

Sanford's planning director resigns

By Jamie J. Anderson-Potter
Staff Writer

Although his last day was Friday, Marder will remain on city payroll until June 30

urban planning and community development industry.

Earlier this month, Marder submitted his name in the race for the Sanford city manager position. However, when the list of candidates was narrowed from 85 to eight earlier this week, Marder's name did not appear.

"I still hope to be involved with the city in other roles," said Marder. "I want to support the city in everything it is doing and I want the city to be able to call on me and be able to fill any role, in any way, I can."

"I love the city," he added. "It's been good to me. I want to continue to have a positive

See Marder, Page 7A

SANFORD — Jay Marder officially resigned as the city planning director of Sanford Tuesday.

Although Friday was his last day in the office, Marder will remain on the city's payroll through June 30 because of accrued vacation time.

"I think that I've been pretty lucky to have



Jay Marder

made the contributions and participated in the way I have with the city of Sanford," said Marder. "I believe I have accomplished some very positive projects and certainly Riverwalk is the most visible."

Marder went on to say that he is proud of the leadership role he played in developing the Riverwalk concept.

Marder, who was hired in January 1986 as a city planner, helped create the Riverwalk concept during former Mayor Bettye

Smith's administration. In addition, Marder worked closely with Suncoor Properties Inc. to assist them in planning two high-profile lakefront projects that were unveiled this week: a mixed-use condominium project just west of city hall and a conference center which utilizes the existing civic center.

Marder, who was promoted to director in 1991, says he plans to remain in Seminole County, at least for now. He has no definite career plans, but hopes to work within the

Another state title for Lake Brantley

The Lake Brantley girls lacrosse team won its second state championship in three years recently with a 12-10 victory over St. Edward's School. See Sports, Page 11

No county trash collection on Monday

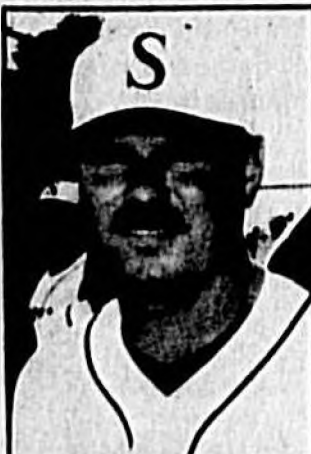
For residents living in unincorporated Seminole County there will not be collection of garbage, yard waste or recycling on Monday in observance of Memorial Day. Please hold items until your next regularly scheduled collection day. However, the Central Transfer Station and Landfill will be open. For more information or questions, call customer service at 407-668-8860.



Hooked on fish

There's no better time to cast out your lure for seafood than when the sun is shining and the warm weather is here. Page 8B

Seminole Smile



Mike Nicholson — Seminole Community College head baseball coach

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Committee narrows city manager's list to eight people

By Jamie J. Anderson-Potter
Staff Writer

SANFORD — The City Manager Selection Advisory Committee will present city commissioners with the names of the finalists vying for the city manager position Tuesday.

The committee, comprised of 10 business and community leaders, were chosen to review the 85 resumes submitted for the city manager position and produce a short list of qualified candidates.

Committee member Larry Strickler said the city manager's vacancy attracted a number of qualified applicants. To whittle down the large number of resumes, Strickler said committee members agreed early on what they were looking for in a city manager.

"There was pretty good consensus that we needed someone with city manager experience and who had a good track record," Strickler said. "We also wanted someone who was in a growth area who had experience with economic development and a diverse population."

Between the group's first and second meeting, each committee member evaluated the resumes and selected their top 15.

"At the second meeting we charted everyone's top picks and through that process we developed a pretty good shot pattern," said Strickler, who serves as chairman of the Downtown Community Redevelopment Agency.

Nine candidates were on seven-of-the-10 committee members' top list. Three others were agreed upon by six of the members.

At the third meeting, that list of 12 was narrowed to eight and will be presented to the city commission by former Mayor Bettye Smith.

"There were more than eight candidates who would make good city managers," Strickler said. "These were the ones we pretty much had consensus on."

He noted that city commissioners could add additional candidates to the list if they choose.

See Manager, Page 7A

A fresh start



Suncoor Properties Inc., President Robert Horian Thursday unveils his plans for a convention center hotel development along the Riverwalk in downtown Sanford.

New conference center plans include private sector

By Dan Ping
Editor

SANFORD — City officials unveiled Thursday a new plan for a downtown conference center that calls for substantial private sector investment, a key component missing from previous plans.

About 100 people attended a press conference at the Sanford Civic Center to see the new proposal, which calls for renovating the Civic Center, adding 42,000 square feet of convention space and building a 3,000-seat outdoor amphitheater. The plan also includes a three-level, 500-car parking garage located on top of the convention space and retail facilities along 1st Street and Seminole Boulevard.

"I remember going to junior dances in this Civic Center," said Daryl McLain, chairman of the Seminole County Commission. "It's exciting to hear that this facility will continue to be

a part of Sanford's future."

Suncoor Properties Inc., a Lake Mary-based company, will develop the project if approved by the Sanford City Commission and the county commission. Specific details on how the project will be financed must still be worked out, but Bob Horian, Suncoor's president, projects annual debt service for the conference center to be about \$600,000.

The county and city will most likely fund the annual debt service, though it has not been determined what percentage each entity will

share. In return, Suncoor will operate and maintain the facility. "I've got 25 years of trade show experience, so I feel confident we can properly manage this facility," Horian said.

A conference center proposal approved by the city and county last year called for the county to build the conference center using up to \$700,000 a year from hotel tax revenue. That

See Center, Page 5A

Deputies question woman in homicide

From Staff Reports

SANFORD — The Seminole County Sheriff's Office is questioning a woman, who may have information relating to an apparent homicide that occurred at Tuesday

near Sanford.

The sheriff's office reports that 41-year-old Robert Gibson Rabun was found dead in his home at 753 St.

Joseph's Court Tuesday about 3 p.m. by a person who came to check on his well-being. Deputies would not release the manner and/or cause of death citing the ongoing investigation. The Volusia County Medical Examiner's Office (Seminole County is under contract with that agency) will conduct the autopsy.

At about 10 a.m. Wednesday deputies located 42-year-old Dennitta Adams in Orange County, near Apopka. Investigators say Adams had been staying in Rabun's residence prior to the discovery of his death.

Currently, Adams is being charged with grand theft auto, because it is believed she took Rabun's 1983, Ford F-100 pickup truck.

The truck was recovered near Winter Springs on Wednesday.

Anybody with further information about this case is asked to call Investigator Teresa Majorana, or Investigator Bob Jaynes at 407-665-6600.

Callers may also contact Crime Line at 1-800-423-TIPS, where one can remain anonymous, and may receive a cash reward for vital information related to this case.

Suspect also charged with grand theft auto after victim's car found in Winter Springs

County commissioners to ponder conference center's proposal on Tuesday

By Jamie J. Anderson-Potter
Staff Writer

SANFORD — Sanford Mayor Brady Lessard will present Seminole County commissioners with the details of the proposed downtown Sanford conference center Tuesday.

During the Board of County Commission meeting, Lessard will give commissioners the opportunity to view the specifics of the project and examine different options to finance the deal. County commissioners will also meet the developer, Suncoor Properties Inc.

"I'm very excited about it," said Lessard. "This is something that for the last two months we have

been working to hone and overcome obstacles. We are close to presenting a well-rounded, well-received project."

"I think we've got a great project here that the business community and residents can really buy into," he added.

The proposed project would include a multi-level hotel on land currently occupied by the Best Western Marina Hotel. The property, which will remain a Best Western, will undergo renovations and additions in order to become a four-star hotel.

Unlike previously proposals, the new plan would not call for the existing civic center to be demolished. Rather, a renovation would

occur and the civic center would connect to a three-story structure located at the site of the Sanford Chamber of Commerce, which will include retail space, a 40,000-square foot meeting space, and offices for the chamber of commerce and the Seminole County Tourism Development Council.

A 500-car parking garage will be located on the second and third floors of the structure. An outdoor amphitheater, seating approximately 3,000 people, would also be a part of the project.

In a letter addressed to Seminole County Chairman Daryl G. McLain on May 7, Frank Fry, chairman of the Seminole County Tourist Development Council

(TDC), expressed his concerns regarding a previously proposed plan for the conference center project.

"This project is an urban renewal project for the city of Sanford, not a tourism promotion project, and as such should not utilize tourist development tax monies for debt service," he stated in the letter. "The business this scaled down facility will attract will benefit very few hotels, and will not benefit many of the surrounding area hotels or businesses, which is the intended use of the tourist development tax in Seminole County."

Lessard says he believes the new proposal will eliminate the

TDC's concerns.

"I think that is the beauty of the proposal," said Lessard. "This proposal redevelops the site and improves the hotel products we've got right now and provides convention space. I think they [the TDC] will be very excited about it."

McLain agrees, saying, "I think that this is a much more feasible project based on the economics of the TDC. I'm optimistic that the board will move forward with instructing staff to see if we can put together a document we can support."

Lessard says the city will be in a position by mid-June to decide

See Project, Page 7A

Military Notes

Navy Petty Officer 2nd Class John K. Gorman, son of Audrey and John Gorman of Longwood, recently returned from his deployment to the Arabian Gulf after more than 100 consecutive days in support of Operations Enduring Freedom and Iraqi Freedom.

He was assigned to the aircraft carrier USS Kitty Hawk, forward deployed to Yokosuka, Japan.

Gorman's ship launched more than 3,000 sorties and expended 900,000 pounds of ordnance in support of Operation Iraqi Freedom.

Aircraft carriers are deployed around the world to maintain a United States presence and provide rapid response in times of crisis. They serve as a highly visible deterrent to would-be aggressors, and are equipped with the most versatile and powerful weapons and aircraft available.

Gorman joined the Navy in August 1989.

Navy Seaman Jose M. Noguera Sanchez, grandson of Mr. and Mrs. Ariel Santiago of Oviedo, recently returned from his deployment to the Arabian Gulf after more than 100 consecutive days in support of Operations Enduring Freedom and Iraqi Freedom.

He was assigned to the aircraft carrier USS Kitty Hawk, forward deployed to Yokosuka, Japan.

Noguera Sanchez's ship launched more than 3,000 sorties and expended 900,000 pounds of ordnance in support of Operation Iraqi Freedom.

Aircraft carriers are deployed around the world to maintain a United States presence and provide rapid response in times of crisis. They serve as a highly visible deterrent to would-be aggressors, and are equipped with the most versatile and powerful weapons and aircraft available.

Noguera Sanchez is a 2001 graduate of University High School in Orlando. He joined the Navy in September 2001.

Navy Petty Officer 3rd Class William H. Ramsey, son of Cheryl L. Ramsey of Winter Park, recently returned from his deployment to the Arabian Gulf after more than 100 consecutive days in support of Operations Enduring Freedom and Iraqi Freedom.

He was assigned to the aircraft carrier USS Kitty Hawk, forward deployed to Yokosuka, Japan.

Ramsey's ship launched more than 3,000 sorties and expended 900,000 pounds of ordnance in support of Operation Iraqi Freedom.

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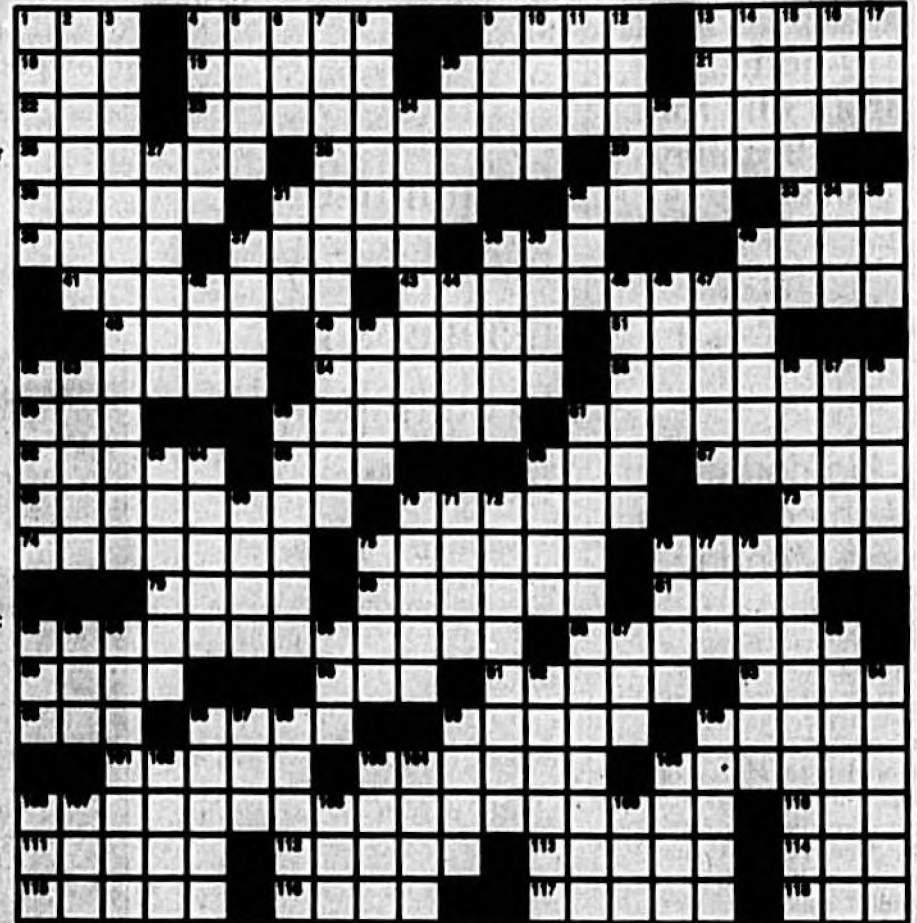
Ramsey is a 1993 graduate of Lake Howell High School in Winter Springs. He joined the Navy in September 1998.

Los Angeles Times Sunday Crossword Puzzle

Edited by Rich Norris and Joyce Nichols Lewis

- | | |
|---|--|
| <p>"WHOSE LINE IS IT ANYWAY?" By ROBERT H. WOLPE</p> <p>ACROSS</p> <p>1 Toothy tool</p> <p>4 "H. D. Ho?"</p> <p>9 Stretch across</p> <p>13 Aquatic organisms</p> <p>18 Resumé asset, briefly</p> <p>19 Toon elephant</p> <p>20 Man about town</p> <p>21 Spanish mark</p> <p>22 After-dinner server</p> <p>23 Party line?</p> <p>26 Made lace</p> <p>28 Pistol holder, perhaps</p> <p>29 Climbing vine</p> <p>30 Confusion</p> <p>31 Worry about</p> <p>32 Boris's 38-down</p> <p>33 Wee one</p> <p>36 Five cards, e.g.</p> <p>37 Beagle name</p> <p>38 Gp. concerned with JFK's safety</p> <p>40 Rowlands of "Gloria"</p> <p>41 Lunch time</p> <p>43 Fault line?</p> <p>48 Elated</p> <p>49 Hammer thrower</p> <p>51 Atmosphere</p> <p>52 Realm</p> <p>54 Self-indulgent acts</p> <p>55 Some Denube area denizens</p> <p>58 Put away</p> <p>60 Hair nets</p> <p>61 1949 Robert Ryan film</p> <p>62 Type units</p> <p>65 High rollers?</p> <p>66 It's found in veins</p> <p>67 Nicholas Gage book</p> <p>68 Grotesque imitation</p> <p>70 "You're right after all"</p> <p>73 Bahamas locale: Abbr.</p> <p>74 Seeker ambitiously</p> <p>75 Estonia's sea</p> <p>76 Prayer book</p> <p>79 Prominent do</p> <p>80 Up next</p> <p>81 Request after cutting</p> <p>85 Power line?</p> <p>86 Eccentricity</p> <p>88 Irish Rose's lover</p> | <p>90 Whatever</p> <p>91 Kimer poem ending</p> <p>93 WWII captive</p> <p>95 D.C. wheeler-dealer</p> <p>96 Copycat</p> <p>98 Allows to remain</p> <p>100 Fish order</p> <p>101 Gold or silver</p> <p>103 Front</p> <p>105 Consider for a while</p> <p>108 Hard line?</p> <p>110 Lance of the bench</p> <p>111 Charlie et al.</p> <p>112 As a companion</p> <p>113 Allevises</p> <p>114 Deer kid</p> <p>115 Minor, in law</p> <p>116 Gravy absorbers</p> <p>117 List</p> <p>"transcendental" piece</p> <p>118 White alternative</p> <p>DOWN</p> <p>1 Soiled spot</p> <p>2 Hebrew name meaning "father of many"</p> <p>3 Date line?</p> <p>4 French clerics</p> <p>5 Some shortening</p> <p>6 "The Mikado" accessory</p> <p>7 Tag line?</p> <p>8 Trial lawyer, say</p> <p>9 Turn, as a meat</p> <p>10 Henry VIII's sixth</p> <p>11 Blueste</p> <p>12 Cf. late</p> <p>13 Ready to swing</p> <p>14 Admired celebrity</p> <p>15 "Wysh mysh" type</p> <p>16 Wood-shaping tool</p> <p>17 Letters on some pumps?</p> <p>20 Fun off</p> <p>24 Way in the past</p> <p>25 Nuremberg "never"</p> <p>27 Early walk</p> <p>31 Baba's home</p> <p>32 Certain vote</p> <p>34 "Bed-in for Peace" participant</p> <p>35 Seagoing sort</p> <p>37 Marquis de —</p> <p>38 Late loose</p> <p>39 LAX lft</p> <p>40 Driveway surface</p> <p>42 Patriotic women's org.</p> <p>44 Exiled Roman poet</p> <p>45 Some are sour</p> <p>46 Kind of tide</p> <p>47 Jagged-edged</p> <p>50 Son of Aphrodite</p> <p>52 Biological waste</p> <p>53 Ice skating event</p> <p>56 Base line?</p> <p>57 "Roots" hero — Kinte</p> <p>58 Something to mop up</p> <p>60 Cause to attack</p> <p>61 Fall line?</p> <p>63 Emulate Earlhart</p> <p>64 Lowly workers</p> <p>66 Narc ending</p> <p>69 They're offered in shots</p> <p>70 Annie's dog</p> <p>71 Merrie — England</p> <p>72 Repeats</p> <p>75 Yesterday's predecessor?</p> <p>76 Formed</p> <p>77 Motor lodge</p> <p>78 Intervene</p> <p>82 Dance genre</p> <p>83 SHO competitor</p> <p>84 Reason to complain</p> <p>85 Longship mover</p> <p>87 — Plaines</p> <p>88 In a pleasing manner</p> <p>92 Giggling sound</p> <p>94 Soft touch</p> <p>96 '40s Bldn trial</p> <p>97 Bud</p> <p>98 Those girls, in Tijuana</p> <p>99 Hang-up</p> <p>100 "All That Jazz" subject</p> <p>102 Morales of "NYPD Blue"</p> <p>103 Fr. brandy designation</p> <p>104 Dark times, in verse</p> <p>105 Declared in court</p> <p>106 "The racer's edge"</p> <p>107 Chromaticity</p> <p>108 — mo replay</p> <p>109 Baton Rouge sch.</p> |
|---|--|

Stumped? Call 1-800-228-4413, 99 cents a minute



See Crossword solution, Page 7

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- East Orange Center (Near ICF) 407-391-6441
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KIWANIS PANCAKE DAY SUPPORTERS

Please accept this thank you for your participation in our Kiwanis Annual Pancake Day fundraiser. You helped the Kiwanis Club of Sanford in their drive to raise funds for underprivileged children and the many other local, needy organizations we assist financially. Without the participation of our local friends, citizens and businesses this would not be possible. Your help is greatly appreciated!

Please patronize the following civic-minded businesses and individuals who, along with YOU, made our 2003 fundraiser a success.

AAA	Delilah's Antiques & Collectibles	Ray's Circus of Values
Ace Hardware	Henry Ewers	Betty Reagan
About Time	Farmers Furniture	Rich Plan
Angelo's Pizzeria	Featherlite Luxury Coaches	Rivership Romance
Al's Army/Navy Store	Firestone	Salvation Army of Seminole Co.
Arts and Ends	Granny's on Magnolia Square	Sanford Flower Shop
AOK Tire Mart	Graphics To Go	Sanford Historic Trust
B.J.'s Wholesale Club	Helen Stairs Theatre	Sanford Historical Society
Bayhead Eye Center	Heritage House Antiques	Seminole Sunrise Kiwanis Club
Business Boosters Of Orlando	Hollerbach's Willow Tree Cafe	Seminole Herald
Bennigan's	Kiwanis Club of Sanford Spouses	W and C Smith
Best Paw Forward	Lake Mary High School Key Club	Sugar Land Produce
Buck's Custom Catering	Longwood Lincoln Mercury	Sunniland Corporation
Central Florida Zoo	Lake Mary Car Wash	SunTrust Bank
Choo Choo Car Wash	Marina Hotel	Teen Challenge
City of Sanford Parks & Rec. Dept.	Mayfair Country Club	Todd's Quality Tomatoes
Classic Graphic	Magnolia Square Treasures	Don Tucker
Colonial Room Restaurant	Midway Elementary School Dance Group	Wachovia
Complete Automotive	Orlando Ale House	WalMart
Computer Center of Sanford	Otters Restaurant	Welden & Speckman Produce
Courtesy Honda		Gerry Weldon
		Wood'N What Knots

My personal thanks for all of the support extended by the above contributors, my fellow Kiwanians and their families and the host of volunteers that helped make our annual Pancake Day a success. Once again you have proven that you care and support your community's worthy causes. You deserve a hearty pat on the back for your efforts on our behalf and we are indebted to you for your unselfish generosity.

James M. Wilkes, Jr.
2003 Pancake Day Chairman
President-Elect, Kiwanis Club of Sanford

Community Notes

Recycling Collection Event
Seminole County Solid Waste Management and the City of Altamonte Springs Public Works Department will host a Household Hazardous Waste (HHW) and Electronics Recycling Collection Event. The event will be held from 8 a.m. until noon June 7 at the Altamonte Springs Public Works Complex, located at 502 N. S.R. 434 in Altamonte Springs. HHW materials such as paints, thinners, pesticides, household chemicals, tires, electronics, computers and television will be accepted. This event is for Seminole County residents only, businesses may not participate. For more information, call 407-665-2260.

Car Wash
Sanford VFW Post 10108 will sponsor a car wash from 9 a.m. until 5 p.m. June 7 at the intersection of 27th Avenue and Sanford Avenue.

Annual Freedom Fund
The Seminole County branch of the National Association for the Advancement of Colored People will host its 20th Annual Freedom Fund and Awards Banquet, "NAACP: Having Our Say," at 7 p.m. June 7 at the Sanford Civic Center, 401 Seminole Blvd., in Sanford. The guest speaker will be the Honorable Gary Siplin, District 19 Florida State Senator. Cost is \$30 per person, with proceeds benefiting the group's annual initiatives. For information, call 407-328-7496.

"Hello Dolly"
Performances of "Hello Dolly," produced by the Wekiva River Players, will take place at 7:30 p.m. June 13, 14, 20, 21, 27 and 28, and 2 p.m. June 15, 22 and 29 at Helen Stair Theatre for the Performing Arts, 203 S. Magnolia Avenue, in Sanford. For ticket information, call 407-321-8111.

Brown celebrates her 100th birthday

By Merva Hawkins
Herald Correspondent

Ruth Brown, 100 talks about the blessings God has bestowed upon her.

Brown's prayer is to always thank God for her 100 years of life and the many learned lessons over the years. Her greatest blessing came on May 20, when she celebrated 100 years of life.

Born in 1900 in Sanford on the land where she now lives with her brother, Theodore, Brown attends and worships at St. Paul Missionary Baptist Church. The church is where she said she was converted and baptized by the Rev. Castle Brewer. She grew up in Sanford with her parents, Frank and Ella Brown, and five siblings. The desire to get an education was instilled in her by her parents; and, after completing 10th grade at Hopper, she was sent by her parents to complete high school at Florida Memorial.

Wanting to always be a nurse, she went to Tuskegee Institute. Having the need to change her major, she chose home economics. After college, Brown said she lived in Miami, where she did substitute teaching. After she found out that domestic workers made more money by working for rich people, she chose to become a domestic worker and saved her money. However, she put only to put it in a bank that closed, and she lost all of her savings.

While interviewing Brown, she demonstrated that she has an alert mind and sharp memory. She discussed her life's work and travel. Having also a love for helping people, she attended Fannie Farmer School of Cooking in Massachusetts, and she began to cater and please her many clients, as she cooks heavenly food. She still bakes cakes and big pots of greens. Catering,



Ruth Brown

Brown said, was and is a great joy for her.

During her working years, Brown traveled to Massachusetts, Michigan, Illinois, Ohio and New York. After moving back home, she worked until she was 90 years old.

While working in New York, she rebuilt her family home and moved home in 1978. She no longer travels, but is content to enjoy her home and chat with the four nieces and one nephew she raised. They include Theadora Pete, Luella Crooms, James Brown of New York, Mae Theadus Lippincott and Beatrice McKinny of Virginia, who will arrive in Sanford to make for a continued 100th happy birthday for Brown. She said she knows that God has blessed her, and He won't stop blessing her.

Brown still sings in her church choir and works actively in church.

Obituaries

JAMES ROBERT BENHAM
James Robert Benham, 68, of Winter Springs, died Monday, May 19, 2003. He was a 20-year Air Force veteran. He was a member of the C.O.P.

Survivors include wife, Frances Benham; sons, Don G. Benham, James R. Benham, Jr., Roger T. Benham; brother, J.D. Benham; sisters, Ethel Bolin, Billie Davidson; eight grandchildren.

Banfield Funeral Home, Winter Springs, in charge of arrangements.

STALEY JONES, SR.
Staley Jones, Sr., 86, Locust Avenue, Sanford, died Monday, May 19, 2003, at South Seminole Community Hospital in Longwood.

He was born June 14, 1916, in Leary, Ga. He was a retired farm helper. He was a member of Springfield Missionary Baptist Church in Sanford.

Survivors include sons, Staley Jones, Jr., Freddie Lee Jones, Earl Jones, all of Sanford; daughter, Jennifer Perkins, Sanford; Isabelle Hollie, DeBary, Sandra Jones, Delores Andrew, both of Ontario, Canada, Shirley Thomas, Rochester, N.Y.; 11 grandchildren; six great-grandchildren.

Wilson-Eichelberger Mortuary, Inc., Sanford, in charge of arrangements.

MINNIE MYRLE KELLY
Minnie Myrle Kelly, 62, Salina Drive, Altamonte Springs, died Sunday, May 18, 2003. Born in Philadelphia, Miss., she moved to the area in 1960. She was a homemaker. She was a member of Pentecostal Church of God in Altamonte Springs.

Survivors include daughters, Jessie Morrow, Patricia Young, Queenie Smith, Maria Turner,

Malessia Dangerfield, Tammie Kelly, all of Altamonte Springs, Mary Gainer, Orlando; sons-in-law, Howard Morrow, James Young, Marvin Smith, Terry Turner, all of Altamonte Springs, Timothy Gainer, Orlando; sisters, Pearl Mae Tucker, Philadelphia, Miss., Lena Mills, Gary, Ind.; brother-in-law, Isaac Tucker, Philadelphia, Miss.; brothers, J.D. Young, Willie Lee Young, James Henderson Young, all of Philadelphia, Miss., Henry Lee Young, Jackson, Miss.; sister-in-law, Dixie Young, Philadelphia, Miss.; 25 grandchildren; seven great-grandchildren.

Golden's Funeral Home, Inc., Winter Park, in charge of arrangements.

WAYNE R. PURSELL
Wayne R. Pursell, 48, North Devon Avenue, Winter Springs, died Tuesday, May 20, 2003, at Florida Hospital in Altamonte Springs. He was born Jan. 12, 1955, in Easton, Pa. He was a retired truck driver.

Survivors include sons, Daniel Wayne Harrison, Deltona, Donald Ray Harrison, Clermont; daughter, Tracy Marie Pursell, Alabama; brothers, Mark Miller, Winter Springs, Brian Miller, Sanford; sister, Diana Hadley, Sanford; mother, Anna Miller, Winter Springs; three grandchildren.

Funeral services were held Friday at Banfield Funeral Home in Winter Springs. Banfield Funeral Home, Winter Springs, in charge of arrangements.

DONNA LOUISE MAJOR
Donna Louise Major, 58, of Altamonte Springs, died Thursday, May 15, 2003. She was born in Erie, Pa. She was a

Lutheran. She was a technician at Siemens.

Survivors include son, Dan B. Grindle, Norfolk, Va.; daughters, Stephanie Ross, Orlando, Kirsten Major, Sanford; brother, Thomas Legge, DuBois, Pa. Ray Legge, Richfield Springs, Pa.; sister, Jean Hendricksen, Sanford; seven grandchildren.

Funeral services were held Friday in the chapel of Collison's Howell Branch Funeral Home, with interment following at Glen Haven Memorial Park and Mausoleum in Winter Park.

In lieu of flowers, the family requests that memorial donations be made to the American Diabetes Association, P.O. Box 2680, North Canton, Ohio 44720.

Collison's Howell Branch Funeral Home, Winter Park, in charge of arrangements.

ROBERT GRAFTON "BOB" RABUN

Robert Grafton "Bob" Rabun, 41, of Sanford, died Tuesday, May 20, 2003. He was a native of Sanford. He was the manager of Sterchig/Hellig-Myers Furniture Store in Dade City. He enjoyed music and playing guitar.

Survivors include son, Grafton Rabun, Atlanta, Ga.; daughter, Kristen Rabun, Atlanta, Ga.; brothers, Charlie Rabun, Palatka, Terry Rabun, Sanford, Jim Rabun, Lake Mary.

Funeral services were held Friday at Paola Wesleyan Methodist Church in Sanford, with Rev. Leonard O'Donnell officiating. Burial followed at Oaklawn Park Cemetery in Sanford.

Johnson-Overturf Funeral Home, Palatka, in charge of arrangements.

FIRST CHURCH OF THE NAZARENE		
2801 Sanford Ave., Sanford, FL 32703-0122		
Jan Comm.	10:00 a.m.	Worship
Worship	10:00 a.m.	Worship
Sunday School	9:30 a.m.	Worship
Worship	10:00 a.m.	Worship
Worship	10:00 a.m.	Worship

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Thank You

I, Jane Eubanks, would like to thank some people who have helped me so much since my husband, Raymond "Tarzan" Eubanks, was called "Home" July 7th '96 (our 50th Anniversary). First and Foremost, Barry Hicks and Family, Barbara and Bill Jackson and entourage, DAV and all members. My doctor, Dr. Mamone, who has helped me through some serious operations - God Bless you all!

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SEMINOLE SUMMARY

A GLANCE AROUND OUR COUNTY

Who's on first?: If you loved the old Abbott and Costello's "Who's on first?" routine, perhaps you can make sense out of the events around Sanford City Hall this week.

Early this week, word **Around The Clock** was Jay Marder, the city's director of engineering and planning, was resigning. Files on the wall all over City Hall said Marder had submitted a letter of resignation. Trying to confirm that information, however, became more difficult than deciphering Bud Abbott's starting lineup for the mythical St. Louis Wolves.

On Tuesday, the city's human resource department said no letter was on file. (As of late Friday afternoon, HR still had no record of a letter.) Interim City Manager Roger Dixon was no better.

First he said Marder had submitted a letter of resignation but had withdrawn it. Then Dixon said he and Marder had talked, but Marder was staying with the city and was considering other opportunities that would provide him with "more responsibility." Dixon finally confirmed at midnight Tuesday that he found Marder's letter in a stack of papers and that his last day would be June 30.

I'm still not sure if the "found" letter was the "withdrawn" letter or a different one. I've yet to see a copy. It only got more confusing as the week progressed.

At Thursday's press event for the new conference center proposal, I asked Dixon if Marder's last day in office would be June 30. He hesitated and said, "I'm meeting with Jay about that today."

On Thursday night, Dixon appeared to waffle again and told *Herald* reporter Jamie Anderson-Potter that Marder's last day in office would be June 30. In addition Dixon said Marder would receive a "retainer," but asked that piece of information not be included in her article. He would not say how much retainer Marder would be paid. Anderson-Potter asked the question several ways and each time Dixon referred to it as a retainer.

Marder confirmed to Anderson-Potter that he would receive a retainer but refused to say how much. However, Marder said his last day in the office would be Friday, May 23, not June 30.

On Friday about noon, Dixon stopped by *The Herald* office and confirmed to me that Friday would indeed be Marder's last day in office, but that he would use accrued vacation to make the effective date June 30.

Asked about the retainer and what amount it would be, Dixon told me, "Jay's been with the city so long and been so loyal, I want to try to give him something. It's more like a two-month severance. I wouldn't call it a retainer."

Yet minutes after meeting with me, Dixon spoke with Anderson-Potter and again referred to a retainer, adding, "but don't use that word."

So who's on first? I don't know (he's on third base). I suspect one of two things: Either Dixon needs a course in how to deal with the media, or something else is happening behind the scenes, like maybe Marder's leaving is not voluntary. Dixon swears it is voluntary, but Marder inferred it might not be when he talked with Anderson-Potter. She related to Marder that Dixon said a resignation letter had been submitted and asked him to confirm. Marder responded, "Whatever Roger says." That may or may not mean anything. Regardless of the scenario Marder, understandably, most likely would not want to retell it in the newspaper.

What is clear is the city mishandled the situation. Marder has his faults, but he has been a loyal 17-year employee who helped create three of the most exciting projects in downtown Sanford: The Riverwalk, the \$15 million condo project by Suncor Properties, and the latest conference center proposal, also by Suncor. He deserves better.

Angels in the outfield: Who says there's no such thing as good karma? Two of the champions in the city's Babe Ruth baseball league were won by teams named the Angels. Of course, the Major League's Anaheim Angels are the defending World Series champions, featuring Sanford's own David Eckstein at shortstop. And where did Sanford's Angels teams win their championships? At the Herbert "Whitney" Eckstein Sports Complex, named in honor of David's dad.

The closer: Continuing with the baseball theme, publication of "Sanford: Our First 125 Years" is in the bottom of the seventh. Page proofs arrived Monday and were sent back out Thursday. Arrival in Sanford is still on schedule for late June. If you have questions, call me at 407-322-2611, or drop me an e-mail at editor@seminoleherald.com.

Memorial Day proclamation



Sanford Mayor Brady Lessard presents a proclamation to American Legion Post No. 83 Commander Ed Harold and Seminole County Area Veterans Advisory Committee President Ken Fernin. The two groups are hosting the parade and Memorial Day ceremony scheduled for Monday. The parade will form in the parking lot behind the Sanford Chamber of Commerce starting at 10:30 a.m. It will travel west on 1st Street to Park Avenue, then turn north to City Hall, where a ceremony will be held at 11 a.m. in front of the flag pole.

Traffic

• Gilbert G. Gonzalez, 24, La Mesa Road, Winter Springs, was stopped by Winter Springs police Wednesday at the intersection of Northern Way and Tarpon Circle in Winter Springs. He was charged with a non-moving traffic violation for driving with a suspended license.

• Jeanette C. Pierre, 21, Shawn Circle, Oviedo, was stopped by Oviedo police Wednesday at the intersection of Lockwood Boulevard and East Karat Drive in Oviedo. She was charged with a non-moving traffic violation for driving with a suspended license.

• Juan A. Torres, 30, Cherokee Court, Altamonte Springs, was stopped by Altamonte Springs police Wednesday at the intersection of State Road 434 and State Road 436 in Altamonte Springs. He was charged with a traffic offense. According to police reports, he is a habitual traffic offender.

• Richard Noble, 18, West 15th Street, Sanford, was stopped by Sanford police Wednesday at the intersection of McCracken Road and Persimmon Avenue in Sanford. He was charged with a non-moving traffic violation for driving with a suspended license. According to police reports, he is a habitual offender.

• Daniel Wayne Golden, 41, Shamrock Lane, Altamonte Springs, was stopped by Altamonte Springs police Wednesday in the parking lot of a convenience store located on South State Road 434 in Altamonte Springs. He was charged with a non-moving traffic violation for driving with a suspended or revoked license. According to police reports, he is a habitual offender.

• Angela Lashonda Barriner, 21, Church Avenue, Sanford, was stopped by Seminole County sheriff's deputies Thursday at the intersection of Florida and Georgia avenues in Sanford. She was charged with a non-moving traffic violation for driving with a suspended license.

• Byron Travis Deese, 24, East Sixth Street, Sanford, was stopped by Seminole County sheriff's deputies Thursday at the intersection of Country Club Drive and Mayfair Circle in Sanford. He was charged with a non-moving traffic violation for driving with a suspended license. According to police reports, this is his first such offense.

• Jesus Urieta, 31, Shady Oaks Lane, Orlando, was stopped by Seminole County sheriff's deputies Wednesday at the intersection of East Airport Boulevard and Sanford Avenue in Sanford. He was charged with a non-moving traffic violation for driving with a suspended license. According to police reports, this is his third such offense.

Battery

• Joseph Frank Evan, 35, Plaza Oval, Casselberry, was arrested at home Wednesday by Casselberry police. He was charged with felony battery.

• George Luis Picon, 43, Pacer Court,



Sanford, was arrested by Seminole County sheriff's deputies Wednesday in the parking lot of a convenience store located on North Ronald Reagan Boulevard in Sanford. He was charged with aggravated battery (domestic violence) on a pregnant person.

• Victor Darrell Brown, 43, of Sanford, was arrested by Seminole County sheriff's deputies Wednesday at the corner of West 13th Street and French Avenue in Sanford. He was charged with battery (domestic violence).

• Calvin Pendleton, 36, William Clark Court, Sanford, was arrested at a neighbor's house Thursday by Sanford police. He was charged with aggravated assault with a deadly weapon without the intent to kill.

DUIs

• Bruce Randall Athan, 39, Anden Street, Longwood, was arrested by Winter Springs police Wednesday at the intersection of State Road 434 and Bell Avenue in Winter Springs. Police were called to the scene after a single-car traffic crash was reported. He was charged with driving under the influence (DUI).

• Ana Elba Carbone, 41, Ballard Street, Altamonte Springs, was stopped by Seminole County sheriff's deputies Wednesday at the intersection of State Road 436 and Hattaway Drive in Altamonte Springs. She was charged with DUI of alcohol/drugs. According to police reports, this is her first such offense.

• Christopher Rudrick Otto, 24, Farrindon Circle, Lake Mary, was stopped by Seminole County sheriff's deputies Thursday at the intersection of Shepard Road and North U.S. Highway 17-92 in Winter Springs. He was charged with DUI of alcohol/drugs. According to police reports, this is his first such offense.

• Jerrine Rae Brandon, 35, Highlander Drive, Fern Park, was stopped by Winter Springs police Wednesday at the intersection of State Road 434 and Costa Rica Avenue in Winter Springs. She was charged with DUI.

• Shawn Michael Cimock, 23, Lampughier Road, Altamonte Springs, was stopped by Altamonte Springs police Wednesday at the intersection of East Cranes Circle and East Central Parkway in Altamonte Springs. He was charged with DUI.

Theft

• Rediger Eugene Roberts, 40, Campello Street, Altamonte Springs, was arrested by Altamonte Springs police Wednesday at a

grocery store located on the 500th block of East Altamonte Drive in Altamonte Springs. He was charged with grand retail theft.

• Anthony Tyrone Noble, 25, Fountain View, Orlando, was arrested by Altamonte Springs police Wednesday at a department store located on South State Road 434 in Altamonte Springs. He was charged with retail theft and resisting a merchant.

Multiple charges

• Lorenzo Jwuan Bradley, 19, Dixie Street, Sanford, was stopped by Seminole County sheriff's deputies Wednesday while walking at the intersection of Granby Street and Midway Avenue in Sanford. He was charged with resisting officers without violence and fraud for presenting false identification to a law enforcement officer.

• Leonard Alex Ruge, 46, Saddleworth Place, Lake Mary, was arrested at home Thursday by Seminole County sheriff's deputies. He was charged with battery (domestic violence) and kidnapping/false imprisonment of an adult.

• Kenneth Nicholas Erickson, 20, Odham Drive, Sanford, was stopped by Sanford police Wednesday at the intersection of Sanford Avenue and Wyly Road in Sanford. He was charged with battery, firing a weapon and possession of liquor by a person under 21 years old.

• Harold Anthony Marcove, 28, Nantucket Court, Altamonte Springs, was stopped by Altamonte Springs police Wednesday. He was charged with resisting officers without violence and refusing to sign a citation.

• Nicholas Ortiz, 24, Lakeside Circle, Sanford, was stopped by Seminole County sheriff's deputies Wednesday at the intersection of Lake Emma Road and West Lake Mary Boulevard in Lake Mary. He was charged with a moving traffic violation for reckless driving and possession of less than 20 grams of marijuana.

• Zachary William Watson, 18, Lakeside Reserve Court, Orlando, was stopped by Altamonte Springs police Wednesday while driving on Montgomery Road in Altamonte Springs. He was charged with possession of an alcoholic beverage by a person under 21 years old and possession of drug paraphernalia. Also in this case, a 17-year-old minor was charged with possession of an alcoholic beverage by a person under 21 years old, possession of less than 20 grams of cannabis and possession of drug paraphernalia.

Drugs

Bryce Alan Halasychik, 33, Robbins Road, Astatula, was stopped by Seminole County sheriff's deputies Wednesday at the intersection of Bear Lake Circle and Bear Lake Road in Apopka. He was charged with possession of a controlled substance (cocaine) without a prescription and possession and/or use of narcotic equipment.

OUT & ABOUT

SAT 29

The Central Florida Zoo will host Safari Night from 5 to 8 p.m. today. Discover the park, just before dark. Enjoy peaceful sunset strolls and cool evenings while visiting the zoo animals. The event features musical entertainment, food, beer and wine. Cost is \$8 adults, \$5 seniors and \$4 for children ages 3-12. Zoo members cost \$3 adults, \$2 seniors and \$1 children. The zoo is located at 3755 N.W. Highway 17-92 in Sanford. For more information, call 407-323-4450.

FRI 30

Meals on Wheels, Etc., will sponsor a senior festival from 9 a.m. until 1 p.m. Friday at the Sanford Civic Center, located at 401 Seminole Blvd., in Sanford. The event will feature a free box lunch for seniors, health screenings, community resource information, and products and services for seniors and caregivers. Parking and event are free. For more information, call 407-333-8877, ext. 109.

SAT 31

The Maitland Art Center will present the First Annual Children's Art Festival from 10 a.m. until 2 p.m. May 31 at the center, located at 231 W. Packwood Ave., in Maitland. The event will feature a performance by Outer Toons at 10 a.m., a presentation by Audubon Center for Birds of Prey at 11:15 a.m., a marionette demonstration by Pinocchio's Marionette Theater at noon, a presentation by Storytellers of Central Florida at 12:30 p.m. and much more. Admission is \$1 per person for Maitland Art Center members, \$2 per person for non-members. For more information, call 407-539-2181.

The city of Casselberry's Art House Grand Opening Celebration will take place from 10 a.m. until 4 p.m. May 31. Patrons can enjoy a variety of art mediums, including pottery, sculpture, paintings and mosaics. People of all ages can participate in numerous hands-on workshops. The Art House is located behind Casselberry City Hall, next to Lake Concord. Admission is free. For more information, call 407-262-7720, ext. 1307.

Performances of "Fit Club Gymnastics, Dance and Cheer Academy Recital" will take place at 2 and 7 p.m. May 31 at Helen Stair Theatre for the Performing Arts, 203 S. Magnolia Avenue, in Sanford. For ticket information, call 407-321-8111.

The Central Florida Zoo will host Safari Night from 5 to 8 p.m. May 31. Discover the park, just before dark. Enjoy peaceful sunset strolls and cool evenings while visiting the zoo animals. The event features musical entertainment by Jacqueline Jones, food, beer and wine. Cost is \$12 adults, \$10 seniors and children ages 3-12. Zoo members cost \$8 adults, \$6 seniors and children. The zoo is located at 3755 N.W. Highway 17-92 in Sanford. For more information, call 407-323-4450.

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Center

Continued from Page 1

plan was opposed by members of the Seminole County Tourism Development Council because it pulled most if not all of the council's annual revenues. The plan also required the city to fund a new parking garage estimated at \$6 million and operate the conference center at a minimum cost of \$400,000 annually.

Suncor's proposal is much more attractive, McLain said, because it would cost the county about one-third of the previous proposal. The new plan should also pick up support from those who opposed previous proposals, McLain said.

"I think the support on the (county) commission will remain, and I'm convinced this is a better project," McLain said. "When we start marketing this center, we will not only be promoting this facility, we market all of the opportunities we have in Seminole County."

If approved by the city and county, Horian said he could begin work as early as July.

"Early on we made some assumptions and went ahead with designing and engineering the project," Horian said. "Also, because this project will take up the exact same impervious surface of the current Civic Center, Chamber of Commerce building and the combined parking lot, we will not have to go through the St. Johns (Water Management District) permitting process."

Horian noted that he would like to begin work soon because Seminole Boulevard is currently undergoing construction for the Sanford Riverwalk project.

"Now is the time to do this project," Horian said.

Proposals for a conference center and hotel in downtown Sanford have been promoted for about six years.

"When the conference center idea was first brought up, stocks of Yahoo were trading at \$148 a share," quipped Sanford Mayor Brady Lesard. "Those stocks are well below that today."

During that time, the conference

center project has changed drastically. Originally, plans called for a five-star type facility with a combined hotel and convention space.

"The vision was too global," Horian said. "You had this mammoth hotel with spas and all the bells and whistles."

"What really caught my attention with the last proposal was that the city and county were going to spend upwards of \$40 million to get what amounted to a 12,000-square-foot ballroom. You have that now with the Civic Center."

Horian said he refined previous proposals to better suit the community. A major change in his proposal involves separating the hotel and conference center. Excluding the Monroe Harbor Marine, Suncor has the entire marina island under contract. Horian said he intends to upgrade the Best Western hotel to a "three-and-a-half to four-star hotel."

"We're going to spend \$1 million — \$10,000 a room — to upgrade the interior," Horian said.

As demand warrants, Suncor would add two 50-room floors to the hotel. The company would then build a 60-room tower on the site of the current hotel lobby.

In addition to the hotel, Horian said he plans to add 30,000 square feet of retail space to the southwest sector of the island.

"Right now, if you have a boat at the marina, there is no place to buy a Coke or snacks or other supplies you might need," Horian said. "That's the first thing we're going to do is build a place where you can buy those things."

If approved, the conference center and hotel development would be Suncor's second major development on the city's lakefront. Last week, the Sanford Planning and Zoning Commission approved a site plan for a \$15 million mixed-use condominium development just west of City Hall. The project will feature \$1 million condos atop a six-story tower abutting Seminole Boulevard with townhouses and retail/office space to the south.

Military Notes

Navy Hospitalman Apprentice Leni Benitez, a 2002 graduate of Lake Howell High School in Winter Park, recently graduated from the Basic Hospital Corps School at Naval Hospital Corps School, Great Lake, Ill.

During the 14-week course, Benitez learned a wide range of medical procedures used to provide first aid and assist Navy doctors and nurses. Benitez also received an introductory instruction for service in a variety of medical environments, from fleet hospitals and shipboard medical departments to fleet Marine forces and medical administration offices.

Graduates' newly acquired skills and knowledge will enable them to help provide quality health care to Navy and Marine Corps personnel and their families. Benitez's first assignment after school will

involve direct patient care, but with her training Benitez can work in several areas, including first aid and assisting with minor surgery, pharmacy and laboratory analysis, patient transportation and food service inspections.

Marine Corps Sgt. Alexis R. Mulero, a 1995 graduate of Lyman High School in Longwood, recently graduated from the U.S. Marine Corps Sergeant's Course.

During the course with Headquarters and Headquarters Squadron, Marine Corps Air Station, Kaneohe Bay, Hawaii, students are taught personnel administration, Marine Corps history and traditions, military courtesy and principles and techniques of effective leadership. Students also participate in close-order drills and a rigorous physical fitness program.

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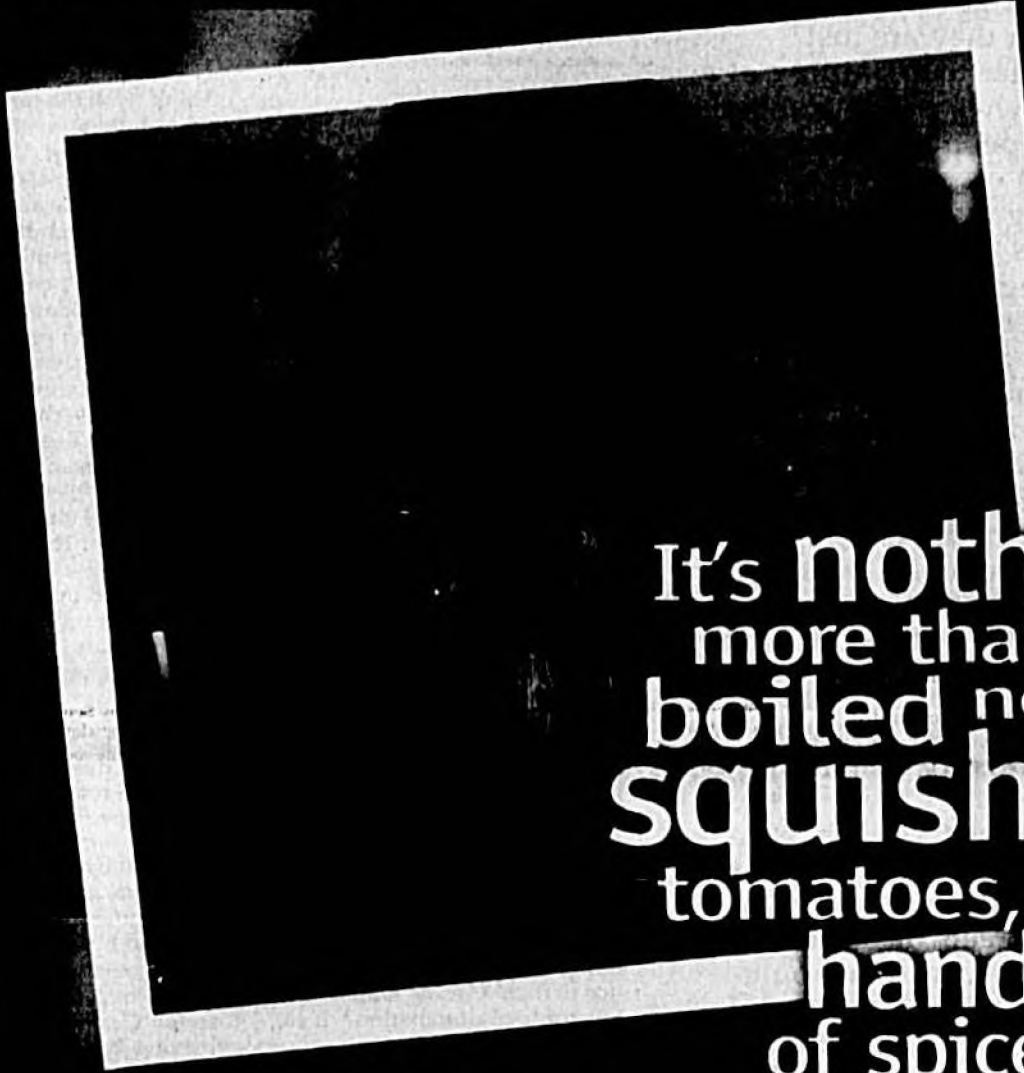
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OPINION

Here we go again

It's back. For the third time in slightly over one year, our nation is on the "Orange" terrorist level, one step higher than Yellow, where we have been. The last time we were at Orange was during the Iraq war, but that was lifted when the conflict was declared over.



Nick Pfeauf

The alert urges our government, law enforcement, military service, and everyone else involved in national security, to have a more stringent awareness of the possibilities of a terrorist attack.

The last times we were on Orange alerts, nothing happened. Naturally, this gives the government and others to feel as though they are just "whistling Dixie." Similar to a warning of a bad hurricane season when nothing actually happens — causing people to become complacent.

But what is this going to mean to us — the average citizen? It's going to mean that airport security is going to be even tighter than it has been in recent months. It will take longer to go through a boarding line for a flight. People planning to ride trains or busses may also find themselves being checked more closely. Private aviation will be given a closer watch and perhaps a number of areas are going to, once again, be declared as "no-fly" zones — causing problems for the few who may not heed the restriction or possibly don't even know about them.

When vehicles are stopped on the highway, there is a possibility they may be searched, rather than the officer handing out a ticket or warning.

Our nation has had it relatively easy up until now. Unlike Israel, we haven't had to be on constant worry that there will be a terrorist attack in our streets or our buildings. We haven't had to worry that someone will fire a shot at us as we shopped. I can't help but consider such a life and what those people must be going through. We can all be glad it's not happening here in the USA. But these terrorist level warnings are needed. We MUST be alert, more so than in the past. One never knows what the death and destruction happening in Israel or other nations could start here at home.

One thing these higher alert WILL bring about however, is the need for more patience. We must accept the fact that we may have longer lines at the airport or be inconvenienced in check-in areas — such as entering government buildings and the like. Since Sept. 11, it has become part of our lives. Sure, we are all anxious for it to return to normalcy, but let's not hold our breaths.

Let's keep ourselves alert, and let's keep ourselves patient. It's how we will have to be in order to survive.



Your View

America— under attack from within

To the editor:

Florida's Amendment Six has very little to do with smoking; it is about a government, trying to control every aspect of our lives, gaining yet another victory in its struggle. There is no such thing as a public restaurant; restaurants are private property to which the public is invited, (not required) to visit. The government, along with other militant nonsmokers, has decided to impose their will on others and decree that owners of private property may not be permitted to choose whether to allow a legal act to take place on their property — or not. These despicable despots seem to believe the public far too stupid to decide where they are comfortable dining, and where they are not. Is the confiscation and death of property owner's rights an insignificant thing, and an acceptable sacrifice in their Marxist march toward total domination? If so, why stop there?

Think of all the lard-bellied, cholesterol-choked people in our society! Why not mandate what restaurants may serve, the portion size, and, of course, how much they must charge? Would not our addle-brained masses benefit from such divine guidance? No one could deny; a 15 percent gratuity should be added to the check and sent directly to so benevolent government.

A separate "Restaurant Police Department" (the RPD) should be established to enforce these "tough-love" requirements. This would greatly decrease the unemployment rate and make it possible to force restaurant patrons to eat their salads before being served their "portion-controlled" entrees. These badge-toting emissaries of "Big Bubba & Bad Bertha" (sorry, Mr. Orwell, we must be political correct and remain non-secular) could perform another invaluable service; they could eliminate the horrific squalling (vastly more annoying than the exhaust fumes from a dozen greyhound buses,) emanating from the product of long forgotten birth control pills and abandoned condoms, by chloroforming it at the source. (Is

It a coincidence that "RPD" could also stand for: "Relentless Proletarian Dictators?")

Now, what is meant by: "and other work places?" You surely do not believe that it was lack of planning that caused Amendment Six to be worded so vaguely, do you? No! It was very careful planning. It can now be interpreted anyway and every way Big Bubba and his harlot choose; rights associated with owning private property having already become null and void. Do you have a home office? Is that a work place? Bubba & Bertha think so. (They may not have told you so yet, — but, just wait.)

I do feel that the Bolsheviks who perpetrated this abdominal travesty deserve an accolade for their blatantly unconstitutional raping of private property owners. "Zeig Heil!" is taken, so, I sincerely offer my own, and invite all freedom loving Americans to join me when I say: "Up Yours!" (Accompanied by the proper hand salute, naturally.)

A government in complete control is a government completely out of control. Maybe it was not your rights that were confiscated this time, but, — tomorrow is another day. Watch out, America, — you'd better watch out!

David Toy Casselberry

was very evident at the press conference. Let me personally thank you.

Daryl McLain, you being a lifelong resident of the city of Sanford, your excitement was also clearly evident. It is great to see a private/public joint venture like this.

Mr. Horian, thanks to you, you have brought the most excitement with your planned developments. I know you are as excited as the rest of the community. Thank you.

There also needs to be a special thanks to the previous chairman of the Planning and Zoning Board for the many, many hours that he has worked for this project. Very few people will realize the hours you put into this, Mike Skat.

This city is about to attain the greatness that it enjoyed in yesteryears.

The one great thing about the press conference was that even Millard Hunt liked the project. Even if this project is never completed, to please him was worth it all.

Lon Howell
Former Sanford City Commissioner

Resident tired of delivering neighbors' mail

To the editor:

Help. Help. We have put people in space, but we can't get our mail. We on Elm Avenue are delivering the neighborhood mail.

I have an extra large green mailbox with "Palmer" and "2425" on it. The post office blames the troubles on computer b.s. This month, I didn't receive my gas bill. It went in someone's garbage can.

When do we get our paycheck for delivering neighborhood mail.

People that have post office boxes are also having the same problem.

Yes, I have talked to the postmaster.

Clara L. Palmer

Conference Center plan a 'grand slam'

To the editor:

I want to congratulate the City Commission, County Commission, and Bob Horian. I was at your presentation for the Conference Center, and I can't tell you how excited I am, as well as many others around me.

Brady, in baseball terms, this is a "grand slam." I know you worked many, many hours on this, and your positive attitude towards the City of Sanford



On the Street

The Herald asks people what they think ...

Annika Sorenstam has made history. She is the first woman to play in a PGA Tour event in 58 years. The tournament is the Colonial, and Sorenstam shot one above par Thursday during the first round. We asked a few people if they believe Sorenstam should be allowed to play with the men in the PGA event.



I think it's great, and I hope she wins the tournament. I think it is an opportunity for men's and women's sports to come together.
Bill Carroo
Longwood



May the best person win.
Kathy Gehr
Eustis



She might have a good shot at winning. But, I wonder if the LPGA would be as accommodating if a man wanted to play in one of its tournaments.
Joe Finnegan
Sanford



I think it is wonderful. If she can make the cut, then she deserves to be there.
Norris Matthews
Orange City



If she can do it, then I don't have a problem with it.
Tom Beards
Lake Mary

Manager

Continued from Page 1

The list of eight finalists are:
 • **James Ross O'Connor** of Missouri. He earned a master's degree in business administration from Wilmington College in Wilmington, Del. He is currently the city administrator of St. Charles, Mo.
 • **Terry Dodd** of Missouri. He earned a master's degree in public administration from the University of Kansas in Lawrence, Kan. He is currently the city manager of Branson, Mo.
 • **Donald Norton** of Georgia. He earned a master's degree in public administration from West Virginia University in Morgantown, W.Va. and a master's degree in industrial relations from West Virginia College of Graduate Studies in

Huntington W.Va. He is currently the county manager of Troup County, Ga.
 • **Scott K. Schrader** of Florida. He earned a master's degree in urban and regional planning from Harvard University in Cambridge, Mass. He is currently the city manager of Avondale, Az.
 • **Frank Spence** of Florida. He earned a master's degree in public administration from the University of Michigan in Ann Arbor, Mich. He was the city manager of Miami Springs until last year.
 • **Danny Crew** of North Carolina. He earned a master's degree in urban and regional planning and a master's degree in public administration, both from Florida State University in Tallahassee. He also earned a

doctorate's degree in public administration from Nova Southeast University in Ft. Lauderdale. He was the city manager of Gastonia, N.C., until January 2003.
 • **Reid Silverboard** of Florida. He earned a master's degree in public administration from Florida International University in Miami and a master's degree in urban and regional planning from the University of Mississippi in Oxford, Miss. He is currently the city manager of Ft. Walton Beach.
 • **Robert Fernandez** of Florida. He earned a bachelor's degree in business administra-

tion from the University of South Florida in Tampa. He was the county manager of Osceola County until August 2002.
 During the meeting, commissioners will discuss scheduling interviews with the finalists and determine the selection process that will be used.
 Also on the agenda for Tuesday night (rescheduled because of the Memorial Day holiday) city commissioners will:
 • Discuss the proposed downtown Sanford conference center and hotel project.
 • Decide whether to award Bon Terre Group the landscape

maintenance contract at an annual cost of \$53,032.
 • Vote, during the second and final public hearing, whether to allow the proposed development of Magnolia Club, a residential townhome community. If approved, approximately 25.5-acres of private property will be annexed into the city and then re-zoned from agricultural to planned development to allow for the construction of the 114-unit townhome community.
 • Vote on whether to increase the fees for opening and closing cemetery graves.
Herald Publisher/Editor Dan Ping contributed to this story.

Williamson makes port visit to Guam

Navy Airman Glen J. Williamson, son of Gayle D. Lewis of Sanford, recently made a port visit to Guam while assigned to the aircraft carrier USS Carl Vinson, which is based in Bremerton, Wash.
 Williamson is one of more than 6,000 Pacific Fleet Sailors and Marines aboard the ships of the USS Carl Vinson Carrier Battle Group committed to maintaining peace and stability in the Western Pacific region.
 Williamson is a 2002 graduate of Seminole High School in Sanford. He joined the Navy in October 2002.

Marder

Continued from Page 1

relationship here." According to Interim City Manager Roger Dixon, Marder will earn additional money from the city, though the exact nature of the compensation is unclear. Dixon originally said Marder would be on retainer after June

30 to assist the city in its growth and development. Marder confirmed Dixon's statement, but neither he nor Dixon would divulge the amount of the retainer. Dixon later recanted, saying Marder would not receive a retainer, but would instead receive two months sev-

erance.
 "He has been a valued and loyal employee," said Dixon. "He has been around for a long time, and we will miss him."
 According to Dixon, Russ Gibson, the current land development manager, will step in as city planning director.

"He worked his way up the ladder and is extremely competent in planning and development and is well aware of the intricacies of the things we need to move forward in Sanford," said Dixon. "I'm looking forward to moving Russ in as director of the department."

Project

Continued from Page 1

whether to proceed with the proposal. He hopes the county commissioners will be as receptive and ready to take action. Commission will also,
 • View a 3-D presentation

and simulation of the proposed commuter rail system as it passes through Seminole County, including the cities of Sanford, Lake Mary/Seminole Community College, Fern Park and Altamonte Springs. The pre-

sentation will also include a model of existing and future traffic flow and the Sanford Amtrak Autotrain Station.
 • Decide whether to follow through with an agreement to purchase 2.9 acres located on

General Hutchison Parkway for \$220,000. The proposed deal is contingent on receiving a conservation easement of more than 1.8 acres located in Big Tree Park and owned by Fleet Financial Center, Inc.

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GLAD	HEAVER	AURA	
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Solution for Crossword, Page 2

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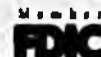
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Agenda for Tuesday, May 27, 2003, Sanford City Commission meeting

Sanford City Hall
300 North Park Avenue

WORK SESSION
4 p.m. in the City Manager's Conference Room, Second Floor

1. Interview of prospective Board appointees: (R-1)
A. Civil Service Board. Interview Lindsay Oyewale.
B. Planning & Zoning Commission. Interview Anthony W. Brown, Daryl G. Shofield, and Robert Begal.

2. Discussion re: City Manager Selection Advisory Committee recommendations.
3. Discussion re: selection of Underwriter for Bond refinancing (C-7)
4. Discussion of Regular Agenda Items, Add-On Items, and Other Items.
A. Mayor's briefing
B. Seminole County Convention Center/Hotel Project.
C. Interim City Manager's briefing

REGULAR MEETING
7 p.m. in the City Commission Chambers, First Floor

*** Presentation**
A. Issue Proclamation recognizing June 2-7, 2003, as Code Enforcement Officers Appreciation Week.
B. Adopt and present Resolution No. 1936 which recognizes the contributions of Patsy Mahany in her position as Vice President and Chairperson of Marketing and Fund Raising for the Sanford Airport Memorial Committee (SAMC).
C. Adopt and present Resolution No. 1937 which recognizes the contributions of Chief Warrant Officer Sean Mahany to the

Sanford Airport Memorial Committee in locating an excess U.S. Navy RASC Vigilante aircraft for display at a Memorial at the former Sanford Naval Air Station.

*** Approval of Minutes**
May 12, 2003 Work Session and Regular Meeting. Recommended by the City Clerk and the Interim City Manager.

Consent Agenda
1. Approve payments made during April 2003. Recommended by the Interim City Manager.

the Downtown Revitalization Plan for the City, on a fixed fee basis contract not to exceed \$5,000 without prior City approval; funds available in account number 001-1010-519-31-03. Recommended by the Interim City Manager.

14. Approve Change Order No. 3 from Michael R. Cooper Construction Company for unforeseen items required for A. A. "Mac" McClanahan Memorial Fire Station #2, in the amount of \$14,786.40; funds available in account number 001-3001-522-82-07 and 001-3001-522-46-03. Recommended by the Interim City Manager.

15. Approve piggy backing on existing Orange County contract to purchase pipe, pre-cast inlets, and related material for the 15th Street and Sanford Avenue Drainage Project, in the amount of \$62,436; funds available in account 402-4045-541-63-74. Recommended by the Interim City Manager.

Zoning Commission tabled the request until June 1, 2003. The Director of Planning & Community Development and the Interim City Manager recommend tabling until June 23, 2003. Ad published April 20, 2003.

Regular Items

1. Board reappointments/appointments: (WS-1)
A. Civil Service Board. The term of Kathryn Alexander expires June 30, 2003; she has been contacted and is willing to continue to serve on the Board. **NEED TO REAPPOINT/APPOINT.** Application on file from Lindsay Oyewale.
B. Code Enforcement Board. The terms of Robert Carway and Robert Begal expire June 30, 2003; both have been contacted regarding their willingness to continue to serve on the Board. **NEED TO REAPPOINT/APPOINT.**
C. Planning & Zoning Commission. The terms of Ross Robert, Brian Volk, and Bobby VonHarbut expire June 30, 2003; all have been contacted regarding their willingness to continue to serve on the Board. **NEED TO REAPPOINT/APPOINT.** Applications on file from Anthony W. Brown, Daryl G. Shofield, and Robert Begal.
D. Waterfront Master Plan Steering Committee. Gary Lowell resigned from the Board in February 2003, leaving vacant a term expiring June 29, 2004. **NEED TO ACKNOWLEDGE RESIGNATION AND EITHER APPOINT NEW MEMBER OR CONTINUE THE VACANCY.** The terms of Jerry Mills, Ed Posey, Olanjir Oyewale, Jami Meala, Cathay Boesert, and Sara Jacobson expire June 28, 2003; all have been contacted regarding their willingness to continue to serve on the Board. **NEED TO REAPPOINT/APPOINT.** There are no applications on file for this Board.

2. Adopt Resolution No. 1933 to amend the Classification and Pay Plan to read as follows: (1) Foreman position grade 14 to Field Supervisor grade 15; one (1) Equipment Operator II position grade 8 to Maintenance Worker III grade 9; Sign/Traffic Coordinator Position grade 14 to grade 15; and delete one (1) Maintenance Worker I position, all with the Streets Division of the Public Works Department. Recommended by the Human Resources Director and the Interim City Manager.

3. Adopt Resolution No. 1934 to increase fees for opening/closing graves spaces. Recommended by the Director of Parks & Recreation and the Interim City Manager.

4. Adopt Resolution No. 1935 to increase Emergency Medical Transportation Service fees. Recommended by the Fire Chief and the Interim City Manager.

5. Appeal of the Historic Preservation Board's denial of a Certificate of Appropriateness for a vinyl fence at 801 S. Magnolia Avenue; Tony Daniels, owner/applicant. Applicant notified May 9, 2003. The Director of Planning & Community Development and the Interim City Manager recommend upholding the denial of the Certificate of Appropriateness.

6. Appeal of the Historic Preservation Board's denial of a Certificate of Appropriateness for 30 vinyl windows at 1119 Magnolia Avenue; Cheryl G. Turner, owner/applicant. Applicant notified April 15, 2003. The Historic Preservation Board recommends upholding the denial of the Certificate of Appropriateness; the Director of Planning & Community Development and the Interim City Manager recommend Commission action as deemed appropriate. This item was tabled May 12, 2003.

Public Hearings
1. Re: 25.456+ acres of property lying between East Lake Mary Boulevard and Pine Way and between Metterville Avenue and Andrews Road (R/S Andrews Road) (Magnolia Park PD, Phase II); Kenneth A. Burke, Rebecca F. Burke, Deborah C. Neukam, Mary K. Moxon, Jessica B. Middlemas, Patricia B. Veselko, et al., owners; Berry J. Walker, applicant/authorized agent.

A. Second reading and adoption of Ordinance No. 3760, to annex the property. Recommended by the Interim City Manager. Ad published May 14 and 21, 2003.

B. Second reading and adoption of Ordinance No. 3761, to rezone the property from AG, Agriculture, to PD, Planned Development, based on consistency with the existing Medium Density Residential comprehensive plan designation, and subject to conditions and Development Order No. 02-0038. Recommended by the Interim City Manager. Ad published May 14, 2003.

2. Second reading and adoption of Ordinance No. 3762, to reestablish a temporary moratorium on the review and extending consideration of applications for approval of multifamily residential dwelling units. Recommended by the Interim City Manager. Ad published May 14 and 21, 2003.

3. Re: 5.48+ acres of property lying between West B.F. 46 and West 6th Street and between Aero Lane and South White Cedar Road (2625 West 1st Street)(Consolidated Investment Properties, Inc., and Albert J. Light, owners; Robert G. Dello Russo, as President of Consolidated Investment Properties, Inc., and Albert J. Light, applicants).

A. Second reading and adoption of Ordinance No. 3763, to annex 2.88 acres of the property. Recommended by the Interim City Manager. Ad published May 14 and 21, 2003.

B. Second reading and adoption of Ordinance No. 3764, to rezone the property from GC-2, General Commercial, to PD, Planned Development, with conditions and Development Order No. 03-0024. Recommended by the Interim City Manager. Ad published May 14, 2003.

4. First reading of Ordinance No. 3765 to rezone 34.5 +/- acres of property lying between Washington Street and S. Fl. 46 and between N. Cameron Avenue and Beardsall Avenue (2305 Beardsall Ave.)(Florida Educators); Leifer Company, owner. At the request of the property owner, the Planning &

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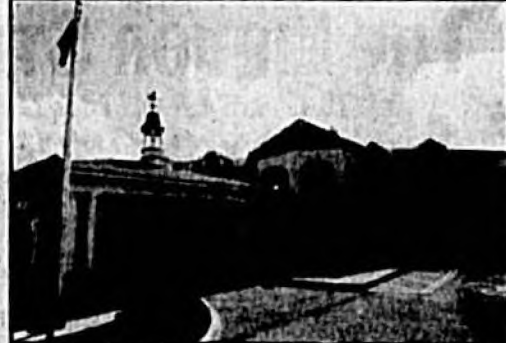
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Sports

Inside:

CLASSIFIEDS 16-18
CROSSWORD 18

theBIGS

Weekly stats for
Seminole County's Major
League Baseball players

Orlando High School's

**MARK
BELLHORN** 3B

Chicago Cubs

ab	r	HR	rbi	avg.
112	24	13	22	.214

• Off to a slow start after a super 2002, hitting just .214 and being relegated to mostly pinch-hitting duties. Had walk-off game-winning home run against Cardinals last week.

Seminole High School's

**DAVID
ECKSTEIN** SS

Anaheim Angels

ab	r	HR	rbi	avg.
181	47	26	13	.260

• Got off to a very slow start at the plate but has gotten back on track, including going 3-for-4 with a double and an RBI on Thursday.

Lake Mary's

**DANNY
GRAVES** P

Cincinnati Reds

w	l	era	ip	bb	era
3	2	0	20	17	4.91

• Is 3-2 with a shut out in nine starts in his new role as a starter for the Reds, who have emerged as a player in the NL Central Division race.

Lake Brantley High School's

**FELIPE
LOPEZ** SS

Cincinnati Reds

ab	r	HR	rbi	avg.
158	38	24	12	.214

• Is starting to come around at the plate and in the field after a slow start and will be getting a lot of playing time as Barry Larkin has again gone on the disabled list.

Sanford Middle School's

**COREY
PATTERSON** CF

Chicago Cubs

ab	r	HR	rbi	avg.
172	54	29	36	.314

• Is beginning to show signs of being the player that was taken in the First Round of the draft. His power, speed and good defense has helped the Cubs into first place in the National League Central.

Lake Brantley High School's

**JASON
VARITEK** C

Boston Red Sox

ab	r	HR	rbi	avg.
117	32	21	6	.274

• Off to a good start hitting .274 with six home runs and 22 RBI for a Red Sox club that is battling the powerful New York Yankees for the lead in the American League East.



Lake Brantley scores the first goal of the game during the 12-10 victory over St. Edward's School in the State Girls Lacrosse Championship Game at Disney's Wide World of Sports complex earlier this month.

State Champs

Lake Brantley claims girls' Lacrosse title

By Dean Smith
Sports Editor

LAKE BUENA VISTA — It may have gone unnoticed by most local sports fans, but Seminole County has another state champion.
The Lake Brantley High

School girls lacrosse team capped off an outstanding campaign with an exciting, 12-10, victory over No. 2 state-ranked St. Edward's School from Vero Beach in the State Championship Game at Disney's Wide World of Sports complex.

In fact, it was the second state title in three years for coach Karen Shellhammer's Patriots, who were ranked No. 1 in the State Poll and posted a sparkling 18-1 record this season, the only loss coming in a
See Lacrosse, Page 12

Smith wins at Alaquia

Special to the Herald

LAKE MARY — Walter Smith of Alachua broke open a tight match by winning the 11th and 14th holes Thursday enroute to a 2 and 1 victory over Todd Howard of Orlando in the finals of the 17th annual North Florida PGA Match Play Championship at the Legacy Club at Alaquia Lakes.

Howard led twice but never by more than one hole, when Smith bogied the second and ninth holes. But then Smith won the 10th hole to pull even a second time, the 11th with birdie and the 14th with par for the lead and they halved the next three holes, giving the win to the pro from Plantation Oaks.

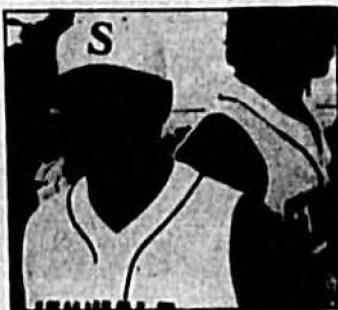
The tournament opened on Tuesday with defending champion Joe Gutterman of Palm Coast routing Ed Slattery of Ormond Beach 6 and 5 in the second round, but he was ousted in the third round by John O'Leary of Ocoee.

On Wednesday, Smith of Alachua made a routine two-putt par-4 on the first extra hole to outlast 1999 Match Play champion Bill Shriver of Winter Haven.

Other advancing by winning two matches Wednesday were Todd Howard of Orlando, Rod Perry of New Smyrna Beach and Terry Woodard of Lake Mary.

In the semifinals Thursday morning, Smith outlasted Perry, winning on the 22nd hole, and
See Golf, Page 12

Raiders in the Rockies



Herald photos by Tommy Vincent

Head coach Mike Nicholson (above) and the State Champion SCC baseball team (top) were given a nice sendoff to Grand Junction, Colorado on Tuesday, including getting a banner signed by fans (far right) to take with them. The Raiders (41-19) will face Southern Nevada (50-9) today (Saturday) at 5 p.m. (3 p.m. MDT). Local fans can obtain more information, including listening to a live broadcast, by logging onto www.jucogj.org, the official website of the World Series.



Raiders softball finishes third

By Dean Smith
Sports Editor

KISSIMMEE — The Seminole Community College softball team concluded one of its best seasons ever recently with a third place finish in the State Tournament at the Osceola Softball Complex in Kissimmee.

The Raiders (47-16) won their first two games, but then dropped their final two, with all four games being decided by one run.

"Even though we fell short of our goal of winning the State Championship, we still had a great tournament," said SCC head coach Courtney Miller. "These kids hung in there all year and this was the most enjoyable team I have ever coached."

"At the tournament there were so many people from other teams rooting for us, mainly because they liked the way these kids played hard and how they enjoyed the game and had fun."

The Raiders got a glimpse of things to come in the opening game as Miami-Dade Community College matched zeroes with locals through six innings.

In the top of the seventh, Lake Mary's Carlee Wood led off with a bunt single and advanced to second one out later on a sacrifice bunt by Lori Schnepf. Winter Springs' Kristen Schrupp then singled hard to center and Wood could only get to third.

Oviedo's Katie Field then bunted and reached safely on a throwing error, allowing Wood to score the game's first run.

All-American pitcher Lacey Swarhout, who would pitch every inning of the tournament for

SCC because of an injury to No. 2 starter Holly Lacko, was not about to let the victory slip away, allowing only a hit batter in the bottom of the seventh to secure the 1-0 win.

Swarhout threw yet another one-hitter in the game, did not walk a batter, and struck out seven, moving her past the 300 mark for the season.

Schrupp had three of the four Raiders hits, with Wood getting the other and scoring the run.

Then came the game to end all games as SCC met up with Mid-Florida Conference rival Lake City Community College, the many-time conference and national champion.

Swarhout and Timberwolves starter Andrijaszyn matched each other pitch for pitch through 11 scoreless innings before Lake City finally broke through for three runs in the top of the 12th.

But Wood again ignited a Raiders rally, leading off the bottom of the 12th with a double.

After moving over to third on a wild pitch, Wood scored SCC's first run on a ground out by Lacko, who was limited to designated hitter duties as she continued to recover from a broken foot.

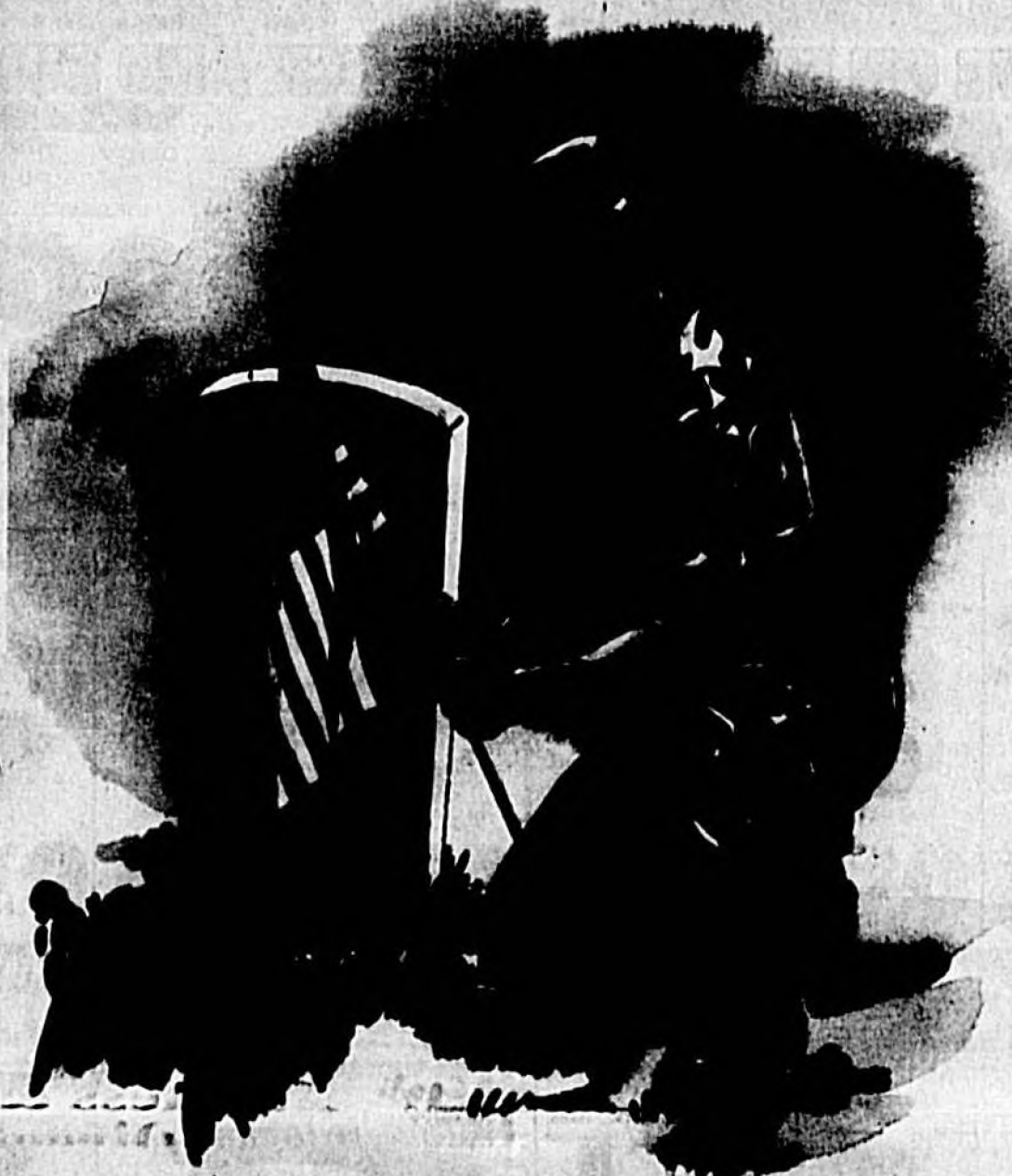
Winter Springs' Melanie Pace then walked and Schrupp followed with a single. Field walked to load the bases, but the next batter flew out, leaving the Raiders down two runs with only one out left.

Lake Mary's Ashley Bitzer, who was forced to catch the whole tournament because of an injury to leading hitter Megan Miller, came through like she had so many times in clutch situations this
See Softball, Page 13



Seminole Community College third baseman Kristen Schrupp hit .412 and was named to the All-District and All-Region VIII tournament teams.

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Dancing dynamos

Competitive SODA Pops find winning formula

By Michelle Jeris
Managing Editor

Sisters Miriam Doktor and Valerie Weld, owners of Miriam and Valerie's School of Dance Arts, decided a few years ago to try a new dance formula. After 36 years of having "pick up" groups form the studio's SODA Pops (School of Dance Arts Performers on Parade), they decided to invite certain students to attend weekly classes specifically geared for the performance group.

The new formula worked. Through weekly classes, SODA Pops dancers have been able to concentrate on choreography, prepare for community performances and raise their level of participation in competition. The result — a list of national and international awards and accolades, including this year's Florida Invitational Miss Dance presented to SODA Pop Dion Leonhard.

Weld attributes the group's success to hard work, classical training and keeping her students centered. All of this gives her dancers the edge in competition. "I think we

do so well because we teach the classical form of dance that gives them a strong technical background," Weld said. "That's all there is to it."

"We also try to keep our dancers centered," she said. "They know they have to reach hard for what they want and that we can't just give it to them. They have to work at it."

It's a philosophy the students follow. Seventeen-year-old Leonhard is an example of working hard and achieving goals. Along with the title 2003 Miss Dance, she was named Dance Masters Miss Dance for 2003 and Access Broadway's Broadway Diva — and that's only 2003's list of accomplishments.

Leonhard began dancing 13 years ago when her mother was looking for something fun for her daughter to do. Today, she practices at least five hours each day on her choreography and dance maneuvers.

"I don't think my mom dreamed it would go this far," Leonhard said. "But, I love dancing. I can use it to express how I am feeling. I use it to praise God and thank Him for giving me a talent."

Leonhard hopes her God-given talent and hard work will help her become a member of Ballet Magnificat, a Christian ballet company in Mississippi. This summer, as like the past two summers, she will attend an intensive summer workshop sponsored by the company.

"They use dancing to bring glory to God,"

See Dancing, Page 28



Pictured above and right, three of Valerie and Miriam's School of Dance Arts Performers On Parade (SODA Pops) took a few minutes from their day to discuss dancing and pose for photographs. At right, from left, are Dion Leonhard, Drew Stanley and Shelby Fletcher. The trio are also photographed in their performance stiles above and right. The three have all won prestigious awards and are planning a future in dance. They are also all home-schooled students.

Group photo by Tommy Vincent/
page layout by Michelle Jeris

Dancing

Continued from Page 1B she said. "Their performances are so incredible."

Many of the SODA Pops see a future in dancing. For 12-year-old Shelby Ratchford, the goal is to eventually dance with the American Ballet Theater in New York City.

She may be well on her way of achieving that goal. This summer she has auditioned for and been accepted to five prestigious summer programs. She will attend the Cedar Lake Dance Ensemble program in Missouri and the North Carolina School of the Arts program in Charlotte. She has also been cho-

sen to participate in casting director Peter Skylar's summer workshop in upstate New York.

Dancing, however, isn't just about a list of prestigious awards and workshops for Ratchford. It's a way to forget about a bad day.

"When I dance, I feel very free, and all my stress goes away," she said. "If I've had a bad day, I go in dance and I forget all about it. Dancing is in my heart, and I love it."

Although 13-year-old Drew Stanley is a relative newcomer to the world of dance — he began dancing four years ago — he already knows it will be a part of his future. His goal is to make it to Broadway after he

goes to college and serves in the U.S. Navy as a pilot.

"I want to be a pilot and serve my country," he said. "I can take a pair of tap shoes with me and dance on deck."

One of the few male SODA Pop dancers, Stanley has already been recognized by his peers. He is the current titleholder of Florida's Male Rising Star and won numerous gold medals at the Florida Invitation competitions and Access Broadway.

The list of award-winning SODA Pop dancers and their accomplishments is pages long. It's not exclusive, however, to the students at School of Dance Arts. This year,

Weld was voted Teacher of the Year by participating teachers at the Florida Invitation Dance Competition. It was the second year in a row the studio received the award, since Doktor received it last year.

As a result of the group's success, SODA Pops are invited to perform at numerous community events locally, nationally and internationally, including China. It's a way for the dancers to give back to the community and to help them become well-rounded performers.

"Competing is a very small part of what we do," Weld said. "A dancer can't be a wonderful dancer by being

in a classroom training all the time.

The senior SODA Pops — there are four groups, including the mini-pops — will be performing at the Orlando Science Center on May 31 as part of the grand-opening ceremony for its theater and the premier of the movie "Pulse: a STOMP Odyssey." Although the Orlando event is closed to the general public, the SODA Pops can also be in performance during their annual recital Saturday, June 7, and Sunday June 8. Performances are at 2 and 7 p.m. Saturday, and 2 p.m. Sunday in the Winter Springs High School auditorium, 130 Tusakawilla Road. For tickets, call 407-323-1900.

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*Offer based on first visit enrollment. 12 mo. c.d. program. 8 referrals are required for a free look. Valid only at participating locations.

Community Notes

Volunteers Needed

Thrift store volunteers are needed to assist customers, sort and hang clothing and display merchandise at The Christian Sharing Center in Longwood. Other volunteers are also needed, including cashiers, estate sales workers, jewelry coordinators, etc. Great opportunity for high school students to receive scholarship hours during summer break. Choose hours to fit your schedule. For more information, call 407-260-9155, ext. 14.

Summer Food Service Program

The Sanford Recreation Department will sponsor a Summer Food Service Program during the months of June and July. The program is similar to the National School Lunch Program and provides nutritionally balanced meals to needy children during the summer vacation when school breakfasts and lunches are not available. All children 18 years old and younger are eligible for meals at no charge. The programs are approved for geographical areas of need where 50 percent or more of the children qualify for free or reduced meals during the school year. The following site will participate: Sanford Civic Center, 401 E. Seminole Blvd., in Sanford.

Summer Food Service Program

Prospering, Believing & Learning to Live Again will sponsor a Summer Food Service Program from 9 to 10 a.m. and noon to 1 p.m. May 29 through Aug. 1. The program is similar to the National School Lunch Program and provides nutritionally balanced meals to needy children during the summer vacation when school breakfasts and lunches are not available. All children 18 years old and younger are eligible for meals at no charge. The programs are approved for geographical areas of need where 50 percent or more of the children qualify for free or reduced meals during the school year.

The following sites will participate: Neighborhood Pride II, 1324 Oleander Ave., Sanford; Youth Under the Shadow, 291 Denise St., Sanford; Someone Who Cares, Midway Avenue, Sipes Avenue and Broadway Avenue, in Sanford; Minister Bell - God's Children, 2135 South St., Oviedo; Block Parties (Saturday's only), 900 W. Ninth St., Sanford; Bentley & Wilson Playground, 701 Orange Ave., Sanford; Academy Manor, 152 Academy Ave., Sanford; Healing, Help, Outreach, 900 W. Ninth St., Sanford; Seminole Garden Apartments, 1600 W. Fifth St., Sanford.

Wheelchairs Available

The Three Wishes Program makes electric wheelchairs available to qualifying senior citizens and permanently disabled individuals at no cost to the recipient. The wheelchairs are provided to those who cannot walk and cannot self-propel a manual wheelchair in their home. Recipients must also meet the additional guidelines of the program. No deposit is required. For more information, call 1-800-451-0971.

Pine Crest honors Ramona Bowden Manning

The "click" in her heels, the sound of her voice, the compassion in her heart, the language of her hands, the aura of her countenance depicts this woman of exceptional skills — Ramona Bowden Manning.



Marva Hawkins

Manning is not only a wonderful and loving teacher, she is a loving wife and mother. She has been married for 36 years to her devoted spouse, Ernest Manning. They have one son, Craig, who lives in Aiken, S.C., with his wife, Kimberly.

Manning has had a great impact on many children during her illustrious 38 years in the teaching profession. Her first job as a teacher was in 1965 at Andrew J. Gibson in Titusville. She has also taught at Bookertown Elementary and All Souls Catholic School. Pine Crest Elementary has been graced with her unique teaching skills since 1968, and on May 14, a retirement celebration was held.

Manning's ability to nurture and her belief that all children can learn has a direct correlation to the educational foundation she received from the Seminole County Public Schools — Hopper, Goldsboro and Crooms High. Further academic enhancement was received from Benedict College in 1965 with a bachelor of arts in elementary education and in 1976 with a master of arts degree from South Carolina State College, which is now South Carolina State University.

Manning has been lauded throughout the Central Florida community for her interest in the development of humankind, especially the youth. Accolades are extended to this humble citizen.

The faculty, students and

staff honored Manning on May 14, with a program of thanks. Dr. Carol Chanter presided and gave the welcome and occasion.

Manning was all smiles throughout the afternoon, as she was graced with many surprises of honor from the second grade, a tribute, "She Taught Them Well," by Barry Liebovitz.

Presentations were made by the Pine Crest kindergarten, first, third and fifth grades, special area teachers, ESE class and the cafeteria staff, who is responsible for the delicious food at the reception held in Manning's honor.

Entertainment inspired the hearts, as Stephanie Hicks sang, "I Am Everything, I Am Because You Love Me." And, an inspirational dance was performed by Sharica Sharp to the selection "I Believe I Can Fly." An afternoon of love was shared with all, as Ramona enjoyed an hour of honor, love and appreciation from her students and peers.

Goldsboro Asthma Task Force held its first Breathe Easier Rally Saturday, May 10, at the West Sanford Boys and Girls Club, the site of fun, food, information and a wealth of knowledge. The American Lung Association, Central Florida Asthma Initiative and Central Florida Asthma Consortium gave information to the families, who attended to receive information about how people with asthma can detect, control and live with it.

Various partners distributed information and goodies that are useful to them. The taskforce's goals are to continue to develop partnerships to assist families in the areas and to cre-



Principal Chanter presents Ramona Manning with a gift on behalf of the Pine Crest family.

ate indoor home environment to avoid asthma triggers. The celebration was of Asthma Awareness Day, Tobacco and Smoke Free Awareness and Ozone Awareness.

The Goldsboro Asthma Task Force mission is to provide the Goldsboro community with the education, tools and resources to decrease the morbidity (illness) and mortality (death) related to asthma through positive promotions of health. Representative are from the Goldsboro Front Porch, Florida Department of Environmental Protection, Central Florida Asthma Initiative, the state Department of Health, the state Department of Health Care Administration, the state Department of Children and Families, the University of Central Florida and the American Lung Association.

The vision is to empower the Goldsboro Community to live a healthy, free life. For information, call 407-302-1377 or 407-647-7880.

Deacon Loman Oliver Jr., will preach his trial sermon and receive his license 5 p.m. May 25, at the St. Paul Missionary Baptist Church. The community is invited.

Installation service for Pastor Dr. Joseph Martin of St. John Metropolitan Baptist Church, located at 920 Cypress Ave., will be held Sunday, May 25, beginning at 11 a.m. The speaker will be the Rev. John W. McKenzie, dean of the congress of Christian Education for the Florida General Baptist Convention. At 4 p.m., the Rev. Alfred L. Pugh, retired

pastor of First Baptist Church of Piney Grove in Fort Lauderdale and former president of Hampton Minister's Conference, will give a sermon.

Harbor Literacy and Learning students displayed a natural talent for the game of golf. In a collaborative partnership, Seminole County Sheriff's Department began sponsoring students at the Lake Mary Driving Range under the directorship of Dave Vander Lende.

Investigator Bernard Hartner organized the golf clinic with talented pro golfer Charles Foster, who displayed his skills and assisting students. He combines his liking for people and his skills for golf, caricature art and close-up magic into a highly entertaining golf lessons.

Marquis Grooms, a Harbo student, will be the next Tiger Woods. This can be a reality with Marquis' determination, talent and encouragement from parents, Investigator Ben Hartner, Dave Vander Lende, Charles Foster, James Clark, David Hall and Elizabeth Graham, Harbor's director. These individuals recognize the talent displayed by Marquis, and they have made a commitment to provide the encouragement needed for him to pursue his goals.

The Harbor Literacy and Learning Centers, initiatives of Seminole Public Schools and Sanford Housing Authority, provide individualized computer lessons, homework assistance, home visits, follow-up referrals from schools, parenting classes and other activities as an extension to the school day.



The faces of asthma clearly injure people and kids about the help they can receive in coping with asthma.

Church Notes

Pastor's Anniversary
Sound Doctrine Church of God, located at the Deltona Community Center on Lakeshore Drive, will host a pastor's anniversary event at 6:30 p.m. Friday at the Deltona Hills Golf & Country Club. Tickets are \$25 for adults, \$10 for children age 6 to 10, and free for children 5 and under. For tickets or more information, call Robin Black at 407-323-1565 or Tammy Fossitt at 407-324-2646.

Conference
House of Refuge Ministries will host "2003 Is the Time to be Free," an apostolic and prophetic outpouring conference, through Saturday. The event will feature Apostle Henry Hankins of Jackson, Miss., and Prophet Earl Fries of Richmond, Va. Service times will be 7:30 p.m. nightly and 10 a.m. May 24. House of Refuge Ministries is located at 1001 Celery Ave., in Sanford. For more information, call 407-324-4711.

Fund-raiser
The college ministry, CrossRoads, of Community United Methodist Church will be preparing and selling Boston pork butt roast to help celebrate the Memorial Day weekend. Place orders with Scott Russell at 407-831-3777. Roasts will be ready for pickup at 9 a.m. Sunday. Community United Methodist Church is located a half mile north of State Road 436 on U.S. Highway 17-92 in Casselberry.

Inauguration
Inauguration and installation services for the Dr. Joseph D. Martin and First Lady Mrs. Kathlene Martin will be held Sunday at the St. John Metropolitan Missionary Baptist Church, located at 920 Cypress Ave. Dr. Alfred L. Pugh, former president of the Hampton Virginia Minister's Conference and retired pastor of the First Baptist Church of Piney Grove in Fort Lauderdale, will deliver the sermon for the 4 p.m. service.



First Presbyterian Church Of Lake Mary

128 W. Wilbur Ave.
Lake Mary
Rev. Stephen Horrell,
Pastor



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Scott Garrett Children's Ministry Pastor
Kathy Williams School Principal
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Sunday Evening Service 6:00 p.m.
Wednesday Bible Study & AWANA 7:00 p.m.
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Youth 407-322-6322
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Rev. Tom Smith Pastoral Care
Rev. Richard Wagoner Music Director
Rev. Mark Williams Student Minister
Adam Wilcox Intern Student Ministry
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Sunday Morning Worship 10:30 a.m.
Sunday Evening Worship 6:00 p.m.
Wed. Activities for all ages 8:30 p.m.
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3101 W. SR 44
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(407) 322-2914
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Rusty Aable Associate Pastor
David M. Thomas Minister of Music/Song
Adults
Jim Pagan Minister of Youth Families
Sunday Services 8:45 a.m.
Sunday School 9:30 & 11:00 a.m.
AWANA 8:00 PM - 7:00 PM
Evening Worship 6:00 p.m.
Wednesday Services 6:30 p.m.
Wed. Prayer Service 6:15 p.m.
Children's Choir 6:30 pm
Youth Services 6:30 pm

FIRST BAPTIST CHURCH OF LONGWOOD
881 State Road 434, East Longwood, FL 32780-6384
(407) 338-3817
Reverend Chris Whaley - Senior Pastor
Sunday
Bible Study 9:45 a.m.
Worship 11:00 a.m.
Wednesday
AWANA/Youth 6:15 p.m.
Discipleship Training 7:00 p.m.
Pastor's Bible Study 7:00 p.m.
Adult Choir 8:00 p.m.

FIRST BAPTIST CHURCH MARSHALL WOODS
5400 Marshall Woods Road
Lake Mary, FL 32748
(407) 333-1085
Dr. Bob Parker Pastor
Kath Vincent / Nick Parker Co-Youth Workers
Sunday
Coffee and Donuts 9:30 A.M.
Bible Study 9:45 A.M.
Worship 10:45 A.M.
(Children's Church Provided)
Children's Awana Club 5:30 P.M.
Worship 7:00 P.M.
Wednesday
Church Family Dinner 6:00 P.M.
Prayer and Bible Study 7:00 P.M.
Youth Meeting
Children's Choir and Team Kid Clubs
(Nursery provided all services)

GRACE BAPTIST CHURCH
819 Longwood Hills Rd.
Longwood, FL 32750
407-385-3686
Pastor Dave Thompson
Sunday School 9:30 am
Morning Worship 10:45 am
Evening Worship 6:00 pm
Wed. Eve Service 6:30 pm

LIGHTHOUSE BAPTIST CHURCH
8815 MARSHALL ROAD
Sanford, Florida 32771
(407) 828-4400
Randy Walker Pastor
Sunday School 9:45 a.m.
Morning Worship 10:30 a.m.
(Ch. Church for Children ages 3 thru grade 6) 8 p.m.
Evening Worship 6:00 p.m.
Wednesday
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Sanford, Florida 32773
J. Earl Welch, Pastor
Church Office (407) 323-3737
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Wed. Mid-Week Worship 7:00 p.m.
Wed. Children's Church 7:00 p.m.
www.phoenixbaptistchurch.org

JORDAN BAPTIST CHURCH
880 Upstate Rd., Sanford
323-9076
George Studd Pastor
Sunday School 10:00 a.m.
Morning Service 11:00 a.m.
Evening Service 6:00 p.m.
Wednesday Service 7:00 p.m.
Old Time for a New Day

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Scott Todd College and Career Pastor
Andrew Jenkins Student Ministry Pastor
Scott Garrett Children's Ministry Pastor
Kathy Williams School Principal
Sunday All Services: 8:45 a.m. & 11:00 a.m.
Bible Study 10:00 a.m.
Sunday Evening Service 6:00 p.m.
Wednesday Bible Study & AWANA 7:00 p.m.
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Try a little kindness if you know any single parents in need

QUESTION: There are several single parents in my church who seem to be so needy. I would like to help them, but honestly, I am barely able to do everything necessary to care for my own family. What responsibility do you think I have to help these other families?



James Dobson
"Focus on Family"

DR. DOBSON: Everyone is busy today. I don't know any families that aren't experiencing fatigue and time pressure. None of us need new things to do, certainly, but I do believe it is our duty to reach out to those who are going through hard times. This is especially true of sin-

gle parents because their vulnerable children are the ones that suffer. Many years ago, my wife, Shirley, was working around the house one morning when a knock came at the front door. When she opened it, there stood a young woman in her late teens who called

herself Sally. "I'm selling brushes," she said, "and I wonder if you'd like to buy any." Well, my wife told her she wasn't interested in buying anything that day, and Sally said, "I know. No one else is, either." And with that, she began to cry. Shirley invited Sally to come in for a cup of coffee, and she asked her to share her story. She turned out to be an unmarried mother who was struggling mightily to support her 2-year-old son. That night, we went to her shabby little apartment above a garage to see

how we could help this mother and her toddler. When we opened the cupboards, there was nothing there for them to eat, and I mean nothing. That night, they both dined on a can of spaghetti. We took her to the market and did what we could to help get her on her feet. Sally is obviously not the only single mother out there who is desperately trying to survive in a hostile world, and they could sure use a little kindness — to have someone baby-sit, to have a meal brought over, to have someone repair the washing machine, or just

show a little thoughtfulness. Raising kids alone is the toughest job in the universe. Can you find it in your heart to baby-sit for that single mother one afternoon a week? Or maybe you can fix extra food when you cook and take it over some evening. Imagine what that kindness will convey to a mom or dad who comes home exhausted and discovers that someone cares about his or her little family! Not only will it bring encouragement to the parent, but one or more children will bless you, as well.

Native Asian plant thrives throughout Central Florida

Podocarpus are evergreen trees native to China and Japan that thrive well throughout the state of Florida because they are very cold hardy. Of the numerous species, Podocarpus macrophylla or yew podocarpus and Podocarpus nagi are the most common species grown in this region. With proper pruning, these trees become one of the most beautiful hedge plants.

noticeable. Male and female flowers grow in separate plants.



Al Ferrer

The fruit is berry-like, purplish, and the fleshy part is about one-half inch in length. The green seed is attached to this fleshy stem. The fleshy stem is edible but the foliage has been considered somewhat toxic to some animals, especially cats.

Culture

Best growth can be expected when plants are set in a well-drained, improved soil, in sun or partial shaded location. Plants should be set at the same depth they were grown in containers or field. A saucer-shaped depression around the plant is desirable to retain water. Plants should be watered daily for a few days by filling the depression, and then only as needed to prevent wilting.

Container grown plants can be set out at any time. Field-grown plants with their root balls wrapped in burlap

may also be transplanted successfully at any time. However, large, field grown plants are difficult to move and may not survive without previously pruning their roots.

Many growers will not sell these large field-grown plants immediately after digging. They will carry these plants for a few weeks to harden them off and to determine if they will survive. Because of this problem, it usually is best to transplant large plants during the cooler season-fall, winter and spring.

Trees are fertilized according to their size. Trees with less than a 6-inch trunk diameter will require 2 to 3 pounds (4 to 6 level coffee cups) of a 6-6-6 type fertilizer or its equivalent, per inch of trunk diameter per year. Trunks over 6" in diameter will require 5 pounds (10 level coffee cups) of fertilizer per inch of trunk diameter per year. The fertilizer should be split in two or three applications.

These trees are very sensitive to magnesium deficiency;

therefore this plant nutrient should be included in your yearly fertilization program.

Use

Trees will grow into fairly large trees if permitted to grow naturally. Thus they will make good specimen plants or may be used for tall hedges or screen plantings. Yew podocarpus has been used to a great extent in foundation planting and as a hedge.

In both cases, frequent shearing will be required to prevent overgrowth in their location.

If not pruned, it can grow up to 50 feet height. Podocarpus foliage has also found use in flower shops floral designs. There are commercial growers that produce these plants specifically for the florist use.

Propagation

Plants can be started from seeds or cuttings. Seeds often are found sprouting while still attached to the fleshy stalk on the plant. Four to six inches tip cuttings is another

means of producing new plants. Cuttings require 10 to 12 weeks to produce roots.

Pest and Diseases

Scale insects on twigs or leaves can affect this plant. Fungi may cause leaf spots, and in severe cases, affected foliage will drop prematurely. Control consists of sanitation and fungicide applications. Root rot, a disease affecting the plant root system can eventually cause its death. No chemical control is available.

Sanitation will help prevent or delay root rot. Some plant parasitic nematodes can affect the plant root system causing gradual plant decline and eventual death. No chemical product to control this problem is available to the homeowners.

Al Ferrer is Seminole County Urban Horticulturist. Inquiries may be directed to him at the Cooperative Extension service, 280 W. County Home Road, Sanford, FL 32773, call 888-8888 or e-mail aferrer@cs.seminole.fl.us All Seminole County Cooperative Extension services are open to all regardless of race, color, sex, handicap or national origin.

The plant

Yew podocarpus is the most common specie. It is capable of attaining a height of 50 feet or more. Its willow-like leaves are dark green above and paler beneath with a very noticeable mid-rib. Leaves may reach four inches in length and about one fourth of an inch in width.

Male flowers are yellow, catkin-like and will gradually turn brown and fall to the ground. Female flowers are greenish in color and not too

Liberty Service Unit holds annual bridging ceremony

On Friday, May 16, the Liberty Service Unit of Girl Scouts held their Annual Bridging Ceremony. Bridging is a girl's journey from one level of Girl Scouting to the next. Each girl at the ceremony had participated in several steps as part of her "bridging readiness".

States has a religious recognition that Girl Scouts and Boy Scouts can earn. Four girls in the Liberty Service Unit, Nicole Agnello, Kelly Bucher, Jade Loneli and Nataasha Guzman, earned "I Live My Faith," the Catholic religious recognition for 9 to 12 year olds. The program took almost four months to complete. The girls did many activities for the program. They participated in a Sunday mass with their parents, put together a food basket for a needy family during the holidays, visited a nursing center to spend time



Mary Rowell

Bridging is also a chance to recognize special accomplishments of bridging troops.

There is only one non-Girl Scout recognition that can be worn on the front of a Girl Scout vest or sash. Almost every religion in the United

with the elderly and prepared Valentine's Day cards to send to the nursing center.

This is the second year that the Bronze Award has been available for juniors to earn. Three junior troops bridging to Cadettes were recognized for earning their Bronze Award. Junior Troop 512 donated 91 handmade stuffed animals for the children at Arnold Palmer Hospital. They learned new sewing skills and made many of the animals themselves. They also created kits containing instructions and materials for other troops to help in this service. Junior Troop 1104 split into three separate groups for their Bronze project. Jessica Cranias, Taylor Caysonis, and

Ashley Morris collected pet food and supplies and donated them to the Humane Society of Seminole County. Leslie Weitermann, Krista Stickle, and Tricia Hays also collected pet food and supplies and donated them to Pet Rescue. Kristen Williamson, Karen Lambert, Lauren Grimms, and Victoria Amato landscaped the front of the Outreach Rescue Mission in Sanford, a shelter for women and children. Junior Troop 1277 collected food donations for the Christian Sharing Center. In all, five Daisy troops (that's Kindergarten), four Brownie troops and four

See Rowell, Page 7B

Chesser earns rank of Eagle Scout

Stephen Chesser, 17, a senior at Lake Mary Preparatory School, has earned the rank of Eagle Scout in Venture Crew 529, chartered by the Markham Woods Presbyterian Church.

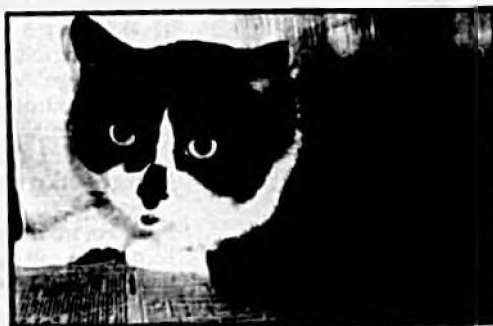
Chesser's Eagle project was performed at Pace-Brentley Hall School. His project included designing, landscaping and mulching the school's library building, located at 3221 Sand Lake Road in Longwood. The planting materials provided a sound barrier for the library and helped enhance the appearance of the property.

Chesser began his scouting career as a Tiger Cub with Troop 854, chartered by the Holy Cross Lutheran Church in Lake Mary. He earned the Arrow of Light Award, 27 merit badges, Den Chief Award, and the University of Scouting award. He was also a member of the Order of the Arrow. Chesser held many positions of leadership in Troop 854 including librarian, scribe, troop historian, and assistant patrol leader, as well as treasurer in Venture Crew 529.

He was active in the community and performed more than 170 hours of community service hours during his high school years. He was especially active with Habitat for Humanity and the Christian Sharing Center. Chesser will graduate from Lake Mary Preparatory School in May 2003 and will attend the University of North Florida in the summer.

THE SEMINOLE HERALD'S ...

Pet of the Week
Wiley



Wiley, a 6-year-old, neutered male DMH, is looking for a good home. Although Wiley's friends at the SPCA of Central Florida in Seminole County — where he's lived since April — will miss him, the feline is looking for a new home where he can have his black and white coat brushed, along with his head, ears, chest and tail scratched. He is very playful and likes to knock around juggle toys. His friends at the shelter say Wiley really wants to find a nice home where he can be somebody's lap cat. He is litter trained and is good with kids who are at least 10 years old. He also likes to have other cats around him.

To adopt Wiley, call the Humane Society of Seminole County at 407-323-8685 or visit the facility at 2800 County Home Road in Sanford.

HSSC
Humane Society of Seminole County Inc.

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Husband living seperately won't agree to legal seperation

DEAR ABBY: I am more than 60 years of age and have been married 25 years. My husband and I have been living apart for five years, but he will not agree to a legal separation. (We have no children.)

I have been forced to agree to minimal monthly support. However, our agreement has never been put in writing because my husband will not agree to anything formal, and I cannot afford to hire a lawyer to represent me. My husband is involved in another relationship now, but says he has no intention of divorcing me.

My problem: I filed for Social Security, and he reduced my monthly support payment by the same amount, thus leaving me in the same financial position

I was in before — nothing left for savings or emergencies. I want to work, but he has threatened to further reduce the monthly payment by the amount I would receive from working. I would not be able to "hide" money I earn, because we file joint income tax returns. My husband's position with regard to this leaves me frustrated and without incentive.



Dear Abby

Please give me some advice. A divorce will be very involved since there is a lot of money and property at stake. I have consulted two lawyers; each one asked for a significant retainer fee, not to mention the \$250 to \$350 just to consult with them. I am stuck. I really need help.

PRISONER IN SOUTHERN CALIFORNIA

DEAR PRISONER: I spoke with prominent California family law specialist Jill Greenspahn. I think you will be interested in what she has to say:

- (1) Your husband doesn't have to "agree" for you to have a legal separation.
- (2) If you can't afford a lawyer, check into hiring a paralegal.
- (3) You don't "have" to file a joint tax return. You can file separately if you wish.
- (4) Since there is money and property to divide in your divorce, you can pledge a portion of it as payment for legal fees. But even more important, in California, the "earner" — in your case, that's your husband — **MUST PROVIDE LEGAL FEES FOR THE WIFE'S REPRESENTATION** — and any lawyers worth their salt

know that!
I'm pulling for you, dear lady.

DEAR ABBY: I always overeat when I'm watching television. I watch TV only at mealtime on weekends — when I'm alone and tired from attending classes and doing homework. My parents work on the weekends, so I end up eating by myself.

I don't eat as much during the week because I have dinner with school friends, but when I'm alone I continue to eat — even when I am full.

Abby, how can I control my desire to eat when I'm alone watching TV?

ANNY IN SOUTH KOREA

DEAR ANNY: By understanding that what you are doing is feeding loneliness, and **NOT** your appetite. One

way to break the habit would be to invite friends to join you for dinner on the weekends. Another way would be to refrain from watching TV while eating your dinner. Good luck.

What teens need to know about sex, drugs, AIDS and getting along with peers and parents is in "What Every Teen Should Know." To order, send a business-sized, self-addressed envelope, plus check or money order for \$5 (U.S. funds) to: Dear Abby — Teen Booklet, P.O. Box 447, Mount Morris, IL 61054-0447.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Write Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

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Smith graduates from Georgia university

Ashley Lott Smith, daughter of Patti Williams Smith and the late Dick Smith, recently received her bachelor's degree in mass communications from the State University of West Georgia in Carrollton, Ga.

Smith is the granddaughter of Connie Williams and the late Judge Volie A. Williams Jr., and Mary Smith and the late Thurman Smith of Sanford.

Along with her mother and maternal grandmother, family and friends attending the graduation included her sister, Courtney Smith and Chaz Holt of Orlando; her aunt, Penelope Williams and Dr. Jody Iodice of Atlanta; her uncle, Terry Smith, and cousin, Jason Smith, both of Los Angeles; and friend Krissi VanderBrink of Douglasville, Ga.

Smith said she will never forget her graduation, since tornado warnings and heavy rain cancelled the festivities. Her family did not see her



Ashley Lott Smith

receive her diploma, which was given to the students in the gymnasium.

In 2001, Smith attended a semester in Paris. She is a member of Kappa Delta sorority. She plans to continue living in the metro Atlanta area after she returns from an extended trip traveling the western states and visiting friends and family.

Rowell

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Junior troops bridged. Everyone was thrilled with Liberty's new bridge. The bridge was built by Scott Keisling, the father of a Girl Scout who bridged last year. The bridge used last year had

been stored improperly and was in very pitiful shape. Scott answered the call when the need for a new bridge was pointed out. Scott built the new bridge in memory of his sister, who died when she was a Cadette.



Troop No. 3047 participates in the recent bridging ceremony. Herald photo by Stephanie Rowell

What do these busy people have in common?

They all got tested for colorectal cancer. If they have time, so do you.

Screening saves lives. Screening tests help find precancerous polyps

so they can be removed before they turn into cancer.

If you're over 50, take time to see your doctor and get screened.



FOOD

Hooked on fish

Fish on the grill? Fabulous!

America loves to grill outdoors. Over four billion cookouts are held annually, and these days we welcome a broader menu of grilled foods beyond the traditional steak, burgers and chicken.

Seafood is especially wonderful cooked on the grill, as more and more Americans are finding out.

Seafood is naturally low fat, low calorie, high in flavor and rich in omega-3 oils—the kind that are good for your heart.

Timid about grilling fish? Don't be. Just about any kind of seafood can be grilled successfully, but some types are truly fabulous.

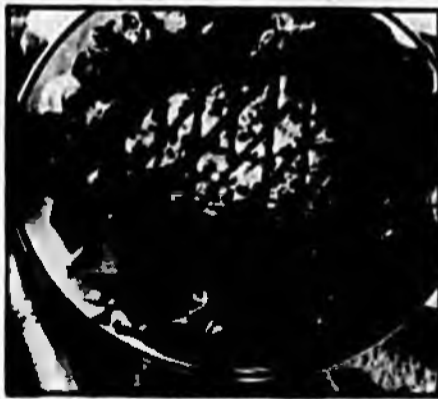
In general, firm-fleshed steak fish, such as tuna, swordfish, marlin and halibut, are happiest on the grill. They can be cooked directly on the grill over medium high or high heat. Using a wide spatula or tongs, turn only once during cooking.

Provençal Grilled Tuna Salad

- Seafood Alternative:
halibut, swordfish or shark
Makes 4 servings
- 4 (5 to 6 oz.) tuna steaks, 3/4 to 1-inch thick
 - 3 tbsp. white wine or broth
 - 3 tbsp. olive oil
 - 2 tbsp. red wine vinegar
 - 1/2 teaspoon chopped fresh rosemary or 1/4 teaspoon dried
 - 1/2 teaspoon black pepper
 - 1/8 teaspoon salt
 - 1 clove garlic, minced
 - 6 cups packed torn salad greens
 - 1 cup halved cherry tomatoes
 - vegetable cooking spray

Measure thickness of fish to determine cooking time; place in a glass dish. To make vinaigrette, combine wine and next 5 ingredients in a jar with tight fitting lid. Shake well. Pour 2 tablespoons over fish, add garlic and turn to coat. Marinate 15 to 30 minutes, turning once. Reserve remaining vinaigrette for salad dressing. Coat grill rack with cooking spray and place on grill to heat 1 minute. Place tuna on grill 4 to 6 inches over hot coals. Cover with lid or tent with foil. Cook, turning once, just until tuna begins to flake easily when tested with a fork, about 7 minutes. Discard marinade. Meanwhile, arrange salad greens on 4 plates. Place hot tuna on greens and add cherry tomatoes.

Shake remaining vinaigrette and drizzle over salads.



Provençal Grilled Tuna Salad



Salmon and Blueberry Salad with Red Onion

Make salmon salad sparkle with blueberries

Bright colors and cool flavors come together in this easy main-dish salad. Salmon and Blueberry Salad with Red Onion Vinaigrette is a palette of colors from juicy blueberries, grilled salmon, bright greens and red onion marinated in ruby red, full-bodied Regina® red wine vinegar.

The vinaigrette in this recipe has much less oil than most. The smooth taste of the red wine vinegar gives the salad just the right amount of tang.

Scatter on plenty of blueberries for color and flavor as well as a nutrition boost from health-promoting antioxidants.

Learn more about blueberries and download recipes at www.usdbc.org. For more recipes from Regina Red Wine Vinegar, go to www.reginavinegar.com.

Salmon and Blueberry Salad with Red Onion Vinaigrette

YIELD: 4 portions

- 1 medium-sized red onion, thinly sliced in half rings
- 1/4 cup Regina red wine vinegar
- 1 teaspoon sugar
- 1 teaspoon salt, divided
- 1/4 teaspoon ground black pepper,

- divided
- 3 tablespoons olive oil, divided
- 1 1/2 pounds salmon fillet, cut crosswise in 4 portions
- 6 cups lettuce leaves in bite-sized pieces
- 1 cup fresh blueberries

In a microwaveable cup, combine onion, red wine vinegar, sugar, 1/2 teaspoon of the salt and 1/8 teaspoon of the pepper; cover loosely with plastic wrap; microwave on high power for 1 minute. Let stand, stirring occasionally, until onions turn pink, about 15 minutes. Meanwhile, preheat grill or broiler. Brush 1 tablespoon of the olive oil on both sides of the salmon fillets; sprinkle with remaining 1/2 teaspoon salt and 1/8 teaspoon pepper. Grill or broil salmon, skin side down, until just cooked through, about 6 minutes. Divide lettuce leaves among 4 dinner plates; place salmon in the center. With a slotted spoon, remove onions from vinegar; scatter onions, along with the blueberries, over and around the fish. Whisk remaining 2 tablespoons of the olive oil into the vinegar mixture; drizzle vinaigrette over salmon.

Great tips for grilling fresh fish and seafood

Looking for something different on your grill? Think fresh fish and seafood in addition to the mainstays of chicken, steak, hamburger and pork.

Red Lobster Executive Chef Keith Knapp, whose experience includes The California Culinary Academy and Disney's Epcot, offers these suggestions for cooking seafood on the grill:

- If you're going to use a marinade, soak

the fish for two hours beforehand to infuse it with the flavor. Be careful: a marinade heavy with sugar can cause the fish to stick to the grill as the sugar caramelizes. Before putting on the grill, drain off excess sauce and pat dry.

- While cooking, baste the fish with your favorite marinade or sauce for a deep-rich glaze, but don't use what the fish was soaking in. This can contain bacteria.

- You can also brush the fish with a light coat of olive oil and then add seasonings. Try black pepper, kosher salt and a touch of lime juice.

- Make sure the grill is hot. If it's lukewarm, the fish may stick. Put the fish with the bone or uneven side down first (if you put the flat side down first, the fish may crack when you turn it). If grilling more than one piece, leave enough space for air and heat to circulate.

- The fish should sizzle when put on the grill. It cooks fast, so keep an eye on it. Cook until it's about 80 percent done, and then use a wide spatula to turn over each fillet. Remove from the grill when it's medium rare because the fish will continue to cook as it sits.

Fresh new ways to serve the catch of the day

Grab your rod and your reel and make sure you put on your sea legs because there's no better time to cast out your lure for seafood than when the sun is shining and the warm weather is here.

Whether you're an angler who enjoys feasting on the daily catch or a lover of all things piscatorial, as more people realize the benefits of including seafood into their diets, there are many more tasty recipes than ever reaching the shore.

Here's one to enjoy where the seafood component can be mixed or matched depending

upon what's "bitin'," courtesy of "New Food Fast" (Whitecap Books), by Donna Hay.

Pasta with Scallops and Lemon Butter

Serves 2

- 7 ounces (220 g) fresh pasta
- 2 ounces (60 g) butter
- 1 tablespoon oil
- 2 teaspoons shredded lemon zest
- Cracked black pepper
- 10 Scallops
- 1 cup chervil sprigs

Place pasta into a saucepan of boiling water and cook for

four to five minutes or until al dente.

While pasta is cooking, melt the butter in a frying pan over medium heat.

Add lemon rind and pepper and cook for 1 minute or until rind is soft.

Add the scallops to the pan and cook for 20 to 30 seconds on each side until sealed.

To serve, drain pasta and toss with the chervil.

Top with the scallops and the lemon butter sauce.

Note: This recipe is also great with prawns or cubes of fish, like salmon instead of the scallops.



Pasta with Scallops and Lemon Butter

Fish morning, noon & night

The waves of health reports coming in about seafood have convinced many people to make fish a regular part of their diets. Yet studies show at least 25 percent of Americans don't eat any seafood at all and most people who do eat fish eat very little. That's an unfortunate statistic, say doctors, because the benefits of seafood are far-reaching and have been well documented.

For example, a study found a group of adults who ate one serving of fish a day lost 22 percent more weight than a group of adults who ate no fish at all. Losing weight lowers a person's chance of heart attack, stroke and other conditions.

It's thought seafood helps curb people's appetites by sending "stop eating" signals to the brain, via a hormone called leptin. As of yet, scientists have been unable to simulate leptin's effect with supplements or injections.

So how can we get more seafood in our diet? Nutritionists suggest a number of ways, including:

- Breakfast — Smoked salmon on bagels or toast can be a delicious and nutritious way to start your day. Too many carbs in bagels and bread? Try mixing the salmon with scrambled eggs or have it with some cantaloupe. The fish is high in heart-healthy antioxidants and polyunsaturated fats. Consumers can buy salmon that has been vacuum sealed from companies such as Salmular. The manufacturer has the DuPont™ Sure Lock™ Seal on its packaging, meaning it is air-tight and its integrity is guaranteed.

- Lunch — The age-old favorite tuna fish sandwich is a great way to grab a serving of fish in the middle of the day. Try spicing up your tuna with some hot sauce, or adding a crunch with diced, fresh vegetables. Put the tuna on whole wheat bread and you've got a healthy serving of protein, antioxidants and grains, all in one sandwich.

- Dinner — Try grilling or broiling fresh fish with a dash of lemon and pepper. To keep the "fishy smell" from permeating your house, boil a stick of cinnamon while the fish is cooking. If you don't want to cook fish, try adding anchovies or sardines to your salad. The fish are convenient to keep in the house and they pack a nutritional punch.

For more information visit www.dupont.com/packaging