

Seminole Herald

TUESDAY
January 4, 2000
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Weather
Partly
Cloudy
High: 82
Low: 54
2A



**Donovan scores
14 as SCC routs
Janes 78-34**
1B



Lottery
Winning
Numbers
3A

Out with the Christmas tree

Discarded Christmas trees in unincorporated areas of Seminole County will be collected by assigned solid waste haulers through Wednesday, Jan. 19. Discarded trees will be picked up on regularly scheduled yard waste pickup day. Residents are asked to place their discarded trees at the curb-side.

For persons who do not have scheduled yard waste pickup service, phone the Seminole County Solid Waste Customer Service Line, 407-665-2260 for the pickup days in your immediate area.

Residents of Sanford can have their trees collected by setting them out on any Wednesday, which is the regularly scheduled yard waste pickup day.

Today is ...

Tuesday, Jan. 4, 2000
Today is the 4th day of 2000 and the 14th day of winter.

TODAY'S HISTORY: On this day in 1790, President Washington delivered the first annual presidential address to the nation.

On this day in 1887, Thomas Stevens completed the first bicycle trip around the world. The trip, which began and ended in San Francisco, took two years, eight months and 12 days.

On this day in 1982, Tom Brokaw was replaced by Bryant Gumbel and Chris Wallace on the "Today Show."

TODAY'S BIRTHDAYS: Jacob Grimm (1785-1863), folklorist; Louis Braille (1809-1852), inventor; Jane Wyman (1914-), actress, is 86; Don Shula (1930-), football coach, is 70; Floyd Patterson (1935-), boxer, is 65; Dyan Cannon (1937-), actress, is 63; Michael Stipe (1960-), singer, is 40.

TODAY'S SPORTS: On this day in 1984, the Edmonton Oilers defeated the Minnesota North Stars 12-8.

TODAY'S QUOTE: "Real liberty is neither found in despotism or the extremes of democracy, but in moderate governments."
Alexander Hamilton

TODAY'S MOON: Between last quarter (Dec. 29) and new moon (Jan. 6).

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Will civility rule in Longwood?

By Bill Kerns
Staff Writer

LONGWOOD — A controversial clause in the code governing the behavior of Longwood's city board members may soon be amended.

The Longwood City Commission passed a resolution on Dec. 6 governing the code of conduct for city volunteer board members. Proponents of the ordinance say it promotes civility, while opponents claim that it inhibits free speech.

Commissioners nix controversial civility clause when it applies to them

On Monday, the city commissioners unanimously rejected a similar resolution governing their own code of conduct because they said it was too restrictive. The commission also agreed to discuss amending the clause from the code of conduct for volunteer board members on Jan. 17.

"This is the only area where we require specific conduct for boards that is not required of us," said City Commissioner Butch Bundy. "To me, it's an issue of fairness."

The clause states that the code of conduct applies "not only during meetings but also prior to and subsequent to meet-

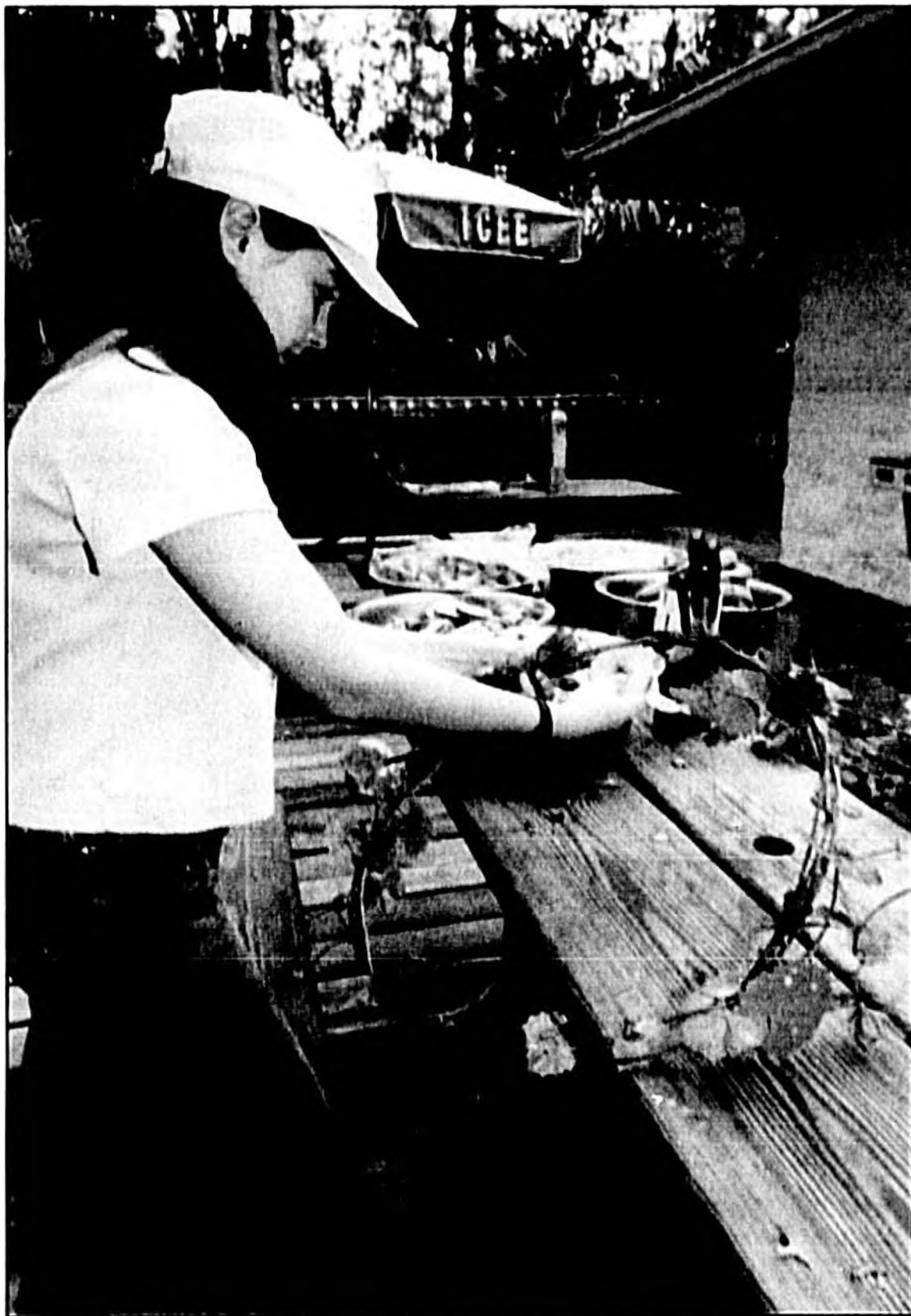
ings, while on City property and during any communication related to City business."

In addition, the clause states that the code applies to "written or oral communications whether they take place on or off city property."

Commissioners objected to applying the ordinance to communication that occurs off of city property.

"If I want to go down to a bar and swear up and down about city business I can't do that," said City Commissioner See Civility, Page 4A

Gifts for the zoo animals



Jessica Girard, a docent at the Central Florida Zoo, makes an edible wreath for the primates at the zoo. Among the items the docents created for the animals were fruit-filled grapevine wreaths for the elephants; cheerio garland and bird seed pine cones for the birds; meal burritos and blood jigglers for the felines; fruit kabobs and rain sticks for the primates; and stuffed green peppers for the reptiles.

Teens arrested in vandalism case

By Bill Kerns
Staff Writer

Two teenagers from Longwood and Apopka have been arrested in connection with the Dec. 28 vandalism of nearly two dozen vehicles in the Wekiva and Sweetwater areas.

Joshua John Reese, 15, of 60 Hollow Branch Road in Apopka and Clint Henry Legrone, 16, of Longwood 224 Briarcliff Drive in Longwood, are charged with felony criminal mischief. With

the arrests of the teens, made on Sunday and Monday, authorities said they have cleared at least 16 cases.

"No more arrests are likely," said Steve Olson, a spokesman for the Seminole County Sheriff's Office.

In the early morning hours of Dec. 28, nearly two dozen vehicles either had windshields broken, mirrors broken, exteriors spray painted, or were hit with paint balls, authorities said.

Legrone was arrested Sunday

and has since been placed in home detention. Reese was arrested Monday. Authorities said he will also likely be released on home detention.

Investigators believe that at least 23 vehicles were damaged by vandals in the area. Each of the reported incidents apparently occurred after 12 a.m. on Dec. 28, investigators said.

The Sheriff's Office is advising that parents of children who have paintball guns remain aware of their children's activities with the devices.

State, local preparations TKO Y2K

No computer problems reported with change from 1999 to 2000

By Bill Kerns
Staff Writer

SANFORD — It's safe to come out of the emergency bunkers.

Officials across Florida and Seminole County are reporting no complications from the Y2K computer glitch, in which computer systems mistake the year 2000 with 1900.

Nationwide, few Y2K computer glitches have been reported, and no serious damage has been caused by the glitch. An estimated \$100 billion was spent in the public and private sectors

nationwide to replace hardware and software that was not Y2K compliant, emergency management officials said.

On the first business day of the new year, Florida's emergency management officials said there were virtually no Y2K computer glitches.

Statewide, an estimated \$1 billion was spent in the public and private sectors replacing hardware and software to make computer systems Y2K compliant, according to a spokesman for the state's Department of Community Affairs.

"We will continue to be vigilant over the next 90 days, but anticipate no major events," said Scott McPherson, statewide Y2K Coordinator.

The only Y2K computer glitch reported in Seminole County on Monday was correct- See Y2K, Page 4A

Study the fine print before pumping up

From Staff Reports

TALLAHASSEE - It's time for New Year's resolutions, and getting back in shape after over-indulgent holidays is often at the top of the list. But Florida Agriculture and Consumer Services Commissioner Bob Crawford is urging consumers to check out health clubs before signing a contract or all they may lose is their money.

The Department administers the Health Studio Act, which provides consumers some protections and recourse against health clubs that do not comply with the law. All health studios are required to register with the department and many must also post a bond to protect consumers in the event the club goes out of business.

A record number of health clubs - approximately 800 - are now registered, giving consumers more choices than ever before about where to work out. But nearly three dozen health studios closed down during the past year. The department refunded more than \$38,000 in

1999 to consumers from health studios that shut down. The amount is expected to increase as more claims are processed.

"I encourage Floridians to get physically fit, but I also want them to stay fiscally fit when considering joining a health club," Crawford said. "It's important for consumers to educate themselves before making such an investment of time and money."

Crawford offered the following suggestions:

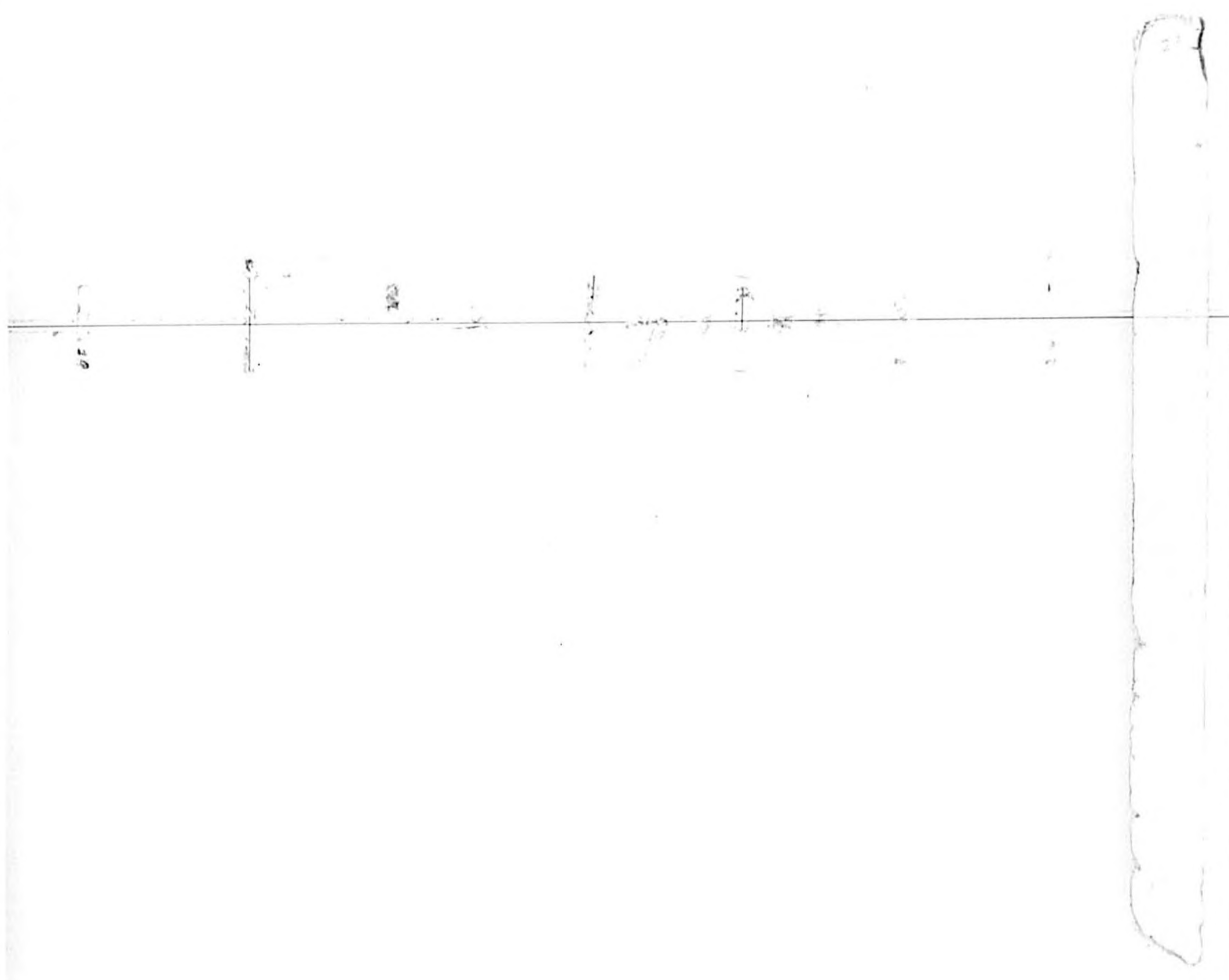
- Call the Department Consumer Hotline at 1-800-HELP FLA to verify whether the health studio is properly registered. Also call the hotline to find out the complaint history of the club.

- Find out if the studio has posted a bond with the department.

- Prior to signing up, ask about the club's cancellation policy and what recourse you should have, should you become physically unable to use the facility.

- By law, if long-term mem-

 See Study, Page 4A



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Tips offered on how to roll over into an IRA

If you're changing jobs or planning to ease into retirement, you have to decide what to do with the money you've accumulated in your former employer's tax-deferred 401(k) retirement savings plan.

Because the array of choices has become so hard to sort out, many job changers simply opt to withdraw their funds. But that's a costly mistake if you're under 59 1/2. You face a 10-percent penalty on top of the taxes you'll owe for cashing out prematurely.

Of course, job hoppers can always elect to keep their retirement savings in their former employer's 401(k) or shift them

to their new company's plan. A better choice, however, may be to transfer tax-deferred savings into a rollover IRA.

You can arrange a rollover through any of thousands of financial-services firms — from mutual-fund investment firms and brokerage houses to insurance companies and banks. All offer more flexibility and choice than employer-based 401(k) plans.

Here are some factors to consider as you plan your move:

Costs. Annual management fees and loads to open or close mutual-fund accounts cut into your investment returns. Some

rollover IRAs charge less than others. Look for funds that don't charge loads or tack on an annual 12b-1 fee to defray the fund company's advertising and marketing costs. Information on these charges can be found in the fund prospectus.

And make sure you won't be hit with inactivity charges if you don't trade within your account. Some firms waive those charges if your account exceeds a minimum threshold.

Services. Investment companies that offer rollover IRAs provide varying levels of service to attract investors. T. Rowe Price pitches to customers who'd rather not have to tend their retirement portfolios themselves. For customers with a

minimum \$10,000 in their accounts, the firm will reallocate their IRA portfolio every three months to maintain the client's original asset allocation.

Shwab, meanwhile, lavishes attention on hands-on investors with at least \$100,000 in their rollover IRAs and other Schwab accounts. It offers priority toll-free phone access to customer-service representatives, a year's online access to reports from the firm's professional money managers, and invitations to take part in its online mutual-fund managers' speaker series.

Transfer. You can avoid a lot of paperwork (and stay clear of tax-law liabilities) by arranging a direct trustee-to-trustee transfer of your funds from a 401(k) to an IRA. Just contact both

your former employer's plan administrator and a customer-service representative for the firm where you will open the rollover account and instruct them to handle the transaction.

If you don't, your former employer will issue a check made out to you, withholding 20 percent of your 401(k) balance as federal tax law requires. Deposit the check in a new rollover account within 60 days and the 20 percent will be restored. Miss the deadline and the withheld funds will be applied to taxes and the 10-percent early withdrawal penalty.

Once you're settled into your rollover IRA, resist the urge to play day trader. Many of the companies that sell rollover IRAs offer the ability to track

new investments and trade stocks, bonds and mutual funds online. But shifting funds in or out of hot stocks on a whim can quickly run up transaction costs and upset your investment plan.

If you want to try your hand in the stock market, earmark a small proportion of your portfolio and carefully allocate it among shares of a few well-established companies you'd want to hold for the long term. It can be a rewarding way to become better connected to the market. And because your rollover IRA funds are tax-deferred, you will not be required to pay taxes on your capital gains.

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Health Department offers maternity services

The Seminole County Health Department is now offering a program for pregnant women who don't have insurance and can't afford a doctor.

According to department officials, the first three months of pregnancy are very important for the development of a baby, and it is very important to get prenatal care during this time.

The department will screen pregnant women for the program, and get them started with a doctor immediately.

Assistance will also be available for clients in preparing paperwork and processing of signing up for Medicaid for the pregnancy.

Once a pregnant woman is signed up for these services, there will be a wealth of help available including a nutrition program with WIC, to be certain women are getting the proper foods needed to develop a healthy baby.

There is a Healthy Start program to help the prospective mother and baby get a health-

ier start on life. There is also a great deal of information available regarding other agencies that can lend assistance through clothing and food assistance.

The Seminole County Health Department is hoping to get the word out to the community through churches, schools and community organizations that this service is available.

For further information, or to report someone needing assistance, phone 407-665-3283 or 407-665-3282 in Spanish.

Officials concerned about possible wildfires

CENTRAL FLORIDA — The continued dry weather is drawing words of caution from state and local officials concerned over the danger of wildfires. Rainfall several months ago has prompted foliage to grow high in areas hit by serious brush fires in 1998, but the recent lack of rain has turned these areas into potential fire hazards.

According to Altamonte Springs Fire Chief George Gaston, as we move toward the cooler months, a tinder box situation similar to that of the 1998 fires is more and more evident.

The 1998 fires, many here in Central Florida, caused an estimated 50,000 acres of land to burn, with the loss of over 150 homes and businesses.

Florida Agriculture Commissioner Bob Crawford is asking citizens as well as visitors to be especially safety-conscious as the dry weather continues to make conditions ripe for wildfires. The state is experiencing below average rainfall, with the driest conditions in north and northwest Florida. Some of these areas are 15 inches or more below average, and several wildfires have already been sparked.

This past week, approximately 700 acres of brush burned near Gainesville, near city of Cross Creek. While fire reportedly came within 300 feet of one home, there was no structural damage reported. Approximately 60 persons were forced to evacuate their homes, but were able to return this past Saturday night.

One of the biggest causes of

these fires according to Crawford, is lighted materials (cigarettes) thrown out of vehicles. Motorists driving near a fire area can easily see this, with the burned areas often originating immediately next to a roadway, then spreading out into a wooded area or brush.

Chief Gaston is recommending a number of safety tips: Clean brush from around the house and off the roof, cut tree limbs that may hang over or

touch the home, keep yards trimmed, and if keeping a mulch pile, keep it away from the house.

Crawford adds that caution should be exercised when throwing away fireplace logs or barbecue ashes, and storage of combustibles in the garage or near the house.

The local Division of Forestry district office should be contacted before doing any outdoor burning.

Just in case



John Blackwood, Seminole emergency management director, is filmed giving a Y2K message last week. Several city officials also taped messages for concerned citizens, including 911 Director Frank Kirk, Sheriff Don Eslinger and Fire Chief Terry Schenk.

YMCA plans event to dedicate facility

Seminole County, the Seminole YMCA Family Center and KABC00M will hold a ribbon cutting ceremony in celebration of the many volunteers and sponsors who recently helped build the new YMCA playground.

The playground, built in one day by 100 dedicated volunteers, was designed by YMCA kids and funded by contributions from Seminole County, CNA, a community insurance writer, and RSKCo., the insurance agency's service provider.

The event will be held Jan. 19, at 9 a.m., at the Seminole YMCA Family Center.

The Seminole Herald is available at the following locations:

Any company that is interested in selling our newspaper in their stores or having a vending machine at their location, please call our circulation manager, Ed Kramarcik at 322-2611



- SANFORD AREA**
 AMI FOODS 316 S. FRENCH AVE
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 FAMOUS RECIPE 1905 S. FRENCH AVE
 GOLDEN LAMB 2101 S. FRENCH AVE
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 CITY HALL 300 N. PARK AVE
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 RACK 141 ST. & PARK AVE
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 COLONIAL ROOM 115 E. 1st ST
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 SEM CO. COURT HOUSE 301 N. PARK AVE
 SEMINOLE TOWNE CENTER 200 TOWNE CENTER CIR
 STEAK & SHAKE 40 SEMINOLE TOWNE CENTER
 ABC LIQUOR 2885 S. HWY 17-92
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 MELS DINER 3221 S. ORLANDO DR
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 RAYMOND FURNITURE 2670 ORLANDO DR
 QUINCY'S 2935 ORLANDO DR

- KASH N CARRY 3121 ORLANDO DR
 SONNY'S B B Q 3506 ORLANDO DR
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 STONEBROOK APTS 1000 AIRPORT BLVD
 SAILPOINT APTS 401 W SEMINOLE BLVD
 CENTRAL FL REG HOS 1401 W SEMINOLE BLVD
 (EMERGENCY)
 CENTRAL FL REG HOS 1401 W SEMINOLE BLVD
 (MAIN)
 TWELVE OAKS RV 6300 W SR 46
 DENNY'S 4650 W SR 46
 SUPER B MOTEL 1-4 & W SR 46
 COUNTRY GENERAL 4000 E SR 46
 CRACKER BARREL 200 HICKMAN DR
 MCDONALDS 150 HICKMAN DR
 TOWN & COUNTRY 5355 ORANGE & 25th
 VIVONA'S PIZZA 2477 PARK AVE & 25th
 SEMINOLE COUNTY JAIL 212 BUSH BLVD
 KATIES COVE WEKIVA PARK DR
 CARRIAGE COVE 500 CARRIAGE COVE WAY
 PINE RIDGE 1718 PINE RIDGE RD
 CEDAR CREEK 2450 HARTWELL AVE
 GEORGIA ARMS 2600 GEORGIA AVE
 SONNY'S SUB SHACK
 2290 W AIRPORT BLVD
 BURGER KING 201 FRENCH AVE
 SHERIFF'S DEPT. 100 BUSH AVE., SANFORD
 HOLIDAY INN EXPRESS 3401 S. ORLANDO DR., SANFORD
 SAVE-A LOT 1176 S. ORLANDO DR., SANFORD
 ACE HARDWARE 207 E. 25TH ST., SANFORD
 PLATINUM GYM 4050 W. SR. 46
 DAIRY QUEEN 2523 PARK DRIVE SANFORD

- LAKE MARY AREA**
 DALTON PLACE APTS 13411 LAKE MARY BLVD
 CAFE SORRENTO 227 COUNTRY CLUB RD
 APPLETONS 3575 LAKE MARY BLVD
 KRISTAL 4406 W LAKE MARY BLVD
 BURGER KING 4405 LAKE MARY CENTER

- LONGWOOD AREA**
 DUNKIN DONUTS 17-92
 BOSTON MARKET LONGWOOD VILLAGE PLAZA
 MIAMI SUBS 2035 SR. 434
 ORLANDO SOUTH SEMINOLE HOSPITAL 555 W SR. 434
 PHYSICIANS BUILDING 515 W. SR. 434
 R&B FOOD MART 1495 S. HWY 17-92 LONGWOOD
 RAMADA INN NORTH 2025 W. SR. 434 LONGWOOD

- ALTAMONTE SPRINGS**
 TOO JAY'S 515 E. ALTAMONTE DRIVE
 ECKERDS 480 E. ALTAMONTE DRIVE
 SCHLOTSKY'S 400 W. SR. 436 ALTAMONTE DRIVE
 POST OFFICE 1140 E. ALTAMONTE DRIVE

- OVIEDO AREA**
 TOWN HOUSE 9E. BROADWAY ST.
 OVIEDO COIN LAUNDRY 209 GENEVA DRIVE

- OSTEEN AREA**
 OSTEEN DINER
 POST OFFICE

- DAIRY AREA**
 WINN DIXIE #2237 2 N. US HWY 17-92



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Atlanta Braves spring training tickets on sale Jan. 8

Special to the Herald

LAKE BUENA VISTA - Single-game tickets for Atlanta Braves spring training at Disney's Wide World of Sports complex will go on sale beginning Saturday, Jan. 8 at 10 a.m.

The first day of ticket sales highlights FanFest, a unique, fun-filled day celebrating the upcoming baseball season.

Admission to the entire sports complex on January 8 is free as part of the Walt Disney World Marathon Health and Fitness Expo.

Baseball fans of all ages can get up close and personal with Braves stars Walt Weiss and George Lombard from 10 a.m.-noon. In addition to meeting and receiving autographs from the players, fans can run the bases for the first time inside the Disney baseball stadium and tour the Braves clubhouse.

Atlanta Braves FanFest will feature exciting activities for fans and season ticket holders. Season ticket purchasers will be able to pick their seats from select locations inside the stadium and will see their name on the stadium's SmartVision video board. Raffles and discounts on Braves merchandise are also included in the day's activities.

Atlanta Braves single-game ticket prices range from \$10.50 (general admission lawn) to \$17 (lower reserved), while spring training season ticket packages are also available, with prices ranging from \$232 to \$272. Tickets may be purchased in person at Disney's Wide World of Sports Box Office, TicketMaster outlets throughout the Southeast, or by phoning TicketMaster at 407-839-3900.

The defending National League champion Braves will spend Feb. 18 through March 29 at the Wide World of Sports complex as they prepare for the 2000 season. In addition to participating in daily workouts and training sessions, the team will play 15 spring training games in the Disney baseball stadium, including the exhibition opener against the University of Georgia on March 2.

The first home game against a major league opponent is March 3 against the Kansas City Royals. The Braves will also face their 1999 post-season opponents, the Houston Astros, New York Mets and New York Yankees, as well as the defending American League Central champion Cleveland Indians.

2000 Atlanta Braves Spring Training Schedule at Disney's Wide World of Sports Complex

- MARCH**
- 2 University of Georgia, 1 p.m.
 - 3 Kansas City Royals, 1 p.m.
 - 5 Tampa Bay Devil Rays, 1 p.m.
 - 8 Toronto Blue Jays, 1 p.m.
 - 9 Los Angeles Dodgers, 1 p.m.
 - 10 New York Mets, 1 p.m.
 - 11 Florida Marlins, 1 p.m.
 - 12 Cleveland Indians, 1 p.m.
 - 14 Detroit Tigers, 6 p.m.
 - 17 New York Yankees, 1 p.m.
 - 21 Florida Marlins, 7 p.m.
 - 24 Pittsburgh Pirates, 1 p.m.
 - 25 Kansas City Royals, 1 p.m.
 - 27 Houston Astros, 7 p.m.
 - 29 Los Angeles Dodgers, 1 p.m.

Raiders roll into new year

Reserves lead SCC women past Puerto Rico

By Dean Smith
SPORTS EDITOR

SANFORD - For the first five minutes of Monday night's game with Puerto Rico-Mayaguez, the Seminole Community College women's basketball team looked like it was still celebrating the coming of the new year trampling the obviously out-talented and shorter Janes, 12-9.

Then the Raiders' vaunted pressure defense took over as the hosts went on 11-0 run that eventually led to SCC leading 40-22 at halftime.

Ken Patrick's Raiders kept up the pressure in the second half despite the reserves playing the majority of the minutes, holding the Janes to one field goal and 12 points in the second half, coasting to a 78-34 triumph.

SCC improved to 17-2 with the victory and will now go on the road for a pair of tough games before opening Mid-Florida Conference play next week.

The Raiders will head to Meridian, Mississippi on Friday to take on Trinity Valley Community College from Texas and then tackle host Meridian Community College on Saturday.

SCC opens its MFC schedule against one of the favorites, No. 3 state-ranked and No. 10 nationally-ranked Daytona Beach Community College on the Falcons' home court at 6 p.m. on Wednesday, before returning home to play Waukesha Community College from Illinois on Saturday, Jan. 15th at 6 p.m.

Madeilyn Ramirez and Barbara Leon combined for 10 points as Puerto Rico, an NCAA Division II school, built

Please see SCC, Page 2B

RAIDERS 78, JANES 34
Puerto Rico, Mayaguez (34)
Soti 1-6 3-4 5, Diaz 0-3 2-4 2, Gonzalez 0-0 0-0 0, Leon 2-5 3-4 7, Rosario 1-6 1-2 3, Sotomayor 1-3 0-1 2, Castro 0-0 0-0 0, Varona 0-0 0-0 0, Almeida 0-0 0-0 0, Nieves 0-0 0-0 0, Ramirez 5-12 5-8 15, Swan 0-0 0-0 0. Totals: 10-37 14-23 34.
Seminole Comm. College (78)
Tuure 3-8 1-2 7, Raimasalo 2-4 0-0 4, Wosley 2-6 6-8 10, Smith 2-6 0-0 4, Gyarfas 1-5 0-0 2, Donovan 4-4 6-8 14, Cordero 5-0 4-5 17, Kindred 4-8 2-4 10, Jones 2-6 4-4 8, Stokes 0-0 0-0 0, Smithers 1-1 0-0 2. Totals: 28-54 23-31 78.
Halftime - SCC 40, PRM 22. Three-point field goals - PRM 0-10, SCC 3-5 (Cordero 3-4, Raimasalo 0-1). Team fouls - PRM 26, SCC 18. Fouled out - PRM: Leon, Sotomayor, Ramirez. Technicals: none. Rebounds - PRM 18 (Sotomayor 4), SCC 40 (Tuure 10, Donovan 9). Assists - PRM 10 (Ramirez 4), SCC 18 (Wooley 5, Tuure 3, Smith 3). Steals - SCC 18 (Raimasalo 4, Wooley 3, Jones 3). Blocked shots - SCC 5 (Tuure, Donovan, Kindred, Jones, Stokes 1 each). Records - SCC 17-2.



Herald photos by Arch Boothe

Freshman Yarni Cordero (No. 5, above) came off the bench to score a team-high 17 points as the Seminole Community College women's basketball team improved to 17-2 on the season with a 78-34 rout of Puerto Rico-Mayaguez Monday night at the SCC Health and Physical Education Center.

On Friday, 6-foot-9 freshman Suzy Gyarfas (No. 40, right) scored 14 points and had an amazing 11 steals as the Raiders won its own tournament the "Millennium Madness" with a 79-60 thumping of No. 18 nationally ranked Tallahassee Community College.

Gyarfas was named to the All-Tournament Team along with fellow SCC freshmen Kristi Jones (who had a team-high 17 points in the championship game) and Shaketa "Kiki" Kindred (who had 15 points in the finale). Also on the team were freshman Lauren Dunselth from East Central (Missouri) College, who scored 31 points against Miami-Dade Community College on Friday, and sophomore Shanelle Stallworth of Daytona Beach Community College who scored a tournament-high 36 points in a come-from-behind 73-55 victory over Hillsborough Community College in the Third Place Game.



Hosts romp in finale of Millennium Madness

By Dean Smith
SPORTS EDITOR

SANFORD - The Seminole Community College women's basketball team closed out 1999 like it means to be a title contender in 2000, roaring to a 79-60 victory over Tallahassee Community College in the Championship Game of the Millennium Madness Tournament at the SCC Health and Physical Education Center on Friday.

The finale turned out to be a whole lot more one-sided than anticipated as Tallahassee was ranked No. 18 in the nation and was fresh off an upset of Daytona Beach Community College in the semifinals and the Raiders had played sluggishly despite winning their first two games comfortably.

But SCC, which is ranked No. 4 in the state, came out of the lockerroom fired up for the Eagles, whom it had beaten in the state capital early in the season, using a super passing attack along with a stingy defense to take a 36-21 lead at halftime.

Freshman Shaketa "Kiki" Kindred came off the bench to lead a balanced attack with seven points in the first half as eight different Raiders dented the scoring column in the opening half.

Tallahassee tried to slow the game tempo down in the second half to stop the SCC running game, but coach Ken Patrick ruined that strategy by having his guards throw the ball inside to his huge front line, especially the freshman duo of 6-foot-9 Suzy Gyarfas and 6-foot-2 Kristi Jones.

Jones tallied 13 of her game-high 17 points in the final half, while Gyarfas tossed in eight points. Also making a living in the paint were 6-foot-4 sophomore Kaisa Tuure (five points) and the 5-foot-9 Kindred (seven points).

Jones hit 6-of-7 shots from the field and 5-of-6 from the free throw line to account for her points and also had three rebounds, three assists and two blocked shots.

Kindred was next with 15 points, four rebounds, three assists and two steals and Gyarfas was also in double figures with 14 points, 11 steals, two rebounds and two blocked shots.

Also contributing for the Raiders were Tuure (nine points, eight rebounds, five assists, one steal, one blocked shot), Mevett Wooley (nine points, three rebounds, two assists, two steals), Satu Raimasalo (seven points, one rebound, three assists, three

Please see Madness, Page 2B

Jaguars, Buccaneers, Dolphins all secure spots in NFL Playoffs

By Dean Smith
SPORTS EDITOR

ATLANTA - Tim Dwight scored three touchdowns Monday night as the Atlanta Falcons edged the San Francisco 49ers, 34-29, as the National Football League's regular season came to an end at the Georgia Dome.

Dwight caught seven passes for 162 yards, including a pair of touchdowns, and returned a punt 70 yards as the Falcons finished the season 5-11. The 49ers closed their campaign at 4-12.

In action from Sunday, the Jacksonville Jaguars claimed the top record in the league (14-2) by stopping the Cincinnati Bengals (4-12), 24-7, despite Jeff Blake completing 13 of 23 passes for 141 yards; the Tampa Bay Buccaneers (11-5) won its first division title since

1981 with a 20-6 beating of the Chicago Bears (6-10); the Miami Dolphins (9-7) earned a spot in the playoffs despite losing to the Washington Redskins (10-6), 21-10; the Seattle Seahawks (9-7) also got in the playoffs despite losing to the New York Jets (8-8), 19-9; and the Dallas Cowboys (8-8) earned the final spot in the NFC with a 26-18 victory over the New York Giants (7-9).

In other games, Indianapolis (13-3) lost home field advantage by dropping a 31-6 decision to the Buffalo Bills (11-5); the St. Louis Rams (13-3) also lost, 38-31, to the Philadelphia Eagles (5-11); Green Bay Packers (8-8) 49, Arizona Cardinals (6-10) 24; New England Patriots (8-8) 20, Baltimore Ravens (8-8), 3; Minnesota Vikings (10-6) 24, Detroit Lions (8-8) 17; Please see NFL, Page 2B



Head coach Tony Dungy (right) directed the Tampa Bay Buccaneers to a 20-6 victory over the Chicago Bears on Sunday, giving the Bucs an 11-

5 record and their first Central Division Championship since 1981 and a bye in the first round of the NFL Playoffs which begin this weekend.

FILE PHOTO

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COMICS

Seminole Herald, Sanford, Florida, Tuesday, January 4, 2000 5B

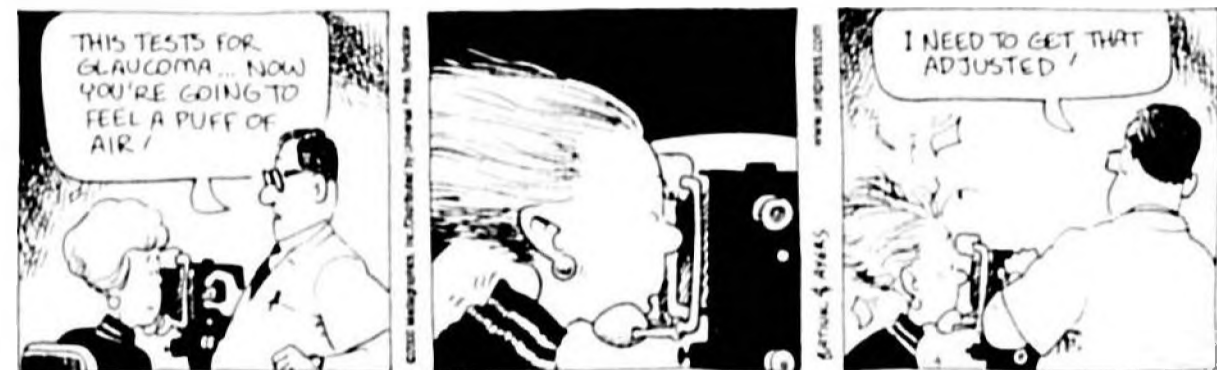
FRANK AND ERNEST

by Bob Thaves



CRANKSHAFT

by Batiuk & Ayers



BLONDIE

by Chick Young



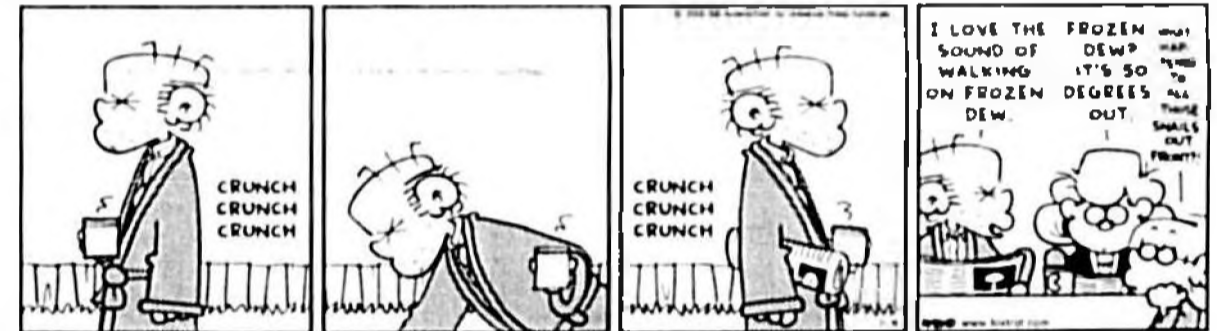
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by Charles M. Schultz



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BEETLE BAILEY

by Mort Walker



ARLO & JANIS

by Jimmy Johnson



GARFIELD

by Jim Davis



ROBOT MAN

by Jim Meddick



BOONDOCKS

by Aaron McGruder



HOROSCOPES

Your Birthday
Wednesday, Jan. 5, 2000
 If you are ready to put to profitable uses that which you have learned down in the year ahead, knowledge you've acquired academically, or from personal experiences, could turn out to be of real value.

CAPRICORN (Dec. 22-Jan. 19) If you find yourself in the presence of a profound thinker today, be a good listener. This person might say something you could use to your advantage in furthering your aims. Capricorn, treat yourself to a birth day gift. Send the required refund form and for your Astro Graph predictions for the year ahead by mail: \$2 and self-addressed stamped envelope to Astro Graph, c/o this newspaper, P.O. Box 1758, Murray Hill Station, New York, NY 10156. Be sure to state your zodiac sign.

AQUARIUS (Jan. 20-Feb. 18) Especially where someone else has already laid the foundation, a joint venture could hold more promise than usual for you today. This is true even if you end up playing a minor role.

PISCES (Feb. 20-March 20) The lesson of today may be that real

friendship works. From your efforts to help a pal you like achieve his/her aspirations, something beneficial could happen for you in the process.

ARIET (March 21-April 19) What may be the toughest part of your job today could be to clarify your objectives and goals properly, especially where your career is concerned. Once they're defined, the rest comes easy.

TAURUS (April 20-May 20) The spotlight could be turned on you today regardless of your involvement or whether you seek attention or not. It'll be your appealing manner that will cause others to take notice.

GEMINI (May 21-June 20) You're always an adaptable individual, but today you might be more malleable than usual to changes initiated by others. However, these alterations will end up benefiting you the most.

CANCER (June 21-July 22) If your common sense tells you today that something can be done more effectively with teammates, forgo any independent tendencies you might harbor. Partners are lucky for you.

LEO (July 23-Aug. 22) You will be

rewarded in proportion to the efforts you expend today, so take pride in your tasks and assignments. Your compensation will reflect it if you truly do a good job.

VIRGO (Aug. 23-Sept. 22) When you take charge today, it won't ruffle anybody's feathers. In fact, any commanding presence you take will be recognized as a plus for others, rather than a liability.

LIBRA (Sept. 23-Oct. 23) It won't be that you'll be relegated to operating as the power behind the throne today, but because you'll choose it yourself. This is where you'll be the most comfortable.

SCORPIO (Oct. 24-Nov. 22) Use your influence over your intimate friends today in ways that does the greatest good for the largest number and you'll not only be more effective than usual, but the most popular.

SAGITTARIUS (Nov. 23-Dec. 21) Devote your maximum effort today to something in which you're presently involved that could be meaningful to you financially. Your possibilities for success look extremely good.

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Win at Bridge

Quiet and effective

By Philip Alder
 My second top woman player is someone I believe doesn't get the credit she deserves. Jacqui Mitchell. She is naturally reserved and appears difficult to get to know. Not once you become a friend of hers you discover a delightful warm person. Away from the bridge table, she loves dogs and is an excellent cook. At the bridge table, she is quietly lethal, making very few mistakes and concentrating as well as anyone. Jacqui has won four world team titles, and the World Women's Pairs in 1986 with Amalya Kearse. Through 1993, she had the best lifetime record of any woman player in world championships. In the deal from the 86 Women's Pairs in Bali Harbour, Fla., Jacqui and Amalya collected 109 matchpoints out of 110. Against two spades, West started with two rounds of clubs, East winning and



Bridge
 Philip Alder

correctly switching to her singleton diamond. However, after a diamond to the ace and a diamond ruff, East erred. If she had returned a trump the contract would have failed because declarer would have eventually lost a heart trick. Yet East understandably led the club king. Giving them no second chance, Jacqui ruffed with the spade jack, cashed the spade ace, and gave East her trump trick. As a club return would have conceded a ruff-and-discard, East tried the heart six. West was marked with the heart king because East had produced nine points, yet hadn't opened the bidding. So, Jacqui put in the heart nine. (If she had played the jack or queen, West would have ducked her king.) When the nine forced out the king, Jacqui claimed.

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North 01:04:00			
♠ 10 8 6			
♥ A 7 5 4			
♦ Q J 6			
♣ Q 8 3			
West		East	
♠ 7 5		♠ K Q 2	
♥ K 3 2		♥ 10 8 6	
♦ A 9 8 7 5 2		♦ 4	
♣ A 7		♣ K J 10 6 5 2	
South			
♠ A J 9 4 3			
♥ Q J 9			
♦ K 10 3			
♣ 9 4			
Vulnerable: North-South			
Dealer: West			
South	West	North	East
Pass	Pass	Pass	Pass
1 ♠	2 ♣	2 ♠	All pass
Opening lead: ♠ A			

Doctor Gott

More on Grave's disease

DEAR DR. GOTT: Our 10-year-old daughter has Graves' disease. Please tell us more about it.

DEAR READER: When the thyroid gland over-produces thyroid hormone, certain predictable consequences result, because the body's metabolism is accelerated. Thus, the symptoms of hyperthyroidism include enlargement of the thyroid gland in the neck, warm and moist skin (that often has a silky texture), increased appetite, weight loss, nervousness, tremulous hands, intolerance to environmental heat, palpitations, insomnia, diarrhea and weakness.

In a few patients, two other key symptoms may be prominent: exophthalmos (bulging-out of the eyes) and dermatopathy (thickening of the skin over the shins). In the presence of these signs, doctors diagnose Graves' disease (named after the Englishman who first



Doctor Gott

described it), which is a special form of hyperthyroidism. For practical purposes, Graves' disease and hyperthyroidism are treated identically, with either anti-thyroid pills, radioactive iodine or surgery.

There is one caveat, however. Because the eye problems associated with Graves' disease may worsen during therapy and lead to serious visual consequences, most experts recommend drug treatment as the first choice. If the exophthalmos progresses, the medicine can be reduced or modified to prevent further damage. In fact, some endocrinologists routinely administer thyroid supplements, which are believed to stabilize the eyes during anti-thyroid therapy. Radioactive iodine (which destroys part of the thyroid gland) and surgery (which removes part of it) are permanent solutions — but may make the eye symptoms more of a problem. However, either of these two treatments can be used in

Graves' patients whose eyes do not worsen on drug therapy. Hyperthyroidism is believed to reflect an autoimmune phenomenon, in which the body becomes allergic to its own normal tissues. Fortunately, treatment to reduce the formation and output of thyroid hormone is almost always successful.

DEAR DR. GOTT: I am a 17-year-old female with a rather personal problem for which my mother suggests regular douching. Is this old therapy appropriate?

DEAR READER: Douching is a treatment for various vaginal disorders. Most authorities discourage its use because, according to a recent article in the Archives of Pediatrics and Adolescent Medicine (1999), vol. 153, it can often lead to pelvic inflammatory disease, vaginal infection and ectopic pregnancy. With all respect to your mother, I urge you to see a gynecologist and forego douching.

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Life Style

When buying firewood know not all wood is created equal

Winter is here and it is time to buy or gather some firewood, if you happen to have a fire place in your home. But, before you go out looking for firewood, there are some things you need to know about firewood. Contrary to popular belief, all woods are not created equal.



Al Ferrer

Types Of Firewood

Firewood may be divided as high, medium or low density wood. Species with high density wood include oaks in general and also eucalyptus, Australian pine, dogwood and blue beech. Species with medi-

um density include beech, ash, sweetgum, cherry, sycamore, magnolia and red maple.

Species with low density are willows, cottonwood and tulip poplar. You should look for firewood from species with high density wood because they will give the highest energy values.

Other Considerations

Besides density, there are other things to consider when getting wood for your fire place. Some woods are difficult to split and others do not burn well. Others just do not smell so good. Live oak has a

high density wood, and can be found readily, but it is difficult to split. Red oaks are easy to find, they split easily but have a sour odor when freshly cut. Ash is often considered the best firewood, but some prefer Blackjack and other scrub oaks. The gums, as a general rule are difficult to split. Most hickories can be split fairly easy, but pecan, another hickory, is difficult to split. Dry wood will contain less water than freshly cut green wood. It will also burn better.

Woodsman's Lingo

In case you are not familiar with the words used when dealing with wood, here are some pointers. A standard cord has 128 cubic feet of stacked

wood. This is obtained by stacking logs or bolts 4 feet by 4 feet by 8 feet. But experience shows that a "cord" measure can vary with the provider. Many times the wood is already cut two feet or less to fit a stove or fire place, making it more difficult to estimate the volume of the "cord." Another term is the "face cord." This means a stack of firewood 4 feet high and 8 feet long. The cubic foot volume of a face cord is given by the length of the stack. A face cord of firewood cut 2 feet long, therefore, is only half of the volume of the standard cord. A "rick" is basically the same as a face cord. But, before you make any deal which include this word, you better ask what does it mean.

As for a "load" of firewood, it can mean most anything. It will vary if the wood is split or round, it is "stacked" or "thrown" in, and how high it is piled. A load is a measurement that is hard to standardize and need to be defined with the provider.

A Word Of Advice

Avoid using scrap lumber from construction projects around the house. Wood used for exterior construction, like fences or decks is usually treated with chemicals for preserving the wood, such as chromate copper arsenate. Those chemicals are released when the wood is burned and may be toxic to you. Chemicals released in the air may cause

eye irritation, allergies and other health related problems.

What It All Means

Pound for pound, all woods burns about the same. A pound of good drywood will produce around 8,600 B.T.U. (British Thermal Units) of heat when burned. Pine wood may produce more than 9,000 B.T.U. per pound because of their high resin content.

Some people prefer the smell of burning pine wood to other types of wood.

Al Ferrer is Seminole County Urban Horticulturist. Inquiries may be directed to him at the Cooperative Extension Service, 250 W. County Home Road, Sanford, FL 32773 or phone 323-2500, Ext. 5558.

Births

Florida Hospital at Altamonte Dec. 19, 1999

Carlos Giovanni Rosario, boy, born to Janet and Carlos Rosario of Apopka

Dec. 20, 1999

Nicholas Phillip Sprung, boy, born to Lindsey Okasek and Jeffrey Sprung of Altamonte Springs

Nina DeLeon, girl, born to JoAnn and Pedro DeLeon of Altamonte Springs

Dec. 21, 1999

Katie Nadine Householder, girl, born to Catherine and Jeffrey Householder of Ocoee
Alexandria Louise Von Eberstein, girl, born to Teresa Vincent and Jason Von Eberstein of Longwood

Tiffani Jenna Williams, girl, born to Michele and Kenneth

Williams of Apopka

Nicholas Edgar Witten, boy, born to Elizabeth and Ben Witten of Windermere

Dillon James Gomen, boy, born to Kristina and Stephen Gomen of Altamonte Springs

Dec. 22, 1999

Ryan David Gannon, boy, born to Cynthia and David Gannon of Orlando

Vanessa Lynn Rose, girl, born to Jacycelyn Spagone and John Ross of Apopka

Dec. 23, 1999

Stephanie Rebecca Lloyd, girl, born to Leighanne and Joseph Lloyd of Orlando

Tristan Joseph Barr, boy, born to Laura and Bryan Barr of Lake Mary

Jasmine Alexis Fraser, girl, born

to Kristine and Gordon Fraser of Orlando

Alissa Marie Starling, girl, born to Kenya and dRicky Starling of Deltona

Savannah Faith Avis, girl, born to Hazel Pennington and Kenneth Avis of Orlando

Sara Nicole Lucci, girl, born to Stephanie and Francis Lucci of Altamonte Springs

Dec. 24, 1999

Haley Amanda Stuff, girl, born to Sandra and Gregory Stuff of Casselberry

Jody Austin Singletary, boy, born to Autumn Mann and Arthur Singletary III of Apopka

Dec. 26, 1999

Dane Robert Peterson, boy, born to Laurie and Robert Peterson of Tavares

Two-wheel donations



The Sanford Police Department recently donated bicycles to charity. Pictured from Sanford FOP No. 140 are Sgt. Mark Nichols and Sgt. Randy Smith. Receiving the bicycles are Michele Hickey and Pathi Page from Seminole Safe House.

Brother looking for handout is told to look somewhere else for money

DEAR ABBY: Recently my brother-in-law called my husband at work to ask for \$1,500 because he had fallen behind on his rent for three consecutive months. My husband, growing wiser each year, told him that he would have to speak with me because we make financial



Dear Abby

..... decisions together. "David," we'll call him, is nearing 40 and is an attorney. He has led an interesting life, moving from place to place and trying his hand at a number of vocations, from bartending to medic work to tennis instructor all the while exploring any and all professional opportunities. We receive regular e-mails from him regarding all sorts of fun weekends, rafting trips and tennis tournaments. However, his law practice is limping along. He has never been married and has no dependents, nor is he disabled in any way.

For as long as my husband can remember, David has always gotten himself into financial trouble and someone in the family has had to bail him out. Even in his 30s, David has received thousands from one sibling or another or his parents. This is the first time

David has approached us for money, as my husband is the youngest in the family.

Though it was a difficult decision to make, we determined that we were not doing David any favors by sending him money. With David's history of poor financial management, we feel we would just be perpetuating the problem. Without lecturing, my husband explained our position to his brother. He became obviously upset and ended the phone conversation quickly. We no longer receive e-mails from him, and he hasn't spoken to us since. Furthermore, the rest of the family is furious with us.

Abby, were we wrong to not send money?

ANNABELLE

DEAR ANNABELLE: No, you were not wrong. Given the amount of money David has borrowed from family members, I wouldn't have chipped in any more than I could afford to lose.

Although your brother-in-law is no longer sending you e-mails, perhaps you should e-mail him the telephone number for the nearest Consumer Credit Counseling office. You'd be doing him a favor.

.....

DEAR ABBY: "Wiser in North Texas" made a good suggestion for interacting with the 10-year-old boy who didn't listen to his father. I would like to share a lesson I learned from

my mother 50 years ago.

My son was a very active toddler, and I didn't realize I was yelling at him until the day my mom was visiting me. She quietly said to me: "Honey, if you yell at children, they stop hearing you. If you speak very softly but firmly, they will stop to listen to you."

My son was my first child. I later had four daughters, and Mom's advice worked with all of them. It is still working for my grandchildren and great-grandchildren.

My own advice to mothers is this: When you are the most frazzled and frustrated, take the time to imagine yourself as your child — on the receiving end of your words, and looking up at your angry face. Then ask yourself, "Is this what my child needs from me?"

GRANDMA IN OREGON

DEAR GRANDMA: That's good advice for the parents of children of all ages.

.....

What teens need to know about sex, drugs, AIDS, and getting along with peers and parents is in "What Every Teen Should Know." To order, send a business-size, self-addressed envelope, plus check or money order for \$3.95 (\$4.50 in Canada) to: Dear Abby, Teen Booklet, P.O. Box 447, Mount Morris, IL 61054-0447. (Postage is included.)

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'Young Men of Distinction' deadline this Wednesday

GoldenRule Housing and Community Development Corporation is seeking 50 young men to participate in the annual

"Young Men of Distinction" presentation.

Please contact Cynthia Hamilton-Smith at (407) 324-

9123; fax (407) 328-7148 or e-mail goldenrule@ptcs.net.

Entry deadline is Jan. 5. The event is Feb. 2.

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