



Seminole Herald

WEDNESDAY
April 21, 1999
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Weather
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Low 60
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College partners for learning.
2A



Lottery
Winning Numbers
3A

INSIDE

Ross White writes about church attire, please see page 4A.

BRIEFLY

Altamonte Springs Fire Department, in order to reduce drownings and increase water safety awareness, provides a free water safety survey to all city residents on request. The survey helps identify potential water hazards and steps to prevent a drowning. About 400 people die of drowning annually in Florida waters and most involve children under the age of four. For more information, call the Community Education and Injury Prevention Division at (407) 830-3991.

St. Luke's Lutheran Church, Oviedo, will hold the 5th annual UCF Spring Concert under the direction of John C. Whitney on Thursday at 7:30 p.m. at the church, 2021 West State Road 428 in Oviedo. The church-sponsored event is free to the public. Nursery care will be provided for small children. For more information, call (407) 365-3408.

Central Florida Zoological Park, 3755 Northwest Highway 17-92, and the City of Sanford will celebrate Earth Day at the Zoo from 9 a.m. to 1 p.m. at the Zoo's Rainforest Pavilion. More than 20 environmental and conservationist exhibitors are slated to attend. The first 500 guests to Earth Day '99 will receive a free tree sapling (one of 15 varieties). For more information, call (407) 323-4450.

American Red Cross will conduct standard First Aid courses on Saturday from 8 a.m. to 4 p.m. at Homecare America HealthScript, 1455 Semoran Blvd., Casselberry. Participants will learn life-saving skills for adults, including rescue breathing, CPR and first-aid. Related courses are also being taught at the chapter's Seminole Service Center, 705-C West State Road 434, Longwood. To register, call (407) 332-8200.

Florida Symphony Youth Orchestra will feature Concerto Competition winners at First United Methodist Church, 142 East Jackson St., Orlando on Sunday at 3 p.m. Conducted by Andrew Lane, this is the fourth concert in the 1999 subscription series. Tickets are \$10 for adults and \$5 for students and senior citizens. For more information, call (407) 999-7800.

Florida United Methodist Children's Home will benefit from the first ever Otter's Open Scramble for Kids golf tournament on Saturday at Olen Abbey Country Club in DeBary. A 1 p.m. shotgun start, cart and banquet following the event costs \$50 per person. The banquet will be held at Otter's Riverside Restaurant, Hidden Harbor Marina, 4370 Carraway Place in Sanford. To register, call (407) 323-3991.

QUOTE

"They are able because they think they are able."

--VERGIL

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Football star gets 10 years

By Bill Kerns
STAFF WRITER

Former Oviedo High School football star Jason Watts was sentenced in a Kentucky circuit court to 10 years in jail for an alcohol-related accident that killed two friends in November.

Watts, 22, received two consecutive five-year sentences for reckless homicide in the deaths of University of Kentucky football player Arthur Steinmetz and Eastern Kentucky University student Christopher Scott Brock, according to the Pulaski County circuit court.

Steinmetz and Brock were killed Nov. 15 at about 7 a.m. when Watts lost control of his 1985 Chevrolet truck on a rural state road 60 miles outside Lexington. The three men were thrown from the truck and were not wearing seat belts, investigators said.

Pulaski County attorney Fred Neikirk said that a blood sample taken from Watts showed he had a blood-alcohol level of .15. In Kentucky, the legal limit is .10. Watts still faces a DUI charge in district court.

Watts was originally charged with second degree manslaughter and drunken driving.

Following the accident of Nov. 15, Watts underwent surgery at the University of Kentucky Medical Center to clean treat lacerations to his right forearm. Watts was the start-

Please see Watts, Page 3A



The City of Longwood is studying how to improve the parking problems at Candyland Park. Officials say the south end of the parking lot tends to be overcrowded.

Park needs more parking spaces

By Bill Kerns
STAFF WRITER

LONGWOOD - Longwood City Commissioners agreed Monday that parking for Candyland Park needs to be improved, but failed to agree on how to improve the parking.

City staff will conduct a study of the parking situation at Candyland Park, and the commission will schedule a

work session to consider that study when it is complete.

The City began connecting the north end of Candyland's parking lot to the south end, but stopped one month ago after Longwood resident Sandra Lomax said that the connection of the two parking areas would enable drivers to speed between Grant Street and Skylark Subdivision, creating a safety hazard for children.

At the April 5 City Commission meeting, the city will schedule a

Please see park, Page 3A

Water use under eye of cities, county

By Vivian Gallimore
STAFF WRITER

LAKE MARY - Lake Mary city commissioners on Thursday voted unanimously to enact an emergency ordinance limiting water use following a weekend shortage which forced the city to interconnect to potable water from Seminole County.

The city of Casselberry previously held the toughest restrictions around, with no watering allowed from 10 a.m. to 8:30 p.m. Under the new restrictions, implemented immediately on passage, water use for gardening is restricted to 8 p.m. to 6 a.m., and strictly prohibited from 6 a.m. to 8 p.m.

Homes and businesses with even-numbered addresses will be allowed to irrigate on Monday, Wednesday or Fri-

day. Those with odd-numbered addresses will be allowed to water on Tuesday, Thursday and Saturday. Sunday watering is prohibited.

Water use for the purpose of cleaning home exteriors and surrounding areas and all types of transportation and recreational vehicles is banned under the ordinance. The only exceptions are businesses, like car washes, which use water in the course of business; and for the initial 30 days following passage, applies to new lawns and landscaping.

Well-water irrigation must comply with current St. Johns River Water Management District policy of no watering between 10 a.m. and 4 p.m.

The city last Monday received about 95 calls from citizens complaining about

Please see Water, Page 3A



Greenwood Lakes Middle School will compete in the world finals with team members, front row, Nick Krampath, Hayley Ashworth, Jessica Chu; back row, Alex Grub, Jacob Hoyer and Monica Ingalls.

Greenwood Lakes brain team goes to world finals

By Mary Howell
CORRESPONDENT

LAKE MARY - Greenwood Lakes Middle School will represent Florida in the world final Odyssey of the Mind competition.

Odyssey of the Mind (OM) is the largest worldwide creative problem solving competition

for children. The OM Association, Inc. is a private, not-for-profit corporation founded in 1978. OM's first World Finals competition was held in 1980. OM now draws participants from all 50 states and from more than 38 countries around the world. Greenwood Lakes Middle School is a member of OM and fielded

eight teams for this year's competition. At regionals, five of the eight teams earned the right to go to the state competition.

The state competition was held April 10 in Tampa. The five teams, competing in five different problems, were competing with middle school stu-

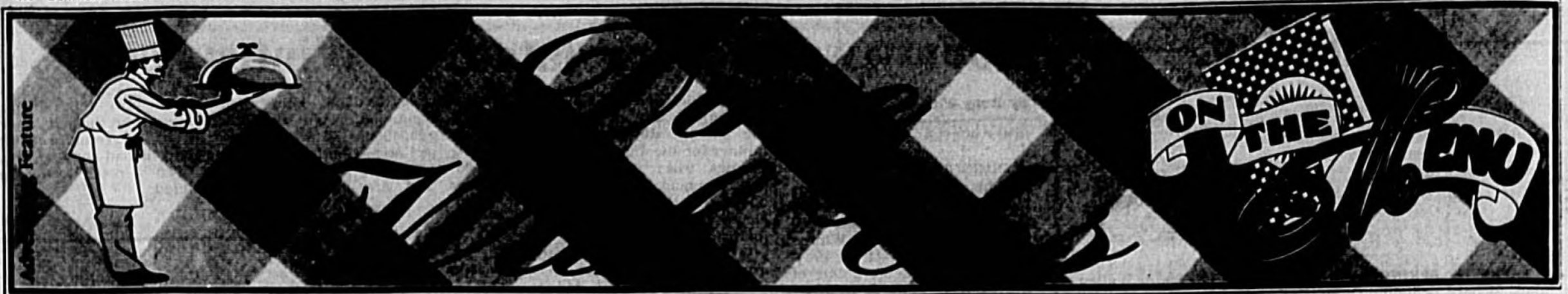
Please see Mind, Page 3A



Wish comes true

Susan Henderson and her 8-year old daughter Britany from Oviedo received a laptop computer from the Center for Grieving Children & Families and the Children's Wish Foundation with the New Hope Center in Maitland on Monday. The computer was given to Britany at Panera Bread in Maitland.

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NO. 1 華福華 WAO YUAN 格
CHINA WOK
 1750 Sun Shadow Dr. Suite 130
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3386 U.S. Hwy. 17-92 Suite 141
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 (By Publix Super Market)
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The Bernie Lee Trio.

**Times Square Bistro:
 a place to get the blues**

For the best in local entertainment and dining, downtown Sanford's Times Square Bistro is unsurpassed.

The Times Square Bistro offers dining, gift shopping and live entertainment. Housed in a historic building that once served as the Sanford (now Seminole) Herald newspaper office, the Bistro was recently renovated.

Besides the great menu choices and cozy atmosphere, the Times Square Bistro is home to one of the best blues/jazz bands in the area.

The Bernie Lee Trio, which recently completed dates at Disney's Yacht and Beach Club, Gina's on the Water and the Citrus Club of Orlando, appears every weekend at the Bistro.

The trio consists of George Myles, who plays drums and has been the personal drummer for Dee Clark, The Drifters and Ketty Lester. Myles has also performed with the Charley Bateman Big Band.

Bob Rose, on the piano, is a product of the Julliard School of Music and has made his musical footsteps in the Village Gate and the Village Vanguard in New York City.

Bernie Lee, for whom the trio is named, plays the bass. His musical roots are in gospel and he was taught the love of music by his mother, who played the piano. Lee has used his groups' talents as an opening act for major artists in the country including The Jimmie Smith Trio, The Count Basie Orchestra and Ray Charles.

On occasion, the group is joined by Herman Howard, a Cincinnati native whose specialty is the piano. Howard teaches at a parochial school in Orlando when he is not performing and has played all over the states of Ohio and Florida.

Head out to the Times Square Bistro this weekend and experience great dining coupled with some of the best blues and jazz to come to the Central Florida area.

Candlelight Catering
 Full Service Catering Off and On Premises

Now Serving
FULL BREAKFAST BAR
 SUNDAYS 9 am to Noon

Public and children welcome. (Children under 10 - \$2.50)
 Includes: Eggs, Home Fries, Biscuits and Gravy, Bacon, Sausage, Fresh Fruit, Assorted Danish, Coffee

\$4.50

Specialty orders from the kitchen extra
 This weeks feature: Eggs Portugese add \$3.00 w/buffet

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 Mona Lisa Ristorante

\$10.00
 Bottle of wine (your choice) with 2 dinners, limit one per table, with coupon. Not valid with any other offers or discounts Exp. 4-17-99

330-1299
 3500 N. Hwy 17-92
 Just south of Seminole County College

Hours
 Lunch: 11:30 - 2:30 Tues - Fri
 Dinner: 4:30 - 10 Tues - Sun
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The Bernie Lee Trio
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Bistro
 Historic Downtown Sanford
 Jazz Club & Music Gift Shop

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 407.302-2823

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 ALL DAY BUFFET • OPEN 7 DAYS
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 Turkey & Roast Beef Fresh From Oven Daily at 4 PM

• Over 50 Items • Salad Bar • Dessert
 SOME OF OUR BUFFET ITEMS INCLUDE:
 • Sweet & Sour Chicken • Beef w/Broccoli • Sautéed Mushrooms
 • Singapore Rice Noodles • Egg Roll • Oven Baked Chicken
 • Vegetable Lo Mein • Shrimp Cocktail • Ice Cream • Pepper Steak
 • Sesame Chicken • Bar-B-Que Ribs • Leg Of Lamb • Fish
 • Garlic Chicken Wing • Much Much More - Menu May Vary

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Sergio's Italian Restaurant
 Announcing **Grand Opening**

• Elegant Dining
 • Authentic Italian Cuisine
 • Daily Lunch and Dinner Specials
 • Premier Service
 • Lunch 11am - 4 pm
 • Dinner 4 pm - 10 pm
 • Reservation welcome
 • Conference - Meeting Room Available

• Full Liquor Bar
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 • Happy Hour 4 pm to 7 pm
 • Daily Drink Specials
 • Big 64 inch TV
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LIVE CONCERT
 "Tribute To 'Selena'"

Thank You Central Florida for 10 Successful Years!

Brand New Location Located 1 Mile North of Lake Mary Blvd. - Behind ABC Liquor 2895 Orlando Dr. Sanford 323-4040 323-9043

STOGGES Nightclub

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THURS. LADIES NITE 2-4-1 DRINKS 8pm TILL CLOSE

Fri. & Sat Live Music

Daily Lunch Specials
Oyster Bar
Crab & Shrimp
 Open 11am till 2am
 7 Days a week
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 Corner of 25th St. & Park Ave. In Sanford

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For as little as \$30/week, your ad will appear on this page, highlighting the best local restaurants. Once you commit to 16 weeks, we will do a review story for you. Featuring all of the great things your business has to offer.

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\$3.00 Off Minimum Purchase \$20.00 Dine-In or Take-Out W/coupon

\$1.00 Off Dinner Buffet per person W/coupon

Legal Notices

NOTICE OF ACTION OF CONSTRUCTIVE SERVICE IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA... CASE NO. 99-1119-BR-02-G

CITY OF LAKE MARY, FLORIDA. NOTICE OF PUBLIC HEARING. NOTICE IS HEREBY GIVEN BY the City Commission of the City of Lake Mary, Florida...

AN ORDINANCE OF THE CITY OF LAKE MARY, FLORIDA, AMENDING ORDINANCE NO. 811, PROVIDING FOR THE SECOND AMENDMENT TO THE FINAL DEVELOPMENT PLAN OF HEATHROW PLANNED UNIT DEVELOPMENT...

CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA. Case# 99-10-CA-14-K PLAINIFF vs. LINDA A. BARTZ

NOTICE OF FORECLOSURE SALE. NOTICE IS HEREBY GIVEN pursuant to a Summary Final Judgment of foreclosure dated April 7, 1999, entered in Civil Case No. 99-258 CA 14 K of the Circuit Court in and for SEMINOLE County, Sanford, Florida...

Legal Notices

IN THE CIRCUIT COURT FOR SEMINOLE COUNTY, FLORIDA PROBATE DIVISION File Number 99-242-CP IN RE: ESTATE OF ANNA JEANETTE GREEN Deceased.

NOTICE OF ADMINISTRATION. The administration of the Estate of ANNA JEANETTE GREEN, deceased, File Number 99-242-CP, is pending in the Circuit Court for Seminole County, Florida, Probate Division...

Personal Representative: HECTOR JOHNSON BROWN 5420 Bear Lake Circle Apopka, Florida 32703

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA. GENERAL JURISDICTION. CASE NO. 99-10-CA-14-K

NOTICE OF FORECLOSURE SALE. NOTICE IS HEREBY GIVEN pursuant to a Summary Final Judgment of foreclosure dated April 7, 1999, entered in Civil Case No. 99-258 CA 14 K of the Circuit Court in and for SEMINOLE County, Sanford, Florida...

IN accordance with the Americans with Disabilities Act, persons with disabilities needing a special accommodation to participate in this proceeding should contact the Clerk of the Circuit Court at the SEMINOLE County Courthouse at 407-323-4330...

Legal Notices

NOTICE TO THE PUBLIC. Notice is hereby given that a Public Hearing will be held by the Planning & Zoning Commission in the City Commission Chambers, City Hall, Sanford, Florida at 7:00 p.m. on Thursday, May 8, 1999...

LEGAL DESCRIPTION. The 8 580' of Lot 94 (LESS the 8 18' for Rd and LESS ROW for State Road 48 on 81' Flat Land & Colonization Company, Ltd., W. Beardall's Map of St. Joseph's, as recorded in Plat Book 1, Page 114, Public Records of Seminole County, Florida...

NOTICE OF FICTITIOUS NAME. Notice is hereby given that I am engaged in business at 6220 West 38, 48, Sanford, FL 32771, Seminole County, Florida...

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA. GENERAL JURISDICTION. CASE NO. 99-10-CA-14-K

NOTICE OF FORECLOSURE SALE. NOTICE IS HEREBY GIVEN pursuant to a Summary Final Judgment of foreclosure dated April 7, 1999, entered in Civil Case No. 99-50 CA 14 K of the Circuit Court in and for SEMINOLE County, Sanford, Florida...

IN accordance with the Americans with Disabilities Act, persons with disabilities needing a special accommodation to participate in this proceeding should contact the Clerk of the Circuit Court at the SEMINOLE County Courthouse at 407-323-4330...

Legal Notices

IN THE CIRCUIT COURT FOR SEMINOLE COUNTY, FLORIDA CIVIL DIVISION CASE NO. 99-50-CA-14-K OCWEN FEDERAL BANK, FSB, Plaintiff, vs. ROBERT J. KESSLER and SUSAN A. KESSLER, Defendants.

NOTICE OF SALE PURSUANT TO CHAPTER 48 NOTICE IS HEREBY GIVEN pursuant to an Order of Summary Final Judgment of foreclosure dated April 7, 1999, and entered in Case No. 99-50-CA-14-K of the Circuit Court of the Eighteenth Judicial Circuit in and for Seminole County, Florida...

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA. CIVIL ACTION. CASE NO. 99-2664-0A-16 U.S. BANK, NATIONAL ASSOCIATION, AS TRUSTEE FOR THE REGISTERED HOLDERS OF SALOMON BROTHERS MORTGAGE SECURITIES VII, INC. NEW CENTURY ASSET-BACKED FLOATING RATE CERTIFICATE SERIES 1998-NC3 UNDER THE APPLICABLE POOLING AND SERVICING AGREEMENT

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Softball

Continued from Page 18. Don Pablos of Sanford: two hits - Lori Poe (home run, run, RBI), Carol Pendarvis (run), Kelly Otero (RBI), Paula Songer; one hit - Marie Byrd (run), Diane Colangelo, Lynn Pell, Lucy Sellers.

Babe Ruth. Continued from Page 18. Adonish Cain; one RBI - Chris Widdle.

BAMBINO MAJORS. Results - Rotary Breakfast Club Expos 17, Rinker Materials Devil Rays 8; Sanford Lodge #62 Free & Accepted Masons Rays 12, Sanford Electric Athletics 1.

Preps. Continued from Page 18. this afternoon (4:15 p.m.) and then hosting SAC champion Oviedo on Thursday at 7 p.m.

FIGHTING SEMINOLES 5, PATRIOTS 4. Seminole 000 000 5 - 5 0 1 Spruce Creek 101 100 1 - 4 7 4

PATRIOTS ON FIRE. ALTAMONTE SPRINGS - Don't look now, but it looks like the Class 6A-District 3 softball tournament looks like it will be wide open affair.

Everyone knows Lake Mary is the defending state champions and are loaded and Oviedo has overcome a slow start to earn the to-be seed in the tournament that will be held at Lake Mary.

Outdoors. Continued from Page 18. south to Lake Winder. Tiny Nappas continue to be deadly, as bass are gorging on minute ditch minnows and grass shrimp.

NEW PACKAGE! No Fees, Bring All The Children! WAL-MART Portrait Studio. Photographer Will Be Available These 5 Days Only: Thursday, April 22 through Monday, April 26

Softball

bles, four runs, six RBI; three hits - Sheila Sanders (home run, three runs, four RBI), Robin Bishop (run, RBI), Gloria Efrid (four runs); two hits - Betty Bowne (double, two runs, two RBI), Deborah Manfredi (two runs, three RBI); one hit - Debbie Huss (four runs, two RBI); three runs, one RBI - Teresa Howdyshell; one hit - Sheila Sanders (run); one run, one RBI - Jenny Blowers; one run - Debbie Huss.

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Results - Rotary Breakfast Club Expos: one hit - Eddie Hogan (triple, run, RBI), Kashif Vallot (three runs); three runs - Lyndon Merthie; two runs - Marcus Kendrick, Jason Tate, Anthony Donaldson; one run - George Easley, Rodney Medlock, Aaron Benson, T.P. Peake.

over the past three weeks. The Patriots (13-11) saw the Blue Darters take a 1-0 lead in the top of the first inning and hold that margin until the hosts scored two runs in the bottom of the fifth inning.

PATRIOTS 4, BLUE DARTERS 3. Apopka 100 002 0 - 3 4 2 Lake Brantley 000 022 X - 4 6 2

Everyone knows Lake Mary is the defending state champions and are loaded and Oviedo has overcome a slow start to earn the to-be seed in the tournament that will be held at Lake Mary.

Now, Lake Brantley is also making a statement of its own, edging Apopka Tuesday night, 4-3, for its fifth straight win.

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National League RBIs. RBI leaders in the National League for the last five years. 1996 Sammy Sosa, Chi 150. 1997 Andres Galarraga, Col 140. 1998 Andres Galarraga, Col 130. 1995 Dante Bichette, Col 128. 1994 Jeff Bagwell, Hou 116.

Babe Ruth. Continued from Page 18. Adonish Cain; one RBI - Chris Widdle. Diamond Backs 010 000 - 1 4. Expos 010 113 - 0 7. Athletics 000 100 0 - 1 8. White Sox 001 112 X - 0 4.

BAMBINO MAJORS. Results - Rotary Breakfast Club Expos 17, Rinker Materials Devil Rays 8; Sanford Lodge #62 Free & Accepted Masons Rays 12, Sanford Electric Athletics 1. Standings - American Division: Sanford Lodge #62 Free & Accepted Masons Yankees (9-2-1), Rinker Materials Devil Rays (6-6) and Sanford Electric Athletics (3-9); National Division: Railroaders Cubs (8-2-1), Rotary Breakfast Club Expos (5-7) and Sunniland Corporation Marlins (3-8).

Preps. Continued from Page 18. this afternoon (4:15 p.m.) and then hosting SAC champion Oviedo on Thursday at 7 p.m. The Class 5A-District 5 Tournament will be hosted by the Fighting Seminoles next Tuesday, Wednesday and Friday, Seminole will not play until Wednesday.

FIGHTING SEMINOLES 5, PATRIOTS 4. Seminole 000 000 5 - 5 0 1 Spruce Creek 101 100 1 - 4 7 4

PATRIOTS ON FIRE. ALTAMONTE SPRINGS - Don't look now, but it looks like the Class 6A-District 3 softball tournament looks like it will be wide open affair.

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NEW PACKAGE! No Fees, Bring All The Children! WAL-MART Portrait Studio. Photographer Will Be Available These 5 Days Only: Thursday, April 22 through Monday, April 26

People

How to live with a teen-age vegetarian

Anyone who has lived with a newly converted teen-age vegetarian will tell you that there is no more self-righteous, holier-than-thou, intense person on earth.

There are many sound reasons to be a vegetarian. If I didn't like meat so much, I'd probably become one again. I believe that a vegetarian diet can be healthier than an omnivorous one, and it can be a part of one's spiritual, moral and ethical convictions.

Now, Bantam Books has done a wonderful thing by publishing a book called "Vegetables Rock! A Complete Guide for Teenage Vegetarians." This book can help teen-agers — and their parents — negotiate the world of vegetarianism, make healthy and informed choices, and cut out the emotional terrorism it offers.

Farfalle With Broccoli and Broccoli-Butter Sauce

8 ounces farfalle (bow-tie pasta) 1 large head broccoli (about 1 pound) salt and freshly ground black



Photo by Paul O. Blavatnik for New England Culinary Institute

FOOD MARIALISA CALTA

pepper, to taste 3 tablespoons well-chilled butter, cut into small pieces

Cut the broccoli into florets, leaving only 1/2 inch of stem on the florets. Reserve.

Peel the remaining stems and cut them into 1-inch pieces. Cook, covered, in 1-1/4 cups salted water until very soft, about 25 minutes. Transfer the stems and water to a blender, and puree until very smooth.

Heat the sauce gently and serve over the pasta and broccoli. Yield: 4 servings.

canned whole-kernel corn and the oil for cooking. Transfer to a bowl and gently stir in the whole kernel corn.

Preheat oven to lowest setting. In a large saute pan, heat 2 tablespoons oil on medium-high heat.

Serve warm fritters with dipping sauce. Yield: 30 to 36 fritters.

SANDWICH TOASTED GRANOLA

3/4 cup honey 4 ounces unsalted butter 1/2 cup packed brown sugar

Preheat oven to 325 degrees. In a medium saucepan, combine the honey, butter and brown sugar; heat over low heat until butter melts.

Working in batches, if necessary, spread mixture out evenly on baking sheet. Bake until golden brown, stirring periodically to ensure an even coloration.

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CALENDAR

Woman's club

Lake Mary Woman's Club meets the fourth Wednesday of each month from September through May.

Recovery, Inc

Recovery, Inc., is a self-help mental health organization for people who suffer from panic attacks, depression, fears and general nervous symptoms.

TOPS

Local Chapter 232 of TOPS in Longwood (Take Off Pounds Sensibly) meets every Wednesday at 6:30 p.m.

Blood Bank

Central Florida Blood Bank is asking donors of all types blood — especially O-type donors — to donate at its Sanford branch.

Lunch, fellowship

All area seniors are invited to join a seniors group currently meeting at the Orthodox Church of St. Stephen.

The group meets on the second and fourth Wednesday of the month. For more information, contact Mary Burke at 330-6391.

Widowed persons

All widowed persons are invited to meet at 1:30 p.m. the second and fourth Wednesday of every month at the Casselberry Senior Center.

Nar-Anon

Nar-Anon meets every Wednesday at 8 p.m. at Orlando Regional South Seminole Hospital, 555 West State Road 434.

Rotary Club

Rotary Club of Lake Mary meets Thursday mornings, 7:30-8:30 a.m., at the Marriott.

Courtyard, off West Lake Mary Boulevard. Contact Mike McLean, president, at 324-5882.

Sertoma Club

The Sertoma Club of South Seminole County, dedicated to the advancement of speech and hearing children, meets every Thursday morning, from 7:30 to 8:30 a.m.

Weight Watchers

A local chapter of Weight Watchers meets at the Lake Mary Community Building every Thursday from 4:45 to 6:45 p.m.

Toastmasters

The Omni Toastmasters Club #6861 will meet at 5:30 p.m. every Thursday at the AAA Building, 1000 AAA Drive, Heathrow.

Recovery

Fresh Start Recovery programs offers 12-step support groups for those experiencing life-controlling problems. The groups meet every Thursday, at 7:30 p.m.

ToughLove support

ToughLove Orlando, a parent support group, meets every Thursday from 7 to 9 p.m. at St. Stephen Lutheran Church, 2140 Hwy. 434.

Blue Grass Pickers

Sanford Blue Grass Pickers meet every Thursday, from 6-10 p.m., at the Greater Sanford Chamber of Commerce.

YOUR NEWSPAPER OWNS YOU THE WORLD

WEDNESDAY PRIME TIME

Table with columns for time slots (6:00, 6:30, 7:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30) and corresponding program titles.

Granny's teased hairdo offends bride

DEAR ABBY: I have a beautiful, sweet grandmother who has been going to the same beauty shop for 40 years.

For my wedding, I offered to send her to my stylist and pay for it, but she said she would feel so disloyal to Sue that she could never look her in the face again.

DEAR GRANDDAUGHTER: Your grandmother sleeps with

ADVICE COLUMNIST Dean Abby with a photo of her.

her hair wrapped in toilet tissue because she wants her "set" to last between shampoos.

DEAR ABBY: What is the proper etiquette when it comes to baby showers? I have a friend who wants a shower for her second child.

DEAR WONDERING: In my opinion, it's improper to do it this soon. Be honest with your friend and explain why you're uncomfortable about hosting another baby shower.

DEAR ABBY: The letter from "In a Bind," whose cousin didn't want her to name her baby after their uncle, reminded me of a joke one of my co-workers shared with me.

A young couple were having their first child, a girl. The wife began searching through baby books, looking for just the right name for their daughter. After sev-

eral months of "research" she finally decided the perfect name was "Calliope." Her husband disliked the name, but he was a skilled negotiator.

WHAT'S IN A NAME IN NEBRASKA

"OUR GOAL IS TO GIVE YOU THE BEST POSSIBLE SERVICE EVERY DAY" Ed Kramarcik, Circulation Manager. Includes contact information for Seminole Herald.

Seminole Herald

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BOB'S PEANUTS Regular, cajun, roasted, fresh jumbo shrimp, smoked fish, jerky. 2330 Catery Ave, Sanford. 324-8963.

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You'll find good recipes and entertaining ideas every Wednesday in the Seminole Herald.

223-MISCELLANEOUS

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KIT 'N' CARLYLE © by Larry Wright



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Editorial Assistant Wanted Part time editorial assistant wanted at the Seminole Herald, a community newspaper in Sanford, FL. Must type at least 50 wpm and be able to proof read editorial copy. Apply in person at: Seminole Herald 300 N. French Ave., Sanford, FL 32771

ACROSS 1 Trial offering 7 Hebrew prophet 13 Typewriter bar 14 Blood fluid 15 Entertainer Leslie - 16 Get 17 "Kapital" 18 Paper of indebtedness 20 Friar's title 21 Waters down 25 Rhine siren 28 - John of rock 32 "Cheers!" 33 Go away 34 Babylonian abode of the dead 35 Politician Shimon of Israel 36 Makes docile 37 Unlocks again 39 Is annoyed by 41 Genetic material: abbr. 44 Autome precader 45 Small spot 48 Obstructed 51 Performed 54 Army command 55 Mediterranean nation 56 Over there 57 Affirmed DOWN 1 Tater 2 Seaweed 3 Doctor's office reading 4 School org. 5 Astronaut's ferry 6 Store fodder 7 Pour forth 8 Vestment 9 Wrestler's surface 10 America's fliers: abbr. 11 Arab noble 12 Singer - Cantrell 19 French affirmative 21 Merchant 22 Mistreat 23 Fish trap 24 Dozes 25 Future attys.' exam 26 Gumbo ingredient 27 Gad about 29 Biblical weed 30 Pizzeria need 31 Costner role 37 Emeritus: abbr. 38 Part of E = mc^2 40 Passover feast 41 1944 invasion date 42 Western defense org. 43 Hymn's finale 45 Acts 46 Single time 47 Prepared to drive 49 Crazy 50 Compass point 52 Sooner than 53 - Molines

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HOROSCOPES



Although you might have to overcome a few obstacles on your ambitious path in the year ahead, you will achieve the successes you desire if you have continuity of purpose throughout.

TAURUS (April 20-May 20) It's only hold you back today if you team up with someone who is wacky-mesky or incoherent. Avoid allies who are liabilities, especially when there is an important assignment to get done. Know where to look for romance and you'll find it. The Astro-Graph Matchmaker instantly reveals which signs are romantically perfect for you. Mail \$2.75 to Matchmaker, c/o this newspaper, P.O. Box 1758, Murray Hill Station, New York, NY 10158.

GEMINI (May 21-June 20) Going into a job believing it's too difficult, or thinking you're simply not qualified to succeed is a sure formula for failure. Don't give in to negative thinking before you even try.

CANCER (June 21-July 22) You could be a bit too glib for your own good today, and someone who knows you are fond of him or her might use this to manipulate you. Don't be naive, you'll only get hurt.

LEO (July 23-Aug. 22) As much as you might like to, you can't sweep the things you'd rather not face under the rug. If there is a matter that must be resolved, do so boldly.

VIRGO (Aug. 23-Sept. 22) It's best to postpone any delicate assignments today if you feel your mind is too cluttered with unrelated thoughts to give it your undivided attention. Tackle the task another day.

LIBRA (Sept. 23-Oct. 22) Don't give in to spur-of-the-moment, extravagant whims today. Spend the way could lay the groundwork for future financial problems you'll wish you didn't have.

SCORPIO (Oct. 23-Nov. 22) Follow through on any promises you made today to someone who is relying on your word no matter how inconvenient it is for you to comply. The consequences would put you in a worse bind.

SAGITTARIUS (Nov. 23-Dec. 21) Avoid any companions or individuals whose

office aren't up to par with yours today. A shy acquaintance might try to convince you otherwise, but it'll be to your detriment.

CAPRICORN (Dec. 22-Jan. 19) Superficial individuals aren't the type of people you can rely on, nor with whom you can have any substantive relationship. Spend your day with people who like you for who you are.

AQUARIUS (Jan. 20-Feb. 18) In a situation where you need to be more assertive, you could find yourself being a trifle too reticent. Unfortunately, if you don't take care of yourself, no one else will.

PISCES (Feb. 19-March 20) A problem you had with an acquaintance who has perturbed you can be rectified if you don't add fresh fuel to the fire. Avoid making any snide remarks about this individual today.

ARIES (March 21-April 19) If the company can't give you what you want, don't feel obligated to do business with someone just because you know him or her on a personal basis. Try other places.

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WIN AT BRIDGE

Debatable advice

By Phillip Alder

Over the years, I have spent much time deciding whether my readers would be happier if I stuck to 1950s' bidding, with 16-18 no-trumps, forcing raises and strong two-bids, or if I moved everyone into the 1990s.

As regulars will know, I lean toward modernization. Yet I strive not to offer incorrect advice, and when I see another writer suggesting an action I consider totally wrong, it bothers me. Look at the North hand. The dealer on your right opens one heart. What would you do?

Now become South, declarer in four spades. West starts with two top hearts. How would you continue?

There is only one right answer to that bidding problem: a takeout double. True, two clubs might work bet-

ter, but it is markedly inferior. (If the five-card suit were spades, overcalling one spade would be better. Always strive to get a five-card major into the auction.)

With the vulnerability in his favor, East applied maximum pressure with his pre-emptive jump to four hearts. South might have doubled — and collected 200 — but he preferred to go for the vulnerable game.

Declarer realized that if he ruffed the second heart, he would probably need trumps to split 3-3. Instead, he discarded a diamond.

If West had played a third heart, South would have ruffed in the dummy, drawn trumps, and run the clubs for 10 tricks. When West exited with a club, declarer won in hand and led a diamond. His luck was in as West couldn't win with the ace and give his partner a club ruff. (That possibility is less likely than a 3-3 spade split.)

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North		04-20-09	
♠	A J 4		
♥	4 2		
♦	K 7 3		
♣	A Q J 6 2		
West			
♠	8 2		
♥	A K Q 7 3		
♦	A 10 9 2		
♣	9 4		
East			
♠	7 6 5 3		
♥	J 10 8 6 5		
♦	8 6		
♣	10 8		
South			
♠	K Q 10 8		
♥	9		
♦	Q 8 5 4		
♣	K 7 5 3		
Vulnerable: North-South			
Dealer: West			
South	West	North	East
1♥	2♣	3♠	4♥
4♣	Pass	Pass	Pass
Opening lead: ♥A			

ASK DR. GOTT

When should colonoscopy be repeated?

DEAR DR. GOTT: I have a family history of colon cancer. I had a normal colonoscopy in 1997. My gastroenterologist wants to repeat the test every five years. I would prefer to have it done every two years. What do you think?

DR. GOTT: I think that you should follow the specialist's advice. For the most part, colon cancers grow slowly, so — based on your relatively recent, normal colonoscopy — you are probably safe to wait out the full five years that he suggests. Nonetheless, I urge you to discuss your concerns with the doctor. Perhaps, given your level of concern, he would compromise and examine you every three or four years.

To give you related information, I am sending you a copy of my Health Report "Viruses and Cancer." Other readers who would like a copy should send \$2 plus a long, self-addressed, stamped envelope to P.O. Box 2017, Murray Hill Station, New York, NY 10156. Be sure to mention the title.

DEAR DR. GOTT: Can a person get cancer from having oral sex?

DR. GOTT: No, except in the most unorthodox circumstances. If,

DR. GOTT

PETER GOTT, M.D.



for example, the partner were to have a cancer on the genitals, I suppose that there would be some risk. But this is simply a theoretical unlikelihood. As a practical matter, cancer is not spread during physical contact, including sexual relations. Remember, however, that certain herpes infections are spread through sex, and such viruses may cause subsequent cancers.

DEAR DR. GOTT: I have a sore on my calf that won't heal. I am 82 years old and have had varicose veins. My doctor suggested that I use antibiotic cream, but it hasn't worked. What might help?

DR. GOTT: I suspect that you

have developed a varicose ulcer due to poor circulation in the skin around your varicose veins. Often, such chronic ulcers become infected and require surgical attention to remove the ballooned-out veins. I suggest that you elevate the leg whenever possible, use elastic support stockings, apply warm compresses three times a day, and keep the ulcer clean with soap and water. If the ulcer fails to improve within two or three weeks, ask your physician to refer you to a surgeon for a second opinion.

DEAR DR. GOTT: Is there any danger in eating raw potatoes? My husband insists that they can cause worms.

DR. GOTT: Raw potatoes are safe to eat and do not cause disease, providing the skins are well-washed and any dirt or rotten spots removed. I don't know where your husband got the idea of worms. Potatoes don't have them — but, of course, the soil in which they are grown might. So, if you're not too scrupulous in washing the uncooked potatoes, I suppose that worm-eggs could be carried in the dirt on the potato skins and thereby be transmitted during consumption.

Seminole Herald



What's happening in and out of the schools.

Seminole Herald, Sanford, Florida - Wednesday, April 21, 1999 - 1C

SAVING THE PLANET

Kids at South Seminole Middle School (top, middle) and Hamilton Elementary work to preserve the environment.



Herald Photos by Tommy Vincent



Pond scum can be fun!

Kids at South Seminole creating habitat area

By Jeff Berlincke

ASSISTANT SPORTS EDITOR

Try finding a bunch of kids who volunteer to stay after school to play with pond scum.

You won't find that at too many places.

But it's different at South Seminole Middle School in Casselberry where the kids are having a blast clearing algae from an on-campus pond. Eventually, the plan is to aerate the pond to allow for more oxygen to make it a welcome mat for all kinds of birds, wildlife and fish.

A designated portion of the South Seminole campus was recognized as a National Wildlife Federation Schoolyard Habitat. The program was launched in 1995 and encourages the creation of wildlife habitats as learning centers on campuses across the nation.

At South Seminole, a large group of volunteers, some from different schools, stay after school to work in the pond, clearing out the pond and, generally, having fun.

Today, the next phase of the program goes into effect as the kids erect a windmill which will provide backup power to further aerate the pond which will serve as a living classroom.

Already, there are catfish in the pond, one of the few beings that can exist in the pond until more oxygen is supplied.

"We need to clear out the pond because we need to give the fish oxygen to breath," said sixth-grader Trinity Stevens. "I don't mind walking around in the pond. Sometimes you get stuck for a minute, but it's fun. Animals are very important to the environment."

Eighth-grader Todd Barelo agrees.

"We need to take care of the environment," he said. "If we take care of the environment for fish, they'll take care of the water for us."

The students are having a great time, but they are also learning while they run barefoot through the mud and the muck. South Seminole was recently named by the Florida Game and Freshwater Fishing Commission as one of only two schools in the state to be chosen for the Urban Fisheries Project.

Marcy Davis, the school security officer at South Seminole, is spearheading the project and is as enthused as the kids.

"It's a treat for them to go out and pull pond scum," she said. "Because of the low water level and the lack of rain we've had, we have to aerate the pond and this is the best way to do it. It's the only way to get oxygen into the water."

She's proud of her kids and their efforts. "We'll have the first windmill in Seminole County, we have catfish spawning and it's been a great learning experience. They are learning all about the importance of working with the environment."

Alaqua, Hamilton team up for environment

By Jeff Berlincke

ASSISTANT SPORTS EDITOR

John Kopack is used to spending his time taking care of the lush grounds at Alaqua Country Club.

Lately, he's been spending his time at Hamilton Elementary School tending to a far different type of environment.

Despite the Hamilton layout in the middle of Sanford, the Hamilton students are making their campus more environmental-friendly. Along with a butterfly garden and several other projects, the first-graders are creating an environmental preservation area.

Alaqua adopted Hamilton as part of the Audobon Sanctuary Program. The purpose of the program is to teach elementary school students to learn about environmental preservation and development.

Last week, the kids were working with Kopack on a new on-campus nature preserve. After speaking to the kids about the environment and, the

kids went to work, clearing a large area of weeds and debris. Then they planted plants and installed bird boxes. The ultimate goal is to create an ecosystem.

Plans are also underway to put identifying markers on their new plants and trees. Already, nature has taken to the Hamilton project. Rabbits and owls are finding it a popular place and other students at the school have helped by raising tadpoles in their classrooms.

Of course, the first step was to make it habitable by clearing garbage from the area.

"It's really bad for the environment when you have garbage all around," said student Blair Edwards. "We want to turn this grassy area into wetlands to help with the environment."

The project got a big boost from Alaqua which has donated all of the new plants. Alaqua also has visited the Hamilton campus several times recently to give the students golf lessons.



Hangin' Out

Da' Bomb hears all...

If you get a chance, **Da Bomb** says to check out the morning newscast at WNN (Wicklow News Network). The kids have a broadcast facility that rivals anything you can see on CNN.

You may have already read about it on the last page, but the folks at Alaquia Country Club deserve a big hand for working with the kid at Hamilton Elementary. **Da Bomb** has played Alaquia's beautiful golf course (he wouldn't mind playing again, hint, hint) and says it's pretty cool that they've come out to work with the kids.

Da Bomb says great job in "Nunsence" last weekend at Lake Mary High. Once again, Bill Eiselle's troupe put on a great show.

You'll hear more about this, but **Da Bomb** says to give a thumbs up to the Oviedo High NJROTC which finished second nationally. Col. Joseph Nardo and his gang do a great job and deserve a lot of credit for their good work.

What are you doing about getting a job this summer? **Da Bomb** wants to know. Give us a call at 322-2611 if you have any ideas on obtaining a summer job or, if you have a really cool one lined up already, tell us how you got it.

Sabal kids get write to the Point A rotten, no good, terrible, very bad day

By Jaclyn Melisharek
SPECIAL TO THE HERALD

One afternoon on late July two very cute and playful dogs wanted to run away. Their names were Jesse and Jackie. Jesse and Jackie wanted to run away because their owners were very mean and scary. So Jesse decided to run away early in the morning.

Jackie and Jesse had a good night's sleep and left in the morning. Jesse said that they should go to the dump to see if there was any food. After they ate, they both walked to places that were very unusual.

After a few days, Jackie saw a wet and soggy sign that said Lost Dogs. She told Jesse and they were both worried and scared their mean owners would catch them. "What are we going to do?" Jackie asked.

Jesse said that they would have to run as far as they could.

Then, a girl named Lauren came up to them, picked them up and brought Jesse and Jackie to her house. Lauren was a very sweet girl. Lauren didn't know Jesse and Jackie were lost because they ran so far away from their house.

Jesse and Jackie didn't have collars on so Lauren asked her mom and dad if she could keep them. Lauren's mom and dad looked at them and said yes. Lauren was so happy and excited. Jesse and Jackie were very good for Lauren because they did not want to leave. Jesse and Jackie were so happy with Lauren that they stayed with her forever.

Jaclyn Melisharek is a student at Sabal Point Elementary School



Sabal Point Elementary School students Aaron Madanick turned in some pretty impressive writings to their school recently. Here's a few of them. Look for more next week.

Here's just what I would save

By Alyssa Madanick
SPECIAL TO THE HERALD

If I buried a time capsule, these are the things I would put in it.

First I would put a photo of my family. I would put a photo of my family because they are special to me. Second I would put my school books. I would put my school books put my school books because I like school.

After that I would put a book in next. I will put a book in because I like to read books. Fourth I would put a helmet in the time capsule. I would put a helmet in because I like to ride my bike. Now I will put a dollar. Finally I will put a dollar because I like to spend money. That's what I would put in a time capsule.

Alyssa Madanick is a student at Sabal Point Elementary School.



Karen Nunez

Seminole student is a fast learner

By Russ White
Staff Writer

SANFORD - Karen Nunez was 11 when she came to America from her native Cusco, Peru.

She had to make new friends, learn to speak and to study in English.

She was through with five years of schooling in Peru, but Karen's parents decided she should attend fifth grade again in this country.

"Almost everyone was concerned it was going to be tough for me to learn so much," she said. "At the

start, I spoke very little English."

Karen Nunez, 18, has learned very much.

She will graduate this spring as the valedictorian of her class at Seminole High School with a 4.197 grade average. She is being wooed by Duke, Rice, Johns Hopkins, Vanderbilt and Florida universities. She visited Rice last weekend.

Adolfo and Bernice Nunez's daughter is a member of the National Honor Society, first chair flautist in the All State Honor Orchestra and a member of the Florida Symphony Youth Orchestra.

Karen Nunez speaks English, Spanish and French.

As talented as she is as a musician (she also plays the piano), Karen has chosen a medical career. Her ambition is to enter the field of pediatrics.

"Karen is top drawer, a wonderful girl and student and a good representative of Seminole High School," said the school's activity director John Cullum. "She's very well-rounded and so mature."

Cullum said that Nunez was one six of 440 Seminole High seniors with grade averages to top the 4.0 mark. She is followed closely by Paulo Silva (4.180), David Iglesias (4.137), Amanda Coho (4.040), Alex Fertman (4.018) and Natalia Leal (4.016).

"From the day I came to Florida, I was determined to achieve good grades and learn my English," Karen said Monday. "I don't think

my own parents expected I could learn as quickly as I did. I'm proud of that.

"I'm most grateful to my mother and father for their love and caring for me," she said. "They comforted me when I needed it and they always encouraged me. We tell each other everything. We communicated well."

Nunez began her Florida schooling as a fifth grader at Heathrow Elementary. She went on to Sanford Middle School, Lakeview and to Seminole High School. She made the French National Honor Society as a freshman and was in the All-County Honor Band. She made All-State Honor Band a year later.

Recently, she was awarded

the Optimist Club Outstanding Academic Achievement Award and was inducted into the Tribe (principal's honor club).

Nunez was a volunteer at Florida Hospital for two years and has been with the Health Occupations Students of America (HOSA) for three years.

"Sometimes when I fell, it was very difficult to get back up again," Nunez said. "But the first thing that I learned about America was that here you could get up and get going. There was opportunity. You never had to listen to anyone who told you you couldn't do something."

"As long as you keep trying, you can be what you want to be," she said.



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Sat.-11:00AM-11:00PM Sun.-Noon-5:00PM

Carnival Provided By Carol Stream Amusements

What's going on...

The Bear Lake Elementary School PTA will sponsor a three-part seminar, "What Kids Need to Succeed," for parents and care-givers at 6:30 p.m. at April 19 and 26. Cost is \$10 per family. Call 862-1197 for details.

Winter Springs Elementary is accepting kindergarten registrations for children who will be 5-years-old by Sept. 1, 1999. Parents may register their kids between 8 a.m. - 3 p.m. and office staff will be available April 20 from 6 - 8 p.m.

Lake Mary Elementary is hosting its Scholastic Book Fair with special hours on April 22 from 5:30 - 8 p.m.

Normal hours are 8:30 a.m. - 2:30 p.m. except for Wednesdays when it ends at 1:30 p.m.

Sanford Middle School will host two open houses for parents of new students on April 27 for parents of students who will enter the Pre-International Baccalaureate Program. Parents of other students are invited April 29. Both sessions start at 7 p.m.

Milwee Middle School will host 100 students in sixth through eighth-grades in the Academic Brain Bowl April 29. Round-robin elimination rounds held all week at 8:40 a.m., and 1 and 2 p.m. Call 831-4122 for details.



Indian Trails Sports Day

Indian Trails Middle School held its annual sports day Here, (from left) Shelly Prater, Elizabeth Geisler, and one of the activities was building a "Geo-ball." Chris Conover and Mariangela Pagan go to work.

Hangin' Out

State law isn't worth the trouble

By Amy Guenther
HERALD CORRESPONDENT

They are meant to protect teens and save lives, but are the laws that hang in the balance worth the trouble?

Sometimes people get carried away with their natural instincts to protect others. While these people have honorable intentions, they often hinder young adults' decision-making skills.

A new law that is now being processed in Tallahassee is one that is extremely troublesome. It impedes parents' rights as well as endangers young adults. Those who have pushed this bill probably have not considered all the havoc it will cause. Perhaps they have, but perhaps they have not seen it from all angles.

The bill being referred to is one that would make it against the law for teens to have more than two underage passengers, excluding family members, in their car.

This bill will cause many problems for many people. Say, for instance, that it is mom's day to run the car pool from a younger child's school. Mom gets caught up at work and calls an older child to pick up the kids in her place.

At this point in time, this would not be a problem. The older child could pick up the four younger children. Of course, they may be a bit of a distraction to the driver, but is there anyone who would not be distracted by four kids in their car?

Yet, if this bill passes, four younger children could be stuck at school for hours waiting for one of the other parents to come and get them. This may be a bit extreme, but it is real, it happens all the time.

Still, some may say this is a bad example and is definitely not a good reason to stop a bill that is meant to save young lives.

Another example that seems all so real...car-pooling to school is a way of life for many teens. Some of the teens that car-pool have their own cars but choose to car-pool to save gas.

So, if the new bill is passed the teens will disperse. Instead of all being in one car, they will have to take two.

If these teens are the type of stereotypical, irresponsible young people that most people think of when they hear the word teen, then they will not just be distracting each other and egging each other on, but they will also be racing each other.

This will not only cause more teen drivers to be put on the road, but also it will call for larger parking lots at high schools. This bill has been set forth with good intentions, but may miss its target in the long run.

Instead of restricting the number of passengers teens are permitted to have in their cars, try making it tougher to get a license to begin with. Making the driving age high is not going to solve the problem either. Reinstating driver's education in the schools, however, will help.

Summer driver's education programs are not as involved as the eighteen week course was, and new drivers need this type of instruction.

Another solution that should be considered is additional testing in order to get a license. In other words, make it so that the person giving the test asks the new driver questions, such as: If the driver approached a stop sign, a question about right of way could be asked.

Young people should not be persecuted for being young and naive. If nothing is being done to enhance their education. Young people, namely teens, will always be the focus of much of society's wrath. Just because every generation has messed up at this time in their lives, does not mean that all the following generations should be punished for their mistakes.

Amy Guenther is a junior at Lyman High School.

It's not about luck at Jackson Heights

By Jeff Berlinicks
ASSISTANT SPORTS EDITOR

Luck? Some people make their own luck.

Alexandra Dogartu, an eighth-grader at Jackson Heights Middle School, said her success story might have been luck, but it's more probable that she earned every bit of it.

She is the school's Disney Dreamer and Doer and also won the state science fair for a project she did on the subject of ink and paper printability.

"I wrote about how ink prints and the spread of the ink on paper," she said.

She has experience as a newspaper reporter, working for the Jackson Heights newspaper.

Alexandra has a bright pedigree. Her father works as a physicist at the University of Central Florida and her mother is a physics teacher at the school. Other family members are in the field of physics as well, but Alexandra said her heart might not be in that field.

"I want to go into medicine," she said. "There are no expectations for me to get into physics."

She laughed when she said that by the way.

Alexandra has made straight A's throughout her career at Jackson Heights and has a maturity beyond her years, but she says she just tries to

blend in with her classmates. "I've got a lot of friends," she said. "I'm pretty much normal. Sometimes I think it's a drawback that I'm in gifted programs because I lost a lot of my friends and sometimes it's difficult when people think you're gifted."

Alexandra went to Stenstrom Elementary and will attend Oviedo High School next year. She's looking forward to high school but said she still has some things to take care of while she's in middle school. She's a member of the Math Counts program and practices Tae Kwan Do outside of school.

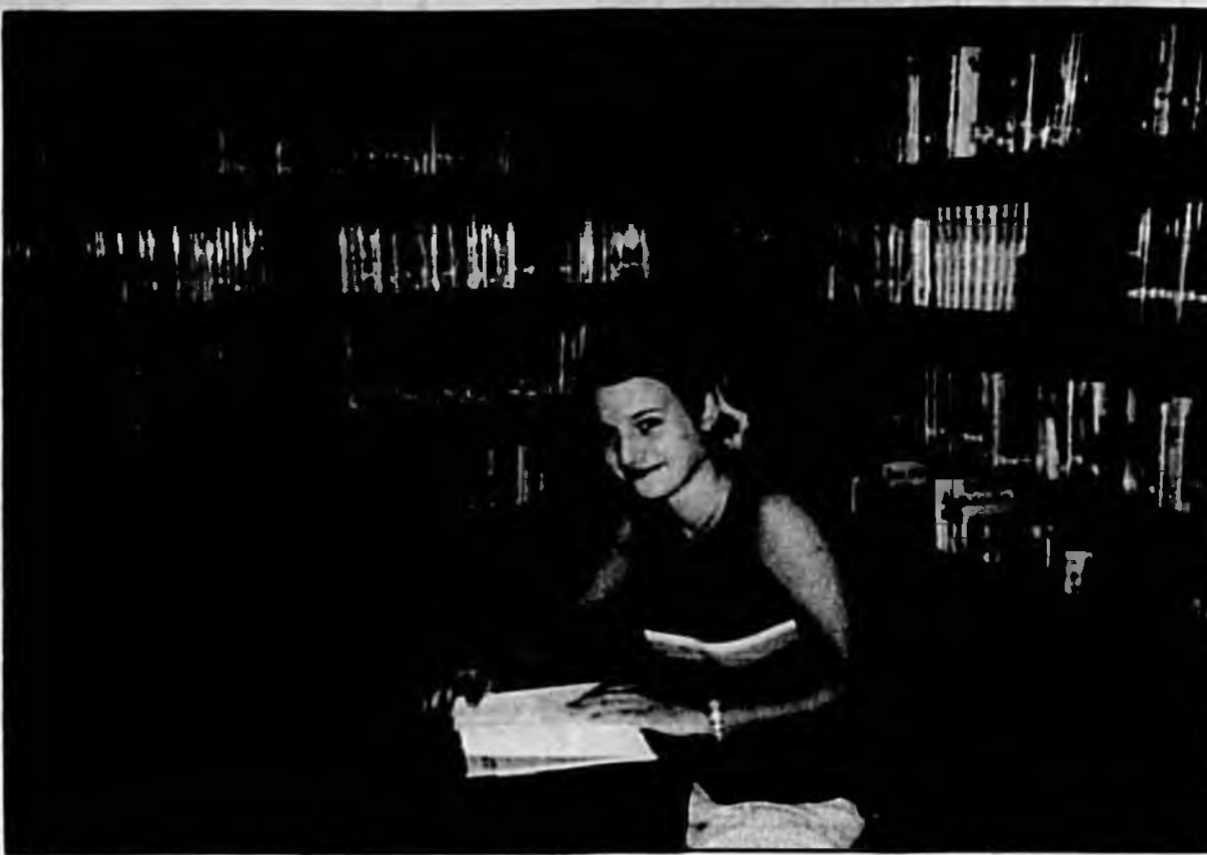
After she graduates from Oviedo, Alexandra wants to go to school in California but wouldn't mind the New England area, but that's a long way off. For now, she just wants to enjoy her award.

"When I was interviewed for the Dreamers and Doers Award, I was a little nervous," she said. "Then, a few days later they pulled me into the video production room and put it live on television."

Even though Alexandra takes gifted classes, she says she is no different from anyone else at Jackson Heights.

"I've got a lot of friends," she said. "I just try to act normal and that's how I want to be treated."

She may want to be normal but, as a Disney Dreamer and Doer, she certainly stands above the crowd.



Jackson Heights Middle School eighth-grader Alexandra Dogartu is a science expert and the winner of

the school's Disney Dreamer and Doer award. She has earned straight A's for three consecutive years.

Thumbs Up

Casselberry Elementary School students raised \$2,869.36 in their Jump Rope for Heart campaign. Second-grader **Belena Jones** was the top fund-raiser.

Michael Strachewsky and **Michelle Crouch** placed first in the Oviedo Optimist Club Quatrical Contest. Michael finished first and Michelle finished second. They are students at Jackson Heights Middle School and Michael will go on to district competition.

Ashley Buchanan, a senior at Lake Howell High School, was selected as "Miss Teen Citrus, 1999."

Goldsboro Elementary School students won first place in districts for a video they wrote and produced. The video was a culminating activity of the school's observance of Violence-Free Community Month. The winners were **Nikea Ayles**, **Jahmal Jackman** and **Ashley Morgan**. **Erika Jones** finished second in the poster contest.

Jennifer Johnson Turner, a graduate of Lake Mary High

School, has been named to the Dean's List at the University of Cincinnati. She is the daughter of Dan and Darlene Johnson of Lake Mary.

Ben DeMayo and **Kether Alexis** won the High School Grand Championship at Walt Disney World's Clack Americans of Achievement Tournament. They attend Lake Howell High School.

Erica Clatron, of Longwood, appeared in the musical *Grease* at Franklin and Marshall College. She is the daughter of Raymond and Earline Cintron of Longwood.

Winter Springs High School teacher **Trent Daniel** has attracted a \$10,000 grant from Toyota Motor Sales, U.S.A. for his idea to increase teamwork between Winter Springs High and three of its feeder schools. He won from a group of over 800 applicants.

The Oviedo High School JNROTC marksmanship team competed in the state championships and **Justin Eplin** won the state title. **Ben Wilde** placed second and will compete in the nationals in August.



Winner at Winter Springs

Trent Daniels (center) a teacher at Winter Springs High School, accepts a Toyota TAPESTRY teaching grant for \$10,000. She was one of only 50 teachers from across the country to receive a grant for motivational science teaching.

WHAT'S COOKIN':

For 4/21/99 - 4/30/99
Lunch selections for Seminole County Public Schools

Elementary School:
Wednesday:
Breadsticks w/ dip
Campbell's chicken noodle soup
Orange gelatin salad
Choice of milk
Chef salad/Bag lunch
Thursday:
Oven baked chicken/roll
Whipped potato/gravy
Green beans
Cherry crisp
Choice of milk
Chef salad/Bag lunch

Friday:
Corn dog
Pasta/vegetable salad
Pretzel twists
Mixed fruit bowl
Frozen yogurt
Choice of Milk
Chef salad/Bag lunch

Monday:
Hot pizza (cheese or sausage)
Orange Juice
Veggies with dip
Brownie
Choice of Milk
Chef Salad/Bag Lunch

Tuesday:
Patty melt on seeded bun
Lettuce/tomato/onion/pickle
Banana/goldfish
Frosted cake square
Choice of milk
Chef salad/bag lunch

Wednesday:
Fettucini w/Alfredo or marinara sauce
Garlic toast
Italian green beans
Fruit tray

Choice of milk
Chef salad/bag/lunch

Middle & High School:

Wednesday:
Breadsticks w/ dip
Campbell's chicken noodle soup
Orange gelatin salad
Choice of milk/Fruity tea
Chef salad/Bag lunch
Chicken patty on bun

Thursday:
Oven baked chicken/roll
Whipped potato/gravy
Green beans
Cherry crisp
Choice of milk/Fruity tea
Chef salad/Bag lunch
Beef Rib-b-que on bun

Friday:
Corn dog
Pasta/vegetable salad
Mixed fruit bowl
Frozen yogurt
Choice of Milk/Fruity tea
Chef salad/Bag lunch
Chicken patty on bun

Monday:
Champs Pizza (cheese or pepperoni)
Orange juice or fruit
Brownie/Tea
Choice of milk
Chef salad/bag lunch
Beef rib-b-que on bun

Tuesday:
Patty melt on onion or seeded bun
Lettuce/tomato/onion or pickle
Goldfish
Frosted cake square/tea
Choice of milk
Chef salad/bad lunch
Chicken breast patty/bun



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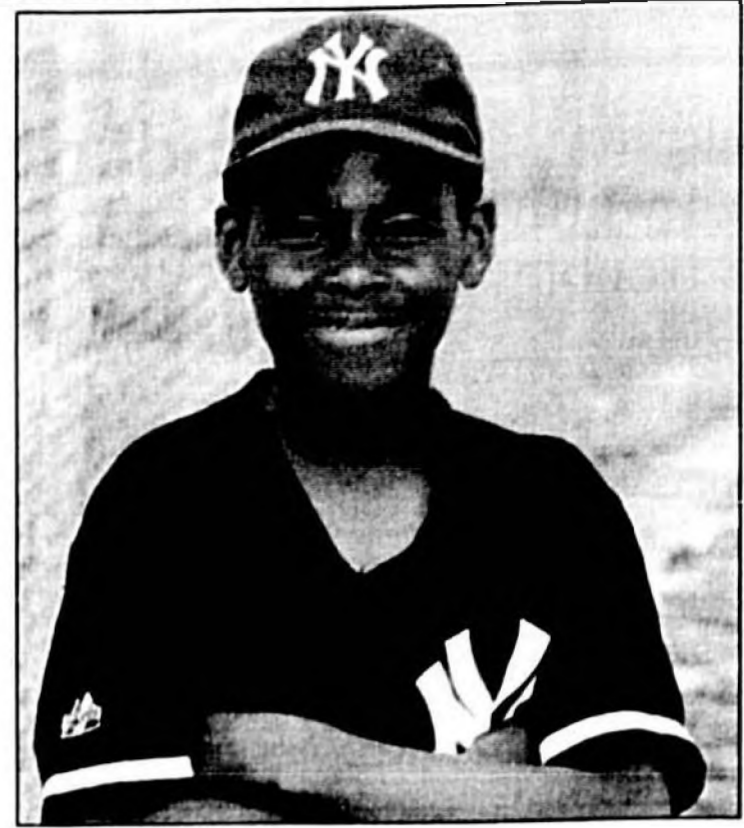
Youth Athletes in Action: The Sportscard Page



Brian Ireland
Sanford Yankees



Luke Kinnig
Sanford Yankees



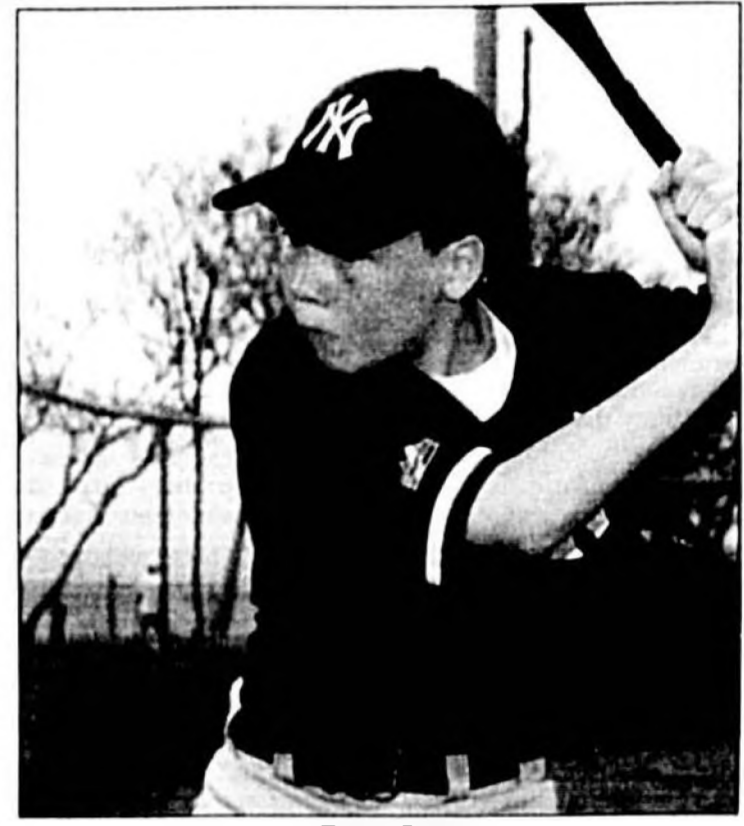
Ondraus Redding
Sanford Yankees



Luke Kinnig
Sanford Yankees



Marcus Bullocks
Sanford Yankees



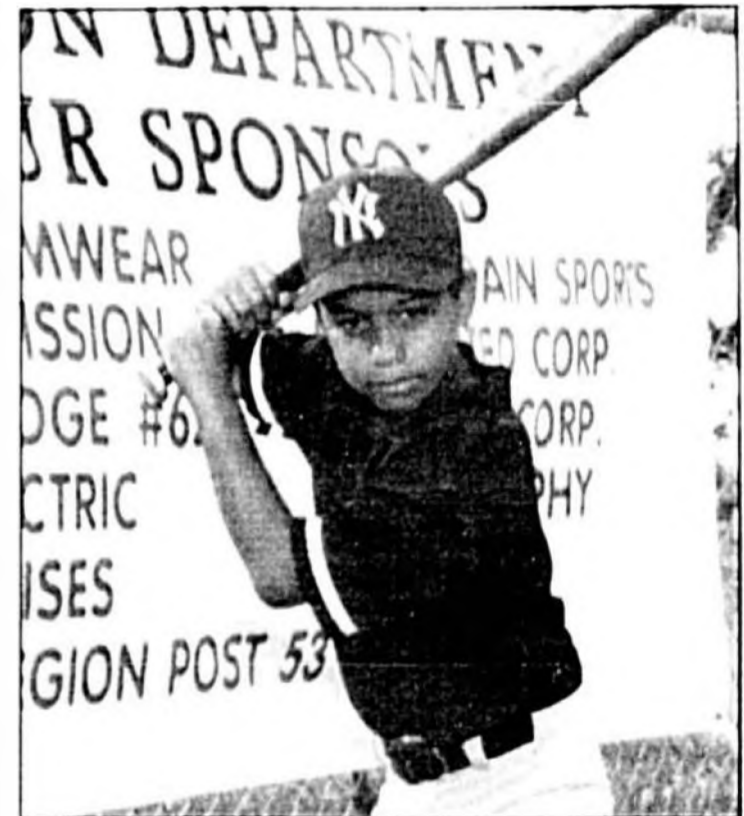
Tom Quinn
Sanford Yankees



Josiah Kinnig
Sanford Yankees



John Lamos-Whitley
Sanford Yankees



John Lamos-Whitley
Sanford Yankees

Headed Photos by Arch Knight

County students dominate science, engineering fair

Twenty-five out of thirty-four Seminole County students took prizes at the 44th Annual State Science & Engineering Fair in Philadelphia in May.

Florida is generally considered to have one of the highest quality and most competitive science fairs in the world. Florida delegates make up about 10% of the total number of students who compete at the International Science and Engineering Fair and take more prizes at that fair than any other state or nation.

These Seminole County High School students took awards at the Florida fair.

First Place in the Zoology category
Jill M. Ricker, Lake Brantley High School
*Genome Conservation in *Rhodospirillum rubrum* and *Rhodospirillum rubrum* isolates: Second Year Study*

Jill also received awards from the Three Rivers Regional Science and Engineering Fair, and JEOL, USA, Inc. She was awarded a research scholarship from Florida State

University.

Jill will represent Seminole County at the International Science and Engineering Fair in Philadelphia in May.

First Place in the Medicine and Health category
Kimberly E. Olvey, Lake Brantley High School
Effect of Methylxanthine Derivative Lisofylline on Monoocyte Tissue Factor Expression

Kim also received awards from the Pinellas Regional Science and Engineering Fair, the Education Foundation of Indian River, Laurel Homes, and the Sylvia Ingram Award.

Kim also took first place in the state at the 1999 Junior Science, Engineering and Mathematics Symposium and will represent the State of Florida at the National competition.

Second Place in the Tam Projects category
Thomas J. Frosell and Robert P. Stachow, Lyman High School
Fuel Grain Geometry in Gaseous Oxygen Hydrocarbon Hybrid Rocket Propulsion

Thomas and Robert also received awards from the Sym-biosis Foundation and the

Manatee County Chapter of the Florida Junior Academy of Science. This team will represent Seminole County at the upcoming International Science and Engineering Fair in May.

Second Place in the Chemistry category
Alfina F. Walji, Lake Brantley High School
Assessment of the Influence of Temperature and Light on Photoinhibition Using Chlorophyll Fluorescence Characteristics

Alfina also received a student assistantship from the University of Florida, Chemistry Department, and an employment opportunity award from Carent Semiconductors Orlando Water Manufacturing Plant.

Second Place in the Physics category
Jason Fraxedas, Lyman High School
Analysis of Wake Generation by Planing Hulls

Jason will represent Seminole County at the International Science and Engineering Fair in Philadelphia in May.

Third Place Awards
Alyssa M. Zelkowitz, Lake Brantley High School
Microbiology category

Fourth Place Awards
Margaret E. Andrews, Lake Brantley High School
Biochemistry category

Regulation of Hematopoietic Stem Cell Adhesion by the Surface Molecule CD34
and
Matthew V. Offerman, Lake Brantley High School
Biochemistry category

Calcium Responses of Tumor Cells Grown in FWH poor Medium
and
Michael S. Graham, Lake Brantley High School
Biochemistry category

The Golden Ratio in the Ears and Hands of Humans

Special Awards
From the American Society of Civil Engineers, Florida Section, and the Jefferson Energy

Foundation
Stacy J. Sherwood, Lake Brantley High School
Generating Power from Ocean Waves

Honorable Mention
Valerie A. Lynch, Lake Brantley High School
Botany category
Inheritance of Flower Color in

Raphanus raphanistrum
Recognition Award
Avi M. Robbins, Lake Brantley High School
Environmental Science Category
Comparison of Oxygen Output of Representative Algae Species

Students earn national honors

Celebrating its tenth anniversary, RadioShack/Tandy Scholars has awarded \$3.5 million and 350,000 certificates of academic excellence. The program is open to all accredited high schools. Prize recipients were selected by a panel of distinguished educators and approved by the National Advisory Council.

Outstanding math, science, computer science teacher school nominee: certificate only.

Lake Brantley High School:
Susan N. Hebel
Mary Williams.

Outstanding math, science, computer science student school nominee: certificate only.

Lake Brantley High School:
Yeon Hoo Yoon
Jill Marie Ricker
Lyman High School:
Robert Stachow
Thomas J. Frosell
Seminole High School:
Paulo S. Silva
David Iglesias