

## $\mathbb{T h}$ santuril Thipralì

218,000 Population Seen In 1990


JFK's Mother Killed Cape Bill


Seminole Fastest Growing County

 Sale! This week only.
Our finest quality
Kodel polyester carpe
at big savings.
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Utility Control Aide Employed
Marine Is Employed For SCIDA
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Trotline Ban

 Protested

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Carnival At Flea Market
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Usage
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## To County



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Paving Bids Delayed By Casselberry

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Altamonte Council is Angry


## Democrats











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Goodbye, Doll




 Thr Sanfard 条prald


ancon anto eser rex
$\qquad$
$\qquad$ The Man Who Would Rather Be Right


$\qquad$
Closed Circuit TV Gets A Boos $-=-$

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| 20 | "man |
|  | $\cdots$ |
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Oftbeot Ruminations
Poor Man's Philosophizing Notes


Would Rather Be Right Max mix wiv atatataty

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Agnew's Switch: Attacks McGovern Attack висек nussat

Befrry moil


One Man's Opinion It's Losing that Swells the Doves


Love Bugs Stump The Scientists


## - Murderes

Reports Paralysis






EAIRWAY PLAZA DRUGS
in plain English,d.M. Fields SAVES YOU A LOT OF HARD-EARNED MONEY on the Famous Brands
WE SATISFY ALWAYS... No STRINGS ATTACHED


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J.m.FiELDS

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 EAStLANO SHOPPING CENTER


LEESBURG
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Diane Wilson, Leslie R. Hazelbaker Exchange Vows In Double Ring Rites

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1.49 each is all you pay for professional color portraits of your child. Select either large 5x7", or set of 4 wallet size, from several poses.


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 JCPenney

Mary Adeline Lee, Kenneth A. Lop ${ }^{\bullet}$ To Marry

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anyone who gets
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way. 40


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CHICKEN LUNCH?


Styles by Jess
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In Time For Eagles
Copeland Hopes To Revive Hounds


Tigers Win Division, Lose Turf上vまw wava



## USC To Face Test But Choice To Win

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| Seminoles Favored |  |
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Blass Ready For Playoffs



Sell With Herald Want Ads
want ad information Direct phone Luse
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Bank The Cash When You Sell "Don't Needs" with a Classified Ad

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 Punch 6 '": $88^{\circ}$


## 58


Shells 3 200es $88^{\circ}$ Puppies 3 3 "ioic 88

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| Tooth Polish . . . $8088^{6}$ | Lupron 1 OLD |  |
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Black Pepper...ai. 59c Kosher Dill







SALUTE YOU WITH AN.


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CUCUMBERS OR GREEN BELL PEPPERSEA10

## SWITCH TO A\&P WEO

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Whale Beet Rits
, Pork Chaps s.itactas i. 880 Smoked Hams sums . 58 c
Fyer Patts $=\quad 58 \mathrm{c}$


## 6C-The Sanford Herald Wednesday, Oct. 4, 1972

Potato Is Fashionable, Vers¢

By TOM HOGE
AP Neasteatures Writer The potato is hardly a glamorous object to behold,
but it is probably the most important vegciabie on tarat
today, serving as the main ource of nourishment in many
ands. Graceless as it looks, the po-
tato became a fastionable veg.
etable in Europe it was in. etabie in EEarope. It was it in
troduced there Ey the Spaniards tho discovered the tuber in the 16th century during their con-
quest on the Inca empire of
Peru. But it waite Peest of the Inca empire of
Po reach the waited d a log time
Fourmet league. to reach the wourmel league.
For moree than a century af
ter its appearance, the potato ter its appearance, the potato
was grown only in flower gar ras grown only in flowet gar
dens in England and on the
ontinent -a botanical curios ty with showy nowers that was
regarded with suspicion be regarded with suspicion be
cause it was a member of the nightshade fa mily
By the end of the 17th cen-
wry, the impoveristed Irist be came a ware of the nutritional
value of the tuber and began to
cultivate it cultivate it throughout theor
land In fact. immigrants from
Ireland brought the pato Ireland brought the potato to
America with them and it be America with them and it be
came known bere as the lrist
spud.
spud. Te potato finally came into
its own when France's King Lovis XV and Marie An toinette began serving it at the
ropyal table. Soon the top chets in France and Germany were
creating potato dishes on the creating potato dishes on the
haute cuisine level. There are said to be more
than so varietie of tuber but than so varieties of tuber, but
even the farmers have difficul-
t telling them apart. For prac even the armers hare dor prac-
ty telling them apart For prac-
bcal purposes there are two
nain types, the new potato scal purposes there are two
nain types, the new potato
cown for its firm waxy quality counn or ths inm waxy quainy
ond good for boing. and the
nealy, tender tuber like the nealy, tender tuber like the
Idaho which is best for taking.
One of the attributes of the One of the attributes of the
potato is its ativity
jumber of forsort a
navors and still re. aumber of flavors and still re-
ain its own identity. An ex.
imple is the Francilon Salad imple is the Francilion
xopular in France in the la
entury. It consisted of ticed potatoes, cooked in bou
on instead of water then mam
pated in champagne and blen
 do with paached mussels. The
potatoes and mussels sare sea.
soned with oil, vinefar, chop oned with oil, vinegar, chop-
ed shallots and aromatic
erbs, plus salt and pepper. jerbs, plus salt and pepper.
This salad is seved oovered
tith sliced truffes in a crystal hiss salad is served covered
xith sliced truffees in a crytal
powi. Hardiy an economy dish! Oowe garmet potato specialty
han is conssiderably more rea.
ponable is the famous soup nable is the famous soup
nown as Vichysoisse which is nown as vichysoisse which is
ssualy served chiled it con-
sist mainly of potatoes, cream sists mainly of potatoes, cream
and watercess, sorrel or spin.
ch
One of the finest examples of
One

GOOD LUNCH
Cream of Cucumber So Cream of Cucumber Soup
Mary sham Sandwiches ${ }_{\text {Frut }}^{\text {MARYS ham }}{ }^{\text {Bev }}$ SANDWICHES
his spread may also be use to top sprackers may also be used
$1 / 2$ cups lighty packed coarsel
ham
ham grated (medium-fine)
$1 / 2$ cup ghty packed cheddar
$1 i g h t s e$
6 chabesesponss mayonnaise
$1 / 4$ cup undrained sweet pickle
$1 / 4$ cup undrained sweet pickle
relish
1 tabiespoon prepared mustard Into a medium mixing bou
turn ham and cheese. In a cup stir together the remaining in gredients., mix with ham and
cheese. Store tighty covered.
in the refrigerator and use as a in whe refrigerator and ases. Make about 2 cups lightly packed
$\overline{\text { (For use Oct. 21) }}$ SUNDAY NIGHT BUFFET Fish Chowdef, Salad Bread Tray

Helen McCully's Sour
Cream Torte
Cream Torte SOUR CREAM TORTE An absolutely de
desser
3 cups sifted flour 3 cups sifted fiour
$3 / 4$
cup sugar
1 cup butter, cut up
Filling and Assembling, vee
low
Mix the flour and sugar to-
ther in a bowl. Work in the buttier with a p pastry blender
butil the mixture looks meal Stir in the unbeatens egg a
mix with your hands untit into 7 equal parts. Roll each
part into a pinch circle on a a 9 -inch cake pan as your guide). Bate 10 to 12 minutes in
arpheated 350 -degree oven un-
til the edges begin to brown
and aprea edes begrin to brown
til the edgen
lighty, Youll undoubtedy have
to bake the layers in 2 or to bake the layers in 2 or
batches cool and lift from the
cookie sheet with Asselt Cocokies sheet with a spatula
Filling and Assemblin Filling and Assembling
Chop 2 cups walnuts very fin (not in a blender) and mix with
two sounce cartons commer. two sounce cartons commer-
cial sour cream, $11 / 2$ cups
confectioners's sugar and 1 tea. spoon vanilla. Spread between
the baked layers, arrangin the baked layers, arranging
them on top of one another. ist
confectiorers sugar over the confectioners sugar over the
top layer. Mellow in the refrig.
erator for about 5 hours or long.
er. erat
this soup I have encountered is New York's East side. Miccman. is his fecpe. VichYsorsse
served at the Renaissmce res. Kiven, the Renaissance man. served at the Renaissmce res. Kirvan, the Renaissance man.
taurant specialiming in conti-
ager, wses waterness in his
nental distes and located on
version of this great soup. Here (QUANTITY RIGHTS RESERVED)

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U.S. NO. 1 WHITE POTATOES 10
LB. 58

BAG 58



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## govis 4 4

PILLSBURY'S "HUNGRY JACK
BISCUITS

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"RICELAND"
nact 3.L3. PKG $48^{\text {c }}$

## he World Over

Shurfine MIX 'EM!

## - MIXED

 SWN MARGARINE $\frac{10}{}$
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## $140^{\circ}$



Spanish Onions F OUR LO

U.S.D.A. GRADE 'A' TURKEYS

BUY YOUR HOLIDAY DINNER NOW - BE


MM,
meace FRYER PARTS
-LEGS (OR) THIGHS ... $5.58^{c}$

- BREASTS W/RIB .... $4.48^{\mathrm{c}}$
- WINGS ............ ...38c


## arty, Simple Casserole

## 




Chicken
W/Pears
Salad
By CECLIY Brownstone,
Asseciated Press Food Editor Ingenious cooks team chick.
en solad with fruit and heres
the latest version of this recipe the latest version of this recipe
we ve tested
Diced Bartlett pears are Added to the chicken mixturc
anditis moistened mostappro.
priately. with curried may onnatise. with serverred oon pear
patives satted peanuts make
hale mpping The amount of curry powter
called for in the recipe pives called for in the recipe pives
distinct flavor if you want a
milder combination minder corry.

CURRIED CHICKEN Bartlett pears
Bartuet pears
2 cups siced cooked chicken
4 $1 / 4$ cup diced greee pepper 2 cup mayonnaise // teaspoon sait
Dash of white pepper Lemmon juive
Lalad greens Salad greens
$1 / 2$ cup salted peanuts


Uf fresh, scrape carrots and
remove ends. Cut into neh thick strips or crosswise
into 4 uch shices Cook ig
tinch salted water. covered. untit tender asbout 10 to 10
minutes tor strips, 8 to 10 minutes for strips. \& to 10
minutes for sices. If Itraea.
cook according to pockage directions. Drain thorvugh
Heat marmatade. butter emon uike unae butter and
until biended add sillet
und carrots and cook over
heat. stiring ovcasiona
entil eventy slazed neated sprukkle with par sley beft
servinga




 " $11 \times 2$

##  <br> 

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## Batfurd Thitralid

## 'Internationalism

 Extolled By McG.Water Quality Bill Near OK


