

# Sanford Herald

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86th Year, No. 303 - Sanford, Florida

## NEWS DIGEST

### INSIDE

#### Sports

##### Calling all girls

**SANFORD** — The Sanford Recreation Department and Seminole Softball Club have announced plans for their fall softball leagues. **See Page 1B.**

### BRIEFS

#### Shooting

**SANFORD** — William Wynn, 28, of Sanford, turned himself in at the John E. Polk Correctional Facility at 8 a.m. today. Wynn has been charged with aggravated assault and one count of shooting into an occupied building.

According to sheriff's spokesman Ed McDonough, Wynn reportedly fired a 9mm round at Len Sutton, 30, outside Sutton's home on Coolidge Street on July 27th. The bullet missed Sutton and struck the front of the house.

McDonough said Wynn is a patrol officer with the Orlando police department, and Sutton is the vice principal of Sanford Middle School.

Wynn has already been released on \$2,000 bond at 9 a.m. this morning.

#### Party Machine building

**SANFORD** — The future fate of the former Party Machine, 2544 Park Drive, remains undecided. The building was badly damaged by fire last year.

Sanford fire investigators originally declared arson as the cause of the blaze. So far, no arrests have been made and the case remains open.

The City of Sanford ordered the building to be condemned in November of last year, but a number of extension dates have been issued since that time. The most recent extension would have ended this Friday, Aug. 12.

The matter was discussed during this past Monday's City Commission meeting.

Although City Manager Bill Simmons had suggested a 90-day extension to allow time for roof joists to arrive and begin installation, the City Commission agreed unanimously to approve another 30-day extension.

City Building Official Gary Winn had received a letter from Charles Namey, who has been conducting renovations of the building. Namey had reportedly ordered structural steel for the roof, and was presently waiting for the manufacture and delivery of the steel.

In approving the 30-day extension, commissioners indicated that amount of time would be sufficient to allow the roofing reconstruction to get underway.

#### Safety checkpoints set

**SANFORD** — Troopers with the Florida Highway Patrol will establish roadblocks on area roadways during upcoming weeks to assure vehicles and their drivers are safe. Troopers will stop traffic during daylight hours to check for such potential safety risks as worn tires, defective brakes and inoperative headlights. Motorists' drivers licenses and vehicle registrations will also be checked. Any criminal law violators, such as drunken drivers, will be met with arrest.

Troopers may establish the roadblocks at the following locations through Sept. 2: County Road 15, Old Lake Mary Road, Orange Boulevard, Osceola Road, Celery Avenue, State Road 426, E.E. Williamson Road, Gen. J.C. Hutchinson Parkway, Bunnell Road and Dodd Road.

#### GED registration deadline

**SANFORD** — The General Educational Development (GED) tests, leading to a Florida High School Diploma, will be offered at Seminole Community College on Aug. 29, 30, and 31. Registration for taking the tests must be completed by no later than 1:30 p.m., Friday, August 19.

For additional information on the free GED study program, phone the GED office of Seminole Community College at 328-2007.

Compiled from staff reports

Bridge.....	2B	Horoscope.....	2B
Classified.....	2B, 7B	Movie.....	4B
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Dear Abby.....	2B	Police.....	2A
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Florida.....	2A	Weather.....	2A

#### Same story, different day



Partly cloudy with a chance of mainly afternoon and evening showers and thunderstorms. High in the upper 80s to low 90s. Winds will be from the east at 5-10 mph. Chance of rain 50 percent.

For more weather, see Page 2A

# Nature sites preserved

## County buys camp, river land for possible park

By J. MARK BARFIELD  
Herald Senior Staff Writer

**GENEVA** — Once feared to become the site of another borrow pit, Camp David Hedrick will now be preserved for all residents of Seminole County.

County commissioners unanimously approved the \$650,000 purchase of the 182-acre boy scout camp on State Road 426 yesterday. The Central Florida Council of the Boy Scouts of America had sought to sell off the camp for about three years to raise money for new scout offices in Maitland.

The scouts had sought \$995,000 for the property.

Also, commissioners agreed unanimously to purchase the 233-acre Hi Oaks West site on the Econlockhatchee River for \$3.5 million. The site represents a portion of a controversial 900-acre development site in one of the most diverse environmental communities in the county. Negotiations are underway for the remaining property, which lies east of the Econ.

Geneva-area scouts had fought for the preservation of their local camp since 1991, when the central council posted the property for sale.

Initially, the council planned to develop the camp further and expand a pond on the site for boating, but amid opposition from area residents, they retreated.

Expressway builders Hubbard Construction Co. once considered the site for a borrow pit. They backed off, but not before the county cited them for damaging native vegetation while they were conducting their surveys.

Scout council officials say they needed the money to replace their aging offices in Orlando. **See Nature, Page 5A**

### Pit crew



Weight Photo by Susan Wynn

Shiner and Punt, a pair of pit bull pups have it made. Their friend Stephanie Thompson, 7, helps them into the new convertible Corvette they will share with her dolls and other toys. While the puppies check out their new wheels and make themselves at home near Sanford Avenue and Grandview, their seven siblings are looking for new digs.

# Riverboat casino measure won't be on the ballot

By J. MARK BARFIELD  
Herald Senior Staff Writer

**SANFORD** — Port of Sanford director Dennis Dolgner said he was disappointed this morning to find he may lose a potential large new tenant, a riverboat casino.

"That's the way it goes in business," said Dolgner. "We knew there were a lot of hurdles to overcome going in."

Proponents of riverboat gambling at the port and 20 other locations throughout the state lost their bet Tuesday to be placed on the Nov. 8

ballot. Safe Bet for Florida sought to have 21 gambling cruiseboats throughout the state. Although they had collected more than 600,000 names for the proposal, only 368,539 had been officially OK'd by county elections supervisors.

A Leon County circuit judge rejected requests by Safe Bet attorney Lew Oliver and another petition group to extend the 5 p.m. deadline. Oliver argued some supervisors refused to count gambling signatures. Oliver said he was considering an appeal of the decision. **See Gambling, Page 5A**

# Your tax dollars

## Lower property values led to city's high millage rate

By NICK PFEPAUF  
Herald Staff Writer

**SANFORD** — City Manager Bill Simmons says using proposed millage rate comparisons between Seminole County cities does not paint a true picture of Sanford's tax structure.

Simmons, speaking at a city commission meeting Monday night, referred directly to a news story in the *Sanford Herald* published Friday, August 5. It presented a graph comparing the millage rates among

the cities, showing Sanford's rates the highest, and Lake Mary's the lowest.

"We know Sanford's millage is higher than the other cities," he said, "but each city has a different tax structure, and if we take a look at the overall picture, we find Sanford looks much better."

"We are often compared to Altamonte Springs," Simmons said, "because the population is relatively similar. But look at the tax revenue per capita." Simmons had **See Values, Page 5A**

# School site land purchased

By VICKI DEBORGH  
Herald Staff Writer

**SANFORD** — With three school board members present in the board room and a fourth present on the telephone from her vacation at the beach, the Seminole County school board voted 4-0 to purchase three parcels of property for a new elementary school in Winter Springs.

The fifth board member, Larry Strickler, was en route from Tallahassee where he had been on business, when the vote was taken and could not be reached on his cellular phone.

According to Ned Julian, the school board attorney, an extraordinary vote of the board (four members of the five voting in favor of the purchase) was needed in order to approve the purchase of the 12-acre site just off of U.S. Highway 17-92 near the Spring Hammock Reserve.

With only three members present, and the contract set to expire at midnight, the district staff scrambled to find at least one of the two remaining board members for the vote.

Sandy Robinson was finally located and took time from her vacation to listen to a reading of the pertinent materials and to vote on the purchase.

"She was very pleasant about it," board member Jeanne Morris, who directed staff to a friend of Robinson's who was able to locate **See Land, Page 5A**

### The great sucking sound



Weight Photo by Agnyl Kankalon

Sanford city workers cleaned excess ground water from a trench at the north end of Grove Drive. They believe the water may have created a cave-in. Left to right, workers Larry Bhrleber, James Jackson and Kelly Gibson of the Utility Department's sewer division.

# Murder: Old friend charged

By NICK PFEPAUF  
Herald Staff Writer

**SANFORD** — Edward A. Thomas, 24, of Lake Monroe Terrace, was stabbed to death Tuesday night at 101 Seminole Gardens. Isheaha Pleahette Kinney, 20, who lives at that address, has been charged with murder.

According to Sanford Police Commander Dennis Whitmire, the stabbing reportedly occurred at 9:59 p.m. Tuesday night. He said officers found Thomas' body on the living room floor near the front door.

"We took Kinney to the Sanford police station for questioning," Whitmire said, "and she told us Thomas, an old friend, had come to her apartment around 6 p.m., with a bottle of gin."

"She told us that after a while, Thomas fell asleep on the sofa, but awoke later and got into an argument about money," Whitmire continued. "Kinney said Thomas threatened to break out the windows of the apartment if she didn't give him money, so she reportedly went to the kitchen and got a knife."

Whitmire said the woman then returned to the living room, and after further discussion, Thomas reportedly grabbed her, and it was at that time she apparently stabbed him in the chest with the knife."

"There was another witness in the residence at the time," Whit- **See Murder, Page 5A**



## POLICE BRIEFS

### Firearm brandished

A Sanford man was arrested on a charge he threatened another man with a loaded shotgun Monday afternoon. Sanford police arrested Deandre Loyd Hayes, 35, 80 Lake Monroe Terrace, Sanford, on charges of improper display of a firearm, aggravated assault and use of a firearm during the commission of a felony. A Sanford man reported Hayes loaded a .451-caliber Mossberg shotgun and pointed at his head, threatening to shoot him if he didn't "stop messing" with Hayes' daughter. A Sanford police sergeant arrived at the scene on the corner of Fourth Street and Pecan Avenue and reported seeing Hayes holding a raised shotgun.

### Domestic violence

Michael L. Homelius, 43, 121 Reel Court, Sanford, was arrested by police at his residence Saturday following a reported dispute with his wife. He was charged with battery, domestic violence, and assault, domestic violence.

Richard Baisel Divina, 34, 2117 Silver Leaf Court, Longwood; was arrested on a domestic violence battery charge by Seminole County deputies Monday night. Divina's wife reported he tackled her in their front yard when she was leaving the home with her clothing and punched her nose, bloodying her.

Reginald L. Rogers, 32, 1016 W. Eighth St., Sanford, was arrested on a domestic violence battery charge by Sanford police Monday night after his live-in girlfriend reported he grabbed her throat and knocked her to the floor.

James R. Parrott, 32, 918 Rangeline Road, Longwood, was arrested on a domestic violence battery charge by Longwood police after his wife reported he grabbed her throat and knocked her down.

### Warrant arrests made

The following wanted persons were taken into custody:

David William James, 35, 401 Magnolia Ave., was arrested by deputies in the 2400 block of French Avenue Saturday. He was wanted for failing to appear on a charge of driving with a suspended/revoked license.

Randy O'Hara Moore, 36, 1513 Knox Ave., Sanford, was arrested by deputies in the 1800 block of Southwest Road early Monday. He was wanted for failing to appear on a charge of driving with a suspended/revoked license.

Emory Griffin, 30, 58 Castle Brewer Court, Sanford, was arrested by Sanford police at his residence early Monday. He was wanted on a warrant for failing to appear on a charge of sale of cocaine, and three separate writs of bodily attachment.

Lyndon Barnes Barfield, Sr., 29, 2211 Broadway St., was arrested at his residence by deputies Sunday. He was wanted for failing to appear on a charge of resisting an officer without violence, and a writ of bodily attachment.

Freddie Wilson, 33, 1505 W. 15th St., Sanford, was served a warrant at the John E. Polk Correctional Facility Sunday. He was wanted on an Orange County warrant for violation of probation on a conviction of child abuse.

Joseph Williams, 38, 2420 Lake Ave., Sanford, was located at the jail Saturday. He was wanted for failing to appear on a charge of driving with a suspended/revoked license.

Wayne A. Bethel, 24, 119 Ruby Red Lane, Longwood; on an Orange County probation violation charge stemming from a grand theft conviction.

Wilber Anthony McFadden, 24, 222 Dollarway, Midway; on a Florida Parole Commission violation of community release charge stemming from an aggravated battery conviction. The charge followed McFadden's July 30 arrest, charged with throwing a bottle at his ex-girlfriend's car containing her and five children.

### Reported to deputies

Incidents reported to Seminole County deputies:

#### Violence:

A 16-year-old Midway youth reported a "pit bull" entered his Washington Street home Monday afternoon and violently attacked his chow dog while he and four friends looked on, according to reports. The youth said he retrieved a knife from the kitchen and stabbed the attacking dog several times before taking the chow and going outside with his friends. Deputies report finding the dog inside the home, dead in a large pool of blood. The dog's owner could not be identified. The chow was wounded, but will recover, the deputy reported.

A 15-year-old black youth reported he was riding his bike Saturday afternoon along the 700 block of Riverbend Boulevard in upscale Sweetwater Oaks near Longwood when a white man yelled at him if he returned, he would "break my f---ing black neck." The youth reported the man had made similar racial comments to him previously. A deputy reported the man refused to comment.

### Incidents reported to Sanford police

A Deltona man reported he was beaten and his car stolen by a group of young men as he drove along Olive Avenue between Third and Fifth Streets at 1 a.m. Tuesday morning. The man reported about 10 men surrounded his 1986 Oldsmobile station wagon and dragged him from it. While several men beat him, others drove off in the car, the man reported. A passing motorist stopped and the men fled. The man was taken to an area hospital for treatment for a cut and swelling face. The man was also complaining of dizziness. The vehicle was found later at Seminole Gardens.

A woman reported she was walking to her car in the parking lot of a South French Avenue restaurant at 8:55 p.m. Monday when a man ran up and grabbed her purse. After a brief struggle, the woman fell to the ground and the man ran off with her purse containing a checkbook.

#### Burglaries and thefts:

An Oviedo man told police he lost his wallet containing a reported \$400 in cash Thursday at a store in the 1900 block of Country Club Road.

An air conditioner and compressor valued at \$3,500 were reportedly stolen Thursday from a vacant apartment in the 1300 block of Hickory Drive.

A purse containing \$124 in money order and \$150 in currency was reported missing Thursday from an apartment at Castle Brewer Court.

A 1979 Oldsmobile, tan and brown, license number QKE-82U was reportedly stolen early Friday from an apartment at Castle Brewer Court.

2500 block of Ridgewood Avenue: A woman reported hearing the receiver of the extension lifted while she was talking another telephone in her home at 11:30 p.m. Monday night. The woman reported her live-in boyfriend arrived home at the time and told her he saw a man standing in the doorway. The man fled.

Lil' Champ, 1116 Celery Ave.; in responding to an alarm at 12:39 a.m. Tuesday, police report finding the store was burglarized. Nothing appeared taken.

700 block of Santa Barbara Drive: a freezer, antique table and other possessions valued at \$600 reported taken sometime between 4 p.m. Saturday and 8 a.m. Monday.

Auto Max Motors, 2544 S. French Ave.; 1981 Chevrolet Monte Carlo valued at \$2,000 reported taken sometime between 5 p.m. Saturday and 3:30 p.m. Monday.

A pocket book reportedly containing \$384 in currency was reportedly stolen from a residence Friday in Cowan Moughton Terrace.

An estimated \$341 in tools was reported stolen Saturday during a business burglary in the 700 block of S. French Avenue in Sanford.

A purse reportedly containing \$80 was reported stolen Sunday from a residence in the 700 block of W. Ninth Street in Sanford.

# Economists see modest inflation

By JOHN D. McCLAIN  
Associated Press Writer

WASHINGTON — Many of the nation's top economists believe rapid inflation is at most a distant threat and predict this year's increase will be unchanged from 1993's modest 2.7 percent.

But they contend rising prices could accelerate dangerously if the economy were to grow too fast, or if capacity utilization rose too high.

The consensus forecast of 50 economists surveyed early this month was unchanged from both June and July and 0.1 percentage point below the 2.8 percent inflation forecasts from January through May.

The 2.7 percent inflation rate in 1993, as measured by the government's Consumer Price Index, was the smallest since a 1.1 percent rate in 1986.

The monthly survey, released today, is conducted by Blue Chip Economic Indicators, a Sedona, Ariz., newsletter.

The publication said the consensus prediction was that the CPI would rise 3.2 percent in 1995, down 0.1 percentage point from the June and July surveys and below the level the economists fear would signal rapid acceleration.

"While there was a wide range of views, it's the consensus opinion ... that a year-over-year rise of 3.4 percent in the CPI should be considered an 'unacceptable upper limit,'" said Robert J. Eggert Sr., an economist who conducts the monthly surveys and edits the newsletter.

Eggert said in an interview that price increases of 3.4 percent and more are viewed as possibly signaling a return to the double-digit price increases of 1979 and the early 1980s.

"Once we start an upward acceleration, it's hard to stop," he said.

Analysts are constantly searching for guideposts to measure unacceptable inflationary pressures, Eggert said.

The survey consensus cited three factors that should raise warning flags if they persisted over several quarters.

"It was the consensus view that real (gross domestic product) growth above 3.5 percent, an unemployment rate below 5.7 percent, or total capacity utilization above 85.5 percent would all be useful signs that the economy was overheating," Eggert said.

If the economy were to grow at an excessive rate, it could generate demand that would push up prices. The GDP grew 3 percent in 1993, but it was expanding at a 3.7 percent annual rate in the second quarter of this year.

The Blue Chip survey projects 3.6 percent GDP growth this year, down 0.1 percentage point from the July forecast.

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However, many analysts con-

tend growth began to slow during the summer, partly as a result of four recent increases in interest rates engineered by the Federal Reserve to keep inflation under control.

Analysts are divided over when and whether the Fed will raise rates further, with some predicting another increase as soon as the meeting next week of the central bank's policy-making Federal Open Market Committee.

If the unemployment rate were to fall below 5.7 percent, analysts fear it could create a manpower shortage that would drive up labor costs and ultimately the price of goods. Labor costs typically represent about two-thirds of the cost of a product.

The jobless rate was 6.1 percent in July, up from 6 percent in both May and June. The Blue

Chip consensus projects a 6.2 percent rate this year, down from the 6.3 percent forecast in July. The rate was 6.8 percent last year.

The survey found concern over capacity utilization because an excessively high rate could mean a shrinking ability to meet demand, thus causing price increases. Industry was using 83.9 percent of its capacity in June, up from 83.6 percent in May.

The Blue Chip forecasters represent banks, businesses, forecasting services, universities and Wall Street firms.

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Information from the Associated Press used in this report.

# Editorials/Opinions

## Sanford Herald

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### EDITORIAL

## Refugees are not just local problem

Florida Governor Lawton Chiles has expressed concern over a possible invasion of Cubans fleeing from the Castro regime. He made his comments in a speech in Miami earlier this week.

The governor has ordered state agencies to review their role in feeding, housing, and providing medical care to the refugees in an event of another Mariel-like boatlift.

Last year, the Coast Guard picked up over 5,000 Cuban refugees. Last weekend alone, 230 more were picked up.

We are glad the governor is concerned. We hope however, that the concern is carried forward to the federal government as well.

As we continue to have an influx of refugees from the island nations, and if the predicted flood from Cuba comes about, it is our tax dollars that will be paying the entire tab.

This is where an international problem has a direct local relationship. Florida will have to come up with financing for food, housing, medical treatment, and many other necessities which will be needed. And there will be a need, as these refugees will need plenty of care.

In almost all cases, people boating to freedom come without clothing or personal belongings. They have nothing. Unfortunately, some even suffer the loss of family members and friends who take the risk, but are unsuccessful.

These people are betting their very lives on completing that treacherous journey. It stands as proof that the life-style promised for Cubans by Castro many years ago is not working. Freedom has been eliminated.

We see two ways to resolve this. One of the most logical is Castro's overthrow. Even then however, the economy of Cuba has been so destroyed, it may take financial help from other nations including the United States, to get people back into the position in life they deserve.

The other way is to continue accepting Cubans. If this continues however, we, the taxpayers of Florida, must not be forced to pay the cost alone.

We suggest the federal government get directly involved. Not just with words, but with financial and personnel assistance. They have already spent time in Congress talking about it. We believe it's time the talking ended and action got underway.

If not, the people of Florida will, in effect, be getting punished just because we are located within 90 miles of Cuba.

Our federal government doesn't need to be reminded that this is a rapidly-mounting problem. They do need to be told however, that Floridians are fed up with this lack of support and endless delays, and are not going to stand for it.

We have many former Cubans in our Central Florida area. They are good citizens and are just as much a part of our society and daily routine as anyone else.

If we can't handle an influx of thousands more however, we, not Castro, will be in the most trouble.

### LETTERS TO EDITOR

Letters to the editor are welcome. All letters must be signed, include the address of the writer and a daytime telephone number. Letters should be on a single subject and be as brief as possible. The letters are subject to editing.

## Berry's World



SUMMER READING-ON-TAPE

### BEN WATTENBERG

## Washington August score card

It's August round-up time in Washington. The Congress is trying to move ahead on some legislation and get home to do some politicking. You'll be seeing them soon. They'll tell you everything about America and the world, through partisan lenses.

Objectivity is needed. Here is my status report: A huge \$30 billion crime bill looks as if it will pass. It's not a bad bill. Is there pork in it? Sure. But remember it started life as a Senate bill to accommodate both conservatives - who wanted more punishment - and liberals - who wanted more prevention. The bill has both. (Some, not all, of the prevention is pork.)

But the important part is that \$9 billion will be spent on new prison space, and it will be keyed to tougher state sentencing provisions. That keeps more thugs off the streets, where they can hurt you.

No one knows whether a health care bill will pass this Congress or what form it will take. I lean toward a major, but incremental, insurance reform measure including "portability" and coverage of "pre-existing conditions." That could still happen this session, as opposed to Clinton's more grandiose scheme.

But there could be no bill at all. What happens then? If you assume, as predicted, that the

Republicans will make big gains in the Congress this fall, it is likely that an incremental reform

It doesn't look as if there will be time to pass a new welfare bill this session. In any event, Clinton's bill is too soft to meet his pledge to "end welfare as we know it." But, again, if Republicans gain seats, next year's negotiations could yield a tougher bill.

There is the potential of a grand political irony forming. It is possible that a Republican congressional victory this fall will help Clinton pass laws closer to his activist/moderate "New Democrat" program that got him elected.



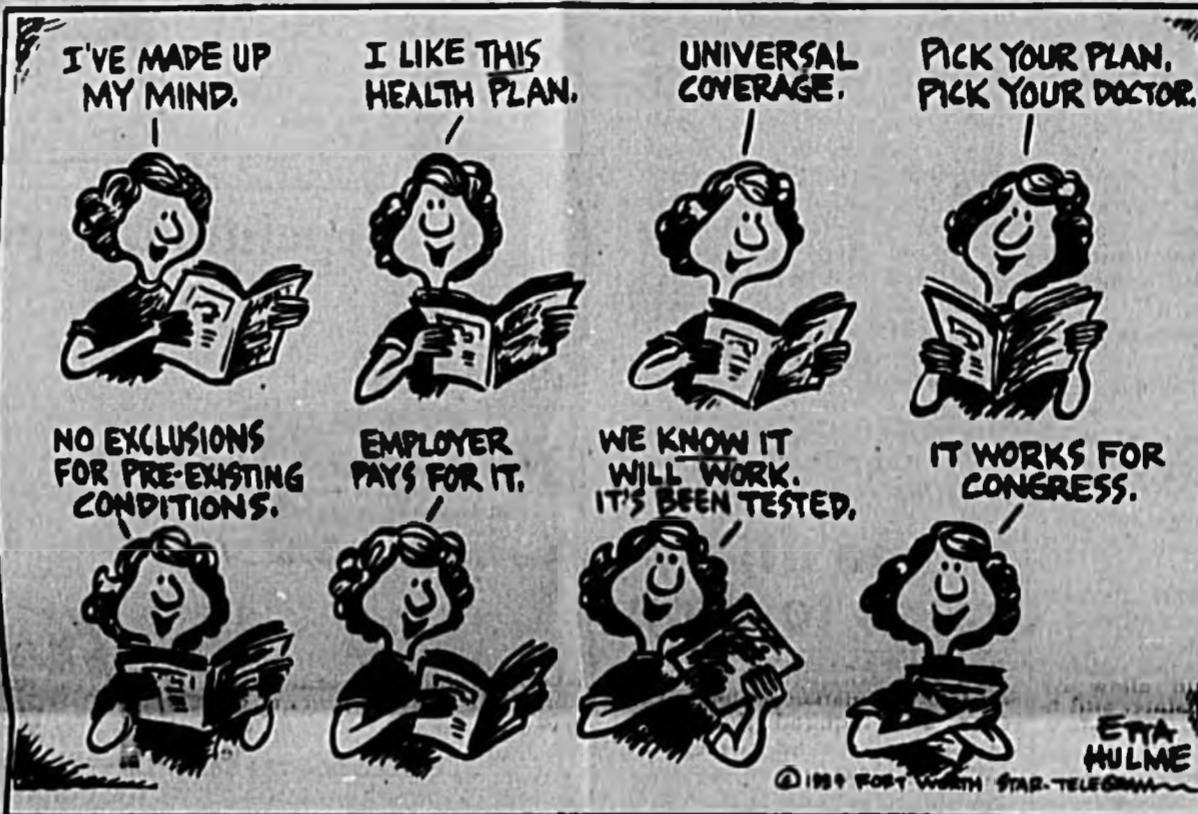
They'll tell you everything about America and the world, through partisan lenses.

Strange system.

Immigration will be a big issue on the hustings. I am strongly in favor of legal immigration. The more I have reflected upon it, this has become clear to me: If you are in favor of legal immigration, get tougher on illegal immigration. That's what's bugging people the most, and justifiably.

There is a big argument about the growing political role of the "Religious Right" in American politics. There are extremists in every movement, and it is not hard to find scary quotes. But most rank-and-file members seem to be decent citizens reacting against what appears to be a social breakdown, some of which is at least partially caused by government, on many levels, including school boards.

Most important, let us remember that it is good, not bad, when more people enter politics. Effectiveness in politics means forming coalitions. That tends to buff the rough edges off the participants. That is already happening. Thus, on the crucial issue of abortion, the Religious Right has made common cause in campaigns with conservatives who are pro-choice. (For example, with Sen. Kay Bailey Hutchison in Texas and Sen. Paul Coverdell in Georgia.)



### JACK ANDERSON

## Battle stations for two states

WASHINGTON — Sen. Frank Lautenberg, D-N.J., says he wants to make history more accessible, but when it comes to his own remarks on the Senate floor, sometimes he rewrites the books himself.

In the heat of a recent floor debate, Lautenberg inadvertently charged that American Indians were no longer living in the Grand Canyon. But don't look for his mistake in the Congressional Record, the official transcript of Senate and House proceedings. It was taken out as part of a feature known in Capitol Hill parlance as scrubbing.

Lautenberg was trying to protest a federal appropriation for his home state when he encountered opposition from Sen. John McCain, R-Ariz. The issue at hand was a \$15 million footbridge Lautenberg wants the government to build between New Jersey and Ellis Island, the famous gateway for millions of immigrants at the turn of the century. The reason for the bridge, he says, is to save families the cost of the \$6 ferry ride it now takes to visit the island.

McCain considered the project little more than election-year largesse, and took to the Senate floor with an amendment to eliminate Lautenberg's footbridge. Besides the backing of most of his Republican colleagues, McCain's endeavor was supported by the normally partisan New York congressional delegation, which doesn't want to cede control of Ellis Island to New Jersey.

In fact, the only people who seem to favor the bridge are Lautenberg and his colleagues in the New Jersey congressional delegation. The project has been opposed by groups ranging from the National Parks Service, which maintains Ellis Island, to the National Trust for Historic Preservation and Citizens Against Government Waste, among other groups.

McCain had unwittingly broken one of the cardinal rules of Senate protocol: Thou shalt not mess with thy neighbor's pork. Lautenberg, apparently incensed that his bridge was being challenged by a senator from the distant state of Arizona, struck back at McCain by attacking Arizona's most treasured landmark, the Grand Canyon.

"Perhaps we ought to reduce (the Grand Canyon) to its earlier status and not have bus traffic, automobile traffic, lodges, restaurant facilities, helicopter flights through the Grand Canyon," a visibly angered Lautenberg said. "Maybe we should... return the Grand Canyon to its natural state so that people can understand what it was like to see the Grand Canyon in its early days, with Native Americans living there, and have the full natural experience."

In the heat of battle, Lautenberg apparently forgot that American Indians are still living in the Grand Canyon. McCain wasted little time in correcting Lautenberg's lapse: "So I also say to the senator from New Jersey for his education, that we do have Native Americans living in the Grand Canyon. I encourage him to visit them."

Shortly after the debate, a Lautenberg staffer retreated to the Senate Clerk and Recorder office, where floor action is transcribed for inclusion in the Congressional Record. In the middle of the classroom-sized office is a table, where senators and staffers are free to correct grammatical mistakes and, in Lautenberg's case, factual errors. A Lautenberg spokesman told our associate Jan Moller that the Record is routinely reviewed for grammatical errors and misstatements.

McCain's efforts to kill the bridge project ultimately proved futile. His amendment lost by a vote of 56-43.



When it comes to his own remarks on the Senate floor, sometimes he rewrites the books himself.

### DONNA BRITT

## May we finish our road together

WASHINGTON — Sometimes, it takes watching somebody sobbing over a bottle of "Coney Island Cotton Candy" nail polish — or reading the postcard you picked up on a whim — to remind you:

When it comes to learning, what you need to know is often found outside a classroom.

Thank goodness. Because in Atlanta at Unity '94 — the first joint meeting of the national organizations for journalists of African, Hispanic, Asian and Native American descent — I couldn't seem to get near class.

At Unity, "class" mean workshops. As a black writer who's always inspired by attending seminars and panels at meetings of African American journalists, I was thrilled by the possibilities offered by Unity's diverse gathering of 5,000 journalists. Workshop topics ranged from the media's continued use of offensive sport team names, to Anglo actors (like Meryl Streep and Jeremy Irons in "The House of the Spirits") playing Hispanics in a film industry offering few such roles, to "the Untold Story of Asian Americans in Poverty."

I couldn't wait. But as a speaker on two panels and a columnist with a deadline, I found that there wasn't enough time to attend some interesting workshops or to mix with many journalists from other cultures.

I was just about to get depressed. Then I looked at what I was learning outside of class.

Some lessons were inevitable like the one in a black colleague's description of a lively session on "Myths and Stereotypes." At times, she felt tension between the various groups such as when a Hispanic journalist asked, "Why is it that when the media discuss racism, it's so often about black and white — and not brown?"

At such moments, my friend said, "people felt very separate."

There were other lessons as well, as in how, during an auction of photographs by minority photojournalists, African Americans bought photos of Asian subjects, Latinos purchased prints highlighting Native Americans, Asian Americans acquired photos by blacks.

One of my most memorable lessons on the pain of prejudice came from a woman who was neither black, Latino, Asian nor Native American — my manicurist.

Sitting, my hands dipped in suds, I listened to Inna, a 30-year Russian immigrant who'd been in the United States for four years. In accented English, she said thousands of Russian immigrants have recently settled in Georgia.

After the collapse of the Soviet government, Inna explained, life in the majority-Muslim city of her birth became increasingly tough for Christians and Jews. (Inna, who is Jewish, is married to a Christian.) When she, her husband and toddler daughter began receiving

threats, she said, they applied for asylum in the United States.

Inna looked up from the pink "Cotton Candy" polish she was applying. "When I was growing up, everyone got along. Nobody cared what religion you were."

Suddenly, she was crying. "I'm sorry," she said, dabbing her eyes with a towel. "It was — my home."

I felt deeply for Inna — even as I shook my head over how so many citizens of a nation we once revered could resent in one state, while black Haitians face a virtual tribunal.

There were lessons to be learned from a cocktail reception chat with columnist Bill Wong, of the Oakland Tribune, who sat on a panel on Asian stereotypes. Few of the journalists who write about Asian American street gangs, he said, mention the poverty, "cultural dislocation" and historical context — including the Vietnam War — of the kids who join them.

Time magazine Managing Editor James Gaines, a member of a panel I was on examining media coverage of the O.J. Simpson case, took responsibility for the infamous computer-darkened mug shot of Simpson that appeared on the cover of the news weekly. Accepting audience members' outrage and ribbing with equanimity, Gaines said his purpose for attending Unity was to hire people — journalists who might one day prevent such a mistake.

So many lessons. Everywhere I turned, I saw people meeting, joking, disagreeing — not as many in mixed groups as I would have liked, but a lot.

By the last night of the conference, I was exhausted from learning. Waiting with friends for a table at a restaurant, I wandered into a gift shop and picked up a postcard. Reading its inscription — a prayer from the Laguna Pueblo tribe — I had to smile.

"I add my breath to your breath, that our days may be long on the Earth," it read.

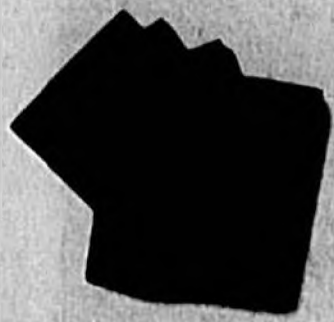
"That the days of our people may be long, that we shall be as one person."

"That we may finish our road together."



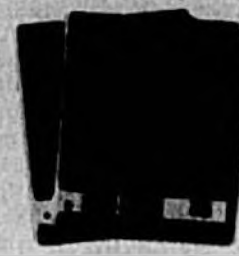
When it comes to learning, what you need to know is often found outside a classroom.





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# Plant your own health food store, harvest benefits

Whether you realize it or not, if you grow vegetables in your garden that you plan on eating, you've got your own health food store.

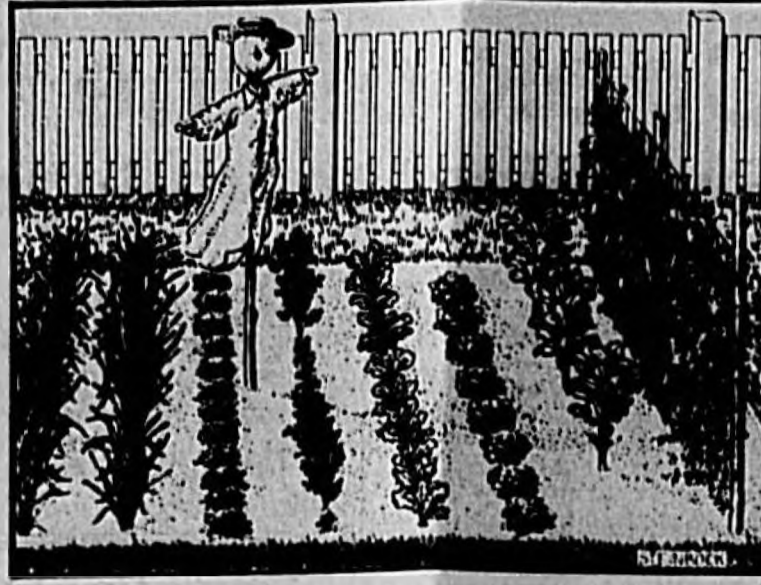
Studies have shown that fresh-grown produce can be much higher in vitamins and minerals than store bought produce. Part of the reason for this is that nutritional content declines over time, and when you pick your produce from the garden just before you eat it, the vegetables retain higher levels of nutrients. Take the tomato, for instance. A fresh-picked, vine-ripened tomato can have up to three times the ascorbic acid (vitamin C) content of a supermarket tomato, depending on how it was grown. "The fresher the better" really is true.

Another advantage of garden fresh vegetables is the absence or at least the knowledge of what pesticides may have been applied. When produce comes from your garden, you know exactly what has been used to control any pests or diseases.

Cool your cukes  
If you do pick your produce

from the garden in advance of using it, be sure to refrigerate it right away. At room temperature (70°F.), vegetables lose up to 50 percent of their vitamin C content after 24 hours. Refrigeration at 43°F. slows that loss down to about 10 percent over 10 days.

Health experts (and mothers) are constantly reminding us to eat lots of fresh vegetables, and that often means we have to get them at the supermarket, which is fine. But during the summer, home gardens can provide fresh picked vegetables that can yield higher nutrient levels. You probably grow vegetables because you thought they simply tasted better. Well, they do, and they also are better for you; so take advantage of the summer's harvest. To help you realize how smart you are for cultivating your own health food store, the following is a list of some essential vitamins and minerals and the food sources they come from. Listed are the common garden vegetables you can grow and harvest for your healthy eating. For each element listed,



Garden vegetables give high levels of vitamins, minerals.

the vegetables are listed in order of highest to lowest content, but all listed vegetables are a ready source of the vitamin or mineral given.

**Mineral or Vitamin**  
Calcium: for strong bones and maintaining blood pH balance  
Sources  
Paraley, broccoli, looscleaf

lettuce, celery, green beans, cauliflower

Copper: for elasticity of blood vessels, strength of connective tissues, health of cardiovascular system

Most vegetables if grown in a properly mineralized soil  
Iron: carries oxygen to cells

Paraley, spinach, butterhead lettuce, looscleaf lettuce, green peas, broccoli, green beans, tomatoes

**Magnesium:** essential for nervous system  
Spinach, beet greens, broccoli, paraley, summer squash, celery, cucumber, green beans, looscleaf lettuce, tomatoes, sweet peppers

**Manganese:** needed to metabolize proteins and fats  
Beans, peas, lentils

**Potassium:** maintains proper fluid level in cells

Spinach, celery, romaine lettuce, paraley, zucchini, radishes, looscleaf lettuce, cauliflower, winter and summer squash, tomato, cucumber, eggplant, green beans, sweet pepper, carrots, broccoli

**Selenium:** a major anti-oxidant (protects cells from harmful oxidation by free radicals), strengthens immunity  
Corn, legumes, vegetables, when grown in a proper soil

**Vitamin A:** anti-oxidant, strengthens immune system  
Carrots, spinach, red sweet

pepper, butternut squash, romaine lettuce, paraley, looscleaf lettuce, green pepper, zucchini

**Vitamin B6:** needed to metabolize protein  
Spinach, cauliflower, broccoli, sweet pepper, paraley, zucchini, tomato, summer squash, romaine lettuce, beans, eggplant

**Vitamin C:** anti-oxidant, protects against cancer, cardiovascular disease, strengthens immune functions  
Red sweet pepper, green pepper, paraley, cauliflower, broccoli, regular cabbage, romaine lettuce, Brussels sprouts, spinach, tomatoes, celery, watermelon, green beans

**Vitamin E:** major anti-oxidant  
Legumes, some leafy green vegetables

**Zinc:** for DNA synthesis, cell division, growth, healing, etc.  
Spinach, paraley, romaine lettuce, summer squash, looscleaf lettuce, beans in general.

Information provided courtesy of the National Garden Bureau

## Use fresh or cooked, peaches are a treat

"Pretty as a peach" or "peach of a person" are two sayings that indicate how highly peaches are thought of in our society. The yellow-pink color is appealing to the eye as the flavor is to the palate. Fresh peaches are readily available during July and August. With this in mind, enjoy them as often as possible while they are in their prime. They are great served as is or added to pudding or ice cream. They also make tasty additions to salads, cobblers, shortcakes, other desserts, and add wonderful flavor to jams. Combine with other fruits such as raspberries or blueberries; they make delicious compotes, pies, crisps and special delights.

The nectarine, a cross of the peach, has similar flavor and a smooth, rather than fuzzy skin. The two can be interchanged in most recipes.

Fresh or cooked peaches are a real treat. The microwave can make the cooking process quicker and without the heat of a conventional oven. This old-fashioned family dessert never goes out of style. Add some blueberries if you like.

**PEACH CRISP**  
6 medium peaches  
2 Tbsp. sugar  
**Topping:**  
1/2 cup rolled oats  
1/4 cup brown sugar, packed  
1/4 tsp. nutmeg  
3 Tbsp. all-purpose flour  
3 Tbsp. butter  
Dash of salt  
Combine topping ingredients and cut in butter with pastry blender. Set aside.  
Peel, seed and slice peaches in a 10x6-inch baking dish. Sprinkle with sugar. Microwave, uncovered, on 100 percent power for 6 minutes. Stir several times during the cooking. Sprinkle hot mixture over the cooked peaches. Microwave, uncovered, 100 percent power 3-6 minutes. Serve warm.

This elegant, yet simple dessert will transform ice cream or cake into something special.

**PEACHES POSTER**  
3 Tbsp. butter or margarine  
1/2 cup packed brown sugar  
1 tsp. cornstarch  
2 cups sliced fresh peaches  
2 Tbsp. rum, if desired  
1 pint vanilla ice cream  
Microwave 100 percent butter in shallow 3-cup casserole 30-45 minutes or until melted. Stir in brown sugar and cornstarch. Add peach slices; mix until evenly coated.  
Microwave (100 percent), uncovered 3 1/2-4 minutes or until mixture boils and peaches are tender, stirring once.

## Cook

Continued from Page 68  
60-70 minutes or until center is thoroughly cooked.

### EASY FRENCH CHOCOLATE PIE

1/2 cup margarine, softened  
3/4 cup sugar  
2 squares unsweetened chocolate, melted  
2 eggs  
2 cups whipped topping  
1 8-inch pie shell, baked  
Cream margarine, sugar and chocolate in bowl for 5 minutes. Add eggs one at a time beating for 5 minutes beating after each addition. Fold in whipped topping. Spoon into pie shell. Chill

for several hours.

### SCRAMBLED EGGS

1 large can pineapple juice  
3 cans frozen lemonade  
1 cup lemon juice  
3 packages powdered raspberry punch  
4 cups sugar to taste  
1 package frozen raspberries  
Add water to make 2 gallons. Mix all ingredients in large container. Freeze to "slush" consistency.

(Renee Keith is a Sanford Herald columnist and Cook of the Week columnist. Please submit nominations for the weekly feature to 321-6746.)

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**TUMBLEWEEDS**

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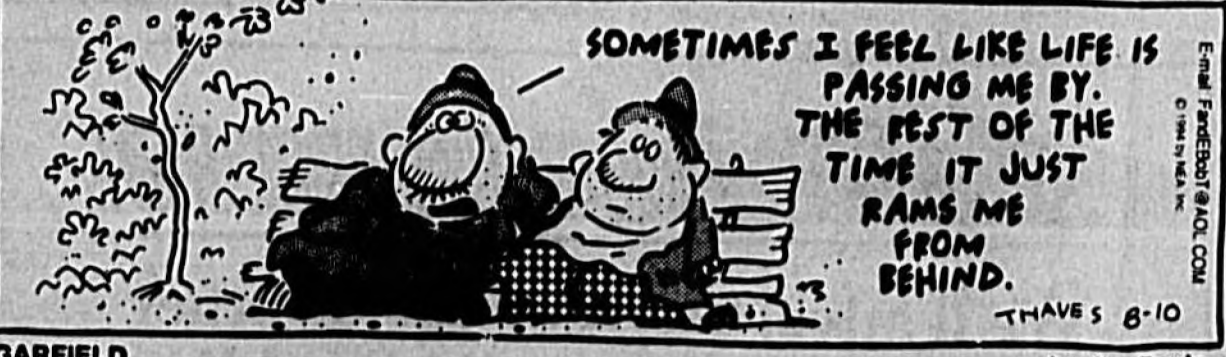
**ARLO AND JANIS**

by Jimmy Johnson



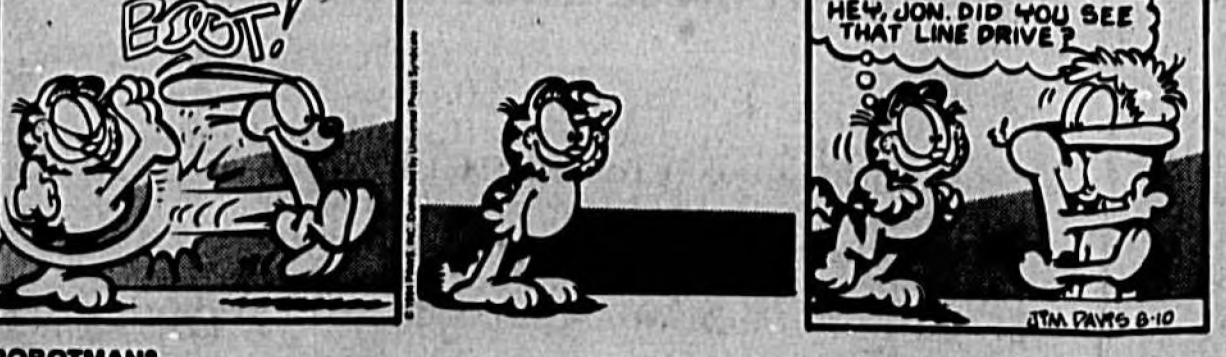
**FRANK AND ERNEST**

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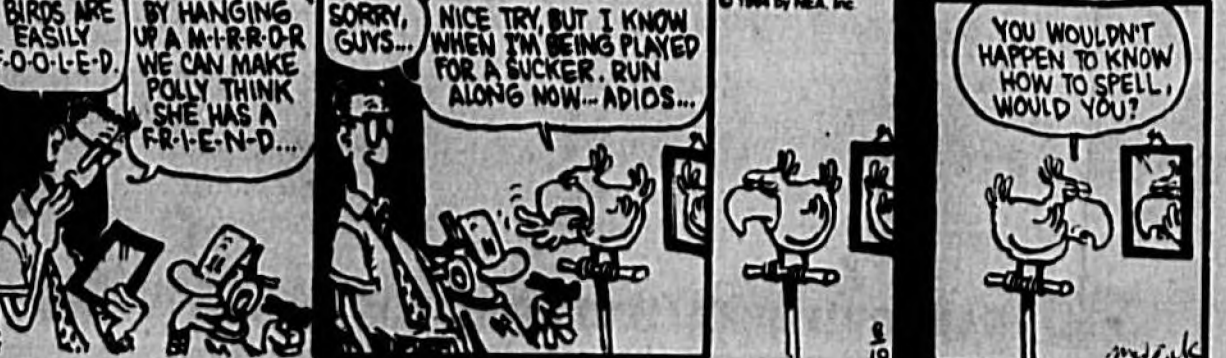
**GARFIELD**

by Jim Davis



**ROBOTMAN\***

by Jim Meddick



# Weighing the risks of disc surgery



**MEDICINE**

**PETER GOTT, M.D.**

DEAR DR. GOTT: I'm scheduled to have repair of a double radiculopathy soon. I'm naturally apprehensive and wonder if this will eradicate the pain in my neck, shoulders and arm. A neurosurgeon is to do the procedure and assures me I will be back to normal activity in three weeks. Your comments?

on the cheeks, upper arms, thighs, and buttocks. They are worse in the winter and improve in the summer.

The main problem is cosmetic. The condition is harmless and patients often outgrow it.

Treatment, which is usually unnecessary and often unsatisfactory, consists of the application of moisturizing creams and lotions.

DEAR READER: When spinal nerves are pinched, tingling, numbness and pain may result. If the pinching is caused by a herniated disc, surgery to repair the disc may cure the condition.

If your neurosurgeon assures you that all will be well after the operation, I believe that you should proceed as planned. Of course, no one can guarantee you a favorable result from such serious surgery but, when properly performed, these operations carry a high rate of success.

To ease your apprehensions, you may be relieved to get a confirmatory opinion from an orthopedic surgeon or another neurosurgeon.

To give you more information, I am sending you a free copy of my Health Report "An Informed Approach to Surgery." Other readers who would like a copy should send \$2 plus a long, self-addressed, stamped envelope to P.O. Box 2433, New York, NY 10163. Be sure to mention the title.

DEAR DR. GOTT: Two of my three children have a skin condition referred to by their pediatrician as "chicken skin." The medical term, I believe, is keratosis pilaris, characterized by small bumps on the cheeks, arms and tops of the legs. It isn't bothersome except for the appearance. Please explain the condition and its treatment. Will it go away in time?

DEAR READER: Keratosis pilaris is a common skin disorder of unknown cause, marked by multiple, small, pointed plugs that fill the hair follicles, usually

**ACROSS**

- 1 Sweet potato
- 4 Swerves
- 8 Bark
- 12 Japanese sash
- 13 Kilo and —
- 14 Spanish gold
- 15 Military Academy site (2 wds.)
- 17 Canine cry
- 18 Injury
- 19 Instruments
- 21 That woman
- 22 Baker's products
- 24 Pennants
- 26 Not prepared
- 28 Years
- 31 Noah's boat
- 32 Court
- 33 Native metal
- 34 College dog
- 35 Playground
- 36 Nurse's slippers
- 38 Japanese city

**DOWN**

- 1 Loud cry
- 2 Busy as —
- 3 Deformed
- 4 Pumas
- 5 North Carolina cottage
- 6 Yells
- 7 — Tin Tin (movie dog)
- 8 Hunting dog
- 9 Child's toy
- 10 Seed coating

**Answer to Previous Puzzle**



- 11 Bureak
- 18 Shovel Cheryl
- 20 Gravel ridge
- 22 Shuntin volt
- 23 Writing fluids
- 24 Yeast's kin
- 25 Italian money
- 27 Rousing
- 28 Flat-bottomed boat
- 29 — One
- 31 Mine passage
- 32 Set firmly
- 37 Dolly
- 38 Name for a dog
- 39 Cylindrical Russian's "no"
- 43 Architect — Sarinon
- 44 Wyatt —
- 46 Alum
- 48 KIN (2 wds.)
- 47 Croakle
- 50 Cloth measure
- 51 Actor — Gulgler

## WIN AT BRIDGE

By Phillip Alder

"Go and wake up your luck" is a Persian proverb. In other words, if at the bridge table you find yourself in a stupid contract, don't fall asleep. Look for the one lie of the cards that will allow you to succeed.

South's hand is awkward for a natural system. Being able to start with a strong and artificial one club makes life much easier. As it went, though, maybe South should have rebid three diamonds on the second round, planning to bid four hearts next. When he actually settled for a non-forcing two diamonds, South wondered how he could get across his true strength to partner on the third round. Maybe three clubs followed by four hearts is best, but South made the imaginative -- or crazy, according to choice -- leap to five

hearts. North was endplayed into bidding six diamonds.

West led the ace and another club. How did South continue? To make the contract, declarer needed to find the diamonds breaking 3-3, the hearts 4-3 and West with the heart king. But South still had to be careful. If he had cashed the heart ace before taking a ruffing finesse in hearts, West would have ducked the king until the fourth round. Then declarer would have walked into a trump promotion.

South ran the heart queen at trick two. It won! He continued with the heart jack, which also won. A low heart was ruffed in the dummy, three rounds of trumps drawn and the slam claimed. The declarer was Australian Warren Lazer. I will carefully avoid a comment about Lazer's

laser-like play.

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<b>NORTH</b>				<b>EAST</b>			
♠ A 8 7 3 2	♥ . . . .	♦ Q 6 3	♣ Q 10 7 5 4	♠ J 9 5 4	♥ 9 8 3	♦ J 10 9 2	♣ J 9 3
<b>WEST</b>				<b>SOUTH</b>			
♠ Q 10 6	♥ K 7 6 4	♦ J 8 7	♣ A 8 6	♠ K	♥ A Q J 10 5 2	♦ A K 5 4	♣ K 2
Vulnerable: Neither				Dealer: South			
South	West	North	East	South	West	North	East
1♥	Pass	1♠	Pass	1♥	Pass	2NT	Pass
2♣	Pass	2NT	Pass	3♥	Pass	6♣	All pass
Opening lead: ♠A							

## HOROSCOPE

By Bernice Bede Osof  
**YOUR BIRTHDAY**  
Aug. 11, 1994

In the year ahead several important new relationships may take root, whereas past unproductive alliances could be suddenly severed. Interesting developments are imminent.

**LEO** (July 23-Aug. 22) Have someone double-check your work today if you have to perform a tedious mental assignment with lots of figures and facts. Your probability for errors is rather high. Trying to patch up a broken romance? The Astro-Graph Matchmaker can help you to understand what to do to make the relationship work. Mail \$2 to Matchmaker, P.O. Box 4465, New York, N.Y. 10163.

**VIRGO** (Aug. 23-Sept. 22) In spite of what your better judgment tells you today, you might ignore it and do something erratic that could be both counterproductive and costly. Caution, Virgo!

**LIBRA** (Sept. 23-Oct. 22) Instead of being more persistent when challenged today, you might buckle under pressure

and elect to do something less effective. Maintain the courage of your convictions.

**SCORPIO** (Oct. 24-Nov. 22) Impatience could be your worst enemy today, because it may unduly anger you if persons with whom you're involved don't immediately go along with your plans. Count to 10.

**SAGITTARIUS** (Nov. 23-Dec. 21) Be extra mindful of your possessions and resources today. Don't carelessly leave valuables unguarded in ways that might tempt the light-fingered.

**CAPRICORN** (Dec. 22-Jan. 19) In order to achieve your objectives today, continuity of purpose is essential. You are kidding yourself if you think you'll hit your targets with a series of lucky shots.

**AQUARIUS** (Jan. 20-Feb. 19) Do not put on any airs or affectations today, or boast about things you've never accomplished. Your story might be checked for credibility and cause you embarrassment later.

**PISCES** (Feb. 20-March 20) Be friendly and cordial to all you encounter, but avoid getting too deeply involved with any one

person. Friendships are extremely fragile, today and it won't take much to shatter bonds.

**ARIES** (March 21-April 19) Strive to be diplomatic and tactful with individuals today whose aims are not in accord with your own. There could be touchy situations that might erupt into something unpleasant.

**TAURUS** (April 20-May 20) Today you might have a tendency to promise one thing and do another. Take your commitments seriously so that later you won't have to make both alibi and amends.

**GEMINI** (May 21-June 20) If you're going to take any gambles today, do so in areas with which you're familiar. Even here the odds could be tilted against you, whereas in other areas, they may be outlandish.

**CANCER** (June 21-July 22) You're usually a pretty good judge of character, provided you let your logic supersede your feelings when making evaluations. Today, however, your emotions might call the shots.

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**ANNIE**



by Leonard Starr