

Divisive Rumbblings Confront Canadian Monarchists

By TOMTIEDE
EDMONTON, Alberta (NEA) — For years now the people of Canada have been reconsidering their political experience, and the process has not been easy. Nationalists have built one camp, and separatists another, and events have become so divisive that no one is certain anymore what the future may hold.

Now there is even talk about **By law, the Queen of England is also the Queen of Canada, long may she reign, but the Monarchists believe there are sinister forces at work that would abdicate this heritage — they call it 'Brit bashing' — and tear the Dominion from its roots.**

doing away with the historic bonds with Great Britain. Prime Minister Pierre Trudeau is trying desperately to patriate the Canadian constitution, and, in addition, there are suggestions he would like thereafter to dump parliament and forge instead a presidential system of

government. An anti-English Canada? The mind boggles.

But all is not yet lost, by any means. For the confusing struggle has brought out the traditionalists as well. Several crusty patriotic groups are beginning to fuss and fume about accelerating events, and they are rallying the keepers of the public conscience with a cry of loyalty to the mother country.

The United Empire Loyalists is the oldest of the groups; it formed just after the American Revolution. Then there is the United Kingdom Association, the Royal Commonwealth Society, the Order of the Daughters of the Empire and, perhaps most notably, the 10,000 members of what is known as the Monarchist League.

The Monarchists are the most active of the lot, and their activity is focused unashamedly on the defense of the crown. They are in favor of Canadian independence, they support the Dominion's freedom to chart its own course, and yet they insist the nation must not lose sight of whence it came.

Alas, they claim it is losing sight. By law, the Queen of England is also separately the Queen of Canada, long may she reign, but the Monarchists believe there are sinister forces at work that would abdicate this heritage — they call it "Brit bashing" here — and tear the Dominion from its roots.

For example, the Queen's picture has been removed from most Canadian postage



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stamps. Likewise, the royal coat of arms has been taken down from many public buildings. And what about the cannon salute to the birthdays of the high family? There wasn't so much as a volley when the Queen Mum turned 80.

Monarchists say royal statues have been desecrated, the Queen's representatives have been hooted, and even government officials have joined in the heresy. Trudeau is the most conspicuous of the latter; Monarchists say he

has done more to undermine the royal customs than anyone in Canadian history.

E.g., there was the time Trudeau went to Buckingham Palace and made a disrespectful pirouette behind the Queen's back. The news photographers caught that one. Then when Elizabeth repaid the visit, and came to Canada in 1978, the premier decided to holiday in Morocco rather than greet the royal party.

And just recently, someone asked Trudeau what he

thought of the motherland. Well, he said, "It's not my motherland."

To be sure, Trudeau is the Monarchist's principal antagonist. He is, in fact, responsible for the league's founding. Shortly after he took office in 1968, a 17-year-old Tory named John Aimers decided the nation was in peril and organized a roll of luminaries and ordinary people to preserve tradition.

Aimers is now 28, and a headmaster at a private school in Winnipeg. Many

Monarchists think he's a genius and may someday be premier himself. Edmonton's Stanley Schumacher, a one-time member of Canada's House of Commons, says that Aimers represents the Dominion's future as well as its past.

But the future, according to Aimers the Royalist, is unclear. Because, he says, Trudeau is trying to unravel it. Aimers believes the premier's struggle with the constitutional question raises grave worries for tomorrow; he thinks the man wants to destroy Canada and rebuild it as something else.

On the surface of it, Trudeau's constitutional proposal doesn't seem all that somber. The nation was chartered by the British North America Act of 1867, a legality instituted by British Parliament, and the premier wants to patriate it, or bring it home, so it can properly become an all-Canada document.

But Trudeau also wants Britain to expand the BNA, by adding a bill of rights, and Aimers fears this could be a giant step toward doing away with parliament and eventually the monarchy. Angri-ly, Aimers says Premier Trudeau may have designs of becoming "the first president of a Canadian republic."

Hence the patriots are vigilant as never before. And John Aimer's Monarchists are circling the wagons.

"The monarchy has its faults," he admits, "but it has also provided this nation with



PRIME MINISTER PIERRE TRUDEAU
... England is not his motherland

many years of stability and progress." Besides, he adds, what is the alternative? If Canadians cut loose from the crown, why, before you know it they could end up like those rebels in the United States, and deservedly, too.

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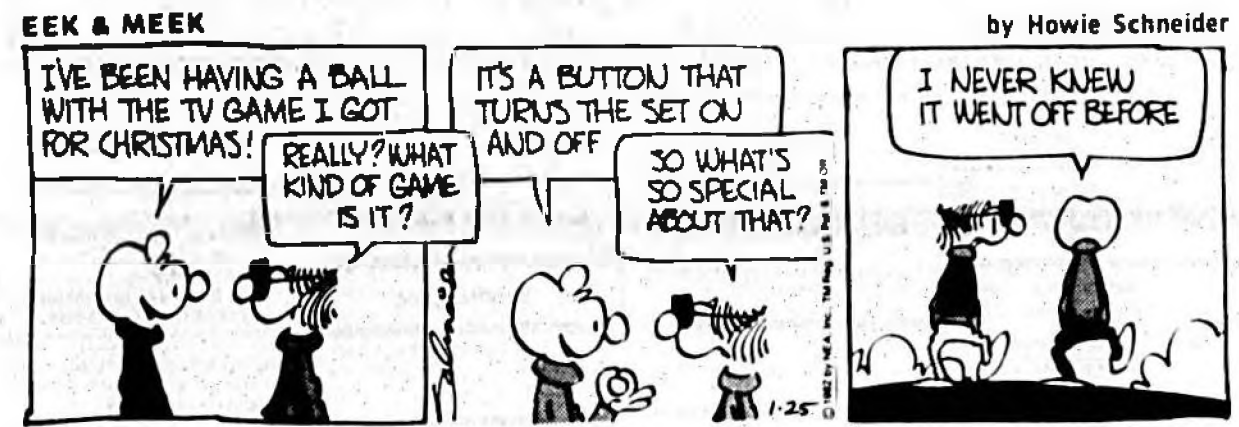
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ACROSS

- Gossip (sl)
- Small mass
- Small mass
- Sullen
- Before long
- Pique
- Lawyers
- Binding custom
- Cry of joy
- Generally
- Splendor
- Sixth sense
- Football league (abbr)
- Superlative
- Processed fuel
- Gets up
- Spoke out
- Works
- Kind of sail
- Looked at
- Southern "you"
- Genetic material
- Cowboy Rogers

DOWN

- Normandy invasion day
- Tiny particle
- Actress-playwright Gordon
- Boy Scout group
- Human being
- Batters (comp wd)
- Playthings
- Carry on
- Determination (2 wds)
- Russian lake
- Covered with moisture
- Lodger
- English racetrack
- Covered with velvety growth
- Texture
- Wear at edge
- One who frees length
- Score
- Sharp
- Authorless Ferber
- Dead Sea city
- Dresser
- Germ
- Surrender
- Desert region of Africa
- Booty
- One (Ger)
- Vanity box
- Measure of length
- Word of division
- Singer Martin
- Fishing snare

Answer to Previous Puzzle

PROFIATIS FRY
AEC OCTET RUE
TEE REPLAY TRM
ECLAT ERASE
SHOT HELLO GSA
OTHELLO GSA
LELTON
FIT SCPTRE
MIDIYON LENS
ONICE DYLAN
UNO FILMYAMA
NET TOEIN TOR
DIDS SUEDE ERE

1 2 3 4 5 6 7 8 9 10 11
12 13 14
15 16 17
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60 61 62

(NEWSPAPER ENTERPRISE ASSN)

HOROSCOPE

By BERNICE BEDE SOL

For Tuesday, January 26, 1982

YOUR BIRTHDAY January 26, 1982
Several old friends you're quite fond of but with whom you've been out of touch could reenter your life this coming year. The relationships will take up where they left off.

AQUARIUS (Jan. 20-Feb. 19) You're a bit of a dreamer today and that's good, because you are a realistic visionary. You'll figure out ways to bring into being what you contemplate. Find out more of what lies ahead for you in each of the seasons following your birthday by sending for your copy of Astro-Graph, Mail #1 for each to Astro-Graph, Box 489, Radio City Station, N.Y. 10019. Be sure to specify birth date.

PISCES (Feb. 20-March 20) This could be a fortunate day in that you may be invited to participate in something because the inaugurator respects you for what you'll be able to contribute.

ARIES (March 21-April 19) The key to a successful day is to show others your willingness to be cooperative. Much can be accomplished if you can get everyone pulling in the same direction.

TAURUS (April 20-May 20) You may have to work a bit harder today to accomplish your aims and purposes, but you are easily motivated and you'll take pride in doing the difficult.

GEMINI (May 21-June 20) You have the ability today to inspire and encourage others to raise their sights and hopes. You're likely to do so in two specific instances.

CANCER (June 21-July 22) Today you may be called upon to manage a situation for someone who can't seem to get finalized properly. You'll know what to do.

LEO (July 23-Aug. 22) A little friendly competition may be what's needed to bring out the best in you today. You'll enjoy pitting your abilities against those of others for the fun of it.

VIRGO (Aug. 23-Sept. 22) You have a knack today for turning unprofitable situations into something for personal gain. You'll do, yet will share with others.

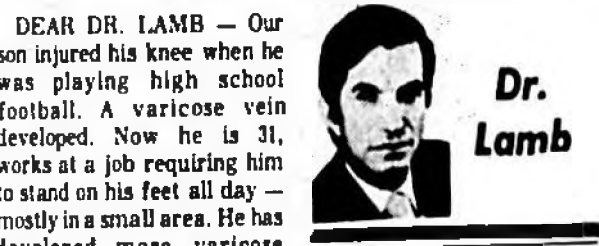
LIBRA (Sept. 23-Oct. 23) Don't be hesitant about stepping in to manage matters today if you see others lack the ability to do so. In fact, they're apt to welcome your assistance.

SCORPIO (Oct. 24-Nov. 22) This is one of those days when you could reap rewards from more than one source. Be on the lookout for ways to add to your resources or earnings.

SAGITTARIUS (Nov. 23-Dec. 21) Use your talents today for putting ventures or activities together where you can serve as the director or chairperson. You have the wherewithal.

CAPRICORN (Dec. 22-Jan. 19) If your innate motives are unselfish today, your possibilities for reaping a return for what you set out to do are extremely promising.

Old Injury Results In Varicose Veins



Dr. Lamb

DEAR DR. LAMB — Our son injured his knee when he was playing high school football. A varicose vein developed. Now he is 31, works at a job requiring him to stand on his feet all day — mostly in a small area. He has developed more varicose veins.

He is not one to go to a doctor for small things so I would like to know if having a kitchen step-up ladder to sit on and also to rest one leg at a time would be of help. Also, would stepping up and down on the steps of the ladder help the circulation and prevent his getting more varicose veins? Should he have surgery on the few faulty veins now? Would you recommend he wear support hose? He is large-boned but he is a bit overweight. Any advice about diet for varicose veins?

DEAR DR. LAMB — I make it a routine every night to exercise 20 to 25 minutes before I retire for the night. Occasionally my husband and I go out for dinner and drinks; when we return home I keep up my routine. Could having alcohol in my system at the time of exercising be harmful to me?

DEAR READER — Alcohol sometimes makes the heart beat faster or work harder. It also is an anesthetic so people don't feel pain when normally they would. Since pain is nature's signal that all is not well, the absence of feeling pain can be harmful. But if you only drink one or two cocktails and you feel all right, you aren't likely to have a problem with mild exercises.

However, most people sleep better if they do their exercise well before bedtime so their biological system can begin to slow down and get ready for sleep. Exercise activates your system and keeps you awake. Exercise does not speed up the elimination of alcohol as many people think. Why not? Because alcohol is metabolized by the liver and exercising your skeletal muscles will not speed up your liver metabolism in any way. The exercise may make you more alert, though, to overcome the sedative effects of alcohol.

Standing still is the worst possible thing to do for varicose veins. If you walk or exercise in any manner that causes the leg muscles to contract, the muscles will milk the blood out of the internal veins and decrease the pressure inside the veins.

External compression does help prevent the buildup of blood inside the leg veins, hence support hose. Your son can and should wear some external pressure garment, whether it is a pressurized stocking or a properly applied elastic bandage. It will help prevent or at least slow down the progression of varicose veins. Losing weight is a help but otherwise there is no diet to help prevent varicose veins. He would need an

WIN AT BRIDGE

NORTH 1-3-8-2
 ♠ Q 7 6
 ♥ A K 5 2
 ♦ K Q 2
 ♣ A K J

WEST 10-5
 ♠ 9 3
 ♥ 10 8 7 4 3
 ♦ 9 8 5 2
 ♣ 8 7 4

EAST 3-9-8-2
 ♠ J 10 8 4
 ♥ 8 6
 ♦ 8 7 4

SOUTH A K 4 3
 ♥ Q 7 6
 ♦ A J 5
 ♣ Q 10 3

Vulnerable: North-South
 Dealer: South
 West North East South
 Pass 7 NT Pass Pass
 Pass

Opening lead: ♠ 4

By Oswald Jacoby and Alan Sontag

Oswald: "Everybody writes about squeezes. A squeeze occurs when a player is forced to discard a winner or a guard for a winner in order to protect another winner or potential winner. The encyclopedia of bridge lists some 40-odd types of squeezes."

Alan: "The list is not complete. New types are continually being found not to mention new names for them."

Oswald: "Let's show the simplest possible squeeze. It is a squeeze in just two suits. If each opponent can stop one suit this squeeze won't work. If one opponent has to guard both he will be squeezed provided declarer knows how to develop it."

Alan: "Here is the two-suit squeeze in its simplest possible form. North looks at his 22 high card points and raises his partner to seven."

Oswald: "A beginner could work this squeeze without ever having heard of squeeze plays. All that is required is to watch to see what East discards on the last minor-suit top card."

Alan: "South cashes the diamonds and clubs. East must throw a heart or spade. Whichever suit he discards gives declarer a fourth trick in that suit which is all he needs for the grand slam."

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