# Samford Herald 

## NEWS DIGEST

## NWDD

## $\square$ Sports

## Washington leads romp




## $\square$ People

Exercise myths clarified
Don't belteve it when In exerelse terminology. you hear. "No pain. no gain." Barbara
Hughes Gregs. elanarfics several exerctise mylhs IIt her Consum
Bee Pase 3 B

## $\square$ Lelsure

TV, weekend gulde
The week's Ielovision listling. Including a
 Lake Mary inceas.
Bee Leileura Magina

## DTाTe

## Gas price update

Afier our press deadiline yesterday, gas prices
at some local service stallons becan to inch upward agant, coniradicling our s.ary. Prices a
 1081.02 per gallon of regular unlcaded gas.

Unemployed rato lowera
TALLAHASSEE - The Flordia unemploy.
 loday. December ngure ts down from the 7.5
 Il:s atiso the first lime since December 1990 Flortdris unemployment ratc has been lower
than that of the nalton as a whole. wald economis Rebercca Reast or the atate Department or Labor and Employment Sceurtity. today was 7.3 percent:
Ms. Rust suld the unemployment ngure to anothine Indication thai Florida is gradually
pulling out or fis rececsasion Pulling out of the re Improvements.". she suld. ". For tors are ahowing
 economy has begun to recover.
The 8.8 percent rate tranalates into 449,000 unemployed people who could work, down from
488.000 in November

## Hot line number announced

LAKE MARY - CHy Manager John Lllton

 Rocketll durng his succeasful polilical cam.
palgn. He wanled e phone apecifically dedicalted in reciving complainls, suggections or com-
mientis from restants and bualinces owneri
 Calla recerved will be noted in a writen report.
and forourded to Liltion or necectary depart
 would have Mr. Litton supply the member oil
the commasulon with a montaly $\ddagger$ Int of the calia and whatever actlon was taken." Rockell had
commented when he announced the move during a December meeting.
The phone mumber and an explanatlon or the
type of calls wanied, will be exnt to all readdents type of calls wanied, will bo ment to all readdents
and bumbesen in next month's water bille, as well as publilehed tn the clity new letter.
D.T?


Cloudy conditions linger


Hermeromouthor, ceopeypen
Variabie cloudiness
with a 70 perent chance of showera and thunderntorms.
High near Bo. Wind mouth 15 to 20 mph .

## Teacher found guilty

Jury: Former Sanford dance instructor molested boy

Dyaromal DUNCA Horald Stafl Writer
SANFORD - A former Instructor at a Sanford dance echool was found gullty Thureday by a Seminole County Jury of lewd and lascivious Prosecutors clatmed Manuel
committed the assault on an 11 -year-old boy who State Attomey Michelle Heller.
was in one of his classes at the School of Dance
Both Heller end Defense Atto Arsa in one of his classes at the School of Dance Both Heiler and Defense Attomey Claude Van
Hook acknowled The jury took approximately four-and-a hall. Hook acknowledged that Alicea hid become a
hours to arrive at the verdict. Judge oo hours to arrive at the verdict. Judge O. H. Eaton brother, who aloo wain a ntudent at the atudio. ordered a pre-sentence investigation before he At one time Alicea wat wellilliked by the boys

sentences illica. | Allicea now faces stmilar charges in Volusla. mother who often Invita |
| :--- |
| Pasco and Orange County, according to Asslatani |

\section*{Prison for youth pastor convicted of molesting girl <br> y ercian pumcan

Herald Staff Writer
SANFORD - George Wayne Clyatt. the youth pastor convicted monte Springe teen-ager, was sen tenced to 27 yeari in priso Thuraday by Judge Alan Dickey. The eentence was applauded by Asontant State Attorncy Steway
Stone. who had prosecuted Clyatt.
"It was a good mentence. a proper sentence. It was the longent Judge
Dickey Dickey could have given and ahou Clyatt dewerved the 27 yeas, matstant state attorncy mald. The victim was a member of Clyatt' congregation when the in member of a church youth group

## stayed at Clyatt's home overnight in preparatlon for a candy sale the

## stayed at Clyatt's home overnight in preparatlon for a candy sale the

 preparatlon for a candy sale thenext day Clyatt molested her during the entight, hene testified.
Clyatt denied the charges, sayin the woman had made the story up. However, Stone produced a asec. ond woman who told jurora that was a member of a Holly Hillis whurch where clyatt had previously worked. She told jurors the had not
gone to police because church gone to police because chureh
ofictals persuaded her not to. Clyatt's defense attorney had tried to get the mecond woman barred from tentifylng but his mo
toon was overruled by Judge Dickey. Hon was overruled by Judge Dickey. but the recond in November pro-
duced the gullty verdict. Jurora were out only about four brour before bringing tin the gullty verdict.

No ball for murdor suapoef


Merte Cofleid, the farmworker accused of atrbbing Mr. C'e owner L Toh Vu In 18ee, was ordered held without bell by eminole county
Clreul! Judge Don martiestone Thurriay in a juilhouse hewing.

## All shoot up for 20 conts



They're here! Elvis stamps cause a flurry of interest

Ey Vopisipeceminein<br>sande on one of the lone-awalted etempe that<br>handin on one of the long-awalted etampe that Horald stafl Writer is

They love him tender. At 29 centa each. While the atamp wae Fold by the thounande
at Oraceland at midnight. tocals had to walt aceo Pivele, Peige $\mathbf{B A}$ for the Juat-released Eivis atamp at local post officen for reveral months.
This noon philitellati and rock $n^{\prime}$ roll
thantics allke were able to finally get thetr

Rolated Ealitorial, Fage 4A

## Parade plans disappointing

SANFORD - The Rev. Harty Rucker mald that if the rtate and the Sanford Martin Luther Kin
Celebratlon seering committee had him before all his plans were made, he would have glady comblned hitc paracte with he the tite 's.
While the alate will having a parade o Salurday. Jan. 18, which slarte at clly hall snakes through downtown and ends at the
Sanford Clvic Center, Rucker has organized hir Sanford Civle Center. Rucker has organized hi
traditional parade for Monday, Jan. 18. Rucker cald the parade that he ts orgenizing which he has done annually for many yean, widi begin tn the black communily and move toward
cily hall before culminaling in a rally at Ft Mellon Park.
"Clvil rights marches always atarted in the Rucker mald. Cen Farede, Fage 3 A

## Lake Mary adds more changes to sign ordinance

## Borald Btail Writer

LAKE MARY - Lake Mary buinem ownen the city will make them change the walgne they ue oadverise: Bee Aldas, Page SA

## Lunch

break
Junlor Kelly Hurst iakea
edvantage of a cozy bench in
the sun during her lunch break the sun during her lunch break a Lake Mary High school. A
shor sleata after her manl eaves her ravilalized for af. termoon clauses

Prockiontio con's hemo burinitied
 The thent Who






Rancher plocis no comper to change:






oropich - Ta

 wontwatw momsingetuct




 $4 \mathrm{~m} x+\mathrm{m}$

 $x+1$ Tom $\min x+x+x+x$
 rix $x+x^{2}-x+m$
 $x^{2}=1+x+x+x$






NEWS FROM THE REGION AND ACROSS THE STATE


State proposing ss00 million in cuts before new taxes

Rocing ThLLAHABact - Before they conith





 ary
The cut woul oome in extring gite pro cut mqua come in extiong ate



We can po ponger heve rovermentes
cay inver, Budet Droctor, Davia coburm



 Whet int on wat wo and 16

senate prisicent Ander Crentiem, R

Th mine net wougtion wuid be io na


## Woman slain after filling a complaint <br> .


W. Whitwha luoch, whooping cranes roturn 2. TH? WB ATHER

## 




Mon chuyod with aiticupiod murion A sanford man wie chavied with attempted murder atter
 chortd with rectije ditive. Etmitial, mechikf, we of a


 Pecan Avenue dhorty bedore 4 n.m. Wednecidy. Whinemees

 Weman reperts being ohoked, robese Three people, including a 16 -yearold gan, were arrewed by The woman reported the was riding with the other tires 17.82 when the pawenger beeside her bequan to choike thet end

 Charged with robbery weo Kevin D. Herdy, 23, Orindo.
 seminote County Juventie Detention Center.

## Acgrvaled batticry

 morninge, preanent artatend reportod be aboved her tinto a

## Rotall thoft charged

Phallup conby, 37 . 3711 wowhengon se, sanford, wae A conventence tuoren detes reported cooby len without payins alrifiond repertio batticy
Avin R. Henderion, 32, sos Pallmetto Ave., Lonquod, whe nifhenderion'e artifiend reported be atruck her eye wath the Weman eays man puncted ther
 County deputice Wedneed ay nutht, sirumbelioe drifiriend
reported he pulled her halr and punched and

## Alleated for auspended lloence

The following people have boen arrente on drtving with
 Wartuit ancestemado
The follominy minted person have been thenen into culcedy: arreted at the home Wotnectay bo sanford pollce. Wilion ham been cheryed with probetion volttione for a burhany and


 Wedinencod with a watint at the seminole county leili


Cilmes reperted to autheritios
The following crimes have been reported to seminole County

 The to tiv vilue of the mboling tieme vere che 1000 bock oove weot reportidthen from, reuldence to the
 Am. AriG:42 p.m.



## State Supreme Court orders resentencing

## minn

## Sanford cops' drug sting: Several busted



PEARL RIVER, La, - When
 clifr while vecattoning in 1900 .
his fritend Benny ind Tammy
Militen helped puil his ump. milugan helped pull ho ump.
broken bodyo out or the cham.
and race him by car to a hoppltal. And then they dit one more
thing they regrided men met or
compaselon - Eomeliting the. comp asalon - Eild eomething the.
soverment
end sovernment sala was iciua. pure
and simple.
Militern switched identues Militran switched doentuce:
with
inable $h i m e n$ at
 insurance benenta, Mcitiveen.
who worked for a pantry con. who worked for a penting con.
tractor, had no medicel Ineur. $\begin{aligned} & \text { race. } \\ & \text { and } \\ & \text { ren } \\ & \text { hen } \\ & \text { byed }\end{aligned}$

 the U.S. govermment, $w$ weving
four monthen, Tour monthe under hoverearres.
Her 31.-earod hurband, who
wher centenced to nine manth
 behind bant and mativen
who got a even-month ter
were were to report to pribon today.
murdered conmed tury tike murdered comebody thecend of
millin comebodyy IIfe. Miling nomebody milye: Mr. telephone interview.
advomiltes USA.
ramiles UsA. a Weahingion avocacy eroup. planned a de-
mionatratlon outolde the

 Federal Medical center
Canville necar Baton RRuse.
To me. Benny and Tumm "To me, Benny and Tamm
are heroct, nol criminate"
Ron
 or Famillen USA. "The real crime
is a henth care yvem that
forces good people tive Benny forct ramed peopple tive beenny
and timit the tind of morn dilemma. They, hed to Eherrown fulure, the U.S. at. torney in Nochiville. rejected
chame that the thre: cifliy puniahed, the were un. ment of the United stices viluwed
this as health care fruid. The mill, mina and Mcliveen were vactuoning to ectiver in Tennct the Natche: Tricen With
another another couple. the miulyan "We thousht he whe dylne".
 lipe were bly
On the way to the hopputa, the Other couplo what, they coobibe
 "We were scried and Benny del wwich
wild.
Milligan had Incurance Throush his employer. the Maveliacop.
Wid wectiveen. mowe cone In." his back in 10 piaces. He underwent nive hoin of wry




Ft. Mollon swinge
Ft. Mollon swings



## Editorials/Opinions



Dead and gone for 15 years (though some whuld awear it ten't sol. The King can stili as a quiver of the hip. He's doing it now with Juth his face - on a stamp.
Like a box omee tormed by ticket-hungry
ans, the U.S. Pootal Service has been fooded with advance orders for the commemorative Elys Preiley stamp, scheduled to appear
today. the s8th anniversary of the rock
leiend's birth legend One birth.
One enthual
 Sanford and Lake Mary post orfice
employees report tremendous interest from callen whom they expect will show up and buy bigtoday.
inina lof from the posial service stands so much as 820 willt an from sales of Elvis paraphernalia that will accompany the three-month stamp
ofinte, And while it may $t$ lens than deurable to watch our poot offices temporar. Iy transormed into curlo
They can use the money. declde whether to neet demand by tesuling more than the 300 expects to enerate 813 million through Elvis thmp retention (that s.s. stamps bought bu never ueed) in the fint printing, it would to the lemet the poat offer could do for a guy


Do we have to take it? The how few wots you uded to be a polltician anmern, into you farpred the peoploc Nom the hy wound hobe cocpled., yua line the

 recpe yemot
ror your
 Nor nower phate ory Tyyor or the Eentinel

 moundil aif propes.
For necomen who may not know about the

 Why coultit survive. Diditors hour pet the worle

 apentrental developments were ners and Nevery 1 look beck and wo.
wived. I have ofen wondered whot how we
 Civenting of nome, the notentef from the dirme wil
 Thi the the onort is directly to the midale of a

 His refreoblane to read in some of the papers the
 pepoio have proven that the atybue doemp
 mitity bourd of che atron the director and ute Whowy board of tho alt Por have never ecrestued teycoor pulve ard miling to make adjumenta. yourche often - polule coollt dorothy Mcréyniole ps. We ade priconen in our cars. We are When in our bomes and evenythat Comitructive
 our Curers ve core - emply concocery.


## CHUCK STONE

## Bill Clinton's seconds and thirds

















## ROBERT WAGMAN

Rosty may be charged in scam


##  Sceele calle it "the new sovereignty". These groupe have not earned a mertocratic entitic. ment to poatton of power. He contende the the

 ment to ponttonn of power. He contends that thegovernment conferred these positions on them
ex cathedra. Exathedra. Amertcan democracy - our enure,


 protecting Inbor unlond right to organize. giving
pectal consideritons for war veterains and apecinal considertions for war veterans and
guaranteeng civil and political rights for
minortice. In 1893 , for the firt tme, a prendent doenn't covereignty" to hold his Cablnet together. Ande thatio what really threatens the Georse Wille the
Arthur Schleangern, the Pat Buchanans and the
New
 Two hundred and ave years after the arst



Ccamparesiail cilinton hac ceasy.


## JACK ANDERSON

Rookie senator's lessons in the club
㫦


 ront of the thinge
younve done
want you .1 k know
when andro
intition
int



 emember this. The mlighlect aak trec anrund. out as a mudte nut that held tio


 atyle- he once referred to sen. Jeance helm.
 Sotom aite pro uecd hec ivenam Memorieal

 Pponvored a trade bul with helme Wellitone ued to me wrenter." veteran Seente Democritic matrier, Ithink ane Hreuler unden tande leversect and polntel

 ackerrund iayrat for hhe Eenate." he rald


The new member or the U.S. sematc could

 verymethat Hecy member hould know, but If you rock the boat
 how controverieitil ther tocanit oven rallize

 winning repect.
Wellizone reco
Wclibere rcounte a converation hh had
 ctrosetin commented that ehe had ben



## Support for theory that universe began with bang

| By Acecoloted friees |
| :---: |
| PHOEN1K a atellite are giving atrong new support for the theory that the uilverse began some 15 |
|  |  |
|  |  |
|  |
|  |
| ground Explorer, or COBE, atellite of remnant enerty ten from the ble band are glving reaulte |
|  |  |
|  |
| Mather, a National Aeronautica and Space |
|  |  |
|  |

day. This was the toughent tent yet of the theory,"
Mather sald at a newa conerence at a natonal
meeting of the American Aetronomical Soclety. meeting or the American Actr.
The big bang is stila winner.
First proposed in the 1920, the big bang
theory states hat all matter in the unverre was
once compressed into an exceedingly small center that exploded sending energy and
particles outward in all drectons. At the moment
of the explosion, temperatures would have been particles outward in all directions. At the moment
of the explosion, temperatures would have been
trillions and trillions or degrees and have been cooling ever stnce.
Ir the theory to correct. astronomers expected
temperatures Just fractionally above abeolute
zero to be evenly distributed throughout the zero to be evenly distributed throughout the
univerae in an afterglow of the exploslon. Mather sald a COBE instrument called the Far
Infrared Abolute Spectrophotometer has now ackross he full sky and ham determined that the
primordial temperatures are amoothly distribprimordial temperatures are smoothly diftrib-
uted. He sald the uniform temperature left from

##  <br> 

- or about minus 458.9 degrees F
same in all directions of the univerie, Mather sald, that shows thad to come from one source. we have., he bald.

 for the theory that hie uiliverree began some billion years ago with a big bang
























## Leqal Notices

## 2rixician

## Leeal Notices




## Ma Mr M1 cht



## 

MBlar

LOCALLY
Lake Mary frosh win

Umpire clinic planned

Seminole PONY registration

Seminole Softball registration

WHAT'S HAPPENING
TODAY
Boys' Basketball

615 pm with vatsty to tollow
DoLand at Ovecto
Girls' Basketball
wake Mary al Euslis
Boys' Soccer
5 Lake Howell al Lake Mary
Girls' Soccer
Wrestling
Flagier. Palm Coast al Lake Mar
ant $630 \mathrm{p} . \mathrm{m}$ wit vassily to tollo
SATURDAY
JUCO Men's Basketball
Boys' Basketball
Rockledge al Lake Mary
Girls' Basketball
Lyman al Mainland Jutrior v
will varsl| tollow
Lake Brantley al or. Phillips
Girls' Soccer
Seminole al Flagler. Palm Coast
Lake Mary at Tampa Leto noon
With varsity in tollow
Daytona Beach.Seabreexe at Lako Brantley
Uunovarsity at noon will varsity to follow. Junnot varsily at noon with varsity lo follow.
Lake Howoll at West Orange Junior varsily a

## Wrestling

Seminole at kissinnce-Gateway
Lake Branlloy, St. Cloud. Titusvile at Lymian Dellona al Lake Howell Junior varsily at a


## Hockey

Complete listinge on Page 2 B

## Waking sleeping giants

Washington 'wakes up,' leads Seminole romp



Walraven helps
'Noles register
first home win

Clayton delivers for Rams once more
from samtanaerent


## Greyhounds begin new streak

|  School hirls' succer team pleked up where it left ofl. blanktog Semmole 3-0 Thursday night in a Stmanole Athete Conference match <br> L.ymanh. Whith losi to Daytoma beach Seabreeze 3.I in overtme th the finals of the Burger King Classic on Deec. 22. Liproves to 11.1 . 6.0 in the SAC. Sembente draps if <br> 7.6-1, 1.5 in the comirenere. <br> It was a good elfort all the way aromond." satd lyman coneh Gary Barney, "We were a little short on the linsting end. but then we dedn't work on that very |
| :---: |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |



Fall champion falls, first- timers notch first win


## STATS \& STANDINGS



## People




## Religion

## IN BRIEF

## Spipinny Pceamit anwounoed

 SiNrorid - Holy Croes Eptrcoppl Church. 401 8. Park Ave arith Hall to present the story of the bith of Jepue ind the
## Eester play in the wertus

EANropd - Eanford Wortahop Community Chotr wur

 Pror mon tone information con

## Shothoed cots moxi muotion

8iterhood of Temple 8halom of Dellona wiul meet at 10 am



## Percite end rally planned

 peparing for tio Annual Mrita Luther Eung. Jr., Parrode and All bando. ctvic
All bende divic grouph, schoola, triterniliee, eorortlee

Prop tutiono hive begunto mathe the the beed ever.
Emov to be featured eqpecker
Lovowood - Coorginn bapov mill minieter Wednesiay 7 p.m. at Wolkiva Amembly of Cod. 1675 Dxion Re.


## Balleativo In concen

Aagato Ballectero, a bocl muvictal, will perform at Cuvary

 Wiribtions cetred to hdolp with Invecalion: All seminole County Mintacery avallible to dive the



## Reco Hill bo doing ereat thinge





 nouphto fied af hiliy of four for awoek Root Hill hetas aher churchies ta the wren to roech out to The Rev. C.

## Kcep us informed

The Sanfond Hercld welcomes Religion news and announce
mentis ofventanaitele to the communtity. ments oc criatu avain ble to the communtyy
 name an do dive prene number of Aply and who cts bo

## Countywide prayer breakfast planned






## Oviedo Ministerial Allance sets MLK events

 Smbin


 we go from here? Learn th. Live


 hambury bin coin intinh dece.;

 enter eupe bion thetrition by




 Oratine Commity Marich and
Observance Eervice on Monday.

 Oviedo, Worihlp eervice to
commemorate the late Dr. commemorate the inte D. Dit



Praico Quartos in concert
The Prole quartet from Pansccola chilitian

behind Fica World. The quartet is one of oight tavilling oroupa. rop quarnot is one of oloht
during the month of Jenueng the ocolop will hold during the month of Jesuery. They will hold
envices in meariy 400 churches throughout tho
month.

## SEMINOLE COUNTY AREA CHURCH DIRECTORY

|  |  |
| :---: | :---: |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
| Pax $x^{2}$ |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |






为
friny 1




| Legal Notices | Legal Notices |
| :---: | :---: |
| mmictuyrown |  |
|  | ${ }^{2}$ |
|  | cieram |
| aramexe | \%umbiation |
|  |  |
|  |  |
|  | \% |
| 7\% | max mixam |
|  | matatutis |
| is. |  |
|  |  |
| cantiturn | \%fatmomman |
|  | 10xisuly |
|  | mithendur |
|  | 20xay |
|  | \% |
| : | 20matict |
|  | ctrete |
|  |  |
|  | = |
|  | 4 |
|  | aris maum |
| Hicim | 4 |
| - | 5 |
|  | - $-2-1$ |
|  |  |
| an | culurtar |
| mintem | - |
|  | Hx cricm |
|  |  |
| amillum |  |
| 1 | Nomem |
| T | ter |
|  | $\pm$ |
|  | - |
| N, |  |
| , | ratr |
|  |  |
|  |  |
|  |  |
|  |  |
| Th |  |
| +10 |  |
| H2 |  |
| -r |  |
| Tr |  |
| S |  |
| mater | rexat |
| $=\mathrm{x}$ |  |
| matim |  |
| maxyex | $\mathrm{H}_{\mathrm{H}}$ |
| L | Lter |
|  |  |
|  |  |
|  |  |
| . |  |
|  |  |
|  |  |
| 2rem |  |
| 30x |  |
| matrm |  |
| L |  |
|  |  |
|  |  |
|  |  |
| L |  |
| - |  |
|  |  |

## 






| TV Brlar | ang sleep |
| :---: | :---: |
| LOCALLY | Washington 'wakes up,' leads Seminole romp |
| Lake Mary trosh win | Monemen |
|  | Sixtm |
| e clini |  |
|  | 2may ${ }^{2}$ |
|  |  |
| Ponv registra |  |
|  |  |
|  |  |
|  |  |
|  | Walraven helps Clayton |
|  | 'Noles register delivers |
| Seminole Sottrall registration | first home win $5: \quad \begin{aligned} & \text { for Rams } \\ & \text { once more }\end{aligned}$ |
|  |  |
|  | \% |
| HAT'S HAPPENING |  |
| todar | \% ${ }^{\text {a }}$ |
| Boys | \% |
|  | mes' |
| ,omata amem |  |
| Girs' Rasketbal | (2) |
|  |  |
| Boys Soceet |  |
| Girls Socer |  |
| ,mman minivemex |  |
|  | Greyhounds begin new streak |
| saturdar |  |
| Juco mer's Rasketalal |  |
| Boys' Basketbal | 边 |
| , mamemem |  |
| Girss |  |
|  | m |
| Girls Soceer |  |
|  |  |

Lake Mary al Tampa-Leto noon
Winter Park al Lyman J
Daytona Beach. Seabreeze at Lake Branlley
Lake Howell at West Orange Juntor varsily at
Wrestling
Sominole al K15silluwe Galeway Touthament
Lake Brantley. St. Cloud, Titusville at Lyman
horvarsty at do a min with varsmy 10 drinow
Dellona at Lake Howell

hockey

Complato llatings on Page 2B
-

|  |  | 霛 | ait |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |
| 차는 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  | + | $\pm$ |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| $=\geq$ |  |  |  |  |  |  |
| $=1$ |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
| V-w |  |  |  |  |  |  |
| $\underline{y}$ |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
| $\underline{E}$ |  |  |  |  |  |  |
| $=$ |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| $=$ |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
| - |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

## People

## IN BRIEF

## 'Taste of sanford' foaturis door prizes

 BANFors - A Tate of senford" will not only be a The event ron onored by by the santore every haur. Club. will be


## 8H8 1973 class to plan reunion





## Merchant Marines, Cuard to mee

SANFORD - U.S. Merchent Mrine vecterna, Worta War i. and U.S. Nary Amed dumer, wW. is will meer Sunday. Jan. 10


## Woodmon of World meots Monday

SANForD - Lodge No. 623 ot hhe Woodmen or he World



## sanford Rotarians to meot

Rotery Club of Santord mects every Monday at noon, at the
Artista 10 meol at conter
The Senford seminote Ar. Anochaton meeta une econd

## Nureos meol monthly

The Luensed Pracucal Numes Amocieltion of Forita, Inc. Kilervey Beptise Church

Proud nurse educates clods about her work
 year. pleare remind your pent whe merning to wetc 1 cent count we unive Iv hine crimot chery of cour cromm In b begtrend of allerge to all 0 cut tiown on my diet. lito not cmay to enfoy atit the parily docoration the toan and vipition ta mentio. Your armainepprectele mai Hils Ocoi reminder
 to rover hitheriorie domerritan Worturent of thult and berrite Abe very much apprecinted. mon unfer to encourge drain




## Common exercise myths

No pain, no gain not necessary for average person

|  |  |  | thanid be met by yoreaung te mount of |
| :---: | :---: | :---: | :---: |
| rem | 5 |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  | , |  |  |
|  | Stiche |  |  |
|  |  |  |  |
|  | mew womm min lor |  |  |
|  | Afriation titur |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

Pot-smoking son needs boundaries set by mother



## LET US REPLENISH THE SEED OF FAITH THROUCH Regular church ittendance $h$ hin



## Religion

## IN BRIEF

## Epiphany Pegumit antiounced




## Esater play in the worke

sanrord - - sanlord Wortahop communty Chotr will


 Hatemcod ecta noxt meating
8iwecthod or Temple 8halom or Dellonn will meer at 10 a.m.
 Pricay foom 10 to 11 a.m. They are of
sanrord - rua shloh Mimonery Baptat Church




anov to be fentured epeaker
LONowoop - Ooorgate Banor will minteer Wedneday al 7 p.m. at Welvive Aembly of cood 1078 Dixon Rd.
 7740077 .
Bellestero In concent
Angeto Balleterero. a iocul muecent. wul perform at Calvar
 arry me." And "A the Deorr. Cilver Apembly b hocted off 14 betiven ?
Minilaters recked to holp with Invocations
All seminole County Manineren avalitble to dive the


Roso Hill is dolng great minge









## Kcep us informed

The sanford Hervid yelcomed Revicion newis and announce.




## Countywide prayer breakfast planned







## Oviedo Ministerial Alliance sets MLK events

 nun Drita miun wither King


 Ti. Thechtit.



 demonastulione by the orieso








 the march site to the church for Larty miller, planning commill. retary at soc-4008.





Pralcs Quartef in concort
The Prate Quartot from Ponscacola Chriatien
Coliceo will prosent a proorem of insopirtional


Sonind Fiee Worte Tre quertit



## SEMINOLE COUNTY AREA CHURCH DIRECTORY




## 늘

N-

72



-ximatirn mumo comoter





min

oin tioncmione

Hery

He




