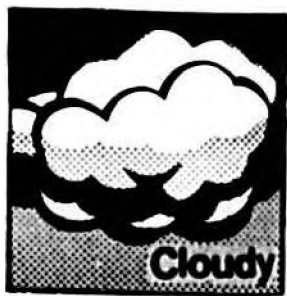


Sanford Herald

Serving Sanford, Lake Mary and Seminole County since 1908

88th Year, No. 97 - Sanford, Florida



Today: Mostly cloudy and cooler with a chance of showers or thunderstorms. High in the mid to upper 60s. Wind becoming northwest 15 mph. Chance of rain 30 percent.

For more weather, see Page 2A

TODAY

BRIEFS

Public invited

The Sanford Historic Trust invites the public to its meeting Thursday, 7 p.m., at the Greater Sanford Chamber of Commerce building. Sanford City Manager Bill Simmons will speak on progress and the future of the city. For information, call 322-1914.

Former commissioner dead

Former Seminole County Commissioner William Lawrence Swafford died Saturday at his residence in Warne, North Carolina, where he has lived for the past 25 years.

Official records have proven to be confusing as they indicate he served in two elected capacities at the same time, which would not have been permitted.

Seminole County records show he served on the county commission for two 4-year terms, from 1957 to 1960, and again from 1963 to 1966.

Altamonte Springs records indicate he served as a city commissioner from 1956 to 1962, and as mayor of that city from January of 1962 until 1973.

He is survived by his wife Missouri, two sons and two daughters. (See today's obituaries on page 5A).

Private memorial services were held Monday at his residence.

Artists wanted

MAITLAND — The Maitland/South Seminole Chamber of Commerce is looking for artists and creators of fine crafts for the 1996 Spring Festival. The event will be held on the shores of Lake Lily in Maitland.

This is a juried show of art and crafts with cash awards.

Interested parties should contact the Maitland/South Seminole Chamber office at 644-0741 as soon as possible. Applications and fees must be received by the chamber by no later than February 15.

Area code change

The area code has been changed for telephones in a number of counties which include the cities of Gainesville, Ocala and Brooksville. The change from 904 to 352 started last month, but callers will be able to dial the 904 area code for the time being, until May 20.

The change will not affect any telephones in Seminole County, but will affect Lake County, immediately west of Seminole. Other counties which have the new area code include Marion, Hernando, Citrus, Levy, Alachua, Gilchrist, Dixie, and small parts of adjacent counties.

Man allegedly kidnapped

A Casselberry man has been arrested for kidnapping a Sanford teen early Tuesday morning.

According to Sanford Police Cmdr. Dennis Whitmore, Michael Stanley Stoyanov, 29, of 550 Margold Road in Casselberry, was allegedly attempting to steal a woman's purse in the parking lot of the Taco Bell at 2700 S. Orlando Dr., Sanford, at about 4:20 a.m.

Upon seeing the crime in progress, Antonio Cullen, 15, allegedly stepped in to save the young lady.

Stoyanov allegedly then turned his attentions to Cullen and forced him into his car with a 9 mm handgun. The woman has disappeared with her purse.

With a gun pointed at him Cullen allegedly drove to a hotel 10 blocks away before he jumped from the car and ran away. Stoyanov allegedly told Cullen if he would kill him if he told anyone of the incident.

Compiled from staff reports

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There is no more independence in politics than there is in jail.

-Will Rogers

Political season of change

Votes to be scanned for quick results in GOP primary

By NICK PFEIFAU
Herald Staff Writer

SANFORD — The Seminole County Supervisor of Elections office is gearing up for the Florida preferential presidential primary election coming up in early March. Republican voters will be the first to use the new optical scan vote counting mechanism in Seminole County.

The election, scheduled for March 12, will only be for persons registered as Republicans. Election Supervisor Sandra Goard said as of this past November, there were 89,344 registered

Republicans in Seminole County, compared to 59,995 Democrats.

The figures are expected to climb before primary election time, as voter registration for that election will be open until Feb. 13.

Under the county's new optical scan system, as voters cast their ballots at each of the county's 133 precincts, they will be deposited into a scanner which will keep a running tabulation throughout the day. Goard said as soon as the polls closed at 7 p.m., the poll workers will patch the computer into a telephone and the vote count will automatically be sent to the elections office at

the Seminole County services building. "While this is the first time we will be trying this new system," Goard said, "I expect there will be a tabulation within possibly just minutes after the polls close, rather than having to wait several hours while they were counted as has been the case in the past."

She stressed that while the votes will be counted during the entire day, no preliminary numbers will be released until the election has officially ended at 7 p.m.

Republican voters going to the polls in March
See Vote, Page 5A

A dad and son outing



Neil Pinero and his son Samoel, from Sanford, took advantage of a break in the blustery weather recently to commune with some of Mother Nature's creatures at the Sanford marina. Dad and son fed bread chunks to pigeons and friendly ducks that also wandered up the banks of Lake Monroe for a meal. The weather didn't hold, however, and when the bread was gone, the pair took cover from the rain.

Herald Photo by Roger Harnack

Juvenile justice system gets bigger

But is it big enough?

By JACKIE HALLIFAX
Associated Press Writer

TALLAHASSEE — Florida's juvenile justice system got bigger last year, but apparently it hasn't grown fast enough.

In 1995, the Department of Juvenile Justice expanded the system's capacity by 1,151 slots to nearly 5,900. Last week, however, 689 young criminals were awaiting placement.

The waiting list is down from May, when it was 918. But it's

longer than when the department was created in October 1994, when 474 awaited placement.

Juvenile Justice Secretary Calvin Ross said his department's success in opening new programs last year exceeded expectations. But Florida must travel farther "on the road to recovery," he said Tuesday.

"We're still far behind where we really need to be in putting beds on line for the state," Ross said.

Rep. Buzz Ritchie, a Pensacola Democrat who had a key role in writing reforms to the state's juvenile justice laws two years ago, said he had hoped new programs would be opened more quickly.

"They were coming on slower than I had hoped, slower than I had anticipated," he said Tuesday.

Ritchie said one of his concerns about the pace of new program openings was the effect on detention centers, which sometimes get too crowded as teen-agers wait for spots in residential programs.

"I think we've been lucky in avoiding serious problems in our detention centers," he said.

A lot of the growth in the juvenile justice system has resulted from expanding programs run by companies under contract with the state, not from building new facilities, Ross said.

Now the department is facing an old problem: the "not in my back yard" syndrome.

It takes from six months to a year to get the necessary zoning and

permits for a piece of land, Ross said.

"Anywhere along that time-line you could have NIMBY arise," he said Tuesday. Protests could come from neighborhoods near the project or from miles away, he said.

One of the answers to getting more programs opened may be looking at state property, Ritchie said.

Ross said his department is working with the Department of Corrections to use land next to adult facilities when appropriate.

He also said the state would rely on county and regional boards dealing with juvenile justice to help find sites for facilities that keep delinquents closer to their families and communities.

A foggy day in Sanford town



Shrouded in the mist, the rivership Romance magically appears as if from out of nowhere in the waters of Lake Monroe off the Sanford shoreline. The

photograph, taken earlier this week, was indicative of the effect a sudden change in temperature has on the lake.

Herald Photo by Roger Harnack

Ortho wins approval for wrinkle cream

By The Associated Press

WASHINGTON — Ortho Pharmaceutical Corp. has won permission to promote its new drug as a wrinkle reducer.

Tretinoin, sold under the brand name Retin-A, was approved in 1971 to treat severe acne and soon won wide popularity as a potent wrinkle remover.

On Friday, the FDA said Ortho has proved that tretinoin does reduce fine wrinkles and brown spots, giving the company permission to sell a special cream version under the brand name Renova.

Renova is different from Retin-A only because its more soothing cream formula is better suited for aging skin, Ortho said. It will be available next month.

Studies indicate that after 24 weeks of using Renova, 80 percent

See Wrinkle, Page 5A

FLORIDA BRIEFS



Dog brings home skull

NORTH PORT — Hollywood the dog starred in his own real-life horror movie, bringing home bones and finally a human skull.

"I about died," said Hollywood's owner, Wayne Brown. "I fell down the stairs trying to get to the phone to dial 911."

For weeks, the German short-haired pointer dragged home bones and dumped them in the front yard. In all, Hollywood brought home 12 or 15 before offering his New Year's Day surprise.

On Tuesday, police — hacking through thick underbrush and overhanging vines — found the rest of the skeleton of a deserted road about 30 yards from Brown's yard.

The bones were too badly decomposed to discern gender, race or age, but police guessed they were at the most a month old, said Karen Cooper of the Florida Department of Law Enforcement. The bones were sent to a lab for analysis.

Officials were treating the death as a homicide, though they don't know the circumstances.

All along, Brown had figured the bones were the remains of a hog or a deer and paid no attention to them.

But when he saw the skull Monday about 20 feet from the dog's screened kennel, it seemed to be right out of a horror movie.

He said he was so disturbed trying to climb the stairs to his front door that he fell back down them. All he could think, he said, was: "I've got a human head in my front yard. There's a human head in my front yard. What do I do?"

North Port police arrived with tracking dogs. The FDLE was summoned. Reserve officers on horseback and Explorer scouts came, too, and began combing the woods around Brown's house.

The search for the bones was hampered Monday by rain and mud.

On Tuesday, about 30 searchers endured four grueling hours in muck and underbrush. They complained of water moccasins and a 6-foot indigo snake; spiders, poison ivy, poison oak; high water from the rains, animal holes; palmettos blinding them and brambles hanging down, choking and scratching them.

"We're like a finely choreographed team out there," one of the men said, then laughed. "We're the Rockettes: Kicking our legs through the underbrush."

Pilots: tower at fault in Call crash

MIAMI — The crew of an American Airlines jet which crashed in Colombia last month was misled by an air traffic controller who didn't know the jet's location as it approached the Call airport, said two of the airline's veteran pilots.

The pilots' arrival at their interpretation of what led to the crash, which killed 180 people on Dec. 20, after reviewing a transcript of the flight's pilot-to-ground conversations.

The crash occurred shortly after the controller told the crew to fly over a radio beacon at Tulua, about 40 miles north of the airport. At the time, the plane had already passed Tulua.

The two-man crew was trying to turn around to go back to Tulua when the plane crashed.

The controller and the crew had vastly different ideas of the airplane's location because of misunderstandings throughout their conversations, the pilots told The Miami Herald in a story published Wednesday.

The two pilots, who asked not to be identified, are both experienced flying into Call. They said they are unhappy with a preliminary report from Colombian aviation authorities that blamed the crew for the crash. It absolved the air traffic controller and said language was not an issue.

An American Airlines spokesman declined to comment on the pilots' interpretation.

Ga. shrimpers blast Fla. netters

ST. MARYS, Ga. — Camden County fishermen are worried that recreational shrimpers who come to Georgia waters to escape Florida's limit will deplete their livelihood.

Florida residents travel as far north as McIntosh County to cast nets for shrimp, a spokeswoman for the Georgia Department of Resources said.

"One day last year, I counted 117 boats within a half-mile area," said Leslie Linker, a recreational fisherman from Camden County. "Only 21 had Georgia stickers — the rest were from Florida."

Georgia has no limit on the amount of shrimp that may be caught with a cast net.

"Cast-netting is supposed to be recreational," said Jack D'Antignac, president of the Georgia Shrimper's Association. "The cast-netters are depleting the crop by catching them in the estuaries and the nurseries which is terrible. They're depleting our source before they get to the ocean."

No Florida anglers were immediately found for comment Tuesday.

A public hearing on the future of cast-netting in Georgia is scheduled for tonight at the Camden County Public Library in Kingsland.

From Associated Press reports

NEWS FROM THE REGION AND ACROSS THE STATE

Winter storms threaten more damage to battered beaches

By The Associated Press

PANAMA CITY BEACH — Florida Panhandle beaches already battered by Hurricane Opal are facing a new erosion threat from winter storms.

And evidence is mounting that efforts to create improvised dunes in Opal's aftermath to protect beachfront buildings from such storms may be having the opposite effect, Grayton Beach geologist Robert G. Murphy said Tuesday.

"I feel somewhat vindicated," said Murphy, who had predicted that result nearly three months ago. "But I'm also heartbroken."

The winter storms have begun

to wash away some of the improvised dunes built in the wake of Opal, which struck the Panhandle on Oct. 4.

The Department of Environmental Protection allowed the use of heavy equipment to scrape sand from the water's edge for dune-building for several weeks after Opal but then banned the practice because it was doing more harm than good.

"It's best to leave it alone as long as it's not affecting the structures," said Hal Bean, assistant chief of the department's Bureau of Beaches and Coastal Systems.

Excessive scraping narrowed the beach, putting some build-

ings closer to the Gulf of Mexico and its potentially damaging wave action.

Murphy said the bulldozing also destroyed sea oats that hold the sand in place to form natural dunes.

"The travesty was to destroy the sea oats," Murphy said. "They are very sturdy and hardy if you don't destroy the root system."

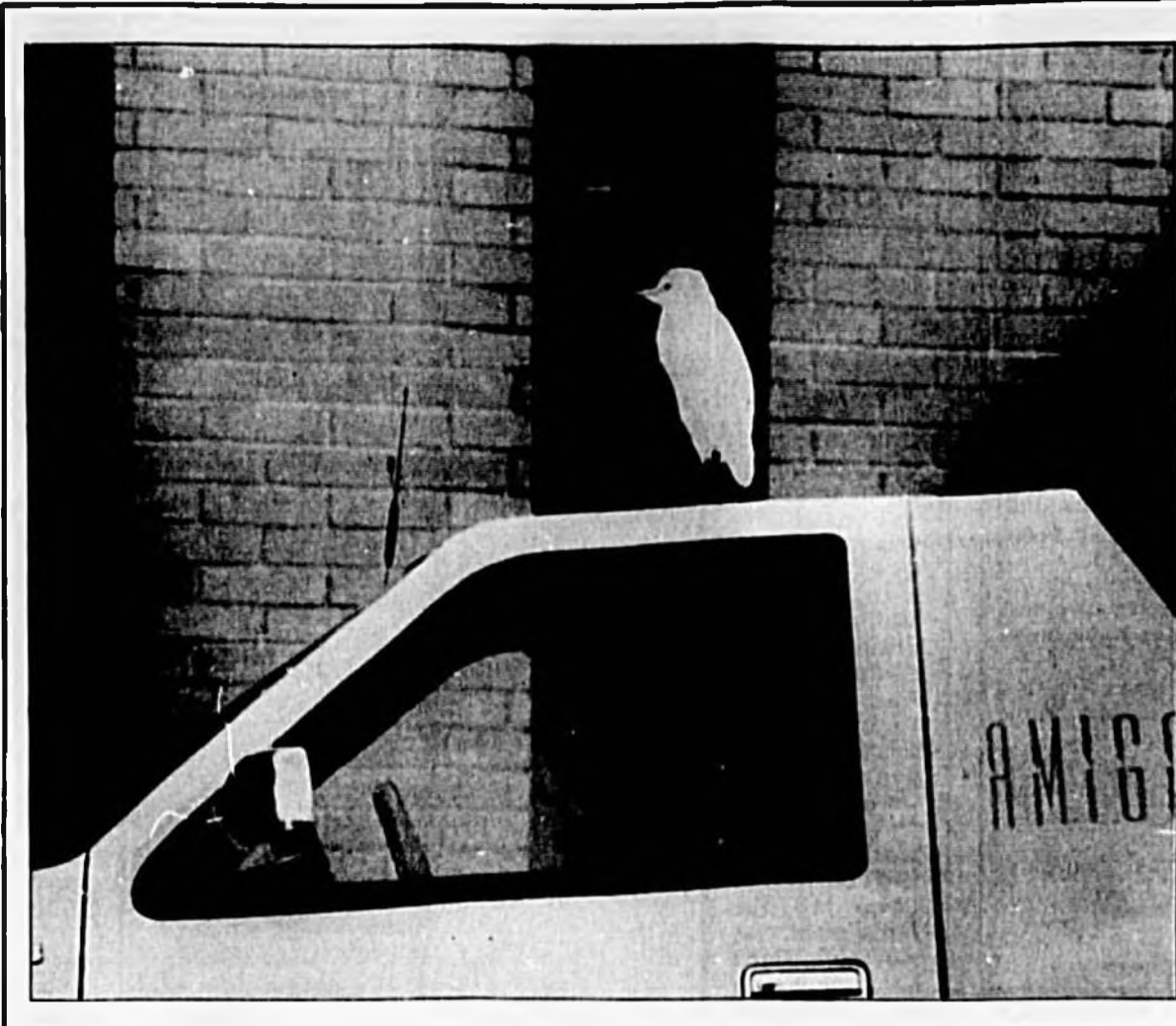
The biggest problem has been in Bay County, which includes Panama City Beach, because it had little in the way of protective dunes even before Opal, Bean said.

Opal washed what sand there was into the gulf. That sand

should wash back ashore and again create dunes as the particles become entwined in the roots of sea oats.

But it is a process that could take years, if not decades, although Murphy said he has seen evidence of dunes starting to return in areas where sea oats were undamaged.

A joint federal, state and local beach renourishment project was on the drawing board for Panama City Beach even before Opal struck. It is not scheduled to begin for at least another year, but a state report on Opal's impact expected to be completed soon could persuade legislators to accelerate the project, Bean said.



Downtown Sanford parking situation is really for the birds

The parking spaces available for waterfowl in downtown Sanford is extremely limited by the number of cars that are in the area. This egret wasn't going to let such a petty thing as that get in his way, however. He just took a rooftop seat and scanned the area for other places to land while he waited for lunch time to arrive. Though he was double parked in the downtown historic waterfront district, the lovely creature was not ticketed by the Sanford Police Department.

Herald Photo by Tommy Vincent

Northeast Fla. tradeplex may start to pay off

YULEE — Nassau County residents may finally see a return on their \$65 million investment in the Fernandina International Tradeplex as two companies move in.

The industrial park had been on the drawing board for almost a decade. In 1986, Nassau County floated bonds to pay for the land, but nothing else happened for years.

Atlanta-based Georgia-Pacific Corp., a forest products company, and Coastline Plastics, which molds PVC into piping for hot water, are building at the Tradeplex. Between them, they will provide about 200 jobs.

Buddy Jacobs, the Nassau County Ocean, Highway and Port Authority's attorney, said getting a company like Georgia-Pacific in the park should give the project a boost.

Everglades shutdown hurts the fishing guide business

By RAJU CHEBBI, Associated Press Writer

MIAMI — Fishing guide Mike Haines has lost \$3,000 in the last two weeks because of the federal budget stalemate.

Haines, 27, takes children and families on fishing trips in the Everglades National Park. But it was shut down Dec. 20 because President Clinton, Senate Majority Leader Bob Dole and House Speaker Newt Gingrich couldn't agree on the budget.

Barely two months after fulfilling his boyhood dream of being a full-time fishing guide, Haines now is scrambling to make ends meet.

"This is a terrible time for the park to be shut down like this. The whole thing is ludicrous," he said Tuesday.

Hundreds of fishing guides suddenly find themselves with thin wallets and quiet cash registers because the park is closed. Hundreds of tourists are being turned away each day, and thousands across the United States have decided to stay away from South Florida. The Christmas and New Year's breaks are the busiest times of the year for the park.

"It just sent some real pangs into me that the government has this ability to put so many people out of business," 28-year guide Hank Brown said in a telephone interview from his

home in Islamorada on Upper Matecumbe Key. "The angler I booked last week decided to go back to Chicago. They don't come here to sit around in motels."

For each day trip, guides make about \$325; this time of year, they're booked solid, said Brown.

Brown, 66, is living off savings; usually he earns half his annual income in December and January.

Tourists come to the Everglades to catch trout, red fish, snook, tarpon and other species that can't usually be found in the deeper waters of Florida Bay or the Atlantic Ocean.

LOTTERY

MIAMI — Here are the winning numbers selected Tuesday in the Florida Lottery:

Fantasy5
24-17-23-25-15



Cash 3
2-3-2
Play 4
0-9-4-2

Sanford Herald

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THE WEATHER

LOCAL FORECAST

Today: Mostly cloudy and cooler with a chance of showers or thunderstorms. High in the mid to upper 60s. Wind becoming northwest 15 mph. Chance of rain 30 percent. Tonight: Partly cloudy and cold. Low in the lower 40s. Wind northwest 10 mph. Thursday: Partly cloudy. High in the lower to mid 60s. Thursday: Partly cloudy. High in the lower to mid 60s. Friday: Partly cloudy. Highs upper 50s north to upper 60s south. Saturday: Mostly cloudy with a chance of showers and thunderstorms. Lows mostly in the upper 30s north to the upper 40s south.

FLORIDA TEMPS

| City | Hi | Lo | Pct |
|----------------|----|----|-----|
| Daytona Beach | 75 | 46 | 11% |
| Fl. Land Beach | 81 | 74 | 0% |
| Fort Myers | 81 | 69 | 3% |
| Gainesville | 77 | 64 | 5% |
| Homesdale | 83 | 73 | 0% |
| Jacksonville | 77 | 61 | 0% |
| Key West | 84 | 74 | 1% |
| Lakeland | 81 | 68 | 1% |
| Miami | 86 | 75 | 0% |
| Pensacola | 63 | 63 | 1% |
| Sarasota | 73 | 70 | 2% |
| Tallahassee | 80 | 63 | 4% |
| Tampa | 74 | 64 | 0% |
| Vero Beach | 86 | 73 | 0% |
| W. Palm Beach | 84 | 76 | 1% |

EXTENDED OUTLOOK

| WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---------------------|--------------------|-------------------|--------------|-------------------|
| Partly cloudy 58-63 | Mostly clear 60-66 | More cloudy 68-84 | Cloudy 85-73 | Very cloudy 40-62 |

MOON PHASES

| | |
|---------------|-----------------|
| | |
| Full Jan. 5th | Last Jan. 13th |
| | |
| New Jan. 20th | First Jan. 27th |

BEACH CONDITIONS

Daytona Beach: Waves are 1 to 2 feet and rough. Current is running to the south with a water temperature of 58 degrees.

New Smyrna Beach: Waves are 1 to 1 1/2 feet and choppy. Current is running to the south with a water temperature of 56 degrees.

TIDES

WEDNESDAY:
SOLUNAR TABLE: min., 3:00 a.m., 3:15 p.m.; maj., 9:05 a.m., 9:30 p.m. **TIDES:**
Daytona Beach: highs, 6:08 a.m., 6:21 p.m.; lows, ---, 12:25 p.m.; **New Smyrna Beach:** highs, 6:13 a.m., 6:26 p.m.; lows, ---, 12:30 p.m.; **Cocoa Beach:** highs, 6:28 a.m., 6:41 p.m.; lows, ---, 12:45 p.m.

BOATING

St Augustine to Jupiter Inlet — Wednesday: Wind west to northwest around 20 knots. Seas 3 to 5 ft near shore and 7 ft offshore. Bay and inland waters rough. Widely scattered showers and tsrms mainly in the morning. Wednesday night: Wind northwest decreasing to 15 knots. Seas subsiding to 3 to 5 ft. Bay and inland waters becoming a moderate chop.

STATISTICS

The high temperature in Sanford Tuesday was 58 degrees and the overnight low was 40 as reported by the University of Florida Agricultural Research and Education Center, Celery Avenue.

Recorded rainfall for the period, ending at 9 a.m. Wednesday, totalled 0 inches.
Sunset.....5:41 p.m.
Sunrise.....7:19 a.m.

The Ultra Violet Index (UVI) rating for Orlando is 3. Not bad, but still use your sunscreen, wear a hat.

The UVI exposure levels are rated by the Environmental Protection Agency as follows:

- 0.1-2 minimal
- 3-4 low
- 5-6 moderate
- 7,8,9 high
- 10- very high

NATIONAL TEMPS

| City | Hi | Lo | Pct | Obs |
|-------------------|----|----|-----|------|
| Albany | 26 | 18 | 0% | city |
| Anchorage | 19 | 12 | 10% | city |
| Atlanta | 63 | 38 | 10% | city |
| Atlantic City | 43 | 37 | 0% | city |
| Austin | 48 | 32 | 0% | city |
| Baltimore | 48 | 35 | 0% | city |
| Boston | 34 | 24 | 0% | city |
| Brownsville | 58 | 39 | 0% | city |
| Buffalo | 47 | 13 | 24% | city |
| Burlington, Vt. | 6 | 0 | 0% | city |
| Casper | 29 | 22 | 0% | city |
| Charleston, S.C. | 67 | 55 | 0% | city |
| Charleston, W.Va. | 44 | 35 | 46% | city |
| Charlotte, N.C. | 48 | 43 | 17% | city |
| Cheyenne | 29 | 17 | 0% | city |
| Chicago | 32 | 19 | 0% | city |
| Cincinnati | 37 | 15 | 23% | city |
| Cleveland | 31 | 19 | 0% | city |
| Concord, N.H. | 22 | 12 | 15% | city |
| Dallas, Ft. Worth | 41 | 32 | 0% | city |
| Dallas | 38 | 18 | 13% | city |
| Des Moines | 27 | 22 | 0% | city |
| Detroit | 36 | 16 | 13% | city |
| Honolulu | 83 | 65 | 0% | city |
| Houston | 48 | 32 | 0% | city |
| Indianapolis | 34 | 16 | 46% | city |
| Jackson | 32 | 24 | 0% | city |
| Kansas City | 34 | 17 | 0% | city |
| Las Vegas | 67 | 41 | 0% | city |
| Little Rock | 41 | 22 | 0% | city |
| Los Angeles | 76 | 52 | 0% | city |
| Memphis | 43 | 28 | 11% | city |
| Minneapolis | 25 | 14 | 0% | city |
| Miss St. Paul | 37 | 4 | 0% | city |
| Nashville | 36 | 27 | 22% | city |
| New Orleans | 58 | 36 | 0% | city |
| New York City | 38 | 26 | 0% | city |
| Oklahoma City | 35 | 28 | 0% | city |
| Omaha | 38 | 4 | 0% | city |
| Philadelphia | 43 | 31 | 38% | city |
| Phoenix | 62 | 46 | 0% | city |
| Pittsburgh | 34 | 27 | 36% | city |
| Portland, Maine | 30 | 0 | 11% | city |
| Sacramento | 41 | 49 | 0% | city |
| St. Louis | 36 | 17 | 0% | city |
| Salt Lake City | 36 | 24 | 0% | city |
| Shreveport | 48 | 33 | 0% | city |
| Tulsa | 34 | 28 | 0% | city |
| Washington, D.C. | 48 | 36 | 0% | city |

POLICE BRIEFS

Drug arrests

Members of the Sanford police QUAD Squad arrested Ludwig Perry, 27, of 1114 Groveview Way on Friday. Officers said they located Perry in the 1800 block of 13th Street. During the incident, the arrest report said Perry "punched" the officer in the face. He was charged with possession of a controlled substance (crack cocaine) resisting an officer with violence, battery on a law enforcement officer, and sale/delivery of a controlled substance.

QUAD Squad agents arrested Angel L. Sanabria, 21, of 2423 Chase Avenue at 11th Street and Pecan Avenue Friday. Officers, investigating possible drug activities at Fifth Street and Olive Avenue, conducted a traffic stop. Sanabria was charged with purchase of cannabis, and driving with a suspended/revoked license.

Sunday, police arrested Daniel A. Carrero, 27, of 107 Valencia Court, and Rex Vernon Hill, 29, of Sanford, spotted in a vehicle in the 2800 block of Park Avenue. Each was charged with possession of less than 20 grams of a controlled substance (cannabis).

Josephine J. James, 50, of 4 Cowan Moughton Terrace, Sanford, was arrested by Sanford police in the 1000 block of W. Eighth Street Saturday. James was charged with possession of crack cocaine, resisting an officer without violence, and possession of drug paraphernalia.

Traffic stops

Delroy H. Lafayette, 29, 1131 Rosehill Circle, was stopped by Lake Mary police Saturday on Str Lawrence Drive. He was charged with driving with a suspended/revoked license.

Christopher Colon, 48, of Deltona, was arrested by Florida Highway Patrol troopers Saturday following a single vehicle accident at Midway and Broadway, off SR-46 east of Sanford. FHP officers said Colon's vehicle collided with a stop sign. He was charged with driving under the influence, leaving the scene of an accident with property damage, and criminal mischief.

Matthew Roberts, 27, 2410 Willow Avenue, Sanford, was stopped by sheriff's deputies in Geneva Sunday. He was charged with driving under the influence, purchase/possession of under 20 grams of cannabis, and possession of drug paraphernalia.

Patrick William Evans, 19, El Portal, Sanford, was stopped by Sanford police on U.S. Highway 17-92 and 24th Place Monday. He was charged with driving with a suspended/revoked license and having an expired tag.

Freddie C. Young, 51, 1200 W. Seventh Street, Sanford, was stopped by deputies in the 2200 block of SR-46A Monday. He was charged with driving under the influence of alcohol.

John Hendricks, 43, 218 Palm Place, Sanford, was stopped by deputies at 28th Street and Sanford Avenue Monday. He was charged with driving under the influence.

Domestic cases

Michael D. Fogle, 40, 118 Van Buren Avenue, Lake Mary, was located at his residence by deputies Monday following a reported altercation with a female. He was charged with battery, domestic violence.

James K. Cuddy, 25, 701 Mandarin, Sanford, was located by deputies at his residence Sunday as the result of a dispute with his wife. He was charged with battery, domestic violence.

Lee A. King, 47, 3301 S. Sanford Avenue, was arrested at his residence by Sanford police Saturday as the result of an argument with his wife. He was charged with aggravated assault, domestic violence.

Eugene S. Leonard, 28, 190 Katies Cove, was located by deputies at his residence Saturday following a reported dispute with a female. He was charged with battery, domestic violence.

Warrants

Timothy H. Kavanaugh, 30, 102 Lake Arbor Court, Sanford, was located by Sanford police Sunday in the 2400 block of Marshall Avenue. Police said they were responding to a call regarding a possible burglary in progress. During an investigation, Kavanaugh was found to be wanted on Seminole County warrants for grand theft and driving with a suspended license. Police said he was also wanted on a warrant in Volusia County for grand theft.

Bobble Gail Luffin, 37, 1945 Third Drive, Sanford, was located by Sanford police on Celery Avenue Friday. She was wanted for failing to appear on a charge of theft.

Jody Pearce, 19, with no local address, was located by Sanford police in the 400 block of Orange Avenue Sunday. She was wanted for failing to appear on a charge of filing a false report.

Sam V. Stafford, 41, 702 Cypress Avenue, was reportedly located by police in a vehicle parked at a closed service station on French Avenue shortly after midnight Monday morning. He was found to be wanted on a warrant for violation of probation on a conviction of burglary to a structure, and two warrants for violation of community control.

David Kimbrough, 32, 25 Edward Higgins Terrace, was located by police Monday walking near his home. He was wanted on three warrants for violation of probation in Leon County on convictions of grand theft.

Pamela S. Smith, 25, 1600 W. Fifth Street, was served a warrant at the John E. Polk Correctional Facility Monday. She was wanted for violation of probation on a conviction of theft.

Disorderly

Brenda Brown, 33, of 120 Bethune Circle, Sanford, was arrested by Sanford police Saturday in the 1600 block of W. 13th Street. She was charged with disorderly conduct, and resisting an officer without violence.

Sanford police reports

Two businesses were reportedly burglarized Monday in the 200 block of Coastline Road. From one, a computer, printer and other items valued at \$25,000 were reported missing. Nothing was believed to have been taken from the other business.

Two TV sets and a VCR valued at \$600 were reportedly stolen Monday from a residence in the 2500 block of Hartwell Avenue.

An estimated \$380 in jewelry and \$500 in cash were reported missing Friday from a residence in the 600 block of Laurel Avenue.

An estimated \$600 in cash was reportedly taken Monday from a residence in the 300 block of Loch Low Lane.

A VCR valued at \$277 was reported stolen Sunday from a residence in the 700 block of Magnolia Avenue.

A \$388 cellular phone was reported stolen Sunday from a residence in the 1300 block of Oleander Avenue.

A circulating pump valued at \$150 was reportedly stolen Saturday from a shed in the 2500 block of Orange Avenue.

A VCR and other items valued at \$338 were said to be missing Sunday from a residence in the 700 block of Palmetto Avenue.

An estimated \$340 in cash was said to have been taken Friday from a residence in the 300 block of Park Avenue.

A fax machine and other items valued at \$800 were reported stolen Sunday from a business in the 2500 block of Park Avenue.

A \$300 TV set was said to be missing Monday from a residence in the 2600 block of S. Sanford Avenue.

An air conditioning unit and a heating unit with a total combined value of \$4,500 were reported stolen Saturday from a residence in the 1700 block of W. Fourth Street.

A woman's purse and contents valued at \$416 were reportedly stolen Saturday from an apartment in the 1200 block of W. 13th Place.

An estimated \$4,400 in items were reportedly stolen Monday from a business in the 800 block of E. First Street in Sanford.



Strike up the band

Several of Seminole High School's most accomplished musicians recently tried out for the Seminole County All County Honor Band. Among those who were honored with chairs in the countywide band were, in the front row left to right, Amy Hunter on trumpet, Rachel Barnett on clarinet, and Karen Nunez on flute; and in the back row, left to right, Scott Sturtz on trumpet, Jeff Whitaker on trumpet and Cindy Teixeira on French horn. Others who made the band were Jesse Lange on flute and Jordana Elliot on bassoon.

Herald Photo by John Cullum

So many meetings, so little accomplished

By CATHERINE BRADSHAW
AP Business Writer

PITTSBURGH — You know the scenario. The boss calls the staff together and — PLEASE, NO! — closes the door. The hours tick by, and heads bob as sleep — sweet sleep — tantalizes the dulled senses.

It's meeting time!
If this sounds familiar, you're not alone.

As companies push for efficiency and give employees more say, many people are meeting more and accomplishing less, management experts say.

"We're having too many meetings called to deal with trivia under the pretense of collaboration," said Sharon Lippincott, a Pittsburgh-based consultant who is dedicated to ending the meeting madness.

Many upper-level managers spend 60 percent to 70 percent of their time in meetings, said Mitchell Nash, a partner of Interaction Associates Inc., a training and consulting firm based in Cambridge, Mass.

Some companies are working hard to cut down on that time. Employees at companies still in the Dark Age of meetings estimate that about half their meetings are a waste of time, Nash said.

"A company could be wasting thousands of dollars," he said.

Nash said the most common complaints about meetings include:

- The purpose of the meeting is unclear.
- The meeting participants are unprepared.
- Key people are absent or late.
- The conversation veers off track.
- Meeting participants don't discuss issues — they dominate the conversation, argue or take no part at all.
- Decisions made at the meeting are not followed up on.

An executive at the Software Engineering Institute in Pittsburgh may have put it best when he described meetings in an anonymous survey as "a place where you keep the minutes and lose the hours."

Then there's the sign in a conference room at the Valley News Dispatch of Tarentum, Pa. that said, "Are you lonely? Working on your own? Hate making decisions? HOLD A MEETING!"

"People dread meetings," Nash said.

But meetings can work, if they're conducted in the right way.

Maria D'Abruzzo, a quality manager for McDonald's Corp. in the Pittsburgh area, has called many meetings to talk about changes designed to improve productivity.

"In any organization in the throes of change ... you tend to meet more because you're trying to lay the foundation," she said.

She said planning and organization keep meetings on track. She distributes agendas before meetings and posts the agenda on a large flip-chart in the meeting room. Records track whether decisions made in the meeting are acted on.

Some meetings, especially large ones or those involving different levels of management, run best with a facilitator — an outside party whose only role is to focus on keeping the meeting flowing.

"A facilitator typically understands what the goals of the meeting are and is involved in the planning," D'Abruzzo said.

The Software Engineering Institute, a federally funded research and development center at Carnegie Mellon University in Pittsburgh, has been working to improve its meetings

since 1982, when the Institute enlisted Xerox Corp. to help 300 employees with a number of management problems.

Pete Malpass, a project leader at the institute, teaches new employees techniques including conflict resolution and how to offer constructive criticism.

The training for new employees has been cut from seven to five and a half hours.

"We practice on ourselves what we preach to others," he said.

Meeting agendas are considered so important that employees are allowed to walk out of meetings that convene without one. They rarely do walk out, but they usually insist on putting together an agenda if their leader does not provide one.

Every meeting has a leader, a facilitator, a timekeeper and a note taker.

"We were terrible at meetings when I got here three and a half years ago," Malpass said. "This is delightful."

Lippincott's book — "Meetings: Do's, Don'ts and Donuts" (more on the donuts later) — provides guidelines for meeting management:

1. State in one or two sentences exactly what you would like your meeting to accomplish.
2. Decide whether a meeting is the best way to accomplish this. If so, distribute an agenda at least a couple days in advance.
3. Set ground rules to maintain focus, respect and order during the meeting.
4. Take responsibility for the outcome of the meeting. For example, help keep the discussion on track and help resolve conflicts.
5. If your meeting isn't working, try other tools. They could include brainstorming techniques or computer software that helps you create the agenda.

"A meeting is a process that begins when you decide to have one, and it doesn't end until all the action items are completed," Lippincott said.

Now for the donuts. Snacks — fat-laden or health-conscious, take your pick — add a nice social dimension to meetings, Lippincott said. But she cautions against conducting a meeting while people are eating full meals.

"It's very hard to conduct serious business while people are stuffing their faces," she said.

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EDITORIAL

Wreck waiting to happen

While automobile accidents might be attributed to many causes including driving under the influence of alcohol, beautification can also cause problems.

Many times, motorists seeking a certain location, whether it be a street sign, business address or informational sign board, have difficulty seeing them. As a result, the signs often pop up without notice, causing the motorist to change lanes or slow down rapidly. If there is another vehicle behind you, you can easily see what could happen.

We blame beautification for much of this. Drive through your area and pretend you are a visitor looking for a specific location. You will find it difficult at times, because there are trees, shrubs, or other obstructions blocking your eyesight.

We could be specific, but not knowing the full circumstances, that might be unfair. Why does that shrub block the sign? Is it because the city or county codes require certain plantings in areas surrounding businesses or informational signs? Or could it be that someone has ignored trimming the shrubs to allow better sight?

As an example, without naming names, there is a commercial business district located just off a major highway in northern Seminole County. Individual motorists or truck drivers frequent the location often. Yet for those who may not know the exact location, the sign identifying the area is obliterated by shrubs.

Suddenly, you are there and need to make a turn. You slow down abruptly to avoid missing the turn, and the motorist behind you must take prompt action to keep from rear-ending your vehicle. Hopefully, the motorist at the rear has been paying attention, but if he or she is changing the dial on the radio or talking on a cellular phone, you may find yourself in serious danger.

You, having made the abrupt change in driving path or speed, will probably end up not only with having your vehicle damaged, but having a traffic ticket, if not a medical bill to pay.

Claiming a hidden sign as the cause won't cancel the ticket or damage bill. So the sign continues to remain only partially visible. If at all, and it sits there waiting for the next stranger to approach.

If there are codes which force people to install shrubs or trees in certain areas, then consideration must be made regarding the sign which is to be included. If tree branches hang down low enough to cover signs, they must be eliminated. Here again, there may be a conflict with arbor ordinances regarding when and where a tree can be trimmed.

It appears to be a stand-off. But if enough business managers and industrial park developers can take some action, and if our cities and county will put more consideration into the safety of human beings than the location of trees and shrubs, we may start to see an end to this problem.

Until such time, we will continue to have information which is valuable to motorists, hidden from view, and causing problems to not only strangers, but local people who may be in the area when that sudden lane-change takes place.

It's a wreck just waiting to happen.

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JOSEPH PERKINS

1995 is over; in 1996, we pledge ...

Stick a fork in 1995. It's done. Let's see if we can get 1996 off on the right foot by offering resolutions to those men and women who figured prominently in the headlines during the previous year.

President Clinton: To place the nation's best interests above my political self-interest, even if that means reaching compromises with the Republican Congress. To keep at least one of my promises before I leave office, be it the middle-class tax cut, the end of welfare as we know it or a balanced budget. To be gracious in defeat or victory, whatever happens next November.

Hillary Rodham Clinton: To hold a news conference and deliver a mea culpa on Whitewater. To stop making nasty remarks about Republican leaders in Congress since their wives make no nasty remarks about my husband, the president.

Princess Diana, Prince Charles: To stop airing our dirty linen on the telly like commoners. To follow the Queen's advice and get a divorce.

Rupert Murdoch, Michael Eisner, Michael Jordan, Robert Wright: To recognize that, as the corporate heads of the four major television networks, we have a social responsibility to reduce the level of sex and violence broadcast over the public airwaves.

Sally Jessy Raphael, Montel Williams, Richard

Bey, Jenny Jones, Charles Perez, Jerry Springer,

Ricki Lake, Gordon Elliott, Danny Bonaduce, Tempeatt Bledsoe, Rolanda Watts, Geraldo Rivera, ad nauseam: To stop pretending that we're somehow serving the public interest by providing airtime to the mentally unstable, the sexually deviant, the intellectually impaired and the socially unredeeming.

Newt Gingrich: To remember that I am no longer a bomb-throwing Republican backbencher but the speaker of the House. To stay on message in 1996: family values, lower taxes, fewer regulations, strong national defense.

Senate Minority Leader Tom Daschle, House Minority Leader Richard Gephardt: To stop



Stick a fork in 1995. It's done.

scaring the bejabbers out of America's seniors by dishonestly warning about Republican cuts in Medicare when we know that Medicare spending is slated to increase by more than 50 percent over the next seven years.

Bosnian President Alija Izetbegovic, Serbian President Slobodan Milosevic, Croatian President Franjo Tudjman: To make good on our promises of peaceful coexistence in the Balkans. To allay the fears of the American people that the U.S. military will encounter the same hostility in Sarajevo that it did in Beirut 13 years ago, when 241 Marines were killed by a truck bomb.

Cal Ripken, Grant Hill, Pete Sampras: To continue to show that there are still a few superstar athletes worthy of public adulation, who truly are role models.

Bob Dole, Phil Gramm, Lamar Alexander, Pat Buchanan, Steve Forbes, Alan Keyes: To offer unqualified support for the GOP's chosen standardbearer once the primary race is decided. To make sure the party convention in San Diego is less divisive than the 1992 Houston convention.

Colin Powell: To reconsider my decision not to accept the Republican vice-presidential nod.

Susan Smith, Colin Ferguson, Yolanda Saldívar, Yigal Amir, O.J. Simpson: To pray that God has mercy on our souls.



MORTON KONDRACKE

Can Clinton repeat success?

This has been a good year for President Clinton in foreign policy, capped by the apparent defusing of an India-Pakistan nuclear testing crisis. But big problems ahead threaten both Clinton's new reputation for overseas leadership and his chances for re-election.

In the past few weeks, the Clinton administration quietly warned the Indian government that if it went through with plans to test a new nuclear weapon - which almost certainly would cause Pakistan to follow suit - the United States would invoke the 1994 Nuclear Proliferation Prevention Act and deny India international economic credits and the ability to trade with the United States.

According to Washington proliferation expert Henry Sokolaki, the U.S. warning apparently has caused India to rethink the idea of testing the nuclear weapon, allowing Pakistan, India's arch-rival, to stand down from plans to retaliate with a test of its own.

A pair of nuclear tests would not have led to war between India and Pakistan - which they have fought four times in the past - but would have increased tensions across one of the world's most contested borders.

An administration official confirmed that the White House and State Department took the India threat "very seriously," that a warning was issued and that "we think we have the genie back in the bottle."

The India-Pakistan stand-down comes on the heels of better-publicized successes in Bosnia, Northern Ireland, the Middle East, Haiti and on the Japan trade front.

The 1995 record helps repair Clinton's former image as either a foreign policy novice or an inattentive incompetent - reputations gained when the United States seemed able to string together only mistakes and examples of indecision in Bosnia, Somalia and Haiti during 1993 and 1994.

Still, critics like former Clinton adviser Michael Mandelbaum are accusing Clinton of substituting international "social work" for hard-nosed attention to U.S. national interests.

It's a theme that's likely to be repeated during the 1996 presidential campaign, and White House officials already are trying to head it off. Clinton's national security adviser, Anthony Lake, told a small group of journalists that he was "plugged off" at the Mandelbaum charge in an article in Foreign Affairs magazine.

"It's not social work to help Russia become democratic or to maintain the stability of Europe through NATO. It's not social work to improve conditions in Haiti and keep refugees from piling up on our shores. It's realism."

Foreign policy isn't likely to be the top issue in the 1996 campaign, but it could move to the fore if disasters befall U.S. policy in Bosnia, Russia, Mexico or China.

In Bosnia, of course, 20,000 U.S. troops will

soon be exposed to danger monitoring a peace settlement that even now is being challenged by the chief villains of the ethnic conflict, the Bosnian Serbs.

If U.S. troops get killed in any numbers (264 was the number that turned around American policy in Lebanon in 1983), there is almost certain to be a demand from Republicans in

Congress for President Clinton to withdraw, and Clinton - regardless of what Lake asserts - will be accused of risking U.S. lives when no vital U.S. interest was involved.

Meantime, Russia has just held a parliamentary election in which the top vote-getters were former Communists and ultra-nationalists. Were one of them to win the presidency next year, Congress probably would demand an end to aid for Russia and accuse Clinton of having wasted hundreds of millions of dollars in a vain effort to establish a market democracy.

If Mexico's economy continues to sink, and the country defaults on credits Clinton extended on a unilateral basis after congressional leaders could not get GOP approval, Clinton again will be blamed for wasting U.S. resources on a hopeless charity case - one that has failed to live up to its promises to put through democratic political reform.

A crisis with China conceivably could arise over Taiwan, particularly if forces battling for supremacy after the death of leader Teng Hsiao-ping decide to step up military pressure on the semi-independent island.

In such a conflict Republicans might take the idealistic, pro-Taiwan side, while the administration tries to maintain relations with the mainland, whose economic and military power are escalating.

According to Lake, the 1996 election is getting under way alongside "a struggle for the heart of American foreign policy, not between isolationists and internationalists, but between unilateralists and those of us who think we have to co-operate with other countries."

"It's important," he said, "that those who believe in international engagement not let the rhetoric of the campaign undermine the progress we've made."



But big problems ahead threaten both Clinton's new reputation for overseas leadership and his chances for re-election.

JOSEPH SPEAR

Revisionists are getting desperate

If the Revisionist Chic movement doesn't soon run its course, its boosters could well run out of targets.

There are only so many dead, white male icons, you know. The revisionists succeeded in creating a genocidal monster out of Christopher Columbus. They turned Thomas Jefferson into a miscegenate stud who fathered five children with a slave named Sally Hemings. They have endeavored to portray Albert Einstein as an idea thief who stole from his wife. Now they are trying to make a fool out of Sigmund Freud, arguably one of the most brilliant and influential thinkers of the past hundred years.

I am particularly infuriated by the anti-Jefferson offensive. The third president is one of my top-three historical heroes. He was a man of extreme perspicacity and intelligence, but his detractors have been tearing at his hide for two centuries now. A recent movie, "Jefferson in Paris," will probably do more to perpetuate the hoary myth of his dalliances than any book ever written or any course ever taught.

Yes, Jefferson did have a slave named Sally Hemings, and rumors of intimacy between them began to circulate during his presidential campaign of 1800. But that is all they were - whispered rumors - until an arrant Jefferson basher and scandal-monger named James T. Callender printed them in a Richmond newspaper, thereupon converting them into published rumors.

In a 1974 book called "Thomas Jefferson: An Intimate History," American author Fawn M. Brodie repeated the gossip, added some psychoanalysis, and declared the tale valid. And now we have a celluloid rendition which proves it, by God. So eminent a historian as Jesse Jackson has charged that those who argue otherwise are trying "to pour sand over history."

The crusade to demonize Sigmund Freud is equally obnoxious. The father of psychoanalysis was controversial even in his lifetime, and the attacks on him have never abated. But in the past 15 years, the onslaught has become downright vulgar.

Recently, the "Freud Is Dead" campaign, led by a covey of skeptics, deconstructionists, revisionists, militant feminists and several of the other "ists" which preoccupy the narrow minds of academicians and ideologues, managed to kill a Library of Congress exhibit designed to honor Freud and his achievements.

The naysayers claim Freud lacked intellectual courage, that his scientific findings were fraudulent, that he had shoddy professional ethics, that strains of misogyny permeated his work - much of which even his admirers acknowledge. But the critics completely ignore his central accomplishments - the notion that human beings can explain and deal with aberrant and erratic behavior by unearthing the disconcerting thoughts that rage through the subconsciousness, and that the analysis of dreams can help unlock the door to this dark world.

Untold thousands of people have managed to pull their lives together and operate as productive members of society because Sigmund Freud paved the way to understanding that there is nothing mysterious or exotic about their neuroses and anxieties, that their problems are rooted in real events, that their negative views of themselves are learned experiences, just like reading, writing and arithmetic. They're not "crazy" and it ain't the devil possessing their spirits.



There are only so many dead, white male icons, you know.

Vote

Continued from Page 1A

will find a choice of nine candidates on the ballot. President Clinton has drawn no challengers for the Democratic nomination, therefore there will be no Democratic primary.

The nine-way Florida race will be the most fiercely fought of the so-called "Super Tuesday" presidential primaries. Secretary of State Sandra Mortham

predicts. The March 12 GOP race includes the top finishers in the state party's November straw poll: U.S. Senate Republican Leader Bob Dole of Kansas, U.S. Sen. Phil Gramm of Texas and former Tennessee Gov. Lamar Alexander. Mortham announced Tuesday. Also on the primary ballot are commentator Pat Buchanan.

U.S. Rep. Bob Dornan of California, multimillionaire publisher Steve Forbes, radio host Alan Keyes, U.S. Sen. Richard Lugar of Indiana and Iowa businessman Morry Taylor, she said.

Texas and neighboring Oklahoma have primaries the same day, but as a Texas, Gramm is expected to command the loyalty of many voters in those states, said Mortham.

"Florida is the state that everybody is going to be watching," she said.

Florida sends 83 delegates to the Republican National Convention. And New York and California, the only states with more delegates than Texas or Florida, hold their primaries later.

"Florida is a bellwether state," said Mortham.

With primaries in Texas, Florida, Oklahoma, Tennessee and Mississippi, March 12 is crucial for the presidential hopefuls.

"It is a major southern test," said Dole campaign spokesman Nelson Warfield.

Dole collected 33 percent of the vote in the straw poll of 3,328 Florida GOP activists at a November state meeting, to 26 percent for Gramm and 22 percent for Alexander. The next nearest finisher was Buchanan with 9 percent.

Dole backers hope their vigorous campaign for the straw poll will act as a "twofer" and bring results in March as well, said Warfield.

"It might really be a triple," he added. "It's going to be a key state in the general election."

Dole's foes discount the straw poll and say they want to prove they, too, can show strength in the Sunshine State.

"I think the significance of that was that Bob Dole - after essentially running for national office for 20 years - still just barely got a third of a group of people that know him very well to vote for him," said Alexander's state campaign director, Tre Evers of Orlando.

Evers agreed the March 12 focus is on Florida because Gramm probably can expect loyalty among Texas voters just as Alexander does in the Tennessee primary that day.

"That leaves Florida as the really important state that's up for grabs," he said.

People not-nominated by the major political parties still may become candidates by petitioning to get on the ballot as independent candidates or running as write-in candidates, Mortham pointed out.

In Seminole County meanwhile, as in other counties throughout the state, calls will be going out as Supervisors of Election begin setting up their poll workers. Morse said she did not know exactly how many polling places the county would have in March, but each of the 133 precincts will have booths assigned at generally the traditional locations.

Information from Associated Press is contained in this report.

Worlds apart: Neighborhood adopts Bosnian refugee

By ELIZABETH TENNYSON
Associated Press Writer

RALEIGH, N.C. — In an era when the words "sense of community" are often spoken in nostalgic tones, a refugee from a distant war has prompted one neighborhood to demonstrate that spirit is not lost.

The tree-lined streets of Victorian and neoclassical homes in Raleigh's historic Oakwood neighborhood are worlds away from the wreckage of the Bosnian village of Ilijas, near Sarajevo. But for Darijo Babic, both places are home.

"Sometimes I have the feeling that I am already through one life, and am living a second life," the 21-year-old North Carolina State University engineering student says.

Raised as a Roman Catholic, Darijo was labeled a Croat when ethnic tensions began to divide his homeland. But Darijo's biological father was Muslim, as is his stepfather.

"Were I still in Bosnia or Croatia, I would be drafted to fight against Bosnian Muslims, but I cannot fight against myself," Darijo wrote in an essay.

In 1992, Darijo, his mother and his half brother fled from their Serbian-controlled hometown to Slovenia. His stepfather, uncle and grandmother stayed behind, escaping later through the mine fields surrounding the town.

As a "temporary refugee" in Slovenia, Darijo lived on meager rations under horrifying conditions.

"I lived in a refugee center with 50 different people in one room, all sharing one common

toilet, so anything is better," he says.

Today, he lives in comfort, moving between the homes of several neighbors who care for him as parents might.

Darijo spends most nights in the home of Sara and Hugh Stohler, but sometimes stays with JoAnne Sanford and her husband, Billy Brewer. Katherine White also houses Darijo from time to time, and drives him to school two days a week. Pamela Davison focuses on fund raising to meet Darijo's expenses.

At a silent auction last month, the group raised about \$8,000 to cover his tuition.

Sitting in the Stohlers' living room, Darijo sifts through a stack of documents that constitute his application for refugee status in the United States. He pulls out a letter from his uncle recounting the destruction of their hometown, the deaths of friends and his own torture at Serb hands.

"I was in a cell with one Muslim whom they tortured, the same as me, and they also cut the soles of his feet with razor blades, and also he was beaten with chains and the butts of guns," the uncle wrote.

Helping Darijo gather such letters and put together the enormous application was a neighborhood effort. In fact, everything concerning Darijo has been handled as a community.

It was a former Oakwood resident working for the United Nations who met Darijo in a Slovenian refugee camp and sponsored his first visit to Raleigh in 1993. Darijo spent the summer studying English at

Wake Tech Community College, then returned to Slovenia to finish high school.

And when that American sponsor could no longer fund Darijo's education, the Oakwood neighbors decided to bring him back to Raleigh, where he could continue to study in safety.

"We do what needs to be done," Sara Stohler says.

For the moment, that entails waiting to hear what will become of Darijo's application for refugee status, raising money to pay his college tuition and petitioning the university to classify him as a state resident, which will qualify him for lower tuition.

"The situation that we're in is that Darijo is in the position of a family member to us," says Sanford, a neighbor who is heading the effort to get Darijo in-state status. "He is completely dependent on us for support in the same way as our own children are."

Sanford and the others are as fiercely protective of Darijo as if he were their own.

"I would oppose to the absolute last breath any attempt to send him back right now," Sanford says.

Although Darijo feels lucky, he cannot help missing his family, now refugees in Switzerland. "I have counted I have stayed in about 80 different houses in three or four years, and none of them was my home," he says.

He also can't help wondering what the hatred fed by war will mean to the future of his country.

"I think what would happen if I went back and saw my best friend, who is Serb, and we looked at each other," Darijo says.

Planning and Zoning agenda

By NICK PEPERAW
Herald Staff Writer

SANFORD — A proposal for a 215-foot communications tower is scheduled for discussion this Thursday night at the Sanford Planning and Zoning Commission meeting. The tower is proposed for a three-acre site off West Airport Blvd.

As of yesterday, the following items are listed for the P&Z agenda:

- Public hearing — Consider request for a conditional use for Bright Star Tower and Consulting, Inc., property within the 2400 block of W. Airport Blvd., in a medium industrial zoning district, for the purpose of a 215 foot guyed communications tower for public/private utilities service. D.O. Smith Development Corp., owner.
- Consider site plan for 215 foot guyed communications tower for Bright Star Tower and Consulting, Inc.

and Consulting, Inc.

● Public hearing — Consider request for dimensional variance for Automatic Cable Corp., 102 Coastline Road, for reducing side yard and rear yard setback requirements. Gary Martinet, owner.

● Consideration — Site plan for Automatic Cable Corp., at 102 Coastline Road.

● Consideration — Site plan for Ram Industries, a wholesale storage use proposed for lot 11, Keyes Seminole Industrial Park, at 110 Keyes Court, in a restricted industrial zoning district. Owner, Keyes Seminole Industrial Park Investors, Ltd.

● Any other business from floor or commission members.

● Reports from staff.

The Planning and Zoning Commission meeting is scheduled to start at 7 p.m. this Thursday, in the commission chambers of Sanford City Hall, 300 N. Park Avenue.

Lake Mary agenda

By NICK PEPERAW
Herald Staff Writer

LAKE MARY — A relatively light agenda is scheduled for the first Lake Mary City Commission meeting of this new year. Also, this will be the first meeting in several months with no pre-meeting work session scheduled.

As of yesterday, the following items are listed on tomorrow night's meeting agenda:

- Call to order — pledge of allegiance — etc.
- Special presentations — None listed
- Citizen participation
- Report of city manager (see below)
- Reports of mayor, commissioners, city attorney
- Ordinance 778 — 1st reading — Final PUD for Huntington Pointe Phase III, west of Lake Emma Road, south of Emma Oaks Trail, Pulte Homes, applicant.
- Request — sight plan review with variances for Dr. Richard Dunn's Physical Services Center, Lot 1, Wallace Subdivision, Harkins Development Corp., applicant.
- Request — Conditional use

and site plan approval with variances for retail or wholesale plant production and greenhouses at 630 S. Country Club Road, Frederick and Alyce Droegge, applicants.

● Ordinance 779 — 1st reading — Parking infractions.

● Ordinance 780 — 1st reading — Adopting a retirement plan and trust for police officers.

● Resolution 532 — Accepting subdivision improvements in Manderly Subdivision Phase I.

● Resolution 533 — Accepting subdivision improvements in Manderly Subdivision Phase II.

● Adjournment.

As of yesterday, the only item scheduled for consideration in the city manager's report is a request for commission approval for the purchase of six laptop computers and one docking station at a total cost not to exceed \$17,250.

The Lake Mary City Commission meeting is scheduled to begin at 7 p.m. this Thursday evening at Lake Mary City Hall, 100 S. Country Club Road.

DEATHS

ROBERT E. RICHARDSON

Robert E. "Bob" Richardson, 64, Country Club Drive, Sanford, died Monday, Jan. 1, 1996 at his residence. Born April 10, 1931 in Atwood, Ky., he moved to Sanford in 1951. He was an attendant at Leonard's Shell Service, Sanford. He was a member of Sanford Church of God, and held several officer-ships at a number of area churches. He served in the U.S. Navy during the Korean war.

Survivors include wife, Grace Lucille; daughter, Brenda McGhee, Sanford; sister, Betty Linkuel, Southgate, Ky.; four grandsons.

Brisson Funeral Home, Sanford, in charge of arrangements.



William Lawrence Swofford

WILLIAM LAWRENCE SWOFFORD

William Lawrence Swofford, 77, Warne, N.C., died Friday, Dec. 29, 1995 at his residence. Born in Spartanburg, S.C., he lived most of his life in Altamonte Springs, having moved to North Carolina 25

years ago. He was a former Seminole County commissioner, and a city commissioner and mayor of Altamonte Springs. He was a member of Altamonte Springs Rotary Club.

Survivors include wife, Missouri Belle Cruse Swofford; sons, Larry, Lake City, Bill, Melbourne; daughters, Patti Lovell, Cleveland, Ga., Linda Owens, Sanford; brother, C.S., Altamonte Springs; six grandchildren; one great-grandchild.

Townson Rose Funeral Home, Hayesville, N.C., in charge of arrangements.

LUCY BROWN WILLIAMS

Lucy Brown Williams, 92, Swoope Avenue, Winter Park, died Sunday, Dec. 31, 1995 at Mary Lee DePugh Nursing Home, Winter Park. Born Dec. 29, 1903 in Barnum, S.C., she moved to Central Florida in the 1940s. She was a retired domestic worker and a member of New Hope Baptist Church.

Survivors include grand-daughter and care giver, Georgia Williams, Winter Park, son, Martin, Ocala; eight grandchildren; five great-grandchildren.

Golden's Funeral home, Inc., Winter Park, in charge of arrangements.

FUNERAL

RICHARDSON, BOB
Funeral services for Bob E. Richardson, 64, Country Club Drive, Sanford, who died January 1, will be 1:30 p.m. Thursday, Jan. 4, at Sanford Church of God, 601 W. 22nd Street, Sanford, with Pastor Wesley Baker officiating. Visitation will be Wednesday, January 3, at Brisson Funeral Home, 905 Laurel Avenue, Sanford, from 5:00 p.m. In lieu of flowers, memorials may be made to the Sanford Church of God Bus Ministry, 601 W. 22nd Street, Sanford, 32771, or to Hospice of Central Florida, 250 Mallard Blvd., Suite 200, Maitland, 32751. Arrangements by Brisson Funeral Home, Sanford.

Florida exhibit of ancient Egyptian treasures postponed

By The Associated Press

CAIRO, Egypt — A pending court case and a dispute over money have postponed an exhibit of 72 ancient Egyptian treasures scheduled to open Jan. 10 at a Florida museum, an Egyptian official said Wednesday.

The exhibit named "The Splendors of Egypt" was to open at the Florida International Museum in St. Petersburg, and then tour four other states at the cost of \$2 million per stop. The exhibit was to go on for 2½ years.

"The exhibit has been delayed," Ali Hassan, head of the Pharaonic Department at the Higher Council of Antiquities, told The Associated Press.

Hassan said one reason was a court case in which a noted Egyptologist, Nemat Fuad, is trying to stop the exhibit, claiming such tours can harm the priceless antiquities by not having adequate security or insurance. The case resumes Jan. 9.

Fuad filed a similar case during another exhibit of ancient Egyptian treasures, "Egyptian Queens," last year in Japan. Shortly after the exhibit returned, a court ruled the artifacts should not have been sent. There were ensuing accusations that some pieces were exchanged for copies in Japan, but nothing was ever proved.

Hassan said American officials

also changed their plan for the five-state tour to just Florida, which meant a dispute in Egypt on whether it was worth the effort to send the exhibit for \$2 million.

American embassy officials were not immediately available for comment. They have declined in the past to say which states the exhibit would visit, saying it was still being negotiated.

"Also we told the American Embassy that since the museum in Florida is private, we want the American government to guarantee that the museum will return the pieces," Hassan said.

He said negotiations with American officials will resume after the court gives its verdict and a new Cabinet in Egypt is sworn in.

For Personal & Commercial Insurance

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Wrinkle

Continued from Page 1A

of people had moderate improvement, 35 percent had minimal improvement and 35 percent saw no change.

Renova does not eliminate wrinkles, reverse aging or repair the sun-damaged skin that leads to cancer, the FDA said. The wrinkles gradually became more noticeable when patients stopped using the cream — but using Renova for more than a year has not been proved safe, the agency said.

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Engagement and wedding forms are available at our office. If desired, these may be accompanied by a black and white or color photo. These stories are usually run on Sundays and should be submitted on Tuesday before the publication date. Weddings more than three months old will be published in announcement form without a photo.

Our address: The Sanford Herald, P.O. Box 1667 or 300 N. French Ave., Sanford, 32771. Phone: 322-2611. Fax: 323-9408

NATIONAL BRIEFS



Personal impact of budget crisis

WASHINGTON — Federal workers receiving a fraction of their normal pay are flooding credit unions and aid centers with requests for loans and other help to deal with the very personal impact of the government's budget crisis.

The Federal Employee Education and Assistance Fund, with offices in Denver and Washington, reported thousands of calls asking for application forms for grants or no-interest loans.

The group's \$2 million budget was in danger of being exhausted in a matter of days by the surge in demand, director Steve Bauer said. "This is beyond imagination," he said. "We are inundated with requests."

Federal employees are much like the average Americans they serve, Bauer said. "They are middle class, and many live from paycheck to paycheck. It doesn't take much to push them over the edge financially."

Cholesterol-lowering drugs and cancer

CHICAGO — A study that found two of the most popular types of cholesterol-lowering drugs cause cancer in rodents is drawing criticism because it was based on doses far larger than those prescribed for humans.

The study, published today in *The Journal of the American Medical Association*, says the drug types statins and fibrates should be reserved for patients who are in imminent danger of heart problems, such as those with known heart disease.

Currently, the drugs are prescribed to people at relatively low risk of heart disease. The drugs include lovastatin, marketed as Mevacor, and gemfibrozil, marketed as Lopid.

In an editorial accompanying the study, two doctors noted that the study relied, in some instances, on doses equivalent to more than 300 times what is recommended for humans. A drug maker also questioned the study's validity.

Cold weather kills monarch butterflies

MEXICO CITY — Snowfall and a cold snap have killed millions of monarch butterflies at their wintering grounds in mountainous western Mexico.

A preliminary survey of the butterfly sanctuaries by researchers indicates at least 30 percent of the 50 million to 60 million monarchs that migrated there from the United States and Canada perished, a leading environmentalist said Tuesday.

"This is just devastating," said Homero Aridjis, leader of the Group of 100 environmental lobby. "The monarchs dropped off the trees where they were perched and fell into the snow."

He acknowledged the estimates were preliminary, but said the monarch deaths could top 20 million from the two-day snowfall that began Saturday and was followed by a cold wave sweeping down from Canada.

Memorial to animals

PHILADELPHIA — "Gentle father, fierce protector. Eloquent in silence... Powerful, playful, dignified."

Zoo keeper JoAnne Adams searched deep within herself for the words to describe the Philadelphia Zoo's patriarchal gorilla, one of 23 primates that died in a Christmas Eve electrical fire.

Her still-fresh memories joined a display of pictures, letters and videotaped images in a Remembrance Gallery that opened Tuesday as a monthlong memorial to the beloved animals.

"People standing and watching and just being able to cry is a good first step," said Simone Gorko, a psychologist brought in to help workers and visitors cope.

Talk shows canceled

NEW YORK — Low ratings have shut up two more daytime talk shows.

"Charles Perez" and "Gabrielle" on Tuesday became the latest victims in a crowded field of nearly two-dozen syndicated shows.

"Perez," which began nationally in March, was axed by syndicator Tribune Entertainment, and Twentieth Television cut "Gabrielle," which debuted in September under former "Beverly Hills, 90210" star Gabrielle Carteris.

Both shows have ceased production. "Perez" airs its final segment Jan. 26. "Gabrielle" disappears after March 29. They join "Danny!" (Bonduce), "Carnie" (Wilson) and nighttime's late "Stephanie Miller" on the casualty list.

The season's remaining new hopefuls are also on a death watch. These include "Tempest" (Bledsoe), "Richard Bey," "George (Hamilton) and Alana (Stewart)," the nighttime interview show "Lauren Hutton and ..." and "Mark Walberg," which, in a last-ditch survival effort, pledges this week not to be "cheap, abrasive or exploitative."

The fate of all these shows — and other struggling syndicated fare — will be evident soon, with the TV industry pitching next fall's new and returning programs to local stations.

WORLD BRIEFS



MGM offers domestic partner coverage

SANTA MONICA, Calif. — Metro-Goldwyn-Mayer Inc. is offering health benefits to gay workers' live-in partners, following the lead of other entertainment companies.

The benefits do not apply to unmarried heterosexual couples because "heterosexuals have the option to marry, when homosexuals cannot," MGM spokeswoman Anne Corley said Tuesday.

The medical and insurance coverage, to begin Feb. 1, will be available to the 800 full-time workers at MGM and its subsidiaries, including MGM Pictures and United Artists Pictures.

Disney extended similar benefits to its workers Monday, and such plans already are in effect at Universal, Paramount, Sony and Warner Bros.

MGM decided to offer the extended benefits after discussions with its workers. "The basis for this is that it's the right thing to do," Corley said. Disney was criticized by the Traditional Values Coalition, a Christian group based in Anaheim, Calif., the home of Disneyland. But MGM said it did not expect similar reaction.

"We don't cater to the family market like Disney," Corley said.

Serbs accused of detaining non-Serbs

SARAJEVO, Bosnia-Herzegovina — The detention of non-Serbs in a Serb suburb of Sarajevo has compromised a key tenet of the Bosnian peace accord, and cast the first major shadow on NATO's mission to enforce the pact.

In an angry announcement Tuesday, the Muslim-led government accused Serbs of detaining 16 non-Serbs traveling through the Serb-held suburb of Ilidza since Dec. 22.

In their first open criticism of the NATO-led peacekeeping force, Bosnian government ministers demanded action to secure freedom of movement, a key test of the peace accord signed in Paris on Dec. 14.

Otherwise, they contended, the NATO operation could slide into the same quagmire of uncertainty that dogged the 3½-year U.N. peacekeeping mission, which was powerless to stop Europe's worst bloodshed since World War II.

From Associated Press reports

Felony charges wiped out against Watt

By MARY GORDON
Associated Press Writer

WASHINGTON — With government prosecutors eager to close the books on the 1990s HUD influence-peddling scandal, former Interior Secretary James Watt was able to obliterate 18 felony charges by pleading guilty to a single misdemeanor.

Watt had faced felony counts of perjury and making false statements to cover up his work as a consultant seeking federal aid from the Department of Housing and Urban Development after he left government in 1983. The indictment against him last February alleged that he was paid more than \$500,000 for contacting political appointees at HUD during 1984-86.

Watt pleaded guilty Tuesday to one misdemeanor count of withholding information and documents in June 1990 in an attempt to influence the federal grand jury investigating the HUD scandal. He faces a possible sentence of up to six months and a maximum fine of \$5,000.

As part of his plea, Watt has

agreed to pay a \$5,000 fine, one of his attorneys, William Bradford Reynolds, said at a hearing before U.S. District Judge Royce Lamberth. Lamberth scheduled a sentencing hearing for March 12.

Watt, who previously had pleaded innocent, declined comment as he left the courtroom.

HUD independent counsel Larry Thompson said in a statement. "The plea entered by Mr. Watt today establishes that persons who attempt to influence the actions or decisions of an investigating body by making inaccurate statements to them, must and will be held responsible for such statements."

"Mr. Watt has acknowledged that he violated the law by doing so."

The government attorneys didn't explain why Watt was able to reduce the charges against him. Thompson's statement said the plea agreement "advances the interest of the government in avoiding protracted litigation."

Reynolds suggested after the hearing that the deal could have

resulted from the recent change in the HUD independent counsel.

Thompson, a former U.S. attorney for the northern district of Georgia, succeeded Arlin Adams in July.

Watt was indicted after Adams' five-year investigation into corruption at HUD during the Reagan administration under then-Secretary Samuel Pierce. The investigation yielded 16 convictions and more than \$2 million in fines. Pierce never was charged.

The indictment had alleged that Watt, 57, of Jackson Hole, Wyo., lied to Congress and to a grand jury about the housing consultant work he did after resigning as interior secretary in 1983. He also had been charged with withholding for more than four years documents that contradicted his testimony.

Reynolds told reporters the plea agreement resulted from several weeks of negotiations with Thompson.

"I think that the whole thing got off on the wrong foot. ... It's been a terrible ordeal," Reynolds said. Thompson, he added, "took a hard look at this in-

dictment and felt there were certain things that were necessary to serve the interest of his office."

At Tuesday's hearing, Michael Sullivan, an associate independent counsel, said Watt had sent a letter to an FBI agent that "set forth inaccurate information."

Watt "knew at the time that he had documents in his possession that could be of relevance to the grand jury" but did not disclose their existence in the letter although he was subpoenaed to do so, Sullivan said.

Lamberth asked Watt questions to determine whether he understood the significance of his guilty plea. As Watt stood before the judge, he answered at several points. "I do understand that."

In early December, Lamberth dismissed five other charges that accused Watt of making false statements to a House subcommittee investigating allegations of corruption at HUD and two charges of lying to investigators working with the independent counsel.

Leukemia found in babies of drinking moms

By PAUL ROSEN
AP Science Writer

WASHINGTON — Women who drink alcohol during the last six months of pregnancy increase by about 10 times the risk that their babies will develop leukemia during infancy, according to a study published today.

Even with the steep increase in disease associated with drinking mothers, infant leukemia is extremely rare. But researcher Xiao-Ou Shu said the research supports the recommendation not to mix pregnancy and alcohol.

"A pregnant woman, I believe, should avoid drinking any alcohol at all," said Shu, a University of Minnesota researcher and the lead author of a study published in the *Journal of the National Cancer Institute*.

The alcohol study is based on interviews with the parents of

302 children who developed leukemia by the age of 18 months. For comparison, the researchers also interviewed the parents of 558 healthy children.

For women who drank any amount at any time during the pregnancy, the risk of their babies developing infant leukemia increased by 160 percent, the study found. For a specific type of disease, acute myeloid leukemia, or AML, the risk was increased by 260 percent, said Shu.

The statistically highest risk was for maternal drinking in the six months before birth, she said.

"If a mother drinks during the second and third trimesters, the risk of AML can be as high as 10.5-fold," said Shu.

Infant leukemia is "extremely rare," she said. Only about three babies per 100,000 live births develop leukemia before the age of 18 months in the United States. Shu said her research

showed that the rate increases to about 32 babies per 100,000 live births among drinking mothers.

Dr. Martha Linet of the National Cancer Institute said that Shu's conclusion "is a new finding" and cautioned: "One would want to see the results replicated to make sure that it is not the result of chance alone."

But Linet said there already are many studies that show pregnant women should avoid alcohol and if Shu's research is verified, "it provides one more major reason."

Shu said the fundamental conclusions of her study are based on answers to a question about any use at all of alcohol during pregnancy.

Attempts to link the amount of drinking to specific risks of leukemia were not successful, she said.

"I think the mothers tended to under-report how much they actually drink," said Shu. However, she said, there was

enough data to suggest "the more a woman drinks, the higher the risk."

The study also attempted to link parental cigarette smoking to the risk of leukemia, but Shu said the data was inconclusive.

But the connection between maternal alcohol and an increased risk of infant leukemia, she said, is strong.

"We looked at it in a variety of ways (statistically) and found that it is very significant," said Shu.

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Demand rising for bodies

By EMILY TSAO
Associated Press Writer

NEW HAVEN, Conn. — Others might wonder what happens after death, but Alan Mermann has no doubts.

"I'm going to be up there," says Mermann, a Yale School of Medicine chaplain and professor.

"Up there" is not heaven or nirvana — it's the medical school's third-floor anatomy lab.

Practicing what he preaches, Mermann is one of thousands — from Yale deans to plumbers — who have bequeathed their bodies to Yale in the past century. His donation will allow Mermann to educate students even after his death.

"It is one of the more profound gifts you can give in life," said Mermann, 72. "My body is a very temporal thing. I need to recycle it like the leaves in my garden."

With new surgical techniques being introduced, the demand for cadavers is rising at medical schools, said Ernest April, an anatomy professor at Columbia University's College of Physicians and Surgeons in New York City.

Requirements that physicians' assistants gain more experience working with cadavers have added to the demand, April said.

The medical schools at Yale and the University of Connecticut each get about 50 bodies a year; most are dissected by first-year students.

Most bodies are from donors 75 to 85 years old, Yale officials said. But they've also gotten bodies of people as young as 20 and as old as 107.

Medical school officials at Yale and UConn say they receive enough bodies to get by but could use more.

In New England, the nine schools providing medical or dental training receive a total of about 500 cadavers a year.

Full-body donation programs must compete with organ donation programs, which get far more public attention, said Don Cahill of the Mayo Clinic in Rochester, Minn., former president of the American Association of Clinical Anatomists.

NOTICE OF LAND DEVELOPMENT CODE ADOPTION

The City of Longwood will conduct several public hearings regarding the adoption of a Land Development Code pursuant to the criteria in Chapter 183.3202, Florida Statutes. The first of these hearings will be held by the Longwood Land Planning Agency on January 10, 1996 at 8:00 PM, or as soon thereafter as possible.

It is anticipated that the City Commission will conduct a first reading of Ordinance 96-1292 to adopt the Land Development Code on January 22, 1996 at 7:00 PM, or as soon thereafter as possible. It is further anticipated that the second reading and public hearing of this ordinance will be held on February 19, 1996 at 7:00 PM, or as soon thereafter as possible. All of these hearings will be held in the City Commission Chambers at 175 W. Warren Avenue, Longwood, Florida.

ORDINANCE 96-1292

AN ORDINANCE OF THE CITY OF LONGWOOD, FLORIDA, REPEALING ORDINANCE NO. 495, AS AMENDED, SAID ORDINANCE BEING APPENDIX A (THE ZONING ORDINANCE) OF THE MUNICIPAL CODE OF THE CITY OF LONGWOOD, FLORIDA; REPEALING ORDINANCE 971, A MORATORIUM ON BILLBOARD CONSTRUCTION; REPEALING CERTAIN SECTIONS OF THE CITY CODE CONCERNING OTHER ASPECTS OF LAND DEVELOPMENT REGULATION; REPLACING THE REPEALED SECTIONS WITH A NEW CHAPTER 24 OF THE CITY CODE; SAID CHAPTER 24 BEING THE OFFICIAL LAND DEVELOPMENT CODE FOR THE CITY OF LONGWOOD; PROVIDING FOR CONFLICTS, SEVERABILITY AND EFFECTIVE DATE.

A copy of the proposed Land Development Code will be available for public review in the Planning and Building Services Department at 174 W. Church Avenue, Longwood from 8:30 AM until 4:30 PM beginning January 8, 1996. All interested parties are invited to attend and be heard at any of these hearings. If you have questions regarding the public hearings, contact the city Planner at 407-260-3468.

Any person wishing to appeal any decision made by the Land Planning Agency at this meeting will need a record of the proceedings. For that purpose, such person may need to ensure that a verbatim record is made at their expense, which record includes the testimony and evidence upon which the appeal is to be based.

In accordance with the Americans with Disabilities Act (ADA), if any person with a disability as defined by the ADA needs special accommodation to participate in this proceeding, then not later than two (20 business days prior to any of these hearings, that person should contact the ADA Coordinator at 407-260-3481, 175 W. Warren Avenue, Longwood, Florida.

Geraldine Zambri, City Clerk, City of Longwood, Florida.

Sports

B

IN BRIEF

LOCALLY

Winston Cup practice starts

DAYTONA BEACH — Ten NASCAR Winston Cup teams, including defending Winston Cup champion Jeff Gordon, seven-time champ Dale Earnhardt and two-time defending Daytona 500 winner Sterling Marlin, are among those expected to be on hand today as the General Motors teams open winter testing at Daytona International Speedway.

The GM teams will practice today through Friday (Jan. 5) from 9 a.m. to 5 p.m. A section of the Oldfield Grandstand will be open at no charge with access through the Visitors' Center. Guided tours of the Speedway are also available from 9:30 a.m. to 4 p.m. for a nominal fee.

LM Little League registration

LAKE MARY — Lake Mary Little League announces its Spring 1996 Baseball and Softball registration for boys and girls 5 to 15 residing in Lake Mary, Longwood and Sanford.

Player registration fee is \$20 for each child. League Membership for parents is \$15 each. You must bring a photocopy of your child's official birth record and proof of residency, and child's social security number.

Registration will take place: Saturday (Jan. 6 10 a.m.-5 p.m.) and Sunday (Jan. 7 - noon-5 p.m.) at the Lake Mary and Sanford KMart's; Monday (Jan. 8) at Idyllwilde Elementary (7-8:30 p.m.); Tuesday Jan. 9 at Lake Mary Elementary (7-8:30 p.m.); Wednesday Jan. 10 at Wilson Elementary (7-8:30 p.m.); Thursday Jan. 11 at Greenwood Lakes Middle School (7-8:30 p.m.); and Saturday Jan. 13 at the Sanford and Lake Mary KMart's (10 a.m.-5 p.m.).

For more information, call 328-6808.

AROUND THE STATE

FAMU wins

TALLAHASSEE — Florida A&M, led by Scientific Mapp, overcame a four-point halftime deficit to beat Bryan (Tenn.) College 71-68.

Mapp finished with 17 points and Byron Coast added 12 points for FAMU (5-5).

SCC grad helps Tampa

TAMPA — Punocho Farquharson scored a career high 30 points to lead Tampa to a 79-76 victory over Minnesota-Duluth on Tuesday.

Farquharson hit eight of 16 three-pointers to lead Tampa (7-4). Josh Chapin scored 14 points, while former Seminole Community College star Mike Sheppard had 12 points.

Mocs romp

LAKELAND — Four Florida Southern players scored in double-digits Tuesday for an 88-68 victory over St. Joseph's.

Shanaka Weerasooriya and Antaius Clark each had 13 points, Eric Osborne scored 12 and Len Bratcher added another 10 as Florida Southern improved to 9-2.

FAU waltzes to win

BOCA RATON — Craig Buchanan scored 18 points and Rob Ritter added 17 to lead Florida Atlantic to a 70-58 victory over Columbia.

ELSEWHERE

Lightning lashed

CALGARY, Alberta — Theoren Fleury had three goals and an assist as the Calgary Flames rolled past the Tampa Bay Lightning 10-0.

Fleury's 18th goal of the season capped a five-goal third period for the Flames. Calgary led 2-0 after one period and 5-0 after two.

Lady Vols whip Gators

KNOXVILLE, Tenn. — Abby Conklin scored 23 points to power No. 4 Tennessee (11-1, 1-0 SEC) past No. 21 Florida 87-87 as the Lady Vols extended their homecourt winning streak to a NCAA record 69 games.

Florida (12-2, 1-1 SEC), was led by DeLisha Milton's 18 points. Joining Milton in double figures were Muriel Page with 12 and Talatha Bingham and Crystal Parker with 10 apiece.

FIU falls on road

EVANSVILLE, Ind. — Jeff Layden scored 18 points to lead a balanced scoring attack and Evansville beat Florida International 82-75.

Dedric Taylor scored 30 points, all but three on 3-pointers, for Florida International (6-4), while Scott Forbes added 11 points.



NATIONAL BASKETBALL ASSOCIATION
7:30 p.m. — SUN, Grizzlies at Magic, (L)

No rest for the weary

Lk. Howell basketball teams get easy wins

By BARY COATMAN
Herald Staff Writer

SANFORD — After taking off a couple of days for the New Year's Holiday, the Lake Howell High School basketball teams (both of which played three games last week in the Hornet Holiday Classic at Bishop Moore High School) returned to the court Tuesday night and both teams came away with easy road victories.

HAWKS SOAR BY EAGLES
OCOOEE — Senior forward Stacey Gomes scored 13 points as Lake Howell cruised past Central Florida Academy 55-34 in a girls' basketball game Tuesday night.

Senior guard Allison Duncan scored 11 points for the Silver Hawks.

The Silver Hawks jumped out to a quick 12-4 lead at the end of the first quarter.

Sophomore guard Cathleen Deus had nine points for Lake Howell, who took a 27-15 lead into the locker room.

Lake Howell limited the Eagles to just four points in the third quarter, and the Silver Hawks enjoyed a 42-19 lead at the end of the third quarter.

Central Florida Academy dropped to 7-9.

The Silver Hawks, who improved to 12-8 on the season, host University Friday.

BOYS ROUT HIGHLANDERS

ORLANDO — Junior forward Anthony Bryson scored 19 points to pace five Lake Howell players into double figures as the Silver Hawks raced past Lake Highland Preparatory School 92-47 in a boys' basketball game Tuesday night.

Fellow junior forward Cliff Rogers helped out with 17 points, including two three-pointers, for the Silver Hawks, while 6-foot-7 sophomore center Ryan Smith chipped in with 12 points, senior guard Duan Greene 11 points and 6-foot-6 senior center Troy Martin 10 points. Sophomore guard Robert Jordan just missed double figures with nine points.

Lake Howell improved to 9-7 with the victory. The Silver Hawks will be looking for victory number 10 tonight as they travel to DeLand to take on the Bulldogs.

Lake Howell also won the junior varsity game by the score of 57-48.



Sophomore guard/forward Cathleen Deus (top photo, right) scored nine points, while 6-foot-4 junior forward Anthony Bryson (-32, bottom photo) scored a team-high 19 points to help the Lake Howell Silver Hawks basketball teams claim a pair of easy road victories Tuesday night.



Local gymnasts shine at state meets

Special to the Herald

CLEARWATER — The Level 4 and Level girls' teams from Brown's Gymnastics Central of Altamonte Springs and Broadway Gymnastics of Winter Springs both gave good showings of themselves at the State Meets held in early December in Clearwater.

BROWN'S CENTRAL THIRD, FOURTH

Courtney Gladys and Kathryn Kelly posted team high scores for Brown's Central in the Level 4 and Level 5 State Championships in Clearwater.

Gladys was fourth all-around with a score of 36.825 to help Brown's earn fourth place in Level 4.

Gladys' best placements was a second on beam

and a third on bars (9.40). She also added a pair of 11th place finishes on vault and floor to give her placements in all four events. She was the top finisher of the four Brown's Central Level 4 gymnasts to accomplish the feat.

Other top performances at Level 4 were Sarah Keesecker with a second on uneven bars, Lindsay Knapp with a second on balance beam (9.40), and Kari Shadlinger with a third on floor exercise (9.20).

Kelly put together an outstanding performance that helped the Brown's Central Level 5 team claim third place.

Kelly had team high scores on vault (9.45), bars (9.575), floor exercise (9.95) and all-around (37.625). She was second on bars and vault, third on floor exercise and fourth all-around. Kelly also

added a 13th place on balance beam to earn a placement in every event, one of only two Brown's Central Level 5 athletes to turn the trick.

Valerie Ryerson recorded a score of 37.00 to earn fourth all-around. Ryerson performance featured a third place on vault (9.30), a team high score of 9.375 on balance beam that was good enough for fourth place, and a pair of 10th place finishes on bars and floor exercise.

Other Browns Central gymnasts earning top three placements were Sara Carter with a second on beam (9.30) and Kacy Hood with a third on bars (9.475).

BROADWAY 6TH IN LEVEL 4

The Broadway gymnastics placement team

See Gymnastics, Page 2B

STATS & STANDINGS

WHAT'S HAPPENING

College Basketball

Men, Winter Park Rotary Club Tangerine Tournament of Envy-Alumni Fieldhouse, Winter Park; consolation: Gardner-Webb vs. Merrimack, 8 p.m.; Championship: Rollins vs. Embury-Riddle, 8 p.m.

Boys' Basketball

Lake Howell at DeLand. Freshman, 4:15 p.m.; junior varsity 5:45 p.m.; varsity, 7:15 p.m. Oviedo at Tavares. Freshman, 4:30 p.m.; junior varsity, 6 p.m.; varsity, 7:30 p.m.

Girls' Basketball

Bishop Moore at Lake Mary. Junior varsity, 6 p.m.; varsity, 7:30 p.m.

Boys' Soccer

Seminole Beach at Lyman. Junior varsity, 5:30 p.m.; varsity, 7 p.m.

Girls' Soccer

Bishop Moore at Lake Howell. Junior varsity, 5:45 p.m.; varsity, 7:30 p.m. DeLand at Oviedo. Junior varsity, 4:30 p.m.; varsity, 6 p.m. Lake Mary at Seminole. Freshman, 4:15 p.m.; junior varsity, 5:30 p.m.; varsity, 7 p.m.



Florida Athletic Union

Eastern Conference

| Team | W | L | T |
|--------------|----|---|---|
| Orlando | 10 | 1 | 0 |
| New York | 8 | 3 | 0 |
| Albany | 7 | 4 | 0 |
| Washington | 6 | 5 | 0 |
| Staten | 5 | 6 | 0 |
| New Jersey | 4 | 7 | 0 |
| Philadelphia | 3 | 8 | 0 |

Western Conference

| Team | W | L | T |
|-------------|---|---|---|
| Houston | 9 | 2 | 0 |
| San Antonio | 7 | 4 | 0 |
| Utah | 6 | 5 | 0 |
| Dallas | 5 | 6 | 0 |
| Memphis | 4 | 7 | 0 |
| Vancouver | 3 | 8 | 0 |

Florida Atlantic U. Standings

| Team | W | L | T |
|-----------------------------|----|---|---|
| Florida Atlantic U. | 10 | 1 | 0 |
| St. Johns River State Coll. | 8 | 3 | 0 |
| St. Petersburg Coll. | 7 | 4 | 0 |
| St. Johns Coll. | 6 | 5 | 0 |
| St. Petersburg Coll. | 5 | 6 | 0 |
| St. Johns Coll. | 4 | 7 | 0 |

Florida Atlantic U. Standings

| Team | W | L | T |
|-----------------------------|----|---|---|
| Florida Atlantic U. | 10 | 1 | 0 |
| St. Johns River State Coll. | 8 | 3 | 0 |
| St. Petersburg Coll. | 7 | 4 | 0 |
| St. Johns Coll. | 6 | 5 | 0 |
| St. Petersburg Coll. | 5 | 6 | 0 |
| St. Johns Coll. | 4 | 7 | 0 |

Florida Atlantic U. Standings

| Team | W | L | T |
|-----------------------------|----|---|---|
| Florida Atlantic U. | 10 | 1 | 0 |
| St. Johns River State Coll. | 8 | 3 | 0 |
| St. Petersburg Coll. | 7 | 4 | 0 |
| St. Johns Coll. | 6 | 5 | 0 |
| St. Petersburg Coll. | 5 | 6 | 0 |
| St. Johns Coll. | 4 | 7 | 0 |

Florida Atlantic U. Standings

| Team | W | L | T |
|-----------------------------|----|---|---|
| Florida Atlantic U. | 10 | 1 | 0 |
| St. Johns River State Coll. | 8 | 3 | 0 |
| St. Petersburg Coll. | 7 | 4 | 0 |
| St. Johns Coll. | 6 | 5 | 0 |
| St. Petersburg Coll. | 5 | 6 | 0 |
| St. Johns Coll. | 4 | 7 | 0 |

Florida Atlantic U. Standings

| Team | W | L | T |
|-----------------------------|----|---|---|
| Florida Atlantic U. | 10 | 1 | 0 |
| St. Johns River State Coll. | 8 | 3 | 0 |
| St. Petersburg Coll. | 7 | 4 | 0 |
| St. Johns Coll. | 6 | 5 | 0 |
| St. Petersburg Coll. | 5 | 6 | 0 |
| St. Johns Coll. | 4 | 7 | 0 |

Florida Atlantic U. Standings

| Team | W | L | T |
|-----------------------------|----|---|---|
| Florida Atlantic U. | 10 | 1 | 0 |
| St. Johns River State Coll. | 8 | 3 | 0 |
| St. Petersburg Coll. | 7 | 4 | 0 |
| St. Johns Coll. | 6 | 5 | 0 |
| St. Petersburg Coll. | 5 | 6 | 0 |
| St. Johns Coll. | 4 | 7 | 0 |

Florida Atlantic U. Standings

| Team | W | L | T |
|-----------------------------|----|---|---|
| Florida Atlantic U. | 10 | 1 | 0 |
| St. Johns River State Coll. | 8 | 3 | 0 |
| St. Petersburg Coll. | 7 | 4 | 0 |
| St. Johns Coll. | 6 | 5 | 0 |
| St. Petersburg Coll. | 5 | 6 | 0 |
| St. Johns Coll. | 4 | 7 | 0 |

Florida Atlantic U. Standings

| Team | W | L | T |
|-----------------------------|----|---|---|
| Florida Atlantic U. | 10 | 1 | 0 |
| St. Johns River State Coll. | 8 | 3 | 0 |
| St. Petersburg Coll. | 7 | 4 | 0 |
| St. Johns Coll. | 6 | 5 | 0 |
| St. Petersburg Coll. | 5 | 6 | 0 |
| St. Johns Coll. | 4 | 7 | 0 |

Florida Atlantic U. Standings

| Team | W | L | T |
|-----------------------------|----|---|---|
| Florida Atlantic U. | 10 | 1 | 0 |
| St. Johns River State Coll. | 8 | 3 | 0 |
| St. Petersburg Coll. | 7 | 4 | 0 |
| St. Johns Coll. | 6 | 5 | 0 |
| St. Petersburg Coll. | 5 | 6 | 0 |
| St. Johns Coll. | 4 | 7 | 0 |

Florida Atlantic U. Standings

| Team | W | L | T |
|-----------------------------|----|---|---|
| Florida Atlantic U. | 10 | 1 | 0 |
| St. Johns River State Coll. | 8 | 3 | 0 |
| St. Petersburg Coll. | 7 | 4 | 0 |
| St. Johns Coll. | 6 | 5 | 0 |
| St. Petersburg Coll. | 5 | 6 | 0 |
| St. Johns Coll. | 4 | 7 | 0 |

Florida Atlantic U. Standings

| Team | W | L | T |
|-----------------------------|----|---|---|
| Florida Atlantic U. | 10 | 1 | 0 |
| St. Johns River State Coll. | 8 | 3 | 0 |
| St. Petersburg Coll. | 7 | 4 | 0 |
| St. Johns Coll. | 6 | 5 | 0 |
| St. Petersburg Coll. | 5 | 6 | 0 |
| St. Johns Coll. | 4 | 7 | 0 |

Florida Atlantic U. Standings

| Team | W | L | T |
|-----------------------------|----|---|---|
| Florida Atlantic U. | 10 | 1 | 0 |
| St. Johns River State Coll. | 8 | 3 | 0 |
| St. Petersburg Coll. | 7 | 4 | 0 |
| St. Johns Coll. | 6 | 5 | 0 |
| St. Petersburg Coll. | 5 | 6 | 0 |
| St. Johns Coll. | 4 | 7 | 0 |

Florida Atlantic U. Standings

| Team | W | L | T |
|-----------------------------|----|---|---|
| Florida Atlantic U. | 10 | 1 | 0 |
| St. Johns River State Coll. | 8 | 3 | 0 |
| St. Petersburg Coll. | 7 | 4 | 0 |
| St. Johns Coll. | 6 | 5 | 0 |
| St. Petersburg Coll. | 5 | 6 | 0 |
| St. Johns Coll. | 4 | 7 | 0 |

Florida Atlantic U. Standings

| Team | W | L | T |
|-----------------------------|----|---|---|
| Florida Atlantic U. | 10 | 1 | 0 |
| St. Johns River State Coll. | 8 | 3 | 0 |
| St. Petersburg Coll. | 7 | 4 | 0 |
| St. Johns Coll. | 6 | 5 | 0 |
| St. Petersburg Coll. | 5 | 6 | 0 |
| St. Johns Coll. | 4 | 7 | 0 |

Florida Atlantic U. Standings

| Team | W | L | T |
|-----------------------------|----|---|---|
| Florida Atlantic U. | 10 | 1 | 0 |
| St. Johns River State Coll. | 8 | 3 | 0 |
| St. Petersburg Coll. | 7 | 4 | 0 |
| St. Johns Coll. | 6 | 5 | 0 |
| St. Petersburg Coll. | 5 | 6 | 0 |
| St. Johns Coll. | 4 | 7 | 0 |

Florida Atlantic U. Standings

| Team | W | L | T |
|-----------------------------|----|---|---|
| Florida Atlantic U. | 10 | 1 | 0 |
| St. Johns River State Coll. | 8 | 3 | 0 |
| St. Petersburg Coll. | 7 | 4 | 0 |
| St. Johns Coll. | 6 | 5 | 0 |
| St. Petersburg Coll. | 5 | 6 | 0 |
| St. Johns Coll. | 4 | 7 | 0 |

Florida Atlantic U. Standings

| Team | W | L | T |
|-----------------------------|----|---|---|
| Florida Atlantic U. | 10 | 1 | 0 |
| St. Johns River State Coll. | 8 | 3 | 0 |
| St. Petersburg Coll. | 7 | 4 | 0 |
| St. Johns Coll. | 6 | 5 | 0 |
| St. Petersburg Coll. | 5 | 6 | 0 |
| St. Johns Coll. | 4 | 7 | 0 |

Florida Atlantic U. Standings

| Team | W | L | T |
|-----------------------------|----|---|---|
| Florida Atlantic U. | 10 | 1 | 0 |
| St. Johns River State Coll. | 8 | 3 | 0 |
| St. Petersburg Coll. | 7 | 4 | 0 |
| St. Johns Coll. | 6 | 5 | 0 |
| St. Petersburg Coll. | 5 | 6 | 0 |
| St. Johns Coll. | 4 | 7 | 0 |

National Football Conference

| Team | W | L | T |
|---------------|----|---|---|
| San Francisco | 10 | 1 | 0 |
| Seattle | 9 | 2 | 0 |
| San Diego | 8 | 3 | 0 |
| Los Angeles | 7 | 4 | 0 |
| San Francisco | 6 | 5 | 0 |
| Seattle | 5 | 6 | 0 |

National Football Conference

| Team | W | L | T |
|---------------|----|---|---|
| San Francisco | 10 | 1 | 0 |
| Seattle | 9 | 2 | 0 |
| San Diego | 8 | 3 | 0 |
| Los Angeles | 7 | 4 | 0 |
| San Francisco | 6 | 5 | 0 |
| Seattle | 5 | 6 | 0 |

National Football Conference

| Team | W | L | T |
|---------------|----|---|---|
| San Francisco | 10 | 1 | 0 |
| Seattle | 9 | 2 | 0 |
| San Diego | 8 | 3 | 0 |
| Los Angeles | 7 | 4 | 0 |
| San Francisco | 6 | 5 | 0 |
| Seattle | 5 | 6 | 0 |

National Football Conference

| Team | W | L | T |
|---------------|----|---|---|
| San Francisco | 10 | 1 | 0 |
| Seattle | 9 | 2 | 0 |
| San Diego | 8 | 3 | 0 |
| Los Angeles | 7 | 4 | 0 |
| San Francisco | 6 | 5 | 0 |
| Seattle | 5 | 6 | 0 |

National Football Conference

| Team | W | L | T |
|---------------|----|---|---|
| San Francisco | 10 | 1 | 0 |
| Seattle | 9 | 2 | 0 |
| San Diego | 8 | 3 | 0 |
| Los Angeles | 7 | 4 | 0 |
| San Francisco | 6 | 5 | 0 |
| Seattle | 5 | 6 | 0 |

National Football Conference

| Team | W | L | T |
|---------------|----|---|---|
| San Francisco | 10 | 1 | 0 |
| Seattle | 9 | 2 | 0 |
| San Diego | 8 | 3 | 0 |
| Los Angeles | 7 | 4 | 0 |
| San Francisco | 6 | 5 | 0 |
| Seattle | 5 | 6 | 0 |

National Football Conference

| Team | W | L | T |
|---------------|----|---|---|
| San Francisco | 10 | 1 | 0 |
| Seattle | 9 | 2 | 0 |
| San Diego | 8 | 3 | 0 |
| Los Angeles | 7 | 4 | 0 |
| San Francisco | 6 | 5 | 0 |
| Seattle | 5 | 6 | 0 |

National Football Conference

| Team | W | L | T |
|---------------|----|---|---|
| San Francisco | 10 | 1 | 0 |
| Seattle | 9 | 2 | 0 |
| San Diego | 8 | 3 | 0 |
| Los Angeles | 7 | 4 | 0 |
| San Francisco | 6 | 5 | 0 |
| Seattle | 5 | 6 | 0 |

National Football Conference

| Team | W | L | T |
|---------------|----|---|---|
| San Francisco | 10 | 1 | 0 |
| Seattle | 9 | 2 | 0 |
| San Diego | 8 | 3 | 0 |
| Los Angeles | 7 | 4 | 0 |
| San Francisco | 6 | 5 | 0 |
| Seattle | 5 | 6 | 0 |

National Football Conference

| Team | W | L | T |
|---------------|----|---|---|
| San Francisco | 10 | 1 | 0 |
| Seattle | 9 | 2 | 0 |
| San Diego | 8 | 3 | 0 |
| Los Angeles | 7 | 4 | 0 |
| San Francisco | 6 | 5 | 0 |
| Seattle | 5 | 6 | 0 |

National Football Conference

| Team | W | L | T |
|---------------|----|---|---|
| San Francisco | 10 | 1 | 0 |
| Seattle | 9 | 2 | 0 |
| San Diego | 8 | 3 | 0 |
| Los Angeles | 7 | 4 | 0 |
| San Francisco | 6 | 5 | 0 |
| Seattle | 5 | 6 | 0 |

National Football Conference

| Team | W | L | T |
|---------------|----|---|---|
| San Francisco | 10 | 1 | 0 |
| Seattle | 9 | 2 | 0 |
| San Diego | 8 | 3 | 0 |
| Los Angeles | 7 | 4 | 0 |
| San Francisco | 6 | 5 | 0 |
| Seattle | 5 | 6 | 0 |

American Football Conference

| Team | W | L | T |
|---------------|----|---|---|
| Pittsburgh | 10 | 1 | 0 |
| San Diego | 9 | 2 | 0 |
| San Francisco | 8 | 3 | 0 |
| Los Angeles | 7 | 4 | 0 |
| Pittsburgh | 6 | 5 | 0 |
| San Diego | 5 | 6 | 0 |

American Football Conference

| Team | W | L | T |
|---------------|----|---|---|
| Pittsburgh | 10 | 1 | 0 |
| San Diego | 9 | 2 | 0 |
| San Francisco | 8 | 3 | 0 |
| Los Angeles | 7 | 4 | 0 |
| Pittsburgh | 6 | 5 | 0 |
| San Diego | 5 | 6 | 0 |

American Football Conference

| Team | W | L | T |
|---------------|----|---|---|
| Pittsburgh | 10 | 1 | 0 |
| San Diego | 9 | 2 | 0 |
| San Francisco | 8 | 3 | 0 |
| Los Angeles | 7 | 4 | 0 |
| Pittsburgh | 6 | 5 | 0 |
| San Diego | 5 | 6 | 0 |

American Football Conference

| Team | W | L | T |
|---------------|----|---|---|
| Pittsburgh | 10 | 1 | 0 |
| San Diego | 9 | 2 | 0 |
| San Francisco | 8 | 3 | 0 |
| Los Angeles | 7 | 4 | 0 |
| Pittsburgh | 6 | 5 | 0 |
| San Diego | 5 | 6 | 0 |

American Football Conference

| Team | W | L | T |
|---------------|----|---|---|
| Pittsburgh | 10 | 1 | 0 |
| San Diego | 9 | 2 | 0 |
| San Francisco | 8 | 3 | 0 |
| Los Angeles | 7 | 4 | 0 |
| Pittsburgh | 6 | 5 | 0 |
| San Diego | 5 | 6 | 0 |

American Football Conference

| Team | W | L | T |
|---------------|----|---|---|
| Pittsburgh | 10 | 1 | 0 |
| San Diego | 9 | 2 | 0 |
| San Francisco | 8 | 3 | 0 |
| Los Angeles | 7 | 4 | 0 |
| Pittsburgh | 6 | 5 | 0 |
| San Diego | 5 | 6 | 0 |

American Football Conference

| Team | W | L | T |
|---------------|----|---|---|
| Pittsburgh | 10 | 1 | 0 |
| San Diego | 9 | 2 | 0 |
| San Francisco | 8 | 3 | 0 |
| Los Angeles | 7 | | |

People

CALENDAR

Rotary meets early

Rotary Club of Lake Mary meets Thursday mornings, 7:30-8:30 a.m. at the Timacuan Country Club, on Rinehart Road. Contact Brian Lee, president, at 323-6128.

Weight Watchers meet on Thursdays

A local chapter of Weight Watchers meets at the Lake Mary Community Building every Thursday from 4:45 to 6:45 p.m.

Omni Toastmasters meet at Heathrow

The Omni Toastmasters Club #6861 will meet at 5:30 p.m. every Thursday at the AAA building, 1000 AAA Drive, Heathrow. Guests and prospective members are welcome. Call Bertram Glick, 323-6089, for more information.

Mothers of Preschoolers meet

Mothers of Preschoolers (MOPS) meets from 9 to 11:30 a.m. the first and third Thursday of each month, at River Oaks Presbyterian Church, Driftwood Village, Lake Mary, for Christian social, crafts, lectures and baby sitting. Open to the community, pre-registration is required. For information, call the church at 330-9103.

Pot luck dinner

Widowed persons are invited to attend a pot luck dinner at 5:30 p.m. every third Thursday of the month at the Casselberry Senior Center, 200 Lake Triplet Drive, Casselberry.

Sanford Historic Trust meets Thursday

The Sanford Historic Trust meets the first Thursday of the month, at 7 p.m., at the Greater Sanford Chamber of Commerce building. For information, call 322-1914.

Amateur Radio Society meets monthly

The Lake Monroe Amateur Radio Society meets every first Thursday, at 7:30 p.m., at the Senior Center, Lake Triplet Drive, Casselberry. For information, call Karl Lambert, 689-8764, or Al Kirk, 322-4487.

University women meet

ALTAMONTE SPRINGS — American Association of University Women meets the first Thursday of each month at 7:30 p.m. at Capistrano Condominium Clubhouse, 200 Mattland Ave., Altamonte Springs. Call Barbara at 889-8886 for more information.

Depressive/Manic Support Group

Depressive/Manic Support Group meets at 7:30 p.m., the first and third Thursdays, Lake-side Alternatives, 434 W. Kennedy Blvd., Eatonville; and 10:30 a.m., the second Saturday, at the downtown Orlando Public Library, 101 E. Central Blvd. For information, call 381-5070 or 645-4375.

American Legion, Unit meet Thursday

American Legion Post 53 and Unit meet the second Thursday, at 8 p.m., at the post home, 2874 S. Sanford Ave. For information, call 322-1852.

Alzheimers support group

SANFORD — The Sanford Alzheimers support group meets every second Thursday of the month, at 7 p.m., at the Renaissance Center, 300 W. Airport Blvd., Sanford. For information, call 322-6850.

Help for child support enforcement

Association for Children for Enforcement of Support, ACES, will meet the third Thursday each month, 7 p.m. at the Seminole County Library, Casselberry branch, S.R. 436 and Oxford Road. Meetings are free. Call 685-1720 or 324-8855 for more information.

Junior Woman's Club meets monthly

The Junior Woman's Club of Sanford Inc. meets the third Thursday, at 7 p.m., at the Woman's Club of Sanford, 308 S. Oak Ave. For information, call Tina Lee, 321-1955 evenings.

Pigeon Fanciers to gather

The Central Florida Pigeon Fanciers Association meets the third Thursday of each month, at 7:30 p.m., at the Seminole County Agricultural Center, 4300 Orlando Drive, Sanford. For more information contact Dick Kelly at 291-4346.

Sunrise Kiwanis meets Friday

The Seminole Sunrise Kiwanis Club meets every Friday, at 7 a.m., at Shoney's, US 17-92, south of Airport Boulevard. Visiting Kiwanians are welcome. For information, call Ridge Moreland, 322-3918.

Make the new year a lean one

By Marielisa Calks

This year, you're going to do it: Eat healthy. Exercise regularly. Lose weight.

Well, it takes more than luck to help achieve such goals. It takes discipline, of course. It takes the support of friends and family. And it helps to have a few great cookbooks around to keep flavor and interest high and fat and calories low.

Fortunately, there are many great low-fat cookbooks on the market, and they seem to keep coming. I can personally recommend all the titles published by Eating Well magazine, including "The Eating Well New Favorites Cookbook" (Eating Well Books, 1985) and "The Eating Well Rush Hour Cookbook" (1985). But one of the most exciting new books is the just-published "Heart Healthy Cooking for All Seasons," by Dr. Marvin Moser (Pocket Books, 1986), which features the recipes of three of the country's top chefs: Alice Waters of Chez Panisse in Berkeley, Calif.; Larry Forgione of An American Place in Manhattan; and Jimmy Schmidt of The RattleSnake Club in Detroit.

While the Eating Well cookbooks are for every day, "Heart Healthy Cooking for All Seasons" is more of a "company" cookbook. But it is full of sound information on health and weight, and it will inspire you to eat well, to entertain in style, and to appreciate the full flavors of food.

LARRY FORGIONE'S SEARED SEA SCALLOPS WITH CRANBERRIES AND HICKORY NUTS

- 2 tablespoons extra-virgin olive oil
- 1 tablespoon red wine vinegar
- 1 teaspoon minced shallot (OR white part of scallion) PLUS 1 tablespoon finely sliced shallot
- 1 teaspoon kosher salt (optional)
- 1 Few grinds of fresh black pepper
- 3 cups torn assorted greens, such as arugula, red leaf lettuce and oak leaf lettuce, washed and patted dry
- 12 jumbo sea scallops
- 1 teaspoon butter
- 1 cup coarsely chopped hickory nuts or pecans
- 1 cup fresh cranberries, halved or coarsely chopped
- 1 teaspoon finely chopped fresh rosemary
- 2 tablespoons cream sherry

Whisk all but 1 teaspoon of the olive oil with the vinegar in a small bowl. Add the minced shallot (or scallion) and whisk again. Season the vinaigrette to taste with salt and pepper.

In a bowl, toss the greens together. Spoon the vinaigrette over the greens and toss. Divide evenly among 4 plates.

Season the scallops with salt and pepper. In a large, nonstick skillet, heat the remaining teaspoon of olive oil over medium-high heat until hot. Add the scallops and cook for about 2 minutes on each side, until they are just pink in the center. Remove and keep warm. Reduce heat to medium low. Add the butter to the skillet, and when it melts, add the nuts. Cook for 1 minute, stirring. Add the cranberries, sliced shallot, rosemary and sherry. Cook for 1 minute or until the sauce is thickened and the cranberries are soft.

To serve, arrange 3 scallops on top of each plate of greens. Spoon the cranberry-nut mixture around each salad and serve immediately.

Nutritional analysis per serving: calories, 204; fat, 14.7 grams; saturated fat, 2.2 grams; cholesterol, 21 milligrams; sodium, 128 milligrams. Yield: 4 servings.

— Recipe from "Heart Healthy Cooking for All Seasons," by Marvin Moser, M.D., with Larry Forgione, Jimmy Schmidt and Alice Waters (Pocket Books, 1986).

ALICE WATERS' BANANA PANCAKES

- 1 cup whole wheat pastry flour
- 1 cup unbleached all-purpose flour
- 1 teaspoon baking powder
- 1 scant pinch kosher salt
- 1 egg yolk
- 1 cup buttermilk
- 1 cup low-fat milk
- 1 teaspoon safflower oil
- 1 large banana, peeled and sliced very thin
- 1 egg whites

In a large bowl, mix both flours and the baking powder with the salt. Whisk to combine thoroughly. With a spoon, make a well in the center of the dry ingredients.

In another bowl, whisk the egg yolk, buttermilk, low-fat milk and oil together. Pour the wet ingredients into the well in the dry ingredients and whisk thoroughly without overmixing. Strain the batter through a fine sieve



Photo by Paul O. Boisvert for New England Culinary Institute
SEARED SEA SCALLOPS WITH CRANBERRIES AND HICKORY NUTS is low calorie and good taste.

into another bowl. Gently stir the sliced bananas into the batter.

In a separate bowl, beat the egg whites to soft peaks. Fold gently into the batter, mixing thoroughly but taking care not to deflate the batter.

Heat an iron skillet over medium-low heat. When it is very hot, put a few drops of oil in the pan and tilt it so that the oil covers the surface. Using a small ladle, spoon a tablespoon or two of the batter for each pancake into the pan. There should be enough batter to make 16 pancakes. Cook each pancake for about 1-1/2 minutes on each side until nicely browned. Serve hot with about 1 tablespoon of jam or maple syrup per serving.

Nutritional analysis per serving: calories, 232 (add about 30 calories for each tablespoon syrup or jam); fat, 8.4 grams; saturated fat, 1.6 grams; cholesterol, 56 milligrams; sodium, 30 milligrams. Yield: 16 small pancakes, 4 servings.

— Recipe from "Heart Healthy Cooking for All Seasons," by Marvin Moser, M.D., with Larry Forgione, Jimmy Schmidt and Alice Waters (Pocket Books, 1986).

JIMMY SCHMIDT'S PORK CHOPS WITH MUSTARD AND ROSEMARY

- 4 8-ounce loin pork chops, attached to the bone, with fat and connective tissue trimmed

Few grinds fresh black pepper

2 tablespoons extra-strong mustard

2 tablespoons coarsely chopped fresh rosemary leaves

1 cup dry white wine

4 sprigs fresh rosemary or other herb, for garnish

Prepare a charcoal, wood or gas grill or preheat the broiler, putting the rack as close to the heat source as possible. Preheat oven to 400 degrees.

Season the chops with pepper. Grill for about 3 minutes until seared. Turn and cook for about 2 minutes longer, just until seared on the other side. Transfer chops to an ovenproof skillet or shallow baking pan.

Brush the tops of the chops with mustard and sprinkle with rosemary leaves. Add the white wine to the pan. Bake for about 8 minutes (depending on thickness) until chops are medium-well done. Place on a platter or 4 serving plates and spoon any pan juices over chops. Garnish with rosemary and serve immediately.

Nutritional analysis per serving: calories, 341; fat, 22.1 grams; saturated fat, 7.5 grams; cholesterol, 135 milligrams; sodium, 206 milligrams.

— Recipe from "Heart Healthy Cooking for All Seasons," by Marvin Moser, M.D., with Larry Forgione, Jimmy Schmidt and Alice Waters (Pocket Books, 1986).

Spaying means fewer pets will die

DEAR ABBY: Thank you for bringing the SPAY/USA program to the attention of your readers. Almost 12,000 calls were received in the first three weeks after the column was published. We hired a 24-hour answering service to take the calls, and our most experienced staff people worked seven-day weeks to keep up with the referrals. The number of calls is down to about 250 a day now.

Many of the inquiries were for more than one animal — often three or more cats, and sometimes up to 30! As of Nov. 17, there were 3,019 cat spays, 5,459 cat neuters, 3,085 feral cat (sex unknown) alters, 3,081 dog spays, 2,279 dog neuters and 882 dog (sex unknown) alters.

The biggest problem we have now is cats. Taking into account that a male cat can be responsible for many litters per year, and a female can have three litters per year, we are being conservative when we take the total number of cat surgeries (11,563) and estimate that each of them could have produced 10 kittens in one year

ADVICE

ABIGAIL VAN BUREN

— or 115,630 cats. A year later, if each of those had been responsible for 10 more kittens, there would be well over a million. The dog numbers are not quite as dramatic, but nonetheless, we will see the difference at shelters next spring.

I wish we could persuade people to keep cats indoors, to put IDs on them in case they slip outside, to adopt them with the understanding that they live 15 to 20 years, and to spay or neuter them.

At this time, there are literally tens of millions of homeless cats. People get cats because they are "easy to take care of," then leave them outside with no identification, unaltered, where they multiply like rabbits. The cat crisis today is what the dog crisis was 20 years ago.

Thank you, Abby, for all of the good you have accomplished with a single column.

ESTHER R. MEHLER,
DIRECTOR, SPAY/USA

DEAR ESTHER: No need to thank me — that's what I'm here for. I'm delighted to know that your program, which resolves the problem of homeless, unwanted pets without destroying them, is making a difference. For those readers who missed the original letter back in October, SPAY/USA is a program that provides referrals to veterinarians who offer low-cost neutering and spaying. The SPAY/USA phone number is 1-800-248-SPAY (7729).

DEAR ABBY: From time to time, you've published letters from people who had found money. One woman bought a pair of jeans at a yard sale and found \$5 in one of the pockets. A high school student found a wallet on the pavement. When I read those letters, the correct behavior was evident. Then something similar happened to me, and I wasn't so sure anymore.

I had finished shopping in a drugstore that is owned by a local family. When I got outside, I discovered I had been given \$10 too much in change, so I went back in and said, "You've made a mistake in my change." Assuming I meant I had been shortchanged, the owner angrily interrupted with: "Once you're outside the door, we don't do any-

thing about it!" and he walked away. I replied, "You gave me \$10 too much, and I was going to return it." I turned around and walked out with the \$10. Abby, what would you have done had that happened to you? OVERCHANGED

DEAR OVERCHANGED: I would have insisted that the owner accept the money — and in the future, I would take my business to another drugstore.

DEAR ABBY: One more for "Annoyed in Minnesota," who was offended by people who responded to questions by saying, "I don't care." My mother tells the story about my grandfather who was driving his buggy down the road and came across a man who was walking. Grandpa asked the fellow if he wanted a ride, and the fellow replied, "I don't care." Grandpa said, "I don't care either. Giddyup!"

LYNN BARTEAU,
ST. CHARLES, MO.

DEAR ABBY: I recently saw a letter in your column asking what qualifies a person as an alcoholic. As the ex-wife of a recovering alcoholic, I can offer an answer.

According to Alcoholics Anonymous, the definition of an alcoholic is a person who puts alcohol before other facts of his/her life. It doesn't matter how often the person drinks, or even the amount consumed on each binge. What matters is the person chooses alcohol over his family, job and/or other responsibilities.

This does not necessarily mean they become completely neglectful (although that will probably happen over time), but that their spouses, children and jobs are given a lower priority than having a drink.

Alcoholism is a progressive and secretive disease. The alcoholic becomes a master at hiding his obsession. All too often, his family and friends become just as good at ignoring the warning signs, enabling the alcoholic to continue hiding his actions. Eventually, however, the person becomes so obsessed with getting his alcohol that he becomes careless — and then everyone is forced to face the disease and its attending disasters.

I advise everyone who even suspects a loved one is an alcoholic to attend several AA-Anon meetings. Your questions will be answered and you will receive non-judgmental support.

The members of AA-Anon have been through the whole gamut of emotions. They can offer their first-

hand experiences, and help you get your life back in order — with or without the alcoholic's sobriety. There are chapters worldwide, so don't delay. Help is available. LIVED TO TELL ABOUT IT

DEAR LIVED TO TELL ABOUT IT: Thank you for a helpful letter. For those who may not already be aware of it, AA-Anon Family Groups is a fellowship of relatives and friends of alcoholics who share their experiences, strength and hope in order to solve their common problems. Their purpose is to help families of alcoholics by practicing the Twelve Steps of AA, by encouraging and understanding their alcoholic relatives, and by welcoming and giving comfort to families of alcoholics. AA-Anon is world-wide; to locate a chapter, check your local telephone directory for a listing.

For an excellent guide to becoming a better conversationalist and a more attractive person, order "How to Be Popular." Send a business-sized, self-addressed envelope, plus check or money order for \$3.95 (plus \$1.00 in Canada) to Dear Abby Popularity Booklet, P.O. Box 447, Mount Morris, Ill. 61051-0447. (Postage is included.)

MOVIELAND Drive In 322-1218
Reg. 12-82 Adults \$3.00 • Children under 12 \$1.75

JUMANJI PG
Rabbit Williams 1:45 8:00

CLUELESS (R) 6:45

REGAL CINEMAS
LITCHFIELD CINEMA

JUMANJI PG
1:30 3:30 5:30 7:30 9:30

DRACULA: DEAD AND LOVING IT PG-13
1:15 3:15 5:15 7:15 9:15

FATHER OF THE BRIDE 2 PG
1:30 3:30 5:30 7:30 9:30

CUTTHROAT ISLAND PG-13
7:30 9:30

BALTO (G)
2:00 4:30 6:30

TOY STORY (G)
1:00 3:00 5:00 7:00 9:00

GRUMPY OLD MEN PG-13
1:10 3:10 5:10 7:10 9:10

WAITING TO EXHALE PG
2:00 5:00 7:30 10:30

SABRINA PG
1:30 4:10 7:00 9:30

HEAT (R)
1:00 4:30 6:00

WAITING TO EXHALE PG
1:30 4:30 7:30 9:30

WEDNESDAY'S PRIME TIME

| Channel | 6:00 | 6:30 | 7:00 | 7:30 | 8:00 | 8:30 | 9:00 | 9:30 | 10:00 | 10:30 | 11:00 | 11:30 |
|---------|---|--------------------------------|--|--|---|---|---|---|---|---|---|-------|
| 2 | News 2 | NBC Nightly News 2 | Current Affairs 2 | Ent. Tonight 2 | All-New All-Star TV | Composed Biopics | Billings (In Stereo) 2 | Law & Order "Good Lieber" (In Stereo) 2 | News 2 | Tonight Show | | |
| 3 | News 3 | CBS News | Hard Copy 3 | Dev's World | Maria This Home | Matt Waters "Coming Home" | American Gothic "It's a Wonderful So-Called Life" | News 3 | (11:35) Late Show | | | |
| 4 | News 4 | AUC Wild News | Jessie 4 | Wheel of Fortune 4 | Ellen (In Stereo) 4 | Draw Carey | Gracie Under Fire | Naked Truth | News 4 | (11:35) Nightline 4 | | |
| 13 | Fresh Press | Goody News | Cops (In Stereo) 13 | Wanted "The Outing" | Sister, Sister | Parent Hood | Waynes Bros. Unhappy Ever After | News 13 | Extra (In Stereo) 13 | LAPD (In Stereo) 13 | Highway Patrol | |
| 24 | NewsHour With Jim Lehrer II | Business Report | Aggravation | Woman's World at Risk (In Stereo) | Woman's World at Risk (In Stereo) | Great Performances "The State of the Union" | State of the Union | State of the Union | State of the Union | State of the Union | State of the Union | |
| 35 | Rescue 35 | Simpsons | Home Improve | Married... With Children | Beverly Hills, 90210 "Fun Back the Clock" | Frederick R. Price | Party of Five "Under Advantage" (In Stereo) 35 | Baywatch Nights "Just a Gigolo" | Cher's "The Runaway Chase" 35 | Cher's "The Runaway Chase" 35 | Cher's "The Runaway Chase" 35 | |
| 52 | American Times | Campbell's | This Is Your Day | Rudolph Zak | Frederick R. Price | Frederick R. Price | Central Florida (Live) | Variety | American Times | Joy of Celery | | |
| 55 | Peter LaFolde | Jerusalem on Line | James Robison | Bill Bright II | Hour of Power (In Stereo) 55 | 700 Club | Press the Lord | | | | | |
| 56 | Fed Program | Fed Program | Fed Program | Fed Program | Fed Program | Fed Program | Washing Live Interviews and Discussions with Dan Sluscher | In the World With Gil McDowell | Cher's "The Runaway Chase" 56 | Cher's "The Runaway Chase" 56 | Cher's "The Runaway Chase" 56 | |
| 59 | Wild, Wild West "Night of the Ready Made Cop" | Aired "The Hunk" (Part 2 of 2) | College Basketball: Florida State at Virginia (Live) | Richard Boy | Richard Boy | Richard Boy | Richard Boy | Richard Boy | Richard Boy | Richard Boy | Richard Boy | |
| ABC | Quincy "A Star is Born" | Equalizer "The Detective" | Biography: Betty Grable | American Justice | 20th Century | Law & Order "Private" | Major-Minor | | | | | |
| BEY | 15:15 The Big Clock 59 | 1948 Play Meets | California 59 | 1946 Play Meets | 1945 The Unhatched 59 | 1944 Play Meets | Major-Minor | | | | | |
| BET | Agg City | Screen | Screen | Screen | Screen | Screen | Screen | Screen | Screen | Screen | Screen | |
| BUC | Business | Business | Business | Business | Business | Business | Business | Business | Business | Business | Business | |
| CHN | World View II | World View II | World View II | World View II | World View II | World View II | World View II | World View II | World View II | World View II | World View II | |
| DISC | Wings | Invention II | Invention II | Invention II | Invention II | Invention II | Invention II | Invention II | Invention II | Invention II | Invention II | |
| DIS | Duckies | Chp in Dale | Yat Taira and Legends | Yat Taira and Legends | Yat Taira and Legends | Yat Taira and Legends | Yat Taira and Legends | Yat Taira and Legends | Yat Taira and Legends | Yat Taira and Legends | Yat Taira and Legends | |
| ESPN | Up Close | Sportscast | College Basketball: Iowa at Purdue (Live) | College Basketball: Iowa at Purdue (Live) | College Basketball: Iowa at Purdue (Live) | College Basketball: Iowa at Purdue (Live) | College Basketball: Iowa at Purdue (Live) | College Basketball: Iowa at Purdue (Live) | College Basketball: Iowa at Purdue (Live) | College Basketball: Iowa at Purdue (Live) | College Basketball: Iowa at Purdue (Live) | |
| FAM | NewsHour II | Wallace "The Curfew" | Highway to Heaven | Highway to Heaven | Highway to Heaven | Highway to Heaven | Highway to Heaven | Highway to Heaven | Highway to Heaven | Highway to Heaven | Highway to Heaven | |
| HBO | 15:15 Once Bitten 54 | 1985, Comedy | Lauren Huston | Lauren Huston | Lauren Huston | Lauren Huston | Lauren Huston | Lauren Huston | Lauren Huston | Lauren Huston | Lauren Huston | |
| LIFE | Supernat. | Designing | Commissar (In Stereo) 52 | Unaltered Mysteries | Unaltered Mysteries | Unaltered Mysteries | Unaltered Mysteries | Unaltered Mysteries | Unaltered Mysteries | Unaltered Mysteries | Unaltered Mysteries | |
| MAX | Woman With a Past 54 | 1924 | Parade Head, Dwight Schultz | Parade Head | Parade Head | Parade Head | Parade Head | Parade Head | Parade Head | Parade Head | Parade Head | |
| MTV | Ultimate Winter Vacation | Sunged Out | Ultimate Winter Vacation | Ultimate Winter Vacation | Ultimate Winter Vacation | Ultimate Winter Vacation | Ultimate Winter Vacation | Ultimate Winter Vacation | Ultimate Winter Vacation | Ultimate Winter Vacation | Ultimate Winter Vacation | |
| NASH | Wildfire | Club Dance | Club Dance | Club Dance | Club Dance | Club Dance | Club Dance | Club Dance | Club Dance | Club Dance | Club Dance | |
| NICK | Clash | Reggie | Reggie | Reggie | Reggie | Reggie | Reggie | Reggie | Reggie | Reggie | Reggie | |
| NOV | 15:00 Nicholas Nickleby | 1834 | Nicholas Nickleby | Nicholas Nickleby | Nicholas Nickleby | Nicholas Nickleby | Nicholas Nickleby | Nicholas Nickleby | Nicholas Nickleby | Nicholas Nickleby | Nicholas Nickleby | |
| QVC | Protein Sellers | Beauty Boutique | Beauty Boutique | Beauty Boutique | Beauty Boutique | Beauty Boutique | Beauty Boutique | Beauty Boutique | Beauty Boutique | Beauty Boutique | Beauty Boutique | |
| SHOW | (In Stereo) | My Boyfriend's Back 5 | 1983 | My Boyfriend's Back 5 | 1983 | My Boyfriend's Back 5 | 1983 | My Boyfriend's Back 5 | 1983 | My Boyfriend's Back 5 | 1983 | |
| SUN | Gulfstream | G. Scholz | Magic | NBA Basketball: Toronto Raptors at Orlando Magic (Live | | | | | | | | |

BLONDE by Chic Young

1-4

BEETLE BAILEY by Mort Walker

1-3

THE BORN LOSER by Art Sansom

1-3

PEANUTS by Charles M. Schulz

1-4

EEK & MEEK by Howie Schneider

1-3

TUMBLEWEEDS by T.K. Ryan

1-4

ARLO AND JANIS by Jimmy Johnson

1-4

FRANK AND ERNEST by Bob Thaves

1

GARFIELD by Jim Davis

1-3

ROBOTMAN by Jim Meddick

1-4

Growing old with grace — and wit

By Peter N. Gott, M.D.

The process of aging appears always more attractive to the young than to those of us who are stuck with it. Like living somewhere else, growing old has quite an appeal until you get there.

I suppose it's a matter of degree. Everyone wants to be in his 20s. Or 30s. To the adolescent, life may begin at 40. But once you are 40, you are tempted to wonder where your life has gone. In a testimonial to the human condition, the young yearn to get older and the old long to get younger.

A few lucky people seem happy at any age, most of the time. Their strong suit may be the ability to adapt. They are the minority. I'm afraid, judging from the worship of youthfulness which dominates the advertising world.

Having somehow lived through various rites of passage, I am astounded to have survived. Remember the painful longing of a first love? How about the interminable delay in being able to obtain a driver's license? Hoping, finally, to be ASKED to show an ID card? Waiting with moist palms for college acceptance? Of course, there are other important stages: the inchoate poem, the first paycheck, purchasing your own automobile. Marrying. Becoming a parent.

After roaring into legal adulthood, the real rite of passage is invidious, and has to do with responsible independence.

Now I know that confidence, success and independence are the reasons why young people envy the old. But let's be realistic. Where did all those wrinkles and crow's feet come from? Why is the telephone book print so small? How come I can't exercise all day and dance all evening? Going to bed at night feels good. My god, that's a gray hair! You know how it is. Well, if you don't you will.

The little indications of age slip imperceptibly into big-league stuff: aching joints, a "touch of sugar," the "tendency" to high blood pressure, the anxiety of Good Health. Growing older is when you worry about that funny chest pain being a heart attack instead of a peaky pulled muscle.

Because body aches progress with age, older people develop an almost universal tendency to catalog their pains to anyone willing to listen. Although this is the doctor's bread-and-butter, a litany of complaints is guaranteed to produce predictable consequences of social gatherings, cocktail parties and those longed-for "chance" meetings in supermarket check-out lines. If husband and wife entertain each other with a daily inventory of symptoms, the results can be disastrous.

I know a married couple who have designed their own method of confronting this problem. With character-

istic good humor, they have contracted to avoid discussions about their minor physical ailments. Since most parts of the body misbehave at one time or another, they each reference to particular organ systems. The following questions are shunned: "How's your breathing? Do your joints hurt? Is your back better? Did you take Milk of Magnesia last night?"

In fact, even general questions are best avoided. "Did you sleep well last night? How do you feel today?" If you were to listen to this amazing couple at breakfast, here is what you would likely hear:

"Good morning, Paul. How are your earlobes today?"

"Oh, just great, Jean. How do your fingernails feel?"

"By golly, they're wonderful. Is the



MEDICINE

PETER GOTT, M.D.

tip of your nose OK?"
"Couldn't be better. Let's go sailing this afternoon."

See? It can be done. We really don't need creams, pills, tonics, or trusses. To muddle through this fribble called the Aging Process, we basically require a twinkle in the eye and a tongue thrust firmly against the inside of the cheek.

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ACROSS

- Newman
- Huntley
- Turt
- At the house of (Fr.)
- Zwonen's love
- out (stretch)
- Princeton's rival
- Cal on — Tin Roof
- Research room
- Baby Buns
- Urgency
- — — —
- Owners
- Beethoven's
- Franking
- Nelson
- Wooden shoe
- Use scissors
- Pronoun
- Comic time of day
- Character on Friends

DOWN

- Type of muffin or chip
- Cheerful
- Fixed price
- Tennis equipment
- Craving
- Peaceful poem
- Private gathering since (2 wds.)
- Showered neck
- Over there
- Slippery
- Author Harjo
- Holubi (abbr.)
- Boffe
- Disorder
- — — — do mer
- Resorts

Answer to Previous Puzzle

| | |
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| EAGLES | NEROLE |
| GRABLE | ALROAR |
| ORR | AIT |
| UPSTANT | |
| WHERE | ATE |
| EARNED | OMIET |
| FRIKKY | RODMY |
| TIA | ENS |
| IPANOR | |
| TWAS | SAT |
| ARMLET | OPVION |
| GAITRY | INORED |
| PARO | EMRY |

STUMPED? Call for Answers @ Touch-tone or Rotary Phone 1-800-464-3636 ext. code 100 @ 95¢ per minute

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WIN AT BRIDGE

Same match, different result

By Phillip Alder

The final of last year's Marlboro Venice Cup was a repeat of the previous one, held in 1993, between Germany and the United States. This time, Germany turned the tables, winning 312-248. Ahead by only three points before the last 16 boards, the Germans won this final session 70-9. The winners were Sabine Auken, Daniela von Arnim, Beate "Pony" Nehmert and Andrea Hauscheid, with Klaus Reps the non-playing captain. Karen Caesar and Marianne Mogel were also on the German team, but they didn't play in the final. The losers were Kerri Sanborn, Karen McCallum, Sue Pirus, Rozanne Pollack, Kitty Munson and Carol Simon. The first three were on the vic-

torious 1993 team.

In this deal from the final session, the Americans reached a poor six no-trump, going three down. The Germans stopped in three no-trump after the given auction. One club was strong, artificial and forcing. One spade showed either both majors or both minors. Two clubs was correctable: West couldn't pass with the majors.

West led the heart three: 10, Jack, King, South, Auken, cashed her top diamonds, getting the bad news when West inaccurately threw a low club. Auken exited with a low heart, West going in with the eight and switching to the club jack.

After winning with the club queen, declarer played a spade to dummy's 10 and East's jack. Auken won the spade return with dummy's ace, played a spade to her king, cashed the club ace and exited with her last club. East could take two club tricks, but then she had to lead from the J-9 of diamonds into dummy's Q-10.

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| | | | | |
|---------------------|--------------|-------|-----------|----------|
| NORTH | | | | 01-03-96 |
| ♠ | A 10 3 | | | |
| ♥ | 10 | | | |
| ♦ | Q 10 8 7 6 4 | | | |
| ♣ | A 10 5 3 | | | |
| WEST | | EAST | | |
| ♠ | Q 8 7 6 | ♠ | J 9 2 | |
| ♥ | A 9 8 3 2 | ♥ | J 7 | |
| ♦ | 3 | ♦ | J 9 5 2 | |
| ♣ | J 8 6 | ♣ | K 9 4 2 | |
| | | SOUTH | | |
| | | ♠ | K 5 4 | |
| | | ♥ | K Q 8 5 4 | |
| | | ♦ | A K | |
| | | ♣ | A Q 7 | |
| Vulnerable: Neither | | | | |
| Dealer: East | | | | |
| South | West | North | East | |
| 1♠ | 1♠ | Pass | 2♠ | |
| 2♦ | 2♥ | 3♠ | Pass | |
| 3NT | Pass | Pass | Pass | |
| Opening lead: ♥3 | | | | |

HOROSCOPE

Thursday, Jan. 4, 1996



Thursday, Jan. 4, 1996

Interesting developments could prevail in the year ahead. Just when the elements seem to conspire against you, changes that will put you back on top of the heap might occur.

CAPRICORN (Dec. 22-Jan. 19) In partnership arrangements today, your way of doing things could be more effective than the methods or procedures suggested by co-workers. Do what's best for everybody. Know where to look for romance and you'll find it. The Astro-Graph Matchmaker instantly reveals which signs are romantically perfect for you. Mail \$2.75 to Matchmaker, c/o this newspaper, P.O. Box 1758, Murray Hill Station, New York, NY 10156.

AQUARIUS (Jan. 20-Feb. 19) Try to be

fair today and share the gains from a collective effort. However, do not reward someone if he or she did not contribute. **PISCES (Feb. 20-March 20)** Do not get caught up in petty politics today in your social involvements with friends. Maintain a friendly demeanor without acting as anyone's campaign manager.

ARIES (March 21-April 19) Material objectives can be achieved today, but it might not be as easy as you first thought. Keep your thinking cap on if money is the primary issue.

TAURUS (April 20-May 20) It will be imperative to assess situations realistically today. Complications could arise if you deliberately gloss over or ignore existing problems.

GEMINI (May 21-June 20) Keep your guard up today if you're in the company of a person who took advantage of your generous nature in the past. He or she may hope to repeat the crime.

CANCER (June 21-July 22) You should try to be your own person, but don't carry it to extremes today. If a team effort is

required, work with the group, not against them.

LEO (July 23-Aug. 22) Indifference or poor judgment may cause you not to take proper advantage of something offered to you today. This could be beneficial to your career. **VIRGO (Aug. 23-Sept. 22)** If you need a favor today, go to a trusted, reliable friend. Do not request anything from an acquaintance who has let you down recently.

LIBRA (Sept. 23-Oct. 23) Your luck might be hickle today, so don't leave anything to chance. You can still succeed if you use resourcefulness and ingenuity.

SCORPIO (Oct. 24-Nov. 22) Avoid promoters who grossly over-exaggerate the quality of their offerings today. Their pitches will most likely be superior to their products.

SAGITTARIUS (Nov. 23-Dec. 21) Financial trends continue to look reasonably promising, but prudence will be required. Extravagant gestures could throw your budget off-balance.

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by Leonard Starr

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