

# Sanford Herald

82nd Year, No. 55 — Sanford, Florida

## NEWS DIGEST

### INSIDE

#### □ Nation

##### PTL leader goes to prison

CHARLOTTE, N.C. — Former PTL evangelist Jim Bakker was sentenced to a prison term of 45 years Tuesday, three weeks after being convicted of fraud and conspiracy in connection with fund-raising efforts for his television ministry.

Bakker was denied bail and taken into custody immediately after the sentence was handed down.

Defense lawyers plan to appeal Bakker's conviction and sentence to the 4th Circuit Court of Appeals in Richmond, Va.

See Page 6A

##### Zsa Zsa going to jail

BEVERLY HILLS, Cal. — For slapping a Beverly Hills police officer, former beauty queen and actress Zsa Zsa Gabor was ordered to serve three days in jail and perform 120 hours of community service.

Gabor cried during the sentencing hearing as the judge scolded her for turning the lengthy trial into a media circus.

Gabor was also ordered to see a psychiatrist and have her correct age, reportedly 66, put on her drivers license.

See Page 6A

#### □ Sports

##### Lake Mary girls whip Lyman

LONGWOOD — The Lake Mary High School girls volleyball team continues to put opponents away with relative ease.

The team whipped Lyman, 15-3, 15-3, on the road Tuesday night to improve to 23-9 overall and 9-3 in Seminole Athletic Conference play.

See Page 1B

##### Elderly Sanford woman attacked

SANFORD — Sanford police don't know if a burglar's attack on an elderly woman in her home Monday night may be linked to about four other similar attacks in Sanford's east side this year.

Sanford Police Chief Steven Harriett said the latest victim, who is in her late 70s, was attacked in her Redding's Garden home. She was beaten and robbed of her purse. Like the other victims, she was alone at home. The woman's injuries were treated at Central Florida Regional Hospital in Sanford.

Included in the previous attacks is the beating-murder of Mildred Carver, of Lake View Avenue, and the beatings and or rapes and robberies of three other elderly women. In cases where the attackers have been described, police said, they have sought either one or two black men as suspects.

Harriett said there are similarities in these cases. No arrests are pending.

##### Jernigan ordered to pay clients

SANFORD — Former Sanford insurance agent Betty Jernigan was ordered Monday to pay \$40,000 to about 30 people she was convicted of cheating out of their insurance premiums.

Victims of the fraud appeared before Seminole Circuit Judge O.H. Eaton Jr. at a hearing to press their claims to be paid back for their lost money.

Jernigan, 51, pleaded guilty in August to organized fraud and grand theft and was sentenced to 30 days in the county jail, two years of house arrest and eight years of probation, and agreed to pay back her victims. She was also ordered to surrender her license to sell insurance.

Many of the people at Monday's hearing told Judge Eaton they had gone out of business or into debt as a result of the insurance fraud. Judge Eaton said some victims should begin to receive some of the money they are owed in about a month.

Lawyers for Jernigan and about 10 other people who say Jernigan owes them money will continue to negotiate for settlements.

From staff reports

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##### Partly cloudy today



Partly cloudy with a 20 percent chance of showers today and a high in the low 80s. Partly cloudy tonight with a 20 percent chance of rain and a low in the low 60s. Partly cloudy tomorrow with a 20 percent chance of afternoon showers.

# Heads roll in upheaval

## All top county officials quit in dispute festering since November election

By J. MARK BARFIELD  
Herald staff writer

SANFORD — A shift in the philosophy of the new Seminole County commission following last November's election is what is behind the yesterday's startling resignation of Seminole County Manager Ken Hooper and other top officials.

The developments, aired in a bitter public

meeting Tuesday afternoon, constitute the most dramatic political shakeup in Seminole County government in 13 years.

Perhaps not since the infamous "Claypit deal" scandal in 1976 has Seminole County government been so rocked. In 1976, three county officials, commissioners Harry Kwiatkowski and Michael Hattaway, and county attorney Thomas Freeman were charged with sunning law violations for meeting in private to discuss the purchase of a claypit to supply the county. Charges against the three were later dropped.

Although county officials were shaken by the resignations, officials predicted there would be an orderly transition in county management. □ See Shakeup, Page 6A



County manager Ken Hooper (left) resigned Tuesday along with his two top aides. County attorney Bob McMillan (right) will serve as acting county manager.

## Resignations of key county officials called 'Bloody Tuesday,' 'massacre'

By J. MARK BARFIELD  
Herald staff writer

SANFORD — In what is already being called the "Tuesday Massacre" and "Bloody Tuesday," Seminole County commissioner Fred Streetman on Tuesday announced his intention to resign following the resignations of County Manager Ken Hooper and his two chief deputies, Montye Beamer and Jim Bible.

"I have no county manager," a sullen Streetman said after the meeting where the surprise shakeups were announced. "I have no deputy managers. We have the county attorney acting as county manager. That's just a pitiful situation."

Commissioner Bob Sturm vowed to challenge the three-woman majority of the commission every opportunity he had during the fiery meeting.

Streetman said without Hooper's leadership, the county will now be run by three "micro managers" — Commissioners Sandra Glenn, Pat Warren and Jennifer Kelley. Referring to charges filed against Kelley Tuesday morning by the State Attorney's Office for alleged campaign violations, Streetman said he did not want to be associated with the current commission.

Streetman said he will remain on the commission until Gov. Bob Martinez appoints a replacement. He has served five years and was re-elected last November for a second four-year term.

County Attorney Bob McMillan will become acting county manager until a replacement can be found for Hooper, who has held his position as the county's chief administrator since 1985. Hooper's resignation Tuesday □ See Resigns, Page 6A

### INSIDE

It has been a term of trouble for county commissioner Jennifer Kelley. See Page 6A.  
How local students who worked for Kelley during her campaign are tied into the investigation. See Page 7A.  
City officials from Sanford to Lake Mary react to what appears to be the disintegration of county government. See Page 7A.  
Ken Hooper leaves behind what many feel is an impressive record. See Page 7A.  
Official statements issued by Hooper and county commissioner Sandra Glenn. See Page 7A.

## Kelleys face 115 charges

By J. MARK BARFIELD  
and LAURA L. SULLIVAN  
Herald staff writers

SANFORD — Seminole County Commissioner Jennifer Kelley said Tuesday she did not intend to violate state campaign expense laws and will cooperate with state prosecutors who have filed 115 misdemeanor violations against her and her husband.

Nevertheless, she said, she is worried that voters might not re-elect her if she is found guilty of any of the charges.

State attorney's investigators charged her with 63 campaign violations and filed 52 charges against her husband Eoghan, who was her campaign manager when she was elected to his first term as a public official last November.

"I still feel that I didn't do anything wrong," Jennifer Kelley said. "I don't know of a candidate just starting out that doesn't make a mistake."

She said she wants to continue her service to the residents. "Of course I want to keep my job. I would hope the people of Seminole County would know I work hard for the people of Seminole County."

Eoghan Kelley said this morning, "I want to cooperate with all the agencies involved and resolve the charges at the earliest possible time."

Jennifer Kelley was served with the summons for □ See Kelleys, Page 6A



Jennifer Kelley

## State Cabinet OKs new boat speed limits

United Press International

TALLAHASSEE — The Florida Cabinet approved the first statewide boating speed limits and boat operator licenses Tuesday, part of a package of recommendations intended to help prevent the deaths of people and manatees on Florida's waterways.

Also, 13 key manatee protection counties will have an option to work with the state to come up with their own manatee-protection and boater-safety guidelines or accept the state's recommendations.

Those counties are Volusia, Brevard, Sarasota, Lee, Duval, Collier, Broward, Dade, Palm Beach, Martin, Indian River and St. Lucie.

After listening to more than four hours of testimony, the Cabinet adopted a daytime speed limit of 35 mph and a nighttime speed of 20 mph, effective three days after filing with the Secretary of State.

The proposal for boat operator licenses would become effective upon legislative approval. If adopted, the proposal would become law Oct. 1, 1991.

"We'd be the first state to do operator licensing," said Col. Bob Ellingsen, director of the state's Division of Marine Law Enforcement. "I don't think anybody realized the public support for operator

□ See Boats, Page 6A

## Handicapped child faces uncertain future



Ruby Massey and her son, seven-year-old Jason.

By LAURA L. SULLIVAN  
Herald staff writer

OVIDO — In bold letters across Jason Massey's red sweatshirt is the word "football," a game his mother Ruby realizes her son will never be able to play.

Jason, 7, has suffered severe brain damage and life-threatening seizures since he was five months old.

"When you have a child born normal or what seems to be normal, in a sense that child dies when you find out he's sick," Ruby Massey said. "All your hopes and dreams and things you want for him die. But you go on and live with what you have."

Jason requires 24-hour nursing care to keep his breathing from stopping during severe seizures, and to allow Ruby Massey to work part-time in cosmetics sales, the mother said. The cost of care provided by four nurses is \$25,000 every month, she said.

Jason's \$1 million lifetime insurance coverage will run out in December, three months after his seventh birthday, the mother said. Now the Masseys are scrambling to raise enough money to keep their son at home.

"Jason would have never survived in an institution. They □ See Child, Page 6A



### Police: Woman drowned baby in toilet

TAMPA — A first-degree murder charge has been filed against the teen-age mother of a newborn boy found drowned in a dormitory toilet at the University of South Florida, officials said Tuesday.

### Drug cases dropped because cop lied

FERNANDINA BEACH — Prosecutors have dropped charges against 25 people suspected of selling drugs because a key witness, the undercover cop who set up the arrests, has admitted he lied about the cases.

### State declares 'labor surplus' regions

TALLAHASSEE — Twenty-one areas in Florida have unemployment rates 2 percent higher than the national average of 5.1 percent and have been designated as "labor surplus" regions, federal labor officials said Tuesday.

### Firefighters sue chief, city

FORT LAUDERDALE — The firefighters' union has filed a suit alleging that the city and Fire Chief Jim Sparr bypassed the union and bargained directly with firefighters.

### Cities fined for missing plan deadlines

TALLAHASSEE — Gov. Bob Martinez and the state Cabinet fined three small south Florida cities almost \$300,000 Tuesday for missing deadlines for submitting master plan proposals to the state.

## NEWS FROM THE REGION AND ACROSS THE STATE

# Workers' comp premiums revised up

United Press International

TAMPA — Insurance industry officials, who have proposed a near-historic 57.3 percent hike in workers' compensation premiums, are seeking an additional 1.1 percent increase on top of their earlier request.

These increases are absurd. A lot of roofers are almost forced into cheating or going out of business.

-Walter Willet, West Palm Beach roofing contractor

## Anti-pornographers target video stores

United Press International

ORLANDO — The organization that pressured stores across the state to stop selling Playboy and Penthouse now has its anti-arrest sights set on neighborhood video stores that rent tapes the group considers obscene.

of roofers are almost forced into cheating or going out of business.

Ruth Wieland, who owns an Orlando roofing company with her son, echoed Willet's comments, saying if the rate increase goes into effect, "I'm afraid we'll have to close."

especially hard hit by rate increases. In 1990, for example, the National Council on Compensation Insurance — the industry's rate-making agency and author of the proposed increase for Florida — is proposing increases of nearly 70 percent in premiums paid by roofing companies.

## Labor Dept. veteran named new Secretary of Administration

United Press International

TALLAHASSEE — Aletta Shutes, a 27-year veteran of state government, was named Tuesday as Florida's new Secretary for the Department of Administration.

State Treasurer Tom Gallagher, who also serves as state insurance commissioner, is expected to approve an increase by the second week of November, but he has not said how large a hike he is likely to approve.

The compensation council, which represents about 300 commercial carriers that sell workers' compensation insurance, has proposed the increase to offset mounting losses in the state-mandated insurance program.

Shutes is a native of Marianna, Fla., and holds degrees from Florida State University and Florida A&M. She has held positions in the state departments of Health and Rehabilitative Services, Commerce and Labor.

## Judge considers change of venue in policeman's manslaughter trial

United Press International

MIAMI — Massive pre-trial publicity and the threat of another riot make it impossible to find an impartial jury in Miami for the trial of a Hispanic policeman charged with killing two black men in a shooting that erupted three days of riots in January, a defense lawyer said Tuesday.

materials and see if any of it fits the obscenity law. The best way to approach this is to get some representative rulings and go from there.

To be legally obscene materials would have to be declared so by a jury chosen from the community. It is not known what would be considered obscene in Orlando. Cocchiarella said the most recent obscenity cases have been tied up in the courts for several years.

Black said it is important for his client to note that the general consensus is there will be a riot if Lozano is acquitted. He said there was a good chance any jury from Dade County would be inclined to rule on the reaction of the community instead of Lozano's guilt or innocence.

## Cougars need homes

UPI report

ST. PETERSBURG — Veterans Yates jobs about raising a cat issue and says he wants desperately to go out of business.

## Shuttle rollout held up for weather

United Press International

CAPE CANAVERAL — The space shuttle Atlantis came through its five-day space odyssey in near-perfect condition, setting the stage for the shuttle Discovery's blastoff next month on a secret military mission.

director, said by telephone from Edwards Air Force Base, Calif. "We've had a minimum amount of problems."

begin at 12:01 a.m. EDT Wednesday, but the move was delayed 24 hours when thunderstorms moved through the area late Tuesday.

TALLAHASSEE — The winning numbers Tuesday in the Florida Lottery Fantasy 5 game were 3, 27, 31, 36 and 34.

THE WEATHER
Today...Partly cloudy with a 20 percent chance of showers and a high in the low 80s.
Tonight...Partly cloudy with a 20 percent chance of showers and a low in the mid 60s.

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# POLICE BRIEFS

## Man attacks car

OVIEDO — Oviedo police report charging Donald Lyndell Hopson, 24, of 820 Central Ave., Oviedo, with throwing a deadly missile into an occupied car.

The arrest came at 3:52 p.m. Tuesday after Maryknud Francis, 23, 710 Tyson St., Oviedo went to the police station and reported the assault on her car.

Francis said she was driving east on State Road 419 when the suspect allegedly jumped on the hood of her car and demanded entry. The victim said the suspect jumped up and down on the car's hood and as she drove away, he allegedly threw a rock. The rock shattered the rear window of the car and showered Francis' babies, ages one and two years, with glass.

Police said they found and arrested Hopson on State Road 434, within about 20 minutes of the incident. Bond is \$4,000.

## Boy charged in forgery

SANFORD — A 17-year-old boy was arrested by Seminole County sheriff's deputies who accuse him of having his grandmother's insurance agent cash a stolen and forged \$225 check for him in July.

Jermaine McTavish Seymore of 117 Hughes Ave., Sanford, was arrested at the county jail Tuesday. He was already jailed as an adult on other property-crimes charges, deputies reported.

Seymore is charged with forgery, uttering a forgery, dealing in stolen property and theft in this latest case. Hal B. Piery of Sanford, is identified as the insurance agent victim, who cashed the check illegally drawn on the account of Industrial Contracting Co., Inc., of Rand Yard Road, Sanford. Other stolen checks were also reportedly cashed under other circumstances.

## Woman arrested for DUI

SANFORD — Anna Lech Midolo, 35, of 886 Lormann Circle Longwood, was arrested at 2:12 a.m. Monday after driving erratically on U.S. Highway 17-92, Longwood, and charged with driving while under the influence.

**TUESDAY**  
01:34 a.m. — No. 61 Redding Gardens, rescue call.  
01:48 p.m. — 116 Calery Ave., rescue call.  
03:01 p.m. — 3701 Georgia Ave., keys locked in car.

09:04 p.m. — 1227 Lincoln Court, rescue call.  
09:16 p.m. — 22th Street and French Avenue, rescue call.  
**WEDNESDAY**  
04:48 a.m. — 1484 Valencia Court, rescue call.

# Red Bug Lake Road won't be 6 lanes

By BRAD CHURCH  
Herald staff writer

SANFORD — Choosing one of eight alternatives, Seminole County Commissioners last night approved a one to widen Red Bug Lake Road to four lanes and Tusawilla Road without a provision to add two more lanes later. The alternate was picked by a 3-2 vote.

Commissioner Pat Warren, whose district the proposed project is in, moved to approve the plan which allows both right- and left-turn lanes for the road. However, the plan does not provide for future widening to six lanes, as recommended by the county engineer. The plan also includes a 120-foot right-of-way instead of the 115 feet in the consultants' proposal.

Warren made her motion after several Red Bug Lake Road area residents spoke against alternate

plans that could widen the road to six lanes in the future.

Warren said the motion was in keeping with "the philosophy of this board, which is to favor present homeowners over commercial development or future residential development."

Warren, Sandra Glenn and Jennifer Kelly voted for the motion, and Bob Sturm and Fred Streetman voted against it.

Streetman and Sturm both chided the majority members for shortsightedness. "This board can avoid reality by voting for this motion, but it cannot avoid the consequences of reality when a six-lane road is needed there," Streetman said.

Sturm cited projections by the county engineering and planning departments that traffic would reach the capacity for a four-lane road four years after the road is built.

"I hope I live long enough to tell you 'I told you so,'" Sturm

told the three board members who favored the motion. "There will be gridlock on that road again in 1998, and home values will drop because of it," he predicted.

Representatives of several homeowners' associations along Red Bug Lake Road spoke in favor of the alternate the board approved. Only one speaker spoke in favor of a future six-lane road.

Te Bonn of the Willow Run Homeowners said a six-lane road would bottleneck traffic at its intersection with State Road 436 and a plan for a road that could be widened to six lanes would destroy the entrance to Willow Run subdivision.

A representative of Howell Cove Homeowners Association was the only person who spoke at the hearing who favored a plan that included possible future addition of two more lanes.

Several people said the county should build several four-lane roads to move traffic across the county instead of concentrating traffic on a "superhighway" such as a six-lane Red Bug Lake Road, a proposal Warren supported.

However, County Engineer Jerry McCollum, who first presented a proposal for a six-lane Red Bug Lake Road more than a year ago, said, the county's computer traffic projections include several roads being widened to four lanes, and still project the need for six lanes on that stretch of Red Bug Lake Road.

The Duda D.L.I. company, whose development north of Red Bug Lake Road was recently approved by the commission, will widen a relocated Red Bug Lake Road from its intersection with the expressway, through the development, to Tusawilla Road at the company's expense.

# University says man destroying Everglades

United Press International

GAINESVILLE — Humans have destroyed 75 percent of the Everglades natural environment by altering the wetlands to provide food, shelter and water, University of Florida researchers said Tuesday.

"Historical models indicate that even more seasonal wildlife habitat has been lost than the 80 percent used for agriculture and development," said Carl Walters, a visiting ecology professor in the Department of Zoology.

"The whole system is much more extreme than it was historically," said Walters. "Now some areas are kept very dry for agriculture or development, and many areas are kept very wet for water storage."

"The middle ground, which is better for birds and animals, has been lost." Researchers also have found

the Everglades have been wetter in recent years, while the region is drier overall than in the last century, he said.

A historical model of the

Everglades was developed by the South Florida Water Management District, the state agency regulating water resources for the region.

The district is coordinating study of the Everglades system by bringing together information from biologists, water managers and engineers.

**Friedman's JEWELLERS**  
**\$65,000**

# Troopers arrest four on sex-related charges

By SUSAN LOREN  
Herald staff writer

LONGWOOD — Florida Highway Patrol troopers conducting an undercover sting at the eastbound rest stop of Interstate 4, rural Longwood, arrested four men on sex-related charges Tuesday night.

The arrests were made between 9 and 11 p.m. with a male trooper sitting as a decoy.

In one case, Rick J. Nequin, 31, of Orlando was charged with committing a lewd and lascivious act after a trooper reportedly saw him performing a sex act on himself in the restroom. The trooper said he told the suspect to stop, but the man asked to be allowed to continue, until the trooper identified himself as a policeman.

Randal Keith Gould, 25, of Orlando, was charged with exposure of sexual organs and offering a lewd act after he allegedly walked into woods with a trooper and exposed his own sexual organs. The suspect allegedly said he wanted to perform specific sexual acts on the trooper, according to the arrest report.

Robert Lawrence Swain, 31, of Orlando, was charged with exposure of sexual organs, after allegedly performing a sex act on himself as the trooper

approached his car. Gayle Edwin Rosenquist, 42, of 357 Bordeaux Lane #206, Longwood, was charged with battery after allegedly touching both his own and the trooper's groin and stating he was looking for a specific type of sexual contact "in the Lake Mary area," the trooper reported.

## Classification

SANFORD — The Sanford City Commission Monday reclassified a position within the police department from patrolman to sergeant.

The new position, which will be filled after review of in-house applications, will supervise the community-based police unit in the Sanford Housing Authority housing projects. The sergeant will also be used as an anti-crime unit in areas of repeated burglaries, robberies and other crimes.

The difference in salaries and benefits during the first year is estimated at \$1,925, Police Chief Steve Harriett said.

Through the community-based program, teams of two officers walk the housing project beat. The program began in May after a Sanford police officer was shot while responding to a service call in Lake Monroe Terrace, a housing project in the city's west side.

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# Editorials/Opinions

## Sanford Herald

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### EDITORIALS

## An elusive age

A bunch of thinkers from around the globe gathered in Boston recently for the third annual session of what, with bilingual affection, they call "Conversations on Culture and Society." Besides ruminating on the resurgence of religion, a changing Soviet Union and the prospects for a rebound of cultural literacy, this hodgepodge of heavyweights tried to define the age in which we live by giving it a name. Not surprisingly, this being an intellectually bent group, they couldn't agree on a single "Metaphor for Our Times," as a French historian defined the task.

Bernard Levin, a columnist for the London Times, suggested "The Age of Disorder," which seems on the mark but which may have been rejected because so many other eras also could be so described. American economist Walt Rostow came up with an unusually lame offering, "The Age of Regionalism," based largely on the European Community's plan to remove all its internal frontiers in 1992. Professors are often like that.

Levin may have given the best explanation of why no commonly accepted name for the late 20th century has yet emerged. "Obviously any era — the Dark Ages, the Age of Enlightenment — is not called that when it happens. We're the first age to try and define itself right now, rather than waiting for history."

Exactly, which suggests a label that many disillusioned contemporaries have already affixed, in so many words: "The Age of Now" — or, as the Cookie Monster might put it, "I want everything, now!"

## The coinage campaign

The Susan B. Anthony dollar should have taught Congress a thing or two about tampering with the nation's coins. It didn't.

Some members heeded complaints that the coins are uninspiring, outdated and — the biggest sin of all — boring. About 200 representatives and 60 senators are cosponsoring bills ordering new designs.

The legislation requires the Treasury to modernize all coinage, beginning with the quarter. The legislation supposedly originated with the U.S. Commission of Fine Arts. Actually it is reported to be the pet project of a single individual, a New Yorker named Diane Wolf, who was appointed to the commission by President Reagan.

It was Wolf who persuaded the commission to call for new designs, found congressional sponsors and then initiated a letter-writing campaign by coin collectors and dealers with a vested interest in change.

Wolf should be kept from the doors of the Treasury and the Congress. Her campaign is elitist, shallow and without popular appeal. As Mint Director Donna Pope noted, there is no evidence that the "American public — the non-collecting public — is disaffected with current coin designs, or even favors new ones."

Clearly the average citizen has bigger things to fret about, and so has Congress. Art lovers who are offended by the solid, traditional emblems and slogans on today's coins should stick to paper money or return to bartering. The redesign movement isn't worth a nickel — plain or fancy.

## Berry's World



"Look! It's our little neighbor from the South here to haunt you."

### ARNOLD SAWISLAK

# King: The record already is in

WASHINGTON — Was the American Revolution evil because the man who led it was in love with his neighbor's wife?

Were the financial reforms and the social programs of the New Deal no good because the president who initiated them had an affair with his wife's former social secretary?

Did the Teapot Dome scandal happen because the president at that time had a mistress stashed in a house a few blocks from the White House?

If the answer to those questions is "no," how about this one: Was the civil rights revolution of the 1960s bad for the country because one of its leaders engaged in extramarital sex?

The point is simple. George Washington and Franklin D. Roosevelt were presidents whose deeds stand without reference to incidents of sexual impropriety in their personal lives. Conversely, Warren Harding's bedroom behavior does not explain the rampant corruption of his administration.

And the same thing ought to be said for Martin Luther King's sex life. The rectitude and the accomplishments of the civil rights movement he led will stand or fall on their own merits no matter who King slept with.

Critics might say that because King was a minister and because those who fought for civil rights repeatedly framed racial justice as a moral

question, his personal behavior was relevant in judging the movement he led.

If the civil rights movement had been talking

about personal morality, that point might have some impact. But it wasn't — the morality King and his followers cited flowed more from the Bill of Rights than from the Ten Commandments. It was addressed to official, not personal behavior, despite efforts to picture the movement as an effort to "mongrelize" or "mix the races."

It also makes no difference why the Rev. Ralph David Abernathy used 2 1/2 pages of his autobiography to write about King's sexual adventures.

If he was simply trying to tell the truth, the



The accomplishments of the civil rights movement he led will stand or fall on their own merits.

cause of accurate history and the humanization of historical figures may benefit. If he was trying, after all these years, to take revenge on King for some offense, he has gotten precious little for his efforts.

Abernathy's comments were greeted with a blast of anger and denial by a long list of other former King associates. About the kindest comment was the suggestion that Abernathy's brain was affected by recent strokes or that his publisher took advantage of a sick man to sensationalize his book.

Abernathy says he might talk and walk slower but his memory is clear and notes that he is a long way from being the first person to suggest that King did not live the life of a celibate saint.

In the 1960s, with the active connivance of J. Edgar Hoover, who specialized in sexual extortion, references to King's sex life were invariably part of efforts to discredit him and the civil rights movement. That memory obviously is what provoked the hostile reaction to Abernathy's book.

But King has been dead more than 20 years and legitimate historians have begun to examine both King's private and public life. Just as it was for Washington and FDR, it is too late for what they discover about the former to change or discredit the latter.

### JACK ANDERSON

## EPA drags its feet on bug spray issue

WASHINGTON — "Bug bombs" are aptly nicknamed. Environmental Protection Agency scientist Dwight Welch has spent years tracking cases in which the over-the-counter indoor foggers have exploded or caught fire. Now, for insisting that they be labeled as flammable, Welch has been moved out of his job to a position for which he has no training.

In whistleblower terms, Welch has graduated to paper shuffling. His mistake was that he complained too loudly about something that his bosses weren't ready to change. The only thing that changed was Welch's job. Welch, the EPA's leading expert on the hazards of indoor bug bombs, figured out 10 years ago that the foggers could catch fire when their spray came in contact with a heating source or flame, such as a pilot light. He thought it would be simple enough to require the manufacturers to label the products "flammable."

But the EPA dragged its feet and then reduced Welch's effectiveness by moving the squeaky wheel to a sound-proof room. Welch's new job has him reviewing toxicity figures, a spot where he has little impact on the issue of exploding insect foggers.

Welch's colleagues still consider him the expert on the subject. "He calls them like he sees them," one scientist told us. "People like that never fare well at this place."

Welch's case reflects a tendency of the EPA's pesticide office in Washington to roll over and play dead for the industry. Despite reports of severe injuries involving some bug killers, the EPA seems to go easy on the people who make the products.

Lower-level professionals don't like it. They told us that concern for public safety — a cornerstone of the EPA — is taking a back seat to the politics of deregulation.

Insecticide makers have a cozy relationship with the EPA. Some of the agency's top officials have quit to take industry jobs where they trade on their old ties.

The Chemical Specialties Manufacturers Association, which represents insect spray makers, says that indoor foggers aren't flammable if they are used properly. Gasoline won't catch fire either until you put a match to it.

Our associate Scott Sleek obtained an internal EPA memo that exposes the industry's cavalier attitude. The memo quotes a pesticide company official as saying that the company "does not need to worry about the side effects of flammable products since its insurance company settles on any damages or injuries."

The EPA had planned to take Welch's advice and require more specific labels on insect foggers, but backed down when the industry threatened a lawsuit.

EPA managers don't like it when their scientists are too critical of the industry. Welch is now afraid that his transfer to a backwater job is a setup to get him fired. The EPA denies that.

Agency officials told us they are moving on the bug bomb issue, but haven't been able to make it a priority. They said Welch has been put on a task force to study the problem, but what they didn't say is that Welch was appointed to the group only after he loudly protested his transfer.

Welch told us he doesn't regret taking a tough stand, even though he has paid for his outspokenness. "If I didn't do anything about it," he said, "every time I would have read about somebody getting hurt this way. I'd say, 'I could have done something about it.'"



In whistleblower terms, Welch has graduated to paper shuffling.



### DAVID S. BRODER

## We must offer help to Poland

WASHINGTON — When Secretary of Labor Elizabeth Dole and her husband, Bob, the Senate minority leader, met Jacek Merkel, a leader of Poland's Solidarity union and a member of Poland's first freely elected parliament, on their August trip to Poland, he asked if her department could help devise blueprints for job-placement, job-training and unemployment-insurance programs for the fledgling government.

Such programs are needed as Poland converts from a bankrupt Communist system to a market economy. Painful transitions face many workers in factories and firms that exist unproductively today on government subsidies.

Merkel faces an equally challenging transition himself, as he made plain in talking with a few reporters here when he visited Dole and the Labor Department recently. After spending his whole adult life in and out of jail for organizing exploited workers to demand justice from the state, he now finds himself part of a government that must ask those same workers for sacrifice.

He allows himself not an ounce of self-pity. "In the long run," he said, "we know that these reforms — privatization of state-owned business, squeezing out inflation, letting the marketplace set wages and prices — are the only way to achieve prosperity. But in the short term, the workers I represent can feel injustice. Prices will increase more than wages and they will turn to me and say, 'You are no longer representing me, Solidarity.'"

"When factories are closed — for necessary economic reasons — the workers will say, 'We must strike.' But it is not sensible to strike against the government we created or the policy that is our only hope. And that is why we need your help. Not later, but now."

Listening to this brave man, one of many in Poland who has risked his life to give his people a chance to earn a bit of the freedom and prosperity we so casually accept as our due, it was impossible not to feel a bit ashamed of the protracted and petty haggling over the size and shape of America's aid package for Poland.

The feeling was reinforced a few nights later when Jeffrey Sachs, the Harvard economist who is economic adviser to the Solidarity-led Polish government, gave a status report on that country to the Institute of International Economics.

Sachs explained why the next few months are the most crucial in Poland's effort to build a market economy. "Just wait," he said. "The government agreed on a program that is probably the boldest and most comprehensive attempt at economic reform ever attempted. It is being carried out by a team of great professionalism and enormous seriousness... There is strong consensus on where

they want to go."

Recognizing the risks, the new government has set a timetable that would get the basic framework of the functioning free economy built by the end of 1990 — in just 15 months. The promise is that "you don't cross a chasm in two jumps."

To make the leap, Sachs said, Poland must have a reduction in the crushing burden of interest payments on the foreign debt its imprudent Communist masters accumulated. Western banks and governments seem ready to provide that relief.

But it also needs short-term and medium-term support for its currency — while it tries to stem inflation — and that is where Washington and the West are dragging their feet. "Right now," said Sachs, "we are at perhaps the most crucial time in the whole process."

Why? Because the only way to lance the inflationary infection that is driving up prices almost 50 percent a month is to impose budgetary austerity and tighten credit. But there's a catch — 23 to that policy.

"Every successful anti-inflation program," Sachs explained, "starts by forcing down real wages," as government allows controlled prices to rise while reducing its consumer subsidies.

In Poland, that already is happening with food. But fuel — particularly coal — still is kept artificially cheap. As coal prices are allowed to rise in coming months, Poles will inevitably find themselves not only hungry but cold.

"That is the potentially explosive moment," Sachs said, "because a sense of panic and foreboding can sweep the streets. It is made more urgent by the fact that Solidarity does not control the army or the police; those ministries are still run by the communists in the coalition government."

The risk can be reduced somewhat, he said, "depending on how much learning can take place in the lower ranks of Solidarity, among the workers."

But it can also be alleviated if the West steps forward with the loan guarantees and interim aid that will improve the odds on Poland's economy surviving this necessary but bitterly painful shake-down.



The next few months are the most crucial in Poland's effort to build a market economy.





# COUNTY GOVERNMENT IN TURMOIL



County commissioner Fred Streetman (right) announced his intentions of resigning Tuesday, saying he didn't want to be a part of the county commission in the wake of fellow Jennifer Kelley's being charged with campaign violations. At left is commission chairman Sandra Glenn.

## Mayors stunned by shakeup, but predict smooth transition

By LAURA L. SULLIVAN  
Herald staff writer

SANFORD — Although leaders of Seminole County's cities last night said they were astonished at the shakeup in Seminole County government, mayors agreed the actions probably will not threaten cooperation between the county and seven municipalities.

"To say that I was somewhat stunned is a massive understatement," Altamonte Springs Mayor Dudley Bates said. Last night's Altamonte Springs city commission meeting was interrupted with news of the resignations, he said.

"To find out all of a sudden in one fell swoop we have lost three senior officials and a commissioner, with another commissioner under charges is a shock," Bates said. "...It's now a wide-open situation."

Bates said the Seminole County Council of Mayors, which he chairs, frequently discusses "a renewed spirit of cooperation" between Seminole County and the cities.

"It has been a very nice change. We weren't all talking about litigation. We were talking about conferences ... and working together to work things out, instead of just, 'See you on the courthouse steps,'" Bates said.

Casselberry Mayor Owen Sheppard said he does not believe the resignations will harm his city's relations with the county, although a rapport with county staff built over the years will be lost.

"I hate to see it after years of building rapport with the county staff," Sheppard said. "There is a...void caused by all of this."

Sheppard said he characterizes county relations with Casselberry as cooperative, in spite of the city's court challenge of transportation impact fees within the city. "Litigation is just a matter of business," he said.

Lake Mary Mayor Dick Fees said, "I hate to see talented people lost to government, but I guess they have their reasons."

Fees said he did not believe the resignations would threaten cooperation between the city of Lake Mary and Seminole County.

"Whatever happens, the city of Sanford will try to maintain a good working relationship with the county," Sanford Mayor Bettye Smith said.

Leanne Grove, Winter Springs mayor, last night could say only, "I am in absolute shock. Unreal. I don't even know what to think about it."

Longwood Mayor Hank Hardy also said he could not comment on the resignations until he learned more about yesterday's actions.

Oviedo Mayor Charlie Beasley could not be reached for comment.

## Hooper guided county through some monumental changes

### HOOPER STATEMENT

Here is the verbatim statement Seminole County Manager Ken Hooper issued about his resignation:

This October, 1989, marks the completion of over 15 years of service in Seminole County government. Since 1984, it has been my privilege to serve as the County Manager for Seminole County and its citizens. The years have been very challenging and rewarding.

Looking back, it has been a successful record. The accomplishments have been both rewarding as an individual and more importantly as a member of the Seminole County management team.

The accomplishments have been many, such as:  
• Creation of a major countywide water and sewer program, creation of a solid waste management program,  
• Initiation of a transportation improvement program including bonding of local option gas taxes, completion of major construction projects including renovation of the Courthouse,  
• Expansion of the Jail, addition of the Auditorium, new fire stations, five new library facilities, juvenile justice facility,  
• Implementation of E-S-1-V System, and  
• The replacement of the Animal Control Facility.

Also of major importance was completion of the 1989 Comprehensive Plan Update, paving the way for the 1991 compliance requirement.  
My most significant achievement has been my participation in the revision and adoption of the Seminole County Charter.  
A successful record of achievement would not have been possible without the support and determination of the members of the Seminole County staff. These efforts, both to quality and results were demonstrated in the recently completed Seminole County Organizational Review depicting this County as the most efficient of all urban counties in Florida. No one could be more fortunate than I to have served with such an outstanding staff.

This year, however, it has become apparent that philosophical differences and lack of confidence exists with majority of the Board of County Commissioners. Therefore, I have decided the time has come to submit my resignation as County Manager. In order to accomplish a smooth transition, I will continue as a management consultant under contract during the next year.

I am grateful for the opportunity to serve this County. I am especially grateful to the many people whom I have worked with along the way, both inside and outside the County organization.  
I tender my most sincere best wishes to the County for continuing success in the work that lies ahead.

J. MARK BARNFIELD  
Herald staff writer

SANFORD — During his five-year tenure as Seminole County manager, Ken Hooper has directed the county through some of the most monumental changes and projects in the county's history.

Many of the events during Hooper's career he sees as successes. Some have led to controversy. Some may have led to his resignation Tuesday.

Hooper, at age 36, was appointed to the chief county executive's position, then titled the county administrator, in Dec. 1984 by county commissioners. He had served the county since 1974 when he began as a laboratory technician.

Hooper received several promotions, including to director of the Environmental Services Department in 1988, before he was named to county administrator to replace former administrator Duncan Rose III.

Perhaps the most significant change Hooper has seen since his appointment was the creation of the county charter, approved by voters last November and in effect since January. The county charter, a form of constitution for Seminole County, describes county government.

Under the charter, Hooper assumed all administrative duties of the county's government. Technically Hooper had those responsibilities prior to the charter, but by county custom some of the duties were divided between the manager and the

commissioner.

Since the charter was approved, Hooper and his staff have taken over clerical duties for the Code Enforcement Board, Animal Control Board and other similar duties. The clerical duties were formerly held by the Clerk of Courts at the request of county commissioners.

Although Hooper's assumption of the clerical duties for the boards was sought by Circuit Court Clerk Maryanne Morse to trim her budget, the changes brought grumbles from some members of those boards fearing Hooper was trying to control them. Some of those complaints were directed at sympathetic ears on the commission, including commission chairman Sandra Glenn.

Hooper, during his career as county manager, fended off barbs from county employees for recommending the firing of dozens of employees who fix county vehicles, maintain roads and buildings and perform other duties and hire companies to perform those duties.

Hiring the private firms saved the county several million dollars annually in personal and other expenses, but generated disquiet among some county employees who believed their jobs weren't secure if Hooper thought money could be saved by eliminating their positions.

Hooper also supported County Engineer Jerry McCoilum's controversial recommendation to widen Red Bug Lake Road to six lanes.

Hooper also helped direct the county through a massive road-building campaign fi-

nanced by more than \$70 million in bonds and impact fees. Hooper oversaw the construction of a new Animal Control Shelter and Juvenile Justice Building.

When problems arose last year over the management of the Animal Control Department, Hooper took control of the department and eventually forced the resignation of the depart-

ment's director, Bob McIntosh. Although Hooper was criticized by Diane Albers, chairman of the county Animal Control Board, for moving too slowly with his investigation of McIntosh, Albers applauded the resignation of McIntosh.

Hooper also oversaw construction of five new libraries in the county.

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## Students received alleged illegal payments

By LAURA L. SULLIVAN  
Herald staff writer

SANFORD — Seminole High School students named in charges of campaign violations filed against Jennifer and Eoghan Kelley said in interviews Tuesday they were paid through a business account for the county commission's husband for work they did on her campaign.

Charges filed by the Seminole-Brevard state attorney's office Monday name about 25 Seminole High students as campaign workers who received alleged illegal payments through an allegedly unauthorized account.

Cindy Fletter, a Seminole High senior, said she went to work at IntelVest June 13, 1988 and worked there until about Sept. 16, 1988, when she was fired for not working on Labor Day.

Fletter said she was one of about 50 Seminole students who worked for Kelley at some time during Jennifer Kelley's commission campaign.

Fletter said she was paid \$5 an hour weekly on IntelVest payroll checks.

Sylvia Mooreland, also a Sem-

inole High School student named in six counts against the Kelleys, said she applied for a job with the campaign after Seminole Choir Director Bob Maguire, a Kelley son-in-law, announced that the Kelleys would pay after-school help with the campaign. She said she worked with several friends from the choir after school daily for a few weeks at Eoghan Kelley's 601 Seminole Blvd., IntelVest architectural firm.

One of the Seminole High School students named in the

charges said Eoghan Kelley ran the campaign with what the student described as a military-like demeanor. "Whenever Eoghan snapped his fingers, Jennifer had to be right there," said the student who asked not to be identified.

The student said campaign employees were required to work evenings and weekends — beyond hours agreed upon when students were initially hired.

Jennifer and Eoghan Kelley were charged with allegedly making illegal payments and

failing to report payments to the following people:

Mooreland, Fletter, Maguire, Kristen Gross, Melanie Betts, Deanna Cote, James Carroll, Theresa Carroll, Kathy Bew, Lynda Dawson, Brandy Dunn, Lori Feldman, Deborah Davis, Cassandra Martin, Blake Smith, Lis Rivers, Tiffany McMurray, Brian Lewis, Dana Johnson, Suzanne Waugh, Christine Simmons, Dana White, Karen Wetherhold, Lisa Sundvall, Damaris Bechir and Lucy Howe.

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**Pennsylvania may pass abortion law**

HARRISBURG, Pa. — Legislation that would give Pennsylvania the most restrictive abortion laws in the nation is heading back to the Senate, where it is expected to be passed and signed by the governor.

The sweeping measure, overwhelmingly passed Tuesday by the House of Representatives, generally bans abortion after the first 24 weeks except under certain circumstances. It passed 143-58 as part of a Senate bill after nine hours of debate on a barrage of amendments aimed at weakening the measure.

Gov. Robert Casey has said he will sign the bill if it is passed by the Senate, which is expected next month. It would make Pennsylvania the first state in the nation to tighten restrictions on abortion since a July decision by the Supreme Court that permitted states to do so.

Earlier this month, the Florida and Illinois legislatures refused to consider legislation that further restricted abortions, giving pro-abortion forces the edge in the battle for public opinion nationwide.

**Guns cause 11% of childhood deaths**

WASHINGTON — More than one of every 10 childhood deaths in America during 1987 was caused by a gun, a government report said.

The National Center for Health Statistics said Tuesday that firearms killed 3,392 people ages 1 through 19 in 1987 — the last year for which complete statistics are available — accounting for 11 percent of what are defined as childhood deaths.

The center's report, based on state death certificates and World Health Organization statistics, included firearm deaths from homicide, suicide and unintentional injuries.

The proportion of deaths caused by firearms rose with age — from 1 percent at ages 1 to 4, to 17 percent among teenagers. Black male teenagers were at the highest risk, with more than 40 percent of all deaths caused by guns.

From United Press International reports

**Reagan ordered to release notes**

**Poindexter will use in his trial defense**

United Press International

WASHINGTON — A federal judge ordered former President Reagan to turn over his diaries and notes to John Poindexter for use by the former national security adviser in his courtroom defense, but allowed President Bush to withhold documents in the Iran-Contra scandal.

U.S. District Judge Harold Greene also issued an order Tuesday for Poindexter's

trial to begin Jan. 22, 1990.

Poindexter is accused of conspiracy, destruction of documents and obstruction of a congressional investigation into the Iran-Contra scandal, the worst that confronted the eight-year Reagan presidency.

Greene said that according to documents submitted by Poindexter's lawyers, "President Reagan met with Poindexter daily, frequently alone; they routinely had conversations with regard to national security matters, including, among other things, the Iran initiative and the Contra support program; assistance to the Contras by third countries; the role of Richard Secord as a middleman in the transfer of arms to Iran;

private and third-country fund-raising for the Contras ... and on the accuracy of (a) chronology prepared by Oliver North and reviewed by Poindexter."

The judge found there is "sufficient likelihood" that the documents Poindexter is seeking from Reagan will be important to the former aide's defense.

Greene said, however, that documents held by Bush would appear to duplicate Reagan's diaries and notes.

"Therefore, based on that showing, and because of the deference due the incumbent president, the court denies the defendant's request for the Bush papers at this time," Greene said.

**Bakker sentenced to serve 45 years**

United Press International

CHARLOTTE, N.C. — Jim Bakker's lawyer argued that the evangelist be sentenced to return to the PTL ministry and "complete the dream" for the congregation he defrauded, but a federal prosecutor said that would be putting "the fox right back in the hen house."

U.S. District Judge Robert Potter evidently agreed, and true to his nickname "Maximum Bob" sentenced Bakker to 45 years in prison, fined him \$500,000 and ordered him to begin serving time immediately. The television preacher will not be eligible for parole for 10 years.

Potter also rejected defense motions that Bakker be freed on bond pending an appeal, to be filed Wednesday with the 4th U.S. Circuit Court of Appeals in Richmond, Va.

Bakker, 49, was found guilty Oct. 5 on 24 counts of fraud and conspiracy in the sale of "lifetime partnerships" at PTL, which promised three nights' free lodging for life at the ministry's Heritage USA retreat in Fort Mill, S.C., to anyone

sending the ministry \$1,000.

He could have been sentenced to 120 years in prison and fined \$5 million for the scheme, which overbooked accommodations at the resort. Bakker raised \$158 million, most of it diverted to the general fund from which Bakker, his wife, Tammy Faye, and top PTL executives were paid generous salaries and bonuses.

Before sentencing, Bakker's lawyer, Harold Bender, urged Potter to consider sending the defendant to PTL instead of prison. "Your honor," he said, "impose a sentence and then suspend that sentence on the condition he return to PTL for five years. Order him to go back down there and complete the dream.

"Let the money that comes in not go through his hands. Let it go through the IRS. Let them keep every penny of it. Let the attorney general serve on the board of directors," the defense lawyer said.

Assistant U.S. Attorney Jerry Miller, who helped prosecute the case, scoffed at the suggestion, saying Bakker was "clearly corrupted by power and money."

**Zsa Zsa gets 3 days**

United Press International

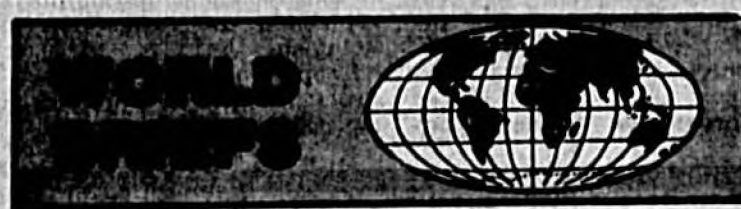
BEVERLY HILLS, Calif. — Glamour queen Zsa Zsa Gabor, who turned a routine traffic stop into a worldwide media circus, must spend three days behind bars and 120 hours helping out at a homeless women's shelter for slapping a Beverly Hills cop.

A controlled but angered Municipal Judge Charles Rubin also slapped Gabor with nearly \$13,000 in fines and restitution to the city. He warned she will go to jail for "quite a period of time" if she

fails to comply with the restrictions he set forth in placing her on two years' probation.

Gabor must serve her sentence by Dec. 29 in a county jail of her choice at her own expense and complete her community service by March 30, 1990. Rubin sentenced her to four days in jail, but gave her credit for the day she served just after her arrest.

The Hungarian actress sat quietly through most of the judge's stern admonitions, and at one point, spritzed herself with perfume.



**Gorbachev visits Finland**

HELSINKI, Finland — Soviet leader Mikhail Gorbachev arrived in Finland today to begin a two-day state visit to his country's closest and most trusted Western friend.

Gorbachev's official welcome at Helsinki's Vantaa airport by Finnish President Mauno Kivisto and his wife, Tellervo, was to be followed by official talks at the Presidential Palace in Helsinki.

Expectations for the visit in Finland were high, in particular with hopes that Gorbachev would clarify where Finland and its Nordic neighbors figure in his oft-cited vision of a "common European home."

A former autonomous Grand Duchy of the Russian czars, Finland received its independence from the Soviet Union Dec. 31, 1917, when Vladimir Lenin, the founder of the Soviet state, signed the country's unilateral declaration of independence.

Finland is the only state ever to secede from the Soviet Union. Finnish troops fought Soviet forces to a standstill in two bloody wars, but the country lost its easternmost province of Karelia in reparation.

**Amnesty International issues grim report**

LONDON — Tens of thousands of people were unlawfully killed or executed without trial by governments in at least two dozen countries last year, Amnesty International said Wednesday in its annual human rights report.

In a 310-page report covering 1988, Amnesty International cited torture and ill-treatment of detainees and prisoners throughout the world, and said at least 60 countries had held political prisoners during the year.

The London organization, which monitors human rights abuses worldwide, described methods of killing as diverse as they were gruesome. Victims were blown up by explosives, publicly executed, hacked to death, poisoned, strangled, gunned down in groups or shot by snipers, Amnesty said.

From United Press International reports

**Aftershocks jolt bay area**

United Press International

NATONVILLE, Calif. — One of the strongest of an estimated 3,500 aftershocks to the Bay area jolted the region as people were beginning to feel "the emotional fallout" from last week's devastating earthquake.

An aftershock Tuesday that registered 4.5 on the Richter scale jiggled skyscrapers in San Francisco and cracked walls in Santa Cruz, but brought no new reports of major damage or injuries.

The aftershock struck at 6:27 p.m., one week and 63 minutes after a powerful quake battered the region.

Officials said there have been more than 3,500 aftershocks recorded on area seismographs, 18 of them registering 4.0 or higher.

The U.S. Geological Survey said more accurate measurements put the Oct. 17 quake at 7.1 on the Richter scale.

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<b>Skol</b>	<b>9.99</b>	<b>14.99</b>	<b>12.99</b>
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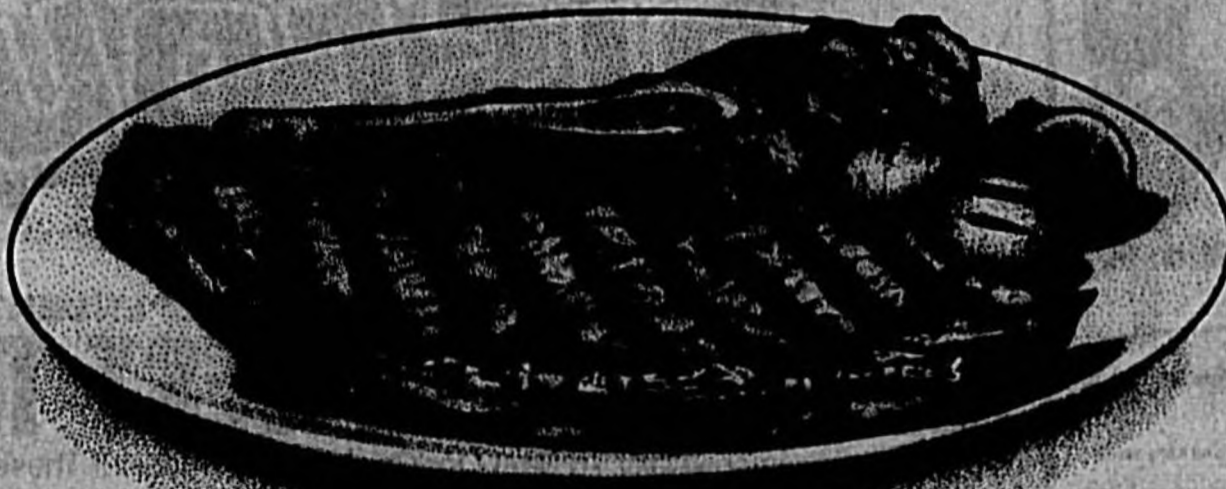
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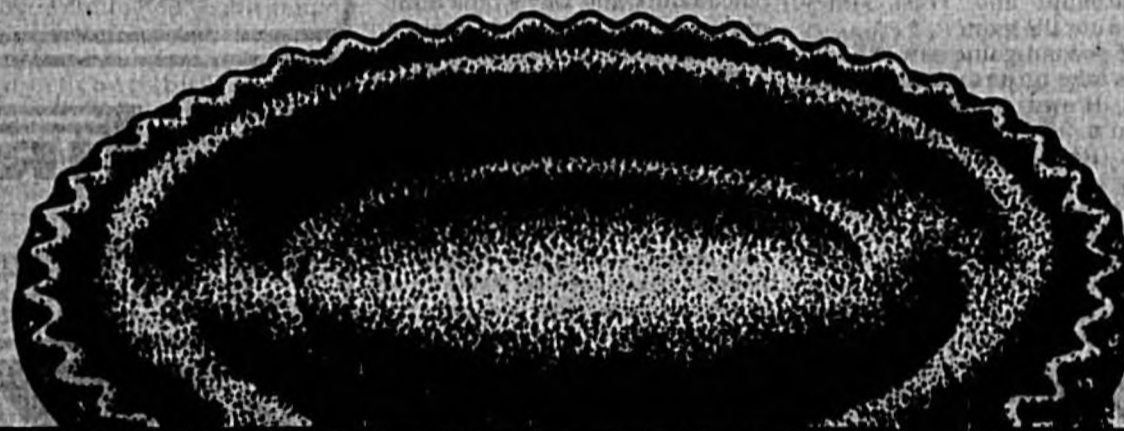
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**Specialized treatment of eye is worth effort**

**DEAR DR. GOTT:** I've been diagnosed with a sick cornea. I often get the feeling something is in my eye. One eye doctor suggested I postpone cataract surgery to give eye surgeons time to accumulate experience with possible complications. Since my doctor practices in a small town, he can't have much experience with my problem. What can I do?

**DEAR READER:** The cornea, the clear covering over the front of the eye, is richly supplied with nerves. Therefore, a corneal abrasion (scratch), speck of dust or infection can often be very uncomfortable. Your cornea may be too dry (from lack of tears) or, if you wear contact lenses, they may be improperly fitted. Also, you could have a chronic virus infection of the cornea that needs treatment.

Cataracts are caused by clouding of the lens, the portion of the eye behind the cornea that focuses light on the retina. Many eye specialists are proficient at performing cataract surgery. If you need a cataract operation, the procedure is safe and can be performed quickly under local anesthesia by a qualified ophthalmologist.

I am unclear about your eye difficulty. From your description, you seem to have two conditions: an irritated cornea and a cataract. Ask your doctor to refer you to an ophthalmologist for a second opinion. You may have to travel several miles from your town, but good vision is important and the trip would be a small price to pay to preserve your sight.

To give you more information, I am sending you a free copy of my Health Report "Medical Specialists."

**DEAR DR. GOTT:** The areas around my husband's eyes get very dark when he is tired. Why is this?

**DEAR READER:** Fatigue-induced darkening around the eyes is due to pooling of blood in the tissues. I do not know why this happens or why some people have a marked tendency to develop black circles under their eyes. The reaction is



MEDICINE

PETER GOTT, M.D.

apt to run in families and is not a health hazard.

**ACROSS**

- 1 Biblical tower
- 6 Low light
- 11 Speed
- 13 Actor Harvey
- 14 Public speaker
- 15 Hooper
- 16 Brown
- 17 Drive forward
- 18 Tennis court
- 20 Adam's grandson
- 21 Forestry
- 22 Culture
- 23 South
- 27 Simple sugar
- 30 Actress
- 31 Opera
- 34 Computer
- 35 Jackie's 2nd husband
- 36 Grafted, in

**DOWN**

- 1 Tennis player
- 2 Boat
- 3 Animal
- 4 Art deco
- 5 Author
- 6 Yachting
- 7 Theater

**WIN AT BRIDGE**

By James Jacoby

Forget that there's a play for six clubs. In tournament play, with only 27 combined high-card points and double stoppers in all suits, three no-trump is normal. Since overtricks are important, how should you play with a heart lead? You might plan to cash A-K of spades, throwing a diamond, and intending to try the club finesse next. If that works, run the clubs and see if you want to try for a favorable end-position by exiting with a heart in the hope that a defender will have to lead away from the king of diamonds. The other approach is to simply play ace and queen of clubs, giving up on the club finesse. Now you play out all your clubs, and the defenders are burdened with having to hold spades as well as the king of diamonds. Under those circumstances, something good frequently happens at the finish. When the deal occurred, declarer decided he did not want to give up on the club finesse working. He won the first heart and played dummy's A-K of spades. What a pleasant surprise when the Q-J dropped doubleton, setting up the entire spade suit! He got rid of all his red-suit losers before trying clubs, and made six for an excellent result. Note that on this deal East would have greatly improved his score if he had opened with a weak two-bid in diamonds. That's off the wall for experienced players, since East might be making it impossible for his side to play in a heart contract, but unorthodox bids sometimes work. This time West would be leading a diamond, and the defense would get two tricks for sure.

**YOUR BIRTHDAY**

Things look better than usual for you in the year ahead where your material interests are concerned. This could be a year when you'll be able to get a number of luxury items for which you've been longing.

**SCORPIO** (Oct. 24-Nov. 22) If you have an idea you feel could be of benefit to you, it's better not to discuss it with others until you have everything in a "go" position. Someone might steal your brain child. Scorpio, treat yourself to a birthday gift. Send for your Astro-Graph predictions for the year ahead by mailing \$1 to Astro-Graph, c/o this newspaper, P.O. Box 91428, Cleveland, OH 44101-3428. Be sure to state your zodiac sign.

**SAGITTARIUS** (Nov. 23-Dec. 21) Steer clear of sales today that are promoting unique or exotic merchandise. There's a possibility you might end up buying gadgets and items for which you'll never have a use.

**CAPRICORN** (Dec. 22-Jan. 19) Usually your tenaciousness enables you to stick to your

objective until you reach your objective. But today you might take yourself out of the running when the goal is within sight.

**AQUARIUS** (Jan. 20-Feb. 19) Before springing into action on a flash of inspiration today, put your bright thought down on paper so that it can be studied further. Up close it might not look all that good.

**PISCES** (Feb. 20-March 20) If you are presently working on a new project, be patient and take everything one step at a time. You could fall on your face if you try to accomplish your objective with one big leap.

**ARIES** (March 21-April 19) Usually you're a rather independent thinker who is not easily influenced by compromise. Today, however, you might yield to peer pressure and follow counterproductive advice.

**TAURUS** (April 20-May 20) Be patient with co-workers today, especially those who do not grasp the essence of ideas as rapidly as you do. It won't hurt you to repeat information or instructions for their benefit.

**GEMINI** (May 21-June 20) It's best not to borrow money from

friends today if you're uncertain about when you'll be able to repay it. Try to make due with what you have rather than jeopardizing a relationship.

**CANCER** (June 21-July 22) If you are indecisive about making a decision today that affects others as well as yourself, dismiss it from your mind for a while and come back to it later when you have a fresh perspective.

**LEO** (July 23-Aug. 22) It might be wise to temporarily shelve tasks or assignments that are exacting. Your concentration might not be up to par today and you could mess up where details are concerned.

**VIRGO** (Aug. 23-Sept. 22) An "easy come, easy go" frame of mind today could lead to the loss of an opportunity where your indifference may let something profitable slip through your fingers.

**LIBRA** (Sept. 23-Oct. 23) Your salesmanship qualities might not be up to par today and there's a possibility you may let your prospects off the hook because you're a poor closer.

**ANNIE**



by Leonard Starr









**SPOOKY SAVINGS FOR HALLOWEEN!**

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*Soup Appetizers*

# COOKBOOK

Delicious Recipes  
from Herald  
Cooks of the Week

**eat**  
**Seafood**  
**From  
The  
Grill**

**EAT**

**eat**

**Desserts**

**ENTREE**

# Southern Fried

# Cooks throughout area share best recipes

Since the beginning of the year, the Cooks of the Week in the *Sanford Herald* have shared recipes from everywhere from Africa to the Orient to New Orleans. What follows is an unofficial "Best Of" listing featuring a recipe from each of these culinary honorees.

## SALADS

### SEAFOOD AND RICE SALAD

4 cups cooked rice, cooled  
 1/4 pound peeled, deveined, cooked shrimp  
 1/4 pound crab meat or imitation crab  
 4 stalks celery, chopped  
 1/4 pound green onions, chopped, including stalks  
 4 tablespoons pimientos  
 2 hard-cooked eggs, chopped  
 3/4 cup mayonnaise  
 3 teaspoons lemon juice  
 1/2 teaspoon ground white pepper  
 Salt as needed  
 Salad greens

Combine rice, seafood, celery, onions, pimientos and eggs in large mixing bowl. Mix mayonnaise, lemon juice and pepper. Stir into rice mixture. Salt to taste. Mix gently and chill. Serve on salad greens and garnish with egg slices and whole shrimp if desired. Makes 4-6 servings.

By Billy Palmer, Sanford

### THREE-BEAN SALAD

1 48-ounce can of yellow wax beans  
 1 48-ounce can Blue Lake long thin or French-style green beans  
 1 48-ounce can kidney beans  
 1/2 cup chopped onion  
 1/2 cup green pepper  
 1/2 cup celery  
 1/2 cup oil  
 1/2 cup vinegar  
 3/4 cup sugar  
 1/2 teaspoon salt  
 Pepper to taste

Drain liquid from beans. Mix beans with remaining ingredients and marinate overnight. Serves 8.

By Kathryn Cunningham, Winter Springs

### TACO SALAD

1 pound ground beef  
 1 cup kidney beans  
 1/4 teaspoon salt  
 1 onion, chopped  
 4 tomatoes, chopped  
 1 head lettuce,



World Photo by Tommy Vassell

Edie Smith adds ingredients to her Famous Caesar Salad.

shredded  
 4 ounces shredded cheese  
 1 bag taco-flavored chips  
 1 avocado, sliced  
 Brown ground beef; add kidney beans, salt and pepper. Simmer 10 minutes. Combine onions, tomatoes and lettuce, and toss with cheese. Mix meat and salad mixture. Garnish with avocado. Serve with your favorite salad dressing.

By Carol Truogor, Sanford

### COKE SALAD

1 box cherry Jell-O  
 1/2 to 1 cup of pecans  
 2 regular Cokes (13 ounces)  
 1 box black cherry Jell-O  
 1 medium can crushed pineapple  
 1 can black sweet cherries  
 Drain juices from cherries and pineapple, bringing to boil. Add Jell-O and dissolve. Cool slightly; add pineapple, cherries, nuts and cold cokes. Refrigerate.

By David McGhee, Sanford

### HOT CHICKEN SALAD

2 cups chopped chicken  
 1/4 cup mayonnaise  
 1 can cream of chicken soup  
 1 cup chopped celery  
 1/2 cup chopped onions  
 1 small jar chopped pimientos  
 1 can Chinese noodles

Mix all the above ingredients together and pour into a greased casserole dish. Top with crushed potato chips and bake for 30 minutes in a 350°F oven.

By Annabell Hamill, Orlando

### EDIE'S FAMOUS CAESAR SALAD

(Recipe originated in a restaurant in Tijuana, Mexico)

1/2 cup olive oil  
 1 or 2 small cloves garlic, minced  
 2 medium heads romaine lettuce, torn into pieces  
 1 teaspoon salt  
 Freshly ground pepper to taste  
 1-2 coddled eggs (cooked for several minutes in hot, but not boiling, water)  
 Juice of 1 lemon  
 2 tablespoons Worcestershire Sauce  
 1 cup croutons  
 1/2 cup Parmesan cheese  
 Mix garlic and oil; add lettuce, salt, pepper and toss. Break eggs over salad. Squeeze on lemon juice. Add Worcestershire sauce and toss well. Add croutons and cheese. Toss until lettuce is coated with cheese. Serves 6-8.

By Edie Smith, Orlando

### PLAYGROUND HOT CHICKEN SALAD

3 cups cooked chicken, chopped

1/2 cup sliced almonds  
 2 tablespoons chopped onions  
 1/2 cup mayonnaise  
 1 1/2 cups chopped celery  
 1 teaspoon lemon juice  
 2 tablespoons chopped pimiento  
 1 can cream of mushroom soup  
 1 cup cooked rice  
 3 hard-boiled eggs, chopped  
 1/2 cup fine bread crumbs

Mix all ingredients except bread crumbs. Place in a 13-by-9-by-2-inch aluminum foil pan and top with bread crumbs. Bake at 350°F for 1 hour or until bubbly. May be made the day before and chilled. Remove from refrigerator an hour before baking. Makes 6 servings.

By Beverly Hoffman, Sanford

### DENVER BRUNCH EGGS

1 dozen eggs  
 1/2 cup milk  
 1 cup mayonnaise-style salad dressing  
 1/4 pound bacon, fried and crumbled  
 1/4 cup chopped pimiento  
 Pinch of salt  
 Dash of black or white pepper  
 1/2 cup green pepper, chopped fine

Preheat oven to 350°F. Beat eggs well. Add milk and salad dressing. Stir in green pepper, pimiento, salt and pepper. Pour mixture into an oiled, oblong pan. Set this pan in another pan of hot water and bake 25 minutes or until set. Cut into squares and serve on toast. Garnish with parsley. Serves 10-12.

This recipe can be made the night before. Cover and refrigerate. The next morning, pour mixture into oiled pan and proceed as directed above.

By Beth Bridges, Sanford

### SPANISH OMELETTES

1 1/2 pounds thinly sliced potatoes  
 1/2 pound thinly sliced onions  
 1/4 cup olive oil  
 1 tablespoon salt  
 5 eggs, beaten with 1/4 teaspoon salt

Place potato slices in 1 quart of water with 1 tablespoon salt for 5 minutes. Remove and pat dry. Heat oil in large heavy metal skillet, and add potatoes and onions.

Cook until tender but not crisp. Remove from oil.

In another skillet (7 1/2-by-2 inches), pour 2 tablespoons olive oil and heat on low temperature. Mix well-beaten eggs and cooked potatoes and onions; pour into skillet and cook for 10 minutes on low setting.

Oil a flat plate and place it over skillet so that it covers skillet completely. Turn over so that omelette rests on plate. Put 1 tablespoon oil in skillet and quickly slide omelette back into skillet. Cook 5 minutes more or until thin knife inserted in center comes out clean.

By Mary Bink, Sanford

### BISCUIT PIZZAS

1 large can dairy case biscuits (10)  
 2 cups pizza sauce  
 1/2 cup each mozzarella, Parmesan and Romano cheeses, grated

Place biscuits on cookie sheet and spread each very thin, starting at center of biscuit and working out. Top with pizza sauce and cheeses. Bake at 350°F for 10 minutes. Makes 10 small pizzas.

By Irma Webb, Longwood

### CREAM OF SPINACH SOUP

1/2 can water  
 1 10 1/2-ounce can chicken broth

1 cup cooked spinach  
 1 bay leaf  
 1/4 small onion, diced and sauteed in 1 teaspoon butter

Combine above ingredients in saucepan and simmer. In separate pan, make roux:

2 ounces butter  
 2 ounces flour  
 1/4 teaspoon granulated garlic

Add roux to spinach/broth mixture; mix well and serve hot. Garnish with salad croutons. Makes 4 servings of 1 cup each.

By Mark Quinn, Sanford

### CORN AND SHRIMP SOUP

1/2 gallon chicken stock  
 1 cup oil  
 1 1/2 cups flour  
 5 medium onions, chopped fine  
 1/2 cup celery, chopped  
 1/2 teaspoon garlic salt  
 2 bell peppers, chopped fine

1 16-ounce can tomato puree  
 1 16-ounce can water (use can from tomato puree)

2 cans creamed corn  
 3 cans whole kernel corn  
 6 cans tiny shrimp or 3 6-ounce bags frozen shrimp

9 teaspoons parsley flakes  
 2-3 teaspoons red pepper flakes  
 5 teaspoons salt  
 1 teaspoon black pepper

See Recipes, Page 8



World Photo by Beth Bridges

Beth Bridges cracks the eggs needed for her Denver Brunch Eggs recipe.

# Recipes

Continued from Page 3

Make a roux with the oil and flour but do not brown. Add onions, celery and bell pepper; the roux will be very thick.

Mix well and slowly add chicken stock, tomato puree and other seasonings. Add the corn and shrimp and let simmer for about 2 hours. Recipe makes 2 gallons.

By Kenneth Leaming,  
Altamonte Springs

## HARDY (FIVE CAN) SOUP

1 28-ounce can stewed tomatoes  
1 16-ounce can green beans  
1 16-ounce can corn  
1 16-ounce can peas and carrots  
1 28-ounce can beef stew

1 package Lipton Onion Soup Mix

Mix all ingredients together into a Dutch oven and simmer for 20-30 minutes. Makes 10-12 servings. Quick and easy!

By Nancy Johnson,  
Sanford

## GASPACHO (COLD SOUP)

1 large cucumber

1 46-ounce can tomato juice

1/4 cup finely diced onion

1/4 cup finely diced green pepper

1/4 cup finely diced celery

1/4 cup wine vinegar

2 teaspoons salt

2 teaspoons crushed garlic

1/4 cup olive oil

1 1/2 cups water

Peel cucumber, leaving about five 1/4-inch wide lengthwise strips of green rind. Slice as thin as possible. Mix all ingredients together and chill at least 4 hours. Place soup cup in freezer 1/2 hour prior to serving. May be garnished with croutons. Makes about 4 servings, and is a wonderful complement to a steak.

By Barbara Watson,  
Sanford

## VEGETABLES

### STUFFED GREEN PEPPERS

4 medium green peppers

1 pound lean ground beef

2 cups cooked rice

1/4 cup chopped onion

1 1/4 teaspoon salt

1/4 teaspoon pepper

1 can (15 ounces)

tomato sauce

1 cup shredded Cheddar cheese

Wash and halve green peppers lengthwise; remove seeds. Lightly mix beef, rice, onion, salt, pepper and 1/4 cup tomato sauce. Pile into pepper halves; arrange in shallow baking dish. Pour remaining tomato sauce over peppers. Cover and bake at 350°F for 45 minutes. Remove cover and top each pepper with cheese and bake 15 minutes longer.

By Lela Evangelist,  
Deltone

### BROCCOLI AU GRATIN

10-ounce package cut broccoli frozen in cheese sauce

1 teaspoon chopped onion

2 tablespoons milk

1/4 cup seasoned croutons

1 teaspoon butter melted

Heat oven to 350°F. Grease a 2-cup casserole dish. Cook broccoli as directed on package. Place broccoli in prepared casserole dish; add onion, milk and 1/4 cup croutons and mix well. Crush remaining croutons and sprinkle on

top. Drizzle with melted butter and bake for 20 to 25 minutes at 350°F or until thoroughly heated and bubbly.

By Andrew Irwin,  
Sanford

### ROASTED CORN

Remove husks from fresh corn. Remove silk with a stiff brush. Place each ear on a piece of aluminum foil. Spread corn liberally with soft butter and sprinkle with salt and pepper. Wrap in foil (don't seal seam, but fold or twist foil around ends). Roast over hot coals 15 to 20 minutes or until corn is tender. Pass extra butter and salt.

By Rick Coomes,  
Ponte

### TEXAS TUMBLEWEED BEANS

4 cups pinto beans

2 quarts water

1/4 cup catsup

1 tablespoon chili powder

1 tablespoon garlic powder

1 tablespoon dry mustard

3 tablespoons Lawson's seasoned salt

1 teaspoon pepper

1/4 cup brown sugar

3 tablespoons jalapeno pepper sauce  
Dash Louisiana hot sauce  
Salt to taste

Simmer pintos in water for about 2 hours, until tender.

Check water level periodically.  
See Recipes, Page 4



World Photo by Brian Hedberg

Carrie Graham's family is wild about her Flotter Chicken Breasts when served over wild rice.

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# Recipes

Continued from Page 3  
 edically and add more if needed to keep beans covered. Add remaining ingredients and cook at least one additional hour. Makes 10-12 servings.

By Margie Maridish, Sanford

## VEGETABLE CROWDER

4 zucchini, cut length-wise  
 1 onion, chopped  
 2 tablespoons parsley  
 1 teaspoon basil  
 1/4 cup butter  
 1/4 cup flour  
 1 cup chicken bouillon  
 1 teaspoon lemon juice  
 2 cups fresh corn  
 1 large can evaporated milk  
 8 medium tomatoes, peeled and chopped  
 1 cup shredded fontina cheese  
 1/4 cup shredded Romano cheese  
 Dash salt  
 Dash pepper  
 Saute zucchini, onion, parsley and basil in butter in Dutch oven. Add flour. Cook over low heat for about 10 minutes, stirring. Stir in bouillon, lemon juice and 4 cups water. Bring to boil. Add corn. Simmer for about

10 minutes. Stir in evaporated milk and tomatoes. Increase heat and add cheese, salt and pepper. Cook until cheese melt. Makes 8-10 servings.

By Brenda Foster, Cassberry

## ROLLED CHICKEN BREASTS

6 chicken breast halves (boned and skinned)  
 8 ounces whipped cream cheese with chives  
 12 slices bacon  
 Place breasts between waxed paper and pound to about 1/4-inch thickness. Spread each with 2 tablespoons cream cheese. Roll as tightly as possible. Wrap 3 slices of bacon around each roll. Place seam side down in a shallow pan and bake at 400°F for about 45 minutes or until chicken is tender and juices run clear when pierced. Broil until browned and bacon is crisp.  
 This recipe can be prepared ahead of time and refrigerated until cooking time. It's a great recipe for company, providing an elegant meal

when served with a long grain and wild rice combination, a simple fresh vegetable, and soft breadsticks.

By Corrie Graham, Lake Mary

## MOSTACCIOLI PASTA

1 pound ground beef  
 1 cup onions  
 1 1/4-ounce can whole tomatoes broken up, with stems removed  
 2 8-ounce cans tomato sauce  
 1 cup coarsely chopped Spanish olives  
 1/4 cup grated Parmesan cheese  
 1 teaspoon seasoned salt  
 1/4 teaspoon oregano leaves  
 1/4 teaspoon crushed red pepper  
 1 No. 1 box Creamette Mostaccioli  
 1 tablespoon softened butter or margarine  
 1 cup shredded Mozzarella cheese  
 In large skillet, cook beef with onions and drain off the excess fat. Add tomatoes, tomato sauce, olives, Parmesan cheese, seasoned salt, oregano and red pepper. Simmer for 15 minutes.  
 Prepare Creamette Mostaccioli according to

directions on package. Drain. Arrange in a 3-quart shallow baking dish; pour on the meat sauce; top with the Mozzarella. Place under broiler 3-5 minutes. Refrigerate all leftovers. Makes 6 servings.  
 (I prefer to mix the meat sauce with the pasta to ensure a good coating on the Mostaccioli.)

By Roland Pryth, Sanford

## BAKED CHICKEN AND DRESSING

1 fryer boiled and boned  
 1/4 cup chopped celery  
 1/4 cup chopped onion  
 1/4 stick margarine  
 1 can cream of chicken soup  
 1 cup chicken broth  
 1 package Pepperidge Farm Herb Dressing mix  
 Place boned chicken in bottom of baking dish. Spread chicken soup undiluted over the chicken. Saute onion and celery in butter and add to dressing mix. Add chicken broth to the dressing mix and mix well until dressing is moistened. Spread over chicken and bake for 30

minutes at 350°F.

By Dorothy Adams, Sanford

## AUNT JEAN'S NOODLE STEW

1 pound hamburger  
 1 can tomatoes  
 1 can (8 ounces) tomato sauce  
 1 onion, chopped  
 1 green pepper, chopped  
 1 can (8 ounces) corn  
 1 can of garden peas or kidney beans  
 1 teaspoon steak sauce  
 Dash of salt and pepper  
 Dash of garlic powder  
 1 can zucchini  
 Brown hamburger with onion and green pepper. Add rest of ingredients and let the mixture simmer for about 30 to 45 minutes until it is hot throughout.

By Lacy Nobles, Sanford

## CROW MEIN CASSEROLE

1 pound hamburger  
 1/4 cup chopped celery  
 1/4 cup chopped onion  
 1 1/4 cup boiling water  
 1/4 cup uncooked rice  
 1/4 teaspoon salt  
 1 can condensed chicken and rice soup

1 4-ounce can mushroom stems and pieces  
 1 tablespoon packed brown sugar  
 1 teaspoon butter  
 2 tablespoons soy sauce  
 1 1/4 cups chow mein noodles

Stir and cook hamburger, celery, and onions in a skillet until hamburger is light brown; drain. Pour boiling water on rice and salt in 2-quart greased casserole dish. Stir in hamburger mixture, soup, mushrooms, brown sugar, soy sauce and butter. Cover and cook on 350°F for 30 minutes. Stir. Cook uncovered for 30 minutes longer. Stir in noodles; serve immediately.

By Unasiri Suttiam, Winter Springs

## SPINACH LASAGNA

1 large onion, chopped  
 1 or 2 cloves garlic, minced  
 4 tablespoons olive oil  
 1/2 pound mushrooms, sliced  
 1 15-ounce can tomato sauce  
 □ See Recipes, Page 5

# HOME IS WHERE THE HEART IS

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# Recipes

Continued from Page 4

1 6-ounce can tomato paste  
1 teaspoon salt  
1 teaspoon honey  
1/4 teaspoon freshly ground pepper  
1/4 teaspoon each crumbled basil and oregano  
2 10-ounce packages frozen chopped spinach, thawed and drained  
1/4 of a 16-ounce package lasagna

1 1/4 pounds ricotta cheese  
1/4 cup freshly grated Parmesan or Romano cheese  
Sauté onion and garlic in 2 tablespoons oil until limp. Add mushrooms and sauté until tender; add more oil as needed. Stir in tomato sauce, paste and seasonings; cover and simmer 5 minutes. Stir in spinach.  
Cook lasagna noodles as directed on package;

rinse with water and drain. Arrange half of the noodles in a greased baking dish of about 13-by-9-by-2 inches. Spoon 1/4 of tomato mixture on noodles; top with 1/4 ricotta and Parmesan cheeses, sprinkle with salt and pepper. Repeat, ending with Parmesan.  
Bake uncovered in a preheated 350°F oven for 30 to 40 minutes, or until bubbling hot. Let stand 10 minutes before cut-

ting. Makes 10-12 servings.

By Judy Ellen West-Townsend, Sanford

## FRESH WONTONS

1 pound fresh pork, ground  
1 large fresh ginger, minced  
3 stalks green onion, minced  
1 large carrot, minced  
1 can water chestnuts, minced

4 tablespoons soy sauce  
Dash salt and pepper  
1 whole egg, lightly beaten

1 package wonton wrappers  
Brown ground pork and drain. Mix in the remaining ingredients. Place 1 tablespoon of mixture on corner of each wonton wrapper; fold over and seal ends with water. Fry in hot oil until golden brown.

Drain well and serve with soy sauce or hot Chinese mustard. Makes 6-8 servings.

By Mercedes Daniels, Longwood

## RICHARD LAXAR'S BRUNSWICK STEW

3 pounds ground chicken  
3 pounds pork  
3 pounds beef  
66 ounces canned tomatoes  
□ See Recipes, Page 6



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**DINING AND ENTERTAINMENT GUIDE**

EVERY THURSDAY  
in the  
SANFORD HERALD

# Recipes

Continued from Page 5

whole kernel corn  
66 ounces tomatoes  
2 pounds onions  
1/2 pound butter or margarine  
1 cup vinegar  
1 32-ounce bottle ketchup  
1 6 ounces Worcestershire sauce  
Salt and pepper to taste  
Combine meats and onions in a very large pot, with 1 cup of water added to prevent sticking. Stir meat and cook until done over medium heat. Reserve 1/2 gallon of the juices. Add tomatoes and corn, stirring constantly for 5 minutes over medium low heat. Mixture should come to low boil up the center. Keep stirring! It likes to stick!  
Add all other ingredients. Keep adding reserved stock as mixture stews down. Cook 4-5 hours (the longer it cooks, the better it gets!) Leftovers can be frozen for future meals.

By Richard Liser, Sanford

## CHICKEN AND DUMPLINGS

3 cups plain flour  
2 tablespoons shortening  
1 teaspoon salt  
Ice water  
1 small chicken, bottled, with broth  
Mix flour, shortening and salt; add enough ice water to make dough into consistency where it can be handled and kneaded several times. Roll out dough very thin, cut into strips and drop into simmering chicken broth. Cook for 10 minutes covered, uncover, and cook 10 more minutes. Debone cooked chicken and cut into chunks or shred; add to dumplings. Simmer until chicken is hot and serve. Makes 6 servings.

By Brenda Owen, Sanford

## CREAMED CHICKEN

1 large stewing chicken  
3-4 stalks celery  
1 can evaporated milk  
4-8 tablespoons flour  
Water to make thickening  
Pimenton to color  
Salt and pepper  
1/4-1/2 teaspoons curry powder  
Cook chicken until tender. Remove from bone and cut into bite-size pieces; return to broth. Mix flour and water for thickening. Add evaporated milk to broth and thicken. Taste, and



Harold Photo by Terri Ann

Edna Boyer gets rave reviews about her Oatmeal Pie. One can see why.

season with salt, pepper and curry powder to taste. Add the pimenton and serve over biscuits or toast.

By Carolyn Leonard, Sanford

## POT ROAST

14-pound roast  
15 whole mushrooms  
6-8 potatoes, peeled and cut in half  
6-8 carrots, peeled and cut in half  
3 medium onions, peeled and sliced  
Black pepper to taste  
1-1/4 cups water  
Place vegetables and water in bottom of crock pot; place roast on top. Sprinkle with black pepper. Cook on low for 10 to 12 hours. Makes 8 servings.

By Judy Burtch, Sanford

## OATMEAL PIE

1 unbaked pie shell  
2 eggs, beaten slightly  
1 cup sugar  
1/4 cup dark corn syrup  
1/2 cup evaporated milk  
1/4 cup uncooked oatmeal  
1/2 stick butter, melted  
1/2 teaspoon salt  
1 teaspoon vanilla  
1/4 cup pecans, chopped  
Mix all ingredients and pour into pie shell. Bake at 350°F for 45-50 minutes. Makes 1 pie.

By Edna Boyer, Sanford

## CHICKEN ROLLS

1. Mix:  
2 1/2 cups slightly warm

water  
2 packages yeast  
1/2 cup oil  
1/4 teaspoon salt  
1/2 cup sugar  
1 egg

Add in 5 1/4 to 6 cups bread flour or all-purpose flour, 1 cup at a time. Four onto floured board and knead slightly. Place in oiled bowl to let rise. When doubled in size, punch down and roll into 1/4-inch-thick rectangle.

2. Mix:  
1 cup sugar  
2 tablespoons cinnamon

1/2 cup raisins (optional)  
Sprinkle on top of dough. Melt 1 stick margarine and pour over dough and sugar mixture. Roll up jelly-roll fashion and cut into 1/4-inch slices. Let rise. Bake in 375-400°F oven for 12-15 minutes. Let cool.

3. Ice with:  
1 stick margarine, melted  
1 teaspoon vanilla  
3 cups powdered sugar  
Mix together and drizzle over top of rolls. Makes 20-24 rolls.

\*To make yeast rolls, use step 1 only, cut dough into biscuits, let rise and bake for 12-15 minutes in 375-400°F oven.

By Wilma Marsh, Longwood

## RUSSIAN CAKE

1/4 cup chopped pecans  
1 package butter recipe golden cake mix

1 package (3 1/4 ounces) instant vanilla Jell-O Pudding Mix  
1/4 cup light rum  
1/4 cup water  
1/2 cup cooking oil  
4 eggs  
Hot rum glaze:  
1 cup sugar  
1 stick butter  
1/4 cup light rum  
1/4 cup water  
Boil for 2-3 minutes.

Grease and flour a bundt pan. Crumble nuts in bottom of pan. Place cake and pudding mix in large mixing bowl. Add rum, water, oil and eggs; mix for 2 minutes.

Pour batter into cake pan and bake at 325°F for 50 to 60 minutes. Remove cake from oven and immediately pour on hot rum glaze. Cake will settle somewhat. This cake freezes very well.

By Mary Elizabeth Dorr, Sanford

## MONKEY BREAD

3 cans biscuits  
1/2 stick of butter  
1 cup brown sugar

Cut 3 cans of biscuits into quarters. Form into balls and roll in the sugar and cinnamon mixture. Toss into buttered bundt pan with raisins and nuts. Add 1/2 stick butter and 1 cup brown sugar. Pour on top. Bake at 350°F for 35-40 minutes. Remove from pan. Pull apart as you eat. Delicious when warm.

By Ella Foster, Sanford

## FRESH FRUIT PIE

1 quart berries or fresh fruit, cut up  
1/4 cup sugar  
1 1/2 cups water  
2 tablespoons cornstarch  
1 3-ounce box Jell-O  
Mix sugar, water and cornstarch and cook over medium heat. Add Jell-O and cool. Pour over fruit in baked pie crust. Cool thoroughly and top with whipped cream. Makes 1 pie.

Use whatever fruit or berries are in season and match Jell-O flavor to fruit (e.g. strawberry Jell-O with strawberries, peach Jell-O with peaches, lemon Jell-O with blueberries.)

By Viola Burton, Casselberry

## GRANDMA SMITH'S OLD-FASHIONED CREAM PIE

1 unbaked, 9-inch Never Fail Pie Crust (recipe follows)  
1/4 cup all-purpose flour  
1/4 cup sugar  
1/2 teaspoon baking powder  
1-1/4 cups milk  
1 tablespoon margarine

Mix flour, sugar and baking powder, and pour into pie crust. Spread evenly. Starting from outside of crust and working inwards in a circle, slowly pour milk onto flour until the pie crust is filled. Do not stir. Drop butter on top. Do not stir. Bake at 350°F for 30-45 minutes, until

crust is done and pie is lightly golden brown on top. Makes 1 pie.

**Never Fail Pie Crust:**  
4 cups all-purpose flour  
1 tablespoon sugar  
1 1/2 teaspoons salt  
1 1/2 cups Crisco  
Mix above ingredients until mixture reaches the consistency of coarse crumbs. In bowl, beat 1 egg. Add 1 tablespoon vinegar and 1/4 cup cold water. Add to the crumb flour mixture, and mix until dough is formed. Roll thin and place in pie tins; trim edges. Makes 8 9-inch pie crusts.

By Arlene Barlow, Longwood

## KATHERINE HEPBURN BROWNIES

2 squares unsweetened chocolate  
1 stick sweet butter  
1 cup sugar  
2 eggs  
1 teaspoon vanilla  
1/2 cup flour  
1/4 teaspoon salt  
1 cup chopped walnuts in heavy saucepan, melt chocolate and butter; remove from heat. Stir in sugar; add eggs, one at a time, and vanilla, and beat well. Stir in flour, salt and walnuts. Beat well by hand. Butter in 8-by-8-inch square baking pan and pour mixture in quickly. Bake 30-35 minutes in a preheated 325°F oven. Do not overbake. Brownies will be soft with a glazed look. Makes about 18.

By Jessie Madson, Lake Mary



Harold Photo by Terri Ann

Mary Elizabeth Dorr uses food as finger-licking fun, especially when it comes to her Rum Cake.

## Who's cooking?

The Sanford Herald welcomes suggestions for Cooks of the Week.

Do you know someone whose food is always the highlight of company picnics, church potlucks, receptions or covered-dish luncheons? It might be an acquaintance who has won a cooking contest or invented a new twist to the peanut-butter-and-jelly sandwich.

Submit your nomination for Cook of the Week to the Herald People editor at 223-2813, ext. 34.

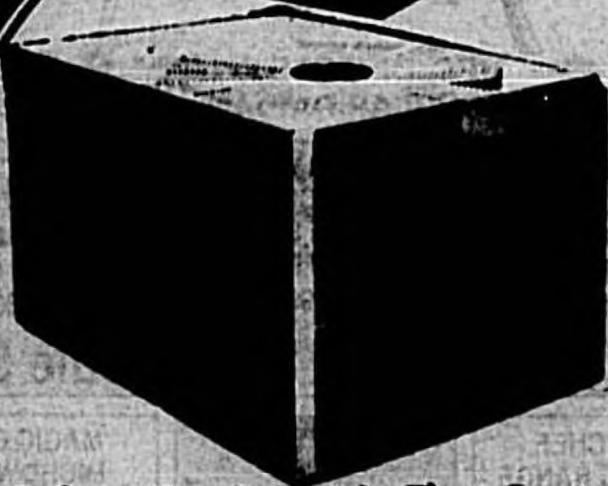
The Cook of the Week feature is published in the People section each Wednesday.



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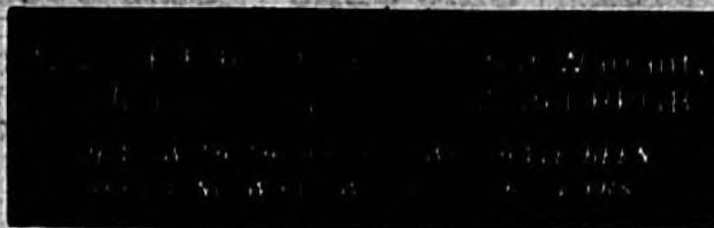
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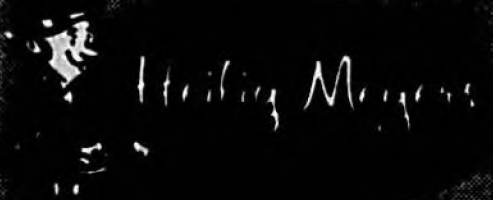
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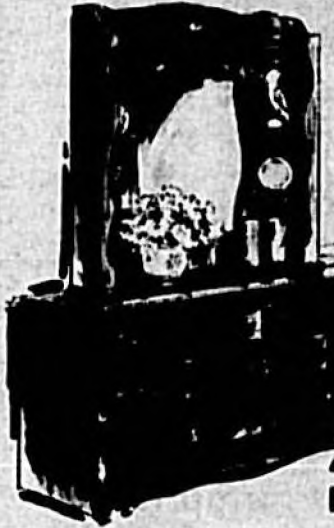
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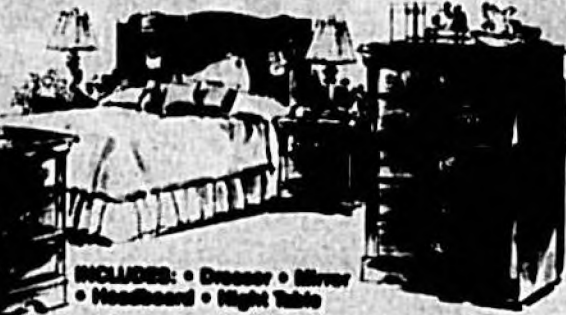
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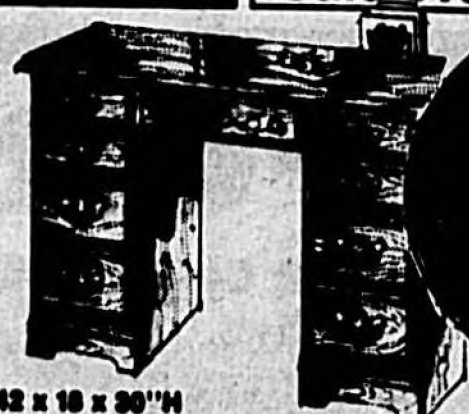
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