Serving Sanford, Lake Mary and Seminole County since 1908

88th Year, No. 252 - Sanford, Florida



Today: Partly cloudy with a chance ofafternoon thunderstorms. High in the lower to mid 90s. Wind southeast 10 to 15 mph. Chance of rain 30 percent.

For more weather, see Page 2A

TODAY

BRIEFS

Politibits

SANFORD - James R. Valerino, a candidate for Seminole County Court Judge, Group 4. has announced that Walter Nason of Sanford is his campaign treasurer, and attorney Thomas Greene, also of Sanford, is his campaign chairman.

Candidate forum

LONGWOOD - The Seminole County Christian Coalition is hosting a candidates' forum Thursday evening at 7:30 p.m., at Northland Community Church, 530 Dog Track

Road, Longwood. The forum will allow for question and answer time, as well as offering an opportunity to meet with candidates running for offices within Seminole County.

For additional information, contact Kelli Bass, at 679-2645, ext. 7000.

Open house

SANFORD - Sanford Main Street, Inc., will have an open house for newly remodeled offices at 101 W. First Street, suite B. this evening from

Board, committee members and staff will be available to answer questions regarding the work of Sanford Main Street and discuss future

For additional information, phone the Sanford Main Street office at 322-5600.

Olympic star

ALTAMONTE SPRINGS - U.S.A. Softball Olympic gold medalist Michelle Smith will be on hand tonight to throw out the first pitch at 6:15 p.m., at the Seminole County Softball Complex, 260 North Street, Altamonte Springs.

Smith, from Califon, N.J., was a two time NCAA All-American at Oklahoma State and was named the U.S. Olympic Committee Softball Sportswoman of the Year in 1993 and 1994.

The tournament, scheduled to run through Aug. 11, is sponsored by the Orlando Area Sports Commission and the Seminole County Convention and Visitors Bureau.

The event is the 1996 Coca Cola/ASA Softball Girl's 12 and under Fast Pitch National Championship tournament.

Opening ceremonies for the national championship will be this afternoon at 4 p.m., at the Lake Brantley High School football stadium.

In all, 1,200 girls from 70 teams will be seeking the national championship title. It is expected the final championship game will begin at noon Sunday at the Seminole County Softball complex.

Trip still open

MAITLAND - The Maitland Art Center has announced there are several seats available for their trip to Philadelphia to see the great collection of Paul Cezanne paintings. The tour departs Aug. 22, and returns Aug. 25.

The tour package, \$650 per person, includes a round-trip air fare, three nights' accommodations (double occupancy), at the new Philadelphia Marriott, VIP tickets to the Philadelphia Museum of Art, plus many other admissions and special excursions.

For information and reservations, phone Kate Simmons at 539-2181.

Homes needed

Although the school year has started, housing is still being sought for foreign students for this academic year.

Students come from such countries as Poland, Spain, Brazil, Germany and the Netherlands.

See Briefs, Page 5A

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sincere. 🖪

-Honry Ward Bussian

New life for old building

By NICK PFEIFAUF Herald Stall Writer

SANFORD - Another one of the older buildings in downtown Sanford appears to have a bright future. An application for Certificate of Appropriateness for exterior modifications is to be considered Thursday by the Sanford Historic Preservation Board (HPB).

In the early days of the city, the Welaka Building was one of the major structures in the downtown area, and over the years has served as home for many businesses. Most recently, it was broken down to several separate businesses along the Oak Avenue side, but the majority of the structure has been vacant for a number of years.

With renewed interest in downtown, which appears on the National Register of Historic Places and which is a Main Street community. many neglected buildings are being renovated.

According to artists' conceptions by Quantum Architecture, Altamonte Springs, submitted for property owners Hoogland Orlando. Inc., with the application to the Historic Preservation Board. most of the exterior of the Welaka building will basically remain the same in appearance although it will be strengthened with modern construction techniques.

On both the south side (facing First Street) and west side ffacing N. Oak Avenue), the exterior storefront area will be renovated and canvas awnings installed.

Five doors to the building on the ground level. which have been plastered over with stucco or covered with plywood, are to be reopened. Entrance doors on the west, including those which were not closed, total eight to nine for separate

🗆 Bec Welaka, Page 5A



Downtown Sanford enjoys a flurry of renovation of its historic buildings since being named to the National Register of Historic Places, Sanford is

also a Main Street project, in which once thriving historic downtown commercial areas are largeted

School bandmasters ax festival

By VICKI DeSORMIER Herald Senior Staff Writer

SANFORD - A musical tradition in Seminole County has fallen by the wayside, a casualty of the scheduling changes in the high

After 21 years the county band festival, which

was supported by the Sanford Optimist Club and the Sanford Herald, will not bring the bright sounds of the county's six high school bands to one of the district's stadiums.

We're very, very disappointed," said Audrey Ogden, an Optimist member who has helped organize the festival for years.

The event, which usually takes place in late

October, has been stricken from the annual events schedule by the Seminole County Bandmasters Association because of a conflict with the new fall break which will take place the third week in October.

Ogden said the festival has always been

Bee Band, Page 5A

Community involvement



Members of the Sanford Citizens Patrol-Neighborhood Watch gathered for their weekly meeting on the lawn of the Diamond Glass Company at 3rd Street and Palmetto Avenue Tuesday night. The group has begun a cooperative effort with the Sanford Police Department to identify those in the drug and

prostitution trade in the downtown historic district. Above, group leaders, including president Bob Kuhn, discussed plans to address the Sanford City Commission at the Aug. 12, 7 p.m. meeting. Below, neighborhood volunteers, discuss the patrols they have



Trans fats troublesome for heart

By DARLENE SUPERVILLE Associated Press Writer

WASHINGTON - The saturated fat that's listed on nutrition labels for those greasy french fries or that jumbo cookie tells only part of the story. Hidden fat tells the rest, and it could be increasing your risk of heart disease by the mouthful, a health advocacy group warned today.

Fried and processed foods made with solid oils contain "trans fats" that, according to some studies, increase levels of bad cholesterol in the blood, the private Center for Science in the Public interest said.

The group urged restaurants to switch to liquid vegetable oils, which have no trans fats, and inform consumers about the trans-fat content of their food. It also wants the government to require food processors to list the trans-fat content on nutrition labels, which is not currently required.

Trans fat is included on a nutrition label only as part of total fat. CSPI says it should be included with saturated fat.

Industry groups were critical, saying available evidence doesn't support CSPI's latest claims about the unhealthfulness of our food. Adhering to government-issued dietary guidelines was the best advice, they said.

Bee Fate, Page 5A

Study: Hispanic travelers prefer to visit Florida

By The Associated Press

MIAMI - Hispanic travelers are more likely to visit Florida than Blacks or Asians, according

to a study by an industry group.

The Travel Industry Association of America carried out "The Minority Traveler" study to help anticipate America's travel trends as the nation's demographic balance shifts.

"Regardless of different ethnicities, travelers tend to travel similarly. But the differences are in the details, and there were some important ones," said William Norman, president of the Washington-based travel industry promotion

Some differences cited include: Americans of Hispanic background are much

more likely to travel with children in tow.

☐See Travel, Page 5A

SUBSCRIBE TO THE SANFORD HERALD FOR THE BEST LOCAL NEWS COVERAGE. Call 322-2611



Bridge could harm environment

PENSACOLA - Environmentalists claim that construction of a 3.5 mile bridge would damage Florida's last major wetlands prairie and are using a lawsuit to keep the project from ever getting started.

The Florida Wildlife Federation says the work would also threaten wildlife and plants in bays and bayous.

The Sierra Club Legal Defense Fund, on behalf of the federation, sued the U.S. Army Corps of Engineers on Monday in U.S. District Court in Jacksonville.

The lawsuit asks a judge to invalidate the construction permit for the Garcon Point bridge approved by the Corps in December and order the Corps to conduct a new en-

vironmental impact statement.

The proposed 992 million bridge project is known unofficially as "Bo's Bridge" because it received support from House Speaker Bo Johnson of Milton.

Fire destroys family

PENSACOLA - A woman traveled from Alabama to visit her grandchildren, but all she found was the burned trailer home where a fire took the lives of the grandfather and all three of

"I came down to see my babies," said Cyndi Griffith, of Salem, Ala. "... Now it's too late."

Killed in the fire Sunday were Shelby Lavon Wright, 45; Joey Randall, 5, and Marcia Randall, 2. Four-year-old Jimmy Randall died Monday at the University of Southern Alabama

Firemen were able to determine that Wright covered Joey and Marcia with a mattress and then tried to carry Jimmy through the back door, but found it jammed.

The children's mother, Patrina Wright, 22, was not in the

trailer at the time of the blaze.

Investigators believe faulty wiring may have been the cause of the fire.

Molester returned from Fla.

WATERBURY, Conn. - A convicted child molester who used waterBury, conn. — A convicted child molester who used a courtroom fainting spell to skip town and flee to Florida has been sentenced to 25 years in prison.

Michael Walsh, 38, of Naugatuck was convicted of sexually assaulting two girls, ages 9 and 11.

He faked the fainting spell in court after he was found guilty of sexual assault against the 9-year-old in May. He was released from a bossital and fled to Florida.

from a hospital and fled to Florida.

While he was in hiding, a jury in Waterbury Superior Court convicted Walsh of assaulting the other girl.

Connecticut police and the FBI caught up with Walsh in West Palm Beach, Fla., this week and shipped him back to Connecticut for his sentencing.

In addition to the 25 years in prison, Walsh was also sentenced to 23 years' probation. Prosecutors wanted a

tougher sentence.

Walsh still faces charges of two counts of failure to appear at the May sentencing. He is to appear again in court in Sep-

FSU pres to undergo surgery

TALLAHASSEE - Florida State University President Talbot

"Sandy" D'Alemberte is to undergo prostate surgery. He hopes to return to work by the beginning of the school year. D'Alemberte, 63, was diagnosed earlier in the year with prostate cancer, but doctors at Johns Hopkins University in Saltimore said it was discovered early and the prognosis was

The surgery was scheduled for today. He is expected to recuperate at his home for approximately four weeks before resuming his full-time duties, a school spokesman said.

D'Alemberte, a lawyer and former president of the American Bar Association, became president at Florida State in January

Airport evacuated

FORT LAUDERDALE - Acrid fumes caused an emergency evacuation of the main terminal at Fort Lauderdale-Hollywood International Airport.

But officials said people stayed calm as concourses were evacuated Tuesday because of tumes so strong that 12 people were sent to area hospitals for treatment of respiratory pro-

The fumes are believed to have come from paint scalant that was being used to repair the roof and that apparently leaked into a part of the airport's ventilation system. "We smelled abrasive fumes and then people in the terminal

started to gag and choke," said airport spokesman Ed Nelson. Authorities quickly emptied Concourse C, which houses

ticket counters and gates for Continental Airlines and USAir.
They later expanded the evacuation to adjoining Concourse D.

From Associated Press reports

NEWS FROM THE REGION AND ACROSS THE STATE

Researchers track apple snails to chart Everglades food chain

MIAMI - A married team of researchers using tiny radio transmitters on the shells of apple snails have discovered what moves the golf-ball sized nuggets that are a key link in the Everglades food chain.

The nut-brown nuggets are popeors for alligators, dinner for fish and turtles and the only food for an endangered slate-gray hawk known as the snail

For ecologists, the apple small posed a riddle considered important to crafting a multibillion-dollar government effort to restore Everglades

But the snails are sometimes hard to find.

Phil Darby and Patty Valentine, a husband-and-wife research team, have cracked the snail's code.

They attached radio transmitten the size of watermelon seeds to some snalls and followed them through the Florida marshes.

Darby and Valentine found apple mails could actually haul shell.

In less than a week, some slid nearly the length of a football field through dense bawgrass marshes.

And then they found out what makes an apple snall run.

"Everyone had thought the enail might move to get to deeper water," said Darby, a doctoral student at the Univeralty of Florida. "But they were actually moving to mate or lay eggs. And they would move fairly long distances. For snails,

that is." "Snalls are ridiculously hard to find in the marshes," Darby said. "Unless you happen to be in a really hot spot for snails. you can be out there all day and not see a single snail."

Indeed, Valentine, who had worked for a year and a half helping monitor snail kites, had never seen a single live apple

Darby and Valentine had been

struggling for months to catch enalis in large, complex mesh traps baited with hunks of dead

But at the suggestion of a state biologist, they switched early this year to a simple crayfish trap, a jug-shaped basket of plastic mesh. They used no dead

instead, they put female snails in the traps and used them as sexual lures to catch males.

The catch was staggering: More than 500 snails in five

The idea was to see how well snalls could endure dramatic changes in water levels.

Lazy days

The boys of Boy Scout Troop The boys of Boy Scout Troop 34, sponsored by the First United Methodist Church of Senford, recently spent a week at Camp Thunder near Meson, Ge. The youngeters took part in various athietic competitions, ate tasty food and worked on their merit badges. Some of the kide, including Gil Gilmartin, Denny Bernstein, Brandon Latuilip and Drew Cooper, just took the chance to swim and relax.



Howell to head new dept.

By JACKIE HALLIFAY Associated Press Writer

TALLAHASSEE - After spending four years focus-ing on Florida's efforts to cut spending, the first secretary of the new Department of Health will find himself instead fighting for money to help families in distress.

James Howell was revealed Tuesday by Gov. Lawton Chiles.

"We don't want dead babies in the street." Howell said of his new job, which includes overseeing children's medical services. "We don't wast waith, kide starving in the street, and enying this is tough justice. "This society can only cut

"This society can only cut so much and some real things are going to happen."
Howell said his focus will be on "enhancing the nurturing of families, the mothers and children and fathers." He said he believes in allowing for local diver-

eity.
"The magic happens at
the local level," he said.

Howell will continue to earn his current salary of \$111,532.20.

His 25-year career with the Department of Health and Rehabilitative Services included attach in the public included stints in the public health unit in Palm Beach County, as state health officer and as a regional administrator for the

Rehabilitative Services.

A 1996 state law calls for replacing HRS, once the largest social services agency in the nation, with two smaller departments.

HRS now has 38,000 employees and a budget of 84.4 billion. The new Department of Health will get 12,000 of those workers and \$1.2 billion.

The new department will assume oversight of public health clinics and children's medical services. The divi-sions left behind will be named the Department of Children and Family Services. The changes take place

Judge: N.Y., not Fla., should get custody fight

By The Associated Press

ROCHESTER, N.Y. - An interstate custody battle over a. teen-age girl who was raped and nearly killed by her mother's friend in Florida should be settled in her home state of New York, a judge here ruled.

ily got the presid that we've been wanting," said Sayeh Rivasfar, 16. She was eight when she was raped and had her throat cut by her mother's boyfriend. "Today was probably one of the best days we've ever had."

Sayeh and her 13-year-old brother, Arash, who live with their father in the Rochester suburb of Greece, have been defying a Florida court order to spend the summer in Pensacola with their mother, Pat Pafford.

Pafford's friend. Raymond Wike, abducted Sayeh and her 6-year-old sister Sara in Pensacola in 1986, repeatedly raped Sayeh and slashed the girls' throats. Sara died in the attack: Sayeh feigned death and

State Supreme Court Judge Charles Stragues ruled that New

York has ultimate jurisdiction over custody, agreeing that the

children have feed standing separate from their father. Under the federal Parenta Kidnapping Prevention Act, Florida cuitody laws do not hold sway over New York's in part because the children have not months, said the children's

lawyer, Lewis Gould. Sayeh's father, Ahmad Rivazfar, had broken up with his wife in 1985. He remarried and settled in Rochester where he was awarded custody of his children. Pafford was allowed unsupervised visits with the children at Christmas and each summer, but they stopped going

In 1994. Pafford claims her ex-husband has poisoned her ties to their children, but Sayeh maintains that she was uncaring and abusive. She blames her mother for not doing more to protect her from Wike, who is now on Florida's death row.

The judge said he would ap-point a law guardian and a psychiatrist to examine the children and their parents,

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MIAMI Here are the winning numbers selected Tuesday in the Florida Lottery:



brd Hemid

Wednesday, August 7, 1996 Vol. 88, No. 252

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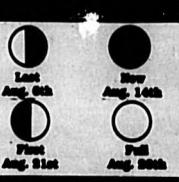
Subscription Rates (Dally & Sunday) Home Dallvery \$19.50 \$38.66 Mell 934.00

THE WEATHER

Today: Partly cloudy with a chance of afternoon thunderstorms. High in the lower to mid 90s. Wind southeast 10 to 15 mph. Chance of rain 30 percent. Tonight: Partly cloudy with a slight chance of evening showers and thunderstorms. Low in the mid 70s. Wind southeast 5 mph. Chance of rain 20 percent. Thursday: Partly cloudy with a good chance of afternoon thunderstorms. High in the lower to mid 90s. Wind south 5 to 10 mph. Chance of rain 50 percent.

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Key West	87 75 tr
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Pensacela	MNM
Serecto	92 75 1.80
Tallahassas	# 71 00
· Tampa	80 77 .19
Vere Beach	
Weel Palm Beach	p 75 .50

Ptly oldy 74-06



Daytona Beach: Waves are 2 to 4 feet and choppy. Current to running to the north with a water temperature of 76 degrees.

New Smyrna Beach: Waves are 2 to 3 feet and rough. Current to running to the north with a water temperature of 74

COLUMN TABLE: min., 1:30 soluman Table: min., 1:30
a.m., 1:45 p.m., maj., 7:35 a.m.,
6:00 p.m. Tibbes: Daytena
Beach: highe, 3:56 a.m., 4:37
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highe, 4:01 a.m., 4:42 p.m.;
lowe, 10:15 a.m., 11:04 p.m.;
Cocca Beach: highe, 4:16
a.m., 4:57 p.m.; lowe, 10:30
a.m., 11:19 p.m.

Ptly oldy 76-02

Ot. Augustine to Juster Injet — Today: Wind southeast 10 knots Seas 2 feet Bay and inland waters a light chop. Widely scattered morning showers. Tonight: Wind south to southwest 10 kmots Sees 2 feet Bay and inland waters a light chop. Widely scattered late night showers or thunderstorms.

The high temperature in San-ford Tuesday was 90 degrees and the overnight low was 72 as reported by the University of Florida Agricultural Research and Education Center, Celery

BUNDAY

BATURDAY

Ptly oldy 78-80

period, ending at 9 a.m. Wednesday, totalled 0 inches 8.....8:17 p.m. □**Guarice**......6:46 a.m.

The Ultra Violet Index (UVI) rating for Orlando is 9. Better wear hat and sunscreen. The UVI exposure levels are rated by the Environmental

Protection Agency as follows: 0,1,2 minimal 3,4 low 5,6 moderate 7,8,9 high 10- very high

Buffale Burlington, VI. Cooper Charleston, S. C. Charleston, W. Vo. Cherlette, N. C. Cheyenne Chicage Cincinneti Cleveland Cancard, N. H. Dallee FI Worth Denver Des Moines Detroit Holena Honally Houston Indianapolis Kannas City 法的情况的情况在这种的 E 在社会的社会社会的情况的 医多种的 医多种的 医多种的 Kansas City Las Vogas Little Rock Los Angeles Memphis Milwoukpe Machville New Orleans New York City Okiohema Fr

Proeffution

Gwendolyn Joni Rivera, 19, of 1819 Summerlin Avenue, Senford, was arrested by members of the City/County Investigative Bureau (CCIB), on Monday. Officers said they were conducting an undercover operation at 10th State conducting an undercover operation at 10th Street and Cypress Avenue when they encountered her. She was subsequently driven by an undercover officer to an area on Seminole Bivd. east of the Sanford Civic Center. During the ride, she reportedly discussed sexual matters as well as seiling cocsine. She was subsequently placed under arrest. Charges include assignation to commit prostitution, and sale/delivery of a controlled substance (cocaine).

Drug arrests

O Joseph F. Campbell, 18, of 1111 Dunbar Avenue, was arrested by sheriff's deputies Sunday. An officer reported spotting Campbell in a store in the 4100 block of Orange Blvd. in Lake Monroe, and recognized him as being wanted on an active warrant. Following a search, officers said he was found to be in possession of 12 pieces of what later was proven to be cocaine. He was arrested on charges of possession of a controlled substance (cocaine), sale of a controlled substance (cocaine), and served with a Volusia County warrant for possession of a controlled substance.

ODelvon Jackson, of 1849 Lincoln Avenue, Sanford, was arrested by members of the Sanford police QUAD-Squad Monday. Officers located him as the result of a stakeout near a grocery store in the 1500 block of W. 13th Street. He was charged with presention of cocaine with intent to distribute and mie/delivery of cocaine.

OSteven Douglas Alston, 19, of 1621 Strawberry Avenue. Sanford, was arrested by Sanford police early Tuesday near 15th Street and Manguetine Avenue, after officers said they saw what appeared to be a drug transaction. Alston was charged with possession of crack cocaine.

• Samuel B. Frazier, 25, of Orlando, was stopped by shertiff's deputies on CR-427, south of Benchmark early Tuesday. He s charged with possession of under 20 grams of cannabia and possession of drug paraphernalia.

Accident

Donna Star Taylor, 34, of 105 Three Oak Lane, Sanford, was arrested by Sanford police Sunday as the result of an auto accident at Eighth Street and Oak Avenue. She was charged with driving under the influence, operating a motor vehicle with a cancelled/suspended/revoked license, and reckless

Domestic case

Brandon Nolan Weaver, 20, of 1801 W. Second Street, was arrested by Sanford police at his residence Monday following a reported family dispute. He was charged with aggravated battery, domestic violence.

Senford police reports

OA vehicular burglary was reported Monday at a business in the 2000 block of Jewett Lane. Items taken included a

shotom and pool cue with a total value of \$800.

On estimated \$3,500 in maintenance equipment was reportedly stolen Monday from a storage shed at a business in the \$00 block of Mellonville Avenue in Sanford.

Two pieces of jeweiry said to be valued at \$2.600 Wefe reported stolen Monday from a residence in the 300 block of Sir Lawrence Drive in Sanford.

The world in which we live

Seminole High School senior Amber Parker spends her lunch break Tuesday in the school media center. Rummaging through a drawer of maps, and with an etias at her fingertipe, Parker can find with ease distent or neighboring lands. And to complete the search, the school makes computers available for a high tech trip anywhere in the world.



Food prices creeping upward

By JOYCE M. ROCK AP Business Writer

Chances are, the loaf of bread or package of chicken you bought today costs a little more than it did a month ago.

Food prices are creeping higher due to the storms and drought that have cut into the nation's food supply this year.

So far, the increases aren't astronomical. And careful shoppers can limit the damage by taking advantage of sales and

Moreover, supermarkets say, consumers' total food bills aren't surging higher because the increases on some foods are being offset by falling prices on other products.

A spot check by The Associated Press in several big U.S. cities found prices inching upward between late June and early August on bread, pasta and meat. These increases come on top of a surge over the past

"It seems like everything you buy is too high." said Ann Thoren, shopping at Aldi Foods. a grocery store in Des Moines.

Some consumers are coping with the increases by adjusting their shopping lists.

"I always look at the ade be-fore I go to to the store. I find out what is on sale and tune my

menu to what's on sale." said Celeste Nip, a shopper in Honolulu.

The AP survey also found stores putting meat, cereal and bread products on sale, cutting their profits on those items in the expectation of making up the discounts from regularpriced food and household items.

The government and many economists warn that food prices will continue to rise into next year. The failure of the winter wheat crop in parts of the Midwest is expected to push prices for bread and pasts higher, as much as 8 percent. according to some estimates.

So far prices for bread seem to be ticking up by small amounts. A loaf of Wonder bread that cost \$1.59 in two Columbus, Ohio, stores in late June now goes for \$1.65. in Shaw's in Portland, Maine, bread was up 10 cents to \$1.39.

One of the biggest increases on bread was found in a Dallas Tom Thumb store, where a loaf of Wonder rose 20 cents to \$1.49.

Meat and poultry prices also showed signs of rising, although supermarkets are continually putting a variety of cuts or sale, as they traditionally do. In Kansas City, Mo., Marsh's SunFresh store charged \$1.99 a

pound for Tyson split chicken breasts, up 20 cents from late June.

In some stores, meat prices fluctuated sharply. The A&P in Wallington, N.J., charged \$3 a pound for London brotl, later raised the price to \$3.99, then put the meat on sale at \$1.99 for one week.

In some stores, prices were stable. Prices on meat, bread and pasta at a Super Fresh store in suburban Philadelphia did not change from late June to early August.

Cereal makers, as expected. don't seem to be passing their higher costs on to shoppers despite the rising cost of wheat. In recent months, the big cereal makers — Kellogg, Post, General Mills and Quaker Osts — all announced they were cutting prices to try to increase their market share.

Mike Rourke, a spokesman for A&P, said food prices are only modestly higher. "What does hold it tight is competitive activity" among rival food retailers, he said.

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If Today's Prices Make Your Head Spin...

Dr. Jack Kevorkian assists in 34th suicide, wheels body into hospital

DETROIT — A 59-year-old woman with Lou Gehrig's disease became the 34th person to commit suicide with help from Dr. Jack Kevorkian, who brazenly wheeled her body into an emergency room.

Elizabeth Mertz of Cincinnati died Tuesday, a day after traveling to Michigan with her 30-

year-old son, Kevorkian's lawyer, Geoffrey Fieger said. Kevorkian brought the body to Pontiac Osteopathic Hospital, said Dr. Michael Dargay, an

emergency room doctor.
"They gave us information about the patient's name and age and told us that she had Lou Gehrig's disease and that was it. they took off. ... We didn't have a chance to ask any questions," Dargay said.

Kevorkian has been acquitted said. of assisted-suicide charges in three trials. Merts's death was the 34th suicide Kevorkian has assisted since 1990 and the sixth since his most recent court

victory on May 14.
It was also the second time since his latest acquittal that Kevorkian took a body into a hospital. In the past, Kevorkian relied on various methods that included leaving bodies in a van outside the medical examiner's office or hospitals, and having a friend or relative bring the body to the hospital.

Fleger said it was Mertz's decision to end her life before the disease did.

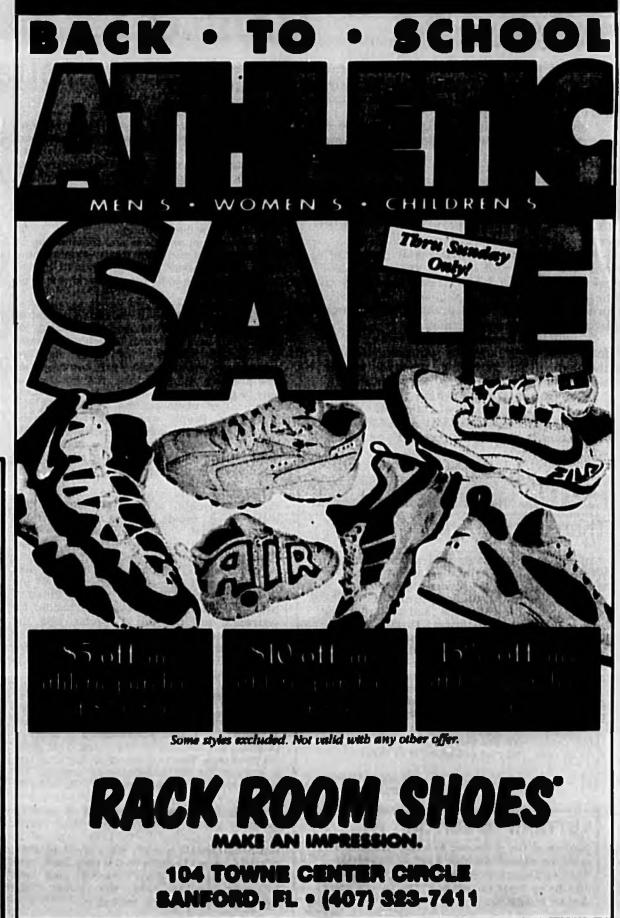
Amyotrophic lateral sclerosis, degenerative nerve disorder also known as Lou Gehrig's disease, "is a horrible disease that would have killed her. It chokes you to death." Fieger

Mertz had no vital aigns and was pronounced dead shortly after she was brought to the hospital in a wheelchair late Tuesday night by Kevorkian, Dargay said. Kevorkian was accompanied by Dr. Georges Reding, a psychiatrist who has Joined his cause, Pieger said.

Kevorkian declined comment. Fieger said Mertz had been in contact with the retired pathologist "for some time."

"She fits all of Kevorkian's criteria. She had been examined by a psychiatrist here. She was fully mentally competent," Fleger said.

It was not immediately clear how the woman died. Kevorkian's patients often commit suicide by inhaling carbon monoxide. Fieger refused to say where she died but said her son was with her.





Editorials/Opinions

Sanford Hemild

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EDITORIAL

National Night Out

Last night was National Night Out. Some people participated by turning on porch lights. A few held neighborhood parties, including those sponsored by neighborhood watch groups.

The purpose of the event was to focus on the ever increasing number of people who are concerned that crime, including drugs and prostitution, is slowly but surely invading their neighborhoods. In order to band together, neighborhood parties were held with the main goal of allowing neighbors to know other neighbors better, and even discuss mutual problems.

One such National Night Out event stands out as being a prime example of what can be accomplished for this event, if people will work together.

It took place in Remington Oaks, a community just south of the Lake Mary city limits, near Greenway and Longwood-Lake Mary Road. It was the third consecutive year for the gathering, which is getting larger each

Over 75 residents (adults as well as children) turned out to participate. The event included hot food prepared on several grills, visitations by members of the Seminole County Sheriff's office, and even a fly-over by the sheriff's helicopter, which flashed its lights down onto the gathering much to the cheers and applause of the youngsters.

Not content with just meeting and eating, special events were also held. Prizes were

special events were also held. Prizes were awarded to members of the neighborhood for contests such as "Decorate Your Porch Light," she having the "Largest Flanhlight."

According to people on hand at the event, it was a major success, and people really got to know each other better. A sheriff's deputy reportedly told the president of the homeowners association that Remington Oaks is referred to as a model in Seminole County for

its neighborhood watch program.

There were many other neighborhood parties throughout the area including those in parties throughout the area including those in Sanford. A few were highly successful. Many were relatively successful. Unfortunately, some flopped because of a lack of participation (or, was it perhaps a lack of concern?)

From what we see, Remington Oaks did it up right. Other neighborhoods and communities might take a look at what they did, and fashion a get-together for next year's observance in similar fashion.

You just can't say, "let's get together." You must have a reason to gather, and something to keep people involved and interested (such as the prizes awarded in Remington Oaks).

as the prizes awarded in Remington Oaks).

What will it take to make your next year's National Night Out event a success? It will National Night Out event a success? It will take cooperation by at least some of your neighbors, a small financial donation (for prises, food, etc.), and perhaps involvement by a law enforcement agency.

It will also require the spreading of information. Why are you gathering, what is the goal of the gathering, who will benefit, why should neighbors help other neighbors.

Start planning now for next year. You only

Start planning now for next year. You only have 364 days left and it will take some time. This is a nationwide observance. Let's show the nation that we are interested and that we

will be involved.

LETTERS

Thankful volunteer

Thank you for the very nice article by Susan Wenner that appeared in the Sanford Herald on Tuesday, July 9, 1996, under the Volunteer of the week column. I just happened to be in the right place at the right time, and enjoyed being able to do this for the Hospice Thrift Store. The manager of the Thrift store, Sylvia Mikel, stated that in just two days she received two calls from individuals wanting to be volunteers and one call from someone who had items to donate.

Thank you again for the exposure that this gave the Hospice organization and its work for patients.

I was going to suggest that you feature one of the docents from the Central Florida Zoological Park in case you had not thought of them.

Park in case you had not thought of them.

Peggy Stickney Sanford, Fla.

LETTERS TO EDITOR

Letters to the editor are welcome. All letters must be signed. Include daytime telephone number. Letters should be on a single subject and be as brief as possible. The letters are subject to editing.

ELLEN GOODMAN

Real mercy, elaborate safeguards

Boston--in some ways, pain has always been at the heart of the matter. It's pain that put the mercy in mercy killing. It's pain that makes death seem to many the lesser of two

no contration to the contration of the contratio

Videotapes of suffering are what made jurors acquit Jack Kevorkian. Descriptions of suffering are what infuse the right-to-die arguments on their way to the Supreme Court. And pain, unremitting and unrelieved, is what most healthy people imagine when they favor physician-assisted suicide.

But what if most terminally ill people who consider suicide are not driven by pain but

consider suicide are not driven by pain but, rather, by depression? What if the very patients who are suffering are less likely to favor physician-assisted suicide or euthanasia? What if, indeed, more than a third of those patients said they would be less trusting of a doctor who mentioned aid-in-

dying?
These are three of the findings of the first extensive survey of attitudes among American cancer patients.

Last month, the world's first law allowing voluntary euthanasia went into effect in the Northern Territory of Australia. Similar laws are in the pipeline in our country. Attitudes are

But the survey published just last week



Cancer patients, after all, form the bulk of the potential clientele.

shows us how little we actually know as we alip and stride across the borders of this new ethical frontier.

For years, Dr. Ezekiel Emanuel, an oncologist and ethicist at the Dana Farber Cancer Institute in Boston, has followed the debate over physician-assisted suicide. He's seen the issue driven by anecdotes and assumptions. Now he has surveyed the real "actors" in this issue: cancer patients and doctors.

Cancer patients, after all, form the bulk of the potential "clientele." In the Netherlands, 70 percent of those who choose euthanasia have cancer. In America, about half a million people a year, one out of five, die from it.

When he started the survey. Dr. Emanuel expected that patients in pain would be the

ones who asked their doctors for help or hoarded pills or read the how-to chapters of "Final Exit." Indeed, cancer patients as a whole strongly approved of the option of assisted suicide for patients in severe pain.

But the patients in pain didn't show the most interest in suicide. The prime candidates were records auffiring from depression as well

were people suffering from depression as well as cancer. Now he says, "When your hypothesis is disproved, you wake up out of a

In some ways, this was not so surprising. In the Netherlands, only half the patients who choose euthanasia cite pain as a reason, and only 10 percent cite it as the sole reason. Similarly, a survey of Washington state doctors suggests that these patients are more concerned about loss of dignity or being a

But this is the first survey to really parse out a question long lingering at the edges of this argument: When is the demand for help-in-dying really a cry for help-in-living?

Depression in terminally ill cancer patients may not be a temporary case of the blues. As Dr. Emanuel says. There is this view, of

course, they're depressed, they're dying. But there isn't any necessary relationship between depression and dying.



WILLIAM RASPBERRY

Replacing welfare with work

Washington-There are at least a couple of ways to teach non-swimmers to swim. You can busy them up on inflatable doodads and hope it will make them feel secure enough to try swimming on their own. (Meanwhile, you can about instructions and encouragement.) A good number of people have learned to swim that way. Many others are still clinging to the doodads months and years later-unable or unwilling to let ato.

unable or unwilling to let go.

Or you can show them what swimming is basically about and then throw them into the water. Some people learn to swim that way, too. Others have to be rescued, and a few, no doubt drown.

Wisconein has tried to combine the best of two approaches--not to teach swimming, of course, but as an attempt at welfare reform.

"Wisconein Works", or "W-2," as Gov. Tommy Thompson calls his controversial new program, tries to solve the problem of how to get people off welfare by the radical expedient of never putting them on in the first place. People who apply for financial assistance are required to work in exchange for their benefits. Private sector work, if it is for their benefits. Private sector work, if it is available, public sector work if it isn't, and training where it is needed.

The plan avoids some of the frustrations of earlier attempts at radical reform. For instance, it avoids the work or training instance, it avoids the work or training loophole that has had some welfare recipients in near-permanent training classes without ever graduating to a job. Wisconsin will pay for training-and also subsidise child care and other costs-but not instead of work. (You get a little flotation help, but you've got to kick and paddle for yourself.) And the public sector jobs the state provides as a last resort pay less than their private sector counterparts-the idea being to avoid transforming public work into the equivalent of permanent water wings.

Wisconsin also avoids one of the traps of President Clinton's two years and out proposal, a proposal I might have found sensible if I hadn't remembered a housing sensible if I hadn't remembered a housing program the District of Columbia tried some SO years ago. The city, which at the time had a waiting list of thousands of families for public housing, came up with the idea of emergency temporary shelter for families in particularly dire straits, victims of fires or evictions, for instance. But the small building bought for the purpose, eight or 10 units, as I recall, quickly filled up. And when officials moved to enforce the time limit, they became the bad gays, tossing poor and heighest families into the street. The experiment was quietly buried.



The plan avoids some of the frustrations of earlier attempsts at radical reform.

I saw Clinton's two years and out as similarly flawed, inexorably leading to the time when the government would be the creator of the problem it had tried to avoid. like yanking the inflatable raft from under a person who hadn't yet learned to swim. Maybe Clinton has come to see it that way, too. He has endorsed the Wisconsin approach.

It is, by the way, not the only interesting approach out there. I've just seen a compilation of "work first" strategies and recommendations put together by Lyn Hogan for the Demoratic Leadership Council. What is striking about this "Blueprint for Change" is how un-Democratic it sounds. Like Clinton's tactic of endorsing the most sensible of GOP proposals, the DLC is practically ecstatic about Republican Tommy Thompson's program, and several other similarly tough ones.

The DLC's 10-step approach for sound welfare reform begins with the elimination of AFDC and other unconditional entitlements. even when linked to job training. And it ends by urging states to combine "unambiguous condemnation of trresponsible childbearing with community-based solutions that strengthen and support families and reinforce community values."

More to the point, it makes more sense than the continual efforts to reform welfare without fundamentally changing it.

Listen to Hogan: "Replacing welfare with an employment system abolishes welfare's perverse incentives. A work-based system will move people from dependence on government to self-sufficiency; replace the indignity of handouts with the dignity of work; reward initiative, not punish it; and make opportunity, responsibility, family and community the organ principles of life for the nation's poor."

No inflatable doodads there.

JACK ANDERSON

Resentment compounding daily at FDIC

WASHINGTON -- The nation's top bank regulators are once again fretting over a

ticking time bomb.

A confidential report on workplace violence at the Federal Deposit Insurance Corp. has found that downsizing at the agency "has created an environment with a high potential

for workplace violence.'
The February 1996 study, conducted by the California - based Workplace Violence Research Institute. recommended that "(safety) training mediately and that basic procedures be implemented before spring."
There is no

coordinated system for reporting and tracking of incidents," the report states. "However, almost every site has anecdotally reported less-than-lethal violent incidents, 'near misses,' harassment, intimidation, threats, with supplements in the



assaults, employees with guns in the workplace, bomb threats and other occur-

Dennis Geer, FDIC's chief operating officer. told us the agency has "taken a whole series of steps" to beef up security, including mandatory workplace safety training for all

Layoffs at the FDIC have been the talk of the agency for months. More than 900 employees have accepted buyout packages of six months' salary plus health benefits. Even so, thousands of employees are expected to lose their jobs in the near future.

Such downsizing is the price that the agency is paying for success. In the late 1980s and early 1990s, agency staff levels swelled as a rash of bank failures brought the industry to the brink of collapse.

With banks healthier today than they've been in decades, however, fewer regulators are needed, Bank consolidation has also left the agency with fewer institutions to oversee.

Agency employees have also been dealt a

Agency employees have also been dealt a blow by the successful clean-up of the sav-ings-and-loan debacle. The FDIC was forced to absorb 2,264 employees from the Reso-lution Trust Corp. when the thrift clean-up agency shut down Jan. 1. By law, 900 of those workers could not be laid off for at least

those workers could not be isid on for at least one year.

"You have all these people coming back to the FDIC who never worked there," one agency insider complains. "That's created a lot of resentment."

The FDIC has already reduced its staff considerably from its peak of 15,000 employees in 1992. But it still must shed about 3,500 workers to reach its "target" staffing level of 6,800 employees.

level of 6,800 employees.

After interviewing hundreds of agency employees, the report's authors found several common threads among workers' com-

- "Frustration over 'the bureaucracy' and difficulty in getting timely and accurate information about decisions that will affect

.. "Widespread distrust of local and

"Widespread distrust of local and headquarters management."

"Denial that layoffs through non-renewal of contracts and reductions-in-force will actually take place, usually accompanied by false hope that there will be a reprieve."

UNDER THE DOME - It hasn't taken long for freshman Rep. J.D. Hayworth, R-Aris., to earn a reputation as one of the biggest windhags on Capitol Hill.

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The Welaka Building, 114 W. First Street in downtown Sanford. This is Quantum Architecture's conceptual plan for the left side elevation, along Oak Avenue.

Continued from Page 1A

shops, plus the main entrance, which goes to the stairway leading upstairs to additional space, tentatively for offices.

Other items scheduled for consideration by the HPB at Thursday's meeting include applications concerning commercial property at 210 S. Park

The meeting is scheduled to be held beginning

Briefs-

Continued from Page 1A

For further information about the program, phone Academic Year in America (AYA) at it's main office in Greenwich, Conn., 1-800-322-4678. ext. 5410.

Volunteer training

LONGWOOD - The Seminole Service Center of the American Red Cross of Central register, phone 332-8200.

Florida will hold a volunteer orientation. Monday, Aug. 26, from 7 until 9 p.m. at 705 W. SR-434 in Longwood.

interested area residents can receive an overview on how to assist the Red Cross during disasters, including local fires or hurricanes, or how to become an instructor in CPR, first aid, HIV/AIDS or water safety.

The course is free. For more information or to

Band-Continued from Page 1A

scheduled at a time when the youngsters have had time to rehearse their routines and perform a few times, but before the state and national

band competitions begin. "It always gave them a chance to work the bugs out of the routines before they started competition," she explained.

The festival has traditionally drawn more than a thousand fans a year and has helped fi-nance band scholarships and charitable programs sponsored y the Optimists and to provide the host schools.

"But mostly it was a tradition and I think young people need traditions now more than ever," Ogden noted.

Students and parents alike looked forward to the festival each year as a friendly competition and a chance to see all the county bands in one place, uninterrupted by football games.

Terry Pattishall, band director at Lake Mary High School and president of the bandmasters association, could only say that

money for the band programs at the scheduling conflict was the host schools. overcome at this time.

> No one wanted to speculate on the possibility of reviving the festival for the 1997-98 school

"I don't know," Ogden said. "Sometimes when one door is closed another one is opened

She said the Optimist Club was looking into other possible programs, including a choral festival before the start of their season later in the school year.

d from Page 1A

"Trans fat is a secret killer." d Dr. Walter Willet, chairman the nutrition department at arvard School of Public Health. Labels tell you how much

process tell you're esting. With the stand of the stand o is on low-density lipids. because of their ap own as bad cholesterol.

Few people know that trans raises cholesterol levels as ch as saturated fat does," aid Dr. Margo Wootan, a senior cientist at the Washingtonased consumer advocacy

Trans fats are created when egetable oil is hardened by egetable oil is hardened by hydrogenation. While many pods made with partially hydrogenated oils or shortening re viewed as healthy because bey don't have cholesterol or aturated fat, the trans fats they ontain are just as bad, Ms. Vootan said.

"Even if you're a well-meaning onsumer, it's hard to know

where these fats are in food and how to avoid them," she said, adding that the truly concerned should read labels and avoid foods made with hydrogenated

The National Restaurant Association and the Institute of Shortening and Edible Oile, a Washington trade group, said -research on the subject was contradictory and inconclusive.

"The food police are trying to e about the food they eat at home and in restaurants. said W.W. "Biff" Naylor. chairman of the restaurant association. He said an Agriculture Department study on trans fats won't be completed until next year.

The industry said hydrogenated fats are "good alternatives" to saturated animal fats, and noted that they constitute less than 5 percent of total calorie intake. That's compared with 12 percent of calories from saturated fat and 34 percent from total fat, officials said.

For its study, CSPI analyzed 41 supermarket and restaurant foods bought in seven cities. The results will be published in the September tosue of its newslet-

To cut down on trans fat intake, CSPI advises consumers

Avoid foods with vegetable shortening or partially hydrogenated oil and deep fried

• When possible, use olive or canola oil instead of butter, margarine or shortening.

• Choose tub margarine over

sticks, if you must use margarine. To cut fat and calories, get light, low-fat or fat-free brands. Remember that foods that

are cholesterol-free, lowcholesterol. low-enturated-fat or made with vegetable oil aren't necessarily low in trans fat. Saturated fat-free foods are.

Robert Reeves, president of the shortening industry group, said it's more important that consumers follow government guidelines to limit saturated fat intake to 10 percent of calories, and total fat to no more than 30 percent.

'That dietary regimen, mixed with physical exercise, is as good a dietary advice as I think one can have," Reeves said. Avenue, and residential property at 318 Palmetto, 705 Magnolia, 1200 Oak Avenue and 601 Eim.

at 4:50 Thursday afternoon, in the city commission conference room of Sanford City Hall. 300 N. Park Avenue. The meeting is open to the general public.

Straying husbands, lovers said spreading cervical cancer virus

marriage, the study found.

or more prostitutes during the

Dr. Willard Barnes of

Georgetown University School of

Medicine said the study rein-

forces evidence that "cervical

cancer in many ways is similar to classic venereal disease."

of virus," he said. "It has been

known for some time that it

places women at a higher risk of

cervical cancer. The message

from studies like this is that men

ferent strains of HPV virus. Shah

There is no treatment for HPV

should stay home."-

"HPV is a very common type

By PAUL RECER AP Science Writer

WASHINGTON - Husbands who have many sex partners outside their marriage may bring cancer home to their wives, according to a study published today.

The study in the journal of the National Cancer Institute found that women are five to 11 times more likely to develop cervical cancer if their men frequent prostitutes or many other sex partners during a marriage.

Human papillomavirus, or HPV, which is commonly spread by sexual intercourse, is what causes the cervical cancer, said Dr. Keerti V. Shah, a professor at the Johns Hopkins University School of Medicine and a coauthor of the study.

'Male behavior to the im tant thing in this cancer," said Shah. "In effect, the husband takes cancer home to his wife."

He said men who have many extramarital sex partners are very likely to spread the HPV virus to their wives and that up to 97 percent of cervical cascers are infected with that virus.

Although the study sho that men gave the virus to their wives, a woman can put herself at increased risk by having many different sexual partners as well. Shah said. The cancer risk for women, he said, increases with the number of ei-ther direct or indirect sexual exposures. The virus presents almost no cancer risk for men.

The study was conducted in Spain because earlier studies had shown a high degree of monogamy there among married women and a low rate of cervical cancer, Shah said. This allowed the researchers to isolate behavioral patterns that differed between women who had the cancer and those who

The study compared the sexual patterns of husbands whose wives have cervical cancer with a control group of husbands whose wives were healthy. It took into account

other factors, such as smoking. In the study group were 183 women with cervical cancer and their husbands. The control group had 171 couples.
Risk of cervical cancer was

increased 11 times for wives of men who had 21 or more other sex partners during the marriage. The cervical cancer risk was eight times greater among wives of men who employed 10

Continued from Page 1A

to stay in a private home.

Carolina and Virginia.

groups, Norman said.

terests.

to rent a car.

· Asian Americans and

Black American travelers

Pactfic Islanders are least likely

CARY LEVI BURCH

Cary Levi Burch, 65, Northwest 34th Street. Ocala, died Tuesday, August 6, 1996 at Estelle House, Ocala. Born June 5, 1931 in Dawson, Ga., he moved to Ocala from New Jersey in 1996. He was a retired painter and carpenter. He was Pen-

Survivors include sons, Kenneth Lee, Baton Rouge, La., Cary Levi Jr., Lake City, Jeremiah, Austin, Tex.: daughters, Joyce Henry, Mary E., and Veronica C., all of Sanford; brother Ruben Eugene. Sanford; sisters, Ida M. Smith. Sanford, Sarah A. McGee, Serasota, Minnie B. Royal and Ola B. Hardy, both of Ocala: 14 grandchildren; one great grandchild.

Sunrise Funeral Home, Sanford, in charge of arrangements.

rev. Glenn Jackson Reverend Glenn Jackson, 93.

Hawkins Avenue, Sanford, died Thursday, Aug. 1, 1996 at Longwood Health Care Center. He was born Dec. 5, 1902 in Lexington, S.C. He was a minister, and affiliated with St. John Missionary Baptist Survivors include sisters, Ruth

Hill, Tucson, Aris., Oladys Stephens, Columbia S.C.

Wilson-Eichelberger Mortuery. Inc., Sanford, in charge of arrangements.

DONALD J. O'NEIL

Donald J. O'Netl, 72, Lantania Place, Oviedo, died Monday, Aug. 5, 1996 at Florida Hospital South, Orlando. Born June 9. 1924 in Herminie, Pa., he moved to Central Florida in 1991. He was an accountant. He belonged to St. Joseph Oltholic Church. He was a member of VFW, BPO Elks, and a U.S. Army veteran.

Survivors include wife, Julia; sons. Martin J., Lakeland, Donald M., Orlando: daughters, Maureen Copeland, Longwood, Collette A., Winter Park, Colleen M. Leonard, Oviedo, Kathleen M. Reidelbach, Orlando; sister. Loretta Chubb, Canonaburg, Pa.: five grandchildren.

Baldwin-Fairchild Funeral Home, Oviedo, in charge of arrangements.

HENRY COPELAND PERRY

Henry Copeland Perry, 63, of Lake Breeze Circle, Lake Mary, died Monday, Aug. 5, 1996 at Orlando Regional Medical Center. Born Sept. 20, 1932 in Cave, Westmoreland, Jamaica, he moved to Central Florida from Syracuse, N.Y., in 1991. He was a land surveyor. He belonged to Church of the

Nazarene of Lake Mary. Survivors include wife, Jacqueline; sons, Dr. Peter C., Lake Mary, James B., Fort Lauderdale, Dr. John W., New York: daughter, Gillian E. Bachstein. Pennsylvania: sisters, Selma Binnie and Dell Tate, both of Jamaica: five grandchildren.

Baldwin-Fairchild-Oaklawn

Park Cemetery and Funeral Home, Lake Mary, in charge of arrangements.

J. LEON TAYLOR

J. Leon Taylor, 80, Harbor View Lane, Belleair Bluffs, died Saturday, Aug. 3, 1996 at his residence. Born Sept. 28, 1915 in Benevois, Md., he moved to Central Florida in 1986. He was a retired accountant for the postal service. He belonged to First United Methodist Church, Sanford, U.S. Coast Guard Auxiliary 13-08, Upper Keys Sailing Club, Sanford Lodge 62, 32nd degree Mason. Scottish Bits Valles of Transa. Rite Valley of Tampa, American Legion, Brandon-Turner Post 7, International Accountant Society, U.S. Tennis Assoc., and AARP. He was a World War II Army Tank Corps.

Survivors include daughter, Barbara A. Jones, Richmond, Va.; stepdaughter, Mary Ester Raker, Brandon; stepsons, C. Richard Powell, New Smyrns Beach, P.J. Roth III, Clemmons, N.C.; three grandchildren; five

great grandchildren. Brisson Funeral Home, Sanford, in charge of arrangements.

infections, but the body's own

the husbands.

immune system usually eradicates the virus in six months to 18 months. The infection, however, can be restarted, over and over, if there is new exposure. And the more exposures. Shah said, the greater the chances that an infection will lead to cancer.

Correct use of condoms can lower the risk of spreading HPV. Shah noted. And women can protect themselves from cancer through regular gynecological

examinations and Pap amears.

Pap amears can detect abnormal, precancerous cells which then can be removed by freeting, burning or surgery. This generally prevents the cancer, Shah said.

Routine medical acreening is

credited with reducing the U.S. cervical cancer rates since the 1970s. According to National Cancer Institute statistics, the cervical cancer rate in 1973 was 14.2 per 100,000 American women. In 1991, the last year for which figures are available. the rate had dropped to 8.6 per

100,000. Detected early, cervical cancer has a five-year survival rate of about 90 percent. At a later stage, when the cancer has spread to distant sites, the five-year survival rate is 11.6 percent.







One twin aborted

LONDON — All the court orders and all the cash offers couldn't have stopped a pregnant woman from aborting one of her twins. It turned out she already had the abortion — and a

month ago at that.

The news infuriated abortion opponents, who had won a court order Tuesday to stop the procedure. A lawmaker accused the hospital that performed the abortion of misleading the public and demanded a government inquiry into the case.

"There was no reason to kill this baby, which was perfectly healthy," said Ann Winterton, chairwoman of the All-Party Pro-Life Group of House of Commons lawmakers.

It was unclear whether the government would agree to an inquiry into the case. The mother is reported to be a 26-year-old, unmarried mother of one who sought the abortion because of financial difficulties.



Mollifying moderate Republicans

SAN DIEGO — Fresh efforts are under way to molity moderate Republicans threatening to go live from San Diego with the party's abortion angst at next week's convention.

Several governors warned Tuesday of a possible floor fight if the party does not do more to accommodate abortion-rights supporters. "That unfortunately may be the only option." California Gov. Pete Wilson said, declaring the GOP's existing abortion language "could scarcely be less open."

"If there is a floor fight, New Jersey will be there," vowed Gov. Christie Whitman.

The platform committee turned back several attempts to soften the hard line on abortion won a day earlier by social conservatives, before finishing its work on the issue.

Senate nominees oppose abortion

Republican voters in Kansas. Michigan and Georgia chose Senate nominees who oppose abortion over candidates who back abortion rights in a stunning rebuke to moderates calling for tolerance less than a week before the start of the party's national convention.

In Bob Dole's home state, the GOP contest pitted Republican moderates aligned with the woman who succeeded him against the party's social conservatives — and the conservatives won easily.

easily.

Rep. Sam Brownback, an outspoken leader of the 1995 freshman House class, got 55 percent of the vote to defeat Sen. Shella Frahm, who received 42 percent. Frahm was appointed

to replace Dole in June.

In Michigan and Georgia, there was virtually no ideological differences between the candidates — except over abortion.

Life on Mars?

WASHINGTON — Earthlings have yearned for centuries to find life on Mars, but the first study to present serious evidence of microbes on the red planet is being denounced quickly by other scientists.

A study by researchers at the National Aeronautics and Space Administration and three universities claimed on Tuesday to have found in a rock from Mars organic compounds they say were deposited by primitive life forms before the rock was blasted into space and sent on a 15 million-year voyage to Earth

The study was prepared for publication in the journal Science next week. Officials at the journal released copies on Tuesday after word of the research leaked.

Several experts, some of whom have spent their professional lives looking for life beyond Earth and speculating about its existence, scoffed at the claim and said the evidence would have to be much stronger to be credible.

General and colonel reprimanded

WASHINGTON — An Air Force general and colonel have been reprimanded for "dereliction of duty" in connection with the April crash that killed Commerce Secretary Ron Brown and 34 others in Croatia.

In all, 16 officers were given punishments ranging from letters of reprimand to counseling in connection with the crash of the CT-43 aircraft near Dubrovnik on April 3.

In an announcement, the Air Force said Brig. Gen. William E. Stevens, the commander of the 88th Airlift Wing at Ramstein Air Base in Germany, and his operations commander, Col. John E. Mazurowski, were given letters of reprimand under Article 15 of the Uniform Code of Military Justice. Brown's plane was under the command of that wing.

It is the most serious punishment that can be meted out by the service short of a court martial.

Mother, son electrocuted in back yard

ANTIOCH, III. — A steel cable used to anchor dogs in a back yard touched a power line as a woman was tying up one of her pets, electrocuting her and her 11-year-old son, who had tried to help.

Gail Luna, 29, was barefoot and standing on wet grass. Tuesday when she grabbed the cable — kept high and suspended like a clothes line — and tugged on it, fire Chief Dennis Volling said. The cable then touched the power line, which ran from a pole to the house.

Luna's son, Ronald Jackson, saw his mother collapse and ran to a neighbor's house to try to get help. When he returned to help his mother he was electrocuted, Volling said.

Luna would attach her dogs' leashes to the steel cable to allow them to run around without getting sway. Over time, the leashes had apparently rubbed away insulation on the power line by sliding back and forth at the point where it touched the cable, Volling said.

The dog that Luna was tying up when she was electrocuted was not injured.

Airlines cut fares again

LOS ANGELES — Major airlines launched a new fare war, slashing prices to as little as \$200 for a cross-country, round-trip ticket.

American West Airlines launched the latest price knockdown Monday, only three weeks after another deep fare cut sparked a stampede of bargain-hungry travelers. The offer was quickly matched by United, American. Delta and Trans World Airlines on routes where they compete with America West.

Based in Phoenix, America West is a medium-sized carrier that flies nationwide.

The new fares include a \$100 round-trip price between Burbank and Tucson and a \$200 round-trip fare from Los

Angeles to New York.

They do, however, carry numerous restrictions. Customers must buy round-trip tickets, and must purchase them no later than Saturday. At least a three-day advance purchase is also required and customers must fly at night to get the best

From Associated Press reports

bergains.

Candidate's running mate choice is often a last-minute fiasco

By TOM RAUM Associated Press Writer

WASHINGTON — Bob Dole may want to heed his own past words in picking a running

"I don't want to go down there and grovel for second spot," he protested in 1988 as the GOP convention in New Orleans was about to get under way without Vice President George Bush having named a running mate.

Dole called the process "de-

meaning."
For decades, presidential candidates of both major parties have locked up their respective nominations weeks and even months before national conventions. Yet selecting a running mate is almost always a last-minute endeavor. And often not a pretty one.

And, unless Dole is just carrying on a charade and has already picked his running mate. It looks as if his choice also will go right down to the wire.

Dole is expected to name his running mate in his hometown of Russell, Kan., on Saturday, before heading to San Diego on Sunday for the Republican convention. But he's keeping his decision to himself.

"It'll be, hopefully, a surprise, but not to me," he said recently. If his decisions about quitting the Senate and announcing an they were closely held until the last moments — Dole may be able to keep a wrap on his choice of a running mate until the last minute.

Recent political history brims

with late-hour choices.

When Bush was selected as Ronald Reagan's running mate in 1980, he wasn't Reagan's first or even second choice. Many convention goers in Detroit—and TV watchers at home—heard rampant rumprs that Reagan had offered the No. 2 spot to former President Ford.

It led to confusion and forced Reagan to make an unscheduled late-evening trip to the convention hall — a day before he was to appear — to announce Bush was his choice.

When Bush's turn came in 1988, the process was even

messier.
When Bush arrived in New Orleans, even his top aides didn't know his choice was Sen. Dan Quayle.

Quayle had only minutes to get to New Orleans' Spanish Plaza and make it through a dense crowd to the Mississippi river boat on which Bush had arrived.

"It was a mob scene." Quayle wrote later. "This was not the best-planned episode in political history, and it certainly had its comic aspects."

Embarrassing details about Quayle's military record

emerged the next day.

"Nobody knew until the last second," recalled GOP operative Mary Matalin, who worked in Bush's 1988 and 1992 campaigns. "We had three-ring binders in '88 on every potential candidate from (Jack) Kemp to Dole. When Quayle was chosen, the briefers came in with one page Xeroxed from the 'Almanac of American Politics."

She said Dole's process was more methodical. "But he's trying to avoid a repeat of the Mondale cattle call."

Walter Mondale, the Democratic presidential candidate in 1984, auditioned a diverse string of contenders before settling on Rep. Geraldine Ferraro of New York once the convention had begun.

"The selection of a vice president is one of the most important things the presidential candidate does," said Dayign Duncan, a Mondale aide in that campaign, now a political scientist in New Hampshire.

"It is also probably the most over-analyzed and over-reported. It happens when there is little else going on. There is an incredible media frenzy that surrounds the process." Ferraro's family financial dealings became an issue in the cam-

Bill Clinton's selection of Sen.
Al Gore of Tennessee in 1992 is
generally cited by strategists of

both parties as an example of one of the smoother operations. But even that came on the eve of the Democratic National Convention.

Dole himself was a last-minute choice in 1976 as Ford's running mate, in a meeting among GOP officials and Ford advisers that lasted almost until dawn on the very day Dole was nominated.

One reason candidates wait until the last minute, of course, is to exploit surprise.

But "the bigger the surprise, the greater the risk," said Stephen Hess, a specialist on the presidency at the Brookings Institution who worked in the Nixon administration.

"I don't think Richard Nixon had had more than one conversation with Spiro Agnew in his life before he picked him. And he was stunned by the time Agnew had arrived in Detroit and was saying, 'If you've seen one slum, you've seen them all,' I was at Harvard and quickly got a call from (Nixon aide) Bob Haldeman: Could I get on the Agnew plane? And I did."

EDITOR'S NOTE: Tom Raum has covered presidential elections for The Associated Press since 1976.





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Sports

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IN BRIEF

LOCALLY

Women's softball meeting

SANFORD — The Sanford Recreation Department is now offering Adult Fall Women's Softball Leagues starting in September.

A meeting for the Fall Season, as well as recognizing the winning teams from the Spring Leagues, will be held tonight at 6:30 p.m. in the Downtown Youth Center at Sanford City Hall For more information please call 3:30-5696

Carolina 7, Orlando 3

ORLANDO — D.J. Boston again led the Carolina offense, going 4-for-5 with a bonic run and a double in a 7-3 win over Orlando

The Mudeats scored four runs in the filth inning to break open a one run game. Carolina led 2-1 when Lou Collier hit a run-scoring single. T.J. Staton (4-for-5 with one homer and two doubles) belied a two-run homer and Marcus Hanel followed with a ground out RBI

Orlando scored a pair of runs in the sixth on a Dee Dowler two-run double. Carolina added one more run in the top of the seventh Boston finished the game with three RBIs and

one run scored for the second night in a row Sanford adult flag football

SANFORD — The City of Sanford Recreation and Parks Department is now offering Adult Flag Football

An organizational meeting will be held on Monday. August 12 at 6.30 p.m. in the Downtown Youth Center at Sanford City Hall For more information please call 330-5696.

Men's, Church, Co-Ed softball

SANFORD — The City of Sanford Recreation and Parks Department is now offering Adult Fall Softball Leagues starting in September for men's, coled, and church

A meeting for the Fall Season, as well as the awarding of trophies and T-shirts to the winning teams from the Spring Leagues, will be held on Monday, August 12 at 6 p.m. in the Downtown Youth Center at Santord City Hall.

For more information please call 330-5696

Sanford youth flag baseball

SANFORD — The City of Sanford Recreation and Parks Department is offering Instructional Baseball at Ft. Mellon Park

Sign-ups will begin on August 12 at City Hall Instruction starts on September 3. The days will be Tuesday for 7-9 year olds and Thursday for 10-12 year olds and run from 6 p.m. to 8 p.m.

Games will start on Saturday. September 14 For more information please call 330-5696

AROUND THE STATE

Panthers sign four players

FORT LAUDERDALE — The Florida Panthers signed four players: delenseman Bob Halkidis, centers Craig Ferguson and Ryan Johnson and left wing Gaetan Poirrer.

Halkidis, 30, is entering his 12th season after playing with Buffalo, Los Angeles. Toronto, Detroit, Tampa Bay and the New York Islanders.

He recorded eight goals and 32 assists
Ferguson, 26, played for Montreal, Calgary
and Los Angeles last season, recording six
goals, and nine assists.

Johnson, 20, was Florida's 1994 fourth round pick out of the University of North Dakota.

Poirier, 19, a native of Moneton. New

Poirier, 19, a native of Moncton. New Brunswick, was a 1996 sixth round draft pick out of Merrimack College in Massachusetts.

ELSEWHERE

Rockies 11, Marlins 0

DENVER — Mark Thompson pitched only the third complete-game shutout in the two-year history of Coors Field as the Colorado Rockies routed the Florida Marlins 11-0 Tuesday night

Thompson (5-9) pitched a seven-hitter, struck out four and walked four in his first career shutout and second complete game.

Ellis Burks scored three runs to raise his season total to 104, breaking Dante Bichette's team record of 102 set last year.

Colorado, which had 17 hits, went ahead in the first on RBI singles by Burks and Bichette, and Eric Young singled in a run in the second. The Rockies made it 7-0 in the fourth on RBI singles by Walt Weiss and Young, a run-scoring error and an RBI double by Andres Galarraga.

The Rockies had their second four-run inning in the eighth. Angel Echedarria. Vinny Castilia. Jayhawk Owens and Weiss hit RBI singles:

Thompson got out of a second-and-third jam in the sixth when Jeff Conine bounced out to third. With the bases loaded in the seventh. Quiivio Veras grounded into a fielder's choice.



BABEBALL

□7:30 pm, 10:30 pm — ESPN, teams TBA, (L)

An agonizing end

Post 53 falls to DeLand; finishes fourth

From Staff Reports

BRADENTON — From the penthouse to the outhouse in a matter of minutes

Santord Campbell-Lossing Post 53 came within one pitch of advancing to the championship round of the 1996 American Legion Baseball A Division State Tournament at Manatee Community College, but a couple of miscues and bad bounces turned into two runs as Post 53 fell to eventual state champion DeLand Post 6.9.8 Friday afternoon.

The Sanford nine then tried to make a comeback through the Loser's Bracket but after getting off to a good start, ran out of gas on a very hot afternoon and was elimnated by Mianni Post 289 11-9.

Post 53 led 8-7 entering the bottom of the minth inning and relief pitcher Brad Jenkins got out two of the best Post 6 hitters before getting two strikes on the next batter.

Jenkins eventually walked that batter and Kenyon reached on an infield hit that bounced over Jenkins' head Jenkins then appeared to pick Kenyon off, but the ball was dropped. The next two Bee Legion, Page 2B

> 1994 AMERICAN LEGION BASEBALL A DIVISION STATE TOURNAMENT 41 MANATEE COMMUNITY COLLEGE BRADENTON

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Phillip Eubanks (upper, right) was 4 for 8, including a home run. and scored four runs, Mike Meadows (above left, making tag) was 4-for-9, including a pair of doubles and scored two runs, and Alexis Acosta (above left, behind Meadows) was 4-for-10, including a home run and scored three runs, but the efforts of the Seminole High stars were not enough as Sanford Post 53 dropped two tough games Friday and Saturday to finish fourth in the 1996 American Legion Baseball A Division State Tournament at Manatee Community College in Bradenton.

After the tournament, Meadows (right) signed a professional contract with the New York Mets and has already reported to their rookie farm team at St. Lucie.

File Photos



SPRING VOLLEYBALL CHAMPIONS



Receiving their trophies from Recreation Supervisor Rocky Ellingsworth (far right) Tuesday night for winning the Sanford Recreation Department Spring Co-Ed Volleyball Leagues were (from left to right):

Matt Hibbard from Recreation A champion Kathy's Baby Shop, Eddie Cherry from Recreation B champion Palmetto Avenue Baptist and Brandi Coppock and Tim Love from the Power champion Hitmen.

NBA, Heat discuss Howard

Associated Press

MIAMI — The NBA and the Miami Heat could be nearing a legal settlement to clear the way for Juwan Howard to play in Washington the next seven seasons, according to published and broadcast reports

Howard's playing luture was thrown into the lap of the courts after the league last week rejected Howard's \$100 million deal with the Heat. claiming it violated the league's salary cap rules. The NBA gave permission for a similar contract with the Bullets, the team Howard played for last season.

Reports by ESPN and CNN on Tuesday that the Heat had already decided to surrender the right to arbitration over the issue were denied by the league, But the league firmly believes it will get its way.

firmly believes it will get its way.
"I am very confident Juwaii
Howard will remain with Washington." Jeffrey Mishkin, the NBA's
executive vice president and chief
legal officer, told The Washington
Post.

A Dade County court issued a temporary injunction Friday preventing Howard from leaving the Heat until an arbitrator determines the validity of his contract with Mianu

The legal tight spawned by Howard's ducling contracts has left Miami and Washington scrambling to determine the rest of their lineup. Since Washington had engaged in

Since Washington had engaged in a number of other player trans-

See Howard, Page 2B

STATS & STANDINGS

Southern League Baseball

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Recreation Softball

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Legion

Continued from Page 13

DeLand batters reached on errors to tie the game and leave the bases loaded and Morales followed with a bloop single to right field to end

"It was probably the toughest loss I've ever been involved with as a coach," said Post 53 head coach Rod Fergerson. "There was nothing I could do. Brad (Jenkins) did exactly what he needed to do. He got three ground balls, and that's just what we wanted him to do, but we did not make

what we wanted him to do, but we did not make the plays. So it sure wasn't his (Jenkins) fault.

"Coach Sperling (DeLand coach Rick) told me after the game that he was glad they got past that one. I don't think they would have won the tournament if we would have won the game."

Leading the way for Post 6 was Frank Corr Jr. whose father played for coach Jack Pantelias at Seminole Community College back in the mid-

'70's. The younger Corr, who plays his high school ball at Father Lopes, went three-for-five. including a home run and two doubles.

Providing the offense for Post 53 were Phillip Eubanks (two-for-four, including a home run, one bases on balls and three runs scored), Mike Meadows (two-for-five, including two doubles, one run scored), Chris Youmane (two-for-four, in-cluding a double), Jason Yero (two-for-five, one run scored) and Alexis Acosta (two-for-five).

Also contributing were Tim Raines Jr. (onefor-four, one run scored), Mike Buky (one bases on balls, one run scored) and Allan Gehr (one run

Youmans and Jenkins both pitched very well.

holding the very potent DeLand squad, made up of the best players from all over Volusia County) to only nine hits and five earned runs.

Against Miami, Sanford took leads of 4-2 after three innings and 6-4 after five innings, but Post 289 outscored the locals 7-3 over the final four innings to pull out the victory. "They (Miami) won the coin toss but chose to

be visitors so they could get the cooler dugout," said Fergerson. "It may not sound like much, but it paid off, because we got off to a good start but just wilted in the brutal heat.

"But I'm not going to make excuses, we finished tied for fourth place in the state out of 168 teams, that's not too bad. We came together as a team and played pretty well at the end of the scason."

Doing the damage for Post 289 were Perez (four-for-five, including a triple and a double, three runs scored). Goiriol (three-for-five, including a triple). Forte (one triple) and Pamaris (one double).

Pacing a 14 hit Sanford attack were Chris Louwama (four-for-five, one run scored), Acosta (two-for-five, including a home run, three runs scored), Eubanks and Mesdows (two-for-four and one run scored each), Yero (two-for-five, two runs scored). Youmans (one-for-four, including a double, one run scored) and Rob Denman (one for-three).

eili

Other members of the Post 53 squad, which finished the season with a 23-14 record, were Chaz Lytle, Ryan Mau, Ben Dunemann, Clyde Williams and Josh Frost.

arbitrator. Two more arbitrators

will be named - one to deter-

Howard-

Continued from Page 13

up the rights to Howard, NBA commissioner David Stern concluded that the Bullets must forfeit their 1997 first-round draft choice if they signed Howard, who finished 10th in the NBA in scoring last season with a 22.1 average.

Meanwhile, the Heat have been left with only six veterans under contract, with possibly as little as \$3.5 million to sign another free agent. The league is questioning bonuses in the Heat's contracts with P.J. Brown and Tim Hardeway and has yet to approve those contracts. If those bonuses are counted against the cap, the Heat have less room to maneuver.

Even as the NBA said it would approve Washington's contract

with Howard "when it physi-cally comes in" to its New York

actions after giving

offices, it continued to prepare of the possibility of arbitration. The NBA and the players' against the salary cap and union Tuesday hired Daniel another to determine whether Alonso Mourning came to terms with the Heat befre Howard did. Tire & Muffler Big (984) 775-7971 (467) 321-8629 (984) 789-8886

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Nine football players die in

By BAYID BROS AP Sports Writer

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RALEIGH, N.C. - Officials say athletes, coaches and parents should be concerned but not overly slarmed by a sharp increase in the number of football-related deaths

across the country in 1995.

Nine players died from football-related injuries or heat stroke last year, an increase of eight over the previous year and the most fatalities in the sport since the same number died seven years ago, according to

number died seven years ago, according to a study.

"This is a major concern with every state (high school) association in the country," said Charlie Adams, president-elect of the National Federation of State High School Associations. "It is something all of us have taken to heart. We have gone long and hard at this thing, feeling like this is one of the most important things in our athletic program."

The football death study, compiled yearly by University of North Carolina physical education chairman Fred Mueller, showed that five players died from football-related heat stroke last year, while four other high school players died from head traussa.

"I don't want this to sound like I'm taking it lightly, but when you look at the number of kide that are playing football across this country and the number of practice hours. The football death study, compiled yearly

mentry and the number of practice hours ad the number of games at the middle shool, juntor high, J-V and varsity level, I

think sometimes you have to put this in the proper prospective," Adams said.
"But one fatality, one person paralyzed, one heat stroke, that's too many. And that's our goal is to come up with a zero right across the board. However, the number,

across the board. However, the number, when you compare it to driving an automobile or swimming at the beach, it is really, really low."

Ron Cunningham, a spokesman for the National Athletic Trainers Association, a trade group representing 22,000 athletic trainers nationwide, agreed with Adams, saying football-related deaths often run in

cycles.
"What I can tell you from our experience to that football to no more dangerous than it to that football to no more on the year before

to that football to no more dangerous than it was in the previous year or the year before that," said Cunningham. "Over the long haul (the deaths) pretty much equal out."

The Dallas association is one year into a three-year national study on the severity of injuries in 10 high school sports, including football. A similar study was done a decade

"From what we've seen there has been a nium placed on injury preventic lity athletic health care." Cum and Tuesday. "We found in 198 that

with the help of 150 volunteers who monitor sports accidents in their states.

Before the nine deaths in 1995, one player died from a football-related injury in 1994

The five heat stroke deaths last year were the most since seven football players died in 1972. "It's always a top priority during our national football rules meetings," Adams said of the deaths, "It's getting the proper attention. I've seen no slack off what-

Head trauma deaths were up to four again following one in 1994. The deaths, all high school players, occurred at four positions—running back, kickoff return, detensive end and delensive back. The four deaths occurred during games.

"Again, the nature of the sport, I don't care how long and hard you labor on this, sometimes those kids are going to stick those heads down when they are blocking or tacking," Adams said. "All the good teaching in the word is great, but sometimes a reaction puts them in that vulnerable position."

The study also said seven players were

The study also said seven players were permanently paralyzed last year, including one in college, and two head injuries usualed in brain damage with permanent fleability. The release of the study sense during the second week of high school practice for most across the country and as colleges gear up for fall camp.

People

IN BRIEF

Professional secretaries meet

WINTER PARK — The Winter Park Chapter of Professional Secretaries International will hold their monthly meeting on Tuesday, Aug. 13. The dinner meeting will begin at 6 p.m. at the Langford Hotel, with a business meeting at 7.

The cost of the dinner is \$14.50. For more information contact Donna Gibbs at 623-3870.

LENDAR

Alzheimers support

SANFORD — Presently, the Alzheimers support group in Sanford has been dissolved due to lack of support. Those needing assistance and information may call 1-800-330-1910.

Rotary meets early

Rotary Club of Lake Mary meets Thursday mornings. 7:30-8:30 a.m., at the Marriott Courtyard, off West Lake Mary Boulevard. Contact Brian Loe, president, at 323-6128.

Weight Watchers meet on Thursdays

A local chapter of Weight Watchers meets at the Lake Mary Community Building every Thursday from 4:45 to 6:45 p.m.

Omni Toestmesters meet at Heathrow

The Omni Toastmasters Club #6861 will meet at 5:30 p.m. every Thursday at the AAA building, 1000 AAA Drive, Heathrow. Guests and prospective members are welcome. Call Bertram Glick, 323-6069, for more information.

Mothers of PreSchoolers meet

Mothers of PreSchoolers (MOPS) meets from 9 to 11:30 a.m. the first and third Thursday of each month, at River Oaks Presbyterian Church, Driftwood Village, Lake Mary, for Christian social, crafts, lectures and baby sitting. Open to the community, pre-registeration is required. For information, call the church at 330-9103.

Sanford Historic Trust meets Thursday

The Sanford Historic Trust meets the first Thursday of the month, at 7 p.m., at the Sanford Museum. For information, call 322-1914.

Amateur Radio Society meets monthly

The Lake Monroe Amateur Radio Society meets every first Thursday, at 7:30 p.m., at the Senior Center, Lake Triplett Drive, Casselberry. For information, call Karl Lambert, 695-8764, or Al Kirk, 322-4487.

University women meet

ALTAMONTE SPRINGS - American Association of Unip.m., st, Capistrano Condominium Clubhouse, 200 Maitland Ave. Altamonte Sorines. Call Barbara at 889-8668 for more information.

Depressive/Manic Support Group

Depressive/Manic Depressive Support Group meets at 7:30 p.m., the first and third Thursdays, Lakeside Alternatives, 434 W. Kennedy Bivd., Eatonville; and 10:30 a.m., the second Saturday, at the downtown Orlando Public Library, 101 E. Central Blvd.

For information, call 381-5070 or 645-4375.

NEW ARRIVALS

The following births have been recorded at Florida Hospital-

July 8 .- Tracy and Garry

Lester. Winter Springs, boy:

Joanne and Harry Engel.

Longwood, girl.
July 9-Susan and Jason

Eastman, Altamonte Springs,

boy: Sabina Jackson and

Johnny Rivera. Sr., Sanford.

boy: Rosa Otiva, Fern Park. girl:

Rebecca Jarosik, Longwood.

Altamonte:

'Food as good as restaurant' LMHS's Red Ram Cafe wins rave reviews

By DOME BLOODSWORTH Herald Staff Writer

The newest dining sensation in town has delicious food. satisfying portions and a colorful, inspired decor. But don't look for it in the yellow pages; this restaurant is Lake Mary High School's Red Ram Cafe.

LeeAnn Colon, the food production teacher at LMHS, said the idea for the cafe started last year because she wanted to do something different. She involved her students in the planning and decorating. When she went to the principal, Raymond L. Gaines, she thought the idea was an original one. Gaines had seen a similar version, however, at a high school in Texas and was enthusiastic about the idea.

Colon's students spent last year brainstorming ideas for menus and decorations. The idea of a themed restaurant caught on with the rest of the school, and donations arrived from the athletic teams, the Lake Mary Marionettes and the color guard. The art department helped paint. Wallpaper, trim and black and white checkered tablecloths completed the look of a fun and fashionable restau-

During the fall 1995 semester. Colon and her food production II and III students catered luncheons for faculty groups within the school, such as the English and foreign language depart-

Rave reviews spread quickly, as word of the delicious food and excellent service gained the attention of county and even na-

"This food was as good as any I have eaten at any restaurant." said U.S. Assistant Secretary of Education Mario Moreno. Moreno dined at The Red Ram Cafe during a March 14 visit to observe the applied technology programs, which include food production. After his tour, he said, "Seminole County has one of the most-exciting programs in

the country." Meanwhile, Colon and her

For the last nine weeks of the 1996 school year, The Red Ram Cafe was open two days a week for lunch. On Tuesdays, teachers could order from a trendy menu which included an array of sandwiches, with a choice of chips or frice, pizza and three different salads, which included breadsticks.

The restaurant can seat about

The restaurant can seat about 35 people and Coion and students say it is usually packed.
"Everything was excellent," said Lift bookkeeper Sue Kroll. "It was nicely presented and the kids were always attention to the survey and the statement of the survey and the statement of the survey are said. tentive to the customers' needs. The sandwiches are as good as any I have eaten outside of

Another satisfied customer and frequent diner is assistant principal Lenny Sutton. "The food is wonderful-the

(II)

LeeAnn Colon (from left) with food production

students Vinny Ingrando, Travis Grimm and

best meals in Lake Mary," he During the spring expansion. Thursdays were set aside for reservations only, formal luncheons. These gave students a real opportunity to test their culinary skills. Different com-

culinary skills. Different committees and groups of faculty and staff arranged formal luncheons in advance. Some of the menu favoritres included Cornish game hens, lasagne and chicken cordon bleu.

About 50 students participated in the food production classes during the 1995-1996 school year. Colon said the restaurant's popularity resulted in the enrollment doubting for this fall.

After finishing the preparation work for the last school luncheon, some of the students shared their comments.

Travis Gramm, 18, class, of

Travis Grissm, 18, chill, of 1996 graduate, is training-for the 2000 Olympics. He said his and that he had enrolled in the class because he thought it would be an interesting expe-

"I like to cook and the chicks love it." Vinny Ingrando, 17, another 1996 graduate said. And Ingrando's cooking specialty?

Amanda Moscoman, 18, a Valerie Perdomo, 17, said the boys in the class usually do most of the cooking. The girls prefer tablesetting and serving. All the students help with the

The students said food production I had been mostly reading and theory, where they learned about nutrition and sanitation. They all agreed food production II and III had been more fun, putting the theories into action.

The cost for most of the formal luncheons runs about 95. The money goes back into the program to cover the costs associated with The Red Ram Cafe. The Tuesday lunches run from \$1.50 to \$2.

When the new Winter Springs High School opens for regular enrollment in 1997, Colon said they are planning to simulate her program because of the restaurant's success.



Amanda Mosseman in the Red Ram Cafe. Athletic groups donated uniforms to decorate the walls.



Food production student Valerie Perdomo tests the doneness of a menu item.

Some of the dishes at Lake Mary High School's Red Ram Cafe are so popular, people have requested the recipes. The following are specialties of the house, contributed by LeeAnn Tyson, the food pro-duction teacher and creator of the Red Ram Cafe. .

RED RAM CORNIGE MEN

1/2 Cornish hen, per person

Pepper Garlic salt Italian dressing Place each Cornish hen on top of a small pat of butter in a large baking dish or pan. Sprinkle pepper and garlic salt extra around the sides of the hens. Cover the dish with plastic wrap or foil and allow to marinate overnight in the

refrigerator.

Bake at 350 degrees for about 45 minutes or until the hens turn a golden brown color and are done on the in-

ket limb pib

1 prepared graham cracker crust

1 can sweetened condensed

1/2 cup key lime juice 6 egg yolks

Mix the milk, lime juice and egg yolks together. Bake at 200 degrees for about 15 minutes.

Cool and serve with whipped cream and a slice of lime.

is resentful 'Child bride' remarks

over the top of the hens and

then pour your favorite Italian dressing over each one. Pour

DEAR ABBY: Ever since my

DEAR ABBY: Ever since my fiance and I became engaged six months ago, something has been bugging me. I'm 19 years old, and the man I love with all my heart is 20.

We plan to be married sometime next spring. Meanwhile, whenever I tell people our marriage plans, instead of offering congratulations, most respond by asking, "How old are you?" Abby, I think this is extremely rude and insensitive. Worse yet, when I say that I'm 19 and my flance is 20, I usually receive another rude comment such

receive another rude comment such as, "Tak, tak ... you are so young!"

Abby, how should I respond to such insensitive remarks? In my opinion our ages should not be an issue, since neither one of us is a

IRRITATED

DEAR IRRITATED: Pleas



ADVICE

ABIGAIL VAN BUREN

DEAR ABBY: My husband and I were recently invited to the wed-

ding of family friends.

The couple was registered at one of the best stores here, so we sent what we considered an appropriate gift. We attended their wedding (which was very beautiful), then went to the reception at a nearby facility where we were greeted with a cash bar! Only the soft drinks

were complimentary.

Abby, please tell me, are we out of touch, or is this being done now?

CONFUSED IN CONNECTICUT

DEAR CONFUSED: OL To the party of the last to th 141 41 1 LAKE MARY (IT + MA 1.00 4.00 7.00 10.10 V em TATE THE PARTY illing to de 7:40 10:05 MATTER .. ~ CHAIR IN A STITUTE P613 MULTIPLICITY PG-13 PO 13 NAMED & BOOF

12:05 2:00 8:10

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10 00% (1988, Con Stores) PG-13 E The differ 1 1 11110 / 100 A 10 to . 1

boy: Patricia and Jose Pineda,

July 10-Lisa Albritton and

Anson Mulkey, Altamonte

Springs, girl; Nichola and Michael Neese, Oviedo, girl;

Rachel and Jon Eichelberger.

July 11--Cathy and Carey

Robinson, Altamonte Springs, boy: Jamie and Rand Campbell,

Altamonte Springs, boy.

Altamonte Springs, boy.

Long of Fast

THE RESERVE

Marie Un

Longwood, boy.

The Pick"

obe mel.

Legal Notices

M THE CHANT COURT OF THE 18TH AMORAL CHROUT, IN AMO FOR SEMINOLE COUNTY, FLORIDA CASE No. 90-300 CA-14-A FIRST INDIAMA SAME,

BANJAYA N. PATEL, ot ol

SANJAYA N. PATEL, et el.,
DEPENDANT(S)
MOTICE IS MERREY GIVEN
pursuant to a Summary Pinal
Judgment of Ferecleaure dated
AUGUST 2nd. 1998, entered in
Civil Case No. 96-930 CA-14-A
of the Circuit Court of the 18TH
Judicial Circuit in and for SEMIMOLE County, Florida, wherein
PIRST NIDIANA BANK, Plaintiff,
and BANJAYA N. PATEL, et. al.,
are defendants, I will sell to the
Nighest bidder for cash at the
West Front Door of the
Seminole County Courthouse,
Banford, Florida, at the hour of
11:00 a.m., on the 27th day of
AUGUST, 1998, the following
described preparty as set forth
in seld Summary Final
Judgment, to wit:
BEGIN AT THE SOUTHEAST

IN SAID SUMMARY PINE JUDGMENT, TO WIS:
BEGIN AT THE BOUTHEAST CORNER OF THE HORTHEAST 1/4 OF SECTION 21, TOWNSHIP 21 SOUTH, RAME 22 EAST, SEMINOLE COUNTY, PLORIDA; THEINGE 8. SO DEGREE 57:30*
W., ALONG THE EAST LINE OF SAID SECTION, 4.54 PEET; THEINGE N. SO DEGREE 30*22*
W., 204.00 PEET; THEINGE N. SO DEGREE 20*22*
E. 384.00 PEET TO THE EAST LINE OF SAID SESCTION 21; THEINGE 8. SO DEGREE 20*22*
W., 184.90 PEET TO THE FORT W., 184.90 PEET TO THE POINT W., 184.96 FEET TO THE POINT

W., 18.38 PERT TO THE POINT
OF BEGINNING.
Dated this 2nd day of
AUGUST, 1986.
Maryanne Moreo
Clerk Circuit Geart
By: Jane E. Jacourie
Daputy Clerk
ROSER D. BEAR, P.A.
RO. Sec 4665
Orlando, FL 25862
Attorneys for Plaintiff
Publish: August 7 14, 1986
DES-66

THE POLLOWING PROPERTY WILL BE BOLD OR OTHERWISE DISPOSED OF AT A SALE TO BE HELD AT SAID UNIT OR LEASED SPACE AT LOCK SAFE, SAIG WEST SETH STREET, SAIPORD, PL SETTI ON THE 23nd DAY OF AUGUST, 1996 AT 12:00 MOOM FOR GASH.

LIMI STY - LAMPORD PL SETTI.
SETH ST, SAMPORD PL SETTI.
Safa, drosser, redises, miss.

THE REPORT OF THE PARTY OF THE

Pursuent to Ploride Stands 18.78 ELITE TOWNIG, INC. WIE and an Baptember St., 1984, at 8:00 a.m. at 1980 Seath C.R. 427, Longwood, Ft. 52790. Seater received the right to bid. Seat as is, no warranty. Befor guar-antice no ISSs. Terms coss. 1980 Henda

Pursuant to Florido Statuto 712.76 ELITE TOWNSO, NC. um 840 p.m. of 600 South C.R. 457, Languaged, FL 32760, Solor Longwood, FL 32780. Soller receives the right to bid. Sold so is, no warranty. Soller guar-antese no title. Terms cosh. 1967 Dedge Vin SB4PK41 GS4R2322257 1969 Missen Vin JH1 GB2SS6KL1000000

h: August 7, 1908

HDUBKKD.

Legal Notices

CONTRACTOR AND THE PARTY AND T

GARE NO: 06-0107-04-14-W LEADER PEDERAL BANK FOR SAMMOS

willie J. Kelly, et al

WILLIE J. KELLY, ET AL.

DEPENDANTIS)

HOTIOG OF ACTION

CONSTRUCTIVE ESSIVICE

TO: The Unknown spouse, heirs, beneficiaries, or other parties claiming against the Estate of the Defendant, while J. Koffy, deceased, whose residence is unknown:

YOU ARE HERESY NOTIFIED that an action to teresises a mortgage on the following property:

mortgage on the following property:

LOT 198, GRAMADA SOUTH, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 18, PAGE 190, OF THE PUBLIC RECORDS OF REMINDELE COUNTY, PLORIDA. has been filed against you and you are required to serve a copy of your written defences. If any, to it on DAVID J. STERM, ESC. Plaintiff's atterney, whose address is 4660 Sheridan Breat, the see, Holywood, FL 19821 (no later than 30 days from the date of the first publication of this reside of actions and file the original with the clork of this court alther before service on Plaintiff's atterney or immediately thereafter; otherwise a default will be antered against you for the relief demanded in the complaint or potition filed herein.

WITHESS my hand and seed of this Court at SEMINOLE County, Floride, this 1st day of AUGUST, 1986.

DARRY OF THE

AUGUST, 1986.
(BEAL)
MARYANNE MORRE
CLERK OF THE
CHROUT COURT
By: Ruth King
Deputy Clerk
IN ACCORDANCE WITH THE
AMERICANS WITH DISABILITIES ACT, persons win disabillies needing a special scoonmodelion should contact
COURT ADMINISTRATION, at
the SEMMOLE County
Courthcome at (167) 323-4330
EXT 4227, 1-506-506-8771
(TDD) or 1-506-956-8770, via
Plantia Rulay Service.
Law Offices Of
Dovid J. Stern, RA.
AFTORREY FOR PLANTIPF

Law Offices Of David J. Stern, P.A. ATTORNEY POR PLANTIPF 4860 Shortes Street, So 460 Marywood, Pl. 35001 (854 660 AND THE MOTICE SMALL BE PUBLISHED ONCE A WEST FOR TWO CONSECUTIVE WISSEL PUBLISH SI: THE SAMPORD HISTALD

010 HeffALD William: August 7, 14, 1998

81 PORD

88 HONDA TO COX BOAT

PL77820U / PLZL48481870 81 CHEVROLET 901ALBOKS01140000 GPSSG7G197574 1FTBR10T4HUB04006

84 PORD 3FARP13J4RR100102 7U030140110 17 PORD JAROROTLEKTSO1878

ABARO7 ASPOSO0227 DE NISSAN

ALTAMONTE TOWING 117
MARKER ST. ALT. SPGS. SALE
BEGINS AT 10:00 AM. VIEW 1
HOUR PRIOR.
Publish: August 7, 1996
DES-64

CELEBRITY CIPHER

by Luis Compos

ERCK . IBAROV HRRI XCKODL FDDSOA XCKODL UCNDF. - GRZO

PREVIOUS SOLUTION: "Experience is a dim lamp, which only lights the one who bears it." — (French author) Louis-Fordinand Coline.



Legal Notices

CONTLANT
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CONTLANT
CONTRACT
CON SEMINOLE COUNTY

HERMANDEZ
SEMMOLE COUNTY

An Administrative Complaint
to relvate your Beampajes and
elegibility for Beampays the beam
filed against you. You have the
right to request a hearing parment to Beatlen 130,37(1) and
(2), Florida Statutes, by mailing
a request for same to the
Florida Department of
Incurance, Division of Legal
Bervises, 812 Largen Building,
Talkshasses, Florida 322066552, If a request for hearing in
not received by August 35th,
1504, the right to hearing in this
matter will be welved and the
incurance Commissioner will
depose of this cause in accordence with low.
Publish: July 17, 24, 31, and
August 7, 1506
DER-143

PLANTAL PROPERTY OF THE PERSON OF THE PERSON

BOTTON

OF ASSESSMENT APPEND

The administration of the estate of Bovery Ann Brown deceased. File Number 68-281-CP is pending in the Circuit Court for Seminole County, Floride, Probate Division, the address of which is Seminole County Courthouse, P.C. Drower C. Seminole, P.C. Drower C. Drower

All other smallers of the desc-dent and paramet having claims or demands appeared the desc-dent's other most the their desire with the event without their or the past Publica-Tion or their MOTICE.

ORDER THE MOTICE.

ORDER THEIR MOTICE.

ORDER THEIR MOTICE.

The date of the free pasters.

The date of the free pasters.

The date of the free pasters.

The control of the free pasters.

The following the free pasters.

Atterney for Personal Representative Jack T. Bridges Floride Ser Sto. 140032 500 North Oak Avenue Senford, Ploride 32771 Telephone (407) 322-1314 Publish: August 7, 14, 1900 DSS-62

A THE GROUP COUNTY, PROBABIL STORY, PROBABIL S GERTRUDE DELIAH HARDRICK

Deceased.

MOTION

OF ADDRINGTRATION

The administration of the estate of GERTRUDE DELIAM
MARDRICK deseased, File Number 96-865-CP, is pending in the Circuit Court for SEMI-MOLE County, Florida, Probate Division, the address of which is RO. Drower "C" Santerd, FL

SETTI.

The names and addresses of the personal representative and the personal representative's attorney are set furth below.

ALL INTERESTED PERSONS ARE NOTIFIED THAT:

ARE NOTIFIED THAT:

All persons on whom this notice is served who have objections that challenge the validity of the will, the qualifications of the personal representative, venue, or jurisdiction of this Court are required to file their objections with this Court WITHIRT THE LATER OF THREE MOUNTER AFTER THE DATE OF MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS MOTICE OR THIRTY DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS MOTICE ON THEM.

OF A COPY OF THIS NOTICE ON THEM.

All creditors of the decedent and other persons having claims or demands against decedent's cotate on whom a copy of this notice on whom a copy of this notice is served within three months after the date of the first publication of this notice must file their claims with this Court WITHIN THE LATER OF THREE MONTHS AFTER THE BATE OF THE FIRST PUBLICATION OF THIS NOTICE OR A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and persons having claims or domands against the decedent's estate must file their claims with this court WITHIN THREE MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAMES, DEMANDS AND OBJECTIONS NOT SO FILED WILL BE FOREVER BARRED.

The date of the first publication of this Notice is July 31st, 1906.

Personal Representative: VINELL HARDRICK 3018 Mente Carlo Trail Orlando, FL 2006

ooj Pulm Sulto 118 to Springs, FL 92701 us: (467) 886-7880 July 21 and August 7,

Legal Notices

The Bossessie Directopment
Commission of Mid Florida
announces a mosting of the
Control Florida John and
Education Florida, to which
the public is invited.
DATE AND TIME:
August 19th, 1996
2:07 p.m
FLACE:
Valencia Community College

West Community West Community Building 1, Rosen 111 To General

To discuss matters of interest to the Control Plents JEP in regard to Workforce Development Issues. For further intermedian, con-

For further information, con-test:
Patrick Whreer
Vice President
Economic Development
Commission of Mid Plorida
300 East Rubbeson St.
Stc. 600
Crisedo, Pt. 20001
(1007) 422-7180
THE EDG SERVES AS CON-VENER FOR THIS MEETING.
Publish: August 7, 1000
DES-60

M THE COUNTY COURT
OF THE ENGITERATH
ADDRESS OF THE COUNTY,
M AND FOR
COMMODILE COUNTY,
FLORIDA
CASE NO. 06-2008-96-30-U
SUMMERHILL TOWNHOMES
HOMEOWNERS' ASSOCIATION,
MC., a not for profit Florida
corporation,

corporation,

YOUSSEF D. SHAMI and MRYET SHAMI, Husband and Wile,

MINNET BHAMI, Nucleard and Wile.

Defendants.

MOTICE IS HERBEY CIVEN that on the 27th day of August 1986 at 11:80 a.m. at the west treat deer of the Seminole County Courtheuse in Benford, Florids, the undersigned Clork will offer for sale the following described real property:

LOT 75, SUMMERHILL, PHASE 1, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 31, PAGE 50 THROUGH 52, PUBLIC RECORDS OF SEMINOLE COUNTY, FLORIDA. together with all structures, improvements, Returns, appliances, and appurlenances on said land or used in conjunction therewith.

The afercacid sale will be made pursuant to a Summary Final Judgment entered in Civil No. 95-8565-CC-29-U pending in the Geunty Court of the Eighteenth Judicial Circuit in and for Seminole Geunty, Florids.

Dated this 25th day of July, 1986.

MARYANNE MORSE
CLERK OF THE
COUNTY COURT
By: Jame E. Jesewice

CLERIC OF THE
COUNTY COURT
By: Jane E. Josewic
Deputy Clork
In accordance with the
Americane With Disabilities Act,
persons with disabilities Act,
persons with disabilities acciing a special accommodation to
pericipate in this preceeding
should contact the ADA
Coordinator, at 361 M. Pork
Amenue, Suite 1991, Senford,
Florida 38771, Telephotic (607)
act. 4868, and 4867, in beach five
(8) days prior to the preceedings. If hearing impaired, (TDO)
1-806-806-8771, of VOICE (f) 1809-906-8779, via Florida Relay
Service:
CURRY, TAYLOR &
CARLS, P.A.
1996 Exercis

1990 Summit Tower Boulevard Suite 800 Orlando, Florida 32810-8020 Publish: July 31 and August 7,

DER-234 THE ORDOWY COUNTY,

HOTICE MINISTRATION

(One PR)

The administration of the catalo of Marguerite Thereos Calmer, deceased, File Number 95-995-CP, is pending in the Circuit Court, for Sominate Deuts, Pleride, Probate Division, the address of which

Division, the address of which is:

R. O. Dressor C.
Sanford, Florida \$2772-0000
The name and address of the Personal Representative's atterney are set forth betw.

ALL INTERESTED PERSONS ARE NOTIFIED THAT:

All persons on whom this notice is served who have objections that challenge the validity of the Will, the qualifications of the Personal Representative, venue, or jurisdiction of this Court are required to the their objections with this Court WITHIN THE LATER OF THREE MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE OF A COPY OF THIS NOTICE ON THEM.

AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All creditors of the decedent and other persons having claims or demande against decedent's cetate on whom a capy of this notice is served within three menths after the date of the first publication of this notice must file their claims with this Court WITHIN THE LATER OF THREE MONTHS AFTER THE DATE OF THE PIRET PUBLICATION OF THIS NOTICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and persons having claims or demands against the decedent and persons having claims with this Court WITHIN THREE MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS, DEMANDE AND OBJECTIONS NOT SO FILED WILL BE FOREVER BARRED.

The date of the first publication of this notice is July Stal, 1986.

Personal Representative:
Christopher Johnson 1981 Big Oak Lane

consi Representative Christopher Johnson 1801 Big Oak Lane Kinsimmen, FL 34766

Publish July ST and August 1989 DEFF-227

Legal Notices

W THE SHOUT COURT

OF THE SHOUT COURT

JOSICAL CROUT

W AND PER

CEMBERS

PLOCATION

PROFINE MATIONAL

MORTDAGE ASSOCIATION,

Figure III.

MARIA D. BANCHEZ; HECTOR N. BANCHEZ; UNITED STATES OF AMERICA.

Dolonde MOTICE OF SALE NOTICE is hereby given that, pursuant to the Order of Summary Judgment of Foreclosure in this cause, in the Summary Judgment of Foreclosure in this cause, in the Circuit Court of Seminole County, Florida, I will sell the property situated in Seminole County, Florida, I will sell the property situated in Seminole County, Florida described es:

Lot 366, RIVERSIDE AT TWIN RIVERS LIBIT II, according to the Map or Plat thereof as recorded in Plat Book 44, Pages 80 through 64, of the Public Records of Seminole County, Florida at Public Sele, to the Nighest bidder, for cash, at the West Front Door of the Seminole County Courthouse, Sanford, Florida, at 11:00 a.m., on AUGUST 27th, 1996.

WITHESS my hand and 'the Beal of this Court this 28th day of JULY, 1995.

MARYANNE MORSE
Clerk of the Circuit Court
By: Jane E. Jasewic
Deputy Clerk
CLAUDE R. WALKER
Esquire

1330 Thomasville Road Tallahassee, Florida 32303 (804) 222-1930 Attorney for Plaintiff Publish: July 31, and August 7. DER-233

IN THE GREUT COURT
OF THE 10TH JUDICIAL
GROUNT, IN AND POR
SCHIMOLE COUNTY,
PLANICA
GROUNDAL JURISDICTION
GROUNDAL JURISDICTION
GROUNDAL JURISDICTION
GROUNDAL JURISDICTION
GROUNDAL JURISDICTION
FINANCIAL PLANITIES
PLANITIES

JUAN F. RODRIGUEZ,

DEFENDANT(S)
NOTICE IS NETTER

OF PORSELECTION SALE

NOTICE IS NETTER SALE

LOCAL SECTION OF THE SET IN SECTION OF SERIES

NOTICE County of the 18TH

NOTICE County, SAMPORD,

Plevide, I will sell to the highest
and best bidder for each AT

THE WEST PROST DOOR OF
the SEMMOLE County

Courthease in SAMPORD,

Plevide, at 11:30 o'steek a.m.
on the 3rd day of SETTEMBER,

1965 the fellewing described
property as not forth in seld

LOT 19, BLOCK D, CHARTER CARS - UNIT ONE, ACCORDING TO THE PLAT THERSON AS RECORDED IN PLAT BOOK 14, MASE IN, PUBLIC RECORDED OF SELMINOLE COUNTY, PLOMOA. Dated this 31st day of JULY, 1998.
[CIRCUIT COUNT BEAL)

MARYAMME MONSE
Clork of the Circuit County
By-lane E. Jacomic County
MICHELLE H. ROSS
ATTORNEY FOR PLANTIFF
400 BHERIDAM STREET
STE 400 STE 400 HOLLYWOOD, FL 33021

10-00000 M ACCORDANCE WITH THE AMERICANS WITH DISABILI-TIES ACT, persons will less needing & special medition should modelion should contact COURT ADMINISTRATION, as the BERNINGLE County Deutschee at (467) \$25-550 EXT 4257, 1-86-66-6770, via North Relay Service. Publish: August 7, 14, 1966 DES-61

Legal Notices

CASE NO. 90-9120-0A-14A FBS MORTGAGE CORPORATION,

HOA MAI YU, CHARLES E BAILES, Jr.: JACQUELINE H. BAILES, LESLIE R. LONG, BALES; LESLIE R. LONG, individually and as Trustoe; UNKNOWN BENEFICIARY OF UNKNOWN BENEFICIARY OF UNKNAMMED TRUST, if living, and all unknown parties claiming by, through, under and against the above named defendant(s) who are not known to be deed or alive, whether said unknown parties may claim an interest as spouses, heirs, devisees, may claim an interest as spouses, heirs, devisees, grantees, or other claiments; WINGFIELD RESERVE HOME-OWNERS* ASSOCIATION, Inc.; AEGEAN OF CENTRAL FLORIDA, Inc.;

FLORIDA, Inc.;
Defendants.
MOTICE OF ACTION
TO: Unknown Beneficiary of Unnammed Trust if living, and all unknown parties claiming by, through, under and against the above named defendant(s) who are not known to be deed or alive, whether sald unknown parties may claim an interest as spouses, heirs, devisees, grantees, or other claimants; whose residence is unknown and whose last known address.

and whose last known address is:

YOU ARE NOTIFIED that an action for foreclosure of mort-gage on the following described property:

LOT 7, WINGFIELD RESERVE, PHASE II, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 28, PAGES 68, 60 AND 76, PUBLIC RECORDS OF SEMINOLE COURTY, FLORIDA.

Insu been filed against you and you are required to serve a capy of your written detences. If any, to it, on ELIZABETH IM.

BOXEY. Atterney for the Plaintiff, whose address is 4010 Boy Scout Boulevard, Suite 400, Tamps, Fiorida 33007 on or before 36 days from the date of first publication and file the original with the Clork of this Court either before service on Plaintiff's atterney or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the complaint.

NOTE: PURSUANT TO THE FAME DEST. COLLECTION

INCE: PURSUANT TO THE FAIR DEBT. COLLECTION SHARFINGS "AGT. YOU. ARE ADVISED THAT THIS LAM SIRM IS DEEMED TO BE A DEST COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. WITNESS my hand and the

Maryanne Morse As Clerk of the Court By: Jean Brillant As Deputy Clerk COOLIS & STAWIARSKI

BOTTICE OF PERSONTED USE CHARGE

HOTTICE IS INCRESS OF THE CITY OF LONGINGOOD,
PLOMON, that he Land Pleasing agency (LIM) will had a Public
incring on August 14th, 1986 of 646 p.m., or as own thereafter
as possible, in the Languesed City Commission Chambers, 175
West Warms Accesse, Languesed, Florids, to compiler the fellowing request:
Change the City's Land Development regulations to allow floribeing in the application of the impervious curioso ratio requirements for new subdivisions - Ordinance / 85-1330

A party of the request is on the with the Department or Planning
and Building Services for viewing. Our office hours or 5:38 Am.
4:38 p.m. The office is incaded at 174 W. Church Areaus,
Languesed, Florids. If you man you may eat our office at (657)
380-3462.

At this measure, increased parties may oppose and be heard with

As the meeting, interested parties may appear and be leaved with respect to the Payment. All purposes are advised that if your seeds a section in the Payment and Seeds and the leavest and the seeds are advised to the process of the

Payment with deathillian accoming accommon to participate in any processing a should excellent the ASA excellents a 1007/ SM-3007/ of least of thousand or other accoming. This section is an excellent to the excellent that it is not to the excellent to the excel

OF PICTYTONS MAKE

Notice is hardly given that I am engaged in business of 948

N. Herr. 17-52, Languaged, FL 23750. Seminate County, Florida, under the Fieldland Name of GNV-TENSIONS
INSTAL THEATTM, and that I intend to register add name with the Pivislan of Corporations, Tallebaseou, Florida, in accordance with the provisions of the Fieldland Name Statute, To-Wit Section Status, Florida Statute 1951, Joseph D. Polvering Publish: August 7, 1908
DES-62

IN THE CIRCUIT COURT
OF THE 18TH JUDICIAL
CINCUIT OF PLORIDA
IN AND POR
CEMBROLE COUNTY
CEMBRAL JURISDICTION
DIVISION

seel of said Court on July 26th,

CODELS & STATISHERS CONTROL OF STATISHERS CO DER-232

OER-212

ST. JOHNS BYTCH WATER MANAGEMENT RESTRICT
GYES BOTTCE OF INTENDED AGENCY ACTION
The District gives notice of its intent to issue a permit to the following applicants) on August 130s, 1906:

GANTERBURY CORPORATION, ATTIC FRANK DOLAN, 3200 UNIVERSITY BLVS., SUITE 300, WINTER PARK, FI. 32792, application 64-117-5002AMS-ERP. The project is located in Seminale County, Seation 14, Trumskip 21 Seath, Range 21 Seat. The ERP application to be MODERCATION TO THE PREVIOUELY INSUED PERSONALIS THROUGH THE EXISTING CONSTRUCTION OF 9 BOARDWALKS THROUGH THE EXISTING CONSTRUCTION SASSMENT TO LONG LAKE SIGNING FOR STRUCTURE SASSMENT TO LONG LAKE SIGNING FOR SASSMENT TO LONG SIGNING FOR SASSMENT TO LONG SIGNING FOR SASSMENT SASSMENT TO LONG LAKE SIGNING FOR SASSMENT SASSMENT TO LONG LAKE SIGNING FOR SASSMENT SASSMEN

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Orlando - Winter Park 407/831-9993

PRIVATE PARTY MATES 14 consenting the party ## E

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OPENINGS: 3-5 Yrs. Hopey children. HRS approved. Mandalin Mear; 21-24.

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INCOME IN INCOME IN ADDRESS OF PRETITIONS IN ADDRESS OF AD

HI THE CHOUT COURT
OF THE 18th AUGUSTAL
CONCUTT WAS POR
COMMISSE COURTY,
PLONES
CASE NO. 90-1001-0A-14-W
HILAND MORTDAGE
CORPORATION
Plaintiff

IOSE ANTONIO BARRETO-SUAREZ, ET AL.

SOR ASTONIO
BARRETO-SUARSZ, ET AL.,
Defendants

SECTION OF ASTON

TO: JOHN N. PARK

YOU ARE HERREY HOTIPSED
that a Complaint to Persolves
Mortgage action and forcoless
of your interest in and to the
following described real estate:
Let 7, BLOCK A. SAN SESASTIAN HEIGHTS UNIT-2, according to the plot thereof as
recarded in Plot Book 16, Page
71, Public Recerds of Seminals
County, Florida.
More commonly known as: 407
Alexzar Ave, Altamonto
Springe, FL 32714-2302

A lawroit has been filed against you and you are
required to serve a sepy of
your written defence, if any, to
it on MATTHEW J. SOULLICHTE,
Plaintiff's Attorney or immediately thoroafter; phoroice and
lie the original with the Clork of
Court either before service on
Plaintiff's Attorney or immediately thoroafter; otherwise and
lie the original with the Clork of
Court either before service on
Plaintiff's Attorney or immediately thoroafter; otherwise and
lie Complaint or Potition.

Witness my hand and seed of
this Court on July 20th, 1905,
Jeant seed
MARWARME MORES

Clief of Cloud Gourt
Jace Britant
As Departy Clork
Publish: July 31 and August 7,
1866
DER-236

27—Nursery & Child Care A AFFORDABLE Loorning A APPORDABLE Logrates loving atmosphero. Nice area. CPR cert, playream, 30-000.

LAKE MARY, Near Marry & pert. Best leited cere, matter of 2 tear retts. 201-202.

CHILD CARE in my christian hame. Fonced yd., het mask. pre-school prop. leit of fun! After-school & interception avail. Late of TLC1 200-000.

evell. Late of TLC1 300-0700 P/T Childhore: offerschool, 1-2 days/week, some the needed. 1:30-6:50p. Our home. Leving core for 3 great bids. Excel-tion driver, non-backer, re-ferences. Refirms and stu-dents make good conditions. Call del 30-300

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46—Dabi Consolidatio

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37—Financial Services

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811 Hr. He exp. needed.
Lessi werk, 819-971-979

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Secretary: Peri time, to AL COMPA

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mail construction compa driving record, Class D Means & can de heavy work.

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HIS WILL Lake Ado I Bdrm... 9416/me - Bdrm., 9476/me, and up.

123-0670 Address. Meteric reamy 1/1, Apr. hashup. ESS/man. + dap. RE-STI-3 de-Stell.

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107—Mobile Homes / Rent

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PT. Also outside fonced elemps area. 30-0714

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117—Commercial Rentals

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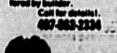
118-Office

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141—Homes for Sale

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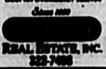
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153—Acreage-Lets/Sale

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181—Appliances / Furniture

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199—Pets & Supp

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213—Auctions HARBIN AUCTION SERVICE

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SEIZED CARS from \$175. BMW's, Corvettes. Also Joseph. 4070's. Your area. Toll Pres 1-000-000-0770 Est. A-2006 for current listings. 231—Cars

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1007 0115EAR FULSAR, 2-D, RED T-Top, Cold A/C, 5-Topand, 18660, CBD, 380-6166.
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236—Vehicles Wanted

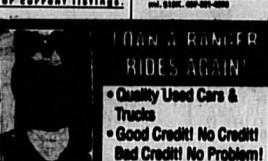
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240—Boot Rentals

PISHING BOATS POR RENT. Starting of 530 & up. Also: 34' Ponteen, Call: 350-1612. 241—Recreetional

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MONTY, DON'T YOU THINK IT'S TIME TO GIVE UP ON TWAT GIRD BATH!! IT'S HOT NORWARD. JUST ADMIT IT.

Is arthritis remedy the culprit?

DEAR DR. GOTT: You recently wrote about the benefits of Certo for arthritis pain. My father used numerous medications unsuccessfully. Then ous medications unsuccessfully. Then he tried Certo and was amazed at how his pain disappeared. However, here's the problem. During a recent exami-nation, my father had a blood sugar level of over 250. His doctor ordered him off Certo, and his levels ultimate-ly returned to normal. Could the ly returned to normal arthritis control have caused this type arthritis control have caused this type of reaction wherein he was labeled a possible diabetic? Is there a substi-tute for Certo that would give such amazing results?

DEAR READER: Since publishing this home remedy suggested by sev-eral readers, I have had an avalanche of mail, mainly questions about how to use Certo for arthritis (a tablespoon a day in a glass of unsweetened grape juice) — and testimonials. LOTS of testimonials.

It doesn't always work, of course and I never claimed it was a cure-all. I just suggested Certo as yet another option to help people with a crippling

Yours is the first comment that I have received suggesting that Certo raises the blood sugar. I don't know that it does — or doesn't. However, I certainly welcome letters from other readers who may have experienced this peculiar reaction.

Naturally, this phenomenon interests me. But, as a scientist, I am also obligated to look for other explanations — such as the grape juice. Some brands of juice contain corn sugar as a sweetening agent; thus, it may be the grape juice — not the Certo — that causes the blood sugar to rise.

Was your father taking a teaspoonful of Certo in grape juice three times a day, as opposed to one tablespoonful once a day, and was the grape juice sweetened? This would not be a problem for a non-diabetic; nonetheless, in someone with a diabetic tendency. grape juice could conceivably stress the body by providing an excess of sugar, a substance diabetics should avoid.

Here's how to solve the issue. Your father needs a glucose tolerance test, a series of blood tests that a person undergoes after drinking a beverage laced with sugar. If his sugar readin are high, he has diabetes — and should follow his doctor's instructions about therapy. Then, later, he should take the Certo in a non-sugar drink to see if the Certo itself is the culprit.

My bet is that it isn't. But please let me know the results of the experi-

DEAR DR. GOTT: I'm a diabetic and suffer from neuropathy, especially at night. The pain in my feet is like

PETER GOTT, M.D.

hot needles. I've seen a stimulator advertised on TV at a cost of \$80. Does it really relieve pain and would it be

worth the investment? **DEAR READER: Diabetics suffer** from nerve malfunction (neuropathy) because, over time, the disease

inhibits circulation to nerves which, in turn, causes tingling and pain.

Several recent studies have shown that the symptoms of neuropathy can be lessened if the diabetic can keep his or her blood sugar in a more nor-mal range. This involves close atten-tion to diet, regular physical activity and the use of sugar-lowering pills (such as Micronase, Glucophage and others) or insulin.

Stimulators, vibrators and similar devices are not considered to be helpful in this regard. Therefore, I suggest that you save \$80. You will achieve more success by addressing the issue with your doctor and following his

O 1906 NEWSPAPER ENTERPRISE ASSN



A slip of the hand

By Phillip Alder

We all make unintentional slips of the tongue. A funny one I heard recently was: "I ate mussels only once, I didn't want them, but I was on a first date and didn't want to appear inso-phisticated."

At the bridge table, when someone has just made a mistake, I've heard the excuse that "the card accidentally fell out of my hand" several times. I believed it only once — when I said it!

South came out with that excuse after this deal, but his partner wasn't listening. How should South have played in three no-trump after West had led the heart king?

North was right to bid three no-trump. For one thing, it is usually eas-ier to win nine tricks than 11.

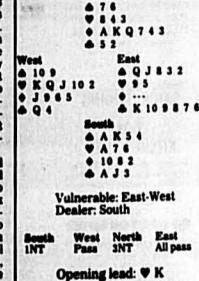
Seeing 10 top tricks, South ducked the first trick, won the heart-jack con-

tinuation with his are and led the dis-mond two to dummy's queen. East's club discard registered inside South's head at about 8.3 on the Richter scale. After steadying his pulse, South played a space to his hand and led the diamond 10, ducking in the dummy diamond 10, ducking in the dummy when West covered with the jack. (It cannot help to win this trick, return to hand and lead the diamond eight, because West plays low since the diamonds are blocked.) However, West had three heart tricks to cash, defeating the contract.

As only a 4-0 diamond break could cause trouble, South should have led the diamond eight or 10, according to choice, to dummy's queen at trick three. Drawing on the power of dum-

three. Drawing on the power of dum-my's seven, South could return to hand and lead the 10 or eight through hand and lead the 10 or eight through West. Six diamond tricks would fall into South's lap, and an overtrick, rather than an undertrick, would be nerated.

OHMS by NEA, bec.



88-97-96



Thursday, August 8, 1996

Friends have always been important to you in the past and they could be even more so in the year ahead. Financial opportunities will be available if you network with friends.

LEO (July 23-Aug. 22) Something you've hoped to achieve can become a reality today, provided you take action promptly and don't just watch and wait. Go for it! Know where to look for romance and you'll find it. The Astro-Graph Matchmaker instantly reveals which signs are romantically perfect for you. Mail \$2.75 to Matchmaker, c/o this newspa-per, P.O. Box 1758, Murray Hill Station, New York, NY 10156.

VIRGO (Aug. 23-Sept. 22) Desirable end results are indicated today, but not necessarily on your first try. If you experience

ANNIE

Just one bird... Just_uhh... Uhh... hhu... hhu...

failure, regroup and try again. LIBRA (Sept. 23-Oct. 23) Knowledge you acquire today through personal expe-rience can be used wisely at a later date.

gleaned from books. SCORPIO (Oct. 24-Nev. 22) You still have the ability to latch onto potentially profitable projects. Your expertise could earn you a piece of the action.

What you will learn firsthand can't be

SAGITTARIUS (Nev. 23-Dec. 21) Before making major decisions today, take ade-quate time to study all of the ramifications. You might not be aware of them at

CAPRICORN (Dec. 22-Jan. 19) Appre-

ciative recipients of your thoughtfulness might try to do more for you than you did for them, even though you didn't extend yourself for this purpose.

AQUARIUS (Jan. 20-Feb. 19) Even though you can function independently today, your most impressive success may come in conjunction with a joint venture.

PIECES (Feb. 20-Merch 20) This will be a good day to finalize a significant matter you've left hanging. You can finish strong and you'll gain momentum as you close in on your goal.

ARIES (March 21-April 19) Late afternoon or early evening will be a good time to get together socially with people with whom you have important issues to discuss. TAURUS (April 20-May 20) Keep your eyes and all of your options open today because something unusual may develop

and it will enable you to add to your Mint (May 21-June 30) If you've con-splated a short trip for a practical pur-

pose, this will be a good day to do it. However, make sure to start early. CANCER (June 21-July 22) Let events unfold today instead of trying to manipu-

late them to conform to your expectations. You will fare better in loosely structured arrangements. O1996 by NEA, Inc.

by Leonard Starr





