

Evening Herald

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Sanford Sewage Battle Means Bills Going Up

By Rick Brunson
Herald Staff Writer

The city of Sanford faces "catastrophic" consequences of fines and a sewer hookup moratorium if it fails to implement a method of sewage disposal acceptable to the state by January 1987, according to City Manager Frank Faison.

At that time the city's temporary operating permit allowing it to dump treated sewage into Lake Monroe will expire. If Sanford isn't complying with state rules, the state may fine the city for each day it operates without a permit or declare a moratorium on sewer hook-ups which

could bring construction in the city to a standstill, Faison said.

And whatever happens, city sewage bills are destined to go up. It's just a question of how much.

The city has a two-pronged plan for settling the problem — either upgrading its existing plant and increasing sewage capacity or going to a more expensive landspreading method of disposal.

Landspreading would cost the city about \$38 million, Faison said. Upgrading the existing plant would run about \$28 million, he said.

The problem, Faison told city commissioners Monday, is that Sanford is appealing a ruling by

the state Department of Environmental Regulation (DER) forbidding it from dumping effluent into the lake.

While the case is waiting for a final decision from DER, expected sometime within the next two months, precious time is ticking away and the city is moving closer to the expiration date of its permit — "the witching hour" as Faison called it. And if DER doesn't rule in the city's favor, the city will fight the agency in court, which would take another year, he said.

But even though the case may be tied up in court past the January 1987 cutoff date, DER has not been willing to grant an extension on the

permit, Faison said.

The danger, Faison said, is that it would take a year for the matter to be settled in court and at least another year to design either improvements to the existing plant or a landspreading system. Either way the city would be beyond the January 1987 deadline, which would probably result in the moratorium or fines. Faison said he did not know how much the fines could be.

It would then be another year before construction could begin on either system.

"I just wanted to share those sleepless nights

See SEWAGE, page 3A

Twofold Foals



Herald Photo by Rob Poory

Quarter Horse Twins Gallop Into Headlines

By Jane Casselberry
Herald Staff Writer

Four-day-old rare twin foals born at Wonderwood Farms in Sanford are making national news by beating the odds as only the fourth set of surviving twins in the United States.

The healthy quarter horse twins were born at 3:20 a.m. Sunday — a colt which weighed 55 pounds and a filly which weighed 35 pounds. The average birthweight is 65 pounds.

Only one in 700,000 equine births are twins, according to Wonderwood Farm owner Marsha E. Ensor. And 75

percent of all twins are either stillborn or premature, she said. Only 25 percent are live births and 18 percent die within three hours of birth.

Twins are such a rarity that the Wonderwood pair were featured this morning on national network news shows.

Mrs. Ensor said the mare, named Cozy Charisma, was due for delivery on April 23, so she had been up every night checking on her.

"She was so large we knew she was carrying either an extremely large

colt or twins," Mrs. Ensor said, "but I wasn't sure until I walked in the stall and found the colt standing on his feet and the filly, the weaker of the two, still in the afterbirth."

She said Winter Springs veterinarian Pete Haberley was amazed that the young horses were alive. Usually twins are born with some imperfection, but the Wonderwood wonders' blood count, hearts and lungs are all normal.

Perhaps that is due to their lineage.

See HORSES, page 3A

Tolls Won't Pay For Expressway

Seminole May Need Help From State, Orlando-Orange Expressway Authority

By Donna Estes
Herald Staff Writer

The traditional method of financing expressways — tolls — will not work in Seminole County and money from other sources will have to be found if a planned expressway is to be built here.

That's what Larry Sellers, executive director of the county's expressway authority, says he'll tell authority members and the public on May 30.

Sellers said the extra funding will have to come from either increased gasoline taxes, state or federal authorities, or the Orlando-Orange Expressway Authority.

The "information session" with the public is scheduled for 2 p.m. at the County Services Building on First Street and Mellonville Avenue, followed at 5 by a meeting of the Seminole County Expressway Authority. The authority is composed of all five members of the county commission plus representatives from Sanford — David Farr — and Altamonte Springs — Lee Conatantine. Farr is chairman of the authority.

How construction of the expressway is to be funded must be decided before the county authority can order consultants to proceed with determining an exact route for the road and before environmental impact and feasibility studies can be undertaken at a cost of \$500,000 to \$700,000. Sellers said the money for these studies could come from bonds which would be issued by the authority after a method of funding is determined.

A \$50,000 study of four possible alignments for the proposed expressway, all of them beginning at the end of the planned Orlando-Orange expressway extension near Dean Road in southeast Seminole, says that revenues from tolls of 6.25 cents per mile will not be adequate to pay for a 25-year bond issue at 10 percent interest, plus pay annual maintenance costs.

The study was completed over an 18-month period by consultants Howard Needles Tammen & Bergendoff of Orlando.

Still, Sellers insists there "is a need for the expressway."



Larry Sellers... says tolls would bring in only 80 percent of the necessary funds

He said the tolls received would provide enough revenue for about 80 percent of the financing. The state and the Orlando-Orange Expressway Authority might be asked to kick in the remaining 20 percent, Sellers said.

Sellers said the state has an interest in the expressway, pointing out that such a highway in Seminole would relieve traffic-clogged state roads. He also reasons that the Orlando authority might help because a Seminole expressway connected to its Orlando counterpart would increase ridership for the Orlando expressway and thus earn it more money.

The study says alternate routes being considered are: across Lake Jesup from the Orange-Seminole county line to Interstate 4; across Lake Jesup via a different route to Interstate 4; across Lake Jesup from the county line to County Road 435 (Airport Boulevard); and across Lake Jesup from the county line to I-4 with a county Road 425 leg.

The consultants said the most expensive of the alternative routes, and what appeared to be most favored by the expressway authority at its last meeting, is Alternative D, across Lake Jesup from the county line to I-4 with a CR 425 leg. The consultants said this route would run 16 miles and cost \$177.8 million for four-lane development and \$129.3 million for two lanes.

The D route would cost \$550,000 annually for operation and \$320,000 a year for maintenance. In the seventh

See TOLLS, page 3A

Code Enforcement Board: 'One More Time'

The Seminole County Code Enforcement Board is scheduled to try again Thursday to pass judgment on a case involving a Sanford man accused of violating a county zoning ordinance by operating a produce distribution center in an agricultural zone.

The hearing is set for 2 p.m. in the County Services Building.

The case has dragged on for six months not only because of attorney requests for more time but also because of the failure of the board to have a

quorum of its seven members.

And the hearing may be delayed further if any one of the board members, Sara Jacobson, chairman, Margaret Crozier-Wimberly, Hugh Harling or Michael Hattaway fail to show up Thursday. At the board's April 25 meeting, Miss Jacobson said she and these other three members are the only ones who can vote in this matter because they heard the original testimony in the case.

The case involves Lyle Burk, a Sanford

businessman, who is accused of operating a produce distribution center in an agriculture zone near the Port of Sanford in violation of county zoning law. Commercial operations are not allowed in agriculturally zoned areas. Burk is represented by attorney William Leffler.

At the board's April meeting Leffler said he had not received official notice of the meeting and that Burk has leased space at the Florida Farmer's Market in Sanford and planned to move his

See CODE, page 3A

Who'll Be Open, Who Won't On Memorial Day

All Seminole County, state and federal offices will be closed Monday in observance of Memorial Day as will the city halls in all seven of the county's municipalities.

Also closed will be the public schools and school board office, banks, and post offices.

There will be no garbage collection in Sanford and Altamonte Springs Monday. In Sanford, Monday's pickup will be made on Tuesday and Tuesday on Wednesday and in Altamonte Springs, Monday's pickup will be made on Thursday.

Sanford Considers FPC Franchise

The Sanford City Commission has put on hold a request from Florida Power Corp. to grant the company a franchise to serve future areas that may be annexed into the southern end of the city.

Fred Stafford, manager of governmental sales for FPC, said the company would serve people in that region even without the franchise since the southwest edge of the city falls into its service area. But he said the agreement was needed so the company could legally collect a 6 percent service fee it charges residential and commercial customers, which would be turned over to the city. Industrial areas are exempt.

The franchise is also needed, Stafford said, so the southwestern section will remain an FPC service area. If the franchise is not awarded, customers there would be confused as to which company serves them. FPC or Florida Power and Light, which serves most of Sanford.

The two companies have an agreement

dating back to 1958 designating which parts of Seminole County are served by which company. Lake Mary and the western side of the county is served by FPC and the eastern side is served by FP&L. The franchise would maintain the integrity of FPC's service area, Stafford said.

If the city doesn't grant the franchise, Stafford said FPC may have to take the city to court to ensure its rights to serve customers in its designated area.

City Manager Frank Faison said there would be fewer problems granting the franchise than denying it, including a lawsuit. But Commissioner David Farr said much of the southwest edge the city is an industrial district, from which FPC cannot collect the 6 percent fee. The commission agreed to let City Attorney Bill Colbert examine the proposed franchise before making a decision.

Commissioners gave no indication when they might take up the matter again.

—Rick Brunson

TODAY

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Quick, He's Lost A Lot Of ... Ketchup?!

What Sanford rescue workers thought was the bloody scene of a violent crime turned out to be the site of a "ketchup assault."

When rescue workers arrived at Allen Mitchell's home, 717 Hickory Ave., Sanford, Saturday night they found him lying on the floor in a pool of what appeared to be blood. But as they examined him they discovered that the red substance was sticky and smelled

"funny," Mitchell, 69, told police that someone cracked him on the head with a ketchup bottle as he entered his house at about 10 p.m. The attacker tied his hands, feet and throat with stockings and took his wallet. He managed to get free and wandered out the door, yelling for help.

A neighbor called the fire department.

Fires Burning But Not Spreading

NAPLES, Fla. (UPI) — Wildfires burned in 18 Florida counties today but a break in the weather helped keep them from spreading, including a 5,400-acre blaze three miles south of famed Alligator Alley in south Florida.

More than 100 fires since last Thursday have destroyed about 200 homes, killed two firefighters and charred more than 170,000 acres of Florida forest and brush.

"We got some rain over much of the state yesterday and that enabled us to hold all of the major fires," Forestry Division spokesman Pat Tolle said today. "It's been a quiet morning."

"The worst of the fires are not contained yet — that means we haven't completed a fire line around them. But they are holding. They haven't spread anywhere."

Tolle said fires still burning in 18 counties posed no immediate threat to populated areas.

"They're mostly in swampland — isolated

areas," she said.

One of the main blazes was near Alligator Alley, the main east-west highway through the Everglades from Fort Lauderdale to Naples. The highway was closed for more than five hours Tuesday.

Other trouble areas included two fires in Volusia County, where firefighters were using helicopters to flood hot spots, and blazes in Ocala, Apalachicola, St. Marks and Telegraph Swamp in eastern Charlotte County.

"We've made a lot of progress against those fires," Tolle said.

Tolle said fires at Palm Coast, which destroyed 131 homes and damaged 400 others, and Port Charlotte, where 25 homes were threatened Tuesday, had been contained.

The National Forest Service said Ocala National Forest, closed since Sunday because of fires, was reopened at 6 a.m. today, although fires still were burning.

Gov. Bob Graham said a damage estimate was premature but the fires in north Florida, where the damage was worst, seemed to be dying down.

"It appears as if the most serious situation now has moved from the northeast part of the state to the southwest part," Graham said. "The rains that we have had, the dying down of the winds, have substantially helped the areas that were most threatened over the weekend."

Agriculture Commissioner Doyle Conner told Graham and the Cabinet Tuesday it was a "miracle" no civilians were killed in the fires.

"We were just most fortunate to come through this as well as we did," said Conner, whose department includes the Division of Forestry.

"Florida has never experienced before in the history of our state the severe fire situation we had on Friday," he said. "I don't think we ever had conditions as dry as they were at the end of last week."

It's Day-To-Day Battle For Remaining Septuplets

ORANGE, Calif. (UPI) — Six premature babies born to a woman taking fertility drugs are fighting a day-to-day battle for life and have developed lung problems but doctors said they have a 50-50 chance of survival.

The six surviving septuplets, born Tuesday to Patti Frustaci, a 30-year-old school teacher from Riverside, Calif., were in critical but stable condition today and were being aided by respirators, although physicians said all could breathe on their own.

They are known as Baby A, B, C, D, E and F.

"They have been remarkably stable over the past 24 hours," Dr. Carrie Worcester, director of the neonatal unit, said on ABC's "Good Morning, America."

"There are some new problems developing. That is to be expected. The dad is aware of those problems."

She said one problem is expected because of the babies' immature lungs and she said they are "seeing some" of those complications now. "There also have been problems with blood pressure, she said."

All weighing less than 2 pounds, the babies were delivered in about 3 minutes by Caesarean section. A seventh infant was stillborn and doctors said it apparently died in the womb a few days earlier from the effects of overcrowding.

The odds against the normal conception of septuplets are 500 trillion to one, the hospital said.

AREA DEATHS

FREDAUGUSTIN

Mr. Fred Augustin, 78, of 521 W. Fourth St., Chuluota, died Tuesday at Winter Park Memorial Hospital. Born July 4, 1906 in Germany, he moved to Chuluota from Brooklyn in 1973. He was a painter and a Catholic.

Survivors include his wife, Agnes, eight sons, Fred A., Orlando, Henry Launzinger, Robert Launzinger and Karl Launzinger, all of New York, Paul Launzinger, Dennis Launzinger, Kenneth Launzinger, John Launzinger, all of New Jersey, three daughters, Gertrude Oreskovich, Helen Hoyt, both of Sanford, and Joyce Graham, New York.

Baldwin-Fairchild Funeral Home, Altamonte Springs, is in charge of arrangements.

WALLACE P. BAKER

Mr. Wallace Paul Baker, 81, of state Road 46 and Center Street, Sanford, died Friday at his residence. Born in June 17, 1903 in Jennings, he moved to Sanford in 1919. He was a retired farm laborer and a Baptist.

Survivors include three sisters, Fannie Lawrence, Beatrice Elly and Cressa Little, all of Sanford.

Wilson-Eichelberger Mortuary, Sanford, is in charge of arrangements.

ANDREW BARTOSH SR.

Mr. Andrew Bartosh Sr., 85, of 508 Helm Way West, Casselberry, died Monday at his home. Born Sept. 17, 1899 in Hungary, he moved to Casselberry from Bayville, N.J., this year. He was a retired electrician and a Protestant. He was an Army veteran of World War I.

He is survived by a son, Andrew Jr., New Orleans; two grandchildren and two great-grandchildren.

Oaklawn Funeral Home, Lake Mary, is in charge of arrangements.

BERTHA A. BURGESS

Mrs. Bertha A. Burgess, 72, of 142 Springwood Circle, Longwood, died Monday South Seminole Community Hospital, born in Provincetown, Mass., she moved to Longwood from there in 1981. She was a retired retail book purchasing agent.

Survivors include two daughters, Kathleen Dickelma, Longwood, and Barbara Harkins, both Hyannis, Mass.; six grandchildren; five great-grandchildren.

Beacon Cremation Service, Orlando, is in charge of arrangements.

CARL B. CHAPMAN

Mr. Carl B. Chapman, 68, of 1035 Country Club Boulevard, Titusville, died Monday at Jess Parrish Memorial Hospital, Titusville, born Dec. 20, 1918 in Wilkinson County, Ga., he moved to Titusville in 1945. He was a retired after 17 years as a laborer with the City of Titusville Beautification Department. He has been a Deacon of Greater Bethlehem Baptist Church, Titusville, since 1975.

Survivors include his wife, Cora Lee Chapman, Titusville;

three daughters, Rutha M. Clark, Vidalia, Ga., Elizabeth Myers, Brunswick, Ga., and Martha Troy, Ala.; a son, Ernest, Alamo, Ga.; two sisters, Ola Mae Smith, Miami, and Laura Wiley, Macon, Ga.; a brother, the Rev. Sammie, Punta Gorda; 10 grandchildren and four great-grandchildren.

Wilson-Eichelberger Mortuary is in charge of arrangements.

GRANVILLE C. CRAMER

Mr. Granville C. Cramer, 93, Adams Street, Matland, died Monday at the Life Care Center, Altamonte Springs. Born Aug. 21, 1891 in Newburgh, N.Y., he moved to Matland from New Jersey in 1973. He was a retired auditor and was a Presbyterian.

Survivors include a son, Robert, Matland; three grandchildren.

Garden Chapel Home for Funerals, Orlando, is in charge of arrangements.

LIZZIE LEE DIXON

Mrs. Lizzie Lee Dixon, 66, of 2430 Granby St., Sanford, died Tuesday at Florida Hospital, Orlando. Born May 10, 1919 in Metcalf, Ga., she moved to Sanford from Monticello, 16 years ago. She was a homemaker and a member of Morning Glory Missionary Baptist Church.

Survivors include three sons, Jimmie and Berry, both of Sanford, and George of Monticello; four daughters, Geneva, Mattie and Susie, all of Sanford, and Christine, Riviera Beach; two sisters, Maggie Smith, Detroit, and Gussie Sexton, Tampa; 28 grandchildren; 15 great-grandchildren.

Wilson-Eichelberger Mortuary, Sanford, is in charge of arrangements.

BLANCHE W. EDWARDS

Mrs. Blanche Wesson Edwards, 78, of 104 E. 23rd St., Sanford, died Tuesday at Central Florida Regional Hospital, born in Orlando, she moved to Sanford from Winter Garden in 1979. She was a homemaker and a member of the Pinecrest Baptist Church.

Survivors are a brother, Roland A. Wesson, Granbury, Texas; a sister, Dorothy Mooty, Orlando; two grandchildren; three great-grandchildren.

Brisson Funeral Home, Sanford, is in charge of arrangements.

ROOSEVELT FUDGE

Mr. Roosevelt Fudge, 81, of 58 Taylor St., Oviedo, died Saturday at Central Florida Regional Hospital. Born Feb. 5, 1904 Colquitt, Ga., he moved to Sanford in 1943 and became a resident of Oviedo in 1952. He was retired from Wheeler Fertilizer Corp. and was a Protestant.

Survivors include his wife, Marie, four sons, Roosevelt Jr., U.S. Army, Hawaii, Rudolph, Donora, Pa., Preston, Bambridge, Ga., and Robert of Oviedo, four daughters, Carrie House, Colquitt, Rose McFarlin and Lizzie Fudge, both of Irvinton, N.J., and Georgiana Yarns, Oviedo, 19 grandchildren and numerous great-grandchildren and great-great-grandchildren.

Wilson-Eichelberger Mortuary,

Sanford, is in charge of arrangements.

OTIS JONES

Mr. Otis Jones, 76, of 922 W. 11th St., Sanford, died Sunday at his residence. Born August 2, 1908 in Miami, he moved to Sanford in 1961. He was a retired loader with Thomas Moving and Storage Co. and was a U.S. Army veteran and a Protestant.

He is survived by a devoted Charlie Lur Holmes, Sanford, and her two daughters, Katie Mae Taylor, Rochester, N.Y., and Daisy Mae Holmes, Belle Glade.

Wilson-Eichelberger Mortuary, Sanford, is in charge of arrangements.

IGNATIA E. KULBAKA

Mrs. Ignatia E. Kulbaka, 75, of 1761 Stanley St., Longwood, died Tuesday at Florida Hospital, Orlando. Born Nov. 28, 1909 in New York City, she moved to Longwood from there in 1964. She was a homemaker and a member of St. Mary Magdalen Catholic Church, Altamonte Springs.

Survivors include her husband, Edward; sister, Doris Drummond, Longwood.

Grankow-Gatnes Funeral Home, Longwood, is in charge of arrangements.

HAROLDE "BUDDY" LONG JR.

Mr. Harold E. Buddy Long Jr., 40, Osceola Road, Geneva, died Monday at the Orlando Regional Medical Center after he was in a traffic accident. Born in Sanford Nov. 29, 1944, he moved to Geneva from Orlando in 1980. He was a clerk for the Seaboard Railroad for 17 years and a member of the First Baptist Church of Geneva, the Sanford Masonic Lodge 62, and the Brotherhood of Railroad Clerks. He was scoutmaster of Boy Scout Troop 837, Geneva, and a Vietnam War Air Force veteran.

Survivors include his wife, Lois; two sons, Harold E. III and Daniel L., both of Geneva; daughter, April C. Long, Geneva; parents Mr. and Mrs. Harold E. Long Sr., Geneva; two sisters, Mrs. Betty Ann Hamilton, Jacksonville, Mrs. Shirley J. Dreifuerst, Sanford; brother Charles M. Long, Rockledge.

Brisson Guardian Funeral Home is in charge of arrangements.

DEBORAH LYNN RASTOVSKY

Miss Deborah Lynn Rastovsky, 13, of 1223 Las Cruces Drive, Winter Springs, died Sunday in Houston, Texas, Feb. 7, 1972 in Akron, Ohio, she moved to Winter Springs from Canton, Ohio, in 1979. She was a student and a Protestant.

Survivors include her mother and stepfather, Linda and Rod Hosmer, Winter Springs; father, David Louis Rastovsky, Winter Springs; half-brother, Stephen Louis, Winter Springs; half-sisters, Lori Jane Bremner, Lisa, both of Union Town, Ohio; stepbrother, Rod Hosmer, Deltona; stepsisters, Gina Hosmer and Lucille Hosmer, both of Deltona; grandparents, David and Mary Breed, Akron, and Roy and Dorothy Hosmer, Roscoe, N.Y.

Baldwin-Fairchild Funeral Home, Goldenrod, is in charge of arrangements.

Funeral Notices

EDWARDS, BLANCHE W.

Funeral services for Mrs. Blanche W. Edwards, 78, of 104 E. 23rd St., Sanford, who died Tuesday, will be at 11 a.m. Friday at the graveside in Geneva Cemetery with the Rev. Larry Sherwood officiating. Friends may call at the funeral home Thursday 11 a.m. Arrangements by Brisson Funeral Home, a Guardian Chapel.

FUDGE, ROOSEVELT

Funeral services for Roosevelt Fudge, 81, of 58 Taylor St., Oviedo, who died Saturday, will be at 11 a.m. Saturday at the Wilson-Eichelberger Chapel, 1110 Pine Ave., Sanford, with the Rev. O.W. Williams officiating. Burial to follow in Restlawn Cemetery. Calling hours for friends will be from 3 p.m. Friday at the chapel. Wilson-Eichelberger Mortuary is in charge.

LONG, HAROLDE

Funeral services for Mr. Harold E. Buddy Long Jr., 40, of Osceola Road, Geneva, who died Monday will be at 11 a.m. Thursday at the First Baptist Church of Geneva with the

Rev. Larry Sherwood officiating. Friends may pay their respects at the church from 10:30 a.m. to service time Thursday. Sanford Masonic Lodge 42 will conduct graveside Masonic services at Evergreen Cemetery in Sanford. Arrangements by Brisson Funeral Home, a Guardian Chapel.

WILLIAMS, O.W.

Funeral services for O.W. Williams, 80, of 801 Dummitt Ave., Titusville, with pastor Duvette Groome officiating. Burial to follow in Davis Memorial Cemetery. Calling hours for friends will be held from 3 p.m. Friday at the chapel. Wilson-Eichelberger Mortuary in charge.

CHAPMAN, CARL B.

Funeral services for Carl B. Chapman, 68, of 1035 Country Club Blvd., Titusville, who died Monday, will be held at 4 p.m. Saturday at the Greater Bethlehem Baptist Church, 801 Dummitt Ave., Titusville, with pastor Duvette Groome officiating. Burial to follow in Davis Memorial Cemetery. Calling hours for friends will be held from 3 p.m. Friday at the chapel. Wilson-Eichelberger Mortuary in charge.

BAKER, WALLACE PAUL

Funeral services for Mr. Wallace Paul Baker, 81, of 58 W. Center Street, East Sanford, who died Friday, will be held at 1 p.m. Saturday at Wilson-Eichelberger's Chapel, 1110 Pine Ave., Sanford, with the Rev. O.W. Williams officiating. Burial to follow in Restlawn Cemetery. Calling hours for friends will be from 3 p.m. Friday at the chapel. Wilson-Eichelberger Mortuary in charge.

Legal Notice

IN THE CIRCUIT COURT FOR SEMINOLE COUNTY, FLORIDA

PROBATE DIVISION
File Number 85 309 CP

IN RE: ESTATE OF JAMES A. McDANIEL, JR., Deceased.

NOTICE OF ADMINISTRATION

TO ALL PERSONS HAVING CLAIMS OR DEMANDS AGAINST THE ABOVE ESTATE AND ALL OTHER PERSONS INTERESTED IN THE ESTATE:

YOU ARE HEREBY NOTIFIED that the administration of the estate of JAMES A. McDANIEL, JR., deceased, File Number 85 309 CP, is pending in the Circuit Court for Seminole County, Florida, Probate Division, the address of which is Seminole County Courthouse, Sanford, Florida. The personal representative of the estate is LINDA McDANIEL, whose address is 2088 Colony Avenue, Sanford, Florida 32771. The name and address of the personal representative's attorney are set forth below.

All persons having claims or demands against the estate are required, WITHIN THREE MONTHS FROM THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE, to file with the clerk of the above court a written statement of any claim or demand they may have. Each claim must be in writing and must indicate the basis for the claim, the name and address of the creditor or his agent or attorney, and the amount claimed. If the claim is not yet due, the date when it will become due shall be stated. If the claim is contingent or unliquidated, the nature of the uncertainty shall be stated. If the claim is secured, the security shall be described. The claimant shall deliver sufficient copies of the claim to the clerk to enable the clerk to mail one copy to each personal representative.

All persons interested in the estate to whom a copy of this Notice of Administration has been mailed are required, WITHIN THREE MONTHS FROM THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE, to file any objections they may have that challenge the validity of the decedent's will, the qualifications of the personal representative, or the venue or jurisdiction of the court.

ALL CLAIMS, DEMANDS, AND OBJECTIONS NOT SO FILED WILL BE FOREVER BARRED.

Date of the first publication of this Notice of Administration, May 22, 1985.

LINDA McDANIEL, As Personal Representative of the Estate of JAMES A. McDANIEL, JR., Deceased.

ATTORNEY FOR PERSONAL REPRESENTATIVE: THOMAS C. GREENE, ESQUIRE, P.O. Box 895, Sanford, Florida 32771. Telephone (305) 321-0751. Publish May 22, 1985. DEF 19.

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, SEMINOLE COUNTY, FLORIDA

CIVIL ACTION NO. 85-338-99E FEDERAL NATIONAL MORTGAGE ASSOCIATION, Plaintiff

vs. J. NEAL WISE et al., Defendant

TO DORIS A. McDEVITT and WILLIAM F. McDEVITT RESIDENCE UNKNOWN YOU ARE NOTIFIED that an action to foreclose a mortgage on the following property in SEMINOLE County, Florida:

Lot 118, CRANE'S ROOST VILLAS, a subdivision, according to the plat thereof as recorded in Plat Book 22, page 24, through 27, of the Public Records of Seminole County, Florida.

Has been filed against you and J. Neal Wise, and you are required to serve a copy of your written defenses, if any, to CHARLES R. GEORGE III, Swann and Maddock, P.A., Plaintiff's attorney, whose mailing address is 135 West Central Boulevard, Suite 1100, P.O. Box 840, Orlando, Florida 32807, on or before the 24th day of June 1985 and file the original with the Clerk of this Court either before service on Plaintiff's attorney or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the Complaint in this action.

WITNESS my hand and seal of this Court on the 20th day of May 1985.

(SEAL) DAVID BERRIEN, CLERK OF THE COURT. By: Cheryl Franklin, Deputy Clerk. Publish May 22, 1985. DEF 130.

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA

CIVIL ACTION CASE NO. C14382 CA 99 P THE FIRST F.A. FORMERLY FIRST FEDERAL SAVINGS AND LOAN ASSOCIATION OF ORLANDO INCORPORATION, Plaintiff

vs. EARLA TENNENT and EARL TENNENT and LYNDIA H. NEWBERRY-LYNDA TENNENT, his wife et al., Defendants

NOTICE OF SALE Notice is hereby given that pursuant to the Final Judgment of foreclosure and sale entered in the cause pending in the Circuit Court in and for Seminole County, Florida, being C 14382 CA 99 P, the undersigned Clerk will sell the property situated in Seminole County, Florida, described as:

Lot 33, WESTLVA HILLS, SECTION ONE, according to the plat thereof as recorded in Plat Book 20, Page 48 of Public Records of Seminole County, Florida.

at public sale, to the highest bidder for cash at 11:00 A.M. on the 11th day of June 1985, at the West Front Door of the Seminole County Courthouse in Sanford, Florida.

Dated this 13th day of May, 1985.

(SEAL) DAVID BERRIEN, Clerk of the Circuit Court. By: Cheryl Franklin, Deputy Clerk. Publish May 15, 22, 1985. DEF 91.

LEGAL NOTICE INVITATION TO BID FLORIDA DEPARTMENT OF LABOR AND EMPLOYMENT SECURITY TALLAHASSEE, FLORIDA Pursuant to Chapter 781a, LAWS OF FLORIDA, competitive sealed bids will be accepted in the Office of Support Services, Room 304 Clifton Building, 2601 Executive Center Circle West, Tallahassee, Florida 32301 until 10:00 a.m. June 10, 1985, for approximately 1733 net rentable square feet of office space in the area of Sanford, Florida bounded:

North by 17 92 Central Florida Exp. South by Myrtle Street East by Richmond Street West by Country Club Drive

Specifications may be picked up from Mr. Cheryl Maughan, Manager, Job Service Office, 200 South French Avenue, Sanford, Florida.

The Florida Department of Labor and Employment Security reserves the right to reject any and all bids and to make the award deemed to be in the best interest of the State of Florida.

The Florida Department of Labor and Employment Security Deanne Shiver, Facilities Services Manager. Publish May 22, 1985. DEF 123.

IN THE CIRCUIT COURT FOR SEMINOLE COUNTY, FLORIDA

PROBATE DIVISION
File Number 85 296 CP

IN RE: ESTATE OF ROBERTA MILTON FULLER, Deceased.

NOTICE OF ADMINISTRATION TO ALL PERSONS HAVING CLAIMS OR DEMANDS AGAINST THE ABOVE ESTATE AND ALL OTHER PERSONS INTERESTED IN THE ESTATE:

YOU ARE HEREBY NOTIFIED that the administration of the estate of ROBERTA MILTON FULLER, deceased, File Number 85 296 CP, is pending in the Circuit Court for Seminole County, Florida, Probate Division, the address of which is Seminole County Courthouse, Sanford, Florida, 32771. The personal representative of the estate is MARC THOMAS DEWBERRY, whose address is 811 E. Highland Drive, Altamonte Springs, Florida 32701. The name and address of the personal representative's attorney are set forth below.

All persons having claims or demands against the estate are required, WITHIN THREE MONTHS FROM THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE, to file with the clerk of the above court a written statement of any claim or demand they may have. Each claim must be in writing and must indicate the basis for the claim, the name and address of the creditor or his agent or attorney, and the amount claimed. If the claim is not yet due, the date when it will become due shall be stated. If the claim is contingent or unliquidated, the nature of the uncertainty shall be stated. If the claim is secured, the security shall be described. The claimant shall deliver sufficient copies of the claim to the clerk to enable the clerk to mail one copy to each personal representative.

All persons interested in the estate to whom a copy of this Notice of Administration has been mailed are required, WITHIN THREE MONTHS FROM THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE, to file any objections they may have that challenge the validity of the decedent's will, the qualifications of the personal representative, or the venue or jurisdiction of the court.

ALL CLAIMS, DEMANDS, AND OBJECTIONS NOT SO FILED WILL BE FOREVER BARRED.

Date of the first publication of this Notice of Administration, May 22, 1985.

Marc Thomas Dewberry, As Personal Representative of the Estate of ROBERTA MILTON FULLER, Deceased.

ATTORNEY FOR PERSONAL REPRESENTATIVE: WILLIAM P. MEHAN, ESQ., 1919 Courtney Drive, 03 Fort Myers, Florida 33901. Telephone (813) 529-4254. Publish May 22, 1985. DEF 117.

IN THE CIRCUIT COURT FOR SEMINOLE COUNTY, FLORIDA

PROBATE DIVISION
File Number 85 319 CP

IN RE: ESTATE OF RAYMOND B. SAVARESE, Deceased

NOTICE OF ADMINISTRATION The administration of the estate of RAYMOND B. SAVARESE, deceased, File Number 85 319 CP, is pending in the Circuit Court for Seminole County, Florida, Probate Division, the address of which is P.O. Drawer C, Sanford, FL 32771. The names and addresses of the personal representative and the personal repre-

sentative's attorney are set forth below.

All interested persons are required to file with this court WITHIN THREE MONTHS OF THE FIRST PUBLICATION OF THIS NOTICE (1) all claims against the estate and (2) any objection by an interested person to whom notice was mailed that challenges the validity of the will, the qualifications of the personal representative,

or the venue or jurisdiction of the court.

ALL CLAIMS, DEMANDS, AND OBJECTIONS NOT SO FILED WILL BE FOREVER BARRED.

Date of the first publication of this Notice of Administration, May 22, 1985.

Marc Thomas Dewberry, As Personal Representative of the Estate of RAYMOND B. SAVARESE, Deceased.

ATTORNEY FOR PERSONAL REPRESENTATIVE: WILLIAM P. MEHAN, ESQ., 1919 Courtney Drive, 03 Fort Myers, Florida 33901. Telephone (813) 529-4254. Publish May 22, 1985. DEF 117.

IN THE CIRCUIT COURT FOR SEMINOLE COUNTY, FLORIDA

PROBATE DIVISION
File Number 85 296 CP

IN RE: ESTATE OF ROBERTA MILTON FULLER, Deceased

NOTICE OF ADMINISTRATION The administration of the estate of ROBERTA MILTON FULLER, deceased, File Number 85 296 CP, is pending in the Circuit Court for Seminole County, Florida, Probate Division, the address of which is P.O. Drawer C, Sanford, FL 32771. The names and addresses of the personal representative and the personal repre-

sentative's attorney are set forth below.

All interested persons are required to file with this court WITHIN THREE MONTHS OF THE FIRST PUBLICATION OF THIS NOTICE (1) all claims against the estate and (2) any objection by an interested person to whom notice was mailed that challenges the validity of the will, the qualifications of the personal representative,

or the venue or jurisdiction of the court.

ALL CLAIMS, DEMANDS, AND OBJECTIONS NOT SO FILED WILL BE FOREVER BARRED.

Date of the first publication of this Notice of Administration, May 22, 1985.

Marc Thomas Dewberry, As Personal Representative of the Estate of ROBERTA MILTON FULLER, Deceased.

FLORIDA

IN BRIEF

Committee Votes To Kill Merit Pay But Approves Other Incentives

TALLAHASSEE — The Senate Education Committee voted Tuesday to scrap merit pay for teachers but approved other measures that would create new teacher incentives.

The state's master teacher program, passed last year to reward superior teachers with \$3,000 bonuses, was killed by a 6 to 4 vote. The vote sent a message that the merit-pay program won't work. The program came under fire from educators last week after results of the classroom performance evaluations used to select merit-pay applicants were released. Some of the state's most highly respected instructors, including this year's top teacher, did not score high enough to get the bonus.

The committee also approved another bill to replace merit pay. The "Career Teacher Program" would reward teachers who stay in the classroom and meet certain criteria with salary bonuses ranging from \$5,000 to \$15,000. The program could cost the state about \$500 million.

Gas Spill Closes I-4

ORLANDO — A gasoline tanker overturned and spilled about 5,200 gallons of fuel on a 1/4-mile section of Interstate 4, closing the stretch of road for nearly five hours, officials said.

Police closed the highway at 5:15 a.m. between Kirkman and Sand Lake Roads, bringing rush-hour traffic to a crawl. Motorists were detoured onto congested International Drive and other roads. Some complained of being up to two hours late for work.

The accident occurred when the truck driver, Victor K. Kilgore, 44, of Lakeland lost control of the vehicle while on a fuel run Tampa to Orlando, said police Officer Michael Seufert, who investigated the accident.

Kilgore suffered several cuts and was treated at Orlando Regional Medical Center. He stayed at the hospital overnight for observation.

Faison Consolidating Staff

To Add Two Departments, Three Employees

By Rick Brunson
Herald Staff Writer

Sanford's city government may have two new departments within the next three months, bringing the total number of departments to eight. City Manager Frank Faison asked the city commission Monday to draw up an ordinance that would create an engineering and planning department and an administrative services department.

Under Faison's plan, what are now nine separate city divisions would fall into the two new departments. Both would answer directly to him. Under the engineering and planning department would be engineering, planning, contracts and building and zoning. Under administrative services would fall personnel, data processing, licensing, purchasing and internal auditing.

The staffs of those divisions would remain the same, except for the addition of three new positions — a city planner for the engineering and planning department and a director and budget analyst for the administrative services department.

The engineering department would be headed by the city engineer. The city is interviewing applicants for the position, which was vacated when former city manager Warren "Pete" Knowles retired April 30. Knowles also served as city engineer.

Faison said converting and combining the divisions into departments and adding the new staff members would bring more expertise to municipal government and make the city staff more manageable.

The staff additions would cost the city

\$36,422 this year and \$145,688 next year, he said.

The commissioners voiced no opposition to the idea but Commissioner John Mercer questioned the need for a budget analyst. Faison said an analyst would monitor the city's spending, "making sure we maintain our lean and mean approach to budgeting."

Commissioner Milton Smith jokingly said such a person would be the "David Stockman" of Sanford and become the most hated person in city hall. Stockman is President Reagan's controversial budget director whose slash-the-bone techniques for trimming the federal budget have offended many constituents, most recently, farmers and military retirees.

Commissioner David Farr also asked where the assistant city manager would fit in the new reorganization. Faison said he "could use one," but added the "selection process of police chief may provide that answer," hinting that the position may be eliminated if Assistant City Manager Steve Harriett is selected as police chief.

Harriett has been serving as acting police chief since Chief Ben Butler retired April 30. Harriett has applied for the chief's job, along with 41 others, and has made it clear police work is his "first love." The city commission is expected to appoint a new chief some time in June. If Harriett is not selected chief he will be able to keep his job as assistant city manager, according to Civil Service Board rules.

The commission asked City Attorney William Colbert to draw up an ordinance and present it at its May 28 meeting.

...Code

Continued from page 1A

"peddler's trade" there. Leffler also said that negotiations are underway with county officials for a settlement of the case and thus board action may not be necessary.

In other business, Clyde H. Wallace of 793 Richbee Drive, who is charged with failure to remove fill dirt after he was denied a dredge and fill permit for his property, has been ordered to appear so imposition of a fine can be considered.

Timothy Clabaugh of the county's department of Environmental Services told the board in April that he tried to inspect the Wallace property but was denied access by Wallace.

He said he and another inspector viewed the site from adjacent property and he submitted photographs showing about seven truckloads of dirt on the property.

At the April meeting the board ordered Wallace to comply with the law by removing the dirt and restoring the natural grade on

the property and to plant grass seed.

The board also agreed to impose a fine of \$100 per day for each day the violation continues.

Also scheduled to appear at Thursday's meeting are: Ernest and Delores Grant of 2029 Airport Boulevard, charged with violating county law by having excessive refuse, rubbish, junk, weed growth and scrap building materials on their property which inspectors say harbors rats, snakes and other vermin and thus endangers the health, welfare, lives and safety of nearby residents.

H. Scott Goings, Oviedo, charged with violating county law by placing a mobile home on his property without board of adjustment approval.

George and Irene Duncan, 2039 Williams Ave., Sanford, charged with creating a nuisance by accumulating junk vehicles on their property.

Other members of the board in addition to Hattaway, Harling, Ms Crozier-Wimberly and Miss Jacobson are Stephen C. Kuhl, Joseph Pavelchak and Joy D. Anderson. —Donna Yates

WEATHER

NATIONAL REPORT: Thunderstorms swept the southern Plains Tuesday spawning tornadoes and pelting the region with large hail and driving rain. More than 3 inches of rain fell in some areas of Texas and Oklahoma. Southeast Texas and southwest Arkansas were under flash flood watches. Lightning killed one man and injured five others in Missouri. A cold front stretched across the the lower Great Lakes into the Texas Panhandle, spawning showers and thunderstorms. In the west, California was pounded by strong, gusty winds. Storms were expected to sprawl out today over much of the country, including the South, mid-Atlantic states, the southern Rockies and the Pacific Coast. The northern states were expected to be the nation's sunny spot today.

AREA READINGS (9 a.m.): temperature: 80; overnight low: 71; Tuesday's high: 93; barometric pressure: 30.07; rela-

tive humidity: 82 percent; winds: south at 6 mph; rain: none; sunrise: 6:31 a.m.; sunset: 8:13 p.m.

THURSDAY TIDES: Daytona Beach: highs, 11:13 a.m., 11:31 p.m.; lows, 4:56 a.m., 4:43 p.m.; Port Canaveral: highs, 11:05 a.m., 11:23 p.m.; lows, 4:47 a.m., 4:34 p.m.; Baysport: highs, 4:45 a.m., 3:10 p.m.; lows, 9:48 a.m., 10:54 p.m.

BOATING FORECAST: St. Augustine to Jupiter Inlet and out 50 miles — Winds southerly at less than 10 knots through tonight. Seas less than 10 feet.

AREA FORECAST: Partly cloudy through Thursday with a 40 percent chance of afternoon thunderstorms. Highs in the low 90s. Low near 70. Winds southerly, less than 10 mph.

EXTENDED FORECAST: Friday through Sunday. Partly cloudy with a chance of thunderstorms Saturday. Highs in the upper 80s to low 90s, lows in the mid 60s.

HOSPITAL NOTES

Central Florida Regional Hospital
Tuesdays
ADMISSIONS

Sanford
Ralph C. Boyles
Pearlman Brinson
Debra L. Duma
Delina A. Hager
Kenneth G. Probst
Dorothy E. Williams
Joann B. Skales
Alexander Wyche
Robert Bergel, Daytona

Robert G. Smedley, Daytona
Rebecca S. Fryman, Daytona

DISCHARGES

Sanford
Bernice O. Lawrence
Luther E. Sessiano
Michael A. Vaillet
John R. Pritchard, DeBary
Georgia J. Daugherty, Daytona
Isoure Schilly, Daytona
Carol B. Benavides and baby girl, Sanford
Jill M. Nelson and baby girl, Lake Mary

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...Horses

Continued from 1A

Their father is Lawman, a grandson of the famous thoroughbred race horse, Man of War. Lawman is owned by Mr. and Mrs. Joseph Wisecup of Osteen and is trained and handled by Don Veler of Velson Stables, Apopka. The foals also

are related to Eternal Prince, who ran in this year's Kentucky Derby and placed third in the Preakness.

Quarter horses, known for their strength and speed over short distances, and thoroughbreds are basically the same and are routinely crossbred. Mrs. Ensor said. Either can be entered in quarter horse or thoroughbred races.

The stud colt has been named "Lawman's Go For Gold" and the filly was dubbed "Lawman's Raining May."

They will be for sale in the fall and hopefully someone will be looking for good colts to race," said Mrs. Ensor.

She said she has loved horses all her life and recently regis-

tered her farm to raise quarterhorses. "I've worked with horses for 32 years and have never had a horse foal twins," she said. "My husband, Joseph, is not into horses as much as I am, but he's excited about the twins."

Her daughter, Karen, shows horses from the farm in local horse shows.

...Tolls

Continued from page 1A

year, resurfacing would cost another \$3.2 million.

The study also shows that in 1989, the first year of operation, revenues from tolls after operation and maintenance costs were deleted would be \$9.9 million for alternative D, the highest of any of the alternatives.

Sellers said the expressway

might have to be built in phases with the first phase from the county line north to SR 434 and then to a multi-laned Lake Mary Boulevard.

Sellers added that regardless of what happens to the expressway a four- or six-laned Lake Mary Boulevard to I-4 is in the future.

"Unless there is a great change in the land use along Lake Mary Boulevard nothing can be done to change that," Sellers said.

...Sewage

Continued from page 1A

with you all," Faison told the commissioners.

He asked the commission to allow the city's engineering consulting firm of Conklin, Porter and Holmes to start preliminary studies and plans for both systems so that when the dispute is settled the design on either will begin immediately.

Another catch is that if the city loses its round with the DER and is forced to go to landspreading, it will have to have hearings with the county to determine sewage load limits and negotiate a rezoning on a large tract of county land near Interstate 4 on which to spread the effluent. There is no suitable site in the city for landspreading, he said. The hearings would gobble up more time.

Both systems would be constructed and operational by 1995, according to a report Faison gave commissioners.

The possibility also exists, Faison said, that the city may not get the \$9.6 million in state and federal grant money it has

applied for to help pay for whatever sewage disposal system is eventually chosen.

Even if the city gets the grants, customers can expect to pay about \$18-\$33 a month over the next 10 years if the landspreading system is used. Without the grant money on either system, Sanford customers' monthly sewage bills could climb even higher to about \$40 a month, Faison said. Improving the present system, with the grants, would put the customers monthly bills at \$14-\$31 a month over the next 10 years, according to the report. "Every option carries with it a high price tag," Faison said. "There's no cheap way out."

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Wednesday, May 22, 1985—4A

Wayne D. Doyle, Publisher
Thomas Giordano, Managing Editor
Melvin Adkins, Advertising Director

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Philadelphia's Blunders

Anyone who doubts the value of adequate police training, proper equipment and sensible leadership need only ponder the disaster May 13 in Philadelphia.

At least 11 persons are dead, 53 homes destroyed and eight other homes damaged in the wake of a fiery police assault on a group of radicals holed up in an otherwise law-abiding, working-class neighborhood.

Can it really have been necessary — to re-phrase the celebrated Vietnam quote — to destroy that West Philadelphia neighborhood in order to save it?

There had to have been a better way. And there was. Patience plus skilled negotiators might have resolved the armed standoff without bloodshed and a conflagration, although it must be noted that weeks of waiting went for naught in a comparable siege involving members of the same radical group in 1978. But even if waiting and negotiating could not suffice, properly trained and led SWAT teams should have been able to end the siege with fewer lives (especially children's) lost and little or no collateral damage to the neighborhood.

In the event, police and Philadelphia city officials committed one blunder after another. First there was a wild and seemingly indiscriminate shootout that continued for several hours. On the police side, the shooting should almost certainly have been confined to a few SWAT-team marksmen. Then officials elected to drop an explosive device of grossly excessive force on the roof of the barricaded house.

When the resulting explosion was followed by a spreading fire, officials chose to let it burn unattended in hopes of destroying the original target, a rooftop bunker. It destroyed the bunker, the house and much of the neighborhood as well. According to at least one witness, the expanding fire skipped from one row house to another for an hour and 40 minutes before firefighters intervened.

The fire department's activity might have been partially justified by fear of snipers. But no police plan seems to have been ready — nor was one apparently devised on the spot — that might have shielded fireman while enabling them to at least retard the worst residential fire in Philadelphia history.

Fortunately, the bizarre cult whose members began all the trouble in Philadelphia is quite small and evidently confined to one or two cities on the East Coast. But other cities are home to other radical groups with a potential for violence. And the smoking ruin of a Philadelphia neighborhood should be testament enough to the need for police and civil officials to be far better prepared than authorities there were for just such eventualities.

Please Write

Letters to the editor are welcome for publication. All letters must be signed and include a mailing address and, if possible, a telephone number. The Evening Herald reserves the right to edit letters to avoid libel and to accommodate space.

BERRY'S WORLD



ANTHONY HARRIGAN

Many Misunderstand History Of Modern Times

Recent events commemorating the 40th anniversary of V-E Day revealed the extent to which the history of modern times is unknown or misunderstood. For historical ignorance or misunderstanding flows confusion as to choices in the contemporary world.

Undoubtedly many readers were reminded of this in reading a syndicated column by Ellen Goodman. She was writing from Leningrad's Piskarskoye Memorial Cemetery where 460,000 Soviet dead are buried. She said that what the Soviets call the Great Patriotic War "forged a nation out of its diverse nationalities" and referred to the 20 million Soviets who died in the conflict against Nazi Germany. She concluded by saying, "What a cemetery this would have been for a presidential visit."

What a unfortunate misreading of history. First of all, Miss Goodman fails to note that Soviet Russia was a partner with Nazi Germany in an infamous "non-aggression" pact that involved the partition of Poland. The Soviets

were silent about Hitler's evils while Britain and France were under Nazi attack.

Miss Goodman's reference to the forging of "a nation" also is mistaken. The Soviet Union is an empire, not a nation. The Soviets "forged" that empire by deporting hundreds of thousands of Latvians, Lithuanians, Estonians, and other captive peoples to Siberia. Those who were deported have never been allowed to return.

One wonders whether Miss Goodman is aware of the books of Nikolai Tolstoy, of the famous Russian literary family, who chronicled the forced return to the Soviet Union of Russians who knew they would be sent to slave labor camps, including White Russians who had never lived inside the USSR—a crime against humanity in which the allies share complicity by cooperating with the Soviets.

In referring to the 20 million Soviets who died fighting the Germans, Miss Goodman fails to note what the great Russian novelist Alexander Solzhenitsyn wrote in *The Oak and the Call*, namely that 50 million Soviet people were killed

in Soviet purges and deportations. The hideous Nazi extermination camps have been closed for 40 years, and the world is aware of the horrors that took place there. The Soviet concentration camps, the so-called Gulag Archipelago, continue to operate to this day under Gorbachev, as they did under Andropov, Brezhnev, Khrushchev, Stalin and Lenin.

Victims of Soviet communism are nameless. They are without monuments except in the hearts of Russian patriots like Solzhenitsyn who know what unspeakable cruelties the Soviet communist regime has imposed on captive peoples for almost 70 years.

Tragically the story of the victims of Soviet communism doesn't seem to interest many people in the West. The American television networks aren't interested in presenting the story of the Soviet prison camps. Instead, there are studied attempts to portray the Soviets as the moral equivalent of the Western allies. Thus is history distorted.

JACK ANDERSON

Afghani Rule In Exhile

WASHINGTON — Saudi Arabia is trying to set up an afghani government-in-exhile, according to intelligence sources. The trouble with the Saudi plan is that they want ex-King Zahir Shah to head the exile regime.

The king, who was booted out in 1973, is not popular with the Afghan rebels who are fighting Soviet invaders and their puppet government forces. The Saudis are offering a powerful inducement — \$40 million in aid to the resistance groups — but are unlikely to win any of them over the king. The rebels figure, probably correctly, that the Saudis will come up with at least some of the money anyway.

— Uneasy lies the head that wears a dictator's cap in the Middle East.

Iraq President Saddam Hussein was the target of an assassination plot last October, but managed to foil it. Intelligence sources tell us Hussein responded with his customary brutality. At least two dozen Army officers were executed, while many of their subordinates suspected of complicity were dispatched to the battlefield to fight against Iran. Another two dozen or so officers, fearing they had been implicated, fled to Syria.

WATCH ON THE KREMLIN. Another Soviet undercover agent has defected to the United States, CIA sources tell us. He is Vladimir Ivanov, a 25-year-old KGB agent who posed as a trade official in a six-man Soviet delegation to Manila in mid-January. Young Ivanov contacted the U.S. Embassy there and was taken to a "safe house" for 48 hours of interrogation. Then he was spirited away to Munich on Lufthansa Airlines in early February.

— A recent issue of *Pravda*, the official Soviet newspaper, gives a revealing explanation of why it is that 21 percent of a vodka factory workforce was listed as "escorts." Their job is to accompany freight carloads of vodka, and as *Pravda* reports disapprovingly, sometimes "an escort gets so drunk that not only the car's contents but also he himself has to be carried out." In other words, the escorts need escorts.

— We recently reported a CIA analyst's recommendation that the Pentagon study the way the Soviets develop and produce military hardware. Apparently someone at the Pentagon is taking the advice to heart. An in-depth study of the Soviet bureaucracy — including the KGB.

ROBERT WALTERS

Auto Firms: Years Of Hot Air On Air Bags

It began quietly in July 1969 when federal officials first proposed that all automobiles sold in this country be equipped with air bags to minimize the severity of crash injuries.

Today, almost 16 years later, mandatory installation of air bags has become the object of a tempestuous, seemingly interminable and still unresolved public policy debate that has spread to all three branches of the federal government.

Many of the nation's leading medical authorities, insurance companies, safety organizations and consumer groups have offered their unqualified endorsement of the air bag as a device that could save thousands of lives annually.

The U.S. Supreme Court, in a unanimous opinion two years ago, declared air bags to be "an effective and cost-beneficial lifesaving technology."

But the safety devices remain unavailable because, in the words of the Supreme Court, "The auto



JEFFREY HART

Did Hauptmann Do It?

Did Bruno Richard Hauptmann kidnap and murder the child of Charles and Anne Lindbergh, the crime for which he went to the electric chair?

The answer seems to be no. And this is not one of those political cases, like Sacco-Vanzetti, Hiss, or the Rosenbergs, in which a case continues to be made that a convicted leftist was innocent. No, the Lindbergh kidnapping is, rather, a mythic case, brings together many of the great themes of American history, and involves, centrally in Charles Lindbergh, one of the genuine heroes of the 20th century.

Back in 1976, Anthony Scaduto published a study of the case titled *Scapagoat*, which argues strongly for Hauptmann's innocence. The book drew some attention, but not as much as it deserved, perhaps because Scaduto expressed so open an anti-establishment bias. His argument has now been reinforced by Ludovic Kennedy's *The Airman and the Carpenter* (Viking), which, more measured in its tone, may force a wider reassessment of the case.

For those born around 1930, as both I and Kennedy were, the Hauptmann trial is a dim yet persistent memory. Less than 5 years old, I remember Gabriel Heatter's radio reports of the trial. Everyone knew who Lindbergh was. Kidnapping became an ever-present fear for all parents.

The most damaging evidence against Hauptmann was his possession of the Lindbergh ransom money. Hauptmann was arrested when he tried to pass one of the bills. His own account of how he came into the possession of the money, via a shadowy character named Isidore Fisch, by that time dead in Germany, remains only tenuously plausible.

But the state's case against Hauptmann lies in shambles. The state police tampered with evidence that showed that Richard Hauptmann (the "Bruno" was

tacked on by the prosecutors and the press) was working as a carpenter miles away in New York City. He could not have been in Hopewell, N.J., on the day of the kidnapping.

The authorities persuaded a notoriously unreliable witness — in effect, bribed him — to say that he had seen Hauptmann in Hopewell.

Handwriting evidence was faked by the police. Witnesses, bribed or threatened, lied.

A newspaper reporter wrote an incriminating telephone number on a wall at Hauptmann's Bronx property, and thus had his "scoop."

The claim that the lumber for the kidnap ladder came from a missing floor board at the Hauptmann place was entirely bogus.

Clinically, Col. Lindbergh, on the stand, claimed to be able to identify Hauptmann's voice as the one he had heard in the cemetery when the ransom was passed — though Lindbergh had heard only three words, and at a great distance, in the cemetery.

Kennedy does not go into this, but that voice identification has been extensively discussed in the law journals.

But Lindbergh had been convinced by the police that Hauptmann was guilty, he did not want the alleged murderer to escape, and his prestige was such that the identification was decisive with the jury.

The governor of New Jersey, full of doubts about the verdict, would have set aside the execution but did not have the legal power to do so, and the verdict was widely popular. Amidst a spreading anti-Germanism, Hauptmann, seen as striking a great American hero, had been apprehended. He went to the chair in Trenton.

Opponents of capital punishment will be enthusiastic over this book. But, though Hauptmann in all likelihood was wrongly executed, the correct answer is to make certain that the accused person really did it.

DON GRAFF

Fed Up With The Wall

BERLIN — She has had it "up to here," she says, with the wall. She and two friends are out for a walk near the Oberbaumbrücke, a pedestrian bridge across the River Spree. It is a crossing point for Berliners between the West and East of the divided city.

Almost 80 now, she has lived in Berlin since 1924 and seen it all — the Nazi years, the bombings, the reconstruction. She was a "Trauerfrau," one of the thousands of women who worked to clear the streets of rubble so that rebuilding could begin. But she is not, she says emphatically, a Berliner. She came here from Liegnitz in Lower Silesia, now part of Poland.

She still has relatives — nieces and nephews — on the other side of the wall and visits them occasionally. Next week she is going to a wedding celebration.

She applied to East German authorities in March. It was six weeks before permission for the trip came through. An outrageous delay, she says, and she complained to West Berlin authorities. But they say they can do nothing to speed up the East's bureaucracy.

She has mixed feelings about seeing her relatives again. They are farmers, accustomed to work, and are doing well in the East German system, which provides greater rewards for heavier labor.

They have, they say, everything they need and aren't interested in politics. So what would they have to gain by trading all they now have for the uncertainties of a new life in the West?

She hasn't been able to change their minds, and they certainly haven't changed hers. She has still had it with the wall and all it represents.

A retired couple at West Berlin's Marienfelde reception center has also had it. Until 10 days ago they had lived their entire lives in the East. They are now being processed for legal emigration. Elderly East Germans who no longer contribute to the work force are allowed to leave. But it takes time — six months from the time this couple applied.

In the East, they were among the privileged. They could travel — a freedom not accorded younger East Germans whose labor is still needed.

But where and how to travel? Moscow? There was no hope on his pension of 492 East German marks a month — worth a fifth of that in West German marks, or about \$30. To visit even West Berlin was prohibitively expensive at that exchange rate.

evaluations conducted by government agencies, auto manufacturers and private organizations have repeatedly demonstrated the air bags' effectiveness and reliability.

More than 12,000 cars equipped with air bags have traveled in excess of 1 billion miles and have been involved in almost 300 front-end crashes severe enough to cause inflation of the safety devices. When the Insurance Institute for Highway Safety examined the accident data, it found that air bags had produced substantial reductions in injuries.

Finally, there is the matter of cost. The auto industry has claimed that an air bag protecting only the driver can cost \$1,000 or more per car, while more objective estimates place the price at \$300 to \$500.

Now, however, a New Jersey firm, the Breed Corp., has developed a simplified air bag that relies upon mechanical instead of electronic sensors to detect a crash situation. It could be sold for as little as \$50.

In fact, laboratory and highway

Drinker Accused Of Ax-Swinging Spree At VFW Bar

A 55-year-old Casselberry man living in a camper on the Veterans of Foreign Wars headquarters property has been charged with two counts of aggravated battery after allegedly chasing a VFW patron with an ax and fishing knife after he was refused more drinks at the bar there, Casselberry police reported.

The trouble occurred at 200 Concord Drive about 10:40 p.m. Monday. The suspect allegedly left the bar after he was refused further service and returned with the weapons. He chased patrons while swinging the ax over his head, a police report said. Police captured the man and recovered the weapons from the roof of a nearby picnic shelter.

Charles Carlton Sessions was being held in lieu of \$5,000 bond.

KNIFE THREAT

A 31-year-old Apopka woman has been charged with aggravated assault, accused of threatening to stab a Sanford man while at his home on Monday.

Emory General Griffis, of 401 Katie St., told deputies the woman threatened him and two witnesses supported his statement, a sheriff's report said.

Anita Consuelo Lane, of 302 N. Maine Ave., was arrested at Griffis' home at 9:31 p.m. She was being held in lieu of \$5,000 bond.

GUNMAN CHARGED

A 35-year-old man accused of

Action Reports

- ★ Fires
- ★ Courts
- ★ Police

threatening two men with a "long gun" outside the Post Time Lounge, U.S. Highway 17-92, Longwood, on May 5 turned himself over to sheriff's deputies and was arrested at the Seminole County jail at about midnight Monday.

Guy Dale Roberson, of Orlando, was being held in lieu of \$5,000 bond.

FIRE CALLS

The Sanford Fire Department responded to the following calls.

Monday

—6:19 a.m., 707 Sanford Ave., fire. A car's gas line broke, setting the engine on fire. There were no injuries and the amount of damage was not reported.

—9:09 a.m., 1600 W. Fifth St., rescue. An 18-year-old man who was cut with a knife was treated and taken to the hospital.

—9:43 a.m., 718 Pecan Ave., rescue. An 83-year-old man who fell out of bed was put back into bed. He was not injured.

—4:44 p.m., 22nd Street and U.S. Highway 17-92, rescue. A 62-year-old woman was injured in an auto accident. Patricia Harmon, of 1628 Beacon St., Sanford, received a cut on her nose. She was taken to the hospital.

—7:10 p.m., 415 Palmetto Ave., rescue. A 28-year-old woman received bruises on her face, legs and back during a fight with her boyfriend, rescue workers reported. She was not taken to the hospital.

—9:40 p.m., 1922 Palmetto Ave., fire. Sparks flew from a power line after it became entangled in a tree. Power company workers took care of the problem.

—9:55 p.m., 1101 E. First St., false alarm.

Tuesday

—2:28 a.m., 1101 E. First St., false alarm.

—6:06 a.m., Third Street and French Avenue, rescue. Three people were injured in an auto accident. Beryl Bradham, 46, of 411 Belle Ave., Sanford, received

a bump on his head and a scrape on his knee. He was not taken to the hospital. Darlene Miles, 48, of 13 William Clark Court, Sanford, had pain in her shoulder and was taken to the hospital as was Helen Ware, 49, of 117 Anderson Ave., Sanford, who complained of pain in her hip and side.

DUI ARREST

The following person has been arrested in Seminole County on a charge of driving under the influence:

—Douglas Allan Taylor, 28, of 305 Sunland Drive, Sanford, was arrested at 2:28 a.m. Tuesday after his car failed to maintain a single lane on U.S. Highway 17-92, Sanford. He was also charged with driving with a suspended license.



Raiderettes Debut Smashing Success

The All Souls Raiderettes, a group of 19 students who attend the Sanford school, have wrapped up their debut season. The Raiderettes, under the direction of Fonda Nobles and Suzanne Chagnon, marched in Sanford's annual Christmas parade.

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Longwood To Discuss Sewage, Lake Maintenance

By Jane Casselberry
 Herald Staff Writer

The Longwood City Commission is scheduled to consider a sewer agreement with a retirement center developer and a proposed four-month aquatic maintenance program at a special meeting Wednesday.

Commissioners are scheduled to meet at 4:45 p.m. in city hall at 150 W. Warren Ave.

Also on the agenda will be the department of public safety and a city organizational chart, the proposed capital budget, and the question of hiring a consultant to help with the preparation of the city budget.

J.E. Kirtley, owner of Longwood Retirement Village, 480 E. Church Ave., says every

day's delay by the city in signing a sewer agreement is costing him \$2,000 and preventing him from getting construction money released to pay his creditors.

He can't get a certificate of occupancy from the city until he is allowed to hook up a new addition to the sewer system. The commission agreed earlier this month to give the retirement home a 4,500-gallon-a-day share of the available capacity at the city's Sky Lark Sewage Treatment Plant.

Kirtley gave the city \$11,500 for a sewer hookup in January of 1984 and received a sewer permit on May 8, 1984, but has been prevented from tying in because the city had overcom-

mitted its treatment plant, which was not functioning properly.

The state Department of Environmental Regulation would not allow further connections until recently completed improvements were made at the 200,000-gallons-a-day capacity plant to bring it up to DER standards.

The latest hold-up for Kirtley came Monday night when the commission refused to approve the agreement until the city's consulting engineer, Rachel Christensen of Dyer, Riddle, Mills and Prevourt, certified that the existing lift station at the retirement center can handle the additional load without being expanded.

City Attorney Gerald Korman said, "We need some assurance if you need a larger lift station you would expand it." He suggested Kirtley put money in escrow for the purpose or put up a bond.

A report by The Lake Doctor, Inc., on 36 of the city's lakes and ponds and a proposed fourth-month lake maintenance program is also scheduled for discussion.

Jim Williams of The Lake Doctor has listed eight lakes that would benefit most from maintenance. In addition to a two-acre pond at Columbus Harbour, which the commissioners have already hired him to clean up and maintain for \$1,343 a year.

CALENDAR

WEDNESDAY, MAY 22

Free photographs with fingerprinting of children offered by Adam Walsh Child Resource Center at Chris Yates Photographers studio, 11:30 a.m. to 7 p.m., 1726 S. Bumby Ave., south of Curry Ford Road, Orlando. Adult must accompany children.

"I Can Cope" program for cancer patients and families, 2-4 p.m., Central Florida Regional Hospital dining room. Call 321-4500, ext. 761 for register. Series ends June 26.

THURSDAY, MAY 23

Seminole County League of Women Voters Food for Thought luncheon, noon, Quincy's Restaurant, Douglas Avenue near State Road 434. Library update by Jean Rhein and Sandy Gallagher.

International Training in Communication Greater Seminole Club (previously Toastmasters), 7:30 p.m., Altamonte Chapel Education Building on State Road 436, second and fourth Thursdays.

Sanford Jaycees, 7:30 p.m., Jaycee building, 5th and French, Sanford.

Sanford AA, 1201 W. First St., 5:30, closed discussion, and 8 p.m., open speaker.

Oviedo AA, 8 p.m., closed.

First United Methodist Church, Overeaters Anonymous, open, 7:30 p.m. Community United Methodist Church, Highway 17-92, Casselberry.

FRIDAY, MAY 24

Central Florida Kiwanis Club, 7:30 a.m., Florida Federal Savings and Loan, State Road 436 at 434, Altamonte Springs.

Seminole Sunrise Kiwanis Club, 7 a.m., Airport Restaurant, Sanford.

Optimist Club of South Seminole, 7:30 a.m., Holiday Inn, Wymore Road, Altamonte Springs.

Central Florida Blood Bank Florida Hospital-Altamonte Branch, 601 E. Altamonte Ave., 9 a.m. to 5 p.m.

Gentle Exercise for seniors, 10:30 a.m., Casselberry Senior Center, 200 N. Lake Triplet Drive, Casselberry.

Wekiiva AA (no smoking), 8 p.m., Wekiiva Presbyterian Church, SR 434, at Wekiiva Springs Road, closed.

Longwood AA, 8 p.m., Rolling Hills Moravian Church, SR 434, Longwood, Alanon, same time and place.

Tanglewood AA, 8 p.m., St. Richard's Episcopal Church, Lake Howell Road, Alanon, same time and place.

Sanford AA Step, 8 p.m., 1201 W. First St., Sanford.

SATURDAY, MAY 25

Fun Fair, 10 a.m. to dark, Missing Children's Center, 750 W. state Road 434, Winter Springs. Country-Bluegrass music, games, contests, kiddie rides, food, and garage sale. Fingerprinting and video taping of children.

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Sanford Honors Its Champions

Speakers Heap Praise On Tribe Track Standouts

By Sam Cook
Herald Sports Editor

The city of Sanford, the Greater Sanford Chamber of Commerce and the Optimist Club of Sanford gathered Tuesday at Western Sizzlin to honor Seminole High School's track and field standouts.

No adjective was left unturned as the speakers saluted coach Ken Brauman's boys' state championship and coach Emory Blake's girls' fourth-place finish.

From Sanford Mayor Bettye Smith to Superintendent of Schools Bob Hughes to Optimist Club of Sanford President Ernie Butler to Seminole Principal Wayne Epps to Seminole Athletic Director Jerry Posey, the praise was lavish and well spoken.

Mayor Smith read a proclamation which declared Tuesday as "Seminole High School Track and Field Recognition Day." The mayor then added, "I'm very pleased and proud of the coaches. However, the track team members are commended on the honor you have brought to your school and Sanford. I'm very proud of all of you."

Hughes said "Everybody in the school system is proud of the success of the Seminole teams."

Horner, who announces the Seminole County Track and Field Championships each year, lauded the teams' performances under pressure. "When you get before all those people and perform that well against the other schools' stars, it's really quite an accomplishment," said Horner.

Butler, who heads up Sanford's most sports-minded organization, said the Optimists were proud to share in honoring Seminole's champions.

Epps, understandably the most elated of the group, said he was impressed with athletic ability along with the character of the youngsters. "Good guys don't always finish last," he said about the boys' title. "This is one time the good guys finished first."

Posey, who assists boys' coach Ken Brauman from time to time, said it was a thrill for everyone to be associated with such a fine group. "It's really our pleasure to be associated with these young people," he said.

Brauman and Blake, true to championship form, promised to return next year — same time, same place — to extol virtues of twin 1986 state championships.

"It sure would be nice to do it again," said second-year coach Brauman.



Mayor Bettye Smith, right, presents Wayne Epps with the proclamation.

"I hope it's our turn next year," said Blake who completed his eighth year as head coach.

Both Brauman and Blake took the time to individually introduce each athlete and give a brief biography on each. Brauman gave an especially moving talk on miler Billy Penick. "Billy was probably our least-publicized runner," said Brauman. "He won the mile and two mile early in the year in just about every meet. When we saw we had a chance to score some points in the state meet in the mile medley, we started to gear Billy's training more toward the 880, which is the final split."

Brauman said a couple of runners from Lake Mary began to beat Penick in the two mile and questions began to arise about Penick's kick. "It was probably more poor coaching than Billy's fault," laughed Brauman.

No one was laughing in the region and state mile, though. Penick flashed an excellent kick to overtake Satellite's Bill Hibbard at the tape. "That kick just destroyed Hibbard's confidence for the state," said Brauman.

In the state mile, Penick ran a 58-second first quarter and stretched his lead to 40 yards as the mile evolved. Even then Brauman said the field of runners wasn't convinced.

"They all thought that Billy would come back to them," said Brauman. "But he didn't come back. He took it to them and ran the second fastest mile (4:18) in the South. That's why he's a state champion."

Brauman also cited his other state champ, Alvin Jones in the triple jump, and reminded that both Penick and Jones are juniors. He acknowledged the feats of seniors Cliff Campbell, Frank Barnett, Deron Thompson and Ken Temple along with junior Leo Peterson. Louis Brown, another junior, was cited for shaking off an injury to become a key member on the relay teams.

"Cliff Campbell has done everything at Seminole High School but win a state championship," said Brauman. "He was the best quarter miler in the state, he just didn't have a chance to show it."

Campbell was leading the 440-yard dash with 100 yards to go when he re-injured his left ankle and had to limp home. Barnett finished second in the 120-yard high hurdles and was the second-best hurdler in the nation. Barnett finished third in the state decathlon and joined Thompson and Peterson to earn the Tribe the state title. It was the first year a school had ever

won titles in the state meet and the decathlon. In that meet, Barnett improved his pole vault by four feet over last year.

Campbell will attend Auburn and Barnett will go to Arizona on track scholarships next year.

Brauman praised Temple for handling the difficult, but important role, as a reserve. He said his senior sprinter, who didn't get to run in the district or region, stepped in when Campbell was injured and helped Seminole to second in the medley relay.

Peterson, said Brauman, was the biggest contributor to the state meet with 10 points. He finished second in the long jump and second in the triple jump.

Thompson was next. "Deron Thompson was the 'Relay Man' for us," said Brauman. "He was a part of all three of the relays and gave us a lead on each."

Brauman injected a little levity with his next two standouts, junior Pat Davis and sophomore Earic Martin. "As you can see, neither is a physical specimen," said Brauman about the smallish pair. "If we can get Earic past his 90-pound bench press, he's really going to be something."

Davis, Brauman said, is the 'Asthma Man.' "Every time we going to have a tough practice, Pat says his asthma bothers him."

Blake, meanwhile, was also lavish in praise of his athletes, assistant Nate Perkins and injected a bit of humor, too. As Brauman did with his wife, Lisa, he saluted the patience of his wife, Bernadette. "I'd like to thank my wife for her patience," Blake said. "Especially since I'm a girls' coach. Sometimes you have to do a lot of explaining when you come home so late."

Blake cited his two seniors, Trina Walker and Glenda Bass, for their contributions since their sophomore seasons. "They were our captains and they showed great leadership," said Blake. "Both were key members of our state-champion relay (mile and medley) teams."

"Coach Perkins was important to making those relays go. He spent a lot of time with the girls on them."

From the seniors, Blake explained why he is so optimistic about next year as he introduced his talented youngsters — sophomore Sheila Crawford and freshmen Dorchelle Webster and Shownda Martin.

"Sheila did a great job all year on our relay teams," said Blake. "Dorchelle is just a tremendous talent. She was probably one of the best 880 runners in the state but we needed her so much on the medley relay, we had to leave out the half mile."

"She ran not as a freshman but as a senior."

Martin, the state champion in the 880, was next. "You save your best for last and Shownda was our best," he said. "She set a record in every meet she ran in. Shownda is just amazing. She's the fastest half miler in the state and hopefully she's a future Olympian."

Gain In Confidence, Optimism Key Success

It was an optimistic gathering at the Western Sizzlin Tuesday. Anytime a group honors a state track champion and a fourth-place state finisher, it usually turns out that way.

But whereas, optimism is a foregone conclusion for the likes of Sanford Mayor Bettye Smith, Greater Sanford Chamber of Commerce President Jack Horner, Optimist Club of Sanford President Ernie Butler and Seminole High School Principal Wayne Epps, that important quality is not always present in a young athlete.

Smith, Horner, Butler and Epps have all met successes and failures in their careers and handled them accordingly. They are successful in their chosen fields and they know what it is like to want something and realize the goal of achieving it.

For the youngsters, though, getting over the hurdle of confidence is sometimes a tough obstacle. Injuries — physical and mental — are bound to occur to the prep athletes and sometimes it doesn't take a big dose of either to take away that competitive edge.

That's where coaching comes in. And that's why boys' coach Ken Brauman and girls' coach Emory Blake were so important to their teams' success. They healed the emotional and physical pains of their athletes and got them ready for the day's competition.

For Brauman, the record speaks for itself. He has coached 11 years at Palatka and two years at Seminole. During that time, his teams have collected three state championships.

"The boys' track team is the state champion," said Epps. "That says it all. When it came time to show and tell, they showed themselves as the best."



Sam Cook
HERALD
SPORTS EDITOR

Epps said he was also impressed with the team's modesty. "You couldn't walk around the halls of Seminole High School tell who was on the track team," he said. "These guys didn't tell you what they were going to do, they showed you."

"Coach Brauman did an excellent job. You don't win three state championships on luck."

Epps was equally impressed with Blake. "Coach Blake also did an excellent job," he said. "People don't really realize how close (5 1/2 points) the girls came to winning, too. They have a fine group returning, plus a good crop coming from the middle schools."

"It was an exciting year for all of us and both teams have put Sanford on the map as a track power."

But you don't become a track power without some optimism. Brauman and Blake, who was capably assisted by Nate Perkins, gave their teams enough positive thoughts along the way to bring the height of that hurdle down to size.

"We finished fourth in the state meet last year," said Brauman. "Everybody knew we were the team to beat this year. The boys

responded every time out. They won every meet we entered."

Concerning Blake's girls, it finally seems they have turned the corner. The eight-year Seminole track coach took a large contingent into the state meet and several of the youngsters — sophomore Sheila Crawford and freshmen Dorchelle Webster and Shownda Martin — gained valuable experience.

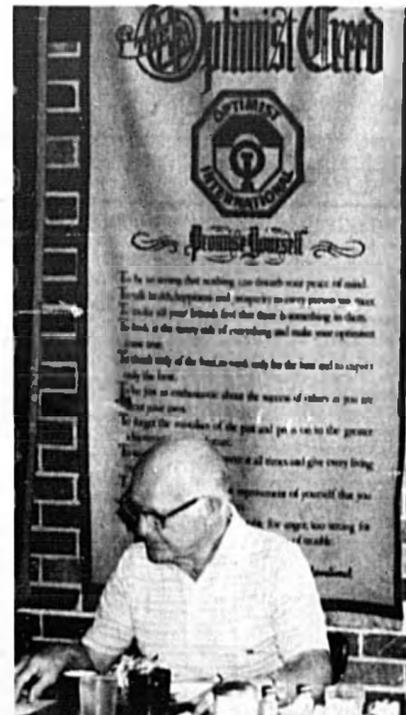
In the past, it seemed that Blake would go to the state meet with older competitors. Despite their senior status, it would be a first-time experience for most of them and they didn't fair very well.

Senior Trina Walker is an example to the evolution. She ran in the state meet as a sophomore and gained some confidence. Last year, he placed fourth in the 440-yard dash and gained some more. This year, the now optimistic senior finished third in the 440-yard dash and ran on two relay teams which became state champions.

Blake said his first track team had just five girls on it. A humbler beginning would be hard to imagine. "Everybody wanted to run Seminole then," he said. "They knew they could beat us. Somewhere down the line, we had to change their thinking."

The change of thinking has come about. The Lady Seminoles won most of their meets this year and their fourth-place state finish, plus the return of state 880-yard run champ Martin, Webster and Crawford, solidified them as one of the teams to beat next year.

It's an optimistic Blake that said, "I hope we can be right here next year with a state championship."



Ernie Butler, Optimist Club of Sanford president, goes over Tuesday's agenda.



Mike Pernfors smashes a backhand.

Pernfors Sparks Georgia To NCAA Title

By Sam Cook
Herald Sports Editor

ATHENS — Mike Pernfors sure knows how to make his old coach feel right at home. Pernfors, who matured as a tennis player under the expert tutelage of Sanford's Larry Castle at Seminole Community College, sparked the University of Georgia netters to the NCAA championship Tuesday with a 5-4 victory over UCLA.

"Mike was just awesome under pressure," said Castle who was among the 5,000 rabid Georgia fans who watched the finals. "He was the only player on Georgia's team that didn't lose a match."

For the Bulldogs, it marked their first ever NCAA championship. It was also the first time since 1959

Tennis

Beware: Poor Pros, 8A

that any school east of the Mississippi had won the tennis championship. Notre Dame and Tulane tied for title in '59.

"Georgia's title is a great, great thing for southern tennis," said Castle who coached Pernfors to a pair of national singles championships while he was at SCC two years ago.

Pernfors, who was the national No. 1 singles champion last year, can now achieve an incredible quadruple if he takes the No. 1

singles title next week.

Georgia whipped Harvard, 5-1, in its first test as Pernfors disposed of Larry Scot, 6-4, 6-3. Next up was Stanford and a chance at revenge for hard-hitting Swede, Dan Goldie, ranked No. 1 in the nation, had snapped Pernfors' win streak in March but the former SCC standout was bothered by a bad back at the time, according to Castle.

It was no contest, Pernfors, noting it may have been his best match ever, disposed of Goldie in 38 minutes by a pair of 6-1 counts. "We were all settled in for a nice, hard three-set match," said Castle. "But Mike just blew him away."

Pernfors and No. 1 doubles partner Allen Miller then came back to win the doubles and give the

Bulldogs a hard-earned 5-3 victory.

That win moved the Dawgs into the semifinals against favored USC. Pernfors overwhelmed Todd Witsken, 6-4, 6-1 and then teamed with Miller to stun Witsken and Jorge Lozano in the doubles play for a 5-4 victory.

"That doubles win was the key to the tournament," said Castle. "If they don't win that, it's all over because USC had three of the top 30 doubles teams in the nation and Georgia's No. 2 and No. 3 teams are weak."

The win over USC set up Tuesday's showdown with UCLA. Georgia, behind Pernfors 6-3, 6-3 victory over Michael Kures, didn't need the doubles play as it cruised to a 5-1 victory.

BASEBALL ROUNDUP

STANDINGS

NATIONAL LEAGUE					AMERICAN LEAGUE				
East					East				
Team	W	L	Pct.	GB	Team	W	L	Pct.	GB
New York	23	12	.657	—	Toronto	23	14	.622	—
Chicago	21	14	.600	2	Baltimore	21	15	.583	1½
Atlanta	22	16	.579	2½	Detroit	20	16	.556	2½
St. Louis	18	18	.500	6	New York	19	16	.543	3
Philadelphia	15	22	.405	9	Boston	17	20	.459	6
Pittsburgh	13	24	.353	11½	Milwaukee	14	21	.400	8
West					West				
San Diego	21	14	.600	—	California	22	15	.600	—
Cincinnati	21	17	.553	1½	Minnesota	21	17	.553	2
Houston	20	18	.526	2½	Chicago	19	16	.543	2½
Los Angeles	18	21	.462	5	Kansas City	19	18	.514	3½
Atlanta	16	21	.432	6	Oakland	18	19	.486	4½
San Francisco	14	23	.378	8	Seattle	16	21	.432	6½
Monday's Results					Monday's Results				
Montreal 9, Los Angeles 1	Chicago 6, Cincinnati 1	San Diego 2, New York 0	Pittsburgh 3, Houston 1	Philadelphia 2, San Francisco 1	St. Louis 16, Atlanta 0	Toronto 6, Chicago 3	Cleveland 6, Milwaukee 4	Boston 9, Minnesota 1	Kansas City 5, Texas 0
Tuesday's Results (All Times EDT)					Tuesday's Results (All Times EDT)				
Cincinnati 5, Chicago 2	Montreal 6, Los Angeles 1	Philadelphia 6, San Francisco 3	Pittsburgh 3, Houston 2	St. Louis 6, Atlanta 3	San Diego at New York, p.p.d. rain	Atlanta at St. Louis	Cincinnati at Chicago	Los Angeles at Montreal, night	San Diego at New York, night
Wednesday's Games					Wednesday's Games				
Milwaukee at Cleveland, night					Chicago at Toronto, night				
Boston at Minnesota, night					Kansas City at Texas, night				
New York at Seattle, night					Baltimore at Oakland, night				
Detroit at California, night									

Parker Doubles Up Cubs

N.L. Baseball

CHICAGO — Manager Pete Rose said recently that Dave Parker is as valuable to the Cincinnati Reds as Dale Murphy is to the Atlanta Braves. Parker continued to carry the load for the surprising Reds Tuesday as he delivered a clutch double to spark Cincinnati past Chicago, 5-2, at Wrigley Field.

The Reds' win inched them one-half game closer to N.L. West leader San Diego. The Padres, who were rained out against the Mets Tuesday, led the Reds by 1½ games.

"I was looking for something over the plate to hit hard," said Parker. "It was a little high, but I had already committed myself."

Parker's double drove in pinch hitter Eddie Milner who had walked to open the inning. It snapped a 2-2 deadlock in the eighth inning. It also pushed his hitting streak to 13 games, the second 13-game streak of '85 for the former Pirate slugger.

Parker, who joined the Reds

last year after a stormy career in Pittsburgh, said his good health and peace of mind are the main factors in the turnaround.

"I'm healthy," he said. "I'm thinking about baseball solely and I've become comfortable as a Red. The nagging injuries have all healed and I'm swinging the bat well."

Parker is hitting .345 with seven homers and 30 RBI.

Elsewhere in the N.L. Tuesday, the Expos trimmed the Dodgers, 6-1, the Pirates topped the Astros, 3-2, the Cardinals tripped the Braves, 6-3, the Phillies nipped the Giants, 6-5.

At Montreal, Tim Lincecum drove in three runs with a homer and a sacrifice fly while winning pitcher Bill Gullickson (15-4) added a two-run double. Gullickson allowed five hits before giving way to Jeff Reardon

who posted his ninth save. Tim Lincecum was hitless in four at-bats.

At Pittsburgh, Rick Reuschel, recently activated by the Pirates, combined with John Candelaria on a five-hitter to lift the Pirates. Reuschel (1-0) gave up just three hits and struck out one over 7½ innings. He was signed as a free agent in February and has been toiling at the Pirates' AAA farmclub in Hawaii. Candelaria finished up for his sixth save. George Hendrick and Tony Pena ripped RBI singles.

At St. Louis, the Cardinals overcame two tape-measure homers by Bob Horner to trip the Braves. Horner ripped a second-inning solo blast deep into the left field bleachers. His two-run, sixth-inning shot bounced off the scoreboard in deep left field. Vince Coleman, the Cards' exciting rookie outfielder, legged out an inside-the-park homer and Tommy Herr lined a bases-loaded, two-run



Dave Parker had the key hits as the Reds topped the Cubs Tuesday.

single in the seventh to ice the win. Len Barker (1-4) was the loser and Danny Cox (4-1) picked up the win thanks to a strong relief effort from Rick Horton.

SPORTS

IN BRIEF

Taylor Drives Home 5 Runs As Sun Bank Captures 13th

Derrick Taylor was 3 for 4 and drove in five runs Tuesday as Sun Bank ran its unbeaten string to 13 with a 14-5 thumping of Medco Pharmacy in Sanford Little American League action at Fort Mellon Park.

Taylor roped an RBI triple to highlight a three-run first inning, the socked a two-run homer in the second and a two-run triple in the fifth. Lorenzo Polk added two hits for Sun Bank, which had six hits in the game.

Medco managed only four hits off a pair of Sun Bank pitchers. James Jackson was the winner with relief help from Al Perkins. Albert Anderson had two of the four hits for Medco while Adaryal Jones ripped a two-run triple.

In Pee Wee League action Tuesday at Chase Park, Butch's Chevron managed to pull out a 10-8 victory over McRobert's Tires without the benefit of a hit. Thirteen walks and three hit batsmen enabled Butch's to claim the win.

McRobert's had two hits in the game off winning pitcher Clifton Branch including solo home runs by Craig Merkerson and David Styndle.

In Tuesday's second game at Chase Park, Jamie King tossed a three-hitter and displayed excellent control as Adecock Roofing rolled past Kokomo Tools, 10-2.

King walked six in the game, which is few for a Pee Wee League contest. He also struck out eight. Andrey Rawling had both of the hits for Adecock Roofing including a double and a triple. Adecock took advantage of its speed on the basepaths as it swiped 23 bases in the four-inning game. Quint Hunt led the way with six steals.

Flyers' Defense Stymies Oilers

PHILADELPHIA — Philadelphia's Flyers, who allowed just 34 goals in the National Hockey League playoffs, continued their stellar defensive showing Tuesday night to claim a 4-1 victory over the Edmonton Oilers.

Defending Stanley Cup champion Edmonton, which was averaging six goals a game, was forechecked all over the ice by the aggressive Flyers who took a 1-0 lead in the best-of-seven series. Play resumes Thursday at the Spectrum.

Philadelphia outshot the Oilers, 41-26, and held Wayne Gretzky scoreless. Ron Sutter and Tim Kerr scored a minute apart in the third period. The victory gave the Flyers an 8-0-1 record against the Oilers in their last nine meetings.

"Forechecking was the key," said Flyer right wing Ikka Sinisalo. "They didn't have much room to skate. I think we played so good defensively that they had trouble." Sinisalo scored on a second rebound in the first period for a 1-0 lead before Sutter, who shackled Gretzky effectively all night, and Kerr added their third-period goals. Dave Poulin scored an empty-net goal with 21 seconds left.

Rotary Holds Off Kiwanis, 10-9

Rotary built up a 10-1 lead in the bottom of the fourth Tuesday, then held off a late Kiwanis rally in the fourth for a 10-9 victory in Sanford Laasie League softball action at Fort Mellon Field.

Rotary broke open a close game with four runs in the third and then added three more runs in the fourth. Key hits in the third included Kim Toner's RBI triple and Natasha Beasley's run-scoring single. In the fourth, Toner ripped a two-run double and Beasley followed with another double.

Kiwanis, down, 10-1, came back with eight runs in the bottom of the fourth but couldn't tie it. Catrell Barfield's three-run homer was the big hit in the inning.

Kiwanis had a chance to win as it had the bases loaded with two outs but Latoya Barrett grounded out to Caroline Freney for the final out.

Thiebauth Is Lake Howell's MVP

The Lake Howell High softball team, which compiled a 20-7 record this past season, had its awards banquet at the Casselberry Senior Citizens Center.

Senior outfielder Eileen Thiebauth, who led Seminole County in hitting with a .533 average, was named the Most Valuable Player. Thiebauth also tied for the lead in runs batted in with 32.

The Most Improved award went to junior pitcher Christy Tibbitts who pitched all 27 games for the Lady Hawks and also carried a .326 batting average.

The Coach's Achievement award was presented to senior second baseman Sandy Gillies. Gillies was fourth in the county in hitting with a .474 average. She will continue her softball career at Winthrop (South Carolina) College.

Altamonte Sets Tennis Tourney

The Altamonte Springs Recreation Department will be hosting a men's and women's singles tennis tournament June 14-16.

There will be an advanced division and a beginner division with first round consolation in each division. Play will be at Westmonte and Eastmonte Recreation Centers.

For more information contact Claude Winter at 862-0090.

SCOREBOARD

TV/RADIO

Time	Network	Game
7:30 p.m.	ESPN (HBA)	Drag Racing
8:30 p.m.	ESPN	Superstars 100
9:30 p.m.	ESPN	SCCA Superstars
10:30 p.m.	ESPN	USAC Superstars
11:30 p.m.	ESPN	USA Football Classic
12:30 p.m.	ESPN	NBA Playoffs, Eastern Conference Final, Philadelphia 76ers at Boston Celtics (1)
1:30 p.m.	ESPN	NBA Playoffs, Western Conference Final, Denver Nuggets at Los Angeles Lakers (1)
2:30 p.m.	ESPN	NBA Playoffs, Eastern Conference Final, Philadelphia 76ers at Boston Celtics (2)
3:30 p.m.	ESPN	NBA Playoffs, Western Conference Final, Denver Nuggets at Los Angeles Lakers (2)
4:30 p.m.	ESPN	NBA Playoffs, Eastern Conference Final, Philadelphia 76ers at Boston Celtics (3)
5:30 p.m.	ESPN	NBA Playoffs, Western Conference Final, Denver Nuggets at Los Angeles Lakers (3)
6:30 p.m.	ESPN	NBA Playoffs, Eastern Conference Final, Philadelphia 76ers at Boston Celtics (4)
7:30 p.m.	ESPN	NBA Playoffs, Western Conference Final, Denver Nuggets at Los Angeles Lakers (4)
8:30 p.m.	ESPN	NBA Playoffs, Eastern Conference Final, Philadelphia 76ers at Boston Celtics (5)
9:30 p.m.	ESPN	NBA Playoffs, Western Conference Final, Denver Nuggets at Los Angeles Lakers (5)
10:30 p.m.	ESPN	NBA Playoffs, Eastern Conference Final, Philadelphia 76ers at Boston Celtics (6)
11:30 p.m.	ESPN	NBA Playoffs, Western Conference Final, Denver Nuggets at Los Angeles Lakers (6)

DOGS

Time	Network	Game
12:30 p.m.	ESPN	NBA Playoffs, Eastern Conference Final, Philadelphia 76ers at Boston Celtics (7)
1:30 p.m.	ESPN	NBA Playoffs, Western Conference Final, Denver Nuggets at Los Angeles Lakers (7)
2:30 p.m.	ESPN	NBA Playoffs, Eastern Conference Final, Philadelphia 76ers at Boston Celtics (8)
3:30 p.m.	ESPN	NBA Playoffs, Western Conference Final, Denver Nuggets at Los Angeles Lakers (8)
4:30 p.m.	ESPN	NBA Playoffs, Eastern Conference Final, Philadelphia 76ers at Boston Celtics (9)
5:30 p.m.	ESPN	NBA Playoffs, Western Conference Final, Denver Nuggets at Los Angeles Lakers (9)
6:30 p.m.	ESPN	NBA Playoffs, Eastern Conference Final, Philadelphia 76ers at Boston Celtics (10)
7:30 p.m.	ESPN	NBA Playoffs, Western Conference Final, Denver Nuggets at Los Angeles Lakers (10)
8:30 p.m.	ESPN	NBA Playoffs, Eastern Conference Final, Philadelphia 76ers at Boston Celtics (11)
9:30 p.m.	ESPN	NBA Playoffs, Western Conference Final, Denver Nuggets at Los Angeles Lakers (11)
10:30 p.m.	ESPN	NBA Playoffs, Eastern Conference Final, Philadelphia 76ers at Boston Celtics (12)
11:30 p.m.	ESPN	NBA Playoffs, Western Conference Final, Denver Nuggets at Los Angeles Lakers (12)

Rangers' Change At Helm Can't Help Hapless Team

A.L. Baseball

ARLINGTON — Whether it's Doug Rader or Bobby Valentine at the helm for the Texas Rangers, the product doesn't seem to get any better.

Bud Black proved that Tuesday night as he twirled a three-hitter and the Kansas City Royals blanked the hapless Rangers, 5-0.

The loss was the 26th against just 11 wins for Texas, which fired Rader last week and replaced him with Valentine, formerly the New York Mets' third base coach. The .297 winning percentage is easily the worst in the league. Texas trails California by 11 games as the season nears the one-quarter point.

While Black (4-3) kept the Ranger bats in check, George Brett provided the offense with a pair of two-run homers. Brett socked his first homer in the opening inning for a 2-0 lead.

Jim Sundberg rapped a solo shot in the fifth and Brett capped his four-RBI performance with another two-run blast in the eighth inning.

Frank Tanana lost his fifth against no wins. The Texas left-hander allowed just five hits and struck out four in eight innings.

In other A.L. action, the Blue Jays nipped the White Sox, 4-3, the Indians topped the Brewers, 6-4, the Red Sox walloped the Twins, 9-1, the Yankees clobbered the Mariners, 11-1, the

Angels trimmed the Tigers, 2-1, in 11 innings and the A's slipped past the Orioles, 3-2, in 12 innings.

At Minneapolis, Marty Barrett drove in three runs while Tony Armas and Dwight Evans slugged homers to break out of prolonged batting slumps to propel the Red Sox past the Twins. The Sox drilled four Twin hurlers for 16 hits. Bruce Kison (1-0), making his first start since he suffered a hamstring injury April 14, scattered seven hits over eight innings to earn the win.

At Toronto, Jeff Burroughs singled home George Bell with one out in the ninth inning to lift the Blue Jays past the Sox. Bell doubled to lead off the ninth and advanced to third on Jesse Barfield's fly ball. Burroughs followed with a single off Bob James (1-1) for the win. Gary Lavelle (1-0), who struck out two in one inning's work, was the winner.

At Cleveland, former Atlanta Brave Brook Jacoby socked a two-run homer to provide the difference as the Indians topped the Brewers. Jacoby's blast earned Bryan Clark (1-0) his first win. Clark relieved starter Keith Creel and allowed one run and four hits in three innings.

Altamonte Offers Shuffleboard

A mixed doubles shuffleboard league will be held at Westmonte Park in Altamonte Springs beginning May 22. The league will be held Wednesday and Friday evenings beginning at 7.

The competition will be held under the new lighted courts at Westmonte Park with all equipment and team pairings provided.

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Beware: Poor Teaching Pros Net Beginners

Finding a good teaching pro, not an easy task.

You may be just starting into tennis or perhaps you have been in the game for years. It doesn't really matter. Tennis lessons will become a necessity somewhere along the way if you want to become a really good player.

A series of good tennis lessons can really get you off to a good start if you are a beginner or can move you along or improve some parts of your game if you are an intermediate player. Even advanced players often go to their favorite coach or pro for some sort of problem in their game. Often just a few observations from the keen eye of a good pro can take care of a faulty stroke or some other problem that you may be having.

For sure it is almost impossible to ever reach a very high level in tennis without having some formal instructions.

The problem is having to find the right teaching pro for you, one that you are sure will be able and willing to help your game and give you your money's worth in the lessons.

There are many, many scores of pros in the Orlando area. They teach at clubs, private courts, high school courts, apartments, actually just about any place they can find. It's unfortunate that the beginning tennis player gets "ripped off" many times by signing up for lessons from a "pro" who is either not experienced enough, or is too lazy to really do the job with you.

To begin with, teaching a private lesson — when done correctly — is very hard work for the teacher. Some find a lot of shortcuts and skip on their effort and the student, who has paid good money and often a lot of money, comes out on the short end.

What is a teaching "pro?" Well, actually anyone who wants to can go out and drum up some tennis lessons. Even average to below average players may look like great players to someone who has just started into the game.

I have known many people who have given lessons for \$10 to \$15 per lesson and did not even know the proper grips or even proper terminology. Often you find people giving tennis lessons and making quite good money at it. When in reality they are poor players and are teaching their students wrong techniques, etc.

These people simply get a good tan, a couple of nice rackets, a sharp tennis outfit, nice white teeth and a big smile and pronounce themselves "tennis pro."

One man in Atlanta (an ex-pro football player) made \$85,000 last year and knows practically nothing about the game. He teaches the baseball grip and inside out serve. Can you imagine that?

If you are going to look for someone to give you lessons, the following are some guidelines to go by.

- Have you talked with people who have taken lessons from him?
- Have you watched him give a lesson?
- Have you ever seen him play?
- Does he seem enthusiastic, does he work his student?
- Is he a member of one of the pro teaching organizations (this in itself does not necessarily make him a good pro)
- Is he always on time and eager to get started?
- Are his rates reasonable? (usually between \$10-\$20 for one hour; anything less than an hour is simply not enough time



Larry Castle
HERALD TENNIS WRITER

for a good lesson!

• Above all: Are his methods sound? (if you don't know ask someone who would know)

There are many excellent pros in this area. These are also many who are average and several who are poor. You can find the right one for you or your family with a little work.

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PEOPLE

Evening Herald, Sanford, Fl. Wednesday, May 22, 1985-1B

Cook Of The Week Old World Recipes Pleasing To Palates

By Dorothy Greene
Herald Correspondent

"God Bless America!" is a phrase that describes the sentiments of our Cook of the Week about our country, and her experience as a refugee reinforce those feelings every day.

Elizabeth Kopetti of Sanford is a cook whose traditional "old country" recipes continue to please the palates of family and friends. "I love to cook," says Elizabeth. "My mother was such a good cook. I used to watch her when I was young and sometimes I would take her last egg so I could make my own dough. I was so proud that I had made my own dough."

Born in Budapest, Hungary, Elizabeth's family moved to Baja (pronounced Boya) where she was raised. "It was wonderful then," says Elizabeth. "I want to remember that Hungary the way it was, not the way it is now. Everybody went to church. I was practically raised in church, but things are different there now. I want to tell everybody that they should appreciate the freedom they have in this country. If only people knew what life was like in other countries, they would be so thankful for what they have in America, like I am."

Elizabeth is the oldest of six children, but recalls, "I was an only child for 14 years. My parents didn't think they could have any more children, so I was treated like a Dresden doll. My mother wouldn't let me do anything for fear that something would happen to me. But then four brothers and a sister came along and we had a good family life."

The war in Europe was raging when Elizabeth met Kalman Kopetti in 1942 and two weeks later he went into the Army. After a 4-year courtship they were married in 1946. Elizabeth and Kalman have a daughter, Eva, and a son, Lazlo, who were both born in Hungary.

During the turmoil of the Hungarian Revolution in 1956, Elizabeth says, "We always listened to Radio Free Europe. Everyone did. We knew things weren't going to change. We had lost everything — it's hard to explain all we went through. The American government arranged for our freedom, and so we came to this country and settled in St. Louis in 1957."

"My husband and I both worked at Washington University in St. Louis for 18 years before coming to Florida," says Elizabeth. A dream come true for the Kopettis is the opportunity to live in a free country, and to educate their children in the best way possible. As a result, their son, who still lives in St. Louis, is a computer technician for the Monsanto Company, and their daughter is a receptionist



Herald Photo by Rob Peery

Elizabeth Kopetti serves cake.

at the J.C. Penney computer center locally. Five beautiful grandchildren round out the family circle. "I couldn't ask for anything more," says Elizabeth. "I have a comfortable home and a wonderful family. I am thankful that my children grew up with good sense and good health."

Elizabeth loves to embroider and crochet. "I love to be doing something all the time," says Elizabeth. "I can remember when we were in a refugee camp in Yugoslavia for 10 months waiting to be transported to freedom and I wanted so much to be doing something that I sold my winter coat to buy the thread I needed to crochet."

Kalman contributes his efforts to Elizabeth's embroidery by drawing the intricate floral designs for the lovely pillows, scarves and tablecloths she has made. Crocheted dollies, some of which were made while in the refugee camp, are decoratively placed throughout the Kopetti home to give a familiar "old world charm" to their lives.

Elizabeth enjoys working in her flower garden and spends many pleasant hours there. A small garden with Hungarian peppers and tomatoes is a favorite pastime for Elizabeth. "I love to grow Hungarian peppers," says Elizabeth. "They are like a green pepper, only the taste is better. I use them a lot in my cooking."

When the grandchildren visit, Elizabeth is sure to make all the traditional favorites, like Strudel, Chicken Paprikas and stuffed pork loin. Below are some selected Hungarian recipes for all to enjoy.

CHICKEN PAPRIKAS WITH SOUR CREAM

1 frying chicken
1 medium onion
2 oz. shortening
1 tablespoon flour
1 cup sour cream
Salt to taste
Sweet red Hungarian paprika
Cut chicken into frying pieces. Dice onion and brown in shortening, add chicken parts. Season with salt and paprika. Cover and steam until the moisture has been absorbed. Add less than 1 cup of water, cover again, and cook until meat is tender. Remove chicken parts. To the cooking juices, add 1/2 cup water, sour cream, and sprinkle in the flour. Bring to a boil, stirring until smooth. Serve this gravy over chicken pieces with dumplings. (You may add 1 chopped green pepper and a diced tomato while cooking, if you like.) Serves 4 to 6.

DUMPLINGS

3 eggs
3 cups flour
3 tablespoons shortening
Salt
Blend the whole eggs with 1 tablespoon shortening. Slowly mix in the flour and add enough water to make a soft dough. In the meantime, bring to a boil a large pot of salted water. When boiling, add a teaspoonful of dough at a time. Cook until dumplings rise to the top of the water. Remove dumplings with a slotted spoon and keep warm until ready to serve.

STUFFED PORK LOIN

5 lbs. boneless pork loin
Smoked sausage
1 tablespoon shortening
1 clove garlic
Hungarian red paprika

Salt
Dust meat with salt and let set for several hours. With a sharp narrow knife pierce the meat all the way through. Insert a piece of smoked sausage in the opening. Put shortening and garlic in roasting pan and heat until shortening melts. Add meat and 1/4 cup of water. Roast in 350° oven for 1 1/2 hours, basting occasionally with its own juices. When meat is done, slice into chops and serve with remaining cooking juices. Serves 6 to 8.

HOT CABBAGE SALAD

2 lb. head of white or red cabbage
2 tablespoons shortening
1 medium onion, finely diced
Vinegar
Salt
Sugar
Shred or slice thinly the head of cabbage. Add 1 tablespoon salt and let stand in bowl for 15 minutes. Melt shortening in pan and add the finely diced onion. Cook until golden brown. Squeeze water from cabbage and add cabbage to pan with onions. Cover and cook for 10-15 minutes. When cabbage is half done, add vinegar to taste and continue cooking until all moisture is absorbed. Add sugar to taste. Serves 6.

STRUDEL

1 pkg. filo apollo strudel leaves (frozen food dept.)
1/2 lb. sweet butter
4 oz. bread crumbs
Filling:
5 lbs. grated apples, sugar to taste and lemon juice
Or:
32 oz. cottage cheese, 2 egg yolks, 1/2 stick of butter, and the juice of one lemon. Squeeze the juice from apples, add sugar and cook for 10-15 minutes. Cool and add 1 tsp. cinnamon.
If cheese filling, combine all the ingredients and blend together.

Strudel:

Place a large white cloth on table. Let the strudel leaves thaw out. Take one sheet at a time, brush with melted sweet butter, sprinkle very lightly with bread crumbs. Repeat until you have 5 sheets piled on one another. Gently spread the filling on the top third of the strudel dough. Take the edge of the cloth and gently lift up and the dough and filling will roll up into a roulade shape. Cut according to size of your pan and press ends together. Butter the pan and brush top of strudel with melted butter. Bake in pre-heated 375° oven until golden brown. Slice and serve warm.

DRUM TORTE

7 eggs
1 cup sugar
1 cup flour
Separate eggs, beat the whites
See COOK. 2B

Search Is On For Outstanding Dad

June 16 is Father's Day. We at *The Herald* are searching for the annual "Outstanding Dad" in the community, but we need the help of readers to find this special man.

The Outstanding Dad and runners-up will be selected from letters of nomination. To make sure your favorite dad gets the proper recognition, follow the simple instructions. First, write your full name, full address, including city and state, and your telephone number at the top of the page. Un-

derneath, add the name, full address and telephone number of the dad you are nominating. Then begin your letter telling us in your own words why this dad is so outstanding. Please type or clearly print your letter.

Submit letters of nomination to PEOPLE Editor Doris Dietrich, P.O. Box 1657 (300 N. French Ave.), Sanford 32771, no later than noon, Thursday, May 30, the deadline for judging. Winners will be announced in *The Herald* on Father's Day.

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Rummage And Bake Sale

Casselberry Police Benevolent Association will sponsor a rummage and bake sale at the Casselberry Senior Center, 200 N. Lake Triplet Drive, Casselberry, on Saturday, May 25, from 10 a.m. to 5 p.m.

Featuring will include exhibits by the Casselberry Fire and Police Departments, K-9 demonstrations, fingerprinting

children, free balloons for all children, Georgio the Clown, a dunking booth and refreshments.

Anyone wishing to make a tax-deductible donation of rummage or baked items, contact Gloria Simmons, 831-3551, ext. 245 before 5 p.m., or Capt. Dave Guildford, 831-3551, ext. 278, after 5 p.m.

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PRIZES FOR ALL REGULAR GAMES 1 THRU 9 WILL BE \$50.00 EACH & ONE \$250.00 BONANZA WILL BE GIVEN AWAY.

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KIWANIS CLUB OF CASSELBERRY

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Mom Wants Favor: A Prom Photo Of Son And Date

DEAR ABBY: Now that prom season is upon us, I have a favor to ask. Our son has been to three proms. Each time he has rented a limo, bought the girl a corsage and paid for the tickets plus dinner before the dance. Each limo has cost him between \$100 and \$125. Our son has told me that when he picks up his date, her parents are waiting with a camera to take a picture of him and the daughter. The limo then has a picture for her to keep. We have a camera, but we have no money. We don't even know what the girl looks like!



Dear Abby

Will you please ask the parents of these girls to please send a picture to the boy who spent so much money on their daughter. Even if the date turned out to be a disaster, the boy (or his parents) may want the photo as

a souvenir.

LEFT OUT IN VENTURA, CALIF.
DEAR LEFT OUT: Here's our letter. I hope something develops.

DEAR ABBY: My husband is a trucker and he has been made across the country. Police of Berkeley, Calif., which he needs for his work, are not under entertainment.

He told me there is a house in Berkeley, Calif., which is watched in the back and side adventures, called by the name of the picture that also (Wanda) I

know her, and he would like to see her himself just to find out what she looks like. Just our love, he says. Now I'm worried that he has to go through Nevada.

Is that kind of thing against the law? This is my wife, Abby.

TRUCKER'S WIFE
DEAR WIFE: Soliciting in any part of Nevada is legal, but I don't know if the law is to be used for this purpose.

It might be a show on the road that is unusual. But make it a show about it. If he doesn't stop trucking when he starts to work, his marriage may suffer a blowout.

DEAR ABBY: I have had this friend for many years. We go out together — her husband and mine — and we even take trips together. I guess you could call us younger senior citizens.

Molly is a lady of good breeding and good manners, but she does something that is rude, crude and downright uncalled for. No matter if we're dining at someone's home or at a dinner at a restaurant, after she has finished her meal, Molly takes a

piece out of her purse and blows her nose at the table. And I mean she has a real blow-out! She does this every time without fail.

I asked her about one of these blowouts, but she had sinus trouble. She just said, 'No, it wasn't she doing it, the limit because she still does it!'

In nearly 1960, Molly's kind-hearted and a wonderful friend, but this one habit drove me and my husband up a wall.

If you print this, you will have to be a friend of hers.

ABSOLUTELY ANONYMOUS
DEAR ANONYMOUS: Hello

...Cook

Continued From 1B

1. In a 1 1/2-cup measuring cup, when you add the rest of the sugar and beat until shiny and stiff. Beat yolks separately and add sugar gradually, a little at a time. Then fold into beaten egg whites. Butter and flour two 13 x 9-inch baking pans. Pour mixture into each pan for thin layers.

Filling
1/2 cup butter, whipped
1/2 cup 10X Cocoa
1/2 cup Baker's dark chocolate
1/2 cup nuts

Blend ingredients and spread between layers and on sides of cake.

Topping
1/2 cup brown sugar
1/2 cup 10X Cocoa
1/2 cup nuts
1/2 cup butter
1/2 cup flour
1/2 cup sugar
1/2 cup cocoa
1/2 cup nuts

HUNGARIAN CHOCOLATE CAKE

1/2 cup flour
1/2 cup ground almonds or hazelnuts
1/2 cup brown sugar
1/2 cup cocoa
1/2 cup nuts

Filling
1/2 cup heavy whipping cream
1/2 cup 10X Cocoa
1/2 cup brown sugar
1/2 cup cocoa
1/2 cup nuts

Glaze
1/2 cup chocolate
1/2 cup butter

1. Preheat oven to 350 degrees. In a bowl, put egg whites in a cup and yolks in a cup. Whip the whites until stiff. Add 1/2 cup brown sugar at a time until they slowly add the 1/2 cup flour and cocoa. Bake at 350 until cake comes out clean. Remove from pan and let cool. Then turn upside down and cut into two layers. The top layer is to be covered with the glaze of melted chocolate and cocoa. When dry, cut the glazed layer into 20 square pieces. Filling for bottom layer: In a bowl, whip the cream and add brown sugar, cocoa and a few drops of vanilla. Use a spatula and mixers, do not beat. Spread this filling on the bottom layer evenly. Place top layer on and cut the 20 square pieces through with a sharp knife.

Chocolate Shortcake

CHOCOLATE STRAWBERRY SHORTCAKE

1/2 cup flour
1/2 cup sugar
1/2 cup cocoa
1/2 teaspoon baking powder
1/2 teaspoon baking soda
1/2 cup milk
1/2 cup orange juice
1/2 cup milk
2 pints strawberries, sliced
1/2 cup sugar
1 1/2 12-oz. containers 1 1/2 cups whipped topping with real cream flavored
1/2 cup tablespoons chocolate top

Combine dry ingredients, cut in margarine until mixture resembles coarse crumbs. Add milk, mixing just until moistened. Spread batter evenly into two greased 9-inch layer pans. Bake at 300° 15 minutes.

Remove cakes from pans. Cool 10 minutes, remove from pans and

Combine strawberries and sugar, let stand 10 minutes. Cover bottom shortcake layer with half of strawberry mixture and half of whipped topping. Top with second shortcake layer, remaining strawberry mixture and whipped topping. Drizzle with chocolate topping.

Cuts into 12 servings.

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Microwave Magic

'From Scratch' Baked Beans Go To Picnic

This time of the year we do more outdoor entertaining. You may also be invited to picnics or barbecues and ask to bring a dish. Use your microwave for quick, easy preparation. Remember too that cold foods must be kept cold and hot foods hot for safety.

Wrapping the dishes in foil newspaper and using styrofoam dishes chests will help avoid bacteria growth.

What picnic would be complete without baked beans?

"FROM SCRATCH" BAKED BEANS

- 1 pound navy beans
- 3 cups hot water
- 1 teaspoon salt
- 2 teaspoon soda
- 8 slices bacon
- 1 cup catsup
- 2 cups chopped onion

Midge Mycoff

Home Economist
Seminole Community College



1/2 cup dark molasses
1/2 cup brown sugar
1/2 teaspoon dry mustard
1/2 teaspoon pepper
Soak beans overnight. Sort and rinse and drain. Combine with hot water, salt and soda in a 4 quart casserole. Cover with lid. Microwave at 100% power for 20-25 minutes or until mixture boils. Reduce power to 50% and microwave 30-60 minutes or until tender, stirring once or twice. Set aside, leaving covered. Place bacon on

microwave safe meat rack. Cover with paper towel. Microwave at 100% power 6-7 minutes or until crisp. Set aside. Add catsup, onion, molasses, brown sugar, mustard and pepper to beans. Crumble bacon and add. Cover. Microwave at 50% power 30-60 minutes or until thickened and brown.
Makes 8 servings. These beans freeze and reheat well.

A good take along sandwich idea that you make ahead of time is this barbecue beef.

BARBECUE BEEF BRISKET

- 1 medium onion, chopped
- 1 cup catsup
- 1/2 tablespoon brown sugar
- 1/2 tablespoon Worcestershire sauce

1/2 tablespoon vinegar
1/2 tablespoon lemon juice
1/2 teaspoon celery seed
2 pounds beef brisket
16 hamburger buns, split
Combine onion, catsup, brown sugar, Worcestershire, vinegar, lemon juice and celery seed in an oven cooking bag. Mix well. Add meat. Secure with string. Place bag in a 12x8 inch microwave safe baking dish. Cut several slits in bag. Microwave on 100% power 60 minutes or until boiling. Reduce to 50% power (MED). Microwave 30-60 minutes or until meat is tender. Let stand 1 hour. Remove beef from sauce. Cut diagonally into 1/2 inch slices. Refrigerate for several hours or overnight. Microwave at 100% power the meat in the bag for 30 minutes or until hot. To serve, spoon mixture onto a hamburger bun.

Use a string to secure the bag. NO! a twist in that comes with the bags. They are not microwave safe.

This is a favorite slaw that is especially good served with barbecue.

EVER READY COLESLAW

- 2 cup oil
- 1 cup sugar
- 1 cup cider vinegar
- 1 teaspoon mustard seeds
- 1/2 teaspoon celery seeds
- 1/2 teaspoon turmeric
- 1/2 teaspoon salt

Place the above in a 4 quart butter bowl and microwave at 100% power for 3-4 minutes or until the mixture boils. Cool and pour over the following vegetables.

- 1 medium cabbage, chopped
- 1 medium green pepper, chopped
- 1 medium onion, chopped
- 1 small parsnip, chopped
- 1 chili and serve.

A pound cake carries well to picnics and backyard barbecues. You will need a 1 1/2 cup microwave bundt or cake ring for this recipe.

FRESH APPLE POUND CAKE

- 1 1/2 cups cooking oil
- 2 cups sugar
- 3 eggs
- 3 cups flour
- 1/2 teaspoon salt
- 1/2 teaspoon baking soda
- 2 teaspoons vanilla extract
- 3 large apples, peeled and grated
- 1 cup finely chopped pecans

Combine oil, sugar and eggs, beat at medium speed for 3 minutes. Add combined flour, salt, soda and vanilla. Fold in apples and pecans. Microwave in a greased and floured 12 cup ring cake dish. Microwave at 50% power (MED) for 12 minutes and 100% power 1-8 minutes. Let stand covered with wax paper on countertop 10 minutes. Invert and glaze.

Glaze:

Combine 3/4 cup butter and 1 1/2 cups light brown sugar in a deep bowl (Butter bowl). Microwave on MED (HIGH 70%) power until mixture begins to boil. Add 1/2 cup evaporated milk and continue to microwave on 70% power until mixture boils again. Cook until thickened. Add 2 teaspoons vanilla. Cool and spread on cake.

Confections Crown Cake

Perhaps no two people are more deserving of praise than Mom and Dad.

With Mother's Day behind us and Father's Day coming up, sons and daughters and husbands and wives find themselves scrambling for ways to express their appreciation. Often the end result is dinner in a crowded restaurant.

Instead, let this be the year to honor parents with the pomp and circumstance of royalty.

Children and spouses now can enjoy creating this modern day cake for both moms and dads alike because it's the candy that helps make the gift unique to each parent.

The gift of candy is a well established holiday tradition. Therefore, this candy decorated cake is sure to make any day a crowning event.

CROWN CAKE

- 1 package (1 pound 2 1/2 ounces) yellow cake mix
- 1 can (1 pound) creamy white frosting

Assorted candies, for example gum drops, chocolate mints, chocolate pieces, jelly beans, licorice whips, string licorice and hard candies.

Prepare cake mix according to package directions. Spread batter in a greased and floured 13x9x2 inch baking pan. Bake according to package directions. Cool. Remove from pan. Make a paper pattern in the shape of a 5 pointed crown. Lay pattern on cake and cut cake into crown shape. (Use leftover pieces in other desserts.) Tint frosting with food coloring to a pastel color. Frost top and sides of cake. Decorate with candies. Yield: 14 to 16 servings.

Go-Togethers! AND YOU.

PRODUCE	
<p>U.S. NO. 1 WHITE POTATOES 10 LB BAG 99¢</p>	<p>FRESH SNO WHITE CAULIFLOWER JUMBO HEAD 99¢</p>
<p>FLORIDA JIM RED TOP WATERMELONS WHOLE MELONS, 10-13.99 19¢ LB</p>	<p>EXTRA FAMILY LARGE RED RIPE TOMATOES 49¢ LB</p>
<p>CALIFORNIA CELLO LARGE HEAD LETTUCE 59¢</p>	<p>FLORIDA FRESH GREEN PEANUTS 79¢ LB</p>
<p>FRESH JUNE PEACHES 12.89 FRESH FIA CHIEF CELLO CARROTS 5.12 .99</p>	<p>FRESH GREEN ONIONS 3 BUNCHES 1.00 FRESH OKRA 1.89</p>
<p>FRESH CELLO RADISHES 50Z PACK .19</p>	<p>FRESH SLAW or SALAD .69</p>

Rawson's Pantry Pride

PRICES EFFECTIVE THURSDAY, MAY 23 THRU WEDNESDAY, MAY 29, 1985. QUANTITY RIGHTS RESERVED.

HUGGIES DIAPERS
LARGE 33 COUNT, NEWBORN 66 COUNT, MEDIUM 48 COUNT OR EXTRA ABSORBENT 40 COUNT
\$8.49

ROYAL OAK CHARCOAL
OR ROYAL OAK CHARCOAL PLUS WITH MESQUITE
10 LB BAG
\$2.49

KRAFT BAR-B-QUE SAUCE
REGULAR MEDIUM SAUCE
18 OZ BOTTLE
89¢

KRAFT DRESSINGS
FRENCH ITALIAN, 100 ISLAND OR CATALINA
18 OZ BTL
\$1.39

BUDWEISER BEER
REGULAR OR LIGHT
6 PACK 12 OZ CANS
\$2.39

<p>COCA COLA, DIET COKE, TAB, SPRITE, MR. PIBB or MELLO YELLO 8 PACK 12 OZ CAN \$2.09</p>	<p>KLEENEX FACIAL TISSUE WHITE OR ASSORTED 175 COUNT 89¢</p>	<p>FRITO LAY RUFFLES POTATO CHIPS REGULAR, BARBQUE, SOUR CREAM & ONION, BACON/SOUR CREAM OR CHEDDARSOUR CREAM YOUR CHOICE 6.5 OZ BAG 99¢</p>
<p>TOM'S GREAT AMERICAN PLAIN, PUFFED CORN CHEESE, RIPPLED OR HOME FRIES POTATO CHIPS 7 OZ .99</p>	<p>PEPPERIDGE FARMS DISTINCTIVE 1.25 OZ BRUSSELS, 7.25 OZ CHESSMAN OR PACKAGE MILANO COOKIES 6 OZ 1.39</p>	<p>TOASTED WHEAT, SESAME, RYE, ONION OR BUTTERCRISP KEEBLER CRACKERS 16 OZ 1.19</p>
<p>PEPPERIDGE FARMS CHEDDAR, ONION/GARLIC SEASONED, CHEESE & GARLIC OR SOUR CREAM & CHIVES CROUTONS 6 OZ .99</p>	<p>JUNE BOY SWEET RELISH 6 OZ .59</p>	<p>TOASTED WHEAT, SESAME, RYE, ONION OR BUTTERCRISP KEEBLER CRACKERS 9 OZ 1.19</p>

IN THE DELI/BAKERY STORES ONLY

<p>SOLID WHITE TURKEY BREAST HALF POUND \$1.99</p>	<p>FOR ALL JUNE BRIDES A GIFT FROM THE PANTRY BAKERY \$10.00 OFF ANY 3 TIER WEDDING CAKE GOOD FOR THE MONTH OF JUNE</p>	<p>FRESH BAKED LARGE KAISER ROLLS 6/79¢</p>
<p>HOMELAND HARD SALAMI HALF POUND 1.89</p>	<p>COUNTRY PRIDE FRESH FRIED CHICKEN 8 PCE SATCHEL \$2.99</p>	<p>FRESH BAKED PLAIN OR SEEDED RYE BREAD 16 OZ .79</p>
<p>STORE SLICED LIVER LOAF HALF POUND 1.39</p>	<p>WITH TWO VEG AND A ROLL SMOKED SAUSAGE DINNER \$1.99</p>	<p>FRESH BAKED CINNAMON BUNS PAN OF 5 1.19</p>
<p>MADE WITH CORNMEAT NEPTUNE SALAD HALF POUND 2.49</p>		<p>CHERRY CHOCOLATE BOSTON CREAM CAKE EACH 2.99</p>

SAVE 40¢ CASH JR.

25¢ OFF
BREYERS ICE CREAM

ALPO DOG FOOD
16 OZ CAN
39¢

BUDWEISER BEER
REGULAR OR LIGHT
6 PACK 12 OZ CANS
\$2.39

PRICES GOOD ONLY IN SEMINOLE COUNTY. DUE TO OUR LOW PRICES WE RESERVE THE RIGHT TO LIMIT QUANTITIES. WE ARE HELD TO THESE, NOT RESPONSIBLE FOR PHYSIOLOGICAL DEFENSE.

71—Help Wanted

AVON EARNINGS NOW!!! OPEN TERRITORIES NOW!!! 321-3535 or 323-9499

DELIVERY HELPERS no experience necessary. Full time. Good starting pay. 678-4300

GENERAL OFFICE TRAINEES Great starting job. Several openings. Good pay. 678-4300

TRUCK DRIVERS Long haul. Immediate. Good driving record. Over 25. 678-4300

LOCAL DRIVERS Straight trucks. Good pay. Start right away. 678-4300

RECEPTIONIST, OFFICE HELPERS, CLERKS, CRT OPERATORS. Immediate openings. Good pay scales. Call 678-4300 NOW!

WELDERS Certified. Excellent pay scales. Call today. 678-4300

PAINTERS & PAINTER HELPERS. Immediate openings. Good starting pay. Call today. 678-4300

DRYWALL With or without experience. Immediate openings. Good pay. Call to day. 678-4300

Waitress needed. Full & part time. ADULT & experienced with Italian Food. Carlo's Italian Restaurant. 1008 S. French Ave. Sanford. 323-7858

WANG OPERATOR Openings in Lake Mary. No fee. Call Abiest Temporary Services. 321-2940

WAREHOUSE ATTENTION men Shipping. Receiving. Able to lift 50 lbs. own transportation. \$4 an hr. Permanent positions. Never a fee!

TEMP PERM.....774-1348 We have jobs we need people! Career Finders, Inc. 1908 South French 321-1912

WORD PROCESSOR \$5.18 per hour. Immediate openings. Permanent positions. Never a fee!

TEMP PERM.....774-1348 We have jobs we need people! Career Finders, Inc. 1908 South French 321-1912

91—Apartments/House to Share Roommate. Female only to share country estate on lake. \$200 month. 322-3727

93—Rooms for Rent Christian Apts. & Homes TV kitchen. laundry. maid. \$55/wk up. 423-8610/423-8610

97—Apartments Furnished / Rent Furn. Apts. for Senior Citizens 318 Palmto Ave. J. Cowan. No Phone Calls

LUSH GARDEN SETTING 1 Bdrm. Furnished Apts. 2 Bdrm. Energy Efficient SINGLE STORY BUILT IN BOOKCASES ABUNDANT STORAGE SANFORD CT. APTS. 323-3306

99—Apartments Unfurnished / Rent BAMBOO COVE APTS. 300 E. Avenue 1 Blvd. PHONE 323-9436. 323-9401

SHENANDOAH VILLAGE APTS. FROM \$315 Rental Office 323-2920 4220 S. ORLANDO DRIVE SANFORD

99—Apartments Unfurnished / Rent

SAVE SAVE SAVE Root Now and Enjoy! This Limited Special Energy Efficient, 2 Bdrm. 1 Bath Apartment ONLY.....\$419.

321-1911 Orlando toll free 365-4481 RIDGEWOOD ARMS APTS. Limited Time Only 1st 6 Months Rent 2580 Ridgewood Ave Sanford, Fla

101—Houses Furnished / Rent Deltona. 2 bdrm. L/R, dining area, kitchen, porch. 1st plus \$300 sec. No pets. Avail now. \$295 mo. 889 Redcliff. 305-574-1040

103—Houses Unfurnished / Rent DELTONA. 3 bdrm. L/R, dining area, kitchen, porch. 1st plus \$300 sec. No pets. Avail now. \$295 mo. 889 Redcliff. 305-574-1040

105—Duplex-Triplex / Rent AVAILABLE 2 bdrm. bath, carpet, appliances, screened patio. laundry. \$380. 321-3253

107—Mobile Homes / Rent Kencraft air cond. super clean & nicely furn. fishing & golf at back door. rent by week. \$7. 1st \$100 den. 1500 sq. ft. adults, no pets. 329-9418. 323-9383

113—Storage Rentals Mini Warehouses 650 & Up.....323-6430

117—Commercial Rentals Retail & Office Space 300 up to 2,000 sq. ft. also storage available. 323-4403

121—Condominium Rentals 2 Bdrm/2 bath, new appliances, washer and dryer included. Curly deposit. Call 321-5156 or 322-9222

123—Wanted to Rent Farms or other rural area for married professional couple with 2 dogs. Have excellent references. Prefer Seminole County, but will consider nearby location. Price negotiable. Call (305) 321-2144.

125—For Lease SAILPOINTE AT LAKE MONROE 1 and 2 BEDROOMS LAKEFRONT LUXURY ADULT COMMUNITY NOW LEASING CALL 322-1051

127—Office Rentals

Double Office for rent. Available June 1st. 323-9000

141—Homes For Sale All Signal Ave Gal 3 bdrm 2 baths. den. low equity. walking distance to school. central air. heat. \$57,900. Call Now! 323-1844

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KIT 'N' CARLYLE by Larry Wright



141—Homes For Sale LONGWOOD 3 bdrm. 1 bath New roof. Low down payment. Owner financing. \$47,500. 321-4967

159—Real Estate Wanted Need A 3 Bdrm. FAST! Nice area. any condition. Need assumable loan. good terms. minimum down payment. Will provide immediate contract to purchase. Call after 6PM 305-323-5238

163—Waterfront Property / Sale Lake Monroe near 1st acre. 80 ft. canal. barn. brick 4 bdrm. 2 bath. \$95,000. 322-0256

181—Appliances / Furniture 27TH STREET FURNITURE 109 W. 27th St. 321-2933 Appliances For Sale all in excellent condition & fully guaranteed. 323-4294

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181—Appliances / Furniture

WILSON MAIER FURNITURE 311-315 E. 1st St. 323-6423

183—Television / Radio / Stereo COLOR TELEVISION R. C. A. 25" color console television. Original price over \$800. balance due \$244. Cash or take over payments of \$25 month. NO MONEY DOWN. Still in warranty. Free home trial. no obligation. Call 862-5394 day or night.

199—Pets & Supplies Cockatiels. White & grey. Young just starting to lay. All birds must go. 322-6121 or 322-7900

203—Livestock and Poultry Babes For Sale Pigs. sm. goats. min. burros. Wilco Sales, Hwy. 60W. 322-6478

213—Auctions AUCTION EVERY FRI NIGHT L & E AUCTION 500 Sanford Ave. CONSIGNEES WELCOME! 323-6593

215—Boats and Accessories BOAT & AUTO REPAIRS Lowest prices for highest quality. Call 322-6814 for est.

219—Wanted to Buy Baby Beds, Strollers, Clothes, Playpens, Etc. Paperback Books. 323-6377-322-9504

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219—Wanted to Buy

Second Image needs costume jewelry 323-9421

221—Good Things to Eat Benefit Plant Sale corner of East 23rd St & Palmto 1301 E 23rd St. Saturday 25th beginning at 8 AM

223—Miscellaneous Satellite TV Systems Complete All you need 100% Financing. No money down. \$1,300.00 Universal. 831-3742

231—Cars 1974 VW Bug. Excellent condition. Sun roof, new interior and tires. Asking \$1450. Call 323-9458 or 322-8471

231—Cars 1974 GMC 3/4 ton Van. Three speed. needs motor. \$450. Call 323-8848

231—Cars 1974 Ford F-100. 4 door. 321-3105

231—Cars 1974 Buick Wildcat. 4 door. 321-3105

231—Cars 1974 Buick Wildcat. 4 door. 321-3105

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231—Cars

1974 VW Bug. Excellent condition. Sun roof, new interior and tires. Asking \$1450. Call 323-9458 or 322-8471

80 Grand Prix No money down. \$2995. Courtesy Pontiac. 323-2121

Loaded 80 Mustang. \$2995. Courtesy Pontiac. 323-2121

81 Buick Wildcat Fully equip. Reduced. \$3850. Courtesy Pontiac. 323-2121

81 Cadillac Fleetwood Reduced. \$8975. Courtesy Pontiac. 323-2121

81 Datsun 210 Tinted windows. air. Well maintained. \$1,800 or best offer. 305-889-7047

82 Mazda 626 Reduced. \$5750. Courtesy Pontiac. 323-2121

87 Mercury Zephyr GS Selling estate. Like new. cond. 31,000 mi. \$4,400. 331-5495

84 Pontiac Fiero Sports Coupe. Reduced. \$8995. Courtesy Pontiac. 323-2121

84 Pontiac Sunbird No money down. \$6995. Courtesy Pontiac. 323-2121

1973 GMC 3/4 ton Van. Three speed. needs motor. \$450. Call 323-8848

1974 Ford F-100. 4 door. 321-3105

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CONSULT OUR BUSINESS SERVICE LISTING AND LET AN EXPERT DO THE JOB To List Your Business... Dial 322-2611 or 831-9993

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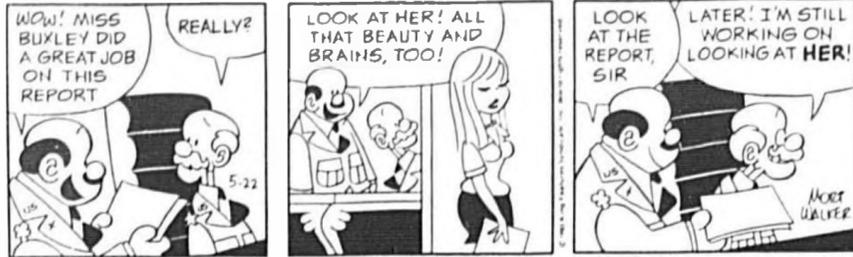
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BEETLE BAILEY

by Mort Walker



THE BORN LOSER

by Art Sansom



ARCHIE

by Bob Montana



EEK & MEEK

by Howie Schneider



MR. MEN AND LITTLE MISS

by Hargreaves & Sellers



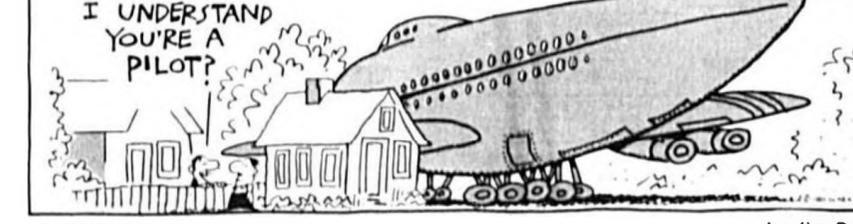
BUGS BUNNY

by Warner Brothers



FRANK AND ERNEST

by Bob Thaves



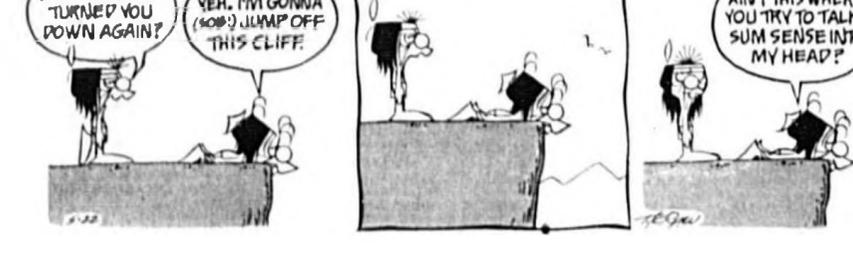
GARFIELD

by Jim Davis



TUMBLEWEEDS

by T. K. Ryan



With Vitamins, More Not Necessarily Better

When it comes to giving medicine, the old saying used to be "Two pills for a horse, one for a man." Among some consumers, that aphorism has been expanded so that when taking vitamins, "the more the better." Not only does recent evidence conclusively prove this theory false but there is strong indication that so-called megadose vitamin therapy can be dangerous.

Vitamin A, in therapeutic quantities (800 to 1,000 retinol equivalents) is necessary to prevent night blindness and to maintain normal growth of tissues. Doses that exceed the recommended daily allowance (RDA) can produce headaches, nausea, vomiting, skin shedding, hair loss, fatigue, hemorrhage, disorientation, liver enlargement and bone pain.

Niacin is essential for energy metabolism. The RDA is 13 to 19 niacin equivalents. Overdose can cause skin flushing, heart rhythm disturbances, headache, cramps, vomiting, diarrhea, elevated blood sugar, peptic ulcer and gout.

Vitamin B6 is required for amino-acid metabolism and the formation of red blood cells. The RDA is about 2 mg. Excessive ingestion of pyridoxine produces nerve damage in legs and arms, seizures and peptic disease. B6 decreases the effect of the medicine L-dopa, so the vitamin is contraindicated in patients being treated with this drug for Parkinson's disease.

Vitamin B12 is probably the safest vitamin. The RDA is 2 micrograms, but no adverse effects are seen with much higher doses. B12 prevents pernicious anemia. But in cancer patients taking methotrexate, adverse interaction with B12 can occur.

Vitamin C, with an RDA of 60 mg., plays a role in maintaining body tissues, including white blood cells. No responsible investigations have shown that high doses protect against the common cold or any other infection. In fact, massive doses may cause B12 deficiency, iron overload, diarrhea, kidney stones and breakdown of red blood cells. Ascorbic acid interferes with a variety of laboratory tests and can interact with

anticoagulant drugs. Rebound scurvy has been reported in women who suddenly stopped taking megadoses.

Vitamin D is necessary for healthy bones. The RDA is 200 to 400 international units. Chronic overdose can produce nausea, vomiting, diarrhea, headache, weight loss, weakness, fatigue, confusion, kidney failure, calcium deposits in kidneys, bone pain.



Dr. Gott

The preceding synopsis is based on valid medical investigations. If a consumer chooses to accept, in preference, non-scientific claims based on unproven opinion and anecdote, he risks the potential for self-inflicted hazard.

Send your questions to Dr. Gott at P.O. Box 91428, Cleveland Ohio 44101

ACROSS

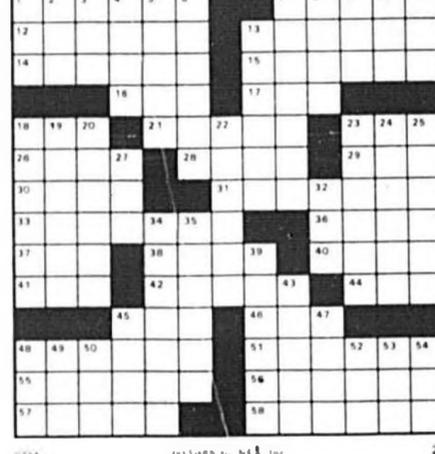
- 1 Covered avenue
- 7 Holy images
- 12 Wild sheep
- 13 Breakfast food
- 14 Disclosing
- 15 Keep current
- 16 Bangkok native
- 17 Join
- 18 3 Roman
- 21 Finnish lake
- 23 Tax agency (abbr.)
- 28 Medicine (comp. wd.)
- 29 Minute insect
- 29 Detective Spade
- 30 Bouquet
- 31 Indefinite person
- 33 Favorable to progress
- 36 Arabian prince
- 37 Genetic material (abbr.)
- 38 English river
- 40 Vast period of time
- 41 Always (poet)
- 42 Wood bundle
- 44 Royal Scottish Academy (abbr.)
- 45 Frequently (poet)
- 46 Irritate
- 48 Constellation
- 51 One who makes forays
- 55 Smuggler
- 56 Gasoline rating
- 57 Jobs
- 58 Required

DOWN

- 4 Coal tunnel entrance
- 5 Mother of Perseus
- 6 Ham
- 7 Irreverence
- 8 Yield
- 9 Wave (Sp.)
- 10 After deductions
- 11 Female saint (abbr.)
- 13 Raced faster
- 18 Tristan's beloved
- 19 Antiseptic liquid
- 20 Barometer line
- 22 Similarity
- 23 Similar compound
- 24 Wirelesses
- 25 Izmir
- 27 Mine product
- 32 Barnyard sound
- 34 Lettering



- Answer to Previous Puzzle
- 35 Hindu incarnation
 - 39 Drip-dry (2 wds.)
 - 43 Trail
 - 45 Farmyard sound
 - 47 Bird of prey
 - 48 Arthur's nickname
 - 49 Sine non
 - 50 Ones (Fr.)
 - 52 One breadwinner
 - 53 Chemical suffix
 - 54 Scarlet



WIN AT BRIDGE

By James Jacoby

Kelsey's "The Mind of the Expert" treats some interesting defensive problems. Place yourself in the East position and pretend you cannot see the cards in the South and West hands.

After winning the opening club lead, declarer plays the diamond ace and ruffs a diamond. Next he plays the A-K of spades, discarding a heart from dummy, followed by a heart to the king. Partner plays the deuce as you win the ace. What now?

If declarer started with six clubs, there will be no defense. But partner's play of the heart two low shows an odd number of cards in the suit, indicating that the South hand has three hearts. The defenders need to play another club. East must be

careful. Another diamond now would enable declarer to crossruff diamonds and spades for enough tricks. Leading another spade would let declarer ruff that spade, trump another diamond, and then discard a heart on the fourth spade, putting East on lead with no club to play.

The solution requires a little courage. East must play his partner for the heart jack. A low heart to the jack enables West to lead a second club, and now 10 tricks are the limit of the hand.

Some of you alert readers may have noticed that there is an interesting variation to the spade continuation. On the fourth spade, West can trump in. Now if declarer sheds dummy's last heart, West will be able to lead another club to scuttle the hand.

NORTH 5 22 45
 ♠ 6
 ♥ K 8 3
 ♦ A J 4 3
 ♣ K Q 9 5

EAST
 ♠ J 7 4 3
 ♥ A Q 10 6
 ♦ K 9 5
 ♣ 3

SOUTH
 ♠ A K 8 2
 ♥ 9 7 5
 ♦ 6
 ♣ A J 10 8 2

Vulnerable Neither Dealer South

West	North	East	South
Pass	10	Pass	14
Pass	2♥	Pass	14
Pass	5♣	Pass	Pass

Opening lead ♠7

HOROSCOPE

What The Day Will Bring...

YOUR BIRTHDAY
 May 23, 1985

You have a very valuable friend, this person could serve as your financial adviser in the year ahead. His tips might help fatten your bank account.

GEMINI (May 21-June 20) Guard against tendencies today to think that money is easier to come by than it actually is. Try to be prudent, not impractical. Major changes are ahead for Gemini in the coming year. Send for your Astro-Graph predictions today. Mail \$1 to Astro-Graph, Box 489, Radio City Station, New York, NY 10019. Be sure to state your zodiac sign.

CANCER (June 21-July 22) Make it a point today to give credit where credit is due, especially if an associate's cooperation played a key role in what was achieved.

LEO (July 23-Aug. 22) Today you could be a trifle too indifferent for your own good. Do not take serious matters for granted.

VIRGO (Aug. 23-Sept. 22) Be careful today not to reject the sound advice of a pal who has your best interest at heart in order to comply with the wishes of a know-nothing.

LIBRA (Sept. 23-Oct. 23) In career situations today, it's best not to broadcast your intentions in advance. The competition could get wind of your aims and cut you off!

SCORPIO (Oct. 24-Nov. 22) Subdue temptations today to offer unsolicited advice, even if you see someone doing something incorrectly that you know how to do properly.

SAGITTARIUS (Nov. 23-Dec. 21) Resources that you have earmarked for essentials should not be diverted today to fulfill frivolous desires. Manage your money wisely.

CAPRICORN (Dec. 22-Jan. 19)

The first move will be up to you today if you expect cooperation from others. Show a willingness to be helpful and they, in turn, will emulate your behavior.

AQUARIUS (Jan. 20-Feb. 19) Unless pressing tasks are attended to early in the day, there is a good chance they won't get finished. Get up promptly when the alarm goes off.

PISCES (Feb. 20-March 20) When with friends today, enjoy them for what they are instead of probing for their flaws. Nobody is perfect, including yourself.

ARIES (March 21-April 19) Be appreciative today of those who treat you generously, even though you might secretly feel they could do more for you if they really wanted.

TAURUS (April 20-May 20) Today you may sell someone on your pet idea, getting him all enthused and eager to proceed. However, once aroused, don't leave this person in the lurch.

ANNIE



by Leonard Starr



by Leonard Starr



Cheesecake

Creamy Dessert In Competition With America's Favorite

Cheesecake is vying for top honors in the race for America's favorite dessert. In fact, it tied for

first place with apple pie in the most recent Gallup Eating-Out Poll.

But you don't have to save your cheesecake craving for dining out. A new 15-minute

cheesecake, ideal for busy cooks, has just been introduced by the Kraft Kitchens. The creamy cheesecake, accented with semi-sweet chocolate pieces, has only a few ingredients, and can be oven-ready in 15 minutes. It uses cream cheese, the premier cheesecake ingredient that has been available to consumers since 1880. This rich cheese sets the standard for quality and is a favorite of restaurant chefs and home cooks alike.

The new "Philly" cheesecake has a graham cracker crust and an easy filling combining three packages of cream cheese, sugar, eggs, miniature semi-sweet chocolate pieces and vanilla. The cheesecake can be varied by adding a topping of almond briclé chips before baking, or the crunchy candy can replace the more traditional chocolate pieces.

This basic cheesecake also can be baked and frozen, adding to its versatility. Wrap the cheesecake securely in moisture-vaporproof wrap, and keep in the freezer up to two weeks. Here are some other cheese-

cake preparation tips from the home economists in the Kraft Kitchens:

- Cream cheese blends best when it has had a chance to soften. To soften cream cheese, allow to stand at room temperature thirty minutes. To soften in a microwave oven, remove foil wrapper. Microwave on Medium (50%) 30 seconds for each 8-oz. package.

- Crumbs for cheesecake crust can be made quickly with the use of a blender or food processor. When using a food processor, best results are achieved by using the shredding disc. When using a blender for crumb making, be sure to break the crackers before placing them in the blender, and process by turning the blender off and on.

- It is best not to open the oven door during baking, unless the recipe calls for it. Sudden changes in temperature may affect the baking process.

"PHILLY" 15 MINUTE CHEESECAKE

1 cup graham cracker crumbs
3 tablespoons sugar
3 tablespoons margarine, melted

3 8-oz. pkgs. cream cheese, softened

3/4 cup sugar
3 eggs
1 cup mini semi-sweet chocolate pieces

1 teaspoon vanilla
Combine crumbs, sugar and margarine; press onto bottom of 9-inch springform pan.

Combine cream cheese and sugar, mixing at medium speed on electric mixer until well blended. Add eggs, one at a time, mixing well after each addition. Blend in chocolate pieces and vanilla; pour over crust. Bake at 450°, 10 minutes. Reduce oven temperature to 250°, continue baking 35 minutes. Loosen cake from rim of pan, cool before removing rim of pan. Chill 10 to 12 servings.

• preparation time
Variations: Top with 6-oz. pkg. almond briclé chips before baking.

Omit chocolate pieces. Top with 6-oz. pkg. almond briclé chips before baking.

Note: Leftover cheesecake may be frozen. Wrap securely in moisture-vaporproof wrap. Freeze up to two weeks.



Luscious cheesecake is now within reach of the everyday cook.

Canned Pears Enhance Salad

Subtly sweet in flavor and wonderfully light and refreshing, canned Bartlett pears are the perfect accompaniment to a savory bulgar and chicken salad.

Easily prepared, the nutty cracked wheat bulgar is cooked in chicken broth, then cooled to room temperature and combined with cooked chicken or turkey, bright green pepper, green onions and parsley and a flavorful Lemon Vinaigrette Dressing. To serve, simply arrange on individual plates and garnish with juicy canned Bartlett pears.

Canned pears are truly a convenience for today's busy

cooks, as they are perfectly ripened, pared and ready to enjoy in sensational salads, tantalizing desserts and elegant garnishes for meat and poultry.

PEAR BULGAR SALAD

2 cups chicken broth
1 can (29 oz.) pears, drained
1 cup cracked wheat bulgar
1 cup (4 oz.) cooked and shredded chicken or turkey
1/2 cup chopped green pepper
1/4 cup chopped green onions
2 tablespoons chopped parsley
Lemon Vinaigrette Dressing
Parsley sprigs
Bring chicken broth to boil in

saucepan; add bulgar. Reduce heat to simmer, cover and cook 15 minutes or until liquid is absorbed and bulgar is tender. Cool to room temperature.

Combine cooked bulgar, chicken, pepper, green onions, parsley and Lemon Vinaigrette Dressing. Arrange mixture on pear halves. Garnish with parsley. Makes 4 servings.

Lemon Vinaigrette Dressing: Combine two tablespoons each lemon juice and vinegar, 2 teaspoons sugar, 1/2 teaspoon grated lemon peel and dash pepper. Makes about 1/4 cup.

FAMILY DOLLAR

YOUR CHOICE
2⁹⁹

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Reg. To 3.99. Men's jog shorts with side piping or assorted printed tee and muscle shirts. S,M,L,XL. Ladies' solid or striped shorts and colorful tanks or tops. Regular and extra sizes. Girls' 4 to 14 stylish shirts and shorts.



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Regularly 1.03. Regular 30 or HD30. Limit 5 quarts.



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Men's, ladies' and children's surfer thongs in new colors.



3 FOR \$1
4.75 OUNCE PALMOLIVE GOLD Regularly 39¢ Bar. Limit 6 bars.



3 FOR \$1
100 COUNT TISSUES Marcal 2 ply facial tissues. Limit 3.

3 FOR \$1 FLAVORFUL SNACKS
A variety of delicious chips or cookies.

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1/3 Carat	\$439
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 USDA CHOICE UNTRIMMED HEART OF THE CHUCK WHOLE OR HALF
BONELESS CHUCK 20-28 LB. AVG. **\$1.39**
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 SUPERBRAND GRADE 'A' LARGE EGGS 9¢
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PRICES GOOD MAY 23-27, 1985

SAVE 40¢ LB.
 W-D BRAND USDA CHOICE BEEF CHUCK **BONELESS CHUCK ROAST** . LB. **\$1.49**
 W-D BRAND USDA CHOICE BEEF ROUND BONE **SHOULDER ROAST** . LB. **\$1.49**

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 PACK 12-oz. CANS WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD MAY 23-27, 1985

SUPER BONUS SPECIAL
 REYNOLDS ALUMINUM **FOIL** **19¢**
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 HICKORY SWEET BONELESS SMOKED WHOLE **BUFFET HAM** . LB. **\$1.89**
 HICKORY SWEET PORK SHOULDER ARM WHOLE **PICNIC** LB. **69¢**

HICKORY SWEET SLICED BACON 1-LB. PKG. **\$1.49**
 W-D BRAND PRESTIGE STACK PACK **SLICED BACON** 20-oz. PKG. **\$1.89**
 W-D BRAND ALL VARIETIES **CHIPPED MEATS** 2.5-oz. PKG. **39¢**

ALL MEAT W-D BRAND FRANKS 16-oz. PKG. **99¢**
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100% PURE 20 - 4-oz. PATTIES W-D BRAND BEEF PATTIES 3-LB. BOX **\$6.95**
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 DIXIANA **WHOLE OKRA 2** 10-oz. PKG. **\$1.00**
 SUPERBRAND **PARTY ICE** 8-LB. BAG **67¢**

SUPERBRAND INDIVIDUAL WRAPPED SINGLE CHEESE FOOD 12-oz. PKG. **\$1.39**
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COMPARE & SAVE
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 ORANGE, GRAPE OR FRUIT PUNCH TROPICAL **FRUIT DRINKS** 64-oz. SIZE **88¢**

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GWALTNEY GREAT DOG CHICKEN FRANKS 16-oz. PKG. **59⁰⁰**

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SAVE 79⁰⁰

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COUNTRY COOKIN' CHARCOAL LIGHTER... 32-oz. SIZE **\$1.19**

ARROW 8 INCH WHITE PLATES... 100-CT. PKG. **\$1.99**

"HALF POUNDER" CRACKIN' GOOD REGULAR & MILD POTATO CHIPS... 8-oz. PKG. **79⁰⁰**

(4-oz. "FREE" BONUS PAK) FRENCH'S MUSTARD... 28-oz. SIZE **79⁰⁰**

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7-oz. REGULAR, 6 1/2-oz. BACON & SOUR CREAM, 6 1/2-oz. SOUR CREAM & ONION, 6 1/2-oz. BAR-B-QUE RUFFLES CHIPS **99⁰⁰**

SAVE 80⁰⁰

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DIXIE DARLING HAMBURGER OR WIENER BUNS 2 11-oz. PKGS. **99⁰⁰**

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HEINZ THICK 'N RICH REGULAR & SMOKEY BBQ SAUCE 18-oz. SIZE **\$1.19**

ARMOUR POTTED MEAT... 3 7-oz. CANS **\$1.00**

CHOCOLATE & VANILLA ALBA FIT 'N FROSTY... 7 1/2-oz. SIZE **\$2.29**

HEINZ BROWN CHICKEN MUSHROOM GRAVY... 12-oz. BTL. **85⁰⁰**

HEINZ 57 SAUCE... 12-oz. BTL. **\$2.19**

LAMBY'S GARLIC SALT... 4-oz. SIZE **\$1.45**

LAMBY'S SEASONED SALT... 4-oz. SIZE **\$1.39**

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BIL-MAR TURKEY BREAST **\$2.99**

DIXIE-LICIOUS 2 WINGS, 2 BREASTS, 2 THIGHS & 2 DRUMSTICKS SUPER CHICKEN **\$3.99**

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REAL HICKORY PIT BBQ BONELESS BOSTON (WHOLE OR HALF) PORK BUTT... LB. **\$2.99**

POTATO SALAD WITH EGG OR BACON/DONOR SALAD... LB. **79⁰⁰**

DIXIE-LICIOUS NACHO CHIPS... 1/2 GAL. **\$1.59**

Eat Light And Like It From Variety Of Salads, Desserts

It's the sign of the 80's: fitness programs, celebrity fitness/exercise books and hundreds of cookbooks full of recipes to keep us slim and trim. There's a renewed interest in the foods we eat — natural, fresh, good-for-us foods. We eat lots of fresh fruits and vegetables, yogurt, cottage cheese, wheat germ — foods high in fiber, vitamins and minerals but low in calories.

Our fitness regimen need not be dull, at least not as far as food is concerned. The foods that are good for us can be good tasting, good looking and exciting, too! With the help of Jell-O brand sugar free gelatin, we can create incredibly delicious and imaginative desserts, snacks and salads to satisfy the taste buds of any fitness-minded person.

Sugar free gelatin is a boon to the calorie conscious and to the time conscious, too. The 80's are a time of busy, involved people — busy keeping fit, busy working, busy making a difference in the world. We don't want to spend a lot of time in the kitchen, but we want quick, delicious, healthful desserts.

Here's a quintet of salads and desserts that meet the fitness/lifestyle criteria of the 80's. Each is quick and easy to make, low in calories, high in nutrients and refreshingly delicious in taste.

A special bonus of these recipes is the ease of preparation. Several use the speed-set method. Just add cold water (with ice cubes) to the dissolved gelatin and then add other recipe ingredients as the gelatin thickens.

Crisp Spinach and Egg Salad is a wonderful complement for any lunch or dinner menu. It's light, tart and only 30 calories per serving! All you do is prepare a package of lemon flavor sugar free gelatin, mix in chopped fresh spinach, diced egg and minced onion, chill and serve in individual salad bowls. Or try the Vegetable Yogurt Salad recipe.

fruit. Makes 4 1/2 cups or 6 servings.

SPINACH AND EGG SALAD
1 package (4-serving size) Jell-O brand sugar free gelatin, lemon flavor

1/4 teaspoon salt
1/2 cup boiling water
1 tablespoon vinegar
1/2 cups cold water ice cubes
1/2 cups coarsely chopped fresh spinach

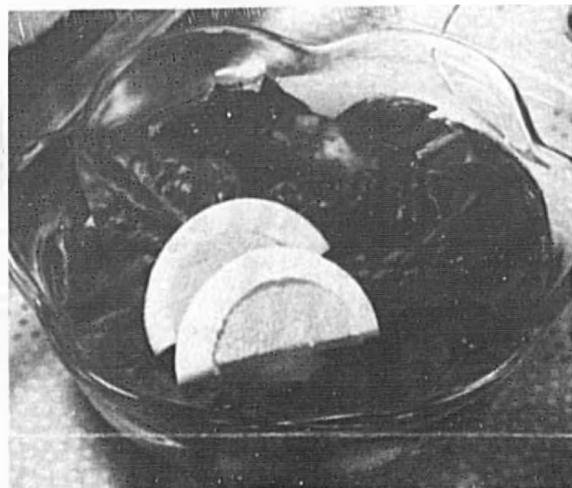
1 diced hard-cooked egg
1 tablespoon minced onion
Completely dissolve gelatin and salt in boiling water. Add vinegar. Combine cold water and

ice cubes to make 1 1/2 cups. Add to gelatin and stir until slightly thickened. Remove any unmelted ice. Add spinach, egg and onion. Let stand or chill until thickened, about 5 minutes. Pour into individual dishes or a bowl. Chill until set, at least 30 minutes. Garnish with sliced hard-cooked egg and spinach leaves, if desired. Makes 2 cups or 4 servings.

VEGETABLE YOGURT SALAD
1 package (4-serving size) Jell-O brand sugar free gelatin, lime or orange flavor
1/2 teaspoon salt

1 cup boiling water
1 tablespoon vinegar
1 container (8 oz.) plain yogurt*

1 cup grated carrots
1/2 cup chopped green pepper
1 tablespoon chopped chives
*Lowfat or whole milk yogurt
Dissolve gelatin and salt in boiling water. Add vinegar. Chill until slightly thickened. Blend in yogurt; then fold in carrots, green pepper and chives. Pour into 2 1/2 or 3 cup mold. Chill until firm, about 3 hours. Unmold. Makes 2 1/2 cups or 5 servings.



Spinach and Egg Salad complements any lunch or dinner menu — and only 30 calories per serving.

Publix Makes The Weekend Enjoyable.

It's the little things that make the difference at Publix.

Thick, juicy burgers. Tender steaks. Boneless hams and U.S.D.A. Choice Leg 'O' Lamb. Fire up your Memorial Day celebration with delicious meats from Publix. Add fresh-made Deli foods and you're on your way to a cookout sizzling with flavor and freshness.



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- Olde Smithfield Meat Franks 1 lb. pkg. \$1.49
- Lykes Braunschweiger ... per lb. 79¢

Dinner Bell Boneless Ham
per lb. **\$1.89**

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Publix Beef, Gov't.-Inspected Eye Round Roast
per lb. **\$2.57**

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Publix Beef

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Deli

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- Macaroni & Cheese 1-lb. pkg. \$2.49
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per lb. **\$1.89**

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- Hebrew National Franks or Knockwurst 12-oz. pkg. \$2.19
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THIS AD EFFECTIVE: THURS., MAY 23 THRU WED., MAY 29, 1985...

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FOURTH PRIZE: One of 100 daily admission tickets to Wet 'n Wild.

Fresh

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- Single Layer Coconut Cake each for \$1.99
- Great with Coffee, Mini Powdered Sugar Donuts 18-ct. pkg. 99¢

Danish Bakery Reserves the Right to Limit Quantities Sold

STRAWBERRY CHIFFON PARFAIT

1 cup sliced fresh or thawed frozen strawberries, drained
1/2 cup boiling water
1 package (4-serving size) Jell-O brand sugar free gelatin, strawberry flavor

1 cup ice cubes and water*
1 cup thawed Birds Eye Cool Whip non-dairy whipped topping
1/2 teaspoon almond extract
*Or use 1 1/2 cups crushed ice

Spoon strawberries into 7 parfait glasses. Combine boiling water and gelatin in blender container. Cover and blend at low speed until completely dissolved, about 30 seconds. Add ice cubes and water; stir until ice is partially melted. Then add whipped topping and extract and blend at high speed until ice is melted, about 30 seconds. Pour into glasses. Chill until set, about 2 hours. Garnish with sliced strawberries, if desired. Makes 3-1/2 cups or 7 servings.

LIME-PEAR CHIFFON DESSERT

1/2 cup chocolate water crumbs
1 tablespoon melted butter or margarine

1 package (4-serving size) Jell-O brand sugar free gelatin lime flavor

1 cup boiling water
1/2 cup cold water
1 can (8 1/2 oz.) pear halves in real fruit juices, drained and thinly sliced

1 container (4 oz.) Birds Eye Cool Whip non-dairy whipped topping, thawed

Combine crumbs and butter; set aside. Dissolve gelatin in boiling water. Add cold water. Chill until slightly thickened. Measure 1/2 cup and pour into 8-inch layer pan. Arrange pear slices in a ring on gelatin pan. Chill until set, but not firm, about 10 minutes. Fold whipped topping into remaining gelatin. Spoon carefully into pan. Sprinkle crumb mixture evenly over top and chill until firm, about 4 hours. Unmold onto serving plate. Garnish with sliced pears. Makes 8 servings.

FRUIT AND COTTAGE CHEESE SALAD

1 package (4-serving size) Jell-O brand sugar free gelatin, any flavor
1/2 cup cold water ice cubes
1 container (8 oz.) lowfat cottage cheese

1 1/2 cups sliced or diced fresh fruit
1 cup boiling water into blender. Add gelatin and blend until dissolved, about 1 minute. Combine cold water and ice cubes to make 1 cup. Add gelatin and stir with spoon until ice is almost melted. Then blend in cottage cheese. Pour into dessert glasses. Chill until set, at least 30 minutes. Top with fresh



Mixed Barbecue Kebobs: A warm weather health treat.

Shape Up

For Health's Sake, Eat Properly

Everywhere we look these days is advice on how to get in shape. Numerous articles and books detail exercise programs and beauty tips. We're given hints on how to exercise at work and at home. The relative merits of running, jogging, walking and aerobics are discussed. Health clubs offer special discounts to those who "join now."

But evidence exists that more of us are taking steps to stay in shape all the time. The way our eating habits are changing illustrates this trend. We're eating less cholesterol-rich red meat

and more chicken and fish. More of us are cutting back on salt and sugar and increasing the amount of whole grain breads, fresh vegetables, fruit and fruit juices.

The recipes suggested here can be part of a year-long fitness program. Mixed Barbecue Kebobs can be grilled over the coals during warm weather or broiled when the temperature drops. The tangy sauce is a sweet 'n sour blend of lime juice, chili sauce and grape jelly.

Harvest Shimmer Salad can be prepared with the fruits sug-

gested here or your own favorite combination. The Orchard Fruit Tart lets us enjoy a flavorful dessert without any guilt feelings about indulging in too many calories. And the Spring Spritzer is the perfect beverage to toast the new season and your own good health and fitness.

HARVEST SHIMMER SALAD

4 envelopes unflavored gelatin
4 1/2 cups cold water*
1 can (12 ounces) harvest juice blend frozen concentrate*

1 can (12 ounces) gingerale, chilled

1 cup each sliced apple, sliced strawberries and red grapes

1 1/2 cups vanilla yogurt
1/8 teaspoon ground ginger

In medium saucepan, sprinkle gelatin over 2 cups water. Stir over medium heat until gelatin is dissolved, about 5 minutes. Pour dissolved gelatin into large bowl; stir in remaining water, harvest juice blend concentrate and gingerale. Chill until mixture reaches the consistency of unbeaten egg whites; stir occasionally.

Fold in fruit. Chill until set, about 4 hours. Meanwhile, mix yogurt and ground ginger; chill. Serve gingered yogurt with salad.

*If desired, 6 cups Welch's Bottled Orchard Harvest Juice Blend may be substituted for water and frozen concentrate.

ORCHARD FRUIT TART CRUST:

1 1/4 cups old fashioned or quick oats, uncooked
1/2 cup finely chopped walnuts
1/2 cup butter or margarine, melted
1/4 cup sugar

2 tablespoons apple-grape juice frozen concentrate

1/2 teaspoon ground cinnamon

FILLING:

3/4 cup apple-grape juice frozen concentrate

1 envelope unflavored gelatin

PEARS:

2 pears, peeled

1 package (10 ounces) frozen raspberries in syrup, thawed

1/2 cup plus 2 tablespoons apple-grape juice frozen concentrate water

1 1/2 tablespoons cornstarch
1 1/2 cups creamed cottage cheese

1/2 cup vanilla yogurt

Preheat oven to 375°F. Place oats and nuts in 9-inch tart pan with removable bottom or 9-inch pie plate. Bake 10 minutes or until lightly toasted, stirring occasionally. Combine butter, sugar, 2 tablespoons apple-grape concentrate and cinnamon. Drizzle over toasted oat mixture, stirring well. Press mixture onto bottom and sides of pan; bake 10 minutes. Cool on wire rack.

Place pears in 1-quart saucepan. Add raspberries with syrup, 1/2 cup plus 2 tablespoons apple-grape concentrate and enough water to fill pan to within 1 inch of top. Bring to a boil; reduce heat and simmer 20 minutes or until tender. If necessary, place small heatproof plate in pan to keep pears submerged in liquid. Remove for heat and cool.

Meanwhile, in small saucepan, sprinkle gelatin over 3/4 cup apple-grape concentrate. Stir over low heat until gelatin dissolves. In food processor fitted with metal blade or blender, process cottage cheese until smooth. Gradually add gelatin mixture and yogurt. Pour into prepared crust. Chill.

Strain liquid from pears into small saucepan; stir in cornstarch. Stir over medium heat until translucent and thickened. Chill. To serve, slice pears and arrange on tart. Garnish, if desired with mint. Serve sauce with tart.

MIXED BARBECUE KEBOBS

2 small limes or lemons

1/2 cup chili sauce

1/2 cup grape jelly

1 small red pepper, cut in 8 pieces

1 small green pepper, cut in 8 pieces

8 large shrimp or 1/2 pound firm fleshed fish (monk, halibut, catfish), cut in chunks

2 boneless chicken breasts, with skin removed, cut in 2-inch pieces

8 ounces whole wheat noodles, cooked and drained

Grate peel from 1 lime; squeeze juice. Cut remaining lime into 8 wedges. In small saucepan, combine 1 teaspoon grated lime peel, 1 1/2 teaspoons lime juice, chili sauce and grape jelly. Stir over low heat until smooth.

On metal skewers, alternately place lime wedges, red and green peppers, shrimp and chicken. Brush with chili-grape sauce. Grill or broil 8 to 10 minutes until chicken and shrimp are tender. Brush frequently with sauce and turn often. Serve kebobs over noodles.



Publix' hot-off-the-grill values for Memorial Day

STAMP PRICE SPECIALS
Buy 1 with each \$4.99 Stamp Price Special Certificate

Swift Premium Beef, Dinner, Bun Size or Beef Dinner
Franks
1-lb. pkg.
99¢

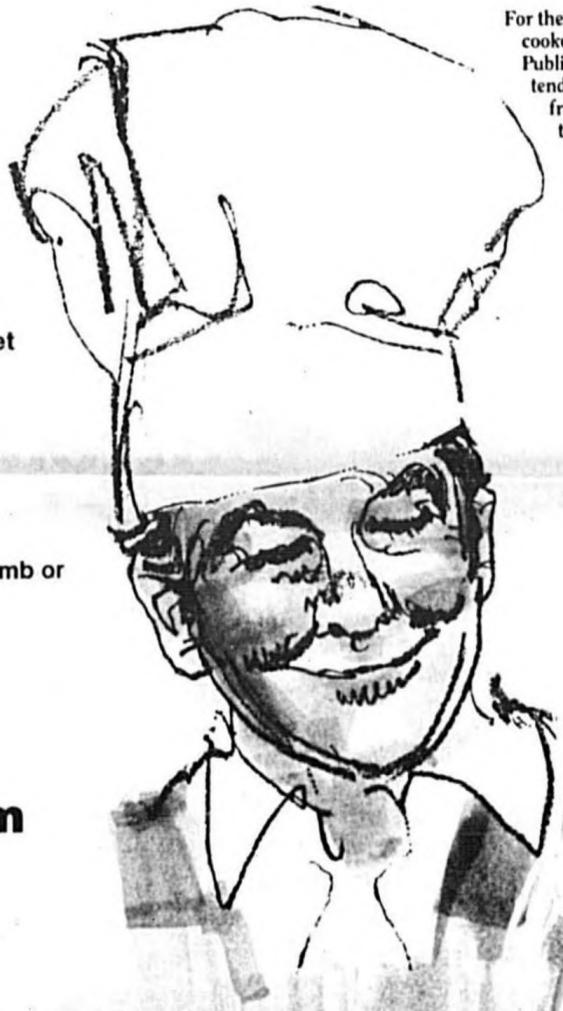
Roast on the Grill, Florida Sweet
White Corn
8 ears for **\$1.29**

Serve with a Slice of Cheese, Publix Frozen Dutch Apple Crumb or
Apple Pie
26-oz. pkg. **\$1.49**

Serve with Apple Pie
Publix Premium Ice Cream
half gallon **\$2.19**

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Hamburger or Hot Dog Buns 2 8-ct. pkgs. **89¢**
Breakfast Club
White Bread 2 20-oz. loaves **89¢**
Tom's 8-Oz. Corn Chips, Puffed Corn Cheese or 7.5-Oz. Plain or Rippled
Potato Chips per pkg. **99¢**
Serve with Hot Dogs & Hamburgers, Campbell's
Pork & Beans 3 16-oz. cans **\$1**
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Charcoal Briquets 10-lb. bag **\$2.99**

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For the most memorable cookout under the sun come to Publix. We've plump, juicy chickens, tender steaks, crisp green salads and fresh baked rolls; everything you'll need to make your great American cookout sizzle with flavor.

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Old Milwaukee
12-oz. cans **\$3.29**
12-pk. ctn.

(Limit 2 Ctns. Please, With Other Purchases of \$7.50 or More, Excluding All Tobacco Items)

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Soft Drinks
2-lit. bottle **69¢**

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Fried Chicken
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9-piece box

Buy One 9-Piece Box of Fried Chicken & Get 1-Lb. Potato Salad **FREE!**



Old Fashioned
Boston Cream Pie
\$1.99
7-inch size



Publix Beef, Government-Inspected
Ground Chuck **\$1.47** lb.
New York Strip **\$3.97** lb.

THIS AD EFFECTIVE:
THURS., MAY 23
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Publix will be open normal hours on Memorial Day.

where shopping is a pleasure 7 days a week



Applesauce A True Culinary Accomplishment

Discovering delicious new twists to a standard recipe is always a satisfying experience, especially when the twists are a snap!

Take applesauce, for instance. First, plan to make it with summer Granny Smith apples, the extraordinary summertime green eating apples which arrive fresh from the Southern hemisphere from May to August. Their tangy taste lends a delicious difference which upgrades applesauce from the mundane to the supreme.

Second, experiment with several different ways to prepare the apples. Steam them in a skillet, cook them in a microwave oven, or whirl them in a blender or food processor. Each method produces a unique consistency, although the taste is still distinctively Granny Smith.

Third, add some simple ingredients to augment taste and texture, making your applesauce a true culinary accomplishment. Try combining applesauce with sour cream and a dash of horseradish for a spicy accompaniment to pot roast or hamburgers. Flavor it with mint jelly to serve with lamb. Complement chicken and turkey with applesauce spiked with grated onion and curry powder. Or blend in brown sugar, cinnamon, nutmeg and cloves for an excellent foil for glazed ham or a thick and zesty topping for fruit salads.

Mix applesauce with sweetened whipped cream and a touch of ginger or orange rind to give a pork roast or chops extra excitement. But don't stop there! Let your imagination and the special taste of Granny Smith apples inspire other creative applesauce combinations.

Crisp, fresh Granny Smith apples contain vitamin A, thiamine, potassium, iron, phosphorus, as well as fiber. Their firm texture when eaten "out-of-hand" acts as a natural toothbrush that cleans the teeth and leaves a great aftertaste.

GRANNY'S BEST APPLESAUCE

6 Granny Smith apples, cored, pared and thinly sliced
1/4 cup water
1/4 cup sugar
1 teaspoon lemon juice
1/4 teaspoon salt

Basic Skillet Recipe:
In large skillet, combine apples and water. Cover. Simmer 5 to 10 minutes or until apples are tender. Stir occasionally. Stir in sugar, lemon juice and salt. Process in blender, food mill or food processor until desired consistency. Serve warm or cold.

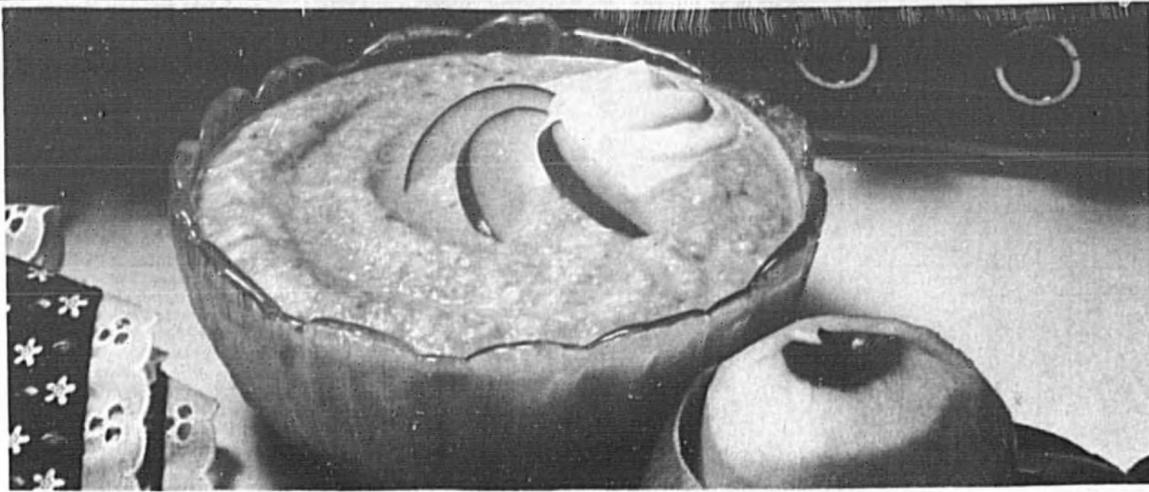
Microwave Oven Method:
In large microwave oven-proof casserole, combine apples and water. Cover. Microwave on high 7 to 8 minutes or until apples are fork tender. Stir in sugar, lemon juice and salt. Process in blender, food mill or food processor until desired consistency. Serve warm or cold.

Easy Blender No-Cook Method:
In container of electric blender, combine half the apples, water and sugar. Cover. Process on high speed 30 seconds or until desired consistency. Transfer to large bowl. Repeat with remaining apples, water and sugar. Stir in lemon juice and salt. Chill until ready to serve.

Yield: 4 cups.
For a savory accompaniment with meat or vegetables, try one of the following:

To 2 cups applesauce, add:
— 1/2 cup sour cream and 2-3 teaspoons prepared white or red

horseradish.
— 2-3 tablespoons mint jelly.
— 1/2 cup plain yogurt, 2 tablespoons brown sugar and 1/4 teaspoon ground cinnamon.
— 1 tablespoon grated onion and 1/2 teaspoon curry powder.
— 1/2 cup sweetened whipped cream and 1/2 teaspoon grated fresh ginger or 1/4 teaspoon powdered ginger.
— 1/2 cup sweetened whipped cream and 1/4 teaspoon each grated orange and lemon peel.



Experiment and turn ordinary applesauce into an elegant side dish.

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Fruit Drinks
gallon bot.

39¢

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Corn Chips, Pretzel Twists or Cheez Curls or Balls
Planters Snacks
5 to 7-oz. size

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64-oz. bot.

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Publix Makes The Weekend Enjoyable.

Whether you're planning a family outing at the beach or a picnic in the park, don't forget Publix this Memorial Day weekend. From paper plates to soda pop, everything you'll need for a fun-filled holiday is at Publix.

It's the little things that make the difference at Publix.



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THIS AD EFFECTIVE: THURS., MAY 23 THRU WED., MAY 29, 1985...

Rose, Rhine, Chablis, Burgundy
California Cellars Wine
3-liter bottle

\$6.73

Ice Cream
Weight Watchers Assorted Treats..... 6-pk. pkg. \$1.39

Candy
Coflocia or Assorted Nips & Parfaits
Pearson Candy 5.8-oz. bot. 79¢
Brach Starlight Mints, Butterscotch Disks or Sour Balls..... 16-oz. bag \$1.29

Cheese
Kraft Mellow Cheddar Cheese 10-oz. stick \$1.79
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Sliced American..... 1-lb. pkg. \$2.49
Kraft Sliced Cheese
Big Eye Swiss 6-oz. pkg. \$1.39
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Biscuits..... 4 10-ct. cans 99¢
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Kraft Cheese Spread
Velveeta..... 1-lb. loaf \$1.00

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Hunt's
Tomato Ketchup
32-oz. bottle

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Maxwell House
Instant Coffee
8-oz. jar

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Cheddar
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Green Giant
3 Bean Salad..... 17-oz. can 69¢
Publix Stuffed Manzanilla Olives..... 5.75-oz. jar 69¢
Vlasic Baby Pickles
Kosher Dills..... 10-oz. jar \$1.00
Dill, Hot Dog, Sweet, Hamburger or India
Vlasic Relish..... 10-oz. jar 59¢
French's Squeeze Container Mustard..... 10-oz. bot. 79¢
In Water or Oil, Bumble Bee
Chunk White Tuna..... 6.5-oz. can 99¢

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Folgers Coffee... 1-lb. bag \$2.99
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Gain Detergent... 42-oz. box \$1.99
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Bounty Towels... large roll 79¢
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BARBS Phil Pastoret

Why don't they develop a stapler that bandages the finger at the same time the staple is driven?

Charred barbecue meats can be kept to a minimum if barbecues who distract the chef are kept away from the grill area.



Do you ever have days when you feel that the founding fathers' political processes have been taken over by the founding fathers?

Every refrigerator would be much less cluttered if only someone would eat the last pickle chip in a half-dozen bottles lurking there.

Once they clean up the acid-rain problem, they'd better start in on another menace to trees — home allotment developers.



Salmon steak and rice perfect for intimate dinner for two.

Dinners For 2

Celebrate In Grand Style

Most people think of spring as the time when robins return and flowers begin to bloom. The first sign of spring also brings newly picked crunchy radishes, fresh herbs and luscious berries straight from the garden. What better way to celebrate the arrival of spring than to create a special dinner for two. These two menus from the Kraft Kitchens include delicious dishes that will help you herald the return of the most delightful time of year.

ESPECIALLY ELEGANT DINNER

Bring out your best silver, crystal and candle sticks to set

the mood for this very special dinner. To start off, serve a crisp lettuce salad featuring fresh produce of the season with a chunky blue cheese dressing. Tender veal and pasta in a luxurious lemon wine sauce is the main course, and for the finale, Chocolate Mousse Cups.

SPECIAL OCCASION SALAD

- 1 1/2 cups torn lettuce
- 1 cup watercress
- 1/4 cup sliced radishes
- 1/2 cup apple slices
- Chunky blue cheese dressing
- Combine lettuce, watercress and radishes; place on salad plates. Arrange apples over let-

tuce. Serve with dressing, 2 servings.

Variations: Substitute Italian dressing for chunky blue cheese dressing. Sprinkle salads with 1/4 cup coarsely chopped walnuts.

VEAL PICCATA

- 1/2 lb. boneless, 1/4 inch thick
- 2 tablespoons flour
- 1/2 teaspoon salt
- 1/2 teaspoon pepper margarine
- 1/2 cup dry white wine
- 1/4 teaspoon grated lemon rind
- 1/2 cup mushroom slices
- 2 tablespoons green onion slices
- 2 tablespoons chopped parsley
- 4 oz. noodles, cooked, drained
- Pound meat to 1/8 inch thickness. Combine flour, salt and pepper; coat meat.
- Saute meat in 3 tablespoons margarine until lightly browned on both sides.
- Remove meat to serving platter; keep warm. Add wine, 2 tablespoons margarine and rind to skillet; reserve 2 tablespoons wine mixture. Add vegetables and parsley; cook until tender. Add noodles; heat thoroughly. Place meat over noodles; serve with reserved wine mixture. Garnish with lemon slices, if desired. 2 servings.

Variation: Substitute one chicken breast, split, boned, skinned, for veal.

CHOCOLATE MOOSE CUPS

- 1/2 cup semi-sweet chocolate pieces
- 2 teaspoons margarine
- 1/2 cup miniature marshmallows
- 3 tablespoons milk
- 1/2 cup semi-sweet chocolate pieces
- 1 3-oz. pkg. cream cheese, softened
- 1 tablespoon orange flavored liqueur
- 1/2 cup thawed whipped topping with real cream
- Melt chocolate pieces with margarine over low heat, stirring until smooth. Pour mixture into two paper baking cups. With back of spoon, spread chocolate mixture evenly up sides of baking cups. Refrigerate at least 1 hour.
- Melt marshmallows, milk and chocolate pieces over low heat, stirring until smooth. Chill until slightly thickened; mix until well blended. Combine cream cheese and liqueur, mixing at medium speed on electric mixer until well blended. Beat in marshmallow mixture. Fold in whipped topping. Peel paper baking cups from chocolate cups. Spoon marshmallow mixture into chocolate cups; chill. 2 servings.

SALMON STEAK FOR TWO
3 tablespoons margarine, melted

- 1 tablespoon dry white wine
- 1 (1 1/2 to 2 lbs.) salmon steaks, 1 inch thick
- 1 egg white
- 3 tablespoons real mayonnaise
- 1 tablespoon green onion slices
- 1/4 teaspoon dry mustard
- Combine margarine and wine. Place fish on greased rack of broiler pan. Broil 5 to 6 minutes on each side or until fish flakes easily with fork, brushing frequently with margarine mixture. Beat egg white until stiff peaks form. Fold in combined mayonnaise, onions and mustard. Spoon onto fish; broil until lightly browned. 2 servings.
- Variation: Substitute halibut steaks for salmon.

RICE ELEGANTE

- 1/2 cup rice
- 2 tablespoons margarine
- 1 cup water
- 1/2 teaspoon dried tarragon leaves, crushed
- Daash of pepper
- 1/2 cup thinly sliced celery
- 1/4 cup (1 oz.) grated parmesan cheese
- In saucepan, saute rice in margarine until lightly browned. Add water and seasonings; bring to a boil. Cover; simmer 10 minutes. Add celery; continue simmering 15 minutes or until rice is tender. Stir in cheese. Serve with additional cheese, if desired. 2 servings.

INDIVIDUAL STRAWBERRY TORTELS

- 3 tablespoons sugar
- 2 tablespoons cornstarch
- Daash of salt
- 1 1/2 cups milk
- 1 tablespoon margarine
- 1/2 teaspoon vanilla
- 1 cup thawed La Creme whipped topping with real cream
- 2 sponge cake dessert cups, split horizontally
- Strawberry halves
- Combine sugar, cornstarch and salt in saucepan; gradually add milk. Cook, stirring constantly, over medium heat until mixture is thickened. Boil 1 minute. Remove from heat; stir in margarine and vanilla. Cool; mix until well blended. Fold in whipped topping. For each serving, spread each cake layer with cream mixture; stack. Top with strawberries. 2 servings.

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FRESH RHUBARB- STRAWBERRY PIE
(For 9-inch Pie)

1 cup sugar
1/2 cup all-purpose flour
1/2 teaspoon grated orange peel (optional)
2 cups cut-up rhubarb (1/2-inch pieces)
2 cups strawberries
2 tablespoons margarine or butter

Heat oven to 425°. Prepare pastry. Mix sugar, flour and orange peel. Turn half of the rhubarb and strawberries into pastry-lined pie plate; sprinkle with half of the sugar mixture. Repeat with remaining rhubarb and strawberries and sugar mixture; dot with margarine. Cover with top crust that has slits cut in it, seal and flute. Sprinkle with sugar if desired. Cover edge with 2- to 3-inch strip of aluminum foil to prevent excessive browning; remove foil during last 15 minutes of baking.

Bake until crust is brown and juice begins to bubble through slits in crust, 40 to 50 minutes.

(Pie Shells available in our Grocery & Frozen Food Dept.)

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large head

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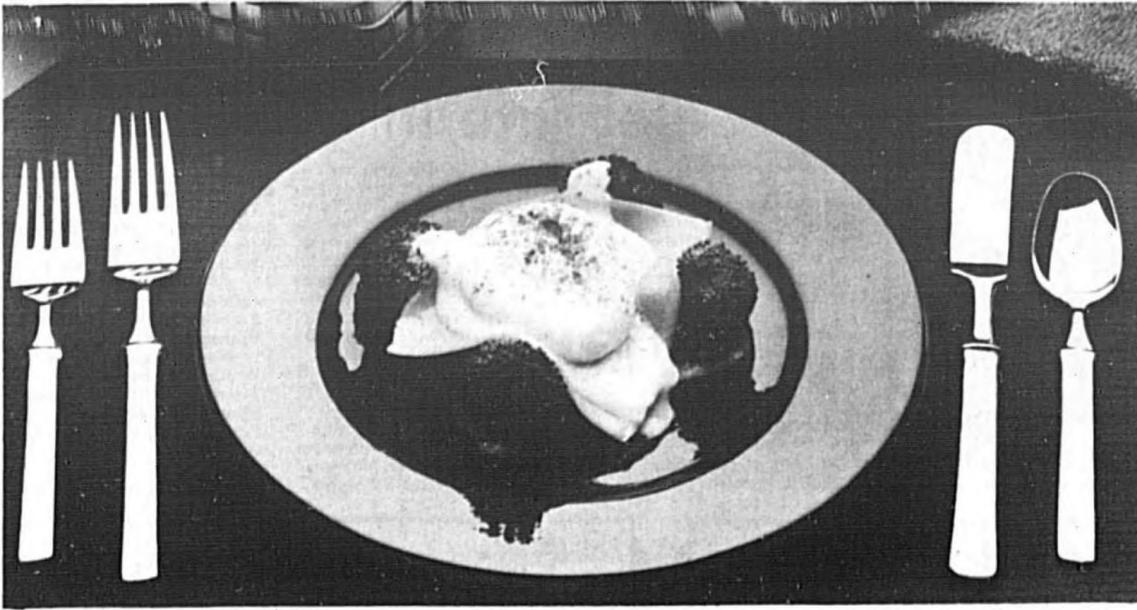
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Eggs Special With Zesty Cream Sauce is a nourishing meal within itself.

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After a strenuous workout or exhilarating run around the track, you're probably ready for a meal that's quick and easy to make and won't undo all the good you've done. Eggs Special with Zesty Cream Sauce is an easy, elegant entree that weighs in high on the taste scale, but comparatively low on the calorie count.

Eggs Special stars poached eggs, a dieter's boon, because large eggs are only about 80 calories each! Adding excitement to the dish is time-saving Zesty Cream Sauce which uses reduced-calorie mayonnaise as a base. It's zipped up with savory seasonings that help you subtract pounds and inches without sacrificing flavor.

This nourishing dish is a meal in itself, containing foods from each of the Basic Four Food Groups. (Eggs are such a high-quality protein source that they are classified in the Meat Group.)

Regular exercise is an important part of any fitness program and Eggs Special can have you out of the kitchen and back to the gym to shape up in almost no time!

EGGS SPECIAL WITH ZESTY CREAM SAUCE

6 slices thin-sliced whole wheat bread
1 package (10 oz.) frozen broccoli spears or frozen asparagus spears, cooked and drained
6 slices (1 oz. each) low-calorie American cheese

Zesty Cream Sauce (recipe follows)
6 poached eggs*

Paprika, optional
Divide and arrange broccoli spears among toast slices. Top each with 1 cheese slice. Broil about 4 inches from heat until cheese is melted, about 2 to 3 minutes. Top each with 2 tablespoons of the Zesty Cream Sauce and 1 poached egg. Sprinkle with

paprika, if desired. Makes 6 servings.

ZESTY CREAM SAUCE

$\frac{1}{2}$ cup reduced-calorie mayonnaise
3 tablespoons water
1 teaspoon prepared mustard
1 teaspoon tarragon leaves, crushed
1 teaspoon lemon juice
 $\frac{1}{8}$ teaspoon white pepper

In small saucepan, combine all ingredients. Cookover low heat, stirring constantly, until heated through.

*To poach eggs, in 3-quart saucepan or 10- to 12-inch omelet pan or skillet, heat 2 to 3 inches of water to boiling. Reduce heat to keep water simmering. Break eggs into large bowl. Then, slip eggs into water, holding bowl close to water's surface. Cook 3 to 5 minutes, depending on desired doneness. With slotted spoon, lift out eggs. Drain in spoon or on paper towels and trim and rough edges, if desired.

Strawberry Season Brings On Delicacies

FRESH STRAWBERRY PIE

2 pts. strawberries
1 3-oz. pkg. strawberry flavored gelatin
1 cup boiling water
1 3-oz. pkg. cream cheese, softened
2 tablespoons sugar
1 8-oz. container (3 cups) whipped topping with real cream, thawed

Pastry for 9-inch pie, baked
Place 1 pint strawberries in blender container. Cover; process on high speed until well blended. Dissolve gelatin in water; add pureed strawberries. Chill until thickened but not set.

Combine cream cheese and sugar, mixing at medium speed on electric mixer until well blended. Fold in $\frac{1}{2}$ cups whipped topping; spread onto bottom of crust. Pour gelatin mixture over whipped topping mixture; chill several hours or until set. Top with remaining whipped topping and strawberries. 8 servings

rind and 1 cup whipped topping, mixing just until moistened. Drop $\frac{1}{4}$ cup batter, 3 inches apart, onto greased cookie sheet. Bake at 450°, 10 to 12 minutes or until golden brown. Remove from cookie sheet immediately; cool. Split. Combine strawberries, juice and sugar; let stand 10 minutes. For each serving, cover bottom half of shortcake with strawberry mixture and whipped topping. Top with second half of shortcake, additional strawberry mixture and whipped topping. 8 servings

STRAWBERRY BREAD

1 cup chopped strawberries
 $\frac{1}{4}$ cups sugar
2 cups flour
2 teaspoons baking powder
 $\frac{1}{2}$ teaspoon salt
 $\frac{1}{2}$ cup margarine, melted
2 eggs
2 cups thawed whipped topping with real cream

1 8-oz. pkg. cream cheese, softened
1 tablespoon milk

Combine strawberries and $\frac{1}{4}$ cup sugar. Combine remaining sugar, flour, baking powder and salt. Add combined margarine, eggs and strawberry mixture, mixing just until moistened. Fold in $\frac{1}{2}$ cups whipped topping. Pour into greased 9 x 5 inch loaf pan. Bake at 350°, 1 hour or until wooden pick inserted in center comes out clean. Cool 5 minutes; remove from pan. Cool.

Combine cream cheese and milk, mixing at medium speed on electric mixer until well blended. Fold in remaining whipped topping. Spread onto cooled bread slices. 16 servings

ORANGE-BERRY SHORTCAKE

2 cups flour
1 tablespoon sugar
1 tablespoon baking powder
 $\frac{1}{2}$ teaspoon salt
1 egg, beaten
 $\frac{1}{2}$ cup milk
 $\frac{1}{2}$ cup margarine, melted
1 teaspoon grated orange rind
1 12-oz. container ($\frac{3}{4}$ cups) whipped topping with real cream, thawed

2 pts. strawberries, sliced
2 tablespoons orange juice
2 tablespoons sugar
Combine dry ingredients. Add combined egg, milk, margarine,



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