

Heart Test
In Finland
Gets Note

Ask any man and he'll probably tell you he fears heart disease. It is our No. 1 killer. Over a million of our citizens die of it every year. Recognizing that medical groups have set up rules to help banish the threat of a heart attack for many individuals. These are easy on dairy products, use fewer animal fats, check your blood pressure and cut out cigarettes. The American Heart Association and practically every other medical group keep telling individual Americans these facts over and over again. But the appeal has been to the individual and not to any large group urging people to cooperate in creating a different life style as a unit.

But in Finland there has been a five-year experiment involving 186,000 natives of North Karelia which has a terrifically high heart attack rate. Seeking evidence that many heart attacks can be prevented, the World Health Organization and the Finnish government are sponsoring this group movement.

The people of North Karelia are lumberjacks and farmers and lead a hard physical life. They are not office workers sitting at home to a large dinner and a few hours sitting in front of a TV set. Yet, their record of heart disease is staggering.

They do, however, get great quantities of highly saturated fat via lavish use of butter and thick cream. But under the new program, they have started using milk with most of the fat content removed. They are to use less butter, too. They have begun to eat more vegetables, something they were not interested in doing before.

Their old eating pattern, based mainly on dairy and animal fats but few vegetables, was shown by scientific research to be the primary risk factor in the rising occurrence of heart attacks in that part of the world.

This massive movement in Finland to urge a large community to change its way of life, might prompt Americans to look through the new American Heart Association's Cookbook. It contains excellent recipes for good eating while eating right for the heart at the same time. It also supplies good menu ideas that will be safer for heart workers.

In Finland, registries for heart attacks, stroke and high blood pressure have been set up. Doctors, newspapers, radio and other sources will emphasize publicly the risk factors. Pamphlets are mailed by doctors in opinion leaders such as teachers and union officials. Although the task of changing public taste is staggering, current spot checks indicate much progress has so far been made.

In five years, the government, sponsors and the public itself will know how totally effective their efforts have been. Have they been able to induce the group to stop smoking, decrease cholesterol consumption, reduce high blood pressure. A decrease in the number of heart attacks will be the final answer.

The people of North Karelia will have to make socially acceptable the habit of smoking anymore, to eat and serve to guests meals with fewer saturated fats in them, and far more vegetables. The new way of life — a wise one and decidedly full of health and promise.

Can Americans follow the Finnish lead?

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\$2.31
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\$1.08

Blames Mechanical Error
'White House Says Dean Tape 'Ran Out'

WASHINGTON (AP) — The White House said today that by listening to presidential tape recordings made April 14-15, Judge John J. Sirica can hear for himself that the tape ran out before recording a vital conversation with John W. Dean III.

The conversation between President Nixon and former presidential counsel Dean is one of two that the White House says was never recorded. It said so much had gone on in the office earlier in the day that the six-hour reel was filmed. A technical expert said apparently an automatic switching system to a back-up recorder did not work.

Richard Ben Veniste, a Watergate prosecution force lawyer, concurred in Buzhardt's request and the judge asked both the prosecution force and the White House to suggest an expert.

Buzhardt told the court Wednesday that a telephone conversation between the President and former Atty. Gen. John N. Mitchell was made on an instrument not connected to tape records. That reduced availability of nine subpoenaed White House Watergate recordings to seven.

The Sanford Herald
Thursday, November 1, 1973—Sanford, Florida 32771
66th Year, No. 62 Price 10 Cents

Rebozo: Nixon Tape Fight On Principle, Not In Fear

MIAMI (AP) — The President's fight to keep the White House tapes confidential was a stand on principle and was not made in fear of incriminating, Nixon's closest friend says in a copyright story in The Miami Herald.

The interview is in today's editions of the morning newspaper. "I'm fairly logical and it's hard for me to conceive that a man would sit there talking to people, being the only one that knew that it was being recorded and say something that might incriminate him," Rebozo was quoted as saying in the Herald.

FP&L Employees Strike; Supply Is Termed 'Good'

More than half of Florida Power and Light's 200 Sanford area employees went out on strike shortly after midnight, joining 4,500 dissident FPL employees across the state.

Florida Power Corporation employees use the asbestos gloves, according to the Orlando union official.

However, strikers from the company's 5,000 employees have been blamed for incidents causing temporary shutdowns.

Police said eight strikers were arrested on disorderly conduct charges stemming from complaints by non-striking employees at the Wingate Service Center that they were being harassed when they reported for work.



IBEW MEMBER TOM VANETTA... Pickets in Seminole Photo by Bill Vincent

Miami police with riot equipment were called to a Florida Power & Light Co. service center in Fort Lauderdale today shortly after the start of a strike against the utility.

Seminole Fire Boss Prepares For Nov. 12

Police said two of the eight arrested at Wingate had been picked up earlier and charged with destruction of private property. Investigators accused the two of smashing the car windshields of non-striking employees.

The committee recommended a \$50,000 budget for the department, which the county slashed to \$35,000, then hiked to \$48,000 after Kaiser protested.

There are only two companies in the Southeast that don't use asbestos gloves—and we are one of them," Wortham said, adding "and our safety record is the worst."

Miami police said union members were harassing non-striking employees at FPL's main office and were trying to keep supervisors out of the building.

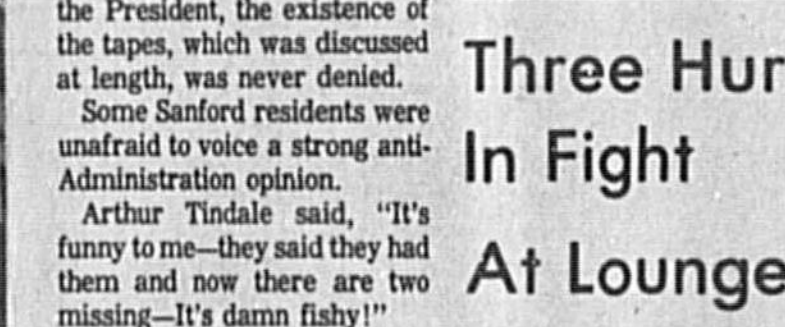
Sanford Reacts To Tapes

A random survey conducted this morning in downtown Sanford, indicated the credibility of the President has diminished and most people feel the two missing Watergate tapes did in fact exist.

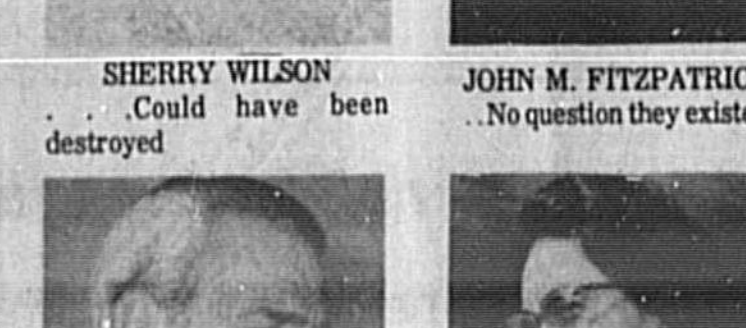
The testimonial and inquiry into the affairs of the White House and the President's existence of the tapes, which was discussed at length, was never denied.



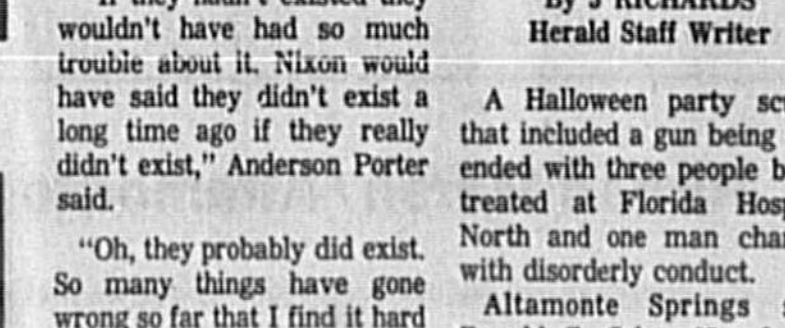
SHERRY WILSON... Could have been destroyed



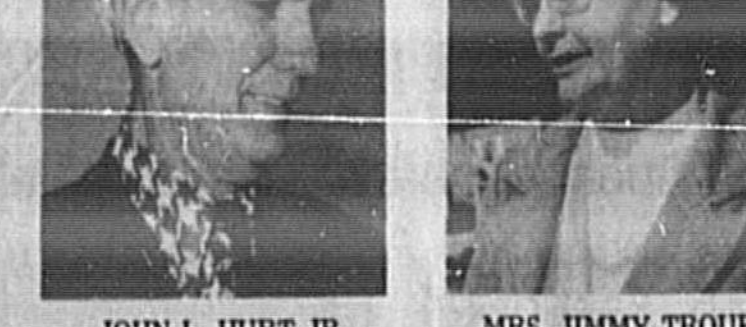
JOHN M. FITZPATRICK... No question they existed



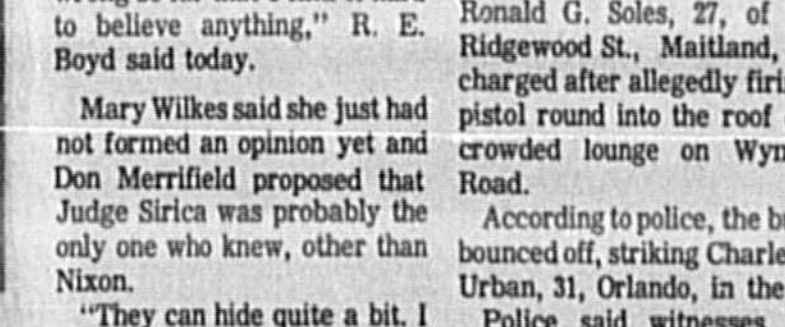
JOHN L. HURT JR. ... They existed



MRS. JIMMY TROUP... Conversations made



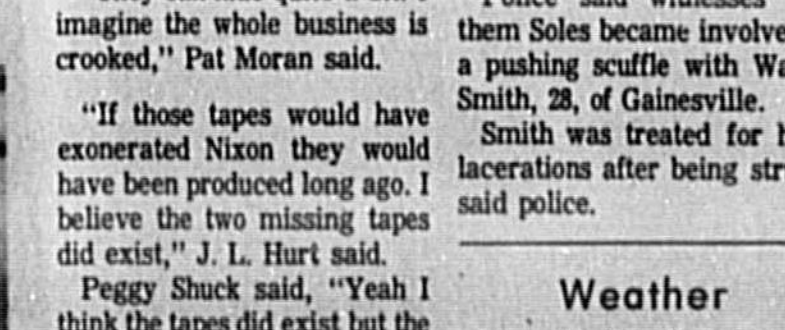
JOHN L. HURT JR. ... They existed



MRS. JIMMY TROUP... Conversations made



EVELYNE MORRIS... A coverup



H.B. FENNEL... Not the first crooked deal

Three Hurt In Fight At Lounge

A Halloween party scuffle that included a gun being shot ended with three people being treated at Florida Hospital North and one man charged with disorderly conduct.

Altamonte Springs said Ronald G. Soles 27, of 1940 Ridgewood St., Maitland, was charged after allegedly firing a pistol round into the roof of a crowded lounge on Wymore Road.

Accoding to police, the bullet bounced off, striking Charles H. Urban, 31, Orlando, in the lip. Police said witnesses told them Soles became involved in a pushing scuffle with Wayne Smith, 28, of Gainesville. Smith was treated for head lacerations after being struck, said police.

News Digest

A TORNADO ripped through sections of the Tampa Bay area Wednesday night, destroying residences and mobile homes, overturning cars and downing power lines. (Page 5A)

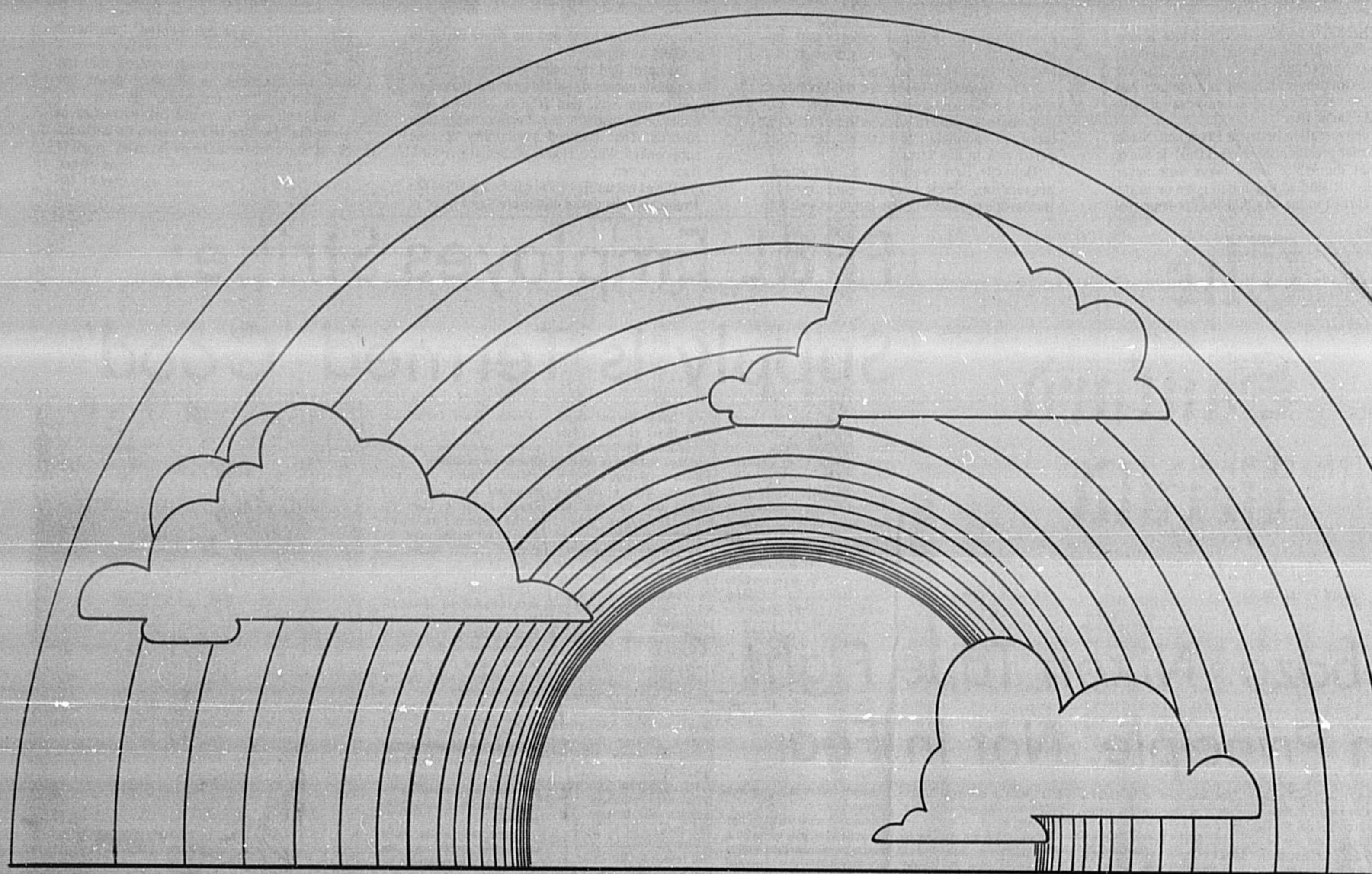
THE FLORIDA SUPREME COURT says police may sometimes justify using search warrants to enter homes without knocking. (Page 8B)

THE PRESIDENT of the Florida Education Association says his group will continue pressing for collective bargaining guidelines for public employes. (Page 5A)

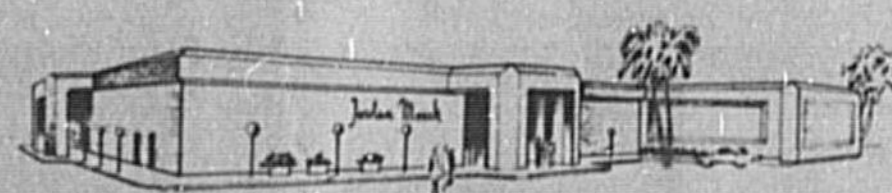
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Weather
Yesterday's high 73 low this morning 64 and there was .09 of an inch of rain yesterday.
Generally fair this afternoon through Friday. High today in the upper 70s. Low tonight in the 60s. High Friday in the low 80s.



a
new
day
dawning



Jordan Marsh / Altamonte Springs Opens Tomorrow at 10 A.M.

Countdown! One day away from an exciting new shopping panorama. Join us at the newest addition to Central Florida's largest and finest department store. We're growing your way! At Altamonte Springs, Route 436, East of I-4.

Jordan Marsh
FLORIDA



REVISED WINTER SPRINGS CITY HALL PLANS
... Koch (l) explains to Councilmen Victor Miller and John Booth

Winter Springs

City Takes Loan Steps

WINTER SPRINGS—Mayor Granville Brown began preliminary steps Wednesday with the Southeast First National Bank of Maitland to borrow \$220,000 to \$270,000 at six per cent interest for construction of the new city hall complex, tentatively scheduled for completion in January 1975.

City council Tuesday night approved revised plans for the facility to bring estimated construction costs below the \$300,000 mark. Estimated costs previously ranged from \$200,000 to \$500,000.

Eliminated in the first phase were plans for the police complex and fire station plans were changed to include a police section with ready room, kitchen, chief's office and work

room. Architect Robert Koch explained that the partitions place between the police and fire facilities can be easily and inexpensively removed when the police station is built.

Currently the city plans to build the city hall at one end on the eight acre parcel bounded by Flamingo, Third, Fairfax and Moss Road and the fire house at the other end.

The city hall is to include a mayor's and city manager's office, clerk's office, building inspector's office, conference room, council chambers able to seat comfortably 60 persons, a lobby, coat room and restrooms.

City council Tuesday night approved the revised plan. Koch was authorized by the council to take soil borings at the proposed construction sites.

The city attorney was instructed to research the property's title to determine if any deed restrictions exist and to find if easements or roads are dedicated within the parcel.

The spot selected for the city hall is on First Street near Fairfax, across from the water company.

Geter Trial Moved

A change of venue was granted today for Samuel Geter, the 14-year-old Sanford Middle School student accused of killing William Oglesby, a 13-year-old fellow student on Sept. 5.

The trial will be held Nov. 26 at 9:30 a.m. in Titusville.

Circuit Court Judge Volle Williams granted the motion and indicated he will hear the trial.

Church Women

Theme Is Told

"Where in the world is my neighbor?" will be the theme of World Community Day sponsored by Church Women United of Seminole County Friday at 10 a.m. at Good Shepherd Lutheran Church on Highway 17-92, co-hosted by Grace United Methodist. Mrs. Kay Wolfe is in charge of the program and all area women are invited.

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GOOD

Sealy Health Guard
Cover formerly used on \$89.95 Posturepedic!
Besides the look of a \$30 more expensive mattress you get deep multi-quilting to Sealy's foam** Hundreds of coils and extra firm torsion bar foundation.

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Queen size, ea. pc. \$79.95
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The Sanford Herald Thursday, Nov. 1, 1973—3A

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KODAK POCKET 30 CAMERA KIT
3 1/2 X 4 1/4 IN PRINTS
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NAIL COLORS **1.00**

REVLON AQUAMARINE LOTION 'SPECIAL'
16 OZ
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SUMMER'S EVE DOUCHE
4 1/2 OZ (LIMIT 1)
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RIVAL MEAT SLICER
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MODEL 437 SUPERELECTRIC FAN FORCED HEATER
GIVES INSTANT HEAT
REG. \$10.99 **9.99**

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200 CT
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REG. 83c **66c**

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BOTTLE OF **100 EXCEDRIN**
REG. 1.26 **69c**
LIMIT ONE WITH COUPON THRU OCT. 7TH

AMPLON PANTY HOSE
LONG SLEEVES - ASSORTED COLORS
REG. 99c **2 FOR 99c**

MEN'S SWEATSHIRT
LONG SLEEVES - ASSORTED COLORS
REG. 12.29 **1.88**

NYLON JACKETS
ASSORTED COLLAR STYLES AND ASSORTED ZIPPER FRONT - LATEX FALL SHADES
BUY NOW - IT'S GETTING COOLER
REG. 14.49 **3.88**

ROUND DECANTER CAN ASSORTMENT
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PENNY SHOE SHINE
BY TURTLE WAX - 10 OZ
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ASSORTED CERAMIC BASES BOUDOIR LAMPS
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CHARCOAL "PLUS"
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6 LB. CHARCOAL
REG. 11.19 **9.99**

EVANS SCISSOR SALE
LARGE ASSORTMENT
REG. 1.59 **1.33**

12 oz. MYLANTA LIQUID ANTACID
REG. 1.44 (LIMIT 1) **1.16**

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WEDNESDAY 9:00 - 9:00
SUNDAY 10:00 - 7:00

Poor Trailer Work Told

By CHRIS NELSON
Herald Staff Writer

Inspection of a Sanford woman's mobile home by county building official Tony Fakess has revealed "very definite, serious problems," but the "possibly dangerous" electrical work appears to be an individual failing, and not a general problem with mobile homes, County Commission Chairman Sid Vilhen said today.

Vilhen, acting on a complaint by LaVerne Geiger that faulty aluminum wiring was smoking and might cause a fire in her trailer, manufactured by

Tax Repeal Is Sought

TALLAHASSEE, Fla. (AP) — A bill to repeal the corporate income tax on utilities would save Florida consumers more than \$10 million a year, say its sponsors. Republican Sen. John Ware of St. Petersburg and Kenneth Plante of Winter Park filed the bill Wednesday.

The bill was filed after Public Service Commission member Paula Hawkins, also a Republican, urged that it be introduced.

Ware and Plante said in a statement that the tax, imposed last year, was supposed to be paid by the corporations but that, in the case of PSC-regulated utilities, it was being paid by customers.

The PSC last month allowed the Florida Power Corp., Florida Power & Light Co. and Southeastern Telephone Co. to raise rates by \$5 million to charge customers for a portion of their corporate taxes.

Mrs. Hawkins said she had learned that the utilities might eventually be able to charge their customers for all of the tax and that in any event the percentage paid by the customers would increase in the future.

Industrial Zoning Tops List

By BOB LLOYD
Herald Staff Writer

The Sanford Zoning and Planning Commission will hold a public hearing tonight at city hall to consider a request for restricted industrial zoning for 5.5 acres annexed on the north side of Country Club Road and west of Country Club subdivision.

Conditional Central Florida, a wholesale food distributor, plans to build a 47,000 square foot warehouse facility on the site adjacent to the Southern Shortening plant.

When property is annexed it comes into the city as single family residential zoned. Thus the request for rezoning of the 5.5 acres.

The Zoning and Planning Commission makes recommendations to the City Commission. City commissioners make the actual changes in the city's zoning law.

Also on the agenda for the 8 p.m. meeting is a public hearing to consider a request by developer Dick Bond to change a portion of Unit Two in his Hidden Lake planned unit development in southwest Sanford from single family homes to patio homes.

Site development plans to be reviewed by the board include Hidden Lake unit two, additions to Seminole Junior College, a lawn mower and bicycle repair shop at 909 Maple Avenue, a commercial building for a motorcycle distributorship on the east side of U.S. 17-92 north of Sanford Plaza Shopping Center, and a day nursery at 2854 S. Sanford Avenue.

Representatives are scheduled to discuss with the board revised parking and traffic flow plans for the new United State Bank of Seminole on the west side of U.S. 17-92 at Sanford Plaza.

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Save \$8
Reg. 37.99, Sale 31.99. Four light wagon-wheel chandelier. Copper finish. Frosted chimneys. 18" diam. x 13 1/2" long x 30" drop.

Hardware department



Save \$6
Reg. 29.99, Sale 23.99. Five light colonial-style chandelier. Amber-ribbed glass shades. Brass tone arms. 21" diam. x 12" long x 30" drop.

Save on paint

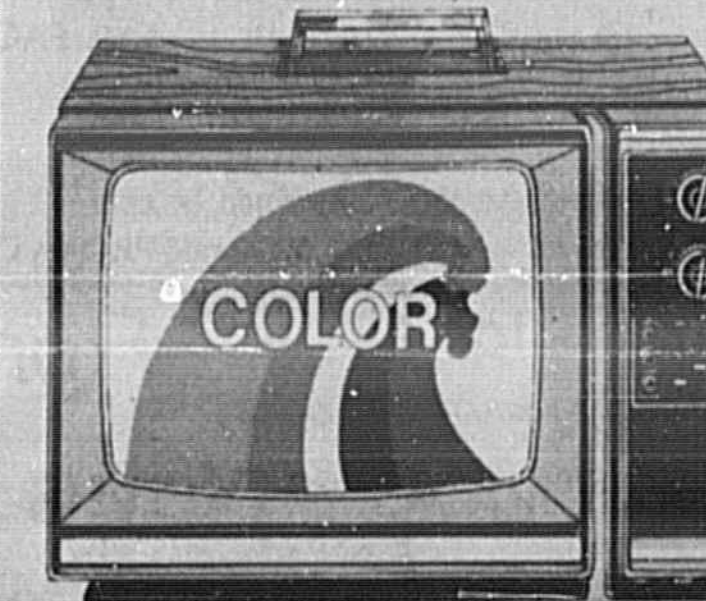


Save 1.50
Reg. 4.49, Sale 2.99. Latex woodgrain antique kits. Refinish furniture and cabinets and more. Kits available in various wood-grain finishes. Everything you need is included. Latex goldtone antique kit. Reg. 4.49, Sale 2.99. Latex colortone antique kit. Reg. 3.99, Sale 2.99.

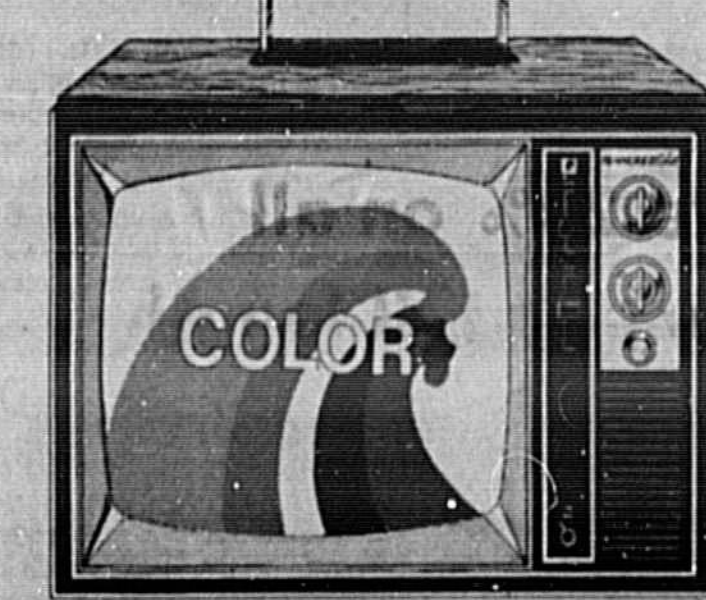
Save 1.50
Reg. 7.49, Sale 5.99. Ceiling latex paint. Hands and tools clean up in soap and water.

Save 3.20
Reg. 9.19, Sale 5.99. Par Excellence Interior latex paint. Applies easily with brush or roller. Dries to tough, durable finish. Available in 600 custom mixed colors. In custom mixed paints, because color intensity differs the volume of paint per can may, in some cases, be slightly less than a full gallon.

Save on color portables.



Save \$50
Reg. 369.95, Sale 319.95. Portable color TV has 19" screen (meas. diag.) and features "Chroma-Loc" color/int control and "Quick-Pic" for faster picture and sound. Has transistor and tube chassis, automatic fine tuning (AFT) and earphone.



Save \$30
Reg. 259.95, Sale 229.95. Portable color TV has 12" screen (meas. diag.) and features "Chroma-Loc" color/int control and "Quick-Pic" for faster picture and sound. Has transistor and tube chassis, automatic fine tuning (AFT) and earphone.

Save on power tools.



Save \$10
Reg. 59.99, Sale 49.99. 6" Bench grinder with 1/3 HP motor and 1 1/2" oversized shaft.



Save \$10
Reg. 59.99, Sale 49.99. 7" Polisher has 100% ball and needle bearing construction.



Save \$10
Reg. 49.99, Sale 39.99. 7 1/4" 2.1 HP Double insulated circular saw.

Save \$10
Reg. 44.99, Sale 34.99. Our new N-Triple Action Drill.

Save on TV Carts & stands.



Save \$16
Reg. 320, Full length misses robe of polyester fleece. Three styles, assorted colors. Sizes 8-18.

Save on refrigerators



Save 17.96
Reg. 51.95, Sale 33.99. 60 Pc. Multi drive socket set.

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Reg. 129.99, Sale 89.99. 26" six drawer mechanics tool chest with tote tray and 3 drawer roll-away cabinet. Features heavy gauge steel construction, full length piano hinge.

Open Sunday 12:30-5:30

Save 15% on all our women's jackets.



Reg. 24.00 Sale 20.40

Reg. 30.00 Sale 25.50

Choose from every women's jacket in stock. Wools, cottons, synthetic blends, fake furs, pile jackets and nylons. From basic styles to high fashion trimmed looks. In solids, plaids and more great fashion patterns. But our sale lasts just four days only. Come soon.

Save 20% on all our girls' pajamas.



Sale 3.98
Reg. 4.98. Girls' pajamas in acetate/nylon brushed tricot. Sizes 7-16.

Sale 3.83
Reg. 4.79. Little girls' pajamas of polyester flannel. Assorted styles and colors. Sizes 3-6x.

Save 20% on infants pajamas.



Sale 3.18
Reg. 3.98. Infants' flame retardant Dyrone® sleeper. Sizes 1-3. Larger sizes, 4-8, reg. 4.89 Sale 4.15.

Sale 3.98
Reg. 4.98. Infants' sleeper of flame retardant Dyrone®. Sizes 4-8. Smaller sizes, 1-3, reg. 4.69 Sale 3.97.

Save 20% on mens jackets, leather & heavyweight.



Sale 23.99
Reg. 30.00. Men's rancher style jacket. Wind proof with full acrylic pile lining with two mull and patch pockets. Sizes S,M,L,XL.

Sale 21.99
Reg. 27.50. Belted bush jacket for men. Ribless cotton corduroy with acrylic pile lining. Styled with four pockets in sizes S,M,L,XL.

Save 20% on all women's full length fleece robes.



Sale 13.60
Reg. 17, Dress length misses robes of polyester fleece. Two styles in fashion colors. Sizes 8-18.

Sale \$16
Reg. 20, Full length misses robe of polyester fleece. Three styles, assorted colors. Sizes 8-18.

Save 20% on all our girls' jackets.



Reg. 9.00 Sale 7.20

Reg. 13.00 Sale 10.40

Save on all styles, from CPO shirt jackets to shaggy to ski jackets. Acrylics, nylons, wool blends and more. Solids and plaids in all the colors she wants. School-age sizes 7-14, Pre-school 3-6x.

Save 20% on all boys' jackets.



Sale 11.15
Reg. 13.98. Pre-school boys' plaid polyester/nylon jacket that reverses to nylon quilt. Machine washable in sizes 3-7.

Sale 13.55
Reg. 16.98. Boys' acrylic plaid batte jacket. Snap front and shirt collar in sizes 8-20.

Save 15% on our bedspreads and drapes.



Sale 8.50
50x63" size
Reg. 10, 'Arlington' drapes are washable rayon/cotton and foam-backed. They come in five toile print colors. Other sizes available. Matching decorator round, reg. \$10. Sale \$8.50.

Sale 18.70
Twin size
Reg. 22, 'Arlington' quilted throw style bedspread is cotton/rayon with polyester filling, cotton backing.
Full size, reg. \$24. Sale 20.40.

Save on girls' nylon coordinates

Sale 2 for \$7
Reg. 3.99 each. Great-looking nylon match-ups crownneck tops in assorted stripes, with flare-leg pants in solids. Sizes 7-12. Nylon match-ups, sizes 4-6x. Reg. 2.99 each.

Sale 2 for \$5

Sale 2.96
24x36" oval
Reg. 3.49. Fringed oval accent rug is sculptured nylon with Dyrone® non-skid rubber backing in seven colors. Model 3430. 27x48", reg. \$ 4.99 Sale 4.66 36x60", reg. 9.99 Sale 8.49 48x70", reg. \$16 Sale 13.60

Sale 7.05
27x45" size
Reg. 8.30. 'Encore' is nylon shag pile. The backing is Dyrone® rubber. Eight 2-color combinations. Model 3680. 30x58" oblong, reg. \$15 Sale 12.75 48x70" oblong, reg. \$26 Sale 22.10

Save on chain saws



Save \$10
Reg. 79.99, Sale 69.99. 14" Double insulated chain saw. Ideal for felling small trees, thinning brush and cutting firewood.

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Old Minds Laden With Gold Mines

By MARTIN PORIES

After decades of life and work experiences, Senior Citizens finally acquire sufficient knowledge and achievement to be regarded as fully competent. How absurd! To discard experience and wisdom, the resources America needs most, is a costly error. It's also a dandy way to kill our elderly, by sentencing them to lives (?) of boredom and frustration. Improve the quality of your community's life; make full use of your Senior Citizens. It's cheap but good!

Uncle Sam, through his ACTION office, has come up with a brilliant idea called RSVP. (Sounds "inviting" already!) Nearly 600 RSVP—Retired Senior Volunteer Program—groups have flowered across-country, almost all in the past year or so. Through RSVP, Senior Citizens tired of shuffle-board (which they never played anyway), can become vitally involved in museums, social agencies, town halls, schools for the retarded and blind, libraries, day care centers—places where their life experience and need for contact with the young is urgently needed and welcome. Equally important, such involvement in community life can mean the end of isolation—for the elderly from the rest of society, for youth from his past. Though members of RSVP

are not paid a salary, their out-of-pocket expenses are covered. Other ACTION organizations, such as the remarkable Foster-Grandparent program, provide stipends for involved Senior Citizens.

Who can tell you what organizations lurk in your community, just waiting to be joined? Your local librarian may know, or call your favorite radio station or newspaper. If none of the above can answer your questions (they should be called for incompetence!) call your State Office on Aging (may have slightly different name), located in the state capital. That bureau can direct you to the nearest ACTION office.

Uncle Sam may want you! If your town has no RSVP program, pull yourself up by your sandals, apply to ACTION for funds, and get a program going. Or, if Watergate has watered down your faith in Uncle, set up a program of your own. Where does your community need the advice and help of its elders? Career counseling in the local college (set up an informal seminar service), teacher assistants in elementary schools (what I would have given for such cities, didn't back then!) wine taster for the children's museum Thanksgiving dinner?

Elders with a flair can take over where youth has begun! In one town, a few Senior Citizens, tired of good prices and hunger pangs, started a food buying

cooperative. While saving themselves cash, they became a sought-after center of the local community. An Old Peoples Yellow Pages is an engaging project that can serve both to unite Senior Citizens of similar interests and to provide the community with a priceless resource book.



HEADQUARTERS FOR ALL YOUR Hunting Supplies

THE SPORTS SHOP IS DOING IT AGAIN! **GIFTS CERTIFICATES** Now On Sale For Christmas

Guns ALL MAKES AND MODELS AT **FANTASTIC SAVINGS** COLT SINGLE ACTION HAND GUNS, 357 MAG. AND 45 LONG CARTRIDGES IN WOODEN DISPLAY CASES. LAYAWAY FOR CHRISTMAS. WE REPAIR GUNS AND FISHING TACKLE WE BUY, SELL, TRADE OR LAYAWAY SEE JIM OR JOE

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The Sports Shop SANFORD PLAZA OPEN TIL 6 P.M., EXCEPT FRIDAY TIL 9 P.M.

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Plenty of excellent rooms - pool, cocktail lounge, restaurant

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Treat them to a delicious lunch or wine, dine, and entertain them at our restaurant or our cocktail lounge

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ENJOY YOUR MEAL AS WELL AS THE LAKE AND POOL SIDE VIEW ON HWY 17-92 South of Sanford Plaza Across from Volkswagon

Lounge 11 A.M.-2 A.M. 7 DAYS A WEEK Restaurant 6 A.M. to 10 P.M.



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AMERICAN EXPRESS-DINERS CLUB-CARTA BLANC-BANKAMERICAN EXXON-PHILLIPS 66-AMERICAN OIL-MASTER CHARGE

Deltona-DeBary Actions

DEBARY — Miss Mary O'Leary has been re-elected president of the American Association of Retired Persons local chapter. Also re-elected were Mrs. Nelson Bastedo, secretary, and Mrs. Christopher Butler, treasurer. Mrs. Charles Ulrich, a former chapter president, was elected vice president. Committee appointments included Osea, Hovick, membership chairman; Steve Murren, parking; Earl Merrill, publicity chairman; Adrian Fredeman, program chairman and Charles Fowler, chapter supplies.

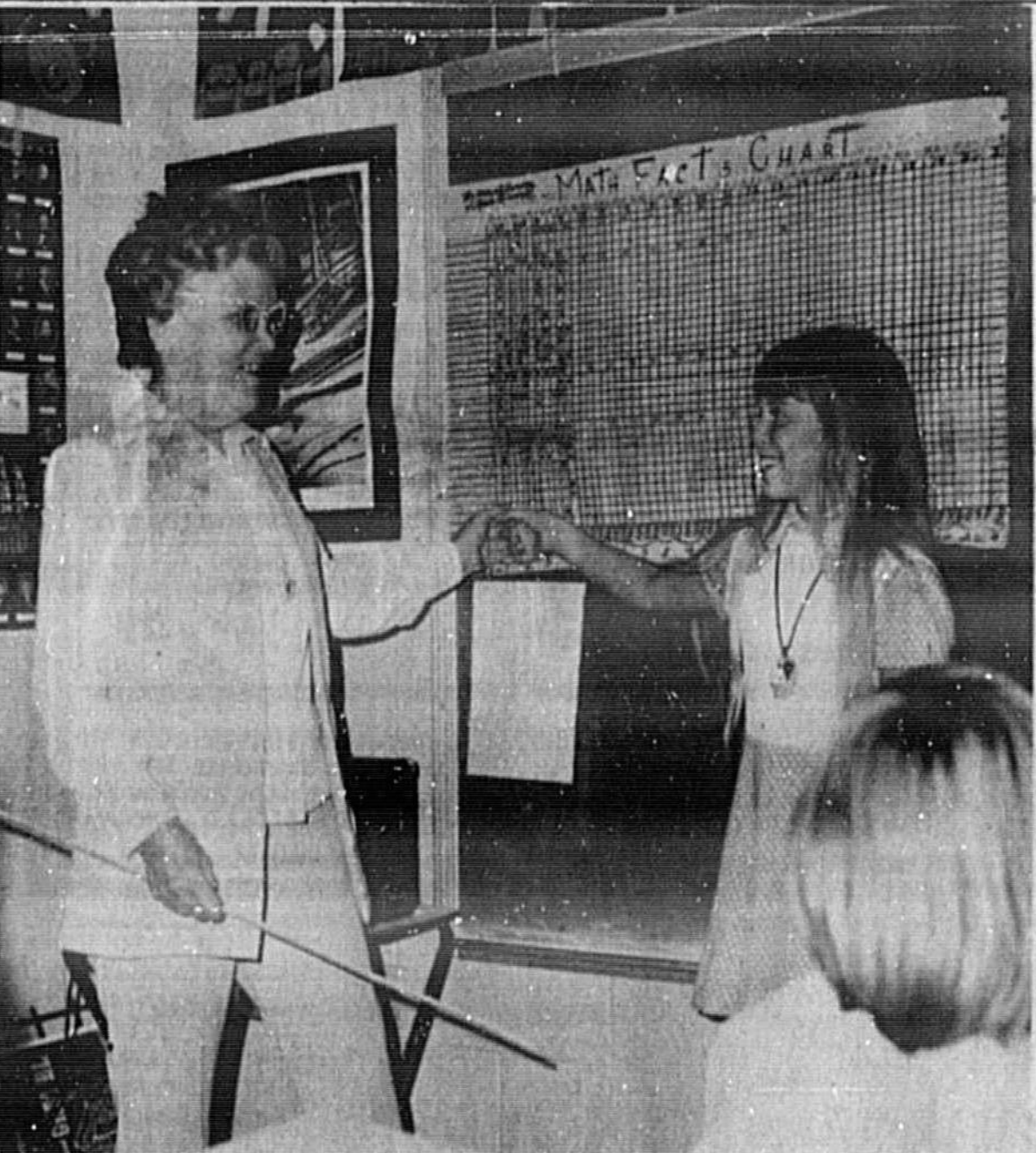
DEBARY — The DeBary-Deltona Chapter of the National Association of Retired Federal Employees held its regular meeting on Oct. 26 in All Saints Episcopal Parish House in Enterprise. Guest speaker was Fred Kollier, proprietor of the Medical Arts Center, whose subject was "Drug Interaction." Irwin Gottlieb, reported on current legislation pending in Congress.

A nominating committee was appointed to draw up a slate of officers to be presented for election in November. Refreshments were served by Mr. and Mrs. Charles Mackling. At the last meeting plans were finalized for the club's annual Christmas banquet to be held at University Inn in Deltona, on Dec. 18 at 6:30 p.m. Guest speaker will be Agent Joseph Kemmer of Florida Extension Agency.

WILD SHORE — Mrs. R. McCoy of the Deltona 4-H Club spoke to the club members asking for volunteer instructors to teach the fundamentals of photography, to the 4-H Club members. It would entail devoting one hour a month per instructor to teach these youngsters in the photography division. Those interested may contact president of the Club.



GUEST SPEAKER AT HI-12 CLUB LUNCHEON (l to r), President Edward Moore welcomes speaker Col. William Hague as program chairman Richard Keay looks on. (Herald Photo by Charles Edwards)



TEACHER OF THE YEAR MRS. LUCILLE Snyder has been named "Teacher of the Year" at English Estates Elementary School by her fellow faculty members. A fourth grade teacher in her 27th year of teaching, Mrs. Snyder is with Janice Nelson, one of her students. (Herald Photo by Elda Nichols)

CHRISTMAS GIFT CHAIRS

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3 Position Vinyl Cover Various Colors

\$49⁹⁵ FREE LAY - AWAY FOR CHRISTMAS

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Clamp on stainless steel Nozzles 2.95	Screen on galvanized only \$1.45	Rugged tent for hunters and campers, built to withstand rough treatment. All items nest into one compact unit, durable duck cover with shoulder strap.
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		OPEN MON. THRU SAT., 8 A.M. - 6 P.M. SANFORD, FLA. PH. 323-5918 819 W. 3rd (NEXT TO B. EDWARDS BLDG., SUPPLIES)

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\$68 ⁰⁰ ea. AR 4	\$65 ⁰⁰ ea. AR 7	\$99 ⁹⁵ ea.

Stereo U.S.A. Will Discount Your System 20%

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SONY SANYO PANASONIC NIKKO YAMAHA CREATIVE BSR SHURE BASF MANCHESTER KOSS JIL DISKWASHER JENSEN COMM WOLLENSAK



BILL BAKER Volkswagen in Sanford recently became one of the 400 dealerships across the nation to carry the Open Road line of mobile homes. Open Road is one of the largest mobile home manufacturers in the country, and offers a choice of 46 different models.

Personal Finance

Camouflaged profits hurt consumer

By Carlton Smith ... it's heartening to learn that there are at least a few effective defenses against inflation. Not if you're merely a consumer, we hasten to add. There isn't a great deal you can do to prevent inflation from gnawing the corners off your dollar bills, when you're on the buying end of an inflationary spiral.

'Go with The DOLPHINS' Fall of 1973. Nov. 17 to 19—Buffalo Bills. Nov. 20 to 22—Dallas Cowboys. (Add \$47 supplement for Dallas.) Dec. 7 to 9—Baltimore Colts. \$180 per person basis 2 in a room.

SUN TRAVEL AGENCY. Authorized Agent For All Airlines And Steamship Lines. No Charge For Our Services. Open Thurs. Nights By Appointment Ph. 323-4650 Sanford.

7.75% Certificate \$5,000 minimum deposit 30-month maturity 6.98% effective yield. FIRST FEDERAL OF SEMINOLE. SANFORD • OVIEDO • LONGWOOD • WINTER PARK • ORANGE CITY • CENTURY PLAZA.

U.S. Economic Insight

NEW YORK (AP) — What follows is a compilation of items that, reflected in a report, may provide some insight into the condition of the American economy. —The fuel shortage didn't erupt in the faces of unsuspecting officials, although it might appear that way. Government and industry researchers saw the problem developing a decade ago, but almost no coordinate effort was made to face it.

END OF MONTH FABRIC CLEARANCE. Double Knits, Nylon Net, Velvet, Fleece, Challis, etc. Prices from \$1.00 to \$2.00 per yard.

Men In Service. SAN DIEGO—Navy Fire Control Technician Third Class James A. Cook, son of Mr. and Mrs. James H. Cook of Route 1, Longwood, returned to his hometown here after a seven-month deployment to the Western Pacific on board the dock landing ship USS Thornaston. While deployed he participated in landing exercises, conducted beach surveys and transported U.S. Marines and their equipment between various parts. Stops in Hong Kong and Manila were among the port visits.

Registry By Stanley. The Oriental subtlety of Registry is perfectly scaled to look important — and to look right — in close quarters. Bamboo motifs, mitered cane, recessed custom hardware and decorative metal caps and finials present a design distinction that's a real asset when a "dining room" is almost always on view.

phil deere FURNITURE, INC. Registry By Stanley. Table - 4 chairs - china (table 42" - extends to 78" china 46" - 160" D. 78" H.) \$888. Come in and see our fine selection of dining room sets including many styles, sizes and prices to fit your needs.

Investing Depends On You

By PAUL MAPES Copy News Service

What do you do if you have somewhere between \$500 and \$50,000 and you want to put it to work? The answer, according to stockbrokers Robert W. Witter of Dean Witter & Co. and Larry R. Davatz of Davis, Skaggs & Co., depends more upon the individual than upon the broker, the market or the amount you have to invest.

Stockbrokers almost never use the term "bet." They prefer to say "invest" and sometimes "risk." Playing the stock market is not really like gambling, says Davatz. Gambling is based upon a fixed set of odds. Investing differs in that knowledge on the part of the investor (and his broker) can tend to tilt the odds in favor of the investor.

While the size of investable sums differs with each investor, the name of the game is making money. Under this goal, the amounts being more numbers, may vary, but the techniques and instruments used remain the same.

The smaller the size of the investor's pot of money, the narrower the fan of cards from which he can draw to play. The name of the game may be profit. But profit is but one side of a coin named risk, Davatz says, and cautions that the name of the other side is loss.

Willingness and ability to risk are the essence of the game also to Witter who believes that people should become investors only after they have provided for the basic security of their families.

Small investors — the person with \$500 to \$1,000 — Davatz points out, have the option of stocks or mutual funds, or a combination of both. And here again the question of the buyer's objectives are critical: How much risk is he willing to take on, how much profit does he want?

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COLD MEDICINE 6 oz. 1.40. 97c. VITAMIN C Tabs 500 MG 100 Tabs. 97c.

PEPTO-BISMOL 8 oz. 68c. ALKA SELTZER 36 Tabs 1.29. 77c. BROMO SELTZER 9 oz. List 2.25. 1.57.

ONE-A-DAY WITH IRON LIST 6.99. 3.97. REG 55c. FLEET ENEMA 12 oz. Tube List 1.50. 99c.

WELLA KOLESTRAL 1.9 oz. Tube. 49c. DISTILLED WATER Gallon. 47c.

TEGRIN MEDICATED SHAMPOO 12 oz. List 1.50. 99c. CORICIDIN 16 Tabs. 77c. GELUSIL 12 oz. Liquid. 1.18.

300 BAYER ASPIRIN TABS 1.97. LISTERINE MOUTH WASH 14 oz. List 1.10. 58c.

Photo Christmas Cards. PHOTO MADE FROM NEGATIVE OR SLIDE. 25 BEAUTIFUL XMAS CARDS IN COLOR. 477. SAVY IT ALL BEAUTIFULLY!

BRECK SHAMPOO 15 oz. — List 2.25. 99c. CLAIROL FINAL NET 99c.

WESTINGHOUSE FLASH CUBES PKG OF 3 CUBES. 68c. CHARMIN 4 ROLL PKG. 39c.

CIGARETTES KING & REG. ALL POPULAR BRANDS. \$3.99. STEP-SAVER Floor Care Formula. Big 48 oz. Size. 1.29.

IVORY LIQUID 32 OZ. SIZE. 69c. LAY-AWAY NOW FOR CHRISTMAS.

POLAROID CAMERAS. POLAROID 420 CAMERA 47.77. SQUARE 2 CAMERA 17.88. LIST 24.95.

PAMPERS Tape Type. 1.58. EXLAX Liquid 18s. Reg. 65c. 47c.

SOMINEX 16 Tabs. 77c. CORICIDIN 12's. 57c. GELUSIL 12 oz. Liquid. 1.18.

MYLANTA-II Liquid 12 oz. 1.97. Photo Christmas Cards. PHOTO MADE FROM NEGATIVE OR SLIDE. 477.

REMGENTON 300 ELEC. RAZOR. 25.88. SCHICK HOT LATHER MACHINE. 12.88. SCHICK PRINCESS RAZOR. 9.97.

Want Ads Are "Buyersfinders" Call Your Friendly Classified Gal

Male Help Wanted, Female Help Wanted, Male-Female Help Wanted. Various job listings and advertisements.

COCA COLA. Delivery salesmen needed for delivery of products to local retailers. Insurance Secretary position.

Business Services. A Directory of Experts Ready To Serve You! Listings for Air Conditioning, Electronic Equipment, Lawn Service, etc.

Aluminum. Pallio covers, carports, screened porches, pool enclosures, repairs.

Home Improvements. DRYWALL-SPRAYING & PAINTING. Home improvements and painting services.

Beauty Care. TOWER'S BEAUTY SALON. Beauty services including manicures, pedicures, etc.

Home Services. Services including plumbing, electrical, and other home repairs.

TO LIST YOUR BUSINESS... DIAL 322-2611 or 831-9993. Classified advertising information.

Stenstrom Realty. Real estate listings and services. Specialized in residential properties.

Mobile Homes Rent. Young man would like another young man to share rent of trailer. Mobile home rental listings.

Apartment Rentals. Various apartment complexes for rent, including 2 and 3 bedroom units.

Apartment Rentals. More apartment listings, focusing on furnished and unfurnished options.

Payton Real Estate. Listings for houses and mobile homes. Real estate services.

Payton Real Estate. Further listings and services provided by the Payton Real Estate office.

Payton Real Estate. Listings for homes and mobile homes in the Payton area.

Payton Real Estate. Final listings and contact information for the Payton Real Estate office.

Stenstrom Realty. Advertisement for Stenstrom Realty featuring a cartoon illustration and text about their services.

Mobile Homes Rent. Advertisement for mobile home rental services, highlighting location and amenities.

Apartment Rentals. Advertisement for apartment rentals, mentioning various features and locations.

Apartment Rentals. Advertisement for apartment rentals, including contact details for the realtor.

Payton Real Estate. Advertisement for Payton Real Estate, showcasing their expertise in real estate.

Payton Real Estate. Advertisement for Payton Real Estate, providing more details on their listings.

Payton Real Estate. Advertisement for Payton Real Estate, detailing their services and contact info.

Payton Real Estate. Advertisement for Payton Real Estate, concluding with their phone number and address.

Sanford Realty. Real estate listings and services. Focus on residential and commercial properties.

Mobile Homes Rent. Advertisement for mobile home rental, emphasizing affordability and location.

Apartment Rentals. Advertisement for apartment rentals, listing various amenities and features.

Apartment Rentals. Advertisement for apartment rentals, including contact information for the realtor.

Payton Real Estate. Advertisement for Payton Real Estate, highlighting their real estate offerings.

Payton Real Estate. Advertisement for Payton Real Estate, providing more details on their services.

Payton Real Estate. Advertisement for Payton Real Estate, detailing their services and contact info.

Payton Real Estate. Advertisement for Payton Real Estate, concluding with their phone number and address.

The BORN LOSER. A cartoon by Art Sansom featuring a character who loses repeatedly.

Stamps Coins. Advertisements for stamps and coins, including collection services.

Building Materials. Advertisements for building materials, lumber, and construction supplies.

Equipment for Rent. Advertisements for various pieces of equipment available for rent.

Horses. Advertisements for horse services, including training and care.

Wanted to Buy. Advertisements for items being sought for purchase.

Subaru GL Coupe. Advertisement for a Subaru GL Coupe, highlighting its features and price.

Brand New 1973 Electra 225's. Advertisement for a 1973 Pontiac Electra 225's, featuring a 25% discount.

ENDICOTT. Advertisement for Endicott, likely a car dealership or related business.

