

Sanford Herald

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90th Year, No. 81 - Sanford, Florida

Catholics hooked on meatless Fridays

By **RUSS WHITE**
Herald Staff Writer

SANFORD - For Catholics born before the 1960s, all Fridays were meatless. It

More Religion news, Page 7A

was one of the rules and traditions of the Church from the past. No one ate meat on Fridays. Not even a hot dog at the ballpark.

"We became known as 'fish eaters,'" said Dr. Al Fornace, a deacon at All Souls Catholic Church in Sanford. "The fact we never ate meat on Friday identified us. It carried a message. Corso



Corso

"No one questioned the rule," said Adolfo Nunez, a parishioner at The Church of the Nativity in Lake Mary. "We went to Masses that were said in Latin and we did not eat meat on Fridays."

It may be that Fridays soon will be meatless again for the nation's 81 million Catholics. There's an effort under way by leaders of the Church to reinstate meatless Fridays in an effort to improve Catholic unity and penitence.

"Maybe we need to return to that, but more broadly, we're studying the very nature of Friday as a penitential day and how to observe it," said Cardinal Bernard Law of Boston. Law is the chairman of the pro-life committee of the National Conference of Cardinals, which met in Washington this week.

Some Catholics kept their Fridays meatless even since the obligation of abstinence was removed. Father David Vivero, who came from the Philippines, is at 34 younger than many of the those who obeyed the Friday obligation but continues to follow the rule. "It is a cultural thing," he said.

Audry Corso, a parishioner at All Souls in Sanford for 38 years, said she would be delighted to observe meatless Fridays. "What a small sacrifice to make," she said. "To do this for the love of Jesus shouldn't be much of a problem at all. He gave his life. We can surely do this in return."

If there would be a problem, Corso said, it would be acceptance by the young people who are not accustomed to the old Friday obligation. "They'd have to realize what the rule was all about and why such a sacrifice is important."

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Do not attempt to do a thing unless you are sure of yourself. But do not remain if simply because someone else is not sure of you. - Stewart E. White

Kidnapped missionaries' wives return

By **MARIA OREM**
Herald Staff Writer

SANFORD - Following a trip last week to Venezuela seeking the release of their husbands, who were kidnapped more than four years ago by terrorist guerrillas, the wives of two of three missing missionaries remain optimistic.

The objective of the trip was two-fold, according to Macon Hare, a member of the Sanford-based crisis team from New Tribes Mission that returned Tuesday from a human rights summit in Margarita Island, Venezuela.

"It was a profitable trip because we accomplished what we set out to do," Hare said Thursday. "We wanted to get media exposure because we do not want the men to be forgotten, and also we wanted to seek the help of four of the countries at the summit-Mexico, Costa Rica, Spain and Venezuela."

In January 1993, Dave Mankins, Mark Rich and Rick Tenenoff, in the presence of their families, were kidnapped at gunpoint from the village of Pucuro in Panama. Claiming responsibility for the act, are FARC, a guerrilla group from Colombia, who initially demanded a \$5 million ransom. The missionaries, the longest held American hostages in the world, were last heard on a cassette recording in 1994.

Despite numerous rumors and contacts through the years, a crisis team from New Tribes Mission, with international headquarters in Sanford, and sponsor of the missionaries, received its first real break in February

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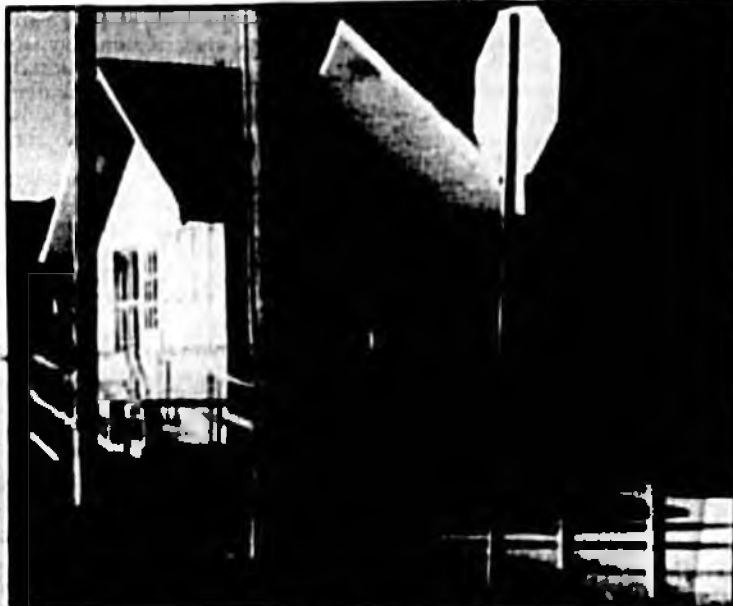
Living in Sanford are the families of two of the kidnapped missionaries believed to be alive somewhere in the jungles of Colombia. Sharing their optimism are, from left, Jessica, Tamra and Tania Rich, and Nancy Mankins.



Herald Photos by Tommy Vincent



Andrea Krazise has helped establish Sanford Crisis Pregnancy Center at 1002 French Ave.



Herald Photos by Tommy Vincent

Pregnant, desperate? Her vision is to help

By **RUSS WHITE**
Herald Staff Writer

SANFORD - Andrea Krazise has had this vision for more than a year - to help open a Sanford Crisis Pregnancy Center.

Her vision is becoming a reality. On Saturday, 20 or more concerned men and women will conduct the first of seven weekend work days at 1002 French Ave.

There's much to be done at the property which was recently purchased for \$48,000. The buyer who wishes to remain anonymous will rent the building to the non-profit, non-

denominational group organized by Krazise. His generous rental fee is \$1 a year.

The target date for opening the center is June 1, 1998.

Krazise, 35, left a successful banking career this year to be a better mother to her own children - 10-year-old David and 3-year-old Daniel - and to reach out to hundreds of women who are seeking counseling or support during their pregnancy.

"We are not going to preach or act self-righteous with these women," Krazise said. "The choice is still theirs. We are here to show compassion and heart and to counsel each woman who asks for help."

See Center, Page 2A

Resigned



Doug Peters

Peters coaches final football game tonight

By **JEFF BERLINCKE**
Herald Staff Writer

LAKE MARY - It's going to be strange looking at the Lake Mary sideline next season and to not see Doug Peters trying to urge his team to victory.

An 0-8 start to the 1997 season prompted Peters' resignation which he gave to the team after a 40-16 loss to Oviedo two weeks ago.

Peters will coach his final game tonight when the Rams host rival Seminole at 7:30 p.m.

It's been a tough way to go out for Peters. His team hasn't

See Peters, Page 5A



Matt West

City planner leaves for Leesburg

By **SHARI BRODIE**
Herald Staff Writer

LAKE MARY - City Planner Matthew West tendered his resignation Thursday to accept a position with the city of Leesburg.

West will become the Planning and Zoning Director for the city in Lake County. His resignation will be effective on Dec. 1.

West joined the city staff on July 1, 1987. He said the city has seen more growth in the past 10 years than in the 100 years before that. "Lake Mary was a blank slate when I started," West said.

Of his accomplishments as

See West, Page 5A

Parents can go back to school

Celebrate American Education Week

By **MARIA OREM**
Herald Staff Writer

SANFORD - Parents will have the chance to see learning in action as they observe their children during American Education Week.

Seminole County public schools are gearing up for the event which will be held Nov. 16-22 in classrooms all around the nation. With more than 55,000 students in 52 schools, Seminole County school administrators have planned a host of activities.

"We've had a very positive response to this in the past," said Joyce Wagner, assistant principal at Idyllwild Elementary School.

Wagner said the large turnout is made up of parents from all grade levels, especially parents of kindergartners who have not seen their children in school before.

"They are very curious and they want to see what their children are doing in school," she said.

During the event, Wagner said at least 100 parents visit the school each day to eat lunch with their children and observe classroom activity. Monday is designated for kindergarten; Tuesday, first grade; Wednesday, second grade;

See Education, Page 5A



Herald Photos by Tommy Vincent

Students at Goldboro Elementary School in Sanford are gearing up for American Education Week.

POLICE BRIEFS

Resisting arrest

Jeffrey Morales, 22, of 2821 S. Park Ave., Sanford, was arrested Tuesday by Seminole County deputies. Morales was charged with resisting without violence and arrested in the 2600 block of Sanford Avenue. Report said that Morales allegedly gave false information to arresting officer.

Incidents

An Urban AM/FM stereo CD player worth \$189 was stolen Tuesday in the 300 block of French Avenue.

Seven surf rods, reels, a bench grinder and a socket set were stolen Tuesday in the 2000 block of Palmetto Avenue. Property stolen totaled \$1,000.

Change and a Funat VCR was stolen Tuesday in the 2500 block of Myrtle Avenue. Property stolen totaled \$390.

A 98 Suzuki GSX-R was stolen Tuesday in the 150 block of Longleaf Pine Circle.

Currency totaling \$600 was stolen Wednesday in the 1400 block of West 12th Street.

An air conditioning window unit worth \$400 was stolen Wednesday on Castle Brewer Court.

DUI charged

Walter Jenner, 27, of 1150 Greenstone Blvd., Heathrow, was arrested Wednesday by

Lake Mary police. Jenner was charged with DUI and arrested at the corner of International Parkway and Lake Mary Boulevard. Officer reported that he pulled Jenner over after clocking him traveling 65 in a 45 mile per hour zone.

License suspended

David Perdue, 36, of 26 Cowan Moughton Terr., Sanford, was arrested Wednesday by Winter Springs police. Perdue was charged with driving while license is suspended or revoked and attaching tag not assigned. Perdue was arrested at the corner of Hayes Road and Pearl Road. Report said that Perdue made a left turn on a road with a posted "no left turn".

Incidents

A Coleman pressure washer worth \$325 was stolen Wednesday in the 2500 block of El Capitan Drive.

Two lawnmowers and a color television were stolen Wednesday in the 300 block of Yale Drive. Property stolen totaled \$619.

Electronics, video tapes, a Makita drill, antique money and jewelry were stolen Wednesday in the 300 block of Plum Tree Court. Property stolen totaled \$1,524.97.

Jewelry totaling \$900 was stolen Wednesday in the 1800 block of Landing Drive.

Missing person



Longwood police officers are seeking information about a missing person. Tiffany Passann Nichols, 17, is considered missing, with no vehicle and no means of support. She has a medical history of migraines headaches that blur her vision. She wears contact lenses. Tiffany is 5'8" tall, 150 lbs. with brown hair and

eyes. She was last seen at the Winn Dixie, 951 W. State Road 434, Longwood. She was wearing burgundy clothing with a brown backpack. If you have any information on the whereabouts of Tiffany, call Longwood Police at 339-1297.

Historical Society to meet

The Sanford Historical Society will meet Thursday, November 20, at 5 p.m. at the Sanford Museum. The program entitled "A Tale of Two Cities" will be presented by Bettye Smith who will reflect on the changes in Sanford during her 12 years (1984-96) as mayor. For further information contact the Sanford Museum, located at 520 East First Street, at 302-1000.

MDA issues caregiver's guide for Lou Gehrig's disease

Special to the Herald

TUCSON, Ariz. -- The Muscular Dystrophy Association has issued a comprehensive guide for caregivers of people affected by amyotrophic lateral sclerosis (ALS, or Lou Gehrig's disease).

When a Loved One Has ALS: A Caregiver's Guide is a 94-page, illustrated manual filled with practical advice for meeting the medical, emotional, financial and everyday challenges faced by those who are primary caregivers for family members or others with ALS.

MDA is the nation's leading provider of services for people with ALS, and the largest private-sector supporter of research on the disease. The Association has invested nearly \$100 million in its effort to eradicate ALS.

"This publication brings together under one title important information about living with ALS to augment MDA's year-round ALS education program conducted through the Jerry Lewis MDA Labor Day Telethon, seminars and workshops, support groups, brochures, magazine and newsletter articles, videos and on-line presentations," said Robert Rosa, MDA senior vice president and executive director. "Families will find this caregiver's guide a tremendously helpful addition to our extensive program of services that assist them in coping with the disease."

ALS, a progressive disease of the motor neurons, is one of 40 neuromuscular diseases in MDA's program. ALS generally leads to total paralysis and usually proves fatal in two to five years after diagnosis.

The guide covers topics related to physical care of a person with ALS, including medical treatments, nutrition, respiratory care and communication. A section explores the emotional and physical de-

mands made on the caregiver, including changes in the relationship with the patients, putting together a health-care team and avoiding burnout.

Other topics covered include hospices, living wills, finding home care assistance and governmental financial support. The guide contains an extensive list of resources, including books, organizations, Web sites, and the addresses of local MDA offices and clinics.

The primary caregiver for anyone with a diagnosis of ALS who is registered with MDA can receive a copy of the guide free. For others, there's a charge of \$10. While the guide was created for ALS caregivers, much of the material would apply to caring for anyone with a physically debilitating condition. The guide was prepared with the support of Cephalon, a pharmaceutical manufacturer.

When a Loved One Has ALS can be ordered through your local MDA office, listed in the phone directory. If you have difficulty locating the office nearest you, call MDA national headquarters at (800) 572-1717; or visit MDA's Web site, www.mdausa.org.

MDA is a voluntary health agency working to defeat 40 neuromuscular diseases through programs of worldwide research, comprehensive services, and far-reaching professional and public health education. Consistently recognized by financial, general and non-profit sector media for its cost efficiency, MDA was recently honored by the American Medical Association for "significant and lasting contributions to the health and welfare of humanity." The Association's programs are funded almost entirely by individual private contributors.

MDA'S ALS PROGRAM

Amyotrophic lateral sclerosis, also known as Lou Gehrig's disease or motor neuron disease, is a progressive, degenerative disorder that wastes the muscles and nerves, leading to

almost total paralysis. Those affected gradually lose the abilities to move, to speak, to swallow and to breathe, while retaining full mental awareness. Life expectancy is typically two to five years after diagnosis.

ALS strikes men and women, usually between ages 40 and 60, though the 30,000 Americans affected by it range from late teens to the elderly. Its cause isn't fully understood. MDA research has led to discovery of a gene involved in the familial form; familial ALS accounts for some 10 percent of ALS cases.

There's currently no cure or long-term treatment for ALS. A drug that can slow disease progression was developed with MDA support and is on the market, and others are being tested.

MDA is the country's largest nongovernmental sponsor of research on ALS, awarding some \$2.6 million a year for basic and clinical ALS research studies, and maintaining 15 regional MDA/ALS clinical and research centers at prominent medical institutions across the country. MDA grantees are exploring all leads to causes of ALS and potential treatments.

The disease is popularly known as Lou Gehrig's disease, after the New York Yankees first baseman who lost his life to the disorder in 1941. Gehrig's widow, Eleanor, was a volunteer leader of MDA in the 1950s.

MDA was the first national voluntary health agency providing scientific, medical and emotional support for people with the disorder, and has to date invested more than \$100 million in its ALS program.

MDA's comprehensive services for people with ALS and their families include diagnostic and follow-up treatment at MDA's nationwide network of clinics; support groups; assistance with purchase of wheelchairs and braces; a bimonthly newsletter reporting the latest research findings; and on-line discussions for patients and caregivers at www.mdausa.org.

Holiday Recipes

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This section will be published in our
Wednesday, November 26, 1997 paper.
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Editorials/Opinions

LETTERS

How far we've come

I think it's great how the City of Sanford has changed since I moved here in 1981 from Norwalk, Conn. The carnival on the lake front was an example of that change. I went to the carnival because I felt that I was a part of that change, being one of many who have prayed for this city and our leaders.

I came to Sanford when I was 17-1/2 years old with big dreams which were soon changed in the opposite direction, the streets. Sanford didn't have much to offer then, and everything was in Orlando. Those of us who had no transportation were left out.

There is great talent in Sanford and that is why I started planning a program for our youth in Sanford called From Glory to Glory Productions. This program is designed to bring out the creativity that is within our youth, to direct them in the right direction and to help them feel good about themselves.

Glory to Glory Productions put on programs that have drama, plays, skits, singing praise, dancing, poetry, Praise Rappers and the Praise Step posse along with those who play instruments.

By putting on these programs, it shows other children how they are to behave, to have respect for their parents and those in authority and how to get along and love each other. They will also learn how to stay out of trouble and how to protect themselves when faced with danger.

While my group ministers to the lives of other children and people, they themselves are being ministered to. Every six months we will have a talent show for the children in our community. First, second and third place winners will win money.

Help build your children's future by believing in them and that will help them to believe in themselves. They will then be ready to challenge the world.

I would like to thank the mayor of the City of Sanford, Larry Dale and all of those who play a big part in helping our city and our communities.

Keep up the good work.
Evangelist Cindy Philemon
Sanford

Kidnapped cats

I am concerned about CATS--kidnapped cats!

On August 18 at about 9:40 p.m., I caught two men in a small pickup truck trying to coax "Lazarus" my 10-year-old cat. One man stayed in the truck while the other man was after Laz. The man in the truck said they were not trying to catch my cat.

I went to the other man. He said, "I pick up all stray cats." They didn't get their stories together. I got the tag number and went to the police department and made a report. I did get the name of one man and the phone number, but I've done nothing as yet, thinking the police would find out what they are doing with these cats. Maybe selling them for \$15 each for medical experiments.

My beautiful, all white, six-month-old kitten BoBo, a female, disappeared on April 27. Plus a yellow and white cat disappeared before BoBo! BoBo was a cartoon copy of her dad "BoGeY" and they played together like mother and daughter. But it was father and daughter. BoBo found a marble in the tub one day and it seemed like for an hour she played hockey alone with this marble. Back and forth. She wouldn't let her sister play with the marble. She did this for days before disappearing.

The Humane Society says anyone can pick up a cat if it's not on its own property, even if it has tags. I still want to know what this man is doing with the cats he picks up.

Have any of you out there missed your cats? I know one man lives in Mascotte, FL, but I don't know which one. Give me some ideas or go with me to check them out.

Harriet Boyd
Lake Mary

Money to politicians

Are you aghast at the obscene amounts of money given to politicians in the guise of political speech? Well, how about a sales tax on all campaign contributions of 100 percent? That money would be escrowed to pay the salaries, perquisites and pensions of congressmen and executive officials.

That way, those who get the most consideration from the politicians would be paying for their access up front, and the public would be spared the shame of being forced to support the politicians it loathes.

We could call it the "Bribery in the Sunshine Act".

William Sheffield
Sanford, FL

Only fitting

Dear Mayor and Commissioners:

Around this same time last year, I wrote a letter to the editor criticizing you for not caring about the employees of this city enough to consider giving us a cost of living increase.

Well, I feel that it is only fair to write and thank you for what you have done this year. The salary survey has verified what the employees had known for quite a while. We were under-paid by a wide margin. I appreciate the fact that you had a professional firm do the survey. This shows you were truly interested in an accurate picture of our salaries as compared to our peers.

Thank you again and rest assured that we at the Fire Department will continue to provide the citizens of our city with the best service possible.

D.J. Luce, Lieutenant
Sanford Fire Department

DONNA BRITT

Thank heaven for little girls

WASHINGTON-- Two weeks after the Million Woman March, I keep remembering one encounter.

The girl, who looked about 6, stood clinging to an older woman--her grandmother. I assumed--in a spot far from the stage. The child stood, eyes frightened, braids damp from the rain. Her slender arms reached up to wrap around the elderly woman's waist. Together they formed a small, still island in a shifting sea of women.

As I studied the child, our eyes met. Suddenly, in a day that had been a confusing mix of disappointment and delight, I'd found something I absolutely understood--a child near tears, whom I sensed I could help.

Once I caught myself humming a lyric from a Roberta Flack song: "Where is the love?" If not to share, why were we here?

The girl's sad face, which echoed my feelings, distracted me. I handed her my notebook.

"Could you draw something for me?" I asked, glancing at her grandmother, whose nod said she didn't mind. "Maybe a picture of how you feel right now?"



"In the midst of several hundred thousand sisters, I felt lost, and sad too."

Grabbing my pen, the child immediately drew an expressive moon face with worried eyes and a downturned mouth. At my "Wow!" she scribbled on, connecting rows of teardrops to make braids, adding a tiny T-shirt. Then she printed her name above the drawing: Chantelle. And wrote, "hi hi hi hi how are you?"

When I said, "Fine," Chantelle, who turned out to be 7, told me she'd come to the march from Washington with a gaggle of female

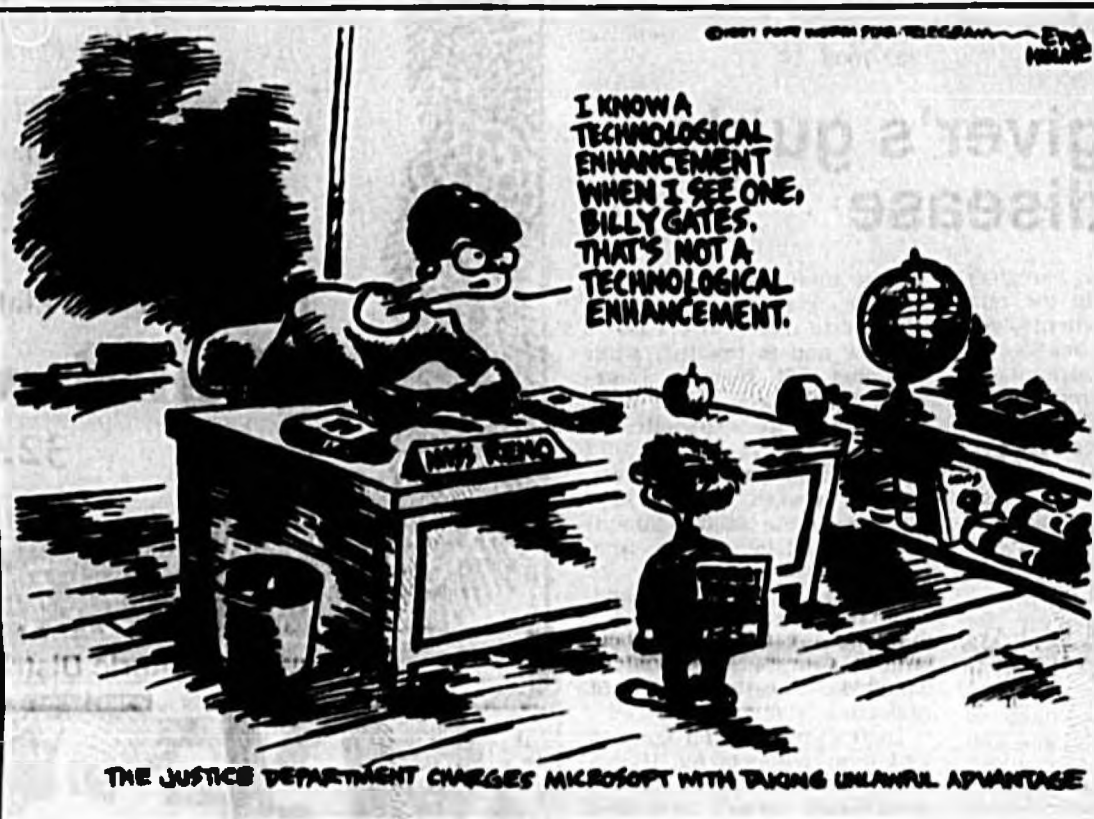
relatives. She was sad, her grandmother told me, because her mom had left to go hunting for a bathroom. Then I noticed Chantelle's older sister, who'd been watching the proceedings.

When she learned I was writing about the march, Cherelle, 11, grinned. "It's like, really educational!" she bubbled. "The guest speakers teach you a lot, not just about your culture, but about how you've been taught wrong! That we don't come from slaves, but from kings and queens!"

We both took a breath. "If you don't know who you come from, you don't really know yourself," she offered, making this old chestnut sound fresh.

Suddenly I felt better. This perceptive child was being raised in my beleaguered city by a hard-working single mom who'd seen the wisdom in bringing her here. She reads books, has teachers who inspire her and a little sister who can learn from her.

Thank heaven, I thought, for little girls. And big ones, too.



JACK ANDERSON



"It was a thrilling, rewarding life for him."

Fat firefighter

WEST WARWICK, R.I. -- The case of the fat firefighter seeking a disability pension has had this southern suburb or Providence in a dither lately.

It's an example of the questionable claims that public safety officials across America have been lodging in order to retire on lucrative, tax-free disability pensions. Their proliferation has overtaken the budgets of many cities and towns that are already struggling to provide services without raising taxes.

John D. Brown, by all accounts, had always dreamed of being a firefighter. He joined the fire department in 1982 and began as a dispatcher. By 1985, he achieved his goal and was hired as a permanent firefighter.

It was a thrilling, rewarding life for him. "I loved being a fireman," he told one reporter. "I loved the rescue work. I loved to take the nozzle and go fight the fire."

But Brown had a weight problem. When he was hired as a firefighter, he weighed 275 pounds, which was acceptable. But the weight began to climb, which impaired his ability to do his job well.

Throughout Mr. Brown's employment with the town, he has struggled with a weight problem," town Manager Frank L. Myers wrote in a memo to the town pension board. "This problem was brought to his attention verbally and in writing through written evaluations. On numerous occasions he was encouraged to lose weight."

In December 1993, while lifting a stretcher with a patient on it, Brown injured his back. He was immediately placed on paid injured status. During this period, his weight really ballooned.

But in January 1995, the town doctor declared him fully recovered from his back injury and Brown was ordered back to work. He now tipped the scale at 429 pounds.

"He had gained so much weight that he could not perform the duties of a firefighter," Myers told our associate Dale Van Aita. "So we made him a dispatcher."

Brown wasn't happy and went on accumulated sick leave for several months. When he returned in May 1995, he made it clear that he would rather be a firefighter than a dispatcher.

But Fire Chief Richard James told us this was not acceptable. He wrote a letter to Brown telling his dispatching would be his job until he lost weight. "You weight seriously impairs your ability to support your fellow firefighters, as well as to perform standard life-saving measures during emergency situations," James wrote.

Brown did lose weight, dropping down to about 350 pounds. But it was not enough. His right calf was too large to fit into specially-ordered fireman's boots.

At this point, trapped in a dispatcher's job, the 37-year-old Brown applied to the West Warwick Pension Board for a lifetime medical disability pension.

Such pensions cannot be awarded to public safety officials who simply become too obese. Instead, Brown claimed the size of his swollen leg had to do with a genetic condition that runs in his family and affects fluid drainage and circulation.

The town doctor didn't buy it. The swelling had to do with "morbid obesity," he maintained, and the Pension Board agreed. They unanimously rejected Brown's disability pension application last December in a 4-0 vote.

We were unable to reach Brown for comment.

ELLEN GOODMAN

Compassionate for whom?

BOSTON--Deep down in the decision that Judge Miller Zobel set before a hungry international audience was a paragraph of self-defense.

"Massachusetts," he wrote, "never has and does not now view Justice as a handmaiden to Tyche, the Goddess of Good Fortune. ...A court...is not a casino."

Maybe not. Maybe the verdicts in this case of the au pair and the dead baby were not as chancy as the Massachusetts lottery. But on Monday 279 became Louise Woodward's lucky number.

In a reversal that turned a jury's murder conviction into a judge's manslaughter conviction, the British au pair's sentence was reduced from life to time served. To 279 days.

To put it quite simply, Louise Woodward walked. She won that first prize called freedom.

The judge reminded the public that this young woman will still go through life carrying the stigma of a felony. But he did not hear the cheers and the champagne corks popping in her hometown.

After all the appeals run out, the 19-year-old will go home to a heroine's welcome. The Espen goes home to an empty crib.

I do not dispute the judge's decision to reduce the crime to manslaughter. The defense team and the defendant, basking in their own hubris, made a bad bet. They put their money on the jury, gambled on all or nothing--life or liberty, murder or release. But a judge is not just a croupier.

Zobel was "morally certain that allowing this defendant on this evidence to remain convicted of second-degree murder would be a miscarriage of justice." He believed "that the circumstances in which defendant acted were characterized by confusion, inexperience, frustration, immaturity and some anger, but not malice (in the legal sense).

Indeed, the "sad scenario" that Zobel described fits my own sense of what happened on that February day. I never thought she set out to murder this baby. I assumed rather that she "lost it," was more than "a little rough with him," rough enough to cause his death. In short, manslaughter--or babyslaughter if you prefer.

But the sentence? Time served? 279 days? A Sentencing Lite that frees her to walk and talk and claim her status as the victim? This reversal feels much more like whiplash than like justice.

Remember that the jury, stuck with the hard and narrow choice between setting Louise free and jailing her for life, chose jail because they could not conacionably let her go. But the judge had no such constraints. With a much wider latitude of days and options, he found her guilty and nevertheless handed her the



"She won that first prize called freedom."

keys. One week a life sentence, the next week a walk. If these "cases of the century" that trip over each other make justice seem bewildering and arbitrary, no wonder.

Judge Zobel, an honorable man, no reed in the wind of public opinion, said that he was bringing this case to "its compassionate conclusion." Compassion for whom? By whom?

He ruled that Woodward was responsible. She is still a killer, who acted in anger as well as frustration. Indeed to uphold her guilt was to say implicitly that this young caregiver perjured herself in court. And never showed remorse.

In the moral assessment of a guilty party, is there no attention to remorse, to just plain sorrow at a dead child?

At no time did Louise Woodward show compassion, sympathy, dismay, for anyone but herself. At the first sentencing, she cried out, "I'm only 19." Before the second sentencing, she said only, "I am innocent." This is a guilty verdict instantly translated into English--or do we say British--as innocent.

When the air is cleared of hysteria and appeals, and she returns home, will her Elton fans eagerly put their young in Louise's charge?

I am not a lock-em-up-and-throw-away-the-key kind of crime-watcher. I have seen this case nibbled by a million analysts. It has become a symbol for everything. For mommy wars and class wars, for anxiety about children and caregivers, for concern about televised courtrooms and media hype. We have been fascinated by everything--including the fascination.

Every once in a while someone would say, "What about Matthew?" There would be a momentary hush and then the beat would go on.

Today however, we know "what about Matthew." He was born on May 8, 1996. He died on Feb. 9, 1997, at the hands of Louise Woodward.

In the numbers game, he lived 262 days. She served 279. This is what the sentence says to his parents: tough luck.

Peters

Continued from Page 1A
lacked in talent and has several players near the top of Central Florida's leaders in several categories, but some close losses and mistakes at the wrong time have killed the Rams.
Peters said he told Lake Mary Principal Raymond Gaines prior to the season that he would be stepping down regardless of his 1997 record in order to concentrate on his duties as athletic director. He added that he didn't want to say anything to his team but as losses mounted and rumors swirled, he made the decision after the Oviedo loss.
"I told them after Oviedo because I just saw a lack of confidence in their eyes," Peters said. "The kids played hard all season, they just kept finding a way to lose. I've done everything possible to contribute to the success of this team. We're like a family."
Lake Mary hasn't struggled often during Peters' three-year tenure. There were three Rotary Bowl wins including a memorable one back in his second season when the Rams beat nationally-ranked Pennsylvania Catholic on Thanksgiving morning. There was another one two seasons ago

when the Rams wiped out a huge deficit to beat Gainesville.
Peters' can also boast about beating sixth-ranked Maitland two years ago as well as his tremendous success rate for sending his players to college. Currently Peters has two graduates playing at Louisiana State and Florida and another at Georgia. There are also many smaller colleges dotted with Peters-coached players on the roster. Peters also said at least three of the current Rams are talking to major Division I schools.
For now, Peters said he just wants to concentrate on Seminole tonight. Last season, a similar situation occurred when the Rams came into the final game coming off of a devastating loss to take on an inferior Seminole team whose coach had just resigned. The "Notes pulled off the upset that night and gave coach Eric MacPherson the ball."
Peters said he hopes for a similar scenario tonight.
"It's going to mean a lot for me," Peters said. "Those kids mean a lot and we've always been a family unit here."
No replacement has been announced and Peters, who will remain as athletic director, said a search committee will be formed.

Meat

Continued from Page 1A
Nunez, one of 13 children of Jesus and Petronila Nunez of Arequipa, Peru, remembers going to Mass each day and never eating meat on Fridays. "I am from a place where 95 percent of the people were devout Catholics, and obeyed all the rules of the church," he said.
"Of course, nowadays rules have been changed, everyone is more liberal. There are no longer the older, more demanding rules to keep. Many of us who are older have not changed that much. I rarely if ever eat meat on Friday. I enjoy fish and seafood too much."
The proposal to observe meatless Fridays is intended to be a way for Catholics to express themselves against abortion, euthanasia, violence and war, drugs and other attacks on human dignity.
"This goes far beyond giving meat up on Fridays," said one of the bishops in Wash-

ington. It was a way to publicly witness, "I'm a Catholic. I am for life and I affirm the value of life as taught by the church."
Catholics still do not eat meat on Fridays in the season of Lent, leading up to Jesus Christ's Death on the Cross and his Easter Sunday Resurrection.
There are no restrictions, however, for the Advent season that will begin in two weeks and leads to Christ's Birth on Christmas Day.
"Advent is a joyful season, to be enjoyed," said Father Vivero. "It is quite different from Lent when we make many sacrifices."
Monsignor Lorenzo Albucaze said he doesn't want to see anyone scorned if they choose to eat meat on Fridays should the old obligation be returned. "My concern is that it won't be presented as 'if you eat meat on Friday, you'll burn in hell.' I think that would be an abysmal mistake."

West

Continued from Page 1A
city planner. West cites his participation, with then Mayor Randy Morris, in the four-laning and beautification of West Lake Mary Boulevard as one that he is proudest. He adds that he hopes that the city is "a little better than it would have been" if he had not been involved in directing the growth.
The one thing that West would have liked to accomplish but didn't was interconnection of residential subdivisions. He said that he felt that east-west and north-south connectors between communities along Rinehart Road, such as Manderly or Woodbridge, and other parts of the city, would relieve traffic congestion on major arteries and create a better "sense of community." He said he and the commission had "politely disagreed" on this issue for 10 years.
West is a graduate of Lake Brantley High School and Rollins College. He worked 10 months for the city of Titusville before coming to Lake Mary. He said he appreciated the opportunity to "use this city as a classroom."
In Leesburg, West will be one of three persons on the planning staff. Leesburg is, as Lake Mary is, involved in reviewing

its comprehensive plan and West said that will be a great opportunity to learn about his new city. He said other issues in the city are similar to those he has dealt with locally. Leesburg has recently formed a community redevelopment agency for its downtown and is preparing a master plan for its airport.
Joining Lake Mary's staff concurrent with West's departure will be John Baker, a planner with the city of Oviedo. West said Baker has been at Oviedo for five years, and has been a planner for Lake County and the city of Ormond Beach. He lives in Sanford.
As a city planner West is a liaison to several city appointed boards. He met with the Local Planning Agency Thursday evening to discuss a small scale land use change for a private school that wants to build on Rantoul Lane. After the meeting adjourned, West said that he and his wife went to Steak and Shake on Lake Mary Boulevard. He said as he traveled the boulevard and reflected on all of the development he has been involved in, "my wife asked, 'are you going to miss your baby?'"

Education

Continued from Page 1A
Thursday, third grade; Friday, fourth and fifth grade.

"We try to highlight special programs," she said. "Parents can come and watch their kids working on the computer."
The special week is very beneficial to students because it lets them know their parents are also concerned about their education, Wagner said.
Grandparents are also invited to attend the event on any of the assigned days. Each school has different activities planned. At Idyllwild, there will be a breakfast Nov. 18 with special guests Mayor Larry Dale, Sheriff Don Easinger and local business representatives.
Also scheduled is Spirit Day where students are encouraged to wear a sweatshirt from their favorite college. This fosters thoughts on the student's future education, Wagner said.
American Education Week is a good chance for parents to come and in and sit down in a relaxed atmosphere and also to let people know we have a great education system here, Wagner said.
"This is free time to enjoy each other in a school setting."

OBITUARY

WILLIAM H. GREEN
William H. Green, 87, Brazil Court, Sanford, died Wednesday, Nov. 12, 1997 at Florida Hospital-South. Born in Wallhalla, S.C. on March 30, 1930, he moved to Central Florida in 1982. Mr. Green was missionary with New Tribes Mission. He was a member of Sanford Bible Church.
Survivors include daughter, Shelby Beaty, Germantown, Wisc.; sons, William H. Jr., Liberty, S.C., Timothy, Chicago; brothers, John E., Seneca, S.C., Howard C., Easley, S.C., Clark, Seneca, S.C.; 12 grandchildren, five great-grandchildren.
Gramkow Funeral Home, Sanford, in charge of arrangements.

RALPH TRAUTMAN
Ralph Trautman, 96, Blount Road, Lutz, Fla., died Tuesday, Nov. 11, 1997. Born in Pittsburgh, Pennsylvania he moved to Central Florida in 1901. Mr. Trautman was a carpenter and a veteran of the U.S. Navy. He was also a Protestant. He was a Mason and a Shriner.
Survivors include daughters, Hazel Cox, Winter Park, Auralee Buckingham, Lutz, Fla.; son, Robert, Palmetto, Fla.; nine grandchildren and seven great-grandchildren.
Golden's Funeral Home, Inc., Winter Park, in charge of arrangements.

FUNERAL
GREEN, WILLIAM H.
Graveside funeral services for Mr. William H. Green, 87, of Sanford, who died Wednesday, will be at 10 a.m. Saturday morning at Oaklawn Park Cemetery, for those who wish, memorial contributions are suggested to New Tribes Mission Homes, 78 Mission Blvd., Sanford, Fla. 32771-7637.
Arrangements by Gramkow Funeral Home, 500 E. Airport Blvd., Sanford, Fla., 32771. (407) 322-3213.

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DOLLAR RENT A CAR

is having a garage sale on Sat., Nov. 15th, 1997.
Held at Salvation Army 700 W. 24th St., Sanford.
(Behind Badcock Furniture on 17-92)
All Proceeds benefit the United Way.

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Religion

IN BRIEF

Save Campbell labels

Members of Holy Cross Episcopal Church and the public are reminded to save Campbell soup product labels. These may be deposited in a container in the Parish House kitchen, left with the church secretary or mailed to the church office at 401 S. Magnolia Ave., Sanford, 32771.

New church signs

New church signs for Holy Cross Episcopal Church indicating the location of the church have been erected at the entrance to Sanford on North and South Highway 17-92 and East and West Highway 46. The purchase of these signs was made possible by an anonymous gift by one of the Holy Cross communicants.

Church activities

Allen Chapel AME Church, 1203 Olive Ave., is offering free tutoring in reading and math skills for elementary students: Monday, Tuesday and Thursday from 4 to 6:30 p.m., Wednesday from 3 to 4:30 p.m. Middle school students Monday, Tuesday, Thursday from 5 to 5:30 p.m. and Wednesday from 3:30 to 4:30 p.m.

Youth church activities for ages 13 to 18 meet the first and 4th Tuesdays of each month at 7 p.m. Parents attendance is required at all meetings. Youth services are held on the fourth Sunday of the month at 8 p.m. For more information call the church office at 322-8864.

Men's Bible Study

Each Monday at 7:30 p.m. Sanford Christian Church is conducting a Men's Bible Study. Presently the study is looking into the seven steps outlined in Promise Keepers. The study is open to all men in the area.

Call 322-0890 for more information. The church is located at 730 Upsala Rd. in Sanford.

Save labels

Sanford Church of Christ, 1500 S. Park Ave., is working desperately to save Campbell soup, V-8 labels, Prego spaghetti, Pepperidge Farms, Viasic and Swanson labels to purchase a church van. Members are short on funds so this alternative method can help provide transportation for youth activities, those unable to drive, running errands and visiting other church functions.

Anyone wishing to help with this effort please send labels to the church office at the above address at the zip code 32771 or call the church office at 322-7781.

Jeannette Stiffly will also pick up labels from those desiring to contribute. Please contact her at 322-8234. One million labels are necessary so much help is needed to make this goal a reality.

House of Refuge activities

House of Refuge, 1001 Celery Ave., will have Prophet Richard Minus as speaker for the 11 a.m. service Sunday. Prophet Minus is a graduate of Princeton Theological Seminary.

A Praise Celebration will be hosted nightly from Nov. 26 to 28 with Apostle J.L. Cash. The service will be held at 7:30 p.m. nightly.

On Dec. 14 the public is invited to hear Dr. Elizabeth Hairston, author and minister. She is in demand in the U.S., Central America, the Caribbean Islands, Africa, South America and Europe. She will speak at the 11 a.m. service and again at 7 p.m.

For more information about events call Evangelist Dora Richardson at 324-4711.

Walk Through Bethlehem

You and your family can encounter the sights, sounds and customs of the very first journey back to the Bethlehem of 2000 years ago. First Baptist Church of Longwood presents "Walk Through Bethlehem," a dramatic outdoor re-creation of the town of Bethlehem and the renowned events and personalities that surrounded the birth of Jesus Christ. This live production features a cast of over 200, with Wise Men, shepherds, along with live animals and guided tours of the city.

The event will take place on Fri. and Sat., Dec. 5 and 6 from 6 to 9 p.m. and Sun., Dec. 7 from 2 to 9 p.m. and again Fri., Dec. 12 from 6 to 9 p.m. and Sat. Dec. 13 and Sun., Dec. 14 from 2 to 9 p.m.

Admission is free. The church is located at 891 State Road 434 in Longwood (1 block west of Hwy. 17092, 4 miles east of I-4, north of Orlando).

For more information call the church office at 339-3817.

"True Christmas" event set

Experience the "True Christmas" event with Holy Cross Church, 760 Sun Dr., in Lake Mary on Friday, Dec. 5 and Sat., Dec. 6 from 5:30 to 8 p.m. as members recreate the City of Bethlehem as it was when Mary and Joseph walked through it's streets. The experience is completely authentic from the time you register with the tax collector to a meal of camel stew.

All for just \$2 per person. You and your children can make crafts, play games from the period, and have the opportunity to dress in Bethlehem attire as you walk the streets.

A live Nativity will be presented at 7 and 8 p.m. on Sat., Dec. 6 only. Due to construction at the church, the event will be held at Lake Mary City Hall.

For more information call Chris Jennison at 333-0797.

Wekiva Assembly offers day of fun

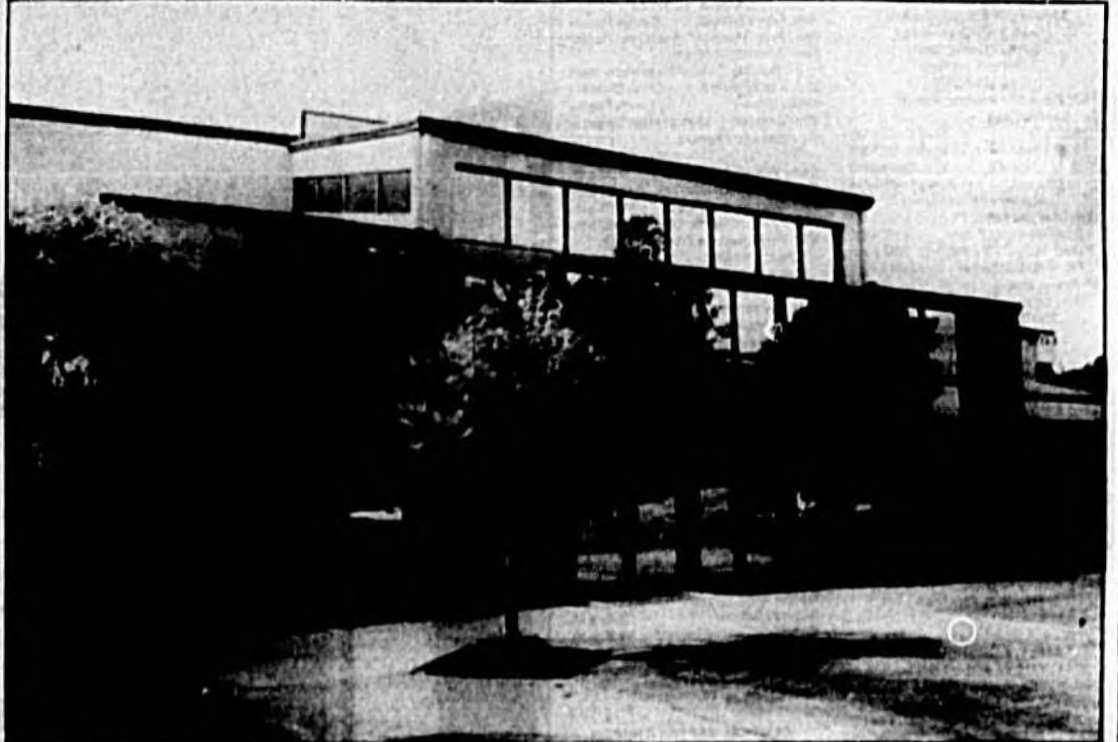
By SUSAN WENNER
Herald Staff Writer

LONGWOOD - Wekiva Assembly will offer a large festival full of family fun and activities. Members of the church invite the public to join in the public to enjoy this event with them.

This multi-acre gathering was named "ENORMO" by those involved in the planning process. The name stands for enormous, humorous and astronomical.

Sales such as yard, bake and miscellaneous craft items will be offered. Food such as hot dogs, hamburgers, chips, popcorn, soda and lemonade will be on sale for small fee or in a package deal of sandwich, chips and drink for \$2. A children's carnival with a moonwalk, dunk tank, spin-the-apple, spaceball and a high strike will be featured at .50 each or three for \$1.

Animals such as an emu, pigs, goats and bunnies will be available at a petting zoo as well as horse rides. A carwash will take place and the cost is on a donation basis of \$3. A variety of music and singers, a mime team, drama team, a jump rope team and Christian



Wekiva Assembly will host "ENORMO"

Herald Photo by Tommy Wenzel

radio station WTUN will be interviewing via remote throughout the day.

Door prizes and drawings will take place throughout the day. One must only "sign-up"

to participate.

Interim Health Care will be giving flu shots for \$10 to anyone who needs this immunization.

The fun will begin at 10 a.m. and last until 3 p.m. Wekiva

Assembly is located off Markham Woods Road, in the heart of Mandarin Estates, at 1675 Dixon Road in Longwood.

For more information call the church office at 774-0777.

Habitat announces partnership

SPECIAL TO THE HERALD

Reverend Paige Blakely, Pastor of St. Ann Catholic Church in DeBary and Ben Slick, President of Southwest Habitat for Humanity recently announced a partnership between the church and Habitat in Southwest Volusia. They will work together to build a home in DeBary for a family chosen by the Selection Committee of Habitat for Humanity. Parishioners Jackie and Ollie Brauner, DeBary, have donated the building lot for the three bedroom frame house that will be built by

volunteers from St. Ann's Church.

"St. Ann's community is experiencing a time of growth and well being and relative peace. Now it's time to do something for the larger community in which we live; it's time to share our good fortune." Father Paige explained. "St. Ann's has the opportunity to sponsor a Habitat for Humanity house and we will enthusiastically respond to this moment of grace. As sponsors, we accept the responsibility for raising some \$30,000 in money and materials and for providing volunteer labor - skilled and unskilled - for the

building of the house. I cannot think of a better way of saying (thanks to God for his goodness and blessing to us than by helping provide a home for another family."

The project is currently in the planning stages and close to 150 members of the parish have already registered to help, either with actual construction or by serving on one of the many organizational committees. Groundbreaking is scheduled for January 11 at 2:00 p.m.

Habitat for Humanity is a Christian ministry devoted to eliminating poverty housing worldwide. To accomplish this

goal, Habitat works in partnership with the Christian community to build houses with volunteer labor and donated materials. These houses are then sold to the pre-approved families at no interest and with a 20 year mortgage. The partner family is required to invest many hours of "sweat equity" working on their homes and the homes of others. For more information about Southwest Volusia Habitat for Humanity, or for information about applying to become a homeowner, call the Habitat office at (904) 774-0083.

Pastor speaks of enthusiasm and perseverance

Somewhere out of the past comes a story about three men helping build a cathedral. A passerby, watching one man digging at a wall for the foundation, asked him what he was doing. Between shovels full of earth he grunted, "I'm digging a hole."

A stonemason, asked the same question, answered, "Can't you see I'm making a wall?"

Another laborer was pushing a cart loaded with stones toward the construction site. When he was asked the question, his face lighted up with enthusiasm. He replied, "I'm building a cathedral."

Success at anything including revitalizing a downtown historic church requires two vital ingredients: enthusiasm and perseverance. Both can be helped by the broad

view that looks beyond temporary difficulties and disappointments to a great goal. What are you doing with your life? Are you putting in time or building something lasting and worthwhile? These are questions we must ask ourselves.

Enthusiasm is the priceless quality that makes everything different. The men and women who achieve the most are invariably inspired by enthusiasm. They approach life, its opportunities, and its problems with this vital characteristic.

Successful individuals also keep at it. Great ideas come to naught unless they are carried to completion. When Glen Cunningham was 7 years old, he was badly burned in a schoolhouse fire that his doctor said, "I doubt if he'll be

able to walk again." But the little boy had been motivated by his father to become a champion runner. He visualized himself winning races. Despite intense pain, he struggled to walk again, then to run, although all he could manage at first was a queer hippety-hop gait. But he kept running until he became the outstanding miler of his time.

As you cultivate enthusiasm and perseverance, more power to you. As we cultivate and revitalize this downtown historic church help us keep in mind and spirit these two vital ingredients as we work together for Christ's sake. We are revitalizing a cathedral called First Presbyterian Church of Sanford. We need everyone's help.

"He did it with his heart, and prospered." 11 Chronicles



Rev. Bruce Scott

31:21
"Here I am, send me." Isaiah 6:8
"The people had a mind to work." Nehemiah 4:6
"God loves to help him to strive to help himself." Aeschylus



Homecoming Celebration

SANFORD - The public is invited to attend the Anniversary/Homecoming celebration at Westview Baptist Church, 4100 Paola Rd. (46A), this Sunday. Special guest speaker in the Morning Worship Service at 10 a.m. will be the Rev. Bill Coffman, of the Cooperative Program Department of the Florida Baptist Convention, and a former pastor in this area. A "Dinner on the Grounds" will follow the Morning Worship Service. Special music guests will be the Lumber River Quartet of Lumberton, North Carolina. They will be in concert following the meal at approximately 12:30 p.m. There will be no charge, but a free will love offering for the group will be taken.

SPECIAL DELIVERY

NEWS

Sanford Herald
wants to let the community
know about your church activities.

Call or send information to
Sanford Herald
c/o Susan Wenner
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Sanford, FL 32771
322-2611 or FAX 323-9408

We also highlight people involved in
volunteer work and hobbies
or collections. Nominations
Welcome!

FRIDAY PRIME TIME

Table of TV programs for Friday Prime Time, including channels like ABC, CBS, NBC, and FOX, with program titles and descriptions.

SATURDAY

Table of TV programs for Saturday, including channels like ABC, CBS, NBC, and FOX, with program titles and descriptions.

AFTERNOON

Table of TV programs for Saturday Afternoon, including channels like ABC, CBS, NBC, and FOX, with program titles and descriptions.

PRIME TIME

Table of TV programs for Saturday Prime Time, including channels like ABC, CBS, NBC, and FOX, with program titles and descriptions.

SUNDAY

Table of TV programs for Sunday, including channels like ABC, CBS, NBC, and FOX, with program titles and descriptions.

AFTERNOON

Table of TV programs for Sunday Afternoon, including channels like ABC, CBS, NBC, and FOX, with program titles and descriptions.

PRIME TIME

Table of TV programs for Sunday Prime Time, including channels like ABC, CBS, NBC, and FOX, with program titles and descriptions.

MONDAY PRIME TIME

Table of TV programs for Monday Prime Time, including channels like ABC, CBS, NBC, and FOX, with program titles and descriptions.

WEEKDAY DAYTIME LISTINGS

Table of TV listings for Monday through Friday, 6:30 AM to 11:30 AM. Includes programs like 'Morning News', 'The Today Show', 'CBS This Morning', 'NBC Today Show', 'ABC Today Show', 'CBS This Morning', 'NBC Today Show', 'ABC Today Show', 'CBS This Morning', 'NBC Today Show', 'ABC Today Show'.

AFTERNOON

Table of TV listings for Monday through Friday, 12:00 PM to 5:00 PM. Includes programs like 'The Dick Cavett Show', 'The Dick Cavett Show', 'The Dick Cavett Show', 'The Dick Cavett Show', 'The Dick Cavett Show'.

TUESDAY PRIME TIME

Table of TV listings for Monday through Friday, 7:00 PM to 11:30 PM. Includes programs like 'The Dick Cavett Show', 'The Dick Cavett Show', 'The Dick Cavett Show', 'The Dick Cavett Show', 'The Dick Cavett Show'.

WEDNESDAY PRIME TIME

Table of TV listings for Monday through Friday, 7:00 PM to 11:30 PM. Includes programs like 'The Dick Cavett Show', 'The Dick Cavett Show', 'The Dick Cavett Show', 'The Dick Cavett Show', 'The Dick Cavett Show'.

THURSDAY PRIME TIME

Table of TV listings for Monday through Friday, 7:00 PM to 11:30 PM. Includes programs like 'The Dick Cavett Show', 'The Dick Cavett Show', 'The Dick Cavett Show', 'The Dick Cavett Show', 'The Dick Cavett Show'.

Table of TV listings for Monday through Friday, 6:30 AM to 11:30 AM. Includes programs like 'Morning News', 'The Today Show', 'CBS This Morning', 'NBC Today Show', 'ABC Today Show', 'CBS This Morning', 'NBC Today Show', 'ABC Today Show'.

AFTERNOON

Table of TV listings for Monday through Friday, 12:00 PM to 5:00 PM. Includes programs like 'The Dick Cavett Show', 'The Dick Cavett Show', 'The Dick Cavett Show', 'The Dick Cavett Show', 'The Dick Cavett Show'.

TUESDAY PRIME TIME

Table of TV listings for Monday through Friday, 7:00 PM to 11:30 PM. Includes programs like 'The Dick Cavett Show', 'The Dick Cavett Show', 'The Dick Cavett Show', 'The Dick Cavett Show', 'The Dick Cavett Show'.

THURSDAY PRIME TIME

Table of TV listings for Monday through Friday, 7:00 PM to 11:30 PM. Includes programs like 'The Dick Cavett Show', 'The Dick Cavett Show', 'The Dick Cavett Show', 'The Dick Cavett Show', 'The Dick Cavett Show'.

Sports

B

FOOTBALL FEVER

By JEFF BERLINICK
Herald Staff Writer

Game of the week:

Seminole (7-2, last week lost to Mainland, 21-17) at Lake Mary (0-8, last week lost to Deland 28-18), 7:30 p.m.

See related stories.

Lake Howell (3-6, last week, beat Lyman, 25-14) at Apopka (5-4, last week lost to Evans, 35-24), 7:30 p.m.

It's all over for the Silver Hawks who are wrapping up one of their most disappointing seasons in years, but Lake Howell really hasn't been playing badly of late. They've won two of three while playing probably the toughest schedule in Seminole County. The Silver Hawks have a lot of seniors playing in their final game, including Kawika Mitchell, one of the county's best all-around players, Brian Mitchell, Ryan Ely, Travis Vinson and Chris Campbell. Apopka is also out of the playoff hunt.

Winter Park (3-6, last week lost to West Orange, 48-20) at Lyman (1-8, last week lost to Lake Howell, 25-14), 7:30 p.m.

This is it for the Greyhounds. They have lost seven straight and are looking to end the season with a win on Homecoming. Lyman has played too well to be 1-8 but, like Lake Mary, mistakes have plagued them all season.

Last week, it was the same old story as they stuck with Lake Howell for most of the game and have three overtime losses so far this season including a triple overtime loss to district champion Deland.

For Lyman, it will be the last night for seniors such as Joe Copeland, Joe Giola, Chris Rankin, Tarik McCall, Ryan Snyder and Ricky Bennett.

Lyman doesn't put many points on the board but the defense has kept the Greyhounds in almost every game this except for an earlier drubbing by Lake Brantley. Winter Park is also out of the playoff hunt after playing well at the start of the season.

Oviedo (6-3, last week beat Lake Brantley, 38-9 (at Pine Ridge (2-7, last week beat Oak Ridge, 25-8).

Can Oviedo gather the kind of emotion it will need for tonight's game without looking ahead to Dr. Phillips in the first round of the playoffs next week?

That's the question Oviedo coach Greg Register faces as he has to prepare his team after an emotional win over Lake Brantley last week to secure a berth.

It hasn't always been easy for the Lions who have struggled at times but found their game when it counted.

For the Lions, look for Jaime Scott to get the bulk of the carries. Josh Cullen is the quarterback but Register may rest some of his starters to prepare for Central Florida's stingiest defense next week.

Pine Ridge finally won again last week for first-year coach Tim Johnson who replaced current Seminole coach Jim Worthington.

Lake Mary will win because...

By JEFF BERLINICK
Herald Staff Writer

LAKE MARY - Kell, I'm gonna take you to school now and explain exactly how Lake Mary ends up beating Seminole in football tonight.

Remember last season at this time? I'll refresh your memory although, being such a fan of the Seminoles (don't worry, I don't mean Florida State), I'm sure you remember what took place.

Lake Mary came into Seminole following a gut-wrenching loss only to face a team looking to salvage respect and a final win for their coach who had just resigned.

Sound familiar? This year the roles are reversed. Lake Mary coach Doug Peters announced his resignation recently and wants that final game ball to put over his fireplace. He has a team with plenty of seniors who want to get him that ball.

Meanwhile, the Seminoles are coming off a game where they gave away the district championship and

home field advantage in the playoffs. You don't think that might play on their minds a little bit?

If not, the fact that they'll be traveling to Merritt Island for the state playoffs next week will.

Simply, the game means nothing to Seminole and everything to Lake Mary.

Now, I'm gonna tell you how the Rams will do it on the field.

The key is Robbie Randall. Anybody who has spent time watching the 'Noles knows you can't pass on them.

But you can run. Randall will be playing in his final game at Lake Mary and I'll bet you at least a soda (or something) that he breaks one of at least 75 yards.

That will also prevent Cory Cooper from having to rely on his passing. Cooper is the county's best quarterback but, as his bruised body will attest, he doesn't play behind the county's best offensive line. Despite the Cooper - Tim Spivey combination, Lake Mary will be best to keep the ball on the ground and that's

where they eat up time and yardage.

Run the clock, keep it on the ground and let Randall break one.

It's a very simple game. The Lake Mary defense is completely the opposite. It can be passed on, but Seminole isn't known for its aerial attack. Instead, the 'Noles have about 9,432 winning backs, all of whom can run the ball. That's Lake Mary's strength, stopping the run.

Also, remember Kell, this is one of the biggest rivalries in the area. There has to be a better cliché than "you can throw out the record books for this one," but it's true. The two teams don't like each other and that's even more incentive for Lake Mary to get that first win.

Let's recap. Coach resigned. Win one for the Gipper. Big rivalry game. Robbie Randall to break one.

Come to think of it, since Lake Mary is looking for a new coach, I'm available.

Prediction: Lake Mary 14, Seminole 10.

Like beating yourself

Oviedo girls defeat former teammates

By JEFF BERLINICK
Herald Staff Writer

WINTER SPRINGS - The Winter Springs girls basketball team looked like children who had just left home, eager to show their family their new digs.

It was like a family reunion at Winter Springs High School last night as Oviedo came to town and left with a sometimes sloppy 65-48 win in Seminole Athletic Conference basketball.

The score wasn't the real story. Winter Springs just opened its doors this season and Oviedo is a perennial powerhouse. The story was of friends playing and coaching against each other for the first time.

Let's recap. Winter Springs two leading scorers - Kris and Beverly Dedelow - played for Oviedo as freshmen last season along with Veronica Mand. Lady Lions coach Tom Bieri actually came close to giving his players a pre-game hug.

Then Bieri was taking on Winter Springs coach Betsy Hughes who coached under Bieri last season.

Oviedo point guard Mary Lou Johnston said there was some emotion in the game last night.

"It was hard sometimes," Johnston said. "The Dedelows are my best friends but we were able to put all of that aside tonight."

It wasn't so easy at first for Oviedo as the Lady Bears kept things close despite having only freshmen and sophomores in the lineup. Kris Dedelow (10 points) started off strong, pulling the Lady Bears to a 7-7 tie before Oviedo's press defense took over. Johnston

(game-high 20 points) led Oviedo to a quick 10-point lead and it grew from there.

Once it was safe, Bieri spent the rest of the game trying new combinations and emptying his bench. The Lady Lions improved to 3-0 but Bieri said his team needs some work.

"It's no hard to try to play against ex-friends," Bieri said. "They were all teammates and Betsy has done a great job with those kids. They'll be tough down the road."

Bieri said his team needs to improve before conference play swings into high gear.

"At times we slipped up," Bieri said. "We need some work if we want to compete with Lake Mary and Lyman."

Hughes said her team is coming together. When the season started two weeks ago, Winter Springs (0-3) had three starters, including the Dedelows, playing volleyball.

"We're progressing very well," Hughes said. "There's a difference in their game each time we've gone out. We were all excited about playing tonight."

Besides Johnston's game-high effort, Kelly Brock chipped in with 15 for Oviedo and Beverly Dedelow led Winter Springs with 12.

TRIBE TRUNCES BUCS

SANFORD - Shemika Stokes poured in 14 points and pulled down 10 rebounds as Seminole whipped Mainland 54-36 in a girls' Class 5A-District 5 contest at Bill Fleming Memorial Gymnasium.

"We had good team effort to

See Preps, Page 2B



Oviedo sophomore point guard Mary Lou Johnston (No. 14) goes over Winter Springs' Stobhan Thomas for two of her game-high 20 points in the Lions' 65-48 Seminole Athletic Conference victory at Winter Springs High School Thursday.

Raiders run Hawks out of town

By DEAN SMITH
Herald Sports Editor

SANFORD - Prior to the season, Seminole Community College women's basketball head coach Ken Patrick said that Daria Kudryvtseva's dream was to play in the WNBA.

If she keeps playing like she did Thursday night, she will have no trouble achieving her dream.

The freshman guard from St. Petersburg, Russia poured in a season-high 28 points on 12 of 19 shooting (including 4-of-7 on three-pointers), pulled down four rebounds, had seven steals and three assists as the Raiders clubbed Hillsborough Community College from Tampa 83-63 at the SCC Health and Physical Education Center.

The game got off to a very slow start with SCC not scoring until almost three minutes had passed and the Hawks not finding the net until 4:30 had elapsed.

But the Raiders' pressure defense started turning into offensive opportunities as they came up with 12 steals off 20 HCC turnovers in the first half to take a 37-22 lead at intermission.

Things did not change much in the second half as SCC had nine more steals and forced 14 more turn-

RAIDERS 83, HAWKS 63

Hillsborough Community College (63)
Holtman 4-11 5-11 13, Faby 0-0 0-0 0, Newsum 4-11 0-2 8, Peters 0-0 0-0 0, Martin 1-9 1-10 12, Nash 1-1 0-0 2, Campbell 6-10 0-0 15, Carr 2-6 0-2 4, Baskin 0-3 1-3 1, Hammond 1-2 0-0 2, Ward 1-2 4-6 6, Totals 20-55 20-33 63

Seminole Community College (83)
Kudryvtseva 12-19 0-0 28, Tanner 2-6 0-0 4, Clark 2-5 0-0 4, Sweeney 5-13 1-2 11, Lee 4-7 2-3 11, Reedy 1-2 0-0 2, Melhanic 3-8 3-4 10, Westergren 4-6 0-0 10, Kotova 6-13 1-2 13, Totals 39-79 7-11 93

Field goals - SCC 37, HCC 22. Three-point field goals - HCC 3-5 (Campbell 3-5), SCC 4-13 (Kudryvtseva 4-7, Westergren 2-3, Lee 1-1, Melhanic 1-2, Tanner 0-2). Total Rebounds - HCC 17, SCC 25. Fouled out - SCC Beverly Technicals - none. Rebounds - HCC 42 (Hutchins 13), SCC 34 (Sweeney 8, Melhanic 8, Anasta 1, HCC 17 (Campbell 6), SCC 27 (Tanner 9, Sweeney 8, Lee 8, HCC 16 (Newsum 6), SCC 21 (Kudryvtseva 7), Baskin 4, Carr 2), SCC 8 (Kotova 6), Newsum 1, SCC 5-0.

overs in the final 20 minutes.

"This was a much better effort (than a lackluster win Tuesday night)," said Raiders assistant Tony Mandeville. "The girls are starting to understand what we want done. In another month we could be real tough."

SCC got an amazing team effort as all nine women scored (six finished in double figures), had a rebound

See Raiders, Page 2B



Daria Kudryvtseva poured in 23 points to lead SCC to a 93-63 thumping of Hillsborough C.C. Thursday night.

Seminole will win because...

By KELLIE WERNER
Herald Staff Writer

SANFORD - Jeff, Jeff, Jeff. Obviously your years of sports writing have clouded your mind.

Let the new kid on the block tell you exactly what's going to happen tonight when Seminole travels to Lake Mary for the most anticipated backyard brawl in the county.

First, I want to say before I even begin, that I adore Lake Mary coach Doug Peters. He's a great guy, I truly like him and despite a losing football record, he's a winner.

That said, Seminole is going to use the Rams for stepping stones on their way to post season play.

Bottom line, Seminole is a solid, confident team that has proven throughout the season that they are one of the best teams in Seminole County. They play smart, they play tough and they play to win.

Regardless of the fact that they could possibly be thinking ahead to the toughest part of their season, which begins after tonight's game, these 'Noles have something to prove.

Last season, no one came to their games. They had a lousy

3-7 season and the main reason they defeated Lake Mary at the end of last year is because the Rams didn't show up.

That was before Jim Worthington was roaming the sidelines. In one short year, Worthington has taught a los-

ing program how to win and has transformed a group of athletes who doubted themselves into a confident team.

Most of last year's 'Noles are back this season and are ready to clinch the conference before tackling their district.

See Tribe, Page 2B



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BLONDIE



by Chic Young

Reader shares hair-loss solution

DEAR DR. GOTT: Despite heavy chemotherapy and radiation for breast cancer, I never lost my hair. Here is the reason.

A few minutes before beginning each chemotherapy treatment, I applied a tight elastic band just below the hairline all around my head. I removed it after each treatment was completed. I believe that the pressure of the elastic prevented the powerful drugs from damaging the hair follicles.

I suppose that there is no medical documentation of this phenomenon, but I hope you will share it with your readers because it worked for me.

DEAR READER: Hair loss, which is the rule after chemotherapy, is a discouraging embarrassment to the millions of patients who have experienced it. To my knowledge, there is no consistently effective way of preventing this complication.

Thus, it was with great interest that I read your letter. The method you describe is simple, safe and inexpensive. I am printing your comments because they might help other cancer patients who are struggling not only to survive but to maintain their normal appearance. You are correct that there is no medical documentation for the elastic band technique; therefore, I cannot in good faith endorse it. Nonetheless, I see no harm in trying it and would be grateful to other readers who may have had experience with this novel solution.

DEAR DR. GOTT: I heard of a person whose appetite increased after he struck his head in a car accident. Is this possible?

DEAR READER: As strange as it may seem, some people develop "an intense passion for fine foods" after suffering damage to the right hemisphere of the brain," according to a report in the Sept. 15 issue of *The American Family Physician*.

The reason for this peculiarity is unknown, but it has been christened "gourmand syndrome" and is considered to be an eating disorder. Patients with this unusual affliction do more than simply eat fine foods. They become obsessed by such special diets and "rarely think or talk about anything else." Specialists do not yet understand why patients with gourmand syndrome are not interested in junk foods or other edibles that most of us enjoy. Truly, this is a fascinating disturbance in the brain's eating center.

DEAR DR. GOTT: I understand that the irradiation of certain foods could eliminate many illnesses and deaths caused by food-borne microorganisms. Why isn't this practice in widespread use?



PETER GOTT, M.D.

food-borne infections, because the radiation kills bacteria without altering the consistency and flavor of the food.

I believe that many consumers are wary of anything having to do with radiation. Somehow, eating irradiated food smacks of science fiction and, our imaginations tell us, might lead to horrendous health consequences, even hideous mutations. This is not the case. Many experiments have proved that properly irradiated food is safe and will not lead to hazards. I suspect that it is simply a matter of time before irradiation of food becomes standard procedure. But, for now, consumers are skeptical.

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BETLE BAILEY



by Mort Walker

THE BORN LOSER



by Art Sanson

PEANUTS



by Charles M. Schulz

Eek & MEEK



by Howie Schneider

TUMBLEWEEDS



by T.K. Ryan

ARLO AND JANIS



by Jimmy Johnson

FRANK AND ERNEST



by Bob Thaves

GARFIELD



by Jim Davis

ROBOTMAN



by Jim Meddick

ACROSS

- 1 Word quest
- 2 Challenge
- 3 To and --
- 12 State
- 13 Cover
- 14 American oil
- 15 From goddess
- 16 Actor name --
- 17 -- -- --
- 17 Gull's high note
- 18 Actor
- 19 Measuring device
- 20 Comparative suffix
- 21 Ship
- 22 Substance
- 23 Of any space
- 24 -- -- --
- 25 Actor name
- 26 Descriptive suffix
- 27 -- -- --
- 28 Actor

DOWN

- 1 Bomb failure
- 2 Shortened
- 3 Type of coat
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- 5 Paralyzing
- 6 State
- 7 Fish species
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- 9 State
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- 11 Street's quest
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Answer to Previous Puzzle



STUMPED?

Call for Answers @ 1-800-4-A-WORD or 1-800-4-A-WORD ext. code 100



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WIN AT BRIDGE

Who are the top four?

By Phillip Alder

Someone, after seeing yesterday's column, wondered who the four best ever players are. My vote goes (in alphabetical order) to Giorgio Belladonna, Pietro Forquet, Benito Garozzo and Bob Hamman. The first three were the mainstays of the legendary Italian Blue Team. Hamman, from Dallas, is now the top-ranked player. This deal, in which aggressive bidding had pushed Hamman into six clubs, gives a good idea of the standard of his declarer play. After West leads the spade king, many declarers would take the club finesse at trick two, shrugging their shoulders while writing minus 200 into their scorecards. Hamman did much better. Immediately, he cashed the

heart ace-king, discarding a spade from the dummy. Next, he ruffed the heart three in the dummy, simultaneously establishing his 10.

West, who had passed as dealer, had shown up with the king-queen of spades and queen-jack of hearts. It looked as though East held both minor-suit kings. Playing on this assumption, Hamman cashed dummy's diamond ace and continued with the diamond queen, ruffing away East's king. Now came the heart 10, which West had to ruff to stop dummy's last spade from disappearing. After overruffing in the dummy, Hamman threw a spade on the diamond jack; then he ruffed a diamond. Finally, declarer played a club to dummy's ace and discarded his last spade on the established diamond five while East impotently ruffed with his trump winner. What beautiful card-reading and timing!

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North 11-10-97			
Δ	10 9 6		
♥	7		
♠	A Q J 5 3		
♣	A 10 8 5		
West			
Δ	K Q J 5 2		East
♥	Q J 6		9 8 5 4 2
♠	7 6 4		♠ K 10 8 2
♣	4 2		♣ K 6
South			
Δ	A 4 3		
♥	A K 10 3		
♠	9		
♣	A Q J 7 3		
Vulnerable: North-South			
Dealer: West			
South	West	North	East
2Δ	Pass	1♠	Pass
3♥	Pass	3♠	Pass
4♠	Pass	4♠	Pass
6♣	Pass	Pass	Pass
Opening lead: Δ K			

HOROSCOPE



Saturday, Nov. 15, 1997

In the year ahead, it is likely that you'll do better in joint endeavors than you would in solo involvements. Determine this for yourself and work in areas where the odds are favorable. **SCORPIO** (Oct. 24-Nov. 22) Carefully study any investment proposals brought to you today, especially those that are yielding reasonable returns and have a chance for growth. Know where to look for romance and you'll find it. The Astro-Graph Matchmaker instantly reveals which signs are romantically perfect for you. Mail \$2.75 to Matchmaker, c/o this newspaper, P.O. Box 1758, Murray Hill Station, New York, NY 10158. **SAGITTARIUS** (Nov. 23-Dec. 21) Your ingratiating manner will win you the respect of your peers today. You will take

time to listen to their problems and help resolve them. **CAPRICORN** (Dec. 22-Jan. 19) Avoid wasting your time and efforts on insignificant projects today. Your attitude and skills are at a peak, so don't think small. **AQUARIUS** (Jan. 20-Feb. 18) Today you could be fortunate at things that have slight elements of chance. However, this doesn't give you license to bet on a pie-in-the-sky. **PISCES** (Feb. 19-March 20) Give priority to matters that are financially significant today. Lady Luck might be in the mood to help you close them out to your satisfaction. **ARIES** (March 21-April 19) Ventures you personally direct have strong probabilities for success today. Do not abdicate your post or let the controls slip through your fingers. **TAURUS** (April 20-May 20) Financial prospects look encouraging today, but if you reap gains, it may be due more to the efforts of associates than your contributions.

GETTING (May 21-June 20) If anyone has the wherewithal to make their hopes realities today, it's you. Be the dreamer who uses practical procedures to isolate your objectives. **CANCER** (June 21-July 22) This could be one of those days where the harder you work, the luckier you get. Establish meaningful goals and pursue them with vigor and intelligence. **LEO** (July 23-Aug. 22) Do not play a loner's role today if you're involved in something with great potential benefits. Share your expectations with deserving friends. **VIRGO** (Aug. 23-Sept. 22) You could be in for a pleasant surprise today regarding your career. A situation that had a dismal start might take a turn for the better; be ready. **LIBRA** (Sept. 23-Oct. 23) Do not make hasty judgments regarding critical matters today. When you take time to study the facts, you'll act wisely and derive desirable results.

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ANNIE

by Leonard Starr

