76th Year, No. 130-Wednesday, January 18, 1984-Sanford, Florida 32772-1657

Robbed For 2nd Time In A Week

Thugs Add Kidnapping, Beating To Cabbie's Woes

Sy Susan Loden Herald Staff Writer

A week ago, Yellow Cab driver Mary Jo Carroll lost \$40 of her own money to a gun-toting bandit. Early this morning, she was robbed again, but this time she said she was also kidnapped and beaten.

Ms. Carroll, of Orlando, told Seminole County sheriff's investigators that she picked up a customer at the Why Not Lounge in the Holiday Inn on Wymore Road. Altamonte Springs, around 1 a.m.

She said the man brandished a chrome-plated revolver and told her, "Don't ask any questions, just drive." Ms. Carroll told deputies that she drove through Apopka, Altamonte Springs, Longwood, Oviedo and Casseiberry before the gunman ordered her to stop at a construction site on Dike Road in Casselberry.

There, Ms. Carroll said, her white abductor was

joined by a black man who entered the cab, a sheriff's report said.

Evening Herald-(USPS 481-260)-Price 20 Cents

Ms. Carroll said the men robbed her of an undisclosed amount of cash and drove off in a car that the second suspect had apparently driven to the scene.

A security guard at the construction site called the sheriff's department and Ms. Carroll was transported to Winter Park Hospital for examination.

Sheriff's Capt. Jay Leman said hospital personnel found no injuries that required treatment.

On Jan. 11, Ms. Carroll was robbed of \$40 of her own money by a gunman who approached her car while she was parked at Butler Plaza. Casselberry, at about 1 p.m., according to a sheriff's report.

In that case, the bandit was also driven from the scene by a second suspect who remained in his car while the bandit robbed Ms. Carroll, the report said.

Civic Leaders Listen, Support **Drug Battle**

By Deane Jordan Herald Staff Writer

With 282 civic and business leaders aboard, leaders of Sanford C.A.N. (Chemical Awareness Network) navigated their way through an evening of speeches and information Tuesday during a dining and drug-education cruise aboard the Star of Sanford.

The three-hour evening excursion, attended by elected officials and noted business leaders in Seminole County, was a conscious-raising effort by Sanford C.A.N., an organization formed in December to combat drug and alcohol abuse among local youths.

And the publicity chairman for C.A.N. says he hopes the next meeting, set for 8 p.m. Jan. 31 at the Sanford Civic Center. will bring some 5,000 people to hear how the group plans to combat drug and alcohol abuse here. An invitation to the rally was given along with a rose to every woman who attended the cruise.

Sanford Police Department, C. A. "Tony" Liberatore, publicity chairman of Sanford C.A.N., and a 16-year-old former drug addict and alcoholic from Seminole County.

The community leaders were told a definite problem of substance-abuse exists within Seminole County on the streets. In the schools, and at home.

Roll introduced the listeners to abuse facts gleaned during a survey of Seminole County school children.

Among sixth grade county students. 34 percent had drunk an alcoholic beverage. Four percent of them had used marijuana. The figures escalate per grade for each substance with 75 percent of the high school students drinking an alcoholic beverage within two weeks of the survey and 55 percent of them using mariluana.

The cold statistics were impassioned by the 16-year-old ex-addict who told the passengers he started taking drugs when

Herald Photo by Deane Jordan Sanford motorcycle patrolman Aaron Keith presents a rose to Karen Hamlet of Longwood as she boards the ship. Ms. Hamlet joined the cruise as a representative of a parent-teacher-student drug awareness group at Rock Lake Middle School. Every woman on the excursion was given a

Murder Trial Set To Begin

A 55-year-old Sanford woman is scheduled to go on trial for second degree murder Thursday in the September shooting death of a man at a Sanford rooming house.

Louise Rice, of 308 E. 5th St., is charged in the death of Don N. Atkins, 30, of apartment 4, 409 Palmetto Ave., Sanford. She is also charged with carrying a concealed weapon.

According to police reports, Atkins was killed when a woman entered his apartment at about 10:45 p.m. Sept. 8 and pointed a .22-caliber pistol at Atkins and Katrina Sanders, who was also present in the room.

The woman threatened to shoot the pair and then fired one shot which struck Atkins in the forehead. The woman then fled, according to Sanford police detective Donnie L. Anderson.

Atkins died a week later at the Central Florida Regional Hospital from the wound. An autopsy showed the cause of death to be massive lacerations to the brain caused by a small caliber bullet which entered through the left forehead, according to Dr. Sara Irrgang, assistant medical examiner for Seminole County.

Miss Sanders, who shared the room with Atkins, was not harmed. She called the police and officers arrested a suspect a short time later near the scene of the shooting. Miss Rice, who was originally charged with attempted

murder, was released from the Seminole County jail Sept. 9 after posting a \$10,000 bond.

-Deane Jordan

New Wells Expected



Ine message of the evening Tuesday to the captive audience was there is a substance-abuse problem in Seminole County and that something can be done about it if the community leaders unite in their effort to combat youth-level abuse and educate parents.

Among the speakers addressing the august assemblage were Circuit Court Judge Dominick J. Salfi, state representatives Fran Carlton, D-Orlando; Art Grindle, R-Altamonte Springs; and Bobby Brantley, R-Longwood; Seminole County school drug counselor C. Tom Roll, Sgt. William Bernosky of the

Cautious Optimism For Longwood Bailiff

he was 12 years old. He said he developed a habit that not only got him arrested while at school but miced him to steal from his friends and parents.

The boy said in his four years of buying and selling drugs in the schoolyard he had used alcohol, marijuana, quaaludes, amphetamines, psychedelic drugs, and cocaine. He said he also saw oplum and hashish abused by school kids.

He said his involvement with drugs began in a simple way. He was in a gifted student program at school and was having problems talking to his parents. rose, donated by Collins Florist, Sanford, and Lake Mary Florist, Lake Mary.

He said he noticed kids who took drugs and the effect it was having in the did not seem to have any problem. "That was what I wanted," he said.

He said throughout his plunge into drug abuse, which saw a drop in his grades and suspensions from school, no one placed restrictions or controls upon him until he appeared before Circuit Court Judge Salfi.

Salfi told the attentive audience - who gave him a standing ovation - that was a time when he knew little about drugs

community. Then, he said, a drug problem arose in his own family. The problem forced htm, as a parent, to learn how patterns of family life and pressure can cause a child to turn to drugs.

He explained how the problem seeps into the home and how the parent has to become educated in abuse to help solve the problem. Salfi said he believes strongly that the

See DRUG, page 8A

On Line By Feb. 11

Sanford's four new wells at Hidden Lake Park are scheduled to be in operation by Feb. 11 if state agencies continue expediting the permitting process. And the city will know within the next three weeks whether its six down EDB-contaminated wells at the Mayfair Golf Course can be rehabilitated.

In the meantime, City Manager W.E. "Pete" Knowles said today the city's water supply from eight wells at a field on U.S. Highway 17-92, two irrigation wells near Mayfair and the single Mayfair well operating remain free of the pesticide, ethylene dibromide, suspected of being a cancer-causing agent.

Testing has shown that capacity can be increased at the single operating well at Mayfair - Well 5 - and new pumps are to be installed there to boost capacity from-750 gallons per minute to 1,500 gallons.

Work was held up early this week on drilling the third well at Hidden Lake after vandals over the weekend smashed windows and gauges and attempted to stuff oil and paper into the well rig there. By Tuesday, the Meridith Corp. of Orlando, contractors drilling the wells, See WELLS, page 6A

TODAY

Provenzano Indicted In Courthouse Shootings

has indicted Thomas Provenzano on charges of killing a bailiff and wounding two other men during a wild shooting spree last week at the Orange County Courthouse.

Doctors, meanwhile, said they were "cautiously optimistic" Bailiff Harry Dalton, 53, of Longwood, now has been given a 50-50 chance of surviving a gunshot wound to the head. Dalton remained in serious condition today at **Florida Hospital.**

Provenzano, 34, was indicted Tuesday on one count of first-degree murder in the death of Bailiff Arnie Wilkerson, 60.

ORLANDO. Fia. (UPI) - A grand jury and two counts of assault with intent to commit first-degree murder in the shootings of Dalton and corrections officer Mark Parker, 19. His bond was set at \$450.000.

> Parker, who was shot in the back during the rampage, was listed in serious but stable condition at another city hospital but is paralyzed. Doctors said Parker has only partial feeling in his arms.

Provenzano walked into the courthouse on Jan. 19 to face charges of resisting arrest. Police said he then whipped out a revolver, a shotgun and

an assault rifle and opened fire in a courtroom and adjoining hallways. Provenzano was shot and wounded by another bailiff but not before the three court security employees had been felled.

Defense attorney Linda Gloeckner charged Tuesday that because of publicity surrounding the shootings, grand jurors could not be impartial in the case and that Provenzano was being railroaded.

"The grand jury system is supposed to be some kind of mediating board between the wrath of the public and someone being charged with a crime,"

Ms. Gloeckner said. "When was the last time you saw a murder indictment requested within seven days of the incident?'

State Attorney Robert Eagan said he called the grand jury into service a week after the shooting because the case "calls for immediate attention."

Eagan compared the case to the 1968 shooting of presidential candidate Robert Kennedy at a crowded California hotel.

We did not have any great mystery to solve about who did it." Eagan said. "But the evidence is the same today as it will be six months from today."

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Two Gunmen Slay President Of American University In Beirut

Gunmen killed Dr. Malcolm H. Kerr. president of the American University of Beirut, as he stepped off the devator near his office today, officials said. A pro-Iranian terrorist group claimed responsibility and also threatened to kill a kidnapped Saudi diplomat.

A caller saying he represented the Islamic Jihad (Holy War) Organization, the group that bombed the Marine headquarters, claimed responsibility for Tuesday's kidnapping of Hussein Farraj, the Saudi Arabian consul in Belrut. The caller said Farraj would be executed.

"Kerr was the victim of the American presence in Lebanon." the Jihad caller told the French News Agency. "We pledge that there will no longer be a single American or Frenchman on this (Lebanese) soil.

"Our organization assassinated Kerr and the body of the Saudi Arabian consul will soon be thrown out," the caller said.

The Islamic Jihad has claimed responsibility for numerous attacks

BEIRUT, Lebanon (UPI) -- on American and French peacekeeping troops, including the Oct 23 suicide bombings of the U.S. Marine headquarters at the Beirut airport, which killed 241 Americans, and at the French headquarters, which killed 58 French.

> Kerr. 52, a U.S. citizen born in Beirut, was killed by gunmen who surprised him as he stepped off the elevator outside his campus office. state-run Beirut Radio said quoting a preliminary police report. The report said there were two killers. Kerr, a political scientist and educator, was the replacement for acting President David Dodge, who was kidnapped in July 1982 and held for a year in Iran before being released.

Police said Kerr was killed shortly after 9 a.m. local time but his body was not immediately found. He was pronounced dead on arrival at the adjoining American University Hosplial, where he was born.

Dr. Ahmed Harati, a Lebanese government medical examiner, said Kerr was hit by a single built that "entered the heart and came out

from the left side of the head passing through the left car."

"There were no signs of gunpowder burns because the gun was equipped with a silencer and the bullet was fired from a very close range," the medical examiner told Belrut Radio.

There also were no signs of any struggle, indicating that Kerr was taken by surprise." he said.

A university official, who declined to be identified, said the gunmen were "apparently carrying silencer-equipped guns as no one heard any shooting.

Minutes after Kerr's body was discovered. Lebanese troops were rushed to the scene and all nearby gates were locked - keeping students and employees inside.

Married with four children, Kerr was appointed to his position in March 1982 after an academic career that included teaching political science at the University of California in Los Angeles.

Farraj was kidnapped Tuesday in broad daylight from a busy Beirut street by 10 gunmen.



Collision Course

Accident victim Raymond Gerry, 12, of 129 Hays Drive, Sanford, Is checked out by Frank Culbreth, Sanford Fire Department emergency medical technician, and Laura Drew, Herndon Ambulance paramedic, after being struck by a car on 20th Street half a block west of U.S. Highway 17-92 on his way to Sanford Middle School. The son of Barbara Gerry, he was transported to Central Florida Regional Hospital where he was treated for a scraped knee and released. In the background, Sanford police officers Richard Poovey and Andy Collazo Interview the driver of the car, Barbara Chambers, 33, of 1401 Valencia Court East, Sanford. She was not charged because the boy ran into the path of her car, police said.

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2A-Evening Herald, Sanford, Fl. Wednesday, Jan. 18, 1984



Offices To Beat Deadline BOSTON (UPI) - Smiling "as if they walked

out of confession." thousands of penitent tax procrastinators flocked to an amnesty program that ended with a cheer early today and was expected to net the state \$40 million in back laxes.

State revenue officials extended the operation more than 30 minutes beyond the midnight deadline so that anyone "showing up with a check" could participate.

Officials today were to dig through more than 13,000 unprocessed applications mailed in and thousands more were expected to arrive by Friday.

in all, the department estimated 30,000 procrastinators poured into tax offices across the state Tuesday, including four open until midnight.

About 60,000 taxpayers in all took advantage of the tax amnesty offer.

Administration To Be Sued

WASHINGTON (UPI) - A conservative group that says the administration pays too much attention to arms control talks and not enough to defense promised to file suit today to make the administration quit honoring unratified nuclear weapons pacts.

Conservative Caucus spokesman Charles Orndorff said the group believes President Reagan should concentrate on making the country strong so that it need not worry whether the Soviets abide by any arms agreement they might sign.

The suit, he said, maintains that the administration is violating a 1961 arms control statute which, he said, requires the government "not ... abide by any arms control agreement that has not been ratified in normal constitutional procedures."

The most recent arms control pact, the SALT Il agreement, was never ratified by the Senate, although the Carter and Reagan administration said they will abide by the unratified agreement as long as the Russians will.

Bulgarian Spy Jailed

NEW YORK (UPI) - A Bulgarian trade attache accused of trying to buy U.S. nuclear secrets remains in jail today despite a judge's ruling he has diplomatic immunity from prosecution.

Judge Vincent Broderick issued the ruling Tuesday In U.S. District Court in Mathhattan, but stayed his ruling until it could be appealed by the U.S. government.

The attache, Penyu Kostadinov, has been held at the Metropolitan Correctional Center without ball since his arrest Sept. 23 on charges of attempted esplonage and conspiracy to commit

Travelers Robbed Of \$14,000 Worth Of Jewelry

Three North Carolina travelers who stopped at a Sanford restaurant returned to their ear to discover over \$14,000 worth of jewelry and other items stolen.

Ernest Wilson Bame told Sanford police that and his wife and a traveling companion, Garland Hutchins, stopped at Bahama Joe's Restaurant, 2508 French Ave., Tuesday at 6 p.m. for dinner. When they returned to their car at 6:20 p.m., several items were missing including a jewelry case with over \$14,000 worth of jeweiry in it.

According to the police report, someone entered the locked car through the driver's front door using a wire to open it. The lewelry case was on the floor of the front seat and the other items were on the floor of the back. seat except a jacket that was draped across the front scat

Jewelry items taken include a \$6,800 gold chain with' a rare stone and diamond tier; a double-mesh gold chain with a pearl and diamond grape cluster, and a pearl, diamond and emerald ring, each valued at \$1,000; a pair of diamond earrings, \$760; a 24-inch string of pearls and

a 30-inch gold twist chain, each valued at \$750; a three-strand pearl bracelet with 14-karat gold ornament and clasp, and a cameo pin, each valued at \$500; a \$350 princess white gold ring with three diamonds: a pair of white gold diamond-chip earrings, \$300; a Bulova watch, \$250; an \$80 pair of gold ball earrings; and a \$65 pair of gold dangle carrings.

Other items taken in the theft include a disc camera valued at \$79, a pair of prescription glasses, \$80, a small golf bag, \$35, a man's lightweight jacket, \$16, and two mens fabric cases, \$9.

RAPE

A 33-year-old Altamonte Springs woman reported that she was raped by a man she gave a ride home from the Post Time Lounge on Dog Track Road, Longwood.

The victim said the man, whom she knew only as Kevin, drove her car when they left the bar together at about 2 a.m. Jan. 14. Instead of driving to his home, as she expected, the woman said the man drove to a dirt road near Florida Avenue off Lake Drive in Casselberry. There he threatened her with a knife and raped her, a sheriff's report said.

The victim said she did not report the assault until friends convinced her to call authorities Tuesday.

The victim reportedly told sheriff's investigators that since the attack, she has seen the suspect where she works.

BREAK-IN ARREST

A Sanford man who allegedly broke through a glass door to enter a house was identified by the home owner and picked up by police at the West Side Steakhouse on 13th Street shority after the break-in.

Roger Lee Jackson, 56, of 2218 W. 18th St., said the suspect hit her in the face and fled on foot.

The suspect, who cut his hand when he entered the home, left a trail of blood through the house. When Levi Chandler, 52, of 25 Higon Terrace, was arrested at 1:16 a.m. Monday he was taken to Central Florida Regional was transferred to the Seminole County jail, the police charge. report said.



Chandler was charged with burglary to an occupied structure and is being held in lieu of \$5,000 bond.

PLANE JUMPER BACK

sheriff's department airplane in October and was captured by California lawmen in December is now in the Seminole County jail.

Warren Gregory Farrow, 34, was escorted on a flight from California by sheriff's chief deputy Duane Harrell and arrived at 1 p.m. Thursday.

Farrow faces Seminole County charges of escape, in addition to the burglary and sexual battery charges that he was being brought to Seminole to face when he jumpped out of a sheriff's department airplane as it taxied to a stop at the Sanford Airport in October.

The original charges against Farrow stemmed from a 1982 Altamonte Springs case, and he was being the deputy pilot and co-pilot.

Although a massive manhunt was mounted for Farrow, who fled on foot, he was free until he was captured by Brea, Calif. police on Dec. 24 after he motorcyclesstolen. allegedly broke into a California home and tried to run over officers who chased him from the scene.

California charges against Farrow have been dropped. Farrow is being held in the Seminole County jail in lieu bike was placed at \$900, according to a police report. of \$16,000 bond on the sexual assault and escape charges. He is being held without bond on a burglary charge.

Farrow, a Florida transient, is also wanted in Alachua County on charges of sexual battery and burglary.

BREAK-IN

William A. Schmidt, 303 Goose Creek Drive, Winter Springs, reported that a radar detector valued at \$179 was taken from his unlocked car while it was parked at Willa Springs Shopping Center, Winter Springs, Friday at 11:30 p.m., a sheriff's report said.

WALLET TAKEN

James E. Lowndes, 25, of 1004 Forest Circle, Winter Springs, reported that his wallet containing \$100 cash and credit cards was taken from a locker at Holiday Spa. Butler Plaza, Casselberrry, between 9 and 10:15 p.m. Saturday, a sheriff's report said.

CONCEALED WEAPON

An Orlando man who was the passenger in a car stopped for a traffic check at Liquoir World on State Road 426, Oviedo, is being held in the Seminole County Hospital. Sanford, for treatment of a cut arm before he jail in lieu of \$5,000 bond on a concealed weapons

When ordered from the passenge's front seat of the

vehicle, the suspect allegedly dropped a .22-calibe handgun on the floor of the car, an Oviedo police officer reported.

Jimmey Lee Lane, 30, was arrested Saturday. **ROCK THROW** An Altamonte Springs man accused of throwing rocks

into the stands at a basketball game at Milwee Middle School, Longwood, is being held in the Seminole County tail in lieu of \$8,000 bond.

A Seminole County sheriff's deputy reported that the suspect had been yelling and creating a disturbance during the game Friday around 9 p.m. The man was warned that he would be asked to leave if he didn't calm down, according to the deputy's report. The man A fugitive who escaped from a Seminole County reportedly continued his rowdy behavior and threw rocks at people sitting in the grandstands.

The deputy recovered some of the rocks and arrested Bernard Pew, 19, of 114 Plymoth Ave., at 9:52 p.m. He faces a charge of throwing a deadly missile into a public building.

TOOLS REMOVED

A Sanford man discovered \$4,059 worth of his tools: missing Saturday morning.

George A. Simpkins, of 2403 Holly Ave., told police: that someone entered a utility shed at his home and removed power and hand tools costing over \$4,000.

Between the hours of 4:30 and 7 a.m. Saturday, someone took a power grinder, a tool box, an air transported from a North Carolina jail when he fled from compressor and \$3,500 worth of hand tools from Simpkins' shed, according to a police report.

MOTORCYCLES MISSING

In separate incidents, two Sanford residents reported

Cynthia Palmer, of 530 E. Airport Blvd., told police that between Dec. 15 and Friday, someone removed her Seminole County sheriff's Capt. Jay Leman said the 1976 Suzuki from a storage shed behind a residence at 2506 Mellonville and Sanford avenues. Value of the dirt

> Michele Anne Keys, of 603 Oak Ave., told police a: motorcycle she had charge of was taken from the street; at that address between 10:50 p.m. Saturday and 4 p.m.; Sunday

> According to a police report, the 1979 Kawasaki! belongs to David A. Keys, of Hialeah. Value of the bike! was set at \$900.

DUI ARRESTS

The following persons have been arrested in Seminole County on a charge of driving under the influence:

-Alvin Reid Morton, 31, of County Road 15, Lake Monroe, was arrested at 8:27 p.m. Monday on County Road 15, Lake Monroe.

-Edwin Leroy Schrsteat, 25, of 1412 Huntington Drive. Casselberry, Saturday after his car failed to maintain a single lane on State Road at Clark Street.

-Deloris Joiner, 28, of 103 13th St., Sanford at 1:52 p.m. on Airport Boulevard at Orlando Drive, Sanford. -John Gilbert Flores, 25, of 512 Foothills Way,

Casselberry, at 6:30 a.m. Sunday after her car was seen weaving on State Road 436 at Westmonte Drive, Altamonte Springs.

-Basil Gordon Bishop, 23, of 3150 Stone St., Oviedo, at 2:58 a.m. Monday on N. Central Avenue at Vine Street, Oviedo.

CYPRESS LEAN

BIG EIGHT

SLICED BACON

MEAT FRANKS

5Q¢

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Fryer Leg FAMILY PACK

BAG

Quarters

68¢



fire on Brisson Avenue 🛓

Undetermined A midnight residential

near Banio

espionage. He is accused of trying to buy secret documents about nuclear weapons security procedures from an American graduate student who was secretly cooperating with the FBI.

WEATHER

NATIONAL REPORT: Arctic winds blamed for December's deadly freeze shifted back across the central United States, sending wind chill readings down to 60 degrees below zero today and combining with Gulf Coast moisture to frost the central Plains with a half foot of snow. Sub-zero temperatures stretched from Montana and Wyoming across the northern Plains to the Great Lakes and as far south as Kansas. Wind chill readings of 60 below were reported in Wyoming today and forecasters said it would get colder across the central states later in the day. "The wind pattern has changed back to something not that much different from what we had in December, although the cold is not as severe." said National Weather Service meteorologist Hugh Crowther. "It's back to a north-south pattern more so than a west-east."

AREA FORECAST: Partly cloudy with a 30 percent chance of showers today with a high in the upper 70s to lower 80s. Wind southerly 10 to 15 mph. Tonight mostly cloudy. A good chance of showers or thunderstorms. Low lower 60s. Wind southwest 10 mph. Rain chance 50 percent. Thursday mostly cloudy, windy and colder. Highs mid to upper 60s.

BOATING FORECAST: St. Augustine to Jupiter Inlet out 50 miles - Southeast wind 10 knots becoming southerly 10 to 15 knots today and southwest tonight. Wind shifting to northwest late tonight and Thursday and increasing to around 25 knots. Seas 2 to 4 feet increasing Thursday. Scattered showers and few thunderstorms becoming more numerous late today and tonight.

AREA READINGS (9 a.m.): temperature: 68; overnight low: 62; Wednesday's high: 79; barometric pressure: 30.17; relative humidity: 100 percent; winds: south at 8 mph; rain: .02 inch; sunrise: 7:19 a.m., sunset 5:53 p.m.

THURSDAY TIDES: Daytona Beach: highs, 8:40 a.m., 8:57 p.m.; lows, 1:48 a.m., 2:38 p.m.; Pert Canaveral: highs, 8:32 a.m., 8:51 p.m.; lows, 1:39 a.m., 2:29 p.m.; Bayport: highs, 12:52 a.m., 2:59 p.m.; lows, 8:22 a.m., 8:09 p.m.

William W. St. John, Orange City

DISCHARGES

Donnie Desseu, Orlando

Lucila K. Echols. Sanlard

Fay Millar, Deltena Nathan Rosen, Deltena Jenniter M. Washingte girl, Sanford

Sanlord

(USPS 41-200)

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HOSPITAL NOTES

Central Florida Regi

Charles D. Hayes William D. Howard

Linds B. Livingston

Della J. Vanacker

Tuesday

ADMISSIONS

Frank C. Stenstrem, Lake Mary Maggie H. Stokes, Lake Mary Clifton Whilaker, New Smyrna

Year, 157.00. Phane (365) 322-3611.

Evening Herald

determined fought by a dozen Seminole County firefighters who put out the flames in 20 minutes. County Fire Battalion Chief Howard Poole said the fire, which was reported at 11:56 p.m., gutted the residence at 2121 Brisson Ave. No injuries were reported and a fire in-

vestigator was still at the scene this morning trying to determine the cause of the blaze, Poole said.

He said the firefighters. who responded with with three engines and a tanker, had the fire extinguished in 20 minutes but were at the site until 4:45 a.m. stowing equipment and cleaning up. The firefighters responded

from the county stations on State Road 46, Five Points, Midway, and Geneva. Poole said the firefighing efforts were endangered by power lines that fell on a chain link fence that surrounded the home. He said the fence gate was open so they could enter the area to fight the fire but that sheriff's deputies had to keep people away from the fence.

STOCKS

These quelations provided by mbers of the National Association of Securities Dealers are representative interdealer prices as of approximately non foday. Inter-dealer markets change throughout the day. Prices do not include retail markup/markdown. Bid Ask

.2476 2516 Atlantic Bani Barnett Bank. Florida Power 39% unchanged & Light unchanged Fla. Progress.16% 17 Freedom Sevings

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WHOLE

TWIN PAK



Evening Herald, Sanford, Fl. mednesday, Jan. 18, 1984-JA

Hollywood To Fight Back Film Industry Wants Congress' Help On Videotaping Issue

WASHINGTON (UPI) - The Supreme Court ruled that reverse the thrust of the decision. Americans are not breaking the law by videotaping television programs at home, but the entertainment industry vows to press Congress for changes in copyright laws that would give them royalties on taped shows.

IN BRIEF

CCSS.

Lucky The Turtle

Gets Bionic Flippers

enable her to return to the ocean.

ISLAMORADA (UPI) - Lucky, the sea turtle

who lost her front legs to a hungry shark.

splashed her way into medical history with a

\$200,000 pair of bionic flippers that should

Dr. Patrick Barry, the orthopedic surgeon who led the operating team that fitted Lucky

Tuesday with a pair of man-made rubber

flippers during a three-hour operation, called the

unprecedented procedure "an outrageous suc-

Lucky will stay in the holding tank for two or

three weeks, then will be turned loose in a larger

pond, Barry said. If the new flippers perform as

expected. Lucky will be tagged and returned to

TALLAHASSEE (UPI) - The parents of an

Stephen and Mary Sakellarios of Tallahassee said they believe the sentence is too light, especially considering that armed robbers get a

In a plea bargain arrangement. Donna Marie

Catiller pleaded no contest to a charge of

third-degree murder. She was sentenced by

Leon County Circuit Judge J. Lewis Hall to a

maximum 30 months in prison and 10 years

probabtion. Mrs. Catiller, who also had worked

at a daycare center, was accused of killing

Daniel Sakellarios, 7 months, last May by

banging his head on a table because the infant

PENSACOLA (UPI) - A bid for political office

would be "out of the question" for the Rev.

Jerry Falwell, but the Moral Majority leader has

predicted the organization will play a key role in

Falwell said he believes he has been called by

He said the Moral Majority proved in 1983 it

was a force to be reckoned with, and said it will

continue to exert that influence on candidates

and on their stands on issues in the upcoming

God to be a minister and he "has no plans" to

infant killed by a babysitter plan to see a lawyer in hopes of stiffening the 30-month prison term

'Light' Sentence Protested

the Atlantic Ocean on Valentine's Day.

given the 25-yer-old woman.

three-year minimum term.

would not stop crying.

this year's elections.

change that.

elections.

Falwell Won't Run

The justices ruled 5-4 Tuesday that Americans may television programs at home.

The decision was a victory for the \$3 billion-a-year recorder industry and for the estimated 9 million Americans who record TV shows at home, but Hollywood producers will begin lobbying Congress to rewrite federal copyright laws that would ensure them royalties on shows taped at home.

'The future of creative entertainment for the benefit of the American family is at stake," said Jack Valenti. president of the Motion Picture Association of America. But sentiment in Congress to expand protection for

television producers appeared far from unanimous.

NEA GRAPHIC / Mark Gabrenya

Northeast's industrial states will still be among

the most heavily populated, but their ranking

will decline as more business shifts to the

Sen. Dennis DeConcini, D-Ariz., who sponsored a bill law, warned that those trying to change the law in television for personal use. Congress will have to fight charges of being anticonsumer.

But Rep. Don Edwards, D-Calif., who has introduced a use videotape recorders for to tape and show movies and bill require royalties for Hollywood producers for home taping, called the decision a "disadvantage to the littleguy. Most people cannot afford a Betamax.

> Jack Wayman, vice president of an electronic industries association group, predicted the decision would boost recorder sales.

> said in New York the high court's ruling is "an important victory for consumers in their fight to be able. to use videotape recorders in the privacy of their homes. We are extremely gratified by the outcome."

The court's decision Tuesday was on a suit filed by House assistant Democratic leader Thomas Foley of Walt Disney Productions and Universal Studios against Washington said he would fight any legislation to Sony, which manufactures the Betamax videotape exclusive right to such a use," Stevens wrote.

recorder.		
		PRODEC OF

The court ruling held that present copyright law does last year to exempt home taping from current copyright not bar home recording of shows and movies from

"One may search the Copyright Act in vain for any sign that the elected representatives of the millions of people who watch television every day have made it unlawful to copy a program for later viewing at home, or have enacted a flat prohibition against the sale of machines that make such copying possible." Justice John Paul Stevens wrote for the majority

But he said Congress may "take a fresh look at this new technology" and revise the law to compensate Kenji Tamiya, president of Sony Corp. of America, television producers and performers for losses resulting from videotaping.

> Stevens, in a key linding, called videotaping for personal viewing a "fair use" exempt from the copyright laws

"Any individual may reproduce a copyrighted work for a 'fair use;' the copyright owner does not possess the

Year-2000 1980 population rank rank	popul	ation 1980-2000 population change		
1 CALIFORNIA	M		+29%	
2 TEXAS	3	1.1.1.5	+46%	
3 FLORIDA	7	5 7. 61	+79	
4 NEW YORK	2	-15%		
5 PENNSYLVANIA	4	-6% 🗸	1	
6 ILLINOIS	5	-2%		
7 0110	6	-4%-		
8 MICHIGAN	8	-0.5%		
9 NORTH CAROLINA	10		+ 17%	
10 GEORGIA	12	. 19. Ca	+ 23%	

Sunbelt's Gain Means Loss For Others

Policman Faces Trial Today In Overtown Ghetto Shooting

MIAMI (UPI) - Cuban-born policeman Luis Alvarez goes on trial today for the 1982 shooting death of a young black man that triggered three days of bloody racial violence in Miami's Overtown ghetto.

Alvarez, 33, is charged with manslaughter for the Dec. 28, 1982, death of Nevell Johnson Jr., 20, a popular messenger for a Dade County agency. Conviction carries a maximum penalty of 15 years in prison.

Circuit Judge David M. Gersten planned to rule on several pending motions before starting what is expected to be the difficult job of seating a panel of 50 prospective jurors.

One issue to be resolved by Gersten today is whether the faces of prospective jurors should be photographed by news cameras that are allowed in Florida courtrooms.

Defense attorney Roy Black tried earlier to get the trial moved.

"This is the case that caused a riot," Black told Gersten. "When these people (jurors) get up here, it's going to be in their minds that there could be a riot if

this guy is acquitted."

The judge refused, saying his court "will not tolerate threats or intimidation or the spectre of riots."

Extraordinary courthouse security precautions have been ordered for the racially sensitive trial and special police teams are ready to deal with any disturbances that may crupt.

Two people died, 26 were injured and scores were arrested in the violence that followed the fatal shooting of Johnson at a video game parlor.

Police investigators reported Alvarez was off his beat when he entered the Overtown parlor, Alvarez, however, told detectives he was instructing a rookie policeman when he entered the parlor and spotted a handgun Johnson had tucked into his waistband.

Alvarez said he drew his service revolver and was taking the gun from Johnson when the youth suddenly jerked around, causing his police revolver to fire accidentally.

Police groups have raised an estimated \$50,000 for Alvarez's defense.

Sunbelt. *********************************** R \$7 **VEOVE**

Nutrients Killing Florida Lakes

By United Press International Florida biologists are draining dying lakes from Tallahassee to Lakeland in an effort to keep them from succumbing to sewage and their own nutrient-rich mud. The biologists hope wind and the sun

Lowering the water level at Lake Tohopekaliga was "a success beyond our wildest dreams," Williams said. He said the number of fish in the 23,000-acre lake doubled as a result.

Drawdowns are under way at Lake

(Source: U.S. Census Bureau) In the year 2000, California will still be the most populous U.S. state, but Texas and Florida will move up to second and third respectively. The



Evening Herald

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Rising Above The Parochialism

Does the Marine Corps need its own specially designed, approved and manufactured screwdriver, different from the Army's?

We don't know whether they do or not, but no doubt, if commonality were ordered by the secretary of defense, there are some Marine Corps officers who would consider it a reflection upon their honor, integrity and dedication to the corps if they did not insist upon having their own screwdriver for their own mission as a matter of service pride.

The General Accounting Office has just made a report to Congress which calls for joint majorsystem acquisition by the military services "an elusive strategy."

The subject is of greater interest when we realize that any money saved by joint purchase of weapons systems will be money not added to the national debt, now soaring past the \$1.5 trillion mark.

The main GAO finding is that there has never been a successful joint acquisition (planned as such from the start) of a major; high-cost weapons system if success is defined by substantial commonality, reasonable satisfaction of the military services and actual documentable savings.

But the newest big weapons system, the cruise missile, which is now being deployed, may come closer to success than any previous effort. It is being depoloyed by the Navy and the Air Force. In several variants, there is so far 17 percent commonality in airframes, 73 percent commonality in guidance components, 85 percent in engines and 100 percent in radar altimeters.

It may be too early to tell, but the cruise missile program is deemed a developmental success.

Be it noted that the services aren't particularly happy about that. "Cruise missiles were more or less pressed on the services, who saw them as threats to their central missions and to their funding priorities," the report says.

The need for strong, supraservice, top-down military leadership in this country has never been more obvious. The job of integrating the military services, begun under President Truman, has been left unfinished. No one is suggesting abandonment of separate service identities, missions, traditions or loyalties. But, somewhere at the top, there must be a cadre of professional military people who can speak for the national interest, which transcends the interests of separate services, especially in such matters as weapons procurement. At present, the only professional military man who by law must rise above servic parochialism is the chairman of the Joint Chiefs of Staff. Air Force Gen. David C. Jones, who retired from that post in 1982, says the chairman of the Joint Chiefs needs a supra-service military umpire. "A host of top defense executives, military leaders and expert observers have been speaking out, especially over the past year or so about reforming the JCS," the GAO report says. The president, the Pentagon, Congress and the country need more detached and forthright advice from our military professionals.

The scene is a familiar story line.

A man is being held by the police and is using his traditional one phone call to contact his lawyer.

While the lawyer call is not a right, the accused would be better advised to call his attorney if he knew what the word lawyer meant. Attorney, which is a Latin word meaning to commit business to another, is far from lawyer which is from the Anglo-Saxon word, lican, meaning to lie.

Many of the words encountered on the police-court beat have not changed in meaning for 2,000 years, others bear little resemblance to their former use.

Today, when arrested — Latin for stop people are charged with either a felony or a misdemeanor. A felony carries a penalty of one year or more in Jail. A misdemeanor carries a Jail term of one year or less.

Felony has been a nasty word for several hundred years. It is from Middle English, felonic, derived from the Latin felo, a rebel or traitor. At one time, felon also meant a very painful infection near the nail of a finger or toe.

Misdemeanor, as a word, has been on trial far longer than felony.

The minor offence was demener in Middle English and Old French. Its meaning was to drive. It is derived from the low Latin word minare to drive as a herd of animals with threatening cries. It comes from the Latin word minari, to threaten. Drug, which has a close aging French cousin as drogue, and in Italian. Spanish and Portuguese, droga originally was Dutch — droog — and meant any dry substance, as in herbs. Paraphernalia, whose possession along with drugs is lilegal in Florida, is far from its original meaning in the Greek word parapherna. It was the property, besides a dowery, that a woman brought with her when she married. If her husband died before she, her parapherna was hers to keep and was not passed on to offspring.

In the courtroom — Latin for garden, hortus, from the Greek chortus, an enclosure, a feeding place — the verdict is guilty or not guilty. Newspapers use innocent often so as not to lose the word "not" during the mechanical process of production.

Verdict is a combination of Old Frenchand Latin to mean a true saying and is found in the legal system today as voir dire, the jury selection, to say the truth. Innocent is a combination from the Latin word nocere and is to mean not to do wrong to. Guilty is gilt in Middle English and gylt in Anglo-Saxon, an offense, a false. It is found in the word gilt, as in gilt-edged meaning a false covering, such as gold plating.

Police is from the Latin politia a descendant of the Greek politeia. It means the government of a city, as in metropolis,

which is mother city. (Note the word politics and the Russian word for their collective leadership, the politburo.) Assault is from two Latin words meaning to leap. Battery, also from Latin, is to beat. While the spelling of Jail has changed — It was at one time cavea then caveola, gatole, gaol, the British spelling and lastly Jail — it stills means the same as it did in Cicero's day, a prison. (Cave is not from cavea but from the Greek word Kyein, meaning pregnant) Murder is from the Latin word mortis, death, and is visible in mortician.

Sheriff, a common word in the days of early England, is from scir-gerfa, an Anglo-Saxon combination for a sire and a reeve, a rope or an overseer-administrator. It is close to the Arab word Sherif meaning iofty or nuble. Bailiff is from the Latin bajulus, a guardian or administrator.

The one word on the police-court beat that perhaps has changed the most is curfew, which most cities have, meaning those under a certain age must not be outside after a certain time unaccompanied or, during a period of social unrest, a forced desertion of the streets at dark.

Curfew, transmuted many times, was a common Middle English term meaning the time the town bell rang telling the people in their all-wood homes to put their fires out and go to bed. It is from two Latin words, cooperire and focus, literally, to cover the fire.

ROBERT WALTERS

ROBERT WAGMAN In Praise Well, iT's Do You T

In Praise Of Millard Fillmore

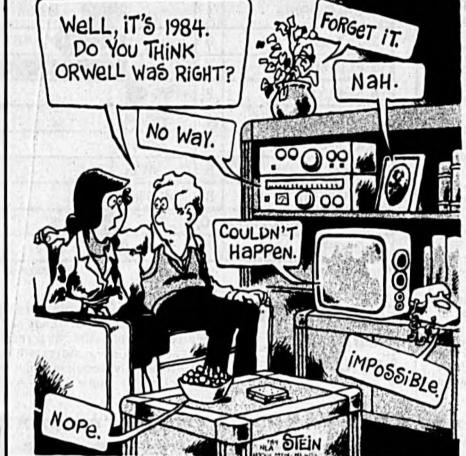
By Deane Jordan

WASHINGTON (NEA) — Despite our surfeit of national holidays and anniversaries, one important day is often overlooked: Jan. 7 — the day on which, 184 years ago. Millard Fillmore was born in central New York state.

Fillmore was our 13th president and, say many historians, our most obscure one. But to his fans and admirers (and I'm one of them), there's much to remember him for, especially as we begin another presidential election year.

In the coming months, politicians and their media experts will spend tens of millions of dollars to tell us how good, bright and right they are for the offices they seek. As we're bombarded with these election-year pleas, we would do well to remember Millard Fillmore.

Fillmore brought to the White House a humility that probably hasn't been seen there since. He was born on a farm and received only a limited primary school education. He guit school before his 12th birthday to work on the farm. and he later became an apprentice in the cloth trade. In his late teens, Fillmore met a schoolteacher who began to lutor him; he then began to "read the law," as law study was called in those days, with a local county judge. Around 1820, his family moved to Buffalo, where he continued his legal studies and was admitted to the bar in 1823. Three years later he married his former tutor. Abigail Powers, and settled in Buffalo to practice law. In a way, Fillmore became the Gerald Ford of his century. In 1833 he was elected to Congress, where he served for 10 years. He was a member of the Whig Party and a leader of its anti-slavery wing. In 1844 he tried to run for the vice presidency, but was defeated. He then narrowly lost a bid to become governor of New York. Fillmore was elected New York state comptroller in 1847; the next year, he was given a place on Zachary Taylor's presidential ticket. In 1849, Fillmore was elected vice president - the post he really wanted. But Taylor contracted typhus and died, and Fillmore was suddenly thrust into the presidency, which he had never really sought. As Fillmore assumed office, it seemed that a war between the slave states and non-slave states would break out at any moment, but Fillmore was able to push through what became known as the Compromise of 1850. This only postponed the war a decade, but at the time it was a brave political act, since it pleased neither slave owners nor abolitionists.



FARMING WORLD More Scientists Needed

Danger Is Still There.... WASHINGTON (NEA) – Almost fiveyears after this country's worst accident

years after this country's worst accident involving a nuclear power plant, radia, tion levels inside that facility remain so high that people exposed to them wouldface almost certain death.

One of the least publicized but most disturbing aspects of the March 28. 1979 accident — the extensive release of lethal radiation at the Three Mile Islandy generating station in central Pennsylvania — is detailed in a report, recently issued by the Nuclear Regulatory Commission.

Citing the lack of documented evi-, dence of significant releases of radiation, outside the TMI plant, the nuclear power industry has persisted in its, claim that the accident actually demonstrated the safety of its technology.

But the new NRC study and a series of, other little-noticed reports issued earlier confirm that the only safeguard at TMF Unit 2 that worked properly was a 4-foot, thick reinforced concrete shell which, served as the reactor's containmentbuilding.

Brunei Is Alone

We welcome Brunei as the world's newest nation, soon to become the 158th sovereign nation in the United Nations, with equal rights in the General Assembly.

Where's Brunei? It's way out there in the Pacific, on the island of Borneo. It's nestled in between the Malaysian states of Sarawak and Sabah, overlooking the southern reaches of the South China Sea.

On New Year's Day, Brunei received independence, ending a 96-year history as a British protectorate. Its ruler is Sultan Muda Hassanal Bolklah. Appearing on state-owned television, he assigned himself three Cabinet posts — prime minister, home affairs minister and finance minister.

Brunei enters the world of nations with a big plus. Financially, Brunei is in excellent shape. It's income from oil, natural gas, rubber and hardwoods is more than \$4 billion a year, the equivalent of \$20,000 for each of the new nation's 205,000 citizens.

That makes it one of the world's richest nations, as well as one of the world's smallest. A British Army unit, the 6th Gurkha Rifles, will be on hand for a few years to help guard Brunei's wealth. That's good, but there will be many envious eyes and grasping hands. It's risky for a Third World nation to be rich. In addition to his other duties, perhaps the sultan should make himself defense minister.

BERRY'S WORLD



"Ciao, Zhao!

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With the slavery question quieted for the time being, Fillmore turned his attention to foreign affairs. He reestablished good relations with many Latin American countries.

By Bonja Hillgren UPI Farm Editor

WASHINGTON (UPI) — Scientific underpinnings of the broad and highly technological American agricultural sector are threatened by an increasing shortage of scientists and professionals

trained to work in agriculture. Shortages are especially acute for people with masters or doctoral degrees in agricultural business management, agricultural engineering, animal sciences, food sciences and plant

sciences. Also areas facing manpower shortages include soil sciences, forest engineering, forest product utilization and veterinary medicine specialties such as regulatory medicine and pathology.

A warning about current and growing future shortages was issued in July 1980 by an Agriculture Department study that concluded average annual demand for college-educated graduates in food and agricultural sciences would exceed available supply by about 15 percent. Some people think the study may have understated the shortfall.

The problem' persists, and today Agriculture Secretary John Block is convening a forum for discussion of strategies for "preventing a potential critical shortage" of leadership in the agricultural sciences.

The meeting at the National Academy of Sciences will mark the first time leaders of industry, higher education and government meet to discuss the issue.

Frank Press. president of the academy: Education Secretary Terrell Bell: Assistant Agriculture Secretary Orville Bentley: George Keyworth, director of the president's Office of

Science and Technology Policy: A. Max Lennon, vice president and dean at Ohio State University: and Dale Wolf of the Du Pont Co. will be among the speakers at the forum.

Block and Bentley are hoping representatives of agricultural industries will tell them about the kinds of people they will need to hire in the future. Bentley said.

They do not expect the discussions to call for more governmental spending but are hoping to get promises of private funds for programs such as more internships, scholarships, exchange visits of scientists between the private and public sectors and opportunities for graduate students to work in laboratories of private firms.

The issue is important to the entire nation because agricultural and food businesses provide about 20 percent of the nation's gross national product and 20-25 percent of the nation's jobs.

Millions of Americans have indeed left the nation's farms over the past 50 years, but the children and grandchildren of these people often work in businesses that supply a technologically sophisticated agriculture.

Major problems facing the agricultural education include a decline in scientific literacy by students entering colleges and universities and a decline in the college-age population. Enrollments in colleges of agriculture have failen by 15 percent during the past four years.

Large numbers of agricultural scientists and educators who began their careers shortly after World War II will retire during the next decade and replacements are simply unavailable. massive amounts of radiation almost certainly would have been released into the atmosphere because of the failure of the supposedly sophisticated and foolproof safety systems inside the building.

Radiation dosage rates are measured in units known as rems, an acronym for roentgen equivalent in man. (A roentgen is the standard unit for measuring radioactive emissions.)

The NRC has established 0.5 rems annually per person as the maximum level for public safety, although those who work in the nuclear power industry can legally be exposed to five or 12 rems (depending upon previous accumulation) per year.

Exposure to an atmosphere where the dosage rate is 100 rems per hour can produce irreversible damage to human blood cells and intestinal systems. At a level of 200 rems per hour, heroic medical efforts are required to sustain life.

At least half of those exposed to levels of 200 to 500 rems per hour can be expected to die. At levels of 1,000 rems per hour and higher, radiation attacks the central nervous system and produces almost certain death.

At the time of the accident, Harold R. Denton, director of the NRC's office of nuclear reactor regulation, estimated that radiation exposure rates inside the containment vessel were "on the order of 30,000 rems per hour."

A radiation monitor at the top of the building's dome indicated that the dosage rate was more than 10,000 rems per hour within a few hours after the TMI Unit 2 reactor became unstable.

Pentagon Planning Record Budget

WASHINGTON — Is Cap Weinberger planning to bankrupt the country?

The defense secretary would deny such a suggestion, of course. But unless Budget Director David Stockman or Congress stops them, Weinberger and the other profligate Pentagon poohbahs will spend the nation right into the poorhouse.

Their own secret "wish list" doesn't include solid gold Cadillacs — yet. But some of their budget proposals are just about as extravagant.

My associate Donald Goldberg has obtained copies of the military's dreamy proposals. They're classified "Secret," and were intended strictly for internal use. Neither the White House nor Congress has seen the documents. Here are some of the most outrageous elements of the Pentagon's planned raid on the Treasury over the next five years: — Weinberger wanted a \$322.4 billion

The man

budget for fiscal 1985, but the White House decided on a more "reasonable" sum of \$305 billion. The defense secretary recommends an increase of \$30 billion to \$40 billion each year through 1989. That would make the budget that year \$464.7 billion — net far short of half a trillion dollars.

- The bulk of these billions will go to the Navy and Air Force, presumably to fund such high-priced programs as the B-1 bomber, the MX missile system, Acgis-equipped cruisers and Arleigh Burke-class destroyers.

 The Navy has been ordered to "start preliminary alternative designs of a new nuclear attack submarine to ensure our present acoustic superiority is maintained over the increased Soviet submarine threat projected in the 1990s." As I reported earlier, this supposed threat is a Pentagon fantasy.
The Navy also wants to "deploy

one additional carrier battle group to bring the total number of peacetime forward-deployed carrier battle groups to four."

- Communication with missilecarrying nuclear submarines is given high priority. The Pentagon wants the controversial Extremely Low Frequency receivers, which would be installed under a big chunk of northern Michigan, operating by 1987. Other communications systems should be operational by 1988. Protection from electromagnetic pulse, caused by nuclear explosions high in the sky and believed to disrupt all existing communications systems, should be tested by then.

 The Air Force wants 58 antisatellite missiles by 1989, and a new air-to-surface missile is to be developed.
All the armed services will help develop a new, low-cost helicopter in hopes of cutting down on the wide variety now in use. The service chiefs have been told: "Be prepared to accept development programs that are 'second best' solutions to your service's mission needs, in order to provide a 'first best' solution for the Department of Defense as a whole."

- A total of 31 combat zone hospitals are to be funded over the next two years.

- The Army has been ordered to start developing "two laser weapon systems concepts. including a close combat version and (an) air defense high-energy laser weapon version."

The Pentagon's ask-for-the-moon approach is of course just a budgetary weapon to use on Congress — the technique of an Oriental bazaar. The brass hats don't really expect to get everything they want ... or do they?

Supermoms

Evening Herald, Sanford, Fl. Wednesday, Jan. 18, 1984-SA

Dealing With The Pressures Of A Career And Raising A Family

By Ruth Youngblood

- Alling

BEVERLY, Mass. (UPI) - The first day Laura Sampson spent alone with her newborn son was so fraught with unexpected loneliness the anguished mother was reduced to tears.

With no role models to offer guidance and nothing in her education and work experience to offer solace, Mrs. Sampson's rosy vision of an easy transition from career woman to motherhood was shattered.

In desperation she telephoned a hospital and learned she wasn't alone.

A group of women who postponed childbearing until their careers were established had banded together, providing therapy for themselves while helping others pioneer a new self-image without turning into screaming." supermoms."

Each week psychologist Judy Klein and other mothers their domestic roles share fears and confidences they cannot discuss with anyone else.

the care of another or tend to the baby and learn to enjoy it is up to the individual, but the choice is eased by a positive support group anxious to give the newcomer encouragement.

"This is uncharted territory," Ms. Klein said. "Whether we return to work full or part-time, or wait, there are no real models on how to integrate our self-concept as a working woman and as a mother. their time with him. We're struggling with problems our mothers never faced.

postponed their first child until career, personal and matter how ardent their intentions, said Ms. Klein, financial problems were resolved. Delighted with the prospect of the baby they were finally able to have, each hoped to be a full-time mother, returning to work when their progeny was sufficiently grown.

None anticipated the sense of isolation and feelings of inadequacy accompanying their child's arrival.

"I'll never forget that first day alone with Joshua." said Mrs. Sampson. "I kept thinking, 'What am I going to do?'

"There was no one to talk with who could understand my negative feelings." she said, "and I had a tremendous need to relate to other people. I felt like

It was only when Mrs. Sampson was referred to the support group that she was able to evaluate her problem trying to make a personally rewarding adjustment to and decide to return to her position as a research dietician when her baby was four months old.

Once the anguish dissipated in the relaxed at-The decision to return to work and leave an infant in mosphere of the evening get-togethers, Mrs. Sampson. with her husband's support, was able to find a competent sitter.

Although her speedy return to work generated overt criticism from more traditionally inclined acquaintances, Mrs. Sampson is confident Joshua, now 13 months old. is getting excellent care with a doting sitter and loving parents who appreciate and make the most of

The loneliness, inadequacy and guilt Mrs. Sampson experienced is becoming an all too familiar experience

All of the group participants, including Ms. Klein, for working women suddenly back in the home, no

These people were never particularly lonely before, but when you're used to being around others at work from 9 a.m. to 5 p.m. and then you're a mother, who do you talk to from 9 to 5?

"The woman becomes further isolated in her relationship with friends." she said, "especially if they don't have young children. If they do, competition or different philosophies on child rearing tend to interfere."

Then there are altered relationships with husbands to contend with. Wives who split financial responsibilities with their spouses suddenly find themselves dependent. Ms. Klein said.

'They're home taking case of the child - which they chose to do - but now they're doing all the laundry. cleaning, cooking and housework too," she said. "Chores that were once split all fall into the mother's domain" unless there is some renegotiation between the husband and wife.

"Particularly demoralizing is the pressure to be a supermom." she said. "juggling 10 different roles and always emerging lovely.

'The media, advertising and even our peers make it clear there's no prestige in being a mother." Ms. Klein said. "While women who worked had something to show for it like a paycheck, they can't see a tangible accomplishment in a pile of clean laundry.

Resolving the frustrations and subsequent guilt that comes with feeling so negative isn't easy, but the input from non-judgmental women wresting with the same and couples debating a first.

problems goes a long way.

The evening sessions, scheduled when the fathers are available for baby-sitting, are therapeutic for Ms. Klein as well as the other mothers.

Ms. Klein became aware of just how disorienting the transition from a work to a home environment can be with the birth of her son Jessie when she was 33.

"I was eager to become a mother, and felt very strengly that I should stay home with the baby," she recalled, but soon realized "there was something different about first time mothers over 30, used to their own identity and financial independence.

"it's frustrating moving into more traditional roles. finding oneself acting like one's mother when we throught we had come so far away," she said.

Finding ample numbers of classes and meetings aimed at prenatal and child care but nothing for women like herself. Ms. Klein was convinced there was a definite need for a support group providing an opportunity for communication between older mothers used to a career. After years of counseling children with learning disabilities and delinquents, she was anxious to channel. her training into a new dimension.

"I really wanted to work with a healthy population going through a transition that could use the support." she said.

Placing information about the group she was starting in the offices of pediatricians and hospitals, Ms. Klein found the response so great she formed more groups and plans new ones for mothers expecting their second child

Seminole Defendants Set For Arraignment

The following people have been arrested on various mett criminal charges in Seminole County and have had their arraignment before a judge scheduled for Jan 20.

stolen property.

-Johnny Baron Jr., 41, of Deland. Juliet Drive, possession of cocaine. obtaining property by worthless Kissimmee, grand theft_ check.

-Marc Ellot Baruch, 31. of 2822 Bermude Ave., Apopka, burglary of adwelling. —Davide Keith Batsch, 22, of 381

Knight Court, Lake Mary, grand resisting arrest with violence thefi and reckless driving. —Reid Paul Callahan, 19, of Lan-

tana, two counts of aggravated removing vehicle numbers. assault -Donald Leonard Cooly Jr., 21, of

Winter Garden, possession of marijuana and drug paraphrenalia. and resisting arrest with violence. -Bill Lee Cotion, 27, of #33 William Clark Circle, Senford, possession of a controlled substance and possession

of drug paraphernalia. -Carla Marie Davis, 21, of 81 E. Lake Emma Drive, Longwood, grand theft and trafficking in stolen

-Michael Wayne Dizney, 31, of 1982 St. Andrews Place, Longwood, bur-

glary to occupied dwelling. —Gaetano Guy DeLuca, 25. ol 733 Woodtand Drive, Winter Springs. possession of cocaine

-Terry Lynn Fillinger, 24, of 309 Poinsete Drive, Sanford, grand theft, driving under the influence, unlawful blood sicohol level, carsiess marijuana. -- Edward Thomas James, 22. of #8 Pine Grove, Fern Park, grand theft. driving, and no valid driver's license. -Richard Edward Jones. 23. of P.O. Box 135. Osteen, obstruction by faise -Robert Lowell Folles, 36, of 28 Henderson Lane, Sanford, forgery, information

-Sonja Henni Kastelein, 34. of 900 Live Oak St., Maitland, grand theft. -Cleveland Kiner II, 24, of 1018 Maple Ave., Sanford, obstruction or opposing an officer with violence. -William John Gonnelly, 26, of

carrying a concealed weapon. --Charlie Knutson, 26, of 220 Lake -Robin Eugene Graham, 20, of 428 Plumwood Drive, Attamonte Shore Drive, Allemonte Springs, Springs, aggravated assault with cultivation and sale of marijuana. -Terrance Rodrick Marion, 18, of firearm on a police officer and 1202 Orleander Ave., Sanford, rob--Patrice Lynn Hall, 36. of Orlando, -Mark McAllister, 28. of Orlando.

two counts of grand theft and uttering a forgery. —Russell John McKinney, 18. of 1413 -Edward Earl Hann, 18, of 783 S Mara Court, Sanford, robbery. -Balty Shirley Miller, 45, of 426 Oak Wympre Road, Altemonte Springs, battery on a law enforcement officer SL. Osteen, appravated battery.

-James D. Heldish, 28, of 141 Christopher Miller, 17, Forest City, two counts of trafficking stolen Loriann Lane, Winter Springs, obfaining property by worthless check. property -Dennis Michael Hennessey, 20, of \$1 E, 1st St., Chuluota, dealing in -Ernest Jones Moulbrough, 27, of

als Collins Road, Osteen, uttering a orgery and theft of a credit card. -Roger Hunt, 39, of 109 Brierwood -Matthew Howell Napier, 18, of 328 Ruth Blvd., Longwood, burglary. -James Michael Price, 30, Boston. Drive. Sanford, possession with in tent to distribute marijuana, cultivation of marijuana, and two two counts of forgery, uttering a forged instrument, and obtaining counts of dealing in stolen property.

Beverly Osborne Hunt, his wife of the goods with a stolen credit card. -Rickey Lee Rall, 29, of P.O. Box 283 Dike Roed, Maitland, burglary to same address, is charged with possession of marijuana with Intent to distribute, and cullivation of and stolen property.

auto, possession of burglary tools -Terry Lee Seyk, 28. of 641 Paimetto Ave., Longwood, tresspass after warning and resisting arrest with

-Karen Rochelle Stengel, 19, of

View Drive, Altamonte Springs, re sisting arrest with possession of a controlled substance. and failurs to maintain a single lane. -Geraid Robert Sullivan, 29, of 240 Roberts Apts., Fern Park, Interfer

ring with a fireman. —Thomas Richard Sunquist, 26, of Orlando, resisting arrest with vio lence, driving under the influence, and failure to maintain a single lane. -Lynn Marie Nolen Tavis, 28, of 1243 Independence Road, Apopka, grand theft.

-John Paul Tidenberg, 29, of 784 Land Ave., Longwood, tresspassing, battery to a law enforcement. possession of cocaine and marijuana. -Williard Eugene Thornhill, 24, of 1404 Carlisle Drive, Casselberry, trespassing after warning, resisting arrested with violence, and battery on a law enforcement officer

-Richard James Tompkins, 21, pr 1108 E. 1st., Apopka, obstruction of justice and the destuction of evi-

-Richard Volkema, 18, of 106 Ford Ave., Altamonte Springs, disorderly conduct and battery to a law enforcement officer.

-Homer Walker, 20, of 138 Scott Drive, Sanford, uttering a forged instrument. -Coll Warden, 22, of Kansas Steet,

Oviedo, Introduction of contraband into [all, possession of marijuana. -Lynn Berrard Williams, 19, of 1211 W. 13th St., Sanford Ave., disorderly

conduct, two counts of battery on a



Beach Manufacturing

Sand, dredged from the floor of the Lake Monroe the city of Sanford, the beach is to be covered first around the hotel and marina area. As part of the W.E. "Pete" Knowles.

arbor and beach untaken by

of Sanford

harbor and piled here at the marina, will be with a manufactured erosion control material and moved in about six weeks to the beach area then with the sand, according to City Manager

The children

The children of Sanford are the City's future leaders, and Barnett Bank wants to keep them safe.

Hours

Mon.-Fri

00 am - 4:00 pm 00 am - 6:00 pm

One year ago, Barnett Bank first opened its doors to the city of Sanford and our office has been growing ever since. Total deposits are now over \$3 million and in the past 6 months commercial business has increased over 770%. Yet we never would have been able to develop so quickly without the help of the community's residents and businesses. Your support has been greatly appreciated. We would like to express our thanks for this warm reception by offering a means to help protect our city's future leaders.

We recognize that today's children will be Sanford's future leaders. Barnett wants to help protect these valuable young citizens by providing them with a safe place to play. For every new account opened at our Sanford Office during the month of January, Barnett Bank will donate \$10 towards the pur-

Mon.-Thurs

chase of new playground equipment for the Clifford W. McKibbin Jr. Memorial Park.

If you would like to help provide the children of Sanford with a safe place to play, open an account at our Sanford office today, and we'll donate \$10 towards protecting our future leaders... It's our way of saying Thank-you Sanford, and to ensure that the city will continue to prosper.

> 8:00 am - 6:00 pm 9:00 am - 12:00 pm

arnett Barnett Bank

094 Orlando Drive

of Central Florida

6A-Evening Teratt, Jante. J. Fl. -Weunesday; Jan. 16. 11.

IN BRIEF Captian Linked To Murder **Of Americans May Go Free**

SAN SALVADOR. El Salvador (UPI) - A Salvadoran army captain believed to be the head of the death squad that killed two American AFL-CIO land reform advisers will be released from jail today if no new charges are filed against him, a judge said.

Capt. Eduardo Avila was reportedly one of the rightist death squad leaders on a list Vice President George Bush gave to the Salvadoran government last month, calling for a crackdown on the paramilitary bands in exchange for further U.S. ald.

Michael Hammer and Mark Pearlman, land reform advisers for the international arm of the AFL-CIO, were shot to death Jan. 4, 1981, in a dining room at the Sheraton hotel in San Salvador.

The only way Avila's release could be blocked is if a judge presented new charges today, or the police chief added time to the captain's sentence for misconduct in jail.

Elections May Be Canceled

MANAGUA, Nicaragua (UPI) - Nicaragua's minister of defense said the 1985 presidential elections announced just days ago may be canceled because of a new, U.S.-backed rebel offensive against the Marxist Sandinistas.

Council of State President Carlos Nunez announced Sunday that elections would be held in 1985 for president, vice president and a 90-member constituent assembly.

Defense Minister Humberto Ortega said the United States, Honduras and the rebels estimated to have an army of 7,000 soldiers are collaborating in a new attack against the Sandinista government called "Plan Sierra."

The Reagan administration reportedly has pumped more than \$25 million in covert military aid into the rebel cause.

McCartney Busted Again

LONDON (UPI) - Linda McCartney, wife of ex-Beatle Paul McCartney, was arrested for possessing marijuana only hours after the couple paid a fine in Barbados for the same charge — but Paul says it wasn't his wife's fault.

"All our bags were thoroughly searched by police in Barbados after we were busted there. They told us they were clean but they obviously didn't do a thorough job." an indignant McCartney said late Tuesday by phone from his farm near Rye.

Scotland Yard said Mrs. McCartney, 41, was arrested for possessing herbal cannabis after arriving at Heathrow airport Tuesday from Bridgeport, Barbados, with her husband and four children.

The marijuana - herbal cannabis is the least potent type of marijuana -- was found in an empty 35-mm film cannister in her handbag. airport officials said.

... Drug Abuse Fight Gets Civic Leaders' Support

- You want to be a set of a se

Continued from page 1A

problem of drug abuse in the family can be conquered. "I have living proof. I am committed,"

I a star - - - - -

he said.

Carlton, whose bid to have the legislature raise the Florida drinking age to 21 was unsuccessful recently, said she and other supporters of a 21-year-old drinking age have started a petition drive to put the question on the November ballot.

"We call it 'Coalition-21' and plan to collect 290,000 signatures.

"We feel we'll get the figure and that it will pass. We feel confident we'll get it." she said.

Carlton said she attended the information cruise, donated by the Star of Sanford, because "there are some people in Sanford C.A.N. who are no doubt movers and doers in the community. We need to make things happen."

Sgt. Bernosky, who with Phil Goldstick, president of Sanford C.A.N., helped start the organization, said the key to taking a step towards solving the drug and alcohol problem was to increase the "awareness of chemical dependency."

"The problem knows no color, no gender, striking rich and poor. We have to ask why are lives being destroyed. We must admit there is a problem. There is a world of denial in our school and community, and most critical of all, in our families.

"Please listen to what we are going to say to you. No longer can we say let the other guy do it for us." Bernosky said.

.Wells

Continued from page 1A

had repaired the rig and were back in operation. Knowles said.

Work is also well underway "slip-casing" the least contaminated of the six wells to seal in the well and seal off the EDB infiltration. The well's depth is also being increased from 425 feet to 535 feet. While a new casing was being installed, records were kept of the velocity of the water and gamma ray examinations of the strata.

Because of the new casing. Knowles said the capacity of the well is expected to be reduced from 677 gallons per minute to 500. The work is expected to be completed by Jan. 27. Samples of the water then will be tested at a state laboratory to determine if the casing has eliminated the EDB infiltration.

If the method works in ridding Well 5 of EDB, the same method will be used on the other five contaminated wells, Knowles said.

If the new casing doesn't work, the city will have to search for another new well site, sink two additional



Circuit Court Judge Dominick Salfi tells the group how he became aware of the drug abuse problem and ways to combat it.

Dr. George Gazda, a research psychologist with the University of Georgia who has worked with the Seminole County School System, said he was excited about the manner in which Sanford C.A.N. brought the community leaders together to review the problem.

Gazda said there appears to be more

public interest in Seminole County about the drug problem than in other communities he knows. Gazda said the effort by Sanford C.A.N., and the Chemical People, a national group sponsored by First Lady Nancy Reagan, which had a national program on televison in the fall. is the first significant movement towards combating drug problems he has seen since the drug culture of the 1960s.

Edward Sargent, a representative from the Orlando Naval Training Center and a drug and alcohol counselor, said substance abuse is at epidemic proportions and that if it were an epidemic in the classical sense, the World Health Organization would be putting its resources behind the problem.

Sargent, who said he was impressed by the cruise's participation, questioned the policy of having an open bar on an excursion designed to inform community leaders about drug and alcohol abuse, a point agreed upon by Roll.

Liberatore told the passengers that it was not by chance that they were in attendance and were hand-picked from the community because they were leaders. He said their support was needed to solve the problem.

"If we don't solve it, who in the hell is? It is about time we the parents, the residents, the citizen and taxpayer take something into our own hands.

"I can't bow my head to the people here representing the state. We need your talent and your brains." Liberatore said.

He also told the assemblage that beyond moral support, the Sanford C.A.N. needs their financial support.

"Yes, I will be looking for some money from you." Liberatore said adding that there are also several opportunities to obtain federal grants to support the group's efforts.

During the evening, pledge cards were distributed among the passengers with more than 150 turned in offering support to the group, said Sara Graff, assistant to the vice president of Sanford C.A.N.

Graff said while she had not yet seen the pledge cards to determine the types of support offered. Liberatore told her the pledges were of both time and money.

Thomas Stevenson, vice president of Paulucci Enterprises, said the multinational conglomerate was "committed to any civic endeavor such as this. It is something that has to go nationwide. We hope to bring our resources to the matter, any help we can give them."

Stevenson said it was too early in the activities of Sanford C.A.N. to determine specifically how Paulucci Enterprises would help.

State attorney Douglas Cheshire, whose office must prosecute dozens of drug dealers each year, said his office was committed to the organization and its effort to halt the youth drug problem.

Cheshire, like other speakers, had his comments broadcast through speakers on the vessel and his image projected by video to a screen on a lower deck.

Liberatore, who previously mentioned he became involved in Sanford C.A.N. for personal reasons including the drugrelated deaths of two sisters, said he was going to take a secondary role in the organization with the initial effort of the group now history.



Food Prices To Skyrocket

WARSAW, Poland (UPI) - The price of such staples as ham, chicken and butter will shoot up as much as 30 percent Jan. 30, a government spokesman said, depressing Polish living standards even further.

The long-awaited food price hikes will average 10 percent and add more than 3 percent to the average cost-of-living for Poles, Chief government spokesman Jerzy Urban sald Tuesday.

The increases follow four months of "consultation" with the public and the new government-controlled trade union groups that replaced the banned independent Solidarity organization.

Most Poles have complained the likes were too steep.

wells there and run a new transmission line to the Mayfair water plant.

"If we can restore the Mayfair wells, it will save a lot of money." Knowles said.

The first two new wells drilled to a depth of 300 feet are cased and drilling is underway on the third. All the work on the four new wells is expected to be completed by Feb. 4, Knowles said, and if the state continues expediting the permitting process, all four should be on line by Feb. 11.

Transmission lines from the Hidden Lake site are now being installed. Early next week, Florida Power & Light Co. is scheduled to begin installing power lines to the site, Knowles said.

"AI Montgomery, the new manager of the FP&L office in Sanford, has promised full cooperation in getting the power to the wells as quickly as possible," Knowles said.

"After these four new wells are on line, we will be less dependent on the two irrigation wells," Knowles said.

-Donna Estes



Soviets Deploy Missiles In E. Germany To Counter U.S. Cruise And Pershing-2s

Union has begun the deployment of nuclear weapons in East Germany to counter the new U.S.-made cruise and Pershing-2 missiles in Western Europe, the Soviet army newspaper said today.

The missiles are controlled by Soviet personnel in agreement with the East German government, the army newspaper Krasnaya Zvezda (Red Star) said in a dispatch from a correspondent who visited a missile unit.

President Yuri Andropov warned in November the Soviet Union would install nuclear weapons in both East Germany and Czechoslovakia once the deployment of the American weapons began.

NATO began installing Pershing and cruise missiles in West Germany and Britain last month to counter Soviet SS-20 missiles aimed at Western Europe.

The army newspaper mentioned only one Soviet missile unit. It did

MOSCOW (UPI) - The Soviet not say if any others are in place or give details of the weapons though Western diplomats said they were likely to be the medium-range SS-20s.

Krasnaya Zvezda described the missiles only as "tactical weapons of an enhanced range."

The Washington Post said today that "tactical weapons" could describe the new SS-22 missile, which from East Germany could hit targets in Sacndinavia, all of West Germany and parts of Britain.

A Western diplomat said the missile announcement was one more sign the Soviet Union does not intend to be easily persuaded to return to the Geneva arms negotiations with the United States. The Soviets left the talks in November to protest the new U.S. missiles in Europe.

But while Moscow claims it is the first time nuclear weapons are being installed in Eastern Europe, Western analysts said they have long been in place in Warsaw Pact countries.

a Protestant.

المراجع ا

The newspaper did not say when the Soviet missile deployment began or where in East Germany they were stationed.

"The unit has been deployed on agreement with the East German government in the framework of one of the Soviet Union's reply measures to the deployment of U.S. Pershing and cruise missiles in Europe," the newspaper said.

"Much of what is needed for the life and combat training of the Soviet missile unit has already been prepared," the report said.

'Residential quarters and amenity services have been equipped, the necessary training base has been set up. Much assistance was given in this by German friends," it said.

The announcement came as Secretary of State George Shultz prepared to meet Soviet Foreign Minister Andrei Gromyko at the Stockholm conference on European security today for discussions expected to focus on the stalled superpower arms talks.

AREA DEATHS

WILLIAM PENN

213 Banyan Court, Winter Penn, New York, Jody P. Springs, died Sunday at Penn, Raleigh, N.C.; Florida Hospital-Orlando. brother, Charlie Penn, Born July 3, 1930, in Silver Spring, Md.; sister, Garrett Park, Md., he Betty Thomas, Silver moved to Winter Springs Spring. from Savannah, Ga. In 1959., He was a ticket Park, Casselberry, is in

agent. Survivors include a son. Terry Penn. Winter Springs: three daughters, 49, of 461 E. Overstreet Robin C. Penn, Fort Ave., Longwood, died

Mr. William Penn, 52, of Lauderdale, Bonnie J.

All Faiths Memorial Longwood: mother, Mrs. Bonnie Mossbarger. charge of arrangements. NORMA J. PEAVEY

Escondido, Calif.; three brothers. Harold and Mrs. Norma J. Peavey. Timmy Mossbarger, both of Escondido, and George

Mossbarger, Spring Valley, Monday at Orlando Gener-Calif.; sisters, Mrs. Willa al Hospital. Born Dec. 1, Dean Ellis, Escondido, 1934, in Fairfax, Okla., Mrs. Vickie Davenport. she moved to Longwood Wilmer. Texas; two from Indio, Calif. in 1980. grandchildren. She was a homemaker and Baldwin-Fatrchild

Funeral Home, Altamonte Survivors include her Springs, is in charge of husband, Charlie; daugharrangements. ter, Miss Sharmae, Longwood: two sons, Robert and Charles, both of



Evening Herald, Sanford, Fl. Wednesday, Jan. 18, 1984-7A

Treadmill Test Valuable In Identifying Potential Victims Of Heart Attacks

ST. PETERSBURG BEACH (UPI) -A simple treadmill test can determine which heart-attack patients can return to work and which are in danger of a second attack, a Stanford doctor says.

Patients with a normal response to exercise testing on a treadmill three weeks after heart attacks have less than a 2 percent chance of dying within the first year after their seizure, Dr. Robert DeBusk sald.

Those patients could resume normal activity, including work, three to five weeks after their heart attacks if their personal physicians approved. he said.

Patients whose hearts showed abnormalities in the treadmill test had a 10 percent chance of dying within a vear. DeBusk said. Those incapable of taking the test had even greater chances of dying and might benefit from surgery, he said.

"With this procedure, we're able to identify three-quarters of the people destined to have a reinfarction

(another heart attack)," DeBusk told a science writers' seminar in remarks released Tuesday.

In a treadmill test, the patient walks on a belt moving at an increasing pace until he can go no futher.

The treadmill was better than such sophisticated techniques as thallium myocardial perfusion scintigraphy. which measures blood flow to the heart muscle, he said.

The Stanford team that studied the treadmill test began a study in July to see how patients fare when they return to work only a few weeks after a heart attack.

Information from treadmill testing could help personal physicians judge more accuretly how soon patients can resume usual activities such as sports and sex, and it can also reassure patients and their spouses or partners, he said.

Treadmill information can also help patients save money by determining who needs further surgery after a heart attack.

Heart Attack Diet-Drug Combination Key To Prevention

WASHINGTON (UPI) - A \$150 million federal study halled as a landmark shows for the first time that lowering blood cholesterol could help prevent heart attacks and death due to coronary disease in millions of people.

The study of 3.806 middle-age men with high blood cholesterol also showed those who took a cholesterol-lowering drug suffered 24 percent fewer cardiac deaths and 19 percent fewer heart attacks than those who tried to lower cholesterol through diet alone.

The men who took the drug also suffered less angina - chest pain that signals heart disease - needed fewer coronary bypass operations and hit the danger level on exercise tests less often.

In addition, the 10-year study demonstrated the incidence of coronary heart disease is related to the degree of cholesterol-lowering. High-risk men cut their chances of having a heart attack in half by lowering blood cholesterol levels by 25 percent, the researchers said.

Cholesterol forms much of the fatty substance that clogs coronary arteries, setting the stage for heart attacks.

"The key message from the study is this: The investigators estimate that if all Americans would reduce their blood cholesterol levels by 25 percent, this would eventually lead to a 50 percent reduction in the incidence of coronary heart disease," said Dr. Antonio Gotto, president of the American Heart Association.

Gotto hailed the study, to be published in Friday's Journal of the American Medical Association, as a landmark.

Dr. Basil Rifkind of the National Heart. Lung and Blood Institute, who directed the study, called it the "first study to demonstrate conclusively that the risk of coronary heart disease can be reduced by lowering blood cholesterol."

Rifkind said although the study concentrated on men age 35 to 59, women and younger men identified by their doctors as having a high risk of heart attack or disease could benefit from the same program.

Heart attacks and related heart allments are responsible for more deaths in the United States than any other disease, killing half a million people each year. About 680,000 suffer heart attacks annually, and 5.4 million have coronary disease.

It is estimated one in 10 men aged 35 to 59 have high blood cholesterol levels.

Cholesterol which forms part of cell surfaces and is involved in their reproduction. 14 a substance necessary to life. Studies have shown, however, too much cholesterol in the blood is linked to increased risk of heart discase.

Rifkind said no one had shown conclusively that lowering cholesterol levels would reduce the risk of heart disease until this lates study.

The drug used in the study was cholestyramine, which lowers blood cholesterol by changing the way food is processed in the intestinal tract. It is already on the market and available for prescription.

Its drawbacks were that It had to be taken several times a day, ideally six, mixed with water or orange juice. Some men in the drug group took fewer packets and some took none. The diet group took a placebo.

Side effects included constipation and bloating, but most could be eliminated with treatment, the doctors said.

Calendar

WEDNESDAY, JAN. 18

Rebos and Live Oak Rebos Club, noon and 8 p.m., closed, 130 Normandy Rd., Casselberry.

Altamonte Springs AA , 8 p.m., closed, Altamonte Springs Community Church, State Road 436 and Hermit's Trail. Alanon meets same time and place.

Casselberry AA, 8 p.m., closed, Ascension Lutheran, Ascension Drive, Casselberry.

Born to Win AA, 8 p.m., open discussion, 1201 W. First St., Sanford.

THURSDAY, JAN. 19

Candlelighters self-help support group of parents and families will present a program on "Feeding the Cancer Child" at 7:30 p.m., at Kane Furniture Co., 2601 E. Colonial Drive, Orlando. For information call 898-0733. Lake Mary Rotary Club, 8 a.m., Lake Mary High School.

Overeaters Anonymous, open, 7:30 p.m. Community United Methodist Church, Highway 17-92, Casselberry. Sanford AA, 8 p.m., 1201 W. First St. Open speaker. Sanford Alanon, 8 p.m., The Crossroads, Lake Minnie Road off Highway 17-92, Sanford,

Oviedo AA, 8 p.m., closed, First United Methodist Church, Oviedo.

FRIDAY, JAN. 20

Seminole Sunrise Kiwanis, 7 a.m., Skyport Restaurant, Sanford Airport.

Optimist Club of South Seminole, 7:30 a.m., Holiday Inn, Wymore Road, Altamonte Springs.

National Association of Retired Federal Employees, 2 p.m., Casselberry Senior Citizen Center, 200 N. Lake Triplet Drive, Casselberry.



17-92 Group AA, 8 p.m., Measlah Lutheran Church, Highway 17-92, south of Dog Track Road, Caaselberry. Wekiva AA (no smoking), 8 p.m., Wekiva Presbyterian Church, SR 434, at Wekiva Springs Road. Closed.

Longwood AA, 8 p.m., Rolling Hills Moravian Church. SR 434, Longwood. Alanon, same time and place.

Tanglewood AA, 8 p.m., St. Richard's Episcopal Church, Lake Howell Road. Alanon, same time and place.

Sanford AA Step. 8 p.m., 1201 W. First St., Sanford. Closed.

SATURDAY, JAN. 21

Central Florida Right to Life Rally, 7:30 p.m., Maitland Civic Center, Speaker- William Brennan, author.

Third annual Lake Mary Grand Prix Go-Kart Street Races. 9:30 a.m., NCR parking lot, Lake Emma Road.

Senior Citizens trip to "Top of The World," at Disney World for luncheon, leave Sanford Civic Center, 9 a.m.; pick up at Seminole Plaza, Casselberry, 9:30 a.m. Return 5 p.m. For information call 322-9148.

East-West Sanford Kiwants Club, 8 a.m., Skyport Restaurant, Sanford Airport.

Sanford Women's AA, 2 p.m., closed, 1201 W. First

St.

BUNDAY, JAN. 22

Lake Mary Grand Prix Go-Kart Street Races, 9:30 a.m., NCR parking lot, Lake Emma Road.

Young Jewish Professionals Singles Group Super Bowl Party, 3:30 p.m., Spanish Trace Apartments Clubhouse. Wymore Road. Open to singles 25-40. Call Jeff at 862-6521 for information.

Narcotics Anonymous, 7 p.m., 1201 W. First St., Sanford.

Sanford Big Book AA, 7 p.m., open discussion, Florida Power & Light building, N. Myrtle Avenue, Sanford. Seminole Halfway House/Crossroads, off Highway 17-92 pm Lake Minnie Road, Sanford, 8 p.m., open. MONDAY, JAN. 23

Sanford Rotary Club, noon, Sanford Civic Center. Dating service for mature adults, I p.m., Deltona Public Library, 1691 Providence Boulevard, Deltona. Overeaters Anonymous, 10 a.m., Deltona Public Library.

Lake Kathryn Homemakers, 1 p.m., Casselberry Senior Center, 200 N. Lake Triplet Drive.

Sanford AA, 8 p.m., closed, 1201 W. First St. Alanon Step and Study, 8 p.m., Sentor Citizen Center, N. Lake Triplet Drive, Casselberry.

Fellowship AA Group, 8 p.m., closed, Senior Citizens Center, N. Triplet Drive, Caseelberry.

TUESDAY, JAN. 24

Rotary Club of Longwood, 7:30 a.m., Casaldy's Restaurant, State Road 434.

Optimist Club of Sanford, 11:45 a.m., Western Sizzlin Steak, Highway 17-92.

Sanford Lions Club, noon, Holiday Inn. State Road 46 at Interstate-4.

Historic Longwood Rotary Club, 7:30 a.m., Longwood Village Inn, County Road 427.

Winter Springs Sertoma, 7:30 a.m., Big Cypress. Sanford Toastmaster, 7:15 a.m., Granny's Kitchen, Commercial Street.

17-92 Group AA, 8 p.m., Messlah Lutheran Church, lighway 17-92 south of Dog Track Road, Casselberry. Red Cross Baby Sitting course for children 11 years

and older. Call 894-4141 to register. Overeaters Anonymous, 7:30 p.m., Florida Power &

ight building, Sanford.

Red Cross Vital Signs I course at 5 N. Bumby and Central, Orlando, 7-9 p.m. Call 894-4141.

WEDNESDAY, JAN. 25

Sanford Kiwanis Club, noon, Civic Center. Free blood pressure checkups, 10 a.m. and Medicare nformation, 10 a.m. to noon, Casselberry Senior Center, 200 N. Lake Triplet Drive, Casselberry.

Free legal services by Legal Aid Society of Seminole County for those who qualify, 9 a.m. to noon, Salvation Army Center, 700 W. 24th St., Sanford.

3A- Evening Herald, Sanford, Fl. Wednesday, Jan. 18, 1984

Police Stockpile High-Tech Weaponry For The Olympics

LOS ANGELES (UPI) - Police preparing for the Olympic Games are stockpiling a cache of anti-terrorist hardware - some of it seemingly out of a "James Bond" movie - including silencer-equipped submachine guns. aerial and underwater surveillance devices and a robot.

Police already have spent \$454,936 for the equipment and have placed orders for items worth \$149,268. according to city administrative office figures obtained by the Los Angeles Herald Examiner.

The department gets to keep the gear once the Games are over

Among the acquisitions are a \$61,091 bomb-disposal robot: five \$650 sets of "photo binoculars" that take

pictures with 35mm film; five sets of wireless underwater communication equipment costing \$8,211, and a \$4,100 British "electronic detection apparatus" that can detect impressions left by writing after the original copy is gone.

"Police are being charged with an ever-wider array of social problems to deal with," Michael T. Klare, an author and member of the Institute for Policy Studies, said in Washington. "It's partly how society views the role of police. Now I sense there's going to be a new upsurge in buying this stuff."

He suggested the public might have reason to be

intimidated by the sophisticated equipment.

"It gives police a greatly enhanced potential for needed for some time. Now we have this golden surveillance of everyone." Klare said. "That's more Big opportunity." Brother, there's no getting around it."

But police spokesman William Booth said Klare's premise is "foolish."

"I think that it's foolish for anyone to assume or suggest that the police are just waiting with baited breath for high technology to give them the tools with which they can thwart the Constitution and the laws of the land." Booth said.

Booth said the department is using the Games an an ticket taxes

opportunity to acquire "the kinds of equipment we've

Booth declined to speculate on specific scenarios in which the sophisticated gear or the silencer-equipped machine guns could be used.

The money comes from the city's Olympic Trust Fund, created in 1978 to help pay for expenses connected with the Games, said George Wolfberg of the city administrative office. As of December, he said, the fund contained \$11.8 million, most of it from hotel and

Rights Commission Narrows Its Role

HUNT VALLEY, Md. (UPI) - The new U.S. Civil Rights Commission wasted no time in pointing itself down a more conservative path, voting at its first meeting to condemn quotas and adopt a narrower watchdog role.

"We have given the public ... a view of the new commission and how it may operate." Chairman Clarence Pendleton said Tuesday at the close of the commission's two-day meeting. "There will be, in a sense, a new direction."

But not everyone liked what they saw.

"I despair for women and minorities especially in this country," said liberal commissioner Mary Berry, whom President Reagan tried to fire last year and who balked at much of the commission's redirection.

In Washington, leaders of the congressional black. Hispanic and women's caucuses asked 11 House committees and 33 subcommittees with jurisdiction over the panel to "take immediate oversight and investigative action" on its efforts to redefine and narrow its search for discrimination.

"The Reagan administration fully intends to eliminate civil rights monitoring and turn the commission into an arm of the White House political apparatus," they said.

The commission was reorganized by Congress last year after a bitter fight over Reagan's attempt to fire and replace a majority of members then sitting on the 26-year-old advisory agency, which oversees the nation's civil rights practices.

Despite the reorganization, however, civil rights groups charge Reagan succeeded in stacking the eight-member panel with those more in tune with his philosophies, including opposition to quotas and forced busing.

At its meeting, the commission adopted a resolution declaring itself independent of the White House but it also issued, on a 6-2 vote,

a statement reversing the civil rights cominfision's 3-year-old policy condoning quotas.

The statement instead deplores quotas that give groups of women or minorities preference over "innocent third parties" in hiring, promotions or other benefits simply because others of their sex or race were discriminated against.

"Preferential treatment based on race, color, gender, national origin or religion" should be not condoned "at the expense of innocent individuals."

The commission staked out its position in a case involving a court-approved quota system in Detroit that promotes black and white policemen in equal numbers to remedy past discrimination against blacks.

The administration, through the Justice Department, tried unsuccessfully to get the Supreme Court to condemn the Detroit quotas.

Hospital Argues Against Quadriplegic's Plea To Die

SAN FRANCISCO (UPI) - Doctors who would allow quadriplegic Elizabeth Bouvia to commit suicide would be committing a crime and could be imprisoned. lawyers for **Riverside General Hospital have told** the California Supreme Court.

They asked the high court Tuesday to allow the county hospital to continue force-feeding the 26-year-old cerebral palsy victim who has asked that she be allowed to starve herself to death.

"Killing of the petitioner would be neither excusable nor justifiable." Deputy County Counsel Barbara Milliken said in papers filed with the state's highest court.

If the court does not allow the force-feeding to continue, the result would be criminal homicide, Ms. Milliken said. "No court has recognized the right to commit sulcide or to compel others to assist that suicide.

Hospital officials, who last month threatened to discharge Mrs. Bouvia, said they will care for her until she finds somewhere else to go. But the woman so far has refused more than 100 plans to move to convalescent centers, Ms. Milliken said.

The state Supreme Court is considering Mrs. Bouvia's request to starve herself in Riverside General Hospital.

Nader Claims Federal Waste Probe Is A Waste

WASHINGTON (UPI) - A presidential commission that sought out waste and inefficiency in government went too far in recommending cutbacks in health and safety programs that could cost lives, consumer activist Ralph Nader charges.

The President's Private Sector Survey on Cost Control closed out 18 months of investigation of waste last week, publishing the final report in a series that stretched through 23,000 pages.

Its chairman, J. Peter Grace, said the group used \$75 million worth of donated time and \$3.3 million in business contributions to issue 47 reports on what it considered unnecessary government spending.

However, the recommendations include abolishing many government programs and services Americans have come to take for granted.

"Many of the Grace commission recommendations deprive the American consumer and worker of their government's protection in the safety area and preserve the goodies that the corporations are getting from the government," Nader sald. 'The recommendations would reshape the government away from helping the vast majority of the American people and in the direction of further enriching the rich and empowering the powerful." Besides, Nader said, the donated time and expenses were being charged off against taxes as business expenses, an indirect subsidy from government. If all of the commission's nearly 2,500 recommendations were carried out the savings over three years would be \$424.4 billion. That would accumulate by the end of the century to savings of \$10.5 trillion, Grace said.



Ralph Nader message: "If you're paying your taxes.



Grace, whose zeal for shrinking goverment has kept him on the speechmaking circuit for years, said his volunteer executives would now fan out across the country, carrying a simple

'Hi ya, sucker.'

Grace said individual income taxes only cover the cost of interest on the national debt. One-third of all income taxes is wasted and an amount equivalent to another third is never collected from people who reported that It was due, Grace said.

Nader said no one could argue with the managerial efficiencies recommended by the commission. But the specific recommendations went far beyond the the group's mandate and extend to policy. he said.

"One of their recommendations is to weaken the meat and poultry inspection. system," he said. "Another is to eliminate federal regulation of oil pipeline rates.

"We really have here a case where business executives from the food, oil, shipping and many other industries are recommending things that advance their own economic interests," he said.

Most Women Like Their Feet

The part of the their

their figures.

NEW YORK (UPI) - induced vomiting to keep themselves too fat, the Most young women are unhappy with their bodies. but think their feet are neat.

Glamour magazine's Body-Image Survey of ing satisfaction. Calves 33,000 of its readers primarily between the ages of 18 and 35 showed that 75 percent considered themselves to hips were the body parts be too fat.

women use diet pills to found. lose weight and 25 percent have resorted to self. of the women considered

Florida this month and next.

music rehearsal hall.

Latin America Subject

Of UCF Lecture Series

Joanne Omang, who reports on Central America for

The Washington Post, is the first of three distinguished

series lecturers appearing at the University of Central

The three-part series on Latin America 1984, is free

Omang's topic, "The News Media and Central

She will be followed on Feb. 1 by Dr. Melvin Burke,

professor of economics at the University of Maine, who

will speak on "Latin America and the Debt Crisis..." Dr.

Burke also is an economic consultant for Latin

The final speaker in the S&H series, Dr. Robert S.

Leiken, will appear Feb. 15. The Senior Associate at the

Carnegie Endowment for International Peace and Senior

Fellow at Georgetown's Center for strategic and

International studies will view "The Kissinger Report

The series is presented by UCF as part of the

internationalization of its liberal arts area and the 1984

initiation of a Latin American Studies program in the

American economic and developmental problems.

and the Future of Central America."

college of Arts and Sciences.

America," will be presented tonight at 8 at the UCF

and open to the public. It is sponsored by the S&H

Foundation Leadership Program and UCF.

with 81 percent expresswere mentioned by 77 percent while breasts were selected by 71 percent. Thighs, stomachs and

women were most Fifty percent of the ashamed of, the poll

But although two thirds

pleasing was their fect of the women polled were under the desirable weight for their height while 25 percent were overweight. the reather outside in frightui Kcep the weather inside detration



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Amid Bombs, Bullets

School Occasional In Wartorn Beirut

By Jack Redden

BEIRUT, Lebanon (UPI) - With the shells screaming overhead and sniper fire blocking the only stairway out of the school, the teachers had no choice but to lower their seven and eight-year-old students down the side of the building on a rope.

Bullets through the windows, shrapnel through the doors - a teacher in Beirut has many problems that her western counterpart has never dreamed of.

"They stay in their classroom until they are told to implement the security plan," Gaby Shamaa explained, using the kind of unemotional language that somehow makes the nine years of Lebanese warfare seem almost normal.

Nazareth, the school where she teaches mathematics, had been open for only 10 days since the beginning of September and was supposed to stay open through the Christmas holidays to make up the lost time.

A 3,000-pound bomb aimed at French peacekeepers ended that plan three days

.03 CARAT PENDANT

or .04 CARAT* EARRINGS

YOUR

hill from the school shattered its windows and ripped open the doors.

"It's simple," said Sister Veronica Carthy. "Everything we did before has to be repaired again.'

The hardships of closing down the schools tend to alternate between the Christian castern side of Beirut and the mainly Molsem west. When one side of the city is closed by attacks, the other often is enjoying a period of peace.

While students in west Beirut have enjoyed almost uninterrupted classes, schools in east Beirut have been open only a few days since last fall.

Public schools in the Christian cast, which make up about half of the total school system, have been jammed with refugees instead of students since the war broke out between warring militias last fall in the mountains cast and southeast of the capital.

The years of experience in operating a school system during wartime have made the

before Christmas. The explosion down the conergency procedures very efficient. There was even a bit of foresight. Schools built since 1967, the year of Israel's major victory over its Arab neighbors, have had to include bomb shelters.

> "First we find out where the shelling is." said Sister Carthy. "Then we give the alert and take the children into the shelter."

> In the case of Nazareth school, there are no real shelters and children take refuge in the lower floor, a former cistern, until the shooting stops and parents can arrive to escort them home.

> Sister Carthy, nervous after years of attacks and given to sleeping in a more secure room near the chapel during shelling, says it is worse now with the threat of bombings and shelling from the mountains.

> "Perhaps the people doing the firing before were nice." said the middle aged Roman Catholic nun. "They only shelled in the evening."

MAN'S DIAMOND

RING

1/4 CARAT*

-50%



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DIAMONDS

DIAMOND

BRIDAL SET



Magnetic Frugality

Nicholas French, 22, uses a magnet fied to the end of a rope to find metal tools that somehow found their way into Lake Monroe. French cleans and uses the parts for working on cars. He works with his brother as a mechanic. Inset: In his hand are two sockets and attached to the magnet, a socket wrench.

Women Planning Pregnancy After 30 Need To Shape Up, Obstetrician Says Evening Herald, Sanford, Fl. Wednesday, Jan. 18, 1984-9A

By Sharon Rutenberg **UPI Science Writer**

CHICAGO (UPI) - Women over 30, who delay childbirth to pursue a career, should start getting in shape before they plan to become pregnant, an obstetrician savs.

The best biological time to become pregnant is in the 20s, said Dr. Atef Moawad, chief of obstetrics at the University of Chicago Medical Center.

Moawad said more women these days are postponing childbearing until after age 30 when they are "more mature, more settled, more psychologically and emotionally able to raise kids and cope with kids b."

Of the dangers of pregnancy for the over-30 woman, he said, "It's not a matter of being risky or not risky anymore. We understand the risks and we can do something about it now ... People are doing it more becauey see that it can be done safely."

Chromosomal abnormalities increase with age but can be diagnosed by pre-natal tests such as amniocentesis or ultrasound.

He said older women should be screened for hypertension, diabetes and plaque liartery walls, all of which increase with age. These risks can be overcome if detected before pregnancy or in the early stages. Moawad said.

The cardiovascular system and blood vessels also must be examined before and throughout pregnancy.

"In essence, a healthy woman doesn't have to worry about her age as much anymore." he said.

Moawad said he would prefer to see an athletic 40-year-old pregnant woman than a 20-year-old obese pregnant woman who does not exercise or have toned muscles, is not taking care of herself and whose eating habits are bad. A woman thinking about pregnancy after age 30 - and even 35 and 40 should be actively doing something

about it, Moawad said. "She has to exercise, improve her

physical condition, just like she's going for a race. This is a condition which taxes the physiology, especially the cardiovascular system.

Before becoming pregnant, a woman should consult with her physician and work for six months to reach optimal condition, he said. She should attain a proper diet, appropriate weight and good muscle tone.

"Most of the people who delay pregnancy are professionals and are sort of super-achievers," he said. "A doctor or someone has to lay it on the line.

"The lack of sleep and unwholesome life of a very high-strung, busy professional is not very good for the pregnancy. Some adjustments have to be made.

"We know if people stand on their feet and are strained, no matter what age, that's not very good for the circulation of the baby in the womb."

He said support by the husband. family and a person close to her at work is important.

"Work's fine -- but not to the point of exhaustion. It's not good for pregnancy. In general, she should not get tired or exhausted."

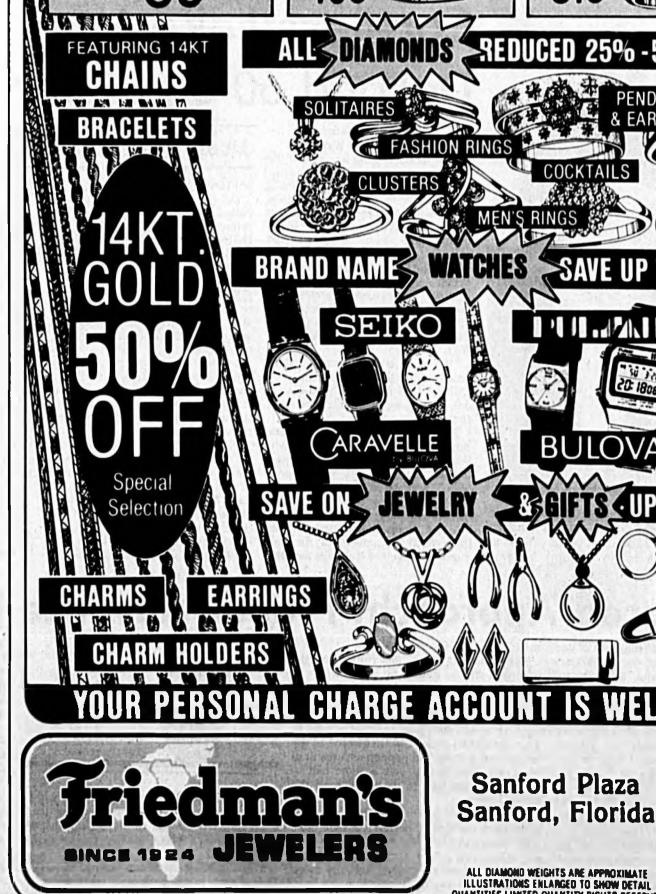
A woman has more difficulty becoming pregnant as she ages. Many say they will postpone pregnancy and just assume they will become pregnant in a certain year.

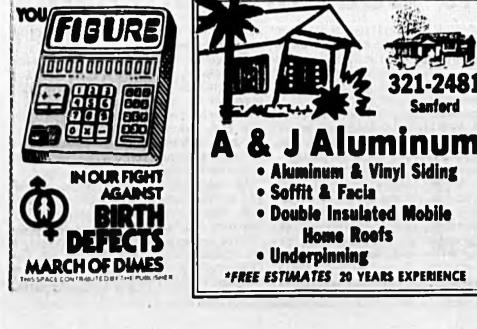
"Well, some women will be disappointed because it's not going to happen ust like that," Moawad said.

Some working couples find it difficult to get together at the right time.

"Some of my patients say, 'We have been trying for six months.' You find out they really hardly meet and they meet in the wrong times because their schedules cannot be adjusted." Moawad said.

'They're both professionals and their minds are elsewhere. They're hardly concentrating on the subject of relaxing."





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Raiders Land 6-10 Nigerian; **Battle Florida Junior Tonight**

By Sam Cook Herald Sports Editor

Things are looking up for coach Bill Payne and his Seminole Community College Raiders - boy are they looking up.

Payne announced Tuesday the signing of 6-10 Nigerian Korede "Alexander" Soyebo. Payne is quick to point out Soyebo is no Akeem "The Dream" Alajuawon, but the SCC coach is happy with his find and will painstakingly develop him over the next two vears.

Soyebo began classes at SCC during the second semester, so he will be eligible for competition when the Raiders open their 1984-85 season. The 21-year-old freshman was channeled to SCC via the University of Kentucky.

Two of Payne's friends. Leonard Hamilton and Jim Hatfield, are assistants for Joe B. Hall, Hall's son, Joe B. Jr., discovered Soyebo while on a

trip to Lagos, the capital of Nigeria.

'But when he walked into the University of Kentucky practice, there were five guys taller than him," said Payne. "He wasn't ready for that. Hamilton called me and I said we'd be very happy to take him."

Soyebo has a long way too go. Payne said. "But you can't teach them to go." said Bill. "We're making him tassistant coach) Dean Smith's project. When we break to practice. Dean takes him over to the side.

"Alexander is a great kid. He works very hard and shoots well from eight to nine feet. He just hasn't playing any basketball and that's what we're going to teach him." Payne added.

The new signing is just part of the upbeat tempo now prevalent at SCC. Payne's Raiders knocked off a solid Daytona Beach club Saturday night as sophomore Jim Payton and freshman Mike Tolbert pulled on the hero's Jerseys.

Basketball

Payton cashed in 18 of 19 free throws - several which came down the stretch - on his way to a career-high 30 points to hold off the Scots. It was just Daytona's fifth loss in 19 games. The Scots had upset second-ranked Lake City earlier this year.

Tolbert, a standout for Orlando Oak Ridge last year. provided the impetus for two second-half spurts which took the wind out of Daytona's sails. Tolbert hit six straight points early in the second half for a 16-point SCC lead, then came back with five more for a 17-point spread with nine minutes to play.

"We're getting a lot more good out of our new lineup," said Payne about the quintet of Payton. Tolbert. Linny Grace. Bernard Merthle and Luis Phelps. "The kids are playing harder and Tolbert has taken

some of the pressure off Payton Jimmy's been able to shoot more instead of worrying about running the offense."

A change defensively, too, has helped SCC mold a 12-8 mark along with 2-1 in the division. "We played predominately 1-3-1 and 2-3 zone against Daytona," said Payne. "We had just been putting the other team at the foul line too much.

'We'd like to be more aggressive and play man-to-man. but you can't send them to the foul line 40 times a night and hope to win."

SCC is 7-4 at home and 5-4 away from home. Payne said he hopes to finish .500 in the Mid-Florida Conference and then win the post-season tournament to gain a berth in the state tournament.

The winner of the conference automatically qualifies. Payne thinks that will be Lake City. which is 2.1. The loss was at Daytona. Florida Junior (2-1) and Daytona (1-1) are the other challengers along with Payne's



Bill Payne ... things looking up

1-1 Raiders.

Tonight, the Raiders journey to Palatka for a game with Florida Junior. The man to stop for FJC is William Davis, a 6-1 sophomore guard who is averaging 17 points per game. "They've also go two 6-5 guys from Thomasville, Ga. who jump by kangaroos," said Payne.

After tonight's game, the Raider will return home Saturday to host arch-rival Valencia at 7:30. There is no charge for admission.

Williams' Jumper **At Buzzer Stops** Seabreeze Sweep By Sam Cook

Herald Sports Editor

DAYTONA BEACH - With the Seminole girls' and boys' varsity basketball teams coming into this, snowbird retreat with 29 victorics between them, one could assume that they would leave Scabreeze High, with 30 or 31.

Assumations, however, went by the seaside Tuesday, night. The Lady Sand

Crabs put the bite on 6-2 Dieidre Hillery. holding her to a season-

Basketball

low three points, while carving out a 55-50 overtime, victory over the Lady Seminoles.

The boys weren't much better. They ran into a sticky man-to-man, full-court press in the second half and an incessant attack on the offensive boards by the aggressive Sand Crabs en route to a 70-56 setback.

Their press just killed us," said Seminole coach Chris Marlette. "We were not taking our time on it. We got the ball inbounds too quickly, then the guards didn't do a good job of breaking it."

All was not lost, though. When it came down to the clutch shot, there was nobody cooler than sophomore Daryl Williams. The 5-7 guard swished an 18-footer al the buzzer to lift the Seminole junior varsity to a pulsating 50-49 victory to salvage the middle game of this Five Star Conference triple-header.

"That one will make the long ride home a lot more" fun." said coach John McNamara about Williams" game-winner. "We needed this one after all the close ones that got away."

The victory improved the JV's mark to 7-5 overall and 6-4 in the Five Star. Although Williams tossed in the big one, he had a lot of help from sophomore Alvin Jones." who had an NBA night on the boards. Jones yanked down a career-high 20 rebounds and came up with five steals.

Williams finished with 21 points along with 10 assists. Hill finished with 13 points and 10 board while Dexter Franklin chipped in three points and handed out seven,

assists. The JVs play Lake Mary Friday night at 6:30.

While the JV victory will not have much bearing on the conference race, the twin losses suffered by the varsity probably will.

"This was a big one," extolled Seabreeze coach Joe Pigotte Jr. after his Crabs had spanked the Seminoles. "I don't think you can lose more than three and win the, conference.

And three losses is exactly where Sanford's boys stand, right now. They have won six, so there are still nine, games to play in the conference race. Spruce Creek ripped Lake Howell Tuesday to Improve to 8-1. Mainland" is also 8-1. Seabreeze is 7-2. Lake Mary fell to 5-4 with, its loss to DeLand.

"Slim," was how Marlette described the Tribe title hopes. "We still have a possibility, but Spruce Creek and Mainland both have to lose twice." Neither team started like a conference contender

Tuesday. Both opened in man defenses and forced shots.

Seabreeze took a 7-6 lead before Tribe coach Chris

Grey fed James Rouse for one bucket, combined with

The Tribe took advantage of seven Scabreeze

Still, when the Crabs didn't score for the first two minutes of the second quarter. Rouse and Franklin popped in buckets for a 19-11 edge. Mitchell, who led

the Tribe with 23 points, got hot midway through the quarter as the 'Noles went up 25-15 on a Tommy Stiffey

Then the Tribe tried to slow things down - and got

jumper with just 1:47 left to intermission.

turnovers in the quarter but missed two more opportunities to score when Grey missed a wide-open 17-footer and Mitchell couldn't break free for the last



Gordon Overwhelms Lady Rams **By Chris Fister**

Herald Bports Writer Lake Mary's Lady Rams did

everything they could Tuesday night, but they just couldn't stop DeLand's Bridgette Gordon. Gordon, despite being harassed by two or more defenders most of the night, poured in a game-high 34 points to lead DeLand's Lady Buildogs to a 57-46 victory over the

Lady Rams in Five Star Conference action at Lake Mary High. "None of her shots were easy ones." Lake Mary coach Bill Moore said of Gordon. "We had people in her face all night, but she still made her shots. We might have been so worried about Gordon that we didn't do the things on defense that we wanted to."

Tuesday's loss marked the second time this season DeLand has besten

Prep Basketball

the conference Thursday when it goes up against conference leading Sanford Seminole at Seminole High. Seminole was upset by Daytona Beach Seabreeze Tuesday and stands at 9-1 in the conference.

Although Gordon started and finished hot, Lake Mary's Peggy Glass matched her basket for basket in the first half as Lake Mary took a five-point lead. 28-23, at halftime. Gordon had 14 of her 34 points in the first half while Glass had 12 of her 16 points.

Gordon continued to sizzle in the third quarter, pumping in 11 points. as DeLand outscored Lake Mary. 17-8, to take a four-point lead, 40-36, into the fourth. DeLand built a 10-point lead, 48-38, with 4:30 remaining on a jumper by Gordon. but Lake Mary fought back to within four points, 48-44, on a layup by Laura Glass.

free throws and Gordon hit the front end of a one-and-one to put the Lady Bulldogs back up by seven. 51-50, with 1:34 remaining.

Knight came back to hit a layup with 1:14 remaining to put DeLand up by nine, 53-44, and Robyn Swartz then delivered the knockout punch as she came up with a steal and raced down court for a layup and an 11-point DeLand lead, 55-44. with 1:04 remaining.

Behind Gordon for DeLand, Knight tossed in nine points and Nikki, Williams added eight. Peggy Glass turned in a fine performance for the Lady Rams with 16 points and nine rebounds. Andrea Fenning added eight points for Lake Mary while Laura Glass chipped in with six points and six rebounds. Kim Averill handed out a game-high seven assits and Lisa Gregory dished out five assists.

the Lady Rams. The Bulldogs also pulled ahead of Lake Mary and into sole possession of third place in the conference race. DeLand stands at 12-4 overall and 7-3 in the conference while Lake Mary fell to 11.5 overall and 6.4 in the conference and also had its winning streak snapped at six.

Lake Mary will try to stay alive in

Not long after that though, Laura Glass was whistled for her fifth foul and Moore was slapped with a technical after arguing the call. Debbie Knight hit both technical

Marlette yanked point guard Bruce Franklin in favor of DELAND (S7) - Corr 2, Gordon 34, Knight * senior Steve Grey with 3:21 to play in the first. Swartz 4, Williams 8, Totats: 249-1557. LAKE MARY (46) — Averill 4, Fenning 8, L. Glass 6. P. Glass 16, Gregory 6, C. Hall 0, L. Hall Willie Mitchell for a steal and then hit him for a 2. Patterson 2. Totals: 22.2.3.46. Halftime — Lake Mary 28. DeLand 23. Fouls breakaway basket for a 10-7 lead. Mitchell then fired one in from the wing for a 12-7 edge with 1:40 to go.

Lake Mary 17, DeLand 6, Fouled out - L. Glass, Technicals - DeLand coach Cos, Lake Mary coach Moore, Gordon,

Careless Lake Mary Hands DeLand 60-58 5-Star Victory

By Chris Fister **Herald Sports Writer**

After being behind for most of the game to DeLand's Bulldogs, Lake Mary's Rams started to surge in the fourth quarter and looked in good shape when Darryl Merthle dropped in a pair of layups to give the Rams a three-point lead, 58-55, with 53 seconds left to play. But, the Rams managed to snatch

defeat out of the jaws of victory Tuesday night as some careless play down the stretch enabled DeLand to pull out a 60-58 victory in Five Star Conference action at Lake Mary High.

"We gave it away," Lake Mary coach Willie Richardson said. "We had the lead and tried to spread it out. I guess we shouldn't have done that

After Merthie gave the Rams their three-point lead, DeLand's Kevin Weickel came back to hit a jumper to pull the Buildogs within one, while DeLand improved to 6-9 58-57, with 40 seconds remaining. overall and 4-5 in the conference. Lake Mary then came down and Lake Mary will try to regroup as it tried to run some time off the clock, prepares for round three of its but the Rams committed one of rivalry with Seminole to be played three costly turnovers in the last Friday night at Seminole High. minute to give the Bulldogs new life

Prep Basketball

with 25 seconds remaining. DeLand came down the court and called a timeout with 17 seconds remaining to set up a last shot. The Buildogs got the ball to Weickel who tried to drive for a layup, but he was fouled by Lake Mary's Fred Miller with seven seconds left.

Weickel canned both free throws to give DeLand a 59-58 lead, but it still wasn't over. Lake Mary had seven seconds, a lifetime according to Al McGuire, to work for a last shot. But, as they did their last two times down the floor, the Rams committed another turnover and Randy Anderson hit one of two free throws with two seconds left to ice the victory for DeLand.

The loss dropped Lake Mary to 8-6 overall and 5-4 in the conference

"We can't play like we did tonight

gainst Seminole," Richardson said. We did well in spots tonight but there's still room for improvement." Anderson led the way for DeLand with a game-high 21 points and 16

rebounds. He was joined in double figures by Weickel with 16 points and Greg Gilmore with 13.

Merthie had one of his best games this season with 19 points and seven rebounds. Miller added 12 points for the Rams and Billy Dunn and Ray Hartsfield tossed in eight apiece. Donald Grayson led Lake Mary underneath with eight rebounds.

DeLand took advantage of Anderson's strenght inside to build a five-point lead, 22-17, after one quarter. DeLand continued to roll in the second quarter as the Bulldogs took a nine-point lead, 28-19, on a 22-foot jumper by Stanley Collins. DeLand coach John Zeoli pulled Collins out after he swished his jumper and told him it was out of his range.

Lake Mary then went on to outscore DeLand, 11-6, the remainder of the second quarter to

See CARELESS, Page 11A.

stuck. Darryl Robinson hit a quick basket. Pat Johnson scored off a steal and 6-5 Greg Jenkins picked off an inbounds pass and scored again. The beginning of the end came when Pat Johnson tossed in a 22-foot bank shot as the buzzer went off to pull the Crabs within 25-23 at halftime.

The Crabs took immediate control in the second half, outscoring the Tribe. 20-8, en route to a 43-33 edge. A nice baseline move by Sanford's Jimmy Gilchrist cut the margin to six, but Seminole would get no closer than nine the final eight minutes

BESITINOLE (56) — Mitchell 23. Rouse 12. Gilchrist 4. Gordon 8. Grey 8. Franklin 7. Stilley 2. Holloman 8. Alexander 8. Totals: 25 613 56. BEADREEZE (70) — T. Johnson 10, P. Johnson 18, Robinson 20, Parks 4. Jenkins 8. White 8. Gould 2. Totals: 27 16 25 70.

Halflime — Seminole 25. Seabreeze 23. Foulis — Seminole 22, Seabreeze 17 Fouled out — Gordon, Technicals — none.

While the loss pretty much put the final nail into any conference championship chances for the boys, the setback suffered by coach Ron Merthie's girls only slightly slows their run for the championship.

"Now we got to play. But I knew that all along," said Merthie. "There are too many good teams in this conference. We don't have the cushion now. We don't have the luxury of losing another game and still winning

The Lady Seminoles are 9-1 and lead 8-2 Lake Howell by a game. DeLand, which knocked off Lake Mary Tuesday, is third at 7-3. Lake Mary falls to 6-4.

Scabreeze, which blew away Lake Howell last week, jumped off to similiar beigging against the Lady

See SEMINOLES, Page 12A.

Well-Placed Approach, Proper Advance Puts Odds In Your Favor

Most of us spend the vast majority of our matches in your favor. practice time working on our backcourt game. We work long and hard hours learning to hit deep and consistent forehands and backhands from deep in our court.

Heraid Photo by

The Imposing figure of DeLand's Bridgette

Gordon looms over Lake Mary guard Andrea

Fenning. Gordon scored 34 points Tuesday night to

lead the Lady Buildogs to an 11-point victory.

This is fine and everybody who plays the game seriously realizes that they cannot ever get to a very high level if they do not develop a good ground game. It is unfortunate though that many, many players develop a superb backcourt game but never take advantage of their opponents short ball and come to net behind a good approach.

If you have good groundstrokes it will be to your great advantage to learn how and where to hit approach shots off both the forehand and backhand side. It is a great reapon and can turn the tide of many close

The following is a description of the approach shot - how to hit it and where to direct your shot. Also included is where you should go after you hit the approach shot or what position you should take at net.

An approach shot is a shot that you hit to your opponents court and then come to the net behind it. It should happen as a result of your opponent hitting you a short ball one that brings you to or just behind the mid-court area.

You should not attempt to approach from your own backcourt because it will give your opponent much too much time to pass you. When you get the short ball you should run up to a position that is actually more behind the ball then to the side of it.

and a state of the second state of the second



shots while you are still moving forward. This type of timing really must be practiced a lot in order for you to perfect it. Most of your approach shots should be hit with underspin or sidespin.

The forehand approach seems to work better and is more simply performed if You will have to hit most of your approach sidespin is used. This gives you maximum approach shot and a proper advancement to

control of your shot and also is running away from a righthander's backhand when you approach down the line - the ball with underspin. The ball stays lower and will somewhat skid if hit properly.

It is acceptable to approach with topspin if the ball is at or above the height of the net when you hit it but most experts agree that sidespin or underspin are the most effective.

Be patient in your baseline railies. Keep the ball in play and deep until your opponent hits you the short ball, then come in, hit the approach shot and come on to net. The fact that you have come to net puts a lot of pressure on your opponent. He knows that he has to do something special now to win the point. A well-placed

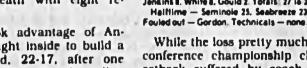
winning the point.

The approach shot should be hit down the backhand is more effective when you hit the line most of the time. If you hit your approach shot cross court you leave your opponent the easy down the line passing shot. You have a far better angle to cover the net and put more pressure on your opponent by hitting your shot down the line, and closing the net. You should close the net, directly in line with your approach shot.

After hitting the approach, run on in until, you see your opponent swing forward. You, then stop in your volley position, intently, watch the ball, and volley to the open court.

If you are serious about tennis and play a lot of matches you will want to add the approach shot to your game. It's a great weapon.

net puts the odds vasily in your favor in



shot.

Patriots Ride Workhorse Hodges Past Greyhounds

By Lou Stefano Herald Sports Writer

In a game that saw more bodies hitting the ground than you'll see on Super Sunday and balls slipping through hands like they were doctored with slippery elm. Lake Brantley defeated Lyman 66-59 Tuesday night in Five Star Conference basketball at Lake Brantley High School.

The Patriots (4-11) literally raced to a 21-8 first quarter lead as they scored 12 of those points on fast breaks and four more on offensive rebounds by 6-7 junior center Greg Courtney.

"We just got the ball out." said Brantley coach Bob Peterson. "They (Lyman) were crashing the boards and we were getting pretty good rebounding position.

'They would crash with five people in the lane and we just busted out. In fact, we should have had a couple more if we would have looked up the floor," added the coach.

Lake Brantley's Austin Hodges scored eight of his game-high *24 points in the first quarter. "He's just really a workhorse," said Peterson about his 6-1 senior. "He's not pretty, nothing fancy but he just doesn't let up." Six of his first eight points were on fast breaks and another two came off an offensive rebound. Brantley had 13 offensive rebounds on the game, many that were turned into points.

Lyman's Rick Neal scored all six of his points in the second quarter as Lyman charged back, outscoring the Patriots, 18-12, to put the halftime deficit at 33-26.

In the second quarter Lyman changed tactics and Lake Brantley changed the efficiency of its play. "We asked our kids to press because we knew they put five people on the press. Then we started dropping one of our guards back, and stopped hanging around the ball," said Lyman coach Tom Lawrence.

While Lyman played better defense, the Patriots had trouble on offense as they developed a case of the bobbles. "We haven't turned the ball over like that in a month." said Peterson. "We got off to the early lead and that syndrome got to us; we wanted to put the ball in the hole a little too quickly."

Lyman started to trap Brantley's outlet pass and forced turnovers that allowed the Greyhounds to stay close

Lake Brantley upped its lead in

Prep Basketball

the third quarter to 13 points as Leroy Brown worked his way to four points by grabbing two important rebounds. But Lyman whittled the lead down to five at 44-39 when James Stewart asserted himself. scoring six points during 'the stretch.

That would be the pattern for the rest of the game as Brantley would get up by as many as 12 points and Lyman would knock it back down to five.

"That was the difference between them hitting free throws and we weren't," said Lawrence. "We'd get within six, and foul, and they would hit the free throws to get it up to eight and we would go down and miss and they would score to up it to 10.1

For the game the Patriots hit 20 of 31 free throws with most of the misses coming in the first half.

Lake Brantley also won the junior varsity game, thrashing Lyman, 57.26. The Lyman JV played without Al Unroe and T.J. Scaletta, who were promoted to the varsity. Jeff McClain and David Hardwick each had 12 points for the winners. Brad Simpson had 8 points in the losing effort.

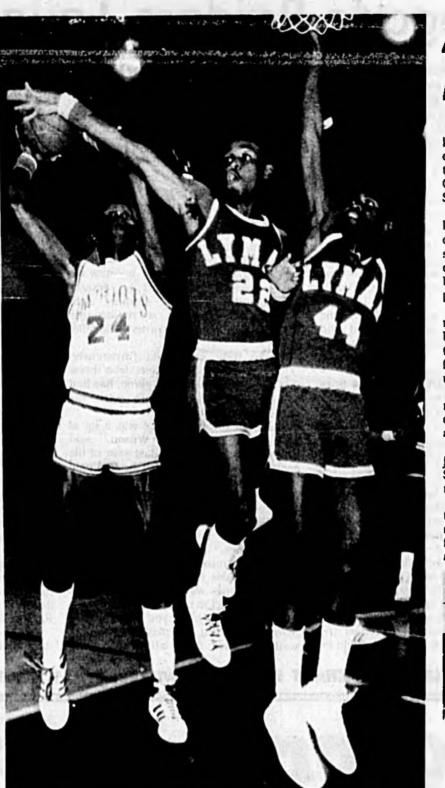
LAKE BRANTLEY (44) - Garriques 9. Brown 7. Trombo 11, Frakes 0, Hodges 24, Groseclose 4, Evans 4, Black 3, Courtney 4, Totals: 23 20 31 44 Lyman (St) — Scaletta 6, Nelson 7, Pilot 12, Russell 2, Neal 6, Philpot 11, Douglas 8, Slewart 7, Totals: 23 13 21 59.

Halttime — Lake Brantley 35, Lyman 27, Fouls — Lake Brantley 18, Lyman 20, Fouled out — Neal. Technicals - None.

ORLANDO - Oviedo's Mike Schwab returned from a twisted ankle injury with 24 points Tuesday night, but the Jones Tigers had too much firepower for the Llons, posting a 94-67 victory at Jones High School in District 3A-8 basketball action. "We just couldn't stay with

them." said coach Dale Phillips. Their transition game was too much. We could play with them halfcourt, but when they got going. It was all over."

Schwab, who has been bothered by several injuries this year, started slowly, missing his first five shots. But while his touch was, he did a good job of getting the ball inside to senior Darrin Reichle. The 6.5 center muscled in 14 first-half



Herald Phale by Bennie Wiebold

The Lions, 7-8, host defending

state 3A champion Kissimmee Os-

OVIEDO (67) - Klukis 4, Cohen 8, Norton 8,

Thompson 2, Kewley 3, Rossow 0, Boston 6, Couch 0, Reichie 18, Schwab 24, Totals: 36 15-38 67.

JONES (94) - Cheeks 8, David 15, Griffin 17, Harrold 0, Kelly 8, Moody 6, Morris 23, Taylor 0,

Halftime — Jones 39, Oviedo 29, Fouls — Oviedo 14, Jones 34, Fouled out — Reynolds, Technicals —

Lake Brantley's Leroy Brown tries to muscle past Lyman defenders' Greg Pilot and James Stewart, right. The Patriots tripped the Greyhounds in Five Star Conference play Tuesday.

points to keep the Lions within 24 points. Steve Cohen had four stcals.

Oviedo, usually a strong shooting free throw team, converted just 15 of 30 charity tosses for 50 percent. The Lions only hit 26 of 69 field goals for 36 percent.

Reichle finished with 18 points and six boards. Steve Cohen and Ed Norton each contributed eight. Schwab handed out six assists and collected six caroms to go with his Evening Herald, Sanford, Fl. Wednesday, Jan. 18, 1984-11A

Meyers, Sanders Kick **Rams By Blue Darters**

Jerry Meyers and Andre Sanders kicked home two goals each Tuesday night as the Lake Mary Rams throttled Apopka, 7-0, in Five Star Conference soccer at Apopka High School.

The victory improves the Rams' ledger to 11-4 overall and 3-2 in the conference. Coach Larry McCorkle's squad hosts powerful Boone Saturday with junior varsity action beginning at 12 noon and varsity play at 2 p.m.

Meyers got the Rams rolling 21 minutes into the first half when he beat the fullback with a nice move. then whistled a shot past the keeper for a 1-0 edge. The goal was unassisted.

Sander got a breakaway 15 minutes later for a 2-0 lead. "He just outran everbody," said McCorkle about his talented junior.

The advantage grew to 3-0 with just 24 seconds left in the half when Sanders intercepted an Apopka pass neat the net and booted it in.

Meyers turned in the best shot of the night for a 4-0 lead early in the second half when he took a pass from Marcus Slebmann and drilled a rocket from 23 feet for the score. **Prep Soccer**

"Jerry really boomed it," said McCorkle. "For a little guy, I didn't know he had that much power."

Siebmann came back with a goal of his own next. finessing a shot just over the keeper for a 5-0 lead. Sanders had the assist.

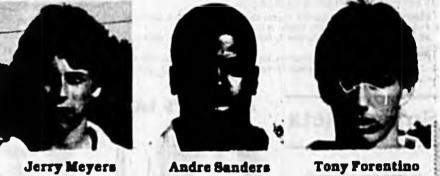
Tom Misuraca and Tony Florentino added the finishing touches. Misuraca threaded his goal past a cluster of players in front of the Apopka net while Fiorentino tallied with two minutes to play on an assist from Eric Zimmerman for a 7-0 final.

The Rams' JV also won, taking a 6-0 verdict as Louis Rosen and Mark Eskin each tallied two goals.

in the only other boys' game Tuesday, coach Norm Wight's Lake Howell Silver Hawks were upended by Boone, 3-1, at Boone High School in Orlando.

Mike Serino, however, remained hot with the Hawks' lone goal.

The fifth-ranked Silver Hawks travel to Seminole Friday at 3:30 p.m.



Lions Crush Bishop Moore

Oviedo's Lions roared to their 13th win of the scason Tuesday. 47-16, over Bishop Moore's Hornets in prep wrestling action at Oviedo High.

The Lions now stand at 13-1 for the season and will be back in action Saturday at home against Osceola Kissimmee in their last match before the Orange Belt Conference Tournament.

"It was a good win for us," Oviedo coach John Horn said. "It's the best we've ever done against Bishop Moore in the school's history."

Oviedo will be the host of the Orange Belt Conference tourney

Prep Wrestling

OVIEDO 47. BISHOP MOORE 14 101 — Jordan (O) p. Ogler 2:08 108 — Knapp (O) p. Crocker 1:28 115 - Syvertson (BM) d. Prier 9-1 122 - Smith (O) d. McKenne 7-3 129 - Berg (O) d. Selpulski 24-3 135 - Hilgar (O) d. Wichlan 7-2 141 — Harmon (O) d. Corso 18-9 146 — Hartman (O) won by default 158 - Walton (BM) p. Baxter :55 170 — Locklin (O) d. Myers 12-1 188 — Cirocce (O) d. Madrace 15-0 223 - Morton (O) p. Canfield 3 42 Uni — Bishap Maare wan by forfeit JV scare — Bishap Maare 53, Oviede 15



beginning Saturday, Jan. 28.

football ceach.

defensive line coach.

Football

Walker.

PORTS **IN BRIEF**

Lady Raiders Hit Boards, Still Tumble To CFCC

OCALA - Seminole Community College's Lady Raiders dominated the backboards Tuesday night against Central Florida Community College, but they didn't dominate the game.

Despite a massive rebounding edge, the Lady Raiders dropped a 76-65 decision at Central Florida in Division II basketball.

Valerie Roessler tossed in 13 points and pulled down 18 boards, Kim Ross also had 13 markers and 12 rebounds while Evelyn Smith totaled 11 points and 11 caroms.

'We outrebounded them terribly." said SCC coach lleana Gallagher. "We just couldn't find the basket."

SCC. 8-12, plays Brevard in Cocoa on Thursday.

Lyman Frosh Drop Oviedo

Lyman's Greyhounds placed four players in double figures Tuesday while racing past the Oviedo Lions, 83-70, in freshman basketball at Milwee Middle School.

Robert Thomas tossed in 17 points for coach Rich Balezentis' squad while Oscar Wilder added 21, Ricky Demming 12 and Sean Hester

Cary Justice had a game-high 28 points for

Oviedo and Randy Ferguson chipped in 23. Lyman, 8-4, hosts Bishop Moore Thursday at 4:30 p.m. at Milwee.

Mariners Select Jones

...Careless

Centinued from 10A.

halftime.

11

a.

pull within four points, 34-30, at

Both teams traded baskets most

of the third quarter but the Rams

outscored the Bulldogs by four

points in the quarter to tie the game

Lake Mary established the tempo

early in the fourth quarter and went

up by five points. 49-44, with 6:58

remaining on a layup by Miller.

485

at 43-43 going into the fourth.

NEW YORK (UPI) - The Seattle Mariners and New York Yankees have no doubts they got the right men with their first picks in Tuesday's winter free agent amateur draft.

The Mariners used the first pick in the regular phase of the draft to select Calvin Jones, a 20-year old right-handed pitcher from Chaffey Junior College in Alta Loma, Calif.

Gators Stun scorecard 'Cats, 69-57

United Press International So much for Florida vacations.

range.

The University of Kentucky, coming off its first loss last week at Auburn, had every right to expect better things Tuesday night at Florida. After all, the Gators were the toads of the Southeastern Conference last year, losing 13 of 18 games.

Basketball

and state record crowd of 12.074 at O'Connell Center

But before a school

in Gainesville, the Gators took one healthy bite out of

country's No. 3 team with a 69-57 victory. "This is a big, big victory for all of us." said Fiorida coach Norm Sloan. "It was a convincing win and I loved It."

Washington vs. Los Angoles Raiders. Kentucky, which dropped to 12.2, folded up on 4:34.0 defense and got little support underneath. Its two big Al Honolula Pra Bourl, 4 p.m. men. San Bowie and Melvin Turpin, had just 4 points

apiece. 'Maybe we thought it was going to be easy," said Kentucky coach Joe Hall. "But now we have to regroup."

Eugene McDowell scored 16 points on 8-of-9 shooting for Florida as the Gators beat the Wildcats for the first time since 1979. Ronnie Williams added 15. Vernon Delancy 14 (5-of-5 shooting; and Andrew Moten 13. Jim Master had 18 points and Kenny Walker 15 for Kentucky.

"I knew we could go down to the wire with them," said Williams, whose team is 7-6. "But I didn't think we could win by this much."

Kentucky trailed 34-18 at the half and had to take to the outside with Florida's zone shutting off the middle. The Wildcats cut it to 52-41 with 5:39 left but came no closer.

"They are great, players but we just took it to them." McDowell said.

In other Top 20 games, No. 7 Maryland defeated Clemson 85-72 and No. 13 ripped Duke 97-66.

At College Park, Md., Ben Coleman scored 21 points and grabbed 18 rebounds and Adrian Branch scored 22 points to carry Maryland, 12-2, in an Atlantic Coast Conference game. Clemson, which had its four-game winning streak broken, had its top scorer, Vincent, Hamilton, limited to 5 points.

At Greensboro, N.C., Lee Garber scored 16 points and guards Danny Young and Delaney Rudd had 15 each as Wake Forest hiked its record to 12-2 in un ACC contest.

DELAND (60) - Anderson 21, Carter 4, Cellins 2. Fair 8. Gilmore 13. Neely 4. Weickel 16. Totals: LAKE MARY (SE) - Dunn & Grayson 4.

Hartslield 8, Merthie 19, Miller 12, Reynolds 2, Wellen 5. Totels: 25 6-13 58. Heittime — DeLand 34, Lake Mary 38. Fouls — DeLand 11, Lake Mary 16. Fouled out — none. Technicals — none.

25 10-18 48

In Five Star Conference action Tuesday at Port Orange, Rod "Snowbird" McCray poured in 21 points and John Fedor added 19 as host Spruce Creek rolled to a 73-42 rout of Lake Howell's Silver Hawks. Spruce Creek improved to 15-4 overall and 8-1 in the conference while Lake Howell fell to 2-12

overall and 0-9 in the conference.

Lake Howell is back in action Friday night against Lyman at Milwee Middle School.

The outcome was never in doubt for Spruce Creek which bolted to an 18-point lead, 38-20, at halftime, Efrem Brooks was the lone Silver Hawks to reach double figures as he connected for 18 points.

LAKE HOWELL (42) — Artt & Anderten 2. Beasley 7, Boltennon 1, Broeks 18. Evens 4. Genne 6. Weeldridge 6. Totals: 10 6-11 42. SPRUCE CREEK (77) — Beas 6. Cropper 9. Ervin 4. Feder 19. Groen 2. Hemilton 8. Hill 2. Jankins 2. McAilater 3. McCray 21. Nichols 7.

Semperatt 3. Tolais: 26 17-26 73.

Halflime - Spruce Creek 38, Lake Howell 20. Fouls - Spruce Creek 14, Lake Howell 24. Fouled Bollannon. Technicais - none.

NFL

Seattle 31, Denver 7

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Sunday, Jan. 1

AFC - Los Angeles Raiders 38, Seattle

Super Soul XVIII

Sunday, Jan. 12

Sunday, Jan. 29

At Tames, Fig.

Pittsburgh 10

ceola Friday.

Reynolds 8. Tetals: 41 12-13 94.

NFL Playatts Wild Card Games Saturday, Dec. N

(All Times EST) Philadelphia at Cleveland, 7:35 p.m. New Jersey at Detroit, 7:35 p.m. Atlanta al Aliwaukae, 8:30 p.m. Derver al San Antania, 8:30 p.m. Dallas vs. Seattle al Tacama, Wash., Los Angeles Rams 24. Dellas I. Divisional playoffs 10:30 p.m. Washington at San Diego. 18:35 p.m. AFC - Seattle 27, Miami 20 Thursday's Genet NFC - San Francisco 34, Detroit 23 Chicage at New York Los Angeles al Phoaniz Portland at Golden State NFC - Water SI, Las Angeles Rams AFC - Les Angeles Raiders 36.

NHL Conference championships Sunday, Jan. I NFC — Wasan 34, San Francisco 21

NATIONAL NOCKEY LEAGUE Wales Conference **Patrick Division** W L T PH. OF GA

Las Angeles 108, Washington 95 Golden State 123, San Diege 110

Wodnesday's Games

Portland 121, Dallas 114

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Wednesday's Games LAN Times ESTI Linit remos ESTI SI, Lovis at N.Y. Rangers, 7:25 p.m. Celpary at Detroit, 7:28 p.m. Ministeals at Torusin, 2:36 p.m. Ministeals at Torusin, 2:36 p.m. N.Y. Islanders at Chicage, 8:28 p.m. Vancuver at Edmantes, 7:38 p.m. Buffale at Las Angolas, 10:28 p.m.

Thursday's Games Quebec at Beston Manimus at Hartford New Jersey at Philadelphia

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Baltimors of Los Angeles, 10:35 p.m.

NORTH AMERICAN SOCCER LEAGUE

Tuesday's Games No Games Schuduled Wedeesday's Games (All Times EST)

Chicage al Vancouver, 18 38 p.m. Tulsa al Goldon Bay, 11 p.m.

San Diego al New York, 7:30 p.m.

Thursday's Game

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Oakland (USFL) — Named Mike Dolby defensive line coach: signed to 1-year contracts: safety Kevin Baird, cornerback Gavin Carr, guard James Cartor and nese lackle Chris Righm. Philadelphia (USFL) - Signed? linebacker Tam Kilkenny to hen I-year contracts. Washington (USFL) - Signed: New York al Wichita, 8 25 p.m.

quarterback Chuck Sharpe and del lackle Kevin Kellin.

indecendent expert under the new anti-drug

Northern Illineis - Nemed Lee Cerse

Cincinnati (NFL) - Normed Bill Urbanik

Los Angeles (USFL) - Signed light and

Gerdon Hudson to a multi-year cantract; signed guard Mark Gardner, delensive

tackle Dee Monson, effensive tackles De-

nnis Williams and Lance Dedsen.

linebacker Dan Brown, running back: Radney Webster, and tight and Chuck

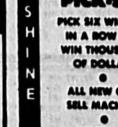
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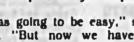


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Tuesday's Resetts New Jorsey 121, New York 113 Philadeiphia 128, Detroit 117 Milwaukee 112, Indiana 12 Atlanta 112, Ulah 106

12A-Evening Herald, Sanford, Fl. Wednesday, Jan. 18, 1984



Daryl Williams ...game-winning shot

Willie Mitchell ...23-point effort

A washing and the state

Seminoles Continued from 10A.

Seminoles, sprinting to a 33-16 lead as the Tribe continually missed from outside and the Lady Crabs clogged Hillery in the middle with three players.

Seminole regrouped somewhat to trail by 35-24 and halftime and then went on a 10-1 blitz in the third quarter to pull within 36-34 going into the final eight minutes.

With the score tied at 44 all, super sub Andell Smithrolled a shot off the rim in the final seconds and the game went into overtime. In the extra session, Seabreeze outscored the Tribe, 11-6, to coast to the victory

Mona Benton tossed in 22 points for the 'Noles, handed out three assists and made three steals. Maxine Campbell added nine and Genene Stallworth chipped in eight. Hillery had 10 rebounds.

Seminole, 15-4, hosts Lake Mary Thursday at 8 p.m. JV action gets underway at 6:15 p.m.

SEMINOLE (50) - Campbell 9, Benton 22, Hillery 3, Pringle 2, Stallworth 8. Anderson 6. Smith, Carpenter, Totals: 1912 2050. SEABREETE (SS) - M. Tolliver 7, Sengal 9, J. Tolliver 10, Wesley 14,

Effersom 15. Totals: 239-1955. Halflime - Seabreeze 35. Seminole 24. Regulation - Seabreeze 44. Seminole 44. Fouls - Seminole 31, Seabreeze 15, Fouled out - Campbell, J. Tolliver. Technicals - Hillery.

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Renegade Raiders Laugh Off \$1,000 Fines

TAMPA (UPI) - The renegade Los Angeles Raiders are at it again. Less than 24 hours after hitting town

for Super Bowl XVIII, seven players including star quarterback Jim Plunkett - were fined \$1,000 each for being late for a 7 a.m. EST team meeting.

"Seven guys were out last night and it oost them," said linebacker Ted Hendricks. "They were all laughing about it - upholding the Raiders' tradition and everything.

Coach Tom Flores said the fines were a "private" matter. "There were a few late for the meeting this morning," confirmed Flores. "It was an early meeting. It would have been 4 a.m. California time." Rookle def-nsive end Greg Townsend

said he was one of those fined and Plunkett, cornerback Ted Watts and defensive lineman Johnny Robinson were among the others.

"Last night, Coach Flores said fines would start at \$1,000," said Townsend. "I just overslept and didn't wake up until one of the coaches called me on the phone. I was pretty nervous about the whole thing until I found out Plunkett was in the same boat." The Raiders got a look at Tampa

Stadium, site for Sunday's 4:30 p.m. EST battle with Washington, during a media session Tuesday, taking the field a half hour after the defending Super Bowl champions departed.

Flores said the team will do much of its serious work today and Thursday, going over "the meat of our game plan," and then "we'll taper off again." Despite his early-morning misadven-

fure, Plunkett appeared relaxed at the media session and said the game will be

Super Bowl

"the best matchup I can see in the NFL this year.'

"We've played hard all year to get back to the Super Bowl and I'm looking forward to Sunday," said the veteran quarterback. "To prove our mettle and prove how good we are, we have to beat the best, and that's the Redskins."

To a man, the Raiders feel they are a better team now than when they lost 37-35 in Washington on Oct. 2 after leading 35-20.

"Offensively, we're better because we have Marcus Allen and he wasn't available the first time around," said Plunkett." "Defensively, we're stronger with the acquisition of (cornerback) Mike Haynes."

All-Pro tight end Todd Christensen said the 36-year-old Plunkett, who threw five interceptions the first game, has had a big effect on the club with his late-season turnaround.

"Early in the year, there was a lot of pressure to play (Mare) Wilson," said Christensen. "It was the last year of his contract and everybody felt he had paid his dues. I think Jim was pressing.

"Since Wilson got hurt (separated shoulder). I think Jim is much more relaxed and that's been shown by his throwing only two interceptions in the last 10 games.

Allen said missing the first game with an injury "was very frustrating. Sitting on the sidelines watching the guys go at it is something I'm not used to.

"You like to think you can make a team better. But we played extremely well the last time after the early

"These are the two best teams in ootball," added Allen, who came back to rush for 1.014 yards. "They are both very physical. It's no secret what is going to go on out there. It's going to be very

physical.' Allen was not around when the Raiders won Super Bowl XV 27-10 over Philadelphia but he said the veterans had prepared him for the week's activitics.

'They are a pretty loose bunch of guys," he said with a grin. "They are having fun. But when it comes time to play, they will."

All-Pro linebacker Rod Martin, a veteran of the win over the Eagles, said the secret to beating Washington is slowing down John Riggins.

"You have to contain Riggins more than stop him," said Martin, "You have to tackle Riggins as best you can. You've got to have help. It's hard for one man to stop that big guy."

Monk All 'Hyped Up'

No one is enjoying the hype leading up to Super Bowl XVIII more than Art Monk.

Last year, when the Washington Redskins sneaked into the Rose Bowl and grabbed the Super Bowl title from the Miami Dolphins, 27-17, Monk could only sit and watch. A broken bone in his right foot had the Redskins' wide receiver on the sidelines.

Sunday, however, he will join running mate Charlie Brown in a day-long donnybrook with the Los Angeles Raiders' outstanding secondary.

'Last year was a very frustrating day for me, knowing that I should be out

there contributing, but having to just sit back and watch." Monk admitted Tuesday. "But with our guys winning. It helped me a lot.

"It was very disappointing, not to be able to use my skills and the things I had. learnhat's what we shoot for in the NFL. the Super Bowl, and I couldn't take part. Now, when I'm old and gray, I can tell my grandchildren I played in the Super-Bowl.'

Monk even likes all the media attention the players receive during the two. weef between the conference championship games and the Super Bowl game. He strolls through the motel lobby, chatting with reporters and fans. thoroughly enjoying himself.

"You guys (the media) put more into all of this than the players." said "You think it's a distraction, but it really isn't, at least not to me. I'm able to put the hype out of my mind when it's time for meetings or practice."

Monk even laughs at the talk of the intimidation battle shaping up between the two Suowl foes.

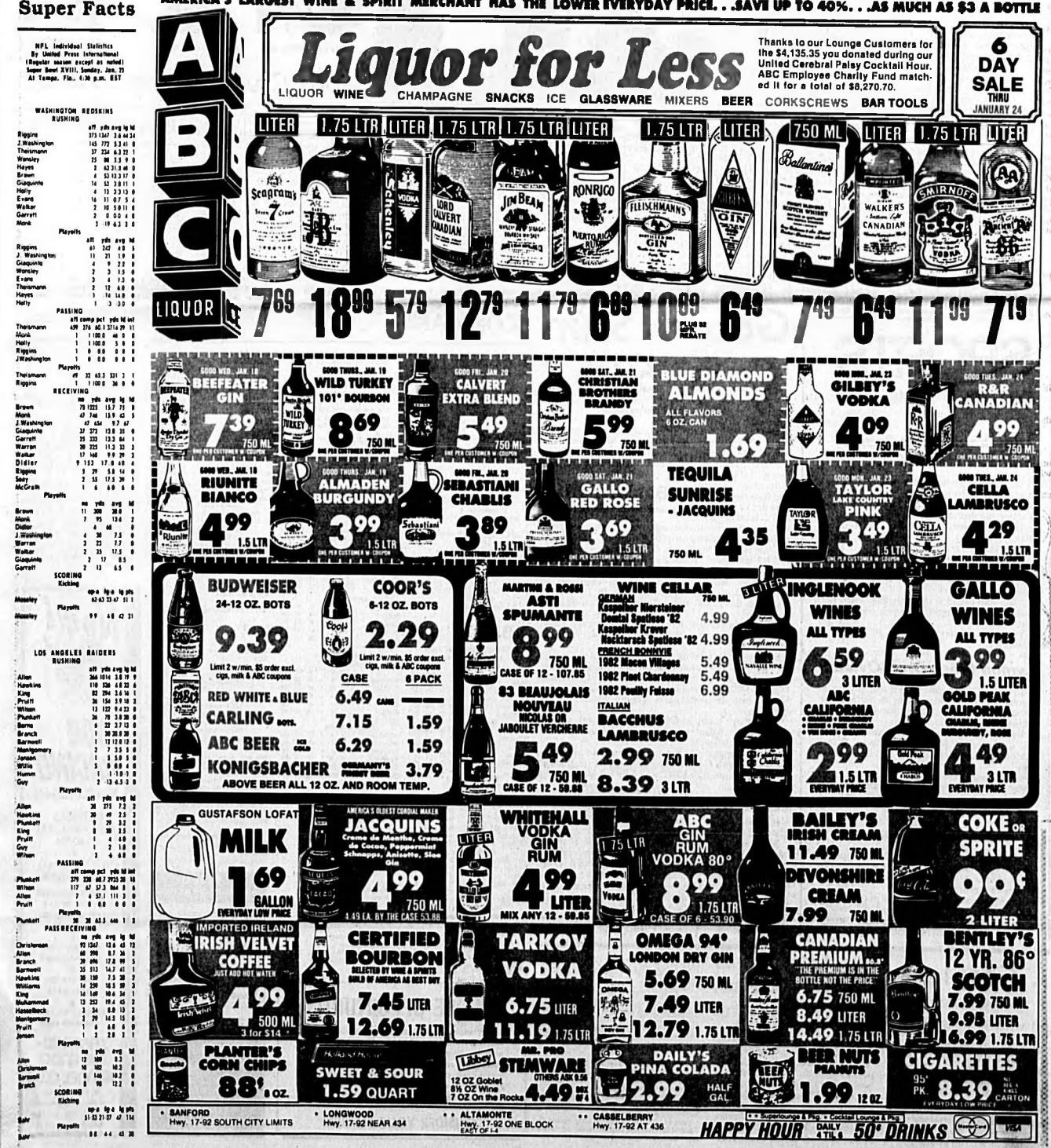
In their first meeting, when the Redskins came from behind for a 37-35 win in Washington, the first quarter took nearly an hour. Each team was penalized eight times that day.

"There'll probably a lot of pushing and shoving beeno one on either team wants to back down," said Monk. "No one wants to make anything bad happen. You don't want that stuff to get out of hand and take away from what we're trying to do - win the football game."

Monk let his feelings show this season when, after a long off-season rehabilitation program on his foot, he suffered a knee injury in the second preseason game.

and the state of t







Evening Herald, Sanford, Fl. Wednesday, Jan. 18, 1984-18

Cook Of The Week

Retiree's Kitchen Center Of Sharing Food With Others

Herald Correspondent

Myra DeVine has had a love for cooking as long as she can remember. Growing up as the youngest of eight

and salads.

spread remaining green pepper and cheese over the top. Bake about 1 hour in 325° oven (or until golden brown).

WALDORF-ASTORIA CAKE l cup butter

Make a paste of cocoa and food coloring.

Frosting: Cook milk and flour until and beat until creamy. Add vanilla.

doubling the frosting recipe. 2¼ cups sifted flour 1 teaspoon baking soda L cup currants ¼ cup apple juice or milk Legg-



cinnamon, cloves and nutmeg.

FILLING FOR JAM CAKE

2 tablespoons candled orange and

Red Cross Offers Babysitting Class

The Central Florida Chapter of the American Red Cross will be holding its first Babysitting Course in Seminole County for children 11 years and older, starting Thursday, Feb. 2.

This course covers babysitting responsibilities. basic child care, child growth and development, selecting toys and games, supervising children, accident prevention, emergency actions and feeding children.

For information, those interested, may call 831-3000. Enrollment is limited.



28-Evening Herald, Sanford, Fl. Wednesday, Jan. 18, 1984



Grady Kimsey Named

To State Art Panels

Secretary of State George Firestone announced the appointment of 45 panel members. including Grady Kimsey of Sanford, who will review arts grant applications for 1984-85.

The panels, representing various arts disciplines, will recommend funding to the Florida Arts Council, an advisory body to the Department of State. After further review, the Council forwards its recommendations to the Secretary of State for final determination.

Kimsey, an instructor at Seminole Community College, will serve on the Artists-in-Education Panel.

Firestone said all the panelists are either practicing artists, arts-related professionals or persons with current or prior active involvement in specific artistic disciplines.

Coffee For Volunteers

Seminole County men and women 60 years of age and older who are interested in enriching their lives by helping others are invited to a coffee to learn about the volunteer assignments available through the Retired Senior Volunteer Program (RSVP).

An informational coffee will be held on Tuesday, Jan. 24, at 10:00 a.m. at the Seminole Agricultural Center Auditorium, 4320 S. Orlando Drive, Sanford.

A slide presentation on the RSVP program will be shown and the benefits of participation in the Retired Senior Volunteer Program will be explained.

For directions or additional information, please call the RSVP office, 834-6550.

Dickey On Honor Roll

Kevin G. Dickey, son of Mr. and Mrs. Alan A. Dickey of Sanford, has earned a place on the honor roll during the fall term at Cardigan Mountain School, Canaan, N.H.

He is one of 183 students at the boarding school for boys in grades six through nine which is located near Hanover and Dartmouth College.

One of the purposes of the school, according to headmaster Norman C. Wakely is "to give its students a running start in their march loward secondary school and college."

Fashions For Scholarship

The Seminole County Branch of the American Association of University Women will hold its second annual scholarship brunch and fashion show, "Hearts on Parade" on Saturday, Feb. 4, at 10:30 a.m. at the Quality Inn North.

Pickens On Dean's List

Lisa J. Pickens, a freshman from Sanford, has been named to the Dean's List at Carson Newman College, Jefferson City, Tenn., for the fall semester of 1983, according to academic dean, Dr. Roy A. Dobyns.

To be named to the Dean's List a student must compile a 3.5 grade point average or better. Carson-Newman uses a standard of 4.0 as its top grade average.

Southern Ballet's Birthday

Returning from a successful state tour of 11 sold-out performances, Southern Ballet Theatre presents its 10th anniversary gala on Jan. 31 at 8 p.m. at Bob Carr Performing Arts Center. The program will be premiereing two new pieces: "Save The Last Dance For Me" by Kip Watson and "Happy Birthday" by Barbara Riggins plus other dance favorites. The public is invited. Call 628-09133 for ticket information.

Hubbard To Lead Seminar

Beth Hubbard, director of consumer education and promotion for Burda Patterns, will present two training seminars at Church of the Good Shepherd, 331 Lake Ave., Maitland.

The seminars will be held at 9:30 a.m. and 7:00 p.m. on Monday, Jan. 30. Reservations are requested by phoning 831-6488.

The topics of discussion will include: The difference between European and American fit, taking proper body measurements, customizing and adjusting commercial patterns and a discussion on the advantages of the European method of sewing and fitting.

Ms. Hubbard, of Atlanta, Ga., graduated from the University of Alabama with a degree in clothing, textiles and design.

Buckle Up For Safety

DEAR ABBY: "Worried Sick" expressed concern because her sister never bothered to tell her children to buckle up their seat belts. The sister dismisses it by saying. "If anything happens to them, it will be God's will."

magazine. It really shook some sense into me, and now 1 religiously buckle my children into their seat belts before I turn the key:

CHILD SAFETY SEATS This recent letter to Dear Abby made our point about

child restraints better than we ever could. "Dear Abby: Here in New York, the state legislature recently passed a law requiring all car passengers 4 years old and under to be strapped into approved safety seats. There is a \$25 fine for parents who have not equipped their cars as yet, and that \$25 goes toward the purchase of a seat. I can't believe all the grumbling and complaining about this law.

'We moved here four years ago, leaving behind in Ohio a deep, dark secret we never mention here. Six years ago I was driving my 6-month-old daughter. unbelted, sitting in her carrier beside me. Five blocks from home, I was broadsided by a truck.

"My car flipped over twice, and my precious baby girl was tossed around inside like a pinkpong ball. She died 72 hours later of massive head injuries. (I was told it was a blessing - that she would have been a vegetable had she lived.)

"Going home to an empty nursery drove me crazy with guilt. I had always been so careful. I had padded her crib, made sure she had only the safest toys, guarded her with my life and loved her with all my heart. If I had only known what I know now, she would have ridden home from the hospital as a newborn baby in a safety seat instead of in my arms.

"We buried the truth with Tina and moved here to escape the memories. No one here knows we ever had a child. My husband finds it too hard to talk about. Since I can't tell the story. I beg you to do it for me. If it saves only one child's life. Tina's death will not have been in vain. -- Learned Too Late"

ALSO WORRIED

DEAR ABBY: In a lot of states it's the law that all I'm sending you an article I clipped from Afde emildren have to be buckled into safety belts when they're riding in a car. There are also TV commercials to remind adults to "buckle up."

If everyone is so concerned about safety in automobiles, how come there are no safety belts on school buses?

If safety belts save lives, why not save more lives by putting safety belts in all public vehicles. like the city buses, 100?

B.P.IN AVILLA, IND.

DEAR B.P.: Good question.

DEAR ABBY: What do you think of a woman (age 46) who would play cards in her home the same evening one of her parents was buried? Also, what do you think of the guests who played with her? Thank you. NO NAMES.

PLEASE

DEAR NO NAMES: It isn't possible to make a fair judgment without knowing what was in that woman's heart. And the same goes for the guests who played with her.

(If you put off writing letters because you don't know what to say, send for Abby's complete booklet on letter-writing. Send \$2 and a long, stamped (37 cents), self-addressed envelope to Abby, Letter Booklet, P.O. Box 38923, Hollywood, Calif. 90038.)





Pappagallo's of Longwood will provide fash-

ions for the show. The public is invited and tickets may be purchased for \$10.00 each by calling 323-6617 or 831-0066.

All proceeds from this event will be applied to college education.



Evening Herald, Sanford, Fl. Wednesday, Jan. 18, 1984-3B

Welcome Chinese New Year With Festive Foods

Chinese New Year, the traditional Oriental celebration that has become as popular in this country as Chinese food, begins Thursday, Feb. 2, 1984

On that day, we leave the "Year of the Boar" and enter 4682, the "Year of the Rat" which marks the beginning of another 12-year cycle of the Zodiac.

Rat years are said to be full of surprises. Although the year appears to be bountiful, some financial upsets may occur, according to Oriental fore experts. It's a good year to save for rainy days which may lie ahead.

People born in Rat years are charming, hard-working and thrilty. They tend to be penny-pinchers and like to save money. They are often ambitious. Although they usually maintain self-control, they can get angry easily. For the rest of us, this is a time to plan toward a stable future.

The date of Chinese New Year changes every year but always falls between January 21 and February 19. It arrives with the second new moon after the winter solstice (the shortest day of the year).

In years past, Chinese New Year was marked by a month of festivities. Now the celebration is concentrated into a few days but it is still the occasion for parades. exchanging gifts, visiting friends and enjoying the best eating of the year.

Why not join the festivities and welcome Chinese New Year with your own celebration, centering it around an **Oriental dinner**

ORIENTAL CHICKEN NUGGETS (About 4 dozen)

1 lb. ground chicken

- 1/3 cup minced fresh parsley
- 2 green onions, minced
- 2 large garlic cloves, mineed
- l egg white, lightly beaten

2 tablespoons cornstarch

- 1 tablespoon soy sauce
- 1 tablespoon dry sherry
- 1 teaspoon sesame oil (for flavoring: optional)
- 1/4 teaspoon salt
- 14 teaspoon sugar
- 1 can (8 oz.) water chestnuts, drained, minced
- Oil for deep frying
- soy sauce
- Chinese hot mustard Sweet & sour sauce
- Combine chicken, parsley, green onions and garlie, blending thoroughly. Add egg white, cornstarch, soy sauce, sherry, sesame oil, salt and sugar; mix well. Stir In water chestnuts. Form chicken mixture into one-inchballs (balls will be rather irregular).

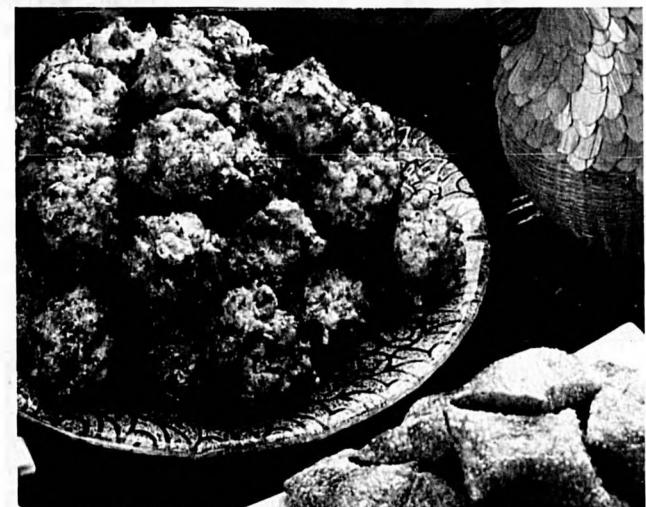
In deep skillet, heat oil for deep frying to 325 degrees. When oil is hot, fry chicken balls a few at a time, cooking until golden brown, about 4 minutes. Remove with slotted spoon; drain on paper towels. Keep warm while remaining chicken nuggets cook. Serve hot with a selection of sauces such as soy sauce. Chines hot mustard and sweet & sour sauce.

(Note: Chicken nuggets can be prepared a day ahead of serving, cooled and refrigerated. Shortly before serving time, remove from refrigerator and place on baking sheet. Bake in preheated 350 degree oven for 10 minutes or until heated through).

PEA POD SALAD WITH SOY-GINGER DRESSING **About 4 Servings**

Dressing:

11/2 tablespoons vegetable off 1/2 teaspoon mineed fresh or canned ginger root 2 green onions, mineed Vs cup chicken broth I tablespoon elder vinegar 2 teaspoons soy sauce



Salad:

2 pkg. (6 oz. each) frozen pea pods, thawed and drained

blanched I large head romaine lettuce, washed, torn into

bite-sized pieces

For dressing, heat oil in small saucepan placed over medium high heat. Add ginger and cook, stirring, until

broth, vinegar and soy sauce: set aside and keep hot.

onions, lettuce, and peanuts in large serving bowl. Bring reserved dressing to a boil: stir in salt, pepper and lemon fuice. Toss salad with hot dressing: serve at once,

Note: Selection and amount of seafoods may be varied according to taste and availability.

- 3 quarts hot chicken broth 1 lb. shelled develned shrimp 1 lb. sea scallops, haived
- 1 fb.lump cram meat
- sweet & sour sauce
- Chinese hot mustard
- I pkg. chicken flavor ramen noodles, cooked according to package directions and allowed to cool in their

33.06 - 52.00 + 4.25¢ COUPONS

34.88 - \$3.00 + 12.25¢ COUPONS

LITTLE

LETTER



I can (8 oz.) bamboo shoots, washed and drained I lb. fresh spinach, washed, drained, and torn intosmall pieces.

Place chicken broth in large electric frying pan, flameproof casserole or fondue pot placed on tabletop heating unit. Bring just to a boil; adjust heat to maintain broth at a steady simmer.

Arrange the assorted seafoods on a large platter. Bring platter to table and let diners spear their choice of scaloods with long bamboo skewers or fondue forks. coalling them to tast in the simmering broth and, dipping them in their choice of sauces.

When scafood has been eaten, drain ramen noodles and add them to the simmering broth, along with bamboo shoots and spinach. Let simmer until heated through. Ladle resulting soup mixture into individual soup bowls for serving.

VEGETABLE FRIED RICE (4-8 Servings)

1 lb, broccoli florets, cut into 1x115 inch pieces

6 medium green onions, julienned

Prepare a thin flat omelet from egg, lightly browning both sides. Cut into shreds: set aside.

Combine salt and water in large saucepan; bring to boll. Add carrots and blanch one minute. Remove with slotted spoon and drain. Add broccoli to same water and blanch one minute; remove to cold water to stop cooking, Drain.

Cook fried rice in large skillet according to label directions. When rice is nearly done, stir in carrots and broccoli: cook, stirring, to heat vegetables through, about two minutes. Add omelet pieces, green onions and

legg, beaten 2 teaspoons salt Equart water 3 medium carrots, julienned

2 cans (1 lb. each) fried rice

4 cup mineed fresh parsley

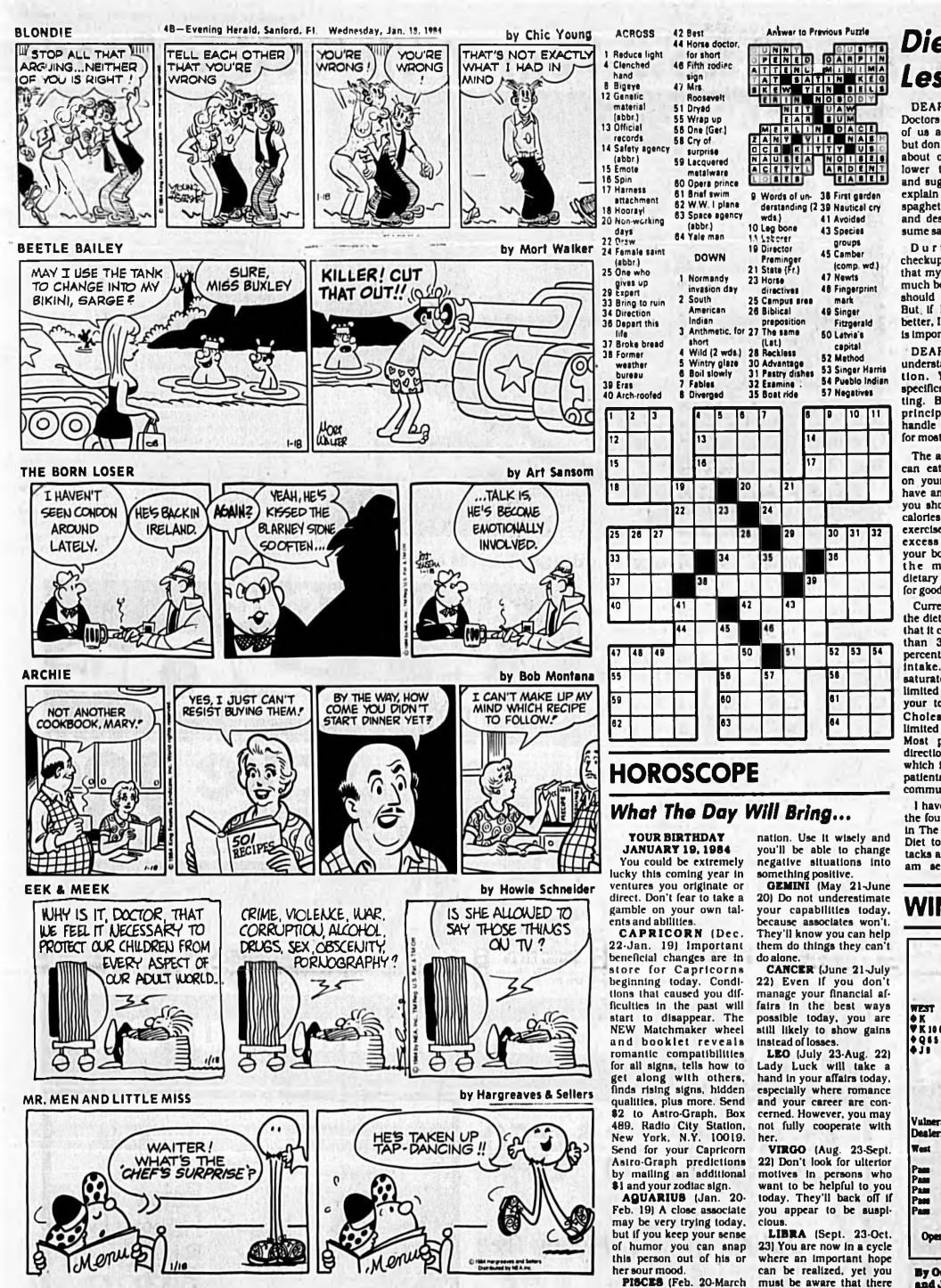


Mail to: Peet Refund Otter, General Foods Corporation P.O. Box 3565, Karvahan, 1, 60602

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CEREALS

This can get seed out of a



Diet Should Include Less Than 35% Fat

DEAR DR. LAMB -Doctors today warn many of us about triglycerides. but don't tell us what to do about our diet except to lower the carbohydrates and sugar fats. Could you explain how much bread. spaghetti, salad dressing and desserts we can consume safely?

During a recent checkup, my doctor said that my triglycerides were much better. He also said I should drink skim milk. But, if I tested so much better, I don't see why this is important.

DEAR READER - I understand your frustration. You want more specifics than you are getting. But some general principles usually will handle the diet problem for most people.

The amount of food you can cat depends entirely on your body fat. If you have any excess body fat, you should decrease your calories and increase your exercise to eliminate your excess fat. Controlling your body fat is probably the most important dietary step you can take for good health.

Current thinking is that the diet should limit fat so that it contributes no more than 30 percent to 35 percent of the total caloric intake. Moreover, your saturated fat should be limited to 10 percent of your total caloric intake. Cholesterol should be limited to 300 mg. a day. Most people find those directions hard to follow, which is why doctors and patients occasionally don't communicate well.

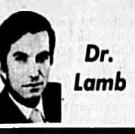
I have broken it down to the four basic food groups in The Health Letter 15-4, Diet to Prevent Heart Attacks and Strokes, which I am sending you.

NORTH

\$J33

WIN AT BRIDGE

have passed, but I have been overbidding for the



Choose only those items

of each food group that are low in fat. Use fortified skim milk, not whole milk. Use lean meats to eliminate the excess fats and emphasize poultry and fish to help decrease your saturated fat intake. Increase your breads, cereals, fruits and vegatables. but don't increase so much that you take in more calories than you need.

DEAR DR. LAMB have a bad habit of swallowing gum. Does it really take seven years for it to be digested? I limit my gum-chewing because of this, but like to have a piece now and then. Any information would be appreciated.

DEAR READER - I suspect that old story was invented by parents who didn't want their children to chew gum.

It doesn't take seven years to digest. Most of it is undigestible bulk and will move through the Intestines in about 48 hours. If the gum you chew contains sugar, the sugar will dissolve and be absorbed like other sugars from other substances.

Chewing gum may lead to swallowing air, which can cause gaseous distention and discomfort. It also may contribute to dental problems.

Send your questions to Dr. Lamb, P.O. Box 1551, Radio City Station. New York, N.Y. 10019.

BUGS BUNNY by Stoffel & Heimdahl PICK A CARD ANY WEVE GOTA FEW MINUTES, CARE TO TRY NOW LET ME WABBITS TAKE GUESS YOU GOT CAN BE THIS SOME CARD TRICKS? SURE. HE LUNCH SOTWICKY CARD

FRANK AND ERNEST



TUMBLEWEEDS



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good person down!

GARFIELD



can be realized, yet you must be aware that there 20) Be realistic without are still stumbling blocks to be circumvented.

being negative in your assessment of career situa-BCORFIO (Oct. 24-Nov. tions today. Just because 22) Even if you have your aspirations are high something good going for doesn't make them wrong. you now, don't feel that it ARIES (March 21-April has reached its full poten-19) Even though you will tial. With a little ingenuity, have some obstacles to you can develop it further. contend with today, you'll BAGITTARIUS (Nov. surmount them ad- 23-Dec. 21) Do not think in mirably. They can't keep a limitations today. especially regarding your TAURUS (April 20-May earning bilities. You have 20) Your greatest asset what it takes to bring in today is your keen imagi- what you envision.

I WONDER

1-18

NEVER THELESS-

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WHAT HAPPENS

WHEN A MOTH

GETS TOO CLOSE

VAJ42 4 A 18 5 3 2 EAST Q 876 ₩K10653 **7517** +Q6533 • J 10 9 **♦K86** SOUTH 4 A 10 9 5 4 4A874 **Q74** Vulnerable: Both **Dealer: South** North East 10 20 30 40 20 Pase Pass 30 30 Pase Pass Opening lead: VS.

By Oswald Jacoby and James Jacoby **Howard Parker of Baton** Rouge is 29, so he and Oswald Jacoby can be described as a partnership with an average age of 55. He is also a great dummy player. Oswald Jacoby will describe this hand.

"Howard's opening bid was a rock-bottom minimum, and in my bidding fashion I kept him under constant pressure. When he signed off at four spades. I really should contract."

bridge has been in existence and I went on to flve.

"At trick one, Howard made his first good decision. He let the heart ride to his queen. He led a diamond to dummy's king and then led dummy's jack of spades, which was ducked to West's king.

"West led a diamond to Howard's ace, while a club was discarded from dummy. Howard ruffed a diamond, discarded his last diamond on the ace of hearts and finessed the spade nine. The nine held, but West showed out. It was up to Howard to find a way to pick up East's queen-small of trumps.

"It wasn't hard for How-ard to do just that. He led his queen of clubs and let it ride to East's king. East could do not better than to lead a club to West's jack and dummy's ace. Howard ruffed a heart, entered dummy with the 10 of clubs and claimed since he could overruff East on the next trick.

"Lucky indeed, but Howard had given the cards a chance. At the other table the contract was just four spades, but the declarer went down one in that

by Jim Davis

LEAS'





by Leonard Starr





Medieval Fair

The clash of ancient weaponry will mark the arrival March 8 of the 9th annual Medieval Fair to be held on the grounds of the Ringling Museums in Sarasota. While the music of Gallic harps, pipers and madrigal singers fills the spring air, stately ladles in wimple and farthingale will feast on tarts and baby dragon wings while knights in armor vie for their attention. Motly merchants will sell long ago wonders such as customized chain mail and castle banners. Artisans will demonstrate centuries-old crafts while jousting on horseback and a human chess match will thrill spectators. Fair hours will be 10 a.m. to 6 p.m. daily. Tickets are \$5 for adults, \$1 for children ages 6 to 12 with children under 6 free. The fair ends March 11.

REALTY TRANSFERS

Wrenco Homes Inc. to Richard C. Rapson Jr. & wf Linda, Lot 476 Wrenwood Un. 3, 4th Addn, \$63,600. Droessler, sgl., Un. 30 Southpart, cond. Ph. Seven, \$57,400. George H. McGrath Jr., to Juan Adriatico & wf Sandra A., Wis of Els of SWIs of SE16 Sec 29 21 31 \$15.000 Jewel D. Kaufman to trying Kaufman & wf Jewel D. Lot 17, So.

berwood Un. One. \$100 Greater Constr. Corp to Donald T. Pinecrest, 3rd Addn, \$100 Randall C. Moro, sgl. & Vivian, sgl. Stiff & wf Mildred V., Lot 128 Mandarin Sec. Three, \$109,500 to Thomas A. Lancione, sgL, Lot 20. Pliches, Lid Inc. etc. to John Wm. Slevenson & wit Marguerite A., Un. 17 Bill 4. North Orl, Townsile Fourth Addn Repl., \$45,000. Wekiva Country Club Villas, \$132,400.

John I. Greenwood & Joann M. to Marc Ruyssers, Trustee Lot 21, Blk A. Winter Spgs., \$94,000. Charles L. Tosli & wf Gity A. to

Empire of Amer. FSA, Lot 2, Sanora So. Un. One. \$43,200 Charles Tosti & Gity to Empire of Amer., Lot 41 Sanora So. Un. One.

Arthur G. Swartz & Josiane Io Altred J. Coulu & wi Mary A., Lot 17 Whisperwood at Sable Point, \$144,100 143.000 Charles Henrichs III & wf Dawn Io Merrell & wf Debbie L., Lot 24. Barbara M. Moclock, stl. & Christina M., Lot 36. Wedgewood Tennis Villas. 144.500

Shelton Assoc., Inc., to Kenneth K Steven A. Hartley & wf Augusta Burton & wi Olv, Lot 23. Bik B. Sweetwater Oaks. Sec. 17, \$129.000 The Huskey Co. to Custom Designs Inc. Lot 17 & \$ 5' of 16, Cutler Cove, 127.000

Un. One. \$85.000

Hts., 19.000

Lillian C. Selph (Jorm, Van Meter)

to Thomas F. McNell & wt Anite J.,

Pale J. Turnage & wf Sandra I Ron

William J. Kaminski & wt Diane to

Verne Chaney S/D. \$87,000.

Lot 10 & Sty of 4. Bik G, Casselberry

A.T., Lot SJ, The Highlands Sec. Four, \$47,000 FF Sem to Jack L Greene & wf (1981) George Segal, Susan Saint James, A successful white but-Mildred D., Lot 22. Fairway Oaks. man discovers that he has ... Soringw d Vill, Apt. te Joi grown son who is black Browning & wf Diane, Un. 108A Springwood Village Cond., \$47,400 (1) O DYNASTY Adam stays at the hospital as Kirby suffers, Alexia Cardinal Ind. Dev. to Janice M. turns singer to land a major oil deal, Gerber, sol., Un. 23. Canterbury at and Paler makes & surprise The Corssings Ph. 11, \$54,000. nt.Q Royal Arms Cond. Ltd. to William (1) (35) QUINCY A. Buehner & wil Mary F., Un. 506-15 Royal Arms Cond., \$41,800. Bel Aire Homes Inc. to NewellL. Kessinger & wf Mary E., Lot 164. Oak Forest, Un. Two B. \$74,400 Bernard Duncan to Fortune In ny. ternational Inv. Co., beg. NW cor. of Lot 7 Forest Curve Homes, \$72,000. 9:30 Alfred E. Berlo & wi Melba lo Rafilif, Un. K-7 Jadwiga Sandiewood, \$24,000 Centex Homes to Lona M. Graham, sgl., Lot 9 Garden Lk. Ests., Un. 1, \$73,900.

WEDNESDAY has killed several people in rush-EVENING 6:00 () () () () () () NEWS () [35] BJ / LOBO (10) MACNEIL / LEHRER NEWSHOUR

TONIGHT'S TV

() (I) ONE DAY AT A TIME 6:05 D LITTLE HOUSE ON THE PRAL

6:30 🖸 🕘 NBC NEWS 1 (35) ALICE (I) (I) GOOD TIMES

7:00

 (1) PEOPLE'S COURT
(1) P.M. MAGAZINE A look st ulio iglesiss, the number one recording artist in over 60 countries; a factory that makes clothes which protect against radioactivity. D (35) THE JEFFERSONS (10) ODYSSEY "Margaret Meed Taking Note" Margaret Mead, who has been largely responsible for popularizing anthropology in America, is profiled. []

7:05 12 CAROL BURNETT AND FRIENDS

7:30 C (1) ENTERTAINMENT TONIGHT Deel Arnaz Jr. talks about his return to series television in "Auto-

O WHEEL OF FORTUNE
O O FAMILY FEUD
O SARNEY MILLER

7:35 D HOGAN'S HERCES

8:00 ET IAT REAL PEOPLE

DOMESTIC LIFE Martin, Candy and Harold reluctantly accept a dinner invitation from Cliff D THE FALL GUY Coll comes the sid of a movie producer who is being blackmailed by a corrupt

City official (1) (35) HAWAII FIVE-0 (20) (10) Shirthered Norman G, hrode & wf Theima to (10) SMITHSONIAN WORLD James Goodman, sgl., Lot 11, West Beverly Terr., \$81,900 "Time And Light" Host David McCullough examines old and new Complete Interiors Inc. to Benedict telescopes and a variety of tools Andreola & wf Donna, Lot 7 Amand methods for measuring time. [] (B) MOVIE "Pigs" (No Date) Toni Lawrence, Jesse Vint.

> 8:05 (2) CENTENNIAL "The Crime" The Wendells Reece a preacher out of his home and take aim on a second mark, bringing Sheriff Dumars (Bri-en Keith) into a battle of wits with

Philip Wendell (Doug McKeon); Oliver Seccombe dies and his widow (Lynn Redgrave) lakes over the management of the ranch. (Part 9) 8:30

(5) C EMPIRE Cromwell firts with the owner of a new company and the idea of acquiring her business.

9:00 D (1) THE FACTS OF LIFE C

hour traffic. (R) 12:05 (2) MOVIE "The Guyana Trageuy: The Story Of Jim Jones" (Part 1) (1980) Powers Boothe, Ned Beatly. 12:30 A (4) LATE NIGHT WITH DAVID LETTERMAN Guests: author Fran Leibowitz, actress Mary Tyler Moore and singers Simon and Gar-

rves track a psychotic sniper who

(7) D MOVIE A Fistful OI Dollars" (1967) Clint Eastwood, Marianne Koch. 1:00

(1) (35) THICKE OF THE NIGHT 1:10

(1980) MOVIE "Belle Starr" (1980) Elizabeth Montgomery, Cliff Potts. 2:05 DOVIE "Caprice" (1967) Doris Day, Richard Harris

2:10 (1) MOVIE "Berserk" (1968) Joan Crawford, Ty Hardin.

2:30 3:30

(1952) Errol Flynn, Ruth Roman. 4:05 12 RAT PATROL

4:35 1 CANDID CAMERA

THURSDAY

MORNING 5:00 T IT'S YOUR BUSINESS (MON)

T AGRICULTURE U.S.A. (FRI) 5:05

5:30 1 (1) ENTERTAINMENT THIS WEEK (MON) D (1) 2'S COUNTRY (TUE-FRI)

6:00 (1) ENTERTAINMENT TONIGHT (TUE-FRI D CBS EARLY MORNING NEWS 1 SEYEWITNESS DAYBREAK

(1) (35) 20 MINUTE WORKOUT 2 NEWS (B) MD TV (MON) (B) NEW ZOO REVUE (TUE-FRI)

6:30 EI () NBC NEWS AT SUNRISE (1) CB CBS EARLY MORNING NEW3 (1) (35) GREAT SPACE COASTER (B) (B) MORNING STRETCH

6:45 E (10) A.M. WEATHER

7:00 D (TODAY (3) C CBS MORNING NEWS (3) G CBS MORNING NEWS (3) G GOOD MORNING AMERICA 1) (35) TOM AND JERRY ED (10) TO LIFEI

12 FUNTIME (1) BIZNET NEWS 7:15 E (10) A.M. WEATHER

7:30 (1) (35) WOODY WOODPECKER E (10) BEBAME STREET (R)

7:35

8:00

8:05

8:30

8:35

9:00

9:05

10:00

10:30

11:00

11:05

11:30

1 IDREAM OF JEANNIE

FRIENDS

10 (10) STANLEY KRAMER ON FILM (WED) 10 (10) NOVA (THU) (I) HARRY-O 12:05 12 PERRY MASON 12:30 E 4 SEARCH FOR TOMORROW (1) THE YOUNG AND THE RESTLESS O RYAN'S HOPE II (35) BEVERLY HILLBILLIES 1:00 ALL MY CHILDREN 11 (35) ANDY GRIFFITH D (10) MOVIE (MON, THU) (10) BETTY BOOP FESTIVAL ED (10) MATINEE AT THE BLOU (WED) (WED) (10) FLORIDA HOME GROWN (1) HIGH CHAPARRAL 1:05 12 MOVIE 1:30 (1) C AS THE WORLD TURNS 11: (35) I LOVE LUCY (10) ALL NEW THIS OLD HOUSE (FRI) 2:00 ANOTHER WORLD (1) ONE LIFE TO LIVE (1) (35) GOMER PYLE D (10) MAGIC OF DECORATIVE PAINTING (FRI) (I) BONANZA

2 (10) MASTERPIECE THEATRE

(TUE)

2:30 (S) CAPITOL 11 (35) I DREAM OF JEANNIE (10) INSIDE THE WHITE HOUSE 10 (10) HEALTH MATTERS (TUE) (10) BRIDGE BASICS (WED)

ED (10) IN THE SHADOW OF THE MOUNTAINS (THU) D (10) MAGIC OF FLORAL PAINT-ING (FRI) 3:00

(1) (4) MATCH GAME / HOLLY-WOOD SQUARES HOUR GUIDING LIGHT GENERAL HOSPITAL 11 (35) THE FLINTSTONES D (10) POSTSCRIPTS D (8) IRONSIDE

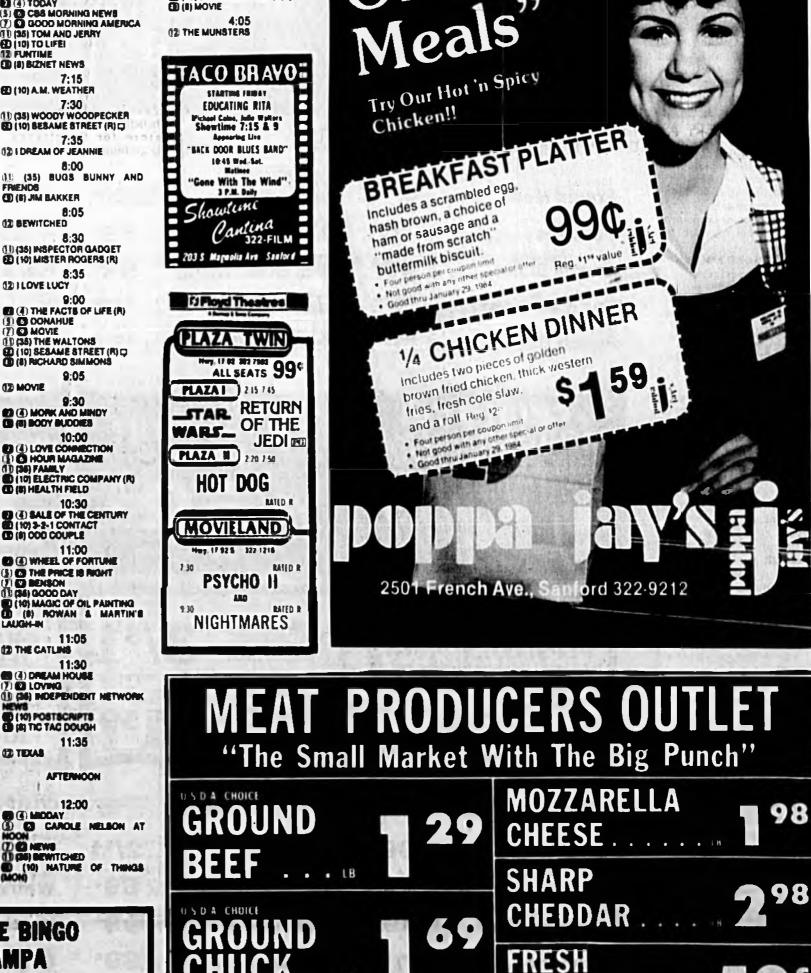
3:05 12 FUNTIME 3:30

11 (35) 8COOBY DOO (10) MISTER ROGERS (R) 3:35

12 THE FLINTSTONES 4:00 ED 4 FANTABY ISLAND (1) BREAKAWAY (1) O MERY GRIFFIN (MON, TUE,

THU, FRI (1) ABC AFTERSCHOOL SPE-CIAL (WED) (11 (35) SUPERFRIENDS (2) (10) SESAME STREET (R) []

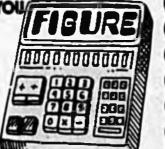
D (I) MOVIE



4:30 11 (35) HE-MAN AND MASTERS OF THE UNIVERSE 4:35 12 THE BRADY BUNCH 5:00 A LOVE BOAT THREE'S COMPANY 1 (35) CHIPS 10 (10) OCEANUS (MON) BEHAVIOR (TUE) ED (10) YOU AND THE LAW (WED) (10) THE MONEY PUZZLE (THU) ED (10) ART OF BEING HUMAN 5:05 5:30 5 G M'A'S'H NEWS D (10) OCEANUS (MON) 20 (10) UNDERSTANDING HUMAN

BEHAVIOR (TUE) (10) YOU AND THE LAW (WED) (10) THE MONEY PUZZLE (THU) ED (10) ART OF BEING HUMAN 5:35

12 BEVERLY HILLBILLIES



MARCH OF DIMES



FAMILY SPECIAL **3 PIECE DINNER** \$2.19

WEDNESDAY

Evening Herald, Sanford, Fl. Wednesday, Jan. 18, 1984-5B

BETA AND VHS

940 LEE RD.

ORLANDO

628-8768

3 pieces of golden brown Famous Recipe Fried Chicken, mashed polatoes and gravy, creamy cole slaw and two fresh, hot biscults.





- 31 1d

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51

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0.



Catalina Homes Inc. to Kinfigh & wf Carol A., Lot \$1 Deer Run Un. 218, 196, 100. Crossbow Cond. Corp. to H.G. Witt

III & wf Jennie, un. 18 Sierra Cond., Ph. Two, \$81,700.

Southern Springs Dev. to James R. Johnson & wt Phyilis D., Lot % Wyndham Woods, Ph. 11, \$46,000. Royal Arms Cond. Ltd. to Gilber

J. Brown & wf Vicky A., Un. 528-14 Royal Arms Cond., \$39,300 Chevron USA Inc., to The Southland Corp., Lots 7 8 # A 10, Bik

2. Tier 9. Sanford, E.R. Trailord's Map. \$150.000 Royal Arms Cond., Ltd. to Bernard

F. Conroy & wf Frances M., Un. 522-24 Royal Arms Cond., \$34,400 Royal Arms Cond. Ltd. to Clara L.

Brennan, sgl., Un. 516-27 Royal Arms Cond., 150,400, vernon Behner & wf Debra to Lace Elhosn, sgl., Lot 1. The Landings. \$106,000

Wilson Jr. & wf Verna L., Lot 55. Foxwood Ph. J. \$79,000 Jesse S. Cleveland & wf Eloise In

Jesse Cleveland & Eloise C., Un. 14, & N 5' of 15, The Oaks of Sanford. \$100

(QCD) John E. Monaco to Nanci M. Monace. Lot 134, Crane's Roost Villas, \$100

John D. Daniels to James C. Wearl, Ort., Lots & & 7 H D. Durant's Addn Lis Mary, \$49,000 Raymond Lundquist & Aria to

Oscar Redden Jr. & wf Roslyn, Lot 53, Fl. Land & Coloniz., \$18,900

Wm. 8. Spears Sr., 6. wf. Mae. Io Larry L. Blankenship & wf Kay J., Sin of SWIe of NE4s of NE4s Sec. 28-21-31 less 5-33' \$26.000. The Firestone Tire & Rubber Co. to

Liberty Firestone Prop Inc., Lots 30-33, Goldie Manor, \$629,400.

T.L. Lingo Jr. & wf Lacy to Craig M. Sorg. sgl., N 208.75' of NWVa of SE4 of Sec. 92131, less part elc., 122.000.

Edward Ferris & wf st al to Joseph Schott & wf Anna, Lot 28 Oviedo Terr . \$12,700

The Anden Grp. to Louis A. Valente & wf Lillian, Lot 95, Sunrise Villge Un. 111, \$61,100 Huskey Constr. Inc., to Victor R

Garlert & wf Paulette K., Lot 1, Bik St. Jean, 33 B. Orange Ridge Farms, \$19,900. Wedgewood Homes & Gino Ratti 111 to Jerome M. Schiff & wf Marcia,

Lot 142, Springs Landing Un. Four. \$149.900

Bel Aire Homes Inc. to Andrew S. Braytenbah & wf Allette L., Lot 207 Oak Forest Un. Two B. \$77,900

Steven Palumbo & Kerry Pauline Freehling, sgl., Lot 137 San Sebastian His, Un. 4, 560,000

Leo Lorenz, sgl. & Jennifer, sgl. to Alfredo Lanz & wi Luz Lenzi, Lot 49 Ramblewood, \$78,000 FI. Software SVC., Inc., to

Gallimore Homes, Inc. 5 800' of that Kappier, 25 part of SE4 of NW4 of Sec 11 21-29 W of 1 4, \$1,000,000

Tompains Land & Housing Inc. to Duane A. Fogg & wf Bonnie M., Lot 20. Bilk C. Amended Plat Buttons \$/D. \$40,700

Randy M. Torbell & wf Janel to Kathleen Charron, Lot 23, Bik B. Country Club Manor Un. 2, \$34,900 Ernest G. Johnson & Carolynne Io Esther M. Greene, Lot 2, Oakwood HIS . 645.700

Jeffrey P. Wilson, sgl. & Vicky S., sgl. to Samuel S. S. Soh & wi Esabella K.F., Lot 14, Bik A, The Woodlands Sec. Five, \$46.000

Freda Schultz to Normind D. nais & wf Clara L., 5 100' of Lot & Des Pinar Acres. less W 176', \$55,000 B. Edw. Swindle & Carolie A., Ind.

& Tr. to Alfred Lockyer & wf Janice J., Let 11, Edgewood Manor, \$35,500 Eleaner McGuinness to Richard L. Williams & Thomas M. Scherer, both sgi, Lot 1, Bik B. Knollwood. 1st Addn. \$140.000

Catalina Homes Inc. to Leonard J Wittman & wi Helen L., Lot 41. Deer Run Un. 218, 694.400 Seminola Inv. Ptr.

10:00 D (ST. ELSEWHERE A blizzard

FRC. Ltd. to Paul M. Cloud, sgl., Lot 37, The Landings, \$82,000.

iem. 🗆

MARRIAGE LICENSES

FRC Ltd. to Ramez F. Abou

Charlie Washington Francis Sr., 66, POB 711 Oviedo, and Frankie

Mae Leman, 31, 8x 84, Ovieda Kevin Dean Lykins, 31, 403 Mettie St., Sanford and Joann Glover, 32. Joseph Richard Vick, 25, Bx 1534. New Smyrna Reach and Cathy Jane Crockel, 20, 2440 Paimetto Avenue.

Sanford.

Vance, 29

(2 NEWS Johnny Ray Haddock Jr., 20, 222 Woodmers Blvd., Sanford and

Barbara Lynn Pribish, 19. Ronald David Boan, 32, 2425 Barbarossard, Dellona and Barbarossard, Deliona and Calherine Marie Mosley, 27, 1406 Catalpa Ln., Orlando. Gary Edward Ganas. 36. Bx 1434. Sanford and Pamela Ann Hickson.

25, 3237 Ohio Avenue, Sanford. Richard Alan Jewell, 34, 1407 **Terrace Dr., Sanford and Holly Carol** 2 ALL IN THE FAMILY

David Hines Anderson, 25, Indian TONIGHT Host: Joan Riv-**River and Robette Michelle Graham**, 18. 628 Plumwood R., Altemente Isl: actor James Coco.

GO WILLP IN CONCINNATI CO ABC NEWS INGATLINE (38) MOVIE "Espionage Agent" (1939) Joel McCrea, Brande Marthall Milchell Howard Babkes. 29, 416 Grandview Ave., Sanford and Carrie Michael Jerome Brooks. 20. 4220 S

Orlando Drive, #49, \$ Virginia Brown. 27. Dennis Ray Higdon. Geneva and Linda Jean Bx 204 Geneva.

John Victor Goodwi Semoran, Fern Park a

Joe Virgil Bailey, 74, Rt 4, 8x 419 Williamsburg, Kenlucky and Ferne Elizabeth Hatcher, 67, 513 Ribeult Ave., Daylona Beach. William Michael Lynch III, 44, Bx

246 Maitland and Janice Gall Marlon, 37, 540 Hibiscus Rd., Casselberry. Paul Sleven Sommer. 31, 2061 Picnic Ln., Apopka, and Cynthia Jean Ray, 20, 24 Old Post Rd.,

Clarance Leo Heppel, 51, 439 Parkwood Ave., Allamonte Sorings and Mary Frances Meeks, 46. Bz 40, Longw

Lavana Silas Tilley. 21. 2850 Grove Dr., Sanlord, and Carol Ann Point 19, 244 Carolion Rd., dester. Alaitlan

Willie McDonald, \$1, \$21 Carolina Ave., Winter Park and Gwendolyn Olivia While, 36, 45 Carolina Ave., Winter Park Seen Michael Hart, 22. 1385 Highland Selem. Ohio and Diane Insz Sego. 20. 2116 Cree Trl.

Casselberry David Curtis Bowles. 27, 240 N Devon Ave., Winter Springs and



(8) ROWAN & MARTIN'S LAUGH-IN 2 THE CATLINS (1) DREAM HOUSE (1) (2) LOVING (3) (3) INDEPENDENT NETWORK NEWS (5) (10) POSTSCRIPTS (5) (8) TIC TAC DOUGH 11:30

11:35 OT TEXAS

AFTERNOON 12:00 CAROLE NELBON AT Hanoad Man et, Cameron

(10) NATURE OF THINGS



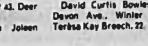
FRESH • LB MULLET HALLAFT FRANKS FRESH HEADLESS **MEDIUM SHRIMP** AESTINUNE BOLOGNA FRESH OYSTERS - CLAMS MESTERUNE LIVERWURST III

OPEN EVERY DAY EXCEPT MONDAY PRICES GOOD IAN IN THRU IAN ."I REAR OF VILLAGE FLEA MARKET OF SANFORD 3051 321 2398 1500 S FRENCH AVE SANFORD FL 3051 321 2348

2 95

PRICES GOOD

14 18 THRU 144 . 1





and the present of the present of the present of the second s

lanford and	(1974) Steve Forrest, Cameron
18. Bx 204	Mitchell.
Tysinger, 21,	11:35
29. 551 E	D THE CATLING
nd Kay Lynn	12:00
	(1) C POLICE STORY Two delac-

6B - Evening Herald, Sanlord, Fl. Wednesday, Jan. 18, 1984

'Classic Egg Dishes' From Appetizers To Desserts BOILED DRESSING 2 cggs

cookbook of recipes into 6-ounce whee or featuring eggs. For in- whiskey sour glass. formation on the book. Sprinkle with nutmeg. "Classic Egg Dishes," write to the lederation. 5415 Mariner St. #105, Tampa, 33609.

The colorful illustrated so many other classics. cookbook also features owes its birthright to that hunts on how to successfully use eggs in necessity. Caesar Cardini, cooking.

Some of the recipes from juana, Mexico in the the book are as follows: **CHEESE PUFFS**

About 315 dozen appelizers

These miniature cream pulls are said to have become popular as appetizers during Prohibition. At that time, the quality of the drinks might be uncertain, but these puffs, with various fillings, always drew raves. They still make a hit at parties.

1 cup water

- 1/2 cup butter 1 cup all-purpose flour
- 14 teaspoon salt

1 cup (4 oz.) shredded Cheddar cheese

2 tablespoons chopped

chives 4 eggs

Crabmeat Filling

hi medium saucepan bring water and butter to boil, stirring until butter melts. Remove from heat. Add flour and salt, stirring vigorously until mixture forms ball, 1 to 2 minutes. Add cheese and chives, stirring until cheese melts. Add eggs, one at a time, beating well after each. Drop batter by slightly rounded tablespoons onto greased cookle sheets. allowing 2-inch space between each.

Bake in preheated 400°F, oven until lightly browned, 18 to 20 minutes. For firmer cream puffs, pierce side of each with tip of sharp knife. Bake 5 minutes longer.

Cool on wire racks. Cut off tips and fill each with 2 tablespoons Crabmeat Filling. Replace tops. Chill before serving, if desired. Crabmeat Filling:

6 hard-cooked eggs, finely chopped 1 can (61/2 to 71/2 oz.) rabineat, drained and

The Florida Poultry Fed- er. Cover. Blend or sliake empty pantry. Empty. cration has compiled a until well-blended. Strain except for a case of romathe, eggs and some less than fresh bread. Using ereativity and Serve immediately.

CAESAR SALAD 4 to 6 servings

This popular salad, like 1 clove garlie, peeled and sliced 12 cup olive off greatest of all mothers. cubes, crust removed* a restauranteur in Ti-

lettuce, washed and movegarile. 1920s, found himself with drained a crowd of unexpected vinegar patrons and an almost

his name.

2 tablespoons wine

Worcestershire sauce 14 teaspoon dry mustard Salt and pepper to taste

showmanship, he created 3 tablespoons grated the salad that now bears. Parmesan cheese 1 6.66

2 tablespoons lemon Juice Combine garlie and olive

I cup 'French bread oil in jar with light-fitting lid. Let stand several A large head romaine hours or overnight. Re-

In medium fry pan, cook bread cubes in 2 tablespoons garlie oil until

Set aside.

Tear romaine into bitelarge salad bowl.

a d d v i n e g a r , ingarlic oil mixture. Worcestershire sauce. mustard, salt and pepper. Shake well. Pour over lettuce. Sprinkle with cheese. Toss until lettuce is coated.

cubes. Toss lightly. Serve add a touch of spirits.

Is t c a s p o o n golden brown on all sides immediately on chilled dinner plates.

*1 cup packaged size pieces and place in croutons may be substituted for French bread To remaining garlic oil. cubes. Omit cooking cubes SYTUP

EGG CREAM 2 servings

This drink evolved around the turn of the century on New York's lower east side. It was Break egg over center of considered especially good salad. Pour lemon juice for children, as It contains directly over egg. Toss milk and eggs. Grownups well. Sprinkle with bread like it too, and sometimes

About 1 cup Before the days of mod-

3 tablespoons (115 oz.) ern food processing, every coffee liqueur, optional 2 tablespoons chocolate

% cup milk

I cup club soda, divided Measure all ingredients except club soda into blender container. Cover and blend 20 seconds. Divide mixture between two 12-ounce glasses. Pour 1/2 cup club soda into each glass, stirring briskly to create a head of foam. Serve immediately.

See EGG, Page 7B

EVERYDA

young cook learned to

make this dressing. Today

it is made from preference

12 teaspoon dry mustard*

is teaspoon cayenne

2 egg yolks, slightly

rather than necessity.

2 tablespoons flour

2 tablespoons sugar

1/2 teaspoon salt

pepper

beaten

1/2 cup milk



finely chopped. 1 cup finely chopped celery. 15 cup mayonnaise ¹2 teaspoon salt 1/2 teaspoon dry mustard Mix all ingredients thoroughly.

PICKLED EGGS 12 appetizers 2 cups white vinegar 2 tablespoons sugar I medium onion, sliced and separated into rings. Eteaspoon salt I teaspoon whole mixed pickling spice

12 hard-cooked eggs In medium saucepan combine all ingredients except eggs. Simmer over low heat, uncovered, until onion is tender, about 10 infautes.

Arrange eggs in each of two 1-quart jars with tight-fitting lids. Pour 1 cup vinegar mixture over eggs in each jar. Cover and refriderate several hours or overnight to blend flavors. Eggs may be stored in refrigerator up to 2 weeks. TOM AND JERRY

4 servings 2 eggs, separated

I tablespoon sugar 14 to 15 leaspoon ground allspice

14 cup (2 oz.) light rum the teaspoon cream of larlar.

15 cups hot milk Nutmeg

in small mixing bowl beat egg yolks, sugar and allspice at high speed until thick, about 5 minutes. Blend in rum.

Wash and dry beaters. In small mixing bowl beat egg whites and cream of tariar at high speed until stilf but not dry, just until whites no longer slip when bowl is tilted. Fold yolks into whites. Pour ½ cup mixture into each of four preheated 8-onnee mugs. Fill each with 15 cup hot milk. Sprinkle with nutmeg. Serve immediate-

IV. EGG FLIP 911 1 serving 3 tablespoons (1½ oz.)

brandy 3 tablespooons half and half or light cream

Legg

I teaspoon confection-

- ers' sugar-
- 3 to 4 ice cubes
- Nutmeg ⁵⁰ Measure all ingredients
- Mexcept nutmeg into blender or shaker contain-

		Print 1
Potted Meat	3DE CAN	4/°1
SLICED OR HALVES POACHOS (FYNE TASTE)	JOIN CAN	79°
CARPET FRESHENER	1604	99°
Pac Man Cereal		\$179
Punch Detergent	7208 90X	\$499

GROCERY

COMPARE

COMPARE GROCERY LOW	" CC
GREEN GIANT FRENCH OR REGULAR CUT Green Beans) (
Hawaiian Punch	° i
Mrs. Butterworth 100 99	}• i
Idaho Spuds 114 \$1	19
Kosher Dills	10

GHOCERY

COMPARE	PRODUCE		COMPARE PRODU	ICE LOW PHICE
Calif. Lemo	ons12	199°	BUTTERNUT OR Acom Squash	
Rutabagas	iu	23°	Ceneric Popcorn	. 89°
Fla. Avoca	dos 2	2/*1	Juicy Nectarines	
SNO WHITE Mushroom	B MA	\$479	Generic Peanuts	···· \$159
BWEET JJICY Pineapple:	5 KACH	\$ 199	Apple Cider	\$179



SANFORD 2944 ORLANDO ROAD, ZAYRE PLAZA AT THE CORNER OF 17-92 & ORLANDO ROAD

.Egg Dishes

Cont'd From Page 6B 14 cup white vinegar

2 tablespoons butter together flour, sugar, salt. mustard and cayenne. Blend in egg yolks and milk. Cook over low heat, stirring constantly, until thickened, 10 to 15 minutes. Add vinegar and butter, stirring until butteris melted. Cool Store, tops, minced lightly covered, in refrigcrator.

GREEN GODDESS DRESSING About 2 cups

Green Goddess Salad Dressing originated more

than 30 years ago in San Francisco. It was named for the play starring In small saucepan mix George Arliss and first served to him on opening night. 1 to 1¼ cups mayon-

naise 1/2 cup sour cream 4 large sprigs parsley,

snipped 2 green onions with

2 tablespoons lemon juice or wine vinegar 1/2 clove garlic, crushed and minced 1/2 teaspoon salt

Dash pepper this combination found its Blend together all in- way onto modern restau-

gredients, Chill rantmenus 6 slices bread

thoroughly.

thoroughly.

finely chopped. If neces-

sary, turn off blender oc-

casionally and clean sides

with rubber spatula.) Add

sour cream. Blend at me-

combined. Chill

MONTE CRISTO

2 to 3 servings

Cristo. But the name took

on new personality when

Alexaner Dumas immor-

To prepare in blender: 2 slices (1 oz. cach) cooked ham Place all ingredients except sour cream in 2 slices (1 oz. each) cooked chicken or turkey. blender container. Blend at high speed just until 2 slices (1 oz, each) Swiss or brick cheese parsley and onions are

2 eggs ¹⁶ cup milk he teaspoon salt Oil for deep frying* Confectioners' sugar. dium speed just until optional

strawberry jam, currant jelly or sour cream. optional

On each of two slices bread, place 1 slice each ham and chicken. Top talized the Count of Monte each with second slice bread, 1 slice cheese and remaining bread. Secure each sandwich with 4

wooden pleks, trim crusts - torulai, as necessary until and cut into halves or golden brown on all sides. quarters.

tioners' sugar, if desired

Serve with strawberry

jam, currant jelly or sour

*Sandwiches also may

be sauteed in 2 tables-

poons butter in large fry

pan over medium heat.

cream, if desired.

FRENCHOR Beat eggs, milk and salt **PLAIN OMELET** with fork until blended.

1 serving Dip sandwiches in egg-Many a cook's reputamilk mixture, turning to tion has been founded on coat evenly. Fry in prean omelet. It takes a cerheated 375°F. deep lat. turning as necessary, untilomelet provides a sense of golden brown on all sides. accomplishment far 1 to 2 minutes. Remove beyond the work required. with slotted spoon or The directions below will tongs. Drain on absorbent help you develop the ompaper. Remove picks. elet-making skill - it's Sprinkle with confecreally easy!

2 eggs 2 tablespoons water 14 teaspoon salt

Dash pepper I tablespoon butter

Mix eggs, water, salt and in half or roll, turning out pepper with fork. Heat onto plate with a quick llipbutter in 8-inch omelet of the wrist.

Evening Herald, Sanford, FL. Wednesday, Jan. 18, 1964-78

pan or try pan over medium high heat until just hot enough to sizzle a drop of water. Pour in egg mixture. Mixture should set at edges at once. With pancake turner turned over, tain knack, but a perfect carefully push cooked portions at edges toward center so uncooked portions flow to bottom. Tilt pan as necessary so uncooked eggs can flow. Slide pan rapidly back and

forth over heat to keep

mixture in motion and

sliding freely. While top is

still moist and creamy-

looking. fill. if desired.

With pancake turner fold

Variations: Omelets can be flavored with a variety of herbs and spices. Mix in the to the teaspoon per omviet.

Omelets can hold almost any leftover food. For each omelet, fill with 45 to 12 cup of any of the following: Shredded or sliced Cheddar, Swiss. Mozzarella, Gouda, Provolone, Muenster or other firm cheese

Cottage, ricotta or creany cheese

Cooked, drained and erumbled sausage, bacon or ground beef

Flaked canned or cooked lish

Sauteed slleed mushrooms

Sauteed chopped onions or green pepper

Drained, cooked. chopped, diced or sliced vegetables.

Drained, canned or chopped or sliced fresh frult

Chopped mits Jelly, jam or preserves

CRABMEAT **CREPES MORNAY** 4 to 6 servings

Crepes are the thin. feathery paneakes attributed to Thomas Jefferson's French chef. Etienne Lemaire. They are as much at home with main dish as dessert fillings. Here they are filled with a crabmeat mixture and topped with rich Mornay Sauce.

1 package (6 oz.) frozen crabmeat, thawed OR 1 can (7½ oz.) crabmeat

6 hard-cooked eggs chopped 1 cup chopped celery

1/2 cup shredded Swiss cheese

12 cup mayonnaise 12 teaspoon dry mustard

1/2 teaspoon salt

12 Crepes

Mornay Sauce Grated Parmesan cheese, optional

Drain crabmeat, reserving liquid, and flake, Mix crabmeat with eggs. celery, cheese, mayonnaise, mustard and salt. Place about 35 cup mixture across center of each 71/2-inch crepe (use about 14 cup on each 6½-inch crepe). Roll up. Place filled



SAVE 30 PER LB	SAVE 30° PER LB	SAVE \$1.00	
OMPARE MEAT CHECK THESE PRICES	COMPARE MEAT CHECK THESE PRICES	COMPARE DELI CHECK THESE PRICES	COMPARE DAIRY CHECK THESE PRICES
CAR MAYER CHEF'S INTRY CHICKEN FRIED OCT Pattics PRC LB 19	Breaded Patties . 44 89°	MR. TURKEY SPICED LOAF OR Sliced Salami PKG 79°	Half & Half
wifts Sizzlean . ## \$139	Roll Sausage	Skinless Franks . ## 99*	Orange Juice
olish Sausage	Neck Bones 18 139	Lunch Meats 14 \$139	Pie Crusts
Ini Drumsticks	Fish Portions	Smoked Sausage 4 \$159	COUNTY LINE MILD OR COLEY LONGHORN Cheddar Cheese . 1000 \$169
teak Umms 14 \$259	Fish Cakes	Sliced Ham 10 \$239	Ricotta Cheese : * *2*
	and the state of the	PRICES GOOD ONLY IN MEMINOLE COUNTY DUE TO DUR LO NONE BOLD TO DEALERE, NOT RESPON	THE POR TYPODAAPHICAL ENRORS
KING SIZE	MORTON	REVLON FLEX SHAMPOO	
BREAD 2002 LOAVES	FAMILY MEALS	NORMAL OILY TREATED EXTRA BODY OF CONDITIONER	MEAT
2/\$149	\$149		BONUS BUY
	2 LBS FROZEN	15oz	HALF POUND
SAVE IB	SAVE 30	YOUR CHOICE	IN THE SERVICE DELIBAKERY STORES ONLY
PANTRY PRIDE	MORTON BOZ FROZEN	TEK SOFT, MEDIUM	COUNTRY PRIDE IN THE SERVICE (SIL) MAILEY STORES ONLY
TWIRLS 2/109	CHECKEN TWEEY 3/\$119	BRUSHES 4/\$1	CHICKEN \$649
PANTRY PRIDE BAVE 20" BOURDOUGH B PACK	JENO'S BAVE 30' 10.302 FROZEN	LADY 1.6oz	
or ENGLISH 2/\$1	PIZZA 99¢	SPEED- STICK ANTI-PERSORIANT \$149	KAISER 6/89 ^c
	CHINA CHILAN		
ST. MARY'S DREAM BATH	COMPARE PROZEN	COMPARE	COMPARE
INFORMATION	Coffee Lightener	Colgate share	Smoked Ham \$149
(ONLY 18 DAYS LEFT) TO COMPLETE YOUR TOWEL ENSEMBLE	Onion Rings	Mitchum manaret , , 401 \$199	Shrimp Dinner \$239
1. ST. MARY'S COUPONS WILL BE ISSUED THRU FEB. 4, 1984.	Whipped Topping	Kotex TAMPONS 30, \$259	Coffee Ring \$189
2. ST. MARY'S COUPONS WILL BE REDEEMED	French Fries	Slim Fast www \$599	Layer Cake \$299
THRU FEB. 18, 1984.			
PLAIN or SUGAR	20° OFF 374 That	20° OFF 379 Phate	FASHIONABLE
DONUTS	POTATO CHIPS,	Doritos FRITO LAY	
IVERTAT CCCC	BAR-BOUE CHIPS OR BAR-BOUE CHIPS 402 BAG	BOZ	FROM QUE SA
10oz SAVE 20'	LIMIT-1 COUPON PERI ITEM. GCCO THRU WED., JAN. 25, 1064.	LIMIT-1 COUPON PER ITEM. GOOD THRU WED., JAN. 28, 1984.	TO \$19.00 EACH PLUG TAX WITH \$100 IN PANTRY PRICE REGISTER TAPES

ies in greased 13x9h baking dish. Pour may Sauce over crepes. inkle with Parmesan esc, if desired, lake in preheated °F. oven until hot and obly, about 30 minutes. ve hot.

rnay sauce:

tablespoons butter tablespoons allpose flour

14 cup liquid (reserved bmeat liquid plus milk) 2 cup shredded Swiss 1151

to 2 tablespoons terne, white wine or ion juice, optional

n medium saucepan It butter. Blend in flour. ok. stirring constantly, r medium-high heat il smooth and bubbly. in liquid all at once. k and stir until mixe boils and thickens. nove from heat. Stir in iss cheese until melted. in sauterne, if desired.

sic crepes: Twelve -inch crepes OR Sixn 61/4-inch crepes

- CRES
- 1/2 cup milk
- la cup water tablespoons butter.
 - ded:
- a cup all-purpose flour /a teaspoon salt Melted butter

n mixing bowl combine gs milk, water and 3 plespoons melted butter. at with mixer, rotary ater or wire whisk until. ll blended. Add flour d salt. Beat until ooth.

leat 8 to 10-inch omeiet crepe pan over medin-high heat until just hot ough to sizzle a drop of iter. Brush pan lightly th melted butter. For ch crepe, pour in just ough batter (about 2 blespoons for 8-inch pan R scant ¼ cup for 10ch pan) to cover bottom pan, tipping and tilting in to move batter quickly er bottom. Cook until thily browned on bottom id dry on top. Remove om pan or. if desired, rn and brown other side. ush pan lightly with elted butter as needed to event sticking. Stack epes between layers of axed paper until ready to

8B-Evening Herald, Sanford, Ft. Wednesday, Jan. 18, 1934



Conservation and a strange with the second

Popping

Arthur Baus of the Historic Florida Militia fires a flintlock musket in prepartion for a demonstration at Seminole Community College, Baus will show the Revolutionary War era weapon January 20 at 9 a.m. in room L-232 and at 9:30 a.m. in the college amphitheatre. Uniforms and equipment of the 18th century will be shown. The demonstration is for Lucinda Coulter's Western Civilization class, but visitors are welcome.

Birthday Celebration

Legal Notice

NOTICE TO PUBLIC Notice is hereby given that a Public Hearing will be held by the Planning and Zoning Commission in

the City Commission Room, City Hall, Sanford, Florida at 7:11 The

on Thursday, Feb. 2, 1964 to cult wet

the following change and amend-ment to the Zoning Ordinance and amending the Future Land Use Element of the Comprehensive Plan

County, Florida, Rezoning from MR-1, Multiple-

Family Residential Dwelling District

To that of MR 2. Multiple Family

That property described as Part of Lots 5. 7, 8, 9 through 12 and the

vacated part of Lake Minnle Drive. LAKE MINNIE ESTATES, Seminole

County, Florida, according to the

plat thereof as recorded in Plat Book 6. Page 92. Public Records. Seminole

County: more particularly described

Begin at the Southwest corner of Lot 4, LAKE MINNIE ESTATES, thence N.89*13'30''W. (Bearings

based on Florida Department of Transportation Right-of-Way Map

for State Roads 15 and 4001, for 445.81 feet; thence N.29726'46''E. for 836.66 feet to the North line of Lot 10; thence N.73752'17''W. along the North line of Lot 10 for 109.63 feet to the

Northwest corner thereof; thence

N.70*31'21''W, along the North line of Lot 12 for 199.61 feet to the Northwest

corner thereof; thence 5.40°58'25''M. for 1959.95 feet to the Southwest corner of Lot 11; thence 5.69°13'30''E, along the South line of Lots 11, 9, 7 and 5 for 1172.73 feet to the South and corner of Lot 5 thence

the Southeast corner of Lot 5; thence

N. 35*56'30''E. for 789.01 feet to the

Point of Beginning. Containing 25.70 Gross Acres (in-

cluding lake bottom), more or less. Being more generally described as located West side of U.S. Highway 17-92 and South side of Lake Minnie.

The planned use of the property is

The Planning & Zoning Com-mission will submit a recommenda-tion to the City Commission in favor

of, or against, the requested change or amendment. The City Commission

will hold a Public Hearing in the City Commission Room in the City Hall,

anford, Fiorida at 7:00 P.M. on Feb.

All parties in interest and citizens

NOTICE TO PUBLIC

Notice is hereby given that a Public Hearing will be held by the Planning and Zoning Commission in

the City Commission Room, City Hall, Sanford, Florida at 7:00 P.M.

on Thursday, Feb. 2, 1984 to consider the following change and amend-ment to the Zoning Ordinance and amending the Future Land Use Element of the Comprehensive Plan of the City of Solitord Comprehensive Plan

of the City of Senford, Seminole County, Floride.

Rezoning from MR-2, Multiple-Family Residential Dwelling District

shall have an opportunity to be heard at said hearings. By order of the Planning and Zoning Commission of the City of Canford, Florida this 11th day of

January, 1964. J.Q. Galloway, Chairman City of Santord Planning

and Zoning Commission Publish January 18, 25, 1984.

13. 1964 to consider said recommon

Multi-Family Residential.

dation

DEP-75

as follows:

Residential Dwelling District

the City of Sanford, Seminole

Mrs. Ronald Nathan's fifth graders give a choral reading during a program, "A Man for all the People,'' celebrating the late Dr. Martin Luther King Jr.'s birthday. It was held Thursday at the Goldsboro Elementary School cafetorium. Dr. Levester Tubbs, vice president of student affairs at the University of Central Florida was guest speaker for the occasion, which involved the entire student body.

Drug Offers Hope In Stroke Cases

Herald Photo by Tammy Vincent

WASHINGTON (UPI) - A substance that counteracts blood clotting may become the first effective way to treat struke and prevent resulting brain damage and paralysis, a Houston neurologist said today.

Treatment with prostacyclin, a natural substance first described in 1976 by three researchers who later won the Nobel prize, allowed one 33-year-old paralyzed stroke victim to move his immobilized right side and talk again, Dr. Frank Yatsu said.

The substance still is being tested in patients and is not available to the public. he said, but it could eventually offer hope to stroke patients who otherwise would be forced to lead restricted lives.

"There is no good, reliable, predictable treatment for stroke," Yatsu told an American Heart Association science writers' seminar in remarks released today. "The use of prostacyclin has at least opened the door."

The American Heart Association has estimated 500,000 Americans suffer strokes each year. In 1981, the latest year for which statistics are available, more than 164,000 died. Others suffered effects ranging from weakness to paralysis.

Blood clotting normally occurs on a blood vessel wall. Naturally occurring prostacyclin prevents the clotting ingredients from sticking to the inside.

In many strokes, the clotting occurs on the inside of a crucial neck or cerebral artery, blocking blood flow to the brain.

In a study of 12 stroke victims at the University of Texas Health Science Center, Yatsu said, six benefited from doses of prostacyclin and six did not.

The "most dramatic" recovery was a man who was paralyzed on his right side and unable to talk, the neurologist said.

To that of GC-2, General Comme cial District That property described as: From the SE corner of Sec. 2, Twp. 205, Rgs 30E, Santord, FL, run N. 0*09*02** W., along the E, line of Sec. 2, a distance of 265 ft., thence run N. Yatsu, professor and chairman of the

NOTICE TO PUBLIC

Notice is hereby given that a Public Hearing will be held by the

the City Commission Room, City

Hall, Sanford, Florida at 7:00 P.M.

Florida, according to the plat thereof as recorded in Plat Book 6, Page 12,

Public Records, Seminole County;

more particularly described as

Commence at the Southwest con

ESTATES, Ihence 5.89*13'30"W

Bearings based on Florida De

Right of Way Map for State Roads I:

and 400), along the North right of way line of Lake Minnie Drive for

257.64 feet to the Point of Beginning:

lake bottom), more or less.

13, 1964 to consider said recomm

January, 1984. J.Q. Galloway, Chairman City of Sanford Planning

and Zoning Commissio

Publish January 18, 25, 1964.

shall have an opportunity to be heard

peneral commercial.

dation.

DEP 76

at said hearings.

CLASSIFIED ADS Orlando - Winter Park Seminole 322-2611 831-9993 CLASSIFIED DEPT. RATES 1 time 64C a line HOURS 3 consecutive times . 58¢ a line \$:30 A.M. - 5:30 P.M. 7 consecutive times . 49¢ a line **MONDAY thru FRIDAY** 10 consecutive times . 44C a line SATURDAY 9 - Neon \$2.00 Minimum **3 Lines Minimum** DEADLINES Noon The Day Before Publication Sunday - Noon Friday Monday - 11:00 A.M. Saturday 12—Legal Services 63-Mortgages Bought & Sold Bankruptcy \$230, and Chapter 13 \$410, Free conference, Attorney If you collect payments from a first M. Price. For Appt. 422 2997. or second mortgage on property you sold, we will buy the mortgage you are now holding. 25—Special Notices 788 2599. DO YOU WANT 71—Help Wanted CLEAN DRINKING WATER? We can show you an effective & proven way to safeguard your family against chemical & BARTENDER Experience necessary, Friendly, neal and personable, Apply in person, M.F. 9.12 noon, Deltona bacteria present in your tap water. Call Water Purification Systems of Central Florida. 343-8333 FREE Demonstration. BUFFERS on aluminium New Office now opening. VORWERK moldings, Experienced only, steady jobs, 45 hrs. per week. Florida Extrusion 2540 Jewett Lane Sanford, Florida. 1120 W. Ist St. 27-Nursery & CABINET MAKER EXPERIENCE NECESSARY CALL 323-1956 Child Care Childcare Worker for Christian CHILDCARE My home, Mon Fri-Days, evenings, to and from Children's Home. For disturbed teens in Geneva, Mature individ-ual, Live in position, 349 5099, 9.5 Mon, thru Fri. Meals included, local ref. 322-2238 Pre School Teacher will bebysit in COOK her home Mon.-Frl. Mellonville Area. Santord. 677-0105. New head cook looking for evening cook. Dinner experience necessary. Apply in person Monday thru Friday 2.5 PM. Deltona inn. 31—Private COOK Experienced in Nursing Instructions Home or Institutional cooking. References required. Apply in person. Sanford Nursing Con-Enjey Lessens. Plano and organ in home. Limited opevalescent Center, #50 Mellonville. now available, by professional, Don James Phone \$78-2407. COURIERS-DELIVERY, Sanford Seminole. Good appearance, and know area. 774-4610 33—Real Estate Do you quality for a career with **MUTUAL of OMAHA? Excellent** Courses earnings and training. Call Mr. Vann. 644:3806, E.O.E. M/F.

DRAFTSMAN, Immediate opening for Interested applicant. Must have strong skills in estimating ereas for pricing of aluminium extrusions, good drafting skills for shop drawing and customer approval, good telephone/public relations skills. Competitive salary. Send resume and example of work to P.O. Box 2137 Sanford, Florida 32771, Att: Rick Asbury,

FARM SELLING TIME IS NOW Run a "FOR SALE" Ad on the Classified Page.



Good Show

center's neurology department, said investigators in Poland studied 10 patients and found all recovered when treatment was administered three to five days after a stroke that had left them severely

cial District

weakened. Heart Disease Still No. 1 Killer

DALLAS (UPI) - More than a half-million Americans will die of heart attacks this year and heart disease will cost the nation \$64.4 billion, the American Heart Association said in its annual report.

The "Heart Facts 1984" report said that despite advances in research and treatment, cardio-vascular disease remains the nation's No. 1 killer, well ahead of cancer and accidents.

The report said 42.7 million Americans suffer from some form of heart disease.

An estimated 550,000 Americans will die of heart attacks in 1984, the association said, and another million will survive heart attacks. The cost to the nation from heart disease, in straight cash, would reach an estimated \$64.4 billion in 1984, including \$12.4 billion in lost output due to disability, the report said.

The association said that in 1981 - the latest complete sampling - heart disease and related ailments killed 989,610 people, far more than the 422,720 who died of cancer and the 102,130 who died of accidents, the No. 3 killer.

"In 1981, nearly 1 million American deaths were attributed to cardiovascular diseases," the association said. "That's almost as many deaths as were caused by cancer, accidents, pneumonia, influenza and all other causes combined."

High blood pressure remains "rampant," the report said, afflicting 37.3 million Americans, or nearly one out of every four adults.

The association said high blood pressure was blamed for many deaths and much of the disability resulting from stroke, which strikes about 500,000 people a year, killing 164,300 in 1981.

Though the association predicted that "as many as 1.5 million Americans may have a heart attack in 1984. and about 550,000 of them will die." the report said about 4.6 million Americans had either survived heart attacks or suffered related chest pains.

The ABA recommended such preventive measures as quitting smoking, paying attention to diet and eliminating stress from daily routine.

No Time Limit On Pursuit Of Tax Cheaters **High Court Weighs Evidence Rule**

WASHINGTON (UPI) - The Supreme Court soon need a warrant before requesting wage and hour will decide whether to carve out an exception to the exclusionary rule, which bans use of illegally obtained evidence, by ignoring mistakes made in good faith by police investigators.

The justices heard arguments Tuesday from law enforcement officials that the strict rule hinders crime fighters by preventing use of critical evidence obtained by officers who unwittingly violated the law.

The administration long has urged the nation's highest court to relax the court-made rule of evidence, which prosecutors charge lets the guilty gofree on technicalities.

The so-called "good faith" exception, however, has been decried by those who contend it would reward illegal conduct by police, allowing them to search illegally for evidence and plead ignorance of the law as an excuse.

The court looked into the issue last session but was unable to reach a decision. It is expected to settle the issue in two cases - from Massachusetts and California - by early summer.

In other action, the court:

-Ruled 5-4 that use of home video recorders to tape television programs for later use does not violate copyright laws. The ruling is a victory for the \$3. billion-a-year recorder industry, freeing it from the threat of millions of dollars in fines and royalties.

-Ruled the Internal Revenue Service is under no time constraint in investigating or penalizing tax conviction of Osborne Sheppard, found guilty of cheaters who filed fraudulent returns but later come murdering his girlfriend. His conviction was clean by filing amended returns.

the second se

statements from businesses under investigation. reversing a lower court ruling that said a North Dakota motel could refuse to turn over information about their employees.

The justices heard arguments on two exclusionary rule cases Tuesday involving searches made by police who thought they had valid search warrants but later saw the warrants declared invalid.

Massachusetts Assistant Attorney General Barbara Smith called the exclusionary rule "inflexible" and 'mechanistic" and argued it should not apply to officers who acted "in reasonable good faith" when they execute search warrants.

She was backed by U.S. Solicitor General Rex Lee who said. "We pay a price for technical rulings that our citizens are unable to understand or respect."

But lawyer Barry Tarlow, arguing in favor of the rule in a California drug case, said less than 1 percent of all criminal cases in California are affected by the rule, rejecting claims it had a major impact on fighting crime.

In the California case, an appeals court ruled a judge who issued a warrant to search the Burbank home of Alberto Leon did not have sufficient "probable cause" to believe a crime had occurred and the evidence should have been suppresed.

The Massachusetts case involved the murder overturned on appeal because police who searched -Unanimously ruled the Labor Department did not his home did not have the proper warrant.

89"51'20" W., parallel with the 5, line of said Sec. 2, a distance of 627.80 ft. for a POB, thence continue N Legal Notice

89"51'20" W., 200 H. to the NELY ROW line of Airport Blvd., thence run NWLY along said ROW line and a curve concave SWLY having a radius of 1185.92 ft. a central angle of 7*34'35" a chord bearing of N. 43*30'34" W., an arc distance of 156.82 IL, thence run N. 42*42'07" E 125 H. thence run 5. 52" 49'44" E., 67.18 ft., thence run 5, 89*51'20" E., 170 ft. thence run 5, 0*08'40'' W , 145 fl. to the POB. Containing 1.034 ACTES.

Planning and Zoning Commission in Being more generally described as localed: Airport Blvd. & Zayre Shopping Center. on Thursday, Feb. 2, 1984 to consider The planned use of the property is

the following change and amend-ment to the Zoning Ordinance and amending the Future Land Use Element of the Comprehensive Plan Convenience retail shopping. The Planning & Zoning Com-mission will submit a recommendalion to the City Commission in favor of the City of Sanford, Seminole County, Florida. of, or equinal, the requested change or amendment. The City Commission will hold a Public Hearing in the City Resoning from MR-1, Mulliple Family Residential Dwelling District To that of GC-2, General Commer-Commission Room in the City Hall, Santord, Florida at 7:00 P.M. on Feb. 13, 1964 to consider said recommen That property described as Part of delion Lois 2 and 4, LAKE MINNIE ESTATES, Seminole County

All parties in interest and citizens

Zoning Commission of the City of Sanford, Florida this 3rd day of January, 1984. J.G. Galloway, Chairman

City of Sanford Planning and Zoning Commission Publish January 18, 25, 1964

NOTICE TO PUBLIC

thence continue \$ 89*13'30"E along the said North right of way line, for Notice is hereby given that a Public Hearing will be held by the SEAL) 192.48 feel to the point of curvature of a curve conceve Northwesterly, Planning and Zoning Commissio thence Northeasterly along the South the City Commission Room, City Hall, Sanford, Florida at 7:00 P.M. on Thursday, Feb. 2, 1984 to consider line of Lot 2, along the arc of said curve, having a radius of 149.78 feet, through a central angle of \$7"19"\$7" the following change and amend-ment to the Zoning Ordinance of the City of Sanford, Seminole County, Publish January 11, 18, 25 & Febru for 149.00 feet to the East line of Lot 2 and the point of compound curvature of a curve concave Westerly; thence DEP-SO Florida Rezoning from RC-1, Restricted Notice is hereby given that a Public Hearing will be held by the Planning and Zoning Commission in the City Cemmission Room, City Hall, Santard, Florida at 7:00 P.M.

Northeasterly along the East line of Lot 2, along the arc of said curve. **Commercial District** having a radius of 2614.79 feet To that of GC-3, General Commer

through a central angle of 07"40'03". for 376.68 feet to the point of That property described as: Lots 11-19, Amended Plat al Orange langency: thence N.25*46'36"E. along the East line of Lot 2 for 357.25 Heights, PB 4, Pg 84; Lots 136-166 (less R/W for S1, Rd.) Sanford Heights, PB 2, Pg 63; Lots 31-62, 48, 1st Add'n, to Plostwart, PB 3, Pg 79; Sar 34, Two 195, Res 36F, M 344 ft leet to the Northeast come of Lot 2; thereas 5.75°54'56'W, along the North line of Lot 2 for 190.45 feet to the Northeast corner of Lot 4; therea Sec. 34, Twp. 195, Rge 30E) N. 364 ft. of W. 315 ft. of S's of SWie of NEIe 5.64"36"16"W, along the North line of Lot 4 for 118.03 feet to a line bearing liess E. 150 ft. of N. 122 ft.) (liess E 140 ft. of \$>132 ft. & \$t) W. 279.25 ft.

Franch Ave., now zoned RC-1, N. at 20th St., E. of Maple Ave., & W. of the alley between Franch Ave. and Reing more generally described as located West side of U.S. Highway 17-92 and South side of Lake Minnie. Lourel Ave. The planned use of the property is

The Planning & Zoning Commission will submit a recommenda-tion to the City Commission in favor mission will submit a recommenda-tion to the City Commission in favor of, or against, the requested change or amendment. The City Commission of, or against, the requested change or amendment. The City Commission will hold a Public Hearing in the City Commission Room in the City Hall, Senford, Floride at 7:08 P.M. on Feb. will hold a Public Hearing In the City Commission Room in the City Hall, Senford, Florida at 7:00 P.M. on Feb. \$2. 1964 to consider said recommen-All parties in interest and citizens

All parties in Interest and citizens shall have an opportunity to be heard at said hearings. By order of the Planning and

By order of the Planning and Zoning Commission of the City of Sentord, Florida this 11th day of Zoning Commission of the City of Sentord, Florida this eth day of

January, 1984. J.Q. Galloway, Chairman City of Santord Planning and Zoning Commissio Publish January 18, 25, 1964. DEP 77

والمرد الأراب والمراوح والمراجع والمراجع والمتعالم والمتحا والمتحاج والمحاج والمتعاد المتحاد والمتحر والمتحر المراجع والمتحر المالي

JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA. CASE NO. 84-8829-CA-13-G WALTERA LAUGHLIN, SR.

Plaintiffs.

BALL School of Real Estate LOCAL-REBATES, 323-4118.

MASTER CHARGE OR VISA

43—Medical &

Dental

Legal Notice

IN THE CIRCUIT COURT,

EIGHTEENTH

and MARION E. LAUGHLIN.

Estate of JAMES B. RICKER.

devisees, grantees, assignees.

lienors, creditors and trustees, and all other individuals claiming

by, through, under or against

said Estate of JAMES B. RICKER,

NOTICE OF ACTION

TO: Estate of JAMES B. RICKER. deceased, and his heirs, devisees.

grantees, asignees, lienors, creditors

and trustees, and all other individu

als claiming by, through, under or against said Estate of JAMES B.

YOU ARE NOTIFIED that an

iction to quiet tille to the following

has been filed against you and you

are required to serve a copy of your

written defenses, if any, to it or

ALBERT R. COOK, ESQUIRE, Plaintiff's attorney, whose address is Post Office Box 895, Casselberry,

Florida on or before February 13. 1964, and file the original with the

Clerk of this Court either before

service on Plaintiff's attorney or

Immediately thereafter; otherwise a default will be entered against you for the railed demanded in the

complaint or petition.

CLERK OF THE

By: Eve Crabte

Mry 1, 1984.

cial District

CIRCUIT COURT

Deputy Clerk

DATED on January 6, 1964.

ARTHURH. BECKWITH, JR.

NOTICE TO PUBLIC

en Thursday, Feb. 2, 1964 le consider the feilowing change and amend-ment le the Zoning Ordinance of the City of Sanford, Seminole County, Stanton

Rezoning from MR-2, Multiple-amily Residential Dwelling District To that of GC-3, General Commer-

deceased, and his heirs,

his wife.

RICKER

BUY ... SELL ... HIRE ... RENT. Winter Brings 'WHITE' Snow -Classified Brings 'GREEN' Cash.

NOTICE OF PUBLIC HEARING

Notice is hereby given by the City of Longwood, Floride that the Longwood City Commission will hold a Public Hearing on January 23, 1984 to consider a Conditional Use re-quested by International Marketing and Sales to operate a wholesale car business on the following legally described property: Section 4. Township 215, Range

30E, W 35 YD of E 140 YD of N 70 YD of NW Ve Delendants

Being more generally described as 46W. SR 434, Longwood. Florida. A Public Hearing will be held on January 23, 1964 at 7:30 P.M. In the Longwood City Commission Cham-bers, 173 W. Warren Avenue, Longwood, Florida, or as soon thereafter as possible. At this meeting, all interested parties may appear to be heard with respect to Conditional Use Request. This hearing may be continued from time to time u final action is taken by the City Commission, A copy of the Condi tional Use Request is on file with the City Clerk and may be inspected by the public.

A taped record of this meeting is made by the City of Longwood for its convenience. This record may not constitute an adequate record for the purposes of appeal from a decision made by the City Commission with respect to the foregoing matter. Any person wishing to ensure that an adequate record of the proceedings is maintained for appellate purposes is advised to make necessary ar Dated this December 4, 1963.

D.L. Terry, City Clerk

City of Longwood, Florida Publish January 8, 1984 and January 10.1984 DEP-34

FICTITIOUS NAME

Notice is hereby given that the SONECOR FIBERCOM COR PORATION. a Connecticut corporation having its principal place of business at 195 Church Street, New Haven, Conn. 04510 and CSX COMMUNICATIONS INC. . Virginia corporation, having its principal place of business at 1500 Federal Reserve Building, Richmond, Virginia, are engaged in business at Seaboard Systems Railroad Building, Persimmon Avenue, Sanford, Fia, 32771, Seminole County, Florida under the fictitious name of LIGHTNET, and that the corporations intend to regisfer said name with the Clerk of the Circuit Court, Seminale County, Florida in accordance with the pro visions of the Fictilious Name Stat-

That property described as Sec. 2, Twp. 205, Rge 20E, 8, 265 ft. of SE 6 E. el St. Rd. 425 utes, To Wil: Section 65.09 Florida Statutes 1957. Boing more generally described as located: A portion of Zayre Plaza, N.

SONECOR FIBERCOM By: Frank E. Wollensack of Alrport Blvd., W. of U.S. 17-92. The planned use of this property is President C5X COMMUNICATIONS INCORPORATED

By: Mark G. Aron, Esq. neral Counsel Publish January 4, 11, 18, 25, 1964 DEP 11

FICTITIOUS NAME

Notice is hereby given that I am engaged in business at 200 Borada Rd., Sanlord, Seminole County, Fiorida under the fictitious name of BAR PAINTING & LANDSCAPING. and that I intend to register said name with the Clerk of the Circuit Court, Seminole County, Florida in accordance with the provisions of the Fictitious Name Statutes, to Wit: Section 665 DF Florida Statutes 1957 /s/ Roper Lee Hamilton

Publish January II. 25 & February 1, DEP 87

te eliminate non conterming use. The Planning & Zening Com-mission will submit a recommanda-tion to the City Commission in layor of, an application of the commission in taker of, an application of the commission will hold a Public Hearing in the City Commission Room in the City Hall, Senford, Florida at 7:00 P.M. on Feb. 13, 1904 to consider said recommen-All parties in interest and citizens shall have an opportunity to be heard at sold hearings. By order of the Planning and Zoning Commission of the City of Senteral, Floride this 13th day of

January, 1964. J.Q. Galleway, Chairman City of Santard Planning and Zening Commiss Publish January 18, 25, 1984. DEP-74

lal District

N.25*25'46"E. from the Point of Beginning; thence \$ 28*28*46*W. for 751.31 feet to the Point of Beginning. of E. 312 ft. of S. 146 ft. of NW14... Being more generally described as located: That portion known as **Containing 4.49 Acres Eincluding**

The planned use of the property is

general commercial use. The Planning & Zening Com-

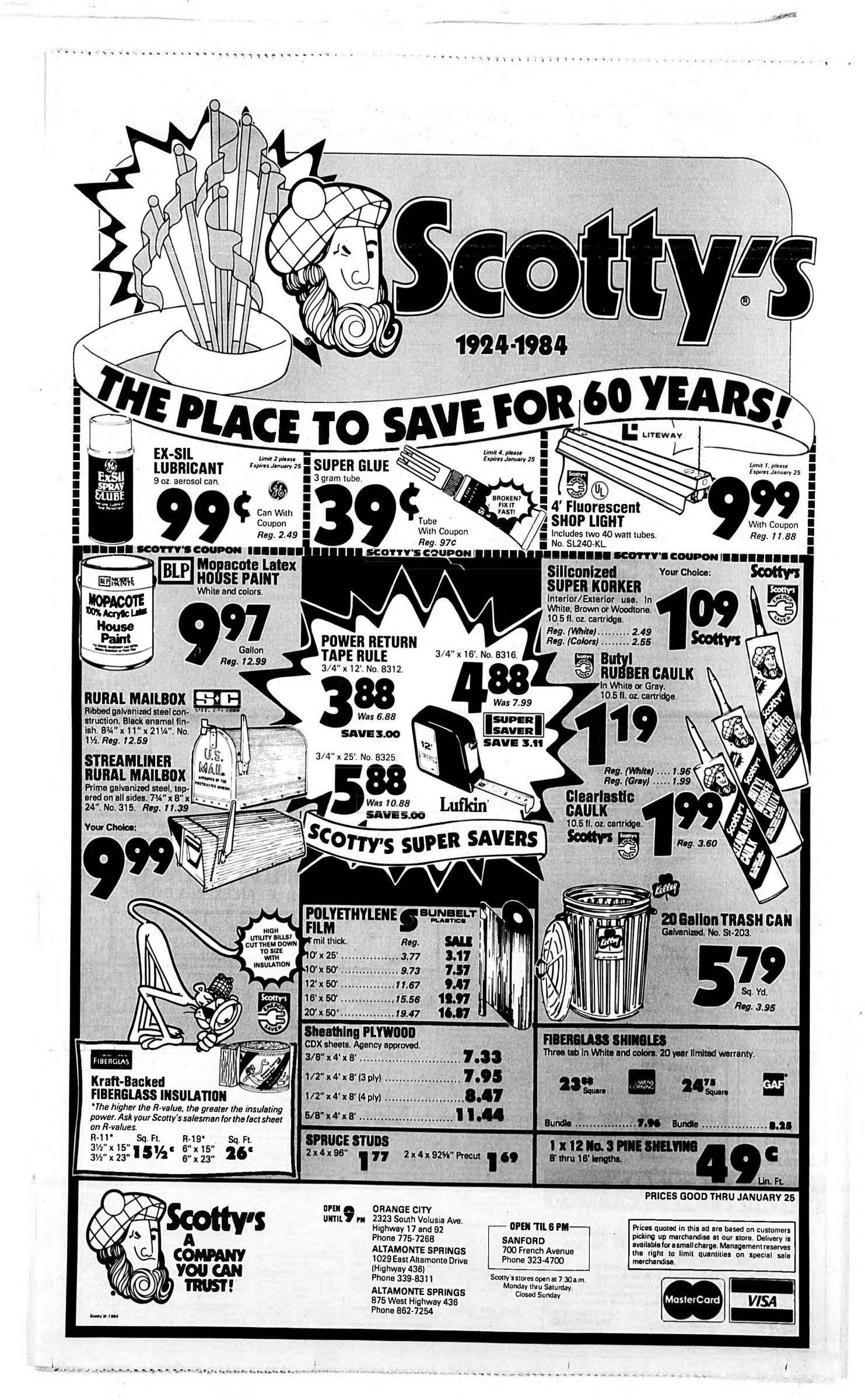
ner of Lol 4, LAKE MINNIE partment of Transportation DEP-78

properly in Seminole County florida: Lot 73, Block A, Sportsman's Paradise, Casselberry, Florida, according to Plat thereof as recorded in Plat Book 8, Pages 12 and 13 of the Public Records of Seminole County, Florida.

shall have an opportunity to be heard atsaid hearings. By order of the Planning and

Evening Herald, Sanford, Fl. Wednesday, Jan. 18, 1984-9B with Major Hoople OUR BOARDING HOUSE 71 – Help Wanted 163 - Waterfront 71-Help Wanted 103-Houses A DEUCE JAKE MUST BE THANKS FOR CHASIN Property / Sale Unfurnished / Rent TAPPIN' AN ELEC-239--Niotorcycles/Bikes AFTER THE STOGIES, TIP? YOU 215-Boats/Accessories **EMPLOYERS WANTED NIGHTS AND SATURDAY, Part** ALVIN MOST KIPS NEVER TRONIC TELLER NEW SMYRNA Direct intercosta ne. Soccer, Locker. 788 0040 TODAY ARE SO SPOILED EVEN I FIGURED THAT waterway. Your choice of 3 beautiful homes. One boasts a 77 Yamaha -650 w/4600 actual SANFORD 38d 28 . C/H/A HOUSEBOAT, '73, 35 ft or 894-7013 or 321-1748 Lake Mary Productive Employ-PAID WAS JUST THE Kingscraft, flybridge, 225 H.P. Chrysler, 1/O, AC/DC ref., all THEY HOLLER FOR MOM \$450 mo. + util: \$450 dep Ph. 788 6343 or 788 0892 miles. \$1100 or trade for 55 85 HP ment Program, Full & Part time SALES REPRESENTATIVE beautiful cedar deck-another is VAULT COMBINATION outboard boat motor, 323 0229 THAT TO COME TURN positions needed for students in Position requires experience minutes from the inlet with a equip., ex. cond. \$23.500. FORAGUY Sanford Ave. 2 Bdrm. AC/heating MUCH BEFORE ON THE TY! special programs. Employer in sales of wines. Own transportaterrific 2 story view. And last but 321-1392 appliances, no pets, \$350 Mo. plus 241—Recreational centive monies, training monies, tion necessary, full company FOR YOUR T LIKE JAKE! e not least, one is on an acre with deposil. 647-5058 or 644-8440 HERE'S A work study money for eligible benefits provided. Located in Vehicles / Campers CIGARS! 280 Et. of water frontage and a sites. Contact Mr. Dimitry. 3 Bdrm., appl. kids. pets. fence, Delfona. 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Dim Sum A Touch Of Heart To Entertaining

Dim Sum, the light subtle and elegant snack food of and cook 1 to 1½ hours, stirring occasionally to prevent enjoy fine food. Literally translated, "dim" means dot and "sum" means heart. "Heart dots" or "touch of heart" have come to mean endearing small things to eat that tide you over between meals.

Dim Sum is well suited for any type entertaining because Chinese cooking is fast, economical, nutritious and especially pretty.

Skewered chunks of bratwurst or knockwurst and vegetables are permeated with a flavorful marinade, then grilled and glazed for Chinese Barbecue with American Fare. Fried Won Tons contain chopped smoked sausage blended with oriental vegetables and spices.

A special Chinese "sticky" rice, called glutinous rice, is used to coat Pearl Balls, a savory mixture of fresh pork sausage, black mushrooms, ginger root, water chestnuts and sesame-seed oil, among many other ingredients.

Congee is a thickened rice soup of almost porridge consistency. In China, Congee is an all-purpose dish that is often served at all meals and as a mid-day snack. Having a neutral taste, it responds to almost any flavoring such as vegetables, shrimp, sausage or ham.

For serving convenience. The National Hot Dog & Sausage Council recommends preparing Dim Sum recipes ahead of time and reheating them before guests arrive. Or, you may wish to invite party nibblers into the kitchen to help you prepare these oriental morsels.

CHINESE BARBECUE WITH AMERICAN FARE

2 pounds fully cooked bratwurst and/or knockwurst, cut into %-inch pieces

10 broccoli florets, steamed until tender-crisp 5 fresh mushrooms, medium

MARINADE:

2 tablespoons dark soy sauce

- 2 tablespoons light soy sauce
- 2 tablespoons brown bean paste
- 2 tablespoons ketchup
- 2 tablespoons hoisin sauce
- 2 tablespoons sugar
- I tablespoon garlic, minced 1 teaspoon five spice powder
- GLAZE:
- 3 tablespoons honey
- 1 tablespoon Chinese sesame-seed oil

Prepare Ahead: Combine all ingredients of marinade. Place bratwurst pieces in small bowl; cover with marinade. Stir to coat all pieces. Cover and refrigerate overnight.

Just before serving, thread wooden skewers with marinaded meat pieces, broccoli florets and halved mushrooms, alternating vegetables with meat. Place skewers on a hibachi or charcoal grill and cook on each side about 5 minutes, basting with glaze occasionally. Serve with Chinese hot mustard or plum sauce. Yield: 6-8 dinner servings or 20 appetizers.

BAUBAGE FRIED WON TONS

- 35 wonton wrappers 1 egg, lightly beaten
- FILLING:
- 12 ounces smoked sausage, finely chopped
- 8 water chestnuts, minced

4 Chinese dried black mushrooms, soaked in warm water for 30 minutes, drained, stems removed and caps chopped fine

China is becoming a favorite treat among people who rice from sticking on bottom. Cook until rice thickens almost to the consistency of porridge.

- Then, add and combine:
- 4 cups lettuce, cut into ½-inch by 4-inch pieces I pound cooked ham, julienne
- 2 teaspoons light soy sauce

1 slice fresh ginger

3 scallions, sliced fine (white part only)

"I carrot, peeled and cut into %-inch thick, round slices

While stirring constantly, bring to a rapid boll and then remove from heat. Serve hot. Yield: 6 to 8 servings.

*For a decorative effect, try making carrot flowers. Simply clean and peel skin off one medium-sized carrot. V-shaped grooves lengthwise, spaced equally Cut around the carrot and remove. Then slice grooved carrot into 34-Inch-thick pinwheels.

Notes: Congee can be prepared in quantity and reheated, adding more liquid if necessary.

Congee will keep for months when frozen. To keep ginger root fresh for 6 months, peel down two sides of root and place in airtight jar filled with sherry.

Pork Pearl Balls are coated with glutinous rice





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Sanford, FL-1C

5 green onions, minced (white part only) l egg, lightly beaten I tablespoon soy sauce 1/2 teaspoon Chinese sesame-seed oil I teaspoon dry sherry or white wine 2 teaspoons fresh ginger, peeled and minced Combine ingredients for filling in a bowl. Heat wok or large skillet over high heat. Add 2 tablespoons oil and continue to heat 30 seconds. Add filling mixture. Stir to blend and cook over low heat for 1 minute. Set aside to

cool. Place % teaspoon of the sausage mixture in the center of each won ton wrapper. Moisten the wrapper edges with egg. Bring one corner up over filling to opposite corner, forming a triangle. Press edges together. Then bring the two bottom corners of the triangle forward toward the center to meet and slightly overlap, creating a frame around the mound of filling. Moisten with egg and pinch the ends together. Place Inished won tons on a plate and cover with a towel until ready to cook.

Heat 3 cups of oll to 350 degrees. Fry won tons, a few at a time, until golden brown and crisp. Remove and drain on paper towels. Serve with Chinese hot mustard and sweet-and-sour sauce.

ALTERNATIVE FILLING:

Place a cocktail wiener in the center of a wonton wrapper. Top with 1/2 teaspoon mustard, barbecue sauce or sweet-and-sour sauce. Seal and fry as described above.

PEARL BALLS

I cup glutinous rice*

6 dried Chinese black mushrooms, 1-2 inches in diameter

I pound fresh pork sausge

1 egg. lightly beaten

I tablespoon soy sauce

2 teaspoons dry, white wine

- 2 teaspoons Chinese sesame-seed oil
- 2 tablespoons cornstarch
- 1 teaspoon five-spice powder
- 2 tablespoons peeled and finely chopped fresh ginger root

1 teaspoon sugar

2 scallions, finely chopped (including green tops) 6 water chestnuts, drained and finely chopped

I clove of garlic, finely minced for 1/2 teaspoon garlic powder)

Prepare Ahead:

Cover rice with 2 cups of cold water and soak 6 hours or overnight. Drain rice and let dry on cloth towel.

Soak mushrooms in 1 cup warm water for 30 minutes until spongy. Drain. Remove mushroom stems and chop the caps fine. Mix together all ingredients except glutinous rice. Shape 1 tablespoon meat mixture into a ball. Roll meatballs in rice until well coated, pressing down firmly as you roll so that the rice grains adhere to the meat. Continue this process until all of the meat mixture is used.

Place meatballs in steamer or on steaming rack of wok and steam over water for 35 minutes. Serve at once with Chinese hot mustard or sweet-and-sour sauce. Makes 30-40 balls.

"Glutinous rice is a short-grain rice which becomes sticky when cooked. It is sold in Chinese specialty stores.

Notes: Pearl Balls may be prepared a day in advance. Before serving, simply steam for 20 minutes, refrigerate, then steam for another 20 minutes or until heated through.

Pearl Balls can be kept warm in a steamer for 10-15 minutes with the heat turned off. They may also be served cold.

CONGEE WITH HAM

1/2 cup long grain rice 14 cup glutinious rice 4½ cups water 4 cups chicken broth

Rinse rice 3 times in cold water. Drain. In a 4-quart saucepan, add rice, water and chicken broth. Bring to a boil. Reduce heat to simmer. Cover saucepan partially

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Sanford, Fl.

Men In The Kitchen The Name Of The Game Is Delicious

Game cookery was man's first cullnary adventure. The bubbling cauldron over an open fire filled with the day's catch was probably our first banquet with the successful hunter - as provider of food, the hero of the tribe - celebrated as the guest of honor.

tender game right into the supermarket, yet the feeling that duck, rabbit and undomesticated birds are exotic dishes and deserve special attention persists. And although the basic techniques are universal, recipes are Cover, Reduce heat, Simmer 45 minutes, Toss potatoes, the cause of heated arguments. From one modern-day hunter-chef comes this secret ingredient: orange juice. Citrus adds its piquancy to the meat and enhances the and vegetables are tender. Remove to serving platter: delicate game flavor. With oranges from Florida readily available in the market. Rabbit Stew and Dad's Duck are recipes for everyone to enjoy.

In Rabbit Stew, the rabbit is marinated overnight in a heavenly concoction of red wine and orange juice. pungent with thyme, allspice, cinnamon, salt and pepper. Come cooking time, the rabbit is browned in oil, drained and covered with the marinade and simmered for 45 minutes. Potatoes, carrots, turnips and small onions are added and simmered until tender. Rabbit stew is a robust dish with a sophisticated sauce that deserves a special place in your list of favorite dishes.

Dad's Duck takes all the mystery out of preparing that rich, dark-meated bird. All it takes is a skillet and a little patience.

RABBIT STEW

4 small whole, white onions 2 tablespoons chopped, fresh parsley

Wash rabbit. Place in large plastic bag or marinator. Combine orange juice, wine, onion, salt, thyme, pepper, allspice and cinnamon: pour over rabbit. Refrigerate Today, agricultural science has brought succulent and overnight. Remove rabbit from marinade; reserve marinade. Pat rabbit dry. Dip rabbit in flour. In large saucepot or kettle heat oil; brown rabbit on all sides. Drain off fat. Pour marinade over rabbit; bring to a boil. turnips, carrots and onions with remaining flour; add to saucepot. Cover. Simmer 45 minutes longer, until rabbit sprinkle with chopped parsley. Yield: 4 servings.

DAD'S DUCK I duck (5 pounds), cut in quarters 1/2 cup flour 1/2 teaspoon salt ¼ teaspoon pepper 2 tablespoons vegetable oil 34 cup chopped onion 1 clove garlie, minced

1/2 cup Florida orange juice 1/2 cup dry white wine **3** Florida oranges 12 teaspoon dried leaf thyme, crumbled 1/2 teaspoon dried leaf rosemary 14 cup sour cream

1 tablespoon chopped parsley

Wash and dry duck: prick skin with point of knife. Combine flour, salt and pepper. Dredge duck in flour mixture. In large skillet heat oil: brown duck on all sides. Remove from skillet: set aside. Drain off all but 2 tablespoons fat. In same skillet saute onion and garlie until tender. Add orange juice, wine, thyme and rosemary; mix well. Slice 1 orange and add to skillet. Return duck to skillet: bring mixture to a boil. Reduce heat. Cover. Simmer 11/2 hours or until duck is tender. Meanwhile, peel and section remaining 2 oranges: set aside, remove duck to serving platter; keep warm. Skim fat from pan juices and discard. (You should have about I cup liquid remaining in pan.) stir in sour cream. Do not boil. Spoon sauce over duck: garnish with orange sections and chopped parsley. Yield: 4 servings.

Rabbit is marinated overnight in red wine, orange juice and spices and simmered slowly for a mouth-watering flavor.



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1 rabbit (about 2 pounds), cut in 8 pieces 1 cup Florida orange juice I cup dry red wine 1/2 cup chopped onion 14 (cspoons salt 1/2 teaspoon dried leaf thyme, crumbled 14 teaspoon pepper 1/4 teaspoon ground allspice 1/4 reaspoon ground cinnamon 5. cup flour 2 tablespoons vegetable oil 2 medium potatoes, pared and sliced ¼-inch thick 2 large turnips, pared and cut in wedges

2 medium carrots, cut in 1-inch pieces **Dates Star** In Variety **Of Salads**

Serve this colorful and nutritious fruit plate any time of the year, and you will always get an enthusiastic reception. Sun Giant dates are the star, combining so beautifully with pineapple, apples, strawberries and any fruit in season, along with cheese and a variety of stuffings. Curry flavored cream cheese, nuts, water chestnuts, Jicama, slivers of apple or celery or perhaps

crisp crumbled bacon all make interesting stuffings. Nice to know that this colorful, appetizing fruit plate is loaded with nutrition! Sun Giant dates are noted for providing significant amounts of iron, potassium and niacin, as well as being low in fat and sodium. And each

of these luscious tidbits contains only 22 calories. Combine with other fruits and cheese and balance your nutritional needs. Don't forget that fresh fruits are a significant source of much needed fiber, too.

In making your fruit plate in advance, don't forget to dip such fruits as apples, peaches, pears and bananas in lemon water to keep them from darkening. Arrange fruit on your platter, cover with foil or film until serving time. Pass your favorite fruit salad dressing or try one of ours.

PIQUANT CREAM DRESSING

Leup mayonnaise

1/2 cup dairy sour cream I tablespoon fresh lemon or lime juice

14 cup honey

Vi cup toasted almonds, finely chopped

In bowl, lightly blend ingredients. Allow dressing to stand one hour in refrigerator to blend flavors. Makes

1% cups dressing. FRUIT SALAD DRESSING

1 can (6 ounces) frozen lemonade concentrate thawed 1 can (6 ounces) frozen orange juice concentrate thawed

I cup salad off

I tablespoon honey

1/2 teaspoon Worcestershire sauce

Dash cayenne pepper

Blend all ingredients in blender or shake vigorously in a tightly covered jar. Keeps well refrigerated. Shake before serving. Makes 2 cups.

A Topsy-Turvy Fettucini Bake

Show a different side to your cooking creativity with Upside Down Fettucini Bake, a recipe from the Kraft Kitchens.

Prepared in an oven-proof skillet, this recipe lends delicious Italian flavor with sausage, onion, tomatoes and oregano leaves mixed with Kraft natural, low moisture part-skim mozzarella cheese and grated parmesan cheese. These ingredients are then topped with a cooked fettucini noodle mixture and baked.

After baking, you simply invert the skillet onto a serving platter and, in effect, actually have a pasta dish topped with a tomato sauce. UPSIDE DOWN FETTUCINI BAKE

14 lb. Italian sausage, casing removed 14 cup chopped onlon 1 16-oz. can dried tomatoes 1 teaspoon oregano leaves 14 cup (2 ozs.) shredded natural low moisture part-skim mozzarella cheese

14 cup (1 oz.) grated parmesan cheese

8 ozs. hot cooked fettucini noodles 14 cup (1 oz.) grated parmesan cheese

- 3 eggs, beaten 2 tablespoons margarine
- 2 tablespoons chopped parsley

126 14 teaspoon garlic powder

Brown meat in 10-inch oven-proof skillet; drain. Add onion; cook until tender. Stir in tomatoes and oregano: bring to boil. Simmer 20 minutes, stirring occasionally. Stir in mozzarella cheese. Sprinkle parmesan cheese over tomato mixture.

Toss noodies with combined remaining ingredients. Spread noodle mixture over parmesan cheese. Bake at 3500, 25 minutes. Invert onto serving platter. Sprinkle with additional parmesan cheese, if desired. Cut into wedges. 6 servings.

Variation: Substitute 1/2 lb. ground beef and 1/2 teaspoon salt for Italian sausage.

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Sanford, FI.--3C



a moderate 350-degree oven about 50 minutes or until

Meanwhile, in saucepan, combine chicken broth and cornstarch; stir to blend. Cook, stirring constantly, until mixture bubbles and thickens. Add pineapple and cherries; heat through. Serve cutlets with sauce. This kitchen-tested recipe makes 4 servings.

In medium bowl, combine chicken, cherries, celery

In small bowl, combine yogurt and cherry syrup. Pour over chicken mixture. Toss to coat well. This kitchentested recipe makes 3 cups, enough for 4 servings.

Tasty Torte Made From Cake Mix

impress your guests with an elegant Eight Layer Mocha Torte. It is easily made from one cake mix and a

The case of its preparation lies in the baking pans. For each pan, two sheets of heavy duty aluminum foil are shaped to an exact size. Baked in these pans, the cake

Simply cut the layers into four sections, frost with a rich coffee-flavored chocolate butter frosting and garnish

So take a cake mix and convert it into something

EIGHT LAYER MOCHA TORTE

14 cup butter or margarine, softened

1. Make two Torte cake pans. For each pan, stack two 14x18-inch sheets of aluminum wrap. Fold in all edges 1 inch. Fold again forming 1-inch sides and miter corners against side of pan. Pans will be 10x14-inches in size. Place pans on large cookie sheets for support.

2. Preheat oven and prepare cake mix according to package directions. Pour half of batter (2 cups) into each Torte cake pan. Bake 20 minutes or until tested done.

3. Fold down sides of each pan. Cut each cake in half crosswise and lengthwise. Remove each section of cake with a large spatula. Stack layers and trim to the same

4. For frosting, combine sugar, cocoa and sait. Beat in coffee, butter and vanilla until smooth. Frost between each cake layer, top and sides. Garnish with walnut halves. Serve on foll-covered cardboard. Makes: 8 to 10 servings.



CHEMISE.