

# Evening Herald

75th Year, No. 298—Wednesday, Aug. 3, 1983—Sanford, Florida 32771

Evening Herald—(USPS 461-280)—Price 20 Cents

## Seminole Will Fill 5 Jobs, Keep Most Hiring On Ice

Seminole County Administrator T. Duncan Rose is willing to thaw a county hiring freeze but county commissioners have turned a cold shoulder to the idea.

Rose told commissioners Tuesday the freeze on 59 jobs saved the county \$133,000 since it was imposed in April. "The freeze has served its purpose. I see no reason to continue it."

But Commissioners Sandra Glenn, Robert G. "Bud" Feather and Barbara Christensen told County Administrator T. Duncan Rose most of the jobs should remain on ice. The

three commissioners told Rose they want to personally examine each of the jobs on the list before they are filled.

"I don't want any new people period," Mrs. Christensen said. "Keep all of them frozen." She said the county shouldn't stop the hiring freeze simply because the budget has been balanced.

A total of 59 jobs were included in the freeze when it was imposed. Several jobs were removed from the freeze by commissioners Tuesday. Commissioners voted to hire a contracts monitor in the Purchasing

Department, urban horticulturalist and secretary for the Extension Service and part-time pages for the Library Division.

Mrs. Glenn joined Commissioners Bill Kirchhoff and Robert Sturm to vote in favor of removing the positions from the freeze.

Rose told commissioners the contracts monitor is necessary because of the large number of contracts necessary for the renovation of the County Services Building, Courthouse and the county's library expansion program.

County Agricultural Extension Agent

Frank Jasa told commissioners the two jobs in his office were imperative as well. He said about 12,000 people use the services of the urban horticulturalist and unless the position, which has been vacant for four months, is filled, severe pressure would be put on the agricultural program.

The pages are needed, Mrs. Glenn said, so the libraries can resume normal operating hours.

The board agreed to raise the salary cap for their secretaries and two secretaries in the county administrator's office who will

now be called administrative aides.

Kirchhoff objected to a plan to raise the salary range on the jobs, claiming the salary scale should be flexible. He said the minimum salary should remain at \$11,603 a year but suggested raising the maximum salary \$1,000 to \$18,584 annually, about \$1,000 higher than it currently is.

He said the county's personnel system "is built to self-destruct."

"We keep ratcheting salaries higher, taxpayers sit out there and say this is a joke."

—Michael Beha



Herald Photo by Tammy Vincent

### What Hit Me?

Paramedic Laura Drew of Herndon Ambulance uses her best curbside manner on Travis Groover, 9, of 2415 Holly Ave., Sanford, who escaped with scrapes and bruises when the bicycle he was riding was struck by a Datsun driven by Benjamin Crain Jr. of Sanford on French Avenue at 22nd Street around 1 p.m. Tuesday. Travis was taken to the hospital by his mother, Diane Groover, to be checked out. Sanford Fire Department was also on the scene and Sanford Police Officer Tom Bernosky investigated the accident. Crain was driving north when the bicycle crossed into his path.

## TODAY

### King Holiday

More than 15 years after civil rights leader Martin Luther King Jr. was assassinated, the House has voted to set aside a national holiday in his honor. The Senate has yet to act on the proposal. Story on page 12A.

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## Women In Seminole Politics

# Holding Office Took Tenacity In Those Early Days

By Donna Estes  
Herald Staff Writer  
First of two parts

Carrie Chapman Catt, Susan B. Anthony, Lucy Stone and all those pioneer women who fought for women's right to vote and ultimately hold public office would be proud of Seminole County's great advances over the past few years, especially in this month of August.

August 26 will mark the day 63 years ago that the 19th amendment to the U.S. Constitution granting women these rights was ratified. And President Richard Nixon in 1970 formally designated the day forevermore to mark the occasion, calling it "Equality Day."

But the pioneer women in Seminole County, who took up the challenge and ran for what had formerly been considered male offices, had to have not only courage to place themselves before the public, but also the tenacity to hold on as their authority was challenged and indeed efforts were mounted to remove them from the offices they had won.

One such pioneer was Mary Earle Walker of Oviedo, today devoting herself to church work and to the care of her ailing husband.

It was early in 1956 that Mrs. Walker moved into the political arena, throwing her bonnet into the ring for the office of tax assessor, today called the property appraiser's office.

During those days the only elected woman in the courthouse was Camilla Bruce, supervisor of elections, appointed in 1951 to the office and subsequently elected and re-elected many times. But then most considered that office one which should be held by the feminine gender.



It was not so easy for Mrs. Walker.

By 1959, the all-male Seminole County Commission decided to go over her head and commission a private company to do a complete reappraisal of properties in the county and they expected Mrs. Walker, as the county's official appraiser, to merely put her seal of approval on the resulting tax roll.

"They wanted me to say it was a right and true appraisal, but of course it was not and I refused," Mrs. Walker recalls today.

She says it was politics when then-Governor Leroy Collins removed her from office as a consequence and appointed a man to the job.

Mrs. Walker remembers the time well. "On the front page of the newspaper that same day was my picture announcing I had been removed and a picture of a Brevard County official who had embezzled \$25,000 of public money and he was not removed. The people understood it was politics," she says.

And that's exactly where Mrs. Walker went — to the people.

In May, 1960 with the Democratic primary, then tantamount to election, scheduled, Mrs. Walker, suspended from her office, ran again for re-election. In her 1956 election she had run in a five person field that included herself and four other candidates, all men, and garnered almost as many votes as all her opponents combined.

In 1960, the field was narrower. Her only opponent was the man the governor had named as her replacement. Mrs. Walker emerged triumphant, garnering three times as many votes as her opponent. And the day after election, tired from the hard fought campaign, she left the area to vacation and rest at her sister's home.

But her opponent who was to serve until January, 1961, when her new term was to begin, resigned and locked the courthouse office. When Mrs. Walker returned a week later, she found a letter from the governor reappointing her to the office.

Ultimately she was re-elected in 1964 and chose to retire from politics in 1968 and encouraged a protégé to seek the office.

Mrs. Walker was among only five women who held public office here in the pre-women's liberation days of the early 1960's.

Today, there are 16 holding elective office in a wide-reaching area of responsibility. And today 54 percent of Seminole County's voters are women.

Among those offices held by women in Seminole: a circuit judge, an appellate court judge, two county commissioners, a state senator, a mayor and a council chairman, as well as the majority of the School Board and a majority of the Oviedo City Council.

While it became acceptable in the 1960s for a woman to seek the office of city councilman or supervisor of elections, those who aspired to higher office were frowned upon by male colleagues and without exception given a hard time.

Mrs. Bruce was one of the five and resigned only a few months ago after 30 plus years in the office. In those days in the sixties she was manning her fortress in the dank and dark basement at the old courthouse. Her office had only recently become a full time one, but there were few dollars for anything but the antique equipment she tried to function with.

She was involved in one battle after the other with the Seminole County Commission as she tried to bring her office into the 20th Century.

Mrs. Bruce's salary was kept below that of other elected officials until the passage of the 1968 Florida constitution when the offices of supervisors of election were elevated to constitutional offices.

Upon Mrs. Bruce's retirement, Gov. Bob Graham appointed, at Mrs. Bruce's strong urging, her chief assistant, Sandra S. "Sandi" Goard, to the remainder of the term. Mrs. Goard has announced that she will run for election in 1984.

See FIRST, page 12A

## Miffed County Imagined Greater Gas Tax Haul

By Michael Beha  
Herald Staff Writer

Seminole County will receive about 65 percent of revenues from the county's 4-cent gasoline tax with the remaining 35 percent going to the seven cities — figures which have left one county commissioner miffed.

The preliminary figures, prepared by county staff, show that the county spent \$19.5 million on transportation over the past five years compared to \$10.5 million spent by the seven municipalities. Through a state formula each of the eight governing bodies in the county will receive revenues from the gas tax proportionate to their percentage of the total expenditures for transportation over the past five years.

The county's share of the funds is about 20 percent less than county commissioners had anticipated.

Commissioner Barbara Christensen said Tuesday she's ready to rescind the gas tax if the county only receives 65 percent of the funds.

"This is very disturbing. Most of the streets we're going to improve are within the city limits," she said. "I thought we'd have more money to do these projects. I'd like to rescind the vote. If we can't do what we wanted I'd rather not have it."

County Administrator T. Duncan Rose called the 65-35 split "surprising." Rose said county staff officials expected the county to receive about 80 percent of the tax.

He said the county's share was reduced because more than \$2 million in federal revenue sharing funds spent by the county on roads could not be counted. The formula allows only state and local funds to be counted.

According to figures compiled by County Budget Director Eleanor Anderson, the county will receive about \$2.22 million annually from the tax. The cities will receive about \$1.2 million annually.

Mrs. Christensen said she voted for the gas tax "because I wanted to see Red Bug Lake Road improved." That road "goes right through Casselberry."

She said if the cities are going to receive 35 percent of the gas tax revenues "they can take care of the roads in the cities."

Earlier this summer the cities refused to accept a county proposal for gas tax distribution which would have given the cities 25 percent of the revenues. When the cities rejected the plan commissioners voted to enact a gas tax on their own and follow the state distribution formula.

The preliminary figures released Tuesday show that Sanford led the seven cities in transportation spending at \$2.9 million. Altamonte Springs spent \$2.5 million, Casselberry spent \$2.3 million, Longwood spent \$1.4 million, Winter Springs spent \$885,975, Lake Mary spent 309,251 and Oviedo spent \$243,102.

But Ms. Anderson warned that the figures are not final ones. She said the county's auditor's have already found a \$40,000

'I'd like to rescind the (gas tax) vote.'



Christensen

discrepancy in the figures submitted by one city.

By using the state formula, Sanford would receive 9.65 percent of the gas tax funds with

## Feather's Elated Over Survey; Making Sure It's Not Shelved

Seminole County Commissioner Robert G. "Bud" Feather says he's elated that commissioners have okayed an independent survey of the county's road needs.

But he wants to make sure that the independent survey, approved along with the county's 4-cent gasoline tax, isn't forgotten now that the gasoline tax has been approved and the issue has faded from the limelight.

"I'm worried about protecting that," he said. "We need an impartial objective study to make sure we spend the money in the right places."

The survey, approved by commissioners at Feather's insistence last week, commits the county to hiring a consultant to examine its highways. The consultant will tell commissioners which highways are most in need of repairs.

"I don't want to spend the money without the study," he said.

The survey was a compromise proposed by Feather after his colleagues on the board refused to go along with a plan to establish a priority list for construction.

He said the survey would take about six months and cost about \$150,000.

Conducting the survey should not significantly affect any road construction projects in the county since any of those projects is unlikely to be done within a year, according to county officials.

County Administrator T. Duncan Rose said it may be 12 to 15 months after the gas tax goes into effect on Sept. 1 before any roads are improved in the county.

"Most of the projects we're talking about

Altamonte Springs receiving 8.32 percent, Casselberry getting 7.66 percent, Longwood getting 4.66 percent, Winter Springs 2.93 percent, Lake Mary 1 percent and Oviedo .80 percent. A rough estimate puts Sanford's share of gas tax funds at about 320,000.

Rose said the end result of the bigger city share of the gas tax pie will probably be that commissioners have more power than they had expected in determining which roads will be improved.

"The cities will have more than they thought, more than we thought," he said. "But it won't be enough to do anything on their own."

Rose said the cities will need to work with the county to have enough money to make major road improvements within the cities.

cost a good bit of money," he said. "It's liable to take that long for the funds to accumulate so the projects can be done."

Commissioners plan to hold a work session this month on what to do with the money they'll receive from the gas tax. But they've already agreed to use about \$800,000 to replace equipment replacement reserves which were depleted when commissioners were balancing the 1983-84 budget.

Feather insisted on the consultant so commissioners would have an objective viewpoint in selecting roads for improvement. "We can take the politics out," he said.

In a list prepared by Feather from county records, most of the roads which carry more than their intended capacity are in the south end of the county. On his list are roads like County Road 427 through Altamonte Springs and Longwood, Center Street, Palm Springs Drive and Montgomery Road in Altamonte Springs and Red Bug Lake Road near Casselberry.

But each of those roads affects the cities which they run through and are affected by city decisions as well.

Feather wants to coordinate the county's highway needs with those of the county's seven cities, Orange County and the Seminole County Expressway Authority. He hopes information from all of those sources can be fed into the county's geographic base file and transportation models can be developed on the computer to show officials the best way to deal with traffic problems.

—Michael Beha



# NATION

## IN BRIEF

### Americans Spend Billions On Counterfeit Products

WASHINGTON (UPI) — Americans spend billions of dollars for counterfeit goods, including \$3 billion annually for fake auto products, which could endanger their health and safety, the head of an anti-counterfeiting group says.

"Every working day consumers from New York to California are being defrauded of vast sums of money and unwittingly forced to risk use of hazardous products because counterfeiting has become a high-profit, low-risk business," James Hikoff, president of the International Anti-Counterfeiting Coalition said Tuesday.

Hikoff, whose coalition has 140 corporate members, said counterfeiting has spread from the apparel and publishing businesses to airplane, chemical, drug, cosmetic, medical and electronic products.

He supported legislation providing criminal sanctions for any manufacturer, distributor or retailer intentionally producing or selling counterfeit products.

Commercial counterfeiting involves the unauthorized use of patents, copyrights, trademarks and trade dress in connection with products, often of inferior quality, which make the product superficially indistinguishable from the genuine article.

### 'Miss Evelyn' In Runoff

JACKSON, Miss. (UPI) — Evelyn Gandy, seeking to become the state's first woman governor, captured a runoff spot in Mississippi's Democratic primary election and will battle populist Bill Allain — who ran a surprisingly strong second.

"Miss Evelyn" as she is known, 62, the state's first woman lieutenant governor, state treasurer and insurance commissioner, waged a see-saw battle with Allain — staying in front much of Tuesday night but only by a razor-thin margin.

Miss Gandy, the heavy favorite in her comeback bid for the Magnolia State's top office, was expected to run away from Allain and challenger Mike Sturdivant — but Allain was bolstered by a strong showing in central Mississippi and some strength in north Mississippi where he was not expected to fare well. State Rep. Lonnie Johnson of Pearl and Laurel farmer Billy Davis picked up little support in the primary.

The winner of the runoff faces Republican Leon Bramlett Nov. 8 in the general election. Bramlett, a Delta businessman and ex-Navy football star, was unopposed in his bid to become the first Republican in modern time to occupy the Mississippi's governor's office.

## WEATHER

**NATIONAL REPORT:** Floodwaters from up to 15 inches of rain in southern Louisiana and Mississippi sloshed into basements today and forced evacuations by the busload. Temperatures topped 100 Tuesday in parts of the Plains, stifled by a two-month heat wave blamed for nearly 200 deaths, but gusty thunderstorms whipped through the northern Plains and scattered showers cooled parts of the central states. Lightning sparked new fires in eastern Oregon, Idaho, Nevada and California, where blazes have already blackened 130,000 acres of range and timberland. Flash flood watches were posted today for southern Mississippi, doused by 5 inches of rain, and southern and central Louisiana, where up to 15 inches fell Tuesday near Baton Rouge. Several people were evacuated briefly in Baton Rouge and sandbags left over from the April floods were distributed. In Mamou in southwest Louisiana, officials evacuated three busloads of people. Several hundred customers in East Jefferson Parish were without power for about an hour when lightning struck a transformer, a Fire Department dispatcher said. Ten inches of rain in 10 hours soaked Oakdale in southwest Louisiana. Police Chief Virgil Chamberlain ordered residents to stay off the streets because vehicles cruising flooded streets sloshed water into houses.

**AREA FORECAST:** Mostly cloudy with a 70 percent chance of thunderstorms this afternoon. Highs around 90. Wind southeast 10 mph. Tonight a 30 percent chance of thunderstorms this evening then partly cloudy. Lows mid 70s. Wind southeast less than 10 mph. Thursday variable cloudiness with 60 percent chance of afternoon thunderstorms. Highs around 90.

**BOATING FORECAST:** St. Augustine to Jupiter Inlet out 50 miles — Southeast wind near 10 knots through Thursday. Seas 3 feet or less. Wind and seas higher near widely scattered showers and thunderstorms.

**AREA READINGS** (9 a.m.): temperature: 82; overnight low: 75; Tuesday high: 91; barometric pressure: 30.15; relative humidity: 82 percent; winds east at 5 mph; rain: none; sunrise 6:48 a.m., sunset 8:15 p.m.

**THURSDAY TIDES:** Daytona Beach: highs, 4:05 a.m., 4:55 p.m.; lows, 10:08 a.m., 11:13 p.m.; Port Canaveral: highs, 3:57 a.m., 4:47 p.m.; lows, 9:59 a.m., 11:04 p.m.; Baysport: highs, 9:27 a.m., — p.m.; lows, 2:34 a.m., 5:19 p.m.

## HOSPITAL NOTES

### Central Florida Regional Hospital

#### Tuesday

#### ADMISSIONS

Sanford:

John A. Bass

Alex Crummedy

Kathy Lallier

Clifford Manley Sr.

Clarence Noble

Edna L. Snyder

Dan H. Tucker Sr.

Patricia R. Cheney, DeBary

Victor E. Rivera, Deltona

Esther L. Robertson, Deltona

### Michael C. Byrd, Orange City

Oigel Gonzalez, Orlando City

James H. Gibbs, Oviedo

#### DISCHARGES

Sanford:

Jewell R. Bishop

Margaret L. Hale

Anna L. Miller

Ethel A. Pearson

Linda J. Hibbard and baby boy

Sandra L. Moon and baby boy

Stanley F. Cherry, Deltona

William J. Brown, Longwood

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Wednesday, Aug. 3, 1983—Vol. 75, No. 298

Published Daily and Sunday, except Saturday by The Sanford Herald, Inc., 300 N. French Ave., Sanford, Fla. 32771.

Second Class Postage Paid at Sanford, Florida 32771

Home Delivery: Week, \$1.00; Month, \$4.25; 6 Months, \$24.00; Year, \$45.00. By Mail: Week \$1.25; Month, \$5.25; 6 Months, \$30.00; Year, \$57.00

# Church Burglary Stumps Sanford Police

Sanford police are still trying to figure out how a burglar broke into a Sanford church and made off with about \$48 in cash earlier this week.

Someone broke into the pastor's study at the First United Methodist Church, 419 S. Park Ave., between 5:15 p.m. Monday and 8:02 a.m. Tuesday.

The thief pried open the door to the study, possibly with a crowbar, opened a locked safe and removed the cash and about 32 worth of postage stamps, the church's pastor, the Rev. George A. Buile said.

All outside doors and gates were locked and Sanford police said they did not know how entry was gained to the building.

"Luckily, we never keep much money in the safe," the Rev. Buile said.

### COSTLY DIP

Someone stole Albert Payne's \$1,500 gold chain and cross while he was swimming in the Wekiva River near State Road 46 west of Sanford.

Payne, 26, of Sorrento, said he placed the chain in his hat on the river bank while he climbed a tree and jumped into the river at about 9 a.m. July 25. Later he noticed that the 18-inch chain was missing.

### BOAT STOLEN

A boat and trailer, valued at \$6,800, were removed from the front yard of a Longwood man's home between 3 p.m. Friday and 9:30 a.m. Monday.

John Williams, of 2431 W. Lake Brantley Road, said his boat was a brown and rust colored 19-foot Critchfield and the trailer was 21 feet long.

### SURFBOARD GONE

A Longwood man left his garage door unlocked and someone entered the garage and walked away with a \$285 surfboard between 9 and 9:58 p.m. Monday.

Leland W. Jacobson, 38, of 820 Hobson St., said the stolen surfboard was a green multi-color Lucas board with twin fins on the bottom.

### WEEDEATER STOLEN

A Sears gas weedeater, valued at \$161, was removed from the maintenance facility of the Seminole County School Board on Lake Avenue in Sanford between 5 p.m. Thursday and 7 a.m. Monday.

Entry was gained to the facility by cutting a hole in a chain link fence, according to a police report.

## Passenger Thwarts Hijacking

HOUSTON (UPI) — A man laid off last month by Pan American and his teenage son broke up a hijacking aboard one of the airline's flights by overpowering a Cuban national and buckling him into a seat.

With Spicer Lung, 45, an 18-year veteran of Pan Am, and his son, Spicer Jr., watching over the suspect, Flight 925 landed safely in Houston Tuesday with 121 passengers and eight crew members.

Officials identified the Cuban as Alfredo Ayala, 30, and took him into custody when the Miami-to-Houston flight landed at 7:37 p.m. CDT, about an hour behind schedule.

Ayala, who had demanded the flight be diverted to Havana, was to appear before a U.S. magistrate today.

Miami Ralph Symons, 52, said he joined the Lungs in their struggle with Ayala.

"The heroes of this are Spicer Lung and his son," Symons said. "I saw Spicer Lung take off after the guy as the guy was trying to go to his back pocket. Spicer had his hands behind his back and the kid had him around the throat. Then I grabbed him and suddenly the guy is looking at three virile American men and he wasn't going anywhere."

The hijacker neither indicated he had a weapon nor was one found on him, McGuinness said. He spoke only in Spanish and was interpreted by a passenger.

McGuinness said Lung had been laid off about three weeks ago as head of Pan Am's catering in Houston.

Since May, there have been 12 attempts to hijack jets from the United States to Cuba. The most recent attempt, and the only other unsuccessful one, came July 21 when a Cuban exile used a knife to divert a Northwest Orient Airlines jetliner from Tampa to Miami. Two passengers and an off-duty flight attendant pounced on the man and disarmed him.

## STOCKS

These quotations provided by members of the National Association of Securities Dealers are representative interdealer prices as of approximately noon today. Interdealer markets change throughout the day. Prices do not include retail markup/markdown.

	Bid	Ask
Atlantic Bank	29 3/4	30 1/4
Barnett Bank	37	37 1/4
Flagship Bank	31 1/4	31 3/4
Florida Power & Light	37 1/2	37 3/4
Fla. Progress	19	19 1/4
Freedom Savings	21 1/4	22 1/4
HCA	47 1/4	48 1/4
Hughes Supply	28 1/4	28 3/4
Marathon	19 1/4	19 3/4
NCR Corp.	121 1/4	121 3/4
Plessey	104	104 1/2
Scotly's	16 1/4	16 3/4
Sun Banks	26 1/4	26 3/4
Southeast Bank	26 1/4	26 3/4

## Action Reports

### ★ Fires

### ★ Courts

### ★ Police

### SWANS DEPART

Someone stole two concrete white swan planters from the front porch of a Sanford woman's home between 5 p.m. Saturday and 9 a.m. Sunday.

Wilma H. Purcell, 54, of 811 Palmetto Ave., said her swans were worth a total of \$60. One swan had a black beak and the other sported a yellow beak, she said.

### PIZZA HEIST

Three men entered a Forest City convenience store, grabbed four large pizzas, two cases of Busch beer, three packs of Newport cigarettes and ran out the door at about 10 p.m. Tuesday.

The manager of the Shop and Go at 9415 Forest City Road said the value of the merchandise was \$31.

### BIKES TAKEN

Three bicycles were reported stolen in Sanford recently.

Two 10-speed bicycles, worth a total of \$300, were removed from the backyard of Christine Johnson, 45, of 1211 W. 7th St. between 5 p.m. Sunday and 9:30 a.m. Monday.

A 24-inch red Huffy road bike, valued at \$65, was taken from a carport at the home of Joe Henry Hoeddinghaus, 40, of 302 Satsuma Drive, between 2:30 and 9:53 p.m. Sunday.

### AUTO TRAIL THEFT

About \$700 worth of electrical wiring was taken from a construction trailer parked at the Auto Train terminal at 600 S. Persimmon Ave. in Sanford between 3:30 p.m. Friday and 8:50 a.m. Monday.

Sanford police said the thieves apparently had a key to the rear door of the trailer. The owner of the stolen wire is Continental Electric, Inc. of Orlando.

### DRUG BUST

A man who grabbed \$300 out of an undercover policeman's hand and ran during a drug deal was nabbed outside a Fern Park nightclub, authorities said.

Seminole County Drug Task force agents said the incident began early Tuesday when undercover officers, who were inside Fern Park Station met with a man who offered to sell them a pound of high-grade marijuana.

The man said he first wanted to sell the agents a \$30 sample, agents said.

The agents agreed to the purchase and the man called a second man who said he wanted to see the agents' money, according to a report.

An agent displayed \$300 and the second man seized the agent's arm, grabbed the cash from his hand, and ran out of the building, the report said.

Outside other agents arrested the man, who shoved and struck them, the report said. The first man, who remained in the nightclub, was also arrested.

Terry Wayne Berkley, 21, of 1050 Park Drive, Casselberry, and Robert Matthew Stanakis, 21, of 5217 Woodcrest Drive North, Orlando, were charged with conspiracy to sell controlled substances and conspiracy to deliver controlled substances. Berkley was also charged with strong-arm robbery.

Berkley was released from the Seminole County Jail on \$1,500 bond. Stanakis was still in jail today in lieu of \$1,000 bond.

### CAR VANISHES

Ora L. Knight, 40, of 802 Orange Ave., Sanford, told police someone stole her red 1976 Chevrolet Vega, valued at \$1,100, from the driveway of her home between 6 p.m. Saturday and 9 a.m. Sunday.

### SILVERWARE STOLEN

A burglar took a 12-piece sterling silver flatware set and assorted jewelry from a Sanford home after breaking out a bathroom window to gain entry between 9:55 a.m. and 12:30 p.m. Monday.

### FARMERS' MARKET HEIST

Someone removed two tires from a trailer parked at the Farmers' Market in Sanford between 9 a.m. Friday and noon Monday.

The tires, valued at \$264, belonged to Atlantic Transport Services, Inc., 1300 French Ave. in Sanford.

## Your Choice

Carolina Nectarines  
Carolina Peaches  
Santa Rosa Plums

2 FOR \$1

Lbs.

QUANTITY RIGHTS RESERVED.

## PARK AND SHOP

PARK AVE. & 25th ST. SANFORD  
OPEN 7 DAYS—8 A.M.—9 P.M.  
SANFORD AVE. at 4th ST. SANFORD  
8 A.M.—8 P.M. SUN. 8-2

LARGE HEAD Lettuce 2 FOR \$1

CRISP Celery 2 LARGE STALKS \$1

POLE Beans LB. 59¢

RED DELICIOUS APPLES 8 FOR 1.00

RED GRAPES 4 LBS. 69¢

Watermelons 1.99 25-30 LB. AVG.

GOLDEN RIPE BANANAS 4 LBS. \$1.00

## Park & Shop Bargain Days!!!

THURSDAY, AUGUST 4th THRU SATURDAY, AUGUST 6

VAN CAMPS Pork & Beans 3 FOR 1.00 16 OZ.

BUY G.E. LIGHT 4 Pack 40-100 Watt 3.69 GET FREE 5-Lb. Bag of Sugar W/Purchase of Light Bulbs

WESSON OIL 24 OZ. 1.19

RUSSO RIGOTONI Sea Shells... 3 LB. PKG. 1.00

GOOD VALUE 7 1/2 OZ. Mac & Cheese Dinners 3 FOR \$1

TRAIL BLAZER Dog Food 50 LB. BAG 6.99

CHASE & SANBORN Coffee 1 LB. CAN 1.99

CHEESE FILLED Combos 8 OZ. 99¢

LIBBY NATURAL PACK W/K or C/S CORN GR. BEANS, SL. BEETS or SW. PEAS 2 FOR 89¢ 17 OZ. CAN

BUY 1 GET 1 FREE Golden Flake Potato Chips 1.09

CARLING 24 12 OZ. CANS BLACK LABEL BEER Full Case 5.69

16 OZ. — 8 PACK COKE MR. PIBB, MELLO YELLOW OR SPRITE 1.29 PLUS DEP.

## BONUS CASH

1 Pick up two Super Bonus Certificates at Checkout counter.

2 You get 1 Super Bonus Coupon for every \$1 you spend. Paste 30 Super Bonus Coupons on each certificate.

3 When you check out, present two filled Super Bonus Certificates for each Super Bonus Special you select.

EVERCANE SUGAR 5-LB. BAG 88¢

SUNNY FLA. MILK HOMO EXTRA RICH 1.58 GAL.

FLA. GRADE A LARGE EGGS DOZ. 9¢

CHICKEN OF SEA TUNA LT. CHUNK 6 1/2 OZ. 28¢

BLUE BONNET Margarine QUARTER 4 1 LB. \$1.00

VIVA PAPER TOWELS JUMBO ROLL 18¢

PUREX LAUNDRY Detergent GIANT 42 OZ. HEAVY DUTY 78¢



# FLORIDA

## IN BRIEF

### Shuttle On Launch Pad Ready For Third Mission

CAPE CANAVERAL (UPI) — The space shuttle Challenger stood poised on its ocean-side launch pad today, waiting to carry the first black crewman into space on its third voyage later this month.

An Aug. 30 blastoff is planned for the winged space freighter, which was moved to the launch site Tuesday aboard a giant land crawler.

The first night launch and landing in the shuttle program will be featured during the planned five-day mission.

Challenger is to lift off at 2:15 a.m. and is scheduled to touchdown at 3:45 a.m. EDT Sept. 4 on the desert landing strip at Edwards Air Force Base, Calif.

Lt. Col. Gulon Bluford, the first black to fly in space, will be one of five crewmembers aboard the spaceplane.

### Lightning Strikes Twice

CRESTVIEW (UPI) — When lightning struck their house, setting appliances afire, Frieda Parker and her 4-year-old son fled outside — only to be struck and killed by another bolt of lightning.

Okaloosa County sheriff's Sgt. Bill Welch said Mrs. Parker, 24, and her son Simon were killed Monday trying to reach the family truck.

"It appeared she was trying to evacuate the house," Welch said. "Lightning struck the house and it was on fire. It appeared lightning struck them between the house and the truck."

The woman's husband, Thomas, discovered their bodies several hours after the accident. He found his 1-year-old daughter Bonnie safe inside the house.

## McKibbin Honored

### Park Dedication Set

A former city manager, a civic leader and a local businessman.

All these terms describe the late Clifford McKibbin Jr. and it is in his memory that the Sanford city park at the corner of W. 25th Street and Marshall Avenue will be dedicated during special ceremonies at 10 a.m. August 19.

Sanford Parks and Recreation Director Jim Jernigan said today that after the ribbon-cutting officially opening the park, invocation by a local pastor will begin the speaking portion of the ceremony. Greater Sanford Chamber of Commerce president, Jack Horner, will serve as master of ceremonies.

A Marine Color Guard will present colors and Mayor Lee P. Moore will talk about the contributions made by McKibbin to the city during his lifetime. Mrs. McKibbin, guest of honor at the ceremonies, is expected to make brief remarks.

The latest park in Sanford's network throughout the city encompasses seven acres, Jernigan said, and is developed into tennis courts, picnic areas, a health course and multi-purpose sports areas for soccer and sandlot ball. The park is fenced.

McKibbin, a native of Springerville, Ariz., moved to Sanford in 1949 and served as city manager from Dec. 29,

1948 to Jan. 1, 1952. He had previously been city manager of Charlevoix, Mich. and Winter Park; served on the Sanford Board of Bond Trustees for the city from 1976 until his death in February, 1982, and was a member of the city's insurance committee from 1954 to 1970; the planning and zoning commission from 1955 to 1970 and was its chairman for 12 years; on the Sanford Industrial Commission from 1968-70; and was the first and only president of the Sanford-Seminole Development Corp. Inc.

He was a partner in Carraway & McKibbin and the McKibbin Agency from 1953 until his retirement on Jan. 1, 1979.

Active in the chamber of commerce, he was president for two terms of the Seminole County Chamber of Commerce.

McKibbin was also a member and active in the First Presbyterian Church of Sanford where he served as chairman of the Board of Deacons and as clerk of the session. He sang in the church choir and in the Seminole Community Choir. An Eagle Scout, he served as cubmaster of five cub packs and Boy Scout troops.

The Sanford City Commission unanimously voted to name the park in McKibbin's memory. —Donna Estes



### Summer Santa

Stored in a Sanford attic, this life-size Santa seems at peace with the summer heat. It'll be more than four more months before he gets to shake the cobwebs out...

## Red Cross Seeks Volunteers For Disaster Training

The American Red Cross Disaster Services of Seminole County will conduct a series of formal training classes in preparation for volunteer Disaster Action Team work. Training will be given by

the ARC National Certified instructors and certificates will be awarded upon completion of the following prescribed courses: ARC Orientation, Introduction to Disaster Services, Emergency

Assistance, Damage Assessment, Mass Feeding, Communications, Shelter Management I and II, Multimedia First Aid, Red Cross CPR, Vital Signs I and II, and Stress Management.

Completion of all the courses will lead to the special "Volunteer Red Cross Hard Hat Award."

The courses are scheduled to begin on August 15 at the Ascension Lutheran Church, 351 Ascension Drive, Casselberry from 7:30-9:30 p.m. This training is a prerequisite for all persons motivated toward acquiring knowledge

and skills for self and extended emergency care, especially during the "Hurricane Season."

Volunteer applicants age 13 (Teen Corps) through retirement age, are being sought to register for this training. They should report to The American Red Cross Service Center, 350 N. U.S. Highway 17-92, Casselberry, between 8 a.m. and 4:30 p.m., Monday through Friday, on or before August 12. Late registrations will be accepted at the training site on August 15 between 7 and 7:30 p.m.

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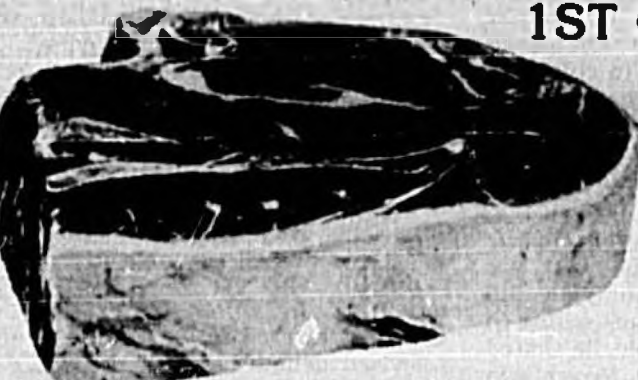
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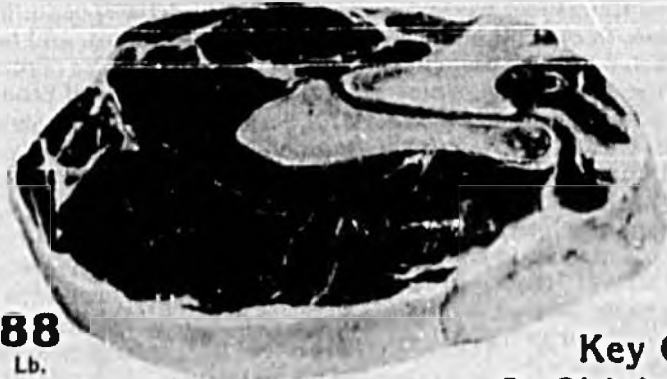
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## Sexologist: G Spot May Be Female Version Of A Prostate

SAN DIEGO (UPI) — Recent autopsies may prove many women have the equivalent of a prostate and that the gland is the highly erogenous area that some researchers call the G spot, a sexologist says.

Dr. Theresa Crenshaw said unpublished research at the University of California at San Diego Medical Center has convinced her that the erotic zone in the vagina scientists have identified as the G spot is actually a gland similar to the male prostate.

She was trained in sexology by pioneer sex researchers William Masters and Virginia Johnson and is associate clinical professor of reproductive medicine at UCSD. She operates a San Diego sex therapy clinic and recently published a book on improving sexual arousal techniques called "Bedside Manner."

Dr. Crenshaw said autopsies on 10 women between the ages of 40 and 65 indicated the existence of glandular tissue in the front wall of the vagina.

between the bladder and the urethra.

The studies of urethral tissue in the bodies showed acid phosphatase, a substance which is not usually found in the female body, but which characteristically is produced by the male prostate.

"There is another special erotic zone in women that some find sexually pleasurable and capable of producing orgasms," Dr. Crenshaw told the San Diego Tribune. "While we can't say for sure, because we don't have a large number of studies, I think it's fair to conclude all women have a prostate, just like men."

But Dr. Joseph Schmidt, head of the urology division at University Hospital, said, "Dr. Crenshaw is drawing her own conclusions which may not be appropriate or correct. It may be a quantum leap to assume this female prostate is a G spot."

The "G spot" is named for Dr. Ernst Grafenberg, a German gynecologist, who first described a "zone of erogenous feeling" in the vagina in 1944.

## Boy Wonder Headed For UM Law School

CORAL GABLES (UPI) — Stephen Baccus, who will become the youngest graduate of the University of Miami Friday, is a computer whiz who is on his way to law school but really wants to be in show business. Still, he thinks of himself as "just a normal 14-year-old."

Stephen will graduate with honors after attending classes for only two years.

For his next act, Stephen will attend the University of Miami's Law School this fall — the youngest student ever to meet its admission requirements.

"I am just a normal 14-year-old who learns faster," he said. "It's no big deal."

Stephen is a little worried law school may cut into his extracurricular activities and doesn't even really want to practice law. He prefers acting.

He has appeared in dozens of plays, television programs and commercials, and had a part in a Jerry Lewis movie, "Hardly Working."

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Area Code 305-322-2611 or 831-9993

Wednesday, Aug. 3, 1983—4A

Wayne D. Doyle, Publisher  
Thomas Giordano, Managing Editor  
Robert Lovenbury, Advertising and Circulation Director

Home Delivery: Week, \$1.00; Month, \$4.25; 6 Months, \$24.00;  
Year, \$45.00. By Mail: Week, \$1.25; Month, \$5.25; 6 Months,  
\$30.00; Year, \$57.00.

## Kick Big Brother From The Nursery

When a baby was born with deformities in ancient Sparta, the infant was taken outside the walls of the city-state and left to die on the rocks.

When a baby is born with defects in modern America, doctors and families do everything they can to let the handicapped baby survive and grow up as an equal member of our society.

But what happens if the defects are so severe that the baby can only be maintained alive artificially? What if, no matter what treatment is administered, the baby will only remain a vegetable?

Traditionally, doctors and families have faced this painful dilemma by themselves, trying to do what is right both for the baby and for the family. Some choose to spare no measure to prolong the baby's life, even if it is unconscious and has no chance of ever developing to maturity. Others mercifully stop artificial treatments and allow nature to take its course.

Who can say one way is right, the other wrong?

We certainly can't stand in judgment. No one who has experienced the birth and death of a deformed child can forget the anguish that tears apart the parents. All decisions are painful. None are easy. No two babies or families are the same.

After a celebrated case in Indiana, where doctors withheld food and treatment for a baby with Down's syndrome and other defects, the federal government stepped in and ordered federally aided hospitals to treat all infants equally, whether they have severe birth defects or not.

Who could be against an apparently humanitarian rule that demands life-saving care, no matter the prognosis of the child?

The American Academy of Pediatrics is against it.

We strongly oppose it.

The federal government has no right to be the moral dictator of the family. The government's intrusion into this area is a crude attempt to make nature conform to law. It reeks of mistaken moral plety. It can turn doctors into torturers, parents into powerless spectators, the baby's body into an engine of suffering.

A society is measured by how it deals with its handicapped members.

But in the gray area between life and death, there are no easy answers. Federal regulations only compound the suffering by restricting the freedom of morally and legally responsible people to make the best decision they can for all involved.

Federal aid once again is being used as a lever for intrusion from Washington.

And this rule is being made by faceless federal bureaucrats, not by Congress.

The regulation is being tested in the courts. It should be nullified before it causes untold suffering of infants and families.

## Paper Solution

We all know that the purpose of government is to print and shuffle paper.

No wonder, then, that some of the highest paid government workers in Washington are printers.

The General Accounting Office reports that printers in the Government Printing Office, which publishes the Congressional Record and other federal publications, earn 42 percent more than other government printers.

And what's more, they want more money.

The Reagan administration, elected to cut paper shuffling, doesn't want to give them a raise.

We have a solution.

Both the government and the printers union should hold firm to their demands at all costs, until there is no alternative but for the printers to go on strike for a day.

Then, when the presses stop, America would experience the unique test of a government without paper.

Imagine it: a bureaucracy that would have to make decisions in the real world, not on paper; a Congress that would have to listen to congressmen's remarks on the floor of Congress, not read them in the Congressional Record; a president who would have to write momentous proclamations by hand, not run them off on a printing press.

We can hear the outcry already. Bureaucrats weeping at their clean desks, congressmen thundering in the well of the House, the president borrowing a mimeograph machine from Republican headquarters. While the Republic, unfettered by paper, rolls on mightily and smoothly.

Ah, a government without paper is a fantasy too beautiful to imagine. We'll never see it. A GPO strike would be illegal.

## BERRY'S WORLD



"Whaddya say we have a little dinnergate, then catch a showgate at the Kennedy Centergate?"



By Charles Cobb

Hillsborough County residents think so many of their public officials are crooks that the FBI has set up a "corruption hot line" in Tampa to handle charges of official corruption.

When a resident dials 229-9241 the phone is answered by an FBI agent who listens with pen in hand to the caller's allegation that local officials are crooks.

The dial-a-probe line was set up by the FBI after three of the five county commissioners were charged with conspiring to extort money from citizens seeking approval of a zoning application, according to Central Florida Crimewatch.

After the arrests were announced, so many residents called the FBI's regular number to report that they knew of other bribes and corruption that the FBI decided to man a special telephone 24 hours a day.

Calls came in from more than 140 citizens in all walks of life during the first full week of operation. Many came from professional people, people in local government and people who think they just might have heard something that would be of help.

If you skip breakfast, you're more likely to have an accident resulting in injury.

That statement may sound hard to believe, but according to the New York Safety Council, it's a solid scientific fact based on research they have collected.

We know that a well-balanced breakfast will counter the low blood sugar that is normal for most people in the early morning hours. For some individuals poor coordination is worsened by low blood sugar. Food counteracts this by increasing metabolic activities, raising the body temperature.

Food also has a somewhat sedative effect on most people. The edginess a person feels in the early morning might be significantly reduced with proper food.

The Safety Council's study of industrial accidents also shows a high correlation between workers who have problems operating equipment and who failed to have a morning meal.

To reduce the possibility of accidents on the road, in a boat, or a field, eat. There is

evidence to suggest there could be a lessening of stress by raising body temperature. Increasing the blood sugar and also decreasing nervous tension with a morning meal.

All this is true for virtually everyone, including the sportsman who requires sharp faculties and energy to enjoy fully the pleasures of the outdoors. So if you want to bag more squirrels, quail, deer and turkeys, chow down at breakfast time.

Just when you thought it was safe to go in the water again, along comes the "pool thief."

Pool hustlers are just one of several criminal types preying on travelers. This thief lounges in swim trunks around motel pools with an eye out for easy marks.

He or she makes casual conversation with motel guests, finding out the victim's name and hometown. Then the dripping-wet thief goes to the desk clerk or maid with a tale about leaving his key in his room. Of course, he really asks for the key to his intended victim's room. The play usually works!

## EDUCATION WORLD

### Tougher School Programs

By Patricia McCormack  
UPI Education Editor

More rigorous homework, a longer school year and heaping servings of math and science are among new requirements under consideration for graduation from public schools in New York state.

An optional feature of the total education prescription meant to cover every grade also will offer state aid for pre-kindergarten schooling — nursery classes for 4-year-olds.

The plan does not plug one big leak: it does not change the compulsory attendance age ceiling — 16 1/2 years. Youths of that age still will be able to stop school before meeting graduation requirements, a situation that for years has led to many dropouts and virtual unemployment among blacks especially.

The otherwise tougher specifications, voted in on a preliminary basis by the state's policy setting Board of Regents, are expected to be adopted after hearings in coming weeks.

The recommendations are not a direct result of the many recent national reports critical of the public schools. But in many ways they resemble suggestions authorities have made in the reports, including guidelines in "A Nation at Risk," the report from the National Commission on Excellence in Education.

The regents' plan has been under consideration for many months and are an outgrowth of a six-year plan to improve student performance in all areas, officials said.

"Those efforts have resulted in dramatic improvement in student competence and we now are building on those achievements to design a comprehensive educational program that will meet needs of students who will live most of their lives in the 21st century," Regents Chancellor Willard A. Genrich said.

"The plan sets expectations and requirements which will motivate each student toward a higher level of performance," Gordon M. Ambach, state commissioner of education, said.

"It does so with the dual objective that as we set objectives ever upward, we continue to assure access to education opportunity for those who may need special help, extra time, or particular assistance to realize their full potential."

The new toughness is most evident in requirements for a regents' high school diploma: three years of science, three of mathematics, up from one each; four years of social studies, up from three; three years of a foreign language, a new requirement; one year of art or music, and a half-year of health. Students may choose electives, but these cannot substitute for requirements.

## JACK ANDERSON

# Trading 'Main Street' For 'Wall Street'

WASHINGTON — When E.F. Hutton talks, President Reagan listens — even at the risk of considerable political embarrassment.

In his 10 years as a Securities and Exchange commissioner, conservative Utah Republican John Evans has been the embodiment of Reagan's campaign pledge to return the nation to Main Street, U.S.A. He has been a champion of small business and the small investor's rights, an avid deregulator who has fought to break up the Wall Street securities cartel.

But instead of appointing Evans to a new five-year term, the president has been persuaded to replace him with Charles Cox, the SEC's chief economist and a man who's in solid with Wall Street. Cox's most ardent supporter is SEC Chairman John Shad, a former E.F. Hutton executive.

Conservative critics of the Cox appointment fear it signals the president's shift from Main Street to Wall Street Republicanism. My associates Indy Badwar and Donald Goldberg obtained internal SEC documents that seem to demonstrate that Cox favors big business over the small investor — though

Cox denies such a bias.

Last November, Cox penned a lengthy memo that attacked a proposed SEC rule on corporate takeovers. The rule was designed primarily to take away the big investors' advantage when one corporation buys out another.

Cox complained that the rule would slow down the takeover process and, therefore, might deter some takeovers. "This will cause a net social loss," he wrote, "because the evidence clearly shows that takeovers are productive."

Many economists disagree, having concluded that takeovers by big corporations do less to spur the economy than investment of the same amount of money in a new enterprise.

As for the edge that big investors have during a takeover, Cox wrote:

"The comment that professional investors have an advantage in the present system is correct. Professionals will have an advantage in any system. Professionals invest the time and resources to continually operate in the market... That is no problem. It is the way markets work in all lines of endeavor."

Economic ideology aside, Reagan's

more accurate to call him a reformer. He

is a descendant, in a different time and in different circumstances, of another New York reformer — Theodore Roosevelt. Lehrman wants to cut taxes

steeply, break the stranglehold of government bureaucracy, and stimulate the private sector by bringing businesses back to New York. He would apply the same philosophy nationally.

I have heard him speak in public several times during the last six months, and he has been energetic and intellectually impressive. Last spring in New Hampshire, for example, he shared a platform with the new Republican governor of the state, John Sununu. It was a friendly debate, centering on the uses of a gold standard, and the level of discussion would have honored any university department of economics. In Mr. Sununu, by the way, New Hampshire has a genuinely splendid governor.

Lewis Lehrman is very active politically these days, despite his loss to Cuomo last year. His goal is to support candidates who agree with his reformist views, and, hardly incidentally, create a network of Republicans who are grateful for his assistance.

To the end, he has already created two political action committees, one of them operating in New York State, the other nationwide. To favored candidates, they will provide the usual services of a political consultant — polling, political analysis, direct mailing, telephone banks and sometimes some funding. Predictably, this will make Mr. Lehrman a lot of friends among Republican candidates.

He has also announced the formation of yet another committee called Citizens for America, a "civic organization,"

## ROBERT WALTERS

### Making Faulty Guesses

WASHINGTON (NEA) — "I haven't had this much fun in a long time," a political adviser to former President Jimmy Carter told an official of the Democratic National Committee during a brief encounter at a restaurant here recently.

Pollster Patrick J. Caddell was referring to the success he and other erstwhile Carter aides have had in creating a minor furor over alleged political espionage on the part of President Reagan's 1980 campaign staff.

But the significance of that contretemps remains uncertain, not only because the charges have yet to be fully investigated but also because many people have either embraced the wrong assumptions or are inspired by the wrong motives.

Atop the list of faulty assumptions is the theory espoused by House Speaker Thomas P. (Tip) O'Neill, D-Mass. He argues that it doesn't matter whether the Reagan organization received documents purloined from the Carter campaign because Carter was an "extremely unpopular" candidate who would have lost the election anyway.

Discussion of the issue ought to focus on ethics and morality (and possibly legality) while the political impact ought to be wholly irrelevant. O'Neill's reasoning suggests, however, that he believes "dirty tricks" and other improprieties are justifiable — if they don't affect the outcome of the election.

Equally specious is the argument advanced by other Democrats that Carter "lost" the campaign's only televised debate between the two candidates because Reagan's aides had access to the materials used to brief Carter on the issues.

Reagan did indeed "win" the debate, but he did so on the basis of style rather than substance. Countless public opinion surveys have demonstrated that most viewers judge the candidates' debate performance not on the basis of their positions on issues but on such elements as demeanor and personality.

Finally, it may be wrong to assume that the most serious potential transgressions involve the "leaking" of Carter briefing books and other campaign materials on domestic policy.

Knowledgeable insiders associated with both candidates are concerned that highly sensitive national security information may have been transmitted from several federal agencies — including the White House — to the Reagan campaign.

There are, for example, unverified but potentially devastating allegations that there was an unauthorized flow of classified data from the National Security Council and that officials of government law enforcement and intelligence agencies passed sensitive information to Reagan's aides.

experience in Angola.

— The U.S. show of force was requested by Honduras, whose leaders are disturbed over the Cuban intervention across the border. The Hondurans hope that the U.S. military presence will persuade the Cubans not to meddle in Central America.

— Castro has urged the Sandinista leaders to make no concessions with democracy in Nicaragua. His secret advice, intercepted by U.S. intelligence, cited the late Salvador Allende, who was gunned down during a coup against his Marxist government in Chile. Allende's mistake, said Castro, was to continue democratic traditions rather than impose a left-wing dictatorship on the country.

— In private conversation, President Reagan has blamed Castro for precipitating the crisis in Central America. Castro was turning Nicaragua into a base for the subversion of El Salvador and a possible attack against Honduras, the president said. The key Sandinista leaders, he said, were taking direction from Castro. And Castro's strings are pulled in Moscow, Reagan charged. He contended that Nicaragua's policies are being made in Havana and Moscow.



# El Salvador Must Have U.S. Aid To Defeat Communists

PENSACOLA (UPI) — El Salvador's air force is struggling to keep its fight against communist guerrillas going without money to buy spare parts and other supplies, a U.S. military expert reports.

"The air force in El Salvador is the best Third World air force I've ever seen in terms of discipline, command and control, and independence of action," retired Air Force Lt. Col. Jerome Klingaman said.

Klingaman, a Pensacola resident, spent two weeks in El Salvador and Guatemala recently investigating the capabilities of the military during a personal fact-finding mission. He returned home convinced the Salvadoran military can defeat the guerrillas with the help of U.S. military aid.

"There's something different there. In Southeast Asia there was a lack of national identity among many people. In Central America that's not the case. They're very nationalistic, very aware of allegiances," the Vietnam War veteran said.

Klingaman, 49, traveled to Central America at the request of other "concerned citizens" who fear "communist encroachment" in Central America, he said. Now a masters degree candidate at the University of Oklahoma studying philosophy, he spent 22 years in the Air Force before retiring seven years ago.

During his Air Force career, he served as a staff member of the Air Force Special Operations force, an advisor to the Royal Thai Air Force and as a commander in unconventional warfare operations, positions in which he learned about fighting guerrillas and the problems of Third World air forces.

Funding for El Salvador's air force is at a critical point, he said.

"Right now, they are taking money out of buying spare aircraft parts to buy bullets to get soldiers from a defensive to an offensive role," Klingaman said. "But, if the Air Force goes bust, the Army won't have any close air support."

The small air force consists of about six jet fighters plus O-2

reconnaissance aircraft, transport planes and helicopters, he said.

A small group of air force pilots fly missions six days a week, sometimes completing a combat mission in a jet, making a reconnaissance flight in an O-2 and ferrying troops in a helicopter in the same day.

"The commander of the air force is 59 years old," Klingaman said. "He told me he's going to fly six days a week until he's dead or the fighting is over."

Among the air force's planes are C-47 transports, the military version of the DC-3, Klingaman said. The cloth elevators of the planes are often in shreds because the nation cannot afford to buy new cloth and paint for repairs.

"They don't have the dope (paint) and fabric to repair it," he said.

"We've got a war going on two hours out of Miami. It's that close. A communist victory in El Salvador could result in a communist victory in all of Central America," he said. "It's part of a larger thrust to bring all of Central America under communist domination."

## Study: New Technology Makes Nuclear Arms Race More Dangerous, Unstable

WASHINGTON (UPI) — The rapid improvement of communication and information systems is making the nuclear arms race between the superpowers more dangerous and unstable, a Washington research group warns in a report.

Rather than helping to control weapons of mass destruction, new technologies increase the temptation for a country to launch a nuclear attack and expand the amount of information available to a point where it overwhelms those in command, the Worldwatch Institute said in its new study.

While the public is preoccupied with the destructive potential of nuclear weapons, it has "overlooked the increasingly central role" of communication and information technology in the U.S.-Soviet arms race, the report said.

Lightning-quick communication and information retrieval has shifted the focus of the arms race "away from the power or speed of weapons to the ability to detect and target the enemy's forces and to hide and communicate with one's own," the report contended.

The author of the report, Daniel Deudney, a senior researcher at the Institute, said in his conclusion:

"While 'information technologies,' or computers, are harmless in themselves, they 'make weapons more deadly. Accurately sighting a target, guiding a weapon to it and then performing damage assessment greatly reduces the number of weapons needed to destroy a given target.'"

"Information technologies are highly vulnerable. 'Sensors themselves are easily smashed or blinded and the links to processing centers and user are easily severed ... Infrared, optical and radar systems will be unable to detect objects amid the maelstrom of fire, dust and electrical turbulence.'"

"In turn, this 'makes first strikes (an attempted knock-out nuclear attack) more tempting in crisis situations ... Such systems will be of greatest advantage to the side that strikes first and uses them while they are intact.'"

"Control will be increasingly lost as the communication system becomes more sophisticated ... 'The multiplication of options, the expansion of communication contacts and the availability of information as events are happening reduces rather than expands control of the far-flung war machine.'"

Deudney also argued that during the last decade, harnessing of information technology for military tasks has become "the principal driving force" in weapons design and the shaping of the arms race.

Some weapons have been more potent, rendering other arms "militarily obsolete." Designers have been pushed to make arms "smaller, more mobile and harder to detect."

Weapons made more deadly, Deudney said, include submarine-launched missiles, which are becoming more accurate. But the improved accuracy of most missiles has made land-based missiles more vulnerable and perhaps obsolete.

## Calendar

### THURSDAY, AUGUST 4

Region IV 3-day Child Advocacy Rally hosted by COAC of Mid-Florida, 9 a.m. to 5:30 p.m., University of Central Florida campus for adoptive or foster parents and professionals. Baby sitting available. Call 647-5000 for information or registration.

Altamonte-South Seminole Women Jaycees, 7:30 p.m., Longwood Village Inn.

Sanford Jaycees, 8 p.m., Jaycee Building, 5th Street and French, Sanford.

Sanford Big Book AA, 7 p.m., Florida Power and Light building, Myrtle Avenue. Open discussion.

Seminole Halfway House AA, 8 p.m., speaker, Lake Minnie Road, Sanford.

Overeaters Anonymous, open, 7:30 p.m., Community United Methodist Church, Highway 17-92, Casselberry.

Sanford Alanon, 8 p.m., The Crossroads, Lake Minnie Road off Highway 17-92, Sanford.

Pomegranate Guild of Judea Needlework, 10 a.m. to noon, Sears meeting room, Altamonte Mall.

### FRIDAY, AUGUST 5

17-92 AA group, Messiah Lutheran Church, 8 p.m., Highway 17-92 and Golden Days Drive, Casselberry. Closed.

Tanglewood AA and Alanon meetings, 8 p.m., St. Richard's Episcopal Church, Lake Howell Road.

Wekiva AA, no smoking, 8 p.m., Wekiva Presbyterian Church, State Road 434 and Wekiva Springs Road, Longwood. Closed.

Longwood AA and Alanon meetings, 8 p.m., Rolling Hills Moravian Church, State Road 434, Closed.

### SATURDAY, AUGUST 6

Central Florida Young Democrats second annual Evening of Political Satire and Humor, cash bar, 7 p.m., showtime, 8 p.m., Eastmonte Civic Center, Magnolia and Longwood avenues. Open cash party following show.

Sanford Women's AA, 2 p.m., closed, 1201 W. First St.

Parents Without Partners Fun Razor Gala, 8-9 ice cream sundae: 9-11, Sock Hop to live band, Chapter House, 3364 Edgewater Drive, Orlando.

### SUNDAY, AUGUST 7

Young Jewish Singles (25-40) picnic, noon, Lake Whipperwill Resort, SR 15. Swimming, softball, food. Call 869-7255.

## NOTICE TO ALL VETERANS

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Because of the lack of burial space and the distance of the National Cemetery in Florida, we are assigning grave spaces in Veterans Garden of Valor, Oaklawn Memorial Park. As an honorably discharged veteran of the United States Armed Forces, you may be qualified for Free Burial Space. However, you must register for this. You must be able to show proof of Honorable Discharge. There are a limited number of Veterans spaces available. Certificates for spaces will be issued on a first come first served basis. To assure reservation, mail the coupon below to:

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Instead Of Patients Coming To Major Research Centers

# Latest Cancer Treatments Coming To The Patients

WASHINGTON (UPI) — The National Cancer Institute is taking a major step in an effort to make the latest in cancer therapy available to patients who do not normally have access to cancer centers in metropolitan areas.

The government research center announced plans Tuesday for an \$8 million to \$10 million annual program to allow doctors and their patients at 59 hospitals or doctor groups in 32 states to participate in clinical trials evaluating new cancer therapy.

The program is expected to add more than 5,000 patients to research studies.

Most studies of new cancer drugs or other kinds of treatment are conducted by 40 cancer centers located in metropolitan areas. The new program means the newest treatment findings will be introduced into community settings

away from major cancer centers.

Patients enrolled in the clinical trials will be able to remain in their own community and yet have the advantage of the newest treatment and diagnostic techniques available. Qualified community doctors will affiliate with treatment study programs supported by the cancer institute at major medical centers.

Dr. Jerome Yates, associate institute director for cancer centers, said the assumption is that doctors participating in clinical trials practice the best medicine. He said the hope is the new program will influence the local practice and in turn other doctors and institutions in the area.

"On the whole, cancer care in the United States is superb," he said. "But there are a variety of types of cancer that some physicians may only encounter once or a few times

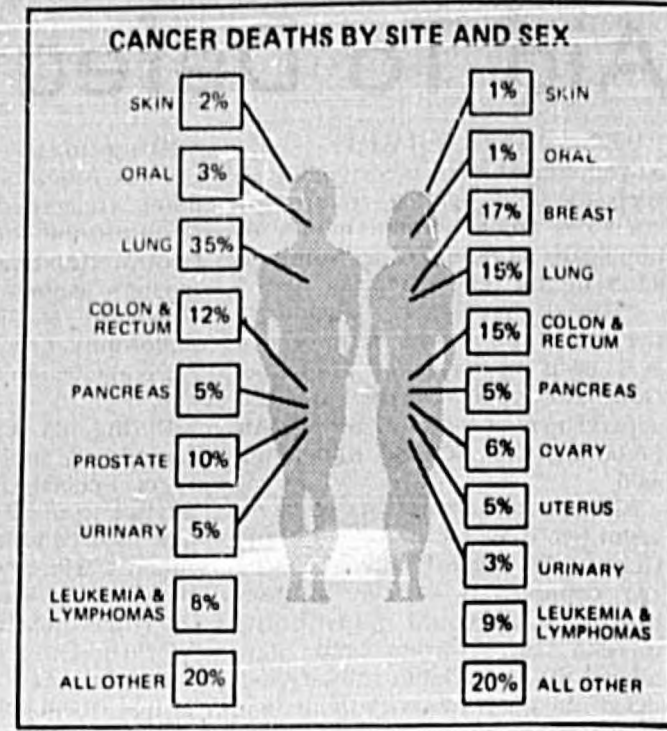
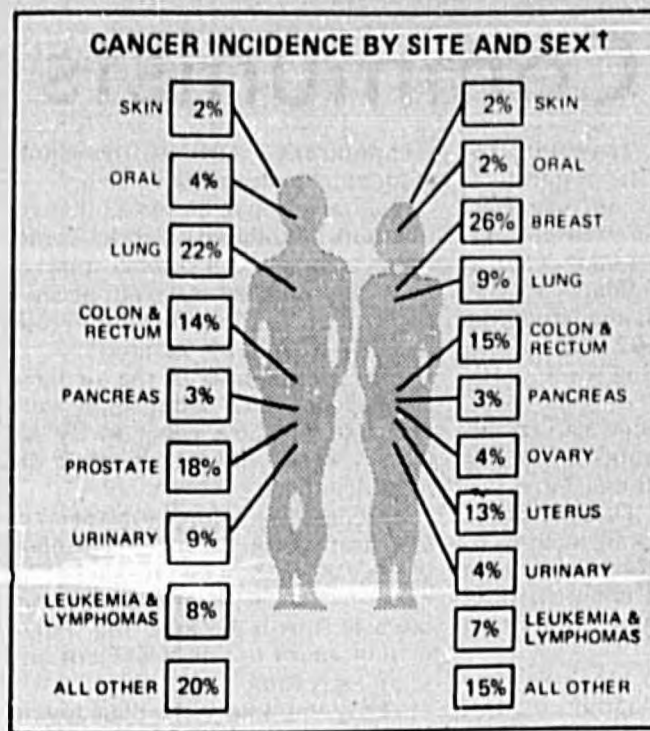
in their lifetime of practice. The (treatment) information may not be accessible to some of the physicians."

Besides introducing the newest findings into community settings, the institute said the increased number of patients in the treatment studies will reduce the time needed to find answers to important questions about new therapies.

Dr. Vincent DeVita, director of the cancer institute, said the program "will be a key ingredient in our national effort to reduce cancer morbidity and mortality."

The hospitals or doctor groups selected for the program range from small cities such as Sioux Falls, S.D., to suburban areas such as Summit, N.J., to medium-sized cities such as Roanoke, Va., and to sections of large cities such as New York, Los Angeles and Chicago.

1983 ESTIMATES



†Excluding non-melanoma skin cancer and carcinoma in situ.

With the number of cancer deaths in the U.S. on the rise, the National Cancer Institute has launched a new program to get more patients around the country involved in cancer research

and to disseminate the most up-to-date information to doctors outside the major metropolitan centers where most cancer research is conducted.

## Nigeria's Six-Month Campaign Took A Toll In Violence And Dirty Tricks

By Obafemi Oredein

LAGOS, Nigeria (UPI) — More than 40 million people are set to vote Saturday in Africa's stumbling giant, the second election since the restoration of civilian rule four years ago ended nearly 14 years of military dictatorship.

Nigerians apprehensively refer to 1983 as "The year of decision." At stake is the future of the vigorous but fragile democratic system in a country of 90 million people, the most populous in black Africa.

In the six-month presidential campaign, some 40 people have died in political clashes. Scores of others have been injured in battles sparked by fierce party loyalties and tribal feuds. Damage to property has been heavy.

There are fears that violence will escalate. The government frankly admits that the 80,000 police to be deployed will be unable to supervise the 200,000 polling stations in 19 states.

Yet the government has said the army will not be used on election day. Score one point for civilian rule.

Threats of violence and dirty tricks are all part of election fever, Nigerian style.

President Shugu Shagari, 57, a quiet man who favors wire-thin granny glasses, leads his National Party of Nigeria against stiff opposition from five other candidates.

Only two of those — Chief Obafemi Awolowo, 74, of the Unity Party, who likens himself to Abraham Lincoln, and Nnamdi Azikiwe, 78, of the Nigerian People's Party — are considered serious contenders.

There are no public opinion polls in Nigeria and

forecasts are dubious at best.

The campaign has been a nasty one with Awolowo, the prime contender, charging Shagari with rigging voting rolls in some states. Opposition leaders say the computerized list shows an increase of 1.3 million voters in Shagari's home state of Sokoto and a 1.4 million decrease in states controlled by the opposition.

The computerized voters' roll has been scrapped and a hand-drawn one will be used.

Shagari's leadership through the first stages of the return to civilian rule was considered a near miracle by some diplomats.

But a world recession, a slump in the oil market, ballooning debt and failure in foreign policy has thrown the 1983 election wide open.

Both the Unity Party and the Nigerian People's Party have made substantial inroads in northern Nigeria, Shagari's stronghold, and their loose alliance with two minor parties could deny the ruling party outright victory in the complicated election system.

Nigeria's constitution, based on that of the United States, stipulates that the winner must obtain both a plurality of the popular vote and a 25 percent share of ballots cast in two-thirds of the country's 19 states.

The second condition ensures that a president will have broad support from all sections of the country and eliminates candidates with support from only a few tribal factions.

Most observers calculate that Shagari will obtain the required 25 percent in as many as 14 states, but may

lose the popular vote to Awolowo, the aging warhorse of Nigerian politics.

If that occurs, a runoff election between the two candidates would be held.

In the 1979 election, Shagari snagged 5,688,857 votes or 33 percent while Awolowo received 4,916,651 or 29.2 percent.

Many observers believe that the third major candidate, Azikiwe, may hold the key to the presidency. There have been indications that Azikiwe could pull out of the race at the last minute and throw his support to his partner in the loose Progressive Alliance, Awolowo.

Awolowo and Azikiwe have been exceptionally kind to each other in campaign speeches, unlike previous elections.

Personalities aside, the poor state of the Nigerian economy has become the single most important campaign issue.

Nigeria relies on oil revenue for up to 85 percent of its foreign exchange. Production has slumped from 2 million barrels per day to about 450,000 under Shagari.

Foreign reserves are down from \$12 billion to under \$1 billion.

The economic stabilization act, regarded as a crushing series of austerity measures by the common man, has badly diminished the incumbent's chances.

Most people blame Shagari for food shortages, skyrocketing prices — in the past year food has risen by 250 percent — high unemployment and an inability to stem rampant corruption and brazen displays of ill-gotten wealth by party leaders.

His failure to live up to expectations as an international statesman also has hurt.

No matter which candidate wins, Nigeria will remain within the Western sphere of influence and will remain a member of the Organization of Petroleum Exporting Countries.

Thus, a change in Nigeria's leadership may not have major consequences for the outside world, but an orderly and fair election in the "second republic" will go a long way in proving that multi-party democracies in Africa have a future.

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New York	Day	37	15	85
Seattle	Day	74	43	172
Houston	Day	62	37	148
Los Angeles	Day	74	43	172
Gainesville	Day	51	33	125
Miami	Day	60	38	142
Naples	Day	23	15	54
Orlando	Day	27	18	59
St. Petersburg	Day	51	33	125
W. Palm Beach	Day	57	36	135



# SPORTS

Evening Herald, Sanford, Fl. Wednesday, Aug. 3, 1983—7A

## Altamonte Teams Continue To Roll

### Juniors' 10-Run Rally Overhauls North County

By Sam Cook  
Herald Sports Editor

WINTER GARDEN — Whenever a team goes berserk and scores 10 runs, there is always a minor, seemingly insignificant — at the time — miscue which opens the floodgates for the deluge.

Altamonte's Ernest Martinez opened the sixth inning of the Little League Junior State Tournament against

### Little League Baseball

Juno-North County with a bloop single. Cory Prom followed with a smash back at the pitcher who gloved it in self defense. All Jerry Matavazzo had to do was make a reasonably decent throw to first base and he had Martinez by 10 feet.

He didn't. It bounced away from the first baseman. And never in his wildest nightmare could Matavazzo have dreamed as to what would follow.

Altamonte paraded 12 more hitters to plate while pushing across 10 runs to erase an 8-3 deficit en route to an eventual 13-8 victory over North County in the first round of action Tuesday night. Monday's opener was rained out.

"If this team doesn't believe in itself now, it never will," said coach Terry Hagen.

"It looked a little bleak in the fourth," added manager Frank Messina. "We're so used to winning by a lot of runs, the boys got a little down when we were behind."

Whereupon, Messina reverted to a little "pick-me-up." "We said some nasty words and they came out of it," he said. "Once again our bench came through. During the rally, the boys from the bench made some big contributions."

Whatever the inspiration, Altamonte laced up its hitting shoes for the sixth. With Ernest Martinez perched on first after the errant toss, one of the best from the bench — Eric Birle — followed with a single to center. Scott Stiles then hit a ball through the shortstop's legs to score Ernest Martinez. Waring drew a walk on four pitches to load the bases.

Matt Lange followed with his third straight hit to score Birle and cut the lead to 8-5. Chris Brock, who had four singles for the night, ripped another to chase home Stiles for an 8-6 count. Eric Martinez then blooped a single which the shortstop couldn't handle to score Waring for an 8-7 game. Green then took an inside pitch off the arm to force in another run and tie the game at 8-8.

Matavazzo, who went the distance while absorbing the loss, now faced the dangerous Ernest Martinez who has several game-winning RBI to his credit during the postseason tournament. Martinez came through again, hooking a sinking liner to left on which John Henthorn came up with a nice diving one-hop stop, but he couldn't prevent Brock and Eric Martinez from scoring.

Prom dragged a beautiful bunt toward first to reload the bases before Birle hit a grounder off the pitcher to score Green for an 11-8 lead. Before Stiles drew a walk, Ernest Martinez came home on a wild pitch and Prom did the same prior to Jimmy Waring popping out to end the frame.

Ten runs, seven hits and one error.

The incredible comeback sets up an Altamonte and Tampa Wellswood meeting Wednesday night at 7 p.m. Wellswood was a 7-6 winner over Fort Myers Monday night. Manager Frank Messina will send another of his stable of lefthanders — Jeff Hagen — against Tampa while Wellswood will counter with its ace, righthander Paul Russo. Fort Myers and North County battle at 4 p.m. with the loser going home.

Tuesday night, however, Altamonte's lefthanders looked more like "loshanders," for four innings. Starter Greg Ebbert, fresh from a no-hitter in the section championship, was roughed up for six runs and six hits in three-plus innings of work.

Altamonte took a 1-0 lead in the first on Brock's single and stolen base and an RBI base hit from Eric Martinez, who had three ribbies for the evening. North County, though, erased it with a four-spot in the second. Ebbert walked Scott Barnes on a close 3-2 pitch, then struck out Glen Wyble. T.C. Brent forced Barnes at second, but Greg Farless slammed a double down the left-field line to send Brent to third. Henthorn, the ninth hitter in the lineup, singled to center, but a quick charge and a strong throw from Brock held Farless at third after Brent scored.

Henthorn then stole second and catcher Randy Green's throw went into center field allowing Farless to score. Leadoff hitter John Gallatin followed with a long drive to left to score Henthorn for a 3-1 lead. Two batters



Herald Photo by Tommy Vincent

Altamonte Juniors' catcher Randy Green struggles to hold onto the ball during a collision at the plate with North County's John Gallatin. The ball and Gallatin arrived at the same time and Green

almost corralled the throw despite losing his glove. Gallatin scored on the play, but Altamonte came back with 10 runs in the sixth inning for a 13-8 victory.

later, Matavazzo ripped a single for the 4-1 lead.

Altamonte closed within 4-3 with two in the third. With one out, the speedy Lange dropped a nifty bunt toward third and beat it out. He then stole second and moved to third on Brock's second straight single. Eric Martinez followed with an RBI groundout for one run and Green singled between shortstop and third to score Brock.

North County chased Ebbert in the fourth. Farless walked and Henthorn ripped a double to deep left to put runners on second and third. Messina summoned Prom, who hadn't pitched since July 21 when he went four innings against Winter Garden in the district.

Gallatin grounded out second to first as Farless scored. Altamonte then tried its trick defensive squeeze play, but when Prom made his move to third, he was called for a balk and Henthorn trotted home for a 6-3 lead.

In the final three innings, though, Prom hung tough and pitched out of several jams. "Cory came in during the pressure situation, and after a rough start was able to finish up," said Messina. "He kept the ball low and received some good defense."

ALTAMONTE						NORTH COUNTY					
	ab	r	h	bi			ab	r	h	bi	
Lange, rf	5	2	3	1	Gallatin, cf	4	1	2	2		
Brock, cf	5	3	4	1	Blanchi, 2b	1	1	0	0		
Er. Martinez, 1b	5	1	2	3	Matavazzo, p	4	1	3	1		
Green, c	3	1	1	2	Tapolski, 3b	5	0	1	0		
En. Martinez, 3b	3	2	2	2	Barnes, 1b	2	0	0	1		
Maddox, lf	1	0	0	0	Wyble, rf	2	0	0	0		
Prom, lf	2	1	1	0	Adams, rf	2	0	0	0		
Ebbert, p	1	0	0	0	Brent, ss	2	1	0	1		
Birle, lf	2	1	1	1	Farless, c	2	2	1	0		
Stiles, 2b	3	1	0	0	Henthorn, lf	4	2	2	1		
Messina, ss	1	0	0	0	Totals	28	8	9	6		
Waring, ss	1	1	0	0							
Totals	32	13	14	10							

Game-Winning RBI — Ernest Martinez

Altamonte 102 00(10) 0-13  
North County 040 40 0-8  
E — Green, Brent. LOB — Altamonte 5, North County 11. DP — Altamonte 2, North County 2B — Gallatin 2, Matavazzo, Farless. SB — Brock 2, Lange 2, Green, Maddox, Stiles, Henthorn. S — Ebbert, B — Prom.

### Lisle Squeezes Home 2 Runs As Seniors Win

BRADENTON — Manager Clayton Garrison went by the book Tuesday against Boynton Beach — Altamonte's book.

Trailing, 3-2, entering the last inning, Altamonte's Ryan Lisle dropped a suicide squeeze bunt down the

### Little League Baseball

first base line to score two runs and give the Seniors a 4-3 victory over Boynton Beach in the first round of the Little League Senior State Baseball Tournament at Manatee Junior College.

Two runs on a ball which traveled 30 feet? No big deal, said Garrison. "We practice that all the time," continued the Altamonte skipper. "It's in our book. The first baseman never expects the guy on second to score, too."

But score he did and now Altamonte plays the winner of this morning's Fort Myers-Tampa Bay game. Play was suspended Tuesday after three innings with the teams tied at 2-2. Rain has dogged the tournament since Monday. Altamonte will play the survivor at 2 p.m. today or whenever the showers cease. Garrison said Altamonte should only play just one game today.

Speedy shortstop J.J. Scaletta set the stage for the seventh-inning rally with a base hit. Steady John Bane followed with another single, and both runners set the table for Lisle when they advanced on a wild pitch.

Starter and loser Mark Ware delivered and Lisle deposited the ball down the first base line. Lyman's Scaletta scored easily and Bane just kept on chugging around third and also made it home for the 4-3 lead.

"It doesn't work unless you get a good bunt," said Garrison. "And Lisle gave us a super, super bunt."

And super also describes the pitching performance of Neil Harris who came up with another outstanding clutch effort. Despite having trouble adjusting to the mound, Lake Mary's Harris struck out eight, walked just one and allowed only five hits. "Neil wasn't throwing the ball real hard because of the weird mound," said Garrison. "But he came up with another great job."

Boynton Beach, which plays the loser of today's first game later tonight, jumped ahead immediately. Ware walked and Harris hit Tony Senese with a pitch. Third baseman Mike "Pooh Bear" Pinckes then gobbled up John Lyons' ground ball, stepped on third and fired to first for a double play. Catcher Ed Sisco, though, powered a double to right center for a 1-0 lead. Harris fanned Solomon Rolle to end the threat.

The lead grew to 2-0 in the fourth as Clyde Harris singled, but was forced at second by Brian Smith. Brad Castillo followed with a single and Devin Davis rapped another base hit to score Smith. Harris whiffed the next two batters to escape the jam.

Altamonte finally reached Ware in the fifth. Pinckes walked, stole second and went to third on a passed ball while Chris Waxler struck out. Scaletta delivered a single up the middle for the first run. Scaletta stole second and went to third when Bane reached on an error by the third baseman. Scaletta romped home on a wild pitch to cut the deficit to 3-2. Lisle flew out to right and Bane was doubled off second to squelch to outburst.

It stayed that way until the trio of Scaletta and Bane and Lisle pulled off its masterpiece in the top of the seventh to give Altamonte a 4-2 lead.

It wasn't over yet, though. Castillo smacked a double to lead off the bottom of the seventh. A ground out by Davis moved him to third. Ware then unloaded a healthy fly out to left field which pared the lead to 4-3. Harris, however, nailed down the victory by striking out Senese on a curveball to end the game.

ALTAMONTE						BOYNTON BEACH					
	ab	r	h	bi			ab	r	h	bi	
Scaletta, ss	4	2	2	1	Ware, p	2	0	0	1		
Bane, lf	4	1	2	0	Senese, ss	2	1	0	0		
Lisle, cf	2	0	1	1	Lyons, 2b	3	0	0	0		
Bass, c	3	0	0	0	Sisco, c	2	0	1	1		
Coffey, 1b	1	0	0	0	Rolle, 1b	3	0	0	0		
Dunn, 2b	3	0	1	0	Harris, cf	3	0	1	0		
Harris, p	4	0	1	0	Smith, rf	3	1	0	0		
Pinckes, 3b	1	1	0	0	Castillo, 3b	3	1	2	0		
Waxler, rf	3	0	0	0	Davis, lf	3	0	1	1		
Oswald, rf	0	0	0	0	Totals	24	3	5	3		
Totals	25	4	7	2							

Game-Winning RBI — None.

Altamonte 000 020 2-4  
Boynton Beach 100 100 1-3  
E — Scaletta, Castillo. LOB — Altamonte 9, Boynton Beach 4. DP — Altamonte, Boynton Beach. 2B — Castillo, Sisco. SB — Scaletta, Pinckes, Bane, Castillo.

## Barefoot, Alegre 1-Hit Boone As Legion Wins

By Chris Flister  
Herald Sports Writer

Jeff Barefoot and Paul Alegre combined on a one-hitter and the offense backed the pitching with a six-run first inning as the Altamonte Legion Post 183 rolled to a 13-0 rout of Boone Tuesday night in American Legion District action at Lyman High.

In tonight's games, Winter Park Pace meets Boone in a loser's bracket game at 5:15 with Altamonte going up against Apopka at 8. Righthanded flame-thrower, Derek Livermors will be on the mound tonight for Altamonte. Apopka

### District Baseball

upended Winter Park, 6-1, in Tuesday night's first game behind the four-hit pitching performance of Rodney Brewer.

Barefoot hurled the first four innings, allowed no hits and walked only one. After Barefoot walked Boone's Todd Reese with two outs in the first, Altamonte pitching set down 18 hitters in a r.w until Jamie Hall singled off Alegre with two outs in the bottom of the seventh.

Jeff Barefoot (left) and Paul Alegre combined on a one-hitter Tuesday as the Altamonte Springs Legion opened the district tournament with an easy 13-0 victory over Boone. Barefoot was unhittable through four innings while Alegre gave up just a two-out single.



"The pitching was really on for us tonight," Altamonte manager Bob McCullough said. "Boone has a young team and they got off to a bad start. You have to keep your head in the ballgame if you are going to win."

Altamonte touched Boone starter Bill Swann for six runs in the top of the first inning, knocking Swann out of the game. Swann had control problems from the first hitter on as he walked the first three Altamonte hitters to load the bases. Tom Perkins then drilled a run-scoring single for Altamonte's first run and, with one out, Steve Lorenz drew a bases-loaded walk to force in the second. Byron Overstreet then stepped up and ripped a single to left to chase home two more runs and Greg Lorenz followed by blasting a two-run double to left center. One batter later, with still only one out, Boone lifted Swann and went with Andy Ellis in relief. Ellis did his job well as he got John Drinkwater to bounce into a double play to end the inning.

After a scoreless second inning, Altamonte added two runs on one hit and three Boone errors in the top of the third. With two outs, Overstreet drew a walk

and Greg Lorenze reached on an error. Robbie Robinson then reached on an infield single and Overstreet scored on the same play as the shortstop threw wildly to first. Lorenz also scored on the play, on an error on Boone's catcher, who had Lorenz out at the plate but dropped the ball.

Altamonte added an unearned run in the fourth to take a 9-0 lead and four more in the top of the seventh to make it 13-0. In the seventh, and RBI single by Robinson, his third of the game, and a two-run double by Tom Gibbons were the big hits while Altamonte capitalized on three more Boone errors.

While Altamonte had baserunners on in every inning except one, Boone had only two baserunners in the entire game. Boone couldn't avoid the shutout, but they did avoid being no-hit as Jamie Hall singled to right with two outs in the bottom of the seventh.

Altamonte 602 100 4-13 7 0  
Boone 000 000 0-0 1 6

Game winning RBI — Perkins.  
E — Davis 3, Haddock 2, Hall. LOB — Altamonte 5, Boone 2. DP — Boone, 2B — Gibbons, G. Lorenz. SB — Drinkwater, Sawyer.

### Cross Country Preview

#### CROSS COUNTRY PRESEASON 4A POLL

##### Top 10 Teams

1. Orange Park
2. St. Pete Northeast
3. Tampa Leto
4. Lake Brantley
5. John I. Leonard
6. Brandon
7. Coconut Creek
8. Clearwater
9. Lake Mary
10. Colonial

##### Top Individuals

1. Mary Dougherty, junior, Northeast
2. Juanita Segura, senior, Leto
3. Michelle Lambert, sophomore, Pine Forest
4. Donna Kuffel, sophomore, Duneedin
5. Sandra Braasch, senior, Orange Park
6. Louise Schweitzer, senior, West Orange
7. Wendy Croteau, senior, John I. Leonard
8. Susan Hayne, senior, Northeast
9. Christi Martaband, junior, Wolfson
10. Carmen Alcoz, senior, Clearwater
11. Loretta Simeon, senior, Orange Park
12. Sheri Rahm, senior, Orange Park
13. Merilee Clark, senior, Winter Park
14. Sonja Braasch, senior, Orange Park
15. Elizabeth Dickinson, senior, Winter Park
16. Kathryn Hayward, senior, Lake Brantley

Compiled by Tom Hammontree, Lake Howell



## SPORTS IN BRIEF

### Kendrick Returns To Lyman To Handle Offensive Line

Marcus Kendrick, a three-sport standout at Lyman High School, will return to his alma mater to coach varsity football this fall.

Kendrick, 23, graduated from Norfolk (Va.) State in May. During his career at Norfolk, the 1978 Lyman grad wrestled and played football. He was captain last fall when Norfolk went 6-4.

During his senior year at Lyman, Kendrick was second in the state weight lifting competition, fourth in the heavyweight division as a wrestler and made all-county, all-conference, all-district and honor-mention all-state teams as an offensive lineman.

Kendrick will coach the offensive line for the Greyhounds while working for the Winter Park Probation and Reformation Center as a probation and parole officer.

### Football Physicals Slated

Football practice in Seminole County will get underway on August 15. In order to participate, players must complete a physical.

#### SEMINOLE HIGH SCHOOL

Physicals for the Fighting Seminoles freshman, junior varsity and varsity teams will be held on Wednesday, August 3 in the trainer's room at the end of the gymnasium. There is no charge.

#### LAKE MARY HIGH SCHOOL

Physicals for the Rams' freshman, junior varsity will be Thursday, August 4 at 6 p.m. at the high school. Varsity physicals will be Friday, August 5, at 6 p.m. Athletes from other sports may also attend at this time. The charge is \$5.

#### OVIDO HIGH SCHOOL

Physicals for the Lions' freshman, junior varsity and varsity will be held on Thursday, August 11, at Dr. Robert Likens' office on State Road 436 in Casselberry. There is no charge.

#### LAKE BRANTLEY HIGH SCHOOL

Physicals for the Patriots' varsity and junior varsity will be held on Thursday, August 11 at 6 p.m. at the high school. Freshman physicals will be Friday, August 12, at 6 p.m. also at the high school. The charge is \$5.

### Coe's Career In Jeopardy

LONDON (UPI) — Britain's record-breaking middle distance runner Sebastian Coe was admitted to a hospital in Leicester Tuesday and said his track career may be over.

"It seems that something is working through my system related to stress," Coe, 26, said Tuesday. "I need the doctors to tell me why."



### The Key To Alabama

Herald Photo by Tammy Vincent

Steve Simkhovitch, general manager for Bob Dance Dodge, turns the keys over to Mikki Eby as (left to right) Kelly Neary, Chris Tibbitts and Riane Richardson do a little backseat driving. Bob Dance Dodge of Longwood donated a van for the Seminole Savage's trip to the Regional 15 and Under Softball Tournament at Oxford, Ala. A finish in the top three earns the girls a spot at the Nationals at Tifton, Ga. The Savages leave Thursday.

## Williams: Figured On Making 600 G's

### Pro Football

quarterback spot created by Williams' absence.

Williams said he would return home to Zachary, La., by the end of the week.

"I came back to Tampa to talk with Coach McKay," said Williams. "I have done everything I came here to do. I did it. Nothing happened then and nothing is happening now."

Williams said his original \$875,000 demand was merely a start for negotiations.

"I never thought I would get \$875,000, but I always thought I would get \$600,000," said Williams. "I never doubted that."

Phil Krueger, who handles contract negotiations for the Bucs, called the club's \$400,000 deal "a very fair offer."

PITTSBURGH (UPI) — The Pittsburgh Steelers today cut two rookie free agents, reducing their active roster to 81 players.

Released were linebacker Gary Warman from Geneva College and wide receiver Alfred Kinney of Northeast Louisiana.

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<b>BAILEY'S</b> IRISH CREAM 750 ML 11.99	<b>DEVONSHIRE</b> CREAM 750 ML 8.99	<b>TOM SIMS</b> 6 YR. 86° KY. BOURBON 750 ML 5.99 LITER 7.69 1.75 LTR 12.49	<b>1982 GERMAN</b> WINES ARE IN PIESPORTER GOLDTROPHICH LOTS OF SPATLESE & AUSLES GUSTAFSON GALLON 1.85 LOFAT MOST STORES EVERYDAY PRICE
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<b>1982 SPATLESE</b> DEXHEIMER DOKTOR NEW ARRIVAL 4.99 750 ML	<b>DAILY'S</b> PINA COLADA 2.99 GAL	<b>CRYSTAL CLEAR</b> ICE CUBES OVER 8 LB. BAG 89¢	<b>BEER NUTS</b> PEANUTS 1.99 12 OZ CAN
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<b>PEPPERMINT</b> SCHNAPPS - DOMAINE - 3.19 750 ML	<b>SWEET &amp; SOUR</b> 1.59 QUART	<b>BLUE DIAMOND</b> ALMONDS ALL FLAVORS 6 OZ CAN 1.59	<b>CRYSTAL CLEAR PLASTIC</b> WINE GLASSES 8 for 99¢
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<b>SCHENLEY</b> 90° GIN 5.49 LITER	<b>FIVE FLAGS</b> VODKA 3.99 LITER	<b>WINDSOR</b> CANADIAN 5.89 LITER	<b>LAUDER'S</b> SCOTCH 6.19 LITER	<b>TEN HIGH</b> BOURBON 5.39 LITER	<b>SAXONY</b> RUM WHITE 3.99 LITER
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<b>RIUNITE</b> BIANCO 2.69 750 ML	<b>VINO BIANCO</b> GRACCIANO 2.99 1.5 LTR	<b>BECCARO</b> LAMBRUSCO 2.29 750 ML	<b>GALLO</b> RHINE 1.79 750 ML	<b>ST. JOHANNIS</b> LIEPRAUMILCH 1.99 750 ML	<b>CELLA</b> LAMBRUSCO 2.19 750 ML
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# Indians Sweep Orioles For 4th Straight Victory

Now that the Indians have a new chief, they seem intent on taking no prisoners.

Since Pat Corrales took over as manager of the Cleveland Indians last Sunday the team has won four games in a row and, moreover, they're playing an alert brand of baseball that hasn't been seen in Municipal Stadium in quite a while.

The Indians accomplished Tuesday night what a week ago their fans might have deemed impossible. They swept a double-header from the high-flying Baltimore Orioles, 3-1 and 4-3.

In the opener, Bert Blyleven, making his first start in 19 days, scattered four hits over six innings to spark the Indians' triumph and in the nightcap Andre Thornton singled in two runs to trigger the sweep.

Relief pitcher Bud Anderson also was instrumental in both victories by recording a save in each game.

"It feels much better to win," said the Indians' Alan Bannister. "We're playing the way we can. This gives everybody a sense of confidence about themselves."

Catcher Ron Hassey attributes the club's improved play to Corrales' wider range of ideas.

"We got a little lift right now. We're doing a lot more. We're using the hit-and-run, bunting and it becomes contagious," said Hassey.

"We're playing heads up ball for the last four games. Pat Corrales won't let us get into a rut," added Mike Hargrove.

Corrales was impressed with the Indians' pitching against the Orioles.

"We got exactly what we wanted out of Blyleven and I'm impressed with Bud Anderson's arm," said Corrales.

"The guy he struck out to end the game is a good fastball hitter. I explained to the pitching staff that if they get beat with a base hit I won't say a word. But if they get beat with a walk it'll be different."

## Blue Jays 10-13, Yankees 9-6

At Toronto, Dave Collins' one-out single in the 10th inning scored Garth Iorg from second base and gave the Blue Jays a victory. In the nightcap, Rance Mulliniks smacked a double and a single to drive in four runs and Damaso Garcia went 3-for-3 with three RBI to help Toronto complete the sweep before a record crowd of 45,102 at Exhibition Stadium.

The double-header featured 11 homers, including eight by the Yankees. Roy Smalley homered twice in the opener for New York while Oscar Gamble, Graig Nettles and Don Mattingly also connected for the Yankees. Nettles, Dave Winfield and Don Baylor homered for New York in the nightcap. Lloyd Moseby hit two homers for Toronto in the opener and Willie Upshaw also connected for the Blue Jays.

## Brewers 5-3, Royals 1-2

At Milwaukee, Ben Ogilvie drove in four runs with a sacrifice fly and a homer and Bob Gibson and Jim Simons combined on a three-hitter in leading the Brewers to victory in the opener. In the nightcap, Ted Simmons hit the first pitch of the bottom of the ninth over the left-field fence to give the Brewers a sweep.

## White Sox 7, Tigers 5

At Chicago, Greg Luzinski drove in three runs and Greg Walker added two RBI, including a solo homer, to lead the White Sox to victory. LaMarr Hoyt, 13-10, pitched the first five innings to gain the victory, which was the White Sox' seventh in their last nine games. Dennis Lamp relieved in the eighth inning to gain his sixth save. Kirk Gibson homered for Detroit, which had a four-game winning streak snapped.

## Angels 2, Twins 1

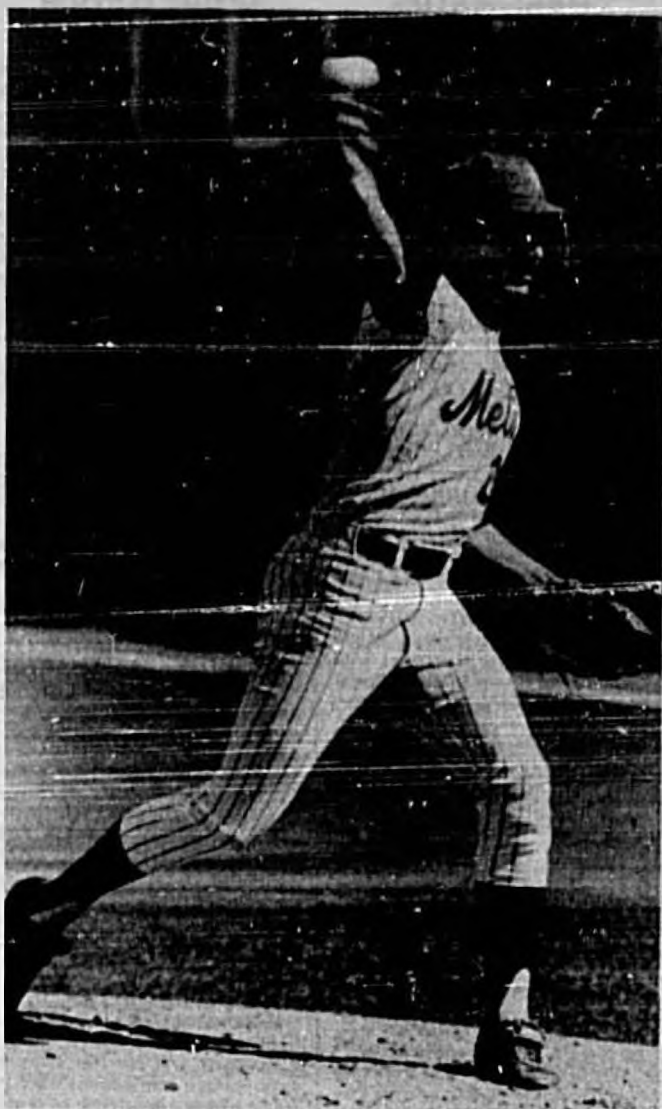
At Minneapolis, Ron Jackson hit a two-run homer in the ninth inning off Bobby Castillo, 7-9, to lift the Angels to victory—Bruce Kison, making his first relief appearance of the year, notched the victory.

## Red Sox 6, Rangers 5

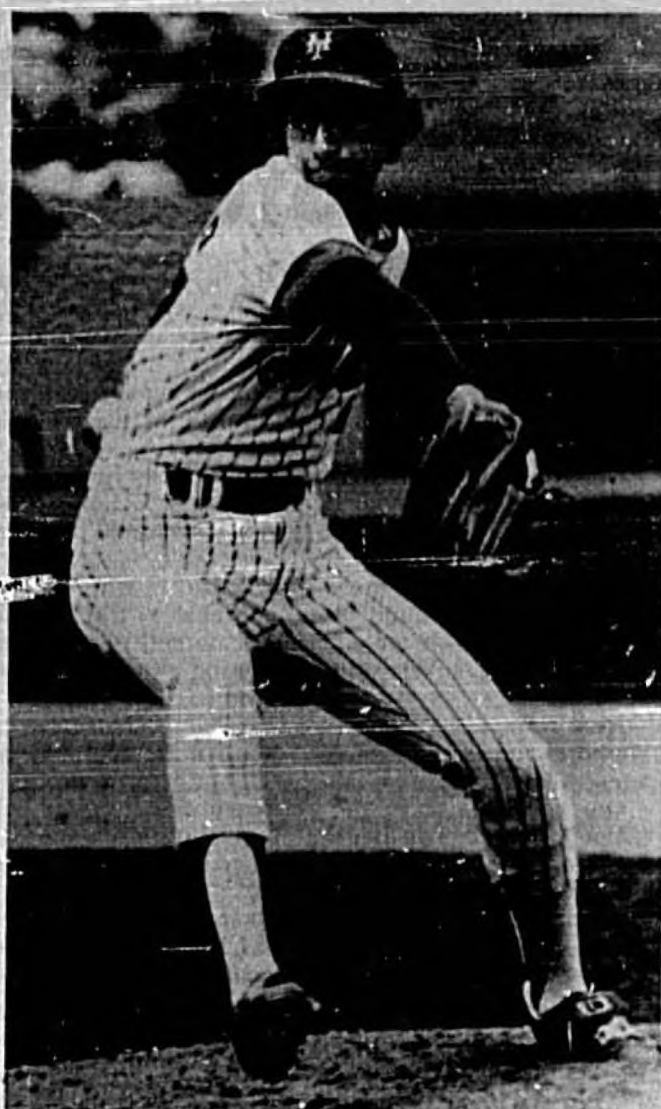
At Arlington, Texas, Glenn Hoffman belted his second homer in four days and Jim Rice and Gary Allenson each drove in a pair of runs as the Red Sox handed the fading Rangers their seventh straight loss. The victory snapped a three-game Boston losing streak, while the Rangers have lost eight of nine and 21 of their last 26 games. Larry Parrish hit a pair of homers for Texas.

## Mariners 15, A's 12

At Seattle, Dave Henderson belted two of Seattle's six home runs and drove in five runs, offsetting a two-homer and five-RBI performance by Oakland's Carney Lansford to pace the Mariners. Roy Thomas upped his record to 3-0, allowing just two hits in four innings of relief. Ed Vande Berg got the final five outs to



Jesse Orosco (right) and Craig Swan combined to beat the Montreal Expos Tuesday, 5-2. Swan went seven innings to record his second victory while Orosco pitched the final two.



Orosco nailed down his 10th save with two innings of one-hit relief. Montreal's Tim Raines lost his seven-game hitting streak by going 0-for-4.

notch his second save. Chris Codiroli, 7-8, was the loser.

## Pirates 10, Phillies 3

Johnny Ray is nursing a sore foot and left-hander Larry McWilliams has a touch of tendinitis in his pitching elbow, but the two Pittsburgh Pirates were feeling just fine Tuesday night. Instead, the Philadelphia Phillies ended up hurting.

Ray went 5-for-5 and drove in three runs — an RBI output equalled by teammate Dave Parker — and McWilliams singled in a run and scored two others during a 16-hit attack that spearheaded host Pittsburgh to a 10-3 victory over Philadelphia.

The victory upped the Pirates' lead in the NL East to 1 1/2 games over the Phillies and two games over St. Louis, which lost to Chicago.

Ray, who had five straight singles off three pitchers, singled in two runs in a four-run second inning that gave Pittsburgh a 4-1 lead off loser Kevin Gross, 2-3. He then singled in McWilliams to make it 6-2 Pittsburgh in the sixth.

Ray credited platooning for his improved hitting this year.

"I'm just stronger than I was last year," said Ray, who is batting .357 in his last 19 games with 15 RBI. "I feel good. I wanted to play every game last year, as much for the learning experience as anything. But it's a business now. We're out to win, and you've got to go with what's successful."

McWilliams, 11-5, gave up three runs on nine hits and two walks and left in the eighth after yielding a leadoff home run to Gary Matthews and a single to Garry Maddox. Cecilio Guante pitched the last two innings.

"I didn't feel anything tonight," said McWilliams, whose tendinitis was diagnosed by team orthopedist Dr. Jack Failla. "I took my time loosening up like (the doctor) said, and I was fine."

## Mets 5, Expos 2

At New York, Bob Bailor's two-run single highlighted a three-run Mets second inning that stymied Steve Rogers' bid to become the major league's first 14-game winner. Craig Swan, 2-5, scattered five hits over seven innings. Rogers fell to 13-6. George Foster and Darryl Strawberry had back-to-back solo homers for New York.

## Cubs 5, Cardinals 3

At St. Louis, Steve Lake's two-run double off Neil Allen highlighted a four-run second inning that helped the Cubs snap a three-game losing streak. Dickie Noles, 4-6, allowed four hits over 6 2/3 innings and Lee Smith notched his 16th save. Allen fell to 7-10.

## Astros 4, Padres 2

At San Diego, Bill Doran smacked a two-run home run off Sid Monge in the top of the 12th inning to lead Houston. Vern Ruhle, 3-3, pitched the final three innings while Monge suffered his first loss after four

wins. Houston had lost their last four extra-inning games.

## Dodgers 3, Reds 1

At Los Angeles, Mike Marshall singled in two runs and scored on a grounder in the fourth inning to lead the Dodgers behind the four-hit pitching Alejandro Pena, 9-5. Loser Frank Pastore, 4-10, was the victim of Marshall's hit.

## Giants 7, Braves 3

At San Francisco, Dave Bergman drove in four runs with a double and two singles to pace San Francisco. Mike Krukow, Mark Calvert and Greg Minton combined to hold the Braves to six hits, with Krukow improving to 7-6 and Minton earning his 13th save.

# Kuhn Resigns

BOSTON (UPI) — Bowie Kuhn resigned as baseball commissioner today to facilitate the process of finding his successor.

Kuhn, who had insisted all along he had no intention of resigning even though his contract was due to expire Aug. 12, told the major league owners of his decision at their annual summer meeting and then took the elevator downstairs and informed the members of the media.

Kuhn said he was quitting because he felt there had been "too much acrimony" between the two factions who wanted him to leave and those who wished him to stay. Although only four negative votes were required in the National League to prevent his reelection, six clubs had voted not to renew his contract. The six were the New York Mets, St. Louis Cardinals, Houston Astros, Chicago Cubs, Cincinnati Reds and the Atlanta Braves.

In his resignation announcement to the media, Kuhn said that he had advised Allan (Bud) Selig, owner of the Milwaukee Brewers and head of the search committee to find a new commissioner of his intention to withdraw.

Kuhn's resignation was expected, but the owners then voted unanimously to have him continue in office until Dec. 31 or such time that a new commissioner can be found before that time.

"I have advised Bud Selig of the search committee that I'm withdrawing my name from his consideration by his committee," Kuhn told the owners.

That was a euphemism for telling the owners he was through.

"This decision is final," Kuhn added.

# SCORECARD

## Dog Racing

### At Super Seminole

First race — 5/16, 5:31.24

3 Gold Coast Ice 19.60 4.80 3.40

2 Finedale 5.60 2.40

7 Downy Rose 3.00

Q (2-3) 42.20; T (5-6-7) 512.40

Second race — 5/16, 5:31.24

4 Tight Schedule 4.40 3.00 2.80

3 Mickey Brenda 4.40 3.80

1 HD's Danny Boy 5.60

Q (2-4) 9.60; T (4-5-6) 175.80; DD (5-6) 41.20

Third race — 5/16, 5:31.33

5 Dash A Poco 14.60 3.40 2.20

6 First Term 3.40 2.10

8 Candy Hound 2.20

Q (3-4) 13.80; T (5-6-7) 133.30

Fourth race — 5/16, 5:31.77

8 RT's Keri Kay 3.40 2.80 2.60

5 Spade Flush 15.20 9.20

1 Chairmanship 3.40

Q (3-4) 33.40; T (5-6-7) 345.40

Fifth race — 5/16, 5:32.91

7 Bonita Fran 23.80 7.40 4.00

6 SP's Hope 4.00 3.80

8 Johnny Dog 3.40

Q (4-7) 34.40; T (5-6-7) 1028.40

Sixth race — 7/16, 5:45.23

3 More Tex Graham 2.20 3.00

7 Flatter 3.00

Q (3-4) 26.80; T (5-6-7) 135.40

Eighth race — 5/16, 5:31.20

6 Rara Racer 3.40 2.10 2.20

7 Kennedy Twist 2.20 3.20

4 RK King of Downs 4.00

Q (6-7) 13.40; T (5-6-7) 25.40

Ninth race — 5/16, 5:31.9

4 Rooster's Spur 8.00 3.20 3.40

6 My Unicorn 3.20 2.20

2 Flash Cal Post 4.00

Q (4-6) 6.80; T (4-5-6) 175.40; DD (5-6) 24.80

Tenth race — 5/16, 5:31.33

3 Three Tokens 10.00 8.40 2.60

4 Sargent Blito 3.00 2.20

2 Loving Babe 2.20

Q (4-5) 15.40; T (5-6-7) 154.80

11th race — 5/16, 5:31.34

2 Savannah Hanna 29.00 11.80 11.40

3 Noble Ace 21.80 11.40

4 Top Tenor 6.40

Q (3-5) 97.40; T (5-6-7) 1,031.80

12th race — 5/16, 5:31.33

7 Panama Hatlie 13.80 8.60 3.80

1 Odd Promoter 9.80 5.80

2 HD's Alby 3.40

Q (1-7) 48.80; T (7-12) 607.80

Super 8: 7-12-4-5-6-3, no winner for 58.250

13th race — 7/16, 5:44.82

1 Hi Brenda 5.60 5.00 2.80

2 Dynamite Red 3.40 4.00

3 RK Smokey Glenn 4.80

Q (1-2) 38.80; T (1-2-3) 352.40; Big (1-7) with 2-3 473.40

A — 1534; Handle 1539.346

14th race — 7/16, 5:45.23

Long Jump — (6-under), 1. Sara Hazlett, 6:11.5; (7-8), 1. Allison Greer, 7:17; 2. Taressa Gibson, 6:51; (9-10), 1. Chrissy Hazlett, 6:51; (11-12), 1. Kaly Hazlett, 10:9

High Jump — (6-under), 1. Sara Hazlett, 7:8; (7-8), 1. Taressa Gibson, 7:2; 2. Allison Greer, 7:2; 3. Taressa Gibson, 15:4; (9-10), 1. Chrissy Hazlett, 15:4; (11-12), 1. Kaly Hazlett, 37:2

Frisbee Throw — (6-under), 1. Sara Hazlett, 19:10; (7-8), 1. Heather Jacobs, 22:3; 2. Allison Greer, 19:2; 3. Taressa Gibson, 15:4; (9-10), 1. Chrissy Hazlett, 15:4; (11-12), 1. Kaly Hazlett, 37:2

15th race — 7/16, 5:45.23

100 Yard Dash — (6-under), 1. Sara Hazlett, 17:4; 2. Tiffany Gibson, 39:9 (7-8), 1. Heather Jacobs, 18:5; 2. Taressa Gibson, 18:5; 3. Allison Greer, 18:5; (9-10), 1. Chrissy Hazlett, 4:8; (11-12), 1. Kaly Hazlett, 4:8; (13-14), 1. Jodi McCurdy, 16:7 (15-16), 1. Fran Gordon, 11:8

200 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

400 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

800 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

1600 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

3200 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

6400 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

12800 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

25600 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

51200 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

102400 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

204800 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

409600 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

819200 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

1638400 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

3276800 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

6553600 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

13107200 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

26214400 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

52428800 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

104857600 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

209715200 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

419430400 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

838860800 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

1677721600 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

3355443200 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

6710886400 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

13421772800 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

26843545600 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

53687091200 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

107374182400 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

214748364800 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

429496729600 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

858993459200 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

1717986918400 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

3435973836800 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

6871947673600 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

13743895347200 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

27487790694400 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

54975581388800 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

109951162777600 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

219902325555200 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

439804651110400 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1. Jodi McCurdy, 2:12 (15-16), 1. Fran Gordon, 4:30

879609302220800 Yard Dash — (6-under), 1. Sara Hazlett, 1:39.9 (7-8), 1.







## 71—Help Wanted

**BARTENDER / DRAUGHTS** P.M. Shift. One year experience required. Apply in person. See Alex, Deltona Inn.

**Nurses Aides and Housekeeper** Full Time. Apply Lakewood Nursing Center, 919 E. 2nd St. Sanford.

**PERSONNEL UNLIMITED** MANY JOBS AVAILABLE 322-5449

**PHONE WORK** No experience necessary, no sales involved, students welcome. Salary plus bonus. For appointment call 322-2611.

**R.N. NEEDED** Full time 7 to 3 shift. Apply Lakewood Nursing Center, 919 E. 2nd Street.

**Top Line Appointment Setters** Full and Part Time. Openings available immediately. Must have nice phone voice. \$3.35 plus excellent commissions. Call Sandi at 322-7778.

**Waitress and Cook** Experienced only need apply. Apply in person for busy restaurant.

**Waited Cashiers** Part time and full time. For Convenience Store. Previous experience helpful, but not necessary. Apply Monday thru Friday 7 AM to 3 PM. At Imperial Station.

**WORKFINDERS INC.** Come in and ask for Julie.

**MECHANIC** \$\$\$\$

**SWITCH BOARD** \$\$\$\$

**CASHIERS** \$\$\$\$

**SECURITY GUARDS** \$\$\$\$

**MAINTANCE** \$\$\$\$

**DESK CLERK** \$\$\$\$

**TEACHERS** \$\$\$\$

**MEDICAL SECRETARY** \$\$\$\$

We have many other listings. Stop in or call for details on individualized terms.

2425 French Ave. (In Sabiki Bldg.) 321-5763

**WORLDWIDE COMPANY** Seeking diesel mechanics for night shift employment, must have own tools. Allison and Hydraulic experience a plus. Paid vacation, holidays and excellent benefits. Apply Monday thru Friday to Maintenance Manager at 1575 Aber Rd. 323-5250. Equal Opportunity Employer.

**35 WORKERS NEEDED TO BEGIN WORK IMMEDIATELY.**

House Construction experience. • High School grad. • 1st and 2nd shift. • \$4.25 Per hour. • Work in Sanford Area. •

**ABLEST TEMPORARY SERVICES** 200 W. 1st St. Sanford 321-2946 9 to 11:30 AM 1:30 to 3:30 PM.

**SHENANDOAH VILLAGE** 2 Bedroom Duplex Apt. from \$310.00 • FURNITURE • OLYMPIC POOL • PLAYGROUND • JUST 323-2920 4220 S. ORLANDO DRIVE SANFORD

## 71—Help Wanted

**NEED EXTRA INCOME? WHY NOT SELL AVON?** 322-9439 322-1028.

**73—Employment Wanted**

Grandmother wants babysitting job with infant or toddler for working mother in Hidden Lake 322-7184

**91—Apartments/ House to Share**

**WOMAN WITH SON** Would like to share expenses in your home, or housework in exchange. I have some furniture. 321-0805

**93—Rooms for Rent**

Nice sleeping room for employed person. \$45 week. Will consider a person with child. Will babysit at extra charge. Near 17-92 and Lake Mary Blvd. 322-0845.

**ROOM FOR RENT** 140 WEEK. CALL 323-8570

**ROOM TO RENT** in Lake Mary area. \$50 a week. 322-0284

**SANFORD** Furnished rooms by the week. Reasonable rates. Maid service catering to working people. 323-4507. 500 Palmto Ave.

**SANFORD** Reas. weekly & Monthly rates. Utilities. Call 500 Oak Adults 1-841-7883

**97—Apartments Furnished / Rent**

Furnished apartments for Senior Citizens. 318 Palmto Ave. J. Cowan No phone calls.

Intimate 1 bdrm apt. Newly decorated. \$75 a week plus \$200 sec. dep. Call 323-2269 or 321-4947.

Lovely, 1 bdrm 1 bath. Complete privacy. \$90 a week plus \$200 sec. dep. Call 323-2269 or 321-4947.

Sanford, large 1 br. adults only, air, all electric, no pets. \$275 a month. Ph 323-8019.

3 Rooms For Rent. \$250. Utilities Included. Adults only 322-5834

**99—Apartments Unfurnished / Rent**

**APARTMENT FOR RENT** 2 Bdrm. 2 Bath. Pool, Tennis. 300 E. Airport Blvd. Ph. 323-4420

**BAMBOO COVE APTS** 162 Bdrms., from \$240 Mo. 5% discount for Senior Citizens.

**GENEVA GARDENS APTS.** 1, 2 & 3 Bdrms. Apts. From \$275. Families welcome.

Mon. thru Fri. 9 AM to 5 PM. 1505 W. 25th St. 322-2090

In Sanford. 1 bdrm 1 bath, with sleeping porch, \$200 a month plus sec. dep. Ph. 429-0085.

Large 3 bdrm 1 bath, no appl. incl. in cost, in good condition. 919 1/2 W. St. street. \$225 a month. (904) 294-4482.

**LUXURY APARTMENTS** Family & Adults section. Poolside. 2 Bdrms. Master Cove Apts. 322-7900

Open on weekends

Mariner's Village on Lake Ada. 1 bdrm from \$245. 2 bdrm from \$310. Located 17-92 just south of Airport Blvd in Sanford. All Adults. 323-8670

Mellonville Trace Apts. 440 Mellonville Ave. Spacious modern 2 bedroom 1 bath apts. Carpeted. Kitchen equipped. CHA, adults only pets. 321-2905

**NEW 1 & 2 Bedrooms** Adjacent to Lake Monroe. Health Club. Racquetball and more! Sanford Landing S. R. 46 321-6220.

## 99—Apartments Unfurnished / Rent

**RIDGEWOOD ARMS APTS.** 2580 Ridgewood Ave. Ph. 323-4420 1, 2 & 3 Bdrms. from \$280

**SANFORD** 1 Bdrm. \$225 Mo. 2 Bdrm. \$260 Mo. Air, furniture available. Adults 1-841-7883

Sanford. 1 bdrm. Adults only, air, all electric, no pets. \$225 a month. Ph 323-8019

**103—Houses Unfurnished / Rent**

**DEBARY** Very nice. Half duplex. carpet, appliances. Adults no pets. \$360 Mo. 61 Hydrangea Lane.

Immac. 3 bdrm. bath, appliances, heat and air, lovely screened porch. 2 car garage, workshop. \$375 Mo. \$300 deposit. 323-0567 323-8430

Large 3 Bdrm. 1 bath big kitchen. Wall to wall carpet. Cent. Heat and air. Big bathroom. Large lot. References required. \$400. After 4 PM. 322-1449.

**LEASE OPTION/BUY** 3 Bedroom 1100 Sqft 323-4441

2 Bdrm. Newly decorated. Fenced yard, garage. Ph 831-4271.

2 Story house 2 or 3 Bdrms. Large rooms, fireplace. Close to shopping, schools, churches. \$375 Mo. 1st. Last. \$200 dep. 323-7884

**105—Duplex-Triplex / Rent**

1 Bdrm. Appl. air, yard \$190. Fee. Ph. 329-7200. Save-On-Rentals Inc. Realtor

**107—Mobile Homes / Rent**

2 Bdrm. Turn. kids, pets. \$280. Fee. Ph. 329-7200. Save-On-Rentals Inc. Realtor

**117—Commercial Rentals**

**HOME BUSINESS LOCATION** 919 W. 1 St. 1,200 sq. ft. Store area with upstairs. 3 bdrm apt. Sale or lease all or part. (904) 294-4482

\$200 to \$400/Sq. Ft. Office or Retail. Downtown Sanford. BOB M. BALL JR. PA 323-4118. REALTOR

**121—Condominium Rentals**

2 bdrm. washer, dryer, appl. \$335. Fee. Ph. 329-7200. Save-On-Rentals Inc. Realtor

**141—Homes For Sale**

Hidden Lake Homes from \$30,700. FHA/VA Mortgages. Residential Communities of America 323-9991

**HIGHLANDS** Executive home 3/2 family room, fireplace, CHA. Double garage. Consider VA \$65,000.

**SANFORD** 3/1 1/2 family room, CHA, pool, corner fenced. Assumable mlg and owner assist \$49,900.

**SANFORD** 1006 W. 3rd St. 3/1 on 2 lots. Zoned multi fam. \$30,000.

**SANFORD** 3/2 split bedroom plan, new screen porch, fresh paint in and out. \$38,000.

**PALM COAST** 60x125 lot below market value at \$11,000. Will discount for all cash.

**SANFORD REALTY** 323-5324

## OUR BOARDING HOUSE with Major Hoople



## 141—Homes For Sale



**INVESTOR'S DELIGHT** 3 BR concrete block home w/fenced yard and oaks! FHA or VA! Low down payment and easy terms! Call us quick! Only \$38,500.

**FANTASY ISLAND** 3 Bdrm. country log cabin, surrounded by 2 acres of sprawling jungle! Scenic pond! Walk to Lake Jessup! Double wide, mobile home, Owner very anxious! Only \$49,500.

**OWN TO RENT!** This two story home with extra house on rear of property! Over 2,700 sq. ft. under roof! Detached garage and more. Only \$37,400.

**RUSTIC TWO STORY BEAUTY** 3 Bdrm. country kitchen, screened porch, easy fireplace! Easy assumption and no qualifying! Superb location! Only \$49,900.

**SHADY OAKS**, surround this C/B 3 bdrm home on gorgeous lot in good location! Easy assumption and no qualifying! Why rent when you can own! Only \$43,900.

**COUNTRY LIVING**, at its best in town! 1 large bdrms! Sparkling pool! 17 fruit trees! on approx 1/2 acre corner lot! Cedar and cypress throughout! Very private and fenced! Only \$53,500.

**WE NEED LISTINGS 323-5774** 2604 HWY 17-92

**HERALD REAL ESTATE ADS** Are People Movers. Check the Realtor Ads and Individual Listings Today!

**HOUSE FOR SALE** 3 Bdrm. 2 Bath. enl. Heat and air, wall to wall carpet. \$60,000. No qualifying. Easy assumption. 323-8282

**DUPLEX** Good condition. Owner will assist. Good cash flow. \$25,000. 18 ACRES

**INDUSTRIAL LOTS SANFORD** 1 PLUS ACRES. Gated. \$15,000.

Salesman needed. **STEMPER AGENCY INC.** REALTOR 323-4991

## 141—Homes For Sale

**STAY COOL IN THE POOL** 3 Bdrm. 1 1/2 Bath with Family room, covered patio. \$59,000

**REAL ESTATE ONE** 869-6100

**STENSTROM REALTY & REALTORS**

Sanford's Sales Leader

WE LIST AND SELL MORE HOMES THAN ANYONE IN NORTH SEMINOLE COUNTY

**COUNTRY LIVING** 3 Bdrm. 1 bath home, on 5 acres in Oslen. Pond, fruit trees and horses welcome. Home like new! \$45,900.

**SUPER 3 Bdrm.** 1 bath home with paneled dining room. Eat in kitchen, easy fireplace, patio, nice family room, fenced yard, and more. \$51,500.

**BEAUTIFUL 3 Bdrm.** 2 bath home in Ramblerwood unken living room, with fireplace, dining room, eat in kitchen, split bedroom plan, enclosed porch, on a beautiful setting. \$79,900.

**JUST FOR YOU 3 Bdrm.** 1 1/2 bath home in CCM, with cent. air, family room, wall to wall carpet, eat in kitchen screened porch new roof and more. \$43,000.

**THE SPOILER 3 Bdrm.** 1 1/2 bath home in 52nd St. South on a nice lot. Cent. heat and air, wall to wall carpet, patio, in kitchen, decor touches, and more. \$53,000.

**HOUSEBOAT** 14'x37', 60% finished. \$1,000 or best offer or trade for 7 321-2254.

**1983 BASS BOAT**, Electric motor and trailer. Take over payments. Home \$23,148, work 323-4350. Ask for Wayne.

**42 Christcraft 20'** Sea Skiff motor, 75 H.P. Evernude, aluminum tandem/trailer with berg brakes. \$1200. may take trade for 321-2254

**217—Garage Sales**

**ANNUAL GARAGE SALE** 3 Families. 2 French doors, \$25, fridge, \$75. 2 Stereo consoles \$30. each. Twin bed \$45, hanging lamp \$45. Tent 10x10, \$75. Carpet, remnant orange mixture, changing table \$5, child's desk \$4, toys, clothes small to large, tires, car mats, misc. tools, and lots of other items. Between Burger Chef and Bahama Jones. 1019 Sarita St. 323-3644. Rain or shine. Friday and Saturday 8:30 to 5 PM.

**Fri & Sat only** 114 Country Club Circle. Sofa, din. & coffee tables, lamps, clothes, puzzles, kit & misc items 9-7 No early birds.

**HUGE YARD SALE**, 2533 Georgia. Thursday & Sat. 9 AM. Trash to Treasures.

**Mellonville Trace Apartments** Yard Sale: Furniture, baby furniture, dishes and much more! 440 Mellonville Ave. Saturday 8 to 2 PM.

**Moving Sale**, Friday and Saturday from 9 AM, 15th and Elm. 322-4284.

**TWO FAMILY** Garage Sale. Oak furniture, books, adult and children's clothes, household items, toys, C.B. radios, tape recorder, bowling ball in case, lots of other misc. items. 262 Abbot Ave. Lake Mary. Fri Aug 5th, 9 to 5 P.M. and Sat Aug 6th, 9-4 P.M.

**219—Wanted to Buy**

**Need Extra Cash?**

**KOKOMO Tool Co.**, at 918 W. First St., Sanford. In new buying glass, newspaper, bimetal steel and aluminum cans along with all other kinds of non-ferrous metals. Why not turn this idle clutter into extra dollars? We will benefit from recycling. For details call: 323-1100

**WE BUY ANTIQUES FURNITURE & APPLIANCES.** 323-7240

**223—Miscellaneous**

**Kohler Campbell piano**. New \$1200. 322-7780

**MARTIN TENOR SAXAPHONE**. Asking \$300 or best offer. Good condition. Ph. 323-7778.

**Money is What It's All About** Classified Ads Help You Get It! Phone 322-2611.

**USED WOODEN \$3.99 Pr.** ARMY NAVY SURPLUS 310 Sanford Ave. 322-5791

We buy furniture, antiques or accept consignments for Auction. Fla. Trader Auction 329-3119

**10 INCH RED TYGER OSCAR**, 29 and 10 gallon aquariums, double iron stand, new acquirer pump, heater, hush pumps, misc. fish and equipment. \$150 value. steal for \$75. 668-8422.

**3 Barber chairs**, 2 Commercial hair dryers, 4 barber sinks, 1 antique uniform machine. \$300 or best offer. 323-2799, after 5 PM.

**231—Cars**

**Debarry Auto & Marine Sales** across the river top of hill 174 Hwy 17-92 Debarry 668-1566

**HORNET 1973**. One owner. \$999. 323-0567 323-8430.

**1973 Pontiac Astro**, Station Wagon; new 4 cyl engine, 3 spd trans and more; radio, heater etc. \$1,250. Call 323-0983.

**1977 Ford LTD**, 4 door, air, power, AM-FM stereo, good condition. \$1575 or best offer. 323-9522

**NO CREDIT-BAD CREDIT WE FINANCE**

**73 PINTO** Only \$388 Bn.

**72 TOYOTA** Auto Only \$260 Bn.

**71 GEMINI** Only \$160 Bn.

**74 FIAT** Only \$200 Bn.

**75 CARI** Only \$380 Bn.

**75 FORD WAGON** Only \$380 Bn.

**75 MUSTANG** Only \$380 Bn.

**NATIONAL AUTO SALES** 321-4075, 1128 Sanford Ave. 321-4078

## Evening Herald, Sanford, FL

**183—Television / Radio / Stereo**

**Counsel Stereo**, AM/FM, 8 track turntable. Very good condition. \$75.00. Evenings 322-1310.

**187—Sporting Goods**

**SIX GUN GUN CABINET**. Asking \$110. Call Don 322-8415. Days 322-7919. Eves.

**193—Lawn & Garden**

**FILL DIRT & TOP SOIL YELLOW SAND** Clark & Hirt 323-7580, 323-2823

**209—Wearing Apparel**

**SELL Those SUMMER Leftovers BEFORE FALL ARRIVES.**

**213—Auctions**

**Auction Every Sat. night**, Florida Trader Auction, Longwood 329 3119. See our big ad in Sat. paper.

**AUCTION WEDNESDAY 7 P.M.**

Furniture, 3 wooden rockers, corner shelves, knick, knack shelves, chairs, davenport, misc furniture. 3 lawn mowers, bicycles, electric grinder, T.V.'s, stereos, misc glass ware, Walt Disney figurines and box lots.

**AUCTION SERVICE** 2585 S. Park Dr. 323-4192

**FOR ESTATE**, Commercial or Residential Auctions & Appraisals. Call Dell's Auction 323-5620

**FOR ESTATE or COMMERCIAL AUCTIONS** Call A-1 AUCTION SERVICE 323-41

**215—Boats/Accessories**

**Houseboat** 14'x37', 60% finished. \$1,000 or best offer or trade for 7 321-2254.

**1983 BASS BOAT**, Electric motor and trailer. Take over payments. Home \$23,148, work 323-4350. Ask for Wayne.

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**WE BUY ANTIQUES F**



## WORLD IN BRIEF

### Lebanon, Israel At Odds Over Troop Withdrawals

BEIRUT, Lebanon (UPI) — Lebanon's government threatened to ignore the "gratuitous" troop withdrawal accord with Israel, whose forces touched off protests, scuffles and burning roadblocks by tightening their grip in the south.

In the eastern Bekaa Valley, rival Palestinian factions clashed again Tuesday in fierce fighting near the ancient city of Baalbek.

The U.S.-mediated troop withdrawal agreement, signed May 17 by Israel and Lebanon, called for the removal of some 30,000 Israeli troops, 40,000 Syrian soldiers and 10,000 Palestine Liberation Organization guerrillas from Lebanon.

Syrian President Hafez Assad called the accord a threat to Arab security and refuses to comply. Israel has refused to withdraw its troops until Syria pulls its soldiers out, and Syria has said it will not leave until Israeli troops withdraw unconditionally.

Even though Lebanon's parliament ratified the agreement, Gemayel has not made it official by signing it. Prime Minister Cheik Wazzan expressed the government's displeasure with the accord in light of the current situation.

"We will not ratify because we don't want a gratuitous accord that does not secure a total troop withdrawal," Wazzan told a parliamentary gathering in Beirut.

### START Talks Recess

GENEVA, Switzerland (UPI) — U.S. and Soviet negotiators, having made no apparent progress, recessed the 13-month-old talks on nuclear arms control and returned home to consult with policymakers.

The fourth round of the Strategic Arms Reduction Talks, which began two months ago, ended on a sour note Tuesday until Oct. 5 with Soviet negotiator Viktor Karpov accusing the United States of stalling.

"The American position is one of marking time," he told reporters.

He also said production of the MX intercontinental missile would not act as leverage to force concessions from Moscow, as the Reagan administration has argued, but would spur a new arms race.

Moscow "would find the means" to respond to the MX, he said.

## Sanford Board To Review Touchy Rezoning Request

The Sanford Planning and Zoning Commission is expected to address the controversial issue of "inverse condemnation" Thursday when it reviews a request for rezoning of a large section of the city south of First Street from multi-family to single-family housing.

J.Q. "Slim" Galloway, chairman of the board, today said the board has been studying the touchy rezoning request desired by several persons who have purchased and renovated old homes in the area.

Galloway said there is a question of whether the city could be sued for "inverse condemnation" if the rezoning were granted. He explained that inverse condemnation occurs when a person loses monetarily because of a governmental action such as rezoning or is deprived of using his property.

Mayor Lee P. Moore has noted that many of the homes in the old section of the city have been used as apartment buildings for at least 50 years, a practice which may not be allowed if the rezoning is approved.

"I don't think anyone would win if they did sue, but it could cause a lot of trouble," Galloway said.

At its 7:30 p.m. meeting at city hall, 300 N. Park Ave., the board is also scheduled to consider a site plan for 37 T-hangers at the Sanford Airport; a small farmers market; conversion of the old city maintenance shop, 6th Street and French Avenue, into a lumber storage facility; and a proposed 81 unit condominium on Hidden Lake Drive.

## U.S. Troops To Avoid Hostilities During Honduran Maneuvers

WASHINGTON (UPI) — The 5,000 U.S. troops that will take part in the biggest in a series of military exercises in Honduras will be instructed to avoid any situation that could involve them in fighting, the head of the U.S. Southern Command says.

Gen. Paul Gorman said maneuvers will be conducted in the northern, central and southern regions of the mountainous Central American country and will include a landing along the Caribbean coast in November by 1,800 U.S. Marines who will link up with four Honduran battalions training to combat guerrilla incursions.

The four-star general, commander-in-chief of the Southern Command based in Panama, briefed Pentagon reporters Tuesday about details of the maneuvers, the longest ever held by U.S. troops outside the United States.

"Our folks will be carefully instructed to avoid any and all situations that could involve them in hostilities" with forces from neighboring Nicaragua, Gorman said.

An average of 3,000 to 4,000 Americans, some of them combat troops, will be in Honduras each day between September and November, Gorman said. The maximum of about 5,000 will be reached in November when the exercises will reach their peak during the Marine landing, he said.

He said the exercises will begin about Aug. 12. If Honduran forces have not completed their training, Gorman said, the maneuvers may run until March — two months beyond the originally planned closing in January.

Among the U.S. troops involved in the exercises will be an 1,800-man Marine Amphibious Unit aboard five ships, the 319th Artillery Battalion from Fort Campbell, Ky., an Army engineer battalion and elements of the Army Special Forces — the Green Berets — the Navy Seabees and Navy SEALs.

The general said the Honduran leaders asked for the big U.S. exercises during talks in May because of fears a leftist insurgency might be exported to their country and that their troops were not sufficiently trained to cope with such a possibility.

# Republicans Help House OK King Holiday

WASHINGTON (UPI) — House Republicans, emotionally recalling the ideals of the GOP during the days of Abraham Lincoln, joined Democrats in voting overwhelmingly to set aside the third Monday in January as a national holiday for Martin Luther King Jr.

"The American revolution will not be complete until we commemorate the civil rights revolution ... until we can truly say, here is one nation, one people, one family, one country, dedicated to rights for all people," said conservative Rep. Jack Kemp, R-N.Y., during the 40-minute debate on the measure.

Republicans voted 89-77 in favor of the measure Tuesday, helping the Democratic-dominated House pass it with ease, 338-90. The bill now goes to the Senate, where no hearings have been held this session and prospects are

uncertain.

President Reagan has opposed efforts to establish a 10th paid holiday for federal workers in the past, but White House spokesman Larry Speakes appeared to open the door to possible support of the measure honoring the slain civil rights leader.

Speakes said Reagan, who is trying to shore up his support among blacks, had not changed his position of opposing a holiday, but added, "He hasn't addressed the current bill."

Kemp, who said he changed his position and now supports the bill, raised his voice during the debate in urging Republicans to recall the party's early ideals. "I want my party to stand for that. If we lose sight of the fact the Republican Party was founded as a party of hope, opportunity, dreams, and a

place that Mr. Lincoln dreamed about, that all people should be free, we're not going to be what we want to be as Republicans."

King was born on Jan. 15, 1929, but designating the holiday to fall on Monday would give workers their 10th federal holiday a year and assure them of another long weekend. King was shot and killed April 4, 1968 as he stood on a motel balcony in Memphis, where he was lending support to striking sanitation workers.

Rep. William Dannemeyer, R-Calif., leading the opposition, proposed designating the third Sunday on January in honor of King, just as he said Reformation Sunday in October honors King's namesake, Martin Luther. The House voted 207-191 four years ago for such a proposal.



Martin Luther King Jr.

# ...First Elected Women Needed Tenacity

Continued from page 1A

And only recently, Mrs. Bruce was honored by the now-in-office County Commission with a plaque in honor of her service to the county.

On the Casselberry City Council in the sixties was Dr. Edith Duerr. A trained micro-biologist, she enjoyed politics and forced her fellow councilmen to listen when she spoke. They found more often than not she was right.

In Winter Springs, then known as North Orlando, Irene Van Eepoel was mayor and was involved constantly in fights with the all male city council. At one point, after she authorized the installation of street lights on State Road 434 which runs through the heart of the city, the council refused to pay the power bill and the lights were turned off.

And in Tallahassee was the "lady from Orlando," Beth Johnson, representing the Orange County area in the state Senate. She was the only woman serving in that body at the time. A lovely and charming woman, she practiced what women in public office believed then and still believe for the most part. That is that "women have to be more competent, more efficient and better politicians to win and keep elective office."

While women in public office were fighting to keep their offices in Seminole County, Mrs. Johnson was respected by her colleagues for her competence in Tallahassee and wielded considerable power there.

But in Seminole, women had not yet broken the sex barrier in the cities of Oviedo, Longwood, Sanford — and they still haven't in Sanford — to serve on the city governing bodies.

The city of Lake Mary did not exist in those days as an incorporated municipality.

### Barriers Still

By the mid and late-1960's, women had become more acceptable in public office.

Jean Bryant, a mother and homemaker, had won a seat on the Seminole County School Board becoming the first woman ever to hold that office. She served two terms, was out of office two terms and returned to the political arena last year, promptly winning a new term on the School Board. While Mrs. Bryant was on her political hiatus, two more women were elected to School Board, Pat Telson and Nancy Warren. With Mrs. Bryant's re-election last year, women became the majority on that board.

In the late 1960's, Longwood elected its first woman to the city commission, Sandra Thompson, a young wife and mother. The enmity with male counterparts was still there, however.

Mrs. Thompson withstood it, however, and singlehandedly fought to pass a subdivision ordinance. She was the epitome of propriety and integrity.

Later another woman, Agnes Weber joined her on the commission and 10 years ago, June Lormann, the wife of the late Mayor Al Lormann, was elected. Mrs. Lormann has been elected to five consecutive terms and serves as mayor now, elected to that office by her colleagues.

Women first were elected to the Altamonte Springs City Commission in the 1930's and among them was a feisty lady, Sally Falhaber. When her male colleagues resigned in a group, so did Mrs. Falhaber. She drove the garbage truck and collected the city garbage, keeping Altamonte going until new officials could be named.

There had not been women in public office for some



Mary Earic Walker

'The people understood it was politics.'

years in Altamonte Springs when Helen Keyser, a businesswoman and founder of what is now the Greater Seminole County Chamber of Commerce, was elected. Totally competent in whatever role she assumed, she decorated the city hall on the one hand and pushed through the city's ordinance to save trees, but she also sifted the wheat from the chaff with great skill when it came to watchdogging the city money.

Any male who wanted to challenge her on any front had his hands full.

"If they (men) gave me a hard time, I wasn't aware of it," she says. "I always knew what I was doing and could stand up with the best of them."

Then Sandra Glenn, a woman who was angry because her neighborhood wasn't getting the services she believed they were entitled to, was defeated in her first bid for public office, but victorious for two terms thereafter.

While Mrs. Glenn was still on the city commission, Dolores Vickers, a civic leader, was elected and when Mrs. Vickers retired from city politics, her former campaign manager, Cheney Colorado, was elected unopposed to her seat on the city commission.

Mrs. Glenn subsequently went on to break the sex barrier on the county commission in 1978, to become the first woman elected to that body. She was re-elected without opposition in 1982.

In 1980, Mrs. Glenn was joined on the county commission by Barbara Christensen, a former Casselberry city councilman.

Meanwhile, Lake Mary was incorporated in 1973, and the city's charter passed by the Florida Legislature had a section naming interim city councilmen and one businesswoman — Dolores Lash — was among them.

Soon thereafter, Virginia Mercer was elected to the council; Margie Hess was elected mayor; Mrs. Lash was elected to the council as were Lillian Griffin and Patricia "Pat" Southward.

### More Elected

Over the years several more women were elected to public office in Winter Springs until Lecann Grove and Inez Linville joined Maureen Boyd on the city commission there to form the majority last year. In short order, it was declared that Mrs. Boyd had a conflict of interest in serving as a Winter Park police officer at the same time as she was serving as a Winter Springs city commissioner. And Mrs. Boyd resigned. Mrs. Grove and Mrs. Linville remain on the city commission.

It was only a couple years ago that Donna

Wilhelm-Hudson was the first woman elected to the city council of Oviedo. Today there are three women on the council — Jane Dees, the council chairman; Pamela Pellarin and Janis Fensch. Mrs. Fensch and Mrs. Pellarin declined to run for re-election. But a woman, Judith Stout, has declared as a candidate for the mayor's office in the Sept. 6 city election in Oviedo.

Currently there are 52 public offices whose occupants are elected solely by Seminole Countians. Women hold 13 of those offices for 25 percent.

For a time before her death, Orlando's Beth Johnson also represented Seminole County in the Legislature. Later, another Beth Johnson, a younger woman from Brevard County, was elected to the Senate and then Lori Wilson, also from Brevard County, became the only woman in the Senate. Part of Ms. Wilson's district included Seminole County.

While early in Ms. Wilson's political career she has been registered as a Republican, she ran for the state's upper House as an Independent. That meant she had to get enough signatures on petitions to qualify. An independent cannot qualify by paying a fee as can candidates of the two major political parties.

With reapportionment, Seminole County is again represented in the Florida Senate by a woman, Sen. Toni Jennings of Orlando. She is the third woman to represent Seminole County in the state Senate in 16 years. She is also the only woman on Seminole County's seven-member legislative delegation.

She is one of nine women among the 40 member state senate. Women hold 22.5 percent of the state Senate seats.

Although 19 women, 15 percent, of the 120 member state House are women, none have ever represented Seminole County there.

One of Florida's two U.S. senators is Paula Hawkins of Winter Park, but there are no women from Florida in the U.S. House of Representatives and the congressional district which includes Seminole County has never had a woman occupant.

1978 was a banner year for women in politics in Seminole County. Not only did Sandra Glenn break the sex barrier on the county commission, but Frances Ann "Fran" Jamieson became the first woman elected to the circuit court bench in the 18th judicial circuit which includes Seminole and Brevard counties. She is one of 14 judges in the two county circuit. Mrs. Jamieson is up for re-election in 1984. She was one of the pioneers in seeking a judgeship in this area.

When the Fifth District Court of Appeal at Daytona Beach, which includes Seminole County, was created by special legislation, Gov. Bob Graham named an Orlando attorney, Winifred J. Sharp, to one of the six judgeships.

Women have come a long way in politics during the past five years and are having a major impact on governments in Seminole County, but is it good enough?

Tomorrow: Why aren't more women serving in public office in Seminole?

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## AREA DEATHS

### KENNETH A. WING

Lt. Col. (U.S. Army Ret.) Kenneth A. Wing, 78, of 118 Ichabod Trail, Longwood, who died Sunday in Orlando, will be buried with full military honors Thursday in Evergreen Cemetery, Sanford, following funeral services at 2 p.m. at Holy Cross Episcopal Church.

The Rev. Leroy D. Soper Jr. and the Rev. Robert Anderson will officiate. Pallbearers will include Dr. Charles Park Jr., Dr. Russell Shaw, Dr. John Schaeffer, Dr. Mark Webster, Dr. Edwin Epstein, and Dr. Narinder Ojha.

Wing, who received his commission as a first lieutenant in 1925, was a veteran of World War II. He was a retired space engineer who helped design the capsule used by astronaut John Glenn and also worked on the lunar exploration project for North American Rockwell Corporation in California.

He is the father of Sanford surgeon, Dr. Kenneth M. Wing. Other survivors include his wife, Dorothy; two sisters and one brother of New York state; three grandchildren and one great-grandchild.

### ROBERT HERRING

Mr. Robert Herring, 62,

of 813 E. 7th St., Sanford, died Saturday at 2901 E. 20th St., Sanford. Born Sept. 24, 1920, in Whigham, Ga., he had been a resident of Sanford since 1925. He was a retired citrus worker and a Protestant.

Survivors include two sons, Wilford of Sanford and Robert Jr. of Detroit, Mich.; two sisters, Joyce Abbott, Chicago, and Lillian Redden, Sanford; a brother, George Herring of Sanford; numerous nieces, nephews and cousins.

Wilson-Eichelberger Mortuary is in charge of arrangements.

### LEROY SPARKS

Mr. Leroy Sparks, 43, of 481 Easy Street, Merritt Island, died July 28 at his residence. Born March 15, 1940, in Arlington, Ga., he had lived in Sanford for 30 years before moving to Merritt Island. He worked as a radio dispatcher for RCA at Kennedy Space Center. He attended the Florida School for the Blind in St. Augustine. He was a member of the Tri-County Road Runners Club.

He is survived by two brothers, Clarence Richardson of Niceville and Charlie Sparks of Jacksonville; numerous cousins.

Sunrise Funeral Home, Sanford, is in charge of arrangements.

### GRACE D. MCGEE

Mrs. Grace Dunn McGee, 84, of 2645 Myrtle Ave., Sanford, died Monday at her home. Born March 30, 1899, in Alexandria, Va., she moved to Sanford from DeBary in 1970. She was a homemaker and a member of the First Baptist Church of Sanford.

Survivors include her husband, James M.; a daughter, Elaine D. Drake, Sanford; two sons, C. Layton and Robert M. Sr., both of Alexandria; a sister, Virginia Coldwell, Alexandria; a brother, John A. McKewen, Spotsylvania, Va.; five grandchildren; 12 great-grandchildren.

Brisson Funeral Home, Sanford, is in charge of arrangements.

### Funeral Notices

#### SPARKS, LEROY

Funeral services for Mr. Leroy Sparks, 43, of 481 Easy St., Merritt Island, who died July 28, will be Saturday at 2 p.m. at New Bethel Missionary Baptist Church, Sanford, with the Rev. Robert Doctor officiating. Burial in Shiloh Cemetery, Sanford. Viewing will be 3-9 p.m. Friday at the funeral home. Sunrise Funeral Home, 900 Locust Ave., in charge.

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### MCGEE, MRS. GRACE D.

Funeral services for Mrs. Grace D. McGee, 84, of 2645 Myrtle Ave., Sanford, who died Monday, will be 10 a.m. Thursday at Brisson Funeral Home with the Rev. Paul Murphy officiating. Burial will be in Daytona Beach. Viewing will be Wednesday from 3 p.m. Brisson Funeral Home PA in charge of arrangements.

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# PEOPLE

Evening Herald, Sanford, Fl. Wednesday, Aug. 3, 1983—1B

## Cook Of The Week

# Gourmet Cheesecake Better Than Key Lime Pie

By Lou Childers  
Herald Correspondent

When Judy Minter of Oviedo wants to stir up a batch of cookies, she is likely to check her pantry to be sure she has the ingredients for an old favorite, Cowboy Cookies, which she learned to make as a Brownie Scout when she lived in Mobile, Ala.

Judy's not sure where the name Cowboy Cookies came from, but one thing she is sure of, the recipe is always the same, and good cookies are always the result.

Judy's parents, Erma and Willie Wilson, moved to Orlando in 1956, and Judy has considered herself a transplant to the Sunshine State ever since. She met and married her husband, Tom, who is a field development representative with Union Carbide in 1968. Their two daughters, Leigh Ann, 7, and Lindy, 6, attend St. Luke's Christian School in Slavia.

Judy received her B.S. in Home Economics from FSU and remains active in the Orlando Alumni Chapter of Phi Mu sorority. She says she is "fond of recipes" she finds in "Southern Living" magazine and states that most of the recipes she uses as repeat performances are "simple to put together and good when they get to the table."

A friend of Judy and Tom's from Pennsylvania sent her a recipe for a gourmet cheesecake that is better than Key Lime pie! It is called Limelight Cheesecake. Judy had this recipe published in the Oviedo Woman's Club Cookbook because it always brings in such raves.

Speaking of the Woman's Club, Judy has been an active member in Oviedo for five years. She is serving as newsletter editor this year as well as publicity co-chairman for the 10th Annual Great Day In The Country.

The Great Day In The Country is an arts and crafts festival (with prize money) that will be held this year on Saturday, Oct. 15 from 10 a.m. to 4 p.m. at the picnic grounds of St. Luke's Lutheran Church on State Road 426 near the Red Bug Road intersection.

There is always plenty of good food available at Great Day for everyone to enjoy as they saunter about taking in the art exhibits and making their purchases.

Judy claims that the recipe for one of her husband's favorite cakes is found on the back of the Duncan Hines Butter Recipe Golden Cake Mix and is called "Sock-It-To-Me Cake." This cake is perfect for bridal showers or afternoon teas. The greatest feature of this recipe, according to Judy, is no one will ever dream you started with a mix because the end result is a cake that looks and tastes homemade from scratch! The secret is in the filling which is made with 2 tablespoons of reserved cake mix, 2 teaspoons cinnamon and 2 tablespoons brown sugar mixed with 1 cup finely chopped pecans.

### SOCK-IT-TO-ME CAKE

1 package Duncan Hines Butter Recipe Golden Cake mix

1 cup (8 ounces) dairy sour cream

1/2 cup vegetable oil

1/4 cup sugar

1/4 cup water

4 eggs

Filling: 2 tablespoons reserved cake mix

2 teaspoons cinnamon

2 tablespoons brown sugar

1 cup finely chopped pecans

Preheat oven to 375 degrees. Combine filling ingredients and set aside. In a large bowl blend cake mix, sour cream, oil, 1/4 cup sugar, water and eggs. Beat at high speed for 2 minutes. Pour 2/3 of the batter in a



Judy Minter turns out easy Sock-It-To-Me Cake

greased and floured 10-inch tube or fluted pan. Sprinkle filling ingredients over batter in pan. Spread remaining batter evenly over filling mixture. Bake at 375 degrees for 45-55 minutes, until cake springs back when touched lightly. Cool right side up for about 25 minutes, then remove from pan.

**Gloss:** Blend 1 cup confectioners sugar and 2 tablespoons milk. Drizzle over cake.

### CORN-CHEESE SOUFFLE

1 1/2 tablespoons butter

4 tablespoons flour

2 cups milk

1 teaspoon dry mustard

1/2 teaspoon salt

1 cup (1/2 lb.) shredded Cheddar cheese

2 cups fresh corn kernels  
3 tablespoons chopped green pepper  
1 tablespoon butter  
3 eggs, separated

Melt the 1/2 tablespoons butter in saucepan, stir in flour, add milk, and cook until thick, stirring or beating to blend. Add mustard, salt, and cheese, and stir until well blended. Mix in corn. Fry green pepper in the tablespoon butter until limp and add to mixture. Stir in slightly beaten egg yolks, then fold in stiffly beaten egg whites. Turn into buttered 1 1/2-qt. casserole, set in a pan of hot water, and bake in moderate oven (350 degrees) for 45 minutes or until set. Serves 6.

### COWBOY COOKIES

1 cup margarine

1 cup sugar

1 cup brown sugar

Cream until fluffy. Add 2 eggs and beat.

2 cups sifted flour

1 teaspoon baking powder

1 teaspoon baking soda

1/2 teaspoon salt

1 teaspoon vanilla

Add and beat into above mixture. Then fold in the following:

1 cup nut meats

2 cups quick oatmeal

1 6-oz. package chocolate chips

Drop onto greased cookie sheet by teaspoon. Bake 10 min. at 350 degrees (Watch for overbaking.)

### LIMELIGHT CHEESECAKE

1 1/2 cups graham cracker crumbs

1/2 cup butter or margarine, melted

1 package (8 oz.) cream cheese, softened

1 can (14 oz.) sweetened condensed milk

1 tablespoon grated lime peel

3/4 cup fresh lime juice (about 6 limes)

1 package (1 tablespoon) unflavored gelatin

1/4 cup water

1 cup whipping cream, whipped

Lime slices for garnish

Combine graham cracker crumbs and butter. Press into an 8 inch spring form pan, building up sides; chill.

In mixing bowl, beat cream cheese and condensed milk until smooth. Stir in lime peel and juice. Soften gelatin in water; warm over low heat to dissolve. Gradually stir into cream cheese mixture. Fold in whipped cream. Pour into crust. Garnish with lime slices. Makes 8 to 10 servings. Chill to set.

### SQUASH CASSEROLE

2 cups cooked yellow squash, drained

1/4 cup chopped onion

1/2 cup grated cheese

2 well beaten eggs

1/4 cup melted butter

1 teaspoon salt

1 teaspoon pepper

1 tablespoon cornstarch

1/2 cup milk

Mix. Place in greased casserole dish. Bake 1 hr. at 350 degrees.

### CHERRY DESSERT

Graham cracker crust

1 cup Confectioner's sugar

1 8 oz. package of cream cheese

1 package Dream Whip

1 can Cherry pie filling

Whip sugar into cream cheese. Make Dream Whip according to package directions and fold into cream cheese mixture. Spread on crust. Spread cherry pie filling on top. Refrigerate. Fills a 6x10x2 pan or use a 12x9x2 pan.

## Weddings

### Howe-Williams

Tammy Ann Williams and Charles W. Howe Jr. were married July 2, at 10 a.m., at the First Presbyterian Church of Maitland. The Rev. Rick Brown performed the double ring ceremony.

The bride is the daughter of Mr. and Mrs. Jay M. Williams, Route 3, Sanford. The bridegroom is the son of Mr. and Mrs. Charles W. Howe Sr., Falls Church, Va.

The bride was given in marriage by her father, Charlene Pike was the maid of honor. Bridesmaids were Judy Knight and Mindy Midecke. Julie Knight was the flower girl.

Byron Howe served the bridegroom as best man. Ushers were Phil Schaff, Mike Berry and John Williams.

Following a reception at the German-American Club, the newlyweds departed on a wedding trip to the East Coast and Smokey Mountains.

They are making their home at 270 Marjorie Blvd., Longwood. The bride is employed as a cosmetologist at the bridegroom is a teacher-musician.

### Havey-Grant

Mary Grant of Orlando, the former Mary Wathen of Sanford, was married to Curtis M. Havey of St. Simons Island, Ga., formerly of North Sullivan, Maine, on July 19. Father Patrick Caverly performed the 4.30 p.m. ceremony in the presence of the immediate families at the Church of the Annunciation, Altamonte Springs. Mrs. Cody Spears, Grand Junction,

Col., the former Carol Grant of Orlando, attended the bride as matron of honor.

Sean Havey of New York City served his brother as best man.

The wedding reception and dinner was held immediately following the ceremony at Kona Village, Altamonte Springs.

The Haveys will spend their honeymoon in Maine, New Hampshire, Vermont and New York. While in Maine, they will attend the Havey family reunion. They visited Mr. and Mrs. Robert Bowers, Virginia Beach, en route. Mrs. Bowers is the former Betty Wathen of Sanford.

The newlyweds will make their home in St. Simons Island.

### Mokris-Rusho

Sheryl L. Rusho and Daniel J. Mokris were married July 19 in a civil ceremony at Lubbock, Texas.

The bride is the daughter of Mr. and Mrs. Manley Rusho, 305 Sunset Drive, Sanford. The bridegroom is the son of Mr. and Mrs. David Mokris of Wadsworth, Ohio.

The newlyweds are both lieutenants in the United States Air Force, stationed at Reese Air Force Base, Lubbock. The bride is a 1976 graduate of Seminole High School, Sanford, and a 1980 graduate of University of Central Florida where she was commissioned into the U.S. Air Force through the ROTC program.

The bridegroom is a 1982 graduate of the U.S. Air Force Academy and will graduate on Aug. 6 from undergraduate pilot training.

## New Group: Help For Incontinent People

**DEAR READERS:** If you don't have a bladder control problem, you're lucky. But if you are among the estimated 10 million Americans (or Canadians) who are incontinent to an annoying degree — or know someone who is — read on:

When you sneeze, cough or laugh, do you feel a wetness on your clothing?

When you come home, do you find that you can't get your key in the door fast enough to make it to the bathroom in time?

What can a man wear after a prostate operation for the days (or weeks) he has a little "dribbling"?

These are the kinds of questions and concerns that have brought a few men and women together to form a self-help group for people with urinary or bladder control problems. They named their new organization HHP — Help for Incontinent People.

For a copy of the organization's helpful newsletter, send a long, stamped (20 cents), self-addressed envelope to: HHP, Box 544, Union, S.C. 29379. The newsletters are published four times a year. They are free, but because this is a non-profit group, contributions are welcome. I have seen the newsletter and assure you it is well worth sending for.

**DEAR ABBY:** For four years now I've been desperately trying to please my husband. I've had long hair, short hair, blonde hair, dark hair, lost weight, gained weight — you name it. He's never satisfied.

It's not just my personal appearance. I always seem to have the wrong dinner



Dear Abby

ready, the wrong clothes picked out for him, etc.

I'm basically an insecure person and, needless to say, I don't need this kind of pressure. I've talked to him about it and he says, "Oh, don't worry about it. I love you."

My question is, how can he possibly "love" someone who apparently doesn't make him happy? And why did he marry me?

### ERROR

**DEAR ERROR:** These are questions you should ask your husband. My question to you is: Why are you putting up with someone who apparently isn't making you happy? Complaining to me will not improve your marriage. Counseling — for both of you — might. And a course in self-assertiveness might build your self-esteem and give you the security and confidence you need to demand respect and appreciation.

Please take these suggestions seriously and let me hear from you again.

**DEAR ABBY:** This is for "Gemini," the 50-year-old married woman who was furious with her mother for removing the sex books from her (Gemini's) library when she (Mother) was visiting.

You should have advised Gemini to write her mother (preferably on an

open postcard) something like this:

"I was so glad to discover that you borrowed our books on sex. We hope they help you with any problems you are seeking to solve. Keep them as long as you need them, but please return them eventually."

I'll bet two bits Moirer has already read them cover to cover.

E. NAYLOR,  
PORTLAND, ORE.

**DEAR ABBY:** A girlfriend of mine is planning a big church wedding, and she's asked if my 4-year-old son would be the ring bearer. My answer was yes.

My question: Who pays for my son's tuxedo? Nothing was said about it. Answer soon, as this is very important.

### TIGHT BUDGET

**DEAR TIGHT:** The attendants are expected to pay for their own wedding

attire unless the bride's family is very well-to-do and offers to pick up the tab.

**DEAR ABBY:** My boyfriend moved in with me three months ago. (He's in his early 40s, and I'm in my early 30s.)

He is a salesman and sells products in people's homes. There are times

when he comes home as late as midnight — sometimes with makeup and lipstick on his shirt. It don't wear makeup.)

He swears he does not fool around. Should I believe him? Or should I throw him out?

### CONFUSED

**DEAR CONFUSED:** No to your first question, and yes to your second.

## IOWA MEATS

PRICES GOOD  
WED. THRU — SAT.

We Sell Only  
U.S.D.A. Choice  
Naturally Aged  
Western Beef

WE WILL NOW BE CLOSED EVERY MONDAY

Fully Cooked <b>BONELESS SMOKED HAM</b>	Whole Or Half	<b>\$1.79</b> LB.
Marbled Lean Trimmed <b>CENTER CUT PORK CHOPS</b>		<b>\$1.99</b> LB.
Marbled <b>LOIN END PORK ROAST</b>		<b>\$1.59</b> LB.
Marbled Lean Trimmed <b>BONELESS FRESH PORK BUTT</b>		<b>\$1.69</b> LB.
Fresh Daily <b>EXTRA LEAN GROUND CHUCK</b>	3 LBS. OR MORE	<b>\$1.69</b> LB.
Marbled Skinned And Dressed <b>BABY STEER LIVER</b>		<b>\$1.09</b> LB.

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It's Ready When You're Ready**

**323-4528**

## Professional Tailoring Class Set At SCC

Ernest Kumar, a professional tailor from London, England, will teach two custom tailoring classes at Seminole Community College this fall.

Classes will begin Wednesday, Aug. 31, in the fully equipped sewing labs on the main campus. The day class will meet on Mondays and Wednesdays from 8 a.m. to 4 p.m. Cost of day program is \$45.00. The evening class will also meet on Mondays and Wednesdays from 7 to 10 p.m. Cost of the evening program is \$20.00.

Register at the administration building. For information call 323-1450, Ext. 227. From Orlando call 843-7001.

**FREE SPINAL EXAMINATION**

Danger Signs of Pain/Chronic Illness

1. Frequent Headaches
2. Low Back or Hip Pain
3. Dizziness or Loss of Sleep
4. Numbness in Hands or Feet
5. Nervousness
6. Neck Pain or Stiffness
7. Arm and Shoulder Pain

ALL INSURANCE ACCEPTED  
ACCEPTED BY US  
TOTAL OUT-OF-POCKET EXPENSES

Free preliminary examination does not include X-Rays or treatment

**SANFORD PAIN CONTROL CLINIC**  
DR. THOMAS YANDELL  
Chiropractic Physician  
2017 FRENCH AVE.  
SANFORD  
**323-5763**



# Sanford Artist Among 13 Exhibiting In Paper Play

"Paper Play," an exhibit of highly varied works of handmade and exotic papers, will be the first show of the 1983-84 season at Gainesville's Joan Ling Gallery. Spotlighted in the exhibit, which opens Aug. 29, will be over 50 works created by 13 artists exploring the wide range of possibilities offered by this increasingly popular fine art medium.

Handmade paper as an art medium came into its own in the seventies. Prior to that time handmade papers were used by artists simply as vehicles for drawing and printmaking. As artists from many disciplines began experimenting with papermaking they discovered that the medium offered not only extremely diverse surfaces, but many handling possibilities.

They began to extend its manipulation beyond sheet making to explore three-dimensional molding techniques. The works selected for "Paper Play" represent a range of both casting and molding techniques, as well as a variety of methods of manipulation of handmade paper, including embossing, stitching, rolling, dyeing, painting and collaging.

The exhibit will embrace a

diversity of finished works, such as decorative paper quilt designs, paper garments, paper sculpture, a walk-through paper installation and books with handmade paper pages.

Most of the artists participating in "Paper Play" are from Florida, representing virtually every part of the state. They include Jacksonville artist Katie Anderson and Janice Hartwell from Tallahassee; a number of Central Florida artists, including Roslyn Brown of Orlando, Margaret Murphy-Reed of Winter Park, James Bassham from Lakeland and Jane Prescott-Edison of Sanford.

Nor is South Florida neglected. Miami papermaker Betty Kjelson will participate, along with Jean Dean of Cape Coral, Marilyn Neiderman of Fort Myers, Diane Jons from Safety Harbor, and Barbara Melby-Burhans of Holiday.

Also participating will be Marcia Mazur-Gilbert from Chicago and Atlanta artist Lucinda Carlstrom. Many of these artists will be exhibiting their work in the Gainesville area for the first time.

Color will be an important element of the exhibit, particularly through the works of Lucinda Carlstrom, who utilizes imported rice paper, French marbled papers,

gold leaf and watercolors in her highly patterned and decorative works, which are inspired by the American patchwork quilt. Color and patterning are also characteristic of Roslyn Brown's works, which are assembled from colored sheets of hand-cast cotton linter. Barbara Melby-Burhans weaves colorful hand-dyed cotton and silk threads with handmade paper strips into compositions reminiscent of landscapes.

The oriental papermaking process and the passion and beauty of the Hawaiian Islands have been the inspiration for Margaret Murphy-Reed's cast and layered paper constructions. Pressed sheets, often colored with chemicals for visual accentuation, represent one aspect of the diversity of techniques employed by Katie Anderson.

"Paper Play" will preview at the Ling on Saturday, Aug. 27th, from 7 to 9 p.m. with a reception for the artists. The exhibit will continue at the Joan Ling Gallery, located at 15 Southeast First Ave., in downtown Gainesville through Oct. 6. Gallery hours are 10 a.m. to 6 p.m. Monday through Friday and 10 a.m. to 5 p.m. on Saturday.

For further information contact Claire Thibault at 375-8158.

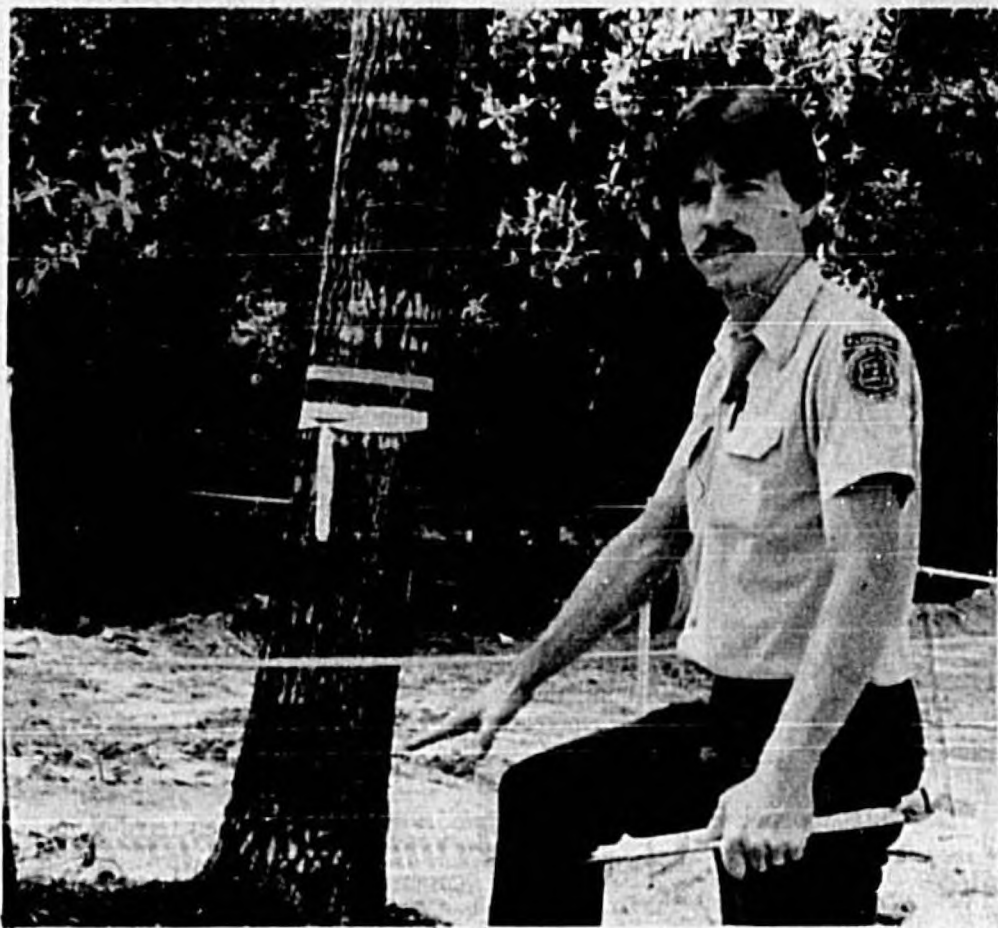


Photo by Joan Madison

## Toastmistress Demo Open to Public

Edie Valentine, center, of Sanford, newly installed president of the Greater Seminole Toastmistress Club, discusses details of a demonstration meeting with immediate past president, Dyeann Dummer, right, Longwood, and Joyce Stelling, first vice president, Maitland. The meeting will be held Thursday, Aug. 11, at 7.30 p.m., at the Greater

Seminole Chamber of Commerce, 291 N. Maitland Ave., Altamonte Springs. It will demonstrate how women can increase their communicative skills as a listener and speaker, learn efficient organization techniques, develop leadership skills and achieve self improvement through building self-confidence. The public is welcome.



Herald photo by Dee Gatzrell

Urban forester Mike Martin is concerned about the protection of trees and moving them from one site to another.

## Booklet Available To The Public On Protecting Trees

By Dee Gatzrell  
Special to the Herald

"The most common type of tree mortality is due to construction damage to the tree," says Mike Martin, urban forester for Seminole County. Martin says that basically the construction crews try to save trees. "They think if they don't hit the tree it will live. Not so," he says.

While Martin claims the intentions of the construction crew are good, there are certain steps that should be taken in order to assure the protection of trees. "The first thing you must do is to leave a protective barrier around the trees. Next, there must be minimal soil disturbance around the base of the tree," Martin adds that big clumps of dirt should be left around the tree and under the crown of the trees.

"The problem with Florida is our soils are poor and generally roots are more shallow. The feeder roots are generally in the top six inches of the soil. Most people think the anchor roots are the most important, but actually the deep roots give little nutrients to a tree," he says.

More and more developments and office complexes are becoming aware of the need to save existing trees on the property being developed. The developers and co-owners of the Crown Oaks Centre on State Road 434 in Longwood

are concerned with saving as many existing trees as possible, and have contacted Martin for his advice and guidance in the office condominium complex.

According to Howard Dayton, co-owner and developer of Crown Oaks Centre, it is hoped to have a park on the five-acre development. The Williamsburg type of architecture is being built around the existing trees. However, there will be no palm trees since the developers want the appearance of Northern hardwoods.

Along with saving existing trees, seven varieties of native trees are being brought in. There will be a weeping willow tree in the retention pond that is being built into the first phase, due to be completed in September. Phase II will include a running brook on the grounds.

In front of the complex a brick wall is being built, but the trees are being left as a perimeter.

If a developer or homeowner wants advice on saving or moving trees the Division of Forestry has publications available to the public. Martin notes that "not all trees should be saved. 'Shallow rooted' or badly formed trees should come out. To determine which trees should come out and which should be saved, you can call Martin for free advice at 323-2500, Ext. 186.

## NEW ARRIVAL

Mr. and Mrs. Anthony D. (Margaret Ann) Moses Jr. of Sanford, announce the birth of a son, Christopher K., who weighed in at 8 lbs., 14 1/2 ozs., on July 29, at Central Florida Regional Hospital, Sanford.

Grandparents are Mr. and Mrs. Anthony D. Moses, Sanford, and Mrs. Charles Downer, Casselberry.

Mr. and Mrs. Dennis (Tamara) Jones of Osteen, announce the birth of twin sons on July 21, at Winter Park Memorial Hospital, Winter Park. The twins were welcomed home by Jennifer, 3, and Adrian, 16 months.

Grandparents are Mr. and Mrs. Dick Jones and Mr. and Mrs. Harold Pell, all of Osteen.

## Birthday

Mrs. Frances Golson of Beardsall Avenue, Sanford, celebrated her 94th birthday on July 31. Mrs. Golson said she was taken out to lunch by Helen Walker.

She has lived in Sanford since 1922 and has always been a homemaker. Mrs. Golson does all her own cooking, does not wear a hearing aid and drove an automobile until last year.

For relaxation, she says she enjoys sweepstakes contests.

AMERICA'S FAMILY DRUG STORE

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Come to Eckerd Drug. Compare our prescription price with what you are paying now. Yes, bring your prescription to Eckerd, a name you can trust for quality and low, low prices.



COLGATE or CREST TOOTHPASTE  
8.4 to 7.0Z.  
COLGATE or 8.4-0Z. CREST  
Limit 1  
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COKE, DIET COKE or SPRITE  
PACK OF 8 12-0Z. CANS  
Limit 2 packs  
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RENUZIT SOLID AIR FRESHENER  
7.5-0Z.  
Reg. .99  
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RAID INDOOR FOGGER  
8-0Z.  
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ENERGIZER "AA" SIZE BATTERIES  
By EVEREADY  
Reg. 2.18 pack  
Limit 2 packs  
**1.49**

FINESSE SHAMPOO or CONDITIONER  
7-0Z.  
2 TYPES  
Limit 2  
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MAXIMUM STRENGTH PANADOL  
30 TABLETS of 400 CAPSULES  
Limit 1  
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COLGATE or PEPDENT TOOTHBRUSHES  
2 FOR  
**88¢**  
Limit 2

SOFT SENSE SKIN LOTION  
10-0Z.  
1 TYPE  
Limit 1  
**1.39**

ENTIRE STOCK OF L'ERIN PRODUCTS  
20% OFF  
REGULAR PRICES

ECLIPSE SUNSCREEN  
3.75-0Z.  
SPF 5, 10 or 15  
Limit 2  
**3.79**

TROPICAL BLEND PINA COLADA LOTION or OIL  
8-0Z.  
Limit 2  
**3.39**

ECKERD BABY POWDER  
14-0Z.  
Compare to Johnson's  
**99¢**

ECKERD PETROLEUM JELLY  
16-0Z.  
Compare to Vaseline  
**1.49**

• B6, KELP, LECITHIN  
• VITAMIN A  
• STRESS COMPLEX  
BOTTLE OF 40 YOUR CHOICE  
**2.88**

OUR ENTIRE STOCK OF SWIMWEAR  
25% OFF  
REG. PRICES

SOPHIE MAE PEANUT BRITTLE  
8-0Z. Reg. 1.19  
**88¢**

WRIGLEY'S CHEWING GUM  
3 FLAVORS  
10-PACK  
**97¢**

BOUNCE FABRIC SOFTENER  
40-0Z.  
Reg. 2.99  
**1.99**

HARTZ 2 IN 1 PLUS REFLECTING PET COLLAR  
24-0Z.  
Reg. 4.99  
**2.99**

RYOBI SPIN REEL & ROD COMBINATION  
#0644  
Reg. 34.99  
**29.99**

IRON PLUS SALON PLUS 1250-WATT MINI DRYER  
#P084  
Reg. 11.99  
2 speeds/heat  
**8.99**

IRON PLUS GALAXY 12" DELUXE FLOOR FAN  
#2193  
Reg. 29.99  
**22.99**

IRON PLUS GALAXY OSCILLATING 16-INCH FAN  
3 SPEEDS  
#2191  
Reg. 39.99  
Mar-resistant feet  
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IRON PLUS POLAROID AMIGO 620 CAMERA  
#1388  
Reg. 19.99  
The simple camera!  
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CHAIR  
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**14.88 29.88**

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PLASTIC  
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1/4" x 80' RADIAL REINFORCED HOSE  
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Tools For School  
PAPER • MATE ERASER • MATE PEN  
Reg. 1.99  
**89¢**

SCRIPTO MECHANICAL PENCIL  
#90  
Reg. 99¢  
**59¢**

ECKERD PENCILS  
PACK OF 5  
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**2/79¢**

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4-0Z. Reg. 97¢  
**2/88¢**

SCHOOL BOX  
#90  
Reg. 99¢  
**33¢**

RASF AUDIO CASSETTE TAPES  
90-MIN. BLANKS  
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PACK OF 2  
**3.69**  
Limit 2 packs

FREE HURRICANE TRACKING AND INFORMATION CHART

Learn the important terms, safety rules and other pertinent information you should know to help you track and prepare yourself for a hurricane. Pick up your copy of the chart at any Eckerd Drug Store.

OPEN DAILY 9 to 8, SUNDAY 9 to 6. Sale Prices good thru Sat. Aug. 6th. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

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Sanford Plaza  
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LONGWOOD  
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434 Center 949 S.R. 434  
CASSELBERRY  
5045 Red Bug Lake

Seminole Plaza  
1433 Semoran Blvd  
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PHYSICIAN NEXT TO ADDRESS  
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## TONIGHT'S TV

Cable Ch.		Cable Ch.		Independent
(7) (9)	(ABC) Orlando	(11) (35)		Orlando
(5) (6)	(CBS) Orlando	(8) (43)		Independent Melbourne
(4) (2)	(NBC) Daytona Beach Orlando	(10) (24)		Orlando Public Broadcasting System

In addition to the channels listed, cablevision subscribers may tune in to independent channel 44, St. Petersburg, by tuning to channel 13, which carries sports and the Christian Broadcasting Network (CBN).

## WEDNESDAY

- EVENING**
- 6:00  
 (3) (4) (5) (7) (9) NEWS  
 (11) (35) CHARLIE'S ANGELS  
 (10) MOVIE "Soyuzdetfilm" (1942) Don "Red" Barry, Lynn Merrick. When a cowboy joins a gang of outlaws, he discovers the town banker is their leader.  
 (8) GET SMART  
 8:05  
 (2) I DREAM OF JEANNIE  
 8:30  
 (4) NBC NEWS  
 (7) (35) CBS NEWS  
 (8) OOD COUPLE  
 8:35  
 (2) FATHER KNOWS BEST  
 7:00  
 (4) THE MUPPETS  
 (5) P.M. MAGAZINE A couple that gave birth to Utah's first test tube baby; the American soldiers who patrol the "freedom" border separating East and West Germany.  
 (7) JOKER'S WILD  
 (11) (35) THE JEFFERSONS  
 (10) MACNEIL / LEHRER REPORT  
 (8) HOUSE CALLS  
 7:05  
 (2) GREEN ACRES  
 7:30  
 (4) ENTERTAINMENT TONIGHT  
 An interview with Daniel J. Travanti.  
 (5) TIC TAC DOUGH  
 (7) FAMILY FEUD  
 (11) (35) BARNEY MILLER  
 (10) WILD AMERICA "Mountain Monarchs" A look is taken at the special adaptations that allow alpine animals to live in the severe high mountain ecosystem. (R)  
 (8) ONE DAY AT A TIME  
 7:35  
 (2) ANDY GRIFFITH  
 8:00  
 (4) REAL PEOPLE Featured: a male beauty pageant; hibernating bears; a Pittsburgh sports buff; the 44th Annual Bull Riding Championships. (R)  
 (5) ARCHIE BUNKER'S PLACE  
 (7) THE FALL GUY  
 (11) (35) MOVIE "Joe Kidd" (1972) Clint Eastwood, John Saxon. A silent stranger is hired by a wealthy landowner to track down a gang of Mexican-Americans who have invaded the territory.  
 (10) NATIONAL GEOGRAPHIC SPECIAL "Rain Forest" An exploration of the rich variety of plant and animal life in the rain forests of Costa Rica is presented. (R)  
 (8) MOVIE  
 8:05  
 (2) KIDNAPPED The swashbuckling adventure classic by Robert Lewis Stevenson about a man who is kidnapped and sold into slavery aboard a ship bound for Virginia. (Part 2)  
 8:30  
 (4) OLIVER  
 9:00  
 (4) THE FACTS OF LIFE Having lost religious faith since the divorce of her parents, Blair argues with her cousin Meg (Eve Plumb), who is planning to become a nun. (Part 2) (R)  
 (5) MOVIE "Better Late Than Never" (1979) Harry Morgan, Donald Pleasence. A group of senior citizens in a retirement home revolt against house rules that limit their freedom.  
 (7) THE HAMPTONS Peter and Jay have a confrontation. Lee becomes attracted to Nick (Daniel Pilon). Tracy (Molly Roberts) announces her engagement, and David learns a dark secret from Cheryl's past.  
 (10) RIVER OF SAND Cameras capture the extraordinary animal behavior exhibited when a four-year drought strikes the Tva River in Kenya.  
 9:30  
 (4) BUFFALO BILL  
 10:00  
 (4) LITTLE HOUSE ON THE PRAIRIE  
 (7) DYNASTY  
 (11) (35) INDEPENDENT NETWORK NEWS  
 (10) THE HORROR OF IT ALL Joe Ferrer narrates a look at some of the foremost horror films of the last 50 years, featuring Tim Lincecum and interviews with those who helped make them. (R)  
 (8) SATURDAY NIGHT  
 10:25  
 (2) NEWS  
 10:30  
 (11) (35) I LOVE LUCY  
 11:00  
 (4) (5) (7) (9) NEWS  
 (11) (35) BENNY HILL  
 (10) THE NATIONAL URBAN LEAGUE CONFERENCE '83 Highlights of this year's Urban League Conference include the keynote address, a special report on black employment and economic issues by black leaders.  
 (8) HARRY O  
 11:30  
 (4) TONIGHT Host: Johnny Carson.  
 (7) HOGAN'S HEROES  
 (11) (35) ABC NEWS NIGHTLINE  
 (11) (35) SOAP  
 11:35  
 (2) THE CATLINS  
 12:00  
 (4) POLICE STORY A cynical police officer (Vic Morrow) risks the life of an innocent bystander (Diane Baker) while thwarting a supermarket robbery. (R)  
 (11) (35) RHODA  
 (11) (35) MOVIE  
 12:05  
 (2) MOVIE "Adventures Of Marco Polo" (1938) Gary Cooper, Basil Rathbone.  
 12:30  
 (4) LATE NIGHT WITH DAVID LETTERMAN Guests: Brooks Shields, movie producer Hal Roach, of "Our Gang" and Laurel & Hardy fame. (R)  
 (7) ALL IN THE FAMILY  
 (11) (35) LOVE, AMERICAN STYLE  
 1:00  
 (7) (9) MOVIE "The Anderson Tapes" (1971) Sean Connery, Dyan Cannon.

## THURSDAY

- MORNING**
- 5:00  
 (4) NBC NEWS OVERNIGHT (TUE-FRI)  
 (5) THE PALACE (THU)  
 5:10  
 (2) WORLD AT LARGE (MON)  
 (2) NICE PEOPLE (TUE)  
 5:25  
 (7) HOLLYWOOD AND THE STARS (MON, FRI)  
 5:30  
 (2) CHRISTIAN CHILDREN'S FUND (MON)  
 (2) AGRICULTURE U.S.A. (THU)  
 5:40  
 (2) WORLD AT LARGE (TUE)  
 5:50  
 (2) WORLD AT LARGE (WED)  
 6:00  
 (4) 2'S COUNTRY  
 (5) CBS EARLY MORNING NEWS  
 (7) SUNRISE  
 (11) (35) 20 MINUTE WORKOUT  
 (11) (35) NEWS  
 6:30  
 (4) NBC NEWS AT SUNRISE  
 (5) CBS EARLY MORNING NEWS  
 (7) ABC NEWS THIS MORNING  
 (11) (35) CASPER AND FRIENDS  
 (11) MORNING STRETCH  
 6:45  
 (7) (9) NEWS  
 (10) A.M. WEATHER  
 7:00  
 (4) TODAY  
 (5) MORNING NEWS  
 (7) GOOD MORNING AMERICA  
 (11) (35) TOM AND JERRY  
 (11) (35) TO LIFE!  
 (11) FUNKY  
 (11) (35) CARTOONS  
 7:15  
 (10) A.M. WEATHER  
 7:30  
 (11) (35) WOODY WOODPECKER  
 8:00  
 (4) NBC NEWS AT SUNRISE  
 (5) CBS EARLY MORNING NEWS  
 (7) ABC NEWS THIS MORNING  
 (11) (35) CASPER AND FRIENDS  
 (11) MORNING STRETCH  
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 (10) A.M. WEATHER  
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 (4) NBC NEWS AT SUNRISE  
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# Easy, Light, Just Right

## Hearty, Appealing Meals For Year 'Round Dining Indoors And Out

Casual entertaining has long been associated with patio and poolside parties. Foods served at such gatherings, however, have become so popular you're apt to find almost identical menus being served indoors these days.

Whatever the location, such meals must be hearty enough to satisfy yet light enough to fit the lower calorie trend in mealtime planning. And, above all, they must be easy to prepare. Canned gravy and rice work well into such planning.

The gravies range in calories from 10 to 50 per serving. Nicely seasoned and ready to use, canned gravy is the answer to the kinds of foods consumers request these days...products that taste fresh and don't take a lot of time to prepare.

There's no end to the number of recipes using these two staples. A meat, poultry or seafood nicely sauced with a canned gravy and served over rice will highlight any occasion. The following recipes show how...for inside or outside eating pleasure.

### CALCUTTA CHICKEN AND RICE

- 2 tablespoons butter or margarine
- 8 choice broiler-fryer pieces
- 1 medium onion, sliced
- 1 can (10½ ounces) chicken gravy
- 3 tablespoons ketchup
- 3 tablespoons orange marmalade
- 1 to 1½ tablespoons curry powder
- 3 cups hot cooked rice

1. In 10-inch skillet over medium heat in hot butter brown chicken on all sides; remove from skillet. Spoon fat from drippings remaining in skillet.

2. Add onions to drippings in skillet; cook over low heat until tender. Stir in gravy, ketchup, marmalade and curry, scraping any bits from bottom of pan. Bring to a boil.

3. Add chicken. Reduce heat to low, cover, and simmer 30 minutes or until chicken is fork-tender.

4. Serve chicken with rice; spoon gravy over chicken. Makes 4 to 6 servings.

### BEEF AND FRUIT KABOBS

- 2 cans (10½ ounces each) beef gravy
- ¼ cup brown sugar
- ¼ teaspoon ground cloves
- 12 carrot pieces, each 1½ inches long
- 12 green pepper pieces, each 2 inches square
- 1½ pounds boneless sirloin steak, cut in 1-inch cubes
- 1 can (about 16 ounces) chunk pineapple, drained
- 3 cups hot cooked rice

1. To make sauce: In 1-quart saucepan over medium heat, heat gravy, sugar and cloves to boiling, stirring occasionally.

2. Meanwhile, in 2-quart saucepan over medium heat, in 1-inch boiling water, heat carrots to boiling. Reduce heat to low. Cover; simmer 5 minutes. Add green pepper; simmer 3 minutes more or until tender-crisp. Drain.

3. On six 18-inch skewers thread meat alternately with pineapple, green pepper and carrots.

4. Broil kabobs 10 minutes or until done, turning and basting frequently with sauce.

5. Heat remaining sauce; serve with kabobs and rice. Makes 6 servings.

### DILLED YOGURT PORK CHOPS

- 4 pork chops (about 1½ pounds)
- ¼ Pepper, paprika
- 2 tablespoons vegetable oil
- 1 can (10½ ounces) chicken gravy
- 1 cup diagonally sliced celery
- ¼ cup chopped green onions, including tops
- ¼ teaspoon dill weed, crushed
- ½ cup plain lowfat yogurt or sour cream
- 1 cup peach slices
- 2 cups hot cooked rice

1. Season chops with pepper and paprika. In 10-inch skillet over medium heat in hot oil slowly brown pork chops on both sides (about 15 minutes). Spoon off fat. Add gravy, celery, onions and dill.

2. Reduce heat to low. Cover; simmer 25 minutes, stirring occasionally. Blend a small amount of yogurt into gravy; stir into skillet. Add peaches; heat through.

3. Serve with rice. Makes 4 servings.

### BEEF ANTONIO WITH RICE

- 2 tablespoons vegetable oil
- 1½ pounds beef for stew, cut into ¾-inch chunks
- 1 medium clove garlic, minced
- 1 can (10½ ounces) beef gravy
- 1 can (8 ounces) tomato sauce
- ¼ cup dry red wine
- ½ cup cubed Cheddar cheese
- 3 cups hot cooked rice

1. In 4- to 6-quart Dutch oven over medium heat in hot oil cook beef with garlic until well browned. Spoon off fat. Stir in gravy, tomato sauce and wine.

2. Reduce heat to low. Cover; simmer 35 minutes or until meat is fork-tender. Add cheese, stirring constantly until cheese is melted.

3. Serve beef with rice; spoon gravy over beef. Makes 6 servings.

### HAM WITH SPICED BANANAS

- 2 tablespoons butter or margarine
- 4 medium bananas, peeled and cut in half crosswise
- Ground cinnamon
- 1 can (10½ ounces) chicken gravy
- ½ cup dry white wine
- 8 slices (1 to 1½ ounces each) fully-cooked ham
- 2 cups hot cooked rice

1. In 10-inch skillet over medium heat in hot butter heat bananas through, turning to cook evenly. Remove bananas from skillet and sprinkle lightly with cinnamon.

2. Stir gravy and wine into same skillet. Remove from heat.

3. Meanwhile, to assemble ham roll, place banana at narrow end of ham. Roll up jelly-roll fashion. Place seam side down in skillet. Repeat with remaining ham and bananas.

4. Cover; bring to a boil, reduce heat and simmer 5 minutes or until ham rolls are heated through. Serve over rice. Makes 4 servings.

### MEATBALLS SICILIANO

- 1 can (10½ ounces) mushroom gravy, divided
- 1 pound ground beef
- ¼ cup fine dry bread crumbs
- 1 egg, slightly beaten
- ¼ teaspoon salt
- ¼ teaspoon pepper
- 2 tablespoons salad oil
- 3 cups sliced zucchini
- ½ teaspoon basil leaves, crushed
- 2 medium tomatoes, cut in wedges
- 2 cups hot cooked rice

1. In large bowl mix well ¼ cup gravy, beef, bread crumbs, egg, salt and pepper. Shape mixture firmly into 24 meatballs.

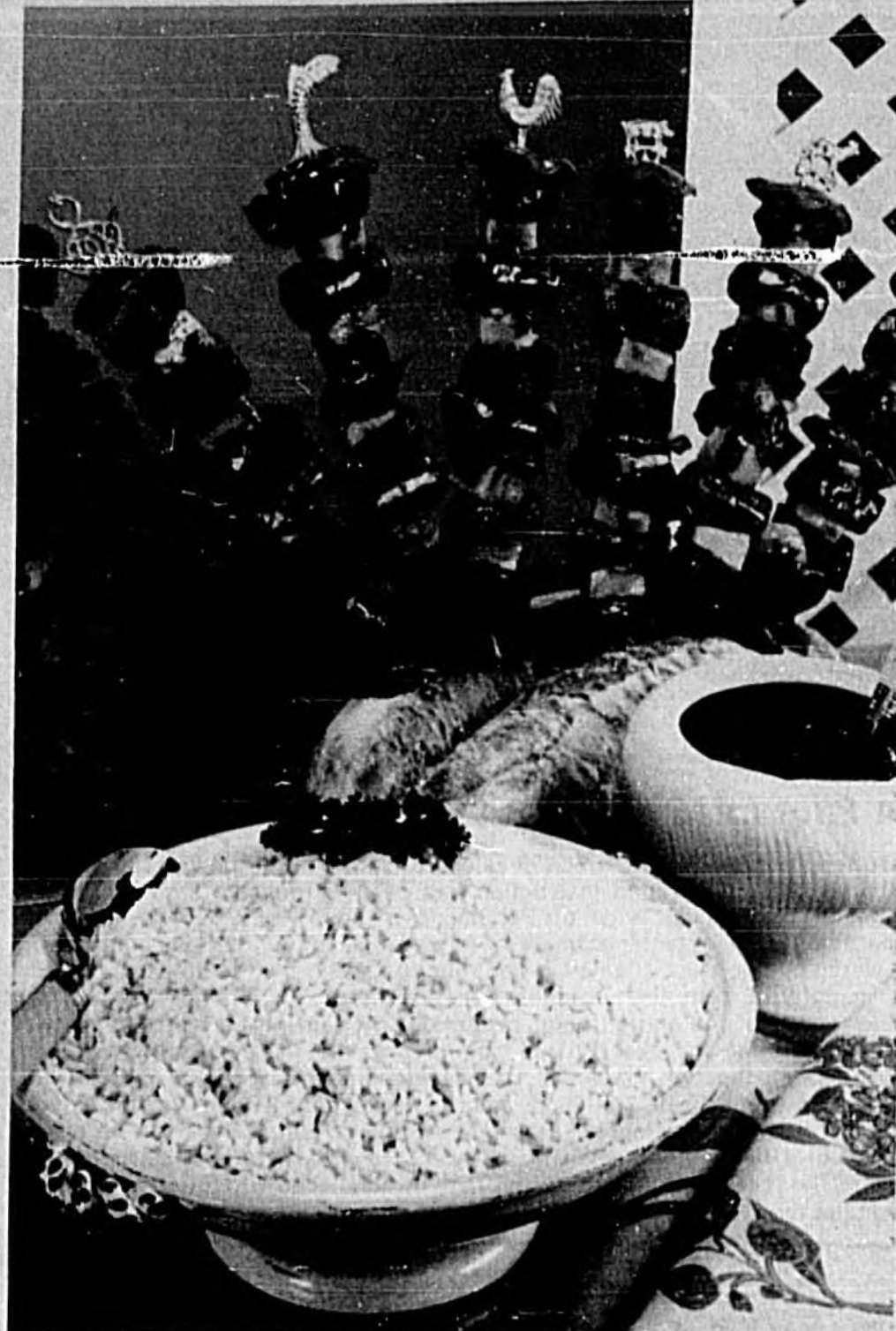
2. In 10-inch skillet over medium heat in hot oil cook meatballs, a few at a time, until well browned on all sides. Remove meatballs to a large bowl as they brown. Spoon off fat from skillet.

3. Stir remaining gravy, zucchini and basil into skillet; add meatballs. Reduce heat to low; cover. Simmer 15 minutes, stirring occasionally.

4. Add tomatoes; heat through. Serve over rice. Makes 4 servings.



Calcutta Chicken flavored with marmalade



Beef kabobs flavored with sugar 'n spice

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# Hostess Hints: Brandy And Coffee Create Convivial Mood

When fine brandy and fragrant coffee come on the scene, the mood usually mellows and the conversation becomes a bit more convivial.

California Brandy has a particular affinity for coffee. Light and lively in character, it is by far the preferred brandy in this country.

Coffee and brandy are savored in a variety of ways. For some, alternate sips of brandy and strong, black coffee provide the ultimate beverage experience. Others prefer mixing the two and embellishing their brew with creams, spices and assorted confections.

In brewing don't stir on the coffee — you need full body when combining the brew with brandy.

Keep your coffee maker clean and rinse with hot water before you brew.

## Here's a recipe sampling.

### SIERRA TODDY

6 oz. water  
2 teaspoons sugar  
6 whole cloves  
1 stick cinnamon  
4 oz. brandy  
2 teaspoons instant coffee crystals  
2 thin lemon slices  
Bring water, sugar and spices to a boil. Strain over brandy and instant coffee in warmed glasses. Stir and add lemon slices. Serves 2.

### COFFEE CALIENTINA

1/2 cup dark brown sugar (packed)  
2 sticks cinnamon

6 whole cloves  
4 cups water  
2 tablespoons instant coffee crystals

5 oz. brandy  
Brandy cream  
Combine sugar, spices and 2 cups water and bring to boiling. Lower heat, cover and simmer 5 minutes. Remove cover, add remaining 2 cups water and coffee crystals. Return to a boil, then strain liquid into serving container. Pour 1 ounce brandy into each warmed coffee cup. Pour in hot spiced coffee and stir. Top with Brandy Cream. Do not stir after adding cream. Strain coffee through the cream for true flavor. Serves 5.

**Brandy Cream:** Combine 2 cup chilled whipping cream, 1 teaspoon chocolate extract, 1 tablespoon brandy in chilled bowl. Beat until stiff. Makes about 1 1/4 cups topping.

### BRANDY CLASSIC

4 oz. brandy  
1 large egg  
2 teaspoons sugar  
1 teaspoon instant coffee crystals  
1/4 Crushed ice  
Grated nutmeg  
Shake brandy, egg, sugar, instant coffee and ice together. Strain into 4-ounce glasses and sprinkle with nutmeg. Serves 2.

### COFFEE SAUSAGE

1 1/2 oz. brandy  
3 oz. cold strong coffee

2 ice cubes  
Ice club soda  
Sweetened whipped cream  
Coffee liqueur  
Pour brandy and coffee over ice cubes in a 10 to 12-ounce glass. Fill to within 1 inch of top with soda. Top with whipped cream and drizzle with coffee liqueur. Serves 1.

### BRANDY VELVET

1/2 cup brandy  
1/4 cup strong cold coffee  
1/4 cup chocolate syrup  
1 quart coffee ice cream  
Chocolate syrup for top  
Combine brandy, coffee and chocolate syrup. Whirl in blender (or beat with electric or rotary beater) with ice cream just until

blended. Pour into tall glasses to serve. If desired, turn beverage into pan and freeze until semi-firm, then pile into serving glasses. If freezer space is deep enough, glasses may be filled and set in freezer until ready to serve. Drizzle a little extra chocolate syrup over top of each serving. Makes about 1 quart (4 to 6 servings).

For a booklet of 22 innovative recipes combining brandy and coffee, write "California Brandy And Coffee For All Seasons," California Brandy Advisory Board, 235 Montgomery Street, San Francisco, CA 94104. Enclose a 37 cent stamped, self-addressed, business-size envelope.

## Treat Guests Special

By Malcolm R. Hebert

Special to the Herald

The ancient Roman, Lucullus, was one of the first apostles of the gourmet life. He was so involved in gastronomic delights, that he instructed his chef and servants to spend \$1,000 per person, per dinner. Absolutely nothing was to be spared for Lucullus' special dinner guests.

One evening, after a long hard day in the Roman Senate, Lucullus decided to dine alone at his villa. As the evening meal progressed, Lucullus discovered that his chef had spent less than the usual \$1,000 per person. He called his chef and demanded to know why he had violated the exact rules Lucullus had set down for gourmet dining.

Confused, the chef sought to explain it away with, "But, Master, you were dining alone..."

Lucullus exploded. "That is why dinner is to be extra special. Lucullus is the guest of Lucullus."

Whether this story is true or not, you don't have to spend \$1,000 per meal per guest when entertaining. But the one thing you should insist upon is the best of ingredients.

It is foolish to skimp on ingredients because, in the long run, you only fool yourself and your guests. And sometimes you don't fool your guests because they just might know that you made the Hollandaise with margarine and not butter.

There is nothing wrong in trying to stretch the food dollar and practicing a little economy in gastronomy, but cutting corners to excess is not chic, but chicanery.

Take one of the major cooking ingredients in thousands of dishes, California brandy. There are some 200 different California brandies to choose from and therefore this prompts the question: "What is the best California brandy?" The answer is simple: "The best California brandy is the brandy you like best."

The best way to find out which California brandy you like best is to hold a brandy tasting. Gather eight to ten friends and have each bring a different brand name of California brandy to the tasting. Wrap each bottle in foil. Mix one part brandy and one part room temperature distilled water. Taste. Make notes on what you like and dislike.

Once you have narrowed the field down to the ones you like, unmask them. Be ready for a surprise.

Here is a recipe that uses your favorite California brandy:

### CHICKEN BREASTS VICTOR

3 whole chicken breasts, halved, skinned and boned  
2 tablespoons California brandy  
2 tablespoons olive oil  
2 tablespoons fresh lime juice

1 tablespoon salt  
1/4 teaspoon fresh ground white pepper  
1 clove garlic, minced  
1/4 teaspoon each of oregano, basil and thyme

Put the breasts in a shallow pan. In a separate bowl mix remaining ingredients; pour over breasts, turning the breasts every half hour for two hours. Grill over charcoal or under the oven grill. Serves 6.

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ALL ITEMS & PRICES GOOD THRU TUES., AUG. 9, 1983. DUE TO OUR LOW PRICES WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NONE SOLD TO DEALERS. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.



# Chicken Salad Fits Into Leisure Summer Pace

With the leisurely pace of summertime, savvy cooks turn to recipes that are easy to prepare yet eye-appealing and satisfying to family and guests. Cold Lemon Chicken Salad, from the La Choy test kitchens, is one such recipe that's ideal for brunch, lunch, patio suppers and picnics.

This delicately flavored main dish features chicken, omelet shreds, bean sprouts, water chestnuts, and bamboo shoots tossed with an especially tasty lemon dressing.

If the salad is being packed for a picnic, pack dressing in a container separate from the salad and toss at serving time. Accompany with chow mein noodles.

## COLD LEMON CHICKEN SALAD (4 servings)

**Lemon dressing:**  
¾ cup rich chicken broth  
2 tablespoons sugar or to taste

2 teaspoons cornstarch  
2 tablespoons cornstarch  
2 tablespoons finely grated lemon peel  
2 tablespoons lemon juice  
1 clove garlic, crushed  
¼ teaspoon salt  
¼ teaspoon freshly ground pepper

**Salad:**  
2 eggs, beaten  
3 to 3½ cups boned cooked chicken  
1 can (14 oz.) bean sprouts, rinsed and drained  
1 can (8 oz.) water chestnuts, drained, julienned  
1 can (8 oz.) bamboo shoots, rinsed, drained and julienned  
3 green onions, sliced thin  
2 lemons, sliced in half lengthwise and cut again into thin crosswise slices  
Combine all dressing ingredients in small saucepan.

Place over low heat and simmer, stirring frequently, until dressing is slightly thickened. Let cool.

Pour eggs into lightly greased 8-inch skillet; prepare a thin omelet, cooking eggs through. Turn omelet out of pan onto small plate. Cool slightly and cut into shreds.

Combine chicken, omelet shreds, bean sprouts, water chestnuts, bamboo shoots and dressing in large bowl. Toss thoroughly. Arrange in center of serving platter. Sprinkle with green onion and surround with lemon slice.

## TROPICAL CHICKEN AND RICE SALAD

**Salad:**  
4 cups lettuce, cut in thin shreds  
3 lb. broiler-fryer chicken, cooked and chopped  
2 cups cooked rice, cooled  
1 package (10 oz.) frozen peas, cooked tender-crisp  
1 cup sliced celery  
¼ teaspoon salt

Dash pepper

## Topping:

1 can (8½ oz.) pineapple slices, drained  
1 can (11 oz.) mandarin orange sections, drained  
Cashews (optional)

## Dressing:

½ cup mayonnaise  
½ cup peach yogurt  
¾ teaspoon curry powder  
Layer lettuce in 2½-quart straight-sided glass bowl. In a separate bowl combine chicken and remaining salad ingredients; set aside. Combine dressing ingredients; stir until blended. Mix dressing with chicken mixture; spoon over lettuce layer. Arrange pineapple and oranges over top of salad. Cover bowl with plastic wrap, stretching to fit. Refrigerate several hours or overnight. For each serving, spoon out some of each layer. Top with cashews, if desired.

## Warm Weather Coolers

Milk drinks are so versatile they can be used morning, noon or night.

The morning drink would please natural food buffs with its buttermilk, orange juice and honey. Try it on a muggy morning for a real pick up.

Lime Luncheon Freeze is really cool, a very pleasant pick-up for a hot busy lunch. Made in a blender or mixer, or even hand-mixed, this frosty fill-up is great served in glasses which have had their rims dipped in lemon juice, then sugar.

Rather than having dessert with dinner, why not take a Dessert Mocha Shake into your living room and sip it slowly and casually?

## ORANGE BREAKFAST BRACER

1 cup cold buttermilk  
3 tablespoons frozen orange juice concentrate  
1 teaspoon honey  
Orange slice  
Combine buttermilk, orange juice concentrate and honey. Blend well in a blender or with a mixer. Garnish with orange slice. Yield: Approx. 1½ cups

## LIME LUNCHEON FREEZE

2 cups cold milk  
1 pint lime sherbet  
¾ cup (one 6 oz. can) cold pineapple juice  
Lemon juice  
Sugar  
Fresh mint

Combine milk, sherbet and juice. Blend well in blender or with a mixer. Serve in lemon-frosted glasses. Dip rim of glasses in lemon juice, then in sugar; chill. Garnish with fresh mint. Yield: Approx. 4 cups.

## DESSERT MOCHA SHAKE

2 cups cold milk  
1 pint chocolate ice cream  
¼ cup chocolate-flavored quick mix  
2 teaspoons instant coffee

Cinnamon Whipped Cream\*

Cinnamon Stick  
Combine milk, ice cream, chocolate mix and coffee. Blend well in blender or with a mixer. Garnish with Cinnamon Whipped Cream and cinnamon stick. Yield: Approx. 4 cups

\*Cinnamon Whipped Cream: Whip together ½ cup whipping cream, 1 tablespoon sugar and ¼ teaspoon cinnamon in a chilled bowl with chilled beaters, until stiff peaks form, scraping bowl occasionally.

## LAYERED VEGETABLE CRUNCH SALAD

6 cups of chopped iceberg lettuce  
1 cup chopped red cabbage  
1 cup chopped red onion  
1 can (8 ounces) sliced water chestnuts, drained  
1 can (17 ounces) sweet peas (no salt added), drained  
1 can (17 ounces) whole kernel corn (no salt added), drained  
2 cups shredded carrots  
1 cup reduced-calorie mayonnaise  
½ cup sour cream  
2 tablespoons sugar (optional)

Place lettuce in 3-quart straight-sided dish or 13x9-inch serving dish. Top with layers of cabbage, onion, water chestnuts, peas, corn and carrots. Combine mayonnaise with sour cream. Blend in sugar, if desired. Spread evenly over carrots. Cover tightly and refrigerate several hours for flavors to blend. Yield 10 servings.

## LARGE SWEET CALIFORNIA NECTARINES

SAVE 20%  
BONUS BUY  
2 89¢  
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SAVE 20%  
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SAVE 26%  
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# Broccoli: A Versatile Vegetable

A chicken-broccoli stir-fry offers an unexpected flavor and crunchiness. It contains macadamia nuts which add their own slightly sweet, slightly salty flavor to the basic Chinese flavoring combinations.

**CHICKEN AND MACADAMIA NUT STIR-FRY**  
1 pound boned and skinned chicken breasts (cutlets) cut in 1-inch strips  
1 tablespoon soy sauce  
2 teaspoons sherry  
1/4 teaspoon salt  
1 clove garlic, crushed  
1 bunch fresh broccoli (1 pound)  
2 tablespoons vegetable oil  
2 small onions cut in wedges (1 cup)  
1 1/2 tablespoons cornstarch  
3/4 cup cold chicken broth or water  
1/2 cup chopped macadamia nuts  
Place chicken in medium bowl. Add soy sauce, sherry, salt and garlic; let stand for 10 minutes. Cut broccoli

tops into florets and stems into 2-inch-long strips; set aside. In large skillet, heat oil until hot. Add chicken mixture; stir-fry until lightly browned, 2 to 3 minutes.

Remove from skillet with slotted spoon leaving as much oil as possible. Add onions and reserved broccoli; stir-fry until crisp-tender, about 2 minutes. Combine cornstarch and broth; add to vegetables. Cook and stir until slightly thickened, about 1 minute. Add macadamia nuts and reserved chicken; cook and stir 1 minute longer. Serve over steamed rice, if desired. This kitchen-tested recipe makes 4 portions.

**BROCCOLI WITH CHEESE SAUCE**  
2 pounds fresh broccoli  
2 tablespoons diet margarine  
2 tablespoons all-purpose flour  
1 cup skim milk  
2 slices low-fat process American cheese, torn into small pieces  
1/4 teaspoon salt  
1/4 teaspoon white pepper

Trim off large leaves of broccoli, and remove tough ends of lower stalks. Wash spears. Cook broccoli, covered, in a small amount of boiling salted water 10 minutes or until crisp-tender. Drain well, and keep warm.

Melt margarine in a heavy saucepan over low heat; add flour, stirring until smooth. Cook 1 minute, stirring constantly. Gradually add milk; cook over medium heat, stirring constantly with a wire whisk, until thickened and bubbly. Add cheese, salt, and pepper; stir until cheese melts. Serve sauce over broccoli. Yield: 8 servings (about 24 calories per serving plus 20 calories per tablespoon of sauce).

Note: One tablespoon regular margarine may be substituted for 2 tablespoons diet margarine. The flour-and-margarine mixture will be dry.

## PURE GROUND BEEF

LIMIT ONE, PLEASE

5 LB AVG.  
PACKAGE

SAVE 80¢ PER LB

# 99¢

LB

BONUS  
BUY

## Pantry

## Pride

PRICES EFFECTIVE WED., AUG.  
3 THRU TUES., AUG. 9, 1983.

## Sauce Salutes Chef

Many outdoor cooks note that sauces and marinades make all the difference between a backyard dabbler and a great barbecue chef. The next time you fire up the grill, spark taste buds as well by seasoning and tenderizing beef to be barbecued in an Oriental style marinade. Developed in the La Choy test kitchens, the marinade enhances lesser cuts of meat.

A Chinese Vegetable Salad featuring pea pods, cucumbers and carrot strips, tossed with a sweet, mildly spicy dressing, is a flavorful accompaniment to the grilled beef. For appetizers, nothing is so easy and tasty as egg rolls cooked over hot coals. Available in the frozen section of supermarkets, egg rolls are ready to heat and serve in just minutes.

### ORIENTAL STYLE BARBECUE

**MARINADE FOR BEEF**  
1/2 cup soy sauce  
3 tablespoons white vinegar  
2 tablespoons vegetable oil

4 garlic cloves, crushed  
2 green onions, finely chopped

1 tablespoon Chinese hot mustard (or prepared hot mustard)

1 teaspoon grated fresh ginger (or prepared ginger)  
1/4 teaspoon freshly ground black pepper

For up to three pounds of beef, such as round, chuck or flank steak, or up to six pounds short ribs (cut into three-to six-inch lengths), combine marinade ingredients, mixing thoroughly. With a sharp knife, lightly score meat to be grilled every half inch or so. Place meat in small dish and pour marinade over, turning meat to coat. Cover and let stand at least 2 hours, turning frequently.

Prepare barbecue grill. Drain meat; discard marinade. Cook meat over hot coals until done to taste.

### CHINESE VEGETABLE SALAD

1 pkg. (6 oz.) frozen Chinese pea pods, thawed and drained

2 medium cucumbers, peeled, halved, seeded, and sliced 1/4 inch thick

1 medium carrot, cut into 2-inch matchsticks

**Dressing**  
1 tablespoon vegetable oil

1 teaspoon mild chili powder

1 clove garlic, minced

1/4 cup soy sauce

1/4 cup white vinegar

3 tablespoons sesame oil

2 tablespoons brown sugar

Combine pea pods with cucumber and carrot in large serving bowl; refrigerate covered. For dressing, heat 2 tablespoons vegetable oil in small skillet. Add chili powder and cook, stirring until heated. Add remaining ingredients and mix well; let cool. About one hour before serving, pour dressing over vegetables and toss well. Cover bowl and refrigerate until serving time.



Rubbing soap or candle wax on the runners can help keep drawers from sticking in humid weather.

**BONUS BUY**

**BONELESS  
BOTTOM  
ROUND  
ROAST**

PER POUND

**\$1.69**

SAVE \$1.00  
PER LB

USDA  
CHOICE  
BEEF

COMPARE MEAT CHECK THESE PRICES

U.S.D.A. CHOICE- WHOLE IN THE BAG CUT & WRAPPED FREE

**Bnls. Btm. Round** 25 LB AVG. LB **\$1.59**

U.S.D.A. CHOICE FRESHLY

**Ground Round** 3 LB AVG. PKG. LB **\$1.99**

IN THE MEAT FREEZER CASE- PANTRY PRIDE

**Beef Burgers** 20oz PKG. FROZEN **\$1.99**

BONELESS U.S.D.A. CHOICE FAMILY SIZE PKG. KANSAS CITY OR

**Eye Round Steaks** LB **\$2.79**

IN THE MEAT FREEZER CASE- PANTRY PRIDE

**Beef Burgers** 40oz PKG. FROZEN **\$3.89**

**PUNCH  
LAUNDRY  
DETERGENT**

EVERYDAY LOW PRICE

**\$2.19**

72oz BOX

SAVE 10

**PANTRY PRIDE**

**KING SIZE BREAD** SAVE 18¢ 20oz LOAVES **3/\$1.49**

**COUNTRY SOURE BAR-B-QUE BREAD** SAVE 10¢ 12oz LOAVES **2/\$1.19**

COMPARE BAKERY EVERYDAY LOW PRICE

COUNTRY SOURE LOAVES

**Wheat Bread** 20oz **2/\$1.19**

PANTRY PRIDE

**French Bread** 16oz STICK **2/\$1.19**

PANTRY PRIDE BOURDOUGH OR

**English Muffins** PAR **59¢**

AUNT HANNAH

**Angel Food Bar** 8oz **\$1.29**

**SAVE \$1.00 CASH**

**PEPSI COLA,**  
DIET PEPSI, PEPSI LIGHT,  
PEPSI FREE (REG. OR SUGAR  
FREE) OR MOUNTAIN DEW  
2 LITER BTLs.

WITH THIS COUPON GOOD  
THRU WED., AUG. 10, 1983.

**BONUS BUY**

**SLICED  
QUARTER  
PORK LOIN**

3 LB AVG. PKG.

**\$1.39**

LB

SAVE 50¢ PER LB

COMPARE MEAT CHECK THESE PRICES

SOLD IN 3 LB BOXES. HOG MAWS, PIG EARS, PIG TAILS OR

**Pig Feet** LB **39¢**

U.S.D.A. GRADE A DRUMSTICKS OR

**Turkey Wings** 2.3 LB PKG. LB **39¢**

AGAR SPECIAL TRIM SMOKED BUTT OR SHANK

**Ham Portions** LB **99¢**

FRESH PORK

**Spare Ribs** MEDIUM SIZE LB **\$1.39**

CENTER CUT SMOKED

**Ham Slices** LB **\$1.49**

**FREEZER QUEEN  
ENTREES**

SAUSURRY STEAK, MEAT LOAF, SUCED TURKEY, CHARBROIL BEEF PATTY, MAN SIZE BEEF, OR TURKEY CROQUETTES

EVERYDAY LOW PRICE

**\$1.59**

2 LB FROZEN

SAVE 30

**ANGELOS**

**STEAK FRIES** SAVE 78¢ 24oz FROZEN **2/\$1**

**G & W PIZZAS** SAVE 10¢ 10oz FROZEN **89¢**

CHEESE, PEPPERONI OR SAUSAGE

COMPARE FROZEN EVERYDAY LOW PRICE

MINUTE MAID REGULAR OR WITH MORE PULP

**Orange Juice** 12oz FROZEN **89¢**

PANTRY PRIDE

**Whipped Topping** 16oz FROZEN **99¢**

BIRDSEYE

**Cob Corn** 4 CT. FROZEN **99¢**

GOLDEN PATTIES

**Ore Ida** 15oz FROZEN **\$1.19**

**SACRAMENTO  
TOMATO JUICE**

EVERYDAY LOW PRICE

**79¢**

48oz

SAVE 18¢

**BONUS BUY**

**MARKET STYLE  
SLICED  
BACON**

3 LB AVG. PKG.

**\$1.29**

LB

SAVE 40¢ PER LB

COMPARE DAIRY CHECK THESE PRICES

NATURAL ASSTD. FLAVORS

**Breyer's Yogurt** 3/4 CUP **3/41**

KRAFT

**Handy Snacks** **3/49¢**

KRAFT

**Parkay Margarine** 1 LB PKG. **49¢**

PANTRY PRIDE

**Cottage Cheese** 24oz CUPS **\$1.19**

SUCED AMERICAN

**Borden's Singles** 16oz PKG. **\$1.99**

**PANTRY PRIDE  
DRINK MIXES**

ALL FLAVORS

EVERYDAY LOW PRICE

**\$1.19**

24oz POWDER

SAVE 10

**PFEIFFER**

**DRESSINGS** SAVE 20¢ 16oz **99¢**

FRENCH, ITALIAN OR 1000 ISLE

**PANTRY PRIDE SODAS** SAVE 30¢ 2 LITER **79¢**

ASSORTED

COMPARE GROCERY EVERYDAY LOW PRICE

27" OFF LABEL

**Sunlight** DISHWASHING LIQUID 32oz **\$1.59**

SEMI SWEET

**Nestle Morsels** 12oz **\$1.89**

FOGGER

**Hot Shot** 8oz **\$1.99**

PORK, ORIENTAL CHICKEN OR BEEF

**Oodles of Noodles** 5/1

**PANTRY PRIDE  
TEA BAGS**

EVERYDAY LOW PRICE

**\$1.29**

100 COUNT

SAVE 10¢

**BONUS BUY**

**BONELESS  
EYE ROUND  
ROAST**

or RUMP ROAST

PER POUND

**\$2.39**

SAVE \$1.00  
PER LB

USDA  
CHOICE  
BEEF

COMPARE DELI CHECK THESE PRICES

MR. TURKEY SMOKED BREAST OR SUCED

**Turkey Breast** 8oz PKG. **\$1.19**

LYKES MEAT OR BEEF

**Plumper Weiners** 1 LB PKG. **\$1.39**

FYNE TASTE

**Sliced Bologna** 1 LB PKG. **\$1.39**

OLD SMITHFIELD

**Roll Sausage** 1 LB ROLL **\$1.49**

SUNNYLAND- HOT, MILD OR BEEF

**Smoked Sausage** 1 LB PKG. **\$1.79**

**LEAN  
BOILED HAM**

IN THE DELI BAKERY STORES ONLY

BONUS BUY

**99¢**

HALF POUND

SAVE \$1.00

**ITALIAN STYLE  
SPAGHETTI  
& MEATBALLS  
DINNER**

SAVED WITH TOSSED SALAD & ROLL

SAVE 50¢ IN THE DELI BAKERY STORES ONLY

**\$1.89**

MADE FRESH

**CHOCOLATE MINT CAKE** SAVE \$1.00 IN THE DELI BAKERY STORES ONLY **\$2.99**

2 LAYER

COMPARE PREPARED FOODS EVERYDAY LOW PRICE

FRESH

**Italian Bread** 16oz LOAF **69¢**

OLD FASHION

**Bologna** GERMAN STYLE HALF LB **99¢**

ITALIAN STYLE

**Meatball Sandwich** **\$1.29**

SOLID WHITE MEAT

**Turkey Breast** HALF LB **\$1.89**

**MASTER BLEND COFFEE** 13oz CAN **\$2.35**

A.D.C., E.P.

**MASTER BLEND COFFEE** 26oz CAN **\$4.59**

A.D.C., E.P.



by Chic Young



## BEETLE BAILEY

by Mort Walker



## THE BORN LOSER

by Art Sansom



## ARCHIE

by Bob Montana



## EEK &amp; MEK

by Howie Schneider



## PRISCILLA'S POP

by Ed Sullivan



## BUGS BUNNY

by Stoffel &amp; Helmdahl



## FRANK AND ERNEST

by Bob Thaves



## TUMBLEWEEDS

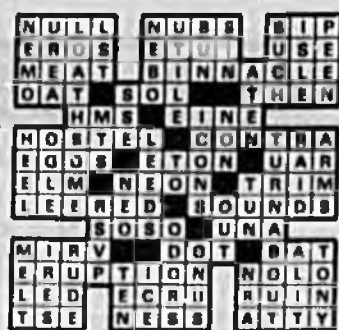
by T. K. Ryan



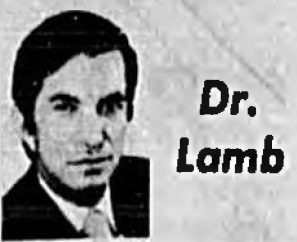
## ACROSS

- 1 Motto  
4 Large knife  
8 Gaucho's weapon  
12 Three (prefix)  
13 Home of Eve  
14 Test  
15 Graduate of Annapolis (abbr.)  
16 Cooling drinks  
17 Same (Fr.)  
18 Essay  
20 College discussion group  
22 Heir  
24 Rugged rock  
25 Being convincing  
29 Suit material  
33 Cleveland's waterfront  
34 Female relative  
36 One of the Garshwins  
37 Fall behind  
38 Be reluctant  
39 Flightless birds
- 40 South American beast of burden  
42 Lofly mountain  
44 Unit of energy  
46 Hammarakjoid  
47 Something to smoke  
51 Spur  
55 Is human  
58 Eire  
58 Compass point  
59 Have to do with  
60 Irritated  
61 Shipping unit  
62 Whirl  
63 Looked at  
64 Swift aircraft (abbr.)
- DOWN  
1 Dufate's opposite  
2 River in Italy  
3 Fragment  
4 Pharos  
5 Uncommon  
6 Residue  
7 Start

## Answer to Previous Puzzle



## Confusion Over Good And Bad Cholesterol



Dr. Lamb

DEAR DR. LAMB — Would you explain something to me? I recently had my annual checkup and the doctor said my cholesterol was on the high side but I didn't need to worry because I had a lot of "good cholesterol" and not too much "bad cholesterol."

I have seen you use those terms too and you hear more and more about "good cholesterol." How can it be good? Do you need a certain amount of cholesterol to be healthy?

DEAR READER — I'm not surprised that you are confused. And I am not totally convinced that there is such a thing as "good cholesterol." But here is the thinking on the point.

Cholesterol is a waxy, insoluble substance. For that reason it cannot be dissolved in your blood or water. Fats and cholesterol combine with a protein in the blood to become soluble and so that they can be carried in the bloodstream. The combination of fat, cholesterol and protein is called a lipoprotein. I often refer to them as fatty-cholesterol particles.

When these particles are small they have high density and don't float as well as larger particles with low density. The small high density particles are called HDL-cholesterol (HDL means high density lipoproteins). The larger particles are called LDL-cholesterol (LDL means low density lipoproteins).

The HDL-cholesterol is called "good cholesterol" because it is believed it will not accumulate in your arteries and cause disease. It may even help clear your blood of large fatty-cholesterol particles. The LDL-cholesterol will clog your arteries and is called "bad cholesterol."

I have discussed this in more detail and included

normal values in The Health Letter 15-2.

And the same measures recommended to lower cholesterol improves your ratio of good cholesterol to bad cholesterol: avoiding obesity, staying active and avoiding cholesterol, too much fat and particularly saturated fats.

DEAR DR. LAMB — I am writing because in one of your columns you wrote a paragraph that would give people the impression that a prune is just a dried plum. The prune is not a dried plum. When you buy dried prunes in the store you are buying dried prunes, not dried plums. A fresh prune is one of the plum family and you can get fresh juicy prunes freshly picked from the tree.

I come from a produce valley and we have a saying, "A prune is always a plum but a plum is not always a prune."

DEAR READER — According to Webster's dictionary a prune is "A plum; specifically a dried plum." And according to the Encyclopaedia Britannica a plum is a fruit of the genus "Prunus of the rose family." So all plums are Prunus.

But according to my observations you are correct in that what we call prunes all come from one member of the Prunus family, and not all members of the Prunus family are used to make the dried prunes we buy.

But the point in my original column was that drying fruit increases its calorie content per ounce only because it removes water content.

## HOROSCOPE

By BERNICE BEDE OSOL

## What The Day Will Bring...

YOUR BIRTHDAY  
AUGUST 4, 1983

Your possibilities for material growth look good this coming year unless you become involved in situations where you lack know-how. Stick to areas where you can profitably use your experience.

**LEO** (July 23-Aug. 22) Open your heart, but not your purse, to a friend in need today — especially if it's a pal who always forgets to pay back obligations. Order now: The NEW Matchmaker wheel and booklet which reveal romantic compatibilities for all signs, tells how to get along with others, finds rising signs, hidden qualities, plus more. Mail \$2 to Astro-Graph, Box 489, Radio City Station, N.Y. 10019. Send an additional \$1 for your Leo Astro-Graph predictions for the year ahead. Be sure to give your zodiac sign.

**VIRGO** (Aug. 23-Sept. 22) Objectives which you establish for yourself today aren't likely to be achieved if you do things in fits and starts. Be consistent.

**LIBRA** (Sept. 23-Oct. 23) Try to profit from painful experiences instead of repeating them today. There is no excuse for making the same mistakes twice.

**SCORPIO** (Oct. 24-Nov. 22) Don't allow yourself to be put in a position today where you might be drawn-in to help pay for the extravagance of your companions.

**SAGITTARIUS** (Nov. 23-Dec. 21) Be extremely tactful in your one-to-one

relationships today, especially with persons who could hamper your career if you rub them the wrong way.

**CAPRICORN** (Dec. 22-Jan. 19) Your work will suffer today if your mind isn't riveted on what you are doing. Lapses of attention will cause you to make avoidable mistakes.

**AQUARIUS** (Jan. 20-Feb. 19) Try not to ask prying questions of friends today, even if your curiosity is piqued. They won't want you probing into their affairs.

**PISCES** (Feb. 20-March 20) You will have little to show for your efforts today if you attempt several projects simultaneously. None may be completed.

**ARIES** (March 21-April 19) Stick to standard procedures today instead of experimenting with tricky new methods. You could harm the quality of your work, instead of improving it.

**TAURUS** (April 20-May 20) There is a chance that roles will be reversed in financial situations today. Persons from whom you hoped to get something could end up taking from you.

**GEMINI** (May 21-June 20) Be pleasant and agreeable today, but don't allow others to influence you to do things against your better judgment.

**CANCER** (June 21-July 22) Have a clear-cut understanding with coworkers today in regard to the duties each is to perform. Havoc could result from poor scheduling.

## WIN AT BRIDGE

NORTH 8-11	
♠ 107	
♥ AKQJ10	
♦ A108	
♣ AK	

WEST		EAST	
♠ A853		♥ QJ2	
♥ 85		♦ 763	
♦ 73		♣ 652	
♣ J1082		♠ Q754	

Vulnerable: Both  
Dealer: North

West	North	East	South
24	Pass	30	
Pass	34	Pass	3NT
Pass	44	Pass	4NT
Pass	5NT	Pass	6NT
Pass	Pass	Pass	

Opening lead: ♠A

By Oswald Jacoby and James Jacoby

If today's hand were played in a rubber bridge game, North would probably play at some heart contract. If he reached a slam he would go one down since the defense would start with two spade tricks.

In match-point duplicate, most pairs will also land at some heart contract with North the declarer. They will also

make just 11 tricks.

The best partnerships will find some way to reach six no-trump with South declarer and will make seven unless West opens his ace of spades.

There are lots of ways to get there. Here is one elegant way.

North's two-club opening is artificial and forcing. It shows either an old-fashioned forcing two-bid in an unspecified suit or a strong no-trump hand. South's three-diamond response is positive and shows a diamond suit headed by at least two of the three top honors and something extra.

North's three-heart rebid shows his heart suit. South bids three no-trump to show a balanced type hand with something in at least one unbid suit. North's four-club bid is either a cue bid or a natural bid to show clubs as his second suit. South's four no-trump is definitely not Blackwood. South is merely showing North a definite spade stopper.

North bids five no-trump, asking South to bid six if he can take the second spade. South can take that second spade, so he bids the unbeatable no-trump slam.

## GARFIELD



by Jim Davis

## ANNIE



by Leonard Starr





THIS AD EFFECTIVE: THURSDAY, AUG. 4 THRU WEDNESDAY, AUG. 10, 1983...

PUBLIX RESERVES THE RIGHT TO LIMIT QUANTITIES SOLD

where shopping is a pleasure 7 days a week

Choose Your Own **Extras** with **S&H Green Stamps** from Publix

**5400**

**EXTRA S&H GREEN STAMPS WHEN YOU CLIP AND REDEEM THE COUPONS ON THIS PAGE.**

SAVE 60¢, REG. OR GENTLE VIDAL SASSOON  
**Shampoo**  
12-oz. bot.  
**\$1.99**

SAVE 60¢, REG. OR EXTRA-PROTECTION VIDAL SASSOON  
**Finish Rinse**  
12-oz. bot.  
**\$1.99**

SAVE 80¢,  
**Listerine Mouthwash**  
32-oz. bot.  
**\$2.69**

SAVE 60¢, 7-OZ. CAN OR 8-OZ. BOT. W/PUMP, REGULAR OR EX-HOLD VIDAL SASSOON  
**Hair Spray**  
**\$1.39** each for

**Sea Breeze Antiseptic**  
4-oz. bot.  
**99¢**

**COUPON**  
WHILE SUPPLIES LAST!  
**300 EXTRA S&H GREEN STAMPS**  
WITH THIS COUPON AND PURCHASE OF  
**\$2 Or More Of Any Rubbermaid Products**  
1. (Effective Aug. 4-10, 1983)

**200 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
each,  
**Kodak Disc Camera**  
2. (Effective Aug. 4-10, 1983)

**200 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
96-ct. pkg.,  
**Efferdent Denture Tablets**  
6. (Effective Aug. 4-10, 1983)

**200 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
12-oz. bot.,  
**Act Dental Rinse**  
7. (Effective Aug. 4-10, 1983)

**200 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
8-oz. bot. w/pump or 7-oz. can, (30¢ Off Label)  
**Flex Net Hair Spray**  
8. (Effective Aug. 4-10, 1983)

**200 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
15-oz. bot., (30¢ Off Label)  
Extra Body, Normal or Oily  
**Flex Shampoo**  
9. (Effective Aug. 4-10, 1983)

**200 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
15-oz. bot., (30¢ Off Label)  
Regular, Extra Body or Oily  
**Flex Conditioner**  
10. (Effective Aug. 4-10, 1983)

**200 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
28-ct. pkg., Plus, Regular or Super  
**Playtex Deodorant Tampons**  
11. (Effective Aug. 4-10, 1983)

**200 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
15-ct. pkg.,  
**Gillette Atra Blades**  
12. (Effective Aug. 4-10, 1983)

**200 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
2-oz. pkg., Regular or Unscented  
**Sure Solid Anti-Perasprant**  
13. (Effective Aug. 4-10, 1983)

**200 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
150-ct. bot.,  
**Rolaid Antacid Tablets**  
14. (Effective Aug. 4-10, 1983)

**200 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
10-oz. bot.,  
**Nivea Lotion**  
15. (Effective Aug. 4-10, 1983)

**200 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
24-ct. pkg.,  
**Allerest Tablets**  
16. (Effective Aug. 4-10, 1983)

**200 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
12-oz. bot.,  
**Bol & Soak Saline Solution**  
17. (Effective Aug. 4-10, 1983)

**200 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
18-oz. bot.,  
**Cepacol Mouthwash**  
18. (Effective Aug. 4-10, 1983)

**200 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
16-oz. bot.,  
**Publix Aloe Vera Lotion**  
19. (Effective Aug. 4-10, 1983)

**100 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
per pair, Assorted Sizes  
**Summer Leggs Panty Hose Style #127**  
3. (Effective Aug. 4-10, 1983)

**100 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
one each pkg.,  
**Borden Wonder Bond Glue**  
4. (Effective Aug. 4-10, 1983)

**100 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
each,  
**Polaroid 600 High Speed Color Film**  
5. (Effective Aug. 4-10, 1983)

**100 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
each, 40, 35 or 60  
**Oral B Toothbrush**  
20. (Effective Aug. 4-10, 1983)

**100 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
per can, Tricot Mesh or Flexible Fabric  
**Band-Aid Adhesive Bandages**  
21. (Effective Aug. 4-10, 1983)

**100 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
each,  
**Just Whistle Razor**  
22. (Effective Aug. 4-10, 1983)

**100 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
4.6-oz. tube Gel or 5-oz. tube Regular,  
**Colgate Toothpaste**  
23. (Effective Aug. 4-10, 1983)

**100 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
7-oz. bot., Bath Oil, Aqua Pearl, Coral Pearl or Golden Pearl  
**Calgon Milk Bath**  
24. (Effective Aug. 4-10, 1983)

**100 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
1.4-oz. tube,  
**Super Poli-Grip Denture Adhesive**  
25. (Effective Aug. 4-10, 1983)

**100 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
2.8-oz. pkg., Italian  
**Good Seasons Salad Mix**  
26. (Effective Aug. 4-10, 1983)

**100 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
10-oz. size,  
**Heinz 57 Sauce**  
27. (Effective Aug. 4-10, 1983)

**100 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
15.5-oz. size,  
**Black Flag Roach & Ant Bomb**  
28. (Effective Aug. 4-10, 1983)

**100 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
2-ct. pkg.,  
**Black Flag Roach Motel**  
29. (Effective Aug. 4-10, 1983)

**100 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
(Your Choice), Any  
**Spice Island Spices**  
30. (Effective Aug. 4-10, 1983)

**100 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
2-lb. can, Drip or Elec. Perk  
**Folger's Coffee**  
31. (Effective Aug. 4-10, 1983)

**100 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
1-lb. ctn.,  
**Mazola Unsalted Margarine Quarters**  
33. (Effective Aug. 4-10, 1983)

**100 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
32-oz. cup,  
**Breyer Plain Yogurt**  
34. (Effective Aug. 4-10, 1983)

**100 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
24-oz. cup,  
**Breakstone Sour Cream**  
35. (Effective Aug. 4-10, 1983)

**100 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
1-lb. jar  
**Kraft Plain Cheez Whiz**  
36. (Effective Aug. 4-10, 1983)

**100 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
per pkg., Assorted  
**County Line Cheese**  
38. (Effective Aug. 4-10, 1983)

**50 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
8-oz. cup  
**Shedd Whipped Margarine**  
37. (Effective Aug. 4-10, 1983)

**50 EXTRA S&H Green Stamps**  
WITH THIS COUPON AND PURCHASE OF  
8-oz. size,  
**Pace Picante Sauce**  
32. (Effective Aug. 4-10, 1983)



# Marinated Salad Takes Cue From Turkish Cuisine

Tarabya, about 20 minutes by car from Istanbul, is a captivating little town on the Bosphorus, dotted with pastel-hued cottages. On the main street leading to the Grand Hotel Tarabya are several restaurants. Evenings, the town comes alive with seekers after good food. And the action between kitchen and outdoor dining terraces has to be seen to be believed.

Each heaping tray of food, carried aloft by extremely agile waiters, looks like a production number for an old-time sultan's feast starring a cast of thousands. And to supplement the eye-boggling bounty, "free-lance" purveyors of king-size "snow" almonds and other irresistible tidbits also ply their wares.

In authentic Turkish cuisine, one of the most underrated in the world, fish and seafood play a leading role, as do salads and vegetable dishes. During the summer, they are often combined most imaginatively to provide cool, refreshing meals!

Popular in Turkey are marinated salads, the cooked vegetables steeped in a simply seasoned dressing of the light Turkish olive oil, lemon, a little salt and pepper, fresh herbs. (Occasionally, a garlic clove or two is added to the marinade for extra zest.) Turkish foods are flavored with great delicacy and subtlety at all times.

Among the favorite vegetables for marinated salads are eggplant, zucchini, and tomato, particularly felicitous go-togethers with seafood. Inspired by the salads served in the gustatory ambience of Tarabya's restaurants, here are two delectable main dish salads combined with canned tuna, perfect for warm weather dining. One is based on eggplant; the other, zucchini. Both of these colorful salads are the epitome of healthful, contemporary cuisine, with an excellent variety of nutrients that includes tuna's complete protein. Eminently appetizing—and digestible!

Recipes for imaginative yet uncomplicated dishes, based on classics from the Americas, as well as other countries around the world, can be found in a delightful recipe booklet called "Everybody in the Kitchen with Tuna." Most recipes will not be found in other cookbooks.

To obtain your copy of this recipe booklet gem, send your name, address and zip code, together with 50 cents in stamps or coins (to cover the cost of handling and postage) to: Tuna Recipe Booklet; Tuna Research Foundation, Inc.; 1104 17th Street, N.W.; Suite 603, Washington, DC 20036

## TARABYA TUNA SALAD

1 medium eggplant  
¼ cup chopped scallions  
1 large tomato, chopped (about 1 cup)  
¼ cup chopped parsley  
¼ cup pine nuts or slivered almonds  
2 tablespoons vegetable oil  
¼ teaspoon salt (or to taste)  
2 tablespoons lemon juice  
1 can (6½ or 7 ounces) tuna in vegetable oil or water  
Lettuce leaves

To cook eggplant, bake in 350°F. oven 1 hour or until very soft. Cut in half and scoop out pulp into bowl. Add scallions, tomato, parsley, pine nuts, oil, salt, and lemon juice. Mix well. Cover and chill several hours. Before serving add tuna and mix lightly. Serve in bowl lined with lettuce. Yield: 4 servings.

## Please Kids With Tasty, Fun Foods

Children enjoy the unusual — and fun foods when it comes to parties.

A special giant cookie will get their attention immediately.

If the cookie or cookies are baked for a birthday party to go with ice cream, let the birthday child cut a cookie to start the eating festivities. The peanutty giant cookie also makes a different gift when delivered uncut.

### PEANUTTY GIANT COOKIE

1 cup margarine  
¾ cup peanut butter  
1 cup sugar  
1 cup firmly packed light brown sugar  
2 eggs  
1 ½ cups flour  
1 teaspoon baking soda  
¾ teaspoon salt  
1 ½ cups quick oats, uncooked  
¾ cup raisins  
¾ cup plain chocolate candies

Beat together margarine, peanut butter and sugars until light and fluffy; blend in eggs. Add combined flour, soda and salt; mix well. Stir in oats, raisins and ¼ cup candies. To make 2 giant cookies, place half of the dough onto each of two foil-lined and very lightly greased 12- to 13 ¼-inch pizza pans. Spread dough to within 1 inch from edge of pan. Sprinkle each cookie with ¼ cup candies. Bake at 325 degrees for 20 to 22 minutes or until lightly golden brown. Cool 10 minutes in pan. Gently remove each cookie with foil liner to wire rack; cool thoroughly. Cut into wedges or squares to serve. This kitchen-tested recipe makes two 12- to 13 ¼-inch giant cookies.

### CRUNCHY SNACK MIX

3 cups cheese twists  
1 ½ cups peanut chocolate candies  
1 cup raisins  
Combine all ingredients. Store in tightly covered container. Serve as a snack. This kitchen-tested recipe makes 5 cups mix.

### CHEESECAKE PARFAITS

1 envelope unflavored gelatin  
¼ cup cold water  
2 8-oz. pkgs. cream cheese softened  
1 teaspoon lemon juice  
1 teaspoon vanilla  
1 7-oz. jar marshmallow creme  
1 cup whipping cream, whipped  
2 cups strawberry slices  
1 ½ cups blueberries

Soften gelatin in water; stir over low heat until dissolved. Combine gelatin, cream cheese, juice and vanilla, mixing at medium speed on electric mixer until well blended. Beat in marshmallow creme; fold in whipped cream. Chill, stirring occasionally, until thickened. Layer cream cheese mixture, strawberries and blueberries in parfait glasses or dessert dishes. 8 servings.

## MARINATED ZUCCHINI SALAD

1 can (6½ or 7 ounces) tuna in vegetable oil or water  
1 ½ cups thinly sliced, unpared zucchini or yellow squash  
2 medium ripe tomatoes, cored and thinly sliced  
1 small red onion, sliced  
½ lemon, thinly sliced and seeded  
½ cup olive or salad oil  
2 tablespoons fresh lemon juice or white wine vinegar  
¾ teaspoon salt  
¼ teaspoon pepper  
1 clove garlic, minced (optional)  
2 cups salad greens, torn into bite-size pieces  
Black olives (optional)

In large bowl mix tuna, zucchini, tomatoes, red onion, and lemon slices. Mix oil, lemon juice, salt, pepper and garlic in a small bowl; pour over tuna salad. Cover and refrigerate several hours. At serving time, place greens in a salad bowl, spoon marinated tuna salad on top, toss to mix well. Garnish with black olives, if desired. Yield: 4 servings.



Eggplant and tuna combine for appetizing salad

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## Microwave Magic

# Use Cheese For A Meat Substitute

Cheese is a good substitute for red meat, fish or poultry. The cost of cheese is often more per pound than the other protein foods for which you're substituting, but it does offer alternatives which are less filling. These hot days we don't need heavy robust meals; in fact, we feel better if we eat less.

When preparing cheese dishes in the microwave oven, remember the high fat content of cheese will cause it to melt quickly and it may become tough and stringy. When combining cheese with eggs, milk or cream, a lower power setting will produce a creamy and smooth consistency without much stirring.

Any meal planned around one of these cheese dishes can be completed with a green vegetable or salad and a simple fruit dessert. Any of the melons which we have available now would be a cool refreshing complement.

A cheese strata is a layer dish, which needs to be prepared in advance of the cooking time. It can be prepared the night before and refrigerated if desired.

### CHEESE STRATA

8 slices day-old bread  
8 slices sharp American cheese

## Midge Mycoff

Home Economist  
Seminole Community College



4 eggs  
2 1/2 cups milk  
1 small onion, chopped  
1/2 teaspoon prepared mustard  
1 teaspoon salt  
1/2 teaspoon pepper

Trim crusts from bread and cut in half diagonally to make triangles. Place half the triangles on the bottom of an 8x8 baking dish. Top with the cheese. Arrange the remaining bread on top of the cheese layer.

Beat the eggs, stir in the milk, onion, mustard, salt and pepper. Pour over the bread and cheese. Let stand 1 hour at room temperature or overnight in the refrigerator. Microwave at 50% power for 25 to 30 minutes or until knife inserted in center

comes out clean. Let stand for 5 minutes before serving.

Macaroni and cheese is good anytime. This recipe tested in our kitchen at the college is a favorite in the microwave classes. The egg in the recipe gives a slightly custard consistency. The paprika is the browning agent. The top of the casserole looks like it has been baked in the conventional oven.

### MACARONI AND CHEESE

1 pkg. (8 oz.) macaroni, cooked and drained  
2 cups (8 oz.) grated cheddar cheese  
2 tablespoons chopped onion  
1 beaten egg  
1 can (13 oz.) evaporated milk  
1/2 tsp. salt  
2 tablespoons butter or margarine  
Dash paprika

Grease a 2 qt. casserole. Layer half the cooked macaroni in bottom. Top with half the onions and half the cheese. Repeat layers. Combine the egg, milk and salt. Pour over the macaroni. Sprinkle with paprika and top with the butter.

M/W on 50 percent 12-15 minutes. Let stand 10 minutes. Serve. Makes 6-8 servings.

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# Barbecued Butterflied Leg Of Lamb

Kitchen arithmetic to hearten any chef features a single leg of lamb divided into two meals. The initial go-round is a terrific barbecued butterflied leg grilled outdoors while the cook stays cool. The math magic comes with the leftover lamb that will make an appearance a day or two later in an entirely new — and scrumptious — guise.

This wizardry begins with a leg of New Zealand Spring lamb, readily available all year round. The lamb is raised on a diet of mother's milk and luxuriant grass from New Zealand's famed pastures. After precise aging, the meat is flash frozen in ultra-modern facilities.

The availability of top-quality spring lamb year-round means that this Grilled Butterflied Leg of Lamb can become a regular part of your repertoire. The leg is boned, an easy process providing that a sharp knife is used. If a boning knife is not in your batterie de cuisine, use a utility knife. The marinade is a savory combination of honey, lemon, onion and ginger that is brushed on the lamb at intervals during cooking and lends superb aroma, too.

Leftovers head right into a Lamb Pilaf Salad that features the East-West Dressing touched with allspice. The sweet taste of the lamb-raisin-carrot-brown rice mixture combines with the full flavor of the lemon and garlic dressing for a perfect blend. The salad can be put together in the morning and refrigerated as the flavors continue to develop. At dinnertime, slice some tomatoes and cucumbers, put out a bowl of fresh, washed fruit and pour a cold drink to accompany this delectable salad.

Two dinners from one leg of lamb does add up to a dandy mathematical trick.

### GRILLED BUTTERFLIED LEG OF LAMB

1 frozen leg of lamb (5 to 6 pounds)

1 cup honey  
1/2 cup lemon juice  
1 medium onion, chopped (1/2 cup)  
2 teaspoons ground ginger  
1 teaspoon salt

Thaw lamb in refrigerator overnight. Remove fat. Trim any excess fat. Place the leg on a cutting board round-side-down, concave side up. Insert a sharp, boning or utility knife alongside the exposed bone at top. With short strokes, cut along this bone, releasing the meat down to the joint. Begin again from the top and release the meat from the other side of the bone. With the knife tip, follow the curve of the bone socket and release the meat. Make a slit along the shin bone to free remaining meat from both sides, then lift out bone. (Save the bone and any scraps for soup.) In small bowl combine honey, lemon juice, onion, ginger and salt; mix well. Brush honey mixture on both sides of lamb. Place lamb on barbecue grill over hot coals. Grill 7 minutes; turn and brush with honey. Continue grilling 30 to 40 minutes until meat is cooked to desired doneness. Turn every 7 minutes and brush generously with honey mixture. Yield: 6 to 8 servings.

### LAMB PILAF SALAD

2 cups cooked Lamb, cut in strips  
1 1/2 cups cooked brown rice  
1 large carrot, shredded (1/4 cup)  
2 scallions, chopped (1/2 cup)  
1/2 cup raisins  
2 tablespoons chopped parsley  
In medium bowl combine lamb, rice, carrot, scallions, raisins and parsley. Add East-West Dressing (below); toss lightly. Chill several hours. Yield: 4 servings.

### East-West Dressing:

3 tablespoons lemon juice  
2 tablespoons olive oil  
1 clove garlic, minced  
1/2 teaspoon ground allspice  
1/2 teaspoon salt  
In small bowl combine all ingredients; mix well. Yield: 1/2 cup.

### CHICKEN-TOMATO SKILLET

1 broiler-fryer chicken, cut in serving pieces  
1 1/2 teaspoons salt, divided  
1/4 teaspoon pepper  
2 tablespoons butter or margarine  
1/4 cup chopped onion  
1/2 cup chopped celery with leaves  
4 medium tomatoes, peeled and chopped  
1/2 cup snipped fresh dill or 1 tablespoon dried dill weed

Grated Parmesan cheese  
Sprinkle chicken with 1 teaspoon of the salt and pepper. Heat butter in a large skillet. Add chicken and brown on all sides. Remove from skillet. Add onion and celery; cook until tender. Add tomatoes and dill; sprinkle with remaining 1/2 teaspoon salt. Add chicken; spoon some of the tomato mixture over chicken. Cover; simmer 30 minutes, until chicken is tender. Serve sprinkled lightly with grated Parmesan cheese. Yield: 4 servings.

ENJOY  
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Limit 1 with \$3.00 or more purchase excl. sig.  
13-oz. BAG **\$1.39**

SAVE 19¢ ON 2 - DIXIE DARLING JUMBO  
SANDWICH BREAD . . . 24-oz. \$1.19

**SAVE 40¢**

CHEK ALL VARIETIES  
**COLA DRINKS**  
12 12-oz. CANS **\$1.99**

H-C PUNCH, ORANGE OR GRAPE  
Fruit Drinks . . . 64-oz. BTL. 99¢

**SAVE 30¢**

REGULAR OR LIGHT  
**STROH'S BEER**  
Limit two 6-packs with \$3.00 or more purchase excl. sig.  
6 12-oz. CANS **\$2.19**

SAVE 19¢ ON 4 - THRIFTY MAID PORK &  
Beans . . . . . 16-oz. \$1.00

**SAVE \$1.50**

PURINA **DOG CHOW**  
23-LB. BAG **\$6.49**

SAVE 34¢ - KLEENEX HUGGIES 24-CT.  
NEWBORN, 12-CT. TODDLER & 18-CT.  
DAYTIME DISPOSABLE  
Diapers . . . . . PKG. \$2.89

**SAVE 59¢**

SUPERBRAND ASSORTED FLAVORS  
**SWISS STYLE YOGURT**  
4 8-oz. CUPS **\$1.00**

SAVE 30¢ - PALMETTO FARM PIMENTO  
Cheese . . . . . 16-oz. CUP \$1.19

**HARVEST FRESH CRISP LETTUCE**  
HEAD **49¢**

HARVEST FRESH  
Broccoli . . . . . BUNCH 79¢

**SUPERBRAND ORANGE JUICE**  
HALF GAL. **\$1.19**

HARVEST FRESH  
Avocados . . . . . EACH 89¢

**SAVE 20¢**

SUPERBRAND **SHERBET or ICE CREAM**  
HALF GAL. **\$1.19**

SUPERBRAND FUDGE BARS CR.  
Twin Pops . . . . . 12 PAK \$1.29

**SAVE 50¢**

TASTE O' SEA SEAFOOD PLATTER or  
**SHRIMP DINNER**  
9-oz. PKG. **\$1.09**

SAVE 20¢ - VAN DEKAMPS (ASSORTED  
VARIETIES) MEXICAN  
Classic . . . . . 10 1/2-oz. PKG. \$1.69

**DELI**

VILLA REAL SLICED TO ORDER  
**BOILED HAM**  
LB. **\$1.99**

HEBRUCH BEEF  
Bologna . . . . . 1/2 lb. \$1.49