



Pet of the Week

Sam is a one-year-old beagle mix. He is very friendly and a good family dog. To adopt Sam, call the Humane Society of Seminole County at 323-8665.

Clinton names Telson as the CFO for Department Of Energy

Special to the Herald

President Clinton announced his intent to nominate Michael L. Telson to serve as the Chief Financial Officer for the Department of Energy.

Michael Telson, of Miami Beach, Florida, is currently the Special Assistant to the Deputy Secretary at the Department of Energy, where he is responsible for science, budget, and energy issues. From 1974 to 1995 he served as Senior Analyst for the Committee on the Budget of the United States House of Representatives, where he advised the Committee on energy, science, and space programs in the Federal budget, as well as, on FCC spectrum auction issues. Dr. Telson also has served as the staff economist for the House of Representatives Ad Hoc Committee on Energy, and as staff coordinator of the Speaker of the House of Representatives' Task Force on Energy. From 1980 to 1984, he served on the governing Council of the International Association for Energy Economics (IAEE). Dr. Telson served one year, 1973 to 1974, as a Congressional Fellow of the American Association for the Advancement of Science (AAAS) with the U. S. Senate Committee on Interior and Insular Affairs. Dr. Telson received B.S., M.S., E.E., and Ph. D. degrees in electrical engineering from the Massachusetts Institute of Technology, and an M.S. degree in industrial management from the MIT Sloan School of Management. He was a Hertz Fellow throughout his graduate studies, and is a member of the Sigma Xi, Tau Beta Pi, and Eta Kappa Nu scientific and engineering honorary societies.

The Chief Financial Officer (CFO) for the Department of Energy reports directly to the Secretary regarding financial matters. The CFO oversees all financial management activities relating to the programs and operation of the Department of Energy and maintains an integrated agency accounting and financial management system.

WEATHER

LOCAL

Today: Skies will be partly cloudy with a 50 percent chance of scattered afternoon and evening showers and thunderstorms. Highs in the upper 80s and low 90s. Lows tonight in the 70s. Wednesday: Scattered thundershowers. Highs in the low-90s. Thursday: Scattered thunderstorms. Highs in the low-90s, lows in the mid-70s. Friday: P.M. showers. Highs in the low 90s. Lows in the mid-70s.

MIAMI - Florida 24 hour temperatures and rainfall at 8 a.m. today:

City	H	L	Rain
Apalachicola	80	75	.50
Daytona Bch	88	74	.25
Fl. Land	88	78	.02
Fort Myers	88	78	1.25
Gainesville	88	78	.00
Jacksonville	88	74	.00
Key West	80	80	.17
Miami	88	77	.02
Penacola	90	74	.00
Sarasota	91	74	.00
Tallahassee	92	72	.00
Tampa	91	74	1.23
W. Palm Bch	89	76	.10

STATISTICS

The high temperature in Sanford Monday was 94 degrees and the overnight low was 73 as reported by the University of Florida Agricultural Research and Education Center, Celery Avenue. Recorded rainfall for the period ending at 10 a.m., Friday totaled 2.02 inches. •Sunrise.....6:53 a.m. •Sunset.....8:07 p.m.

SUN INDEX

The Ultra Violet Index (UVI) rating for the Orlando area is 8. The UVI levels are rated by the Environmental Protection Agency.

TUESDAY:
SOLAR TABLE: min., 12:45 a.m., maj. 6:35 a.m., min., 1:10 a.m., 7:00 p.m.
TIDES: Daytona Beach: low: 8:46 a.m., 9:44 p.m., high: 2:26 a.m., 3:10 p.m. New Smyrna Beach: low: 8:51 a.m., 9:49 p.m., high: 2:31 p.m., 3:15 p.m. Cocoa Beach: low: 9:06 a.m., 10:04 p.m., high: 2:46 p.m., 3:30 p.m.

Daytona Beach & New Smyrna Beach: Waves are 1 to 2 feet with a light chop. Water temperature of 85 degrees. Winds from the south at 5-10 m.p.h.

DeMille never made a movie in Tontitown

Cool B. DeMille and Christy Mathewson were both born on Aug. 12. One made incredible movies, the other was an incredible baseball pitcher. DeMille made more than 70 major films, Mathewson won 372 major-league games.

Film pioneer DeMille was born on Aug. 12, 1881 at Ashfield, Mass. and died Jan. 21, 1959 in Hollywood, Calif. He was known for the big production films like the Ten Commandments and the Greatest Show on Earth.

Mathewson won 372 games, losing 188. He pitched three complete games in the 1905 World Series without allowing a run. He was one of first players to be named to the Hall of Fame. He was born in 1880 in Factoryville, Pa.

Birthday wishes

Birthday parties today include actor John Derek (71), singer Porter Wagoner (67) and actor George Hamilton (58). DeeDee White is 55 but you would never know it. Actress Jayne Wyatt is 84. Tennis player Pete Sampras is 26. Singer Kid Creole is 47. Rock singer Mark Knopfler (Dire Straits) is 48. Singer Buck Owens is 68.

Good gracious grapes

Ever been to Tontitown, Ark.? Today is the day to go, the opening of the great Tontitown Grape Festival. Tontitowners have been doing their great grape thing for 99 years. More than 25,000 are expected to come to Tontitown this week. There's a carnival and 6,000 of homemade pasta.



Today is... **RUSS WHITE**

How can Bill Clinton miss it? DeMille probably would have loved this place.

Cantinflas Day

Cantinflas, Mexico's most famous comic actor (we have no idea if there is a second or third most famous Mexican actor) was born today at Mexico City in 1911. His real name was Mario Marina Reyes. He got his start in Mexico City carpas, the equivalent of vaudeville. How can anyone forget his role in Around the World in 80 Days? Cantinflas died in 1993. He probably never went to Tontitown.

Tomorrow's a doozy

As exciting as Aug. 12 may seem to be, Aug. 13 is even better. In this space tomorrow read all about Alfred Hitchcock, Annie Oakley, Don Ho and Fidel Castro. Castro will be 70 years old. He'll celebrate by smoking 25 cigars and making a call to the mayor of Tontitown, Ark. Don Ho will sing "Tiny Bubbles" until he gets blue in the face on his 67th birthday. Tomorrow is also Left-handers Day. Remember your favorite lefty.

Today is the 224th of the year. There are 141 days remaining. Nowhere in the world is there excitement as there is in Tontitown, Ark.



Vintage view

This picture was recently received from Judy Thomas of Fullerton, Calif. She would like to know the married name of the lady on the right who lived in Sanford, circa 1927-38. Details given to me are sketchy, but the lady's maiden name was Clemenine (Clemmie) St. Pierre (St. Peter). She would have been about 70 years old in the picture, which was taken December 1937. She had a daughter, but I wasn't given her name if it was known. The lady pictured on the left is believed to be Mrs. J.N. Whitner, author of The Tale of a Mosquito and mother of Alice W. McCaslin, Lucy W. Moughton and Annie Hutchinson. If you can identify "Clemmie" and give any recollection of her, please contact Grace Marie Stinecpher.

Weather service plans to close southern region HQ
Graham, Mack urge commerce department to abandon proposal

Special to the Herald

WASHINGTON-In early April, U. S. Senators Bob Graham (D-FL), Connie Mack (R-FL), Kay Bailey Hutchinson (R-TX), Congressman Clay Shaw (R-FL), and a bipartisan coalition of legislators asked the General Accounting Office (GAO) if the National Weather Service was justified in their attempt to eliminate the Southern Regional Headquarters Office. The answer, according to a GAO report issued this week, is a resounding no.

In order to achieve budget savings in Fiscal Year 1997, the National Weather Service (NWS) had proposed consolidating its four regional headquarters in the continental United States--currently located in Fort Worth (Southern), New York (Eastern), Kansas City (Central) and Salt Lake City (Western)--into three. This action would transfer oversight of Florida, Alabama, and Georgia--three states at great risk of violent tropical weather--to the Eastern Headquarters, which is already responsible for the Carolinas, mid-

Atlantic coast, New England, and part of the Great Lakes region.

A detailed GAO risk analysis--which the NWS failed to conduct before announcing its consolidation plan--indicates that closing the Southern Headquarters would actually result in nearly \$700,000 in additional costs for FY1997 rather than reducing expenditures.

That information, combined with many emergency management officials' adamant opposition to Southern Headquarters closure, has led Senators Graham and Mack to urge NWS abandonment of its proposal until safety concerns are adequately addressed.

"It makes no sense to spend taxpayers' money on a plan that may endanger their safety," said Graham. "Anyone who lived through Hurricane Andrew or the many other storms that have battered Florida understands the crucial function of early, accurate weather prediction, and it is vital that we support the professionals who are performing that task."

"I am extremely disappointed that no risk analysis was conducted by the Na-

tional Weather Service before they made the decision to close the Southern Regional Office," said Mack. "In their attempt to save administrative dollars, the NWS has potentially put the lives and economic well-being of Floridians at risk. That's wrong. We know from experience that weather can kill and that it can cause tremendous damage to our property and our economy."

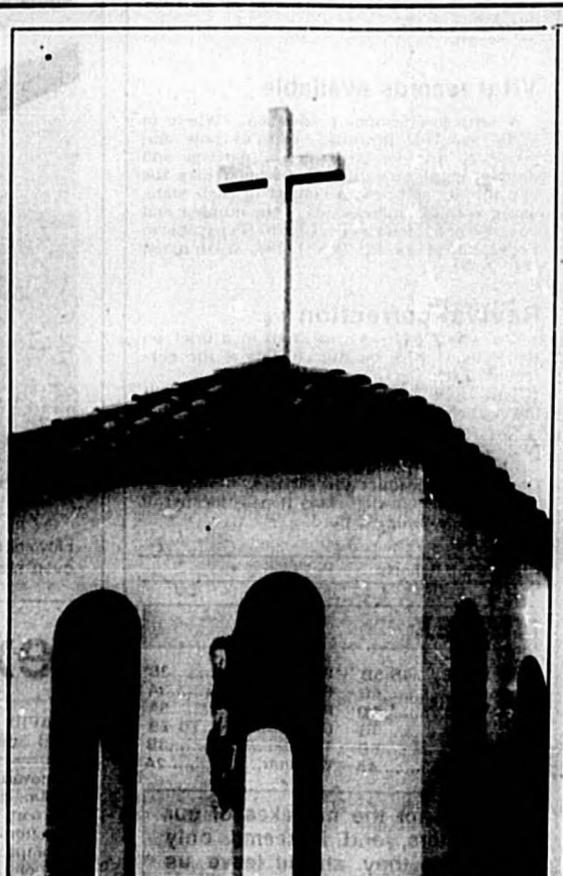
"The federal government should not proceed on any course that puts the lives and property of Floridians--and Americans--in jeopardy," said Graham. "I look forward to working with Commerce Secretary Daley to ensure that this principle is part of the National Weather Service's continuing efforts to modernize and improve its services."

"The GAO study merely confirms what we have been saying all along--before any major decisions are made by the National Weather Service regarding weather forecasting, an adequate risk analysis must be done," Mack said. "The NWS should not be playing chicken with our lives."



The wrath of God?

Fr. John Trout, of All Souls Catholic Church in Sanford, found any interesting result of the storm that poured 4.20 inches of rain on the city Thursday evening. Upon careful inspection of the church building, he discovered lightning had struck the bell tower (left), creating quite a



Herald Photos by Tommy Vincent

gash in the stucco that covers the brick. Some tiles on the roof are also missing (right), indicating the lightning struck the cross and traveled down the wall of the building on Oak Avenue.

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Here are the winning numbers selected on Monday in the Florida Lottery:
Fantasy 5 (Aug. 11)
 5-6-11-17-28
Lotto (Aug. 9)
 9-15-17-30-40-41

Go overboard on pool safety!

Special to the Herald

The evening news often brings us word of yet another child drowning in the family swimming pool. As parents, let's take this awful news as a call to action. Go overboard to protect your children from similar fates. If there are young children in the household, consider swimming pools as dangerous as loaded guns permanently installed in our yards.

There should be many barriers between your child and the pool. Some may be a little inconvenient, some may even be costly - but don't ever think we can do enough. Here are some suggestions. From the stand point of a professional child proofer, all of these measures should be taken.

1) Locks on all doors and windows leading to the pool. These locks should be out of the reach of those they are meant to protect. Also, be wary of pet doors leading to the pool area. Toddlers will follow the family pet right out that door.

2) Put alarms on all doors and windows leading to the pool. If this seems too aggressive, install door alarms on those

doors frequently used. These are the ones often left ajar or unlocked.

3) Install a pool fence. Pool fences are wonderful because they allow us to enjoy our back yards without chasing the little ones around the pool. They provide the last line of defense between your child and the pool. A few thoughts to remember:

Don't rely on pool fences alone to protect your child, this is a sense of false security.

They must be properly installed, maintained and locked to be effective.

Insure that there are no toys or other items that can be stacked up to climb over the fence.

The fence must block all entrances to the pool.

4) As oversensitive as they may be, use a pool alarm. You'll have some false alarms but it could save your child's life. If you use them in conjunction with the pool fence, the false alarms should be minimal. Also remember to check and replace the batteries often.

Even if you use all of the above safety measures, NEVER let them replace your

supervision. Make sure that all family members are trained for emergencies as well as:

1) When appropriate, each child should take water safety/survival classes.

2) Parents, grandparents, caretakers, and older siblings should be trained in child and infant CPR.

3) Always check the pool first if your child is missing.

4) Make sure that at least 1 responsible person is appointed to watch the little ones during all back yard festivities. Unless a specific individual is entrusted with the responsibility, everyone will think someone else is watching the baby.

We can never totally relax when there is a swimming pool in a young child's environment. Children can get into very real trouble in just a few seconds and a few inches of water. Never let your guard down.

Take steps now to do every thing you can think of to prevent your child from drowning in your pool. A few preventative measures up front could save your child's life and save you from a lifetime of grief.

Domestic violence

Roderick Mills, 38, of 2810 Ridgwood, Sanford, was arrested Sunday by Sanford police. Mills was charged with battery (domestic violence) and criminal mischief. Report said that Mills struck woman possibly breaking her jaw, then choking her and slamming her head up against window.

Jose Villalobos, 23, of 815 Park Ave., Sanford, was arrested Sunday by Sanford police. Villalobos was charged with battery (domestic violence) and arrested at his residence. Report said that Villalobos was involved in physical fight.

Timothy Sullivan, 33, of 400 Diane Ct., Casselberry, was arrested Sunday by Casselberry police. Sullivan was charged with battery (domestic violence) and arrested at his residence. Report said that he pushed his wife and prevented her from leaving.

DUI charged

Kevin Gibbons, 39, of 3663 Derby Shire Rd., Casselberry, was arrested Saturday by Altamonte Springs police. Gibbons was charged with DUI and arrested at the corner of State Road 436 and Hattaway Drive. Officer noticed that Gibbons had no lights on and was weaving in his lane.

Jose Garcia, 37, of 1816 Landing Dr., Sanford, was arrested Saturday by Lake Mary police. Garcia was charged with DUI and arrested on State Road 400. Officer said that Garcia was traveling 81 in a 65 mile per hour zone, and that Garcia sped up as the police officer was trying to pull him over.

Jennifer Denboer, 23, of 8087 Blackwell Ln., Sanford, was arrested Friday by Seminole County deputies. Denboer was charged with DUI and arrested in the area of International Parkway. Officer said that Denboer was traveling at a high rate of speed and that her tires squealed on a turn.

Gun pointed at woman

Charlie Canada, 58, of unknown address, was arrested Sunday by Sanford police. Canada was charged with battery, aggravated assault and use of firearm in commission of a felony. Canada was arrested in the 2000 block of West 18th Street. Report said that there was a call was a man beating a woman. When the officer arrived, the officer saw Canada pointing a gun at the woman.

Drug paraphernalia found

Leonardo Williams, 26, of 644 Osburn Rd., Atlanta, Ga., was arrested Friday by Sanford police. Williams was charged with possession of drug paraphernalia and arrested in the 1300 block of West 25th Street. The Sanford Q.U.A.D. squad made the arrest in an area where they have received drug related complaints in the past.

Crack cocaine involved

Anthony Guanciale, 19, of 455 Summerlin Ave., Sanford, was arrested Saturday by Sanford police. Guanciale was charged with possession of crack cocaine, possession of crack cocaine with intent to distribute and trespassing without a warning and arrested in the 1300 block of West 25th Street. The Sanford Q.U.A.D. squad made the arrest in an area where they have received drug related complaints in the past.

Earrings concealed

Priscilla Tolbert, 18, of 1414 W. Wardell St., Mt. Dora, was arrested Saturday by Sanford police. Tolbert was charged with retail theft and arrested in the 300 block of Towne Center Circle. Report said that Tolbert concealed earrings on her and in a friend's shopping bag.

Retail theft charged

Katrina Wright, 23, of 1500 Lake Ave., Sanford, was arrested Friday by Sanford police. Wright was charged with retail theft and resisting without violence. Wright was arrested in the 3600 block of Orlando Drive. Report said that Wright tried to take clothing and she tried to break away from store security.

Battery on a law enforcement officer

Kenneth Chisolm, 36, of 2410 Center St., Sanford, was arrested Saturday by Seminole County deputies. Chisolm was charged with battery on a law enforcement officer, resisting with violence and resisting/opposing officer without violence. Chisolm was arrested at the corner of State Road 46 and Cameron Avenue.

Burglary charged

Jessie Lee, 31, of 104 Three Oaks Lane, Sanford, was arrested Friday by Seminole County deputies. Lee was charged with burglary to structure (unarmed) and arrested in the 3600 block of Cypress Avenue. Officers were responding to a burglary of residential property call.

Items concealed in bag

Gloria Gilchrist, 52, of 1209 W. 13th Place, Sanford, was arrested Friday by Sanford police. Gilchrist was charged with retail theft and arrested in the 3600 block of Orlando Avenue. Report said that Gilchrist concealed items in a "Ross" bag.

Retail theft

George Stone, 43, of unknown residence, was arrested Friday by Longwood police. Stone was charged with retail theft and trespassing. Stone was arrested in the 200 block of State Road 600. Report said that Stone put merchandise in a cart and then proceeded out of store.

Off to college: Avoiding insurance pitfalls

By BILL NELSON
Fl. Insurance Commissioner

The lifelong adventure of learning hits full stride when young people leave home to attend a college, university or graduate school. As parents who in the past few years have seen our two children enter college, my wife Grace and I know it's a challenging time for the whole family. But a word of caution is in order: in all the excitement, don't neglect to consider insurance.

During their high school years, most students are covered by their parents' insurance policies. This may change, however, when the student pursues a higher education. Families should consult a trusted insurance agent before the start of each academic year to discuss automobile, health and personal property insurance needs.

Automobile coverage Changes

A family auto policy that covers a high school student generally will provide the same coverage when that student attends college in the United States or Canada.

If a student suffers an accident while driving another person's vehicle, however, the owner's insurance company will provide the primary coverage up to that policy's dollar limits. The family's insurance company will provide secondary coverage, if necessary, up to their policy's dollar limits. Students who lend their car thus also "lend" their insurance.

Some insurance companies offer "student away at school" discounts when a young driver by a parent's policy attends college away from home without a car. Parents should check with their insurance agent about this possibility.

Health needs

Before the advent of managed care, most families obtained coverage for their medical needs through health insurance policies. Parents thus knew their college-age children had coverage for injuries or illnesses.

Today, many families belong to a health maintenance organization, which provides full coverage only within specific geographic service areas. These families should check to see if their HMO covers the area where their child will attend college. If so, the HMO can help the student find a

primary-care physician in that area.

Other options include the purchase of a major medical policy or a student health policy offered through the college or university.

Personal-property coverage

A student's clothing, computer equipment and other possessions typically cost a lot of money to replace if damaged, destroyed or stolen.

A homeowner's insurance policy automatically covers students temporarily living away from home in college dormitories. However, most insurance companies limit this coverage to 10 percent of the personal-property coverage provided by the parent's policy. For example, parents who buy \$40,000 of such coverage will also have \$4,000 of coverage for their child in college.

A student who needs more than 10 percent of his or her parents' coverage or who lives in an off-campus apartment may need to buy a renter's policy.

Parents of a student who owns expensive computer equipment should consider adding a "rider" to their homeowner's policy that addresses

more situations than covered by a basic homeowner's or renter's policy.

In addition to contacting their insurance agent, parents or students may obtain information by calling the Florida Department of Insurance Consumer Helpline toll-free at 1-800-342-2762. The hearing impaired may use a TDD to call 1-800-640-0886.

You also may call the Help line to obtain free consumer guides about homeowners,

health or automobile insurance, or HMOs; or browse the Department's website at: www.doi.state.fl.us for more information.




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Editorials/Opinions

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LETTER

Dangers of Ritalin

Recently the Florida press should be commended for finally pulling the mask off of Ritalin and revealing just how dangerous this drug is. The exposes have brought to light facts that are widely known within the psychiatric community but not relayed to the public.

For example, Ritalin is similar to cocaine in both structure and action. How similar? Psychiatrists Edward Hallowell and John Ratey, both members of the Professional Advisory Board for Children with Attention Deficit Disorders (CHADD), a so-called "support group" which receives heavy funding from the makers of Ritalin, state in their book *Driven to Distraction* that: "people with ADD feel focused when they use cocaine. Just as they do when they take Ritalin. Rather than getting high, they suddenly feel clearheaded and able to pay attention...the drug seems like a cure in that it temporarily alleviates their ADD symptoms, and so they become chronic users." In his book *Do You Have Attention Deficit Disorder?* neuropsychologist James Thomas states that Ritalin "makes the person feel well, or 'normal,' so there is no need for abuse." That's strange, using the same argument we are told that the "normal" feeling generated by cocaine will lead to abuse but the "normal" feeling generated by Ritalin won't! Thomas also states that those with "ADD" report that "...cocaine...helped them to think clearly for the first time in their lives." Right!

Hallowell and Ratey point out the reason psychiatrists prescribe Ritalin instead of other amphetamines - amphetamine has "a major public image problem" in that it is considered "a street drug" while Ritalin has "no such image problem". And millions are spent trying to protect Ritalin's "image".

The fact is that Ritalin defender, psychologist Russell Barkley, is a member of CHADD's Professional Advisory Board. So are National Institutes of Mental Health (NIMH) psychiatrists Judith Rapoport, chief of Child Psychiatry, and Allen Zemetkin. Rapoport received funding by the makers of Ritalin to conduct studies that would show a "biological" component of "ADD", thus justifying drug "treatment". Zemetkin's brain imaging studies, which have been criticized by a former NIMH psychiatrist, are used as "proof" that the brains of "ADD" children are different than "normal" children. Although Rapoport reported that one study showed "clear differences", she followed by saying that "a radiologist would not read these scans as abnormal." Armed with such flimsy research, and backed directly or indirectly (through CHADD) by the makers of Ritalin, these two government psychiatrists push their theories - and Ritalin - into the mainstream of society. And all the public hears is "the National Institute of Mental Health says..." Perhaps Ross Perot was right, "follow the money".

The *Wall Street Journal* put this sort of thing in perspective in a 1994 article which reported that "most consumers have no idea the studies and public service messages actually are a part of a plan to sell drugs. The drug companies typically leave few fingerprints, running their disease campaigns through PR firms, patient groups, 'institutes', and other third parties." According to the *Journal*, "publicizing a disease side-steps the FDA" which sets guidelines for drug advertising. And so, drug companies pay other people to make you think you just might need their drug! That's sick. But when the target of such a campaign is children, and the drug is "cocaine-like", that is just sick!

With the information provided by the press combined with the above, it is easy to see that drug company funding helps drive CHADD, which in turn floods our schools with brochures and videos about "ADD", which has in turn led to a flood of Ritalin in our schools. The most disturbing aspect of this that more children are using Ritalin to get high. The U.S. Drug Enforcement Administration (DEA) reported that from 1992 to 1994, the percentage of high school seniors who had illegally used Ritalin jumped from 3 percent to 16 percent. During that same period, Ritalin's maker increased their funding to CHADD as follows: 1992 - \$50,000; 1993 - \$200,000; 1994 - \$398,000. From 1990 to 1995 the number of Ritalin prescriptions has increased 2.5 million per year to over 7 million per year.

The public should also know that many of the books written about "ADD" are written by CHADD board members. This crew endorses each other's books - they even get endorsements from their board buddies at NIMH. The books have a lot in common. They all agree that psychiatrists don't know what "ADD" actually is because they don't know what "causes" it. They report Ritalin as the "drug of choice" and discourage use of the generic form of the drug - it doesn't "work". There is also the common practice of denigrating any other method of handling children without drugs. These are labeled "controversial treatments".

Parents and teachers tell children to stay away from drug dealers because they lie to you, tell you the drug can't hurt you - in fact, it will make you feel better! In reality, the only ones who profit are the dealer and his supplier. Adults should take their own best advice and stay away from the dealer - the psychiatrist. Dr. Mark A. Barber, Commissioner The Citizens Commission on Human Rights 305 N. Fort Harrison Avenue Clearwater, FL 33755 Phone 800-782-2787

NAT HENTOFF

A protector of the living Constitution

We had been talking about the increasing number of dissents he was writing on the Rehnquist Court, and I asked Justice Brennan if he was getting discouraged. I should have known better. He smiled and said the Court had these cycles, but it would come around again. He paused and added, "Look, pal, we've always known -- the framers knew -- that liberty is a fragile thing. You can't give up."

Then William Brennan quoted from a scene in Yeats' play "Cathleen Ni Houlihan":

"Did you see an old woman going down the path?" asks Bridget.
"I did not," replies Patrick, who came into the house just after the old woman had left it.
"But I saw a young girl and she had the walk of a queen."

Justice Brennan looked fondly into the distance. "That passage has always meant a great deal to me."

His conviction remained that the living, evolving Constitution -- not frozen in time more than 200 years ago -- will surely rejuvenate liberty in the decades ahead. After all, despite the best years of the Warren Court -- when Brennan was its defining force -- so much had been left undone even then. Let



"We've always known, the framers knew, that liberty is a fragile thing."

alone since.

Eleven years ago, he said in a speech, "We do not yet have justice, equal and practical, for the poor, for the members of minority groups, for the criminally accused, for the displaced persons of the technological revolution, for alienated youth, for the urban masses. ... Ugly inequities continue to mar the face of our nation. We are surely nearer the beginning than the end of the struggle."

For all his passionate concern about injustice across the board, Justice Brennan

was not a flinty moralist in person. Talking to him, as I frequently did during his last years on the Court, I felt entirely at ease in the presence of one of the most powerful figures in the nation. He had no airs, as the British say. Genuinely curious about the interests of people he talked to.

Brennan was also interested in what happened to some of the litigants in cases he had judged; for instance, Harry Keyshian, an instructor who had been fired because he would not sign a New York state loyalty oath.

Brennan, in that 1967 case, *Keyshian v. Board of Regents of New York*, had ruled that the loyalty oath and other anti-subversive New York state statutes violated First Amendment protections of academic freedom.

Twenty years later, Keyshian was on a televised Bill Moyers series, "In Search of the Constitution." I saw Brennan at the Court soon after the program aired, and he was excited at having seen the actual person behind the name on his decision.

"It was fascinating," Brennan told me. "It was the first time I had seen him. Of course, it's rare that I ever see the people in the cases we see Hentoff, Page 5A



GEORGE PLAGENZ



"That should be the first rule of etiquette in swearing."

Even fair mouths speak foul words

If we are not going to stamp out vulgarity, maybe we can set up some rules of etiquette to govern it.

When William Least Heat-Moon was traveling the back roads of this country gathering material for his book "Blue Highways" (Houghton Mifflin, 1991) he struck up a conversation with an old farmer. At one point, while they were chatting, the farmer asked Moon, "Mind if I swear?"

That should be the first rule of etiquette in swearing. Just as we used to ask, "Mind if I smoke?" before lighting up (now the only polite thing to do is not to smoke in front of someone else), we ought to get the other person's permission before we swear.

Even in this liberated age, many people are offended by it.

Who is using most of the foul language? Is it the young people? Timothy Jay, a professor of psychology at a state college in Massachusetts, says no. In the research he did for his book, "Cursing in America" (John Benjamins, 1992), Jay discovered that college students utter eight swear words in every 100 words they speak. After they graduate from college, that goes up to 13 bad words in every 100.

Jay also found that swearers generally don't come from the best social circles. On the college campus, the janitor and the university cop top Jay's list of the most prolific swearers. He also found that people who do physical labor do more swearing than those whose jobs carry status, and that librarians have less cause than people of any other occupation to have their mouths washed out with soap.

The family newspaper was once as prudish and proper as the church pulpit when it came to language. Now, however, newspapers have found a loophole that allows them to swear like the rest of the corner gang while maintaining a pose of purity. Their trick is to indicate four-letter words by the use of hyphens, except for the first letter.

This virtually forces the reader to fill in the blanks and say to himself the word the paper was supposedly trying to shield him from reading.

Ironically, the cleanest language in the media is found in the revised supermarket tabloids.

We once had a control, of sorts, on vulgarity when it was out-of-bounds for gentlemen to use four-letter words in mixed company. Nowadays, if a man cleans up his language in front of women, feminists accuse him of sex discrimination!

Today, most books -- fiction and nonfiction -- contain obscenities. As columnist Mary McGroarty points out, the string of profanities in Marcia Clark's best seller "Without a Doubt" (Viking, 1997) begins on the second page of the introduction, and doesn't end until the book ends (mercifully).

Dreading Clark's debut as a talk-show host in the fall, McGroarty says, "Let us hope that she will study English so that her vocabulary becomes less obscenity-oriented."

This is a reference to a somewhat dated theory that only unlettered people resort to profanity to fill the holes in their stunted vocabularies. But no longer does anyone subscribe to that childish notion. The Watergate tapes jolted us into adulthood.

And presidents are not the only leaders who blister our ears with vulgarity. The governor of one of our sovereign states was quoted in a reputable business paper as making a remark that could only be categorized as "the grossest possible categorical reference."

See Plagenz, Page 5A

ELLEN GOODMAN

Movies at their best suspend reality

BOSTON--Not that I am worried about Rupert Everett's career. Anyone who can dance away with the kudos at "My Best Friend's Wedding" is bound to catch bouquets.

The British actor was more than Julia Roberts' gay consolation prize for losing the man she loved, more than a walker at a wedding. He was campy, sensitive, sensible and, by anybody's definition, a true friend. He was the best man--or woman--at the movie.

So no one is surprised that Everett has lined up two more star turns, one as a gay secret agent and the other as a married man coming to terms with coming out. Nor is it any wonder that the gay actor is being cast as a gay character.

But Everett's very success has people asking whether he can break through the ceiling, the last taboo against an openly homosexual actor playing a heterosexual lead.

Of course, it's progress of a sort, the Hollywood sort, when there are enough interesting gay parts to keep a career rolling. Who among us can forget those wonderful yesteryears when the celluloid closet was locked so tight that barely a hint of homosexuality could escape through the keyhole?

The closest we came to a gay role back in the days when Doris Day was a virgin was "Pillow Talk." In a landmark moment, Rock Hudson, a closeted gay man, played a straight man impersonating a gay man. In order to get Doris Day into bed.

For a long time, no gay actor dared to be open. For a long time no straight actor worth his or her equity card would have played a homosexual character. Finally, we've seen Tom Hanks with AIDS and William Hurt in jail. But can we now accept a straight man playing a gay more easily than a gay playing a straight?

This is the second time the whole matter of gay acting and being has been raised this year. In the spring, Anne Heche became the very public partner of Ellen DeGeneres. The moguls who had already signed her to play opposite Harrison Ford in the movie "6 Days, 7 Nights" were in full flop sweat. You might have thought another "Volcano" erupted.

The way they figured it, the audience could imagine Anne Heche with lava rolling across Los Angeles but couldn't imagine her necking with Harrison Ford. We could fantasize Ford as president of the United States slugging it out with airborne terrorists, but not romancing Heche.

Anybody around there heard of acting? Not according to the screenwriter who said of Everett's chances as a crossover hunk: "Uncle Joe in Des Moines is not going to sit and watch a gay guy make love to Kim Basinger." Did an earlier Uncle Joe watching the all-male



"The last taboo is against an openly homosexual actor playing a heterosexual lead."

cast of Shakespeare in the 17th century dismiss Ophelia as a drag queen?

The theory behind all this anxiety is not homophobia so much as box office phobia, the deep belief of the dream-makers that every movie-goer wants to imagine her/himself in the love duet with the star--not just the character.

Last week's *People* magazine, for example, interrupted its report on Everett to offer condolences. "Sorry, ladies," it said, he was gay in real life too.

Sorry, ladies? Somehow I have trouble believing that if only the 37-year-old Rupert Everett changed his sexual identity he'd be parking his Gucci loafers next to my futon. I don't even think he'd leave his Labrador, Moire, on my doorstep.

On the other hand, anyone who can imagine that once Brad Pitt stepped aside Gwyneth Paltrow would be his, would have no trouble making the leap of imagination to Anne Heche. Ironically, the only openly gay actor truly accepted in a straight role, Dan Butler, plays the sports announcer and womanizer on "Frasier."

There are many weird side-effects to the Hollywood cult of celebrity. We have fused and confused characters on and off the screen. In the up-close-and-personal world, we insist on knowing about a superstar's private life and lay that grid over his professional life.

In a strange way, Americans are looking for authenticity--among actors. This is like choosing "ER's" George Clooney for your pediatrician.

Yes, Rupert Everett was a gay man playing a gay man. No, he was not playing himself. "Sorry, ladies," it was a role.

Movies at their best suspend reality. As a British newspaper noted, the late, great Jimmy Stewart once starred in a movie in which he befriended a 6-foot rabbit named Harvey that only he could see.

"I wrestled with reality for 35 years," he told the psychiatrist. "And I'm happy, doctor. I finally won out over it." So can we.

Seminole scenes: The week in review



Top: A summer storm rolls in at U.S. Highway 17-92 and Lake Mary Boulevard, one of the daily downpours that are everyday occurrences from June through September in Central Florida. Downtown Sanford flooded when more than four inches of rain fell within an hour, too much for even the most sophisticated drainage system to handle, according to city officials. More rain is expected today.

Herald Photo by Tommy Vincent

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Right: Students at All Souls Catholic School in Sanford flooded back to class this past week, for another year of reading, writing, and arithmetic. Center: About 250 emigrants pledged their allegiance to the United States in a citizenship ceremony held at the Sanford Civic Center Thursday. The ceremony is usually held twice a year for those who choose to and study to be Americans. Bottom: Florida Education Commissioner Frank Brogan visited Sanford to speak at a Chamber of Commerce luncheon. Brogan's theme was the future of education and its role in business. Here he chats with Dr. E. Ann McGehee, president of Seminole Community College.



Herald Photos by Tommy Vincent

IS THERE A DR. IN THE HOUSE?...NOT REALLY, IT'S JUST "MISS" VALERIE'S ALL BOYS TAP CLASS!

CLASSES BEGIN AUG. 18th!

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 - TEENS
 - ADULTS
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ORANGE CITY
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THAT'S RIGHT, NO GIRLS ALLOWED! AND ARE THEY HOT! IT'S FUN, IT'S CHALLENGING AND THE REWARDS KEEP ON ADDING UP. IT'S NOT BAD BEING SURROUNDED BY BEAUTIFUL GIRLS ALL THE TIME! THERE WILL EVEN BE AN ALL BOYS JAZZ CLASS THIS YEAR!

PLEASE CALL OR STOP BY FOR INFORMATION.

3 Studio Locations



BROWN'S GYMNASTICS

Register Now For Fall Classes



BROWN'S SANFORD Now Open in the Gateway Plaza
Across from Seminole Towne Center Call 382-2944 for information
BROWN'S GYMNASTICS OFFERS 4 FREE HOURS EACH MONTH
8 Hours for the Price of 4
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Sports

B

OUTDOORS

JIM SHUPE

GFC taking reservations for fishing on Hydrilla Lake near Lakeland

SANFORD — The Game and Fresh Water Fish Commission (GFC) will begin taking reservations on Aug. 1 to fish the 46-acre Hydrilla Lake in the Tenoroc Fish Management Area near Lakeland.

Hydrilla Lake, a GFC special-opportunity fishing area, is open to fishing by reservations only on Thursdays and Sundays and has a limit of one boat and up to three anglers per day on the lake.

Hydrilla Lake offers anglers an excellent chance to catch quality-sized bass. Catch results through June reveal that 46 percent of all bass caught by anglers were 15 inches or larger. Of the 65 anglers who fished the lake, 11 caught bass 22 inches or larger (three of the 11 caught two fish over 22 inches long).

"We will begin taking phone reservations for permits beginning Aug. 1 for available dates in August through December," said Danon Moxley, Tenoroc area manager.

Anglers can make reservations on a first-come, first-served basis by calling the Tenoroc Fish Management Area at (941)499-2421 Monday through Friday from 8 a.m. to 5 p.m. Anglers must have fishing licenses and pay \$50 by money order or cashier's check made out to the GFC within seven days of the reservation. Upon arrival at the lake, additional anglers must pay \$50 each.

Anglers making reservations directly at the Tenoroc office can make their payment by cash, money order or cashier's check. The GFC will not accept personal or business checks. Anglers will receive their permit by mail following receipt of the \$50 fee.

Anglers with lifetime sportsman's licenses, lifetime freshwater fishing licenses, persons over 65 years of age, children under 16 years old or persons with permanent hunting and fishing certificates are not required to pay the fee but are still required to obtain a permit.

Permits are transferable prior to the reserved date, but anglers may fish Hydrilla Lake only once in each four-month period.

Moxley said the GFC recently outfitted the lake with a new boat ramp, aeration system and fish attractors. A lake map is available at the Tenoroc office.

SHUPE'S SCOOP

BASS ARE VERY LETHARGIC IN THE SUMMER MONTHS AND WILL SEEK SHELTER IN DEEP WATER OR UNDER HEAVY VEGETATION.

FISHING FORECAST

Bass action is fair in the river early in the morning or late in the evening. Slow moving plastic worms are hard to beat this time of year. Fish areas near moving water for the best action.

Snook action continues to be good at Sebastian Inlet, with fish in the 8-15 pound range. Also expect a few flounder, redfish, jack crevalle and ladyfish. Snook and tarpon are biting in the Sebastian River. A few king mackerel are striking live bait just off the beach.

Captain Jack at Port Canaveral reports great king mackerel action from just off the beach to 8 A Reef and Pelican Flats. Wahoo and dolphin are scattered. Flounder and sheepshead are plentiful in the Port, while reds and trout are rated as fair on the flats of the Banana and Indian Rivers.

Sheepshead are still the main attraction at Ponce Inlet. Live shrimp and fiddler crabs are the top baits. Some drum, redfish and bluefish are also being caught. Trout and reds are rated as good in Mosquito Lagoon.

Alive and kicking

Altamonte bounces back to win two games

By DEAN SMITH
Herald Sports Editor

ALTAMONTE SPRINGS — To paraphrase the old Post Office slogan, neither rain, nor power outages, nor a trio of hard-throwing righthanders could stay the Altamonte Springs All-Stars from remaining alive in the 1997 Babe Ruth Baseball Bambino World Series.

Jonathan Venters and Isaiah Napoli combined on a six-hitter and Michael Blackstock had a crucial two-out, two-run single in the top of the sixth inning as the hosts topped Vicksburg, Mississippi 3-1 before 1,645 fans at Eastmonte Park Monday night.

The victory came on the heels of a heart-stopping 5-4, seven-inning victory over South Lexington, Kentucky as Ryan Harris hit the first pitch of the bottom of the seventh inning into the left field bleachers to give the locals the win.

Those two triumphs showed the backbone and intestinal fortitude of this team which suffered a heart-breaking 7-5 loss in its opening to Elk Grove, California after building a 5-0 lead after the top of the second inning.

Altamonte Springs will now have today off and can finish no worse than fifth place. Its next game will be Wednesday night when they host the loser of today's 8:30 p.m. winner's bracket game between Willamette Valley, Oregon and Keene, New Hampshire.

In other games today, Amity-Brooklyn, New York and Hendersonville, North Carolina will match-up in a 2 p.m. winner's bracket game that was originally scheduled for 8:30 p.m. Monday night; and White Bear Lake, Minnesota against Elk Grove, California in a loser's bracket game at 6 p.m.

Eastmonte Park is located on the corner of SR 427 and Magnolia Avenue, three blocks south of SR 436. Seats are limited to 3,000 per day and over the first three days and seven games, the event has drawn 10,631 fans.

Commemorative Tournament Passes range from \$50 per family (up to four individuals) to \$15 per youth (3 to 12 years old). Single day tickets are also available at the gate. Call 263-3756 for ticket information.

Monday night's game was scheduled to begin at 6 p.m., but heavy rain and lightning forced the game to be delayed until 9 p.m. and also forced the move of the New York-North Carolina game to today.

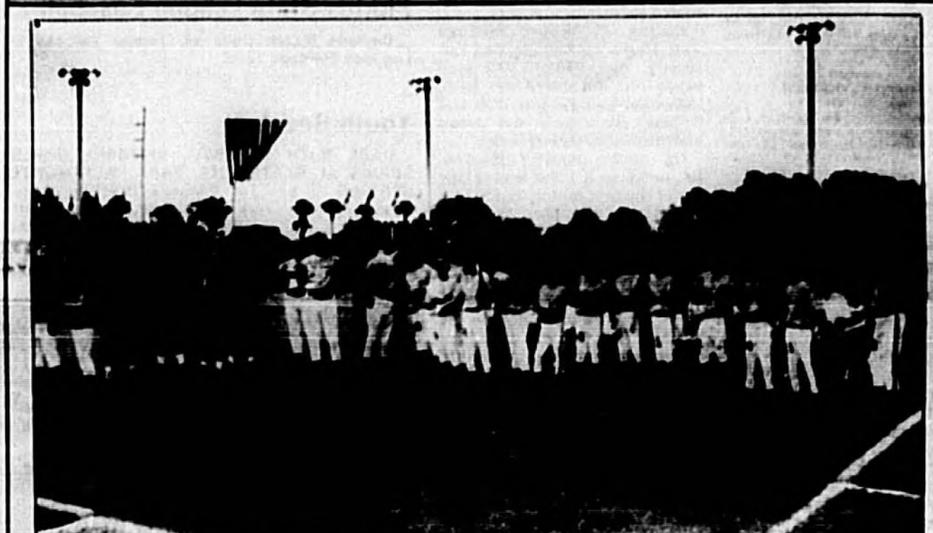
The game started a classic pitcher's duel between Venters and Vicksburg's Justin Henry. Through the first three innings Altamonte Springs had one base runner, on a two-out walk to Blackstock in the second inning, and Vicksburg had two infield singles. Venters had six strike outs and Henry three in that time.

Altamonte Springs finally got what it was looking for in the top of the fourth inning as Phil Kelly led off with a walk and moved to second on

See Altamonte, Page 2B

Game	Time	Location
Game 1	8:30 p.m.	Amity-Brooklyn, New York vs. Hendersonville, North Carolina
Game 2	8:30 p.m.	Hendersonville, North Carolina vs. Elk Grove, California
Game 3	8:30 p.m.	Amity-Brooklyn, New York vs. South Lexington, Kentucky
Game 4	8:30 p.m.	Amity-Brooklyn, New York vs. South Lexington, Kentucky
Game 5	8:30 p.m.	Amity-Brooklyn, New York vs. South Lexington, Kentucky
Game 6	8:30 p.m.	Amity-Brooklyn, New York vs. South Lexington, Kentucky
Game 7	8:30 p.m.	Amity-Brooklyn, New York vs. South Lexington, Kentucky
Game 8	8:30 p.m.	Amity-Brooklyn, New York vs. South Lexington, Kentucky
Game 9	8:30 p.m.	Amity-Brooklyn, New York vs. South Lexington, Kentucky
Game 10	8:30 p.m.	Amity-Brooklyn, New York vs. South Lexington, Kentucky
Game 11	8:30 p.m.	Amity-Brooklyn, New York vs. South Lexington, Kentucky
Game 12	8:30 p.m.	Amity-Brooklyn, New York vs. South Lexington, Kentucky
Game 13	8:30 p.m.	Amity-Brooklyn, New York vs. South Lexington, Kentucky
Game 14	8:30 p.m.	Amity-Brooklyn, New York vs. South Lexington, Kentucky
Game 15	8:30 p.m.	Amity-Brooklyn, New York vs. South Lexington, Kentucky
Game 16	8:30 p.m.	Amity-Brooklyn, New York vs. South Lexington, Kentucky
Game 17	8:30 p.m.	Amity-Brooklyn, New York vs. South Lexington, Kentucky
Game 18	8:30 p.m.	Amity-Brooklyn, New York vs. South Lexington, Kentucky
Game 19	8:30 p.m.	Amity-Brooklyn, New York vs. South Lexington, Kentucky
Game 20	8:30 p.m.	Amity-Brooklyn, New York vs. South Lexington, Kentucky

LOCALS WORKING AT BAMBINO WORLD SERIES



The Altamonte Springs team (top) lines up during the pre-game ceremonies on Saturday then goes to work with Ryan Harris (bottom, left) going 4-for-4 with two home runs (including the game-winner on the first pitch of the seventh inning) and a double Sunday

as the hosts ousted South Lexington (Ky.) 5-4 and Jonathan Venters (bottom, right) bounced back from Saturday's loss to Oak Grove (Ca.) to hurl five shut out innings and combined with Isaiah Napoli to eliminate Vicksburg (Ms.) 3-1 Monday night.

Final Four in place at Bambino

By DEAN SMITH
Herald Sports Editor

ALTAMONTE SPRINGS — Amity-Brooklyn, New York, Hendersonville, North Carolina, Willamette Valley, Oregon and Keene, New Hampshire are the final four of the Winner's Bracket at the 1997 Babe Ruth Baseball Bambino World Series at Eastmonte Park.

Amity-Brooklyn doubled the score on South Lexington, Kentucky 6-3 in the opening game of the series on Saturday and Hendersonville, North Carolina knocked off Vicksburg, Mississippi 3-1, also on Saturday.

In Sunday's games, Keene tripled the score on White Bear Lake, Minnesota 3-1 and Willamette Valley spanked Elk Grove, California, which beat host Altamonte Springs 7-5 on Saturday, 9-5.

Today's schedule has Amity-Brooklyn taking on Hendersonville at 2 p.m. in a game that was postponed from Monday night; White Bear Lake takes on Elk Grove in a Loser's Bracket game at 6 p.m.; and Willamette Valley and Keene battle at 8:30 p.m.

The tournament will continue through Saturday with games set for 6 p.m. and 8:30 p.m. (weather permitting) on Wednesday and Thursday; the Loser's Bracket final at 7 p.m. on Friday and the championship game set for 1 p.m. Saturday. The "if necessary game", if both teams left have a loss after the 1 p.m. game, would be played 30 minutes after the game ends.

Eastmonte Park is located on the corner of SR 427 and Magnolia Avenue, three blocks south of SR 436. Seats are limited to 3,000 per day. Commemorative Tournament Passes range from \$50 per family (up to four individuals) to \$15 per youth (3 to 12 years old). Single day tickets are also available at the gate.

Game	Time	Location
SATURDAY		
AMITY-BROOKLYN & LEXINGTON		
Amity-Brooklyn (NY)	102	100 - 4 0 1
South Lexington (KY)	68	63 - 2 4 3
Kaplan and Arpino, Guzzo (R), Ellis and Cabell, WP - Kaplan, LP - Ellis, Save - none, SB - Amity-Brooklyn, Arpino, Kaplan, Orst, Garcia, 2B - none, HR - none.		
HENDERSONVILLE & VICKSBURG		
Hendersonville (NC)	102	100 - 3 1 1
Vicksburg (MS)	99	95 - 3 4 3
Ambrose and Theobald, Woody and Kemper, WP - Woody, LP - Ambrose, Save - none, SB - Hendersonville, Matthe, Allan, 2B - none, HR - none.		
SUNDAY		
KEENE & WHITE BEAR LAKE		
White Bear Lake (MN)	102	100 - 1 1 1
Keene (NH)	100	98 - 2 7 1
Aracosta, Wotta (L) and Kammala, Dempski (L), Koney and Bergeson, WP - Koney, LP - Aracosta, Save - none, SB - Kama, Bergeson, Stromgren, Record, 2B - none, HR - Koney.		
WILLAMETTE VALLEY & ELK GROVE		
Willamette Valley (OR)	102	100 - 7 11 6
Elk Grove (CA)	102	95 - 5 4 8
Fruitt and Smith, Herring and Podgyn, WP - Fruitt, LP - Herring, Save - none, SB - Willamette Valley, Satter, Hovest, Pruitt, Elk Grove, Chavez, 2B - none, HR - none.		

UCF Baseball signs eight more

Special to the Herald

ORLANDO — University of Central Florida associate head coach Greg Frady Monday announced the signing of eight men to national letters of intent for the 1998 season.

They include outfielders David Gies (Ft. Lauderdale), a first team all-state honoree out of Tallahassee Community College; Darryl Stephens (Decatur, Ga.),

who led St. Pils High School with a .500 batting average and nine home runs in 1997; and Britton Fazio (Ithaca, N.Y.) out of Milford Academy (Ga.).

Infielders signed include all-state second baseman Andy Johnson (Naples) out of Barron Collier High School will be the third and final Johnson brother to don the Black and Gold for UCF; Boston Red Sox and Milwaukee Brewers draft pick Tim Boeth (Tallahassee).

See UCF, Page 2B

IN BRIEF

ASA Tourney starts Thursday

SANFORD - The ASA Super Slowpitch Tournament will begin this Thursday with a rededication of Sanford Memorial Stadium at 6 p.m.

Seminole Softball signups

FIVE POINTS - The Seminole Softball Club will be having signups for a fall girls' fastpitch softball instructional league for players ages 6-18 (cost \$30-\$70) on August 16th and 17th at the Seminole PONY Complex at Five Points just south of 17-92 on Sr. 419 near Winter Springs.

Sanford Flag Football signups

SANFORD - The City of Sanford Recreation and Parks Department is holding registrations for its Fall Flag Football season.

All games are played at the practice field across from Sanford Middle School on Saturday's. Tryouts will be Saturday, August 23rd and the season will begin either September 6th or September 13th.

Coaches needed

SANFORD - The Sanford Recreation Department is looking for people interested in coaching flag football this season. The season will begin in early September.

Altamonte Springs softball

ALTAMONTE SPRINGS - The City of Altamonte Springs and Westmonte Park will be hosting two fall softball leagues.

Sanford Fast Pitch Softball

SANFORD - The Sanford Recreation Department is looking for persons interested in coaching and playing in a new girls Fast Pitch Softball League.

This will be an important addition to the SRD offerings as all high school and college softball teams now play fastpitch softball and it is important for the girls to get an early start.

Lk. Howell welcomes coaches

WINTER SPRINGS - The Lake Howell Athletic Boosters Club will be hosting a Welcome Back All-Sport Meet the Coaches Pancake Breakfast on Saturday, August 16th from 7:30 a.m. to 9:15 a.m.

Men's, Church, Co-Ed softball

SANFORD - The Sanford Recreation Department is now registering teams for the following Adult Fall Softball Leagues that will start the week of September 2nd: men's, women's, co-ed, and church.

Boulevard on the lakefront. For more information please call 330-5697.

Adult Volleyball

SANFORD - The City of Sanford Recreation and Parks Department is registering teams for its Fall Power and Recreational Co-Ed Volleyball Leagues that start in September.

Lake Mary softball

LAKE MARY - The City of Lake Mary will be conducting a Fall Softball season at the Lake Mary Sports Complex. The 10-week leagues will begin the week of September 8th.

Altamonte

Continued from Page 1B

a passed ball. Harris, the hosts' top hitter, then hit a grounder back to the mound, but when Henry checked Kelly at second, his throw to first was too late to get Harris and Altamonte Springs had its first hit and runners on first and second with no one out.

The next batter struck out, but the runners moved up to second and third on a passed ball. Ryan Colton then ripped a shot off of Henry's glove that bounded over to the second baseman who threw on to first to get Colton, but during the play Kelly scored to make the score 1-0.

Vickburg looked like it might tie the game when Jermaine Wright ripped a line drive to right that got past a diving Altamonte Springs right fielder and the speedy Wright was off to the races. But Chris Moreira retrieved the ball for Altamonte and threw to Brent Upham, who in turn threw a strike to Blackstock at the plate to gun down Wright.

Vickburg challenged again in the fifth inning. Charlie Amborn led off with another infield single, but he was still there as the next two batters struck out around the first of two power outages that forced a 20 minute delay.

With Joe Theobald at the plate for Vickburg, and a no ball, two strike count, the lights went out again. After the lights came back on, Theobald singled to put runners on first and second, but the next batter grounded to first to end the threat.

Kelly led off the Altamonte sixth with a walk and he moved to second on a passed ball as the next two batters fanned. Colton then kept the inning alive by being hit with a pitch and the runners moved up on a wild pitch before Blackstock ripped a two-strike single just inside first base bag to score Kelly and Colton.

Venters came out to start the bottom of the sixth inning, but left after Henry hit a shot off his heel for a single and Wright walked. Napoli came on to pitch, but a wild pitch moved the runners up a base. Vickburg cleanup man Roy Williams then hit a shot that appeared to headed for right center, but Upham made a leaping snag of the drive and raced to second to get an unassisted double play.

UCF

Continued from Page 1B

out of Tallahassee Community College, who will compete for the second base position.

And Bill Oakley (Chicago), who led the city of Chicago with a .525 batting average, six home runs and 45 RBI for nationally ranked Libertyville High School last season, will compete for the starting position at third base.

Also signing to play for UCF are righthanded pitcher Jason Arnold (Melbourne), a Florida All-Star team member out of Melbourne High School and southpaw Lester Victoria (Curecro), who finished second in the state of Alabama with a 1.44 ERA last season as a pitcher for Northwest Community College in Shoals.

The Golden Knights, who have won the Trans America Athletic Conference championship and advanced to the NCAA Tournament the last three years, signed seven young men in the early signing period.

Table with baseball scores for Saturday, Sunday, and Monday. Columns include team names, scores, and individual player statistics.

Henry then scored on a wild pitch to split the shut out, but the next batter grounded to short to end the game. Providing the offense for Altamonte Springs were Blackstock (1-for-2, two RBI), Harris (single), Kelly (two runs scored) and Colton (one run scored, one RBI). Venters finished with nine strike outs.

Table with baseball scores for Friday, Saturday, and Sunday. Columns include team names, scores, and individual player statistics.

All-Star play began. Doing the damage for Elk Grove were Casti (one triple, one single, two RBI), Josh Pedretti (one double, one run scored), Tommy Horning (one single, one run scored, two RBI), Justin Estes (one single, one run scored, one RBI), Robby Chavez (one single, one run scored), Travis Masters (one RBI) and Braden Capel, Grant Zehnder and Casey Weathers (one run scored each).

Pacing Altamonte Springs were Harris (one single, one run scored, two RBI), Kelly (one single, one run scored, one RBI), Colton (one single, one RBI) and Upham, Blackstock and Jason Morro (one run scored each).

On Sunday, South Lexington, Kentucky took a 2-0 lead in the top of the first inning and held it until Harris hit a blast deep into the left center field bleachers in the third inning to tie the game.

Altamonte Springs took its first lead in the fourth inning when Blackstock singled and later scored on a double by Upham. But South Lexington came back in the top of the fifth inning on a double by Josh Ellis and a home run by Griffin Bailey to regain a 4-3 lead.

The hosts again rallied in the bottom of the fifth inning as Harris doubled and scored on a ground out by Colton to tie the game and set the stage for Harris' heroics in the seventh inning.

Powering Altamonte Springs were Harris (4-for-4 with two home runs and a double, three runs scored, three RBI), Upham (3-for-4 with two doubles, one RBI), Colton (one single, one RBI), Blackstock (one single, one run scored) and Kelly (one run scored).

WHAT'S HAPPENING

Rookie League Baseball

Gulf Coast Rookie League at Walt Disney World's Wide World of Sports Baseball Complex, TBA

Southern League Baseball

Orlando Rays at Huntsville Stars, 7:05 p.m.

Florida State League Baseball

Daytona Beach Cubs vs. Tampa Yankees at Legends Stadium, 7 p.m.

Youth Baseball

BASE RUTH BASEBALL BANNING WORLD SERIES at EASTMONTE PARK, ALTAMONTE SPRINGS, 2 p.m. - Winner's Bracket, Amity-Brooklyn, New York vs. Hendersonville, North Carolina; 6 p.m. - White Bear Lake, Minnesota vs. Elk Grove, California, Losers Bracket; 8:30 p.m. - Williamson Valley, Oregon vs. Keona, New Hampshire, Winner's Bracket Game.

Amateur Athletic Union (AAU) 12-Under National Baseball Tournament at Walt Disney World's Wide World of Sports Baseball Complex, TBA.

Amateur Basketball

Amateur Athletic Union (AAU) 10-and-Under Boys' National Basketball Championships at Walt Disney World's Wide World of Sports Fieldhouse, TBA.

Professional Softball

Women's Professional Fastpitch League. Tampa Bay FireStix vs. Orlando Wahoos at Rollins College's Alford Stadium, Winter Park, doubleheader, 6 p.m.

Amateur Tennis

Van Der Meer Tennis University Summer Clinic at Walt Disney World's Wide World of Sports Tennis Complex, TBA

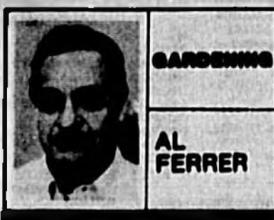
Advertisement for Heart of Florida United Way. Text: 'The only thing missing is U.' Includes logo and contact information for Orange, Osceola, and Seminole counties.

People

Hydrilla: An exotic, destructive weed

Hydrilla is an exotic weed that has become established in a wide range of aquatic habitats here in Florida, producing a negative impact in the native aquatic vegetation, fish populations, and reducing the recreational use of many lakes and rivers.

The plant Hydrilla is a submerged aquatic perennial plant with ascending stems which become horizontal and heavily branched near the water surface. The leaves are narrow, sessile and whirled in groups of 4 or 8 but leaves may be located opposite on the lower stems. The blades have a row of teeth along the margin and on the underside of the leaf along the midvein. This character is variable but it is used to distinguish it from the Elodea, a common water plant native to North America. Only the female plants are known to occur in Florida, and seed production have never been reported in the United States. The plant produces small flowers which can be male or female and found on separate plants. The female flowers are composed of six, translucent, colorless segments and a colorless to purplish floral tube. These are borne from a green spathe. The male flowers are borne on a short stalk and are



GARDENING
AL FERRER

free floating at maturity. The pollen is dispersed by air and pollination occurs above the surface of the water.

Distribution: Hydrilla apparently originates in Central Africa but most likely came to Florida from South America, as an aquarium plant. About 1960 it was growing in a drainage canal near Miami and in Crystal River on Florida's Gulf Coast. By 1967, it had become established in Lake Seminole on the Florida-Georgia border, in the St. Johns River System, and in several central Florida lakes around Orlando. Today, the weed can be found in almost every lake of Florida. It is also found in all of the gulf states including Georgia, and from Maryland to California.

Growth and reproduction: Hydrilla does not produce seeds in Florida but grows very rapidly from vegetative buds, and vegetative nodes. Only one

node is necessary to produce a new plant. In clear water the plant can grow in depths of more than 40 feet. When growing from the bottom of lakes, the leaves may be opposite and more than 6 inches apart. As the stem reaches the surface the leaves become whirled, can be much more closely together, and extensive branching occurs, often forming dense mats. This type of growth will prevent light from penetrating the water to be used by other native submerged plants, and because Hydrilla utilizes light more efficiently than native species, in a relatively short period of time it becomes the dominating species. Hydrilla produces two specialized reproductive structures. One is called winter buds which develop in the leaf axils, usually in floating fragments. Winter buds, after 3 to 4 weeks of growth from September to April, and will break off and sink to the bottom of the lake, where they germinate throughout the spring and summer. The other structure is called a tuber. Tubers form at the ends of rhizomes during the months of October through May and are found 2 to 4 inches deep in the bottom of the lake. Plants produce 10 to 20 times more tubers than winter buds. Tubers seem to be

the principal structure for new growth and survival from adverse conditions.

Mechanical control: One method used is to drag a large steel A-frame through the canals, tearing hydrilla loose from the bottom and allowing it to float downstream to a barrier, where it is dipped out of the water by a dragline. Mechanical removal is a very costly operation.

Biological control: A herbivorous fish called the White Amur or Chinese Grass Carp is used for hydrilla control. It has been found that 3 to 5 fish per acre will result in complete control of the weed. Small, isolated bodies of water such as golf course ponds, and farm ponds are best suited for using this fish. Two leaf-mining flies that feed on hydrilla have been released in Florida.

Chemical control: The use of chemical herbicides is by far the most common method of control for hydrilla. Copper, diquat, endothal, and fluridone are registered for hydrilla control in Florida.

(Al Ferrer is Seminole County Urban Horticulturist. Inquiries may be directed to him at the Cooperative Extension Service, 299 W. County Home Road, Sanford, FL 32773 or phone 322-2886, Ext. 8888.

New Al-Anon group

A new Al-Anon group has started at Sanford Christian Church, 730 Upala Road, Sanford, every Tuesday at 8:00 p.m. For information, page S15 at 317-8615.

Nar-Anon to offer help

Nar-Anon, a self-help group for relatives and friends of addicts, will meet Tuesday at 8 p.m. at Orlando General Hospital. For more information, call 869-6364.

Take off pounds sensibly

Members of Take Off Pounds Sensibly, TOPS, invite the public to join them on Tuesday evenings from 7 to 8 p.m. at the First Christian Church, 1607 Sanford Ave., Sanford.

For more information about the club, call 323-1768 or 323-1864.

Toastmasters meet

Seminole Community College (SCC) Toastmasters Club #6561 will meet every Tuesday of the month, at 7:30 p.m., at the old Lake Mary City Hall on Country Club Road. Contact Rosella Bonham at 323-8284 for more information.

Obesity surgery group to meet

The Seminole Chapter of SOS (Support Obesity Surgery) Support Group, for those who have had bariatric surgery or their loved ones, meets the second Tuesday of each month in Classroom #103 of the Physicians Plaza Building, 521 W. S.R. 434, Longwood, at 7 p.m. Call 432-4500 for more information.

Disabled veterans meet

Seminole County Chapter #30 of the Disabled American Veterans meet the second Tuesday of each month at their chapter home at 3512 Orlando Ave., in Sanford. The service office is open from 1-3 p.m. every Tuesday and Friday for more information, 323-2710.

Blood Bank seeks donors

Central Florida Blood Bank is asking donors of all types blood - especially O type donors - to donate at its Sanford branch, 1302 E. Second St. For information, call 322-0822.

Optimist Club meets weekly

The Sanford Optimist Club meets every Wednesday at noon at the Colonial Room in downtown Sanford. Visitors are welcome. Call 323-2194 or 322-0296.

Kiwanis Club meets Wednesday

The Kiwanis Club of Sanford holds its noon luncheon meetings every Wednesday at the Sanford Civic Center, North Sanford Avenue at the lakefront. Visiting Kiwanians are welcome. For information call Walt Smith, 323-5088.

Dancing for seniors

The Over 50 Dance Club dance is held every Wednesday, from 2:30 - 4:30 p.m. at the Sanford Civic Center. Live music by the Deltonians 11 piece band. Donation \$2.00.

Widowed Persons meet

All widowed persons are invited to meet at 1:30 p.m. the second and fourth Wednesday of every month at the Casselberry Senior Center, 200 Lake Triplet Drive, Casselberry.

Recovery Inc. meets in Sanford

Recovery Inc., is a self-help mental health organization for people who suffer from panic attacks, depression, fears and general nervous symptoms. For information, call 680-2003, or 886-5906.

Al-anon gathers

If you know, or live with an alcoholic, there is help. Al-anon is an anonymous, non-profit organization, open to anyone who is a relative or friend of an alcoholic.

Serently Won Al-anon meets each Monday, Tuesday and Thursday, (Thursday non-smoking) evening at 8 p.m. Meetings are held in the back room of the Sahara Club, 2587 South Sanford Ave., Sanford.

For additional meeting times and locations in the Central Florida area, or for more information, call 321-9122.

Camera club sets meetings

The Seminole Lake Mary Camera Club meets the second Wednesday every month in Old Lake Mary City Hall, 156 N. Country Club Rd. at 7:30 p.m. For more information, call Grace at 321-4723 or Sel at 323-8691.

Use directness with neighbor's kids

DEAR ABBY: I think you missed the boat with "Not Everyone's Mom." In today's world, it does take a village to raise a child, and if "Not Everyone's Mom" doesn't feel up to it, she should opt out.

Rather than bronzing a plaque of rules for parents, "Mom" should deal directly with the children.

1. Don't want kids for hours on end or as dinner/holiday guests? Send 'em home! Children are not psychic. Most aren't sensitive enough to get subtle hints like, "Time to wash up and set the table."

2. Encourage them to help you garden. There is nothing like a sense of ownership to foster pride.

3. Take time to teach. There's nothing wrong with house rules like, "At our house we don't call names," or, "Here we use 'please' and 'thank you.'" Set limits for acceptable behavior. It may take many repetitions to get results. Be patient, but firm.

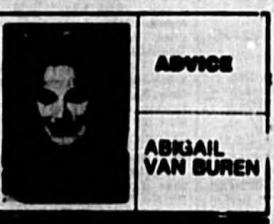
I have given up my lawn and most of my garden for now. The few short years of childhood are worth more than a few blades of grass. I'm enjoying the sounds of basketball and rollerblades, water fights and kids selling lemonade. I can grow plants any time, but my kids are young for only a short while.

ANN ARBOR MOM

DEAR MOM: Many readers wrote offering different approaches to problems with neighborhood children. Read on for one of my favorites:

DEAR ABBY: This is the answer to "Not Everyone's Mom," the mother who set rules for parents of neighborhood children.

Four years ago, a couple with two little girls, ages 3 and 4, moved in next door. Spring was approaching and I could hardly wait until my hybrid tulips bloomed. When the



ADVICE
ABIGAIL VAN BUREN

blossoms appeared, they were just beautiful!

I stood admiring them one morning, then left on an errand. When I returned one hour later, someone had picked all the petals off the tulips. The guilty parties left a trail of petals leading to their house.

I knocked on the door and spoke to the mother of the two girls. I pointed out that I wasn't angry, just upset. I asked her not to punish the children, but to explain to them that they were my flowers and they shouldn't pick them without asking me first.

Four years have gone by, and I have not lost another petal. Every year each girl is allowed to choose one flower in my garden that she wants, then I pick them — and one for their mother, too. In return, my wife and I have two of the most beautiful little friends one could ask for.

THOMAS GROTHE, LAKELAND, MINN.

DEAR THOMAS: How diplomatically you deserve a bouquet of tulips for neighborly dispute resolution.

DEAR ABBY: Last year, my daughter had a boyfriend living with her, using her car, etc. His favorite excuse was, "I have no money." He also was smart enough not to have any credit cards. My daughter paid for everything, or charged it on her credit cards. Dinners, clothes, concert tickets, his car repairs — it went on eight months. Then he left town with a good job offer.

My daughter itemized all she had spent on him, which came to about \$3,000. Then she sent him the list. He wrote back saying he hadn't asked her for a thing!

Did she learn her lesson? No, she's now in an identical relationship. She's one foolish person, thinking she has to buy men so they'll like her.

I have talked myself blue in the face telling her that she can't afford all this generosity. I know she's responsible for her own actions, but in my day, the man paid for everything. Any hope for her?

FRUSTRATED MOM IN DENVER

DEAR FRUSTRATED MOM:

Times have changed a bit since your day. Today, many couples share expenses instead of the man bearing the entire burden.

Your daughter, however, has some serious self-esteem issues. Playing the role of "sugar mommy" may foster dependence, but it won't buy love. She's making an investment that has a notoriously low return. The money would be far better spent on counseling.

DEAR ABBY: My husband is in prison. When old friends and acquaintances ask me how he's doing, it tells me they still care and acknowledge him as a person.

When a man goes to prison, much is stripped away from him along with his most cherished — his dignity, his pride, his possessions and, all too often, his family. When an old friend or acquaintance acknowledges my husband, it's like giving him back a bit of himself. He appreciates being told that someone asked about him.

What bothers me more than anything are those who whisper behind my back, won't look me in the eye and act uncomfortable around me, as if they would like to ask but don't know how. It would be much more polite to just ask.

WIFE OF AN INMATE

IN THE SERVICE

BRADLEY L. FOLEY

Army National Guard Pvt. Bradley L. Foley has graduated from basic military training at Fort Jackson, Columbia, S.C.

Foley is the son of Thomas C. and Pamela L. Foley of 820 Riverbend Blvd., Longwood.

CHRISTOPHER G. DYALS

Army Pvt. Christopher G. Dyals has entered basic infantry training at Fort Benning, Columbus, Ga.

Dyals is the son of Isaac S. Dyals of 1558 Crossbeam Drive, Casselberry.

The private is a 1996 graduate of Lake Howell High School, Winter Park.

VERONICA L. EHRENBERG

Veronica L. Ehrenberg has been promoted in the U.S. Air Force to the rank of airman first class.

Ehrenberg, an engine scheduler, is stationed at Pope Air Force Base, Fayetteville, N.C.

She is the daughter of Sandra A. Doaner of 1276 Main St., Atlantic Beach, Fla., and Harry Ehrenberg of 59 N. Winterpark Drive, Casselberry, Fla.

She is a 1993 graduate of Fletcher Senior High School, Neptune Beach, Fla.

DAVID J. HARP

Army Pvt. David J. Harp has entered basic infantry training at Fort Benning, Columbus, Ga.

Harp is the son of Melba F. Harp of 582 E. Palmetto Ave., and Charles E. Harp of 1163 Hunt Road, both of Longwood.

The private is a 1996 high school graduate of Seminole Community College, Sanford.

PHILIP E. BROWN, JR.

Army Pvt. Philip E. Brown, Jr. has entered basic infantry training at Fort Benning, Columbus, Ga.

Brown is the son of Philip E. Brown, Sr. of 695 Youngstown Parkway, Altamonte Springs, and Alice J. Brown of 408 Summit Ridge Place, Longwood.

JEFFREY D. WHEATON

Army Cadet Jeffrey D. Wheaton has graduated from the U.S. Military Academy, West Point, N.Y., and was commissioned in the U.S. Army.

The new lieutenant majored in civil engineering at the academy, and will attend the Engineer Branch officer basic course at Fort Leonard Wood, Waynesville, Mo.

Wheaton is the son of John C. and Jen M. Weston of 1520 Suzanne Way, Longwood.

He is a 1993 graduate of Spring Valley Academy, Centerville, Ohio.

NADIA H. ARGUELLO

Army Pvt. Nadia H. Arguello has graduated from basic military training at Fort Jackson, Columbia, S.C.

Arguello is the daughter of Martha I. and Edgar R. Arguello of 672 E. Church Ave., Longwood.

ANGEL E. GONZALES

Army 2nd Lt. Angel E. Gonzales has completed the armor officer basic course at Fort Knox, Radcliff, Ky.

Gonzales' parents are Angel L. and Alda I. Gonzales of 215 Twelve League Drive, Casselberry, Fla.

He is a 1990 graduate of Bishop Moore High School, Orlando, Fla., and in 1986, received a bachelor's degree from the University of Central Florida, Orlando.

JULIE M. NACHMAN

Air Force Airman Julie M. Nachman has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

Nachman is the daughter of Diane and Richard H. Nachman of Lake Mary.

The airman is a 1992 graduate of Lake Mary High School.

JASON A. LUNDBLAD

Air Force Airman Jason A. Lundblad has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

Lundblad is the son of Steven M. and Joan E. Lundblad of 211 Ramsbury Court, Longwood.

He is a 1993 graduate of Lake Brantley High School, Altamonte Springs, Fla.

Time	Station	Program	Host	Notes
5:30	ABC	News	Walter Cronkite	
6:00	ABC	6:00 News	Walter Cronkite	
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27-Nursery & Child Care

A mother with alot of TLC would like to babysit in my home M-F. Please call 322-2648 leave msg.

MARY'S DAYCARE Baby's best friend. LAKE MARY. LIC. 322-7-322-0004.

MRS. MICHELLE'S HOUSE New curriculum for children ages 2-5. "Come see why we're better." Half off while ad. 321-7555.

Responsible Nanny. Pre-K class on starting August 1. Reasonable. 322-2648.

NANNY - Part, exp female to care for infant in my home. FT. Parents work rotating shifts & Sat. Rate req. Non-Smoker. 324-2540.

NEW MOM LOOKING FOR CHILD TO WATCH IN SANFORD HOME. Hours flexible. Call 321-4163 after 6:30 p.m.

55-Business Opportunities

WORK FROM HOME No cost for supplies, earn to \$300/wk. making. 322-2648.

71-Help Wanted

GER. Laborers, Warehouse, Automobile, Immediate Work. 322-2648.

WANT TO WORK FT. USE YOUR PHOTOGRAPHY SKILLS & HAVE FUN? The Sanford Herald needs part time photographers to work evenings. You must have your own equipment, photography experience and know how to develop film. If you're interested in a full page, exciting job, call Jeff at (407) 322-9811.

Legal Notices

IN THE COUNTY COURT OF THE SEVENTH JUDICIAL CIRCUIT OF FLORIDA, IN AND FOR SEMINOLE COUNTY, GENERAL JUDICIAL DISTRICT

CHASS MANNATT MORTGAGE CORPORATION vs. CHASS MANNATT MORTGAGE CORPORATION, Successor by merger to MANNATTEN & COMPANY, INC., Plaintiff,

vs. ANGELO MARRERO, BRUNO MARRERO, Defendant and, vs. BRUNO MARRERO, Defendant, vs. UNKNOWN PERSON IN POSSESSION OF THE SUBJECT REAL PROPERTY, Defendant(s).

NOTICE OF POSSESSION SALE NOTICE IS HEREBY GIVEN pursuant to a Final Judgment of Possession dated August 10, 1987, and entered in Case No. 88-911 CA 14 E. of the Circuit Court of the SEVENTH JUDICIAL CIRCUIT OF FLORIDA, IN AND FOR SEMINOLE COUNTY, CHASS MANNATT MORTGAGE CORPORATION, Plaintiff, vs. BRUNO MARRERO, Defendant, vs. UNKNOWN PERSON IN POSSESSION OF THE SUBJECT REAL PROPERTY, Defendant(s).

NOTICE OF ACTION TO: TAB E. MORGAN, Residence Unknown. YOU ARE NOTIFIED that an action for replevin has been filed against you, TAB E. MORGAN, and you are required to appear at a court of your choice, to wit: at 10:00 a.m. on August 12, 1987, at the Court of the Clerk of this Court either before a service on Plaintiff's attorney or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the complaint or petition.

DATED on this 6th day of August, 1987.

MARYANNE MORSE, Clerk of said Court. By: Charles E. Baustner, As Deputy Clerk. First National Bank, Florida Bar No. 6740000. P.O. Box 40013, Jacksonville, FL 32232. Published: August 12, 19, 26, and September 2, 1987. DEH-136

Legal Notices

IN THE COUNTY COURT IN AND FOR SEMINOLE COUNTY, FLORIDA, GAGE vs. GAGE

vs. TAB E. MORGAN, Defendant.

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71-Help Wanted

GRAND OPENING WORK TODAY LABOR READY opens for business in Sanford. Apply in person today: 1091 S. Peach Ave. 322-4448

A BETTER JOB FOR YOU? HELP Personnel 322-2648

DRIVERS

AGC

AS CARRIERS, INC. 'NEW PAYPLAN' Lay Over Plan 'Extra Stop Plan' '1 Day off for 7 Days Out' '401K Retirement' 'Health Insurance' 'Vacation Pay' 'Rider Program' 1 yr. exp. & Class A CDL req. Please Call Sam to 5pm 1-800-674-9050 Mon-Fri Only. EOE

ALL DEPARTMENTS & Housekeeping, Breakfast servers, Laundry person, Houseman, Maintenance and Dishwasher. Apply in person: Marshall Courtway 135 International Plaza, Lake Mary. 444-1000

ANIMAL CARE To \$600/Wk. Must love animals. 322-2648

ASSOCIATE TRAINEE Due to expansion, Large Lake Mary company hiring Full Time Associates. We'll train you to earn your potential. 322-2648

Cabinet Maker Exp. estimating, assembling & installing. Call for an appointment. 322-2648

Cashier/Counter Person Work at Busy Airport. We are hiring friendly & courteous people. Competitive wages. Jerry's Cafeteria 322-2648

CHILD CARE TEACHER & ASSISTANCE For a Christian center. Good pay. Excellent benefits. FT & PT. 322-2648

CHRISTIAN BELLIGHER Born into a family that must please God. 322-2648

CLEANER/SANITIZER/STENOGRAPHER. 322-2648

EXPERIENCED LAWN SERVICE HELPER. 322-2648

COCKTAIL SERVERS Work at Busy Airport. We are hiring friendly & courteous people. Competitive wages. Jerry's Cafeteria 322-2648

CHILD CARE TEACHER & ASSISTANCE For a Christian center. Good pay. Excellent benefits. FT & PT. 322-2648

CHRISTIAN BELLIGHER Born into a family that must please God. 322-2648

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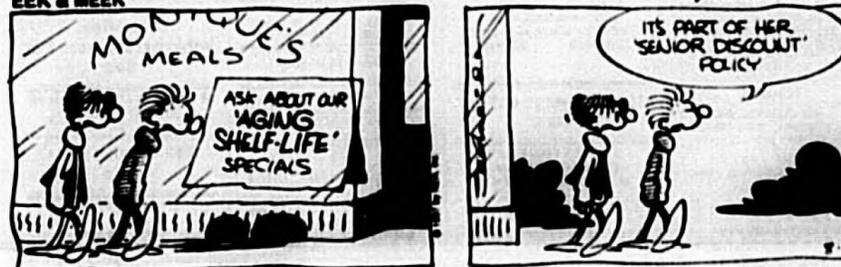
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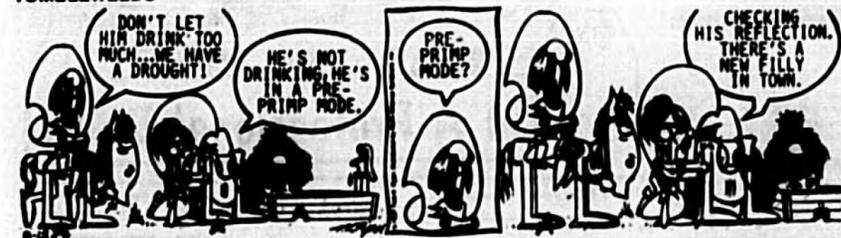
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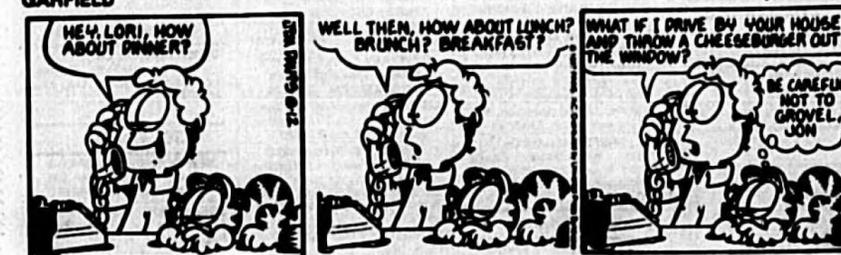
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ROBOTMAN

by Jim Meddick



How to treat athlete's foot

DEAR DR. GOTT: What is a good remedy for athlete's foot?
DEAR READER: Any of a variety of nonprescription and prescription products — including Tinactin, Cruex, Mycelex, Desenex, Lotrimin, Nidoral, and Diflucan — will help eradicate this common fungal infection. However, there is considerable individual variation in how people respond to these products, so I suggest that you experiment, starting with the least expensive one.
DEAR DR. GOTT: Is masturbation wrong? Does it harm the body?
DEAR READER: In a fit of nostalgia, I recently reviewed a series of medical questions and answers from a doctor who published a column similar to mine in the 1920s. He answered a question almost identical to yours. Moreover, I'm certain that every medical advice columnist since the beginning of history has periodically been quizzed about masturbation. And, at least in this century, the responses have seldom varied.
 Masturbation is not harmful or wrong. It is a natural, universal activity in which people have probably engaged since the dawn of civilization. I'm reminded of the youth's classic response to the myth that masturbation causes blindness. "Can I do it until I need glasses?" he retorted.
 I'm aware of past prohibitions against self-pleasuring and I respect antimasturbation provisions in most religious texts. It is not my role or intent to make value judgments about whether masturbation is unclean in the eyes of God.
 However, from a 20th-century medical perspective, I can assure you that this activity in no way affects mental or physical health. In my view, more harm has resulted from the guilt of masturbation than from the act itself.
 Masturbation gets us in touch with our feelings, safely releases tension, and doesn't hurt anybody else. If more people masturbated, we would likely have much less venereal disease and far fewer unwanted pregnancies. Also, to paraphrase Philip Roth, when masturbating, you don't have to look your very best.
 All this is a rather saucy and light-hearted reply to your questions. Masturbation is OK, don't worry about it. In our modern world, there are far more important issues about which to be concerned.
DEAR DR. GOTT: I am a 27-year-old woman who weighs 125 pounds and enjoys excellent health. However, I binge on healthful foods and then purge myself with laxatives. I know I shouldn't do this, but it feels good and I can't help it. I'd always read that people with bulimia binge on sweets or junk food. I do not. Why do I always feel fat? My psychiatrist put me on an antidepressant, but I don't want to tell him about my eating pattern. Can you scare me into it?
DEAR READER: BOO! You're

scared.
 Seriously, no one can scare you into changing your binge eating. Rather, this is a decision for you to make with professional guidance and support.
 As you suspect, bulimia does not necessarily involve bingeing on nonnutritious food. Instead, it's the pattern that's important: overeating, followed by self-induced vomiting or the inappropriate use of laxatives.
 I think that you have beautifully articulated the conflict inherent in any addictive behavior by saying that you know you shouldn't do it, but you can't help it. This is true of eating disorders, alcohol abuse, drug dependency, cigarette addiction, and any other behavior that takes on a life of its own, to the detriment of health. On the plus side, you have taken a first step by writing me a very honest note.
 You probably have bulimia and risk a host of consequences ranging from colon irritation to mineral deficiency.

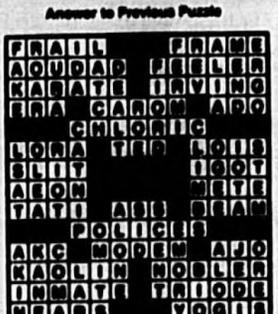


MEDICINE

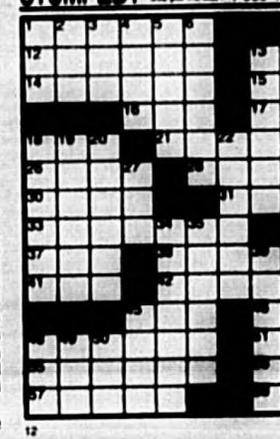
PETER GOTT, M.D.

In my view, you really should share your "secret" with your psychiatrist or family physician.
 At 125 pounds, you are not fat, but you feel overweight nonetheless. This is a problem of poor self-image that you need to address with your doctors. In addition, you may require temporary medical supervision to correct any metabolic imbalances caused by your eating habits. In short, you could be helped through a variety of medical resources — but to get this help, you must continue to reach out for it. Frightening you isn't the answer; honesty and caring support is.

- ACROSS**
- 1 Poise
 - 7 Poise part
 - 12 Fermented drink
 - 13 Prehistoric creature
 - 14 Unconscio
 - 18 Don't's former domain
 - 16 Airline info
 - 17 Powerful explosive (abbr.)
 - 18 Sine — non
 - 21 Started a poker pot
 - 22 Actress Francis
 - 26 Eddie
 - 28 Botanical wood
 - 29 Measure of land
 - 30 Tropical fruit
 - 31 Not outside
 - 33 Relative
 - 36 Wash and
- DOWN**
- 1 Joyful sound
 - 2 Middle East org.
 - 3 Astronaut's ferry
 - 4 Curved molding
 - 5 Whittie's place
 - 6 Coach Bear
 - 7 Overturned
 - 8 Opening
 - 9 Actress Truman
 - 10 Map abbr.
 - 11 Chemical suffix
 - 12 Toward the south
 - 13 Beach
 - 14 In the preceding month
 - 15 City street
 - 16 Name
 - 17 Injure
 - 18 Porcelain clay
 - 19 Came
 - 20 Affirmed
 - 21 Seat of burden
 - 22 Above (post.)
 - 24 Seattle
 - 25 Surroundness
 - 26 Nearby (abbr.)
 - 27 Lovers garment
 - 28 The cover
 - 29 Eye-eye
 - 30 Flurry
 - 31 Pile
 - 32 Call, summer hours
 - 33 Egg
 - 34 Name
 - 35 German article



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North 08 12 07
 ♠ Q 10 2
 ♥ Q 5
 ♦ 10 8 6
 ♣ J 8 6 4

East J 5 4 3
 ♥ J 4 2
 ♠ K 5 2
 ♣ 3 2

South ♠ A K 9 7 6
 ♥ 7 6
 ♦ Q J
 ♣ A 10 7 5

Vulnerable: North-South
 Dealer: South

1♠	2♥	3♠	4♥
5♠	6♥	7♠	8♥
9♠	10♥	11♠	12♥

Opening lead: ♠ A

Helping partner helps you too

By Phillip Alder

Many bridge players have pride. They hate looking stupid, even when their partners err. After this deal, West was about to remonstrate with her partner, but he apologized so quickly that her words died unspoken.
 What would it mean if South doubled three hearts? How should the play go in three spades? (Yes, West might have gone to four hearts, which is a lucky make, but one can understand her pass.)
 If East passes over two spades, South usually has three options: pass (if minimum), bid game (if maximum), or make a game-try (if middle). In the last case, he does it by bidding a new suit in which he would like partner to have some help. However, when

East bids three hearts, there is no space for a game-try. Experts play that a double in this situation is a game-try. It asks partner to bid three spades with a minimum, jump to four spades with a maximum, and guess well when midding.
 West led the heart ace: five, two, six. She continued with the heart king, queen, four, seven. Knowing her partner had the missing heart jack, West treated the four. East's lover remaining heart, as asking for a club. So, she switched to the club king. Declarer won with the ace, cashed the spade ace, unblocking dummy's 10, led a spade to dummy's queen, drew trumps, and claimed 10 tricks.
 East should have played his jack at trick two, the higher card asking for the higher-ranking suit: diamonds. On a diamond switch at trick three, declarer loses two hearts, two diamonds and one club: one down, not one over.

North 08 12 07
 ♠ Q 10 2
 ♥ Q 5
 ♦ 10 8 6
 ♣ J 8 6 4

East J 5 4 3
 ♥ J 4 2
 ♠ K 5 2
 ♣ 3 2

South ♠ A K 9 7 6
 ♥ 7 6
 ♦ Q J
 ♣ A 10 7 5

Vulnerable: North-South
 Dealer: South

1♠	2♥	3♠	4♥
5♠	6♥	7♠	8♥
9♠	10♥	11♠	12♥

Opening lead: ♠ A



Wednesday, Aug. 13, 1987

In the year ahead, there could be a noticeable improvement in your social life. Your chart indicates activity with new companions with whom you will have a lot of fun.
LEO (July 23-Aug. 23) Your personality is dynamic and charismatic today. Don't be surprised if people with whom you've been out of touch suddenly want to talk with you.
VIRGO (Aug. 23-Sept. 23) Critical issues can be brought to happy conclusions today, if there are any loose ends in your life, see if they can be tied off to your advantage.
LIBRA (Sept. 23-Oct. 23) This could turn out to be one of your luckier days, espe-

cially if you're working on a new endeavor about which you feel enthusiastic.
SCORPIO (Oct. 24-Nov. 23) Your material prospects look encouraging today. The rewards to which you're entitled might suddenly become realized, and could even produce extra dividends.
SAGITTARIUS (Nov. 23-Dec. 21) Today you're likely to be luckier for yourself than you will be for other people. Focus on enhancing your personal interests and ambitions.
CAPRICORN (Dec. 22-Jan. 19) You are very close to a profitable arrangement, but it is not of your own making — try to do what you can to make a contribution.
AQUARIUS (Jan. 20-Feb. 18) Today you possess the ability to improve and expand upon the good ideas of your associates. You could have several opportunities to utilize your skills.
PISCES (Feb. 19-March 20) Even if you have to work a few extra hours today, do

everything within your power to please the boss. Your industriousness will be noted and rewarded.
ARIES (March 21-April 19) An exceptional day could be in the offing for you if your attitude is positive, humorous and expectant. Your enthusiastic spirit will generate the vibes.
TAURUS (April 20-May 20) Positive changes are presently stirring that could benefit you and your family. For the moment, however, they may be slightly veiled and difficult to perceive.
GEMINI (May 21-June 20) This is a good day for you to negotiate agreements. Your wisdom will generate a fair deal both for yourself and the other party.
CANCER (June 21-July 20) Yesterday when you met with obstacles and impediments, you should now find opportunities. Figure out what you'd like to reconstruct to your advantage.
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