

WINTER SPRINGS...2A

Business forges computer alliance with students



SEMINOLE COUNTY...6A

Our own Chef Doc cooks up a St. Patrick's Day staple

WEKIVA RIVER PLAYERS...AFTER HOURS 6C. SEMINOLE COUNTY DREAM

Serving Sanford, Lake Mary, Longwood, Oviedo, Winter Springs and Seminole County since 1908

90th YEAR, No. 145

SUNDAY, MARCH 15, 1998

75 Cents

Tale of 1 city, 1 county: Is Vanderworp ready to manage Sanford?

By Russ White HERALD STAFF WRITER

SANFORD - There are those in local government circles who believe that Tony Vanderworp, Seminole County's acting Public Works director would be an ideal choice to be Sanford's next city manager.

tional search to find a successor to Bill Simmons, who is retiring in late summer. To date 30 have applied, and the rumber eventually may exceed 200.

Vanderworp said Friday that he has not applied for the job. 'As with any other change, I would have to look at the vision and the goals of the city The city has begun a na- and see how they match my

City officials say they would be very pleased if 46-year-old Vanderworp decides to apply for Sanford's team. He's well liked, well respected and obviously knows the territory after 15 years with Seminole

Vanderworp, who has a master's degree in Regional Plan-

ning from the University of Michigan, has served the county in a variety of roles. He was director of Planning & Development before being picked last year to oversee an em-broiled Public Works Department.

An announcement is expected sometime soon that Vanderworp's new title is direcand Special Projects. One of the projects is the redevelopment of U.S. Highway 17-92.

"This guy is our franchise player, a Seminole County treasure," Commission Chairman Randy Morris said Friday. We'll call the sheriff and have him block all the roads from Please See Manage, Page SA



His name has been mentioned. Seminote County's acting Public Works director, Tony Vanderworp, may be a candidate for Sanford city manager.

New coalition's focus: Attack juvenile crime

By Nick Pfeifauf HERALD STAFF WRITER

SEMINOLE COUNTY - It's a good time to form a new coalition. March 15 - 21, has been designated "Juvenile Justice Week," and local government entities and police departments are banding together in an effort to better deal with juvenile crime.

The cities in Seminole County were asked to approve the Interagency Agreement. It establishes the Seminole County Community Justice Coalition (SCCJC). Included in the participants are the offices of the circuit and county court, state attorney, Florida departments of corrections and juvenile justice, sheriffs office, county department of community services divisions of probation and prosecution alternatives for youth programs, and police departments of Altamonte Springs, Casselberry, Longwood, Lake Mary, Oviedo, Sanford and Winter Springs.

Not all of the entities have approved the coalition as of yet, but no objections are expected as the matter is brought up for formal votes during various meetings.

According to the official pronouncement establishing the coalition, "the parties share the common goal of improving the quality of life for the citizens of Seminole County Florida by reducing crime and recidivism through the efficient operation of the criminal justice system."

It continues. The parties recognize that a team problem solving approach will more effectively address to the issues facing the respective offices and agencies due to the variety of perspectives, experiences and analyses of resources and impacts employed in the problem Pieces See Juvenile, Page SA.

Lake Mary Rinehart Road project will include a National Scenic Trail

Dy Shari Bredie HERALD FEATURE WRITER

LAKE MARY - A 14-foot wide trail will be constructed on the cast side of Rinchart Road, from Lake Mary Boulevard to County Road 46A, as part of the county's National Scenic Trail.

The city commission voted March 5 to approved the expenditure of \$29,620 for Conklin. Porter & Holmes Engineers to execute design and construction engineering for the trail that is estimated to cost \$266,755.

in a separate agenda item, the commission authorized Mayor David Mealor to update the Interlocal Agreement between the city and Seminole County, increasing the mone-tary commitment from the county for the Rinchart Road Widening Project from \$5.5 million to \$7,849,622. The increase incorporates the upgrade of the sidewalk in the plan. The cost will be reimbursed under the penny sales tax for road improvement. City Manager John Litton

said in his recommendation to the commissioners that "this will indeed be an enhancement to the overall project and something that will provide considerable recreation alternatives for our citizens."

David Geirach, vice president of CPH told Litton that construction on the road is progreating and if the trail is to be added "we need to proceed with the design as soon as possi-

Ocirach said the asphalt trail will be used for walking, biking Please See Trails, Page SA

Canine massage therapy



Tender touch works on dogs, too

By Jeana Hughes HERALD STAFF WRITER

SANFORD - Do you suffer from sore muscles, stiffness, or stress? Massage therapy has proven beneficial for many human health conditions, but what about your faithful canine companion?

I see results in my canine clients even quicker than in my human ones," said Licensed Massage Therapist Angela Wills. Wills, who has been practicing massage therapy on people for seven years, began

Wills' first canine client was a rescued shar pei she had taken in when it was about aix months old. The dog was not used to being touched and found it very intimidating. It occurred to Wills that massage might work with her new pet.

The first few times Wills had to entice the dog with a bone. but slowly she was able to increase the amount of touching. It was a great bonding experience," explains Will. Her pet is

Pieses See Canine, Page SA

Winter Springs mayor can't fire city attorney without approval

By Tony Tissio HERALD CORRESPONDENT

WINTER SPRINGS - Winter Springs commissioners this past week agreed that the mayor has no right to fire the city attorney without commission approval.

Commissioner Cindy Gennell reviewed the rules governing the mayor's authority and reported that the general consensus gives the city manager the power to appoint, not remove. The charter does not give permission to fire the at-torney or city clerk, both positions appointed by the commission.

Gennell said, "I'm trying to make the distinction between the power to appoint and the power to dismiss." Mayor Paul Partyka disagreed with Gennell.

That statement is wrong and this issue is not going to court," he said. City Attorney Frank Kruppenbacher said the charter says this is not an issue that can be

Partyka said the crux of the issue is the legal meaning of the charter and for them to get legal definition.

Commissioner Eddie Martinez said, "I can't understand why our mayor is so obstinate on this issue, and the charter also states that the mayor has the right to make appointments with the approval of the council."

Commissioner David McLeod said the mayor has the right to appoint, but not fire, with the

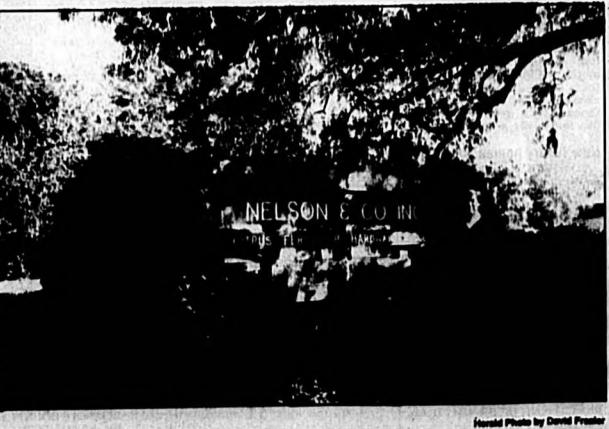
approval of the city commission. "It's inconceivable that the charter would allow the mayor

the power to remove," he said. This item was passed by the commission with

a resolution that the mayor doesn't have the power to fire the city clerk or attorney without commission approval.

In other business: During public input residents told commissioners that they had water gushing around

There are two ays of spreadle ight to be the dle or the mirro that receives it.



Arthur Evans, president of Nation and Company, stands in front of the company sign. Oviedo's oldest business, now into real estate and comm

Oviedo's oldest business finds a future in progress

By David Frazier HERALD STAFF WRITER

OVIEDO - Before the Oviedo Marketplace, before most of the growing number of shops and stores, before pretty much anything, there was Nelson and Company.

The business has been a mainstay in the Oviedo community since the fledgling days of the now booming city.

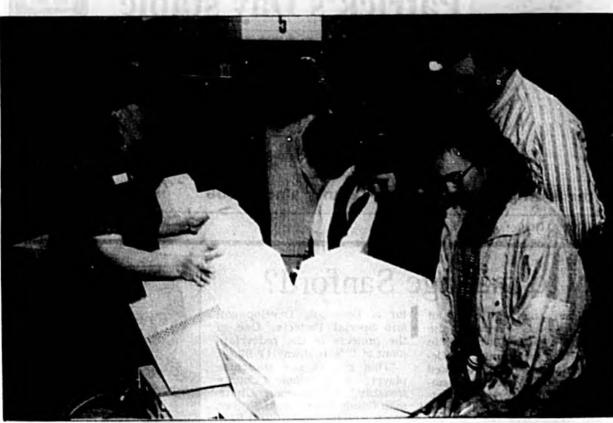
It may be disputable which

is the oldest business in Oviedo: A. Duda and Sons or Nelson and Company. Nelson was incorporated in 1923, but, according to Arthur Evans, president of the company. there are pictures of the Nel-son's old fruit packing plant that date back to 1886.

"My rather bought the busi-ness from the Nelson brothers back in 1923," said B.F. Wheeler Jr., chairman of the board for Nelson. The Nelson brothers came over from Sweden and developed a partnerahip with B.F. Wheeler Sr. Wheeler Sr. bought the brothers out and has kept the Nelson name ever since.

Nelson has been involved in several business ventures since its inception. Even though they have dabbled with fertilizer and hardware, their main staple has been agriculture. It started off with a few citrus groves, and then blossomed with both fruit and celery crops. "Agriculture was basic to Seminole County back in

Business



Herald Photo by Tommy Vincent

Patty Kirkley, a Technology Facilitator at Stenstrom Elementary, looks over the computers donated by BellSouth Mobility, with Winter Springs Elementary

fifth grade student council representatives Warren Williams, from left, Samantha Leach and Morgan Mason, as Principal Dan Snowberger watches.

BellSouth Mobility answers the call, donates computers to local schools

Special to the Herald

WINTER SPRINGS - BellSouth Mobility continued its commitment to the community it serves with the donation of 10 computers to the Seminole County School System on Wednesday, March 11 at Winter Springs Elementary.

Recently, BellSouth Mobility has donated more than 60 computers to Central Florida organizations. The, IBM 486 computers come equipped with a keyboard, mouse, 15-inch monitor and a hard drive. If these computers were purchased branch new each computer would cost approximately \$2,200. That accounts for more than \$140,000 of computer hardware that BellSouth Mobility has donated to Central Florida organizations.

The Great Oaks Village, Lions Club and Orange and Seminole County School Systems have all received computer donations from BeliSouth Mobility.

*BellSouth Mobility is proud to contribute to these outstanding Central Florida Organizations," said BellSouth Mobility Regional Vice President Jim Bacon. "When we moved in to our new headquarters at the end of last year

we upgraded our computer system and that enabled us to donate these computers. It is exciting that we are able to improve the educational experience of students with this donation of current technology."

The donation of the computers, this Wednesday, to Winter Springs and Stenatrom Elementary schools will assist with the education of the students. Five computers will be donated to each school and used at the principal's discretion.

We gladly welcome any donation of new or used equipment from community organiza-tions, such as BellSouth Mobility," said Seminole County Schools Spokesperson Dede Schaffner. Computer literacy is such an advantage for all ages and the ability to introduce additional up-to-date computers to our students will help forward their education's immensely."

BellSouth Mobility, a subsidiary of Atlantabased BellSouth Cellular Corp., operates in 190 cities in 15 states. More than 2.7 million customers choose BellSouth Mobility as their wireless service provider. The Central Florida district serves customers in Orange, Osceola, Seminole, Lake, Flagler, Volusia and Brevard counties.

New temporary staffing office opens

HERALD STAFF WRITER

SANFORD - The unemployment rate continues to drop in Seminole County. According to the latest county unemployment statistic, while the state average is 4.9 percent, Seminole County's figure was 3.2 for January 1998, compared to 3.8 in January a year ago.

With the normal employment offerings during the Christmas holidays, Seminole County had an unemployment percentage of 2.8 this past December, among the lowest rates in the entire state.

The low rate often makes it difficult for business and industry to obtain suitable employees.

In order to assist in the hiring, especially in the field of temporary workers, Workers Temporary StaMng. Inc., based in Winter Park, has announced it will open four additional offices during the next six month. One of the locations is to be in Sanford. No

specific location has been announced at the present time. In addition to Sanford, other new locations will include Jacksonville and Fort Pierce, with a second office in the

Orlando area. Workers Temporary Staffing focuses on filling temporary jobs in construction, professional offices, hotels, restaurants, light manufacturing and assembly.

The company had formerly been called Workers of Florida, but changed its name late last year in order to expand outside Florida in the near fu-

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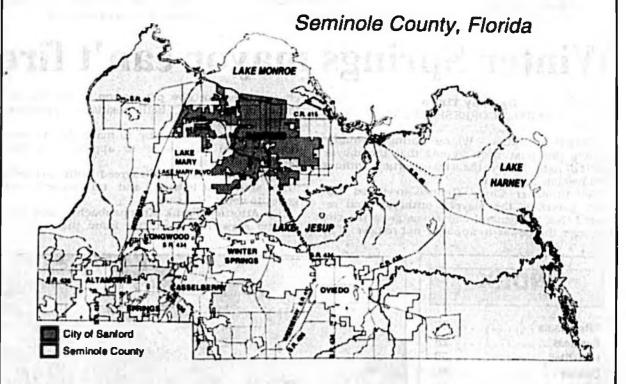
Longwood • 695-8288

NOTICE OF JOINT LAND USE PLANNING AND **DEVELOPMENT RELATING TO ADULT USE** SITES/LAND DEVELOPMENT REGULATIONS SECOND PUBLIC HEARING TO BE HELD **MARCH 24, 1998**

The Board of County Commissioners of Seminole County proposes to adopt the ordinance described in the title set forth below. Notice is hereby given that the Seminole County Board of County Commissioners (BCC) will conduct a public hearing on March 24, 1998, beginning at 7:00 p.m., or as soon thereafter as possible, in the County Services Building, 1101 East First Street, Sanford, Florida, Room 1028 (Board Chambers), relating to the proposed ordinance, The purpose of this hearing is to consider recommendations of the Seminole County Local Planning Agency/Planning and Zoning Commission (LPA/P&Z), receive public input, and input from any local government or other agency on the following described proposed ordinance. The BCC will also make a determination as to whether the proposal is consistent with the goals, policies and objectives of the Seminole County Comprehensive Plan. The first public hearing regarding this ordinance was held by the BCC on March 10, 1998. The ordinance could be enacted by the BCC on March 24, 1998. The title of the proposed ordinance is:

AN ORDINANCE RELATING TO MULTI-JURISDICTIONAL LAND USE WITH REGARD TO THE PERMITTING. LOCATING AND SITING OF ADULT ENTERTAINMENT ESTABLISHMENTS AND SEXUALLY ORIENTED BUSINESSES: AMENDING THE LAND DEVELOPMENT CODE OF SEMINOLE COUNTY; ENACTING AS A COUNTY LAND DEVELOPMENT REGULATION THE PROVISIONS OF AN INTERLOCAL AGREEMENT BY AND BETWEEN/THE CITY OF SANFORD AND SEMINOLE COUNTY; PROVIDING THAT SITES WHEREON ADULT ENTERTAINMENT ESTABLISHMENTS AND SEXUALLY ORIENTED BUSINESSES MAY BE LOCATED IN THE COUNTY SHALL ALSO BE AVAILABLE CITY SITES; PROVIDING THAT SITES WHEREON ADULT ENTERTAINMENT ESTABLISHMENTS AND SEXUALLY ORIENTED BUSINESSES MAY BE LOCATED IN THE CITY SHALL ALSO BE AVAILABLE COUNTY SITES; PROVIDING THAT ALL SUCH SITES SHALL BE JOINT SITES: PROVIDING FOR THE COORDINATION OF COMPREHENSIVE PLANS AND LAND DEVELOPMENT REGULATIONS; PROVIDING FOR THE PURPOSE AND INTENT OF THE JOINT PLANNING AREA; Providing for comprehensive planning and land development regulatory activities Providing for the use of land for adult entertainment establishments and sexually ORIENTED BUSINESSES; PROVIDING FOR THE PROVISION OF INFRASTRUCTURE; PROVIDING FOR CONFLICT RESOLUTION; PROVIDING FOR TERMS; PROVIDING FOR NOTICE AND OTHER ADMINISTRATIVE MATTERS AND PROVISIONS; PROVIDING FOR CODIFICATION; PROVIDING FOR SEVERABILITY AND PROVIDING FOR AN EFFECTIVE DATE.

The proposed ordinance will involve the imposition/application of land development regulations to the following property, which is the unincorporated areas of Seminole County, Florida and the area within the city limits of the City of Sanford, Florida (see map below). (BCC Districts #1, 2, 3, 4 and 5 respectively)



The general public is encouraged to appear at this hearing and present input in accordance with the procedures used by the BCC or submit written comments to the Current Planning Office, 1101 East First Street, Sanford, FL 32771, telephone (407) 321-1130, extension 7433 or FAX 326-3239. This hearing may be continued from time to time as found necessary by the BCC. Copies of the staff report regarding this proposal, proposed ordinance, and related information, including any written comments received, are available for public review at the address above, Room 1000, between the hours of 8:00 a.m. and 5:00 p.m., Monday through Friday, excluding holidays. A copy of the proposed ordinance is also available for public review at the County Commission Records Office at the above address, Room 2204, Monday through Fridey, excluding holidays.

Persons with disabilities needing assistance to participate in any of these proceedings should contact the Human Resources Department ADA Coordinator 48 hours in advance of the meeting at (407) 321-1130, extension 7941. Persons are advised that if they wish to appeal any decision made at this meeting, they will need a record of the proceedings, and for such purpose, they may need to ensure that a verbatim record of the proceedings is made. which record includes the testimony and evidence upon which the appeal is to be based, per Section 266.0105. Florida Statutes.

> BOARD OF COUNTY COMMISSIONERS SEMINOLE COUNTY, FLORIDA BY: JOHN DWYER, MANAGER, CURRENT PLANNING

IN BRIEF

Joe's Crab Shack

SANFORD - Falson Orlando has successfully concluded negotiations to sell a restaurunt building and 1.9 acre site at Gateway Plaza near the Seminole Towne Center.

The property will be home to Joe's Crab Shack, a scafood concept owned by Houston, Texas based Landry Restaumnts, Inc.

Faison Managing Partner Frank W. Herring Jr. sand Tanya A. Manfra logged \$1.1 million for Faison Florida Retail Development, owners of the outparcel.

"The Landry people have been in Orlando for quite some time," Herring said, "and they have identified several locations for other restaurants, but this is their first one."

New engineer LAKE MONROE - Metro-Orlando Wharton-Smith, home based in the Lake Monroe area has announced Andy Bowman has been hired as a project engineer. Bowman will be



Photo Courteey of Cristal Marketing Co. New In Lake Mary. Altamonte Springs-based general contractor Roger Kennedy Construction, Inc. recently completed this \$4 million 3-story 124room Hitton Garden Inn on Currency Circle at Primera in Lake Mary.

working on Westside Regional Wastewater Treatment Plant upgrading and expansion, a \$14.4 million project, in Daytona Beach. Bowman was formerly employed by Danis

LEGALS

Margaret Staley

PRODUCTION

Peggy Beenner

Heavy Construction Company, and has three years experience in the construction industry.

Tops in sales

OVIEDO - M/I Homes of Altamonte Springs has named its top sales persons for the month of February. Among them was Doug Duncan. working out of Ekana Green in Oviedo, who reportedly sold five homes for a dollar volume of \$811,000.

New luxury homes

LONGWOOD - Alaqua Lakes, near Longwood, will unveil nine new luxury homes worth over \$5 million, during a gala opening weekend, March 21 and 22

The Taylor Woodrow Communities country club com-munity will open its sales center March 9, with plans to host a gala preview reception at the center on March 19 for area dignituries, guests and pro-

spective buyers. During the grand opening, possibly 1,000 persons are expected to tour the community located on Markham Woods Road, north of SR-434 near Longwood.

Also at Alaqua Lakes, the new \$300,000 plus sales center is now open for business.

"Serving Seminole County Since 1908"

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Republic

POLICE BRIEFS

DUI charged

*Carlos Cazares, 26, of 3202 Orlando Dr., Sanford, was arrested Thursday by Lake Mary police. Cazares was charged with DUI, alcoholic beverage (sell/give/serve to person under 21 years) and open container, Cazares was arrested at the corner of Lake Mary Boulevard and Lawrence Drive. Cazares grabbed the attention of a police officer by abruptly stopping his car at an intersection, and then proceeded to run the

*Ronald Macadam, 53, of 633 Sabal Lake Dr., Longwood, was arrested Thursday by Seminole County deputies. Macadam was charged with DUI and arrested in the 200 block of Wekiva Springs Road. Officer saw Macadam approaching his car and appearing to be very unateady.

Breach of the peace

Bobby Floyd, 30, of 1408 Mara Ct., Sanford, was arrested Thursday by Sanford police. Floyd was charged with breach of peace/disorderly conduct and possession of controlled substance with the intent to sell/distribute. Floyd was observed outside of his house by police screaming and

Trespass after warning charged

Terence Bossert, 48, of 161 N. Edgemon Ave., Winter Springs. was arrested Friday by Winter Springs police. Bossert was charged with trespans after warning and possession of cannabis under 20 grams. Bossert was arrested in the

Juvenile

Continued from Page 1A

solving effort." Each of the 14 entities has been asked to designate one person to form an advisory board which will meet regularly to discuss and deal with twenile crime problems. The sheriff's department has agreed to provide a pilot program community office, to be located in the Seminole Neighborhood Policing District 6 Community Service Center.

On a statewide level, Governor Lawton Chiles has an-nounced that more than 200 special juvenile justice-related activities will be conducted during the week and the days following, in the department's 15 districts. The largest will be Monday on the steps of the Capitol in Tallahassee form of a "Faith Initiative Rally.

In Seminole County, open house events are planned for several grant/contact programs including Excel Alternatives. JAC and the Grove GUYS and KEY programs.

Later this month, March 28, a violence-free march will be held beginning at the court house in downtown Sanford, and ending at Fort Mellon Park. Special guest speakers are being planned at the con-clusion of the march.

Mayor

Continued from Page 1A

properties due to ground water swelling from the public works department. The commissioners were updated on progress for some traffic calming plans.

The police department requested that the commission review and approve the school resource officer agreement with the Seminole County Public School system. This was to provide for school resource officers for the year started Oct. 1, 1997 at the Indian Trails Middle School and Winter Springs High School. Approval was granted.

The Community Development Department/Land Development Department requested the commission's approval for an impact fee credit agreement between the city and L & H Developments Inc. This agreement will credit L & H with transportation impact fee costs associated with the building of 27 homes in The Oaks Subdivision. The motion passed.

The second item for the police department that occurred later on the agenda dealt with the police department needing additional vehicles for eight new police officers. The commission passed this item for up to 6 cars and no motorcycles which were requested.

The next commission meeting is scheduled for March 23 at 8:30 p.m. at the City of Winter Springs city hall.

300 block of West State Road

Battery arrest

Dietrich Freency, 20, of 813 N. Valencia Ct., Sanford, was arrested Friday by Sanford police. Freeney was charged with battery, aggravated battery and criminal mischief. Freeney was arrested at the above address. Freeney allegedly struck her brother in the buttocks with a knife, struck her other brother with her hands and "destroyed" her mother's house.

Retail theft charged

Louis Wilson, 46, of unknown residence, was arrested Thursday by Sanford police. Wilson was charged with retail theft and arrested in the 3100 block of South Orlando Drive. Wilson allegedly took two packages of meat out of a store.

QUAD squad on the job

Godfrey Knight, 18, of 807 Willow Ave., Sanford, was arrested Thursday by Sanford Knight was charged

with tampering with physical evidence, possession of drug paraphernalia and resisting without violence. Knight was arrested in the 800 block of Sanford Avenue. The Sanford QUAD squad made the arrest.

Grand theft, forgery charged Dawn Wilcox, 43, of 1303 Wynnewood Dr., Sanford, was arrested Thursday by Sanford police. Wilcox was charged forgery/alter/counterfeit credit card with intent, obtain credit/purchase false/expired/counterfeit and grand theft. Wilcox was arrested in the 800 block of South French Avenue. Wilcox's arrest comes as a result of a case dating back to March 3,

Trespass after warning

James Caldwell, 19, of 655 David St., Winter Springs, was arrested Thursday by Winter Springs police. Caldwell was charged with treapasa after warning and arrested at the corner of 434 and Tuskawilla.

Longwood mulls renovation, preservation, apartments

By Nick Pfeifauf

HERALD STAFF WRITER LONGWOOD - A lengthy and varied agenda has been prepared for Monday night's Longwood City Commission Meeting. Items range from renovation of the commission chambers to presentations on historic preservation and Longwood Apartments Phase

As of this past week, the following Items were listed on the agenda for the regular commission meeting:

Opening ceremonies

Public hearing - condemnation of structure at 829 Raven

· Community announcement Spring Holiday Egg Hunt

 Recognition awards - Bustness Person of the Month, Employee Recognition of Public Safety Dept.

Board appointments - Parks and Recreation Advisory Board and Charter Advisory Board.

Public input - Central Florida Society for Historic Preservation, Craig Van Hooven, city representative to Citizens Advisory Committee of MetroPlan Orlando, and Presentation of annual audit.

Public participation

 Mayor and commissioners' reports Consent agenda (financial

matters)

 Monthly financial report Consideration - appeal of decision by Development Review Board regarding Longwood Apartments, Phase II, storm evaluations.

Ordinance 98-1397 - abandonment of portion of drainage and utility casement behind

138 Baywood Avenue. * Revisit ordinance 97-1387 regarding establishment of cer-

tain fees. Review and discuss city code regarding security alarms and

alarm registration. City Administrator's report

City Attorney's report

* City Clerk's report Adjournment-

The Longwood City Commission meeting, Monday, March 16, will begin at 6 p.m. at Longwood City Hall, 175 W.





Seminole Rerald

China King Buffet 2506 S. French Ave., Sanford 323-6166

OWNERS

Dear Valued Customers,

Due to recent coverage on WFTV Channel 9, we are compelled to inform you that several important facts have been missing in the reports:

- The points in the survey of the restaurants were taken from the past two and half year's records. China King has been under our management for only two years. The points accumulated during the 6 month period before acquisition were not mismanaged by Hun Lung Inc.
 - During two years of management, we have maintained notable cleanliness in our premise. We have complied and rectified every citation and have not failed to do so.

We thank you for your patronage, and assure you that we will zealously maintain to cater quality food at an affordable price and pleasant dining environment for your enjoyment.

The management of China King

EMPLOYEES

To Whom It May Concern,

We have been employed at China King Buffet for 4 1/2 and 5 years and would like to inform you that some of your Action News reports are totally untrue. You state that M. Lam closed a business because of Health Violations and re-opened here. China King has been open for 5 years and Mr. Lam. only took over management 2 years and 3 months ago. You also report we have had fifthy conditions and health violations in the past 2 1/2 years. We have been here for all our inspections and the only violations we've had were before Mr. Lam took over.

Maybe we've had warning of a utensil being placed in a sink it shouldn't have been in or pest control problems which every restaurant has especially in Florida, but Mr. Lam is always quick to correct any problem we have and has done so all along. Why don't you put that in your report?

On your web site you show 16 other restaurants with many violations however you only show Bamboo Cafe' and China King on film, both Chinese Restaurants. Could that be discrimination? Also the way you show on your commercials the kitchen of Bamboo Cafe' and then our sign gives the impression that is our kitchen and it is

We understand you have a job to do and respect that fact but we also have jobs and if our customers believe your reports we will no longer be able to make a living.

We eat at China King almost every day as do our family and friends. Obviously if our restaurant was as dirty as you report neither us or our families would eat here.

We can also assure you we would not be writing you this letter with our signatures if we thought it would backfire.

As frequent viewers of Channel 9 we are very discouraged by the way this story was handled and wonder if the news we rely on every day is only half of the story as this one is.

Please know this letter is to tell you our side of the story as employees that want to get the story straight.

Sincerely,

Chare whose Hiso Molly DAR Supervisors CHANA KINDS BUFFET

CUSTOMERS

To Whom it may concern:

My wife and I have been coming to China King for years. We have had very good service and food from this restaurant. I can say the food has been of the the highest quality.

Prices and service are the best in this area.

Jerry L. Cornell, Sue Ann Cornell Sanford, FL

March 5, 1998

I have been coming to China King for the past two years and have never had any negative experiences. The food is excellent, well prepared, and a vast selection is offered. It definitely is one of the best values in Central Florida. On three different occasions I have seen the "negative" reports and they seem to be in accord with the current "media mania" which seems to continue to "Beat A Dead Horse". There are some very serious infractions being committed on a regular basis with about every "fast food" franchise, but due to political affiliations these go unreported due to their influence. China King should not be "singled out." for any reason. I will continue to come here and and bring my international friends.

David Goodpaster, Casselberry, FL

To Whom It May Concern,

I am a frequent regular customer of China King Buffet. I

find the food here delicious. The atmosphere and service very enjoyable and the prices are the best in town. I've been a regular customer here since I moved from New York 2 years ago.

Donald C.Pritchett, Jr.

To Whom It May Concern,

I have been a resident of Sanford since the 60's. I have never had anything but excellent food and service at China King, and I frequent this restaurant quite often.

Jim Brogdon Sanford, FL

To Whom It May Concern,

We have been eating here for the last several years, and have found the food to be excellent.

In our opinion the restaurant is always clean and sanitary, and the employees are efficient and courteous.

We love this place and we will continue to dine here, as the food is excellent and reasonable and we eat here at least twice a week.

Mary F. Conway, W.M. Conway, Marty Lee Conway Sanford, FL William Conway, Clermont, FL

SEMINOLE Opinion

The Herald

4A - Seminole Herald, Sanford, Florida - Sunday, March 15, 1998

EDITORIAL

Both sides of a discussion

A meeting has been scheduled for Tuesday, March 17, in the Fellowship Hall of Sanford's First Presbyterian Church, at 4th Street and Park Avenue. According to the meeting's organizer. Doug Groseclose, the purpose of the meeting is to discuss the proposed development of Fort Mellon Park.

Efforts have been under way toward possibly using part of the park land

as a hotel/conference center complex as well as other uses. The use would place the cityowned property back on the tax rolls, and be part of the massive lakefront development project.

Groseclose says items to be discussed at Tuesday's meeting include proposed road modifications, traffic patterns, possible alternatives and potential future citizen ac-

In setting up the meeting, he pointed out that more than 80 percent of those attending a similar meeting in February were opposed to the development in Fort Mellon Park, although a similar percentage support the creation of a hotel/conference center somewhere in Sanford.

We see it as logical that such a large number of people at the first meeting were against the use of the park for this purpose. With efforts begun toward obtaining plans and proposals for the development, persons who might be in favor of the development probably felt there was no need to attend.

This is normal for such meetings. A meeting "against" a proposal seldom draws proponents of it.

We commend Groseclose for showing enough concern and interest in this development proposal that he is taking it upon himself to act in a leadership capacity for these meetings. We hope that matters brought forward at the meetings will be able to advance to the ears of the proper authorities who have said they want more public input in the matter.

Mostly however, we hope this can be a discussion meeting, rather than a gripe session. The only way this can come about is if people who are in favor of the development also turn out at the meeting and voice their opinions. There are two sides to every story, and both sides need to be aired.

In doing so, we urge both sides to be courteous and concerned enough to listen to what the other side has to say.

If only people who are against the development turn out Tuesday, they may be at a church meeting facility, but they will only be preaching to the choir.

LETTER

Lakeview **Nursing Center** administrators Army and Joe Miller receive kudos from staff and residents on their first anniversary at the facility.



An anniversary thanks

We the staff and residents of Lakeview Nursing Center, Sanford, would like to express our appreciation and gratitude to Joseph Miller, our administrator, and his wife, Amy, our assistant administrator, for making this past year positive

The changes in this past year have been very positive. The Millers are two of the most caring and compassionate people we have had the pleasure to encounter. They always have time to listen to the residents as well as the staff. The Millers are very personable, they take a great deal of interest in Lakeview, not only to listen to problems, but to do fun stuff, such as cookouts, (Mr. Miller does cook.)

The Millers have made not only living here at Lakeview Nursing Center, but working here, a pleasant experience. We are proud to be a part of the Lakeview Nursing Center family! Thank you Joe and Amy.

The Staff and Residents of Lakeview

Sanford

Seminole County's answer to light rail

Do I have a crystal ball or are the politicians In Orange County paying more attention to what I am saying in this column? I suggested several weeks ago that it would be a good idea to forget about the northern segment of the light rail system and go ahead, if they insist, with the system from Orlando to International Drive.

That's what they are going to do. I also stated that by the time that segment is completed it will be outdated because there are new systems being developed right now, I suggested Seminole County do its own planning.

Unfortunately, Seminole County and the cities therein don't seem to have the foresight to see that this is an opportunity! I have always felt creating a sensible light rail route at a very low that the best way for this system to be built was by having the counties develop their own routes and to have those routes join the other counties at designated points.

Let me give you a perfect route through most of Seminole County that will be cost efficient, easy to build, with very little opposition. It's very simple. Use the 17-92 corridori include in the plans for the redevelopment of this roadway the light rail or possibly a more advanced system. In so doing, stations and parking can be incorporated into the plan. You must have park and ride. You must also have stations that allow riders to be protected from the elements. The key is parking and protection from the elements. The additional right-of-way would be minimal. Using this corridor, already accepted, that has a direct path to Orange County makes a lot of sense. Planning for the Seminole County segment would be very simple.

We would have a direct path from the St. Johns to Maitland at which point Maitland could follow the route, as could Winter Park, with little impact on any of the cities. Alta-monte and Longwood would not be affected, and with stations and proper interfacing of bus service, all would be well served. Once you hit Colonial Drive the line could turn to the right and find it's way to a point that will please the city of Orlando.

Sound simple? It is. The cost? Very little compared to other routes that meander all over the place, if you use this corridor and go shead gested long ago, you will have created a sensi-ble system for relieving traffic congestion and



Ernie Hatton II

Emie Hatton II is a veteran member of numerous government boards and is a civic activist in the interest of good government.

It would be wise to incorporate this concept into the northern route as it will not affect anything being done in the south and there would be no reason for delay. In fact, moneys that are allocated for the rail system could be utilized into the redevelopment of the 17-92 corridor. There may even be a bonus if you use this route. Think about that one! Can you think of any other roadway that is as easy to get to by all the cities involved with such a small impact. What about Florida Hospital, right to their doorway. Of course, this part would fall into Orange County planning.

This tells you...

Two men sat down at a ldtchen table, according to a large newspaper, and designed a public transportation system for a large city. They were able to get it on the ballot. The people voted for it and against the system designed by consultants and endorsed by the politicians. What does that tell you?

Took my idea for toll roads but they want to perfect it. In this case perfecting it means de-stroying the concept. Once you start removing and replacing concepts you usually end up destroying the plan. Why? Because you don't understand it to begin with and with certain elementa missing, it won't work.

Disaster planning - There's a great plan in the hands of John Blackwood. D.A.W.N. what's happening with #?:It's not complicated!

Mational politics

Folks, we just spent millions of dollars for NOTHING. Why? Because some are afraid they may get what they now wish they hadn't wished for: the impeachment of Clinton. Oh, it won't happen because they now realize that both for the country's sake and the sake of the Republican Party this is not a good idea. I said that long ago. The next election is the way to gain the White House. However, we certainly did waste a lot of money and gained very little. In fact, there's more light being shown on what we haven't done. No campaign finance reform, no term limitations, no new tax restructuring and not much in the way of new ideas except the balanced budget which the party will probably not get much more credit for than the president. Lots of money

Now we will have more money than expected. What are we going to do with it? Instead of looking at the problems that need solving and paying back our debt to the social security fund AND taking it off the books and out of the budget process, we're dreaming up new adventures as to how we should spend all this money as quickly as possible. There's more spending ideas than brains.

Let me tell you this is not going to last. There is going to be a downturn in the economy! At first it will be of benefit, low interest rates, short- lived good times, but then it will have a real effect on this country. The worse is that there are too many families suffering now. Add several million more and look out!

Abertien and school attendance

Get this, if your child is not in school you will receive an automated phone call advising you that they were not in attendance. In our case we already know that. However, if your daughter is going to have an abortion and she is a minor she can have an abortion because a judge somewhere has decided it's OK and the parents do not have to be advised. Make sense? I don't think so! Whether you are pro-life or pro-choice I would think you'd like to be advised and feel it is your right as a parent to be advised of such a procedure. This is definitely a state infringement into our lives.

THE KIBS - They're still my favorite people!



Why education is vital to society

Education was vital to America at the birth of this nation and is more critical today because there are more Americans and it is a complex

Thomas Jefferson, our third president, and fa-ther of the Declaration of Independence attested to the fact that the prerequiate for a Republican government was an "informed public". According to Jefferson this was to be accomplished by educating the entire population and maintaining a free press. His vision of education was an upper and lower school. The objective of the lower schools was to provide literacy.

Jefferson's vision is contemporary because literacy for all is not only a desired goal but a necessity for the perpetuation of the American dream. Parents, teachers, administrators and community members have the resources to effectuate educational change. Changes needed to insure that each child is provided an environment that makes learning an exciting lifetime adventure.

The ultimate objective of education is to aid each student to become a self sufficient contributing member of society, in consonance with his/her abilities.

There are some basic truths all of us need to embrace if the goal of educating all children is to be realized. They are:

each day of a child's life is a learning experi-

QUEST COLUMN Luriene Sweeting



Luriene Sweeting is a re-tired educator who holds doctorate degree. She le a candidate for Seminole County School Board, District 5, a seat currently

held by Jeanne Morrie.

2. All children can learn.

for oneself, for others and property.

3. An expectation of skill mastery for all. 4. All children must be taught to take respon-sibility for their behavior by developing respect

5. All children must be aided in understanding the high correlation between education and the quality of life in America.

6. Children must be educated to provide the 1. An acceptance of the fact that every minute workforce that employers need, whether immeach day of a child's life is a learning experidiately after high school or college.

Special People



TONY TIZZIO

Tizzio is an advocate for the disabled.

The disability movement

Recently we here at Special People credited Dr. Martin Luther King, Jr., by saying if it was not for Dr. King, every minority per-son including the disabled would be fighting even harder for equal rights in this country and the world.

Where and who are the next minority leaders in the U.S.? Unfortunately, the disabled cannot point to one person who has done the most to advance our cause, the closest person one may think of is Helen Keller. Of course, since there are so many different kinds of disabilities, Ms. Keller might not be the correct role model for eve-

As we get even closer to the year 2000 we are just now getting over the negative effects of the 'me' decade, the '80s. Sure, some may doubt the effects of that period in our history, but the evidence is clear, most of us were more interested in making money than

watching out for the other guy.
You can see it everywhere, Young adults are helping disabled children such as the learning disabled. With the increased media attention on disabilities, issues have heightened our visibility in society and thus increased our role in it.

Getting back to the future leaders of the disability movement. Medical science in diagnosis and treatment, technology, computers and computer aided devices and higher educational standards as in the main-streaming of disabled kids into regular classes, have elevated the futures of disabled children.

From childhood on, the disabled now have greater opportunities. By opportunity I mean that we are now physically able to enjoy life better and dare I say, more nor-mally. With opportunity comes responsibility. By responsibility we mean that the dis-abled owe it to the future generations of disabled people to share some of our strug-gies and problems.

This may sound like an unusual idea, but much the same way many ethnic groups pass on their heritage, so must the dis-

Picaso See Tissio, Page SA

Manage -

Continued from Page 1A the County Services building to Sanford City Hall to keep Tony Vanderworp."

I'm hoping he would apply for our position," Sanford Commissioner Whitey Eckstein said Friday. Tony Vanderworp is an extremely capable person. I respect him."

Although the city commission will make the final choice. its members are not doing the recruiting or the initial screening of candidates. That job belongs to a blue ribbon committee," Eckstein said, "and I do not want to influence what they do."

The committee is headed by Sanford attorney George Wallace. The plan is for the committee to select the top candidates, creating a short list of no more than a half dozen.

Mayor Larry Dale, like Eckstein, said he prefers to stay out of the screening committee's path. Would Tony Vanderworp be a welcome applicant?" Dale said Friday. "He would be welcome anywhere in the private or public sector. He has not applied here, however."

"This thing may be further along than anyone knows, County Commissioner Dick Van Der Weide said Friday. Anyone would be interested in a high caliber guy like this."

Vanderworp's current salary for the county is \$91,000 - Bill Simmons makes \$86,000 as Sanford City Manager. One city official said that Vanderworp could make as much as \$105,000 if he were interested in the manager's job. The scale for the position was recently raised.

Trails.

Continued from Page IA or in-line skating and will be well off of Rinehart but not under the power lines. The trail head will be at the gateway park the city will build on the northeast corner of Lake Mary Boulevard and Rinehart Road.

As work progresses, Rick Diaz, city of Lake Mary public works supervisor, would like to remind drivers that, even though a detailed Maintenance of Traffic schedule has been developed and approved, at times it will be difficult to use Rinehart Road until it is completed.

"In order to help you to reach your destinations safely and in a timely manner, we have developed the following alternative routes.

1. Heading north towards Sanford, Volunia, Deltona, etc. your best alternative will be

now friendly and sociable, and

Impressed with the results.

Wills decided to pursue canine

massage. She attended a

school in Columbus, Ohio

where she completed the Op-

tissage program, a program

based on sound massage the-

In the program Wills studied

canine anatomy and physiol-

ogy. Wills also learned to

watch the way a dog walks and

moves for any signs of prob-

Wills offers pre-event and

post-event sports massage and

maintenance massage. Mas-

sage increases circulation and

releases tense muscles pro-

moting flexibility. Dogs, like

people, have acupressure

points that can be massaged to help alleviate pain.

common ailments such as hip

dysplasia and arthritis. In-

creased circulation aids in

healing injuries.

Massage, advises Wills, is helpful for dogs suffering from

lems.

Canine

Continued from Page 1A

even 'asks' for a massage.

Rinchart Road, towards State

2. Heading south toward Orlando, you may want to stay on C.R. 46A, go over 1-4, turn into Heathrow and reach Lake Mary Boulevard on the westside of I-4, from which you can either take I-4. Markham Woods Road, or stay on Lake Mary Boulevard.

3. If you need to go to 17-92, your best route would be Country Club Road (C-15) or stay on SR 46 East to Airport Road or to 17-92.

Finally, please note that the 45 mph speed limit on Rinehart Road will be reduced to 30 mph and that speeding fines will be doubled.

We hope this information is of use to you. If more information is needed, please contact us at 333-8211.

stroke. Wills also teaches own-

ers how to feel for temperature

changes, hot spots or cold

spots, that can signal trouble

dog the better you know its

body. You'll be more aware

sooner if something is wrong."

Massage does not take the

place of your veterinarian warns Wills, but should be part

of a regular program to pro-

mote the animal's well-being.

"It is very rewarding to work with dogs," said Wills. Accord-

ing to Wills, a dog will tell you

what it needs. A quick jerky

movement may mean a sore

spot. When they are relaxed

they lower their heads and may

make chewing or licking mo-

"I never imagined the interest

The more you work on your

areas.

tions.

a deeper, kneading

Nelson was forced out of the agriculture business by Mother With back-to-back Nature. freezes in 1983, 1985 and the most disastrous 1989, citrus diminished in the area. "Oviedo went from being an agricultural community to a bedroom community," said Wheeler, "We still have some prosperous groves, but not 100

hardware store was nothing but a "glorified tool room." Farmers used to come in to get equipment for their needs. And the fertilizer plant used to supply farmers with their re-

Now, Nelson is mostly into real estate, leasing the facilities and various commercial interests. Land that was once used for citrus is now being used for other enterprises. Many buildings have replaced groves. "Money goes where it is treated the best," said

pany is involved in rehabilitating its facilities in prepara-

television. It is Nelson and Company's old fertilizer plant that has been around since the 1930's. The tion for the Cross Seminole Trail. The trail, like the West Orange trail in Orange County, will be for bicyclers, walkers and roller blading. Not only will it showcase nature, but allow people to go to various businesses along the trail. Evans said that the fertilizer

exhibit yesteryear items from Both Evans and Wheeler when the plant was running. Evans said that five or six



American Boychoir to perform in Oviedo

The American Boychoir shown above is this country's premier concert boys' choir, internationally acclaimed for its musical sophistication and imaginative programming. The Choir can be heard on classical music radio stations across the nation, as well as on movie soundtracks, TV/radio commercials and many recordings. A musical treat for the whole family in concert Friday, March 20, 7:30 p.m. in the sanctuary

of St. Luke's Lutheran Church, 2021 West State Rd. #426, Oviedo, near intersection of Toll Road 417 and Red Bug Road, Admission is free and there is free nursery care. For more information call St. Luke's Office (407) 365-3406 or Judy Duda (407) 365-3616. Boys, grades 3 to 6 may audition immediately after the concert.

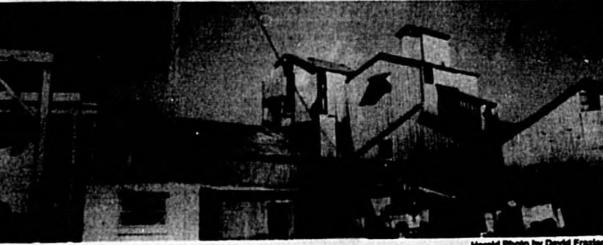
Nelson Continued from Page 1A

those days," said Wheeler Jr. percent.

According to Wheeler, the quests.

Wheeler.

Currently, the Nelson Com-



No, it is not a movie set. Although, it has been seen on

building is currently under renovation. It will be one of the landmarks pedestrians can see as they travel along the Cross Seminole Trail.

years from now people will not recognize Oviedo's downtown after it is refurbished. The Old Downtown Development Group is turning it [downtown] into something people can appreciate, turning it into something unique," said Evans, "It's the end of an era and the beginning of a new era."

talked about how Oviedo,

remained a great place for people to raise a family. We have been blessed to have this beautiful countryside," said Evans. They also know that Oviedo keeps getting larger. "I think it will be the largest city in Seminole County," Evans said. But through all the tranaition and exploding growth, Oviedo's grass roots company has survived.

through all the changes, has

would be so great," said Wills. The demand for the seminars has been so overwhelming that Wills is making a video featuring the basic techniques she

teaches. Filming of the video is scheduled to begin in three weeks. The next canine massage seminar will be held Sunday, March 15 at 1 p.m. at Best Paw

In addition to private ses-sions Wills teaches canine massage seminars. The semi-Forward Dog Training Center, 2544 S. Park Drive, Sanford. nars are designed to teach owners basic techniques they The cost is \$20. (\$1 per parcan do at home. Massaging ticipant goes to Labrador Reyour pet is a great bonding experience for owners, explains Wills. triever Rescue.)

Participants should bring their dog and a mat or blanket. Space is limited. For more information or to pre-register call Angela Wills at (407) 788-

abled. Besides responsibility, what it all comes down to is passing the torch down to the future disabled population. If for no other reason than to let future generations learn from past generations.

We would like to start a new feature of Special People where for educational purposes only, we will attempt to define various disabilities. Since I am always asked the nature of my disability, cerebral palsy, we will start with that.

Cerebral Palsy is a neurological movement disorder that can be caused by injury to the brain at birth or during the early stages of development in the womb. The injury may result from bleeding into the brain, lack of oxygen at birth, or an infection that is common to both the mother and the developing fetus. Infants who are born prematurely are capecially susceptible to this disor-

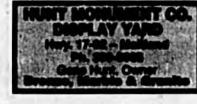
plant could be used for various

shops and restaurants but also

Cerebral Palsy may be acquired after birth, postnatally. Head injuries, infections such as meningitis, and other forms of brain damage occurring in the first months or years of life are the main causes of acquired Cerebral Palsy.

 Information was originally researched through NORD (National Organization for Rare Disorders).

If you have anything for us at Special People, please let us



WEATHER

Seminar participants learn

about effleurage, a gliding,

calming stroke; passive touch

to relax muscles; and petris-

LOCAL POPECAST

Today: Partly cloudy. Highs in the upper-60s. Lows in the mid-40e. Sunday: Partly cloudy. Highe in the low-70e. Lows in the mid-40s. Monday: Partly cloudy. Highs in the low -70s. Lows in the upper-50s. Tuesday: Thunderstorms. Highe in the mid-70s. Lows in the low-60s.

SUNDAY CATUEDAY Ptoldy 00 45 Pteldy 71 45

TUESDAY Tetrms 75 61 Pickly 73 58

日の日間日一 Here are the winning numbers

selected on Friday in the Florida Lottery: Fantasy 5 10-12-14-21-23 Lotto (March 7) 7-18-28-41-42-46



Cash 3

SATUEDAT:

BOLUNAR TABLE: min. 5:45 a.m., maj. 11:55 a.m., min. 6:05 p.m., maj. --- p.m.

TIDES: Daytona Beach: high: 8:40 a.m., 9:01 p.m., low: 2:31 a.m., 2:44 p.m. New Smyrma Beach: high: 8:45 a.m., 9:06 p.m., low: 2:36 a.m., 2:49 p.m., Cooca Beach: high: 9:00 a.m., 9:21 p.m., low: 2:51 a.m., 3:04

EVON CONSTI

Daytona Beach & New Smyrna Beach: Seas are 2-4 feet with a moderate chop. Water temperature at Daytona is 60 degrees and at New Symma, 60 degrees. Winds are from the north at 10-15 m.p.h.

コムルコム・ 糖源

The high temperature in Sanford Friday was N/A degrees and the oversight low was N/A.

erded rainfall for the eried ending at 10 a.m. aturday totaled .00 inch.

DIANA BOYD Diana Boyd, 87, Locust Avenue, Sanford, died Wednesday, March 11, 1998 at DeBary Manor. Mrs. Boyd was born May 30, 1910 in Hawkinsville, Ga. Mrs. Boyd was a home-

maker. She was a member of New Life Word Center. Survivors include sisters, Geneva Lawson, Sanford, Ola Mac McGriff, Finleyson, Ga.; one

grandchild. Wilson-Eichelberger Mortuary, Inc., in charge of arrangements.

CLAIRE M. MCKECHNIE Claire M. McKechnie, 89, West Lake Brantley Road, Al-

tamonte Springs, died Friday, March 13, 1996 at Florida Living Nursing Center, Apopka. Born Sept. 5, 1908 in Roches-ter, Mich., she moved to Central Florida cight years ago. Ma. McKeehnie was a homemaker. She was a Catholic.

Survivors include sons, John C., Maitland, Norval S. "Bud", Longwood; eight grandchildren. Banfleid Funeral Home, Winter Springs, in charge of arrangements.

DORIS A. RINEHART Doris A. Rinehart, 59, Katie's Landing. Sanford, died Wednesday, March 11, 1998.

Born in Cleveland, Ohio, she moved to Central Florida in 1987. Mrs. Rinchart was a parking attendant at Orlando international Airport. She was a member of American Legion Auxiliary Post 242, Mrs. Rinehart was a Protestant.

Survivors include husband Patrick; parents, John and Anna Leyava, Ashland, Ohio; brother, Ralph Jenkins, Elyria, Ohio; sisters, Kathy Stadul, Cleveland, Ohio, Laura Kline, St. Charles, Mo.; seven grandchildren.

All Faitha Cremation Service, Casselberry, in charge of arrangements.

Funeral Notice

PHILPOTT, DENNIS LEE Dennis Lee Philipott, 20 passed

away March 12, 1998 at St. Josephs Hospital Tamps. He was born June 29, 1977 in Fairfax, Va. Burvivors include mother and stepfather, Teresa and Tom Ulliana, Sanford; sisters, Jessica M. Hale, Maryland, Lucy Philpott, Sanford; grandmother, Virginia Philpott, Sanford; aunts, Liz Senires, Sanford, Barbara Cole, Virginia, Holly Philpott, Sanford; uncles, Larry

Virginia, Steve Philpott, Sanford, Tom Philpott, Senford. Priends are saled to mother at 321-5242.

Sentres, Sanford, Richard Philipott,

We Believe In The "Old Fashion" Way

- one Funeral Director handles all details
- all preparation is done at this facility
- service times will meet your needs no interest is charged on trusted
- prearrangements, which are 100% refundable the family selects cremation services
- markers designed to specifications







GRAMKOW

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500 E. Airport Blvd., Sanford, FL 32773 322-3213

Traditional Irish meal: Secret revealed

The purpose of this column is to provide the readers with the recipes that produce a gournet quality meal at a price to fit within the average daily food budget. I cannot think of anything worse than trying to plan a nice meal. Then, you look up a recipe only to find that the ingredients are either not locally available or would cost more than the national debt. Other major problems are recipes that require special equipment or take so long to cook that you would need to quit your job to make dinner.

With this in mind the recipes presented in this column will be selected to provide cost effective family meals, using locally available ingredients, and quick easy cooking techniques.

We will purchase all the ingredients in Seminole County stores and prepare them in basic pots, pans, and equipment you probably already own. The total cost of the meal will be given along with the names of the stores we purchased from. The cost of feeding a family today is such a large part of the monthly budget that each feature recipe will include 'leftover' suggestions that add variety when volume buying is effective.

The recipes will be variations of menu selections from famous 5 star restaurants and regional favorites from around the U.S. and the world. In addition we will feature recipes for meals that our readers have requested us to find and modify to real life cooking. We will also welcome any of your favorite recipes that you send us. In addition we will also offer a cooking tip of the week to help you in the kitchen.

The goal is to make your family meals more exciting and diverse while saving money and trouble for the chef of the

This column will continue as a weekly feature on Wednes-

May your meals be a festive occasion. Please send your request, ideas, recipes or comments to: Fine Dining With Chef Doc, c/o the Seminole Herald, 300 N. French Ave., Sanford, Fl. 32771.

On my one trip to the Emerald lale, and hopefully not my last, I did manage to get some fine recipes and a world class hangover. Besides the excellent ale served in the pubs of Ireland, the inn keepers serve some fantastic meals. The following recipe selections come from northern Ireland and had not enjoyed the ale and company so much I could tell you the name of the tnn.

The one problem I have always had with corned beef dinners is that they are always very salty. Since I am not a salt lover, finding out the secret to this recipe was a great present from the great friends I

made on my trip.

This banquet will consist of the following: corned beef and cabbage, colcannons, Irish soda bread, Guinness Stout Ale and apple pasties with Irish coffee for dessert. This meal tends to have the same result as Thanksgiving dinner on my guests but there are no football games on TV. Therefore, rent a good movie because after this meal you won't want to move for awhile.

Corned Beef and Cabbage

Look for a lean piece of Filling:

Fine Dining

Seminole County's Chef Doc is a classically trained chef whose recipes have been published in numerous cookbooks. Write to him c/o the Seminole Herald, 300 N. French Ave., Sanford, Fl., 32771.

corned beef and buy 2 pounds for every 5 people you will be serving. Use 1 large cabbage for every 6 people, also pair-chase I small while onion for each person.

Twenty-four hours before you cook, trim off all excess fat from your meat. Wrap the meat in white paper towels, NO PRINT OR INK ON THE PA-PER, 3 layers thick. Place in a large zip lock bag and soak towels with white wine. Seal and refrigerate overnight. This is the trick to removing a lot of the salt taste.

In a large covered pot, cover beef with cold water. Add 1 tsp. of whole black peppercorns and bring to a boil. Boil for 5 minutes then reduce heat and simmer covered for 50 minutes for each pound of meat. Cut cabbage head into 6 pieces. Add cabbage, onions and 2 tblsp. butter to the pot. Add water to cover vegetables, cover and let simmer for 30 minutes.

Colcannons

Boil equal amounts of potatoes and shredded cabbage. Drain and sprinkle lightly with salt and pepper. Mash and place ice cream scoop size portions on a well greased cookie sheet. Sprinkle sharp grated cheddar cheese over the top and bake in oven at 350 degrees until lightly browned.

Irish Soda Bread

4 cups sifted enriched all pur-

pose flour 1/2 cup granulated white sugar

l tsp. salt 1 tsp. baking powder

1/4 cup butter

2 cups seedless raisins I tsp. baking soda

i egg well beaten

1-1/3 cup fresh cold buttermilk Mix together salt, flour, baking powder, soda and sugar. Cut in butter until mix is fine granular consistency. Stir in raisins, egg. and buttermilk. Bake in a well greased I quart baking dish at 375 degrees for about 45 minutes or until golden brown.

Apple Pasties

Pastry:

2 cups sifted all purpose flour 3 tsp. baking powder

1/2 tsp. salt

1/4 cup shortening 3/4 cup ice cold milk

Sift all dry ingredients into a large mixing bowl. Cut in shortening until mix is a course commeal like consistency. Slowly mix in cold milk until dough is formed. Knead dough on a floured board gently for 1 minute then roll it out to about 1/8 inch thick. Cut dough into 4 inch squares.

The way we were: 3 cities in Seminole

Again today we delve into the Seminole County Chamber of Commerce -produced book-let, which was published in 1925, to take a look at three more communities as they were then. Remember that the purpose of the booklet was to attract people to the area, thus the sometimes flowery build

Longwood

Longwood was homesteaded in 1873 by a gentleman who was still active in business there in 1925. (His name was not given.) The post office was established in 1874 and named after a Massachusetts town of the same name.

Longwood was located midway between Sanford and Orlando in what was known as the ridge section of Seminole County. The Atlantic Coast Line Railroad maintained a station there and the Dixle Highway passed through the center of town. The proposed state highway was to be built through Longwood thus making



GRACE M STINE -CIPHER

the town accessible to all parts of the state.

The Chamber of Commerce article boasted that Longwood had a telegraph office, sawmill and lumber yard, and a handle factory. There were four stores, a restaurant, filling station, public library, a school and two churches. Citizens were involved in the Masonic Lodge, Woman's Civic League and a town band.

The Orange and Black Hotel was very comfortable and, according to the writer, its cost of living for a week, month or season would not detract from Please See Stinecipher, Page SA

I cup apple slices (peel apple, cut in 1/4's remove core and seeds, slice to 1/4 inch thick pieces)

2 tblsp. brown sugar 2 tblsp. butter

1 tsp. sugar I tsp. cinnamon

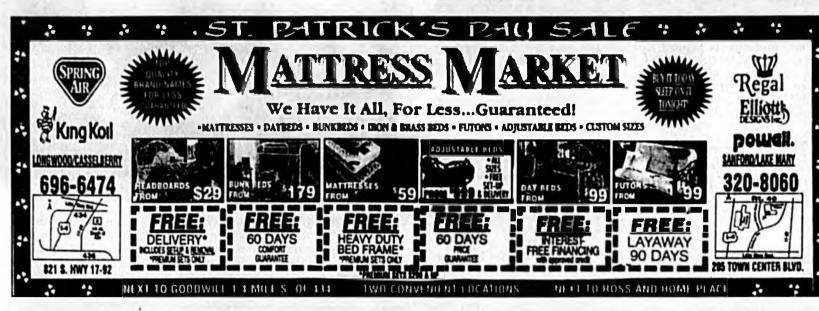
Melt butter and stir in sugars and cinnamon. Place apple slices in center of pastry squares. Paint with butter sauce. Be careful not to get butter on the edge of the squares. Moisten edges of

squares with water and fold over pastry to form triangles. Seal edges by pressing to-gether and poke 3 or 4 small holes in the top for steam vents. Place triangles on a well greased cookie sheet lightly brush tops with a little milk and bake in a preheated over at 425 degrees for 15 minutes until golden brown. This recipe makes 7 to 8 pasties. Serve them warm but be careful, the filling stays very hot for quite a

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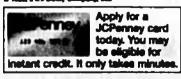


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Da Bont!

What's up in and out of the classrooms of Seminole County Servincia Herald, Sanford, Florida - Sunday, March 15, 1998 - 7A



hears all...

Da Bomb loves his high school sports more than anyone anywhere. but how 'bout lettin' the athletes take Spring Break off. Do we really need week-long tournaments when some of those kids have been playing sports for the past nine months?

If you want to see some impressive art work, check out the art display at the Seminole County School Board building where the kids at Indian Trails turned in some awesome stuff. De Bomb sez check it

it's prom season and De Bomb hasn't been asked yet.

De Bomb's a little edgy on this one. Why do people keep calling up wondering why we cover events at some schools but not at others. Whatcha gotta do is call before the event. We'll be there, promise.

Check out "Annie Get Your Gun" in two weeks at Lake Mary. Da Bomb sez Mr. Eiselle puts on a great show at the Lake Mary drama department. alco i



Bomb Disney's Dreamers and Doers

Each year, Disney awards Dreamers and Doers Awards to a student at each of the Seminole County schools, from high schools to elementary schools. Over the past two weeks, Herald Correspondent Courtney Lessew, a senior at Seminole High School, has been tracking down the winners to see what makes them special. Today and Wednesday, 'Da Bomb

will feature the winners at the middle school level and, in future issues, will have profiles on each of the more than 30 winners in Seminole County. The award is presented by Disney and recognizes four outstanding characteristics in individuals with whom he came in contact. Those areas are: curiosity, confidence, courage and consistency and each school is allowed to nominate one student for the award.



Tuecawilla Middle School's Zachary Sales, with assistant principals Tom Robers and Jim Jones.

holds his Disney Dreamers and Doers plaque. He is an eighth-grader.

Zachary Sales straight ahead

receive the Disney Dreamers and Doers Award.

Zachary Sale was given that award. He acquires and exceeds the four characteristics: curiosity, confidence, courage, and constancy.

Sale's holds a 4.0 in all his

In seventh grade, Sale's was given the title Most Outstanding Student Overall Award.

amund exceptional young man, Zach has a zest and joy for life ability to touch the lives of everyone-his fellow students, as a role model; his teachers, with a lasting impression; his community, as a friend to many, and especially to his mother, whom he devotes much time and care," Judy Rambeau said.

Along with his academics,

tunity to perform at many tour- Cross. naments and the Bob Carr Theater.

*After only four lessons Zuch tried out for the company and program which assists other made it. He is a very flexible students with their dilemmas. Sale's holds a 4.0 in all his honors classes and is a Honor Roll and High Honor Roll student. The always says fam his biggest inspiration and I always say back, you are the wind beneath my wings."

in Tae-Kwan Do which he has been practicing for two and a half years. Sale's received the chance to travel to Penscola and been in eight different schools that is rare. He has the innate Alabama for the Nationals and done very well at all of Tournament where he placed them. A mother couldn't be any well.

At Tuakawilla, Sale's was on can do his own laundry and the newspaper staff and an- dishes. He is wonderful," exchored the news.

Charity work is another one of the Jerry Lewis MDA Founda- have any trouble.

Only the top-notch students. Sale was a performer for the tion, in addition, Sale's raised Showtime Company of Dance in almost two hundred dollars for Altamonte Springa for two and a the Central Florida tornado vichalf years. Sale's got the oppor- tims and donated it to the Red

> His helping hand extends towards his peers at Tuskawilla. Sale is in the peer mediation

Recently, Sale was a finalist in the PTA Reflections Photography Contest.

Brilliance runs in the family Besides performing. Sale's as brother Kyle was also a fihas a Probationary Black Belt nalists at Rainbow Elementary for the Dreamers and Doers Award.

> "Zach is independent. He has more proud of their child. He pressed Lisa.

Sale's plans on becoming an Sale's endowments. He heads a oral surgeon and with his digroup who collects money for verse talents, he should not

Adler shows spirit

Morgan Adler has not had much time to sleep lately.

Recently named the Disney Dreamer and Doer of Rock Lake Middle School. Adler has had her hands full.

"Morgan represents all that we encourage in students at Rock Lake through not only her very impressive personal achievements but also her commitment and inspirational display of a positive attitude and service to others throughout the entire school year. Her personal goal of pursing a career in juvenile advocacy, either through social work or teaching, best exemplifles her representation as a true "dreamer and doer," Rock Lake principal Paul Cave said.

Although receiving praise and gratitude for hard work and dedication is something Adler is BETA Club, tennis team, stufamiliar with. Despite her current award Adler has acquired numerous other honors including Outstanding Cilizenship. Most Helpful Achievement, God and Church, and the Sportsmanship Award.

Cheerleading competition.

student was chosen from Duke dancing and gymnastics. University in a Talent Search.

an eighth grader?



Rock Lake's Morgan Adler was the winner of Dreamers and Doers at Rock Lake.

dent government, Girl Scouts, and FCA.

At Rock Lake, Adler is in the peer meditation program which helps and guilds other students with problems they are facing.

Spirit is what Adler takes pride in when she cheers for Representative for Violence Pre-Rock Lake Middle at various vention in Seminole County. events. Adler was a finalist in Adler also works with learning the Regional and National disabled children at Pace School.

Adler participates in numer-Adler's gifts do not end in ous choral and dance recitals the classroom however. Adler when she is not at school. In besides being an Honor Roll addition Adler enjoys jazz

Adler may not be getting much sleep these days but she has Could life get any busier for shown that being an involved student can make a difference in

Here's what's Cooking at Jackson Heights



Andrew Cook is the Dreamer and Doer from Jackson Heights Middle School.

an eighth Diancy Andrew Cook. grader at Jackson Heights Mid- Award. die School was honored with the

Competition which places them among the top academic

Lyman senior Shannon

McDaniel was awarded a certificate of merit as the local

winner of the Tools for Tomorrow All-American Vocational

students in America.

Dreamer and Cook, who has been in the

and takes all advanced classes. Along with his occasional help was thrilled about receiving this around the house. award.

This year Cook has the chance to attend Oviedo High School in the mornings where he takes Spanish. This class gives him high school credit while still in middle school.

While at Jackson Heights, Cook has been involved in the math club. He has been named Student of the Week twice.

Although Cook's first love is boy scouts which he has been in for six years. Through the organization Cook has gone camping every month and to North Carolina.

One of the organizations main focus is community service. Cook has done volunteer work for Habit for Humanity and repairing a camp site on the

Wekiva River. in his free time, Cook enjoys playing games on the computer,

gified program since first grade hiking, and mountain biking.

We were very pleased and proud of Andrew. Right when we found out he got the award, we were planning his high school schedule," said Linda, Andrew's mother.

Cook looks forward to taking his gifted ability to Oviedo High



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Sarah Lassaro and Andrew Achievement Student Award. Singly of Lyman were recog-She has moved on to state nized as finalists in the Nacompetition. tional Merit Scholarship

> Katie Marie Saxton, Stetson University English major has been initiated into the school's Omicron Delta Kappa national leadership honor society. She is a resident of Longwood and a graduate of Lake Mary High

Lake Mary senior Eristina Lundberg has been chosen a winner of the Infusion 23 Women Science Awards. She was chosen from over 5,000 applicants.

The student body at Spring Lake Elementary elected their 1996 student council. Members are President Jason Derby, Vice-president Lind-say Graham, Secretary Deniese Colon and Treasurer



CUT

Continued from Page 6A

the enjoying of one's vaca
ther (There is a picture of the
hoof of is what we knew as

Tongwood fiotel I tongwood was nationally known as the poultry center of the fact total exhibitors had with the royeled blue jubbon and also the sweepstakes at many of the big shows in the mind start.

the hearing of this commuing was in a section where himm could be specialized in Lating the land was suited to the highest of citrus fruits because it was surrounded to their water lakes which at maded worderful fishing

Congwood was splendidly and by public utilities It I electro power for both books and manufacturing purposes and the city had passed a bend team for a municipal vater system. The water for bone air purposes stand a very high test which was a point winthy of a mederation.

Chuluota

Childrota in the southeast can part of the county was in one of the active sections of the county. This beautiful little authenent was a delight to the

tourists who favored Islung, hinting and the great outdoors. Their were few places in Florida, that offered so many beautiful lakes, flowing creeks

and incres as Chuluota.

The community had many acres of high rolling pine lands with clay subsoil which promised to make excellent circus hands. There were also brindreds of acres of flowing well land for the growing of all kinds of vegetables.

Early settlers in the area, having fixed there over 40 years had prospered from their crops of corn, peas and all kinds of forage

With a fine new school many stores water system three inles of new streets, lights and power for industries. Chulinota was destried to become one of the best cities in Seminole County in the near future.

The Florida East Coast Rail way recognizing the superior advantages of Chiluota as a place of homes had made big improvements which would place this part of the county on the map and make it one of the most popular resorts of interior Florida.

A first rate hotel. The Chuhiota line took care of travelers and made them residents after one day's visit to Chu-

hiota, the Beautiful

Gabriella

Gabriella, a rapidly growing community in the southeastern section of Seminole County, had a population of 300 in 1925, with new homes being built and new families moving

Citrus groves covering 1000 acres yielded approximately 100,000 boxes of line fruit each year. these were shipped through the packing houses at Winter Park and Oviedo. Good trucking land could be bought at reasonable prices in which two or three crops could be raised yearly.

Lake Howell and Bear Gully, tamous for big fish, plus six other large lakes furnished 36 miles of lake front property which made wonderful sites for winter homes

Hard-surfaced roads led to Sanford, Oviedo, Mattland and Winter Park. A school bus took pupils to grade and high schools or to Rollins College in Winter Park. The city of Winter Park had recently extended its hmits into the Gabriella District, giving its residents the benefits of a public library, reading room, five churches and other excellent advantages.

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SEMINOLE Sports B

The Herald

Seminole Herald, Sanford, Florida - Sunday, March 15, 1998 - 18

Extra Points... Jeff Berlinicke Herald Staff Writer



Why can't we just leave well enough alone?

SANFORD _ If it ain't broke...

Why are people always trying to improve the quality of the games that make up the sports world? Look at some of the brilliant innovations over the past few years and think about why something was fixed when It worked perfectly fine already.

Start of with the NCAA tournament. It makes no sense to do anything with the thing. It's perfect theater, especially if you're a Valparaiso or Northern Artzona fan who went dancing and picked up, or almost, picked up the prize. Think about Prairie View A&M, a team that had a losing record for the season, but found some magic and was able to get clobbered by Kansas, but who cared? They were at the tournament, the most exciting two weeks of basketball, pro or college, unless you live in Indiana where they changed the game's greatest high school event, the single division tournament and came up with a system to offer several state champs based on enrollment, using a formula much like Florida's

Both systems worked fine in the past. In Indiana, there never would have been Hoosters and in college, Valparatso would be sitting at home by now.

So leave it alone. Some wise guy shave conjured up the idea that the tournament should be open to everyone. Others say let the best 64 in regardless of the conference,

out of it. is anyone complaining about the NCAA tournament after the riveting past two days in which the little guys are rising up to beat the big boys in every bracket? No, it's just people trying to change something that isn't broken.

Look at how it's affected other sports. In baseball, interleague play is a novelty. Sure, the Mets got to play the Yankees. The Mets also got to play Toronto. It's a cheap gimmick, just like the designated hitter and Bud

Remember when the NFL took the human factor out of the game by instituting instant replay? That was a disaster that added another half-hour to a game that was already too long.

In ice hockey, how about the Fox blue dot? Or the institution of titanium in golf which renders most of the great courses in the country as obsolete?

Sports is fine once everyone takes the field. If you want to change the games, change the off-field activities, but leave the games alone. They are fine the way they are.

Last Second Shot: Speaking of the NCAA tournament, it's not right that Dick Vitale can't be there for CBS. He is college basketball. If you don't like his enthusiasm, you don't appreciate the

"Drug free" bodybuilding coming back to Sanford

By Jeff Bedialeke ASSISTANT SPORTS EDITOR

SANFORD _ The weight of the world is

coming to Sanford.

On April 4, the Sanford Civic Center will host the second annual Mid-Florida Natural Bodybuilding Championahip and Ms. Fitness USA National Qualifier. Some of the country's finest 'drug free' athletes will compete in the competition with men and women ranging

from age 19 - 62. The women's contest will offer a chance to Proceeds will benefit the Seminole County

DARE program and tornado relief victims. Sonny Molinelli, Executive Director of Uniquest, said it will be one of the few truly lease see Bodybuilding, Page 23

One team left kicking

Lake Mary girls outlast Melbourne

From Staff Reports

MELBOURNE _ The Lake Mary girls moved within two victories of joining the Rama' girls basketball team as state champions when they edged Melbourne High School, 1-0, in a Class 6A-Regional final Friday night.

Sentor goalkeeper Jordan Kellgren got her 19th shutout of the season and second in a row in the regionals as Lake Mary improved its record to 27-2-2 for the year.

The Rama of head coach Bill Eissele will now advance to the FHSAA State Championships that open next Friday in Tallahassee.

If the Rams can win the state titie, then Lake Mary would become what is believed to be the first school in Florida history to have two teams from the same gender win state championships in the same season (i.e., Fall, Winter or



Veteran Lake Mary boys soccer coach Larry McCoride saw his hopes for another state championship end in the Regional finals for the second straight year.

Lions eliminated by Cougars

By Tony DeSormier HERALD CORRESPONDENT

ORLANDO _ Speed and quickness, while complimentary, are not synonymous.

The Oviedo Lions girls' soccer team, for example, is noted for its quickness, being able, to knock the ball about even in light quarters. The University Cougars, on the other hand have specific burn, especially on the wings.

On a large, wide surface like that at the Universi High School Stadium, site of Friday night's Class GA North I Region championship game between the Li-ons and Cougars, speed is a decided advantage over

Taking full advantage of its speed, University (21-2-4) edged Oviedo, 2-1, Friday to advance to the Class 6A semifinals. Oviedo enda ita season at 17-4-4.

"We got beat by a faster team on a big field," said Oviedo coach Jay Getty, who suffered his first loss since taking over the team after the departure of former head coach Robbie Stahl just prior to the district tournament. "There are no excuses. They're faster than we are and they outplayed us."

Getty had an idea early on that the Lions would be severely tested.

One of our rituals before every game is to go out to the 18 and walk to the sidelines to get a feel for how wide the field is," explained Getty. "When we did that, we saw that this was the widest field we've played on all year. And since we knew that they had speed, I

knew we could be in for a long night." The Lions came out and tried to control the tempo COUGARS 2, LIONS 1

Oviedo University

Guala Ossedo, Hall: University. Dick and Moody. Assists University. Young and Douglass. Gualkeepers Oviedo. Christiana: University. Glover. Shots on gual Oviedo 10. University 8. Saves Ostedo 3. University 7. Corner kicks Ostedo 4. University 2. Records Ostedo 17-4-4. University 2. Records Ostedo 17-4-4. University 2. Records Ostedo 17-4-4. University 21-2-4.

of the game with their offense. But as Getty pointed out, the wider pitch gave University room to drop Dack and pick off passes, frustrating strategy.

At the other end of the field, speed played an important role in both of University's goals.

With just under eight minutes gone in the match, Terri Moo Young blazed down the right side of the field past the Oviedo defense and let loose a shot that hit the left goal post. Jill Dick, making a supporting run down the left side, was able to control the rebound and knock it into the goal.

Karyn Hall tied the game at 33:32 with an absolutely beautiful piece. As she rushed the University goal, she took on several Cougar defenders, then cut back against the flow, gave another touch, and ripped

a shot just inside the left post. The game-winner came at 52:14 of the second half. Debbie Douglas played a free kick into the Oviedo penalty area. Melanic Moody got to the ball before anyone else could and lifted a shot just under the

Oviedo managed severai flurries but was unable to Please see Oviedo, Page 2B

Rams boys can't rally from early deficit

HERALD STAFF WRITER

TARPON SPRINGS _ After the game, Lake Mary principal Ray-mond Gaines addressed the play-

"We are all very proud of you." he told the boys soccer team. You have had a great season. Con-gratulations on all that you have accomplished."

Every word was true, but the team wanted to be hearing the message for another reason, rather than because their season had

Lake Mary traveled to Tarpon Springs to face the other Class 6A regional finalist, East Lake. The intense battle ended with a 4-1 score, East Lake going to the State Final Four in Tallahassee and Lake Mary coming home.

"I am very proud of the season we have had," said Lake Mary coach Larry McCorkle, "Last year we ended our season at the same point. Our seniors showed tremendous leadership and will leave the team in the same place that they found it. They were the soul of the team this year and really set the tempo for us."

The tempo last night was actually set by East Lake.

They came onto the field and began bullying their visitors from the get go. For the first 10 or so minutes, East Lake was all over the Rams, playing intense defense and physically keeping Lake Mary from defending them.

Perhaps that intimidated Lake Mary, or maybe it just made them frustrated. Whatever it did, the Rams began fighting back, and received four yellow cards for fouls in the first period.

That didn't seem to phase East Lake, however, and after they had finished pushing Lake Mary around, it scored two goals, back to back in one minute. Suddenly, with five minutes left in the first half, Lake Mary was down 2-0 and fighting to stay in the game.

Ten minutes later, after fighting for every position and goal attempt, Lake Mary's Don McIntosh Picase see Rams, Page 28

Harbour pitches Rams past Tribe in softball

By Jeff Berlinicke ASSISTANT SPORTS EDITOR

SANFORD On a frigid night, the

Seminole gloves were cold and the Lake Mary bats were hot. The Rams beat Seminole, 5-1 in

softball last night as the players and fans just tried to stay warm. Seminole committed six errors and fell to their second straight

loss. Lake Mary improved to 12-2. Kelly Harbour took the hill for Lake Mary, having recently re-turned from basketball, and allowed only two hits while keeping the Seminoles off balance all night. Harbour suffered a knee injury during banketball season but she's off to a strong start and is part of a

three-person pitching staff that might be the best in Central Flor-Lake Mary is on a roll since suffering a big upact to brand new

Winter Springs two weeks ago, and the Rams used it as a wakeup call. "We learned we just can't go out there and take anyone lightly," Harbour said. "It made us more of

a team.

Coach Jeannie Fisher thought the same.

"We almost needed that to happen because we weren't focused," Fisher said.

Lake Mary has been focused ever since and is playing nearly flaw-less softball, but Fisher isn't surprised by the start, with the exception of the Winter Springs loss.

"We would have been more disappointed if we didn't start off like this," she said. "As long as we stayed focused."

The Rams jumped out to a 2-0 first inning lead when Hallie Sowards and Nicole White scored on a single, then Harbour took command, retiring the first seven Seminoles before a single from Tamara Sleep. She was thrown out stealing a few pitches later.

Seminole pitcher Maria Duvall settled down and pitched a great game but was victimized by her defense, especially in the fifth when Sowards scored again on two

Lake Mary broke it open before Seminole finally scored in the bottom of the seventh on a Duvall double. She came in on a fleider's choice but a base running error and strikeout ended the game.

While Lake Mary stayed on a roll, it was the second loss in two nights for the Seminoles who started at 5-1 but have been beaten by two of the county's best - Oviedo and Lake Mary - in the past two nights.

Seminole coach Dave Rogers has suffered through a string of losing seasons and the team seemed to have turned the corner before the alump, but he said his team isn't discouraged.

"I don't think this will snowball," Rogers said. "I believe in these kids and they believe in each



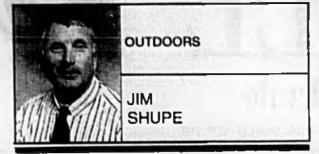
Kelly Harbour hurled a two-hitter as Lake Mary improved to 12-2 on the season with a 5-1 victory over Seminole in a Seminole Athletic Conference softball game Friday night at the Seminole High School Baseball Complex.

Lures come in a variety of shapes, sizes, colors and weights

SANFORD _ There are far too many lures to discuss the merits of each one individually, so let's look at the major groups. The most widely used artificial bait is the "plastic worm" and its relatives. It is commonly used for large-mouth bass. These soft baits come in a wide range of colors, shapes, sizes, and lengths. Many of them contain scented fish attractant.

These versatile lures can be fished on or below the surface. Their natural tendency is to float so to get them deep, anglers use split shot or a bullet weight.

Darker colors are most productive--black.



grape, and dark blue. Some anglers swear that worms with glitter in the plastic are even more

Most of Florida's lakes and rivers have problems with excessive growth of one or more ex-otic squatic plants. While these water weeds provide great cover for fish, it is essential that you use a weedless worm when fishing these areas. The traditional method is to use a weedless hook, but in Florida the Texas rig is most commonly used. In this rig, the point of the book is embedded in the plastic bait and the lure can easily be cast and retrieved through the thickest

Spinner baits are very popular for largemouth bass and panfish. Larger weedless styles make good choices, especially on windy days. The smaller ones are deadly on panfish and can bring a strike on almost every cast in some ar-

Surface plugs are a good choice on cooler days and early in the morning or late in the day during the hot summer months. Spoons and shallow-and deep-diving crank baits can be used along the edges of submerged vegetation and in the open areas of reservoirs and lakes. Accurate casting is required when fishing these lures around the weeds. Their treble hooks readily snag on plants. Because of this they are not used as much in Florida as they are in other parts of the country.

Freshwater Jig fishing is underused in Florida. It seems that only the most experienced bass anglers will use a jig and they only do that when their other traditional favorites aren't produc-

Flies - Most of the freshwater fly fishing in Florida is for panfish and bass. There is no reason why you couldn't fly fish for any other freshwater species. Experiment with which type of fly works best, something fly fishing enthusiasta like to do anyway.

Finding out which flies are best for each region may take some extra field research. Although the number of balt and tackle store owners that carry flies and fly tying material is on the upswing, fly fishing information is hard

to come by outside of the larger cities. Popping bugs are one of the favorite styles for bass and panfish. These small floating flies entice a fish to bite by the popping sound they make when the angler twitches the rod tip as he or she strips the line. Wet flies, including streamers, are also used. Experimentation is the key and anglers who can fish the same lake or river on several occasions and can tie their own flies can learn which patterns work best.

SHUPE'S SCOOP

I never use a new lure without either sharpening or replacing the hooks. Very few lures come out of the box sufficiently sharp, and a sharp hook can make the difference between a fish in the boat or fust another "fish story."

FISHING FORECAST

The river is almost impossible to fish due to high water. Stick to local lakes and the Wektyn River, where the water is somewhat contained. Bass will be active until the summer months. Large shiners are the best bet this time of year for lunker bass

Schastian Inlet is featuring fair snook action with fish to 15 pounds being caught on live shrimp. A few large flounder are still hitting finger mullet bounced slowly across the bottom. Bluefish, jack crevalle, ladyfish and a few trout can also be caught.

Captain Jack at Port Canaveral reports spotty offshore action due to high seas. Pay careful attention to the marine forecast before planning a trip offshore. Inside the Port. look for sheepshead and flounder to provide fair action. Trout and redfish will be hard to locate with the recent cold weather. They may be in the deeper holes.

Bluefish and sheepshead reign at Ponce Inlet. Both species are around the rocks in good numbers. Drum, redfish, jack crevalle and ladyfish are mixed in the catches. Trout and redfish may be a little slow in Mosquito Lagoon due to the recent cold anap.

IN BRIEF

Sanford Baseball Clinic

SANFORD _ The Sanford Recreation Department will be hosting a FREE clinic for baseball players ages 10-to-12 Monday. March 16th on Rinker-Stenstrom Field at Historic Sanford Memorial Stadium starting at 5 p.m. Call 330-5697 for more informa-

Sanford Opening Day

SANFORD The Sanford Recreation Department will hold Opening Day Ceremonies for its Babe Ruth Baseball Leagues on Saturday, March 21st at Historic Sanford Memortal Stadium.

Ages 4-to-16 will be represented. Come join the SRD in kicking off the season at the newly renovated stadium. The Improvements are still underway _ come see

the progress!! Call 330-5697 for more information.

Youth Basketball at SCC

SANFORD _ Seminole Community College and the Seminole County Sheriff's Department Police Athletic League is accepting individual and team registrations for it's spring league for boys and girls 10-years-of-age and younger.

All games are played at the college on Sat-

Cost is \$50 per player or \$400 per team. Registration forms are available at most elementary schools or by calling PAL at 330-6600, ext. 263, SCC at 328-2092, or access internet

HTTP://members.aol.com/starsbball/index.h

On site registration at SCC on March 28 and April 4 from 10 a.m. to noon.

Bowen/Weston Football Camp

LAKE MARY _ The Seminole Police Athletic League (PAL) is hosting the third annual Bowen/Weston Football Camp for boys and girls ages 7-18 years old at the Lake Mary Sports Complex on Saturday, April 4, from 9 a.m. to 2 p.m.

Former National Football League and University of Florida players will serve as coaches for the camp. Among the players already committed are John L. Williams |Seattle Seahawks/Pittsbugh Steclers). James Bates (defensive co-captain for Florida's 1996 National Champions), Louis Oliver (Miami Dolphins) and Huey Richardson (Pittsburgh Steelers).

The camp is under the guidance of former University of Florida player Paul Bowen and Rhondy Weston, who played in the NFL with Cleveland, Dallas and Tampa Bay.

Campers must wear athletic clothing and bring a bagged lunch. Drinks and fruit will be provided. Camp T-shirts will be given to participants and autographs will be available from the players.

The cost for the camp is \$30 for preregistration and \$40 day of the camp.

For more information and/or to register, contact the Seminole County Police Athletic League at (407) 330-6600, ext. 263, or Paul Bowen at (407) 830-6569.

Golf for Lake Howell

OVIEDO _ Support the Lake Howell High School Booster Club at the annual golf tournament April 19 at the Ekana Golf Club. The club raises money for Lake Howell

There will be a 1:30 p.m. shotgun start with closest to the pin, longest drive, and putting competitions starting at noon. Range balls will be provided for practice.

Cost is \$48 per player and includes lunch. Fax information to Doug Borsum (788-1666) or Lake Howell (320-9025) to participate.

Bodybuilding-

Continued from Page 1B

tional events to be held anywhere, as athletes will be required to submit to steroid testing.

Steroids are still rampant in this business, Molinelli said. This is the only natural competition in Seminole County. Because of the testing, we get some older contestants, but we'll have people of all ages."

The competition is also expected to bring money into Sanford and Seminole County as competitors come in from all over the country to stay in Sanford.

"Sanford is getting all kinds of national attention with this," Molinelli said.

The contest will offer a variety of fitness and strength demonstrations and drew over 500 people last year. Kathleen Ebner won the women's overall title and Ric McMillen took the men's award.

Contest check-in is at 9 a.m., followed by a contestant's meeting at 10 a.m. and prejudging at 11 a.m.

The finals begin at 7 p.m. with and five competitors will receive trophies in each class. Entry fee is \$20 with an additional \$10 testing fee.



Members of the 1998 Seminole High School softball team (kneeling, left to fer, (standing) Tamara Sleep, Lakelta Bryant, Mellissa Witte, Andria Garcia, right): Mandy Priddy, Julie Keeler, Maria Duvall, Sherri Elland, Angela Kee- Kelley Langton, head coach David Rogers and assistant coach Lori Kelter.

Frustration ending for Seminole softball team

By Jeff Berlinicks ASSISTANT SPORTS EDITOR

SANFORD _ Sherri Eiland remembers the time it wasn't too much fim to play softball for Seminole High School.

"A lot of people made fun of us but I just tried to overlook it," Eiland said. "As long as you knew what it was all about, we were okay." She's talking about the first three years

of her Seminole career when the losses mounted and wins were rare. The 'Noles won four, four and eight games during those years, but look at Seminole now. After a 8-0 loss to Oviedo Thursday

dropped the record to 5-2, Seminole finally believes in itself and appears to have turned the corner in coach Dave Rogers' fifth year at the helm.

Rogers said the turnaround began early in the first regular season game of the year when a hard tag by a Deltona inflelder brought the team together, a change from the past few years.

Seminole has an ace pitcher in Maria Duvall, a strong fielding team and four seniors after not having any last year when Seminole started to play up to its potential at the end of the year and played well in its district matchup.

It was a young team that most of the players said had a chance to be stronger

this season, but only saw some players leave despite having eligibility left. The players that returned came in with a new

attitude. have players who have been through this mendous amount of confidence. before," senior Kelley Langton said. "We had a lot of negative attitudes and people not giving 100 percent but it's different

Eiland added, "After four years here, I like this team more than any other team we've had."

Now that the winning has started, the attitude has changed.

"Confidence is the biggest thing for us now," Rogers said. "There's a lot more of that this year and we are finally playing like a team. It's all about confidence and maturity."

Now, overconfidence, something Seminole never had to worry about in the previous years, is evident.

We will go all the way," first baseman Andria Garcia said as each of her teammates nodded in agreement.

This time last year, Seminole was looking for ways to lose. Rogers admitted he and his team got discouraged. "It used to bother me," Rogers said.

More, though, I hurt for the kids but we always believed that if we worked hard it would all pay off.

Duvall is on the mound nearly every game and kept the team in the Oviedo loss until some late lapses spoiled Seminole's chances. She's been on the mound "Now we have more maturity and we at fastpitch for four years and has a tre-

> Etland moved to catcher this season but is one of several 'Noles who play at least three positions.

> The infield consists of Garcia at first, sophomore Angela Keefer at second, freshman Mandy Priddy at short and Junior Amanda Mustakas at third.

It's a solid defensive group backed up in the outfield by Lakeita Bryant in left, Langton in center and Tamara Sleep in right. Melissa Witte does a little of everything around the infield.

Rogers also has some help on the bench with several college softball players, including former Valencia standout Lori Keiter helping out.

Rogers has been through the last few years, but, ironically, he started out successfully. We won our first game and I thought

this would be easy," Rogers said. Then we lost 14 straight." There's not much chance of that happening this season and, with only four seniors, there seems to be a softball tra-

dition brewing at Seminole.

Continued from Page 1B

finally put the ball through the net for the Rama on a penalty kick and they were within one goal with time to play. It took everything they had, and goalkeeper Kurtis on's outstanding play keep the score right where it was at the half.

Lake Mary was still in this one though, and they knew it. They came out in the second half, recomposed and refocused and set themselves to the task at hand.

Both teams played with extreme determination in the second half, with defense ruling the game. Both goalkeepers kept their teams alive and every person on the field appeared to know the importance of winning.

East Lake put one passed Museon with eight minutes to go, but Lake Mary only used that to heighten their desire to pull it out.

Several great shots were blocked or caught by East Lake and before Lake Mary got a chance to close the gap, East Lake capped their victory with one more goal when there was only two minutes left.

Lake Mary was unable to recover from the deficit and walked off the field, very disappointed and ready to board the bus home.

We had two or three real opportunities to tie the game up and I think that could have made all the difference." McCorkle said. That equalizing goal really could have changed the momentum. But they are a very good team, they're fast and put on good pressure. We missed a few opportunities, whether because of bad luck or good goalkeeping."

Lake Mary, however, has nothing to be ashamed of. They proved that they were one of the eight best teams in the state both on the field and off.

McCorkle told his players that only one team would leave that field tonight happy. Lake Mary can hold onto the fact that they sent a lot of teams home unhappy before their

time came.

Oviedo-

rice but was unable to string together anything substantial on offense. Hall and Kristal Waits each had a good shot or two on goal but were denied by University keeper Melisa

Getty had nothing but praise for his vanquished team,

"This team is just amazing." he said. They never gave up ... even the girls on the bench. They knew they probably weren't going to get into the game, but they were in it, supporting their teammates right to the end. This team never gave up. And I'm proud of all of



By Jeff Berlinicke ASSISTANT SPORTS EDITOR

SANFORD Now that the PGA Tour circus is coming to town, it isn't to late to ask some questions about some of the stars that will show and some others who've decided not to bother with Arnic's big

First of all, what is up with Greg Norman? Has he still not gotten over his Masters loss two years ago?

Last week, Norman missed the cut (badly) at his first event, the Doral Ryder Open. He didn't contend often last scason and hasn't since the Masters collapse. Now, he's decided to skip this week's Honda Open and Bay Hill next week. Norman almost always plays at least three of the four events on the Florida swing.

Will Arnie make the cut? It's been years since he has made it during a tour event, but he'll still draw the biggest gallery of them all next week, especially since he missed last year's event with prostate cancer. If smiling. Arnie will be out there for the weekend.

How far under par will Tiger get at Augusta? As he proved, the course is designed especially for him, but it was kind of refreshing to see Billy Mayfair beat him in Tucson two weeks ago. Somebody finally stared him down.

Can Phil Mickelson defend his Bay Hill title? He hasn't made much of an impact since his win last season in Orlando.

How about the Seminole County gang? Fulton Allem is playing well and Mike Brisky has been in contention throughout the western swing. There's also defending U.S. Amateur champion Matt Kuchar, a Seminole High grad who will make his PGA debut.

Will John Daly keep his cool? Last season, the Bay Hill was his final tournament before going mental and tearing up his hotel room in Ponte Vedra Beach. That John Daly didn't crack the top-125 for the season but is exempt with his 1991 PGA win. He's also one of

hasn't cracked up since he stomped off the course at last year's U.S. Open without telling

Who will win at Bay Hill? The smart money has got to be on David Duval, but it sure would be nice to see Orlando's Robert Damron win his first event in front of his family and friends.

The 19th hole: One of last season's Nike Tour grads. Chris DeMarco, a former Lake Brantley player, has been invited to play at Bay Hill...Timacuan Golf & Country Club is starting a Saturday Morning Hackers Group to allow players to go out with different players each week. Call the pro shop before noon Friday to sign up...Members of Timacuan trekked up to the World Golf Village in St. Augustine and held a tourna-ment. The team of Diane Magee, Cookie Johnson, Mary Jackson and Dossie de Ganahi came out easily ahead...Join the Lake Howell Athletic Boosters for their annual golf

Lyman catcher Jason Ziegler was 2-for-3 with two RBI as the junior helped the Greyhounds erase a 2-0 deficit and hold off visiting DeLand, 7-8, in a Class 6A-District 3 baseball game Friday night at Lyman High School.

tournament April 19 at Ekana and equipment will be provided Golf Club in Oviedo. The fee is \$48 per player and includes 862-1440...Winn Dide will host several competitions and a its invitational Charity Golf 1:30 shotgun start...Ryder Cup Tournament to benefit the team member Brad Faxon, one of the most underrated players on the Tour, will speak to the Resort on April 20, starting at Downtown Orlando Athletic 8:30 a.m. Only 100 foursomes Club March 16. Call 774-7813 will participate and it's first-Sports Golf Academy in Altamonte Springs will hold a winter break golf camp from 8:30 -11:30 a.m. on March 16 - 20. It is for boys and girls aged 6-14

for anyone without clubs. Call Scouts of Central Florida at the newly remodeled Palm Coast information...Legends come, first serve...For golfers looking to play the Blue Monster at Doral, the resort is offering a peckage with reduced prices from April 9 - 17. Call 1-800-71-DORAL.



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Help Us Help Others

yman wins on deck

From staff reports

LONGWOOD _ Tyler Carr, with help from Josh Hazen, collected his first victory of the season as the Lyman held off Deland, 7-8, in Class 6A-District 3 baseball game Friday night at the Carlton Henley Sports Complex.

Carr, a senior righthander. was touched for two runs in the top of the first inning, but then held the Bulldogs scoreless over the next three innings as the Greyhounds built a 7-2 lead.

Lyman tied the game with third inning, and the Greyhounds kept the momentum going, plating five runs in the fourth inning.

Carr was still leading 7-3 when DeLand mounted a rally in the top of the sixth inning. Carr left during the three-run uprising, but Hazen, also a senior righthander, came on to put out the fire and preserve the victory. Carr is now 1-3 on the sesson, while Hazen got his first save.

Doing the damage offensively for Lyman were Jason Ziegler (2-for-3, two RBI), Todd Radcliff (2-for-3, RBI) and David Milton (2-for-4).

Pacing the Bulldogs' attack were Williams (1-for-2, RBI), Candetto (1-for-4, RBI) and Turnbull (RBI).

Lyman is now 6-7 on the season after an 0-4 start and will play Orlando powerhouse Dr. Phillips twice next week, at Dr. Phillips at 3:30 p.m. on Tuesday and back in Longwood next Friday at 7 p.m.

GREYHOUNDS 7, D006 6 200 018 0 _ 6 7 0

Lyman

COS 500 X _ 7 8 8

Swartz. Noian (5), Nelson (5) and
Moore, Held (5). Carr. Hazen (6) and

Man Carr (1-3), LP _ Swartz. Ziegler, WP _ Carr (1-3), LP _ Swartz. Seve _ Hazen (1), 2B _ none, 2B _

SILVER LIONS. HAWKS AT **CYPRESS** CREEK TOURNAMENT

ORLANDO Both the Oviedo Liona and Lake Howell Silver Hawks will participate in the Cypress Creek Invitational Baseball Tournament this coming week.

Lake Howell is scheduled to play at 9 a.m. Monday morning against West Orange at South Orange Field No. 1. The Silver Hawks are in a bracket that also includes Winter Park, Lake Highland Preparatory, Oak Ridge, North Edmond (OK), Boone, and Millington (TN).

Oviedo plays Tuesday at 9 a.m. against Bradley (TN) at Cypress Creek High School. Also in the bracket with the Lions are University, McCallie

(IN), Colonial, Charleston (TN), a team from Canada, and host Cypress Creek.

The winner of the Lake Howell/West Orange game will face the winner of the Winter Park/Lake Highland contest at 11:30 a.m. Wednesday at Cypress Creek. The losers of those same games also, areacheduled to play Wednesday at 11:30 a.m. at South Orange Field No. 2.

The winners of Ovledo/Bradley (IN) and University/McCallie (TN) games will play at 2 p.m. Wednesday at South Orange Field No. 1 The losers of those games will come back at 9 a.m. Wednesday to play at South Orange

Field No. 2. All 32 of the tournament's games will be played in the daylight with no game scheduled to start after 2 p.m. The championship game is scheduled for 2 p.m. Saturday at Cypress Creek High School. BIG BLUE BONANZA

1998 ALTAMONTE SPRINGS The prestigious Big Blue Baseball Bonanza gets underway Monday at Lake Brantley High School with six teams competing in a Round Robin format.

The Big Blue is one of the most respected tournaments in America, having had at least one state champion play in the event since it began in the early 1990's.

Making up this year's field are Seminole Athletic Conference teams, Seminole, Winter Springs and the host Patriots; Class 6A-District 3 for De-Land High School; Maynard Evans High School from Or-lando; and Lake County power Eustin High School.

On Monday, Seminole takes on Evans at 1:30 p.m.; Winter Springs tackles DeLand at 4:30 p.m.; and Lake Brantley faces Eustis at 7:30 p.m.

On Tuesday, Lake Brantley battles Evans at 1:30 p.m.; Winter Springs plays Eustis at 4:30 p.m.; and Deland challenges Seminole at 7:30 p.m.

BET HARNESS

Pompano, Hazel Park,

On Wednesday, Lake Brantley and Seminole square off at 1:30 p.m.; Evans welcomes Winter Springs at 4:30 p.m.; and Eustis encounters Deland at 7:30 p.m.

On Thursday, Seminole and Winter Springs face-off at 1:30 p.m.; Evans and Eustis meet at 4:30 p.m.; and Deland and Lake Brantley close out the Round Robin at 7:30 p.m.

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NOTICE OF MULTI-JURISDICTIONAL LAND USE RELATING TO PERMITTING, LOCATING, AND SITING OF ADULT ENTERTAINMENT **ESTABLISHMENTS AND SEXUALLY** ORIENTED BUSINESSES

The City of Sanford proposes to adopt the following ordinance:

Regarding the area shown below:

Seminole County

AN ORDINANCE OF THE CITY OF SAMPORD, FLORIDA, RELATING TO MULTI-JURISDIC-TIONAL LAND USE WITH REGARD TO THE PERMITTING, LOCATING, AND SITING OF ADULT ENTERTAINMENT ESTABLISHMENTS AND SEXUALLY ORIENTED BUSINESSES. AMENDING THE LAND DEVELOPMENT REGULATIONS OF THE CITY OF SANFORD, FLORIDA: ENACTING AS A CITY OF SANFORD LAND DEVELOPMENT REGULAITON THE PROVISIONS OF AN INTERLOCAL AGREEMENT BY AND BETWEEN THE CITY OF SAN-FORD AND SEMINOLE COUNTY; PROVIDING THAT SITES WHEREON ADULT ENTERTAIN-THE CITY SHALL ALSO BE AVAILABLE COUNTY SITES; PROVIDING THAT SITES WHERE-ON ADULT ENTERTAINMENT ESTABLISHMENTS AND SEXUALLY ORIENTED BUSINESS-ES MAY BE LOCATED IN THE COUNTY SHALL ALSO BE AVAILABLE CITY SITES; PRO-VIDING THAT ALL BUCH SITES SHALL BE JOINT SITES; PROVIDING FOR THE COORDI-NATION OF COMPREHENSIVE PLANS AND LAND DEVELOPMENT REGULATIONS; PRO-VIDING POR THE PURPOSE AND INTENT OF THE JOINT PLANNING AREA; PROVIDING FOR COMPREHENSIVE PLANNING AND LAND DEVELOPMENT REGULATORY ACTIVITIES; PROVIDING FOR THE USE OF LAND FOR ADULT ENTERTAINMENT ESTABLISH-MENTS AND SEXUALLY ORIENTED BUSINESSES; PROVIDING FOR THE PROVISION OF INFRASTRUCTURE; PROVIDING FOR CONFLICT RESOLUTION; PROVIDING FOR TERMS; PROVIDING FOR NOTICE AND OTHER ADMINISTRATIVE MATTERS AND PROVISONS; PROVIDING FOR CODIFICATION; PROVIDING FOR SEVERABILITY, CONFLICTS AND EFFECTIVE DATE.

Seminole County, Florida LAKE MONROE

A public hearing on the ordinance will be held on Monday, March 23, 1998, at 7:00 o'clock P.M. or as soon thereafter as possible, by the City Commission of Sanford, Florida, in the City Commission Room, City Hall, 300 North Park Avenue, Sanford, Florida.

interested parties may appear at the meeting and be heard regarding the ordinance.

Copies of the proposed ordinance are available for inspection by the public at the City Clerk's Office, City Hall, Sanford, Florida.

ADVICE TO THE PUBLIC: IF A PERSON DECIDES TO APPEAL A DECISION MADE WITH RESPECT TO ANY MATTER CONSIDERED AT THE ABOVE MEETING, OR HEARING, HE MAY NEED A VERBATIM RECORD OF THE PROCEEDINGS, INCLUDING THE TESTIMONY AND EVIDENCE. WHICH RECORD IS NOT PROVIDED BY THE CITY OF SANFORD. (FS 286.0105)

PERSONS WITH DISABILITIES NEEDING ASSISTANCE TO PARTICIPATE IN ANY OF THESE PRO-CEEDINGS SHOULD CONTACT THE PERSONNEL OFFICE ADA COORDINATOR AT 330-5626 48 HOURS IN ADVANCE OF THE MEETING.

F.Y.I...and Your Health

Channeling communication HOUSTON--What's the best way for two people in a rela-

tionship to communicate? "With the TV off," said Bob Beck, a clinical social worker

and couples therapist at Baylor College of Medicine in Houston. Television can be a distrac-

tion when two people are having a discussion. And it provides an easy escape when the conversation involves a problem that makes the participants uncomfortable. If a couple sincerely wants to improve communication, they should be willing to give each other undivided attention.

"It might be easier to look away at the TV rather than face your partner, but you can better understand the other person's thoughts and feelings by maintaining eye contact, observing body language and facial expressions, and concentrating completely on what is said." Beck said.

Turning the TV off when your partner sits down to talk icts that person know that what he or she has to say is important and interesting to you," Beck said. "And that's a message that can get communication off to a great start."

Helping heart-attack patients

Simple lifestyle changes can help people who have had a heart attack get their cardiovascular system into shape.

*Moderate exercise proper nutrition strengthen the heart and improve overall fitness too," said Dr. Ryan Neal, director of cardiac rehabilitation at Baylor College of Medicine and The Methodist Hospital in Houston.

A 12-week cardiac rehabilitation program might include aerobic exercise, muscle toning, nutritional instruction, counseling and medical monitoring, with patients exercising three times a week on treadmills, atationary bikes and rowing machines. Each patient should be prescribed a unique rehabilitation program based on the patient's level of fitness.

Teaching patients how to manage their heart condition and prevent recurring heart attacks and coronary-artery disease is a critical part of rehabilitation.

"Our ultimate goal is to help patients develop a home-exercise program and lifestyle modification, including stress management," Neal said. "In many cases, they can return to or surpass their prior level of activity."

Neal said patients in good cardiovascular health feel and look better and have a greater sense of well-being. They realize that heart disease doesn't have to limit their potential and that exercise is a stepping stone to improving their quality

If you have any Health and Pitness news, fax it to us at (407) 323-9408 or call (407) 322-2611.

Q: I'm trying to eat healthler, count every calorie, watch everything I eat, and change all my habits. This is really a lot of work and I just want to say the heck with it.

A: You're right, it is hard to change all your eating patterns over night. In fact this is one of the leading excuses for not staying on a diet. It's often too demanding for the average person with home and work obligations.

Lesson #1: Be fair to yourself. I completely agree with your goal to take charge of your weight and your health. However, you may be putting too much pressure on yourself by trying to change everything at once. Ask yourself, What am I expecting of myself? is it reasonable? Controlling your weight and taking charge of your health is a continuous daily process. Focus on moving a step closer to your goal every day. Give yourself time.

Lesson #2: Make one change at a time. Too many changes can add pressure and stress to one's life. I've found that most of us are only good at



Aspertame sweetner: A healthy substitute?

By Alyce Klein RN

Aspartame, the technical name for the brand name artificial sweeteners NutraSweet, Equal, Spoonful, and Equal Measure, has been the subject of an enormous amount of de-bate concerning it's safety. Discovered by accident in 1965 by a G.D. Searl Company chemist named J. Schlatter, it was approved by the Food and Drug Administration (FDA) for use in dry goods in 1981, and for use in carbonated beverages in

Aspartic acid, phenylalanine, and methanol are the chemicals which comprise aspartame. According to a book by James and Phyllis Balch, called Prescription for Nutritional Healing, aspartame is a chemical poison.

It is thought that the aspartie acid is responsible for the frequently reported side effect of memory loss linked to aspartame ingestion. The exact mechanism of reaction between the aspartic acid and glutamic acid (99 percent of monosodium glutamate or MSG) is currently being debated, but it is believed to be the cause of some damage to brain cells. Other side effects that have been reported to the FDA which are thought to be caused by the combination of these amino acids are: Headaches, nausea, abdominal pain, fatigue, depression, and visual problems.

Aspartame is believed to be responsible for over 75 percent of the adverse reactions to food additives reported to the food and Drug Administration (FDA). 'People cannot be sure how their bodies are going to react to a food additive, not unlike how different people have adverse reactions to drugs," stated a Public Affairs Representative at the FDA.

The FDA states "to date, no consistent pattern of symptoms can be attributed to the use of aspartame, nor is the agency aware of any recent studies that clearly show safety prob-

The FDA also reports that aspartame is not a common allergen, but that certain people with a genetic disorder called phenylketonuria (PKU), those with advanced liver disease, and pregnant women have a problem with aspartame because they are unable to effectively metabolize the amino acid phenylalalnine, one of the components of aspartame. There is a warning mandated by the FDA on all products containing aspartame stating that the sweetener contains phenylalanine.

According to the American Medical Association Encyclopedia of Medicine, "Methanol is a poisonous type of alcohol, of-ten found in paint remover and some types of antifreeze. It is broken down by the liver into formaldehyde and formic acid. Some side effects are dizziness, nausea, headache, and visual damage which can lead to blindness." The AMA also states that "if consumed repeatedly, or taken in a single high dose, methanol can cause blindness."

Formaldehyde is a known carcinogen. There has been a re-

ported rise in brain tumors since aspartame was approved for dietary use by the FDA. Aspartame consumption has been associated with the development of brain cancer in rats. In a 2 year study conducted by the manufacturers of aspartame, 12 of 320 rats who had been fed a normal diet and aspartame developed brain tumors, while none of the rate in the control group developed brain tumors. Supporters of aspartame argue that there is no link between it's effect on humans and it's effect on rats, and that the rise in brain tumors is probably due to improved diagnosis.

According to the Journal of Applied Nutrition, "one liter of aspartame sweetened beverage contains approximately 56 mgs of methanol; it is recommended that consumption not exceed 7.8 mgs/day by the Environmental Protection Agency

Phenylalanine, when not effectively metabolized, causes levels of the neurotransmitter seratonin to decrease which leads to symptons of depression. It can also cause brain damage, and in cases of PKU the severity of damage can be lethal.

Some of the illnesses that researchers and physicians who are studying the adverse effects of the artificial sweetener believe can be triggered or exacerbated by ingesting aspartame are: Brain tumors, epilepsy, chronic fatigue syndrome, Alzheimer's, diabetes, and fibromyalgia. It is also being implicated as a causal factor in birth defects and mental retarda-

The FDA states that there is sufficient evidence to support the continued consumption of aspartame sweetener, but empirical evidence to verify it's safety is hard to find. There is little documentation of any scientific study which confirms that aspartame does not lead to any serious side effects in humans. The internet address for information about aspartame or any other product endorsed by the FDA is: http://www.fda.gov/.

Simple Solutions to Tough Weight Loss

A weekly column by **CAROL FREEMAN** Health and Fitness Consultant

making one change in our eating habits at a time. For example, instead of switching from whole milk to nonfat, go down to 2% first. Cut out half of the deserts instead of all deserts. After a while, cut the portions of deserts in half. Start keeping more fruit around the house for your family and slowly back off on their junk food. Small changes in habits are much more likely to become permanent.

TIP OF THE WEEK

Courtesy of BILL TROCHLELL - Fitness Expert

Which is the Best Cardio Workout?

Cardio exercise is available in many different forms such as stairstepper, stationery bike and treadmill. Other forms of cardiovascular exercise could be walking or riding a bike in your neighborhood. A cardiovascular workout is basically the ability to increase your heart rate and burn body fat. While one person may like the bike, another may like something else. Enjoying your cardiovascular workout will help make it easier to stay with a successful weight loss program.

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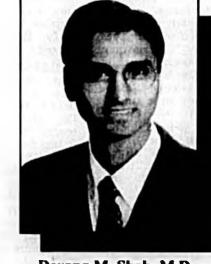
Ear, Nose, Throat and Sinus Disorders



Robert P. Collette, M.D.



- Bachelor's Degree from Brown University, Providence R.I.
- Graduated form Tult's University School of Medicine, Boston, MA
- Completed Residency at Walter Reed
- Medical Center, Washington, D.C. On staff at FL Hospital Alternonte, Columbia
- Medical Center, Sanford and Volusia
- Medical Center, Orange City Board Certified Otolaryngology



Devang M. Shah, M.D.

- Bachelor's Degree from MIT Graduated from Robert Wood Johnson
- Medical School in New Jersey
- Completed Residency at John Hospidns Hospital In Baltimore
- On staff at FL Hospital Altamonte, Columbia Medical Center, Sanford & Volusia
- Medical Center, Orange City
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B.N. KILGORE, at al.,

NOTICE IS HEREBY CIVEN pursuant to an Order Scheduling Foreclosure Sale in this case now pending in said Court, the style of which is indi-

best bidder for cash at the West Front Door of the Seminole County Courthouse, 301 North Park Avenue, Sanford, Florida 32771, at 11:00 a.m., on the 31st day of MARCH 1998 the following described property as set forth in said Order or Final

Judgment, to-wit: THE EAST 13 FEET OF LOT 6. ALL OF LOT 5 AND THE WEST 37 FEET OF LOT 4, LAKE WAY-MAN HEIGHTS SUBDIVISION ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 3, PAGE 82, PUB-LIC RECORDS OF SEMINOLE COUNTY, FLORIDA. A/K/A: 658 SEMINOLE

AVENUE, LONGWOOD, FLORI DA 32750 ORDERED at SEMINOLE of Fabruary, 1998.

MARYANNE MORSE
As Clerk, Circuit Court
SEMINOLE COUNTY, Florida
Dy: Jane E. Jasewic As Deputy Clerk SPEAR & HOFFMAN PA 706 South Dixie Highway Coral Gables, Florida 33146 Telephone: (305) 666-2299

Persons with disability who need a special accommodation to participate in this proceeding should contact ADA Coordinator at 301 N. Park Avenue, Suite N., Sanford, Florida 32771, at least five days

Legal Notices

4227; 1-800-955-8771 (TDD), pt 1-800-955-8770 (V), via Florida Relay Service. Publish March 8, 15, 1998 DEO-68

NOTICE OF FICTITIOUS NAME Notice is hereby given that t am engaged in business at 403

Morning Glory Drive Lake Mary. Florida 32745, Seminole County, Florida, under the Fictitious Name of JCA SOLU-TIONS, and that I intend to register said name with the Division of Corporations Tallahassee, Florida, in accordance with the provisions of the Fictitious Name Statutes. To-Wit Section 865 09 Florida Jade Apisulch

Publish March 15, 1998 DEO-133

NOTICE OF PUBLIC AUCTION NOTICE IS HEREBY GIVEN CAJ TOWING WILL SELL AT PUBLIC AUCTION FOR SAL VAGE FOR CASH ON DEMAND TO HIGHEST BIDDER THE FOL-

OWING DESCRIBED VEHI 1982 DATRUN 2802Y DROWN 986 CHRYSLER LAZER BLUE VINETC3BA44D7GG132401 THIS AUCTION WILL BE HELD ON MARCH 30, 1998 AT 10 O'CLOCK AT CRJ TOWING

1580 S. CR 427, LONGWOOD

PROSPECTIVE DIDDERS MAY INSPECTIVE DIDLETS THE DAY DEFORE AUCTION DETWEEN SAM AND SPM TERMS ARE CASH OR CERTIFIED FUNDS CAJ TOWING RESERVES THE RIGHT TO ACCEPT OR REJECT ANY AND ALL DIDS Publish March 15, 1998 DEO-137

Legal Notices

NOTICE OF ACTION IN EMINENT DOMAIN IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA CASE NO. 88-0031-CA-13-E SEMINOLE COUNTY, a political subdivision of the

Petitioner

THE HEIRS OF THE ESTATE OF ELLA MAE MERRIL, DECEASED LANNY L. GREEN, ROBEMARY HARRINS, LAWRIE NICHELSON, ROBERT W. HARRINGS, JOHN ANTHONY HARRINS AND A. J. THOMAS, JR., MAYFAIR VILLAS ASSOCIATION, INC., RAY VALUES as Tas Collector of Seminole County, Florida, and the unknown spouses of the above, if any, their heirs, devises, assignees grantees, creditors, lessees, executors, administrators, moil-gages, judgment creditors, trustees, lienholders, persons in possession and any and all other persons having or claiming to have any right, little or interest by through, under or against the above named Defendants, or otherwise claiming any right, little, or interest in the real property described in this action.

TO THOSE ABOVE-NAMED DEFENDANTS AND TO ALL PARTIES CLAIMING INTEREST DY, THROUGH, UNDER OR AGAINST THE NAMED DEFENDANTS, AND TO ALL PARTIES HAVING OR CLAIM-ING TO HAVE ANY RIGHT. TITLE OR INTEREST IN THE PROPER

An Eminent Domain Petition, legether with its Declaration of Taking has been filed in the above-styled court to acquire certain property interests in Seminale County, Florida, described as fol-

PARCEL NO. 188

FEE SIMPLE
THOSE PARCELS OF LAND IN SECTION 23 TOWNSHIP 19 SOUTH RANGE 30 EAST DEING A PORTION OF THE GREENBELT AREAS AND MAYFAIR COURT, A PRIVATE ROAD, OF "MAYFAIR VILLAS" ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 22. PAGES 9 AND 10 AND OFFICIAL RECORDS BOOK 934 PAGE 223 OF THE PUBLIC RECORDS OF SEMINOLE COUN-FLORIDA BEING MORE PARTICULARLY DESCRIBED AS FOL

COUNTY ROAD 46A, PHASE I

THE SOUTH 20 FEET OF THE SAID GREENBELT AREAS AND SAID MAYFAIR COURT OF SAID "MAYFAIR VILLAS". THE ABOVE DESCRIBED PARCELS OF LAND LIE IN THE CITY OF SANFORD, SEMINOLE COUNTY, FLORIDA AND CONTAINS 11202 SQUARE FEET

TOGETHER WITH

COUNTY ROAD 484, PHARE II PARCEL NO. 786 TEMPORARY CONSTRUCTION EASEMENT THOSE PARCELS OF LAND IN SECTION 33. TOWNSHIP 19 SOUTH, RANGE 30 EAST BEING A PORTION OF MAYFAIR COURT A PRIVATE ROAD, OF "MAYFAIR VILLAS" ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 22, PAGES 8 AND 10 AND OFFICIAL RECORDS BOOK 934. PAGE 223 OF THE PUB LIC RECORDS OF SEMINOLE COUNTY FLORIDA BEING MORE PARTICULARLY DESCRIBED AS FOLLOWS

THE NORTH 20 FEET OF THE SOUTH 40 FEET OF SAID MAY-FAIR COURT, OF SAID "MATFAIR VILLAS". THE ABOVE DESCRIBED PARCEL OF LAND LIES IN THE CITY OF SEMINOLE COUNTY, FLORIDA AND CONTAINS 1002

Each Defendant is further notified that the Petitioner for an Order of Taking before the Honorable O.N. EATON, JR. one of the Judges of the above-styled Court, on Tuesday, the 21st day of April, 1998, at 9:30 a m., in Chambers, in the Seminole County Courthouse, Sanford, Florida, in accordance with its Declaration of Taking heretologe filed in this cause. Al Defendants to this suit and all other interested parties may time by request a hearing on the Petition for the Order of Taking at the time and place designated and be heard. Any Detendant failing to file a timely request for hearing shall waive any right to object to

Each Detendant and any other persons claiming any interest in the property described in the Petition in the above-styled Eminent Domain proceeding is hereby required to serve written defenses if any you have, to the Petition heretolore filed in this cause on the Patitioner, and any request for a hearing on the Petition for the Order of Taking, if desired, on Petitioner's Attorney, whose name and address is shown below on or before Tuesday, April 14th, 1998, and to file the original of your written delenses and any request for hearing on the Petition for the Order of Taking with the Clerk of this Court either before service on the Petitioner's Attorney or immediately thereafter, to show what right, title, interest or lien you have, if any, or claim in and to the property described in said Petition and to show cause, if any you have, why said property should not be condemned for the user and purposes as set forth in said Petition. If you fail to enswer, a default may be entered against you for the relief demanded in the Petition. If you fail to request a hearing on the Petition for Orda of Taking you shall waive any right to object to said Order of

WITNESS my hand and seal of said Court on February 13th

(SEAL) MARYANNE MORSE CLERK OF THE CIRCUIT COURT IN AND FOR SEMINOLE COUNTY, By Jean Brilliant ROBERT A. McMILLAN County attorney for Seminole County, Florida Reminale County Services Building 1101 East First Street Banford, Florida 3277 Telephone: (407) 321-1130, Eat. 7284 Attorney for Petitioner Publish: Sunday, March 15, 1998



Portrait of a Great American Investor

U.S. SAVINGS BONDS

Legal Notices

NOTICE OF FICTITIOUS NAME

Natice is hereby given that I am engaged in business at 105 Waymont Ct, Suite B. Lake Mary Florida 32746, Seminole County, Florida, under the Fictitious Name of BLENDRZ CAFE, and that I intend to register said name with the Division of Corporations, Tallahasses, Florida, in accordance with the provisions of the Fictitious Name Statutes, To-Wit, Section 865-09, Florida **Rob Guarriello** Publish: March 15, 1998 DEO-135

OF FICTITIOUS NAME Notice is hereby given that I am engaged in business at 134 Mingo Trail Unit a108
Longwood, Florida 32780,
Seminole County, Florida, under
the Fictitious Name of DURACREYE PRODUCTS, and that I

NOTICE

intend to register said name with the Division of Corporations, Tallahassee. Florida in accordance with the provisions of the Fictitious Name Statutes To-Wit Section 865 09, Florida Statutes 1991 Michele Chase Publish March 15, 1998 DEO-134

IN THE CIRCUIT COURT OF THE BIGHTEENTH JUDICIAL CIRCUIT IN AND FOR BEMINOLE COUNTY, FLORIDA CIRCUIT CIVIL CARE NO.: 87-2217 CA 14K NATIONAL LOAN INVESTORS, L.P.,

JOHN D. BENTON:

HELEN BENTON; and UNKNOWN PARTIES IN POSSESSION. Defendants.

NOTICE
OF FORECLOSURE SALE
NOTICE is hereby given that
the undersigned Clerk of the
Circuit Court of Seminole
County, Floride, will on MARCH
21st, 1998, at 11,00 a.m., at the West Front Door of the Seminole County Courthouse, Sanford, Florida, offer for sale at public sale to the highest and best bidder for cash, the prop-erly located in Seminole County, Florida, more particuattached, pursuant to the Summary Final Judgment unlered in the above-styled

LOT 12 OF BECOND ADDITION TO PARK VIEW, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 4. PAGE S, PUBLIC RECORDS OF SEMINOLE COUNTY, FLORIDA. WITNESS my hand and official seal of said Court this 2nd day of MARCH, 1998.

MARYANNE MORSE CIRCUIT COURT By: Jane E. Jasewic Deputy Clerk

IN ACCORDANCE WITH THE AMERICANS WITH DISABILI-TIES ACT, PERSONS IN HEED OF A SPECIAL ACCOMMODA-TION TO PARTICIPATE MEMB PROCEEDING SHALL, WITHIN A REASONABLE TIME PRIOR TO THE PROCEEDING, CON-TACT WILLIAM J. BOYCE PA., 501 FIRST AVENUE NORTH, BUITE 502, ST. PETERBBURG, FLORIDA 23701, TELEPHONE 813/894-2692, 1-800-968-8771 VIA FLORIDA RELAY SERVICE. Publish: March 8, 15, 1998

M THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT OF PLORIDA
IM AND FOR
SEMMOLE COUNTY
CASE NO. 98-30 CA 14 W
CHASE MANHATTAN MORTGAGE CORPORATION I/L/a CHEMICAL RESIDENTIAL MORTGAGE CORPORATION I/N/a

COMPANY, INC., STACEY B. FIORELLA.

PROPERTY, NOTICE OF ACTION TO: STACEY B. FIORELLA AND SYLVIA N. FIORELLA

731 Swan Lane Altamonte Springs, Florida 32701 YOU ARE NOTIFIED that an action for Ferenciosure of Mortgage on the following described property: Lot 168, CRANE'S ROOST VIL-Lot 188, Change HOOST VIL-LAS, according to the Plat thereof, as recorded in Plat Book 23, Pages 74-77 inclusive, Public Records of Seminole County, Florida; n/h/a 731 Swan Lans, Altamonte Springs, Florida 32701 Lane, Altan Florida 32701

has been filed against you and you are required to serve a copy of you written defenses, if any, to it, on Anne M. Cruz-Alverez, Attorney for Plaintiff, whose address is Suite 300. 1870 Madruga Avenue, Corsi Gables, Florida 33148 within thirty (30) days after the first publication of this Notice in the Sanford Heraid and file the original with the Clerk of this Court either before service on Plaintiff's attorney or immediately thereafter; otherwise a default will be entered against you for the raited demanded in

WITNESS my hand and the sai of this Court this 3rd day of MARCH, 198.

MARYANNE MORSE As Glerk of the Court By: Ruth King As Deputy Clerk

*Persons with a disability who need a special accommodation to participate in this proceed should contact A Coordinator at Seminole Cou Coordinator at Seminole County Courthouse, 301 N. Perk Avenue, Suite N301, Semiord, Florida 32771, at least five days prior 10 the proceeding. Telephone: (407) 323-4230 ext. 4227; 1-800-965-9771 (TDD) or 1-800-868-9770 on the Exercise 1-800-966-8770 (V) via Flarida h: March 5, 15, 1996

Legal Notices

NOTICE OF SALE Pursuant to Florida Statutes Self Storage Act, Sec 83 806 & 83 807, Sale of Contents in leased space to satisfy Owner hens (Household/Supplies) 155 Darin Q. Patrick 578 Peacock International

579 Peacock International 598 Hassani Holding Retail 599 Hassani Holding Retail To be sold or disposed of Thurs., April 2, 1998, 10 a.m. Public Auction, Cash Only At SunRay Store away

601 Rinehart Road Lake Mary, FL 32746 all may pay up call 333-4355 Publish March 15, 1998

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA JURISDICTION DIVISION

CASE NO: 97-2443-CA-14 N NORWEST MORTGAGE, INC. EVA N. DAVIS, IF LIVING. AND IF DEAD, THE UNKNOWN SPOUSE, HEIRS, DEVISEES, GRANTEES, ASSIGNEES. LIENORS, CREDITORS, TRUSTEES AND ALL OTHER PARTIES

CLAIMING AN INTEREST BY, THROUGH, UNDER OR AGAINST EVA N.
DAVIS; UNKNOWN
SPOUSE OF EVA N. DAVIS;
IF ANY, BEMINGLE COUNTY, FLORIDA: JOHN DOE AND JANE DOE AS UNKNOWN TENANTS IN POSSESSION DEFENDANT(S)

HOTICE OF FORECLOSURE SALE NOTICE IS HEREBY GIVEN pursuant to a Summary Fina Judgment of foreclosure dated February 27th, 1998, entered in Civil Case No. of the Circuit Court of the 18TH Judicial Circuit in and for SEMINOLE County, SANFORD, Florida, 1 will sell to the highest and best bidder for cash at the WEST FRONT DOOR of the SEMINOLE County Courthouse located at 301 NO. PARK AVENUE in SAN-FORD, Florida, at 11:00 a.m. on the 31st day of March, 1998 the following described property as set forth in said Summary Final

Judgment, to-wit:
LOT 2, BLOCK F. COUNTRY
CLUB MANOR, ACCORDING TO
THE PLAT THEREOF AS
RECORDED IN PLAT BOOK IT,
PAGE 100, OF THE PUBLIC
RECORDS OF SEMINOLE
COUNTY, FLORIDA. Dated this 2nd day of March

1998. [CIRCUIT COURT SEAL] MARYANNE MORSE
Clerk of the Circuit Court By: Dorothy W. Bolton Deputy Clerk In accordance with the

American with Disabilities Act, persons with disabilities need-ing a special accommodation to participate in this proceeding should contact the Clerk of the Circuit Court at the SEMINOLE prior to the preceding. If hearing impaired, 1-800-965-8771 (TDO) amus 600-968-8770, via Florids Relay Service. THE LAW OFFICES OF DAVID J. STERN. PA ATTORNEY FOR PLAINTIFF

801 S. University Drive Suite 600 Plantation, FL 33324 (954) 233-8000 Publish: March 8, 15, 1988

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT, IN AND FOR BEMINOLE COUNTY, JURISDICTION DIVISION CASE NO: 07 2523 CA14 GE CAPITAL MORTGAGE

BERVICES, INC. DAVID W. SMITH AND DAVID WARREN SMITH, IF LIVING, AND IF DEAD,

THE UNKNOWN SPOUSE, HEIRS, DEVISEES, GRANTEES, ASSIGNEES TRUSTEES AND ALL OTHER PARTIES CLAIMING W INTEREST BY THROUGH, UNDER OR AGAINST DAVID W. WARREN SMITH; ot a

DEFENDANT(S) MOTICE OF FORECLOBURE BALE NOTICE IS HEREBY GIVEN pursuant to a Summary Final Judgment of foreclosure dated February 27th, 1898, entered in Civil Case No. 97-2523 GA14 of the Circuit Court of the 18TH Judicial Circuit in and for \$EMI-NOLE County, SAMFORD, Florida, I will sell to the highest and best bidder for cash AT THE WEST FRONT DOOR of the SEMINOLE County Courthouse located at 301 NORTH PARK AVENUE IN BANFORD, Florida, at 11:00 a.m. on the 21st day of March, 1998 the following

described property as set forth in said Summary Final Judgment, to-wit: LOT 10, BLOCK 8, TIER 7, OF E.R. TRAFFORD'S MAP OF THE TOWN OF BANFORD, ACCORD-ING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 1, PAGES 56-54, PUBLIC RECORDS OF SEMINOLE COUNTY, FLORIDA. Dated this 2nd day of MARCH,

CIRCUIT COURT SEAL) MARYANNE MORSE Clerk of the Circuit Court By: Jane E. Jesewic Deputy Clerk
THE LAW OFFICES
OF DAVID J. STERN, P.A. ATTORNEY FOR PLAINTIFF ATUNIET FOR FORMS
801 S. University Drive
Suite 500
Plantation, FL 33324
(854) 233-8000
97-12701FM(QEH)

in accordance with the American with Disabilities Act, persons with disabilities needing a special accommodation to participate in this proceeding should contact the Clork of the Circuit Court at the SEMINOLE County Courthouse at 407-323-4330, not later than seven days prior to the proceeding. If hearing impaired, 1-800-868-8771 (TDD) or 1-800-868-8770, via Florida Relay Service. Florida Relay Service. Publish: Merch 8, 18, 1998 DEO-71

Legal Notices

OF THE EIGHTEENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA CIVIL ACTION CASE NO. 98-39 CA DIVISION 14 E FSB A/K/A BANK UNITED

TO: MARY BLIND

UNKNOWN

UNKNOWN CURRENT RESIDENCE:

action to foreclose a mortgage on the following property in SEMINOLE County, Florida LOT 7, AND COVERED PARK-ING G. CYPRESS VILLAGE, JRD REPLAT, TRACT C-PHASE I, A RIPLAT, TRACY C-PHASE I, A SUBDIVISION ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 26, PAGE 87, OF THE PUBLIC RECORDS OF BEMINOLE COUNTY, FLORIDA.

you are required to serve a copy of you written defenses, if any, within thirty (30) days after the first publication of this Notice of Action on Echevaria. McCalla, Raymer, Barrett & Frappier, Plaintiff's attorney whose address is 601 Bayshore Boulevard, Suite 800, Tampa Florida 33606, and file the orig inal with this Court either before service on Plaintiff's attorney or immediately there after, otherwise a default wi be entered against you for the relief demanded in

WITNESS my hand and the seal of this Court this 3rd day of MARCH, 199. SEALI

By: Ruth King As Deputy Clerk NOTICE Americans Disabilities Act, per proceeding should contact the individual or agency sending

(TDD) or 1-800-956-8770 (v); via

N THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT IN AND FOR REMINDLE COUNTY, FLORIDA CASE NO.: PROS-68-CP LILLIAN SHEEHAN,

OF ADMINISTRATION The administration of the estate of LILLIAN SHEEMAN deceased, Case Number FRBS 88-CP, is pending in the Circuit Court for Seminole County, Florida, Probate Division, the address of which is 301 No Park Avenue, Sanford, Florida 32771. The names and address as of the personal representa-tives and the personal repre-

ALL INTERESTED PERSONS ARE NOTIFIED THAT: All persons on whom this notice is served who have objections that challenge the validity of the will, the qualifications of the personal representative, venue, or jurisdiction of this Court are required to file their objections with this Court WITHIN THE LATER OF THREE MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE OR THIRTY DAY!

AFTER THE DATE OF BERVICE OF A COPY OF THIS NOTICE ON THEM. All other creditors of the dece dent and persons having claims or demands against the dece-dent's estate must file their Claims with this court WITHIN THREE MONTHS AFTER THE DATE OF THE FIRST PUBLICA-TION OF THIS HOTICE. DEJECTIONS NOT SO FILED WILL BE FOREVER BARRED. The date of the first public tion of this Notice is March S.

MARGARET H. PIRNAT Co-Personal Representative
WILLIAM A. GREENBERG Co-Personal Represen WILLIAM A. GREENBERG Florida Bar No.: 248378 8500 So. U.S. 17-92 Post Office Box 300319 (407) 339-5944 Atterney for Publish: March 6, 18, 1996

> PUBLIC NOTICE SAMFORD AIRPORT AUTHORITY

Several Members of the Sanford Airport Authority and staff will attend a joint meeting with the City of Lake Mar Commission on Thursday March 19, 1996, at 6:30 p.m. a Lake Mary City Hell. Please take notice that if any person decides to appeal any decision made by the Sanford

Airport Authority with respec to any matter considered at the meeting or hearing schedule herein, he or she will need a record of the proceedings, an that, for such purpose, he or she may need to ensure that a verbatim record of the proceed ings is made, which record includes the testimony and evidence upon which the appeal is

Stephen J. Cooke, A.A.E. Executive Director blish March 16, 1988

IN THE CIRCUIT COURT **\$27**

3 LINES

10 DAYS

51°

YARD SALES

PRICE PER LINE

PRE-PAID ONLY

\$18

3 LINES

WHOLE

WEEK

51°

PER LINE

13 WEEKS

CONTRACT RATES

MARY BLIND, et al. Defendant(s). NOTICE OF ACTION

LAST KNOWN RESIDENCE WINTER SPRINGS, FL 32708 CURRENT RESIDENCE:

PARTIES CLAIMING BY, THROUGH, UNDER, AND AGAINST THE HEREIN NAMED INDIVIDUAL DEFENDANT(S) WHO ARE NOT KNOWN TO BE DEAD OR ALIVE, WHETHER CLAIM AN INTEREST AS SPOUSES, HEIRS, DEVISEES, GRANTEES, OR OTHER CLAIMANTS LAST KNOWN RESIDENCE:

YOU ARE NOTIFIED that an has been filed against you and

Complaint or petition. This notice shall be published once each week for two con secutive weeks in the Seminole Herald P.O. Box 1667, Sanford, FL 32772

Maryanne Morse Clerk of the Court

In accordance with the sons needing a special accom-modation to participate in this notice not later than seven (7) days prior to the proceeding at the address given on the notice. Telephone: 407-323-4330 mst. 4227; 1-800-968-877

Florida Relay Service Publish: March 8, 15, 1998 DEO-73

sentatives stigmey are set

Document #1391 Project #RFP-436-88/BJC Project Title Investment Banking Services Document #4361 For information on any of the Seminole County BCC projects. please call information o Demand, Inc., 407-976-0020 Publish March 15, 1998

CITY OF LAKE MARY REQUEST FOR PROPOSAL RPP # 00-06 BANKING BERVICES

06-86 Banking Services for an inhal three (3) year peri accepted by The City of Lake Mary until 2 00p m., local time on Wednesday, April 10, 1896, Late proposals will not be opened or

the City Clerk's Office at Lake Mary City Hall, 100 N. County Club Road, IF MAILING PROPOSAL, MAIL TO Carol A. Foster, City Clerk, City of Lake Mery, P.O. Box 950700, Lake de 32796-0700 F DELIVERING PROPOSAL IN

PERSON, DELIVER TO, Carol A. Fostor, City Clork, City of Lake Mary, 100 N. County Chib Rd., Lake Marx FL 32746 NO FACSIMILE OR TELEGRAPHIC PROPOSAL SUBMISSIONS WILL BE ACCEPTED.

Each proposal shall be submitted in a sealed envelope showing the name of the proposer and marked RFP #05-86, Banking Services. NOTE: ALL PROSPECTIVE PRO-POSERS ARE HEREBY CAUTIONED NOT TO CONTACT ANY MEMBER OF THE CITY OF LAKE MARY COMMISSION OR ANY OTHER STAFF MEMBER EXCEPT FOR THE PINANCE DIRECTOR REGARDING THE PROPOSAL SUCH CONTACT SHALL BE CAUSE FOR DISQUALIFICATION. ALL CONTACTS MUST BE CHAN-

NELED THROUGH THE FINANCE DIRECTOR (407) 324-3000. DIRECTOR (407) 224-2000.
The city meanwes the right to reject any and all proposals, with or without cause, to waive technicalties, or to accept the proposal which in its best judgment best serves the interest of the City of Lake Mary. Cost of submittal of this proposal is dered and operati the proposer and shall not be passed on to or be borne by the

March 15, 1996

Seminole Herald **CLASSIFIED AD RATES**

DEADLINES

Tuesday thru Friday 12 Noon the day before publication. Sunday 12 Noon Friday

ADJUSTMENTS & CREDITS

In the event of an error, the Seminole Herald will be responsible for the first insertion only and only to the extent of the cost of that insertion. Please check ad for accuracy the first day it runs.

TO PLACE AN AD CALL

SEMINOLE **ORLANDO** 407/322-2611 407/831-9933

LOST mix breed dog-neutered

27-NURSERY & CHILD

CARE

ALL HOURS 10 yrs exp in child

development. Reas rales, meets inct. Fun play room 324-0513

AN EXP LOVING MOM

Provides educational activities along with TLC & playroom, for yrd, Cert, CPR/CDL/Ret/Rea

rates. For interview 330-0700

BABYSITTING in my Lake Mary

home. FT. Safe, clean, quality care Call (407) 330-9204

Inhome preschool ages 2-11. Limited space. Call for 2 weeks

WALK-INS & ILL KIDS are this

nurse's specialty. Healthy kids too! HRS#042532 324-1962

55—BUSINESS

OPPORTUNITIES

\$300 - \$500

Distributing phone cards. No ex

perience necessary. For more information send a SASE to: Primetime Communications,

Primetime Communications, P.O. Box 894355, Miami, FL 33269-1355

"AAA GREETING CAROS"

Potential 845K P/T-8110K F/T

No selling-accts provided service local stores-5950 investment secured & quickly returned.

"800-771-3141 ext. 202"

BEST Home Business out there. If you are serious about making money w/ no sell of prod, no sity, no risk, Call 262-3320

COKE/PEPSI

VENDING ROUTE

Many high traffic aloa...
\$2500 a/wk potential
\$00-342-6653

COKE/PEPSIE

ree. 321-7635.

M20 322-7878

DEPARTMENT HOURS 8 AM - 5 PM MONDAY - FRIDAY

NOW ACCEPTING

VSA.

23—LOST & FOUND

13-HEALTH & BEAUTY **EXTRA HOLIDAY WEIGHT?** 1 On-1 Personal Training w/ Lifetime Fitness Free body fat arialysis. Dennis. Exercise Physiologist, 772-6697.

14-FOR SALE

SECURITY BARS & DOORS Lic., 34 yrs Exp. 50,000 designs \$5/sq ft Free est Quality guaranteed 904-985-0013 or 407-324-3166

16—REMINDER SERVICES

SPECIAL DAYS Never lorget them! Reminder Service-B-day, appts, Drs. \$15/yr, For details CAR 302-2126

21—PERSONALS

MASSAGE FOR Y0U!!

RELAX & ENJOY! *Couples welcome Call Laurs or Rich (407)532-0715 day/eve appt.

ADOPTION Living expenses counseling

GIFT OF LIFE 800-216-5433 ALONE? FL's RESPECTED

Dating Bureau for SENIORS. Estab. 1977: 1-800-922-4477 Female Message Thersplat needed for busy Longwood lo-cation Cat 331-8848

Longwood Mebesp Studio. Walk-ins setcoms 7 days. Private rms Fernale Stall. LisceMM7785 407-339-5300

SEMINOLE COUNTY BCC PROJECTS

Project SFC-138-96/BJC.

Project Title: Howard Avenue

Project Title Howell Branch

Road, Phase 1 - Landscape

Shortcut Canal Project

Project #FC-139-98

Document #1381

Project

MEET NEW PEOPLE THE FIRM WAY TODAY 1-000-370-3306 X9618 \$2.99 min Must be 18 years ServeU (619) 645-8434 Legal Notices

Best Program in USA. Excellent locations. \$1,200-widy potential. 100% financing available. 1-800-817-6 MAKE THOUSANDS with US

Call 24 hrs \$31-8631 ext.1 MILLIONAIRE Needs indiv. ready to make big 8's. \$1,500. required. 1-854-763-7574

NO NONSENSE HOSIERY Large Income. Service area ac-counts provided. \$14K startup

SNICKERS CANDY ROUTE 80 locations, \$800-\$1200 solid monthly income. Cost \$2905 Hurry this won't last!

investment. 1-800-753-0140 an-

Terres de la constitución de la VENDING: LAZY PERSONS DREAM, FEW HOURS-BIG \$\$ Free Brochure 1-800-820-6782 WORK FROM HOME making wooden frames. Earn to \$384/ wk. Call \$30-9444 ext E-45.

1-800-863-6122

supplies, earn to \$360/wt mak-ing brac. \$34-6666 Ext. #46 MEDICAL **OUTSOURCING**

WORK FROM HOME-No cost fo

Helping doctors an dentists by processing their claims on your home computer. Full or part time. Millions of paper claims ACCOUNTS PROVIDED 900-992-3959 Ext. 1347

.....

59-FINANCIAL SERVICES

ERABE BAD CREDIT
LEGALLY for Just \$21.00. Mell
checking to CALYPSO-1454 N.
Lalamore Ave, Winter Park, FL.

59—FINANCIAL SERVICES

TIRED of being turned down for credit? Learn wherit to obtain the best deals-credit cards, am bus loans, debt consolidation Rates as low as 5.9%, no annual less, etc. H & W Enterprises 323-1998.

61-MONEY TO LEND

"DIRECT LENDERS" \$2,500 \$50,000

no adv lee 1-800-680-7850 WARNING! Do not Refinence a Home Until You reed this FREE Report! Call 1-868-251-6431 ext. 301. 24 hrs for a FREE Recorded Message & Report

Consolidations, Cash Loams

Bad credit No problem

70—EDUCATION & TRAINING

Accredited Truck School, CDL. VA/TA Apprv, Job Assist Whend classes. National Truck School 1-800-488-7364

LIKE WORKING WITH PEOPLE? BE A MEDICAL ABSISTANT. As a Medical Assistant with an Associate of Science degree, you will help prepare patients for

ant lests and perhaps even assist in minor surgery. It's a re-warding career if you like help-ing others. *Day or Evening Classes *Financial Aid for Those Who-

examinations, conduct import-

Quality

*Graduate Placement Assis-Cell Toplays ,407-8431-9656

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least 16 years old, have a valid drivers license, good

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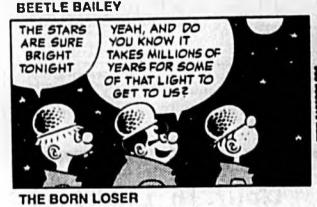


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by Art Sansom







by Charles M. Schulz



by Howie Schneider **EEK & MEEK** THANKS, SPORT ... YOU TO CELEBRATE, I WILL YOU'RE IN LUCK, SPORT ... IT'S FOUNDER'S DAY. SAVED ME A BUNDLE PERSONALLY MATCH EVERY CONTRIBUTION.



ARLO AND JANIS







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HOROSCOPE



Goals you set for yourself in the year ahead must be pursued tenaciously if you hope to achieve them. Nature might be a

deliver as promised. PISCES (Feb. 20-March 20) Try to profit from past mistakes today. Do not be drawn into an endeavor that is similar to one that didn't work out well for you in the past. Pisces, Ireal yourself to a birthday gift. Send for your Astro-Graph predictions for the year ahead by mailing \$2

and SASE to Astro-Graph, c/o this news-

paper P.O. Box 1758, Murray Hill

Station, New York, NY 10156. Be sure to

state your zodiac sign.

trifle slow getting in gear, but she will

ARIES (March 21-April 19) The kind of responses you'll get from others today will be determined by your attitude. If you're too critical, this might not be a banner day for you

TAURUS (April 20-May 20) If you don't listen to others today, you could take things out of contest and feel they are attacking you, when they simply may be offering constructive advice

GEMINI (May 21-June 20) Do not allow peer pressure to cause you to do things that violate your better judgment today, especially if you're circulating with a new group

CANCER (June 21-July 22) Your public image is fragile today, so be mindful of the way you act in front of others. How you behave today could affect how they treat you tomorrow

LEO (July 23-Aug. 22) Instead of wast-

ing time trying to establish who is to

blame for a big blunder, the wisest thing to do is to expend that effort correcting the mistake VIRGO (Aug. 23-Sept. 22) The world

isn't going to give you any free rides, so don't anticipate one today, If you feel like dancing, be prepared to pay the piper.

LIBRA (Sept. 23-Oct. 23) Today, your associates will have substantial influence over the outcome of important events. Do not let yourself be saddled with losers.

ACROSS 33 Falls noisily 36 Jai — 37 Poetic time

1 Show submissive

respect Type of cords 12 Anchors -13 Injure

15 Omitted (sounds) from pronunciation 16 Above, to a

poet 17 Allow to 18 Nev. time 21 Laundry sight 23 Greek letter

26 California county 28 Abominable Snowman 29 Actress

30 Corn units 31 Place for

planting

58 More sacred DOWN 1 Between Colo

38 Bread spread

40 Nobleman

character 44 Future bks

45 French friend

component 56 Precious metal

57 Sheriff's group

41 JFK sight

42 M'A'S"H

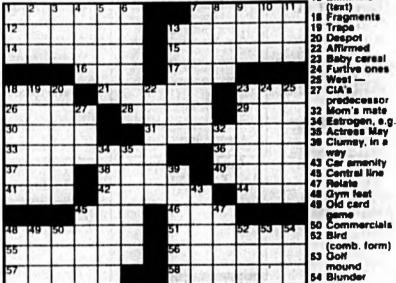
46 Chubby

51 Conceive

55 Seaweed

and Mo. 2 Be in debt 3 Damp

4 Former Communist amorously 6 Light boat STUMPED? Call for Answers • Touch some or Rolley Phones
95c per misser 1-900-454-3535 ext. code 100



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SCORPIO (Oct. 24-Nov. 22) The weight you might feel on your shoulders today of your procrastination might gang up on could be the heavy hand of neglected you today and pressure you into doing duties. Take constructive measures to eradicate your buildens.

get entangled in expensive involvements today, whether you are buying or selling. Your skills as a shopper might not be up

CAPRICORN (Dec. 22-Jan. 19) Victims the things you promised to do but have

Answer to Previous Puzzle

SERRATE

SNIPS AYE VIP A E R A T E E N C A S E A R E T H A R A I S I N

ROD ETE CREST DRAFTEE

JIBE BTU MOW

AVOWAL BEGONE

MANEGE AVALON

AMPERE

EBERT

7 Actress

9 He's no

Harper 8 Leeve out

gentlement 10 Vitel stellstic

11 Was in front 13 Eliminate

STARES

ENSDEES

AUGURY

BLOCKS

NODE

leader

5 Eyed

ULT

neglected thus far AQUARIUS (Jan. 20-Feb. 19) If you say SAGITTARIUS (Nov. 23-Dec. 21) Do not I unkind things about others today, don't be surprised when you later learn what is being said about you. What goes around comes around.

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VIN AT BRIDGE

First one, then the other

Last year, Danny Roth put out two books for intermediate players, one on declarer play and one on defense. (Roth is a Londoner, no relation to our AL) The first I reviewed favorably last December. I'm less keen on "Focus on Defense" (Master Point Press).

My main criticism is that the introduction to each problem usually tells you the winning play. I feel it would be better to give the reader a chance to analyze the position uninfluenced. Despite this disadvantage, Roth analyzes the deals lucidly, and his "points to remember" are useful.

In this deal from the book, you are East, having to form a defensive plan against three no trump. West leads the spade four in answer to your overcall. What now?

For his jump to three no trump, South should have 13-15 high-card spade stoppers. With only one stopper, he would probably climb the bid-

BRIDGE PHILLIP **ALDER**

ding ladder more slowly to investigate other options. And as the dummy seems to contain seven winners (you know the club finesse is working if South needs it), plowing on with spades is equivalent to throwing in the towel - if you'll excuse the mixed metaphor. Instead, you must win with the spade ace and switch to the diamond two, hoping partner's diamonds are good enough to give your side the first five tricks.

Roth tells us that this "simple example" was regularly misdefended in points and, almost certainly, two a tournament. Perhaps it isn't quite so simple at the table, where alarm bells aren't ringing.

03-14-00 North W A 10 5 A K J 10 5 2 Fast West a 4 3 • K 7 5 2 . A Q 10 6 6 KQ52 ♥ K Q . J 8 4 4 Q 6 4 3 Vulnerable: North-South Dealer: North

West North East South 3 NT Pass Pass Pass Opening lead: 4

The book is \$12.95 postpaid from Baron Barclay Bridge Supplies. Call (800) 274-2221 to order.

by Jim Meddick

C 1900 by NEA, Inc.

ROBOTMAN*









by Leonard Starr



SEMINOLE Like

Alzheimer site

created to help

meet the needs

By Sharl Brodle

HERALD FEATURE EDITOR

Syndrome. They have to deal

with behaviors such as wandering, clinging, agitation and inap-propriate sexual behavior, all the

time trying to run a household

and have some life for them-

Through the Alzheimer Re-

source Center, Inc. caregivers do

find some relief. The agency of-fers a myriad services for the

Alzheimer caregiver, but until recently, that meant a drive to

Orlando in order to utilize them. In October of 1997, the agency

opened a satellite office to serve

The office suite being used by the agency "through the gener-osity of Orlando Regional Health Care" is located in the Orlando

Behavioral Health Center, adjacent to South Seminole Hospital,

scives.

noic County.

of caregivers

The Herald

Seminole Herald, Sanford, Florida - Sunday, March 15, 1998

HOMORE CANCER SURVIVORS...2C

PEOPLE: D.A.R. HOHORS COUNTY STUDENTS...SC

Elizabeth Taylor

Tap dance classes offered to seniors

Special to the Herald

SANFORD - Did you always want to tap dance, or renew those lessons you had as a child? Well----here's your chance if you're 55 or over years young!!

Come Join a tap class at the Sanford Civic Center on Thursdays from 9 to 10 a.m.

It's not only fun, it's great exercise! Just call the civic center for further details. 330-5699.

The classes are lead by Casselberry resident Elizabeth Taylor; at 5 foot, 1 inch blue-eyed redhead, who gives her age as "senior citizen". Trained in all aspects of theatre and dance, she spent 5 1/2 years at the Italia Conti Stage School London, one year at Royal Academy of Dramatic Art and took an acting course at Seminole Community College and graduated

Experienced in Film and Theatre Produc-tions, she appeared in "Me and My Girl", Vic-toria Theatre, London; "Man Who Came to Dinner", Savoy Theatre, London; "Peter Pan" Adelphi Theatre, London; "Guys and Dolls" Coliseum Theatre, London.

for owned and operated Arthur Murray Dance Studios in London Ontario, London England, Hollywood, Jacksonville and Pompano Beach, Florida and director of Mary Kay Cosmetics in Burlington Ontario Canada and London England and was a director of Sales Piesse see Dance, Page SC



A caregiver places an ESP bracelet on the wrist of a client. The ESP program, for Alzheimer wanderers, is just one of

many programs provided by the Alzheimer Resource Center. Inc., which now has an office in Longwood.

State Road 434 in Longwood. "We opened it for the con-

ventence of the Seminole County caregiver who doesn't want to drive 1-4," said Shellie Brassler, executive direc-

Brassler estimates that there are 5,000 A.D. sufferers in Seminole County, ın Urange-Osceola-Seminole county area that the agency serves. "That's a fairly significant number," said Brassler. She said the age group most affected by A.D., 85 and older, 25 percent between now an

percent between now and the year 2000. "We're trying to meet the needs."

Among the services available through the resource center are counseling, health and wellness education, cri-ats intervention, the Extra Special Person program for Alzheimer wanderers, an information and referral servgroups for caregivers.

A caregiver can call the resource center at 1-800-330-1910 and make an appointment to meet with a family service specialist at the Longwood office.

Mind Away

Aizheimer's Disease is just one of many dementia. Dementia comes from the Latin word for "mind" and "away". Alzheimer's Diseasc was first discovered in 1906 by a German doctor named Alois Alzheimer. This disorder of the age over a period of time, accounts for more than half of all organically caused memory loss and is the fourth leading cause of death in the elderly.

Lake Mary Seniors show off mini quitts they will sell at Olde Lake Mary Days.

Groups prepare for 5th annual Olde Lake Mary Days celebration

By Mary Rowell HERALD CORRESPONDENT

LAKE MARY - There will be a lot of Natives at Olde Lake Mary Days this year! The event is scheduled for Saturday, March 28 from 10 a.m. until 4 p.m. The Central Florida Zoo will have some of Florida's native animals on display from 11 a.m. until 1 p.m. in the Kids Korner. Also in the Kids Korner, Cub Scout 529 will be teaching viaitors to make coil clay pots like the Timu-cuans (some of Florida's original natives) did. Kids will get to take the free pots home. The Stardust Service Unit of Girl Scouts will be teaching Native American dance to visitors. Children will also be able to make a free bracelet to take home. The Lake Mary Fire Department and the Lake Mary Police Department will also be in the Kids Korner.

The Civil War (or War Between the States as all us Southerners know it was) ended almost 133 years ago on June 29 with Lee's surrender. But you can still see soldiers from the conflict at Oide Lake Mary Days. Company H of the 37th Alabama Infantry. Civil War Re-enactors, will be in their en-campment on the lawn of Lake Mary City Hall all day. Visitors will get a chance to see the weapons, clothes and equipment from 1864. Some will be authentic, some will be authentic reproductions. authentic reproduction is one that is made with the same materials that the originals were made from. For instance, to be an authentic reproduction, a button must be made from horn, mother-of-pearl, wood, tin or glass.)

The arts and crafts will be very varied this year. There will be quilters, weavers, ceramics, soft dolls, candie makers, antique roses, Native American Arts, lapidary (rocks and gematones), wood toys, jewelry, stained glass, hair and hat accessories, needlepoint, and pine needle basketry.

Entertainment this year will last until 5 Pieces see Days, Page SC

E S P registry helps keep track of wanderers

By Shari Brodie HERALD FEATURE EDITOR

SANFORD · On a Sunday morning, two off-duty sheriffs deputies were working a detail at a local church when a car pulled up, the occupants ask-ing for assistance.

The driver said to the deputies, "I found this woman and I have a problem." The woman had been wandering along State Road 436 in Altamonte Springs. The good Samaritan tried to take the woman to her home but ended up driving all over town. The driver knew he had a problem when the woman said, The last time I was in Chicago, it didn't look like this."

By this time the driver was near the church at U.S. Highway 17-92 and Dog Track Road. The deputies immediately recognized the bracelet the woman was wearing, hav-ing taken special training on Alzheimer's Disease and dedeputies were able to return the woman to her home in

Apopka, within 22 minutes of her identification.

"What if she didn't have a bracelet," asks Dotti Burkett. Elder Services Officer for the Seminole County Sheriffs Office. "She didn't even know her name."

The bracelet the woman was wearing was an Extra Special Person (ESP) bracelet, part of a collaborative registry pro-gram run by the sheriffs office and the Alzheimer Resource Center.

The program has been in effect in this county since September of 1996. The program is free to residents of Seminole County and is a confidential method by which law enforcement can assist caregivera 24 hours a day.

"la there a need, you bet."



Herald Photo by Tommy Vincent

mentia only two weeks earlier.

Because of the information Dotti Burkett, second from left, Elder Service Officer for the Seminole contained on the bracelet, the County Sheriff's Office, shares information about the ESP tracking program County Sheriff's Office, shares information about the ESP tracking program with Nick Gornell, from left, Lake Mary Elder Affairs Commission member, Ellen Zarch, a Lake Mary Senior and Paulee Stevens, director of the Lake Many Senior Center.

> said Burkett. More than 225 Alzheimer's Disease and dementia sufferers who are known to wander are registered in the program currently. Burkett estimates more than 1,400 residents could qualify for the program as the population of A.D. sufferers climbs.

The registry includes a photo of the "Extra Special Person". Physical characteristic and medical data are entered into a computer data bank along with an emergency contact number. The information is only released on a need to know basis. Each ESP bracelet reads: EXTRA SPECIAL PERSON, ACCESS CODE #0000-00, CALL 9-1-1,

SEMINOLE COUNTY, FL.

While the program is free, the bracelets cost the sheriffs office about \$3 apiece. The South Seminole Sertoma Club donated \$300 to the ESP program for the purchase of 100 bracelets. The club has also made it possible for the department to take the tracking program to the next level.

Care Track in ESP plus, said Burkett, dementia sufferers who are excessive or at-risk

wanderers. Some people wander, some people never do. Some people wander and wander and wander and wander," said Burkett. It is for those people that Care Track was created. Those are Picace see Bracelets, Page 5C

By Dr. William Robert (Bob) Parker FIRST BAPTIST CHURCH MARKHAM WOODS

What an awesome and highly responsible task American leaders face to attack or not to attack? Deciding which road to take when one must go one way or another is not an easy call. When standing at a crossroads realizing the road taken determines destiny in part or whole. surely for one to act impulsively is without reason and wisdom. Thus, editorially we ask. Which road to take? Who will be allies? Who will oppose? What will be the results? When and how?

"The Road Not Taken," a poem by Robert Frost, gives a description of walking in the woods and coming to a crossroads. Only one road can be taken, but the author of the poem surmises that someday he will possibly take the other road. Practically speaking, the writer knows that he will never return to the crossroads and travel the other direction. This depicts the fearful and bare fact that one must live with the direction one takes! The subtlety comes when both roads may appear attractive; yet, each road leads to a different destination!

What determines priorities?

Special to the Herald

in the cancer fight.

cancer patients."

the community to bring to-

gether neighbors, friends, coworkers, and families to honor

cancer survivors, and remem-

ber those whom have lost the

Society's version of a relay.

with a different "twist". A fam-

ily oriented event, participants

form a team of 10-15 mem-

bers. They alternate walking

or running around a track re-

lay style for the duration of the

Teams collect donations in advance, and can win prizes for their efforts. Teams also

camp out around the track

and, when individual members

aren't taking their turn on the

track, they take part in family

"But," Sonja emphasized,

Relay for Life is much, much

more than a fund raising

event. It's a unique activity

that offers our community an

excellent way to participate in

"It's such an easy and fun

way for people to help make a

difference. Simply put, Relay for Life is a celebration, a

community festival, a family event. It's also an excellent

team and morale builder for corporations and businesses." "And, very importantly, it's an opportunity to honor can-cer survivors, plus pay tribute

to those whom have lost their

Relay for Life opens with cancer survivors taking the first lap. During their walk

battle," she continued.

the event.

ninary

vivor.

fun activities.

the cancer fight."

It is the American Cancer

bound in this dilemma to attack-that's one destruction, and many are those who road, or not to attack-that's another! enter by it. For the gate is small, and the

Therefore, where there can be no way is narrow that leads to life, and few neutrality with these positions, you either do or you do not. Priorities take overf Priorities point the way and define the values undergirding the direction taken. An excellent choice or a poor choice are the two labels at the cross roads.

At Priorities are determined accountability. The President and the Congress are accountable to the American the other. You cannot serve God and people. All answer to someone; and everyone answer to God.

B) Priorities consider integrity as a factor. Being perfectly open and honest about the facts which line both roads.

C) Priorities must consider the vulnerability of each direction. In what position will the direction taken place

God, priorities, and accountability: Biblical references

The Scriptures and the fact that man is made in the image of God convey to us that accountability to God is both mescapable and mevitable.

The distinction between two general roads in life have been a blazing light through history. The two roads are described by the following:

"Enter by the narrow gate; for the gate In reality and logistically. American is is wide, and the way is broad that leads to

Relay for Life honors local cancer survivors

are those who find it" (Matthew 7:13-14 NASV).

These priorities are further described at the crossroads of the following classic truth:

"No one can serve two masters; for either he will hate the one and love the other, or he will hold to one and despise mammon (riches)" (Matthew 6:24),

Scripture expounds a prolific and powerful charge relating to priorities:

Look at the birds of the air, that they do not sow, neither do they reap, nor gather into barns, and yet your heavenly Father feeds them. Are you not worth much more than they?" [Matthew 6:26]

"For after all these things do the Gentiles seek: for your heavenly Father knoweth that ye have need of all these things. But (this is the highest priority) seek ye first the kingdom of God and His righteousness; and all these things shall be added to you" (Matthew 6:32-33 KJV).

The crossroads of life necessitate the use of priorities. You can follow your own intuition without accountability-or-you can seek the wisdom of God for direction. Without Divine wisdom at crossroads, dangerous roads lie ahead.

Think about that!

she we'll make their thing of the past. Lectural continues to help call Take Profe in America at LATELS PROLD AMERIC 1800 US PROUD

Looking? For friends spiritual food, and back to basics Christianity?

Abundant Life Presbyterian Church



Sunday School 9:20 a.m. 10:30 a.m. Worship Services at the Courtyard Lake Mary Blvd. and I-4 Church phone 350-7333

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ake Mary's Tour, Cruise & Caribbean Specialists" In The Shoppes at Lake Mary



Gathered at a recent team captain's meeting at the Lake Mary Community Center; Kathleen Reynolds, front, from left, Joe Rosier, co-chairperson, Sharon Keilman, chairperson, Sonja Renzi, co-chairperson, Julie Sayago. Back row: Bryce Courtney, Bob Brenner, Sue King, Maureen Broderick, Rachel Keilman, viola Graham, Sue Palmer, Steve Rabb and Ralph

Columbia Medical Center, Longwood Public Safety, the Seminole County Property Appraiser's Office, Kinder Care Learning Center, the Seminole County Sheriff's Office, the Orlando International Airport Control Tower, Data Develop-ment, Collegis, Central Florida Walkers, and L.E.A.D.S. (Leads Exchanged Ad Dollars, a small business networking group).

Money raised from Relay for Life will help support a variety of free services made available by the American Cancer Society to local cancer patients. Services include wigs, transportation to receive cancer treatment, mileage reimbursement for travel to get treatment, help purchasing pain medication, emergency cash assistance for food or utility bill, and more.

In addition, ten students are attending college in Orlando as American Cancer Society scholarship recipients, which

is available to students diagnosed with cancer prior to age

Finally, last summer eighteen Orlando area children attended a free American Can-

with cancer. It's the only one

of its kind in the southeast U.S. The savings to the family--\$1,000 per child, Please see Relay, Page 5C

cer Society camp for children



Cataract & Glaucoma Screening 9 - 11 a.m. Call 1-800-EYE EXAM

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Orange City (904) 774-0044 Every Monday

Daytona Beach (904) 788-6696 **Every Tuesday**





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Happy Birthday...Sweetpuss!



Eternally Loved By Rick

around the track, everyone attending becomes a large support group for the survivors. making them the celebrities of Another special moment of Relay for Life takes place in the evening. Hundreds of lubags are placed around the track, inscribed with names of loved ones, coworkers, friends, neighbors, or family members whom have lost their battle to cancer, or with the name of a cancer sur-

As darkness approaches, the luminary candles are lit and a brief ceremony is conducted.

Without question, this ceremony is a beautiful and extremely touching experience," Sonja said, "and I am certain that anyone present will never forget it, and will be forever changed by it. Why, I still get chills just thinking about it."

Sixteen teams have already committed to this year's Relay for Life, including those from Scholastic Book Fairs, Sanford

People

Ex-mayor to lead women, clubs contribute to storm relief

Election of officers was the main item on the agenda at the March meeting of the Woman's Club of Sanford Inc.

Rose Jacobson, chairman of the nominating committee. presented the following slate who were elected: Bettye D. Smith, former mayor of Sanford was unanimously elected to serve as president for a 2year term. She previously was president from 1986-88.

Other officers elected were: Martha Yancey, second vice president; Ruth Gaines, third vice president; Selma Newman, recording secretary; and Ann Howland, corresponding secretary.

Department chairmen elected were: Peg Jones, arts; Jane Morgan, education; Rose Payne, home life; and Carrie Greene, public affairs.

Two officers continuing in their unexpired terms are: Betty Jack, first vice president: and Dorts Gormly, treasurer.

President Ruth Gaines heard routine reports and called on Bunnie Logan, chairman of the by-laws committee, to review



EDITOR

DORIS DIETRICH

proposed changes in the club's by-laws.

Members voted to donate \$500.00 to disaster relief and also voted to give the funds to Seminole Volunteer Inc. for the center for disaster relief headed by Gloria Black. It was noted that two members. Viola Frank and Betty Colbert, live in the path of the tornado but were unharmed as well as their property.

The president announced she recently attended the 50th anniversary celebration of the Woman's Chib of Casselberry. She also thanked Viola Frank and Betty Jack for chairing the event Seminole County federation of Women's Clubs meeting at the Sanford clubhouse. The SWC received a prize for being

Ann Clayton was Introduced as a new member.

tendance.

Betty Jack reported on the recent Italian Night fund-

the club with the highest at-

raiser. To date, the event has cleared \$1,125.00 profit.

Jeanette Padgett, arts department chairman, attended the Florida federation of Women's Clubs District VII arts and Crafts Show at Clermont. The SWC won seven blue ribbons, nine red ribbons and one honorable mention.

Faye Siler announced that a

The president presented "Celebrate Women" awards to Viola Frank and Betty Jack for hosting the SCFWC meeting: and to Vivian and Richard Buck, Deanna Todd and Betty Halback for their participation

A St. Patrick's Day motif was nest and Peggy Teten.

one-day watercolor class will be held at the club on Thursday, April 9.

in Italian Night.

carried out in the clubhouse. decor. Luncheon hostesses were Ann Howland and Frances Webster, chairmen, Mae Pawlson, Betty Halback, Vivienne Sweeney, Doris Stein, Janice Springfield, Helen Er-

Alicia Clarke, curator at the Sanford Museum and guest

Club, President Ruth Gaines presented "Celebrate tion of memories. History and introduced by speaker, was Dorothy Anthony, chairman of

the education department

Alicta spoke about the projects

under way at the museum and

stressed the importance of lo-

cal oral history and the collec-

During the March meeting of the Sanford Woman's

information can be documented in writing, but oral history is important, she told the clubwomen.

and Betty Halback.

Douglas Stenstrom inaugurated the oral history project at

the museum about two years ago and is still in charge.

LIONS AID VICTIMS

Women' awards to (from left): Viola Frank, Betty Jack

The recent tornado disaster has opened the hearts of Cen-See Dietrich, Page 4C



38 donations to two local organizations. In left photo, Past Dist. Gov. Bernard Fitzgerald presents a check to Maj. Bruce Williams of the Salvation Army while Dr. Robert J. Smith, Li-



ion. In ngnt photo, Pizzgeraid (ngnt) and Dr. Smith (left) present a check to irene Brown, director of the Sanford Christian

DAR honors county students

Sanford Woman's Club membership.

Dorothy Anthony (left) introduces Alicia Clarke, guest speaker, to the

SANFORD _ The Sallie Harrison Chapter, Daughters of the American Revolution, recently held its meeting at the Page Private School on Airport Boulevard. Good Citizens Award and American History Essay Contest winners were honored by the members, parents, teachers and guests.

Regent Heidi Haines presided over the business meeting. Following the opening ritual, the President General's Message was read and the Defense report was given by Virginia Mikler.

Good Citizenship Awards in the DAR-sponsored contest were presented to: Lisa Marie Whitiow, Seminole High School; Eileen Pun, Lake Howell High School; Lisa Bergenske, Lyman High School; and Sherry Lynn Wasserman, Lake Brantley High School. Each was presented a \$100 Savings Bond.

American History Essay Contest winners were: Nicole West, Grade 5, T.W. Lawton Elementary School; Collin Mings, Grade 6, Indian Trails Middle School; Sharon McClintic, Grade 7, Jackson Heights Middle School; and Kristen Andrews, Grade 8,

Indian Trails Middle School. The Awards Ceremony was followed by officers' reports. Hostesses fro the meeting were Maureen Bravo, Heldi Haines, Sara Patterson and Grace Parks.



Good Citizen Award winners with Regent Heidi Haines (from left) are: Lisa Marie Whitlow, Eileen

Pun, Liea Bergenske and Sherry Lynn Wasserman.



DAR Regent Heidi Haines (left) and Julia Sartin, DAR American History chairman (right) congratulate American History Essay Contest winners (from

left): Nicole West, Kristen Andrews, Sharon McClintic and Collin Mings.

Pastor Aid Board marks anniversary

"Maintain good works", Titus 3:8 was the theme of the New Bethel Missionary Baptist Church, Pastor Aid Board Anniversary held on Sunday March 8 at 3:00 p.m.

Sylvia Bodison presided over the yearly celebration to honor the board who gives support to the pastor and the church. "I love to praise his name" was the spirit filled selection led by Rev. Willie Jones, with the selections of "Amazing Grace" and "So Glad I Am Here".

Musical renditions continued with Rev. Michael and Linda Williams "Oh It Is Jesus" and Retha Baker's beautiful voice giving melody to the song "I Have Decided To Make Jesus My Choice". Eric Green's soft voice gave more heart filling music with the tune "His Eye Is On The Sparrow*.

The scripture was read by evangelist Bessie Bullock. Before the message of the hour, the guest choir, Clearwater Missionary Baptist Church, sang "He's An On Time God".

Pastor Matthew Jackson of the Clearwater Missionary Baptist Church of Sanford spoke on the theme, "Maintaining A Good Work!" He told what of what is needed to maintain a church, pastor, prayer, preaching, teaching and that God's word is sharper than a two edged sword. We must continue to religiously educate our people and continue to maintain what we have as Christians. This message was power and thought to the listener.

Pastor William Lewis extended the open door and presentations were made by the Mistress of Ceremonies



Bodison, to Pastor Lewis and

the Rev. Jackson. A vote of thanks and words were given by President Catherine Smith. The thanks and benediction was offered by Pastor William Lewis. Pastor Aid members are: Catherine Smith, Marion Shaw, Sylvia Bodison, Carrie Blake, Jessie Mae Davis, Nellie Jones, Helen Smith, Margane Alloway, Frank Bellamy, Elizabeth Mitchell. Leola Thrash and Alice Victor.
"Maintain Good Works."

MUSIC WORKSHOP

Have you registered your choir? Are you planning to attend the informative workshop of the year? Father of Gospel Music History, Dr. Horace Clarence Boyer, a native of Winter Park and a world renowned "Father of Gospel Music History" will present a workshop entitled" The Old Ship of Zion". A history of gospel music in America will be held on Saturday, March 21 at 9:00 a.m. at the First Shiloh Missionary Baptist Church, 700 Elm Ave. in Sanford.

The workshop and concert Saturday night will be a trip down memory lane. Dr. Boyer once attended Winter Park

See Hawkins, Page 4C

Girl Scouts bring home the silver

Cadettes worked on project for nearly 2 years

The highest award a cadette Om Scout can receive is her Silver Avara The eight Cader tes in Troop 148 have been Project for almost 2 years Their project was the Stanfast weekend

On Saturday March 7th the main day of the encampment. Troop 148 helped over 230 Girl - each troop had been assigned Scouts carn their Native a tribe and given I shirts to American Culture Patch. The paint with their tribal designs. troop was very fortunate to

have the help of Junior Troops. 1431 and 1592 Troop 1431 helped run all the events during the day froop 1592 planning their Silver Award dressed as Jamous Native Americans and told the Girl Scouts all about themselves. Service Unit's camporee last. There was Pocohontas, Sacajawca, Crazy Horse, Osceola, Seguota and Wilma Mankiller-

in preparation for the day. Each person was also assigned



MARY

ROWELL

LAKE MARY

a Native American name, Some, like Kaya and Kimt were relatively easy to pronounce. It

took a little longer to catch onto Tisseewoonatis Chochmungwu.

The girls learned about tribes from all over the nation. There were the Delaware, the Huron, and the Algonquin of the Northeast; the Timucua, the Choctaw, the Cherokee, and the Creek of the Southeast: the Stoux, the Shawnee, the Hidatsa, the Comanche, the Chiricahua Apache, and the Chevenne of the Plains; the Hopt and the Navajo of the Southwest and the flatda, the Chinook, the Makah, and the Tlingit of the Northwest.

The girls made medicine ags, anklets, bracelets, dreamcatchers and rattles. (Native Americans made their rattles out of turtle shells, but like true conservationists and recyclers, the girls made theirs out of totlet paper rolls.) They learned to play a Native American game. They listened to Native American stories, and they carned points by answering questions about their tribes. And at breakfast, along with their cinnamon rolls, they tasted corn pudding. They also learned several dance steps courtesy of the Talako Dancers of Orlando.

If you're not a Girl Scout and you're sorry you missed all the fun, the Stardust Service Unit will have a booth at Olde Lake Mary Days in the Kids Korner. Children will be able to make a simple bracelets and learn a



Herald Photos by Mary Rowel

Maclean Wade (standing, left) and Marjone Shearer (right) with one of the Talako dancers

few Native American dance steps. The event is scheduled KITCHEN for Saturday, March 28 from

10AM to 4PM at Lake Mary City



The Stardust Service Unit of Lake Mary Girl Scouts at Native American Camporee

ENGAGEMENTS

Graham-Williams

Lona Graham and Walter Jones of Jacksonville, announce the engagement of their daughter, Adrienne Michele Graham of Sanford, to Stermon Leroy Williams of Sanford, son of Susan Perdue and Stermon Williams of Sanford.

Born in Sanford, the brideelect is the maternal granddaughter of Louis Thelma Simmons, Sanford, and the paternal grandson of the late Jessie and Artice Jones of Vero Beach.

Ms. Graham is a 1991 graduate of Wolfson Senior High School, Jacksonville, where she was a member of the chorus. She graduated from Florida Community College, Jacksonville, in 1994 and is employed as a career placement consultant. Her flance, born in Sanford, is the maternal grandson of Earlene Pugh, Sanford, and the paternal grandson of Leroy Parramore and



Adrienne Michele Graham, Stermon Leroy Williams

Viola Williams, Sanford. He is a 1996 graduate of Seminole High School and is employed as a landscaper by

Keller Outdoor Inc. The wedding will be an event of June 1999, at the First Baptist Church of Eatonville.

Hawkins

Continued from Page 3C

Church of God in Christ and is one of Central Florida's first and most successful recording artists. He and The Boyer Brothers recorded and appeared with such greats as Mahalia Jackson, Clara Ward, Dorothy Love Coates, Alex Bradford and James Cleveland.

The concert will feature guest organist Yvonne Steele of Orlando Institutional Church of God in Christ along with Sanford recording artist Minister Vernon "Papa" Jones, the workshop choir and guest

During Saturday's workshop. Dr. Boyer will trace the history of Black American sacred music from the 1750's style of "lining hymns" to the contem-porary gospel. The workshop will be full of entertaining, yet information historical details with vocal illustrations that both children and adults alike will enjoy.

Dr. Boyer will provide a musteal analysis in a nontechnical language and places each stage of the music into historical perspective. He has published a book that is perhaps the most authoritative document on gospel music, How Sweet The Sound, The Golden Age of Gospel". He has contributed six chapters on classic gospel music composers, entitled "We'll Understand It Better By and By, African American Pioneering Gospel Composers published in 1993 by the Smithsonian Institution

"Anybody who is scrious about producing for the glory of God would not want to miss the opportunity to sit under the teachings of such a world renowned performer", says former student Gracie Muller

Miller. A special workshop rehearsal will be held Thursday, March 19, 7:00 p.m. at St. Missionary Baptist Church located at Cypress Avenue and 10th Street in Sanford.

Register early. Choirs and groups are \$50 and it is \$5 per person. Call or mail your registrations to the Sanford/Central Florida Musicians Guild, P.O. Box 342, Sanford, FL 32772 or you may call Faye Henderson at (407) 323-9048 or (904) 532-

MASS CHOIR CONCERT A benefit program will fea-

at First Shiloh Missionary Baptist Church, 700 Elm Ave. the Rev. Dr. H.D. Rucker is pastor.

ture the mass choir in concert

This program is under the dithe Seminole County Courthouse, North Park Avenue in Sanford. The march will proceed east to Fort Mellon Park one mile, for the Memorial Service.

This event will memorialize those who have died violently because of drugs, alcohol, weapons, cars, homicides and sutcides. *Claim Victory Over Violence" - wear a white ribbon and support a violence free community. Sign up for the march by calling Michael Mobley at 328-5202.







Seminole Towne Center 295 Towne Center, Sanford k (407) 324-4426

Dietrich-

Continued from Page 3C

tral Floridians who have donated their time and financial assistance to the victims who were robbed of relatives, their homes and worldly possessions.

Among the organizations donating funds to the disaster victims is the Sanford Lions Club. According to Dr. Robert J. Smith, president of the Sanford Lions Club, the club has made donations to the Salvation Army and to the Sanford Christian Sharing Center.

SO LONG, TREMORS

"Look, Dear, no tremors," my husband, Carl, extolled while lifting his right hand after recent surgery.

He is now the owner of some new scientific toys that can't be purchased at Scotty's nor Home Depot. As a victim of Parkinson's

Disease for several years now, Carl recently became a user of Activa Tremor Control System. This system consists of an implantable pulse generator isurgically placed under his collarbone with a thin insulated wire that connects the IPG on one end and the lead (pronounced leed) on the other which is surgically positioned in the thalamus (message center) of the brain.

We could write a book about the surgery which had some hilarious as well as very serious moments.

But for now, we will tell you that he is doing beautifully, the

tremors are under control and he is raring to go.

VINTAGE PASHIONS COMING UP

The Sanford Woman's Club's Vintage Fashion Show is shaping up and all is A-OK according to Dottle Anthony, chairman. Lovely fashions from yesterday will spotlighted in the gala show on April 22 at the clubhouse.

Viola Frank is in charge of decorations and Betty Jack is ticket chairman. Ticket donation is \$12 cach and must be paid for by April 17. Call Betty JAck, 321-1887, for tickets and information.

According to Vivian Buck, the luncheon menu is as follows:Imperial Chicken Salad, Tropical Melon Ring, Shell Pasta With June Peas, Carrot, Raisin and Nut Muffins and Strawberry Fluff for dessert.

Proceeds from the annual event will go toward a scholarship to a deserving woman returning to the classroom of her choice. More on this later.

JULIE HAD HEART ATTACK

Julie Bishop, is convalescing from a recent heart attack at the home of a grandson, Terry Kraft, 24 15 Hays Mill Road, Taliahassee, 32301. Phone: (850) 877-0846.

Julie would love to hear from her friends and appreciates the calls, flowers and cards she has received. Her friend, Lena Morgan, said Julie will be away for several weeks.

rection of Vincent Smith. The funds from this benefit will go toward the newly established Trust Fund for the children of the late Marsha Green McGill, Armisha Charles and Alvonte McGill, who will benefit from this program being held Saturday, March 14 at 7:00 p.m.

Pastor Aid Board at celebration

YOUTH IN PLAY "Guess Who's Knocking At

Your Door?"

This Christian youth play was written by the young people of Tajiri School of Performing Arts and Academics. This play clearly shows everyday life of teenagers who are challenged by the devil through their friends, classmates and

ресгв. The performances will be held Saturday, March 14, Friday, March 20 and Saturday March 21 at Tajiri Arts, 519 Palmetto Avenue at 7:30 p.m. The donation if \$6.50 and this event is being sponsored by Sweet Harmony Order of Eastern Star and the Junior Stars. Eartha Melton is Worthy Matron and Pat Whatly is Direc-

SAFETY MARCH

There is safety for all in a violence free community and we will all join in the march against violence on Saturday, March 28 from 11:00 a.m. to 1:00 p.m.

The march will commence at



Gloves help you manipulate controls better. Leathers help prevent hypothermia. And all gear protects against flying objects. Which is vitally important if you ever become the flying object. MOTORCYCLE SAFETY FOUNDATION





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SUNDAY

AFTERNOON NBA Basketball Mami Heal at Orlando Magic. (In Siereo Live) III. NBA PGA Gott Honda Classic -- Final Round. (Live) III.

College Basketball: NCAA Tourn. -- Teams TBA College Basketball: NCAA Tourn. Second Rd. Game -- Teams TBA College Basketball. College Basketball:

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Walker, Texas Ranger Pensacola-Wing The New Age e e y (1994) Peter Weller, Judy Davis
Assignment Business Close to You-Carpenters Andrea Bocelli: Romaniza in Concert
Baby Shatcher e e (1992, Diama) Veronica Hamel Family Prayers e e (1993, Drama) Joe Mantegria
Baby Shatcher e e (1992, Diama) Veronica Hamel Family Prayers e e (1993, Drama) Joe Mantegria
United Baptist Joy of Calvary (R) In Touch III
Dack Hayford H.R. Hall Frederick K. Price Don Stewart Benny Hinn Mike M. Sunday Live James Kennedy
Paid Prog When Husbands Cheat (1998) Patricia Kalember IX.

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Rocko's Life Kablami (R) My Brother

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0	News I	News II. NBC Nightly Dateline Actress Deta Burk				The Client o		pense) Susan	Sarandon, Yo	eterny Leve	News I	Sun Sports	
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U					"God and Country"		Mchael Learned Premiere		1				
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3	Wild Things (In Stereo) IE		World's Funniest! (in Stereo) IL		Simpsons	King of the	I files "Elegy" (In Stereo)		News	I-Files Bor Stereoj II.	Agam" (in	Psi Factor	
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3	Cornersione		Rejoice With Mananna		John Ankerberg	Dennis Leonard	Miracles Creflo A. Now Dollar Jr.		Praise the Lord				
<u> </u>	Natural Decision	Unermaid	Paid Program	Paid Program	Money	Quick and Brite	Smart Hails	0-Sám	Remember the Eighties	Personal	Family Auto	Aerobatron	
©	Bounty Hunt	lers X	Star Trek D Nine (in Ster	eep Space	Star Trek: V		WCW World Wrestling	Wide	Roc X	Roc II	It's Showtim		
ME	Treasure!		Ancient Mysteries		Biography "John Wayne"		1		Hollywood Aliens & Mons		iters (R) I		
MC	Backlash e e v (1956) Fishard Widmark Screen				Daddy Long Legs (1955, Musical) Fr			red Astare	(10 15) I Con	53) Martgame	ry Clift		
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CNN	Worldview			Perspectives II		World Today		impact ¥.		Sports Mus NBA WE			
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DIS	Growing	Muppels	Going Wild!	Omba	Timon	Aladdin K			Darby O'Gill and the Little				
ESPN	Senior PGA		Sportsctr.	Basketbell	NHL Hocke	Colorado Av			vishern (Live) II		Sportscenter		
AM	(5 00) Protoc		Roots (R) (F		Roots (R) (Part 2 of 6) X				Hawaii Five-0 II				
180		with About Ca n. Janeane Ga			The Relic s s (1997, Horror) Penelope Ann Miller, Tom Suremore (In Stereo) 'H' IE				Larry Sanders	Murder at 1600 e e 1; (1997) Wesley Snipes, Dune Lane (In Stereo) Tr II			
IFE		Might ee's (Deliver Them From Evil The Taking of Alta View								
XAX	WhosHC (In Stereo) IE	Beavis and E			A League of Their Dwn e e e (1992) Davis, Tom Hanks (In Stereo) PG			PG'E		(10.15) DNA (1997, Science Jurgen Proctinow (In Stere		no) RE	
VTV	News (R)	Road Rules	Road Rules	Daria (R)	(Off Air)				Ultra Sound	AustinStra	Loveline (In		
IASH	Quest-Adv.	Grigsby	Hank Parker	Bassmastr.	in-Fish	Bill Dance	Champions		Fishing	Fishin'	ClassicCar		
NICK	Figure-Out	Kenan & Kel	My Brother	All That	Shelby Woo	Hick News	Happy Days	Wonder Yrs.	Odd Couple	Van Dyke	Newhart X	BobHetri	
VOST	Patti Page		Cale DuArt	-	LYoung	Dante	Stagecoach West		Plainsman Westerner		Diamond	Law	
OVC	Now You're Cooking				Computer Clinic Diamonique Jewelry						Closer Look		
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SUN	IHL Hockey Indianapolis ice at Detroit Vipers						Goin' Deep		Golf: Dan Marrio Classic -				
LC				How'd They Do That? Paramedics				How d They Do That?					
MC	(500) The Prime of Miss Children of a Lesser God Jean Brodie e e e to (1969) William Hurt, Martee Matter					Drama)		Sunset Park ee (1996) Phe redro Starr. (In Stereo) R. 3		K Sarah Jessica		ty Fell e e (1996, Comedy a Parker (In Stereo) 'R' III	
NT	(6.15) Look Who's Talking Too e e (1990, Cornedy)			Don Juan D	eMarco	1995) Markin Brando		(10 15) Don Juan DeMarco					
ISA	(5 00) Backdraft e e e (1991) Kurt Russet I			Moby Dick (1998) Patrick Stewart, Herry Thor				as IE Moby Dick (1998) Patrick S					
	Behind the Music Moonwalker + +		AA16 /1608 A	Arthael Jacks	m ke Pesa	Behind the Music Unhappily Airight				Behind the Music			
/HI	Bering the B	TO SAC			MC INC. SECTION					Replay	Coach	Nightman	

MONDAY PRIME TIME

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
0	News X	NBC Hightly News 30	Ent. Tonight	Real TV (In Stereo) 30	Suddenly Susan	House Rules	Caroline in the City	Naked Truth	Dateline (In	Stereo) IL	News E	Tonight Show
6	News	CBS News	Hard Copy	Frasier (In Stereo) III	Cosby (In Stereo) II.	Everybody- Raymond	The Closer	George & Leo	Brooklyn So Russian" (In		News	(11:35) Late Show
9	News	ABC Wid	Jeopardyl E	Wheel of	America's Funniest Home Videos (In Stereo) 30		2020 E		Practice "Checkmate" (In Stereo) III		News	(11:35) Nightline X
Œ	Martin (In Stereo) II	Fresh Prince	M.Y.S.H.E.	Seinfeld (in Stereo) II	7th Heaven "Girls Just Want to Have Fun"		Three "Buyer Beware" (In Stereo) IE		News	Estra (in Stereo) III	Mad About You	Cops (in Stereo) 30
20	Capitol Update	Capitol Business Newshour With Jim		Body, Mind and Soul "The the Magic" (In Stereo) (Part		Mystery and Body, Mind a 1 of 2) IE of Healing an		and Sout "The Mechanics of Transformation"		Lawmakers	MotorWeek (In Stereo)	
B	Roseanne Grace Hon		Home Improve.	Home Improve.	Melrose Place "Four Allars & a Pregnancy"		Ally McBeal "The Playing Field" (In Stereo) IE		News Cheers X		Mike Hamme Eye "The Life	
622	Something Good Tonight- Healing			Ray Brubaker	Jewish Bible Voice Speaks		Swan's Place		Gary Richardson		in the Word With Gil McDowell	
63		Abiding	James Robison	Carol Kornacki	Rod Parsley		700 Club Re evaluating the death penalty.		Praise the Lord			
6 3	Paid Program	Paid Program	Fishing University	Paid Program	Golf Sampler	Foreman Grill	Protein Power	Natural . Decision	Paid Program	Paid Program	HSS Berg	Natural Cover
63		Judge Judy	Star Trek: D		in the House	Malcolm & Eddle	Good News	Sparks "Bad Reception"	News	Inside Edition X	Star Trek "I.	Musk!"
UE	Northern Fr				Biography "Cary Grant"		Poirot		Sherlock Holmes		Law & Order	"Born Bad"
MC	16 16) The F	mily Jewels				e Delinquent e	+ (1957)	(9.45) Pillars	of the Sky e	e % (1956) Jel	Chandler	Yng Lions
BET	Rep City	1227 E	Planel Groo	**		-	Hit List		Comicview		BET Tonight	
CNBC		Edge Business Equal Time					Rivera Live		News With Brian Williams		Charles Gro	din
CNN	Worldview ID Moneyline Crossire I			World Toda	y E	Larry King Live III		Impact (R) IE		Sports Mus. Moneyline		
DISC	Wines: Earles Gimme			me Shelter Wild Discovery			Raging Planet. "Volcano"		Would You Believe It		Justice Files	
DIS	Growing	Grewing Brotherty A Goofy Movie e e (1995) (in Stereo) IE (8 20) First Kid e e v (1996) Simbed IE				Growing	Growing	WaltDeney				
SPN	Up Close	Sportscenter				Second Round						Sportsctr.
AM	Carol Bnt.			atest Magic II	(R) (In Steres	0)		sition: Terror				
нво		StarsFell (In Gunlighter's Moon e a % (1996) Lance				pon 2 e e e % (er. (In Stereo) 1	R' III		Real Sports (in Siereo) IC		Dacascos. (In Stereo) III	
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MAX	Star Trek: Fi	Star Trek: First Contact # # # (1996, Science Fiction) Patrick Stewart, Junathan Frakes. (In Stereo) PG-13 III.				Down Periscope e e (1996, Comedy) N Lauren Holly. (In Stereo) 'PG-13' IE			Donald Suth			Bikini (In Stereo)
VTV	MTV Live (In	Stereo)	My So-Calle	d Life	Videos	Beavis-Butt	All-Time To	p 10	Road Rules		Loveline (In	
HZAL	Dukes of Ha	IIM 0	Dallas "Cal Gel" Today's Country Prime Time Countr			Monday Nig	hi Concerts	Dallas "Call				
NCK.	Figure-Out	Tiny Toon	Doug	Rugrats	Hey Arnold	Bewitched	Wonder Yrs	Wonder Yrs.	Happy Days	I Love Lucy	M.T. Moore	Taxi 🗷 .
OST	More Money		Jimmy Dura	nle	Love Boat		Rockford Fi	es		an Francisco		o and Dawn
VC							Problem Solvers		St. Patrick's Day Celebrat			
WOH	(6:15) Some	Kind of Wond	lerful e e % (in		Pretty Woman * * * (1990) Richard Gere. (In Stereo)			The Young	Poisoner's Ha			
UN	Last Word	Robinson	Sports	NHL Hockey	Tampa Bay	Lightning at Bo	iston Bruins. (I	Ne)		ShipShape	Boxing: Fig	
LC	Renovation	Renovation Renovation Home Again Home Again					Natural Disasters Man Against Nature			Extreme Machines (R)		
IMC	(5 20) Fletlin (1990) (In Ste	***	(7:15) Heche	rs e e (1995, l e. (în Siereo) 1	Drama) Jonny	Lee Miler,		neakers e s e (1992, Adventure) Robert Rectord, idney Politer. (In Stereo) PG-13' IE			(11:10) Basquial a a 1: (1996) (In Stereo) Tr III	
NT		Lois & Clark-Superman Babylon 5 "Dust to Dust" W				WCW Nitro (In Stereo Live) IE					Silent Rage	
JSA		Baywelch (In Stereo) II Walker, Texas Ranger				(1998) Patrick 5	lewart, Herry Thomas 30					
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WALL		Saved Rell				(In Stereo) 30				reo) K	Beverly Hille	90210

Foley advances to Eagle Scout

LONGWOOD _ The Boy Scouts of America and Boy Scout Troop 849 announce that Nicholas C. Foley has earned Boy Scouting's highest rank, Eagle Scout. At a Board of Review conducted by local Scout leaders and members of the community and certified by Boy Scouts of America National Headquarters in Dallas. Texas, Nick was deemed worthy of this high honor. Troop 849 is chartered by the Church of the Annunciation, Altamonte Springs.

Nick, 16, began his Scouting career as a Cub Scout, eventually earning the Arrow of Light Award. He matriculated to Boy Scout Troop 849 in 1992. While progressing through the ranks, Nick earned more than the required 21 merit badges for the Eagle rank. While with Troop 849, Nick has spent nearly two months camping and has hiked more than 50 miles. He demonstrated his leadership abilities by being elected to various positions of leadership within the Troop, including the posts of Patrol Leader and Assistant Senior Patrol Leader.

One of the major requirement to attaining the rank of Eagle is to plan, organize, and conduct a project for the betterment of the community. The project undertaken by Nick was the rehabilitation of the horse corral area at Wekiwa Springs State Park. Under Nick's direction, members of the Troop and others cleared old debris and fencing and constructed a new fence. To the credit of his efforts, the project was barely complete and people and their horses showed up to use the newly revamped facility.

Nick attends Lake Brantley High School, Class of '99. He is a member of the Marching Patriot Band, National Honor Society, and a member of the Lake Brantley Crew Team. After graduation, he plans to attend college at the University of Central Florida majoring in Computer Engineering or Computer Science.

Nick is the son of Thomas and Pam Foley of Longwood. His brother, Brad is also an Eagle

Days.

Continued from Page 1C

p.m. and will include the Stardust Girl Scouts, Lake Mary High Drama Club. Sunshine Generation, Line Dancers, Joyful Noise Choir, and the Florida Strings Blue Grass Band.

Several Civic groups will be represented at Olde Lake Mary Days. The Lake Mary Woman's Club will be selling handkerchief dolls, the Lake Mary Sentors will be selling miniature quilts for American Girl and Magic Attic dolls, and the Lake Mary Garden Club will raffle off a painting donated by Claire O'Connor.

Onni Toasimasters, Night Owls Toastmasters, Celebration Church, and the Lake Mary Presbyterian Church will also be there.

There will be more food this year than ever before. St. Peter's Episcopal Church will be selling barbecue chicken; Grace Christian Church will have hamburgers and authentic Mexican burritos: the Lake Mary Community Improvement Association will have hot

dogs; the Lake Mary Llon's Club will have sausage and peppers and Fifth Dimension will have pizza.

If you want to cat a little of everything that will be there, stave off the guilt by starting the day with a nice little run. Boy Scout Troop 854 will be in charge of this year's race. There will be a IOK, a 5K and a Kiddy K. Registration will begin at 6:30 a.m. with the

10K and 5K races beginning at 7 a.m. The Kiddy K will begin at 8:30 a.m. There will be a run, skate and walk category in the 5K. If you pre-register, the cost, which includes a Tshirt, for the Kiddy K is \$5, the 5K is \$10 and the 10K is \$20. If you registration after March 24, the cost is an additional \$5 in each category. For more information or to register, call Polly Willis at 330-9498.

Kace-

Continued from Page 2C

The fight against cancer is truly everyone's battle," Sonja concluded, 'as none of us are immune from this dreaded and feared disease. I call upon our residents and businesses to help make a difference in the local fight against cancer. It will only take this one time, then you'll be hooked."

For information on how to form a Relay for Life team, serve as an on-site volunteer, or make a luminary donation. call (407) 843-8680 in Orlando.

Dance-

Continued from Page 1C Development for Mary

Kay Cosmetics U.K. In recent productions, she played Elinor (mother-in-law) in 'No Sex Please We're British" Seminole Players and

Mavis (lead) "Stepping Out" Center Players Orlando.

Taylor is one of the lead dancers in an entertaining dance group called Happy Hoofers*.

Bracelets

Continued from Page 1C the ones that need the addi-

tional help."

Not designed to be a baby sitter for caregivers," the Care Track bracelet is electronic and allows the shertff's office. to track the wanderer on the ground, for a 1-mile radius

and in the air, for up to 5 miles.

The Care Track unit was donated by South Seminole Sertoma, at a cost of \$1,500. Each bracelet is \$300, the department, has three, there is currently, no one wearing a Care Truck bracelet.

Burkett said the Seminole County Sheriff's Office and TRIAD, a 3-way effort between the sheriff, police chiefs and senior agencies, offers other services for seniors with dementia. For more information, contact her at 330-6600, ext.

Decorating taste sours mother-in-law

DEAR ABBY: My husband and I are in our mid-70s. Until recently, we had lived in the same house for the past 40 years. We did a lot of the building and maintenance on it ourselves. It is a beautiful home where we raised seven wonderful children

Now that we're older, we decided to move into a condominium where there is less upkeep. One of our sons had a job change that brought him back into the area, so he was delighted to purchase our house.

Before he and his wife moved in, we installed new carpeting, new wallnaper and paint and had some of the furniture recovered - all at our own expense. Instead of appreciating our efforts, our daughter-inlaw is now in the process of repainting in a different color and is talking about changing the carpeting and drapes and getting rid of some of the furniture. We are hurt

Every time we visit, I notice more things she has changed or gotten rid of. I know her tastes don't necessarily match my own, but I am shocked at her disregard for my feelings and the amount of money she is wasting.

Would you please comment? DISGRUNTLED GRANDMA

DEAR DISGRUNTLED: I understand that it is difficult for you to see your cherished home changed, but your son and daughter-in-law are now the rightful owners. It is only natural for them to want to make this nest "their own" by implementing their interior decorating ideas. It is a tribute to you that they chose your home to purchase. Let them enjoy it.

DEAR ABBY: I would like to respond to "Young Reader," who would like a new bike but is too young to get a job. Two examples come to mind:

When I was 12 years old, I, too. wanted a bike. I stood out in front of a bowling alley in Point Pleasant. N.J., and I asked every woman who went by with a baby if she needed a baby sitter. I got a full-time job for the summer taking care of a Navy couple's son. It worked out so well they hired me again the following summer. That was more than 50 years ago, and buying that bike meant more to me than the car I

One Memorial Day weekend during the 1980s. I wondered what the youngsters in town would be doing. My two daughters were in their teens, too young for regular jobs. So I formed "Pat Diana's Summer Employment Program for Teens," It matched younger children with senior citizens on a fixed income,

could finance when I grew older.



ADVICE

ABIGAIL VAN BUREN

Garages and kitchen cupboards could be cleaned, dogs walked you name it. I involved every organization in town - the Kiwanis, women's clubs, etc. Each sent one member to a meeting to learn what we would do. Our library offered their meeting room for our volunteers who met with the children seeking work to find the proper job for them.

American Legion Post 105 (Belleville, N.J.) allowed us to use their premises each weekend to wash cars. The veterans would come in on a Saturday to watch a ball game, give us the keys, and we moved their cars through quickly. It was a time of great fun and of learn-

ing responsibility. If I were sitting at your desk today, I'd tell "Young Reader in Norfolk, Va." to reach out and find those who need help. There must be several organizations in Norfolk that could promote this idea.

PATRICIA M. DIANA, SOUTH AMBOY, N.J.

DEAR PATRICIA: Thanks for an upper of a letter - and one that I hope will get parents of eager adolescents everywhere thinking about how they can provide a similar experience for the youngsters in their communities. Having a job is a great confidence-builder at any age.

DEAR ABBY: My boyfriend, "Ned," and I have lived together for seven years, since I was 19 and he was 21. We have no children.

He proposed to me five years ago and I accepted. However, we haven't legalized our relationship yet, although we have been faithful to each other.

Abby, I do everything for him that a wife does: keep house, cook, do the laundry, let him borrow my car when his isn't running the won't let me borrow his), and support him emotionally.

I work in a coffee shop and don't make much money, but I have bought all our cookware, dishes, linens and curtains, and I help with the utilities as well as pay for all the groceries. It isn't easy on my wages and tips, but I pinch every penny twice, and I eat where I work

to save on food expenses

and consequently he claims he has the right to make most of the decisions in our life. I tried going to college so I could get a better job, but working full time and attending school was very hard. The hours were killing me. I would like for us to finally get

married, but Ned refuses. He says he won't marry me until I get a job that pays enough to handle half the

Abby, I love him, but it seems that no matter what I do, it's never enough because I can't pay half of everything. Believe me, I would if I

Have you any advice for me, Abby? BEAST OF BURDEN KINGMAN, ARIZ.

DEAR B.O.B.: Yes, If you want to get married, find another man, one who will value you for yourself - not your paycheck. Ned is a user. You deserve far better, but you won't get it from this man. You've given enough, and it's time to move on.

DEAR ABBY: I am an 86-yearold widow, recovering from open heart surgery. My recovery has been slow. My only daughter lives and works in another state, so I must depend on others for help. My neighbor (a registered nurse), her husband and son have been obliging of all my needs, and I feel fortunate to have them.

My problem is that she is overly generous and helpful, more so than my own daughter. On special occasions, she gives me not one but two gifts - for example, a corsage and perfume for Mother's Day.

When I protest to her that it is too much, she replies, "Oh, you take all the fun out of it." I have augrested that she save her money for her son's education, but it falls on deaf ears. I'm hesitant to drive to some destinations and she's always willing to take me, but she won't let me pay for the gas. What should I do?

GETS TOO MUCH IN MOBILE, ALA.

DEAR GETS TOO MUCH: Your neighbor can obviously afford the time and money she spends on you; furthermore, she has let you know she enjoys helping you.

She gets as much as she gives by doing favors for you. Consider yourself fortunate and accept her generosity with appreciation. To do otherwise is to risk hurting her feelings, which I'm sure you don't want to do.

One for all, all for one

DiCaprio leads in re-make of Musketeer movie

Frazier

Screen

Tests

The Man in the Iron Mask (PG-13): One of the great mysteries history has yet to unravel is the man in the fron mask. This conundrum ranks with the likes of Princess Anastasia, the Bermuda Triangle and Loch Ness among others. It dates back to the 17th Century where a *man in an fron mask" was kept prisoner in France's Bastille. Several theories have surfaced as to the true identity of this indi-

Author Alexandre Dumas wrote about the fron masked man in his novel The Man in the Iron Mask, which was part of a last installment in Dumas' Three Musketeer trilogy. His supposition is the basis for the new movie named after the title of his novel.

It would not be prudent to lay out the theory in this review because, in doing so, it would disclose too much of the plot. According to the press notes on The Man in the Iron Mask, this notion that Dumas created is the "least plausible". It, however, makes for good



arrogant, Young. centered Louis XIV (Leonardo DiCapriol is king of France and there is no worse tyrant than he. He oppresses his people making them starve while he dines on decadence and delectation. As he happily goes about his business of manipulating and perverting the throne to his liking, the Musketeers of legend are planning to overthrow the immature despot and restore order and

peace to the people. The Musketeers have become sickened by the current state of affairs and seek to remedy the situation. They want nothing better than a king worthy of their devotion and loyalty. Once swashbuckling heroes that fought for

honor and valor have Jung up their uniforms in exchange for more domesticated lives.

their fellow the kingdom.

is Braveheart writer Randall Wallace, who appears to have an aptitude towards period pieces and characters whose hearts are larger than the

Aramis (Jeremy Irons) is now a priest guided by faith instead of the sword. Athos (John Malkovich) is a single parent with a son ready to enter the very elite his father helped to establish. Porthos (Gerard Depardicu) goes about his merry way either drunk or carousing with well-endowed women. And d'Artagnan (Gabriel Byrne) is the captain of Louis' forces.

In the course of The Man in the Iron Mask, Aramis, Athos and Porthos develop a plan to oust the young king even if musketeer. d'Artagnan, is against any such action. Their plan involves a prisoner locked away in the Bastille shrouded behind a mask made of iron. If saiccessful with their mission, prosperity will be restored to

Making his directing debut



curled up mustaches, feath-

In Wallace's film, the Mus-

keteers are getting older and

worn yet they keep their pas-

sion and fire burning. Self-sacrifice and set ideals still

means more to them than al-

most anything else; it's all for

The production highlights

stately sets, but it also tends

to get grungy with dungeons

and dusty old rooms. Still,

these sets would be nothing

more than photographs if it

were not for the splendid act-

ing in the film that bring the

backdrops to life. Each per-

formance is equally good and

The Man in the Iron Mask

will no doubt be the cause of

much anticipation with the

presence of its top billed ac-

tor, DiCaprio. Most credit the

phenomenal success of an-

other movie-you may have heard of it-to the fact that Di-

Caprio is in it. Personally, I

think that there is more than

one person responsible for

that steamboat of a film sailing into movie history. Yet, most

no one outshines the other.

ered hats and regalia.

one and one for all.

King Louis XIV (Leonardo DiCaprio), uses d'Artagnan (Gabriel Byrne) and Lt. Andre (Edward Atterton, cen-Man in the Iron Mask. ter) to stop the other Musketeers from completing

their mission in United Artist's spirited adventure, The

REGAL

CINEMAS (%)

ability. DiCaprio deserves bet-

ter than that. It is his acting

that should be the true gauge

of his celebrity and not how

much money he can bring in.

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HUSH

Three stars (out of four).

Players to present Guys & Dolls, Salzano to direct

By Pamela Kelley HERALD CORRESPONDENT

It seems we all fantasize about becoming an actor someday but like so many dreams, they are forgotten to the daily business of our lives.

Mike Salzano of Longwood, however, realized his dreams of acting and now explores his skill of directing.

This spring, Salzano applies his 11 years of participating in community theater, critic observation, and natural talent to the direction of Guys & Dolls, a musical production put on by the Wekiva River Players.

Salzano joined WRP in 1996, shortly after his move here from Staunton, New York. Salzano saya he enjoys performing with this community up of all kinds of people. It is always a learning experience for everybody." WRP is a nonprofit organization first incorporated in 1993 by an ambitious group who scraped enough money together through car washes, fundraisers, and personal loans in order to present their first show, Oliver, at which they collected donations for the Humane Society. The ticket sales now go to a select charity which reflects the show's theme. In the case of Guys & Dolls, the Salvation Army will

WRU's success is due to the self-discipline and dedication of members like Salzano, who believes, "Directing is 90 percent auditioning and selecting the right cast and crew." He refers to the cast and crew as a team whom he motivates and leads to a final product the audience will love. If it means dancing across the floor, squealing girlishly, Salzano does so laughingly; tenderly motivating. He believes his job as director is not to point his finger and tell people where to stand and what to say, but to present a vision and then coordinate and inspire the team to do what he knew they could do; perform, act, sing, sew, construct sets, dance,

Following the direction of Guys & Dolls, which runs March 20-23 and 27-31 at the Ninth Grade Center in Winter Park, Salzano plana to remain in Florida for now and his involvement in WRP will continue. He takes one day at a time, not yet certain where his role in life will lead him. Keep an eye out for him though, you never what stage he will appear on next.

Salzano certainly met his initial goal as director when he selected Meredith Walker to play Adelaide, one of the starring roles in Guys & Dolls. Adelaide is the lead Hot Box Shooter's game without the eternal interference of the po-

worlds in which they inhabit.

Wallace gives a more serious,

dramatic take on the Musket-

eer story. Most audiences re-

member the pageantry and romanticism of previous cine-

matic adventures with the gallant warriors and their

Walker demonstrates her hopeless love and frustration for Nathan perfectly. The audience will fall irresistibly in love with her big blue eyes which exaggerate sadness one moment and spit fire the next. all with empathy to her hopeless love for Nathan and loathe for his gambling career. Walker's delight in playing Adelaide is evident in her energy. "Adelaide is a gutsy character but romantic at heart. She's fun-loving," says Walker. "That's what I like about her. "Walker has always favored old musicals, particu-

mantic? These terms also describe Walker, who is no stranger to the stage. studied Theater at Indiana University. Upon graduation, she moved to Orlando and worked in Guest Relations at Disney World, where she met her husband, Joel Guske, Presently, she performs with various groups as a free-lance actor and plans to continue developing her vocal talent in order to enhance her acting career. She will also continue to perform with WRP whenever possible. Make sure to witness Walker's debut as Adelaide in Guys & Dolls, it

larly Guys & Dolls. Gutsy? Fun-loving and ro-

would say that this new movie OFFICE FASSIS NO SUPIL SWILL will test the actor's market-**VALUE-PACKED**



Check our calendar for theater, art, music, sports and lectures at:

http://www.oir.ucf.edu/ pubrel/calendar/

II A II II II

By Kellie Werner HERALD STAFF WRITER

There's a great little sports bar, nestled right in the heart of Sanford. Cactus Bob's is a great place for that after work get together, evening outing or getting together on the weekend to watch the best games available.

Cactus Bob's has a little bit of everything. There are two separate dining rooms for patrons to enjoy some of the best food in Sanford. There is also a large, center bar serving a ton of imported and domestic beers along with the finest wines.

On the other side of the bar from the dining rooms, there is a large game room. Complete with pool tables, dart machines, video games and more, Cactus Bob's offers the best way for the residents of the county to get together, enjoy a few games and relax in a comfortable



CACTUS BOB'S American Grill & Pub 1566 S. French Ave (By Winn Dixie) Sanford (407) 330-1275

atmosphere.

Throughout the restaurant there are a million television sets (maybe not a million) showing the best in sports. Everything from auto racing to football to college sports can be viewed at Cactus Bob's. The waitresses and bar tenders don't even get upset when you ask them to change the channel!

Hartist Photo by Pamela Kelley

Salzano takes the cast

Dancer who finds herself in-

definitely engaged to Nathan, a

Cambler, whose sole goal, con-

trary to Adelaide's, is estab-

lishing an illegal Crap

through a rehearsal.

Now, the food. It would be hard to find better wings chicken Sanford, maybe even Seminole County. They are cooked to perfection and covered in the best home made wing sauce around. Try them with the curly fries,..that's not a snack, that's a meal.

In addition, Cactus Bob's offers a huge selection of appetizer favorites along with a fresh, homemade soup every day.

A full line of sandwiches and salads is also available and each one is unique, make with the freshest ingredients and prepared to order.

If a night on the town without the disco or an office get together is what is desired, Cactus Bob's is the place to go. It is the restaurant in Sanford with the greatest atmosphere, the best sports coverage and a terrific menu that has something for everyone.

Wolff set at UCF

OVIEDO - Tobias Wolff, award-winning author of This Boy's Life and numerous works of fiction, will speak on The Art of Memory", Thursday, March 19, in the UCF Visual Arts Auditorium at 8 p.m. The talk is free and open to the public. A reception for Wolff will be held at 6:30 p.m. in the Visual Arts Building's Art Gallery. Tickets are \$8 for adults, \$5 for students and include a reserved seat at the lecture. Call the UCF English Department (407) 823-2212. This Boy's Life was the subject of a major feature film starring Robert DeNiro and Ellen Barkin, it also won the Los Angeles Times Book Award. An account of his service in the Vietnam War, In Pharoch's Army, was a finalist for the National Book Award. His short novel The Barracks Thief won the PEN/Faulkner Award. Wolff is widely acclaimed by critics as one of America's foremost writers of short fiction. His work has appeared in periodicals ranging from The New Yorker to TriQuarterly to Esquire.

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