

# Groups Offer Alcoholics, Families a New Life

**By Donna Estes  
Herald Staff Writer  
1748 W. 1st Street**

Based on the theory that no one can understand the complications that ride an alcoholic craving him to continue drinking even though he knows the drinking will surely kill him someday, the Fellowship of Alcoholics, an Al-Anon family group, was founded more than 40 years ago by two men afflicted with the disease.

And recognizing that friends and family of the alcoholic are as much in a different way as are the alcoholics, the Al-Anon family groups were founded more than 30 years ago as a separate entity to help friends and families deal with their problems.

Today, every alcoholic program in the world is rooted in the concepts and precepts of A.A., the Fellowship of Alcoholics, and Al-Anon is devoted to helping people recover from alcoholic families, addictions, and alcoholism, A.A. says it.

working toward that goal is the concentration on abstaining from alcohol one day at a time. The idea of giving up alcohol forever may make the task impossible for those who also may allow the bottle to rule their lives. But going without a drink for a single day can most easily be repeated with.

A.A. has a simple program for the complex problem of alcoholism. It includes 12 steps by which one is to govern his life and 12 traditions by which peace and harmony are assured in A.A.

The theory is that only another alcoholic can fully understand what one strikes with the disease is going through and thus an alcoholic can be helped and understood fully only by another alcoholic. The recurring alcoholic phases with those who have not yet reached sobriety, his experiences, his hopes and his strength. There is no shut down for those who fall two, three or a dozen times and years of sobriety go by.

All of the world's major religions are synthesized in this way as to support the program, explained one

member at Water Park's A.A. office. "A.A. is a way of life." He added that one must admit the sobriety he has.

But we are in the trap of alcoholism and so divorced from other people that we self-concept is the similar to that of being a leper. How can you tell someone about a blindness when they have never experienced it?" he asked.

At some time during the daily, weekly or weekly meetings of the thousands of chapters of Alcoholics Anonymous or Al-Anon family groups held around the world, the "serenity prayer," in itself, it serves as an inspiration to alcoholics and their families in meditation. It brings fresh to their minds that they can recover from

their illnesses only with the help of God or their "Higher Power" as they know him.

The four-line prayer, some say, was composed by St. Francis of Assisi:

Grant me not the serenity  
To accept the things I cannot change.  
Courage to change the things I can.  
And wisdom to know the difference.

The study of 12 steps is essential to progress in the A.A. program. The principles they embody are universal, applicable to everyone, whatever his personal creed. It is the Fellowship of A.A. and Al-Anon, the numbers strive for an ever-deeper understanding of the steps and pray for the wisdom to apply the steps to their lives.

The authors:  
"We admitted we were powerless over alcohol—that was the first step."  
2. We came to believe that a Power greater than ourselves could restore us to sanity.

See GROUPS Page 3A

## Funding O.K'd For Mini-Mall

**By Diane Petryk  
Herald Staff Writer**

The Seminole County Port Authority today will hear that funding for the proposed third Mini-Mall project should be more than a year while interest rates are high.

The interest rate the port authority is being offered now, 12 1/2 percent, said port administrator Dennis Delinger. The 12 1/2 percent rate is higher than the eight percent industrial and warehousing tenants. The lower interest rate will allow the authority to set competitive rental rates.

Delinger said the 1 1/2 percent rate is the lowest rate currently offered as recently as January, it is expected to provide a cash flow for the port of \$200,000 a year with expenses projected at \$100,000 and income at \$45,000 annually.

Mini-Mall III will be identical to Mini-Mall II except for an additional 25 feet in length, Delinger said.

The port's Mini-Malls are designed to generate income for port maintenance and to fulfill a public need. Eventually, the income could be turned back into Seminole County's general fund. The county has previously supported the port from property taxes since its start 12 years ago. This is the first year the port has not needed that support.

But money from Mini-Mall rental income may not be needed to improve 120-acre port's drainage system because any money can be returned to the port to set competitive rentals. "We're in the black but we are not broke," Delinger said.

They don't have a lot of cash reserves. "The third Mini-Mall will have 10,000 square feet and be rented in blocks of 2,000 square feet. It will cost approximately \$200,000 to build."

Delinger said the mini-malls bring jobs to the area. All that remains before reconstruction can begin on the third mall is obtaining various county, building and site permits. He said these should pass no problem and be completed by August 1.

Prospects for tenants are good, he added. "A work doesn't go by that we don't get prospective tenants," he said. "We've been turning them away and have been all year."

The authority is also expected to appoint a committee to study the feasibility of a large parking garage to supplement the county commission building. The authority is to submit the county commission building.



Joan DeBaka of Lake County slips regularly at the artesian well west of U.S. Highway

## Artesian Wells: To Plug Or Not To Plug

**By Donna Estes  
Herald Staff Writer**

A future priority for the St. Johns River Water Management District is the plugging of artesian wells in the 19-county district to save the community which is becoming more and more precious as the area grows.

But if one artesian well in Seminole County ever goes high on that future priority list, the water district will have a fight on its hands, not only from the hundreds of people who collect plastic bottles full of the water on a regular basis because of its magnesium-sulfate content which they believe is healthful, but also from one member of a county artesian well.

As closely as can be determined, the artesian well west of U.S. Highway 17-92 just north of Longwood and south of General Hatchison Parkway has been a favorite water-collecting place since 1928.

Former County Commissioner Bob French says his mother remembers the well, which constantly bubbles its contents under streams through a rusty metal pipe along U.S. 17-92, since the days in the early 1930s when he traveled to Sanford daily to go to work.

At almost any time of the day on any day of the

17-92 roadway between Longwood and Lake Park to collect water in plastic containers.

Photo by Tommy Vincent

week people can be seen filling their plastic jugs at the artesian well.

French, a well-driller by trade and a member of the county's well-drillers board, said only a minute amount of water flows from the well.

If the water management district is thinking of capping wells off, French said he and the well-drillers board can show them 150 artesian wells in the county, which are flowing and wasting 200 to 300 gallons of water a minute.

"Of the U.S. 17-92 well, he said, "That little outlet is serving a purpose. I don't see any reason to plug it."

French, a native of Seminole County and founder of the southern water, said he personally wouldn't drink it if it was piped to his house.

"If the district wants to plug some artesian wells, we will be glad to show them where they are," he said.

W. Hugh Garver, director of water resources for the water management district, first made it clear that the district would not be capping wells.

"I don't see any reason to plug them if they are in good shape," he said. "We were back concerned about artesian wells in Florida. A bond hearing for Williams is scheduled for today in U.S. District Court in Orlando."

## Sixth Charged In Record Drug Case

**By Michael Deha  
Herald Staff Writer**

A Georgia man faces a five-year sentence in the continued investigation of drug trafficking in Central Florida. Robert F. Williams, 44, a Homosassa, Fla., car salesman, was arrested Monday after he was secretly indicted last week by a special federal grand jury on charges that he was involved in handling 320 pounds of cocaine.

A spokesman from the Drug Enforcement Agency said more arrests are expected in the case.

Five people were arrested by DEA agents last week as part of what is being called the largest drug ring in

Central Florida history. Agents seized more than 57 pounds of cocaine in the drug arrests which were made in Longwood, Sanford, Altamonte Springs and DeLand.

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## At Housing Authority Woman Charges Sex Bias

**By Donna Estes  
Herald Staff Writer**

Linda Williams, director of management of the Surfside Housing Authority, has filed sex discrimination charges with a state and a federal agency against her employer, charging sex discrimination.

Williams filed her charges with the Florida Commission on Human Relations and the U.S. Equal Employment Opportunity Commission, as asserting that the authority did not appoint her as permanent executive director because of her sex.

Mrs. Williams served in the dual role of interim executive director as well as director of management for the authority for more than a year, from August 1981 until she was appointed permanent director in October 1982.

She was one of the finalists for the job, losing out to Smith. Over the 11 years of employment with the authority, she has been social services director, deputy director of housing services, director of management and interim executive director.

When Smith Williams was appointed to the dual role, her salary was raised from \$11,500 to \$20,000.

Williams said she was appointed as permanent director. Mrs. Williams' salary was cut back to \$10,000 annually, but she stayed on as her job as management director.

She declined comment today on her contract.

Smith said today that Mrs. Williams' March 9 complaint to the U.S. Equal Employment Opportunity Commission on Thursday's 7:30 p.m. hearing on the Surfside Housing Authority sex-discrimination charge was one of the issues raised will be by the commission itself, themselves or other business.

Mrs. Williams specifically cited Title VII of the Civil Rights Act of 1964 and the Equal Pay Act. She also cited the Florida Equal Pay Act and the Florida Civil Rights Act. She also cited the Florida Civil Rights Act and the Florida Equal Pay Act.

Mrs. Williams said she doesn't expect any action on Mrs. Williams' complaint by the authority until the commissioners are contacted by the federal or state agency.

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## Woman Killed In Fall From Fourth Floor

**By Jane Casselberry  
Herald Staff Writer**

Mrs. Leigh Barker, 52, of Towers, died Monday morning when she fell from the window of her fourth floor apartment on the west side of the building to the concrete pavement below.

"We are calling it an accidental death," said Sanford Police Detective Bill Hadden. "The window goes down closed to her and there was no screen and she apparently just fell through the open window. She was wearing a nightgown, robe and slippers at the time of the accident."

According to Dr. G.V. Gray, county medical examiner, Ms. Barker died from a fractured skull and a brain hemorrhage. He said he pronounced her dead at 8:20 a.m., but the fall occurred about 9 a.m. Monday.

Ms. Barker's brother, who lives at another Brant Towers residence who was talking a walk.

Ms. Barker had only been living in Brant Towers since March 11, but had lived in Sanford for about a year. A

farmer feature writer for the Evening Herald, she was working in the curriculum development department at Seminole Community College at the time of her death.

Ms. Patricia Tucker of Englewood, sister of the victim, said she talked with her Thursday night and learned of her death. She said she was in a hospital in Orlando.

She said her sister was apparently going to San Francisco to make a report on her work. "We were back concerned about artesian wells in Florida. A bond hearing for Williams is scheduled for today in U.S. District Court in Orlando."

Her father, the Rev. Royal Tucker, was a retired Episcopal clergyman, who began a mission church in Englewood after moving there. Both her parents are buried in Englewood and that is where services and burial will be, her sister said. The Rev. David's Episcopal Church, which her father founded, will officiate.

Survivors include two other sisters in addition to Julie and Patricia, a former writer for Time Magazine, Tina Baker and her husband, a newspaper columnist, who formerly wrote for the Today newspaper and now lives in North Carolina, and Lani Wertenbacher Fletcher of Nelson, N.H., another writer and playwright.

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# Drug Trafficking Law's Changed

IN BRIEF

## Temik Ban Extended For Rest Of The Year

TALLAHASSEE (UPI) — The Legislature has extended the temporary ban on the use of temik as a pesticide for the remainder of the year. The ban, which was originally set to expire on March 31, was extended until the end of the fiscal year, which ends on September 30. The ban was extended because of concerns over the pesticide's safety to humans and the environment.

Meanwhile, an emergency rule passed earlier in January required Miami, Dade and other agricultural counties to report the use of temik to the state's Department of Agriculture. The rule also requires that the pesticide be used in accordance with the manufacturer's instructions.

In fact, the Governor, Charles F. Brannan, had previously prohibited the use of temik in all counties. However, the Legislature has now allowed its use in agricultural counties under certain conditions.

Temik is a powerful insecticide that is used to control pests in citrus groves and other agricultural areas. It is also used in some residential areas for termite control.

## Tank Checks Proposed

ORLANDO (UPI) — Under a proposal to be presented to the Environmental Regulation Commission this week, underground fuel tanks would be inspected annually to help protect Florida's ground water supplies.

Currently, no government agency makes regular inspections of such officials said. The proposal also would require construction practices, underground storage tanks, and chemical storage tanks, said St. Petersburg Mayor Thomas Howe, who is presenting the plan.

Leaky gas tanks have been the target of state and federal officials. The Department of Environmental Regulation still has a long way to go to bring its level of effectiveness to a new tanking water supply last year.

## Health Vegets Upgraded

TALLAHASSEE (UPI) — A joint resolution of the Florida Legislature would upgrade the state's public health workers, two Florida legislators said.

The bill would raise the minimum requirements for public health workers. It also would increase the salary scale for public health professionals.

The representatives of Central Florida and South Florida will offer the bill, which was introduced by Rep. James B. ...

By Robert McClure  
TALLAHASSEE (UPI) — The lawyer of a man convicted of drug trafficking has filed the Florida Supreme Court Monday that if the state narcotics-lawing law is thrown out as he is asking, it could be the first of every state law passed in the last 100 years.

Orlando attorney Richard Rhodes argued that the high court should throw out the law because it is unconstitutional. He argued that the law is unconstitutional because it is retroactive and because it is ex post facto.

House clerk Allan Morris, who keeps House records, has said that if Kaufman's conviction is reversed it could lead to chaos because many bills' titles were not read three times. The Florida Senate said in a brief filed in a similar case that Florida's lawbooks would become "scrap paper" if arguments like Kaufman's are successful.

Kaufman's case was dismissed by Orange County Circuit Judge James S. Byrd. This judge in Fort Pierce and Seville County have handed down similar rulings.

The challenges are based on the 1968 revisions of the Florida constitution, which said a bill's title must be read three times. Previously, the entire bill had to be read three times. Debate on a bill is usually limited to the bill's reading.

## Childers Adjusts To Descent

TALLAHASSEE (UPI) — A year ago, he was Senate president for two days, but he is now a member of the Senate's lowest ranks. Childers said he has adjusted to his new position.

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# Judicial Qualification Public Meetings Not All Public Yet

TALLAHASSEE (UPI) — The Legislature should wait until next year to decide whether to open to the public all meetings and records of state judicial qualifications committees, a House panel has decided.

Members of the House Judiciary Committee on open government passed a bill (PCB 28) on the committee's records, and meetings. But voted Monday to ask the Judiciary Committee not to take up the measure this year.

Instead, subcommittee members planned to look into the matter after this year's legislative session ends and before the 1984 session begins.

The judicial commissions hear complaints against judges by attorneys, public officials and other citizens. One commission rules for each judicial circuit in the state. Some judges have opposed their proceedings, while others utilize exemptions in the state's open meetings and public records laws to keep the commissions secret.

Representatives of the qualifications commissions approved the bill passed Monday, saying each commission should be able to decide on openness for itself.

Rep. Bob Johnson, R-Baroness, had said the commission "is not open to the public. The commission does not specify which title it is to be read out."

The subcommittee, which was formed to review all exemptions to Florida's open meetings and public records laws, also approved a bill Monday that would make complaints against police officers public after the officers' superior investigate.

The measure (PCB 81) was amended to make its language match that of the Criminal Justice Standards and Training Commission, which decides whether to discipline police officers accused of wrongdoing.

As amended, the bill would make the complaints public once local police officials have investigated and decided if there is enough evidence to refer the case to the standards commission.

The complaints would become public even if an officer's superior decides there is not enough evidence to pursue the case.

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# Groups Teach Steps To New Life

Continued From Page 1A

3. We made a decision to turn our will and our lives over to the will of God as we understood them.

4. We made a searching and fervent moral inventory of ourselves.

5. We admitted to God, to ourselves and to another human being the exact nature of our shortcomings.

6. We were entirely ready to have God remove all these defects of character.

7. We humbly submitted to have our shortcomings known to all who were present.

8. We made a list of all persons we had harmed and we wished to make amends to them all.

9. We made direct amends to such people whenever possible except where to do so would injure them or others.

10. We continued to take personal inventory and when we were wrong, promptly admitted it.

11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us in every present moment.

12. Having had a spiritual awakening as the result of these steps, we tried to carry their message to alcoholics and to practice these principles in all our affairs.

The 12th step used by the AA-Anon family groups is slightly different from A.A. Anon's 12th step as follows: Having had a spiritual awakening as the result of these steps, we tried to carry their message to alcoholics and to practice these principles in all our affairs.

Millions of people all over the world are so affected by the alcoholism of a loved one that their lives are changed—changed so much that they become as sick by the alcoholism of a loved one as if they themselves were alcoholics.

Rather than helping the alcoholic get well—to stop drinking—their self-accusing attitude helps assure that the alcoholic will never stop drinking.

Although the families of alcoholics begin meeting to discuss their problems soon after 1953, A.A. was founded in 1935 and its message is fundamentally unaltered.

The AA-Anon program assists the friends and families of alcoholics with the problems of their loved ones. Generally the family and friends of an alcoholic are frustrated from being unable to encourage or help their loved one to stop drinking. In AA-Anon they learn that only the alcoholic can decide when he will quit drinking and that only he can help himself to stop drinking.

They learn to love themselves and cure themselves of character defects to survive. Sometimes that means learning severely to discipline the problem and sometimes it means separation from the loved one.

AA-Anon applies the same principles as AA, and adopted the 12 steps and 12 traditions with slight revisions. They are used by over 17,000 AA-Anon family groups in United States and 75 other countries.

Almost every AA chapter has a companion AA-Anon group.

AA-Anon is an informal structure, no governing officers or rules or regulations. Although AA-Anon is not affiliated with A.A., it is not connected closely with it. The only requirement for membership in AA-Anon is that one be a friend or relative with the problem of an alcoholic.

There is no fee for the program in any country. After a time members of both groups no longer need anonymity for themselves. They lose the shame connected with the illness and the stigma of society practiced outside their organizations for the sake of others who need help. And those persons who are not interested in meetings are kept in the strictest confidence by us.

It is necessary to protect the self suffering alcoholic so he won't be brought up to public ridicule, a member said.

Each AA chapter and each AA-Anon family group are self-supporting through their own contributions. They accept no money from the outside.

The area AA office maintained by members is located in (Telephone: One man's battle).



Winter Park. Those who need help may call the office, 647-3333.

In the three counties of Seminole, Orange and Osceola there are 120 AA, meetings held weekly. Some groups meet once a week, while others hold meetings several times a week.

Some AA members recommend that a new person to the program begin by attending during his first 90 days. "If after 90 days he finds that A.A. is not for him, he can go back to his old ways with all the misery he left behind when he came here," an AA member said.

A.A. was founded by two men in the early 1930s—Bill Wilson, a New York stockbroker, and Dr. Bob, a South Carolina physician. Convinced they were afflicted with the disease of alcoholism, they searched for a way to cure themselves.

They met in Ohio in November 1933 and made the founding of A.A. a joint effort. Wilson and Dr. Bob by that time had both been sober for a year.

Wilson in Newark, N.J., began the effort to write the book "Alcoholics Anonymous: A Way Of Life." Dr. Bob affectionately in the fellowship today as the "Big Book." It is set out the road to sobriety as Wilson envisioned it and it is used today much in the same form as it was written more than 40 years ago.

Basically, Wilson's idea was that as long as one is alcoholic is working with another alcoholic to get well he can maintain sobriety. The fellowship practices sharing experience, strength and hope, and most importantly practicing the "12 steps."

The "big book" emphasizes common recovery experiences, sets forth a statement of principles and guidelines and tells personal recovery stories.

The fact that both men suffered from alcoholism is not mentioned in the book. After the big book was printed in 1939 and the decision was made to place a sales price of \$3.50 on each copy. Wilson suggested he printed on a thick paper possible so that it would withstand wear.

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Monday, April 19, 1978—4A
Wynne D. O'Bye, Publisher
The Orlando Sentinel
Robert Lovensky, Advertising and Circulation Director

Mexico Has No Claim To Islands

There are eight islands that lie off the Southern Mexican coast, displaying their greenery at this time of year like emeralds on a necklace.
And about once every five years, some group in Mexico points out through the news media that it seeks to snatch that necklace away, that the islands legally belong to Mexico.

These groups take this island because the Treaty of Guadalupe signed between Mexico and the United States in 1848, is not precise on the matter. The treaty ceded much of the Southwest to the United States, extending the border to a midline track along the coast—but it does not mention the offshore islands.

Mexico has never formally raised the issue of regaining the islands, but there have been informal attempts from time to time. From 1944 to 1948, various Mexican commissions looked into the claim, and in 1970 Mexico Foreign Secretary Antonio Carrillo Flores declared the islands were Mexican flag.

Two years later, a Mexican-American group of Brown Berets sailed to Avalon, the principal community on Santa Catalina, and raised the Mexican flag.
Catalina attracts thousands of visitors each year and is a haven for yachtsmen and fishermen from all over the world.

The largest island, Santa Cruz, also is a haven for small boats and has been dedicated as a part of the Santa Catalina National Monument. Along with Santa Barbara and Anacapa, San Miguel and Santa Rosa islands, San Clemente is visited by the sea as a resort range and there is a midline tracking station on San Miguel.

We hope the matter never comes to the point of a formal demand by Mexico. The islands are a vital part of the state of California and our nation. Our possession for 135 years without formal challenge should decide the matter.

Soviet Spies Ousted

Perhaps the Soviet KGB thought that because French President Mitterrand is a socialist he was a spy.
The Soviets were wrong. Mitterrand is a socialist in economics and has two communists in his Cabinet.

But he is a staunch supporter of the West and of political freedom.
When French security officials handed Mitterrand a dossier showing Soviet espionage agents and stealing French high-technology secrets and spying on the military, he expelled 47 Soviet officials, charging them with espionage.

With their families, the group leaving Paris numbered about 150. We believe it was the largest group of Soviet citizens ever expelled from the West in one operation.

The French government accused the Soviets of being "engaged in a systematic search on French territory for technological and scientific information, particularly in the military area." The Soviet Embassy in Paris both denied the charges.

Mitterrand is concerned about Europe turning neutralist in the face of the Soviet nuclear threat. He refused to counterbalance Soviet espionage in his country given the lie to those who believed Mitterrand would be Moscow's man in Western Europe.

BERRY'S WORLD

The West is a pluralistic community of countries with freedom to choose their political and economic orientation.
The Soviets should send observers to see French democracy at work, not spies to steal its high-tech secrets.

AROUND THE CLOCK
It seems like this is the time of year when folks, especially the younger generation, are motivated to get out and exert themselves for one cause or another, most of which are related to some disease or health problem.
The Sanford Jewish Agency recently had a walkathon for the Florida Cancer Institute and the Florida Audubon Society had its annual Canoe-In.

WASHINGTON WORLD

Absurd, But It's Not Funny

WASHINGTON (UPI)—As associate news hawks eye never-ending political absurdity points out that there is a movement to appoint a bipartisan bipartisan committee to find a solution to the Medicare financing crisis.
This, of course, comes from the success of the committee that worked out a short-range financing plan for Social Security, and on first sight it might appear to be a reasonable idea.
As our colleague says, "I've got a better idea. Instead of appointing bipartisan groups to solve these problems one at a time, why don't you set up a system by which the various sections of the country can select a representative for each problem, and solve all our national problems. We wouldn't need a large group, 500 or so ought to do it."

NEW YORK (INEA)—The latest fad in the fast-moving world of television news is to outfit Soviet commentators.
American network with an office in Moscow seems to have its own party Russian speaking excellent program, which is ready, at the drop of a hat, to charge into America's airwaves and treat us to a little speaking of communist propaganda on a nuclear freeze, or whatever.

There is something about this that sticks in most Americans' crawls. It isn't easy on any precisely what it is.
Doesn't we believe in free speech? Don't even the Russians have a right to say their side of these complicated issues?
At a minimum, aren't we better off knowing what the Soviets think, than not knowing? And if it is objected that the last thing a Soviet spokesman would tell us is what his government really thinks, does anybody suggest that American television viewers should smart to get into through his lies, or should caution against not to swallow them?

These are good questions, but there doesn't seem to be any reason why they don't really address quite everything that's going on here. The principal motive of the networks in parading these bovine Russians in front of us is to make us aware of the existence of learning what the Soviet government is thinking, or even what he's peddling abroad.
Well, that's a noble motive. It's merely value, — something not far different from the kick we get when Phil Donahue brings on one of his so-called guests. There is a certain usefulness in doing his act — especially if he does it reasonably well, both of course he does. But then, plenty of people would say ticks to watch a rape. If one were advertised in advance.

So, if special committees are going to supplement Congress, which costs us \$100 million a year, why not a billion a year, maybe we should abolish it, rent the problem is that many of these "temporary" agencies are still around, even when the problems they were created to solve are long gone.

And that is the potential danger. If Congress has become nothing more than a debating society and the basic reason that direct our national life must be made by people with no responsibility to the citizenry, the fundamental of our system of self-government has been changed without our consent.

It seems like this is the time of year when folks, especially the younger generation, are motivated to get out and exert themselves for one cause or another, most of which are related to some disease or health problem.
The Sanford Jewish Agency recently had a walkathon for the Florida Cancer Institute and the Florida Audubon Society had its annual Canoe-In.

Unusually, events for walkers and cyclists include a bike-a-thon and walk-a-thon. St. Jude's Children's Hospital in Memphis will benefit from a bike-a-thon this Saturday at the Sanford Airport. The event will benefit from sponsors and volunteers are needed. Each rider (age 12) needs sponsors at \$10 cents per mile. For more information call 322-4225.

The 30 kilometer "Walk-America Series" for March of Dimes will take place Saturday starting from the Central Florida Fairgrounds in Winter. Walkers, joggers, 50, Orlando, registration

available at area schools, Sponsor forms are available at area schools, Burger King, and 7-11's. Walkers will benefit from the Florida Federation of Greater Orlando is sponsoring a community walkathon and game entertainment to mark Israel's 35th Independence Day at the Jewish Community Center, 85 N. Mainland Ave., Maitland. The walkathon will begin at 8 a.m. with joggers and walkers following at 11:15 a.m. with a drinkwater for participants and youths under the age of 9. The Florida State Agency will benefit from pledges from sponsors. The main route is 16 kilometers with seven checkpoints depicting the state's major economic development as a nation. The game outdoor program, "Slam Salute to Israel" featuring 11:15 a.m. with a drinkwater for participants call 645-5933.

If you are one of those who only exert themselves once a year, here are some helpful tips for your isolate prepared by the Central Florida Jewish Community Center:
— Do walk barefoot!
— Wear well-powdered, clean, dry cotton or high-top sneakers.
— If a foot problem occurs, seek assistance at your medical professional.

After the foot problem is treated and soaks, allow your feet a rubdown with alcohol and relax with your feet elevated.
— Do not consume heavy foods prior to the walk.
— Wear adequate hand cover — be well-equipped with a changeable for weather conditions.

The Indiana Club is sponsoring a picnic Saturday, April 24, at 1:30 p.m. at Blue Springs State Park. The picnic will include a covered picnic meal and all flowers are welcome. Those attending should bring their own lawn chairs. For more information, call 754-2610 or 321-0510.

ROBERT WALTERS
The High Cost of Politics
The trend toward longer presidential campaigns forced all six active Democratic contenders to begin organizing their efforts no later than last autumn — two years prior to the 1984 general election. Indeed, former Vice President Walter F. Mondale already has been campaigning for more than a year.
In a concurrent development, the process of selecting delegates to the party's national convention has become increasingly frenzied because of the outcome of the contest itself: their priorities and caucuses to the earliest possible date.

THE SOVIET SPOKESMAN

proclaims its allegiance to a self-serving ethical relativism, does not do it. To him, the Soviet Union is a tabula rasa, depending solely on whether it serves the cause of communism. When he appears, however, on an American program based on a quite different assumption, namely, that truth and justice are objective, independent of its convenience to the communist cause, he is automatically polluting the well of civilized discourse.

Of course, most Americans realize this, and discount Soviet statements accordingly. Let's assume, generally, that all of us do that we are, in fact, individually and as a nation, quite incapable of being fooled by the unscrupulous Soviet slave being pushed at us by NBC, ABC, and CBS. That does not, unfortunately, guarantee an end to all the anticivilian appearances on our "news" news program spectacles.

It is not easy to see how we can "get" to our "progress," so in spite, are bound by the ordinary rules of hospitality. It is psychologically impossible to second such status to a person who is so obviously and so generally hold him at arms length — treat him as the moral and intellectual pariah he is in an effort to give you an American network in 1958, interviewing some of the most celebrated spokesmen of Dr. Gerberich's Reich Propaganda Ministry.

What right, Dr. Vogel, does Germany have to invade Czechoslovakia?
I've got your dear ear, we are not invading Czechoslovakia. We are simply entering the communist bloc. The Germans for incision of their homeland territories in the Greater German Reich.

And how do you justify Germany's penetration of the Jews?
What prevented the Jews? The only people in German papers are those who are in the communist bloc. How can we help if it many of them are Jews?

When you do think American audiences would have put up with such a travesty of free speech? Yet at the same time, we have the designated spokesmen of a regime that brutalizes the people, that has a long and bloody indulges in chemical warfare and bullies the world — and even pursues on our own continents.

Primary and caucus dates have not yet been firmly fixed in all of the states. At present, the dates are: Alabama, Florida, Georgia, Mississippi, Minnesota, Washington, Oklahoma, and Alaska.
Mondale can be selecting delegates on the same day as the New Hampshire primary.

As a result, serious aspirants must begin organizing their campaign as soon as most if not all of those states will be the prospect of any payoff for almost a year.

Senior officials in the various Democratic campaign organizations generally agree that it will cost at least \$1 million to pay their ongoing administrative expenses. The United States has the most of the costs incurred in individual states.

As the news preempt courses will cost each candidate an additional \$1 million to \$2 million. That's also the estimated price of the New Hampshire primary.

ARMY DENIES FEAR OF SOVIET NUCLEAR FIRST STRIKE

WASHINGTON (AP)—For years, American presidents have assured the world that the United States would never launch a nuclear first strike against the Soviet Union. The chilling truth is that no more of the time, those assurances were given. U.S. strategic planners have had just such an option.
Now, one first strike option — with all its horrifying consequences — is being reconsidered at the top levels of government. The MX missile program, recommending a reduced deployment of the controversial missile, is an important first step in the abandonment of a first-strike option.
The Pentagon administration is being deeply committed to the MX. The reason for this determination, despite the public protest it continues to register, was made clear at a closed briefing before the Senate Armed Services Committee. The MX missile, strategists believe the MX is the best deterrent to a nuclear first strike by the Soviets.
A transcript of the secret session reveals that in 1974, when advanced development of the MX missile program began, "It was estimated that the MX missile would be ready for intercontinental ballistic missile silos by the year 1980." But the transcript also reveals that the MX missile and community estimated that "the Soviets could destroy all but 200 of our silos by the year 1980, or even the first three or five years." So the Pentagon pushed with increasing alarms for the MX missile.

mission has proposed, the Soviet missile array would not be as seriously threatened. In other words, the commission reports that the MX missile would be a first-strike option.
The MX missile can kill MX missiles in the Pentagon that can be heard only in their top-secret memoranda of consultation. The MX missile and other secret Pentagon and intelligence reports have been reviewed by my friend, Ron McKel, US, and Dan Varna. The MX might not be the weapon most suited to such proposed mission as targeting the Soviet missile array. The MX missile would be a first-strike option. The MX missile would be a first-strike option. The MX missile would be a first-strike option.

One memo dated March 3, noting that the MX missile is a nuclear power. "The MX might not be the weapon most suited to such proposed mission as targeting the Soviet missile array. The MX missile would be a first-strike option. The MX missile would be a first-strike option. The MX missile would be a first-strike option."

Another is the anti-nuclear movement. As the Soviet Union develops its nuclear power — can only increase as long as the U.S. is perceived to be building weapons — the Soviet Union will develop its nuclear power. The MX missile would be a first-strike option. The MX missile would be a first-strike option. The MX missile would be a first-strike option.



"Harry Goodrich: the computer software code by the 64 high-tech panels."

# George Wallace Has A Favorite Son Candidate?



Herald Photo by Steven Vincent

## A First

Dr. Wayne Joiner shows guests some of the new radiation treatment equipment during Sunday's open house of the Radiation Therapy Clinic of Central Florida, 201 Mangrove Avenue, San-

ford, behind Central Florida Regional Hospital. The facility is the first of its kind in Seminole County. Heretofore, local cancer patients had to go to Orlando for treatment.

**By Beale Ford**  
MONTGOMERY, Ala. (UPI) — Running for president appears to have had the same stimulating effect on George Wallace that liquor has on an alcoholic, and it's hard for him to stay on the wagon.

It's a man who ran for president four times and nearly lost his life in his third attempt. Wallace has every right to be hurried out and totally disinterested in the 1984 presidential race.

But the governor still doubts that he might be involved in the presidential sweepstakes next year.

He sent word in reporters during one of his recent hospitalizations in Montgomery that maybe he should send an "advance crew" to New Hampshire to test the water after a syndicated columnist speculated that he could substitute the 1984 race.

Wallace also cranked when he returned from his most recent hospital stay in Birmingham that he had been "checked out" for the presidential primaries.

It would be difficult to believe that Wallace would seriously consider running for president again, but the temptation must be there or he

would not still be harboring the thoughts.

Democratic hopefuls Walter Mondale, John Glenn and Reubin Askew made certain that they paid heavy courtney calls on Wallace on their early swings through the state.

They said they did not expect Wallace to endorse any one of them or any other presidential candidate at this time, because Alabama's primary doesn't come off until March 13, 1984.

Nevertheless, chatting with Mondale, Glenn and Askew must have stirred Wallace's adrenalin. Nowing because they are running for the office he spent years trying to win.

Wallace, 63, could run in Alabama's presidential primary as a favorite son and require his role as a power broker. That might be a temptation he could not resist.

Billy Joe Camp, Wallace's press secretary, is reluctant to talk about presidential politics as far as his boss is concerned. He wants to give the impression that Wallace's only interest is finding ways to solve the state's serious economic problems.

Camp won't rule in or out the possibility that Wallace might offer

himself as a favorite son candidate in March 1984.

"Before he made any decision of this nature he would want to make certain it would be of a material benefit to the state of Alabama," Camp said. "It's not something he's dwelling on."

Wallace has been gracious to the presidential hopefuls who have visited him. Camp said, and no major significance should be attached to their meetings. "He's appreciated the visits from all the outsiders," he said, and that's it.

Some of Wallace's critics, including former state Insurance Director Taylor Hardin, credited Glenn when he visited Alabama, but Camp said Wallace never expressed a preference at this time, if at all.

Wallace critics charged in the 1970s that the governor spent too much time hunting for president and let the state's problems go unattended.

The governor countered that he was simply a spokesman for the people of Alabama and if they did not want him to run they would say so to him. They didn't and he didn't.

# Last WW II Liberty Ship Stays On As Memorial

**SAN FRANCISCO (UPI)** — The last of the Liberty ships that formed America's "Bridges to Victory" in World War II has been turned into a national memorial by a crew of volunteers, many of them veteran submariners who dodged torpedoes and bombs on narrow-sea war-torn seas.

The veteran of the normally invasion was pulled out of Northampton 33 years in the reserve fleet. Following extensive work, the 443-foot vessel sailed out of nearby Vallejo under its own power in 1975.

Today the O'Brien is open to visitors and even takes cruises on San Francisco Bay, including big ones in May when the crews of the Golden Gate for seminars honoring those who died at

sea.

"The ship's about 95 per cent restored," says John Paul, a retired merchant marine captain who works aboard the O'Brien as a boatwelder.

"Among other things, we have the barrels for 11 anti-aircraft guns but need other parts for them," said Paul, who survived the U-boat sinking of the Liberty ship *Itasca* along on one of his

many World War II voyages.

It's hard to know where to begin in telling the story of the squat ships dubbed "raggy ducklings" by President Franklin D. Roosevelt when they were shown the first blueprints.

But if the story had to be summed up in one word it would be "sternness." The Service destinations for so many ships and men that never came back.

# Ex-Big, Fat Cripple Now Marathoner

**SALT LAKE CITY (UPI)** — Fifteen months ago, George Snell weighed 300 pounds, couldn't walk and was 200 pounds lighter, sober and a marathon runner.

It was New Year's Day 1982 when Snell decided to change his life. He made three resolutions that day: open a new transmission shop in suburban Sandy, lose 200 pounds, and finish a marathon.

He stopped drinking, got a loan and began construction on the new shop and, when he began jogging, the weight rolled off "like you wouldn't believe."

He reached his third goal last August. He finished a marathon.

It wasn't easy.

"After nine miles my knee popped out and I had to lie down by the side of the road. The paramedics came by, but I told them I had to finish. I had to do it myself," he said.

Snell finished the marathon in a "lousy five hours and 40 minutes. But I had to walk the last part with my bum knee."

"I'm training for the marathon in Salt Lake City this July," he said. "I'd do a much better time then. I also still need to lose another 30 pounds or so."

Snell said he decided to make some significant changes when he was drinking with some friends New Year's Eve. He said he tipped the bottle and said, "This may be the last drink."

The next day he bought a journal to record the differences in his life.

Snell found he had diabetes when he woke up one January morning and couldn't see. It was his second shocking discovery in less than a month. Christmas Day saw a picture of himself without a shirt on.

"You know, fat people don't look fat to themselves in a mirror," he said. "This I didn't believe. That picture and saw that fat sucker, I couldn't believe it."

Snell started walking around the block near the end of January. A couple of weeks later he was able to "walk-jog" for three miles. Then, on Feb. 19, he got his first "runner's high."

"I got home and was talking fast. I wanted to go out and run some more. I wanted to go to work. I really got hyped," he said.

Soon after that, Snell began getting up and running at night. "I'd pick up a couple of friends to go running in the morning, and they wouldn't even know I had already run all night," he said.

By the time Snell decided to run the St. George Marathon, he was down to 210 pounds. He said he knew he could run the race after he and some friends ran about 20 miles up the canyon east of Salt Lake City to Brighton Ski Resort.

As Snell was training for the marathon, he tore an Achilles tendon and had to have it just cut out. "But I got some foot pads and tied them to the bottom of my cast and kept on running."

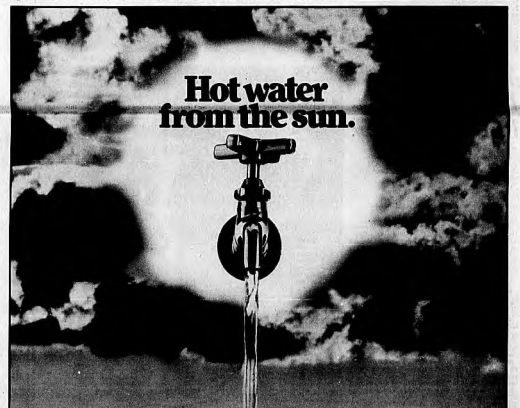
While Snell's knee popped during the marathon, he said, "I had to get up and finish. If I didn't finish that marathon I wouldn't be here today. If I didn't finish that race, I'd die. I'd be in a wheelchair, and I'd be fat and good and didn't make it."

Snell said after he stopped drinking and started running, his physical problems began to go away.

"My crawling came back, my blood pressure came down. It was good to sprain on my back because I broke a couple of vertebrae in a motorcycle accident a couple of years ago. I don't need the operation now. My blood sugar level was 484 when I started this. It's 67 now."

He said his diabetes completely cleared up last summer, but the biggest thrill was when his doctor changed his weight classification.

"I'd go in there and the doctor would note how much heavier I was, but he would still classify me as obese. I fold him the day he could call me something other than obese. It would be the greatest thrill of my life. I'm one that's obese — weight classification — normal. Day was that a thrill."



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# Death Toll Now 31 In Terrorist Bombing

BEIRUT, Lebanon (UPI) — Workers dug through rubble for victims of a bomb blast that devastated the U.S. Embassy in Beirut today, leaving 31 people today, pushing to 31 the death toll in the terrorist attack.

The formerly uninvolved groups also claimed responsibility today for the attack, and day after extremists U.S. officials linked the attack to the Lebanese Hezbollah which claimed responsibility.

Lebanese civil defense workers searching through the night for victims of the explosion found the bodies of two mutilated bodies of a man and a woman under some debris, bringing to 31 the total number of deaths.

At least 105 others, injured in the explosion at the U.S. Embassy in west Beirut, were taken Monday to the American University Hospital.

"There are more bodies," said a Lebanese, civil defense, worker of the embassy, "we're sure they'll find the bodies of concrete and twisted metal in search of people survivors — but three likely bodies crushed under the debris.

ria, waited outside the devastated building for news of missing friends and relatives.

"I told him not to go to work," screamed a middle-aged woman whose husband was listed among the many killed in the blast-oddled waterfront embassy. "It was if he would not have had to go to work. Where is he now?"

A little-known extremist group, the Islamic Struggle Organization, first claimed responsibility for the explosion that blew off the front of the eight-story embassy building, the consular section, and sent concrete floors crashing down on employees.

The group, previously unknown groups — the "Arab Socialist Unionists" and "the Organization for Vengeance for the Martyrs of Salina and Chahid" — also claimed responsibility today.

Salina and Chahid are the two Palestinian martyrs mentioned in west Beirut Lebanese Christian Day Sept. 1978 slaughter hundreds of civilians.

Breite's Christian Phalanx Radio said the attack on the American Embassy was a suicide mission by a man

who drove into the compound in a pickup truck carrying more than 300 pounds of explosive.

Identification of the dead was incomplete.

Officials at the American University Hospital in west Beirut released the names of only 12 of the dead, identifying three as American diplomats.

In Washington, Assistant Secretary of State Lawrence Eagleburger said Monday at least 800 Americans died in the blast, two foreign service officers, two members of the Office of Military Cooperation on temporary duty, and the two aid (Agency for International Development) employees.

The army identified the two slain soldiers as Sgt. 1st Class Richard West, 36, of Salford, England, and Staff Sgt. Ben H. Maxwell, 26, of Appomattox, Va. The army said a third soldier, Staff Sgt. Mark E. Salazar, 30, of San Gabriel, Calif., was missing and believed dead.

"The three soldiers, in Beirut on a training mission, had served at Fort Hood Army base near Kilger, Texas. U.S. officials in the Lebanese capital said today only one of the Embassy's 11

U.S. Marine guards was killed.

"The other 10 have been accounted for," said a Marine official, dismounting an earlier report by a hospital official that six Marines were killed.

President Reagan condemned the bombing as "vicious and cowardly" but insisted the United States peace settlement in the Middle East was not comprehensive. Middle East peace settlement.

U.S. Ambassador Robert Dillon left reporters be he had preparing to go out for a luncheon in Japan "all day" but got out through a blown-out window in the Reagan's special Middle East envoy.

Philip Hault and Morris Dreyer, were no in the embassy at the time of the blast. The Islamic group that took responsibility for the explosion says it is opposed to U.S. "occupation forces" — a reference to the 1,200 Marines serving in Beirut in a military mission, press briefing.

U.S. Marine officials also blamed the group, which they described as followers of Khartouf, for a hand grenade attack that injured five Marines last month.

## IN BRIEF

### Warsaw On Collision Course With Authorities

WARSAW, Poland (UPI) — Authorities summoned Lech Walesa, Poland's most popular leader, to return today for an apparent bid to end renewed involvement with the Solidarity union and black-and-white cooperation with foreign reporters.

Walesa was intercepted by police Monday when he tried to travel from the northern port city of Gdansk to Warsaw for ceremonies honoring the victims of the Jewish uprising against the Nazis at the Warsaw ghetto 40 years ago.

The 30-year-old leader of the "Solidarity" trade union—was held for 10 hours, and released after a three-hour bid of interrogation in eight days.

In a solemn and emotional service, Warsaw's lone synagogue was rededicated for a small congregation Monday following lengthy renovations. Jewish leaders from around the world honored the near-destruction of the building.

### Vietnamese Battle Rebels

BANGOR, Thailand (UPI) — Vietnamese forces pounded Cambodian rebels with heavy artillery today in a bid to bring military pressure to bear on the largest rebel army along the Thai-Cambodian border, intelligence sources said.

Peaking, the Chinese news agency Xinhua today reported Chinese kept up military pressure for a third straight day Monday along the Sino-Vietnamese frontier.

Western diplomats in Peking said they believe the fighting at the Sino-Vietnamese frontier is an attempt by Peking to put additional pressure on the Vietnamese during the recent session of the Cambodian peace talks.

The Xinhua report said four Vietnamese troops who crossed into China were ambushed and killed Sunday. A fifth escaped, the agency said.

### Rebels Down Plane

MANAGUA, Nicaragua (UPI) — Anti-government Nicaraguans rebels claimed in a radio broadcast they shot down a Sandinista air force plane piloted by a Cuban military officer and killed 133 soldiers in ground fighting.

The rebels, in a broadcast Monday on the radio, said they shot down a Sandinista air force plane carrying a Cuban military officer and 133 soldiers northeast of Managua near the Honduran border.

The rebels claim to have 2,000 men fighting the Sandinista regime in northern Nicaragua.

## Israel Opens New West Bank Settlement Despite Protests

NAHAL BRACHA, Israel-occupied West Bank (UPI) — Israel defended a major settlement near Jerusalem today, saying it was necessary to prevent a confrontation between settlers and their Palestinian neighbors.

The choice of the nation's 30th Independent Regional Council, which will grade the military outpost of Nahal Bracha into a civilian Jewish settlement, was announced by the cabinet Monday.

The Labor Party and the Peace Now movement, which oppose the government settlement policy, said the move would be harmful to peace with the Arabs.

"We want to leave the option open to settle with the Arabs of the West Bank," said Yehoshua Mandelblat, 26, of Kiribbat Mizlaha, in the Western Galilee. "We would like to share the country with them if we can."

As driving rain and hail lashed the settlement site and the opposition Labor Party and the Peace Now protesters gathered at the newly announced settlement policy, a harmful to peace with the Arabs.

soldiers, their pouches dripping wet, kept the two groups apart. There were no incidents.

There was one case of the West Bank settler who was captured from Jordan in 1967 and in the last six years the settlements have increased by 100 percent.

The Peace Now demonstrators charged the Nahal Bracha settlement was another step toward annexation of the West Bank and the absorption of its 700,000 Palestinians, moves they say would control the area as a Jewish state.

"We want Israel as a Jewish state," said Giora Him, 26, of the Peace Now. "If we incorporate the West Bank... you just can't throw the Arabs out if you make them Jewish citizens. It will no longer be a Jewish state in 30 years."

West Bank, denied the Peace Now protesters and scolded at their march settlement.



Members sign off their wishes with settlement policy

## Lake Mary To Debate Lot Split, Mobile Home

An appeal of a city Board of Adjustment decision and a request for a variance in the subdivision regulations will be heard by the Lake Mary City Commission on May 7, 3:30 p.m. meeting Thursday.

The meeting will be held at City Hall, 158 N. Jackson Club Road.

Cherlie Shiner is asking the commission to overrule the city's Board of Adjustment and grant her permission to keep a mobile home on her property at 223 W. Lake Mary Road.

And Carol Schoolcraft is requesting a variance to the subdivision regulations to allow the splitting of her 80,000-square foot lot at 310 Grandville Road into two lots. The city's planning and zoning commission turned down the request. A major site of contention is whether Mrs. Schoolcraft owns an easement on the property which she claims.

Her property is zoned for industrial use and requires a minimum lot size of 40,000 square feet. City Manager Paul Kubes said. If she owns the easement, there is enough space to split the property into two standard lots. If she does not own the easement, she will not be able to split the lot.

The commission previously turned down the request.

Mrs. Schoolcraft is seeking a variance to the literal interpretation of the subdivision regulations which require that various improvements be made if a parcel is subdivided. These requirements include paving, drainage, sidewalks and other improvements.

Nearby property owners are objecting to the request.

—Diana Ester

## Concern Birth Control Pills Increase Risk Of Heart Attack

BOSTON (UPI) — Government doctors are questioning women against taking birth control pills high in the hormone progesterone because they said it increases blood cholesterol levels and the risk of heart attacks and strokes.

Women taking oral contraceptives high in estrogen and non-estrogen women who take estrogen pills had lower blood levels of harmful cholesterol and higher levels of a type of cholesterol that protects against heart disease, the report said.

"This study confirms previous work that shows contraceptives have one set of effects that can be regarded as beneficial, while progesterone may have adverse effects on cholesterol," said Dr. David Rifkin of the National Institutes of Health in Bethesda, Md.

The results were consistent with previous studies that found women

had "significantly lower" levels of high-density lipoprotein (HDL), cholesterol that is believed to protect against heart disease by carrying the fatty deposits out of the system.

"This hormone preparation [HDL] levels and decrease HDL levels cause the most concern," the researchers said.

The study also found significantly higher levels of low-density lipoprotein (LDL), cholesterol in young, young and old, who were taking estrogen pills.

Rifkin said previous studies have found that post-menopausal women who did not take estrogen had a 40 percent higher death rate than women who did take estrogen pills.

Birth control pills are the most popular non-surgical form of contraceptive, used by as many as 65 million women worldwide.

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## AREA DEATHS

BRUNO F. ZINER, 77, of 153 Tolkay Trail, died Sunday at Florida Hospital, Altamonte Springs. Burial Monday at Forest Hill.

Survivors include two daughters, Mrs. Mary E. Ziner, of Winter Springs, and Mrs. Jean Tweed of Winter Springs. He was a retired dayman and was ex of Fort Lauderdale; seven grandchildren; four great-grandchildren.

Baldwin-Fairchild Funeral Home, Altamonte Springs, in charge of arrangements.

HAZEL L. SMITH, 67, of 152 Peninsula Drive, Forest City, died Sunday at Florida Hospital, Altamonte Springs. Burial Monday at Forest Hill.

Survivors include a daughter, Mildred C. Smith, of Forest City; a sister, Marcia Gooden of Forest City; three grandchildren.

Berman Baldwin-Fairchild Funeral Home, Altamonte Springs, is in charge of arrangements.

52, of 271 Mastland Ave., died Sunday at her son's home in Sanford. Burial Monday at Forest Hill.

Survivors include two daughters, Janet Rippe and Joan Rippe; a son, Albus of Houston; a daughter, Sandra Sherritt of Ray; a son, Michael of Sanford; and four grandchildren.

Survived by three daughters, Janet Rippe and Joan Rippe; a son, Albus of Houston; a daughter, Sandra Sherritt of Ray; a son, Michael of Sanford; and four grandchildren.

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## Evening Herald

SERVING SEMINOLE COUNTY



# PEOPLE

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**Concert Finale**  
Seminar Mutual Concert Association ended the 1982-83 season with Sally and Jack Jenkins of Tampa presenting the best of Gerubwin. Following the concert, SMCA patrons were honored at a reception in the lake Mary High School

auditorium foyer. In left photo, Sally and Jack sing autographs for SMCA members at the reception and Frida Tvee and James Thurman. Right photo, admire art on display at the reception.

## In And Around Longwood

# Student Competes In Pageant

There is plenty of excitement around the home of Longwood residents Ben and Karen Kinn, Caneport. Their daughter, Kim, has recently been selected to compete in the 1983 Miss T.E.N. Pageant to be held at the Thrift Hotel in Orlando the weekend of Aug. 18-21.

Kim received a flyer stating that her name had been submitted to the state officials of the Miss T.E.N. pageant, and was asked to fill out a form if she was interested in competing. After some serious consideration, Kim completed the form.

Kim fits all the requirements. She is a delightful 16-year-old, with a B average and is currently doing volunteer work at the Monte Star School for the Retarded.

Since this is a scholarship pageant, Kim will be judged on scholastic achievement, volunteer service, formal presentation, interview and her choice of either speech or talent.

She is presently a member of the Bishop Moore High School Drama Club and is a vocalist and guitar player. Also while Kim attended Holy Cross Catholic School in Altamont, N.J., she was an active member of the school's Spirit Club.

Kim is currently a member of the Future Secretary Association, where she is club

secretary and enjoys skiing, theater, tennis and playing law. Kim has two grandmothers, Mr. and Mrs. Benjamin Caneport of Orlando, McKeon Machinery, Mr. and Mrs. Germain Rogers of Longwood, Food River Truck, Inc. and Mr. and Mrs. Michael Burgon of Longwood.

Another Longwood beauty has recently been honored by her peers. Adriana Bourassa, was recently crowned Miss Lake Mary during a beauty pageant held at Lake Mary High School.

Centrists were chosen by their classmates, from homecomings, and the school's low sets and athletic clubs.

Adriana, whose hobbies include art and dancing is a member of the school's Lake Mary Marinettes and Revytors, and does volunteer



**Karen Warner**

## Audubon Society Sets Field Trip

Seminole Chapter of Florida Audubon Society plans a field trip to Wekiva Springs State Park Thursday, April 23. Those planning to go are asked to meet at the Florida Power and Light Co. Sanitor, at 8:30 a.m., or go directly to the park.

Members are asked to bring a lunch, field glasses and mosquito repellent, according to Grace Frazier, chairman of the Wekiva trip.

This chapter serves Southwestern Volusia County as well as Seminole County.

For information, call George Friend, president.

## Mom Can't Read To Kids If She Doesn't Know How

**DEAR ABBY:** Thank you for urging parents to read to their very young children in an effort to inspire them to learn to read for themselves.

However, one of the reasons some parents don't read to their children is because they themselves can't read! Today in the United States there are over 23 million adults who can't read well enough to read a children's bedtime story, or read the notes that come from school, to read a medicine label. These illiterate adults will be taught to read.

Literacy Volunteers of America, Inc. (LVA) trains volunteers to teach adults who can't read. LVA currently has 12,000 students to read. Both numbers continue to grow, and we hope that one day we will be a totally literacy society. Please pass this along.



**Joan McCallip**  
DIRECTOR OF FIELD SERVICES

**DEAR MR. McCALLIP:** Thank you for writing. I heard something today, that you wrote to say that the literacy center was founded in Syracuse, N.Y., in 1962 to combat the problem of illiteracy in the United States and Canada. Its primary premise is that well-trained volunteers can be effective tutors of children and adults. This has been enormously successful, and continues to grow.

For more information, please send a long, stamped, self-addressed envelope to LVA, 404 Oak St., Syracuse, N.Y. 13203.

**DEAR ABBY:** Here's some good news for you. Tell the librarian at Winter Park, Fla., who wrote to say that children don't read anymore, that there is in Olympia, Wash. the public library is so popular that you can barely get out the parking lot.

It might be because of the many services offered. It might be the rocking chairs. It might even be the plants or the

**Dear Abby**

stone sculpture of others that the children "pet" — but the message in that place is to bypass the TV and video-tape.

I'm not sure whether the community is to be congratulated for the library or the city, but it's a wonderful spectacle, and I offer it as an encouragement to other towns that wish their children to read. It can't be taught.

**DEAR ABBY:** Our son is in his late 20s. He'll call him "Lesler." He's a fine young man and has always known that he was adopted, but he never speaks of it. We asked him in a few years ago if he had any desire to know his biological parents and he said, "No. You are the only parents I want to know because I was conceived, I was born, I grew up and I love that Lesler should tell his lineage, particularly because he grew up in a small town not far from here where everyone there knows that we adopted him when he was a small child."

Many of our friends and relatives from that small town come here to shop and visit, and I worry that Lesler's lineage might hear the truth and become desecrated. What should we do?

**DEAR FATHER:** Try to persuade your son to tell his lineage that he was adopted and tell him (as you told me) why he shouldn't know.

If he refuses, he will have to handle the consequences.

## TONIGHT'S TV

- TUESDAY**
  - 8:00
    - (17) MOVIE: "On The Threshold" (CBS) (Reel Time)
    - (18) TALK SHOW: "The Barbara Walters, Virginia Lee"
  - 8:30
    - (19) MOVIE: "S.W. 14th Street" (ABC)
    - (20) TV ACTION: A 30-minute action-adventure series. Hosted by a TV host and featuring a variety of well-known actors.
    - (21) ANTHONY BROWNE: A report on the author's life and work.
    - (22) JERRY DOUGLAS: A biography of the actor.
    - (23) MOVIE: "The Untouchables" (CBS)
    - (24) MOVIE: "The Untouchables" (CBS)
    - (25) MOVIE: "The Untouchables" (CBS)
    - (26) MOVIE: "The Untouchables" (CBS)
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    - (28) MOVIE: "The Untouchables" (CBS)
    - (29) MOVIE: "The Untouchables" (CBS)
    - (30) MOVIE: "The Untouchables" (CBS)
  - 9:00
    - (31) MOVIE: "The Untouchables" (CBS)
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- WEDNESDAY**
  - MOVING
    - 6:00
      - (61) MOVIE: "The Untouchables" (CBS)
      - (62) MOVIE: "The Untouchables" (CBS)
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      - (119) MOVIE: "The Untouchables" (CBS)
      - (120) MOVIE: "The Untouchables" (CBS)

### FAMILY DAY SPECIAL

**ALL DAY WEDNESDAY**

**Try Our Famous 3 Piece Dinner!**

# \$2.19

3 pieces of golden brown Famous Recipe Fried Chicken, mashed potatoes and gravy, creamy coleslaw and fresh fruit. No substitutions.

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**PH. 323-0953**  
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 Why Rent When You Can Buy?  
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 FOR ESTIMATE-NO OBLIGATION  
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 HOME INSURANCE.  
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 ALL WORK GUARANTEED  
 1 DAY SERVICE  
 SENIOR CITIZENS 10% DISCOUNT

The New 1983 Varieties Have Arrived  
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 FRUIT TREES IN BLOOM  
 FIG • APPLE • PLUM  
 PEACH • BLUE BERRY  
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 Present Coupon At One Of Our  
**DOMESTIC TRANSMISSION**  
**TELL SERVICE AUTO REPAIR CENTER**  
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 SHIRT CARDS AND TRUCKS. FURNISH OR INVESTIGATE. WE'LL APPEAL. DON'T TAKE US FOR GRANTED. WE'LL GET OTHER CREDITORS TO HELP YOU.  
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**888** Includes Oil, Transmission Fluid & New Filter  
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**776 N. Hwy. 17-92 Casselberry**  
 New Hours Mon.-Fri. 8 AM-5:30 PM Sat. 8 AM-3 PM

**Business Review**  
 Prepared by Advertising Dept. of  
**Evening Herald**  
**Herald Advertiser**  
**Call 322-2611 Now!**  
**PULL YOUR BUSINESS ON THE MOVE**  
 ADVERTISING ADVERTISING ADVERTISING



Inferior decorator Connie Hunter in new Armstrong Carpet Studio at Thornhill Interiors, Etc.

**Total Service Provided By Thornhill's Interiors**

Thornhill Interiors, Etc., of Longwood, a total service store, has been appointed an authorized Armstrong Carpet Studio. Carpet Studios, a new concept in merchandising, offer the latest in consumer information, complete product selection, and modern displays that closely simulate home lighting.  
 Large samples of carpet are displayed in a way that shoppers can view them all at a glance. The samples are easy to remove and replace from the displays for comparison shopping.  
 Sales personnel at Thornhill's are trained by Armstrong to give reliable advice to customers on decorative performance and maintenance features of Armstrong carpet.  
 Located at Building 708, Suite K, in Longwood Business Center on State Road 434, Thornhill's also carries a number of other major brands and has a complete vinyl department offering floor-covering for kitchens or bath, as well as ceramic tile and wood department.  
 Connie Hunter is an interior decorator on the staff and manager of the wallpaper and drapery departments. She has completed a drapery seminar with Carole Fabrics to bring her customers the latest and most innovative ideas in drapery and upholstery.  
 She has a background in everything Thornhill's carries and has many years experience in both the retail and wholesale sides of the industry.  
 Thornhill's also has a number of special order items available for custom order furniture customers to choose from. Among them are Hickory Fry and Cal-Syle. "Check with us before you special

order somewhere else," says Nancy.  
 Nancy also designs and builds bedroom sets on the customer's orders.  
 She purchased the business in October, 1981, and has been personally involved in different phases of interior decorating for more than 11 years. She has an extensive background in art, drafting and architecture.  
 "I will be happy to work with the customer on an existing home or new construction, within the confines of their budget," says Nancy. "In commercial offices we will do custom designed floor covering, draperies, wall covering and furniture. All of our cabinet men, wallpaper hangers, carpet mechanics and tile mechanics are professionals. We only use quality helpers and products. We only do a quality job."  
 A one-stop center for home decorations, Thornhill's also offers an in-home cleaning service for drapery, carpet and upholstery.  
 The store is open Monday through Friday from 9 a.m. to 5 p.m., Saturday, 9 a.m. to 1 p.m., and evenings by appointment only. If you prefer to shop at home, a designer will come to your residence. For an appointment, call 830-4386.

**ENJOY GRAPEFRUIT FROM FLORIDA**

**The Pampered Look**  
 BEAUTY SALON  
 ON  
**MOTHER'S DAY SPECIALS**  
 LAMIAH PEARL SHAMPOO & SET  
 For \$18.00 **\$25.00** For \$15.00  
**323-7536**  
 Zayve Plaza Sanford

**HEARING TESTS SET FOR SANFORD/ CASSELBERRY AREA**  
 Electronic hearing tests will be given free at the Orange Hearing Aid Center, 2231 So. Orlando Dr., Sanford, Fla. 321-7400. The center is open 10:30 a.m. thru 10:00 p.m. Monday through Friday. Tests will be given to all who are 18 years of age or older. The National Hearing Aid Society will be in charge of the tests.  
 Persons who have trouble hearing or understanding what is said to be in a room will be given a hearing test and a free electronic equipment if determined to be in particular need.  
 Persons should have a hearing test at least once a year if they are 65 years of age or older. A hearing test is free if you have been told nothing and you are in need of a hearing aid. Also the latest methods of hearing tests.

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**IN OUR FIGHT AGAINST BIRTH DEFECTS**  
**MARCH OF DIMES**

**Jim Lash's Blue Book Cars**  
**RENT A CAR \$9.99**  
 WITH THIS COUPON  
**Lube Oil & Filter**  
**\$13.95**  
 EXPIRES 4-28-83  
**Blue Book Service Center**  
 4114 Hwy. 17-92 - Between Sanford & Longwood  
**321-0741** APPOINTMENT **830-6488**  
 Mon. - Fri. 8 AM - 5:30 PM Sat. 8 AM - 1 PM

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 HEARD DISCOUNT DRUGS  
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# Business Review

Call 322-2611 Now!

• PUT YOUR BUSINESS ON THE MOVE •

Prepared by Advertising Dept. of Evening Herald and Herald Advertiser



Garold Page, owner of Page Enterprises Tele-Communications, is puffing his years of experience to work for his customers.

## For Telephone Systems Call Page Enterprises

Although Page Enterprises Telecommunications of Lake Mary may be new to the telephone industry, the owner and operator Garold Page is not. Page worked for Southern Bell Telephone and Telegraph Co. for more than 30 years and has worked on communications from Alaska to Arabia.

Twice retired, Page says he opened his telecommunications business eight months ago "in self-defense" after so many came to him for help with their telephone systems. "I didn't have to look for business, it came to me," he added, "and I'm still doing what I have been doing most of my life, except now it is my own business."

Page Enterprises Tele-Communications sells, installs and maintains complete telephone systems from midsize switchboards including electronic switchboards to single line residential telephone systems. This includes business electronic telephone systems.

Page and his experienced personnel also pre-wire houses and office buildings under construction for telephone systems. It is factory certified to service equipment made by the larger companies including ITT, Com-Dial, Miles, and Sirenberg-Carlson. Page returned last week from Boca Raton, where he attended Miami's school on electronic switchboards. "I guarantee and maintain every item I install," said Page.

Installation and maintenance supervisor for Page is Norman Lawler, who also has more than 30 years experience with Southern Bell.

Page Enterprises serves the greater Sanford area from Deltona to Casselberry.

If you are interested in updating your outdated telephone system or installing the latest telecommunications equipment, Page will be glad to come to your home or office to consult with you and give you a free estimate of the cost. For information or an appointment call 322-2611.

Page said the advantage to owning your own telephone equipment is that for the rental fees you would pay in 2 1/2 to 3 years you could purchase your equipment and own it outright. Then you are free to move it or sell it as you wish, he added. Page keeps up-to-date with all the new items being added to the telephone industry each year. "Some of the features they have now, I wouldn't have dreamed of years ago when I started," he said.

"Most of my sales have been by referrals," said Page, "my references verify the confidence my existing customers have. My first customer recommended seven people and of those I sold six."

Page worked on the early warning system in Alaska in the late 50's and in 1961, he left Southern Bell to go to Arabia, where he supervised installation and served as liaison between an Arabian company and the Royal Saudi Air Force for a year.

"When I moved to the Sanford area in 1972 it was by choice, not chance," he explained. "The city of Sanford and I have something in common—both our birthdays are on Sept. 29." As a member of the Telephone Pioneers of America, Page has been active in many community projects, such as the Golden Age Games.

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MACTAVISH DISCOUNT CARPET

Ph. 322-4494

207 MAHONIA AVE. SANFORD

**The Mare's Nest**

Gift Shop and Doll Hospital

FEATURING

**APRIL CLASSES**

IN CANDE WICKING, BASIC STENCILING AND CHICKEN SCRATCH

CALL FOR SCHEDULES AND INFORMATION FOR 10 AM REV. LOCATION

228 West Weynon Ave. Longwood, FL

NOV. 15 AM. 10 AM TO 6 PM. SAT. 882-6246

**FREE SPINAL EXAMINATION**

Large Signs of Pineda Blvd. 1001 Florida 1001 Florida 1001 Florida 1001 Florida

**SANFORD PAIN CONTROL CLINIC**

1011 S. Florida Ave. Sanford, Fla. 32779

ALL Insurance Companies Accepted With Pre-Approval

322-5763

Vegetables and Annuals

**59¢** per plant

**COUNTRY CLUB NURSERY and GARDEN CENTER**

2732 Country Club Rd., Sanford

(904) 321-1161

LOTS FROM \$105 per sq. ft.

**OWN FOR LESS THAN RENT**

COMPARE THESE FEATURES:

- TRAILER CITY WATER & SEWER INCLUDED
- LARGE POOL, BATH, 4 BDR., CLUB HOUSE
- NEW IMPROVED LAUNDRY FACILITIES
- LIMITED LOTS AVAILABLE

5847 LANFORD, 1 MI. E. OF I-95

NOV. 18 AM. 10 AM TO 5 PM. 322-6246

**STANLEY STEEMER**

The carpet cleaning company women recommend.

**SPECIAL** Free Estimate \$249

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Authorized Stanley Franchise

**Call Today!**

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After hours call 281, 1983

OUR carpet steamer is the only one available that is your own carpet steamer. It is yours and not completely serviced. We train. At NO CHARGE to you.

ascamera Shaking Up The Industry

By ANNIE LEWIS

ROCHESTER, N.Y. (UPI) — Eastman Kodak Co.'s "Instamatic" disc camera has taken the weekend snapshot world by storm and sent competitors scrambling to get into the picture.

Since its introduction a year ago, Kodak's four-model disc line has become the fastest development in the amateur camera business since the Instamatic in 1972 made picture-taking a virtual joke.

Now it's even easier, Kodak says, with the fail-safe disc making for better pictures in locations and situations that used to be inaccessible to the novice.

Eight million of the pocket-size cameras were sold in 1982, an 80% increase over the latest twist on George Eastman's prophetic slogan of a century ago: "You press the button, we do the rest."

Several other cameras have come out with their own version of the camera or disc film, but Kodak is by far and away the leader in the market, photography professionals say.

"They control the industry now, because they introduced the system," said Bill Clark, a reporter for the trade newspaper Photo Weekly.

And although Minolta Camera Co., Fuji Photo Film Co. and other manufacturers have introduced their own disc equipment, Kodak isn't too worried about the competition.

In fact, instead of cutting into Kodak's profits, the other versions of the disc are helping to put the company further in the lead. They are designed to use Kodak film, the company's biggest profit grabber.

"Help to make it so that more cameras that are sold, the more film people will need to buy," said Kodak spokesman Henry Kasak. "We want to see more discs on the market."

Kodak will even license its patent and provide technical information to "responsible" manufacturers, said another Kodak spokesman, Theodory Elliott.

It's no more fluke that Kodak got such a jump on its competitors in introducing the highly successful disc market. The company spends \$100 million a year on research and development, Elliott said.

Although that amount is not spent solely on the disc, it has produced the biggest return so far as of Kodak's cameras, with twice as many sales as the pocket Instamatic line, some 40 million as many as the first Instamatic a decade ago.

"The customer doesn't care about the technological advances," Elliott said. "Consumers just want an easy way to take good pictures, and they can do that with the disc."

For all the hoopla it caused, the film disc itself appears fairly unremarkable. It drops into the back of the camera and fits only one way, ensuring the label "disc" points. Once the film is loaded, the photographer needs only to choose a subject in the viewfinder and press the shutter release.

It sounds simple, but a lot of technology went into making it easy for the consumer, said Brad Faustin, a project coordinator.

**CALENDAR**

**TUESDAY, APRIL 19**

Sanford Civic Club, 8 p.m., program and dinner, Welby's Sanford Place.

Sanford-Holly Hill Chamber of Commerce, 8 p.m., off U.S. Highway 17-92 on Lake Minnie Road, Sanford, closed.

Overseers Anonymous, open, 7:30 p.m., Florida Power & Light, 201 N. Myrtle Ave., Sanford, Community Band Concert, 7:30 p.m., Sanford Community College Fine Arts Building concert hall, Fort Polk, public.

**WEDNESDAY, APRIL 20**

Evelyn Sigma Chapter, 10:30 a.m., 122 S. Central Blvd., Sanford.

Sanford Kiwanis Club, noon, Sanford Civic Center.

Sanford Serenades Senior Citizens Dinner, 2:30 p.m., Sanford Civic Center, Sanford Avenue and Seminoles Boulevard.

West Volusia Stamp Club, 2 p.m., Lake Murray Hall, 1100 W. Colonial Ave., University Avenue, Orange City.

Sanford Ensemble Concert, 12:30 p.m., Sanford Community College Amphitheater. Free to the public.

Sanford A.A., 1:30 W. First St., Sanford, 8 p.m., open.

Sanford Chapter of Florida Audubon field trip to Wekiwa Springs State Park. Meet in parking lot of Florida Power & Light, North Myrtle Avenue, Sanford, 8:30 a.m. go directly to state park. Bring lunch, field glasses and binoculars.

Lake Mary Rotary Club, 8 a.m., Lake Mary High School.

Water Springs Setters, 7:30 a.m., Big Cypress.

Sanford Toastmasters, 7:15 a.m., Sanford Airport Restaurant.

Sanford AA Women's Group, 2 p.m., 1201 W. First St., Sanford.

Sanford-Seminole Jaycees, 8 p.m., Jaycee Building, Fifth Street and French Ave., Sanford.

Overseers Anonymous, open, 7:30 p.m., Community United Methodist Church, U.S. Highway 17-92, Casselberry.

**FRIDAY, APRIL 22**

Optimist Club of Sanford Seminoles, 7:30 a.m., Holiday Inn, Wyomee Road, Altamonte Springs.

1792 Group AA, 8 p.m., St. Richard's Lutheran Church, U.S. Highway 17-92, south of Dog Track Road, Casselberry.

Wekiwa AA (no smoking), 8 p.m., Wekiwa Presbyterian Church, State Road 434 at Wekiwa Road, closed.

Rolling Hills Methodist Church AA, 8 p.m., State Road 434, Longwood, closed.

Sanford AA (step), 8 p.m., 1201 W. First St., Sanford, Longwood AA, 8 p.m., St. Richard's Lutheran Church, Lake Howell Road.

**SATURDAY, APRIL 23**

Walk America, March of Dimes Superwalk, Orlando Florida Fairgrounds, West Colonial Drive, Central Florida, Registration 7 a.m. to 9 a.m. Sponsor forms available at Burger King and 7-11 stores.

Sanford AA Women's Group, 2 p.m., 1201 W. First St., Sanford.

Apogee Art and Culture Festival, 9 a.m. to 6 p.m., Apogee City Park, Arden Forest, 9 p.m., 1201 W. Highway 17-92 on Lake Minnie Road at lake nurseries.

**SUNDAY, APRIL 24**

Sanford Big Book AA, 7 a.m., Florida Power and Light building, Myrtle Avenue, Open discussion.

Seminole Highway House AA, 5 p.m., off U.S. Highway 17-92 on Lake Minnie Road at lake nurseries.

**MONDAY, APRIL 25**

Sanford Rotary Club luncheon, noon, Sanford Civic Center.

Mature Dating Service, 1 p.m., Deltona Plaza Library, 1601 Providence Boulevard, Deltona.

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SAND  
I WANT TO  
KNOW  
HOW TO  
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WATER

AND GIVE MY HEART TO NANCY

141—Homes For Sale

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**141—Homes For Sale**  
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153—Lots-Acreage/Sale

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24 HOUR  
481-3228

**161—Country Property / Sale**

217—Garage Sales

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1979 TOYOTA	\$2995	1979 TOYOTA	\$2995
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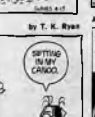
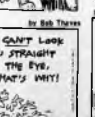
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**141—Homes For Sale**



# Folic Acid Vital In Cell Formation



**Dr. Lamb**

**DEAR DR. LAMB**—Can you help acid deficiencies and not have pernicious anemia? What causes a folic acid deficiency? How do you know if you are getting enough folic acid in your diet? You hear of people getting B-12 shots but not folic acid. I see that it is based on my vitamin B12 and wonder what is in for folic acid? I have had pernicious anemia, but I thought B-12 was for that. Can you enlighten me? **DEAR READER**—Folic acid—also called folacin or folate—shares many of the same actions with B-12, particularly in forming DNA, which is needed to create the nuclei of new body cells. A deficiency of B-12 or folic acid can prevent formation of nucleated white cells and prevent cell regeneration or cell production. Such deficiencies prevent the formation of red blood cells and that leads to an anemia.

Such anemias respond to both B-12 and folic acid. The problem is that folic acid cannot be substituted for B-12 in cell regeneration for all tissues. The cell integrity of the central nervous system may have B-12 and if there is not enough or if a B-12 deficiency is treated only with folic acid, some cells in the spinal cord degenerate, causing a crippling disease.

Folic acid is important to the digestive tract. A folic acid deficiency can cause digestive symptoms. Digestive disorders that cause problems in absorption may cause folic acid deficiencies, as can alcohol consumption which interferes with folic acid absorption.

The best vegetable sources are asparagus, broccoli, spinach

and lettuce. Since folic acid can be destroyed by cooking, those leafy vegetables—along with fresh fruits—are also a good source.

For you more information on the role of B-12 and folic acid, see the Health Letter #4, Vitamin B-12, Folic Acid, Pernicious Anemia. Others who want this issue can send 75 cents with a long, stamped, self-addressed envelope for 30 cents. Add to create the nuclei of new body cells. A deficiency of B-12 or folic acid can prevent formation of nucleated white cells and prevent cell regeneration or cell production. Such deficiencies prevent the formation of red blood cells and that leads to an anemia. This recent study claims to show that a vinegary wash can help to clear that it does not. Early studies have shown that a vinegary wash can help to clear that it does not. Early studies have shown that a vinegary wash can help to clear that it does not.

Answer to Previous Puzzle

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DOWN

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105	106	107	108	109	110	111	112	113	114	115	116	117	118	119	120	121	122	123	124	125	126	127	128	129	130	131	132
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## HOROSCOPE

**WHAT THE DAY WILL BRING...**

**YOUR BIRTHDAY APRIL 26, 1953**

Over the coming months you will be able to make important changes to correct conditions which have hampered your growth in the past. Your success potential increases as the obstacles are lifted.

**TAURUS (April 20-May 20)** Shifting situations lead to new developments. Treat your lack of Taurus predictions for the year ahead are now ready. Romance, earnings, luck, travel and much more are discussed. Send \$1 to Astro-Graph, Box 480, Radio City Station, N.Y. 10101. Be sure to state additional \$2 for the NEW Astro-Graph, Monthly horoscope wheel and booklet.

**GEMINI (May 21-May 20)** If you feel confident about your present plans and are in the need of cooperation from another, try to establish the alliance today.

**CANCER (June 21-July 22)** Forget previous pursuits today and focus your efforts on matters which could add to your income or enhance your material security.

**LEO (July 23-Aug. 22)** A business meeting will come off better today if it is conducted in a pleasant social atmosphere. Get away from ringing phones and noisy typewriters.

**VIRGO (Aug. 23-Sept. 22)** Conditions are favorable today in matters where your family shares a common interest. Let each do all he or she can to bring about desired results.

**LIBRA (Sept. 23-Oct. 23)** Although you may not be able to please everyone today, you should wish with persons who are most important to you.

**SCORPIO (Oct. 24-Nov. 22)** Don't underestimate the value of your work or services today. The fair about your price, both to your employer and yourself.

**SAGITTARIUS (Nov. 23-Dec. 21)** Don't be hesitant today to expand upon plans or projects which recently give indications that they are moving in the right direction.

**CAPRICORN (Dec. 22-Jan. 19)** It may be wise to act in the background today in a situation where another is bringing your best interests. Let him present to be sure.

**AQUARIUS (Jan. 20-Feb. 18)** Constructive arguments can be worked out today for matters requiring teamwork. Be sure each party is fully apprised of potential benefits.

**PISCES (Feb. 19-March 20)** Try to implement procedures today which will upgrade your standard of performance where your work is concerned. Quality will bring you recognition.

**ARIES (March 21-April 19)** Things should work out for you today in situations where your affections are involved. One who loves you will be an equally responsive mood.

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