

Sanford Herald

Serving Sanford, Lake Mary and Seminole County since 1908

90th Year, No. 104 - Sanford, Florida

IN BRIEF

Seminole Hope sets community meet

Seminole Hope's first community meeting for 1998 will be held on Saturday, Jan. 17 at noon at the West-Sanford Boys and Girls Club located on Persimmon Avenue.

The theme will be Welfare to Work and will be discussed by Wilbert McTier the regional director of Region V, State of Florida Department of Labor and Employment Security.

Other city officials will be in attendance, namely District III City Commissioner Dr. Velma Williams. All Welfare recipients and citizens are invited to hear how the Florida Welfare Reform will change your life for the better.

Fun day 'lined up'

The Seminole YMCA Family Center, operated by the Central Florida YMCA, is hosting a Fun Day Jan. 19, from 7 a.m. through 6 p.m. The Fun Day drop off and pick up location will be at Greenwood Lakes Middle school cafeteria located in Lake Mary. Children kindergarten through fifth grade will engage in games, fellowship, and a field trip to the brand new InLine Skate Center. Children may either bring their own lunch or bring money to buy food from the Skate Center's snack bar.

Fees for the program are \$25 per day for Y Members and \$35 per day for Non-Members. The children can either bring their own skates or have them provided by InLine Skate Center.

Registration may be completed at the Seminole YMCA Family Center, 665 Longwood-Lake Mary Rd., Lake Mary, FL. For more information call 407-321-8944.

Healthy choices

The beginning of the new year often brings thoughts of healthy eating habits and ways to feed the family on a limited budget.

The Success By Six Community Resource and Referral Center has planned a free educational class for the community on how to plan low-cost nutritional family meals.

The Seminole County Health Department will conduct the workshop on Jan. 21 from 2-3:30 p.m. at the Salvation Army located at 700 W. 24th Street, Sanford.

For more information, call (407) 302-8927.

Clarification

The Sanlando Depression Era Glass Show and Sale will be held Friday, Saturday and Sunday, Jan. 23, 24, and 25 at the Sanford Civic Center.

A story in Thursday's Sanford Herald contained information that may have indicated that the show is scheduled for this weekend.

We apologize for any inconvenience this may have caused.

A historic meeting

The Sanford Historical Society, which meets at the Sanford Museum, will hold its annual meeting Thursday, Jan. 22 at 5 p.m. The 1998 officers will be installed and annual reports will be given.

Prior to the meeting, approximately 4:30 p.m., the So-

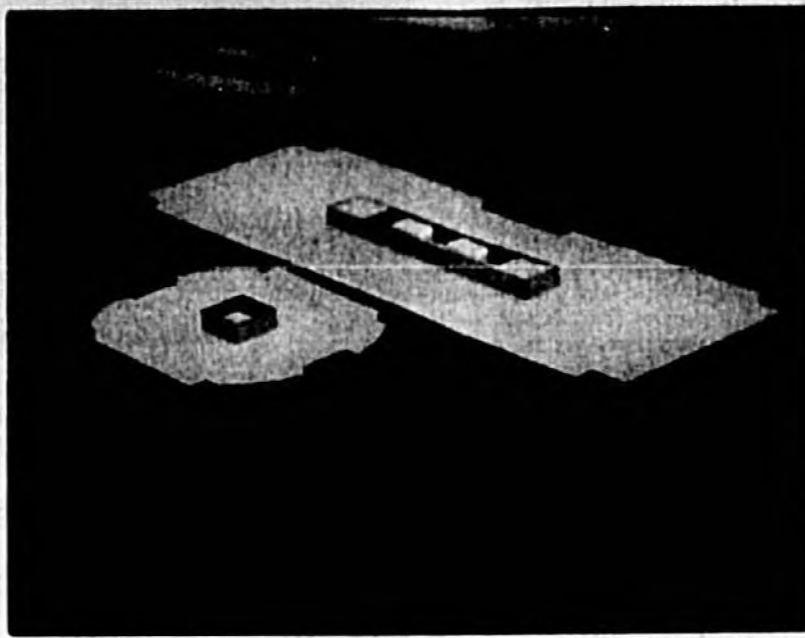
Bringing jobs to Seminole

Cincinnati Bell makes it official

By MARIA OREM
Herald Staff Writer

HEATHROW - It's official. Seminole County will be the site for a Cincinnati Bell Inc. expansion that would create 175 jobs over the next five years, company officials announced Thursday. Included in the proposed project is a \$30

See Jobs, Page 3A



Herald Photos by Tommy Vincent



Cincinnati Bell Vice President Tom Cruz, above, announces Thursday that the company will expand in Seminole County, with a commitment to current and future employees. A new building is planned, to be completed in one year.

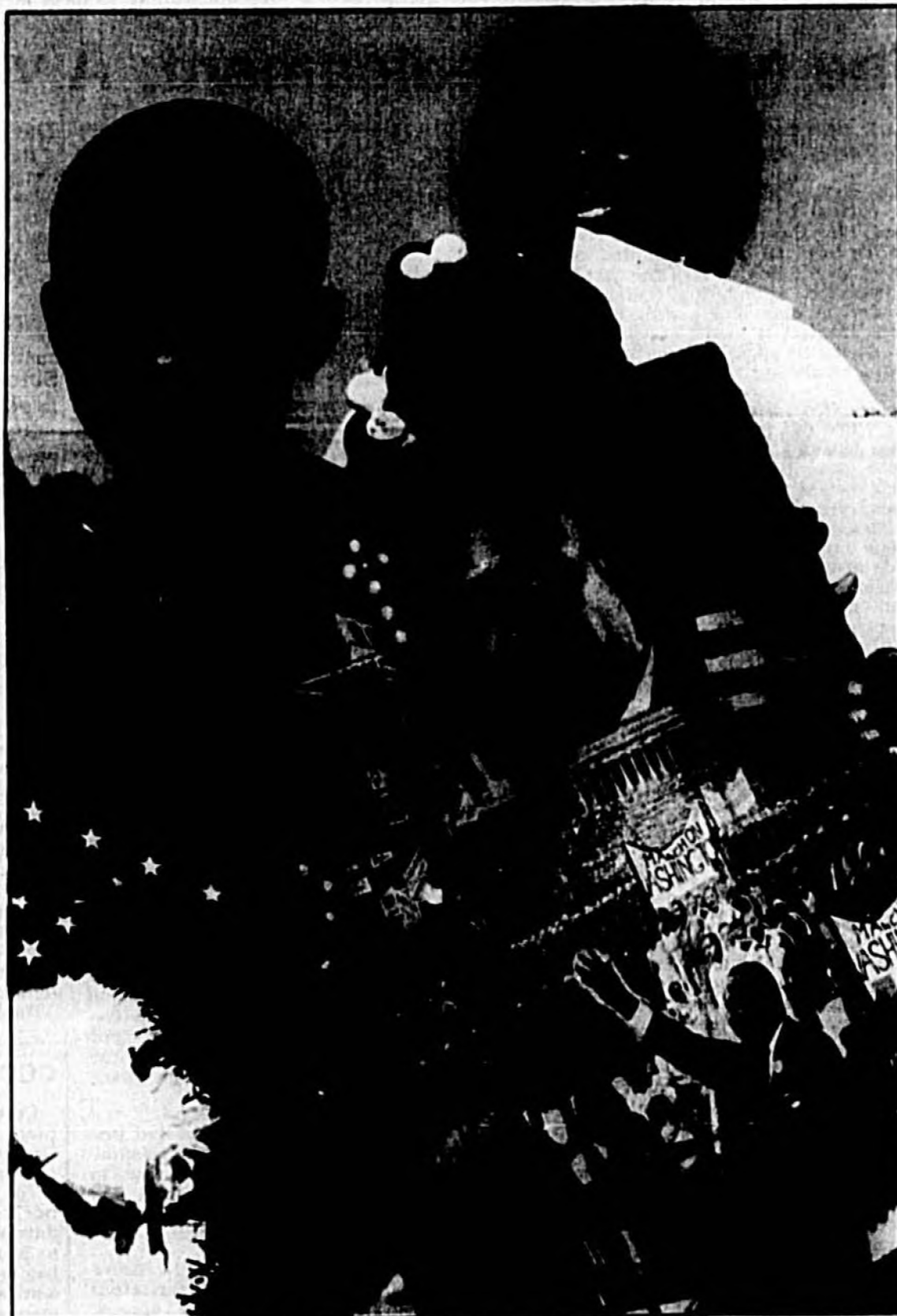
'This is a different animal'

By SHARI BRODIE
Herald Staff Writer

LAKE MARY - Commissioners voted Thursday night to give a Sanford company \$25,000 to relocate to Lake Mary.

AJ&B Power Transfer and Distribution, Inc. had requested economic incentive funds from Seminole County in lieu of moving their current facility See Lake Mary, Page 3A

I have a dream....



Herald Photos by Tommy Vincent

Aaron Riggins in last year's celebration parade in Dr. Martin Luther King's honor, holds a poster of the celebrated humanitarian. This year's parade and rally will be held Monday.

Martin Luther King parade and rally set for Monday

From Staff Reports

SANFORD - Commemorating a dream of peace and harmony between all races, the First Shiloh Missionary Baptist Church and community will sponsor its 19th annual Dr. Martin Luther King, Jr. parade and rally in the park on Monday, Jan. 19.

Sanford has one of the largest celebrations in the state of Florida. The parade lineup will begin at 8 a.m. and will commence at 10 a.m. from Crooms Academy, located at 2200 W. 13th Street. The parade will end at Ft. Melon Park.

This year's grand marshal will be Sanford's own, Ronald Nathan, principal of Goldboro Elementary School. Also, this year several activities have been planned in the park, such as guest speakers, music by Rapper Tony T, vendors, great food and a health fair with blood pressure, blood glucose and cholesterol screenings.

Persons or businesses interested in participating should call the Rev. Dr. H.D. Rucker or Sheryl Jones at 322-5489 for an application or more information. There is no entry fee for the parade.

John Glenn: Giving old hero his space

By RUSS WHITE
Herald Staff Writer

CAPE CANAVERAL - "Mission Control, this is Astronaut John Glenn. All's well. Let's do this again."

NASA officials are expected to announce today that retiring U.S. Sen. John Glenn and former astronaut will be going into space again.

The plan is for Glenn to go into orbit a few months after his 77th birthday. He would be on space shuttle Discovery which launches a 10-day mission in October.

Glenn's flight is being hailed by some as a masterful attempt to resurrect The Right Stuff of the classic 1960s See Glenn, Page 3A



John Glenn

Making connections Regional chamber works to build valuable link between businesses

By SHARI BRODIE
Herald Staff Writer

LAKE MARY - Take some major corporations, employing hundreds of people, throw in some retail businesses, mix well with a few hotels to accommodate weekend tourists and business travelers and add a dash of upscale restaurants and you would have the chamber of commerce definition of the perfect Lake Mary.

What could possibly improve on this definition: a bookstore, said Lake Mary Heathrow Chamber of Commerce executive director Diane Parker. And "no more fast food."

Parker and marketing director Martha Miller team up to make the connections necessary to service existing members while luring new businesses and employers to the area.

The chamber celebrated the grand opening of the Lake Mary Hilton Garden Inn at its monthly business-after-hours mixer Thursday night. "We are the main marketing arm of the city," said Parker. The chamber gets the word out about Lake Mary through its various events, touting networking as an important business tool. Miller said the office receives 60 to 100 calls or letters per month, requesting information about the area and the business environment. The chamber went on-line last year and Miller said this has been an effective marketing tool. "We received 19 e-mails in one day," Miller said.

Parker and Miller conducted 10 to 12 interviews each month with prospective business owners. The chamber is also "shopped" by information gatherers who want to keep the identity of their business or client anonymous.

Parker said, when inquiries are made about business in Lake Mary, she is quick to say that there is very little turnover in small retail businesses in the area. "Businesses come, get established and almost immediately need to expand," Parker said. She said she tells any business that it needs to have enough capital to survive the first year, "or don't open."



Herald Photos by Tommy Vincent

Lake Mary Heathrow Chamber of Commerce marketing director Martha Miller (left) and executive director Diane Parker have just the right equipment for a chamber on the grow: a rag top for those chamber of commerce days and a pair of cellular telephones.

INDEX

- Classified 3B
- Comics 4B
- Crossword 4B
- Dear Abby 5A
- Dr. Gott 4B
- Horoscope 4B
- People 5A
- Religion 2A
- Obituaries 2A
- Sports 1B-2B
- TV Fullout
- Weather 2A

'Words without actions are the accessories of idealism.'

Annual Men's Day observance planned Jobs

By **MARVA HAWKINS**
Herald Correspondent



Bishop and Mrs. Frank C. Cummings, 11th Episcopal District

The annual Men's Day Observance at New Bethel African Methodist Episcopal Church will be held on Sunday, Jan. 18 at 11 a.m. The speaker at the worship service will be Brother Reginald Johnson, Sr. At the 4 p.m. service, the keynote speaker will be Bishop Frank C. Cummings of the Eleventh Episcopal District. Bishop Cummings was elected the 95th Bishop of the African Methodist Episcopal Church in June of 1978. He also has served in the eighth and first Episcopal districts. Bishop Cummings has many outstanding accomplishments of which he is proud: Founder of First District Plaza, Philadelphia; member of the Board of Directors, United Bank of Philadelphia (black owned and operated); first black to serve as the commissioner on the civil service board of St. Louis; developed a master insurance program for all A.M.E. churches and related properties; founder of the Allen Travel Service, Inc. located in St. Louis. He continues to grow and be effective to the communities

and churches he serves. Bishop Cummings and his lovely wife Martha are leading in a mighty "sweet" way. The church families and the

community are invited to worship with the men of New Bethel. Brother Ronald Shaw, Sr. is chairperson and Rev. Fred Robinson, Jr. is pastor.

Continued from Page 1A

million, 200,000 square-foot building.

Cincinnati Bell, a telecommunications company with an existing facility in Heathrow, had considered offers from Volusia, Osceola and Seminole counties. In October 1997, Seminole County commissioners had approved a \$1.1 million incentive, with about half a million dollars coming from the county and the remainder from the state.

After careful consideration of all the options, the decision came down to where the company could retain its current talent and attract new talent, said Tom Cruz, vice president for human resources and administration.

"We value our existing employees and their families," Cruz said. "Our decision to expand in Seminole County reflects that continuing commitment."

Construction of the new building will be complete in about a year with a capacity up to 3,000 employees, Cruz said.

"Don't be surprised if you see bulldozers moving out there very quickly," he said.

When asked about the \$34 million incentive offer from Volusia County, Cruz said although company officials were pleased with all the offers, the land proposed in Volusia was untested and would require substantial investments from Bell.

"After weighing all the factors, we think we made the best choice," Cruz said.

Cincinnati Bell Information Services, a Bell subsidiary located at the Heathrow International Business Center, currently houses more than 500 employees at its 125,000 square-foot office building. A 60,000 square-foot data center is also part of the CBIS operation.

The new professional level jobs, Cruz said, would be software-oriented and pay annual salaries between \$50,000 and \$80,000. Additional details would not be disclosed at this time, he said.

In an effort to consolidate its Orlando operations, Bell will relocate to Heathrow 1,070 employees from its Matrix Marketing subsidiary, which has offices in Lake Mary, Sanford and Maitland.

With 1,600 total employees, Cruz said Bell expected most of the future growth to come from Matrix, which hired 600 employees last year, Cruz said, adding there are plans to hire about 200 immediately.

Seminole County Commission Chairman Randy Morris praised Bell for its thoroughness in analyzing the market and recognizing the region's growth potential.

"We are extraordinarily excited," Morris said. "This is one of the most dynamic growth industries."

"When there is growth in one area, it attracts more. It's called synergy."

Over the past several months, county officials had discussed the potential for up to 2,600 jobs resulting from the proposed expansion, a far cry from the 175 Bell committed to. John Pratt, public relations manager for Cincinnati Bell, said he did not know from where the numbers recently reported in the media came. Pratt suggested those interested in more details regarding the number of proposed jobs should refer to the company's original application to the state.


Nol to worry, said Seminole County Commissioner Win Adams.

"With that number they're giving a floor," Adams said. "They know full well the future business will grow... They have made a commitment."

Adams said the deal helps the entire economy by changing the tax base which will provide funding for schools.

"I'm ecstatic," Adams said. "They're a class act. This is a winning situation for everyone."

PHARMACY TOPICS



By: **Abi J. Fakayo, R.Ph.**

Who gets kidney stones? A Japanese study found that people with stones tend to sleep on their stomachs. Those who've never had stones sleep on their backs.

One reason married people live longer: interacting with a partner makes one's systolic blood pressure go down temporarily, decreasing heart-related risk, say Pittsburgh researchers.

Listening to your favorite music during outpatient surgery can lower heart rate, blood pressure and stress levels, say scientists at the State University of New York/Suffolk.

If soft cervical collars for neck pain are worn too tightly, they can compress arteries leading to the brain, Emergency Medicine reports. Most should be worn only for a day or two.

New asthma inhaler-SmartInhaler-is expected to help patients get their medication more effectively. The device only releases drugs when it's used properly.

We accept United Health, PCA, PCS, Medicaid.

Asthma patients, diabetics and others with long-term medication needs, know they can count on the fine pharmaceutical service they get at Park Avenue Pharmacy, Inc.

PARK AVENUE PHARMACY
2479 PARK AVE. SOUTH
SANFORD
322-1717

WE DELIVER • MEDICAL SUPPLY • BYTES

Who was the 'Home Alone' youngster?

By Dick and Chichi Kleiner

Q. I would like to know who the young boy was who starred in "Home Alone." How old is he now? — M.C.L., Somerset, Pa.

A. With all the publicity he's had, I'm surprised you don't remember his name — Macaulay Culkin. He is now 17.

Q. Two-part question. First, Sidney Poitier played in a movie in 1961 or 1962 called "A Raisin in the Sun." He fell in love with a blind woman. I think Shelley Winters played her mother. Who else was in the movie, and is it out on video? Also, who is taller — Myrtle Stowe or Jean-Claude Van Damme? — C.H., Frith, Texas

A. First answer: That wasn't "A Raisin in the Sun," it was "A Patch of Blue," and the blind girl was played by Elizabeth Hartman. There is a video out on it.

Second answer: Van Damme is taller, by an inch.

Q. I'm hoping to own the movie "Winterhawk." I saw it as a child and enjoyed it very much. I'm not sure of the year it came out. Is there any way to find out? — T., Milling-

ton, Tenn.

A. "Winterhawk" came out in 1976. It starred Michael Caine and Jeff Erickson. There is no video listed.

Q. I would like to know if Hardie Albright is still alive. Is he in any films on video? I've seen him in western films several times. I am a distant relative of his. — A.A.M., Uniontown, Pa.

A. Your distant relative died in 1973. His films that are on video include "Mom and Dad," "The Scarlet Letter" and "Silver Streak."

Q. Can you tell me if actor Jesse Barrero, who has done a lot of episodic TV lately and appeared in the movie "Con Air," is the same young man who appeared as Jesse in the TV series "Fame"? — R.F., Pittsburgh, Pa.

A. Yes, one and the same.

Q. I have always enjoyed watching re-runs of "The Real McCoys," starring Walter Brennan and Richard Crenna. Can you tell me who played the part of Kate, Lake's wife? They have everyone's name listed on the show, but not hers. — A.D., Belleville, Ill.

A. Her name was Kathy Nolan.

Q. This question is regarding the

movie that I think is entitled "Sea of Lost Ships." It dates from the late 1940s or early 1950s and stars John Derek, Mary Murphy and Richard Jaeckel. Is this the correct title? Is it on video? — N.P., Pittsburgh, Pa.

A. You have the title correct, but you have an error in the cast. Mary Murphy wasn't in it; Wanda Hendrix was. There is no video out.

1998 NEWSPAPER ENTERPRISE ASSN.

Send your questions to: Ask Dick Kleiner, c/o Newspaper Enterprise Association, 200 Madison Ave., New York, N.Y. 10016. Due to the volume of mail, personal replies cannot be provided.

ASK DICK KLEINER

Lake Mary

Continued from Page 1A

The county commission approved the request Tuesday night, granting ABB \$25,000. Lake Mary matched that amount and the state will kick in another \$100,000.

The county will utilize their current incentive program, making the award as a Jobs Growth Incentive grant. The city approved the funds under the Qualified Targeted Industry Tax Refund Program.

ABB, which currently employs 229 workers will create 25 new jobs when it moves its plant to the Rinehart Road property on which the company holds an option. Tracy Grygiel, Seminole County Coordinator for the Economic Development Commission of Mid-Florida, told the commissioners that the average salary for the company, which includes 100 engineering positions, is \$44,000.

The company, currently located on Hickman Drive, which has a Sanford address but is in unincorporated Seminole County, finds the facilities inadequate for expansion and was looking at sites in Texas and Mexico.

The new site in Lake Mary, located behind Sun Ray Store Away, is proposed for 110,000 square feet, a \$5 to \$6 million capital investment. Lake Mary will show a net gain of \$99,236 in ad valorem tax revenue by fiscal year 2004 from the company.

Lake Mary's participation in the county's incentive program expired early last year. Anticipating some debate from citizens, Mayor David Meador opened to floor to public com-

Glenn

Continued from Page 1A

ment, but only one citizen asked for clarification of the program.

Meador said, "I see absolutely no reason why we should not support this program," adding that it was not an economic incentive program. "This is a different animal."

Separate but related to the QTI award, ABB will apply for a grant from the state's economic development transportation fund to improve an access road to the property. The total cost is estimated at \$1.5 million. City Manager John Litton said. The city had been discussing the improvement of this road, which is connected to one of the sites the city is considering for its new public safety building. Litton said city will gain a new road without any cost to the taxpayers.

The Lake Mary City Commission approved the incentive program in a 4 to 1 vote, with George Duryea dissenting.

Enjoy The Real Florida... Naturally™

Orlando Riverside Grille!

Enjoy delicious southern fare and the "Real Florida" while relaxing in our dining room or on our spectacular decks overlooking the scenic St. Johns River!

SPECIALTIES
Brook, Fresh Flamingo Catfish, Fresh Grouper, Gator, Grilled Shrimp, Big Burgers, Key Lime Pie, Baby Back Ribs

4235 Palmetto Point (At Golden Bridge), Sanford
(407) 330-1612

JAI-ALAI

BET HORSES
Full Card simulcasting from FL, CA, KY, NY, PA

BET HARNESS
Pompano, Hazel Park, Meadows, Yonkers

BET JAI-ALAI
WED. THU. SAT. 7:30 P.M.
THURS. & SAT. NOON: SUN. 1 P.M.
Also simulcast from Miami and Santa Fe-Albi

WWW.BETTECHNETWORK.COM

POLICE BRIEFS

QUAD squad

Rod Hooks, 20, of 1112 W. 3rd St., Sanford, was arrested Tuesday by Sanford police. Hooks was charged with possession of controlled substance (cannabis and crack cocaine) and tampering with/fabricating physical evidence. The Sanford QUAD squad made the arrest. Suspended license

William Dreyer, 42, of 5355 Orange Blvd., Sanford, was arrested Tuesday by Seminole County deputies. Dreyer was charged with driving while license is suspended or revoked and attaching tag not assigned. Dreyer was arrested at the corner of State Road 46 and Rinehart Road. Officer reported that attached tag was assigned to a trailer and not Dreyer's vehicle.

Threatened people

Lynn Williams Jr., 26, of 2618 S. Marshall Ave., Sanford, was arrested Tuesday by Sanford police. Williams was charged with aggravated assault, assault, battery and resisting without violence. Williams was arrested in the 2600 block of South Marshall Avenue. Williams allegedly threatened his ex-girlfriend with a knife and grabbed her from behind pulling her hair and then pushed her to the ground. Williams also allegedly threatened her father and sister of victim.

Test car ride

Patrick Dinardo, 39, of 1102 Santa Barbara, Sanford, was arrested Tuesday by Sanford police. Dinardo was charged with grand theft auto and arrested in the 2500 block of South Sanford Avenue. Dinardo allegedly took a test drive in a car and never returned.

Toll booth caper

Tonya Hawkins, 20, of 1818 Lincoln Ave., Sanford, was arrested Wednesday by Seminole County deputies. Hawkins was charged with grand theft of property valued between \$300 and \$20,000. Hawkins allegedly stole money from her toll booth tray.

Multiple charges

Tyronc Ramesar, 18, of 469 Autumn Oaks Place, Lake Mary, was arrested Tuesday by Altamonte Springs police. Ramesar was charged with forgery (credit card), uttering a forged instrument, fraudulent use of credit card, obtaining goods by false credit card, possession of a fictitious license and obstruction by disguise. Ramesar was arrested in the 100 block of East Altamonte Drive.

Incidents

A Panasonic portable CD player worth \$115 was stolen Tuesday in the 2000 block of South Holly Avenue.

Camping gear, scuba gear and a plastic chest was stolen Monday in the 3800 block of South Orlando Drive. Total amount of property stolen: \$3,400.

Bell South portable cell phone, Oakley sunglasses, a money clip, a driver's license and several credit cards were stolen Monday in the 1900 block of South Palmetto Avenue. Total amount of property stolen: \$330.

Currency and a jacket were stolen Tuesday in the 3800 block of South Orlando Drive. Total amount of property stolen: \$2,865.

OBITUARIES

DAVID ADAMS JR.
David Adams Jr., 55, Mercury Street, Sanford, died Nov. 29, 1997. Born in Hampton, S.C., Adams moved to Central Florida in 1956. Mr. Adams was a mechanic.

Survivors include mother, Helen Haynes, Sanford; sister, Eula Davis, Altamonte Springs; brothers, Johnnie Lee, Sanford, Jacob Cohen, Orlando, Harry Eugene Jones, Sanford, Charlie Jones, Sanford.

Golden's Funeral Home, Inc., Winter Park, in charge of arrangements.

KATHERINE LEE
Katherine Lee, 78, Priore

Lane, Orange City, died Wednesday, Jan. 14, 1998. Born in Revere, Mass., she moved to Central Florida in 1987. Mrs. Lee was a homemaker. She was a member of St. Anne's Catholic Church.

Survivors include son, Joseph, Valrico, Fla.; daughters, Jo Anne Call, Orange City, Diane Faust, Concord, N.H.; sisters, Roberta Hamel, New Port Richey, Mary Dolan, Amesbury, Mass.; seven grandchildren; one great-grandchild.

Baldwin-Fairchild Oaklawn Park Cemetery and Funeral Home, Lake Mary, in charge of arrangements.

ACE HARDWARE

HI-Yield Crabgrass Control Stops Weeds Before They Start
Covers 5,000 sq. ft.
\$9.98

ACE IS THE PLACE FOR THE LOWEST PRICE ON WATER SOFTENER SALT

SOLAR SALT
80 lb. \$4.27
40 lb. \$2.97

SUN GEMS*
80 lb. \$6.27
40 lb. \$4.10

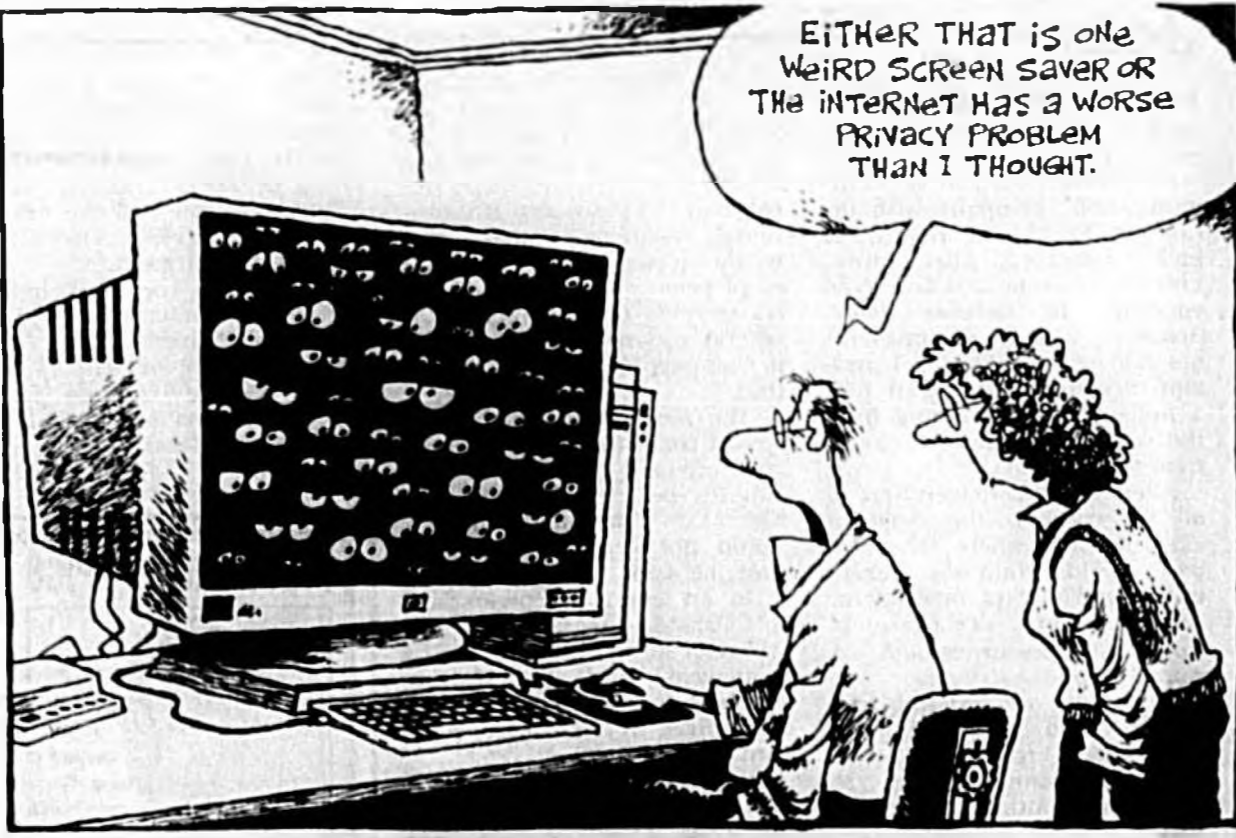
Propane Tanks Filled Every Day

LONGWOOD
Hwy 434 & 427
336-6883

ACE HARDWARE

SANFORD
287 E. 29th St.
321-9895

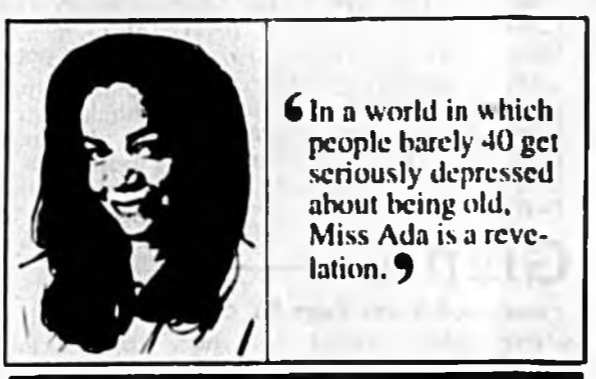
ACE HARDWARE ACE HARDWARE ACE HARDWARE ACE HARDWARE



DONNA BRITT

At 106, it means something

WASHINGTON--Sixty years ago, the Count Basic Orchestra opened at Harlem's Apollo Theater featuring Billie Holiday. Only a few daring women wore pants in public. And the conflict that would become World War II gained steam when Nazi-led German and Italian airmen destroyed the Spanish city of Guernica.



In a world in which people barely 40 get seriously depressed about being old, Miss Ada is a revelation.

because of the rarity of people her age but also because, as a friend who sometimes drops by with her favorite fried chicken marvels, "she makes things softer for all of us."

Legal Notices

NOTICE OF FICTITIOUS NAME Notice is hereby given that I am engaged in business at 790 Fort Christmas Rd., Orlando, FL 32786, Seminole County, Florida, under the Fictitious Name of FLORIDA HOME IMPROVEMENT, and that I intend to register said name with the Division of Corporations, Tallahassee, Florida, in accordance with the provisions of the Fictitious Name Statutes, To-Wit: Section 865.09, Florida Statutes 1991.

Legal Notices

IN THE CIRCUIT COURT OF THE 16TH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA PROBATE DIVISION Case No. 97-1041-CP

Legal Notices

IN THE COUNTY COURT, IN AND FOR THE EIGHTEENTH JUDICIAL CIRCUIT, SEMINOLE COUNTY, FLORIDA

Legal Notices

NOTICE OF FICTITIOUS NAME Notice is hereby given that I am engaged in business at 1970 Belle Avenue #109, Winter Springs, FL 32706, Seminole County, Florida, under the Fictitious Name of J.W. DABNEY, and that I intend to register said name with the Division of Corporations, Tallahassee, Florida, in accordance with the provisions of the Fictitious Name Statutes, To-Wit: Section 865.09, Florida Statutes 1991.

Legal Notices

IN THE COUNTY COURT, IN AND FOR THE EIGHTEENTH JUDICIAL CIRCUIT, SEMINOLE COUNTY, FLORIDA

Legal Notices

NOTICE OF FICTITIOUS NAME Notice is hereby given that I am engaged in business at 1970 Belle Avenue #109, Winter Springs, FL 32706, Seminole County, Florida, under the Fictitious Name of J.W. DABNEY, and that I intend to register said name with the Division of Corporations, Tallahassee, Florida, in accordance with the provisions of the Fictitious Name Statutes, To-Wit: Section 865.09, Florida Statutes 1991.

Legal Notices

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA

Legal Notices

IN THE CIRCUIT COURT OF THE 16TH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA

Legal Notices

NOTICE OF FICTITIOUS NAME Notice is hereby given that I am engaged in business at 790 Fort Christmas Rd., Orlando, FL 32786, Seminole County, Florida, under the Fictitious Name of DECKER BUILDINGS, and that I intend to register said name with the Division of Corporations, Tallahassee, Florida, in accordance with the provisions of the Fictitious Name Statutes, To-Wit: Section 865.09, Florida Statutes 1991.

Legal Notices

IN THE CIRCUIT COURT OF THE 16TH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA

Legal Notices

IN THE CIRCUIT COURT OF THE 16TH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA

Legal Notices

IN THE CIRCUIT COURT OF THE 16TH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA

Legal Notices

NOTICE OF FICTITIOUS NAME Notice is hereby given that we are engaged in business at 201 Valentina Way, Longwood, Florida 32750, Seminole County, Florida, under the Fictitious Name of DAVID M. COMPANY, and that we intend to register said name with the Division of Corporations, Tallahassee, Florida, in accordance with the provisions of the Fictitious Name Statutes, To-Wit: Section 865.09, Florida Statutes 1991.

Legal Notices

NOTICE TO OWNER OF LIEN ENFORCEMENT CUSTOMER: SAME OWNER: JOEL W. SALAMON OWNER'S ADDRESS: 2558 Robert Trent Jones Dr. #1421 Orlando, FL 32835

Legal Notices

CITY OF LAKE MARY, FLORIDA NOTICE OF PUBLIC HEARING February 8, 1998

Legal Notices

WITNESS my hand and seal of said Court on the 13th day of JANUARY, (COURT SEAL) MARYANNE MORSE CLERK OF THE CIRCUIT COURT BY Ruth King, Deputy Clerk

Legal Notices

IN THE EIGHTEENTH JUDICIAL CIRCUIT AND FOR SEMINOLE COUNTY, FLORIDA PROBATE DIVISION

Legal Notices

NOTICE OF ADMINISTRATION The administration of the Estate of CORTINA A. WESLEY, Deceased, File Number 97-1033-CP is pending in the Circuit Court for Seminole County, Florida, Probate Division, the address of which is 301 N. Park Avenue, Sanford, Florida 32771. The name and address of the personal representative and the personal representative's attorney are set forth below.

Legal Notices

IN THE CIRCUIT COURT OF THE 16TH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA

Legal Notices

IN THE CIRCUIT COURT OF THE 16TH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA



People

CALENDAR

Blood Bank
Central Florida Blood Bank is asking donors of all types of blood - especially O-type donors - to donate at its Sanford branch, 1302 E. Second St. For information, call 322-0822.

TOPS
TOPS (Take Off Pounds Sensibly) Chapter #821 meets every Monday, from 10-11:45 a.m., at the Sanford Alliance Church, 1401 S. Park Ave., Sanford. For information, call 321-9240. Visitors are welcome.

Sanford Rotary
Rotary Club of Sanford meets every Monday at noon, at the Marina Hotel.

Senior activities
Lake Mary Seniors invite anyone 55 years of older to join them in two weekly activities on Monday: Woodcarvers, from 9:30 to 11:30 a.m. Games from 1 to 3 p.m., at the Frank Evans Center, 158 N. County Club Road.

Cancer Support
Support, Hope and Recovery, S.H.A.R., meets every Monday afternoon at 5 p.m. at Central Florida Regional Hospital in the far corner of the dining room. This is a self help support group for all cancer survivors, whether in treatment now or finished with it. Call 324-8737 or 322-7785 for more information.

Contract Bridge
Bridge players are invited to play contract bridge every Monday, at 10:30 a.m., at the Sanford Senior Center. For information, call 322-6326.

AARP
The Winter Springs Chapter of AARP meets the third Monday of the month, at 1:30 p.m., at the Winter Springs Senior Center off Edgemoor Avenue. Senior citizens, 50 and over, are invited to attend. For information, call Marian Dolin, 327-7334.

Gamblers, families
Gamblers Anonymous and Gam-Anon for family and friends, meet separately Monday and Friday (non-smokers) at 7:30 p.m., Church of the Good Shepherd, 331 Lake Ave., Maitland. For more information, call 238-9208.

Narcotics Anonymous
Narcotics Anonymous meets Monday at 8 p.m. at the Presbyterian House of Goodwill, 317 Oak Ave., Sanford.

Modelers Club
The Sanford Aero Modelers Club meets every third Monday of the month starting at 7 p.m., with the "Model of the Month" competition at Greater Sanford Chamber of Commerce, 400 E. First St. All phases of R/C model aircraft are presented. The club's flying field is located in Sanford. For more information, contact Lee Dorais at 574-4732.

VFW, Auxiliary
Veterans of Foreign Wars and the Ladies Auxiliary of Sanford Post 10108 meet the third Monday at 7:00 p.m. at the post home, 2644 S. Sanford Ave.

Pigeon Fanciers
The Central Florida Pigeon Fanciers Association meets the third Monday of each month at the Seminole County Agricultural Center, 4300 Orlando Drive, Sanford. For information, call Art or Jean Anderson at 831-8033.

Overeaters Anonymous
Sanford - Overeaters Anonymous meets every Tuesday, at 10 a.m. in Parish Hall Whitner Lounge of Holy Cross Episcopal Church in Sanford. The meetings last about an hour. There are no dues nor fees. The only requirement to attend is the desire to stop eating compulsively.

Shuffleboard
The Sanford Tourist and Shuffleboard Club practices every Tuesday and Friday starting at 1 p.m., and plays inter-city tournaments every Wednesday. Those interested in playing, learning to play or joining the club may call Russ

Kitner, 322-7751, for information.

Sewing Club
Every Tuesday from 9:30 a.m. to noon, the WOOPIE Sewing Club gathers at the Lake Mary Senior Center, 158 N. County Club Road, to make baby clothes, and items for nursing homes as well as items for the Christmas store. The items made by the club are donated to preemie babies, nursing home residents and gifts for the annual Christmas store.

Senior activities
Lake Mary Seniors invite anyone 55 years or older to join them in a weekly activity on Tuesday: Art, from 9 a.m. to noon, at the Frank Evans Center, 158 N. County Club Road.

Weekly Lions Club
The Sanford Lions Club meets every Tuesday at noon at the Colonial Room in downtown Sanford. For information, call Joyce Fitzgerald at 322-7544.

The community is asked to donate used eyeglasses to the club for its sight program.

Bridge Club
Sanford Duplicate Bridge Club meets at noon each Tuesday at the Greater Sanford Chamber of Commerce, 400 E. First St., Sanford.

Kiwanis Club
Kiwanis Club of Casselberry meets every Tuesday at 7:30 a.m., at Denney's on 436 E. Casselberry. For information, call 831-8545.

Sanford Seniors
The Sanford Senior Citizens Club meets the first and third Tuesday, at 11 a.m., at the Sanford Senior Center. A bag lunch follows. Visitors are welcome. For information, call 322-2353 or 322-8181.

Conservation District
The Seminole Soil & Water Conservation District meets each third Tuesday of the month at 8:15 a.m. at the office in Sanford. Call 321-8212.

Nar-Anon
Nar-Anon, a self-help group for relatives and friends of addicts, will meet Tuesday at 8 p.m. at Orlando General Hospital. For more information, call 869-6364.

TOPS
Member of Take Off Pounds Sensibly, TOPS, invite the public to join them on Tuesday evenings from 7 to 8 p.m. at the First Christian Church, 1607 Sanford Ave., Sanford. For more information about the club, call 321-4464.

Toastmasters
Night Owls Toastmasters meet every Tuesday of the month, at 7:30 p.m., at the Lake Mary Community Building, 260 N. Country Club Road in Lake Mary. Contact Rosella Bonham at 323-8284 for information.

Lions Club
The Longwood-Lake Mary Lions Club meets the first and third Tuesday of every month, at 7 p.m., at the Ramada Inn, S.R. 434 in Longwood. Visitors and prospective members are welcome to attend.

Pilot Club
The Sanford Pilot Club meets the first and third Tuesday at 7 p.m. in the RSPV building on the campus at Seminole Community College. All interested are welcome to attend.

Kennel Club
The Central Florida Kennel Club meets the third Tuesday of every month, at 8 p.m., at the Lake Island Recreation Center, 450 Harper, Winter Park. Anyone interested in the betterment and protection of pro-bred dogs or in breeding or showing dogs is welcome to attend meetings and apply for membership. Call 671-7440.

Health Education
Deltona Health Education Club meets the third Tuesday of the month at the Center for Better Living, 2923 Howland Blvd., Suite 4, Deltona, at 7 p.m. Anyone interested in health and well-being is invited to attend. For information, call (904)532-9290.

New products debut this year



CONSUMER FOCUS
BARBARA HUGHES/GREGG

The Off Moth Proofer®, Johnson Wax has a new product on the consumer market that may reduce some fabric damage from moths. Sold as a type of OFF Insect repellent product, the OFF MOTI PROOFER is composed of plastic containers about 2" x 1" x 1/4". A cover strip is pulled back to activate the substance. The gel is supposed to remain active for several months. When the gel turns into a powder, the unit should be replaced. Instructions indicate that one unit should be placed in small closets or drawers and two units in large drawers or closets. A handy self closet rod hanger is part of the purchase unit.

The active ingredient is Lavandin Oil which appears to be some type of herbal substance. Product information indicates that it has a pleasant lavender odor rather than the more objectionable scent characteristic of most moth products.

New Fiber, Elastoeater, Enters Fiber Lexicon®. The Federal Trade Commission (FTC) has settled on elastoeater as the generic name for a new, stretchy fiber. Created by Japanese inventors, the fiber, which is similar but chemically different from spandex, is marketed for fabrics used in such things as swimwear, cycling shorts and ski pants. The elastoeater name was used because the fiber has qualities of polyester for washing and dyeing and has the stretch characteristics of elastic. Effective immediately, the FTC will require all apparel and other textile products containing the fiber to identify it as elastoeater on the legally required content labels.

T-shirt Sheets. Now available are sheets made of all cotton knit in department stores. For those of you who enjoy sleeping in a T-shirt can now sleep on one! Yes, reports indicate the knitted sheets get even softer after washing! Consider putting this on your holiday/birthday gift list.

Conquering The Might Dust Mite®. According to vacuum manufacturers' estimates, one-third to one-half of all American households include an asthmatic or allergy-prone member. This adds up to a lot of people who have good reason to be wary of household dust. House dust may appear benevolent, but it actually contains chemicals from exhaust, lead and other sources--

elements that can affect INDOOR AIR QUALITY. Manufacturers are addressing this problem with a host of allergen-control floor care products.

Micro filtration bags, which increase a vacuum's ability to capture particles as small as one micron (0.001 of an inch) have been on the market since 1991. Chemically treated bags and bags designed to prevent dust leakage during changing are more recent innovations. At least one manufacturer offers a vacuum marketed as hypo-allergenic because, according to the manufacturer's claims, it removes 99.7 percent of particles as small as one micron. Another offers electrostatically charged filtration systems that charge dust particles as they are sucked through the machine, resulting in better dust retention. Others contain multi-stage filtration systems, some with electrostatically charged final filter, but all are designed to better retain incoming dust. HEAP (High Efficiency Particulate Air) technology, the same technology usually found on air cleaners, allows a vacuum to capture 99.97 percent of particles down to 0.3 microns.

Industry experts predict filtration systems will become standard features a high-end vacuum, in much the same way as on-board tools. Although indoor air quality is a

growing concern for many people, filtration is a secondary issue, except for those consumers with asthma, specific allergies or similar health concerns. It drives up the initial cost of the vacuum. In addition, replacement Micro filtration bags cost about twice as much as standard one-ply bags.

*No implied endorsement intended.

Barbara Hughes/Gregg is the Seminole County Extension Home Economist. Inquiries may be directed to her at the Cooperative Extension Service, 250 W. County Home Road, Sanford, FL 32773 or phone 323-2500. Ext. 6586

25-year marriage to alcoholic leaves wife, kids, dog fearful

Dear Mary,
I've been married to an alcoholic for 25 years. Actually, he quit drinking 10 years ago after I threatened to leave him. I thought that would be the best thing that could happen to us; but as it turned out, he was easier to live with when he was drunk. It seems he is mad all the time. He yells at all of us over nothing, drives like a maniac and sometimes he gets so nuts he kicks or punches holes in the walls and throws things around. I kept hoping that as time went on he would mellow out a little, but it's really gone the opposite way. The kids and I are all scared to death of him. Even the dog doesn't like to be around him.

Anyhow, I met a man at work last summer and there is clearly some chemistry between us. I find myself fantasizing about him all the time. The kids are almost grown and I think I deserve a few years of happiness before I get too old to care anymore.

To make a long story short, I'm thinking about leaving my



FAMILY COUNSELOR
MARY BALK

to--that's where you are. If you decide to stay, you'll probably play the "what if" and "if only" game for the rest of your life. If you decide to leave, you will almost certainly go through one of the most difficult periods of your life as you deal with the feelings of guilt, failure and self-blame for ending your marriage. No one can decide which path is best for you. But one thing is for sure--if you get involved with another man before you have come to a sense of conclusion with your marriage, you will harm the new relationship by not having taken care of the unfinished business in your current relationship.

Get some counseling, join Al-Anon and promise yourself you will not become involved with anyone else while you are still married. Any other course of action will only make everything worse.

Mary Balk is a Certified Addiction Prevention Professional and a counselor at Oviedo High School. Contact her at 385-1842, Ex. 210.

Little brother eyes big bedroom

DEAR ABBY: I am a 15-year-old boy with an older brother who attends an out-of-town college. Since he entered college over a year ago, I have tried to convince my parents to let me switch bedrooms with him. Except for summer vacations, my brother rarely comes home, so his huge room is vacant most of the year. Although I am able to make use of his room in his absence, it is not truly mine, and I think it's unfair that I have been relegated to the smaller bedroom.

My parents don't want my brother to feel dispossessed. They want him to know that he is always welcome here and that his things will be exactly the way he left them. I don't want him to feel dispossessed either, but couldn't he feel just as welcome in a smaller bedroom?

Abby, why does the younger brother always get the shaft? Please help me.

FRUSTRATED IN NEW YORK



ADVICE
ABIGAIL VAN BUREN

DEAR FRUSTRATED: Ask your brother how he feels about his bedroom. Now that he is a college man and has been away from home for a year, he will probably agree to trade his large bedroom for your smaller one. If you can persuade him to tell your parents that he would be comfortable in your bedroom, you'll have it made.

DEAR ABBY: Before we were married, my husband, "Tony," had card parties for his buddies every Tuesday night. The parties lasted until at least midnight, but it didn't matter then because I could go home and get my sleep.

Now that we are newlyweds, this presents a problem for me. I start work early every morning (this hours are later) and I'm exhausted for the remainder of the week.

I've spoken to Tony about this and he's promised to end those parties earlier, but it never seems to

happen. I've suggested rotating the parties to the other players' homes, which he did a few times. But now, because we've argued about it so often, he stubbornly refuses to do that. He claims, "This is the way it's always been." What can I do?

I'VE DEALT MY HAND

DEAR DEALT: Marriage is compromise. Try to accommodate Tony on this issue, bearing in mind it is only one night a week. Buy earplugs and a sleep mask, turn on some soft music in your room and go to bed. You can learn to sleep with a little noise, knowing that your husband is home where he belongs and proud that he has such an understanding wife.

DEAR ABBY: I'm writing because I think you will be pleased that there's a non-native speaker of English who reads your column every day to develop her reading skills.

I've learned many good expressions from the letters and your responses. Your column is also perfect for broadening my understanding of the American people. It's full of ordinary people, unlike the weird types we see on television talk shows.

I subscribe to my paper just for your column, and I read the section it is in before I read anything else.

Abby, I'm grateful that my tutor, Martha, who is also an enthusiastic

Live Your Dreams!
Central Florida's 1st Hands-on Teaching Zoo
AMAZING ANIMALS

Creative Cuts
HAIR-MASSAGE-TANNING-MASSAGE
WOMEN'S - HAIRCUT ONLY \$12
HAIRCUT/STYLE \$18
MEN'S - HAIRCUT ONLY \$8
HAIRCUT/STYLE \$11
EXPIRES 1-31-98
GIFT CERTIFICATES
GIFT SETS AND DAY OF BEAUTY PACKAGES AVAILABLE
CALL FOR SPECIALS ON TANNING & MASSAGE
LIC. # MC0021225
Hours: Mon. 12-7 • Tues. & Thurs. 9-8 • Wed. & Fri. 9-7 • Sat. 9-4

REGAL CINE MAS LAKE MARY CINEMA 10

GOOD WILL HUNTING	12:45 4:30 7:30 10:30 PM
MOUSEHUNT	1:10 4:40 7:30 9:40 PM
FIRESTORM	1:10 4:40 7:30 10:10 PM
WAG THE DOG	12:30 4:30 7:10 9:30 PM
FALLEN	1:00 4:20 7:00 9:40 PM
HARD RAIN	1:00 4:30 7:30 10:10 PM
HALF BAKED	1:30 4:20 7:40 9:30 PM
TOMORROW NEVER DIES	1:30 4:10 7:30 10:00 PM
AS GOOD AS IT GETS	12:45 4:20 7:30 9:30 PM
TITANIC	12:30 4:15 9:00 PM

Fantastic Sams
Sanford • Hwy. 17-92 (Wal-Mart Plaza, one block north of Lake Mary Blvd.)
323-9045
Coupons good at this location only

JUST FOR KIDS CUT \$4.95 (11 & under)
Shampoo • Blow-Dry
Cutting, brushing, set, finished style, design sheet, or specialty comb color. SH Expires 1/31/98

Fix Our Botanical Perm
No Appointment Necessary!
Shampoo • Blow-Dry

ADULT CUT \$8.95
Cutting, brushing, set, finished style, design sheet, or specialty comb color. SH Expires 1/31/98

PS BOTANIC PERM BODY WAVE \$26.95
Shampoo • Cut
Price may vary with length or condition of hair. Expires 1/31/98

Fantastic Blow \$23.95
Shampoo • Finished Style
Price may vary with length or condition of hair. Expires 1/31/98

FRIDAY PRIME TIME

Table of TV listings for Friday Prime Time (6:00-11:30 PM). Includes channels like ABC, CBS, NBC, and programs such as 'The Dick Van Dyke Show', 'The Mary Tyler Moore Show', and 'Hill Street Blues'.

SATURDAY

Table of TV listings for Saturday Morning (6:00-11:30 AM). Includes channels like ABC, CBS, NBC, and programs such as 'The Dick Van Dyke Show', 'The Mary Tyler Moore Show', and 'Hill Street Blues'.

AFTERNOON

Table of TV listings for Saturday Afternoon (12:00-5:30 PM). Includes channels like ABC, CBS, NBC, and programs such as 'The Dick Van Dyke Show', 'The Mary Tyler Moore Show', and 'Hill Street Blues'.

PRIME TIME

Table of TV listings for Saturday Prime Time (6:00-11:30 PM). Includes channels like ABC, CBS, NBC, and programs such as 'The Dick Van Dyke Show', 'The Mary Tyler Moore Show', and 'Hill Street Blues'.

SUNDAY

Table of TV listings for Sunday Morning (6:00-11:30 AM). Includes channels like ABC, CBS, NBC, and programs such as 'The Dick Van Dyke Show', 'The Mary Tyler Moore Show', and 'Hill Street Blues'.

AFTERNOON

Table of TV listings for Sunday Afternoon (12:00-5:30 PM). Includes channels like ABC, CBS, NBC, and programs such as 'The Dick Van Dyke Show', 'The Mary Tyler Moore Show', and 'Hill Street Blues'.

PRIME TIME

Table of TV listings for Sunday Prime Time (6:00-11:30 PM). Includes channels like ABC, CBS, NBC, and programs such as 'The Dick Van Dyke Show', 'The Mary Tyler Moore Show', and 'Hill Street Blues'.

MONDAY PRIME TIME

Table of TV listings for Monday Prime Time (6:00-11:30 PM). Includes channels like ABC, CBS, NBC, and programs such as 'The Dick Van Dyke Show', 'The Mary Tyler Moore Show', and 'Hill Street Blues'.

Sports

B

THE WEEK IN PREP ATHLETICS

Games of the Week

You're no sports fan if you miss...

By **JEFF BERLINICKE**
Herald Staff Writer

Jan. 16: Winter Springs at Seminole, boys basketball, 7:30 p.m.

Winter Springs has served as a patsy through much of the season, but lately, the Bears are playing some tough basketball, capped off with a loss in the final seconds against state power Lake Howell.

Winston James, a sophomore, is one of the county's leading scorers and he will be one of the county's dominant forces over the next two years.

It's a growing season for the Bears but things are moving along better than most expected. They are a force in Class 3A and are beginning to hold their own against the big boys.

As for Seminole, it's been an up and down season, but mostly up. Daryl Redding, Cornelius Blue and McQual Bush seem to take turns leading the team and last week, the Seminoles pulled out big time upsets against Lake Mary and Lake Brantley. It should be an interesting game as both teams gear up for districts.

Jan. 21: Oviedo at Lake Mary, boys basketball, 7:30 p.m.

Oviedo always seems to find a way to win. Whether it's Seth Fowler, Josh Cullen, Brad Combes or any of the Lion's other contributors, somebody always seems to step it up when Oviedo needs a hero.

Now, it is Lake Mary that needs a hero. Paul Beik has been the team leader all season long but he dislocated his knee in a big win over Lake Brantley last week. His status is questionable, but the Rams have been bolstered by the return of big man Jamal Harrison and guard Alphonso Davis. Harrison came up big against the Patriots and showed he can dominate a game at spurts.

Oviedo doesn't have Lake Mary's height, but Lake Mary doesn't have Oviedo's ball handling and shooting. The Lions seem to have the top spot in the districts clinched, but Lake Mary has been playing well and the two teams could meet again down the road.

Jan. 22: Lake Mary at Oviedo, girls basketball, 7:30 p.m.

If you can't get out to Oviedo, stop by Lake Howell where Seminole has its second big non-district game in a week.

Lake Howell and its terrorists who roam the baseline blocking every shot in sight, is led by guard Reggie Kohn, and are still in the running for top spot in the districts. What the Silver Hawks have to look out for is looking past the Seminoles as a home game against Oviedo looms ahead.

Lake Howell showed effects of its tough loss to Oviedo last week by escaping against Winter Springs, but don't expect coach Steve Kohn to allow his team another let down.

Give Seminole credit. They are a Class 5A school that plays mostly 6A schools and Bob Traina never lets his kids back down. Even in a loss to Oviedo last week, the 'Noles played hard the whole way.

Jan. 22: Seminole at Lyman, girls basketball, 7:30 p.m.

It will be the final home game of the season for the Lady Greyhounds, so look for coach Bruce Bonaventure's team to come out fired up. They are in a battle with Oviedo for second place in districts, but Oviedo got the upper hand with a large win last week over Lyman. The Hickey twins - Brianne and Meghanne - lead Lyman and this will be a great tuneup for districts.

As for the Lady 'Noles, they never quit. Last week against Lake Mary, Seminole was all over the floor even as the score became insurmountable. Then, they had Oviedo beaten until a late rally by the Lady Lions. Coach Sylvester Wynn gets the most out of his girls and Shemelka Stokes has been playing a huge role lately.

Sandidge a prophet?

Lyman boys' soccer team claims SAC crown

By **TONY DeBORMIER**
Herald correspondent

LONGWOOD - Two years ago, Ray Sandidge made a commitment that might have been grounds for having him committed.

"I'm going with these underclassmen," said Sandidge during the then-Pizza Hut Invitational boys' soccer tournament. "In a couple of years, these sophomores and freshmen have the chance to be an outstanding team. They just need time."

Last year, Sandidge's forecast seemed questionable as the Greyhounds suffered through what was, by Lyman boys' soccer standards, a nightmarish campaign.

When this season began with key players suffering injuries and others being lost for other reasons, it looked like Sandidge's prediction may have been wishful thinking.

Now, with three games to go in the regular season, Sandidge seems like Nostradamus: after finishing second in the prestigious D'Adora Tournament in Tampa and winning the Florida Hospital Invitational, the Greyhounds' season

of resurrection continued Thursday when they claimed the Seminole Athletic Conference championship with a 1-0 win over the Lake Howell Silver Hawks.

"This is just another step," said Sandidge, whose team was ranked No. 5 in Thursday's Florida Sports Writers' Association/Florida Athletic Coaches Association's Class 6A state poll. "I'm proud of these guys. They've worked hard and had to deal with a lot the last two years."

Along with claiming the SAC crown, Lyman (13-3 and 4-0 in both the district and conference) clinched the No. 1 seed position in the 6A-District 3 tournament.

"They deserve to be conference champs," said Lake Howell coach Travis Betsinger, whose Silver Hawks were No. 10 in the FSWA/FACA state poll. "They're an outstanding side. They're really rolling right now."

Not that the Silver Hawks went without a considerable tussle Thursday; like most SAC boys' soccer matches, the two teams spent much of the match challenging each other just within the bounds of acceptably physical play.

That apparently was also the assessment of referee Gary Hundley, who handed out four yellow cards (two to Lyman in the match's first eight minutes) and had a demonstrative meeting with the captains from the two schools at mid-field during halftime.

"This is how I remember SAC soccer matches being when I played at Lake Mary, very intense," said Betsinger. "Both teams played hard and the fans were really into it."

Lyman dominated play in the first half, sending nine shots on goal. Of the nine, Lake Howell keeper Jeff Subbert made saves on five. Jason Diebler headed one shot just over the cross bar while teammate Adrian Fedrosa hit both the left and right posts with shots.

Less than a minute into the second half, Ryan Potts hit the post. Later in the half, Potts nailed the cross bar with a shot.

But the Greyhounds finally broke through (or the Silver Hawks' luck finally ran out, take your pick) when Chris Sonntag slid a shot between Subbert and the left post at 4:15.

After that, it was up to Greyhound goalie

See Soccer, Page 2B

WELL DONE



SANFORD - Seminole High School girls' basketball player Felicia Henderson was honored as the Optimist Club of Sanford's Athlete of the Week because of her outstanding team leadership both on and off the court. Hender-

son always shows determination and willingness to go the extra mile, according to her coach, Sylvester Wynn. Henderson receives her awards from club members Tony Covington and Syberina Wynn.

Photo by John Cullen

Sanford Youth hoops return

From Staff Reports

SANFORD - The Sanford Recreation Department Youth Fall Basketball League returned to action after the holiday lull with games at both the Dan Pelham Gymnasium at Sanford Middle School and at Seminole Trinity Christian School at the Church of God of Sanford last Saturday.

In the Kindergarten-through-Second Grade Division (at Seminole Trinity), the Lakers beat the Bulls, 27-11; and the Heat whipped the Celtics, 26-12.

In the Third-through-Fourth Grade Division (at Seminole Trinity), the Hornets topped the Rockets, 21-11; and the Jazz toppled the Magic, 28-12.

In Girls' League action (at Seminole Trinity), the Kings whipped the Raptors, 28-11; and the Wizards crushed the Clippers, 16-2.

In the Fifth-through-Sixth Grade Division (at Dan Pelham), the Pistons ran past the Knicks, 38-27; and the Nets nipped the Spurs, 21-20.

In the Seventh-through-Eighth Grade Division (at Dan Pelham), the Sonics thumped the Pacers, 23-8; and the Hawks got a forfeit from the Bucks.

In the Prime Time League (at Dan Pelham), Bradley topped Greenwood Lakes Middle School No. 2, 53-39; Lingard crushed Stiles, 72-28; and Greenwood Lakes No. 1 dumped Gartrell, 46-34.

In the High School League (at Dan Pelham), George-

See Youth, Page 2B

Local FASCAR tracks to hold regular racing

Special to the Herald

BITHLO - With the TNN Nationally Televised Demolition Derby coming up on January 30th, Orlando SpeedWorld will hold a couple of weeks of regular racing.

The schedule has the regular card of Late Models, Limited Late Models, Modifieds, Sportsman, Bombers, Run-A-Bouts and 4-Cylinder Bombers running heats and features.

Orlando SpeedWorld is located, 10 miles east of Orlando on Highway 50 at the 520 cutoff. Gates open at 6 p.m. with racing action starting at 8 p.m.

NEW SMYRNA SPEEDWAY
SAMSULA - Regular racing will also run at New Smyrna Speedway for the

next couple of Saturday night's before the Late Model Orange Blossom 100 is run on January 31st and the 32nd Annual World Series of Asphalt Stock Car Racing is run from February 6-14.

The regular racing divisions, Late Model, Limited Late Model, Modified, Sportsman, Bombers and Run-A-Bouts will race heats and features this week and January 34th.

New Smyrna Speedway is located nine miles west of New Smyrna Beach at the corner of Highway 415 and 44. Gates open at 6 p.m. with racing action beginning at 7 p.m.

TEST AND TUNE
BITHLO - Test and Tune is held every Wednesday night from 6 p.m. to

See Racing, Page 2B

Oviedo boys rally; Lyman cruises

From Staff Reports

OVIDEO - For three quarters of Wednesday night's battle of Seminole Athletic Conference unbeaten boys basketball teams it looked like Seminole would supplant state-ranked Oviedo as the elite squad in the county.

But the Lions weren't ready to give up the crown as they outscored Arrow Force VI, 27-9, in the fourth quarter and claimed a 61-44 triumph.

See Hoops, Page 2B

LIONS 61, ARROW FORCE VI 44
Seminole (44)
Smyrna 5, Patrick 5, Bush 1, Redding 10, Wagner 3, Pratt 10, Blue 9, Westhale 1. Totals: 18 6-12 44

OVIDEO (61)
Fowler 11, Lobo 4, Combes 2, Pickett 2, Ruffner 5, Harper 10, Moore 24. Totals: 23 13-20 61

Seminole 10 13 12 9 44
Oviedo 9 9 16 27 61


Three-point field goals - Seminole 2 (Patrick 1, Wagner 1); Oviedo 2 (Moore 2). Total fouls - Seminole 30; Oviedo 8. Fouled out - Seminole, Wagner. Technicals - none. Records - Seminole 13-6; Oviedo 17-3. Junior varsity - Oviedo 73, Seminole 68.

GREYHOUNDS 52, BEARS 30
Lyman (52)
Hussein 1, Perron 10, D. Cleveland 10, Padilla 4, A. Cleveland 6, Houston 6, Van 11, Broccotti 4. Totals: 22 6-11 52.

Winter Springs (30)
James 16, Brown 5, Wiggins 5, Mitchell 2, Williams 2. Totals: 13 0-3 30.

Lyman 17 12 18 4 52
Winter Springs 5 6 16 6 30

Three-point field goals - Lyman 3 (Perron 2); Winter Springs 4 (James 2, Brown 1, Wiggins 1). Total fouls - Lyman 7; Winter Springs 16. Fouled out - none. Technicals - none. Records - Lyman 7-10; Winter Springs 2-11.



American Grill & Pub

HAPPY HOUR
Mon.-Fri. 4 pm to 7 pm
75¢ Draft • \$4.75 Domestic Pitchers • 25¢ Wings

Check Out Our Daily Lunch Specials
1808 S. FRENCH AVE., SANFORD
WINDY DOCK MARKETPLACE
336-1275

BLONDIE



by Chic Young

BETLE BAILEY



by Mort Walker

THE BORN LOSER



by Art Sansom

PEANUTS



by Charles M. Schulz

EEK & MEEK



by Howie Schneider

TUMBLEWEEDS



by T.K. Ryan

ARLO AND JANIS



by Jimmy Johnson

FRANK AND ERNEST



by Bob Thaves

GARFIELD



by Jim Davis

ROBOTMAN



by Jim Meddick

Coping with mononucleosis

DR. GOTT

PETER GOTT, M.D.



DEAR DR. GOTT: What can an adolescent with mononucleosis do to speed up his recovery? How long should a sports prohibition last?

DEAR READER: Mono is a common virus infection of adolescence. It causes sore throat, swollen glands, extreme fatigue and an enlarged spleen. It's this last feature that can be dangerous, because as the spleen enlarges, it becomes more spongy — somewhat like an overripe melon — and can burst if struck inadvertently, leading to life-threatening internal hemorrhage. Therefore, to answer your last question first, patients with mononucleosis must avoid athletic endeavors — especially contact sports — until, determined by examination, the spleen has returned to its normal size. This process usually takes between two and six weeks.

There is no cure for mono. Thus, the answer to your first question is: Just be patient and allow the body's natural immunity to combat the infection. Therefore, rest is the principal treatment for mono. The recovery phase varies considerably. Most patients are able to return to normal activities (minus sports) within a week or two. But I have seen cases in which overwhelming fatigue and active infection lasted up to six months.

In some instances — particularly in the presence of severe sore throat or the unusual complication of liver inflammation — physicians may choose to prescribe cortisone drugs. Such therapy helps to relieve the symptoms of viral inflammation but is not appropriate for all cases. A well-balanced diet, plenty of rest and avoidance of sports remain the cornerstones of therapy.

DEAR DR. GOTT: My husband has been diagnosed with carpal tunnel syndrome, and surgery has been advised. However, a nurse told him that the operation is successful only 10 percent of the time. Where do we go from here?

DEAR READER: Carpal tunnel syndrome is a common neurological affliction marked by periodic pain, numbness and tingling of the fingers. It is caused by pressure on a nerve as it crosses the heel of the hand. The syndrome is diagnosed by a nerve conduction study, during which the nerve's ability to conduct electricity is measured. With carpal tunnel compression, the nerve impulses are blocked from getting into the hand, with resulting symptoms.

Although many orthopedic surgeons first try treatment with splinting and physical therapy, in my experience, surgery (to release the band of tissue that presses on the nerve) is usually necessary — and curative. The operation is simple, performed under local

anesthesia (with sedation) and is almost always successful. If I were your husband, I'd consider it.

To give you more information, I am sending you a copy of my Health Report "An Informed Approach to Surgery." Other readers who would like a copy should send \$2 plus a long, self-addressed, stamped envelope to P.O. Box 2017, Murray Hill Station, New York, NY 10156. Be sure to mention the title.

DEAR DR. GOTT: I am 60 years old and suffer from wicked leg cramps at night. My doctor prescribed a calcium-channel blocker, but it doesn't help. What causes leg cramps? What can I do to treat them?

DEAR READER: No one knows the cause of nocturnal leg cramps but the condition is common and, as many patients have discovered, difficult to

treat. These cramps, which primarily affect the calf muscles, almost never appear during the day. However, at night, they can make sleeping difficult.

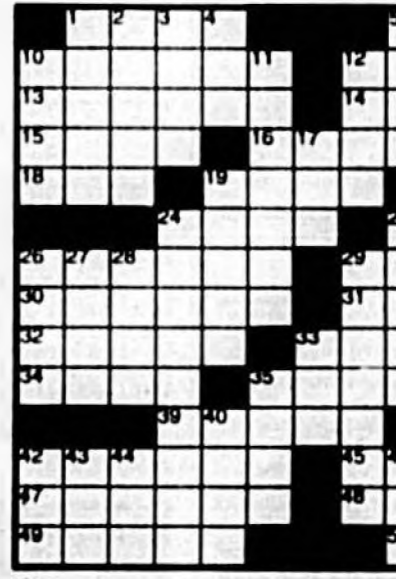
I have had success with quinine sulfate. This drug used to be available without a prescription. Subsequently, it was withdrawn from the market. Fortunately, it is now back — as a prescription drug (Quinamm). Ask your doctor about this. One capsule taken at bedtime may prevent leg cramps, or — at the very least — lessen their severity.

- ACROSS**
- Jeet
 - Broadway offering
 - Ointments
 - Distant planet
 - Bear witness
 - Amend
 - Poppins
 - Extent
 - Important time period
 - Many pts.
 - Type of drawing or drive
 - Begin an ocean voyage
 - Ats
 - Greatest
 - Made smooth
 - Basic structures
 - Long-haired cat
 - Author Joyce Carol
- DOWN**
- Southwestern Indian
 - Baseball's Speaker
 - ER's network
 - Car parts
 - Distinctive air
 - Pronounces
 - Filer's need
 - Parts
 - Aviation hero
 - Chuck
 - Mosquito genus
 - Woodwind instrument
 - Doha's country
 - Excessive
 - Actress
 - Judith
 - Foot
 - Residue
 - Lim
 - Tropical

Answer to Previous Puzzle

CZAR	BHY	CAWS
YETI	MEM	LSAT
MATA	ARC	OTTO
ELATES	ANDREW	
SHE	ACHE	ODORS
AIMS	NAMESAKE	
GEOLOGIC	HUEY	
TAG	NIY	TVE
ALICE	ENOS	
LOOKER	TOTTER	
LUNE	ANO	YEAH
ISAN	SIS	LATE
EELS	NAH	ELSA

STUMPED? Call for Answers • Touch-tone or Rotary Phone • \$10 per month • 1-800-454-3535 ext. code 100



- Identical
- Narrow passages
- Plant containers
- Everything
- Vipers
- China
- do-well
- Book of Norse myths
- Indefinite place
- Inhabitants of Copenhagen
- Flying saucers (abbr.)
- Streetcar
- House
- Maka content
- Type of bean
- Hur!
- Elbow
- Class
- Singer
- Vidi —
- Sources of metal
- Wings
- Between Can. and Mex.
- Over — hill
- Small child
- Above (post.)

WIN AT BRIDGE

Don't overlook the information

By Phillip Alder

John Le Carre (what is his real name?) wrote a novel entitled "The Spy Who Came in from the Cold." South felt he was still out in the cold after this deal.

The opening lead supplies information not only to the leader's partner but also to the declarer — if either is paying attention, of course. Declarer should intercept the message being transmitted, then try to use the knowledge to aid the safe passage of his contract.

Against your four-spade contract, West leads the diamond 10: four, ace, jack. East returns the diamond eight: king, two, five. How do you continue? Blind to the signals, South immediately played a trump to dummy's queen. However, East won with the

ace and gave his partner a diamond ruff. A moment later, East's second trump trick defeated the contract. "How unlucky can I be?" asked South. "West gets a ruff with only two trumps. If West has three trumps, I'm safe."

"You know West started with a doubleton diamond," said North. "Yes, of course."

"And if he is to get a ruff, East will need the spade ace as an entry. So, at trick three, play your heart to dummy's ace. Then lead a low trump from the dummy."

There was a pause before South said, "Yes, I see. East is caught. If he rises with his ace and gives West the ruff, I win the next trick and draw trumps. But if East ducks, a second round of trumps denudes West. And I'm in no danger even if East had started with ace-doubleton of trumps."

John Le Carre's real name is David John Moore Cornwell.

North 01-10-98

♠ Q 6 4 3
♥ A 6 5 2
♦ 9 5 4
♣ A J

West East

♠ 10 8 ♠ A J 9
♥ K 10 6 7 4 ♥ Q J 3
♦ 10 2 ♦ K 7 6 3
♣ 7 6 3 2 ♣ 5 4

South

♠ K 7 5 2
♥ 9
♦ K Q J
♣ K Q 10 9 8

Vulnerable: Both
Dealer: South

South West North East
1♠ Pass 3♠ Pass
1♥ Pass 3♥ Pass
4♠ Pass Pass

Opening lead: ♠ 10

HOROSCOPE

Your Birthday
Saturday, Jan. 17, 1998

Your probabilities for advancement in your career look strong for the year ahead. However, you'll have to prove yourself every step of the way as you climb the ladder, but you can do it.

CAPRICORN (Dec. 22-Jan. 19) Things should go rather well for you today if you don't take yourself or events too seriously. Hold positive thoughts and know everything will come out OK. Trying to patch up a broken romance? The Astro-Graph Matchmaker can help you understand what to do to make the relationship work. Mail \$2.75 to Matchmaker, c/o the newspaper, P.O. Box 1758, Murray Hill Station, New York, NY 10156.

AQUARIUS (Jan. 20-Feb. 19) Shifting conditions may work in your favor today, especially if imbued with commercial overtones. Analyze developments for any

overlooked opportunities.

PISCES (Feb. 20-March 20) Alliances that are instituted at this time could turn out to be very significant. Be sure to treat the arrangements with the respect they deserve.

ARIES (March 21-April 19) Give your best performance on a special project at work today. The results of your efforts will be observed and evaluated; praises could turn to raises.

TAURUS (April 20-May 20) Associates see you as a respected leader because of your splendid handling of a crisis. Acknowledge their compliments and tell them your secret.

GEMINI (May 21-June 20) Financial deals that have been difficult to put together have good chances of being finalized today. All the loose ends can be neatly tied together now.

CANCER (June 21-July 22) Your ability to assess situations accurately today is your best asset. Have faith in your judgment both before and after making an evaluation.

LEO (July 23-Aug. 22) Keep the profit motive uppermost in your mind today; it will encourage you to be more industrious. What you are doing now will be for your future.

VIRGO (Aug. 23-Sept. 22) Do not leave anything to chance today in situations where something personal is at stake. You will have a better shot at success if you act as director.

LIBRA (Sept. 23-Oct. 23) Today, attend to matters that you haven't brought to a successful conclusion. You could finalize what appeared to be too tough to do previously.

SCORPIO (Oct. 24-Nov. 22) As long as you are daydreaming today, you might as well dream big. A goal isn't that far out of reach, provided you go after it in a practical manner.

SAGITTARIUS (Nov. 23-Dec. 21) You could be lucky today in two unrelated areas: your career and your social involvements. Give equal attention to both.

ANNIE



by Leonard Starr