

Perceptions Of Gorbachev Mixed, East And West

By Thomas Ferraro
WASHINGTON (UPI) — Americans view Soviet leader Mikhail Gorbachev as far more progressive, peace-minded and even better looking than his predecessors — yet are somewhat leery of the charismatic communist.

Surveys also show that far more Americans can identify Gorbachev than can name Lt. Col. Oliver North's former secretary, Fawn Hall, or the chief justice of the U.S. Supreme Court, William Rehnquist.

And a small majority of Americans believe Gorbachev is seriously interested in reaching an arms control agreement.

All this comes at a time when polls overseas show many Western Europeans believe Gorbachev is more concerned about arms control than President Reagan.

"That doesn't surprise me. Gorbachev has put the United States on the defensive over who's more interested in an (arms) agreement," said Robert Dallek, a UCLA history professor who has studied U.S. perceptions of Soviets.

"Gorbachev represents a fresh look to Americans," said Andrew Kohut, president of the Gallup polling organization. "Whether or not it's true, he seems like a man working hard to improve relations with the United States."

Since assuming power in March 1985, Gorbachev, 56, has implemented social and economic reforms in the Soviet Union, has called for a reduction in weapons worldwide and has charmed people around the globe.

In the United States, public opinion polls show Gorbachev with "favorable impression" ratings of about 50 percent — seven times the figure Nikita Khrushchev drew in 1964 and triple the figure Leonid Brezhnev garnered in 1982.

Sen. Claiborne Pell, D-R.I., chairman of the Senate Foreign Relations Committee, met Gorbachev on a trip to Moscow in the summer of 1985.

"I find him bright and intelligent. He exudes great energy. And he's tough," Pell said. "He also seems sincere. He had an openness that we should take advantage of. We should test Gorbachev more and perhaps test the Soviet Union less."

A survey last month by Market Facts, Inc., found that more Americans, 54 percent, can identify Gorbachev as the Soviet leader than can identify Hall, 30 percent, or Rehnquist, who drew 8 percent.

"I think there is a great deal of curiosity about Gorbachev — more than about any Russian leader in my memory," said Larry King, host of a nationwide radio talk show on Mutual Broadcasting System.

"There is a general liking of him. People don't see him as an ogre," said King. "He's sort of an American politician-type. He even looks like a senator. Those who oppose nuclear weapons have as strong a friend as they've ever had in the Soviet Union. This drives conservatives up the wall."

Richard Viguier, a conservative fundraiser and activist, said: "His image with the American people is better than any of his predecessors — and incorrectly so. He's still a communist. And their goal is world conquest."

Several months after Gorbachev took office, a Louis Harris poll found that Americans by wide margins viewed Gorbachev to be "more energetic," more interested in arms control and "more attractive" than other recent Soviet leaders. Yet, it found that 62 percent did not find him more trustworthy.

Recent interviews of Americans by UPI reflected much the same sentiment.

At American Legion Post 2 in Peoria, Ill., Harry Grayson, 62, a World War II veteran and retired factory worker, said: "I think Gorbachev's image is good for the Soviet Union. But I don't trust him. That's my gut feeling."

Stansfield Turner, CIA director in the Carter administration, said: "Mr. Gorbachev is a more astute opponent than his predecessors. Number one, he is better at making his case. Number two, he is more willing to acknowledge the Soviet Union's substantial internal problems."

"A combination of these factors seem to open up the possibility of easing U.S.-Soviet tensions as indicated by his apparent willing to make concessions on arms control," Turner said.

Yet, Turner added, "I don't trust him as a man. I don't think I ever trust the Russians. But as for pragmatic reasons, he might more willing to live up to the

spirit as well as the letter of arms agreements."

Many Americans remain uncertain about Gorbachev.

"Yeah, I've heard of him. But I really don't know that much about him," says Denise Knight, 19, a business major at the University of Miami. "The image of the Soviets is that they aren't for peace. Maybe he can ease tensions. Then again, maybe not."

There are doubts about how committed Gorbachev is to the path of reform.

"I don't doubt for a minute

that he has the Soviet people's interest at heart ... but if the new openness in Soviet life proves to undermine economic advances, I think he'd drop it," said Dallek of UCLA.

A recent nine-nation opinion poll in Western Europe asked which nation, the United States or the Soviet Union, "does the most to stop the arms race?" Thirty-two percent said the Russians, 11 percent said the Americans and 44 percent said both tried equally hard.

Reagan was troubled by the results.

"I hope they (the West Europeans) will wake up soon," he said after the poll was released. "I mean no derogation of Gorbachev ... but I do believe we have a better record of abiding by treaties."

But even a May 28-June 1 poll by The Washington Post and ABC News found that by a 51 percent to 44 percent margin, Americans think Gorbachev "seriously wants to make progress in arms control. Five percent responded 'don't know.'"

The same survey found that

67 percent of Americans believe Reagan "seriously wants to make progress in arms control." Thirty-two percent said they did not think so and 1 percent answered "don't know."

Although Reagan's popularity has slumped as a result of the Iran-Contra affair, Gallup's Kohut said Reagan would continue to top Gorbachev significantly in any face-to-face American public opinion survey.

He cited a November survey, taken shortly before the Iran-Contra affair became public, in which 1,585 Americans were

asked to rate some American and foreign leaders on a scale of zero to 100.

Pope John Paul II got the top rating, 71, followed by Reagan, 66. Further down the list was Richard Nixon, 45. Three points behind the former president was Gorbachev, 42.

Alexandra Coata offers a unique American perspective. Coata defected from the Soviet Union in 1978. A few years ago, she became a U.S. citizen and last year wrote a book.



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COMING EVENTS

Author To Speak At Rollins At Substance Abuse Study

Florida School of Substance Abuse Studies, Inc. will co-sponsor with Parkside Lodge and Cornerstone Institute, Inc., a program presented by Dr. M. Scott Peck on Sunday, Aug. 2 from 1:30 to 4 p.m. at the Annie Russell Theater, Rollins College, Winter Park. The author of several books, including *The Road Less Traveled* and *The Different Drum*, Peck will speak on "Spirituality and Psychology of Human Nature". The theme of the program is that humans have the capacity to transform our nature by conscious choice under the guidance of God. Tickets are \$25 at the door. Seating is limited, for reservations and further information, call 830-8808.

Narcotics Anonymous Meets

Narcotics Anonymous meets every Sunday at 5 p.m. at The Grove Counseling Center, 580 Old Sanford/Oviedo Road (off SR 419), Winter Springs, and at 8 p.m., Monday at 317 Oak Ave., Sanford.

Karate Exhibition Set

The Sanford Recreation Department will sponsor a Tae Kwon Do Karate Exhibition from 2-4 p.m. Sunday, Aug. 2 from 2-4 p.m. at the Sanford Civic Center free to the public. The exhibition will feature Arlin Lampkin, first DAN Black Belt. Lampkin is the instructor at the Westside Recreation Center and will bring a group of students from his class as part of the exhibition. It will cover four areas of training that students receive in their instructions. An additional area of training will also be demonstrated by a select group.

Rotary Club Meets

Rotary Club of Sanford meets every Monday at noon, at the Sanford Civic Center.

TOPS Chapter Formed

A new chapter of TOPS has been formed in Osteen and meets each Monday at 8:30 a.m. at 420 Oak St., Osteen. For information call Shirley at 323-5445.

Woodmen Hold Meeting

Woodmen of the World Lodge 625 meets at 7 p.m. on the second Monday of each month at Quincy's Restaurant, Highway 17-92, Sanford.

AA Groups Meet

Area Alcoholics Anonymous groups meeting on Tuesday include:

- Reboos Club AA, noon and 5:30 p.m., closed to the public, 8 p.m., step, 130 Normandy Road, Casselberry. Clean Air Reboos Club, noon, closed to the public.
- Sanford AA, noon, 5:30 p.m., 8 p.m., open discussion, 8 p.m., Living Sober (closed to the public), 1201 W. First St., Sanford.
- 24-Hour AA group beginners open discussion, 8 p.m., 317 S. Oak Ave., Sanford.
- 17-92 Group AA, 8 p.m., (closed to the public), Messiah Lutheran Church, 17-92 and Dogtrack Road.
- Alcoholics Anonymous, 8 p.m. (closed to the public), West Lake Hospital, State Road 434, Longwood.

Bridge Club Meets

Sanford Duplicate Bridge Club meets at 12:30 p.m. each Tuesday at the Greater Sanford Chamber of Commerce building, 400 E. First St., Sanford.

Sanford Lions Meet

Sanford Lions Club meets at noon each Tuesday at Western Sizzlin' Steakhouse, 2935 Orlando Drive, Sanford.

Toastmasters Charter Club

Toastmasters Club meets at Seminole Community College every Tuesday at 7:30 p.m. in the Student Cafeteria alcove.

...Program

Continued from page 1A

If the commission adopts one of the plans, it will then set up an organization, such as a redevelopment authority, to administer the program.

The consultants' survey of the area was based on personal interviews of members of each household. The survey revealed that the community is quite stable, with about 60 percent of the residents having lived there for 10 or more years, and about the same percentage owning their homes.

About 42 percent of the area residents have household income of less than \$5,000 annually, according to the survey, although the consultants said that figure may be a little low since people tend to understate their income in personal interviews, and a large number refused to answer the question about income. More accurate figures on income will be gathered if the program is adopted and federal money is used, as anticipated.

The survey also found that almost all the homes need some repair, with as high as 50 percent needing major repairs.

The consultants call the two alternative redevelopment plans "Community Preservation and Enhancement," or Plan A, and "Community Growth and Outreach," or Plan B.

Both plans envision improvements to Coastline Park by getting rid of drainage ditches, landscaping and the construction of a swimming pool. Public improvements would also include sewer and water service and street improvements. Both plans also include major improvements along W. 13th Street, including landscaping, leaving some commercial area and development of some professional offices.

Plan A, the less expensive of the two, proposes a combined figure of 376 new and renovated housing units. New housing units would be single-family or duplexes, with no larger units planned.

Public investment for Plan A is estimated at \$3,694,000 and private investment at \$9,196,430.

Plan B is more costly and has a goal of improving the neighborhood by making it attractive enough to bring in more moderate-income residents so that the income level of the area more closely approaches that of the rest of the city.

It calls for a total of 616 new or renovated housing units. New units would include not only single-family and duplexes, but also higher density housing such as fourplexes and larger apartment buildings. The consultants pointed out that more open space is included in the plan because higher density population areas require more open space.

The plans call for \$5,891,000 in public improvements, in-

cluding more extensive street improvement and additional street lighting.

The consultants said that plan B, although having a higher total cost, would generate a higher percentage of private investment. Plan A estimates \$2.50 in private investment for every \$1 of public money spent. Plan B estimates \$3 of private investment for every \$1 of public money, for a total private investment of \$17,777,275.

The consultants said there are several funding methods for the project, including a revolving loan fund in which money for more loans would be generated by early loans being paid off. Private investment could be attracted to the area through the income tax credit provided in the new federal tax law for investment in rental housing, or various other means, Crane said. Public money could be used to buy down interest rates and lower or eliminate down payments.

Ameika Geuka, chairman of the WINS steering committee, asked if the plan includes any type of income enhancement or job creation for the area. He pointed out that the expenditure of public funds and the total cost of the project could be reduced

by raising income in the area so less help would be needed to enable residents to purchase new residences or improve their existing homes.

Crane agreed that income enhancement would lower the costs of the project but said the study did not include methods of increasing income. He said some jobs would be created during the project by the new construction in the area and that by improving the area perhaps more employment would be created along French Avenue and 13th Street commercial areas.

City Manager Frank Faison said about \$400,000 is available as a start in the public funding for the project. He said Sanford is participating with Seminole

County under the Urban County Entitlement Agreement for Community Development Block Grant funding and will receive \$300,000 for housing rehabilitation beginning Oct. 1.

Seminole County also agreed to sub-grant its allocation from the Rental Rehabilitation Program for fiscal years 1986-87 and 1987-88 and next year's figure is expected to be \$103,000.

Another possible source of funds is Section 312 rehabilitation loans from the federal Department of Housing and Urban Development. These loans are offered at 3 percent interest and there is no limit on the number of applications that may be submitted from any one city.

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YOUR REAL WORLD

34 Dead In Tornado

EDMONTON, Alberta (UPI) — A series of tornadoes cut through Edmonton like a "giant lawnmower," killing at least 34 people, injuring hundreds and trapping many victims in demolished homes. The search for victims continued today.

Officials confirmed at least 34 deaths and at least 200 people were taken to hospitals when as many as six twisters hit Friday at 4 p.m.

"At this time we can't say how many are missing," said Andrew Hume, spokesman for the Alberta Public Safety Service. At dawn police began combing the rubble of the Evergreen Mobile Home Park, where at least 24 people were killed, police said.

The mayor's office estimated the damage would run into the millions of dollars. A temporary morgue was set up at the "Happy Pizza and Steak House Restaurant" in the trailer park, said police spokesman Lori Nagy.

"It's complete and utter devastation," police public information officer Lance Beawick said after viewing the site.

One witness said the tornadoes twisted steel beams "like licorice" and tossed automobiles hundreds of yards.

The twisters left behind a trail of rubble that a witness described as "like someone took a giant lawnmower to the whole area." The storm began southwest of the city of 650,000 at 4 p.m. and moved in a path skirting the city's southeastern perimeter, turning north along Edmonton's eastern edge.

"It was a monster that covered four acres in width. It was a swirling black mass," said Peter Kibich, who owns a small farm south of Edmonton.

When it turned north, it smashed into an industrial park, derailing two trains and throwing box cars like toys more than 100 feet. At a local waste disposal company, more than 30 garbage trucks and several cars were overturned.

...Rate

Continued from page 1A

posed budget is \$1,006,572.

The total proposed city budget, including all self-supporting funds, is \$9,072,555.

Waller, whose proposed \$4.3 million budget didn't call for a tax increase, will also ask the commission to set the date for another budget work session to consider the revised budget proposal incorporating the changes approved by the commission. He said the workshop is also needed to review the need for a 20 percent increase in water rates and to review the Five Year Capital Program.

Public hearings on the proposed budget are scheduled for Sept. 14 and Sept. 28.

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President Promises To Break Silence On Scandal In August Speech

By Helen Thomas

UPI White House Reporter

WASHINGTON (UPI) — President Reagan said Friday he "hasn't heard a single word" of testimony in the Iran-Contra hearings to indicate that laws were broken.

Reagan broke his self-imposed silence on the congressional investigation into the scandal during a picture-taking session with visiting President Omar Bongo of Gabon, and told reporters that he intends to deal with the "whole affair when the hearings are over."

After almost 11 weeks of hearings and nine months of scandal clouds hanging over the White House, Reagan appeared ready to exonerate former aides of wrongdoing but sidestepped a direct question on whether he would grant pardons to ousted national security aides Lt. Col. Oliver North and Adm. John Poindexter.

Lawyers for both men have said they are targets of a special prosecutor's investigation.

"I am going to speak out on that whole subject — the subject of this whole affair — when the hearings are over," Reagan said.

"You know, I don't take questions at these photo opportunities," he said, "but when you ask a question like that, I haven't heard a single word that indicated in any of the testimony that laws were broken."

Reagan will break his silence on the scandal in a major speech in early August and announce his plan to campaign for an increase in aid for the Nicaraguan rebels, aides said.

White House spokesman Marlin Fitzwater said that no date has been set for the address. However, it is expected to be nationally televised and delivered from the Oval Office, probably during the week starting Aug. 9 and before he departs on a 25-day California vacation on Aug. 13.

Fitzwater also made it clear Reagan does not intend to have a news conference before the fall to

clear up some of the contradictions and unanswered questions concerning his role.

"I don't know," he said when asked whether the president will address some of the key points in the hearings.

"He'll have plenty to say when the hearings are over," he said.

Fitzwater said that Reagan, who has largely kept quiet as his current and former advisers trooped to Capitol Hill, "wants to voice his opinion on some of the things that have happened."

"Some of the things he has heard have been hard to digest," Fitzwater said, "adding he feels it's important to give some of his feelings on the hearings and the whole episode." The president has watched enough to see his top advisers taking the witness stand and revealing their own views of his style of operation and his preoccupation with the fate of the hostages as well as efforts to maintain the Contras as a viable anti-Sandinista

force when Congress cut off aid.

Reagan is "eager to move on," Fitzwater said, hoping that by September he will be able to focus on rosy prospects for a superpower arms agreement and domestic issues.

He has spoken out only a few times on the scandal that engulfed his presidency, and has revised his early statements on the secret arms-for-hostages dealings. But mainly he has refused to comment, saying he will "shout from the roof top" when the hearings are over.

It has never been Reagan's intention to ease up on arms support of the Contras, despite the revelations in the scandal and the profiteering from the arms sales.

Rather than be thwarted by the byzantine disclosures, the hearings have inspired Reagan to ask for even more support for the Contras than the \$105 million earmarked in the 1988 fiscal year budget.

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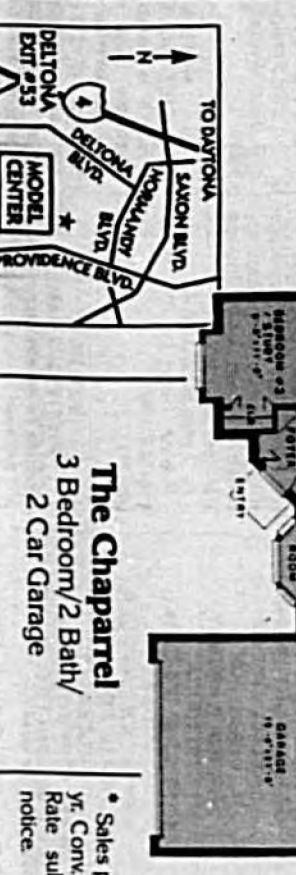


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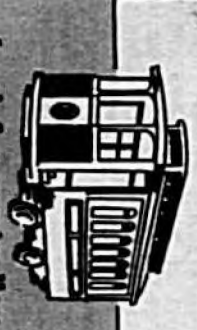
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Earthbound Astronaut Takes Realistic Trip Through Outer Space

By Susan Loden
Herald Staff Writer

Sanford's Greg Rebis recently spent a week lost in space. Well, he was as close to outer space as any 11 year old can get — at the U.S. Space Camp in Huntsville, Ala.

The \$525 trip to camp, where youngsters are trained as astronauts to see if they have the "right stuff" for space travel and for fun, was a Christmas present from Greg's mom, Linda Rebis.

Greg had seen a movie featuring the space camp. "But, I thought I still wouldn't want to go. But mom found a newspaper article and I read it. It sounded interesting," said Greg, who is set to enter the seventh grade at Lake View Middle School where he earns A's and B's.

A rocket buff and builder, who isn't so much interested in space travel as he is on establishing a career with NASA as an engineer and spacecraft designer, Greg, along with 10 other youngsters at the camp worked together to simulate a space mission.

For that mission in a realistic space shuttle orbiter, Greg was the pilot. "All I had to do was help in the launch and landing. We had payload specialists who took over in 'space' with experiments in acoustic levitation and magnetic levitation and with a space telescope.

"It's not exactly like a ride. It didn't move. But you could press all the buttons and get a reaction. If you pushed the wrong button it could be fatal, almost," Greg said.

The space crew also used a space walk simulator. The simulated flight was the highlight of a week of scientific learning and adventure during which Greg said he got to try on a space suit, experiment with rockets and study the history of the manned U.S. space program. Upon completion of the program he was awarded a space camp "wings" pin. He also came home with souvenir photos, a T-shirt, a log of his activities and his memories.

Greg, and the other 11 to 13 year olds in his group, worked with the space camp computer system and built and launched solid-fueled model rockets.

"We sent up crickets in the payload bay (of the models)," Greg said. "A lot survived, but one was smashed by the G-forces (gravity)."

Every morning the young "astronauts" exercised as all earthbound astronauts must, because once they are in space their muscles deteriorate from lack of use, because of the reduction in gravity. Astronauts must be in top condition on earth, Greg said.

Many of the activities were at The Space and Rocket Center which operates the space camp and is the visitor's center for NASA's Marshall Flight Center.

Greg toured the flight center and space museum.

He got an idea of what weightlessness is like in a micro gravity simulator that simulates one-sixth gravity, "like on the moon," he said.

In the "five degrees of freedom chair," Greg got to see what it's like in space. "If you turn a nut with a wrench, you turn instead of the wrench. It's like weightlessness," he said.

The trainees also watched space-oriented films in the Spacedome Theater, which creates for the audience a sensation of being suspended in space, as the show goes on. Greg saw "Hail Columbia" and "The Dream is Alive," which feature footage shot by astronauts on several space shuttle missions.

Greg said he believes the dream of space exploration must continue, despite the explosion so the Space Shuttle Challenger and the death of its crew of seven, including civilian teacher Christa McAuliffe.

Greg was in class when the Challenger exploded on take-off Jan. 28, 1986. "People started making jokes about it and I can't stand those jokes," he said. "Some people say it was a waste of money and everything, but I don't really think so. It shouldn't stop space travel."

As a memorial to the fallen astronauts, Greg said, at his school seven trees were planted in an arrow formation pointing toward Kennedy Space Center in Brevard County, from where the ill-fated shuttle was launched.

Even as a tot, Greg said he was fascinated with computers and space. At age two he would go to work with his father, Gregory, who was a system's analyst, who died when Greg was five.

Greg, who was born in Queens, N.Y., moved to Florida when he was five. That year he made his first trip to Kennedy Space Center, along with his mother and 9-year-old sister Katherine.

Before moving from New York, the family also made frequent visits to a planetarium. Mrs. Rebis said. They have gone to Cocoa for a closer look at a shuttle launch and also from that location once saw the Shuttle Columbia, being flown in piggyback on a 747, Greg said.

Mrs. Rebis, a guidance counselor at Sanford Middle School, Seminole High School, and Goldsboro and Idyllwilde elementary schools, said the nearness of the Kennedy Space Center to Seminole County helps to stimulate local

See SPAGE, 2C



Herald Photo by Susan Loden

Greg Rebis is a longtime rocket buff and builder.



Herald Photo by Tommy Vincent

Four Family Fellowships

Paul Harris Fellowships abound in the Lazenby family of Sanford. Jack Henderson, right, Rotary District Governor, 1987-88, presided over the ceremony at a recent meeting of Sanford Breakfast Rotary Club when the fourth member of the family received a Paul Harris Fellowship. Others participating in the presentation are: from left, Marsha Lazenby, the next likely family candidate for a Paul Harris Fellowship; Mrs. Mack (Susan) Lazenby, a PHF; Melody Lazenby, the most recent PHF in the family; and Mack Lazenby, past president of the club, 1985-86, and a PHF. Hally Lazenby, not shown, is the fourth member of this Rotary family receiving a Paul Harris Fellowship, the highest Award offered by the Rotary Foundation.

Mobile Restaurant Source Of VFW's Income For Charities

Veterans of Foreign Wars Post 10139, Oviedo, operates a full mobile barbecue restaurant as a main source of income for its charitable endeavors. Profits from the BBQ wagon are used to support the VFW's many projects during the year.

This past year, Post 10139 provided flags for the Scout Troops at Lawton Elementary School, St. Luke's Lutheran School and Geneva Elementary School. Also, Geneva Elementary School was presented a flag and 70 classroom flags, three outdoor flags and a 6x8-foot flag were presented to Oviedo High School.

The post also gave flags to Bonneville and Oviedo Fire Departments, Chuluota Post Office, Oviedo Little League and Lake Mills Park.

The post has an emergency relief fund to help families in distress and this fund has been used several times this year. Members continue to support the new Veteran's Home being built in Ocala for veterans with no place to go. A building fund for the post's future home has also been established.

The Voice of Democracy Scholarship Program is another project of Post 10139. This program is open to all students who are American citizens in the



Herald Photo by Tommy Vincent

Harley Jones, commander of VFW Post 10139, mans barbecue wagon.

10th, 11th and 12th grades. Oviedo, every other Friday, and For information, call Harley Jones, post commander, at the Meat World parking lot, caters groups and private parties. 365-6494.

Eldercise: Age No Barrier To Exercise Benefits

By Carolyn Petersen

PORTLAND, Ore. (UPI) — The body's ability to benefit from exercise changes little, even into the senior years, reports a scientist in the study of exercise and aging.

"There are some changes that accompany the aging process, but there are also some parameters that don't change," Herbert deVries said in a discussion of his work at the American Corrective Therapy Association's annual conference in Portland recently.

Even people who did not exercise regularly through their younger years have not lost much by the age of 40, said deVries, who was director of the Physiology of Exercise Research at the University of Southern California for 16 years.

As people move into their mid-60s, they have lost about one-quarter of their physical abilities

but still can benefit from exercise, said deVries. He has written 60 research papers on health and fitness and his college text, "Physiology of Exercise," is in its fourth printing.

Early research on aging showed that people lose about 1 percent of their physical ability per year from the age of 40 on. DeVries contends that regular exercise can reduce that loss by half.

In comparing the performance of youthful athletes with athletes aged 35 and older, deVries found about half of that 1 percent was related to the aging process, what he calls necessary loss.

The other half-percent of the performance loss was due to inactivity. That, he said, is unnecessary loss.

Over the years, that unnecessary loss can add up to a lot. Part of the reason older people feel they can do less work is because the small loss in muscle over the years becomes a big loss in

oxygen-carrying ability later. Many older people don't have enough muscle to load oxygen, deVries said.

Exercise benefits more than just muscle. Bone loss and breakdown is reduced, and joints that would become stiff instead become more flexible. Loss of standard reflexes, which can amount to 90 percent by age 75, also is reduced, he said.

Of course, a week of jogging workouts won't make an old body young again.

DeVries found older athletes need about 12 weeks to reach half of their total capacity, a feat youthful counterparts accomplished in just a week and a half. But deVries credited much of this to the difference in flexibility between the two age groups.

"The influence of flexibility used to be overlooked, but it is being viewed as more

important now," he said.

Training programs have a major effect on whether the athlete will benefit. DeVries recommends working out six times a week, with three walking or jogging type workouts and three callisthenics sessions. Quick results should not be expected, however, deVries cautioned.

Deconditioned people — those who have not had any activity for several weeks — often show improvements more quickly than those who have had moderate exercise, deVries said.

Like other athletes, seniors do reach the point where performance does not improve. DeVries said he believes the training curve is shaped like an upside-down "U", and that after a point, performance deteriorates.

For maximum benefit, deVries said the best policy is, "Use it or lose it, but don't abuse it."

The E.C. Smiths Observe Silver Anniversary

Congratulations are in order to Carol Ann and Elmer Smith who observed their 25th wedding anniversary on July 2. They were married on that date in 1962 at the First Baptist Church in Sanford.

Both Elmer and Carol Ann were born in Sanford, attended local schools and Seminole Community College. They are the owners of Central Aluminum and Screen Service and Neco Enterprises, Sanford.

Carol Ann is the daughter of B.R. and Fay Carroll and Elmer is the son of Mrs. Peggy Smith Sessions and the late Mr. L. C. Smith of Sanford. The couple have two children, Sandy Smith, a registered nurse employed at Orlando Regional Medical Center, and Cory E. Smith, 15, a junior at Seminole High School, who were hosts for the gala 25th wedding anniversary celebra-

tion. The Smiths were honored at a gathering for 120 friends and relatives at Sanora Clubhouse in a nostalgic setting of memorabilia including wedding pictures, the bridegroom's gift to his bride in 1962, a pair of rose-shaped earrings and a pendant, a faded, but treasured garter, the bride's wedding gown and a recent portrait of the family today.

A color scheme of silver and white was used in the decor of the club. The cake, decorated by Marilee McGibbin and Myriam Garrett, featured peach-colored roses and ivy. The table centerpieces were made by Mrs. William Wight of Winter Springs.

Assisting hosts Sandy and Cory were: Mr. and Mrs. B.R. Carroll, Judy Murphy, Carol Ann's sister, Mr. and Mrs. Harry



Doris Dietrich
PEOPLE
Editor

Smith, Mr. and Mrs. William Wight, Mr. and Mrs. Robert Hansen, Mrs. Otto Garrett, Mr. and Mrs. John Brooks and Mr. and Mrs. Raymon Munoz.

In summing up the memorable evening, Carol Ann said she and Elmer are looking forward to the next 25 years and the changes that are coming to Sanford. She added: "Elmer and I are very proud of this gracious town of Sanford. Both of our families are long-time residents of Florida. We love it here and would not live anywhere else in the United States."

Tom and Ki Stevenson of Idylwild, proudly announce the addition of a daughter, Blanca Lidia Stevenson, to join their three sons, Brad, 17, Tim, 14, and Tom, 10.

The family is extremely excited over the final adoption of the little South American beauty from El Salvador whose papers became final on July 24.

Ki and Tom applied for the adoption of a little girl three years ago in May. One year ago, Blanca Lidia was assigned to them, and now a year later, she is a bona fide member of the Stevenson family.

And what a thrill for the Stevensons. They waited so long for a daughter, Ki said. She added that area adoption agencies were discouraging, so they decided to go for a foreign girl.

Although Blanca Lidia, who will be 9 in December, could speak no English when she arrived and had no schooling, now speaks English-only and will be in the third grade at Idylwild School this fall. And Blanca Lidia was malnourished.

Ki said she has grown four and one-half inches and has gained 20 pounds.

What a pleasure for the family, Ki said they have all adjusted beautifully and at the end of her first year with her new family, Blanca is completely Americanized — even her favorite food is hot dogs. "She loves sports," Ki said.

Sherry Lynn Lee of Sanford took honorable mention in Southeastern Watercolorists IV competition held at the DeLand Museum of Art, DeLand.

The winning painting, National Parks/West, utilizes the unusual subject matter of aldes of the western United States which have been arranged vertically within the boundaries of the frame, thus creating paintings within a painting.

Doug and Joyce Russell of Sanford have been honored for marketing achievement and promoted to Partners as Associates of TVC Marketing and Pre-Paid Legal Services Inc. of Ada, Okla. According to Ken and Jeanadele Wagner, 28 new Partners have been brought to the national headquarters of the firm from across the nation in recognition of their work.

Pre-Paid Legal Services Inc. is the forerunner of the pre-paid legal industry in America, organized in 1972 after a U.S. Supreme Court decision authorized the enterprise.

Andy Greenlee has returned from Huntsville, Ala. where he participated in astronaut activities leading to a simulated mission in space at U.S. SPACE CAMP.

The simulated mission used a realistic space shuttle orbiter mockup and a sophisticated mission control mockup in SPACE Camp's new \$4.4 million Training Center. Inspired by NASA's astronaut training facilities.

Andy and Greg Reble, featured on Page 1C today, attended the same camp, except at different times.

Several members of the Magnolia and Wildflower Circles of the Garden Club of Sanford Inc. met for a covered dish

luncheon and to work on crafts for a forthcoming event.

Members of the other circles are invited to join the group for another craft work day and covered dish luncheon, Thursday, Aug. 13, starting at 10 a.m. For information call Shirley Sims, 322-3082.

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Elmer C. and Carol Ann Smith

First Woman Named Urban Horticulturist At Ag Center

The Seminole County Extension Service announces that Celeste White is the new Urban Horticulturist at the Agriculture Center. White was selected among 20 candidates and interviewed by a committee including University Horticulture Specialists, the Chairman of the Extension Advisory Committee, as well as the County Extension Director. She is the first woman to hold this position in the history of Seminole County.



Celeste White

White was born in Pennsylvania and was reared in the suburban area of Washington, D.C., where she earned her degree at the University of Maryland in Horticulture in 1976. She worked during and after college at local garden centers and florist shops while maintaining vegetable gardening and canning as a hobby. She then became involved in interior landscaping, performing maintenance in atriums around Washington, D.C.

White returned to school in 1980 to obtain certification to teach Vocational Horticulture. In 1982, she moved to Orlando where she continued her work in

the interior landscape business caring for atriums in the Malland Center, Westinghouse and Sun Banks. She then became the interior landscape supervisor at the Hyatt Regency Grand Cypress when it first opened.

Hyatt Hotels are known for their lush tropical atriums and the Hyatt Regency Grand Cypress is one of the nicest. In 1987, Hyatt promoted White to the position of landscape manager in charge of all grounds both inside and out, managing a crew of 10-20 people. She has consulted within the Hyatt Corporation in other hotels in Puerto Rico, Cayman Islands and Hilton Head Island.

White now holds the position of Urban Horticulturist with the Cooperative Extension Service of Seminole County. Her responsibilities include answering phone calls from homeowners with problems about lawns, shrubs, home citrus and other fruit, vegetable gardens, fertilizer and pesticides, rodent and insect problems and other questions that homeowners have with their Florida landscaping.

She will be available for phone calls Monday, Wednesday, Thursday and Friday from 9 a.m. to 12 a.m. On Tuesdays she will sponsor a plant diagnostic clinic from 9 a.m. to 12 a.m. The clinic allows homeowners to bring in their soil and plant

samples for information and help with problems. Soil samples can be brought in Monday to Friday from 8 a.m. to 5 p.m. to be tested for pH and soluble salts determinations for a minimal fee of \$1.00 for each test. The results will help with requirements of fertilizer and lime.

White is also responsible for the training and supervision of the Master Gardeners. Master Gardeners are volunteers in the community receiving 50 hours of training in basic horticultural instructions. They then help the urban horticulturist in answering homeowner questions when she is out of town or unavailable. A new Master Gardener program will be started this year.

In addition, White will be writing weekly columns on gardening tips for *The Sanford Herald*. She will also be helping with 4-H and other youth with consumer information and career goals in horticulture.

White says she is very happy to be working in Seminole County and is anxious to meet the needs of the community in home horticulture.

Rainbow Futures Sponsors Benefit For Disabled

The public is invited to attend the first fund-raising event of Rainbow Futures Inc. to be held Aug. 7-8 starting at 10 a.m. each day at Sanford's Pine Crest Shopping Center.

The main attraction of the Tent Sale will be a unique robot dispensing cotton candy, covered live by Sanford's radio station WUEZ.

A live band will allow customers to listen or dance to the lulling "pop" music! Also, one can stroll into the Rainbow Game Room located on the property for cooling hand-dipped ice cream and an array of fountain drinks.

A highlight will be the drawing for a cocktail table video.

For sale will be such items as a studio couch among other furniture items, clocks, a variety of household necessities and clothing for the whole family, especially back-to-school fashions.

Adopting the motto, "Helping the Disabled Help Themselves," the new organization is engaged in a membership drive urging any disabled person or their family members to join for the benefit of all.

Area clubs, organizations and church groups are asked to send representatives to the weekly meetings held at the game room Thursdays at 5:30 p.m. for the exchange of help and ideas. Call 321-8421 or 695-4885.

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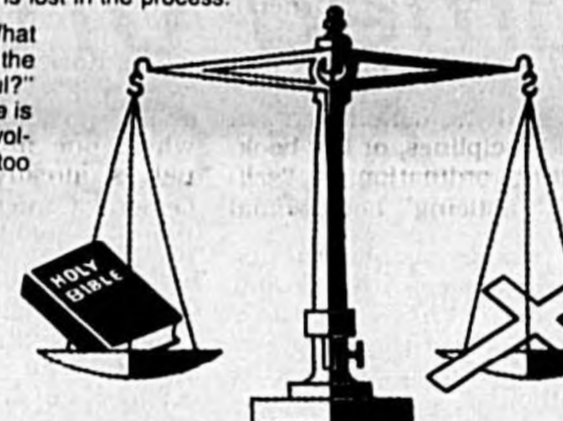
VOLUME vs. VALUE

The story surfaces often in the business world. Two brothers entered the watermelon business. They bought a truck and loaded it with watermelons. They paid \$1.00 each for the melons, drove into the city, and sold the melons for \$1.00 each.

Business was booming, but they finally discovered they were making no profit. They had a meeting and decided the solution to their profit problem was to buy a bigger truck!

They were guided more by passion for the product than wisdom of profit. Often the passion to produce—to succeed at whatever cost—blinds to the reality that life is not measured by VOLUME but by VALUE; that profit in life cannot be measured by what is gained but by what is paid and what is lost in the process.

Jesus said it centuries ago: "What does it profit a man if he should gain the whole world, and lose his own soul?" (Matt. 16:26) He indicates that volume is not a criterion for success. Even the volume of gaining the whole world is too small a gain to pay one's soul for.



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RELIGION

Sanford Herald, Sanford, Fl. Sunday, Aug. 2, 1987—5C

Briefly

Women's Interfaith Breakfast Features Talk By Fran Carlton

"A World of Traditions Together in the Spirit" is the theme of the First Annual Women's Interfaith Prayer Breakfast planned for Tuesday, Sept. 15 at 7:30 a.m. at the Sheraton Maitland Hotel. Women of all faiths are invited to join in this spiritual celebration and spend time united in prayer, music and sisterhood. Florida State Rep. Fran Carlton will be the keynote speaker for this unique program which is sponsored by the Center for Women's Medicine at Florida Hospital.

Tickets for the prayer breakfast cost \$10. All dietary laws will be observed and reservations are required. Call the Center for Women's Medicine at Florida Hospital at 897-1617 for information or reservations.

Bible School Begins

Sanford Free Will Holiness Church, 814 Mulberry Ave., Sanford, will hold a Vacation Bible School Monday through Friday from 6 to 8 p.m. There will be Bible stories, games, crafts, prizes and refreshments.

Neal Duncan To Speak

Neal Duncan will bring the message this Sunday at the 11 a.m. and the 7 p.m. services at First Baptist Church of DeBary, 32 Shell Road. Sunday School is at 9:45 a.m.

LWML Installs Officers

Officers for the Lutheran Women's Missionary League at Lutheran Church of the Redeemer, 2525 Oak Ave., Sanford, installed recently were Doris Holcomb, president; Dru Moore, vice president and Christian Growth chairman; and Irma Kirschstein, secretary and treasurer.

Bible Study Moves

The interdenominational Bible study lead by the Rev. Dr. Freddie Smith is now meeting from noon to 1 p.m. on Thursdays at Western Sizzlin Steakhouse, Highway 17-92, Sanford. The group formerly met at the Cavalier Restaurant.

Vacation Bible School Set

Lakeview Baptist Church, 126 W. Lakeview Ave., Lake Mary, will hold a Vacation Bible School Aug. 10 through 14 from 8:30 a.m. to noon. There will be classes for children four years through sixth grade.

Women Plan Brunch

The Christian Women's Club of Altamonte-Maitland will hold an "ABC's and 123's" brunch Aug. 13, 9:30-11:30 a.m. in the Maitland Civic Center. Renee Mathis of Sarasota will speak and sing. A special feature will be presented by Florine's and Belk Lindsey in the Florida Mall. For brunch or nursery reservations call Marsha Reynolds at 332-7625.

20th Anniversary Observed

The First Baptist Church of Maitland, 1950 Mohican Trail, Maitland, will celebrate its 20th Anniversary on Aug. 2. Dr. Frank Brasington will be the guest speaker. Everyone is invited to the special services and the dinner and concert on the grounds which will follow. The worship and festivities begin at 11 a.m.



Herald Photos by Marva Hawkins

'Christmas In July'

Kelly Freeman, in photo above, presents gift to Beatrice Green, resident of The Good Samaritan Home, Sanford, during a "Christmas in July" party sponsored by Congregational Church of Sanford last Sunday, while Phyllis Patton and Shirley Freeman, photo below, entertain with carols. Also helping to spread cheer were church pastor, the Rev. Willis Patton, his assistant, the Rev. Edmond Weber and Elken Patton.



Praise Lift

Balloons lift children's "praises to Jesus" to the skies at close of Vacation Bible School July 24 at Christ United Methodist Church, Sanford. The helium-filled balloons each carried a message of praise and greeting to the finder. "Hallelujah, Jesus Is King" was the theme of the five-day school attended by approximately 70 children.

Herald Photo by Tommy Vincent

Methodists Face Tough Issues

By David E. Anderson
UPI Religion Writer

Homosexuality — a perennial and often bitterly disputed issue — will yet once again be high on the agenda when the United Methodist Church meets in General Conference next year in St. Louis.

The issue, centered particularly on the question of whether or not homosexuals may be ordained to the ministry, sparked heated debate in a number of the denomination's regional conference meetings.

In 1984, delegates to General Conference, the 9.2 million-member church's highest decision-making body, adopted language to the denomination's Book of Discipline, or law book, prohibiting ordination of "self-avowed practicing" homosexual persons.

The meaning of the law has been and continues to be fiercely contested.

In the round of meetings of the church's 72 conferences, 13 of the regional bodies asked Gen-

eral Conference to retain the Book of Discipline language without change.

Some, like South Georgia, have forwarded resolutions asking the 998 delegates who will attend the General Conference to add language that would ban ordination to those who advocate homosexuality as a lifestyle compatible with Christian teaching.

Kansas East, on the other hand, wanted language that says "we do not know" if homosexual practices are compatible with Christian teaching.

The Rocky Mountain Conference, which has been the center of the most intense debate and where one professed homosexual is already ordained, sent General Conference five resolutions — including a range of sometimes contradictory options including stronger efforts to exclude homosexuals and its opposite, allowing homosexuals to be ordained.

In a related area, conferences

also expressed a great deal of concern about the issue of AIDS and how the church should respond.

Four conferences — South Georgia, Detroit, Troy (New York) and Wisconsin — called for churchwide education about acquired immune deficiency syndrome and ministry to persons with AIDS while three conferences — California-Nevada, New York and Pacific Northwest — asked General Conference to include in the church's statement of social principles an affirmation of the civil and human rights of AIDS patients.

Equally high on the agenda for the regional groups was the issue of South Africa and the church's proper response to efforts to oppose the white minority system of apartheid, or racial separation.

More than two dozen conferences approved petitions that would force the church's Board of Pensions to end holding any

investments in U.S. firms doing business in South Africa — a move the board began in mid-July, after the conferences had met.

The board, long a target of criticism by anti-apartheid activists, has said its investment policies have been guided by the so-called Sullivan Principles but earlier this year, the principles' author, the Rev. Leon Sullivan, said they were no longer working and urged divestment instead.

Other conferences broadened their investment concern, calling for an end to investing in companies that manufacture or test nuclear weapons or aid in the perpetuation of "poverty and oppression."

Six of the regional bodies, responding to what appears to be a resurgence of racism and racial violence in the United States, asked the General Conference delegates to adopt a strong statement condemning racism.

Beauty Not Always Better In Women

This was an unusual letter, even when you consider that we ministers get our share of unusual letters. What makes many of them unusual is that they have little to do with religion. No one asks about the Holy Ghost or angels or what a day in heaven will be like.

A lot of letters have to do with the unfairnesses of life and "why bad things happen to good people," to borrow the title of Rabbi Harold Kushner's best-seller. A much smaller number inquire "why good things happen to bad people."

Usually when these people write of the inequities of life they are speaking of their own unhappy, unfair situations — or, as is the case in this letter, of the unhappy situations of members of their family.

"I'm worried about my 18-year-old daughter," writes this mother. "She's homely. Like her father. She's got a wonderful personality, but the popular boys are interested only in the cute girls. Does a nice girl like Linda have to resign herself to being an old maid or getting a

Saints And Sinners

George Plagenz



proposal only from a ditch digger?"

I'm not worried about Linda, and her mother shouldn't be either. If it's a ditch digger who pops the question to her, it will probably be a rich, handsome mining engineer. Adolescence is hard on girls who aren't pretty, but they often end up marrying successful, good-looking men.

I've known many tycoons who married homely women. Or wish they had. What frequently gives the homely girl the advantage over the Cybill Shepherds in the marital market is that the Plain Jane doesn't spend all her time trying to be beautiful. So she has time to listen to a man tell his dreams. And time to help him achieve his dreams.

"Said like a man," sneers the

feminist. But I could be quoting a syndicated woman columnist explaining why Nancy Reagan was voted by readers of a men's magazine as the woman with whom they would most like to spend an evening. What were these men — age 60 to 75? No, they were 18 to 35. It's Mrs. Reagan who is in her 60s.

This woman writer says the new generation of men like Nancy because she is the kind of woman "most 1987 women refuse to be: She is a great wife to her husband."

What's the 1987 woman like? "She's too busy to listen, she's too busy to nurture and she's too busy to go with her man on business trips."

Nancy, by contrast, "makes her husband the center of her world. Her biggest joy in life is taking wonderful care of him."

Consequently — surprise, surprise — a woman who in a few years will be pushing 70 is selected as America's No. 1 fantasy date!

At this point Linda's mother might be inclined to point out that Nancy, unlike Linda, has

her attractiveness going for her too. But with a world of younger, prettier women for these men to choose from, I doubt that had much to do with Nancy's selection.

It's a funny thing, though. Men may not put physical beauty at the top of their list of desirable feminine attributes. Still most women would rather be considered beautiful than dependable and true.

Take Tom trying to explain to a friend how he got his black eye.

"It was like this," said Tom. "Ed was telling me about the beautiful girl he was going to marry. I told him my Clara was better than any beauty. I said beautiful girls thought only of themselves, while homely old girls like mine knew they had to do things to please a man. So they made better wives."

"Did Ed hit you for saying that?" asked Tom's friend.

"No," said Tom. "Clara did. She was in the next room and overheard the conversation."

Pro-Lifers Win Right To Picket Home

Pro-lifers may continue to picket outside a physician's home in Fayetteville, Ark., thanks to a court of appeals ruling that struck down a city ordinance banning all demonstrations on public property in front of private residences, according to John Whitehead, national president of The Rutherford Institute, headquartered in Manassas, Va.

Whitehead said the court ruled the ordinance was "unconstitutionally overbroad" since it imposed an absolute ban on all residential picketing, and therefore had the potential of "impinging significantly" on the First Amendment right to free speech.

"We're very satisfied with the outcome," said Fayetteville at-

torney David Morris, who represented the four local residents who successfully challenged the ordinance. Morris is the president of the Arkansas chapter of the Rutherford Institute, a nonprofit legal defense organization specializing in First Amendment litigation.

The ordinance, which specifically prohibited anyone from engaging in "demonstrations of any type" or picketing "before or about" any residence or dwelling place, was passed by the Fayetteville board of directors in 1985, after neighbors of Dr. William Harrison complained about picketers on the public sidewalk in front of the physician's house. The pro-lifers were there to protest Harrison's abortion practice

at the Fayetteville Women's Clinic, which they had also picketed on several occasions.

Once the ordinance was passed, the pro-lifers ceased their residential picketing, but four men challenged its constitutionality. Following failed efforts to negotiate a solution with the board of directors, Morris filed suit against city officials on behalf of Dr. Dow Pursley, a professional counselor; Dr. Doty Murphy, a medical doctor; and two local pastors, the Rev. Mark Brooks and the Rev. Paul Sagan.

"Any law that places an absolute ban on free speech is unconstitutional, even in a residential area," Whitehead said. "The court was correct in striking it down."

In their June 10 opinion, a

three-judge panel of the Eighth Circuit Court of Appeals stated that absolute bans on residential picketing have been overturned by the U.S. Supreme Court, although time, place and manner restrictions are permissible to protect tranquility and privacy of a city's residents.

To demonstrate the "overbreadth" of the ordinance, the judges cited several hypothetical situations in which the law's enforcement would violate the legitimate exercise of free speech rights.

Dissatisfied with the panel's ruling, the city filed for a rehearing of the case by the entire court. Further action is pending.



BEETLE BAILEY

by Mort Walker



THE BORN LOSER

by Art Sansom



ARCHIE

by Bob Montana



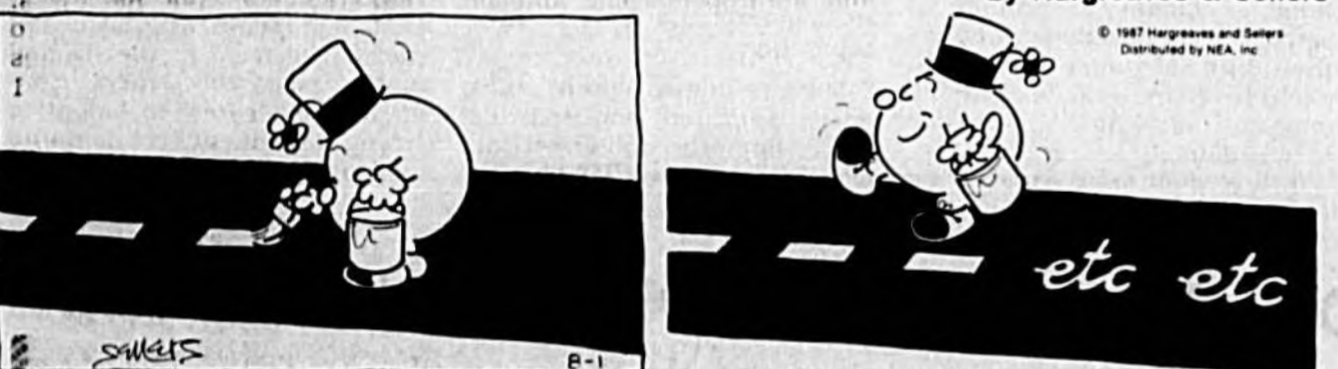
EEK & MEEK

by Howie Schneider



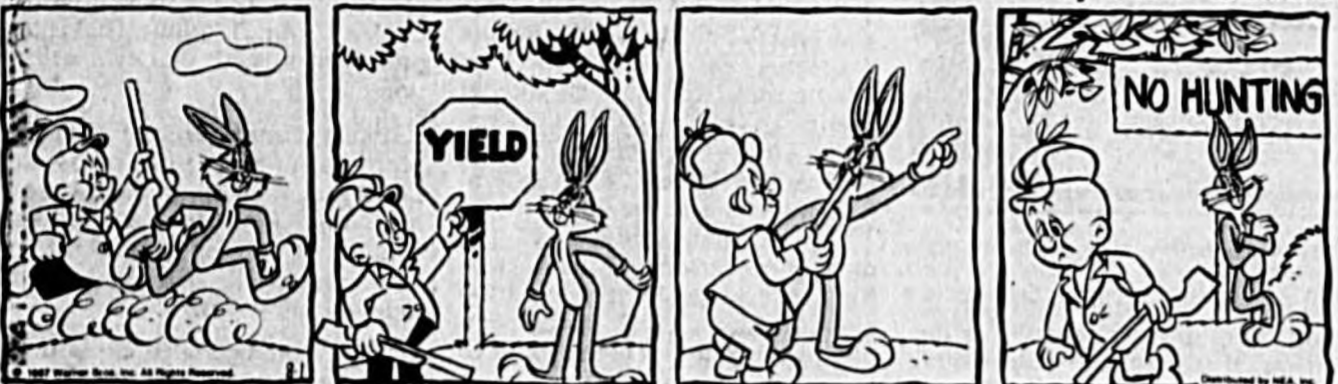
MR. MEN AND LITTLE MISS

by Hargreaves & Sellers



BUGS BUNNY

by Warner Brothers



FRANK AND ERNEST

by Bob Thaves



GARFIELD

by Jim Davis



JUMBLEWEEDS

by T.K. Ryan



HOROSCOPE

What The Day Will Bring...

YOUR BIRTHDAY AUGUST 2, 1987

In the year ahead, your greatest returns are likely to come from ventures or enterprises that look rather unpromising in the beginning...

LEO (July 23-Aug. 22) You'll be pleasant to be around today, provided things go smoothly. But when confronted by opposition, your less desirable traits may dominate...

VIRGO (Aug. 23-Sept. 22) To gain your ends today, you might be tempted to manipulate others in ways that will make them feel obligated or indebted to you.

LIBRA (Sept. 23-Oct. 23) You may try to do a good turn today and lose a friend in the process. Think twice before lending money to a pal who has trouble repaying debts.

SCORPIO (Oct. 24-Nov. 22) Be aware of the odds today, and don't get into situations where you're overmatched. You might kid yourself into thinking you have more clout than you actually have.

SAGITTARIUS (Nov. 23-Dec. 21) Failing to meet your responsibilities today could cause further complications. What you sweep under the rug now may later become a dusty devil.

CAPRICORN (Dec. 22-Jan. 19) Try to budget yourself today where your entertainment needs are concerned. You could be rather extravagant if you don't limit your spending.

AQUARIUS (Jan. 20-Feb. 19) Plans that appeal to you might be rejected by your companions today. Instead of forcing the issue, strive for a compromise.

YOUR BIRTHDAY AUGUST 3, 1987

You've developed a valuable ally who has always wanted to help you, but was never in the position to do so. In the year ahead, this person will come through with flying colors.

LEO (July 23-Aug. 22) Someone whose confidence you didn't think you enjoyed may surprise you today with a candid comment about a matter she deems secret. Major changes are ahead for Leos in the coming year.

VIRGO (Aug. 23-Sept. 22) Social outlets will be of importance to you today, yet you might feel more comfortable dealing with a small group than you will mingling with a crowd.

LIBRA (Sept. 23-Oct. 23) Today, you may realize a modest profit from something you do on your own initiative. Your pride of accomplishment will exceed the remuneration.

SCORPIO (Oct. 24-Nov. 22) People with whom you're involved today will be responsive to your ideas and suggestions. Even those you felt you couldn't influence will hang on your

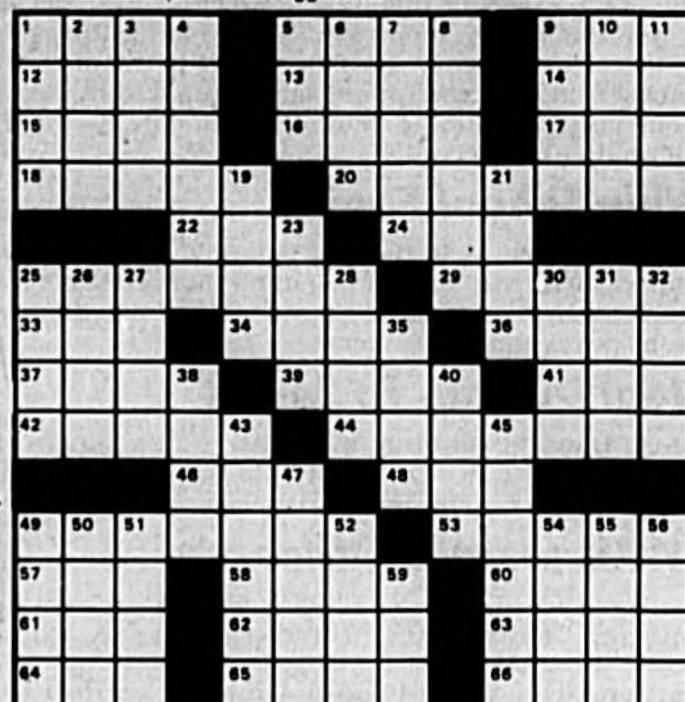
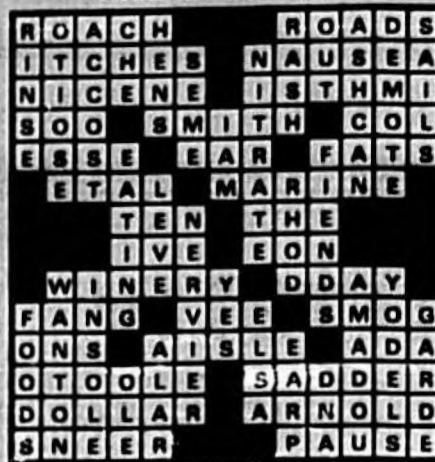
ACROSS

- 1 Actress Chase 5 Hip bones 9 Small compact heap 12 Hairy clothing particles 13 Charged particles 14 Move quickly 15 Partly fused glass 16 Infirmities 17 Retirement plan (abbr.) 18 Positive words 20 Was taught 22 Dull routine 24 Fasten 25 Chubby 29 Enumerates 33 ... and ... downs 34 Pepper beverage 36 Spy employed by police 37 Passing fancies 39 Mae 41 Medieval poem 42 French coin 44 Flight paths 46 Yorkshire river 48 Theater sign (abbr.) 49 Return money to (2 wds.) 53 Rolled out 57 Flying saucer (abbr.) 58 Fly quickly 60 Unrefined one 61 Tech 62 Goodbye (comp. wd.) 63 Songstress Car-trail 64 Aircraftman 65 British gun 66 Formerly

DOWN

- 1 Questionable 2 Entice

Answer to Previous Puzzle



0283

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PISCES (Feb. 20-March 20) You like to help others, but be don't volunteer your services today for something you may later regret.

ARIES (March 21-April 19) Fellow participants will be angry with you today if you try to readjust social arrangements to serve your convenience. Be considerate.

TAURUS (April 20-May 20) You and your mate are likely to agree today about minor issues.

SAGITTARIUS (Nov. 23-Dec. 21) There is someone whose assistance you need, but you'll have to gain this person's confidence first. Be both patient and sincere.

CAPRICORN (Dec. 22-Jan. 19) An old friend will turn out to be a wise counselor for you today. You will appreciate your pal's wisdom after you discuss what's been troubling you.

AQUARIUS (Jan. 20-Feb. 19) In career situations today, make haste slowly. The goals you hope to achieve are reachable, but they can only be attained a step at a time.

PISCES (Feb. 20-March 20) You may receive some pleasant news today from someone you like who lives a considerable distance from you. It's tidings for which you've been hoping.

But you might butt heads regarding something that really matters.

GEMINI (May 21-June 20) Be extremely tactful today in handling subordinates. If you are arrogant or start tossing your weight around, you'll be asking for trouble.

CANCER (June 21-July 22) It's best to avoid any type of risky venture today that requires a cash outlay. If you start to lose, you'll be tempted to up the ante.

ARIES (March 21-April 19) Strive to further develop an idea you'll get today. It will contain the seeds of a solution to a problem you thought would take a long time to resolve.

TAURUS (April 20-May 20) You might be a trifle restless today. A short trip that offers a change of venue could do you a world of good, but don't drag it out or stay overnight.

GEMINI (May 21-June 20) A situation might open for you today that could increase your earnings. It won't make you rich, but it may bring in some extra dollars.

CANCER (June 21-July 22) Some form of social activity is required today in order to make your day more enjoyable. Do something fun where you pit your skills against another's.

CELEBRITY CIPHER

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another. Today's clue: 7 equals N.

OLB, AFMTV LTA RO JOFFX, DEF BEJEFFEN XEKF LQEKTB LTB NMUU OPWULMT BSO TON BLP ULN BE XEK.

PREVIOUS SOLUTION: "I was convincing playing a cop for five years. Does that make me a cop type or a good actor?" - Ed Marinaro.

WIN AT BRIDGE

By James Jacoby

Here's a deal from the days when it was common to open one no-trump with 18 high-card points. (It's still OK, but most of us use a range of 15-17 points.)

Declarer let the 10 of hearts ride around to his queen and won that trick. Unfortunately he had two aces to force out. When West won the first ace, he set up

his hearts. When he won the second ace, he took enough hearts to set the contract. Declarer has a cute play to remedy all this. West would hardly overall vulnerable without a six-card suit. So declarer can allow East's jack of hearts to hold the first trick. Since East cannot continue hearts, declarer now has time to knock out the spade and diamond aces and make his contract.

Is there anything the defenders can do? Yes, if West had stolen a peek at all 52 cards and knew enough about deal analysis, he would change his opening lead to the heart king. Now there is no way to stop West from setting up his heart winners before he takes both aces.

NORTH 8-1-87 ♠ Q 10 9 ♥ A 6 2 ♦ 8 4 2 ♣ K J 7 4

WEST EAST ♠ A 6 ♥ K 10 9 8 4 3 ♦ A 7 5 ♣ 9 2 ♠ 7 5 4 3 2 ♥ J 10 9 6 3 ♦ 6 5 3

SOUTH ♠ K J 8 ♥ Q 7 5 ♦ K Q J ♣ A Q 10 8

Vulnerable: East-West Dealer: South

West North East South 2♥ 3NT Pass 1NT Pass

Opening lead: ♥ 10

ANNIE

by Leonard Starr



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WORD LIST

ASK	CAPE	HEARD	POOR
ATTACH	CARE	KIT	POSES
ATTACK	CODA	LAW	REST
BAN	CUE	LOS	SAW
BAT	DECAY	MOUTHS	SKIT
BEST	DELAY	NICE	SNUG
BET	DITTY	NINE	SPRING
BLOT	ENGAGED	OAT	SPRINT
BONDS	ENRAGED	OWN	SUIT
BONUS	GUILE	POETS	WALL
BOSS	GUILT	POOL	WELL
			WITTY
			YOUTHS

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CLUES ACROSS:

- Even threat of harsh — on job might not stir indolent laborers to work harder.
- Put forward a question.
- For someone who's keen and yet loses badly, a — game is hardly enjoyable.
- Hearing it for first time, bits of song that's — might stick in person's memory.
- Invite.
- Forbidden.
- A sportsman may frequently lose out because he tends to vacillate when he goes to —.
- To develop a — takes someone with a good knowledge of construction.
- Final passage in musical composition.
- To have a family of — children move next door could create some excitement.
- Hardy cereal grass.
- Comfortable.
- By means of an appropriate —, a smart comedian will get quite a laugh from enthusiastic children.
- Learned.

CLUES DOWN:

- Our fighting forces obviously add up to many — for the government to feed.
- may well occur as the result of a dock strike in a major port.
- Possess.
- In track event, — calls for exerting oneself suddenly.
- Authors.
- Collection of tools.
- A special — could be used very practically in a difficult situation.
- Stain.
- As a reward for his worthy efforts, good — should please an employee.
- Regarding treatment for complete recovery, particular patient may be assured all the — possible.
- If conducting Spanish bullfight, one must take —.
- Signal.

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(Answers To Previous Week's Prizeword is On Page 2C)

OFFICIAL RULES

- Solve the PRIZEWORD puzzle by filling in the missing letters to make the words that you think best fit the clues. Read the clue carefully, for you must think them out and give every word its true meaning.
- Check the word list given. It has all the contest answers plus some that you will have to eliminate.
- You need not be a subscriber to the Sanford Herald in order to enter PRIZEWORD, but you must be a resident of our circulation area. You may submit as many entries as you wish on the entry blank printed in the Sanford Herald. (MECHANICALLY PRODUCED OR CARBON DUPLICATE FACSIMILIES OF ANY TYPE WILL BE REJECTED.) However, you may enter one hand drawn facsimile the same size.
- Anyone is eligible to enter PRIZEWORD meeting the above requirements except employees of the Sanford Herald and family members of their household.
- When you have completed your PRIZEWORD, cut it out and mail it to PRIZEWORD, c/o Sanford Herald, P.O. Box 1657, Sanford, Florida 32772-1657.
- All entries must be received by mail at the Sanford Herald or deposited as instructed above by 5:00 P.M. Thursday following the date of publication. The Sanford Herald will award a \$50 gift certificate to the contestant who sends in an all-correct solution. If more than one all-correct solution is received, the prize money will be shared equally. If no all-correct solution is received, the \$50 weekly grand prize will be added to the following week's PRIZEWORD.
- There is only one correct solution to each PRIZEWORD puzzle and only the correct answer can win. The decision of the judges is final and all contestants agree to abide by the judges' decision. All entries become the property of this newspaper. Only one prize will be awarded to a family unit.
- The correct solution and names of the winners will be published in the Sanford Herald. EVERY ENTRY WILL BE CHECKED NO CLAIMING IS NECESSARY.
- The Sanford Herald reserves the right to correct any typographical errors which appear during the PRIZEWORD game. ERASURES OR CROSS OUTS WILL VOID ANY ENTRY.
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'Thought Police' Prevail On Film

Most U.S. moviegoers may never get a chance to see "The Hanoi Hilton," a film depicting the torments, strengths and group loyalty of U.S. prisoners of war in North Vietnam's notorious Hoa Lo prison.

Diana West wrote in *Insight* magazine that "critics ruined the film's commercial prospects." Opening in some cities in May, by June it was "long gone from New York and Los Angeles, where movies usually linger in release far longer than anywhere else."

Suddenly "The Hanoi Hilton" was dead. Distributors and theaters would not touch it. West analyzed its fatal bashing. Summarizing her account:

The film enraged many reviewers. Stanley Kauffmann of the *New Republic* called it "filth." *New York* magazine's David Denby said: "Sour right-wing sophistries." *L.A. Weekly* said: a "boneheaded, one-sided, anti-Red cheerleading session." *Daily Variety* said: "Propaganda pure and simple. Pic is a slanted view ... taking right-wing potshots that do a disservice to the very human drama of the subject."

But one of the film's technical advisers, retired Air Force Col. Leo K. Thorsness, who spent six years in Hoa Lo prison said, "Everything in this film happened."

Some critics were positive. Judith Crist liked the film. Rex Reed called it "powerful" and "inspired." Bruce Williams in *Playboy* called it "a dynamic drama" and said: "Applauding Oliver Stone's definitive battle epic 'Platoon' was easy for anti-war liberals, who may feel stiffly challenged by writer-director Lionel Chetwynd's poignant homage to U.S. prisoners of war." So the aging peaceniks went into action.

Chetwynd, who grew up poor in London and Montreal, interviewed more than 100 ex-POWs and spent nine years on "The Hanoi Hilton," which traces the lives of a group of POWs from 1964 until their release in 1973. He called this film "an attempt to honestly render the experience of the POWs as told to me in the best way I know how."

After first screening, producer Menachem Golan said, "This is a powerful, incredible film. It's anti-war and pro-American." Then Golan added that as powerful as the film was, it would meet powerful rejection.

Why? The comments of Michael Medved, who called it "an exceptional film" in reviewing it on public television, answers that. Medved, who had grown beyond his Yale years as a leader of the anti-war movement, found the bad reviews biased, unfair and politically based. He said: "This thought police aspect of film criticism is unbelievable."

Three things, Medved said, infuriated the "thought police": 1. The POWs survived because they were good soldiers with tremendous inner strength. 2. The North Vietnamese were shown as cruel, shrewd people who exploited the POWs to manipulate U.S. opinion. 3. The anti-war movement was portrayed as naive.

The "thought police" won. This taught Chetwynd "terrible truths," he said, about people who are locked in the past, who have closed minds. They hated the film's message. So they suppressed it.

Luckily, America is changing. A younger open-minded generation is starting to take over. People who value freedom can be thankful for that.

BERRY'S WORLD



HELEN THOMAS

Unflappable Fitzwater Losing Fizz Fast

WASHINGTON (UPI) — Marlin Fitzwater is still a popular White House spokesman but some of the bloom is off the bush. Transmitting President Reagan's personal feelings, he recently accused reporters of wanting to "destroy" the president in churning up what he insisted was old ground in the Iran arms-Contra aid scandal.

It was an uncharacteristic accusation by Fitzwater and reflected the style of many of his predecessors. He is unusually unflappable.

But the job gets to them all. He appears more and more reluctant to brief reporters, and looks for ways to shorten the sessions or to cancel them. He has the briefings to once a day, one less than was held by his predecessor, Larry Speakes.

Fitzwater took over with an open-door policy, but more and more his door is closed to reporters.

And although the press corps has been pushing for a news conference with the president, that prospect appears very dim indeed. Fitzwater has indicated there will be no

opportunity to quiz the president formally before he embarks on his summer vacation in mid-August at his California mountaintop ranch near Santa Barbara.

Reagan's advisers, not to mention himself, apparently do not want the president subjected to a barrage of questions that inevitably have arisen from the congressional Iran-Contra hearings.

So a speech in the aftermath of the hearings is on the drawing board. But a speech cannot replace interrogation. Reagan can cover the points he wants to make and avoid issues in which the response might be controversial.

When Treasury Secretary James Baker was at the White House, serving as chief of staff, he was accessible and on occasion quotable.

But at the Treasury Department he is viewed as the invisible man who does not hold news conferences. When he meets with reporters he almost always insists that he be "on background," meaning he cannot be identified as the source, but rather as an "administration

official." Some of this may be a throwback to his White House days when he spoke to reporters regularly "on background." The few times when he was on the record would be following an election when he would give his assessment of the results.

Baker swapped jobs with Treasury Secretary Donald Regan, who then became White House chief of staff. Treasury reporters say that Regan used to pop down to their press room and toss off answers to their questions, on the record.

But at the White House, Regan learned a lot of things, mainly to protect his identity as the prime spokesman for the president under the guise of "senior administration official."

In the Reagan administration, officials are "on background" more than they are willing to go on the record. Such rules are imposed on officials even when they are not opposed to being identified, and even when the reason for anonymity is obscure.

ROBERT WAGMAN

Truth About Lying

WASHINGTON (NEA) — Criminal law experts believe Lt. Col. Oliver North, Adm. John Poindexter and other Iran-Contra figures who were involved in what was called "the enterprise" may well face indictment for the possible violation of a myriad of federal statutes.

Among the laws that may have been broken are those that make it illegal to lie to Congress. This could cover what North and others said and didn't say in various briefings and appearances and indirectly in the preparation and dissemination of the so-called "false chronologies."

All involved have insisted they never lied under oath. North adds that he lied only out of fear that "leaks" could jeopardize the lives of the hostages or threaten critical national security operations. But experts point out there are statutes against giving false statements to Congress and those statutes do not specify that to be guilty a person has to be under oath.

Then there is the question of perjury during the actual hearings themselves. Some of the witnesses, especially Poindexter, used the phrase "I don't remember" so often that it became almost a kind of litany.

Experts point out that saying you "don't remember" is not some magic incantation that will prevent a prosecution for perjury if it can be shown that the witness should have been able to remember and in fact may have been lying in saying that he didn't remember.

Likewise, it is clear that some testimony has directly contradicted other testimony. Some of this can be ascribed to different people remembering or interpreting the same events differently. But there are other cases where two people are so sharply at odds over a critical issue that it's clear that one of them is not telling the truth. For example: North asserts that he wrote five memos describing the diversion of arms sale profits to the Contras and asking the president be briefed about it and approve the diversion. Poindexter, on the other hand, has insisted that he remembered only one such memo.

North could have problems on several other issues.

Testimony shows that the three treated \$3.8 million of the diverted funds as their "profit" and that at least another \$500,000 was used as seed money for private business ventures by their Stanford Technology Trading.

JACK ANDERSON

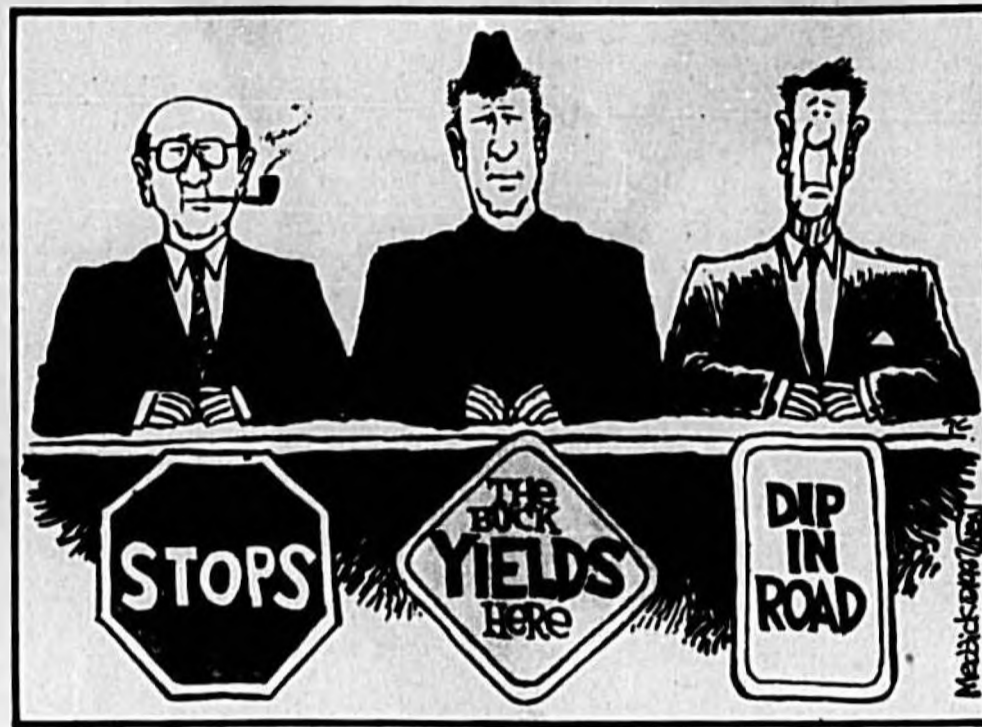
Education Department Strikes Soft Bargain

By Jack Anderson
And Joseph Spear

WASHINGTON — The Education Department needs some schooling in elementary contract procedures. At least that is the conclusion of its inspector general.

Failure to drive respectable bargains with contractors, and unauthorized changes after work has begun have cost the taxpayers a bundle. The IG auditors charged. In a recent report and in interviews with our reporter Karen Talley, they questioned the effectiveness of the department's Grants and Contracts Service.

One "task order" contract, for an accounting system, for example, wound up costing \$1.7 million instead of the original \$168,156, according to IG auditor Charles Brennan. And even with the tenfold escalation in price, the accounting system never measured up and was scrapped within five years, Brennan said.



DICK WEST

Boring '88 President

WASHINGTON (UPI) — I am most grateful to Alan Caruba for enrolling me in the "Boring Party" and I certainly intend to vote next year for its candidates for president.

At this point in the 1988 campaign, I don't know which is the more boring: all those candidates or those who insist on referring to them as "dwarfs."

I notice that the wife of one of the candidates identifies herself as a "dwarfette," but then she may be even more boring than her husband, if such a thing is possible.

Anyway, any doubts I have about Caruba, founder of "The Boring Institute," stem from his capacity as a writer rather than as a politician.

The Maplewood, N.J., resident is, as you may know, the author of "Boring Stuff," a paperback book in which he promises to reveal "the secrets of how to avoid and overcome boredom."

Frankly, I've never been so bored in my life as when I was perusing its pages. One sure way to avoid boredom is not to buy the book. And don't try to save money by waiting for the paperback.

Avoiding boredom is, of course, quite different from overcoming it. For instructions in the latter, I can hardly wait until Mark Leary of Wake Forest University completes his study.

Leary is — I hesitate to say this lest you be bored out of your skull — a psychologist. He currently is "studying why boring people are so boring," according to *Omnit* magazine.

I wish him every success with the project and I hope he will send me a copy when it is finished. Meanwhile, I suppose we shall have to depend

on Caruba's book.

One way, it tells us, to avoid being bored is to "avoid hype." The author defines "hype" as a short form of "hyperbole," meaning "exaggeration for effect."

If you find yourself, Caruba says, "in a frenzy to have the latest hairstyle, the newest fashion, fighting for tickets for a concert or sporting event, you have become a victim of hype."

By that time, it presumably is too late to avoid being bored, especially if you have already sprung for the tickets.

Be warned, however, that cluttering up your head with a lot of knowledge may not be the answer. Caruba tells us that virtually any kind of job can have "periods of boredom associated with it." In particular, I am thinking about air controllers, who may find boredom as mentally damaging as stress.

Although Dale Lowdermilk, founder of a national safety organization, may have spent some time in the Santa Barbara, Calif., control tower, one of his proposals for reducing the chances of midair collision is to permit only one aircraft to fly over the United States at any given time.

That suggestion surely is sagacious enough, but ask yourself this: With only one plane at a time to worry about, would not Lowdermilk and his fellow air controllers soon be reading Caruba's book?

PLEASE WRITE

Letters to the editor are welcome for publication. All letters must be signed and include a mailing address and, if possible, a telephone number. The *Sanford Herald* reserves the right to edit letters to avoid libel and to accommodate space.

SCIENCE WORLD

Abuse Trauma Persists

By United Press International
Depression in women who were sexually abused as children re-surfaces after the women become new mothers, a University of North Carolina at Chapel Hill study says.

"During the past decade, there has been rising concern that childhood sexual trauma may have profound and lasting negative consequences for some children," said Ann Evans, researcher at the university's school of nursing. "It has been suggested that some effects may be delayed until triggered by future events such as childbearing and child rearing."

The study "found that 193 of the 569 women interviewed within three months of childbirth answered 'yes' to at least one of three questions indicating childhood sexual trauma," Evans said.

These women had significantly lower scores on three standard psychological tests designed to measure depression, the study found.

"Women in the childhood sexual trauma group also were nearly twice as likely to be divorced or separated than others," Evans said.

Evans said despite varying incomes, education and marital status of the women, the abused group consistently scored worse on the three psychological tests.

The study was unveiled at the Family Violence Research Conference at the University of New Hampshire in Durham, N.C.

New Painkiller

Scientists in Israel have derived a potent painkiller from the Cannabis plant that lacks the undesirable effects of hashish, according to a report from Hebrew University in Jerusalem.

Preparations from Cannabis, such as hashish, have been known for millennia to have painkilling properties, but doctors have been reluctant to prescribe the substance to patients because of the "high" that accompanies it.

The new compound, called HU 211, has been tested on laboratory rats, mice and pigeons with good results, according to Raphael Mechoulam, from the school's department of natural products.

He said researchers plan to test the new drug on human volunteers soon.

In laboratory animal tests, the new compound was found to be several times more potent than morphine as a painkiller. Its effects appeared to last for several days.

