

## BRILRS

## Shopper's halp

LAKE MARY - The day affer Thankegiving while parente are parricipating in what is
usually the buableat shopplng day of the year.

 new frrendships, lota of activilies and great fun arepromized.
and bring a plenice lunch to share with theit and bren. For thosec who with. the heated pool will be open for thelr enfoymient unell 2 p.m. YMCA A members in frec. For non.membera, 813 . The Seminole Family YMCA At located at 66


## Adopl a centor

 for sentone the Mealis on Whelid ollevider in
Seminole County
is promoting Adopt I Senlor Seminole County wh promoting "Adopt a Senlor
for the Holudayl." For a donation of $\mathbf{2 2 5}$ a homebound wentor
can recelve a holday dinner with afl the can recelve a holldary dinner with all the
 ambulatory.
Checke may be malled to Betuer Living for
Checke may be mailed to Betler Living for
Senlore. 1097 Sand Pond Rood, Lake Mary.

## 32746.

## Longwood mecting

LONawood - The Lonswood Clty Com.
 advance agenda. The comminion in acheduied 10

contract, and revicw and connalder allernative | for the Longwood Canal. |
| :--- |
| The meeting at | The meeting at 7 p.m. will be in the

commmeston chambers of Longwood Clly Hall. 174 W. Warren Avenue in Longwood.

## See your nelfhbers

of pages 8 A and 7A we present lote of photos or the myrad ond wat wh which your nelighbors have been celebrating the Thankegiving holl
day. We have been coouring the county to find day. We hall
some excling eetebrationa.

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| :---: |

Censorehip is the height of vanity. y

- Merthe Crothem









## End

 the abuse Battered women gain supportBy vickidosormien
Harald Senlor Stall Writor
$\frac{\text { Herald Senlor Stall Writer }}{\text { SANFORD - Women in abunt }}$ relallonshilpa are offen lsolated from Fimly and friends, advocates nay. berome more and more dependent on thelr husbands or boyifrenda for heir emolional stability. They
have no one upon whom they can draw the atrength to make deciations or their own.
They become so dependent that "weomes dificuln to make their program directar of Safehoure of siminole. sald. "We want to creale
an opportunlty for them to form a suppor group.
Hickey said Satchouse has lald the groundwork for a women a
support proup to help wornen in ured gata nirrengih and conidence. Mennday nighle al Bafchoume hive been eet aride fort womer who In $n$ supporive group. The firat
nicelling wan set for thile palt Monday.
Though there was conalderable Ititeresa from whmen calling in on nany who matd they wanted to
come called later to any they could come called later to may they could nol make 14
Hickey
maid
Coe Buppoct, Pago 1 a

## Merchants hope consumers shop till they drop

Herack stiff Writer
SANFORD - The retall world is bracing theif for the bligtemt mhopping day of the entire year. Many
itores in the Sanford and Lake Mary tores are planning to open eariter thin normal this Friday
Mow of the tores in downtown Sanford area will be open during the unual hours, While eome of the large
retail buinemen plan to apen earlier. Many have taken on addI. chartith

## Tale of two cities' lighting contests

Hormaid staf Winter
"It'o beginning
"It's beginning to look a tat like
Thankegiving ts the cradilional beginning of the tholdidy idilanal
during which mameo houghte turn to suger plume harge cards and decorating udeas Trem up area homes.
The long, holiday weekend affords
many homeownern the opportunlty to tet homeowners the opportunity before the race really begine, about
Dec. 1 . Two. locel aroupe would really like
everyone to dras out the etringe of everyone to drag out the elringe of
lighta. geriand mand bown, pul them up and partcipate town, pultheng them up and participate in Hightung con-
leala
The Senford And Lake Mary. The Sanford Hisioric Truse, inc. Is
uponsorting lighting contest for
expected to be a The carliest of the slore opening The eariest of the store openings
at Wal-Mart. 3853 S . Orlando Drive. Manager Gary DeCocq aald he store will open at 12:01 a.m pray. .'Betwren 6 a.m. and 11 a.m.
Hiday we'll be having a Hidiay we'll be having a speclai Ballz Time", eale," he sald. "Then
Saturday we'll be open untul mid. alght. and a portion of our sales on hat day will be golng to a local cher em


## BROND BRIS

## Teen curtew back on the books

 commbenoneri have voted to reingeate $\mathbf{B}$ Controverital $h \mathrm{taw}$.

 the Supreme Court. It requiree chlldren under 17 to be home by 11 p.m. Sundey Weeckende, ther'Il have an extra hour.







## Judee reppimanded for swoulng at cop




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 comammion found. The roilted canone inctuced, mandeteen tio uphold the
 Umpertully and dubecelfy en avie.



 From Accooditiod Prose roperte

## Mighty mite

Genetically altered predator on crop pests?

 senetically altered predntory While gctentite eround the
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and nemaloley at the Un. Forday of portion ln ittute of - breired a becternal cene toto metroectulse ocectidentile. calle mpte, no blager then the Mise ofa
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 The nem expetcality altered a pretty ungre uren and it the Wevern Uafted grites an
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Ma. Hoy'e feld trale wall be
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## A helpling hand

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 und Homeor intit an Home. Acoceptling tho
 or the coood cunaiton Homes the Homo's bualioso ad: tho Homo'
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## Toxics limited, but rapid growth could reverse trend

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## pricicica

LAKELAND, Ma. - Fertuser fectortes belch mountuine of milialy radionctive phomphorypum
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 intoripd cormpting ien ments' well water. Tuthe the other Plorida. tucked away from the demerer colf coursee thathat draw motilions of




 Where's an ullowon of a proctite emporment

Miniticer Mlami n- Here ane the
winning numbere eficted
tuey: 27.16-12





## THE WEATHER



## POLICE BRIES

## Warrante

©Sherrirs deputere served Anionlo Tremmell.1.20.2934



 Warmanted on A Florida Probation and Parole Commisolion




Pollee reports
198inford polike report en apparent care of arzon Tuezaday, at
 und thave broken into an aparment and set fre to papers in Chtert no merious blase reaulted alithough here was damage orpored. Sone reportedly took 1014 .karat gold anklet chains
 ${ }^{2300}$ O $A$ venerator and 1001 with $n$ total value of 20.200 were sald


## NATIONAL Balles

## 30-year flxed rate mortgages stay steady

WASHNOTON - Thiryy.yer. Rxed rate mor greger averaged
 Loan mortertecorp.
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## FCC spprowe Westinghoucc-CB8 deal





"That an a meoric verent" ald commmaton Chairman Reld Wetimghowe wu merte chs rith is Oroup W opertuone:
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 delay, This wne not malled." the mel.
Wexinghoue hed courthe 10 wavers from the FCC - the
 ant imitans meditic concentration.
The roc apporvod ill the wivef. Seven, are permanent.


## Unclockded en erund yury teetimony

WAMHINaroN - The bubbend of Rep. Enld Grene






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Mry Wolatolta, a freshman, alod for divorce Nov. 16 whle





 Whingetion.
she eccuesed her hubband of "an Incredilile level or



Cops nab 31 men in sex, drug stings

| From etelif reperte <br> Members of the Seminole County Sherifrs City/County Inventigalive Bureau (CCIB) conducted undercover opera. IIons Friday and Saturday, concentrating on solkeltations for sex. <br> In ell, 31 arreats were reported. <br> At the same time, sanford police arrented three permona as ittes at several locations within the cily. <br> Through the use of underoover omicers. CCIB arents conducted moat or their proditution eting and Magnolia Avenues in Alta. monte Springa. <br> The CCIB charged the follow. ing perwons with ealgnation to commit prostitution: <br> - Mathew Scotl Green. 24, of 1 Old Post Road, Longwood <br> - Militon Chin. 34. of Alta. monte Springe <br> - Nichiolas Pangl. 48, 974 <br> Deerwood Loop, Lontwood <br> - Bernard Eugene Hunanmer. <br> 85, of Camelberty 0 . Jamenalek. 81, of <br> Altamonte Springe - Joceph M. Oivera. 46. of <br> Winter Park <br> Edmond A. Nowakowld, 86. <br> or Caveelberry <br> Eric Hemenway, 28, 941 <br> Waverly Ditve. Long wood <br> - Thoman M. Petto. 40, 2125 <br> Siver Lear Court, Lonywood <br> OHarry James Brown iti, 36 , <br> John J. Vidimos. 35, of <br> Winter Springe |
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Cmarry wulnm Gretr. 31, of Comelberry way also chaited
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weapon. Aloo Friday nicht and Satur. datee on U.S. Hiphway $1-02$ in
ferm pit

 proclyde Curtis. 53. of Cler.

 Trovar Mutupltinn ${ }^{\text {as }}$. or Apoptred Helibititlo. 44, of Coguepberry Lyan Cook, 27. of
Cnomesberry
montemper Sayers. S3, of Atse.
 26. of Or inendo - Jamen Valle, 23, or Oriando

- Doun Alran Stecter, 37, of Camelberry. ORtchard John Plezn, 35, of
Ortanto
orrances Beldelmann, 34 , of Malluan Aurthur winthem, 57 of Fern Part


## U.S. trado

 doficlt edges downAP Economios Writur
 acee Trese, Pago 8 A



## GAYFERS

After Thanksgiving
 at 7 mm Friday to recelve your free box
of Cracker Jack treats.
Anry and

$\qquad$
ave lucky winner you

molide as


FIRST 1000 CUSTOMERS! WHILE THEY LABT: "Coupons good for PhiDAY, MOVEMESAR 2A, 1096 only. Normal oxclusions apply.



Sanforil Herald


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## EDITORIAL

## Shopping with real people

This te in follow-up to words of advice
presented yeaterday for persons who are now presented yeaterday for persons who are now practice of unfety.
Today. let's discues a perion's mental state. many stores hire extra personnel. They may not be ued to this type of work, but are
willing to do so in order to earn eome extra willing to do so in order to carn corme
monev for thetr own hotiday choppling.
Othern, for example at the Seminole Towne never seen the fury and phompeding which to often connected with hollday ahopplis.
Point one: For cuatomers, be patient with
the clerka. Juat as moet of us. they are out rying to carm a living. The better job they do the more securty they will heve. Those who
nop may con find themselves out of work at a crtical ume for holidiny spending
During the course of an eltaht hour day. be, one clert may handle several hundred people. For a ciert to keep a calm mind and
appear firiendly after all of that. is one of the mppenr intendly after

Point two: For the ciercisa, be patient with
the customers. Juat as mout of wa, they are out trying to buy holiday elits for friendo and clatives. Sorme may not even have an thea of what to get and may be depending on you for

We realise that elfatt hours and handreda of cuntomers will practically drife you up the foce may break, olice a amile, even at the end your shin.
Pount three: For cuatomers as well es clests. If you would paure juat for a moment, look at
 eopple have?
Walk some in the other percon's shocs. It may meveryone. After all culatomers. enferitiobse are real people. Alter all clertomers. cuatomers are

## LETTERS TO EDITOR

Lellers to the edition are welcome. All lettern and a daylime letephome number. Lellern ahould be on a andik iubject and be as
Thr letters are subject to edilitig.

## Berry's <br> World <br> 

GUSHEA

 in ther Mauriantan diplomat who is now in exile
inted States protealing his government: Aner congratulating Farral
 Include a speaker whi would ingorm hime the
gnthering of the conilnuing enslavement of tlack gathereng orture con minuing enalavement of black
Sudan, chldren and men by Arab Muallims in Sudan and Maurtanla.
"There was no reply." Athie told me. "I wan
very dinappointed." As Amnesty internatlonal has noted. the Nattonal Islamic Front ot the force behind ithe
milltary government of Sudan :- has been
 encouraging a holy war against the largely
Christinand antmilt poputaton in the south or
the country, and has captured and enslaved the country.
many or them.
In

## In a 1994 report to the Untted Nations Commisston on Human Righties. apectal in

Commiaston on Human Rights, special in.
veatitgator Caaspar Biro clted the locations of
cempe where.
campe where. people from northern Sudan or
even from abroad, reportedly come to buy some
of these people in exchanife for money or goods.


## MORTON KONDRACKE <br> Budget war: Get a reality check








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 Hey want to koep Hat tocurreat fivel. and the
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To dier atter new budter propopell chowtan how




overnment of sudan. According to the Wall ppecered in suden as an honored euert of th newapaper, the Nation of ficami'. Intermational representatve: Akber Mukemmed, wrote that Will eventually be exposed as another eople in Amertca and on the Afrcian continent." The American Ant-sarery croup, headed by evearch that highlights not only the Nation of deo the lanection of Jewe Jaction, Randal
 Herimfuence.e. - 10 well as whitea in positions Hean while, the evidence sccumulates from
Human Rethe Watch Africa. Farrakhan' The Piral Call mye of what
deridee as the "propalandal about ulavery in
 wrica. Minter $P$. Would Minitater Parrakhan be willing to debate hat premise on televalion with Aluai Majok of Sudan?

## SARA ECKEL

## Feminist plot

squashed; for now

 Children' Homer win fourrahinge with

 Wer er crambling for cover


## Trade

Coattamed Aroal Pege 1 A Michoy Kantor called the decline tmprovement ${ }^{\prime \prime}$ and Commerce secretar Ron Brown mith the
overan denct, which will hit record thls year, may be clarting "Tive trade have peaked deflct appenre to
quarter the second quarter and there are sifona mentha ibeenp." Erownt in In a epprate report, the Libor Departenent mild codny that the
number of Amertcins fuing new clatme for unemploy ment
 week. Both ingures. however. were down from the level of Nov, 4.
In in oher report, the Com.
merce Deparment mid buaneem Inventortea roee 0.3 percent in september. the isoth etright than the previoun two monthe. The advance was in ture with analyta' expectationa and eut. modean pece.
Even with the improvement in
the September trote figure, the
defict in toodo alone is running

## Shop

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Conatmeed froa Fage in
Leve Maryo Kmar manager. Dave Forsthn, mald Kmart nlores
wull all be open Fridy from 6 lot of Ihinge planned for our cuatomern", he mald "but we
want some of them to be surPriser.: Fonk, as did all or the major Frday will live up to lia namectas The blezeent chopping day of the
entire year. Toye R Us, at 101 Towne
Cenler Bivd., will be open from 7 a.m. until midnight Friday
Manaler Lydia Prult mald the ztope wull be offering Door Bumer apectular from 7 n.m. unil 11 a.m. For this apecial ahopping

## Support

Comatouch from fore 1A to confocent they will be able to
help women


 When they do come it is an act of courate." eome ind "Wh
undentand that it in a dimeult nisas etep.
Hctey to no d deald the support aroup bechang womion. it is an educh. ion for procemen an an appportuni-
annother for the sood they one are
doting.


## crimpripeth

 sann riueberth Oilliam Jordan. dormerty of v. 17.109 in Durnay. Couty, N.C. She woe born. Nov. of ath a a member of thole tiower volumener at
sargervoit.
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Jorstan lit, chuldren. Sarah Ontam jorman, Chren. sarah
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at an annual rate of 1107.1 months of this y yerr, pultting the
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declined in September, tolini by 7.5 percent to tis.e4 bulton, arter
hiltung an alltime hy of os. 03
 Chinn'o entry into the new
Word Tred Orateation until the country does more to open.
tit matres to U.s. product.
 with Chirm will gupme the
imbalance with dapan pext year. The dofliclt wilh Mexleo
jumped 19 percent to $\$ 1.28$

 Aumpar.


#### Abstract

 B.m. .mather men men uem 10  hand many of them will be alalen.". penney is one of the five J. J.c. Penney ta one of the Ave planning on at the mall. ple're blyent whop.  Ping day on (ar.". midd Manaper Phil Wack. "We will open our doors bexinning al doora beginning at 7 a.m. Fr. day. Weil be giving awny ever. al day. We'li be giving awyy cever. alt thounind tree ormamente with prizen inside for anywhere from  featurea will be offered at Pen. neya including 10 percent of all


pricen urniny fray. euther. at 8 al. ompen on one hour For both days, the store will
remmen open uniu 10 p.m. Donna Holdank, manayer of
Parasian at Seminole Towne Center commented. il don't
know how but Friday will be bul know how big Priday wull be bul
we could have mallions of peowe could have millions of peo
ple." Paralan mill be offerin
Door Buter mes from Door Buster mles from 1 A.m
 will clowe at the normal ume or 9
The other two major terant T. The other two major terant
atores At the mall wil be open eariker than normal. searn will
be open from 7,30 a.m. unill 10 p.m. Dullerdo will be open from a neya including 10 percent of all a.m. until 9 p.m


#### Abstract

"We have several golas," she explaned. "We Want to upport these women We Went to these women. We want to edu cate them. And we wint to cate them. And we want to crence the opportunlyy for them to develop to develop es mety plan for themmecve and thelir chidaren."  told to heave the abuave rela tonanipe. That to decion Uonshlpe. That ife a deccliton, ehee mald. Lhe women have to make on the "The support group gives their dectapon makting stullie. and 11 Eete them out or toonation." "he "tete them out of bolation." che  toonhlipe hove in abuelve rela. neweer pher weal neswes emphomsed by humbande or boyfriendo so ofien they are


$\qquad$ no longer able she mid in the cupport erouphe
the hay ted th the pate the women heve to the abte to the altuatione and to teel leas

Porm fry to encourate them to Honshlpe to help one andother.". Hickey matd. We want to en.
courase healthy, strong rela. The mpport group will moee on mondey midghts from 7 to 1 Thoue The are intereated
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| ATHendyropeman 66 anmevell Avenue, Maltiand. diod Saturtay. Nov. 1s, 1800 ai hib resticnce. He wra bord Appll 23. 1031 lo Arooklyn, N.Y. He Burncher | m |
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## For the kide

Using money ralsed by cOMA (Concerned In the front row loft to right, Mike Eason, fiole
 ground, at the compr of soventh sireet and and in the back row, leff io Hight, Kovin Collier,

Lighting - TRANSMISSION TROUBLE?
Merilee ctiy limits.
Marlien Bredel, owner of Selective LImoustne. contacted
the CIA that year to nnd out
where all or the beat lighta were where all or the best lights were
in Lake Mary, mo the could show
hem to
 This year. Bredel whin wet a nin
hudgd look as che chunteurs the
jummitee in pyle. jududging in Lake Mary will be held sometime during the week
of De. 10.16. Participante are
ncouraged 10 regilite encouraged io reginter thet
homes. 10 ensure that the judget will see the decorations.
Homen will be judged

 entrance diconation and beat
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Also. bent overal mill Alock (or four or more houses),
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will be crected and and the award. All berd segn, edtating the award.
recetve ected man winere wiil recetven permanent plaque fo
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Miry. conter Jto and Dinhy. Noc. j . C . Por more information



At Hair Plus.... $\$ 10$ Gets You A Lot More Than Just A Great Haircut.
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Cur by an erpert hatratace Mirchell Sh mpoo. Cal cody for an appointimere At Her Purs you ahway gat a

Home for the holidays: Thanksgiving


Taste of
Thanksiving
 Johnson anc atananit sminh,






FIRST CHRISTMAS


A Time To Celebrate In The Sanford Herald


Smmincilicerald
Clasaifled Dept.
P.O. Box 1667, Sanford, Florida 32772 322-2611

## BABY'S FIRST CHRISTMAS

Baby's Name
Birth Date
Parents
Grandparents
Message



Feeding the hungry
The Sanford Rescue Outresch Miselon on West 13 Sh Sireet in
Sartord toeds and shellers the hunary and needy exary day of the yout. At Thanksgiving and again at Chissimas, employees and volunteors galher lood lor leasis inio boxes for those who might
otherwise have littio or nothing 10 eat on tadilo otherwise have littie or nothing to eat on traditlonal days ol
celebration. Recently, administralive difector Sylvia Diake, hiclped put together the 350 boxes of lood distributed tor Thanksgiving.




We think we can


 arobe clasil hae been hhargo with keoping trock of the number of


Photos these two pages by Tommy Vincent


Doing all they can
members of the 8eminole High School Air Force Junlor ROTC and Orithen schapker; outroach councolor Gerald Hanvey; JROTC others heve colliected tood to make Thenkegiving special for many of director Col Chartas olbson; Rev. Willie Miller of Calvary Trmple



Roady to glve thanke
 clascos at Leke Mary Elomantary Behool gathered
costumes and aupped on turkey, potatoes and
corn.



Cotting ready for some good food

 and thenting the neovecury foodis. Bome of the tony selvail.



## Power Rangers passe, so what's in for Christmas?

byACHELBECM
Wew youk The Methy






YES! Say NO to a down payment, monthly payments \& interest charges! Farmers Furniture gives you until May 1996 before you even have to think about them!'

## UTHER THANKSCVING SATI





## IN BRIEF

## LOGALLY

Prep football playoffs continue SANFORD- Thic second round of the FHSAA
Florida Football Clumplonshlups will be played tomorow night
lake Howell




## Baseball coaches meeting

SANFORD - The Cty of Sanford Recreation,
Depariment is having a coaches meelink for all those merested In concting yount baselbill.
 The meeting will be held al the downtown


Magle Toys for Tots
ORLANDO - The Orlando Mayle and Tops for
Tots are teaning up to provide uew teys for

 p.m.) games, may donate new. nuwrappect toys
at the 0 rena Every person who donates a toy

 The Orlando Magite alang with co.sponsers
WCPX.Chamnel 6 nitd the US Marruc Corps. also
 toy donato ans at the following loxations: Place and the Magic FanAtic (both Onc Magic Place and the magic FanAttic thoth locations).
715 West Garland Strect. Orlando or Re-

## Sanford Recreation basketball

 SANFORD - The Sanford Recreation De panmen is is busily prepariYouth Baskethail Leagues.
 Sponsors are also needed at 890 per ican


 Call the Recrealioii Depar
330.5697 for more information.

## Sanford adult recreation plans

SANFORD - The Sanford Recrealton De
 Week orcember 5.7 .
The volleyball leagurs will meel on Tuesday December Sth al 6 p.m. al Sanford City Hall.
The slowplich solitall meelling will Wednesday. December fthe The mentis leakues
 The Adult Flag Football meettrg will be
p.m. on Thuraday, December 7han 6 p.m.


## Sanford Recreation Karate

SANFORD - The Sanford Recreation De


 blackbell. and the cost 1 b 810 per monith
For more informatlon, call $330-5697$.

## SRD offors Baton classes

## SANFORD - The Sanford Recreallon De.





Athletic scholarships available OAKHUSST. N.J. - OVer 100,000 colleghate
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For informalito
For informallion on how to gel a colleplate
athetelic octholaralip. businewo sizel. stamped envelope to the Na. lional Sports Foundation. 611A Willow Drive,
P.O. Box 940 . Oakhurat. New Jersey 07755 .

## $\square$ EEST EETS ON TV

mational pootball league



## Junior Midget Rams earn shot at state title repeat

apeoial to the Horald

LAKE MARY - Golng for a repeat.
For the second siralght year the For the second siralightyear the Lake Mary
Pop Warner Juntor Midget Rame playing for the Florida State Champlonship after winning all 12 or ther gamea thes scason. On Saturday. November ilth, the Lake Mary
Pop Warner Junlor Midgets met the Port Orange Hawks a! the lake Highland Port Orange Hawks a the lake Highland High
School stadum in Ortando to vie for the coveled Mid. Florida Champtonship. After a hard fought defensilve battle. the 11-0
Rams prevalled 60 to win the tille. Winnting the Mid-Florida Champlonship
propelled the Rams Into e regional playong game
thls past Saturday, November 18th at Lak
Mary High School' Don T. Reynolda Stadium agalnat the North Flortda Chemplonahtp tearn. Both the Rams and Jo Both the Rams and Jaguars were undefeated
nd both teame had allowed only on touchdown to be heored allowed only one season. The game wan highly charged emotonally, Hght to moet the South Flordia Champlon in Jacksonville this Seturday (November 25) for
the Pop Warner Junlor Mddet Florida State he Pop Wemer Jumior Midget Florida State At halfitme the Jaguars led the Rams 8-8, but

The crown just yet, as they came charging back Touch a vengeance and
Lineback win $20-8$. Linebacker/running back Corey Jackson,
Who was playing wis who was playing wth a cast on his lef arm,
was the star of the game, running for two touchdowne and making several touchdown saving one-armed tackles. This year, Pop Warner Football will hold its Orlando arca. with the Anal banquets and owarda presentations takkng place at Walt
Disney World. Many of the Flot Disney World. Many of the Frorcda State Pop National Chimplonshipa and some of the Inal National Chimplonships and som
gamea will be televiscd by ESPN.



Seminole's Aubrey Nelson was a first-team solec
Alinetic Conference squad announced Tuesday night.


## Oviedo coach tops girls' All-SAC volleyball team

ond leam. Tina White, Sabrina Sapp and Dawn Tralna all made honorable mention for the Tribe. Seml-
nole coach Beth Coran feels all alx players were Important to the success of the team this season. "Aubrey had a really good scason." Corso sald. "Aubrey and
Marisa were our one-t wo punch this season. Aubrey was atrong for us
overali the whole season, and Marisa lead us whth 74 blocks.: ${ }^{2}$ Jeante Manz representa Lake Mary (15-13. 6-4) on the frat team,
while Tract Tombroa was a second team choice. Monica Camardese Sarah Mcweeney, and Traci Woodall were honorable mentlone Yor the Rams. Kinaley Craven was a
firat team aelectlon for Lake
Brantiey (16-10. 5.6 . whle Krat Finley wan recognized on the sec ond team. Noene Michelle Cates and Lhurene
Arago. Micher Andrade were h
for the Patrota. for the Patriots.
Carolyn Crager was named to the
frat Ieam for Lyman ( $10-14,2 \cdot 8$ ). The Greyhound did not have second ream repreaentative, but Stacey Ritter, Tracy Charbono
Elizabeth Knutcon and Katars Ecard made honorable mention Angela Gorf was named to the
second team from Lake Howell second team from lake Howell
12.15. 1.8). and Alle Danner wae ter 12.15, 1.81, and Alle Danner was the
Sulver Hawks lone honorable men ton.

## County to feature talented cast of grapplers

## Byeanycoaroam

SANFORD - The Lake Mary wresilling team comes into the
acason as the defending Stinat acasin as the difending Seminole
Athetice Conference and Class 8 A. District 4 champlons. However.
defending those tilles will be dif. defending those tilles will be dif.
ficull for the Rams becouse Semil. note county has several teams
talented wreatlers which will sand talented wrestlers which will stand
in the way. In the way.
Lake Mary loses state qualifiers
Richard Bradey 11121 . Nate Mitchell RIchard Bradley (1121. Nate Mititcrell
(130) and Brad Harris 11451 froms 130) and Brad harris (1451 froms
lasa year's squad. However. the
Rams return a irtio of state qualiflers in Ben Crawford (140). Greg Clayton
 has a young team, coagh Stheve Katz has a young team, coach Sieve katz
ferls work ethic and compelltive fire
will help the Rams this camon. will help the Rams this season. ence." Kaix mald. Win the conier.
improved. and it should be a tosa uas
betwen us. Lake Brantley and zald Lenke Brantley coach Kevin
Oviledo." Lake Brantley will be trying to
overcome the loss of Janon Solka in
the 152 welght clame Softe the 152 weight clame. Solka, who
Aniahed third in the state tourra. ment last season, qualitied for the tate champlonships three years in a row. The Patrote will almo be
without Myan Davis, who finlatied second in the reglonal tournament
in the 147 weight claw. Alex Cherhire, who reached the
Alt Alex Cheshire, who reached the
state champlonkips in the 103
wright class thls seaton, will wres. wright class thls meamon, will wres.
the at 112 . Louls Rodrigues (127). Re at 112. Louls Rodrigues (127).
Rob Moore (145) nd Darren Herndon iHeavywelght aull return
after qualifying for the reglonal ournament seasor, Rob Carlal
103). Jeff Lec (i) Lebrasseur (125), David Wyka (140), John Morrison (152). Brandon
Sheumaker (160) and Rob Mertis (1889) all have varalty wrealling experinece for the Partitly wrestiling

- We have a good solid necleus."

Carpenger. "We want to work on
our bainc akille and tmprove our
conditioning during the course or conditioning during the course of this memon. If we do that, we'll be
where we need to be at the end of the meaton and every thing else will
fall into place." fall intoplace.
Oviedo $m$
Oviedo must find a way to
overcome the losien of Kenny Adamsone the losise of Kenny
(130) Jeremy Rinehardt (130) and David Zckafoone (189).
Zickafoone reached the state tournament last year, and Rinehardt reached the reglonal tourament. However. Mike
Gucmmo (145) and Shawn Cralg (171) retum after reaching the etale ournament last reason. David Rowell (103). Mike
Schwarta (130) and Jeremy Keckler 215) all return for the Lione after cachling the regional toumament ant senion. Oviledo coach Rick Tribt fecle that having wreallern in
enced Lions.
We want to compete for the "We want to compete for the
diatret titte." Tribt mald. "We want
to get an much expertice for to get an much experience for our wrestern an we can to help bulld
our program for the next few yearn." Lyman coach Brian Parker is in
his rookie year as coach deupte to 10 yearn at the achool. Pete Whit. tilation returma to thin year: Whit team
at 135 after quadifying for at 138 after qualfying for the state
wreating tournament laty wreating tournament last year.
189 pounder Andy Hebert, who alao qualificd for the metate tournament last ecanon, aloo retuma to this Parker feels thal Parker feela that Gred Burgens
(103) ind John Guerra have improved over lanit ocason, and
both are expected to give Lyman both are expected to give hyman
added depth. Parker feets that the
midde middle weight divimione are the team's motrenythu, nad feela huving
football players on the team will footbell playerr on the te
provide additional depth,

## Browns Central sweeps at Orlando Invitational



STATS \& STANDMGS


## People

## -AKTMA

Bundec Khwenla meets Fididy
 amider Shoney id us 17.02 , couth of Alrpor Boulevird

Fires etinice ovary Pitday
 Thaty, from 1000 to 11 tso mimit it the Ceneve Elementing Stroet in Oenern. The clinit is ip ponsored by the seminot
 councy sheririr omoer and
Dexintere of Confocierroy meots Filday
Mormen divere Hownd Cheqper o dhe United Duwhter of
Subetince cbuco dicounged



## Feumero Markot

 shurdey tuon Ap.m.

## Art cecooletion meots Saturday

Sanfordseminole Art Amocietion .megtion on the fourth Searredy of eech month, at 1p.m.. at sho

## Al-Anen meota Eunday, Monday

 Northena Community Church, ©orper or

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| ANrord - Annette D, and | sectey. Deltorn. Boyi Pequy and Marc Linton, Aliamone Springin. |
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CLASSIFIED ADS




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 BEETLE BAILEY




## Alternative remedies are no real cure

DEAR DR. GOTT: IVe been on
many antl-depressant medicines and
have had side effect have had side effectan (rom allines of them. Recently, I've heard about more nat.
ural, antermative remedies such as
tyonine and tyrosine and B complex vitamins, and
wonder what you think of this therapy? Wonder what you think of this therapy?
 1960 and 1970 s) about "mega-vity
min
mand herbal remedies have no $\min ^{n}$ and herbal remedies have
been scientifcally substantiated. When sumch products seem to have
benefit, the favorable results are mos benefit, the favorable results are most person believes a product or treatment
Will help, it usualily yoes - to a degree.
Alt Although "natural" or herbal remedies are usually free of significant side
effects, they don tr reileve depression as weli as standard therapy, such as prescription anti-depressants.
To give you more information, 1 am
sendining you a free copy of my Healith sending you a free copy of my Health
Report "Mental and Emotional Illiness." Other readera who would like
a copy should send 82 plus a long, self. a copy should send 82 plus a long, self.
addressed, stamped envelope to P .0 Box 2017, Murray Hilli Stapilion, New
York, NY 10156. Be sure to mention the title. DR. COTT: When I was 6;
DEAR had a routine chest $x$.ray. My mother was theed heart and should be protibs Ited rom sports. At age 21, I had
another routine X.ray and was told of another routine X-ray and was told of
an enlarged heart. I was referred to a
cardiologist, who said that my heart was fine.
$I$ am now 51 and in excellent health. $I$ am now 51 and in excellent health.
I recently had an examination (with I recently had an examination (with
an X Xry. The edoctor old me that my
heart was "critically enlarged." heart was "critically enlarged."
Subsequently, underwent a complete
cardiac workup, including a atreas cardiac workup, including a stress
teat and coronary angiogram. All the
cardiologiats agree that my hear tin cardiologists agree that my heart is in coronary disease or other problem. I am physically active and have no confused. .nd misteading?
DEAR READER: You are, in statis. tical jargon, an "outlier": Your norti Heart enlariement can reflect car-
diac disease $t i$, because of diseases (such as hypertension or arteriozcie. rosis), the heart stretches and
becomen finbyy, It the underlying
problem is not corrected, severe dis. problem is not cor
ablity will result.
On the other hand, some healthy
people - notitly well-trained athletes people - notely weil-trained athletes

- have bis hearts that are very mus. cular and perform well. This is proba-.
bly due to hypertrophy, physiological ofl ave conent - much, apany muincle.
when uned regurty, will bulge. Bocuuse your hoar has boen teated


## Ihan orciinary. Iblice that this has caused conster. ation among your doctors because

nation umonong your has caused beos becauster a
large heart customarily indicates dis case .They wert mistarilen. Fortunately,
the cartiolopists pryed the Your case proved them wrong. Your case proves the axiom thal
doctors should look at the patient as whole, not at one specific patest, before a
establishing a diat estabish hing a diagnosis. Doctors,
being human, make are mperfect. The human body is complex. Enjoy your good health. DEAR DR. GOTT: I read that the
vitamin thiamine is used to treat alco hol withdrawal. Is this true? DEAR READER: Yes, it is. Alcohol. ism ofen causes thamine deficiency.
During the period of forced absti nence that is requilred forced abstorit
tion, alcoholics may have selizures and tion, alcoholics may have seizures and
other signs of withdrawal that are telated to hiamine deficiency, as well
as to the alcohol itsell


## PETER

GOTT, M.D

Therefore, as part of the "detarin. ation protocol," doctors usually
ddminister 100 milligrams of thiamin day in injections (ior three days) and prevent complications, In mos asprais, this is standard procedure. To give you more information, $m$ sending you a free copy of $m$ nd Minergort" "Fads t: VItamin vould like a copy should send plus a long, sel-.addressed, stampe IIII Station P.O. Box 2017, Murra sure to mention the title.


## WIN AT BRIDOE

## Listen and deduce

 By Puillip Alder

nceotimap



## annis



## Monoscop:



 mporacice to y our frionde today. Ty to nequected lately. Accompliehing these
 but donl discound your iteme tor tor tockey. anes gocib. You may bo more on tarion.
 TaUNUS (avill $80-$ medy 20 ) This could
 al man uxial.
vill bo oscontial today. No mamer how bo poivivand averivo, wiy you nim
and played a diamond to dummy'a
queen. Vet when Eant produced the lang, the contract had died. how could Went have the diamond
 some $G-10$ highecard six.card suint and
he whind or Was known to have throe club hon-
ors. Was near a cettinty an one can set in bridge that West couldn't
have the diamond ting. If no, Eant was have the diamond bir
ripe for an endplay.
Ater winning the third tirick, declarer Ahould wrosu to hand with a p pedece, carer ite long club and his socond Eperte, and from the diamond kant must loed amay set home with an overtrict instead of play. graphed upon requett. for $\$ 110.95$

While hoving fun at the bridge table. auction, on pametimes unvoticed. In the south positive data. In todiy's depl. polng down in a contract that he should
Weat ded well to lend the club ling. If he starts with the spade queen, south trick: two spedes, ive hourts, one dia. moved the dummy entry to the long queed, but club king tha the club
win the third cub Boarts. After winning with the jals of,


# Homes readied Holiday home tour a six-year tradition 

Ey BMARIERODIE<br>Herald Staff Writer

SANFORD - SIX homes and two public bulldings will be open for inspection the weekend of Dee. 2 and 3 for the seventh annual Holiday Tour of Historic Homes, sponsored by the Sanford Historte Trust. Ine.
The tour begins at The Cultural Arts Center. where carrlage lours of the histotic diatrict will also be available. To add to the festivity of the cevent. pertod cars will be parked on the street. In from of the tour homes.

Besties the homes. The Studelll Muscum on Seventh Street and the First United Methodist Church on l'ark Averue, will alsw be opern.
The Student Museum, whith was originally Sanford Grammar School. was built in 1902. Curator Serena Fisher plans to decorate a tree with ormaments unitue to that year.
The tour begins at noon Saturday and Sunday and runs until 5 p.m. Those finishing the lour during the cvening hour will also get a chance to glimpse many of the homes in the historte dietiret that are decorated for the annual Christmas lightitig contest. Judging for the best decorated homes will begin after the tour is completed.

The historic hames on the tour represent the wide variety of architeclural styles that were built in Sanford from the late 1800 s to the carlier part of this century. Most share the common features of wood Iloors and lots of fireplaces. Decoraling styles range from traditional to eclectic.
The Sanford tour is growing in fame and popularity as many more vislatrs discover the downtown area. Taking last year's tour were Colleen Goehrig and LInda Croach, both of Sanford, who conmented that it was remark. able how each house on the tour had a different character. Goehrig sald that she had been on a similar tour of Amella island bed and breakfasts. She described them as looking as though they had come out of a book. white the Sanford homes where each unique in thelr own way.
Tickets for the tour can lue purchased in advance, by calling (407) 438.7059 or 323.9741, or at the Cultural Arts Center, located off Park Avenue on Fifth Sireet. the days of the tour.

The stories that follow in this spectal section will give a brlef Introduction to the homes and the people who live in thems. Thels favorlic holiday rectpes will also be included, to glve a taste of the season.

## Christmas tree decorated with centuries of history



Fille Prote
This Chrislmas tree, on the Megnolla Mell In downiown 8 enford, th not only brightly decorated, but is a live tree, to be enjoyed all yoer long.

Of all hollday custome.thc Chrisimas tree is one of the most universally treasured. While most famllies can't wall to decorate thelr tree, with eome even act. ting if up before Thanksglving, many people don't know people dow this tradition began.

A mere 200 yeara ago. the practice of trimming a tree at Christmantime was not widely observed outalde of Germany. Historical mources In dicate that the first Chriatimen can be Chinced to early 17 the century Germany. where fir treet deco rated with colored paper. gold foll. apples. toys and candles were reporied.
What are the origina of the Chrietman tree? There are many

Dee Tree, Pays 7
for historic tour


Mlchael, Leigh and Dalton skat with Murdock, the dog, on the floor.

## Soup is tradition when tree is trimmed in 1925 home

## EyEMand Evori Horeld Stalf Witter

Michael and Letgh Skal bought their Magnolia Avenue home flve years Avenue home five years
ago and il has been in a ago and it has been in a
constam state of renova. constamt state of renova-
lfon ever since. The Hon ever slnce. The home was actually in pretly good ehape but the Skal's wanled to mod ernize the kltchen and two baths.
Buill la 1925 by Sherman Lloyd, who was the treasurer of Lloyd's Shoe Company, on First Street, the Skat's are the third owners of the Arte and Crafte-lyle bungalow.
The two-story home has three bedroome and a bath upetaira. a breakfact, Bunfoom. kitchen, living and dinIng room downstalrs. There are 43 windows in the house. Leigh may and the mont unique thing about the home is the cottage patiern (nquare) in the wood noors.


The Skat's recipe for Portugese Soup comes from Leigh's family, from Texas. The Skat's iradi. tlonally eal the moup on tonally eat the coup on the nldght they trim thelt Christmas tree, which is usually right after Thankedving. The eoup Is easy to ancmble and though it le ready to ea in leas than an hour. Leigh caye II taties like II has been cooked all day.

FOMTUOEREDOP
2 onlons, chopped
6 cloven gertle,chopped

6 Tbsp. oll
1 lb . garlic mausage, or kellbasa

10 cupa beef stock
1 -303 can kidney beans with liquld

## 1 head green cabbage <br> 12 small new potatoes $1 / 4$ to $1 / 2$ cup vinegar

 16 oz . ketchupSall and pepper to taste Saute onton and garlic. When traneparent. add causage and brown. Add rest of ingrediente, bring to boll. simmer 35 to 45 minutes.


The Gomez family in the cozy llving room of their Park Avenue home.

## Homeowners make additions to house

## By EMAN ENODIE

Herald Staff Writer
The biggest addition that Gretchen and Ken Gomez have made to thelr Park Avenue home since the first time it was on the tour in 1892 is Chrisilan. It was on the tour in 189
2 , and Noah. 8 month.
Actually they have done quite a blt of work on thelr 1926 Crafteman bungalow. the mosi impreasive of which ts knocking out the wall that separated the ataircase from the downstals hall. Gretchen says, when she was a litile girl. she always dreamed of coming down a atalrcase in a prom or wedding gown and now bhe can.
The house has benefltied from the handicraft of both Gretchen and Ken. The Gomez's plumbing business is run out of the home and Ken has made some tricky design Ideas work In both of the house's two bathrooms.
Gretehen was the chief engineer in molving a space problem in the upataina bathroom. Originally the door ewung In, taking up a lot of precious epace. Thanks to help from a friend. Gretchen came up with the idea of making French doors that open in the middle and swing out. She purchased the cldelights from a renovatore warehouse in DeLand. found four tained glase panels which were from a chureh in Holland and bullit the rest of the doon from acratch. There are other examples of her woodworking calll throughout the house and in the yard. The back and slde yard are contained by a fence which Gretchen dealigned and bullt while ahe was

7-months-pregnant with Noah. (ll was erected by Ken and a friend.)
There is also a story behind how Noah got his name. Gretchen is a collector of Noah's arks, many of which are displayed throughout the housc. One love led to another...
Gretchen contributes a reclpe "everybody wants." the says, every Ilme she makes It. Heath Bar Crunch. and Coco Balls, another favortie. and Coco Balis, another
2 cups sugar
1 cup butier
$1 / 4$ cup water
1 18p. vanllla extract
2.1/2 cups semi-nweel morsels

2 cups chopped nuts
Mix sugar, butter and water. Cook over low heat until sugar is diseolved. Cover until sugar washes into pan. Uncover and cook to hard crack stage. 300 degrees on a candy thermometer.
Remove from heat and add vanilla. pour onto cookle sheet. Sprinkle with half of the moracis. Let mell two to three minutes. Spread and eprinkle with nuts or sugar. Cool unuli hard.
Melt remaining half of the morecls in microwave. Flip candy onto another cookie shect, apread with melted morsels and enjoyl

## COCO PALLS

## $2 / 3$ cup butter

1.1/2 cupe sugar

Cream these ingredients togither. Add:
1 tep. vanilla
6 Tbup. cocra
2 Tbep. water
4 cupe rolled oat.
Chill the mixture, then roll into balls and roll in confectloner's eugar.



Shop Locally this Christmas

Shopping elsewhere can toe uri dear able.

## Enjoy a stress-free holiday season

## The la Enay

- Don'i do it all yourmelf. Let your whole family help! Shating lawh ot Christmas lety everyone feel like a pari of the fun.
Don'I compure yourself with whers. There will ulways be friend or relailve who can do or give more.
Don't overapend. It's easy to du during the holidayn, Remember. when you epend more than you can afford, repayment maker the next year utressful. ion!
Dun't worry aboul all the litile thingen you need to do. Some ihings can wall-laundry, vacuumiare. your diet. ets.

Holisay Tima \& Theravers Make untrimmins the tree an occasion for everyons. Pick ane day and have an untrimming pary Finish the day with games or dinner-make it fun.
Keep Chriamsa cardy together and keep in touch with somene each week with a cand or letier.
Keep hollday plans simple wy you can get avore enfoymeni frum the сенм.
Be sure to include in RSVP in invitations to cmable you to gauge supplien and avoid last minute Wharlagen
Take an hour to relan and get yourself reudy for the party.

Ftom yourself from wervins derika Whith self-wervice ber Plen on one pond of toe per patcon ond plece ponid of ke pr perman and plice
 top of wie ubie. Extra supplits can be kept under the

Fiad betpen Ifamily, friends, kitu) to help plek up during the party. Or, hire ithelper to serve, purr and clean.

When gueds offer in brigy fond and other tems. let them!
Candles placed in safe places provide almosphere as welt a fragrance.



Much of the symbolic meaning attributed to mistietoe started with its early use in elaborate pagan rituale by the Druide In ancient Britain. buring these times, miatietoe was belleved to have great healing power. It is because of this pagan association that mistietoe ts rarely used as decoration in churches during the Christmans season. However, It is still a very popular decoration in the home.

The cuatom of kisaing under the mistietoe ta belleved to have originally been part of an carly marriagte rite. In the languate of flowers. mistietoe tranalates as, "Oive me a kias." Mistletoe is frequently huns in doorwaye or from chandeliers during the holiday ecason. Tradition has it that a pentieman may clatm a lites from any lady who tands underneth it. After each ldas, the fenticman rempoves one of the berties and hance it to the lady. When oll the bertion have been removed from the mietletoe guris, the fentioman can no lontor use to to coquire limese. An oid eying titiee that if an urimarted lady doee not tet theoed under the mietietoe at Chrietimotime, che will not marry that your.


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©NOO THE COOL PAII DAYB AND $8 E E$ CLOUDED LEOPARDS AND MANY EXOTIC AND RARE ANLMALS. LOOK PORTEE NEW AFRICAN CRESITED PORCUFANE EXXIBIT TO OPEN SOONI



Ceb caecele chrive hio home with stanely, plotured, and two other dogs, May duno end Enoehy, end a ead, Coober.

## Twice is nice for homeowner



## Moner ment wine

Bob Camelo' home th a veteran of the foliday Tour of Hiatorte Homien, who have been la lite who have been an his the sapie thing they caw lact time.
Cassels boucht his home ta 1000 and Mirt opened to for the 1000 tour. An Amertcan Colo. nial four-square, the house has lour rooms upetairs and four rooms downetairs. There te aleo a third floor master bedroom. altting room and half-bath.
Cascels aaye the bouse had a more Victorian reature in a cupola that was removed. The extefror walls of the upper hoors are treated with ghingles, but Cosoels rald the pattern. which change every da rowns. In not one he has not been able to and in any of the books he has ueed to research the archttec. tural style. The roof formerly bore wood chingles but now is tim.

Conels has added auch modern conivenlences 30 a central vecuinim oys. tem, an alarm byatem and a 14 -ppenver ctereo sybtem to the circa 1500 home.
The house was orig. nally owned by the Terwilleger family. Mrs.

Terwillepria minger wa Eanford ploneer seth Fremch. Ove outiotandand Coature of the modern day home to the heated pool suot outalie of the Itchen doop. Cavecto cald this was once a cotetern that pathered rata water for the familly's use. caseels thed the tank and Installed a Countatn, in the chape of a dolphita, on cae alie of the pool. With the back door open, the sound of splachiry water filters throu chout the entire downetalis of the houec.
Behind the house to a gueat house made by convertingthe conchhouse. Camelo gald there are etill lava rocles. used on the foor of the conchhouse becaune they absorbed the horses urine, to be found in the alley and around the houce.
One of Camele' favortte recipes, Roant Pork Tenderiotn, was diven to him by a friend in Atlanta, "I hate to cools". Capele saya, "Onat'o why 1 Hhe the rectpe. Ho really ceev.
macpitis
Martanted Oriental-tyle Rub the loln with cartic.
In a bowl, make a marinade with:

2/3 cupa moy sauce
$2 / 3$ cupe dry vermouth or dry sherry

2 or 3 Anely chopped 2 arent sitic cloves
27 sep . chopped treeh
dar
Turn roast in the martacis and martacte 3 to 4 hours, turnitig the. quently, (or all day).

Proce fat wise up on a ract ta a romines pan. Rom uncoverolitars derree oven for 35 co 30 minuteo per pound until dove, Remeve from oven and iot noit 10 miaute before carvisis.





Rogers
Coattaned fren Page 18 plester on the will and researched paint colors appropriate to the period. The woor hone wil be re-done erare tine in the future, but hate re. ponded well to hend ponced well to hand ubing with ol comp and al tiner and worting in the
fodury for 30 years. Rogers has a reat ap Frociation ior the une of apric and even con. fructed the draperes in the houre.
Rorers' will bretet a tot of hte pan form ho corattry for the holdday. The Lere Chriteme tree In the livint roon wit bear ormaments handed

 ent Bat et yelist ad gillk. Cook over hol wher until thelrened - elfrelse conatenely Cirrial conetentiy. CuFt en trity A rant Orol el lity: Ara Yant cor Cool jur ber pe cinel. Cool. Just before corvist whip crean un. 4in cir mad enveten, 4 ㄹ.

Eprtailie tonped coconut panerounly over crean.
to toint cocount!
Epread shredded coconut in a chin layer on brixime chect. Prose in a brotier with unrina of coconut three to four coconit bethre to to four inches beiow inet, watich queatly whin a for for even tondtor.

complamen 4-an

2 Tbep. caric
Mix all measoningo in a separate bowi. in a larte rying pan, cook chicken numate, pepiers, onton and olera. 8tir in about 1/3 of the measoninge cook until coft. draln and met aslde.
In a larte pot beat the di. Whit pateing com cently in in the gour setr for approstonetely 18 minutes or untul rour becomes a chocolate brown colop. Reduce hent. To pous, add chlctern, caucan, pep- beer

## Lights

Conetaned freen Fin 0 ueed for purely decorn. tive purposes.

Today, In Phoonitx Mracia, the maty trell inaline to equimu fors is und whin humarion oa Charistmas Day. The alchering Holden thread
 coverieltor mition. In the ove Town cotiricto of Albucuerque and Eapia Pe, New Maxdoo, Mlo.
walles and bualdinion are cutitined with lumitnaries. gome 10,000 es m 沺 Odd Towa Albuquergue alope. Tim etry'o deetric IIchte are douced on Chrternes wo to the Cartetmen wat orm in gory. Ia otant fowas aky. Ia othar comas
around the aatson. arouga the palion: pelybarhoods are forlowing oult and fotning totelher to fill thelir
comanaty with Clurtatman candlolighe.

## Spirit

## Contioned firea Prop 10


 Con mixe Converer Cist tamel
Permer the styrofoam ball gold, and let dry wernigh.
Pore a double loop of gold wire, and insert the ends no the rop of ten trall siue to excure. With a glue zun and
 creme form nections. Creme a desiga with the loone beeds, minting each of the seciloms the mate or completely difier. om. Wot wry showly to allow cact piece to dy
atrach wo gold beadias in loops eround the botrom of
 of cre bell.

pers, onion, olvra, celery reen onlons, canned comatoes. broth, beer, andremaininc semoning. Stmmer one to five hours, the longer the better. etirting occastonally.
Thirty minutes before cerving, add cooked rico and several splanhes of Tabaco. Ten minute before eerving, increas beat and returit to boil.
serve in hollowed courdouph broed bowl with addtional bread ramoco asd lote of cold ber.





Timers Eamition

m Them Thera Wercisl

- Revomis Colvcitlos - Duner Furitr coner croel -ATALEL Lei morn!



## Holiday traditions traced to English rituals

'Here we come a cient Engilah winter rituwamatling..
Our Christman tradi- In medieval England a tions of caroling. partien special ceremony was and dinners. and a performed to pay tribute apectal hollday punch to the apple trees people can all be traced to an. depended on to produce
frult. The people of a community formed procesalon and vialted the local orchurds in the dead of winter. There. they saluted the trees by pouring a epecial liquor
over the roote of one of the major treen. Thla liquor whe simply heated le or clder that had been sweetened and apiced. Roasted apples and pieces of toppted bread
were oflen floated in the minture. Alter the libethon wan offered, an in. cantation similar to this wan munt:

- Stand fast al root

Bearwell at top
Every twig bear apple
Come Home For the Ilolidays


SANFORD COURT APARTMENTS

blg
Every bow bear apple now."

Olen dancing followed and the procession moved on to the next orchard where the rilual was repealed.
By the reign of Henry vit i1485-1509), this pargan rite had become a ecried of fenets for Chris. tian upper clunues. People paid vielte to the homes of nelshbors rather than the orchardin. At ench etop there would be alnding. and food and dink rere eerved, The drink were eerved, remed drink erved remained heated ale with sugar.
nulmes. aincer and nutmes, dinger and roasted apples. Those who could efford it mould cubleltute a stch withe for the ale.

The toant "waes heel" beinn betns oftered with be liquor. Thite Anglo8axon term meant "be bele of whole" and wan used to whish people very cood health. In thite wry, The mulled ale or whe Lupuat becative lanown en "wremati." The tradition of payine visits to nclichbors for feative partics of even brie comalone of cons we krown as "wreacling."
In the time of Henry
Vil. waseall was pres.
vis. waseall was pres.
wh freat ceremony. A sfnail procennion pre. and the whered the dinins hall. special wamall carols wert sung. The youngiters of the era went door-to-door beg. ging for appies and ale, preaumably for use in making the wreall.

The Epirlt of wasaalling survives today in the form of caroling and Chrisimas cocktall partles and dinners. For the many people who would enjoy eerving wasall to their guests. here's a elmple recipe thint has been mdapted for modern uce: Wesenil

1 quart heated ale
2 tap. each of nutmeg. ginger and cinnamon $1 / 2$ botile heated cherry

Julce and prated peel of 1 lemon

Bugner to tante
Comblare theee Ingre dienta and merve thot with roacted applew and pleces of coneted bread footing In the bowl
Reseter A
4 apples
1/4 cup brown murar
2 lep. butter or marga. tine
Core the applea and IIII their centers with brown eurjar. Place in ans 8 loch by 8 trech pan and dot the tope with butter or mar. Erine. Add $3 / 4$ cup bollins water to the pan. Balce at 375 detrees for Bate at 375 dedrees for Applea should be tender but not mushy.




Michal Grain and Meather Henderion are ready for firat Cowtatma in now nome.

## Couple start new life in 80-year-old house

## ay mand Crood <br> Hercled Siafl Writior

The home of Heather Henderson and Michael Green is listed on the National Regiater of Historic Homes, but the couple are not overwhelmed by this fact.

The newlywedn moved Into the pre-igi3 frame vernacular home on Elim Avenuc in March of this year. Both teachera. they have been inaplred by the more than eighty years of hiatory to create a comfortable home for themelvea and their two cate.
Thought to have been built in 1910 for John King, who then owned a poot hall on North Park Avenue, the home heil on North Park Avenue, the home
retalns many of tis original features even after an extenalve renovation by owner Bartare Farrell.
Woodwork. noorn, windowe and Doortny remaln. an well the ortginal cabisetin and toliet paper holder tin the bethroom. Aloo, light ilxtures dealgned to eccomodate fell and then retrontted for electrictly seill hand in the living room and dining room.

One of the moet etrilans featurea of the home was not added untll 1931. A Larte onk fireplace and mantle reltons over the uviat room, crowned with turned wood columns and a mirror. Heather has decorated the mantle with Heather has decorated the mantle with erape vine, try, burlap and fold ribbon and eet it with numeroun candies. This neutral ocmamentation reflects the mood of the enture house. Heather sald they took thetr cue from Parreil' palnt cheme and some pleces of furniture they already owned. Many secent ploces, buch es a damem window anah trom an old schoothouse. came
from a renovators warehouse in De. Land. The total effect of the epare decorating is inviting and comfortable and appears an if it whe taken stralght out of a country decoralling magazinc.
Heather mald they are very happy llving in this Sanford nelghborhood. that it has a real feeling of community. A teacher at Galaxy Middie School in Deltona. Henther apprecistes the homes proximity to the Student Museum, on Seventh Street.
Green eald his favorte recipe is a great addition to a New Year'e Eve or lootball party.
0UT10
2 lba boneless, akinlesa chicken breatis
2 lbm . Andoulle or moked anumge
1 lb . okra
1 larye treen pepper
1 larife red pepper
1 lare onion
All of these ingredients chould be cul into bit-lise plecea.
Tabace
4 cupachicken broth
6 cupe cansed tomatoca
1 cup chopped celery
1 cup chopped treen onlon
1-1/2 cupe cooked rice
1 can beer
A VERY BIO POT
For the roux:
1-1/2 cupa vefetable od
1.1/2 cupp Hour

For the ceaconings:
2 Thep. calt
2 Tbep. paprita
I Tbep. thyme
D Tbep. Cajun ecenonlay
2 Tbep. pepper
Deee Cuntio, Pare 18

## Sanford sulted to lover of art and theater

## 

Fred Ropere aye gan cord in fight on the edre of the Oid Eouth, which is where he wante to be. Oristinally from Min. neaotia, and hevine epent time in couth Flor. ida. Roter cald he en. foys life in thin area
": belleve ta whet Eaniond is tryian to do." Rojert my and ede that he became very prosactive ebout ganiord and the ate in Beminole Caunty stace the moved here in July of this yetr.
Ropers is a conturne dealper at the Unlveral. dearmer at the Unvera. ty a centin in ordends wee Livin in Ornendo When his hiend, Marte Davidoon, owner of A gecond Imase In downtown Eaniond int for him intereated in the
sen. He is on the board of the Nits The tre
Roters, End Etefan Pritcherd, are next-door nelghbow to the Hen. deraon-Green house and Rogters eald, from the outalde. the iwo houmes on Eim Avenue are "mirior tnayes." He aloo ald that he thinte the tour ts a mondartw op portunily for people to cee a lot of durerent types of homes.
"t thini ut's treat to let the public eee theer the pubic eee thete Rower wome, hogert who icels the charm en the larter Vic. tortanhomes.
Unilte the Hen. dernop-areen homp, Roferi boume meeded quite a in of mort nim from the ctert. They bave
口Cootionvermor




## Tree

Continece fren Fega
posesbilities, Including the Roman observance of Kalends, which took place in the carly part of January. The traditions Included decorating the home with evergreens and lights, as well as giving lavish aifte and extending hoapitality to famlly and friends.
Many carly Chriatlan belief aleo stand behind the
tradilion of inmming a tree. For instance, it was traditonal to hang red applea on a free. This customary for people to bring lowering trecs. like Paradise Tree, as it was called, is certainly a hawthorn or cherry trees. Indoors during the autumn, forerunner of the Chriatmana tree at it is known so that they might bloorn and bear frult on Chriatmas today.

This year, when decoralling their iree, peopie should realize that not only are they creating their own family iraditions, but they are continuin
Dec. 24, according to the old Church calendar, was centurtes of hatory


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# White picket fence frames house, life 

## by EMARI ENODTE

Herald Btefl Writer
Jim Foley alwaya wanted to have a house with a white pleket fence. He got what he wanted not long after he and his wife. Marcla. moved Into theit two-story house on the corner of Oak Avenue and 17th Street
In fact. he liked the fence so much he named hls atore after it.
The Foley's own and operate a glft shop in downtown Sanford named "Pleket Fence." but Foley admite he really got the name for hil store by "stealtng" It from his brother. who owns an antlque shop in thelr hometown in northern Misiasippl.
The fence la accented with an arched trellis, over the gate. that bears rose bushes.
The Foley's bought the Victortan house funt after it was refurbiahed. White the main houme is older, a porch added in the 1930s wraps the atructure and provides a carport for a horseless carrige.
Another of the many Sanford houses bullt in the four-square manner, there are three bedrooms and a bathroom upatairs. The master bedroom is large in that there is extra room on either slde, under the dormern.
Downtalre there is room for a living room, dining room, kitchen, full bath. family room and a "bonus" room, given over to Mr. Grogan, an B-etghtyear old doberman. The dining room was ondinally the kdtchen and still has a working chinney where the wood atove wil. Part of the porch was enclosed to make the new litchen when the houee whe renovated.
An avid collector of entique furniture, Foley can tell you the era of all of the ploces in hia bome. The firat plece be pot was a butler's table with a removeable dres-botion tring, which In dimplayed to the lvind room.
Marcia hma an extentive colloction of coliector dolle and thay are pl-playd In glae-fronted cabtrets in the Mivat

room.
While Marcla names Sweet Potato Casseroic as a favorte hollday recipe. Folcy may he liken Puerto Rican turkey, but hani't made it in yeare.
According to Foley, to make the dinh. a turkey to cut into sections, like chlcken. marinated in wine, ollves onlone and garlic. breaded with crumbe and baked until done.
WRET POTATOCABEROLE
220 ox. cana aweet potatoes
2 Tbep. butter or martarine
legt
tep. vanilla favoring
1 Thep. lemon juice
$1 / 2$ cup euger (adjuat to tante)
$1 / 2$ cup brown eugar
2 Ttep, cinnamon
2 Tbep, nutmen (optional)
Approximately 1 cup Intermational Dellght Irich Cream Ilquid coffee creamer, but any laver can be used. (mixture chould ba crearny)
14 eup ramete (optiona)
1/4 exp pronice (optional)
Apprifmately $1 / 2$ bo $\mathbf{v} / 4$ beg of unarianaliont
MIE all tatredients, except margmantiowe, and baive at $8: 0$ de frees for one hour or until cot. Cover



Mmole and din Fotay in Intuy rean ex with entlous fumblure. In pookgound
camerole with manchinallowe and let brown illintity.
Marcla adde, "Theee are appros.
oollation is diepleynd in oathete in the living room.

Imate meanures. as I never meomure anything. Tede as you fo, you'th know when ti" rithe."




## Luminarias: Goldon Christmas lamps

Fickering candiellyht toreplacingor cupplementind tanged ctrtug of eloctite Hint in a prowing number of Amertican cities durta the Chrtetranas ceasen.
Lumbarlang and reeting on a plle of cand at the bottem of a paper cecle ers tin outrowth of 300 year-ald Mexican and Southwertern Ualted states tracitions. Vil. anges in Epamiah Amer. cma colomies Itit larte conires of placa prape boughe to lytht thelr cominually Christmas celetrintions. Even today, manta Pe, Now Mexdoo. "lovinate" refere to a Christinat boafire. In Marico, paper bery with candies ta them are known en furoflitas or Ltule lampas

Chrietmas bonfires and luminartes are matd to be cymboic of the frea butlt and uned by the arepert who watched their focto in the fielda near Bethlehem. Lumbaries are also related to Care also releted to Christmas dumatarios. Ceterna hual la treve to light the route of poople recnacting Mary and Jouqpa's mearch for lody. tas en they traviled from Nerareth to Rothiebem. This traditional reen. cetment lnown as $\&$ Piment toow detem hect from the errival of from the arrival of
 Tetices. The what focidion, Tetum The Lex Pocndin. Ut by luminara or conventional uphts. is extll practiced in the gouthweat, but for the mont part lumigarias are now Gloperiter Fer 18


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## Decorate with Victorian spirit

The Chrinuma frec is uatally the fowal print theliday
 pirit in the hane. and er
the family than decorated it.

 rupev al' pearls and wold heads. ald cormacoplias. During the winter evenings before Chriblmas. Viéloriats whuld create there heratiful ormanoents and place them an thert trets.

## vostal.gic nosegars

Small guld or white disly
fiahrie rime
12 inches of riliteon that matelnes the reme. E-Inch thich Tupe
Sitich the vern of a fabric rane intor the center of a small pold os white duily, pinch is me it pathers armbul the blouer.



 You alon could we a larger doily and wire tepether hone hen ol dried thomers, like tea rowe bally's breath. heather


## VICTORIAN IMDII.Y FANS

## Lourad doily

Small fahric or drled Mawern
Gilue
Wire
Cut a romend doily in half. Accordion pleat the half doily into a fan, and altach a cluster of small fahric or dried flowcrs to the from of it with glue. Altach bille tree with wire.

## CORNUCOPIAS

While or pold doily
Rlblana
Dried fowers
(ilse of ctaplet
Rloboom react, apthoal



Cul a quanter wedge the of a white on gold doily, and wrap the rest around unill you have a cunce shape: plue of staple logether. If you wish, add a simall bow and wone ribbon nowes to live frunt: altacis a ribbon locy for hanging. Fill wilh dried lowers.
For a nure natural liok, use hatodmale paper. Cut out a citcle pallern 12 Inches in diameter, then cut into four wedges: mull each into a cone. If you what wencil on wome leavex or a devign tefore fortning the cone
Take sume children's pary hats in bright colern. tie the clastic into a knot to sharten if, and Clll whth the dricd Howers br, as a treat for the chinden. pupeorn or simil the elasic hand; if the candy is limi heavy, use a glue gun the elasic hand; if the candy is lim heavy, use a glue gu to altach a riblimen lemp.

VICTORIAN JEWEL, ORNAMENT'
3-iach Syrofoam hall
Grod priat
4 Incties rold whe
white ciae
Cicid beation pifa
口



Making salt-dough ornamente ls a won. derful hollday activity for chlldren and even adulta! Children will have fun molding and crealing their own de. signs and then palnt Ing them. Salt-dough ornamente are falrly sturdy and can be auccessfully stored year afler year. They are also popular sale ttems at holiday craft sales.
Here la an easy reclpe to follow. You probably have the Ingre. dients already, bui if you have to buy mome. they are very inex. penatve. If you wish to make the designe into ornaments. fnecrt a bent paper clip into the top of the orna ment before baking. Eelt-Dengt
Orampento
2 cups white four
1 cup bill
1 cup water (warm
water thakes the clay
casicr to worl with! 2 tablespoone oll Combine all the in. tredients and knead for 10 minutes or untll the dough is emooth. If thedough is crumbley, add water a little at a lime until the dough in the right consistency. If the dough in too molst and stecky. add more hour. Shape into desired deaigne, or roll out the dough and use cookle cutters to cut aut tradiltonal Chriatmas ehapes. Bake al 325 degrees untll dried degrees until dried, but na brown (apminutes per $1 / 4$ Inch thickness).

When cool, paint Whth water colors. acryile painis or felt pens. Color can be added to the dough prior to baking with food coloring. Spray wilh plastic in preserve the ornament and add shline.


