992

By NICK PFREIFAU
Herald Staff Writer

Planning is continuing at the Florida Department of Transportation offices in DeLand, to assure that the new U.S. Highway 17-92 bridge over the St. Johns River will be large enough to handle future growth and traffic.
Work on the new bridge is scheduled to begin in the fall of 1992. Steve Homan, of the DOT's Public Information Department, said, "We don't know yet how long it will take to finish it, depending on the specific contracts, but I expect it will be completed in about two years."
The present bridge is the oldest electronically operated thru-truss swing bridge in the state of Florida. Homan said construction on it started in 1933 and took one year to complete. The present structure is 628 feet long, and 24 feet wide with no shoulders and two 12-foot traffic lanes.
The planned bridge will be 1,645 feet long and 84 feet wide. It will be a four-lane bridge with a 45-foot clearance above the water line, the same as the nearby Interstate 4 bridge has. In this way, boat traffic would no longer interrupt vehicle traffic on US 17-92.
In the width of the new bridge, a 10-foot shoulder will be included on each side to accommodate disabled vehicles, and a barrier wall with additional six-foot shoulders on each side will be in the middle, separating the traffic lanes on each side.
In addition to the construction of the actual bridge, the project also includes building approaches to the new bridge from the I-4 overpass on the Seminole County side, to just north of Old DeLand Road in Volusia County, a distance of about one mile.
The present bridge, with its historical value, will not disappear. Homan said an agreement has been reached to move the 235 foot swing bridge to the Lake Monroe Wayside Park in Seminole County. When the old bridge is in place, the county will maintain it to help preserve its historic value.
☐ See Bridge, Page 5A

POLICE BRIEFS

Couple charged with growing marijuana

Richard Duane Wolfe and Francis Wolfe, both of 1327 E. Garon Cove, Geneva, were arrested on Friday. They were charged with the cultivation of marijuana, possession of marijuana with intent to distribute and possession of drug paraphernalia. Seminole County sheriffs officers allegedly found 28 marijuana plants growing outside the residence. Inside the house they allegedly found less than 20 grams of marijuana in the bedroom and approximately a half pound of marijuana in the kitchen. They allegedly also found rolling papers and a scale allegedly used for drugs. The pair were transported to the John E. Polk Correctional Facility where they were each held on \$3,000 bond.

Burglary, grand theft charged

Johnny Lee Acree, 35, who gave police no address, was arrested on Friday. Acree, also known as Red, was charged with burglary and grand theft in connection with the burglary of the Legal Services Building in Sanford on March 12. Fingerprints at the scene matched Acree's. He was taken to the John E. Polk Correctional Facility where he was held on \$1,000 bond.

Seminole County School Board



What's for lunch?

Wednesday, Mar. 20
 Breaded pork steaks
 Savory green beans
 Candied sweet potatoes
 Wheat roll
 Milk

Gulf war creates instant fame and fortune for some

By W. DALE NELSON
 Associated Press

WASHINGTON (AP) — Lt. Gen. Thomas Kelly, who spent weeks briefing the media about the Persian Gulf War, soon will be telling his story on the lecture circuit.

Jean P. Sasson, an Atlanta woman without a previous published book to her credit, has been on The New York Times paperback best-seller list since Feb. 10 with "The Rape of Kuwait."

"Shield of Honor" may be showing at movie theaters soon, but the Libyan terrorists of the original script will be transformed into Iraqis.

Writers, publishers, film makers, speakers and songwriters are among those cashing in on the lightning-fast allied triumph in the Middle East.

"They are coming out of the woodwork, lots of people, all kinds of people in every category, a lot of journalists, former ambassadors to that part of the world and other diplomatic people, historians, people who have made studies of the Middle East," said Phyllis McKenzie, president of Capital Speakers Inc.

She said one of her clients, Daniel Yergin, author of the best-selling book, "The Prize: The Epic Quest for Oil, Money and Power," is asking \$18,000 a speech.

Kelly, retiring at the end of March as director of operations for the Joint Chiefs of Staff, said he "would like to go around and speak because I think I have a story to tell."

Kelly said he has spoken to an agency but can't make any definite arrangements until his retirement is effective. He said he hopes to use the lecture circuit to respond to "all the naysayers who have been telling us for years ... that America can't do this or that."

Gen. H. Norman Schwarzkopf, the U.S. commander in the gulf, and Gen. Colin L. Powell, the chairman of the Joint Chiefs, have been mentioned as potential after-dinner speakers, but both are forbidden from making money from speaking because they are active-duty Army officers.

They are coming out of the woodwork, lots of people, all kinds of people in every category, a lot of journalists, former ambassadors to that part of the world and other diplomatic people, historians, people who have made studies of the Middle East.

Phyllis McKenzie, president of Capital Speakers Inc.

Powell is expected to be named to a second term as chairman, and Schwarzkopf, although he has not announced plans, is due to retire in August after completing 35 years' service.

"The Rape of Kuwait," published by Knightsbridge Publishing Co., is only one of several gulf-related paperbacks crowding the best-seller list. A number of hardbound volumes are also reported to be in the works.

Lisa Kirk, a publicist for Knightsbridge in Los Angeles, said Ms. Sasson, who lived 12 years in Kuwait, traveled to Egypt and Saudi Arabia to interview Kuwaiti refugees after Iraq's Aug. 2 invasion.

Knightsbridge received the manuscript from an agent just before Thanksgiving and had books in the stores before war broke out on Jan. 16.

"That's what we call an instant book," Ms. Kirk said. She said it has sold more than a million copies.

Other paperbacks on the best seller lists include "Saddam Hussein and the Crisis in the Gulf," by journalist Judith Miller and scholar Laurie Mylroie, published by Random House; "Desert Shield Fact Book," by Frank Chadwick, publisher Game Designers' Workshop; and "Weapons of Desert Shield," published by New American Library with an introduction by Col. Walter Boyne.

HARVEY E. MORSE
 • INVESTIGATIONS •
 The Proven Name To Trust
 628-1500

BANKRUPTCY - IS IT FOR YOU?
FEDERAL LAW MAY HELP -
 • WIPE OUT DEBTS • KEEP YOUR PROPERTY
 • CONSOLIDATE BILLS
 • STOP COLLECTION THREATS
 • STOP FORECLOSURE AND LAW SUITS
 FREE LECTURES - NOON, SATURDAYS
ROBERT H. PFLUEGER P.A.
 ATTORNEY AT LAW
 Office 904 - 577 Highland Ave. 336-2022
 Altamonte Springs (14 Miles South of SR 408)
 You may obtain free written information regarding the qualifications and experience of any (904) lawyer or law firm by calling or writing to the lawyer or law firm during regular business hours.

★ UNDER NEW OWNERSHIP ★
 IT TAKES AN EXPERT TO KNOW
\$14.95
 WITH THIS AD
 Call for Appointment First 1 hour
 With In-home Repair Technician
 We Honor Extended New & Used Car Warranties
EXPERT REPAIRS ON AUTOMATIC & STANDARD, AMERICAN & FOREIGN TRANSMISSIONS AT SIMILAR SAVINGS
AAL TRANSMISSION WORLD
 Major Problem or Minor Repairs
 SANFORD/ LAKE MARY 2710 S. Ct. Dr. 321-3270

\$15 FAMILY NITE
 MON./TUES./WED./THURS/ 5 to 10 PM
 AT **FUN WORLD**
 FAMILY NITE FOOD & FUN
\$15. (\$25. Value)
 \$9. Big 14" Hand Tossed Pizza w/1 Topping
 Carousel Restaurant - No Take Out Orders
 \$4. Pitcher of Soft Drinks
 \$8. Ride/Golf Tokens
 \$4. Game Room/Batting Cage Tokens
\$25. Value/Family Bargain \$15.
RAIN OPTION-GET 48 GAME TOKENS INSTEAD
 Plus tax. Not good with any other offer. Offer subject to change.
FUN WORLD At FLEA WORLD
 MAY. 17-22 - SANFORD 628-2233
 Special Group & Party Rates - 628-2233

ACE Hardware
 "ACE IS THE PLACE"
 Save \$\$\$ In Our New Sanford
SUPER GARDEN CENTER
 ASSORTED FLOWERING ANNUALS
 4" Pots Reg. 79c **58c EA.**
 4 Pks. Reg. 69c **48c EA.**
ALL FLORIDA BRAND FERTILIZER 6-6-6 100% ORGANIC NITROGEN 40 Lbs. **\$2.88**
DAYLILLIES 1 Gal. **\$2.88**
HANGING BASKETS CHOOSE FROM A BEAUTIFUL ASSORTMENT IN 6" CONTAINERS **\$3.88 EA.** Reg. 4.99
 Satisfaction! Ace's Guarantee To Our Customers
 PRICES GOOD WHILE QUANTITIES LAST
LAKE MARY PUBLIC SHOPPING CTR. 330-6589
LONGWOOD 170 W. S.R.434 339-4883
ACE Hardware SANFORD 205 E. 25th ST. 321-0885



Mama always said, "Don't leave the table till you've cleaned your plate."
 So I got Call Return. Now if the phone rings while I'm eating, I can return the call a little later. After I've had dessert, of course.

CALL RETURN lets you return the last call you missed just by dialing 669. It's \$4.00 a month. Order by April 30 and save the \$9.00 connection charge. Ask about our new rate discounts. Call 780-2144.



Southern Bell

A BELL SOUTH COMPANY

Make your life a touch easier. Call On Us!

Note: Rates and savings differ from state to state and are higher for business. Call Return works for calls between Southern Bell customers in this area having this service available; excluded are calls to and from some party line customers, most long distance numbers, coin telephones, PBX trunks and multi-line hunting groups. Not available in some areas. © 1991 Southern Bell.

Heart of Florida

 Your United Way
 The United Ways of Orange, Osceola and Seminole Counties

Veteran

Continued from Page 1A
 One question was asked about morale. "My unit is a highly trained group," he said, "and we had very high morale. But as far as the others, well, it often depended on the individual. But letters from home meant a lot to everyone."
 The final question asked was whether or not he liked it over there. After pausing for a moment, he responded, "Well, I didn't really like to be there, but I did what I had to do."
 Hurd, who received standing rounds of applause both at the start and conclusion of his talk, said as soon as his injuries are

healed, he will be returning to the Persian Gulf and rejoin his unit.
 Two other guest speakers at the Support Group meeting were Arthur T. Bryant, Jr., and his wife Naureen. Bryant, who is a certified counselor, cautioned parents and spouses that one problem with returning service personnel could be alcohol consumption. "They have had hardly any alcohol while they were over there," he said, "and when they return, if they try to have a lot of it, it could affect them worse than they might imagine."
 Bryant and his wife have been

donating their free time to help counsel families of returning war veterans.
 Although there were fewer people present than attended during the peak times of the war, Support Group chairperson Judy Osborn told the gathering, "This group will stay together until all of our service men and women are back home."
 The Sanford Desert Storm Support Group meets every Monday night at 7 p.m. at the American Legion Hall, 2874 Sanford Ave. Anyone who has a family member or friend in the military attached to the Persian Gulf war, is invited to attend.

Widow

Continued from Page 1A
 including 13 killings and 1,200 aggravated assaults.
 "It is our conclusion that convenience stores often pose unsafe conditions for both clerks and shoppers," Butterworth said. "It may well be more dangerous to be a convenience store clerk in the state of Florida than it is to be a police officer."
 Last year, the Legislature passed a law that mandated silent alarms, security cameras, a drop safe and bright parking lot lights in areas where there had been a violent convenience store crime in the past year.
 Convenience store industry spokesmen said there hadn't been sufficient time for the 1990 law to be fully implemented.
 "Our problem is we don't want the state to mandate to the industry what kind of safety measures we have in our stores," said Mike Ross, a spokesman for Conoco Inc., which has 40 stores in Florida.

Some lawmakers shared his concern.
 Four years ago, Gainesville adopted a rule requiring all convenience stores open late at night to have two clerks on duty. Police Chief Wayland Clifton said robberies at the stores dropped from 62 in 1986 to seven in 1990 — an 88 percent drop.
 Last year, Sanford, Longwood and Lake Mary adopted similar ordinances.
 Allen said she it is some consolation to think others will

be safer because of Mal. She continues to rebuild her life as she fights for stiffer convenience store ordinances statewide.
 She has returned once to the Circle K store, to place a memorial wreath on the anniversary of Mal's death.
 "I come to Sanford a lot to shop," she said. "I attend a victims' support group at the state attorney's office. That has been a godsend. But it's hard. Mal was my life," she said.
Information from the Associated Press is contained in this report.

Airman

Continued from Page 1A
 Harris said.
 "When I asked him what he wanted to eat, he said, 'Anything but rice and camel meat,'" she joked. She decided, finally, to serve him a camel-shaped meatloaf for his first meal at home.
 The Harrises have been just as eager for their son to come home. Banners welcoming Marty Harris back to the United States

are flying in front of their Third Street home.
 One day after the ground war started, Nora Harris said, she and her husband received a letter from their son pleading with them to support U.S. troops in the effort to liberate Kuwait.
 "He really believed in this," Nora Harris said.
 Harris, who has been in the Air Force 4½ years, also served in Panama last year. In the

Persian Gulf, he was part of a special assignment division that lost 13 men when an AC-130 plane crashed Jan. 21.
 Nora and Hank Harris moved to Lake Mary from Texas two years ago.
 Anyone with family returning from the Persian Gulf to the Sanford-Lake Mary area may call The Sanford Herald at 322-2611.

Bridge

Continued from Page 1A
 Homan said at the present time, the handling of traffic during the construction of the new bridge will not cause any serious traffic problems. "The 2 lanes that will eventually be used for westbound traffic on the new bridge will be built first," he said. "Then the traffic will use the new structure while the old

bridge is torn down." He explained that the complete new structure, which will be located between the existing 17-92 bridge and the railroad bridge, cannot be finished until the old bridge is gone. "The area wouldn't be wide enough for the old bridge to swing open during boat traffic if we added those eastbound lanes," he said.

DEATHS

ROBERT JAMES APPELBECK
 Robert James Appelbeck, 83, Queen Elaine Drive, Casselberry, died Monday at Florida Hospital, Altamonte Springs. Born Aug. 19, 1927, in Minneapolis, he moved to Casselberry from Coral Springs in 1982. He was a real estate agent and a Navy veteran.
 Survivors include wife, Barbara Joan; son, Anthony Clifton, Oviedo; brother, C.A., Orlando.
 Baldwin-Fairchild Funeral Home, Altamonte Springs, in charge of arrangements.

ARNOLD L. HOOD
 Arnold L. Hood, 72, 314 Elm Ave., Sanford, died Sunday at Central Florida Regional Hospital, Sanford, born July 27, 1918, in Phenix City, Ala., he moved to Sanford from Alabama in 1940. He was a retired maintenance superintendent for the city of Sanford and a Protestant.
 Survivors include wife, Jessie; daughters, Jo Ann Hamilton, Sanford; Martha L. Brewer, Altamonte Springs; Patricia Varney, Tennessee; son, Jerry Thomason, Sanford; stepsons, Robert Beall Jr., Joseph Beall, both of Sanford; stepdaughters, Anna Smith, Osteen, Donna Beall, Sanford; sisters, Marie Lloyd, Annie White, both of Phenix City, Dorothy Morris, Columbus, Ga.; Eleanor Thomason, Wyoming, brothers, T.D., Tobe Jr., both of Phenix City, Charlie, Columbus; six grandchildren.
 Baldwin-Fairchild Funeral Home, Oaklawn Chapel, Lake Mary, in charge of arrangements.

Minton, Ahokale, N.C.: paternal grandfather, Dennis W. Sr., Aulander, N.C.
 Baldwin-Fairchild Funeral Home, Goldenrod, in charge of arrangements.

FUNERALS

HOLTON, DENNIS RAY
 Graveside services for Mr. Dennis Ray Holton, 21, of Sanford, who died Saturday, will be 11 o'clock Wednesday morning at the Geneva Cemetery with the Rev. Jack Darrow officiating.
 Arrangements by Gramkow Funeral Home, Sanford.

HOOD, ARNOLD L.
 Funeral services for Mr. Arnold L. Hood, age 72, of Sanford who passed away on Sunday, will be conducted on Wednesday at 2 p.m. at the Oaklawn Chapel of the Baldwin-Fairchild Funeral Home in Lake Mary, with the Rev. John Thomason officiating. Visitation for friends will be on Tuesday from 2-4 p.m. and 6-9 p.m. at the funeral home.
 Baldwin-Fairchild Cemeteries and Funeral Home, Oaklawn Park Chapel, Lake Mary, in charge of arrangements.

LINDSAY, ARTHUR
 Graveside services for Mr. Arthur Lindsay will be 2 p.m. Wednesday, March 28, at Geneva Cemetery, Geneva, with the Rev. Jack Darrow officiating. Friends may call Tuesday from 2-3 p.m. at Brisson Funeral Chapel.
 Brisson Funeral Home, Sanford, in charge of arrangements.

ROSE MARY APPELBECK
 Rose Mary Appelbeck, 85, 1380 Queen Elaine Drive, Casselberry, died Friday at Lakeview Nursing Center, Sanford. Born Feb. 6, 1906, in Minneapolis, she moved to Casselberry from Mount Rainier, Md., in 1957. She was a homemaker and a Catholic.
 Survivors include son, Charles, Orlando; four grandchildren.
 Brisson Funeral Home, Sanford, in charge of arrangements.

LORRIANE JEFFRIS CROSS
 Lorraine Jeffris Cross, 84, 620 Peachwood Dr., Altamonte Springs died Sunday at her residence. Born Nov. 3, 1933, in Philadelphia, she moved to Altamonte Springs in 1974 from New Jersey. She was a homemaker and an Episcopalian.
 Survivors include son, John Kenneth, Altamonte Springs; Thomas, Winter Garden; two grandchildren.
 Beacon Cremation Service of Central Florida, Orlando, in charge of arrangements.

RUTH ALMA FISHER
 Ruth Alma Fisher, 74, 989 Orienta Ave., Altamonte Springs, died Sunday at Florida Hospital, Altamonte Springs. Born Jan. 26, 1917, in Virginia, she moved to Altamonte Springs from there in 1970. She was a homemaker.
 Survivors include two grandsons.
 Beacon Cremation Service of Central Florida, Orlando, in charge of arrangements.

AIMEE REBECCA HARRIS
 Aimee Rebecca Harris, 18, 265 Crystal Circle, Oviedo, died Sunday in Geneva. Born April 10, 1974, in Winter Park, she was a lifelong resident. She was a student at Oviedo High School and a member of Faith

CRANK N' BIKES

2927 N. ORLANDO DRIVE
SANFORD - CENTER MALL
330-4709

SALES • SERVICE • EXPERT REPAIRS
FREE ESTIMATES

\$5.00 OFF

ANY PARTS OR ACCESSORIES
With \$15 Purchase

WITH COUPON EXPIRES 3-30-91

\$12.00 TUNE UP

Reg. \$24.00
Includes: Grease bearings, True Wheels, Adjust Gears and Brakes, Includes Some Parts

WITH COUPON EXPIRES 3-30-91

\$15.00 OFF

NISHIKI RALLY ROAD BIKE
Hurry While Supplies Last

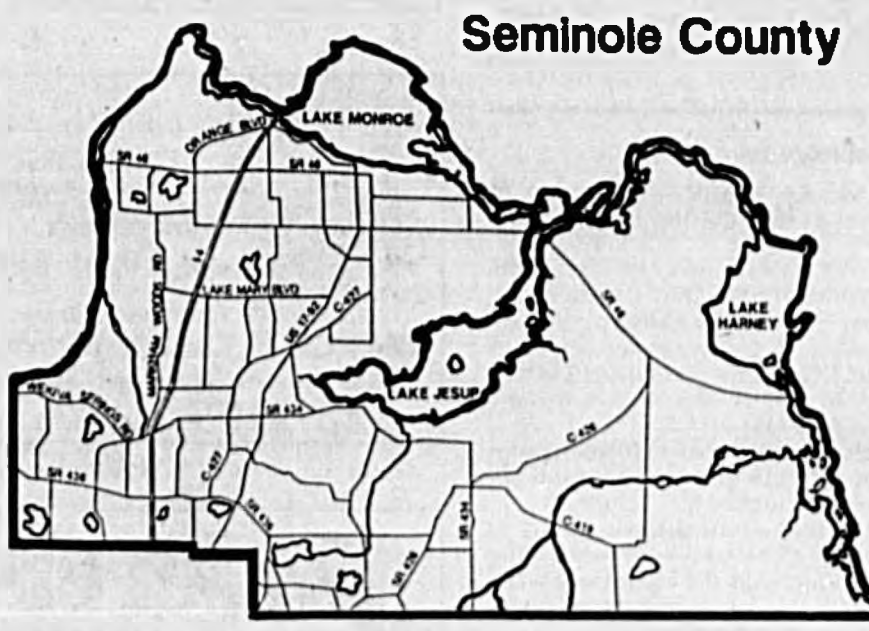
WITH COUPON EXPIRES 3-30-91

NOTICE OF ESTABLISHMENT OR CHANGE OF A REGULATION AFFECTING THE USE OF LAND

THE SEMINOLE COUNTY BOARD OF COUNTY COMMISSIONERS PROPOSES TO ADOPT OR CHANGE A REGULATION AFFECTING THE USE OF LAND THROUGHOUT SEMINOLE COUNTY AS SHOWN ON THE MAP IN THIS ADVERTISEMENT.

A PUBLIC HEARING ON THE REGULATION AFFECTING THE USE OF LAND WILL BE HELD AT ITS REGULAR MEETING ON MARCH 26, 1991. THE PUBLIC HEARING WILL BEGIN AT 7:00 P.M., OR AS SOON THEREAFTER AS POSSIBLE, IN ROOM W122 OF THE SEMINOLE COUNTY SERVICES BUILDING, 1101 EAST FIRST STREET, SANFORD, FLORIDA.

AN ORDINANCE TO BE KNOWN AS "THE SEMINOLE COUNTY LIBRARY SYSTEM INTERIM IMPACT FEE ORDINANCE", CREATING CHAPTER 16, LAND DEVELOPMENT CODE OF SEMINOLE COUNTY; PROVIDING DEFINITIONS, RULES OF CONSTRUCTION AND FINDINGS; ADOPTING A CERTAIN IMPACT FEE STUDY; PROVIDING FOR THE IMPOSITION OF LIBRARY SYSTEM INTERIM IMPACT FEES ON ALL LIBRARY SYSTEM IMPACT CONSTRUCTION OCCURRING IN THE UNINCORPORATED AREA AND ALL INCORPORATED AREAS OF SEMINOLE COUNTY; PROVIDING FOR THE CALCULATION OF LIBRARY SYSTEM INTERIM IMPACT FEE; PROVIDING FOR THE USE OF LIBRARY SYSTEM IMPACT FEES COLLECTED; ALLOWING ALTERNATIVE FEE CALCULATION; PROVIDING FOR EXEMPTIONS AND VESTED RIGHTS IN CONNECTION WITH LIBRARY SYSTEM INTERIM IMPACT FEES; PROVIDING METHOD OF CALCULATING CHANGES IN SIZE OR USE; PROVIDING FOR THE PAYMENT AND COLLECTION OF LIBRARY SYSTEM INTERIM IMPACT FEES; PROVIDING FOR A MUNICIPAL CONTRIBUTION CREDIT; PROVIDING FOR ADMINISTRATIVE REVIEW PROCEDURES; PROVIDING FOR REVIEW HEARINGS; PROVIDING FOR REVIEW OF ORDINANCE AND IMPACT FEE STUDY EVERY OTHER YEAR; ESTABLISHING A LIBRARY SYSTEM CITIZEN ADVISORY COMMITTEE; ESTABLISHING A LIBRARY SYSTEM IMPACT FEE MUNICIPAL TECHNICAL ADVISORY COMMITTEE; DECLARING EXCLUSION FROM ADMINISTRATIVE PROCEDURES ACT; PROVIDING FOR THE ESCROW OF CERTAIN LIBRARY SYSTEM IMPACT FEES; PROVIDING FOR THE CALCULATION OF IMPACT FEES IN THE EVENT OF ENACTMENT OF A SUBSEQUENT ORDINANCE; PROVIDING FOR SEVERABILITY; PROVIDING FOR CODIFICATION AND PROVIDING AN EFFECTIVE DATE.



MARYANNE MORSE
Clerk to the Board of County Commissioners
Seminole County, Florida

Persons are advised that, if they decide to appeal any decision made at this hearing, they will need a record of the proceedings, and, for such purpose, they may need to insure that a verbatim record of the proceedings is made, which record includes the testimony and evidence upon which the appeal is to be based.



When It Comes To Quality Care...

HCA Central Florida Regional Hospital

Makes The Grade.

The scores are in, and HCA Central Florida Regional Hospital has earned a position in the top 4% of JCAHO surveyed health care facilities.

In a world turning healthcare into business, we're making your health our only business. That's why we sought and achieved accreditation from the Joint Commission on Accreditation of Healthcare Organizations.

In an intensive on-site survey we've been put under the magnifying glass and have been judged to measure up to the highest standards of care.

When it comes to commitment to quality our Joint Commission accreditation is action behind words.

HCA Central Florida Regional Hospital

17-92 On Lake Monroe, Sanford

HCA Central Florida Regional Hospital

321-4500 • 668-4441 • 628-8797

People

TUESDAY'S PRIME TIME

Time	Channel	Program	Time	Channel	Program	Time	Channel	Program	Time	Channel	Program
7:00	1	News	7:00	1	News	10:00	10	10	11:00	11	11
7:30	4	News	7:30	4	News	10:30	10	10	11:30	11	11
8:00	3	News	8:00	3	News	11:00	11	11	11:30	11	11
8:30	2	News	8:30	2	News						
9:00	3	News	9:00	3	News						
9:30	4	News	9:30	4	News						
10:00	1	News	10:00	1	News						
10:30	4	News	10:30	4	News						
11:00	3	News	11:00	3	News						
11:30	2	News	11:30	2	News						

For 24-hour listings, see LEISURE magazine of Friday, March 15.

Early detection brings diabetes under control

DEAR ABBY: An estimated 14 million Americans have diabetes which causes 150,000 deaths a year. Even more shocking is the fact that about half the people who have diabetes don't even know they have it. These people are at great risk of heart disease, kidney failure, blindness and amputation. Until last March, I was one of them!

Fortunately, a simple quiz published in my local newspaper alerted me to the symptoms of diabetes, and I was lucky to discover it in its early stages. The quiz, produced by the American Diabetes Association (ADA) for its annual American Diabetes Alert, virtually saved my life. My score indicated that I was at high risk for diabetes so I went to my doctor for a painless test.

The bad news was that my test confirmed that I have diabetes. The good news was that as long as I carefully manage my program of diet, exercise and medication, I can keep my blood-glucose level under control and enjoy the same activities as my non-diabetic friends.

Since March, my blood levels have remained within normal ranges, and I am once again leading a healthy life. Abby, would you please print the ADA



ADVICE
ABIGAIL VAN BUREN

my ideal weight (2 points).
4. I am a woman who has had more than one baby weighing more than 9 pounds at birth (2 points).
5. I am of Native American Indian descent (1 point).
6. I am of Hispanic or black descent (1 point).
7. I have a parent with diabetes (1 point).
8. I have a brother or sister with diabetes (2 points).

Now add up your score. If you scored three to five points, you probably are at low risk for diabetes.

DEAR JOE AND DEAR READERS: This test is not meant to diagnose — only a medical doctor can establish whether these symptoms mean you have diabetes. Here's the test. Each "yes" answer is worth the number of points indicated.

- I have been experiencing one or more of the following symptoms on a regular basis: excessive thirst (3 points); frequent urination (3 points); extreme fatigue (1 point); unexplained weight loss (3 points); blurry vision from time to time (1 point).
- I am over 40 years of age (1 point).
- I am at least 20 percent over

If you scored over five points, you may be at high risk for diabetes. You may even have diabetes, so see your doctor and don't delay. For more information on diabetes, contact your local American Diabetes Association of ADA's Diabetes Information Service Center, 1860 Duke St., Alexandria, Va. 22314. The toll-free number is (800) 232-3472.

(Problems? Write to Dear Abby. For a personal, unpublished reply, send a self-addressed, stamped envelope to Dear Abby, P.O. Box 88440, Los Angeles, Calif. 90088. All correspondence is confidential.)

IN BRIEF

- ### New Yorkers to picnic
- The Northern New York Picnic will be held at Kelly Park, Rock Springs, near Apopka, on Thursday, March 21. This picnic was organized originally in 1950 so it is now 41 years old.
- Bring a covered dish, table service, chairs, and any other items you might need. Florida law prohibits alcoholic beverages at all parks. Picnic lunch will be around noon. Please come and bring a friend and meet a new friend.
- For more information, contact Lois Glass at (904) 429-2290 or Dorothy Berg at (407) 834-5315.
- ### Toastmasters meet
- Seminole Community College (SCC) Toastmasters Club #6581 will meet each Tuesday, at 7:30 p.m. at Seminole Community College. Contact Claire at 899-9318 for more information.
- ### Panic Attack group to meet
- Agoraphobia/Panic Attack Support Group meets each Tuesday at 8 p.m. at West Lake Hospital, 589 W. State Road 434, Longwood. The support group is for those who are afraid to go out of their house and be active in public.
- ### Overeaters to gather
- A regular meeting of Overeaters Anonymous is conducted on Tuesdays at 7:30 p.m. at Florida Power and Light, 301 Myrtle Ave., Sanford. For more information, call Carol at 322-0657.
- ### TOPS chapters to meet about eating
- Take Off Pounds Sensibly Chapter FL 79 will meet Tuesday at 8:15 p.m. at Howell Place, 200 W. Airport Blvd., Sanford.
- ### Nar-Anon to offer help
- Nar-Anon, a self-help group for relatives and friends of addicts, will meet Tuesday at 8 p.m. at Orlando General Hospital. For more information, call 869-8364.
- ### Bridge club to meet, play
- Sanford Duplicate Bridge Club meets at noon each Tuesday at the Greater Sanford Chamber of Commerce, 400 E. First St., Sanford.
- ### Seniors to meet for activities
- LAKE MARY — The Lake Mary Seniors meet every Tuesday for activities at the old city hall, North Country Club Road. The program begins at 9:30 a.m. with watercolor class and drawing. Lap quilting, 10-12 noon and cards and games through the day.
Crafts are taught at 1 p.m. Day ends at 3 p.m.
Details, call 323-4938.
- ### Group targets good health
- Deltona Health Education Club meets the third Tuesday of the month at the Center for Better Living, 2922 Howland Blvd., Suite 4, Deltona, at 7 p.m. Anyone interested in health and well-being is invited to attend.
For information, call (904) 532-9290.

CALENDAR

- ### SHAR formed for cancer patients
- Support, Hope, And Recovery (SHAR), a self-support group for cancer patients, meets every Wednesday at 5:00 p.m., at 1621 W. First St., Sanford. For information, call Mary Lynne Gray, 323-9374 or 322-7785.
- ### Seniors step out
- If you are over 50, you are invited to attend the Over 50 Dance Club dance held every Wednesday, 2:30 - 4:30 p.m. at the Sanford Civic Center. Live music by the Deltonians 11-piece band. Donation \$1.50.
- ### Blood pressure tests available
- Free blood pressure screening is available to the public, 11 a.m. to 2 p.m. on the third Wednesday of each month at the Winter Park YMCA, 1201 N. Lakemont Ave. The screenings are sponsored by Winter Park Memorial Hospital's Home Health Care.
- ### Sanford Optimists to meet
- Sanford Optimist Club meets at noon each Wednesday at Shoney's, Sanford. Anyone interested is invited to attend or call Bud Tobin at 322-7886.

IN THE SERVICE

- Pvt. G.A. Gatti**
Sanford.
Army Pvt. G.A. Gatti, an infantryman, has arrived for duty at Fort Wainwright, Alaska. He is the son of Pamela A. Yanger of 7117 Bluecrest Drive, Cincinnati, and George A. Gatti of 262 Fox Chase, Longwood.
- Pvt. Christina McNeil**
Sanford.
Army Reserve Pvt. Christina M. McNeil has completed basic training at Fort Jackson, S.C. McNeil is the daughter of Hilda B. McNeil of 122 Anderson Ave. and Ronald McNeil of 107 Whispering Pines Court, both of Sanford.
She is a 1990 graduate of Seminole Community College Central Adult High School.
- Pvt. John Bass**
Sanford.
Army Pvt. John A. Bass has completed basic training at Fort Jackson, S.C. Bass is the son of Cathy F. King and stepson of John P. King of 209 Bambo Drive, Sanford.
The private is a 1990 graduate of Seminole High School.

Floyd Theatres
PLAZA TWIN
HWY. 17-92 • 322-7502
THREE MEN & A LITTLE LADY
KINDERGARTEN COP
PROBLEM CHILD

Mitchell
ADJACENT TO SEMINOLE COMMUNITY COLLEGE
CLASS ACTION
KING OF THE HILL
SUPER TUESDAY

Lee's Famous Recipe. COUNTRY CHICKEN
Returning By Popular Request
OVEN ROASTED CHICKEN
OUR LUNCHEES ARE GREAT AT \$1.99
WEDNESDAY IN SANFORD IS FAMILY CHICKEN DAY
3-PC. CHICKEN DINNER 2⁹⁹
1905 S. FRENCH AVE., SANFORD (407) 323-3650

1/2 ROASTED CHICKEN DINNER 3¹⁹
Dinner includes 4 pc. chicken, rice, green beans, mash potatoes and 2 biscuits.
Not Valid With Any Other Offer or Discount. EXP. 4-15-91 SH

National AVON Representative Day

Saluting Avon Ladies in Seminole County (District 247)

TUESDAY, MARCH 19

Let Us Help You Feel Beautiful with **AVON**

 Kate Lynn Reese 323-1074 Riverview Ave.	 Donna Lee Kaczmarzyk 323-7143 Sun Lake	 Bea Young 323-5409 Sanford	 Vivian Mann 322-8926 Park Ridge	 Nidia I. Alameda 330-2619 Keywood	 Judith Mace 323-3069 Cardinal Oaks	 Harriet Mixon 322-0659 Lake Mary	 Marcy Reko 323-0793 Raintree
 Linda Sue Palmer 699-0429 Casselberry	 Barbara L. Kalris 322-0509 The Crossings	 Jennifer L. Ireland 330-2881 Wilson-Wayside	 Patricia Deboe 322-4323 5 Points	 Polly R. Haws 323-1028 Goldsboro	 Pandora Tucker 330-1046 Lakewood	 Twila Haneline 349-1183 Geneva	 Shirley Parker 323-1485 Sanford
 Judy Kalas 324-3738 Sanford	 Diana Dittman 323-6048 Hills of Lake Mary	 Doreen Cline 330-4115 Sanora	 Susan Wenner 323-5499 Groveview	 Karen Luoh 321-9101 The Crossings	 Mildred LaSalle 323-7665 Hidden Lake	 Carol A. Hughes 324-0265 Palmtree Apts.	AVON

If you would like more information about becoming an Avon Representative please contact one of these representatives or 333-2866

BLONDIE



by Chic Young

BEETLE BAILEY



by Mort Walker

THE BORN LOSER



by Art Sansom

PEANUTS



by Charles M. Schulz

ECK & MEK



by Howie Schneider

TUMBLEWEEDS



by T.K. Ryan

ARLO AND JANIS



by Jimmy Johnson

FRANK AND ERNEST



by Bob Thaves

GARFIELD



by Jim Davis

ROBOTMAN



by Jim Meddick

High-fiber diet aids diverticulosis

DEAR DR. GOTT: I am confused and concerned about your diet advice for diverticular disease. In your column, you recommended a low-fiber diet, but I understand that a high-fiber diet is preferable. Please clarify.

DEAR READER: Oops! I made a mistake. This happens occasionally, and I apologize for misleading my readers.

Diverticular disease really encompasses two related conditions: diverticulosis and diverticulitis. In the first instance, sacular outpouchings occur in the wall of the large intestine, causing few, if any, symptoms. The condition is common in adults and becomes more pronounced as we age. It is believed to be due to pressure changes in the colon that are related to constipation, straining and delaying evacuation. Diverticulosis causes no difficulty, unless the outpouchings become inflamed (diverticulitis).

In such cases, fecal matter (and indigestible vegetable fiber) probably plugs the narrow openings of the sacular protruberances, leading to infection. Fever, abdominal pain, disruption of normal bowel activity (diarrhea or severe constipation from colonic blockage), tender abdomen and marked malaise may result.

Treatment includes antibiotics and a digestible, bland diet — unlike the fiber recommended for non-inflamed diverticulosis.

Doctors often recommend roughage and fiber for diverticulosis because such a diet encourages peristalsis (the normal rhythmic contractions of the bowel). Experts also urge diverticulosis patients to cease straining, use mild laxatives (such as prune juice or Milk of Magnesia), evacuate when the urge appears, take Metamucil (a vegetable-fiber stool-bulking agent to aid bowel movements), and avoid eating fruits with small seeds (raisins, strawberries and the like) because these seeds

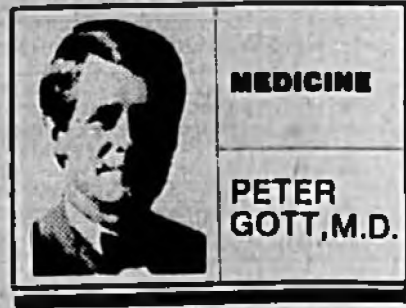
may, at least in theory, lead to diverticulitis.

A high-fiber diet is inappropriate for diverticulitis until the "itis" has been cured.

I am grateful you took the time to write and express your concern about my misstatement.

To give you more information,

- ACROSS 1 Legend 5 Female parents 9 Tina Turner's ex 12 Past time 13 Curse 14 Genetic material (abbr.) 15 Bankrupt 16 Soviet Union (abbr.) 17 Normally (abbr.) 18 Upper limb support 20 "Doll's House" author 22 Wrath 23 Chemical suffix 24 Made on a loom 27 Eternal 31 Hostess 32 Warplane 33 Hey, —!

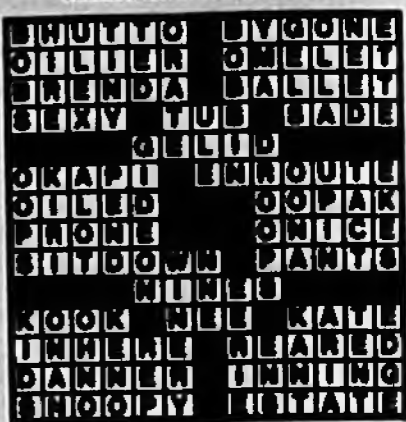


MEDICINE

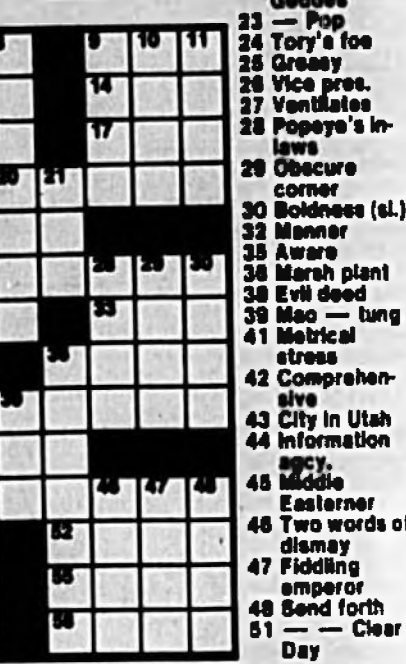
PETER GOTT, M.D.

I am sending you a free copy of my Health Report "Diverticular Disease."

Answer to Previous Puzzle



- ACROSS 34 — de France 35 Like a swamp 36 Complaint 37 Wanderers 39 Chores 40 Lodging house 41 Believer in an idiom 42 Hurt 43 Paint remover 49 Tax agency 50 Stronhold 52 Resistant (abbr.) 53 Agony — 54 Two-load cloth 55 Cross inscription 56 Printer's measures 57 Workrooms 58 Stolen property



WIN AT BRIDGE

By James Jacoby The average player loves to take a finesse, knowing that it is a 50-50 chance of getting an extra trick. Experts hate finesses, since they dislike a play that has only a 50 percent chance of success. They always look for something better. West's low heart lead certainly looked as if it were away from the king. It seemed so safe to call for the heart queen. But Fineser Fred soon discovered it wasn't safe at all. East won with the king, and seeing no future in hearts, switched to the diamond jack. Fred finessed the queen, but it lost and West returned a diamond. Now Fred took his third finesse, this one in clubs, and that lost too. East cashed his diamond tricks to defeat the contract by two. "Would you believe it? Three

finesses lost. Typical of my luck!" moaned Fred. True, finding three key cards offside was very unlucky; about a 12 percent chance. But if Fred had only counted his tricks before playing from the dummy at trick one, he might have spotted the winning line. He had six top tricks, and three more were sure to come from the club suit. So, by winning trick one with dummy's ace of hearts, crossing to hand with a spade and taking the club finesse, he had to come to at least nine tricks, whatever the distribution of the cards. The general principle is that if you must lose the lead, you should make sure you do it while you still have all the other suits under control. Why risk your contract just for the fun of finessing?

Table with hand distribution: NORTH 3-10-91, WEST J75, EAST 10-9-8-2, SOUTH AKQ4. Includes vulnerable status and opening lead.

HOROSCOPE

By Benice Bede Osol YOUR BIRTHDAY March 20, 1991 Be expectant in areas where you plant seeds for progress in the year ahead. Lady Luck will be doing as much as she can to help you. Just be sure you do your part. PISCES (Feb. 20-March 20) When needed most today, your chart indicates things should be moving in your favor. Be patient and hopeful and see things through to conclusion. Pisces, treat yourself to a birthday gift. Send for Pisces' Astro-Graph predictions for the year ahead by mailing \$1.25 to Astro-Graph, c/o this newspaper, P.O. Box 91428, Cleveland, OH 44101-3428. ARIES (March 21-April 19) Don't be a capricious risk-taker today. By the same token, don't be too timid in taking a chance if the results can serve your best interest. In these cases, your fears are apt to be unfounded. TAURUS (April 20-May 20) In financial affairs today, you are not likely to do everything letter perfect. Nevertheless, your good

moves should outnumber your bad ones and put you in the plus column. GEMINI (May 21-June 20) Be optimistic regarding the outcome of events rather than worrisome about things that may never happen today. If you think positively, you'll act positively. CANCER (June 21-July 22) You could be in for a pleasant surprise at this time. Something in which you're involved that hasn't looked too profitable changes for the better. LEO (July 23-Aug. 22) Things have a way of balancing themselves out for you today. If you aren't treated too well in one situation, someone or something could make up for it in another. VIRGO (Aug. 23-Sept. 22) You've heard the old saying, "The harder you work, the luckier you get." This could be especially true regarding your pursuit of meaningful objectives today. LIBRA (Sept. 23-Oct. 23) You are presently in a rather hopeful cycle where your general interests are concerned. However,

material objectives might require a roundabout route to fulfillment. SCORPIO (Oct. 24-Nov. 22) Ambitious aims have an excellent chance of being realized today, and it might be wise to give them top priority while your luck and probabilities are greater than usual. SAGITTARIUS (Nov. 23-Dec. 21) If you have to make an important judgment today that affects another as well as yourself, make your decision from a noble perspective. Good intentions produce mutual advantages. CAPRICORN (Dec. 22-Jan. 19) If you play your cards right, there is a strong possibility that you could generate more financial benefits at this time through a source other than your usual one. AQUARIUS (Jan. 20-Feb. 19) You'll be able to fend for yourself today, but your most notable benefits are likely to come from partnerships. You might be involved in at least two. (C)1991, NEWSPAPER ENTERPRISE ASSN.

by Leonard Starr

