

Sanford Herald

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89th Year, No. 219 - Sanford, Florida



Today: Scattered Thunderstorms. Highs in the upper 80s.

For more weather see page 2A

TODAY

BRIEFS

Photo exhibit

Columbia Medical Center will present a photo exhibit titled, "A Tribe of Warrior Women." June 16 through July 6 at Center Court in Seminole Towne Center, Sanford, during regular mall operating hours. The exhibit features photos and essays from 30 survivors of breast cancer. The University of Alabama at Birmingham Comprehensive Cancer Center commissioned photographer Melissa Springer in 1994 for the project.

Breast cancer is the most common malignancy and the major cause of cancer death in women. One of every eight American women is diagnosed with the disease. Of the women diagnosed, 63 percent survive 10 years and 56 percent survive 15 years.

For information, call 646-7860.

Oviedo is watching

Starting July 1, Browning-Ferris Industries waste collection crews, in cooperation with the City of Oviedo police and fire departments, will initiate a neighborhood watch program. BFI drivers and dispatchers will be watching for suspicious activity, crimes in progress, fires, accidents and unsafe conditions.

For questions regarding The True Blue Looking Out for You program, call 831-1539 or 977-6000.

Paxson sells radio group

Paxson Communications Corporation announced Tuesday the sale of its radio group to Clear Channel Communications Corporation for \$693 million. Included in the sale are Paxson's 46 radio stations (42 in Florida), 6 radio news and sports networks, two minor league sports teams and its billboard division with 526 faces in the state. The sale is subject to approval by the Federal Communication Commission.

Health coalition

Seminole County Healthy Start Coalition will hold its board meeting June 30 at 8:30 a.m. in the auditorium of the county's health department, 400 West Airport Blvd., Sanford. The coalition's teen pregnancy committee will meet Tuesday at 9 a.m.

For information, call 671-2005.

Swamp trip

The Florida Native Plant Society, Tarflower Chapter, will hike to the Gator Creek area of the Green Swamp west of Orange County, July 5. The area consists of several thousand acres of wet prairie, pine scrub, and hardwood hammock. The trip will include a hike to the Withlacoochee River.

Bring lunch, insect repellent, hat, sun screen and hiking clothes and boots. Further details will be announced at the society's monthly meeting July 1 at 7 p.m. at the Orlando Garden Club building, 710 Rollins St., Orlando.

For information, call Mike Barranco at 699-6471 or 497-5120.

Scholarship deadline

July 1 is the deadline for 1997 high school graduates to apply for "Bright Futures" merit college scholarships funded by the Florida Lottery. Eligible students can receive full or partial funding for their college education including tuition, fees and basic expenses such as textbooks. Students with a 3.5 grade point average and above can receive full tuition; those with a GPA between 3.0 and 3.5 will receive 75 percent funding. The scholarship may be used to attend any Florida public or private school.

For information, contact high school guidance counselor or call 1-888-827-2004 or visit the web site at <http://www.flrn.edu/doel>.

From Staff Reports

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Rise above principle and do what's right.

- Walter Heller



Sanford firefighters and paramedics test equipment at the lakefront. Two of the three Sanford stations are now ready to transport patients as part of 911 rescue calls.

Ready to rescue

Sanford gears up for patient transport

By VICKI DeBORMIER
Herald Senior Staff Writer

No one had to be rushed to the hospital as might have happened during county debate over the same matter, but Sanford will be equally ready to transport the patient if that occurs.

With little fanfare, and far less debate, the Sanford City Commission jumped into the ambulance business this week.

According to fire Chief Tom Hickson, Sanford See Rescue, Page 5A

'Parents are the first personal trainers'

Training baby takes on new meaning for Shelly Friend

By RUSSE WHITE
Herald Staff Writer

Sara Friend, nine months old, has become a regular at Gold's Gym in Sanford. Not pumping any iron yet but getting plenty of exercise and eating the right things - fresh fruit and cottage cheese instead of crackers or candy.

To be sure, Sara is getting the best of supervision. Her mom, Shelly Friend, is the personal training director at Gold's Gym.

Friend, 31, is a former Navy yeoman, Florida Highway Patrol trooper and champion body builder. She was born in Pomona, Calif., and grew up in south Daytona. She excelled in sports at Spruce Creek High School.

She first came to Gold's Gym in 1989. Interested in preparing to compete in state body building tournaments. Not only did Gold's vice president Rick Friend encourage and train her for competition, he began dating and married her seven years ago.

Fitness, Shelly Friend said, begins at home. "It's a learned behavior. It's about what you eat, and what you are taught or encouraged to do. Parents are our first personal trainers. The earlier we learn good habits the better."

Some, however, must acquire their good habits a little later in life - and that's why Gold's Gym is busy from as early as 4:30 a.m. to 10 in the evening. Trainer Scottie Rohde has the doors open and coffee waiting for the 4:30 a.m. arrivals.

More than 500 clients train at the gym each week. The youngest are 13 and 14 year-olds, the eldest are octogenarians like Stanley Moore and Don King. Each individual has an individual program. One client may get in two 15-minute workouts each week, others go an hour five days a week.

Chaz Lytle, a 16-year-old baseball player from Seminole High School with big-league ambitions, is eager to be physically and mentally prepared for the call. His workout at Gold's Gym are as important to him as developing a curve and slider to throw at his opponents on the ballfield.

That may be a doctor, lawyer or housewife working out next to Lytle at the gym.

Each has a personal trainer, who arranges intense yet safe, proper programming - and serves as instructor, motivator and cheerleader.

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Bodybuilder mom Shelly Friend and her daughter Sara.

Planning to travel with your pets this summer?

From Staff Reports

WASHINGTON- Wherever you choose to spend your vacation this summer, The Humane Society of the United States (HSUS) says don't forget that travel can be extra stressful on pets.

Leslie Sinclair, D.V.M., HSUS director for companion animal care, says extra care and consideration are required to keep your pet comfortable during the hot summer months and extra precautions are necessary if you plan to travel with your dog or cat.

"Your dog may love the opportunity to go for a ride in the car with you," Sinclair says, "but on a hot

day he or she could suffer heatstroke or even die within minutes of being left in a hot car."

Each year, countless animals suffer or die from heatstroke. On a warm day, the inside of a parked car can quickly reach over 100 degrees in a matter of minutes. Dogs are unable to cool off through perspiration; instead they pant, and even a short trip to the store can be lethal.

Sinclair says it is also very dangerous, and in some states illegal, to allow your dog to ride in the back of a pick-up truck.

"The sun can heat a truck bed enough to burn the pads on your dog's feet, and flying debris can

cause other injuries. A dog that is allowed to ride in the back of a pick-up truck tried or untied may be strangled or thrown from the vehicle into traffic," Sinclair cautions.

It is important for pet owners going on vacation to plan ahead and make appropriate arrangements for their companions. When deciding if your pet should travel with you, consider the alternatives; have a responsible friend or relative look after your pet, board your pet at a reputable kennel, or hire a pet-sitter to visit, feed and exercise your pet. If you choose to include your pet in your vacation plan, The HSUS offers the following tips:

- Determine whether your pet likes to travel, and have your veterinarian examine your pet to determine that he or she is in good health. Check to be sure pets are allowed at your destination.
- Avoid traveling by airplane with your pet unless absolutely necessary. High humidity and temperatures can suffocate an animal forced to remain in the plane's cargo over long periods of time. If your pet is a cat or small dog, take him or her on board with you. Check with the airline to find out the specific

See Pets, Page 5A

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Strong convictions shape Crooms' principal

By CARTER OILMARTIN
Herald Correspondent

Even at the age of three, having lived no where else, Brennedette Hardy didn't feel at home in Bristol, Florida. Her mother could see by the time Brennedette was ready for third grade that "Bristol was not for me," as Crooms Academy principal Brennedette Hardy-Blake, Ph.D., tells the story today. "So she sent me to live with an aunt and uncle in Jacksonville."

She stayed until ninth grade, when she returned to Bristol and newly integrated Liberty County High School. She recalls that "integration was just starting. My best friend was a white girl named Regina Sewell. We both loved to sew. On Saturdays we'd go to the Trailways station and take the bus to Tallahassee and shop in the cloth shops."

"People didn't like it. Regina's father owned the Piggly Wiggly. He had a certain standing in the community, so I guess they didn't say as much, but they talked." "My mom worried. I couldn't stay all bottled up."

Back then in Liberty County one could still get a teaching certificate to teach grades one through eight upon eighth grade graduation. The only two black teachers in town were an aunt and uncle of Hardy-Blake's who were eighth grade graduates.

Hardy-Blake's mother had

gone to the eighth grade. She married and had seven children and then her husband died. There was no high school for black students. Without high school, college was just a dream. With integration at the white high school, those dreams turned into goals.

"My mother always encouraged me. If I complained about something, she'd tell me 'the only way you can live differently is you go to school and get a good education. Then you can get a good job.' She didn't know how for me to do it, but she knew it was what I had to do."

Hardy-Blake says "watching her always be afraid," would have taught her fear, too, if she hadn't had those years in Jacksonville. She's grateful for those years and knows it wasn't easy for her mother to let her go.

Toward the end of her senior year at Liberty County High School, Hardy-Blake was called into the principal's office and told her she had the highest grade point average in the senior class. "It had never happened. He thought it probably best if I wasn't the valedictorian. I asked him why not if I had the highest grade point average?" She was told to go home and talk with her mother about it. Her mother didn't protest. "My mom was always afraid." A white boy named Reggie Sommers was valedictorian. Hardy-Blake was salutatorian.



Remembering the Bristol of her youth Hardy-Blake says "Some ugly things happened," but those things don't replace the nice things, the good memories.

A good memory is her home economics teacher taking her to Tallahassee to visit Florida State University and encouraging her to attend. That teacher's interest is probably why she majored in Vocational Home Economics, graduating in 1974.

When Hardy-Blake returns to Bristol she makes sure to visit the Appalachian Seafood Restaurant on Friday nights. "That's where all the people retired from the school system go on Friday nights to eat." She stops in to say hello and catch up on what others are doing, just as they follow her family life and career.

It was her teaching internship that brought her to central Florida. Her first teaching job was at Seminole High School, where she met and married the coach. He was a widower with a 5 year old son.

She is quiet and smiling as she remembers Blake's 5 year old son Jeff. "He was my first child. I didn't carry him, but he was my first." The couple had two other children together, Brandi, now 14, and Brandon, 15. Both will attend Winter Springs High School when it opens. Jeff, now 26, is well known in the community for his success as a professional football player with the Cincinnati Bengals.

When she talks about him it is about his taking Brandi and Brandon to Winter Springs High School to meet his former high school principal, Hardy-Blake says that although the marriage ended and the children's father has remarried, they are still a close family.

Hardy-Blake describes the happiest time in her life as when she was carrying her children. Her office walls are covered with photographs of her three children and photos of former students. On her desk is a bronze carving of a mother and daughter embracing. On her bookcase is a ceramic mother reading to her son. On the wall are prints of a timeless

Crooms Principal Brennedette Hardy-Blake, left, congratulates the school's 1997 valedictorian, Doni Johnson, who lives by a philosophy similar to Hardy-Blake's. "If you have that positive attitude, you can accomplish anything," she says.

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POLICE BRIEFS

Prostitution arrest

Frankie Cloud, 26, of 3202 Orlando Dr., Sanford, was arrested Wednesday by Sanford Police. Cloud was charged with assignment to commit prostitution and arrested at Seminole Blvd. Report said that Cloud approached an undercover agent proposing oral sex.

Officer finds cannabis

Jacob Christopher, 18, of 10623 Groveview Way, Sanford, was arrested Tuesday by Sanford Police. Christopher was charged with cultivation of marijuana and possession of drug paraphernalia and was arrested at his home. Upon search of Christopher's apartment, replying to an alarm going off, an officer found cannabis plants and drug paraphernalia around the apartment.

Cultivation of marijuana charged

Andrew Suter, 19, of 10623 Groveview Way, Sanford, was arrested Tuesday by Sanford Police. Suter was charged with cultivation of marijuana and possession of drug paraphernalia and was arrested at his apartment.

Retail theft charged

Malcolm Durant, 20, of 2008 Bridges Dr., Tampa, was arrested Tuesday by Sanford Police. Durant was charged with retail theft and arrested in the 1500 block of S. French Ave. Durant, report said, concealed a pack of chicken then exited store.

Domestic violence charged

Patrick Myles, 18, of Higgins Terrace, Sanford, was arrested Tuesday by Sanford Police. Myles was charged with aggravated battery (domestic violence) and resisting without violence and arrested at her residence. Report said that Myles tried to get her clothes from her former apartment. Officers said that Myles hit her sister on the arm with a broom handle.

Incidents

Tuesday in the 1100 block of W. 1st St., a Craftsman chainsaw, a Magnavox 4-head VCR, a Casio G-Shock Men's watch, a Sony radio/cassette were stolen. Total value is \$510.

A gold colored cigar band type ring was stolen from the 2900 block of Orlando Dr. at a business on Tuesday. The value is \$300.

Tools worth \$1,500 were stolen from the 100 block of Clear Lake Cir. on Tuesday.

IN THE SERVICE

JEAN L. CAMPS

Jean L. Camps has been commissioned as a second lieutenant through the Air Force ROTC program after earning a bachelor's degree at the University of Florida at Gainesville.

The new lieutenant received his degree in physics and will attend undergraduate pilot training at Columbus Air Force Base, Miss.

Camps is the son of Jose L. Camps of 1921 S. Palomour Drive, Deltona and Migna I. Reeves of 3833-2 Schoolhouse Road in Fort Meyers.

JEFFREY R. BLACKBURN

Air Force Airman 1st Class Jeffrey R. Blackburn has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

Blackburn is the son of Robert L. and Susan C. Blackburn of 204 Lyndhurst Court, Longwood.

The airman is a 1993 graduate of Lake Mary High School.

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Editorials/Opinions

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EDITORIAL

Well done

There are going to be those who will criticize the Board of Seminole County Commissioners for what they did - or didn't - accomplish at Tuesday's 7½-hour adult-entertainment marathon.

Some will say the board wasn't tough enough - allowing the existing legalized clubs to stay put if they play ball with the county. "Grandfathering" will be the rap because these clubs were allowed to keep going if they agreed to spruce up their outward appearances and stay clean inside. In other words, No drugs. No prostitution. Break the rules and No club.

The commissioners will also be blamed for allowing the Orlando Sanford Airport area to be considered for relocating or for the establishment of any new adult clubs. We salute District 5 Commissioner Daryl McLain, who fought against both the airport and Midway Commerce Park rezoning ordinances.

McLain introduced an amendment to the ordinance that called for more study by the county's comprehensive planning staff to come up with some better choices than Sanford. McLain's amendment passed, while he was able to vote against both Sanford sites.

None of the commissioners wanted to drop the entire load on Sanford, but had no other choice Tuesday than to comply with a gameplan set by the U.S. Supreme Court. McLain, himself, defended the county's planning staff when it was attacked for not taking more time to make its recommendations. A couple of other suggestions simply weren't feasible.

We were impressed the way County Manager Gary Kaiser and other county leaders staged the public meeting. An event management team went into action as it would in a disaster situation. Every detail was taken care of by the county. Where there could have been chaos there was calm. There wasn't enough room to seat everyone in the BCC chambers - 500 people for 190 seats.

County staff made sure that everyone was not only safe but ready to testify when called by the commission even if they were somewhere else in or outside the county building. Chief Fire Inspector Kirk Middleton worked a 20-hour day as did countless others. BCC Chairman Randy Morris skillfully kept things moving.

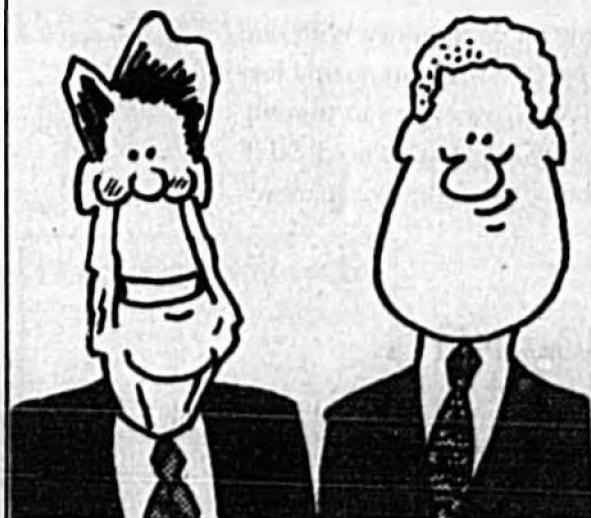
It's hard to find fault with the procedure or the results.

On July 22, there will be another marathon public hearing when the commission tries to adopt a public nudity ordinance. We expect the county to shine that night, too.

Let your voice be heard

Our readers are invited to contribute guest opinion columns for publication, as well as letters to the editor. Opinions expressed need not be those of the Herald; we may or may not agree with you, but we will always uphold your First Amendment right to express your views.

Berry's World



TEFLON VELCRO?

Jim Berry
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WILLIAM A. RUSHER

Apologizing for slavery and other atrocities

The proposal, by a bipartisan group of a dozen congressmen, that Congress pass a resolution apologizing to our black fellow citizens for America's history of slavery is just the tip of the iceberg.

In the first place, as Clarence ("Eleanor is right") Page pointed out on ABC's "This Week," it isn't enough. Already certain black spokesmen have begun suggesting that only "reparations" -- i.e., cash -- will ease the pain of the present generation of black Americans. There is, after all, the precedent of the reparations paid by the government not long ago to still-living Japanese-Americans who were interned in camps, without the slightest justification, after Pearl Harbor.

But at least in that case the people being compensated were the ones who had suffered the internment. In the case of slavery, the apology is to be made, on behalf of people who have never enslaved anybody, to other people who have never been enslaved. It would simply be a spectacular example of "feel-goodism," and would very probably have the unintended side effect of encouraging some blacks to conclude that the United States has officially conceded that it owes them a living.

But if we're going to apologize to our black



At least in that case the people being compensated were the ones who had suffered.

fellow-citizens for the historic wrong of slavery, be assured that it won't (and in fairness shouldn't) stop there.

If there was ever a group of Americans that deserves an apology from the rest of us, surely it is the Indians. We whites simply landed and took over their territory, and compounded our aggression by breaking practically every treaty we subsequently signed with them.

And Lord knows Hispanic Americans (or at least those from Mexico) are entitled to an apology for the huge swaths of territory we wrested from Mexico in the 19th century. As a

matter of fact, wouldn't common decency suggest that we ought to return most of the southwestern United States, from Texas to California, to Mexico?

But why must the United States do all the apologizing? Shouldn't other countries admit their derelictions too? Shouldn't Britain apologize to India and Pakistan for exploiting the whole subcontinent for 300 years? For that matter, wouldn't it be nice if the British House of Commons apologized to the 13 states that comprised their American colonies for trying to keep them in subjection against their will?

Similarly, Japan certainly ought to apologize to Americans for Pearl Harbor, not to mention apologizing to the Chinese for the Rape of Nanking. Germany should apologize to the Russians for invading them as well as to the Jews for trying to annihilate them. Turkey ought to apologize to Armenia for all the Armenians it slaughtered, and South Africa's whites owe an apology to its blacks for the long years of apartheid. (Please note, by the way, that all of those listed in this paragraph as deserving an apology are still represented by living people, who thus are as entitled as the aforementioned Japanese-Americans to

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MORTON KONDRACKE

House GOP damage party's appeal

Instead of acting like the winners of the 1996 elections, House Republicans are behaving as if they were still the minority party. If they keep it up, they could be back in that position soon enough.

All historic precedents call for the Republicans to score big gains in the 1998 elections, but if they repeat performances such as they've turned in over the past two weeks, voters may conclude that they don't know what to do with prime time.

It was mistake enough for party leaders to yield to hard-liners and play politics with disaster relief. To follow that up by pillorying those who tried to cut GOP losses indicates a zealotry that can only damage the party's appeal.

House Speaker Newt Gingrich, R-Ga., along with Senate Majority Leader Trent Lott, R-Miss., made exactly the right calculation after the 1996 elections were over: The public is sick of partisan warfare. It wants problem-solving action, and there is no alternative to compromise, given the fact that a Democrat sits in the White House.

Moreover, even though former Rep. Vin Weber, R-Minn., may overstate when he says that President Clinton is an "Eisenhower Republican," the fact is that the playing field on which deals are made between Congress and the White House is fundamentally Republican territory.

Balancing the budget, cutting taxes, reforming Medicare, cutting spending, and reducing government are all GOP objectives. Clinton has accepted them; the only question is, how will they be implemented?

Within that framework, there is every opportunity for the GOP to push right -- as it's now doing on capital gains taxes, funding for the National Endowment for the Arts and Medicare.

There is even room for Republicans to pick fights that will serve their base constituencies or help define differences between the parties. Examples are the ban on partial-birth abortions and the balanced budget amendment.

What Lott and Gingrich realized from the outset, though, was that majority status in Congress brings with it a responsibility to help govern the country.

But that idea has never sunk in among the Jacobins of the party, who believe in permanent revolution and accuse any leader who settles for less than total victory of committing treason.

In a sense, it's poetic justice that Gingrich is now the victim of revolutionary fervor. He, after all, was the Robespierre who first conspired within the GOP to challenge moderate leadership and then led conservatives to triumph.



House Republicans are behaving as if they were still the minority party.

In the process, though, he gave his followers such a taste for blood that, when enemy flesh is not available, they start after that of brethren.

What Gingrich did to undermine former House Minority Leader Bob Michel, R-Ill., Gingrich's No. 2 man, Rep. Dick Army, R-Texas, is doing to Gingrich now -- perhaps even more nakedly.

Usually, in the Michel days, Gingrich was respectful in public toward his leader even as he undercut him behind the scenes. At a press conference last week, Army didn't even hide his contempt, telling questioners to "have a nice day" when they asked if Gingrich could be an effective leader.

Gingrich is scurrying to pretend that nothing unusual is going on, just a "self-fed media frenzy," but even he acknowledged to David Broder of the Washington Post that "some of our conservative critics are so used to being on defense that they automatically yell, 'Sack the quarterback' even when it's their quarterback on the field."

The fact is that those doing the yelling are in Gingrich's own backfield. When the speaker tried to rescue his party from the p.r. trouncing it got from holding up disaster relief to the upper Midwest, he was opposed by almost all of his subordinate leaders.

Army, moreover, gave aid and comfort to firebrands who were calling for Gingrich's head, much as the Jacobins got Robespierre's.

And Gingrich knows it. Last week, Gingrich was observed in a loud, harsh, finger-pointing match with Army in a Capitol hallway. And before long, Gingrich may publicly call out Army or one of his followers and dare him to challenge him for speaker.

The conventional wisdom -- probably correct -- is that this intrigue is all inside-the-Beltway stuff that the public cares little about. On the other hand, it bespeaks an extremist cast of mind that the public has repeatedly shown it distrusts.

As a result of 1995 extremism, Republicans nearly lost control of the House in 1996.

See Kondracke, Page 5A

GEORGE PLAGENZ



Is it true that ministers, who ought to be experts in praying, don't know how to pray?

Getting personal with your prayers

Dr. Richard Cabot, a famous physician at Massachusetts General Hospital in Boston, once said that if more ministers knew how to pray for the people in their congregations who came to them for help, 60 percent to 70 percent of those who fill doctors' waiting rooms wouldn't have to be there.

Is it true that ministers, who ought to be experts in praying, don't know how to pray? Listen to what one woman has to say about her own pastor.

"Recently," she writes, "I went to speak to the senior minister of my church to tell him of my marital problems. He was very concerned and encouraging, and when I was leaving, promised to think about me every day."

"I wanted to tell him that all my unbelieving friends were thinking about me. What I needed was a prayer warrior. I am saddened that I must go to another group in my city to request prayer for me and my husband."

"I have lots of people thinking of me. What I need are people who can address God on my behalf and assure me I will be remembered in prayer."

This woman is not alone in her search for "prayer warriors" over optimists ("I'm sure everything will be fine") or positive thinkers ("You've got to look on the bright side"). Of course, this woman could have done her own praying. In fact, she probably had. But most of us, when dealing with a crisis, would feel better if we know others will reinforce our prayers by remembering us by name in their prayers.

What bothers many of us about prayers we hear in church or find in a prayer book is that they are too impersonal to be helpful. One size prayer is made to fit all. We want prayers that speak personally to our condition -- that mention our name and our need and God's name in the same prayer.

Margaret Creal's novel, "The Man Who Sold Prayers," tells of a clergyman who succeeded in doing that. Rev. St. Claire Gwynne (known as "Saintly") wrote custom-made prayers for people and soon found he was getting more requests than he could fill. Did the made-to-order prayers work? If by that we mean, "Did the people all get what they prayed for?" the answer is no. But in another sense they did work.

Take the woman who asked Saintly to write a prayer to help her win the lottery. She said afterward, "When I didn't win, I was really disappointed. But I got used to saying the prayer the reverend wrote for me and I kept saying it. Now I've found the 'spiritual fortune' he wrote about in that prayer and it's better than anything money can buy."

But there was a down side for Saintly in all this prayer-writing. As he looked at the piles of requests stacked high on his desk -- one pile for people who wanted to be healthy, a pile for those who wanted to be rich, another for those who wanted to change something (like the weather or the government) -- he grew uneasy.

"They all boil down to I-want," Saintly mused. "No one orders a prayer that says, 'God, how marvelous!' or 'You're simply divine.' It gets very depressing hearing all those I-wants and Give-mes."

Perhaps we are looking too hard for the answers to our prayers. There is one prayer that always works and answers all our needs.

Happiness, as we all know, is not a matter of getting everything we want. It is a

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Sports

B

Extra Points...

Jeff Berlinicke
Herald Staff Writer

Seminole is becoming a hotbed for pro baseball

SANFORD Bring on Dade County. Take your best shot, Hillsborough. You want a piece of us, Duval County? Okay, Hillsborough might be a stretch, but if you look at the professional baseball talent put out by Seminole County in the last few years, we have to rank right up there with any county in the country.

Tim Raines comes to mind easily enough, but what if we put together an all-star team of current Seminole County players receiving professional paychecks?

Hillsborough would be tough. The county has produced talent like Dwight Gooden, Gary Sheffield, Wade Boggs and Tino Martinez for starters. But if you put tiny, little Seminole County up against the three biggest counties in the state, Seminole would probably make out okay.

How's this for a roster. The pitching staff could start off with Lyman grad Chris Brock who recently joined possibly the best starting rotation in major league history with the Atlanta Braves. After Brock, you have Brett Black, a recent graduate of North Carolina State and Lake Brantley who was taken early in the major league draft last month. Brad Rigby who should be joining the Oakland A's any day now, and Oviedo's Greg Twigg, who is toiling in the Chicago Cubs organization, and Brian Buchanan, one of the New York Yankees' top prospects.

Also, don't forget Lake Mary's Pam Davis who last year became the first woman to pitch in a professional game. She is currently the ace of the Colorado Silver Bullets.

There is plenty to choose from at catcher, so we might have to place them at other positions for now. Give the mask to Lake Brantley grad Jerry Thurston, a member of the 1990 national champions.

Over at first, from Lake Howell, you have Dave Martinez, currently with the Chicago White Sox. Martinez tied a major league record the other night at first, pulling off two unassisted double plays in a game.

David Eckstein (Seminole), now in the Boston Red Sox chain, heads out to second base. Eckstein went from a freshman walk-on at the University of Florida to breaking the school's all-time record list this spring.

Wea Weger (Lake Mary), still just one step from the majors, takes shortstop. He was traded over the winter from Milwaukee to Montreal and, if he could just stay healthy, he still has a promising future.

Long before Jason Veritek won national Player of the Year honors at Georgia Tech, he was a third baseman for the Lake Brantley national champions. He is in the Seattle chain currently and should receive a call-up by September at the latest.

The outfield is star-studded as well. Obviously, the greatest athlete in Seminole County history, Tim Raines patrols left. At Seminole, he is still the local legend and looks great sporting his World Series ring from last season with the Yankees.

Deon Daniels (Seminole), from the Minnesota Twins chain, patrols center field. He should be trying to fill Kirby Puckett's shoes in about two years.

Over in right, Eddie Taubensee gets rid of his catchers' gear from the Cincinnati Reds. The pride of Lake Howell bats cleanup on this team.

The Seminole All-Stars are in good hands with Goldenrod's Dave Johnson at the helm. He already has a ring from the 1986 Mets and may get another one in Baltimore this October.

Are injuries going to be a problem for our guys?

Well, check out this bench: Mark Bellhorn (Oviedo, Auburn, currently playing second base with the Oakland Athletics), Mike Meadows (Seminole, Mets' chain), Greg Thomas (Lake Brantley, national Freshman of the Year at Vanderbilt), Chad Ebert (Lake Mary, San Diego Padres' chain) and Nick Sosa (Lake Mary, Oakland A's chain).

Since they aren't Seminole County natives but have established long-term residence in the community and have children excelling at the youth level, how about if we make Frank Viola (all-star with the Mets and member of the world champion 1987 Twins) the pitching coach and Chet Lemon (1984 world champion Detroit Tigers and Chicago White Sox) the hitting coach?

Throw in future professionals such as Seminole's Chris Louwsma, Alex Acosta, C3 Williams, Lyman's Danny Bojczagis, Oviedo's Ben Knapp, Lake Mary's Jimmy Smith and Lake Brantley's Tanner Brock and Robbie Sitz among others and you have quite a team.

Bring on Hillsborough County!
Last Second Shot: Based on current rosters, the Miami Dolphins are Florida's third-best NFL team, far behind Jacksonville and Tampa Bay.

Ugly in Lake Mary



Leaders romp in softball

From Staff Reports

LAKE MARY — It was not a night for the meek at the Lake Mary Sports Complex as the top three teams pummeled their opposition in the City of Lake Mary Department of Parks and Recreation Men's Spring Wednesday Night Slowpitch Softball League.

League-leading Beer:30 cruised 17-1 in five innings and the two teams tied for second, Leffer and Sons Trucking and United States Postal Service, won 21-0 over Home Depot in four innings and 17-4 over Papa B's in six innings, respectively.

See Softball, Page 2B

Eddie Rodriguez scored a run and drove in a run to help United States Postal Service whip Papa B's 17-4 in

Lake Mary Men's Spring Wednesday Night Slowpitch Softball at the Lake Mary Sports Complex.

Bravo set for national wrestling tournament

Special to the Herald

LAKE MARY — The South Seminole Sertoma Club will sponsor Anthony Bravo to the USA Junior National Wrestling Tournament at North Dakota State University July 19-26.

The tournament will present a unique opportunity for Bravo to compete with the top wrestlers in his age bracket in the country today.

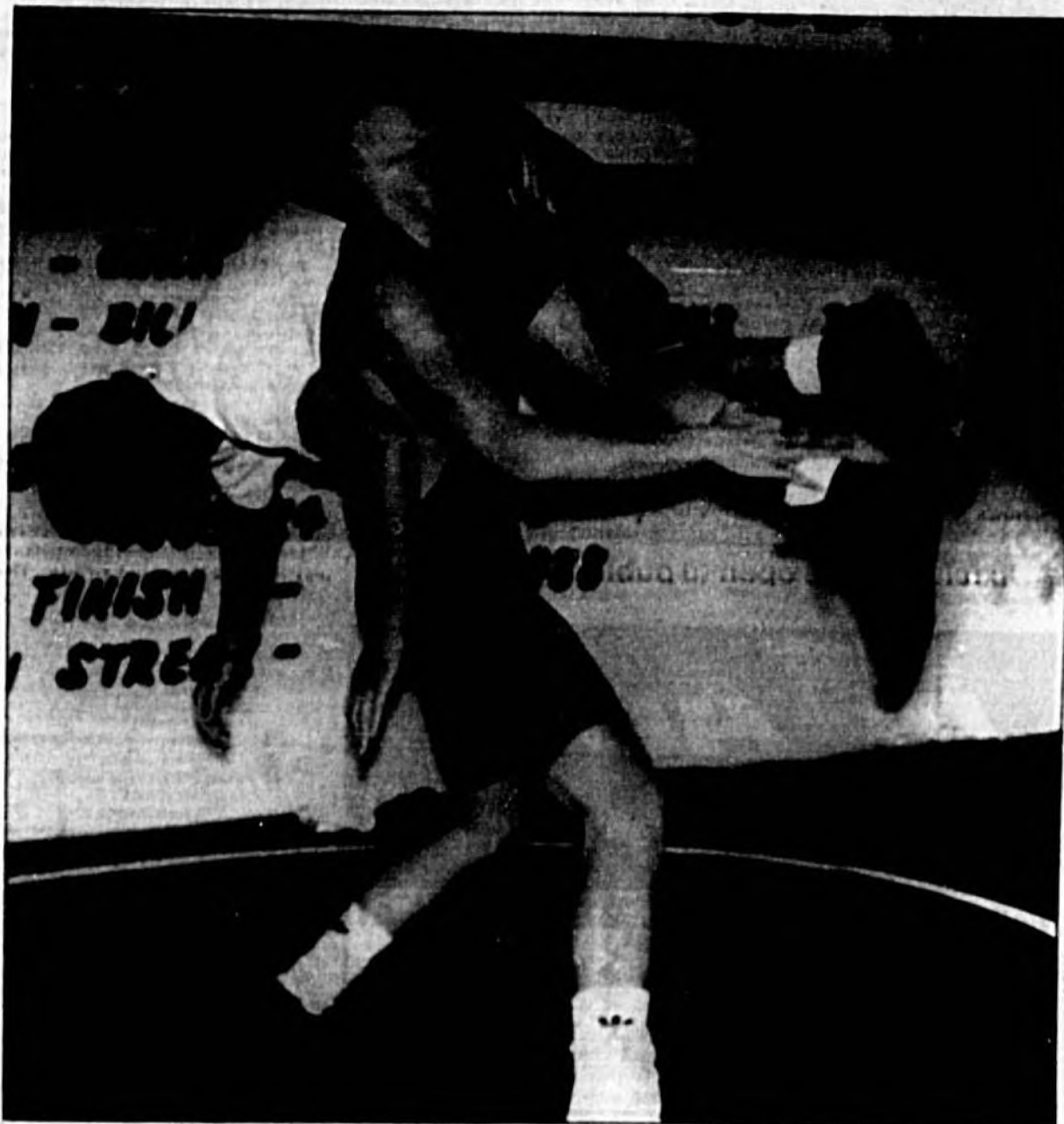
As a senior at Lake Mary High School this year he was the wrestling team captain and was a district champion, a regional runner-up and a state qualifier. He was selected as the outstanding lightweight wrestler at the Optimist High School Wrestling Tournament, was given the Coaches Achievement Award by the Lake Mary football team and was selected the Outstanding Student-Athlete by the Fellowship of Christian Athletes of Seminole County.

The Sertoma Club sponsorship is based not only on Bravo's athletic achievements, but also on his academic accomplishments, which included a 3.66 grade point average this year.

Bravo has received and accepted an appointment to Virginia Military Institute (VMI) and will enter the institution this fall with aspirations of making the wrestling squad.

This is a two week venture which includes a week of training camp and a week of competition. Expenses are expected to approach \$1,000.

If you would like to help assist Bravo in an exciting opportunity to represent his family, Seminole County and the State of Florida in this competition you can make a tax deductible contribution to the Sertoma Club.



Anthony Bravo (standing, dark uniform) High School as he prepares for next month's USA works out with Lisandro Rosales at Lake Mary Junior National Wrestling Tournament.



This year's Lake Mary Summer Track Series attracted a very young crowd, most of which were between the ages of two and eight years old.

Lake Mary Summer Track Series ends

From Staff Reports

LAKE MARY — Another June, another successful Lake Mary Summer Track Series.

For years Mike Gibson and Lionel Bonck have given the runners of Seminole County a place to come and have fun while keeping in shape. But now it has become something else.

A breeding ground for young and up-and-coming runners for the future.

This year's three Monday's, one week got rained out, drew an amazing amount of youngsters, most between the ages of two and eight years old. And that's both boys and girls.

In fact, only seven of the 86 competitors that took part were over the age of 14. So it looks like track will not be losing ground to the other sports for year's to come.

Here are the results from this Summer's Lake Mary Track Series at Lake Mary High School's Don T. Reynolds Stadium.

MALE (ages in parenthesis)
JUNE 2
SAND UNDER
LONG JUMP — 1. Robert Terwilliger (eight), 9.9; 2. Brooks Griffith (eight), 8.1; 3. Carler McNeil (eight), 7.6; 4. Clay McNeil (six), 7.1; 5.

Ben Louwsma (six), 6.8; 6. Brady Griffith (six), 5.5; 7. Kyle Terwilliger (six), 4.7; 8. Evan Terwilliger (four), 4.3.
50-METER DASH — 1. Robert Terwilliger (eight), 8.4; 2. Carler McNeil (eight), 9.0; 3. (tie) Brooks Griffith (eight) and Ben Louwsma (six), 9.3; 5. Kyle Terwilliger (six), 10.8; 6. Brady Griffith (six), 11.1; 7. Clay McNeil (six), 11.2; 8. Evan Terwilliger (four), 11.9; 9. Carson Creamer (two), 21.7; 10. Mike McNeil (two), 34.3.
100-METER DASH — 1. Robert Terwilliger (eight), 17.2; 2. Ben Louwsma (six), 18.9; 3. Carler McNeil (eight), 18.6; 4. Brooks Griffith (eight), 19.1; 5. Kyle Terwilliger (six), 20.7; 6. Brady Griffith (six), 22.1; 7. Clay McNeil (six), 22.7; 8. Evan Terwilliger (four), 24.1; 9. Carson Creamer (two), 31.9; 10. Mike McNeil (two), 44.7.
150-YD
LONG JUMP — 1. Tyler Ganas (11), 12.6; 2. Mike Mosler (11), 12.0; 3. Cameron Smith (11), 10.4; 4. John Schaffer (12), 9.4.
50-METER DASH — 1. Tyler Ganas (11), 7.8; 2. Cameron Smith (11), 7.2; 3. Mike Mosler (11), 8.0; 4. John Schaffer (12), 8.4.
100-METER DASH — 1. Tyler Ganas (11), 13.4; 2. Cameron Smith (11), 15.1.
200-YD
100-METER RUN — 1. Dave Brishford (20), 4.470
SAND-UNDER
1,000-METER RUN — 1. Lionel Bonck (55), 6.119
JUNE 16
SAND-UNDER
LONG JUMP — 1. Robert Terwilliger (eight), 8.8; 2. Brooks Griffith (eight), 7.9; 3. Rob Dani (seven), 7.2; 4. Bob Kidd (eight), 6.8; 5. Brady Griffith (six), 5.8; 6. Chandler Strickland (six), 4.1; 7. Kevin Pullis (six), 4.0; 8. Evan Terwilliger (four), 4.0; 9. Randy Kidd (six), 3.0; 10. Clayton Winble (four), 2.8; 11. Greg Pullis (three), 1.8; 12. Kyle Krupke (three), 1.2.
50-METER DASH — 1. Robert Terwilliger (eight), 7.2; 2. Rob Dani (seven), 7.2; 3. Bob Kidd (eight), 8.1; 4. Brooks Griffith (eight), 8.2; 5. Kyle

See Track, Page 2B

FOR THE BEST COVERAGE OF SPORTS IN YOUR AREA, READ THE SANFORD HERALD DAILY

BLONDIE

by Chic Young



BEETLE BAILEY

by Mort Walker



THE BORN LOSER

by Art Sansom



PEANUTS

by Charles M. Schulz



ECK & MECK

by Howie Schneider



TUMBLEWEEDS

by T.K. Ryan



ARLO AND JANIS

by Jimmy Johnson



FRANK AND ERNEST

by Bob Thaves



GARFIELD

by Jim Davis



ROBOTMAN*

by Jim Meddick



Side effect deserves attention

DEAR DR. GOTT: I have been prescribed Pravachol to lower cholesterol. I've read that tender muscles are a side effect. I have this symptom, yet when I told my doctor, he didn't change the prescription. Am I in danger?

DEAR READER: Possibly. Pravachol is one of a group of cholesterol-lowering drugs called "statins." While effective in reducing cholesterol, the "statins" can cause an unusual side effect called "rhabdomyolysis," destruction of muscle that can lead to renal failure. Although muscle tenderness is a relatively common and harmless consequence, the more serious complication must also be considered because — even in the presence of minor muscle pains — rhabdomyolysis may occur.

The diagnosis is made by a blood test. If the test is positive, the drug should be stopped immediately before irreversible kidney damage occurs. Return to your doctor at once and ask him to perform a CPK blood test. This will tell whether your muscle pains can be ignored or if they are cause for alarm.

In my opinion, your physician should have been alert to the possible side effects of Pravachol. Any patient on this drug should be blood tested if he or she develops muscle aching or weakness.

To give you more information on cholesterol, I am sending you a copy of my Health Report "Understanding Cholesterol." Other readers who would like a copy should send \$2 plus a long, self-addressed, stamped envelope to P.O. Box 2017, Murray Hill Station, New York, NY 10158. Be sure to mention the title.

DEAR DR. GOTT: My 4-year-old grandson recently experienced nausea, vomiting and a fever of 103. During an overnight hospital stay for intravenous fluids to treat dehydration, his fever shot up to 105. The doctor wasn't concerned, but I was because I remember when my brother had a seizure from a high fever. How high does the fever have to go before this happens?

DEAR READER: The possibility of febrile convulsions in a youngster is always a concern. Such an event, which is frightening, is largely unpredictable, however. Some young children seem to have a high threshold for seizure activity, while others may convulse at lower temperatures. The reason for this is unknown.

I begin to worry at about 103 degrees, at which time I become more aggressive in treating the fever with more than Tylenol. Tepid baths or even a cooling blanket may be necessary.

Your grandson evidently is resistant to high fever. He didn't have a convulsion at 105, so the doctor was correct.



MEDICINE
PETER GOTT, M.D.

he probably relied on fluid replacement to bring the fever down.

DEAR DR. GOTT: In a recent column, you commented on the potential benefits of routine CT scanning for pancreatic and ovarian cancers. You said that although the scans are expensive, many people are choosing to be tested on the outside chance

that an early, treatable cancer could be discovered. Does this hold true for prostate and colon cancer as well?

DEAR READER: In theory, yes. I have yet to make up my mind about routine CT scanning in healthy adults. As I said before, the costs would be astronomical and the benefits small — at least for the adult population as a whole.

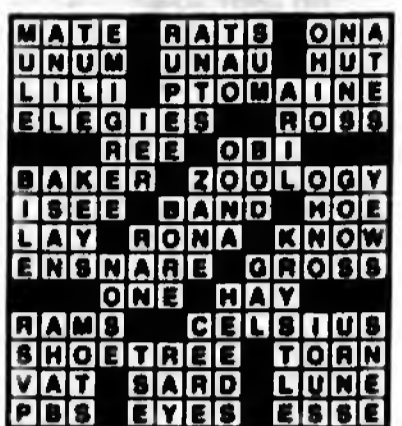
The newer CT scans can produce amazingly detailed pictures of structures within the body. Thus, it is conceivable that such testing could result in the very early detection of hidden malignancies.

However, as I mentioned, this technique is still a long way from being generally accepted as appropriate for universal use. Nonetheless, this issue will surely continue to stimulate lengthy discussion in the future.

- ACROSS**
- Labyrinth
 - Smoky
 - Roman dozen
 - Maple genus
 - On the sheltered side
 - Futura bits
 - Mrs. Dick Tracy
 - Binger Turner
 - Drivers' org.
 - JFK sight
 - Tennis-court divider
 - Dangerous
 - Sustenance
 - Compass pt.
 - East side
 - Life jacket (2 wds.)
 - Is not well
 - Difficult
 - Born
 - Gridders' org.
 - Doe
 - Actor Cronyn
 - Presents an obstacle to
 - Small rugs
 - High cards
 - Enthusiastically
 - Heartbeat sounds
 - Dialked

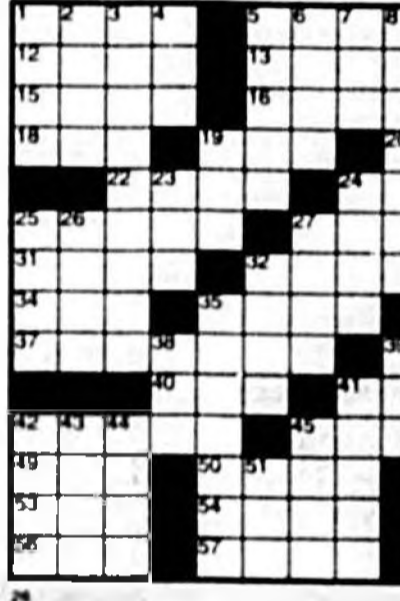
- DOWN**
- 39 Showed one's anger
 - Holiday suffix
 - Tandy
 - Threshing tool
 - Comedian Sparks
 - Greek letter
 - Intend
 - Mild oath
 - Anita or Flvere
 - New (pref.)
 - In a poke
 - Tamarisk salt tree
 - Gloomy —
 - Gardener's need
 - Layer of tissue

Answer to Previous Puzzle



- Disembarked
- Buddhism type
- Longed (for)
- Dec. holiday
- Author Dinesen
- Do as —
- Egg drink
- Labor org.
- Cricketer
- Fragment
- Cooling devices
- Elevator, in Britain
- Operates
- Set
- Ornamental pattern
- Set up (golf balls)
- Speeds
- Florida race track
- Shack
- Roman 2,001
- Fashion
- Shell
- Canine tooth
- Place
- Famous — (cookie maven)
- River nymph
- Ship's body
- Olive genus
- Mail center abbr.
- A — on the back

STUMPED? Call for Answers • Each issue of *Sanford Herald* has a crossword puzzle. For more puzzles, call 1-800-454-3536 ext. code 100.



WIN AT BRIDGE

Is this so difficult?

By Phillip Alder

In my bridge classes, I stress thinking in straight lines. Easier said than done, of course, but if you cannot think straight, you will never play this game well.

West certainly didn't think logically on this deal. If you believe you would have done better, cover the East and South hands. Against four hearts, you lead the trump three five, seven, nine. Declarer continues with the club four. How do you defend?

South opened with a weak two-bid, showing a decent six card suit and some 6-10 high card points. West's three diamond overall is debatable — a takeout double is preferable.

You need four tricks to defeat the contract. Presumably, your three aces are all winners. But where is number

four? If South has the diamond king and partner can gain the lead, a diamond switch will do the necessary. Yet if South has the diamond king, where is East's entry? He cannot have a winner. So, West must assume that East has the diamond king. After winning trick two with the club ace, cash the diamond ace and spade ace before playing a second diamond. Here the contract is quickly one down.

At the table, West ducked the club ace at trick two. After winning with dummy's queen, declarer played a spade to her jack and West's ace. Back came another trump. Declarer soon claimed 10 tricks: two spades, six hearts, one club and one diamond ruff in the dummy. Was West a beginner? Far from it. This deal occurred during the final of a national team championship.

Search for a lie of the cards that will allow you to defeat the contract.

North 04 26 97

♠ K Q 8 7
♥ K Q 5
♦ 5 3
♣ K Q 7 5

West East

♠ A 9 6 ♠ 10 5 4 3
♥ J 3 ♥ 8 7
♦ A Q 10 7 2 ♦ K 6
♣ A 10 2 ♣ J 9 8 6 3

South

♠ J 2
♥ A 10 9 6 4 2
♦ J 9 8 4
♣ 4

Vulnerable: North-South
Dealer: South

South West North East
2♥ 3♦ 4♥ All pass

Opening lead: ♥ 3

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HOROSCOPE



Friday, June 27, 1997

A favorable change in your financial structure is a strong probability for the year ahead, even though initially you may feel like you're marking time instead of going forward.

CANCER (June 21-July 22) It could prove very unwise today to agree to something before you know all that is required of you. Once you're locked in, it won't be easy to break out. Get a jump on life by understanding the influences that govern you in the year ahead. Send for your Astro-Graph predictions for the year ahead by mailing \$2 and SASE to Astro-Graph, c/o this newspaper, P.O. Box 1758, Murray Hill Station, New York, NY 10158. Be sure to state your zodiac sign.

LEO (July 23-Aug. 22) There are a number of assignments that might require

your attention today, but if your heart isn't in your hammer, you could end up with broken nails.

VIRGO (Aug. 23-Sept. 22) Lady Luck could be a bit fickle today, so it's best you bank upon your common sense and not upon whims of fate. Play your cards carefully and realistically.

LIBRA (Sept. 23-Oct. 23) Librans are known for their graciousness and hospitality, but today you might not be in the mood for guests. You should be back to yourself tomorrow.

SCORPIO (Oct. 24-Nov. 22) Everyone makes mistakes on occasion, and you're no exception. If you err today, don't cover up. No one will think less of you for confessing.

SAGITTARIUS (Nov. 23-Dec. 21) Today you may be a bit more careless than usual in the management of your resources. Conduct all financial affairs in a businesslike manner.

CAPRICORN (Dec. 22-Jan. 19) You might be quite indecisive today. It is best you take a strong position and maintain it or you could get caught in a revolving

door.

AQUARIUS (Jan. 20-Feb. 19) Be extremely selective today regarding to whom you go to for advice. Your chart indicates your counselor may know less about the issues than you do.

PISCES (Feb. 20-March 20) Avoid groups today who make you feel uncomfortable. Why subject yourself to feeling uneasy when you can be around pals who make you feel good?

ARIES (March 21-April 19) Your mode of behavior will be scrutinized by your peers today. Those who will be observing may be waiting to see if you lack social grace.

TAURUS (April 20-May 20) Your plans are reasonably well thought-out, but today you might give them just a lick and a promise, and leave them vague and ineffective.

GEMINI (May 21-June 20) Today you might move your funds around in ways that could rob Peter to pay Paul. Do not kid yourself into believing you're balancing your budget.

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ANNIE

by Leonard Starr

