

# Sanford Herald

Serving Sanford, Lake Mary and Seminole County since 1908

88th Year, No. 252 - Sanford, Florida



Today: Partly cloudy with a chance of afternoon thunderstorms. High in the lower to mid 90s. Wind southeast 10 to 15 mph. Chance of rain 30 percent.

For more weather, see Page 2A

## TODAY

### BRIEFS

#### Polltits

SANFORD — James R. Valerino, a candidate for Seminole County Court Judge, Group 4, has announced that Walter Nason of Sanford is his campaign treasurer, and attorney Thomas Greene, also of Sanford, is his campaign chairman.

#### Candidate forum

LONGWOOD — The Seminole County Christian Coalition is hosting a candidates' forum Thursday evening at 7:30 p.m., at Northland Community Church, 530 Dog Track Road, Longwood. The forum will allow for question and answer time, as well as offering an opportunity to meet with candidates running for offices within Seminole County.

For additional information, contact Kelli Bass, at 679-2645, ext. 7000.

#### Open house

SANFORD — Sanford Main Street, Inc., will have an open house for newly remodeled offices at 101 W. First Street, suite B, this evening from 5:30 until 7 p.m.

Board, committee members and staff will be available to answer questions regarding the work of Sanford Main Street and discuss future events.

For additional information, phone the Sanford Main Street office at 322-5600.

#### Olympic star

ALTAMONTE SPRINGS — U.S.A. Softball Olympic gold medalist Michelle Smith will be on hand tonight to throw out the first pitch at 6:15 p.m., at the Seminole County Softball Complex, 260 North Street, Altamonte Springs.

Smith, from Califon, N.J., was a two time NCAA All-American at Oklahoma State and was named the U.S. Olympic Committee Softball Sportsman of the Year in 1993 and 1994.

The tournament, scheduled to run through Aug. 11, is sponsored by the Orlando Area Sports Commission and the Seminole County Convention and Visitors Bureau.

The event is the 1996 Coca Cola/ASA Softball Girl's 12 and under Fast Pitch National Championship tournament.

Opening ceremonies for the national championship will be this afternoon at 4 p.m., at the Lake Brantley High School football stadium.

In all, 1,200 girls from 70 teams will be seeking the national championship title. It is expected the final championship game will begin at noon Sunday at the Seminole County Softball complex.

#### Trip still open

MAITLAND — The Maitland Art Center has announced there are several seats available for their trip to Philadelphia to see the great collection of Paul Cezanne paintings. The tour departs Aug. 22, and returns Aug. 25.

The tour package, \$650 per person, includes a round-trip air fare, three nights' accommodations (double occupancy), at the new Philadelphia Marriott, VIP tickets to the Philadelphia Museum of Art, plus many other admissions and special excursions.

For information and reservations, phone Kate Simmons at 539-2181.

#### Homes needed

Although the school year has started, housing is still being sought for foreign students for this academic year.

Students come from such countries as Poland, Spain, Brazil, Germany and the Netherlands.

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**Sorrow makes men sincere.**  
—Henry Ward Beecher

## New life for old building

By NICK PFEIFAU  
Herald Staff Writer

SANFORD — Another one of the older buildings in downtown Sanford appears to have a bright future. An application for Certificate of Appropriateness for exterior modifications is to be considered Thursday by the Sanford Historic Preservation Board (HHPB).

In the early days of the city, the Welaka Building was one of the major structures in the downtown area, and over the years has served as home for many businesses. Most recently, it was broken down to several separate businesses along the Oak Avenue side, but the majority of the structure has been vacant for a number of years.

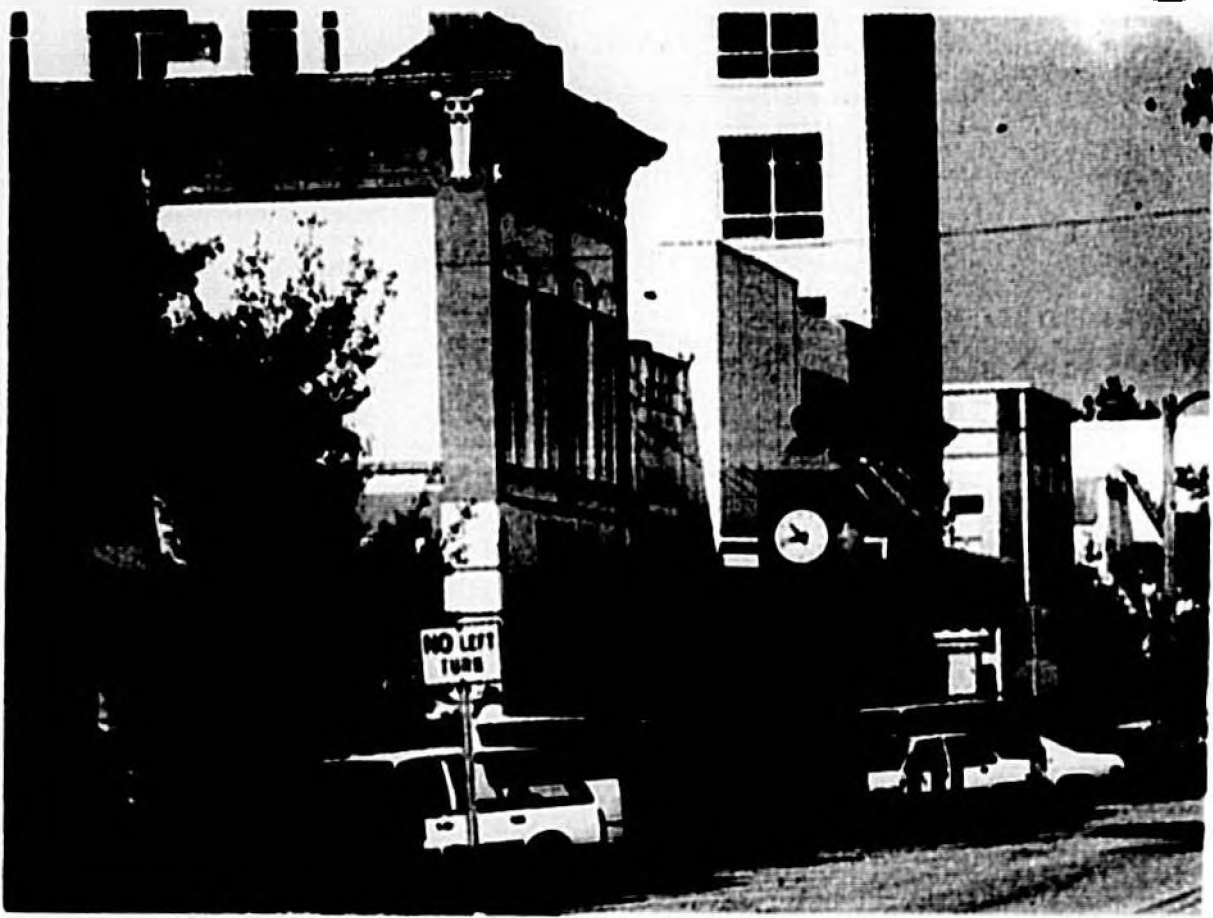
With renewed interest in downtown, which appears on the National Register of Historic Places and which is a Main Street community, many neglected buildings are being renovated.

According to artists' conceptions by Quantum Architecture, Altamonte Springs, submitted for property owners Hoogland Orlando, Inc., with the application to the Historic Preservation Board, most of the exterior of the Welaka building will basically remain the same in appearance although it will be strengthened with modern construction techniques.

On both the south side (facing First Street) and west side (facing N. Oak Avenue), the exterior storefront area will be renovated and canvas awnings installed.

Five doors to the building on the ground level, which have been plastered over with stucco or covered with plywood, are to be reopened. Entrance doors on the west, including those which were not closed, total eight to nine for separate

See Welaka, Page 5A



Downtown Sanford enjoys a flurry of renovation of its historic buildings since being named to the National Register of Historic Places. Sanford is

also a Main Street project, in which once thriving historic downtown commercial areas are targeted for revitalization.

## School bandmasters ax festival

By VICKI DeBORNIER  
Herald Senior Staff Writer

SANFORD — A musical tradition in Seminole County has fallen by the wayside, a casualty of the scheduling changes in the high school calendar.

After 21 years the county band festival, which

was supported by the Sanford Optimist Club and the Sanford Herald, will not bring the bright sounds of the county's six high school bands to one of the district's stadiums.

"We're very, very disappointed," said Audrey Ogden, an Optimist member who has helped organize the festival for years.

The event, which usually takes place in late

October, has been stricken from the annual events schedule by the Seminole County Bandmasters Association because of a conflict with the new fall break which will take place the third week in October.

Ogden said the festival has always been

See Band, Page 5A

### Community involvement



Herald Photos by Jeff Hunt

Members of the Sanford Citizens Patrol-Neighborhood Watch gathered for their weekly meeting on the lawn of the Diamond Glass Company at 3rd Street and Palmetto Avenue Tuesday night. The group has begun a cooperative effort with the Sanford Police Department to identify those in the drug and

prostitution trade in the downtown historic district. Above, group leaders, including president Bob Kuhn, discussed plans to address the Sanford City Commission at the Aug. 12, 7 p.m. meeting. Below, neighborhood volunteers, discuss the patrols they have formed to help the police fight crime.



## Trans fats troublesome for heart

By DARLENE SUPERVILLE  
Associated Press Writer

WASHINGTON — The saturated fat that's listed on nutrition labels for those greasy french fries or that jumbo cookie tells only part of the story. Hidden fat tells the rest, and it could be increasing your risk of heart disease by the mouthful, a health advocacy group warned today.

Fried and processed foods made with solid oils contain "trans fats" that, according to some studies, increase levels of bad cholesterol in the blood, the private Center for Science in the Public Interest said.

The group urged restaurants to switch to liquid vegetable oils, which have no trans fats, and inform consumers about the trans-fat content of their food. It also wants the government to require food processors to list the trans-fat content on nutrition labels, which is not currently required.

Trans fat is included on a nutrition label only as part of total fat. CSPI says it should be included with saturated fat.

Industry groups were critical, saying available evidence doesn't support CSPI's latest claims about the unhealthfulness of our food. Adhering to government-issued dietary guidelines was the best advice, they said.

See Facts, Page 5A

## Study: Hispanic travelers prefer to visit Florida

By The Associated Press

MIAMI — Hispanic travelers are more likely to visit Florida than Blacks or Asians, according to a study by an industry group.

The Travel Industry Association of America carried out "The Minority Traveler" study to help anticipate America's travel trends as the nation's demographic balance shifts.

"Regardless of different ethnicities, travelers tend to travel similarly. But the differences are in the details, and there were some important ones," said William Norman, president of the Washington-based travel industry promotion group.

Some differences cited include:

• Americans of Hispanic background are much more likely to travel with children in tow.

See Travel, Page 5A



## FLORIDA BRIEFS



### Bridge could harm environment

PENSACOLA — Environmentalists claim that construction of a 3.5 mile bridge would damage Florida's last major wetlands prairie and are using a lawsuit to keep the project from ever getting started.

The Florida Wildlife Federation says the work would also threaten wildlife and plants in bays and bayous.

The Sierra Club Legal Defense Fund, on behalf of the federation, sued the U.S. Army Corps of Engineers on Monday in U.S. District Court in Jacksonville.

The lawsuit asks a judge to invalidate the construction permit for the Garcon Point bridge approved by the Corps in December and order the Corps to conduct a new environmental impact statement.

The proposed \$92 million bridge project is known unofficially as "Bo's Bridge" because it received support from House Speaker Bo Johnson of Milton.

### Fire destroys family

PENSACOLA — A woman traveled from Alabama to visit her grandchildren, but all she found was the burned trailer home where a fire took the lives of the grandfather and all three of the toddlers.

"I came down to see my babies," said Cyndi Griffith, of Salem, Ala. "... Now it's too late."

Killed in the fire Sunday were Shelby Lavon Wright, 45; Joey Randall, 5, and Marcia Randall, 2. Four-year-old Jimmy Randall died Monday at the University of Southern Alabama in Mobile.

Firemen were able to determine that Wright covered Joey and Marcia with a mattress and then tried to carry Jimmy through the back door, but found it jammed.

The children's mother, Patricia Wright, 22, was not in the trailer at the time of the blaze.

Investigators believe faulty wiring may have been the cause of the fire.

### Molester returned from Fla.

WATERBURY, Conn. — A convicted child molester who used a courtroom fainting spell to skip town and flee to Florida has been sentenced to 25 years in prison.

Michael Walsh, 38, of Naugatuck was convicted of sexually assaulting two girls, ages 9 and 11.

He faked the fainting spell in court after he was found guilty of sexual assault against the 9-year-old in May. He was released from a hospital and fled to Florida.

While he was in hiding, a jury in Waterbury Superior Court convicted Walsh of assaulting the other girl.

Connecticut police and the FBI caught up with Walsh in West Palm Beach, Fla., this week and shipped him back to Connecticut for his sentencing.

In addition to the 25 years in prison, Walsh was also sentenced to 23 years' probation. Prosecutors wanted a tougher sentence.

Walsh still faces charges of two counts of failure to appear at the May sentencing. He is to appear again in court in September.

### FSU pres to undergo surgery

TALLAHASSEE — Florida State University President Talbot "Sandy" D'Alemberte is to undergo prostate surgery. He hopes to return to work by the beginning of the school year.

D'Alemberte, 63, was diagnosed earlier in the year with prostate cancer, but doctors at Johns Hopkins University in Baltimore said it was discovered early and the prognosis was favorable.

The surgery was scheduled for today. He is expected to recuperate at his home for approximately four weeks before resuming his full-time duties, a school spokesman said.

D'Alemberte, a lawyer and former president of the American Bar Association, became president at Florida State in January 1984.

### Airport evacuated

FORT LAUDERDALE — Acrid fumes caused an emergency evacuation of the main terminal at Fort Lauderdale-Hollywood International Airport.

But officials said people stayed calm as concourses were evacuated Tuesday because of fumes so strong that 13 people were sent to area hospitals for treatment of respiratory problems.

The fumes are believed to have come from paint sealant that was being used to repair the roof and that apparently leaked into a part of the airport's ventilation system.

"We smelled abrasive fumes and then people in the terminal started to gag and choke," said airport spokesman Ed Nelson.

Authorities quickly emptied Concourse C, which houses ticket counters and gates for Continental Airlines and USAir. They later expanded the evacuation to adjoining Concourse D.

From Associated Press reports

## NEWS FROM THE REGION AND ACROSS THE STATE

# Researchers track apple snails to chart Everglades food chain

By The Associated Press

MIAMI — A married team of researchers using tiny radio transmitters on the shells of apple snails have discovered what moves the golf-ball sized nuggets that are a key link in the Everglades food chain.

The nut-brown nuggets are popcorn for alligators, dinner for fish and turtles and the only food for an endangered slate-gray hawk known as the snail kite.

For ecologists, the apple snail posed a riddle considered important to crafting a multibillion-dollar government effort to restore Everglades

wildlife. But the snails are sometimes hard to find.

Phil Darby and Patty Valentine, a husband-and-wife research team, have cracked the snail's code.

They attached radio transmitters the size of watermelon seeds to some snails and followed them through the Florida marshes.

Darby and Valentine found apple snails could actually haul shells.

In less than a week, some slid nearly the length of a football field through dense sawgrass marshes.

And then they found out what makes an apple snail run.

"Everyone had thought the snail might move to get to deeper water," said Darby, a doctoral student at the University of Florida. "But they were actually moving to mate or lay eggs. And they would move fairly long distances. For snails, that is."

"Snails are ridiculously hard to find in the marshes," Darby said. "Unless you happen to be in a really hot spot for snails, you can be out there all day and not see a single snail."

Indeed, Valentine, who had worked for a year and a half helping monitor snail kites, had never seen a single live apple snail.

Darby and Valentine had been

struggling for months to catch snails in large, complex mesh traps baited with hunks of dead fish.

But at the suggestion of a state biologist, they switched early this year to a simple crayfish trap, a jug-shaped basket of plastic mesh. They used no dead bait.

Instead, they put female snails in the traps and used them as sexual lures to catch males.

The catch was staggering: More than 500 snails in five days.

The idea was to see how well snails could endure dramatic changes in water levels.

### Lazy days

The boys of Boy Scout Troop 34, sponsored by the First United Methodist Church of Sanford, recently spent a week at Camp Thunder near Mason, Ga. The youngsters took part in various athletic competitions, ate tasty food and worked on their merit badges. Some of the kids, including OH Gilmartin, Danny Bernstein, Brandon Latullip and Drew Cooper, just took the chance to swim and relax.

Harold Photo by Herman Schwab



### Howell to head new dept.

By JACQUE HALLIFAX  
Associated Press Writer

TALLAHASSEE — After spending four years focusing on Florida's efforts to cut spending, the first secretary of the new Department of Health will find himself instead fighting for money to help families in distress.

The appointment of Dr. James Howell was revealed Tuesday by Gov. Lawton Chiles.

"We don't want dead babies in the street," Howell said of his new job, which includes overseeing children's medical services.

"We don't want weak kids starving in the street, and saying this is tough justice."

"This society can only cut so much and some real things are going to happen."

Howell said his focus will be on "enhancing the nurturing of families, the mothers and children and fathers." He said he believes in allowing for local diversity.

"The magic happens at the local level," he said.

Howell will continue to earn his current salary of \$111,532.30.

His 25-year career with the Department of Health and Rehabilitative Services included stints in the public health unit in Palm Beach County, as state health officer and as a regional administrator for the Department of Health and Rehabilitative Services.

A 1986 state law calls for replacing HRS, once the largest social services agency in the nation, with two smaller departments.

HRS now has 38,000 employees and a budget of \$4.4 billion. The new Department of Health will get 12,000 of those workers and \$1.2 billion.

The new department will assume oversight of public health clinics and children's medical services. The divisions left behind will be named the Department of Children and Family Services.

The changes take place Jan. 1.

### Judge: N.Y., not Fla., should get custody fight

By The Associated Press

ROCHESTER, N.Y. — An interstate custody battle over a teen-age girl who was raped and nearly killed by her mother's friend in Florida should be settled in her home state of New York, a judge here ruled.

"We finally got the break that we've been wanting," said Sayeh Rivazfar, 16. She was eight when she was raped and had her throat cut by her mother's boyfriend. "Today was probably one of the best days we've ever had."

Sayeh and her 13-year-old brother, Arash, who live with their father in the Rochester suburb of Greece, have been defying a Florida court order to spend the summer in Pensacola with their mother, Pat Pafford.

Pafford's friend, Raymond Wike, abducted Sayeh and her 6-year-old sister Sara in Pensacola in 1985, repeatedly raped Sayeh and slashed the girls' throats. Sara died in the attack; Sayeh feigned death and escaped.

State Supreme Court Judge Charles Stragusa ruled that New

York has ultimate jurisdiction over custody, agreeing that the children have legal standing separate from their father.

Under the federal Parental Kidnapping Prevention Act, Florida custody laws do not hold sway over New York's in part because the children have not lived there in at least six months, said the children's lawyer, Lewis Gould.

Sayeh's father, Ahmad Rivazfar, had broken up with his wife in 1985. He remarried and settled in Rochester where he was awarded custody of his children. Pafford was allowed unsupervised visits with the children at Christmas and each summer, but they stopped going in 1984.

Pafford claims her ex-husband has poisoned her lies to their children, but Sayeh maintains that she was uncaring and abusive. She blames her mother for not doing more to protect her from Wike, who is now on Florida's death row.

The judge said he would appoint a law guardian and a psychiatrist to examine the children and their parents.

**MIAMI** Here are the winning numbers selected Tuesday in the Florida Lottery:

Fantasy 5  
15-8-22-11-25

Cash 3  
2-0-5

Play 4  
0-6-1-4



**Sanford Herald**

Wednesday, August 7, 1986  
Vol. 68, No. 252

Published Tuesday through Friday and Sunday by The Sanford Herald, Inc. 388 N. French Ave., Sanford, Fla. 32771

Second Class Postage Paid at Sanford, Florida and additional mailing offices.

Postmaster: Send address changes to THE SANFORD HERALD, P.O. Box 1067, Sanford, FL 32773-1067.

Subscription Rates  
(Daily & Sunday)

3 Months	\$19.00	\$54.00
6 Months	\$36.00	\$98.00
1 Year	\$78.00	\$198.00

Florida Residents must pay 7% sales tax in addition to rates above.

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## THE WEATHER

Today: Partly cloudy with a chance of afternoon thunderstorms. High in the lower to mid 90s. Wind southeast 10 to 15 mph. Chance of rain 30 percent. Tonight: Partly cloudy with a slight chance of evening showers and thunderstorms. Low in the mid 70s. Wind southeast 5 mph. Chance of rain 20 percent. Thursday: Partly cloudy with a good chance of afternoon thunderstorms. High in the lower to mid 90s. Wind south 5 to 10 mph. Chance of rain 50 percent.

<b>WEDNESDAY</b> Pty cldy 78-95	<b>THURSDAY</b> Pty cldy 74-95	<b>FRIDAY</b> Pty cldy 78-93	<b>SATURDAY</b> Pty cldy 78-90	<b>SUNDAY</b> Pty cldy 78-91

Last Aug. 6th	New Aug. 14th
First Aug. 21st	Full Aug. 28th

**THURSDAY:**  
SOLAR TABLE: min., 1:30 a.m.; 1:45 p.m.; maj., 7:35 a.m.; 8:00 p.m. TIDES: Daytona Beach: high, 3:56 a.m.; 4:37 p.m.; low, 10:10 a.m.; 10:59 p.m.; New Smyrna Beach: high, 4:01 a.m.; 4:42 p.m.; low, 10:15 a.m.; 11:04 p.m.; Cocoa Beach: high, 4:16 a.m.; 4:57 p.m.; low, 10:30 a.m.; 11:19 p.m.

City	Hi	Lo	Pct.
Daytona Beach	89	74	50
Fort Lauderdale	87	75	50
Fort Myers	86	73	50
Gainesville	85	70	40
Homestead	85	74	50
Jacksonville	91	75	50
Key West	87	75	40
Lakeland	85	74	50
Miami	85	77	50
Ocala	85	71	40
Panama City	84	76	50
Sebring	85	75	50
Tallahassee	85	71	50
Tampa	85	77	50
Vero Beach	85	77	50
West Palm Beach	89	75	50

Daytona Beach: Waves are 2 to 4 feet and choppy. Current is running to the north with a water temperature of 76 degrees.

New Smyrna Beach: Waves are 2 to 3 feet and rough. Current is running to the north with a water temperature of 74 degrees.

St. Augustine to Jupiter Inlet — Today: Wind southeast 10 knots Seas 2 feet Bay and inland waters a light chop. Widely scattered morning showers. Tonight: Wind south to southwest 10 knots Seas 2 feet Bay and inland waters a light chop. Widely scattered late night showers or thunderstorms.

The high temperature in Sanford Tuesday was 90 degrees and the overnight low was 72 as reported by the University of Florida Agricultural Research and Education Center, Celery Avenue.

Recorded rainfall for the period, ending at 9 a.m. Wednesday, totaled 0 inches.

☀ Sunny.....8:17 p.m.  
☁ Partly.....6:46 a.m.

The Ultra Violet Index (UVI) rating for Orlando is 9. Better wear hat and sunscreen.

The UVI exposure levels are rated by the Environmental Protection Agency as follows:

0.1-2 minimal
3-4 low
5-6 moderate
7-8 high
9-10 very high

City	Hi	Lo	Pct	Wind
Atlanta	88	73	10	city
Atlanta City	87	65	city	
Austin	88	76	city	
Baltimore	86	62	city	
Boston	84	69	city	
Brownsville	86	76	city	
Buffalo	86	68	city	
Burlington, Vt.	85	61	city	
Casper	78	65	city	
Charleston, S.C.	88	74	city	
Charleston, W. Va.	88	67	city	
Charlotte, N.C.	86	68	city	
Chattanooga	77	59	city	
Chicago	85	68	city	
Cincinnati	82	69	city	
Cleveland	80	67	city	
Concord, N.H.	88	68	city	
Dallas-Ft. Worth	88	79	city	
Denver	91	68	city	
Des Moines	91	76	city	
Detroit	85	75	city	
El Paso	72	65	city	
Honolulu	88	74	city	
Houston	92	74	city	
Indianapolis	91	73	city	
Kansas City	90	79	city	
Las Vegas	90	79	city	
Little Rock	85	75	city	
Los Angeles	87	68	city	
Memphis	88	75	city	
Minneapolis	91	73	city	
Mobile-Ft. Paul	84	69	city	
Nashville	88	72	city	
New Orleans	88	76	city	
New York City	88	71	city	
Omaha	85	74	city	
Philadelphia	91	69	city	
Phoenix	100	81	city	
Pittsburgh	87	64	city	
Portland, Me.	85	61	city	
San Antonio	90	77	city	
San Diego	90	77	city	
Seattle	88	75	city	
Shreveport	88	71	city	
Washington, D.C.	88	71	city	



## THE BRIEFS

### Prostitution

Gwendolyn Joni Rivera, 19, of 1819 Summerlin Avenue, Sanford, was arrested by members of the City/County Investigative Bureau (CCIB), on Monday. Officers said they were conducting an undercover operation at 10th Street and Cypress Avenue when they encountered her. She was subsequently driven by an undercover officer to an area on Seminole Blvd. east of the Sanford Civic Center. During the ride, she reportedly discussed sexual matters as well as selling cocaine. She was subsequently placed under arrest. Charges include assignment to commit prostitution, and sale/delivery of a controlled substance (cocaine).

### Drug arrests

Joseph F. Campbell, 18, of 1111 Dunbar Avenue, was arrested by sheriff's deputies Sunday. An officer reported spotting Campbell in a store in the 4100 block of Orange Blvd. in Lake Monroe, and recognized him as being wanted on an active warrant. Following a search, officers said he was found to be in possession of 12 pieces of what later was proven to be cocaine. He was arrested on charges of possession of a controlled substance (cocaine), sale of a controlled substance (cocaine), and served with a Volusia County warrant for possession of a controlled substance.

DeVon Jackson, of 1849 Lincoln Avenue, Sanford, was arrested by members of the Sanford police QUAD-Squad Monday. Officers located him as the result of a stakeout near a grocery store in the 1800 block of W. 13th Street. He was charged with possession of cocaine with intent to distribute and sale/delivery of cocaine.

Steven Douglas Alston, 19, of 1821 Strawberry Avenue, Sanford, was arrested by Sanford police early Tuesday near 13th Street and Mangustine Avenue, after officers said they saw what appeared to be a drug transaction. Alston was charged with possession of crack cocaine.

Samuel B. Frasier, 25, of Orlando, was stopped by sheriff's deputies on CR-427, south of Benchmark early Tuesday. He was charged with possession of under 20 grams of cannabis and possession of drug paraphernalia.

### Accident

Donna Star Taylor, 34, of 105 Three Oak Lane, Sanford, was arrested by Sanford police Sunday as the result of an auto accident at Eighth Street and Oak Avenue. She was charged with driving under the influence, operating a motor vehicle with a cancelled/suspended/revoked license, and reckless driving.

### Domestic case

Brandon Nolan Weaver, 20, of 1801 W. Second Street, was arrested by Sanford police at his residence Monday following a reported family dispute. He was charged with aggravated battery, domestic violence.

### Sanford police reports

A vehicular burglary was reported Monday at a business in the 2600 block of Jewett Lane. Items taken included a shotgun and pool cue with a total value of \$600.

An estimated \$3,500 in maintenance equipment was reportedly stolen Monday from a storage shed at a business in the 800 block of Melbourne Avenue in Sanford.

Two pieces of jewelry said to be valued at \$2,800 were reported stolen Monday from a residence in the 300 block of Sir Lawrence Drive in Sanford.

### The world in which we live

Seminole High School senior Amber Parker spends her lunch break Tuesday in the school media center. Rummaging through a drawer of maps, and with an atlas at her fingertips, Parker can find with ease distant or neighboring lands. And to complete the search, the school makes computers available for a high tech trip anywhere in the world.

Herald Photo by Sheri Lynn Hill



## Food prices creeping upward

By JOYCE M. ROSENBERG  
AP Business Writer

Chances are, the loaf of bread or package of chicken you bought today costs a little more than it did a month ago.

Food prices are creeping higher due to the storms and drought that have cut into the nation's food supply this year.

So far, the increases aren't astronomical. And careful shoppers can limit the damage by taking advantage of sales and specials.

Moreover, supermarkets say, consumers' total food bills aren't surging higher because the increases on some foods are being offset by falling prices on other products.

A spot check by The Associated Press in several big U.S. cities found prices inching upward between late June and early August on bread, pasta and meat. These increases come on top of a surge over the past year.

"It seems like everything you buy is too high," said Ann Thoren, shopping at Aldi Foods, a grocery store in Des Moines, Iowa.

Some consumers are coping with the increases by adjusting their shopping lists.

"I always look at the ads before I go to the store. I find out what is on sale and tune my

menu to what's on sale," said Celeste Nip, a shopper in Honolulu.

The AP survey also found stores putting meat, cereal and bread products on sale, cutting their profits on those items in the expectation of making up the discounts from regular-priced food and household items.

The government and many economists warn that food prices will continue to rise into next year. The failure of the winter wheat crop in parts of the Midwest is expected to push prices for bread and pasta higher, as much as 8 percent, according to some estimates.

So far prices for bread seem to be ticking up by small amounts. A loaf of Wonder bread that cost \$1.59 in two Columbus, Ohio, stores in late June now goes for \$1.65. In Shaw's in Portland, Maine, bread was up 10 cents to \$1.39.

One of the biggest increases on bread was found in a Dallas Tom Thumb store, where a loaf of Wonder rose 20 cents to \$1.49.

Meat and poultry prices also showed signs of rising, although supermarkets are continually putting a variety of cuts on sale, as they traditionally do. In Kansas City, Mo., Marsh's SunFRESH store charged \$1.99 a

pound for Tyson split chicken breasts, up 20 cents from late June.

In some stores, meat prices fluctuated sharply. The A&P in Wallington, N.J., charged \$3 a pound for London broil, later raised the price to \$3.99, then put the meat on sale at \$1.99 for one week.

In some stores, prices were stable. Prices on meat, bread and pasta at a Super Fresh store in suburban Philadelphia did not change from late June to early August.

Cereal makers, as expected, don't seem to be passing their higher costs on to shoppers despite the rising cost of wheat. In recent months, the big cereal makers — Kellogg, Post, General Mills and Quaker Oats — all announced they were cutting prices to try to increase their market share.

Mike Rourke, a spokesman for A&P, said food prices are only modestly higher. "What does hold it tight is competitive activity" among rival food retailers, he said.

If Today's Prices Make Your Head Spin...



VISIT US!  
We offer high quality...  
Handy people...  
And Prices So Low  
They Stop The Rotation!

**Kaiser**

PONTIAC-BUICK-OLDS TRUCKS  
1590 South Woodland Blvd., Deland  
DELAND 904-796-8882 • DAYTONA 904-257-8548 • ORLANDO 407-429-8548  
LOCATED AT THE CORNER OF HWY. 17-92 & HWY. 15A

## Dr. Jack Kevorkian assists in 34th suicide, wheels body into hospital

By JIM WATSON  
Associated Press Writer

DETROIT — A 59-year-old woman with Lou Gehrig's disease became the 34th person to commit suicide with help from Dr. Jack Kevorkian, who brazenly wheeled her body into an emergency room.

Elizabeth Mertz of Cincinnati died Tuesday, a day after traveling to Michigan with her 30-year-old son, Kevorkian's lawyer, Geoffrey Fieger said.

Kevorkian brought the body to Pontiac Osteopathic Hospital, said Dr. Michael Dargay, an emergency room doctor.

"They gave us information about the patient's name and age and told us that she had Lou Gehrig's disease and that was it, they took off. ... We didn't have a chance to ask any questions," Dargay said.

Kevorkian has been acquitted of assisted-suicide charges in three trials. Mertz's death was the 34th suicide Kevorkian has assisted since 1980 and the sixth since his most recent court victory on May 14.

It was also the second time since his latest acquittal that Kevorkian took a body into a hospital. In the past, Kevorkian relied on various methods that included leaving bodies in a van outside the medical examiner's office or hospitals, and having a friend or relative bring the body to the hospital.

Fieger said it was Mertz's decision to end her life before the disease did.

Amyotrophic lateral sclerosis, a degenerative nerve disorder also known as Lou Gehrig's disease, "is a horrible disease that would have killed her. It chokes you to death," Fieger

said.

Mertz had no vital signs and was pronounced dead shortly after she was brought to the hospital in a wheelchair late Tuesday night by Kevorkian, Dargay said. Kevorkian was accompanied by Dr. Georges Reding, a psychiatrist who has joined his cause, Fieger said.

Kevorkian declined comment. Fieger said Mertz had been in contact with the retired pathologist "for some time."

"She fits all of Kevorkian's criteria. She had been examined by a psychiatrist here. She was fully mentally competent," Fieger said.

It was not immediately clear how the woman died. Kevorkian's patients often commit suicide by inhaling carbon monoxide. Fieger refused to say where she died but said her son was with her.

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### EDITORIAL

## National Night Out

Last night was National Night Out. Some people participated by turning on porch lights. A few held neighborhood parties, including those sponsored by neighborhood watch groups.

The purpose of the event was to focus on the ever increasing number of people who are concerned that crime, including drugs and prostitution, is slowly but surely invading their neighborhoods. In order to band together, neighborhood parties were held with the main goal of allowing neighbors to know other neighbors better, and even discuss mutual problems.

One such National Night Out event stands out as being a prime example of what can be accomplished for this event, if people will work together.

It took place in Remington Oaks, a community just south of the Lake Mary city limits, near Greenway and Longwood-Lake Mary Road. It was the third consecutive year for the gathering, which is getting larger each year.

Over 75 residents (adults as well as children) turned out to participate. The event included hot food prepared on several grills, visitations by members of the Seminole County Sheriff's office, and even a fly-over by the sheriff's helicopter, which flashed its lights down onto the gathering much to the cheers and applause of the youngsters.

Not content with just meeting and eating, special events were also held. Prizes were awarded to members of the neighborhood for contests such as "Decorate Your Porch Light," and "Lighting the Largest Flashlight."

According to people on hand at the event, it was a major success, and people really got to know each other better. A sheriff's deputy reportedly told the president of the homeowners association that Remington Oaks is referred to as a model in Seminole County for its neighborhood watch program.

There were many other neighborhood parties throughout the area including those in Sanford. A few were highly successful. Many were relatively successful. Unfortunately, some flopped because of a lack of participation (or, was it perhaps a lack of concern?).

From what we see, Remington Oaks did it up right. Other neighborhoods and communities might take a look at what they did, and fashion a get-together for next year's observance in similar fashion.

You just can't say, "let's get together." You must have a reason to gather, and something to keep people involved and interested (such as the prizes awarded in Remington Oaks).

What will it take to make your next year's National Night Out event a success? It will take cooperation by at least some of your neighbors, a small financial donation (for prizes, food, etc.), and perhaps involvement by a law enforcement agency.

It will also require the spreading of information. Why are you gathering, what is the goal of the gathering, who will benefit, why should neighbors help other neighbors.

Start planning now for next year. You only have 364 days left and it will take some time.

This is a nationwide observance. Let's show the nation that we are interested and that we will be involved.

### LETTERS

#### Thankful volunteer

Thank you for the very nice article by Susan Wenner that appeared in the Sanford Herald on Tuesday, July 9, 1996, under the Volunteer of the week column. I just happened to be in the right place at the right time, and enjoyed being able to do this for the Hospice Thrift Store. The manager of the Thrift store, Sylvia Mikel, stated that in just two days she received two calls from individuals wanting to be volunteers and one call from someone who had items to donate.

Thank you again for the exposure that this gave the Hospice organization and its work for patients.

I was going to suggest that you feature one of the docents from the Central Florida Zoological Park in case you had not thought of them.

Peggy Stickney  
Sanford, Fla.

### LETTERS TO EDITOR

Letters to the editor are welcome. All letters must be signed. Include daytime telephone number. Letters should be on a single subject and be as brief as possible. The letters are subject to editing.

### ELLEN GOODMAN

## Real mercy, elaborate safeguards

Boston--In some ways, pain has always been at the heart of the matter. It's pain that put the mercy in mercy killing. It's pain that makes death seem to many the lesser of two evils.

Videotapes of suffering are what made jurors acquit Jack Kevorkian. Descriptions of suffering are what infuse the right-to-die arguments on their way to the Supreme Court. And pain, unremitting and unrelieved, is what most healthy people imagine when they favor physician-assisted suicide.

But what if most terminally ill people who consider suicide are not driven by pain but, rather, by depression? What if the very patients who are suffering are less likely to favor physician-assisted suicide or euthanasia? What if, indeed, more than a third of those patients said they would be less trusting of a doctor who mentioned aid-in-dying?

These are three of the findings of the first extensive survey of attitudes among American cancer patients.

Last month, the world's first law allowing voluntary euthanasia went into effect in the Northern Territory of Australia. Similar laws are in the pipeline in our country. Attitudes are in flux.

But the survey published just last week



Cancer patients, after all, form the bulk of the potential clientele.

shows us how little we actually know as we slip and stride across the borders of this new ethical frontier.

For years, Dr. Ezekiel Emanuel, an oncologist and ethicist at the Dana Farber Cancer Institute in Boston, has followed the debate over physician-assisted suicide. He's seen the issue driven by anecdotes and assumptions. Now he has surveyed the real "actors" in this issue: cancer patients and doctors.

Cancer patients, after all, form the bulk of the potential "clientele." In the Netherlands, 70 percent of those who choose euthanasia have cancer. In America, about half a million people a year, one out of five, die from it.

When he started the survey, Dr. Emanuel expected that patients in pain would be the

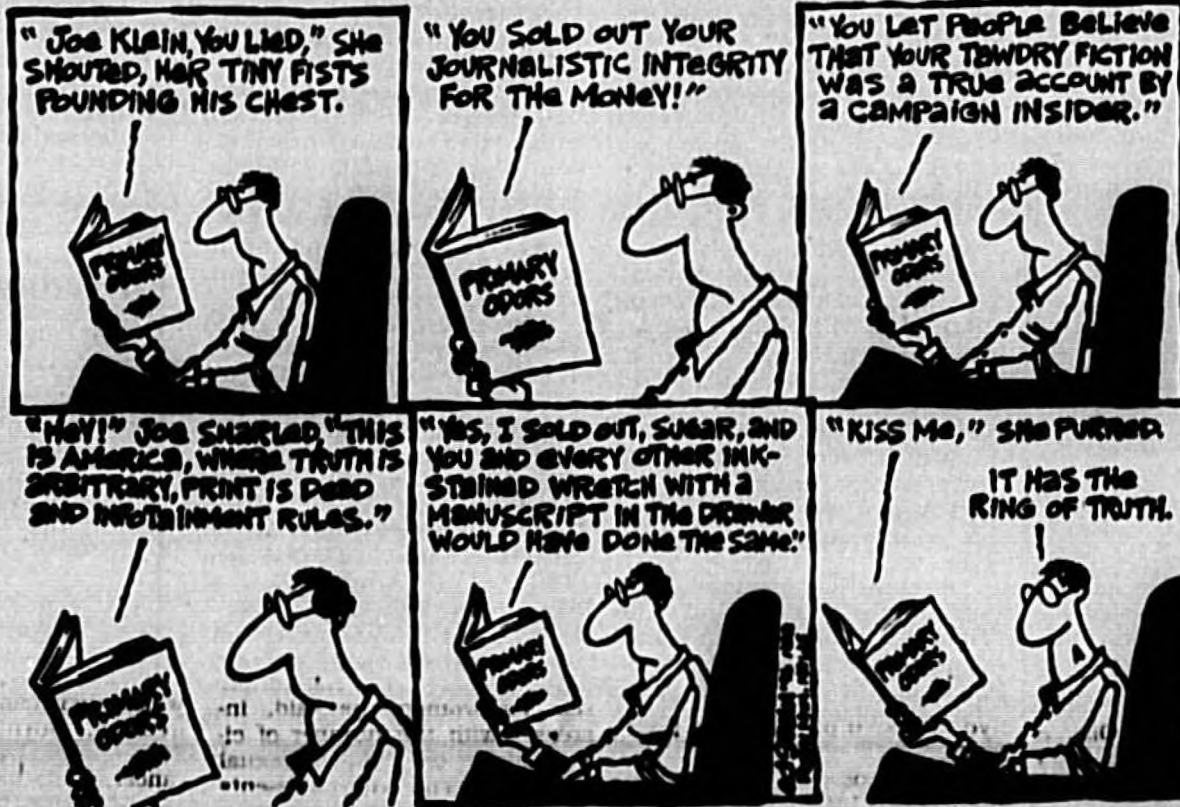
ones who asked their doctors for help or hoarded pills or read the how-to chapters of "Final Exit." Indeed, cancer patients as a whole strongly approved of the option of assisted suicide for patients in severe pain.

But the patients in pain didn't show the most interest in suicide. The prime candidates were people suffering from depression as well as cancer. Now he says, "When your hypothesis is disproved, you wake up out of a stupor."

In some ways, this was not so surprising. In the Netherlands, only half the patients who choose euthanasia cite pain as a reason, and only 10 percent cite it as the sole reason. Similarly, a survey of Washington state doctors suggests that these patients are more concerned about "loss of dignity" or "being a burden."

But this is the first survey to really parse out a question long lingering at the edges of this argument: When is the demand for help-in-dying really a cry for help-in-living?

Depression in terminally ill cancer patients may not be a temporary case of the blues. As Dr. Emanuel says, "There is this view, of course, they're depressed, they're dying. But there isn't any necessary relationship between depression and dying."



### WILLIAM RASPBERRY

## Replacing welfare with work

Washington--There are at least a couple of ways to teach non-swimmers to swim. You can buoy them up on inflatable doodads and hope it will make them feel secure enough to try swimming on their own. (Meanwhile, you can shout instructions and encouragement.) A good number of people have learned to swim that way. Many others are still clinging to the doodads months and years later--unable or unwilling to let go.

Or you can show them what swimming is basically about and then throw them into the water. Some people learn to swim that way, too. Others have to be rescued, and a few, no doubt, drown.

Wisconsin has tried to combine the best of two approaches--not to teach swimming, of course, but as an attempt at welfare reform.

"Wisconsin Works", or "W-2," as Gov. Tommy Thompson calls his controversial new program, tries to solve the problem of how to get people off welfare by the radical expedient of never putting them on in the first place. People who apply for financial assistance are required to work in exchange for their benefits. Private sector work, if it is available, public sector work if it isn't, and training where it is needed.

The plan avoids some of the frustrations of earlier attempts at radical reform. For instance, it avoids the work or training loophole that has had some welfare recipients in near-permanent training classes without ever graduating to a job. Wisconsin will pay for training--and also subsidize child care and other costs--but not instead of work. (You get a little flotation help, but you've got to kick and paddle for yourself.) And the public sector jobs the state provides as a last resort pay less than their private sector counterparts--the idea being to avoid transforming public work into the equivalent of permanent water wings.

Wisconsin also avoids one of the traps of President Clinton's two years and out proposal, a proposal I might have found sensible if I hadn't remembered a housing program the District of Columbia tried some 30 years ago. The city, which at the time had a waiting list of thousands of families for public housing, came up with the idea of emergency temporary shelter for families in particularly dire straits, victims of fires or evictions, for instance. But the small building bought for the purpose, eight or 10 units, as I recall, quickly filled up. And when officials moved to enforce the time limit, they became the bad guys, toasting poor and helpless families into the street. The experiment was quietly buried.



The plan avoids some of the frustrations of earlier attempts at radical reform.

I saw Clinton's two years and out as similarly flawed, inexorably leading to the time when the government would be the creator of the problem it had tried to avoid, like yanking the inflatable raft from under a person who hadn't yet learned to swim. Maybe Clinton has come to see it that way, too. He has endorsed the Wisconsin approach.

It is, by the way, not the only interesting approach out there. I've just seen a compilation of "work first" strategies and recommendations put together by Lyn Hogan for the Democratic Leadership Council. What is striking about this "Blueprint for Change" is how un-Democratic it sounds. Like Clinton's tactic of endorsing the most sensible of GOP proposals, the DLC is practically ecstatic about Republican Tommy Thompson's program, and several other similarly tough ones.

The DLC's 10-step approach for sound welfare reform begins with the elimination of AFDC and other unconditional entitlements, even when linked to job training. And it ends by urging states to combine "unambiguous condemnation of irresponsible childbearing with community-based solutions that strengthen and support families and reinforce community values."

More to the point, it makes more sense than the continual efforts to reform welfare without fundamentally changing it.

Listen to Hogan: "Replacing welfare with an employment system abolishes welfare's perverse incentives. A work-based system will move people from dependence on government to self-sufficiency; replace the indignity of handouts with the dignity of work; reward initiative, not punish it; and make opportunity, responsibility, family and community the organ principles of life for the nation's poor."

No inflatable doodads there.

### JACK ANDERSON

## Resentment compounding daily at FDIC

WASHINGTON -- The nation's top bank regulators are once again fretting over a ticking time bomb.

A confidential report on workplace violence at the Federal Deposit Insurance Corp. has found that downsizing at the agency "has created an environment with a high potential for workplace violence."

The February 1996 study, conducted by the California-based Workplace Violence Research Institute, recommended that "(safety) training commence immediately and that basic procedures be implemented before layoffs begin in late spring."

"There is no coordinated system for reporting and tracking of incidents," the report states. "However, almost every site has anecdotally reported less-than-lethal violent incidents, near misses, harassment, intimidation, threats, assaults, employees with guns in the workplace, bomb threats and other occurrences."

Dennis Geer, FDIC's chief operating officer, told us the agency has "taken a whole series of steps" to beef up security, including mandatory workplace safety training for all supervisors.

Layoffs at the FDIC have been the talk of the agency for months. More than 900 employees have accepted buyout packages of six months' salary plus health benefits. Even so, thousands of employees are expected to lose their jobs in the near future.

Such downsizing is the price that the agency is paying for success. In the late 1990s and early 1990s, agency staff levels swelled as a rash of bank failures brought the industry to the brink of collapse.

With banks healthier today than they've been in decades, however, fewer regulators are needed. Bank consolidation has also left the agency with fewer institutions to oversee.

Agency employees have also been dealt a blow by the successful clean-up of the savings-and-loan debacle. The FDIC was forced to absorb 2,964 employees from the Resolution Trust Corp. when the thrift clean-up agency shut down Jan. 1. By law, 900 of those workers could not be laid off for at least one year.

"You have all these people coming back to the FDIC who never worked there," one agency insider complains. "That's created a lot of resentment."

The FDIC has already reduced its staff considerably from its peak of 15,000 employees in 1992. But it still must shed about 3,500 workers to reach its "target" staffing level of 6,800 employees.

After interviewing hundreds of agency employees, the report's authors found several common threads among workers' complaints:

-- "Frustration over 'the bureaucracy' and difficulty in getting timely and accurate information about decisions that will affect them."

-- "Widespread distrust of local and headquarters management."

-- "Denial that layoffs through non-renewal of contracts and reductions-in-force will actually take place, usually accompanied by false hope that there will be a reprieve."

UNDER THE DONE -- It hasn't taken long for freshman Rep. J.D. Hayworth, R-Ariz., to earn a reputation as one of the biggest windbags on Capitol Hill.



The nation's top bank regulators are once again fretting over a ticking time bomb.





The Welaka Building, 114 W. First Street in downtown Sanford. This is Quantum Architecture's conceptual plan for the left side elevation, along Oak Avenue.

## Welaka

Continued from Page 1A

shops, plus the main entrance, which goes to the stairway leading upstairs to additional space.

tentatively for offices. Other items scheduled for consideration by the HPB at Thursday's meeting include applications concerning commercial property at 210 S. Park

Avenue, and residential property at 318 Palmetto, 706 Magnolia, 1300 Oak Avenue and 801 Elm.

The meeting is scheduled to be held beginning

at 4:30 Thursday afternoon, in the city commission conference room of Sanford City Hall, 300 N. Park Avenue.

The meeting is open to the general public.

## Briefs

Continued from Page 1A

For further information about the program, phone Academic Year in America (AYA) at its main office in Greenwich, Conn., 1-800-322-4678, ext. 5410.

### Volunteer training

LONGWOOD — The Seminole Service Center of the American Red Cross of Central

Florida will hold a volunteer orientation, Monday, Aug. 26, from 7 until 9 p.m. at 706 W. SR-434 in Longwood.

Interested area residents can receive an overview on how to assist the Red Cross during disasters, including local fires or hurricanes, or how to become an instructor in CPR, first aid, HIV/AIDS or water safety.

The course is free. For more information or to register, phone 332-8200.

## Band

Continued from Page 1A

scheduled at a time when the youngsters have had time to rehearse their routines and perform a few times, but before the state and national band competitions begin.

"It always gave them a chance to work the bugs out of the routines before they started competition," she explained.

The festival has traditionally drawn more than a thousand fans a year and has helped finance band scholarships and charitable programs sponsored by the Optimists and to provide

money for the band programs at the host schools.

"But mostly it was a tradition and I think young people need traditions now more than ever," Ogden noted.

Students and parents alike looked forward to the festival each year as a friendly competition and a chance to see all the county bands in one place, uninterrupted by football games.

Terry Pattishall, band director at Lake Mary High School and president of the bandmasters association, could only pay that

the scheduling conflict was something that could not be overcome at this time.

No one wanted to speculate on the possibility of reviving the festival for the 1997-98 school year.

"I don't know," Ogden said. "Sometimes when one door is closed another one is opened up."

She said the Optimist Club was looking into other possible programs, including a choral festival before the start of their season later in the school year.

## Fats

Continued from Page 1A

"Trans fat is a secret killer," said Dr. Walter Willet, chairman of the nutrition department at Harvard School of Public Health. Labels tell you how much saturated fat you're eating. With Willet, who studies diet and heart disease, said two years ago that trans fatty acids were probably worse than saturated fats because of their apparent effects on low-density lipids, known as bad cholesterol.

"Few people know that trans raises cholesterol levels as much as saturated fat does," said Dr. Margo Wootan, a senior scientist at the Washington-based consumer advocacy group.

Trans fats are created when vegetable oil is hardened by hydrogenation. While many foods made with partially hydrogenated oils or shortening are viewed as healthy because they don't have cholesterol or saturated fat, the trans fats they contain are just as bad, Ms. Wootan said.

"Even if you're a well-meaning consumer, it's hard to know

where these fats are in food and how to avoid them," she said, adding that the truly concerned should read labels and avoid foods made with hydrogenated oils.

The National Restaurant Association and the Institute of Shortening and Edible Oils, a Washington trade group, said research on the subject was contradictory and inconclusive.

"The food police are trying to scare people about the food they eat at home and in restaurants," said W.W. "Biff" Naylor, chairman of the restaurant association. He said an Agriculture Department study on trans fats won't be completed until next year.

The industry said hydrogenated fats are "good alternatives" to saturated animal fats, and noted that they constitute less than 5 percent of total calorie intake. That's compared with 12 percent of calories from saturated fat and 34 percent from total fat, officials said.

For its study, CSPI analyzed 41 supermarket and restaurant foods bought in seven cities. The

results will be published in the September issue of its newsletter.

To cut down on trans fat intake, CSPI advises consumers to:

• Avoid foods with vegetable shortening or partially hydrogenated oil and deep fried foods.

• When possible, use olive or canola oil instead of butter, margarine or shortening.

• Choose tub margarine over sticks, if you must use margarine. To cut fat and calories, get light, low-fat or fat-free brands.

• Remember that foods that are cholesterol-free, low-cholesterol, low-saturated-fat or made with vegetable oil aren't necessarily low in trans fat. Saturated fat-free foods are.

Robert Reeves, president of the shortening industry group, said it's more important that consumers follow government guidelines to limit saturated fat intake to 10 percent of calories, and total fat to no more than 30 percent.

"That dietary regimen, mixed with physical exercise, is as good a dietary advice as I think one can have," Reeves said.

### CARY LEVI BURCH

Cary Levi Burch, 65, Northwest 34th Street, Ocala, died Tuesday, August 6, 1996 at Estelle House, Ocala. Born June 5, 1931 in Dawson, Ga., he moved to Ocala from New Jersey in 1966. He was a retired painter and carpenter. He was Pentecostal.

Survivors include sons, Kenneth Lee, Baton Rouge, La.; Cary Levi Jr., Lake City, Jeremiah, Austin, Tex.; daughters, Joyce Henry, Mary E., and Veronica C., all of Sanford; brother Ruben Eugene, Sanford; sisters, Ida M. Smith, Sanford, Sarah A. McGee, Sarasota, Minnie B. Royal and Ola B. Hardy, both of Ocala; 14 grandchildren; one great grandchild.

Sunrise Funeral Home, Sanford, in charge of arrangements.

### REV. GLENN JACKSON

Reverend Glenn Jackson, 93, Hawkins Avenue, Sanford, died Thursday, Aug. 1, 1996 at Longwood Health Care Center. He was born Dec. 5, 1902 in Lexington, S.C. He was a minister, and affiliated with St. John Missionary Baptist Church.

Survivors include sisters, Ruth Hill, Tucson, Ariz., Gladys Stephens, Columbia S.C.

Wilson-Eichelberger Mortuary, Inc., Sanford, in charge of arrangements.

### DONALD J. O'NEIL

Donald J. O'Neil, 72, Lantana Place, Oviedo, died Monday, Aug. 5, 1996 at Florida Hospital South, Orlando. Born June 9, 1924 in Hermitage, Pa., he moved to Central Florida in 1991. He was an accountant. He belonged to St. Joseph Catholic Church. He was a member of VFW, BPO Elks, and a U.S. Army veteran.

Survivors include wife, Julia; sons, Martin J., Lakeland, Donald M., Orlando; daughters, Maureen Copeland, Longwood, Collette A., Winter Park, Colleen M., Leonard, Oviedo, Kathleen M., Reidelbach, Orlando; sister, Loretta Chubb, Canonsburg, Pa.; five grandchildren.

Baldwin-Fairchild Funeral Home, Oviedo, in charge of arrangements.

### HENRY COPELAND PERRY

Henry Copeland Perry, 63, of Lake Breeze Circle, Lake Mary, died Monday, Aug. 5, 1996 at Orlando Regional Medical Center. Born Sept. 20, 1932 in Cave, Westmoreland, Jamaica, he moved to Central Florida from Syracuse, N.Y., in 1991. He was a land surveyor. He belonged to Church of the Nazarene of Lake Mary.

Survivors include wife, Jacqueline; sons, Dr. Peter C., Lake Mary, James B., Fort Lauderdale, Dr. John W., New York; daughter, Gillian E. Bachstein, Pennsylvania; sisters, Selma Binnie and Dell Tate, both of Jamaica; five grandchildren.

Baldwin-Fairchild-Oaklawn

Park Cemetery and Funeral Home, Lake Mary, in charge of arrangements.

### J. LEON TAYLOR

J. Leon Taylor, 80, Harbor View Lane, Belleair Bluffs, died Saturday, Aug. 3, 1996 at his residence. Born Sept. 28, 1915 in Benevola, Ind., he moved to Central Florida in 1968. He was a retired accountant for the postal service. He belonged to First United Methodist Church, Sanford, U.S. Coast Guard Auxiliary 13-08, Upper Keys Sailing Club, Sanford Lodge 62, 32nd degree Mason, Scottish Rite Valley of Tampa, American Legion, Brandon-Turner Post 7, International Accountant Society, U.S. Tennis Assoc., and AARP. He was a World War II Army Tank Corps.

Survivors include daughter, Barbara A. Jones, Richmond, Va.; stepdaughter, Mary Ester Raker, Brandon; stepsons, C. Richard Powell, New Smyrna Beach, F.J. Roth III, Clemmons, N.C.; three grandchildren; five great grandchildren.

Brisson Funeral Home, Sanford, in charge of arrangements.

TAYLOR, J. LEON  
Graveside funeral services for J. Leon Taylor, 80, of Belleair Bluffs, who died Saturday, will be held Wednesday, 10 a.m., at the Evergreen Cemetery with Rev. Clifford Marvin officiating.  
Arrangements by Brisson Funeral Home, Sanford.

## Straying husbands, lovers said spreading cervical cancer virus

By PAUL ROSEN  
AP Science Writer

WASHINGTON — Husbands who have many sex partners outside their marriage may bring cancer home to their wives, according to a study published today.

The study in the journal of the National Cancer Institute found that women are five to 11 times more likely to develop cervical cancer if their men frequent prostitutes or many other sex partners during a marriage.

Human papillomavirus, or HPV, which is commonly spread by sexual intercourse, is what causes the cervical cancer, said Dr. Keerti V. Shah, a professor at the Johns Hopkins University School of Medicine and a co-author of the study.

"Male behavior is the important thing in this cancer," said Shah. "In effect, the husband takes cancer home to his wife."

He said men who have many extramarital sex partners are very likely to spread the HPV virus to their wives and that up to 97 percent of cervical cancers are infected with that virus.

Although the study showed that men gave the virus to their wives, a woman can put herself at increased risk by having many different sexual partners as well, Shah said. The cancer risk for women, he said, increases with the number of either direct or indirect sexual exposures. The virus presents almost no cancer risk for men, he said.

The study was conducted in Spain because earlier studies had shown a high degree of monogamy there among married women and a low rate of cervical cancer, Shah said. This allowed the researchers to isolate behavioral patterns that differed between women who had the cancer and those who did not.

The study compared the sexual patterns of husbands whose wives have cervical cancer with a control group of husbands whose wives were healthy. It took into account other factors, such as smoking.

In the study group were 183 women with cervical cancer and their husbands. The control group had 171 couples.

Risk of cervical cancer was increased 11 times for wives of men who had 21 or more other sex partners during the marriage. The cervical cancer risk was eight times greater among wives of men who employed 10

or more prostitutes during the marriage, the study found.

Dr. Willard Barnes of Georgetown University School of Medicine said the study reinforces evidence that "cervical cancer in many ways is similar to classic venereal disease."

"HPV is a very common type of virus," he said. "It has been known for some time that it places women at a higher risk of cervical cancer. The message from studies like this is that men should stay home."

There are more than 75 different strains of HPV virus. Shah said the researchers found all different types of HPV strains in genital specimens taken from the husbands.

There is no treatment for HPV infections, but the body's own immune system usually eradicates the virus in six months to 18 months. The infection, however, can be restarted, over and over, if there is new exposure. And the more exposures, Shah said, the greater the chances that an infection will lead to cancer.

Correct use of condoms can lower the risk of spreading HPV, Shah noted. And women can protect themselves from cancer through regular gynecological examinations and Pap smears.

Pap smears can detect abnormal, precancerous cells which then can be removed by freezing, burning or surgery. This generally prevents the cancer, Shah said.

Routine medical screening is credited with reducing the U.S. cervical cancer rates since the 1970s. According to National Cancer Institute statistics, the cervical cancer rate in 1973 was

14.2 per 100,000 American women. In 1991, the last year for which figures are available, the rate had dropped to 8.6 per 100,000.

Detected early, cervical cancer has a five-year survival rate of about 90 percent. At a later stage, when the cancer has spread to distant sites, the five-year survival rate is 11.6 percent.

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## Travel

Continued from Page 1A

• Asian Americans and Pacific Islanders are least likely to stay in a private home.

• Black American travelers are least inclined of any group to travel for outdoor recreation purposes but are most inclined to rent a car.

Top destinations for traveling Hispanics include California, Florida, Nevada and Texas, while top destinations for blacks were Texas, Georgia, North Carolina and Virginia.

The study is intended to help travel agencies and other industry segments tailor package tours and deals to specific groups, Norman said.

Minority tourism represents only about \$60.5 billion of the \$350 billion spent by American travelers in the United States.

But, because populations of blacks, Hispanics and Asian Americans are growing faster than whites, the travel industry keenly wants to identify its interests.

Norman also emphasized that certain characteristics are common to all American travelers: Most travel for pleasure. Most say they travel to visit family and friends. Most consider shopping their top activity. And a majority use cars when traveling in the United States.



**WORLD BRIEFS**



**One twin aborted**

LONDON — All the court orders and all the cash offers couldn't have stopped a pregnant woman from aborting one of her twins. It turned out she already had the abortion — and a month ago at that.

The news infuriated abortion opponents, who had won a court order Tuesday to stop the procedure. A lawmaker accused the hospital that performed the abortion of misleading the public and demanded a government inquiry into the case.

"There was no reason to kill this baby, which was perfectly healthy," said Ann Winterton, chairwoman of the All-Party Pro-Life Group of House of Commons lawmakers.

It was unclear whether the government would agree to an inquiry into the case. The mother is reported to be a 28-year-old, unmarried mother of one who sought the abortion because of financial difficulties.

**NATIONAL BRIEFS**



**Mollifying moderate Republicans**

SAN DIEGO — Fresh efforts are under way to mollify moderate Republicans threatening to go live from San Diego with the party's abortion angst at next week's convention.

Several governors warned Tuesday of a possible floor fight if the party does not do more to accommodate abortion-rights supporters. "That unfortunately may be the only option," California Gov. Pete Wilson said, declaring the GOP's existing abortion language "could scarcely be less open."

"If there is a floor fight, New Jersey will be there," vowed Gov. Christie Whitman.

The platform committee turned back several attempts to soften the hard line on abortion won a day earlier by social conservatives, before finishing its work on the issue.

**Senate nominees oppose abortion**

Republican voters in Kansas, Michigan and Georgia chose Senate nominees who oppose abortion over candidates who back abortion rights in a stunning rebuke to moderates calling for tolerance less than a week before the start of the party's national convention.

In Bob Dole's home state, the GOP contest pitted Republican moderates aligned with the woman who succeeded him against the party's social conservatives — and the conservatives won easily.

Rep. Sam Brownback, an outspoken leader of the 1995 freshman House class, got 55 percent of the vote to defeat Sen. Sheila Frahm, who received 42 percent. Frahm was appointed to replace Dole in June.

In Michigan and Georgia, there was virtually no ideological differences between the candidates — except over abortion.

**Life on Mars?**

WASHINGTON — Earthlings have yearned for centuries to find life on Mars, but the first study to present serious evidence of microbes on the red planet is being denounced quickly by other scientists.

A study by researchers at the National Aeronautics and Space Administration and three universities claimed on Tuesday to have found in a rock from Mars organic compounds they say were deposited by primitive life forms before the rock was blasted into space and sent on a 15 million-year voyage to Earth.

The study was prepared for publication in the journal *Science* next week. Officials at the journal released copies on Tuesday after word of the research leaked.

Several experts, some of whom have spent their professional lives looking for life beyond Earth and speculating about its existence, scoffed at the claim and said the evidence would have to be much stronger to be credible.

**General and colonel reprimanded**

WASHINGTON — An Air Force general and colonel have been reprimanded for "dereliction of duty" in connection with the April crash that killed Commerce Secretary Ron Brown and 34 others in Croatia.

In all, 16 officers were given punishments ranging from letters of reprimand to counseling in connection with the crash of the CT-43 aircraft near Dubrovnik on April 3.

In an announcement, the Air Force said Brig. Gen. William E. Stevens, the commander of the 88th Airlift Wing at Ramstein Air Base in Germany, and his operations commander, Col. John E. Mazurkowiak, were given letters of reprimand under Article 15 of the Uniform Code of Military Justice. Brown's plane was under the command of that wing.

It is the most serious punishment that can be meted out by the service short of a court martial.

**Mother, son electrocuted in back yard**

ANTIOCH, Ill. — A steel cable used to anchor dogs in a back yard touched a power line as a woman was tying up one of her pets, electrocuting her and her 11-year-old son, who had tried to help.

Gail Luna, 29, was barefoot and standing on wet grass Tuesday when she grabbed the cable — kept high and suspended like a clothes line — and tugged on it, fire Chief Dennis Volling said. The cable then touched the power line, which ran from a pole to the house.

Luna's son, Ronald Jackson, saw his mother collapse and ran to a neighbor's house to try to get help. When he returned to help his mother he was electrocuted, Volling said.

Luna would attach her dogs' leashes to the steel cable to allow them to run around without getting away. Over time, the leashes had apparently rubbed away insulation on the power line by sliding back and forth at the point where it touched the cable, Volling said.

The dog that Luna was tying up when she was electrocuted was not injured.

**Airlines cut fares again**

LOS ANGELES — Major airlines launched a new fare war, slashing prices to as little as \$200 for a cross-country, round-trip ticket.

American West Airlines launched the latest price knockdown Monday, only three weeks after another deep fare cut sparked a stampede of bargain-hungry travelers. The offer was quickly matched by United, American, Delta and Trans World Airlines on routes where they compete with America West.

Based in Phoenix, America West is a medium-sized carrier that flies nationwide.

The new fares include a \$100 round-trip price between Burbank and Tucson and a \$200 round-trip fare from Los Angeles to New York.

They do, however, carry numerous restrictions. Customers must buy round-trip tickets, and must purchase them no later than Saturday. At least a three-day advance purchase is also required and customers must fly at night to get the best bargains.

From Associated Press reports

**Candidate's running mate choice is often a last-minute fiasco**

By TOM RAUM  
Associated Press Writer

WASHINGTON — Bob Dole may want to heed his own past words in picking a running mate.

"I don't want to go down there and grovel for second spot," he protested in 1988 as the GOP convention in New Orleans was about to get under way without Vice President George Bush having named a running mate. Dole called the process "de-meaning."

For decades, presidential candidates of both major parties have locked up their respective nominations weeks and even months before national conventions. Yet selecting a running mate is almost always a last-minute endeavor. And often not a pretty one.

And, unless Dole is just carrying on a charade and has already picked his running mate, it looks as if his choice also will go right down to the wire.

Dole is expected to name his running mate in his hometown of Russell, Kan., on Saturday, before heading to San Diego on Sunday for the Republican convention. But he's keeping his decision to himself.

"It'll be, hopefully, a surprise, but not to me," he said recently.

If his decisions about quitting the Senate and announcing an economic program are any guide

— they were closely held until the last moments — Dole may be able to keep a wrap on his choice of a running mate until the last minute.

Recent political history brims with late-hour choices.

When Bush was selected as Ronald Reagan's running mate in 1980, he wasn't Reagan's first or even second choice. Many convention-goers in Detroit — and TV watchers at home — heard rampant rumors that Reagan had offered the No. 2 spot to former President Ford.

It led to confusion and forced Reagan to make an unscheduled late-evening trip to the convention hall — a day before he was to appear — to announce Bush was his choice.

When Bush's turn came in 1986, the process was even messier.

When Bush arrived in New Orleans, even his top aides didn't know his choice was Sen. Dan Quayle.

Quayle had only minutes to get to New Orleans' Spanish Plaza and make it through a dense crowd to the Mississippi river boat on which Bush had arrived.

"It was a mob scene," Quayle wrote later. "This was not the best-planned episode in political history, and it certainly had its comic aspects."

Embarrassing details about Quayle's military record

emerged the next day.

"Nobody knew until the last second," recalled GOP operative Mary Matalin, who worked in Bush's 1988 and 1992 campaigns. "We had three-ring binders in '88 on every potential candidate from (Jack) Kemp to Dole. When Quayle was chosen, the briefers came in with one page Xeroxed from the 'Almanac of American Politics.'"

She said Dole's process was more methodical. "But he's trying to avoid a repeat of the Mondale 'cattle call.'"

Walter Mondale, the Democratic presidential candidate in 1984, auditioned a diverse string of contenders before settling on Rep. Geraldine Ferraro of New York once the convention had begun.

"The selection of a vice president is one of the most important things the presidential candidate does," said Dayton Duncan, a Mondale aide in that campaign, now a political scientist in New Hampshire.

"It is also probably the most over-analyzed and over-reported. It happens when there is little else going on. There is an incredible media frenzy that surrounds the process." Ferraro's family financial dealings became an issue in the campaign.

Bill Clinton's selection of Sen. Al Gore of Tennessee in 1992 is generally cited by strategists of

both parties as an example of one of the smoother operations. But even that came on the eve of the Democratic National Convention.

Dole himself was a last-minute choice in 1976 as Ford's running mate. In a meeting among GOP officials and Ford advisers that lasted almost until dawn on the very day Dole was nominated.

One reason candidates wait until the last minute, of course, is to exploit surprise.

But "the bigger the surprise, the greater the risk," said Stephen Hess, a specialist on the presidency at the Brookings Institution who worked in the Nixon administration.

"I don't think Richard Nixon had had more than one conversation with Spiro Agnew in his life before he picked him. And he was stunned by the time Agnew had arrived in Detroit and was saying, 'If you've seen one slum, you've seen them all.' I was at Harvard and quickly got a call from (Nixon aide) Bob Haldeman: Could I get on the Agnew plane? And I did."

EDITOR'S NOTE: Tom Raum has covered presidential elections for The Associated Press since 1976.



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# Sports

# B

## IN BRIEF

### LOCALLY

#### Women's softball meeting

SANFORD — The Sanford Recreation Department is now offering Adult Fall Women's Softball Leagues starting in September.

A meeting for the Fall Season, as well as recognizing the winning teams from the Spring Leagues, will be held tonight at 6:30 p.m. in the Downtown Youth Center at Sanford City Hall.

For more information please call 330-5696.

#### Carolina 7, Orlando 3

ORLANDO — D.J. Boston again led the Carolina offense, going 4 for 5 with a home run and a double in a 7-3 win over Orlando.

The Mudcats scored four runs in the fifth inning to break open a one-run game. Carolina led 2-1 when Lou Collier hit a run-scoring single. T.J. Staton (4 for 5 with one homer and two doubles) belted a two-run homer and Marcus Hanel followed with a ground-out RBI.

Orlando scored a pair of runs in the sixth on a Dee Dowler two-run double. Carolina added one more run in the top of the seventh.

Boston finished the game with three RBIs and one run scored for the second night in a row.

#### Sanford adult flag football

SANFORD — The City of Sanford Recreation and Parks Department is now offering Adult Flag Football.

An organizational meeting will be held on Monday, August 12 at 6:30 p.m. in the Downtown Youth Center at Sanford City Hall.

For more information please call 330-5696.

#### Men's, Church, Co-Ed softball

SANFORD — The City of Sanford Recreation and Parks Department is now offering Adult Fall Softball Leagues starting in September for men's, co-ed, and church.

A meeting for the Fall Season, as well as the awarding of trophies and T-shirts to the winning teams from the Spring Leagues, will be held on Monday, August 12 at 6 p.m. in the Downtown Youth Center at Sanford City Hall.

For more information please call 330-5696.

#### Sanford youth flag baseball

SANFORD — The City of Sanford Recreation and Parks Department is offering Instructional Baseball at Ft. Mellon Park.

Sign-ups will begin on August 12 at City Hall. Instruction starts on September 3. The days will be Tuesday for 7-9 year olds and Thursday for 10-12 year olds and run from 6 p.m. to 8 p.m.

Games will start on Saturday, September 14.

For more information please call 330-5696.

## AROUND THE STATE

### Panthers sign four players

FORT LAUDERDALE — The Florida Panthers signed four players: defenseman Bob Halkidis, centers Craig Ferguson and Ryan Johnson and left wing Gaetan Poirier.

Halkidis, 30, is entering his 12th season after playing with Buffalo, Los Angeles, Toronto, Detroit, Tampa Bay and the New York Islanders. He recorded eight goals and 32 assists.

Ferguson, 26, played for Montreal, Calgary and Los Angeles last season, recording six goals, and nine assists.

Johnson, 20, was Florida's 1994 fourth round pick out of the University of North Dakota.

Poirier, 19, a native of Moncton, New Brunswick, was a 1996 sixth round draft pick out of Merrimack College in Massachusetts.

## ELSEWHERE

### Rockies 11, Marlins 0

DENVER — Mark Thompson pitched only the third complete-game shutout in the two-year history of Coors Field as the Colorado Rockies routed the Florida Marlins 11-0 Tuesday night.

Thompson (5-9) pitched a seven-hitter, struck out four and walked four in his first career shutout and second complete game.

Ellis Burks scored three runs to raise his season total to 104, breaking Dante Bichette's team record of 102 set last year.

Colorado, which had 17 hits, went ahead in the first on RBI singles by Burks and Bichette, and Eric Young singled in a run in the second. The Rockies made it 7-0 in the fourth on RBI singles by Walt Weiss and Young, a run-scoring error and an RBI double by Andres Galarraga.

The Rockies had their second four-run inning in the eighth. Angel Echevarria, Vinny Castilla, Jayhawk Owens and Weiss hit RBI singles.

Thompson got out of a second-and-third jam in the sixth when Jeff Conine bounced out to third. With the bases loaded in the seventh, Quiroga Veras grounded into a fielder's choice.

**BEST BETS ON TV**

**BASEBALL**  
 7:30 pm, 10:30 pm — ESPN, teams TBA. (L)

# An agonizing end

## Post 53 falls to DeLand; finishes fourth

From Staff Reports

BRADENTON — From the penitence to the outhouse in a matter of minutes.

Sanford's Campbell-Lossing Post 53 came within one pitch of advancing to the championship round of the 1996 American Legion Baseball A Division State Tournament at Manatee Community College, but a couple of miscues and bad bounces turned into two runs as Post 53 fell to eventual state champion DeLand Post 698 Friday afternoon.

The Sanford nine then tried to make a comeback through the Loser's Bracket, but after getting off to a good start, ran out of gas on a very hot afternoon and was eliminated by Miami Post 289 11-9.

Post 53 led 8-7 entering the bottom of the ninth inning and relief pitcher Brad Jenkins got out two of the best Post 6 hitters before getting two strikes on the next batter.

Jenkins eventually walked that batter and Kenyon reached on an infield hit that bounced over Jenkins' head. Jenkins then appeared to pick Kenyon off, but the ball was dropped. The next two

See Legion, Page 2B

1996 AMERICAN LEGION BASEBALL A DIVISION STATE TOURNAMENT AT MANATEE COMMUNITY COLLEGE BRADENTON FLORIDA

FRIDAY  
 POST 49 POST 538

Sanford Post 53 004 000 100 — 8 10 4  
 DeLand Post 6 101 010 002 — 9 9 3

Younans, Jenkins (7) and Vera Underhill not available. (8) and Reid (9) Not available.  
 LP: Jennings, Sava — none 2B — Post 53  
 Meadows 2 Youmans Post 4 Carr 2 Morgan 1B  
 none HR — Post 53 Eubanks Post 4 Carr

SATURDAY  
 POST 289 (1) POST 539

Miami Post 289 011 033 022 — 11 10 3  
 Sanford Post 53 111 010 002 — 9 14 3

Lotzides, Colomau (3) and Huggot Mabun, Lyle (8) and Youmans (9) — Colomau LP — Mabun Sava — none 2B — Post 289 Perez, Parnis Post 53 Youmans 1B — Post 289 Perez, Forte, Garriga HR — Post 53 Acosta Records — Post 53 14



Phillip Eubanks (upper, right) was 4 for 8, including a home run, and scored four runs. Mike Meadows (above left, making tag) was 4 for 9, including a pair of doubles and scored two runs, and Alexis Acosta (above left, behind Meadows) was 4 for 10, including a home run and scored three runs, but the efforts of the Seminole High stars were not enough as Sanford Post 53 dropped two tough games Friday and Saturday to finish fourth in the 1996 American Legion Baseball A Division State Tournament at Manatee Community College in Bradenton.

After the tournament, Meadows (right) signed a professional contract with the New York Mets and has already reported to their rookie farm team at St. Lucie.

File Photos



## SPRING VOLLEYBALL CHAMPIONS



Receiving their trophies from Recreation Supervisor Rocky Ellingsworth (far right) Tuesday night for winning the Sanford Recreation Department Spring Co-Ed Volleyball Leagues were (from left to right): Matt Hibbard from Recreation A champion Kathy's Baby Shop, Eddie Cherry from Recreation B champion Palmetto Avenue Baptist and Brandi Coppock and Tim Love from the Power champion Hitmen.

## NBA, Heat discuss Howard

Associated Press

MIAMI — The NBA and the Miami Heat could be nearing a legal settlement to clear the way for Juwan Howard to play in Washington the next seven seasons, according to published and broadcast reports.

Howard's playing future was thrown into the lap of the courts after the league last week rejected Howard's \$100 million deal with the Heat, claiming it violated the league's salary cap rules. The NBA gave permission for a similar contract with the Bullets, the team Howard played for last season.

Reports by ESPN and CNN on Tuesday that the Heat had already decided to surrender the right to arbitration over the issue were denied by the league. But the league firmly believes it will get its way.

"I am very confident Juwan Howard will remain with Washington," Jeffrey Mishkin, the NBA's executive vice president and chief legal officer, told The Washington Post.

A Dade County court issued a temporary injunction Friday preventing Howard from leaving the Heat until an arbitrator determines the validity of his contract with Miami.

The legal fight spawned by Howard's dueling contracts has left Miami and Washington scrambling to determine the rest of their lineup.

Since Washington had engaged in a number of other player trans-

See Howard, Page 2B



# STATS & STANDINGS

## Southern League Baseball

Carolina Mudcats at Orlando Cubs, 7 p.m.

## Girls Fast Pitch Softball

1996 Coca Cola/ASA (Amateur Softball Association) Softball Girls' 12-and Under Fast Pitch National Championship Tournament. Opening Ceremonies at Lake Brantley High School, 4 p.m.; games start at 6:30 p.m. at the Seminole County Softball Complex, 280 North Street, Altamonte Springs and Merrill Park Softball Complex, 965 Merrill Park Drive, Altamonte Springs.

## Recreation Softball

Men at Lake Mary Sports Complex, 7 p.m. — Home Depot vs. Service Elite; 8:15 p.m. — Bear30 vs. Fitzgerald's

Team	W	L	OT	PA	RA	ERA
Orlando	10	1	0	10	1.00	1.00
Carolina	9	2	0	11	1.50	1.50
Florida	8	3	0	12	2.00	2.00
Georgia	7	4	0	13	2.50	2.50
Alabama	6	5	0	14	3.00	3.00
South Carolina	5	6	0	15	3.50	3.50
North Carolina	4	7	0	16	4.00	4.00
Virginia	3	8	0	17	4.50	4.50
West Virginia	2	9	0	18	5.00	5.00
Illinois	1	10	0	19	5.50	5.50
Indiana	0	11	0	20	6.00	6.00

## International Football League

Team	W	L	OT	PA	RA	ERA
San Diego	10	1	0	10	1.00	1.00
San Francisco	9	2	0	11	1.50	1.50
Los Angeles	8	3	0	12	2.00	2.00
San Jose	7	4	0	13	2.50	2.50
San Antonio	6	5	0	14	3.00	3.00
San Jose	5	6	0	15	3.50	3.50
San Diego	4	7	0	16	4.00	4.00
San Francisco	3	8	0	17	4.50	4.50
Los Angeles	2	9	0	18	5.00	5.00
San Jose	1	10	0	19	5.50	5.50
San Antonio	0	11	0	20	6.00	6.00

## North American Football League

Team	W	L	OT	PA	RA	ERA
San Diego	10	1	0	10	1.00	1.00
San Francisco	9	2	0	11	1.50	1.50
Los Angeles	8	3	0	12	2.00	2.00
San Jose	7	4	0	13	2.50	2.50
San Antonio	6	5	0	14	3.00	3.00
San Jose	5	6	0	15	3.50	3.50
San Diego	4	7	0	16	4.00	4.00
San Francisco	3	8	0	17	4.50	4.50
Los Angeles	2	9	0	18	5.00	5.00
San Jose	1	10	0	19	5.50	5.50
San Antonio	0	11	0	20	6.00	6.00

## Professional Football League

Team	W	L	OT	PA	RA	ERA
San Diego	10	1	0	10	1.00	1.00
San Francisco	9	2	0	11	1.50	1.50
Los Angeles	8	3	0	12	2.00	2.00
San Jose	7	4	0	13	2.50	2.50
San Antonio	6	5	0	14	3.00	3.00
San Jose	5	6	0	15	3.50	3.50
San Diego	4	7	0	16	4.00	4.00
San Francisco	3	8	0	17	4.50	4.50
Los Angeles	2	9	0	18	5.00	5.00
San Jose	1	10	0	19	5.50	5.50
San Antonio	0	11	0	20	6.00	6.00

## Professional Basketball League

Team	W	L	OT	PA	RA	ERA
San Diego	10	1	0	10	1.00	1.00
San Francisco	9	2	0	11	1.50	1.50
Los Angeles	8	3	0	12	2.00	2.00
San Jose	7	4	0	13	2.50	2.50
San Antonio	6	5	0	14	3.00	3.00
San Jose	5	6	0	15	3.50	3.50
San Diego	4	7	0	16	4.00	4.00
San Francisco	3	8	0	17	4.50	4.50
Los Angeles	2	9	0	18	5.00	5.00
San Jose	1	10	0	19	5.50	5.50
San Antonio	0	11	0	20	6.00	6.00

## Professional Hockey League

Team	W	L	OT	PA	RA	ERA
San Diego	10	1	0	10	1.00	1.00
San Francisco	9	2	0	11	1.50	1.50
Los Angeles	8	3	0	12	2.00	2.00
San Jose	7	4	0	13	2.50	2.50
San Antonio	6	5	0	14	3.00	3.00
San Jose	5	6	0	15	3.50	3.50
San Diego	4	7	0	16	4.00	4.00
San Francisco	3	8	0	17	4.50	4.50
Los Angeles	2	9	0	18	5.00	5.00
San Jose	1	10	0	19	5.50	5.50
San Antonio	0	11	0	20	6.00	6.00

## Legion

Continued from Page 1B

DeLand batters reached on errors to tie the game and leave the bases loaded and Morales followed with a bloop single to right field to end the game.

"It was probably the toughest loss I've ever been involved with as a coach," said Post 53 head coach Rod Ferguson. "There was nothing I could do. Brad (Jenkins) did exactly what he needed to do. He got three ground balls, and that's just what we wanted him to do, but we did not make the plays. So it sure wasn't his (Jenkins) fault."

"Coach Sperring (DeLand coach Rick) told me after the game that he was glad they got past that one. I don't think they would have won the tournament if we would have won the game."

Leading the way for Post 6 was Frank Corr Jr. whose father played for coach Jack Pantelias at Seminole Community College back in the mid-'70s. The younger Corr, who plays his high school ball at Father Lopez, went three-for-five, including a home run and two doubles.

Providing the offense for Post 53 were Phillip Eubanks (two-for-four, including a home run, one base on balls and three runs scored), Mike Meadows (two-for-five, including two doubles, one run scored), Chris Youmans (two-for-four, including a double), Jason Yero (two-for-five, one run scored) and Alexis Acosta (two-for-five).

Also contributing were Tim Raines Jr. (one-for-four, one run scored), Mike Buky (one base on balls, one run scored) and Allan Gehr (one run scored).

Youmans and Jenkins both pitched very well.

holding the very potent DeLand squad, made up of the best players from all over Volusia County) to only nine hits and five earned runs.

Against Miami, Sanford took leads of 4-2 after three innings and 6-4 after five innings, but Post 289 outscored the locals 7-3 over the final four innings to pull out the victory.

"They (Miami) won the coin toss but chose to be visitors so they could get the cooler dugout," said Ferguson. "It may not sound like much, but it paid off, because we got off to a good start but just wilted in the brutal heat."

"But I'm not going to make excuses, we finished tied for fourth place in the state out of 168 teams, that's not too bad. We came together as a team and played pretty well at the end of the season."

Doing the damage for Post 289 were Perez (four-for-five, including a triple and a double, three runs scored), Gotriol (three-for-five, including a triple), Forte (one triple) and Pamaris (one double).

Pacing a 14 hit Sanford attack were Chris Louwama (four-for-five, one run scored), Acosta (two-for-five, including a home run, three runs scored), Eubanks and Meadows (two-for-four and one run scored each), Yero (two-for-five, two runs scored), Youmans (one-for-four, including a double, one run scored) and Rob Denman (one for-three).

Other members of the Post 53 squad, which finished the season with a 23-14 record, were Chaz Lytle, Ryan Mau, Ben Denemann, Clyde Williams and Josh Frost.

## Howard

Continued from Page 1B

actions after giving up the rights to Howard, NBA commissioner David Stern concluded that the Bulls must forfeit their 1997 first-round draft choice if they signed Howard, who finished 10th in the NBA in scoring last season with a 22.1 average.

Meanwhile, the Heat have been left with only six veterans under contract, with possibly as little as \$3.5 million to sign another free agent. The league is questioning bonuses in the Heat's contracts with P.J. Brown and Tim Hardaway and has yet to approve those contracts. If those bonuses are counted against the cap, the Heat have less room to maneuver.

Even as the NBA said it would approve Washington's contract

with Howard "when it physically comes in" to its New York offices, it continued to prepare for the possibility of arbitration.

The NBA and the players' union Tuesday hired Daniel Collins, a New York University law professor, as a grievance arbitrator. Two more arbitrators will be named — one to determine whether the Harvey and Hardaway contracts count against the salary cap and another to determine whether Alonso Mourning came to terms with the Heat before Howard did.

# Nine football players die in 1995

By DAVID BROOKMAN AP Sports Writer

RALEIGH, N.C. — Officials say athletes, coaches and parents should be concerned but not overly alarmed by a sharp increase in the number of football-related deaths across the country in 1995.

Nine players died from football-related injuries or heat strokes last year, an increase of eight over the previous year and the most fatalities in the sport since the same number died seven years ago, according to a study.

"This is a major concern with every state (high school) association in the country," said Charlie Adams, president-elect of the National Federation of State High School Associations. "It is something all of us have taken to heart. We have gone long and hard at this thing, feeling like this is one of the most important things in our athletic program."

The football death study, compiled yearly by University of North Carolina physical education chairman Fred Mueller, showed that five players died from football-related heat strokes last year, while four other high school players died from head trauma.

"I don't want this to sound like I'm taking it lightly, but when you look at the number of kids that are playing football across this country and the number of practice hours and the number of games at the middle school, junior high, J-V and varsity level, I

think sometimes you have to put this in the proper perspective," Adams said.

"But one fatality, one person paralyzed, one heat stroke, that's too many. And that's our goal is to come up with a zero right across the board. However, the number, when you compare it to driving an automobile or swimming at the beach, it is really, really low."

Ron Cunningham, a spokesman for the National Athletic Trainers Association, a trade group representing 23,000 athletic trainers nationwide, agreed with Adams, saying football-related deaths often run in cycles.

"What I can tell you from our experience is that football is no more dangerous than it was in the previous year or the year before that," said Cunningham. "Over the long haul (the deaths) pretty much equal out."

The Dallas association is one year into a three-year national study on the severity of injuries in 10 high school sports, including football. A similar study was done a decade ago.

"From what we've seen there has been a real premium placed on injury prevention and quality athletic health care," Cunningham said Tuesday. "We found in 1986 that football injuries were pretty much consistent with injuries from 1980-83."

No names, ages or hometowns of those killed were released in the UNC study, which is compiled from newspaper stories and information from various associations

with the help of 150 volunteers who monitor sports accidents in their states.

Before the nine deaths in 1995, one player died from a football-related injury in 1994 and four in 1993.

The five heat stroke deaths last year were the most since seven football players died in 1972.

"It's always a top priority during our national football rules meetings," Adams said of the deaths. "It's getting the proper attention. I've seen no slack off whatsoever."

Head trauma deaths were up to four again following one in 1994. The deaths, all high school players, occurred at four positions — running back, kickoff return, defensive end and defensive back. The four deaths occurred during games.

"Again, the nature of the sport, I don't care how long and hard you labor on this, sometimes those kids are going to stick those heads down when they are blocking or tackling," Adams said. "All the good teaching in the world is great, but sometimes a reaction puts them in that vulnerable position."

The study also said seven players were permanently paralyzed last year, including one in college, and two head injuries resulted in brain damage with permanent disability.

The release of the study comes during the second week of high school practice for most across the country and as colleges gear up for fall camp.

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# People

## IN BRIEF

### Professional secretaries meet

**WINTER PARK** — The Winter Park Chapter of Professional Secretaries International will hold their monthly meeting on Tuesday, Aug. 13. The dinner meeting will begin at 6 p.m. at the Langford Hotel, with a business meeting at 7. The cost of the dinner is \$14.50. For more information contact Donna Gibbs at 623-3870.

## CALENDAR

### Alzheimers support

**SANFORD** — Presently, the Alzheimers support group in Sanford has been dissolved due to lack of support. Those needing assistance and information may call 1-800-530-1910.

### Rotary meets early

**Rotary Club of Lake Mary** meets Thursday mornings, 7:30-8:30 a.m., at the Marriott Courtyard, off West Lake Mary Boulevard. Contact Brian Lee, president, at 323-6128.

### Weight Watchers meet on Thursdays

A local chapter of Weight Watchers meets at the Lake Mary Community Building every Thursday from 4:45 to 6:45 p.m.

### Omni Toastmasters meet at Heathrow

The Omni Toastmasters Club #8861 will meet at 5:30 p.m. every Thursday at the AAA building, 1000 AAA Drive, Heathrow. Guests and prospective members are welcome. Call Bertram Glick, 323-6089, for more information.

### Mothers of Preschoolers meet

Mothers of Preschoolers (MOPS) meets from 9 to 11:30 a.m. the first and third Thursday of each month, at River Oaks Presbyterian Church, Driftwood Village, Lake Mary, for Christian social, crafts, lectures and baby sitting. Open to the community, pre-registration is required. For information, call the church at 330-9103.

### Sanford Historic Trust meets Thursday

The Sanford Historic Trust meets the first Thursday of the month, at 7 p.m., at the Sanford Museum. For information, call 323-1914.

### Amateur Radio Society meets monthly

The Lake Monroe Amateur Radio Society meets every first Thursday, at 7:30 p.m., at the Senior Center, Lake Triplett Drive, Casselberry. For information, call Karl Lambert, 686-8764, or Al Kirk, 323-4487.

### University women meet

**ALTAMONTE SPRINGS** — American Association of University Women meets the first Thursday of each month at 7:30 p.m., at Capistrano Condominium Clubhouse, 300 Matland Ave., Altamonte Springs. Call Barbara at 880-8088 for more information.

### Depressive/Manic Support Group

Depressive/Manic Depressive Support Group meets at 7:30 p.m. the first and third Thursdays, Lakeside Alternatives, 434 W. Kennedy Blvd., Eatonville; and 10:30 a.m., the second Saturday, at the downtown Orlando Public Library, 101 E. Central Blvd. For information, call 381-5070 or 645-4375.

# 'Food as good as restaurant'

## LMHS's Red Ram Cafe wins rave reviews

By **BOB BLOSSWORTH**  
Herald Staff Writer

The newest dining sensation in town has delicious food, satisfying portions and a colorful, inspired decor. But don't look for it in the yellow pages; this restaurant is Lake Mary High School's Red Ram Cafe.

LeeAnn Colon, the food production teacher at LMHS, said the idea for the cafe started last year because she wanted to do something different. She involved her students in the planning and decorating. When she went to the principal, Raymond L. Gaines, she thought the idea was an original one. Gaines had seen a similar version, however, at a high school in Texas and was enthusiastic about the idea.

Colon's students spent last year brainstorming ideas for menus and decorations. The idea of a themed restaurant caught on with the rest of the school, and donations arrived from the athletic teams, the Lake Mary Marionettes and the color guard. The art department helped paint. Wallpaper, trim and black and white checkered tablecloths completed the look of a fun and fashionable restaurant.

During the fall 1986 semester, Colon and her food production II and III students catered luncheons for faculty groups within the school, such as the English and foreign language departments.

Rave reviews spread quickly, as word of the delicious food and excellent service gained the attention of county and even national educators.

"This food was as good as any I have eaten at any restaurant," said U.S. Assistant Secretary of Education Mario Moreno. Moreno dined at The Red Ram Cafe during a March 14 visit to observe the applied technology programs, which include food production. After his tour, he said, "Seminole County has one of the most exciting programs in the country."

Meanwhile, Colon and her students planned their spring expansion.

For the last nine weeks of the 1986 school year, The Red Ram Cafe was open two days a week for lunch. On Tuesdays, teachers could order from a trendy menu which included an array of sandwiches, with a choice of chips or fries, pizza and three different salads, which included breadsticks.

The restaurant can seat about 30 people and Colon and students say it is usually packed.

"Everything was excellent," said LMHS bookkeeper Sue Kroil. "It was nicely presented and the kids were always attentive to the customers' needs. The sandwiches are as good as any I have eaten outside of school."

Another satisfied customer and frequent diner is assistant principal Lenny Sutton.

"The food is wonderful—the



LeeAnn Colon (from left) with food production students Vinny Ingrando, Travis Grimm and Amanda Moseman in the Red Ram Cafe. Athletic groups donated uniforms to decorate the walls.

best meals in Lake Mary," he said.

During the spring expansion, Thursdays were set aside for reservations only, formal luncheons. These gave students a real opportunity to test their culinary skills. Different committees and groups of faculty and staff arranged formal luncheons in advance. Some of the menu favorites included Cornish game hens, lasagne and chicken cordon bleu.

About 50 students participated in the food production classes during the 1986-1988 school year. Colon said the restaurant's popularity resulted in the enrollment doubling for this fall.

After finishing the preparation work for the last school luncheon, some of the students shared their comments.

Travis Grimm, 18, class of '1988 graduate, is training for the 2000 Olympics. He said his specialty was cooking chicken and that he had enrolled in the class because he thought it would be an interesting experience.

"I like to cook and the chicks love it," Vinny Ingrando, 17, another 1988 graduate said. And Ingrando's cooking specialty? Cheesecake.

Amanda Moseman, 18, and Valerie Perdomo, 17, said the boys in the class usually do most of the cooking. The girls prefer tablesetting and serving. All the students help with the preparation work.

The students said food production I had been mostly reading and theory, where they learned about nutrition and sanitation. They all agreed food production II and III had been more fun, putting the theories into action.

The cost for most of the formal luncheons runs about \$6. The money goes back into the program to cover the costs associated with The Red Ram Cafe. The Tuesday lunches run from \$1.50 to \$2.

When the new Winter Springs High School opens for regular enrollment in 1987, Colon said they are planning to simulate her program because of the restaurant's success.



Food production student Valerie Perdomo tests the doneness of a menu item.

## Recipes

Some of the dishes at Lake Mary High School's Red Ram Cafe are so popular, people have requested the recipes. The following are specialties of the house, contributed by LeeAnn Tyson, the food production teacher and creator of the Red Ram Cafe.

**RED RAM CORNISH HEN**  
1/3 Cornish hen, per person  
Butter  
Pepper  
Garlic salt  
Italian dressing

Place each Cornish hen on top of a small pat of butter in a large baking dish or pan. Sprinkle pepper and garlic salt over the top of the hens and then pour your favorite Italian dressing over each one. Pour

extra around the sides of the hens. Cover the dish with plastic wrap or foil and allow to marinate overnight in the refrigerator.

Bake at 350 degrees for about 45 minutes or until the hens turn a golden brown color and are done on the inside.

**KEY LIME PIE**  
1 prepared graham cracker crust  
Butter  
1 can sweetened condensed milk  
1/3 cup key lime juice  
6 egg yolks

Mix the milk, lime juice and egg yolks together. Bake at 300 degrees for about 15 minutes. Cool and serve with whipped cream and a slice of lime.

## NEW ARRIVALS

The following births have been recorded at Florida Hospital-Altamonte:

July 8—Tracy and Garry Lester, Winter Springs, boy; Joanne and Harry Engel, Longwood, girl.

July 9—Susan and Jason Eastman, Altamonte Springs, boy; Sabina Jackson and Johnny Rivera, Sr., Sanford, boy; Rosa Oliva, Fern Park, girl; Rebecca Jaroak, Longwood,

boy; Patricia and Jose Pineda, Altamonte Springs, boy.

July 10—Lisa Albritton and Anson Mulkey, Altamonte Springs, girl; Nichola and Michael Neese, Oviedo, girl; Rachel and Jon Eichelberger, Longwood, boy.

July 11—Cathy and Carey Robinson, Altamonte Springs, boy; Jamie and Rand Campbell, Altamonte Springs, boy.

# 'Child bride' is resentful of remarks

**DEAR ABBY:** Ever since my fiancé and I became engaged six months ago, something has been bugging me. I'm 19 years old, and the man I love with all my heart is 30.

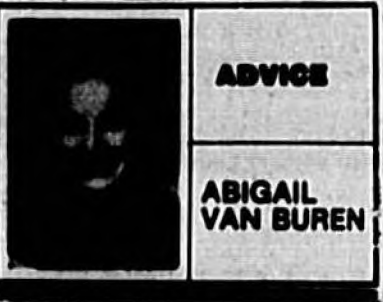
We plan to be married sometime next spring. Meanwhile, whenever I tell people our marriage plans, instead of offering congratulations, most respond by asking, "How old are you?" Abby, I think this is extremely rude and insensitive. Worse yet, when I say that I'm 19 and my fiancé is 30, I usually receive another rude comment such as, "Talk, talk ... you are so young!"

Abby, how should I respond to such insensitive remarks? In my opinion our ages should not be an issue, since neither one of us is a minor.

### IRRITATED

**DEAR IRRITATED:** Please don't be too hard on those who ask your age. You obviously look much younger than you are.

When people say, "Talk, talk, you are so young!" smile and reply, "Thank you." Then take pleasure in the knowledge that you will probably always look younger than your years, which will be an advantage as you grow older. Trust me.



### ADVICE

ABIGAIL VAN BUREN

**DEAR ABBY:** My husband and I were recently invited to the wedding of family friends.

The couple was registered at one of the best stores here, so we sent what we considered an appropriate gift. We attended their wedding (which was very beautiful), then went to the reception at a nearby facility where we were greeted with a cash bar! Only the soft drinks were complimentary.

Abby, please tell me, are we out of touch, or is this being done now? **CONFUSED IN CONNECTICUT**

**DEAR CONFUSED:** Obviously, since these people did it, it is "being done." Had you asked me, "Is it proper?" I would have replied, "No."

Abby shares more of her favorite, easy-to-prepare recipes! To order, send a

business-size, self-addressed envelope, plus check or money order for \$2.00 (U.S. dollars only) to: Dear Abby, News Features Building, P.O. Box 407, Mount Morris, IL 61054-0407. (Postage is included.)

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ADVENTURES OF PROCTOR	123 4th St.	(612) 223-1111
FRESHWINDS	7-9 10th St.	(612) 223-1111
MATE DA	123 4th St.	(612) 223-1111
CHAM PROCTOR	123 4th St.	(612) 223-1111
ROCKY	123 4th St.	(612) 223-1111
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2	7:00	News	12	10:00	News
3	7:00	News	13	10:00	News
4	7:00	News	14	10:00	News
5	7:00	News	15	10:00	News
6	7:00	News	16	10:00	News
7	7:00	News	17	10:00	News
8	7:00	News	18	10:00	News
9	7:00	News	19	10:00	News
10	7:00	News	20	10:00	News



Legal Notices

IN THE CIRCUIT COURT OF THE 16TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA

GABE NO. 85-288 GA-14-A FIRST INDIANA BANK, Plaintiff

vs. BANJAYA N. PATEL, et al., Defendant(s)

NOTICE OF FORECLOSURE SALE NOTICE IS HEREBY GIVEN pursuant to a Summary Final Judgment of Foreclosure dated AUGUST 2nd, 1986, entered in Civil Case No. 85-288 GA-14-A of the Circuit Court of the 16th Judicial Circuit in and for SEMINOLE County, Florida, wherein FIRST INDIANA BANK, Plaintiff, and BANJAYA N. PATEL, et al., are defendants, I will sell at the highest bidder for cash at the West Front Door of the Seminole County Courthouse, Sanford, Florida, at the hour of 11:00 a.m., on the 27th day of AUGUST, 1986, the following described property as set forth in said Summary Final Judgment, to wit:

BEGIN AT THE SOUTHEAST CORNER OF THE NORTHWEST 1/4 OF SECTION 21, TOWNSHIP 21 SOUTH, RANGE 22 EAST, SEMINOLE COUNTY, FLORIDA; ALONG S. 90 DEGREE 07'30" W. ALONG THE EAST LINE OF SAID SECTION 21, 0.20 ACRES; THENCE S. 89 DEGREE 30'22" W. 294.50 FEET; THENCE N 89 DEGREE 7'30" E. 109.00 FEET; THENCE S. 89 DEGREE 30'22" E. 304.00 FEET TO THE EAST LINE OF SAID SECTION 21; THENCE S. 90 DEGREE 7'30" W. 194.50 FEET TO THE POINT OF BEGINNING.

Dated this 2nd day of AUGUST, 1986. Maryanne Morse Clerk Circuit Court By: Joan E. Jaccovic Deputy Clerk ROBERT D. SEAR, P.A. Orlando, FL 32802 Attorneys for Plaintiff Publish: August 7, 14, 1986 DER-59

NOTICE THE FOLLOWING PROPERTY WILL BE SOLD OR OTHERWISE DISPOSED OF AT A SALE TO BE HELD AT SAID UNIT OR LEASED SPACE AT LOCH SAPE, 2500 WEST 25TH STREET, SANFORD, FL 32771 ON THE 22ND DAY OF AUGUST, 1986 AT 12:00 NOON FOR CASH.

Unit 277 - Lanes Home, 614 W. 25TH ST., SANFORD, FL 32771. Unit 266 - Iris Estate, 101 Wilmington Dr., Sanford, FL 32771. Unit 265 - Sandy Center, 614 S. Palmetto Ave., Sanford, FL 32771. Unit 267 - Gloria Area, 120-12 Broward Way, Sanford, FL 32771. Unit 268 - George Rivers, 1900 W. 5th St., Sanford, FL 32771.

NOTICE OF SALE Pursuant to Florida Statute 713.75 ELITE TOWNS, INC. will sell on September 29th, 1986, at 9:00 a.m. at 909 South Cr. 427, Longwood, FL 32750. Seller reserves the right to bid. Sold as is, no warranty. Seller guarantees no title. Terms cash. 1987 Dodge. Vn 1H8C87588LA894899 Publish: August 7, 1986 DER-55

NOTICE OF SALE Pursuant to Florida Statute 713.75 ELITE TOWNS, INC. will sell on August 29th, 1986, at 9:00 a.m. at 909 South Cr. 427, Longwood, FL 32750. Seller reserves the right to bid. Sold as is, no warranty. Seller guarantees no title. Terms cash. 1987 Dodge. Vn 2B4FK41G8H823287 1988 Buick. Vn JH1822900L860000 Publish: August 7, 1986 DER-57

NOTICE OF FORECLOSURE SALE NOTICE IS HEREBY GIVEN pursuant to a Summary Final Judgment of Foreclosure dated AUGUST 2nd, 1986, entered in Civil Case No. 85-288 GA-14-A of the Circuit Court of the 16th Judicial Circuit in and for SEMINOLE County, Florida, wherein FIRST INDIANA BANK, Plaintiff, and BANJAYA N. PATEL, et al., are defendants, I will sell at the highest bidder for cash at the West Front Door of the Seminole County Courthouse, Sanford, Florida, at the hour of 11:00 a.m., on the 27th day of AUGUST, 1986, the following described property as set forth in said Summary Final Judgment, to wit:

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Dated this 2nd day of AUGUST, 1986. Maryanne Morse Clerk Circuit Court By: Joan E. Jaccovic Deputy Clerk ROBERT D. SEAR, P.A. Orlando, FL 32802 Attorneys for Plaintiff Publish: August 7, 14, 1986 DER-59

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Dated this 2nd day of AUGUST, 1986. Maryanne Morse Clerk Circuit Court By: Joan E. Jaccovic Deputy Clerk ROBERT D. SEAR, P.A. Orlando, FL 32802 Attorneys for Plaintiff Publish: August 7, 14, 1986 DER-59

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Dated this 2nd day of AUGUST, 1986. Maryanne Morse Clerk Circuit Court By: Joan E. Jaccovic Deputy Clerk ROBERT D. SEAR, P.A. Orlando, FL 32802 Attorneys for Plaintiff Publish: August 7, 14, 1986 DER-59

Legal Notices

IN THE CIRCUIT COURT OF THE 16TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA

GABE NO. 85-2167-GA-14-W LEADER FEDERAL BANK FOR SAVINGS, Plaintiff

vs. WILLIE J. KELLY, ET AL., Defendant(s)

NOTICE OF FORECLOSURE SALE NOTICE IS HEREBY GIVEN pursuant to a Summary Final Judgment of Foreclosure dated AUGUST 2nd, 1986, entered in Civil Case No. 85-2167-GA-14-W of the Circuit Court of the 16th Judicial Circuit in and for SEMINOLE County, Florida, wherein LEADER FEDERAL BANK FOR SAVINGS, Plaintiff, and WILLIE J. KELLY, ET AL., are defendants, I will sell at the highest bidder for cash at the West Front Door of the Seminole County Courthouse, Sanford, Florida, at the hour of 11:00 a.m., on the 27th day of AUGUST, 1986, the following described property as set forth in said Summary Final Judgment, to wit:

LOT 198, GRANADA SOUTH, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 18, PAGE 180, OF THE PUBLIC RECORDS OF SEMINOLE COUNTY, FLORIDA, has been filed against you and you are required to serve a copy of your written defense, if any, to it on DAVID J. STEIN, Esq., Plaintiff's attorney, whose address is 6890 Sheridan Street, Box 400, Hollywood, FL 33021, no later than 90 days from the date of the first publication of this notice of sale and file the original with the clerk of this court either before service on Plaintiff's attorney or immediately thereafter; otherwise a default will be entered against you for the relief requested in the complaint or petition filed herein.

WITNESS my hand and seal of this Court at SEMINOLE County, Florida, this 1st day of AUGUST, 1986. MARYANNE MORSE CLERK OF THE CIRCUIT COURT By: Ruth King Deputy Clerk

IN ACCORDANCE WITH THE AMERICANS WITH DISABILITIES ACT, persons with disabilities needing a special accommodation should contact COURT ADMINISTRATION, at the SEMINOLE County Courthouse at (407) 325-3330 EXT 4237, 1-800-955-8771 (TDD) or 1-800-955-8776, via Florida Relay Service. Law Office of David J. Stein, P.A. ATTORNEY FOR PLAINTIFF 4050 Sheridan Street, Box 400 Hollywood, FL 33021 (904) 963-9499

THIS NOTICE SHALL BE PUBLISHED ONCE A WEEK FOR TWO CONSECUTIVE WEEKS. PUBLISHED IN: THE SANFORD HERALD Publish: August 7, 14, 1986 DER-59

UNCLASSIFIED VEHICLES ADDITION 8/30

01 FORD 1FA8P9AF92U120443 86 FORD 1F7P11A888A177888 86 CHEV 1F7P11A888A177888 86 HONDA JH4FC066000040309 79 COBOLD FL7751CP / 77400 79 CHEV 1F7P11A888A177888 86 HONDA JH4FC066000040309 79 COBOLD FL7751CP / FLZ14340170 827/79 81 CHEV 1F7P11A888A177888 77 DODGE 6P33578197574 87 FORD 1F7P11A888A177888 84 FORD 8FAP1214UR109182 77 FORD 7U608149110 86 ISUZU JABAR07LKH701878 86 ISUZU JABAR07LKH701878 86 NISSAN JH18M34867802374 ALTA MONTE TOWNHO 117 MARKER ST. ALT. 8'02.8. SALE BEGINS AT 12:30 AM. VIEW 1 HOUR PRIOR. Publish: August 7, 1986 DER-54

UNCLASSIFIED VEHICLES ADDITION 8/30

01 FORD 1FA8P9AF92U120443 86 FORD 1F7P11A888A177888 86 CHEV 1F7P11A888A177888 86 HONDA JH4FC066000040309 79 COBOLD FL7751CP / 77400 79 CHEV 1F7P11A888A177888 86 HONDA JH4FC066000040309 79 COBOLD FL7751CP / FLZ14340170 827/79 81 CHEV 1F7P11A888A177888 77 DODGE 6P33578197574 87 FORD 1F7P11A888A177888 84 FORD 8FAP1214UR109182 77 FORD 7U608149110 86 ISUZU JABAR07LKH701878 86 ISUZU JABAR07LKH701878 86 NISSAN JH18M34867802374 ALTA MONTE TOWNHO 117 MARKER ST. ALT. 8'02.8. SALE BEGINS AT 12:30 AM. VIEW 1 HOUR PRIOR. Publish: August 7, 1986 DER-54

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01 FORD 1FA8P9AF92U120443 86 FORD 1F7P11A888A177888 86 CHEV 1F7P11A888A177888 86 HONDA JH4FC066000040309 79 COBOLD FL7751CP / 77400 79 CHEV 1F7P11A888A177888 86 HONDA JH4FC066000040309 79 COBOLD FL7751CP / FLZ14340170 827/79 81 CHEV 1F7P11A888A177888 77 DODGE 6P33578197574 87 FORD 1F7P11A888A177888 84 FORD 8FAP1214UR109182 77 FORD 7U608149110 86 ISUZU JABAR07LKH701878 86 ISUZU JABAR07LKH701878 86 NISSAN JH18M34867802374 ALTA MONTE TOWNHO 117 MARKER ST. ALT. 8'02.8. SALE BEGINS AT 12:30 AM. VIEW 1 HOUR PRIOR. Publish: August 7, 1986 DER-54

UNCLASSIFIED VEHICLES ADDITION 8/30

01 FORD 1FA8P9AF92U120443 86 FORD 1F7P11A888A177888 86 CHEV 1F7P11A888A177888 86 HONDA JH4FC066000040309 79 COBOLD FL7751CP / 77400 79 CHEV 1F7P11A888A177888 86 HONDA JH4FC066000040309 79 COBOLD FL7751CP / FLZ14340170 827/79 81 CHEV 1F7P11A888A177888 77 DODGE 6P33578197574 87 FORD 1F7P11A888A177888 84 FORD 8FAP1214UR109182 77 FORD 7U608149110 86 ISUZU JABAR07LKH701878 86 ISUZU JABAR07LKH701878 86 NISSAN JH18M34867802374 ALTA MONTE TOWNHO 117 MARKER ST. ALT. 8'02.8. SALE BEGINS AT 12:30 AM. VIEW 1 HOUR PRIOR. Publish: August 7, 1986 DER-54

UNCLASSIFIED VEHICLES ADDITION 8/30

Legal Notices

NOTICE OF ADMINISTRATIVE COMPLAINT GABE NO. 10873-85-A TO: MAURICE HERNANDEZ SEMINOLE COUNTY

An Administrative Complaint to revoke your license and eligibility for licensure has been filed against you. You have the right to request a hearing pursuant to Section 120.57(1) and (2), Florida Statutes, by making a request for same to the Florida Department of Insurance, Division of Legal Services, 612 Larson Building, Tallahassee, Florida 32309-0000. If a request for hearing is not received by August 20th, 1986, the right to hearing in this matter will be waived and the Insurance Commissioner will dispose of this case in accordance with law. Publish: July 17, 24, 31, and August 7, 1986 DER-143

IN THE CIRCUIT COURT FOR SEMINOLE COUNTY, FLORIDA. PROBATE DIVISION File Number 85-288-GP IN RE: ESTATE OF BEVERLY ANN BROWN, Deceased.

NOTICE OF ADMINISTRATION The administration of the estate of Beverly Ann Brown deceased, File Number 85-288-GP is pending in the Circuit Court for Seminole County, Florida, Probate Division, the address of which is Seminole County Courthouse, P.O. Box 200, Sanford, Florida 32773-0200. The address of the personal representative and the personal representative's attorney are set forth below.

ALL INTERESTED PERSONS ARE NOTIFIED THAT: All persons whom this notice is served upon who have objections that challenge the validity of the will, the qualifications of the Personal Representative, venue, or jurisdiction of this Court are required to file their objections with this Court WITHIN THE LATER OF THREE MONTHS AFTER THE DATE OF THIS NOTICE OR THIRTY DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is served within three months after the date of the first publication of this notice must file their claims with this Court WITHIN THE LATER OF THREE MONTHS AFTER THE DATE OF THIS NOTICE OR THIRTY DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and persons having claims or demands against decedent's estate must file their claims with this Court WITHIN THE LATER OF THREE MONTHS AFTER THE DATE OF THIS NOTICE OR THIRTY DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

Personal Representative: WILLIE J. KELLY, ET AL. 1906 Grove Manor Drive Sanford, Florida 32771 Attorney: Pauline Representative Jack T. Britton Florida Bar No. 146832 289 North Oak Avenue Sanford, Florida 32771 Telephone (407) 325-1514 Publish: August 7, 14, 1986 DER-52

IN THE CIRCUIT COURT FOR SEMINOLE COUNTY, FLORIDA. PROBATE DIVISION File Number 85-288-GP IN RE: ESTATE OF MARGUERITE THERESA GAINOR, Deceased.

NOTICE OF ADMINISTRATION (Re PR) The administration of the estate of Marguerite Theresa Gainor, deceased, File Number 85-288-GP is pending in the Circuit Court, for Seminole County, Florida, Probate Division, the address of which is: R. O. Dwyer C Sanford, Florida 32773-9999

The name and address of the Personal Representative and the Personal Representative's attorney are set forth below. ALL INTERESTED PERSONS ARE NOTIFIED THAT: All persons whom this notice is served upon who have objections that challenge the validity of the will, the qualifications of the Personal Representative, venue, or jurisdiction of this Court are required to file their objections with this Court WITHIN THE LATER OF THREE MONTHS AFTER THE DATE OF THIS NOTICE OR THIRTY DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

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Personal Representative: VINELL HARDRICK 3018 Monte Carlo Trail Orlando, FL 32806 Attorney for Personal Representative: RICHARD E. GOSPELARD 601 Palm Springs Drive Suite 115 Altamonte Springs, FL 32711 Telephone: (407) 950-7280 Publish: July 31 and August 7, 1986 DER-281

IN THE CIRCUIT COURT OF THE 16TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA. PROBATE DIVISION File Number 85-288-GP IN RE: ESTATE OF MARGUERITE THERESA GAINOR, Deceased.

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Legal Notices

NOTICE The Economic Development Commission of 2nd Florida announces a meeting of the Central Florida Jobs and Services Partnership, to which the public is invited.

DATE AND TIME: August 19th, 1986 2:00 p.m. PLACE: Valencia Community College West Campus Building 5, Room 111 PURPOSE: To discuss matters of interest to the Central Florida JSP in regard to workforce development issues. For further information, contact: Patricia Warner Vice President Economic Development Commission of 2nd Florida 200 East Robinson St. Orlando, FL 32801 (407) 432-7190 THE EDC SERVES AS COVENOR FOR THIS MEETING. Publish: August 7, 1986 DER-58

IN THE CIRCUIT COURT OF THE 16TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA. PROBATE DIVISION File Number 85-288-GP IN RE: ESTATE OF MARGUERITE THERESA GAINOR, Deceased.

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Personal Representative: VINELL HARDRICK 3018 Monte Carlo Trail Orlando, FL 32806 Attorney for Personal Representative: RICHARD E. GOSPELARD 601 Palm Springs Drive Suite 115 Altamonte Springs, FL 32711 Telephone: (407) 950-7280 Publish: July 31 and August 7, 1986 DER-281

IN THE CIRCUIT COURT OF THE 16TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA. PROBATE DIVISION File Number 85-288-GP IN RE: ESTATE OF MARGUERITE THERESA GAINOR, Deceased.

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**BLONDIE**

by Chic Young



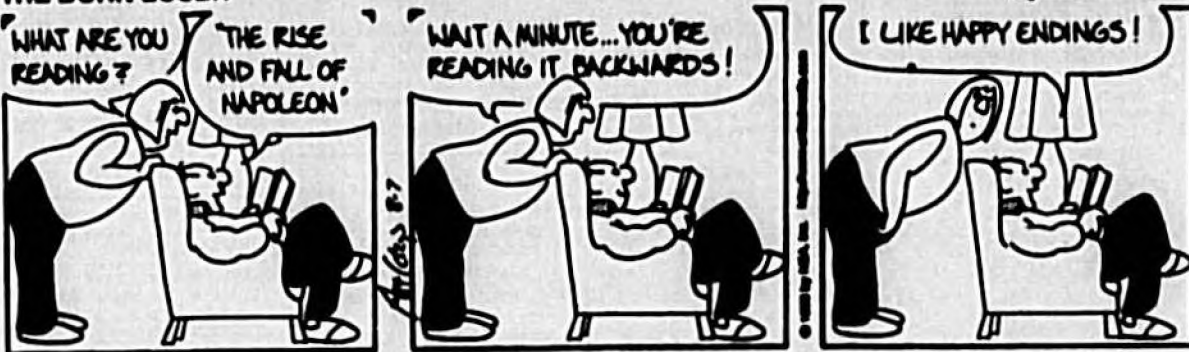
**BEETLE BAILEY**

by Mort Walker



**THE BORN LOSER**

by Art Sanson



**PEANUTS**

by Charles M. Schulz



**EEK & MEEK**

by Howie Schneider



**TUMBLEWEEDS**

by T.K. Ryan



**ARLO AND JANS**

by Jimmy Johnson



**FRANK AND ERNEST**

by Bob Thaves



**GARFIELD**

by Jim Davis



**ROBOTMAN**

by Jim Meddick



**Is arthritis remedy the culprit?**

DEAR DR. GOTT: You recently wrote about the benefits of Certo for arthritis pain. My father used numerous medications unsuccessfully. Then he tried Certo and was amazed at how his pain disappeared. However, here's the problem. During a recent examination, my father had a blood sugar level of over 250. His doctor ordered him off Certo, and his levels ultimately returned to normal. Could the arthritis control have caused this type of reaction wherein he was labeled a possible diabetic? Is there a substitute for Certo that would give such amazing results?



inhibits circulation to nerves which, in turn, causes tingling and pain.

Several recent studies have shown that the symptoms of neuropathy can be lessened if the diabetic can keep his or her blood sugar in a more normal range. This involves close attention to diet, regular physical activity and the use of sugar-lowering pills (such as Micronase, Glucophage and others) or insulin.

Stimulators, vibrators and similar devices are not considered to be helpful in this regard. Therefore, I suggest that you save \$80. You will achieve more success by addressing the issue with your doctor and following his advice.

© 1986 NEWSPAPER ENTERPRISE ASSN.

DEAR READER: Since publishing this home remedy suggested by several readers, I have had an avalanche of mail, mainly questions about how to use Certo for arthritis (a tablespoon a day in a glass of unsweetened grape juice) — and testimonials. LOTS of testimonials.

It doesn't always work, of course, and I never claimed it was a cure-all. I just suggested Certo as yet another option to help people with a crippling disease.

Yours is the first comment that I have received suggesting that Certo raises the blood sugar. I don't know that it does — or doesn't. However, I certainly welcome letters from other readers who may have experienced this peculiar reaction.

Naturally, this phenomenon interests me. But, as a scientist, I am also obligated to look for other explanations — such as the grape juice. Some brands of juice contain corn sugar as a sweetening agent; thus, it may be the grape juice — not the Certo — that causes the blood sugar to rise.

Was your father taking a teaspoonful of Certo in grape juice three times a day, as opposed to one tablespoonful once a day, and was the grape juice sweetened? This would not be a problem for a non-diabetic; nonetheless, in someone with a diabetic tendency, grape juice could conceivably stress the body by providing an excess of sugar, a substance diabetics should avoid.

Here's how to solve the issue. Your father needs a glucose tolerance test, a series of blood tests that a person undergoes after drinking a beverage laced with sugar. If his sugar readings are high, he has diabetes — and should follow his doctor's instructions about therapy. Then, later, he should take the Certo in a non-sugar drink to see if the Certo itself is the culprit.

My bet is that it isn't. But please let me know the results of the experiment.

DEAR DR. GOTT: I'm a diabetic and suffer from neuropathy, especially at night. The pain in my feet is like

hot needles. I've seen a stimulator advertised on TV at a cost of \$80. Does it really relieve pain and would it be worth the investment?

DEAR READER: Diabetics suffer from nerve malfunction (neuropathy) because, over time, the disease

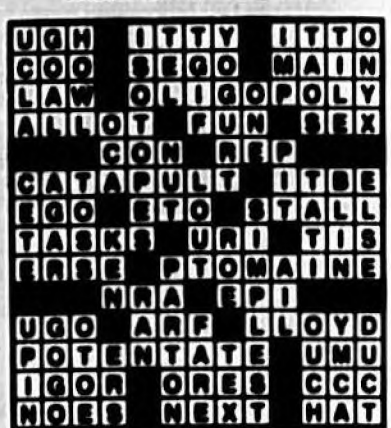
**ACROSS**

- 1 — the season ...
- 4 Seventh month
- 8 Strong cloth
- 12 Sisk
- 13 A Great Lake
- 14 Finched
- 15 Bonanza's aunt
- 16 Grubstake
- 17 Drugs
- 18 Author Joyce Carol —
- 20 Wm. e.g.
- 22 Mammal —
- 24 Glides on snow
- 25 TV sponsor's concerns
- 29 Furniture wood
- 33 — de France
- 34 Evil acts
- 36 Actor Colburn
- 37 Spare tire, e.g.
- 38 Horse food
- 41 Inlet
- 42 Artist's stand
- 44 Actor Bill — of Idaho

**DOWN**

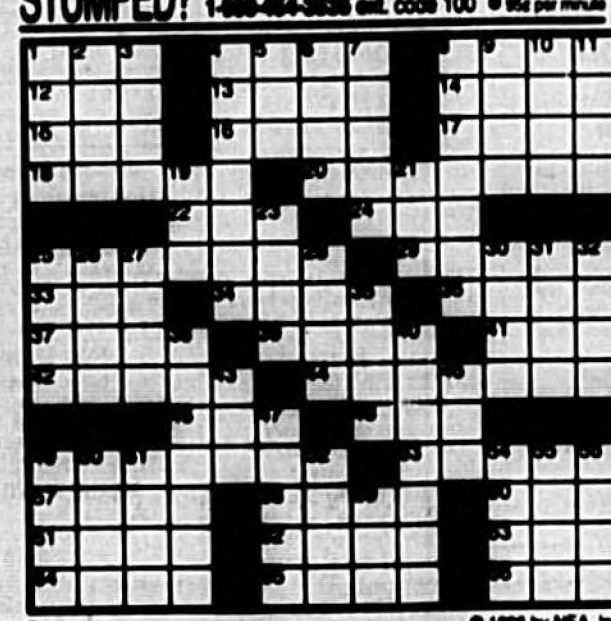
- 1 Former Yugoslav leader
- 2 Petric bones
- 3 Venetian-blind part
- 4 TV cartoon series
- 5 Psychic Geller
- 6 Lined calendar box
- 7 Offered as a lottery prize
- 8 Gave up
- 9 Silkworm
- 10 Don't — the best
- 11 Mail abbr.
- 12 Corn-plant parts
- 13 Architect Mies van der —
- 14 TV network
- 15 Worry
- 16 Island
- 17 Chatter

**Answer to Previous Puzzle**



**STUMPED?**

Call for Answers @ Touch-Tone or Rotary Phones 1-800-454-3636 ext. code 100 @ 5¢ per minute



- 6 Mouth parts
- 7 Positive words
- 8 Heppier
- 9 Layer of the eye
- 10 Adolescent
- 11 Formerly, formerly
- 12 Yale student
- 13 Dog team
- 14 Layer of the eye
- 15 Adolescent
- 16 Rampant
- 17 — brew
- 18 Police and Earl Grey
- 19 Finger movement
- 20 College building
- 21 Diva's solo
- 22 Baseballer
- 23 Type of sailing
- 24 Capital of Northern Ireland
- 25 Slow down
- 26 — Abner
- 27 Soap ingredient
- 28 — Houts
- 29 Canal ridge
- 30 Rain-producing tree
- 31 Arid
- 32 Entrance
- 33 Island of scale
- 34 Wheel
- 35 City in Ill.

**WIN A ... A slip of the hand**

By Phillip Alder

We all make unintentional slips of the tongue. A funny one I heard recently was: "I ate mussels only once. I didn't want them, but I was on a first date and didn't want to appear inoscientific."

At the bridge table, when someone has just made a mistake, I've heard the excuse that "the card accidentally fell out of my hand" several times. I believed it only once — when I said it! South came out with that excuse after this deal, but his partner wasn't listening. How should South have played in three no-trump after West had led the heart king?

North was right to bid three no-trump. For one thing, it is usually easier to win nine tricks than 11. Seeing 10 top tricks, South ducked the first trick, won the heart-jack con-

tinuation with his ace and led the diamond two to dummy's queen. East's club discard registered inside South's head at about 8.3 on the Richter scale. After steadying his pulse, South played a spade to his hand and led the diamond 10, ducking in the dummy when West covered with the Jack. (It cannot help to win this trick, return to hand and lead the diamond eight, because West plays low since the diamonds are blocked.) However, West had three heart tricks to cash, defeating the contract.

As only a 4-9 diamond break could cause trouble, South should have led the diamond eight or 10, according to choice, to dummy's queen at trick three. Drawing on the power of dummy's seven, South could return to hand and lead the 10 or eight through West. Six diamond tricks would fall into South's lap, and an overtrick, rather than an undertrick, would be generated.

North 08-07-08  
 ♠ 7 6  
 ♥ 8 4 3  
 ♦ A K Q 7 4 3  
 ♣ 5 2

West  
 ♠ 10 9  
 ♥ K Q J 10 2  
 ♦ J 9 6 5  
 ♣ Q 4

East  
 ♠ Q J 8 3 2  
 ♥ 9 5  
 ♦ —  
 ♣ K 10 9 8 7 6

South  
 ♠ A K 5 4  
 ♥ A 7 6  
 ♦ 10 8 2  
 ♣ A J 3

Vulnerable: East-West  
 Dealer: South

South West North East  
 INT Pass INT All pass

Opening lead: ♥ K

**Horoscope**

**Your Birthday**  
 Thursday, August 6, 1986

Friends have always been important to you in the past and they could be even more so in the year ahead. Financial opportunities will be available if you network with friends.

**LEO (July 23-Aug. 22)** Something you've hoped to achieve can become a reality today, provided you take action promptly and don't just watch and wait. Go for it! Know where to look for romance and you'll find it. The Astro-Graph Matchmaker instantly reveals which signs are romantically perfect for you. Mail \$2.75 to Matchmaker, c/o this newspaper, P.O. Box 1758, Murray Hill Station, New York, NY 10156.

**VIRGO (Aug. 23-Sept. 22)** Desirable end results are indicated today, but not necessarily on your first try. If you experience

failure, regroup and try again.

**LIBRA (Sept. 23-Oct. 23)** Knowledge you acquire today through personal experience can be used wisely at a later date. What you will learn firsthand can't be gleaned from books.

**SCORPIO (Oct. 24-Nov. 22)** You still have the ability to latch onto potentially profitable projects. Your expertise could earn you a piece of the action.

**SAGITTARIUS (Nov. 23-Dec. 21)** Before making major decisions today, take adequate time to study all of the ramifications. You might not be aware of them at first.

**CAPRICORN (Dec. 22-Jan. 19)** Appreciative recipients of your thoughtfulness might try to do more for you than you did for them, even though you didn't extend yourself for this purpose.

**AQUARIUS (Jan. 20-Feb. 19)** Even though you can function independently today, your most impressive success may come in conjunction with a joint venture.

**PISCES (Feb. 20-March 20)** This will be a good day to finalize a significant matter you've left hanging. You can finish strong and you'll gain momentum as you close in on your goal.

**ARIES (March 21-April 19)** Late afternoon or early evening will be a good time to get together socially with people with whom you have important issues to discuss.

**TAURUS (April 20-May 20)** Keep your eyes and all of your options open today because something unusual may develop and it will enable you to add to your resources.

**GEMINI (May 21-June 20)** If you've contemplated a short trip for a practical purpose, this will be a good day to do it. However, make sure to start early.

**CANCER (June 21-July 22)** Let events unfold today instead of trying to manipulate them to conform to your expectations. You will fare better in loosely structured arrangements.

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**ANNIE**

