



Coming Sunday: The Herald takes you on a colorful tour of Bike Week '96

Sanford Herald

88th Year, No. 144 - Sanford, Florida



Today: No rain is expected through Saturday. Drying potential will be moderate to high today and high on Saturday with 5 to 7 hours of sunshine today and 6 to 8 hours on Saturday.

For more weather, see Page 2A

TODAY

BRIEFS

Fraud charges

A home health service based in Georgia, with offices in Florida, including Central Florida, has been convicted of Medicare fraud. First American Health Care of Georgia, Inc., formerly known as ABC Home Health Services, Inc., was found guilty of defrauding the U.S. Department of Health and Human Services (HHS) of over \$1 million in Medicare program reimbursements.

Despite the convictions, the company is still operating offices in Georgia and Florida. Both ABC and First American Health Care are listed in the Central Florida phone book as having offices in Orlando and Kissimmee.

According to Dewey Price, spokesman for Health Care Financing Administration Operation Restore Trust, the company, along with its CEO Robert J. "Jack" Mills, and Chief Operating Officer Margie B. Mills, were convicted on 72 counts ranging from conspiracy, mail fraud, making false statements, obtaining illegal Medicare program kickbacks, witness tampering, and money laundering.

Price said evidence submitted at the trial showed that from approximately 1990 to 1994, the defendants executed a scheme to defraud HHS by submitting false, fraudulent and fictitious requests for reimbursement from the Medicare program.

The case was investigated by HHS special agents, the office of the Inspector General, and the Criminal Investigation Division of the Internal Revenue Service.

YMCA expansions

LAKE MARY — Employees from Time Warner will trade in their remote controls for rakes, shovels and garden tools this Saturday, to groom a seven-acre fitness trail in Lake Mary. The trail is one of the improvements the Central Florida YMCA is planning for their facilities.

Other improvements include the construction of a new state-of-the-art wellness center, an upgrade to the existing YMCA building, and the addition of 30 new exercise machines.

"The expansion project will allow the Seminole Family YMCA to be a leader in prevention and development programs for children and families," said Seminole Family YMCA Director Ed Thomas.

Airport meeting

SANFORD — The Sanford Airport Authority will hold a special meeting Tuesday, March 12, at the conclusion of the Strategic Planning Meeting, between 3 and 4 p.m., second floor of the A. Kay Shoemaker International Terminal Building.

Bike Safari

LONGWOOD — The 16th annual Florida Bicycle Safari has been scheduled for April 13 to 18. It will cover over 400 miles of cycling roads and is expected to attract cyclists from across the nation.

Each day, cyclists will average 60 to 75 miles. Safari vehicles will go along to carry luggage, campsites and medical support will be available.

Both three and six day trips are planned. Costs are \$125 and \$225. T-shirts and meals are included.

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Compiled from staff reports

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"We don't seem to be able to check crime, so why not legalize it and then tax it out of business."

-Will Rogers

Voters may control casino gambling

By NICK PFEIFAU
Herald Staff Writer

SANFORD — The Seminole County Commission Tuesday is expected to approve a proposal which would turn the question of

casino gambling in the county over to the voters.

On Feb. 13, the commission approved advertising for the ordinance. If approved, it is expected to be included on the November general election ballot in Seminole County.

On several occasions in the past the commission has discussed its opposition to casino gambling, as well as proposals to amend the Constitution of the State of Florida which might authorize such gambling activities. Now, the board has decided to

remove its objections on a state level, and concentrate on the local situation.

The current proposal to be discussed at Tuesday's meeting suggests an amendment to the Seminole County Home Rule. See Casino, Page 5A

Co-workers' concern is from the heart



Herald Photo by Tommy Vincent

Kelly Stubee goes about her job as zookeeper feeding the primates lunch.

Facing surgery, zookeeper buoyed by extended family

By VICKI DeSORMIER
Herald Senior Staff Writer

SANFORD — When you expend time and emotional energy together, like the zookeepers at the Central Florida Zoological Park do, you become more like family members than like co-workers.

Right now, one of the younger siblings in that close knit group is sick and her family is rallying to help her out.

Kelly Stubee, 25, is facing open heart surgery on March 30, followed by a minimum of two months of recuperation at home.

"That's two months without her salary," fellow zookeeper and assistant animal curator Bonnie Breithel said. "We want to do some-

thing to help her."

Their first plans call for a White Elephant Sale on Friday, March 16 and Saturday, March 17.

Though no pale pachyderms will be available for purchase at the event, the zookeepers hope to have plenty of quality items at good prices for those who are looking for a bargain and who want to help Kelly out at the same time.

Stubee has an Atrial Septal Defect (ASD), a congenital heart defect that is a hole between the two upper chambers of the heart. Though she has had the defect since birth, it has only caused her problems the last few months.

The strain of the blood being pumped

See Surgery, Page 5A

Beating for-hire

Second arrest made in attack on businessman

By NICK PFEIFAU
Herald Staff Writer

SANFORD — Sanford police Thursday arrested a second suspect in connection with a beating last fall.

James E. Gustafson, 75, was arrested at his auto repair business at 201 N. Maple Avenue in Sanford.

Charles Edward Dailey, 23, of Sanford, was arrested at that same location on Tuesday. Police said Dailey was reportedly involved in an altercation on February 22 at a business at 214 Palmto Avenue. They said Dailey reportedly attempted to strike James Dunn with a baseball bat, and threatened a worker with a firearm.

Dailey told police Gustafson hired him to attack Dunn. Police investigators say they suspected that Gustafson had offered to pay Dailey \$200 at first, and \$200 after the conclusion of the attack. Dailey however, is said to have told officers he did not receive the additional \$200.

Police Commander Dennis Whitmore said that Gustafson's arrest was accomplished through cooperation of Dailey. "Mr. Dailey called

See Arrest, Page 5A

Sanford bus service expands

By NICK PFEIFAU
Herald Staff Writer

SANFORD — The LYNX bus service, which serves Sanford and the surrounding area in addition to a great portion of Central Florida, has announced six new bus shelters to be built in Sanford.

According to Lynx Executive Director Paul Skoutelas, the locations have been selected based on need, using criteria reflecting the number and characteristics of LYNX customers using the site. Also considered were future expansion plans for the line, but no specific details were immediately revealed.

Skoutelas said a courtesy notification card will be mailed to residents and businesses near the location of each new shelter site, and signs will be posted at those locations.

The sites selected, some across the street from each other, were identified as on Mangoustine Avenue at the Central Florida Regional Hospital

See Bus, Page 5A

Sheriff's department honored for support of Youth Ranches

From staff reports

SANFORD — Seminole County Sheriff Don Estinger and the sheriff's department employees were recently presented with the 1995 Florida Sheriff's Youth Ranches Payroll Deduction Participation Plaque.

"This is simply another tremendous opportunity for our county to help support the lifesaving programs of the Youth Ranches," Estinger said. "We will continue to do our part to help the at-risk boys and girls of the Florida Sheriff's Youth Ranches."

"Sheriff Estinger and his staff should be so proud of the contribution they have made to our needy children," said Youth Ranches President C.T. O'Donnell II. "I look forward to their relentless

dedication and continued support."

The presentation was made recently during the 1996 Florida Sheriff's Association Midwinter Conference in Jacksonville.

The sheriff's department personnel do not support the Ranch through the usual payroll deduction method, common in other fund-raising projects. A spokesman in the sheriff's personnel department said employees are supplied with information relating to the ranch, often sent out with pay slips, but donations are made directly from individuals employees to the ranch and not through the department.

She added that the deputies and staff members are very active in supporting the ranch, including taking occasional vacations when deputies go to the ranches to spend

See Youth, Page 5A



Seminole County Sheriff Don Estinger, left, receives plaque from Youth Ranch Board of Directors Chairman Sheriff Lawrence Crow.

FLORIDA BRIEFS



Suicide on the Interstate

JACKSONVILLE — A 20-year-old Jacksonville man died after jumping into the path of a truck on Interstate 95, the Florida Highway Patrol said.

The death Thursday of Rene Leslie hasn't been officially ruled a suicide but "that's the way it looks," said Lt. Bill Leeper, a FHP spokesman.

After driving erratically around a United Parcel truck, Leslie crashed his car into a wooded area north of Jacksonville, Leeper said.

When witnesses stopped to check on him, Leslie ran in front of the truck driven by Thomas Emens, 54, of Flagler Beach, Leeper said.

Little voice brings big bucks

TALLAHASSEE — Listening to her "little voice," an Alabama woman has won big bucks.

Mary B. Cicchine of Daphne, Ala., claimed her half of Florida's March 2 \$6.98 million prize Thursday at lottery headquarters. Her \$3.48 million share will provide her 20 annual payments of \$174,000.

An artist who enjoys working with oils and watercolors, Cicchine made the 45-minute drive from her home to Pensacola to buy the ticket.

"Listen to your little voice," she said Wednesday when asked if she had any advice for Lotto players.

She matched the winning numbers: 01-08-07-09-20-32.

The other ticket, also sold in Pensacola, has yet to be claimed.

Saturday's Lotto jackpot is for an estimated \$7 million.

Bay Co. ends chain gangs

PANAMA CITY — Bay County's sheriff has recommended that an experiment in putting jail inmates to work in chain gangs be ended three months after it began.

Sheriff Guy Tunnell told County Manager Dan Duda in a letter that a \$150,000 spending cap on the one-year trial program doesn't give him enough money to run it properly.

"I do not feel that either continuation or expansion of the program is justified under our county's current financial condition," Tunnell wrote. "I am, therefore, recommending that the county seriously consider suspending the inmate work program as soon as possible."

County commissioners approved their experiment last October.

Chain gangs are being revived in some places as part of efforts to make prisons and jails so uncomfortable that inmates will go straight when they get out to avoid being sent back.

The spending cap, however, let Tunnell hire only five new guards, with only three working each day. That leaves only one guard for each chain gang while the third serves as a roving patrol, moving between the crews.

Fla. pilot killed in El Salvador

HURLBURT FIELD — A pilot from this Florida Panhandle base and two air force officers from El Salvador were killed in a plane crash in the Central American country, officials here said.

Air Force Capt. Mark T. Todd of Hurlburt's 6th Special Operations Squadron died in the crash Wednesday of a Salvadoran observation plane during a search-and-rescue training flight 25 miles southwest of the capital city, San Salvador.

The cause of the crash in a ravine near the town of Chiltopan remained under investigation Thursday. A U.S. Embassy spokesman said he doubted the plane had been shot down. El Salvador had been gripped by civil war during the 1980s but the fighting has largely ended.

Todd was flying as an observer aboard the Cessna O-2 Skymaster, a twin-engine aircraft that has one propeller in the nose and a second in the back between a twin-boom tail.

250 homes to be built in hazard zone

PENSACOLA, Fla. (AP) — Developers say they will build homes in an accident-potential zone near Pensacola Naval Air Station because Congress has rejected their plan to put a resort on adjacent Navy land.

As many as 350 of the 800 homes they are planning would be in the hazard zone. That property would have been used for a golf course if Congress had agreed to sell the developers an environmentally sensitive waterfront site for the proposed Laguna resort.

The Navy will not oppose the home construction as long as builders develop to Escambia County zoning laws the Navy helped develop for the area west of the air station, base spokeswoman Michelle Harrison said Wednesday.

A preliminary review of plans submitted by developers Dick Baker and Garrett Walton indicates they do conform with a density limit of three units per acre, said Escambia planning and zoning director Steve Pitkin.

From Associated Press reports

NEWS FROM THE REGION AND ACROSS THE STATE

Study: boater education protects environment more than regulations

By The Associated Press

GAINESVILLE — Florida's fragile coastal ecosystem can be better protected by educating boaters rather than regulating them, a University of Florida researcher found.

The eight-year study, released Thursday, determined that boaters care about the environment and respond well to campaigns to educate them about sensitive sea-grass beds and corals, said Gustavo Antonini, a professor at UF's Sea Grant College and the Institute

of Food and Agricultural Sciences.

"Boaters are free-spirited individuals. But because of the threat to that free-spirited lifestyle, boaters are beginning to come together, to see how they can deal with environmental issues from a boater's viewpoint," he said.

Antonini spent eight years studying whether boaters will change how they use waterways when they are informed about the impact their vessels have on the environment, such as anchorages.

"We found that, indeed, you can influence over half the boaters in how they anchor out," Antonini said.

With almost 1 million recreational boats using Florida's coastal waters, Antonini's research could have far-reaching impacts, said Marion Clarke, Sea Grant assistant dean.

"This non-regulatory approach to waterway and anchorage management is unique. It basically provides a guide for self-imposed regulation," Clarke said.

Regulatory approaches to keep

boats from anchoring in various locations left many boaters bewildered, because of different rules and regulations for various cities and counties.

Few cities and counties have the resources to enforce their anchorage regulations. But sea grass beds and corals in the most popular spots were getting torn up as anchors were dropped and pulled up.

"Boaters were anchoring in the wrong places and didn't know they were impacting grasses and corals."

Flipping out

When traffic on Orlando Drive (U.S. 17-92) came to a screeching halt in front of Stephen T. Mathis of Deltona Thursday afternoon, he tried to stop the bucket truck he drives for Bell South Telephones. When he applied the breaks, they locked up sending the truck into a counterclockwise spin before it ran off the road and overturned in the median. Mathis, 46, was not injured in the accident. No other vehicles were involved.

Herald Photo by Tommy Vincent



Five still missing after mid-air crash

By The Associated Press

FLAGLER BEACH — The fireball in the sky stunned fishermen on shore and brought out officials from four federal and state agencies.

Two small planes collided in mid-air Thursday and crashed into the sea about a mile offshore. The body of one man was found, and the search for five more was to continue at dawn today.

"Both planes sank," said Coast Guard Lt. George Eldredge. "There was some debris in the water, but there's nothing there now. Just some seat cushions out there now."

Three U.S. Navy helicopters, a Navy airplane, two Flagler County Sheriff's helicopters, Florida Marine Patrol and Coast Guard boats were scouring the area Thursday before high waves, tornado watches and winds of 45 to 60 knots ended the search for the night.

A man fishing off a pier at Flagler Beach reported seeing

the two planes collide around 12:30 p.m., about a mile offshore, Eldredge said. The weather then was good.

"There was large smoke then a puff of fire, then it went right down," John Calender, a fisherman, told Orlando television station WCPX-TV. "It looked a ball of flames."

Katie Ferris was tending bar at the Gold Lion, which faces the ocean.

"We were just taking care of people then two planes came head on," she told the station. "A lot of black smoke, a lot of flames. And in five seconds they were in the water."

Witness Dale Gruff put it this way: "It was like a scene out of the Second World War."

One of the aircraft was a single-engine Piper Cherokee carrying four people. The plane belonged to Duane Olsson, a graduate student in aeronautical engineering at Embry-Riddle Aeronautical University in Daytona Beach.

State Farm challenges state rate revocation

By The Associated Press

TALLAHASSEE — State Farm will seek a hearing to try to reverse the revocation of widespread residential and commercial rate increases.

Insurance Commissioner Bill Nelson recently rescinded an average 13.8 percent increase for residential property and increases for commercial property that ranged from 7.7 percent to 27.3 percent.

"As the commissioner well knows, State Farm property insurance rates in Florida are inadequate to cover the hurricane risk," State Farm vice president Don Sullivan said Thursday. "Attacking already inadequate rates can only compound the problem."

The company also defied an Insurance Department request to hold off on raising rates while the challenge is pending.

"We will continue with our announced changes and plans," State Farm spokes-

woman Linda Davis said.

The company is entitled to do that, acknowledged Insurance Department spokesman Dan McLaughlin, though he added, "We would ask and hope that they would not during an appeal."

State Farm will present its arguments to a hearing officer in the state Division of Administrative Hearings, said Davis. A hearing date hadn't been set.

He revoked the rates after State Farm said last month it had decided not to renew nearly 90,000 homeowner and commercial policies in Florida starting Aug. 1.

"State Farm didn't tell me it intended to drop these policies when it sought my approval of higher rates. That's a misrepresentation of the facts," Nelson said.

Sullivan said the company told Nelson last year it would have to reduce its risk of hurricane loss claims.

LOTTERY

MIAMI — Here are the winning numbers selected Thursday in the Florida Lottery:

Fantasy 5
22-14-19-13-20



Cash 3
6-7-7
Play 4
7-8-8-9

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THE WEATHER

LOCAL FORECAST

Today: No rain is expected through Saturday. Drying potential will be moderate to high today and high on Saturday with 5 to 7 hours of sunshine today and 6 to 8 hours on Saturday. Lowest relative humidities will range from 30 to 40 percent each day. Dew or frost is not expected through the period. Sunday: Partly cloudy with the lows in the mid 30s north to the mid 40s south. Highs in the 50s. Monday: Mostly cloudy and windy with a chance of showers. Lows in the upper 30s north to upper 40s south. Highs in the low to mid 60s. Tuesday: Variably cloudy.

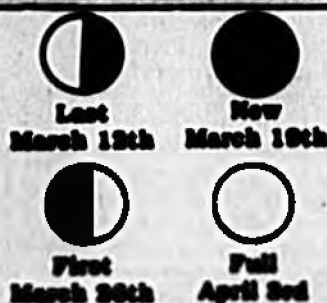
FLORIDA TEMPS

City	H	L	P
Daytona Beach	86	64	80
Fort Lauderdale	86	71	80
Fort Myers	84	69	80
Gainesville	81	63	84
Homestead	83	70	80
Jacksonville	81	63	80
Key West	82	74	80
Lakeland	88	66	80
Miami	86	73	80
Ocala	81	66	80
Pensacola	71	63	11
Sarasota	78	71	80
Tallahassee	75	70	81
Tampa	77	68	80
Vero Beach	80	68	80
West Palm Beach	85	68	80

EXTENDED OUTLOOK

FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
Drier 88-88	Pty cldy 40-88	Pty cldy 88-84	Motly cldy 88-60	Vbly cldy 48-65

MOON PHASES



TIDES

FRIDAY:
SOLAR TABLE: min., 7:15 a.m., 7:45 p.m., maj., 1:05 a.m., 1:30 p.m. TIDES: Daytona Beach: highs, 9:50 a.m., 10:13 p.m.; lows, 3:40 a.m., 3:49 p.m.; New Smyrna Beach: highs, 9:55 a.m., 10:18 p.m.; lows, 3:45 a.m., 3:54 p.m.; Cocoa Beach: highs, 10:10 p.m., 10:33 p.m.; lows, 4:00 a.m., 4:09 p.m.

BEACH CONDITIONS

Daytona Beach: Waves are 1 to 2 feet and choppy. Current is running to the south with a water temperature of 80 degrees. New Smyrna Beach: Waves are 2 to 3 feet and rough. Current is running to the south with a water temperature of 81 degrees.

BOATING

St Augustine to Jupiter Inlet — Small craft advisory. Today: Wind nw increasing to 20 to 30 kt. Seas 6 to 9 ft. Bay and inland waters rough in exposed areas. Tonight: Wind nw 20 to 25 kt. Seas 6 to 9 ft. Bay and inland waters rough in exposed areas. Saturday: Wind n 20 kt. Seas 5 to 8 ft. Bay and inland waters choppy.

NATIONAL TEMPS

City	H	L	P	Obs
Albuquerque	40	6		cldy
Anchorage	38	18		cldy
Atlanta	45	45	21.3	cldy
Atlantic City	39	33		cn
Austin	49	32		cn
Baltimore	37	37	33	cn
Boston	33	27	38	cn
Brownsville	90	65		cn
Buffalo	15	9	39	cn
Burlington, Vt.	11	8	23	cn
Calgary	14	6		cn
Charleston, S.C.	75	61		cn
Charleston, W. Va.	54	34	73	cn
Charlotte, N.C.	63	53	67	cn
Chicago	9	9		cn
Chicago	17	5	51	cn
Cincinnati	31	17	65	cn
Cleveland	19	15	18	cn
Colorado Springs	24	24	22	cn
Dallas Ft Worth	40	22		cn
Denver	36	7		cn
Des Moines	11	6		cn
Detroit	19	10	64	cn
Houston	53	36	82	cn
Indianapolis	22	14	62	cn
Juneau	29	11		cn
Kansas City	18	8		cn
Las Vegas	67	44		cn
Little Rock	61	30	67	cn
Los Angeles	84	57		cn
Memphis	58	33	100	cn
Meriden	14	7	82	cn
Minneapolis	6	0		cn
Mobile	6	0		cn
Nashville	31	25	48	cn
New Orleans	52	30	39	cn
New York City	33	25	28	cn
Omaha	33	18		cn
Omaha City	15	4		cn
Philadelphia	35	25	64	cn
Phoenix	74	42	79	cn
Pittsburgh	22	22	29	cn
Portland, Maine	21	17	38	cn
St Louis	31	14		cn
Salt Lake City	53	38		cn
Seattle	53	45	88	cn
Tulsa	31	13		cn
Washington, D.C.	41	26	37	cn

STATISTICS

The high temperature in Sanford Thursday was 86 degrees and the overnight low was 45 as reported by the University of Florida Agricultural Research and Education Center, Celery Avenue.

Recorded rainfall for the period, ending at 9 a.m. Friday, totaled .3 inches

☐Sunset.....6:28 p.m.

☐Sunrise.....6:49 a.m.

The Ultra Violet Index (UVI) rating for Orlando is 5. Better wear hat and sunscreen. The UVI exposure levels are rated by the Environmental Protection Agency as follows:

0.1-2 minimal
3-4 low
5-6 moderate
7-8 high
9-10 very high

POLICE BRIEFS

Stolen and recovered vehicles

● Sheriff's deputies located an abandoned 1992 Jeep Cherokee Wednesday, partially submerged in a lake in Sunland Estates. After the vehicle was pulled from the lake, it was determined that the Jeep, owned by an Orlando resident, had been reported stolen in Ocoee.

● A 1989 Ford was reported stolen Wednesday from a residence in the 100 block of Country Club Drive in Sanford. Police said the sheriff's office has subsequently recovered the vehicle.

Theft

Anthony Holt, 41, listed homeless, Sanford, was arrested by Sanford police Wednesday. Officers said he had reportedly been seen taking an air wrench from a business in the 400 block of West First Street. He was located and detained at Seventh Street and Laurel Avenue, where police said he was still in possession of the wrench. He was charged with burglary and theft.

Retail thefts

● Ruebin Davis, 19, of Deltona, was arrested by Sanford police at a retail store in the 1700 block of W. Airport Blvd. Wednesday. Officers said he was accused of taking two D-cell batteries from the store without paying. During the incident, he reportedly struck the store manager in the face. He has been charged with retail theft and battery.

● Sohya Lock, 21, of 118 Castle Brewer Court, Sanford, was arrested by police at a store in the 3600 block of S. Orlando Drive Wednesday after she was suspected of taking \$38.83 in items from the store without paying. She was charged with retail theft.

Police reports

● A \$400 radio was reported stolen Wednesday from a vehicle parked at a business in the 400 block of Central Park Drive in Sanford.

● A TV, VCR, stereo, and 100 CDs, with a total value of \$2,832 were reported stolen Wednesday from a residence in the 600 block of S. Laurel Avenue in Sanford.

● A TV/VCR unit, valued at \$2,300 was reported stolen Wednesday from a business office in the 2500 block of Park Avenue.

● An estimated \$62 in cash and a \$70 woman's wristwatch were reported stolen Wednesday from a residence in the 2800 block of Park Avenue in Sanford.

● An \$80 TV set was reported stolen Wednesday from a residence in the 300 block of E. Fifth Street in Sanford.

Plane team eyes world records

By LINDA ASHTON
Associated Press Writer

SEATTLE — A human-powered plane dubbed the Raven plans on soaring into record books with a wingspan longer than a Boeing 737 and an auto-pilot computer about the size of a biscuit.

The 75-pound pedal plane is the brainchild of inventor Paul Illian and his associate, Heather Costantino, both engineers at Boeing.

"It's elegance and simplicity, a minimalist approach to engineering," Illian said.

The \$300,000 project has united 250 volunteers, 11 schools and dozens of private businesses in a quest to break world records for human-powered flight. Testing begins in August and the potentially record-setting flight, from Boundary Bay, British Columbia, to Seattle, is expected sometime next year.

But this baby won't fly alone: It needs a highly conditioned athlete to pedal nonstop for five hours for what would be a 100-mile flight over Puget Sound. Stop for 30 seconds and the plane would drop 18 1/2 feet into the water.

The records for distance and duration were set in 1988 by cyclist Kanellos Kanelopoulos of Greece. He pedaled the Massachusetts Institute of Technology-designed Daedalus 7 1/4 miles from Crete to Santorini Island in 3 hours, 54 minutes and 59 seconds.

Since a Greek named Archytas built a wooden pigeon that flew through the air 2,300 years ago, people have been trying new ways to fly.

Italian inventor Leonardo da

Vinci built an ornithopter with wings that flapped. British inventor George Cayley made a glider and founded the science of aerodynamics.

In 1903, Ohio bicycle-makers Wilbur and Orville Wright built their first airplane, the Flyer. It was a biplane with a 12-horsepower gasoline engine and cotton fabric-covered wings spanning 40 feet, 4 inches.

"This technology has gone full circle. The Wright Brothers used fibers and glue, and now these people are using carbon fibers and polymer glue," said Ralph Bufano, director of the Museum of Flight in Seattle, which is overseeing the project.

The specs for the Raven, which is still being built, are remarkable.

Along with a 115-foot wingspan and tiny auto-pilot computer, the plane has a 9 1/4-foot-long propeller that weighs only 1 1/4 pounds. The hollow wings will be covered in a special carbon skin that weighs just 22 ounces a square yard. Its frame is made from a lightweight graphite.

"Weight is everything," Costantino said.

The Raven's sensors, used to help guide the plane, come from guided missile systems, she said.

The athlete-pilot, who can be no more than 5-foot-7 and 140 pounds, will lie back in a mesh seat and pedal the equivalent of biking on flat land at 22 mph for the entire flight.

The project also has a special flight simulator to test the Raven. Pilots can sit in a duplicate cockpit and watch a computer screen as they pedal.

"That way we don't have to crash the plane to learn how to fly it," Costantino said.

Seattle University is developing a drinking water system for the pilot. Western Washington University students are working on the fuselage, and North Seattle Community College and Lake Washington Technical College have propeller projects.

But the most important thing is to have fun learning, Costantino said.

"We don't want to end up with a product to market. It has to be purely for fun, knowledge for the sake of knowledge," she said.

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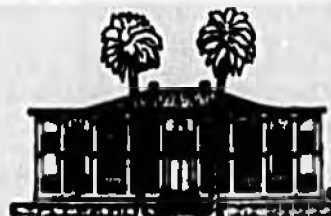
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Boy in armed standoff was taking Prozac

By LISA MOLEWA
Associated Press Writer

BARTOW, Fla. — Ten-year-old Timmy Becton hated going to school.

He missed so many days that his parents took him to a therapist, who sent him to a psychiatrist, who gave his mother a box of Prozac for Timmy.

Weeks later, police say, the fourth-grader grabbed his 3-year-old niece as a shield and aimed a 12-gauge shotgun at a sheriff's deputy who accompanied a truant officer to his home.

"I'd sooner shoot you than go to school," the boy shouted, according to police.

Timmy's is the first known court case to involve a child using Prozac, the popular antidepressant drug. He has been charged in Polk County juvenile court with aggravated assault with a firearm on a law enforcement officer and armed kidnapping.

His lawyer blames the seven-minute standoff on Prozac.

"Timmy Becton was under the influence of a mind-altering drug

at the time of the incident," defense lawyer Ellis Rubin said after a brief court hearing Thursday. "The drug ought to be taken off the market."

Timmy's parents said he responded well to the drug at first, after a visit to a psychiatrist in January. But when the boy's dosage was increased, he had violent mood swings.

"He'd get really angry and stuff like that. He'd scream at you and then a few minutes later, he'd love you and hug you and not even remember being so angry," his mother, Cindy, said after the court hearing.

Prozac is the world's largest-selling antidepressant, with sales of more than \$1 billion a year. But the drug's success has been clouded by claims it can cause mood swings and suicidal thoughts in some people.

Lawyers have presented the use of Prozac as a defense in 66 criminal court cases, but none have been successful, according to the drug's maker, Indianapolis-based Eli Lilly & Co.

On Thursday, a New York man was convicted of attempted murder after claiming that a

mixture of drugs, including Prozac, caused him to firebomb two subway trains in 1994.

And two years ago, a Kentucky jury cleared Lilly of wrongdoing in the case of a man on Prozac who killed nine and wounded 12 in a 1989 shooting spree.

"No medical evidence has been brought forward to support the Prozac defense," said Lilly spokesman Jeff Taylor. "It ranks right up there with the Twinkie defense and the TV dependency defense as pretty shaky."

But the drug's label notes that Prozac's safety and effectiveness for children has not been established. Few studies have been done on its effects on children.

Prozac, like other drugs, is used to treat children because it has been proven effective for adults. About 220,000 depressed children 10 and younger were prescribed, recommended to use or administered the drug in 1994, according to figures compiled by IMS America, a division of Dunn and Bradstreet that tracks pharmaceutical sales.

Timmy skipped school on President's Day, Feb. 19, be-

cause he felt it was unfair that students in a neighboring county had the day off while his district remained open, his mother said.

After the deputy and truant officer arrived at the Bectons' Lakeland home, 40 miles east of Tampa, police say Timmy sat on a sofa and aimed the shotgun at a deputy, while hiding behind his niece, Tiffany.

His family says the gun is bigger than the 4-foot, 70-pound boy, and he never pointed it at police.

The standoff ended when Timmy's grandmother arrived, pushed past the deputy and took the gun.

"I said, 'Timmy, why are you doing this?'" said his grandmother, Minnie Lee Parker. "He said, 'I don't know, Grandma.' He was scared."

Timmy had been held at a juvenile detention center until a judge ordered him to be released to his parent's custody Thursday. The judge also ordered him not to leave the house.

His trial date was scheduled for April 18. If convicted, he could be held at a detention center until age 21.

"As soon as I get him home, he's not going to take that medication," Cindy Becton said. "I don't want him taking it."

As for Rubin, the defense lawyer, he has made a career of using unusual defense strategies. His most noteworthy was the 1991 "nymphomania defense," in which he claimed that Prozac drove housewife Kathy Willets to prostitution. He lost the case.

Big improvement in nation's jobless picture in February

WASHINGTON — The nation's unemployment rate improved dramatically in February, falling to 5.5 percent. The country shook off the effects of the January blizzard and added an astonishing 705,000 jobs, the biggest monthly increase since 1983.

The Labor Department report today is the strongest evidence to date that an extended period of economic weakness, worsened by bad weather last month, could be coming to an end.

Analysts had been looking for a rebound, but this far surpassed their expectations for job growth of around 300,000 for the month.

"The January soft patch has suddenly turned into a hard spot. This report is a shocker on the positive side," said Robert Dederick, chief economic consultant at the Northern Trust Co. in Chicago. "Let the good times roll."

Analysts said widespread expectations that the Federal Reserve would ease interest rates for a fourth time in eight months when they next meet on March 26 probably would not come true now.

The bond market, which had been hoping for further rate cuts, dipped sharply immediately after the jobless report was released. But some analysts cautioned that the February gain did not look as startling when averaged with the January

decline. Payroll jobs had actually fallen a sharp 188,000 in January, pushing the unemployment rate up to 5.8 percent.

The January report, coming after extremely weak growth for most of 1995, had raised fears among some economists that the country was dipping into a recession because the Fed had raised interest rates too high in 1994 as a pre-emptive strike against inflation.

Other analysts argued that Federal Reserve Chairman Alan Greenspan had read the economy exactly right, pushing rates up to ward off inflation and then beginning to cut rates last July to prevent a recession. The economic recovery from the 1990-91 recession begins its sixth year this month, making it the third longest expansion in U.S. history.

The drop in the unemployment rate to 5.5 percent returned it to the level it had been in October. Since the end of 1994, the unemployment rate has been fluctuating in a narrow band around 5.8 percent.

Katharine G. Abraham, commissioner of the Bureau of Labor Statistics, said that much of February's strength represented a bounceback from the severe weather in January.

"The largest increase in employment over the month was in the services industry," she said, noting an increase of 287,000 jobs. But she said some of the

biggest gains were in private education and amusement and recreation services, which simply reversed big weather-related drops the previous month.

Employment in construction industries rose 121,000 in February, the biggest monthly increase since a gain of 122,000 in February 1994.

Even manufacturing, which suffered heavy layoffs for most of 1995 as factories cut back production to work off an excess of inventories, showed improvement in February and rose by 26,000 jobs.

But even with the increase, factory employment is still down by 267,000 jobs from its recent peak in March 1995.

Employment in the health industry was up 48,000 in February while transportation added 23,000 jobs and government employment rose by 42,000 with this increase coming mostly in state and local education. Some hourly employees in these areas had been laid off in January because of the snowstorms.



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EDITORIAL

Help put on the Ritz

What would happen if a decision was made to demolish the old Ritz Theater? To simply bulldoze it out of existence, and possibly put up a convenience store or some other structure in its place.

We would see an outpouring of complaints and objections the likes of which haven't been seen in Sanford in many years. (with a few exceptions).

But the Ritz is not going to be torn down. To the contrary, work is under way to give it a new life, to restore it to a useful purpose, and at the same time, allow it to continue serving as a historical structure in the downtown area.

This Saturday morning, the general public is being invited to get some of the renovation under way. People willing to join in are being asked to show up in work clothes with cleaning supplies in hand. (The time for gathering is 10 a.m.).

Have no misconceptions. Just because you become involved in the restoration, once the theater is back in operation, it doesn't mean you will be given free admission to the performances. It does mean however, that you can look at the building with pride every time you pass by or attend a function. You will know that you helped save the building's life.

Recent studies conducted in some Florida cities have shown that many people believe the need for cultural functions is more important than the need for sporting events. We wouldn't touch that observation with a 10-foot pole.

We believe however, that there is definitely a need for some type of cultural center in Sanford.

There is a great many cultural activities in Orlando and Daytona Beach, but many of our residents simply cannot travel far at night, and are thus being deprived of these opportunities.

The organizers of the Ritz renovation are dedicated and enthusiastic about a project that will benefit everyone.

Help them out. Be at the Ritz lobby this Saturday morning. Join in the work, and join in the restoration project. It will be an enjoyable step down the path of improvements in the historical downtown Sanford area.

LETTER

St. Patrick's Day

Saint Patrick's Day commemorates the driving the "snakes" out of Ireland. "Snake" can refer to a slithering reptile or a lying, sneaky human. Before Saint Patrick brought in the Catholic religion, the Druid religion reigned supreme. If someone did not know any better, they may have told people the Druid religion was full of snakes.

The Catholic religion offered heaven in one life of worship. The Druid religion taught heaven could be achieved after reincarnating back to earth numerous times until a degree of true knowledge was attained in your eternal mind which helps you to be happier. Between incarnations, we stay in the astral planes which is at a higher unseen frequency and of less dense matter. Heaven is beyond the astral planes. Nicer people get to live in the better astral planes.

The Catholic religion told people you could be forgiven for bad deeds by praying. The Druid religion held you can make up for past wrongs, by doing good deeds and by helping those you have hurt, either now or in a future life, or you may suffer sicknesses in future life incarnations for hurting others during your one eternal life.

The Druid religion used a tree to explain God to people. We are the acorns and young trees, and God is the oldest, largest, wisest tree of us all from which we all sprouted. They also taught that nature is a part of our being, our minds extends to nature, and nature becomes a part of our mind, and you can tune in to and mentally feel the beauty of nature.

With the help of the Roman army, the Roman Catholic religion became more popular, and the truth and knowledge of the Druid religion and the wise men who were called snakes, left Ireland. Truth is happiness.

Sue Saintmaric
Myrtle Beach, S.C.

LETTERS TO EDITOR

Letters to the editor are welcome. All letters must be signed, include the address of the writer and a daytime telephone number. Letters should be on a single subject and be as brief as possible. The letters are subject to editing.

BEN WATTENBERG

Politics: Let the great game begin

"Here comes the lightning round," says pollster Peter Hart to a focus group of a dozen Republicans in suburban Baltimore. "Now, tell me quickly the first word that comes to your mind when I say a name." From behind a one-way mirror several reporters watch the proceedings. Here are my rapid-fire notes of the responses:

Bob Dole: "smart," "on the fence," "establishment," "honorable," "seasoned," "mean."

Pat Buchanan: "innovative," "anti-everything," "extreme," "mean," "great guy," "wonderful," "reactionary," "idiot."

Steve Forbes: "intelligent," "rich," "good on taxes," "smart," "innovative."

Ross Perot: "Dana Carvey," "no Washington experience," "give him a chance," "not likable."

Newt Gingrich: "strong," "reactionary," "leader," "showboat," "doesn't give up," "bully," "abrasive."

Colin Powell: "respected," "love him," "strong," "respected," "bright," "respected." (Amazing!)

Bill Clinton: "liar," "slimy," "slick," "two-faced," "bad." There were also serious insults. However, one Republican woman did describe him as "sincere."

The respondents were all Republicans. They match national polls in some ways, but not in others. Nonetheless, these eruptive emotions seem to limn the outline of the torrid election year to come. There are reasons here for all the players.

Front-runner Bob Dole (who usually refers to himself by name) should run a campaign demonstrating his understanding that both Forbes and Buchanan bring constituencies and ideas with them. He can acknowledge that bobdole is not the vision-melister of soaring rhetoric, but that the Republican Party today has visions galore, including Gingrich's, and that bobdole can beat weave



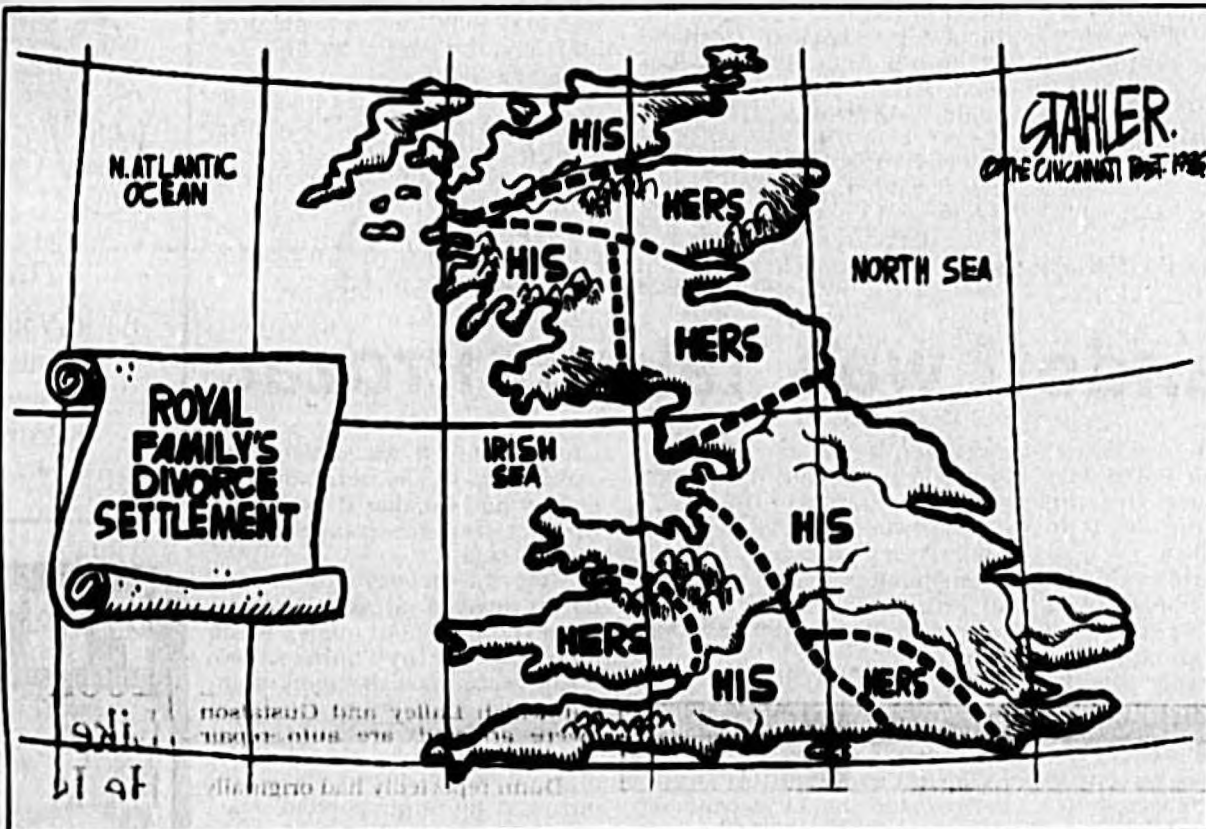
These eruptive emotions seem to limn the outline of the torrid election year to come.

them together. After all, that's what he's been doing for a living, and for a long time. The age issue, which hurts him in many surveys, can be made into an asset. And obviously: He should pick Colin Powell as a running mate, and not let him say no.

Steve Forbes should keep on explaining what it is he stands for. He is a young man with a political future. He ran because Jack Kemp and Newt Gingrich chose not to. He represents what the labelmakers call the pro-growth, tax-cutting, pro-optimism, less-government, pro-inclusive, pro-opportunity, pro-international, Reaganaut wing of the GOP.

Pat Buchanan has a choice to make. He can try to break the crockery at the Republican convention. Or he can deal with the GOP nominee, gain respect and standing for some of his ideas and many of his followers. He must, however, remember that he didn't win the nomination and can't call the shots. That probably means some dilution of the abortion plank (which even the Christian Coalition is prepared to accept). If he goes along, he too may have a bright political future.

Some say Clinton is a shoo-in now. That is about as silly as saying he was a shoo-out a year ago. Let the great game begin!



DONNA BRITT

Big lesson in a small place

WASHINGTON — Sometimes, a big lesson can be taught in a place as small as an airplane cabin.

According to my husband, the four young, male passengers' fresh faces, backward-turned caps and voluminous shirts made them seem like kids, like a million other baggy-uniformed youths.

It was the young men's behavior on the Washington-bound flight that you couldn't miss — loud guffaws, insults and fake-punching that Kevin later described as "cutting up." Maybe the guys craved attention. Maybe they didn't know any better. Either way, their floor show was exacerbated by the tight, box-like cabin — and by the Jack Daniel's whiskey they'd purchased on the plane.

Like other passengers, Kevin — whose job requires travel and who therefore has tolerated numerous rowdy vacationers, babies and drunks — watched with increasing annoyance. This time, he had an extra reason for discomfort.

Kevin and the offensive foursome appeared to be the only black folks on the plane.

The next day, when he described the scene to me, I was struck by what my husband didn't say.

He didn't say he was embarrassed by the young men's behavior. He didn't say that he felt even slightly responsible for their rudeness. He didn't express the belief that irritated white passengers somehow held him — and all African Americans — accountable.

He didn't have to. I assumed Kevin felt all those things, watching the men's noisy performance. Many African Americans would have — even while realizing there's no reason anyone should feel diminished by the misdeeds of strangers. How often do white people feel personally shamed by the petty or criminal acts of other whites?

To some, white kids misbehave because they are kids; black kids misbehave because they are black.

Still, when the guys' horsing around resulted in the jostling of other passengers, "I thought about saying something," Kevin said.

Reasons he didn't: Six other adults seated closer to the foursome were studiously trying to ignore them; these days, even the most polite request for courtesy could invite a nasty response. Besides, it was the airline's duty to shush the rowdy group. It wasn't Kevin's responsibility.

But often, blacks' marrow-deep feeling of connection to other blacks makes it feel like it is. My favorite example: The silent prayer instantly offered by many upon hearing of a heinous crime: "I hope nobody black did it."

But this is 1996. African Americans — whose attitudes and accomplishments are as diverse as their skin shades — should be beyond such feelings.

So what if those who see black America as a monolith say, "That's how they all are?" So what if each black misstep goads those who'd judge the law-abiding black majority by a criminal or rude minority? What's wrong with saying, "It's tough enough being responsible for myself?"

But in a world where each group — black and white, rich and poor, male and female — seems increasingly separate, it bears asking:

Who is the self for whom we're responsible? Can we afford to feel linked only to those boxes — whose race-gender-wealth-sexuality — match ours?

Once — not just in black America, but in all of America — the link felt larger. Then, misbehaving children could be scolded by loving neighbors as well as parents. Most grown-ups would have had little compunction about telling those guys to hush. Folks knew that each unchallenged acceptance of rudeness made the planet less habitable for everybody.

It still does. For blacks today, it matters less what "they" — meaning whites — think, and more that we respect ourselves enough to consider everyone's comfort.

The times I've stepped out of my own comfort zone to politely ask someone to consider what his profane language or behavior suggests to kids, they've listened. Since the Million Man March, I've heard of increasing numbers of black men successfully asking other black men to refrain from negative, stereotype-perpetrating behavior.

Black and white, male and female, rich and poor, we belong to each other. If the cliché "It takes a whole village to raise a child" is true, it will take all our courage to leave our separate boxes to create a village equal to the task.

We can start small — in a place as tight as an airplane cabin.



The silent prayer instantly offered by many upon hearing of a heinous crime: I hope nobody black did it.

JACK ANDERSON

Haiti may yet be a problem for Clinton

WASHINGTON — Seventeen months after U.S. pressure helped restore President Jean-Bertrand Aristide to power, the Clinton administration is eager to claim credit for bringing back democracy to the hemisphere's poorest country. But several problems remain that may yet turn the Haiti issue into an election-year loser for the president:

On one side are Aristide's lawyers, a well-heeled bunch that includes former Maryland Rep. Michael Barnes and Burton Wides, a former legal counsel for several Democratic senators. For several months, they've been pressuring U.S. authorities to turn over documents that were seized by U.S. Army troops when they landed in October 1994. Although American officials have agreed to return the documents, Aristide's lawyers are still angry because of the Pentagon's decision to withhold names and "contextual information" about U.S. citizens mentioned in the material.

U.S. intelligence officials kept control of the documents, which were seized from Haitian army and secret police officials, on the grounds that information contained in them might be damaging to American citizens. Privately, they fear that information in the papers could be used by Haiti's new government to exact revenge against former government and police officials.

Wides believes the documents — if returned in full — would reveal close ties between U.S. intelligence officials and the "thugs" who ruled Haiti until Aristide's election.

On the other side are Republican lawmakers like Senate Majority Leader Bob Dole, R-Kan., who want something done about 22 "political" killings that have taken place since Aristide's return and continue to go unsolved.

Most of the attention has focused on Madame Mireille Durocher Bertin, an outspoken Aristide opponent who was considered a likely candidate for president. She and a companion were gunned down in broad daylight as they sat in traffic in downtown Port-au-Prince last March.

Early evidence in the probe suggested a link between the killings and Mondcar Beaubrun, the minister of the interior and a close Aristide ally. The FBI was called in to investigate the murders, but their inquiry ended last October after agency officials complained that they were being stymied by Haitian government officials.

Correspondence between Haitian officials and the FBI, obtained by our associate Jan Moller, suggests that trouble erupted last summer after FBI agents requested interviews with several top Haitian government officials. The Haitian government refused to comply unless several conditions were met. For example, government lawyers insisted that all interviews be transcribed and that witnesses have a chance to review and correct their testimony — which would have been a sharp departure from normal FBI procedure.

Some congressional sources are also questioning the circumstances surrounding the death of Michel Gonzalez, Aristide's former next-door neighbor, who was gunned down in his driveway in broad daylight last May.

According to several sources, Aristide or his surrogates had asked Gonzalez to sell his property to the Haitian president on at least two occasions. Aristide reportedly wanted the extra land to help add a security perimeter around his property, an expansive tract located near the Port-au-Prince airport.



Several problems remain that may yet turn the Haiti issue into an election-year loser for the president.

'Right to die' depends on where you live

By RICHARD CARELLI
Associated Press Writer

WASHINGTON — Across America, the right to pull the plug on your own lifesaving medical treatment depends on where you live.

In the six years since the Supreme Court recognized the constitutional right to die, states have passed a patchwork of laws

aimed at allowing people to spell out their wishes in the event they become unable to live without extraordinary life-sustaining medical help.

And the high court appears in no hurry to demand uniformity from the states or to close any significant gaps in these state laws.

Without a recorded dissent from any of its nine justices, the court recently declined to pass

judgment on a Michigan dispute over a permanently incapacitated man whose wife says he would want to end all life-sustaining efforts.

Michael Martin, severely injured in a 1987 accident, cannot talk, walk, roll over or swallow food. He gets nutrition through a tube. His doctors says his condition will not improve.

He is awake, not terminally ill or in a coma or persistent vegetative state. A state judge who visited him said Martin is incompetent to make life-or-death decisions for himself.

Martin's wife, Mary, said he made her promise she would seek his death if he ever was in a vegetative state. She has sought permission to end his medical treatment but has been opposed by other family members — Martin's mother and sister.

Michigan's Supreme Court found that Mrs. Martin had not proved her husband would want to end all medical treatment in his "specific circumstances."

Mrs. Martin unsuccessfully

asked the nation's highest court to use the case to decide an issue left unresolved by its landmark 1990 ruling: Whether states must defer to the incapacitated person's wishes as represented by those entrusted to make health-care decisions for them.

"That's really a big unanswered question ... the constitutional dimension of having an agent acting in behalf of an incompetent individual," says David M. English, a Santa Clara University law professor.

The high court soon may be asked to answer a somewhat different question: Whether mentally competent, terminally ill adults have a constitutional right to doctor-assisted suicide.

Washington state's ban on such suicides was struck down this week by a San Francisco-based federal appeals court. And lawyers for Dr. Jack Kevorkian on Wednesday unsuccessfully sought to use the appeals court ruling to end Kevorkian's assisted-suicide trial in a Pontiac, Mich., court.

Virtually every state now allows creation of a "power of attorney for health care" — laws authorize named surrogates to make decisions for those who cannot decide for themselves. Restrictions, however, vary greatly.

Most states also allow family members and, in some instances, close friends, to act as surrogates. But many of these laws do not address the question of which relative or friend would make the decision to terminate care if no one is designated in a "living will" or similar document.

That issue could have played a role in the Michigan case.

A model Health Care Decisions Act adopted by the National Conference of Commissioners on Uniform State Laws in 1993 and by the American Bar Association in 1994 sets a pecking order in such cases: spouse, adult child, parent, adult brother or sister, close friend or other relative.

A surrogate's decision would not need judicial approval, but

all family members would be notified before any change in medical treatment.

"There's this array of law out there now, and the Health Care Decisions Act seeks to facilitate advance health-care directives," says the National Conference's John McCabe.

But so far only two states — Maine and New Mexico — have adopted the model law as their own.

In most states, English says, laws aimed at easing such medical-treatment decisions "may actually inhibit their use."

"The execution requirements are often formidable. Restrictions on the types of treatment which may be withdrawn are common," he says. "The result is a system of legislation that is fragmented, incomplete and often inconsistent, both among states and even within states."

EDITOR'S NOTE — Richard Carelli covers the Supreme Court and legal affairs for The Associated Press.

NATIONAL BRIEFS



Heading for Super Tuesday

NEW YORK — Sen. Bob Dole steamrolled through the New York primary and turned due south for Super Tuesday contests against Pat Buchanan and Steve Forbes.

His remaining rivals brushed aside pointed entreaties from Dole, after his impressive New York showing Thursday, to direct their fire at President Clinton.

"If the others want to stay in, they ought to focus on Bill Clinton and not kick me," Dole told The Associated Press.

But Buchanan continued his attacks on Dole, labeling him the "biggest taxer in the history of the Republican Party."

Budget shutdown

WASHINGTON — Even though both say they want to avoid a third government shutdown in five months, Congress and the Clinton administration remain deeply divided over legislation needed to finance the government after March 15.

A bill allowing dozens of departments and agencies to operate through the rest of the 1996 fiscal year ending Sept. 30 squeaked through the House, 209-206, on Thursday over near unanimous Democratic opposition and objections from some GOP moderates.

The Senate is scheduled to begin debating a somewhat more generous version on Monday. But even before the House voted, the administration warned that either chamber's version would be vetoed because they fall billions of dollars short of the president's priorities in education, protection of the environment and crime fighting.

Democrats focused their criticism on contingent funding in each bill — \$3.3 billion in the House version and \$4.7 billion in the Senate's. Money for such Clinton favorites as the AmeriCorps national service program would be spent only if later legislation reduced spending elsewhere.

Affirmative action bill endorsed

WASHINGTON — A House panel endorsed a bill that would reduce race and gender-based government contracting.

In an 8-5 party-line vote Thursday, the House Judiciary subcommittee on the Constitution approved a bill making it unlawful for the federal government, in connection with a contract or employment, to "grant a preference to any person or group based in whole or in part on race, color, national origin or sex."

The Justice Department is now reviewing new government procurement rules that would prohibit setting aside a specific number of contracts for minorities in compliance with a federal court decision last summer, a White House official said Thursday.

But after meeting new strict standards for proving discrimination, agencies could still narrowly tailor their contracting to raise the participation of minority businesses to a level that would have existed had there been no bias.

"They still have some more work to do before they finalize these regulations," the official said, adding the President Clinton has not yet signed off on them.

In a Colorado case, the Supreme Court ruled last June that race-based preferences in federal programs could be allowed only if they are "narrowly tailored" to address identifiable past discrimination.

WORLD BRIEFS



Ballistic missiles fired

TAIPEI, Taiwan — China fired three ballistic missiles into Taiwan's coastal waters early today, launching a series of tests aimed at dampening independence sentiment on the island before its first presidential election.

Taiwan angrily protested China's "brutal intimidation," while China's foreign minister told Taiwanese not to panic.

The surface-to-surface M-9 missiles were fired at mid-sea targets previously announced by China. Taiwan's Defense Ministry said. Although the missiles are capable of carrying 1,100-pound warheads as far as 370 miles, the ministry said it believes the test missiles carry navigation equipment but no explosives.

Two missiles hit about 48 miles west of southern Kaohsiung port, and another near the northern port of Keelung, the ministry said.

Iranians go to the polls

TEHRAN, Iran — Iranians went to the polls today to choose a new Parliament and tell President Hashemi Rafsanjani what they think of his efforts to revive the country's sputtering economy.

Rafsanjani, wearing his customary white turban, was among the early morning voters, casting his ballot at a hall where the late Ayatollah Ruhollah Khomeini, the father of Iran's Islamic revolution, used to greet visitors.

Of the 3,000 candidates running for 270 seats in the Majlis, or parliament, all support fundamentalist Islamic rule and many remain hostile to the West.

"With the political pressure from the United States and Israel, the future Majlis must be vigilant," Rafsanjani said.

Muslim-Croat federation

SARAJEVO, Bosnia-Herzegovina — Muslim and Croat leaders say their joint federation will be in full control of its half of Bosnia within one week, despite the tensions threatening to split their alliance.

The growing stress in the Muslim-Croat federation, the counterweight to the Serb republic that controls the other half of Bosnia, bodes ill for the Bosnian peace accord.

Bosnian Croat hard-liners accuse the Muslim-led Sarajevo government of circumventing and seeking to dominate the fragile federation, set up two years ago at U.S. behest.

Bosnia's Muslims are deeply suspicious that both Serbs and Croats would like to dismember the state, and unite territories they control with neighboring Serbia and Croatia.

From Associated Press reports

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QUESADILLAS Soft flour tortillas topped with cheese and vegetables. Served with fresh salsa and sour cream. • 4 pieces.....\$4.99 • 6 pieces.....\$6.99 CHIPS & SALSA Crispy chips and fresh salsa, or add homemade chik or guacamole for only 75¢ more. CHIPS & SALSA Crispy chips and fresh salsa, or add homemade chik or guacamole for only 75¢ more. DIPS & BYERS Crispy dipping and corn meals with our famous blue cheese dip. SOUP OF THE DAY Soup of the day with only the freshest ingredients. GARDEN FRESH SALAD A blend of romaine and iceberg lettuce topped with our homemade dressing. Served with garlic bread. • Add Chicken Salad \$2.99 • Add Mayo and Tenders \$2.99 • Add Salsa to Tenders \$2.99 • Add Refried Beans \$2.99	BUFFALO'S BURGER A 1/2 lb. of lean ground chuck, cheese, lettuce and tomato, topped with our special Thousand Island dressing. Served with our famous french fries. SEE BROTHERS A special cut that's cooked slow and served with Thousand Island dressing and garlic bread. BUFFALO'S BIG BEER DIP Slow roasted, thick bread, topped with our famous blue cheese dip and Thousand Island dressing. CHICKEN RIBS Our ribs are slow roasted and served with our special Thousand Island dressing and garlic bread. SAVORY VARY BY THE POUND (dine-in only) BUFFALO'S WORLD FAMOUS ROTISSERIE Slow roasted chicken, honey smoked with our special seasoning. Served with rice and a side of your choice. WHOLE CHICKEN (take out only) CHICKEN RIBS Our ribs are slow roasted and served with our special Thousand Island dressing and garlic bread. SANTA FE TENDERS Our char broiled, marinated chicken tenders served on bakery bread with Thousand Island dressing. CHICKEN SALAD SANDWICH Make a healthy meal on bakery bread. Served with Thousand Island dressing. FRIED CHICKEN SANDWICH Marinated bread of chicken traditionally breaded and deep fried in golden brown. Served on bakery bread with Thousand Island dressing.	PHILLY STEAK Marinated strips of beef, grilled with hot peppers and onions, topped with two cheeses. Served on bakery bread with Thousand Island dressing. FRONTIER HOT BEEF Our broiled, 1/2 lb. of beef, topped with Thousand Island dressing. Add chik or refried beans. CHICKEN SANDWICH Our char broiled, marinated chicken tenders served on bakery bread with Thousand Island dressing. VEGETARIAN COOK Our veggie burger, topped with Thousand Island dressing and served with french fries. BAKED BEANS A spicy family recipe guaranteed to bring you back for more. TUMBLEWEED TENDERS Homemade, ribben cut. Take orders here. SIDE ORDERS VEGETARIAN COOK Our veggie burger, topped with Thousand Island dressing and served with french fries. BAKED BEANS A spicy family recipe guaranteed to bring you back for more. TUMBLEWEED TENDERS Homemade, ribben cut. Take orders here. SIDE ORDERS VEGETARIAN COOK Our veggie burger, topped with Thousand Island dressing and served with french fries. BAKED BEANS A spicy family recipe guaranteed to bring you back for more. TUMBLEWEED TENDERS Homemade, ribben cut. Take orders here. SIDE ORDERS

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(In the Victoria Square Shopping Center) C A F E

Mon. - Thur. 11:30am - 10:00pm • Fri. - Sat. 11:30am - 11:00pm • Sun. 12:30pm - 10:00pm

FRIDAY PRIME TIME

Table of TV programs for Friday Prime Time, including channels like ABC, CBS, NBC, and FOX, with program titles and times.

SUNDAY

Table of TV programs for Sunday, including channels like ABC, CBS, NBC, and FOX, with program titles and times.

SATURDAY

Table of TV programs for Saturday, including channels like ABC, CBS, NBC, and FOX, with program titles and times.

Table of TV programs for Saturday, including channels like ABC, CBS, NBC, and FOX, with program titles and times.

MONDAY PRIME TIME

Table of TV programs for Monday Prime Time, including channels like ABC, CBS, NBC, and FOX, with program titles and times.

Table of TV programs for Monday Prime Time, including channels like ABC, CBS, NBC, and FOX, with program titles and times.

WEEKDAY DAYTIME LISTINGS

MORNING

- Highlander: The Animated Series
Barney & Friends
Cool Troop
Life in the World
Diane Bish (Fri) Mario Mullilo

- Sesame Street
Magnum, P.I.
Joy of Music (Fri) Marriage and Family Magazine

- (SHOW) MOVIE (Tue) "A Stranger Among Us"
(MAX) Andy Griffith
(MOV) Making of Outbreak (Fri)

In Focus

Actor Michael Douglas (The American President) is honored for his many achievements in the entertainment industry at the 22nd annual People's Choice Awards, airing Sunday, March 10, on CBS.



The tribute will explore the Academy Award winner's successful career as both an actor and producer. The awards ceremony, broadcast from Universal Studios in California, honors the public's favorites in the television, feature film and music industries.

- (TMC) MOVIE (Fri) "White Nights"
Days of Our Lives
All My Children
Gordon Elliott

- College Basketball (Thu)
Nebresone (Mon) Florida Crossroads (Tue) Real Science

- (Wed) Under Control Body Shapers (SHOW) MOVIE (Fri) "Casino Royale"
(SUN) Paid Program (Fri) Planet X

TUESDAY PRIME TIME

Table with columns for time slots (6:00, 6:30, 7:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30) and rows for various TV channels (ABC, CBS, NBC, etc.) listing programs.

AFTERNOON

- Body Electric
Word of Life
James Robinson
Pride in Right

- (TMC) MOVIE (Fri) "The Fastest Gun Alive"
News (Mon-Wed, Fri) College Basketball (Thu)

- (TMC) MOVIE (Wed) "Ava's Magical Adventure"
College Basketball (Thu)
Nebresone (Mon) Florida Crossroads (Tue) Real Science

- (TMC) MOVIE (Mon) "A Face in the Crowd"
(TMC) MOVIE (Tue) "Across the Tracks"
(TMC) MOVIE (Fri) "Ava's Magical Adventure"

WEDNESDAY PRIME TIME

Table with columns for time slots (6:00, 6:30, 7:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30) and rows for various TV channels (ABC, CBS, NBC, etc.) listing programs.

THURSDAY PRIME TIME

Table with columns for time slots (6:00, 6:30, 7:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30) and rows for various TV channels (ABC, CBS, NBC, etc.) listing programs.

Sports

B

IN BRIEF

AROUND THE STATE

Mainland repeats

LAKELAND — Joe Giddens' 23 points helped Daytona Beach Mainland break open a close game to beat Cape Coral Mariner 84-70 and win the Class 5A boys state basketball championship Thursday.

Mainland won its second consecutive state basketball title. In 1995, the Buccaneers won the Class 6A state championship with the help of prep All-American Vince Carter.

Trailing by as many 12 points in the first half, Mainland closed the gap in the second quarter and trailed by only one point.

T.T. Tolver scored 21 points for Mainland.

Dolphins let Coleman go

MIAMI — The Miami Dolphins declined Thursday to match San Diego's three-year, \$9.5 million offer for defensive end Marco Coleman.

Coleman, who ranked 10th all-time in sacks for the Dolphins with 24, will play for Bobby Roas, his former Georgia Tech coach.

"Over the past week, we examined a number of ways to keep Marco in a Dolphins uniform," Dolphins coach Jimmy Johnson said in a statement. "Unfortunately we were unable to do so and I wish him the best of luck in San Diego."

But the Dolphins Thursday did sign free agent Robert Bailey, a former Washington Redskins and Dallas Cowboys cornerback.

Bailey, a 5-9, 176-pound native, played for Dolphins coach Jimmy Johnson at the University of Miami. He was selected by the Rams in the fourth round of the 1991 draft.

Terms of the agreement were not released by the club.

Lightning shock Rangers

ST. PETERSBURG — Brian Bellows scored his 19th and 20th goals of the season and Shawn Burr scored a controversial tiebreaking goal as the Tampa Bay Lightning continued their hot streak Thursday night with a 5-2 victory over the New York Rangers.

Mark Messier scored his team-leading 42nd goal and added an assist for New York (35-18-13), which is 1-3-2 in its last six games.

John Cullen and John Tucker also scored for Tampa Bay (31-25-9), 9-1-1 in its last 11 games. The Lightning set a team record for wins and points in a season and moved past the Washington Capitals into fifth place in the Eastern Conference standings.

Burr scored what proved to be the game-winner at 16:19 of the second period when the rebound of a Paul Yeaert shot bounced off his skate and past goaltender Glenn Healy. After a video review, it was ruled Burr didn't intentionally kick the puck in as he was being pulled down by a Rangers defenseman.

ELSEWHERE

Gators to meet Kentucky

NEW ORLEANS — Greg Williams scored 22 points as hot-shooting Florida defeated Mississippi 75-62 in the first round of the Southeastern Conference tournament.

It was the second year in a row that Florida (12-15) beat Ole Miss in the in the first round of the SEC tournament.

Williams was one of four Florida starters in double figures. The Gators shot 54 percent from the field (25-of-46).

Demetri Hill scored 18 points for Florida and Brian Thompson had 11 points and 10 rebounds.

Florida advances to play Friday against No. 1 Kentucky (26-1), which has won 25 straight games this season and won the last four SEC tournaments.

Frazier released from hospital

LINCOLN, Neb. — Former Nebraska quarterback Tommie Frazier was released from a Lincoln hospital Thursday after 11 days of treatment for a blood clot in his right leg.

Dr. Deepak Gangahar said the clot stretched from Frazier's right thigh to his right calf. He said the Heisman Trophy runner-up, whose cuts and runs drew interest from NFL scouts looking for a multipurpose back, still has about 10 percent of the clot behind his right knee.

Blood clots sidelined Frazier for seven games during his junior season in 1994. He was taken off the blood thinners that year days before Nebraska won the first of its two consecutive national championship titles.

Gangahar said Frazier's clots were more serious this time. Frazier was in serious pain and was not allowed to walk for days. The recent blood clot was discovered when Frazier was admitted into Bryan Memorial Hospital on Feb. 26, complaining of pain in his leg and a sinus infection.

Frazier, of Palmetto, Fla., will remain on blood thinners for up to three months. He was not at a news conference that his doctor and agent held at the hospital after his release.

BEST BETS ON TV

NATIONAL BASKETBALL ASSOCIATION
 7:30 p.m. — SUN, Hornets at Magic, (L)

Briar cops crown

Champs win fifth straight game

From Staff Reports

SANFORD — The trio of Ruben Garcia, Allan Trouskauskas and Tom Mains combined to drive in 10 runs as Briar Corporation wrapped up the regular season championship in the Sanford Recreation Department Men's Pinchurat Park Thursday Night Polar Bear Slowpitch Softball League with a 26-8 battering of Thompson P.B.E.

Briar Corp. (7-2) led just 6-4 when it broke the game open by plating 14 runs in the third inning to cap a run that saw Briar win its last five games.

In the other game, All Souls Catholic Church claimed second place with a forfeit win from the Scrubs.

The league will play a post-season tournament next Thursday with the Scrubs (0-9) playing Briar at 7:30 p.m. and Thompson (5-4) taking on All Souls (6-3) at 8:30 p.m. The two winners will then return to play for

Thompson P.B.E.
Briar Corporation

10 3 3 - 6 9
0414 6 - 26 12

the championship at 9:30 p.m.

Leading Briar were Garcia (three singles, two runs, six RBI), Trouskauskas (double, single, three runs, four RBI), Tommy Ryan (two singles, two runs, RBI), Mains (double, three runs, four RBI), Bill Keck (single, three runs, RBI), Duke Ferrato and Chuck Harley (single, two runs, two RBI), Chris Treland (single, two runs, RBI), Richard Morland (three runs, two RBI), Don Baldwin (two runs, RBI) and Pete Martinez (two runs).

Doing the hitting for Thompson were Vince Clark (two doubles, single, two runs, RBI), Chad Staley (two singles, run, RBI), Richard Stewart (triple, run, two RBI), Mike Clark (single, RBI) and Jeff Woldridge and Steve Boon (single, run).

Franklin leads at Chase

From Staff Reports

SANFORD — Franklin Ball Bonds overcame an 8-4 first inning deficit and went on to outslug M.A. Erectors 21-15 to regain the lead in the Sanford Recreation Department Men's

See Chase, Page 2B

Raiders run win streak to five

From Staff Reports

SANFORD — The Seminole Community College women's softball team continued its hot hitting Thursday afternoon as the Raiders swept a Mid-Florida Conference doubleheader from the Florida Community College at Jacksonville Stars 5-4 and 8-2 at Raider Field.

Nadine White-Davis (Lake Brantley) tripled in the tying run and scored the winning run and Heather Hutchinson (Boone) raised her record to 2-0 in the first game, while Davis and Lisa Melanes (Tampa-Leto) drove in two runs each in the second game to back the eight-hit pitching of Crystal Pittard (Tulsa, Oklahoma).

"These were two big wins for us today," said SCC head coach Courtney Miller. "We had a solid defense in both games and some timely hits. Nadine (White-Davis) came through with a big hit in game one to tie the game. That was the crucial play and one that I think turned the momentum back to our side."

RAIDERS VS. STARS 4-1

Florida CC-Jacksonville 000 000 0 - 4 7 1
Seminole C.C. 000 000 0 - 3 10 3
Schaper and Mohart, Mulchinson and Acer.
WP - Mulchinson (2-0). LP - Schaper. Save - none. 2B - none. 3B - SCC. White Davis. HR - none.

GAME TWO

Florida C.C.-Jacksonville 000 000 - 2 6 0
Seminole C.C. 000 000 - 8 7 1
Martin, Hardy (1) and Mohart, Layton (4).
Pittard and Milanes. WP - Pittard (2-1). LP - Martin. Save - none. 2B - FCC-J. Cannon. SCC. Ja. Boland, Milanes. 3B - SCC. White Davis. HR - none. Records - FCC-J 2-4 MFC; SCC 2-7, 5-1 MFC.

"FCC-J has a good team (they finished third in the conference last year) and we knew coming in to the game that we would have to execute in all phases of our game perfectly. I give the kids a lot of credit for not getting down in the first game and coming through when we had to score a couple of runs. This team has a lot of heart and determination."

The wins pushed the Raiders' winning streak to five games and gives SCC an 8-7 record over all. **See SCC, Page 2B**



Sophomore Heather Hutchinson won her second straight game since returning from an ankle injury as SCC won the first game 5-4 to start the Raiders on a sweep of Florida Community College at Jacksonville.



Paul Giambalvo did not get the decision, but he pitched well as SCC defeated Valencia 4-3.

Coleman lifts SCC over Valencia

From Staff Reports

SANFORD — Oviedo's Adam Coleman singled in the winning run with two out in the bottom of the eighth inning as Seminole Community College edged Valencia Community College 4-3 in the opening game of Mid-Florida Conference baseball play at Raider Field Thursday afternoon.

The Matadors (9-5) led early, but the Raiders came back to build a 3-1 lead after five innings. VCC rallied to tie the game with single runs in the sixth and eighth innings.

With one out in the bottom of the eighth inning, Gerald Eady

RAIDERS VS. MATADORS

Valencia C.C. 000 001 010 - 3 9 2
Seminole C.C. 001 000 010 - 4 8 1
Rivers and Conner. Giambalvo, Sullivan (2) and Cochran. WP - Sullivan (2-2). LP - Rivers. Save - none. 2B - VCC. Smith, Wells. 3B - none. HR - SCC. Marciano (3). Records - VCC 9-5, 8-1 MFC; SCC 9-12, 10 MFC.

(Jacksonville) singled to center. After another out, Ryan Gladwin (Martin County) walked and Coleman followed with his single to right.

Lee Sullivan (Hernando) threw 1 1/2-innings of perfect relief to get the win and even his record at 2-2. Sullivan took over for starter Paul Giambalvo (Lake Howell) in the top

of the eighth inning. Giambalvo gave up three runs on nine hits, striking out four and walking five.

Providing the offense for SCC were Eady (3-for-4, run, RBI), Robert Marciano (Venezuela, 2-for-3, his fifth home run, run, two RBI), Eric Kindell (Okeechobee, 2-for-3), Coleman (1-for-3, RBI) and Tim Gillis (Okeechobee) and Jeff Wisinski (Deltona, one run scored each).

The Raiders (8-12, 1-0 in the conference) will be at home again tomorrow and Sunday for a pair of games against out of state competition. **See Raiders, Page 2B**

Mathews pitches Patriots past tough Panthers

By GARY GOATMAN

Herald Staff Writer

ALTAMONTE SPRINGS — Patty Mathews gave up six hits and two walks while recording three strikeouts Thursday to lead Lake Brantley past Eustis 5-3 in girls' softball action.

"Patty pitched a great game," said Lake Brantley coach Brian Shafer. "Eustis is a good team, and I was pleased with the way we hit the ball. We are young and inexperienced, so we need to keep hitting like that because we are solid on defense."

Marnie Bernstein doubled to lead off the first inning, then scored to give Lake Brantley when

PATRIOTS VS. PANTHERS

Eustis 000 001 - 3 6 3
Lake Brantley 000 000 - 5 9 1
Crow and Reichmann. Mathews and Bernstein. WP - Mathews (5-4). LR - Crow (2). Save - none. 2B - Eustis. Reichmann; Lake Brantley, Bernstein. 3B - Eustis, Symons; Lake Brantley, Schlemmer, Lyons. Records - Eustis 2-2; Lake Brantley 3-4.

Elizabeth Schlemmer reached on an error. Bernstein reached on an error to lead off the third inning for Lake Brantley, and took third base on a single by Stephanie Stuller, and Stuller advanced to second as Eustis threw the ball to third base. Bernstein scored on a ground out by Erika Pitta, and Stuller scored on a sacrifice bunt

by Jen Lyons to give the Patriots a 3-0 lead.

Schlemmer tripled with two outs in the fifth inning, and scored when Lyons followed with another triple to push the Lake Brantley lead to 4-0. A single by Lisa Donner plated Lyons to close out the scoring for the Patriots.

The Panthers made things interesting by scoring two runs in the sixth inning and one in the seventh inning.

Bernstein and Schlemmer were each 2-for-3 at the plate to lead Lake Brantley. Stuller, Lyons, Donner, Erin Ferguson and Jennifer Quintana were each 1-3 at the plate for the Patriots. Lake Brantley plays at Lake Howell Tuesday.

New Life I, Covenant close in on Church hoop lead

From Staff Reports

SANFORD — Jeff Merthle scored 27 points and Lee Bass added 15 as New Life Word Center I moved to within a half-game of idle leader New Life Word Center II with a 60-49 victory over Sanford First Church of the Nazarene in Adult Church Basketball Polar Bear League action in the Dan Pelham Gymnasium at Sanford Middle School Thursday night.

Alton Jenkins Jr. chipped in with nine points as New Life I improved to 4-1 on the season. Scott Wade paced Nazarene (1-3) with 19 points, while Tim Watson added 10.

Covenant Community Church also stayed within striking distance of the

league lead as the quartet of D. Tindall, Sellers, J.A.M. and Strauss combined to outscore Sanford First Baptist Church 33-15 in the second half to pull away from a 24-24 halftime tie and posted a 57-39 victory.

Sellers led the way for Covenant (3-1) with 17 points, while D. Tindall (13), Strauss (13) and J.A.M. (11) also scored in double figures.

Jeremy Sillaway was the lone First Baptist (1-4) player scoring in double figures with 16 points.

In the other game, Deondra Jones netted 14 points and Deion Daniels and Matt Parker added 12 points each as Sanford Church of God of Prophecy (1-3) won its first game of the season 45-31. **See New, Page 2B**

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People

CALENDAR

Revival scheduled

LONGWOOD — A revival has been planned at the Church of the Nazarene, corner of Wayman and Jessup St., in Longwood. The featured speaker will be the Rev. Charles Johnson from Meridian, Miss. Services begin Sunday at 10:30 a.m. and 6 p.m. and nightly March 11, 12, 13 and 14 at 7 p.m. The public is invited. For more information call the church at 831-8558.

Retired educators to meet

The general membership meeting of the Seminole County Retired Educators will be held on March 12, at Stacey's Buffet on Lake Howell Road. Lunch begins at 1 p.m., followed by a business meeting. A program on insurance is planned. According to Kathryn J. Alexander, volunteer hours should be mailed to Walt Lee, 1000 Sherwood St., Fern Park 32730.

Farmer's Market

The Downtown Sanford Farmer's Market is held each Saturday from 8 a.m. till noon at First and Magnolia under the big clock. For information, call Kathy Sutton, 322-8678. Look for our special events.

Dixieland band open to public

Dixieland Forever Inc., a non-profit band, plays the second Sunday of every month, from 4-7 p.m., at the VFW Hall, 2706 Wells Ave., Fern Park. Open to the public, donation is \$5. For information, call 841-7335.

United We Stand meets Sunday

United We Stand America, a non-partisan, non-profit citizens' action group meets the second Sunday of each month at 7 p.m., at the old Lake Mary City Hall on Country Club Road and Lake Mary Boulevard. All interested persons are welcome.

Blood Bank seeks donors

Central Florida Blood Bank is asking donors of all types of blood — especially O-type donors — to donate at its Sanford branch, 1302 E. Second St. For information, call 322-0622.

Aerobics offered

Sanford Recreation Department offers Step Aerobics at the youth center in Sanford City Hall, Mondays and Wednesdays, from 9 to 10 a.m. and 5:30 to 6:30 p.m. Instructor is Lisa Hines. Cost is \$3 per class. For information, call 330-8897.

TOPS meets Monday morning

SANFORD — TOPS (Take off Pounds Sensibly) Chapter #821 meets every Monday, from 10 a.m. to noon, at the Sanford Alliance Church, 1401 S. Park Ave., Sanford. For information, call 322-3130 or 324-5541.

Sanford Rotarians to meet

SANFORD — Rotary Club of Sanford meets every Monday at noon, at the Marina Hotel.

Activities for seniors

Lake Mary Seniors invite anyone 55 years or older to join them in two weekly activities on Monday: Woodcarvers, from 9:30 to 11:30 a.m.; Games, from 1 to 3 p.m., at the Frank Evans Center, 158 N. Country Club Road.

Employment opportunities for seniors

SANFORD — An employment program sponsored by AARP Senior Community Service Employment Program is held at the Sanford National Guard Armory, 915 E. First St., Monday through Friday. Interview hours are 8 a.m. to 1 p.m. Telephone: 324-8008. The program assists seniors, 55 and over, to return to the work place.

Cancer support group meets

Support, Hope and Recovery, S.H.A.R., meets every Monday afternoon at 5 p.m. at Central Florida Regional Hospital in the far corner of the dining room. This is a self help support group for all cancer survivors, whether in treatment now or finished with it. Call 324-8737 or 322-7785 for more information.

Help for gamblers offered

Gamblers Anonymous and Gam-Anon for family and friends, meet separately Monday and Friday (non-smokers) at 7:30 p.m., Church of the Good Shepherd, 331 Lake Ave., Maitland. For more information, call 236-9206.

Narcotics Anonymous meets Monday

Narcotics Anonymous meets Monday at 8 p.m. at the Presbyterian House of Goodwill, 317 Oak Ave., Sanford.

Nurses to meet monthly

The Licensed Practical Nurses Association of Florida, Inc., meets the second Monday of the month at 6:30 p.m. at Kilmer Baptist Church, 701 Formosa Ave. C.E.U. class provided each month. All meetings are open to LPNs and to students and graduate LPNs. For information call 299-4331.

Overeaters Anonymous meets Tuesday

SANFORD — Overeaters Anonymous meets every Tuesday, at 10 a.m. in Parish Hall Whitner Lounge of Holy Cross Episcopal Church in Sanford. The meetings last about an hour. There are no dues nor fees. The only requirement to attend is the desire to stop eating compulsively.

Sewing club gathers

Every Tuesday from 9:30 a.m. to noon, the WOOPIE Sewing Club gathers at the Lake Mary Senior Center, 158 N. Country Club Road, to make baby clothes, and items for nursing homes as well as items for the Christmas Store. The items made by the club are donated to preemie babies, nursing home residents and gifts for the annual Christmas store.

Activities for seniors

Lake Mary Seniors invite anyone 55 years or older to join them in a weekly activity on Tuesday: Art, from 9 a.m. to noon, at the Frank Evans Center, 158 N. Country Club Road.

Weekly Lions Club meeting

The Sanford Lions Club meets every Tuesday at noon at the Colonial Room in downtown Sanford. For information, call Andrea Krascies at 330-6116.

Bridge club to meet, play

Sanford Duplicate Bridge Club meets at noon each Tuesday at the Greater Sanford Chamber of Commerce, 400 E. First St., Sanford.

Over-50 Club meets Tuesday

The Over-50 Club meets the second and fourth Tuesday, at 10:30 a.m., at the Sanford Senior Center. Seniors are welcome.

Prescription for good health

Just the right combination of earth, rain and sunshine has made Florida a premier agricultural state. Florida produces more than 240 different commodities that span the agricultural alphabet — from avocados to zucchini — providing nearly everything you need for a healthy diet.

Health and nutrition experts nationwide agree that a balanced diet containing generous amounts of fresh fruits and vegetables can help consumers obtain the nutrition essential for good health. To increase public awareness of the importance of eating fresh fruits and vegetables, the Florida Department of Agriculture and Consumer Services is helping to promote "Florida Food and Nutrition Month" this March.

The following Dietary Guidelines for Americans can help you enjoy better health and reduce your chances of getting certain diseases — heart disease,



CONSUMER FOCUS

BARBARA HUGHES/GREGG

high blood pressure, stroke, certain cancers and the most common type of diabetes.

Eat a variety of foods. More than 40 different nutrients supplied by foods are needed to stay healthy. Try to eat foods from the following five food groups every day: breads, cereals and other grain products (6-11 servings); vegetables (3-5 servings); fruits (2-4 servings); meat, poultry, fish, eggs, dry beans and peas (2-3 servings); milk, cheese and yogurt (2-3 servings).

Maintain a healthy weight.

Your chances of developing health problems are increased if you are too fat or too thin. If you are not sure whether your weight falls in a healthy range, consult your doctor. Avoid extreme diets and get plenty of exercise.

Choose a diet with plenty of vegetables, fruits and grain products. Foods in these groups are generally low in fat and are natural sources of complex carbohydrates (starches), dietary fiber and nutrients linked to good health.

Choose a diet low in fat, saturated fat and cholesterol. High blood cholesterol levels increase the risk of heart disease and stroke. A diet high in fat can raise blood cholesterol levels in many people.

Use salt and sodium only in moderation. Too much sodium in food may aggravate existing high blood pressure which can increase the risk for heart attack, stroke and kidney disease.

Use sugars only in moderation. A diet with lots of sugar may provide too few calories and too few nutrients, and can contribute to tooth decay.

If you drink alcoholic beverages, do so in moderation. Heavy drinkers may develop nutritional deficiencies and more serious diseases, such as cirrhosis of the liver and certain types of cancer.

Don't forget the importance of exercise. A regular program of moderate activity increases your metabolism — the rate at which you burn calories — and helps keep you strong and healthy.

(Barbara Hughes/Gregg is the Seminole County Extension Home Economist. Inquiries may be directed to her at the Cooperative Extension Service, 280 W. County Home Road, Sanford, FL 32773 or phone 322-2800, Ext. 6666.)



Harold Photo by Norman Behreder

Credit union reviewed

Phil Gunster (left), president of the Sanford Over 50 Club, introduced Brenda Gamble, of Fairwinds Federal Credit Union, as a guest speaker. Joining Gamble were Sarah Hamby and Chris Stickney who spoke to the members about how a credit union operates and answered questions.

Deep conviction important issue for bride-to-be

DEAR MARY: I'm 21 years old and engaged to be married in June. It's always been important to me to remain a virgin until I get married and my fiancé has honored my wishes since we met three years ago.

Now that the wedding date is getting close, he's really putting a lot of pressure on me to have sex. He says in God's eyes we are already married because in biblical times a couple became one upon their stated intent to be man and wife. I don't want to hurt his feelings, but I just don't feel right about having sex before I'm married. It's something I've always held important and I've tried to explain this to him, but he thinks I'm just being stubborn and prudish. This is causing a lot of tension between us and I've even wondered if he's thinking about calling the whole thing off if I don't go along with him.

If God thinks we're already married I guess I'll go along with him. What do you think I should do?

A VIRGIN AND HOLDING

DEAR VIRGIN: I'm not a biblical scholar but I'm very concerned about your fiancé's lack of respect for a deeply held conviction on your part. If he feels it's not important to honor your beliefs and feelings on something as important to you as this, I'm afraid he will discount your feelings and beliefs even more after the wedding.

You need to initiate a very open and direct conversation with him immediately. Ask him specifically if he is having second thoughts about marriage because of your resistance to premarital sex. Share with him the concern about his lack of respect for your convictions and beliefs, and then pay a lot of attention to his responses, both verbal and nonverbal. What you



FAMILY COUNSELOR

MARY BALK

see and hear from him during this conversation may well be a preview of what life with him as his wife will be like. If you are uncomfortable with what you see and hear, you may want to be the one who re-evaluates this engagement, because I promise you, getting married will not automatically change anything for the better.

(Mary Balk is a Certified Addiction Prevention Professional and a counselor at Ovada High School. Contact her at 885-1842, Ex. 210.)

Tell kids that dad's 'trip' was to prison

DEAR ABBY: I would appreciate your advice on a problem that has been a nightmare for me. My husband is in prison. He will be serving time for the next 10 to 15 years for a crime he did not commit. My biggest problem has been how to deal with our two children, who are 6 and 8.

They have been very close to their father, and for the past year, they have sort of "accepted" his absence because I told them he's away on a business trip and will be home soon. They talk to him on the phone once a week. I am now considering going back to my country with the kids where I'll be closer to my family and friends.

Should I tell my kids that their dad can't come with us because he can't leave his business? Or should I tell them the truth?

I fear they will be unable to handle the truth at their ages. They think prison is a place for "bad" people, and I'm afraid it will kill them to find out that's where their dad is. Also, what will they say to their classmates if others ask them, "Where is your father?"

My instinct is to hold off until my kids are old enough to handle the situation. But if I wait, will they resent me for not telling them sooner? If I lie to our kids, I couldn't bring them with me to visit their father.

I love my husband very much and have to deal with this pain, too. But deceiving my children is the deepest hurt of all. Please don't print my real name if you put this in your column.

A CANADIAN READER

DEAR CANADIAN READER: To quote Sir Walter Scott, "Oh, what a tangled web we weave, when first we practice to deceive!" I urge you to tell your children that their father has been sent to prison for a crime he did not commit.

DEAR ABBY: I am a 36-year-old married woman. I have a wonderful husband and two beautiful children. I have everything I want in life, except for the fact that we live far away from our families and friends, although we see them often.



ADVICE

ABIGAIL VAN BUREN

When I get together with old friends, I become very nostalgic and have the urge to get in touch with one of my old boyfriends.

Abby, is there anything wrong with this? Is there anything wrong with wanting to know how he is and what he has done with his life?

NOSTALGIC IN SPRINGFIELD, VA.

DEAR NOSTALGIC: It is only natural to let your mind wander back to the years when you were footloose and fancy-free — and even romantically involved with someone else. Getting in touch with an old "babe" may seem innocent, but it could start a fire that is not easily extinguished.

Play it safe — steer clear of old flames and you'll never get singed.

DEAR ABBY: My daughter is dating a 28-year-old man who was picked up for indecent exposure about two weeks ago. This is the second time, according to police. My daughter has two young children, and I'm afraid she may leave them alone with him.

Abby, is he a danger to the children? Please answer soon. He doesn't have a court date as yet.

GRANDMOTHER IN UTICA, MICH.

DEAR GRANDMOTHER: Let me put it this way: If there is any question in your mind as to your daughter's — the children should not be left alone with this man.

BUY IT. SELL IT. FIND IT.

John Happy 60th Birthday

I love you with all my heart & more. Your Wife, Shirley

When I tell you "I Love you," I want it to mean more than when anyone else says it... I want it to mean that your happiness is everything to me, and that I want only the best for you always, no matter what it takes... I want it to mean that you're more important to me than anything else in my life... When I tell you "I love you," I want it to mean that you're a part of me and I'm a part of you, and no matter what happens in this world we'll be together forever, sharing our lives and our happiness.

REGAL CINEMAS

UP CLOSE AND PERSONAL (PG-13)
1:15 3:15 5:15 7:15 9:15

MURPHY BROWN (PG)
1:15 3:15 5:15 7:15 9:15

BEFORE AND AFTER (PG-13)
9:00

HAPPY BIRTHDAY (PG-13)
1:15 3:15 5:15 7:15 9:15

DOWN HOME (PG-13)
1:15 3:15 5:15 7:15 9:15

NOVEMBER MOON (PG)
1:15 3:15 5:15 7:15 9:15

THE LUCY SHOW (PG)
1:15 3:15 5:15 7:15 9:15

HELLBENDER (PG)
1:15 3:15 5:15 7:15 9:15

BLACK SHEEP (R)
1:15 3:15 5:15 7:15 9:15

Worship at the church of your choice



First United Methodist Church, 418 Park Ave., Sanford

Assembly Of God
FAMILY WORSHIP CENTER
 1770 W. Airport Blvd
 Sanford, FL 32771
 Tel. 322-8222
 Pastor Jeff Kraf
 Sunday School 8:30 a.m.
 Worship Service 10:30 a.m.
 Wednesday Service 7:30 p.m.

EMMANUEL ASSEMBLY OF GOD
 320 Commercial Street
 (Across from the Civic Center)
 Sanford, FL 32772
 Telephone (407) 321-1218
 John Poley Pastor
 Sunday School 9:30 a.m.
 Sunday Service 10:30 a.m.
 Sunday Evening Worship 6:00 p.m.
 Wednesday Bible Study 7:00 p.m.
 Nursery Provided

FREEDOM ASSEMBLY OF GOD WORSHIP CENTER
 2980 E. Orlando Dr., Sanford
 (Old Zaysa Plaza)
 407-323-8888
 Office Hours 9-5
 Pastor Randall Hart-Wachter
 Sunday Christian Class 10:00 a.m.
 Education Class 11:00 a.m.
 Morning Worship 9:00 a.m.
 Evening Service 6:00 p.m.
 Wednesday Mid-Week Bible Study 7:00 p.m.
 Monday through Friday Prayer 1:00 to 2:00 p.m.
 Nursery Provided

Baptist
CENTRAL BAPTIST CHURCH
 3101 W. 1st St., Sanford
 322-3914
 Bill Coffman Interim Pastor
 Jerry Fugate Assoc. Pastor
 Jack M. Thomas Minister of Music
 Jim Pagan Minister of Youth
 Sunday School 9:30 a.m.
 Morning Worship 11:00 a.m.
 Evening Worship 6:30 p.m.
 Wed. Prayer Service 6:30 p.m.

JORDAN BAPTIST CHURCH
 850 Upstate Rd., Sanford
 323-8072
 George Mead Pastor
 Sunday School 10:00 a.m.
 Morning Service 11:00 a.m.
 Evening Service 6:30 p.m.
 Wednesday Service 7:30 p.m.
 Old Truths for a New Day

FIRST BAPTIST CHURCH OF LAKE MARY
 Meets at Greenwood Lakes Middle School of Lake Mary
 Sunday School 9:30 a.m.
 Sunday Worship 10:30 a.m.
 Wednesday Service 6:30 p.m.
 Children & Adult Activities
 Bible Study
 Church Office (407) 323-4573
 (Beatside Home Depot in Lake Mary)
 Don Hicks Pastor
 Kenny McKay Minister of Music and Youth

FIRST BAPTIST CHURCH OF LONGWOOD
 801 E. 6th St
 Longwood, FL 32778-3284
 (407) 328-3617
 Sunday Bible Study 9:30 a.m.
 Worship 10:30 a.m.
 Wednesday 7:30 p.m.
 Wednesday Worship 7:30 p.m.
 Nursery - All services & Deal Ministry

PRESBYTERIAN BAPTIST CHURCH
 801 East Airport Boulevard
 Sanford, Florida 32773
 Church Office 322-3737
 Tony Fink Pastor
 Sunday School 9:45 a.m.
 Morning Worship 10:45 a.m.
 Evening Worship 6:45 p.m.
 Wednesday 7:45 p.m.
 Mid Week Worship 6:30 p.m.
 Children's Church 7:30 p.m.
 Thursday Visitation 8:28 p.m.

Baptist
WESTVIEW BAPTIST CHURCH
 810 Paola Road (48A)
 Sanford, Florida
 Dr. Dennis R. Litterton Pastor
 Sunday School 9:00 a.m.
 Morning Worship 10:00 a.m.
 Discipleship Training 8:00 p.m.
 Evening Worship 7:00 p.m.
 Wed. Prayer Service 7:00 p.m.

Catholic
ALL SOULS CATHOLIC CHURCH
 902 Oak Ave., Sanford, FL
 Father Richard W. Trout Pastor
 Sat. Vigil Mass 5:00 p.m.
 Sun. Mass 7:45 a.m.
 10:30 & 12:00 (Hispanic 9:00 a.m.)
 Confession, Sat 4:00-4:45 p.m.

ST. THOMAS MORE CHAPEL
 Traditional Roman Catholic
 Tridentine Latin Mass
 1st and 3rd Sunday of each month 8:00 p.m.
 Confessions heard before or after Mass
 Located in the Garden Club of Sanford
 200 Fairmont Dr., Sanford

Christian
FIRST CHRISTIAN CHURCH
 1807 E. Sanford Ave.
 Sunday School 9:45 a.m.
 Gospel Sing Along 10:45 a.m.
 Worship 11:30 a.m.
 Coffee Fellowship After Worship
 All Are Welcome Here
 Nursery Available

Church of God
CHURCH OF GOD
 801 W. 22nd Street
 Pastor 9:45 a.m.
 Sunday School 10:00 a.m.
 Morning Worship 10:30 p.m.
 Family Enrichment 7:00 p.m.
 Service Wednesday

Episcopal
HOLY CROSS EPISCOPAL CHURCH
 881 Palm Ave., Sanford
 Telephone (407) 323-4811
 Rev. C. Alfred Cole, Jr.
 Holy Eucharist 7:30 a.m.
 Holy Eucharist 10:00 a.m.
 Nursery & Preschool 10:00 a.m.
 Tuesday 7:00 a.m.
 Wednesday 10:00 a.m.
 Thursday 7:30 p.m.

Congregational
CONGREGATIONAL CHRISTIAN CHURCH (SACCC)
 2401 S. Park Ave., Sanford
 407-322-4584
 Rev. Thomas P. Tachubal Minister
 Church School 9:30 10:30 a.m.
 11:00 11:00 a.m.
 Fellowship Luncheon 6:30 a.m.
 every 2nd Wednesday
 Every last Saturday, 8:00 a.m.
 Men's Club Breakfast

Eastern Orthodox
HOLY TRINITY ROMANIAN ORTHODOX CHURCH
 St. Petrus Serbian Church
 1990 Lake Emma Rd., Longwood
 Rev. Father, Ioan Popescan
 Sunday Worship 10:30 a.m.
 Romanian Language 321-4355
 For Information Call

Episcopal
ST. JOHN'S EASTERN EPISCOPAL CHURCH
 2743 Country Club Road
 Rev. Donald Betts Pastor
 Church Phone (407) 321-4193
 Divine Liturgy 10:00 a.m.
 Sunday School 10:00 a.m.
 Confession By Appointment

Episcopal
ST. PETER'S EPISCOPAL CHURCH
 700 Pinehurst Road
 Lake Mary, Florida
 (407) 444-LORD
 Rector
 Sunday 8:00 a.m.
 Holy Eucharist
 Christian Education
 - All Ages
 Holy Eucharist
 Children's Church
 (Education Wing)
 Nursery Care Begins at 9:00 a.m.
 Through 10:00 a.m. Service
 Wednesday 7:00 p.m.
 Holy Eucharist

Episcopal
FOUR SQUARE CORNERSTONE CHRISTIAN FELLOWSHIP
 - LAKE MARY FOUR SQUARE -
 Lake Mary Elementary School
 Corner Lake Mary Blvd. and
 Country Club Road
 Tel. 322-8800
 Steve Quisenberry Pastor
 Sunday Worship 10:00 a.m.
 Wednesday Night Home Groups
 Nursery Provided

Inter-denominational
OUTREACH DELIVERANCE CENTER
 2231 Bages Ave., Sanford
 324-1019
 Josephine Barrington Pastor
 Mother Howell Co-Pastor
 Brother Dickerson Evangelist
 Mother Boyd Missionary
 Charles Hays Deacon
 Sister Dickerson Usher Board: 2
 Sunday School 10:00 a.m.
 Sunday Service 11:00 a.m.
 Tuesday Evening Bible Study 8:00 p.m.
 Thursday Evening Praise and Worship Service 8:00 p.m.

Non-Denominational
IGLESIA CRISTIANA BETHEL
 7998 Marquette Ave
 Sanford, FL 32777
 407-321-1707
 Pablo Fonseca Pastor
 Servicios:
 Lunas, Domingos en Hogares 7:30 p.m.
 Miércoles, Oración y Estudios Bíblicos 7:30 p.m.
 Viernes Servicio de Juvenes 7:30 p.m.
 Domingo: Escuela Bíblica Culto Evangélico 11:00 a.m.

Non-Denominational
BEARDALL AVE. CHAPEL
 3002 Beardall Ave
 322-6849 or 323-3784
 Jack Cox Pastor
 Sunday Morning Worship 10:00 a.m.
 Evening Service 6:00 p.m.
 Tuesday Evening Bible Study 7:00 p.m.
 Sunday Morning Prayer and Praise
 Pastor J.J. Kelly
 Ph. 321-3774

Non-Denominational
CELEBRATION CHURCH LAKE MARY
 126 W. Lakeview Ave.
 Lake Mary, Florida
 Dr. Kevin Chubb, Pastor 321-0210
 Sunday Morning Celebration Service 10:00 a.m.
 Wednesday Night Bible Study 7:00 p.m.

Non-Denominational
Cathy Ransom Pastor
 Sunday: Teaching Sunday 9:00 a.m.
 Sunday Worship 10:30 a.m.
 Children's Church Wednesday
 Mid-Week Service 7:00 p.m.
 Youth Bible Study/Activity 7:00 p.m.

Lutheran
GOOD SHEPHERS EVANGELICAL LUTHERAN CHURCH OF SANFORD
 ELCA
 2917 Orlando Dr. (Mary 17 82)
 Phone 322-7312
 Sunday School 9:30 a.m.
 Adult Bible Class 10:30 a.m.
 Nursery Provided

HOLY CROSS LUTHERAN CHURCH OF LAKE MARY
 780 Sun Drive, Lake Mary
 Paul Hoyer Pastor
 Sunday Worship Service 8:00 & 10:30 a.m.
 Saturday Service 8:30 p.m.
 Sunday School 9:30 a.m.
 Adult Bible Class 9:15 a.m.
 Holy Cross Story Hour Preschool For Information Call 323-0787

LUTHERAN CHURCH OF THE REDDESSER
 (Missouri Synod)
 2325 Oak Ave., Sanford
 Rev. Elmer A. Pascher Pastor
 Sunday School 9:15 a.m.
 Worship Service 10:30 a.m.
 Nursery Provided
 For Information Call 322-3552 or 323-0810

Methodist
CHRIST UNITED METHODIST CHURCH
 488 Tulear Drive
 (Corner Tulear Dr. & CR 427)
 Rev. Frank McKeown Pastor
 Telephone (407) 322-7820
 Sunday School 9:30 a.m.
 Inter-Mission 10:30 a.m.
 Morning Worship 11:00 a.m.
 Bible Study 6:30 p.m.
 Methodist Youth Fellowship 8:00 p.m.
 Children's Time included in Worship
 Nursery provided for Babies and Small Children
 "Small Enough To Love You - Growing In Christ To Serve You"

FIRST UNITED METHODIST CHURCH
 418 Park Ave.
 322-4371
 Clifford Melvin Pastor
 Daniel Sellers Choir Director
 Morning Worship 8:30 & 11:00 a.m.
 Coffee Fellowship 9:30 a.m.
 Sunday School 9:45 a.m.
 Youth Fellowship 4:30 p.m.
 Women's Fellowship 11:00 a.m.
 1st Monday 10:00 a.m., 2:00 p.m., 7:30 p.m.
 Men's Prayer Breakfast 8:30 a.m.
 1st Thursday 8:30 a.m.
 Men's Fellowship Dinner 8:30 p.m.
 2nd Thursday 8:30 p.m.
 Nursery Provided For All Services

Methodist
GRACE UNITED METHODIST CHURCH
 488 Country Club Road
 Lake Mary
 David A. Liddel, Jr. Pastor
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 U.M.F. Nursery Provided For All Services

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GRACE UNITED METHODIST CHURCH
 488 Country Club Road
 Lake Mary
 David A. Liddel, Jr. Pastor
 Morning Worship 8:30 & 11:00 a.m.
 Coffee Fellowship 9:30 a.m.
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Religion

IN BRIEF

Concert scheduled

SANFORD — "New Vision" will be in concert at the House of Refuge Ministries, Sunday, March 31 at 6:30 p.m. Jesus Christ House of Prayer Choir and the House of Refuge Mass Choir, along with soloist Ernest Hargett, will also perform. The church is located at 1001 Celery Ave. For more information call the church office at 324-4711.

Anniversary celebration

SANFORD — Members of St. Paul Missionary Baptist Church will celebrate their Mission Department anniversary Sunday at 5 p.m. The speaker for the event will be Mary Miller, president of First South Florida Baptist Association Mission Department.

Choir honors director

SANFORD — Members of Progress Missionary Baptist Church Choir will honor musician and director, Gloria Williams, tomorrow at 7 p.m. at the church. Williams is also the director of the Martin Luther King Jr. Celebration Choir. The community is invited to attend.

'Men's Day' set

SANFORD — Members of Historic St. James AME Church, 819 Cypress Ave., and their pastor, the Rev. Preston Adams, Jr., will celebrate their annual "Men's Day" Sunday at 3:30 p.m.

The theme for the occasion will be "Men Reclaiming their Values in God, Family and Community." The speaker for the event will be Dr. Brian J. Davis.

Davis served as chairman for the council of ministries from 1988 to 1990 for Ebenezer United Methodist Church and is the first appointed black individual to serve as chief attorney of Florida.

A theatrical play entitled, "Putting Pride on Trial," will also be presented at 7 p.m. that evening. The play was written and directed by Minister Caroline Shine.

The public is invited to attend. For more information call 323-5553.

Musical presented

CASSELBERRY — A dramatic musical entitled, "King of Kings," will be presented on March 29 and 30 at 7 p.m. each evening at the Community United Methodist Church.

The church is located on 17-92, one quarter mile north of Highway 438 in Casselberry.

The life and times of Christ will be highlighted as seen through the eyes of Paul and Silas. The production is arranged by the Chancel Choir and Cast of CUMC and is free to the public.

For more information call 831-3777.

'Sullivan Family' to perform

SANFORD — A special Blue-Grass Gospel concert featuring the "Sullivan Family" will take place Sunday at Beardall Ave. Chapel, 3002 Beardall Ave.

The group, from St. Stephens, Alabama, was voted #1 by the Blue-Grass Hall of Fame. They are also America's oldest Blue-Grass Gospel group.

Special guest will be Sherry DePolla, writer and composer of Gospel music. Admission is free and open to the public.

For more information call 323-3794.

'Gospel Sing' planned

SANFORD — Gospel singing featuring "Roger Bankson and the Bankson Family," will take place at Beardall Ave. Chapel, 3002 Beardall Ave., Saturday, March 16 at 7 p.m.

Additional guests are "The Sweet Anointed Singers," from Clewiston, Florida. Admission is free and the public is invited.

For more information call 323-3794.

Parsons to sing

DELTONA — Squire Parsons will perform at Deltona Lakes Baptist Church, 2886 Elkcam Blvd., Sunday, March 24. He will sing at the 9:30 a.m. and 10:45 a.m. services.

In addition, the church has deemed this day as the first annual "Friend Day." Other special guests include the newly-elected mayor and commissioners of Deltona.

Admission is free for the concert. A love offering will be taken for Squire Parsons.

For more information call the church office at 904-789-2400. Nursery will be provided.

Teen Challenge to speak

WINTER PARK — Students from Teen Challenge will visit Calvary Assembly Church on Sunday, March 24 at 6 p.m. There will be singing and a short message.

The public is invited to attend. For more information call Tina Irwin at the church office at 844-1199 ext. 225.

The church is located near the I-4 and Fairbanks Avenue exit at 1199 Clay St.

Ortlund to speak

LONGWOOD — Ray and Anne Ortlund will speak at First Baptist Church of Longwood, 891 E. State Road 434 (one block west of Hwy. 17-92 or 4 miles east of I-4). The couple will present a lesson at the 10:45 a.m. and 6 p.m. service on March 17 and March 18 and 19 at 7 p.m.

They will speak concerning burn-out and how the Christian needs a time of renewal. They have authored several top-selling books found in local Christian bookstores.

Mens rally set

SANFORD — The "Rise Up! Sanford" Mens Rally and "Nothin' but Net" basketball tournament will be at the Sanford Civic Center and Ft. Melon Park on Saturday, April 13 beginning at 7 a.m.

The event will feature a free "hungry mans" breakfast, multi-church special music, special speakers, a three on three basketball tournament and a family picnic at the park.

This years theme will be "Breaking Down the Walls." Listen to the "Rise Up! Sanford" program every Saturday morning at 10 a.m. on WTRR 1400AM.

For more information write to P.O. Box 702, Sanford, Florida 32772 or call Tom at 330-2082.

Music seminar set

SANFORD — The Sanford Church of God will present a music seminar April 27 and 28 conducted by Dr. Delton Alford. For more information call the church office at 323-3942.

Prison ministry banquet set

SANFORD — The Good News Jail and Prison Ministry at the John E. Polk Correctional Facility invites the public to attend its 13th Annual Benefit Banquet on Friday, March 23 at 6:30 p.m. The event will take place at the Sanford Civic Center, 401 E. Seminole Blvd.

Ex-offenders' testimonies will be featured. Harry Greene, President of Good News Jail and Prison Ministry will interview.

Special music will be available by "Glory Bound."

For more information call Chaplain Charles Pittroff at 324-5221.

Church to conduct campaign Wayne Kilpatrick at speak at meetings

By SUSAN WENNER
Herald Staff Writer

SANFORD — The Sanford Church of Christ, 1500 Park Ave., has scheduled a campaign and meeting to begin Sunday, March 17 through Thursday, March 21. Students from International Bible College in Florence, Alabama will join the congregation in a "door-knocking campaign" to reach the area.

Wayne Kilpatrick, a professor at the institution, will accompany the group of 11 students aspiring careers in the ministry and their wives in sharing the word of God with the City of Sanford.

A total of 19 from the college will be present to assist in this endeavor. The group travels the nation to assist churches with evangelistic outreach. Students are required to attend at least two campaigns a year in the spring and fall for college credits.

The elders, deacons and members of the church have worked for over a year in preparation for this effort. Those participating hope to cover most of the residential area of Sanford to invite others for worship and to arrange and set up Bible studies.

According to Tony Black, minister of the Sanford Church of Christ, "the purpose of this campaign is to get the message of the Gospel in the community and let people know we're here. We want to increase the community's awareness of our presence and communicate our willingness to help."

Featured speaker for the meeting will be Wayne



Sanford Church of Christ, 1500 Park Ave., Sanford

Herald Photo by Susan Wenner

Kilpatrick. Services will be held Sunday, March 17 at 10:30 a.m. and 1:30 p.m. Guests are invited to stay for a covered dish luncheon immediately following the morning services.

Also assembling Monday through Thursday at 7 p.m. each evening, a message will be brought again by Kilpatrick. Topics include "Jesus The Evangelist," "The Twelve Evangelists," "Evangelism Builds," "Evangelism Restores," and finally on Thursday evening a motivating lesson concerning the responsibility of individual Christians and the church as a whole entitled, "Where Do We Go From Here?"

Black further commented, "I think this is an exceptional opportunity for us to have these students here. We want to let others know we care."

The congregation's "care groups" will provide dinner for all workers participating in the campaign. Food themes for the night's meals include various flavors such as Italian, Mexican and etc.

Members within the church will open their homes to provide housing and the morning breakfast as well as transportation. Many ladies will organize lunch in the Fellowship Hall of the church building daily to nourish those working.

Several former members of the church who now attend International Bible College to study for the ministry, Glenn and Mark Newton along their families, will also return to help with the campaign. Members will observe first-hand the encouragement, skills and teaching the duo have received and experienced during



Wayne Kilpatrick

their time there. The public is invited to attend all meetings. For more information call the church office at 322-7781.

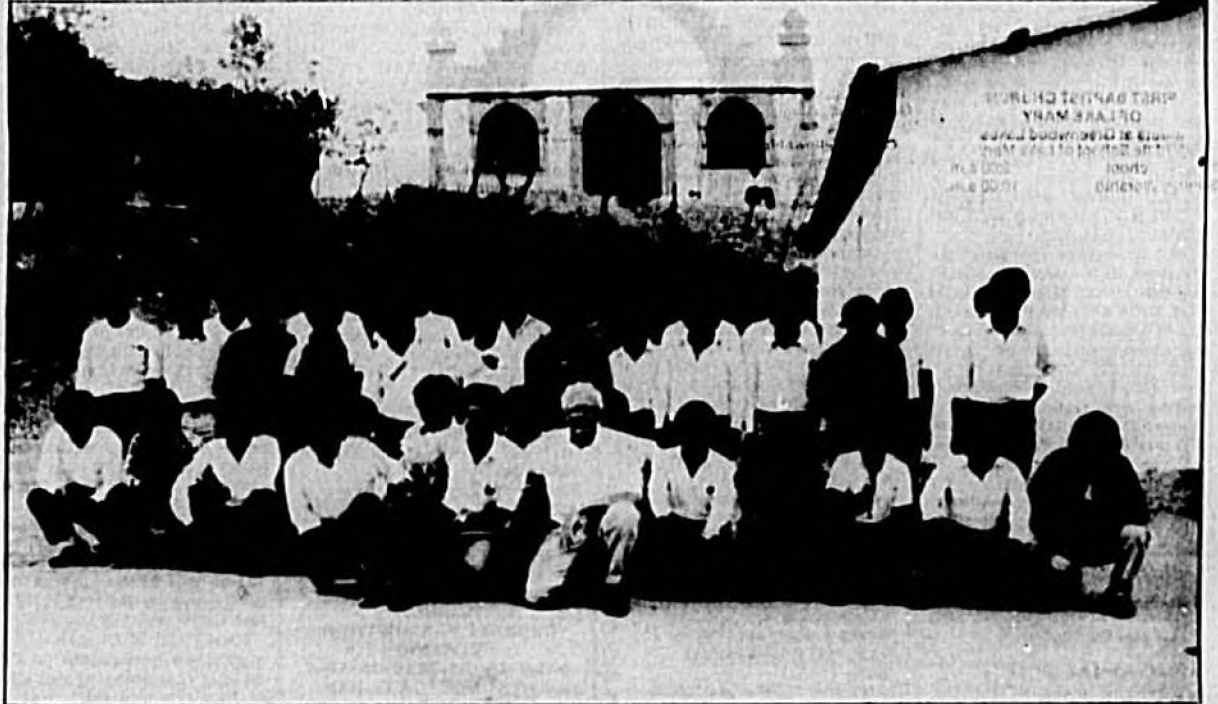
Myers to preach at Wekiva Assembly

By SUSAN WENNER
Herald Staff Writer

LONGWOOD — Wekiva Assembly, 1675 Dixon Rd., will feature Larry Myers as the guest speaker on Wednesday, March 13 at 7 p.m. in the Family Service at the church.

According to sources, "Myers was inspired by the conviction that the blood of Jesus is the great equalizer." He has "set out to bring much-needed hope and relief to the desperately poor of Mexico. He was deeply moved by these people, who have so little yet worship their Lord and Savior, even in the midst of their need."

Myers began his ministry at the beginning of 1980 in Mexico. Presently he oversees over 200 churches, two medical clinics and two Bible schools. His belief is "that we all can reach out as Christians to those in need and are hungry for God, whether at home or abroad and make a difference in their lives."



Top photo: Larry Myers, kneeling, pictured with young ministers in China's area.

File Photo

General Pyankov delivers message

By SUSAN WENNER
Herald Staff Writer

LONGWOOD — General Boris Pyankov entered the military as a private some 43 years ago, but gained the position of general in 1975. He remains in active service.

As one of only 28 three star (highest rank) generals, Pyankov maintained the position of Deputy Minister of Defense in 1991 when the coop occurred

and communism died. Soon after this in 1987 he professed to become "a born again Christian." He was led to the Word by General Slava Borisov, a one star general, who was converted in 1985.

Surviving a helicopter crash, Pyankov said he "cried out to a God I didn't believe in Who answered his prayer" and spared his life.

He continues to participate as the chairman of the CIS

(Commonwealth of Independent States) and meets monthly with the Ministers of Defense from each country.

Pyankov is the chairman of the society of Military Men for Spiritual Renewal. Several hundred soldiers and officers are members.

General Pyankov will speak at Wekiva Assembly, 1675 Dixon Rd., on Wednesday, March 20 at 7 p.m. For more information call the church office at 774-0777.



General Boris Pyankov

Sharing God's love with the lost

It's quite a treat to hear well-meaning people complain about the condition of the world but are not willing to put forth the effort to make the world a better place. Jesus spoke to his followers in Mark 16:15 and said, "Go into all the world and preach the Gospel." Have you

covered your "own little world?" The challenge is before us to let our light shine. Are you a flicker and a beacon to those in need of salvation?

There's a saying I once heard that "people don't care how

much you know until they know how much you care." Everyone can use their talents in some way to help others.

We can "bloom where we are planted." Is that flower fading or are you spreading the fragrance of a life with God to all you meet?

	RELIGION
	SUSAN WENNER



Methodists serve at Grace & Grits

Members of First United Methodist Church recently assisted at Holy Cross Episcopal Church for the Grace and Grits program. Pictured (not in order) are Sandy Swain, Mark Davis Jr. / Sr., Leslie Davis, Ashby Jones, Venessa Kelly, Joshua Carter, Lindsey Evans, Debby Gordon and Catherine Treham.

Herald Photo by Herman Schreiber

Legal Notices

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA

CASE NO. 95-1873-CA-14-K EUGENE R. SIMPSON and CHRISTINE R. SIMPSON, Plaintiff

vs. SABINE MARIE-CHRISTINE LAFERRIERE, a resident of Seminole County, Florida, RONNEE S. LAFERRIERE, a resident of Seminole County, Florida, JOHN DOE and JANE DOE, and the unknown heirs or devisees of J. Paul Laferriere, s/w/a John Paul Laferriere, deceased, and GORDON INSURANCE AGENCY, a Florida corporation, Defendants.

NOTICE OF SALE Notice is hereby given that pursuant to the Summary Final Judgment of Foreclosure entered in the case pending in the Circuit Court in and for Seminole County, Florida, being Civil Number 95-1873-CA-14-K, the undersigned Clerk will sell the property situated in Seminole County, Florida, described as:

Begin at the northwest corner of Block 5, PEARL LAKE HEIGHTS, according to the plat thereof as recorded in Plat Book 8, Page 31, Public Records of Seminole County, Florida. Thence run east 100 feet, thence run south 100 feet, thence run north to the point of beginning.

at public sale to the highest bidder for cash at 11:00 a.m., on the 28th day of March, 1996, Seminole County Court House, 301 N. Park Avenue, Sanford, Florida at the west front door.

DATED this 8th, day of MARCH, 1996. MARYANNE MORSE Clerk of Circuit Court By: Jane E. Jasevic As Deputy Clerk

NOTICE OF ADMINISTRATION The administration of the estate of HOWARD MORRIS WINNER, deceased, File Number 95-900-CR, is pending in the Circuit Court for Seminole County, Florida, Probate Division, the address of which is P.O. Drawer C, Sanford, FL 32771. The name and address of the personal representative and of the personal representative's attorney are set forth below.

ALL CLAIMS AND OBJECTIONS NOT SO FILED WILL BE FOREVER BARRED. All interested persons are required to file with the Court WITHIN THREE MONTHS FROM THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE: (1) all claims against the estate and (2) any objection by an interested person to whom notice was mailed that challenges the validity of the will, the qualifications of the personal representative, venue or jurisdiction of the court.

Dates of the first publication of this notice of administration: March 8th, 1996. JOHN L. WINNER Attorney for Personal Representative: CHARLES A. DELINGER, ESQ. 821 Palm Springs Dr. 1117 Altamonte Springs, FL 32701 407/831-4402 Florida Bar No. 190507 Publish: March 8, 1996 DEN-43

Legal Notices

IN THE CIRCUIT COURT OF THE 18 JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA

GENERAL JURISDICTION DIVISION CASE NO. 95-2228-CA-14-A NORWEST MORTGAGE, INC. PLAINTIFF

vs. MARK E. LEWIS, ET AL DEFENDANT(S) NOTICE OF FORECLOSURE SALE NOTICE IS HEREBY GIVEN pursuant to a Summary Final Judgment of foreclosure dated March 1st, 1996, entered in Civil Case No. 95-2228-CA-14-A of the Circuit Court of the 18 Judicial Circuit in and for SEMINOLE COUNTY, SANFORD, Florida, I will sell to the highest and best bidder for cash AT THE WEST FRONT DOOR OF THE SEMINOLE COUNTY Courthouse in SANFORD, Florida, at 11:00 o'clock a.m. on the 4th day of April, 1996 the following described property as set forth in said Summary Final Judgment, to-wit:

LOT 3, BLOCK 3, NORTH ORLANDO RANCHES SECTION 8, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 13, PAGE 12, OF THE PUBLIC RECORDS OF SEMINOLE COUNTY, FLORIDA. Dated this 4th day of March 1996.

(CIRCUIT COURT SEAL) MARYANNE MORSE Clerk of the Circuit Court By: Dorothy W. Bolton Deputy Clerk BARBARA CHASE ATTORNEY FOR PLAINTIFF 4800 BHERIDAN STREET STE 400 HOLLYWOOD, FL 33021 95-03422

IN ACCORDANCE WITH THE AMERICANS WITH DISABILITIES ACT, persons with disabilities needing a special accommodation should contact COURT ADMINISTRATION, at the SEMINOLE County Courthouse at (407) 323-4330, 1-800-986-8771 (TDD) or 1-800-986-8770, via Florida Relay Service. Publish: March 8, 1996 DEN-41

IN THE CIRCUIT COURT, EIGHTEENTH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA CASE NO. 95-2228-CA-14-A ALLIANCE MORTGAGE COMPANY, Florida corporation, Plaintiff, vs. CYNTHIA D. KEYSER, et al., Defendant(s).

NOTICE OF SALE Notice is hereby given that pursuant to a Summary Final Judgment of Foreclosure, I will sell the following described property located in Seminole County, Florida:

Lot 5, Block 21, NORTH ORLANDO, 1st Addition, according to the plat thereof as recorded in Plat Book 12, pages 23 and 24, public records of Seminole County, Florida, at public sale, to the highest bidder for cash, at the west front door of the Seminole County Courthouse, Sanford, Florida, 11:00 a.m. on April 6th, 1996. Americans With Disabilities Act of 1990, Administrative Order No. 94-26. Persons with a disability who need a special accommodation to participate in this proceeding should contact Disability Coordinator at 301 North Park Avenue, Suite N-301, Sanford, Florida 32771 at least five days prior to the proceeding. Telephone: 407-323-4330 Ext. 4327; 1-800-986-8771 (TDD) users only. Witness my hand and Seal of this Court on March 8th, 1996. (Court Seal) MARYANNE MORSE CLERK, CIRCUIT COURT By Dorothy W. Bolton Deputy Clerk Smith & Simmons, P.A. 118 West Adams Street Suite 1118 Jacksonville, Florida 32208 Telephone: (904) 384-2648 Attorneys for Plaintiff Publish: March 8, 1996 DEN-24

Legal Notices

NOTICE OF FICTITIOUS NAME Notice is hereby given that I am engaged in business at 217 N. Westmonte Dr., Suite 2018, Altamonte Springs, FL 32714, Seminole County, Florida, under the Fictitious Name of BANKERS SERVICE CORPORATION, and that I intend to register said name with the Division of Corporations, Tallahassee, Florida, in accordance with the provisions of the Fictitious Name Statutes, To-Wit: Section 959.09, Florida Statutes 1991.

Steve Goldsmith Plaintiff; Steve Goldsmith Publish: March 8, 1996 DEN-42

NOTICE OF FICTITIOUS NAME Notice is hereby given that I am engaged in business at 1298 Settlers Loop, Geneva, FL 32732, Seminole County, Florida, under the Fictitious Name of PRO-MED ELECTRONIC BILLING SERVICE, and that I intend to register said name with the Division of Corporations, Tallahassee, Florida, in accordance with the provisions of the Fictitious Name Statutes, To-Wit: Section 959.09, Florida Statutes 1991.

Sharon Moore Plaintiff; Sharon Moore Publish: March 8, 1996 DEN-46

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA GENERAL JURISDICTION DIVISION CASE NO. 95-2003-CA-14B BANKERS TRUST COMPANY OF CALIFORNIA, N.A., AS TRUSTEE UNDER THAT CERTAIN POOLING AND SERVICING AGREEMENT SERIES 1994-04 PLAINTIFF

vs. HINDU SANTAN DHARMA OF AMERICA, INC. A/K/A HINDU SANTAN DHARMA OF AMERICA, INC., A DISSOLVED FLORIDA CORPORATION, ET AL DEFENDANT(S)

NOTICE OF FORECLOSURE SALE NOTICE IS HEREBY GIVEN pursuant to a Summary Final Judgment of foreclosure dated March 1st, 1996, entered in Civil Case No. 95-2003-CA-14B of the Circuit Court of the 18th Judicial Circuit in and for SEMINOLE COUNTY, SANFORD, Florida, I will sell to the highest and best bidder for cash at the WEST FRONT DOOR OF THE SEMINOLE County Courthouse, 301 N. PARK in SANFORD, Florida, at 11:00 a.m. on the 4th day of April, 1996 the following described property as set forth in said Summary Final Judgment, to-wit:

LOT 17, FIRST REPLAT TO HIGHLAND HILLS ACCORDING TO THE PLAT THEREOF RECORDED IN PLAT BOOK 90, PAGE 7 OF THE PUBLIC RECORDS OF SEMINOLE COUNTY, FLORIDA Dated this 4th day of March, 1996.

(CIRCUIT COURT SEAL) MARYANNE MORSE Clerk of the Circuit Court By: Dorothy W. Bolton Deputy Clerk DWIG J. STERN ATTORNEY FOR PLAINTIFF 4800 BHERIDAN STREET STE 400 HOLLYWOOD, FL 33021 95-03422

Legal Notices

STATE OF NORTH CAROLINA COUNTY OF UNION IN THE GENERAL COURT OF JUSTICE DISTRICT COURT DIVISION FILE NO: 95-CVD 00112 ROBERT TODD BEDIENT, Plaintiff,

vs. MARYLYN SANTIAGO BEDIENT, Defendant. NOTICE OF SERVICE OF PROCESS BY DELEGATION TO: MARYLYN SANTIAGO BEDIENT

Take notice that a pleading seeking relief against you has been filed in the above-entitled action. The nature of the relief being sought is as follows: Absolute Divorce and Equitable Distribution of Marital Property. You are required to make defense to each pleading not later than the 40 days from the date set forth below, that date being the first date of the publication of this notice, and upon your failure to do so the party seeking service against you will apply to the court for the relief sought.

This the 23rd day of February, 1996. M. Ligon Bundy Attorney for Plaintiff OF COBEL PERRY, BUNDY, PLYLER & LONG, L.L.P. P.O. Box 7 Monroe, N.C. 28111 Telephone: 704/289-2619 Publish: February 23, and March 1, 9, 1996 DEN-237

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA GENERAL CIVIL CASE NO. 95-1787-CA-14-B Di-lic-88

Judge: Seymour Benson UNITED COMPANIES LIFE INSURANCE COMPANY, a Louisiana corporation Plaintiff, vs. LONGWOOD PROMENADE ASSOCIATES, a Florida general partnership, by and through its General Partners, J. WAYNE MILLER and KENDAL W. ALLEN; J. WAYNE MILLER, Individually; KENDAL W. ALLEN, Individually; and CROWN SAVINGS ASSOCIATION, a Florida savings association, Defendants.

NOTICE OF SALES NOTICE IS HEREBY GIVEN that, pursuant to the Summary Final Judgment entered in the above-styled cause, in the Circuit Court of Seminole County, Florida, I will sell the property situate in Seminole County, Florida, described as: EXHIBIT "A"

FROM the Northwest corner of Lot 1, IRENEDELE, as recorded in Plat Book 8, Page 88, Public Records of Seminole County, Florida, run East along the North 1/4 of said Lot 1 a distance of 88.3 feet to the new East right of way line of U.S. Highway No. 17-82, 6.08'12" along said right of way line 228.48 feet to the point of beginning; thence N.89°48'56" E., 228.72 feet; thence S.88°58'58" E., 228.72 feet; thence S.75°47' E., 314.53 feet to a point 894.90 feet East and 366.36 feet South of the Northwest corner of said Lot 1; thence South 84.74 feet; thence S.89°37'48" W., 588.60 feet to the East right of way line of U.S. Highway No. 17-82, 6.08'12" along said right of way line being on a curve concave Westwesterly and having a radius of 3048.53 feet; thence from a tangent bearing of N.87°54'06" E., run Northerly along said right of way line and along the arc of said curve 128.85 feet to the point of beginning; thence N.05°18' E., 72.52 feet to the point of beginning.

TOGETHER WITH all improvements now or hereafter located on said real property and all of Mortgagee's interest in heating and air conditioning and electrical and plumbing systems, water and sewer, and equipment which is required for the maintenance or operation of said real property, together with all replacements and substitutions of the foregoing; all leases and permits used or required in connection with the use of said real property, together with all improvements, proceeds of insurance and condemnation awards (the foregoing said real property, tangible and intangible personal property hereinafter referred to collectively as the "Mortgaged Property"). At Public Sale to the highest bidder for cash, at the West front door of the Seminole County Courthouse, located at 301 North Park Avenue, in Sanford, Seminole County, Florida 32771, commencing at 11:00 a.m. on April 6th, 1996. WITNESS my hand and Seal of this Court on March 6th, 1996. (Court Seal) MARYANNE MORSE Clerk of the Circuit Court By: Dorothy W. Bolton Deputy Clerk Karen Meyer Sussing, Esquire Florida Bar No. 344801 RUDOLPH & WOLFE 101 East Kennedy Boulevard Sanford Plaza Suite 2100 Tallahassee, Florida 32302 913/225-3111 Attorneys for Plaintiff Publish: March 8, 1996 DEN-68

Legal Notices

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL DISTRICT IN AND FOR SEMINOLE COUNTY, FLORIDA CIVIL DIVISION CASE NO. 95-1489-CA-14-B COAST FEDERAL BANK, FEDERAL SAVINGS BANK, 1/2 A COAST SAVINGS AND LOAN ASSOCIATION, Plaintiff,

vs. DEL-ALTA HOLDINGS, LTD., a Canadian corporation; and WILSHIRE PLAZA REO V, a California limited partnership, Defendants. NOTICE OF SALE NOTICE IS HEREBY GIVEN that, pursuant to the Order or Final Judgment entered in this cause in the Circuit Court for Seminole County, Florida, I will sell the property situated in Seminole County, Florida, described as:

From the Northeast corner of INDIAN HILLS UNIT FOUR, as recorded in Plat Book 15, Page 19, of the Public Records of Seminole County, Florida, run West, along the North line of said INDIAN HILLS UNIT FOUR, a distance of 250.00 feet; thence North 00°11'48" West 300.00 feet; thence North 88°48'20" West 185.42 feet; thence North 42°47'18" East 340.00 feet for a Point of Beginning; thence continue North 42°47'18" East 700.00 feet to a Point on the Southeastly right-of-way line of State Road No. 428; thence run North 47°12'42" West, along said Southeastly right-of-way line, 172.50 feet; thence run South 42°47'18" West 227.50 feet; thence run North 47°12'42" West 111.80 feet; thence run South 42°47'18" West 28.00 feet; thence run North 47°12'42" West 80.00 feet; thence run South 42°47'18" West 37.50 feet; thence run South 47°12'42" East 160.00 feet; thence run South 42°47'18" West 400.00 feet; thence run South 47°12'42" East 210.00 feet to the Point of Beginning.

at public sale, to the highest bidder, for cash, at the West Front door of the Seminole County Courthouse, 301 N. Park Avenue, Sanford, Florida at 11:00 A.M., on the 8th day of APRIL, 1996. MARYANNE MORSE Clerk of the Circuit Court By: Jane E. Jasevic Deputy Clerk John Curtis Mucks, Esquire; Powell, Garney, Mcane Hucks & Olson, P.A. Post Office Box 1808 St. Petersburg, FL 33731-1808 Publish: March 8, 15, 1996 DEN-78

NOTICE OF PUBLIC HEARING AND ZONING NOTICE is hereby given that a Public Hearing will be held by the Planning & Zoning Commission in the City Commission Chambers, City Hall, Sanford, Florida, on Thursday, March 8th, 1996, to consider a request for a Dimensional Variance in a R-1, Restricted Residential Zoning District.

LEGAL DESCRIPTION: From the S 1/4 corner of Sec 8, Twp 26 S, R. 12 E, Seminole County, FL, run N00°18'58" W, along the N-S 1/4 Sec Line of said Sec 8, a distance of 484.31'; thence run N89°33'58" E., 497.42'; for a POINT OF BEGINNING; thence continue N89°33'58" E., 600.00'; thence run N89°33'58" W., 646.00'; thence run N89°33'58" W., 100.00'; thence run N89°33'58" W., 351.00'; thence run S89°33'58" W., 496.90'; thence run S89°33'58" W., 60.00'; thence run S89°33'58" W., 60.00'; thence run S89°33'58" W., 316.00'; thence run S89°33'58" E., 600.74' to the Point of Beginning.

Being more generally described as 100 Jetz Aire Court. Dimensional Variance Requested: A variance in sign height requirements - 25' required, 51' proposed, a variance of 26'. All parties in interest and citizens shall have an opportunity to be heard at said hearing. By order of the Planning & Zoning Commission of the City of Sanford, Florida, this 3rd day of March, 1996. Helen Stears, Chairman Planning & Zoning Commission

ADVICE TO THE PUBLIC: If a person desires to appeal a Public Hearing will be held by the Planning & Zoning Commission in the City Commission Chambers, City Hall, Sanford, Florida, at 7:00 p.m. on Thursday, March 8th, 1996, to consider a request for a Variance in a R-1, General Residential Zoning District. LEGAL DESCRIPTION: Lots 47 LESS 80 N 31°07'18" E., 07.9' LESS 08'48" W., 55.96' of 88 Cor run N01°08'20" W., 161.34' by an Curve 82.51', as recorded in the Public Records of Seminole County, FL. Being more generally described as 2734 S. Orlando Drive. Conditional Use Requested: Automotive Dealer Sales. All parties in interest and citizens shall have an opportunity to be heard at said hearing. By order of the Planning & Zoning Commission of the City of Sanford, Florida, this 6th day of March, 1996. Helen Stears, Chairman Planning & Zoning Commission

ADVICE TO THE PUBLIC: If a person desires to appeal a decision made with respect to any matter considered at the above meeting or hearing, he/she may need a verbatim record of the proceedings including the testimony and evidence, which record is not available to the City of Sanford. (FS 286.516) PERSONS WITH DISABILITIES NEEDING ASSISTANCE TO PARTICIPATE IN ANY OF THESE PROCEEDINGS SHOULD CONTACT THE PERSONNEL OFFICE ADA COORDINATOR AT 330-8936 98 HOURS IN ADVANCE OF THE MEETING. PUBLISH: March 8, 1996 DEN-73

CLASSIFIED ADS

Seminole 407/322-2611 Orlando - Winter Park 407/831-9993

CLASSIFIED DEPT. HOURS 6:00 A.M. - 5:00 P.M. MONDAY thru FRIDAY CLOSED SATURDAY & SUNDAY

PRIVATE PARTY RATES 14 consecutive times..... \$89 a line 7 consecutive times..... \$49 a line 3 consecutive times..... \$1.42 a line 1 time..... \$1.42 a line Rates are per issue, based on 3 lines * 3 Lines Minimum

DEADLINES Tuesday thru Friday 12 Noon The Day Before Publication Sunday 12 Noon Day

ADJUSTMENTS AND CREDITS: In the event of an error in an ad, the Sanford Herald will be responsible for the first insertion only and only to the extent of the cost of that insertion. Please check your ad for accuracy the first day it runs.

12-Elderly Care HILLVAVER HEALTH CARE CENTER, specializing in rehab. and restorative care. 950 Maitland Ave. 321-9411

13-Cemetery Lots 2 PLOTS Garden of Devotion, 6498 Value. SELL for \$2000. ODO. 904-773-0663

17-Single Services Christian Singles Network. FREE Trial. Call ext. 150. 407-321-1126 or 1-800-897-2710

21-Personals ADOPTIONS Free medical care, transportation, counseling, private doctor plus living expenses. Bar 223715 Clearwater Attorney John Fricker 1-800-937-3444

22-Health Care A HOME FOR your loved one in my home. \$700 a up per month. Great Care! 321-9226

71-Help Wanted

DRIVERS CEMENT WORKERS START TODAY IMMEDIATE WORK OTHER WORKERS ALSO NEEDED. WORKFORCE U.S.A.

APPLY: 2761 French Ave. 407-338-1033 GENERAL CLEANERS P/T 1-800-466-2064 Sanford Eves. esp. & dependable. HOME CLEANERS. Start! \$7.00 per hr. TOJ esp. only, car required. 1-801-375-0025

INSULATORS Esp. or will train. National Corp. seeks Insulators for commercial, mechanical systems and light industrial work. Call pay & benefits. 9 am to 5pm. 327-5827. JANITORS Part time, for Lake Mary, Heathrow area. Evening hrs. Nellie 956-6900

JOBS & JOBS! JOBS! Norrell Services. Now Hiring! (407) 375-0025 EEO, ADA, Never a Fee! JOIN OUR TEAM HILLVAVER HEALTH CARE CENTER WE ARE LOOKING FOR: CNAs Who are caring, motivated and want to become part of a growing team. We are a SKILLED NURSING facility. WE OFFER: Complete Health Package Pay Increase After Intro. 6 Stable Work Assignments 0 Retirement Savings Plan 0 Paid Comprehensive orientation program APPLY IN PERSON: Hillvaaver Health Care Center 950 Maitland Ave. EOE

LANDSCAPER \$4 hr./Labor must have FL drivers lic. \$200 extra per month if you use your own pick up truck. 407-326-2000 LANDSCAPE INSTALLERS Must have exp. & valid FL lic. Call 369-2695

LANDSCAPE MAINTENANCE Must have exp. & valid FL lic. Call 369-2695 LANDSCAPERS Full time, Please call: 321-8175

LAWN CARE Company needs experienced helper. Call: 647-6988 LOCAL GREENHOUSE NEEDS ORGANIZED Self-starter with excellent computer skills. Able to handle a variety of duties. For our shipping and receiving, order entry position. Fertige background a definite plus. Send resume to: P.O. Box 612, Sanford, FL 32773.

LOOKING FOR A FUTURE? Food Processor needs management trainees. MUST be committed, willing to work and learn. Experience a plus but not a must. Employer will train. Good Benefits! If requirements can be met. Call: 407-322-4267

Louisa Manager Full time, submit resume: 3312 Orlando Ave. Sanford, FL 32773. For further details call: 644-2348

MAINTENANCE PERSON Cleanup, forlift exp. apply in person. Mon. to Fri. 9:43pm. MOBIL TECH, 200 Northcutt Court, Ovi. at. 607-264-0168

CELEBRITY CIPHER by Luis Campos. Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another. Today's clue: L equals Y.

R V I J R S I C J E C F L R S EDJO W B E R S K E E B S C R Z R V C D K Z F E C J S K Z K N C . IKJAIK W B A E . PREVIOUS SOLUTION: "It would be nice to hear someone accidentally whistle something of mine, somewhere, just once." - Leonard Bernstein.

OFF THE LEASH By W.B. Park. I guess the poor kitty thinks that's sorry. When dogs strike out.



MEDICAL ASSISTANT Part time. Must have experience. Send resume to P.O. Box 1994, Sanford, FL 32773. "MOLLY MA189" Full time residential cleaning. A.F.S. Uniformed Services of Health Care. 327-6297

MOTIVATED GREENIE'S Sales Consultant and trainer for local health club. Call: 323-2511. NEW LOCATION: LONGWOOD 6 STAR TEMPOARARY, INC. NO FEES! 407-321-9195

NIGHT AUDITOR Full time, experience in Motel required. Apply in person or Call: Boys Inn, Sanford, 323-6269. RN HOUSE SUPERVISOR EXCELLENT BENEFITS Excellent Assessment Skills, able to give direction & follow through. Long term care experience necessary. Fax resume: 407-322-0121

OR APPLY IN PERSON HILLVAVER HEALTH CARE CENTER SANFORD 900 Maitland Ave. EOE. 407-322-9955

71—Help Wanted

MECHANIC. 3 yrs. exp. Must have own tools. Top pay. 322-2429 or 322-2429.

PART TIME HELP
Apply at Bobbs of 220 W. Airport Blvd. 221-8818.

RECEPTIONIST
Self-motivated. Receptionist/Date Entry clerk needed part time. Apply in person 5/6/96. 11am to 3pm at: Truck Driver Institute, 510 Aveo Lane, Sanford. For details, call 322-8888.

RN's & LPN's

Millman Health CARE CENTER in Sanford is looking for caring, motivated people who want to become part of a growing health care team with a superior rated, 116 bed skilled nursing home facility.

WE OFFER:

- Part Time RN's Available
- Complete Health Package
- Pay Increases After Intro.
- Flexible Work Assignments
- Paid Company Training
- Retirement Savings Plan.

APPLY IN PERSON
930 Hollendale Ave. EOE.

ROAD STRIPING

Positions open: Pausnight Striping & Lines, Inc. Call for details. 327-0443

SALES STOCK

Outdoor Army-Navy. 23 day time hours. Sales exp. preferred. Apply at 1401 S. French Ave. Sanford.

SECURITY OFFICER JOB

Training, Armed & Unarmed. Benefits & Associates 322-7946

CHILD CARE TEACHER

Childcare center in Sanford requires caring teacher for 1 & 2 yr. olds. exp. an advantage. Phone 322-3288

TELEMARKETERS

LEAD GENERATORS. Established Law Co. Hourly Pay! 322-7798

TEMPORARY POSITIONS

Available in Leno and Call 692-8277

HOUSE CLEANERS

• GOOD PAYS • BENEFITS • NO WOUNDS! They Must 322-2766

TREE CLIMBER

Highly exp. w/spikes, ladders, ropes, etc. need only apply 8:11 hr. & up. Co. benefits! Must have valid FL drivers lic. Echols Tree Service 322-2227

TREE LABORERS-Pull Yarn

Wald F.I. Drivers lic. req. Lead climber, rope, chain saw, etc. \$7.50/hr. + Co. benefits! Echols Tree Service 322-2227, anytime.

UNEMPLOYED SENIORS

88 & Over • Low Income Office: 692-8277

WAREHOUSE

SANFORD AREA 1st & 3rd Shift available (m/f) 322-2727

WAREHOUSE PERSON

Needed for large greenhouse. Will be responsible for shipping/receiving. Must be capable of lifting at least 50 pounds and work long flexible hours. Drug free. Apply at: 6770 W. SR. 46, Sanford, FL or call 322-2227, ext. 204.

WAREHOUSE & TRUCK DRIVER

Driver needs Class A-CDL. 1 year exp. 322-1021

WATSON REALTY, Lake Mary

office is now interviewing for experienced real estate associates. Call for a career! 322-3222

WINDOW SERVICE

TECHNICIAN • Full Time Position • Experience Preferred • 9:00 Train • Full Company Benefits • Also-Pr. 7:30 to 4pm. Apply: KINGDOM WINDOWS 227 Power Court, Sanford. 692-2272

71—Help Wanted

WOODWORKERS
For production furniture shop, exp. preferred, but not necessary. Drug Free Workplace. Sanford. 322-2622

WORK AT A MARINA
Secretarial-General Office. Good typist, filing, phones. 407-326-2544

73—Employment Wanted

TYPING IN MY HOME. Fax copier. Quality work! Reasonable rates. 322-2679

93—Rooms for Rent

A QUIET ROOM. phone, laundry, AC/heat, utilities paid. 322-2622

CLAM ROOMS. single starting \$77 w/ Pay Phone, laundry, Seniors Disc., Priv. parking, Historic Downtown. 322-4222

CONVENIENT LOCATION. Color TV, micro, refrigerator. Maid service. 322-2622

IN LAKE MARY HOME. 375 week + phone, must be clean & steadily employed. 321-1643

MATURE PERSON. room w/ priv. bath & entrance. \$200 month. No pets. 322-2622

PRIVATE entrance. private yard. Pool. \$65.00 week. Many extras. 324-8888 & 324-8241.

97—Apartments Furnished / Rent

NOTICE
All rental and real estate advertisements are subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin.

EPFVC. Clean, A/C. Cases use on Wekiva River at Kallies Landing. \$225/mo. 322-4270

99—Apartments Unfurnished / Rent

FREE BASIC CABLE
SCREENED PATIO • POOL WASH/DRYER HOODSUP LAKE MARY-SANFORD AREA 3 Bdrm./2 Bath APARTMENTS MARCH SPECIAL! 322-9928

CONVENIENT 1 BEDROOM
APT. \$194/mo. \$189/Dep. 1-Yr lease. No pets. 322-4222

MARINER'S VILLAGE
Lake Ada 1 Bdrm., \$418/mo. 3 Bdrm., \$479/mo. and up. 322-8679

2 BEDROOM APT. in Middle Lake. pool available, no pets. \$225/mo. \$225/Dep. 322-1677

100—Condominium Rentals

SANDWOOD VILLAS. 3/2, wash-dryer, scrn. patio. 1 yr. lease. \$477/4 dep. 322-2227

103—Houses Unfurnished / Rent

EPFVC. 408 sq. ft. in Lk. Mary, at 210 S. 4th St. 3296 month. 492-4228

RENT OR SALE. 3/1 1/2. Poss. owner financed! Block home, newly remodeled throughout, 6433 month. \$389 security. No pets. After 7PM 692-8277-2224

Stonstrom Rentals

*MAYFAIR 3/2, Split level, large corner lot. 6625/660

*SUNLAND 3/2, w/corner, new paint & carpet, clean. 6366/430

*SANFORD 3/2 Condo, tile flrs., comm. pool, NICE. 6225/250

*SANFORD 1/1 apt., w/den, scrn. patio. 6226/200

*SANFORD 2/2 duplex, w/new paint & carpet. 6446/488

*NORTHLAKE 3/2 Condo w/ patio, lakefront, pool. 6272/150

*SANFORD 3/2, w/corner, patio, new paint, CHA. 6475/475

"We Manage Your Home like it was our own."

103—Houses Unfurnished / Rent

SANFORD 3/1, CHA. Close to Everything! \$450 mon. \$450 dep. No Pets! 321-9988

VACATION RENTALS. WELCOME SNOWBIRDS! DEBARY, 3 BEDROOMS, fully furnished house, \$280 per week. No security deposit. 692-8274

WHY RENT? Sanford 3 bdrm., 2 1/2 bath, gorgeous historic area, everything new! Over 1400 sq. ft., AC, must see! \$1.2K down. \$280 mo. Open Sat.-Sun., 919 CATALINA DR. 692-7277

3 BDRM., 1 BATH, CHA. Realistic Pr. area. \$425 mo. plus dep. 324-2417

3000 DOWN. WHY RENT? When you can own, this 3 Bdrm. home, with CHA, new paint & carpet! Ask about HUD homes! The Millman Group, Inc. Realtors. 321-4222

105—Duplex-Triplex / Rent

SANFORD. Spacious 3/1. Plus Florida Room. Close to all. \$295/mo. + dep. 321-4794.

114—Warehouse Space / Rent

LOWWOOD Langdale Ind. Pk. 12,000 or 6,000 & 3,000 sq. ft. ground level & dockhigh, prime, office/warehouse, ample parking. 321-6237

115—Industrial Rentals

OFFICE-WAREHOUSE. from \$200/mo., 1200 sq. ft., PRIME location, corner of 4th & Old Lk. Mary Rd. in Sanford. Kapadia Realty. 422-8241

SANFORD WAREHOUSE
6,000 sq. ft., 2 phase, 2 rollup doors, 1 dockwall, AC/office, 53.50 sq. ft. 322-8242

116—Office Space / Rent

A MOVE IN SPECIAL! 600 sq. ft. & up! \$245 MONTH. Office Storage. 321-6126/322-2894

SANFORD. Office space, 4000 sq. ft. building total. 1200 sq. ft. per office unit. 321-7984

600 SQ. FT. Asking \$275 a month. 175 East Crystal Lake Ave., Lake Mary. 692-2227-2004. 321-2627 Even.

141—Homes for Sale

REASONABLE HOME
VENTURE PROPERTIES
322-2227

LAND - LAND - LAND
Building lot near Seminole High. 32.000.

1.7 ACRES Deleco, zoned B-4 commercial w/200 ft. on road. 349.000.

4.0 ACRES 1 mile from Greenway, but SO SECLUDED! 529.000.

SANFORD COMMERCIAL
DC 2 lot 150x124 ready to use and great owner financing.

REAL ESTATE, INC.

322-7468

SANFORD. Lake Sylvia, Lakefront, 2 acres. \$300,000. Makecall Realty 322-7200

157—Mobile Homes / Sale

CARRIAGE COVE
MOBILE HOME COMMUNITY

*1422A 3/1 1/2, DE VILLINE, 2 scrn. rms., carpet, \$16,800.

*1422A 3/2, apt. 6128TINY. \$16,800.

*14041, 2/1 50 PAM! Carpet! Screen room. \$11,800.

*20408, 3/2, 67 PLEETWOOD/SPR 1000-HILL. \$17,900.

CALL: 322-2227 or 321-3720

CARRIAGE COVE. TRADE IN your van, car or truck on this remodeled home. 3/1, CHA. Best offer this week takes HI Be First! 626-8189.

MAN' DOUBLEDWIDE. 3/2, C/NA. Possible Terms W/ \$1,000 Down. 3/2, C/NA. Very clean already up. \$14,200. 321-6234 or 322-2224.

9000. BUYS 3/1 MOBILE. Lg. Living room, C/NA, scrn. porch. 322-2114 321-4224.

159—Real Estate Wanted

BUYING...LEASING...HOUSES PLANS or LEMONS
Charles! 692-7277.

163—Waterfront Property / Sale

MAITLAND. Bnc. P808. 600 Sq. Ft. 5/2.5. Pool, spa, + more rooms, wno collar. Best area. 325-222-221-2222.

161—Appliances / Furniture

ALMOST UPRIGHT Fridge! NICE! 322-2227

ALMOST 60 Micro, self clean, double oven very nice. A+ Best Appliances 322-2222.

BOX SPRING & MATTRESS. Sale! full sz. 645 a coil LARRY'S MART. 322-4122

BRASS BED Queen, or the matt. set & frame, never used. \$250. King \$300. DAVE'S. 322-2227

30000 Iron w/Brass, 3 twin or the matt. & brandy, never used \$300. DIBBYE SET. 322-2227

30226 White top table, a Windsor chair, never used. \$275. 692-2227

BUFFET. Nice looking, 60 wood. 3 cabinets w/wholes. PLUS drawer! \$15. 692-2227

CHILD'S RACE CAR BED with mattress. Asking \$180.00. Call or leave message. 322-7116.

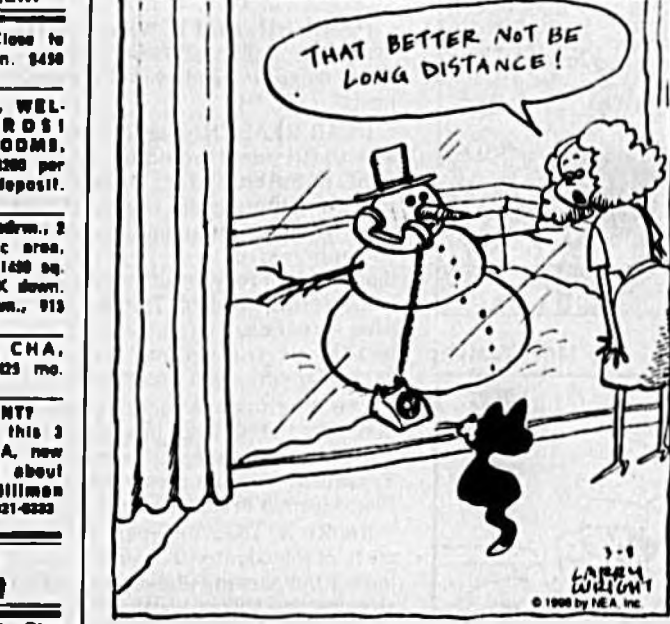
DRYER. Whirlpool, electric, 3 speed, 5 temp. WORKS GREAT. 322-2227

FUTON BUNK FRAMES. \$249 Oak or Black top. \$299 White or Black metal. \$299 Microbin Style frame. \$319. Call the FACTORY. 321-2227

NEW SCRATCH & BENT! New-Used appliances. Dish's Appliances. 322-2227

SMALL TABLE and 2 Chairs \$45.00. Call 322-6745.

KIT 'N' CARLYLE by Larry Wright



141—Homes for Sale

SANFORD 3 bdrm., 2 1/2 bath, gorgeous historic area, everything new! Over 1400 sq. ft., AC, must see! \$1.2K down. \$280 mo. Open Sat.-Sun., 919 CATALINA DR. 692-7277

101—Appliances / Furniture

WASHER/Dryer & dishwasher SALE \$75 up. Warranty! A++ Best Appliances. 226-2222.

WATERBED. Queen size, heater, drawers, headboard. Oak color. \$236-2182.

2-DOOR REFRIGERATOR. White, possible delivery. \$45.00. Call anytime: 322-1232.

167—Sporting Goods

SPA/HOT TUB: 5 PERSON portable w/cover, underwater light. Cedar GARDEN. Never used. \$1675. 692-2227.

191—Building Materials

611 JALOUSIE WINDOWS. Three. 27X42 1/2, Eight. 37X42 1/2. All Good Glass! \$100 FOR ALL. 322-4871

193—Lawn & Garden

SHAPPER 12 HP. Riding Mower, 33" floating deck, electric start, used only one season. Honda motor, 4 stroke, quiet machine, literally in brand new condition. Cost over \$2500.00 New. ASKING only \$1200.00 consider car, pickup or something in partial trade + cash. Phone 322-9216 Anytime.

199—Lawn & Garden

WHEELHORSE, 84 Model, 12 HP. Hydrostatic GARDEN TRACTOR, fully automatic, 48" mower deck, electric start, hitch, lights, real EASY TO OPERATE & STEER, runs & looks like brand new, would cost over \$3000.00. Now, ASKING only \$1490.00. Consider car, pickup or something in partial trade + cash. Phone 322-9216 Anytime.

195—Machinery/Tools

BUY-SELL-TRADE! Indus. Mach-Tools M/F & Sat. Exit 22, ACME Ind. Super. 322-1200

199—Pets & Supplies

WHERE KITTY, KITTY! 4 mon. old female tabby, spayed, shots, very LOVING. FREE. To good home only! 322-6234

215—Boats and Accessories

1988 WELLCRAFT, 18 Ft. Classic 130. Below NADA, wholesale. \$2500. 322-2227. 447-4291.

219—Wanted to Buy

ALUMINUM CANS. Steel cans, copper, brass, newspaper, glass bottles & jars. Kokame Recycling, 918 W. 1st, 321-0004. Mon-Fri. 8.5. Sat. 9.1pm.

MANUAL TYPEWRITER Wanted. Please call 322-2444, leave message.

221—Good Things to Eat

CAROLINA Mountain Water. We deliver water to your door. No more lifting. \$18.95/47.07.

YOU PICK STRAWBERRIES! Mon.-Wed-Fri. Saturday Peachberry Farms: 322-8767.

223—Miscellaneous

ANTIQUY PAIS. Enameled red & white. (From the 40's) 3 PIECES \$15 322-4240

BURGLAR BARS. Easy push button released \$5 per sq. ft. Member of Chamber. 322-2146

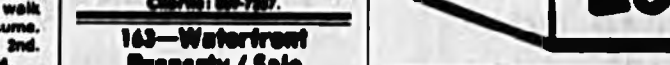
MOTHER'S DREAM. Work at home. Loss weight, Earn Money! Call Dr. 692-2227

SPA, 4 OCTAGON includes decking, cover, all equipment. \$200. 322-2692. leave message.

STROLLER, Kale Craft, excellent cond. Blue. \$15. 322-4653

GUARANTEED AUTO LOANS

No Salesmen! No Hassles!



Garage Sales

Garage Sale ad bargain. Call in your garage sale ad by 12 noon on Tuesday and take advantage of our special garage sale ad price! Call Classified for details! 322-2611

Church Sale

Sat. Only 8-12. Household items a little bit of everything. 200 S. MELLOWVILLE AVE.

FRIDAY & SATURDAY, 6-9pm. 200 Broadmore Dr./off Country Club. Garage, craft, plant sale, something for everyone at great prices.

GIANT SALE! Sat. only! 9-5. Silk flowers & arrangements, household items, lg. variety of stuff! 222 BRADSHAW DR.

GIANT SALE! 1 day only, Sat. 3/9. Mem. am. 200 MEADOW HILLS DR. Off Lt. Mary Blvd.

Notice

FLORIDA STATE requires all contractors be registered or certified. To verify a state contractor's license call 1-800-342-7940. Occupational Licenses are required by the county and can be verified by calling 321-1120, ext. 7423

Additions & Remodeling

"NEW" REMODEL "REPAIR" Vinyl Siding, Painting, Doors, Carpentry, Concrete. 322-4222. S.S. Baker, CBC#1222

Accounting/Taxes

COUNTRY-WIDE Accounting/Tax preparation. 20 yrs. exp. Bus. & ind. acct. Free Pickup & del. Len: 492-2227

Taxes & Accounting. sm. business, individual specialists! Call 622-1997

Acroge Moving

8 & 24 HOURS. We are insured, comm. acreage, ins. PRE-ESTIMATES. 321-6881

Building Contractors

CHARLES B. (BOB) MILLER. Builder, CBC#17283, Res./comm., remodel, additions, repair. 692-2227

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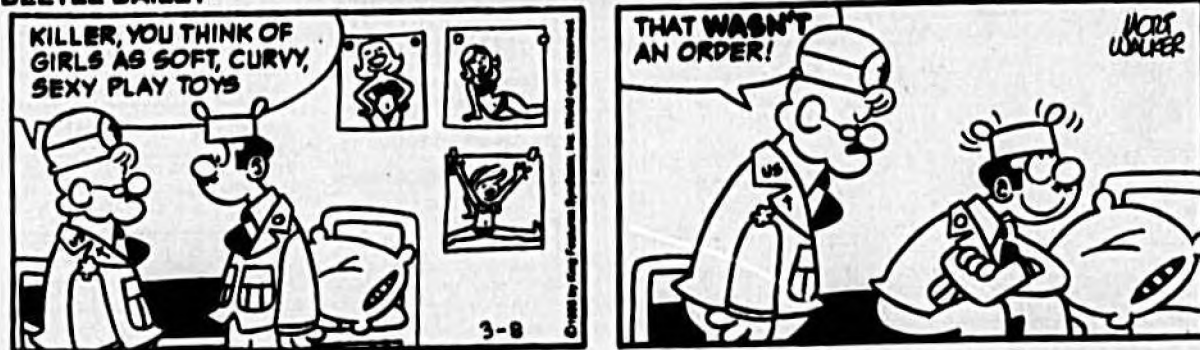
BLONDIE

by Chic Young



BEETLE BAILEY

by Mort Walker



THE BORN LOSER

by Art Sansom



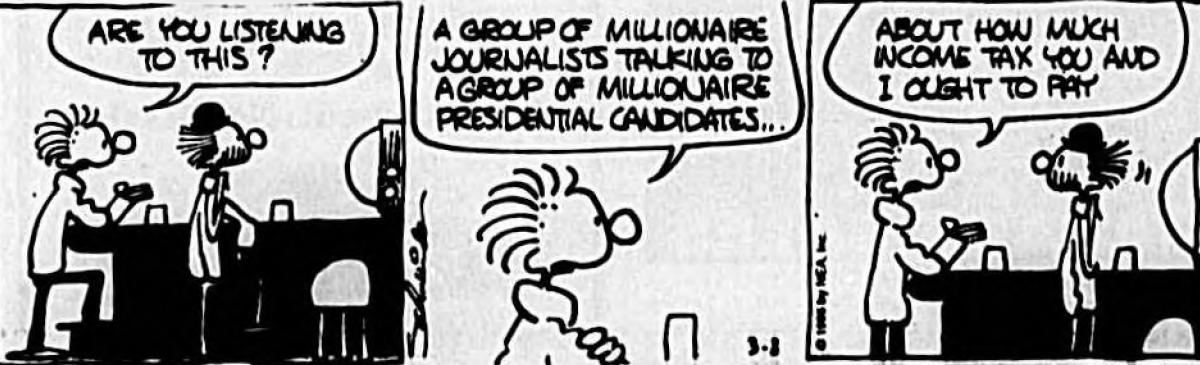
PEANUTS

by Charles M. Schulz



EEK & MEK

by Howie Schneider



TUMBLEWEEDS

by T.K. Ryan



ARLO AND JANIS

by Jimmy Johnson



FRANK AND ERNEST

by Bob Thaves



GARFIELD

by Jim Davis



ROBOTMAN

by Jim Meddick



Don't take chances with giardia

DEAR DR. GOTT: What are the symptoms of giardia? How is this condition diagnosed and what is the prognosis?

DEAR READER: Giardia is a parasite that is contracted by drinking contaminated water. Once in the intestine, the giardia organisms set up a ferocious inflammation, leading to copious, frequent, foul-smelling diarrhea that may (after several days) cause rectal bleeding. The more common presentation, however, is a healthy person without symptoms except for persistent watery diarrhea.

The diagnosis is easily made by detecting the parasite in a stool sample examined under a microscope. Treatment with the prescription drug Flagyl usually eradicates the infection. Known as "beaver fever" in some parts of the country (because beavers harbor the parasite and excrete it into streams and lakes), giardia — as well as other parasites — is a common affliction of hikers, campers, hunters, and sportsmen who are likely to slake their thirst in pristine streams. This is not a great idea, no matter how invitingly clean untreated water sources appear to be. They can still contain the parasite, which can really ruin a camping trip, where prompt and definitive medical attention is a rare commodity.

Therefore, authorities uniformly urge people to boil or chemically treat all drinking water obtained from streams or lakes.

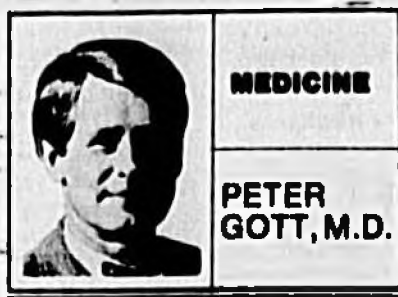
DEAR DR. GOTT: I've been hearing for a long time about the dangers of aluminum in connection with Alzheimer's disease. I quit cooking in aluminum pots but wonder about drinking soft drinks from aluminum cans.

DEAR READER: Initial reports several years ago implicated aluminum as a possible cause of Alzheimer's disease. At that time, many people took great pains to avoid contact with aluminum-containing utensils and medications.

However, the aluminum/Alzheimer's connection has been largely discredited. New studies have failed to show a consistent relation.

Nonetheless, some people feel safer disdaining aluminum cookware, deodorants and other products. Aluminum cans are considered safe because the interior of the containers has been coated with a very thin, protective plastic barrier.

To give you more information on Alzheimer's, I am sending you a free copy of my Health Report "Alzheimer's Disease." Other readers who would like a copy should send \$2 plus a long, self-addressed, stamped envelope to P.O. Box 2017, Murray Hill Station, New York, NY 10156. Be sure to mention the title.



MEDICINE

PETER GOTT, M.D.

appropriate choice. It lowers blood sugar levels without over-stimulating the pancreas, as do other oral agents.

Because the pill is so new, doctors don't have much experience using it. However, so far it holds promise and appears to be an effective addition — perhaps even preferable — to the long list of anti-diabetes pills.

DEAR DR. GOTT: I'm a 60-year-old man with diabetes. I understand there is a new medication called Glucophage that is supposed to control levels better.

DEAR READER: For diabetics who don't require insulin but who do need oral medication, Glucophage is an

To give you more information on your condition, I am sending you a free copy of my Health Report "Diabetes Mellitus." Other readers who would like a copy should send \$2 plus a long, self-addressed, stamped envelope to P.O. Box 2017, Murray Hill Station, New York, NY 10156. Be sure to mention the title.

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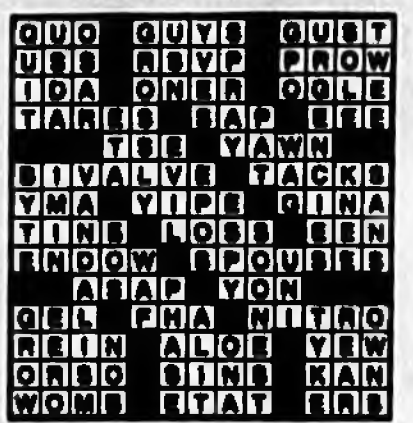
ACROSS

- 1 Over there
- 4 Floats
- 9 Actor Cruise
- 12 Roman 1,000
- 13 Ed Sullivan, s.j.
- 14 Palindromic name
- 15 Of doctrine
- 17 Land parcel
- 18 Sour malt beverage
- 19 Swerves
- 21 Tiny
- 22 Film director
- 24 Polynesian
- 25 Busy be
- 31 Moo — tung
- 32 Meteorite's org.
- 33 Permit to
- 34 Sunshine unit
- 35 Brief in speech
- 36 Mars!

DOWN

- 1 Non-profit org.
- 2 Table shape
- 3 Follower of
- 4 Olive another title to
- 5 African prince

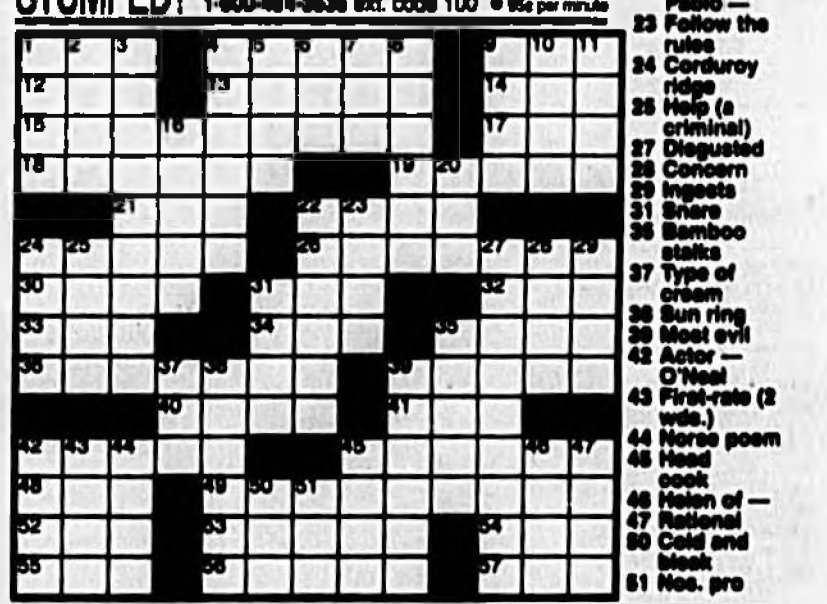
Answer to Previous Puzzle



- 6 Govt. agcy.
- 7 It's in the bag!
- 8 Eggs
- 9 Story
- 10 Aroma
- 11 Small rug
- 12 Fabled drin
- 13 Chemical
- 14 Suffix
- 15 Rabbit
- 16 Follow the rules
- 17 Corduroy ridge
- 18 Help (a criminal)
- 19 Disgusted
- 20 Concern
- 21 Insects
- 22 Bamboo stalks
- 23 Type of cream
- 24 Sun ring
- 25 Most evil
- 26 Actor
- 27 O'Neil
- 28 First-rate (2 wds.)
- 29 Horse poem
- 30 Head cook
- 31 Helen of
- 32 Rational
- 33 Cold and bleak
- 34 Nec. pro

STUMPED?

Call for Answers @ Teach-ins or Rotary Phones 1-800-484-8536 ext. code 100 @ \$62 per minute



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WIN AT BRIDGE

Can you control fate?

By Phillip Alder

Alan Bennett is an imaginative playwright from England. In "Forty Years On" he wrote, "I'm all in favor of free expression provided it's kept rigidly under control."

I'm all in favor of free expression in declarer-play as long as trumps are kept rigidly under control. Today's declarer was in four hearts, West opening the defensive attack with a spade. How would you express yourself if asked to describe your plan to win 10 tricks?

South saw that he had nine tricks: one spade, five hearts and three diamonds. If only they had reached three no-trump... but it was too late to worry

about that now. South had to establish a long club as his 10th trick. This meant assuming that the opposing clubs were splitting 3-2.

Yet what would happen if South drew all the trumps immediately and played a club? East would win and lead a spade, reducing South to one trump. On winning the next club lead, East would force out South's final trump. Then, when in with the club ace, East would cash two spade tricks to defeat the contract by two.

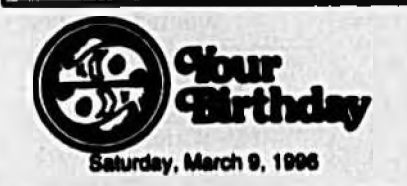
Seeing this, South drew only two rounds of trumps before starting on the clubs. Each time East won a club trick, he led a spade. South ruffed the first two, but the third was ruffed with dummy's heart king. Then South crossed to hand with a diamond, drew West's last trump with his remaining top heart and cashed the established club 10.

South had done an excellent job of retaining trump control.

NORTH		03 08 04
♠	A 5 4	
♥	K 7 6	
♦	Q 4 3	
♣	A 7 5 3 2	
WEST		
♠	J 9 8 3	
♥	5 4 2	
♦	8 8 6 5	
♣	J 9	
EAST		
♠	K Q 10 7 6	
♥	9 8 3	
♦	10 7 2	
♣	A K Q	
SOUTH		
♠	2	
♥	A Q J 10 8	
♦	A K J	
♣	10 8 5 4	
Vulnerable: East-West		
Dealer: East		
♠	Pass	3 ♠
♥	Pass	Pass
♦	Pass	Pass
Opening lead: ♠ 3		

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HOROSCOPE



Saturday, March 9, 1996

In the year ahead, more good times than usual could be in store for you. New relationships established in business and social spheres will contribute to your happiness in 1996.

PICES (Feb. 29-March 28) Encounters with friends who belong to the same clubs and organizations as you do could provide many benefits today. Trying to patch up a broken romance? The Astro-Graph Matchmaker can help you understand what to do to make the relationship work. Mail \$2.75 to Matchmaker, c/o this newspaper, P.O. Box 1758, Murray Hill Station, New York, NY 10156.

ARIES (March 21-April 19) Changes which disturb others may prove beneficial for you today. Do not get uptight if your plans are altered by circumstances

beyond your control.

TAURUS (April 20-May 20) In this cycle, you will reap what you sow. Do not think in petty terms today. Small thoughts will generate meager rewards.

GEMINI (May 21-June 20) Today you receive an invitation to participate in an arrangement that has interesting investment possibilities. Investigate this prospect thoroughly.

CANCER (June 21-July 22) Associates will be intrigued by your behavior today. They will admire your thoughtfulness and your guileless charm.

LEO (July 23-Aug. 22) Do not disregard your instincts if you feel lucky today. Approach all of your involvements with a winner's attitude.

VIRGO (Aug. 23-Sept. 22) You will require some type of active social outlet today. If no plans are on the drawing board, put a little package together for a few close friends.

LIBRA (Sept. 23-Oct. 22) Luck will con-

tinue to favor you in regard to your finances. Today, two members of your family may try to get your attention...

SCORPIO (Oct. 24-Nov. 22) You could be fortunate in this cycle with big ideas or concepts. However, in order to benefit from them, you must prepare to move one step at a time.

SAGITTARIUS (Nov. 23-Dec. 21) Several beneficial situations could develop for you today. Go out of your way to help others, because you might receive even more than you give.

CAPRICORN (Dec. 22-Jan. 19) An enterprising friend who has been lucky for you previously might toy with a promising new venture. Get in touch with your pal to see what's cooking.

AQUARIUS (Jan. 20-Feb. 18) Your chances of progress in an important endeavor will continue to look hopeful. Seek capable supporters today who have more than money to contribute.

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ANNIE

by Leonard Starr

