



Seminole Herald

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□ Briefs

Bates to announce candidacy for County Commission

Altamonte Springs Mayor Dudley Bates is expected to announce today that he will not seek re-election in his city in 2000, running instead for the District 3 County Commission seat. Bates, who will be 57 next week, has been mayor in Altamonte Springs for 12 years.

Bates is prepared to challenge District 3 commission incumbent Dick Van Der Weide, who said this week that he has \$60,000 in his 2000 Campaign war chest. Before leaving on vacation, Van Der Weide also said he expected two or more challengers for his seat.

Van Der Weide is one of three commissioners seeking re-election in 2000. District 5 Commissioner Daryl McLain and District 1 Commissioner Grant Maloy are also seeking new terms. Van Der Weide and McLain are two-term commissioners. Maloy is finishing his first term.

The commission candidates and those in other federal, state and county races will attend the 17th Annual Seminole Political Hob Nob on Tuesday, August 17, from 5 p.m. to 7 p.m. at the Shrine Auditorium, 2300 Pembroke Lane, Orlando. Call (407) 834-4404 for more information.

Suspect in Altamonte Springs death is arrested

A suspect in the suspicious death of a woman in Altamonte Springs was arrested this week in North Carolina.

On July 18 at 10:48 a.m., Altamonte Springs police found the body of Jennifer Trippet, who was in her 20's, deceased at 1280 Lost Creek Court. The time of death is unknown. Trippet's death is being considered suspicious, pending the results of an autopsy, police said.

A suspect in Trippet's death, James Blackburn, was arrested in Asheville, N.C., for a warrant that was issued by the Altamonte Springs Police Department for the theft of Trippet's vehicle.

A detective from the Altamonte Springs police is in Asheville to interview Blackburn.

□ Quote

"A man travels the world over in search of what he needs, and returns home to find it."
George Moore

□ Index

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Dale, Hunt debate conference center

Seminole County Democratic Executive Committee hosts discussion on park's future

By Bill Kerns
Staff Writer

SANFORD — Sanford residents have a few controversial topics to discuss. But one debate still draws a crowd like none other — development on Fort Mellon Park.

Sanford Mayor Larry Dale and Millard Hunt, co-chair of the Society for the Preservation of Fort Mellon Park, on Thursday resumed the debate concerning plans to build a 300-room hotel and conference center on the waterfront park during a meeting held at the North Branch of the Seminole County Public Library in Sanford.

More than 60 people attended the discussion during the monthly meeting of the Seminole County Democratic Executive Committee. Following presentations by Dale and Hunt, the partisan audience pep-

pered the two with questions such as how the traffic situation will be addressed, and where Fourth of July celebrations will be held.

Community events traditionally held at the 61-year old park, such as the Fourth of July fireworks display that drew an estimated 40,000 people this year, will still be held on undeveloped parts of the park, Dale said.

City plans call for 700 feet of open space in the eastern portion of Fort Mellon Park.

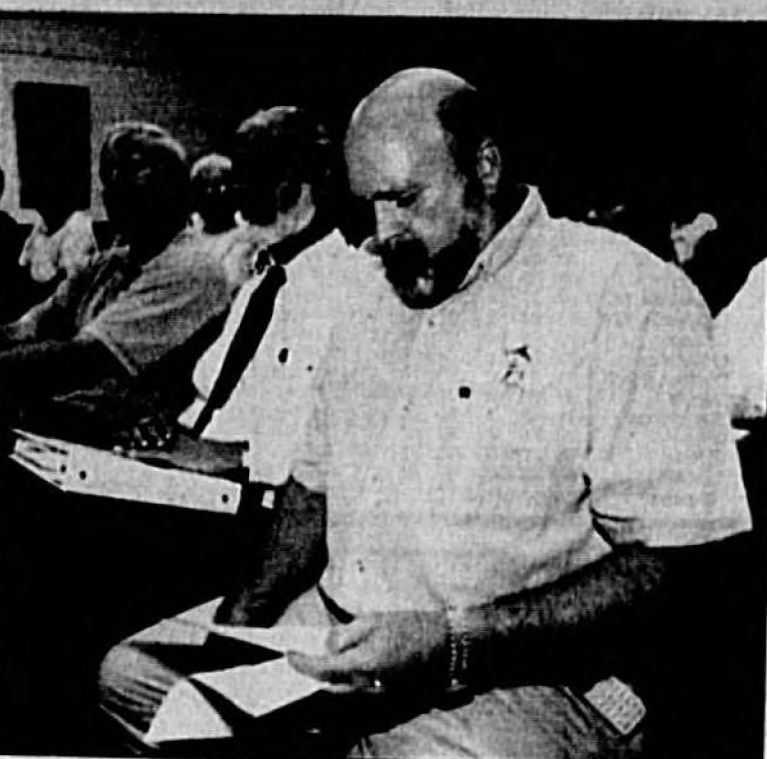
"We are going to spend three to four million dollars to spruce up the park," Dale said.

According to a Fishkind report performed for the city, the development will generate 940 jobs, including 450 at the hotel and conference center.

"Most downtown merchants would say that they've struggled with the serenity we've had," Dale said. "We want to develop, and still keep the old-town charm."

Hunt, however, said that he questions whether the project will be successful, adding that the damage to Fort Mellon Park will be irreparable.

See Debate, Page 2A



Sanford Mayor Larry Dale prepares to speak during Thursday's debate. Herald photo by Tommy Vincent

Wrecks tie up I-4 traffic



A collision shortly before 3 p.m. contributed to slow downs on Interstate 4 yesterday. A large box truck, driven by Darroll Schwartz of Zephyrhills, struck a mowing tractor and rolled onto its side. Rodney Fossitt of Sanford was driving the tractor and was cited for obstructing the highway. Fossitt was taken to Florida Hospital Altamonte Springs, where he was listed in fair condition. Herald photo by Tommy Vincent

Lake Mary police headquarters get state-of-the-art technology

By Bill Kerns
Staff Writer

LAKE MARY - Lake Mary police are gaining new technology in addition to a new police station.

The City Commission on Thursday approved the bid for site development and construction of the new police station on Crystal Lake Avenue in an amount not to exceed \$3.84 mil-

lion. Groundbreaking for the station is scheduled for Aug. 26. The station will be completed in September of 2000, according to the contract.

The station is double the size of the current Police Department headquarters on Rinehart Road. Lake Mary police said that the current headquarters, in use since 1989, lack of storage space.

"We outgrew this building a long time ago," Captain Sam Belfiore said. "We have only one closet for storage. Other rooms had to be converted for storage."

For example, Belfiore said that investigators currently conduct interviews either in a small detective office or a training room.

"If we use a camera we have to just use a little hand-held camera," Belfiore said. "We See Police, Page 7A

Power company lends a hand in time of trouble

Longwood man praises Neighbor Energy Fund

By Joe DeSantis
Staff Writer

LONGWOOD — Life has had a few bumps in the road for 54-year-old Longwood resident Tom Wiley.

The former UPS manager was diagnosed with cancer in 1990 and was given just three months to live. He beat the odds and made a mockery of his medical prognosis.

But when cancer returned in 1994, Wiley found himself inundated with medical expenses and got less than a sympathetic ear when he first applied for Social Security disability.

Like most people whose resources are drained by astronomical doctor and hospital bills, Wiley found himself needing help to pay for even the barest of daily essentials, including his electricity bill. That's when he discovered Florida Power Corporation's

Energy Neighbor Fund that helped keep the juice on in his Longwood home.

"Without it I would have either been in the street or would have had to live with a friend," explained the widower and father of two girls.

Working with Bonnie Williamson at FPC's Longwood office and with a referral from social service agencies, Wiley found out he was eligible for the utility's special program designed to assist its customers who run into unexpected tragedy or illness.

"I think Tom has been coming into the Longwood office ever since I started working here in 1986," said Williamson, who got Wiley the help he needed to keep the power on.

"Bonnie has really tried to help me out in some tough spots a couple of times," explained Wiley. "There were times when she helped arrange credit extensions and more."

Wiley is one of FPC's 4,000 customers who receive assistance from the utility company's 10-year old Energy Neighbor See Fund, Page 2A

Tooley meets with citizens

By Joe DeSantis
Staff Writer

SANFORD — Sanford's new police chief Brian Tooley capped a hectic first day on the job Wednesday evening by meeting with the department's Citizens Advisory Board.

Tooley had his ear to the ground and fielded questions and concerns from the representatives about where the department is headed under his new direction.

The new chief told the gathering he had done significant research over the past four months

prior to accepting the position, but added there is a learning curve in taking over any new position.

"Over the next few days I'll be meeting with all members of the Sanford police department," explained the new chief. "I'll lay out my expectations and my list of non-negotiables. Those non-negotiables deal with our officers exhibiting honesty, character, integrity, and a respect for the community we serve."

Tooley told the board that over the next 90-day period he expects to implement changes in the department's structure and re-emphasize a com- See Tooley, Page 3A



Bonnie Williamson, left, of FPC's Longwood office, shares a "thank you" hug with Tom Wiley and Carol Cornell, Supervisor of FPC's Consumer Affairs Department. Herald photo by Joe DeSantis

Religion

Congregation Beth Am collects books for fire-bombed Sacramento synagogues

'All Israel is responsible one for the other'
2000-year-old rabbinic dictum

By Russ White
Staff Writer

LONGWOOD - When they heard that three synagogues in Sacramento, Calif. were fire-bombed this past June, members of the Congregation Beth Am immediately asked if there were some way they could help those synagogues.

There was an immediate answer. "They needed books," said Beth Am's Director of Education, Janis Knight.

And books they are getting. Beth Am's representatives - including Rabbi Merrill Shapiro - carried books with them to the Conference for the Advancement of Jewish Education held this week at Columbus, Ohio.

The conference organizers

arranged to have books carried by more than 2,000 delegates to Sacramento. The library of Congregation Bnai Israel, one of the oldest synagogues west of the Mississippi, was ruined by the fire bombings. More than 5,000 books were lost.

"Their loss, 3,000 miles to our west, is our loss," Knight said. "Their tragedies are our tragedies - just as their joys and their celebrations are our celebrations."

Knight said that it was important to replace the books as soon as possible to enable leaders at Bnai Israel to teach.

Knight said that monetary donations to rebuild the three synagogues of the Sacramento Jewish community, which dates back to the gold rush days, can be sent to the Unity Fund, c/o The Jewish Federation, 2351 Wyda Way, Sacramento, Calif., 95825. Congregation Bnai Israel lost its library and synagogue offices. Beth Shalom's sanctuary was burned, destroying the

pews, prayerbooks and Bibles. Knesset Israel Torah Center suffered major smoke damage. Most of the building needs to be restored.

For the last 10 years, Congregation Beth Am has been located at 3899 Sand Lake Road in Longwood. Rabbi Shapiro, a warm and kind man, enjoys telling the story that the synagogue was once a chicken coop. "Undoubtedly the only synagogue of its kind," he said.

From this humble beginning, Congregation Beth Am not only serves the Jewish community in Seminole County but as far as Sacramento, Calif. after the wanton destruction of the synagogues in that community. "All Israel is responsible one for the other," Shapiro said.

So it was that the rabbi, Mrs. Knight and Seventh Grade teacher Robyn Shapiro tucked away volumes of books when they left for Columbus, Ohio this week.

Can God prevent tragedy and suffering?

By George R. Plagenz

It was the same question we asked on another morning four years earlier. "Where was God when the tragedy struck?"

Where was God on the morning of April 19, 1995, when a terrorist bombing left death and destruction in its wake in Oklahoma City?

Could God have prevented the disaster? If he could have, why didn't he? Those are questions people have been asking since the beginning of time whenever they have come face to face with God's inscrutable will. It has even caused some people to lose their faith in a God who they believed was both merciful and almighty.

A famous minister once said, "The most difficult article in our creed is not the one that asks us to believe in the virgin birth, the resurrection or the ascension. It is the one that says 'I believe in God the Father almighty.' From the beginning, the life of mankind has been one tragedy after another. How, then, can anyone say with a voice that does not falter, 'I believe in God the Father almighty?'"

Today we are again asking ourselves, "Where was God?" as we mourn the lives of three young people of great promise who perished in a plane crash. Could God have prevented the deaths of John F. Kennedy Jr., his wife and his sister-in-law? If he could have, why didn't he?

There are those who say the tragedy was God's will. They believe that ev-

SAINTS AND SINNERS



GEORGE PLAGENZ

everything that happens is God's will and has a purpose. They may not understand that purpose now, but they believe, in the words in the gospel song, "Farther along we'll know all about it. Farther along we'll understand why."

Other Christians disagree. They reject the notion that God's will can be seen at work in the misery and suffering of the world. To them he is the "still, small voice" that comforts our bruised and breaking hearts in every catastrophe.

The real tragedy of suffering is that in so many cases it is unnecessary. It could have been avoided. It is the result of our own mistakes. In many instances we ignored the wise counsel of those close to us. Probably more tragedies result from the rejection of sound advice than from the cruel and chance happenings of fate.

"I should have listened to my mother/father" might be the appropriate lament of many of us after tragedy strikes.

My father's first question to me as

a boy when I would go to him for help with some mechanical problem was always, "What does the book of instructions say?"

We waste a lot of time by plunging ahead on our own without first reading life's book of instructions. Many of our sufferings, including many of our health problems, are the result of not following the manufacturer's instructions.

In her autobiography, English writer Maude Petre says that it is on the question of suffering that she finds the greatest difference between the modern generation and her own childhood early in this century. One thinks of the Kennedys while reading it.

"In our upbringing," she says, "suffering was something sacred. We were brought up to be soldiers of Christ, and soldiers reckon not of scars. Our life was to be one of achievement, but achievement through effort - and the highest effort implies suffering."

"I have no doubt that we felt pain and avoided it as much as people do now. But all the same we regarded it as a lawful and honorable factor in life. And as I went on in years I came to see that few people were worth much until they had suffered."

By "suffering much and giving more," in the words of President Clinton, the Kennedys have turned suffering's curse into blessing and have given America a new model for greatness.

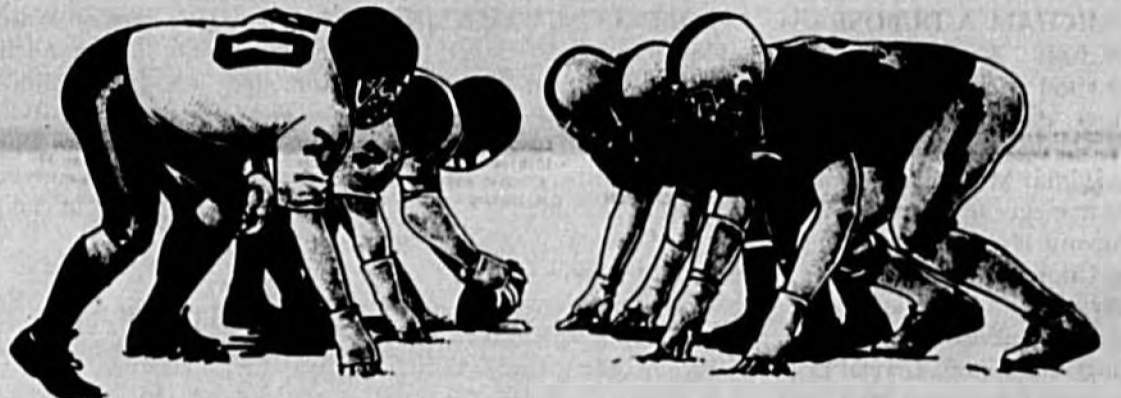
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Photo submitted

Janis Knight, education director for Congregation Beth Am, prepares a box of books for three synagogues in Sacramento, Calif. that were recently firebombed.

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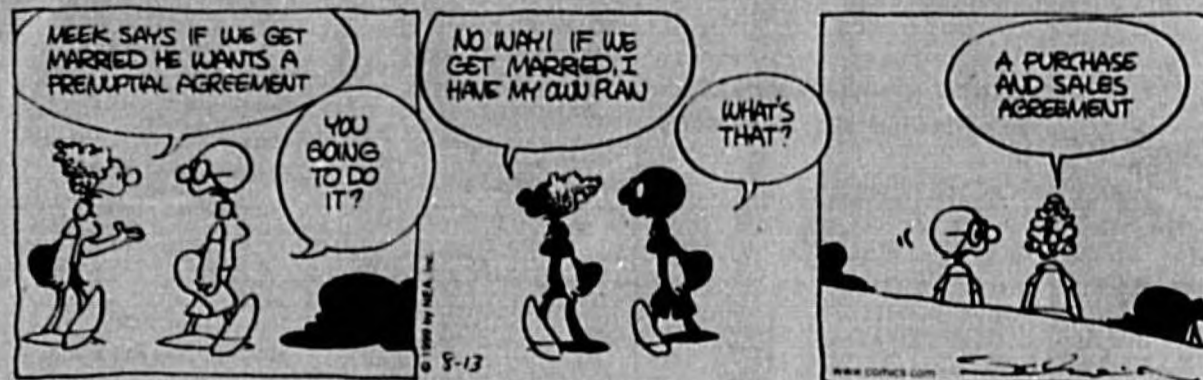
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by Jim Meddick



EEK & MEEK

by Howie Schneider



ANNIE

by Leonard Starr



BLONDIE

by Chic Young



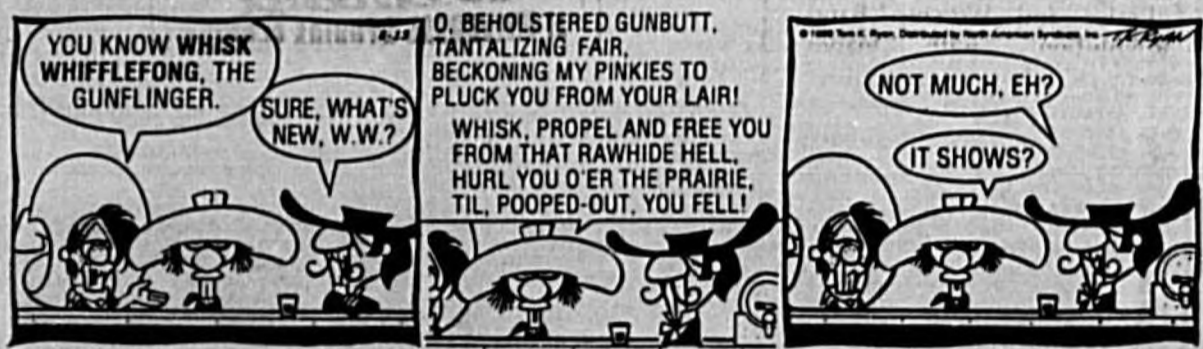
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by Charles M. Schulz



TUMBLEWEEDS

by T.K. Ryan



THE BORN LOSER

by Art Sansom



BEETLE BAILEY

by Mort Walker



ARLO AND JANIS

by Jimmy Johnson



GARFIELD

by Jim Davis



HOROSCOPES



Saturday, Aug. 14, 1999

You're not likely to have too many complaints about the trends the year ahead has in store for you. Increased propitious activities both in your social and commercial world are likely.

LEO (July 23-Aug. 22) In order to satisfy the rather restless mood you could find yourself in today, you'll need diversity, variety and change. Don't make any promises you may not want to keep. Trying to patch up a broken romance? The Astro-Graph Matchmaker can help you understand what to do to make the relationship work. Mail \$2.75 to Matchmaker, c/o this newspaper, P.O. Box 1758, Murray Hill Station, New York, NY 10158.

VIRGO (Aug. 23-Sept. 22) Today is an excellent time to take measures to turn deficits you have into profits. It can be done if you take the necessary time to study the factors involved.

LIBRA (Sept. 23-Oct. 23) Unless you are

confronted with stimulating challenges today, you may be inclined to take things as they come. Competition or excitement will quickly bring out your better qualities.

SCORPIO (Oct. 24-Nov. 22) There may be some dollar signs in those hunches you get today. Do not take your intuitive perceptions lightly, especially if they pertain to material endeavors.

SAGITTARIUS (Nov. 23-Dec. 21) Being around persons who have fresh ideas and thoughts will help refurbish your own mental outlook today. Get out and enjoy establishing some new relationships.

CAPRICORN (Dec. 22-Jan. 19) Privacy could help minimize distracting, outside influences, so if you have something you want to accomplish today, try to do so without calling too much attention to yourself.

AQUARIUS (Jan. 20-Feb. 18) Through a first hand experience today, you could learn some very constructive information. It may be something you'll be able to advantageously use within the next few days.

PISCES (Feb. 20-March 20) There could be two instances today where you may get the opportunity to improve upon or build on foundations already established

by others that'll help you tremendously.

ARIES (March 21-April 19) It isn't so much that you enjoy partnership situations, it's more like you need supporters. Today teaming up will prove far more productive than tackling a problem on your own.

TAURUS (April 20-May 20) It may be time to make the necessary changes, even if they're radical, in a situation that has not been living up to your expectations. Do what you know needs to be done.

GEMINI (May 21-June 20) Don't be surprised if you're even more appealing than usual to members of the opposite gender today, because your popularity is now traveling in an upward direction.

CANCER (June 21-July 23) You'll possess tenacity and stick-to-itiveness with anything you undertake today. When measured against your peers, you're the one most likely to be successful.

Astro-graph is a syndicated column written by Bernice Bede Osol for Newspaper Enterprise Association.

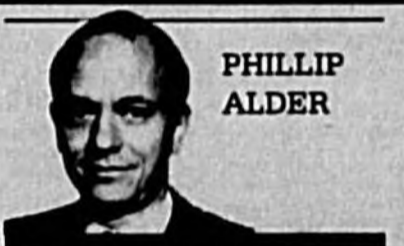
WIN AT BRIDGE

Around the ladder to avoid the black cat

Today is the only Friday the 13th this year, making 1999 good for the superstitious. Well, I suspect that West in this deal, which occurred during a team-of-four match played many years ago in Finland, felt that he should have stayed in bed.

West would have done better to open one no-trump, but he was lured by his five-card major, weak though it was. After two passes, South cue-bid two hearts to show game in his own hand. Maybe North, with that void, should have settled for three diamonds, but after his actual choices of two no-trump and three no-trump, it was clear to South that his partner held jack-fourth of hearts. So, into the teeth of the known 5-0 split, South jumped to seven hearts!

After ruffing the diamond king, declarer immediately led out winning spades. (Drawing one round of trumps would have been fatal.) West ruffed the third spade and dummy over-



PHILLIP ALDER

ruffed; South played a trump to his queen. At this point, dummy had the J-9 of hearts left, declarer held the A-K, and West clutched the 7-5-4. Unconcerned, South continued with winning spades. If West ever ruffed, dummy would overruff, allowing declarer to draw trumps and finish the spades. If West never ruffed, South would crossruff the last four tricks.

At the other table, South jumped straight to seven spades. Again West doubled, and he found the lethal heart lead. How?

Well, if South was sane, he must be void in both minors, so a heart ruff at trick one was the only chance — which made West's double especially silly.

| | | | |
|-------------------|--------------------|----------|------|
| North 08-13-99 | | | |
| ♠ | --- | | |
| ♥ | J 9 8 6 | | |
| ♦ | Q 10 8 6 4 | | |
| ♣ | Q J 7 3 | | |
| West | | | |
| ♠ | J 7 | | |
| ♥ | 7 5 4 3 2 | | |
| ♦ | A K J | | |
| ♣ | A K 9 | | |
| East | | | |
| ♠ | 8 2 | | |
| ♥ | --- | | |
| ♦ | 9 7 5 3 2 | | |
| ♣ | 10 8 6 5 4 2 | | |
| South | | | |
| ♠ | A K Q 10 9 6 5 4 3 | | |
| ♥ | A K Q 10 | | |
| ♦ | --- | | |
| ♣ | --- | | |
| Vulnerable: Both | | | |
| Dealer: West | | | |
| South | West | North | East |
| 2♥ | Pass | 2NT | Pass |
| 3♠ | Pass | 3NT | Pass |
| 7♥! | Dbf. | All pass | |
| Opening lead: ♠ K | | | |

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ASK DR. GOTT

HMO: stands for 'Hey Moe'

DEAR DR. GOTT: I saw this on the Internet and thought your readers would enjoy it.

HMO QUESTIONS AND ANSWERS

Q. What does HMO stand for?

A. This is actually a variation of the phrase, "Hey, Moe!" Its roots go back to a concept pioneered by Dr. Moe Howard, who discovered that a patient could be made to forget about the pain in his foot if he was poked hard enough in the eyes. Modern practice replaces the physical finger poke with hi-tech equivalents such as voice mail and referral slips, but the result remains the same.

Q. Do all diagnostic procedures require pre-certification?

A. No. Only those you need.

Q. I just joined a new HMO. How difficult will it be to choose the doctor I want?

A. Just slightly more difficult than choosing your parents. Your insurer will provide you with a book listing all the doctors who were participating in the plan at the time the information was gathered. These doctors basically fall into two categories: those who are no longer accepting new patients, and those who will see you but are no

longer part of the plan. But don't worry — the remaining doctor who is still in the plan and accepting new patients has an office just a half day's drive away.

Q. What are pre-existing conditions?

A. This is a phrase used by the grammatically challenged when they want to talk about pre-existing conditions. Unfortunately, we appear to be pre-stuck with them.

Q. Well, can I get coverage for my pre-existing conditions?

A. Certainly, as long as they don't require any treatment.

Q. What happens if I want to try alternative forms of medicine?

A. You'll need to find alternative forms of payment.

Q. My pharmacy plan only covers generic drugs, but I need the name brand. I tried the generic medication, but it gave me a stomach ache. What should I do?

A. Poke yourself in the eye.

Q. I have an 80/20 plan with a \$200 deductible and a \$2,000 yearly cap. My insurer reimbursed the doctor for my out-patient surgery but I'd already paid my bill. What should I do?

DR. GOTT



PETER GOTT, M.D.

A. You have two choices. Your doctor can sign the reimbursement check over to you, or you can ask him to invest the money for you in one of those great offers that only doctors and dentists hear about, like windmill farms or frog hatcheries.

Q. What should I do if I get sick while traveling?

A. Try sitting in a different part of the bus.

Q. No, I mean what if I'm away from home and get sick?

A. You really shouldn't do that. You'll have a hard time seeing your primary care physician. It's best to wait until you return, and then get sick.

DEAR READER: I hope my readers get as big a chuckle as I did.

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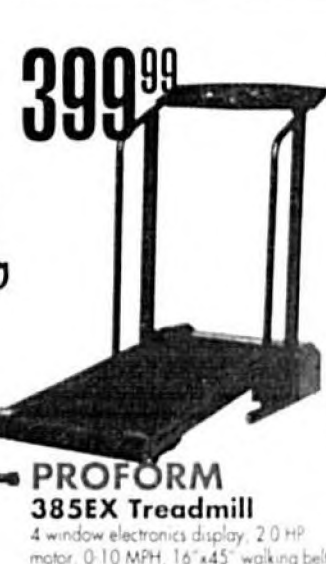
59⁹⁸
FITNESS QUEST
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 LCD display tracks speed, time, distance, heart rate and calories burned, 20" stride, adjustable resistance, ergonomic handlebars



199⁹⁹
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199⁹⁹
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Total Gym 1000
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399⁹⁹
PROFORM
385EX Treadmill
 4 window electronics display, 2.0 HP motor, 0-10 MPH, 16"x45" walking belt



159⁹⁹
MONGOOSE
520 26" Men's
Mountain Bike
 21 speed, torque drive system for precise shifting, alloy V brakes for better stopping power, water bottle included, cool fusion orange color

Hockey

Apparel



19⁹⁹ EACH
CHAMPION/
JOGBRA
Fitness Bra Tops
or Shorts



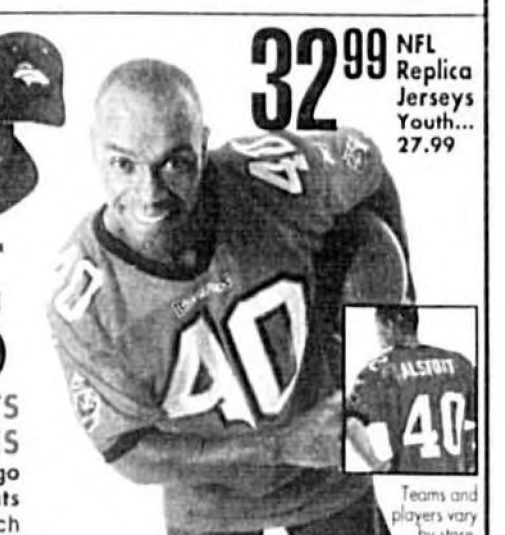
14⁹⁹ AND 1 Boys' T-Shirts
27⁹⁹ AND 1 Boys' Shorts



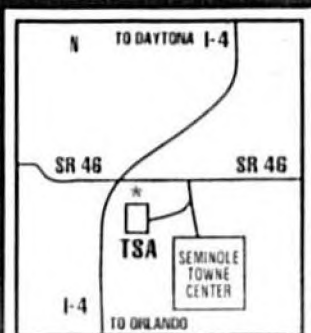
19⁹⁹ EACH
COLUMBIA
Woven Shirts
or Shorts
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SPECIALTIES
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 \$9.99 each



32⁹⁹ NFL Replica Jerseys Youth... 27.99
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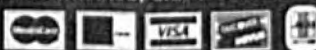
I-4 (Exit #51) & State Road 46 (Across from the Seminole Towne Center)

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Meet **Brandi Chastain**

winning goal scorer on the 1999 World Champion U.S. Women's Soccer Team

Saturday, 12-2 pm

Mladin not resting on points lead

Special to the Herald

DAYTONA BEACH - American Motorcyclist Association (AMA) Superbike Series points leader Mat Mladin isn't taking his lead over the competition for granted.

Mladin was joined by title contenders Ben Bostrom and Anthony Gobert in the first day of a three day Dunlop tire test at Daytona International Speedway.

"One of the things we're testing here is a new tire change system that Suzuki has developed that makes front tire changing a few seconds quicker," said Mladin, the Australian rider for the Yoshimura Suzuki team. "Hopefully, time for a tire change will come down from 10 to eight seconds and that could make a difference in the next race."

Thursday's tire test marked the first time Mladin has ridden at Daytona since finishing a close second to Miguel Duhamel in March's Daytona 200 by Arai.

"It would have been nice to win the 200," he said. "We felt we were not out ridden but outpowered. Essentially, if Miguel (Duhamel) was anywhere close to me at the end, he was going to win."

Bostrom, who finished fourth in the Daytona 200, is counting on a strong season finish to edge Mladin for the title in the Superbike Series.

"It's going to be real tough to catch Mladin. Matt's a great rider and he and the team are trying hard," said Bostrom. "All we can do is go for the front and hope someone holds off Matt for a second and we can win it."

As for testing in Daytona, Bostrom stated, "We want to be ahead of the curve ... and hopefully get things dialed in so when we show up in March, all the rider has to do is go out there and get his mind up to speed."

The Oldfield grandstands at Daytona International Speedway are open free to fans interested in watching the top AMA competitors during their test this week. Fans can enter the grandstands between 9 a.m. and 5 p.m. through DAYTONA USA.

The Dunlop test will conclude Saturday.

For ticket and event information, contact the Speedway Ticket office at (904) 253-7223 or check out our web site at www.daytonaintspeedway.com.

SPEEDWORLD

BITHLO - There will be a special 30-Lap feature for the Mini-Stock Division today (Friday) at Orlando Speedworld.

Also on the schedule is action in the Late Models, Limited Late Models, Open Wheel Modified, Sportsman, Mini-Stocks and Bombers.

Racing begins at 8 p.m. every Friday night at the track located 17 miles east of Orlando between Orlando and Titusville on Highway 50 at the 520 Cocoa Cutoff.

NEW SMYRNA

SAMSULA - New Smyrna Speedway will host the always popular Demolition Derby this Saturday.

There will also be regular action in the Late Model, Limited Late Model, Open Wheel Modified, Bomber, Sportsman, Mini-Stock and Strictly Stock classes.

Pit gates open at 4 p.m. with grandstand gates opening at 6 p.m. and racing beginning at 7 p.m. every Saturday night.

Cost is just \$10 for adults and children 11-and-under free at the track located 10 miles south of Daytona Beach at the corner of Highway 44 and SR-415, between I-4 (exit 56, east) and I-95 (exit 84, west).

Najjar on a mission

Heathrow resident to take part in Ironman USA Lake Placid

Special to the Herald

LAKE PLACID, N.Y. - It began 20 years ago as a bet. A bunch of Navy Seals arguing over who was the fittest athlete.

Then Commander John Collins suggested that they put together the Waikiki rough water swim, the Around Oahu Bike race and the Honolulu marathon.

"Whoever finishes all of that will be the Ironman," he said. Little did he know that this crazy idea would come to be one of the most recognized athletic events on the planet.

The Ironman, 2.4 miles of swimming, 112 miles of biking and 26.2 miles of running. The Ironman Triathlon World Championship in Hawaii has captured the interest of both

athletes and non-athletes alike from around the world. The event, held on the Saturday closest to the full moon every October on the big island. Please see Ironman, Page 2B

Lee back, but heat causing a problem for UCF

Special to the Herald

ORLANDO - Two days after being hospitalized for severe cramping, starting receiver Charles Lee returned to the practice field for the second session at UCF Thursday.

Lightning near the UCF campus forced practice to be delayed shortly after it started. The players ate dinner and resumed to the practice field where they worked until sunset.

Lee benefited from cooler temperatures in the evening hours and was able to complete the shortened practice without any problem.

"It feels good to be back," Lee said. "I'm a little sore, but you've got to be able to play this game with a soreness and you've got to be able to play when you are tired."

Trainer Kevin Mercuri kept a close eye on Lee during the workout.

"You just have to ease him into the activity and see how he does," Mercuri said. "Friday morning in full pads will be a big test. If we see any signs of cramping we'll have to pull him right out."

Lee had several units of fluid pumped into his body Tuesday night after going into a full body cramp.

Heavy cloud cover during the morning practice kept the temperature down, but didn't keep players from falling victim to heat-related problems.

The cumulative effect of the first three days of practice caught up with several players who failed to finish the morning workout. Of those, only receiver Tyson Hinshaw missed the afternoon practice.

UCF will practice for the first time with full pads Friday morning and will conduct a brief scrimmage Saturday morning.

THREE FROM UCF NAMED TO PRESEASON ALL-INDEPENDENTS TEAM

ORLANDO - The University of Central Florida got an indication of what will be expected from some of its players this season as the *Football News* released its preseason honors.

Junior receiver Kenny Clark, junior center Chris Lorenti, and senior defensive tackle Justen Moore were named to that publication's 1999 Preseason All-Independents Team.

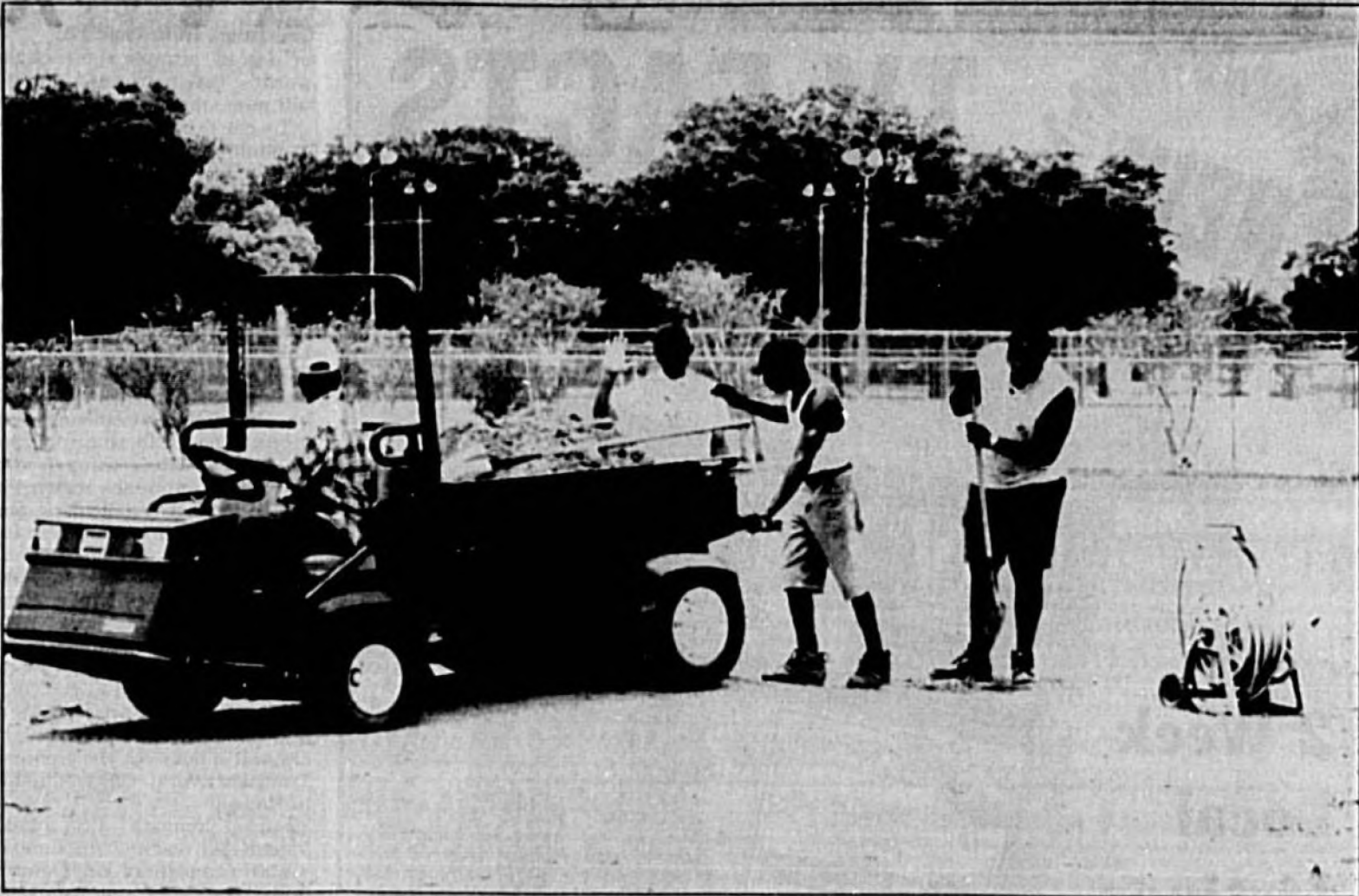
Clark, from Ocala, is expected to fill some of the gap left by the graduation of starters Siaha Burley and Mark Nonsant from a UCF team that finished 9-2 last year. Clark had a very productive sophomore season, catching 40 passes for 481 yards and six touchdowns and was named UCF's most improved offensive player.

Lorenti, from South Daytona, has been a starter on the offensive line at UCF since his first game as a freshman. He graded out 80 percent or better in nine of 11 games and 85 percent or better four times last year. Despite the high number of pass plays for UCF he surrendered only two and a half sacks all season.

Moore, from Ocala, earned All-Independents honors from the *Football News* in addition to being named UCF's Outstanding Defensive Lineman last year. He led the team in sacks with eight and had a total of 47

Please see UCF, Page 2B

FALL BASEBALL IS COMING



Herald photos by Tom Vincent

SANFORD - City of Sanford Recreation and Parks Department employees Amos Sparrow (on roller, top photo and with shovel, bottom) Billy Raines (from left, bottom photo), Angel Figueroa and Anton Grooms were seen recently preparing Roy Holler Junior Field in Ft. Mellon Park for the upcoming Sanford Recreation Department Babe Ruth Baseball fall league.

The Fall League will be open to any player between the ages of 10-to-12 years old.

Registration is already taking place and those interested can sign up at the Downtown Recreation Center, located on the first floor of Sanford City Hall.

The player placement day is set for Saturday, August 21st at 9 a.m. at Ft. Mellon Park's Roy Holler Junior Field.

Interested players or parents, as well as any coaches or volunteers interested in helping, should contact the Athletic Division of the Sanford Recreation Department at 330-5697.

Purge complete, Magic deal Austin

By Dean Smith
SPORTS EDITOR

ORLANDO - And then there was one.

The Orlando Magic continued to dispense with the old and bring in the new late Wednesday night, sending center Ike Austin to the Washington Wizards for four players.

Austin, who spent one year in Orlando, was the fourth starter from the opening game of 1999 to be traded, following Horace Grant, Nick Anderson and Penny Hardaway.

Also gone is the head coach, Chuck Daly. The only returning starter is power forward Bo Outlaw, who recently signed a new contract with the Magic.

For giving up Austin, Orlando got four players in the final year of their contracts, power forward/center Ben Wallace, shooting guard Tim Legler, center Terry Davis and point guard Jeff McInnis.

The move fits in with the youth movement the Magic and new head coach Doc Rivers have been leaning towards.

Wallace, 24, is the only one of the four garnered in the trade that is expected to play much of a role with the Magic.

He is 6-foot-9 and weighs 240-pounds, and has been compared to Outlaw. A free agent who signed out of Virginia Union in 1996, Wallace averaged six points, 8.3 re-

bounds and 1.9 blocks per game as a part-time starter this past season.

With all of the new player's contracts expiring after the 1999-2000 season, Orlando will be able to get under the salary cap, and with 10 first round draft picks in its possession over the next five years, the Magic will have some leverage to acquire more players.

Orlando also worked out former No. 9 draft pick Samaki Walker from the University of Louisville. The 6-foot-9, 240-pound 24-year old is a free agent who averaged 8.9 points and 7.4 rebounds per game last year for the Dallas Mavericks. He could be signed as early as next week.

