

## FLORIDA HAS FISH FOR THE MULTITUDE TO SAVE THE MEAT

### RECIPTS FOR FISH THAT NEED NO GREASE FOR COOKING

Americans do not eat enough fish and particularly Floridians do not eat enough fish. No state has finer fish in its inland waters but we are peculiarly fortunate in having also an abundant supply of salt water fish of many kinds. Just now, when we are called upon to help our country by substituting some other protein food for meat we in Florida have a splendid opportunity to display our patriotism and vary our diet in a way profitable from several standpoints. In fact, any man or woman who is not willing to eat fish at least once a week is a slacker. And it is both absurd and unpatriotic not to eat it several times a week.

The open season for mullet, a most excellent salt water fish, began Jan. 20th and is to be had at Sanford at 12 1/2 cents a pound. Spanish mackerel, sheep's head, red snapper and other fish are also to be had, varying in price, and for the people who profess not to like this type of fish, or cannot get fresh fish there are different kinds of smoked, salted or canned fish canned with water or oil.

Our Government, through its Bureau of Fisheries issues many bulletins of interest on this subject with dozens of attractive recipes. I shall be glad to send these bulletins to anyone, not already supplied, who will apply for them by postal. The recipes following, while not taken from Government bulletins will I hope serve to add to Seminole county's interest in this subject and stimulate inquiry for methods of using fish aside from the fried form so generally liked. We must not use fat unnecessarily if we hope to win this war and it is not necessary to fry fish in order to make it both palatable and delicious. Prove this to your own satisfaction by trying these recipes or those from the Government bulletins. Help win the war by substituting fish for meat and substituting some other form for the fried form.

Riley M. Fletcher Berry, Emer. Home Dem. Agt. Fish Quenelles: French Recipe; A Substantial Food.

Soak one pint of soft bread crumbs one-fourth corn bread crumbs may be used; in one cupful of water for 15 minutes. Stir meantime and if too dry add a little water. While the crumbs are soaking mash fine 1/2 pound of cooked fish free from skin and bones. Strain and press out the water from the crumbs then place it in a saucepan with two tablespoonfuls of margarine. Add the mashed yolks of two hard boiled eggs and stir over a slow fire till the mixture is dry; does not stick to the spoon. Then place in a granite pan or thick bowl, add one whole egg and the yolk of another beaten together, another tablespoonful of margarine and the cooked fish mixture. Season with salt, pepper and a pinch of nutmeg and mash or pound till well mixed. Make into balls one half inch thick, dusting them with flour. Drop them into a kettle of boiling water and cook fast ten minutes; then set at the back of the stove to simmer, only for five minutes more. Skin out and drain in a colander then and serve. May be used alone or as filling for patties or in sauce.

Salmon in Gelatine Soak 1/2 box gelatine in 1/2 cup cold water for 30 minutes. Put 1 tablespoonful each of chopped carrot, onion and celery in 1 pint of cold water and let come to boiling point; boil 5 minutes; add gelatine and 5 tablespoonfuls of lime or lemon juice and 1/2 tablespoonful of salt with a dash of cayenne pepper and strain. Put a little of this in the bottom of a mold and let harden slightly then add layer of salmon. If the salmon comes in large pieces place these in the mold together and pour over them the rest of the gelatine. If the salmon is in small pieces more than one layer can be made, letting

gelatine harden slightly before adding fish. Let harden on ice and serve with lettuce and mayonnaise.

Potted Herring Head and tail 12 large herring; wash, clean and dry them; sprinkle pepper and salt inside and out and place in a baking dish. Cover them with 1 pint pure vinegar spiced; and bake 2 hours in moderate oven. Then remove and mash them fine; press into little jars or pots and pour boiling clarified fat on top. These will keep many weeks in a comparatively cool spot and are convenient for sandwiches or a quick dish for lunch. Boil vinegar with 1 quart; 3 cloves, 1 sliced onion, 3 slices of lemon; a bay leaf, blade of mace and spring each of marjoram, sage, thyme and tarragon, also 1 sliced carrot, several whole peppercorns and a slice or two of orange. All these ingredients need not be used but it is a great improvement to spice the vinegar.

Herring Pie: An English Recipe; Head and tail some herring; wash, clean and dry them and sprinkle with pepper and salt with a pinch of nutmeg or mace. Then lay them in a baking pan or dish and cover them with a chopped mixture of 1 onion, 1 apple dried apple may be used; and a tablespoonful of minced parsley. Lay bits of margarine on top; add 2 tablespoonfuls of water, and place a simple biscuit crust over the whole. Bake about 50 minutes, letting crust brown well.

Fish Creams: A Swedish Dish; Put through a sieve some cold, boiled, boned fish. To each cupful allow two tablespoonfuls of thick cream, 1 tablespoonful each of gelatine and lemon juice, 24 blanched almonds, 1 teaspoonful of salt and a pinch of pepper. Soak the gelatine till softened in 2 tablespoonfuls of cold water then dissolve over hot water. Add seasoning and cream to the fish, then the gelatine; stir well and set aside till partly hardened when mix with the hands with cold water and roll, into balls, allowing at tablespoonful to each ball. Set these aside till hardened. Serve in a nest of lettuce leaves with slices of pickled beets and mayonnaise.

Mock Scalloped Oysters: Original Recipe from Good House-keeping.

Mash 12 sardines in their oil very fine; should make 1/2 pint. Soak 1 box of oyster crackers in 1 quart of milk or milk and water mixed, ten minutes; then place a layer on the bottom of a baking dish. Sprinkle lightly with pepper and salt and add a thin layer of the sardine. Fill the dish with these alternate layers, having crackers on top. Place 2 tablespoonfuls of margarine in bits on top of this, adding any milk not taken up by the crackers. Bake in a quick oven till well browned. If preferred for convenience, the crackers may be rolled fine and used dry, adding all the milk at once, the last thing.

Pickrel Stuffed: Hebrew Recipe; Split open a three pound pickere leaving head and tail in tact. Remove bones and meat with care, not to tear the skin. Then take the flesh with the liver; add a roll which has been soaked in milk and pressed dry; two scalded onions, yolk of 2 eggs, two tablespoonfuls of margarine, one-half teaspoonful of salt, a half teaspoonful of pepper and a pinch of nutmeg. Chop fine and mix thoroughly, then stuff the fish with it and sew up the skin. Boil this half an hour in 2 quarts of court bouillon, made with that amount of cold water, a bay leaf, a handful of celery tops, one carrot, one onion, one teaspoonful of salt, twenty peppercorns, two springs of parsley, a slice of lemon and four tablespoonfuls of vinegar. Boil this several minutes before adding fish. Serve the fish with a sauce made of two tablespoonfuls each of margarine and bread crumbs well browned in a frying pan and sprinkled over the fish. Garnish with parsley and sliced lemon.

Riley M. Fletcher Berry, Emergency Home Dem. Agt.

"Eve" is a whole evening's delight with her "fiddle." Mustn't miss hearing her Feb. 6th.

## HANDLING PRE-COOLED VEGETABLES

### GOVERNMENT INTERESTED IN BETTER LETTUCE AND CELERY

Washington, D. C., Jan. 31.—"The Handling and Pre-cooling of Florida Lettuce and Celery" is made the subject of a booklet just issued by the U. S. department of agriculture, based on a series of experiments under the direction of H. J. Ramsey, pomologist in charge of fruit and vegetable handling and storage investigations and E. L. Markell, scientific assistant, office of the horticultural and pomological investigations.

The lettuce and celery crops of Florida contribute annually about one and one half million dollars to the incomes of the truck growers in that state. About 4,000 acres now are devoted to the culture of these crops and this area is being increased constantly. The expansion of the celery industry has been especially rapid. Starting practically within the last decade, Florida is now one of the leading celery producing states of the Union. The census of 1909 shows that Florida had then only 825 acres of celery. By 1913 the plantings had increased to 1,280 acres, an increase of 55 per cent in four years.

A summary of the results of these experiments is as follows:

During the seasons of 1913-14 and 1914-15 investigations were conducted by the bureau of plant industry for the purpose of ascertaining the causes of losses by decay in lettuce and celery shipped from Florida and to determine practicable means of reducing the same.

Decay in lettuce in transit was found to be due largely to lettuce drop, a disease which appears to en-

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## WAR END IS URGED BY GERMANS

### WORKMEN SHOW UNREST AND TIRED OF STRIFE

Prophets see in the present crisis in Germany a speedy end of the war made by the German people.

Transcending in interest even the great victory of the Italians over the Austrians on the northern Italian battlefield is the political and economic situation in Germany.

Here, apparently, a large part of the country is in the throes of a great labor upheaval, due to dissatisfaction by the working classes over the progress of the peace negotiations and over internal political conditions generally. Throughout the country thousands upon thousands of the working classes—both men and women—have struck and many of the great manufactures and industries are affected.

In Berlin alone nearly half a million persons are reported on strike and hourly those who have quit are receiving reinforcements. Likewise in Kiel, the great shipyard center, at the Hamburg iron works and in the Rhenish Westphalian mine region workers have left their jobs.

Leaders of the Socialists—both of the independent and of the majority factions—evidently are in control of the movement and for their pains a number of the independents have been ordered imprisoned. Hugo Hasse of the independents, and Philipp Schedemann, the Majority Socialist leader in the reichstag are heading their respective followers.

Advices received by way of Switzerland are to the effect that the Socialists have delivered an ultimatum to the government demanding the conclusion of a general peace without indemnities or annexations, participations by the workmen in peace

## FARMERS CALLED ON BY PRESIDENT WILSON TO HELP WIN THE WAR

discussions, amelioration of the food situation, the right of public assembly, the release of all political prisoners and the introduction of equal electoral by direct secret ballot.

News concerning internal conditions in Austria still is scant owing to the strict censorship. The latest information received from Vienna is that there has been a great conflagration in the grain warehouse.

In Finland the trouble between the government forces and revolutionists continues to grow in extent. The revolutionists are declared to have formed a government of their own. All southern Finland is said to be in the hands of the Red Guard while the government forces in the north are asserted to have defeated and disarmed the revolutionists at various places. The Socialists have taken a hand in the trouble, having issued a manifesto declaring that the Finnish government desires to rule the proletariat.

Although Finland has appealed to Sweden for military aid, such aid is not likely to be rendered. On the contrary, Sweden apparently has shown its desire to keep aloof from the controversy by closing the frontier.

Zurich, Feb. 1.—The Socialist paper Vorwaerts announces that the Berlin strikers now have become more numerous and threatening. They have addressed to the government an ultimatum of which the following are the principal demands:

First—Accelerated conclusions of a general peace without indemnities or annexations.

Second—Participation of workmen's delegates of all the countries in the peace parliaments.

Third—Amelioration of the food situation by better distribution.

Fourth—Immediate abolition of the state of siege and restoration of the right of public meeting, suspended by the military authorities.

Fifth—Abolition of militarization of war factories.

Sixth—Immediate release of all political prisoners.

Seventh—Fundamental democratization of state institutions.

Eighth—The institution of equal electoral by direct secret ballot.

Entered Apprentice Degree

At the next regular communication of Sanford Lodge No. 62 F. & A. M., which will be held on Tuesday evening, Feb. 5th, at 7 p. m., the Entered Apprentice Degree will be conferred and arrangements will be made at this meeting for the conferring of the Master's Mason's Degree on Tuesday evening, Feb. 19th. Every Mason in this community is invited. We were specially pleased with the large number of visitors at our last meeting and trust this good attendance may be continued.

We'll meet on the level and act by the square

As Masons we know it's our duty to do;

And the world will be better and brighter and fair,

Because we've lived in it and journeyed life through.

Mayor Matheson Here

Mayor Chris. Matheson of Gainesville was in the city a few hours on Wednesday on business. Mayor Matheson is one of the young mayors of Florida but very prominent in his own county and in the state and has held the position of mayor of Gainesville for several terms. He is also a prominent attorney of Gainesville and has the respect and esteem of all who know him.

Barbers Close Earlier

Beginning Monday, Feb. 4th, the barber shops of the city will close at 8:30 on week-day nights and 11 o'clock on Saturday nights. This is in conformity with the request of the fuel administrator and will serve to save a useless waste of light.

Miss Hilda Brady's soprano is high, clear and sweet. Her songs captivate completely and her personality is fascinating.

### GREAT TASK ON HAND WILL REQUIRE A BIG EFFORT

Washington, Q. C., Feb. 1.—To the farmers of the United States President Wilson today sent a message in which he called attention to the country's need of their assistance during the coming year in winning the war.

The message was sent through the farmer's conference being held at the University of Illinois, at Urbana. It was delivered by President James of the university, in the absence of Secretary of Agriculture Houston, who was to have represented the President at the conference.

The President had expected to attend, but indisposition made it impossible and he delegated Mr. Houston, who was prevented from participating by the tie-up in transportation facilities.

The President's message said in part:

"I need not tell you, for I am sure you realize as keenly as I do, that we are as a nation in the presence of a great task which demands supreme sacrifice and endeavor of everyone of us. We can give everything that is needed with the greater willingness, and even satisfaction, but the object of the war in which we are engaged is the greatest that free men have ever undertaken. It is to prevent the life of the world from being determined and the fortunes of men everywhere affected by small groups of military masters who seek their own interest and the selfish dominion throughout the world of the governments they unhappily for the moment control.

"You will not need to be convinced that it was necessary for us as a free people to take part in this war. The rulers of Germany had sought to exercise their power in such a way as to shut off our economic life so far as our intercourse with Europe was concerned, and to confine our people within the western hemisphere, while they accomplished the purposes which would have been primarily impaired and impeded every process of our national life and have put the fortunes of America at the mercy of the imperial government of Germany. This was no threat. It had become a reality. Their hand of violence had been laid upon our own people and our own property in flagrant violation, not only of justice, but of the well recognized and long standing covenants of international law and treaty.

"We are fighting, therefore, as truly for the liberty and self government of the United States, as if the war of our own revolution had to be fought over again; and every man in every business in the United States must know by this time that his whole future lies in the balance. Our national life and our whole economic development will pass under the sinister influences of foreign control if we do not win.

"We must win, therefore, and we shall win. I need not ask you to pledge your lives and fortunes with those of the rest of the nation to the accomplishment of that great end. "You will realize, as I think statesmen on both sides of the water realize that the culminating crisis of the struggle has come and that the achievements of this year on the one side or the other must determine the issue. It has turned out that the forces that fight for freedom depend upon us in an extraordinary and unexpected degree for sustenance, for the supply of the materials by which men are to live and to fight, and it will be our glory when the war is over that we have supplied those materials and supplied them abundantly, and it will be all the more glory because in supplying them we have made our supreme effort and sacrifice.

"In the field of agriculture we have agencies and instrumentalities, fortunately such as no other government in the world can show. The department of agriculture is undoubtedly the greatest practical and scientific agricultural organization in the world. The banking legislation

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## REV. MILO H. MASSEY

THE NEW PASTOR OF THE FIRST BAPTIST CHURCH OF SANFORD



man who has been universally recognized in Georgia as a leader of marked ability.

To show the appreciation of Mr. Massey in his home town the following is clipped from his home paper:

"Union farewell services will be held Sunday evening at 7 o'clock at the Baptist church for E. Rev. Milo H. Massey, who recently resigned as pastor. All the members of the various churches and the pastors will take part in this service. The news that Bro. Massey will leave our community is a source of regret to hundreds of friends, not only of the Baptist denomination, but all other Christian people. His labors here have not been in vain. Attend the services."

Rev. Massey preaches his first sermons at the Temple Sunday as the new pastor. For the morning service he will use the subject, "The Magnetism of the Cross," at the evening hour Mr. Massey speaks on "Christian Preparedness." The Baptist folk are looking forward to a great day Sunday, and also for a great service to God through the association of the church and the new pastor.

Comes from Hartwell, Ga., bearing a fine reputation, both as a pulpit orator, sympathetic pastor and sterling citizen. Mr. Massey is a man of broad culture. He received his literary degree from Mercer University, the Georgia Baptist College which has given so many eminent men to Georgia and the South. His Theological training was received at the Southern Baptist Theological Seminary, Louisville, Ky.

Mr. Massey has held prominent pulpits in Georgia during the past eighteen years, serving with great acceptance Statesboro, Eastman, Thomaston and Hartwell. In each of his pastorates his leadership was evidenced by his selection as Moderator and Clerk respectively of the Association to which his church belonged. He having served the Hartwell church for the past eight years and at the time of his resignation there was serving as Moderator of his Association, chairman of the executive committee of his Association and as a member of the State Board of Missions of Georgia.

Sanford in particular and Florida in general are to be congratulated on securing as a minister and citizen a



# COUNTY HAPPENINGS

A BUNCH OF INTERESTING ITEMS FROM CORRESPONDENTS—EVENTS OF SEMINOLE COUNTY—EFFICIENT REPORTERS FOR THE HERALD

### LAKE MARY ITEMS

Mr. T. W. Lawton visited Lake Mary school Monday afternoon. The children are always delighted to see Mr. Lawton visit them.

Mr. Will Evans spent the week end with his home folks here, returning to Plant City Monday to go back on his job of firing on the Seaboard Air Line.

H. D. Durant attended church in Sanford last Sunday and enjoyed a good sermon rendered by Governor Catts.

W. A. Fitts has rented the factory field belonging to A. E. Sjoblom and expects to plant the same in cotton.

W. A. Stafford, one of the well known pump drivers of Sanford is this week here with his machine putting down a drain pipe for H. D. Durant to complete the draining of a piece of muck land on the edge of Lake Mary.

Mrs. Adelaide Buck of Sanford is spending the week end here as the guest of Mrs. H. D. Durant.

Miss Amanda Sjoblom made a raid on the fish in Crystal Lake Wednesday morning and brought back one weighing eight pounds.

Maybe some of the Florida Crackers who never saw any snow before this winter will get to see some cotton growing this summer.

Felix Frank of Sanford made a friendly call here Monday.

### EAST SANFORD

Rev. C. L. White, presiding elder from Orlando and Rev. Mr. Eads of Enterprise were in attendance at prayer meeting service at Moore's Station church on Wednesday evening. Quarterly conference and communion services were held.

There were sixty-two persons bap-

tized at the Moore's Station church following the revival held there recently. Rev. Mr. Eads was a guest of Mr. and Mrs. W. W. Miller and Miss Emma L. Tucker was a guest of Mr. and Mrs. E. E. Brown during the revival.

The Red Cross Auxiliary will meet with Mrs. J. C. Ellsworth on Bear-dall avenue during the month of February. East Sanford has 51 members, 29 new members from the recent campaign. Mrs. W. W. Dresser secured 14 members. The youngest member here being little Helen Dresser, 3 1/2 years old. Ruth and Robert Grier are also very youthful members.

Spring is here, so are the wild violets. The roadsides and fields in the hammocks are blue and white with them. The new foliage is coming out on the sweet gums, maples, live oaks and iron woods.

The many friends of C. C. Morris, formerly of this locality, who moved to the Everglades last July will be pleased to hear that he has been very successful at farming at his new home. Commencing last August Mr. Morris and his brother-in-law, John Ingram have produced and sold more than \$6,000 worth of eggplant and peppers, with a potato crop yet unsold, all raised without fertilizers and the minimum of cultivation, up to Jan. 10th, a period of five months. They have invested in quite an amount of improved farm machinery, including a powerful tractor, and are putting in a very large spring crop. The Morris family are well pleased with their new home in the Glades.

Howard Swartz was the guest of Mr. and Mrs. Alex Marshall at Cameron City over Sunday. Mr. Swartz has headquarters in Lakeland at present.

Rev. C. L. White of Orlando is a guest at Mr. and Mrs. E. E. Brown's home and Rev. Mr. Eads is a guest at the I. D. Hart home during their stay this week.

Governor Catts was here viewing the celery fields while a visitor in Sanford.

### UPSALA AND GRAPEVILLE

Emil Magnuson, who has been employed by Chase & Co. since the holidays in Sanford left Monday to take up work in other sections of the state.

Friends of Mrs. Verne Collier of Sanford will be glad to know that she has so far recovered from her accident and also of a severe case of influenza as to be able to be up again. She spent Wednesday at the country home of Mr. and Mrs. Ballinger.

Margaret Ericson was ill a few days with an attack of the German measles.

We are pleased to note that E. W. Lundquist and wife have purchased a Ford automobile.

Dr. Denton made a professional call last week, Wednesday, at the home of Hillmer Lundquist.

Mrs. Henry Lee and little nephew enjoyed a day with her son, Jesse and wife on the 18th.

Mrs. Bertelson and Mrs. Borel visited Mrs. Carlson near Monroe last Thursday.

Rev. Alfred Ericson preached on Sunday at Ethel.

Mrs. DeForest expects to turn in the Red Cross work done by ladies in this section, on Thursday, and will then have another supply for all who will help.

Mrs. Hillmer Lundquist and her niece, Miss Ella Letson, who has been visiting here for some time were callers at Mrs. Ericson's Monday, the 14th.

Mrs. J. E. Lundquist spent Monday with her daughter, Hilga.

Mrs. Ericson and daughter, Margaret were callers at the home of Mrs. Ehrenberger on Friday.

Mr. and Mrs. Jesse Lee were dinner guests at the home of G. T. Ballinger Tuesday.

The men out our way, employed at the paper mill, Elmer, Edwin and Hillmer Lundquist and Carl Pierson were hit by the heatless Monday and have the day off.

Mrs. Geo. Clark has been ill this week.

Mrs. Magnuson and Mrs. Ericson were callers at the home of Mrs. Hillmer Lundquist Thursday, the 24th.

There will be service Sunday afternoon at three, Rev. C. DeW. Brower of Sanford in charge.

### CHULUOTA SNAPSHOTS

Spring seems to have arrived with all her train of singing birds and sprouting boughs. We are all glad to see the real Florida sunshine again.

Quite a number of our folks went to Sanford Sunday night to hear the lecture by Gov. Catts.

Billie Jacobs and Mr. and Mrs. I. L. Hodges spent Saturday in Zellwood.

G. M. and Edwin Jacobs, Miss Anna Bentley and Mrs. R. R. Roberts spent Saturday in Sanford.

Mr. and Mrs. Speer of Sanford spent Sunday in Chuluota and attended church services at the Baptist church.

Dr. and Mrs. T. G. Simmons went to Jacksonville last week. The Doctor returned Thursday but Mrs. Simmons remained for several days visit.

Mr. and Mrs. F. M. Blackburn and little grandson Francis of Elliston, Ky., are visiting Mr. Blackburn's daughters, Mrs. J. Tilden Jacobs and Miss Sadia Blackburn of this place.

Dr. and Mrs. J. W. Nixon spent Monday in Orlando looking after business interests.

Messrs. Eric Brunoo and George Long and David Self are on the sick list, but we are very glad to report them all improving.

Mr. and Mrs. Logan of Geneva visited Mr. and Mrs. J. E. Snyder Sunday.

Mr. and Mrs. F. M. Story and daughter, Josie, returned Saturday from a week's visit at Orlando and Conway.

E. E. Tribble of Oklahoma is home again for a few weeks vacation.

Don't forget the Red Cross meeting every Thursday afternoon at 3 o'clock at the Chuluota Inn.

Mrs. E. J. Bridges and little daughter, Lois, who have been visiting at Tampa for the past month have arrived home.

### ELDER SPRINGS

These beautiful spring days are being greatly enjoyed after such a siege of cold weather.

Mrs. Buck, Mrs. Simon and Miss Isabel Simon made a number of calls in our neighborhood Sunday.

C. H. Lucas is putting in a large crop of Irish potatoes—something that can be held should there be an embargo at harvesting.

Mr. and Mrs. E. C. Howman were spend the day guests of Mrs. M. E. Smith Sunday.

Friends of W. C. Riley are sorry to learn that he is quite sick. J. L. Nolan is also on the sick list.

The home of H. E. Tolar was destroyed by fire Tuesday night. Mr. Tolar lost most of his household furnishings. The house was owned by Mr. Swartz.

Miss Eunice Lynch has entered the hospital under Dr. Christ in Orlando to learn nursing.

### Seminole's Roll of Honor

Navy  
Karl Schultz, Sherman Routh, Collier Brown, Oliver Murrell, Ned Chittenden, Roy Chittenden, Ralph Roumillat, Allan Jones, Morris Spencer, Hugh White, Oscar Rouse, G. J. Lawton, James Purvis, William Hartley, Wallace Lippford, W. C. Temple, Forrest Gatchel, Ed. Cameron,

Lyman Baker, E. S. Ward, Robert Deane, Tenny Deane, F. F. Roper.

Army  
John Murrell, Kenneth Murrell, Leslie Hill, Seth Woodruff, Stanley Walker, Dr. Ralph Stevens, Joe Chittenden, Oscar Speer, Bruce Anderson, Ernest Gregory, Fred Mason, George McLaughlin, Harold Washburn, Albert Fry, James Estridge, George Huff, Thomas Sullivan, W. A. Pattishall, Meade Fox, Ingram Guerry, Henry Byrd, Osborne Williams, Vail Lovell, Martin Temple, Robert Robinson, Arthur Dickens, John Lee, J. A. Safford, Andrew Aulin, John Cater Lawton, Alfred M. Beck, Herbert Fuller, Joe Lewis, Arthur Lewis, Melville C. Tyler, J. F. Coates, Ernest Gormley, Walter Radford, Corbett Hutchinson, Sam Pevehouse, Harry Carlson, C. E. Hunter, Wilson Miller, Harrold Long James Weaver Norman Baker, Ernest C. Morris, Ike House, T. M. Hill, Harry Rabun, Guy Stafford, Lewtie Oglesby, Denzer Stafford, T. O. Mills, Willie O. Goolaby, Harrold Holiday, C. R. Peabody, Robert Merriwether, Robert Routh, Stafford LeFils, Grover LeFils, Paul Dooley, E. L. Mott, Frank Campbell, William Hartley, Floyd Washburn, Oscar DuBose, Edwin L. Dinkie.

Sam J. Pickens, Harry H. Newman, Bryan Walker, Andrew J. King, Charles Priestar, Robt. O. Weeks, Walfred Pierson, Vander Perritte, Adolph Shaw, Barney F. Griggs, Harry Miles, Duncan Mitchell, Drawdy Matthers, Lewis Collins, John A. Rhodes, John R. Long, William B. Lynch, James H. Lee, J. C. Hutchinson, C. T. Smith, Roy Mason, Dr. T. A. Neal George Hyman

John E. Hawkins  
Fred Ballard  
Cal Robert Willie  
Joe Zapf  
Ralph Geiger  
Harry Geiger  
Fred Ballard  
Robert Hill  
Eddie Potter  
Raymond McDonald  
Carl McDonald  
Clarence Temple  
Joe Guerry,  
William Shepard  
Carl Takach  
Victor M. Greene  
First Lieut. Geo. G. Herring  
Second Lieut. Ralph Wight.

Clarence Mahoney, Homer Wynne, Walter Mason, John Pezold, Paul Pezold, Edmond Stowe, Horace Chorpensing, Frank Lossing, Arthur Lossing,  
Berkeley-Blackman  
Worthington Blackman  
Wallace Crosby  
Henry Lee

### DELICIOUS CORN MUFFINS.



Here's an old fashioned recipe for corn muffins that has recently been revived and used with unusual success in several of the larger New York hotels: To make three and a half dozen muffins take one quart milk, six ounces butter substitute, twelve ounces of light syrup or honey, four eggs, pinch of salt, two ounces baking powder, one and a half pounds cornmeal and one and a half pounds rye flour. The butter and syrup should be thoroughly mixed; then add the eggs gradually. Pour in the milk and add the rye flour mixed with cornmeal and baking powder.

### WHEATLESS BISCUITS.



Paroled cornmeal is the feature of these excellent wheatless biscuits. First, the cornmeal—one-half a cup—is put in a shallow pan placed in the oven and stirred frequently until it is a delicate brown. The other ingredients are a teaspoon of salt, a cup of peanut butter and one and a half cups of water. Mix the peanut butter, water and salt and heat. While this mixture is hot stir in the meal which should also be hot. Beat thoroughly. The dough should be of such consistency that it can be dropped from a spoon. Bake in small cakes in an ungreased pan. This makes 16 biscuits, each of which contains one-sixth of an ounce of protein.

Name That Will Live.  
Isaak Walton founded no empire, established no dynasty, fought no battle, originated no school of philosophy, or science or art, but he gave us the "Compliment Angler," and because he did that his name will forever live in the world's grateful remembrance.

# Just What The FARMERS Have Been Looking For WIRE BASKETS

Can be used for so many different purposes on the Farm

Better book your order for Celery Wire and Crate Nails. Only a Limited Quantity Left

The Geo. H. Fernald Hardware Company



"Looks Like Rain this Mornin'."  
"Y-es—but I think it's meant for coffee!"

—Don't blame the wife. Don't blame the coffee. Don't blame the pot. They can't help it! Get an

### Electric Percolator

Good coffee always—six cups for 1c worth of current. It's worth it. The cheapest coffee in a good Electric Percolator will make a better brew than the best you can buy in an old style pot.

### HYLO

The Economical Lamp

Used in Halls, Nursery, Sick Rooms, Stairways, Closets, Bedrooms, Garages, Barns and Porches. From "Hy" to "Lo" and "Lo" to "Hy" by Pulling a String.

Southern Utilities Company

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## STRICTLY STAPLE GROCERIES, FLOUR and FEED

Goods shipped same day order received—no delays. We will be glad to place you on our mailing list, to receive our Weekly Price List, which will always save you money. Send for it today, a postal will do.

## The J. G. PERMENTER COMPANY

JACKSONVILLE, Est. 1903 FLORIDA

### Schedule of Passenger Trains

#### Trains

SOUTH BOUND		
No.	Arrive	Depart
83	2:04 A. M.	3:16 A. M.
27	12:38 P. M.	1:43 P. M.
89	2:10 P. M.	3:20 P. M.
85	5:04 P. M.	5:19 P. M.
NORTH BOUND		
82	1:16 A. M.	1:33 A. M.
84	10:45 A. M.	11:05 A. M.
80	2:32 P. M.	2:42 P. M.
82	4:00 P. M.	4:05 P. M.
28	8:50 P. M.	
OVIDO BRANCH		
118	9:30 A. M.	
127		4:00 P. M.
LEESBURG BRANCH		
21	10:53 A. M.	
114		5:25 P. M.
117		7:30 A. M.
22	2:10 P. M.	
TRILBY BRANCH		
23	1:50 P. M.	
24		2:23 P. M.
101	5:40 P. M.	7:00 A. M.

\*Daily Except Sunday.

# Sanford Vulcanizing Works

E. W. DICKSON  
314 W. 1st ST. SANFORD, FLA. PHONE 67

AUTO TIRES AND TUBES REPAIRED

Auto Tires, Tubes and Anything for the Tires

STARTING BATTERIES

ALL REPAIR WORK GUARANTEED

FREE AIR SERVICE

# Bakery and Meat Market

111-113 Park Avenue

High-Grade Bakery Goods

— Full Line of —

Florida and Western Meats

Come in and see us. First class goods. Prompt and courteous service. Reasonable prices.

G. W. SPENCER

Free Delivery Phone 106

Herald Want Ads Will Bring Results

C. F. WILLIAMS  
Dealer

EDWARD HIGGINS  
Salesman

# save

**1-wheat**

use more corn

**2-meat**

use more fish & beans

**3-fats**

use just enough

**4-sugar**

use syrups

and serve  
the cause of freedom  
U. S. FOOD ADMINISTRATION

## PUBLICITY PULLS PROGRESS

"PRODUCING NOT, PROMOTING" BOARD OF TRADE RESULTS  
(BY THE SECRETARY)

The Berkshire Congress meets in Orlando February 12th to 15th. On Wednesday, the 13th, Orlando wants about 200 of these delegates to see Sanford and Seminole county. To do this the Board of Trade wishes to secure at least thirty-five autos to leave Sanford at 12 o'clock noon; go to Orlando and leave there promptly at 1 o'clock with this delegation, bringing them to Sanford and taking them back to Orlando. All told, there will be about sixty cars in line, Orlando to make up what we fall to furnish. If you can spare your time and car for about four hours on that date will you kindly phone Secretary Marlowe of the Board of Trade?

Resolutions adopted at the Board of Trade meeting held at Oviedo, Jan. 25th, have been forwarded to Senators Fletcher and Trammell and Congressman Sears and copies have been forwarded all Administration heads.

Through the efforts of Mr. E. T. Woodruff, chairman of the waterways committee, we have secured endorsement of the following organizations advocating the St. Johns

river as the intercoastal route between Boston, Mass., and Key West, Fla.; Orlando Board of Trade, DeLand Commercial Club, Kissimmee Board of Trade, Lakeland Chamber of Commerce, Palatka Board of Trade, Haines City Board of Trade, Winter Park Board of Trade and the Associated Board of Trade of the Scenic Highlands which comprise the cities of Avon Park, Sebring, Dundee, Lake Wales, Lake Hamilton, Crooked Lake, Frostproof. Certainly no committee has been more active than our waterway committee and they are doing a wonderful work for Seminole county. We want 12 feet of water from Sanford to Jacksonville; we want the three-masters around Sanford and watch the prediction, we'll have them.

The Board of Trade expects to have 400 members in Seminole county by March 1st.

Along with his other duties, Mr. Norris Lewis of the Virginia Carolina Chemical Company finds time to get an occasional member for the Board of Trade. Two this week so far is credited to him.

Ask Mr. Förster—about the Board of Trade and we'll abide by his decision. We mean our Sanford Mr. Förster—the best one of that famous name.

Callers at the Board of Trade office since Tuesday are: Mr. and Mrs. Hal Wingate, Memphis, W. L. Tooten, Columbus, Pearce L. Grant, Goleado, Guy Rathbone, Bois City, G. B. Denman, Terre Haute, Miss Genevieve, Glass, Chicago, M. W. Mound and wife, Chicago, F. L. Smith, Birmingham and E. L. Johnson, of New Orleans. Four of the party will return to Sanford in February for a two weeks' stay.

You can't put it over unless it's right! No matter what your project is, sooner or later, unless you are flying square before the wind, your sails will get their clipping. Your religion, your business, your life has got to have the true metal ring or you are done for almost before you start. Watch your step.

As Robert W. Service would put it, "the railroads made a rotten mess of things" is why the government had to take them over. At the same time Fairfax got the cantonments and we truly hope Mr. Mc Add will keep the railroads.

The farmer membership in the Board of Trade is increasing by about one new member a day and about two per day re-instating by the payment of all back dues. These men are already beginning to ask who in Sanford are members of their Board of Trade.

It is to your interest to be an active interest of the Board of Trade. Did you know that almost everybody who ranks as a representative citizen is a member and further that he is just exactly member enough to be equipping as to "who's who?" Are you a member?

Optimistic Thought.  
Insolvency cripples a great spirit.

### AT ENTERPRISE Florida Leads in a Cantonment for Prayer

Benson Springs Inn, Enterprise, Fla., Jan. 4, 1918. We are announcing our 1918 conference as a Spiritual Aviation Cantonment.—Isalah 40:31. As a war measure we are spending no money to bring great speakers, but are giving a prayerful invitation to all who desire the fellowship of great pray-ers. John R. Mott, in an article in the "Christian Herald" of Nov. 28th, says:

"We are in the greatest need of help in what I believe in my inmost soul is the most important

thing, next to prayer itself, that we ever have to do, and that is the enlisting of men in the exercise of real prayer. In some way we must get men and women who actually believe in the mountain-moving power of prayer to devote themselves to special intercession. Whatever can be done, therefore, to help to enlist even a few men and women who will, with sincerity and earnestness join us in intercession, will prove, with God's assured blessing, to be the greatest single service any of us can render."

Our program will consist of Prayers, instead of Theories, and addresses on Prayer. We shall search the Word, refreshing our

memories on victories gained through prayer. Our faith will be encouraged by the testimonies from those who have practised prayer and have prevailed.

There will be a circulating library consisting of the best books to be found on Prayer, Faith, Victory and kindred subjects.

All who pray are requested to join us in our petitions for our President and his cabinet, the training camps at home and abroad, the men in the trenches, prisons and hospitals, our enemies, the leaders of Christian activities among the soldiers, the homes where the vacant chair represents the soldier boy, all agencies for financing this world

war, the mission boards, the missionary fields and the missionaries at home and abroad. Above all that the spirit of real prayer may come upon this nation to whom the world is looking for help.

For special conference rates write Mr. F. A. Gordon, Enterprise, February 3 to 15, 1918.

Committee:  
Miss Emma L. Tucker,  
Rev. J. Edgar Wilson,  
Mr. James N. Gamber.

Seems to Lack Something.  
"De man who claims dat money is his best friend," said Uncle Eben, "never looks like he has found very entertaining company."

# MONDAY--FEBRUARY 4th

**SPRING** Is now upon us and the time has arrived to prepare for the beautiful weather that we are all due to expect from "Sunny Florida" and the time is now ripe to supply your needs in Dainty Undermuslins, Pretty Dress Fabrics, Corsets, Hosiery, Notions and SHOES, and the Men Folks, they must not be overlooked as Spring Underwear time is here for them also and those New Dress Shirts, last but not least those Fine All-Wool Dark Blue Serge Pants—AND Don't Forget the SHOES

**NOTICE---to aid the FUEL ADMINISTRATION**  
In Conserving Light as well as Fuel, this store will close every night during the week at six o'clock except Saturday Night when we will close at 11 o'clock

**35c MUSLIN DRAWERS 24c**  
While prices are soaring up, here is your opportunity to step in and save eleven cents by buying Ladies' Muslin Drawers, nicely trimmed for 24c



**SHOP EARLY**  
In the day while the sun is shining, that will help save Fuel and Light, and daylight gives you a much better opportunity to make your selections and match colors

**COATS THREAD 4c**  
Just think the genuine J. & P. Coats Spool Cotton, Black and White, a spool 4c (Limit 3 Spools to a Customer)

**\$1.98 DAINTIES**  
When you see these beautiful Gowns and Underskirts with that delicate lace and beautiful embroidery trimming you will say "dainty" is truly the word, and the price well worth \$2.50 **\$1.98**

**59c CORSET COVERS 43c**  
Here is a Corset Cover bargain, with deep embroidery trimming, is worth 59c, this sale only **43c**

**GOWN ASSORTMENT**  
These Gowns are made of a selected grade Nainsook, V. neck, square yoke and slip-over kind, neat embroidery trimmed, this sale **98c**

**\$1.39 UNDERSKIRTS 98c**  
Eight O'clock Monday morning this GREAT assortment of Muslin Underskirts, with deep embroidery flounces, every one a beauty goes on sale at this very special price a garment only **98c**

**JUST THINK 59c**  
At this day and time it hardly seems possible, nice Envelope Chemise, worth 85c a garment, only **59c**

**LITTLE TOTS**  
The children must not be forgotten. See this splendid bargain in Children's Drawers, 2 to 6 years, worth 19c a garment only **12 1/2c**

**\$1.35 ENVELOPE CHEMISE 98c**  
This special Envelope Chemise or Teddy Bear; assortment was specially prepared for this sale. They are pretty garments with dainty embroidery and lace trimmings and think, the price only **98c**

**35c CORSET COVERS 24c**  
Another big bargain brought out this special assortment of embroidery trimmed Corset Covers, 35c quality at **24c**

**85c UNDERSKIRTS 69c**  
This lot of Underskirts have good muslin tops and with the lace and embroidery flounces make a slightly garment for **69c**

## SPECIALS IN PIECE GOODS

**GINGHAM SPECIAL**  
This lot of Gingham with the pretty French mercerized finish in the season's latest designs are very special bargains at the price. Colors guaranteed fast. Your choice **23c**

**SHEETING BARGAINS**  
Genuine "Pepperell" 9-4 Bleached Sheeting, what the other fellow wants 65c for, here of course per yard **50c** only

**PACIFIC SCRIM**  
36-in wide white "Pacific Mills" Scrim, with a neat blue flowered and dark olive green border, specially priced **14c** for Monday

**UNBLEACHED SHEETING 12 1/2c**  
We are prepared again to save you money—36 inch wide Unbleached Sheeting specially priced for this sale at only **12 1/2c**

**JAPONIKA SILKS**  
This is indeed a pretty material, sheer silky goods, that can be washed, in all the most desirable shades including black, white, navy, Copenhagen blue and pink, specially priced per yard **25c**

**TOWELING SPECIAL**  
Scotch Bleach Toweling at a price. This is your chance to save money on toweling, 12 1/2c grade **10c**

**38-in GABERDINE**  
Here is an exceptional opportunity to secure a skirt or suit cheap, 38-inch white Gaberdine, good weight per yard **25c**

## Gent's Furnishings

**WORK SHIRTS**  
Our line of Work Shirts are made extra full through the chest and are full length. Special prices for this lot.

**DRESS SHIRTS**  
In shirts we are certainly there with the goods. Negligee Shirts for men in neat stripes and figures, **75c** all sizes, special

**HALF HOSE**  
Special good assortment of men's Sox in silk, lisle and cotton, specially priced at 59c, 49c, 25c, 15c and **10c**

Seamless Georgia Knit Sox made for hard wear, worth 19c a pair **15c** choice

**MEN'S PAJAMA SUITS**  
Made from an extra fine quality Cream Pongee Cloth with silk frog trimmings. This is a splendid value to sell for \$1.25 a **98c** Suit, Monday only

**75c DRAWERS 59c**  
Men's patented, elastic seam Drawers, all sizes, worth 75c. See this line for the Monday sale a **59c** garment only

**KHAKI PANTS**  
These are the regulation shade of dark olive green Khaki Pants. Sizes to fit the largest to smallest, only **\$1.39**

**SPRING CAPS**  
See this new showing of Men's Caps. They have the true touch of Spring in them in the new checks and plaids, well worth \$1.00 but our price only **65c**

**RIBBED UNDERSHIRTS**  
The time is now here to buy a medium weight bleached ribbed Undershirt for Men, 75c leader specially priced **65c**

Men's Balbriggan Undershirts or Drawers special values **39c**

## Shoes - Shoes - Shoes

**\$5.00 SHOES \$3.98**  
Men's top grade chocolate Elk-Blucher Shoes, solid leather throughout, made on the popular army lasts, this is a wonderful **\$3.98** bargain for

**\$4.98 LADIES' BOOT \$3.49**  
Ladies' Boot, 9-in. top, with Louis heel, made from a very fine soft velour kid in black. Special **\$3.48** for Monday

**GUN METAL SHOES**  
Men's Gun Metal Blucher Shoes, neat top, medium toe: This is a good **\$2.98** value for

**\$3.00 WORK SHOE \$2.69**  
Men's very dark brown leather Work Shoes, with a guaranteed fibre and rubber sole. This is a splendid shoe bargain **\$2.69** for

**TENNIS SHOES**  
Men's Women's and Boys' Tennis Shoes, genuine white duck tops and white corrugated rubber soles **98c** worth \$1.25, only

**BUTTON SHOES \$1.98**  
Ladies' Cabretta Calf button Shoes, this is a well made Shoe to sell **\$1.98** for only

**\$3.00 PUMP \$2.49**  
Ladies' patent leather ankle strap pump, modified baby doll with leather heel lining, medium low heel, this is a special **\$2.49** good value

**35c SLIPPERS 25c**  
Men's and Women's Carpet Slippers, velour uppers and Brussels carpet soles, the things for foot comfort and only **25c**

# Caldwell-Irwin Company

(INCORPORATED)

**"See The Big Sign"**

**SANFORD** Corner Sanford Avenue and Second Street **FLORIDA**

**Shoulders All Baking Cares**

When CALUMET comes in, all baking troubles take quick leave. You go right ahead and mix up baking materials, for biscuits—cakes—anything without fear of uncertainty. Calumet makes you forget failure.

**CALUMET BAKING POWDER**

In this most popular because it does give most perfect results. It has the biggest amount because it is the most dependable. The fact that it is the best seller proves that it is the best. A trial will convince you that there is none just as good. Buy a can—if you are not satisfied take it back and get your money back.

Calumet contains only such ingredients as have been approved officially by the U. S. Food Authorities.

You save when you buy it. You save when you use it.

**HIGHEST QUALITY HIGHEST AWARDS**

THE SANFORD HERALD

R. J. HOLLY, Editor  
W. M. HAYNES, Business Manager

Published Every Tuesday and Friday  
THE HERALD PRINTING COMPANY

SUBSCRIPTION PRICE IN ADVANCE:  
ONE YEAR.....\$2.00  
SIX MONTHS.....1.25  
THREE MONTHS......75

Delivered in the City by Carrier \$1.00 Per Year in Advance or 25c Per Month.

Payments in Advance Must Be Made at Office

Entered as Second-Class Mail Matter August 22nd 1906, at the Postoffice at Sanford, Florida Under Act of March 3rd, 1879

Office: Herald Building Telephone No. 148



There are several ways to advertise your business aside from the newspaper and some professions that have "ethics" are against advertising in the newspapers but not averse to being "paged" in the theatre or church.

Whenever the Florida fruit and vegetable growers put up a guaranteed pack true to name they will get a good price for their stuff and the business of growing fruits and vegetables will be placed upon a higher plane. There is something in a name and a brand.

As soon as Secretary Baker was allowed to give the real facts in connection with the arming and equipping of the American army Chamberlain was willing to shake hands and admit that he was a fool. This only strengthens our statement made some time ago that the agitators in Congress should be thrown out. This is the time for concerted action and less talk. All the "air fights" are not taking place in Europe.

Whenever the German people wake up to the fact that the Kaiser and his bunch of junkers have been allowing millions of men to be killed and millions of people to starve and suffer for their own personal aggrandizement there will be a speedy end to the war and the end will come by the German people demanding peace and this demand will be backed up by the mob turned loose after years of pent up feelings of wrong and hatred of the military rule. It is coming and coming fast and when it does come there will be no more need for armies and ships to conquer the Kaiser.

Another good roads bond election carried last week. This time it is a section of Putnam county that votes for progress in the way of an asphalt road from Dunn's creek to the Volusia county line. On February 19 the people of Volusia county will vote on the continuation of this road and if the election carries, only three miles will be left unprovided for in the making of the St. Johns River Scenic Highway. And Palatka is going to attend to that three miles. Florida is to be the motor's paradise all right, and incidentally the most prosperous agricultural state in the Union.—Miami Metropolis.

CELERY BRINGS GOOD PRICE

First Cars Demonstrate That People Want Sanford Celery as Usual  
All fear that celery will not bring the price in war times has been dispelled by the price paid for the car of celery shipped by Chase & Co. last week which brought \$2.50 here. This paper stated the time that it was consigned but this was a mistake as the celery was sold here at this price. Chase & Co. are rolling several cars a day this week and expect to ship from ten to fifteen next week. The growers here are expecting good prices and several of the brokers are sanguine over the prospects and the growers should make good especially on the early stuff.

A ride through the celery delta now shows very little effects of the cold weather and the stuff that is being boarded has come out green and pretty. The celery is in first class shape and will make much more to the acre than early predictions after the cold wave indicated.

Presbyterian Church  
The Presbyterian church is attracting the people each Sunday now the excellent sermons preached by the pastor and the music of the choir being especially enjoyed. This church gives a cordial invitation to all to come to the morning and evening services and to the Sunday school.  
Sunday school at 9:45, church at 11 a. m. and 7 p. m.

FARMERS CALLED ON BY PRESIDENT WILSON TO HELP WIN THE WAR  
(Continued from Page 1)

tion of the last two or three years has given the farmers access to the great lendable capital of the country. Both by direct purchases of nitrate and by the establishment of plants to produce nitrates, the government is doing its utmost to assist in the problem of fertilization. The department of agriculture and other agencies are actively assisting the farmers to locate, safeguard and secure at cost an adequate supply of sound seed. The department has \$2,500,000 available for this purpose now and has asked the congress for \$6,000,000 more.

"The labor problem is one of great difficulty and some of the best agencies of the nation are addressing themselves to the task of solving it, so far as it is possible to solve it.

"And let me say that the stimulation of the agencies I have enumerated has been responded to by the farmers in splendid fashion. Last spring their planting exceeded by 12,000,000 acres the largest planting of any previous year, and the yields from the crops were record breaking yields. In the fall of 1917 a wheat acreage of 42,170,000 was planted, which was one million larger than for any producing year, three millions greater than the next largest, and seven millions greater than the producing five year average.

"But I ought to say to you that it is not only necessary that these achievements should be repeated, but that they should be exceeded.

"I will not appeal to you to continue and renew and increase your efforts. I do not believe that it is necessary to do so. I believe that you will do it without any word or appeal from me, because you understand as well as I do the needs and opportunity of this great hour when the fortunes of mankind everywhere seem about to be determined, and when America has the greatest opportunity she has ever had to make good her own freedom and in making it good to lend a helping hand to men struggling for their freedom everywhere.

"You remember that it was farmers from whom came the first shots at Lexington, that set aflame the revolution that made America free. I hope and believe that the farmers of America will willingly and conspicuously stand by to win this war also. The toil, the intelligence, the energy, the foresight, the self-sacrifice and devotion of the farmers of America will, I believe, bring to a triumphant conclusion this great war for the emancipation of men from the control of arbitrary government and the selfishness of class legislation and control, and then, when the end has come, we may look each other in the face and be glad that we are Americans and have had the privilege of playing such a part."

HANDLING PRE-COOLED VEGETABLES  
(Continued from Page 1)

ter the head mainly through the lower leaves.

Experimental heads of lettuce were cut just above the two or three lower leaves, and all diseased leaves were removed. This carefully cut lettuce developed far less decay in transit than that shipped in non-precooled cars.

The combination of careful cutting and pre-cooling enabled the lettuce to reach its destination in almost perfect condition and to hold up much better on the market than lettuce handled in the usual manner.

Celery is often handled in transit because it is loaded too high in the cars to permit proper air circulation and rapid cooling. Smaller crates or a smaller number of crates in the load would help to insure more rapid cooling.

Temperature records taken in transit in a pre-cooled, initially iced and in a non-precooled, fully iced celery car, showed that the non-precooled took about four days to reach as low an average temperature as the precooled car maintained from the start.

During the entire trip from Florida to destination the temperature was never more than 5 or 6 degrees higher in the top tier than in the bottom tier of the precooled car, whereas in the non-precooled car the difference amounted to 18 degrees for a considerable period.

The cost of pre-cooling and initial icing of a car of celery was less than the usual charge for full refrigeration: in warm weather one icing in

transit may be required, but probably this would not increase the cost above the usual refrigeration charges.

Precooled celery arrived on the market in a uniformly fresh condition, with leaves on the top tier nearly as green as those on the bottom. Non-precooled celery showed very yellow leaves in the top tier. Such crates discount the value of the entire load.

During the latter part of the Florida celery shipping season it appears that celery could be disposed of sometimes to better advantage if held in storage for a short period.

Precooled celery was stored successfully for four weeks with little decay but stored non-precooled celery developed considerable decay during the same period.

Dr. Lincoln Hulley and Riley  
By Joe Earman;

Volusia county has SOME politics. They never quit. An election can be held and before the votes are counted, or about three hours before the polls close, politicians in that county are in conference figuring on the next election, no matter how far off it may be. According to ALL recollections, when the county was first created it was thus and has ever been.

Volusia is a large county. It extends from the St. Johns river to the East Coast. DeLand is the county seat. The East Coast cities, Daytona, New Smyrna, Port Orange and Ormond are growing very fast. They want the county divided and a new county created on the East Coast, whereby there will be jobs and THEY can play some politics.

At the present writing DeLand has the real politicians in the county, with one or two exceptions and as a consequence DeLand has the JOBS. Occasionally the DeLand "Coterie"

Occasionally the DeLand "Coterie" fall out among themselves and then some East Coast Gladiator will slide in. Just at this time the politics of Volusia county are in a real "mess." They nominate a state senator next June for a term of four years. The candidates will probably be Hon. James Jeems; Alexander, who knows politics from A to Izzard, Judge Isaac A. Stewart, who for many years was judge of the Criminal Court of Record in that county, and who has studied politics from soup to nuts; Dr. Lincoln Hulley; President of Stetson University, and Hon. David Scholtz.

Dave Scholtz is a young man. His father is a millionaire and Dave is the apple of Pa's eye. It is thought that he will do some SUBSTANTIAL "DIGGING" whereby soon may be addressed as "the Senator from Volusia."

Dave is a good mixer. Shakes hands cordially. Has learned how to say "Sho" and get close to a Florida Cracker. It is alleged that he buys "Cremos" in five thousand lots, which he hands around liberally at all times, since the political he crawled up under his bonnet.

Dave will probably be the only candidate from the East Coast, unless the DeLand "fixers" can stir up a "fuss" and bring out another East Coast candidate. Just at this time, it is thought his most formidable opponent will be Dr. Hulley and just why Dr. Hulley developed political ambition the wiseguy sayeth not. However, to a practical man it seems that the DeLand political gers have selected their Samson and hope to put him across.

Doctor Hulley is a cultured man, as the president of one of Florida's leading educational institutions should be. He quotes poetry to a standstill. His favorite is James Whitcomb Riley, the Hoosier Poet.

Recently there was a shake up and some of the county commissioners of Volusia county were removed. A man, named Riley, from Ormond, on the East Coast was appointed county commissioner. He is very distasteful to a certain element in Volusia county and at a recent political "pow wow" at which Dr. Hulley addressed the voters in the interest of his candidacy, he was eloquence itself; elaborating the poems of Mr. Whitcomb Riley, when some Florida Cracker in the audience, wearing a hat with a broad brim, interrupted him and said: "We know Riley, durn him, tell us about yourself."

LYRIC THEATRE TONIGHT

"Within the Law" Excels All Crook Plays to Date

Four acts of crowded action and delightful dialogue—"Legal Crime" is the clever theme.

Crook plays there have been, some of them better than others and all of them more or less with a popular appeal, from "Oliker, Lwist" to "Raffles" and on upward from "Sherlock Holmes" and "Alias Jimmy Valentine" to "The Deep Purple" and "Ready Money." They must all now be rated as steps in the progress of composing the perfect crook play. The limit of play-writing skill is reached with Bayard Veiller's drama, "Within the Law."

Household Saving  
It is just as necessary for the housekeeper to have a bankchecking account as it is for the business man. It is profitable, accurate and convenient and it verifies the payment of bills. Try it—you will save money.  
CAPITAL \$30,000.00 SURPLUS \$15,000.00  
PEOPLES BANK OF SANFORD  
WE WANT YOUR BUSINESS  
H. R. STEVENS President  
C. M. HAND Vice-President  
SANFORD, FLORIDA  
O. L. TAYLOR Cashier  
R. R. DEAS Asst. Cashier  
F. L. WOODRUFF Vice-President  
THE BANK THAT INSURES YOUR DEPOSITS

A shoppirl wrongfully convicted of theft and harshly punished by her employer's influence, revolts against society, sharpens her wit on her sense of injustice and returns to New York City to open a campaign of swindling and blackmailing—all within the law. The band of scoundrels she commands are warned against doing anything not legal, and the girl reaches wealth and power with defiance to the police.

Thirst for revenge also consumes her, which is gratified by ensnaring in marriage the son of the man who made her a felon. But the young man, honestly in love with her, shields her from police persecution and shelters her in his arms manfully when she needs his help.

In a scene managed with skill and dramatic power, the police who have "framed up" her arrest in the home of her husband's father, whither she is lured by an inspector with the connivance of the parent are outwitted. The stoopigeon who tries to betray the gang of burglars is killed with a Maxim silencer pistol but to clear his wife the young man must pose as the slayer of the traitor after the gang has got away. In the end the police inspector, up to now a ruthless enemy of the criminals, puts all through a thrilling third degree and vindicates himself by getting the murderer to confess and by proving that the fair crook was guiltless of the offense which started her on a career of brilliant criminality.

The story thus barely outlined gives only a hint of the material in a drama of tense interest and breathless suspense. Mr. Veiller has written with the breath of life into his personnel, he has drawn his characters boldly and with veracity, and he has put his play together as beautifully as a jeweler puts together the parts of a fine watch. Throughout the piece, whose interest is steadily cumulative from the first act to the last second of the last, he has made many opportunities for mirth, all of which flow gratefully and naturally from the speedy action of his drama? Surprise follows surprise in rapid fire manner. "Within the Law" fairly crackles with spirited and logical action, and it sparkles with bright dialogue.

"Within the Law" will be produced by the East Hawk Stock Co. For one performance only, Friday night, Feb. 1st, and this company will not raise the price as is the custom in such cases, but the price of 25c and 35c will prevail, and patrons are requested to be in their seats if possible by 8:15, as it is the desire of the management that you witness this wonderful drama from start to finish.

A full and complete cast is carried for the greatest dramatic success ever offered at the Lyric Friday night.

Sunday at Congregational Church "Striving with One's Maker" will be the subject of the morning sermon. The girls' chorus will sing, "Star of the Morning." In the evening the special music will be a soprano solo by Miss Edith Stewart, "Abide with Me," by Constance, and a duet by Miss Stewart and Mrs. Takath, "He Will Bring You Rest," by Carrie Jacobs Bond. The evening sermon theme will be, "Possessed with a Devil."

The organ recital by Dr. Minor C. Baldwin of New York Monday evening was a pronounced success. The large audience was enthusiastic. It is gratifying to announce that the eagerly desired return date for Dr. Baldwin may be announced within a short time.

Barred Rock Cockerel for Red Cross  
The annual meeting of the Florida Barred Rock Breeders' Association will be held in connection with the Sub-Tropical Wild-Winter Fair at Orlando.

Mrs. F. J. Niemeyer, proprietress of the Keystone Poultry Yards of Longwood, Fla., who is a member

of the executive board of this Association will auction off one of her prize winning Barred Rock cockerel, during the fair, proceeds of which will go to the Red Cross Fund of Seminole county.

This show of Barred Rocks will be judged by H. D. Riley of Strafford, Pennsylvania and will bring together the biggest exhibit of Barred Rocks ever shown in America.

With such a tremendous exhibit, and with Mr. Riley, who is president of the American Barred Rock Club judging it will bring together the foremost fanciers of the breed, who will want to do credit to the breed and to their patriotism.

There is no doubt that this bird will bring a big sum for the Red Cross, first because there is a great demand for good cockerels, and second because the greatest aggregation of breeders will want it known to the world that a Barred Rock doing patriotic duty brought forth results.

Lake Monroe Bible Conference  
The conference at Enterprise opens Feb. 3rd, continuing two weeks. The opening address by Mrs. E. C. Crouk, Sunday morning at 11 o'clock. Mrs. Crouk is chairman of the committee of Methods of the Woman's Federation of Foreign Missions and is well known among all denominations.

Rev. J. B. Cuspepper, evangelist, will preach Sunday evening at 7 o'clock and will continue his evangelistic services each evening of the week. Rev. C. G. Hounshell, returned missionary from Korea, now educational secretary of Board of Missions of M. E. Church, South, Dr. John F. Goucher of Goucher College and others will give messages during the conference. Services each morning from 10 to 12. Round Table, 4 p. m. Preaching, 7:30 p. m. Emma L. Tucker.  
Jan. 31, 1918.

ATTENTION!  
The Boys in Camp and at the front appreciate every Gift sent them, but most of all they appreciate a good Photo from their loved ones at home. You can't be with them, so do the next best thing—send them a good Picture of Yourself. Welsh makes the kind they recognize. Now open for business. Studio in the New Bank Building, Park Ave. Bring your films here—Good Work and Quick Service. Groups at your home any time. "Do It Now"  
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The Federal Reserve Banking System, established by the government, stands back of the stock raiser. Through our membership in it we can help our patrons carry live stock which they are raising or fattening for future sales.  
Farmers' notes, with not over six months to run, given for raising or carrying live stock can be rediscounted by us with our Federal Reserve Bank, thereby increasing our ability to extend to our patrons such help as they may need.  
If you contemplate raising or fattening live stock for market come in and talk with us. We can help you.  
MEMBER FEDERAL RESERVE SYSTEM  
FIRST NATIONAL BANK  
SANFORD, FLORIDA



# EUROPE FACES DIRE FOOD AND FUEL SHORTAGE

### Inadequate Supply of Heat Expected to Cause Much Suffering.

## HOW THE ENEMY STANDS

#### People Have Less to Eat This Winter Than Last, Is Belief—Two Fodder Discoveries—Disaffection in Austria.

London.—Europe is going to lead the simple life this winter and for a long time thereafter. There is not a country that does not now realize the real danger of extreme food shortage.

But food shortage is not the only or in most cases the worst of the menaces. The nations face and realize as never before the exhaustion of all necessary supplies. Although food will be scarce in all countries, whether belligerent or neutral, it is doubtful whether that will impose as much hardship on people as the shortage of fuel, writes

Judson C. Williver in the New York Sun.

In Europe's climate food is fuel to the body quite as much as it is nourishment. Sharply restricted supplies of food, and that of a doubtful quality and poor variety, might be endured if there were plenty of fuel. It is when the supply of fuel, both outside and inside, falls below the necessities of physical effort that people begin to suffer.

Europe has neither carbon for its food nor carbon for its fireplaces, and in some respects the northern neutrals are even worse off than the belligerents. Rations of important food necessities have been reduced by some of them even below the amounts allowed in Germany. England is by far the best supplied country in the matter of food, and the authorities are making desperate efforts to make the population realize that rationing will soon be compulsory unless food consumption is considerably reduced. The food authorities have announced a policy of accumulating sufficient reserve to feed the country for three months, even if no imports shall be received during this time.

#### Question of Shipping.

In the case of England it is entirely a question of shipping. Big stocks of food have been gathered in Australia, New Zealand, Canada and elsewhere, but there are no ships to bring them here. England is probably better situated in the matter of coal supplies than any other country, but must divide with its allies, France and Italy,

and so far as possible some of the neutrals hope to be taken care of from the English mines.

The German food situation is puzzling. Apparently the authorities are not nearly so confident about it as they would like the public to believe. The year's harvest turned out more satisfactory than seemed probable during the period of droughts and hailstorms in midsummer, but on the other hand reserves were heavily drawn upon before the harvest of 1917 was gathered. Reserves, indeed, may fairly be said to have disappeared. The carefully cultivated official un-

facilities to take care of them. The fear is expressed that the total available portion of the potato yield will be wasted, partly because of overconsumption in the agricultural areas and partly from inadequacy of storage facilities. So from many German authorities comes the warning that despite a big yield of tubers the coming winter is likely to see conditions quite as bad regarding them, and worse as to many other things than last winter.

#### Ominous Suggestion.

The ominous suggestion is made by some of the German food authorities that it will not do to be too free with potatoes, because later it will be necessary to mix more potato flour with cereal flour to stretch the supply, also as there was a short crop of fodder throughout the country potatoes are likely to be required to feed domestic animals.

The fear of such an event has caused widespread demand that more hogs be slaughtered than they may not require to be fed with potatoes that the people will need. The number of hogs in the country has been increasing this year, and the fact gives concern because the pig is an active competitor of a munition worker or anybody else in the matter of food requirements.

German authorities have determined that beyond providing a moderate meat ration the transmutation of vegetable into animal food is a dangerously wasteful process. So there is an effort to induce farmers and village dwellers to restrict the number of hogs and cattle to the point where it will be just possible to raise the absolutely necessary meat ration.

The relation of the general economic breakdown to agriculture is indicated in both England and Germany by matters affecting the supply of agricultural machinery. In Germany there is a most serious shortage of all kinds of agricultural tools and machines, because the old ones have worn out and there is neither metal nor manufacturing capacity to provide new ones.

In England the complaint particularly concerns the supply of motor plows. The government long ago promised that thousands of these would be furnished in time to put a greatly increased acreage in cereals under cultivation in 1918. Now when the fall plowing season is on it develops that want of shipping or other reasons have prevented the delivery of anything like an adequate number of these machines.

A Dresden physician who is quoted as an authority, has recently discussed the German food situation as regards the requirements and supplies of various classes of consumers. He finds that children up to eight years of age are receiving a reasonably satisfactory ration, but the amount allowed to those from eight to eighteen is utterly insufficient and that the shortage seriously threatens the physical vitality of the next generation.

Some of the German jurisdictions have recently announced that newly married couples will be granted a double food allowance for the first six weeks of their married life! Elsewhere provision has been made to double the food allowances of nursing and expectant mothers.

#### Two Fodder Discoveries.

The effort to find fodder for animals has started the professors on many investigations and inquiries. Doctor Degen, director of the seed testing station in Budapest, claims to have discovered two valuable articles of fodder. He writes:

"The searush (*Bolboschaenus maritimus*) was known, as regards the part above ground, as a fodder equal in value to straw. Recent experiments have, however, shown that the tubers growing on the roots underground are far more valuable. They come very near to the horse chestnut in the amount of raw protein, raw fat and starch contents, without the bitterness. If they are used for the manufacture of spirits the wash, either wet or dried, can also be used for fodder."

"The pond bulrush (*Schaenoplectus lacustris*) also contains a valuable underground organ. The horizontal roots, containing a great quantity of starch, form a good concentrated fodder. If used in distilleries the wash is not so valuable as that from the searush. But in a time of need it is a raw material that can be used for various purposes."

Milk famine confronts all Europe. The situation has long been bad, and grows steadily worse everywhere. There is constant and increasing conflict between the various state and municipal authorities dealing with the food question throughout Germany. In this regard the German situation is much more complicated and difficult to handle than the English.

The state and municipal governments in Germany are very jealous of their authority in their respective jurisdictions, and the federal authorities dare not or cannot impose universal regulations upon them. In Saxony arrangements have been made to reimburse farmers who would import from other states cows and heifers in calf. Farmers making such purchases will receive a premium of 20 per cent of

#### EVASD RIGID FOOD CONTROL.

Food is Bought in Germany Surreptitiously in Violation of Autocratic Rulings.

Even the autocratic food control of Germany has been powerless to prevent surreptitious sales, according to semi-official reports reaching the United States food administration. Illegal sales of butter are being made in Germany at prices ranging from \$1.75 to \$2.25 a pound. Eggs sold contrary to the German food regulations are bringing 10 to 15 cents apiece, according to these reports. And bacon which is bringing from \$2.25 to \$3.25 a pound.

## Food Will Win the War

# A

LARGE part of the world is coming to the position that Belgium is in; coming to the stage where the primary and important thing in life is enough food to keep alive. Food has now taken a dominant position in the war. The American people must prepare themselves to sacrifice far more than was at first thought necessary.

The cold facts are: France, Italy and England have just enough food to keep them going ten or twelve weeks. When America's food shipments stop—the allied nations begin consuming into this slender store and begin a swift march into actual famine conditions—which would mean defeat in short order.

Europe then must live on America's surplus. Your savings increases our available stocks just that much and actually feeds some person in the countries with which we are associated in our war against the Central Powers. Our surplus wheat has already been shipped to the allies.

U. S. FOOD ADMINISTRATION

## AMERICAN SAVINGS WILL MEASURE WHEAT EXPORTS

"We have already exported the whole of the surplus of the 1917 wheat harvest, over and above the normal demands of our own population. It is necessary, therefore, for the food administration to restrict export of wheat so as to retain in the United States sufficient supplies to carry our own people until the next harvest."

"Therefore all exports of wheat from now forward are limited entirely to volume of saving made by the American people in their consumption of wheat and wheat products."

"We continued wheat shipments for December as far as our situation allowed, but even with all the conservation made we were still unable to load several hundred thousand tons of foodstuffs urgently required by the allied nations during the month of December alone."

HERBERT HOOVER.

## WHEAT-CORN YEAST BREAD.



Wheat-corn bread is more nutritious than bread baked with wheat flour alone. Thousands of American families today are using this mixed flour-bread, and in so doing are enabling America to provide more wheat flour for the allies. Here's a tested recipe for this bread: Take one and a half cups of milk, water or a mixture of the two; one-half cake compressed yeast, one and a half teaspoons salt, one tablespoon sugar, one tablespoon of fat if desired, one cup cornmeal and two cups wheat flour.

Put one and a half cups of water, the cornmeal, salt, sugar and fat (if used) into a double boiler and cook twenty minutes. The water is sufficient only to soften the meal a little. Allow the meal to cool to about the temperature of the room and add the flour and yeast mixed with the rest of the water. Knead thoroughly, make into loaf, place in pan of standard size, allow to rise until nearly fills the pan and bake 45 or 50 minutes. It is hardly practicable to use a greater percentage of cornmeal than this even in emergencies, for bread so made differs very little from baked mush. Less cornmeal can be used and in such a case the general method given above may be followed.

It is possible to make a yeast raised corn-bread without first cooking the cornmeal. In this case not more than one cupful of meal should be used to four cupfuls of flour. In other respects the bread is mixed and baked as in the above recipe.

## HOW GERMAN SAYS "TANK"

"Schutzengrabenverrichtungautomobile" is Fritz' Word for English Monster.

Washington.—Thirty-five letters are required to spell one word which, in German, is the equivalent of the four-letter English "tank" or land battleship, which has worked such havoc in the present war. The German word, as it appears in official dispatches received here, is "schutzengrabenverrichtungautomobile," which, freely translated, is "a machine for suppressing shooting trenches."

## SANFORD LODGES

Royal Neighbors of America Meets Second and Fourth Thursdays  
Annie Spear Secretary Clara Stember Oracle

Sanford Lodge No. 62, F. and A. M.—Communication every first and third Tuesdays at 7:00. Visiting brethren welcome.  
O. L. Taylor Secretary Jas. Moughton W. M.

Mourning Chapter No. 15, R. A. M.—Meets every second and fourth Tuesday in Masonic Hall over the Imperia Theatre. Visiting companions welcome  
O. L. Taylor Secretary F. L. Miller High Priest

Seminole Chapter 2, Order Eastern Star—Meets every first and third Thursday in each month. Everyone who has seen his Star in the East are cordially invited to visit this chapter.  
Alice E. Robbins, Sec'y

The Sanford Council K. of C. Meets the 2nd Sunday 8 p. m., and the 4th Sunday 8 p. m., each month, at K. of C. Hall, Oak Ave.  
C. L. Britt, Fin. Sec'y.

Phoenix Lodge No. 6, K. of P.—Meets second and fourth Tuesdays. Visiting knights always welcome.  
H. McLaughlin Secretary O. J. Miller R. and S. G. C.

Sanford Lodge No. 27, I. O. O. F.—Meets every Monday evening at 7:30 in M. W. A. Hall, Pico Block. All visiting brothers cordially invited.  
L. F. Roper Secretary J. W. O. Singletary R. Sec'y

Gate City Camp No. 6, W. O. W.—Meets second and fourth Wednesday nights in each month.  
F. L. Miller Secretary J. F. Hoolehan Council Commander

United Brotherhood of Carpenters and Joiners of America—Sanford Local Union No. 1751 meets first and third Thursday night at 7 o'clock in the M. W. A. Hall, Pico Bldg.  
J. W. O. Singletary Secretary W. W. Van Ness President

Celery City Aerie No. 1853—Meeting every 2nd & 4th Wednesday night at 8 o'clock, Eagle Home, Oak Ave. Visiting Brothers Welcome  
E. E. Hogan Secretary C. C. Woodruff Worthy President

B. P. O. E. Sanford Lodge 1241—Meet first and third Wednesday night at Elks Home, North Park Avenue.  
F. S. Frank Secretary O. L. Taylor Exalted Ruler

The Lake Breeze Council No. 31 Junior Order United American Mechanics—Meets every Wednesday at 7:30 P. M., in the City Hall. Visiting brothers are welcome.  
C. H. Smith, Rec. Sec.

Modern Woodmen of America—Meets 2-4, Thursday evenings, 7:30, in M. W. A. Hall, Pico Building.  
C. E. McDonald Secretary C. D. Couch Clerk

Loyal Order of Moose—Sanford Lodge No. 1310 meets in Hall in Stone & Grove Building Second and Fourth Mondays in Month at 7:30.

## Sanford Public Library

Oak Avenue  
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## ATTENTION! CITIZENS—VISITORS—TOURISTS IF YOU ARE INTERESTED IN FLORIDA YOU SHOULD TAKE IN THE BEST FAIR IN THE STATE

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Positively the greatest exposition of Fine Fruits, Agricultural Products, Cattle, Hogs, Poultry, Domestic and Fancy Articles.

### LARGEST SCHOOL FAIR IN THE STATE

Daily Parades and Pageants, Concerts, Fireworks, Free Exhibitions, together with Jonnie Jones Greatest Carnival Shows on Earth.

Come Enjoy Yourselves, Inform Yourselves

### RACES EVERY AFTERNOON

W. R. O'NEAL, Pres. C. E. HOWARD, Sec'y

## PRINCESS JEANNE



Little Princess Jeanne, youngest member of the Italian royal family, photographed while on a visit to wounded soldiers recently, returned from the Italian battlefield. The princess is one of the most popular members of the king's family, especially with the Italian public. She is idolized by the soldiers.

Understanding in Germany is that there will be a better food supply this winter than last. The specific statements justifying this expectation are highly unsatisfactory. The Munich Medical Union has declared that there will be less food, except potatoes, this winter than last. Throughout Germany there is apparently a pretty general belief that this is true, and widespread demand is voiced for an increase in the allowance of potatoes.

In Germany, as in England, the immediate result of the harvest was a great increase in the marketing of potatoes with the consequence that in many places there were not storage



## with one egg without butter — MUFFINS

Here is a way to make light, delicious muffins without using expensive butter:

Instead of the usual lump of butter which you melt and stir into your muffins, melt a small lump of wholesome Cottolene—one-third less than you would use of butter.

Use the recipe given below and see how these light

Cottolene muffins rise—to any occasion. Just take:

- 1 1/2 tablespoons melted Cottolene
- 1 tablespoon sugar
- 1 1/2 cups milk
- 1 egg
- 3 cups sifted flour
- 3 teaspoons baking powder
- 1 scant teaspoon salt

Now of course this recipe saves you housekeeping money. But what you want to know most is this:

Will Cottolene give your muffins the flavor that real muffins ought to have!

It will. Just try one batch of muffins with wholesome Cottolene and see!

You may be surprised at the small quantity of Cottolene in the recipe. But don't be. You should always use one-third less of Cottolene than you ordinarily use of butter or other shortenings. Not alone for muffins but for flaky biscuits and perfectly delicious cakes and pies, as well.

# Cottolene

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At grocers in the convenient sizes

